

SATURDAY 04 MAY 2024**SAT 00:00 Midnight News (m001yr04)**

National and international news from BBC Radio 4

SAT 00:30 Alien Earths by Lisa Kaltenecker (m001yqyp)

Book of the Week: Episode 5 - Unravelling the night sky's mysteries

The award-winning astronomer on how rock stars, a rocket launch and scientific breakthroughs lead to the unravelling of some of the night sky's mysteries. Pippa Nixon reads.

Astronomer Lisa Kaltenecker's eye-opening guide to the cosmos uses Earth's diverse biosphere as a template to search for life on other planets beyond our galaxy. Working with a team of tenacious scientists from a variety of disciplines she has come up with an ingenious toolkit to identify possible life forms on planets far from Earth. Her enthusiasm and her expertise in the newest technological advances reveal the possibilities for whole new worlds. Perhaps, she muses aliens might be out there gazing back at us.

Lisa Kaltenecker is the Founding Director of the Carl Sagan Institute to Search for Life in the Cosmos at Cornell University. She is a pioneer and world-leading expert in modelling potential habitable worlds. She is a Science Team Member of NASA's TESS mission and the NIRISS instrument on the James Webb Space Telescope. The recipient of numerous international prizes and awards, including a European Commission Role Model for Women of Science and Research, she was named one of America's Young Innovators by Smithsonian Magazine. Asteroid Kaltenecker7734 is named after her.

Abridged by Katrin Williams
Produced by Elizabeth Allard

SAT 00:48 Shipping Forecast (m001yr06)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m001yr08)

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m001yr0b)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m001yr0d)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001yr0g)

Spiritual reflection to start the day with Rev Prof Alison Jack of the School of Divinity, University of Edinburgh

SAT 05:45 Just One Thing - with Michael Mosley (m001yqp5)

Nordic Walking

We all know that walking is hugely beneficial for our health and wellbeing, but we can get even fitter, and use nearly twice as many muscles, by introducing some poles and a simple technique. Join Michael Mosley as he delves into the science of Nordic walking to find out how it can enhance our walks by burning more calories and helping to ease back pain. He speaks to Dr Jennifer Reed from the University of Ottawa Heart Institute about her research, which has demonstrated why Nordic walking is one of the best forms of exercise for improving your heart health. Our volunteer Jessica picks up some poles and transforms her regular walks into a full-body workout.

Series Producer: Nija Dalal-Small
Editor: Zoë Heron
A BBC Studios production for BBC Sounds / BBC Radio 4.

SAT 06:00 News and Papers (m001yz4f)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m001yqpy)

Darwin's Childhood Garden

Jude Piesse moved to Shrewsbury in Shropshire when her job changed, but it was only when she went for a walk alongside the river near her new house that she discovered she was living beside what had once been the garden where Charles Darwin spent his childhood. Much of the original 7 acres of the garden has been built on, but the original house, The Mount, still exists. It has been used as offices for many decades and has only recently been bought and is being renovated with a view to

opening it up to the public with a museum and café.

Whilst some local people know about the existence of the house and garden, most people associate Charles Darwin with Down House in Kent where he brought up his own family. Inspired by her discovery, Jude researched the story of the house and garden, learning about the women and the gardeners who were also a part of Darwin's upbringing.

What becomes clear in this revealing journey is the enormous influence the garden had on a young boy in inspiring his curiosity and fascination with the natural world, which ultimately led to the publication of The Origin of Species.

Featuring Bibbs Cameron, researcher at Shrewsbury Civic Society; John Hughes, Darwin House Museum Project Manager and Dr Cath Price, Engagement Officer at Shropshire Wildlife Trust.

Producers: Eliza Lomas and Sarah Blunt. For BBC Audio in Bristol.

SAT 06:30 Farming Today (m001yz4h)

04/05/24 - Farming Today This Week: Border checks, cider orchards and illegal waste dumping

New physical checks have been brought in on some imports of food and plants from the EU. Products deemed high or medium risk now have to be inspected - including live animals, meat and some plant products. We report from a border control post to find out how it works.

An investigation is under way following the large scale illegal dumping of waste at a site in Kent. Local residents describe a steady stream of lorries carrying waste being brought to the site.

And the largest cider manufacturer in the UK - Heineken - has ripped up thousands of apple trees in a 140 acre orchard in Monmouthshire. The orchard was planted by Bulmers - which is now owned by Heineken - more than twenty years ago. Some local people have raised concerns about the effect on ecosystems in the area, but the company says it's selling the land due to a fall in the cider market.

Presented by Charlotte Smith
Produced for BBC Audio in Bristol by Heather Simons

SAT 06:57 Weather (m001yz4k)

The latest weather reports and forecast

SAT 07:00 Today (m001yz4m)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001yz4p)

Val McDermid, Lauren Price, Nicola Nuttall, Jamie Laing

The Titan of Tartan Noir, crime writer Val McDermid, who grew up playing in the ruins of Macduff's castle, shines a new light on Lady Macbeth in her new book, and tells us how she became addicted to video games.

Nicola Nuttall has written a beautiful memoir about helping her daughter Laura make the most of her final days living with brain cancer... Laura had an extraordinary bucket list to complete in the last 12 months of her life; from going on Safari and flying a helicopter to meeting Michelle Obama and Malala Yousafzai.

In the run up to her first world title fight, Olympic gold-medal-winning boxer Lauren Price reveals the powerful story behind her nickname 'the lucky one'.

All that, plus we have the Inheritance Tracks of former Made in Chelsea star turned entrepreneur, presenter, podcaster and so much more - Jamie Laing.

Presenters: Nikki Bedi and Huw Stephens
Producer: Ben Mitchell

SAT 10:00 Your Place or Mine with Shaun Keaveny (m001yz4r)

Steph McGovern: Rio de Janeiro, Brazil

Can Shaun be persuaded to become the Boy from Ipanema? Or to shake his stuff at Carnival. Steph thinks he's made for it. Resident geographer, historian and comedian Iszi Lawrence is there with some fascinating facts.

Your Place Or Mine is the travel series that isn't going anywhere. Join Shaun as his guests try to convince him that it's worth getting up off the sofa and seeing the world, giving us a personal guide to their favourite place on the planet.

Producers: Beth O'Dea and Caitlin Hobbs

Your Place or Mine is a BBC Audio production for BBC Radio 4 and BBC Sounds.

SAT 10:30 Soul Music (m001yysn)

Tiny Dancer

Elton John's slow burner is now one of his most beloved tracks. Released in 1971 during a prolific period for Elton and Bernie Taupin, many people see themselves in the lyrics.

Eliza Hewitt grew up in a strict household in Pennsylvania. During the tumultuous early 70s, her brother introduced her to the music of Elton John, and she's still a tiny dancer in her late 60s.

Lee Hall wrote the screenplay for Rocketman, the Elton John biopic. He sees the song as a conversation between Elton and Bernie.

Podcaster Kirk Hamilton takes us through the song's slow build to a chorus which feels as though it's never going to come.

Judith Sibley's daughter Lily-Mae received a terrible diagnosis when she was just 4 years old. Along with her brother Paul and friend Steven, she channelled her efforts into recording a charity single for her ballet loving daughter, and Tiny Dancer was the obvious song.

When Ava Forte Vitali and Drew Wood met and exchanged playlists they realised how much they had in common. So much so, that Tiny Dancer had to play a part in their wedding.

Produced by Sally Heaven for BBC Audio in Bristol
Technical Producer: Ilse Lademann
Editor: Emma Harding.

SAT 11:00 The Week in Westminster (m001yz4t)

Steve Richards analyses the results of the local elections - and what it means for a general election - with a panel of journalists: George Parker, political editor of the Financial Times; Sonia Sodha, chief letter writer at The Observer and Iain Martin from The Times.

SAT 11:30 From Our Own Correspondent (m001ybbd)

US student protests and the youth vote

Kate Adie introduces stories from the US, Portugal, the South China Sea, Argentina and Antarctica.

University campuses across the US have been gripped by protests over the war in Gaza, with students demanding their schools divest from Israeli interests. Nomia Iqbal considers the ramifications of the protests for Joe Biden, who will need the youth vote on his side if he is to win reelection in November.

In the days after the Hamas attacks, some 200,000 Israelis were evacuated from Israel's border regions with Gaza and Lebanon, and moved into temporary accommodation. While some have since decided to return home, others have decided to seek safety further afield, as Mark Lowen discovered in Lisbon.

Confrontations between the Philippines and China are on the rise in the South China Sea, as the countries clash over a territorial dispute. Jonathan Head saw this maritime feud up close, while on board a Filipino coastguard ship as it came into contact with a Chinese patrol.

Argentina's President Javier Milei was elected last year on a manifesto of slashing public spending. Yet, with inflation at 300 per cent, prices are still spiralling, and another national strike is on the horizon. Mimi Swaby discovers it's a crisis that continues to affect all corners of this vast country.

And we're amid the icebergs and marine life of Antarctica, as Janie Hampton recounts her voyage to trace her family connections to the continent - revealing how the downfall of the Soviet Union led to the cut-price sale of a British research base.

Series Producer: Serena Tarling
Editor: Richard Fenton-Smith
Production Coordinator: Katie Morrison

SAT 12:00 News Summary (m001yz4w)

The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m001ybbb)

Digital Exclusion and National Insurance credits

Digitally excluded. An elderly couple have their accounts frozen because their documents were out of date - despite having being customers for their bank for nearly two decades. We hear from Tom and Marian Doughty who say they were left with weeks of sleepless nights.

Can you boost your state pension by filling old gaps in your national insurance record? A new online calculator from the Department for Work and Pensions and HMRC aims to answer that. The Treasury says the new service will bring "peace of mind" to people planning for their retirement and could help "thousands" of pensioners.

Royal Mail has suspended the £5 penalty it charged people for letters sent with a new barcoded stamp which its machines had identified as fake.

And what happens to your home when you break up with someone? Should you make a financial plan when the relationship is going well, in case it doesn't in the future?

Presenter: Paul Lewis
Reporter: Dan Whitworth and Jo Krasner
Researcher: Sandra Hardial
Studio producer: Sarah Rogers
Editor: Neil Morrow

(This episode was first broadcast on the 4th of May, 2024).

SAT 12:30 Dead Ringers (m001yqzh)

Series 24

Episode 2

The winners and losers in England's elections and the SNP Scottish leadership race, and what will Harry Kane do with his golden shoe?

The series writers include: Nev Fountain & Tom Jamieson, Ed Amsden & Tom Coles, Laurence Howarth, Rob Darke, Edward Tew, Sophie Dixon, Sarah Campbell, Toussaint Douglass, Cody Dahler, Joe Topping, Alex Bertulis Fernandes, Angela Channell, Lizzy Mansfield, Christina Riggs, Peter Tellouche, Rachel Thorne, Toussaint Douglas and Sarah Dempster.

Exec: James Robinson
Sound Design: Rich Evans
Prod Co-Ordinator: Dan Marchini
Producer: Bill Dare

SAT 12:57 Weather (m001yz4y)

The latest weather forecast

SAT 13:00 News and Weather (m001yz50)

The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001yqzz)

Ian Blackford MP, Anthony Browne MP, Lucy Powell MP, Luke Tryl

Alex Forsyth presents political discussion from East Markham Village Hall in Nottinghamshire with the SNP MP and former Westminster party leader Ian Blackford, the Transport Minister Anthony Browne MP, the Shadow Leader of the House of Commons Lucy Powell MP and the UK Director of More in Common Luke Tryl.

Producer: Camellia Sinclair
Lead broadcast engineer: Chris Hardman

SAT 14:00 Any Answers? (m001yz52)

Topical discussion posing questions to a panel of political and media personalities

SAT 14:45 The Archers (m001yqzk)

Miranda is revelling in Lilian's discomfort at her being there in The Bull for the pub quiz. Brian is determined to win but Kate is not happy with the team name. Alice is late, and Jakob is on edge. With good reason it seems after Alice turns up and, clearly the worse for wear, starts making a nuisance of herself. The family is mortified and Jakob is all for sneaking her out quietly but they have to wait until a break in the quiz. Brian suggests they make a quick getaway but Lilian doesn't understand why they want to leave until Alice, slurring, says the night is just getting started. When Jakob tries to take her outside, she starts making a scene. Back at the cottage, Brian says none of them saw this coming. He can't believe they're back in this situation. Alice goes to bed, saying Jakob is the only person who is kind to her. From this they work out Jakob knew she was drinking again. Brian erupts and throws Jakob out.

George is treating Will and Emma to dinner at Grey Gables. Emma thinks the hotel's new uniforms are shocking but is evasive when Will asks what she thought of the tee shirts and fleeces he bought for the tree surgery business. She suggests, diplomatically, that his name for the business is 'a bit of a mouthful'. Emma is horrified by the prices on the menu. And when the mains arrive, vegetables are not included and George

can't afford pudding. Despite this they appreciate George's gesture.

SAT 15:00 Drama on 4 (m001yz54)

Chicken Soup with Barley

by Arnold Wesker

Sarah Kahn Debbie Chazen
Harry Kahn Elliot Levey
Ronnie Kahn Joshua Ginsberg
Ada Kahn Imogen Front
Cissie Kahn Susannah Wise
Monty /Man Joel Gillman
Hymie Kossoff Russell Bentley
Dave Simmonds Dan Wolff
Prince Silver Ashley Margolis
Bessie Blatt Anna Spearpoint

Directed by Sally Avens

A BBC Studios Audio production for BBC Radio 4

Wesker's semi-autobiographical state of the nation stage play from 1956: The Kahns are communists, and the play traces their relationship with the party from the high of Cable Street, when working men and women successfully forced Mosley's parading fascists into retreat, to the low of Soviet tanks rolling into Hungary. It is only Sarah Kahn, the matriarch of the family, who idealistically clings to the party she has given her life to. As the rest of her family desert her she clings to her mantra: 'you have to care or you die'.

SAT 16:30 Woman's Hour (m001yz56)

Weekend Woman's Hour: Co-parenting, Plastic pollution, ACL injuries, Perinatal suicide

What is it really like to be a co-parent? Hayley Allen's son spends the weekdays with his dad and she takes care of him at the weekends. Carly Harris' two children spend 80% of their time with her and are looked after by their dad every other weekend. Clare talked to Hayley and Carly about the difficulties and benefits of co-parenting.

As talks reach a conclusion in Ottawa this week on a legally binding global treaty on plastic pollution, we speak to film director and campaigner Eleanor Church. Her documentary, X Trillion, comes out this week, and takes the viewer on an all-female expedition to the North Pacific gyre, where much of the world's plastic waste ends up.

The risk of ACL injuries in female football players is up to six times higher than their male counterparts. Leeds Beckett University is leading a new study into why this risk rate is so high and the impact on athletes. Knee surgeon to the sports stars Andy Williams explains why this may be happening and footballer Emma Samways, of Hashtag United in Essex, tells us about her ACL injury from earlier on this year.

Perinatal suicide, while thankfully rare, is the leading cause of maternal death in the UK. A new study from King's College London is the first of its kind to focus on the causes. The perinatal period runs from the start of pregnancy to a year after giving birth – and the suicide rates among these women has recently risen. Clare spoke to Dr Abigail Easter, the lead researcher, and Krystal Wilkinson, who shares her own experience.

Presenter: Anita Rani
Producer: Annette Wells
Editor: Erin Riley

SAT 17:00 PM (m001yz58)

Sadiq Khan wins London for Labour

Sadiq Khan wins the London mayoralty for Labour while the race in the West Midlands goes to the wire.

SAT 17:30 Sliced Bread (m001yqpk)

Toast - Safeway UK

Why did Safeway's UK supermarkets disappear?

Safeway was once one of our biggest supermarket chains, so why did it drop down the list of top performers before disappearing altogether?

The BBC Business journalist, Sean Farrington, looks into it and speaks to the former Safeway director, Teresa Wickham, a former Safeway supplier, Judy Garner, and the News Editor, Ronan Hegarty, from The Grocer magazine.

Alongside them all to analyse Safeway's fortunes is the self-made millionaire and serial entrepreneur, Sam White.

This episode was produced by Viant Siddique.

Toast examines the brands that reached dizzy heights only to end up...toast.

It is a BBC Audio North production for Radio 4 and BBC Sounds.

You can email the programme at toast@bbc.co.uk

Feel free to suggest topics which could be covered in future episodes.

Sliced Bread returns for a new batch of investigations in May. In the new series, Greg Foot will investigate more of the latest so-called wonder products to find out whether they really are the best thing since sliced bread. In the meantime, Toast is available in the Sliced Bread feed on BBC Sounds.

SAT 17:54 Shipping Forecast (m001yz5b)

The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m001yz5d)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m001yz5g)

Sadiq Khan secures another term as London mayor - with success for Labour elsewhere

SAT 18:15 Loose Ends (m001yxlm)

The Zutons play for Stuart Maconie with Rhod Gilbert, Kathy Lette, Carla Henry, Luke Wright and Bryony Jarman Pinto

The comedian Rhod Gilbert gave up touring and TV appearances last year when he got cancer. Now he's back - a newly focussed man - with a show called 'Rhod Gilbert & The Giant Grapefruit', all about the big bitter diagnosis he had to swallow; the best-selling novelist Kathy Lette's latest book is called The Revenge Club and is based on a real life career setback - we want to hear all; Poet and stand up comic Luke Wright on managing to combine humour and pathos on the page and on the stage and 25 years on from her breakout role in Queer as Folk, the actor Carla Henry tells Stuart about her latest role in the gritty and prescient drama Sweat. Plus music from The Zutons and Bryony Jarman Pinto.

SAT 19:00 Profile (m001yy9j)

Isaac Levido

Isaac Levido has established a formidable reputation as an election strategist, helping to craft wins both in the UK and Australia. Thought of as a protege of the quasi-legendary election guru Sir Lynton Crosby in his early years, he's rapidly racked up achievements of his own, propelling both Scott Morrison and Boris Johnson back into office with his brand of data-driven analysis.

Stephen Smith opens the black box that is electoral strategising and sets out to understand the mind of the man who is set to shape the Conservatives' impending general election campaign.

Guests:
Katy Balls, Political Editor of The Spectator
Alexander Downer, former leader of the Australian Liberal Party
Paul Stephenson, Vote Leave Campaign Director
Lord Andrew Feldman, former chair of the Conservative Party
David Bold, friend and Australian political advisor

Presenter: Stephen Smith
Producer: Nathan Gower
Assistant Producers: Julie Ball, Diane Richardson
Editor: Tom Bigwood
Programme Coordinators: Maria Ogundele and Sabine Schreck
Sound Engineer: Neil Churchill

Archive:
The Thick of It, BBC
Scott Morrison election night speech, ABC News
Boris Johnson election victory speech

SAT 19:15 This Cultural Life (m001yqp9)

Sebastião Salgado

Brazilian photographer Sebastião Salgado is best known for his captivating black and white photographs. He has documented scenes of hardship and desperation in times of war and famine; he has explored global labour and migration; and he has captured the wonders of the natural world. Salgado has worked in more than 120 countries over the last 50 years, and is now regarded as one of the all time greats of photography. His images are in the collections of museums and galleries around

the world, he won the prestigious Premium Imperiale arts prize in 2021 and was the 2024 recipient of the Sony World Photography Award for outstanding achievement.

Raised on this a cattle farm in eastern Minas Gerais state, an early formative experience was leaving home for the city of Vitória in 1960. It was here, watching ships dock from all around the world, that he first felt the desire to travel. It's also where he met his wife Lélia who is his curator and editor. He began a promising career as an economist but switched to photography in the early 1970s, after he and Lélia bought their first camera on holiday. Joining the Magnum agency, the international cooperative of photographers, in 1979 allowed him to refine his craft with the help and advice of photography greats such as Robert Capa and Henri Cartier-Bresson.

Salgado tells John Wilson about some of his most famous photo series, including those on the theme of manual labour which he called Workers; and Exodus, the stories of global migration. Covering the Rwandan genocide in 1994 as well as years of photographing refugees from wars, natural disasters and poverty finally took its toll on Salgado's health. He stopped photographing and returned to Brazil, where he and Lélia began reforesting his father's farm, now transformed into a National Park of lush vegetation called Instituto Terra. The success of this venture led to Salgado returning to photography, this time seeking out beauty and landscapes in series called Genesis, his love letter to the planet.

Producer: Edwina Pitman

SAT 20:00 Archive on 4 (m001yz5j)
DNA, Crime and Controversy

It's 40 years since DNA fingerprinting was discovered by Sir Alec Jeffreys at his lab in Leicester. Within a couple of years it had revolutionised the way crimes were investigated around the world.

Barrister and former TV presenter and Government minister Anna Soubry looks back at how the discovery changed crime investigations, with DNA evidence leading to many guilty pleas and verdicts which would otherwise have been much more difficult to prove.

Anna hears from people involved in various cases over the years, as well as experts about how DNA fingerprinting changed both crime investigations and trials. She looks at how the technique was also used to prove various miscarriages of justice.

But did society's fascination with DNA fingerprinting lead to an over mythologising of its use as a magic bullet to solving crimes? And what about its early failings? Sample sizes and contamination have created doubts in some investigations. Has the role of DNA in the mind of juries ultimately undermined their ability to look at broader evidence and to see it as only part of the jigsaw to solving a case?

Anna trawls through the archives as well as meeting people who both champion the way the breakthrough has improved investigations, but caution against over reliance.

