

SATURDAY 13 APRIL 2024**SAT 00:00 Midnight News (m001y2y9)**

National and international news from BBC Radio 4

SAT 00:30 The Life and Rhymes of Benjamin Zephaniah (b0b17c5f)

5. Pain

The celebrated poet Benjamin Zephaniah died in December 2023. As a tribute, Radio 4 is broadcasting the 2018 Book of the Week recording of his autobiography *The Life and Rhymes of Benjamin Zephaniah*.

As the writer flourishes, the man, now a husband, suffers at the cruel hands of infertility. Desperate to have a child and be a father, Zephaniah and his wife embark on IVF but as his career flies his belief in his ability to conceive comes to an end. That pain will never leave him, but he decides to take on the taboo and talk about it in his poems and his writings, opening the doors for other people's pain to be understood.

Written and read by Benjamin Zephaniah
Abridged by Sara Davies
Producer: Celia de Wolff

A Pier production for BBC Radio 4

SAT 00:48 Shipping Forecast (m001y2yc)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m001y2yf)

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m001y2yh)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m001y2yk)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001y2ym)

A reflection and prayer to start the day with Rev Dr Bert Tosh.

SAT 05:45 Just One Thing - with Michael Mosley (m001y2z6)

Enjoy Olive Oil

Michael Mosley discovers that enjoying more olive oil in your daily diet can come with a whole host of surprising benefits, including protecting your brain, improving your memory and reducing chronic inflammation. The Mediterranean diet has been shown to be one of the healthiest in the world, and a major component of this is olive oil. Dr Bill Mullen from the University of Glasgow tells Michael about his recent research, which found that two tablespoons of olive oil a day can significantly reduce biological markers of heart disease. Meanwhile our volunteer Ellen, an avid home cook, reaps the benefits of switching to olive oil.

Series Producer: Nija Dalal-Small
Editor: Zoë Heron

A BBC Studios production for BBC Sounds / BBC Radio 4.

SAT 06:00 News and Papers (m001y7wk)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m001y2zs)

Britain's deadliest footpath

The Broomway has been dubbed the "deadliest footpath in Britain", claiming more than a hundred lives. Helen Mark takes a cautious walk along this treacherous Essex seapath with Peter Carr and John Burroughs from the Foulness Island Heritage Centre. She'll hear how people can easily become disoriented on the vast mud flats and tragically caught out by the rapidly advancing tides of the Thames Estuary. Helen will also be joined by Thea Behrman, the director of the Estuary Festival, to reflect on how this meeting point of land and sea can provide creative inspiration through its bleak beauty.

Presented by Helen Mark
Produced by Robin Markwell

SAT 06:30 Farming Today (m001y7wm)

13/04/24 - Farming Today This Week: Changes to flood payments, bird flu in cattle and SSSIs

Changes have been made to the UK Government's Farming Recovery Fund after the NFU reported "major issues" with the scheme. The Fund was announced back in January, to provide up to £25,000 to farmers affected by Storm Henck to go towards repairs to their land. Four months later, this week the Government opened that fund to applications...and almost immediately some farmers reported problems...

We are still in the midst of the worst Avian Flu outbreak we have ever seen - the highly infectious strain of the virus has reached every continent except Australia. Now, dairy cows on several farms in the USA have been infected with bird flu and a farm worker there has also tested positive. We hear from a virologist about what it could mean for farmers here.

And who should decide whether an area of land is of such great environmental importance it should be given legal protection? Currently, it's the Government's advisor for the natural environment "Natural England", which has the power to designate Sites of Special Scientific Interest. But a group of Conservative MPs wants that to change - with the final decision being made by the Secretary of State for Environment, Food and Rural Affairs instead.

Presented by Caz Graham
Produced for BBC Audio in Bristol by Heather Simons

SAT 06:57 Weather (m001y7wp)

The latest weather reports and forecast

SAT 07:00 Today (m001y7wr)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001y7wt)

Adele Roberts, Ben Elton, David Duke, Angela Hartnett

The broadcaster, marathon runner, and proud parent to her life saving stoma Audrey, Adele Roberts reveals how she overcame cancer wrote a book and danced on ice.

Writer and comedian Ben Elton whose new stand-up tour highlights his trademark incisive social commentary by exploring authentic stupidity.

David Duke went from sleeping rough and living in hostels to playing football in the Homeless World Cup and founding the Street Soccer Scotland charity helping thousands of other homeless people through the power of football.

All that, plus we have the Inheritance Tracks of chef, restaurateur and podcaster Angela Hartnett.

Presenters: Nikki Bedi and Huw Stephens
Producer: Ben Mitchell

SAT 10:00 Your Place or Mine with Shaun Keaveny (m001y7ww)

Anita Rani: Mumbai, India

Anita says Mumbai is the LA of India but when Shaun was in the actual LA he got lost in a massive bathroom showroom. So Anita has a lot to do to get him to the bustling 24-hour city that has something for everyone, except perhaps Shaun Keaveny. Resident geographer, historian and comedian Iszi Lawrence joins their trip.

Your Place Or Mine is the travel series that isn't going anywhere. Join Shaun as his guests try to convince him that it's worth getting up off the sofa and seeing the world, giving us a personal guide to their favourite place on the planet.

Producers: Beth O'Dea and Caitlin Hobbs

Your Place or Mine is a BBC Audio production for BBC Radio 4 and BBC Sounds.

SAT 10:30 Soul Music (m001y7wy)

Someone to Watch Over Me

Written by George Gershwin for the musical *Oh Kay*, *Someone To Watch Over Me* has endured as a tender ballad about searching for someone special. It has been recorded by many different artists from Ella Fitzgerald to Willie Nelson but it's perhaps Ella's version that is best known.

Lyn Mackay grew up listening to it as a small child at her parents' home in Swansea. As she grew up and became a musician and entertainer the song has changed its meaning to her over the years.

Nica Strunk heard her father singing it during one of their sessions at his piano. As he sang the line "where is the shepherd for this lost lamb?" she began to understand the difficulties he faced in expressing his emotions and the song brought them closer together.

Nicholas McInerney loved Sarah Vaughan's version and his

daughter sang it at his second wedding.

Music producers James Morgan and Juliette Pochin have been Ella Fitzgerald fans since they met as students and are thrilled to have been behind the most recent release of *Someone To Watch Over Me* using Ella's original vocals accompanied by the LSO.

Producer: Maggie Ayre

SAT 11:00 A Dentist's Life (m001y0kf)

In February 2024, the NHS dental crisis hit the headlines as hundreds of people queued outside a dental practice in Bristol to register as NHS patients. It was the latest sign of the severity of the national shortage of NHS dentists.

The Nuffield Trust have declared that NHS dentistry faces its 'most perilous point' in 75-year history and the government have responded pledging to improve access and funding for dentistry.

At the centre of this crisis are the dentists who serve our communities.

A *Dentist's Life* follows one Cornwall based dentist, Dr Jenna Murgatroyd, as she treats patients needing vital care, manages a practice facing financial risk and trains the next generation of dentists.

As a second generation dentist, Dr Murgatroyd also reflects on the past and the future of the profession and asks what it means to be a NHS community dentist today.

Produced by Mugabi Turya

SAT 11:30 From Our Own Correspondent (m001y7x0)

Insight, wit and analysis from BBC correspondents, journalists and writers from around the world

SAT 12:00 News Summary (m001y7x2)

The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m001y7x4)

Carer's Allowance and Car Insurance Costs

Tens of thousands of people who juggle caring for a loved one and having a job may be forced to cut the hours they work, according to the charity Carers UK. In April the National Living Wage was increased to £11.44, but the earnings limit for the Carer's Allowance did not go up by the same amount. The result is that some carers will be limited to working just over 13 hours a week, anything above that and they'll lose the entire benefit. Some carers have also faced demands to repay thousands of pounds that they've mistakenly received in over-payments over multiple years.

You've been contacting Money Box about rising car insurance costs. The Association of British Insurers says increases are largely down to above inflation increases to the cost of repairs, thefts and replacement cars. We look at how much premiums have risen by and what, if anything, you can do about it. And employers - take note - new changes to employment law in England, Scotland and Wales this month will impact policies on flexible working, redundancy and paternity pay and leave amongst others. We'll speak to an employment lawyer about what these changes will mean in practice for both employees and employers.

Presenter: Paul Lewis
Reporter: Dan Whitworth
Researcher: Sandra Hardial
Editor: Dan Whitworth

(first broadcast Saturday 13th April 2024)

SAT 12:30 The Now Show (m001y2xq)

Series 64

Episode 5

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches. Starring Garreth Gwynn deep diving into the archives of the internet, Laura Lexx on Russ Cook's incredible Africa run, and an original song from Jon Long. Voices from Daniel Barker and Gemma Arrowsmith.

The show was written by the cast with additional material from Zoe Tomalin, Cody Dahler, Adrian Gray and Peter Tellouche

Producer: Sasha Bokab
Executive Producer: Pete Strauss
Production Coordinator: Caroline Barlow

A BBC Studios Production for Radio 4.

SAT 12:57 Weather (m001y7x6)

The latest weather forecast

SAT 13:00 News and Weather (m001y7x8)

The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001y2xx)

Dan Jarvis MP, Alex Phillips, Enver Solomon, Andrew Stephenson MP

Alex Forsyth presents political debate from Halifax Minster in West Yorkshire with the Shadow Security Minister Dan Jarvis MP, Reform UK's Culture Spokesperson Alex Phillips, CEO of the Refugee Council Enver Solomon and the Health Minister Andrew Stephenson MP.

Producer: Camellia Sinclair

Lead broadcast engineer: Liam Juniper

SAT 14:00 Any Answers? (m001y7xb)

Topical discussion posing questions to a panel of political and media personalities

SAT 14:45 The Archers (m001y2xs)

WRITER: Keri Davies
DIRECTOR: Mel Ward
EDITOR: Jeremy Howe

Brian Aldridge.... Charles Collingwood
Lilian Bellamy.... Sunny Ormonde
Harrison Burns.... James Cartwright
Alice Carter.... Hollie Chapman
Chris Carter.... Wilf Scolding
Susan Carter.... Charlotte Martin
Harry Chilcott.... Jack Ashton
Miranda Elliott.... Lucy Fleming
Ed Grundy.... Barry Farrimond
Eddie Grundy.... Trevor Harrison
Emma Grundy.... Emerald O'Hanrahan
George Grundy.... Angus Stobie
Will Grundy.... Philip Molloy
Kate Madikane.... Perdita Avery
Hannah Riley.... Helen Longworth
Fallon Rogers.... Joanna Van Kampen

SAT 15:00 Drama on 4 (m000hmxj)

RL Stevenson's Weir of Hermiston Part 2

2/2. Archie Weir's secret meetings with Christina Elliot arouse the interest of Frank Innes who sets out to exploit her innocence. Stevenson's final novel – a powerful story of family rebellion and forbidden love - is set in Edinburgh and the Borders in the early 19th century. Stevenson died halfway through writing the novel - but, using the author's notes, Colin MacDonald's dramatisation completes the story.

Kirstie.....PHYLLIS LOGAN
Archie Weir.....JACK LOWDEN
Lord Hermiston.....PAUL YOUNG
Frank Innes.....FINN DEN HERTOEG
Christina Elliot.....HELEN MACKAY
Dand Elliot.....SIMON DONALDSON
Davie Leslie.....SIMON TAIT
Lord Hume/Auctioneer.....KENNY BLYTH
Kelly/ Warder.....ALASDAIR HANKINSON
Pringle /Campbell.....OWEN WHITELAW
Other parts played by the cast.

Producer/Director : Bruce Young

SAT 16:00 Woman's Hour (m001y7xd)

Weekend Woman's Hour: Juliet open letter, Vogue's Chioma Nnadi, Female Psychopath

This week, it was announced that 883 actors, writers, comedians and creatives had signed an open letter in support of Francesca Amewudah-Rivers, the star in a new production of Romeo & Juliet, due to run in London's West End next month. The open letter came after a statement was published by the Jamie Lloyd Company, "Following the announcement of our Romeo & Juliet cast, there has been a barrage of deplorable racial abuse online directed towards a member of our company..." It was co-authored by actor Susan Wokoma who told us about the open letter.

We hear from the new head of British Vogue Chioma Nnadi, a London born, fashion journalist, podcaster and the first black woman to lead the title.

We hear the stories of women living in a women's refuge in London.

Do you remember our segment on female psychopaths? We hear from one woman who has been officially diagnosed with the condition, M.E Thomas.

The pioneering feminist, journalist and activist Gloria Steinem made a name for herself in the 1960s and 70s through her journalism, which included going undercover at the New York Playboy Club to expose exploitative working conditions. She co-founded the Women's Action Alliance and in 1972 she co-founded Ms Magazine, putting conversations about gender equality, reproductive rights and social justice in the spotlight, and bringing the issues of the women's rights movement into the mainstream. Gloria has just celebrated her 90th birthday and tells us about the current state of reproductive rights in the US, the importance of community and hosting her own women's talking circle.

Could we be happier and more successful if we acted like toddlers? Dr Hasan Merali, Paediatric emergency medicine physician, Associate Professor at McMaster University and author of Sleep Well, Take Risks, Squish the Peas, tells us what we can learn about self-improvement from toddlers.

And we have music from the singer songwriter Rebecca Ferguson.

Presenter: Anita Rani
Producer: Rabeka Nurmahomed

SAT 17:00 PM (m001y7xg)

Full coverage of the day's news.

SAT 17:30 Sliced Bread (m001y2zj)

Toast - Vine

Why was the video sharing platform, Vine, closed down?

Sean Farrington discovers what happened to the app which pioneered short, shareable videos on social media.

Sean speaks to one of Vine's founders, Rus Yusupov, the Vine content creator, Eric Dunn, and the BBC's Technology Editor, Zoe Kleinman.

Alongside them all analysing Vine's fortunes is the self-made millionaire and serial entrepreneur, Sam White.

Produced by Viant Siddique, Toast is a BBC Audio North production for Radio 4 and BBC Sounds.

You can email the programme at toast@bbc.co.uk

Feel free to suggest topics which could be covered in future episodes.

Sliced Bread returns for a new batch of investigations in May. In the new series, Greg Foot will investigate more of the latest so-called wonder products to find out whether they really are the best thing since sliced bread. In the meantime, Toast is available in the Sliced Bread feed on BBC Sounds.

SAT 17:54 Shipping Forecast (m001y7xj)

The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m001y7xl)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m001y7xn)

The latest national and international news from BBC Radio 4

SAT 18:15 Loose Ends (m001yb8j)

Lesley Sharp; Al Murray; Bettany Hughes; Nisha Katona; The Wandering Hearts; Guy Chambers; Amanny Mo and Clive Anderson

Stand up comic Al Murray on 30 years of his outspoken stage persona The Pub Landlord and his more recent side-hustle as a history podcaster; Actor Lesley Sharp on playing a spy in her high octane thriller set on a London to Beijing flight and called Red Eye; Historian Bettany Hughes on her new series of World Civilisations; Restaurateur Nisha Katona on giving up being a barrister only to end up being a judge - on the Great British Menu and Guy Chambers on co-writing some of pop's greatest hits like Angels and Millennium with Robbie Williams and getting back together to record with his band The Lemon Trees. Plus performance from rising stars of British Country The Wandering Hearts.

