

SATURDAY 16 MARCH 2024**SAT 00:00 Midnight News (m001x5cq)**

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 Blood in the Machine by Brian Merchant (m001x5cs)

Book of the Week: Ep 5 - Autumn 1812 - Luddism is on trial

In Brian Merchant's acclaimed account it's autumn 1812 and the consequences of the events that took place at Rawfolds Mill are far reaching for all involved. Hugo Speer reads.

In the first two decades of the nineteenth century, the cloth trade was at the forefront of the industrial revolution. As machines were brought in traditional skills, acquired by cloth workers over years of hard graft, became obsolete. Working men and women were left without the means to feed their families, and without purpose or pride in their identities as workers.

Meanwhile, around them they could see that a handful of entrepreneurs, the first tech titans, were accumulating wealth by replacing them with machines. The response was the Luddites.

Blood in the Machine draws on a number of primary sources, as well as historical accounts based on interviews recorded later on in the nineteenth century with those who participated in and had first hand knowledge of the rebellion.

In his book, Brian Merchant finds parallels between technology's impact on today's workforce and the first time machines replaced the jobs done by human beings.

Brian Merchant is the technology columnist for the Los Angeles Times, and author of the bestseller, *The One Device: The Secret History of the iPhone*. His writing appears in the New York Times, Wired, The Atlantic and Harper's Magazine. He is also the founder of Gizmodo's Automaton project examining AI and the future of work.

Hugo Speer known for playing DI David Bradford in London Kills, Lucius in Britannia, and Guy in The Full Monty. He also plays DCI Stone in the acclaimed Radio 4 series, Stone.

Abridged by Richard Hamilton
Produced by Elizabeth Allard

SAT 00:48 Shipping Forecast (m001x5cv)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m001x5cx)

World Service

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m001x5cz)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m001x5d1)

National and international news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001x5d3)

A reflection and prayer to start the day with Abbot Mark-Ephrem Nolan OSB.

SAT 05:45 Lent Talks (m001x500)

Mary's Pain

Lent Talks - Mary's Pain
Written and presented by Dr Selina Stone, Postdoctoral Research Associate in Theological Education, Durham University and author 'Tarry Awhile' – the Archbishop of Canterbury's lent book.

The story of Jesus' suffering and death is also the story of the pain experienced by those who loved him, particularly his mother Mary. We think of her often as a privileged woman, "blessed among women" and the mother of God in flesh. And yet this calling also involved great suffering and pain as she watches her son suffer and then be murdered. What do we learn about our human experience and the Christian life when we pay attention to Mary in this way? In a world in which so many experience the pain of seeing their loved ones suffer, how might we reflect and respond?

Producer: Carmel Lonergan
Editor: Dan Tierney

Opening and closing music: Stabat Mater

"Details of organisations offering information and support with bereavement, or if you've been a victim of crime are available at bbc.co.uk/actionline."

SAT 06:00 News and Papers (m001xf71)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Ramblings (m001x547)

The Wild Cliffs of St David's

A cliff edge walk at St. David's in Pembrokeshire with artists Jackie Morris and Tamsin Abbott who are creating a book of illuminated folk stories. Jackie is writing the words and Tamsin is creating original pieces of stained glass for the book's artwork.

Jackie is an artist and writer possibly best known for her illustrations in *The Lost Words*, a large and beautiful book about language and nature. Tamsin is an established stained glass artist and illustrator inspired by the natural world.

As they ramble along the coast, Clare hears about their new project - *Wild Folk: Tales from the Stones* - seven 'fables of transformation and power summoned from the ancient stones beneath our feet'. Inhabiting the pages are selkies and salmon, a great white raven, a huge black fox and a woman who lives as an owl.

Wild Folk doesn't exist quite yet... It's being crowd-funded and will be available in 2025.

They began their walk at Whitesands carpark and walked cliff-side towards the Coetan Arthur burial chamber on St. David's Head.

Presenter: Clare Balding
Producer: Karen Gregor

SAT 06:30 Farming Today (m001xf78)

16/03/24 Farming Today This Week: Badger culls, food labelling, religious slaughter

Badger culling could continue indefinitely in England under new government proposals which reverse earlier pledges to begin to phase out badger culls from next year. The Government says culls are working in helping to reduce TB in cattle. Now ministers say that in high risk and edge areas, which covers much of southwest and central England, culling could continue until the Chief Veterinary Officer deems that the situation has improved, at which point badger vaccination would be introduced. A consultation on the proposals has just been launched. The Badger Trust describes this as 'another appalling attack on a protected native species'.

New rules on food labelling could be introduced to give more information about how and where its produced, but some farmers say it'll be costly and complex.

Sheep farmers are benefiting from a spike in prices as Ramadan and Easter are both celebrated this month. Both events traditionally look to lamb as their meat of choice on these occasions, and farmers, processors and retailers, have all geared up for a busy time. We answer listener questions about religious slaughter, and the difference between stunned and non-stunned killing methods.

The writer Michael Morpurgo and his wife Clare have long been advocates for helping young people learn more about farming and the countryside, so much so that they set up Farms for City Children nearly 50 years ago. It gives kids from urban schools a week helping to run the farm and learning about both farming and nature.

For one of their latest projects, they've teamed up with the Woodland Trust to involve primary school children in planting trees inside what they call roundels.

Presented by Charlotte Smith and produced by Beatrice Fenton.

SAT 06:57 Weather (m001xf7g)

The latest weather reports and forecast

SAT 07:00 Today (m001xf7p)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001xf83)

Julian Clary, Christopher Samuel, Zak Addae-Kodua and Jules Rowan, Natalie Cassidy

Radio 4's Saturday morning show brings you extraordinary stories and remarkable people.

SAT 10:00 You're Dead to Me (p09tvh8)

Rameses the Great

Greg Jenner and his guests lift the lid on one of Ancient Egypt's greatest rulers, Rameses the Great. How did Rameses acquire the nickname 'The Great'? What were the reasons for the adulation he received from his subjects? How long did he rule and how many temples were built in his honour? Greg discusses these questions and many more with his guests, the comedian and writer Sophie Duker and the historical expert Dr Campbell Price.

Produced by Greg Jenner and Emma Nagouse

SAT 10:30 The Kitchen Cabinet (m001xdmt)

Series 43

Bury St Edmunds

Jay Rayner and his panel of food experts are in Bury St Edmunds for this week's episode. Joining Jay are food writers Tim Hayward and Ixta Belfrage, chef Andi Oliver and food historian Dr Annie Gray.

The panel discuss a range of culinary conundrums, from the best ways to use up 40 savoy cabbages, to making a homemade baguette taste 'French'. They also discuss the different types of chorizo and its uses, and the real question on everyone's mind - does anyone enjoy pickled eggs?

Meanwhile, Dr Annie Gray takes us through the history and uses of vinegar, and guest speaker Saffa, from Bury St Edmunds food stall Saffa's Delight, talks us through the method of making traditional South African biltong.

Senior Producer: Dan Cocker
Assistant Producer: Dulcie Whadcock

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Week in Westminster (m001xf8d)

George Parker, political editor of the Financial Times, looks back at the political week in which the Conservative party's biggest donor, Frank Hester, was reported to have used racist language about Diane Abbott, Britain's first black woman MP. It overshadowed a new government announcement on extremism which was unveiled by Communities Secretary Michael Gove. To discuss both those stories George is joined by one of the Conservative party's most prominent black politicians, Shaun Bailey, who was a former candidate for Mayor of London and now sits in the House of Lords, and Lord Mann, a former Labour MP who is now the government's independent adviser on antisemitism.

Following news that the government intends to bring forward a mechanism to ban foreign state ownership of UK newspapers George is joined by Baroness Stowell, Conservative Chair of the Lords Communication and Digital Committee, and Lionel Barber, the former editor of the Financial Times.

The Chancellor, Jeremy Hunt, was quizzed by MPs this week about his Budget in which he made a further cut to National Insurance. Lord Macpherson, a former Permanent Secretary to the Treasury, discusses whether the Chancellor could phase out national insurance altogether and looks at the economic situation in this election year and beyond. And, after a torrid week, are the wheels coming off the Number Ten operation? And can anything lift the darkening mood among Tory MPs? To discuss that George brings together Sir Craig Oliver, former Downing Street Director of Communications, and Katy Balls, political editor of The Spectator.

SAT 11:30 From Our Own Correspondent (m001xf8j)

Life after the Lord's Resistance Army

Kate Adie presents dispatches from the Democratic Republic of Congo, Iran, the United States, Croatia and France.

The brutality of Joseph Kony and the Lord's Resistance Army once made headlines around the world, as #Kony2012 became a global social media cause. While the world soon moved on, the forgotten victims of LRA violence living in the Democratic Republic of Congo are still trying to heal. Hugh Kinsella Cunningham reports from Haut-Uele province.

The Islamic Revolution in Iran put an end to a once thriving cabaret culture and music scene. But over the years, people have still found ways to party - albeit underground and out of sight of the religious police. Among them was Faranak Amidi, who's met some of Iran's women DJs, who dream of playing to clubbers all over the world.

A controversial court ruling in Alabama has divided Christian conservatives on the issue of reproductive rights, as the state's supreme court ruled that frozen embryos should be considered as children. Nomia Iqbal reports on the schism that has emerged between pro-life Republicans.

Rab Island off the north coast of Croatia was once home to a lesser-known Italian concentration camp, where some 4,000 people were killed during World War Two. Mary Novakovich visited the island, where she met a woman who began her life in one of the camps.

And our Paris Correspondent Hugh Schofield takes on the challenge of running the city's half-marathon - with some welcome assistance from The Rolling Stones.

Producer: Serena Tarling
Production coordinator: Katie Morrison
Editor: Richard Fenton-Smith

SAT 12:00 News Summary (m001xfbr)
The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m001xf8s)
Crypto-Related Fraud and Mortgage Arrears

The number of people falling victim to fraud involving cryptocurrency has more than doubled between 2020 and 2023 according to Action Fraud. The value of such fraud has also increased. Our reporter Dan Whitworth has met one such victim, an 86 year old in South Wales who lost over £70,000. Following a Money Box investigation she's now had her lost life savings refunded.

We've been reporting on difficulties people are having moving from working tax credits to Universal Credit. We hear from a listener who runs an annual skinny dipping event to raise money for charity, she's been told by her work coach that all her fundraising will be considered personal income for the purposes of Universal Credit.

In a week that some lenders increase interest rates, figures from the Bank of England show an increase in arrears on mortgage accounts. We hear how people are coping with their mortgage costs and what you can do if you're struggling to pay them.

Presenter: Paul Lewis
Reporter: Dan Whitworth
Researchers: Sandra Hardial and Jo Krasner
Editor: Beatrice Pickup

(First broadcast Saturday 16th March 2024)

SAT 12:30 The Now Show (m001x5c0)
Series 64

Episode 1

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches. Featuring Marcus Brigstocke unpacking screen addiction and Ria Lina on the International Women's Day - Oscars overlap, and an original song from Ed MacArthur.

The show was written by the cast with additional material from David Duncan, Aidan Fitzmaurice, Jade Gebbie and Christina Riggs.

Voice Actors: Gemma Arrowsmith and Jason Forbes.

Producer: Rajiv Karia
Production Coordinator: Caroline Barlow

A BBC Studios Production for Radio 4

SAT 12:57 Weather (m001xf8w)
The latest weather forecast

SAT 13:00 News and Weather (m001xf90)
The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001x5c8)
Simon Bird, Louise Haigh MP, Mark Spencer MP, Danny Srisikandarajah

Alex Forsyth presents political debate from Hougham & Marston Village Hall in Lincolnshire with Simon Bird, Associated British Ports director for the Humber region; Labour's shadow transport secretary Louise Haigh MP; the food, farming and fisheries minister Mark Spencer MP; and Danny Srisikandarajah, chief executive of the New Economics Foundation.

Producer: Paul Martin
Lead broadcast engineer: Richard Earle

SAT 14:00 Any Answers? (m001xf94)
Call Any Answers? to have your say on the big issues in the news this week

SAT 14:45 Short Works (m001rqyw)
The Centaur's Spectacles

A specially commissioned story from the award-winning Katherine Rundell.

A pair of spectacles made by a centaur have an extraordinary and magical effect on the human wearer.

Read by the author

Produced by Gaynor Macfarlane

Katherine Rundell is the bestselling author of Super-Infinite: The Transformations of John Donne, shortlisted for the Baillie Gifford Prize and The Golden Mole and Other Living Treasure, shortlisted for the Waterstones Book of the Year. Her novels for children include Impossible Creatures, Rooftoppers, The Wolf Wilder, The Explorer and The Good Thieves for which she has won the Costa Children's Book Award, the Blue Peter Book Award and the Waterstones Children's Book Prize. Her books have sold over 2.5 million copies internationally.

SAT 15:00 Drama on 4 (m001xf98)
Family Business

A state-of-the-nation docu-drama about family relationships, national identity and commerce, by acclaimed Critic's Choice winning playwright Alecky Blythe (London Road, National Theatre; The Girlfriend Experience, Royal Court).

Created from edited recordings collected in John Lewis stores across the UK, this funny, provocative, and fast-moving story offers extraordinary insight into the aspirations of the British shopper, making important purchases for life's key moments from cradle to grave.

In 2014, Alecky Blythe embarked on writing a play, focusing on customers in John Lewis, shopping for the many different key life stages. She recorded interviews with shoppers struggling with leaving home, furnishing flats, negotiating families, weddings, divorces, affairs, christenings and retirement. Ten years later, Alecky returned to talk to the same people to see how life had dealt with them.

Her plays are created from recorded conversations with real people which are edited and become the text spoken by actors. The ensemble of actors do not work with scripts, but are fed their lines, spoken by the interviewees in the edited recordings, through earpieces in the studio. They reproduce what they hear as faithfully as they can, down to the last pause and vocal tick.

The ensemble includes Debbie Chazen, Chris Lew Kum Hoi, Andrew Leung, Sarita Gabony, Joe Bolland, Claire Lams and Barry McCarthy.

Created and written by Alecky Blythe
Original idea by Matthew Byam Shaw
Directed by Alecky Blythe and James Dacre
Music and sound design by Adam Cork

Audio production by Richard Power and Frank Stirling

A 7digital production with the Royal & Derngate, Northampton and Living Theatre Productions for BBC Radio 4

SAT 16:00 Woman's Hour (m001xf9d)
Weekend Woman's Hour: Irish folk singer Cara Dillon, The Hampstead Paedophile Hoax, Maximalism

Cara Dillon won the All Ireland singing trophy aged only 14 and has gone on to receive countless awards and accolades including Album Of The Year at the BBC Radio 2 Folk Awards. She has worked for Disney – singing the title song to the animated movie Tinkerbell and the Great Fairy Rescue, and topped the charts with dance remixes. She joins Emma to discuss her book and a new album – Coming Home – in which she brings storytelling, poetry, and song, offering personal memories and stories inspired by her native Co. Derry, and exploring themes of family, identity and home.

The government in South Korea has said the country's birth rate has fallen to a record low, despite it having spent billions on initiatives to encourage women to have more children. It dropped to 0.72 in 2023 - and for a population to hold steady, that number should be 2.1. Why are women in the country deciding not to have children? BBC journalist Yuna Ku in Seoul explains.

We continue our series looking at how porn in shaping our sex and relationships today by speaking to Dr Fiona Vera-Gray. She says that when we think about porn we still mostly think about men, men as the producers and the consumers and women as the product. Her new book, Women On Porn, details the experiences of one hundred women and their views on porn and she joins Emma in the studio.

For the first time, four mums are speaking out about what it was like to be at the centre of a conspiracy that went viral, even reaching the USA. Accused: The Hampstead Paedophile Hoax is a new documentary that looks at what happened to them. Director Emily Turner and mum 'Anna' (not her real name) join Emma Barnett to talk about why they wanted to speak out and share this story.

The Women's Six Nations begins later this month. Wales, Scotland, Ireland, France and Italy are taking part as well as England who are looking to build on the glory of 2023, when they sealed the grand slam in front of nearly 60,000 spectators at Twickenham, a record crowd for a women's game. We'll continue to cover the Six Nations as it gets underway but to kick us off Emma is joined by England Rugby player Meg Jones.

In recent years, maximalism has been all the rage in the interior design world. Patterns on patterns and riotous colours. But what are the pros and cons of adding personality to your home? Pottery artist, Mary Rose Young and Kate Sandhu, interiors influencer and founder of Kate Sandhu Renovation, join Emma to discuss.

SAT 17:00 PM (m001xf9f)
Full coverage of the day's news

SAT 17:30 Sliced Bread (m001x538)
Tens machines and circulation boosters

Greg's getting electric for this one, as he tries out a tens machine. Tens (transcutaneous electrical nerve stimulation) is a type of pain relief which uses a mild electrical current. They're marketed at all types of pain - but do they work? The NHS isn't convinced yet. Listener Patrick is one of many who have asked about these devices, so we got in touch with a professor who's studied them for 40 years. Also - another type of electrotherapy is a circulation booster. These circular devices claim to be able to help sore legs by activating the muscles. On behalf of listener Rick, Greg finds out what the evidence is for their effectiveness.

PRODUCER: TOM MOSELEY
PRESENTER: GREG FOOT

SAT 17:54 Shipping Forecast (m001xf9t)
The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m001xfb6)
The latest weather forecast

SAT 18:00 Six O'Clock News (m001xfbm)
Vaughn Gething is set to become the First Minister of Wales -- and the first black leader of a European nation -- after he won the contest to lead the Welsh Labour party.

SAT 18:15 Loose Ends (m001xf1)
Jonny Lee Miller, Ade Adepitan, Kimberley Chambers, Gary Stevenson, Kat Eaton, Bidisha Mamata, Clive Anderson

Clive Anderson and Bidisha Mamata are joined by Jonny Lee Miller, Ade Adepitan, Kimberley Chambers and Gary Stevenson for an eclectic mix of conversation, music and comedy. With music from Kat Eaton and Blondetina.

SAT 19:00 Profile (m001xfcd)
Michael Gove

The current Secretary for Levelling Up, Housing and Communities, Michael Gove, first joined the cabinet in 2010 and has remained there for most of the past 14 years in various posts. He's served four prime ministers.

During that time he has provoked controversy from many areas - from teachers, lawyers, landlords for the policies he has championed. But he has also attracted friends and enemies in his own party due to his decisions over Brexit, leadership bids and party politics.

Presenter: Mark Coles
Producers: Charlotte McDonald and Debbie Richford
Editor: Tom Bigwood
Production Co-ordinator: Katie Morrison
Sound Engineer: James Beard

Credits

Sky News
ITV

SAT 19:15 The Infinite Monkey Cage (p0hbmddm)

Series 29

Cats v Dogs

Brian Cox and Robin Ince sniff and paw their way through the evidence to put to rest the age-old debate of whether cats are better than dogs. They're joined by TV dragon and dog devotee Deborah Meaden, comedian and cat compadre David Baddiel, evolutionary scientist Ben Garrod and veterinarian Jess French. They learn how the domestication of our four-legged companions by humans has had a profound impact on their physiology, temperament and methods of communication. They debate which species is the most intelligent and skilled and try to lay to rest the most important question of all – which one really loves you?

Producer: Melanie Brown
Executive Producer: Alexandra Feachem

SAT 20:00 Archive on 4 (m001xf0)
It Must Be Wonderful to Be Free

Irish novelist Megan Nolan presents an intimate study of the late playwright, singer and novelist, Brendan Behan. She reveals a poetic socialist, a fiercely anti-establishment artist concerned with class solidarity, outcasts, liberation, self-revelation and empathy. And she trashes the trivial, stereotyped memory of Behan, as Ireland's most famous drunk.

She tells his story through the lens of his most prolific years, 1954 - 1958. It was a time of explosive creativity for Behan, which saw the release of three of his most remarkable works - his plays *The Quare Fellow* and *The Hostage*, and his work of auto-fiction *Borstal Boy*. She hears about his determination in these years to recruit language rather than the militarised violence of his youth as a means to valorise life, dignity, humour and queer love, and to advance his vision for his country, forged in his working class roots.

His words paint a picture of a complex character. An intelligent, anti-establishment writer, an Irish beatnik whose talents "would make Jack Kerouac weep with terror" and who even Bob Dylan couldn't find the courage to "touch the hem of his garment". A man who met a tragic end, addicted to alcohol and wielding his fame and power in cruel ways.

Marking the 60th anniversary of his death, Megan hears from historians, writers and members of Behan's family, as well as from the rich archive of the man himself.

Producer: Cat Gough
Executive Producer: Robert Nicholson

A Whistledown production for BBC Radio 4

With thanks to Iris Klein and Semiotexte for providing archival interview recordings with Brendan Behan made by journalist Sylvère Lotringer in Paris in 1961

SAT 21:00 Drama on 4 (m0003cgq)
China Towns

Episode 9

Inspired by the novels of Arnold Bennett, an epic tale of money, passion and defiance set in the Staffordshire potteries. Dramatised for radio by Lin Coghlan and Shaun McKenna

Ephraim Tellwright's single-minded pursuit of business has tragic consequences for those who get in his way. It's the 19th Century and the Industrial Revolution is at full throttle. Only the ruthless thrive in this uncompromising world.

