

## SATURDAY 25 MAY 2024

**SAT 00:00 Midnight News (m001zdvh)**

National and international news from BBC Radio 4

**SAT 00:30 A Body Made of Glass by Caroline Crampton (m001zdt2)**

Episode 5: We Know Too Much

Caroline Crampton explores the history of hypochondria, drawing together cultural history and moving personal memoir.

When she was 17, Caroline Crampton developed a blood cancer which was diagnosed when a tumour appeared on her neck. After several rounds of gruelling treatment, including chemotherapy and weeks in an isolation ward, the doctors announced that her cancer was cured. But – understandably – Caroline herself was not so sure. Ever alert to new symptoms, feeling anxiously for new tumours on her neck, she worries continually that the cancer has returned.

'The fear that there is something wrong with me, that I am sick, is always with me.'

This personal experience becomes the starting point for an exploration of the history of hypochondria or health anxiety, from the ancient Greeks to the modern wellness industry. It is, she says, 'an ancient condition which makes itself anew for every age'.

In this episode, Caroline explores how the internet feeds health anxiety, 'acting like a megaphone for a hypochondriac'. She tells the story of how Tik Tok videos produced during lockdown sparked an epidemic of symptoms, around Tourette's syndrome in particular. And she reflects on what she's learned in the five years spent researching the history of hypochondria:

"There are no perfect neat endings, no matter how much our instincts tell us to seek them out. During an early discussion about the book, someone asked me whether I would be giving it a happy ending. "Perhaps you could talk about the cure for hypochondria?" she said, hopefully. I think I made a joke, probably something about how it would make for a better story if I died from one of my imaginary ailments..."

Caroline Crampton is a writer and critic whose work has appeared in The Guardian, Granta, the New Humanist, and the Spectator. Her previous book *The Way to the Sea* (2019) is a journey down the Thames from source to sea. She hosts the *Shedunit* podcast about detective fiction.

The reader, Tuppence Middleton, is a British actress known for her stage and screen roles in *Downton Abbey*, *The Imitation Game*, *His Dark Materials* and *The Motive and the Cue*.

Find all the latest books at the bottom of the Sounds homepage. Just click on the Books collection.

Produced and abridged by Elizabeth Burke and Heather Dempsey  
Executive Producer: Jo Rowntree  
A Loftus Media production for BBC Radio 4  
This is an EcoAudio certified production.

**SAT 00:48 Shipping Forecast (m001zdvk)**

The latest weather reports and forecasts for UK shipping

**SAT 01:00 Selection of BBC World Service Programmes (m001zdvj)**

BBC Radio 4 joins the BBC World Service.

**SAT 05:20 Shipping Forecast (m001zdvj)**

The latest weather reports and forecasts for UK shipping

**SAT 05:30 News Briefing (m001zdvr)**

The latest news from BBC Radio 4

**SAT 05:43 Prayer for the Day (m001zdvj)**

What is Pentecost?

A spiritual comment and prayer to start the day with Haydon Spenceley

Good morning.

Just under a week ago we marked Pentecost in the Christian year. Pentecost is one of those things that a lot of people have heard of or heard about but not many people can put their finger on what it actually is. Pentecost for the church marks the completion of Jesus's promise to send the holy spirit both to be with and to guide those who love God. Like so many things in the Bible it can seem like something for 'them' rather than now. But wouldn't it be something pretty special, splendid even if,

after all, we're not really on our own.

From the very first in life we rely on other people. I've been doing that all my life and however hard I try not to I find I'm consistently reliant on others to do some pretty straightforward things. Recently a taxi driver complained about my being a wheelchair user, swore at having to put my chair in his boot and then muttered darkly about the state of the road outside my house. But while I was his passenger I was both a client and also somewhat reliant on him and at his mercy. His mood magically changed on arrival at my destination when it turned out other people were also there. For a brief moment though I was aware of my vulnerability and a rising anxiety.

Pentecost, the gift of the Spirit means that wherever the Christian person goes, God is with them. They are never alone. What a gift, as it was for me during my taxi journey, to know that kind of peace.

Father, help me to know your peace today and to share it with those I meet so that the world can be a better place for all.

Amen

**SAT 05:45 Just One Thing - with Michael Mosley (m001zdvw)**

Yoga

Although yoga is thought to have been practised for over 5,000 years, its myriad benefits for our health and wellbeing are still being uncovered. Professor Rima Dada from the All India Institute of Medical Sciences in New Delhi reveals the extraordinary findings into the benefits of yoga - how half an hour a day can slow down ageing at a cellular level by protecting your mitochondria and your DNA. It can also improve your brain health and even reduce symptoms of depression. Just a few sessions are enough for our volunteer James to catch the yoga bug!

Series Producer: Nija Dalal-Small  
Editor: Zoë Heron

A BBC Studios production for BBC Sounds / BBC Radio 4.

**SAT 06:00 News and Papers (m001zlv1)**

The latest news headlines. Including the weather and a look at the papers.

**SAT 06:07 Open Country (m001zdw)**

Bats on Punts

Martha Kearney is in Cambridge to explore wildlife at night. She takes an evening trip on a punt to see and hear the creatures which come out after the tourists have gone to home bed. She learns about the bats which at this time of year are just emerging from hibernation - hungry and on the hunt for insects. They swoop low over the waters of the Cam, their echo-location picked up and relayed for human ears by the clicking of a bat detector. A bat enthusiast from the Wildlife Trust tells Martha about bats' habits and identifies the species flitting through the trees around them.

Punts have not always been used in this benign way around wildlife. At the Museum of Cambridge, Martha is shown a punt gun - a huge weapon which was widely used in the 19th and early 20th century. It would have been mounted on a punt, with the huntsman paddling into a flock of wildfowl in order to shoot them in large numbers for food.

Martha also visits Cambridge University Botanic Garden, where a long-running moth research project is in progress. She watches as a moth trap is set out in the evening, and then returns early the next morning as a team of volunteers checks which moths have turned up in the trap, before releasing them back into the wild. She learns about the importance of these nocturnal species, and asks why night-time creatures like bats and moths always seem to get such a bad press.

Produced by Emma Campbell

**SAT 06:30 Farming Today (m001zlv3)**

The latest news about food, farming and the countryside

**SAT 06:57 Weather (m001zlv5)**

The latest weather reports and forecast

**SAT 07:00 Today (m001zlv7)**

Justin Webb and Simon Jack present news and interviews

Including Sports Desk, Weather and Thought for the Day.

**SAT 09:00 Saturday Live (m001zlv9)**

Hay Festival - Mishal Husain, Stephen and Anita Mangan, Conn

Iggulden, Jon Ronson

Huw Stephens and Kiri Pritchard-McLean bring Radio 4's Saturday morning show LIVE to Hay.

**SAT 10:00 Your Place or Mine with Shaun Keaveny (m001zlv)**

Siobhán McSweeney: Camino de Santiago pilgrimage, Spain

Siobhán may have played a nun on Derry Girls but insists she's not religious. Although on her walk she found peace, transcendence and...guilt-free pints. Shaun on the other hand thinks he might find he needs a lie down, but perhaps the guilt-free pints can persuade him. And resident geographer, historian and comedian Iszi Lawrence is packing her bags with facts for this one.

Your Place Or Mine is the travel series that isn't going anywhere. Join Shaun as his guests try to convince him that it's worth getting up off the sofa and seeing the world, giving us a personal guide to their favourite place on the planet.

Producers: Beth O'Dea and Caitlin Hobbs

Your Place or Mine is a BBC Audio production for BBC Radio 4 and BBC Sounds.

**SAT 10:30 The Kitchen Cabinet (m001zlvf)**

Series 44

Aberystwyth

Investigating every aspect of the food we eat

**SAT 11:00 The Week in Westminster (m001zlvh)**

Radio 4's weekly assessment of developments at Westminster

**SAT 11:30 From Our Own Correspondent (m001zlvk)**

Insight, wit and analysis from BBC correspondents, journalists and writers from around the world

**SAT 12:00 News Summary (m001zlvj)**

The latest national and international news from BBC Radio 4.

**SAT 12:04 Money Box (m001zlvj)**

Paul Lewis presents the latest news from the world of personal finance.

**SAT 12:30 Dead Ringers (m001zdtx)**

Series 24

Episode 5

Mordant topical satire from the usual team with voices by Jon Culshaw, Jan Ravens, Lewis MacLeod, Duncan Wisbey and Jess Robinson. With writing from Tom Jamieson, Nev Fountain, Ed Amsden & Tom Coles, Laurence Howarth, Rob Darke, Edward Tew, Sophie Dixon, Sarah Campbell, Toussaint Douglass, Cody Dahler and Joe Topping.

**SAT 12:57 Weather (m001zlvj)**

The latest weather forecast

**SAT 13:00 News and Weather (m001zlvj)**

The latest national and international news and weather reports from BBC Radio 4

**SAT 13:10 Any Questions? (m001zdv3)**

Anneliese Dodds MP, Kate Forbes MSP, Alister Jack MP, Christine Jardine MP, Lorna Slater MSP

Alex Forsyth presents political discussion from Gairloch Community Hall with the Chair of the Labour Party Anneliese Dodds MP, the Deputy First Minister at Holyrood Kate Forbes MSP, the Secretary of State for Scotland Alister Jack MP, Liberal Democrat spokesperson for Scotland at Westminster Christine Jardine MP and the co-leader of the Scottish Greens Lorna Slater MSP.  
Producer: Camellia Sinclair  
Lead broadcast engineer: Ken Garden

**SAT 14:00 Any Answers? (m001zlvw)**

Topical discussion posing questions to a panel of political and media personalities

**SAT 14:45 The Archers (m001zdtz)**

Writer: Liz Johnson

Director: Jeremy Howe  
Editor: Jeremy Howe

Ben Archer.... Ben Norris  
David Archer.... Timothy Bentinck  
Tom Archer.... William Troughton  
Pat Archer.... Patricia Gallimore  
Harrison Burns.... James Cartwright  
Neil Carter.... Brian Hewlett  
Vince Casey.... Tony Turner  
Mick Fadmoor.... Martin Barrass  
George Grundy.... Angus Stobie  
Joy Horville.... Jackie Lye  
Alistair Lloyd.... Michael Lumsden  
Jazzer McCreary.... Ryan Kelly  
Kirsty Miller.... Annabelle Dowler  
Elizabeth Pargetter.... Alison Dowling  
Freddie Pargetter.... Toby Laurence  
Lily Pargetter.... Katie Redford  
Fallon Rogers.... Joanna Van Kampen  
Inspector Norris.... Bharti Patel

**SAT 15:15 Brief Lives (m00174y)**  
Series 12

Episode 1

Brief Lives by Tom Fry and Sharon Kelly (1/2)  
Sarah and Frank are finally going to do the grown up thing and get married. But things get complicated when Sarah loses a work file that could put her in danger and Frank has a visitor from his past. Maybe Fat Doug can help?

Frank.....David Schofield  
Sarah.....Kathryn Hunt  
Fat Doug.....Eric Potts  
Johnnie.....Greg Wood  
Jade.....Erin Shanagher  
Michael.....Tachia Newell  
Director/Producer Gary Brown.

Brief Lives has been running since 2007 and signs off after 12 series and 58 episodes.

**SAT 16:00 Woman's Hour (m001zlv)**  
Highlights from the Woman's Hour week.

**SAT 17:00 PM (m001zlw0)**  
Full coverage of the day's news.

**SAT 17:30 Political Thinking with Nick Robinson (m001zlw2)**  
The Caitlin Moran One

Bestselling author and columnist talks to Nick Robinson about why, after years of writing about women and girls, she decided to turn her attention to problems with boys and young men with her latest book "What About Men?"

Producer: Daniel Kraemer

**SAT 17:54 Shipping Forecast (m001zlw4)**  
The latest weather reports and forecasts for UK shipping

**SAT 17:57 Weather (m001zlw6)**  
The latest weather reports and forecast

**SAT 18:00 Six O'Clock News (m001zlw8)**  
The latest national and international news from BBC Radio 4

**SAT 18:15 Loose Ends (m001zlwB)**  
Jan Ravens, Viv Groskop and Tiff Murray with music from The Will Barnes Quartet and Aleighcia Scott

Clive is joined by impressionist Jan Ravens (who brings along Liz Truss and Theresa May) chatting about the challenge of developing an impersonation and what happens when the politician who forms part of your act gets the boot... Award-winning novelist Tiffany Murray describes her unusually starry childhood at the residential recording studio Rockfield. It includes a childhood visit from David Bowie and being woken by Freddie Mercury singing "Galileo" - as revealed in her new book My Family and Other Rock Stars. Viv Groskop chats about her One Ukrainian Summer a memoir about falling in love and coming of age in the former USSR. The Will Barnes Quartet and Aleighcia Scott provide the music.

Presented by Clive Anderson  
Produced by Kevin Core

**SAT 19:00 Profile (m001zldw)**

An insight into the character of an influential person making the news headlines

**SAT 19:15 This Cultural Life (m001zldw4)**  
Lily Allen

Renowned for the autobiographical candour of her lyrics, Lily Allen has sung about the pitfalls of fame, drugs, broken relationships and motherhood. She was nominated for a Grammy Award for her debut album Alright Still and after the release of It's Not Me, It's You in 2010 won a Brit Award and three Ivor Novello Awards, including Songwriter of the Year. In 2021 she embarked on a stage acting career starring in **2.22 A Ghost Story**, for which she was nominated for an Olivier Award. More recently, with her childhood friend Miquita Oliver, she launched her BBC podcast series Miss Me.

Talking to John Wilson, Lily recalls a sometimes sad and troubled childhood. Her father, the actor and comedian Keith Allen, had left the family home when she was four, and her film producer mother Alison Owen was often away working. She chooses as her first formative experiences a school concert in which she performed the song Baby Mine from the Disney movie Dumbo and captivated the audience. She recalls how the first started writing and recording her own songs, and built up a fanbase with the on-line platform MySpace. She chooses, as key musical influences the 1979 song Up The Junction by Squeeze, and the 2004 album A Grand Don't Come For Free by Mike Skinner, otherwise known as The Streets. Lily Allen also reflects on the pressures of juggling life in the spotlight with motherhood, and how theatre acting has offered her a new creative challenge.

Producer: Edwina Pitman

**SAT 20:00 Archive on 4 (m001zlwG)**  
Watching Us, Watching You

Long before social media, reality TV and culture wars as entertainment, the BBC's Community Programme Unit - commissioned by David Attenborough - set out to create an 'anthropology of everyday life'. Writer and broadcaster Ellen E Jones tells the story of the birth of a new generation of broadcasting.

The CPU was a 40-year experiment in breaking down the barriers between the national broadcaster and the nation. It all started in 1972 with an Open Door, through which we were suddenly able to see ourselves very differently.

There is one film from the CPU's Open Door series that has lived on as a touchstone for understanding representations of race and racism on TV. It Ain't Half Racist, Mum was produced in 1979 and paired the revered cultural theorist Stuart Hall with actress Maggie Steed. Together they turned their attention to the casual prejudices which were part of the everyday media landscape. Ellen discusses its legacy with Maggie Steed and Dr Clive Chijioke Nwonka.

By the mid-90s, times had changed for the Community Programme Unit and technology had too. There was still no social media, but there were camcorders - and that presented a great opportunity to liberate public access television from the stuffy studios and take it to the masses. It was time to meet the nation, on their own terms. Mandy Rose was the co-producer of Video Nation and she reveals how it changed her and paved the way for social media. Ellen travels to Arisaig in the West Highlands to talk with Ian MacKinnon, one of Video Nation's most prolific contributors, about his films on everything from the meaning of life to The Full Monty.

Now, 45 years on from It Ain't Half Racist, Mum and 30 years since filming began on Video Nation, Ellen revisits some of the most surprising and impactful contributions from this rich, accessible and underappreciated archive. She reassesses public access television as a tool for listening to the national mood and facilitating more nuanced discussions about the absurd, profound and divisive aspects of life.