Presented by Clive Anderson
Produced by Olive Clancy

SAT 19:00 Profile (m001y7xs)

An insight into the character of an influential person making the news headlines

SAT 19:15 This Cultural Life (m001yb9l)

Antonio Pappano

Sir Antonio Pappano is one of the world's most acclaimed conductors. He started work at the age of ten as an accompanist for his father, who worked as a singing teacher. After leading orchestras in Brussels and Oslo, Pappano was appointed as musical director of the Royal Opera House in 2002. Stepping down after 22 years leading Covent Garden, he has joined the London Symphony Orchestra as chief conductor. Antonio Pappano was knighted in 2012 and conducted the orchestra at the coronation of King Charles III in 2023. An award winning recording artist, he has conducted on over 70 live and studio albums.

Antonio Pappano tells John Wilson about his upbringing in a central London council flat, the son of Italian immigrants, and his love of music from an early age. He recalls the significance of receiving his grade 5 piano examination result by post, "a lightbulb moment" in which he realised what he wanted to do with his life. He also describes his parents' grief after the death of his baby sister, which led to the Pappano family moving to Connecticut, where Antonio continued his musical tuition under a local piano teacher called Norma Verrilli and composer Arnold Franchetti. His professional career was nurtured by conductor and pianist Daniel Barenboim who employed Pappano as his assistant for six years, a period in which he learned the art of conducting. He also looks back at his 22 years leading the Royal Opera at Covent Garden and talks candidly of his concerns about the funding and championing of opera in the UK.

Producer: Edwina Pitman

Music and archive:

Puccini, Turandot, Act 1 Ah! per l'ultima volta!
Liszt, Consolations S.172 for piano no.3 in D flat major; Lento placid
Monteverdi, Dolci miei sospiri
Gershwin, The Man I love
Prokofiev, Symphony No.1 in D Major, Op.25 for two pianos
Mozart, Piano Concerto No. 20 in D Minor, K. 466 I. Allegro
Wagner, Das Rheingold, Act 1, Rheingold, Rheingold!
Wagner, Tristan und Isolde, WWV 90, Act 3 Scene 2 O diese Sonne!
Götterdämmerung, Act 3 Siegfrieds Traumarsch
Following Pappano, BBC Radio 4, September 2017
Puccini, La Boheme, Act 1, Che gelida manina
Strauss, Ariadne auf Naxos, Opera
Handel, Zadok the Priest, HWV 258
Mozart, Le Nozze di Figaro, Act 3 Sull'aria che soave zeffiretto
Vaughan Williams, Fantasia on a Theme by Thomas Tallis
Ades, Three-piece Suite from Powder Her Face - Suite No.1

SAT 20:00 Archive on 4 (m001xnvk)

7" of Joy: The Single at 75

What makes the 7" single so magical is its power to instantly gratify, its ability to get the job done and dusted in approximately two minutes and 57 seconds. Its power outstrips its modest size.

Born out of a commercial war between record labels - shellac was expensive and fragile - RCA Records released the first 7" record on 10th January 1949. Eight decades later 7" singles are in more demand than ever from avid collectors - some commanding four figure sums - and a whole new generation born when the iPod became king are discovering the beauty of the physical 7" over the digital file and streaming.

In this Archive on 4, Pete Waterman, who knows a thing or two about the 7" single, charts its history since the 1940s.

Along the way, he hears from a plethora of people for whom the single has played a huge part of their lives - Petula Clark and John Leyton of 'Johnny Remember Me' fame remember the early years as recording artists in the 1950s. There was the moral panic of the rock'n'roll and beat generation, as mothers in headscarves queued up decrying the degenerative influence of the coffee bar and its jukebox. But the force of the 7" single changed lives, and helped to introduce the world to the teenager.

Pete guides us through pop culture high points, and low points, when British artists dominated the US singles charts - events that injected a newfound confidence and self-belief into the domestic music industry.

Among those recalling their own relationship with the 7" single is composer Simon May (of EastEnders fame) who had a series of singles hits in the 70s . He explains the excitement of watching the unlikely success stories rise up the charts. Pete also talks to producer Royston Mayoh who made the 80s ITV

music shows Razzmatazz and The Tube.

We hear about 7" singles parties when enthusiastic young fans would show off and swap their latest records. Pete talks about the sound of the vinyl single, we hear how they were made initially and from one of only two Jukebox factories that exist in the world where they are still making vinyl 7" singles

Pete looks at the phenomenon of the A and B side, the charity and novelty songs which were greatly enabled by the 7" market and the way covers changed everything in later years, and the bizarre and off-beat world of the "flexidisc" - the freebie giveaway often found on the cover of magazines.

Where does the single fit in history and where does it sit today? Peter Waterman, tries to answer the question in a way only he can.

Producers: Wayne Wright and Ashley Byrne
A Made in Manchester production for BBC Radio 4

SAT 21:00 Legend (m001s5lr)
The Joni Mitchell Story

2. Lady of the Canyon

Joni Mitchell's songs have soundtracked our lives and her pioneering work changed music forever. Jesca Hoop explores her extraordinary story to reveal the life behind the legend.

In episode two we follow Joni from 1964 through to late 1969. Joni makes a 'bad marriage', signs adoption papers, leaves a bad marriage, makes it to Greenwich Village and then to LA's Laurel Canyon. We find out about the inspiration for some of her best known songs, including Little Green and Both Sides Now. In 1968, her recording career begins with her debut album 'Song to a Seagull'; with two more records following in quick succession - Clouds, and Ladies of the Canyon. In 1969, she is heartbroken to miss out on one of the biggest events of her generation - Woodstock. But - despite not getting to go - she writes a song that will help to define the event, and the era, in the popular imagination.

"I've always been a creature of change" – Joni Mitchell

Through archive, fresh interviews, narration, immersive sound design and an original score, we trace the story of an extraordinary life and explore what makes Joni Mitchell a singular artist: the genius of her lyrics; her incredible talent as guitarist, painter and producer; and her restless drive for innovation.

In Legend, we follow Joni from her 'flatlander' childhood on the Canadian prairies, through the folk clubs of Toronto and Detroit, to a redwood cottage in L.A.'s Laurel Canyon, to a cave in Crete, to a deserted desert highway, to recording studios and stages around the world. From her earliest home recordings to masterpieces like Blue, Court and Spark, and Hejira, we explore some of the stories behind her best-loved songs and celebrate her remarkable return to live performance in 2023: "like seeing, in the wild, a rare bird long feared extinct".

Our guide through the series is the California-born, Manchester-based musician, Jesca Hoop. Jesca speaks to musicians like Blake Mills, Allison Russell, Holly Laessig and Jess Wolfe, who have played alongside Joni, and we hear tributes from those, like musician John Grant, who have been inspired and influenced by her music. We also hear from Joni's friends, including Larry Klein and Graham Nash; and from music critics and biographers, including Ann Powers, David Yaffe, Lindsay Zoladz, Kate Mossman, Barney Hoskyns, Miles Grier and Jenn Pelly.

The Joni Mitchell Story comes from the production team behind BBC Radio 4's award-winning podcast Soul Music – "... the gold standard for music podcasts..." (Esquire).

Producers: Mair Bosworth and Eliza Lomas
Production Coordinator: Andrew Lewis
Editor: Chris Ledgard
Story Editor: Emma Harding
Story Consultant: John Yorke
Sound Design and Original Music: Hannis Brown
Studio Engineers: Ilse Lademann and Michael Harrison
Commissioning Editor: Daniel Clarke

SAT 21:30 Influenced (m001y28c)
Helen Lewis Has Left the Chat

Left the Chat: No 2. Fax Machines and Foxy Natashas

In 2016, amid the post-EU referendum chaos, one man had an idea. His name was Steve Baker, and he was a low-profile Tory MP. But his WhatsApp group - the home of the hard Brexiteers - soon became the most powerful force in British politics. Sam Coates of Sky News thinks that political WhatsApp groups like Baker's helped bring down three Conservative prime ministers

in a row.

The second of these, Boris Johnson, was a "WhatsApp addict", according to his former chief of staff Dominic Cummings. And so, during Covid when Number 10 was still using fax machines to get NHS data, everyone turned to instant messaging instead. Forget "sofa government", this was even more informal - as well as faster, more fluid and full of swearing.

But, Helen Lewis asks Cummings, is this really the best way to govern a country? What about the possibility of leaks, hacks - and conveniently lost messages when an inquiry rolls around?

Producer: Tom Pooley
Assistant Producer: Orla O'Brien
Sound Design: Louis Blatherwick
Editor: Craig Templeton Smith
Original music: Coach Conrad

A Tempo & Talker production for BBC Radio 4

SAT 22:00 News (m001y7xv)
The latest national and international news from BBC Radio 4

SAT 22:15 The Food Programme (m001y2wx)
A Celebration of the Birthday Cake

Jaega Wise delves into the history, traditions and culture surrounding the birthday cake, meeting bespoke baker Adam Cox, and attending a traditional Mexican "cake smash" along the way. She'll also find out what happens when a cake historian takes on the task of baking a traditional roman-style cake, and pick up some tips for the best birthday bakes from none other than Dame Mary Berry. And there's a very special delivery for one 13 year old girl from a community network of bakers trying to ensure that absolutely all children get a birthday cake.

Produced by Tory Pope for BBC Audio in Bristol

SAT 23:00 You Heard It Here First (m001y7xx)
Series 2

Two: 'Dropping a Grandfather clock on your foot!'

Chris McCausland asks Ninia Benjamin and Justin Moorehouse to take on Laura Smyth and Milton Jones. An obscure audio description of a popular film turns out to be Laura Smyth's favourite Christmas Film. The teams must figure out what on earth is being advertised on TV, guess what iconic images children are talking about, and work out which opening scenes of movies are being audio described.

Producer: Sasha Bobak
Assistant Producer: Becky Carewe-Jeffries
Executive Producer: Richard Morris
Production Coordinator: Dan Marchini

A BBC Studios Production

An EcoAudio certified production

SAT 23:30 Round Britain Quiz (m001yjt)
Programme 5, 2024

(5/12)

Kirsty Lang chairs another closely-contested battle of wits between Marcus Berkman and Paul Sinha for the South of England, and Frankie Fanko and Stephen Maddock for the Midlands.

Today's questions are:

Q1 Explain why you might be spellbound by a group of male strippers, the Beatles' parasitic friend and one of the all-time NBA greats?

Q2 What do the Maid of Buttermere, William Bloke and (doubly so) the recipients of the 1915 Nobel Prize for Physics have to boast about?

Q3 Music: Which titular Oscar Wilde character might you add to this collection?

Q4 How might you help a day in Spain to become a baker from Llareggub, a Gilbertian Princess, a German cobbler and an airport in Washington?

Q5 By adding nothing, turn an Arsenal manager into a Long Day's Journeyman, two World Snooker champions into a liberator of South America, the father and murderer of twins in a classic horror film into Lily Savage, and one half of a Trollope novel into the other half.

Q6 Music: Why are we playing you these in this order?

Q7 (from Simon Meara) If an ornithological orb scores 50,000, Highlands headwear 300,000 and a Charleston cropper two million, which social media site out-performs them all?

Q8 A board game in Japan, a device for moving fluids in Wales, a guinea-pig in the Balkans and the capital of Peru in the Pacific: is this the right number of clues?

Producer: Paul Bajoria

SUNDAY 14 APRIL 2024

SUN 00:00 Midnight News (m001y7xz)
The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Bookclub (m001y229)
Clare Chambers: Small Pleasures

Clare Chambers talks to James Naughtie and readers about her bestselling novel, Small Pleasures. Set in the London suburbs in the 1950s, it tells the story of Jean Swinney, a journalist who is asked to investigate a letter sent to her paper, from a mother claiming her daughter is the result of a virgin birth. Jean meets the mother, Gretchen; her husband, Howard and daughter Margaret and is drawn into their family life. Her investigations soon expand both her world, and her heart.

Upcoming recordings, at BBC Broadcasting House in London:

Wednesday 24 April at 1800 - Nicholas Shakespeare on Six Minutes In May

Wednesday 15 May at 1300 - Lucy Caldwell on These Days.

Thursday 6 June at 1245 - Marlon James on A Brief History of Seven Killings

Wednesday 10 July at 1830 - Ayòbámi Adébjáyò on Stay With Me

Email bookclub@bbc.co.uk to take part. Over 18s only.

SUN 00:48 Shipping Forecast (m001y7y1)
The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m001y7y3)
BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m001y7y5)
The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m001y7y7)
The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001y7y9)
The church of St Kyneburgha in Castor, Cambridgeshire

Bells on Sunday, comes from the church of St Kyneburgha in Castor, Cambridgeshire. The original Saxon church was sacked by the Vikings in the 9th century and eventually rebuilt and dedicated in 1124. Today the fine Norman tower houses a ring of eight bells with the tenor weighing ten hundredweight and tuned to the note of G. We hear them ringing Plain Bob Triples to celebrate the 900th anniversary of the dedication.

SUN 05:45 In Touch (m001y27j)
Hotel Stays with a Guide Dog; The Great Escape

A new hotel in London, that belongs to a big-name franchise, initially declared on their website that service dogs are not welcome. Dave and Karen Cloherty were left in shock when they came to book a room for them and their guide dog for an annual appointment at Moorfield's Eye Hospital, given that the hotel in question is just a few minutes walk from the hospital. The hotel have since amended their website, but we hear about the case from the Clohertys and about the equality law that relates to services such as hotels, from disability rights lawyer Chris Fry.

The 1963 film The Great Escape is based on the famous prison break, where imprisoned allied soldiers escape from a Nazi camp during World War Two. Sangeeta Uppaladinni had an instant fascination with the film and the original story and so travelled to Poland with her guide dog, to mark the 80th anniversary of the original story.

Presenter: Peter White
Producer: Beth Hemmings

Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

SUN 06:00 News Summary (m001y9j8)

The latest national and international news from BBC Radio 4

SUN 06:05 Beyond Belief (m001y272)

Assisted Dying

Giles Fraser hears about Alison Davis, who was in pain, very unwell and wanted to die. Her friend and carer Colin Harte describes how she changed her mind and went on to campaign against euthanasia, or assisted dying, and also developed a Catholic faith.

The debate about assisted dying, the right to choose when and how we die if we're terminally ill, is back in the political spotlight. Life, death and attitudes to suffering are at the heart of all religions. After hearing Alison's story, a panel of people of faith discuss how their beliefs shape their views on this fundamental question.

With Rabbi Jonathan Romain, Canon Rosie Harper, Rev Katie Tupling and Baljit Singh.

Presenter: Giles Fraser

Editor: Dan Tierney

Producers: Ruth Purser and Rebecca Maxted

SUN 06:35 On Your Farm (m001y9jb)

Haweswater: Farming, Wildlife and Water

Caz Graham visits Wild Haweswater - a Cumbrian hill farm run by the Royal Society for the Protection of Birds. Since taking over the tenancy in 2011, the charity has drastically reduced the number of sheep grazing on the hills, focusing instead on conservation and land restoration. It's been a controversial project, attracting fierce criticism. Caz talks to Lee Schofield, who has run the operation since 2012, but who is now moving on to a new job. She asks whether conservation can ever work in harmony with productive hill farming, and hears Lee's thoughts as he looks back over his eleven years on the farm.