Ephraim Tellwright . . . Neil Dudgeon
Anna . . . Kate O'Flynn
Henry Mynors . . . Joseph Kloska
Beatrice . . . Isabella Inchbald
Will Price . . . Joseph Ayre
Agnes . . . Amy-Jayne Leigh
Edwin . . . Cameron Percival
Hilda . . . Lucy Doyle
George . . . Oliver Zetterstrom
Aunty Hamps . . . Carolyn Pickles
Dr Heve . . . Tony Turner
Reverend Banks . . . Michael Bertenshaw
The Bank Teller . . . Sam Dale

Incidental music arranged by Colin Guthrie and performed by Colin Guthrie, Peter Ringrose and Ian Conningham.

Produced and directed by Gemma Jenkins.

SAT 22:00 News (m001xfdb)
The latest national and international news from BBC Radio 4

SAT 22:15 Add to Playlist (m001x5c6)
Anne Dudley and Emily Sun are on a Mission

Composer, producer and arranger Anne Dudley and concert violinist Emily Sun add five more tracks to the playlist with Cerys Matthews and Jeffrey Boakye. The journey takes them from a dark tale of deceit and entrapment to a hotel you can never leave. Irish pipes and whistle player John McSherry also calls in to tell us about his live recording of traditional jigs.

Producer Jerome Weatherald
Presented, with music direction, by Cerys Matthews and Jeffrey Boakye

The five tracks in this week's playlist:

Babooshka by Kate Bush
Piano Concerto in A Minor (1st mvt) by Edvard Grieg
Theme from Mission: Impossible by Lalo Schifrin
The Roaring Promenade by John McSherry, Brendan Quinn & Francis McIluff
Hotel California by The Eagles

Other music in this episode:

The Look of Love Pt 4 by ABC
Poison Arrow by ABC
The Pink Panther Theme by Henry Mancini
Piano Concerto in A minor by Robert Schumann
Piano Concerto No. 1 in F-sharp minor by Sergei Rachmaninoff
Canon in D major by Johann Pachelbel

SAT 23:00 Round Britain Quiz (m001x4tk)
Programme 1, 2024

Teams from all over the UK will face Kirsty Lang's cryptic questions across the series, with Kirsty offering support and the odd hint where it might be needed. First up are the pairs from Wales and the South of England.

Comedian, actor and writer Ciarad Lloyd makes her Round Britain Quiz debut this season, alongside writer Myfanwy Alexander on the Welsh team. They face Marcus Berkman and Paul Sinha who are the regulars for the South of England. The rivalry promises to be fierce.

As always, they'll drop points every time they need a clue from the chair to steer them towards the right solution.

Questions in today's edition:

Q1 Why might a red precious stone, the father of Henry IV, the Iraqi capital and an optimistic flower be keeping it all in the family?

Q2 (from Richard Saunders) How might four stations on the District Line, a Swedish university city, and a dual winner of the Pulitzer Prize for fiction, all lead you in the same direction as Carl Fredericksen?

Q3 Music: Who might be scared of these?

Q4 (from Ivan Whetton) The Nubian and Libyan deserts; Kenroku-en, Koraku-en and Kairaku-en; the Danum Valley in Malaysia; quays in a notorious area of Cardiff; en route to where flying fishes play; and Mumbai in former times. Who might have taken a beating in these locations?

Q5 (from Mickie Wynne Davies) Where could you find in close proximity: a female Womble, the aft portion of a tea clipper, an epistolary novel by Mary Ann Shaffer and Annie Burrow; and a hit musical with a tenuous link to Vivaldi?

Q6 (from Mick Lee) Music: What links these songs?

Q7 (from Michael Hipkins) On which table might you find Napoleon's 1800 Piedmont victory; Annapolis, capitally; a Gallic huntsman; a blue ribbon; and royalty (twice)?

Q8 (from Lyneve Kimber) Meeting a cold ocean current, a fashionable 18th century fellow and some components of a drum kit might make you shiver; but using a Japanese ATM might take you somewhere warmer. Can you explain?

Producer: Paul Bajoria

SAT 23:30 Things Fell Apart (m001xg0z)
S2. How Things Fell Apart, with Jon Ronson and Adam Buxton

In this bonus episode, Jon Ronson's friend and fellow podcaster Adam Buxton chat about the latest season of *Things Fell Apart*. They discuss their favourite moments from the show and how to best navigate the culture wars, all while also chatting about lockdown, fatherhood, social anxiety and how a rough time at Cardiff High School made Jon Ronson a better journalist.

SUNDAY 17 MARCH 2024

SUN 00:00 Midnight News (m001xfdj)
The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Tremolo (m001x49y)
Songwriter Justin Currie reflects on the impact of a recent Parkinson's diagnosis, and the effects of the disease on his work as a performer.

As the front man in Glasgow band Del Amitri, Currie came to fame in 1990 when the group's *Nothing Ever Happens* reached number 11 in the UK singles chart. The song - a comment on political inertia and social apathy amidst the inequality of late '80s British society - is one that Currie performs regularly, though the tremors he now experiences in his right hand make playing the guitar part an impossibility.

Bringing together extracts from his written journal with backstage scenes, conversations with friends, and interview material, this radio portrait - in which Currie speaks at length publicly for the first time about how the illness is affecting him, physically and cognitively - was recorded over a weekend of rehearsals and gigs in Glasgow in January, 2024.

Produced by Phil Smith
A Reduced Listening production for BBC Radio 4

Photo credit: Seán Purser

Details of organisations offering information and support with Parkinson's Disease are available at bbc.co.uk/actionline

SUN 00:48 Shipping Forecast (m001xfdq)
The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m001xfdy)
World Service

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m001xf4)
The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m001xfbb)
National and international news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001xf1)
The church of Saints Peter and Paul in Hawkey, Hampshire

Bells on Sunday comes from the church of Saints Peter and Paul in Hawkey, Hampshire. The church has an unusual "Rhenish Helm" on its tower and a ring of eight bells from six different bell foundries including two bells dating from the mid-15th century. In 2023 after a three year silence the bells were restored and re-hung by Matthew Higby and Company of Somerset in time to ring for the Coronation of King Charles the Third. The Tenor weighs eight hundredweight and is tuned to the note of A. We hear them ringing Superlative Surprise Major.

SUN 05:45 Profile (m001xfcd)
[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m001xfb4)
The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b0741715)
The Last Waltz

Alan Hall reflects on how facing the end of something can often take us back to its beginnings.

The Irish writer Flann O'Brien pointed out in *At Swim-Two-birds* that he didn't agree with the idea of "one beginning and one ending for a book". And certainly, endings - and not just in literature - can become confused with a sense of where something started or the likelihood of various start points which suggest the possibility of more than one ending.

In this edition of *Something Understood*, Alan dances through ideas of what is retained, what is reawakened and what might be left behind when we approach an ending, with the help of writers - including O'Brien and Keith Douglas, Lydia Davis and Kazuo Ishiguro - and music that ranges from a late Schubert piano sonata, to Persian singer Aida Shahghasemi Beman's *Stay*, to The National's account of renewal after an end (*Pink Rabbits*) and Elly Stone's *What I Loved*.

Produced by Eleanor McDowall
A Falling Tree production for BBC Radio 4

SUN 06:35 Natural Histories (m000bgnw)
Pigeon

The relationship between humans and pigeons is one of the oldest on the planet. They have been our co-workers; delivering messages, assisting during the war, providing a source of food, a sport and obsession for many, and a suitable religious sacrifice. They helped Darwin with his theory of Natural Selection, have become a powerful symbol of peace and helped us unravel some of the mysteries of navigation. Yet many of us still regard them as vermin, as "rats with wings". Brett Westwood and Verity Sharp probe into this paradox, and explore how pigeons have helped us and what they can reveal about the homing instinct and what it means for us to feel at home.

Contributors

Dr Jon Day – Lecturer in English, Kings College, London and Author of 'Homing - on pigeons, dwellings and why we return'.
Ian Evans – Executive Director of the Royal Pigeon Racing Association

Barbara Allen - Author of 'Pigeon'

Gordon Corera - BBC Security Correspondent and author of 'The Secret Pigeon Service'.

Amy Dickin - Awards and Heritage Manager for The People's Dispensary for Sick Animals (PDSA)

Tim Guilford - Professor of Animal Behaviour, Oxford University & member of the Oxford Navigation Group

First broadcast in a longer form 22nd November 2019
Original Producer (2019) : Sarah Blunt
Archive Producer (2024) : Andrew Dawes

SUN 06:57 Weather (m001xfbt)

The latest weather reports and forecast

SUN 07:00 News and Papers (m001xfce)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001xfch)

A look at the ethical and religious issues of the week

SUN 07:54 Radio 4 Appeal (m001xdvd)

Comic Relief (Red Nose)

Babatunde Aléshé makes the Radio 4 Appeal on behalf of Comic Relief

To Give:

- UK Freephone 0800 404 8144

-You can donate online at bbc.co.uk/appeal/radio4

- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope).

Mark the back of the envelope 'Comic Relief (Red Nose)'.

- Cheques should be made payable to 'Comic Relief (Red Nose)'.

Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Charity Number: 01967154

SUN 07:57 Weather (m001xfce)

The latest weather forecast

SUN 08:00 News and Papers (m001xfde)

The latest news headlines. Including a look at the Sunday papers.

SUN 08:10 Sunday Worship (m001xfdh)

The Light of the Gospels

On St Patrick's Day Canon Simon Doogan considers how the saint's mission revolutionised life for the Irish people by bringing "the light of the Gospel of Christ"
From the National Cathedral of St Patrick in Dublin. Led by Canon Charles Mullen.

A Prayer of Saint Patrick (Schoenfeld)

Psalms 121 (Walford Davies)

2 Corinthians 4.1-12

Christ be beside me

Jubilate (Dines)

A Song of Wisdom (Stanford)

Saint Patrick's Breastplate (arr Stanford)

An Irish Blessing (Higgins)

Master of the Music: Stuart Nicholson

Organist: David Leigh

Producer: Bert Tosh

SUN 08:48 A Point of View (m001x5cb)

Michael & Tony & Me

Adam Gopnik warns of our tendency to normalise evil behaviour. What may pass for entertainment in Mafia movies, must be seen through a different lens in real life.

"The risk of crime is not crime alone, but the abyss that opens at our feet when once we have decided that the rules that count for other people don't count for us."

Producer: Sheila Cook

Sound: Peter Boshier

Production coordinator: Liam Morrey

Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (b03x45bg)

Sand Martin

Bill Oddie presents the sand martin. The flickering shapes of sand martins over a lake or reservoir are a welcome sign of spring. After winging their way across the Sahara Desert, the first birds usually arrive in the UK in March. They're smaller than house martins or swallows, and they're brown above and white below with a brown band across their chest. Often you can hear their dry buzzing calls overhead before you see them.

Producer: Sarah Pitt

SUN 09:00 Broadcasting House (m001xfdp)

The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m001xfdx)

Writer: Sarah Hehir

Director: Kim Greengrass and Rosemary Watts

Brian Aldridge Charles Collingwood

Tony Archer David Troughton

Chris Carter Wilf Scolding

Alice Carter Hollie Chapman

Justin Elliot Simon Williams

Will Grundy Philip Molloy

Emma Grundy Emerald O'Hanrahan

Ed Grundy Barry Farrimond

George Grundy Angus Stobie

Kate Madikane Perdita Avery

Fallon Rogers Joanna Van Kampen

Jakob Hakansson Paul Venables

Paul Mack Joshua Riley

Miranda Elliott Lucy Fleming

SUN 11:15 Desert Island Discs (m001xf3)

Jenny Sealey, theatre director

Jenny Sealey has been the artistic director of Graeae Theatre Company since 1997: Graeae is a deaf and disabled-led company and a leader and innovator in accessible theatre. Jenny has directed opera as well as plays, and was the co-director of the 2012 Paralympic opening ceremony.

Jenny was born in Nottingham in 1963, the eldest of four sisters. She lost her hearing at the age of seven following a fall at school in which she banged her head. At that time, deaf children were not encouraged to use British Sign Language, and so she taught herself to lip read, and stayed in a mainstream school, although she often found it challenging. She also continued to take ballet lessons, helped by an inspirational teacher who encouraged her to follow the form and movements of the dancer in front of her. She went on to study dance and choreography at Middlesex Polytechnic.

After graduation, Jenny worked as an actor before becoming the artistic director of Graeae. In 2022 she was awarded an OBE for services to disability arts. Most recently she returned to acting and toured the UK with Self Raising, her one-woman autobiographical play.

Jenny lives in London with her son and partner.

DISC ONE: Handel: Messiah, HWV 56, Pt. 2: No. 44, Chorus. Hallelujah, for the Lord God Omnipotent Reigneth. Composed by George Frideric Handel and performed by The Sixteen Choir, conducted by Harry Christophers

DISC TWO: Yesterday - The Beatles

DISC THREE: Teenage Kicks - The Undertones

DISC FOUR: The First Time Ever I Saw Your Face - Roberta Flack

DISC FIVE: Because The Night - Patti Smith Group

DISC SIX: Spasticus Autisticus – John Kelly and the cast of Reasons to be Cheerful

DISC SEVEN: If It Can't Be Right Then It Must Be Wrong – John Kelly and the cast of Graeae's stage production of Reasons to be Cheerful

To Be Cheerful

DISC EIGHT: Days – Kirsty MacColl

BOOK CHOICE: The Complete Works of Armistead Maupin
LUXURY ITEM: A photography kit
CASTAWAY'S FAVOURITE: Handel: Messiah, HWV 56, Pt. 2: No. 44, Chorus. Hallelujah, for the Lord God Omnipotent Reigneth. Composed by George Frideric Handel and performed by The Sixteen Choir, conducted by Harry Christophers

Presenter Lauren Laverne

Producer Sarah Taylor

SUN 12:00 News Summary (m001xfnn)

The latest national and international news from BBC Radio 4.

SUN 12:04 One Person Found This Helpful (m001x4xg)

Series 1

4. Crouching Chicken Hidden Ladder

Frank and guests Catherine Bohart, Daliso Chaponda, Shaparak Khorsandi and Ian Smith find out what you think about lemons, sharks and a very painful ladder.

This is the panel game based on what we all sit down and do at least once a day – shop online and leave a review, as an all-star panel celebrate the good, the bad and the baffling.

Written by Frank Skinner, Catherine Brinkworth, Sarah Dempster, Jason Hazeley, Rajiv Karia, Karl Minns, Katie Sayer & Peter Tellouche

Devised by Jason Hazeley and Simon Evans with the producer David Tyler

A Pozzitive production for BBC Radio 4

SUN 12:32 The Food Programme (m001xdd4)

The Plant-Based Diet Boom: How is it changing food culture?

The last decade has seen an explosion in the trend of plant-based eating, from the growth of plant-based products in supermarkets and vegan options on menus, to celebrities and diet influencers making plant-based cool on social media. In this programme, Leyla Kazim explores some of the cultural and social impacts from the plant-based diet trend, including the rise of the flexitarian way of eating, the impact on the vegan movement, and the evolution of the diet culture wars in the media.

Presented by Leyla Kazim and produced by Sophie Anton for BBC Audio in Bristol

SUN 12:57 Weather (m001xf3r)

The latest weather forecast

SUN 13:00 The World This Weekend (m001xf3z)

Radio 4's look at the week's big stories from both home and around the world

SUN 13:30 Three Million (p0hcrrv3)

4. The Tapes

Kavita discovers a set of cassette tapes containing rare interviews with Indian civil servants who were on the ground across Bengal during the famine, shedding new light on colonial responsibility.

And as the need for relief in Bengal becomes ever greater, more pressure is put on the British government from India's new Viceroy. He asks for more food imports. Could the War Cabinet and Prime Minister Winston Churchill have done more to help alleviate the famine in the middle of the war?

Presenter Kavita Puri

Series Producer: Ant Adeane

Editor: Emma Rippon

Sound design and mix: Eloise Whitmore

Production Coordinators: Maria Ogundele and Sabine Schreck

Original music: Felix Taylor

With thanks to Dr Janam Mukherjee and Professor Joya Chatterji

Interviews conducted by Lance Brennan courtesy of University of Cambridge

Interviews with GS Khosla courtesy of University of Cambridge

SUN 14:00 Gardeners' Question Time (m001x5b7)

Soliuhll

Is ivy poisonous to most type of trees? Does the strain of F1 hybrid seeds deteriorate over time? What plants could I grow on

my allotment that are low maintenance?

Kathy Clugston and a panel of gardening experts are in Solihull to answer gardening queries from an audience of keen gardeners. On the panel this week are garden designer Bunny Guinness, self proclaimed botanical geek James Wong, and plantswoman Christine Walkden.

Also, Matthew Wilson delivers a step by step guide on how to maintain a greenhouse during the spring.

Senior Producer: Bethany Hocken
Assistant Producer: Rahnee Prescod
Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

SUN 14:45 Opening Lines (m001xfgd)
Heart of Darkness

Joseph Conrad's Heart of Darkness remains one of the most enigmatic works of 19th Century literature, charting as it does the story of Marlow, the captain of a steamboat heading up an unnamed river in the employ of an unnamed organisation described simply 'the Company'. He becomes fixated on tracking down the figure of Kurtz, a company agent in charge of a trading post - but this is no action adventure so typical of the time. John asks what the phrase Heart of Darkness - and Kurtz's famous epigram 'The horror. The horror' might actually represent, and also attempts to reconcile the racism many critics have accused the book of containing with its staunch attack on imperial barbarity: Conrad himself had previously worked on a boat going up the Congo river where he witnessed for himself the atrocities carried out by the Belgian colonisers on the local people.

John Yorke has worked in television and radio for thirty years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatized in BBC Radio 4's Sunday Drama series. From EastEnders to the Archers, Life on Mars to Shameless, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate with audiences around the globe and has brought together his experience in his bestselling book 'Into the Woods'. As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy John has trained a generation of screenwriters (his students have had 17 green-lights in the last two years alone).

Contributors:

Anita Sullivan - writer and adapter of 'Heart of Darkness'
Maya Jasanoff, Professor of History at Harvard University - and author of the much acclaimed book 'The Dawn Watch: Joseph Conrad in a Global World'

Credits:

Heart of Darkness, Joseph Conrad, 1899

Reader: Paul Dodgson
Researcher: Nina Semple
Production Manager: Sarah Wright
Producer: Geoff Bird
Executive Producer: Sara Davies

A Pier Production for BBC Radio 4

SUN 15:00 Drama on 4 (m000rbpg)

Heart of Darkness

By Joseph Conrad
Adapted by Anita Sullivan

A new adaptation of Conrad's classic novel, reimagining it for the 21st Century.

Maya is an environmental scientist, sent into the heart of the Congo Rainforest after contact is lost with a research team. But what was the nature of their research? And what has become of their charismatic team leader - Kurtz.

Conrad's classic, reimagined as a 21st Century, immersive audio thriller. Award-winning radio dramatist, Anita Sullivan, reshapes the story for a world of deforestation and climate catastrophe.

Maya.... Georgia Henshaw
Leon.... Peter Bankole
Blaise.... Jude Akuwudike
Daisy.... Ashleigh Haddad
Kurtz.... Stephen Hogan
The Commissioner.... Steve Toussaint

Script Consultant.... Ange Kasongo
Lingala Consultant.... Tracey Nyemba

Directed by James Robinson
A BBC Cymru Wales Production

SUN 16:00 Open Book (m001xdf3)

Jonathan Buckley, Lit Crit and David Baddiel

Alex Clark talks to novelist Jonathan Buckley about his novel, Tell. The story is told as a monologue by an unnamed narrator, the gardener of self-made businessman and would-be art collector, Curtis Doyle. Doyle has gone missing from his Scottish estate and many stories about his rags to riches life are being constructed. Tell is a novel concerned with the nature of storytelling, narrative form and the inherent unreliability of memory.
Critic and writer Lauren Oyler and fiction editor of the TLS, Toby Lichtig, discuss the impact of online reviewing on professional literary criticism.
Plus David Baddiel on his ten years of writing books for children.

Book List - Sunday 17 March and Thursday 21 March

Live; Live; Live by Jonathan Buckley
The River is the River by Jonathan Buckley
The Great Concert of the Night by Jonathan Buckley
Tell by Jonathan Buckley
Ulysses by James Joyce
Head Kid by David Baddiel
The Person Controller by David Baddiel
The Parent Agency by David Baddiel

SUN 16:30 A Jamaican Poet in Dublin (m001xfgn)

In 1941, while a medical student in Dublin, Jamaican poet Ferdinand Levy published his only poetry collection, Flashes from the Dark. Positively reviewed at the time, the book and poet subsequently vanished from the history of Irish poetry.

Over 80 years later, Jamaican poet Jason Allen-Paisant goes to Ireland in search of Levy.

Born in Jamaica in 1904, Levy spent time in New York during the Harlem Renaissance before heading for Europe. He threw himself into the cultural life of 1930s Dublin, and found in Ireland kindness and friendship, but also racist attitudes.

