

SATURDAY 27 JUNE 2026**SAT 00:00 Midnight News (m002y25n)**

National and international news from BBC Radio 4

SAT 00:30 How to Spot Potential (m001rykw)

Potential futures

Digital technology has become an essential part of our everyday lives, enabling us to communicate, find information and increasing our range of leisure activities.

Kate Mason looks at how the growth of such technologies could impact on our potential. In the workplace technology can speed up menial tasks, would this free up time and allow more human creativity? And how can such tech help us explore our potential throughout our lives?

Ghislaine Boddington discusses the concept of digital twins, our very own personalised form of AI
<https://www.gre.ac.uk/people/rep/las/ghislaine-boddington>

And Sophie Scott considers the potential of the human brain.
<https://www.ucl.ac.uk/icn/people/sophie-scott>

Presenter : Kate Mason

Producer : Julian Siddle

SAT 00:48 Shipping Forecast (m002y25q)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m002y25s)

BBC Radio 4 joins the BBC World Service.

SAT 05:30 News Summary (m002y25v)

National and international news from BBC Radio 4

SAT 05:34 Shipping Forecast (m002y25x)

The latest weather reports and forecasts for UK shipping.

SAT 05:43 Prayer for the Day (m002y25z)

Prayers from the Hymnal: 'Tis so Sweet to Trust in Jesus

Prayer for the Day presented by Julia Loveless, worship leader & singer-songwriter.

Good morning. In 1879, Louisa Stead - an Englishwoman who had immigrated to the States - was walking with her family around Long Island in New York. While walking, they suddenly heard the frantic sounds of a child who had fallen into the waters and was drowning. Louisa's husband immediately jumped into the water in an attempt to save the boy but, tragically, both he and the boy ended up drowning in the waves. Somehow, remarkably, from this place of utter despair and enormous tragedy, Louisa wrote the lyrics to the simple hymn "Tis so sweet to trust in Jesus". It's hard to imagine such a beautiful statement of faith coming from such an experience, and yet so many of our beloved hymns seem to stem from such circumstances. Perhaps there is something about the starkness of human suffering and grief that actually propels us towards a hope that can not be shaken by them. An eternal hope that remains steadfast and unaffected by the turbulent, chaotic and cruel happenings of life. It leaves us in a place of recognising both the beauty and power in our faith, but also our need for more of it. And so I pray simply this morning using her lyrics; "Jesus, Jesus, how I trust Him. How I've proved Him o'er and o'er. Jesus, Jesus precious Jesus, O for grace to trust Him more." Amen.

SAT 05:45 The Hackers (m0012r78)

Series 1

Broken

In the past, it was natural to open your phone and pop in a new battery. Today, to do that you may have to be a hacker. Biella speaks to representatives from the EU Right to Repair Movement, and farmers Nebraska to talk about this new, and unexpected frontier in hacker culture we may all soon belong to - the Right to Repair Movement.

SAT 06:00 News and Papers (m002y8ss)

National and international news from BBC Radio 4

SAT 06:07 Ramblings (m002y1hp)

Bosham to West Itchenor in West Sussex

Clare joins Marian Spain and Paula Brunt as they explore a stretch of the King Charles III England Coast Path in West

Sussex. After more than forty years working in environment and conservation, Marian is retiring later this year from her role as CEO of Natural England, the organisation responsible for creating and delivering this route which, at almost 2,700 miles, is the longest managed coastal walking path in the world. She says that overseeing its completion is her proudest achievement.

Marian's lifelong connection to nature goes back to childhood walks with her mum, who taught her the folklore of flowers. She also recalls an inspiring biology teacher who opened her eyes to the science of the natural world. Growing up, walking was central to family life and a way of keeping up with older siblings. In her working life she enjoys taking colleagues on walking meetings, where conversations flow more freely.

They began their walk in Bosham and walked to West Itchenor, via the Itchenor Ferry which crosses Chichester Harbour. Paula Brunt, a campaigner with Disabled Ramblers, joined them midway to test a section of the route for accessibility. Tree roots prove an issue and cut the walk a little short.

Presenter: Clare Balding

Producer: Karen Gregor

Ramblings is a BBC Studios Audio Production

SAT 06:30 Farming Today (m002y8sv)

27/06/26: Farming in the heat, England's Farming Roadmap, global agritourism.

This week farmers have coped with heavy thundery rain and record breaking temperatures. We hear from a pig farmer keeping his stock cool, a livestock auctioneer who's had to cancel sales due to the heat, and a major potato and beetroot grower contemplating an irrigation bill of £3 million this year. But for winemakers the sunshine has come at just the right moment.

The Government has invested in strategic teams of specialist firefighters in England and South Wales to tackle wildfires. The Fire Chiefs Council's wildfire expert tells us the teams are trained in techniques to cope with a ferocity of fire becoming more common due to the effects of climate change.

Despite all the Prime Ministerial flux the Government revealed its long term (and long awaited) vision for farming: England's Farming Roadmap 2050. The idea is to have a 25 year vision for agriculture, to give farmers certainty 'beyond the next harvest'. It was the brainchild of Steve Reed when he was secretary of state for the environment. Two years down the line, the current incumbent, Emma Reynolds announced the plan in the House of Commons this week.

Aberdeen hosted the first Global Agritourism Conference this week. Anna Hill met some of the delegates to hear about farm tourism in India, Ukraine, Italy, and Canada.

SAT 06:57 Weather (m002y8sx)

The latest weather reports and forecast

SAT 07:00 Today (m002y8sz)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m002y8t1)

Paul Merton, Professor Lady Sue Black, David James and the Inheritance Tracks of Mark Billingham

Adrian Chiles presents Radio 4's Saturday morning programme. On today's programme:

Paul Merton's been at the top of his game for BBC One's Have I Got News for You and a familiar voice here on BBC Radio 4's Just A Minute. He is about to take his Improv show with his wife Suki Webster to the Edinburgh Fringe this August. They'll also be taking the show back to The Comedy Store in London from November through to December.

Professor Lady Sue Black - Baroness of Black Strome - is a world-renowned forensic anthropologist, celebrated for her pioneering work in forensics and human identification.

David James is a football pundit and a former England international. His career as a goalkeeper has taken him from grassroots sport in Welwyn Garden City to the international stage and World Cup tournaments.

Plus we'll have the Inheritance Tracks of the best selling crime author Mark Billingham.

Producer: Gareth Nelson-Davies

Assistant Producer: Imy Harper

Researcher: Jesse Edwards

Editor: Andrea Kennedy

SAT 10:00 You're Dead to Me (m002y8t3)

The Iliad and Odyssey: heroic epics from ancient Greece

Greg Jenner is joined in ancient Greece by historian Dr Emily Hauser and comedian and actor Kiell Smith-Bynoe to learn about the epic poems the Iliad and Odyssey. Traditionally attributed to the poet Homer, these works tell parts of a legend that has fascinated us for centuries: the story of the Trojan War. Featuring a cast of unforgettable characters – Achilles, Odysseus, Paris, Helen, Hector and Agamemnon – the war between ancient Greece and Troy has inspired writers, artists and filmmakers for over a millennium. But the Iliad and Odyssey only recount episodes of this much bigger story. The Iliad, focusing on the hero Achilles, takes place in the closing stretches of the war. And the Odyssey tells the tale of Odysseus's perilous voyage home after the Greeks have triumphed. In this episode, we trace the origins of the poems in the 8th century BCE, looking at whether Homer really wrote them and how these originally oral tales came to be written down, before exploring the fantastical tales they tell. Along the way, we also look at whether or not the Trojan war really happened, how the ancient Greeks defined heroism, and examine the role of gods and monsters in the poems and the lives of their heroes.

If you're a fan of fantastical myths and legends, heroes behaving badly, and ancient Greek culture, you'll love our episode on the Iliad and Odyssey.

If you want more from Kiell Smith-Bynoe, listen to our episode on Viking explorer Leif Erikson. And for more historical epics, check out our episodes on the Legends of King Arthur, and the Mesopotamian Epic of Gilgamesh.

You're Dead To Me is the comedy podcast that takes history seriously. Every episode, Greg Jenner brings together the best names in history and comedy to learn and laugh about the past.

Hosted by: Greg Jenner

Research by: Auréliane Perrin

Written by: Dr Emmie Rose Price-Goodfellow, Dr Emma Nagouse, and Greg Jenner

Produced by: Dr Emmie Rose Price-Goodfellow and Greg Jenner

Audio Producer: Steve Hankey

Production Coordinator: Gill Huggett

Senior Producer: Dr Emma Nagouse

Executive Editor: Philip Sellars

SAT 10:30 The Kitchen Cabinet (m002y8t5)

Series 52

Worthing

Jay Rayner and the Kitchen Cabinet panel are at Rooms in Worthing, where seaside traditions meet a thriving modern food scene.

Joining Jay to answer listeners' culinary questions are chefs, cooks and food writers Melissa Thompson, Melek Erdal, Lerato and Dr Zoe Laughlin.

The panellists discuss mackerel, a fish woven into the town's identity, exploring inventive ways to cook with it, from comforting classics to fresher, lighter dishes.

Later, Jay is joined by local distiller Phil Duckett, who shares insight into Worthing's flourishing gin scene, bringing a taste of the town's beachside gin culture to the programme. Inspired by this, the panel suggests ways to cook with gin, from curing fish to creating dressings.

There are also ideas for standout dipping dishes, a lively debate over the correct way to cook roast potatoes, and creative approaches to smoked mackerel beyond the usual pâté.

As ever, expect practical tips, lively debate, and a few memorable tales of kitchen chaos along the way.

Producer: Alison Vernon-Smith
Assistant Producer: William Norton

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Week in Westminster (m002y8t7)

Caroline Wheeler discusses the resignation of the Prime Minister Sir Keir Starmer and what this means for the government. She is joined by Labour backbencher and Andy Burnham supporter Clive Lewis and Labour peer Charlie Falconer, who held a number of positions under Tony Blair, and has been a close ally of the Prime Minister.

To discuss the tenth anniversary of the Brexit vote, Caroline brings together Labour MP Stella Creasy, who is the chair of the Labour Movement for Europe, and Conservative peer Ross Kempell, who was special adviser to Boris Johnson during Brexit years.

Andy Burnham was not the only new MP being sworn in this week. Caroline spoke to the SNP's Lara Bird and the Conservative Douglas Lumsden, both of whom won the two recent by-elections in Scotland, about their first week in Westminster as MPs.

We will soon have our seventh Prime Minister in ten years. To discuss why, Caroline is joined by Conservative peer and Times columnist Daniel Finkelstein and Caroline Slocock, a former civil servant, who was private secretary to Margaret Thatcher and John Major. She has written a book called: 'Bad Government: And How To Make It Better'.

SAT 11:30 From Our Own Correspondent (m002y8t9)
Afghanistan's secret schools for women

Kate Adie introduces stories on Afghanistan's secret schools, the tension around Jerusalem's holy sites, how Jamaica is bouncing back from Hurricane Melissa, Thailand's snakebite problem, and some nervous laughter in Moscow's comedy clubs.

In Afghanistan women are facing ever tighter restrictions in almost every aspect of public life. Yogita Limaye has been in Afghanistan where she spoke to a young woman determined to keep her dreams alive by covertly flouting Taliban rules.

Wyre Davies reports on how the decades old agreement known as the 'Status Quo' is under threat, as Israeli nationalists flout the rules that govern Jerusalem's holiest site, which is known to Jews as the Temple Mount, and to Muslims as al-Haram al-Sharif (Noble Sanctuary).

Last October, Hurricane Melissa - one of the most intense Atlantic hurricanes on record - hit Jamaica, killing at least 45 people, and causing widespread devastation across the island. Eight months on, communities are rebuilding and recovering - Antonia Windsor went to visit them.

In Thailand's capital Bangkok, emergency service a receive snake-related call roughly every 15 minutes. Rebecca Root spent time with experts exploring the rise of human-snake encounters - and why their work on anti-venom production is vital.

And after Russia launched its full-scale invasion of Ukraine, Moscow enacted new laws that made public criticism of the war a potential imprisonable offence. For the country's comedians – for whom political satire has long been a staple of their performance - there's now a tricky tightrope to tread, reports Ben Tavener in Moscow.

Series Producer: Serena Tarling
Production Coordinators: Sophie Hill and Gemma Ashman
Editor: Richard Fenton-Smith

NOTE: The audio of the original transmission of this programme has been edited to remove a factual error in the opening menu segment of the programme, related to the Jerusalem dispatch.

SAT 12:00 News Summary (m002y8tc)
The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m002y8tf)
Chair of the Banking Review and Winter Fuel Payments

More than 15,000 people have responded to a Government review into access to banking services in just three weeks since it opened. The review comes after a decade which has seen almost 7,000 bank branches close, with hundreds more happening this year and some announced in just the past few days. Richard Lloyd, a former Director at the consumer group Which?, gives his first interview since being appointed to lead the review.

HMRC must "learn lessons" for the future after incorrectly suspending child benefit payments from thousands of claimants last year. That is the conclusion of a report published this week by the National Audit Office. The mistake happened during the wider roll out of a pilot scheme designed to cut some of the hundreds of millions of pounds estimated to be lost to fraud and error in child benefit claims each year.

People who are 66 today, born 27 June 1960, are the youngest people who will get the Winter Fuel Payment this year. Normally the qualifying date is three months later. How does the payment work?

And, VAT has been cut on summer attractions used by children - from theme parks to fast food - what kind of discounts are there?

Presenter: Paul Lewis
Reporters: Sarah Rogers and Jo Krasner
Researcher: Catherine Lund

Editor: Jess Quayle
Senior News Editor: Sara Wadeson

(First broadcast at midday on Saturday 27th June, 2026)

SAT 12:30 Dead Ringers (m002y253)
Series 27

Heat, Hydration and Harry Kane

The Dead Ringers team train their vocal firepower on the week's news. This week: Keir is ex-Prime Minister, Rob is ex-army, and Liz Truss is ex-cited. Oh and it's ruddy HOT.

Starring Jon Culshaw, Jan Ravens, Lewis Macleod, Duncan Wisbey and Jess Robinson.

Produced by Jon Holmes
Executive Producer: Richard Morris
Production Co-ordinator: Giulia Lopes Mazzu

A BBC Studios Production for Radio 4.

SAT 12:57 Weather (m002y8th)
The latest weather forecast

SAT 13:00 News (m002y8tk)
National and international news from BBC Radio 4

SAT 13:10 Any Questions? (m002y259)
Sarah Champion MP, Dr Caroline Johnson MP, Gerard Lyons, Danny Sriskandarajah

Alex Forsyth presents political debate from Sheffield High School For Girls, with the Labour MP and chair of the Commons international development committee, Sarah Champion; shadow health minister, Dr Caroline Johnson MP; economist Gerard Lyons; and Danny Sriskandarajah from the New Economics Foundation.

Producer: Paul Martin
Assistant producer: Jo Dwyer
Production co-ordinators: Ishmael Soriano & Sam Crist
Lead broadcast engineer: Phil Booth
Editor: Andrea Kennedy

SAT 14:05 Any Answers? (m002y8tm)
Listeners respond to the issues raised in the preceding edition of Any Questions?

SAT 14:45 The Archers (m002y255)
It's the day of Brian's mediation meeting with Adam and he's made biscuits, rebutting Kate's suggestion that they're an olive branch. He doesn't need one; he's the good guy. When she asks whether he's thought about division of the partnership's profits, he laughs that there aren't any. Kate wishes him luck, reminding him he can't be both the good guy and a stubborn stick-in-the-mud.

Ian advises Adam to stay calm and remember that Brian's refusal to pay the family what they're owed is immoral. Ian confides to Kate he fears Adam will lose his cool if Brian doesn't play ball. Adam's worked night and day to keep the farm afloat. Kate agrees, though she worries Xander's relationship with his grandfather's getting a little lost. Ian insists Brian sees Martha as more of a real grandchild than Xander. Brian declares to Ruth that his main goal is to put a stop to the claims for money. Ruth reminds him today's about negotiation and compromise. However when Adam arrives it's clear Brian won't shift his in view, insisting he's bankrolled his children for years. Seeing an impasse, Ruth suggests a break and another meeting, but Brian declares there'll be no more meetings. When Adam leaves Ruth asks Brian what he actually wants. Later when Adam declares it's the end of the road, Ian ventures they still have information on Ruairi. They know the secret and could mention this to Brian. Adam's against this. Ruairi's his brother and he'll never do anything that puts him at risk. Family is more than just blood.

SAT 15:00 Drama on 4 (m001gtrw)
HashtagPublicEnemy

"The Haven" is a Norfolk eco-village on the cusp of a grand opening, which is jeopardised by the discovery of toxic waste in the water table. Based on Henrik Ibsen's tragi-comedy about a whistle-blower, An Enemy of the People, Steve Waters' original play HashtagPublicEnemy brings Ibsen's themes into the 21st Century to explore colliding pressures around the economy, ecology, cancel-culture, corruption and populism.

Dr Tom Stockman has returned from a medical career in Uganda to his birthplace, Branwich, on the Norfolk coast. The town is governed by his sister Penny, a dynamic politician

seeking to restore its fortunes with The Haven, a state-of-the art eco-village including holiday homes and an aqua-park. Having joined the executive team as an adviser, Tom realises that The Haven sits on a landfill site. Rising sea levels have caused toxins to enter the water table, threatening a tender ecosystem which risks undermining the idyllic vision, and economic promise of The Haven. When Tom breaks the unwelcome news he finds himself at the heart of a spiral of media interest.

Tom Stockman Joseph Millson
Penny Stockman Alexandra Gilbreath
Petra Norah Lopez Holden
Maggie Killingworth Anna Savva
Conor Houston Carl Prekopp
Millie Goff Silvia Presente
Ajay Charkraborti Sartaj Garewal

Writer: Steve Waters
Sound design: Alisdair McGregor
Producer and director: Jeremy Mortimer
Executive Producer: Joby Waldman
A Reduced Listening production for BBC Radio 3

This is the latest ecologically-minded fictional work by Steve Waters following The Contingency Plan, a diptych of plays about climate change, and his role as co-convenor of the Writing and Science Project at UEA. He returned to environmental themes with his solo show 'In a vulnerable place' performed in 2014-2015 and is currently working on an AHRC Leadership Fellowship funded project 'The Song of the Reeds: Dramatising Conservation', an 18-month long collaboration with Wicken Fen and Strumpshaw Fen nature reserves, which has led to a series of acclaimed Radio 4 audio dramas.

SAT 16:30 Woman's Hour (m002y8tp)
Weekend Woman's Hour: Joanna Cherry and Inclusive Fashion

Joanna Cherry was elected as an MP in 2015, part of the SNP landslide when they took 56 out of 59 Scottish seats, just a year after the referendum on Scottish independence resulted in a No vote. Joanna went on to lose her seat in 2024 and has become a vocal critic of the party, and of Nicola Sturgeon's leadership. She was also well-known for expressing gender-critical views and concerns at a time when the SNP was trying to deliver a gender self-ID law in Scotland. She joins presenter Nuala McGovern to talk about what she describes in her memoir as a "tumultuous decade" in Scottish politics.

More than 500 mothers and babies came to harm or died as a result of inadequate care at Nottingham University Hospitals NHS Trust. That's according to Donna Ockenden's review into the maternity services there. Anita Rani speaks to mothers Sarah Hawkins and Sarah Andrews whose babies, Harriet and Wynter, both died from preventable errors.

An inclusive fashion show happening in Manchester this weekend is hoping to shine a light on how difficult it can be for people with disabilities, including autism, to find clothes which suit their bodies and feel good. Ellie Brown, the founder of inclusive clothing brand ReCondition, is behind the fashion show and joins Nuala alongside Sam Stein, a YouTube who makes content about living with autism, who shares how small changes can go a long way.

Presenter: Anita Rani
Producer: Kirsty McQuire

SAT 17:00 PM (m002y8tr)
'Millions' affected by Venezuela earthquakes

With thousands of people still missing in Venezuela, we get an update on recovery efforts from our correspondent Will Grant in Caracas. British search and rescue worker Jay McNeill who's travelling to the country to help outline what he and his team are preparing for. We get a briefing on the government's new refugee sponsorship route into UK, and we hear about flight delays affecting Heathrow and Gatwick caused by thunderstorms. Correspondent Sarah Rainsford tells us about Ukraine's latest attacks on Crimea, where a state of emergency has been declared. And, Italy marks eighty years since the invention of one of its best-known exports, the Vespa. We hear from Robin Quartermain, the Honorary President of The Vespa Club of Britain.

SAT 17:30 Political Thinking with Nick Robinson (m002y8tt)
'A bad start even before he starts' - Welsh First Minister on why trouble's brewing with Burnham

The new First Minister of Wales Rhun ap Iorwerth on what Wales really wants, why Reform surged in the Senedd election, and how working as a nightclub bouncer will help him deal with Andy Burnham.

SAT 17:54 Shipping Forecast (m002y8tw)

The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m002y8ty)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m002y8v0)

Aid arrives in Venezuela

Venezuela's main airport, near the epicentre of Wednesday's twin earthquakes, has partially reopened, raising hopes that mobile hospitals can be brought in for the many casualties.

The government is introducing what is calls a "capped, safe and legal" route for refugees to come to Britain, starting in the autumn.

Germany has broken its all-time temperature record, with a reading of 41-point-5 celsius taken in in the east of the country.

SAT 18:15 Loose Ends (m002y8v2)

Harry Shearer, Bella Hull, Joanna Cannon, Gabriella Cilmi, Gina Birch

Harry Shearer is a comedy legend. He's the voice of Mr Burns in the Simpsons (and many other characters), he's Derek Smalls in Spinal Tap, and he's over here with a brand new musical about J Edgar Hoover. Bella Hull first performed stand up a decade ago at the age of 17. In her new show 'Mad Cow Disease' she looks back on her decade in comedy. She also spills secrets from the writing room of Saturday Night Live UK. Best Selling novelist Joanna Cannon's latest book is 'An Unlikely Visitor', the story of recently widowed Margaret, who is finally facing up to her past. And there's music from Gina Birch whose band The Raincoats are a cult favourite. She performs from her latest solo album, 'Trouble' and we're also joined by Gabriella Cilmi whose song 'Sweet About Me' was a massive global hit. She performs new material and tells us about meeting her hero, Robert Plant.

Presenter: Stuart Maconie

Producer: Jessica Treen

SAT 19:00 Profile (m002y8v4)

Harry Styles

The former boyband member and teen heartthrob, Harry Styles, is going into the final week of his sold-out residency at Wembley before continuing his world tour.

After winning music competitions while at school in Cheshire, Styles entered television's biggest talent show, The X Factor, in 2010. While not making it as a solo star he was grouped together with four other contestants to form One Direction and becoming one of the most successful boybands of all time selling over 100 million records worldwide.

One Direction created a modern-day Beatlemania before going on permanent hiatus in 2016. Since then Style's has released four solo albums and launched a career beyond music seeing him take on film roles, modelling gigs and become known as a fashionista. His celebrity best friend the actor James Corden, who used to 'babysit' the teenage Harry when he first started out in London is among the guests who speak to Mark Coles for this week's Profile.