Caz meets David and Faith Garvey, the couple managing the farm's livestock of 300 breeding ewes, thirty cattle and four fell ponies. She hears how different animals graze in different ways - with different impacts on the land, the plants and the biodiversity. Haweswater also aims to involve the public on the farm. Annabel Rushton shows Caz their new badger-watching hide and explains about the involvement of other staff and volunteers. Caz finds out how these projects fit with both a farming business and a large-scale landscape recovery scheme, and asks about the team's plans for the future.

Produced by Emma Campbell

SUN 06:57 Weather (m001y9jd)

The latest weather reports and forecast

SUN 07:00 News and Papers (m001y9jg)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001y9jj)

A look at the ethical and religious issues of the week

SUN 07:54 Radio 4 Appeal (m001y8h2)

Chance for Childhood

Comedian Milton Jones, ambassador for Chance for Childhood, makes the Radio 4 Appeal on behalf of the charity.

To Give:

- UK Freephone 0800 404 8144

- You can donate online at bbc.co.uk/appeal/radio4

- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Chance for Childhood'.

- Cheques should be made payable to 'Chance for Childhood'. Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Charity number: 1013587

SUN 07:57 Weather (m001y9ji)

The latest weather reports and forecast

SUN 08:00 News and Papers (m001y9jn)

The latest news headlines. Including a look at the Sunday papers

SUN 08:10 Sunday Worship (m001y9jj)

Peace be with you

'Peace be with you' are the first words spoken by Jesus to his disciples as the Risen Lord.

The gospel reading Luke 24 35-48 recalls Jesus meeting the frightened disciples after his crucifixion and resurrection. Jesus reassures them, shows them his hands and feet and it is a reminder that the hope of the resurrection brings with it a call for peace and reconciliation.

On this third Sunday of Easter, Sunday Worship comes from the Metropolitan Cathedral in Liverpool celebrating the Holy Eucharist.

The recorded service is led Canon Anthony O'Brien, the Dean of the Cathedral and the preacher is Bishop Thomas Neylon, Auxiliary Bishop of the Diocese.

The music is sung by the Cathedral Youth Choir which is made up of teenagers and young adults who were all former boy and girl chorists. The music includes My Song is Love Unknown, A Gaelic Blessing (Rutter) and the Mass setting Missa Brevis by Nicholas Wilton

Producer: Miriam Williamson

SUN 08:48 A Point of View (m001y2xz)

It's all right for you

Sara Wheeler reflects on the experience of being a sibling to her brother who has a lifelong disability.

"Posting on social media on National Siblings Day, which fell on a Wednesday this year, brothers and sisters like me express pride. 'You love them more, not less' is a common thread. Because what all this is really about is the sibling's acute awareness of the lack of empathy routinely shown to the disabled - after all, childhood gives us, the siblings, a unique perspective. It's 'Does he take sugar?' times ten - ignoring the point of view of the disabled person and not even trying to stand in her shoes. Ask us. We know."

Producer: Sheila Cook

Sound: Peter Boshier

Production coordinator: Liam Morrey

Editor: Penny Murphy

SUN 08:58 Tweet of the Day (m001y9js)

Jackie Morris on the Tyneside Kittiwakes

A brand new series of Tweet of the Day for Sunday morning revealing personal and fascinating stories from some fresh voices who have been inspired by birds, their calls and encounters.

British writer, artist and illustrator Jackie Morris brings the sea washed kittiwake life into the cityscape of Tyneside. Her poetic vision of this species normally found out to sea or along the coast, celebrates this unique breeding colony further inland than any other kittiwakes in the World.

A BBC Audio Production from Bristol

Producer Andrew Dawes

Studio Manager: Ilse Lademann

SUN 09:00 Broadcasting House (m001y9jv)

The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Reunion (m001y8g2)

The 1996 Mount Everest disaster

Reaching the summit of Everest is a lifelong ambition for many mountaineers. But climbing the world's highest mountain requires years of gruelling training and costs a significant amount of money. There are also deadly dangers along the way, from avalanches to altitude sickness.

Since Tenzing Norgay and Sir Edmund Hillary first reached the summit in 1953, dozens of commercial outfits have emerged promising to take clients to one of the most inaccessible places on Earth. Thousands of climbers have succeeded, but many have failed or even died in the process.

In the spring of 1996, hundreds of people were trying to reach the summit of Everest. Among them was Rob Hall, a New Zealand mountain guide leading an international expedition of paying clients, and another team led by the American Scott

Fischer. Both men were accomplished mountaineers who were well-respected in the industry.

But a deadly storm enveloped the upper slopes of the mountain, and eight climbers died during a 48-hour period in May 1996 - including Scott Fischer and Rob Hall.

In this episode, Kirsty is joined by:

Lene Gammellaard, a mountaineer who was a client on Scott Fischer's expedition team.

Helen Wilton, basecamp manager with Rob Hall's expedition team.

Leader of the Taiwanese expedition team Makalu Gau who survived the night near the summit of Everest.

Neil Laughton, a mountaineer who was near the summit when the storm hit.

British mountaineer Alan Hinkes who was attempting to summit from the North Side of Everest with a team that included actor Brian Blessed.

Mike Trueman, a British mountaineer who helped coordinate the rescue effort from base camp.

Voiceover actor for Makalu Gau: Windson Liong

Producer: Emily Uchida Finch

Series Producer: David Prest

A Whistledown production for BBC Radio 4

SUN 11:00 The Archers Omnibus (m001y9jx)

WRITER: Keri Davies

DIRECTOR: Mel Ward

Brian Aldridge.... Charles Collingwood

Lilian Bellamy.... Sunny Ormonde

Harrison Burns.... James Cartwright

Alice Carter.... Hollie Chapman

Chris Carter.... Wilf Scolding

Susan Carter.... Charlotte Martin

Harry Chilcott.... Jack Ashton

Miranda Elliott.... Lucy Fleming

Ed Grundy.... Barry Farrimond

Eddie Grundy.... Trevor Harrison

Emma Grundy.... Emerald O'Hanrahan

George Grundy.... Angus Stobie

Will Grundy.... Philip Mollay

Kate Madikane.... Perdita Avery

Hannah Riley.... Helen Longworth

Fallon Rogers.... Joanna Van Kampen

SUN 12:15 Profile (m001y7xs)

[Repeat of broadcast at 19:00 on Saturday]

SUN 12:30 It's a Fair Cop (m001y1yq)

Series 8

2. Anger Management

How does a Police Officer deal with anger?

Have you ever let your anger get the better of you? In today's case Alfie is sent to a neighbour dispute only to arrive to find a crazed man wielding a fencing post...

Join Alfie and his audience cops as they decided the best course of action to deal with a man who might be a danger to himself and others.

Written and presented by Alfie Moore

Script Editor: Will Ing

Production Co-ordinator: Katie Baum

Producer: Sam Holmes

An EcoAudio Certified Production

A BBC Studios Audio Production

SUN 12:57 Weather (m001y9jz)

The latest weather forecast

SUN 13:00 The World This Weekend (m001y9k1)

Radio 4's look at the week's big stories from both home and around the world.

SUN 13:30 Haiti - Descent Into Anarchy (m001yf8h)

Mike Thomson looks at Haiti's long descent into anarchy.

SUN 14:00 Gardeners' Question Time (m001y2xd)

Harris Garden

What type of plants could I grow to use as flavouring in my gin?

What's eaten the heads of my daffodils? What hardy exotic plants could I grow in my garden?

Peter Gibbs and his league of horticultural experts are in

Reading for this week's episode of Gardeners' Question Time.

Joining Peter to unearth answers to the audience's gardening conundrums are passionate plantsman Matthew Biggs, garden designer Juliet Sargeant and self-proclaimed botany geek James Wong.

Later in the show, we hear from Chris Beardshaw who shares advice on the best type of pots to put your plants in during the spring.

Producer: Dominic Tyerman

Assistant Producer: Dulcie Whadcock

Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

SUN 14:45 Opening Lines (m001y9k3)
The Shell Seekers

John Yorke explores Rosamunde Pilcher's sweeping family saga, *The Shell Seekers*.

Published in 1987, this captivating story of life and love is a phenomenon in its own quiet way. It has been named among the best-loved books of all time, selling more than 10 million copies. The novel spans four decades in the life of Penelope Keeling, free-spirited and elegant, a mother of three children that she loves dearly - but does not always like.

Penelope navigates relationships, love and loss against a Sunday supplement backdrop of the cosy Cotswolds, an idyllic Cornish childhood, and the terrors of the Blitz. At its heart is the question of family - the one to which you are bound by blood, and the one you construct along the way.

It's a lesson in living life well and being true to yourself, no matter the cards you are dealt. But despite its romance and idealism, *The Shell Seekers* is not a novel to be sneered at - as John discovers.

John Yorke has worked in television and radio for nearly 30 years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatised on BBC Radio 4. From *EastEnders* to *The Archers*, *Life on Mars* to *Shameless*, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate with audiences around the globe and has brought together his experience in his bestselling book *Into the Woods*. As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy John has trained a generation of screenwriters - his students have had 17 green-lights in the last two years alone.

Contributors:

Alison Flood, Culture Editor at New Scientist.
Harriet Evans, bestselling author of 14 novels, most recently *The Stargazers*.

Credits:

The Shell Seekers by Rosamunde Pilcher, published in Great Britain in 1988.

Readings: Jennifer Aries

Researcher: Nina Semple

Production Manager: Sarah Wright

Sound: Sean Kerwin

Producer: Redzi Bernard

Executive Producer: Sara Davies

A Pier production for BBC Radio 4

SUN 15:00 The Shell Seekers (m001y9k5)
Episode 1

Penelope's prized possession is *The Shell Seekers*, painted by her father, and symbolizing her unconventional life, from bohemian childhood to wartime romance. When her adult children learn their grandfather's work is now worth a fortune, each has an idea as to what Penelope should do. But as she recalls the passions, tragedies, and secrets of her life, she knows there is only one answer...and it lies in her heart and that is what helps to unlock the key to Penelope's final decision.

Written by Rosamunde Pilcher and dramatised by Lin Coghlan

The Narrator, Rosamunde Pilcher Jessica Turner
Penelope Emma Fielding
Olivia Emily Berrington
Nancy Jasmine Hyde
Young Penelope Kitty O'Sullivan

Noel/Ambrose Will Kirk
Cosmo John Lightbody
Antonia Imogen Front
Danus Ian Dunnett Jnr
Lawrence Michael Bertenshaw
Doris Debra Baker
Miss Pawson Anna Spearpoint

Directed by Tracey Neale

An instant bestseller when it was first published and still one of the highest bestselling British family sagas of the past four decades, Rosamunde Pilcher's *The Shell Seekers* is an enduring classic which has touched the hearts of millions of readers worldwide.

Set in Gloucestershire, London, Cornwall and Ibiza and shifting between 1939 and 1985. This is the story of one family and the passions and heartbreaks that have held them together.

Artist's daughter Penelope Keeling can look back on a full and varied life. She has brought up three children - and learned to accept them as they are. Yet she has no intention of settling sweetly into pensioned-off old-age. She wants to live. A story of memory, fate, loss, trauma, connection, and the cost of maintaining that. Is family, everything, after all?

Writer, Rosamunde Pilcher
Dramatised by Lin Coghlan
Produced and Directed by Tracey Neale

SUN 16:00 Open Book (m001y9k8)
Percival Everett

US author Percival Everett talks about his new novel, *James* - a retelling of *Huckleberry Finn*, told from the point of view of runaway slave, Jim.

Plus, writing openly about the challenges of motherhood, and doing so with humour. Shahidha talks to two authors who have done just that, in the short story form: Naomi Wood, winner of the BBC Short Story Award, and author of a new collection, *This Is Why We Can't Have Nice Things*, and to Helen Simpson who wrote the collection *Motherhood*, and Hey Yeah Right Get *A Life* over 20 years previously.

Presenter: Shahidha Bari
Producer: Emma Wallace

Book List – Sunday 14 April and Sunday 21 April

James by Percival Everett
The Trees by Percival Everett
American Fiction by Percival Everett
Huckleberry Finn by Mark Twain
Wild Sargasso Sea by Jean Rhys
Jane Eyre by Charlotte Brontë
Foe by JM Coetzee
Robinson Crusoe by Daniel Defoe
Comorbidities by Naomi Wood
This is Why We Can't Have Nice Things by Naomi Wood
Motherhood by Helen Simpson
The Wren, the Wren by Anne Enright
I Don't Know How She Does it by Allison Pearson
My Phantoms by Gwendoline Riley
Openings: Thirteen Stories by Lucy Caldwell
Sudden Traveller by Sarah Hall
Madame Zero by Sarah Hall
The Collected Stories of Grace Paley
The Squire by Enid Bagnold

SUN 16:30 Round Britain Quiz (m001yjp6)
Programme 6, 2024

(6/12)

Kirsty Lang welcomes back the Scots and the North of England to the Round Britain Quiz drawing room. Both teams are looking for their first win of the 2024 series. Val McDermid and Alan McCreddie play for Scotland, against Stuart Maconie and Adele Geras of the North of England.

Today's questions are:

Q1 (from James Bingham) Where might you find the lover of Mikhail's writer hero, the catch-phrase 'Book 'em Danno', a suite of violin concerti and Jagger's man of wealth and taste?

Q2 (from Jeff Flatters) What's the double connection between a Caribbean watering-hole, a group of Celtic cross-dressers and some custard?

Q3 Music: Where might you find these in close proximity?

Q4 (from Jonathan Allum) What's the connection between a 1968 novel by Agatha Christie, a 1962 novel by Ray Bradbury, a 1973 novel by Alastair Maclean and a 2022 novel by Gabrielle Zevin, and why might you have to be careful when explaining/

it?

Q5 Explain why Isherwood's Cabaret heroine, a Glasgow rock band who celebrated Miss America, and a Gungan General (twice), might help you with dinner?

Q6 (from Ivan Whetton) Music: Who are these people, and why might Potter's Marlowe complete a quartet?

Q7 (from Dave Ruddiman) Why would gravity work against an unauthorised habitation, Caribbean spicing, a contaminant-free facility and a Guy Ritchie thriller?

Q8 (from Charles Gilman) Where do the namesakes of Billy Bunter, Peter Chapman and Harry Angstrom meet, and how did Jane Smiley cover ten times their territory?

Producer: Paul Bajoria

SUN 17:00 Witness History (w3ct4xd3)
When disposable nappies were invented

In 1947, after the birth of her third child, Valerie Hunter Gordon, from Surrey decided she was sick of the drudgery of cloth nappies. She came up with a solution – a reusable outer garment, initially made out of parachute material, with a disposable, biodegradable pad inside. She named it the Paddi and once her friends saw it, they all wanted one, so she went into business. Rachel Naylor speaks to Nigel Hunter Gordon, Valerie's son, who modelled them as a baby in the first adverts.

SUN 17:10 The Patch (m001y1xl)
St Mary Cray

One random postcode, and a story you probably haven't heard before.

When producer Polly Weston arrives, she is met by a blocked road. Storms have brought down an enormous tree in the cemetery and taken out a wall, blocking her way into the postcode. A small crowd had gathered. It turns out, the cemetery is known locally as the travellers' resting place. St Mary Cray is thought to have one of the largest settled communities of Romani travellers in the UK.

Social media is full of disparaging comments about the road which the cemetery sits on, but conversations with locals tell a very different story. Initially struck by how the cemetery is cared for by the local community, Polly discovers a hidden history, and a culture around death and bereavement which is thought provoking and unique.

