

SATURDAY 02 SEPTEMBER 2023**SAT 00:00 Midnight News (m001q13j)**

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 How to Build Impossible Things by Mark Ellison (m001q100)

Workshop of Wonders

Mark Ellison is regarded by many as the best carpenter in New York. A man with an affinity for challenging work, he has designed and constructed some of New York's most elaborate and expensive homes, and been profiled in the New Yorker.

Over the past 40 years, Mark has worked on some of the most beautiful homes you have never seen, specialising in rarefied and challenging projects with the most demanding of clients. He built a staircase a famed architect called a masterpiece. He worked on the iconic Sky House, which Interior Design named the best apartment of the decade. He has even worked on the homes of David Bowie, Robin Williams, and others whose names he cannot reveal.

But before he was any of that, Mark was just 'a serial dropout' who spent his young adult years taking work where he found it and sleeping on friends' floors. As a native of the old steel town of Pittsburgh, Pennsylvania, his route into the building trade and the mastery of a craft was unexpected, moving from construction labourer to carpenter and finally to project manager extraordinaire.

Now, at the age of 60, he has written his first book. In *How to Build Impossible Things*, Mark Ellison tells the story of his unconventional education in the world of architecture and design, and how he learned the satisfaction and joy that comes from doing something well for a long time. He takes us on a tour through the lofts, penthouses, and townhouses of New York's elite which he has transformed over the years and offers a window into what he has learned about living meaningfully along the way. Mark exposes the messy wiring behind the pristine walls - and the mindset that any of us can develop to build our own impossible things.

In this final episode, Mark reveals what he learned from working on the properties of some of New York's biggest celebrities and describes the satisfaction he gets from building the most impossible things.

Abridged and produced by Jane Greenwood
Read by Demetri Goritsas
A Loftus Media production for BBC Radio 4

SAT 00:48 Shipping Forecast (m001q13n)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m001q13s)

World Service

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m001q13z)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m001q147)

National and international news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001q14h)

A reflection and prayer to start the day with Canon Simon Doogan.

SAT 05:45 Witness (b03jv4x1)

Death in the Boxing Ring

In November 1982, the boxer Deuk-Koo Kim died of brain damage after a world title fight against the American Ray Mancini. Kim fell into a coma after being repeatedly knocked down in the 14th round. His death led to a series of reforms in boxing. Ray Mancini shares his memories of the fight and its aftermath.

SAT 06:00 News and Papers (m001q5y7)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m001q0yf)

Stone Circles and Dark Skies in County Tyrone

As a child, Mary McKeown played hide and seek amongst the Beaghmore Stone Circles in her native County Tyrone. It's a

mysterious, mystical site with seven circles, ten rows of stones and twelve cairns, all seemingly carefully aligned. They were found by turf cutters in the 1930s, excavated in the 1960s and carbon dated back to the early Bronze Age. There are many theories about what they were used for - perhaps a burial site, a place for harvest ceremonies, or some sort of lunar or solar calendar.

The belief that the stones were connected to celestial events prompted Mary, now working as a tourism officer, to bid for Dark Sky status for Davagh Forest, a short distance away. It's one of the few areas in Northern Ireland unaffected by light pollution. In Irish, 'davagh' means cauldron - the site sits in a natural bowl in the forest protecting it from artificial light from surrounding towns and villages. Davagh became the world's 77th Dark Sky park and the first in Northern Ireland.

Mary and her colleagues were also successful in getting funding to build an observatory. Resident astronomer, Barry Lynn, operates a telescope through a retractable roof and projects images of the skies on screens around the park. He says he was first attracted to the area by his interest in archaeoastronomy, the study of how past cultures viewed the skies. He says it's fascinating to think that centuries ago, people watched the same moon, sun and stars as we do today.

Back at the Beaghmore Stones, Helen is persuaded to join Mary for a barefoot walk inside the circles. Some believe that the 'energy' of the landscape promotes a sense of mental well being. Helen remains unconvinced about this, but enjoys recapturing childhood memories.

Produced by Kathleen Carragher

SAT 06:30 Farming Today (m001q5y9)

Farmers' concerns over new land protections

Farmers on a newly designated protected site say they're being forced to sell up. Natural England has designated 3,000 hectares of the Lands End peninsula in Cornwall as a Site of Special Scientific Interest - or SSSI - that brings in more protection for the area, and stricter rules on what farmers can and can't do. Some who work the land affected - West Penwith Moor and Downs - say the impact on their businesses is so bad that they're leaving.

After multiple delays, this week the government announced it will be bringing in full post-Brexit border checks for some goods imported from the EU from January next year. British farmers have had their produce checked as it goes across to the continent since we left the EU in 2021, leading to higher costs, and delays for exporters. From January some animal products, plants, food and feed will need certification before entering the UK to make sure they're safe. The news has been welcomed by safety groups and farmers, who said the fact that imported food wasn't being checked was putting animal disease protection at risk.

It's harvest time, and arable farmers have been in a race against time to get the crops in during brief dry periods. But it's not just wheat and barley that are being harvested. We also visit farms where blackcurrants are being harvested for a well-known fruit cordial, and report on an experimental harvest of flax in Scotland.

And Sarah Swadling heads to a farm in Dorset where they're trialling artificial intelligence as a way of measuring the amount of wildlife on the site. The equipment can distinguish between different species of bee, for example, and the scientists say it could help in our bid to tackle the nature crisis.

Presented by Charlotte Smith and produced by Sally Challoner

SAT 06:57 Weather (m001q5yc)

The latest weather reports and forecast

SAT 07:00 Today (m001q5yf)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001q5yh)

Andy McNab, Briony May Williams, Denisa Gannon, Johnny Flynn, James Hart Dyke...in nature

From the day he was found in a Harrods bag as a baby on the steps of Guy's Hospital in London, author Andy McNab has carpe'd the diem out of life. As a member of the SAS he was at the centre of covert operations for nine years on five continents. Now he's one of the world's best-selling authors. An astonishing achievement given he had the reading age of an eleven-year-old when he joined the army and read his first book by his seventeenth birthday.

Ten years ago, Briony May Williams became so unwell with polycystic ovary syndrome that she needed to take time away from her job as a language teacher. A friend at the school suggested baking would be a distraction and within five years, she was a semi-finalist on the Great British Bake Off. Since then, she's gone from contestant to presenter - fronting tv shows like "Food Unwrapped" and "Escape to the Country".

Denisa Gannon defied the odds to become the first Roma lawyer in England and Wales. Born in a small village in Czechia, she was the fifth of six siblings and the only one to go to a mainstream school. Even after passing the equivalent of A-levels, because of her ethnicity, she faced prejudice and discrimination and was exploited by people to such an extent that she decided to help herself, and others in similar situations, by studying law.

All that plus The Inheritance Tracks of actor and musician Johnny Flynn - and we join the artists and adventurer James Hart Dyke ...In Nature.

Presenters: Nikki Bedi and Jon Kay
Producer: Ben Mitchell

SAT 10:00 You're Dead to Me (p0cndr53)

Hatshepsut

Greg Jenner is joined by special guests Kemah Bob and Dr Campbell Price as they head back to Ancient Egypt to meet the unique and powerful ruler, Hatshepsut.

She reigned for over 20 years, built a temple which is still admired today, had a 'special' relationship with statues and was one of the first rulers to focus on divinity rather than gender norms. So why did history try to erase her?

The Athletic production for BBC Radio 4

SAT 10:30 The Kitchen Cabinet (m001q5yl)

Series 41

Masham

Jay Rayner and his panel of food experts have a grand day out in Masham for this week's episode of The Kitchen Cabinet.

Joining Jay are food historian Dr Annie Gray, chef Tim Anderson, and food writers Sumayya Usmani and Melissa Thompson.

Whether it be assessing the best ways to use leftover brown bread or how to cook a 3 course meal using beer, Jay and the panel of food fanatics discuss a range of culinary conundrums. And there's the most pressing of questions - is it possible to have too many cookbooks?

Also in the programme, Sandra Bell of Wensleydale Creamery joins the team to discuss the origins of the cheese, beloved by Wallace and Gromit. And Jo Theakston of Black Sheep Brewery offers advice on dishes you can pair best with beer.

Producer: Dan Cocker

Assistant Producer: Dulcie Whaddock

Executive Producer: Hannah Newton

A Somethin' Else production for BBC Radio 4

SAT 11:00 More or Less (m001ngpm)

Immigration: A More or Less Special Programme

More than 1.2 million people came into the country to stay for more than 12 months in 2022. As only 560,000 left the country, this means net migration is at an all-time high. Both the Prime Minister and Home Secretary have said the number of people coming needs to come down. But who counts as an immigrant? How are the figures worked out? Charlotte McDonald will be finding out what the numbers tell us about who is coming to the UK and why. Plus - what about the people who left in 2022?

SAT 11:30 From Our Own Correspondent (m001q5yn)

The press under pressure in Indian-administered Kashmir

Kate Adie introduces correspondents' dispatches from Kashmir, Russia, Nigeria, Slovakia and Paraguay.

Understanding the complexities of politics and identity in Indian-administered Kashmir is not easy - and so the Kashmir Press Club was not just a social spot for local reporters, but an informal university for visiting journalists from elsewhere. It was recently closed down by the Indian government: just one sign of the narrowing margins for media freedom in the region. Yogita Limaye reflects on the challenges to reporting on Kashmir in such a climate.

Amid the fog of war, it's harder than ever to separate truth from misinformation about public opinion in Russia. So Will Vernon took to the streets of Moscow to ask members of that public what they think. In their answers, there were words of resignation and nervousness as well as of patriotism. He also heard from an anonymous Russian military analyst and people within the "ever-shrinking world" of opposition politics.

The recent coup in Niger was roundly condemned by the regional trade and diplomatic bloc ECOWAS, led by Nigeria. ECOWAS threatened military action and suspended trade with Niger. That had immediate effects for the truckers and traders who regularly cross the border between Niger and Nigeria - as well as the families and religious groups with extensive networks in both countries. Catherine Norris Trent hears of their concerns over the crisis.

The double murder of investigative journalist Jan Kuciak and his fiancée Martina Kusnirova in 2018 caused outrage in Slovakia. It set off a wave of public protests which eventually brought down a government. So how has it happened that five years later, the legal cases to convict all the killers is still ongoing, and that Robert Fico, who was unseated by that protest movement, is a contender to be re-elected Prime Minister? John Kampfner investigates a story of secrets and lies.

By some estimates, a language dies, along with its last speaker, around every 40 days; a loss of human knowledge and worldviews we might not come to regret until it's too late. All over the world, indigenous languages are disappearing fast. But in South America there's a notable exception: Guarani, which is widely spoken in Paraguay and beyond - and not only by people of Guarani descent. Grace Livingstone listens to some of the language's most passionate defenders and promoters, who say they'd like their mother tongue to get a little more respect.

00:36 Press freedom in Kashmir
05:44 What do Russians think about misinformation?
11:04 The side-effects of the Niger coup
16:15 Secrets and lies in Slovakia
22:15 Paraguay's thriving indigenous language

Producers: Polly Hope and Joe Kent
 Editor: Bridget Harney
 Production Co-ordinator: Sabine Schreck

SAT 12:00 News Summary (m001q5yq)
 The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m001q5ys)
 Buy Now, Pay Later and Accessible Homes

New research has found that one in five people are paying for essentials - like food and household bills - by borrowing on Buy Now, Pay Later. A report from The Money and Pensions Service says more than ten million people now use it and claims around 40% of people they surveyed were managing their repayments badly including turning to credit cards, savings or overdrafts to pay it back.

Millions of pounds could be saved every year by building more homes that are accessible to people in wheelchairs - that's the conclusion of a report by the London School of Economics and the Housing Association, Habinteg. It looked into the financial costs and benefits of building more accessible homes for people who need them. The number of wheelchair users living in unsuitable homes across the UK is estimated to be more than 400,000. Dan Whitworth visits Kenilworth to meet Georgia and her family for a tour of their partly accessible home.

The government is currently considering ways it could change pensions in the UK to drive better outcomes for savers. Part of this includes a call for evidence looking at how defined benefit schemes might be invested differently. One idea is to make it easier for private sector employers to access tens of billions of pounds of surplus funds that have built up in their pension schemes. The Department for Work and Pensions says "the direction of future policy is not yet decided." Tom Selby from AJ Bell explores this idea.

Presenter: Paul Lewis
 Reporters: Dan Whitworth and Sarah Rogers
 Researcher: Sandra Hardial
 Editor: Jess Quayle

(First broadcast 12pm, Saturday 2nd September)

00:00 Introduction
00:41 Buy Now Pay Later
07:25 Accessible Homes
15:41 Self-Assessment Tax Helpline
17:02 Defined Benefit Pensions

SAT 12:30 The Naked Week (m001q12j)
 The sixth of our satirical specials this summer. From The Skewer's Jon Holmes comes The Naked Week, a fresh way of dressing the week's news in the altogether and parading it around for everyone to laugh at.

Host Andrew Hunter Murray (No Such Thing As A Fish, QI Elf, Private Eye) will strip away the curtain and dive into not only the big stories, but also at the way in which the news is packaged and presented.

From award-winning writers and a crack team of contemporary satirists - and recorded in front of a live audience - The Naked Week delivers a (consensual) topical news nude straight to your ears.

Written by:
 Jon Holmes
 Katie Sayer
 Sarah Dempster
 Gareth Ceredig
 Jason Hazeley
 Adam Macquene
 Louis Mian
 Andrew Hunter Murray

and
 Karl Minns
 Mark Haynes
 Nicky Roberts
 Kevin Smith
 Cooper Mawhinny Swerty

Guests: Bobby Seagull, Duncan Lamont, Chris Dodd

Voice:
 Jake Yapp

Music:
 Jason Hazeley
 Gareth Ceredig
 Sarah Gabriel

Production Team: Laura Grimshaw, Tony Churnside, Paul Brogden, Katie Sayer

Produced and directed by Jon Holmes
 Executive Producer: Bill Dare

An unusual production for BBC Radio 4

SAT 12:57 Weather (m001q5yv)
 The latest weather forecast

SAT 13:00 News and Weather (m001q5yx)
 The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001q132)
 Carla Denyer, John Glen, Luke Pollard, Alice Thomson

Alex Forsyth presents political debate from Lostwithiel Community Centre in Cornwall with the co-leader of the Green Party of England and Wales Carla Denyer, the Chief Secretary to the Treasury John Glen MP, Shadow Minister for the Armed Forces Luke Pollard MP and The Times columnist Alice Thomson.
 Producer: Robin Markwell
 Lead broadcast engineer: Tim Allen

SAT 14:00 Any Answers? (m001q5yz)
 Call Any Answers? to have your say on the big issues in the news this week

SAT 14:45 Dementia: Unexpected Stories of the Mind (m001kwvx)
 Geraint

In this five-part series, neurologist Jules Montague and William Miller go into the homes of people with rare dementias, to discover that dementia is not what we think it is.

It's a common misconception that dementia is a condition that only affects memory - but Alzheimer's is only one form of dementia, there are many more. Because the symptoms of rare dementias can be so atypical, often in younger people, those with rare dementias wait twice as long for a diagnosis and a third are initially misdiagnosed.

The symptoms of these dementias go far beyond memory loss. William and Jules meet a man who hallucinates cats and rabbits in his living room, a novelist who is losing her words, a former teacher who cannot see what's right in front of her, and a family struggling with a genetic legacy that has defined their past and could determine their future.

Dr Jules Montague is a dementia specialist, and William has personal experience of its impact having cared for his father, theatre director Jonathan Miller, who died of Alzheimer's in 2019. Together they explore the science behind the symptoms and the poignant and extraordinary ways in which families navigate their lives as a result of these conditions.

In this episode, they meet Geraint and his wife Jacqui. In 2020 Geraint received a diagnosis of frontotemporal dementia - or

FTD - which results in a profound transformation in behaviour and personal identity.

Details of organisations offering information and support with dementia are available at the BBC Action Line here: <https://www.bbc.co.uk/programmes/articles/1Y8B7y39T07GnTIMsLPJG2S/information-and-support-dementia>

Producer: Eve Streeter
 Original music: A Brief Encounter by Max Walter
 A Raconteur production for BBC Radio 4

SAT 15:00 Drama on 4 (m0014fpx)
 Mahabharata Now (Part 1)

The Gods, the law, capitalism and politics jostle for power in this modern adaptation of the ancient Indian poem Mahabharata. Dramatised as a gripping family epic set in 21st century Mumbai, this series is powered by the tensions and rivalries of a turbulent business empire.

One of India's biggest business empires is facing a crisis that threatens its very existence.

Fifty years ago, two brothers, Sanjay and Paras set up a small business that would eventually grow into Hasta Enterprises, a vast conglomerate encompassing everything from finance to hotels. When Paras died young from a heart attack, sole control of the empire passed to Sanjay, and for many years the money flowed in, power and influence accumulated. Recently however, Sanjay has started to show signs of ill health. Looking to the future, he prays to the Gods and decides to publish a will, setting out the future of Hasta Enterprises.

His choices plunge his family into chaos.

At stake is a vast business empire. The only thing rival factions can agree on is to let a game of dice decide the future.

Written by Richard Kurti and Bev Doyle

Cast

Sanjay: Rajit Kapur
 Dhruv: Neil Bhoopalram
 Yash: Tavish Bhattacharyya
 Kala: Anahita Uberoi
 Gita: Shernaz Patel
 Padma - Ira Dubey
 Shaks: Vivek Madan
 Karthik: Sukant Goel
 Vihaan: Omkar Kulkarni
 MC: Aseem Hattangady
 Paramedic: Abir Abrar
 Consultant: Shivani Tanksale
 Gopi: Prerna Chawla

Other characters were played by Shivani Tanksale; Abir Abrar; Omkar Kulkarni and Aseem Hattangady.