Production:

Presenter: Mark Coles

Producers: Annabel Deas, Mhairi Mackenzie and Nathan Archer

Production Coordinator: Maria Ogundele and Siobhan Reed

Sound: James Beard

Editor: Justine Lang

Carpool karaoke: The Late Late Show (CBS)

Harry Styles singing with White Eskimo (YouTube: OneDirectionNews)

Harry Styles X Factor audition tape (ITV, The X Factor UK) Fans screaming at One Direction 'This is Us' Premier (YouTube: Poveelive)

'As It Was' by Harry Styles (Erskine and Columbia)

'What Makes You Beautiful' by One Direction (Syco and Columbia)

'Sign of the Times' by Harry Styles (Columbia)

'Watermelon Sugar' (Erskine and Columbia)

SAT 19:15 This Cultural Life (m002y1h6)

Anish Kapoor

The artist and sculptor Sir Anish Kapoor talks to John Wilson about his career and cultural influences. Renowned for his innovative, often monumental works, Kapoor gained international recognition in the late 1980s. He represented Britain at the Venice Biennale in 1990 and won the Turner Prize the following year. His public artworks include Cloud

Gate in Chicago, the Orbit sculpture next to the London Arena, commissioned to mark the 2012 Olympics, and the 110m-long structure of giant rings and connecting wires known as Temenos in Middlesbrough. In 2025 a piece called Butchered, a collaboration with Greenpeace, was installed on to an active Shell oil rig in the North Sea as a protest against the fossil fuel industry. The Hayward Gallery in London is one of several cultural institutions around the world that is hosting major exhibition of the work of Anish Kapoor in 2026.

Producer: Edwina Pitman

SAT 20:00 Archive on 4 (m002y8v6)

Ramones at the Roundhouse

One of the defining moments in rock history saw Ramones made their triumphant UK debut in front of 2,000 fans at The Roundhouse in Camden on July 4, 1976, blitzkrieking the London crowd with NYC punk attitude. The following night they played Dingwall's.

The arrival of the Ramones in the UK had been hotly anticipated due to the hype created by music journalists Nick Kent and Lisa Robinson and Malcolm McLaren, who had seen the band at CBGB's in New York and made plans with record label supremo Seymour Stein to bring them to the UK to spread the Gospel of Punk.

That weekend, members of The Sex Pistols, The Clash, The Damned, The Slits, The Buzzcocks, The Pretenders, The Ruts, The Stranglers and The Adverts (and even Marc Bolan!) saw those gigs.

As Joe Strummer from The Clash said afterwards, "We all saw them play fast and hard, so we went away and immediately sped everything up. It was the sound of the next generation getting angry. It made us realise we weren't alone. That kick started everything."

Fifty years later, with exclusive access to key people who played a huge part in the early success of the Ramones - including Craig Leon who discovered the band, signed them to Sire Records and then produced the band's debut album - Mariella Frostrup revisits one of the most important weekends in the history of Punk.

With previously unheard tracks from both those London gigs and their debut recording sessions the previous April, along with contributions from those inspired by those Ramones gigs including Chrissie Hynde, Glen Matlock, Hugh Cornwell, Paul Simonon, John Giddings, Gaye Black, Rob Lloyd and Rat Scabies - along with New York compatriots Debbie Harry, Chris Frantz, Roberta Bayley and Mickey Leigh.

Mariella Frostrup explains the importance and influence of those London concerts that cemented the Ramones' reputation as the godfathers of Punk and provided a huge impetus for the nascent UK punk scene.

A Zinc Media production for BBC Radio 4

SAT 21:00 Moral Maze (m002xzzj)

Do we care more about the place where we live than about the nation we live in?

If Andy Burnham has a four-word philosophy, it is 'the politics of place', a phrase he uses often. Burnham argues that politics must concentrate on meeting local needs, on the devolution of power and on 'levelling up' the places that have been doing badly.

While he was winning in Makerfield, the Scottish Conservatives were winning in Aberdeen South, on a promise to revive the North Sea oil and gas industry. That too was the politics of place.

Burnham's philosophical opponents say that 'the politics of place' is wrong-headed. What really matters is the destiny of the United Kingdom as a whole. Localism, they argue, undermines national cohesion and elevates nimbyism. It rewards failure and punishes success. The Americans call it pork-barrel politics.

The battle between localists and UK nationalists engages all politicians. Plaid Cymru and the Scottish National Party are by definition on one side of the line; the DUP in Northern Ireland is on the other. At Westminster, MPs go cross-eyed trying to watch over their constituencies and their careers at the same time. Boris Johnson created a Department for Levelling-Up. Angela Rayner called it 'government by gimmick' and abolished it in 2024.

If localism is the answer for Makerfield, is it also the answer for Sparkbrook, where voters might like different licensing laws? Or for Adlington, where locals hate the idea of a new housing estate? Or for Harmondsworth, which doesn't want a Heathrow third runway at the bottom of the garden?

The politics of place; it looks good. But will Burnham, like Pandora, open this tempting box, only to release all the troubles of the world? In his victory speech he promised us 'hope'. In the Greek myth, the gift of hope was merely a consolation prize.

Chair: Michael Buerk

Panel: Anne McElvoy, Ash Sarkar, Giles Fraser, and Sonia Sodha

Witnesses: Paul Valley, Maxwell Marlow, Sir Paul Collier and David Goodhart.

Producer: Dan Tierney

Assistant Producer: Peter Everett

Editor: Tim Pemberton

SAT 22:00 News (m002y8v8)

National and international news from BBC Radio 4

SAT 22:15 The Food Programme (m002y24d)

The Weight of the World

Why did obesity become a global problem? Professor of Diet and Population Health Susan Jebb explores a heavy history, our changing relationship with food and reasons for optimism. She believes we live in an 'ultra-processed food system' which drives more of the world's population towards health harming diets and a lifetime of being overweight or obese. But she also believes change is possible, and the conditions are right for a food systems change.

Also featuring Hannah Ritchie of Our World in Data, Henry Dimbleby, author of the 2020 National Food Strategy, and Alicia Weston of Bags of Taste, a programme of change for people with few cooking skills on low incomes.

Produced and presented by Dan Saladino.

SAT 23:00 Parish Is Burning (m0016820)

Surreal, silly vibrations from the flatlining, radio desert somewhere near the Irish Border.

First picked up by lorry drivers trying to find a signal in the flatlining radio desert of the Irish border, Parish Is Burning is a wild, silly and surreal sketch show. A genuine metaphysical anomaly, a mysterious broadcast from an alternative universe (near Omagh) with that uniquely warped, unpredictable, big-hearted, Northern Irish whiff and featuring new comedy talent from all over Ireland.

In this pilot episode, visit Mo Farragh's Ostrich Farm, eavesdrop on the parish helpline, find out if Sargent Gerry Rafferty can crack the case of the man beaten to death with his own kettle, experience Rural Fury at the Parish youth club and catch up on Belfast soap opera Van Dad.

Parish Is Burning is created by Michael McCullagh and Phil Taggart, and stars Michael Fry, Ciara Knight, Michael Stranney, Hannah Mamalis, Mary Flanigan and Peter McGann.

Producer: Keith Martin

Executive Producer: Victoria Lloyd

A Fabel production for BBC Radio 4

SAT 23:30 Déjà News (m002xzzp)

Episode 2

Lucy Porter hosts a brand new quiz as contestants are questioned on a century of news archive which tests their knowledge of the sound of stories from the last 100 years.

Presenter: Lucy Porter

Team One – Ian Musgrave and James Musgrave

Team Two – Jason Hill and Harriet Anderson

Writers: Ali Panting and Laura Grimshaw

Researcher: Hannah Ratcliffe

Production Co-Ordinator: Molly Punshon

Consultants: Paul Bajoria and Lizzie Foster

Producers: Jon Holmes and Laura Grimshaw

An unusual production for BBC Radio 4

SUNDAY 28 JUNE 2026

SUN 00:00 Midnight News (m002y8vb)

National and international news from BBC Radio 4

SUN 00:15 Take Four Books (m002xzip)

Maggie O'Farrell

The bestselling author of Hamnet returns with her tenth novel - Land - which is a soaring history set in Ireland in the years

before and after the Great Famine.

Maggie has sold more than eight million books worldwide and is translated into 44 different languages. She won the Women's Prize for Fiction in 2020.

For her three influences Maggie chose: Joseph O'Connor's *Star of the Sea* from 2002; Marie Heaney's *Over Nine Waves* from 1994, which is a retelling of many of the Irish myths; and the non-fiction book, *Map Of A Nation*, by Rachel Hewitt from 2010.

Producer: Dominic Howell

Editor: Gillian Wheelan

This was a BBC Audio Scotland production.

SUN 00:48 Shipping Forecast (m002y8vd)

The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m002y8vg)

BBC Radio 4 joins the BBC World Service.

SUN 05:30 News Summary (m002y8vj)

National and international news from BBC Radio 4

SUN 05:34 Shipping Forecast (m002y8vl)

The latest weather reports and forecasts for UK shipping.

SUN 05:43 Bells on Sunday (m002y8vn)

St James' Church in Sutton, Cheshire

Bells on Sunday comes from St James' Church in Sutton, Cheshire. In 1879, following the installation of the clock in the tower, a ring of six bells was installed in a wooden frame. Sadly, there were serious problems with the frame and in 1926 a new peal of six bells was cast and installed in a cast-iron frame by John Taylor of Loughborough. The Tenor bell weighs eleven and three-quarters hundredweight and is tuned to the note of G. We hear them on the centenary of their installation ringing Cambridge Surprise Minor.

SUN 05:45 In Touch (m002y1c8)

Modified Exam Papers

In Touch explores the barriers faced by visually impaired students when sitting their GCSE and A-Level exams, when obtaining both exam papers and revision materials in braille and large print formats.

Presenter: Peter White

Producer: Beth Hemmings

Production Coordinator: Kim Agostino

Website image description: Peter White sits smiling in the centre of the image, wearing a dark green jumper. Above Peter's head is the BBC logo (three individual white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one of a darker blue and the other is a lighter blue.

SUN 06:00 News Summary (m002y8yg)

National and international news from BBC Radio 4

SUN 06:05 Thinking Allowed (m002y1bt)

Strikes, Solidarity and South Asian Britain

How have South Asian communities in Britain fought for rights, dignity and belonging - and what can that history teach us today?

Laurie Taylor explores the overlooked histories of labour struggle, resistance and political activism among South Asian communities in Britain. From early anti-colonial networks to the strikes and campaigns of the 1970s and 80s, the programme traces how successive generations confronted discrimination while shaping British society.

He is joined by Taj Ali, writer and historian whose forthcoming book 'Come What May, We're Here to Stay' (publishing in September) charts more than four centuries of South Asian presence in Britain. Drawing on oral histories and archival research, he traces a long tradition of workers campaigning for better pay and conditions, communities organising against racism, and alliances forming across movements. Ali reflects on tensions within the labour movement and on moments of solidarity, including the Grunwick dispute and links forged during the miners' strike.

Also joining the discussion is Aleena Din, Simon Research

Fellow from the University of Manchester. Her research focuses on Huddersfield as a local site of resistance, where communities responded to racism, fascism and "deindustrialisation. Through archival work and "witness seminars," she reconstructs networks of support while also revealing the disagreements and competing ambitions that shaped them.

The programme highlights how these struggles unfolded not only in major cities but also in smaller industrial towns, challenging London-centric accounts of race and activism. It also brings into focus the role of women, from grassroots organising to leading disputes such as Grunwick, where South Asian women challenged both racism and sexism at work.

Producer: Natalia Fernandez

Editor: Robyn Read

SUN 06:35 On Your Farm (m002y8yj)

The Women of Hill Top Farm

Hill Top Farm above Windermere was bought by Beatrix Potter in 1905 with the profits from her most famous children's book, the Tale of Peter Rabbit. It was there that Jemima Puddleduck, Tom Kitten and other famous fictional animals that populated her "little books" first came to life, inspired by what she saw in her vegetable garden on and her land.

It was also where she became a farmer, a prize-winning breeder of Herdwick sheep, a prominent member of the farming community and a fierce campaigner for conservation.

Now, for the first time since Beatrix, the farm is back in female hands. Amy Dixon, alongside her partner Daniel Fletcher, have just taken over the tenancy of this National Trust farm from Amy's dad.

Caz Graham hears their plans for the future, meets some very wet herdwick sheep and visits the old farmhouse to hear about Beatrix's legacy for fell farming, conservation and her beloved herdwick sheep.

Presented and produced by Caz Graham.

SUN 06:57 Weather (m002y8yl)

The latest weather reports and forecast

SUN 07:00 News and Papers (m002y8yn)

National and international news from BBC Radio 4

SUN 07:10 Sunday (m002y8yq)

Venezuela earthquakes, America 250, pilgrimages

With the number of people known to have died following earthquakes in Venezuela rising, rescue teams are racing to find those who are still missing. Operations Manager of the Lutheran World Federation based in Caracas, Maria Caraballo, speaks about the work her organisation has been doing.

The United States of American will mark 250 years since its independence this week. The separation of Church and State - religious freedom - came a few years later in the 1st amendment to the constitution and has been debated ever since. We continue that debate with Dr Guthrie Graves-Fitzsimmons of the Interfaith Alliance and Pastor Mark Burns, a spiritual adviser to President Trump.

Pilgrimages are tremendous social occasions, whatever their religious inspiration. The British Pilgrimage Trust says more of us are attracted to them and the Italian government is now promoting five pilgrim routes, known as the Antichi Cammini d'Italia, or Ancient Ways of Italy. People who have completed their journey tell us about their experiences.

Presenter: Edward Stourton

Producers: Katy Booth and James Leesley

Studio Managers: Kelly Young, Matthew Dempsey and George Willis

Editor: Tim Pemberton

SUN 07:54 Radio 4 Appeal (m002y8ys)

The National Youth Advocacy Service

Writer and poet Lemn Sissay makes the Radio 4 Appeal on behalf of The National Youth Advocacy Service. The charity's Side-by-Side programme trains volunteers who support young people after they leave care, helping them with day-to-day admin like paying bills and grocery shopping.

The Radio 4 Appeal features a new charity every week.

Each appeal then runs on Radio 4 from Sunday 0755 for 7 days.

To Give:

- Freephone 0800 404 8144

- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope).

Mark the back of the envelope 'The National Youth Advocacy

Service'.

- Cheques should be made payable to 'The National Youth Advocacy Service'.

- You can donate online at bbc.co.uk/appeal/radio4

- Please ensure you are donating to the correct charity by checking the name of the charity on the donate page.

Registered Charity Number: 1012485. If you'd like to find out more about the charity's work visit [*https://www.nyas.net/](https://www.nyas.net/)
*The BBC is not responsible for content on external websites

Producer: Katy Takatsuki

SUN 07:57 Weather (m002y8yv)

The latest weather reports and forecast

SUN 08:00 News and Papers (m002y8yx)

National and international news from BBC Radio 4

SUN 08:10 Sunday Worship (m002y8yz)

Common Ground

A quarter of a century ago – just after the turn of the millennium – Burnley experienced racial violence that divided communities. As part of Radio 4's Common Ground season, Sunday Worship visits St Matthew the Apostle in Burnley to hear from its diverse congregation about what brings the community together despite their differences and the many initiatives that have unified the town's faith communities.

The service is led by Rev Victor Sohail and Rev Kat Gregory-Witham. The preacher is Father Alex Frost.

The St Matthew's Church Choir and the Daily Service Singers provide the music for this service. The Director of Music is Andrew Earis. The organist is Peter Harrison.

Readings:

Proverbs **11:14-22**

1 John 4: 7-19

Music:

Be Thou My Vision

Peace I Leave With You (Amy Beach)

A New Commandment

Make Me A Channel of Your Peace

Goodness Is Stronger than Evil (John Bell)

Love Divine (Blaenwern)

Producer: Alexa Good

SUN 08:48 Witness History (w3ct985t)

The fossil that revealed the first dinosaur feathers

In 1996, a fossil unearthed in China became the first confirmed record of a dinosaur covered in feathers.

Before this discovery, some palaeontologists had suggested that dinosaurs might have developed feathers and eventually evolved into modern birds, but the idea remained controversial due to the lack of concrete evidence.

Canadian palaeontologist Philip Currie was among the first experts to examine the specimen and recognise it as a feathered dinosaur. He tells Stefania Gozzer about the scientific debate the fossil ignited, as well as the challenges of accessing the specimen at a time when it was still difficult for Western researchers to study fossils in China.

Eye-witness accounts brought to life by archive. Witness History is for those fascinated by and curious about the past. We take you to the events that have shaped our world through the eyes of the people who were there.

For nine minutes every day, we take you back in time and all over the world, to examine wars, coups, scientific discoveries, cultural moments and much more.

Recent episodes explore everything from how the Excel spreadsheet was developed, the creation of cartoon rabbit Miffy and how the sound barrier was broken.

We look at the lives of some of the most famous leaders, artists, scientists and personalities in history, including: the moment Reagan and Gorbachev met in Geneva, Haitian singer Emerante de Pradines' life and Omar Sharif's legendary movie entrance in Lawrence of Arabia.

You can learn all about fascinating and surprising stories, like the invention of a stent which has saved lives around the world; the birth of the G7; and the meeting of Maldives' ministers underwater. We cover everything from World War Two and Cold War stories to Black History Month and our journeys into space.

(Photo: A cast of a *Sinosauropteryx prima* is on display in the

Royal Ontario Museum. Credit: Bernard Weil/Toronto Star via Getty Images)

SUN 08:58 Tweet of the Day (m002y8z1)
Horatio Clare on the Grey Heron

The writer Horatio Clare reflects on the many tales told about the grey heron. They were seen as birds of augury by the Romans, or with a religious bent by the poet Dylan Thomas, and for Horatio their appearance makes them seem like judges, rather aloof and out of touch. But Horatio has watched herons, and writes of their patience and spearing in catching fish, and the intensity of their concentration on every eddy of water.

Produced by Sophie Anton for BBC Audio Production in Bristol.

This programme features audio from Xeno-Canto by Joost van Bruggen (XC760392 and XC947557 - Grey Heron)

SUN 09:00 Broadcasting House (m002y8z3)
Will Andy Burnham get his coronation?

Andy Burnham's path to Number 10 looks clear as he prepares to set out his vision for the economy. He could have just three weeks until taking office. Also on Broadcasting House, we meet teenage carers looking after their loved ones whilst sitting their exams, Harry Redknapp gives his half time report on the World Cup - and we hear moments that bring us together from Buckingham Palace to the pub piano.

Our news reviewers are Patrick Maguire, chief political commentator for The Times, relationship coach and therapist Lucy Cavendish, and DJ Fat Tony, author of 'Recover Me'.

SUN 10:00 Desert Island Discs (m002y8z5)
Norman Cook, DJ and musician

Norman Cook, DJ and musician, shares the eight tracks, book and luxury item he would take with him if cast away to a desert island. With Lauren Laverne.

SUN 11:00 The Archers Omnibus (m002y8z7)
The week's events in Ambridge.

SUN 12:15 Profile (m002y8v4)
[Repeat of broadcast at 19:00 on Saturday]

SUN 12:30 I'm Sorry I Haven't A Clue (m002xzs9)
Series 85

3. Song Stoppers

The godfather of all panel shows pays a visit to the Cambridge Corn Exchange. On the panel are Miles Jupp, Tony Hawks, Lucy Porter and Henning Wehn with Jack Dee in the umpire's chair. Regular listeners will know to expect inspired nonsense, pointless revelry and Colin Sell at the piano.

Producer: Jon Naismith
A Random production for BBC Radio 4

SUN 12:57 Weather (m002y8z9)
The latest weather forecast

SUN 13:00 The World This Weekend (m002y8zc)
Life after the International Space Station

For years the International Space Station has stood as the pinnacle of international scientific collaboration. As it nears the end of its life, we examine what humanity stands to lose as tech titans replace governments in space. We hear from a former head of mission control, British astronaut Tim Peake, and former commander of the ISS Luca Parmitano, recently announced as pilot for next year's Artemis III mission.

SUN 13:30 Currently (m002xzs3)
Ten years after Brexit: Ireland and the border poll

Northern Ireland voted to remain in the European Union, yet Brexit has significantly reshaped its politics. Predictions of a border poll, a referendum on whether Northern Ireland should remain in the UK or join a united Ireland, were widespread. Ten years on that vote has not taken place.

Andrea Catherwood revisits this story - which she has followed over the past decade. Returning to contributors first interviewed after the EU referendum she asks whether early concerns about Brexit, including claims of broken promises and the impact of new trading arrangements in the Irish Sea, have come to pass

and whether those experiences have influenced attitudes towards a united Ireland.

Predictions of a swift referendum proved premature but the question of why there hasn't been a border poll remains. Andrea explores how demographic change has developed in unexpected ways, challenging assumptions that any future vote could be decided simply by population trends.

She also examines the role of a significant middle ground, voters who say Brexit has made them more open to constitutional change, yet remain cautious without details on what a united Ireland would involve, including healthcare, education, pensions and public finances. And Andrea considers what might shift the current position. Could change come from within Northern Ireland, or from developments in Westminster or Dublin? And if a vision for a future Ireland were presented would that influence public opinion?

A decade after Brexit this is a story about uncertainty, identity and the continuing impact of a historic decision on Northern Ireland.

Reporter: Andrea Catherwood
Producer: Pauline Moore
Production Co-ordinator: Lauren Stewart
Content Assistant: Findlay Adams
Executive Producer: Steven Hobson

SUN 14:00 Gardeners' Question Time (m002y24s)
From the Archives: A Tribute to Matthew Biggs

In this special episode, Kathy Clugston and Peter Gibbs dip into the archives to celebrate the life and work of Matthew Biggs.

Matt spent four decades doing what he loved most - sharing his extraordinary knowledge of the natural world with anyone who would listen. And through the power of radio, listen they did!

In this episode you'll hear Matt in his own words - from his very first appearance on Gardeners' Question Time in 1994, to the remarkable final broadcast he made just weeks before his passing.

Alongside clips of Matt's encyclopaedic and witty gardening advice, you'll hear from friends, colleagues and fellow horticulturalists who knew and loved him, as well as messages from listeners, whose lives he touched in ways that go far beyond gardening.

Producers: Matthew Smith, Rahnee Prescod and Dan Cocker
Assistant Producer: William Norton

A Somethin' Else production for BBC Radio 4

SUN 14:45 Naturebang (m002hmqv)
Grooming Apes and the Origins of Kissing

Becky Ripley and Emily Knight discover the hairy history of the human kiss. Where did it come from? Why do we like doing it? And how is it good for us?

Featuring Dr Adriano Lameira, primatologist turned evolutionary psychologist from the University of Warwick, and Dr Dean Burnett, neuroscientist, lecturer, and author of The Idiot Brain and The Happy Brain, among others. Produced and presented by Emily Knight and Becky Ripley.

SUN 15:00 Drama on 4 (m002y8zf)
Finn Family Moomintroll

Finn Family Moomintroll, by Tove Jansson, adapted by Robin Brooks, is another chapter in the astonishing, marvellous, always comic and often thought-provoking adventures of the Moomins.

Moomintroll and his friends wake from their long winter sleep to discover that the legendary Hobgoblin has dropped his hat in Moominvalley. Anything put into this hat will undergo a magical transformation, but it takes a while for them to understand this, during which time several things go into the hat with unfortunate consequences, including Moomintroll himself.

How will the Moomins cope with the hat, with a terrifying visit from the Groke, and finally with the reappearance of the hat's owner? All will be revealed to those wise souls who tune in to listen to Finn Family Moomintroll.

Reuniting the team that brought you Moominland Midwinter, Comet in Moominland and Moominsummer Madness, John Finnemore reprises the role of Moomintroll, and Moominpappa is once again played by Samuel West.

Narrator GEORGIE GLEN
Moomintroll JOHN FINNEMORE
Moominpappa SAMUEL WEST

Moominmamma ANN BRYSON
Snufkin ALEX WALDMANN
Sniff CLARE CORBETT
Snorkmaiden JASMINE NAZIHA JONES
Hemulen JUDE AKUWUDIKE
Thingummy CHARLIE CAMERON
Bob JAMES ANTHONY-ROSE

Written by Tove Jansson
Dramatised by Robin Brooks

Sound Design by Alisdair McGregor
Directed and Produced by Fiona McAlpine

An Allegra production for BBC Radio 4 and BBC Sounds

Picture Credit : © Moomin Characters™

SUN 16:00 Take Four Books (m002y8zh)
Tahmima Anam

The Bangladeshi-born British writer, Tahmima Anam, speaks to Take Four Books about her latest novel, Uprising, and together with presenter James Crawford, they explore its connections to three other works of fiction. Set on a fictional, sinking island, Uprising, is told from the perspective of a group of children who witness their mothers living lives of cruelty and servitude.