Producer: Freya Hellier  
A Hidden Flack production for BBC Radio 4

**SAT 21:00 Shadow War: China and the West (m001zlwj)**  
Shadow War - Omnibus, Part 2

Could growing tensions lead to conflict? The rise of China is the defining challenge of our times - how far to co-operate, compete or confront? But has the West taken its eye off the ball? BBC Security Correspondent Gordon Corera looks at the points of friction in recent history, from espionage to free speech, the battle over technology and claims of political interference. This is a story about the competition to shape the world order. He speaks to politicians, spies, dissidents and those who've been caught up in the growing tension between China and the West.

Presenter: Gordon Corera  
Series Producer: John Murphy  
Sound Designer: Eloise Whitmore (Naked Productions)  
Programme Coordinator: Katie Morrison  
Series Editor: Penny Murphy

**SAT 22:00 News (m001zlwI)**  
The latest national and international news from BBC Radio 4

**SAT 22:15 The Food Programme (m001zldt0)**  
The Fight to Improve School Food in 2024

Sheila Dillon hears stories of how headteachers are transforming food in their schools in difficult economic conditions, as well as how flagship universal free primary school meal policies in Scotland and London are playing out so far.

Presented by Sheila Dillon and produced by Sophie Anton for BBC Audio in Bristol.

**SAT 23:00 Michael Spicer: No Room (m001z7ff)**  
3. Green

Politics and food cause indigestion.

Michael Spicer whips up his take on current events, alongside character-filled sketches which brilliantly capture everything that provokes us - culture, politics, work...and other people. Michael is famous for his Room Next Door government advisor character whose withering take downs of politicians have amassed more than 100 million views and helped keep his audience sane in fractured times.

Writer, Performer and Co-Editor: Michael Spicer

Composer and Sound Designer: Augustin Bousfield

Producer: Matt Tiller

A Tillervision production for BBC Radio 4

**SAT 23:15 Michael Spicer: No Room (m001z7fg)**  
4. Purple

Train stations, cars and the secret to being a winner in life.

Comedian Michael Spicer's series features an up to the minute take on current events, alongside character-filled sketches which brilliantly capture everything that provokes us - culture, politics, work...and other people.

Michael is famous for his Room Next Door government advisor character whose withering take downs of politicians have amassed more than 100 million views and helped keep his audience sane in fractured times.

Writer, Performer and Co-Editor: Michael Spicer

Composer and Sound Designer: Augustin Bousfield

Producer: Matt Tiller

A Tillervision production for BBC Radio 4

**SAT 23:30 Round Britain Quiz (m001zldjb)**  
Programme 11, 2024

(11/12)

The Midlands and the South of England teams join Kirsty Lang for the penultimate contest in this series of the cryptic quiz. For the final time this year, Frankie Fanko and Stephen Maddock face Paul Sinha and Marcus Berkmann.

Today's questions are:

Q1 In Edinburgh someone shows you to your seat at a wedding. In Poole you're in a place that sends warnings to ships. In Manchester you'd find Simon & Garfunkel's last album with the middle missing. So where has a herb recently become a prison?

Q2 Someone who put his signature on a urinal, two people of very different heights, and Robert John Lange: what kind of dog might they all own?

Q3 (from Daniel Kitto) Music: Why might these all lead to recognition?

Q4 The Hasmonean dynasty, the sweetest innovation of Catherine de Medici, Yankee Doodle's feathered cap, and somewhere you'd go to gamble in China: shouldn't they be Scottish?

Q5 Why do Stravinsky's operatic Turk, an artistic hobby-horse,

Cass Elliot and an Ottoman royal tutor appear to be caught in a lava flow?

**Q6 Music:** Why might you unearth this piece of music, and Bathsheba's feckless husband, and the creator of Z-Cars, at Hissarlík?

**Q7** (from Isabel Evans) What links a Scottish dialect and one used by Dante and Petrarch, a sporting individual, and a chemical bond? And why might all of this interest a hermit near Aleppo?

**Q8** (from Tom Peach) If the sports stars Michael Slater, Lionel Messi and John Milburn invited you for dinner, who might be on the menu?

Producer: Paul Bajoria

**SUNDAY 26 MAY 2024**

**SUN 00:00 Midnight News (m001z1wn)**

The latest news and weather forecast from BBC Radio 4.

**SUN 00:15 Open Book (m001z1dj8)**

Sarah Perry

Sarah Perry talks to Shahidha Bari about her new book, Enlightenment.

Plus authors Rosie Andrews and Bridget Collins on combining history, myth and imagination in their new novels: Rosie's The Puzzle Wood, and Bridget's The Silence Factory.

And author Abir Mukherjee on his Book I'd Never Lend - The Namesake by Jhumpa Lahiri.

Presenter: Shahidha Bari

Producer: Emma Wallace

Book List – Sunday 19 May

Enlightenment by Sarah Perry

The Essex Serpent by Sarah Perry

Melmoth by Sarah Perry

The Silence Factory by Bridget Collins

The Puzzle Wood by Rosie Andrews

The Namesake by Jhumpa Lahiri

Hunted by Abir Mukherjee

**SUN 00:48 Shipping Forecast (m001z1wq)**

The latest weather reports and forecasts for UK shipping

**SUN 01:00 Selection of BBC World Service Programmes (m001z1ws)**

BBC Radio 4 joins the BBC World Service.

**SUN 05:20 Shipping Forecast (m001z1wv)**

The latest weather reports and forecasts for UK shipping

**SUN 05:30 News Briefing (m001z1wx)**

The latest news from BBC Radio 4

**SUN 05:43 Bells on Sunday (m001z1wz)**

The Parish Church of St Matthew in Blackmoor Hampshire

Bells on Sunday comes from the Parish Church of St Matthew in Blackmoor Hampshire. The church was built in the late 19th century to a design by the Victorian Architect Alfred Waterhouse, more famous for his designs for the Natural History Museum in London and Manchester Town Hall. The tower houses a ring of six bells cast by the John Warner foundry of Cripplegate London in 1870. The Tenor weighs eight hundredweight and is tuned to the note of A. We hear them ringing Norwich Surprise Minor.

**SUN 05:45 In Touch (m001z1z5s)**

The UK's First Blind Overseas Ambassador; Travelling Tips & Tricks

Victoria Harrison is the UK's first totally blind ambassador to be posted overseas. In August she will take up the role as Ambassador to the Republic of Slovenia, and will be accompanied by her guide dog Otto. Victoria tells Peter about how she got into the diplomatic service, coming up against peoples perceptions of visual impairment and her capabilities to be a diplomat, and about the positive interactions that can stem from being blind when negotiating with others who may have very different political views.

Visually impaired globe-trotters Dawn Hopper, Hayley

Kennedy and Amar Latif share their tips and tricks for efficient travel when you are visually impaired and about some of the sometimes surprising cultural differences they have experienced.

Hayley Kennedy is considered to be the only disabled person, let alone visually impaired person, to have travelled to every country recognised under the United Nations. Amar Latif founded the assisted holiday company for visually impaired people 'Traveleyes', and Dawn Hopper has family in both Switzerland and Spain, and travels regularly with her new guide dog Micky.

Presenter: Peter White

Producer: Beth Hemmings

Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

**SUN 06:00 News Summary (m001z1mm2)**

The latest national and international news from BBC Radio 4

**SUN 06:05 Thinking Allowed (m001z1k1g)**

Richard Sennett

Richard Sennett, leading cultural and social thinker and Emeritus Professor of Sociology at the London School of Economics, talks to Laurie Taylor. Growing up in a housing project in Chicago, he originally trained in music. An accident put paid to his cello playing and he turned to sociology. Over five decades he's documented the social life of cities, work in modern society and the sociology of culture. His latest study explores the relations between performing in art (particularly music), politics and everyday experience. It draws personally on Sennett's early career as a professional cellist and explores the dangerous and ambiguous nature of performance, from the French theorist, Michel Foucault's hypnotic lectures to the demagoguery of contemporary politicians. He describes the tragic performances of unemployed dockworkers in New York City in the 1960s, as they competed for a dwindling number of jobs, and Aids patients in a Catholic hospital doing a reading of As You Like It and displaying defiance in the face of death and religious disapproval.

Producer: Jayne Egerton

**SUN 06:35 On Your Farm (m001z1mm4)**

Magic mycelium

Alisha Fuller-Armah swapped a life in the luxury hospitality business in Jamaica for mushroom growing on Scotland's west coast. A self-taught grower, she built her mushroom business from scratch and now supplies top chefs and well-known retailers. She tells Ruth Sanderson her amazing story and talks about the enticing charm, and life lessons, of growing gourmet fungi.

Produced and presented by Ruth Sanderson

**SUN 06:57 Weather (m001z1mm6)**

The latest weather reports and forecast

**SUN 07:00 News and Papers (m001z1mm8)**

The latest news headlines. Including a look at the papers.

**SUN 07:10 Sunday (m001z1mmb)**

A look at the ethical and religious issues of the week

**SUN 07:54 Radio 4 Appeal (m001z1mmd)**

Breck Foundation

Lorin LaFave started Breck Foundation in her son's name after he was brutally murdered by an online groomer. The charity visits schools across the UK to teach children, parents and teachers how to recognise the first signs of grooming and be alert to the dangers.

To Give:

- UK Freephone 0800 404 8144

- You can donate online at [bbc.co.uk/appeal/radio4](http://bbc.co.uk/appeal/radio4)

- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope).

Mark the back of the envelope 'Breck Foundation'.

- Cheques should be made payable to 'Breck Foundation'.

Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first

broadcast. However the Freepost option can be used at any time.

Registered charity number: 1168384

**SUN 07:57 Weather (m001z1mmg)**

The latest weather reports and forecast

**SUN 08:00 News and Papers (m001z1mmj)**

The latest news headlines. Including a look at the Sunday papers

**SUN 08:10 Sunday Worship (m001z1mmi)**

City Church Cardiff

A service for Trinity Sunday, led by Rev'd Catherine De Souza and Rev'd Dominic De Souza, pastors of City Church Cardiff.

The service explores what the Trinity can tell us about the nature of God, and the lessons for human relationships. The service includes readings from Genesis 1 verses 1-2 & 26-27 and Psalm 139 verses 7-10.

The music includes:

Everlasting God

Holy Holy Holy

King of Kings

There is a Redeemer

Spirit Break Out

How Great is Our God

**SUN 08:48 A Point of View (m001z1dv5)**

Weekly reflections on topical issues from a range of contributors.

**SUN 08:58 Tweet of the Day (m001z1mnm)**

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

**SUN 09:00 Broadcasting House (m001z1mmq)**

The Sunday morning news magazine programme. Presented by Paddy O'Connell

**SUN 10:00 Desert Island Discs (m001z1m9g)**

John Boyne, writer

The Irish writer John Boyne is best known for his 2006 novel *The Boy in the Striped Pyjamas*, which became a literary phenomenon, selling more than 11 million copies around the world. It was translated into 60 languages and adapted into a film, a play, a ballet and an opera. He has written more than two dozen books, including a number of titles for younger readers.

He was born in Dublin in 1971, and had ambitions to become a writer from an early age. He studied English Literature at Trinity College Dublin, followed by a Master's degree in Creative Writing at the University of East Anglia. From the mid-1990s, he spent seven years working at a bookshop in Dublin, while trying to launch his literary career.

Many of his books have historical settings: *The Boy in the Striped Pyjamas* is the story of two boys – one German, one Jewish – during the Holocaust; other books have taken inspiration from the Mutiny on the Bounty and Tsarist Russia. More recently, he's addressed sexual and physical abuse within the Catholic church in Ireland, drawing in part on his own experiences at school.

He lives in Dublin, not far from where he grew up.

Presenter Lauren Laverne

Producer Sarah Taylor

**SUN 11:00 The Archers Omnibus (m001z1mms)**

Writer: Liz John

Director: Jeremy Howe

Editor: Jeremy Howe

Ben Archer.... Ben Norris

David Archer.... Timothy Bentinck

Tom Archer.... William Troughton

Pat Archer.... Patricia Gallimore

Harrison Burns.... James Cartwright

Neil Carter.... Brian Hewlett

Vince Casey.... Tony Turner

Mick Fadmoor.... Martin Barras

George Grundy.... Angus Stobie

Joy Horville.... Jackie Lye

Alistair Lloyd.... Michael Lumsden

Jazzer McCreary.... Ryan Kelly

Kirsty Miller.... Annabelle Dowler

Elizabeth Pargetter.... Alison Dowling

Freddie Pargetter.... Toby Laurence  
Lily Pargetter.... Katie Redford  
Fallon Rogers.... Joanna Van Kampen  
Inspector Norris.... Bharti Patel

**SUN 12:15 Profile (m001zwd)**

[Repeat of broadcast at 19:00 on Saturday]

**SUN 12:30 I'm Sorry I Haven't A Clue (m001zdfd)**  
Series 81

Episode 2

This series of Radio 4's multi award-winning 'antidote to panel games' promises more homespun wireless entertainment for the young at heart.

This week the programme pays a return visit to the New Theatre in Oxford where Rachel Parris and the Reverend Richard Coles are pitched against Tony Hawks and Alexander Armstrong, with Jack Dee in the chair.

At the piano - Colin Sell  
Producer - Jon Naismith

A Random production for BBC Radio 4

**SUN 12:57 Weather (m001zmmv)**

The latest weather forecast

**SUN 13:00 The World This Weekend (m001zmxm)**

Radio 4's look at the week's big stories from both home and around the world.

**SUN 13:30 Stoppage Time for Scunthorpe (m001z9)**

When Bury FC was expelled from the Football League after 125 years, the government commissioned a fan-led review of football's financial stability. Centring the importance of football clubs to hundreds of local communities, it recommended tough new rules about governance and ownership of football clubs. Five years on and with MPs in Westminster currently debating what powers a new football regulator will have, Scunthorpe United has become a case study for why politicians think they need to step in. A succession of owners, a string of relegations and a more than gloomy balance book left the North Lincolnshire town wondering what life without its football club might look like. But the efforts of the local community led to a small piece of hope. For Radio 4, lifelong Scunthorpe fan and BBC political journalist (in that order) Jack Fenwick tells the inside story of how it all went so wrong and what happened next.

Presenter and producer: Jack Fenwick

**SUN 14:00 Gardeners' Question Time (m001zdtl)**

Horticultural programme featuring a group of gardening experts.

**SUN 14:45 Opening Lines (m001zmmz)**

The Raiders - Episode 1

In the series that takes a look at books, plays and stories and how they work, John Yorke explores S R Crockett's forgotten bestseller, a swashbuckling adventure story set in his native Galloway in south west Scotland.

Written in 1894, Crockett's novel is part romance, part action thriller, and part historical fiction. The action takes place in 1715, during the reign of George I, a time when Galloway was awash with pirates, smugglers, cattle rustlers, gypsies and bandits. John suggests it was the Mission Impossible, if not the Fast and Furious, of its day.

In this first episode, John considers how Crockett's engaging, humorous, pacy style of writing drives the adventure on, and the appeal of his unusually feisty female characters.

John is joined by Cally Phillips, the founder of the Galloway Raiders website, the home of all things Crockett, and Clara Glynn who has adapted The Raiders for BBC Radio 4. Together they discover that, beneath the fast-paced action, Crockett is shining a light on bigger issues - how a young man tests his mettle, the meaning of leadership and how it is possible to live a moral life outside the law.

John Yorke has worked in television and radio for 30 years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatised in BBC Radio 4's Sunday Drama series. From EastEnders to The Archers, Life on Mars to Shameless, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate

with audiences around the globe and has brought together his experience in his bestselling book Into the Woods. As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy John has trained a generation of screenwriters.

Contributors:  
Cally Phillips, founder of The Galloway Raiders website  
Clara Glynn, adapter of The Raiders for BBC Radio 4

Reading by Kyle Gardiner

The Raiders by S R Crockett, from The Galloway Raiders website <https://www.gallowayraiders.co.uk/>

Produced by Jane Greenwood  
Executive Producer: Sara Davies  
Sound by Sean Kerwin  
Researcher: Nina Semple  
Production Manager: Sarah Wright

A Pier production for BBC Radio 4

**SUN 15:00 Drama on 4 (m001zmn1)**

The Raiders

Part 1

By SR Crockett. Adapted for radio by Clara Glynn.