Sound Supervisor (Mumbai): Ayush Ahuja
 Sound Design and Post Production: Wilfredo Acosta
 Original Music: Imran Ahmad

Producer (Mumbai): Nadir Khan
 Producer: Helen Quigley and Andrew Mark Sewell
 Executive Producer: Andrew Mark Sewell
 Director: Jatinder Verma

A B7 Media production for BBC Radio 4

SAT 16:00 Woman's Hour (m001q5z1)
 Hostage negotiator Nicky Perfect, Sarah Beeny, Chelsea Women Manager Emma Hayes, Mothers with bipolar, Bad lists

Nicky Perfect has spent most of her life in highly fraught and dangerous situations, working as a hostage negotiator. Now she's written about her experience in a new book: Crisis: True Stories of my Life as a Hostage Negotiator. She joins Nuala McGovern to talk about some of the things she learnt along the way.

The TV presenter Sarah Beeny has spent much of her life in the unpredictable world of property renovation. Her latest book, The Simple Life - How I found Home, is about the many homes she's lived in. While she was writing it, she was diagnosed with breast cancer. Sarah speaks to Nuala about her perspective on language around cancer, and why she loves having a chaotic home.

Emma Hayes is the manager of Chelsea Women Football Club. In her time, they have won six Women's Super League titles, five FA Cups and two League Cups. Emma joins Hayley Hassall to discuss football, motherhood, women's health, and leadership - which is the subject of her new audiobook, Kill the Unicorn.

The Pulitzer prize-winning production *Next to Normal* is currently on stage at the Donmar Warehouse in London. It features a suburban wife and mother living with bipolar and haunted by her past. Actor Caissie Levy, who plays Diana, and birder and environmentalist, Mya-Rose Craig, share their experiences with Nuala.

Did you hear our special Bank Holiday programme about lists? They pop up everywhere in life – and can be good, or bad. Nuala discusses some historically bad lists with authors Helen Lewis and Anne Sebba.

Presenter: Nuala McGovern
Producer: Lottie Garton

Opener **00:00**
Nicky Perfect **01:23**
Sarah Beeny **10:41**
Emma Hayes **25:10**
Bipolar Mothers **35:49**
Bad Lists **44:09**

SAT 17:00 PM (m001q5z3)
Full coverage of the day's news

SAT 17:30 All Consuming (m001q0xn)
Board Games

Charlotte Stavrou and Amit Katwala take a deep dive into the world of Board Games - from the Ancient Egyptian game of Senet to more recent classics like Monopoly and Catan.

Along the way, they talk history with Dan Jolin, the co-founder of the board game magazine *Senet*, meet the acknowledged master of the modern strategy game Reiner Knizia who has invented over 800 games, and learn the tricks of the trade from world Monopoly champion Nicolo Falcone who reveals why getting stuck in jail isn't always a bad thing.

Presented by Charlotte Stavrou and Amit Katwala
Produced by Carrie Morrison
A Whistledown production for BBC Radio 4

SAT 17:54 Shipping Forecast (m001q5z5)
The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m001q5z7)
The latest weather forecast

SAT 18:00 Six O'Clock News (m001q5z9)
Suella Braverman calls on the police watchdog to investigate whether forces' stance on certain issues is having a detrimental affect on day to day policing.

SAT 18:15 Loose Ends (m001q5zc)
John Lydon, Simon Reeve, Jamie Lee O'Donnell, Isabel Adomakoh Young, Beautiful Landing, Polly Paulusma and Kathryn Williams

Clive Anderson and Arthur Smith are joined by John Lydon, Jamie Lee O'Donnell, Isabel Adomakoh Young and Simon Reeve for an eclectic mix of conversation, music and comedy. With music from Polly Paulusma & Kathryn Williams, and Beautiful Landing.

SAT 19:00 Reith Revisited (b096g22r)
Series 1

Angela Stent on George Kennan

Professor Angela Stent examines the lessons to be learnt from the 1957 Reith Lectures by the legendary American diplomat George Kennan, titled "Russia, the Atom and the West". Kennan, the architect of the American post-war policy of containment of the Soviet Union, was a key player during the Cold War. Stent, the former National Intelligence Officer for Russia and Eurasia at the US National Intelligence Council, evaluates the continuing relevance of the lectures, in conversation with Sarah Montague. The series assesses the contributions of great minds of the past to public debate, in a dialogue across the decades with contemporary thinkers. In 1948, households across Britain gathered before the wireless as the pre-eminent public intellectual of the age, the philosopher Bertrand Russell delivered a set of lectures in honour of the BBC's founder, Lord Reith. Since then, the Reith Lectures on the Home Service and subsequently Radio 4 have become a major national occasion for intellectual debate. In this series Radio 4 revisits five of the speakers from the first ten years of the Reith Lectures.
Producer: Neil Koenig
Researcher: Josephine Casserley.

SAT 19:15 This Cultural Life (m001q5zf)
Leïla Slimani

French Moroccan author Leïla Slimani won critical acclaim and a reputation as an author of bold & brutal fiction with her first two novels. *Adele* is about a bourgeoisie Parisian wife and mother who lives a sexually promiscuous secret life. In *Lullaby*, a nanny kills the children she's employed to care for, a story currently being adapted as a drama series starring Nicole Kidman. Leïla has also written the first two in a planned trilogy of novels based on her own family history, and has published short stories and non-fiction. She has won France's most prestigious literary award the Prix Goncourt, and in 2017 she was appointed as President Macron's personal representative to Francophone countries.

For *This Cultural Life*, Leïla Slimani tells John Wilson about her childhood in Rabat, the daughter of a prominent Moroccan economist and politician. She reveals how she was motivated to write novels after the death of her father who had been convicted of financial fraud and imprisoned, but who was posthumously cleared of any wrongdoing. She chooses her French-born maternal grandmother, who told stories to Leïla, as a formative influence on her creative imagination from a young age. Having covered the Arab Spring uprisings in Morocco and Tunisia as a journalist for *Jeune Afrique* magazine, Leïla discusses how news stories have inspired much of her work.

Producer: Edwina Pitman

SAT 20:00 Archive on 4 (b061pchg)
Destroyer of Worlds

How Britain developed the world's first atomic bomb only to lose it to the Americans when the U.S. reneged on an Anglo-American agreement to share atomic research.

A dawn of two suns - the world's first atomic bomb explosion tested in the New Mexico desert on July 16 1945 - inaugurated the atomic age, forever defining the global struggle for supremacy. At the time, the so called 'Father of the atomic bomb', Robert Oppenheimer, famously quoted Hindu scriptures with the apocalyptic words "Now, I am become Death, the destroyer of worlds".

This programme examines the little known story of British involvement in the top secret Manhattan Project to make an atomic bomb and how Britain, once the lead in nuclear weapons, was eventually marginalised.

It is a story of a British/US rivalry which ended in Britain being squeezed out of the project. But it is also the story of Churchill's failure to secure a position on the global high table of nuclear powers, a failure many regard as a betrayal.

While Britain may have regretted the loss of their atomic leadership, this programme also examines the views that one of the reasons for Britain's isolation - American fears about the security risk of British participation - was well justified. After all Klaus Fuchs, a member of the British delegation, was arguably the most significant of the wartime atomic spies.

But, speaking to the widow of an until recently unknown American atomic spy, the programme also uncovers evidence that the so-called 'best kept secret', the Manhattan Project, was far more deeply penetrated than we have previously realised.

Produced by Kati Whitaker
A Kati Whitaker production for BBC Radio 4

SAT 21:00 GF Newman's The Corrupted (m000hq24)
Series 5

Episode 10

It's now 2000 and Brian Oldman is still in jail for a crime he didn't commit.

He found a man in jail able to prove his innocence - but that man was soon found dead in his cell. He suspects that Joseph Oldman, now Sir Joseph Olinska MP, organised the killing.

GF Newman's *The Corrupted* weaves fiction with real characters from history, following the fortunes of the Oldman/Olinska family - from small-time business and opportunistic petty crime, through gang rivalries, to their entanglement in the highest echelons of society. It's a tale revealing a nexus of crime, business and politics that's woven through the fabric of 20th century greed, as even those with hitherto good intentions are sucked into a web of corruption.

Joey Oldman, an uneducated Jewish child immigrant from Russia, has a natural instinct for business and a love of money - coupled with a knack for acquiring it. His wife Cath is as ruthless in both the pursuit of money and the protection of her son, Brian. Joey built his empire with the help of a corrupt bank

manager in the 1950s, starting with small greengrocer shops before moving into tertiary banking and property development, dealing with many corrupt policemen on the way - and befriending both Lord Goodman and Margaret Thatcher. Now ennobled and on the board of Lehman Brothers, Joseph intends to extend his business interests into Russia.

The characters are based on GF Newman's novels.

CAST
Joseph Oldman Toby Jones
Brian Oldman Joe Armstrong
Tony Wednesday Alec Newman
Leah Cohen Jasmine Hyde
Detective Albright Nigel Pivarro
Inspector Vallins John Hastings
Julian Tyrwhitt Jonathan Taffler
Judge/Lord Carson Jamie Newall
Margaret Olinska Flora Montgomery
Tim Listfield/
Dietrich Heller/
Eddie Richardson Charles Davies
Catherine Isabella Urbanowicz
John Quayle Damian Lynch
Warder Thompson Christian Rodska
Kevin Wheeler Lucas Hare
Warder Peters Paul Kemp
Sir Ralph Courtney Nick Sampson
Dac Henderson Nicholas Murchie
John Redvers Tom York

Produced and directed by Clive Brill
A Brill production for BBC Radio 4

SAT 21:45 Short Works (m001q11y)
Joan Loves Ice Cream by Tara West

An original short story commissioned by BBC Radio 4 from Northern Irish writer Tara West. Read by Julia Dearden.

Tara West is a novelist and Creative Writing Lecturer at Queen's University Belfast. She is the author of novels *Fodder* and *Poets Are Eaten as a Delicacy* in Japan as well as the memoir *The Upside of Down*. She has short stories published in *The Glass Shore* and *Female Lines*. She was part of BBC Writersroom Belfast Voices 2020/21. She won an RTÉ Storyland commission for her first drama 'The Good Christian Women's Writing Group' for which she was nominated for the Royal Television Society's Debut Writer Award.

Writer: Tara West
Reader: Julia Dearden
Producer: Michael Shannon
Editor: Andy Martin

A BBC Northern Ireland production.

SAT 22:00 News (m001q5zh)
The latest national and international news from BBC Radio 4

SAT 22:15 Screenshot (m001q12x)
Offices on screen

Ellen E Jones and Mark Kermode take a look at offices and office politics on screen.

Mark is joined by director Terry Gilliam who, back in 1985, created one of the most influential and iconic depictions of an on-screen office - Brazil. They discuss the Stanley Kubrick film which inspired Brazil's set design, Terry's own experience as an office drone and why his cult classic film still resonates today.

And Ellen investigates office politics in two very different comedy films, made nearly four decades apart - 1980's *9 to 5* and 2018's *Sorry To Bother You*.

First, she speaks to legendary screenwriter Patricia Resnick, who co-wrote *9 to 5* in her mid-20s. Patricia discusses how she came to work on the seminal satire of sexism at work, and reveals the real-life stories that influenced her script.

Ellen then talks to musician, activist and filmmaker Boots Riley, whose visionary debut film *Sorry To Bother You* focuses on a black telemarketer who achieves success when he discovers he can use his 'white voice' on sales calls. They discuss how the film was inspired by Boots' own successful stint in telesales, and why absurdist humour is so well suited for office-set stories.

Producer: Jane Long
A Prospect Street production for BBC Radio 4

SAT 23:00 Brain of Britain (m001q0n7)
Heat 3, 2023

(3/17)

The 2023 season of the general knowledge tournament continues with a contest from London's Radio Theatre. Russell Davies asks the questions, which today range across topics as diverse as botany and chemistry, architecture and ska music. There'll also be a chance for a listener to outwit the Brains and win a prize with questions he or she has thought up.

Appearing today are:

Atalanta Beaumont from Surrey,
David Cowan from Swansea,
John Esling from Suffolk
Emma Goodridge-Hobson from Suffolk.

Today's winner will return for the semi-finals later in the series.

Producer: Paul Bajoria

SAT 23:30 Yeti (p0fxttvc)

10. It's Testing Time

In the final leg of their yeti search, Andy is taken ill leaving Richard to spend the night alone in yeti country.

Meanwhile, Andy receives a mysterious phone call from a man who says he has evidence of the yeti.

The pair are reunited in Thimpu where they discuss their findings. Have they finally found the evidence they've been searching for? Can they once and for all prove the creature is real?

In this 10-part documentary series, Andrew Benfield and Richard Horsey travel through India, Myanmar, Nepal and Bhutan in search of stories of yeti sightings and encounters. They hear from villagers, yak herders, sherpas and mountaineers, who give surprisingly consistent descriptions of a mysterious, large, hairy creature. This series takes us on a journey deep into Himalayan culture as the presenters grapple with their own inner demons to try to make sense of the yeti myth.

Producer: Joanna Jolly.

Executive Producer: Kirsten Lass.

Sound designers: Peregrine Andrews and Dan King.

Composer of original music: Marisa Cornford.

Assistant Producer Maia Miller- Lewis.

A Loftus Media production for BBC Radio 4

SUNDAY 03 SEPTEMBER 2023

SUN 00:00 Midnight News (m001q5zl)

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Four Sides of Seamus Heaney (m001q0lk)

Seamus Heaney - Love Poet

Seamus Heaney, Nobel Prize winner and one of the best loved poets writing in English, died in August, 2013. BBC Radio 4 is marking this with Four Sides of Seamus Heaney, four programmes, each on a different aspect of his work, each with a different presenter with personal knowledge of the poet.

In the second programme Seamus Heaney's daughter, Catherine, explores love in her father's poems. 'And here is love/ like a tin smith's scoop/ sunk past its gleam/ in the meal-bin.' These are the concluding lines of a poem dedicated to his aunt, Mary Heaney, who is baking in the kitchen. In the kitchen of her childhood home in Dublin Catherine Heaney talks to her mother, Marie, who shows her the handwritten book of love poems Seamus gave her in 1983, in lieu of a Christmas present. One is about the morning of Catherine's birth. There were to be another three decades' worth of love poems.

In 1972 Heaney gave up the security of a job as a lecturer at Queen's University, and the insecurity of life in Belfast at the height of The Troubles, and moved to Glanmore, a cottage in rural Wicklow, to devote himself to writing. In the kitchen Catherine hears from her brothers Christopher and Michael about that time and the poems he wrote, including 'A Kite for Michael and Christopher', a poem of love - but a tough one.

Paula Meehan, a former Ireland Professor of Poetry, reveals how 'The Blackbird of Glanmore', a late poem, connects Heaney with the very beginnings of Irish poetry. Rosie Lavan, co-editor of the forthcoming Collected Poems of Seamus Heaney, looks to the early poems to show how for Heaney love is never simple.

In Dublin, and in Wicklow, Seamus Heaney's words are written on walls - because people love them.

Presenter: Catherine Heaney

Producer: Julian May

SUN 00:48 Shipping Forecast (m001q5zn)

The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m001q5zq)

World Service

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m001q5zs)

The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m001q5zv)

National and international news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001q5zx)

St Mary's Church in Gislegham, in Suffolk.

Bells on Sunday comes from St Mary's Church in Gislegham, in Suffolk. In 1599, the original bell tower collapsed and was replaced by a shorter tower with base walls five feet thick. Four medieval bells survived the collapse and were recast in the 17th century into a ring of five bells with a new treble added in the 19th century. In 2006, they were augmented to a ring of eight by the Whitechapel Foundry of London. The tenor weighs fourteen and a quarter hundredweight and is tuned to the note of E. We hear them ringing Lessness Surprise Major.

SUN 05:45 Reith Revisited (b096g22r)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m001q63t)

The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b011strl)

Practical Jokes

Most of us like a practical joke, but can it do us good while it's making us laugh? In the week of the Festival of Janasthami, celebrating the birth of Krishna, the Hindu Deity known amongst other things for his practical jokes, Mark Tully discusses the spirituality of the Prankster.

Like it or not, practical jokes and pranks play an intrinsic and important part of life. And our reactions to them can be revealing. A joke played and taken in good part can be an affirmation of friendship. Many initiation rites have pranks at their core. Some religious teachers have used them to make a memorable point.

Yet a delicate balance has to be struck. There must be countless examples of pranks tipping over into cruelty, or friendships being ruined by a misplaced trick. At the same time we can delight in being the butt of an inventive prank and we certainly love to see them played on others.

With the help of Professor Dacher Keltner a psychologist from University College, Berkeley and with music from Dudley Moore, Haydn and the musical "Matilda", Mark Tully investigates the cultural importance of joke playing.

The readers are Helen Ryan and Kenneth Cranham.

Producer: Frank Stirling

A Unique production for BBC Radio 4.

SUN 06:35 Natural Histories (b08y0smy)

Grass

It's given us our oldest stories, made England a green and pleasant land, and has even helped shape our brains. Natural Histories investigates our obsession with grass, and Arcadian toil according to Victorian writer Richard Jefferies. Humans evolved in the grasslands and the major food crops (all grasses) have made us what we are. Thousands of years later it even gives suburban man an energy and a purpose through the summer.

Brett Westwood leads us through nature rich hay-meadows, through cornfields, across garden lawns and onto Wembley stadium in his quest to appreciate a neatly manicured piece of turf. How grass has influenced humanity is explored via author Tim Dee, grass expert Howard Thomas, artists Ackroyd and Harvey, Oxford gardener Simon Bagnall, historian Oliver Cox and groundsman Karl Standley.

First broadcast in a longer form 18th July 2017

Original producer: Melvin Rickarby

Archive producer : Andrew Dawes

SUN 06:57 Weather (m001q640)

The latest weather reports and forecast

SUN 07:00 News and Papers (m001q644)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001q648)

Reconciling sex work with faith

Can you be a sex worker and still follow your faith? Sex work has always challenged religion. Although it's broadly considered immoral within Christianity, Islam and Judaism, sacred texts carry some mixed messages. We hear from a British woman who grew up as a devout Muslim but now makes adult content for the online service Only Fans. She's often pictured wearing a hijab. She's received death threats but believes that expressing her sexuality and making her own choices about her body are empowering. She reflects on the difficulty of reconciling sex work with religious faith.