Tahmima Anam is a multi-award-winning writer and journalist. In 2013 she was named as one of the 'Best Young British Novelists' by Granta. She also holds a PHD in anthropology from Harvard University.

For her three influences, Tahmima chose: The Buddha in the Attic by Julie Otsuka, from 2012; Sultana's Dream by Rokeya Sakhawat Hossain from 1905; and Tiny Beautiful Things by Cheryl Strayed, also from 2012.

This episode was recorded at the Hay Festival.

Producer: Dominic Howell
Editor: Gillian Wheelan
This was a BBC Audio Scotland production.

SUN 16:30 Your Number's Up (m002y8zk)
1. How many Yorkshire puddings in Yorkshire?

A brand-new, number-crunching comedy quiz for Radio 4 hosted by presenter, comedian and YouTuber Max Fosh. In the Every Answer Counts round, players must solve general knowledge equations such as adding the number of US Supreme Court justices to the number of Strictly Come Dancing judges. In Bestimate Guesstimate, players must calculate how many eggs Nigella Lawson would need to make a Yorkshire pudding for everyone in Yorkshire, and how much it would cost Lou Bega to send a Valentine's card to all of the women named in Mambo No. 5. In Twenty-One – the quizzing equivalent of black jack – players must try and build a winning hand using countries and the number of times they have won the Eurovision Song Contest.

Presenter: Max Fosh
Writers: Benjamin Sutton, James Trickey and James Rawson
Line Producer: Natascha McQueen
Assistant Producer: James Rawson
Producer: Benjamin Sutton
Executive Producers: Simon Urwin and Kitty Walshe

A QITV production for BBC Radio 4

SUN 17:00 Witness History (w3ct74kd)
The American Freedom Train

In April 1975, the American Freedom Train set out on a tour across the United States to celebrate 200 years of American independence.

On-board were more than 500 priceless artefacts, documenting important moments in America's history - including an original copy of the Constitution, Thomas Edison's first working light bulb and a NASA lunar rover.

Over the next 21 months, seven million people visited the travelling museum as it made its epic journey around 48 states.

Jacqueline Paine speaks to former train security guard Lou Nelson, about taking America's history to the people, as the country prepares to celebrate its 250th anniversary.

Eye-witness accounts brought to life by archive. Witness History is for those fascinated by the past. We take you to the events that have shaped our world through the eyes of the people who were there.

For nine minutes every day, we take you back in time and all over the world, to examine wars, coups, scientific discoveries,

cultural moments and much more.

Recent episodes explore everything from the death of Adolf Hitler, the first spacewalk and the making of the movie Jaws, to celebrity tortoise Lonesome George, the Kobe earthquake and the invention of superglue.

We look at the lives of some of the most famous leaders, artists, scientists and personalities in history, including: Eva Peron – Argentina's Evita; President Ronald Reagan and his famous 'tear down this wall' speech; Thomas Keneally on why he wrote Schindler's List; and Jacques Derrida, France's 'rock star' philosopher.

You can learn all about fascinating and surprising stories, such as the civil rights swimming protest; the disastrous D-Day rehearsal; and the death of one of the world's oldest languages.

(Photo: People in Archbold, Ohio queue to see the American Freedom Train, June 1975. Credit: AP)

SUN 17:10 The Verb (m002y8zp) Poetry to keep you afloat

Ian McMillan and poets Vona Groake, Jardel Rodrigues, Mira Rosenthal and Malgorzata Lebda bring poetry that helps us navigate storms, rivers and seas – real and metaphorical, and sound artist and musician SHHE (Su Shaw) immerses us in surprising sounds of the sea.

Vona Groake's latest collection Infinity Pool was shortlisted for the TS Eliot Prize this year. She's writer in residence at St John's College Cambridge and the Ireland Professor of Poetry at Trinity College in Dublin. Vona chooses a 'neon line' to explore and reads her own work.

Su Shaw, who works as SHHE, is a sound artist and composer, whose music has been shortlisted for the Scottish Album of the Year. Su is based in Dundee – and has always been intimate with that city's river – the River Tay. Her new album 'THALASSA' was produced sustainably, in keeping with her ecologically minded projects – and is a six-part ambient work giving voice to the Mediterranean Sea.

Jardel Rodrigues is from Old Trafford in Manchester – he's won the BBC Words First Spoken Word Poetry Competition, and he's a titan of Manchester's shining spoken word institution 'Young Identity'. He brings us a new commission on the theme 'How to get through'.

We hear the voice and the work of Malgorzata Lebda, a Polish poet who writes poems that reveal what flows between people and landscape. Malgorzata ran the length of the longest river in Poland, the Vischula – driven by her sense of how threatened our rivers are, a kind of poetry activism. Malgorzata's translator, Mira Rosenthal joins us to explain how she managed to convey Malgorzata's innovative way of writing about the body in her collection 'Mer de Glace' (Fitzcarraldo). Mira is a poet, and a Professor of Creative Writing based in California.

Produced by Faith Lawrence

SUN 17:54 Shipping Forecast (m002y8zt) The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m002y8zy) The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m002y902) England cricket captain Ben Stokes announces shock retirement

Ben Stokes, the captain of England's men's test cricket, has announced his retirement from the international game. Iran has warned that any challenge to its control of the Strait of Hormuz will only further increase tensions, as the ceasefire with the US remains under strain. Venezuela's interim president says thirty-three people have this weekend have been rescued from rubble – after Wednesday's twin earthquakes.

SUN 18:15 Pick of the Week (m002y906) Julian Worricker

This week, as most of the country bakes in record-setting temperatures, we look back at one political decision a decade ago that has turned up the heat at Westminster and further afield since day one. We tune the dial to some niche broadcasts, from one solely for a handful of Britons stationed in Antarctica, to another with a global following involving digestive systems, saxophones and who knows what else. Plus, there's classic Clue comedy from Henning Wehn – you might need to cover your ears though.

Presenter: Julian Worricker

Producer: Anthony McKee
Editor: Steven Hobson
Production Coordinators: Caoilfhinn McFadden and Sylvie Conway

A BBC Audio Northern Ireland production for BBC Radio 4.

Programmes featured in this episode include:

Archive on 4: Resonance FM - The Art of Listening
Antarctic Midwinter Broadcast
Jazz Records Request, 21/06
Politically: Ten Years after Brexit - Episode 10: Impact on Politics
Witness History: Ireland watches the vote unfold
Composer of the Week: Henry Purcell, 22/06
Illuminated: If We Can Walk Together
Ancient Lives with Mary Beard - Being Greek: Courtroom Drama
Sporting Witness: Brazil 1-7 Germany: Brazil's heaviest defeat
I'm Sorry I Haven't A Clue: S85, E3: Song Stoppers
One Hit Wonders with OJ Borg: World Cup Special Part 2 - with Eat My Goal
Today, 19/06: Red Sox's organist Josh Kantor

SUN 19:00 The Archers (m002y90b)

Kirsty and Helen speculate on the sort of pastimes Kirsty's baby will grow up to have. Helen wonders whether Kirsty's told Tom about the pregnancy. Kirsty responds that she hasn't really told anyone yet.

Tom's admiring images of greenhouses, and Natasha humours him. He'd prefer her to take a proper interest and be supportive. She confirms her support but is more focused on the boxes of botanicals she's received to inform her own business idea. She assures Tom that even though she's open-minded about the new parlour, she's still on board with his project. Heartened, Tom grins that Helen might have a fight on her hands.

Kate seeks Ian's advice on a customer complaint at Grey Gables but he's too busy to help, and snaps at her. He later apologises; he's not sure she's cut out for this work. There's only so far the Martyn Gibson management coaching handbook can go. Kate probes further and Ian admits to being unsettled at home. As well as keeping Xander away from Brian, he's spotted that Adam's looking at properties far afield. They've made a life in Ambridge, and Ian's afraid Adam could burn himself out. Kate thinks the one good thing that's come out of the situation is the amount of quality time Adam can now spend with Xander. She counsels Ian to see Adam's enforced banishment from Home Farm as an opportunity rather than a disaster. Ian concedes

SUN 19:15 Illuminated (m002y90g) July Morning

We're at the Black Sea coast on the last night of June. Everything is building up to the sunrise.

This is Bulgaria's 'July Morning' observance – somewhere between a counter-cultural musical festival, and a secular pilgrimage marking the start of July. It revolves around reaching the coast in time to meet July's first sunrise.

This celebration has an unlikely origin story – a 1971 song, also called July Morning, by English rock band Uriah Heep.

Starting in Sofia, we make the road trip across Bulgaria to Kamen Bryag, one of Bulgaria's easternmost points, where the sun rises earliest over the horizon. Audio producer Carys Wall travels with friend Kami and Bulgarian musician and veteran July Morning attendee Milenita.

Uriah Heep still have a significant following in the Balkans, and the band's late singer John Lawton performed at the celebration several times.

In the 80s, during the social and cultural restrictions of state-socialist Bulgaria, Uriah Heep and July Morning gained massive underground appeal, as a protest anthem. The festival grew from that – with fire, rock music, and Metal-inspired fashion.

Many attendees are long-time rockers who remember these protest origins. For others – revellers in their teens and 20s – Bulgaria's July Morning celebration is a coming-of-age, a social event to mark the start of summer, and a chance to listen to really loud music.

Whichever way you look at it, it is a celebration of freedom.

As the sun peaks over the sea, the song blares from speakers.

There I was on a July morning
Looking for love
With the strength of a new day dawning
And the beautiful sun
And at the sound of the first bird singing
I was leaving for home

With the storm and the night behind me
And the road of my own
With the day, came the resolution

With thanks to Kmetat Tsonko Tsonev, Alex Boreva, Katie Revell, Andrea Morán and Cicely Fell.

Producer: Carys Wall
Executive producer: Dave Howard
Sound designer: Jonathan Webb
A Bespoken Media Scotland Production

SUN 19:45 Just One Thing - with Michael Mosley (m001ryhr) Embrace the Rain

Get that brolly out! It may feel deeply counter-intuitive – but rainy days could offer a host of health and mood-lifting benefits. Rain improves air quality, literally washing fine particulate pollution away, and rainfall also releases Geosmin, a fragrant compound which is linked with relaxation and increased serotonin levels. What's more, Professor Michael Terman, from Columbia University in New York, introduces Michael to negative air ions created after rainfall. He is researching how high levels of negative ions could potentially reduce stress, stave off depression and maybe even boost your immune system. Meanwhile, our volunteer Dennis steps outside and embraces the rain.

New episodes will be released on Wednesdays, but if you're in the UK, listen to new episodes, a week early, first on BBC Sounds: [bbc.in/3zqa6BB](https://www.bbc.com/sounds/play/bbc-in-3zqa6BB)

Producer: Nija Dalal-Small
Science Producer: Catherine Wyler
Assistant Producer: Gulnar Mimaroglu
Trainee Assistant Producer: Toni Arenyeka
Executive Producer:: Zoe Heron
A BBC Studios production for BBC Sounds / BBC Radio 4.

SUN 20:00 Feedback (m002y1hr) BBC Cuts, and David Baddiel's 60 Years of Hurt

Recent headlines have announced that the BBC is set to implement a massive wave of cuts across all of its programming, in order to make a saving of £500 million. The first of these major cuts has just been announced and listeners will soon notice the effects of these changes, with Radio 4 programmes like much-loved The World Tonight being axed. But who's making these choices, and why weren't listeners consulted first? Andrea Catherwood talks to John McAndrew, the Director of BBC's Live and Daily News to get some answers.

Radio 4 might not be the first place you look to for football, and admittedly some listeners might view it as a safe haven from the world's most played sport. But David Baddiel's recent series 60 Years of Hurt for The History Podcast aimed to pin down what "Englishness" means through the history of the England's men's football team. David joins Andrea to hear listener feedback on the series.

Presenter: Andrea Catherwood
Producer: Pauline Moore
Assistant Producer: Rebecca Guthrie
Executive Producer: David Prest

A Whistledown Scotland production for BBC Radio 4

SUN 20:30 Last Word (m002y24x) "He became one of the most powerful men in the world" – the story of the man who shaped modern economics

A giant of American economics, former US Federal Reserve Chair Alan Greenspan, was an economic pioneer who shaped the modern American economy and believed in free markets and light touch regulation. A world financial crisis after he left the job, however, forced him to question some of his economic assumptions. We hear from Bloomberg's Stephanie Flanders.

Tulsi Vagjiani survived the plane crash which killed her family, but it left her with burns over much of her body. She went on to be a legendary campaigner for better treatment for people who have visible differences. Phil Gorf from Changing Faces and broadcaster model and fellow campaigner Katie Piper pay tribute to her work.

French sailor Charlie Dalin, smashed the record in the non-stop round-the-world Vendée Globe race. It was only afterwards that he revealed that he had taken part in the gruelling competition with a rare cancer. We hear from friend and Vendée Globe competitor Pip Hare.

Teddie Beverley was the last surviving member of the original girl group, The Beverley Sisters. The trio found huge fame in the 1950s, with hits such as I Saw Mommy Kissing Santa Claus.

Teddies daughter Sasha Felix tells us how they became the highest-paid female entertainers in the UK, and why some of their tracks were banned from the airwaves.

Presenter: John Wilson
Producer: Ben Mitchell
Assistant Producer: Catherine Powell
Researcher: Jesse Edwards

Archive:
Beverley Sisters: London Plus, BBC, 04/02/1985; Legends: The Beverley Sisters – Ticked Pink, BBC Two, 31/12/2010; Saturday Live, BBC Radio 4, 05/03/2022; Changing Faces: Visible Hate campaign, YouTube, 23/01/2020; Changing Faces: Our ambassador Tulsì on our #IAmNotYourVillain campaign, YouTube, 14/10/2021; Charlie Dalin: Vendée Globe, 14/01/2025; Alan Greenspan, Capitalism, Newsnight, BBC One, 01/10/2007; Alan Greenspan, Newsnight, BBC One, 01/10/2007; Evan meets Alan, BBC Radio 4, 23/10/2013

SUN 21:00 Money Box (m002y8tf)
[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m002y8ys)
[Repeat of broadcast at 07:54 today]

SUN 21:30 From Our Own Correspondent (m002y8t9)
[Repeat of broadcast at 11:30 on Saturday]

SUN 22:00 Westminster Hour (m002y90m)
Andy Burnham's economic policies

Ben Wright is joined by Labour backbencher Gordon McKee; Conservative former Cabinet minister, Sir Andrew Mitchell; and Theo Bertram - an adviser to the Blair and Brown governments, now Director of the Social Market Foundation. They discuss Andy Burnham's approach to the economy and plans for further devolution. They also consider the forthcoming Defence Investment Plan. Geraldine Scott - assistant political editor of The Times - brings additional insight and analysis.

SUN 23:00 In Our Time (m002y1gt)
Vigée Le Brun

Misha Glenný and guests discuss the French portrait painter Élisabeth Vigée Le Brun (1755 - 1842). From her teens she delighted her high society subjects in and around Paris, notably Marie Antoinette who she painted around 30 times, and she invariably found ways to show her sitters at their best. Some critics were affronted that she, a young woman, dared paint at all and, when they saw how good her portraits were, some spread a rumour that surely this could not really be her work and she must have had a secret male lover finishing her portraits in a studio. The French Revolution forced Vigée Le Brun out of France and so she set off from one European court to another to find more success from Naples to Vienna to St Petersburg and to London, eventually settling back in France. Today her works are on show in major galleries around the world.

With

Rosalind Polly Blakesley
Master of Pembroke College and Professor of Russian and European Art at the University of Cambridge

Robert Wenley
Deputy Director of Collections and Research at the Barber Institute of Fine Arts, University of Birmingham

And

Francesca Whitlum-Cooper
Curator of Later Italian, Spanish and French Paintings at The National Gallery, London.

Producer: Simon Tillotson

Reading list:

Joseph Baillio, Katharine Baetjer and Paul Lang (eds), Vigée Le Brun (exhibition catalogue in English, Metropolitan Museum of Art, 2016)

Joseph Baillio et al., Elisabeth Louise Vigée Le Brun: 1755-1842 (exhibition catalogue in French, Grand Palais, Paris, 2015/16)

Rosalind P. Blakesley, Women Artists in the Reign of Catherine the Great (Lund Humphries Publishers Ltd, 2023), especially chapter 8 'The Triumphant Refugee'

Lucy Davies, Vigée Le Brun: Self Portrait in a Straw Hat

(National Gallery Global, 2025)

Angelica Goodden, The Sweetness of Life: A Biography of Elisabeth Louise Vigée Le Brun (Andre Deutsch Ltd, 1997)

Franny Moyle, Mrs Kauffman and Madame Le Brun: The Entwined Lives of Two Great Eighteenth-Century Women Artists (Apollo, 2025)

Jordana Pomeroy, Daring: The Life and Art of Elisabeth Vigée Le Brun (Getty Publications, 2025)

Mary D. Sheriff, The Exceptional Woman: Elisabeth Vigée-Lebrun and the Cultural Politics of Art (University of Chicago Press, 1997)

Paris Spies-Gans, A Revolution on Canvas: The Rise of Women Artists in Britain and France, 1760-1830 (Paul Mellon Centre, Yale University Press London, 2022)

Elisabeth Vigée Le Brun (trans. Sian Evans), The Memoirs of Elisabeth Vigée Le Brun (Camden Press, 1989)

Louise-Elisabeth Vigée-Lebrun, Souvenirs de Madame Louise-Élisabeth Vigée-Lebrun (first published 1869; Tredition Classics, 2012)

In Our Time is a BBC Studios production

Spanning history, religion, culture, science and philosophy, In Our Time from BBC Radio 4 is essential listening for the intellectually curious. In each episode, host Misha Glenný and expert guests explore the characters, events and discoveries that have shaped our world.

SUN 23:45 Short Works (m002y24v)
The Day of the Papering by Bernie McGill

An original short story specially commissioned by BBC Radio 4 from the writer Bernie McGill. Read by Amy Molloy.

The Author.

Bernie McGill is the winner of the 2023 Edge Hill Short Story Prize for her collection 'This Train is For'. She is the author of the novels 'The Butterfly Cabinet', 'The Watch House' and one previous short story collection 'Sleepwalkers'. She has written audio scripts for heritage projects and stage scripts for theatre. She is a Writing for Life Fellow with the Royal Literary Fund and an honorary member of The Linen Hall Library in which building her writing archive is held.

Writer: Bernie McGill
Reader: Amy Molloy
Producer: Michael Shannon

A BBC Audio Northern Ireland Production for BBC Radio 4.

MONDAY 29 JUNE 2026

MON 00:00 Midnight News (m002y90r)
National and international news from BBC Radio 4

MON 00:15 The Artificial Human (m002xzzj4)
Are we all AI hypocrites?

Aleks Krotoski and Kevin Fong explore a curious contradiction: why do we bristle at AI-generated emails and writing, even while many of us quietly rely on them ourselves? What does this reveal about how we judge not only the output of these technologies, but the people who use them — while still excusing our own behaviour?

To unpack this double standard, they begin with Katrina Collier, recruitment expert and author of The Robot-Proof Recruiter and Reboot Hiring. Nowhere is this tension more visible than in the quest find a job. Applicants are increasingly turning to AI to polish and promote their CVs, frustrating hiring managers who, in turn, are often all too happy to use AI to sift through a flood of applications on their behalf.

They then hear from Michael Hallsworth, Chief Behavioural Scientist at the Behavioural Insights Team, originally the UK government's 'Nudge Unit'. He argues that AI disrupts one of our core measures of value: effort. When we believe something has been created with little labour, we instinctively see it as worth less. Using AI can create mixed feelings, and while we can find rationalisations to let ourselves off the hook for using it, that doesn't mean we'll excuse others.

Presenters: Aleks Krotoski and Kevin Fong
Producer: Peter McManus
Researcher: Rachael O'Neil
Sound: Fraser Jackson

MON 00:45 Bells on Sunday (m002y8vn)
[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m002y90w)
The latest weather reports and forecasts for UK shipping.

MON 01:00 Selection of BBC World Service Programmes (m002y910)
BBC Radio 4 joins the BBC World Service.

MON 05:00 News Summary (m002y914)
National and international news from BBC Radio 4

MON 05:04 Yesterday in Parliament (m002y918)
Alicia McCarthy reports on Parliament under a new Prime Minister, wildfires and who should pay for preserving the nation's churches

MON 05:34 Shipping Forecast (m002y91d)
The latest weather reports and forecasts for UK shipping.

MON 05:43 Prayer for the Day (m002y91j)
Prayers from the Hymnal: How Great Thou Art

Prayer for the Day presented by Julia Loveless, worship leader & singer-songwriter.

Good morning. It's a lesser known fact, but the hymn How Great Thou Art is actually a rough translation of a traditional Swedish hymn written by Carl Boberg in 1885. Boberg is said to have been inspired after witnessing a dramatic thunderstorm that suddenly gave way to clear skies and birdsong. Moved by the power and beauty of Creation, he penned the words that recognised both the majesty of the world around him and the greatness of the God who made it. And perhaps that is something we all need reminding of from time to time. In lives so often filled with noise, worry and distraction, Creation still quietly and consistently sings of God's goodness. The rolling thunder, the vastness of the sea, the stars stretched across the night sky, the gentle rhythm of birdsong in the morning; all of it points beyond itself. All of it reminds us that we are not alone in a chaotic universe but held within the care of a Creator who knows us and loves us. And so whatever today looks like, I pray that my eyes are opened to the beauty and power of Creation all around - and that it would point me beyond itself towards its maker. That I may find myself echoing Boberg's lyrics to make them mine; "then sings my soul, my saviour God to thee, how great Thou art, how great Thou art." Amen.

MON 05:45 Farming Today (m002y91n)
29/06/26 Water resilience on farms, rural place names, soil

Calls for more government action to protect water supplies for farming.

A series of workshops are taking place across Wales this year to collect hyper-local place names, particularly in rural areas.

Later this week we'll be at Groundswell, the regenerative agriculture festival now in its 10th year. Regen ag puts an emphasis on soil, so this week here on Farming Today it's all about earth.

Presented by Charlotte Smith and produced by Beatrice Fenton.

MON 05:57 Weather (m002y91s)
The latest weather reports and forecasts for farmers

MON 06:00 Today (m002ybg8)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Common Ground (m002ybgb)
Common Ground: Place

In Common Ground, Evan Davis travels around the UK to find out how divided we really are. The series asks whether our society is becoming increasingly polarised and what people across the country are doing to build stronger communities and connections. In this first episode he begins with place. How are we divided by where we are born and where we choose to live? Do we have a proper sense of national identity? How can places where residents feel overlooked be better served, and more connected to the country as a whole? Evan travels to Grimsby in Lincolnshire and Briton Ferry in Wales to talk to people in their communities. He'll also be joined by an expert panel to discuss the role of place in how well we live together: playwright James Graham, and Fiona Hill, a senior fellow at the Brookings Institution in the US and former official of the National

Security Council during President Trump's first term, and the current Chancellor of Durham University.

Presenter: Evan Davis
Producers: Emma Close, Scott Adam and Katie Haseldine
Reporter: Katie Haseldine
Editor: Alicia Queiro
Production Coordinator: Brenda Brown
Sound mix: James Beard and Neil Churchill

MON 10:00 Woman's Hour (m002ybgj)

Helen George, Wimbledon, Met Police and VAWG

The most prestigious tennis tournament in the world begins today. But Wimbledon has already attracted global attention before the courts even open, with the wildcard return of tennis legend Serena Williams announced earlier this month, and the shock exit of British number one Emma Raducanu due to a stress fracture in her lower right leg. Nuala McGovern is joined by former British number one tennis champion, Annabel Croft.