Dubbed "Scotland's forgotten bestseller", The Raiders is an action romance set in the wild country of Galloway.

Part One

Patrick ..... Kyle Gardiner  
May ..... Jessica Hardwick  
Silver Sand ..... Sandy Grierson  
Eppie ..... Laura Lovemore  
Richard Maxwell/Ivie ..... Kenny Blyth  
Kennedy ..... Reuben Joseph  
Will ..... James Rottger  
Gil ..... Robin Laing  
Granny Eggface ..... Anne Lacey  
Marion ..... Rosie Smith

Literary Consultant: Cally Phillips

Directed by Gaynor Macfarlane

**SUN 16:00 Open Book (m001zmn4)**

Maggie Nelson

Octavia Bright talks to Maggie Nelson about Like Love, an anthology of essays which explore art and friendship and criticism. And a new prize for climate fiction.

**SUN 16:30 Round Britain Quiz (m001zmn6)**

Programme 12, 2024

(12/12)

Kirsty Lang welcomes back the North of England and the Scots for the closing match of the 2024 series. With the results very tight this year, Scotland could take the overall series title if they win today. Stuart Maconie and Adele Geras face Val McDermid and Alan McCredie.

Today's questions:

Q1 Which Borough Treasurer's list might include the main thoroughfare of any town, the companion of Mr Smith and Mr Jones, something you might attach to the collars of felines, and (very nearly) where orphan Anne Shirley grows up?

Q2 What would French women conclude about mitochondria and other structures in a cell, the strait connecting the Aegean with the Sea of Marmara, and Britain's most common bats?

Q3 (from James Francis) Music: Why might all of these please a cat?

Q4 The common origin of romantically-inclined geriatrics, an expression of pity for people or creatures, an object made from cowhide and an ancient town on the Clyde, is anything but colourful. Can you explain why?

Q5 If I gave you an old-fashioned tanner, the town where Henry James died, a lot of Lockheed SR-71s and Piscine Molitor Patel, could you give me the rest of the song?

Q6 Music: Why might these three do their bit for the

environment?

Q7 (from Simon Dooker) How could the following be said to contribute to an English Victorian poet's most famous work: an American baseball legend, the home ground of Solihull Moors, the colour of Carly's conceited lover's scarf, Rumer's coming-of-age classic, and what a fabled runaway duo dined on?

Q8 (from Frank Paul) How often would you expect accurate information from items belonging to the following: a deceased relative who lived to be 90, the bride whom Compeyson jilted, and those obeying the first words of 'Funeral Blues'?

Producer: Paul Bajoria

**SUN 17:00 Witness History (w3ct4xf1)**

The Hindenburg airship disaster

In 1937, the Hindenburg airship burst into flames during its mooring in New Jersey, in the US, killing 35 of the 97 passengers and crew.

**SUN 17:10 The Tourist Trap (m001zddg)**

Episode 1

The travel industry is booming with millions more people holidaying abroad each year. In this first episode of The Tourist Trap, seasoned BBC TV travelogue presenter Rajan Datar focuses on the relentless rise of global tourism and the impact that's having on local communities. He hears how the Indian travel market is gearing up to conquer the world. He visits the Austrian village that regularly gets swamped by ten times as many tourists as there are residents. He is in Venice as it begins charging visitors to enter the city on certain days. He'll also be hearing how people have come to the end of their tether in Tenerife. Are we now in danger of killing the goose that lays the golden eggs – ruining the very natural beauty and attractions that we seek out so keenly?

Produced by Bob Howard.

**SUN 17:54 Shipping Forecast (m001zmn9)**

The latest weather reports and forecasts for UK shipping

**SUN 17:57 Weather (m001zmmc)**

The latest weather reports and forecast

**SUN 18:00 Six O'Clock News (m001zmnf)**

National and international news from BBC Radio 4

**SUN 18:15 Pick of the Week (m001zmnh)**

Mike Sweeney

Mike Sweeney chooses audio highlights from the past week.

**SUN 19:00 The Archers (m001z1z2)**

Harrison has some making up to do, and Chelsea learns a few new tricks.

**SUN 19:15 The Beauty of Everyday Things (m001zmnk)**

Poet Ian McMillan has a gift for the art of small pleasures; the joy of close observation; relling in everyday things, places and encounters; describing and re-describing them endlessly. In the company of fellow poets Helen Mort, Steve Ely and Dave Green he takes us to ordinary places that fascinate him: a railway platform with a striking red bench, on a bus journey, to a village cafe, and a local museum of curiosities; where we discover they can be portals into different ways of thinking, of feeling, and of being, where anything can happen, where the ordinary can become the extraordinary if we simply open our eyes and our ears.

Presented by Ian McMillan

Produced by Cecile Wright

**SUN 19:45 Why Do We Do That? (m001g38h)**

Why Do We Wear Make-Up?

Make-up has a long history - from the surprising use of lipstick in ancient Greece to today's Tiktok trends - and though fashions may have changed, some things, like red lips, cheeks, and defined eyes, keep cropping up. So in this episode, Ella Al-Shamahi investigates if there is any biological basis to make-up? Joined by Journalist and BBC Radio 1 presenter Katie Thistleton, and psychologist Professor Richard Russell, Ella discovers fascinating research on how make-up can change the way we perceive faces and ponders on a slightly strange theory about make-up and orgasm.

**SUN 20:00 Word of Mouth (m001zdwq)**

The Irish Language

In conversation with Michael about his book "32 Words For Field" Manchán Magan reveals Ireland's deep connection with the landscape expressed through the Irish language. The author traces his country's relationship with the natural world and its corresponding belief system that encompasses the 'otherworld'. He lists many similarities between Irish and Sanskrit and even Arabic - suggesting a link between the ancient Islamic word Shamrakh and the Irish Seamróg (shamrock). It's a fascinating discussion of a rich and poetic language that survives in traditional communities on the west coast and is being enthusiastically revived in the cities. Manchán also lists the many words that we use in English that have come from Irish and Scots Gaelic: words like 'bog' 'whisky' 'hooligan' and Tory. We also learn a bit of Hiberno-English along the way.

Producer: Maggie Ayre for BBC Audio Bristol

A longer version of this programme is available on the podcast

**SUN 20:30 Last Word (m001zdtq)**

Sir Tony O'Reilly, President Ebrahim Raisi, Penny Simkin, Professor Alasdair Geddes

Matthew Bannister on

The Irish rugby star and businessman Sir Tony O'Reilly. He made billions but ended up bankrupt.

The hardline President of Iran, Ebrahim Raisi.

Penny Simkin, who championed the role of birth doula to help mothers during and after labour.

Professor Alasdair Geddes, the infectious diseases expert who diagnosed the world's last ever case of smallpox – in Birmingham.

Producer: Ed Prendeville

**SUN 21:00 Money Box (m001zlvp)**

[Repeat of broadcast at 12:04 on Saturday]

**SUN 21:25 Radio 4 Appeal (m001zmmf)**

[Repeat of broadcast at 07:54 today]

**SUN 21:30 From Our Own Correspondent (m001zlvk)**

[Repeat of broadcast at 11:30 on Saturday]

**SUN 22:00 Westminster Hour (m001zmmn)**

Radio 4's Sunday night political discussion programme.

**SUN 23:00 In Our Time (m001zdw0)**

Empress Dowager Cixi

Melvyn Bragg and guests discuss the woman who, for almost fifty years, was the most powerful figure in the Chinese court. Cixi (1835-1908) started out at court as one of the Emperor's many concubines, yet was the only one who gave him a son to succeed him and who also possessed great political skill and ambition. When their son became emperor he was still a young child and Cixi ruled first through him and then, following his death, through another child emperor. This was a time of rapid change in China, when western powers and Japan humiliated the forces of the Qing empire time after time, and Cixi had the chance to push forward the modernising reforms the country needed to thrive. However, when she found those reforms conflicted with her own interests or those of the Qing dynasty, she was arguably obstructive or too slow to act and she has been personally blamed for some of those many humiliations even when the fault lay elsewhere.

With

Yangwen Zheng  
Professor of Chinese History at the University of ManchesterRana Mitter  
The S.T. Lee Professor of US-Asia Relations at the Harvard Kennedy School

And

Ronald Po  
Associate Professor in the Department of International History at London School of Economics and Visiting Professor at Leiden UniversityProducer: Simon Tillotson  
In Our Time is a BBC Studios Audio Production

Reading list:

Pearl S. Buck, *Imperial Woman: The Story of the Last Empress of China* (first published 1956; Open Road Media, 2013)Katharine A. Carl, *With the Empress Dowager* (first published 1906; General Books LLC, 2009)Jung Chang, *Empress Dowager Cixi: The Concubine Who Launched Modern China* (Jonathan Cape, 2013)Princess Der Ling, *Old Buddha* (first published 1929; Kessinger Publishing, 2007)Joseph W. Esherick, *The Origins of the Boxer Uprising* (University of California Press, 1987)John K. Fairbank and Merle Goldman, *China: A New History* (Harvard University Press, 2006)Peter Gue Zarrow and Rebecca Karl (eds.), *Rethinking the 1898 Reform Period: Political and Cultural Change in Late Qing China* (Harvard University Press, 2002)Grant Hayter-Menzies, *Imperial Masquerade: The Legend of Princess Der Ling* (Hong Kong University Press, 2008)Keith Laidler, *The Last Empress: The She-Dragon of China* (Wiley, 2003)Keith McMahon, *Celestial Women: Imperial Wives and Concubines in China from Song to Qing* (Rowman & Littlefield, 2020)Anchee Min, *The Last Empress* (Bloomsbury, 2011)Ying-Chen Peng, *Artful Subversion: Empress Dowager Cixi's Image Making* (Yale University Press, 2023).Sarah Pike Conger, *Letters from China: with Particular Reference to the Empress Dowager and the Women of China* (first published 1910; Forgotten Books, 2024)Stephen Platt, *Imperial Twilight: The Opium War and the End of China's Last Golden Age* (Atlantic Books, 2019)Liang Qichao (trans. Peter Zarrow), *Thoughts From the Ice-Drinker's Studio: Essays on China and the World* (Penguin Classics, 2023)Sterling Seagrave, *Dragon Lady: The Life and Legend of the Last Empress of China* (Vintage, 1993)Jonathan D. Spence, *The Search for Modern China* (first published 1991; W. W. Norton & Company, 2001)X. L. Woo, *Empress Dowager Cixi: China's Last Dynasty and the Long Reign of a Formidable Concubine* (Algora Publishing, 2003)Zheng Yangwen, *Ten Lessons in Modern Chinese History* (Manchester University Press, 2018)**SUN 23:45 Short Works (m001zdtm)**

Dŵr by Catrin Kean

An original short story by Catrin Kean. A woman is late for her father's funeral. She hardly knew him, but she spends the night in his empty house, trying to feel his presence.

Catrin Kean won the 2021 Wales Book of The Year Award for her debut novel "Salt".

Reader: Catrin Stewart  
Sound: Nigel Lewis  
Producer: John Norton  
A BBC Audio Drama Wales Production**MONDAY 27 MAY 2024****MON 00:00 Midnight News (m001zmmn)**

The latest news and weather forecast from BBC Radio 4.

**MON 00:15 Crossing Continents (m001zg5v)**

The Caspian Crisis

The Caspian Sea is the largest inland body of water in the world. Bordered by Kazakhstan, Russia, Iran, Turkmenistan and Azerbaijan it spans 371,000 square kilometres and bridges Europe and Central Asia. It's fed mainly by Russia's Volga and Ural rivers and the sea is not only rich in oil and gas but is also home to numerous rare and endemic species, including the Caspian seal and 90% of the world's remaining wild sturgeon. But the Caspian Sea is in crisis. Climate change and the damming of Russia's rivers are causing the coastline to recede

at an alarming rate. The sea's levels have fallen by a metre in the last 4 years, a trend likely to increase. Recent studies have shown that the levels could drop between 9 and 18 metres by 2100. Last June Kazakh government officials declared a state of emergency over the Caspian. Iran has also raised the alarm with the UN. Antonia Bolingbroke-Kent travels to Kazakhstan for Crossing Continents to report from the shores of the Caspian Sea on what can be done to prevent an environmental disaster.

Presented by Antonia Bolingbroke-Kent  
Produced by Caroline Bayley  
Editor, Penny Murphy  
Sound Engineer, Rod Farquhar  
Production coordinator, Gemma Ashman  
Dombrya played by Yelnar Amanzhol**MON 00:45 Bells on Sunday (m001zlwz)**

[Repeat of broadcast at 05:43 on Sunday]

**MON 00:48 Shipping Forecast (m001zmmr)**

The latest weather reports and forecasts for UK shipping

**MON 01:00 Selection of BBC World Service Programmes (m001zmmt)**

BBC Radio 4 joins the BBC World Service.

**MON 05:20 Shipping Forecast (m001zmmw)**

The latest weather reports and forecasts for UK shipping

**MON 05:30 News Briefing (m001zmmx)**

The latest news from BBC Radio 4

**MON 05:43 Prayer for the Day (m001zmp0)**

New week choices

A spiritual comment and prayer to start the day with Haydon Spenceley

Good morning.

As we look forward to a new week, choices lie ahead. Prioritising can be a real challenge. So many things seek our attention, our focus, competing for time, making us feel even more busy than we actually are. We can feel compressed, crowded, squashed, perhaps even somewhat paralysed, in deciding which things matter and should have first place on our to do lists. So much so that it is easy to actually get through a good part of a day so concerned about picking the right thing to do that we don't actually do anything at all. I don't know if I'm the only one who has this problem.

God seems to ask those seeking to know how to make the most of their time to look at some key aspects of life in their decision making. Act justly, love mercy and walk humbly with God.

Acting justly looks very different in each situation and circumstance, but I am reminded that justice means putting others before ourselves, having a well-balanced love of God, self and neighbour (they all have to be equal to really work well). That's a good start. Justice doesn't involve hurting or putting others down. Loving mercy means seeking to actively forgive and encouraging others to do the same.

Walking humbly with God means knowing who we are and whose we are, where our life and breath comes from. I'd love to get those things right more often than I do, starting today.

Father help me to trust you, to act for justice, to rejoice in mercy and being merciful, and to know I am your son and walk hand in hand with you today.

Amen

**MON 05:45 Farming Today (m001zmp2)**

27/05/24 The D-Day farms

To mark the 80th anniversary of Vernon Harwood tells the story of Britain's D-Day farms.

As dawn broke on the morning of the 6th June 1944 thousands of Allied ships and landing craft carrying more than 150,000 troops approached the beaches of Normandy in Northern France as the largest amphibious invasion in the history of warfare got underway. Meanwhile the airborne assault involved more than 11,000 aircraft making it the single largest aerial operation ever seen. D-Day had arrived. Code-named Operation Overlord, it would eventually result in the liberation of Western Europe, the defeat of Hitler's Germany and the end of the Second World War. But what part did the fields, farms and country estates of England have in the success of the Allied invasion?

Landowners, farmers and their families played a vital role in the crucial months leading up to D-Day. Large parts of rural England were taken over by the military and transformed in the process.

The journey starts at The D-Day Story in Portsmouth where the museum archives and exhibits help reveal the background to this complex strategic and logistical exercise. At Chavenage House in Gloucestershire, the Lowsley-Williams family moved out of their home to make way for an American unit working on 'ultra-secret' maps. The Hampshire village of Southwick hosted General Dwight D. Eisenhower while U.S. troops helped with the haymaking and in Dorset an historic farm at Tarrant Rushton was flattened in favour of an airfield.

Produced and presented by Vernon Harwood.

**MON 05:57 Weather (m001zmp4)**

Weather reports and forecasts for farmers

**MON 06:00 Today (m001zly9)**

News and current affairs, including Sports Desk, Weather and Thought for the Day.

**MON 09:00 Start the Week (m001zlyc)**

Reading the Bible

The American author Marilynne Robinson is celebrated as a writer of fiction and non-fiction that raises philosophical questions about how to live an ethical life. In her latest book, *Reading Genesis*, she explores the stories in the Bible and God's promise of enduring covenant with humanity.