Produced and Presented in Bristol by Polly Weston
Mixed by Ilse Lademann
Editor: Chris Ledgard
Commissioning Editor: Dan Clarke

SUN 17:54 Shipping Forecast (m001y9kf)
The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m001y9kh)
The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m001y9kk)
National and international news from BBC Radio 4

SUN 18:15 Pick of the Week (m001y9km)
Shari Vahl

Shari Vahl chooses audio highlights from the past week.

SUN 19:00 The Archers (m001y8b0)
Kate attempts to be diplomatic, and there's tension at the first cricket match.

SUN 19:15 Fragments - The London Nail Bombings (m001y9kp)
It's 25 years since London suffered three vicious nail bomb attacks - holdalls filled with 4-inch nails and hand-made explosives planted in Brixton market, Brick Lane and in the bar of the Admiral Duncan pub in Soho, intended to cause damage to those in the immediate vicinity and to the notion of a tolerant, diverse capital city.

The attacks are recorded in photographs shared at the time by the press - of London streets strewn with damaged buildings and injured people, an x-ray of a toddler with a nail embedded in his skull, the wedding photograph of two victims (one killed, the other severely injured) and the police mugshot of the

perpetrator, a far right terrorist who hoped to start a 'racial war in this country'.

Fragments looks again at these images - some taken by Chris Taylor who happened to be on assignment in Soho's market photographing vegetables - to consider what it means for an instant to be captured and to endure in our memories and understanding of traumatic events.

Including contributions from photographer Chris Taylor; Jonathan Cash, who survived the Soho attack, Emdad Talukder, who was injured in Brick Lane and business owner Leo Epstein.

Music composed by Alan Hall, with Eleanor McDowall (chimes) and Alan Hall (trumpet)

Producer: Alan Hall
A Falling Tree production for BBC Radio Four

(Photo credit: ChrisTaylorPhotography.com)

SUN 19:45 Why Do We Do That? (m001dp2g)
Why Do We Do Things That Are Bad For Us?

Ella Al-Shamahi is joined by psychologist Prof Laurence Steinberg and DJ / presenter Arielle Free to explore why we are drawn to do things that are bad for us. If our evolutionary purpose is to survive long enough to pass on genes, why do we knowingly put our lives at risk? Ella delves into a theory called costly signalling which may explain why we do risky things when there are others watching – is it just a way of showing off good genes? Dr Laurence Steinberg, Professor of Psychology at Temple University talks about dopamine sensitivity, brain imaging and our biological drive to take more risks during adolescence.

SUN 20:00 Feedback (m001y2zv)
Café Hope, Book Of The Week And Long Wave

Andrea Catherwood talks to Rachel Burden, the presenter of Cafe Hope, about the need to hear more positive stories, and gets your views on the new programme.

She also hears the thoughts of Book of the Week fans, which has moved to a new, later timeslot, in part to make room for Cafe Hope, as part of the recent schedule changes at Radio 4.

Following last week's discussion on the future of the BBC and the way it is funded, more of you have been adding your thoughts to the licence fee reform debate.

And what's happening with Radio 4 Long Wave? The Daily Service and Yesterday in Parliament have been moved to Radio 4 Extra in anticipation of the Long Wave frequency being shut down, but it's now due to be running until June next year. So why has the Long Wave goodbye got longer? Andrea speaks to the BBC's Head of Distribution and Radio 4's Station Executive - joining the dots between the Shipping Forecast and Smart Meters!

Presented by Andrea Catherwood
Produced by Leeanne Coyle
A Whistledown Scotland production for BBC Radio 4

SUN 20:30 Last Word (m001y2xj)
Peter Higgs, Trevor Griffiths, Hella Pick, Margaret Tynes

Matthew Bannister on

Professor Peter Higgs, the physicist who won the Nobel prize for explaining why the building blocks of the universe have mass.

Trevor Griffiths, the playwright whose stage and TV dramas focused on left wing politics and social issues. We have a tribute from the actor Jack Shepherd.

Hella Pick, the long serving Guardian foreign correspondent who enjoyed the company of many world leaders.

Margaret Tynes, the African-American soprano who sang leading operatic roles and worked with Duke Ellington.

Interviewee: Roland Pease
Interviewee: Dr Alan Walker
Interviewee: Jack Shepherd
Interviewee: Paul Allen
Interviewee: Linda Christmas
Interviewee: Michael Harper

Producer: Catherine Powell

Archive used:
BBC News at Six : 04/07/2012; BBC The Life Scientific 18/02/2014; Nobel Prize Announcement in Physics 2013, Youtube, 08/10/2013; All Good Men, Play for Today, BBC 1,

31/01/1974; Trevor Griffiths, BFI, YouTube Upload, 02/06/2017; Through the Night, Play for Today, BBC 1, 04/08/1977; Trevor Griffiths interviewed by Sir Tony Robinson, Showreel 88, BBC2, 26/12/1988; Hardtalk, BBC, 1997; Desert Island Discs, BBC Radio 4, 16/11/2018; Aida - 'Ritorna vincitore' az I. felvonásból, 08/09/1962; Macbeth - 'Una macchia e qui tuttora' a IV. felvonásból (Gran Scena del Sonnambulismo / Alvajáró jelenet) 08/09/1962; A Drum Is a Woman, Pt. 1 by Duke Ellington, Margaret Tynes, Duke Ellington & His Orchestra; "Salome" excerpt, Spoleto, 1961

SUN 21:00 Money Box (m001y7x4)
[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m001y8h2)
[Repeat of broadcast at 07:54 today]

SUN 21:30 From Our Own Correspondent (m001y7x0)
[Repeat of broadcast at 11:30 on Saturday]

SUN 22:00 Westminster Hour (m001y9kr)
Radio 4's Sunday night political discussion programme.

SUN 23:00 In Our Time (m001y2z4)
Lysistrata

Melvyn Bragg and guests discuss Aristophanes' comedy in which the women of Athens and Sparta, led by Lysistrata, secure peace in the long-running war between them by staging a sex strike. To the men in the audience in 411 BC, the idea that peace in the Peloponnesian War could be won so easily was ridiculous and the thought that their wives could have so much power over them was even more so. However Aristophanes' comedy also has the women seizing the treasure in the Acropolis that was meant to fund more fighting in an emergency, a fund the Athenians had recently had to draw on. They were in a perilous position and, much as they might laugh at Aristophanes' jokes, they knew there were real concerns about the actual cost of the war in terms of wealth and manpower.

With

Paul Cartledge
AG Leventis Senior Research Fellow of Clare College, University of Cambridge

Sarah Miles
Associate Professor in the Department of Classics and Ancient History at Durham University

And

James Robson
Professor of Classical Studies at the Open University

Producer: Simon Tillotson

Reading list:

Aristophanes (ed. Jeffrey Henderson), *Lysistrata* (Oxford University Press, 1987)

Aristophanes (ed. Jeffrey Henderson), *Three Plays by Aristophanes: Staging Women* (Routledge, 2010)

Aristophanes (ed. Jeffrey Henderson), *Birds; Lysistrata; Women at the Thesmophoria* (Loeb Classical Library series, Harvard University Press, 2014)

Aristophanes (ed. Alan H. Sommerstein), *Lysistrata and Other Plays: The Acharnians; The Clouds; Lysistrata* (Penguin, 2002)

Aristophanes (ed. Alan H. Sommerstein), *Lysistrata* (Aris & Phillips, 1998)

Paul Cartledge, *Aristophanes and his Theatre of the Absurd* (Bristol Classical Press, 1999)

Kenneth Dover, *Aristophanic Comedy* (University of California Press, 1972)

Germaine Greer, *Lysistrata: The Sex Strike: After Aristophanes* (Aurora Metro Press, 2000)

Tony Harrison, *The Common Chorus: A Version of Aristophanes' Lysistrata* (Faber & Faber, 1992)

Douglas M. MacDowell, *Aristophanes and Athens: An Introduction to the Plays* (Oxford University Press, 1995)

S. Douglas Olson (ed.), *Ancient Comedy and Reception: Essays in Honor of Jeffrey Henderson* (De Gruyter, 2013), especially 'She (Don't) Gotta Have It: African-American reception of

Lysistrata' by Kevin Wetmore

James Robson, *Aristophanes: Lysistrata, Bloomsbury ancient comedy companions* (Bloomsbury, 2023)

James Robson, *Aristophanes: An Introduction* (Duckworth, 2009)

Ralph M. Rosen and Helene P. Foley (eds.), *Aristophanes and Politics. New Studies* (Brill, 2020)

Donald Sells, *Parody, Politics and the Populace in Greek Old Comedy* (Bloomsbury, 2018)

David Stuttard (ed.), *Looking at Lysistrata: Eight Essays and a New Version of Aristophanes' Provocative Comedy* (Bristol Classical Press, 2010)

SUN 23:45 Short Works (m001y2xg)
When Love Sucks by Naomi Wood

A new short story for Radio 4 by the award-winning writer, Naomi Wood.

Nursing a broken heart, a woman turns to an AI dating coach for help - with unexpected results.

Writer: Naomi Wood is the winner of the 2023 BBC National Short Story Award, and author of three novels, including the award-winning *Mrs Hemingway*, and a new collection of stories, *This Is Why We Can't Have Nice Things*.
Reader: Rose Robinson
Producer: Justine Willett

MONDAY 15 APRIL 2024

MON 00:00 Midnight News (m001y9kt)
The latest news and weather forecast from BBC Radio 4.

MON 00:15 Crossing Continents (m001y271)
Mexico - Coyotes and Kidnap

Thousands of people every day are on the move across Mexico towards the border with the US. But for migrants, this is one of the most perilous journeys in the world: land routes are dominated by powerful drug cartels and organised crime groups.

In this episode of *Crossing Continents*, Linda Pressly hears terrifying stories of kidnap and extortion from those who have risked everything to enter the United States.

The US/Mexico border has become the most important battleground for Americans in this year's presidential election, but it seems no one can stop the men with guns who operate with impunity south of the border in Mexico.

Producer/presenter: Linda Pressly
Producer: Tim Mansel
Producer in Mexico: Ulises Escamilla
Sound: Neil Churchill
Production Co-ordinator: Gemma Ashman
Editor: Penny Murphy

MON 00:45 Bells on Sunday (m001y7y9)
[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001y9kw)
The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m001y9ky)
BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m001y910)
The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m001y912)
The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m001y914)
A reflection and prayer to start the day with Rev Dr Bert Tosh.

MON 05:45 Farming Today (m001y916)
Changes to farm support payments after Brexit, increasingly unpredictable weather, not to mention a cost of living crisis means farmers are relying more on additional income streams to boost their farm profits. We're going to be looking into farm

diversifications all this week, and while you might think the most common sources of extra income would be accommodation for tourists and things like farm shops, in fact letting out buildings for businesses and producing solar energy were the top two diversifications in 2022 - 23, according to the Department for Environment Food and Rural Affairs.

It's an election year and the controversial topic of hunting is being raised again; the Labour Party has vowed to ban hunting with dogs completely in their first 5 years of government. Fox hunting's been banned in England, Wales and Scotland for twenty years now, but hunting groups are allowed to lay a 'scout trail' for hounds to chase. Trail hunting is controversial, with some hunts accused of using it as a smokescreen for hunting foxes. Just last month one hunt member in Wiltshire was sentenced for helping throw a live fox to hounds, and a different hunt, in Warwickshire, was charged over the alleged death of a fox. But a leading wildlife campaigner and hunt saboteur says he thinks one hunt in Sussex is now paving the way for how trail hunting could be done around the country in a pared down and more open way.

New varieties of organic hops that are resilient to climate change are being trialled by British beer makers. The Innovative Farmers Hop Trial aims to boost the cultivation of UK crops after falling production levels.

Presented by Caz Graham and produced by Beatrice Fenton.

MON 05:57 Weather (m001y9I8)

Weather reports and forecasts for farmers

MON 06:00 Today (m001y899)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m001y89c)

Power to the people

2024 has been dubbed the year of elections, as at least 64 countries – including the UK – are heading for the polls. Tom Sutcliffe and guests explore the state of democracy.

The political philosopher Erica Benner reflects on the tensions in liberal democracy in her book, *Adventures in Democracy: The Turbulent World of People Power*. From her childhood in post-war Japan, to working in post-communist Poland, and with forays into ancient Greece and Renaissance Erica Benner looks at the role of ordinary citizens in keeping democracy alive.

Democracy in India has a long history with roots in ancient councils of elders, although its modern manifestation began with independence from British rule in 1947. But the anthropologist Alpa Shah raises questions about how far democratic institutions are failing in India, as minority groups - the Dalits, Adivasis and Muslims - are targeted and demonised, in her new book *The Incarcerations*.

The UK will have a general election this year, and although satisfaction with politics ranks very low in relation to other countries, faith in democracy continues to rise. The research is by the Policy Institute at King's College London, and its director Bobby Duffy says that while there's little support for authoritarian forms of government, the idea of Citizen Assemblies are becoming more popular.

Producer: Katy Hickman

MON 09:45 Café Hope (m001y89f)

Just an hour

Café Hope is our virtual Radio 4 coffee shop with Rachel Burden, where guests pop in for a brew and a chat to tell us what they're doing to make the world a better place. Kevin Morland comes to Café Hope to talk about how giving an hour of his time to help other people then became a charity, which now supports people in Merseyside and beyond.

MON 10:00 Woman's Hour (m001y89h)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

MON 11:00 The Patch (m001y89k)

Northowram, Halifax

One random postcode and a story you probably haven't heard before.

A small village in Yorkshire mysteriously has two cricket clubs, separated by a dry stone wall - how did this happen? And how do they both survive?

Produced and Presented by Polly Weston

MON 11:45 An African History of Africa by Zeinab Badawi (m001y89m)

Dinkenesh

An epic, sweeping history of the continent told through the voices of Africans themselves.

An encounter with a palaeontological superstar uncovers the roots of our evolutionary history.

Written and read by Zeinab Badawi

Abridged by Robin Brooks

Producer: Eilidh McCreadie

Zeinab Badawi is an award-winning broadcaster, journalist, and filmmaker. She is President of SOAS, University of London and is an honorary fellow of her alma mater St Hilda's College, Oxford. Born in Sudan, she has worked in the British media for several decades. Zeinab is a recipient of the President's Medal of the British Academy, a Patron of the United Nations Association UK, and is on the boards of the Arts, Humanities and Research Council, MINDS (the Mandela Institute for Development Studies), the International Crisis Group and Afrobarometer.

MON 12:00 News Summary (m001y89p)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001y89r)

News and discussion of consumer affairs

MON 12:57 Weather (m001y89t)

The latest weather forecast

MON 13:00 World at One (m001y89w)

Forty-five minutes of news, analysis and comment.

MON 13:45 Glued Up: The Sticky Story of Humanity (m001y89y)

The Birth of Civilisation

Modern life would quite literally fall apart without glues – they hold our buildings, our phones, even our bodies together. But the story of stickiness runs much deeper than that. In fact, our greatest leaps forward as a species couldn't have happened without adhesives.

In this series, materials scientist Mark Miodownik charts the journey of human progress through the sticky substances that have shaped us. In episode one he explores the very earliest adhesives, dating back at least 190,000 years, that allowed our ancestors to invent, innovate, and make the first tools.

And he hears how lumps of these prehistoric glues contain fragments of the stone age people who used them, trapped in time for thousands of years.