Among those contributing to the programme are: Baroness Helena Kennedy KC; forensic science expert, Professor Jim Fraser; Dr Sue Pope, who has been an expert witness in many legal cases; Michael Crompton, writer of ITV series Code of a Killer about the Colin Pitchfork murder, the first case to use DNA fingerprinting; and Professor of Forensic Genetics, Peter Gill who worked on the Amanda Knox case and recently gave evidence in a high profile Norwegian case that ended as a proven miscarriage of justice that relied upon DNA evidence.

Anna gives her own personal take on how DNA fingerprinting has impacted on her legal career and asks if there are any lessons still to be learnt about the existence of DNA fingerprinting and how it's handled and perceived.

Producer: Ashley Byrne
A Made in Manchester production for BBC Radio 4

SAT 21:00 Legend (m001svnc)
The Joni Mitchell Story

5. Dog Eat Dog

Joni Mitchell's songs have soundtracked our lives and her pioneering work changed music forever. Jesca Hoop explores her extraordinary story to reveal the life behind the legend.

In episode five, we hear how meeting a towering figure of jazz leads to a new collaboration, but Joni's hopes for a hit are unfulfilled. As the 1980s arrive, Joni continues to experiment with new sounds, but discovers the cost of being a middle-aged woman in pop. This is the decade of new politics and new love, hard knocks and bad omens. Joni experiences a series of misfortunes, and the pain of giving up her daughter resurfaces

once more, in a song.

"I've always been a creature of change" – Joni Mitchell

Through archive, fresh interviews, narration, immersive sound design and an original score, we trace the story of an extraordinary life and explore what makes Joni Mitchell a singular artist: the genius of her lyrics; her incredible talent as guitarist, painter and producer; and her restless drive for innovation.

We follow Joni from her 'flatlander' childhood on the Canadian prairies, through the folk clubs of Toronto and Detroit, to a redwood cottage in L.A.'s Laurel Canyon, to a cave in Crete, to a deserted desert highway, to recording studios and stages around the world. From her earliest home recordings to masterpieces like Blue, Court and Spark, and Hejira, we explore some of the stories behind her best-loved songs and celebrate her remarkable return to live performance in the past year: "like seeing, in the wild, a rare bird long feared extinct".

Our guide through the series is the California-born, Manchester-based musician, Jesca Hoop. We hear tributes from musicians who have played alongside Joni and from those who have been inspired and influenced by her music. We hear from friends, including Larry Klein and Graham Nash; and from music critics and biographers, including Ann Powers, David Yaffe, Lindsay Zoladz, Kate Mossman, Barney Hoskyns, Miles Grier and Jenn Pelly.

The Joni Mitchell Story comes from the production team behind BBC Radio 4's award-winning podcast Soul Music – "... the gold standard for music podcasts..." (Esquire).

Producers: Mair Bosworth and Eliza Lomas
Production Coordinator: Andrew Lewis
Editor: Chris Ledgard
Story Editor: Emma Harding
Story Consultant: John Yorke
Sound Design and Original Music: Hannis Brown
Studio Engineers: Ilse Lademann and Michael Harrison

SAT 21:30 Influenced (m001y3v1)
Helen Lewis Has Left the Chat

Left the Chat: No 5. Thug Shaker Central

When investigative journalist Aric Toler saw a handful of supposedly fake classified documents online, he had a hunch - what if they were real? The only way to find out was to hunt for the original source.

It was a journey that took him through the deep internet, beyond the reach of search engines. He scoured through chat forums about SpongeBob SquarePants, infiltrated servers named after edgy memes, and found a vital clue in screenshots of a video game about zombies. Eventually, Toler got his man - and his identity was not at all what you might expect.

At the heart of this story is the chat service Discord - a casual, conversational space without which, Toler thinks, his unlikely leaker would never have posted classified documents online.

A Tempo & Talker production for BBC Radio 4

SAT 22:00 News (m001yz5l)
The latest national and international news from BBC Radio 4

SAT 22:15 The Food Programme (m001yqym)
Lessons from Leeds and Amsterdam on childhood obesity

Amsterdam and Leeds are two of the only places in the world to have cut rates of childhood obesity — and they've not done it by focussing just on diet. Sheila Dillon finds out how these two locally-based policies worked, and why the political circumstances around them were just as important as the policies themselves. She speaks to parents, academics, policy experts and public health leaders to find out what we can learn from these two remarkable interventions.

In Leeds, the local authority has prioritised health in the early years over the last 20 years, and part of that is working with the charity HENRY (Health, Exercise and Nutrition for the Really Young). HENRY has trained council staff to deliver courses helping parents to teach their kids healthy eating right from the start. In 2019 Leeds made national headlines becoming the first city in the UK to see a small, but significant drop in childhood obesity, and a bigger drop of 10% in the most deprived areas. The data shows that overall between 2009 and 2017 obesity dropped from 9.4% to 8.8% in four-to-five year olds, while levels remained unchanged in similar cities.

When it comes to improving children's health, Amsterdam's Healthy Weight Program attracted a lot of interest from around the world, becoming the shining example of what can be done to tackle high levels of obesity though action on a city-level.

The Program's main principle was 'the healthy choice should be the easy choice', aiming to reduce childhood obesity through healthy food and drink, exercise and better quality sleep. From 2012 to 2015 the percentage of children who were overweight or obese went down 12%, from 21% to 18.5%, with the biggest fall amongst the lowest socio-economic groups.

In the programme we hear from: Alice Wiseman, Joint Director of Public Health for Gateshead and Newcastle, and Vice President of The Association of Directors of Public Health; Dr Dolly Van Tulleken, policy consultant and visiting researcher at the MCR Epidemiology Unit at the University of Cambridge; Jaap Seidell, Professor of Nutrition and Health at The Free University in Amsterdam; and Kim Roberts, Chief Executive of the HENRY charity.

Presented by Sheila Dillon and produced by Sophie Anton for BBC Audio in Bristol

SAT 23:00 You Heard It Here First (m001yz5n)
Series 2

Five: 'I never heard a cow!'

Chris McCausland asks Steph McGovern and Jarred Christmas to take on Hugh Dennis and Thanyia Moore. Can guests work out where in the UK Chris is from audio alone? The teams must figure out what on earth is being advertised on TV, guess what famous objects or locations children are trying to describe.
Producer: Sasha Bobak
Assistant Producer: Becky Carewe-Jeffries
Executive Producer: Richard Morris
Production Coordinator: Dan Marchini

A BBC Studios Production

An EcoAudio certified production

SAT 23:30 Round Britain Quiz (m001yqjm)
Programme 8, 2024

(8/12)

Kirsty Lang welcomes back the pairs from Scotland and Northern Ireland in another revenge fixture, after Northern Ireland's victory the last time these teams met. Val McDermaid and Alan McCredie are the Scotland team, and Paddy Duffy and Freya McClements represent Northern Ireland.

Questions in today's edition:

Q1 What could Hobson's employer, Robert E. Howard's Barbarian and Pauline McLynn be said to have jointly contributed to the history of detection?

Q2 (from Michael Beech) What links an aborted Carnegie Hall performance by a sensitive soloist, a quiz player changing his mind, and a traditional art form in Coimbra in Portugal?

Q3 Music: Which Tears for Fears song could you expect to hear next in this sequence?

Q4 (from Graham Bingham) If the following make a sequence: the father of the Living Dead, a cinematic pioneer, a monolithic sci-fi author, a Big Deal in a White House, and the Swazi companion of 'I' - which Arthurian brothers could come next?

Q5 If a Central African rebel movement bypasses Crawley and this piece of paper would take you to London from here, why might you sing about the number 8.124?

Q6 (from Robert Crawley) Music: Why might the band behind the fourth piece perform any, or all, of the other three?

Q7 If Denzel of the Netherlands teamed up with Gorgeous George, and Rachel's sometime boyfriend joined forces with the writer of 'Plastic Jesus', where would you find them all?

Q8 (from Peter Green) Explain how the following come between five and twenty: an untouched domain, a Fast and Furious action man, and an actor who portrayed a detective who sucked.

Producer Paul Bajoria

SUNDAY 05 MAY 2024

SUN 00:00 Midnight News (m001yz5q)
The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Open Book (m001yqjk)
Sunjeev Sahota

Alex Clark talks to Sunjeev Sahota about his new novel, The Spoiled Heart - an emotive mix of fiery union politics and

tragic family secrets.

Plus two unique new books for people living with dementia. Alex discusses 'dementia-friendly' books with the authors: Matt Singleton, whose book *Looking Back At The Beatles*, is the first from his new publishing company, Cognitive Books, and published in collaboration with the Alzheimer's Society; and Sarah Lawrence, who has written *Bewick Tales: Stories From The Life And Work Of Thomas Bewick*, also from a new publishing initiative, Open Ended Books, from creative ageing charity Equal Arts.

And this month's Editors Pick. Zoe Yang, Commissioning Editor at Bonnier Books, looks ahead and shares her reading recommendation for June: Juli Min's debut novel, *Shanghaianders*.

Presenter: Alex Clark
Producer: Emma Wallace

Book List – Sunday 28 March

Ours Are The Streets by Sunjeev Sahota
The Year of the Runaways by Sunjeev Sahota
The China Room by Sunjeev Sahota
The Spoiled Heart by Sunjeev Sahota
Looking Back At The Beatles by Matt Singleton
Bewick Tales: Stories From The Life And Work Of Thomas Bewick by Sarah Lawrence
Shanghaianders by Juli Min

SUN 00:48 Shipping Forecast (m001yz5s)

The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m001yz5v)

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m001yz5x)

The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m001yz5z)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001yybl)

St Martin-in-the-Fields in the City of Westminster, London

Bells on Sunday, comes from St Martin-in-the-Fields in the City of Westminster, London where this year's Ascension Day Service will feature music and reflections celebrating 100 years of religious broadcasting by the BBC. St Martin's has twelve bells cast by the Whitechapel of London foundry in 1988 replacing an 18th century ring of bells that were gifted to Perth in Western Australia as part of the Australian Bicentenary celebrations. The tenor bell weighs twenty nine and a quarter hundredweight and is tuned to the key of D. We hear them ringing 'Stedman Cinques'.

SUN 05:45 In Touch (m001yqv4)

Redundancies at Guide Dogs; Voting Equipment

As the charity Guide Dogs looked into its own future, they have predicted some financial hardship due to rising costs. Similarly to many organisations within the charity sector, they are having to come up with ways of cutting costs in order to maintain current levels of service provision. Their staff have been told that redundancies are a possibility for many. Guide Dogs' CEO Andrew Lennox tells In Touch what is happening and why, in his view, such cuts are necessary.

With elections just around the corner, In Touch explores a new audio voting system: the McGonagle Reader. It will be available at a few local council areas for the 2024 local and general elections.

Presenter: Peter White
Producer: Beth Hemmings

Production Coordinator: Pete Liggins

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

SUN 06:00 News Summary (m001yy8t)

The latest national and international news from BBC Radio 4

SUN 06:05 Beyond Belief (m001yqtn)

Ayodhya's Ram Mandir: Religion and Politics in India

In a temple in Southall, west London, Giles Fraser hears about the spiritual significance for British Hindus of the opening of the Ram Temple in Ayodhya, consecrated with much fanfare in January 2024 by the Indian Prime Minister Narendra Modi.

As Indians go to the polls in the largest democratic election in history, what is the relationship between religion and politics in the country?

Giles is joined by Professor Shruti Kapila, Associate Professor Ashraf Hoque and Dr Prakash Shah to discuss the temple's significance and the controversy that surrounded it, built on the site of a previous Muslim mosque, which was pulled down by a mob in 1992. Prime Minister Narendra Modi is campaigning for re-election. He's the head of the BJP party, aligned to ideas of Hindu nationalism. Does the temple help us to understand the complicated and contested political, cultural and historical grounds over which the current election is being fought?

Producer: Rebecca Maxted
Assistant Producer: Ruth Purser
Editor: Jonathan Hallowell

SUN 06:35 On Your Farm (m001yy8w)

Jeremy Clarkson - learning to farm

Jeremy Clarkson is an unlikely farmer. He rose to fame as the presenter of 'Top Gear', known for his ridiculous stunts and loud opinions. But his recent TV appearances have been about his attempts to run his farm in the Oxfordshire Cotswolds. In the process, he's introduced the trials and tribulations of farming to a whole new audience.

While many in the farming community have embraced the programme, which sees Clarkson struggling with the realities of running a farm, others are critical, saying he is too controversial to be a good advert for British agriculture.

In this programme Charlotte Smith visits Clarkson's farm - named "Diddly Squat" after how much money it makes - to find out what he's learnt from his foray into agriculture.

Presented by Charlotte Smith
Produced for BBC Audio in Bristol by Heather Simons

SUN 06:57 Weather (m001yy8y)

The latest weather reports and forecast

SUN 07:00 News and Papers (m001yy90)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001yy92)

The Muslim Vote, Lama Rod Owens, Faith Schools

The way many Muslims have voted in the local elections this week has raised some difficult questions for Labour. We hear from Shaista Aziz one of ten Labour councillors in Oxford who resigned in the autumn over the party's position on the Gaza conflict, and Stephen Fisher, Professor of Political Sociology at Oxford University, on what it could mean for a general election.

Lama Rod Owens is one of a new generation of Buddhist teachers centred on living in a just way, with a focus on social change, identity and spiritual wellness - with many of his practises taking place online. He's currently on tour in the UK and joins us to discuss how his Methodist upbringing in America's South has helped form his unique practise of Tibetan Buddhism.

The government announced this week that it was consulting on whether to lift current rules that mean faith schools can only offer up to 50 percent of their places to pupils on the basis of religious belief. The Catholic Education Service has been lobbying for over a decade and claims it's previously held back from opening schools because of the restrictions. Sir Edward Leigh MP, Conservative MP and former President of the Catholic Union, and Dr Ruth Wareham, Lecturer in Philosophy of Education at the University of Birmingham, discuss whether we're likely to soon see more Catholic free schools being established, whether lifting the rules will increase divisions in society, and if high performing faith schools are the result of them being more socially selective.

Presenter: Edward Stourton
Producers: Alexa Good & Rosie Dawson
Production Coordinator: David Baguley
Editor: Tim Pemberton

SUN 07:54 Radio 4 Appeal (m001yx11)

Hope Health Action

Paralympic champion swimmer Ellie Simmonds makes the Radio 4 Appeal on behalf of Hope Health Action.

To Give:

- UK Freephone 0800 404 8144
- You can donate online at bbc.co.uk/appeal/radio4
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Hope Health Action'.
- Cheques should be made payable to 'Hope Health Action'.
Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1163642

SUN 07:57 Weather (m001yy94)

The latest weather reports and forecast

SUN 08:00 News and Papers (m001yy96)

The latest news headlines. Including a look at the Sunday papers

SUN 08:10 Sunday Worship (m001yy98)

In a Divided Society

A Service from Fisherwick Presbyterian Church in Belfast. In the year that marks 100 years of religious broadcasting on the BBC but also the opening of the first BBC station in Northern Ireland, Rev Dr Bert Tosh reflects on the role of religious broadcasting in Northern Ireland's often divided society.

Fisherwick Church was one of three Belfast churches in the 1920s to have lines installed by the BBC for the transmission of services and since then has been a frequent venue for them.

Led by the minister, the Rev. Andrew Galbraith.

Cantate Domino (Pitoni)

All people that on earth do dwell (OLD HUNDREDETH)

Isaiah 55 1- 11 Mark 4.26-32

Great is Thy faithfulness (FAITHFULNESS)

Mark 4.26-32 I heard the voice of Jesus say (Philip Stopford)

He will hold me fast (HE WILL HOLD ME FAST)

Lord for the Years (LORD OF THE YEARS)

Director of Music: Neale Agnew

Organists: Ivan McComb and Luke Boyle

SUN 08:48 A Point of View (m001yqzr)

Protagonists of Reality

Megan Nolan on the allure of New York and the city's 'main character' syndrome.

The city is, she says, 'the place that makes me happier to be alive than anywhere else - not in spite but because of its thoroughly human hopelessness.'

'Nature is nature, permanent and without moral taint,' writes Megan, 'but cities are paeans to the marvellous filth of the human spirit.'

'The real challenge is being moved by the effort to remain open to one another despite being consoled by surroundings made not of beauty and relief, but of cement and strife.'

Producer: Adele Armstrong

Sound: Peter Boshier

Production coordinator: Liam Morrey

Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (m001yy9b)

Stephen Moss on the Swift

A new series of Tweet of the Day for Sunday morning revealing personal and fascinating stories from some fresh voices who have been inspired by birds, their calls and encounters.

In this episode falling on International Dawn Chorus Day, world renowned ornithologist and author Stephen Moss outlines that when he used to live in London it was easy to miss the subtle changes in the seasons. But even in Britain's Capital the arrival of screaming of flocks of swifts in the first week of May was hard to ignore.

A BBC Audio production from Bristol

Producer : Andrew Dawes

Studio Engineer : Michael Harrison

SUN 09:00 Broadcasting House (m001yy9d)

Local Elections Debrief

A debrief of the weekend's local elections results. Also on the

programme, we discuss the decline of the dawn chorus and hear from the director of the National Gallery.

SUN 10:00 The Reunion (m001yxpr)

London Olympics: Super Saturday

On Saturday 4 August 2012, 80,000 people leapt to their feet inside the Olympic Stadium in Stratford, east London, to witness Mo Farah clinch gold in the 10,000m final. Strangers hugged in pubs up and down the country, families jumped wildly on sofas at home, and millions watched in awe around the world.

This was the climax of Team GB's success at its first home Games since 1948 and has forever been etched into the nation's hearts as Super Saturday - selected by a BBC Sport panel as their greatest-ever Olympic moment.

Farah's win marked the third gold medal for Team GB within an electric 44 minutes inside the stadium - opening with Jessica Ennis-Hill's heptathlon glory and swiftly followed by Greg Rutherford's winning leap in the long jump.

But the day's tally had started earlier that morning on the waters of Eton Dorney with the men's coxless four and a triumphant battle with Australia.

As the rowers' success rippled out across Team GB, the women's cycling team were preparing to reach for gold over at the velodrome in the team pursuit, and they would smash world records in the process.

Joining Kirsty Wark to recall this momentous day for British sport is Dame Jessica Ennis Hill, Dame Laura Kenny, Andrew Triggs Hodge, Steve Cram, Carl Hicks and Sir Mo Farah.

Presenter: Kirsty Wark
Producer: Ruth Abrahams
Series Producer: David Prest
A Whistledown production for BBC Radio 4

SUN 11:00 The Archers Omnibus (m001yy9g)

Writer: Caroline Jester
Director: Rosemary Watts and Pip Swallow

Brian Aldridge.... Charles Collingswood
Lilian Bellamy.... Sunny Ormonde
Alice Carter.... Hollie Chapman
Eddie Grundy.... Trevor Harrison
Emma Grundy.... Emerald O'Hanrahan
George Grundy.... Angus Stobie
Will Grundy.... Philip Molloy
Miranda Elliott.... Lucy Fleming
Jakob Hakansson.... Paul Venables
Chelsea Horrobin.... Madeleine Leslay
Joy Horville.... Jackie Lye
Alistair Lloyd.... Michael Lumdsen
Jim Lloyd.... John Rowe
Kate Madikane.... Perdita Avery
Dr Azra Malik.... Yasmin Wilde
Denise Metcalf.... Clare Perkins
Lynda Snell.... Carole Boyd
Robert Snell.... Michael Bertenshaw
Mick.... Martin Barrass

SUN 12:15 Profile (m001yy9j)

[Repeat of broadcast at 19:00 on Saturday]

SUN 12:30 It's a Fair Cop (m001ypzj)

Series 8

5. The Make Off

When does forgetting to pay become a police matter?

Accidentally walked off with bottle that's not been scanned? Put a croissant through as a roll? Forgot to pay for your petrol? Alfie explores the legal ins & outs of the 'make off'.

Written and presented by Alfie Moore
Script Editor: Will Ing
Production Co-ordinator: Katie Baum
Producer: Sam Holmes

An EcoAudio Certified Production
A BBC Studios Audio Production

SUN 12:57 Weather (m001yy9l)

The latest weather forecast

SUN 13:00 The World This Weekend (m001yy9n)

Radio 4's look at the week's big stories from both home and around the world.

SUN 13:30 The Switch (m001yy9q)

Three people from three different eras reveal what it's like to live with multiple personalities, or Dissociative Identity Disorder.

A retired librarian who lived through the disorder's most controversial time and has found peace as several parts; an early YouTuber who fought stigma about DID and now lives as one person; and a young TikTok navigating life as a 'system'.

During May, the BBC will be sharing stories and tips on how to support your mental health and wellbeing. Go to bbc.co.uk/mentalwellbeing to find out more.

Presenter/producer: Lucy Proctor
Researcher: Anna Harris
Mixed by: James Beard

SUN 14:00 Gardeners' Question Time (m001yqz5)

Postbag: RHS Urban Gardening Show

What's the difference between anvil secateurs and bypass secateurs? What should I do with well-used compost? If you could design a gardening utopia, what would you include?

Peter Gibbs and his team of horticultural experts have packed up the wellies and travelled to Manchester for the RHS Urban Gardening Show. While exploring the exhibitions, they dig through the QOT inbox to answer your gardening queries. On the panel this week are self-proclaimed botanical geek James Wong, house plants expert Anne Swithinbank, and Curator of RHS Bridgewater Marcus Chilton Jones.