The writer Naomi Alderman grew up with stories from the Old Testament, and although no longer a believer, attests to the power and strangeness of these ancient stories. She wishes they were as popular as the Greek myths.

The poet Malika Booker grew up in Guyana where she says the King James Bible was ubiquitous. Its language has influenced her own work, and in recent years she has set herself the task of recroiling the Bible, infusing its stories with the cadences of home.

Producer: Katy Hickman

**MON 09:45 Café Hope (m001zlyf)**

Saved from the skip

Rachel Burden hears from Kate Taylor-Smith who co-founded Second Life, a recycling shop. The community interest company started after the local tip was closed, and also acts as a hub and meeting place for the village, as well as giving out grants to community sustainability initiatives.

Café Hope is our virtual Radio 4 coffee shop, where guests pop in for a brew and a chat to tell us what they're doing to make things better in big and small ways. Think of us sitting in your local cafe and celebrating the people making the world a better place.

We're all about trying to make change. It might be a transformational project that helps an entire community, or it might be about trying to make one life a little bit easier. And the key here is in the trying. This is real life, not everything works and there are struggles along the way. But it's always worth a go.

You can contact us on [cafehope@bbc.co.uk](mailto:cafehope@bbc.co.uk)

Presenter: Rachel Burden  
Producer: Uma Doraiswamy  
Sound Design: Nicky Edwards  
Researcher: Katie Morgan  
Editor: Clare Fordham

**MON 10:00 Woman's Hour (m001zlyh)**

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

**MON 11:00 The Tourist Trap (m001zlyk)**

Episode 2

The travel industry is booming with millions more people holidaying abroad each year. In this second episode of *The Tourist Trap*, Rajan Datar explores the impact of climate change on tourism, alternatives to air travel and what can be done to protect places from the impact of mass tourism. He talks to two British tourists who escaped the wildfires in Greece last summer and its impact on their future holiday plans. He hears how two very different people have given up plane travel. He visits the beautiful Alpine countryside of Bohinj in Slovenia as it tries to protect its way of life from the impact of over-

tourism. Rajan then takes the night train from Venice to Vienna to see if that's a comfortable and convenient alternative to flying.

**MON 11:45 D-Day: The Last Voices (m001zlym)**

Episode 1: The Big Secret

D-Day: The Last Voices brings together a rich collection of historical audio testimonies recorded with those who fought in the invasion of Normandy, alongside extraordinary new interviews with the last surviving veterans, to tell their story of D-Day as it unfolded.

Presented by Paddy O'Connell, each programme charts a distinct chapter of the complex, visceral and moving story of the invasion, from subterfuge and secret planning, to the approach of H-Hour, the landings by air and sea, and on into the battles beyond the beaches.

Commissioned as a collaboration with D-Day: The Unheard Tapes for BBC Two, and drawing on the same longitudinal access and research, the series tells the story of D-Day through the last voices of those who lived it, leading us through their personal experiences of the invasion. Supported by the historical recordings of those who were there with them – this is their story, told in their own words.

The series begins in June 1944, as more than two million troops from over a dozen countries assemble across Southern England for a mission so secret, they don't yet know it will be D-Day, the start of Operation Overlord, to take France and attempt to push back the Nazi occupation of Europe. Allied soldiers train for top secret missions, by air and sea, and receive their mission objectives in sealed camps.

This episode charts the story of the reveal of D-Day to Allied troops, as they learn they will be part of what will become the largest seaborne invasion in history. An operation of such complexity and risk, nothing of this scale had ever been attempted before, the stakes are unimaginably high.

Paddy O'Connell, whose father took part in Operation Overlord as a Royal Marine Commando, interweaves the powerful and striking archive recordings of those who were there, with unique and extraordinary interviews with some of the last surviving veterans on the eve of the 80th anniversary of D-Day.

Meeting two former WRENS - Christina Lamb who helped draw the D-Day maps in Whitehall, and Pat Owttram who spoke German and was based on the Dover Cliffs scanning for Morse code from Occupied France, we are led through the enormous scale of the landings as 156,000 troops prepared for the impending invasion.

In archive recordings of the past, we hear from those who were there too, on landing craft and on ships, driving tanks or learning they would be part of the first waves onto the beaches.

As the hour of leaving for Normandy approached, commanders trusted in their training, and hundreds of thousands of soldiers set sail or took flight for the French coast under the cover of darkness.

Featuring:  
Geoffrey Weaving  
Christian Lamb  
Pat Owttram  
Gordon Prime  
Warwick Nield-Siddall  
Ivan Lambert  
Ray Nance  
James Kelly  
Stanley Scrtt  
John Capon  
James Sink  
Roy Crane  
John Clegg  
William Dunn  
James Staggs

Written and presented by Paddy O'Connell  
Produced by Paul Kobrak  
Technical production by Richard Courtice  
Sound design by Roy Noy, Tom Chilcot, Alex Short, Adam Palmer, Paul Donovan  
Music composed by Sam Hooper

Production Executive – Anne-Marie Byrne  
Archive Assistant Producer – Hannah Mirsky

Archive: BBC News, Fremantle, Paddy O'Connell, made in partnership with Imperial War Museums.

Executive Producers - Morgana Pugh and Rami Tzabar

A Wall to Wall Media production for BBC Radio 4

**MON 12:00 News Summary (m001zlyq)**

The latest national and international news from BBC Radio 4.

**MON 12:04 You and Yours (m001zlys)**

News and discussion of consumer affairs

**MON 12:57 Weather (m001zlyv)**

The latest weather forecast

**MON 13:00 World at One (m001zlyx)**

Forty-five minutes of news, analysis and comment.

**MON 13:45 Shadow World (m001zlyz)**

Thief at the British Museum

Thief at the British Museum: 1. The Man with the Cardboard Box

People have called Dr Ittai Gradel a kind of Sherlock Holmes, if Holmes were Danish and obsessed with gems. He's an antiques dealer with an eye for stolen goods who will help unlock the mystery at the heart of this story.

When Katie meets him in London, he's got something to show her - two ancient gemstones he believes belong to the British Museum.

But this whodunnit begins more than a decade ago as a man with a cardboard box wanders into an antiques market. He has some valuable treasure to sell.

Presenter: Katie Razzall  
Producers: Darin Graham, Ben Henderson and Larissa Kennelly  
Production Coordinator: Gemma Ashman  
Mix and sound design : James Beard  
Composer: Jenny Plant  
Exec-producer: Joe Kent  
Investigations Editor: Ed Campbell  
Series Editor: Matt Willis  
Commissioning Executive: Tracy Williams  
Commissioning Editor: Dan Clarke

Archive: Sky News Australia

**MON 14:00 The Archers (m001zly2)**

[Repeat of broadcast at 19:00 on Sunday]

**MON 14:15 John Finnemore's Souvenir Programme (m001zly4)**

2024 Special

This year's show is all about the village John has moved into since last year's show - and the very big, collective decision that they made last night.

Written and presented by ... John Finnemore  
Ensemble ... Margaret Cabourn-Smith  
Ensemble ... Simon Kane  
Ensemble ... Lawry Lewin  
Ensemble ... Carrie Quinlan

Original music composed by ... Susannah Pearce  
Theme tune arranged by ... Susannah Pearce  
Theme tune performed by ... Susannah Pearce & Sally Stares

Studio managers ... Chris Maclean & Jon Calver  
Sound design ... Rich Evans  
Production coordinator ... Katie Baum  
Executive producer ... Richard Morris  
Producer ... Ed Morrish

An EcoAudio certified production  
A BBC Studios Audio production

**MON 15:00 Great Lives (m001zly6)**

Mary Portas on Anita Roddick

Dame Anita Roddick started The Body Shop in Brighton as a way to earn a living while her husband was travelling the Americas by horseback. Her idea for ethically-sourced beauty products which were initially sold in urine sample bottles soon flew. The first shop that she began with a £4,000 loan and painted green to disguise the damp on the walls then developed into a global empire which was eventually sold to L'Oréal for £652m in 2006.

Retail consultant and broadcaster Mary Portas has chosen Anita Roddick as her Great Life for her extraordinary creativity, her playfulness and her innovation. She is joined by Anita Roddick's daughter Sam who now works with the Roddick Foundation which distributes some of her fortune to charitable causes. They reflect on how Anita Roddick put principles ahead

of profit. She championed cruelty-free beauty and drew inspiration from her international travels to bring exotic-sounding products to the High Street. She pioneered the introduction of creches at work and used her shop windows to promote the environmental campaigns she believed in, leading her to be dubbed the "Queen of Green". They discuss her legacy and ask whether there is still a place for The Body Shop today.

Archive includes Anita Roddick talking on the Nine O' Clock News on 16th April 1984 and from the BBC Life And Times television programme from 2000. It also features Peter Kyle MP talking about his time working for Anita Roddick on the Political Thinking Podcast from 2003.

Presenter: Matthew Parris  
Producer: Robin Markwell for BBC Studios Audio in Bristol

**MON 15:30 History's Secret Heroes (p0hm0rk0)**  
19. The Enigmatic Emily Anderson

Emily Anderson led a double life. This shy musicologist from Galway was also a top codebreaker for the British, whose work would play a crucial role in Allied victory.

Helena Bonham Carter shines a light on extraordinary stories from World War Two. Join her for incredible tales of deception, acts of resistance and courage.

A BBC Studios Audio production for BBC Radio 4 and BBC Sounds.

Producer: Suniti Somaia  
Assistant Producer: Lorna Reader  
Executive Producer: Paul Smith  
Written by Alex von Tunzelmann  
Commissioning editor for Radio 4: Rhian Roberts

**MON 16:00 Stoppage Time for Scunthorpe (m001zlz9)**  
[Repeat of broadcast at 13:30 on Sunday]

**MON 16:30 The Kitchen Cabinet (m001zlvf)**  
[Repeat of broadcast at 10:30 on Saturday]

**MON 17:00 PM (m001zlze)**  
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

**MON 18:00 Six O'Clock News (m001zlzf)**  
National and international news from BBC Radio 4

**MON 18:30 I'm Sorry I Haven't A Clue (m001zlzh)**  
Series 81  
Episode 3

The nation's favourite wireless entertainment pays a visit to the King George's Hall in Blackburn. Marcus Brigstocke and Henning Wehn take on Vicki Pepperdine and Tony Hawks with Jack Dee in the chair. Colin Sell provides piano accompaniment.

Producer - Jon Naismith.

A Random production for BBC Radio 4

**MON 19:00 The Archers (m001zlzk)**  
There's a crisis at Casey Meats, and Lilian treads carefully.

**MON 19:15 Front Row (m001zlzm)**  
Live magazine programme on the worlds of arts, literature, film, media and music.

**MON 20:00 The Briefing Room (m001zldws)**  
How much trouble are UK universities in?

David Aaronovitch and guests discuss the current financial crisis facing UK universities and ask what can be done about it.

Guests:

Branwen Jeffreys, BBC Education Editor  
Nick Hillman, Director of The Higher Education Policy Institute  
Madeleine Sumption, Director of the Migration Observatory at the University of Oxford and member of the Migration Advisory Committee  
Alan Manning, Professor of Economics at the London School of Economics

Production team: Sally Abrahams, Kirsteen Knight, Miriam

Quayyum and Ben Carter  
Editors: Richard Vadon  
Production Co-ordinator: Gemma Ashman  
Sound engineers: Neil Churchill

**MON 20:30 BBC Inside Science (m001zdwv)**  
Micro Nuclear Reactors

Guest presented by Liz Bonnin.

As the UK strives to achieve net zero by 2050, nuclear energy is looking more and more likely as a key player in reaching this goal. But it's not just massive power plants like Hinkley point C - there's are newer smaller reactors on the scene: small and micro modular reactors. 100 to 1000 times smaller than a conventional reactor, faster to build, and put together entirely in a factory before being shipped out, theoretically, anywhere: are micro modular reactors the future of nuclear energy or too good to be true? Dean of Engineering at the University of Liverpool, Eam Patterson, has just published a paper proposing a fleet of micro modular reactors to bear the burden of our energy load and he joins us to discuss the reality.

What came first, the chicken or the egg? Science writer, broadcaster and now egg expert Jules Howard joins us to answer this age old question. His book Infinite Life tells the story of how the egg propelled evolution – whether it's bird, insect, or mammal.

This month, scientist Alexandra Freeman's appointment to the House of Lords was announced. With a background in risk and evidence communication, Alexandra tells us why she applied, what she hopes to achieve, and how the public can get involved.

Presenter: Liz Bonnin  
Producers: Hannah Robins, Ella Hubber, Sophie Ormiston  
Editor: Martin Smith  
Production Co-ordinator: Jana Bennett-Holesworth

**MON 21:00 Start the Week (m001zlyc)**  
[Repeat of broadcast at 09:00 today]

**MON 21:45 Café Hope (m001zlyf)**  
[Repeat of broadcast at 09:45 today]

**MON 22:00 The World Tonight (m001zlzp)**  
In depth reporting, intelligent analysis and breaking news from a global perspective.

**MON 22:45 Long Island by Colm Toibin (m001zlzr)**  
1: 'I am not the father.'

Niamh Cusack reads the heartbreaking sequel to Colm Toibin's bestselling novel, Brooklyn, set twenty years on.

Since leaving Brooklyn, Eilis and Tony have built a happy and secure life in Long Island. The future looks good - until one day a stranger knocks on the door, and everything changes.

Feeling very far from home, Eilis starts to question the life she's created. Her questions lead her back to Ireland, and to those she left behind, as she wonders whether it's too late to take a different path?

Author: Colm Tóibín is the author of eleven novels, including Brooklyn, The Master and The Magician, and two collections of stories. He has been three times shortlisted for the Booker Prize. Tóibín was appointed the Laureate for Irish Fiction 2022-2024.  
Abridger: Richard Hamilton  
Reader: Niamh Cusack is an acclaimed stage and screen Irish actor.  
Producer: Justine Willett

**MON 23:00 Limelight (m00114tk)**  
Harland

Harland - Episode 2: Wednesday

Lucy Catherine's supernatural thriller set in the new town of Harland. A girl has disappeared. A sink hole has entirely swallowed her home. DI Ward continues to investigate.

Sarah ..... Ayesha Antoine  
Dan ..... Tyger Drew-Honey  
Sadie ..... Melissa Advani  
Lori ..... Grace Cooper Milton  
Jess ..... Lizzie Mounter  
Lindsay ..... Jasmine Hyde  
Pete ..... Michael Begley  
Aldo ..... Sam Dale  
DJ ..... Justice Ritchie  
Newsreader ..... Joseph Ayre

Sound design by Caleb Knightley  
Directed by Toby Swift

**MON 23:30 Lights Out (m001g2zn)**  
Series 5

Accounts and Accountability

Across the course of a single day, a documentary-maker hosts an open-call audition for subjects to star in her next project. Accounts and Accountability offers a dive into the ethics of buying and selling true stories.

With music composed by Eliza Niemi  
Sound Recording by Fivel Rothberg  
Assistant Producers: Kristine White, Kyle Damiao, Jose Salazar and Emma Rose Brown  
Special thanks to Sean Hanley, David Pavlovsky, and Kelly Anderson

Produced by Jess Shane  
A Falling Tree production for BBC Radio 4

**TUESDAY 28 MAY 2024**

**TUE 00:00 Midnight News (m001zlzv)**  
National and international news from BBC Radio 4

**TUE 00:30 D-Day: The Last Voices (m001zlym)**  
[Repeat of broadcast at 11:45 on Monday]

**TUE 00:48 Shipping Forecast (m001zlzx)**  
The latest weather reports and forecasts for UK shipping

**TUE 01:00 Selection of BBC World Service Programmes (m001zlzz)**  
BBC Radio 4 joins the BBC World Service.

**TUE 05:20 Shipping Forecast (m001zm01)**  
The latest weather reports and forecasts for UK shipping

**TUE 05:30 News Briefing (m001zm03)**  
The latest news from BBC Radio 4

**TUE 05:43 Prayer for the Day (m001zm05)**  
Ice cream vans on cloudy days

A spiritual comment and prayer to start the day with Haydon Spenceley

Good morning.