His wide-ranging poetry collection looks at Dublin through migrant eyes, considers themes of race, racism and anti-colonialism, harks back to his home country of Jamaica, and paints vivid pictures of Harlem. The collection was unlike anything else published in Ireland at the time and is thought to be the earliest by a black poet published in Ireland. The work of Ferdinand Levy adds to the richness of the story of Irish poetry and perhaps hints that there are many other voices still to be re-discovered.

Contributors to the programme are poet and academic at Maynooth University Karl O'Hanlon, Trinity College Dublin archivist Ellen O'Flaherty, Professor Brent Hayes Edwards of the Schomburg Center for Research in Black Culture, poets Jessica Traynor, Nandi Jola and Raquel McKee, and Ferdinand Levy's daughter, Belinda Levy. The reader is Romario Simpson.

The presenter, Jason Allen-Paisant, is an award-winning poet and Senior Lecturer in the Department of English, American Studies and Creative Writing, University of Manchester.

Consultant: Karl O'Hanlon
Producer: Claire Cunningham
Executive Producer: Regan Hutchins

A Rockfinch production for BBC Radio 4

SUN 17:00 File on 4 (m001x4lk)

Investigating Employee Assistance Programmes

'Employee Assistance Programmes' - almost 25 million workers in the UK have access to one through their employer. They're designed to help people deal with personal problems that might affect their performance at work by offering advice, support or counselling sessions. But are all providers offering a good service? File on 4 investigates.

Reporter: Alys Harte
Producers: Vicky Carter and Ella Rule
Technical Producer: Craig Boardman
Production Coordinators: Jordan King and Tim Fernley
Editors: Clare Fordham and Carl Johnston

SUN 17:40 Profile (m001xfcd)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001xfgz)

The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m001xfh7)

The latest weather forecast

SUN 18:00 Six O'Clock News (m001xfhh)

Thousands of people have gathered at polling stations across Russia to protest against an election they say is rigged:

SUN 18:15 Pick of the Week (m001xfhq)

Olivia Williams

At LAST it's Olivia's chance to bombard you with all the things she loves and hates in the world. Poetic tweets from real birds, snoring seals and the Gaia theory reinstated as science. Two cases of injustice and two of redemption, evensong and naughty song, comedy, tragedy, historical and pastoral and - in the case of the LadyKillers - controversially hysterical. Plus some Ghanaian Gold and a Lamborghini. Something for everyone...

Presenter: Olivia Williams
Producer: Elizabeth Foster
Production Co-ordinator: Paul Holloway

SUN 19:00 The Archers (m001xdcg)

Robert's on edge attending to breakfast for fussy B&B guests the Philpotts. Lynda calmly encourages Robert to take himself off and find something to distract himself and restore his usual amiability. Robert stumbles upon George with Bartleby the pony and George's ears prick up as Robert jokes about Bartleby being the oldest horse in the world. When Robert shares some initial research with George about the oldest living horse, George gets excited by the idea that the 'title' could be vacant. Lynda finds them and warns Robert not to encourage George. Robert admits that he wasn't in the mood for bird watching, and Lynda realises he needs a new hobby to keep him busy - but what?

Kate checks with Brian that Alice is ok. Brian is glad Alice reached out to him and she seemed happier yesterday. Kate reckons she had suspicions about Harry from the start. Kate quizzes Brian on where he was on Friday, looking very smart. Just a Rotary club dinner, he says, changing the subject. Kate finds Alice, who insists she's fine, and they realise that Brian told them different stories about his whereabouts. Kate thought he was acting strangely earlier, and he's been rather 'perky' lately - could it be down to a woman?

Kate puts Brian on the spot and he admits he has been seeing someone, but it's over - he didn't want to upset his daughters over Jenny. Alice encourages her Dad to follow his own advice to her and live his life. Kate agrees, and Brian's left pondering rearranging a date - but says let's just see how it goes.

SUN 19:15 Jokes (p0hc230y)

Stuart Mitchell's Cost of Living

4. Stuart Loses Everything

Comedian Stuart Mitchell examines his own cost of living crisis. In this episode, Stuart gives up everything he has worked so hard for in an attempt to be true to his self, leaving his highly paid job in banking and finding himself in debt with a hair transplant to pay for. Is his journey really worth it, when he's scrambling to pay the bills?

Each episode, Stuart looks at a chapter of his own unbelievable, but absolutely true, life story.

A working class boy, with huge aspirations, Stuart achieved everything he dreamed of and more. However, he soon came to realise that the cost of having everything was more than he was willing to pay. A morality tale featuring his time working in Westminster, moving to a highly paid job in banking and willingly losing it all to find happiness; Stuart will make us all question the true cost of living.

Written and performed by Stuart Mitchell
Produced by Lauren Mackay

SUN 19:30 Jokes (p0hbp37g)

Jazz Emu: The Sound of Us

The Sound of Family

The Emu family is made up of a long line of Hollywood foley artists. But when Jazz turned his back on the family business to pursue a career as a pop star, his father's disappointment made him seriously ill. In order to save his father's life, Jazz must reconnect with his foley roots. Pass me my coconut hooves.

Jazz Emu: musician, 70s lothario-type, ex-Hollywood foley artist and internationally renowned idiot. After a long career in

(and often out) of the spotlight, he has decided to present a radio show in order to connect with the average Joes (and Janes, and other boring names) and bestow his expert knowledge of Sound upon the universe.

Written by Archie Henderson and Adrian Gray
Starring: Archie Henderson, Adrian Gray, Emmanuel Sonubi, Lorna Rose Treen, Cody Dahler
Produced by Sasha Bobak
A BBC Studios Production for Radio 4

SUN 19:45 Short Works (m001w1fh)
A Night in Limehouse

Dr Wu Lien Teh would one day be credited with bringing the Manchurian Plague of 1910-11 under control. But in 1896 he was a young student. The story imagines his first days in London after sailing from Penang.

Originally from Malaysia, the writer Elaine Chiew is a twice winner of the Bridport Short Story Competition. She is the author of the short story collection *The Heartsick Diaspora*. Her novel, *The Light Between Us*, will be published in May 2024.

Writer: Elaine Chiew
Readers: Chike Chan and Elaine Chiew
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

SUN 20:00 Feedback (m001x5bh)
Radio 4 Controller Answers Your Questions About Schedule Change

Radio 4 is revamping its schedule from the beginning of April. Andrea Catherwood talks to the station's controller Mohit Bakaya about why he's decided to press refresh. He also responds to listeners' questions about shifting the Archers omnibus by an hour on Sundays and explains the thinking behind Feedback being moved to Thursdays.

Also, we hear the polarised views of listeners on Amol Rajan's feisty interview with the Chancellor Jeremy Hunt. Some say it was a breath of fresh air – others that it was bad-tempered and unprofessional.

And the true crime series *Lady Killers* with Lucy Worsley has been getting the Vox Box treatment. Two history buffs give us their personal take on the programme and the Executive Producer, Kirsty Hunter, is on hand to respond to their thoughts.

Presented by Andrea Catherwood

Produced by Leeanne Coyle

A Whistledown Scotland production for BBC Radio 4

SUN 20:30 Last Word (m001x5bc)
Audrey Adams, Nicola Trahan, Edward Bond, Eric Carmen

Matthew Bannister on

Audrey Adams who became a tireless campaigner for the rights of black people after her son was stabbed to death in a racist attack.

Nicola Trahan, who joined the French Resistance as a teenager and was later awarded the Croix de Guerre.

Edward Bond, the controversial playwright who played a key role in the abolition of censorship in British theatre.

The singer and songwriter Eric Carmen whose biggest hit "All By Myself" was based on a Rachmaninov piano concerto.

Interviewee: Lord Simon Woolley
Interviewee: Reverend Eleanor Rance
Interviewee: Simon Callow and Sean Holmes
Interviewee: Debbie Wiseman

Producer: Ed Prendeville

Archive used:
French Wartime Service: Musical Items, Sound Archive, BBC; D-Day Announcement - Communiqué No. 1, Sound Archive, BBC; The Reverend Al Sharpton, Kilroy BBC 1, BBC; Audrey Adams interviewed by C4 news in 2021, C4 News, YouTube upload, 19/03/2021; Edward Bond interview - TX Date: **1 2.10.2011**; Eric Carmen - Never Gonna fall in love again; Eric Carmen - All by myself; The Raspberries – Go all the way

SUN 21:00 Money Box (m001xf8s)
[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m001xddd)
[Repeat of broadcast at 07:54 today]

SUN 21:30 Loose Ends (m001xfc1)
[Repeat of broadcast at 18:15 on Saturday]

SUN 22:00 Westminster Hour (m001xfhx)
Radio 4's Sunday night political discussion programme.

SUN 23:00 P's and Q's (m001xfj1)
Narcissism

A series of philosophical discussions. Vanessa Feltz asks - are we all narcissists now?

The word narcissist pops up so frequently, it's hard not to feel like there's one lurking around every corner. Is narcissism on the rise or is it just an over-used buzzword? What's the difference between a healthy dose of self-esteem and an unhealthy dose of self-obsession? Is social media turning us into a nation that cares only about ourselves?

Discussing all of these questions and more are Professor Simon Blackburn, Dr Tennyson Lee and Lorna Slade.

Presenter: Vanessa Feltz
Producer: Angharad Hampshire
Assistant Producer: Camille Corcoran
Sound Design: Jon Calver
Production Manager: Kerry Luter
Executive Producer: Alexandra Hollands

A Storyglass production for BBC Radio 4

SUN 23:45 Forgiveness: Stories from the Front Line (m001w0qw)
Paul

In the first of five extraordinary stories of forgiveness, we hear from Paul, whose peaceful life with his wife and daughters was violently interrupted by a gang who broke into the house, in what looked like a case of mistaken identity.

Paul and his wife had a lucky escape as the police arrived promptly. All four assailants were eventually caught and convicted. But later, the family was invited to prison to meet one of the men responsible for the attack.

Marina Cantacuzino, founder of The Forgiveness Project, is in conversation with Paul and hears what happened next.

Presented by Marina Cantacuzino
Produced by Susan Marling
A Just Radio production for BBC Radio 4

MONDAY 18 MARCH 2024

MON 00:00 Midnight News (m001xfj8)
The latest news and weather forecast from BBC Radio 4.

MON 00:15 Sideways (m001x517)
60. For the love of maths

As a child, Kate Ertmann starred in commercials, in soap operas and on Broadway. But acting wasn't her first love - mathematics was. She considered it to be "a balm" for her brain. And yet societal and teenage pressures made her turn away from maths.

Growing up in Sweden, Sebastian Nilsson Qvist loathed maths and found it a real struggle. But he still challenged himself to study it as part of a Political Science and Economics degree. It did not go well.

But still, maths came back into their lives.

In this episode of Sideways, we find out what led them back to mathematics and the impact it had on them. Something host Matthew Syed experienced first hand when a desire to understand inflation and economics led him back to studying for a maths A-Level in his own time and finding it actually enjoyable, rather than a chore as he had at school.

We hear how determination to dominate in the sport of darts can lead to incredible mastery of mental arithmetic from Professor Marcus du Sautoy, who also suggests a novel approach to maths education which he believes could inspire and motivate children. And Field's Medal winner Professor Efim Zelmanov introduces us to a brilliant young mathematician who was killed in a duel 150 years ago but left behind a theory which keeps all online banking safe.

With Kate Eartmann of katelovesmath.com, Sebastian Nilsson-

Qvist, Professor Marcus du Sautoy - Simonyi Professor for the Public Understanding of Science and Professor of Mathematics, and Professor Efim Zelmanov - Field's Medallist and Director of the Shenzhen International Center for Mathematics.

Presented by Matthew Syed
Producer: Marilyn Rust
Series Editor: Katherine Godfrey
Sound Design and Mix: Daniel Kempson
Theme Tune: Ioana Selaru
A Novel production for BBC Radio 4

MON 00:45 Bells on Sunday (m001xfll)
[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001xfjb)
The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m001xfjd)
World Service

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m001xfjg)
The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m001xfjj)
National and international news from BBC Radio 4

MON 05:43 Prayer for the Day (m001xfjl)
A reflection and prayer to start the day with Abbot Mark-Ephrem Nolan OSB.

MON 05:45 Farming Today (m001xfjn)
18/03/24 Forecast for farm incomes: Scottish land reform; Shellfish.

The government's farm business incomes forecast for this year makes grim reading: in England dairy farmers are expected to earn 78% less than last year, largely due to falls in the milk price; cereal farmers face a 77% cut, though prices have been high and the Department for Environment, Food & Rural Affairs says the fall reflects a return to more normal levels as well as a reduction in the amount of arable crops grown; while mixed farms will see a 49% cut in income. Only those grazing livestock or rearing pigs are expected to see their income rise, and there is no forecast for the poultry sector as DEFRA says there is too much uncertainty.

A 'destructive and disproportionate attack' - that's landowners' reaction to the Scottish Government's new Land Reform Bill. The proposed legislation would mean that the sale of estates of more than 1,000 hectares could be stopped by ministers and split into smaller lots, and the owners of large estates would have to show how they use land and how that contributes to key policies like net zero. The Scottish Government says the bill will make land ownership more transparent and will mean communities have more involvement in the land where they live and work. That view is not shared by Scottish Land and Estates, which represents landowners.

All week we're focusing on shellfish. The industry has had a torrid time. We speak to a professor of fisheries conservation about some of the challenges which range from labour shortages and pollution, to climate change and trade rules.

Presenter = Charlotte Smith
Producer = Rebecca Rooney

MON 05:56 Weather (m001xfjq)
The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b03mzv7x)
Shoveler

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Chris Packham presents the story of the shoveler. Swimming in circles, their huge beaks trawling the surface, shovelers do the job of baleen whales on our lakes and ponds. In winter our shoveler population is boosted by Continental birds. They're rather shy though and you're not likely to see them taking bread on the park lake!

MON 06:00 Today (m001xd6k)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m001xd74)

Intrigue and disinformation from the Russian Revolution to Ukraine invasion

Andrey Kurkov is Ukraine's most celebrated novelist. When Russia invaded Ukraine he turned his writing to journalism and memoir, but his latest book is a work of fiction set amid the chaos of the Russian Revolution. The Silver Bone (translated by Boris Dralyuk) is the first in a trilogy of historical mysteries in which the recently orphaned detective investigates his first case while Bolsheviks, Cossacks, and white Army Guards all vie to take control of Kyiv.

The journalist and writer Peter Pomerantsev retells the daring story of the WWII propagandist Sefton Delmer who managed to infiltrate German airwaves and skilfully question Nazi doctrine. How to Win an Information War reveals the extent of the complexity of spin and indoctrination used in the past, alongside the role of propaganda today in Putin's Russia.

The information war is heading into a new era with the development of generative AI which makes it simple to produce fake text, audio and videos. The news editor at MIT Technology Review Charlotte Jee says the pace of change is extraordinary, and regulation is lagging behind, as deepfakes are becoming more difficult to distinguish from actual human content.

Producer: Katy Hickman

MON 09:45 How to Win an Information War by Peter Pomerantsev (m001xd7s)

Episode 1

In the summer of 1941, Hitler ruled Europe from the Atlantic to the Black Sea. Britain was struggling to combat the powerful Nazi propaganda machine, which crowed victory and smeared its enemies.

However, inside Germany, there was one notable voice of dissent from the very heart of the military machine – Der Chef, a German whose radio broadcasts skilfully questioned Nazi doctrine. He had access to high-ranking military secrets and spoke of internal rebellion. His listeners included German soldiers and citizens.

But what these audiences didn't know was that Der Chef was a fiction, a character created by the British propagandist Sefton Delmer, just one player in his vast counter-propaganda cabaret, a unique weapon in the war.

Written by Peter Pomerantsev
Abridged by Polly Coles

Read by Alan Cox
Produced by Clive Brill

A Brill production for BBC Radio 4

MON 10:00 Woman's Hour (m001xd8m)

Olympian cyclist Dame Laura Kenny, Actor Imogen Poots, Pornography series

Dame Laura Kenny, Britain's most decorated female Olympian, talks to Emma Barnett about her sporting career, motherhood and her decision to quit cycling.

Are we staying in more since the pandemic? We talk to Kate Nicholls OBE, CEO of UK Hospitality, and Ellen Scott, Acting Digital Content Director at Stylist Magazine.

Our pornography series continues with 'Elaine', a woman in her late 60s who's worried about her husband's porn use. Followed by a discussion about the effect habitual porn use has on our brains with Dr Paula Hall, a Sexual & Relationship Psychotherapist, and Professor Valarie Voon, Neuropsychiatrist and Neuroscientist at the University of Cambridge.

Actor Imogen Poots is starring in a new film about the English heiress turned IRA bomber and art thief Rose Dugdale called Baltimore. Imogen tells Emma about her approach to the role. After today's programme aired, the news broke that Rose Dugdale has died aged 83.

Presenter: Emma Barnett
Producer: Lisa Jenkinson
Studio Manager: Andy Garner

MON 11:00 The Gatekeepers (m001xd93)

7. Rest of World

Jamie Bartlett travels to Minnesota to meet Abraham Meareg Amare.

The young academic is seeking asylum in the States following the murder of his father in Ethiopia in 2021.

In December 2022, Abraham became the lead complainant in a \$2 billion lawsuit against Meta. Abraham believes that company is partly responsible for the death of his dad - a renowned chemistry professor - who was slandered and doxxed on Facebook, before being shot outside his home.

Abraham says he reported the posts multiple times but they were not taken down, until eight days after the killing.

Jamie meets the Facebook whistleblower Frances Haugen, who tells him that her decision to leak Meta's internal documents was driven by grave concerns about the way Meta operates in the Global South.

Producer: Caitlin Smith
Sound Design: Eloise Whitmore
Story Consultant: Kirsty Williams
Composer: Jeremy Warnsley
Senior Producer: Peter McManus
Commissioned by Dan Clarke for BBC Radio 4.

Archive: C:Span, October 2021

New episodes released on Mondays. If you're in the UK, listen to the latest episodes of The Gatekeepers, first on BBC Sounds: bbc.in/3Uj661u

MON 11:30 Dead Company Walking (m001x55h)

Businesses are failing at a rate not seen for years. Anu Anand meets those dealing with the fall out and explores the role that high, as well as low, interest rates have played.

In Japan, in the 1990s, the national economy was dominated by what became known as "zombie" companies. Many thousands of previously buoyant companies became choked by rising interest rates and the collapse of the Japanese asset price bubble. It led to Japan's "Lost Decade" as companies became reliant on bank support and were incapable of investing in future growth.

Are we losing so many companies in the UK now, in part because so many were kept afloat by ultra-low interest rates and easy-to-come-by debt in previous years? Did that environment allow some companies to survive past their natural lifespans? It is argued in this programme that the speedy rise in rates is now felling those companies, across many sectors, in large numbers.

Anu Anand meets business owners who have tried to keep going against the odds and are now dealing with the consequences, both financial and emotional, of a business landscape that has been suddenly altered. What do they think about what went wrong? Anu also talks to insolvency practitioners. They have rarely been busier. What lessons do they think need to be learned and what are the wider repercussions, as so many zombies fall, for growth in the UK?

Producer and presenter: Anu Anand
Executive producer: Rosamund Jones
Studio manager: Nigel Appleton
A Whistledown production for BBC Radio 4

MON 12:00 News Summary (m001xd9l)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001xdb4)

Dental Tourism, Student Loans and Ticket Touts

Rising prices and NHS waiting lists are leading many Brits to seek emergency treatment abroad. But is it quicker? Cheaper? Is it safe? We ask the experts.

Sir Kier Starmer says Labour would ban ticket touting if it gets into government. You and Yours reporter Shari Vahl turns her expertise on how Labour plans to clamp down on the problem.

Student loan interest has been capped at 7.7% this month - its highest ever level. Many graduates are finding their debt is actually increasing, despite making repayments. Save the Student's Tom Allingham explains.

Do you have an old digital camera in the back of a drawer somewhere? If you do, it might be time to dust it off and sell it. Online editor of Amateur Photographer Magazine, Josh Waller, and Max Ballard from the Camera Nostalgia Club tell us why these cameras are making a comeback.

Presenter: Winifred Robinson
Producer: James Leesley

MON 12:57 Weather (m001xdbm)

The latest weather forecast

MON 13:00 World at One (m001xd0)

Forty-five minutes of news, analysis and comment.

MON 13:45 Child (p0hscmtn)

11. Oxytocin

Labour begins. The womb begins its grinding dance into contractions and the hormone Oxytocin steps onto the scene. In this episode, India Rakusen explores the influence that both people and the places we are in have over labour and birth.

Where we give birth, and with who, has changed quite dramatically over the centuries. But what do we know now about the significance of both? We hear from Dr Sarah Fox about the move from birth being a women-only space to the rise of man-midwives. Economist Emily Oster discusses the benefits of having a doula, and Leila Baker, one of the directors of Doula UK, talks about the rise in Doulas and what that means for marginalised groups, security and safety. Finally Dr Raneek Thakar considers how recent headlines have eroded trust - with consequences for oxytocin.