Attendance at Church of England services has fallen sharply in recent decades. A new survey of over a thousand clergy suggests that many are anxious about the future of the church. Nearly a third of those who responded to the poll, by the Times newspaper, felt that the Church could face extinction if the decline continues. Some believe that part of the problem is that church teaching on issues like gay marriage and the role of women is out of touch with public opinion. We hear from several Anglican priests and invite the church to respond to their concerns.

Why are nuns such an enduringly popular subject for films?

This week, The Nun II, a horror movie, is released in UK cinemas. It's just the latest in a rich seam of nun-themed films, which includes Sister Act, Black Narcissus, Nuns on the Run, and The Sound of Music. A film critic and a Catholic nun discuss the portrayal of nuns in cinema and reflect on the enduring appeal of nuns to film makers.

Presenter: Edward Stourton

Producers: Jonathan Hallwell and Bara'atu Ibrahim

Editor: Tim Pemberton

Studio Managers: Simon Highfield and Sue Stonestreet

Production Coordinator: David Baguley

SUN 07:54 Radio 4 Appeal (m001q64d)

Prisoners of Conscience

Former beneficiary and director at Prisoners of Conscience, Mandira Sharma makes the Radio 4 Appeal on behalf of Prisoners of Conscience.

To Give:

- UK Freephone 0800 404 8144

- You can donate online at bbc.co.uk/appeal/radio4

- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope).

Mark the back of the envelope 'Prisoners of Conscience'.

- Cheques should be made payable to 'Prisoners of Conscience.'

Please note that Freephone and online donations for this charity

close at 23.59 on the Saturday after the Appeal is first

broadcast. However the Freepost option can be used at any

time.

Registered charity number: 213766

SUN 07:57 Weather (m001q64j)

The latest weather forecast

SUN 08:00 News and Papers (m001q64s)

The latest news headlines. Including a look at the Sunday papers.

SUN 08:10 Sunday Worship (m001q650)

Princess of the marshes

A service to mark the 1350th anniversary of the founding of Ely Cathedral by St Etheldreda, a Saxon Princess who gave her life over to humbleness and prayer in the marshes of Ely.

Canon Jessica Martin and Canon James Reveley tell the story of Etheldreda's life, and of the legacy she left which still lives on today in the form of a majestic cathedral which became a place of pilgrimage after her death.

The choir and congregation join together in the hymns Blessed City, heavenly Salem, and Christ is our Cornerstone.

Readings: Wisdom 7 vv.7-14; Matthew 5 vv.14-16.

Conductor: Sarah MacDonald; Organist: Glen Dempsey

Producer: Ben Collingwood.

SUN 08:48 A Point of View (m001q134)
Against the Bucket List

Will Self reflects on the spread of the craze for so-called 'bucket lists'.

He argues that 'far from introducing the ecstatic into our necessarily ephemeral existence, the bucket list reimposes the clock-watching go-round most of us have endured for most of our lives'.

'What gives life to life is death - nothing else,' he writes, 'while to live that life to the full is to realize this fully'.

Producer: Adele Armstrong
Editor: Bridget Harney

SUN 08:58 Tweet of the Day (b04mlpgy)
Vegetarian Tree Finch

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Chris Packham presents the vegetarian tree finch on the Galapagos Islands. These streaky sparrow-like birds found on the Galapagos Islands may look rather plain, but belong to the evolutionary elite, having attracted the attention of Charles Darwin on his visit there in 1835. Darwin noticed that the fourteen or so species of finches, which he concluded were derived from a common ancestor on this isolate archipelago, had evolved bills adapted to the type of food available. The Vegetarian finch has a bill rather like a parrot's, with thick curved mandibles and a biting tip which also allows it to manipulate seeds, similar to a parrot or budgie. Vegetarian finches are especially fond of the sugar-rich twigs of certain shrubs and are use the biting tip of their bills to strip off the bark to reach the softer sweeter tissues beneath: a niche that other finches on Galapagos haven't exploited yet.

Producer : Andrew Dawes

SUN 09:00 Broadcasting House (m001q659)
The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m001q65j)
Writer, Caroline Jester
Director, Dave Payne
Editor, Jeremy Howe

David Archer Timothy Bentinck
Ruth Archer Felicity Finch
Pip Archer Daisy Badger
Neil Carter Brian Hewlett
Susan Carter Charlotte Martin
Rex Fairbrother Nick Barber
Emma Grundy Emerald O'Hanrahan
Mia Grundy Molly Pipe
Brad Horrobin Taylor Uttley
Chelsea Horrobin Madeleine Leslay
Tracy Horrobin Susie Riddell
Jazzer McCreary Ryan Kelly
Stella Pryor Lucy Speed
Lynda Snell Carole Boyd
Oliver Sterling Michael Cochrane
Hannah Riley Helen Longworth
Adil Shah Ronny Jhutti

SUN 11:15 The Reunion (m001q65s)
Spitting Image (200th Episode)

For the 200th edition of The Reunion, Kirsty Wark brings together the original team behind the satirical TV hit of the 1980s, Spitting Image.

Recorded in front of an audience in Cambridge, where the Spitting Image archives are now held by Cambridge University Library, we relive the stories of a show which very nearly didn't happen.

Only when Central Television in Birmingham decided to take a risk with a puppet show for adults did Spitting Image hit the screens. The rest is history.

With co-creators Peter Fluck and Roger Law, producers Jon Blair and John Lloyd, writers Ian Hislop and Nick Newman, puppeteer Louise Gold, voice artists Chris Barrie and Steve Nallon, and the man who made it all possible, Central Television commissioner Charles Denton.

Producer: Mark Rickards
Series Producer: David Prest
A Whistledown production for BBC Radio 4

SUN 12:00 News Summary (m001q66b)
The latest national and international news from BBC Radio 4.

SUN 12:04 Just a Minute (m001q0nl)
Edinburgh Festival 2023

2. MacAulay, Brandreth, Parris and McCabe

In this the second of two specials recorded at the Edinburgh Fringe Festival, Sue Perkins challenges guests including Gyles Brandreth, Susie McCabe, Fred MacAulay and Rachel Parris to speak for 60 seconds without repetition, deviation or hesitation.

Production coordinator: Caroline Barlow
Producer: Rajiv Karia

A BBC Studios Production for Radio 4

SUN 12:32 The Food Programme (m001q63l)
Festival Food

As summer draws to a close, Jaega Wise heads to the Bannau Brycheiniog (Brecon Beacons) to learn what goes into feeding the thousands of fans gathered for the Green Man festival. Over the past 20 years or so, the food at music festivals has evolved from mostly burgers, chips and noodles, to an array of traders cooking foods from all over the world, sit-down banquets, and chefs on the line up.

So what has driven this change, and can it continue to thrive while the cost of everything involved in producing it has risen so much? What has the evolution of better festival food meant for sustainability? And what do you do if you don't want to spend a fortune on food at a festival, but still want to eat well? Comedian George Egg has some answers.

Presented by Jaega Wise
Produced in Bristol for BBC Audio by Natalie Donovan

SUN 12:57 Weather (m001q66m)
The latest weather forecast

SUN 13:00 The World This Weekend (m001q66z)
Radio 4's look at the week's big stories from both home and around the world

SUN 13:30 Seek the Light (m001q679)
Sea Swallows

Of all the amazing stories of bird migration none is more epic than that of the Arctic Tern, sometimes nicknamed the sea swallow because of its graceful, streamlined shape and long tail streamers.

Lovers of the light, Terns spend their lives in its constant pursuit. They arrive in Scotland in May and spend their summer breeding and raising their young before setting off on the mind-bogglingly long 20,000 mile migration to Antarctica. With a lifespan of 30 years, it's the equivalent of flying to the moon and back. And it means arctic terns see more daylight than any other creature on the planet.

It's in telling this story that Karine is led to one of the tern's strongholds, the magical Isle of May, five miles off the Fife coast. For humans, the Isle of May has its own light-related significance. Since 1635, sailors have been kept safe by a lighthouse there, the first was a crude affair, but it became the site for the first of the Stevenson lighthouses, and that majestic building still stands.

Now the island is best known for its seabird colonies and the scientific research into them. Speaking to scientists there, Karine will further explore the mysteries of bird migration, a recurring theme in many of her works. So much of it revolves around light and dark. While the terns may be seeking the summer sun it's by the stars that they find their way. Polaris, the pole star is crucial; and this leads Karine to speak with Stephen Emlen, the professor of neurobiology and behaviour that discovered this by taking live buntings into a planetarium and systematically blocking out constellations to see how they reacted. The experiment showed that the birds are primed for night time navigation, not by an inborn star map but by paying "close attention to the movement of the sky. They're hardwired to pay attention to something, which then takes on meaning."

Produced by Peter McManus
Written and presented by Karine Polwart
Music by Karine Polwart and Pippa Murphy

Vocals - Karine Polwart
Piano - Dave Milligan

SUN 14:00 Gardeners' Question Time (m001q11p)

Hampshire

What plant related songs would the panel add to their gardening playlist? Why is it so difficult to grow cucumbers? Why aren't my strawberry plants producing any fruit?

Kathy Clugston is in Hampshire for this week's GQT. Joining her are pest and disease expert Pippa Greenwood, head gardener Ashley Edwards and garden designer Juliet Sargeant.

Later in the show, Matthew Wilson gives us a much needed mulching masterclass, where we find out how to get the best out of our organic matter.

Producer: Bethany Hocken
Assistant Producer: Dulcie Whadcock
Executive Producer: Hannah Newton

A Somethin' Else production for BBC Radio 4

SUN 14:45 Opening Lines (m001q67q)
The Three Musketeers - Episode 1

The series that takes a look at books, plays and stories and how they work.

John Yorke examines Alexander Dumas' classic, The Three Musketeers. It's one of Dumas' most famous works and contains one of literature's greatest heroes in D'Artagnan and one its most dastardly villains in Milady De Winter.

In the first of two episodes about the book, John shows us how Dumas was able to create such enduring characters that have lived in the public imagination for almost 200 years. The names of the Musketeers themselves - Athos, Porthos, and Aramis - are familiar to people who've never read the actual book but seen one of the many film and TV adaptations. The novel mixes real historical figures with fictional creations, and John explores how closely Dumas remained true to the reality of the world he was portraying.

John Yorke has worked in television and radio for nearly 30 years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatised in BBC Radio 4's Sunday Drama series. From EastEnders to The Archers, Life on Mars to Shameless, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate with audiences around the globe and has brought together his experience in his bestselling book Into the Woods. As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy John has trained a generation of screenwriters - his students have had 17 green-lights in the last two years alone.

Contributors:
Dr Edmund Birch – Lecturer in French Literature at Cambridge University.
Adrian Hodges – TV and film Director
Maimie McCoy – actor and 'Milady' in 'The Musketeers'
Reading by Matthew Gravelle

Produced by Alison Vernon-Smith
Executive Producer: Sara Davies
Sound by Iain Hunter
Researcher: Nina Semple
Production Manager: Sarah Wright

A Pier production for BBC Radio 4

SUN 15:00 Drama on 4 (m001q684)
Milady - Part 1

By Lucy Catherine

The origin story of Milady de Winter, one of the greatest villains of classic fiction.

Created by Alexandre Dumas, Milady is one of D'Artagnan & Co's fiercest and most memorable adversaries in The Three Musketeers. Over the years, she has become an iconic femme fatale, not least because of the many portrayals by stars including Lana Turner, Faye Dunaway and Eva Green.

In this original, two-part drama, we tell Milady's genesis story, charting her rise from spirited provincial teenager to deadly political operative in 17th century Paris and London.

Milady Anjana Vasani
Father Laurent Luke Nunn
Comte De La Fere Sam Troughton
Cardinal Richelieu Carl Prekopp
The Comtesse Elizabeth Counsell

Marie Therese Rhiannon Neads
 Rochefort Don Gilet
 Jailer Shaun Mason
 Baron Sheffield Gerard McDermott

Technical team: Keith Graham, Alison Craig, Mike Etherden
 Production co-ordinator: Hannah O'Reilly
 Sound design: Peter Ringrose
 Director: Sasha Yevtushenko

SUN 16:00 Bookclub (m001q68l)
 Denise Mina: The Long Drop

James Naughtie is joined by Denise Mina to talk about her book *The Long Drop*. This intriguing true-crime story is set in 1950s Glasgow when notorious serial killer Peter Manuel spread fear throughout the city. The Long Drop alternates between Manuel's trial and an extraordinary night he spent with Glaswegian businessman William Watt, whose own family Peter Manuel was suspected of killing. Despite this, the two men form an unlikely alliance and tour the bars and dives of Glasgow together.

Recorded at The Portobello Bookshop in Edinburgh.

Upcoming recordings at BBC Broadcasting House in London:

21 September at 1300 - Bernardine Evaristo on Mr Loverman

12 October at 1200 noon - Katherine Heiny on Standard Deviation.

Email bookclub@bbc.co.uk to take part

SUN 16:30 Four Sides of Seamus Heaney (m001q692)
 Seamus Heaney - The Troubles

Seamus Heaney, Nobel Prize winner and one of the best loved poets writing in English, died in August, 2013. BBC Radio 4 is marking this with *Four Sides of Seamus Heaney*, four programmes, each on a different aspect of his work, each with a different presenter with personal knowledge of the poet.

Gail McConnell has written about Seamus Heaney and his contemporaries and teaches at the Seamus Heaney Centre at Queen's, Belfast - the university where Heaney studied and taught. Heaney marched on Civil Rights demonstrations and lived in Belfast during the early years of *The Troubles*.

McConnell, whose father was murdered by the IRA in front of their family home when she was three, considers the pressures Heaney and fellow poets were under, to write for one side or another, and the courage he showed in writing about murders, punishments and the complexities of the north of Ireland.

When the bodies of executed people in the Iron Age were found preserved in bogs in Jutland, Heaney saw a parallel with the atrocities of his own society, such as tarring and feathering, and expressed this in his collection, *North*. McConnell explores the ensuing controversy with novelist Colm Toibin, and poet Leontia Flynn.

In his next collection, *Field Work*, Heaney revealed himself as far less certain, questioning himself, his role and writing elegies with great compassion.

We hear Heaney reading some of his finest poems - *Whatever You Say Say Nothing*, *Punishment* and *The Harvest Bow*, which Professor Fran Brearton says is one of the great poems of the 20th century. Rosie Lavan, co-editing *Seamus Heaney's Complete Poems*, and Colm Toibin, unpack his conviction of the importance, in times of trouble, of poetry.

Presenter: Gail McConnell
 Producer: Julian May

SUN 17:00 File on 4 (m001q0tv)
 A Different Class: Excluded kids lured into crime

After an inevitable decline during the pandemic, school exclusions are again on the increase. There are concerns that behaviour is worse because, post pandemic, children can't regulate their behaviour in the classroom. So what happens to those who are kicked out? The Government says it has issued updated guidance on suspensions and permanent exclusions and is clear that initial intervention should be put in place where children are at risk of being permanently excluded and entering alternative provision. It says permanent exclusions should always be a last resort and shouldn't mean exclusion from education. But *File on 4* hears compelling evidence from pupils, parents and teachers to suggest hundreds - maybe thousands - are falling under the radar, targeted by criminal gangs, forced to sell drugs and lured into a life of crime.

Reporter: De-Graft Mensah
 Producers: Shona Elliott and Tom Wall

Senior Digital Journalist: Melanie Stewart-Smith
 Journalism Assistant: Tim Fernley
 Technical Producer: Gareth Jones
 Editor: Carl Johnston

SUN 17:40 Reith Revisited (b096g22r)
 [Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001q69k)
 The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m001q69w)
 The latest weather forecast

SUN 18:00 Six O'Clock News (m001q6b6)
 Chancellor says ministers acted immediately after learning about risk from weak concrete. Ukraine says its troops have broken through first Russian defence lines in the south.

SUN 18:15 Pick of the Week (m001q6bj)
 Salma El-Wardany

This week Salma learnt what Eleanor Roosevelt got up to behind closed doors, what Hatshepsut got up to in public (which possibly should have been kept behind closed doors) and what trad wives really want. In fact, she learnt what a trad wife is, and it's safe to say her mind was blown on each and every occasion.

Presenter: Salma El-Wardany
 Producer: Elizabeth Foster
 Production Co-ordinator: Lydia Depledge-Miller
 Studio Manager: Sue Stonestreet

SUN 19:00 The Archers (m001q635)

Pat's brought a keef bourguignon over to Helen's, and finds Natasha there keeping an eye on Jack while Helen's out running. Natasha asks Pat how she thinks Helen's doing. Pat's not sure - she's had an awful few months and the amount of running she's doing is worrying. Helen confides to Pat later that she feels she's handled everything badly, and scared Henry. Pat reassures her, and offers to take Jack and Henry for a couple of hours. Helen's grateful. She suggests Pat takes the bourguignon back with her for the boys. She's not hungry. Pat insists she keep it. Natasha returns later to retrieve a forgotten toy, and Helen offers her the bourguignon. It would be doing her a favour. Natasha accepts.

Brad and Mia have the house to themselves, and Brad's lined up a selection of films. Mia wants a day off from heavy stuff and wants to watch something cheesy and 'wish fulfilment'. They make their choice and enjoy the film, sharing some banter and flirtatious compliments. Mia doesn't want the summer to end. She suggests they go to Brad's room. Later Brad's keen to establish that Mia has no regrets. On the contrary, says Mia, she should talk to her dad, and Will, about staying over one night. Brad agrees he'll talk to his mum, admitting she might worry about contraception. Neither of them are keen to broach this with their parents yet, so they agree to leave those conversations for a bit. There's no rush.

SUN 19:15 Whatever Happened to Baby Jane Austen? (m00168r1)
 Series 1

Episode 2

Dawn French and Jennifer Saunders star as respected novelist Florence and movie star Selina, in a sparkling comedy series about two sisters at war, by Veep writer David Quantick.

Florence becomes obsessed with her sister Selina's old movies - *The Vixen*, *The Vixen 2* and *The Vixen 3D*. Meanwhile Selina takes Florence's daughter Lucy clothes shopping and Lucy interrogates her about her mysterious absent father, Jonathan. The day ends in chaos as Florence unwittingly tells a journalist that she'd love to make a sex tape.