I spent the first portion of my life as something of an eternal student. Some people in my family are still waiting for me to get a proper job. One of the beauties of studying a fair amount was that in the summer time I could spend a good portion of my non-studying time watching cricket. This is not something that everyone enjoys, I know, but there's something calm, rhythmic and almost meditative about some aspects of a County Championship Cricket match that other forms of the game and other sports just can't replicate.

It does us good to draw aside and focus on life at a different speed for a while. I find cricket does that for me, even if my working pattern now means I don't actually get to watch much of it! There's something about the calm and contented hum of spectators around a cricket ground, punctuated by an ice cream van optimistically turning up on a cloudy and windy day which reminds me that productivity and pace isn't everything. There's a good deal more to life.

This, of course is not a universally held or even all that popular opinion. I know this because all around me and often within myself I am reminded that I am not doing enough and what I am doing is not being done fast enough. Except that isn't right, is it? God declares those who love him to be enough just because they are, because he says so, not because of how much or how fast we work or produce things. Perhaps a good reminder for us all as we head into today.

Lord, thank you that I am enough because you declare it to be so. Help me to trust and follow you today.

Amen

**TUE 05:45 Farming Today (m001zm07)**  
The latest news about food, farming and the countryside.

**TUE 06:00 Today (m001znlk)**

News and current affairs, including Sports Desk, Weather and Thought for the Day.

**TUE 09:00 Being Roman with Mary Beard (m001zngp)**  
10. A Bag of Snails and a Glass of Wine

An obscure carved stone dug up from a vineyard in southern Italy tells the story of a pair of publicans- the delightfully named Calidius Eroticus and Fannia Voluptas- and their bawdy adventures in the pub trade. Fans of Frankie Howard, the Carry On films and the sitcom Plebs will instantly feel at home with the Roman sense of humour, but these two characters have so much more to offer than lame jokes and a glass of rough wine- they're our window into the fascinating bar culture of the Romans.

Most urban Romans had neither the facilities nor the time to cook their own food so meals were eaten and drinks drunk from bars. New discoveries at Pompeii reveal the complex stratification of the culture, from the most basic takeaways to dining rooms that mimicked the lifestyles of the rich and famous.

Producer: Alasdair Cross

Cast: Robert Wilfort and Tyler Cameron

Expert contributors: Allison Emmerson, Tulane University and Sophie Hay, Archaeological Park of Pompeii

Special thanks to Antonio Valerio of Campi Valerio and Museo Archeologico di Santa Maria delle Monache, Isernia

**TUE 09:30 All in the Mind (m001zngp)**

Grief, summer seasonal affective disorder, and anxiety in older people

In this episode, Claudia Hammond goes to the Chelsea Flower Show to speak to garden designer Katherine Holland. She credits gardening with helping to ease her grief following the death of her mother. Her Grief Kind garden features a meeting space with three chairs set around a coffee table, to encourage conversations about grief and will include a rotating display of personal objects symbolising loved ones who have died.

Professor Catherine Loveday, a psychologist and neuroscientist from the University of Westminster, joins Claudia in the studio to discuss how objects can help us form links in our brains and remember our loved ones.

Many of us breathe a sigh of relief when the weather warms up and the sun pops out, but one listener actually finds their mood worsens during the summer. Catherine and Claudia discuss the little-known condition of summer seasonal affective disorder (SAD).

Finally, we hear from Professor Andrew Steptoe, a psychologist and epidemiologist from University College London. He heads up the English Longitudinal Study of Ageing, which has been running for 20 years. He has found that older people's anxiety levels have remained high following the pandemic. Claudia and Catherine unpick a few of the issues and stereotypes that some people may face.

Presenter: Claudia Hammond

Producer: Alice Lipscombe-Southwell

Studio Manager: Neva Missirlian

Production Coordinator: Siobhan Maguire

Editor: Holly Squire

**TUE 10:00 Woman's Hour (m001znlr)**

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

**TUE 11:00 Add to Playlist (m001zdv1)**

Series 9

Natalie Duncan and Neil Brand take us on a manic journey

Add to Playlist returns for its ninth series and Jeffrey is joined by a new co-host, the violinist and composer Anna Phoebe.

To kick off the new six-part series, Jeffrey and Anna are joined in the studio by the composer and silent film specialist Neil Brand and jazz singer and composer Natalie Duncan, who create a playlist of five tracks which take us from a manic Monday to Blondie's biggest-selling single, via Sergei Prokofiev's children's masterpiece.

Cerys Matthews is taking a temporary pause from presenting the programme in order to pursue other musical and literary projects.

Producer: Jerome Weatherald

Presented with musical direction by Jeffrey Boakye and Anna

Phoebe

The five tracks in this week's playlist:

Manic Monday by The Bangles

The Knight Bus from Harry Potter and the Prisoner of Azkaban by John Williams

Peter and the Wolf: The Duck, Dialogue with the Bird, Attack of the Cat by Sergei Prokofiev

Matte Kudasai by King Crimson

Call Me by Blondie

Other music in this episode:

Mr Vain by Culture Beat

Manic Monday by Apollonia 6

Manic Monday by Prince

Apparition on the Train from Harry Potter and the Prisoner of Azkaban by John Williams

Double Trouble from Harry Potter and the Prisoner of Azkaban by John Williams

I Put a Spell on You by Nina Simone

Move on up a Little Higher by Mahalia Jackson

**TUE 11:45 D-Day: The Last Voices (m001znlz)**

Episode 2: Out of the Skies

D-Day: The Last Voices brings together a rich collection of historical audio testimonies recorded with those who fought in the invasion of Normandy, alongside extraordinary new interviews with the last surviving veterans, to tell their story of D-Day as it unfolded.

Presented by Paddy O'Connell, each programme charts a distinct chapter of the complex, visceral and moving story of the invasion, from subterfuge and secret planning, to the approach of H-Hour, the landings by air and sea, and on into the battles beyond the beaches.

Commissioned as a collaboration with D-Day: The Unheard Tapes for BBC Two, and drawing on the same longitudinal access and research, the series tells the story of D-Day through the last voices of those who lived it, leading us through their personal experiences of the invasion. Supported by the historical recordings of those who were there with them – this is their story, told in their own words.

As night falls on 5th June 1944, 18,000 men ready themselves to leave Britain and embark on their missions. They will be the first in behind enemy lines on D-Day.

In parachutes, planes and gliders, they set off, and approach the Normandy coast as night gives way to the early hours of 6th June, marking the beginning of D-Day itself. Dropping in their thousands, many find they land far from their targets, alone, wounded or dying as their parachutes become waterlogged in flooded fields.

12,000 aircraft drop them in, and pilots and soldiers within with those aircraft lead us through the story, some of whom make the jump, describing in visceral and revealing detail how dangerous and tense their mission was.

At the Bénouville Bridge on the Orne Canal, later known as "Pegasus", a glider breaks apart as it lands and Major John Howard, Eddie Edwards and Wally Parr from the British Airborne recount their crash landing. Taking targets like this bridge is an essential part of the operation, for protecting the wider invasion zone and the beaches. In just a few short hours, the biggest amphibious landing in history will commence.

Featuring:

Geoffrey Weaving

Bernard Morgan

Marie Scott

Joe Cattini

Ray Nance

Terence Otway

Des O'Neill

Eddie Edwards

John Howard

Wally Parr

Victor Newcomb

Nat Hoskot

Warwick Nield-Siddall

William Dunn

Written and presented by Paddy O'Connell

Produced by Paul Kobrak

Technical production by Richard Courtice

Sound design by Roy Noy, Tom Chilcot, Alex Short, Adam Palmer, Paul Donovan

Music composed by Sam Hooper

Production Executive – Anne-Marie Byrne

Archive Assistant Producer – Hannah Mirsky

Archive: The D-Day Story Portsmouth, BBC News, Paddy

O'Connell, made in partnership with Imperial War Museums.

Executive Producers - Morgana Pugh and Rami Tzabar

A Wall to Wall Media production for BBC Radio 4

**TUE 12:00 News Summary (m001znm4)**

The latest national and international news from BBC Radio 4.

**TUE 12:04 You and Yours (m001znm4)**

News and discussion of consumer affairs

**TUE 12:57 Weather (m001znmj)**

The latest weather forecast

**TUE 13:00 World at One (m001znmj)**

Forty-five minutes of news, analysis and comment.

**TUE 13:45 Shadow World (m001znmj)**

Thief at the British Museum

Thief at the British Museum: 2. White Paper Dots

A mysterious seller appears with a seemingly endless supply of ancient, precious gems at bargain prices. Collector and dealer Ittai Gradel snaps them up. But then a strange series of events starts to unfold.

From his home in rural Denmark, Ittai becomes suspicious about what is happening hundreds of miles away at the heart of the British Museum.

Presenter: Katie Razzall

Producers: Darin Graham, Ben Henderson and Larissa Kennelly

Production Coordinator: Gemma Ashman

Mix and sound design: James Beard

Composer: Jenny Plant

Exec-producer: Joe Kent

Investigations Editor: Ed Campbell

Series Editor: Matt Willis

Commissioning Executive: Tracy Williams

Commissioning Editor: Dan Clarke

**TUE 14:00 The Archers (m001zlkz)**

[Repeat of broadcast at 19:00 on Monday]

**TUE 14:15 Drama on 4 (m001znmw)**

Flixborough 74

By Helen Cross. Real-life interviews and drama combine to mark fifty years since the Nypro disaster, in the small village of Flixborough in North Lincolnshire.

At 4.53pm on 1st June 1974, an explosion 'of warlike dimensions' silenced the nearby town of Scunthorpe. One of the UK's worst ever chemical explosions, it turned the Nypro chemical plant at Flixborough into a wasteland, burning for ten days and scorching surrounding fields. Two hundred houses were destroyed, over a thousand properties damaged and sending a toxic gas cloud drifting towards Yorkshire. Thirty-six people were seriously injured and twenty-eight men died.

This drama-documentary interweaves the testimony of people who were directly affected by the disaster with a fictionalised reconstruction of key preceding events.

Everyone in Scunthorpe – and for fifty miles around - knows exactly where they were when Nypro went up. The writer and producer both lived nearby as children. They both heard the explosion and remember the trauma of its aftermath on local people. The disaster shocked the nation, and led to extensive, hitherto unacceptably strict developments in health and safety legislation.

Pete and Les are trying to restart the reactors at the Nypro chemical works when they notice a rise in pressure. Peggy and Arlene are having fun at the Appleby-Frodingham Steel Gala, unaware of how their world is about to change.

Les...John Godber

Peggy...Jane Thornton

Arlene...Martha Godber

Pete...Peter Caulfield

Sports Commentator...James Hoggarth

Narrator...Helen Cross

Sound Design...Mary Ward-Lowery and Ilse Lademann.

Music by Ben Nicholls.

Director...Mary Ward-Lowery

We would like to thanks Paul and Joyce Freear, Andrew Green, Margaret and David Humphries and Ian Johnson for their generous assistance in the making of this programme.



**TUE 15:00 Short Cuts (m001znn0)**

Lost

Evaporating answers, mysterious music and disappearing dialects - Josie Long presents short documentaries about things in danger of becoming lost.

Curated by Axel Kacoutié and Eleanor McDowall  
Series Producer: Eleanor McDowall  
A Falling Tree production for BBC Radio 4

**TUE 15:30 Thinking Allowed (m001znn4)**

Garden Utopias

Garden Utopias: Michael Gilson, Associate Fellow of the School of Media, Arts and Humanities, University of Sussex, takes Laurie Taylor behind the privet hedge, to explore the suburban garden and the beautification of Britain. How did millions of Britain develop an obsession with their own cherished plot of land? Although stereotyped as symbols of middle class conformity, these gardens were once seen as the vanguard of progressive social change, a dream of a world in which beauty would be central to all of our lives.

Also, JC Niala, doctoral researcher at the School of Anthropology and Museum Ethnography, University of Oxford, considers urban gardening spaces as places of hope. 36 months of fieldwork on allotment sites and guerrilla gardeners streets across Oxford revealed sites where gardeners imagined, invented, and produced a better future within their city.

Producer: Jayne Egerton

**TUE 16:00 Michael Sheen Gets Into Character (m001znn8)**

Fragility

Michael Sheen explores the strange art of acting.

Today, there's a lot of talk about the "fragility" of young actors and audiences. But has that fragility always existed? And is it in fact necessary to the task of getting into character?

In the final installment of this series, Michael finds out what it's like to be a young actor today, in an industry that has changed so much since he started out.

As the world of acting evolves, are the teachings of Stanislavski and Adler still relevant? Mia McKenna-Bruce is a 26 year old actress who has never been to drama school but has just won a BAFTA. She tells Michael how she developed her own unique way of getting into character. Meanwhile, Brandon Grace remembers his struggle to break into drama school as a working class actor.

On-set therapists and intimacy co-ordinators are becoming the new normal. Many actors and directors worry that these mediators will dampen "the spark." Dramatherapist Lou Platt tells us how an actor getting in touch with their inner child helped them to learn their lines, while intimacy co-ordinator David Thackeray explores the freedom of performance that can be found within the choreography of movement.

Produced by Alice McKee for BBC Audio.

**TUE 16:30 When It Hits the Fan (m001znnD)**

Who's in the news for all the wrong reasons? With David Yelland and Simon Lewis.

**TUE 17:00 PM (m001znnj)**

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

**TUE 18:00 Six O'Clock News (m001znnn)**

National and international news from BBC Radio 4

**TUE 18:30 Joe Lycett's Obsessions (m000czy3)**

Series 2

Clara Amfo and Carol Kirkwood

Joe Lycett's second series, exploring the nation's weird and wonderful obsessions by getting to know a selection of famous and not so famous guests.

Joining him on the sofa is weather presenter Carol Kirkwood, who shares her obsession with a cat called Donald, whilst Radio 1 DJ Clara Amfo reveals her love of trainers.

Joe also welcomes members of the public to share their secret passions, as well as this week's VOP (very obsessed person), Paul Fraine, who introduces Joe to the world of Live Action Role Play.

Written and performed by Joe Lycett.

With material from James Kettle and additional material from Catherine Brinkworth and Kat Sadler.

Produced by Suzy Grant.

A BBC Studios Audio production for BBC Radio 4, first broadcast in January 2020.

**TUE 19:00 The Archers (m001zng4)**

Jakob has bad news to impart, and Lynda launches her latest scheme.

**TUE 19:15 Front Row (m001znn5)**

Live magazine programme on the worlds of arts, literature, film, media and music.

**TUE 20:00 File on 4 (m001zdk)**

Detained and Restrained: Britain's Vulnerable Kids

The most senior family court judge in England has described the growing use of Deprivation of Liberty orders for vulnerable children as a 'crisis.' File on 4 hears from young people who were held under the order supposedly for their own safety. But they say they were under constant supervision, denied access to their phones and the internet and kept away from their families. Some say they were subjected to physical restraints and even supervised when they were having a shower. And one teenager who was on a Deprivation of Liberty order tells the programme he preferred being in prison.

Reporter: Ashley John-Baptiste

Producer: Phil Marzouk

Technical Producer: Craig Boardman

Production coordinator: Ellie Dover

Editor: Carl Johnston

**TUE 20:40 In Touch (m001znmw)**

News, views and information for people who are blind or partially sighted.

**TUE 21:00 The Law Show (m001zdr2)**

Protest, Lasting power of attorney and the Green belt

Weekly conversation led by Dr Joelle Grogan that gives you an in-depth understanding of the law stories making the news and the legal decisions that could have a bearing on everyone in the UK. Whether it's unpicking a landmark legal ruling, explaining how laws are made or seeking clarity for you on a legal issue, The Law Show will be your guide.

This week:

Protest law has been tightened up a lot in the last year, giving the police more leeway to stop disruption. But parts of the new powers have now been deemed unlawful by the High Court. So what is and isn't legal when it comes to protest? And how should the police handle protesters? Joelle explores all this with barrister Dr Sam Fowles and with Andy Walker from the College of Policing.

Is it legal to build on greenbelt land? Campaigners in Greater Manchester are taking legal action after Bury council announced plans to build 1500 homes on greenbelt.