The Metropolitan Police says that harm to women by London's most dangerous men has been cut by more than half under their V100 initiative. Over 200 of the worst perpetrators of violence against women and girls have been convicted since they threw out the normal tactics and started employing counter-terrorism techniques, allied with data crunching. Nuala speaks to Deputy Commissioner Matt Jukes about how it works.

Long before she picked up a pair of forceps as Nurse Trixie Franklin in the BBC drama Call the Midwife, actor Helen George trained in musical theatre. She's returning to those roots to play Tracy Lord in Cole Porter's High Society, a role made famous by Grace Kelly. She tells Nuala about coming back to the stage and treats us to a live performance of a classic Cole Porter song.

As part of Radio 4's Once Upon a Time season we're delving into shape-shifting feminist fairy tales, stories which have been constantly evolving ever since the early oral tradition, via the ground-breaking works of writers like Angela Carter to the present day. Award-winning author Kirsty Logan, joins us down the line from Glasgow and the mythologist and psychologist Dr Sharon Blackie joins us from Cumbria. They'll tell us why they believe women need fairy tales now more than ever and, crucially, why we should keep re-writing them for ourselves.

Presenter: Nuala McGovern
Producer: Kirsty Starkey

MON 11:00 The Patch (m002ybgj)

Blackley, North Manchester

One random postcode and a story you probably haven't heard before. In North Manchester, producer Polly Weston stumbles on a roadside memorial covered in Manchester City shirts and flowers, and discovers the extraordinary story behind it.

With thanks to everyone on Chapel Lane.

Produced and presented by Polly Weston
Editor: Chris Ledgard
Mixed by Ilse Lademann
Theme music by Jair Claudino Rodrigues, Guilherme Lopes Rodrigues and Pablo Love
Additional music is Forest Floor by Kayla Painter

MON 11:45 Mr Jefferson's Library (m002ybgn)

Books

Thomas Jefferson was not so much a bibliophile as a bibliomaniac of the first rank. He read books, copied them out and annotated them. So much of his reading was distilled into the Declaration of Independence.

Jefferson ultimately accumulated 6000 volumes during his life. They form the basis of America's Library of Congress in Washington DC. Michael Goldfarb visits the Library of Congress and Jefferson's home at Monticello in Virginia to tell the story of how Jefferson's reading shaped the American Revolution and the beginnings of American history, along the way he tells the story of why and how British America decided to declare its independence.

Presenter: Michael Goldfarb
Producer: Julia Hayball
Sound design: Chris Maclean

A Certain Height production for BBC Radio 4

MON 12:00 News Summary (m002ybgq)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m002ybgx)

AI Shops, Barbecues, House Building

According to Trading Standards, more than 1 in 10 of us have lost money after buying something from a fake advert on search engines or social media. As AI becomes more sophisticated, only half of us believe we would be able to spot them. We'll hear from a listener who bought clothing from an online shop that used AI-generated images to make it seem like a family-run business with physical stores in London.

A pressure group made up of builders and suppliers to the construction industry is calling on the government to do more to help get new homes approved and completed. Labour has promised to build one and a half million new homes in England alone over the lifetime of this Parliament, but it doesn't look like the target will be met. Those in the construction business say that rising costs and a slow planning system are making it impossible to build homes, so is the government doing enough to help?

British barbecues used to be a £20 disposable tray and a few burnt sausages, but there's been a transformation in recent years. A growing outdoor cooking culture has seen millions of us fire up the barbecue with regularity, and as a result, some are spending big on the best equipment available.

How many of you went to an out-of-town retail park this weekend to pick up food, garden equipment or sports gear? According to new data from estate agents Savills, the UK's retail parks are almost full. However, despite such success there are very few new ones are being built.

The average car on UK roads is now close to 10 years old. The data suggests that we are holding onto vehicles for longer or buying older ones in the first place. This shift is thought to be due to rising costs, a shortage of newer used cars after the pandemic and uncertainty around electric vehicles.

PRESENTER: WINIFRED ROBINSON

PRODUCER: CHARLIE FILMER-COURT

MON 12:57 Weather (m002ybgv)

The latest weather forecast

MON 13:00 World at One (m002ybgx)

Burnham vows "greatest rebalancing of power" in country's history

In a major speech ahead of his expected entry to Downing Street, Andy Burnham also promises to build a 'Number 10 of the North' in Manchester. We'll bring you reaction, including from the deputy leader of the Labour party Lucy Powell. Plus - we remember Dame Penelope Keith, who has died aged 86.

MON 13:45 Understand (m002ybgz)

Ten Fights That Made the Green Movement

1. Rebellion

We follow Extinction Rebellion on one of its first ever actions. Before the rebels shut down London, before they became a household name, they occupied an office building in Islington. Their target? Not a fossil fuel company or government, but Greenpeace - perhaps the world's most high profile environmental campaign group.

Presenter: Justin Rowlett
Series Producer: Ellie House
Editor: Matt Willis
Sound Design and Mix: James Beard
Production Coordinators: Maria Ogundele, Brenda Brown, Sabine Schereck
Commissioning Editor: Dan Clarke

Archive:

'Extinction Rebellion occupy Greenpeace HQ', Real Media, 18/10/2018
'LONDON Walk TOUR - Extinction REBELLION Protest PINK BOAT at Oxford Circus - England', Walking Tour, Walking Tour, 16/4/2019

MON 14:00 The Archers (m002y90b)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Alone (m000vq62)

Series 3

One's Company

A sitcom about five single, middle aged neighbours living in flats in a converted house in North London - written by Moray Hunter and starring Angus Deayton, Abigail Cruttenden, Pearce Quigley, Kate Isitt and Bennett Arron,

Mitch (Angus Deayton) is a widower and part-time therapist who is looking to put his life back together now that he is single and living with Will (Pearce Quigley), his younger, more volatile and unhappily divorced half-brother. Elsewhere in the building are schoolteacher Ellie (Abigail Cruttenden) who is shy, nervous and holds a secret candle for Mitch. Overly honest, frustrated actress Louisa (Kate Isitt), and socially inept IT nerd Morris (Bennett Arron) complete the line-up of mis-matched neighbours.

In the fifth episode, One's Company..., it's a bank holiday and nobody knows what to do with themselves, or with anyone else for that matter, until Morris reveals his feelings for Nina, his secret roof terrace and plenty more besides.

Cast
Angus Deayton- Mitch
Abigail Cruttenden- Ellie
Pearce Quigley- Will
Kate Isitt- Louisa
Bennett Arron- Morris

Created and Written by Moray Hunter
Script Edited by Ian Brown and James Hendrie
Directed by Moray Hunter and Gordon Kennedy
Recorded and Edited by Jerry Peal
Production Manager: Sarah Tombling
Based on an original idea developed in association with Dandy Productions
Recorded at The Soundhouse Studios
Produced by Gordon Kennedy

An Absolutely production for BBC Radio 4

MON 14:45 One to One (m001jkqy)

Suzy Wrack: The House I Grew Up In

Football writer Suzy Wrack meets with Joanne Marsden to share their stories of growing up on council estates.

Suzy grew up in on an estate in north east London, while Joanne was born on Park Hill estate in Sheffield; the council block inspired by the French architect Le Corbusier, who designed high-rises with community in mind. They discuss his idea of 'streets in the sky' - landings wide enough for milk floats to drive past high in the air and rows of shops within the estate. Together, they talk about how their experiences shaped their lives and interests in architecture and community - and how the design of spaces and buildings impacts us.

Produced by Caitlin Hobbs for BBC Audio in Bristol.

MON 15:00 A Good Read (m002ybh1)

Philippa Perry and Stuart Maconie

A special episode of A Good Read, recorded live at the Hay Festival. The books are:

London Falling by Patrick Radden Keefe, chosen by psychotherapist and artist Philippa Perry
All Quiet on the Orient Express by Magnus Mills, chosen by presenter and writer Stuart Maconie
Luka and the Fire of Life by Salman Rushdie, chosen by presenter Harriett Gilbert

Produced for BBC Audio in Bristol by Maggie Ayre
Join us over on Instagram @agoodreadbbc

Photo credit: Pal Hansen

MON 15:30 You're Dead to Me (m002y8t3)

[Repeat of broadcast at 10:00 on Saturday]

MON 16:00 Currently (m002xzps)

Ten Years After Brexit: Tribal

It's often said that the Brexit vote exposed a deep schism over Europe at the heart of the country. Professor James Tilley argues this is not the case.

The Referendum simply forced people to pick a side. And the minute you pick a side, you enter the world of tribalism.

And tribalism goes some way to explain a decade of division and vitriol, amid the emergence of two entirely new political identities, the leaver and remainer.

This programme lists the phenomena that happen once you pick a side, from loving your own guys, to hating your opponents, to the motivated reasoning which sees the information around you processed in a way which aligns with your existing beliefs.

Citing examples from the tortuous aftermath of the vote, and speaking to experts on group thinking, Professor Tilley head to his first football match, to explore how it is indeed possible to

become passionate, and committed, to a cause which just a short while ago, was not on your radar.

The challenge is, whether you can perceive the effects of tribalism in your own political thinking.

Presented by Professor James Tilley
Produced by Kevin Core

MON 16:30 The Kitchen Cabinet (m002y8t5)
[Repeat of broadcast at 10:30 on Saturday]

MON 17:00 PM (m002ybh3)

Andy Burnham sets out his stall for No. 10 North in speech

Andy Burnham says his plans for a "no 10 North" will be the biggest redistribution of power in the country's history. Jim O'Neill, Lord O'Neill gives his reaction. Also Penelope Keith remembered by her friend Giles Brandreth after she dies aged 86 and Test Match Special's Jonathan Agnew on Ben Stokes' England career.

MON 18:00 Six O'Clock News (m002ybh5)

Andy Burnham sets out a vision to 'rewire Britain'

The likely next prime minister, Andy Burnham, has set out a vision for what he says would be the biggest change in the way the country is run in our lifetime. Also: Resident doctors in England have accepted the government's latest pay offer, ending a series of strikes. And one of the leading comedy actresses of the 1970s and early 80s, Dame Penelope Keith, has died.

MON 18:30 I'm Sorry I Haven't A Clue (m002ybh7)
Series 85

4. Garden or Bedroom

The godfather of all panel shows returns to the Cambridge Corn Exchange. On the panel are Miles Jupp, Tony Hawks, Lucy Porter and Henning Wehn, with Jack Dee in the umpire's chair. Regular listeners will know to expect inspired nonsense, pointless revelry and Colin Sell at the piano.

Producer: Jon Naismith
A Random production for BBC Radio 4

MON 19:00 The Archers (m002ybbn)

Brian struggles with a chemical order but is convinced he let Adam go at the right time, as he has Ed. Ed reminds Brian he's only there to work the land. But when Ed quickly solves a problem, he's thrown when Brian insists he needs Ed next Thursday to meet an engineer – Ed'll have to miss the Borchester Show. Ed also agrees to shift manure to Broad Acre, despite his concerns it's right by Spiritual Home. With her sessions disrupted by the smell, Kate confronts Ed and has it out with Brian, sensing a vendetta and telling Brian she supports Adam keeping Xander away from him. Brian's stung.

Keira's early for her first day of work experience at Rewilding, relieved to not be at Amside. Working on woodpiles with Kirsty, Keira opens up and admits she's not looking forward to George and Amber's baby arriving, as she thinks George will be useless. Kirsty encourages Keira to step up - not as a baby carer, but in holding George to account.

Despite not wanting to talk about babies, Keira enjoys the cute footage of the beavers. She opens up about running away last Christmas, and George always being the centre of attention. Keira has started to talk to her parents about it now, and Kirsty says to keep going. And if Keira ever needs space, there's some here for her.

Later Keira enthuses about her work experience to Ed. Ed's pleased, and takes the opportunity to ask a favour – can Keira show the Texels for him next Thursday at the Borchester Show?

MON 19:15 Front Row (m002ybh9)

Penelope Keith tribute, Russell Tovey, Katherine Rundell on fairy tales

We mark the passing of actress Dame Penelope Keith, speaking with John Lloyd and Mel Giedroyc about her long career.

Actor Russell Tovey plays a troubled police officer dealing with a late night emergency in The Guilty at The Donmar Warehouse in London.

Katherine Rundell on updating Cinderella for a contemporary audience, as part of Radio 4's Once Upon a Time series.

We discover the photographic genius of Jacques Henri Lartigue, whose work spanned almost the entire 20th century. An exhibition of his colour photographs has just opened in Milton Keynes

Presenter: Samira Ahmed

MON 20:00 Rethink (m002y1ht)

Rethink... the power of the US dollar

The US dollar is the backbone of global trade and held by governments around the world as a safe haven in times of crisis.

It's so powerful that countries like Ecuador and Panama have adopted the dollar as their official currency, while Argentina for many years has tried to "dollarize" its economy.

But what happens if nations and private institutions were to lose trust in the dollar?

How did we get here? Well, after WWII the world order was re-established in part by tying the monetary systems to the value of the dollar, backed by gold. But since 1971 President Nixon cut that link to gold and the entire exchange system has since been tied directly to the dollar itself, its historic success and access to its financial markets.

That success gave America what was dubbed an "exorbitant privilege" to print money without fear of inflation and to build up national debt without consequence.

It also enables the US to flex its muscles on the international stage by imposing sanctions on countries and cutting off access to their all-important currency. That has led some countries, most notably China, to call for the dollar to be replaced as the world's reserve currency.

How difficult would it be to untangle the dollar from global trade, can any other nations offer the same conditions which has allowed the US currency to thrive, and what would happen if the dollar's role was replaced by newer digital currencies which operate outside traditional government control?

Presenter: Professor Ben Ansell

Producer: George Dabby

Editor: Damon Rose

Contributors:

Martin Wolf, Chief Economics Commentator at the Financial Times

Barry Eichengreen, Professor of Economics and Political

Science at the University of California, Berkeley

David Shrier, Professor of Practice, AI & Innovation with

Imperial College Business School

Stephanie Flanders, Head of Economics and Politics at

Bloomberg News

Zanny Minton Beddoes, Editor-in-Chief of The Economist

Material from:

British Pathé, "Bretton Woods Money Pact Signed" (1946)

MON 20:30 BBC Inside Science (w3ct977s)

Can we engineer ourselves out of a heatwave?

As the UK and Europe battles with extreme weather warnings, is it time for us to consider some more extreme tactics to tackle the heat? Tom Whipple is joined by Mark Maslin, Professor of Earth System Science at University College London, to explore if solar geoengineering can help.

Also on the show, science journalist Lizzie Gibney discusses the "Salah effect", when exposure to celebrities from stigmatised groups can help increase tolerance. She also examines new research into how the atom nucleus contain energy which can be used for telling the time.

Plus, how laughter in great apes may have paved the way for the evolution of complex human language.

Presenter: Tom Whipple

Producer: Katie Tomsett, Alex Mansfield & Kate White

Editor: Martin Smith

Production Co-ordinator: Jana Bennett-Holesworth

MON 21:00 Common Ground (m002ybgb)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m002ybhc)

New 'No 10. North' plan will rebalance power in Britain, Burnham promises

Would-be PM Andy Burnham says a new Downing Street team based in Manchester, labelled 'No 10 North', would "oversee the biggest rebalancing of power our country has ever seen". But can so-called 'Manchesterism' be delivered nationwide? We ask former adviser to Rishi Sunak, Tim Leunig, and General Secretary of the FDA trade union Dave Penman.

Also in the programme: details emerge of the government's delayed Defence Investment Plan, an early version of which

sparked the resignation of Defence Secretary John Healey. And authorities will tomorrow decide whether to attempt replacing ageing ferries with an undersea tunnel to connect the Shetland Islands.

MON 22:45 Once Upon a Time... (m002ybhf)

Mermaid by David Almond

David Almond reimagines The Little Mermaid.

Set on Holy Island in Northumberland, the story is written and read by the author.

When Joseph was a boy, fishermen on the island found a mermaid in their net. But no one believes those old stories, do they? Except his grandfather, who keeps a mysterious jar of jewels in a glass case on the wall.

This magical, evocative story encompasses the degradation of the seas; the small attention spans of modern lives; the pressure on young people to leave the place they call home; the beauty and history of the island. It is also a love story.

David Almond is 'A writer of visionary Blakean intensity.' The Times. He is also winner of the Hans Christian Andersen Award, The Carnegie Medal, the Michael L Printz Award, the Nonino International Prize

This series of modern fairy tales reimagined by leading writers has been specially commissioned to celebrate a major new exhibition at The British Library dedicated to fairy tales, as well as the National Year of Reading.

Producer, Mary Ward-Lowery

MON 23:00 Limelight (m001jvhr)

Galapagos

2. Smashing It

Speculative thriller about big tech, data manipulation and the undermining of democracy, by Simon Scardifield and Andrew Day

With Galapagos out of the bag and Omar reeling from Bryony's ambition, the dust settles on a newly forged partnership between Shapeshift boss Sydney and Bryony. But will Bryony be able to keep her job at Mayfair Interventions and deal with her sister Gaynor's bad news back home?

CAST

Bryony.....Hannah Daniel

Gaynor/Assistant.....Sara Gregory

Omar.....Danny Ashok

Max.....Ewan Bailey

Sam.....Claire Cage

Sydney.....Ashleigh Haddad

Aneni/ Receptionist/ Woman.....Ntombizodwa Ndlovu

Titus/ Driver/ Attendant.....John Pfumojena

Fake Greta.....Sunja Hyde

Production co-ordinators Eleri McAuliffe and Lindsay Rees

Sound design by Nigel Lewis

Produced by John Norton, Philippa Swallow and Emma

Harding for BBC Audio Drama Wales

MON 23:30 Today in Parliament (m002ybhh)

Susan Hulme reports from Westminster as MPs debate the early release of sex offenders from prisons in England and Wales.

TUESDAY 30 JUNE 2026

TUE 00:00 Midnight News (m002ybhk)

National and international news from BBC Radio 4

TUE 00:30 Mr Jefferson's Library (m002ybgn)

[Repeat of broadcast at 11:45 on Monday]

TUE 00:48 Shipping Forecast (m002ybhm)

The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m002ybhp)

BBC Radio 4 joins the BBC World Service.

TUE 05:00 News Summary (m002ybhr)

National and international news from BBC Radio 4

TUE 05:04 Yesterday in Parliament (m002ybht)

News, views and features on today's stories in Parliament

TUE 05:34 Shipping Forecast (m002ybhv)

The latest weather reports and forecasts for UK shipping.

TUE 05:43 Prayer for the Day (m002ybhy)

Prayers from the Hymnal: Amazing Grace

Prayer for the Day presented by Julia Loveless, worship leader & singer-songwriter.

Good morning. In 2019, Amazing Grace was voted as the Nation's favourite hymn in a poll by BBC's Songs of Praise. It was written by John Newton in 1779, so it has been loved and sung now for almost 250 years. Newton had served in the Navy in his youth, gaining notoriety as uncontrollable, rude and tempestuous man who openly mocked the gospel and those who professed it. And yet one night in 1748, the ship he was serving on was caught in a terrifying storm - the worst any of the sailors had ever experienced. The ship was almost breaking apart. To his horror, one of his crew mates was swept overboard by a humungous wave from where Newton had been standing just moments before. As they fought for survival, trying every thing they could think of to keep the ship together, Newton heard himself shout 'and if this will not do, then the Lord have mercy upon us!'. The outburst shocked even himself and once the ship had safely made it to land, Newton pondered this desperate appeal for many months. Feeling pulled towards God, Newton was left with one huge question: could God have enough grace in His stores to forgive, accept and even welcome a man like him? And as he was met with the eternal and unending grace of God - a resounding "yes" to his question - he wrote the lyrics that we know so well: Amazing Grace, how sweet the sound that saved a wretch like me. I once was lost, but now am found, was blind but now I see. Amen.

TUE 05:45 Farming Today (m002ybj0)

30/06/26 Scottish organic farmed salmon, soil health, water management

The organic certification body, the Soil Association, is warning it may withdraw from the farmed salmon sector unless higher standards are met. The organisation says while current standards are being satisfied, that's not driving the improvements in the industry that they want to see. They cite high fish mortality, unacceptable levels of sea lice, and the use of harmful chemical treatments. The industry body says its salmon farmers are committed to the highest standards of fish welfare and environmental responsibility.

As we take a closer look at soils all this week, today we meet two Sheffield university researchers who are investigating the properties of microrhizal fungal networks, which bind together millions of micro organisms - the protection of which many see as the solution to soil health.

And as the climate becomes more extreme, the management of water in farming will become more vital than ever. With this in mind, a pilot study has been taking place in Shropshire to assess how technology can help farmers pre-empt risks from flooding and drought. Scientists have even developed an app to give landowners a better idea of what they might face.

Presented by Anna Hill and produced by Sally Challoner.

TUE 06:00 Today (m002yb9y)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 Ancient Lives with Mary Beard (m002ybb0)

Being Greek

Star of Stage and Temple

It took quite an effort for a woman to capture attention in Ancient Greece. You could be a beautiful goddess or a savage monster but high profile career options for flesh and blood women were rather thin on the ground. So why has the name of Myrrhine survived for two and a half thousand years?

We can find her name inscribed on a gravestone in the dusty corridors of the Epigraphic Museum in Athens, painted alongside the gods on an enormous funeral vase in the National Archaeology Museum. And she appears as the most cunning of the Greek wives withholding sex from their desperate husbands in the Lysistrata- the best known and most performed of the Ancient Greek comedies.

So who was Myrrhine, how did she achieve her contemporary fame and why does she still speak to us from the stage today? Mary's search takes her from the back streets of Athens to the peak of the Acropolis.

Producer: Alasdair Cross

Researcher: Anna Charalambou

Actors: Robert Wilfort as Cinesias and Laura Dos Santos as Myrrhine

Expert contributors: Nikolaos Papazarkades of the University of California, Berkeley, Nick Lowe from Royal Holloway University of London, Tulsi Parikh of the British School at Athens and Andronike Makres of the University of the Peloponnese

Special thanks to the British School at Athens, the Hellenic Ministry of Culture, the Epigraphic Museum of Athens and the National Archaeological Museum, Athens

TUE 09:30 All in the Mind (m002ybb2)

Can you change your personality?

Are you an extrovert or an introvert? A type A or a type B? Or maybe you don't care about the categories but you would like to be less shy or more organised? Claudia Hammond and her panel of experts discuss personality in front of a live audience at Cheltenham Science Festival.

Professor Kathryn Paige Harden from the University of Texas at Austin discusses how much of our personality is down to our genes and how much is down to environment. And she explains why children can end up with such different personalities from their siblings and parents despite sharing so many genes.

Professor Anu Realo from the University of Warwick describes how important personality is for wellbeing and health, and how cultural differences in personality traits are not as pronounced as we might think.

And Professor Vincent Deary from Northumbria University has spent many years running a clinic for people who are chronically ill and who can sometimes find that their illness changes who they are. He makes the case for working to accept ourselves as we are before we think about changing.

Producer: Lorna Stewart

Content Editor: Ian Goodman

Technical Producers: Emma Harth & Gayl Gordon

Production Coordinator: Jana Holesworth

TUE 10:00 Woman's Hour (m002ybb4)

National Maternity Investigation, Budget-friendly school holidays, Wigs

As Baroness Amos releases her long-awaited National Maternity and Neonatal Investigation into maternity service failings in England, we discuss her key findings and what happens next. Presenter Nuala McGovern is joined by former MP and maternity campaigner Theo Clarke, Consultant in Obstetrics and Gynaecology Dr Karen Joash, and Legal Lead for the advocacy charity Birthrights, Laura Mullarkey. We'll also hear from MP and Maternity Advisor Michelle Welsh about the government's plan to appoint the UK's first Maternity and Neonatal Commissioner, one of Amos' eight key recommendations.