Presented by India Rakusen
Producer: Ellie Sans
Series Producer: Ellie Sans
Production Team: Ella McLeod & Georgia Arundell
Executive Producer: Suzy Grant
Commissioning Editor: Rhian Roberts
Original music composed and performed by ESKA And The Big Moon.
Mix and Mastering by Olga Reed

A Listen production for BBC Radio 4

MON 14:00 The Archers (m001xdcg)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Limelight (m001wnsw)

Sabine

Sabine - Episode 5

Armed with the USB drive of Sabine's recordings, Elly retraces her sister's movements on the night she died. It's a race against time to find Sabine's killer and avert further tragedy.

When Sabine's body is found beneath the cliffs in an apparent suicide, her sister Elly is convinced she was murdered. Elly's hunt for the killer takes her deep into the secret life in Brighton her sister kept hidden. Sabine is a new five-part murder mystery by Mark Healy.

CAST
Elly Sorcha Groundsell
Sabine Freya Mavor
Mia Aisling Loftus
Oakley Rupert Evans
Daniel Ivanno Jeremiah
Ziggy Ian Dunnett Jr
Becca Rhiannon Neads
Rutherford Jessica Turner
Poppy Julianna Lisk

Written by Mark Healy
Directed by Anne Isger
Sound by Keith Graham, Ali Craig and Pete Ringrose
Production Co-ordination by Gaelan Davis-Connolly

Sabine is a BBC Audio Production for Radio 4

MON 14:45 The Chronicles of Burke Street (m000xskx)

The Chronicles of Burke Street

5: Gravy's Story

The last in the brilliantly funny short story series by the award-winning author of 'Love After Love', Ingrid Persaud.

Set on an everyday street in Port of Spain, Trinidad, 'The Chronicles of Burke Street' follows the lives and loves of its diverse colourful residents. Burke Street might seem like an ordinary street, but behind its closed doors lurk secrets, superstitions and barely concealed lies.

Today, in 'Gravy's Story', the search for a father reveals unexpected truths..

Writer: Ingrid Persaud is the winner of the 2018 BBC National Short Story Award, and her novel Love After Love won the 2020 Costa First Novel Award.
Reader: the
Producer: Justine Willett

MON 15:00 Round Britain Quiz (m001xdct)

Programme 2, 2024

(2/12)

Kirsty Lang is in the chair, armed with more of Round Britain

Quiz's trademark cryptic questions. Northern Ireland, the defending RBQ champions, will be hoping they can repeat last year's triumph, as they begin this year's campaign with a match against the Scots.

Freya McClements and Paddy Duffy play for Northern Ireland, against Val McDermid and Alan McCredie for Scotland.

Questions in today's programme:

Q1 (from Barbara Jennings) Which gas has the following effects? Applied to a tree, it makes a mess. Applied to a limb, it causes damage. Applied to a bird, it produces a cry of pain or a famously controversial American poem. And applied to everything, it makes room.

Q2 Why might a short story by Gogol give Bradley Cooper, Nicole Kidman and Gerard Depardieu a wry smile?

Q3 Music: Can you name the four people in the spotlight here, and why are they still burning?

Q4 (from Derek Evans) Who are these: a radio acknowledgement, what Americans find in the bathroom, ericaceous compost, and an actress who was to the manor born.

Q5 (from Simon Meara) A girl with an auric device, a girl fleeing an alien invasion and a woman who didn't see things in black and white all share their name with the 39th and the 40th - although we don't know which is which. Can you explain?

Q6 (from Rob Webb) Music: How might the first three be heard in the fourth (with a minor spelling correction)?

Q7 In which Moroccan city might you have found, at a particular time, the inhabitant of a plastic box, a saintly King of Hungary, an Italian car and a French car?

Q8 Why do a player piano, a grumpy person, a protective plate for a keyhole and a Karmic reptile all take a very long time indeed, in the end?

Producer: Paul Bajoria

MON 15:30 The Food Programme (m001xdd4)
[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 The Infinite Monkey Cage (p0bhmmdd)
[Repeat of broadcast at 19:15 on Saturday]

MON 16:30 The Artificial Human (m001xdd1)
How do I avoid being scammed by AI?

In a world where AI Voice clones can sound like your bank manager or your child in distress, Aleks Krotoski and Kevin Fong discover how to avoid being scammed by AI.

Some scams are easier to spot than others - The Prince never has money locked in an account that only you, dear brave internet user, can free for him - but in the age of AI, some scams are becoming increasingly difficult to spot, and defend against.

AI can churn out phishing emails and texts - the kind meant to make you log in to a fake banking page - far faster than any human. Deepfake celebrities have already appeared in videos offering free cookware, in return for a 'small' delivery cost - resulting in no cookware, but hidden monthly charge suddenly activated on your bank account. And, sometimes most upsetting of all, AI voice clones have been made that trick people into believing a loved one is injured, or kidnapped, trying to frighten families into handing over money to secure their safety.

With the people behind these scams so hard to find and prosecute, it's up to individuals to protect themselves. So in this episode of The Artificial Human, Aleks and Kevin discover 'How we can all avoid being scammed by AI?'

MON 17:00 PM (m001xdd5)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O'Clock News (m001xdf5)

Rishi Sunak insists on Tory unity despite talk of party discontent

MON 18:30 One Person Found This Helpful (m001xdfc)
Series 1

5. The Old Man & The Fishfinger

Frank and guests Scott Bennett, Jo Caulfield, Simon Evans and Esther Manito find out what you think about a scenic fishfinger

and a wobbly cupcake.

This is the panel game based on what we all sit down and do at least once a day – shop online and leave a review, as an all-star panel celebrate the good, the bad and the baffling.

Written by Frank Skinner, Catherine Brinkworth, Sarah Dempster, Jason Hazeley, Rajiv Karia, Karl Minns, Katie Sayer & Peter Tellouche

Devised by Jason Hazeley and Simon Evans with the producer David Tyler

A Pozzitive production for BBC Radio 4

MON 19:00 The Archers (m001xdfk)

Chris complements Stella and Hannah on their skills, but they decline his offer to join the cricket team. Stella teases Hannah that she likes Chris. Later, Tracy moans to Chris about the woes of captaining the cricket team – but she'd be interested in being vice-captain. Chris breaks it to Tracy that Harrison has already given him the job and she's miffed. Lynda sympathises with Tracy and reflects on the battle for women's liberation. Tracy reports that Kenton is doing better after the dog attack, but the police aren't getting anywhere finding the culprits. Lynda also shares with Tracy that she has booked Robert onto a watercolour painting class at Grey Gables as she hopes to find him a new hobby.

Back at Stella's, Pip and Rosie have made themselves at home as Rosie puts on a puppet show, and busy Stella could do with some time to finish her work. Hannah tells Stella to be honest with Pip, but Stella teases Hannah again about Chris – she should tell Chris she fancies him. Hannah admits she does, but she's scared, opening up about a previous brief fling with Tom, who she liked more than he reciprocated. Stella promises to be Hannah's wing-woman – they'll both join the cricket team!

Lynda speaks with Chris about women in the cricket team and Chris susses that Tracy put her up to it, telling Tracy to join the committee. But Tracy's not interested in the position of Chair. Thinking of someone who might be, Tracy starts to talk about Lynda, but Chris gets distracted by a text from Stella – he's delighted to have 2 new women on the cricket team!

MON 19:15 Front Row (m001xdfs)

Architect Daniel Libeskind, composer Karl Jenkins

Daniel Libeskind, the architect best known for the Jewish Museum in Berlin and the World Trade Centre masterplan in New York, talks about designing a building to house Einstein's archive in Jerusalem.

As Germany celebrates the 250th birthday of the painter Caspar David Friedrich with three major exhibitions, art historians Louisa Buck and Waldemar Januszczak discuss the significance of the Romantic artist famous for his paintings of people in evocative landscapes.

And the musician and composer Karl Jenkins joins Samira to talk about celebrating his 80th birthday with a concert tour.

Presenter: Samira Ahmed
Producer: Olivia Skinner

MON 20:00 A Reckoning with Drugs in Oregon (m001xdfz)

Four years ago, one of America's most progressive states passed the country's boldest approach to drug policy reform yet. Measure 110 came after a spirited campaign targeting the country's failed war on drugs.

The new law decriminalised possession of all illicit substances, including heroin, methamphetamine and cocaine. The reformers accurately predicted that the new law would result in fewer people of colour being locked up, but it also coincided with the new spread of the deadly drug fentanyl, and a tidal wave of homelessness.

Fentanyl is up to 50 times stronger than heroin and is far more deadly. Social workers and police now regularly carry the opioid-blocking drug Narcan to treat people overdosing on the streets. Homelessness also continues to rise alongside the drug's rampage, creating an epidemic on multiple fronts.

In A Reckoning with Drugs in Oregon, local journalist Winston Ross explores the complex issues behind Portland's fentanyl crisis and lawmakers' recent decision to roll back Measure 110, speaking across the political divide and to many of those in the eye of the storm.

Presented by Winston Ross
Produced by James Tindale

A Whistledown production for BBC Radio 4

MON 20:30 Analysis (m001xdg5)

How real is the existential threat from AI?

The existential threat caused by Artificial Intelligence is a popular theme in science fiction. But more recently it's started to be taken seriously by governments around the world and the companies developing the technology. Where did this idea come from, and why is so much money being spent on it, rather than on the regulation of AI and the real threat it poses to jobs and to copyright?

Presenter: Jack Stilgoe
Producer: Philip Reeve
Editor: Clare Fordham

MON 21:00 Young Again (m001x4kl)

11. Mel B

Kirsty Young talks to the pop star Melanie Brown about what she's learned from her life so far.

Mel B is the girl from Leeds who became a global superstar with the Spice Girls. Glamour, fortune, drugs, violence, redemption and healing, her life has an air of make believe - except, of course, she has actually lived it.

If you could have a conversation with your younger self, what would you tell them? In Young Again Kirsty takes her guests back to the pivotal moments in their lives. Reflecting on what they wish they'd known at the time, and what they've learned along the way, she discovers the honest – and surprising – advice they'd give their younger selves.

Producer: Laura Northedge
Content Editor: Richard Hooper
Executive Editor: Alice Feinstein
Senior Technical Producer: Duncan Hannant
Presenter: Kirsty Young

A BBC Audio Production

MON 21:30 Start the Week (m001xd74)
[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m001xdgf)

Famine predicted in Gaza within weeks

Also in the programme: MPs have rejected all amendments to the Government's Rwanda Bill; and the owner of an estate in the Cotswolds says he will begin charging visitors to the grounds to help with the park's upkeep.

MON 22:45 Black Butterflies by Priscilla Morris (m001xdgn)
Episode 1

Black Butterflies by Priscilla Morris was shortlisted for the 2023 Women's Prize for Fiction.

In many ways it's a universal story of domestic family life upended and fractured by inconceivable events which seem, even now, both far away and close at hand. The story begins in the spring of 1992 in the city of Sarajevo, as political tensions mount and barricades begin to appear in the streets. Fifty-five year old Zora is married to Franjo, who is fifteen years older than her. Their daughter lives with her English husband and young child in Wiltshire. Zora's vocation is her work as an artist and notably a painter of landscapes and the bridges that span the river of her beloved Sarajevo. She also teaches art students, but in the afternoons retreats to her studio high in the eaves of the city's magnificent public library to work on her canvases.

Priscilla Morris is of Yugoslav and Cornish parentage, she grew up in London and spent her summers in Sarajevo. This is her first novel.

Location audio recordings: the street sounds of Sarajevo recorded by Rafael Diogo and featured on <https://citiesandmemory.com/sarajevo-city-guide-best-sounds/>

BLACK BUTTERFLIES by Priscilla Morris
Read by Fenella Woolgar
Abridged and Produced by Jill Waters
THE WATERS COMPANY for BBC Radio 4

MON 23:00 Lent Talks (m001xdgy)

Truth to Power

Lent Talks on Truth to Power

Written and Presented by The Right Reverend Rose Hudson-Wilkin the Bishop of Dover and the Bishop in Canterbury.

When I was at theological college, I had an Old Testament lecturer who brought the Old Testament to life for me. There

was a particular theme that connected with me, it was the fearlessness of the prophets. These men were simply not afraid to speak 'truth to power.' The fact that they might even be endangering their lives by speaking up and speaking out was the least of their concerns. The prophets had a sense of responsibility to address whatever the issues of injustice were. They were like a dog with a bone, pressing home their point, and using whatever means were at their disposal, whatever the cost. In the New Testament, we also see examples of prophetic witnesses and Jesus' ministry is an example of this. Deep within, I feel we need in our present times more prophetic witnesses in our midst. Most of the events making our news headlines all speak into a lack of fearless men and women, morally upstanding who are prepared to speak truth to power. The Windrush and Post Office scandals; the Covid Inquiry; Grenfell Tower and the Israel Gaza war to name but a few. Where were the fearless prophets in these situations, the strong critical friends who were simply not afraid to speak truth to power? Had they spoken up initially the outcomes no doubt may have been very different. Our world needs more Nathans (the prophet who challenged King David), not scoops on the front page of certain newspapers: men and women of integrity and conviction who are unafraid to speak truth to power.

Producer: Carmel Lonergan
Editor: Tim Pemberton

MON 23:15 The Kids Are Alt Right? (m001vbj)
None of the Above

Conversations about the young people and politics, left or right, often miss out an important fact. They are much less likely to vote. As political scientist Rob Ford notes - "The young are very keen on protest politics. The old vote. Guess who gets what they want out of the political system?" Continuing his look at how age influences our vote, Professor James Tilley addresses the popular misconception that young people enter the political world automatically left wing. And there's a similar belief that as we age, we will become increasingly right wing. James is on hand to reveal that the relationship between age and how we vote is not straightforward. Across five episodes he investigates how young people become attached to particular political parties, how ageing affects our political views - and how the choices made by political parties play out among the young and the old.

Presented by Professor James Tilley.
Produced by Kevin Core.

MON 23:30 Today in Parliament (m001xdh4)
Alicia McCarthy reports from Westminster where MPs have struck down all of the changes made to the government's Rwanda bill by the House of Lords.

TUESDAY 19 MARCH 2024

TUE 00:00 Midnight News (m001xdhc)
The latest news and weather forecast from BBC Radio 4.

TUE 00:30 How to Win an Information War by Peter Pomerantsev (m001xd7s)
[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m001xdhl)
The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m001xdhs)
World Service

BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m001xdhy)
The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m001xdj4)
National and international news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001xdjb)
A reflection and prayer to start the day with Abbot Mark-Ephrem Nolan OSB.

TUE 05:45 Farming Today (m001xdjh)
19/03/24 Farmer protests and EU concessions; Scampi; Special protection areas for wild birds; New national nature reserve.

Spanish farmers in Madrid have held more protests, despite the European Commission announcing a review of its so-called 'green deal' which was designed to help the EU reach carbon neutrality by 2050. Farmers across Europe have voiced their anger at red tape and new environmental rules. Last week the Commission published a raft of proposed changes, which still have to be agreed. It says it'll cut back on red tape, allow individual member states more freedom over new 'greening' rules, and remove the demand that farmers must put a certain percentage of their land over to the environment. Conservationists have criticised the move as a backward step for the environment.

The UK gets through around £68 million worth of scampi a year. but a conservation group says the current drive to make fishing for langoustine more environmentally friendly has failed. How sustainable is our scampi? We speak to a fisherman and an environmental campaigner.

The Office for Environmental Protection is investigating whether there's been a failure to comply with the law governing Special Protection Areas for wild birds, in Northern Ireland and England. A similar investigation is being undertaken in Scotland, while in Wales there are concerns about how these sites are being run. S.P.A.s are legally designated sites that protect rare and threatened wild birds. The OEP says it's taking action because the recommendations from a review of these sites between 2015 and 2017 has still not been published.

A new National Nature Reserve's been created on the South Devon coast at Budleigh Salterton. The Lower Otter Estuary is home to Dartford warblers, silver-studded blue butterflies, populations of sea trout, Atlantic salmon and eels.

Presenter = Anna Hill
Producer = Rebecca Rooney

TUE 05:58 Tweet of the Day (b03zdkjv)
Snipe

Kate Humble presents the snipe. The snipe is an intricately patterned wader, not much bigger than a blackbird but with an enormously long bill. In the breeding season they fly high above their territories before dashing earthwards and then sweeping upwards again. Throughout this display you'll hear a beating sound, known as 'drumming'. Find out how the sound is made in today's programme.

Producer Sarah Blunt

TUE 06:00 Today (m001xdkw)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m001xdl8)
Sir Charles Godfray on parasitic wasps and the race to feed nine billion people

Professor Charles Godfray, Director of the the Oxford Martin School tells Jim Al-Kahlili about the intricate world of population dynamics, and how a healthy obsession with parasitic wasps might help us solve some of humanity's biggest problems, from the fight against Malaria to sustainably feeding a global community of 9 billion people.

TUE 09:30 One to One (m001xdlh)
Psychedelics and Mental Health: Rose Cartwright meets Robin Carhart-Harris

In recent years there's been a renaissance of interest in psychedelics in the West, on a scale not seen since the first wave of medical research in the 1950s and 60s. Drugs like DMT, ketamine and psilocybin (the psychoactive compound in magic mushrooms), are now being researched as medications to take alongside therapy for the treatment of various mental health problems. Across this series of interviews, Rose Cartwright explores so-called 'psychedelic assisted psychotherapy'. What is it? Can it help tackle our mental health crisis? And what are the risks?

Her guest today is Dr Robin Carhart-Harris, one of the world's leading psychedelics researchers, former founder of the Centre for Psychedelic Research at Imperial College London, and now Professor of Neurology, Psychiatry and Behavioural Sciences at the University of California. How to these drugs work on the brain? What are the current medical trials indicating? And how are the laws around the medical use of these drugs changing?
Producer: Becky Ripley

TUE 09:45 How to Win an Information War by Peter Pomerantsev (m001xdlr)
Episode 2

In the summer of 1941, Hitler ruled Europe from the Atlantic

to the Black Sea. Britain was struggling to combat the powerful Nazi propaganda machine, which crowed victory and smeared its enemies.

However, inside Germany, there was one notable voice of dissent from the very heart of the military machine – Der Chef, a German whose radio broadcasts skillfully questioned Nazi doctrine. He had access to high-ranking military secrets and spoke of internal rebellion. His listeners included German soldiers and citizens.

But what these audiences didn't know was that Der Chef was a fiction, a character created by the British propagandist Sefton Delmer, just one player in his vast counter-propaganda cabaret, a unique weapon in the war.

Written by Peter Pomerantsev
Abridged by Polly Coles

Read by Alan Cox
Produced by Clive Brill

A Brill production for BBC Radio 4

TUE 10:00 Woman's Hour (m001xdly)
Actor Vicky Knight, Conscriptio, Author Lesley Pearse

The Shadow Chancellor Rachel Reeves is today delivering a speech in which she'll promise to 'reform the Treasury'. If Labour were to win the next General Election, she would be the first female Chancellor the UK has seen. But what would her economic plans mean for women? And how do they compare to the current government's? Economic Adviser Vicky Pryce and Journalist Lucy Fisher join Emma Barnett to discuss.

Bestselling novelist Lesley Pearse has written 31 books and sold over 10 million copies worldwide. But she didn't start writing until her mid-30s, and it would be another 13 years before her first novel was published. Now Lesley has written an autobiography of her extraordinary life – from a difficult childhood to making shepherd's pie for David Bowie. She joins Emma to tell her story.

Denmark is set to become the latest country to extend military conscription to women. This comes as Russia has warned the war there could spin out of control and expand geographically. What's it like for women living in the Nordic countries, three of whom have now introduced female conscription? Emma speaks to The Guardian's Nordic Correspondent Miranda Bryant and Nora Tangseth from the Organisation of Representatives of the Norwegian Conscripts who is in the Norwegian Army.

The new film Silver Haze is based on recollections of real events in actor Vicky Knight's childhood, including when she survived an arson attack aged just eight. Vicky talks to Emma about blending her real childhood experiences with the narrative of the film, and why she wanted to tell her story.

Presenter: Emma Barnett
Producer: Lottie Garton

TUE 11:00 Young Again (m001xdm2)
12. Philip Pullman

Kirsty Young talks to the author Philip Pullman about what he's learned from his life so far. Pullman is the acclaimed novelist behind global bestsellers like His Dark Materials. He recounts the story of his own childhood, how he still contemplates the mystery of his father's death, and why he owes his literary success to hard work.

If you could have a conversation with your younger self, what would you tell them? In Young Again Kirsty takes her guests back to the pivotal moments in their lives. Reflecting on what they wish they'd known at the time, and what they've learned along the way, she discovers the honest – and surprising – advice they'd give their younger selves.

Producer: Sam Peach
Content Editor: Richard Hooper
Executive Editor: Alice Feinstein
Senior Technical Producer: Duncan Hannant
Presenter: Kirsty Young

A BBC Audio Production

TUE 11:30 Dead Famous (m001xdm6)
Episode Three - Frida Kahlo

In episode three, we look at the work of Frida Kahlo. Overshadowed in her lifetime by her domineering husband Diego Riviera, Kahlo was not the giant figure of the art world we know today.

Rosie Millard traces Kahlo's legacy and her rise to fame through films, marketing fads and ground breaking exhibitions.

We see how patronage by the likes of Madonna helped turn Kahlo into an icon of feminism and triumphant independence.