And: why you may need a "Lasting Power of Attorney", even if you're married. If your spouse were to be incapacitated, being next of kin is not enough to make financial or health decisions about them. Social media's "legal queen", solicitor Tracey Maloney, talks us through how and when to get an LPA.

Producers: Ravi Naik and Arlene Gregorius

Editor: Tara McDermott

Production coordinator: Maria Ogundele

**TUE 21:30 The Bottom Line (m001znnY)**

The Decisions That Made Me a Leader

Episode 3

Evan Davis hosts the business conversation show, with insight from the people at the top.

**TUE 22:00 The World Tonight (m001znp0)**

In depth reporting, intelligent analysis and breaking news from a global perspective.

**TUE 22:45 Long Island by Colm Toibin (m001znp2)**

2: 'I'm going to Ireland.'

Niamh Cusack reads the long-awaited and heart-breaking sequel to Brooklyn, set twenty years on.

Since leaving Brooklyn, Eilis and Tony have built a happy and secure life in Long Island. The future looks good - until one day a stranger knocks on the door, and everything changes.

Feeling very far from home, Eilis starts to question the life she's created. Her questions lead her back to Ireland, and to those she left behind, as she wonders whether it's too late to take a different path?

Today: when her mother-in-law threatens to adopt Tony's illegitimate baby, Eilis feels herself being called back to Ireland...

Author: Colm Tóibín  
Abridger: Richard Hamilton  
Reader: Niamh Cusack  
Producer: Justine Willett

**TUE 23:00 Uncanny (m001znp4)**

Series 4

Uncanny USA

Danny Robins turns his supernatural gaze to the other side of the Atlantic.

**TUE 23:30 Lights Out (m001g9ss)**

Series 5

Greenham Convictions

It's 40 years this month since 30,000 women 'embraced the base' at RAF Greenham Common, Berkshire in protest at the proposed siting of cruise missiles there. For some of them, the Women's Peace Camp became home and the RAF base the scene of countless actions, as political convictions led inevitably to arrests, court appearances and imprisonment.

Lyn Barlow served something between 15 and 20 sentences - she lost count - and Sue Say at least eight. Mild-mannered former teacher Mary Millington has journals documenting her numerous prison terms. Greenham Convictions traces why these women put not just their bodies but "their entire beings" on the line for a cause - and at what price.

With thanks to Rebecca Mordan of Greenham Women Everywhere.

Produced by Alan Hall

A Falling Tree production for BBC Radio 4

**WEDNESDAY 29 MAY 2024****WED 00:00 Midnight News (m001znp6)**

National and international news from BBC Radio 4

**WED 00:30 D-Day: The Last Voices (m001znlY)**

[Repeat of broadcast at 11:45 on Tuesday]

**WED 00:48 Shipping Forecast (m001znp8)**

The latest weather reports and forecasts for UK shipping

**WED 01:00 Selection of BBC World Service Programmes (m001znpb)**

BBC Radio 4 joins the BBC World Service.

**WED 05:20 Shipping Forecast (m001znpd)**

The latest weather reports and forecasts for UK shipping

**WED 05:30 News Briefing (m001znpG)**

The latest news from BBC Radio 4

**WED 05:43 Prayer for the Day (m001znpj)**

The history of disability

A spiritual comment and prayer to start the day with Haydon Spenceley

Good morning.

I have loved history all my life. I used to be good at remembering dates of kings and queens, rulers, wars and battles in medieval times. All the sorts of things that we get taught about through school. Later on I got to be more interested in social history, what made people tick in times past, who they were, how towns and cities developed, that sort of thing. At once both a bit esoteric but also crucially important to and how

we are who we are today. Human beings have always fundamentally had similar natures even if we view things differently in each generation.

I'm regularly reminded for instance, that this is one of the first generations that I as a disabled person in the UK have been mostly physically safe and likely to live an in inverted commas normal way in all of our history. That's a bit mad (and scary) when you think about it, isn't it? And something that we must work hard to maintain, for the future.

The point of history for me is to learn well for today and live well today and to set the right tone for tomorrow. There has been wisdom in the past as well as failure and we do well to listen and to learn to both.

If we've failed in the past we can feel like that is what defines the story of our lives. But it doesn't have to. All of us have failed and fallen short both of God's glory and God's best for us. But there is hope. Asking for help, for mercy, and the chance to live and learn from the past into the present and the future is a good way to start today.

Thank you for the good, the bad and the ugly in my history, for all I have learned and all I am yet to learn. Help me to learn to trust and follow your way today.

Amen

#### WED 05:45 Farming Today (m001znp1)

The latest news about food, farming and the countryside.

#### WED 06:00 Today (m001znf1)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

#### WED 09:00 More or Less (m001zmbf)

Tim Harford explains - and sometimes debunks - the numbers and statistics used in political debate, the news and everyday life.

#### WED 09:30 Intrigue (m001z75g)

To Catch a Scorpion

To Catch a Scorpion: 3. Satisfaction Guaranteed

It's already late when the BBC team get a tip off that Scorpion's network of complicit lorry drivers might be operating from a new pick-up point. They stay hidden as events unfold.

Barzan Majeed - codenamed Scorpion - leads the Scorpion gang. He's on international most-wanted lists. He started his criminal career in Britain and went on to build a smuggling empire which now spans the globe.

An international police surveillance operation trapped more than 20 of his gang and almost netted Scorpion himself, but he was tipped off and escaped. BBC journalist, Sue Mitchell, and former soldier and aid worker, Rob Lawrie, team up to try to do what the police have been unable to achieve: to find Scorpion, to speak to him, to ask him to account for his crimes and to seek justice to those families he has harmed.

Their investigation takes them to the heart of an organised criminal gang making millions from transporting thousands of migrants on boat and lorry crossings that in some cases have gone dangerously wrong, causing serious injury and putting lives at risk. They witness his operation in action and record as intense situations unfold, where vulnerable people desperate for a better future, put their lives in the hands of ruthless and dangerous criminals.

To Catch a Scorpion is a BBC Studios Audio Production for BBC Radio 4 and is presented and recorded by Sue Mitchell and Rob Lawrie.

The series is produced by Sue Mitchell, Winifred Robinson and Joel Moors

The Editor is Philip Sellars  
Commissioning Editor is Daniel Clarke  
Commissioning Exec Tracy Williams  
Assistant Commissioner Podcasts/Digital, Will Drysdale  
Original music is by Mom Tudie  
and Sound Design is by Tom Brignell

#### WED 10:00 Woman's Hour (m001zfnf)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

#### WED 11:00 File on 4 (m001zg5q)

Long Covid: Mind Over Matter?

There are some two million people with long Covid in the UK - and most of them - around one and a half million - have

symptoms that interfere with day to day activities. Fatigue, breathlessness, heart palpitations and severe dizziness are just some of the conditions people experience.

Currently there's no test for long covid and it could be years before we know for sure how best to treat the condition. This struggle to get help is leaving some very unwell people desperate - and willing to try anything to get better. There are treatments to wash your blood, high pressure oxygen chambers normally used by deep sea divers. A rainbow of supplements. All with varying degrees of evidence. And perhaps most strongly dividing opinion - programmes that claim to retrain long Covid patients' brains to stop their symptoms. They say they can help people recover from illness by rewiring the brain using techniques to influence physical changes in the body. Rachel Schraer - the BBC's health and disinformation correspondent - hears from people with long Covid who say the programmes didn't work and in some cases made them feel worse. Others say they fully recovered.

Reporter: Rachel Schraer

Producer: Paul Grant

Technical producers: Cameron Ward and Nicky Edwards

Production co-ordinator: Tim Fernley

Editor: Carl Johnston

#### WED 11:45 D-Day: The Last Voices (m001znfr)

Episode 3: Over the Sea

D-Day: The Last Voices brings together a rich collection of historical audio testimonies recorded with those who fought in the invasion of Normandy, alongside extraordinary new interviews with the last surviving veterans, to tell their story of D-Day as it unfolded.

Presented by Paddy O'Connell, each programme charts a distinct chapter of the complex, visceral and moving story of the invasion, from subterfuge and secret planning, to the approach of H-Hour, the landings by air and sea, and on to the battles beyond the beaches.

Commissioned as a collaboration with D-Day: The Unheard Tapes for BBC Two, and drawing on the same longitudinal access and research, the series tells the story of D-Day through the last voices of those who lived it, leading us through their personal experiences of the invasion. Supported by the historical recordings of those who were there with them - this is their story, told in their own words.

As the landings begin on all five beaches, the first waves of men approach the shores of Normandy in landing craft. For many of the young soldiers on both sides, this is the first time they have seen action, and the closer the shore comes, the more excitement is replaced with terror.

At Omaha, the American landing craft are carried off course by strong currents. Worse still they discover that the pre-invasion naval bombardment has largely missed the German bunkers. Men see their friends gunned down before they even step foot on the shore. British Commandos peddle bicycles from Sword beach to act as reinforcements, and tank commanders describe scenes of untold terror on the beaches as they try to cross the sand.

Finally, movement off the beaches seems possible, but as the Allied Forces move off the beaches and into the Normandy countryside, danger lurks at every turn.

Featuring:  
Don Duffield-Abdy  
Bernard Morgan  
Joe Cattini  
Jim Glennie  
Geoffrey Weaving  
Ted Batley  
Ray Nance  
William Dunn  
James Kelly  
Stanley Scott  
Ray Nance  
James Sink  
Warwick Nield-Siddall  
John Clegg  
Bill Millin

Written and presented by Paddy O'Connell

Produced by Paul Kobrak  
Technical production by Richard Courtice  
Sound design by Roy Noy, Tom Chilcot, Alex Short, Adam Palmer, Paul Donovan  
Music composed by Sam Hooper

Production Executive - Anne-Marie Byrne

Archive Assistant Producer - Hannah Mirsky

Archive: Fremantle, BBC News, Paddy O'Connell, made in

partnership with Imperial War Museums.

Executive Producers - Morgana Pugh and Rami Tzabar

A Wall to Wall Media production for BBC Radio 4

#### WED 12:00 News Summary (m001znft)

The latest national and international news from BBC Radio 4.

#### WED 12:04 You and Yours (m001znfw)

News and discussion of consumer affairs

#### WED 12:57 Weather (m001znfy)

The latest weather forecast

#### WED 13:00 World at One (m001zng0)

Forty-five minutes of news, analysis and comment.

#### WED 13:45 Shadow World (m001zng2)

Thief at the British Museum

Thief at the British Museum: 3. Lightbulb Moment

For Ittai, the clues finally fall into place. Has he identified the thief?

Ittai Gradel long suspected someone was selling ancient gems that once belonged to the British Museum. But he had no idea when they were stolen or by whom.

Now a startling discovery leads him to believe the thefts are recent and that the thief is someone in a position of trust.

Presenter: Katie Razzall

Producers: Darin Graham, Ben Henderson and Larissa Kennelly

Production Coordinator: Gemma Ashman

Mix and sound design: James Beard

Composer: Jenny Plant

Exec-producer: Joe Kent

Investigations Editor: Ed Campbell

Series Editor: Matt Willis

Commissioning Executive: Tracy Williams

Commissioning Editor: Dan Clarke

#### WED 14:00 The Archers (m001zng4)

[Repeat of broadcast at 19:00 on Tuesday]

#### WED 14:15 The Interrogation (m000712n)

Series 7

Evie

Roy Williams' contemporary crime drama. D.I. Max Matthews and D.S. Sean Armitage pride themselves on their confounding interrogation technique, but nothing has prepared them for Evie.

Cast

Max ..... Kenneth Cranham  
Sean ..... Alex Lanipekun  
Evie ..... Marcia Warren  
Ronald ..... Sean Baker  
PC Jones ..... Helen Clapp

Writer ..... Roy Williams

Music ..... David Picknave

Director ..... Jessica Dromgoole

Producer ..... Mary Peate

#### WED 15:00 The Law Show (m001zng6)

The Law Show is your guide to the law and the legal decisions that have a bearing on everyone in the UK.

#### WED 15:30 The Artificial Human (m001zng8)

Can AI Look After Me in Old Age?

Artificial Intelligence is in our homes, schools and workplaces. What does this mean for us?

In 'The Artificial Human,' Aleks Krotoski and Kevin Fong set out to 'solve' AI. Or at the very least, to answer our questions about it. These are the questions that really matter to us - is AI smarter than me? Could AI make me money? Will AI save my life? They'll pursue the answer by speaking to those closest to the forefront of AI-related innovation. By the end of each programme, the subject will be a little clearer - for us, and for themselves.

In this episode, listener Val wants to know; 'Can AI look after

me in old age?'  
Val has experience of looking after elderly relatives, and she's aware that it can take its toll. It's made her reflect on what her own future might look like. Will AI be able help her to be independent for longer? And if so, how?

Aleks and Kevin don't have all the answers, but they bring intelligence, curiosity and wit to the journey, seeking out the facts for us and speaking to those who are currently shaping our AI futures. This is very much a shared journey to get to the bottom of our deepest hopes and fears about these world changing technologies.

**WED 16:00 The Media Show (m001zngb)**  
Topical programme about the fast-changing media world

**WED 17:00 PM (m001zngd)**  
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

**WED 18:00 Six O'Clock News (m001zngg)**  
National and international news from BBC Radio 4

**WED 18:30 Robin Ince's Reality Tunnel (m001ngwk)**  
Fossils of the Mind

In the first of his two-part series Robin talks about love, books, and his love of books. He explores how we sometimes find it difficult to express our love and shares stories of the delight he's experienced on his travels. It is also a cautionary tale, warning of the dangers of not sharing praise and admiration before it's too late.

Escaping the confines of The Infinite Monkey Cage, comedian Robin Ince takes us on a journey through his Reality Tunnel in his second two-part stand-up series, recorded specially for Radio 4.

For over 30 years Robin Ince has been discharging fascinating thoughts, unusual knowledge, and infectious excitement into the universe. Over this time, these disparate, dusty specs of information have steadily clumped together and formed into an entity known as the 'Reality Tunnel'.

Previously, Robin's live appearances have only been visible to those astute enough to be tracking his trajectory; those with a keen enough eye to catch a fleeting glimpse of him as he twinkles through their orbit, emitting his ideas, shedding light on the human condition, before vanishing again into the distance. But now, using specialist recording tools and fancy editing, this phenomenon has been captured in high resolution audio for all to hear.

Praise for series 1  
- "I was practically in tears of joy and wonder. I found it deeply moving and profoundly comforting"  
- "It is a thing of beauty and joy and a thing for me amid an ocean of things that aren't!"  
- "it's good to know I'm not the only one with those 'thoughts'"

Writer / Performer ... Robin Ince  
Voice Over ... Cody Dahler  
Producer ... Carl Cooper  
Production Coordinator ... Mabel Wright

Sound Manager ... Jerry Peal  
Sound Editor ... Joshan Chana  
Original Music ... Dan Antopolski

Picture by Steve Best  
BBC Studios Production for Radio 4

**WED 19:00 The Archers (m001zngj)**  
Ben struggles to say no, and Jolene makes an interesting discovery.

**WED 19:15 Front Row (m001zngl)**  
Live magazine programme on the worlds of arts, literature, film, media and music.

**WED 20:00 AntiSocial (m001zdt6)**  
Adam Fleming helps you work out what the culture war arguments are really about.

**WED 20:45 Uncharted with Hannah Fry (m001r1xx)**  
9. Access Denied

A young researcher gains access to a secretive data set and discovers something shocking.

What happens when a system designed to help people harms them instead?

Hannah Fry tells a tale about the mysterious realm of artificial intelligence.

Episode Producers: Lauren Armstrong-Carter and Clem Hitchcock  
Sound Design: Jon Nicholls  
Story Editor: John Yorke

A series for Radio 4 by BBC Science in Cardiff.

**WED 21:00 Being Roman with Mary Beard (m001zngp)**  
[Repeat of broadcast at 09:00 on Tuesday]

**WED 21:30 All in the Mind (m001zngq)**  
[Repeat of broadcast at 09:30 on Tuesday]

**WED 22:00 The World Tonight (m001zngt)**  
In depth reporting, intelligent analysis and breaking news from a global perspective.