Contributors:

Geeske Langejans, Delft University of Technology
Hannes Schroeder, University of Copenhagen

Producer: Anand Jagatia
Presenter: Mark Miodownik
Executive Producer: Alexandra Feachem
BBC Studios Audio Production

MON 14:00 The Archers (m001y8b0)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Drama on 4 (m000sync)

The Flowers Are Perfect in the Garden

In *The Flowers Are Perfect in the Garden* by Lucy Caldwell, a man spends his final days in a hospice surrounded by his wife and once estranged children, who have travelled far and wide to be by his bedside at this time. It is full of laughter and tears as memories often are and it is a chance for them to re-connect and re-charge the loving bond that had been lost for a time. They are able to come together as a family and as a result in the death of their father there is a birth of a family once more.

Starring:

Pat ... Dermot Crowley
Mary ... Dearbhla Molloy
Oisín ... Patrick O'Kane
Emma ... Charlene McKenna
Emma (child) ... Clara Murphy
Oisín (child) ... Alex Warburton
Letitia ... Deborah Bahi
Corazón ... Maria Cristina Crampton
Other parts were played by Alice Hoskyns and Tom Glenister
Writer ... Lucy Caldwell
Director ... Celia de Wolff

BBC NI Radio Drama Production

MON 15:00 Great Lives (m001y8b2)

Antoni Gaudi

Baroness Ros Altmann, a Conservative peer and former pensions minister, was "blown away" by the architecture of Antoni Gaudi on a trip to Barcelona in the 1990s. She's been back several times and her wonder at Gaudi's use of colour and natural shapes has not faded. She wants to find out more about the conservative, religious man who created such exuberant and flamboyant work. Gaudi biographer Gijs Van Hensbergen joins Ros and host Matthew Parris to explore Gaudi's childhood, his personal life and how his Catholicism and love of Catalan nature informed his work.

Producer: Paul Martin for BBC Studios Audio.

MON 15:30 History's Secret Heroes (m001y3v6)

13. Christine Granville: The Spy Who Skied In from the Cold

Thrill-seeker Christine Granville offers to ski across enemy lines and over the deadly Carpathian mountains, into Nazi-occupied Poland to gather intelligence for the British. Churchill would later call her his favourite spy.

Helena Bonham Carter shines a light on extraordinary stories from World War Two. Join her for incredible tales of deception, acts of resistance and courage.

A BBC Studios Audio production for BBC Radio 4 and BBC Sounds.

Producer: Suniti Somaiya
Edit Producer: Melvin Rickarby
Assistant Producer: Lorna Reader
Executive Producer: Paul Smith
Written by Alex von Tunzelmann
Commissioning editor for Radio 4: Rhian Roberts

MON 16:00 Haiti - Descent Into Anarchy (m001yf8h)

[Repeat of broadcast at 13:30 on Sunday]

MON 16:30 Soul Music (m001y7wy)

[Repeat of broadcast at 10:30 on Saturday]

MON 17:00 PM (m001y8b4)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m001y8b6)

National and international news from BBC Radio 4

MON 18:30 It's a Fair Cop (m001y8b8)

Series 8

3. Top Dog

A fan favourite returns this week. Zeus the Police Dog!

But how does our favourite canine copper react when his position as leader of the pack is threatened?

Written and presented by Alfie Moore
Script Editor: Will Ing
Production Co-ordinator: Katie Baum
Producer: Sam Holmes

An EcoAudio Certified Production

A BBC Studios Audio Production

MON 19:00 The Archers (m001y8bb)

Azra finds herself caught in the middle, and suspicions are raised for Harrison.

MON 19:15 Front Row (m001y8bd)

The Book of Clarence, Liberation Squares, Northern Ireland's filming location boom

Jeymes Samuel's *The Book of Clarence, Liberation Squares*, Northern Ireland filming boom

MON 20:00 The Briefing Room (m001y2zx)

What's happened to Hamas?

Israel's PM Benjamin Netanyahu has repeatedly vowed to "eliminate" Hamas but after six months of death and destruction in Gaza what do we know about their status?

David Aaronovitch talks to:

Jennifer Jefferis, Teaching Professor at Georgetown University's Security Studies program and author of *Hamas: Terrorism, Governance, and its Future in Middle East Politics*.

Michael Clarke, Professor of Defence studies and Specialist Advisor to the Joint Committee on the National Security Strategy.

Khalil Shikaki, Director of the Palestinian Center for Policy and Survey Research

Gershon Baskin, Middle East Director, International Communities Organization and a former Israeli negotiator with Hamas

Production team: Sally Abrahams, Kirsteen Knight and Ben Carter
Editor: Richard Vadon
Production Co-ordinator: Ibtisam Zein
Sound engineer: Rod Farquhar

MON 20:30 BBC Inside Science (m001y2zz)
Bird flu outbreak in cows

A strain of highly pathogenic bird flu, H5N1, has been spreading unchecked through wild bird, and some mammal, populations for the past few years. Last week, news of a large number of dairy cows in the USA being infected with bird flu has alarmed the public and virologists alike. One farm worker has also picked up the virus and although they are not seriously ill, the jump between cattle and humans raises serious concerns over how the virus is moving and adapting. Virologist Dr Tom Peacock has the details.

Also this week, thousands of eyes across America were turned to the skies to catch a glimpse of the total solar eclipse. But this event isn't just a spectacle for the eyes – it's a real scientific opportunity. Space physicist and electrical engineer Dr Nathaniel Frissell reveals his unusual approach to studying the eclipse via radio. And BBC reporter Georgina Rannard, who has been following the eclipse this week, tells Vic what other research scientists investigated during the four-minute window of darkness.

And don't turn your eyes away from the sky just yet, as another celestial spectacle is set to occur. About 3,000 light-years away, a pair of orbiting stars called T Coronae Borealis are not normally visible from Earth. But every 80 years or so, one of the stars in the binary system explodes, creating a 'new' star in our night sky. But you'll only have a day or two to spot it. Astrophysicist Dr Rebecca Smethurst joins Vic in the studio to talk about this once-in-a-lifetime star explosion.

And to close the show, the life and work of a legend. Nobel Prize-winning physicist Peter Higgs has died at the age of 94. Higgs's biographer Professor Frank Close tells us how Higgs predicted the existence of a particle that's fundamental to our understanding of the Universe and reveals the legacy he's left behind.

Presenter: Victoria Gill
Producers: Alice Lipscombe-Southwell and Ella Hubber
Editor: Martin Smith
Production Co-ordinator: Jana Bennett-Holesworth

MON 21:00 Start the Week (m001y89c)
[Repeat of broadcast at 09:00 today]

MON 21:45 Café Hope (m001y89f)
[Repeat of broadcast at 09:45 today]

MON 22:00 The World Tonight (m001y8bg)

In depth reporting, intelligent analysis and breaking news from a global perspective.

MON 22:45 Prophet Song by Paul Lynch (m001y8bj)
Episode 6

The explosive literary sensation and winner of the 2023 Booker Prize. As read by Clare Dunne ('Kin.')

On a dark, wet evening in Dublin, scientist and mother-of-four Eilish Stack answers her front door to find the GNSB – the Garda National Service Bureau – on her step. Two officers from Ireland's newly formed secret police are here to interrogate her husband, a trade unionist.

Ireland is falling apart. The country is in the grip of a government turning towards tyranny and Eilish finds herself caught within the nightmare logic of a society that is quickly unravelling.

How far will she go to save her family? And what – or who – is she willing to leave behind?

The Author

Paul Lynch is the prize-winning author of five novels: 'Prophet Song', 'Beyond the Sea', 'Grace', 'The Black Snow', and 'Red Sky in Morning'. He was awarded The Booker Prize 2023 for his esteemed novel 'Prophet Song'. He has won the Kerry Group Irish Novel of the Year and the French booksellers' prize Prix Libr'à Nous for best foreign novel. He has also been shortlisted for UK's Walter Scott Prize, the US's William Saroyan International Prize, and France's Prix Jean Monnet for European Literature and the Prix du Meilleur Livre Étranger, among other prizes. Libération has called Lynch "one of today's greatest Irish writers". He lives in Dublin with his wife and two children.

Reader: Clare Dunne
Author: Paul Lynch
Abridger: Rowan Routh
Producer: Michael Shannon

A BBC Audio Northern Ireland Production for BBC Radio 4.

MON 23:00 Limelight (p09h4vpy)
The System - Series 1

The System - Level 2: Sweat Blood

By Ben Lewis.

A witty and propulsive six-part thriller about a mysterious personal development programme. Starring Siena Kelly, Jack Rowan and Iain de Caestecker.

Level 2: Sweat Blood.

The Past: Jake and his fellow underdogs begin to radically transform their minds and bodies.
The Present: Maya's hunt for their leader gets tense when she realises they might be hunting her.

Cast:
Alex ... Iain de Caestecker
Maya ... Siena Kelly
Jerome... Don Gillet
Coyote... Divian Ladwa
Beau... Matthew Needham
Jake ... Jack Rowan

Original music and sound design by Danny Krass
Featuring tracks from Equiknoxx music collective

With thanks to Dr Joel Busher at the Centre for Trust, Peace and Social Relations, University of Coventry.

A BBC Scotland Production directed by Kirsty Williams

MON 23:30 Today in Parliament (m001y8bl)
News, views and features on today's stories in Parliament

TUESDAY 16 APRIL 2024

TUE 00:00 Midnight News (m001y8bn)
National and international news from BBC Radio 4

TUE 00:30 An African History of Africa by Zeinab Badawi (m001y89m)
[Repeat of broadcast at 11:45 on Monday]

TUE 00:48 Shipping Forecast (m001y8bq)
The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m001y8bs)
BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m001y8bv)
The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m001y8bx)
The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001y8bz)
A reflection and prayer to start the day with Rev Dr Bert Tosh.

TUE 05:45 Farming Today (m001y8c1)
The latest news about food, farming and the countryside.

TUE 06:00 Today (m001y8c5)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m001y87c)
Hannah Critchlow on the connected brain

With 86 billion nerve cells joined together in a network of 100 trillion connections, the human brain is the most complex system in the known universe.

Dr. Hannah Critchlow is an internationally acclaimed neuroscientist who has spent her career demystifying and explaining the brain to audiences around the world. Through her writing, broadcasting and lectures to audiences – whether in schools, festivals or online – she has become one of the public faces of neuroscience.

She tells Professor Jim Al-Khalili that her desire to understand the brain began when she spent a year after school as a nursing assistant in a psychiatric hospital. The experience of working with young patients – many the same age as her – made her ask what it is within each individual brain which determines people's very different life trajectories.

In her books she's explored the idea that much of our character and behaviour is hard-wired into us before we're even born. And most recently she's considered collective intelligence, asking how we can bring all our individual brains together and harness their power in one 'super brain'.

And we get to hear Jim's own mind at work as Hannah attaches electrodes to his head and turns his brain waves into sound.

Producer: Jeremy Grange

TUE 09:30 Inside Health (m001y87f)
We go on a tick hunt

Scientists are worried about ticks.

They say they're starting to pose more of a health risk here in the UK, as our climate warms and urban areas spill into green spaces.

But what are ticks, what kind of disease can they cause – and how worried should we be? We go on a tick hunt in Richmond Park and then head back to the lab to meet the ticks we've collected.

We'll hear about the rather lazy way they hitch a ride on us – or the nearest pet – and how they're pretty picky when they do land somewhere. We'll also find out what to do if you get bitten (clue: Don't just pull it off!) and how to avoid that in the first place.

Also this week, we delve into the science of measles.

It's the most contagious virus in the world – by a long way. What is it about this virus that makes it so good at what it does?

Presenter: James Gallagher
Producer: Gerry Holt
Editor: Holly Squire
Production coordinator: Connor Morgans

TUE 10:00 Woman's Hour (m001y8c7)
Women's voices and women's lives - topical conversations to inform, challenge and inspire.

TUE 11:00 Screenshot (m001y2xv)
Interlopers

Andrew Scott is the latest in a long line of actors to play Thomas Ripley - the seductive, sociopathic conman created by American crime writer Patricia Highsmith, and immortalised in films from *Plein Soleil* to *The Talented Mr Ripley*.

Ellen E Jones and Mark Kermode look at Ripley and other social strivers on screen, asking how these interlopers have insinuated themselves into our hearts and minds.

Ellen explores what makes Patricia Highsmith's work so cinematic, with a lifelong Highsmith fan – critic and novelist Kim Newman. And she speaks to Swiss documentary filmmaker Eva Vitija about her 2022 film *Loving Highsmith* – a fascinating look at the author's life and artistry, told through her unpublished diaries, and interviews with her friends and former lovers.

Mark Kermode looks beyond Highsmith's work, to explore how the 'Ripleyesque' figure has endured. He discusses cinema's most notorious interlopers, from *The Great Gatsby* to *Saltburn*, with Manuela Lazic, a French critic, writer and filmmaker.

Mark also talks to two of his favourite filmmakers, Christine

Molloy and Joe Lawlor. Christine and Joe's newest film Baltimore – about the debutante turned IRA member Rose Dugdale – is just one of many stories about interloping and identity that they've brought to the screen over the years. They tell Mark why the theme fascinates them.

Producer: Jane Long
A Prospect Street production for BBC Radio 4

TUE 11:45 An African History of Africa by Zeinab Badawi (m001y8c9)
Aksum

An epic, sweeping history of the continent told through the voices of Africans themselves.

Zeinab Badawi uncovers the forgotten kingdom of Aksum, one of the greatest civilisations of the ancient world.

Written and read by Zeinab Badawi
Abridged by Robin Brooks
Producer: Eilidh McCreadie

Zeinab Badawi is an award-winning broadcaster, journalist, and filmmaker. She is President of SOAS, University of London and is an honorary fellow of her alma mater St Hilda's College, Oxford. Born in Sudan, she has worked in the British media for several decades. Zeinab is a recipient of the President's Medal of the British Academy, a Patron of the United Nations Association UK, and is on the boards of the Arts, Humanities and Research Council, MINDS (the Mandela Institute for Development Studies), the International Crisis Group and Afrobarometer.

TUE 12:00 News Summary (m001y8cc)
The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001y8cf)
News and discussion of consumer affairs

TUE 12:57 Weather (m001y8ch)
The latest weather forecast

TUE 13:00 World at One (m001y8ck)
Forty-five minutes of news, analysis and comment.

TUE 13:45 Glued Up: The Sticky Story of Humanity (m001y8cm)
How rubber changed the world

In this series, materials scientist Mark Miodownik charts the journey of human progress through the sticky substances that have shaped us.

In episode two he explores how latex, the sticky sap of the rubber tree, transformed the world we live in.

He learns how rubber is an ancient Mesoamerican innovation dating back at least 3,600 years, used by the Olmec people for its incredible stretchiness and bounciness.

And he hears how scientists of the industrial revolution were captivated by rubber, but struggled to harness its miraculous properties. Eventually, one man would solve this sticky problem – but the quest nearly killed him, and cost him everything he had.

Contributors:
Charles Slack, Author and historian
Mike Tarkanian, Massachusetts Institute of Technology

Sound effects: DeLorean DMC-12 (V6 PRV engine) by SkyernAklea, from Freesound

Producer: Anand Jagatia
Presenter: Mark Miodownik
Executive Producer: Sasha Feachem
BBC Studios Audio Production

TUE 14:00 The Archers (m001y8bb)
[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama on 4 (m000x6pk)
Song of the Reed

Song of the Reed: Swallowtail

Sophie Okonedo and Mark Rylance star in the first of Steve Waters' seasonal dramas following the life of Fleggwick, a fictional wetlands nature reserve, over the period of one year.