Vermeer. Van Gogh. Frida Kahlo. Three of the best-known artists in the world. Their work is reproduced on everything from umbrellas to jigsaw puzzles to fridge magnets. They command record prices in the auction houses and deliver blockbuster shows which sell out immediately.

It wasn't always this way, however. Each died with no idea that their work would become so hugely valuable or that it would inspire Hollywood movies and many future generations of artists and fans. Their work was not globally renowned when they were alive. How did they manage to market themselves so well after death? How did their status rise from zero to hero?

In this three-part series, Rosie Millard analyses the legacy of these three artists, all of whom rose to global fame many years after they died. Stepping back in time, she finds the key moments in history that transformed these artists from just dead to Dead Famous.

Presented by Rosie Millard
Producer: Tom Woolfenden
Executive Producer: Kirsten Lass
A Loftus Media production for BBC Radio 4

TUE 12:00 News Summary (m001xdms)
The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001xdmg)
Call You and Yours: Childcare

A new report has found there is a shortage of childcare places in most areas as the average cost of a full time place at nursery rises above £15,000. April will see the roll-out of the expansion of the 15 hours funded hours to parents of two year old's. But the report from Coram Family and Childcare found fewer than one out of every three councils have enough spaces for children under two, down from 42% last year.

So in this week's You and Yours phone-in we're asking: What are childcare services like in your area? Can you afford a place? Can you find a place? How are you getting by?

You might be a parent, a grandparent or childcare provider - tell us what's going on for you?

Call us on 03700 100 444. Lines are open at **11am** on Tuesday 19th March.

You can also email us now at youandyours@bbc.co.uk. Don't forget to include a phone number so we can call you back.

PRESENTER: WINIFRED ROBINSON
PRODUCER: CATHERINE EARLAM

TUE 12:57 Weather (m001xdmj)
The latest weather forecast

TUE 13:00 World at One (m001xdml)
Forty-five minutes of news, analysis and comment.

TUE 13:45 Child (p0hcsmpx)
12. Consent

Being in control and having a sense of choice can be the difference between a positive or negative birth experience, but how much choice do women really have?

India Rakusen speaks to Dr Anna Nelson about consent for cervical examinations and how muddy this area can be. Leah Hazard discusses what these examinations are for and how useful they can be, and we also hear from Dr Ihab Abbasi about his decision to only perform gentle caesareans and the long lasting positive impact this can have on women.

Presented by India Rakusen
Producer: Ellie Sans
Series Producer: Ellie Sans
Production Team: Ella McLeod & Georgia Arundell
Executive Producer: Suzy Grant
Commissioning Editor: Rhian Roberts
Original music composed and performed by ESKA
Mix and Mastering by Charlie Brandon-King

A Listen production for BBC Radio 4

TUE 14:00 The Archers (m001xdflk)
[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama on 4 (m001xdpmd)

The Mini-Break

Esme's meeting her boyfriend's parents for the first time. But when she discovers a dark family secret, making a good impression becomes the least of her worries... Chloë Myerson's modern-day folk-horror story about family and fate, inspired by the writing of Hans Christian Andersen.

CAST
Esme Máiréad Tyers
Danny Josh Bryant-Jones
Susanna Jane Slavin
Tim Nicholas Woodeson
The Storyteller David Menkin
Agneta Kitty O'Sullivan

Written by Chloë Myerson
Directed by Anne Isger
Sound by Ali Craig and Andy Garratt

A BBC Audio Production

TUE 15:00 The Kitchen Cabinet (m001xdmt)
[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 A Thorough Examination with Drs Chris and Xand (m001wjy3)
Series 3: Exercise

S3. Ep 7 - Have Fun, Feel Good

Drs Chris and Xand Van Tulleken investigate the science of exercise and the dangers of inactivity.

Is modern exercise a wellness cult? Or is it a vital cure for a world that's struggling with ill health and stuck on the sofa? Most of us might like to get a bit fitter, but how easy is it to actually start exercising and give up sedentary habits?

In this series Drs Chris and Xand Van Tulleken examine exercise and how best to do it. How much should we be doing? How does it help our bodies? And how does our surrounding environment stand in the way of us getting fitter? Chris is challenged to examine his scepticism towards exercise. Similarly, Xand is asked to look at his new-found exercise evangelism and see what he is really running from.

Recently Xand has discovered the joys of physical activity. He's running, cycling, heading to the gym and playing ping pong like never before. It's been a real transformation and a way to keep on top of things after years of unhealthy living.

His twin brother Chris, on the other hand, is really feeling the aches and pains of middle age. With a busy job and a young family, he has precious little spare time for exercise. After a very active period in his 20s and 30s, Chris is now embracing his 'Dad bod' and sliding into a creaky middle age. Xand wants to help him turn things around. Can he do it?

In Episode 7 - Have Fun, Feel Good - the twins meet Herman Pontzer, Evolutionary Anthropologist at Duke University and the author of Burn. He explains the science behind metabolism, physical activity and how we really burn calories. Meanwhile, Chris and Xand go to their local park for a game of ping pong. It's an attempt to find a fun activity that will finally get Chris moving. Unfortunately, ping pong isn't really Chris' idea of fun. But what is?

Presented by Drs Chris and Xand van Tulleken
Producer: Tom Woolfenden
Sound Design: Dan King
Series Editor: Jo Rowntree
A Van Tulleken Brothers and Loftus Media production for BBC Radio 4

TUE 16:00 Law in Action (m001xdgz)
Criminal damage defence limited

Following a Court of Appeal ruling this week about a case referred to the senior judges by the Attorney General, those charged with criminal damage for actions like throwing red paint at a building as a protest, can no longer use a certain defence to be acquitted. Parliament had intended the defence for different circumstances. Protesters used to be able to claim that had the owners of the damaged property known of the reasons for the damage, such as to highlight climate change, they'd have agreed to it. The Attorney General, Victoria Prentis KC MP speaks exclusively to Joshua Rozenberg about what this victory means.

Prisons are almost full, and to help make room, the Justice Secretary Alex Chalk KC MP has announced that prisoners meeting certain criteria can be released up to two months early. Prison campaigners must be pleased, or are they? Andrea Coomber KC (hon), chief executive of the Howard League for Penal Reform, has a more mixed reaction.

How are prisons in England and Wales dealing with inmates with severe mental health needs? Independent Monitoring Boards (IMB), which are often called the eyes and ears of the public in prison, believe that too often prisons rely upon tough segregation units to manage inmates with mental health needs. IMB volunteers share their observations, and Elisabeth Davies, IMB National Chair, calls for a faster transfer to secure hospital units instead.

Awaab Ishak was aged just two when he died as a direct result of exposure to mould in the home his family rented from Rochdale Boroughwide Housing. The coroner issued a Prevention of Future Deaths report as a result, but it was only following a campaign by Awaab's parents and others that the law was changed. Awaab's Law, as it's being called, will specify the timeframes within which social landlords have to respond to complaints of mould. We hear from barrister Christian Weaver of Garden Court North, who represented Awaab's family.

Presenter: Joshua Rozenberg
Producer: Arlene Gregorius
Researcher: Diane Richardson
Editor: Clare Fordham
Production coordinator: Katie Morrison

TUE 16:30 A Good Read (m001xd9g)
Christopher Eccleston and Lindsey Hilsum

JUST KIDS by Patti Smith, chosen by Lindsey Hilsum
MAN'S SEARCH FOR MEANING by Viktor E. Frankl (trans. Ilse Lasch), chosen by Christopher Eccleston
TOWARDS THE END OF THE MORNING by Michael Frayn, chosen by Harriett Gilbert

The television journalist and actor share favourite books with Harriett Gilbert.

Lindsey Hilsum, International Editor of Channel 4 News, loves Patti Smith's memoir Just Kids, her account of coming to New York as a young woman and of her relationship with the photographer Robert Mapplethorpe. It's a coming-of-age story set against the heady backdrop of 1970s counterculture; it's a story of becoming an artist; and it's a love story that turns into an elegy.

The actor Christopher Eccleston chooses Man's Search for Meaning, the psychotherapist Viktor Frankl's account of his time in Nazi concentration camps and how those experiences informed his belief that man's deepest need is to search for meaning and purpose. It's a powerful book about retaining one's humanity in the face of unimaginable suffering and degradation.

And Harriett Gilbert chooses Towards the End of the Morning, Michael Frayn's 1967 satire about journalists working on a newspaper during the heyday of Fleet Street.

Produced by Mair Bosworth for BBC Audio

TUE 17:00 PM (m001xdmy)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m001xdn6)
US says Gaza at risk because of inadequate food

The US Secretary of State, Antony Blinken, says the entire population of Gaza is now at risk because of inadequate supplies of food.

TUE 18:30 Tim Key's Poetry Programme (m001xdnb)
1. The Pilot

The poetry show (without the poetry) returns for more comic chaos, with guests Stephen Merchant and Lolly Adefope.

This is a poetry programme like no other – over the course of 6 series Key has performed magic, music, cookery and witchcraft; he's delivered a baby, gone underground, up the Shard and into space.

And sometimes he finds time to read poems.

This series, regulars Tom Basden and Katy Wix are joined by guest stars Stephen Merchant, Lolly Adefope, Mike Wozniak, Sam Campbell, Simon Armstrong and Morgana Robinson.

Written and presented by Tim Key

Produced by James Robinson
A BBC Studios Audio Production for Radio 4

TUE 19:00 The Archers (m001xdff6)
Lynda complains to Robert about the state of the cricket

pavilion and general facilities inside. The team needs proper leadership. At Grey Gables, Lynda notices what a glow Brian has about him. Robert's there for the watercolour class, but Oliver encourages Lynda to join in as well, and she turns out to be star pupil - unlike frustrated Robert who's ready to give up. Lynda suggests that Robert may see a hare tomorrow at the rewilding site, and he could paint that.

George fills Oliver in on his latest research into Bartleby's age and admits Robert set him on his quest. He's keen to make Bartleby, and himself, social media famous and rich! George has made contact with a woman at Overton Farm who gave him some details about Bartleby's history, including being stolen by thieves.

Over lunch, Miranda's delighted that Brian decided to rearrange - what made him change his mind? Brian shares that it was his daughters. Miranda's glad, as Brian admits he worried how Alice and Kate would feel about it. They enjoy a bottle of wine and some gossip about Justin, with Brian trying to extract more juice. Miranda tells him about when they first met - she has had to bail Justin out financially more than once. When Miranda learns that Justin will be at the Grey Gables ball on Friday, she's tempted to come along with Brian as his date. But for now, how about they continue things at her place? Brian realises what she means and politely makes his excuses - but the door isn't closed on meeting up again.

TUE 19:15 Front Row (m001xdnf)

Marjane Satrapi, using AI for alternative history, and the Harlow Sculpture Trail

Marjane Satrapi is best known for being the cartoonist and film maker behind Persepolis. She talks to Samira Ahmed about her new book - Woman, Life, Freedom - which she has created with 17 Iranian and international comic book artists. It documents the story of the death in custody of 22-year-old Mahsa Amini, a woman detained for allegedly not properly wearing the Islamic headscarf in 2022, and the subsequent protest movement which has swept Iran.

In the Event of Moon Disaster is part of a new exhibition at the Sainsbury Centre for Visual Arts in Norfolk. It uses artificial intelligence to reimagine history, to ask what is truth? Centre Director Dr Jago Cooper and digital artist Francesca Panetta dive into conspiracy and misinformation, and discuss how an event as influential as the 1969 Apollo 11 moon landing could be manipulated, and how doubt can be cast on even the most well-known facts.

And Samira and producer Julian May follow the Harlow Sculpture Trail, encountering work by some of the greatest artists of the 20th century, including Henry Moore, Barbara Hepworth and Elisabeth Frink.

Presenter: Samira Ahmed
Producer: Paul Waters

TUE 20:00 File on 4 (m001xdnh)

No Place to Call Home

As the cost of living crisis continues to increase the strain on families, a record 142,000 children in England are homeless and living in what should be short term temporary accommodation.

Children are being consigned to B&Bs and hotels, former office blocks - even shipping containers - some without a bed of their own, living among rats and cockroaches - conditions the children's commissioner has condemned as Dickensian.

With the help of young people and their families, File on 4 investigates how temporary accommodation - meant to be a short term safety net - has become a trap some children can't escape.

Reporter: Jane Deith
Producer: Nicola Dowling
Technical Producer: James Beard
Production Coordinator: Jordan King
Editors: Clare Fordham and Carl Johnston

Image: Imgorhand via Getty Images

TUE 20:40 In Touch (m001xdnm)

The State of Vision Rehabilitation Services

Vision Rehabilitation is an essential service to newly blind or partially sighted people, and those whose sight has changed. It is a service that is provided by local councils and can help with things like technology, daily mobility and independent living skills. But new Freedom of Information data from the RNIB has highlighted that many local councils aren't providing this vital service in a timely manner. Resulting in thousands of blind and partially sighted people without the help that they are entitled to by law. We hear from you about how the delays are impacting daily life and independence.

The RNIB's David Aldwinkle provides details of the findings. Andy Fisher is a vision rehabilitation specialist and has worked within the public and private sectors and Simon Labbett is the Chair of the Rehabilitation Workers Professional Network and an active rehabilitation officer in a local council - they both help us assess the issues and the potential solutions.

Presenter: Peter White
Producer: Beth Hemmings
Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image and he is wearing a dark green jumper. Above Peter's head is the BBC logo (three separate white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one is a darker blue and the other is a lighter blue.

TUE 21:00 All in the Mind (m001xdft)

Seasonality, learning to hope, and the gender citation gap

Are you looking forward to the lighter evenings of summer? Perhaps you're already feeling different as the seasons change and the green shoots of spring arrive? This week on All in the Mind we're taking a look at how the seasons affect our moods, thoughts and behaviours. Claudia Hammond speaks to Michael Varnum from Arizona State University about what the research says. Cognitive neuroscientist Sophie Scott, joins Claudia in the studio to ask what it means for the science of psychology if the seasons have such a profound effect.

And we hear from a project in Northern Ireland that teaches people to have hope. Marie Dunne was inspired to set up the project, called Resilio, after witnessing the success of a programme designed to teach hope in schools. Based on that programme Resilio developed their own hope courses for adults. We hear from people who have benefitted from those courses, and from people who run them, about how to find hope.

Finally, Sophie Scott discusses a new study which found that male psychology scholars were less likely to think of female scholars when asked to name eminent researchers in that field. Could it explain the gender gap in citation rates?

Presenter: Claudia Hammond
Producers: Lorna Stewart & Lucy Taylor
Studio Manager: Tim Heffer
Production Coordinator: Siobhan Maguire
Editor: Holly Squire

TUE 21:30 The Life Scientific (m001xdl8)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m001xdnq)

UN warns of "near-collapse of basic services" in Haiti

Also in the programme, shadow chancellor Rachel Reeves sets out Labour's economic plans. And can AI coaches help football teams improve their performance?

TUE 22:45 Black Butterflies by Priscilla Morris (m001xdns)

Episode 2

Black Butterflies by Priscilla Morris was shortlisted for the 2023 Women's Prize for Fiction.

In many ways it's a universal story of domestic family life upended and fractured by inconceivable events which seem, even now, both far away and close at hand. The story begins in the spring of 1992 in the city of Sarajevo, as political tensions mount and barricades begin to appear in the streets. Fifty-five year old Zora is married to Franjo, who is fifteen years older than her. Their daughter lives with her English husband and young child in Wiltshire. Zora's vocation is her work as an artist and notably a painter of landscapes and the bridges that span the river of her beloved Sarajevo. She also teaches art students, but in the afternoons retreats to her studio high in the eaves of the city's magnificent public library to work on her canvases.

Priscilla Morris is of Yugoslav and Cornish parentage, she grew up in London and spent her summers in Sarajevo. This is her first novel.

Location audio recordings: the street sounds of Sarajevo recorded by Rafael Diogo and featured on <https://citiesandmemory.com/sarajevo-city-guide-best-sounds/>

BLACK BUTTERFLIES by Priscilla Morris
Read by Fenella Woolgar
Abridged and Produced by Jill Waters
THE WATERS COMPANY for BBC Radio 4

TUE 23:00 The Confessional (m001g1nn)

Series 3

The Confession of Jessie Cave

Stephen Mangan is back with another series of his comedy chat show about shame, guilt and occasional repentance.

Each week, Stephen invites a distinguished guest into his virtual confessional box to make three confessions to him. An antidote to conventional talk shows, their stories don't reflect their proudest moments. Stephen could not be less interested in those. He wants them to open up about their darker side. Settle back for stimulating journeys through shame, regret and toe curling embarrassment.

The series begins with Harry Potter actor, writer, podcaster, cartoonist and illustrator, Jessie Cave in the hot seat.

Presenter: Stephen Mangan
Additional material by Nick Doody
Producer: Frank Stirling
A 7digital production for BBC Radio 4

TUE 23:30 Today in Parliament (m001xdnv)

Susan Hulme reports as MPs raise fears that there'll be a famine in Gaza - and dentists tell the Health Committee that the Government's recovery plan is a 'joke'.

WEDNESDAY 20 MARCH 2024

WED 00:00 Midnight News (m001xdnx)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 How to Win an Information War by Peter Pomerantsev (m001xdlr)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m001xdnz)

The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m001xdp1)

World Service

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m001xdp4)

The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m001xdpc)

National and international news from BBC Radio 4

WED 05:43 Prayer for the Day (m001xdpk)

A reflection and prayer to start the day with Abbot Mark-Ephrem Nolan OSB.

WED 05:45 Farming Today (m001xdpr)

20/03/24 - Shellfish deaths, incoming Welsh First Minister, waste wool and avian flu

Fishermen and wildlife are still feeling the impact nearly two and a half years after the mass shellfish deaths on England's North East Coast. After several years of investigations and reviews, the conclusion of an independent expert panel, chaired by DEFRA's Chief Scientific Adviser Professor Gideon Henderson, was that the deaths of crabs, lobsters and other commercially important shellfish, was "as like as not", down to an unknown pathogen. Fishermen had blamed contamination from dredging or the presence of a toxic pollutant - but the panel dismissed that as "very unlikely".

Farmers have been protesting about the Welsh Government's plans to implement a new Sustainable Farming Scheme, which includes having 10 percent of farmland planted with trees and 10 percent to benefit wildlife. The incoming First Minister, Vaughan Gething, brings with him some rural credentials - his father worked as a vet in South Wales and his mother was a chicken farmer in Zambia... So will that make him more receptive to farmers' concerns?

And new rules are brought in so that everyone keeping birds has to register on a National list. Up till now only flocks of 50 or more had to be registered, but now, anyone who keeps just a few chickens in the garden, or birds of prey, or pigeons will have to do so too. DEFRA says the new rules will help them contact more bird keepers, so they can stay up to date on local disease outbreaks - like avian flu.

Presented by Anna Hill
Produced for BBC Audio in Bristol by Heather Simons

WED 05:58 Tweet of the Day (b08spdww)

David Lindo on the Osprey

Osprey and Wormwood Scrubs are not usually words you expect to read in the same sentence, but Urban Birder David Lindo has seen one on his birdwatching patch next to the prison. His mantra is to look up and around in the city as there are more varieties of bird to be seen than you might imagine.

Producer Maggie Ayre.

WED 06:00 Today (m001xd9w)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 The Briefing Room (m001xdhf)

Election special 3. Uncertain times for the ANC in South Africa

2024 is the year of elections. According to one estimate just under 50% of all the people on earth live in countries where by December 31st there will have been a national vote. To mark this phenomenon we are broadcasting three special programmes.

In the third and final programme in this special series we're focusing on South Africa. It is 30 years since the African National Congress - led back then by Nelson Mandela - first won power. It has had a majority in parliament ever since. But this year it could well be different. If so, does this decline of the ruling party bode well or badly for South Africa?

Guests:

David Everatt, Professor at the Wits School of Governance in Johannesburg
Dr Ayesha Omar, British Academy International Fellow at SOAS
Alexander Beresford, Associate Professor in African Politics at Leeds University
Professor Cherrel Africa from the University of the Western Cape

Production team: Rosamund Jones and Ben Carter
Editor: Richard Vadon
Production Co-ordinator: Gemma Ashman
Sound engineers: Hal Haines and Neil Churchill

WED 09:30 Just One Thing - with Michael Mosley (m001jkq4)

Nibble Some Nuts

Nuts are a rich source of fibre and polyphenols. They are also very high in fats and calories, but studies have shown that eating these bite-sized snacks won't add to your waistline. These nutrient powerhouses could also help slow-down the ageing process. Research has found that walnut eaters live, on average, over a year longer than those who don't. What's more, adding nuts to your diet can help your brain! Michael Mosley is joined by Dr Sze-Yen Tan from Deakin University in Australia who reveals how eating nuts can benefit the brain, and why eating moderate amounts of nuts won't add to your waistline. A recent study of his found that people who ate nuts performed better in cognitive tests and had improved short-term memory. Meanwhile, our volunteer Emma swaps out her usual snack for a handful of mixed nuts!

WED 09:45 How to Win an Information War by Peter Pomerantsev (m001xdbt)

Episode 3

In the summer of 1941, Hitler ruled Europe from the Atlantic to the Black Sea. Britain was struggling to combat the powerful Nazi propaganda machine, which crowed victory and smeared its enemies.