**WED 22:45 Long Island by Colm Toibin (m001zngw)**  
3: 'My mother said you broke his heart.'

Niamh Cusack continues Colm Toibin's long-awaited and heartrending sequel to Brooklyn, set twenty years on.

Since leaving Brooklyn, Eilis and Tony have built a happy and secure life in Long Island. The future looks good - until one day a stranger knocks on the door, and everything changes.

Feeling very far from home, Eilis starts to question the life she's created. Her questions lead her back to Ireland, and to those she left behind, as she wonders whether it's too late to take a different path?

Today: Eilis' unexpected return home to Ireland sends shockwaves through her small village...

Author: Colm Tóibín  
Abridger: Richard Hamilton  
Reader: Niamh Cusack  
Producer: Justine Willett

**WED 23:15 Tom Mayhew Is Benefit Scum (m0019r5n)**  
Series 2

These Boots Are Made for Working

Comedian Tom Mayhew and his tiny Mum explore jobs, life and ambition. What does it mean to have a successful life and is it even possible when there's a cost of living crisis?

Tom Mayhew Is Benefit Scum is an autobiographical stand-up series where the comedian shares stories about his life growing up working class and his time on benefits. The show takes a wry, sideways look at the prejudices that people have towards benefits claimants and turns those assumptions on their head.

Written and Performed by Tom Mayhew  
Featuring Chris Cantrill  
Additional Material – Olivia Phipps  
Production Coordinator – Katie Baum  
Producer – Benjamin Sutton  
A BBC Studios Production.

**WED 23:30 Lights Out (m001gj61)**  
Series 5

Call Signs

A man, a Mouse and a morse key: the story of a radio amateur in Kyiv as the Russian invasion unfolds.

When his wife and two children flee Kyiv to escape the war, Volodymyr Gurtovy (call sign US7IGN) stays behind in their apartment with only his radios and the family hamster, Mouse, for company.

Before the war, he used to go deep into the pine forests, spinning intricate webs of treetop antennas using a fishing rod, catching signals from radio amateurs in distant countries.

Prohibited by martial law from sending messages, he becomes a listener, intercepting conversations of Russian pilots and warning his neighbours to hide in shelters well before the sirens sound. After three months of silence, he begins transmitting again. Switching his lawyer's suit for a soldering iron, he runs a radio surgery for his friends and neighbours, dusting off old shortwave receivers and bringing them back to life.

During air raids, he hides behind the thickest wall in his apartment, close to his radios, their flickering amber lights opening a window to another world. A story of sending and receiving signals from within the darkness of the Kyiv blackout.

Music: Ollie Chubb (8ctavius)  
Producer: Cicely Fell  
A Falling Tree production for BBC Radio 4

**THURSDAY 30 MAY 2024**

**THU 00:00 Midnight News (m001zngy)**  
National and international news from BBC Radio 4

**THU 00:30 D-Day: The Last Voices (m001znfr)**  
[Repeat of broadcast at 11:45 on Wednesday]

**THU 00:48 Shipping Forecast (m001znh0)**  
The latest weather reports and forecasts for UK shipping

**THU 01:00 Selection of BBC World Service Programmes (m001znh2)**  
BBC Radio 4 joins the BBC World Service.

**THU 05:20 Shipping Forecast (m001znh4)**  
The latest weather reports and forecasts for UK shipping

**THU 05:30 News Briefing (m001znh8)**  
The latest news from BBC Radio 4

**THU 05:43 Prayer for the Day (m001znhd)**  
Rocks Crying

A spiritual comment and prayer to start the day with Haydon Spenceley

Good morning.

Have you ever heard rocks crying? I'm reminded this morning of the verse in scripture that reminds us that the whole earth declares the glory, or sings the glory of God. If humans don't praise, the rocks will cry out. I'm a writer of songs and a lifelong lover of music. If even rocks will cry out in song then there must be music for me to make with my life, starting today. If we're not careful we can miss the beauty, joy, wonder of life, the astounding melody and harmony which is at play in the heart of everything. Even when you turn a tap on and pipes hum, or boil a kettle, some kind of music plays in the atmosphere. As we show love, kindness, as we are generous, as we are thankful to God for the love shown to us by Jesus in coming to be one of us, there is a playing of a new song of hope.

That might all sound a bit much, a bit strange, but it's all about perspective. Our hearts can sing God's song, a song of love, joy, peace, hope and freedom for our own lives and for the lives of those we come into contact with today. We are designed to praise, to be thankful, at the most basic to be positive. I'm somewhat gnarled and cynical, so none of that comes naturally to me, but nonetheless, that is what I'm made for, so I am trying to learn what it is to be someone who sings a new song of God's goodness day by day.

Help me to sing a new song to you today, whether that is a literal song, or the kind of song a life well-lived and focused on your way can sing. Let the melodies and harmonies of my song today be pleasing to your ear.

Amen

**THU 05:45 Farming Today (m001znhh)**  
The latest news about food, farming and the countryside.

**THU 06:00 Today (m001znk8)**  
News and current affairs, including Sports Desk, Weather and Thought for the Day.

**THU 09:00 In Our Time (m001znkd)**  
Melvyn Bragg and guests discuss the history of ideas.

**THU 09:45 Just One Thing - with Michael Mosley (m001zmdl)**  
Volunteer

In this episode, Michael Mosley discovers that, as well as being a very rewarding thing to do, volunteering your time, labour or spare room can really benefit your health too. Michael speaks

with Dr Edith Chen from Northwestern University in the US, who has been investigating the power of helping others. She tells Michael about her studies showing that by boosting your mood and empathy, volunteering can lower chronic inflammation, cholesterol and even help you lose weight. It's also a great way to meet new people! Meanwhile, Matt gives back to his local community by volunteering at a food bank.

Series Producer: Nija Dalal-Small  
Editor: Zoë Heron  
A BBC Studios production for BBC Sounds / BBC Radio 4.

#### THU 10:00 Woman's Hour (m001znkj)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

#### THU 11:00 This Cultural Life (m001znkm)

Zadie Smith

Zadie Smith grew up in north west London and studied English at Cambridge University. After a publisher's bidding war when she was just 21, her debut novel *White Teeth* became a huge critical and commercial hit on publication in 2000 and won several awards including the Orange Prize, now known as the Women's Prize for Fiction, and the Whitbread first novel award. Since then, with books including *On Beauty*, *NW* and *Swing Time*, Zadie Smith has established herself as one of the world's most successful and popular living novelists, renowned for her witty dialogue and explorations of cultural identity, class and sexuality. Her most recent book *The Fraud* is her first historical novel.

Zadie Smith talks to John Wilson about her upbringing in Willesden, North West London, with her Jamaican born mother and white English father. She chooses C S Lewis' *The Lion, The Witch and The Wardrobe* as an early formative influence and remembers how its themes of danger, power and betrayal were intoxicating to her as a young reader. Zadie talks about the creative influence of her husband, the poet Nick Laird, and of the cultural impact of a trip she made to west Africa in 2007 which inspired much of her 2016 novel *Swing Time*. She also reflects on her role as an essayist who in recent years, has increasingly written about global political and social issues.

Producer: Edwina Pitman

#### THU 11:45 D-Day: The Last Voices (m001znkp)

Episode 4: Beyond the Beaches

D-Day: The Last Voices brings together a rich collection of historical audio testimonies recorded with those who fought in the invasion of Normandy, alongside extraordinary new interviews with the last surviving veterans, to tell their story of D-Day as it unfolded.

Presented by Paddy O'Connell, each programme charts a distinct chapter of the complex, visceral and moving story of the invasion, from subterfuge and secret planning, to the approach of H-Hour, the landings by air and sea, and on into the battles beyond the beaches.

Commissioned as a collaboration with D-Day: The Unheard Tapes for BBC Two, and drawing on the same longitudinal access and research, the series tells the story of D-Day through the last voices of those who lived it, leading us through their personal experiences of the invasion. Supported by the historical recordings of those who were there with them – this is their story, told in their own words.

As Allied soldiers begin their missions inland from the beaches, their missions become focused on taking strategic targets in the villages and towns, on the way to Caen and Cherbourg.

The battle becomes one of hedgerow fighting, in what will become known as 'the bocage'. Back-up comes from the air for the Allies as the most widespread frontline carpet bomb drop in history takes place. French villages are reduced to rubble. With mounting civilian casualties, dreams of liberation are turning sour for the French.

The men of British Airborne who took Pegasus Bridge under the command of Major John Howard are met by the Commandos of the First Special Service Brigade. Work begins on the beaches to build temporary ports. Paddy O'Connell discovers, through the interviews of the last surviving veterans of D-Day and those who fought with them, in historical recordings, that the men who had successfully landed on D-Day could still fail. All still faced the possibility of perishing, despite the historic scale of the invasion.

Featuring:  
Gordon Prime  
Mark Packer  
Geoffrey Weaving  
Bill Gladden  
Michel Deserable

John Clegg  
Nat Hoskot  
Ivan Lambert  
Bill Millin  
Wally Parr  
John Howard  
Stanley Scott  
Warwick Nield-Siddall  
James Kelly  
Eddie Edwards  
Roy Crane

Written and presented by Paddy O'Connell

Produced by Paul Kobrak  
Technical production by Richard Courtice  
Sound design by Roy Noy, Tom Chilcot, Alex Short, Adam Palmer, Paul Donovan  
Music composed by Sam Hooper

Production Executive – Anne-Marie Byrne  
Archive Assistant Producer – Hannah Mirsky  
Archive: BBC News, The D-Day Story Portsmouth, Paddy O'Connell, made in partnership with Imperial War Museums.  
Executive Producers - Morgana Pugh and Rami Tzabar

A Wall to Wall Media production for BBC Radio 4

#### THU 12:00 News Summary (m001znkr)

The latest national and international news from BBC Radio 4.

#### THU 12:04 You and Yours (m001znkt)

News and discussion of consumer affairs

#### THU 12:32 Sliced Bread (m001znkw)

Greg Foot investigates the so-called wonder products making bold claims.

#### THU 12:57 Weather (m001znky)

The latest weather forecast

#### THU 13:00 World at One (m001znl0)

Forty-five minutes of news, analysis and comment.

#### THU 13:45 Shadow World (m001znl2)

Thief at the British Museum

Thief at the British Museum: 4. Seeds of Doubt

Ittai is convinced he's found his thief, but not everyone is so sure. "I mean, to me, it just sounds like a setup. It sounds like he's being framed", one former museum insider tells us.

Peter Higgs is a well respected curator, highly regarded for his expertise on the ancient world and known for helping to return stolen antiquities, not selling them on eBay.

When Ittai shares his evidence with the British Museum, laying out why he thinks Higgs is a thief, no one seems interested. Has he missed something?

Presenter: Katie Razzall  
Producers: Darin Graham, Ben Henderson and Larissa Kennelly  
Production Coordinator: Gemma Ashman  
Mix and sound design: James Beard  
Composer: Jenny Plant  
Exec-producer: Joe Kent  
Investigations Editor: Ed Campbell  
Series Editor: Matt Willis  
Commissioning Executive: Tracy Williams  
Commissioning Editor: Dan Clarke

Archive: Galleries of the British Museum

#### THU 14:00 The Archers (m001zngj)

[Repeat of broadcast at 19:00 on Wednesday]

#### THU 14:15 Drama on 4 (m001znl4)

Nearly Light

These days everybody seems to know somebody whose child won't go to school any more. Or can't – they are struggling to adjust after the pandemic. This is a current topic, regularly in the news, as young people and their families try to address and overcome this difficult challenge. *Nearly Light* is an insightful exploration of a complex situation, inspired by some of those young people's stories, from their and their families' point of view.

In North London, Elly's 15 and can no longer face the classroom, or even leaving the house. After months of

lockdown, she prefers the solace of her bedroom. In Manchester, Ciaran's 16, lives with his mum, and spends his nights gaming. *Nearly Light* explores what happens when these two worlds collide, with a hopeful outcome.

Kit Withington is a new playwright from Manchester. She was a member of the Soho Theatre Writers' Lab in 2018, and her play *Scrap* was shortlisted for the Tony Craze Award. In 2021 she wrote *Our Moon Under Water* for The Living Newspaper at the Royal Court. In 2023, her play *As We Face the Sun* was commissioned by the Bush Theatre for their 18-25 young company.

Elly ..... Addison Aston  
Ciaran ..... Ché Bradley  
Jules ..... Roisin Rae  
Mike ..... Brooks Livermore  
Teddy ..... Marloe Mead  
Jackie ..... Christine Bottomley

Director : Jelena Budimir  
Sound Designer : Steve Brooke  
Illustration : YanKi Darling  
Production Manager : Darren Spruce  
Producer : Polly Thomas

Written by Kit Withington  
Thanks to Angus Blue for the use of his gaming track, *Revving Up*.

A Naked production for BBC Radio 4

#### THU 15:00 Open Country (m001znl8)

Shivering Sands

Martha Kearney visits Whitstable to discover the fascinating and mysterious story behind Guy Maunsell's sea forts at Shivering Sands. Built in the second world war as air defences, these towers can still be seen from the shoreline, although they are now in a state of disrepair.

Martha discovers their incredible and strange history. Once home to up to 265 soldiers, these huge metal boxes on stilts later became the base for a broadcasting revolution. In the 1960s, pirate stations such as Radio City, Invicta and the short-lived Radio Sutch (run by the musician and parliamentary candidate Screaming Lord Sutch), broadcast from the sea forts to huge audiences who wanted to hear the latest pop and rock records.

Tom Edwards and Bob Leroi are two of the DJs with fond memories of their time aboard the sea forts at Shivering Sands, but there is also a darker history. David Featherbe's father was lost at sea after visiting the Red Sands fort and foul play was suspected. These mysteries and the forts imposing physical architecture fascinate historian Flo McEwan and many artists such as Stephen Turner and Sue Carfrae.

Today the forts lie empty and are slowly being lost to the sea, but they remain a source of inspiration to artists and photographers, as Martha discovers.

Produced by Helen Lennard

#### THU 15:27 Radio 4 Appeal (m001zmmf)

[Repeat of broadcast at 07:54 on Sunday]

#### THU 15:30 Word of Mouth (m001znl0)

Language When There Are No Words

Joshua Reno talks about how Charlie, his non-verbal son who is on the autism spectrum, communicates with him very effectively using gestures known as "home signs".

Joshua is the author of *Home Signs: An Ethnography of Life beyond and beside Language*.

Produced for BBC Audio Bristol by Sally Heaven

#### THU 16:00 The Briefing Room (m001znlm)

David Aaronovitch and a panel of experts and insiders present in-depth explainers on big issues in the news.

#### THU 16:30 BBC Inside Science (m001znl0)

A weekly programme looking at the science that's changing our world.

#### THU 17:00 PM (m001znm0)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

#### THU 18:00 Six O'Clock News (m001znm6)

National and international news from BBC Radio 4

**THU 18:30 Rhysearch (m000wsyp)**

Series 1

1. Are Billionaires Evil?

Comedian Rhys James investigates topics that the rest of us are too busy to be bothered with.

1. Are Billionaires Evil?

Is money the root of all evil, or the solution to all your problems?

Everyone has big questions, but very few people have time to find the answers. Lucky for them, there's one man with a completely empty diary. Join Rhys James as he interviews experts, conducts experiments and guesses his way to a solution. Join him as he does the Rhysearch.

Written and presented by Rhys James

Guest... Grace Blakeley

Guest... David Brown

Guest... Deborah Meaden

Produced by Carl Cooper

Executive Producer: Pete Strauss

This is a BBC Studios Production

**THU 19:00 The Archers (m001zmb1)**

Freddie hatches a plan, and Oliver has concerns.

**THU 19:15 Front Row (m001znm)**

Live magazine programme on the worlds of arts, literature, film, media and music.

**THU 20:00 The Media Show (m001zngb)**

[Repeat of broadcast at 16:00 on Wednesday]

**THU 21:00 Loose Ends (m001zwb)**

[Repeat of broadcast at 18:15 on Saturday]

**THU 21:45 Why Do We Do That? (m001g9lw)**

Why Doesn't Everyone Clear Up?