Summer holidays have already started for some in schools in Scotland and for many families across the UK it's set to be a challenging time juggling finances, time off work and childcare. Marketing expert Catherine Shuttleworth shares her top tips on how to survive financially whilst also trying to have fun and create those lifelong memories.

Despite the male-dominated history of the internet's development, women and sex workers have been pioneering online culture since long before the social media platforms we know today existed. For artist and UCLA professor Mindy Seu, this is at the heart of her work, and on the London leg of a global lecture tour, she joins Nuala in the studio to discuss an alternative history of the internet.

Glamorous, fashion-forward, fun – wigs are having a moment, with celebrities leading the way and sales up by 10%. But should you go for something flamboyant, or a more natural style? Guardian journalist Leah Harper tried a different wig every day for a week. She joins us to share her experience along with Melanie Burrell, who owns a wig company in Glasgow, to discuss what might be driving this rise in sales.

Presented by: Nuala McGovern

Produced by: Sarah Jane Griffiths

TUE 11:00 Add to Playlist (m002y257)

Tom Seals and Debbie Wiseman slap that bass

Wolf Hall composer Debbie Wiseman and boogie-woogie pianist and singer Tom Seals are Jeffrey and Anna's final guests of the current series as they add the final five tracks, taking

them from a Prince classic via the First Lady of Song to Bob Geldof's ticking clock and a Punjabi bhangra megahit.

Add to Playlist will be back on air on 14 August.

For details of the Crossed Wires podcast festival in Sheffield and for free tickets for the recording of Add to Playlist and other Radio 4 shows, visit <https://crossedwires.live/fringe>

Producer Jerome Weatherald

Presented with musical direction by Jeffrey Boakye and Anna Phoebe

The five tracks in this week's playlist:

When Doves Cry by Prince
Slap That Bass by Ella Fitzgerald
La Valse by Maurice Ravel
Like Clockwork by The Boomtown Rats
Mundian To Bach Ke by Panjabi MC

Other music in this episode:

West End Girls by Pet Shop Boys
Billie Jean by Michael Jackson
Africa by Toto
In the Air Tonight by Phil Collins
L'Enfant et les Sortilèges by Maurice Ravel
Time by Pink Floyd
Hung Up by Madonna
Knight Rider theme by Stu Phillips & Glen A. Larson
Turn It Up/Fire It Up by Busta Rhymes

TUE 11:45 Mr Jefferson's Library (m002ybb6)

Law

Thomas Jefferson was not so much a bibliophile as a bibliomaniac of the first rank. He read books, copied them out and annotated them. So much of his reading was distilled into the Declaration of Independence.

Jefferson ultimately accumulated 6000 volumes during his life. They form the basis of America's Library of Congress in Washington DC. Michael Goldfarb visits the Library of Congress and Jefferson's home at Monticello in Virginia to tell the story of how Jefferson's reading shaped the American Revolution and the beginnings of American history, along the way he tells the story of why and how British America decided to declare its independence.

Episode 2: Law - the story of Jefferson's training as a philosophical lawyer and the Anglo-Saxon legal roots of his world view.

Presenter: Michael Goldfarb

Producer: Julia Hayball

Sound design: Chris Maclean

A Certain Height production for BBC Radio 4

TUE 12:00 News Summary (m002ybb9)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m002ybbe)

Call You and Yours: Have you been caught out by a fake website?

Have you been caught out by a fake website?

New research from National Trading Standards suggests that 6.4 million people in the UK have lost money after clicking on a fake online advert, while scammers are increasingly using AI to create convincing websites, reviews and online shops that can be difficult to distinguish from the real thing.

From holiday bookings and online shopping to counterfeit medicines and cloned business websites, fraudsters are finding ever more sophisticated ways to trick consumers into handing over money and personal information.

Have you fallen victim to a fake website? What happened? Did you get your money back? Or have online scams changed the way you shop online?

Joining us throughout the programme will be Lisa Webb, Consumer Law Expert at Which?, and Kevin Curran, Professor of Cyber Security at Ulster University and an expert on online safety.

You can call us from **11am** on 03700 100 444.

Or email us at youandyours@bbc.co.uk

PRESENTER: Winifred Robinson
PRODUCER: Linda Walker
ASSISTANT PRODUCER: George Baylis

TUE 12:57 Weather (m002ybbf)

The latest weather forecast

TUE 13:00 World at One (m002ybbh)

Starmer delivers his long-awaited defence plan

Sir Keir Starmer has announced his defence investment plan, with £15bn of extra spending funded in part through cuts to energy and road projects. We ask a NATO defence minister if Britain still needs to do more.

As Andy Burnham prepares for power, we hear from one of his closest political allies - Liverpool City Region mayor Steve Rotherham - about their grand plan to shift power out of Whitehall.

Yet another report has sharply criticised NHS maternity services. We speak to the senior midwife who wrote the last one, Donna Ockenden.

TUE 13:45 Understand (m002ybbk)

Ten Fights That Made the Green Movement

2. The Greenpeace

Somewhere in the North Pacific, 1971. A ragbag crew of environmentalist hippies sets sail on a rickety fishing boat in a last ditch effort to stop a nuclear weapons test. Their tumultuous voyage would birth the modern green movement. The men on board wanted to save the world, but spent much of their time at each other's throats.

Presenter: Justin Rowlett
Producer: Rachel Naylor
Series Producer: Ellie House
Editor: Matt Willis
Sound Design and Mix: James Beard
Production Coordinators: Maria Ogundele, Brenda Brown, Sabine Schereck
Commissioning Editor: Dan Clarke

Archive:
Irving Stowe announcing Greenpeace concert, provided by Robert Stowe
'The birth of Greenpeace', CBC Radio Canada, 11/10/1971
Argument on Greenpeace boat, AM925, City of Vancouver Archives

TUE 14:00 The Archers (m002ybbn)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Our Friends in the North (m00174dq)

Episode 6: 1979

Peter Flannery once famously said of Our Friends in the North, "I've always said it's just a posh soap opera - but it's a posh soap opera with something to say."

Ambitious in scale and scope, the drama chronicles the lives of four friends over three decades beginning in the 1960s. The series tackles corporate, political and police corruption in the 1960s, the rise and fall of the Soho porn empires in the 1970s, the nouveau riche and the Miners' Strike of the 1980s and the rise of New Labour in the 1990s. Some of the stories are directly based on the real-life controversies involving T. Dan Smith and John Poulson in Newcastle during the 60s and 70s.

In episode 6, it's 1979. Mary and Tosker are going off holding it together for the kids, their son Anthony is barehopping the rails thanks to Georgie's influence, and Nicky is trying to get selected as a candidate for the Labour Party. But the Tories are breaching the red wall.

Cast
Mary: Norah Lopez Holden
Tosker: Philip Correia
Geordie: Luke MacGregor
Nicky / young Anthony: James Baxter
Alison / Elaine: Eve Shotton
Commissioner Jellicoe: Darren Kuppan
Florrie / Claudia Seabrook: Tracey Wilkinson
Felix: Trevor Fox
Roy Johnson / Benny Barratt : Tony Hirst
Eddie Wells: James Gaddas
Assistant Commissioner Fieldson: Des Yankson
Colin Butler: Tom Goodman-Hill

Writer: Peter Flannery
Studio Engineer: Paul Clark
Sound Design: Tony Churnside and Eloise Whitmore
Trainee Production Co-ordinator: Emma O'Mahoney
Producer: Melanie Harris
Executive Producer: Jeremy Mortimer

A Sparklab production for BBC Radio 4

TUE 15:00 Lady Killers with Lucy Worsley (m002xt5c)

Lady on Trial

Annie Kenney - Suffragette

Lucy Worsley is back with a new series of Lady on Trial, where courtroom drama meets history - with a twist.

Lucy and her team of all female detectives travel back more than a hundred years to meet women hauled before the courts for crimes ranging from murder, adultery, and bigamy, to the shocking offense of not knowing their place.

In this episode Lucy is investigating suffragette Annie Kenney. Born in 1879 near Oldham into a large, working-class weaving family, Annie works in a mill from a young age. But everything changes when she hears Christabel Pankhurst speak for votes for women in 1905. She quickly becomes involved in the campaign, giving rousing speeches and encouraging women to smash windows. Constantly in and out of prison, Annie endures hunger strike and is one of the first women released under the infamous Cat and Mouse Act.

With Lucy to explore Annie Kenney's story is barrister Jennifer Robinson, author of *Silenced Women: Why the Law Fails Women and How to Fight Back*. Jennifer gives us insight into how Annie's actions might be interpreted today, and how they have directly impacted current protest laws.

Lucy is also joined by historian and author Dr Lyndsey Jenkins, who wrote a book on Annie Kenney, *Sisters and Sisterhood: The Kenney Family, Class and Suffrage*.

Lucy wants to know how effective the suffragette movement was in gaining women the vote. What did militancy achieve? And in today's tumultuous landscape, is our right to vote more fragile than we think?

Producer: Hannah Fisher
Readers: Clare Corbett, Jonathan Keeble and Ruth Sillers
Historical consultant: Dr Lyndsey Jenkins
Head of Production: Claire Myers
Sound design: Chris Maclean
Senior producer: Julia Hayball
Executive producer: Kirsty Hunter

A StoryHunter production for BBC Radio 4.

TUE 15:30 Thinking Allowed (m002ybbq)

Charity Shops and Pocket Money

What does it really mean to give something away - or to buy something second-hand? And what, in the process, are we choosing not to see?

Laurie Taylor talks to Gaby Harris, Sociologist and Lecturer in Fashion Cultures at Manchester Metropolitan University, about her research on teenage girls and pocket money. Drawing on interviews with 15-17-year-olds, she shows that "pocket money" is far from simple. From parental allowances to part-time work and reselling clothes: how is money negotiated within families, shaped by rules, expectations and inequalities, and how do young people use it to carve out autonomy in their social lives?

Triona Fitton, Senior Lecturer in Sociology from the University of Kent, asks questions about charity shops and second-hand consumption. Drawing on research inside charity shops, Triona explores the tension between charitable ideals and commercial pressures, describing a "quiet economy" of hidden labour and everyday decision-making. While donating or buying second-hand can feel virtuous, she argues that this can obscure a more complex global system where large quantities of our second hand goods are dumped or burned, with environmental and social consequences.

Producer: Natalia Fernandez
Series Editor: Robyn Read

TUE 16:00 Poetry Please (m002ybb5)

Celebrating Brian Patten

Roger celebrates his fellow Mersey Poet Brian Patten, who died in September. With Lemn Sissay in studio, abetted by other friends and fans including Stephen McGann and Salena Godden.

Produced for BBC Audio Bristol by Sally Heaven.

TUE 16:30 What's Up Docs? (m002yrcy)

What are your heart palpitations telling you?

Welcome to What's Up Docs?, the podcast where doctors and identical twins Chris and Xand van Tulleken explore the ideas shaping our health and wellbeing.

In this episode, they turn their attention to heart palpitations.

That sudden flutter, skipped beat or racing heart can feel alarming, but what's actually going on, and when should you be concerned?

They break down what palpitations are, what causes them, and what's happening in the heart when you feel them. From everyday triggers like stress and caffeine to more serious rhythm problems, they explore the full spectrum, from completely normal to potentially dangerous.

They also look at how doctors investigate palpitations, the warning signs not to ignore, and what to do if you're worried.

To help them unpack it all, they're joined by Dr Pranev Sharma, Consultant Cardiologist at Midland Metropolitan Hospital in Birmingham.

If you want to get in touch, you can email us at whatsupdocs@bbc.co.uk or WhatsApp us on 08000 665 123.

Presenters: Drs Chris and Xand van Tulleken
Guest: Dr Pranev Sharma
Producer: Maia Miller-Lewis
Executive Producer: Rami Tzabar
Editor: Jo Rowntree
Researcher: Grace Revill
Tech Lead: Reuben Huxtable
Social Media: Leon Gower
Digital Lead: Richard Berry
Composer: Phoebe McFarlane
Sound Design: Melvin Rickarby

At the BBC:

Assistant Commissioner: Greg Smith
Commissioning Editor: Rhian Roberts

A Loftus Media production for BBC Radio 4

TUE 17:00 PM (m002ybbx)

Government outlines Defence Investment Plan

Jonny Dymond presents full coverage of the day's news:

Extra £15 billion in funds announced but opposition says plans are 'too little, too late'. We speak to Labour's Chair of the Defence Select Committee. Plus, we hear from Washington as President Trump loses his Supreme Court battle to end birthright citizenship. And, with tickets to see the Bayeux Tapestry at the British Museum about to go on sale, we'll run you through how to make the most of a visit.

TUE 18:00 Six O'Clock News (m002ybbz)

Sir Keir Starmer announces an extra 15 billion pounds of military spending

The outgoing Prime Minister has hailed what he called "a generational transformation of our armed forces," after the government published its delayed Defence Investment Plan. Also: The US Supreme Court has struck down President Trump's attempt to end automatic citizenship for babies born in the US. And Shetland backs a plan to dig undersea tunnels between islands.

TUE 18:30 Meet David Sedaris (m001jcb3)

Series 9

1. Happy Go Lucky

"If something is in Esquire and you don't like it, it might be a bad essay. If something is in the New Yorker and you don't like it – there's something wrong with you!"

In the first episode of this series, David reads from *Happy Go Lucky* – the latest comic essay about his turbulent relationship with his father, Lou, aged 98. The story opens at Springmoor, the assisted living facility where Sedaris senior is seeing out his final days and where his cognitive impairment seems to have turned him from a monster into a pussycat.

Also in this show – some extracts from David's hilarious diary, which he's kept for over 40 years and which reveals some of his darkest and cheekiest thoughts – including the magical marketing of a town called Uranus.

Producer: Steve Doherty
A Giddy Goat production for BBC Radio 4

TUE 19:00 The Archers (m002ybc1)

At the Showground, Lottie returns Chris's phone after last night, and they agree they need a proper date, not a 'booty call'. Chris gets a message from Harrison who's due home in a couple of weeks, and wonders about living arrangements for himself and Martha. Chris is called away by David to the equestrian ring – the ground's looking too hard to compete on.

Discussing the Borchester Show media plan, Amber wonders about some gaps. David insists all will become clear. He also advises getting some content from the Rural Crime Team. George sympathises about the recent attack on the sheep, and mentions Ed can't show his Texel sheep due to Brian - Keira isn't keen to step into the spotlight.

Amber's dad, Bill, shows up looking for David. Bill has a stand at the Show and parks up his impressive prop 4x4 vehicle. Amber's taken aback to learn about the 'Platinum' package Bill is getting, and that she'll be writing up a piece on him for the Echo. George sheepishly explains his recent chat with Amber's mum. Amber's concerned about her parents lordling the Platinum deal over her. Bill has another surprise for them – a baby shower gift in the form of a cot with plush features. Amber protests that they have the Grundy cot. George tries to mediate, offering his gratitude. But Amber feels put on the backfoot by her parents. She just wants the show done and her parents out of their lives. To help, George insists he'll do the agreed interview with Bill.

TUE 19:15 Front Row (m002ybc3)

Dave Eggers on his new novel Contrapposto and Supergirl director Craig Gillespie

Author of A Heartbreaking Work of Staggering Genius, and The Circle, Dave Eggers is back with a new novel about a young aspiring artist. Contrapposto follows Cricket, an insular smalltown boy, enchanted by drawing, as well as an older girl, and in part draws on Eggers' own experiences of the art world. Visiting the UK for the first time in over a decade, he speaks to Samira Ahmed in a rare interview.

As an officially licensed AI Michael Caine narrated audiobook The Odyssey has recently been released. Media and AI lawyer Kelsey Farish and Guardian Film Editor Catherine Shoard discuss why a number of high profile actors, or their estates, have signed up to have their images and voices cloned for use by AI and what it means for the future of the industry.

Jamir Nazir has won this year's Commonwealth Short Story Prize. Called The Serpent in the Grove, he explains how his childhood observations of rural life in his native Trinidad inspired the story, and describes the impact of winning on him and his family.

Craig Gillespie talks about his new film Supergirl, a space adventure starring The House of Dragon actress Milly Alcock as Superman's mighty cousin. The I, Tonya and Cruella director reveals how this movies was inspired by the western True Grit and why he wanted to make the last daughter of Krypton a more complex and flawed character than has been shown on screen before.

Presenter: Samira Ahmed
Producer: Andrea Kidd

TUE 20:00 File on 4 Investigates (m002ybc5)

Strict schools: Taking discipline too far?

File on 4 Investigates concerns about how some strict discipline measures are being implemented in schools across England.

We discovered students internally excluded for around 20% of their lesson time, and some much longer. The Outwood Grange Academy in Wakefield put one pupil in an isolation booth for more than half of the academic year.

We hear from a mother in Devon whose son Taylor took his own life, weeks after he'd expressed his frustration at what he saw as his school, Ivybridge Community College's punitive and illogical rules.

Presenter: Jane Deith
Producer: Anna Meisel
Production Co-ordinators: Tim Fernley & Tom Dunster
Technical Producer: Cameron Ward
Editor: Tara McDermott

This programme contains reference to suicide and self harm.

If you've been affected by some of the issues raised in this programme you can find out more about organisations that can help by going to www.bbc.co.uk/actionline.

TUE 20:40 In Touch (m002ybc7)

Cooking: Tips and Tricks

Whether you are a confident cook or complete novice, In Touch provides tips on how to navigate the kitchen with a visual impairment. We have gathered a panel of blind and partially sighted people with an interest in cooking and who have a range of experience, levels of vision and kitchen set ups, to provide their tips, tricks and work-arounds.

Presenter: Peter White

Producer: Beth Hemmings

Production Coordinator: Kim Agostino

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word 'radio' in a bold white font, with the number 4 inside of a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

TUE 21:00 Word of Mouth (m002ybc9)

Fairy Tales

Michael Rosen talks to anthropologist Jamie Tehrani about how fairy tales travel the world, ever changing and evolving. He's traced their transmission across oral traditions: the kinds of plots, characters and motifs that endure. From the Iranian Prince Zal to Little Red Riding Hood's compelling Chinese cousin: The Tiger Grandmother.

Jamie Tehrani is Professor in the Department of Anthropology at Durham University.

Produced for BBC Audio Bristol by Beth O'Dea, in partnership with the Open University

Subscribe to the Word of Mouth podcast and never miss an episode: <https://www.bbc.co.uk/sounds/brand/b006qtnz>

TUE 21:30 Artworks (m002yjmj)

Fairy Tales: The Stories That Shape Us

Recorded at the Hay Festival, Dr Sian Williams talks to mythologist, writer and oral storyteller Dr Martin Shaw, who has spent three decades working at the intersection of fairy tale, myth and lived experience. The author of Courting the Wild Twin and Liturgies of the Wild, Martin makes the case for the fairy tale as one of life's secret weapons. And why in an age of turmoil and disinformation, they might provide a route to truth.

Produced by Emma Harding, BBC Audio Wales

TUE 22:00 The World Tonight (m002ybce)

Supreme Court rejects Trump plan to end birthright citizenship

The US Supreme Court has ruled that President Trump's attempt to remove the automatic right to citizenship for everyone born on US soil is unconstitutional. The court, despite having a conservative majority shaped by Trump, overturned the president's executive order by five votes to four.

Also on tonight's programme: the government publishes the long-awaited Defence Investment Plan, but critics say not all of its spending is accounted for; and a collaboration between legendary Indian singer Asha Bhosle and the British band Gorillaz.

TUE 22:45 Once Upon a Time... (m002ybcf)

Kakapos by Jo Lloyd

Muriel has an aversion to thinking. So she pays no attention when the news reports that, everywhere, portals are opening up to the below world. That is, until she falls into one.

Jo Lloyd reimagines Rip Van Winkle to a contemporary world.

This series of modern fairy tales reinvented by leading writers has been specially commissioned to celebrate a major new exhibition at The British Library dedicated to fairy tales, as well as the National Year of Reading.

Read by Yasemin Özdemir
Produced by Fay Lomas
Mixed by Catherine Robinson

TUE 23:00 Illuminated (m002y90g)

[Repeat of broadcast at 19:15 on Sunday]

TUE 23:30 Today in Parliament (m002ybcj)

Alicia McCarthy reports as MPs grill the government on the much-delayed Defence Investment Plan.

WEDNESDAY 01 JULY 2026

WED 00:00 Midnight News (m002ybc1)

National and international news from BBC Radio 4

WED 00:30 Mr Jefferson's Library (m002ybb6)

[Repeat of broadcast at 11:45 on Tuesday]

WED 00:48 Shipping Forecast (m002ybcn)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m002ybcq)

BBC Radio 4 joins the BBC World Service.

WED 05:00 News Summary (m002ybc5)

National and international news from BBC Radio 4

WED 05:04 Yesterday in Parliament (m002ybcv)

Susan Hulme reports as the long-awaited defence investment plan is published - but opposition parties say it's too little, too late.

WED 05:34 Shipping Forecast (m002ybcx)

The latest weather reports and forecasts for UK shipping.

WED 05:43 Prayer for the Day (m002ybcz)

Prayers from the Hymnal: It Is Well with My Soul

Prayer for the Day presented by Julia Loveless, worship leader & singer-songwriter.

Good morning. Horatio Spafford endured many tragedies in his life. One of the most significant, perhaps, was the loss of his four daughters who travelled ahead of him to England with his wife, Anna. After colliding with another sea vessel, the ship sank and all four girls were lost leaving Anna to send the now famous, tragic telegram "saved alone". Hurrying to follow and be with his grieving wife, Spafford made the same crossing across the Atlantic. When they neared the place where their ship had sunk, the captain quietly made him aware they were passing over the place his daughters has been lost. And in that moment of horrendous, unreconcilable grief, his response was to start writing the hymn "It is well with my soul". It is difficult to comprehend such faith in the face of such suffering. And yet perhaps that is precisely why this hymn has endured for generations. It does not pretend life is easy, nor does it deny the reality of sorrow. Instead, it speaks of a hope deeper than circumstance; a peace rooted not in the absence of pain, but in the presence of God through it. Yet again, then, we are forced to recognise the sheer power of hope placed somewhere beyond the chaos of this world. That in the face of such tragedy and chaos, eternal hope in Christ is the best weapon we have. So that in every season that life may throw at us, we are left with a hope that endures. "When peace like a river attendeth my way, when sorrows like sea billows roll, whatever my lot thou hast taught me to know, it is well, it is well with my soul." Amen.

WED 05:45 Farming Today (m002ybd1)

A new code of practice for the controlled burning of moorland in Scotland, which was due to be published on 1st July is being delayed, amid protests from gamekeepers that it won't work. Muirburn, as the controlled burning is known, is used by many gamekeepers to manage sensitive moorland to enable habitat for grouse, for shooting on many estates. Gamekeepers say it also reduces the vegetative load, which helps prevent wildfires. The Muirburn Code has been drawn up after months of work with stakeholders, including gamekeepers and conservationists. The document's been overseen by NatureScot, Scotland's national environment agency, but The Scottish Gamekeepers Association says the draft code falls short

Very little rain, very high temperatures and a lot of sunshine means some farmers have started one of the earliest harvests many can remember - and the grain is so dry some farmers are talking about re-wetting it when it comes out of storage.

All week we're talking about the most important part of growing anything - the soil. One way to improve it is to grow another shorter plant among the main cash crop, to keep the soil covered. We visit a farm in Northamptonshire which has been running extensive trials to see how inter cropping could benefit the soil.

Presenter = Anna Hill
Producer = Rebecca Rooney

WED 06:00 Today (m002ybcn)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 08:57 DEC Venezuela Earthquake Appeal (m002z03b)

Claudia Hammond presents the DEC Venezuela Earthquake Appeal.