Critical reaction to the first episode in this series, originally broadcast in December 2020:
 "The leads' natural chemistry, plus David Quantick's witty script... make for an enjoyable comedy with series potential"
The Observer

"It's as slick, dark and funny as one would expect - but surely this cannot be a one-off? The ending alone leaves us begging for a series" *Radio Times*

"French and Saunders sparkle with a magic that is so rarely heard in new radio comedies that I'd almost forgotten it was possible" *Daily Telegraph*

Cast:

Florence - Dawn French
 Selina - Jennifer Saunders
 Mrs Ragnarok - Rebecca Front
 Lucy - Lisa McGrillis
 All the men - Alistair McGowan

Written by David Quantick
 Producer: Liz Anstee

A CPL production for BBC Radio 4

SUN 19:45 Invasive Species (m001q6bw)
 Episode 3

Helen McAlpine reads a speculative serial from Rachele Atalla, set in a near future with uncomfortable parallels to our present.

As temperature rises, forest fires and landslides dominate the global news, Fran is preoccupied with matters closer to home. Knotweed is running wild across the UK and in her cottage garden, the specialist team's first attempt to tame the outbreak has not been successful.

Producer: Eilidh McCreadie

Rachele Atalla is an award-winning Scottish-Egyptian novelist, short story writer and screenwriter based in Glasgow. Her debut novel *The Pharmacist* was shortlisted for Best Fiction at the Scottish National Book Awards. In March, she published her climate-focused second novel *Thirsty Animals*. Her short stories have been published widely and she is the recipient of a Scottish Book Trust New Writers Award. In screenwriting, her first feature was developed with BBC Film and she is developing an adaption of *The Pharmacist* with Compact Pictures.

SUN 20:00 More or Less (m001q0s6)

HS2 and electric cars, UK vs China emissions & massive maths errors

Can you really buy an electric car for everybody in the UK for the cost of HS2? That claim was recently made on Radio 4's Broadcasting House programme. Also we look at a viral claim that 1 in 73 people who received the Covid vaccine in England was dead by May 2022. Plus we look at the size of the UK's carbon emissions when compared with China and talk about how a recent *More or Less* maths error pales in comparison to one in the Guardian.

Presenter: Tim Harford
 Series Producer: Jon Bithrey
 Reporters: Nathan Gower, Natasha Fernandes
 Production Co-ordinator: Janet Staples
 Editor: Richard Vaden

00:45 HS2 and electric cars
06:37 Deaths and the vaccine
15:43 Massive maths errors
19:33 UK vs China emissions

SUN 20:30 Last Word (m001q123)

Julian Haviland, Johaar Mosaval, Tricia Tyler, Matyelok Gibbs

Matthew Bannister on:

Julian Haviland who was political editor at ITN and then the Times, covering key events at Westminster in the 1970s and 80s.

Johaar Mosaval, the South African dancer who overcame racial prejudice to fulfil his dream of becoming a ballet star.

Tricia Tyler, who edited the *Nursing Times*.

Matyelok Gibbs, the actor and director who secured the future of London's famous Unicorn Children's Theatre.

Interviewee: Philip Webster
 Interviewee: Sharon Paulson
 Interviewee: Janet Snell
 Interviewee: Ursula Jones

Producer: Gareth Nelson-Davies

Archive used:
 Julian Haviland interview with Prime Minister Ted Heath, Associated Press, 22/01/1974; Julian Haviland interview with Margaret Thatcher, ITN Archive YouTube Channel, 04/10/1976, uploaded to YouTube 17/08/2023; Julian Haviland interview with Matt Chorley, Red Box podcast, *The Political Editors*: Julian Haviland, *The Times*, 23/08/2023; Julian Haviland Interview with Prime Minister Margaret Thatcher, ITN archive, 23/07/1980; Johaar Mosaval interview, University of Cape Town South Africa, Uploaded on YouTube 17/04/2020; Johaar Mosaval interview, Al Jazeera English, Uploaded on YouTube 12/03/2023; Jewel in The Crown,

promo, Granada TV, 1984; Harry Potter and the Deathly Hallows: Part 1, Promo, Warner Bros. Pictures, 2010;

SUN 21:00 Money Box (m001q5ys)
[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m001q64d)
[Repeat of broadcast at 07:54 today]

SUN 21:30 Loose Ends (m001q5zc)
[Repeat of broadcast at 18:15 on Saturday]

SUN 22:00 Westminster Hour (m001q6cn)
Ben Wright hosts political discussion with Conservative former Cabinet minister, Dame Andrea Leadsom; Shadow Justice Secretary, Steve Reed; and Hannah White - Director of the Institute for Government. They preview the new political season and two hot topics for the coming week: the crisis over crumbling concrete in schools and other public buildings, and the splits in both main parties over achieving net zero. They also talk about Parliament's own long-delayed restoration and refurbishment project. Kate Devlin - politics and Whitehall editor at the Independent - brings additional insight and analysis.

SUN 23:00 Life Changing (m0011jcf)
Overheard

Hazel Ellis-Saxon was brought up in a busy household with four siblings in the village of Tiptree in Essex in the 1960s. She struggled with her school work and was often finishing assignments when the other children were enjoying playtime. One day in a quiet classroom Hazel overheard her form teacher describe her to a colleague as 'mentally retarded'. These two words had a profound effect — leading her to believe that she must be a huge disappointment to her parents and would never enjoy a full life.

Dr Sian Williams hears how this label shaped Hazel's decisions for decades and what it took for her to throw it off.

SUN 23:30 Beyond Belief (m001q0nb)
Faith and Fortune

Daniel Ally is an influencer and author who has built an online coaching business, sharing tips on how to become wealthy. He's also a committed Christian who credits the Bible for turning his life around. He speaks to Aleem Maqbool about how his beliefs inspire him to seek financial success.

This inspires a discussion on the interconnections between faith and finance, whether seeking earthly fortune is in conflict with spiritual beliefs and how different faiths approach the gap between rich and poor.

Aleem is joined by:

Dr Christopher Wadibia - Junior Research Fellow at Pembroke College, Oxford. Christopher's doctoral research studied the politics underpinning one of Nigeria's most popular and influential Pentecostal churches and the investments they make in the social and economic development of Africa's most populous nation.

Uneesa Zaman - a communications professional with 10+ years of experience managing global clients across financial services with a focus on financial inclusion. She runs Uneesa Finance - a platform dedicated to educating women about halal finance (with a pop culture twist!) and has helped over 10k women learn more about finance to date.

Prof Atul K Shah - creative pioneer in the fields of accounting, finance, leadership and diversity. He holds a doctorate from the London School of Economics and is author of 'Jainism and Ethical Finance' 'Inclusive and Sustainable Finance - Leadership, Ethics and Culture'

Producer: Katharine Longworth
Presenter: Aleem Maqbool
Assistant Producers: Robert Guthrie and Ajai Singh

MONDAY 04 SEPTEMBER 2023

MON 00:00 Midnight News (m001q6d3)
The latest news and weather forecast from BBC Radio 4.

MON 00:15 Thinking Allowed (m001q0vv)
The Petite Bourgeoisie

The Petite Bourgeoisie - Laurie Taylor talks to Daniel Evans,

Research Assistant at Cardiff University and author of a new study which explores the unstoppable rise of the lower middle class. Marx predicted that this insecure class, sandwiched between the working class and the bourgeoisie, would be absorbed into the proletariat as artisans died out during the industrial revolution. In fact, it has grown exponentially and is now a significant player within global politics, courted by the right and the left. Far from losing influence, the individualist values associated with it have been popularised by a society which some say fetishises "aspiration" and entrepreneurship.

They're joined by Nicola Bishop, cultural historian and Senior Teaching Fellow at Loughborough University, whose latest book analyses white collar workers in British popular culture, from the novels of Charles Dickens to comedy TV sitcoms. Why have lower middle class, suburban values become such a staple of our cultural consumption and what can this tell us about national British identity?

Producer: Jayne Egerton

MON 00:45 Bells on Sunday (m001q5zx)
[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001q6dh)
The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m001q6ds)
World Service

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m001q6f1)
The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m001q6fc)
National and international news from BBC Radio 4

MON 05:43 Prayer for the Day (m001q6fn)
A reflection and prayer to start the day with Canon Simon Doogan

MON 05:45 Farming Today (m001q6g1)
04/09/23 Scrapping pollution rules for housing; developing homes on Dartmoor; growing herbs in the UK

Last week, the government announced new plans to scrap water pollution restrictions for housing developments in order to build new homes - some farmers warn that the government is undercutting its own environmental schemes.

The Government consultation on proposals to allow the conversion of barns and disused shops into houses without the need for planning permission ends later this month - it is considering extending these changes into the National Parks, which have had long held protections against such developments.

And all this week we look at growing herbs in the UK.

Presented by Charlotte Smith and produced by Rhiannon Fitz-Gerald.

MON 05:56 Weather (m001q6gh)
The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b08zc77w)
Alex Gregory on the White Stork

Double Olympic gold medal-winning rower Alex Gregory recalls seeing white stork in Portugal for Tweet of the Day.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong.

Producer: Mark Ward
Photograph: Boberskik.

MON 06:00 Today (m001q628)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Is Psychiatry Working? (m001j4hm)
Therapy

Although psychiatry helped writer Horatio Clare when he was in crisis, some people in difficulty, their families, clinicians,

psychologists and psychiatrists themselves will tell you there are serious questions about the ways psychiatry understands and treats some people in trouble. And so this series asks a simple question: is psychiatry working? In the following series, accompanied by the psychiatrist Femi Oyebo, Horatio traces a journey through crisis, detention, diagnosis, therapy, and recovery. In this episode, they consider the different forms and aims of therapy.

If you need support with mental health or feelings of despair, a list of organisations that can help is available at BBC Action Line support:

Mental health & self-harm: <https://www.bbc.co.uk/programmes/articles/1NGvFrTqWChr03LrYlw2Hkk/information-and-support-mental-health-self-harm>
Suicide/Emotional distress: <https://www.bbc.co.uk/programmes/articles/4WLSnIwrySXJR2n8Snszdg/information-and-support-suicide-emotional-distress>

or you can call for free to hear recorded information on 0800 066 066.

Presenters: Horatio Clare and Femi Oyebo
Producer: Emma Close
Editor: Clare Fordham
Sound Mix: James Beard

MON 09:30 Shock and War: Iraq 20 Years On (m001k7xn)
9. Broken Trust

The widespread view among the British public that they had been misled about the reasons for war would leave deep scars. What is the legacy of the Iraq war on trust in public life and politics, and what has been the toll on individuals and societies?

Presenter: Gordon Corera
Series Producer: John Murphy
Producers: Ellie House, Claire Bowes
Sound Designer: Eloise Whitmore, Naked Productions
Production coordinators: Janet Staples, Brenda Brown
Series Editor: Penny Murphy

MON 09:45 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q66f)
Cha sui pork and the story of roasting

Award winning cook and writer Fuchsia Dunlop reads from her new book about China's rich and ancient culinary culture. Today her theme is the transformative power of cooking.

Fuchsia tells the story of China's gastronomic culture through a selection of classic dishes. She challenges western pre-conceptions of simplified Cantonese cooking that first took hold when Chinese labourers left their homeland and settled abroad. Instead, she reveals a sophisticated gastronomy that is finding more and more favour across the globe. From roasted meats, to the versatility of the soybean, braised pomelo pith, noodles and dim sum, Fuchsia takes us on a mouth-watering journey which explores the history, philosophy and techniques of China's diverse and ingenious food heritage.

Fuchsia was the first westerner to train as a chef at the Sichuan Higher Institute of Cuisine, and has been travelling around China, researching and cooking food for 30 years. She has written a number of best-selling books on Chinese food, several of which are now published in translation in China.

Abridged by Richard Hamilton
Produced by Elizabeth Allard

MON 10:00 Woman's Hour (m001q62g)
DIY fertility tests, Sudan conflict, Rebuilding my life

A BBC investigation has found that at least five women have died after family courts allowed fathers accused of abuse to apply for contact with their children. Some took their own lives, and one had a heart attack outside a court. Nuala McGovern is joined by Dr Elizabeth Dalgarno who led the research in to this.

We often talk to women about the immediate impact of traumatic life-changing events. But what happens after the dust has settled? This week on Woman's Hour, we are inviting you to listen to three women's experiences of picking up the pieces. Claire Russell lost her partner Mark to suicide in 2018, and miscarried their baby a few weeks later. Claire tells Nuala about how she began to recover.

Since the conflict in Sudan erupted again in April, there have been reports of the increased use of sexual violence against women and girls. More than four million women and girls are at risk of sexual violence across Sudan, according to the World Health Organization. Nuala speaks to CNN's Nima Elbagir and to Duaa Tariq who is in Khartoum.

How reliable is DIY fertility testing in helping you plan for a

baby? A recent report in the British Medical Journal has found that some DIY tests that were sold in the UK to measure oestrogen levels may have given misleading results. The report's author, Emma Wilkinson, joins Nuala alongside Dr Ippokratis Sarris, Consultant in Reproductive Medicine and Director of King's Fertility.

Have you ever been in a 'situationship'? It's sort of a relationship but you're not exclusive. It's the subject of the debut novel of Taylor-Dior Rumble. The Situationship is published by Merky Books and it's been termed the label's first Rom-Com. Taylor-Dior joins Nuala in the studio.

Presenter: Nuala McGovern
Producer: Emma Pearce

MON 11:00 Black Music in Europe: A Hidden History (m000z0c2)
Series 4

1979-2021

Clarke Peters' concluding three-part series reveals stories from the history of black music in Europe over the last four decades.

From the collapse of the Eastern Bloc to the rise of multiculturalism, this was a time that saw old walls come tumbling down, while new forms of technology and new styles of music were all emerging at a rapid pace.

In this final episode of the series, Clarke focuses on black music in France, from the era of Zouk and Kassav' through to the time of rap stars like MC Solaar. He also delves into the stories of black musicians in Italy today, from rapper Tommy Kuti to Afrobeat artist RayJeezy.

Produced by Tom Woolfenden
A Loftus Media production for BBC Radio 4

MON 11:30 Analysis (m001n8gp)
Do single people get a raw deal?

Single people make up a large proportion of the population in Britain. People are marrying later and less, getting divorced more often, and living longer. Although not all people who live alone are single, the growth of one-person households now outstrips the rise in the UK population - and is projected to continue.

And yet life in Britain often seems ill-suited to their needs. Being single is expensive and modern dating can be brutal. The idea that being in a couple provides greater happiness and fulfillment still has a tight grip on our collective psyche. So is it right to say that singles get discriminated against? And are there ways we might re-imagine life in Britain so that singles get a fairer deal?

Producer: Ant Adeane
Editor: Clare Fordham
Sound Engineer: Kelly Young
Production Coordinators: Maria Ogundele and Sabine Schreck

Contributors:
Amy Key - Poet and Author of Arrangements in Blue: Notes of Love and Making a Life
Sarah Harper - Professor of Gerontology at the University of Oxford
Emma John - Journalist and Author of Self Contained: Scenes from a Single Life
Ben Arogundade - Author of My Terrifying, Shocking, Humiliating, Amazing Adventure in Online Dating
Elyakim Kislev - Professor of Public Policy and Government at the Hebrew University of Jerusalem and author of numerous books about single life
Sasha Roseneil - Sociologist and Vice-Chancellor of the University of Sussex

MON 12:00 News Summary (m001q69b)
The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001q62l)
Ulez compliant cars, Getting Rid of Bankbooks and Pizza

If you have a car that is not ULEZ compliant, what are your options?

Pizza Hut introduced US style pizza restaurants to the UK in 1973. They are said to be struggling with debt, if they went would we miss them?

More and more people are looking to repair shops to help people avoid fast fashion.

Would you know what to do if your dog fell ill and needed first aid?

Bankbook holders are angry at the Lloyds group who say they'll be phasing out bankbooks. The books are used by over 3 million people to manage their banking.

There's been a rise in the number of 'keyless' cars being stolen, is there anything that can be done to foil hi-tech thieves determined to steal high end vehicles?

PRESENTER: WINIFRED ROBINSON
PRODUCER: KEVIN MOUSLEY

MON 12:57 Weather (m001q62p)
The latest weather forecast

MON 13:00 World at One (m001q62w)
Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 Intrigue (m001q630)
The Immortals – Ep 1: Dracula

Over the last 100 years, we've seen global life expectancy double. Could it happen again?

Technology reporter and psychologist Aleks Krotoski explores the frontiers of the extreme longevity pioneers. They've made their money in Silicon Valley. And with their technology solutions - PayPal, Facebook, cryptocurrencies - they've ushered in the world that we live in today, with all its unintended consequences. Some of them now want to solve the "problem" of aging, or even death, and they are making bigger strides than we may think.

Can they? Should they?

Bryan Johnson is a technology success story. In 2013, he sold his company to PayPal for \$400 million, and now spends his time - and \$2m annually - on the search for eternal life. He believes he has found the secret - or, at least, can find it in the thousands of scientific articles he and his team sift through for their protocol of treatments. The most unusual of which is infusing Bryan's veins with the plasma of young people.

Has he discovered the fountain of youth?

A Pillowfort production for BBC Radio 4

New episodes released Mondays. If you're in the UK, listen to the full series of Intrigue: The Immortals first on BBC Sounds: bbc.in/3WEQ5W

MON 14:00 The Archers (m001q635)
[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 This Cultural Life (m001q5zf)
[Repeat of broadcast at 19:15 on Saturday]

MON 15:00 Brain of Britain (m001q63d)
Heat 4, 2023

(4/17)

In which month of 1066 did the Battle of Hastings take place? Which mathematician is known as the Father of Geometry? Which musical is set on board the SS American? Russell Davies puts these and many other brain-wracking teasers to the contenders in today's heat of the venerable general knowledge tournament, coming from the Radio Theatre in London.

Taking part today and hoping to win a place in the semi-finals are:
Eleanor Ayres from Cambridgeshire
Matt Barr from Bolton
Richard Burr from Colchester
Ruth Downing from London.