Fleggwick, like the ecosystem it protects, is under threat. The site was not financially sustainable when its founder passed away so his daughter Liv (Sophie Okonedo) needs to find a way for it to survive. But if that means selling out to 'trendy conservation' then Ian (Mark Rylance), the Warden, wants nothing to do with it.

Recorded on location at RSPB's Strumpshaw Fen, the story is informed by the real work and science of conservation taking place in the face of rapid environmental change in the wetlands of Norfolk, and everywhere.

It's a rainy summer's day and a Swallowtail Safari is being held at the reserve with members of the public, as well as a manager from WildScapes, visiting Fleggwick with the hope of catching a glimpse of the elusive and utterly beautiful swallowtail butterfly. The future of the reserve may ride on it.

Cast:
Liv Sophie Okonedo
Ian Mark Rylance
Tam Ella Dorman Gajic
Kay Molly Naylor
Sadegh Zaydun Khalaf
Nikki Karen Hill
Voice of the Reed Christine Kavanagh
Other parts played by staff and volunteers at RSPB Strumpshaw Fen

Written by Steve Waters
Music by Michael Somerset Ward with Rebecca Hearne
Sound Design by Alisdair McGregor

Produced and Directed by Boz Temple-Morris
A Holy Mountain production for BBC Radio 4

TUE 15:00 Don't Log Off (m001tbl)
Series 15

Between Two Worlds

Alan Dein searches the internet to connect with strangers who have found themselves caught between two worlds – in religion, vocation, or who are quite literally all at sea.

In South Africa, Kepa is devoted to Kwantu, the community choir he conducts. But his journey to music wasn't straightforward. Alan connects with Ayu in Indonesia, who tells him about her passion for self-transformation and growing up between two faiths. And Alan hears from Cezar, a Romanian chief mechanic on board an enormous oil tanker, about photography and life at sea as he docks in Bangladesh.

Producer: Martha Owen

TUE 15:30 Beyond Belief (m001y8bp)
Faithful Feet

In our society feet are often hidden away in shoes, perhaps to make an odd appearance post pedicure... but they can be an incredibly powerful symbol within many religions.

Giles Fraser meets Kai Bridges, a Shamanic practitioner who guides people through firewalks as part of his spiritual practice. For him firewalking goes beyond an exercise in empowerment and grounds him in the moment, connecting him to the elements.

Our panel Sughra Ahmed, Priyesh Patel and Lucy Winkett walk us through what feet symbolise in their respective faith traditions, and the different ways feet are a part of religious tradition and practice.

Presenter: Giles Fraser
Producers: Ruth Purser and Katharine Longworth
Editor: Tim Pemberton

TUE 16:00 Split Ends (m001ybgx)
1. Dr. Feelgood

Singer-songwriter and BBC Introducing presenter Kitty Perrin charts the stories of band splits, looks at what really happened in the break ups of some of history's best loved bands. With new interviews with band members and music professionals, academics, and writers she attempts to analyse the reasons behind why bands split.

In this first episode, she looks at the splits and re-incarnations of 1970s Canvey Island pub rock band Dr Feelgood, charting how, through creative differences, deaths, and rigours of touring#, the current line-up of the band has none of the original members. Yet they are still Dr Feelgood, they still tour and have a huge international fanbase. Kitty speaks with original drummer 'The Big Figure', manager Chris Fenwick and current band members, Gordon Russell, Phil Mitchell, Kevin Morris and Robert Kane.

She hears from Jodi Milstein an LA based psychotherapist who runs Rockstar Therapy – akin to marriage guidance for bands - as well as from Tamsin Embleton, editor of band touring bible Touring And Mental Health. And Ryan Dusick, original drummer with the American Band Maroon 5, talks about how touring took its toll on his mental health.

Presented by Kitty Perrin

Produced by Julian Mayers and Chris Wilson
Music by Gordon Russell

A Yada-Yada Audio production for BBC Radio 4

TUE 16:30 When It Hits the Fan (m001y9pt)
Dorothy Byrne special

On When It Hits the Fan, we often talk about crises as if they should be avoided at all costs. But Dorothy Byrne, the former head of News and Current Affairs at Channel 4, is living proof that walking towards the fan is often a hallmark of people that effect positive change.

In this special deep-dive interview, David Yelland and Simon Lewis talk to Dorothy about the relationship between PR and journalism, being lobbied, and her fearless approach to reporting the truth – including her 2019 MacTaggart lecture when she called the then prime minister a "known liar".

Producer: Eve Streeter
Editor: Sarah Teasdale
Executive Producer: William Miller
Music by Eclectic Sounds
A Raconteur production for BBC Radio 4

TUE 17:00 PM (m001y8cr)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

TUE 18:00 Six O'Clock News (m001y8ct)
National and international news from BBC Radio 4

TUE 18:30 Thanks a Lot, Milton Jones! (m001y8cw)
Series 6

1. Apple Is the New Black

Star of Mock The Week, Milton Jones ends up in prison for committing a True Crime podcast and asks the question "Sound effects and soundproofing - which came first, the chicken or the eggbox?"

Complete with his unmissable jokes and a fully-working cast.

"The best one-line merchant in British comedy..." - Chortle
"King of the surreal one-liners" - The Times
"Milton Jones is one of Britain's best gagsmiths with a flair for creating daft yet perfect one-liners" – The Guardian

Written by Milton Jones, James Cary and Dan Evans

Starring Milton Jones, Tom Goodman-Hill, Josie Lawrence, Dan Tetsell and James Akka

With music by Guy Jackson

Produced and directed by David Tyler

A Pozzitive production for BBC Radio 4

TUE 19:00 The Archers (m001y86r)
Alice struggles to keep a promise, and Jazzer spots an opening.

TUE 19:15 Front Row (m001y8cz)
Sir John Akomfrah, bicentenary of Byron's death

Sir John Akomfrah represents UK at 60th Venice Art Biennale, 200 years since Byron's death

TUE 20:00 File on 4 (m001y867)
Lasting Legacy: What went wrong at a Hull funeral home

The discovery of 35 bodies and an unknown quantity of unidentified human ashes at a Hull funeral home has become one of the most harrowing investigations in the history of Humberside Police. Lindsey Smith investigates what went wrong and hears from some of the many families who've been left devastated by the discovery - some of whom now know the ashes they were given didn't belong to their loved ones. File on 4 also hears how the funeral industry is largely unregulated and how concerns raised more than three years ago by the Competition and Markets Authority about the storage and

treatment of the deceased haven't been acted upon.

Reporter: Linsey Smith
Producers: Holly Clemens and Nicola Dowling
Technical Producer: Craig Boardman
Digital producer: Melanie Stewart-Smith
Production Coordinator: Tim Fernley
Editor: Carl Johnston

TUE 20:40 In Touch (m001y8d2)

News, views and information for people who are blind or partially sighted.

TUE 21:00 Crossing Continents (m001y8d4)

Reggaeton: The pride of Puerto Rico?

Reggaeton's the soundtrack to Puerto Rico. The globally popular music reflects what's going on in the cultural and political scene of the Spanish-speaking Caribbean Island.

It started out as underground music in marginalised communities but was criticised for allegedly promoting violence and being too sexually explicit.

Reggaeton has since been used as an anthem to overthrow a local governor and a way to criticise the island's complex relationship with the United States.

It's also evolved from misogynist roots to reach new audiences in the LGBTQ community.

Jane Chambers travels to Puerto Rico to meet the people and hear the music which is both maligned and revered.

Presenter and Producer: Jane Chambers
Field Producers: Hermes Ayala and Yondy Agosto
Sound Mix: Neil Churchill
Production Coordinator: Gemma Ashman
Editor: Penny Murphy

TUE 21:30 Three Million (p0hcrs0r)

3. The F-Word

Colonial authorities wanted to censor the famine. They were worried that Britain's wartime enemies – the Germans and the Japanese – would use it as propaganda against them.

But as more and more starving people arrive in cities across Bengal, it becomes harder to suppress. Indian writers, photographers and artists document the humanitarian catastrophe, but it was risky as the censor forbade mention of the word famine. A British journalist and editor of the English language Statesman newspaper, in Calcutta, decides to challenge the censor and begins publishing photographs and then scathing editorials about what is really going on in Bengal. It shocks the world. In London, the BBC reports on "famine conditions" and, as we uncover, the British government tries to pressurize the broadcaster to tone down its coverage.

Presenter Kavita Puri
Series Producer: Ant Adeane
Editor: Emma Rippon
Sound design and mix: Eloise Whitmore
Production Coordinators: Maria Ogundele and Sabine Schreck
Original music: Felix Taylor

With thanks to Dr Janam Mukherjee, Professor Joya Chatterji and Dr Diya Gupta.

TUE 22:00 The World Tonight (m001y8d6)

In depth reporting, intelligent analysis and breaking news from a global perspective.

TUE 22:45 Prophet Song by Paul Lynch (m001y8d8)

Episode 7

The explosive literary sensation and winner of the 2023 Booker Prize. As read by Clare Dunne ('Kin.')

On a dark, wet evening in Dublin, scientist and mother-of-four Eilish Stack answers her front door to find the GNSB – the Garda National Service Bureau – on her step. Two officers from Ireland's newly formed secret police are here to interrogate her husband, a trade unionist.

Ireland is falling apart. The country is in the grip of a government turning towards tyranny and Eilish finds herself caught within the nightmare logic of a society that is quickly unravelling.

How far will she go to save her family? And what – or who – is she willing to leave behind?

The Author

Paul Lynch is the prize-winning author of five novels: 'Prophet Song', 'Beyond the Sea', 'Grace', 'The Black Snow', and 'Red Sky in Morning'. He was awarded The Booker Prize 2023 for his esteemed novel 'Prophet Song'. He has won the Kerry Group Irish Novel of the Year and the French booksellers' prize Prix Libr'À Nous for best foreign novel. He has also been shortlisted for UK's Walter Scott Prize, the US's William Saroyan International Prize, and France's Prix Jean Monnet for European Literature and the Prix du Meilleur Livre Étranger, among other prizes. Libération has called Lynch "one of today's greatest Irish writers". He lives in Dublin with his wife and two children.

Reader: Clare Dunne
Author: Paul Lynch
Abridger: Rowan Routh
Producer: Michael Shannon

A BBC Audio Northern Ireland Production for BBC Radio 4.

TUE 23:00 The Confessional (m001gww6)

Series 3

The Confession of Lady Antonia Fraser

Stephen Mangan's series of soul-searching, self-abasement and moral pratfalls. Each week, he invites a different eminent guest into his virtual confessional booth to make three confessions.

This is a cue for some rich and varied story-telling and surprising insights as their confessions are put under the microscope.

In this episode, Stephen examines the conscience of historian and biographer Antonia Fraser. There are stories here of royal parties, theft and fake masses.

Other guests in this series are Jessie Cave, Neil Dudgeon, Sheila Hancock, Maisie Adam and Ben Bailey Smith (aka Doc Brown).

Presenter: Stephen Mangan
Additional material: Nick Doody
Producer: Frank Stirling

A 7digital production for BBC Radio 4

TUE 23:30 Today in Parliament (m001y8db)

News, views and features on today's stories in Parliament

WEDNESDAY 17 APRIL 2024

WED 00:00 Midnight News (m001y8dd)

National and international news from BBC Radio 4

WED 00:30 An African History of Africa by Zeinab Badawi (m001y8c9)

[Repeat of broadcast at 11:45 on Tuesday]

WED 00:48 Shipping Forecast (m001y8dg)

The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m001y8dj)

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m001y8dl)

The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m001y8dn)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m001y8dq)

A reflection and prayer to start the day with Rev Dr Bert Tosh.

WED 05:45 Farming Today (m001y8ds)

The latest news about food, farming and the countryside.

WED 06:00 Today (m001y861)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Life Changing (m001y863)

Trading places

Aged 19, Dan Simmonds turned down a university place and

instead became an oil trader in the City of London. It was an exciting and ruthless environment driven by big risks and even greater rewards but also ultimately challenged Dan's values and filled him with a desire to seek something new. Over a decade later whilst jogging around Regent's Park Dan made a discovery that would change his life and career.

WED 09:30 Influenced (m001y3tx)

Helen Lewis Has Left the Chat

Left the Chat: No 3. Several People Are Typing

During the pandemic, a combination of fears over Covid, anger over police racism and sheer cabin fever saw company Slack channels boil with discontent. One day in February 2021, Mike Pesca, a contrarian podcaster, made the mistake of getting stuck in, voicing controversial opinions to his colleagues - in between shovelling snow from his parents' driveway.

And then he saw the dreaded words, "several people are typing ...".

A Tempo & Talker production for BBC Radio 4

WED 10:00 Woman's Hour (m001y865)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

WED 11:00 File on 4 (m001y867)

[Repeat of broadcast at 20:00 on Tuesday]

WED 11:45 An African History of Africa by Zeinab Badawi (m001y869)

Tippu Tib

An epic, sweeping history of the continent told through the voices of Africans themselves.

Zeinab Badawi confronts the Indian Ocean slave trade through the story of notorious 19th century businessman Tippu Tib.

Written and read by Zeinab Badawi
Abridged by Robin Brooks
Producer: Eilidh McCreadie

Zeinab Badawi is an award-winning broadcaster, journalist, and filmmaker. She is President of SOAS, University of London and is an honorary fellow of her alma mater St Hilda's College, Oxford. Born in Sudan, she has worked in the British media for several decades. Zeinab is a recipient of the President's Medal of the British Academy, a Patron of the United Nations Association UK, and is on the boards of the Arts, Humanities and Research Council, MINDS (the Mandela Institute for Development Studies), the International Crisis Group and Afrobarometer.

WED 12:00 News Summary (m001y86d)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001y86g)

News and discussion of consumer affairs

WED 12:57 Weather (m001y86j)

The latest weather forecast

WED 13:00 World at One (m001y86l)

Forty-five minutes of news, analysis and comment.

WED 13:45 Glued Up: The Sticky Story of Humanity (m001y86n)

How glues helped us fly

In this series, materials scientist Mark Miodownik charts the journey of human progress through the sticky substances that have shaped us.

In episode three he explores how adhesives have unlocked radically new designs for aircraft, letting us build planes that flew higher, faster and further than ever before.

He learns how, during WWII, adhesives allowed Britain to build a fighter plane that could outstrip anything else in the sky.

And he hears how glues are used to create the strong and lightweight stuff that planes are made out of today – materials that will be central to the goal of environmentally sustainable flight.

Contributors:
Christopher Wilk, Victoria and Albert Museum

Ginger Gardiner, Composites World

Producer: Anand Jagatia
 Presenter: Mark Miodownik
 Executive Producer: Sasha Feachem
 BBC Studios Audio Production

WED 14:00 The Archers (m001y86r)
 [Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama on 4 (m001yb7m)
 Bat Girls

Episode 1: Naila's Story

by Kamal Kaan and Mary Cooper
 Episode 1 - Naila's Story

Naila is a bright teenager in Bradford. Her parents want her to go to university to study medicine, and they don't want any distractions. But Naila loves cricket, and gets involved in the nascent school female cricket team. Three of the girls become firm friends and call themselves 'Bat Girls'. The team shows real promise and starts to do very well. But will this get in the way of Naila's parents' ambitions for her?