To give:
You can call: 0370 60 60 900 (Standard geographic charges from landlines and mobiles will apply)

Online: at dec.org.uk

Post: Write a cheque and make it payable to DEC Venezuela Earthquake Appeal
And post it to DEC Venezuela Earthquake Appeal, PO Box 999, London, EC3A 3AA

WED 09:00 More or Less (m002ybnf)

Examining the numbers behind Andy Burnham's 'Manchester Miracle'

Tim Harford investigates some of the numbers in the news. This week:

(00:23) Andy Burnham may not be Prime Minister yet, but he's setting out his economic agenda, and its based on his old stomping ground, Greater Manchester. We ask whether the official figures that seem to show an economic miracle can be fully believed, and how much credit he deserves.

(10:09) As our towns and cities get hotter, would turning to air conditioning really drive outside temperatures up by 10 to 12 degrees celsius? We learn about the fascinating world of 'urban heat islands'.

(15:40) We turn to homophones in an attempt to continue a running joke. This week, we follow six items about Wales with an item about whales - are our cetacean friends the carbon sinks of our dreams? Will we ever write a stranger paragraph?

(22:10) Cult director and maths fanboy Werner Herzog has been waxing lyrical about the intriguing mysteries of prime numbers. Tim cracks out a surprisingly decent impression and we learn about one of the most inscrutable problems in mathematics - what's not to like?

More or Less is the programme that looks at numbers and statistics in news and in life. We're always looking for questions from listeners - you can contact us on moreorless@bbc.co.uk.

Guests:

Paul Swinney - Chief Economist at The Data City
Liam Sides - Associate Director at Oxford Economics
Dimple Rana - Heat Resilience Leader at Arup
Sue Grimmond - Professor of Meteorology, University of Reading
Dr Olaf Meynecke - Marine Ecologist, Griffith University
James Grime - Mathematician and star of YouTube channel Numberphile

Special Guest Appearance:

The Voice of Werner Herzog

Presenter: Tim Harford
Series Producer: Tom Colls
Reporter: Nathan Gower
Producers: Josh McMinn, Lizzy McNeill
Editor: Richard Vaden
Programme Coordinator: Brenda Brown
Sound Engineer: James Beard

WED 09:30 Shadow World (m002x6dh)

Stolen Years

1. Contaminated Memories

How can a victim of a traumatic crime appear to be so sure, yet so wrong? In the first episode of Shadow World: Stolen Years we confront the eyewitness evidence that helped convict Andrew Malkinson in 2004.

As a new suspect faces trial over the 2003 rape, Andy meets another woman who made the same devastating mistake, offering him an answer to the question that has haunted him for years.

Shadow World: Gripping stories from the shadows - BBC investigations from across the UK.

Presenter and Producer: Jemma Gander
Series Producer and Editor: Fran Robertson
Assistant Editor: Christopher Whyte
Composer: Sholto
Sound design and mix: Chris Maclean
Executive Producer for Goldhawk: Kate Holland
Commissioning executive: Tracy Williams
Commissioning editor: Dan Clarke

A Two Step Films production in association with Goldhawk for Radio 4

WED 10:00 Woman's Hour (m002ybnh)

Child mental health services, Amanda Wakeley, murder of Annabel Rook

Before the potential Prime Minister has even taken up office, a draft letter has been written for Andy Burnham asking him to

appoint as many women as men in his government. It's from the Women's Parliamentary Labour Party and asks for change to address the toxicity and misogyny within the Labour party and government. Political correspondent Nick Eardley discusses the letter and its context with Chloe Tilley.

What happens when you're worried about your child's mental health, but help is months or even years away? A new report by the Children's Commissioner for England paints a stark picture of growing demand and long waits. Referrals have almost doubled since 2018, with more than a million children now in contact with services. Professor Jessica Deighton from the Anna Freud Centre discusses what it means for children and families. And Emma Kluibenschadl tells us how her 15 year old son took his life after being refused help for his mental health problems.

Amanda Wakeley OBE is a self-taught fashion designer. Her designs are much loved by the Royal Family and she's known for her timeless British womenswear. She joins Chloe today to discuss her new book, Style DNA, in which she encourages women to spend time reflecting on their autobiographical relationship with their clothes. In understanding how our lives shape how we dress, Amanda hopes to give women the tools to work out who they are so their style sits in harmony with their sense of self, and how they'd like to position themselves in the world.

Annabel Rook dedicated her life to supporting vulnerable women, yet her own life was violently taken by her partner. In June last year, at their home, Clifton George attacked her, attempting to strangle her before stabbing her 31 times after she had tried to end their relationship of more than ten years. He then caused an explosion at the property. Annabel co-founded MamaSuze, a creative grassroots arts organisation in North London to enhance the lives of women who have survived violence. Her co-founder, Catherine Milne, wrote a moving article about the death of her best friend, how she tried to support her, and the question of whether she could have done more. Her and Annabel's sister Sophie discuss Annabel's impact and what people can learn from their loss.

Presenter: Chloe Tilley
Producer: Melanie Abbott

WED 11:00 File on 4 Investigates (m002ybc5)

[Repeat of broadcast at 20:00 on Tuesday]

WED 11:40 This Week in History (m002ybnk)

June 29th to July 5th

Fascinating, surprising and eye-opening stories from the past, brought to life.

29th June 1613: The original Globe Theatre burns down mid-performance.

30th June 1967: Major Robert H. Lawrence, Jr. becomes the first African-American to be selected as an astronaut.

2nd July 1928: The 1928 Equal Franchise Act grants all women in the UK over the age of 21 the right to vote, and puts them on an equal footing with men.

WED 11:45 Mr Jefferson's Library (m002ybnm)

Enlightenment

Thomas Jefferson was not so much a bibliophile as a bibliomaniac of the first rank. He read books, copied them out and annotated them. So much of his reading was distilled into the Declaration of Independence.

Jefferson ultimately accumulated 6000 volumes during his life. They form the basis of America's Library of Congress in Washington DC. Michael Goldfarb visits the Library of Congress and Jefferson's home at Monticello in Virginia to tell the story of how Jefferson's reading shaped the American Revolution and the beginnings of American history, along the way he tells the story of why and how British America decided to declare its independence.

Episode 3: Enlightenment - Jefferson's deep reading of Enlightenment philosophers, particularly John Locke, and how their theories of Natural rights were put into practice by Jefferson and his fellow American revolutionaries.

Presenter: Michael Goldfarb
Producer: Julia Hayball
Sound design: Chris Maclean

A Certain Height production for BBC Radio 4

WED 12:00 News Summary (m002ybnp)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m002ybnr)

Energy Price Cap, Spam Texts, Buyers Remorse

The average annual energy bill will increase by £220 a year from today for a typical household as the new energy price cap comes into force. Fuel poverty campaigners say this hike represents the biggest summer bill rise for 4 years. We hear how it will impact households with Matthew Cole, CEO of the charity Fuel Bank, and we have advice for bill payers with Sabrina Hoque, energy expert at the price comparison site, Uswitch.

The Information Commissioners Office has told You and Yours that they're seeing a big increase in the number of spam text complaints. So what should you do if you're being bombarded by spam texts - and does reporting them to the free, universal spam-reporting number used by mobile network providers, 7726, lead to action against those responsible? Andy Curry Head of Investigations at the Information Commissioner's Office is on the programme.

And with renovation costs up, mortgages rates high, leasehold charges surging and doubts about location choices made during the pandemic, are we seeing the rise of the regretful home buyer? Surveys suggest that is the case - so what can you do to avoid 'buyers remorse' when it comes to buying a home? Journalist Katie Glass tells Winifred about regrets she's experienced since her escape to the country - and property expert and chair of the Home Buying and Selling Council, Kate Faulkner, has advice on how to make the best move you can.

PRESENTER: WINIFRED ROBINSON
PRODUCER: CATHERINE EARLAM

WED 12:57 Weather (m002ybnf)

The latest weather forecast

WED 13:00 World at One (m002ybnw)

Will the next Prime Minister have more money for defence?

Questions remain over military spending. Labour's Jake Richards, and James Cartledge from the Conservatives, have their say as part of our PMQs panel. John Foreman used to be Britain's defence attaché to Moscow and analyses the Russian threat.

Two police officers called to the scene of Henry Nowak's murder are under investigation for potential gross misconduct after they failed to give him immediate first aid and instead handcuffed him as he lay dying. We have a live report.

New data shows global ocean surface temperatures in June were the highest on record. Scientists at the EU's climate change monitor Copernicus found the temperatures beat those set in 2023 and 2024, and are well above the average from 1991 to 2010. Samantha Burgess is the Deputy Director of Copernicus and joins to explain.

And Victor Willis, a founding member and lead singer of the Village People, has died. We reflect on the band's huge crossover appeal and its legacy.

WED 13:45 Understand (m002ybny)

Ten Fights That Made the Green Movement

3. The Ecologist

It's the 1990s - and in a tiny office in Charing Cross, a group of big thinkers is publishing some radical ideas...and about to have a very public falling out.

This is the story of an influential green magazine and the man who created it: Teddy Goldsmith. He believed the cause was so grave it stood outside of left-right politics. Not everyone agreed.

Presenter: Justin Rowlett
Producer: Rachel Naylor
Series Producer: Ellie House
Editor: Matt Willis
Sound Design and Mix: James Beard
Production Coordinators: Maria Ogundele, Brenda Brown, Sabine Schereck
Commissioning Editor: Dan Clarke

Archive:
Margaret Thatcher speech to the United Nations General Assembly, C-SPAN, 8/11/1989

WED 14:00 The Archers (m002ybc1)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama on 4 (m000yknk)

Keeping the Wolf Out

Red Pen

The return of Philip Palmer's crime drama set in communist Hungary during the 1960s. With the death of their nemesis, Tibor Farkas, life has been a lot quieter for the Lazars. All that ends when Bertalan is assigned a new boss and Franciska hears a senior officer from Romanian security is about to arrive at the Ministry.

Franciska Lazar Clare Corbett
Bertalan Lazar Leo Bill
József Szabados Joseph Ayre
Hadik Hasan Dixon
Károly Miklós Shaun Mason
Márton Kozma Simon Ludders
Réka Kozma Jane Slavin
Archivist Tony Turner

Directed by Toby Swift
Sound design by Caleb Knightley

WED 15:00 Money Box (m002ybp0)
Buying a flat: stepping stone or millstone?

Buying a flat used to be a stepping stone to owning a house – but has this all changed?

Research is telling us that the gap in price between flats and houses has hit a 30 year high. According to the property platform Zoopla, so far this this year two-thirds of one and two-bedroom flats listed for sale still haven't been sold.

The leasehold system in England is being blamed, in large part, for the declining popularity of flats. There are concerns about the length of leases and the maintenance and service charges often involved when owning a flat. The Government is in the process of introducing new measures to deal with some of these issues.

So today we're asking - what does buying a flat mean for your finances? Maybe you live in one and love it! Perhaps your children do? Or are you struggling to sell and feeling a bit flattened?

Presenter Felicity Hannah puts listeners' questions and concerns to an expert panel. Polly Gilbert is a director at the digital mortgage brokers Tembo, and Liam Spender is a trustee at the Leasehold Knowledge Partnership.

Presenter: Felicity Hannah
Producer: Craig Henderson
Editor: Jess Quayle
Senior News Editor: Sara Wadson

(First broadcast 3pm Wednesday 1st July, 2026)

WED 15:30 The Artificial Human (m002ybp2)
When will robots have their Chat GPT moment?

AI startups in New York are offering free home cleaning—as long as it's okay to have everything filmed in order to train robots. Aleks Krotoski and Kevin Fong ask: how far off is a ChatGPT moment for robotics?

Robots are nothing new, and online you'll find endless videos of cutting-edge machines doing everything from backflips to breakdancing. So with all the breakthroughs in other areas of AI, why aren't we seeing robots on our streets and in our homes?

We hear from Grace Shao in Hong Kong, who's been observing recent efforts in China to push the frontiers of robotics. While Subramanian Ramamoorthy, Professor of Robot Learning and Autonomy at the University of Edinburgh, explains just how complicated it is to get robots functioning in our messy human world—and why our expectations may need to be lowered, at least for now.

Presenters: Aleks Krotoski and Kevin Fong
Producer: Peter McManus
Sound: Laura Hay

WED 16:00 When It Hits the Fan (m002ybm0)
Just Answer the Question

Public life would be an awful lot easier if you never had to answer questions from pesky journalists.

Or would it?

This week, David Yelland and Farzana Baduel look at Andy Burnham's decision to not take questions as he launched his vision for Britain, should he become the next Prime Minister.

Pumping out your message on your own terms might sound like the PR dream - but the rapidly changing nature of comms in the

age of AI means if you try and bypass traditional media, your message might sink without trace.

On the extended edition on BBC Sounds, will they or won't they? Harry is due to visit the UK with Meghan and his children next week. The King had offered them a royal estate to stay at. But suddenly there's briefing and counter briefing and the whole trip is up in the air. If they do come, there are PR pitfalls for both sides at every turn.

Unlike Taylor Swift, whose PR seems pretty bulletproof. She's expected to get married this weekend - and she (and/or her PRs) are playing a blinder. Speculation and fan theory is running wild about the details and the venue. But as David and Farzana explain, there's a special kind of skill to this sort of rumour-mongering. Let's call it 'breadcrumbing'.

Producer: Duncan Middleton
Editor: Sarah Teasdale
Executive Producer: Eve Streeter
Music by Eclectic Sounds
A Raconteur Studios production for BBC Radio 4

WED 16:15 The Media Show (m002ybm3)
Jamie Murray, Sky ITV deal, Building a media business

Katie and Ros are joined by seven-time Grand Slam tennis champion Jamie Murray as he launches The Set, a Youtube channel, with his brother Andy. The co-host of The Tennis Podcast, Catherine Whitaker, reflects on the changing tennis media landscape.

Also on the programme, Deadline's Max Goldbart dissects Sky's plans to take over part of ITV. Lachlan Cartwright, founder of the media news site Breaker Media, reveals the challenges and opportunities of building an independent business after decades in legacy media.

Plus, we discuss the controversy around the Russian cartoon series Masha & The Bear. Since the programme was recorded, a spokesperson for the producers of Masha & the Bear, has been quoted in news coverage as saying "my client categorically rejects the false and defamatory suggestion that Masha and the Bear is associated with propaganda".

WED 17:00 PM (m002ybp4)
President Trump makes more than a billion dollars in crypto in first year back in office

President Trump discloses he made more than a billion dollars in crypto in first year back in the White House. His former press secretary Anthony Scaramucci reacts. Also on PM: Liverpool aims to become a spongier city, reducing the impact of rainfall run-off, Sir John Armit on the challenges facing would be PM Andy Burnham on getting investment in infrastructure. Richard Gere on his concerns about a new Chinese law promoting national unity and former Financial Times editor Lionel Barber on the new owner of the Telegraph and what it might mean.

WED 18:00 Six O'Clock News (m002ybp6)
Two police officers are being investigated over the arrest and handcuffing of Henry Nowak

Two police officers who arrested Henry Nowak after he was fatally stabbed in Southampton, are being investigated for potential gross misconduct. Also: President Trump has rejected claims of a conflict of interest after it emerged he made more than a billion dollars from cryptocurrency last year. And tributes are paid to the frontman of the Village People. Victor Willis, who's died at the age of 74.

WED 18:27 DEC Venezuela Earthquake Appeal (m002z03b)
[Repeat of broadcast at 08:57 today]

WED 18:30 Ivo Graham's Obsessions (m0023y0q)
Series 1

3. John Robins & Michelle De Swarte

Comedian and obsessive Ivo Graham welcomes 2 guests to share their biggest obsessions with him.

British Podcast Award-winning comedians John Robins and Michelle De Swarte join Ivo this week. John is obsessed with musical icon and prolific songwriter Frank Zappa, while Michelle spends more than she's willing to admit on skincare. Ivo also delves into the audience to find out what their proclivities are, and finally Ivo is joined by a Very Obsessed Person, or 'VOP'. This week, Paul Beckmann not only tells us of his love of Fortresses of the UK, but his wife, Katia also joins to explain just how deep the obsession goes.

Hosted by Ivo Graham
Featuring John Robins, Michelle De Swarte and Paul & Katia Beckmann

Written by Ivo Graham and Matthew Crosby

Additional Material by Ray Badran, Cody Dahler, Christina Riggs and Peter Tellouche

Recorded at the Marylebone Theatre by Duncan Hannant and Donald McDonald
Sound edited by Charlie Brandon-King
Production Coordinators: Katie Baum and Jodie Charman
Executive Producer: Pete Strauss

Produced by Gwyn Rhys Davies, a BBC Studios Audio production for Radio 4

An EcoAudio certified production
Show image: Matt Stronge

WED 19:00 The Archers (m002ybl7)

Kate treats Kirsty to a free massage at Spiritual Home, and as they talk about Kirsty's wellbeing, Kate mentions she can see Kirsty's pregnancy bump. The relaxed mood is somewhat soured by the smell of manure, which leads Kate into a rant about Brian. Losing her concentration, Kate becomes too forceful with Kirsty's foot massage, and Kirsty begs her to stop before she causes an injury! Over herbal tea, Kirsty listens as Kate worries about being the only sibling with a business connected to Brian. Kirsty suggests an escape plan. Kate seizes on this – she'll move Spiritual Home to the Rewilding site.

George struggles to get started with his interview with Bill, who offers to come back to it – they enjoy coffee and a chat, with Bill offering something stronger and drinking from a hip flask. George is staying off the booze, supporting Amber, and reckons that's the only way he's good at supporting. But Bill praises grafter George, before revealing a few things about himself. Bill apologises for how he and Anne Marie behaved towards George back in February, and says he deserves a clean slate. George levels with Bill about how things need to be between Amber and her parents, before Bill tries to persuade George about the benefits of the swish new cot they've got for them. Bill feels that as grandparents they should have an input, and this cot is what their grandchild needs.

WED 19:15 Front Row (m002ybp8)
Nobel Prize-winning author Kazuo Ishiguro on his passion for films featuring trains

The acclaimed novelist Kazuo Ishiguro talks about how he went about curating a season of films featuring trains for the BFI - from classics such as Shanghai Express by Josef von Sternberg and Sidney Lumet's Murder on the Orient Express to lesser known gems - and about how trains have inspired his own work - including songs, and his forthcoming novel, Miss Lambert Steps Aboard Danger.

Actresses Maureen Beattie and Tracy-Ann Oberman discuss why they've changed the gender of popular roles for stage productions which are opening soon - Lear at Pitlochry Festival Theatre which sees one of Shakespeare's greatest tragic figures portrayed as a matriarch in decline, and at the Theatre Royal Bath, Garry Essendine in Noel Coward's comedy about the perils of celebrity Present Laughter is now Gerri Essendine, an ageing actress desperately clinging on to her youthful beauty.

Author Stuart Cosgrove hails Village People frontman Victor Willis (whose death has just been announced) as one of the finest soul voices of his generation, whose talents were perhaps overlooked due to the novelty reputation which came to be associated with the group.

And Dr Sonke Prigge tells us why - and how - he has preserved the sound of the clattering mill, traditionally used in Germany to scare away birds from cherry orchards, for the British Library's sound archive.

Presenter: Kirsty Wark
Producer: Mark Crossan

WED 20:00 Moral Maze (m002ybpb)
Are America's founding ideals a reality or a myth?

In 1776, Thomas Jefferson wrote that all men are created equal, endowed with unalienable rights... life, liberty and the pursuit of happiness. During his lifetime Jefferson owned more than 620 slaves. As America marks 250 years since the Declaration, that contradiction is impossible to look past: a document of universal liberty, written by men who denied it to the women in their households, the people they enslaved, and the nations whose land they were settling.

One reading says this was hypocrisy - that "all men" never meant all men, that the rhetoric of equality was cover for the

interests of rich, white, Anglo-Saxon Protestants, and that the centuries of struggle since have been a slow correction of a lie dressed up as a promise. Another reading says something genuinely radical was set loose that day - a principle larger than its authors, one that would eventually demand Abolition, Enfranchisement and the end of Segregation, precisely because the words of the Declaration meant more than the men who put their names to it could envisage. On this account, the Founding Fathers endorsed an ideal and left their descendants to grow into it.

That same split runs through America today. The current presidency has departed from constitutional norms everyone had assumed were solid - over courts, elections, the press and the limits of executive power. One view says this is a crisis the Republic will survive: a serious one, but a blip in the two and a half centuries during which American institutions have weathered civil war, economic depression, and social upheaval, and during which the founding ideals have always held firm. The soul of America gets shaken, but it holds. The other view says the Republic was never held together by Constitutional Law - it was held together by a myth - a shared belief, perhaps deluded, that Americans would behave decently and that the norms would prevail. Once a leader has tested every one of those boundaries and paid no price, the myth shatters, and there is nothing to stop the next leader from going further. On this view, the current administration is a distorted reflection of what America truly is.

Chair: Michael Buerk

Panel: Giles Fraser, Carmody Grey, Matthew Taylor and Tim Stanley.

Witnesses: Richard Carwardine, Aziz Rana, Adam White and Claire Ainsley.

Producer: Dan Tierney

Assistant Producer: Pater Everett

Editor: Tim Pemberton

WED 21:00 Ancient Lives with Mary Beard (m002ybb0)
[Repeat of broadcast at 09:00 on Tuesday]

WED 21:30 All in the Mind (m002ybb2)
[Repeat of broadcast at 09:30 on Tuesday]

WED 22:00 The World Tonight (m002ybpq)
Kane's rescue act sends England into World Cup last 16

Harry Kane's two late goals against DR Congo spare England a humiliating exit from the tournament. We hear how the squad made it through to the last 16 after their match in Atlanta.

Also on the programme: Labour MP and former deputy prime minister Angela Rayner backs Andy Burnham's call for greater devolution of powers from Westminster. And Canada will take part in the Eurovision Song Contest for the first time in 2027 - we speak to a Canadian Eurovision superfan.

WED 22:45 Once Upon a Time... (m002ybpj)
The Three of Shoes by Frank Cottrell-Boyce

Frank Cottrell-Boyce reimagines the story of the Elves and the Shoemaker in a world of AI agents. Read by the author.

Linzi runs a shoe repair shop which suddenly gets a reputation for making the finest shoes. Orders for calf skin and dainite keep appearing in the evening, and beautifully crafted shoes materialise in the morning. How can this be happening?

It's all the fault of that bloke with a look of Bill Nighy, spreading the word. Or is it? Either way, Linzi is exhausted and her partner Paddy is running out of theories. But it seems that everything happens in threes.

Frank has won many awards for his work as a children's novelist, including the Carnegie Medal and the Guardian's Fiction Prize. He is a highly successful screenwriter, writer of the 2012 Olympics Ceremony with Danny Boyle and the current Children's Laureate.

This series of modern fairy tales reimagined by leading writers has been specially commissioned to celebrate a major new exhibition at The British Library dedicated to fairy tales, as well as the National Year of Reading.

Producer, Mary Ward-Lowery

WED 23:00 The Big Idea with Alistair Green (m002ybpq)
Series 1

Online comedy sensation Humphrey Jackson

Alistair sits down with creator of the viral sensation Cactus Man video series to try and understand the world of online comedy. Over the course of this in depth conversation Alistair gets to the

heart what it is Humphrey actually does, and how he actually does it. Along the way Humphrey provides real insight into his craft - from his super popular political satire videos, to securing brand deals, to the reasoning behind his huge upcoming standup tour 'Saying The Unsayable'.

The Big Idea with Alistair Green is brought to you by Are You Okay? Mental Health. Just don't worry.

Written and performed by Alistair Green.

Produced by Alex Burnard.

A Cup & Nuzzle production for BBC Radio 4.