Producer: Paul Bajoria

MON 15:30 The Food Programme (m001q63l)
[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 History's Secret Heroes (m001mt5m)
3. Ghost Army

Bernie Bluestein, Seymour Nussenbaum and George Dramis are part of a secret army unit with one job: to put on a show for an audience who wants to kill them.

Helena Bonham Carter shines a light on extraordinary stories from World War Two. Join her for incredible tales of deception, acts of resistance and courage.

A BBC Studios Podcast production for BBC Radio 4 and BBC Sounds.

Producer: Clem Hitchcock
Executive Producer: Paul Smith
Written by Alex von Tunzelmann

MON 16:30 Beyond Belief (m001q63s)
Faith and Politics

The former SNP leadership contender Kate Forbes, found herself at the centre of a political storm about her religious views. In response to interviews questions, she said the idea of having children outside of marriage conflicted with her Christian faith and confirmed that she was anti-abortion. Ms Forbes also said she would not have voted for same-sex marriage if she had been a politician in 2014 when the law passed. The backlash against these views led SNP colleagues to abandon her campaign in droves.

In her first major broadcast interview after withdrawing from the leadership race, Kate Forbes said "We live in a world where it's our duty and responsibility to coexist in a compassionate, caring, loving way. There is no doubt - people put this to me all the time - that if I had perhaps not been honest, and not been truthful, if I had tried to make certain things more palatable, or politically correct, then would I have been more successful? Perhaps".

This inspires a discussion on relationship between faith and politics and whether the two can work together.

In a special episode of Beyond Belief, recorded in front of a live audience at the Religion Media Festival in London.

Aleem is joined by:

NICK FLETCHER, Conservative MP for Don Valley, who's talked in the past about the way in which he sees himself as a Christian first and politician second

RUTH CADBURY, Labour MP for Brentford and Isleworth, who's a Quaker. She was among the MPs who signed an early day motion calling for the abolition of parliamentary prayers

DABINDERJIT SINGH OBE is former director of the National Audit Office and for decades has played a prominent role in government-Sikh relations.

REV SALLY HITCHENER is an Anglican priest, Associate Vicar at St Martin-in-the-Fields, charity co-founder and LGBTQ+ rights activist.

Producer: Linda Walker and Katharine Longworth
Presenter: Aleem Magbool
Assistant Producer: Naomi Wellings

MON 17:00 PM (m001q63x)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O'Clock News (m001q645)
A former senior civil servant said Rishi Sunak cut money for school repairs as Chancellor

MON 18:30 Paul Sinha's Perfect Pub Quiz (m001q649)
Series 2

Episode 1

In each episode of Paul Sinha's Perfect Pub Quiz, the quizzier, comedian and Rose d'Or winner Paul Sinha invites the audience to tell him their favourite quiz questions, before offering up not just different and surprising questions, but also the fascinating stories behind the answers.

It's facts, jokes, stories and puns - just the way you like them.

This episode is full of things that have changed since the previous series, including new British cities and a new British Prime Minister, and was recorded in front of a live audience in Brighton.

Written and performed by Paul Sinha
Additional material: Oliver Levy
Additional questions: The Audience

Original music: Tim Sutton

Sound engineer: David Thomas

Producer: Ed Morrish

A Lead Mojo production for BBC Radio 4.

MON 19:00 The Archers (m001q64h)

Susan greets smiling Mia in the shop, who's come in to buy breakfast for Brad. Spotting Mia also has a flask of coffee with her, she delves for information on their relationship. Stella overhears and scolds Susan good naturedly for her interrogation. When Mia's gone Stella remarks on how happy she looked. Susan agrees wistfully. There's nothing like being in love. Later Stella and Pip chat about when they first met, and how far they've come. Stella admits to being jealous of Mia's 'in love' feeling. She'd like to take back her recent harsh words to Pip and admits she was wrong to make Pip feel so bad. Stella wonders if they could hang out more and see what happens. Pip would love to see what happens and thanks Stella for giving her a chance. Stella's just grateful Pip hasn't told her to get lost. Ben admits to his mum that the residents at The Laurels don't yet know he's leaving. Ruth reckons he needs to get on with it, today. Sykesy takes the news badly. He's cross that Ben didn't tell him earlier, and accuses him of picking things up and dropping them when he gets bored. Later Ben reports Sykesy's angry reaction to Ruth. Ruth reassures him but Ben feels bad; no-one comes to see Sykesy and he needed Ben. Ruth worries to Pip that Ben's still quite vulnerable. Ruth also wonders to Pip whether she's offended Stella, who she's finding quite distant. Could Pip do some digging? Sure, no problem, replies Pip.

MON 19:15 Front Row (m001q64p)

Anna Wintour on Vogue World; Bloomsbury Group fashion; BBC Singers conductor Sofi Jeannin

Dame Anna Wintour, Global Editorial Director of Vogue, tells Samira Ahmed about Vogue World, the magazine's fashion and performance spectacular which makes its UK debut this month at the start of London Fashion Week.

You may know the early 1900s Bloomsbury Group for its art and philosophy, but the collective was also in the vanguard of sartorial revolution. In the studio to discuss its impact on fashion are writer Charlie Porter, author of *Bring No Clothes: Bloomsbury and the Philosophy of Fashion*, and British-Turkish fashion designer Erdem Moralioglu.

The Swedish-French conductor of the BBC Singers, Sofi Jeannin, joins Samira to discuss the choir's range, reputation and morale after a period of uncertainty over its future.

Presenter: Samira Ahmed
Producer: Paul Waters

MON 20:00 Wally, the Reluctant Nuclear Hero (m001q64y)

The infamous breakdowns of Chernobyl in 1986 and Fukushima in 2011 represent our deepest fears around nuclear power, yet both disasters happened during peace time.

In the early days of the war, Russian forces seized Zaporizhzhia nuclear power plant in Ukraine. The site has come under repeated fire, prompting warnings in May this year from the UN nuclear agency that the world risked a "severe nuclear accident".

And this isn't a new problem. Here we tell a story with its origins in the Vietnam War and how the threat of the world's first dirty bomb loomed large.

The battle over nuclear energy first came to the attention of the West in 1975, as the North Vietnamese Army advanced on Saigon during the end days of the war. Most of the world was unaware at the time that the North Vietnamese were also advancing on a new breed of nuclear reactor, gifted to the South by the US government. Not only was it technology the North's Russian allies did not yet have, it was also a source of weapons-grade nuclear fuel. As a last resort, the US discussed bombing the facility, risking nuclear fallout rather than have the technology fall into Soviet hands.

To avoid humanitarian and environmental disaster on a colossal scale, and despite having literally no military experience, a physicist from Idaho called Wally Hendrickson volunteered to be dropped into the front line to remove the fuel rods from the reactor before it was over run.

Still alive and well, Wally's story is just as relevant today as it was 50 years ago. The setting may be different, but right now the fear of nuclear disaster hangs over us.

A 2 Degrees West production for BBC Radio 4

MON 20:30 Crossing Continents (m001q0ws)

Singing Morocco's New Identity

Gnawa music is a Moroccan spiritual musical tradition developed by descendants of enslaved people from Sub-Saharan Africa. It combines ritual poetry with traditional music and dance, and is traditionally only performed by men. But one female Moroccan artist, Asmaa Hamzaoui, has broken the mould. She's become an international star, who has even performed for Madonna on her birthday. Reporter Myriam

Francois travels to Casablanca to meet Asmaa and her family, and follows her to the Essaouira Festival, the annual celebration of Gnawa culture.

What does its ever-growing popularity tell us about the changing identity of a country that once saw itself primarily as part of the Arab world, but has now become more interested in its links to the rest of the African continent?

Presented by Myriam Francois
Produced by Tim Whewell
Series editor Penny Murphy

MON 21:00 The Archbishop Interviews (m001mt03)

Shirine Khoury-Haq

In this series, the Archbishop of Canterbury, Justin Welby, has conversations with public figures about their inner lives. What do they believe? How does that shape their values and actions?

This week's guest is the Chief Executive of the Co-op, Shirine Khoury-Haq.

Producer: Dan Tierney.

MON 21:30 Is Psychiatry Working? (m001j4hm)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m001q656)

Is UK property still being used to launder illegal wealth?

MPs seek amendments to the Economic Crime Bill

Did Rishi Sunak cut capital spending on England's schools when chancellor?

Google's place in the AI race

MON 22:45 The Exhibitionist by Charlotte Mendelson (m001q65f)

Episode 1

Set in London over a weekend in 2010, this is a darkly humorous book about a bohemian middle class family with a patriarchal monster at its centre.

A lot is riding on Ray Hanrahan's art exhibition, the first for a decade. He summons his family and friends to the decaying family home to celebrate the occasion, starting with a dinner on the Friday evening. His wife, Lucia, an artist in her own right, has sidelined her own career to allow her husband's to flourish and to bring up their three children, Leah, Jess and Patrick.

Leah has not yet left home and devotedly looks after her ailing father. Her younger sister, Jess is a teacher and has flown the nest to Scotland where she lives with her boyfriend Martyn. Patrick, Lucia's son from a previous relationship, lives in a caravan at the bottom of the garden, struggling with his mental health and dreaming of becoming a chef.

As the family gathers, Lucia is consumed by thoughts of someone new and exciting in her life and wondering anxiously why her gallery manager is so persistently trying to get hold of her. Ray will not be happy if it is news of her success. Meanwhile, Jess is also harbouring a secret which means that she too will be facing some life changing decisions.

Charlotte Mendelson is an award-winning author and The Exhibitionist was long listed for the Women's Prize for Fiction 2022. Her other works include *Daughters of Jerusalem*, *When We Were Bad* and *Almost English*.

Written by Charlotte Mendelson
Reader: Tracy-Ann Oberman
Abridger: Sara Davies
Producer: Alexa Moore
Sound Designers: Sean Kerwin and Iain Hunter
Music: Autumn Leaves by The Bill Evans Trio

A Pier production for BBC Radio 4

MON 23:00 Just One Thing - with Michael Mosley (m001ngjx)

Food Special with Tim Spector

Professor Tim Spector, a leading expert on nutrition and gut health, takes Michael Mosley through his top food and nutrition tips, sharing stories from his life and research along the way. Joined by an audience at the Hay Festival, Michael learns what happened the time Tim convinced his son to eat an ultra-processed food diet for two weeks and the surprising ways your gut influences your immune system. Tim, who is professor in epidemiology at King's College London, shares the shocking moment he realised that even as a doctor, he was on track for

major health problems, and how he took control over his diet and his health - and how you can, too. Tim also reveals what cutting edge science shows about how you should be eating to benefit your health and wellbeing.

MON 23:30 Today in Parliament (m001q65t)

News, views and features on today's stories in Parliament

TUESDAY 05 SEPTEMBER 2023**TUE 00:00 Midnight News (m001q662)**

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q66f)

[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m001q66y)

The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m001q67b)

World Service

BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m001q67p)

The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m001q686)

National and international news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001q68n)

A reflection and prayer to start the day with Canon Simon Doogan

TUE 05:45 Farming Today (m001q695)

05/09/23 Invasive species report, herbs grown in the field and indoors

Thousands of invasive species around the world are a major part of biodiversity loss; a new report says the evidence is being ignored.

This week we're exploring farming herbs in the UK. Today Anna Hill visits a farm growing chives out in the field, and hears how basil can be produced indoors all year round in a vertical farm.

Presented by Anna Hill and produced by Beatrice Fenton.

TUE 05:58 Tweet of the Day (b08cmmh)

Will Young on the Woodland Kingfisher

Singer Will Young dates his love of birds from this encounter with the woodland kingfisher.

Producer Miles Warde.

TUE 06:00 Today (m001q66p)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m001q670)

Bahija Jallal on the biotech revolution in cancer therapies

Some of the most complex medicines available today are made from living cells or organisms - these treatments are called biopharmaceuticals and in this episode of *The Life Scientific* Dr Bahija Jallal, CEO of Immunocore, shares her story of leaving her home in Casablanca, Morocco to become a world leader in developing biopharmaceutical cancer treatments.

She tells Professor Jim Al-Khalili that she has always found herself ahead of the curve. When she began in oncology, the study of cancer, the common treatment was chemotherapy which attacked all the cells in an affected area. Her first studies into cancer treatments were looking at how certain therapies could focus in on the cancerous cells and move away from what she describes as the 'sledgehammer' of traditional chemotherapy.

It was an early step in what became known as targeted cancer therapies, and it set Bahija on course for a career dedicated to developing innovative drugs to improve cancer patients' lives. Through a deep understanding of the science and a resolute commitment to putting treatments in the hands of people who

need them, she has produced astonishing results. Bahija has brought drugs to market faster than many believed was possible, and she has managed it by being an inspirational leader and encouraging her teams to think differently. How has she done it? Part of the secret, she says, is diversity of thought.

Presented by Professor Jim Al-Khalili
Produced by Tom Bonnett

TUE 09:30 One to One (m001q67d)
Aleighcia Scott's Reggae Heroes: Benji Webbe

Benji Webbe's memories of Reggae began with his parents' record collection and the 'blues' parties his brother held when their Dad was away, when the furniture in the front room was replaced with huge wardrobe speakers and curried goat would be cooking in the kitchen. After several attempts to forge a career in Reggae, Benji started writing rock songs with a friend in what became the band Dub War, and the blend of heavy metal riffs with Benji's roots in Reggae and dance hall started opening doors. It's an ethos that's continued with the band Skindred and Benji maintains it's about spreading those same positive messages of peace, love and unity.

Aleighcia and Benji talk about the culture of Reggae in South Wales, and how coachloads of people used to come to Cardiff and Newport to listen to the music and see live bands. They talk about Benji's relationship with the genre and how it has come full-circle again with the band Skindred, and why when they go further afield some people are surprised to find out there is any Reggae music (and black people) in Wales.

Presenter: Aleighcia Scott
Produced by Toby Field for BBC Audio Bristol

TUE 09:45 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q67t)
Mrs Song's fish stew & The Miraculous Bean

Fuchsia Dunlop, the award winning cook and food writer, continues her culinary journey through China. Today, she presents us with a selection of richly flavoured delights conjured from the humble soybean.

Fuchsia tells the story of China's gastronomic culture through a selection of classic dishes. She challenges western pre-conceptions of simplified Cantonese cooking that first took hold when Chinese labourers left their homeland and settled abroad. Instead, she reveals a sophisticated gastronomy that is finding across the globe. From roasted meats, to the versatility of the soybean, braised pomelo pith, noodles and dim sum, Fuchsia takes us on a mouth-watering journey which explores the history, philosophy and techniques of China's diverse and ingenious food heritage.

Fuchsia was the first westerner to train as a chef at the Sichuan Higher Institute of Cuisine, and has been travelling around China, researching and cooking food for 30 years. She has written a number of best-selling books on Chinese food, several of which are now published in translation in China.

Abridged by Richard Hamilton
Produced by Elizabeth Allard

TUE 10:00 Woman's Hour (m001q68b)

Nick Fletcher MP, Rebuilding my life: Martine Wright, Food writer Bee Wilson, Filmmaker Celine Song

Ukraine's First Lady, Olena Zelenska, has given a very personal interview to the BBC 18 months after the Russian invasion and subsequent war in her country. In it, she speaks about having to live in a different location to her husband, President Zelensky, and her fears for her children's future. The BBC's Yalda Hakim joins Nuala McGovern.

A male politician is calling for a Minister for Men. Nick Fletcher, the Conservative MP for Don Valley, believes that men face such serious difficulties in today's society that they need a specific champion.

The second in our Rebuilding My Life series. When Martine Wright was rescued from the wreckage of a bombed Tube train on what became known as 7/7, her injuries were so severe that she could not be identified. Both her legs were amputated above the knee. Eighteen years on, Martine speaks to Nuala about her road to recovery, physically and emotionally.

Past Lives is the directorial debut from the New York playwright turned filmmaker Celine Song. She tells the story of Nora and her childhood sweetheart, Hae Sung, who she left behind in Seoul when her family immigrated to Canada. But they reconnect years later in New York, when Nora is happily married - and grapple with what they are to each other now... and whether they missed their chance.

Do you wish you cooked more but don't know where to start?

Yotam Ottolenghi called Bee Wilson 'the ultimate food scholar'. She's the author of six books on food-related subjects. Now she's written her first cookbook, The Secret of Cooking: Recipes for an Easier Life in the Kitchen.

Presenter: Nuala McGovern
Producer: Lucinda Montefiore

Opener **00:00**
Olena Zelenska **01:40**
Nick Fletcher **09:10**
Rebuilding My Life - Martine Wright **24:29**
Past Lives **37:35**
Bee Wilson **45:51**

TUE 11:00 The Archbishop Interviews (m001n1vs)
Zarifa Ghafari

In this series, the Archbishop of Canterbury, Justin Welby, has conversations with public figures about their inner lives. What do they believe? How does that shape their values and actions?

This week's guest is the Afghan human rights campaigner, Zarifa Ghafari.

Producer: Dan Tierney.

TUE 11:30 The Chinese Reader (m001q68r)
Chinese literature is a landscape populated by everything from monkey kings, to modernist madmen and imagined future technologies.

Fiction in China has always been political. Classical novels guided readers on appropriate Buddhist conduct, or cunning military strategies. In the modern day, all creative works are expected to contribute positively to the "main melody" - a harmonious and healthy narrative about the nation.

Twentieth century authors like Lu Xun wrote works that precipitated key historical moments. He critiqued centuries of Confucian thought in his psychological short fiction and inadvertently found himself a figurehead of the 1949 Socialist Revolution.

Following years of upheaval, like those of the Cultural Revolution, access to literature was limited, and sometimes even banned. Authors have had to adapt to self-censorship - toeing the line while exploring difficult topics through metaphors and humour.

In a culture that is at the technological cutting edge, Chinese language science fiction has flourished. Titles have travelled far, going on to win international recognition. Online, netizens pore over sprawling libraries of web fiction, written to order by authors finding a way around traditional publishing routes to promote their works.

And where do we draw the line when designating literature as "Chinese"? The Chinese-speaking world extends far beyond the mainland. How much do we limit ourselves when we focus solely on mainland China?