However, inside Germany, there was one notable voice of dissent from the very heart of the military machine – Der Chef, a German whose radio broadcasts skilfully questioned Nazi doctrine. He had access to high-ranking military secrets and spoke of internal rebellion. His listeners included German soldiers and citizens.

But what these audiences didn't know was that Der Chef was a fiction, a character created by the British propagandist Sefton Delmer, just one player in his vast counter-propaganda cabaret, a unique weapon in the war.

Written by Peter Pomerantsev
Abridged by Polly Coles

Read by Alan Cox
Produced by Clive Brill

A Brill production for BBC Radio 4

WED 10:00 Woman's Hour (m001xdc5)

Baby loss certificates, 'Women's intuition', Carolynne Hunter & energy bills

On 27 February, Emma Barnett spoke to Zoe Clark-Coates, who runs the baby loss and bereavement charity The Mariposa Trust, about her campaign for baby loss certificates. They were introduced in England in February for parents who've lost a baby before 24 weeks of pregnancy. Emma shares her own story and also speaks to a woman who's decided it's not for her, and another who applied straight away and has now received four baby loss certificates.

Have you ever had a nagging feeling that something wasn't quite right? A gut reaction or a tingly spidey-like sense that tells you something is off? Author of Emotional Labour, Rose Hackman joins Emma to explain why we need to stop calling it 'women's intuition'.

Carolynne Hunter cares for her 14-year-old daughter who has severe cerebral palsy. She spoke out about her rising household costs back in 2022 and Oscar-winning actress Kate Winslet paid her energy bill. Carolynne joins Emma to give an update on her life since then.

It's been announced that a breast cancer drug - Pembrolizumab, sold under the brand name Keytruda - could help thousands more women than previously thought. Emma finds out more from Dr Liz O'Riordan, retired breast surgeon who has had breast cancer herself, twice.

Presented by Emma Barnett
Producer Louise Corley
Studio Engineer: Phil Lander

WED 11:00 The Big League (m001tgn)

Real Madras, Borussia Moobsandbackfat, OB City, Man Titty, Inter PieAmi, Pork Vale, ScranMere Rovers - all real teams that play in the fat league.

Man Vs Fat is a football league designed to help men lose weight.

The league says it has helped around 23,000 men lose 601,288lbs since it started in 2016. But dropping a few belt notches is not the only thing that has transformed lives

Men talking about their mental health is still typically rare - Jay Unger has struggled with his own weight and has played in Man V Fat for a few years.

Being part of a fat football community, has helped him and thousands of other men to open up about their mental health and get through some of the most difficult situations in their life

Some of the stories are really heart-breaking and difficult to listen to - but ultimately the men in Newport, North Tyneside and Edinburgh Jay meets tell him how a community, brought together by football, has helped them reshape their lives..

Presenter: Jay Unger
Producer: Jay Unger
Editor: Richard McLlory
A BBC Audio North Production

If you've been affected by some of the issues raised, details of organisations that can provide support relating to feelings of despair, addiction and mental health, are available at bbc.co.uk/actionline.

WED 11:30 The Wilkie Collins Guide to Modern Life (m001tr6h)

Matthew Sweet re-examines the life and work of the exciting, sensational and surprising figure who contemporary critics might have labelled 'Woke Wilkie'. In this his bicentenary year, Matthew will open up the world of Wilkie Collins's fiction - a world that is profoundly strange, but deeply engaged with questions with which we're still grappling today. Whether on restitution, polyamory, disability or gender roles, Collins wasn't just ahead of his own time but in many ways, ahead of ours.

Readers: Josh Bryant-Jones and Kitty O'Sullivan
Producer: Mohini Patel

WED 12:00 News Summary (m001xdcv)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001xdd6)

Inflation, Gig Tickets and Newbuild Mortgages

Inflation is down to its lowest rate in over two years. We go into the details to find out what's gone up the most, what's fallen and why.

For decades, getting gig tickets was pretty straightforward and unchanged - you simply phoned or visited the box office and paid whatever the total price was. Today, many music enthusiasts have little choice other than use websites and apps. These have been adding an increasingly bewildering range of inescapable, extra "processing", "transaction" and "delivery" fees. They're only revealed at the very end and can bump up the total price by up to 20%. We find out how the major players rank on this, why they do it and whether the new Digital Markets Bill will improve things in time for this summer's festivals.

When was the last time you bought a boxfresh bike? Chances are it hasn't been for a while. Sales of brand new ones without batteries and whizzy motors have hit their lowest number since the turn of the millennium. The number of new e-bikes bought has also dipped too. We find out why and what bicycle makers and retailers are doing to tempt us back.

Finally, even in a market where deals are launched and pulled in a fortnight, on average, fixed rate mortgages are hovering between roughly 4 and 5%. Now a handful lenders have started offering APRs around half that. But there's one vital catch on the kind of house you can get buy. We find out what it is and whether it'll change the plans of one first time buyer.

Presenter: Peter White
Producer Julian Paszkiewicz

WED 12:57 Weather (m001xdhd)

The latest weather forecast

WED 13:00 World at One (m001xdhd)

Forty-five minutes of news, analysis and comment.

WED 13:45 Child (p0hcsn5k)

13. Trust

With near-constant headlines of problems in our maternity services here in the UK, what does the word 'trust' mean today when it comes to birth, and what can we do to create more of it?

India Rakusen heads to her own hospital where she's due to give birth to speak to the director of midwifery Shirley Peterson, Dr Sanem Atakan a consultant obstetrician and a doula Aimee Hamblin about the breakdown and rebuilding of trust.

Produced and Presented by India Rakusen
Series Producer: Ellie Sans
Production Team: Ella McLeod & Georgia Arundell
Executive Producer: Suzy Grant.
Commissioning Editor: Rhian Roberts
Original music composed and performed by ESKA
Mix and Mastering by Charlie Brandon-King

A Listen production for BBC Radio 4

WED 14:00 The Archers (m001xdf6)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama on 4 (m001xdfd)

Emergency Alert: Ballistic Missile Inbound

By Dan Scott. The residents of a village in England all receive the same alarming message on their mobile phones. So what do you do if you have only moments to decide and it may be the last decision you make?

Noelle Dorothy Atkinson
Hassan Hasan Dixon
Sam Anna Spearpoint
Voice 2/Kristen Rhiannon Neads
Voice 1/Max John Lightbody
Adam Ian Dunnett Jnr.

Production Coordinators Sara Benaim and Daniel Bishop

Sound by Andrew Garratt and Peter Ringrose
Directed by Toby Swift

A BBC Audio production for BBC Radio 4

An EcoAudio certified production

WED 15:00 Money Box (m001xdf1)

Money Box Live: Mortgages and Debt

Mortgage customers face rising rates, vanishing deals and latest figures have shown more people are struggling to keep up with their repayments.

Mortgage arrears, hit a seven-year high in the final quarter of 2023. So what can you do if that's you?

Felicity Hannah is joined by Charlotte Harrison of Skipton Building Society, Sally Mitchell from the Mortgage Mum, and Richard Lane from the debt charity Step Change - to discuss what's going on in the mortgage market and what you need to know.

Presenter: Felicity Hannah
Reporter: Dan Whitworth
Producer: Neil Morrow
Editor: Jess Quayle

(First broadcast 3pm Wednesday 20th March, 2024)

WED 15:30 All in the Mind (m001xdf)
[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Sideways (m001xdg0)
61. Brain Strain

In 1972, at the liberal Vassar College in New York, 18-year-old Rick Shenkman stood out for his unwavering support of Richard Nixon, especially as the Watergate scandal unfolded. His unconditional allegiance raises a perplexing question - why would a bright, well-educated student overlook the facts and maintain blind faith in the president?

In this episode, Matthew Syed delves into one of the most intriguing facets of human psychology - cognitive dissonance.

Conceptualised by Leon Festinger in the 1950s, cognitive dissonance refers to the mental discomfort a person experiences when they hold contradictory beliefs, values, or attitudes simultaneously, or when their behaviour conflicts with their beliefs or values. While we all encounter cognitive dissonance in our daily lives, its underlying mechanisms often remain unnoticed despite their profound impact.

Featuring journalist and historian Rick Shenkman, Professor Elliot Aronson, Professor Matt Johnson and Princeton University graduate student, Logan Pearce.

Presenter: Matthew Syed
Producer: Julien Manuguerra-Patten
Series Editor: Katherine Godfrey
Sound Design and Mix: Daniel Kempson
Theme Tune by Ioana Selaru
A Novel production for BBC Radio 4

WED 16:30 The Media Show (m001xdg6)
Is the clock ticking for TikTok?

As the US Congress moves to ban TikTok on national security grounds, we ask could the UK follow? Elon Musk lured former CNN journalist Don Lemon to boost X's video credentials but the pair fell out after a recent interview. We find out why. Also on the programme, why the BBC has announced plans to move into UK podcast advertising and we explore what one journalist found when she downloaded all the data held on her after years of using Meta's services.

Guests: Ciaran Martin, Professor, Blavatnik School of Government, The University of Oxford; Max Tani, media journalist, Semafor; Matilda Davies, Data and Digital Journalist, The Times and The Sunday Times; Nick Hilton, Co-founder, Podot

Presenter: Katie Razzall
Producer: Simon Richardson

WED 17:00 PM (m001xdgd)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m001xdgm)
Data shows price rises have slowed again and inflation is set to meet the 2% target soon

WED 18:30 Janey Godley: The C Bomb (m001xdgt)
Series 2

3. Motherhood, Marriage and George Clooney

Facing her own mortality, Janey finds herself reflecting on motherhood and how the pressures on women have changed.

She also speaks honestly about dealing with a terminal diagnosis

within her relationship, but is challenged on claims of marital harmony by daughter Ashley.

However as she confesses to some of the mistakes she feels she made as a mother, she is met with compassion and understanding.

Also in this episode, as an atheist, she wonders how things might go at the pearly gates if she's been wrong this whole time - and explains how George Clooney saved the day.

Reflecting on the past with honesty, vulnerability and empathy for those who let her down, she continues to find humour and insight in both the darkness and the ridiculous.

A mix of stories told onstage to a hometown audience, and candid conversations with her daughter Ashely Storrie, recorded in the living room of the home they share.

Produced by Julia Sutherland
Featuring Ashley Storrie

A Dabster production for BBC Radio 4

WED 19:00 The Archers (m001xdd5)

Oliver and Robert keep quiet at the rewinding as they hope to spot a hare in the long grass. Oliver's impressed by Robert's research into Bartleby - he has a photo from the Echo and has found some information about a gang of horse thieves in the 80s. Robert considers making sleuthing his new hobby - he does need to find something to spark his imagination. Oliver suggests guiding at Lower Loxley. But Robert fancies going for Chair of the Cricket club - he admits he needs something he can do for himself, without Lynda's involvement. Robert's distracted as he sees a pair of ears - there are two hares!

Justin has a proposal for Stella, as he learns about what she's doing to improve soil health. He's been to a sustainability symposium and needs someone at Board level to ensure BL is playing their part environmentally. Defensive Brian challenges Justin. Awkward Stella gets a well-timed call and takes herself off to answer it. It's Pip, wondering when she's going to be coming over for dinner.

Stella offers to the gents to have a think about the position on offer, and Justine privately warns Brian not to stifle Stella's talent. But back to being friends, Justin asks if Brian is bringing anyone to the Grey Gables Ball on Friday. Having had a catch up with Pip and filled her in on today's events, Stella makes her excuses. But Rosie needs Stella to read to her, so Pip says there's no escaping just yet!

WED 19:15 Front Row (m001xdh0)
Kazuo Ishiguro on jazz, March hares and film ratings

Writer Kazuo Ishiguro and jazz musician Stacey Kent talk about collaborating on their new book of lyrics, *The Summer We Crossed Europe in the Rain*.

What's the significance of the hare in art and mythology? To mark the season of the March hare, writer Jane Russ, sculptor Sophie Ryder and musician Fay Hield explain.

And following the British Board of Film Classification's update to their guidance, film critic Larushka Ivan Zedah and professor of film Ian Christie ask what age ratings mean for audiences and film-makers.

Presenter: Shahidha Bari
Producer: Julian May

WED 20:00 AntiSocial (m001x59k)
Does Britain need a Muslim war memorial?

Plans announced in the Budget to spend £1 million on a war memorial for Muslim soldiers who died in the two World Wars have been applauded by campaigners, but others worry it is singling out one religious group for special treatment. Some have also questioned the timing of the announcement, when the Conservative Party is facing allegations of Islamophobia.

What role did Muslims play in the two World Wars? Do other religious groups have their own memorials? And how have monuments like this become flashpoints of the culture wars?

Presenter: Adam Fleming
Production team: Simon Tulett, Nick Holland, and Ellie House
Editor: Penny Murphy

WED 20:45 Lent Talks (m001xdgy)
[Repeat of broadcast at 23:00 on Monday]

WED 21:00 When It Hits the Fan (m001xdh9)
TikTok and China, how to make a royal story go away and

cybersecurity PR

In this episode, David Yelland and Simon Lewis are talking TikTok. In the US, the social media platform is facing an existential threat. But behind it is a world of Chinese PR that's not making the headlines. How does it work? And what are all the western PR agencies embedded in China doing there?

Also, as the risk of IT system crashes and cyber attacks escalates, David and Simon lift the lid on the role of communications in the booming cybersecurity sector.

And following the short video of the Princess of Wales released on The Sun's website, they ask if this is a PR master stroke, or something else. What is going on?

Producer: Eve Streeter
Editor: Sarah Teasdale
Executive Producer: William Miller
Assistant Producer: Sophie Smith
Music by Eclectic Sounds
A Raconteur production for BBC Radio 4

WED 21:30 The Media Show (m001xdg6)
[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m001xdhf)
Is the economy bouncing back?

Rishi Sunak says the latest drop in inflation shows the UK economy is bouncing back - but many consumers still need convincing. We analyse how big a turnaround it is - and what impact the figures will have on the political arguments ahead.

Also on the programme:

We discuss a call to outlaw abortions after 24 weeks for foetuses diagnosed with Down's syndrome.

And from a childhood in revolutionary Cuba to a life in Roxy Music - we speak to guitarist Phil Manzanera.

WED 22:45 Black Butterflies by Priscilla Morris (m001xdhm)
Episode 3

Black Butterflies by Priscilla Morris was shortlisted for the 2023 Women's Prize for Fiction .
In many ways it's a universal story of domestic family life upended and fractured by inconceivable events which seem, even now, both far away and close at hand. The story begins in the spring of 1992 in the city of Sarajevo, as political tensions mount and barricades begin to appear in the streets. Fifty-five year old Zora is married to Franjo, who is fifteen years older than her. Their daughter lives with her English husband and young child in Wiltshire. Zora's vocation is her work as an artist and notably a painter of landscapes and the bridges that span the river of her beloved Sarajevo. She also teaches art students, but in the afternoons retreats to her studio high in the eaves of the city's magnificent public library to work on her canvases.

Priscilla Morris is of Yugoslav and Cornish parentage, she grew up in London and spent her summers in Sarajevo. This is her first novel.
Location audio recordings: the street sounds of Sarajevo recorded by Rafael Diogo and featured on <https://citiesandmemory.com/sarajevo-city-guide-best-sounds/>

BLACK BUTTERFLIES by Priscilla Morris
Read by Fenella Woolgar
Abridged and Produced by Jill Waters
THE WATERS COMPANY for BBC Radio 4

WED 23:00 DMs Are Open (m001xdhv)
Series 3

4. Exploration

In our DMs this week: a follocally challenged explorer, an experimental couple and a jaded brownie leader, all written by the great British public.

Stevie Martin boldly goes into the DMs to find the best sketches and one liners, and brings the best sketches and one liners written by YOU, the British public.

Joining Stevie on her exploration this week are Freya Mallard, Katie Norris, Kiell Smith-Bynoe and Sean Burke as they dip into the DMs.

Written by the public. This week it was written by:

Hannah Platt
Hebe Dobson

David Hodges
Jade Gebbie
Cody Dahler
Ralph Jones
Christina Riggs
Sean Lindsay
Lucy Shields
Kate Dehnert

Voice notes were performed by:

Jon Powell
Gregor Paton
Eleanor Green

Script edited by Tasha Dhanraj and Cameron Loxdale

Recorded at Up The Creek Comedy Club

Recorded by David Thomas
Sound Design: Charlie Brandon-King
Production Coordinator: Sarah Nicholls
Assistant Producer: Caroline Barlow

Produced by Gwyn Rhys Davies. A BBC Studios Production for Radio 4.

WED 23:15 The Skewer (m001xdj2)

Series 11

Episode 6

The week's biggest stories like you've never heard them before. The news, remixed as a satirical comedy concept album. This week - Gove-O-Cop, Foghorn Rishi-horn, and Strange Women Lying In Ponds.

Jon Holmes presents the multi-award winning, Bafta nominated The Skewer. Headphones on.

Producer: Jon Holmes
An unusual production for BBC Radio 4

WED 23:30 Today in Parliament (m001xdj8)

Alicia McCarthy reports on another boisterous session of Prime Minister's Questions.

THURSDAY 21 MARCH 2024

THU 00:00 Midnight News (m001xdjg)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 How to Win an Information War by Peter Pomerantsev (m001xdbt)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001xdjm)

The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m001xdjr)

World Service

BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m001xdjw)

The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m001xdk0)

National and international news from BBC Radio 4

THU 05:43 Prayer for the Day (m001xdk2)

A reflection and prayer to start the day with Abbot Mark-Ephrem Nolan OSB.

THU 05:45 Farming Today (m001xdk4)

21/03/24 - Universal Credit changes for farmers, mussel farming

Some farmers who already rely on state benefits are being told they need to look for paid work and ditch their farm businesses if they want to continue receiving those benefits. It's happening because of changes in the way welfare is delivered, so farmers on Tax Credits are now being switched to Universal Credit. But eligibility for Universal Credit is calculated using monthly income and expenditure, which doesn't sit well with farm businesses where these can vary enormously depending on the season. The transition process has been described by farmers as a nightmare and, as we'll be hearing shortly, it's also having an

impact on mental health.

And CCTV... for fish! John Holmyard runs a 'rope-cultured' offshore mussel farm in Lyme Bay about 5 miles off the south coast of Devon. He's been working with the University of Plymouth to monitor what impact the farm has on the marine life around it.

Presented by Caz Graham
Produced for BBC Audio in Bristol by Heather Simons

THU 05:58 Tweet of the Day (b03wpzmk)

Chiffchaff

Tweet of the Day is a series of fascinating stories about the British birds inspired by their calls and songs.

Bill Oddie presents the chiffchaff. Chiffchaff are small olive warblers which sing their name as they flit around hunting for insects in woods, marshes and scrubby places. Chiffchaffs are increasing in the UK and the secret of their success is their ability to weather our winters. Many stay in the milder south and south-west of England where the insects are more active.

Producer Sarah Pitt

THU 06:00 Today (m001xd64)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m001xd7b)

Julian the Apostate

Melvyn Bragg and guests discuss the last pagan ruler of the Roman Empire. Fifty years after Constantine the Great converted to Christianity and introduced a policy of tolerating the faith across the empire, Julian (c.331 - 363 AD) aimed to promote paganism instead, branding Constantine the worst of all his predecessors. Julian was a philosopher-emperor in the mould of Marcus Aurelius and was noted in his lifetime for his letters and his satires, and it was his surprising success as a general in his youth in Gaul that had propelled him to power barely twenty years after a rival had slaughtered his family. Julian's pagan mission and his life were brought to a sudden end while on campaign against the Sasanian Empire in the east, but he left so much written evidence of his ideas that he remains one of the most intriguing of all the Roman emperors and a hero to the humanists of the Enlightenment.

With

James Corke-Webster
Reader in Classics, History and Liberal Arts at King's College, London

Lea Niccolai
Assistant Professor in Classics at the University of Cambridge and Fellow and Director of Studies in Classics, Trinity College

And

Shaun Tougher
Professor of Late Roman and Byzantine History at Cardiff University

Producer: Simon Tillotson

Reading list:

Polymnia Athanassiadi, Julian: An Intellectual Biography (first published 1981; Routledge, 2014)

Nicholas Baker-Brian and Shaun Tougher (eds.), Emperor and Author: The Writings of Julian the Apostate (Classical Press of Wales, 2012)

Nicholas Baker-Brian and Shaun Tougher (eds.), The Sons of Constantine, AD 337-361: In the Shadows of Constantine and Julian, (Palgrave Macmillan, 2020)

G.W. Bowersock, Julian the Apostate (first published 1978; Harvard University Press, 1997)

Susanna Elm, Sons of Hellenism, Fathers of the Church: Emperor Julian, Gregory of Nazianzus, and the Vision of Rome (University of California Press, 2012)

Ari Finkelstein, The Specter of the Jews: Emperor Julian and the Rhetoric of Ethnicity in Syrian Antioch (University of California Press, 2018)

David Neal Greenwood, Julian and Christianity: Revisiting the Constantinian Revolution (Cornell University Press, 2021)

Lea Niccolai, Christianity, Philosophy, and Roman Power: Constantine, Julian, and the Bishops on Exegesis and Empire

(Cambridge University Press, 2023)

Stefan Rebenich and Hans-Ulrich Wiemer (eds), A Companion to Julian the Apostate (Brill, 2020)

Rowland Smith, Julian's Gods: Religion and Philosophy in the Thought and Action of Julian the Apostate (Routledge, 1995)

H.C. Teitler, The Last Pagan Emperor: Julian the Apostate and the War against Christianity (Oxford University Press, 2017)

Shaun Tougher, Julian the Apostate (Edinburgh University Press, 2007)

W. C. Wright, The Works of Emperor Julian of Rome (Loeb, 1913-23)

THU 09:45 How to Win an Information War by Peter Pomerantsev (m001xd2b)

Episode 4

In the summer of 1941, Hitler ruled Europe from the Atlantic to the Black Sea. Britain was struggling to combat the powerful Nazi propaganda machine, which crowed victory and smeared its enemies.