NAILA.....Yazmin Kayani
 KARISHMA..... Amy Leigh Hickman
 ROSHINA.....Saba Amini
 MARIYA.....Natalie Davies
 QADIR/ TAHIR.....Ash Tandon
 MRS HEMINGWAY/ MUM..... Purvi Parmar
 MR CHATTERJEE.....Sushil Chudasama

Production Co-ordinator - Lorna Newman
 Studio Manager - Amy Brennan
 Script Advisers - Sara De Jong and Zainab Goreja
 Sound Design - Sharon Hughes
 Director/Producer - Gary Brown

A BBC Studios Audio Production

Special thanks to Duckinfield Cricket Club, Shivanie Patel (Bradford Park Avenue Ladies' Cricket Club), Katie Stewart (Yorkshire Cricket Board) and Mariam Ali - (Refugee Action, Bradford)

WED 15:00 Money Box (m001y86w)
 The Money Box team invites listeners and a panel of experts to discuss one personal finance topic in depth.

WED 15:30 Why Do You Hate Me? (m001w87v)
 3. Sadiq Khan: I Didn't Say That!

Last November, a faked audio clip of London's mayor went viral. Marianna Spring talks to Sadiq Khan about the impact it had and tracks down it's suspected creator.

The clip used artificial intelligence to create a replica of Mr Khan's voice saying words scripted by the faker, disparaging Remembrance weekend with an expletive and calling for pro-Palestinian marches to take precedence.

In this series, Why Do You Hate Me?, Marianna Spring delves into her inbox to investigate extraordinary cases of online hate like this one. She meets the people at the heart of the conflicts, and in some cases brings them together, to see if understanding – and even forgiveness – is ever possible.

Subscribe to BBC Sounds to hear the episodes first. And watch the episodes on BBC iPlayer too.

If you have been affected by some of the issues raised in this programme, please visit bbc.co.uk/actionline.

Host: Marianna Spring
 Series Producer: Emma Close
 Producer: Ben Carter
 Editor: Sam Bonham
 Commissioning editor: Rhian Roberts
 Sound Engineer: Tom Brignell
 Production co-ordinator: Rosie Strawbridge

WED 16:00 The Media Show (m001y86y)
 Topical programme about the fast-changing media world

WED 17:00 PM (m001y870)
 Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

WED 18:00 Six O'Clock News (m001y872)
 National and international news from BBC Radio 4

WED 18:30 Room 101 with Paul Merton (m001y874)
 Series 2

Daliso Chaponda

Paul Merton interviews a variety of guests from the world of comedy and entertainment to find out what they would send to Room 101 as well as the one item they cannot live without.

In this episode, Daliso Chaponda attempts to banish the scourge of ready meals and unsanitary handshakes, as well as people who think a double dip is acceptable.

Additional material John Irwin and Suki Webster
 Produced by Richard Wilson
 A Hat Trick production for BBC Radio 4

WED 19:00 The Archers (m001y876)
 There's a race against time for Fallon, and Lily struggles to maintain control.

WED 19:15 Front Row (m001y878)
 Lionel Shriver's new book Mania, Tyrell Williams on Red Pitch

Lionel Shriver on her new book Mania, Red Pitch playwright Tyrell Williams

WED 20:00 AntiSocial (m001y2x1)
 Homosexuality and "sin"

The clash between the rights of LGBT people and freedom to express Christian views.

An employment tribunal is set to rule on whether a mental health charity in Leeds was right to withdraw a job offer from a Christian social worker who thinks homosexuality is a sin. How can employers - and our legal system - balance the sometimes competing rights of different minority groups? How Christian is Britain these days anyway? And what is "minority stress theory"?

Presenter: Adam Fleming
 Producers: Simon Tulett, Simon Maybin, Ellie House, Jameel Shariff
 Editor: Penny Murphy

WED 20:45 Uncharted with Hannah Fry (m001qw98)
 3. The Doctor Will See You Now

It's a hot summer's day in 1998. Two couples stand side by side in a small courtyard. Brought together by chance, they may never have met if not for one thing. A tatty piece of paper, the contents of which will change their lives, and the lives of thousands across the country, forever.

Hannah Fry tells the tale of this single sheet of A4 uncovered a dark pattern and a serial murderer hiding in plain sight.

A warning for sensitive listeners, that this episode contains references to murder.

Episode Producer: Lauren Armstrong-Carter
 Sound Design: Jon Nicholls
 Story Editor: John Yorke

A series for Radio 4 by BBC Science in Cardiff.

WED 21:00 The Life Scientific (m001y87c)
 [Repeat of broadcast at 09:00 on Tuesday]

WED 21:30 Inside Health (m001y87f)
 [Repeat of broadcast at 09:30 on Tuesday]

WED 22:00 The World Tonight (m001y87h)
 In depth reporting, intelligent analysis and breaking news from a global perspective.

WED 22:45 Prophet Song by Paul Lynch (m001y87k)
 Episode 8

The explosive literary sensation and winner of the 2023 Booker Prize. As read by Clare Dunne ('Kin.')

On a dark, wet evening in Dublin, scientist and mother-of-four Eilish Stack answers her front door to find the GNSB – the Garda National Service Bureau – on her step. Two officers from Ireland's newly formed secret police are here to interrogate her husband, a trade unionist.

Ireland is falling apart. The country is in the grip of a government turning towards tyranny and Eilish finds herself

caught within the nightmare logic of a society that is quickly unravelling.

How far will she go to save her family? And what – or who – is she willing to leave behind?

The Author
 Paul Lynch is the prize-winning author of five novels: 'Prophet Song', 'Beyond the Sea', 'Grace', 'The Black Snow', and 'Red Sky in Morning'. He was awarded The Booker Prize 2023 for his esteemed novel 'Prophet Song'. He has won the Kerry Group Irish Novel of the Year and the French booksellers' prize Prix Libr'à Nous for best foreign novel. He has also been shortlisted for UK's Walter Scott Prize, the US's William Saroyan International Prize, and France's Prix Jean Monnet for European Literature and the Prix du Meilleur Livre Étranger, among other prizes. Libération has called Lynch "one of today's greatest Irish writers". He lives in Dublin with his wife and two children.

Reader: Clare Dunne
 Author: Paul Lynch
 Abridger: Rowan Routh
 Producer: Michael Shannon

A BBC Audio Northern Ireland Production for BBC Radio 4.

WED 23:00 Aurie Styla: Tech Talk (m001y87m)
 3. Alexa, Make Me Aa Sandwich

Stand-up comedian Aurie Styla, a 90s nerd, takes an autobiographical journey through technology history. In this episode, we look at Laurie's life today - a life which is riled by Siri and her various strange sisters.

Aurie has been a technology lover since he got his first 13-inch television which only worked if asked very nicely, and he re-wired to show all the channels available - in total, four.

Since the days of his first gaming console, the Sega Master System – featuring 'Alex Kidd In Miracle World', the most frustrating video game of all time – Aurie has seen technology transform in a manner that would have been hard to believe in the 90s.

This show charts his personal relationship with machines, looking at the past (computer games that you had to load from cassette tapes), the present (houses that are lit and warmed via apps on your phone, cars that drive themselves without you) and the future (AIs that tell you how to dress and what to eat for dinner, and superior intelligences that command your every move whether you want to object or not).

Technology has moved on rapidly, from being a fun sideshow to the bedrock of our understanding of human life. Aurie guides us through this landscape with infectious wit, taking time to remember the awkward interface of MSN Messenger while also negotiating the modern culture of having to check with a virtual assistant before you turn your lights off. A warm, human show about the way the world has become less and less warm and human, celebrating the march of tech while being appropriately terrified of it.

An Impatient production for BBC Radio 4

WED 23:15 Jokes (m001kpts)
 Jessica Fostekeew: Sturdy Girl Club

Sturdy Girl Club - Episode 2: Powerlifting

In this second episode of the stand-up series looking at women's weightlifting, Jessica Fostekeew introduces us to powerlifting - squat, bench press and deadlift.

We hear from 'Princess of Iron' Sharon Eggleton (the current second strongest powerlifter in Britain), as well as comedian and fanatical powerlifter Fern Brady, on just how brilliant and grounding it is to feel strong, not enjoying being a team player and how the rise in the female take-up of the sport is beginning to counter the toxic masculinity of the free weights area.

Written and Performed by Jessica Fostekeew
 Producer: Lyndsay Fenner
 Executive Producer: Victoria Lloyd
 Sound Recordist: David Thomas

A Mighty Bunny production for BBC Radio 4

WED 23:30 Today in Parliament (m001y87p)
 News, views and features on today's stories in Parliament

THURSDAY 18 APRIL 2024

THU 00:00 Midnight News (m001y87r)

National and international news from BBC Radio 4

THU 00:30 An African History of Africa by Zeinab Badawi (m001y869)

[Repeat of broadcast at 11:45 on Wednesday]

THU 00:48 Shipping Forecast (m001y87t)

The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m001y87w)

BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m001y87y)

The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m001y880)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m001y882)

A reflection and prayer to start the day with Rev Dr Bert Tosh.

THU 05:45 Farming Today (m001y884)

The latest news about food, farming and the countryside.

THU 06:00 Today (m001y8fm)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m001y8fp)

Napoleon's Hundred Days

Melvyn Bragg and guests discuss Napoleon Bonaparte's temporary return to power in France in 1815, following his escape from exile on Elba. He arrived with fewer than a thousand men, yet three weeks later he had displaced Louis XVIII and taken charge of an army as large as any that the Allied Powers could muster individually. He saw that his best chance was to pick the Allies off one by one, starting with the Prussian and then the British/Allied armies in what is now Belgium. He appeared to be on the point of victory at Waterloo yet somehow it eluded him, and his plans were soon in tatters. His escape to America thwarted, he surrendered on 15th July and was exiled again but this time to Saint Helena. There he wrote his memoirs to help shape his legacy, while back in Europe there were still fears of his return.

With

Michael Rowe

Reader in European History at Kings College London

Katherine Astbury

Professor of French Studies at the University of Warwick

And

Zack White

Leverhulme Early Career Research Fellow at the University of Portsmouth

Producer: Simon Tillotson

In Our Time is a BBC Studios Audio production.

THU 09:45 Just One Thing - with Michael Mosley (m001y8fr)

Play an Instrument

Humans have been making music for thousands of years, but for Michael Mosley and our volunteer Matthew, the musical journey is only just beginning. Playing a musical instrument has been shown to strengthen your memory and lift your mood. It can even reduce chronic inflammation. Dr Sofia Seinfeld from the Open University in Catalonia tells Michael why it's never too late to start making music, and how it can enhance your cognitive abilities by activating regions of the brain associated with motor co-ordination and the processing of emotions. Meanwhile, Matthew gets to grips with the ukulele to see if he can master a tune and boost his wellbeing.

Series Producer: Nija Dalal-Small

Editor: Zoë Heron

A BBC Studios production for BBC Sounds / BBC Radio 4.

THU 10:00 Woman's Hour (m001y8ft)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

THU 11:00 This Cultural Life (m001yb9n)

Sam Taylor-Johnson

Film director and artist Sam Taylor-Johnson talks to John Wilson about her creative influences.

THU 11:45 An African History of Africa by Zeinab Badawi (m001y8g1)

The Great Zimbabwe

An epic, sweeping history of the continent told through the voices of Africans themselves.

Zeinab Badawi tours the breath taking ruins of Great Zimbabwe, a magnificent stone settlement from where kings once ruled.

Written and read by Zeinab Badawi

Abridged by Robin Brooks

Producer: Eilidh McCreadie

Zeinab Badawi is an award-winning broadcaster, journalist, and filmmaker. She is President of SOAS, University of London and is an honorary fellow of her alma mater St Hilda's College, Oxford. Born in Sudan, she has worked in the British media for several decades. Zeinab is a recipient of the President's Medal of the British Academy, a Patron of the United Nations Association UK, and is on the boards of the Arts, Humanities and Research Council, MINDS (the Mandela Institute for Development Studies), the International Crisis Group and Afrobarometer.

THU 12:00 News Summary (m001y8g5)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001y8g9)

News and discussion of consumer affairs

THU 12:32 Sliced Bread (m001y8gf)

Toast - Mothercare's UK Stores

Why did Mothercare have to close all of their UK stores?

Sean Farrington discovers what happened to the baby goods retailer which once dominated the high street.

Alongside him, analysing Mothercare's fortunes, is the entrepreneur, Sam White.

The pair hear from Tim Curtis who once ran Mothercare's website, catalogue and home delivery service; Amena Khan, a loyal Mothercare customer and Richard Lim, CEO of Retail Economics.

They chart the highs and the lows and learn how Mothercare continues to trade today, albeit in a different form.

Produced by Jon Douglas and Shanaye Mainoo-Magnone. Toast is a BBC Audio North production for Radio 4 and BBC Sounds.

You can email the programme at toast@bbc.co.uk

Feel free to suggest topics which could be covered in future episodes.

Sliced Bread returns for a new batch of investigations in May. In the new series, Greg Foot will investigate more of the latest so-called wonder products to find out whether they really are the best thing since sliced bread. In the meantime, Toast is available in the Sliced Bread feed on BBC Sounds.

THU 12:57 Weather (m001y8gk)

The latest weather forecast

THU 13:00 World at One (m001y8gp)

Forty-five minutes of news, analysis and comment.

THU 13:45 Glued Up: The Sticky Story of Humanity (m001y8gt)

War and Wounds

In this series, materials scientist Mark Miodownik charts the journey of human progress through the sticky substances that have shaped us.

In episode four he explores how the accidental invention of superglue produced a life saving adhesive that was used to treat battle wounds during the Vietnam War.

He hears how medical glues today have transformed the way we heal ourselves. And he learns about research into a new generation of tissue adhesives inspired by sticky, slimy

secretions from the natural world.

Contributors:

Chantelle Champagne, University of Alberta
Jeff Karp, Brigham and Women's Hospital through Harvard Medical School

Sound effects: Cup breaks by avakas, from Freesound

Producer: Anand Jagatia

Presenter: Mark Miodownik

Executive Producer: Sasha Feachem

BBC Studios Audio Production

THU 14:00 The Archers (m001y876)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (m000sz2f)

Scenes from a Zombie Apocalypse

When the world goes off track, sometimes children understand it best. A modern horror story. With Orla and Eliza Pearce.

Written by Katie Hims and Paul Elliott.

Bo Orla Pearce

Ellie Eliza Pearce

Bernadette Strange Laura Elphinstone

David Chase David Sturzaker

PC Blake Nicholas Murchie

PC Ackie Marilyn Nnadebe

Fiona Jessica Turner

Jerry Tony Turner

Man Joshua Riley

Alison Elinor Coleman

Shopkeeper/Saeed/Lawton Hasan Dixon

Mum /Paramedic Jane Slavin

Driver/Dr Simms Stewart Campbell

Director: Jessica Dromgoole

First broadcast on BBC Radio 4 in 2021.

THU 15:00 Open Country (m001y8gy)

Postal Paths and Corpse Roads

Up until the 1970s, postmen and women in rural areas walked their delivery rounds - taking routes through the hills dubbed "postal paths". Some routes, and fragments of others, still survive today. In this programme Helen Mark explores one of them, near the village of Shap in Cumbria, with author Alan Cleaver who is writing a book about these old paths. So far he's identified over thirty of them up and down the UK. Others have now been built over and are gone forever. Alan tells Helen about the cultural significance of the postal service in the past, recounting the poignant story of a man who used to write letters to himself, just so that the postman would call by and he would have a visitor. Alan and Helen discuss the disappearing role of postmen and women, in the age of electronic communication.