The QOT team are also joined by 'unusual houseplant' specialist Jacob James, 'Cloud Gardener' Jason Williams and landscape designer Conal McGuire, who provide some insightful knowledge on how we can create greener and more eco-friendly spaces in urban environments.

Senior Producer: Bethany Hocken
Assistant Producer: Rahnee Prescod
Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

SUN 14:45 Short Works (m001tjlp)

Dancing Ganesh

Michael Nardone reads a short story by Alan Spence, as a frustrated climber seeks enlightenment in Kathmandu.

Produced by Eilidh McCreadie

Alan Spence is an award-winning poet, playwright and novelist based in Edinburgh, where he runs the Sri Chinmoy Meditation Centre. Appointed Edinburgh Makar in 2017, he is also Professor Emeritus in Creative Writing at University of Aberdeen. His longer works include novels, 'Its Colours They Are Fine', 'The Stone Garden', 'The Magic Flute', 'Way to Go' and 'The Pure Land'.

Michael Nardone plays DCI Neil McInven in BBC crime drama 'Traces', and has appeared in hit TV series 'The Night Manager', 'Line of Duty' and 'Rome'. Stage credits include Black Watch, Knives in Hens, and King Lear and Macbeth for the National Theatre.

SUN 15:00 My Mother Said I Never Should (m001yy9s)

Episode 2

Charlotte Keatley adapts her powerful, poignant and bittersweet stage play for audio. The drama traces four generations of women against the backdrop of the huge social changes of the twentieth century.

The four women revisit Doris's snowbound house following Jack's death; as they pack up the objects and clothes of 70 years of family life memories haunt and buried secrets threaten to surface.

DORIS.... Lesley Nicol
MARGARET.... Siobhan Finneran
JACKIE.... Cecilia Appiah
ROSIE.... Bebe Massey
CHILD DORIS.... Matilda Kent
CHILD MARGARET.... Isla Pritchard
CHILD JACKIE.... Mimi-Raie Mhlanga

Pianist Adam Hutchins
Sound Design by Sharon Hughes
Production Co-ordinator Pippa Day
Written by Charlotte Keatley
Produced and Directed by Nadia Molinari

A BBC Studios Audio Production

This production is dedicated to the memory of Wyllie Longmore.

SUN 16:00 Bookclub (m001yy9v)

Nicholas Shakespeare: Six Minutes in May

James Naughtie and readers quiz Nicholas Shakespeare about his book, Six Minutes In May: How Churchill Unexpectedly Became Prime Minister. It chronicles the dramatic political and military events of 1940 which led to the momentous Norway Debate and Chamberlain's resignation.

Upcoming recordings at BBC Broadcasting House in London:

Wednesday 15 May at 1300: Lucy Caldwell on These Days

Thursday 6 June at 1245: Marlon James on A Brief History of Seven Killings

SUN 16:30 Round Britain Quiz (m001yy9x)
Programme 9, 2024

(9/12)

Earlier in the series when Stephen Maddock and Frankie Fanko of the Midlands played Stuart Maconie and Adele Geras of the North of England, the Midlands won emphatically. Can the North reverse the result today? Kirsty Lang provides the cryptic questions and the helpful hints too, if they need them.

The questions in today's quiz are:

Q1 Why would a breath-freshening confectionery item, the object of Adrian Mole's affections, and a Beethoven piano sonata, be likely to please the Prime Minister?

Q2 (from David Brain) Why might racing to the Isle of Man help you to get a pint that's been improved, a lascivious look that results in correspondence, or a visionary who writes quiz questions?

Q3 Music: Which entrapped family would particularly enjoy this sequence, and what might be their contribution?

Q4 (from Dr Anthony Edwards) If fifth place might make you think of a rifle, fourth place is a Victorian singer in search of something, third place gave us The Iron Heel and second place sounds like the voice of Radiohead, why would first place go to a sort of bookstand?

Q5 (from Charlie Wakely) Why could the progenitors of an unusually arch handbag and a poetic account of a seat of learning for women find common cause in a railway station bookshop?

Q6 (from Jill Butler) Music: How might these musicians add colour to the lives of Miss Sharp's school principal, a faithless naval officer and a man who set investigations in motion in the mid-19th century?

Q7 (from Keith Scholes) Why might a vainglorious poetic king of kings, the voice of Yoda, an obscenity trial, an Argentine midfielder and manager, and the leader of a musical occult meeting, lead you to the real and lyrical origins of some working men?

Q8 (from Peter Green) A Scot would know how a high-ranking mafioso and a high-ranking Ottoman leader might come together with a pseudonymous writer killed by a sniper in the First World War, to form the subject of a Peter Blake canvas. Do you?

Producer: Paul Bajoria

SUN 17:00 Witness History (w3ct4xjn)

Japan surrenders in China

In the autumn of 1945, World War II surrender ceremonies took place across the Japanese Empire. The one in China was held at the Forbidden City in Beijing bringing an end to eight years of occupation. Thousands of people watched the incredible moment Japanese generals handed over their swords. The United States, China, Russia and the United Kingdom were all represented. John Stanfield, now 103, is the last surviving British person who was there. He recalls to Josephine McDermott how he signed the surrender declaration documents on behalf of the British.

SUN 17:10 The Invention Of... (m001yppm)

China

To kowtow or not kowtow

Britain was late in its contacts with China and the Qing dynasty - the Portuguese, the Dutch and the Spanish had all headed east long before Lord McCartney's embassy tried to establish a

formal relationship in 1792/3. Although it failed, this mission is famous for one thing - whether the British envoy did or did not kowtow to the Chinese Emperor. So began a fractious, ultimately shameful century for Anglo-Chinese relations. Travelling to Hong Kong, taken by the British following the First Opium War, Misha Glenn and Miles Warde find a city still marked by its colonial heritage, but also increasingly under the thumb of its new masters in Beijing.

Contributors include Hong Kong activist, Nathan Law; Henrietta Harrison, author of *The Perils of Interpreting* and Professor of Chinese history; and Frances Wood, author of *No Dogs and Not Many Chinese History: Treaty Port Life in China*

This is episode 56 of *How to Invent a Country* on BBC Sounds and is a BBC Studios production

SUN 17:54 Shipping Forecast (m001yyb0)

The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m001yyb2)

The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m001yyb4)

Swinney warns of delays to rebuilding SNP if he faces leadership challenge

SUN 18:15 Pick of the Week (m001yyb6)

Deb Grant

This week Deb will be exploring human and primate romance, uncovering some epic rock'n'roll breakups, delving into the possible benefits of gambling for children, sharing music from a lifelong street pianist and a masked Stetson-wearing storyteller. And discussing the enduring cultural significance of... Mallett's mallet.

Presenter: Deb Grant

Producer: Elizabeth Foster

Production Co-ordinators: Paul Holloway & Brigid Harrison-Draper

SUN 19:00 The Archers (m001yyb8)

Brian gives painkillers to a groggy Alice. She is hungover but claims she's ill. She denies drinking but Brian tells her lying is not going to help. Chris arrives – Alice forgot to pick up Martha. Chris guesses she has been drinking and Alice storms off so Brian fills him in. She returns, furious. Chris reassures her she can see Martha as long as she's sober. But all she hears is the threat of losing access. Brian says Jennifer would be so ashamed of her and, hurt by his words, Alice walks out.

George is at the shop looking for drinks for a party. He can't afford much and Joy tells him fruit cider is on offer. In the end he has to settle for it. Alistair pops in and says he's having a quiet night in and Joy mentions Denise bought an expensive bottle of sparkling wine for a night with friends. Alice arrives and despite Joy telling her the shop is closed insists on getting a few things. She picks up snacks, demands some vodka, pays and rushes out. Joy says she shouldn't have sold her the drink but Alistair says Alice is an adult.

Later George is on the way home from the party when he comes across Alice slumped, drunk in her car. He leaves a voice mail for Will saying he's going to drive Aunty Alice home. En route she feels sick and starts trying to open the door. Distracted, George swerves and hits an oncoming car which crashes into the river.

SUN 19:15 The Art of Relativity (m001q0rh)

Einstein's theory of relativity created a profound shift in human thought, overturning deeply held certainties about time and space, appearance and reality, stillness, movement and speed. It revolutionised physics, and its verification in 1919 by British astronomers established Einstein as the most famous scientist on the planet. But ideas as reality-bending as these couldn't stay confined to one sphere for long. In this feature, writer Jerry Brotton explores how Einstein's thought crossed over and transformed the arts – from fiction, poetry, painting and sculpture to classical music and jazz – a transformation that began in the early 1920s and still reverberating a century later.

Hearing from artists, musicians, physicists, historians and writers, Jerry uncovers the impact of the theory of relativity on authors such as Virginia Woolf and William Carlos Williams; on the visual arts, including Picasso's cubist paintings, Alexander Calder's incredible kinetic sculptures and contemporary artist Conrad Shawcross's installations; on music, from Philip Glass's opera *Einstein on the Beach* to John Coltrane's study of relativity to transform the harmonic structures of jazz. Creative boundaries between science and art dissolved. Artists and writers became fluent in new ideas of space-time and explored how to represent them in print, on canvas and to the ear.

Perhaps it's no coincidence that Einstein himself, who welcomed the exchange of ideas with artists and loved music, would sometimes consider his own thinking in aesthetic as well as scientific terms, quoting the poet Keats: 'Beauty is truth, truth beauty'.

Presenter: Jerry Brotton

Producer: Simon Hollis

A Brook Lapping Production for BBC Radio 4

SUN 19:45 Why Do We Do That? (p0d9y33g) Why Do We Shake Hands?

The handshake has been threatened several times throughout history. It was even made illegal in Prescott Arizona due to the Spanish Flu — and yet we keep returning to it. In this episode, Ella Al-Shamahi delves into a possible biological explanation for why we handshake. Studies have shown that we bring our hands close to our face after a handshake, and then subconsciously take a sniff (inhalation through the nostrils doubles). The human body emits over 2000 volatile compounds that change depending on our mood, e.g. if we're feeling scared, nervous or happy. So, do we handshake to literally sniff out the other person? Ella speaks to neuroscientist Dr Eva Mishor from Weizmann Institute of Science to hear about her fascinating studies involving hidden cameras, life-size mannequins, sweaty smells and why handshakes can help us make better decisions. Great British Bake Off star Michael Chakraverty recounts a particularly important handshake during bread week.

SUN 20:00 Feedback (m001yqq0)

Local Radio Fallout, Record Review and Michael Spicer

It's been 18 months since the BBC first announced sweeping changes to Local Radio in England. Now, most of the 39 stations share regional output on weekdays from **2pm** and then national programming after **6pm**. The decision immediately led to howls of protest from staff, politicians and Feedback listeners. This week, Andrea has been speaking to the person behind these changes, the Head of Audio and Digital for BBC England, Chris Burns.

Last week Radio 3 Controller, Sam Jackson, explained the rationale behind his recent changes to the station's schedule. But not all of you were convinced by his reasoning so, this week, Andrea is addressing some more of your comments.

And the comedian Michael Spicer joins Andrea to talk about his new series *No Room* on Radio 4 and BBC Sounds. The pair delve into the art of satire and why low hanging fruit can still be funny...

Presented by Andrea Catherwood

Produced by Leeanne Coyle

A Whistledown Scotland production for BBC Radio 4

SUN 20:30 Last Word (m001yqz9)

C.J.Sansom, Olga Fikotová-Connolly, Dr Jenny Vaughan OBE, Sir Andrew Davis

Matthew Bannister on C.J. Sansom, the author best known for creating the Tudor-era detective Matthew Shardlake.

Dr Jenny Vaughan OBE, the neurologist who campaigned on behalf of doctors charged with gross negligence manslaughter.

Olga Fikotová-Connolly, the Czech-born Olympic gold medalist who fell in love with an American hammer thrower during the cold war.

Sir Andrew Davies, Chief Conductor of the BBC Symphony Orchestra who made a big impact on the Proms.

Interviewee: Antony Topping

Interviewee: Merja Connolly-Freund

Interviewee: Matt Dunckley

Interviewee: Sir Nicholas Kenyon

Producer: Gareth Nelson-Davies

Archive Used:

Shardlake, Official Trailer, Hulu, Youtube uploaded 10/04/2024; CJ Sansom discussion his book 'Dissolution', Bookclub, BBC Radio 4 06/08/2009; CJ Sansom reading, Bookclub, BBC Radio 4, 06/08/2009; Dissolution, Episode 1, 15 Minute Drama, BBC Radio 4, 03/09/2012; Olga Fikotová-Connolly interview, Sporting Witness: Love at the Cold War Olympics, BBC World Service, 19/12/2016; Fikotova shines in Melbourne with discus gold, Olympics.com, 1957; Harold Connolly and Olga Fikotova arrive in New York, NY-3 Telenews Daily, 24/04/1957; Reconnecting Hope: When things go wrong what should we play?, Jenny Vaughan, TEDxNHS, Tedx Talks YouTube channel, uploaded 11/11/2022; Mr David Sellu, BBC News London, 05/11/2013;

Jenny Vaughan interview, Jenny Vaughan YouTube channel, uploaded 09/03/2017; Andrew Davis, Desert Island Discs, BBC Radio 4, 07/09/1986; Andrew Davis, Closing Speech, BBC Last Night of the Proms 12/09/1992;

SUN 21:00 Money Box (m001yybb)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m001yx11)

[Repeat of broadcast at 07:54 today]

SUN 21:30 From Our Own Correspondent (m001yybd)

[Repeat of broadcast at 11:30 on Saturday]

SUN 22:00 Westminster Hour (m001yybg)

Ben Wright is joined by the chair of the Conservative Party, Richard Holden; Shadow Business Minister, Rushanara Ali; and the pollster, Scarlett Maguire. They discuss the fallout from the local and mayoral elections in England, and the latest developments over the SNP leadership. George Parker - political editor of the Financial Times - brings expert insight and analysis. The programme also includes a discussion between the writer Mary-Ann Sieghart and former Tory MP Ann Widdecombe, about whether London's private members' clubs still play a role in the political scene.

SUN 23:00 In Our Time (m001yqp3)

Mercury

Melvyn Bragg and guests discuss the planet which is closest to our Sun. We see it as an evening or a morning star, close to where the Sun has just set or is about to rise, and observations of Mercury helped Copernicus understand that Earth and the other planets orbit the Sun, so displacing Earth from the centre of our system. In the 20th century, further observations of Mercury helped Einstein prove his general theory of relativity. For the last 50 years we have been sending missions there to reveal something of Mercury's secrets and how those relate to the wider universe, and he latest, BepiColombo, is out there in space now.

With

Emma Bunce

Professor of Planetary Plasma Physics and Director of the Institute for Space at the University of Leicester

David Rothery

Professor of Planetary Geosciences at the Open University

And

Carolyn Crawford

Emeritus Fellow of Emmanuel College, University of Cambridge, and Emeritus Member of the Institute of Astronomy, Cambridge

Producer: Simon Tillotson

In Our Time is a BBC Studios Audio production

Reading list:

Emma Bunce, 'All (X-ray) eyes on Mercury' (Astronomy & Geophysics, Volume 64, Issue 4, August 2023)

Emma Bunce et al, 'The BepiColombo Mercury Imaging X-Ray Spectrometer: Science Goals, Instrument Performance and Operations' (Space Science Reviews: SpringerLink, volume 216, article number 126, Nov 2020)

David A. Rothery, Planet Mercury: From Pale Pink Dot to Dynamic World (Springer, 2014)

SUN 23:45 Short Works (m001yqz7)

A Thoroughly Modern Woman by Bita Taghavi

Susan considers herself to be a Thoroughly Modern Woman; after all, she's been on a Pride March - and she has a Tesla parked outside. So why does she sometimes feel that life would be easier if she just keep her mouth shut? And what does her husband have against peonies? A moving and funny portrayal of a woman getting to grips with change.

Bita Taghavi is a Bristol-based writer and actor originally from Newcastle upon Tyne and this is her first work for R4. She's always been slightly obsessed with the inner life of people, their secrets and truths.

Written and read by Bita Taghavi

Produced by Alison Crawford

MONDAY 06 MAY 2024

MON 00:00 Midnight News (m001yybj)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Crossing Continents (m001yqv6)

Kosovo: Euro or Bust

It's a quarter of a century since Kosovo emerged from a brutal war, one which pitted local ethnic Albanians against Serbs. Twenty-five years on, the government in Pristina is pressing ahead with reforms that could reinforce its separation from Serbia. They include banning the use of Serb dinars and curbing the import of things like Serb medicines. Pristina says the moves are needed to curb illegality and tax-evasion. But they've brought widespread complaints from local Serbs who feel victimised. Is the government justified in claiming there's a rising risk of violence, or are the restrictions themselves making this more likely?

Producer and presenter: Ed Butler
Studio mix: Rod Farquhar
Editor: Penny Murphy
Production Coordinator: Gemma Ashman

MON 00:45 Bells on Sunday (m001yybl)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001yybn)

The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m001yybq)

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m001yybs)

The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m001yybv)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m001yybz)

Spiritual reflection to start the day with Rev Prof Alison Jack of the School of Divinity, University of Edinburgh

MON 05:45 Farming Today (m001yybz)

06/05/24 Behind the scenes on the Wildland Estate where Scotland's largest landowner is making big changes.

Just what happens when a foreign billionaire buys a vast tract of the Scottish Highlands and sets about changing it? Does Scotland's biggest landowner Anders Holch Povlsen dictate everything that happens on his 80,000 acres of the Cairngorm National Park? Is he making money from it? Richard Baynes has been to the heart of Povlsen's Wildland estate, talking to those charged with restoring nature on it and finding out how they work.

Produced and presented by Richard Baynes.

MON 05:57 Weather (m001yycc1)

Weather reports and forecasts for farmers

MON 06:00 Today (m001yyry)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m001yyso)

Protest and patriotism

May Day is the title of Jackie Kay's new collection. The former Makar of Scotland explores a history of political protest, and the cultural influencers of the past, from Rabbin Burns to the poet Audre Lorde and Paul Robeson. She also celebrates the lives and activism of her parents, and grieves for their loss.

The Green MP Caroline Lucas wants to reclaim and rewrite England's national story in her book, Another England. By exploring its radical tradition through its literary heritage she seeks to foreground the diverse writers and poets who spoke of a shared sense of identity and purpose, and a deep-rooted commitment to the natural world.

The journalist and writer Simon Heffer looks back a century to the interwar period, a time of radical transformation of British society post the Great War, as many of the old attitudes started to be swept away. In his history, Sing As We Go, he shows how the culture of the time both shaped and reflected these changes.

Producer: Katy Hickman

MON 09:45 Café Hope (m001yyss2)

Laundry with love

Rachel Burden hears from Kate Blakemore who started the charity Motherwell Cheshire, which not only supports women and girls of all ages, but also runs Edna's Laundrette where the local community can do their laundry for free.

Café Hope is our virtual Radio 4 coffee shop, where guests pop in for a brew and a chat to tell us what they're doing to make things better in big and small ways. Think of us as sitting in your local café and celebrating the people making the world a better place.

We're all about trying to make change. It might be a transformational project that helps an entire community, or it might be about trying to make one life a little bit easier. And the key here is in the trying. This is real life. Not everything works, and there are struggles along the way. But it's always worth a go.

Presenter: Rachel Burden
Producer: Uma Doraiswamy
Sound Design: Nicky Edwards
Researcher: Katie Morgan
Editor: Clare Fordham

MON 10:00 Woman's Hour (m001yyss4)

How to age well: A Woman's Hour special

We are all ageing, if we're lucky, so in this Woman's Hour special programme, we're exploring how women can age well.

Anita Rani is joined by a panel of women of different ages to talk about the possibility of re-invention and the wisdom of age, as well as the difficulties and barriers women face as they get older. What we can learn from each other and how can women of different generations support each other?

Author and psychologist, Dr Sharon Blackie's book, Hagitude: Reimagining the Second Half of Life, explores stories of little-known but powerful elder women in European myth and folklore – with the hope of inspiring women now. She joins Anita to discuss what we can learn from these stories and the power she feels we can gain if we embrace getting older.

NHS GP Dr Radha Modgil is often to be found on BBC Radio 1's Life Hacks. Radha joins the discussion to explain the things we can do specifically to age well. She highlights exercise and nutrition, as well as the real need for women to have purpose in their lives, no matter what age they are and how that can impact our ageing both physically and mentally.

Our reporter Martha Owen meets Lindi, Sue & Celia in the British Library in London, at a meeting for the Older Peoples Advisory Group – a forum for older community members – hosted by Age UK Camden. They give their thoughts on ageing, what they've enjoyed most about getting older and why dancing trumps housework.

Cally Beaton was formerly a top TV exec, then she swapped the boardroom for the stage and became a comedian at the age of 45. Ten years later, she now refuses to make self-deprecating jokes in her sets. She joins Anita to discuss what it's like ageing in the public eye, defying her age and the importance of advice from older – and younger – women.

The writer and content creator Pippa Stacey's perceptions of ageing have changed because of her experience of a chronic illness. Pippa was diagnosed with ME, also known as Chronic Fatigue Syndrome, while she was at university. She joins Anita to reflect on the impact of the physical changes she has experienced, the pressures young women are under and why she wants to listen to older, and wiser, women.