However, inside Germany, there was one notable voice of dissent from the very heart of the military machine – Der Chef, a German whose radio broadcasts skillfully questioned Nazi doctrine. He had access to high-ranking military secrets and spoke of internal rebellion. His listeners included German soldiers and citizens.

But what these audiences didn't know was that Der Chef was a fiction, a character created by the British propagandist Sefton Delmer, just one player in his vast counter-propaganda cabaret, a unique weapon in the war.

Written by Peter Pomerantsev
Abridged by Polly Coles

Read by Alan Cox
Produced by Clive Brill

A Brill production for BBC Radio 4

THU 10:00 Woman's Hour (m001xd8g)

Waspi women, Dr Jen Gunter, The Liverbirds, Child poverty

A long-awaited report on how women born in the 1950s were affected by increases to their retirement age - the so-called WASPI women, which stands for women against state pension inequality - has been published today. It recommends compensation and says the Department for Work and Pensions failed to adequately inform the women affected. Emma Barnett hears from Steve Webb, former pensions minister from 2010 to 2015, when changes to pension ages were accelerated, and to Frances Neil, a WASPI coordinator in Essex.

Dr Jen Gunter is a gynaecologist and author based in California, with a huge global following, known for calling out products marketed to women which claim to address their neglected health issues but have no evidence base and could be harmful. In her latest book, simply called Blood, she tackles the menstrual cycle and myths ancient and modern associated with it. Jen joins Emma in studio.

John Lennon told them that 'girls don't play guitar', but these four girls from 1960s Liverpool were determined to prove him wrong. Mary, Sylvia, Valerie and Pamela formed Britain's first female rock'n'roll band The Liverbirds, and went on to tour stadiums across Europe, record two hit albums and play with the Kinks, Rolling Stones and Chuck Berry – all in the space of five years. Emma talks to the two surviving members of the band about their incredible story.

Figures out today show that 4.3 million children in the UK are living in poverty. Emma speaks to Sara Ogilvie, Policy Director at Child Poverty Action Group and to Jo, a lone parent living in Greater Manchester with a 14-year-old son and on a low income.

THU 11:00 From Our Own Correspondent (m001xd90)

No escape from Haiti

Kate Adie introduces stories from Haiti, Chad, the Netherlands, Palau and Mexico.

Haiti remains mired in crisis, with the capital in the grip of gang violence - more than 350,000 people have been displaced. Will Grant reports from Haiti's border with the Dominican Republic, where he has witnessed the growing desperation among people flocking to find food and supplies and escape the violence.

It's nearly a year since civil war erupted in Sudan between rival military forces - more than a million have fled to neighbouring

countries, including Chad. Mercy Jumar covered the refugee crisis there last year and now returns to the border town of Adre.

Despite his dramatic win in the 2023 elections, Dutch far-right populist Geert Wilders has abandoned his bid to become the next prime minister. After weeks of negotiations to try to form a coalition, he realised he couldn't convince other parties to serve under him. Anna Holligan explains what happened.

Western Pacific watchers have continued to warn that China is trying to gain more of a footing with the ocean's island nations that control large swathes of it. Frey Lindsay reports from Palau in the Western Pacific, which has long-standing ties to the US, but is increasingly being courted by China.

From Parma ham to Cheddar cheese, Darjeeling tea to Islay whiskey, there are many fabulous foods and delicious drinks from around the world that help put towns, cities and regions on the map. But, often these places have a reputation for more than just one thing. As Proinsias O'Coinn discovered when he travelled to a world-famous town in Mexico.

Producer: Sally Abrahams
Production co-ordinator: Sophie Hill
Editor: Richard Fenton-Smith

THU 11:30 A Good Read (m001xd9g)
[Repeat of broadcast at 16:30 on Tuesday]

THU 12:00 News Summary (m001xdbk)
The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001xdbh)
Gap Finders - Sarah Dunning

Today's guest is Sarah Dunning, chair of the Westmorland Family, and daughter of the original founders.

They run motorway services, but not the kind with franchised coffee shops and fast food chains. They've created a service stop where you can still fill up your car and nip to the loo, but it's really more of a farm shop that offers locally sourced, home cooked food, as well as sell produce and goods from local suppliers.

They have three services, Tebay in Cumbria, Gloucester, and Carin Lodge in Scotland, as well as some additional businesses such as a hotel, a recreational hub, and an HGV stop for lorry drivers.

We hear from Sarah how her parents came up with the idea, how it grew, why they offer what they do, what she sees for the business going forward and whether they plan to open any more services in the future.

PRODUCER: Kate Holdsworth

PRESENTER: Winifred Robinson

THU 12:32 Sliced Bread (m001xdbx)
Dishwashers

Is it better to wash your dishes by hand or use a dishwasher?

This question from listener Eve has got to be among the most hotly contested debates out there. She wants to know which method uses more water and which is more energy efficient. To find out, we speak to a man who's spent decades studying the differences - Professor Rainer Stammering from the University of Bonn in Germany.

Eve also wants to know about the eco settings on dishwashers: how can they save money if they take so much longer? And should you pre-rinse before putting things in?! In short, does the evidence around dishwashers stack up (sorry!) Greg will be finding out.

PRESENTER: Greg Foot
PRODUCER: Simon Hoban

THU 12:57 Weather (m001xdc7)
The latest weather forecast

THU 13:00 World at One (m001xdcl)
Forty-five minutes of news, analysis and comment.

THU 13:45 Child (p0hcsngs)
14. Pain

The baby is almost here. In this episode, India Rakusen explores how the baby moves through the cervix into the birth canal to

the moment the baby's head starts to crown.

And through all of this, how is pain acknowledged and addressed? India looks at the history of pain relief - and finds out from historian Randi Hutter-Epstein about an extreme form called Twilight Sleep that gained popularity at the start of the 20th Century. She also speaks to research midwife Rachel Ibikunle about the horrific beliefs about pain for Black and Asian women, and to Siobhan Miller of the Positive Birth Company about how understanding our body can help manage pain.

Presented by India Rakusen
Producer: Ellie Sans
Series Producer: Ellie Sans
Production Team: Ella McLeod & Georgia Arundell
Executive Producer: Suzy Grant.
Commissioning Editor: Rhian Roberts
Original music composed and performed by ESKA
Mix and Mastering by Charlie Brandon-King

A Listen production for BBC Radio 4

THU 14:00 The Archers (m001xdd5)
[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (m0006snf)
Making Plans with Nigel

When 45-year-old writer and IT nerd Stu finds a lump in what he calls his left breast he leaps into action with the most sensible plan he can come up with - he googles for reassurance then ignores it.

Nothing to worry about, he decides. Breast cancer only affects women or really old men, after all.

Except - sometimes it doesn't...

Stuart Houghton's semi-autobiographical drama, set in the period leading up to the 2016 EU referendum.

Cast:
Stuart.....MARK BENTON
Natalie.....SALLY LINDSAY
Nigel Farage.....LEWIS MACLEOD
Ben.....JOHN RAMM
Fiorentina/Nurse.....BECKY WRIGHT
Mr Kashap.....PAUL BAZELY
Barbara.....CHERRELLE SKEETE
Doctor Miller/Miriam...EMMA FIELDING
Jim/Brian.....BEN CROWE
All other parts are played by members of the cast.

Producer: Karen Rose
Sound Design: David Thomas
Broadcast Assistant: Sarah Tombling

A Sweet Talk production for BBC Radio 4

THU 15:00 Ramblings (m001xddj)
On the Hoof with Hannah and Chico

Clare joins Hannah Engelkamp and her donkey, Chico, for a ramble in the Dyfi Valley a few miles east of Machynlleth in Powys.

On the way Hannah tells Clare about the extraordinary adventure she shared with Chico when they walked 1000 miles around the perimeter of Wales. She did this despite having no previous experience of donkeys, or horses, or any animals really. It took twice as long as she intended and was much harder than she ever imagined. The idea of 'carrot or stick' doesn't work, Hannah says, so the first thing she learned was when a donkey stops you just have to wait and stand and look and wait until the moment seems right to move off again.

Hannah also tells Clare about her involvement with 'Slow Ways'. It's a Community Interest Company whose aim is to map, improve, and promote walking routes between Britain's towns, cities and villages.

Clare and Hannah met at Grid Ref: SH 850 027, and walked a section of a Slow Way known as 'Maccar One' near Chico's home at Dyfi Donkey Woods. Maccar One is 23 miles long and connects Machynlleth with Carno. Slow Ways are named for the first three letters of the place at either end of a route e.g. Mac for Machynlleth and Car for Carno.

Presenter: Clare Balding
Producer: Karen Gregor

THU 15:27 Radio 4 Appeal (m001xddv)
[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Open Book (m001xdf3)
[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 Tracking the Planet (m001xdfb)
Riding the Storm

Our planet is alive. A dynamic, moving, pulsating organism. Air pressure rises and falls, ocean currents meander, and the climate continues, by tiny increments, to warm.

And at the same time, billions of animals are on the move.

All over the planet, animals are fitted with sophisticated tracking devices by teams of dedicated scientists, which tell us so much about what they're up to. From rhinos in bulky satellite collars, to microscopic chips glued to the back of a bee, they record where the animals go, what they eat, and how and why they migrate across the globe.

But they record so much more than that too - modern trackers can also log local climactic conditions, windspeed, temperature, even some measures of the animal's own health; heartbeat, or skin temperature. Every tagged animal is transformed into a tiny dynamic weather station, collecting data on climactic conditions and the health of ecosystems, which would be impossible to collect otherwise.

Diving Weddell seals bring back data on the melting speed of a deep water glacier. Roving Tiger Sharks uncover previously unknown sea-grass habitats. High-flying sea-birds on annual migration tell us about changing wind patterns across the tempestuous equator, and farm animals in the mountains of Italy, moving nervously in their fields, give a silent alert: an earthquake is on the way.

In this series, Emily Knight explores some of the stories that can be told about the animals that call this world home, and the much larger over-arching story too: How the changing conditions on this planet are transforming THEIR lives, changing their migration routes, re-positioning their food-stocks, bringing new diseases or challenging weather. We can track how they're coping with it all, and how, sometimes, they're not.

THU 16:30 BBC Inside Science (m001xdfj)
Our Accidental Universe

Professor and presenter, Chris Lintott, talks about his new book *Our Accidental Universe*; a tour of chance encounters and human error in pursuit of asteroids, pulsars, radio waves, new stars and alien life. Even with incredible technological developments, the major astronomical events of the past century are largely down to plain old good luck; discovered not, as you might assume, by careful experiment, but as surprises when we have been looking for something else entirely. For instance, the most promising habitat for life beyond Earth turns out to be Saturn's tiny moon Enceladus, whose oceans were revealed when NASA's Cassini probe did a drive-by and, we get the most from the Hubble Space Telescope by pointing it at absolutely nothing!

A new company has launched which aims to mine Helium-3 on the moon to sell on Earth. This rare isotope is used for supercooling quantum computers and some scientists dream of using it in nuclear fusion as a new source of renewable energy. But is this ambition realistic and, if so, could it be within reach anytime soon? Planetary scientist Sara Russell of the Natural History Museum explains all.

There are many moons in our solar systems, but one of the strangest is Titan; the largest moon of the Saturn system. It gets colder than 100 degrees Celsius and has a thick atmosphere that creates weather. But its biggest mystery is the enormous, coffee-coloured dunes that cover a large part of its surface. Where did they come from? Planetary scientist Bill Botke has a cunning theory.

In our universe, some stars are twins. They originate from the same molecular clouds and should be identical, but some pairs are not as similar as you'd expect. Marnie speaks to astrophysicist Yuan-Sen Ting about his new paper which illuminates how this difference might occur. His theory is that one of the stars, perhaps the evil twin, has been busy eating up vulnerable planets...

Presenter: Louise Chesterton
Producers: Louise Orchard, Florian Bohr and Imaan Moin
Editor: Martin Smith
Production Co-ordinator: Jana Bennett-Holesworth

BBC Inside Science is produced in collaboration with the Open University.

THU 17:00 PM (m001xdfr)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O'Clock News (m001xdg4)

An inquiry found millions of women were not properly told of the rising state pension age

THU 18:30 Conversations from a Long Marriage (m001xdgb)
Series 5

5. Get The Party Started

Roger feels abandoned as Joanna heads off for a daily sunrise swim.

Joanna Lumley and Roger Allam star as the loving, long-married couple, in the 5th series of Jan Etherington's award-winning comedy.

This week, Roger feels abandoned as Joanna heads off for a daily sunrise swim, reminding him 'Don't let your tea get cold!' Their younger neighbours are having a party. Roger finds excuses not to go - including the dog's upset tummy. 'You're going,' Joanna snaps. Inevitably, Roger leaves early and Joanna stays, drinking martini in the hot tub. Next morning, she is hungover but Roger's goddaughter, Rosie, is arriving, with her babies. 'They like a runny egg with soldiers', Roger tells her. She begs him to stay and do breakfast but he's off on a bike ride 'Don't let your tea get cold!'

Conversations from a Long Marriage is Written by Jan Etherington. It is produced and directed by Claire Jones. And it is a BBC Studios Production for Radio 4.

Wilfredo Acosta - sound engineer
Charlotte Sewter - studio assistant
Jon Calver - sound designer
Katie Baum - production coordinator

Conversations from a Long Marriage won the Voice of the Listener & Viewer Award for Best Radio Comedy in 2020, was nominated for a Writers' Guild Award in 2022 and a British Comedy Guide award in 2024.

'Joanna Lumley and Roger Allam have had illustrious acting careers but can they ever have done anything better than Jan Etherington's two hander? This is a work of supreme craftsmanship.' RADIO TIMES

'Peppered with nostalgic 60s hits and especially written for the pair, it's an endearing portrait of exasperation, laced with hard won tolerance - and something like love.' THE GUARDIAN
'You've been listening at my window, Jan'. JOANNA LUMLEY
'Sitcom is what marriage is really like - repetitive and ridiculous - and Jan's words are some of the best ever written on the subject'. RICHARD CURTIS

THU 19:00 The Archers (m001xdgl)

Chris flummoxes Lynda by telling her she'd make a great Chair for the cricket club committee, explaining that Tracy suggested her. Lynda humbly insists that Harrison is consulted, so Chris invites Lynda to the get together at the pub that Harrison has organised.

Encouraged by Chris, Lynda makes her case for becoming Chair, pointing out improvements she'd like to make to facilities, using her Grey Gables connection and potential funding. She'd also make the Club more inclusive. Harrison's delighted to nominate Lynda, with Chris happy to second. But unwitting Robert turns up and explains he's here about the Chair position - Tracy suggested it to him. Robert and Lynda both insist that the other should stand, and realise they should continue the conversation at home, leaving Chris scratching his head and Harrison admitting he'd prefer Lynda.

Harrison tells Chris that with his problems at work, his cricket captaincy and today's gathering is a useful distraction. It's a small affair but Stella and Hannah turn up, and Stella encourages Hannah not to turn to jelly around Chris. Stella opens up about how much of her attention Rosie is grabbing, and Hannah tells her to be honest with Pip and set boundaries. Hannah agrees to front up and ask Chris out, if Stella is honest with Pip. Hannah is true to her word, although Chris misses the hint when she gets chatting with him about meeting up one to one, and she ends up agreeing to some private cricket coaching. But a deal's a deal, so now Stella needs to talk to Pip about Rosie.

THU 19:15 Front Row (m001xdgs)

Kristen Wiig drama Palm Royale and animation Robot Dreams reviewed, Michael Ondaatje on his new poetry collection

The Independent's chief film critic Clarisse Loughrey and the Telegraph's film critic Tim Robey review the Oscar-nominated animation Robot Dreams which follows the friendship of a dog and a robot - can their bond survive Robot being locked up on Coney Island beach, after his joints rust over following a paddle in the sea? They also give their verdict on Apple TV's drama Palm Royale, in which a former beauty queen longs to join the

super-rich ladies who lunch in 1960s Florida.

And on World Poetry Day the author of The English Patient Michael Ondaatje returns to verse in his new collection A Year of Last Things.

Presenter: Tom Sutcliffe
Producer: Paula McGrath

THU 20:00 Law in Action (m001xdgz)

[Repeat of broadcast at 16:00 on Tuesday]

THU 20:30 The Gift (m001w6z0)

Bonus Episode: Hacked

Was a recent, unprecedented DNA data theft a racially motivated attack?

October 6th, 2023 - the day before Hamas launches its attack on Israel - a data set stolen from at-home DNA testing company 23andMe is posted on the dark web. A hacker under the username Golem claims it contains millions of data points relating to Ashkenazi Jews living globally. A vast repository of 23andMe account holder's personal information is then offered to anyone willing to pay for it - including names, birth dates, location and genetic ancestry details. Not only is it 23andMe's the biggest ever security breach but apparently it's been motivated by racism.

Jenny Kleeman recently confirmed her Ashkenazi Jewish identity through a 23andMe test. Her mum and dad had already done so a few years previously. In this bonus episode of The Gift, Jenny investigates the 23andMe breach to discover what happened, who was targeted and if information as sensitive as our genetic code can ever be stored safely.

Presenter: Jenny Kleeman
Producer: Conor Garrett
Commissioning Editor: Hugh Levinson
Executive Producer: Philip Sellars
Production Co-ordinator: Gill Huggett

THU 21:00 BBC Inside Science (m001xdxfj)

[Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m001xd7b)

[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m001xdh7)

What explains sharpest rise in poverty for 30 years?

The UK has seen the biggest rise in absolute poverty for 30 years - as thousands more families struggle with rising costs. We examine how poverty in Britain has changed - and what can be done to solve it.

Also on the programme:

The Spanish journalist who was given a 24-hour deadline to leave Russia after reporting on anti-Kremlin protests.

And Martin Greenfield, the Auschwitz survivor who became a tailor for Frank Sinatra and six US presidents, has died. His son reflects on his remarkable life.

THU 22:45 Black Butterflies by Priscilla Morris (m001xdhg)

Episode 4

Black Butterflies by Priscilla Morris was shortlisted for the 2023 Women's Prize for Fiction .

In many ways it's a universal story of domestic family life upended and fractured by inconceivable events which seem, even now, both far away and close at hand. The story begins in the spring of 1992 in the city of Sarajevo, as political tensions mount and barricades begin to appear in the streets. Fifty-five year old Zora is married to Franjo, who is fifteen years older than her. Their daughter lives with her English husband and young child in Wiltshire. Zora's vocation is her work as an artist and notably a painter of landscapes and the bridges that span the river of her beloved Sarajevo. She also teaches art students, but in the afternoons retreats to her studio high in the eaves of the city's magnificent public library to work on her canvases.

Priscilla Morris is of Yugoslav and Cornish parentage, she grew up in London and spent her summers in Sarajevo. This is her first novel.

Location audio recordings: the street sounds of Sarajevo recorded by Rafael Diogo and featured on <https://citiesandmemory.com/sarajevo-city-guide-best-sounds/>

BLACK BUTTERFLIES by Priscilla Morris

Read by Fenella Woolgar
Abridged and Produced by Jill Waters
THE WATERS COMPANY for BBC Radio 4

THU 23:00 The Today Podcast (m001xdhn)

Alastair Campbell on the changing face of Starmer's Labour

In a week where shadow chancellor Rachel Reeves echoed Margaret Thatcher when outlining her vision for the UK economy, we ask, is Labour ready for government?

Amol is joined by The Rest is Politics's Alastair Campbell to talk about Reeves' speech and whether Labour leader Sir Keir Starmer has done enough to signal what his government could look like.

Pollster Kelly Beaver, chief executive of Ipsos Mori, unpacks whether Keir Starmer appeals to people enough to win the election.

And voice of University Challenge, Roger Tilling, swings by to help Amol out whilst Nick's away and gives us his moment of the week.

Episodes of The Today Podcast land every Thursday and watch out for bonus episodes. Subscribe on BBC Sounds to get Amol and Nick's take on the biggest stories of the week, with insights from behind the scenes at the UK's most influential radio news programme. If you would like a question answering, get in touch by sending us a message or voice note via WhatsApp to +44 330 123 4346 or email us Today@bbc.co.uk

The Today Podcast is hosted by Amol Rajan and Nick Robinson, both presenters of BBC Radio 4's Today programme, the UK's most influential radio news programme. Amol was the BBC's media editor for six years and is the former editor of the Independent, he's also the current presenter of University Challenge. Nick has presented the Today programme since 2015, he was the BBC's political editor for ten years before that and also previously worked as ITV's political editor.