Julie Tsang dives head first into a reading list that explores how the personal relationship between writer and reader can challenge our understanding of Chinese culture.

With contributions from: Ted Hui, Letty Chen, Jing Tsu, Xueting C. Ni, Jung Chang, Megan Walsh, and Xiaolu Guo.

Producer: Rebecca Guthrie
Executive Producer Mark Rickards

A Whistledown Scotland production for BBC Radio 4

TUE 12:00 News Summary (m001q696)
The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001q69m)
Call You and Yours: What's your experience of vaping?

On today's Call You and Yours we want to hear about your experience of vaping. The government encourages adult smokers to switch to vapes as they are substantially less harmful than smoking. But new figures show that increasing number of young people who have never smoked are vaping with concerns about the impact.

Are you a parent concerned about the growth of teen vaping or a young person who has experienced it for yourself?

Or are you one of the many people who've used vapes to quit smoking?

What's your experience of vapes – for good and bad? You can call our phone room at 03700 100 44 after **11am** on Tuesday

Or email youandyou@bbc.co.uk

PRESENTER: WINIFRED ROBINSON
PRODUCER: CATHERINE EARLAM

TUE 12:57 Weather (m001q69y)
The latest weather forecast

TUE 13:00 World at One (m001q6b9)
Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 Intrigue (m001q6bl)
The Immortals – Ep 2: The Experiment

Mike and Irina Conboy are a couple of tie-dye clad scientists in the bio-engineering department at the University of Berkeley. When they started researching ageing more than 20 years ago at Stanford, the field was nothing more than a spin-off from geroscience - most of their time at the lab bench was spent documenting signs and signals that our bodies are reaching their ends.

But in 2005, they published an article in Science that suggested there is hope for reversing ageing our tired old bodies. And the best bit of their study was that they proved there's ample supply of the base material to do it - young blood. Using a revolutionary but ancient technique, their results re-ignited the millennia-old search for life everlasting.

In this series, technology reporter and psychologist Aleks Krotoski explores the frontiers of the extreme longevity pioneers. They've made their money in Silicon Valley. And with their technology solutions - PayPal, Facebook, cryptocurrencies - they've ushered in the world that we live in today, with all its unintended consequences. Some of them now want to solve the "problem" of aging, or even death, and they are making bigger strides than we may think.

Can they? Should they?

A Pillowfort production for BBC Radio 4

New episodes released Mondays. If you're in the UK, listen to the full series of Intrigue: The Immortals first on BBC Sounds: [bbc.in/3WEQ55W](https://www.bbc.com/sounds/play/bbc-in3WEQ55W)

TUE 14:00 The Archers (m001q64h)
[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 This Thing of Darkness (p0b22rf2)
Series 2

Part 4

The winner of the British Podcast Award for Best Fiction 2021 returns with a gripping drama about trauma, obsession and why we harm the things we love.

Part 4 of 7

Written by Anita Vettesse with monologues by Eileen Horne.

Dr Alex Bridges is an expert forensic psychiatrist and psychotherapist, assessing and treating perpetrators of violent crime.

Paul and Sarah discover that the past still exerts enormous power in the present. How far will they go?

Alex ... Lolita Chakrabarti
Sarah Melody Grove
Paul Robert Jack
Kelly Veronica Leer
Malcolm Michael Nardone
Rowena Wendy Seager

Series created by Lucia Haynes, Eileen Horne, Gaynor Macfarlane, Anita Vettesse and Kirsty Williams.
Series consultant: Dr Gwen Adshhead
Produced by Gaynor Macfarlane and Kirsty Williams

A BBC Scotland Production directed by Gaynor Macfarlane

TUE 15:00 The Kitchen Cabinet (m001q5yl)
[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 A Thorough Examination with Drs Chris and Xand (m001pf9l)
Live at Hay

Chris and Xand van Tulleken recorded live at the Hay Festival.

They're reflecting on how much their lives have changed since they started recording their podcast, A Thorough Examination.

Xand has lost almost three stone and Chris has written a book about ultra processed food, which was the cause of Xand's weight gain. They've navigated serious health concerns, major bust-ups in their working and personal life and are continuing to challenge their scepticism about each other's ability to change and improve.

In front of a live audience at the Hay Festival, Chris and Xand choose the most memorable moments from series one and two of A Thorough Examination. They revisit Xand's lowest moments with his weight struggles, Chris' misguided nagging and reflect on the most useful advice they've received from experts.

All of this is in the hope that, as they embark on recording series 3 of A Thorough Examination, things will go as smoothly as possible...

Recorded live at the Hay Festival, 28th May 2023
Presented by Chris and Xand van Tulleken
Produced by Alexandra Quinn
A Loftus Media production for BBC Radio 4 and BBC Sounds

TUE 16:00 Moving Pictures (m001dx3z)
The Flagellation of Christ by Caravaggio

Cathy FitzGerald invites you to discover new details in old masterpieces.

Each episode of Moving Pictures is devoted to a single artwork - and you're invited to look as well as listen, by following a link to a high-resolution image made by Google Arts & Culture. Zoom in and you can see the pores of the canvas, the sweep of individual brushstrokes, the shimmer of pointillist dots.

In this episode, we explore The Flagellation of Christ, now held in the collection of the Museo e Real Bosco di Capodimonte in Naples.

Out of the darkness - Christ tied to a black marble column, surrounded by three men, who prepare to whip him. It's a violent, intense, yet deeply intimate scene, carefully choreographed by the great artist, Michelangelo Merisi da Caravaggio, to stop us looking away.

To see the super high-resolution image of the work made by Google Arts & Culture, visit www.bbc.co.uk/movingpictures. Scroll down and follow the link to explore the high-resolution image of The Flagellation of Christ.

Interviewees: Caroline Paganussi, Sylvain Bellenger, Ben Quash, Jennifer Sliwka and Letizia Treves.

Producer and Presenter: Cathy FitzGerald

Executive Producer: Sarah Cuddon
Mix Engineer: Mike Woolley
Art History Consultant: Leah Kharibian

A White Stiletto production for BBC Radio 4

Picture credit: Caravaggio, Flagellation of Christ, 1607. © Museo e Real Bosco di Capodimonte, Naples. On long-term loan from the Church of San Domenico Maggiore, property of the Fund for Ecclesiastical Buildings, 1972.

TUE 16:30 Great Lives (m001q69s)
Ninette de Valois

The Godmother of English - and Irish - ballet, Dame Ninette De Valois or 'Madam' as she was known to those around her. She is widely regarded as one of the most influential figures in the history of ballet. She established the Royal Ballet School, the Royal Ballet and the UK's premiere touring ballet company, which went on to become the Birmingham Royal Ballet.

Under the guidance of 'Madam', these institutions grew and became celebrated around the world, with post WWII Ballet tours generating much needed funds for the British Treasury and company members, including Margot Fonteyn and Robert (Bobby) Helpmann, becoming international celebrities. Madam was also instrumental in the development of National Ballets in Turkey, Iran and Canada. She achieved all of this despite a childhood diagnosis of polio and was dedicated to ballet right up until her 102nd year.

She is nominated by choreographer Sir David Bintley. He met Madam while studying at the Royal Ballet School in the mid 70's. To David, who was originally from Huddersfield, 'Madam' was his 'Southern Grandmother'. David is joined by Anna Meadmore - dance historian and curator of the Royal Ballet Schools Special Collections Archive. Together they reflect also on Madam's formidable character, her unprecedented contribution to English Ballet and her legacy as an adventurous traditionalist.

Presented by Matthew Parris
Produced in Bristol by Nicola Humphries

TUE 17:00 PM (m001q6bz)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m001q6cc)

Europe's biggest local authority has said all but essential spending will stop

TUE 18:30 Suggs: Love Letters to London (m00051gz)
Shoreditch and Spitalfields

A side of London you've never heard before, seen through the eyes of a national treasure.

In this opening episode, Suggs gives us his unique view of Spitalfields and Shoreditch - or, as he likes to call it, the Liberty of Norton Folgate. With a couple of songs, a few surprising stories and a loving view of one of most vibrant cities on the planet.

Performed by Suggs
Written by Suggs with Owen Lewis
Directed by Owen Lewis
Musical Director: Owen Parker
Executive Producer: Richard Melvin
A Dabster production for BBC Radio 4

TUE 19:00 The Archers (m001q6b0)

Pat's looking after Henry, who's less than forthcoming about his school day. As they chat Henry receives a text. He assures Pat it's just a mate - he's blocked Rob and will never be in touch with him again. Pat assures Henry she trusts him. But his mum doesn't, counters Henry. He feels bad about the trouble he's caused, and goes over some of the things Helen said to him in her anger. Pat explains Helen spoke out of turn because she was under pressure. She adores Henry. Henry acknowledges this. Helen returns and is pleased to see Henry happier. She admits she hasn't told Lee about the incident with Henry and Rob. She'll tell him when he's back from America. Pat's doubtful, but Helen asserts there's no need to involve Lee until he's back. Pat concedes that Helen needs to do what she thinks is best. Pat reports her conversation with Henry, and Helen chats with him. She apologises for her harsh words. Henry says he'd never seen her so angry. Helen explains she just wants to keep him, and Jack, safe. Henry gets it, and they hug, bonding over a video game.

Unhappy Sykesy tells Ben that Jill's been to see him and bawled him out for being ungrateful and upsetting Ben. Ben can't understand how she knew about the situation, but it occurs to Sykesy that he might have told her himself. Contrite, he offers Ben a cheque. Ben thanks him but explains he can't accept it. Sykesy doesn't like rules, and tries to give Ben the cheque. But to Ben's horror he falls and hurts himself.

TUE 19:15 Front Row (m001q6cr)

Stephen Lawrence anniversary drama; small publishers; Pablo Larraín on his film El Conde; RAAC in theatres

The Architect - a play marking the 30th anniversary of the racist murder of Stephen Lawrence - will take place on a double-decker bus travelling the route on which Stephen was attacked in 1993. Presenter Allan Little speaks to the director Matthew Xia and one of the playwrights, Bola Agbaje.

Small independent publishers appear to be on a winning streak - last year several prestigious literary prizes were won by small presses, despite the inflationary pressures that have put some out of business. To discuss what's behind the rise - and fall - of small publishers, Allan is joined by Natania Jansz of Sort of Books, Valerie Brandes of Jacaranda Books, and Kevin Duffy of Bluemoose Books.

Chilean film director Pablo Larraín has switched from biopics on Jackie Kennedy and Princess Diana to create a world in which dictator General Pinochet is a vampire - he talks to Alan about his new film, El Conde.

Schools are being closed because of the discovery in their buildings of Reinforced Autoclaved Aerated Concrete (RAAC), which can crumble and cause sudden collapse. It was used from the 1950s to the 1980s, not only in schools and hospitals, but also in theatres and venues. Already, two theatres and a concert hall have had to close. Matthew Hemley of The Stage newspaper has been investigating and discusses the implications.

Presenter: Allan Little
Producer: Julian May

The Architect **05:59**
Small Publishers **14:56**

El Conde **29:50**

TUE 20:00 File on 4 (m001q6d4)
The Crooked House

The Crooked House: One summer's night the Crooked House, known as Britain's wonkiest pub, caught fire. Less than 48 hours later the ruins were knocked to the ground, completely destroying an iconic symbol of the Black Country. The pub gained its name, and worldwide fame, from its crazy angles caused by mining subsidence. But its loss is now being mourned amid calls for it to be rebuilt brick by brick. File on 4 tells the story behind the destruction of the Crooked House.

Presenter: Adrian Goldberg
Producers: Fergus Hewison, Emma Forde and Phil Marzouk
Assistant Producers: Ella Rule and Patrick Kiteley
Production Coordinators: Tim Fernley and Jordan King
Technical Producer: Kelly Young
Editor: Carl Johnston

TUE 20:40 In Touch (m001q6dk)
STEP Training with Guide Dogs

Since 2017, the charity Guide Dogs have adopted a new way of training their dogs. It's called the STEP method, standing for Standardised Training for Excellent Partnerships. The method has received a lot of criticism, with people believing it is the cause of long waiting lists for new and replacement dogs, and so we paid a visit to a training centre in Atherton, Greater Manchester, to find out more about how it works and ask why their previous method of training was scrapped.

Presenter: Peter White
Producer: Beth Hemmings
Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image, wearing a dark green jumper. Above Peter's head is the BBC logo (three individual white squares house each of the three letters). Bottom centre and overlaying the image are the words 'In Touch' and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one of a darker blue and the other is a lighter blue.

TUE 21:00 Political Animals (m0014xxc)
Sex-Switching Fish and Non-Binary Brains

Zoologist Lucy Cooke is on a mission: to break down the 'sexist stereotype' she believes has permeated our understanding of the natural world.

In Political Animals, she sets out to prove that females of the species can be just as feisty, ardent, manipulative, aggressive, strategic, varied and political as males - questioning some of the theories laid out by the 'father of evolution', Charles Darwin, and hearing from pioneering scientists moving evolutionary biology beyond a male-centric narrative.

In the final episode of the series, Lucy considers the latest research into sex, sexuality and sexed behaviour in animals, and what that can tell us about purported differences between male and female brains.

On a twilight trip into the jungle, Brian Kubicki of the Costa Rican Amphibian Research Center explains why some male frogs could arguably be nature's best dads; Lindsay Young from Pacific Rim Conservation shows Lucy round an albatross colony at Kaena Point in Hawaii, where she discovered a trend of female-female life-long partnerships; and Justin Rhodes from the University of Illinois takes us on a remote tour of his lab, where he studies the sex-changing anemone fish.

Lucy also speaks to scientists Lauren O'Connell, Malin Ah-King and Rebecca Kilner, and considers how everyone engaged in evolutionary biology, from researchers to educators, can help build a better understanding of female experiences - and indeed all experiences - in the natural world.

Featuring excerpts from 'The Descent of Man, and Selection in Relation to Sex' by Charles Darwin, read by Derek Froom.

Produced for BBC Audio in Bristol by Lucy Taylor.

TUE 21:30 The Life Scientific (m001q670)
[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m001q6dv)
China's troubled economy

China's economic strengths and weaknesses

The UK government to designate the Wagner group as a terrorist organisation

Police Scotland to pilot not investigating some crimes

TUE 22:45 The Exhibitionist by Charlotte Mendelson (m001q6f5)
Episode 2

Set in London over a weekend in 2010, this is a darkly humorous book about a bohemian middle class family with a patriarchal monster at its centre.

A lot is riding on Ray Hanrahan's art exhibition, the first for a decade. He summons his family and friends to the decaying family home to celebrate the occasion, starting with a dinner on the Friday evening. His wife, Lucia, an artist in her own right, has sidelined her own career to allow her husband's to flourish and to bring up their three children, Leah, Jess and Patrick.

Leah has not yet left home and devotedly looks after her ailing father. Her younger sister, Jess is a teacher and has flown the nest to Scotland where she lives with her boyfriend Martyr. Patrick, Lucia's son from a previous relationship, lives in a caravan at the bottom of the garden, struggling with his mental health and dreaming of becoming a chef.

As the family gathers, Lucia is consumed by thoughts of someone new and exciting in her life and wondering anxiously why her gallery manager is so persistently trying to get hold of her. Ray will not be happy if it is news of her success. Meanwhile, Jess is also harbouring a secret which means that she too will be facing some life changing decisions.

Charlotte Mendelson is an award-winning author and The Exhibitionist was long listed for the Women's Prize for Fiction 2022. Her other works include Daughters of Jerusalem, When We Were Bad and Almost English.

Written by Charlotte Mendelson
Reader: Tracy-Ann Oberman
Abridger: Sara Davies
Producer: Alexa Moore
Sound Designers: Sean Kerwin and Iain Hunter
Music: Autumn Leaves by The Bill Evans Trio

A Pier production for BBC Radio 4

TUE 23:00 Call Jonathan Pie (m001q6fh)
Episode 3: Brexit

Much to Pie's horror it has been decided that the opening show should be about Brexit. Pie has, quite frankly had it up to the back teeth with Brexit. He has a go at callers from both sides of the debate but Jules suspects something fishy and confronts Pie about his voting history. This does not go down well! Gauntlet thrown down, Pie takes to the airwaves to deliver an epic rant about Brexit that will end them all. He sincerely hopes.

Jonathan Pie Tom Walker
Jules Lucy Pearman
Sam Aqib Khan
Roger Nick Revell
Agent Daniel Abelson
Voiceovers Bob Sinfield and Rob Curling
Callers Daniel Abelson, Adam Byron, Emma Thornett and Liz White
Writer Tom Walker
Script Editor Nick Revell
Producers Alison Vernon-Smith and Julian Mayers
Production Coordinator Ellie Dobing
Original music composed by Jason Read
Additional music Leighton James House

A Yada-Yada Audio Production.

TUE 23:30 Today in Parliament (m001q6fv)
Ministers relax onshore wind rules as Tory MPs threaten to revolt. Sean Curran reports.

WEDNESDAY 06 SEPTEMBER 2023

WED 00:00 Midnight News (m001q6g8)
The latest news and weather forecast from BBC Radio 4.

WED 00:30 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q671)
[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m001q6gp)
The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m001q6h3)
World Service

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m001q6hl)
The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m001q6hy)
National and international news from BBC Radio 4

WED 05:43 Prayer for the Day (m001q6j7)
A reflection and prayer to start the day with Canon Simon Doogan

WED 05:45 Farming Today (m001q6jh)
06/09/23 Agroforestry show, keeping pigs cool, native herbs

How can trees be integrated into all types of farming? The UK's first agroforestry show is trying to find out. We hear from a Norfolk farmer working hard to keep his 72,000 free range pigs cool. As part of our week looking at UK grown herbs, today we focus on native herbs like sweet woodruff, musk mallow and rock samphire.

Presented by Anna Hill and produced by Beatrice Fenton.

WED 05:58 Tweet of the Day (b03x478r)
Woodlark

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Bill Oddie presents the woodlark. Woodlarks are closely related to skylarks, but they're much rarer in the UK, where they're mainly confined, as breeding birds, to southern England. Unlike the skylark, the male woodlark will sing from trees but his piece de resistance is the song-flight in which he flies slowly in a broad loop, often very high above his territory.