Presenter: Anita Rani
Guest: Sharon Blackie
Guest: Dr Radha Modgil
Guest: Cally Beaton
Guest: Pippa Stacey
Reporter: Martha Owen
Producer: Claire Fox
Editor: Erin Riley
Studio Engineer: Giles Aspen

MON 11:00 The Invention Of... (m001yyss6)

China

Imperial Collapse

"You could do a whole programme on why you shouldn't build a capital in Beijing. It's a Mongolian camel camp." Paul French

Beijing means capital of the north, and was first used by the

Ming to distinguish it from Nanjing, capital of the south. Home to the Forbidden City where the emperors lived, the centre had a tortuous relationship with many other parts of China. By the end of the Qing dynasty this relationship had totally broken down, but what was going to replace the old system? Step forward Dr Sun Yat-sen, professional republican revolutionary.

Contributors include Jonathan Fenby, former editor of the South China Post and author of the Penguin History of Modern China: The Fall and Rise of a Great Power; Professor Julia Lovell, whose books include The Great Wall and Maoism: A Global History; and also Frances Wood, author of No Dogs and Not Many Chinese, and Paul French, Midnight in Peking.

This is episode three of The Invention of China and episode 57 of How to Invent a Country on BBC Sounds.
The presenter is Misha Glenny, the producer for BBC Studios is Miles Warde.

MON 11:45 The Miners' Strike: Return Journey (m001vs7z)

Sunderland

The year long miners' strike, that started in March 1984, dominated the news for 12 months. It's been described as "a site of contested memories" and it still evokes strong feelings in those who lived through the strike and had direct experience of it.

Chris Jackson, in his very first job as a young radio reporter in South Wales, found himself covering the dispute that scarred a generation and more. Now, 40 years after the start of the strike, he's meeting people from different sides, and together they return to a place that holds some very personal memories.

In this episode, Chris is in Sunderland to meet Neil Foster, a fourth generation miner who went on strike for the full year. They meet outside the Stadium of Light, the home ground of Sunderland Football Club, which is built on the former site of the Monkwearmouth Colliery. It's where Neil worked and it's where he got arrested on a picket line during the strike.

Presenter: Chris Jackson
Producer: Jo Dwyer
Executive Producer: Rosamund Jones
A Loftus Media production for BBC Radio 4

MON 12:00 News Summary (m001yyss8)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001yyssb)

ADHD Medication, Vending Machines, Gaming Emulators

Many people who are diagnosed ADHD take medication to help them manage some of the symptoms. However, since autumn 2023 there has been a shortage in some medication which has led to some people rationing tablets and others going without.

The government has said that the shortage would end on several occasions but the shortage continues with growing concerns on the impact on people's work, studies and life.

We will be speaking to one father who is concerned his son won't achieve the grades he needs at school because of limited supplies of his medication. And we also hear from ADHD UK and Ellie Middleton AKA the 'autistic ADHDer' @elliemidds.

Vending machines, there is 1 of them for every 55 people in the UK. That's not quite as many as the 1 in 23 in Japan, but it seems we do love them.

We have a look into the world of vending in the UK, learning that there is more than a fizzy drink and packet of crisps to be found in them now.

We'll be chatting to a farmer selling meat in a machine, and also to the association for the industry who will be giving us a brief history of their role in the UK.

And it's been 35 years since Nintendo's Gameboy was released. It is one of the biggest selling consoles of all time, revolutionised gaming, and was the platform that brought Tetris to the masses.

Well now fans of the Gameboy don't have to own one to play them, instead many are turning to a new app on Apple devices. It's called Delta and allows you to emulate the classic console. But is it legal to do so? Keza MacDonald will tell us all about it.

You can contact You & Yours by emailing youandyours@bbc.co.uk or using the hashtag #youandyours

Presenter: Winifred Robinson
Producer: Dave James

MON 12:57 Weather (m001yyssd)

The latest weather forecast

MON 13:00 World at One (m001yysg)

Israel tells civilians to evacuate Rafah

We speak to a former aid for Hamas and to Ehud Olmert, former prime minister of Israel, who explains why he thinks a military invasion no longer serves any purpose.

MON 13:45 Assume Nothing: The Last Request (m0019r0c)
A Nightmare About to Dawn

Irish journalist Martin Barry was only 30 years old when he died at the Dignitas Clinic in Zurich, accompanied by his ex girlfriend Laura McDaid.

The night before he died, he asked Laura to fulfil his last request: to track down his birth mother and pass on a message.

Martin had been born in a mother and baby home in Co. Cork in Ireland. He'd never met his birth mother.

Twenty years later, along with her producer Kerry Jamison, Laura embarks on a search that will take her from the top of this island to the bottom and across the Irish sea, to fulfil the promise she made to Martin.

MON 14:00 The Archers (m001yyb8)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 The Train at Platform 4 (m001394s)
Cat

Episode Two of Punt and Dennis's new sitcom, set in the claustrophobic carriages of a cross-country rail service.

It's Friday night and everyone's looking forward to their weekend plans. But the journey home is struck with disaster when a celebrity cat goes missing on the train - Artemis Montmorency Wolfhandle the Third is potentially the new face of Kitty Krunch Cat Food but is set to miss a crucial audition if the train crew can't track her down. Meanwhile, Dev's plans for a hot date are thrown into turmoil when he learns the bitter truth about his receding hairline.

Our heroes are the long-suffering train crew who manage to scrape through every shift like a dysfunctional family – Train Manager, Sam (Rosie Cavaliero; Inside No. 9) First Class Steward, Gilbert (Kenneth Collard; Cuckoo), Catering Manager, Dev (Ali Shahalom; Muzlamic) and Trolley Operator Tasha (Amy Geldhill; Life). The passengers are made up of a rolling roster of guest stars, which includes the odd cameo from Punt and Dennis themselves.

Sam.... Rosie Cavaliero
Gilbert.... Kenneth Collard
Dev.... Ali Shahalom
Tasha..... Amy Geldhill
Cat Lady.... Freya Parker
American.... Hugh Dennis
Passenger.... Steve Punt

Written by....Steve Punt and Hugh Dennis
Producer... James Robinson
A BBC Studios Production

MON 14:45 Felicity Ward - Appisodes (m000q8zt)
Series 2

Smoking

The series in which stand up Felicity Ward uses phone apps to help her cope with modern life. In this episode, Felicity enlists the help of an anti-smoking app "Stop Smoking with Barbara" (voiced by Fern Brady). Can a phone app help her kick the habit and set her on the path to a better healthier Felicity?

Written and performed by Felicity Ward.
Script Editor: Gareth Gwynn
Production Co-Ordinator: Caroline Barlow
Producer: Adnan Ahmed

A BBC Studios Production

MON 15:00 Great Lives (m001yysl)
Queen Emma

Professor Alice Roberts, best known as the presenter of Digging for Britain, picks the wife of two English kings and the mother of two English kings. Queen Emma was born in Normandy and came to England as a diplomatic peaceweaver when she married Aethelred in 1002. Somehow she survived the invasion of the Danes under Swein Forkbeard and married his son, King Canute after Aethelred's death. Together with help from Professor Janina Ramirez - author of Femina - and Patricia Bracewell who has written a trilogy of historical novels

based on Emma's life, Alice pieces together an extraordinary life, the richest woman in England, aunt of William the Conqueror, mother of Edward the Confessor.

Alice Roberts is Professor of Public Engagement in Science at Birmingham University and the author of Crypt: Life, Death and Disease in the Middle Ages and Beyond
Programme also includes recorded audio of Professor Pauline Stafford, author of Gendering the Middle Ages

The producer in Bristol is Miles Warde

MON 15:30 History's Secret Heroes (m001y3vd)
16. Raymond Gurême: Escape Artist

A young circus performer from a traveling family in France breaks out of an internment camp and dedicates himself to bringing the Nazis down.

Helena Bonham Carter shines a light on extraordinary stories from World War Two. Join her for incredible tales of deception, acts of resistance and courage.

A BBC Studios Audio production for BBC Radio 4 and BBC Sounds.

Producer: Suniti Somaiya
Edit Producer: Melvin Rickarby
Assistant Producer: Lorna Reader
Executive Producer: Paul Smith
Written by Alex von Tunzelmann
Commissioning editor for Radio 4: Rhian Roberts

MON 16:00 The Switch (m001yy9q)

[Repeat of broadcast at 13:30 on Sunday]

MON 16:30 Soul Music (m001yyssn)

[Repeat of broadcast at 10:30 on Saturday]

MON 17:00 PM (m001yyssq)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m001yyss)

The announcement comes hours after Israel instructed Palestinians to leave parts of Rafah

MON 18:30 It's a Fair Cop (m001yyssv)

Series 8

6. Domestic Violence

When should the police get involved in people's personal lives?

Ever worried about a friend's new partner even when they say everything is 'fine'? In this week's episode Alfie looks into helping someone who might be under 'coercive control'.

Details of support for domestic abuse are available at bbc.co.uk/actionline.

Written and presented by Alfie Moore
Script Editor: Will Ing
Production Co-ordinator: Katie Baum
Producer: Sam Holmes

An EcoAudio Certified Production
A BBC Studios Audio Production

MON 19:00 The Archers (m001yy6n)

Alistair and Denise are driving to a hotel after an enjoyable dinner together. Nervous, they chat about the evening to come. They screech to a halt as Alistair spots headlights in the water – a car has gone off the bridge into the Am. George, frantic, is on the scene. They hear Mick shouting and George helps Denise pull him out of the water, Alistair goes to help Joy. He and George drag her to the shore but she's unconscious having hit her head. To their relief she's breathing and has a pulse. But then Mick tries to wade back in – Fallon is still in the car. Desperate, she screams for help, trapped as it fills up with water. George dives in again and Denise tries to follow. Alistair begs her not to even as Fallon reaches the surface. The back door was jammed on rocks on the river bed so George got her out of the driver's side. Shortly afterward he makes it back to the surface too. They're all alive! Denise praises George and Fallon thanks him.

Then he hears sirens and dashes off. Alistair goes after George. Meanwhile he is busy shifting Alice into the driver's seat of her car. He apologises to her but what else can he do? When Alistair arrives George tells him she has necked a whole bottle of vodka. Alistair remembers bitterly that

he saw her buy it at the shop earlier that evening. As the emergency services arrive to speak to George, Alistair is distraught. Thumping the car he says: 'Oh Alice, what have you done?'

MON 19:15 Front Row (m001yyssx)

Sir Alan Ayckbourn, Jeremy Deller, Scarborough Spa Orchestra

Nick visits Scarborough and talks to Sir Alan Ayckbourn as he rehearses an old play - Things We Do For Love - and looks forward to the staging of his 90th play - Show and Tell.

Turner prize winning Artist Jeremy Deller, whose public artworks include We're Here Because We're Here to commemorate the Battle of the Somme, reveals his plans for a new creation for Scarborough's Marine Drive.

The Scarborough Spa Orchestra is the UK's only remaining professional seaside orchestra, and Nick meets its two of its members, music director Paul Laidlaw and flautist Kathy Seabrook.

Poets Charlotte Oliver and Wendy Pratt discuss finding inspiration in Scarborough.

Presenter: Nick Ahad
Producer: Ekene Akalawu

MON 20:00 The Briefing Room (m001yyq2)

How does America fix its border crisis?

Democrats and Republicans have promised to solve the border crisis in recent times but they've failed and it remains a huge election issue. How does the problem get resolved?

David Aaronovitch talks to:

Gustavo Solis, investigative border reporter at KPBS television station in San Diego
Doris Meissner is Senior Fellow and Director, U.S. Immigration Policy Program
Edward Alden, senior fellow at the Council on Foreign Relations and author of When the World Closed Its Doors: The Covid-19 Tragedy and the Future of Borders

Production team: Sally Abrahams, Kirsteen Knight and Ben Carter
Editor: Richard Vadon
Production Co-ordinator: Gemma Ashman
Sound engineers: Neil Churchill

MON 20:30 BBC Inside Science (m001yyqq4)

Ugly animals and asteroid Apophis

One year ago, the World Health Organisation declared that COVID-19 would no longer be categorised as a global health emergency. But the pandemic has left us with a new normal in all areas of our lives. From vaccine rollout to wastewater monitoring, we're asking: how has COVID altered the scientific landscape? Marnie Chesterton is joined in the studio by Linda Geddes, science journalist, and Barbara Kasprzyk-Hordern, Professor in Environmental and Analytical Chemistry at the University of Bath, to discuss.

Are ugly animals getting the short end of the conservation stick? Whilst a few beautiful creatures, like tigers and panda bears, get good marketing and attract the most conservation efforts, comedian and biologist Simon Watt argues that the endangered animals which are less pleasing to the eye are being forgotten.

Also this week, we answer a listener's question about the accuracy of using bug splats on cars to measure insect populations. Lead data analyst from the Kent Wildlife Trust, Lawrence Ball, gives us the details about the national citizen science survey, Bugs Matter, which sees people around the country measure insect splats on vehicle number plates as a marker of insect abundance.

And science journalist Roland Pease discusses the unprecedented scientific opportunity hurtling towards Earth in the form of asteroid Apophis. It will just miss our planet – in astronomical terms at least – but its proximity has astronomers excited.

Presenter: Marnie Chesterton
Producers: Ella Hubber, Sophie Ormiston and Hannah Robins
Editor: Martin Smith
Production Co-ordinator: Jana Bennett-Holesworth

MON 21:00 Start the Week (m001yyso0)

[Repeat of broadcast at 09:00 today]

MON 21:45 Café Hope (m001yyss2)

[Repeat of broadcast at 09:45 today]

MON 22:00 The World Tonight (m001yy5z)

Hamas accepts ceasefire deal as Rafah bombardment begins

The day began with Israel warning civilians in eastern Rafah to flee as they began a long-anticipated military operation in the city in the south of the Gaza Strip. But by day's end some Gazans were celebrating as news reached them that Hamas has accepted a ceasefire deal put forward by Egypt and Qatar. Israel's operation continues though, as Prime Minister Netanyahu says the deal is "far from meeting Israel's demands". Nonetheless, he has sent a delegation to the negotiations.

Meanwhile French President Emmanuel Macron has been welcoming his Chinese counterpart, Xi Jinping, for a state visit. The pair discussed tariffs, trade, and the war in Ukraine.

And should Wales, a land of song, have its own Eurovision entry? Campaigners have released a possible contender, it's called Anfonaf Angel and is sung by Sara Davies. We speak to her.

MON 22:45 You Are Here by David Nicholls (m001yyt1)

Episode 6

David Nicholls' new novel, You Are Here, follows two isolated and lonely people who are thrown together by the endeavours of a mutual friend who believes they both need to 'get out more'. A long weekend walking in the Lake District turns into a rain-lashed and wuthering journey across the valleys and moorlands of some England's most spectacular countryside.

Marnie is a freelance copy editor, spending most of her days alone in her south London flat. After a disastrous marriage in her early 20s, romance and companionship seem to have passed her by. Now, in her late 30s, she feels it is unlikely that she will ever meet someone.

Michael is still reeling from his wife's departure, increasingly reclusive, taking himself on long, solitary walks across the moors and fells. He teaches Geography at the same Yorkshire school as Cleo who is an old friend of Marnie's. It is Cleo's bright idea to bring together a small group of people in the second half of the Easter holidays to enjoy a few days walking in the glorious Cumbrian landscape.

David Nicholls is the author of several bestselling novels including One Day, Us, and Sweet Sorrow. He is also an award-winning screenwriter.

Written by David Nicholls

Abridged by Jill Waters

Read by Sally Phillips and Jim Howick

Produced by Jill Waters

A Waters Company production for BBC Radio 4

MON 23:00 Limelight (p09h4wps)

The System - Series 1

The System - Level 5: Kill the Past

By Ben Lewis.

A witty and propulsive six-part thriller about a group of young radicals and the hunt for their leader. Starring Siena Kelly, Jack Rowan and Iain de Caestecker.

Level 5: Kill the Past

The Past: Jake and Alex have a stand-off when Jake's given a target dangerously close to home.
The Present: Maya's TV habit, once described as her downfall, is about to become her greatest asset.

Cast:

Alex ... Iain de Caestecker

Jerome... Don Gilét

Maya ... Siena Kelly

Coyote...Divian Ladwa

Beau...Matthew Needham

DI Cohen / Jess ...Chloe Pirrie

Jake ...Jack Rowan

Original music and sound design by Danny Krass
Featuring tracks from Equiknoxx music collective

With thanks to Dr Joel Busher at the Centre for Trust, Peace and Social Relations, University of Coventry.

A BBC Scotland Production directed by Kirsty Williams

MON 23:30 Counterfeit Characters (m001xwng)

What do Artificial Intelligence and digital technology mean for actors and their relationship with audiences?

Leading acting coach Geoffrey Colman, who has spent his working life on the sets of Hollywood movies, in theatrical rehearsal spaces, and teaching in the UK's most prestigious classrooms, wants to find out.

AI, he says, may represent the most profound change to the acting business since the move from silent films to talkies. But does it, and if so how are actors dealing with it? What does that mean for the connection between actors and audiences?

Geoffrey's concern is rooted in acting process: the idea that the construction of a complex inner thinking architecture resonates with audiences in an authentic almost magical way. But if performance capture and AI just creates the outer facial or physical expression, what happens to the inner joy or pain of a character's thinking? The implications for the actor's technique are profound.

To get to the bottom of these questions Geoffrey visits some of those at the cutting edge of developing this new technology. On the storied Pinewood lot he visits Imaginarium Studios, and is shown around their 'volume', where actors' every movement is captured. In East London he talks to the head of another studio about his new AI actor - made up from different actors' body parts. And at a leading acting school he speaks to students and teachers about what this new digital era means for them. He discusses concerns about ethical questions, hears from an actor fresh from the set of a major new movie, quizzes a tech expert already using AI to create avatars of herself, and speaks to Star Wars fans about how this technology has allowed beloved characters to be rejuvenated, and even resuscitated.

Producer: Giles Edwards

TUESDAY 07 MAY 2024

TUE 00:00 Midnight News (m001yyt3)

National and international news from BBC Radio 4

TUE 00:30 The Miners' Strike: Return Journey (m001vs7z)

[Repeat of broadcast at 11:45 on Monday]

TUE 00:48 Shipping Forecast (m001yyt5)

The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m001yyt7)

BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m001yyt9)

The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m001yyte)

The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001yytf)

Spiritual reflection to start the day with Rev Prof Alison Jack of the School of Divinity, University of Edinburgh

TUE 05:45 Farming Today (m001yyth)

07/05/24 UK EU row over sandeels, farmers' collapse in confidence, Bordeaux wine growers in trouble

The RSPB says it is "vital" that a UK ban on fishing for sandeels in the North Sea remains in place. The ban, which stops sandeel trawlers fishing in English and Scottish sections of the North Sea, came into effect in April following a long campaign by conservationists concerned about declining seabird populations, particularly puffins and kittiwakes. Fishermen in Denmark are supporting a challenge by the European Union to the UK ban, claiming they have lost half of their fishing grounds because of the new restrictions.

Farmer confidence is at an all time low; that's according to a new survey published by the National Farmers' Union. It says the wet weather has had an impact, but farmers also point to worries about the future of their businesses. 65% of the 797 farmers surveyed at the end of last year say profits have fallen or that their businesses may not survive. 86% expect the phasing out of direct subsidy payments to have a negative impact on their farms, and 80% expect regulations and the price of inputs to hit their businesses.

We visit the heart of the global wine industry in France. While in the UK wine production has become a thriving business, in Bordeaux things aren't looking so good.

Presented by Charlotte Smith and produced by Beatrice Fenton.

TUE 06:00 Today (m001yy5r)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 Being Roman with Mary Beard (m001yxgt)

7. The Whistleblower

Beneath starched Shakespearean togas and the pungent fuf of gladiator sweat there are real Romans waiting to be discovered. To know what it was to be Roman you need to gather the scattered clues until they form a living, breathing human, witness to the highs and horrors of Europe's greatest empire.

Mary Beard, Britain's best-selling historian of the ancient world, rebuilds the lives of six citizens of the Roman Empire, from a poet to a squaddie. Her investigations reveal death and deceit on the Nile and the art of running a Roman pub, but it's the thoughts and feelings of individual Romans she's really interested in.

It's 61CE. The rebellion of Boudicca has finally been quashed, but London and other Roman cities lie in ruins. A new finance officer for the province, Gaius Julius Classicianus arrives, to face an enormous recovery job. Standing in his way is the Governor, busy exacting terrible reprisals from the local population. Classicianus does what brave subordinates have done ever since. He whistle-blow - writing to the emperor to remove the Governor from British shores. The stage is set for an imperial face-off. For the people of Britain, the stakes could not be higher.

Producer: Alasdair Cross

Expert Contributors: Matthew Nicholls, University of Oxford and Michael Marshall, Museum of London Archaeology

Cast: Tacitus played by Robert Wilfort

Translations by Mary Beard

Special thanks to the British Museum

TUE 09:30 Inside Health (m001yxgw)

What does alcohol do to the body and brain?

This week James visits a pub in Liverpool where he's joined by a trio of alcohol researchers who'll watch carefully as he drinks two pints of lager.

They'll give him a few tests and talk through exactly what is going on in the body and brain from the very first sip to the minutes and hours that follow.

James finds out we might be more at risk of harm than we may have thought - even if we drink below the recommended guidance of 14 units of alcohol per week.

And we're also going to answer some more of your insomnia questions - from whether exercise can help to why chocolate before bed might be a no-no and whether falling asleep to your favourite health podcast is good for rest...