The senior producer is Tom Smithard, the producers are Hazel Morgan and Joe Wilkinson. The editor is Louisa Lewis. The executive producer is Owenna Griffiths. Technical production from Michael Regard and digital production from Elliot Ryder.

THU 23:30 Today in Parliament (m001xdht)

Susan Hulme reports as MPs demand financial help for women hit by a rise in the state pension age.

FRIDAY 22 MARCH 2024**FRI 00:00 Midnight News (m001xdj0)**

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 How to Win an Information War by Peter Pomerantsev (m001xd2)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m001xdj6)

The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m001xdjf)

World Service

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m001xdjl)

The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m001xdjq)

National and international news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001xdjv)

A reflection and prayer to start the day with Abbot Mark-Ephrem Nolan OSB.

FRI 05:45 Farming Today (m001xdjz)

22/03/24 Licensing for Scottish grouse shoots, illegal waste dumping, oyster fishing on the Fal

The Wildlife and Muirburn Bill has passed through the Scottish Parliament and brings in the licensing of grouse shoots, banning animal snares and changing the rules on the burning of heather. For the RSPB it's game changing legislation, for gamekeepers a disproportionate response.

Conservation groups are calling for a clean up of an ancient woodland in Kent, which they say has been left devastated by the dumping of illegal waste. This is a place called Hoads Wood near Ashford, which is privately owned by a number of people. The Environment Agency says it's investigating a number of individuals and companies for fly-tipping.

All this week we've been talking about shellfish and the oyster fishery on the Fal Estuary is steeped in history. Only sailing and rowing boats are allowed to be used to pull small dredges. But even this light touch hasn't been enough to keep the native oyster population at sustainable levels, so in a rare move, the few fishermen and women who are left are now asking for tougher regulations.

Presented by Charlotte Smith and produced by Beatrice Fenton.

FRI 05:58 Tweet of the Day (b038qk4j)
Great Spotted Woodpecker

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Brett Westwood presents the Great Spotted woodpecker. In spring Great Spotted Woodpeckers drum loudly with their bills against tree bark to advertise their territories. Unlike many of our woodland birds, which are declining, Great Spotted Woodpeckers have increased rapidly over the last few decades - up to 250% since the 1970's.

FRI 06:00 Today (m001xf18)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m001xf3)
[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 How to Win an Information War by Peter Pomerantsev (m001xfvl)
Episode 5

-In the summer of 1941, Hitler ruled Europe from the Atlantic to the Black Sea. Britain was struggling to combat the powerful Nazi propaganda machine, which crowed victory and smeared its enemies.

However, inside Germany, there was one notable voice of dissent from the very heart of the military machine – Der Chef, a German whose radio broadcasts skilfully questioned Nazi doctrine. He had access to high-ranking military secrets and spoke of internal rebellion. His listeners included German soldiers and citizens.

But what these audiences didn't know was that Der Chef was a fiction, a character created by the British propagandist Sefton Delmer, just one player in his vast counter-propaganda cabaret, a unique weapon in the war.

Written by Peter Pomerantsev
Abridged by Polly Coles

Read by Alan Cox
Produced by Clive Brill

A Brill production for BBC Radio 4

FRI 10:00 Woman's Hour (m001xfv9)
Who wants to be a female entrepreneur?

Woman's Hour is joined by BBC Radio Sheffield in Doncaster for a special live panel show to find out how to be a successful female entrepreneur.

Woman's Hour presenter Anita Rani and BBC Sheffield presenter Paulette Edwards talk to local business women and experts about how to start and sustain a thriving business. They investigate how the stubborn barriers of funding, childcare and confidence are still holding women back and explore the interventions needed to bring about lasting change, so more women and girls can choose to turn their great ideas into successful and lasting businesses.

On the panel are: Amy Furniss, a nurse from Doncaster who turned entrepreneur with a dried flowers business; Akeela Mohammed, who sold her two nurseries in Doncaster and now wants to open a Desi café; Rachel Stockey, Head of Entrepreneurial Skills at the Entrepreneurship Institute, who empowers women to make waves by practising her Seven Skills of Entrepreneurial Mindset; Christine Hockley, Managing Director of Funds at the British Business Bank in Sheffield, who is one of a small number of the country's female investors; and Emma Jones, who in 2005 set up Enterprise Nation, which aims to provide expert advice and support for small businesses.

Presenters: Anita Rani and Paulette Edwards
Producer: Rebecca Myatt
SM: Phil Booth

FRI 11:00 The War the World Forgot (m001xfvr)

Since it gained Independence in 1956 Sudan has had at least 2 major civil wars. The last one resulted in Southern Sudan becoming an Independent state in 2011. The latest civil war broke out last April between two rival factions of the military government, the Sudanese Army Force (SAF) and the Rapid Support Forces (RSF). Thousands have been killed and the country is on the verge of a humanitarian crisis. Why aren't we hearing more about it? James Copnall, former BBC Sudan Correspondent finds out what exactly is going on from historians, personal testimony, government and humanitarian aid agencies.

Presenter: James Copnall
Producer: Julie Ball
Editor: Tara McDermott

FRI 11:30 Room 101 with Paul Merton (m001nr15)
Series 1

Phil Wang

Returning in its original one-to-one incarnation, Paul Merton interviews a variety of guests from the world of comedy and entertainment to find out what they would send to Room 101.

In this episode, Phil Wang's choices are standing ovations, biopics and the second law of thermodynamics.

Additional material John Irwin and Sukie Webster
Produced by Richard Wilson
A Hat Trick production for BBC Radio 4

FRI 12:00 News Summary (m001xfwx)

The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m001xfw6)

Peace talks for the culture wars. In an era of polarisation, propaganda, and pile-ons, Adam Fleming helps you work out what the arguments are really about.

FRI 12:57 Weather (m001xfwb)

The latest weather forecast

FRI 13:00 World at One (m001xfwg)

Forty-five minutes of news, analysis and comment.

FRI 13:45 Child (p0hcspsc)
15. Golden Hour

The baby is born and takes its first breath. But it's not over. India examines how the body reacts and recovers in this first hour, how the placenta is born, and how bonding begins between parents and baby. And what if it doesn't? It's not always instant love, and that's okay. India speaks to doula Leila Baker and former midwife Rachel Reed about building that enchantment a different way when the rush of hormones doesn't have the expected effect. Midwife Leah Hazard describes the immediate aftercare and India asks Dr Alison Wright about how more personalised care could improve mothers experiences.

Produced and Presented by: India Rakusen.
Series producer: Ellie Sans.
Production Team: Ella McLeod & Georgia Arundell
Executive producer: Suzy Grant.
Commissioning Editor: Rhian Roberts
Original music composed and performed by ESKA.
Mix and Mastering by Charlie Brandon-King.

A Listen Production for Radio 4 and BBC Sounds.

FRI 14:00 The Archers (m001xdg)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m001xfwn)
Silos

SILOS - 1: Silo 605

'Take a deep sleep vacation. No work, no stress. Guaranteed sweet dreams.' And a cure for the climate crisis too?

Climate events have set mass human migration in motion. Radical forms of governance and flawed technology strive to meet the challenges. Nat, a newly qualified lawyer in stasis law, must deal with the fallout.

Award-winning writer Anita Sullivan's new drama takes us to Lanza, a fictional island which could be anywhere - and everywhere. In the distant future - or maybe not that far off...

CAST:
NAT - Anastasia Hille
RIV - Paul Bazely
ROZMAY - Rakiye Ayola
CAROL - Rebekah Station
BARRY - Ben Crowe
HONOUR - Raad Rawi
JODIE - Anna Fenton-Garvey
INFOVERT VOICE - Teresa Gallagher

Director: Karen Rose
Producer: Sarah Tombling
Sound: David Thomas
Composer Simon Slater
Exec Producer: Rosalynd Ward

Legal Advisor on Stasis Rights: Elizabeth Barrett
Cultural Advisor: Francis Gallop

Interviewees: Ben Fletcher, Leon Kruger, Mareike Guensche, Camy Creffield, Liz Aggiss, Kiwi Sam

A Sweet Talk production for BBC Radio 4

FRI 14:45 Just One Thing - with Michael Mosley (m001k0wg)
Write It Out

When things go wrong, you might think that focusing on the bad and writing about them would make things worse. But in some cases, the opposite seems to be true.

Michael Mosley investigates a technique called "expressive writing", a simple tip which can have surprising benefits for your health. The idea is to set aside 15 minutes to write about any worries that keep you up at night, showing many benefits - from improving lung function in people with asthma, to improving scores on exams and cognitive tests.

In this episode, Michael Mosley speaks to the man who kick-started it all, Professor James Pennebaker from the University of Texas, Austin. He tells Michael about his original findings in the 1980s and the astonishing link between expressive writing, reduced doctor's visits, your immune system and how quickly your body heals wounds...

FRI 15:00 Gardeners' Question Time (m001xfws)
Postbag: Horniman Museum and Gardens

Will my blind daffodils ever flower again, or should I just discard them? Can I use old yule logs to line my plant beds or will the harvested fruit and veg become poisonous? How can I repel spiders from my garden without using chemicals?

Peter Gibbs is joined by his enthusiastic team of horticultural experts as they dig through the GQT inbox and answer your gardening conundrums. On the panel this week are landscape architect Bunny Guinness, self proclaimed botanical geek James Wong and pest and disease expert Pippa Broadwood.

They visit the Horniman Museum and Gardens in Forest Hill, where head of horticulture Errol Reuben Fernandes gives the team a tour of their historical and extensive gardens.

Later, Peter and the panel discuss whether there are house plants that can produce enough oxygen to purify air or if this is just a myth.

Senior Producer: Dan Cocker
Assistant Producer: Rahnee Prescod
Executive Producer: Carly Maile

A Somethin' Else production for BBC Radio 4

FRI 15:45 The Transit of Mercury (b081jh2)

A family heirloom provides the spark for a journey of self-discovery and an unexpected literary inheritance in this new story from acclaimed Northern Irish dramatist Anne Devlin.

Anne Devlin is a playwright, short story writer and screenwriter from Belfast. Her film and TV credits include 'Vigo', 'Titanic Town', 'The Venus de Milo Instead', 'Naming the Names' and dramatisations of 'Wuthering Heights' and 'The Rainbow', while her stage plays include 'After Easter', 'Heartlanders' and 'Ourselves Alone'. Anne adapted some of her screenplays for radio 'After Easter' (1997), 'Naming The Names' (1986) and 'The Long March' (1986).

Writer Anne Devlin
Reader Julia Dearden
Producer Heather Larmour

FRI 16:00 Last Word (m001xfwy)

Vince Power CBE, Olga Murray, Akira Toriyama, Cecilia Eckelmann-Battistello

Matthew Bannister on

Vince Power, the live music promoter whose Mean Fiddler group operated a string of London venues and built up the Reading and Leeds festivals.

Olga Murray, the American lawyer who devoted her later life to helping the children of Nepal.

Cecilia Eckelmann-Battistello, the Italian businesswoman who ran a major container shipping company.

Akira Toriyama, the Japanese manga artist who created the Dragon Ball series which has millions of fans around the world.

Interviewee: Melvin Benn
Interviewee: Shaun Clarkson
Interviewee: Gina Parker
Interviewee: Som Paneru
Interviewee: Janet Porter
Interviewee: Chris Gray
Interviewee: Shao Dow

Producer: Gareth Nelson-Davies

Archive used:

Reading Festival 2023 Aftermovie promo, Reading and Leeds Festival, YouTube uploaded 27/10/2023; Vince Power interview, BBC 6Music, 27/03/2008; Vince Power interview, BBC Radio London, 04/12/2022; The Pogues appearance at the Mean Fiddler, 26/01/201986; New Order appearance at the Reading Festival, Reading Festival, 1989; Olga Murray interview, Nepal Youth Foundation, YouTube uploaded, 17/09/2012; Olga Murray presentation, TEDx Talks, YouTube uploaded 18/11/2015; Cecilia Eckelmann-Battistello acceptance speech, Lloyds Group, YouTube uploaded 28/10/2015; ShaDow Clone, Shao Dow, YouTube uploaded 26/01/2024;

FRI 16:30 Feedback (m001xfx1)

Porn On Woman's Hour and Tweet Of The Day

This week you've been giving us your views on the Woman's Hour series on the impact of pornography. We dig a little deeper into the issue with Ruth McDermott, a listener who has specialist knowledge of covering sensitive topics.

The BBC is planning to run adverts on some of its audio content on third party platforms like, Apple and Spotify. We speak to Audio Industry Consultant Matt Deegan to get his take on it.

And from April 1st, Tweet Of The Day is disappearing from the weekday schedule, to be replaced by Tweet of the Week. The news has ruffled a few feathers. We hear listeners' reaction and get the inside track on what goes in to making these much-loved snippets of birdsong from wildlife sound recordist Chris Watson.

Presented by Andrea Catherwood

Produced by Leeanne Coyle

A Whistledown Scotland production for BBC Radio 4

FRI 17:00 PM (m001xfx3)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O'Clock News (m001xfx7)

In a video statement Catherine said she was focused on making a full recovery

FRI 18:30 The Now Show (m001xfx9)

Series 64

Episode 2

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches. Featuring Lucy Porter on Laura Kenny's retirement, Alasdair Beckett-King on the state of our nation's health and an original song from Mitch Benn. With voices from Ed Jones and Katie Norris.

The show was written by the cast with additional material from Cody Dahler, Zoe Tomalin, Katie Sayer and Peter Tellouche.

Producer: Sasha Bobak
Executive Producer: James Robinson
Production Coordinator: Caroline Barlow

A BBC Studios Production for Radio 4.

FRI 19:00 The Archers (m001xfxc)

Writer: Tim Stimpson
Director: Rosemary Watts

Pip Archer Daisy Badger
Brian Aldridge Charles Collingwood
Lilian Bellamy Sunny Ormonde
Sgt Harrison Burns James Cartwright
Chris Carter Wilf Scolding
Alice Carter Hollie Chapman
Justin Elliot Simon Williams
George Grundy Angus Stobie
Tracy Horrobin Susie Riddell
Kate Madikane Perdita Avery
Stella Pryor Lucy Speed
Lynda Snell Carole Boyd
Oliver Sterling Michael Cochrane
Hannah Riley Helen Longworth
Robert Snell Michael Bertenshaw
Miranda Elliot Lucy Fleming

FRI 19:15 Add to Playlist (m001xfxf)

Eliza Carthy and Tim Rhys-Evans share the joys of singing

Fiddler and folk musician Eliza Carthy and choral conductor Tim Rhys-Evans join Cerys Matthews and Jeffrey Boakye as they add the next five tracks.

Starting at a famous masked ball in Vienna, they then head for the Genoa docks, rounding off with a cheeky Soca hip-thrusting classic. In the penultimate episode of the current series, recorder player and baroque flautist Heidi Fardell demonstrates some of her collection of early instruments.

Producer Jerome Weatherald

Presented, with music direction, by Cerys Matthews and Jeffrey Boakye

The five tracks in this week's playlist:

'Ach, ich darf nicht hin zu dir!' From Die Fledermaus by Johann Strauss II

La Partenza (The Parting) by Trallaleri of Genoa

Gagliarda by Giorgio Mainerio

How High The Moon by Ella Fitzgerald

Dollar Wine by Colin Lucas

Other music in this episode:

Hotel California by The Eagles

The Flower Duet from the opera Lakmé by Léo Delibes

Eye of the Tiger by Survivor

Battalia a 10 by Heinrich Ignaz Franz Biber

Die Katz (The Cat) by Heinrich Ignaz Franz Biber

Mack the Knife by Kurt Weill and Bertolt Brecht, sung by Ella Fitzgerald

FRI 20:00 Any Questions? (m001xfxh)

Grace Blakeley, Damian Green MP, Dame Meg Hillier MP, Lord Sumption

Alex Forsyth presents political debate from St Leonard's Church in Hythe in Kent with the author and journalist Grace Blakeley, former Deputy Prime Minister Damian Green MP, the chair of the Public Accounts Committee Dame Meg Hillier MP and former Supreme Court Judge Lord Jonathan Sumption.
Producer: Robin Markwell
Lead Broadcast Engineer: Simon Tindall

FRI 20:50 A Point of View (m001xfxk)

Trump's Second Coming

John Gray assesses what's going wrong for liberals in the US election.

'It's not chiefly Joe Biden's alleged faltering mental powers that lie behind Trump's march to the White House', John writes. 'Far more, it's the evident inability of American liberals to learn from their mistakes.'

And he believes they are displaying a 'reckless hubris' for which they risk being severely punished come November.

Producer: Adele Armstrong
Sound: Peter Boshier
Production coordinator: Liam Morrey
Editor: Richard Fenton-Smith

FRI 21:00 Archive on 4 (m00040r6)

Charles Parker: Radio Pioneer

Sean Street delves into the archive of one of the most innovative and controversial BBC radio producers, reviewing Charles Parker's work from the Radio Ballads to his sacking in 1972.

Parker was born in Bournemouth on April 5th 1919 – the son of a redundant railway clerk who sold paraffin from a handcart – and died in 1980 on the same day as John Lennon. For a man who revolutionised radio production, who is still talked about and revered today, his death was hardly reported in the press.

He is probably best known for his series of eight radio ballads made with Ewan MacColl and Peggy Seeger.

These programmes became a high point in radio production but they eventually became expensive luxuries that could no longer be afforded. He was "sacked" or "left" the BBC in 1972.

Bournemouth University's Emeritus Professor of Radio, Sean Street, reviews the life of an icon in the radio industry who, according to fellow producer Michael Mason, was "a real creative genius... his razor blade was like a sculptor's chisel, releasing the hidden poets in people".

Talking to family, friends and those who worked with Charles Parker, Sean explores his radio productions and ideas on preserving the oral tradition as he delves into a rich archive of material - creating a portrait of a master magician in radio.

Parker's life was also a journey from poverty to Cambridge University, from a Conservative Christian to a Socialist, from a Submarine Commander to a Radio Producer. But throughout his career, two things remained constant - his dedication, often working for days without sleep, and most importantly his desire to tell the extraordinary stories of ordinary people in their own words.

Producer: Andy Cartwright

A Soundscape production for BBC Radio 4

FRI 22:00 The World Tonight (m001xfxm)

In depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 Black Butterflies by Priscilla Morris (m001xfxp)

Episode 5

Black Butterflies by Priscilla Morris was shortlisted for the 2023 Women's Prize for Fiction.

In many ways it's a universal story of domestic family life upended and fractured by inconceivable events which seem, even now, both far away and close at hand. The story begins in the spring of 1992 in the city of Sarajevo, as political tensions mount and barricades begin to appear in the streets. Fifty-five year old Zora is married to Franjo, who is fifteen years older than her. Their daughter lives with her English husband and young child in Wiltshire. Zora's vocation is her work as an artist and notably a painter of landscapes and the bridges that span the river of her beloved Sarajevo. She also teaches art students, but in the afternoons retreats to her studio high in the eaves of the city's magnificent public library to work on her canvases.

Priscilla Morris is of Yugoslav and Cornish parentage, she grew up in London and spent her summers in Sarajevo. This is her first novel.

Location audio recordings: the street sounds of Sarajevo recorded by Rafael Diogo and featured on <https://citiesandmemory.com/sarajevo-city-guide-best-sounds/>

BLACK BUTTERFLIES by Priscilla Morris

Read by Fenella Woolgar

Abridged and Produced by Jill Waters

THE WATERS COMPANY for BBC Radio 4

FRI 23:00 Americast (m001xfxr)

Don Lemon on an Xtremely Awkward Elon Musk Interview

In an interview that ranged from content moderation on X to its chairman's use of ketamine, Don Lemon sat down for an hour-long interview with one of the world's most prominent entrepreneurs.

The interview was meant to be the first in a series in collaboration with the platform, but the company posted that "after careful consideration, X decided not to enter into a commercial partnership with the show."

Justin and Marianna spoke with Don to get his thoughts on why the Tesla boss cut ties with him and the grapple for power between traditional and new media.

HOSTS:

• Justin Webb, Radio 4 presenter
• Marianna Spring, disinformation and social media correspondent

GUEST:

Don Lemon, Host of the Don Lemon Show

GET IN TOUCH:

- Join our online community: <https://discord.gg/qSrxqNemRB>
- Send us a message or voice note via WhatsApp to +44 330 123 9480
- Email Americast@bbc.co.uk
- Or use #Americast

Find out more about our award-winning “undercover voters” here: bbc.in/3lFddSF.

US Election Unspun: Sign up for Anthony’s new BBC newsletter: <https://www.bbc.co.uk/news/world-us-canada-68093155>

This episode was made by Chris Flynn with Rufus Gray, Catherine Fusillo, Claire Betzer and Natasha Mayo. The technical producer was Hannah Montgomery. The series producer is George Dabby. The senior news editor is Sam Bonham.

FRI 23:30 Today in Parliament (m001xfxt)

News, views and features on today’s stories in Parliament