WED 06:00 Today (m001q66c)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 More or Less (m001q66q)
Covid deaths, North Sea gas and Chloe Kelly's World Cup penalty

Covid related deaths are rising in England and Wales - but what do the figures really tell us? Also the UK's GDP during the pandemic has been revised upwards. Tim Harford and team ask why and discuss what it tells us about the UK's economic performance compared to other countries. Is North Sea gas really four times cleaner than gas from abroad? It's a claim recently made by the government. And we ask whether Chloe Kelly's penalty shot at the World Cup was really faster than the Premier League's fastest goal last season.

Presenter: Tim Harford
Series Producer: Jon Bithrey
Reporters: Nathan Gower, Natasha Fernandes
Editor: Richard Vadon
Production Coordinator: Maria Ogunde

WED 09:30 Life Support (m001j48k)
Paramedics

Five episodes where two people at different stages of their careers, meet for the first time to share and contrast their experiences of working in the health service. Revealing and surprising insights emerge as the participants compare the pressures of the past with those we hear so much about today. In this episode we hear from two ambulance paramedics, Chris, who recently retired, started in the service in the 1980s, when defibrillators weren't even standard issue on board an ambulance. In the past he remembers getting to take a break between emergencies and crew members being able to take a quick nap on a night shift. There's little chance of that for Harrison who qualified much more recently. He says when he's working now, he's always on the go. He worries about the number of times he's despatched to a 999 call that turns out not to be an emergency and about being stuck in long queues of ambulances outside hospitals waiting for beds to free up. Both agree the role has significantly changed over the years and explain where the service has improved but also got worse.

Produced by Clive Hammond and Nick Holland
Editor: Clare Fordham
Sound: Graham Puddifoot

Production Coordinators Sabine Schereck and Maria Ogunde

WED 09:45 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q671)
Braised pomelo pith & catfish basking in honours

Fuchsia Dunlop reads from her new book on China's gastronomy. Today, the award winning cook & writer explores food texture & the magical ingenuity of China's culinary culture.

Fuchsia tells the story of China's gastronomic culture through a selection of classic dishes. She challenges western pre-conceptions of simplified Cantonese cooking that first took hold when Chinese labourers left their homeland and settled abroad. Instead, she reveals a sophisticated gastronomy that is finding more and more favour across the globe. From roasted meats, to the versatility of the soybean, braised pomelo pith, noodles and dim sum, Fuchsia takes us on a mouth-watering journey which explores the history, philosophy and techniques of China's diverse and ingenious food heritage.

Fuchsia was the first westerner to train as a chef at the Sichuan Higher Institute of Cuisine, and has been travelling around China, researching and cooking food for 30 years. She has written a number of best-selling books on Chinese food, several of which are now published in translation in China.

Abridged by Richard Hamilton
Produced by Elizabeth Allard

WED 10:00 Woman's Hour (m001q67g)
Listener phone in - should there be a Minister for Men? Could the role ultimately help women?

On yesterday's programme, the Conservative MP for Don Valley, Nick Fletcher, championed the idea of a Minister for Men. He says statistics show that 75% of people taking their lives are men, that the life expectancy of men is 3.7 years lower than it is for women, that 83% of rough sleepers are men and that 96% of the prison population is men.

Do you agree with Nick? Could a Minister help tackle some of the issues many young men seem to be struggling with, such as masculinity, pornography, consent and their role in society? Could a minister for men also make life better for women? And could it be a way to tackle the rise of influencers such as Andrew Tate – a self-declared misogynist?

Today Nuala McGovern talks to Michael Conroy, the founder of Men at Work, which focuses on unpicking some of the social influences on the values and beliefs of boys and young men – and how some of those influences can manifest in a range of problematic behaviours.

Hear him and have your say live on air by calling Nuala. The phone lines open at 0800 on Wednesday 6 September. Call us on 03700 100 444 or you can text the programme - the number is 84844. Texts will be charged at your standard message rate. On social media we're @BBCWomensHour. And you can email us through our website.

Presenter: Nuala McGovern
Producer Lisa Jenkinson
Studio Managers: Donald McDonald and Emma Harth

WED 11:00 Wally, the Reluctant Nuclear Hero (m001q64y)
[Repeat of broadcast at 20:00 on Monday]

WED 11:30 Alexei Sayle's Strangers on a Train (m00193sf)
Series 1

Cardiff to Portsmouth

Author, actor and comedy icon, Alexei Sayle begins his travels across the country by rail in the first of a new six part series for Radio 4.

Alexei's mission is to break the golden rule of travelling by train and actually talk to his fellow passengers in a quest for conversations that reveal their lives, hopes, dreams and destinations. There's humour, sadness and surprise as people talk about what is going on in their lives and, as Alexei passes through familiar towns and cities, he also tells stories and memories from his career and childhood.

Alexei has a lifelong "ticket to ride" in his DNA. His father was a railway guard and the Sayle family benefitted from free travel in the UK and across Europe. As a boy, Alexei and his family roamed far and wide from the family home in Anfield, Liverpool. At a time when most people thought an exciting trip by train was to Brighton or Blackpool, Alexei travelled thousands of miles to mysterious towns with unpronounceable names in far flung corners of the continent.

In each programme in the series, Alexei embarks on a rail journey, taking a chance on who he might meet and inviting them to have a conversation with him. In this first episode, he travels from Cardiff to Portsmouth. Among his many fellow travellers, he meets David who looks after tunnels for a living, Tess who speaks Russian and Ukrainian and has been trained to drive a tank, and technician Megan from the National Oceanography Centre who, while many of us might be daunted by trying to deal with a leaking washing machine, loves fixing things and takes on the maintenance of mass spectrometers as part of the centre's work on climate change.

Producers Peter Lowe and Nick Symons
A Ride production for Radio 4

WED 12:00 News Summary (m001q67v)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001q689)

Student Rental Deposits, Trainers, BT Digital Voice

One in five students has had a problem getting a deposit back after a house share at university. That figure comes from a survey of nearly 2,000 students in the UK for the online advice service, Save the Student. You and Yours has been hearing from students and their families, too, about some of the difficulties they've been having in getting their deposit money returned. Some say they've had huge amounts deducted from their deposits for things that were already damaged when they moved in. We hear from one man about his daughter's struggle to get her £520 deposit back. We also speak to Tom Allingham from Save the Student and Greg Tsuman from PropertyMark which represents letting agents.

We take a look at the UK's £3 billion market for trainers which has long been dominated by Nike. The footwear giant's position is looking a bit shakier than usual due to weakening demand and increasing competition from other emerging brands like On Running, Hoka and Salomon. Our reporter speaks to trainer enthusiasts in Manchester city centre. We also hear from Georgia Gilbert, the news and trends editor at The Sole Supplier, a trainer news site.

We follow up on more complaints to the You and Yours inbox about the big switchover to a new internet phone system. It's called Digital Voice and it's being rolled out by BT as the old copper landline network is due to be switched off at the end of 2025. We hear again from one of our listeners whose 87-year-old mother was left without a proper connection for six months after being moved to Digital Voice. We also speak to Lindsey Fussell, Ofcom's Networks and Communications Director.

Presenter: Winifred Robinson
Producer: Tara Holmes

WED 12:57 Weather (m001q688)

The latest weather forecast

WED 13:00 World at One (m001q698)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 Intrigue (m001q69p)

The Immortals - Ep 3: The Plasma Clinic

The Conboys' experiment gave a young Harvard medical school graduate a big idea. But, there is a big gap between the experiments they did with mice in the lab, and pumping young blood into human beings.

Still, he registered his company, Ambrosia Plasma, on the Food and Drug Administration clinical trials website and began an ambitious human research experiment. For \$8,000 in cash, cheque or digital transfer, anyone over the age of 35 could receive two litres of blood plasma from 16-25 year olds in their veins. The outcomes were ambitious - physical rejuvenation, weight loss, reversal of dementia, and healthy looking skin.

Does this fairy tale have a happy ending?

In this series, technology reporter and psychologist Aleks Krotoski explores the frontiers of the extreme longevity pioneers. They've made their money in Silicon Valley. And with their technology solutions - PayPal, Facebook, cryptocurrencies - they've ushered in the world that we live in today, with all its unintended consequences. Some of them now want to solve the "problem" of aging, or even death, and they are making bigger strides than we may think.

Can they? Should they?

A Pillowfort production for BBC Radio 4

New episodes released Mondays. If you're in the UK, listen to the full series of Intrigue: The Immortals first on BBC Sounds: [bbc.in/3WEQSSW](https://www.bbc.com/sounds/play/bbc-in3WEQSSW)

WED 14:00 The Archers (m001q6b0)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama on 4 (m001q6bb)

The Test Batter Can't Breathe

It's a Test Match between Australia and England. Who will win the Ashes. But the commentary is interrupted by the mysterious and troubling disappearance of one of England's most talented young batters. This young cricketer has walked out of the match and no one knows where he has gone. Or, why. As the cricketer talks to a therapist his story unfolds.

The Batter Dan Parr
The Dad Ian Conningham
The Ex Girlfriend Melissa Vaughan
The Bowler Will Kirk
The Therapist Tracy Wiles
The Test Commentator Jonathan Agnew

Written by James Fritz
Directed by Tracey Neale

Cricket has been part of this young man's life since he was six years old. Growing up in Lancashire he is talented and incredibly ambitious, always proud of the way that he handles pressure. Under the watchful eye of his dad he has risen from school to club to country and finally international level. His mum died when he was seven, so it's always been just him, his dad and cricket.

When his first England Test cap is awarded, he takes to international cricket like a duck to water. A high flyer and settled down with a girlfriend who is studying Climate Science. On tour, although older players tell him not to, he googles his own name and constantly reads and watches everything he can about cricket and then this becomes mixed in with climate fears. He begins to read tweets and articles and watch TikTok videos that inflame his worries even more and things begin to get out of control and his ability to play cricket suffers. Then finally, on the biggest stage, something snaps. With millions watching on the television around the world and without saying a word to his teammates, he drives away from the stadium into the Australian outback and ends up locking himself in a wardrobe in a motel in the middle of nowhere. Frightened and alone. As his demons start to overwhelm him, can he find the strength to open the door? As the cricketer talks to a therapist his story unfolds.

Cricket has long had a problem with poor mental health. The unique pressures of 'a team game played by individuals' have led many prominent players to experience substance abuse, anxiety, depression and at times suicide. It involves extreme scrutiny of talent, technique and mental fortitude combined with extended periods away from the comforts of home and family. The batter who is out for nought is left for days or weeks to stew on their failure: on how it has cost their team, their career prospects, their country.

Arguably there has never been a harder time to be a professional athlete. The constant scrutiny of social media means that there is no escape from the public glare for young sports men and women. But this is only reflective of the wider crisis in young men's mental health in our society. Suicide is the biggest killer of men under 45. Generations of young men are growing up unable to ask for help, trapped in cycles of anxiety and depression, feeling their own pressure to 'perform' in a variety of different ways.

The Test Batter Can't Breathe is heart-breaking and occasionally terrifying, but hopeful and educational. An honest, unflinching portrayal of a mind under extreme stress that might make those suffering from performance-related anxiety and depression feel a little less alone.

The Writer:

James Fritz is a multi-award-winning writer from South London, whose plays for BBC Radio include Comment Is Free, Death of A Cosmonaut, Eight Point Nine Nine and Dear Harry Kane. His awards for audio drama include the Imison and Tinniswood BBC Audio Drama Awards – the first time a writer has won both in the same year – and the ARIA award for Best Fictional Storytelling in 2021. He has also been nominated on multiple occasions for Best Single Drama at both the BBC Radio Awards and the BBC Audio Drama Awards. Dear Harry Kane won Best Drama in this year's ARIA Awards.

For theatre his plays include Four Minutes Twelve Seconds, Parliament Square and Ross & Rachel. He has won a Bruntwood Prize for Playwriting, The Critics' Circle Theatre Award for Most Promising Playwright and has been nominated for an Olivier Award.

Producer and Director: Tracey Neale

Technical Production: Alison Craig and Peter Ringrose

Production Co-Ordinator: Hannah O'Reilly

WED 15:00 Money Box (m001q6bn)

Money Box Live: How to Handle Debt

15 million adults in the UK feel financially insecure as a result of the rising cost of living. And almost 1 in 10 say they have debt they don't know how they will repay – that's according to the charity Christians Against Poverty.

Felicity Hannah and a panel of experts answer your questions on everything debt related - from the cost of childcare, bankruptcy and support if you have been the victim of financial abuse.

Featuring, Alice Haine, Personal Finance Analyst at Bidvest and Richard Lane from the debt charity StepChange.

Presenter: Felicity Hannah
Producer: Sarah Rogers
Researcher: Luke Smithurst
Editor: Jess Quayle

(First broadcast 3pm, Wednesday 6th September, 2023)

WED 15:30 Political Animals (m0014xxc)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Thinking Allowed (m001q6c0)

Boxing and Kickboxing

BOXING AND KICKBOXING: Can they transform lives? Boxing has long been cited as a potential cure for a range of social ills, including criminal justice failures, poor mental health and childhood trauma, yet little research has been carried out into how and why such claims exist. Laurie Taylor talks to Deborah Jump, Reader in Criminology at the Manchester Metropolitan University, about the potential of boxing as a mechanism for change among vulnerable groups.

Also, Amit Singh, Leverhulme Early Career Fellow in the Sociology Department at the University of Manchester discusses his study of a kickboxing gym in East London where people struggle to gain an identity as a 'fighter', one that transcends race, class, sexuality and gender.

Producer: Jayne Egerton

WED 16:30 The Media Show (m001q6cf)

A rulebook for the web

The EU Digital Services Act, which aims to tackle disinformation and misuse of user data, offers a blueprint for internet regulation around the world, but will it work? Plus we hear results of a new survey from entertainment union Bectu about the plight of UK freelancers during the Hollywood writers' strike.

Guests: Jen Baker, European tech and policy journalist; Adam Satariano, Technology Correspondent, New York Times; Chris Stokel-Walker, tech journalist; Nick Seeber, Global Lead Partner for Internet Regulation, Deloitte; Jackie Sweeny, independent hair and makeup artist; Spencer MacDonald, National Secretary, Bectu.

Presenter: Ros Atkins
Producer: Simon Richardson

WED 17:00 PM (m001q6cs)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m001q6d5)

The team at the Weizmann Institute say the synthetic model looks like a textbook example of a real 14-day old embryo.

WED 18:30 Lucy Porter's Lucky Dip (m001k0wv)

Radio 4 favourite Lucy Porter is back with an examination of middle aged, suburban life. Aply assisted by her young apprentice Luke Kempner, Lucy tackles bank holiday bin collection schedules, video doorbell footage, and being a member of the 'sandwich generation'.

Apparently, human happiness peaks at 18, dips to its lowest point between the ages of 49 and 54, then picks up again - by the age of about 65 you're as happy again as you were at 18. So this show will be a comfort to those in the dip, a warning to younger listeners, and will make the older generation feel

incredibly smug.

Caravanning, lower back pain and the irresistible allure of Ken Bruce are all covered in this delightful celebration of midlife madness. This show is for you if you own at least one item of clothing that you bought in a garden centre, or if you get as much pleasure from an episode of *The Repair Shop* as you once did from a night of passion. Feel free to download it as something to listen to in the middle of the night when the hot flushes or prostate issues are keeping you up anyway.

Cast:

Lucy Porter
Luke Kempner

Created and written by Lucy Porter
With additional material by Gabby Hutchinson Crouch and Mike Shephard

Recorded and edited by Jerry Peal
Production Manager: Sarah Tombling
Production Runner: Rebecca Webb
Produced and directed by Gordon Kennedy
Recorded live at Pinner Village Hall

An Absolutely production for BBC Radio 4

WED 19:00 *The Archers* (m001q6df)

Mia and Brad meet on a corridor in college. They share a brief kiss and pledge to coordinate some free time together. George calls Brad and accuses him of avoiding George. He asks him to the pub on Friday. Brad agrees, but later Mia asks to see him on Friday too. It's the only night they're both free. Brad says he'll cancel George. He broaches this with George, who accuses him of ditching their arrangement for Mia. Everyone's giving him a hard time, and he needs a mate at the moment. Since the video he made of Helen, he's trying to be more respectful. He knows he went too far. So is Brad still going to say no to one night at the pub with him?

Chelsea reckons she'd be happy down the pub with family and a few mates for her birthday. She wonders if she's got boring. Tracy assures her she hasn't. Chelsea declares she'd like to start driving again. Susan calls round and spots a book of hers propping up the kitchen table. It must have got into the car boot stuff by mistake. It's Lark Rise to Candleford and she'd like it back. Tracy says she can't have it until Jazzer's fixed the table leg, but Susan insists it's precious to her. They get into a sisterly row. Later with the table fixed, Chelsea's engrossed in the book. Tracy suggests she might read something easier, but Chelsea wants a challenge. Tracy suggests they both read it – then they'd meet the challenge together.

WED 19:15 *Front Row* (m001q6fz)

Sir Ken Dodd exhibition; RIBA Stirling Prize for architecture shortlist; *A Life on the Farm* documentary

Curator Karen O'Rourke, and the actor and writer Arthur Bostrom discuss Sir Ken Dodd - the man behind the tickling stick, the Diddymen, and the new exhibition. Happiness! at the Museum of Liverpool.

The Stirling Prize shortlist, the UK's most prestigious architecture prize, was announced today. Architecture critic Oliver Wainwright and Catherine Croft, Director of the Twentieth Century Society, discuss what this year's shortlist reveals about the state of architecture in Great Britain.

When his grandfather died in rural Somerset, filmmaker Oscar Harding inherited a bizarre home movie video made by a neighbour, Charles Carson. Harding was intrigued and inspired by it and talks to Nick about his new debut documentary, *A Life on The Farm*, which reflects on Carson's life and work.

Presenter: Nick Ahad
Producer: Ekene Akalawu

Happiness: 1:28
Stirling Prize: 16:32
A Life on the Farm: 31:54

WED 20:00 *AntiSocial* (m001q10w)

Jewish actors for Jewish roles?