Inside Health is taking a short break for now so we'll see you in the summer. In our next series we're going to be talking about ageing and how to age well. Email your questions or thoughts to insidehealth@bbc.co.uk

Presenter: James Gallagher

Producer: Gerry Holt

Editor: Holly Squire

Production coordinator: Liz Tuohy

Studio manager: Neva Missirian

TUE 10:00 Woman's Hour (m001yy5w)

Losing your possessions, Defining honour abuse, Foster caring

What's like to start again with nothing? On New Year's Eve of 2018, journalist Helen Chandler-Wilde lost everything she owned in a storage unit fire in Croydon, where she'd stowed all her possessions. She has written about it in the book, *Lost & Found* - 9 life-changing lessons about stuff from someone who lost everything. She joins Hayley Hassall to describe her experience and explain why we get so emotionally attached to our belongings.

The BBC Series *I Kissed a Girl* started over the weekend... it's the first UK dating show for gay women. Dannii Minogue hosts the show where ten single women are matched up with a partner to see if sparks will fly and the women will find love. In the first episode, all the women are matched with a partner and start getting to know each other. Comedian Catherine Bohart and TV critic Daisy Jones discuss.

The number of children in care is continuing to rise each year, and every year thousands of new foster carers are needed. The comedian and writer Kiri Pritchard-McLean has done just that.

During lockdown, Kiri and her partner embarked on a journey to become foster carers in north Wales and she's 'evangelical' about the role. It's the subject of her new seven-month comedy tour, Peacock.

The charity Karma Nirvana has today written to the victims and safeguarding minister Laura Farris, calling for the government to introduce a statutory definition of honour abuse. The charity's executive director Natasha Rattu explains why, alongside a woman we are calling 'Dana' who is a victim of this abuse, who describes her experiences and what a statutory definition would mean to her.

Presenter: Hayley Hassall
Producer: Kirsty Starkey
Studio Manager: Duncan Hannant

TUE 11:00 Screenshot (m001yqzm)
Chinatown

In 1974, Chinatown - now widely considered to be among the greatest films ever made - was nominated for 11 Oscars. Despite the creative confidence and freedom of the era, the 1970s were a time of tolerance for the morally questionable, or even downright illegal, behaviour of some of the powerful men creating these movies.

Chinatown's director, Roman Polanski, is the most totemic of those figures. His 1977 indictment for drugging and raping a 13 year-old led the director to flee the United States and seek legal and creative sanctuary in France, where he has remained and continued to make celebrated movies such as *The Pianist*, for which he won the Best Director Academy Award in 2003.

Fifty years on from Chinatown's release, Mark Kermode and Ellen E Jones ask how we can appreciate cinematic masterpieces like Chinatown which have been made by very problematic people?

Ellen gets about as close as it's possible to get to the creators of Chinatown - Hawk Koch worked with Roman Polanski on the set of *Rosemary's Baby* and, as the First Assistant Director on Chinatown, he was deeply connected with the movie and its director. In a wide ranging interview, he shares his memories from the set, discusses his friendship with Polanski and reflects on remaining in love with a movie despite its troubled past.

Claire Dederer's *Monsters: A Fan's Dilemma* is a highly personal account of her own relationship with the works of film-makers like Roman Polanski and Woody Allen, and the questions of how knowledge of an artist's personal life does or doesn't change the way we feel about their art. Mark talks to Claire about the ethical and emotional issues of separating the art from the artist.

Produced by Freya Hellier.
A Hidden Flack production for BBC Radio 4

TUE 11:45 The Miners' Strike: Return Journey (m001w14f)
Nottinghamshire

Still seen as one of the most bitter and divisive industrial disputes in the UK, the year long miners' strike, beginning in March 1984, dominated the news for 12 months.

It's been described as "a site of contested memories," and it still evokes strong feelings in those who lived through the strike and had direct experience of it. Chris Jackson, in his very first job as a young radio reporter in South Wales, found himself covering the dispute that scarred a generation and more. Now, 40 years after the start of the strike, he's meeting people from different sides of the difficult and controversial industrial dispute, and together they return to a place that holds some very personal memories.

In this episode, Chris meets Peter Short, who was a miner and union official at Bilsthorpe colliery in Nottinghamshire. Following a ballot in Nottinghamshire, union members there decided not to join the strike. As a result, and despite voting for strike action himself, Peter Short worked throughout the year-long dispute. Now he retraces his daily walk to the pit, talks through his decision and remembers how it felt to cross the picket line over and over again.

Producer: Jo Dwyer
Presenter: Chris Jackson
Executive Producer: Rosamund Jones
A Loftus Media production for BBC Radio 4

TUE 12:00 News Summary (m001yy60)
The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001yy64)
Call You and Yours - Financial Complaints

On today's Call You and Yours we're talking about complaining. The Financial Ombudsman Service says complaints to them were up by 20 percent in the second half of 2023 compared to the previous year. It was driven by a rise in complaints about banking with current accounts and credit cards making up over 40% of the Ombudsman's cases within this sector. The Ombudsman also saw an increase in complaints about insurance services.

Have you had to complain to a bank, credit card or insurance company? What went wrong and how easy was it to get in touch and get your problem sorted?

When it comes to money why are we more willing to protest about poor service - do we have more to moan about today or have we turned into a nation of complainers?

Call us on 03700 100 444. Lines are open at 11 am on Tuesday February 13th.

You can also email us now at youandyours@bbc.co.uk. Don't forget to include a phone number so we can call you back.

PRESENTER: WINIFRED ROBINSON
PRODUCER: CATHERINE EARLAM

TUE 12:57 Weather (m001yy68)
The latest weather forecast

TUE 13:00 World at One (m001yy6d)
Critical moments for a Middle East ceasefire

Israel and Hamas pressure each other over a ceasefire while fighting continues in Gaza. Plus more on young people using smartphones.

TUE 13:45 Assume Nothing: The Last Request (m0019rjn)
Absolutely Terrified

BBC reporter Laura McDaid held Martin Barry's hand as he died at the Dignitas Clinic. 17 years later, she begins a search to fulfil his last request: to find his birth mother and pass on a message.

To move forward with the search, Laura first needs to explain why it's taken her 17 years to have the strength to search for Martin's mother.

She takes Kerry back to the aftermath of Martin's death, and how it was handled by the press at the time.

Will the records provide her with any further information?

TUE 14:00 The Archers (m001yy6n)
[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama on 4 (m00151I7)
Song of the Reed

Bittern

Conclusion of this seasonal drama following life on a wetlands nature reserve in Norfolk over one year. Starring Sophie Okonedo and Mark Rylance.

Ian (Mark Rylance) returns to Fleggwick for the first time since suffering serious injuries during the winter's flood and finds it as beautiful and full of life as ever, but still endangered as Liv (Sophie Okonedo) struggles to find a way to keep the Reserve going.

This is the fourth and final episode of an innovative drama, with instalments recorded on location at RSPB Strumpshaw Fen in Norfolk every three months, documenting the extraordinary wetlands habitat as it changes through the seasons.

This episode features the Bittern as its special guest star – a characterful bird known for its booming call.

Song of the Reed, by Steve Waters, is informed by the sounds of the reserve as well as the real work and science of conservation taking place in the face of rapid environmental change in the wetlands of Norfolk, and everywhere.

Cast:
Liv - Sophie Okonedo
Ian - Mark Rylance
Tam - Ella Dorman Gajic
Kay - Molly Naylor
Theo - Tom Goodman-Hill
Nikki - Karen Hill
Sadegh - Zaydun Khalaf
Voice of the Reed - Christine Kavanagh
Other parts played by staff and volunteers at RSPB Strumpshaw

Fen

Written by Steve Waters
Music by Michael Somerset Ward with Rebecca Hearne
Sound design by Alisdair McGregor
Produced and Directed by Boz Temple-Morris

A Holy Mountain production for BBC Radio 4

TUE 15:00 Short Cuts (m001yy6r)
Earth, Water, Sky

Two men on different continents share a love of butterflies, a swimming instructor seeks solace in the water and we dive inside an inner landscape. Josie Long presents short documentaries and audio adventures that emerge from the earth, water and sky.

Psalm
Featuring Emil Blicher Bjerregaard and Mudar Salimeh
Inspired by the poem Psalm written by Wislawa Szymborska
Music by Simon don Eriksen and Gregor Quendel
Mix by Lærke Soedring Nielsen
Produced by Nanna Hauge Kristensen

My Body is of Earth
Created by Zara Zimbardo and Lily Sloane
With editorial support from Keisha "TK" Dutes and sound consultation from Adriene Lilly

Finding Freedom in the Water: Gaza's Swimming Teacher
A version of this story first aired on BBC World Service's Outlook in March 2023 ('My Life in Seven Swimming Pools') and in an updated version in April 2024 ('Finding Freedom in the Water: Gaza's Swimming Teacher') presented by Jo Fidgen
Sound design by Joel Cox
Interpreter Youssef Taha
Producer Louise Morris

Curated by Axel Kacoutié and Eleanor McDowall
Series Producer: Eleanor McDowall

A Falling Tree production for BBC Radio 4

TUE 15:30 Beyond Belief (m001yy6v)
Spiritual Seekers

Eddy Eley, an estate agent in London, was struggling with his mental health and looking for support. Like 37% of people, according to the last census in England and Wales, traditional religion wasn't a place he turned to. But, as he tells Giles Fraser, he did find a spiritual connection through shamanism, which has helped him.

When people say they are "spiritual but not religious", what do they mean and what do they believe?

A group of people who make use of spiritual ideologies describe their practices, from sound healing to astrology. What are oracle cards and how do you carry out a shamanic divination?

Giles meets Celestial Tree, an astrologist, Jo Moore a yoga teacher and reiki practitioner and Linda Woodhead, Professor of Moral and Social Theology at Kings College, London, who has researched the growth of spiritualities. What draws people towards them?

Producer: Rebecca Maxted
Assistant Producer: Ruth Purser
Editor: Jonathan Hallowell

TUE 16:00 True Crime 1599 (m001yy6x)

For the last decade, True Crime has become ubiquitous on television and podcasts. Yet despite its current popularity, it's not a new phenomenon. In this programme, author Charles Nicholl take us back to a time before podcasts, TV, pulp magazines, even Penny Dreadfuls – all the way to the English stage 400 years ago when, for the first time, playhouses were putting contemporary news onstage.

Presenter: Charles Nicholl

Actors: Rhiannon Neads, John Lightbody, Michael Bertenshaw, Josh Bryant-Jones, Ian Dunnett Junior
Sound design: Peter Ringrose
Producer: Sasha Yevtushenko

TUE 16:30 When It Hits the Fan (m001yy6z)
Co-op Live, political spin and inside the Trumpian bubble

David Yelland and Simon Lewis discuss Manchester's Co-op Live arena opening delays – will these prove to cause long-term reputational damage to the great north-western institution, or will they be a blip that's soon forgotten?

Also, why did so-called "well-placed sources" in Westminster seek to spin the London Mayoral Election result after the polls had closed? Was it good PR?

And how's it going for Donald Trump trying to spin from inside his Manhattan court room? David and Simon peak inside the Trumpian bubble and look at how PR advisors sometimes protect the rich and powerful from bad news.

Producer: Eve Streecher
Editor: Sarah Teasdale
Executive Producer: William Miller
Music by Eclectic Sounds
A Raconteur production for BBC Radio 4

TUE 17:00 PM (m001yr71)

Labour's Rachel Reeves discusses the party's plan for the economy

Rachel Reeves discusses her vision for the economy under a Labour government. Elsewhere, we hear from people who are fleeing Rafah.

TUE 18:00 Six O'Clock News (m001yy73)

Stormy Daniels described an alleged sexual encounter which Mr Trump denies

TUE 18:30 Thanks a Lot, Milton Jones! (m001yy75)

Series 6

4. Ceilidh Minogue

As Star of Mock The Week, Milton Jones heads north everything goes south and he finds himself involved in a deadly game of battle hips

Complete with his unmissable jokes and a fully-working cast.

"The best one-line merchant in British comedy..." - Chortle

"King of the surreal one-liners" - The Times

"Milton Jones is one of Britain's best gagsmiths with a flair for creating daft yet perfect one-liners" - The Guardian

Written by Milton Jones, James Cary and Dan Evans with additional material by Adrian Gray

Starring Milton Jones, Tom Goodman-Hill, Josie Lawrence & Dan Tetsell

With music by Guy Jackson

Produced and directed by David Tyler

A Pozzitive production for BBC Radio 4

TUE 19:00 The Archers (m001yxg6)

Brian, Adam and Kate are at the police station – they want to get Alice through this with the least possible trauma. She was arrested as soon as the doctor said she was well enough. Brian is kicking himself about his harsh words to Alice. But Kate thinks people have every right to be furious with her. For now Alice is free to go, while her blood alcohol is being tested.

During the drive home she wants to go to the hospital to find out how the others are. Kate is derisive – if the shoe were on the other foot, they wouldn't want 'the offender' visiting. Alice struggles to remember what happened – she recalls George but little else. When they get home Alice tells Brian it's not the first time she has parked up and got drunk but she's never driven drunk before. After putting her to bed, Brian tells Kate and Adam they have to do something – he doesn't know how Alice will get out of this mess.

Fallon is impatient to leave the hospital with Harrison. Mick arrives, unscathed apart from a sprained wrist although Joy has a broken collar bone. They've all had a lucky escape - they all agree George is one brave kid. The doctor arrives and gives Fallon the all clear to leave, but first wants a word with Fallon and Harrison in private. He tells them one of the hospital's routine tests has come back positive – Fallon is pregnant. She's shocked - she has a coil and they've been careful. She must return for an ultrasound tomorrow.

TUE 19:15 Front Row (m001yy77)

Party Games play, 200 years of Beethoven's 9th, literary editing

To celebrate the 200th anniversary of Beethoven's Symphony No. 9, music critic Norman Lebrecht and conductor JoAnn Falletta discuss what makes it revolutionary and why it's so challenging to perform.

Michael McManus spent most of his career as a political

advisor but has subsequently become a playwright. His new play Party Games is a political comedy that questions the power of AI and the influence of unelected advisors.

A new exhibition at the Bodleian Library in Oxford - Write, Cut, Rewrite - looks at the drafts, additions and omissions behind key artistic decisions from great writers. Writer Lawrence Norfolk and poet Alice Oswald talk about the importance of rewriting and editing.

Presenter: Samira Ahmed
Producer: Torquil MacLeod

TUE 20:00 Boys (m001yr8)

The Boys Are Not Alright

When radio producer Jo Meek realised Daniel Harris - the teenager found guilty of encouraging terrorism - lived in her county, the story hit home.

In The Boys Are Not Alright, she investigates the frightening rise of boys being radicalised online, and looks for the solutions to stop her own young sons spiralling.

She uncovers evidence of how Harris, who spent to 14 hours a day online, quickly became radicalised. Daniel is not alone - over 2,600 children aged between 11 to 15 were referred to Prevent last year, with the vast majority boys.

Experts describe a constantly evolving online gaming landscape that mimics a playground, but without any meaningful protections. And as Jo struggles to contain her son's exposure to extremist ideas in the gaming world, she hears how hateful social media content is also proliferating fast, with a 12-fold increase since October 2023 that is specifically affecting young people.

Daniel Harris was radicalised, despite the best efforts of many in the community around him. Jo investigates what is being done by police and mental health services to ensure that young, vulnerable men - some of whom struggle to form real life relationships - are being protected and diverted from toxic online relationships. And as the nature of extremism shifts, with new ideologies emerging and more terrorists acting alone, Jo asks if the real threat is posed by an internet that offers ever more compelling opportunities to radicalise.

An Audio Always production for BBC Radio 4

TUE 20:40 In Touch (m001yy79)

Sleep

What is non-24-hour sleep-wake disorder? It is a condition that impacts the natural body clock, thus affecting sleep, and can be triggered by a lack of or no light perception. Tina Snow got in touch after having suffered with this condition for most of her life and she struggled to get the treatment she needed. We have brought Tina together with a world expert in this condition to give information on how the condition works and how it can be treated effectively. We also hear from Tina's GP, who recently sought a individual prescription for melatonin (a natural hormone that regulates sleep) and we hear Kaukub Asia's experience, who also has issues with her circadian rhythm due to her visual impairment.

Presenter: Peter White
Producer: Beth Hemmings
Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

TUE 21:00 Crossing Continents (m001yy7c)

Italy's Mafia Whistleblower

Last year in Italy the biggest anti-mafia trial in 30 years reached a climax. On the stand were the Calabrian 'Ndrangheta: they are estimated to run 80 percent of Europe's cocaine and to make more money in a year than McDonalds and Deutsche Bank put together.

With access to mafioso-turned-collaborator Emanuele Mancuso, journalist Francisco Garcia looks at why Emanuele went against his powerful family. What has this trial meant for the 'Ndrangheta? And has it changed life for Calabrians today?

Producer: Ant Adeane
Production Coordinator: Gemma Ashman
Studio Manager: Neil Churchill
Editor: Penny Murphy

TUE 21:30 The Bottom Line (m001yy7f)

The Decisions That Made Me a Leader

1: How to Retire Before 30

Evan Davis sits down with Timo Armoo, the founder of social media advertising business Fanbytes, which he set up when he was 21 with two friends.

Aged 27 he sold the company, which connects social media influencers with brands, for an eight-figure sum, saying he can now retire a multi-millionaire.

Timo was born in Hackney in London but moved to Ghana to live with his grandmother when he was 3 months old. He returned to the UK and grew up on a council estate in south London and says he always had this burning feeling that he was destined for more.

Evan asks about the key personal and business-related decisions that got him to where he is today.

A Long Form Audio Production for BBC Radio 4.

TUE 22:00 The World Tonight (m001yy7h)

'Technical issue' at passport e-gates causes backlogs at airports

Airports including Heathrow, Gatwick, Edinburgh, Birmingham, Bristol, Newcastle and Manchester were all hit by a "technical issue" affecting passport control e-gates, causing long queues.

The Home Office, which oversees Border Force, said it was working with the agency and affected airports to "resolve the issue as soon as possible and apologise to all passengers for the inconvenience caused."

In Rafah, Israel's military operations continue, even as Prime Minister Benjamin Netanyahu sends a delegation of negotiators to Cairo for a potential ceasefire deal.

And to mark the 200th anniversary of the premiere of Beethoven's 9th Symphony, we spoke to BBC Symphony Orchestra composer Sakari Oramo about the thrills and challenges of the piece.

TUE 22:45 You Are Here by David Nicholls (m001yy7k)

Episode 7

David Nicholls' new novel, You Are Here, follows two isolated and lonely people who are thrown together by the endeavours of a mutual friend who believes they both need to 'get out more'. A long weekend walking in the Lake District turns into a rain-lashed and wuthering journey across the valleys and moorlands of some England's most spectacular countryside.

Marnie is a freelance copy editor, spending most of her days alone in her south London flat. After a disastrous marriage in her early 20s, romance and companionship seem to have passed her by. Now, in her late 30s, she feels it is unlikely that she will ever meet someone.

Michael is still reeling from his wife's departure, increasingly reclusive, taking himself on long, solitary walks across the moors and fells. He teaches Geography at the same Yorkshire school as Cleo who is an old friend of Marnie's. It is Cleo's bright idea to bring together a small group of people in the second half of the Easter holidays to enjoy a few days walking in the glorious Cumbrian landscape.

David Nicholls is the author of several bestselling novels including One Day, Us, and Sweet Sorrow. He is also an award-winning screenwriter.

Written by David Nicholls
Abridged by Jill Waters
Read by Sally Phillips and Jim Howick
Produced by Jill Waters
A Waters Company production for BBC Radio 4

TUE 23:00 Uncanny (m001yy7m)

Series 4

S4. Case 2: Dad's Phone

Wendy's father Harry was a British Spitfire pilot during World War II who moved to Texas to work in espionage. When he becomes ill with cancer, he promises Wendy that if there is life after death, he will reach out to her. This isn't that comforting, their relationship has always been difficult - Harry used many of the espionage techniques he was schooled in to control and monitor Wendy, like a real-life version of Robert De Niro's character in Meet the Parents.

When Harry dies, Wendy moves into his house in Austin and then... her Dad's phone begins to ring by itself. It's

disconnected, what's happening is impossible, so is this Harry reaching out? And what will it take to make him let go?

Written and presented by Danny Robins
Experts: Cal Cooper and Jeff Belanger
Editing and sound design: Charlie Brandon-King
Music: Evelyn Sykes
Theme music by Lanterns on the Lake
Script editor: Dale Shaw
Development producer: Sarah Patten
Production manager: Tam Reynolds
Commissioning executive: Paula McDonnell
Commissioning editor: Rhian Roberts
Produced by Danny Robins and Simon Barnard

A Bafflebag and Uncanny Media production for BBC Radio 4

TUE 23:30 Today in Parliament (m001yy7q)

Susan Hulme reports as the defence secretary answers MPs' questions about the hacking of an armed forces payroll system.

WEDNESDAY 08 MAY 2024

WED 00:00 Midnight News (m001yy7s)
National and international news from BBC Radio 4

WED 00:30 The Miners' Strike: Return Journey (m001w14f)

[Repeat of broadcast at 11:45 on Tuesday]

WED 00:48 Shipping Forecast (m001yy7v)

The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m001yy7x)

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m001yy7z)

The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m001yy81)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m001yy83)

Spiritual reflection to start the day with Rev Prof Alison Jack of the School of Divinity, University of Edinburgh

WED 05:45 Farming Today (m001yy85)

08/05/24 - Coast path, carbon sequestration and selling fruit direct

The King Charles III England Coast Path was named to celebrate the coronation last year - and the plan was to make 2,700 miles of coastal path available to walkers. But, on the Isle of Wight, the Ramblers Association says some landowners won't allow access for the path, so it will have to detour away from the coast. One of those is the Osbourne House Estate - the former home of Queen Victoria, which was given to the nation in 1902.