WED 23:15 Damien Slash (m00154dx)
The Damien Slash Mixtape. Series 4

Episode 1

Multi-character YouTube star Damien Slash is back for a fourth round of zeitgeisty sketches in this new fast-paced, one-man sketch comedy show.

Surreal and satirical, this series sees the mafia update their diversity policy, Rick Stein's tours of the Motorways of Great Britain, and Boris Johnson and Keir Starmer face off in 'Fire in the Booth'.

Written by and starring Damien Slash (aka Daniel Barker)
Additional material by Tom Savage
Guest starring Natasia Demetriou.

Production Coordinator: Sarah Sharpe
Sound Editor: Rich Evans

Produced by Gwyn Rhys Davies. A BBC Studios production

WED 23:30 Today in Parliament (m002ybpv)
Mandy Baker reports on Sir Keir Starmer's penultimate Prime Minister's Questions - and more.

THURSDAY 02 JULY 2026

THU 00:00 Midnight News (m002ybpz)
National and international news from BBC Radio 4

THU 00:30 Mr Jefferson's Library (m002ybnm)
[Repeat of broadcast at 11:45 on Wednesday]

THU 00:48 Shipping Forecast (m002ybpq3)
The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes (m002ybpq7)
BBC Radio 4 joins the BBC World Service.

THU 05:00 News Summary (m002ybpq)
National and international news from BBC Radio 4

THU 05:04 Yesterday in Parliament (m002ybpq)
News, views and features on today's stories in Parliament

THU 05:34 Shipping Forecast (m002ybpqk)
The latest weather reports and forecasts for UK shipping.

THU 05:43 Prayer for the Day (m002ybpqm)
Radio 4's daily prayer and reflection

THU 05:45 Farming Today (m002ybpqp)
02/07/26 Groundswell Regenerative Agriculture 2026

Ten years of the regenerative farming festival Groundswell - we talk to farmers who were at the first event about how it's changed the way the farm.

Chris van Tulleken says farmers and doctors want the same thing, for people to want to buy more real, unprocessed food.

Presented by Charlotte Smith and produced by Beatrice Fenton.

THU 06:00 Today (m002ybpkg)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m002ybkj)

Seashells

Misha Glenny and guests discuss a familiar feature of our beaches: seashells, from their astonishing shapes and patterns that teach us about Earth's oceans, to the ways that humans have treasured shells throughout history. Seashells appear in the mythologies of countless cultures across the world - think of Botticelli's Venus emerging from a giant scallop shell, Vishnu's sacred horn panchajanya, or the Aztec god Quetzalcóatl's talisman cut from a conch shell. The urge to collect shells seems to be as old as our species. We've used them as decoration, currency, and musical instruments. But shells aren't just beautiful objects washed up on our beaches. Many belong to one of the most diverse groups of the animal kingdom, Mollusca, and the remarkable morphology of forms and structures they grow in offer insight into the past, present, and future of the marine world.

With

Suzanne Williams
Merit Researcher at the Natural History Museum

Liz Harper
Professor of Evolutionary Malacology in the Department of Earth Sciences and Fellow at Gonville and Caius College, University of Cambridge

Helen Scales
Marine biologist and Author.

Producer: Martha Owen

Reading list:

S. Peter Dance, Shells (DK, 2022)

A.R. Irwin, S.T. Williams, D.I. Speiser and N.W. Roberts, 'The marine gastropod Conomurex luhuanus (Strombidae) has high-resolution spatial vision and eyes with complex retinas' (Journal of Experimental Biology **225:16**, 2022)

Michael F. Land and Dan-Eric Nilsson, Animal Eyes (Oxford University Press, 2012)

Andrea Salvador, Interesting Shells (The Natural History Museum, 2022)

Helen Scales, Shell Day: A Story of 24 Hours and 24 Molluscan Lives (University of Chicago Press, 2026)

Helen Scales, The Shell Spotter's Guide (National Trust Books, 2024)

Helen Scales, What a Shell Can Tell: Where They Live, What They Eat, How They Move, and More (Phaidon Press, 2022)

Helen Scales, Spirals in Time: The Secret Life and Curious Afterlife of Seashells (Bloomsbury Sigma, 2015)

Paul D. Taylor, Fossils: The Essential Guide (University of Chicago Press, 2025)

Suzanne Williams, 'Molluscan shell colour' (Biological Reviews, 2017)

In Our Time is a BBC Studios production

Spanning history, religion, culture, science and philosophy, In Our Time from BBC Radio 4 is essential listening for the intellectually curious. In each episode, host Misha Glenny and expert guests explore the characters, events and discoveries that have shaped our world.

THU 09:45 Strong Message Here (m002ybkli)
Doing Politics Differently (with Phil Wang and Pierre Novellie)

This week, Phil Wang steps in for Armando, and is joined by comedian Pierre Novellie to discuss 'doing politics differently'.

Digging into the language of Burnham's speech, we examine what he means by 'place', and whether we will see an end to 'punch and judy politics'.

Elsewhere, we look at Badenoch's attack mode, America's 250th celebrations and why politicians struggle to p-p-p-pick a favourite biscuit.

Stay tuned to the end to hear from Armando, and find out what they 'Putin' the chicken over in Georgia.

Got a strong message for Armando? Email us at strongmessagehere@bbc.co.uk

Sound editing: Chris Maclean
Production Coordinator: Asha Osborne-Grinter
Executive Producer: James Robinson

Produced by Gwyn Rhys Davies. A BBC Studios production for Radio 4.

THU 10:00 Woman's Hour (m002ybkn)

Forced adoptions, Massage therapists, Menopause & heart problems, Financial investing

Today the Prime Minister is expected to apologise on behalf of the state for its role in historical forced adoptions. Thousands of unmarried women were pressured into giving up their babies in the 30 years after the Second World War. Krupa Padhy talks to two women who are keenly awaiting this apology - Zara who was adopted, but tracked down her birth mother when she was aged 23 and Susan whose baby was taken from her when she was 16.

A large multinational cohort study published in June provides important new evidence of the increased risk of cardiovascular events for women who have premature and early menopause, across ethnic groups. To discuss what this could mean for you, Krupa is joined by Dr Ellie Cannon, GP and author of *The Little Book of HRT*, and Professor Anne McGregor, menopause specialist and trainer at the British Menopause Society.

Some female massage therapists are refusing to take on any more male clients after being subject to sexually inappropriate behaviour. Krupa is joined by Maria Slowik-Capanni, a therapist and Ruth Duncan, Chair of the General Council for Manual Therapies with 26 years of experience in the industry. They discuss why the idea of regulating massage therapy is such a complex issue and what can be done to protect therapists in their workplace.

Money is broken for women, according to the founders of Female Invest, a subscription-based Danish financial education app. Their aim is to close the financial gender gap by educating women about investing and in their new book, *It's a Rich Man's World*, they explore the life events and systemic obstacles women face to build and hold onto wealth and what can be done to change things so women can thrive. Krupa speaks to Anna-Sophie Hartvigsen, one of the co-authors of the book.

Presenter: Krupa Padhy
Producer: Rebecca Myatt

THU 11:00 This Cultural Life (m002ybkq)

Tania Bruguera

Cuban performance and conceptual artist Tania Bruguera talks to John Wilson about her career and cultural influences. Her work explores freedom of speech, political oppression and social justice, often encouraging her audiences to become active participants in her performances, blurring the boundaries between art and viewer. Bruguera has exhibited at international museums including MOMA and the Guggenheim in New York, and at Tate Modern, where she made a major work for annual Turbine Hall commission. A new artwork of hers was in the inaugural exhibition at V&A East. Throughout her career in her homeland, Tania Bruguera has been repeatedly censored, arrested and detained by the Cuban authorities because of her political activism. She now lives in the US where she is senior lecturer at Harvard University.

Producer: Edwina Pitman

THU 11:45 Mr Jefferson's Library (m002ybks)

Science

Thomas Jefferson was not so much a bibliophile as a bibliomaniac of the first rank. He read books, copied them out and annotated them. So much of his reading was distilled into the Declaration of Independence.

Jefferson ultimately accumulated 6000 volumes during his life. They form the basis of America's Library of Congress in Washington DC. Michael Goldfarb visits the Library of Congress and Jefferson's home at Monticello in Virginia to tell the story of how Jefferson's reading shaped the American Revolution and the beginnings of American history, along the way he tells the story of why and how British America decided to declare its independence.

Episode 4: Science - How Jefferson's reading of Sir Francis Bacon and Sir Isaac Newton taught him the science must put to pragmatic political use.

Presenter: Michael Goldfarb
Producer: Julia Hayball
Sound design: Chris Maclean

A Certain Height production for BBC Radio 4

THU 12:00 News Summary (m002ybkv)

The latest national and international news from BBC Radio 4.

THU 12:04 The Bottom Line (m002ybkx)

The Costs and Benefits of Business Regulation

Few disagree we need business regulations to protect the rights of workers and consumers, ensure markets operate fairly and set standards for a whole host of industries. However, one thing some business owners get frustrated about is the amount of regulation they have to comply with. It's not just that we over-regulate, they also complain that we're slow to regulate too, causing unnecessary and expensive delays. Evan Davis explores the nature of the regulatory landscape in the UK and assesses whether we fairly weigh up the costs and benefits.

Presenter: Evan Davis
Producer: Sally Abrahams & Nick Holland
Sounds: Neil Churchill and Rod Farquhar
Production Coordinator: Katie Morrison
Editor: Sam Bonham

Guests:
John Fingleton: CEO of Fingleton Consultancy
Polly Dhaliwal: COO of Enterprise Nation
David Buttress: Co-Founder of Just Eat

THU 12:32 Sliced Bread (m002ybkz)

Sliced Bread - Series 17

Gut Microbiome Tests

Can a test tell you what's living inside your gut - and what to do about it?

That's what listener Pete Mace asked us, kicking off a brand new series of Sliced Bread! He's seen 'gut microbiome tests' advertised by ZOE, Radox Health and others. They promise to tell you about the bacteria - and other bugs - currently making your intestines their home. Many also claim they'll use this information to make personalised diet recommendations, showing you exactly what you should and shouldn't eat to nurture the right bugs and improve your health.

Pete wants to know: what can these tests really tell you? And can they really provide a diet tailored precisely to your personal wellbeing?

To find out more, presenter Greg Foot is joined by Dr Nick Ilott, Senior Researcher and lead Bioinformatician at the Oxford Centre for Microbiome Studies; and Dr Fred Warren, group leader at the Quadram Institute who researches how gut microbes interact with food.

All of our episodes start with YOUR suggestions. If you've seen an ad, trend or wonder product promising to make you happier, healthier or greener, email us at sliced.bread@bbc.co.uk OR send a voice note to our WhatsApp number, 07543 306807.

RESEARCHER: JULIA RAVEY
PRODUCERS: PHIL SANSOM AND GREG FOOT

THU 12:57 Weather (m002ybl1)

The latest weather forecast

THU 13:00 World at One (m002ybl3)

The prime minister apologises to victims of forced adoption

Tens of thousands of babies were given up by mothers who had no choice. Sir Keir Starmer says sorry on behalf of the British state. Not all of the stories are the same - we hear from someone who says that being adopted gave him opportunities and hope.

Also today, at least 18 have been killed in Russian strikes on Kyiv. Sarah Rainsford reports from the Ukrainian capital.

Morgan McSweeney - the Prime Minister's former closest advisor and Chief of Staff - gives a rare interview to the BBC, and shares memories of preparing for government, the winter fuel cut, and handling President Trump.

It's one of the greatest venues in world sport - and as England prepare for a showdown with Mexico at the intimidating Azteca Stadium, we speak to Peter Reid who played there for England in 1986 when they were defeated by Argentina and Maradona's infamous Hand of God.

And Evan and I discuss Andy Burnham's ideas for devolution for our weekly chat Figuring It Out.

THU 13:45 Understand (m002ybl5)

Ten Fights That Made the Green Movement

4. Terror

A pair of radical activists drives east, from the West Coast of the US to a quaint skiing town in Colorado. They've watched as local environmental groups tried - and failed - to prevent the expansion of a ski resort into pristine forest land. And they've had enough. Their plan? To burn the resort down.

This group will go on to be named the number one domestic terror threat in the United States. And the green movement is split about whether their actions went too far.

Presenter: Justin Rowlett
Series Producer: Ellie House
Editor: Matt Willis
Sound Design and Mix: James Beard
Production Coordinators: Maria Ogundele, Brenda Brown, Sabine Schreck
Commissioning Editor: Dan Clarke

THU 14:00 The Archers (m002ybl7)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (m002ybl9)

Missing Presumed Drowned

On 10 June 1940, Italians living in Britain received the news they had long feared. Ten months into the Second World War, Mussolini's Italy entered the conflict on the side of Hitler's Germany and declared war on Britain. Overnight, Italians across England, Scotland, Wales, and Northern Ireland were classified as enemy aliens.

In cities such as London, Leeds, Cardiff, and Glasgow, Italian shops, cafés, and restaurants were attacked, looted, and destroyed. The British Prime Minister, Winston Churchill, acted swiftly against what was perceived as a potential internal threat, issuing orders for the arrest without charge and detention without trial of Italian men across the country.

For thousands of first and second generation Italian men, this marked the beginning of years spent in internment camps in the Isle of Man, Canada, and Australia, lasting until the end of the war. For hundreds, it was the start of a chain of events that would lead to them being declared "missing, presumed drowned" after their transport ship, the *Arandora Star*, was torpedoed and sunk in the Atlantic Ocean on 2 July 1940 while en route to Canada.

The *Arandora Star*, a recently converted passenger liner, was carrying around 1300 foreign nationals away from the UK.

Missing Presumed Drowned brings to the listener the real voices of internees and their families who experienced the tragedy and its aftermath first-hand. These testimonies are heard for the first time since they were recorded a decade ago by Stefano Paolini, during research for his book of the same name.

The exact death toll from the *Arandora Star* was difficult to ascertain, with different government departments giving different figures, but at least 838 men perished in the disaster, among them the captain, 12 officers, 42 crewmen, 94 guards, 243 Germans and 446 Italians. Of the 446 Italians lost, most were men who called Britain home.

The drama follows the story through the experience of an Italian family living in London. As the father is arrested, the son - born in the UK - becomes part of the battalion responsible for enforcing his internment. Their journey continues aboard the *Arandora Star*, where the torpedo strike forces a reckoning that leads to both survival and reconciliation.

Meanwhile, the wives and mothers of these men, as was common at the time, received no communication about their fate - only the devastating notification that their loved ones were "missing, presumed drowned."

A key theme explores the complexities of being born in Britain to immigrant parents - the tension between assimilation and cultural identity, and the generational mistrust that can arise from differing relationships to heritage.

Ultimately, this is an immigrant's story asking the enduring question, how English can one ever truly be?

Italy is establishing a National Day of Remembrance on 11 October 2026 to honour the Italian victims of the *Arandora Star* tragedy. This will be a national day of commemoration with public events and ceremonies, rather than an official public holiday.

The Italian Parliament has been advancing this legislation to commemorate the 446 Italian citizens who died when the *Arandora Star* was torpedoed in 1940. The date, October 11, was specifically chosen as it marks the anniversary of the death in 2013 of Rando Bertoia, a Glasgow shopkeeper who was the last surviving Italian from the tragedy.

Missing Presumed Drowned
by Nicholas McNerny

Alfredo.....Vincenzo Nicoli
Roberto.....Enzo Benvenuti
Raffaella.....Eugenia Caruso

Producer/Director Marina Caldarone
Sound Design by David Thomas
Production Coordinators: Nina Semple and Dawn Williams

Based on the book "Missing Presumed Drowned" by Stefano Paolini

A Pier production for BBC Radio 4

THU 15:00 Ramblings (m002yblc)
In the Footsteps of Little Nell

Clare joins Alistair MacNichol for part of his long-distance walk from Holborn in London to Tong in Shropshire as he recreates the journey made by Little Nell and her grandfather from Charles Dickens's novel *The Old Curiosity Shop*. The 166-mile route has been meticulously researched by Alistair, who for many years has questioned whether this fictional adventure could ever be mapped onto real English landscapes.

Preparing for the walk has taken him deep into Dickens's world: re-examining the novel, studying nineteenth-century maps, and delving into many decades of Dickensian research. He has even carefully traced Dickens's own travels through the Midlands using the author's diary entries and letters.

Alistair hopes to complete the walk in eleven days. As a veteran of long-distance trail walking, including a 1,514-mile hike from Cape Cornwall to Cape Wrath, the challenge is well within his reach, although averaging a little under fifteen miles per day represents a considerable test.

Clare joins him for part of day six, walking from Wroxton in Oxfordshire to Warmington in Warwickshire, and asks how his twin passions for walking and the works of Charles Dickens have come together in this, his latest adventure.

Presenter: Clare Balding
Producer: Karen Gregor

THU 15:27 Radio 4 Appeal (m002y8ys)
[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Feedback (m002yblf)
News coverage of Andy Burnham. BBC Cuts. The Archers

Andrea Catherwood hears your comments on the cuts to BBC Radio 4 news programmes and talks to a former Radio commissioner about her experience of bringing in changes to Radio 4.

Also, our listeners share their views on the news coverage over the past few weeks as Keir Starmer announced his resignation as Prime Minister and Andy Burnham, the newly elected MP for Makerfield, arrived at London Euston station to a press pack.

And a recent distressing episode of a dog attack on sheep in The Archers has motivated listeners to get in touch.

A Whistledown Scotland production for BBC Radio 4

THU 16:00 The Briefing Room (m002yblh)
Iran: If the war is over...who won?

Two weeks ago a Memorandum of Understanding was signed between the Americans and the Iranians aiming at ending a bomb, missile-and-drone conflict that has lasted four months. Victory has been claimed by everyone and on behalf of everyone. So is the US/Israeli/Iranian war effectively over bar the seemingly inevitable bombast? If so did anyone win? On what terms? And where does it leave the rest of us?

Guests:

Shashank Joshi, The Economist's Washington bureau chief
Ali Vaez, Project Director, Iran at the Crisis Group in Washington DC
Suzanne Maloney, VP and director of the Foreign Policy programme at the Brookings Institution

Presenter: David Aaronovitch
Producers: Ben Carter and Kirsteen Knight
Editor: Richard Vadon
Sound engineer: Neil Churchill
Production co-ordinator: Siobhan Reed

THU 16:30 BBC Inside Science (w3ct977t)
How do you immortalise natural history?

During this year's visit to the Royal Society Summer Science Exhibition in London, Tom Whipple discovers how sea urchins are being used to develop techniques to digitally preserve natural history, why we haven't got robot butlers just yet, and what it takes to bottle lightning.

Plus, in his ongoing quest to assemble a World Cup squad of science Tom recruits health reporter James Gallagher to scout out the best football science from around the world. This week, we want to know if there is robust evidence for a home advantage.

We speak with Associate Professor of Cell & Developmental Biology Laura Porro from University College London, Dr Alice Leavey and Dr Fernando Alvares from the University of Southampton, Professor Ingmar Posner who leads the Applied Artificial Intelligence Lab at the University of Oxford and Dr Daniel Mitchard who is co-lead of Cardiff University's Lightning Laboratory.

Presenter: Tom Whipple
Producers: Katie Tomsett, Kate White & Tabby Taylor Buck
Editor: Martin Smith
Production Co-ordinator: Jana Bennett-Holesworth

THU 17:00 PM (m002yblm)
Full coverage of the day's news

THU 18:00 Six O'Clock News (m002yblp)
Court of Appeal rules that sentences handed to two teenagers for rape were unduly lenient

Two teenagers who avoided jail for raping two girls in Hampshire have been ordered to serve four years in detention after the Court of Appeal ruled their original sentences were unduly lenient. Also: The Prime Minister has apologised for the role of the British state in historical forced adoptions. And a man has been pulled alive from the rubble in Venezuela, more than a week after two powerful earthquakes hit the country.

THU 18:30 P.O.V. (m002yblr)
Series 2

S2 E3: Now, Wash Your Hands

This week in P.O.V. we hear a child breaking heartbreaking news to his parents, a very scientific palm-reading, and some advanced medical theories (for the 1600s).

Written and performed by Davina Bentley, Jake Bhardwaj, Kylie Brakeman, Nathan Caton, The Exploding Heads, Rachel Fairburn, Daniel Foxx, Matt Green, Farrel Hegarty, Kelechi Okafor, Elaine Owusu, Will Sebag-Montefiore, and Ed Night & Paddy Young.

Recorded at The Soundhouse Studios and Guilt Free Post, London; Maximum Fun, Los Angeles; and Oscillate Recordings, Manchester.

Sound design: Rich Evans at Synbox Post.

Producer: Ed Morrish
Executive producer: Lyndsay Fenner

A Lead Mojo production for BBC Radio 4

THU 19:00 The Archers (m002yblv)

With Martyn Gibson's water company links, Neil asks a favour of him to help David and Chris with the Show's equestrian situation. Neil shocks Martyn by revealing that Adam has left Home Farm, quickly realising Martyn didn't know, as Martyn storms over to see Brian. Martyn wants assurance that Home Farm will honour their contract for the Borchester Land harvest. Ed reassures Martyn and Brian props Ed up as his deputy, leaving Martyn to make a pointed comment about paying Ed a manager's salary, and Ed tentatively asking Brian about this. Brian puts him off and suggests a drink.

Neil's faux pas leads Susan to wonder about offering Adam work in the shop while Jim's away. They also discuss George and Amber falling out over the Gordons' posh cot, and Bert staying at Clive's. Neil thinks they need a city break, like Jim.

Lottie invites Neil and Susan to join her and Chris in the busy Bull, also offering Neil a way to avoid Martyn. She then includes Brian and Ed.

Privately, Martyn offers Chris some help with the Show, then finds Ed. Martyn wants Ed to effectively spy on Brian at Home Farm and report back to him. Ed's not keen, and Martyn offers a potential bribe in the form of a large tree surgery job. It appears Ed won't be bought though.

At their table, Lottie invites everyone's best idea for Pip and Stella's 'Lesbi-Hen' party. Susan wins the prize of a free dinner with her idea of a treasure hunt based on meaningful locations around the village.

THU 19:15 Front Row (m002ybyl)
Review Show: Penélope Cruz in *The Invite*, *Pride the Musical*

Tom Sutcliffe is joined by critics Bidisha and David Benedict to review:

The Invite, a new film directed by Olivia Wilde about two couples who join each other for dinner, starring Seth Rogan and Olivia Wilde as hosts and Edward Norton and Penélope Cruz as their guests.

Pride the Musical, created by the same team as the hit 2014 film, which tells the true story of a group of LGBT activists who support a Welsh mining community during the 1980's miners' strikes.

And the novel *Trouble Was* by Charlotte Edwardes which is told from the perspective of young schoolboy Frank whose family leaves their home to move in with their aunt in her farmhouse, during the 1976 heatwave.

Tom also talks to journalist William Lee Adams about the news that Canada is joining Eurovision.

Presenter: Tom Sutcliffe
Producer: Lucy Collingwood

THU 20:00 When It Hits the Fan (m002ybm0)
[Repeat of broadcast at 16:00 on Wednesday]

THU 20:15 The Media Show (m002ybm3)
[Repeat of broadcast at 16:15 on Wednesday]

THU 21:00 Loose Ends (m002y8v2)
[Repeat of broadcast at 18:15 on Saturday]

THU 21:45 Strong Message Here (m002ybk1)
[Repeat of broadcast at 09:45 today]

THU 22:00 The World Tonight (m002ybm6)
'Most massive' Russian attack on Kyiv kills at least 25

Russia's strikes on Kyiv come after Ukraine's attacks on Russian energy infrastructure. We hear assessments of the war – and who's winning – from Moscow and the United States.