It's a familiar problem with any shared household - there's always someone who doesn't do their fair share. Studies have shown that when people with different thresholds live together, the person with the lower tolerance for mess cleans up more, quickly leading to resentment and conflict. So why do some people clean up more than others? What needs to happen for everyone to pull their weight? Evolutionary science has some answers. Ella Al-Shamahi speaks to Dr Nichola Raihani, Professor of Evolution and Behaviour from University College London, to find out about free riders, cheaters and public goods, and how evolutionary scientists view cooperation challenges. Great British Bake Off star Michael Chakraverty shares his own anecdotes of untidy flatmates and failed attempts to enhance cooperation.

**THU 22:00 The World Tonight (m001znmk)**

In depth reporting, intelligent analysis and breaking news from a global perspective.

**THU 22:45 Long Island by Colm Toibin (m001zmp)**

4: 'She was damaged goods to start with.'

Niamh Cusack continues the heartrending sequel to Brooklyn, set twenty years on.

Since leaving Brooklyn, Eilis and Tony have built a happy and secure life in Long Island. The future looks good - until one day a stranger knocks on the door, and everything changes.

Feeling very far from home, Eilis starts to question the life she's created. Her questions lead her back to Ireland, and to those she left behind - from family to friends and old lovers - as she wonders whether it's too late to take a different path? H

Today: Eilis' return has churned up powerful memories of the past for Jim. Meanwhile, Nancy is forging ahead with their wedding plans....

Author: Colm Tóibín  
Abridger: Richard Hamilton  
Reader: Niamh Cusack  
Producer: Justine Willett

**THU 23:00 The Today Podcast (m001zmmv)**

Amol and Nick's take on the biggest stories of the week.

**THU 23:30 Lights Out (m001gkdb)**

Series 5

County Lines

Four people recount their involvement with "county lines" - gangs that exploit children and vulnerable adults to sell drugs around the UK.

Underneath their stories lies a series of unspoken, unanswered questions. Who gets to decide the boundary between criminal and victim? Why do we view 'county lines' through the lens of crime and punishment? And how well does the system support individuals and families devastated by the impact of 'county lines'?

With thanks to St Giles Trust SOS Project, Not In Our Community, Escape Line and Eski Media

Produced by Phoebe McIndoe and Redzi Bernard  
A Falling Tree production for BBC Radio Four

**FRIDAY 31 MAY 2024**

**FRI 00:00 Midnight News (m001zmm)**

National and international news from BBC Radio 4

**FRI 00:30 D-Day: The Last Voices (m001znkp)**

[Repeat of broadcast at 11:45 on Thursday]

**FRI 00:48 Shipping Forecast (m001zmn3)**

The latest weather reports and forecasts for UK shipping

**FRI 01:00 Selection of BBC World Service Programmes (m001zmn7)**

BBC Radio 4 joins the BBC World Service.

**FRI 05:20 Shipping Forecast (m001znc)**

The latest weather reports and forecasts for UK shipping

**FRI 05:30 News Briefing (m001znh)**

The latest news from BBC Radio 4

**FRI 05:43 Prayer for the Day (m001znm)**

Music Theory

A spiritual comment and prayer to start the day with Haydon Spenceley

Good morning.

When I was learning music theory as a youngster I never really understood what the point of bars of rest one after another was in sheet music. Trying to follow where one had to count bar after bar of rest didn't seem very restful to me. Wouldn't it just be easier to keep playing?

We can live our lives a bit like that with potentially risky or even disastrous consequences. It's a falsehood to tell ourselves that those results will be better than the ones we will have if at some point, we allow ourselves to rest.

There's a temptation to view those who focus on self-care as somewhat self-absorbed, but they aren't. In my view as someone who rather jealously looks on at how able they are to focus and the lack of bags under their eyes after another full day of work. The balance between work and rest was set down by God in creation. I've often found it a good idea to follow God's lead and instruction even and especially, proving the truth of this in the times when I have chosen not to and thought I knew better.

I tell you, each and every time I have crashed and He has lovingly picked me up, pieced me back together and both set me back to work and reminded me to rest. As the working week draws to an end for many, I hope some rest is in your future.

Father, as you rested at the end of a full week of work, help me to both work well today and to find my rest in you at day's end. Be with me now and in the day and days ahead. Help me to live, work and rest to your glory.

Amen

**FRI 05:45 Farming Today (m001znm)**

The latest news about food, farming and the countryside.

**FRI 06:00 Today (m001zm9d)**

News and current affairs, including Sports Desk, Weather and Thought for the Day.

**FRI 09:00 Desert Island Discs (m001zm9g)**

[Repeat of broadcast at 10:00 on Sunday]

**FRI 10:00 Woman's Hour (m001zm9j)**

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

**FRI 11:00 The Food Programme (m001zm9l)**

Danny Trejo: A Life Through Food

Jaega Wise meets Hollywood actor Danny Trejo to talk family, prison, addiction and tacos.

**FRI 11:45 D-Day: The Last Voices (m001zm9n)**

Episode 5: The Road to Liberation

D-Day: The Last Voices brings together a rich collection of historical audio testimonies recorded with those who fought in the invasion of Normandy, alongside extraordinary new interviews with the last surviving veterans, to tell their story of D-Day as it unfolded.

Presented by Paddy O'Connell, each programme charts a distinct chapter of the complex, visceral and moving story of the invasion, from subterfuge and secret planning, to the approach of H-Hour, the landings by air and sea, and on into the battles beyond the beaches.

Commissioned as a collaboration with D-Day: The Unheard Tapes for BBC Two, and drawing on the same longitudinal access and research, the series tells the story of D-Day through the last voices of those who lived it, leading us through their personal experiences of the invasion. Supported by the historical recordings of those who were there with them - this is their story, told in their own words.

As the series draws to a close, Paddy spends time with and hears from the last surviving veterans of D-Day, both those who were part of the Allied invasion force, and others who grew up in the shadow of the operation in a decimated Normandy. In the aftermath of 6th June 1944, veterans recall their sense of loss, of legacy and contribution, and above all, their responsibility to remember friends and comrades who lost their lives in the conflict.

This final part of the story explores what came next, in the aftermath of the invasion. The ferocious and bloody battle that followed, in which over 100,000 people lost their lives, and the weeks of brutality that paved the road to liberation, and made it possible. Hearing about the impact, in both nightmares and memories, that it had on those who were there is deeply moving, and commemorates this 80th anniversary with power, humility, pathos and emotion, remembering those who were left behind on the battlefields, in the marshes, fields forests and on the beaches of Normandy.

Featuring:  
Joe Cattini  
Alec Penstone  
John Dennett  
Mark Packer  
Michel Deserable  
John Forfar  
Christian Lamb  
Pat Owtram  
Eddie Edwards  
James Kelly  
Nat Hoskot  
Roy Crane

Written and presented by Paddy O'Connell

Produced by Paul Kobrak  
Technical production by Richard Courtice  
Sound design by Roy Noy, Tom Chilcot, Alex Short, Adam Palmer, Paul Donovan  
Music composed by Sam Hooper

Production Executive - Anne-Marie Byrne  
Archive Assistant Producer - Hannah Mirsky  
Archive: BBC News, The D-Day Story Portsmouth, Paddy O'Connell, made in partnership with Imperial War Museums.  
Executive Producers - Morgana Pugh and Rami Tzabar

A Wall to Wall Media production for BBC Radio 4

**FRI 12:00 News Summary (m001zm9q)**

The latest national and international news from BBC Radio 4.

**FRI 12:04 AntiSocial (m001zm9s)**

Adam Fleming helps you work out what the culture war arguments are really about.

**FRI 12:57 Weather (m001zm9v)**

The latest weather forecast

**FRI 13:00 World at One (m001zm9x)**

Forty-five minutes of news, analysis and comment.

**FRI 13:45 Shadow World (m001zm9z)**

Thief at the British Museum

Thief at the British Museum: 5. Secret Missions

Ittai recruits an ally who used to work at the museum to go on a secret mission. He's convinced a senior staff member is stealing the very treasure they're supposed to protect. But no one will listen.

What Ittai doesn't know is that the museum is conducting its own secret investigation that will change everything.

Presenter: Katie Razzall

Producers: Darin Graham, Ben Henderson and Larissa Kennelly

Production Coordinator: Gemma Ashman

Mix and sound design: James Beard

Composer: Jenny Plant

Exec-producer: Joe Kent

Investigations Editor: Ed Campbell

Series Editor: Matt Willis

Commissioning Executive: Tracy Williams

Commissioning Editor: Dan Clarke

**FRI 14:00 The Archers (m001zmb1)**

[Repeat of broadcast at 19:00 on Thursday]

**FRI 14:15 Limelight (m001zmb3)**

The Specialist

Episode 1

Dark Medical Thriller by Matthew Broughton, creator of Tracks and Broken Colours.

With original music by Sion Orgon and Rhodri Davies

CAST

Anna Diaz- Saran Morgan

Ged Diaz - Sion Daniel Young

Ruth - Michelle Bonnard

Mr Devonshire - Pal Aron

Mr Dartington - Ifan Huw Dafydd

Raymond - Ioan Hefin

Original music by Sion Orgon and Rhodri Davies

Production Coordinator Eleri McAuliffe

Sound Design by Catherine Robinson

Directed by John Norton

A BBC Audio Wales production for Radio 4

**FRI 14:45 Child (p00hrjt1)**

25. Lullaby

Lullabies. Simple, soothing... nonsense. Right? Wrong. Here we're getting behind the importance of music and singing in a baby's development. India speaks to Dr Nina Polytimou about her research into how music can help with speech and communication and also be a powerful tool for bonding. India then visits a Singing Mamas group to hear how coming together as mothers to sing is a powerful, important, and missing slice of community. Kate Valentine, the founder, describes the impact it has on maternal mental health.

Presented by: India Rakusen.

Producers: India Rakusen And Georgia Arundell

Series producer: Ellie Sans.

Executive producer: Suzy Grant.

Commissioning Editor: Rhian Roberts

Original music composed and performed by The Big Moon.

Mix and Mastering by Charlie Brandon-King.

A Listen Production for Radio 4.

**FRI 15:00 Gardeners' Question Time (m001zmb7)**

Horticultural programme featuring a group of gardening experts.

**FRI 15:45 Short Works (m001zmb9)**

The Day He Met Jesus by Lucy Caldwell

An original short story commissioned by BBC Radio 4 from the author Lucy Caldwell. Read by Jenn Murray. ('The Lovers')

Born in Belfast, Lucy Caldwell is the award-winning author of four novels, several stage plays and radio dramas and the short story collections: Multitudes and Intimacies. She is also the editor of Being Various: New Irish Short Stories. In 2021 she won the BBC National Short Story Award with her story "All the People Were Mean and Bad." Her most recent novel, These Days, won the 2023 Walter Scott Prize for Historical Fiction. Her new collection, Openings, was published in May 2024.

Writer: Lucy Caldwell

Reader: Jenn Murray

Producer: Michael Shannon

A BBC Audio Northern Ireland Production for BBC Radio 4.

**FRI 16:00 Last Word (m001zmbc)**

Weekly obituary programme telling the life stories of those who have died recently.

**FRI 16:30 More or Less (m001zmbf)**

[Repeat of broadcast at 09:00 on Wednesday]

**FRI 17:00 PM (m001zmbh)**

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

**FRI 18:00 Six O'Clock News (m001zmbk)**

National and international news from BBC Radio 4

**FRI 18:30 Dead Ringers (m001zmbm)**

Series 24

Episode 6

Mordant topical satire from the usual team with voices by Jon Culshaw, Jan Ravens, Lewis MacLeod, Duncan Wisbey and Jess Robinson. With writing from Tom Jamieson, Nev Fountain, Ed Amsden & Tom Coles, Laurence Howarth, Rob Darke, Edward Tew, Sophie Dixon, Sarah Campbell, Toussaint Douglass, Cody Dahler and Joe Topping.

**FRI 19:00 The Archers (m001zmbp)**

Writer: Sarah Hehir

Director: Pip Swallow

Editor: Jeremy Howe

Ben Archer... Ben Norris

Jolene Archer... Buffy Davis

Pat Archer... Patricia Gallimore

Harrison Burns... James Cartwright

Lilian Bellamy... Sunny Ormonde

Vince Casey... Tony Turner

George Grundy... Angus Stobie

Jakob Hakansson... Paul Venables

Chelsea Horrobin... Madeleine Leslay

Tracy Horrobin... Susie Riddell

Freddie Pargetter... Toby Laurence

Fallon Rogers... Joanna Van Kampen

Lynda Snell... Carole Boyd

Robert Snell... Michael Bertenshaw

Oliver Sterling... Michael Cochrane

Jason Burntwood... Ian Conningham

**FRI 19:15 Add to Playlist (m001zmbz)**

Series 9

Sam Lee and Debbie Wiseman head to outer space

Folks singer and song collector Sam Lee, and composer Debbie Wiseman, join Anna Phoebe and Jeffrey Boakye in the studio as they add the next five tracks. Starting with time travel, they head to a ground-breaking Coachella performance, a May Day celebration, and finish off with an unexpected dogleg from Fleetwood Mac, following their all-conquering album Rumours.

Producer: Jerome Weatherald

Presented with musical direction by Jeffrey Boakye and Anna Phoebe

The five tracks in this week's playlist:

Dr Who (Original Theme) by Ron Grainer/Delia Derbyshire

Wedding March from A Midsummer Night's Dream by Felix Mendelssohn

Freedom (Live) from Homecoming by Beyoncé

Padstow May Song by Lisa Knapp

Tusk by Fleetwood Mac

Other music in this episode:

This Must Be The Place (Naive Melody) - (Live) by Talking Heads

Sweet Girl McRee by Sam Lee

Call Me by Blondie

20th Century Fox Fanfare written by Alfred Newman

Gorilla by Little Simz

Fanfare For The Common Man by Aaron Copland, performed by Emerson, Lake & Palmer

Freedom by Beyoncé feat. Kendrick Lamar

**FRI 20:00 Any Questions? (m001zmbt)**

Topical discussion posing questions to a panel of political and media personalities.

**FRI 21:00 Free Thinking (m001zmbz)**

Producer: Lisa Jenkinson

**FRI 22:00 The World Tonight (m001zmc0)**

In depth reporting, intelligent analysis and breaking news from a global perspective.

**FRI 22:45 Long Island by Colm Toibin (m001zmc2)**

5: 'Do you ever think about me?'

Niamh Cusack continues the heartrending sequel to Brooklyn, set twenty years on.

Since leaving Brooklyn, Eilis and Tony have built a happy and secure life in Long Island. The future looks good - until one day a stranger knocks on the door, and everything changes.

Feeling very far from home, Eilis starts to question the life she's created. Her questions lead her back to Ireland, and to those she left behind, as she wonders whether it's too late to take a different path?

Today: driven to distraction by her mother, Eilis goes to stay at the house in Cush. There on the strand, she sees a figure approaching...

Author: Colm Tóibín

Abridger: Richard Hamilton

Reader: Niamh Cusack

Producer: Justine Willett

**FRI 23:00 Americast (m001zmc4)**

Join the Americast team for insights from across the US.

**FRI 23:30 Lights Out (m001gx66)**

Series 5

Gatekeeper

"Somewhere between the narrow entry of Who I am and What I seem to be, lies a vast and nameless place."

In this transmission, Axel Kacoutié discovers a new sense of self in the cosmologies, concepts and realities of queer and indigenous folks. What are the links between gender expression and our relationship with the Earth? How does it destabilise colonial and capitalist imaginations of what we're told a gender binary is meant to be?

Featuring the voices of:

Opaskwayak Cree Nation Professor at the University of Saskatchewan, Dr Alex Wilson

Artist Buitumelo Kotekwa

Afro-Taino Two-Spirit change-maker Cleopatra Tatabele

Scholar and Research Assistant, Karyn De Freitas

Transmasculine, non-binary scholar and Founder of the Free Black University, Melz Owusu.

Development Producer: Eleanor McDowall

Assistant Producer: CA Davis

Additional Recording: Heidi Chang and Israel Ramjohn

Sound Design, Music and Mixing Production: Axel Kacoutié

Produced by Axel Kacoutié

A Falling Tree production for BBC Radio 4