A bio-tech company has developed a new technique to enhance carbon capture in the soil. Crushed basalt rock can added to soil to capture carbon in a process called "enhanced rock weathering". Now, FabricNano has developed a protein powder made of enzymes which are already found naturally in the soil, which speeds it up.

And for farmers struggling with low prices, selling produce direct to the consumer can be a solution. But platforms to access markets large enough to sell entire crops, have been thin on the ground. We hear from farmers in Southern Spain who are now selling hundreds of tonnes of their fruit directly to consumers across Europe every year through a website called Crowd farming.

Presented by Anna Hill
Produced for BBC Audio in Bristol by Heather Simons

WED 06:00 Today (m001yxfd)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Life Changing (m001yxfj)

'I will make amends'

Tony Redmond is a Life Changing listener and an experienced medical doctor used to dealing with challenging situations. In

December 1988 he attended two major global disasters that left him feeling a broken man, ready to hang up his stethoscope. But it turned out he wasn't quite done yet.

WED 09:30 Influenced (m001y3v3)

Helen Lewis Has Left the Chat

Left the Chat: No 6. The Telegram War

The encrypted messaging app Telegram is haunted by a single question - if it really is as secure as it claims to be, why does Vladimir Putin allow it to be used in Russia?

And should Russian dissidents, independent journalists and Ukrainian soldiers use this Wild West of an app, where you can find everything from porn to drugs to faked propaganda videos?

Answering those questions takes Helen on a journey that begins with a young Russian entrepreneur throwing 5,000 rouble notes off a balcony, folded like paper aeroplanes, and finishes with him in exile in Dubai, rich beyond his wildest dreams. But what does Pavel Durov, the founder of Telegram, really believe?

Producer: Tom Pooley
Assistant Producer: Orla O'Brien
Sound Design: Louis Blatherwick
Editor: Craig Templeton Smith
Original Music: Coach Conrad

A Tempo & Talker production for BBC Radio 4

WED 10:00 Woman's Hour (m001yxfn)

Safer sport for women, novelist Nadine Matheson, Sabrina Ali on Dugzi Dayz

Now that women's sport is advancing, we need clear safeguarding rules for women and girls about what is and isn't okay when it comes to talking about female health outside the realm of medicine. That's the call from Baz Moffat, one of the co-founders of The Well HQ, which aims to break barriers in women's sport and champion education about female health. She joins Hayley Hassell to tell us more about their new Safer Sport poster campaign and why it's needed.

Once one of Russia's biggest pop stars, Manizha represented the country at the Eurovision Song Contest in 2021. Then Russia invaded Ukraine and Manizha used her songs and her platform to share her anti-war views. Subsequently her concerts were cancelled, her music banned and Manizha's safety, both in real life and online, has been compromised. She talks to Hayley about her life and her new single Candlelight.

How do we keep children safe online? Hayley is joined by Esther Ghey and Marina Spring to discuss Ofcom's new safety codes of practice.

Bestselling author Nadine Matheson is a criminal defence lawyer and uses her own experiences in the world of criminal law to build her stories and characters. She talks to Hayley about the new book - 'The Kill List' - and why there aren't more black female detectives in crime novels.

Four girls sitting in a Mosque in detention are stuck in darkness after a power outage. To pass the time, they tell Somali folktales and bond in a modern day take on The Breakfast Club. That's the scene for Dugzi Dayz, performing now at the Royal Court Theatre. The writer and actor Sabrina Ali joins Hayley in the Woman's Hour to tell us more about it.

Presenter: Hayley Hassell
Producer: Laura Northedge
Studio Producer: Neva Missirian

WED 11:00 File on 4 (m001yvdd)

Caught on Camera: The special school staff who abused kids

Three years ago, dozens of memory sticks were discovered in a sealed box at a school for children with special educational needs. There was 500 hours of footage which showed children being held in so-called 'calming rooms.' The videos showed the children being hit and denied access to a toilet. File on 4 investigates why a subsequent police investigation and an independent inquiry didn't lead to staff being sacked. File on 4 reveals how staff who were filmed hitting, kicking, and leaving children sitting in urine have not been sacked or referred to the barring service.

Reporter: Noel Titheradge
Producer: Annabel Deas
Technical Producer: Craig Boardman
Production Coordinator: Tim Fernley
Editor: Carl Johnston

WED 11:45 The Miners' Strike: Return Journey (m001w6zp)

Edinburgh

Still seen as one of the most bitter and divisive industrial disputes in the UK, the year long miners' strike, that began in March 1984, dominated the news for 12 months. It's been described as "a site of contested memories," and it continues to evoke strong feelings in those who lived through the strike and had direct experience of it.

Chris Jackson, in his very first job as a young radio reporter in South Wales, found himself covering the dispute that scarred a generation and more. Now, 40 years after the start of the strike, he's meeting people from different sides of the difficult and controversial industrial dispute, and together they return to a place that holds some very personal memories.

In this episode, Chris is in Edinburgh to meet Malcolm Dickson, now retired, who was a young sergeant tasked with policing the picket lines during the strike. Together they visit the site where so many confrontations took place and consider whether, looking back, things should have been done differently. Many years after the strike, Malcolm Dickson gave evidence to the Scottish government's independent review into how it was policed. This led to the pardoning, in 2022, of more than 500 people who had been given strike-related convictions by Scottish courts.

Producer: Jo Dwyer
Presenter: Chris Jackson
Executive Producer: Rosamund Jones
A Loftus Media production for BBC Radio 4

WED 12:00 News Summary (m001yxfh)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001yxfy)

Cost of University, Scarce Private Healthcare and Driving Licence Fraud

The criminals stealing driver's identities and landing them with bans and fines.

Many people can't be bothered to return online purchases they have decided they don't want, now some companies have joined in and say 'keep it', if it'll cost too much to process some low value items.

There's been a rise in the numbers of people opting for private health care but in some parts of the UK patients are struggling to get treatment.

A new report lays bare the increased pressure on parents of putting a child through university. Rises in the cost of living means grants and loans often don't cover the cost of living in term time and more parents can't afford to help out.

PRESENTER: WINIFRED ROBINSON

PRODUCER: KEVIN MOUSLEY

WED 12:57 Weather (m001yxxg)

The latest weather forecast

WED 13:00 World at One (m001yxxg2)

Another Tory MP defects to Labour

Natalie Elphicke crosses the floor of the Commons and criticises the government's record.

WED 13:45 Assume Nothing: The Last Request (m0019r4l)
The Prodigal Son

Laura McDaid held her ex's hand as he died at the Dignitas Clinic. Seventeen years later, she begins a search to fulfil his last request: to find his birth mother and pass on a message.

As the search intensifies, Laura speaks to a Bessborough survivor who tells her that she suspects records were deliberately falsified at the institution.

As Laura makes contact with a woman she think's could be Martin's mother, a chance phone call could change everything.

WED 14:00 The Archers (m001yxxg6)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama on 4 (m001yxxg8)

The Missed Lives of Max and Judy (1/2)

Max and Judy are 18 when they first meet during a University lecture. They become friends. Just friends. And they meet up for chicken shop dates to discuss their failed relationships with

other people.

But missed opportunities and bad timing prevent anything more. When it looks like things might get serious, a misunderstanding drives them apart. Both devastated, they each try to find a way to get over their heartbreak quickly - by wishing it away.

A mind-bending, time-warping romantic comedy by Janina Mathewson (creator of *Within The Wires* podcast), starring Danusia Samal, Carl Prekopp and Alison Steadman. Directed by Jonathan Mitchell of the hugely successful *The Truth* podcast.

Cast:

Narrator Alison Steadman
 Judy Danusia Samal
 Max Carl Prekopp
 Professor & Doctor Nicholas Boulton
 Daniel Curtis Kemo
 Greta Natasha Arancini

All other parts played by members of the cast

Written by Janina Mathewson
 Directed, Sound Design & Original Music, Jonathan Mitchell
 Sound Engineer, Paul Clark
 Production Assistant, Charlotte Rose
 Producer & Casting, Emma Hearn
 Executive Producer, John Scott Dryden

A Goldhawk production for BBC Radio 4

WED 15:00 Money Box (m001yxgb)
 Money Box Live: The Cost of Splitting Up

This week marks two years since the historic reform in family law, known as the 'no fault divorce', was introduced. It was aimed at reducing conflict during separations and meant that couples could divorce without the need to apportion blame for the breakdown of their marriage. This change led to a surge in new applications at the time.

Divorce itself hits the bank balance with annual incomes falling by an average of £9,700 in the year after separation, according to Legal & General. From living together to sharing bills, sharing debts and sharing accounts, the financial implications can be significant.

In this Money Box episode we're looking at how to separate your finances after a split, and if you are breaking up, at what point should you make up a financial plan?

Felicity Hannah is joined by Gary Rycroft, Senior Partner at Joseph A Jones, and Sarah Coles, Head of Personal Finance at Hargreaves Lansdown.

Presenter: Felicity Hannah
 Producer: Amber Mehmoed
 Editor: Sarah Rogers

(This episode was first broadcast on the 8th May 2024).

WED 15:30 Behind the Crime (m001t39y)
 Fran

This is the story of a young woman who got herself into difficulties by signing a lease on a commercial unit for a bakery business she was setting up without thinking through the implications. In order to cover the bills, she sought investment – but that investment was built on lies she told.

Fran was imprisoned for fraud. When we dig back into Fran's formative experiences, we start to see the patterns that led to this catastrophic chain of events. Is it possible to prevent crime by understanding the root causes of offending behaviour?

Sally Tilt and Dr Kerensa Hocken are forensic psychologists who work in prisons.

They help people in prison to look at the harm they've caused to other people, understand why it happened and work out how to make changes to prevent further harm after they've been released.

In *Behind the Crime*, they take the time to understand the life of someone whose crimes have led to harm and, in some cases, imprisonment.

The job of the forensic psychologists is to dig deep into Fran's story, to understand the sequence of events that got Fran to the point where she committed a crime. For details of organisations that can provide help and support, visit bbc.co.uk/actionline

Producer: Andrew Wilkie
 Editor: Clare Fordham
 Behind the Crime is a co-production between BBC Long Form

Audio and the Prison Radio Association.

WED 16:00 The Media Show (m001yxgd)
 Inside the US campus protests

US university campuses have been the scene of pro-Palestinian demonstrations over the last month. We assess the challenges of reporting the protests and hear why student journalists have been crucial to our understanding of the story. We also look at Israel's ban of Al Jazeera where the government accuses it of being a mouthpiece for Hamas, a charge the network denies. Plus, what's it like to cover the Met Gala? And how are the media strategies of political parties evolving as we approach a general election in the UK?

Guests: Pippa Crerar, Political Editor, The Guardian; Ben Riley-Smith, Political Editor, The Daily Telegraph; Leila Nathoo, Political Correspondent, BBC News; Richard Hall, Senior US Correspondent, The Independent; Julia Vargas Jones, Reporter, CNN; Doug MacLeod, Professor, University of Wisconsin-Madison; Jada Yuan, National Culture Writer, Washington Post; Shaina Oppenheimer, Journalist, BBC Monitoring Jerusalem; Mohamed Moawad, Managing Editor, Al Jazeera

Presenters: Katie Razzall and Ros Atkins
 Producer: Simon Richardson

WED 17:00 PM (m001yxgg)
 Another Tory MP defects to Labour

The MP for Dover and Deal says she left Rishi Sunak's party after 'many broken election promises' - we hear from a former Tory minister and Kent's Conservative council leader.

WED 18:00 Six O'Clock News (m001yxgi)

Sir Keir Starmer welcomed Ms Elphicke and said the "failed government was staggering on" . A Conservative minister described her as "shameless".

WED 18:30 Room 101 with Paul Merton (m001yxgl)
 Series 2

Gyles Brandreth

Paul Merton interviews a variety of guests from the world of comedy and entertainment to find out what they would send to Room 101, as well as the one item they cannot live without.

Gyles Brandreth attempts to banish bad phone etiquette and tattoos, as well as winning over the studio audience with his very sweet choice of 'something he could not live without'.

Additional material John Irwin and Suki Webster
 Produced by Richard Wilson
 A Hat Trick production for BBC Radio 4

WED 19:00 The Archers (m001yxgn)

Will is sticking sequins to Poppy's party T-shirt as George teases him about his handiwork. Will tells him rice has failed to revive his waterlogged phone. He complains about the messages backed up on his voicemail - panic-stricken, George remembers that Will has the message he left when he found Alice. Mick arrives with thank-you goodies and, as Will goes to answer the door, George tries frantically to access Will's voicemail. Tense after failing to do so and embarrassed by their praise, George rushes off to his room. Mick says Alice deserves what's coming to her. George returns, still out of sorts, apologising and saying the situation is a bit full on. He persuades Will to leave his phone when he has to dash out. With a sigh of relief, George deletes the voicemail he left.

The atmosphere is awkward between Fallon and Harrison and she becomes frosty when he mentions 'her condition'. They are interrupted by Alan who is collecting items for charity. Fallon is eager to send Harrison over with donations. Later, at the church, Harrison spots a tiny babygrow and can't resist telling Alan that Fallon is pregnant. He has been given a double miracle – she survived the crash and he's going to be a dad. At the hospital, however, he is devastated when the scan shows the foetus has no heartbeat: Fallon will miscarry naturally once her coil is removed. She asks if the accident is responsible. The doctor says it's difficult to say for sure. But Harrison is adamant it cost them their baby.

WED 19:15 Front Row (m001yxgo)

Sir Stephen Hough, Arab Strap, can authors make money?

From winning the piano section of the first BBC young musician of the year as a teen to recording over 60 albums and publishing 40 original works, Stephen Hough was knighted for services to music in 2022. He joins Tom Sutcliffe to talk about the upcoming European premiere of his first piano concerto

with the Halle Orchestra in Manchester.

American writer Elle Griffin wrote an article titled *No one buys books*, after studying the publishing industry in the United States. She feels the best way to make money as an author is to serialise her work online. But Philip Jones, Editor of The Bookseller says the UK publishing industry is in good health.

Scottish band Arab Strap talk about breaking up, re-forming and their new album – they also play live from Glasgow.

Presenter: Tom Sutcliffe
 Producer: Claire Bartlett

WED 20:00 AntiSocial (m001yxqt)
 Dangers to women: man vs bear

Women online are being asked: would you rather be stuck in a forest with a man or a bear?

Most are saying they'd choose the bear, saying that men are potentially more dangerous to them than the wild animal. Cue arguments on social media about just how dangerous to women men are. Where did the meme come from? What can crime stats tell us about gender and violence, including sexual violence? And how has the way our society views violence between men and women developed over time?

Presenter: Adam Fleming
 Producers: Simon Maybin, Simon Tulett, Ellie House, Jay Gardner
 Editor: Richard Vadon

WED 20:45 Uncharted with Hannah Fry (m001r2wr)
 6. The Happiness Curve

Life has its ups and downs, its sudden successes and unexpected obstacles. But amongst all the unpredictable variation, two economists believe they have identified a deep and powerful influence on our happiness: age. Happiness, it turns out, is U shaped.

Hannah Fry tells a tale of orangutans, joy and misery...and joy!

Presenter: Hannah Fry
 Executive Producer: Martin Smith
 Series Producer: Lauren Armstrong-Carter
 Episode Producer: Ian Goodman

A series for Radio 4 by BBC Science in Cardiff.

WED 21:00 Being Roman with Mary Beard (m001yxgt)
 [Repeat of broadcast at 09:00 on Tuesday]

WED 21:30 Inside Health (m001yxgw)
 [Repeat of broadcast at 09:30 on Tuesday]

WED 22:00 The World Tonight (m001yxgy)
 Will Elphicke defection backfire on Labour?

A boost for Labour as another Tory MP defects. But with growing disquiet amongst the Labour ranks - could the coup backfire?

Also on the programme:

University leaders will meet at Downing Street tomorrow to discuss what the prime minister calls an "unacceptable rise in antisemitism" on campuses. We'll speak to a Jewish student leader - and a pro-Palestinian protester who's gone on hunger strike.

As Russia's military attache is expelled for spying - what goes on behind the gates of the Russian Embassy in London?

And the sperm whale whisperer: we speak to the scientist who's been decoding the sounds from the deep that resemble a human language.

WED 22:45 You Are Here by David Nicholls (m001yxh0)
 Episode 8

David Nicholls' new novel, *You Are Here*, follows two isolated and lonely people who are thrown together by the endeavours of a mutual friend who believes they both need to 'get out more'. A long weekend walking in the Lake District turns into a rain-lashed and wuthering journey across the valleys and moorlands of some England's most spectacular countryside.

Marnie is a freelance copy editor, spending most of her days alone in her south London flat. After a disastrous marriage in her early 20s, romance and companionship seem to have passed her by. Now, in her late 30s, she feels it is unlikely that she will

ever meet someone.

Michael is still reeling from his wife's departure, increasingly reclusive, taking himself on long, solitary walks across the moors and fells. He teaches Geography at the same Yorkshire school as Cleo who is an old friend of Marnie's. It is Cleo's bright idea to bring together a small group of people in the second half of the Easter holidays to enjoy a few days walking in the glorious Cumbrian landscape.

David Nicholls is the author of several bestselling novels including *One Day, Us*, and *Sweet Sorrow*. He is also an award-winning screenwriter.

Written by David Nicholls
Abridged by Jill Waters
Read by Sally Phillips and Jim Howick
Produced by Jill Waters
A Waters Company production for BBC Radio 4

WED 23:00 Gary Little: At Large (m001yxh2)
2. Killing Time... and Killer Tablet

Stand-up comedy from a towering, imposing and reformed prisoner. In this episode, Glaswegian Gary Little lifts the lid on life behind bars, where a highly sought after job in the kitchen gives him access to valuable resources. He discovers a gift for ghost-writing and provides a muscly shoulder to cry on to a fellow inmate in distress.

Growing up in the second poorest area of Scotland, Gary's life seemed set inevitably to be marred by depression, addiction or incarceration. The violence and social deprivation in Glasgow's Springburn boiled down to survival of the fittest, where Gary's honed wits kept him alive and prosperous.

But dodgy childhood deals led him to darker places - selling drugs to his friends, then their friends, and then... everyone's friends.

More true criminal than true crime, this stand-up comedy series gives a different perspective of life before, behind and beyond bars.

Written and performed by Gary Little.
Produced by Julia Sutherland
A Dabster production for BBC Radio 4.

WED 23:15 Tom Mayhew Is Benefit Scum (m001946m)
Series 2

Cheap and Cheerful

In the first of the new series, Tom Mayhew takes issue with the term "staycation" as he's never been abroad in his life. Tom's stand-up explores how the working class Holiday has always been closer to home.

Tom Mayhew Is Benefit Scum is an autobiographical stand-up series in which the comedian shares stories about his life growing up working class and his time on benefits. The show takes a wry, sideways look at the prejudices that people have towards benefits claimants and turns those assumptions on their head.

Recorded in front of a live audience at the Frog and Bucket in Manchester

Written and Performed by Tom Mayhew
Featuring Chris Cantrill
Additional Material – Olivia Phipps
Production Coordinator – Katie Baum
Producer – Benjamin Sutton
A BBC Studios Production.

WED 23:30 Today in Parliament (m001yxh4)

Sean Curran reports on Prime Minister's Questions. MPs demand answers about delays at passport e-gates and an early release scheme for prisoners in England and Wales.

THURSDAY 09 MAY 2024

THU 00:00 Midnight News (m001yxh6)
National and international news from BBC Radio 4

THU 00:30 The Miners' Strike: Return Journey (m001w6zp)
[Repeat of broadcast at 11:45 on Wednesday]

THU 00:48 Shipping Forecast (m001yxh8)
The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m001yxhb)
BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m001yxhd)
The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m001yxhg)
The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m001yxhj)
Spiritual reflection to start the day with Rev Prof Alison Jack of the School of Divinity, University of Edinburgh

THU 05:45 Farming Today (m001yxhl)
09/05/24 - Regen ag, Iberico pork, OEP water report and tractor factory strike

The boss of Waitrose has told Farming Today that the value of food needs reappraising and that in some cases higher prices should be considered. It comes as the supermarket announces that from 2035, it's UK produced meat, milk, eggs and fruit and veg will come from farms that practice regenerative farming. There is no precise definition for regenerative agriculture, but it focuses on improving soil health by reducing or removing cultivation, growing cover crops to protect the soil and using fewer chemical inputs. It can also involve re-integrating livestock into an arable system. So what will it mean for the 2300 farmers who supply Waitrose?

The Government needs to take "urgent action" to meet its own targets for cleaning up our waterways...according to a new report from the Office for Environmental Protection. The Government has committed to bring 77% of England's surface water bodies, like rivers and lakes, to a good ecological condition by 2027...but the OEP says without a significant strengthening in the enforcement of environmental law, that figure will be more like 21%.

More than 500 workers at a tractor factory in Basildon in Essex are to go on strike across the next three weeks over pay. The CNH factory produces New Holland tractors that are shipped all around the world.