Also on the programme: the National Crime Agency says at least eight people have been arrested in the UK after investigations into online networks that encourage men to drug and rape women. And we hear from a pub landlord on the news that venues in England and Wales will be allowed to stay open until **5am** for next week's England World Cup match.

THU 22:45 Once Upon a Time... (m002ybm8)
What Happens When a Bell Rings in Heaven by Ben Okri

Ben Okri contemplates the meaning of power as he riffs on a Yoruba tale with hints of Jack and the Beanstalk.

In a peaceful land with happy people, there arose a leader who trained the young men of his tribe into an army and took land from a smaller tribe. But it seems the leader does not know an old prophecy about the land. Perhaps he will live to regret his ignorance.

Ben Okri's works have won numerous national and international prizes, including the Booker Prize for Fiction for 'The Famished Road'.

This series of modern fairytales reimagined by leading writers has been specially commissioned to celebrate a major new exhibition at The British Library dedicated to fairy tales, as well as the National Year of Reading.

Reader, Burt Caesar
Producer, Mary Ward-Lowery

THU 23:00 Radical with Amol Rajan (m002ybm5)
Happiness Rules: Should Wellbeing Dictate Government Policy? (Lord Richard Layard)

This week, Amol sits down with Lord Richard Layard, the author, economist, and Labour peer who has spent decades making the case for happiness and wellbeing. He successfully helped implement talking therapy to the NHS, and was a key figure in persuading the UK government to measure wellbeing.

But he wants to go further - in this conversation, Lord Layard outlines why he wants happiness to become the main objective of all government policy, and argues that this radical change would even pay for itself.

But what actually are happiness and wellbeing? How can we make ourselves happier? And why are young people less happy than ever before?

GET IN TOUCH

* WhatsApp: 0330 123 9480
* Email: radical@bbc.co.uk

Episodes of Radical with Amol Rajan are released every Monday and Thursday.

Amol Rajan presents the Today programme on BBC Radio 4 and hosts University Challenge on BBC One. Before that, Amol was the BBC's media editor and the editor of The Independent newspaper.

Radical with Amol Rajan is a Today Podcast. It was made by Rufus Gray and Oscar Pearson. Technical production was by Jonny Baker. The senior news editor is Sam Bonham. The series producer is Rufus Gray.

THU 23:30 Today in Parliament (m002ybmd)

Alicia McCarthy reports on the prime minister's apology to the victims of historical forced adoption.

FRIDAY 03 JULY 2026

FRI 00:00 Midnight News (m002ybmj)

National and international news from BBC Radio 4

FRI 00:30 Mr Jefferson's Library (m002ybks)

[Repeat of broadcast at 11:45 on Thursday]

FRI 00:48 Shipping Forecast (m002ybmj)

The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m002yblm)

BBC Radio 4 joins the BBC World Service.

FRI 05:00 News Summary (m002ybmnn)

National and international news from BBC Radio 4

FRI 05:04 Yesterday in Parliament (m002ybmj)

Susan Hulme reports from Westminster as the Prime Minister issues a formal apology to victims of historical forced adoption.

FRI 05:34 Shipping Forecast (m002ybms)

The latest weather reports and forecasts for UK shipping.

FRI 05:43 Prayer for the Day (m002ybmj)

Prayers from the Hymnal: Love Divine, All Loves Excelling

Prayer for the Day presented by Julia Loveless, worship leader & singer-songwriter.

Good morning, Love Divine, All Loves Excelling was written by Charles Wesley in 1747 and has become one of the most treasured hymns in the Christian songbook. At its heart is a simple but extraordinary prayer - that the love of God would continue its work within us, changing and transforming us day by day. Wesley describes God's love as the greatest love of all; a love that heals, restores, forgives and makes us whole. And aren't we all longing for that transformation in some way? We know our own shortcomings all too well. We are fully aware of the ways we fall short of the people we hope to be. Yet the message at the centre of the gospel is that God meets us exactly where we are, but never leaves us there. Slowly, patiently and faithfully, He continues the work of renewing us. And not through our strength or effort, but, through a simple surrender to Him, it is His strength and His effort that transforms us. So today, friends, let's rest in His promise that He will 'carry on to completion the work he began in us' and may the words of Wesley's hymn become our prayer too: "Finish then Thy new creation, pure and spotless let us be. Let us see thy great salvation; perfectly restored in thee. Changed from glory into glory, till in heaven we take our place, till we cast our crowns before thee, lost in wonder, love and praise. Amen.

FRI 05:45 Farming Today (m002ybmj)

We speak to the Environment Secretary about the government's new farming roadmap for England. It's 25 year plan and

ministers say it'll give farmers the long-term clarity they need and access to the tools, technology, skills and supply chains 'to innovate, invest and grow with confidence for generations to come.' We find out what farmers at the regenerative farming event Groundswell think of it, and discuss food security and global volatility. Experts argue that the UK can't have a 'business as usual' approach to growing food and food production should be a priority.

All week we're talking about soil. Maize has become a controversial crop in recent years, in part because of its potential to cause soil erosion. In Devon, an on-farm trial is underway to grow maize interspersed with strips of mixed plants known as a 'living mulch', to protect the soil.

Presenter = Charlotte Smith
Producer = Rebecca Rooney

FRI 06:00 Today (m002yc9m)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m002y8z5)

[Repeat of broadcast at 10:00 on Sunday]

FRI 10:00 Woman's Hour (m002yc9p)

Woman's Hour live from the Crossed Wires Podcast Festival in Sheffield

Joining Nuala McGovern and Anita Rani on stage is Anoushka Mutanda-Dougherty, host of the BBC Podcast Fame Under Fire, which focuses on celebrity court cases. Anoushka talks to Nuala about how attitudes to women in high profile trials, such as the trial of P Diddy, influence culture. They are in conversation with Dr Kathryn Higgins who has written about misogyny in the media in her book Believability: Sexual Violence, Media, and the Politics of Doubt.

When award-winning poet and author Helen Mort became a stepmother, she went in search of some literary role models, but was sadly disappointed. From the fairytale 'wicked queen' to the put-upon parent of the modern blended family. She talks to Anita about writing her new collection, Stepmother, which explores the origins of these maligned female archetypes alongside her own real-life experiences.

Lisa Lloyd is a campaigner for SEND children and the author of the best-selling book Raising the SENBetweeners. Following her own diagnosis with autism in her forties, Lisa explains how becoming a mother led her to discover she was autistic, and the challenges of parenting when you're neurodivergent. Lisa is joined by Prof Megan Freeth from Sheffield University's Autism Research Lab, who explains how autistic women can experience motherhood.

And Nuala and Anita are also joined by Sheffield sportswoman Vanessa Ellis, head coach of the Sheffield Hatters Women's Basketball Team. She explains how she's followed in the footsteps of her mother, Betty Cadona, who set up women's Basketball in Sheffield in 1961.

Presenters: Anita Rani and Nuala McGovern
Producer: Olivia Skinner
Editor: Karen Dalziel

FRI 11:00 The Food Programme (m002yc9r)

Howzat? The Story of the Cricket Tea

Chef and broadcaster Romy Gill heads to the pavilion to explore cricket's relationship with food. She discovers that the supposedly British institution of the cricket tea was in fact a tradition imported from Australia in the 1880s. She visits Lord's - the Home of Cricket - and is given access to the kitchens to watch tea being prepared as well as receiving a tour of the Lord's museum to look through their culinary archives. She's made to feel welcome by the BBC Test Match Special team and reminisces over her own childhood cricket teas growing up in West Bengal in India.

Romy explores the health of the cricket tea at a club level and heads to Stainland Cricket Club near Halifax in West Yorkshire to meet the inspirational Trish Wood who has helped bring cricket teas back to her club and John Fuller of Cricket Yorkshire who devised a competition to find the best cricket tea in the county.

Robin Markwell reports from Stoke Gifford in South Gloucestershire on a decision by cricket clubs around Bristol who voted to no longer make cricket teas compulsory in their league after the pandemic.

Presented by Romy Gill and produced by Robin Markwell for BBC Audio in Bristol with thanks to the BBC Test Match Special team.

FRI 11:45 Mr Jefferson's Library (m002yc9t)

Slavery

Thomas Jefferson was not so much a bibliophile as a bibliomaniac of the first rank. He read books, copied them out and annotated them. So much of his reading was distilled into the Declaration of Independence.

Jefferson ultimately accumulated 6000 volumes during his life. They form the basis of America's Library of Congress in Washington DC. Michael Goldfarb visits the Library of Congress and Jefferson's home at Monticello in Virginia to tell the story of how Jefferson's reading shaped the American Revolution and the beginnings of American history, along the way he tells the story of why and how British America decided to declare its independence.

Episode 5: Slavery - The man who wrote all men are created equal owned hundreds of slaves throughout his life. In the final episode of this series, Michael talks about Jefferson's books on agriculture and slave life at Monticello with Andrew Davenport, a descendant of a man enslaved there.

Presenter: Michael Goldfarb
Producer: Julia Hayball
Sound design: Chris Maclean

A Certain Height production for BBC Radio 4

FRI 12:00 News Summary (m002yc9w)

The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m002yc9y)

Is air conditioning irresponsible?

The recent record-breaking heatwave prompts calls for more air conditioning in the UK, but some argue this could actually make the planet even hotter and obscures the reality of climate change. We find out how and why AC has become such a hot topic and hear what impact it has on climate change. Some say aircon should be a last resort - we hear what other measures people can adopt to keep their homes cooler. And we look back to the long, hot summer of 1976 and find out whether the UK really did just keep calm and carry on.

Presenter: Chris Warburton
Production team: Simon Tulett, Lucy Sheppard, and Mhairi MacKenzie
Studio manager: Hal Haines
Production coordinator: Janet Staples
Editor: Penny Murphy

FRI 12:57 Weather (m002ybc0)

The latest weather forecast

FRI 13:00 World at One (m002ybc2)

Iran begins public mourning for Ayatollah Khamenei

As allies and dignitaries gather, we'll ask what the funeral tells us about the country's resilience. Also on the programme, a major study of social media use and children's mental health from the research and policy group BrainWaves, suggests the evidence does not support a blanket ban for under-16s. We'll discuss their findings. We'll have the latest from Sudan as the UN once again sounds the alarm over developments in the conflict. And, as men are found to be twice as likely to 'hit a wall' in marathon running, we'll hear why over-confidence may be to blame.

FRI 13:45 Understand (m002ybc4)

Ten Fights That Made the Green Movement

5. Brokenhagen

Hundreds of world leaders are gathered in Copenhagen, 2009, with high hopes of securing a historic climate deal. And the Chinese premier has gone missing. US President Obama rushes through the corridors of the conference centre - on a mission to gatecrash China's secret rendez-vous with its allies.

This is just the final day of a two-week conference that has felt more like a thriller movie than an exercise in diplomacy.

How did one global conference expose the faultlines in international climate collaboration that are still seen today?

Presenter: Justin Rowlett
Producer: Rachel Naylor
Series Producer: Ellie House
Editor: Matt Willis
Sound Design and Mix: James Beard
Production Coordinators: Maria Ogundele, Brenda Brown, Sabine Schreck
Commissioning Editor: Dan Clarke

FRI 14:00 The Archers (m002yblv)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m002xtxy)

The Courier

Episode 5

Series finale . When his worst fears become reality, Mo has 24 hours to gather all the evidence he can before gives himself up.

Series creators: Eno Mfon and Darragh Mortell.

Episode 5 by Eno Mfon and Darragh Mortell

CAST

Mo - Mohamed Elсандel

Elli - Maeve Courtier-Lilley

Omar - Ali Goolyad

Martin - Matthew Gravelle

Mama - Alaa Taha

Amna - Fatima Seedahmed

Mr Willis - Daniel Cerqueira

D S Williams - Geraint Morgan

Lawyer - Ben Crowe

The Guard/ Courier - Halim Diwani

Original Music by Tom Tripp

Oud Music by Nabra

Sound: Catherine Robinson and Rhys Morris

Production Coordinators: Maggie Olgiafi and Eleri McAuliffe

Script consultant: Majid Hassan

Director: John Norton

A BBC Audio Drama Wales Production

FRI 14:45 Living on the Edge (m001mlj2)

Hastings

Ten coastal encounters, presented by Richard King.

Today: at Bottle Alley in Hastings with the painter Ben Fenton.

Not simply town or countryside, the coastline is a place apart – attracting lives and stories often overlooked.

In these ten programmes, the writer Richard King travels around the UK coast to meet people who live and work there – a sequence of portraits rooted in distinct places, which piece together into an alternative portrait of the UK: an oblique image of the nation drawn from the coastal edge.

Producer: Martin Williams

FRI 15:00 Gardeners' Question Time (m002ybc6)

Winterbourne House and Garden: Tomatoes, Topiary and Japanese Gardens

Kathy Clugston and the panel are in Edgbaston at the University of Birmingham's beautiful Winterbourne House and Garden, an Arts and Crafts era gem packed with horticultural interest.

Joining Kathy to answer questions from a keen audience of local gardeners are Bethan Collerton, Marcus Chilton-Jones and Dr Chris Thorogood. The team tackle everything from leggy tomatoes, to the challenge of designing a cohesive border that spans both sun and shade.

There's practical advice for dealing with the devastation caused by box tree moth, creative planting ideas for Japanese-inspired gardens using unusual and architectural plants.

Also, Bethan takes a walk around the Winterbourne grounds with head gardener Paul Cooke to discover how Gertrude Jekyll's influence continues to shape the garden today.

Producers: Alison Vernon-Smith

Assistant Producer: William Norton

A Somethin' Else production for BBC Radio 4

* If listening on BBC Sounds and you wish to view the plant list, please go to the Gardeners' Question Time website and open this week's episode page.

FRI 15:45 Short Works (m002ybc8)

Kelvin Sweat by Andy Grace Edwards

In Andy Grace Edwards' new original work, a signed-off councillor descends into absurdity and desperation in this dark humour story about the lengths one goes to in the pursuit for wellness.

Andy Grace Edwards is a playwright and dramaturg living in Glasgow. They've written for page, stage, screen, and radio, including commissions for National Theatre of Scotland and BBC Radio 4. Grace published their first collection, 'Career

Ending Incidents', in 2025 – a series of short stories about transition and failure, spanning bodies, employments and galaxies. Grace previously wrote criticism for Exeunt Magazine and Neon Books, reviewing contemporary dance, live art, and video games. Beyond the page, they are a Mental Health and Disability Advisor at the University of Strathclyde. 'Kelvin Sweat' is read by Elysia Welch and produced by Bethany Woodhead. It is a BBC Audio Scotland production for BBC Radio 4.

FRI 16:00 Last Word (m002ybcbb)

The Good Life of Dame Penelope Keith

Dame Penelope Keith became a household name for her performances in two classic TV comedy shows of the 1970s and early 80s: The Good Life and To The Manor Born. We share her story through her own words, with interviews from the BBC Archives.

David Hencke was an award-winning investigative journalist who worked for the Guardian newspaper for over thirty years. His scoops brought to light wrongdoing in many spheres of public life. His friend and colleague Francis Beckett reveals where his drive to uncover the truth came from.

The solitary nun, Sister Maggie Ross, born Martha Reeves, extolled the virtues of silence. A renowned theologian, she spent part of her time in the wilderness of Alaska with a tamed raven. Her bishop protector, the former Archbishop of Canterbury, Rowan Williams, pays tribute.

Marion Fossett was an Irish contortionist, and Eurovision hopeful, who became a fourth generation circus performer by joining the family business. She started young, brought in to the circus ring as an 18 month old baby, by an elephant. Marion became one of the industry's few ringmistresses. Her niece, Sonya Fossett, takes us inside the world of Fossett's Circus.

Presenter: Matthew Bannister

Producer: Ben Mitchell

Assistant Producer: Ribika Moktan

Researcher: Jesse Edwards

Editor: Andrea Kennedy

Archive:

BBC One, Wogan, **13.09.1985**; BBC Radio 4, In Conversation... with Penelope Keith, **28.10.1999**; BBC One, The Heaven and Earth Show, **24.08.2003**; BBC One, The Good Life: "Silly, but it's fun", **26.12.1977**; BBC One, The Good Life: "A Tug of the Forelock", **24.09.1976**; BBC Four, Penelope Keith Remembers To The Manor Born, **02.01.2024**; BBC One, To The Manor Born: "Grantleigh", **30.09.1979**; BBC News, **20.10.1994**; BBC Two, Westminster Daily, **26.10.1994**; BBC News, **23.12.1998**; BBC Two, Limits of Freedom: "Who Is Big Brother?", **10.10.1983**; BBC Radio 4, Museum of Curiosity, **26.03.2008**; The Gilded Thread with Irene O'Brien, **23.05.2023**

FRI 16:30 More or Less (m002ybnf)

[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m002ybcdb)

No justice for Lyra McKee

Three men accused of murdering journalist Lyra McKee in Northern Ireland more than seven years ago have been found not guilty. We speak live to a friend of hers. Plus: the stomach-turning truth about what could really be in your Saturday night kebab, and a guide to watching the England game at **1am** on Monday with your kids. With Paddy O'Connell.

FRI 18:00 Six O'Clock News (m002ybcg)

Three men are cleared of murdering the journalist Lyra McKee

Three men have been found not guilty of murdering the journalist and author, Lyra McKee, in Londonderry in 2019. Also: The United Nations has warned that another human rights catastrophe is unfolding in Sudan. And Taylor Swift fans surround Madison Square Garden in New York for what's billed as the wedding of the century.

FRI 18:30 Dead Ringers (m002ybcj)

Series 27

Much Ado About North-ing

Like Andy Burnham's No.10, Dead Ringers is in the North, at the Crossed Wires Podcast Festival in Sheffield. This week: Chris Mason is giddy, Zia Yusuf is everywhere, and The Rest is Politics has gone mad for it.

Starring Jon Culshaw, Jan Ravens, Duncan Wisbey and Kieran Hodgson.

Produced by Jon Holmes

Executive Producer: Richard Morris

Production Co-ordinator: Giulia Lopes Mazzu

A BBC Studios Production for Radio 4.

FRI 19:00 The Archers (m002ybcbl)

Martyn mobilises a team with water tankers to help David remedy the equestrian ring at the Showground. Delighted David buys the drinks at the Bull. Neil catches Ed to find out what's going on with him and Martyn. Neil's horrified as Ed explains Martyn's offer of some lucrative tree work in exchange for informing on Brian at Home Farm.

Keira feels pressured by her family to show the Texels for Ed at the Borchester Show, but admits to George she doesn't want to be centre of attention. As George pressures Keira to face up to responsibility she makes a pointed comment about him not refusing the Gordons' cot, before escaping George after his clumsy remark about her running away.

Neil encourages George to start listening to Keira, before talking about how George can be a good parent. He steers George to realise the Grundy cot is best. George asserts the other one can stay at the Gordons' place. He thanks Neil for setting him straight.

George apologises to Keira. She jokes the apology should be for the last four years. They work together to choose a Texel ewe for the show. George is pleased they're talking and insists he's not giving up on them. Keira starts to soften. After reluctantly agreeing to be filmed halter training by George, the two chat and Keira opens up about her feelings towards George and her parents. Keira agrees to show the Texels. She still needs to say her piece to George, and will let him know when she's figured it out.

FRI 19:15 Screenshot (m002ychn)

Fairy Tales

From Disney classics such as Cinderella and Snow White, to the fantastical The Red Shoes, darker tales from European cinema like Bluebeard or Pan's Labyrinth, or stories within stories such as The Princess Bride or The Fall - Ellen E Jones and Mark Kermode explore the magical spell fairy tales have continued to cast over cinema history.

Featuring interviews with director Julia Jackman, Tarsem Singh and cultural historian, Sir Christopher Fraying.

Producer: Queenie Qureshi-Wales

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m002ybcq)

Stephen Bush, Stephen Doughty MP, Baroness Fall, Danny Kruger MP

Alex Forsyth presents political debate from the Barnfield Theatre in Exeter with Stephen Bush from the Financial Times; foreign office minister Stephen Doughty; Conservative peer Baroness Fall; and the head of Reform UK's Preparing for Government Unit, Danny Kruger.

Presenter: Alex Forsyth

Producer: Paul Martin

Assistant producer: Jo Dwyer

Production co-ordinator: Ishmael Soriano

Lead broadcast engineer: Nick Ford

Editor: Andrea Kennedy

FRI 20:55 This Week in History (m002ybnk)

[Repeat of broadcast at 11:40 on Wednesday]

FRI 21:00 Free Thinking (m002ybcbs)

Trade and traffic

What does trade set in motion beyond the exchange of goods? Anne McElvay explores the movement of commerce across time as a carrier of habits, ideas, ambitions and influence, as well as of material things. From the early modern world, where trade was entangled with colonial expansion and shaped by unequal, sometimes unexpected encounters, to the supply chains and diplomatic negotiations of the present, this discussion asks how economic exchange has also mediated cultural contact. Alongside rivalry and wealth, how has trade given rise to its own languages of civility, reciprocity and trust?

Guests include:

Nandini Das is Professor of Early Modern Literature and Culture at Oxford University and author of This Little World: A New History of Tudor and Stuart England

Jeremy Hunt is a former Chancellor of the Exchequer and the

author of Can We Be Rich Again?

Soumaya Keynes is an economist and columnist at the Financial Times and the author of How to Win a Trade War

Professor Rana Mitter is ST Lee Chair in US-Asia Relations at the Harvard Kennedy School

Dr Lauren Working is a Lecturer in Early Modern Literature at York University and author of A Golden World: How the Americas Transformed Renaissance England

Producer: Ruth Watts

FRI 22:00 The World Tonight (m002ycbv)

USA celebrates 250 years of independence

Temperatures soar as America gathers to celebrate its 250th birthday. Ken Burns talks about his new series about The American Revolution and tells us what he believes the pursuit of happiness really means.

In a valedictory interview, Sir Keir Starmer looks back, and forward, as he prepares to leave office.

And we look at how a new NHS scheme aimed at rewarding people who walk thirty minutes a day might work.

FRI 22:45 Once Upon a Time... (m002ycbx)

Cinderella and the Duke by Katherine Rundell

Ella loses everything when her beloved father dies. Except her beautiful singing voice. And in Jazz Age New York, that might just count for everything.

Helena Bonham Carter reads Katherine Rundell's reimagining of Cinderella.

This series of modern fairy tales reinvented by leading writers has been specially commissioned to celebrate a major new exhibition at The British Library dedicated to fairy tales, as well as the National Year of Reading.

Produced by Fay Lomas
Mixed by Catherine Robinson

FRI 23:00 Americast (w3ct8lz9)

After 250 years, do US citizens still believe in the American Dream?

How have 250 years of history shaped modern America? As historic July 4th celebrations take place across the country this weekend we ask how does modern America compare to the vision of the Founding Fathers in the 18th Century? What does it mean to be an American citizen today and has that changed over time? Where does this all leave the American dream?

In this episode, Justin and Anthony talk to the historian Heather Cox Graham who writes a daily Substack on American politics and society and has started a video project - 250 to 250 - to mark the historic landmark. Today, we are bombarded by information at a frenetic pace but can a careful consideration of the past 250 years tell us more about the United States in 2026?

HOSTS:

- Justin Webb, Radio 4 presenter
- Anthony Zurcher, North America Correspondent

GUEST:

- Heather Cox Richardson, historian, author, Substack columnist, founder of 250 to 250 project marking the 250th anniversary of the Declaration of Independence

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This episode was made by Purvee Pattni, George Dabby, Tom Gillett and Alix Pickles. The technical producer was Mike Regard. The series producer is Purvee Pattni. The senior news editor is Sam Bonham.

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Radical: <https://www.bbc.co.uk/sounds/brand/p0gg4k6r>

The Global Story:

<https://www.bbc.co.uk/sounds/brand/w13xtvdsd>

FRI 23:30 Today in Parliament (m002ycc0)

News, views and features on today's stories in Parliament