Helen also explores part of Shap's old Corpse Road, which linked Swindale Head with Mardale - a village which didn't have its own cemetery until the mid 18th century. Before that, bodies had to be carried over the fells to Shap for burial - a distance of about eight miles. The last body was carried along the Corpse Road in 1736. Local historian Jean Scott-Smith tells the story of the Corpse Road and shows Helen part of the route.

Produced by Emma Campbell

THU 15:27 Radio 4 Appeal (m001y8h2)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Feedback (m001y8hb)

The programme that holds the BBC to account on behalf of the radio audience

THU 16:00 The Briefing Room (m001y8hb)

David Aaronovitch and a panel of experts and insiders present in-depth explainers on big issues in the news.

THU 16:30 BBC Inside Science (m001y8hg)

A weekly programme looking at the science that's changing our world.

THU 17:00 PM (m001y8hl)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

THU 18:00 Six O'Clock News (m001y8hq)

National and international news from BBC Radio 4

THU 18:30 What's the Story, Ashley Storrie? (m001y8hv)
Making Friends and Growing Up Funny

Relating more to wizards, aliens and ghosts since childhood, Ashley has developed her own unique ways of seemingly 'fitting in', despite the confusing world of human relationships.

After a childhood full of failed attempts, Ashley spent years obsessing over how to solve the problem of making friends in the only way she knows how - using strategies and methodical research within her peer group.

Now she shares her findings, as well as the epiphany she reached at the end of her study.

And with a Scottish working-class female comic for a mother, she was destined to grow up 'funny'. Being put to work selling her mum's show every year during the Edinburgh Fringe resulted in some challenging conversations with members of the public, and surprising encounters with famous faces. If only she'd known the difference between the two at the time.

A juicy peek behind the scenes, from the perspective of a child with autism, forced to share her mum – and her bunk bed – with the world of comedy.

With Rosco McClelland
Produced by Julia Sutherland
Sound Design by Sean Kerwin
A Dabster production for BBC Radio 4

THU 19:00 The Archers (m001y8h7)
Chelsea plays the system, and opportunity knocks for Mick.

THU 19:15 Front Row (m001y8jo)
Live magazine programme on the worlds of arts, literature, film, media and music.

THU 20:00 The Media Show (m001y86y)
[Repeat of broadcast at 16:00 on Wednesday]

THU 21:00 Loose Ends (m001yb8j)
[Repeat of broadcast at 18:15 on Saturday]

THU 21:45 Why Do We Do That? (m001dxxp)
Why Do We Kiss?

This episode is all about the iconic kiss. Is it as universal as we think? One study suggests that lip-to-lip romantic kissing - the snog, if you will - is only present in 46% of cultures around the world. So did we just recently learn to do it? Ella Al-Shamahi speaks to Journalist and Radio 1 Life Hacks Presenter Katie Thistleton to get deep into the strangeness of kissing. Speaking to Dr Rafael Wlodarski from Oxford University, they find out how kissing, or getting close to one another, has been shown to give away clues about your genetic information via smells - and why we find the smell of someone who is genetically compatible with us more attractive.

THU 22:00 The World Tonight (m001y8j4)
In depth reporting, intelligent analysis and breaking news from a global perspective.

THU 22:45 Prophet Song by Paul Lynch (m001y8j8)
Episode 9

The explosive literary sensation and winner of the 2023 Booker Prize. As read by Clare Dunne ('Kin.')

On a dark, wet evening in Dublin, scientist and mother-of-four Eilish Stack answers her front door to find the GNSB – the Garda National Service Bureau – on her step. Two officers from Ireland's newly formed secret police are here to interrogate her husband, a trade unionist.

Ireland is falling apart. The country is in the grip of a government turning towards tyranny and Eilish finds herself caught within the nightmare logic of a society that is quickly unravelling.

How far will she go to save her family? And what – or who – is she willing to leave behind?

The Author
Paul Lynch is the prize-winning author of five novels: 'Prophet Song', 'Beyond the Sea', 'Grace', 'The Black Snow', and 'Red Sky in Morning'. He was awarded The Booker Prize 2023 for his esteemed novel 'Prophet Song'. He has won the Kerry Group Irish Novel of the Year and the French booksellers' prize Prix

Libra à Nous for best foreign novel. He has also been shortlisted for UK's Walter Scott Prize, the US's William Saroyan International Prize, and France's Prix Jean Monnet for European Literature and the Prix du Meilleur Livre Étranger, among other prizes. Libération has called Lynch "one of today's greatest Irish writers". He lives in Dublin with his wife and two children.

Reader: Clare Dunne
Author: Paul Lynch
Abridger: Rowan Routh
Producer: Michael Shannon

A BBC Audio Northern Ireland Production for BBC Radio 4.

THU 23:00 The Today Podcast (m001y8jf)
Amol and Nick's take on the biggest stories of the week.

THU 23:30 Today in Parliament (m001y8jk)
News, views and features on today's stories in Parliament

FRIDAY 19 APRIL 2024

FRI 00:00 Midnight News (m001y8jp)
National and international news from BBC Radio 4

FRI 00:30 An African History of Africa by Zeinab Badawi (m001y8g1)
[Repeat of broadcast at 11:45 on Thursday]

FRI 00:48 Shipping Forecast (m001y8jv)
The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m001y8jz)
BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m001y8k2)
The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m001y8k6)
The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001y8kb)
A reflection and prayer to start the day with Rev Dr Bert Tosh

FRI 05:45 Farming Today (m001y8kg)
The latest news about food, farming and the countryside.

FRI 06:00 Today (m001y8fy)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 The Reunion (m001y8g2)
[Repeat of broadcast at 10:00 on Sunday]

FRI 10:00 Woman's Hour (m001y8g6)
Women's voices and women's lives - topical conversations to inform, challenge and inspire.

FRI 11:00 The Food Programme (m001y8gb)
Brexist's Import Controls

Physical checks will soon be carried out on some foods being imported from the EU, but how will it impact the rest of the UK's food supplies? Jaega Wise investigates.

FRI 11:45 An African History of Africa by Zeinab Badawi (m001y8gg)
The Future

An epic, sweeping history of the continent told through the voices of Africans themselves.

Zeinab Badawi considers the recent history of Africa and looks ahead to the continent's post-colonial future.

Written and read by Zeinab Badawi
Abridged by Robin Brooks
Producer: Eilidh McCreadie

Zeinab Badawi is an award-winning broadcaster, journalist, and filmmaker. She is President of SOAS, University of London

and is an honorary fellow of her alma mater St Hilda's College, Oxford. Born in Sudan, she has worked in the British media for several decades. Zeinab is a recipient of the President's Medal of the British Academy, a Patron of the United Nations Association UK, and is on the boards of the Arts, Humanities and Research Council, MINDS (the Mandela Institute for Development Studies), the International Crisis Group and Afrobarometer.

FRI 12:00 News Summary (m001y8gl)
The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m001y8gq)
Adam Fleming helps you work out what the culture war arguments are really about.

FRI 12:57 Weather (m001y8gv)
The latest weather forecast

FRI 13:00 World at One (m001y8gz)
Forty-five minutes of news, analysis and comment.

FRI 13:45 Glued Up: The Sticky Story of Humanity (m001y8h3)
Coming Unstuck

In this series, materials scientist Mark Miodownik charts the journey of human progress through the sticky substances that have shaped us.

In episode five he explores how the sticking power of modern glues – in everything from phones to furniture and planes to wind turbines – pose a problem, because they can't be Unstuck.

He hears how modern electronic devices contain more glue than ever before, making them harder to repair and more likely to end up in landfill. But new designs could make our tech more sustainable.

And he learns about research into reversible glues that can be turned off at the flick of a switch, and how they could change the way we make, fix and recycle our stuff.

Contributors:
Barny Greenland, University of Sussex
Liz Chamberlain, iFixit

Sound effects: scratching_rotten_wall by erpe, from Freesound

Producer: Anand Jagatia
Presenter: Mark Miodownik
Executive Producer: Sasha Feachem
BBC Studios Audio Production

FRI 14:00 The Archers (m001y8h7)
[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (p0hkrsdk)
Silos

Silos - 5: Collective

'This is how it happened. We closed our eyes...'
Riv has revealed the secret of the silos. But without him, how do they get access? And what is the code word?

CAST:
NAT - Anastasia Hille
ROZMAY - Rakie Ayola
HANNA - Bryony Hannah
HONOUR and JAMES - Raad Rawi
DIZZY - Waleed Akhtar
MARVIN - Lee Rufford
TIGER - Tayla Kovacevic-Ebong
IVAN - Ben Crowe
JODIE - Anna Fenton-Garvey
INFOVERT VOICE - Teresa Gallagher

Writer: Anita Sullivan
Director: Karen Rose
Producer: Sarah Tombling
Sound: David Thomas
Composer: Simon Slater
Exec Producer: Rosalind Ward

Legal Advisor on Stasis Rights: Elizabeth Barrett
Cultural Advisor: Francis Gallop

Interviewees: Ben Fletcher, Leon Kruger, Mareike Guensche, Camy Crefield, Liz Aggiss, Kiwi Sam

A Sweet Talk production for BBC Radio 4

FRI 14:45 Child (m001xl5g)

19. Time Warp

We're taking a pause to lose ourselves down the rabbit hole of time. Because something strange happens to time in those first weeks of a baby's arrival. The rest of the world still seems to, mostly, rise with the sun, and sleep with the dark - but the world of a new parent has turned on its head.

So what would happen if we looked at time in a totally different way?

In this episode, India Rakusen explores the relatively new concept (but ancient experience of) Maialogical time with historian Joanna Wolfarth, discusses the impact of the first few months with Perinatal psychiatrist Trudi Seneviratne, and talks to musician and mother Eske Mtungwazi about her experience in the world of neonatal care.

Presented by India Rakusen

Producer: India Rakusen

Series Producer: Ellie Sans

Executive Producer: Suzy Grant

Commissioning Editor: Rhian Roberts

Original music composed and performed by Eska Mtungwazi
Mix and Mastering by Olga Reed

A Listen production for Radio 4 and BBC Sounds

FRI 15:00 Gardeners' Question Time (m001y8hf)

Horticultural programme featuring a group of gardening experts.

FRI 15:45 Short Works (m001y8hk)

Paraphernalia by Jane Fraser

A stowaway threatens the tranquillity of a family seaside outing in the Gower, South Wales. An original short story by Gower-based writer, Jane Fraser, read by Hannah Daniel.

Sound by Catherine Robinson

Produced by Emma Harding, BBC Audio Wales

FRI 16:00 Last Word (m001y8hp)

Weekly obituary programme telling the life stories of those who have died recently.

FRI 16:30 Life Changing (m001y863)

[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m001y8ht)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

FRI 18:00 Six O'Clock News (m001y8hx)

National and international news from BBC Radio 4

FRI 18:30 The Now Show (m001y8j1)

Series 64

Episode 6

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches.

FRI 19:00 The Archers (m001y8j5)

Writer: Nick Warburton

Director: David Payne

Kenton Archer.... Richard Attlee
Natasha Archer.... Mali Harries
Lilian Bellamy.... Sunny Ormonde
Harrison Burns.... James Cartwright
Alice Carter.... Hollie Chapman
Chris Carter.... Wilf Scolding
Harry Chilcott.... Jack Ashton
Brad Horrobin.... Taylor Uttley
Chelsea Horrobin.... Madeleine Leslay
Kate Madikane.... Perdita Avery
Dr Azra Malik.... Yasmin Wilde
Jazzer McCreary.... Ryan Kelly
Kirsty Miller.... Annabelle Dowler
Lily Pargetter.... Katie Redford
Hannah Riley.... Helen Longworth
Fallon Rogers.... Joanna Van Kampen
Oliver Sterling.... Michael Cochrane
Mick.... Martin Barras
Ruby Cosse.... Helen Atkinson Wood

FRI 19:15 Screenshot (m001y8j9)**Pumping Iron: Gyms and Bodybuilding**

As rising British director Rose Glass (St Maud) brings us Love Lies Bleeding - a film about female bodybuilders - Mark Kermode and Ellen E Jones examine the precedents, including the action stars of the 80s like Schwarzenegger who broke out of the gym and into the mainstream, as well as how gyms make a rich setting for drama and action.

Mark explores what bodybuilders have brought to the screen over the years. He talks to editor of Empire magazine and author of The Last Action Heroes, Nick de Semlyen, about the history of muscles and bodybuilders on screen. Mark then speaks to rising star Katy O'Brian about her breakout role in Love Lies Bleeding and her own background in bodybuilding.

Ellen looks at how the gym and fitness culture are rich settings for drama. She speaks to film writer Brandon Streussnig about how the gym is portrayed on screen and his favourite gym movies. She then talks to Annie Weisman, the creator of Apple TV's Physical, about fitness culture in the 80s and its relationship to women's empowerment.

Producer: Queenie Qureshi-Wales

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m001y8jd)

James Cook presents political discussion from St George's Guildhall in King's Lynn.

Producer: Robin Markwell

Lead broadcast engineer: Kevan Long

FRI 20:50 A Point of View (m001y8jj)

Weekly reflections on topical issues from a range of contributors.

FRI 21:00 Free Thinking (m001y8jn)

Shahidha Bari and guests explore the ideas shaping our lives today, looking back at the week and picking out some themes and questions which have caught their attention.

Producer: Lisa Jenkinson

FRI 22:00 The World Tonight (m001y8jr)

In depth reporting, intelligent analysis and breaking news from a global perspective.

FRI 22:45 Prophet Song by Paul Lynch (m001y8jw)

Episode 10

The explosive literary sensation and winner of the 2023 Booker Prize. As read by Clare Dunne ('Kin.')

On a dark, wet evening in Dublin, scientist and mother-of-four Eilish Stack answers her front door to find the GNSB – the Garda National Service Bureau – on her step. Two officers from Ireland's newly formed secret police are here to interrogate her husband, a trade unionist.

Ireland is falling apart. The country is in the grip of a government turning towards tyranny and Eilish finds herself caught within the nightmare logic of a society that is quickly unravelling.

How far will she go to save her family? And what – or who – is she willing to leave behind?

The Author

Paul Lynch is the prize-winning author of five novels: 'Prophet Song', 'Beyond the Sea', 'Grace', 'The Black Snow', and 'Red Sky in Morning'. He was awarded The Booker Prize 2023 for his esteemed novel 'Prophet Song'. He has won the Kerry Group Irish Novel of the Year and the French booksellers' prize Prix Lib'ra Nous for best foreign novel. He has also been shortlisted for UK's Walter Scott Prize, the US's William Saroyan International Prize, and France's Prix Jean Monnet for European Literature and the Prix du Meilleur Livre Étranger, among other prizes. Libération has called Lynch "one of today's greatest Irish writers". He lives in Dublin with his wife and two children.

Reader: Clare Dunne

Author: Paul Lynch

Abridger: Rowan Routh

Producer: Michael Shannon

A BBC Audio Northern Ireland Production for BBC Radio 4.

FRI 23:00 Americast (m001y8k0)

Join the Americast team for insights from across the US.

FRI 23:30 Today in Parliament (m001y8k5)

News, views and features on today's stories in Parliament