And our European road trip continues with a hunt for the farmer who produces the world's most expensive ham.

Presented by Caz Graham
Produced for BBC Audio in Bristol by Heather Simons

THU 06:00 Today (m001yxk6)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m001yxk8)
Sir Thomas Wyatt

Melvyn Bragg and guests discuss 'the greatest poet of his age', Thomas Wyatt (1503 -1542), who brought the poetry of the Italian Renaissance into the English Tudor world, especially the sonnet, so preparing the way for Shakespeare and Donne. As an ambassador to Henry VIII and, allegedly, too close to Anne Boleyn, he experienced great privilege under intense scrutiny. Some of Wyatt's poems, such as *They Flee From Me That Sometime Did Me Seek*, are astonishingly fresh and conversational and yet he wrote them under the tightest constraints, when a syllable out of place could have condemned him to the Tower.

With

Brian Cummings
50th Anniversary Professor of English at the University of York

Susan Brigden
Retired Fellow at Lincoln College, University of Oxford

And

Laura Ashe
Professor of English Literature at the University of Oxford

Producer: Simon Tillotson
In Our Time is a BBC Studios Audio Production

Reading list:

Thomas Betteridge and Suzannah Lipscomb (eds.), *Henry VIII and the Court: Art, Politics and Performance* (Routledge, 2016)

Susan Brigden, Thomas Wyatt: *The Heart's Forest* (Faber, 2012)

Nicola Shulman, *Graven with Diamonds: The Many Lives of Thomas Wyatt: Courtier, Poet, Assassin, Spy* (Short Books, 2011)

Chris Stamatakis, *Sir Thomas Wyatt and the Rhetoric of Rewriting* (Oxford University Press, 2012)

Patricia Thomson (ed.), *Thomas Wyatt: The Critical Heritage* (Routledge, 1995)

Greg Walker, *Writing Under Tyranny: English Literature and the Henrician Reformation* (Oxford University Press, 2005)

Thomas Wyatt (ed. R. A. Rebholz), *The Complete Poems* (Penguin, 1978)

THU 09:45 Just One Thing - with Michael Mosley (m001yxkb)
Cook from Scratch

Michael Mosley investigates how cooking from scratch can be a simple way to eat healthier and avoid ultra-processed foods, many of which are associated with an increased risk of diseases like cancer, type 2 diabetes and heart disease. It doesn't need to be complicated - simple recipes using tinned and frozen foods can be a great way to get started. Michael speaks to Dr Emily Leeming, a nutrition scientist from King's College London, to find out why cooking your own meals can be so beneficial for your gut microbiome, your waistline and your mental health. Meanwhile, our volunteer Richard cooks up a storm!

Series Producer: Nija Dalal-Small
Editor: Zoë Heron
Commissioning Editor: Rhian Roberts
A BBC Studios production for BBC Sounds / BBC Radio 4

THU 10:00 Woman's Hour (m001yxkd)

Liz Carr on assisted dying. Money in relationships, Singer Rachel Chinouriri

The debate on assisted dying is often framed around the issues of choice for the terminally ill, but what about the rights of the disabled? Actor and disability rights campaigner Liz Carr has major concerns about potential changes to the law that she believes could leave people with disabilities at risk. She joins Clare McDonnell to discuss her documentary "Better Off Dead" which explores the debate from the perspective of disabled people.

Singer songwriter Rachel Chinouriri is one of the music industry's rising stars, gaining plaudits from celebrity fans, including Adele, Sophie Turner and Florence Pugh, for her nostalgic Indie sounds. Rachel performs live in the Woman's Hour studio and talks about her first album, *What A Devastating Turn Of Events*, which is an intimate exploration of Rachel's experiences and relationships.

Money is a topic many of us don't feel comfortable talking about. Be it in a romantic relationship, with our parents or even with our friends. But it's a topic that financial psychotherapist Vicky Reynal says is vitally important when it comes to our relationships. She joins Clare to discuss her new book, *Money on Your Mind: The Psychology Behind Your Financial Habits*, and how working on our financial wellbeing can help us in our lives.

The former head of the Spanish Football Federation, Luis Rubiales, will stand trial for sexual assault over his behaviour in the Women's World Cup game against England last summer. He gave an unsolicited kiss to player Jenni Hermoso which was caught on camera and broadcast to billions worldwide, provoking fierce backlash and a national debate over sexism in Spain. Spain based sports journalist Molly McElwee explains the reaction in Spain.

Presenter: Clare McDonnell
Producer: Olivia Skinner

THU 11:00 This Cultural Life (m001yxkg)

Anne Enright

Irish novelist Anne Enright is the author of seven novels, including *The Gathering*, winner of the Booker Prize in 2007. Her 2012 novel *The Forgotten Waltz* won the Andre Carnegie Medal for Fiction and her novel *The Green Road* won The Irish Novel of the Year in 2015, the same year that she was appointed as the inaugural Laureate for Irish Fiction. Her latest novel *The Wren*. The Wren has been shortlisted for the Women's Prize for Fiction 2024.

Anne tells John Wilson how her childhood home in the suburbs of Dublin, and holidays spent at the Pollock Holes in Kilkee inform her writing. She recalls her book-devouring household and first reading *Ulysses* while on a cycling holiday at the age of 14. The play *Top Girls* by Caryl Churchill was also a creative influence, particularly in the way Churchill wrote dialogue for

women who were at the time, so underrepresented on stage. Anne also cites the influence of the writer Angela Carter, both as a writer of contemporary fiction and as her tutor and mentor at the University of East Anglia.

Producer: Edwina Pitman

Archive and readings used:

Extract from *The Gathering*, read by Anne Enright
Extract from *The Wren, The Wren*, read by Charlotte Pyke
Extract from *Top Girls* by Caryl Churchill, BBC, 1992

THU 11:45 The Miners' Strike: Return Journey (m001wj9p)
South Wales

Still seen as one of the most bitter and divisive industrial disputes in the UK, the year long miners' strike, that began in March 1984, dominated the news for 12 months. It's been described as "a site of contested memories," and it continues to evoke strong feelings in those who lived through the strike and had direct experience of it.

Chris Jackson, in his very first job as a young radio reporter in South Wales, found himself covering the dispute that scarred a generation and more. Now, 40 years after the start of the strike, he's meeting people from different sides of the difficult and controversial industrial dispute, and together they return to a place that holds some very personal memories.

In this episode, Chris returns to South Wales to meet Ann Jones, whose husband John worked at Tower Colliery in the Welsh Valleys and was on strike for the full year. Ann's life took a turn during the strike, taking her all over the country, speaking at large rallies and public meetings to raise money for the families of the striking miners and raise awareness of the issues they were facing. She became an organiser, supporter, protestor and was a regular on the picket lines, along with many other women.

Presenter: Chris Jackson

Producer: Jo Dwyer

Executive Producer: Rosamund Jones

A Loftus Media production for BBC Radio 4

THU 12:00 News Summary (m001yxkj)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001yxkl)

Gap Finders – The Modern House

This week's Gap Finders are Albert Hill and Matt Gibberd, the co-founders of The Modern House. It's an estate agency, although not in the traditional sense.

It focuses specifically on modernist and design-led homes, which it promotes with long-form articles, mini documentaries and photography. Through this content, as well as podcasts and magazines, it has developed what The Times newspaper refers to as 'a cult-like following.'

Since its founding in 2005 it has sold thousands of homes, and in 2021 launched Inigo, its site specialising in the sale of historic houses.

We speak to Albert and Matt about starting the business with no experience in property, their architectural inspiration and what the future holds for The Modern House.

PRODUCER: CHARLIE FILMER-COURT

PRESENTER: WINIFRED ROBINSON

THU 12:32 Sliced Bread (m001yxkn)

LED Face Masks

Is an LED face mask the secret to brighter, clearer, more youthful skin?

Greg Foot is back with a new series of Sliced Bread to run a whole new batch of your suggested wonder products through the evidence mill. From car tyres to contact lenses, air fresheners to LED face masks, Greg will separate science fact from marketing fiction as he investigates whether each product is 'the best thing since sliced bread' or 'marketing BS'.

There's a slightly new sound to this new series: having recorded most of the previous episodes remotely, Greg is going to be joined in the studio by the listener and experts to investigate the wonder products together!

First to join Greg is Helen Leneghan from County Down. She's seen LED Face Masks all over social media and wants to know if they actually work. Do they reduce your wrinkles? Will they

give you a radiant glow? And can they help with some skin conditions like acne or rosacea?

As ever, if YOU have seen something promising to make you happier, healthier or greener and want to know if it is SB or BS please do send it over on email to sliced.bread@bbc.co.uk or drop us a message or voicenote on Whatsapp to 07543 306807

PRESENTER: Greg Foot

PRODUCER: Simon Hoban

THU 12:57 Weather (m001yxkq)

The latest weather forecast

THU 13:00 World at One (m001yxks)

Allies of Israel warn against an offensive into Rafah

Israel's allies warn against launching an offensive into Rafah, as heavy shelling of the city is reported. Plus, analysis of the Bank of England's decision to hold interest rates.

THU 13:45 Assume Nothing: The Last Request (m0019rcj)

Episode 4

Laura McDaid is searching for the birth mother of a close friend who died 20 years ago.

THU 14:00 The Archers (m001yxgn)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (m001yxkx)

The Missed Lives of Max and Judy (2/2)

Max and Judy are 18 when they first meet during a University lecture. They become friends. Just friends. And they meet up for chicken shop dates to discuss their failed relationships with other people.

But missed opportunities and bad timing prevent anything more. When it looks like things might get serious, a misunderstanding drives them apart. Both devastated they each try to find a way to get over their heartbreak quickly - by wishing it away.

They wake the next morning to find themselves 50 years older, having lived full lives completely separately.

A mind-bending, time-warping, romantic comedy by Janina Matthewson (Creator of *Within The Wires* Podcast), starring Danuisa Samal, Carl Prekopp and Alison Steadman. Directed by Jonathan Mitchell of the hugely successful *The Truth* podcast.

Cast:

Narrator Alison Steadman

Judy Danusia Samal

Max Carl Prekopp

Fiona Laura Elphinstone

Jeremy Nicholas Boulton

Author Curtis Kemlo

Neighbour Natasha Arancini

All other parts played by members of the cast

Written by Janina Matthewson

Directed, Sound Design and Original Music, Jonathan Mitchell

Sound Engineer, Paul Clark

Production Assistant, Charlotte Rose

Producer and Casting, Emma Hearn

Executive Producer, John Scott Dryden

A Goldhawk production for BBC Radio 4

THU 15:00 Open Country (m001yxkz)

Mapping Britain's Holloways

Helen Mark is in Dorset to investigate the county's ancient sunken roads, known as holloways. They're deep, steep-sided tracks formed when soft rock erodes and are often overtopped by a canopy of trees. The erosion over centuries creates remarkable, often otherworldly spaces, that come with their own unique flora and fauna. On her trip to the Symondsburys estate near Bridport Helen hears about how the cave spider and goblin's gold moss can thrive in the cracks of these unlikely rockfaces. She is joined by Andy Jefferies and Rosie Cummings from Natural England who are behind a project to map Britain's extensive network of holloways. The holloways often come with their own folklore too. Local storyteller Martin Maudsley recounts the legend of the Dorset colpetie - mischievous sprites that can taunt the unwary traveller!

Producer: Robin Markwell

Presenter: Helen Mark

THU 15:27 Radio 4 Appeal (m001yx11)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Word of Mouth (m001yx13)

Football Club Names

Dominic Fifield explains how football clubs got their names, uncovering a fascinating social history behind the Wanderers, Wednesdays and Villas.

Produced for BBC Audio Bristol by Sally Heaven

THU 16:00 The Briefing Room (m001yx15)

Why is the water industry in so much trouble?

David Aaronovitch and guests explore the troubled state of the water industry in the UK. How do companies solve the sewage problem, fix the leaks and reduce the debt mountain?

Guests:

Kate Bayliss, research associate in the Department of Economics at SOAS, University of London
David Hall, visiting professor in the Public Services International Research Unit at the University of Greenwich
Sir Dieter Helm, Professor of Energy at the University of Oxford
Julie Bygraves, public policy analyst and expert on utility finance

Production team: Sally Abrahams, Kirsteen Knight and Ben Carter

Editor: Richard Vadon

Production Co-ordinator: Gemma Ashman

Sound engineers: Neil Churchill and Graham Puddifoot

THU 16:30 BBC Inside Science (m001yx17)

Is treated sewage worse for the environment than raw?

There has been increasing public outrage at raw sewage discharges into our rivers and seas, but new research at Lake Windermere suggests that treated sewage is as much to blame. Wastewater experts Simon Evans and Ali Morse get into the nitty gritty of sewage treatment and why it might be causing so many problems.

Last week, the Sumatran orangutan Rakus made headlines when he was spotted by researchers treating a wound with a medicinal plant. A first for a wild animal. But he's not the only animal to show self-medicating behaviour. Biologist and author of *Wild Health*, Cindy Engel, talks healing in the wild and what we can learn from the animals that do it.

And it's that time of year again: the Eurovision Song Contest. In fact, this year marks the 50th Anniversary since ABBA won the 1974 contest with the iconic track *Waterloo*. Psychology and behavioural researcher Harry Witchel tells us what gives songs at Eurovision a winning edge and tries to predict a winner based on his criteria.

Presenter: Marnie Chesterton

Producers: Hannah Robins, Ella Hubber, Sophie Ormiston

Researcher: Caitlin Kennedy

Editor: Martin Smith

Production Co-ordinator: Jana Bennett-Holesworth

THU 17:00 PM (m001yx19)

US arms ban angers Israel

The US suspends some arms exports to Israel, warning against an assault on Rafah. Plus should jurors be offered counselling?

THU 18:00 Six O'Clock News (m001yx1c)

The US paused the supply to stop some weapons being used in an assault on Rafah

THU 18:30 The Missing Hancocks (m000cp2n)

Series 4

The Counterfeiter

The Missing Hancocks recreates those episodes of the classic Hancock's Half Hour that have been wiped or lost from the archive.

The first modern sitcom, Hancock's Half Hour made stars of Tony Hancock, Sid James and Kenneth Williams, and launched Ray Galton and Alan Simpson as one of the most successful comedy-writing partnerships in history. But 20 episodes of the show were missing from the BBC archives. Now, after four highly successful series, the final batch of those episodes have been lovingly re-recorded in front of a live audience at the BBC Radio Theatre.

Tonight's episode: Hancock's fed up with Bill Kerr spending all day in bed, and decides to find him a job. But with Sid James involved, things were always going to get complicated.

Written by Ray Galton and Alan Simpson, and with the classic score re-recorded by the BBC Concert Orchestra, the show stars Kevin McNally, Kevin Eldon, Simon Greenall, Robin Sebastian and Margaret Cabourn-Smith. The Counterfeiter was never recorded by the original team, and the cast and crew of The Missing Hancocks are proud to present a Hancock premiere.

Produced by Neil Pearson & Hayley Sterling.

Written by Ray Galton & Simpson

Music recorded by the BBC Concert Orchestra, conducted by Levon Parikian.

This programme was first broadcast in January 2020.

A BBC Studios Production.

THU 19:00 The Archers (m001yxlf)

Alistair, Mick and Jazzer are having a pint when Paul joins them. He says Denise has a bug she picked up from the river Am. When Mick takes Paul to the bar, Jazzer points out it wasn't a coincidence that Alistair and Denise were together that night. He commiserates when Alistair says they didn't make it to the hotel. Mick confides he's experiencing flashbacks and that George seems overwhelmed too. Paul queries the 'late call out' Denise said they were on when they spotted the crash. Mick comes to the rescue with a story about an injured sheep. Alistair, grateful for the intervention, embroiders it. But Paul won't let it go, despite assurances that it'll be dealt with at HQ. When Paul goes to get another round, Mick promises Alistair mum's the word.

Chris and Alice are watching Martha in the playground. Adam gave Alice a lift with several bags so she could avoid being seen at Chris's place – the rumour mill has already started. Alice insists Martha must stay with him for the foreseeable future: she can't deal with her drinking and looking after Martha. Later Chris suggests they all go and get dinner together, but Alice just wants to leave, without even saying goodbye to her daughter. She's resigned herself to ending up in prison after emptying the vodka, and even fruit cider, bottles found in her car. Three people ended up in the Am and Fallon nearly died. Later, Chris tells Jazzer the situation doesn't fit with the Alice he knows - but it's like she's already given up.

THU 19:15 Front Row (m001yxlh)

La Chimera, Bodkin, a new novel called Great Expectations reviewed

La Chimera is a new film directed by Alice Rohrwacher and starring Josh O'Connor as a British archaeologist who gets caught up in a network of stolen Etruscan artefacts in 1980s Italy.

Bodkin is a new comedy thriller series from Netflix starring Will Forte about a trio of true crime podcasters who head to rural Ireland to solve a mystery.

and Great Expectations, the hotly anticipated debut novel from the New Yorker theatre critic Vinson Cunningham about a young man in America who gets swept up in a presidential campaign. Jo Hamya and Boyd Hilton join Nick Ahad to review.

And we take a look at Spotify's latest figures on how it pays the music industry with Will Page.

Presenter: Nick Ahad
Producer: Corinna Jones

THU 20:00 A Celebration for Ascension Day (m001yxlk)

The first church service broadcast on the BBC was held at St Martin-in-the-Fields in 1924, led by Reverend Dick Sheppard. 100 years later, the current vicar of St Martin's the Reverend Dr Sam Wells will preach live on Radio 4 to mark Ascension Day - the time when Christians celebrate Jesus ascending to heaven after his resurrection.

The Reverend Lucy Winkett will lead the service, and there'll be contributions from Pam Rhodes, Swarzy Macaly, with readers Leslie Griffiths, Canon Ann Easter, Karen Gibson, Fr Paschal Uche and Angel Morgan.

There'll be beautiful choral music from St Martin's Voices directed by Andrew Earis, Laura Wright and this year's winners of BBC Young Chorister Natalie and Belinda and uplifting gospel from Volney Morgan & New Ye.

Producer: Miriam Williamson
Sound engineer: Simon Tindall

THU 21:00 Loose Ends (m001yxlm)

[Repeat of broadcast at 18:15 on Saturday]

THU 21:45 Why Do We Do That? (m001fvb0)

Why Can't We All Be Morning People?

Are you at one with midnight, or up before sunrise? In this episode, Ella Al-Shamahi investigates when we naturally feel tired and awake, known as our chronotype. Our chronotype depends on our lifestyle, our environment, where we live, and is also influenced by our genes. In this episode, Ella Al-Shamahi uncovers fascinating research which suggests our chronotype can be traced back over 100,000 years ago, to when our early modern human ancestors interbred with Neanderthals. She speaks to geneticist Tony Capra how DNA from our Neanderthal ancestors may be influencing our present-day sleeping habits and shares her revelations with professional early riser and BBC Radio 1 Early Breakfast presenter Arielle Free.

THU 22:00 The World Tonight (m001yxlp)

Netanyahu responds to US after Biden's weapon supply threat

The Israeli prime minister vows his country can stand alone after the US paused the delivery of bombs that could be used in the planned assault on Rafah in Gaza. We hear from a Republican Congressman who accuses President Biden of playing politics with Israel's security, and a former Congressional aide will help us chart the Biden-Netanyahu forty-year long marriage of minds. Is the relationship now headed for divorce?

Also on the programme:

Thousands of people are protesting against Israel's taking part in the Eurovision song contest in the Swedish city of Malmö.

The latest on the infected blood inquiry as lawyers argue victims are being wrongly denied compensation because they were infected after screenings of donated blood were introduced in 1991.

Also, the longest-running song in the UK's top 100 chart - even though it never made Number One. Why is Mr Brightside so popular?

THU 22:45 You Are Here by David Nicholls (m001yxlr)

Episode 9

David Nicholls' new novel, You Are Here, follows two isolated and lonely people who are thrown together by the endeavours of a mutual friend who believes they both need to 'get out more'. A long weekend walking in the Lake District turns into a rain-lashed and wuthering journey across the valleys and moorlands of some England's most spectacular countryside.

Marnie is a freelance copy editor, spending most of her days alone in her south London flat. After a disastrous marriage in her early 20s, romance and companionship seem to have passed her by. Now, in her late 30s, she feels it is unlikely that she will ever meet someone.

Michael is still reeling from his wife's departure, increasingly reclusive, taking himself on long, solitary walks across the moors and fells. He teaches Geography at the same Yorkshire school as Cleo who is an old friend of Marnie's. It is Cleo's bright idea to bring together a small group of people in the second half of the Easter holidays to enjoy a few days walking in the glorious Cumbrian landscape.

David Nicholls is the author of several bestselling novels including One Day, Us, and Sweet Sorrow. He is also an award-winning screenwriter.

Written by David Nicholls
Abridged by Jill Waters
Read by Sally Phillips and Jim Howick
Produced by Jill Waters
A Waters Company production for BBC Radio 4

THU 23:00 The Today Podcast (m001yxlt)

Hung parliament or thumping majority? And why do we all feel so skint?

Amol asks what the local elections results really tell us about what might happen in a general election and why so many Britons feel skint.

Pollster James Kanagasooriam is back in The Today Podcast studio to give his verdict on whether the local election results point to a Labour majority at the general election or a hung parliament.

In a week where Britain could come out of a recession Amol asks whether an improving economic picture may pay political dividends in the general election. Torsten Bell, chief executive of the Resolution Foundation - a think tank focusing on people on lower incomes - explains why so many millennials are still feeling the pinch.

And retail guru Mary Portas joins Amol to give her thoughts on how the high street has been affected by Britain's struggling economy - and shares her moment of the week.

Episodes of The Today Podcast land every Thursday and watch out for bonus episodes. Subscribe on BBC Sounds to get Amol and Nick's take on the biggest stories of the week, with insights from behind the scenes at the UK's most influential radio news programme. If you would like a question answering, get in touch by sending us a message or voice note via WhatsApp to +44 330 123 4346 or email us Today@bbc.co.uk

The Today Podcast is hosted by Amol Rajan and Nick Robinson, both presenters of BBC Radio 4's Today programme, the UK's most influential radio news programme. Amol was the BBC's media editor for six years and is the former editor of the Independent, he's also the current presenter of University Challenge. Nick has presented the Today programme since 2015, he was the BBC's political editor for ten years before that and also previously worked as ITV's political editor.

The senior producer is Tom Smithard, the producers are Hazel Morgan and Joe Wilkinson. The editor is Louisa Lewis. The executive producer is Owenna Griffiths. Technical production from Mike Regaard and digital production from Elliot Ryder.

Note: this podcast has been re-edited.

THU 23:30 Today in Parliament (m001yxlv)

The defection of a Tory MP to Labour is described as a personal tragedy.

FRIDAY 10 MAY 2024

FRI 00:00 Midnight News (m001yxly)

National and international news from BBC Radio 4

FRI 00:30 The Miners' Strike: Return Journey (m001wj9p)

[Repeat of broadcast at 11:45 on Thursday]

FRI 00:48 Shipping Forecast (m001yxm0)

The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m001yxm2)

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m001yxm4)

The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m001yxm6)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001yxm8)

Spiritual reflection to start the day with Rev Prof Alison Jack of the School of Divinity, University of Edinburgh

FRI 05:45 Farming Today (m001yxmb)

The Government's announcement that the seasonal worker visa scheme is being extended for five years has been welcomed by farming organisations. It comes as part of DEFRA's response to an independent review into Labour Shortages in the Food Supply Chain which was published last summer. Also in that response is a commitment to "turbo-charge" investment in automation with an extra 50 million pounds of funding for new technology for automating pack houses and to improve robotic pickers.

Jon Old's family own around 16 hectares of watercress beds across Hampshire and Dorset. Their watercress ends up on the shelves of major supermarkets but since 2010, they've also been growing something else: wasabi. Wasabi is particularly difficult to grow - Jon calls it the "Goldilocks Crop" because everything has to be just right!

And our whistle-stop tour of farming in the West of Europe with Cornish farmer and Farming Today journalist Stuart Oates concludes on the Coast of Portugal, where one of the crops he discovers is rice.

Presented by Caz Graham
Produced for BBC Audio in Bristol by Heather Simons

FRI 06:00 Today (m001yxpp)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 The Reunion (m001yxpr)

[Repeat of broadcast at 10:00 on Sunday]

FRI 10:00 Woman's Hour (m001yxpt)

Whooping cough, Shirley Conran, Lying, Afghanistan tourism

Five babies have died from whooping cough this year as cases continue to rise in England. Medical doctor Dr Saleyha Ahsan, who currently has whooping cough herself, joins Clare McDonnell to discuss.

Author, journalist and campaigner Dame Shirley Conran has died aged 91, days after receiving her damehood. Journalist Felicia Bromfield joins Clare to discuss her legacy.

What would happen if you could only speak the truth – and not even tell white lies? That's the subject of a new book by Radhika Sanghani, called *The Girl Who Couldn't Lie*. Radhika herself hasn't lied for two years – she joins Clare to talk about why she wanted to write the book and the things she's learnt from telling only the truth.

Despite the challenges posed by the Taliban regime, economic instability, poor infrastructure, and the ongoing suppression of women's rights, foreign tourism is reportedly increasing in Afghanistan. The country's authorities have begun training hospitality professionals and assert that Afghanistan is safe for foreigners, with all visitors welcomed and treated equally, including foreign women, they say. Sascha Heeney, who has recently visited Afghanistan, and Afghan journalist Zarghuna Khargar join Clare to discuss.

Presenter: Clare McDonnell
Producer: Dianne McGregor

FRI 11:00 The Food Programme (m001yxpw)

Posh Nosh: Food's Class Dilemma

How much does what you choose to eat come from what social class you were born into, or identify with now? In this episode, Sheila Dillon takes on the often uncomfortable conversation about social class in the UK, British people's obsession with it, and what it's doing to our health via the way we choose to eat.

Sheila is joined at an east London pie and mash shop by the food historian Pen Vogler, whose book *"Scaff: A History of Food and Class in Britain"* charts the way these class markers were established and continue to be upheld. She explains how many foods have moved between classes, and why we pedestal imported foods, including fast foods from America.

After a 'posh' Afternoon Tea overlooking St Paul's Cathedral, Sheila heads to the studio to understand more about the impact of these class markers. How has the food industry used these links to sell more food? and what's being done to break these connections between food and social class?

Joining her are five guests whose life experiences help illuminate the topic, they are the food campaigner Kathleen Kerridge, TikTok chef Nathan Smith (Grubworks Kitchen), Masterchef judge and food writer William Sitwell, Anna Taylor from The Food Foundation and Dr Maxine Woolhouse, a senior lecturer in psychology at Leeds Beckett University specialising in food, class and gender.

So can we ever give these class markers up? Sheila's final visit is to a Community Garden in Hoxton, The Growing Kitchen, where everyone is welcome. Here she meets chairman Tony and member Carmel who share the secrets of their classless community of gardeners and cooks.

Presented by Sheila Dillon
Produced for BBC Audio in Bristol by Natalie Donovan

FRI 11:45 The Miners' Strike: Return Journey (m001wqcj)

Grimethorpe

Still seen as one of the most bitter and divisive industrial disputes in the UK, the year long miners' strike, that began in March 1984, dominated the news for 12 months. It's been described as "a site of contested memories," and it continues to evoke strong feelings in those who lived through the strike and had direct experience of it.

Chris Jackson, in his very first job as a young radio reporter in South Wales, found himself covering the dispute that scarred a generation and more. Now, 40 years after the start of the strike, he's meeting people from different sides of the difficult and controversial industrial dispute, and together they return to a place that holds some very personal memories.

In this episode, Chris is in Grimethorpe, at the spot the miners gathered to return to work in March 1985, marching back to the pit behind their colliery band. He meets two people from different sides of the industrial dispute to talk about that day. Peter Haigh was a National Coal Board manager at

Grimethorpe during the strike and Danny Gillespie was a striking Grimethorpe miner.

Presenter: Chris Jackson
Producer: Jo Dwyer
Executive Producer: Rosamund Jones
A Loftus Media production for BBC Radio 4

FRI 12:00 News Summary (m001yxpy)

The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m001yxq0)

Discipline in schools

A photo of a school corridor, showing three posters describing a particular teaching ethos, has started a debate about the right level of discipline in classrooms.

Some suggest the instructions, which include 'sit up', 'eye contact' and 'smile', are indicative of a super-strict approach some schools have taken, which might be distressing for children, especially those with special needs. We find out where this approach came from, and hear about the American educator who popularised the all-important acronym 'SLANT.'

Supporters of the approach say strict discipline is essential for learning, and that it generates better outcomes. What evidence is there to back this up?

Presenter: Adam Fleming
Producers: Simon Tulett, Simon Maybin, Ellie House, Jay Gardner
Editor: Richard Vadon

FRI 12:57 Weather (m001yxq2)

The latest weather forecast

FRI 13:00 World at One (m001yxq4)

Labour's plan to stop the small boats

After Sir Keir Starmer laid out Labour's plans to tackle illegal migration, Jonny Dymond speaks to a former head of the UK Border Agency.

FRI 13:45 Assume Nothing: The Last Request (m0019rrm)

The Final Throw

Laura McDaid is trying to fulfil a last request to her friend, Irish journalist Martin Barry to track down his birth mother and pass on a message. Martin died at the Dignitas Clinic in Zurich 17 years ago.

Laura visits Bessborough to see for herself where Martin was born.

His adoption file feels like the last chance she has to find her, will it provide the information that she needs?

FRI 14:00 The Archers (m001yxlf)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m001yxq8)

Money Gone

Money Gone – 3. Land of Milk and Honey

Grace stops to help at an understaffed hospital as the Prime Minister asks MI5 to find the cause of the financial chaos, but someone else thinks they've figured it all out.

A fast-paced satirical drama starring Robert Bathurst (Cold Feet, Toast of London), Charlotte Ritchie (Ghosts, Call the Midwife), Aaron Heffernan (War of the Worlds, Brassic) and Josette Simon (Wonder Woman, Blakes 7).

Pascal Robert Bathurst
Patricia Josette Simon
Emily Charlotte Ritchie
Ross Aaron Heffernan
Grace Lauren Douglin
Stuart Raj Ghatak
Chris Fergus Craig
Glenn Simon Darwen
Adam Chris Lew Kum Hoi
Bex Sylvie Churnside-Reed
Journalist Zoe Kleinman

Written by Ed Sellek
Directed by Tony Churnside

Storyline Consultant: Diane Coyle
Production: Leah Marks and Louis Blatherwick

Original Music and Sound Design by Eloise Whitmore and Tony Churnside
Theme sung by Ellie Akhgar
Series Photographer: Simon Bray
Illustrator: Pete Hambling
Producer: Eloise Whitmore
Exec Producer: John Dryden

A Naked production for BBC Radio 4 and BBC Sounds

FRI 14:45 Child (p0hh3x)

22. Baby Food

Baby food is about so much more than mashed carrot. It's another important foundation for the rest of the child's life. But it isn't an equal playing field and it's another minefield of parenting.

India Rakusen talks to feeding specialist Kim Grenawitzke about the importance of learning to eat, and how to introduce solids. Historian Amy Bentley describes how the rise of commercial baby food affected parenting and babies, and Dr Vicky Sibson from First Steps Nutrition takes us down the baby food aisle.

Presented by India Rakusen
Producer: India Rakusen
Series Producer: Ellie Sans
Executive Producer: Suzy Grant
Commissioning Editor: Rhian Roberts
Original music composed and performed by The Big Moon
Mix and Mastering by Charlie Brandon-King

A Listen production for Radio 4 and BBC Sounds

FRI 15:00 Gardeners' Question Time (m001yxqc)

University of Reading

What suggestions do the panel have to attract new gardeners to our community allotment? Should I replace my drought damaged slow growing conifers? What evergreen hardy plants for some winter interest can I have in my tropical themed garden?

Peter Gibbs and his team of scholastic horticultural experts are at the University of Reading for this week's episode of Gardeners' Question Time.

Joining Peter answer the audience's gardening conundrums are passionate plantsman Matthew Biggs, garden designer Juliet Sargeant, and self proclaimed botany geek James Wong.

Peter Gibbs speaks with Professor Sarah Dance about Reading University's study into meteorology and their on-going research into predicting weather forecasts weeks in advance.

Producer: Dominic Tyerman

Assistant Producer: Dulcie Whadcock

Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m001yxqf)

Lord of the Fruit Flies

A man on the run heads north with precious cargo in this new short work, inspired by the life of American scientist Hermann Muller.

Written by Pippa Goldschmidt
Read by Tyler Collins
Producer: Eilidh McCreadie

American Nobel Prize-winner Hermann Muller founded the field of radiation genetics and was an early voice warning about the dangers of radiation and nuclear weapons testing. Pippa Goldschmidt is an Honorary Fellow at the Science, Technology and Innovation Studies (STIS) unit in the University of Edinburgh, where she has been involved in interdisciplinary projects ranging from the exploration of outer space through upland hill farming to the uncanny. She splits her time between Germany and Scotland.

A BBC Audio Scotland Production for BBC Radio 4

FRI 16:00 Last Word (m001yxqh)

Anne Dagg, Ross Anderson, Cecil Murray, Kris Hallenga

Matthew Bannister on Anne Dagg, the Canadian biologist known as The Woman Who Loves Giraffes for her lifelong study of the animals.

Professor Ross Anderson, the computer scientist who was a

leading expert on data protection and online security.

Reverend Cecil Murray, the pastor of the First African Methodist Episcopal Church in Los Angeles who played a pivotal role during the riots of 1992.

Kris Hellenga, who was diagnosed with breast cancer aged 23 and set up the charity Coppafeel to encourage other young women to check their breasts.

Producer: Ed Prendeville

Archive used:

Archive of Anne Dagg, The Woman who loves Giraffes, Pursuing Giraffe Adventures Inc, 2018; Newsnight, BBC Two, 01/07/1992; Newsnight, BBC Two, 11/02/2010; Ross Anderson Interviewed by Elisabetta Mori, Archives of IT, YouTube Upload, 20/03/2024; Digitalize in Stockholm '22, DigitalFuturesHub, YouTube Upload, 28/10/22; USC Center for Religion and Civic Culture, YouTube Upload 22/02/2021; BBC Radio Cornwall, 12/10/2021;

FRI 16:30 Life Changing (m001yxfj)

[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m001yxqk)

Sharon Beshenivsky: man jailed over PC murder

Piran Ditta Khan has been jailed for life for the shooting of PC Beshenivsky in 2005. And Paddy O'Connell looks ahead to Eurovision.

FRI 18:00 Six O'Clock News (m001yxqm)

Sir Keir Starmer also said a Labour government would scrap the Rwanda deportation scheme

FRI 18:30 Dead Ringers (m001yxqp)

Series 24

Episode 3

A surprising guest appears at the Met Gala, and Rishi Sunak has an urgent message for Elon Musk.

With writing from Nev Fountain & Tom Jamieson, Laurence Howarth, Ed Amsden & Tom Coles, Rob Darke, Edward Tew, Sarah Campbell, Sophie Dixon, Joe Topping, Lizzy Mansfield and Angela Channell. With additional material by Christopher Donovan.

Exec: Pete Strauss

Sound Design: Rich Evans

Prod Co-Ordinator: Dan Marchini

Producer: Bill Dare

FRI 19:00 The Archers (m001yxqr)

Writer: Naylah Ahmed

Director: Kim Greengrass & Mel Ward

Editor: Jeremy Howe

Brian Aldridge.... Charles Collingwood
Harrison Burns.... James Cartwright
Alice Carter.... Hollie Chapman
Chris Carter.... Wilf Scolding
Alan Franks.... John Telfer
George Grundy.... Angus Stobie
Will Grundy.... Philip Malloy
Jakob Hakansson.... Paul Venables
Joy Horville.... Jackie Lye
Alistair Lloyd.... Michael Lumsden
Paul Mack.... Joshua Riley
Adam Macy.... Andrew Wincott
Kate Madikane.... Perdita Avery
Jazzier McCreary.... Ryan Kelly
Denise Metcalf.... Clare Perkins
Fallon Rogers.... Joanna Van Kampen
Mick.... Martin Barrass
Dr Ghanam.... Philip Arditti

FRI 19:15 Screenshot (m001yxqt)

Films That Changed the World

Ellen E Jones and Mark Kermode explore whether films and TV can change the world.

First up, Ellen talks to the award-winning independent filmmaker Eliza Hittman, whose critically acclaimed 2020 drama, *Never Rarely Sometimes Always*, charts the odyssey of 17 year-old Autumn, played by newcomer Sidney Flanigan from her home town in rural Pennsylvania, to her nearest accessible abortion clinic in New York City. Ellen also meets Caren Spruch, National Director for Arts and Entertainment Engagement at US-based organisation Planned Parenthood.

They discuss her activism towards shaping TV and film storylines around abortion.

Mark ponders how two film makers have addressed homelessness in their work - rising star Lorna Tucker who's deeply personal documentary *Someone's Daughter, Someone's Son* has recently brought homelessness back into the spotlight, and film legend Ken Loach who shares how his 1966 BBC TV play *Cathy Come Home* came to be and alerted the public and politicians alike to the country's growing housing crisis.

Producer: Mae-Li Evans

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m001yxqw)

Alistair Carmichael MP, Kevin Hollinrake MP, Jonathan Reynolds MP, Sarah Swindley

Alex Forsyth presents political discussion from St Andrew's Parish Church in Sedburgh in Cumbria with the Home Affairs Spokesperson for the Lib Dems Alistair Carmichael MP, the Enterprise Minister Kevin Hollinrake MP, the Shadow Business Secretary Jonathan Reynolds MP and the Chief Executive of the Lake District Foundation Sarah Swindley

Producer: Robin Markwell

Lead broadcast engineer: Jonathan Esp

FRI 20:50 A Point of View (m001yxqy)

Apple Days

Rebecca Stott is on a quest for a decent tasting apple. Along the way she discovers a revival of interest in wonderful heritage varieties: the rough textured russets like Ashmeads Kernel, the rich, aromatic Saltcote Pippin or the sharp tanginess of the Alfriston.

Rebecca asks why - given the UK has an impressive two and a half thousand varieties of apple - we can only buy four or five in the average supermarket.

Producer: Adele Armstrong

Sound: Peter Boshier

Production coordinator: Liam Morrey

Editor: Richard Fenton-Smith

FRI 21:00 Free Thinking (m001yxr0)

Life expectations, philosophy in the world, protest

Can we still expect a meaningful job, stable income, a chance of owning property? How have expectations changed and what is the place of protest? Matthew Sweet's guests this week are: David Willetts is a former Universities Minister and now a life peer. The Rt Hon Lord Willetts FRS is also current President of the Resolution Foundation, Chair of the UK Space Agency and a visiting Professor at King's College London. His books include *The Pinch: How the Baby Boomers Took Their Children's Future - And Why They Should Give It Back* Dr Tiffany Watt Smith is Director for the Centre for the History of Emotions at Queen Mary, London. Her books include *Schadenfreude: The Joy of Another's Misfortune*, and *The Book of Human Emotions*. She was chosen as a BBC/AHRC New Generation Thinker in 2014 and you can hear her in *Free Thinking* discussions about happiness, *schadenfreude* and she presented a short feature about the science of baby laughs.

Professor Will Davies is a sociologist and political economist teaching at Goldsmiths University of London. His books include *Nervous States: How feeling took over the world*, *The Happiness Industry: How the government and big business sold us wellbeing* and *This is Not Normal: The collapse of liberal Britain*.

Elizabeth Oldfield's latest book is called *Fully Alive: Tending to the Soul in Turbulent Times*. She hosts *The Sacred* podcast and is a former director of Theos, a religion and society think tank.

Plus a report from an event this week in which the Royal Institute of Philosophy was paying tribute to its outgoing president, the political philosopher and ethicist Onora O'Neill, and welcoming her successor, the political philosopher Jonathan Wolff. We hear from Angie Hobbs, Paul, Tom Shakespeare, Grace Lockrobin, Onora O'Neill and Jo Wolff.

Producer: Luke Mulhall

FRI 22:00 The World Tonight (m001yxr2)

In depth reporting, intelligent analysis and breaking news from a global perspective.

FRI 22:45 You Are Here by David Nicholls (m001yxr4)

Episode 10

David Nicholls' new novel, *You Are Here*, follows two isolated and lonely people who are thrown together by the endeavours of a mutual friend who believes they both need to 'get out more'. A

long weekend walking in the Lake District turns into a rain-lashed and wuthering journey across the valleys and moorlands of some England's most spectacular countryside.

Marnie is a freelance copy editor, spending most of her days alone in her south London flat. After a disastrous marriage in her early 20s, romance and companionship seem to have passed her by. Now, in her late 30s, she feels it is unlikely that she will ever meet someone.

Michael is still reeling from his wife's departure, increasingly reclusive, taking himself on long, solitary walks across the moors and fells. He teaches Geography at the same Yorkshire school as Cleo who is an old friend of Marnie's. It is Cleo's bright idea to bring together a small group of people in the second half of the Easter holidays to enjoy a few days walking in the glorious Cumbrian landscape.

David Nicholls is the author of several bestselling novels including *One Day*, *Us*, and *Sweet Sorrow*. He is also an award-winning screenwriter.

Written by David Nicholls

Abridged by Jill Waters

Read by Sally Phillips and Jim Howick

Produced by Jill Waters

A Waters Company production for BBC Radio 4

FRI 23:00 Americast (m001yxr6)

Keeping up with the Kennedys: RFK Jr's run for the White House

JFK's nephew is taking on Biden and Trump as an independent. He's a big outsider but his high polling numbers are worrying the main parties, who fear that his bi-partisan policies could steal votes.

Sarah, Anthony and Marianna talk about who RFK Jr is, why he's running, and if he lives up to his reputation as one of America's most famous conspiracy theorists. And they get to the bottom of how he came to have a dead worm in his brain.

HOSTS:

- Marianna Spring, Disinformation & Social Media Correspondent
- Sarah Smith, North America editor
- Anthony Zurcher, North America Correspondent

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- Or use #Americast

US Election Unspun: Sign up for Anthony's new BBC newsletter: <https://www.bbc.co.uk/news/world-us-canada-68093155>

This episode was made by Chris Flynn with Rufus Gray, Catherine Fusillo, and Claire Betzer. The technical producer was Hannah Montgomery. The series producer is Purvee Pattni. The senior news editor is Sam Bonham.

FRI 23:30 Today in Parliament (m001yxr8)

Alicia McCarthy reports on a proposed new law to tackle cat and dog theft, why noise is bad for your health and a peer's zookeeper ambition.