The debate about whether Jewish characters should always be played Jewish actors.

The actor Bradley Cooper is playing Leonard Bernstein, the conductor and composer of many works, including *West Side Story*. Bradley Cooper, who isn't Jewish, wears a prosthetic nose as part of his portrayal. The Bernstein family were consulted on the film and say they're 'perfectly fine' with it. But it's prompted a debate about whether non-Jewish actors should play Jewish roles. Is it always problematic for an actor to wear a fake nose due to the history of negative caricatures? Should casting be based simply on someone's acting ability?

Guests:

Rebecca Wilson, actor
Josh Kaplan, Head of digital at the Jewish Chronicle
Bryan Cheyette, Professor of English Literature at Reading University
Danny Stone, CEO, AntiSemitism Policy Trust

WED 20:45 *Just One Thing* - with Michael Mosley (m001j42f)

Clean Your Teeth

Taking good care of your teeth can prevent tooth decay and boost your oral health - but, surprisingly, the benefits extend well beyond your mouth. Keeping your teeth and gums clean can help your heart and your brain, reducing the risk of diseases from diabetes to dementia. To find out why, Michael Mosley speaks to Dr. Sim Singhrao from the University of Central Lancashire School of Dentistry. She reveals bacteria in your mouth can travel from your gums into your blood causing problems in other organs, including your brain. Meanwhile, our volunteer Lowry has a go at brushing and using interdental brushes every day to see if it's something she'd like to fit into her lifestyle.

WED 21:00 *When It Hits The Fan* (m001q6gk)

Crumbling concrete, Harry returns and the Spanish FA

David Yelland and Simon Lewis lift the bonnet on the world of crisis managers and spin doctors as they watch the week's biggest PR disasters unfold.

In each episode, David and Simon go behind the scenes of the latest news stories and find out how, where and when it all began to hit the fan.

When It Hits The Fan is hosted by two of the most influential and experienced people in the game. David Yelland is the former editor of *The Sun* and alongside him is Simon Lewis, who was head of communications for the late Queen and Prime Minister Gordon Brown, as well as for major corporations like NatWest, Vodafone and British Gas. Together they bring decades of experience in both creating and managing crises. They'll share all they know about what's keeping those big stories in and out of the news.

In this episode, they discuss what's going on at the government in the wake of the crumbling concrete crisis. Spanish football - what do you do when the boss just won't step down? And as Harry arrives in the UK for a fleeting visit on his way to the Invictus Games in Germany, they ask how long it will be before things hit the fan again.

Producer: Eve Streeter
Editor: Sarah Teasdale
Executive Producer: William Miller
Researcher: Sophie Smith
Music by Eclectic Sounds
A Raconteur production for BBC Radio 4

WED 21:30 *The Media Show* (m001q6cf)

[Repeat of broadcast at 16:30 today]

WED 22:00 *The World Tonight* (m001q6hb)

UK set to re-join EU's Horizon science scheme

The Prime Minister is set to announce that Britain will re-join the EU's flagship science research scheme, Horizon. We get reaction from Britain's leading scientists.

Also on the programme:

A nationwide manhunt is on for a terror suspect who's escaped from MP Wandsworth. We get reaction from a former head of the UK's Counter Terrorism Security Office.

And Margaret Betts - one of the last surviving female codebreakers of Bletchley Park - has died. Her son pays tribute to his mother.

WED 22:45 *The Exhibitionist* by Charlotte Mendelson (m001q6hm)

Episode 3

Set in London over a weekend in 2010, this is a darkly humorous book about a bohemian middle class family with a patriarchal monster at its centre.

A lot is riding on Ray Hanrahan's art exhibition, the first for a decade. He summons his family and friends to the decaying family home to celebrate the occasion, starting with a dinner on the Friday evening. His wife, Lucia, an artist in her own right, has sidelined her own career to allow her husband's to flourish and to bring up their three children, Leah, Jess and Patrick.

Leah has not yet left home and devotedly looks after her ailing

father. Her younger sister, Jess is a teacher and has flown the nest to Scotland where she lives with her boyfriend Martyn. Patrick, Lucia's son from a previous relationship, lives in a caravan at the bottom of the garden, struggling with his mental health and dreaming of becoming a chef.

As the family gathers, Lucia is consumed by thoughts of someone new and exciting in her life and wondering anxiously why her gallery manager is so persistently trying to get hold of her. Ray will not be happy if it is news of her success. Meanwhile, Jess is also harbouring a secret which means that she too will be facing some life changing decisions.

Charlotte Mendelson is an award-winning author and *The Exhibitionist* was long listed for the Women's Prize for Fiction 2022. Her other works include *Daughters of Jerusalem*, *When We Were Bad* and *Almost English*.

Written by Charlotte Mendelson
Reader: Tracy-Ann Oberman
Abridger: Sara Davies
Producer: Alexa Moore
Sound Designers: Sean Kerwin and Iain Hunter
Music: Autumn Leaves by The Bill Evans Trio

A Pier production for BBC Radio 4

WED 23:00 *Influencers* (m001q6hz)

Series 1

Episode 2

Katy Brand and Katherine Parkinson write and star in a new comedy about the world of influencing, where they play Ruth and Carla – two wannabe stars of the online business world.

They are bound together by a carefully controlled image that can lead to lucrative product placements and well-paid endorsements - but only if the PR is played just right. And that's a problem because, behind the scenes, things are not always as harmonious as they seem.

Episode 2: Radianc
Ruth and Carla are dealing with a Gwyneth-inspired wellness disaster involving gaffer tape, and trying to launch a new range of 'merch'.

Carla – Katy Brand
Ruth – Katherine Parkinson

Written by Katy Brand and Katherine Parkinson
Producer: Liz Anstee

A CPL production for BBC Radio 4

WED 23:15 *Sarah Keyworth - Are You a Boy or a Girl?* (m001q6j8)

Series 2

4: 'What if you knew me?'

In this final episode, Sarah tells us about some of the moments in their life when they've experienced gender euphoria, it's the opposite of dysphoria and it describes a feeling that absolutely everyone can experience. It's those moments when you feel joy due to living in the gender you know yourself to be. Sarah looks back on some of these moments, including the time they got a haircut from a family friend that stopped them from looking like a classic five-year-old girl with a blonde Lord Farquard bob.

Award-winning comedian Sarah Keyworth returns with their Radio 4 series *Are You a Boy or a Girl?*. Since the first series aired in 2020, the debate around gender has exploded and taken on a life of its own, all culminating with one question 'should I be allowed to decide who I am?'. Sarah has recently come out as non-binary (a subtle soft-launch in the *Guardian* newspaper) and is ready to share some more of their own brand of mx-information. That's gender non-conforming information, the cool non-binary cousin of misinformation.

Written by and starring Sarah Keyworth with additional material from Ruby Clyde.

Producer: Georgia Keating
Executive Producer: James Robinson
Production Co-ordinator: Becky Carewe-Jeffries
Sound Engineer: Paul Brodgen
Editor: Joshan Chana
Photo credit: Matt Crockett

A BBC Studios Production for Radio 4

WED 23:30 *Today in Parliament* (m001q6jk)

Susan Hulme with the day's news from Westminster, including the highlights from Prime Minister's Questions.

THURSDAY 07 SEPTEMBER 2023**THU 00:00 Midnight News (m001q6js)**

The latest news and weather forecast from BBC Radio 4.

THU 00:30 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q671)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001q6k0)

The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m001q6k7)

World Service

BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m001q6kd)

The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m001q6kl)

National and international news from BBC Radio 4

THU 05:43 Prayer for the Day (m001q6kt)

A reflection and prayer to start the day with Canon Simon Doogan

THU 05:45 Farming Today (m001q6kz)

07/09/23 Scientific research in agriculture, blanket peat bog, herbs grown in glasshouses

How science is shaping British and global farming for the future.

Assessors for Unesco have been visiting peatlands in the Flow Country in Scotland to see if it qualifies for World Heritage Status.

All this week we're looking at herbs and how they're grown in the UK. Today we're heading inside a huge glasshouse.

Presented by Caz Graham and produced by Beatrice Fenton.

THU 05:58 Tweet of the Day (b08tfsq2)

Tristan Gooley on the Wood Pigeon

Tristan Gooley describes how for him the wood pigeon is a special bird for Tweet of the Day

Producer Miles Warde.

THU 06:00 Today (m001q67k)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 The Patch (m001q680)

Broadstone, Poole

One random postcode and a story you probably haven't heard before. Today's random postcode takes us to Broadstone, an affluent suburb of Poole. In one of those surveys you see in the papers it was listed as the third best postcode in the country a few years ago. But when producer Polly arrives, 13 cars were recently set alight over one night, leaving consequences for one family far beyond just a burnt out car.

Produced/presented by Polly Weston
Mixed by Ilse Lademann
Editor: Chris Ledgard

THU 09:30 Inside Pages (m001h3z3)

Tavistock

Journalist Ian Wylie journeys to some of the hidden corners of Britain to view small towns through the lens of the people who don't ignore them - their local reporters. Some of the towns are struggling, others are thriving. The one thing they have in common is they're pretty much invisible in the eyes of the national media, even though they are home to tens of thousands of people. They don't have football teams. They're not pretty resorts that attract tourists. They can't even claim to be a contested marginal seat that will determine the outcome of a general election. Our guides are the passionate people who remain committed to telling the stories of what's happening in their small towns. Through their newspapers, websites and social media posts they refuse to turn the page on local news reporting - often at some personal cost.

Ian's last visit is to Tavistock in Devon, a thriving town with a

strong community spirit but few opportunities for younger people.

Produced and presented by Ian Wylie
Executive producer: Ian Bent
Sound designer: John Scott
A Sparklab production for BBC Radio 4

THU 09:45 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q68g)

Knife scraped noodles and dim sum

Fuchsia Dunlop reads from her new book on China's culinary culture and takes us into the realms of noodle making and dim sum where an astonishing array of tasty delights awaits.

The award-winning cook and writer Fuchsia Dunlop tells the story of China's gastronomic culture through a selection of classic dishes. She challenges western pre-conceptions of simplified Cantonese cooking that first took hold when Chinese labourers left their homeland and settled abroad. Instead, she reveals a sophisticated gastronomy that is finding more and more favour across the globe. From roasted meats, to the versatility of the soybean, braised pomelo pith, noodles and dim sum. Fuchsia Dunlop takes us on a mouth-watering journey which explores the history, philosophy and techniques of China's diverse and ingenious food heritage.

Fuchsia Dunlop was the first Westerner to train as a chef at the Sichuan Higher Institute of Cuisine, and has been travelling around China, researching and cooking food for 30 years. She has written a number of best-selling books on Chinese food, several of which are now published in translation in China.

Abridged by Richard Hamilton
Produced by Elizabeth Allard

THU 10:00 Woman's Hour (m001q68z)

Primodos debate, Rebuilding my life: Wiz Wharton, Cricket umpire pay

Today MPs from all parties are holding a debate on a controversial pregnancy testing drug used widely in the 1960s and 1970s. It's expected that MPs from all parties will speak, including former Prime Minister Theresa May. In May, the High Court rejected a claim for compensation saying it could not proceed because there was no new evidence linking the tests with foetal harm. Marie Lyon, Chairwoman of the Association for Children Damaged by Hormone Pregnancy Tests and Hannah Bardell MP, Vice Chair of the All Party Parliamentary Group On Hormone Pregnancy Testing, join Nuala McGovern.

In the last in our series Rebuilding My Life, Nuala speaks to Wiz Wharton, author of Ghost Girl, Banana. Wiz was sectioned under the Mental Health Act 24 years ago, which led to a diagnosis of bipolar. She was forced to confront her demons and work out what needed to change, including owning her identity as a British-Chinese woman and learning how to stand up to the racism she had experienced all her life.

Exclusive reporting from The Guardian this week shows that cricket umpires were paid three times more to officiate the men's Hundred this summer than the women's. It comes just days after the England and Wales Cricket Board announced that the women's teams will get the same match fees as the men's. Nuala speaks to journalist Raf Nicholson.

One of the last surviving Bletchley Park codebreakers has died aged 99. Margaret Betts was just 19 when she was headhunted to work on the project. Nuala speaks to Tessa Dunlop, author of The Bletchley Girls, to find out a bit more about her.

Dame Shirley Bassey will become the first female solo artist in British history to be honoured with a stamp series. Welsh music journalist Jude Rogers joins Nuala.

THU 11:00 Crossing Continents (m001q69h)

Surviving Greece's migrant boat disaster

In the early hours of 14th June, a heavily overcrowded, rusty fishing trawler carrying as many as 750 migrants capsized off the coast of Greece. The passengers - men, women and children from countries including Pakistan, Egypt and Syria - were fleeing conflict and poverty, hoping to start safer and more prosperous lives in Europe.

After its engine broke down, the boat drifted for several hours while desperate passengers made distress calls and waited for rescue. Only 104 people survived the sinking. More than 600 may have drowned, making this one of the deadliest disasters in Europe's ongoing migration crisis.

For Crossing Continents, Nick Beake travels to Greece to meet survivors of the sinking, who are now living in a refugee camp outside Athens. He hears how they endured a four-day voyage, during which several passengers died due to a lack of food,

water and ventilation on board. Brutal smugglers forced them to board the dangerous boat, and confiscated water bottles and life jackets to make room for extra passengers.

Many of the survivors have accused the Greek coastguard of causing the sinking by attempting to tow the heavily overloaded vessel. Greek authorities have denied these claims. Nick meets a Greek activist who volunteers for an emergency hotline that received distress calls from passengers on the ship. She explains that the June 14th disaster is not the first time the Greek coastguard has come under scrutiny, and it has previously been accused of using aggressive and illegal tactics to deter migration.

Presented by Nick Beake
Producer: Viv Jones
Studio mix: Graham Puddifoot
Series Editor: Penny Murphy

THU 11:30 Great Lives (m001q69s)

[Repeat of broadcast at 16:30 on Tuesday]

THU 12:00 News Summary (m001q6b3)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001q6bf)

Gap Finders: Sandrine Zhang Ferron from Vinterior.

Our Gap Finders interview today is with Sandrine Zhang Ferron, the founder of Vinterior, the online marketplace for antique, vintage and pre-loved furniture.

Sandrine, who has a passion for antiques and unique homeware, founded Vinterior when she was hunting for antique furniture for her home. Sandrine worked in finance but thought a platform where dealers could list their products online and be easily searchable for antique hunters would be a real niche in the market.

Sandrine quit her job to start Vinterior, and built the website from scratch, persuading antique dealers to list their items on there.

We speak to Sandrine about how she built her business and about the second hand, antique and vintage furniture market; as well as how consumers passion for sustainability has led them to websites like Vinterior instead of buying new furniture.

PRESENTER: WINIFRED ROBINSON
PRODUCER: LYDIA THOMAS

THU 12:32 All Consuming (m001q6bs)

Denim

Around 70 million pairs of denim jeans are sold every year in the UK. They come in a dizzying array of shapes and styles, but the essentials haven't changed since they were first conceived in the Californian gold rush 150 years ago.

Charlotte Stavrou and Amit Katwala continue their exploration of our culture of consumption by unpicking our abiding love affair with denim.

Mohsin Sajid, denim designer and lecturer at some of the UK's top fashion colleges, takes us through the history of denim which originated as tough workwear, to its golden age of 1950s American youth culture.

Meanwhile, Bryan Szabo who runs an annual raw denim fade competition - the Indigo Invitational - explains how denim allows wearers to leave an imprint on their clothes and tell a unique story.

Sir John Hegarty discusses his agency's relaunch of Levi's 501 jeans in the 1980s when an irresistible combination of visual and music references made this item so desirable it became a symbol of rebellion in the Cold War. We hear from Nicolai Khalezin of the Belarus Free Theatre about how denim was used in Belarus to bolster a protest movement.

Produced by: Ruth Abrahams and Emily Uchida Finch
A Whistledown production for BBC Radio 4

THU 12:57 Weather (m001q6c5)

The latest weather forecast

THU 13:00 World at One (m001q6cl)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

THU 13:45 Intrigue (m001q6d0)

The Immortals - Ep 4: The Hype Cycle

Jesse Karmazin's Ambrosia Plasma clinic promised the fountain of youth, two litres of young plasma at a time.

For a fee, anyone could go to his treatment centre in the redwood forest outside Silicon Valley and receive an infusion. The results - according to Karmazin - were remarkable. Silicon Valley billionaires were rumoured to be queuing up for their young blood.

The problem was, the scientists whose work in mice he claimed to be bringing to the people disagreed with what he was doing, and he never backed up his claims with data. A journalist stepped in to investigate, and what she found was Silicon Valley hype without any substance.

In this series, technology reporter and psychologist Aleks Krotoski explores the frontiers of the extreme longevity pioneers. They've made their money in Silicon Valley. And with their technology solutions - PayPal, Facebook, cryptocurrencies - they've ushered in the world that we live in today, with all its unintended consequences. Some of them now want to solve the "problem" of aging, or even death, and they are making bigger strides than we may think.

Can they? Should they?

A Pillowfort production for BBC Radio 4

New episodes released Mondays. If you're in the UK, listen to the full series of *Intrigue: The Immortals* first on BBC Sounds: bbc.in/3WEQS5W

THU 14:00 The Archers (m001q6df)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (m001q6dt)

Janey Takes Off

Janey Takes Off is a rom com by new writer Leanne Allen, packed with holiday adventures. It's her second drama for Radio 4, full of her trademark comic touches and sharp observation of life as a wheelchair user.

Janey and Matthew are about to go on their first weekend abroad in Spain, along with carer, Kayleigh and her anxious boyfriend Daniel. Matthew hopes it will prove to Janey that he is able and ready to move in with her. Janey is not convinced and wants Matthew to appreciate the sheer amount of effort that goes into sharing a space with her, hoists, wheelchair, toothbrushes and all!

As Janey feared, the holiday presents all manner of access adventures and chaos from getting off the plane, to malfunctioning hoists and an unexpected visit to the hospital. And while Kayleigh and Daniel are sickeningly in love, will Janey and Matthew's relationship survive, dive or thrive during their weekend in Alicante?

A transcript of the drama will be available on the BBC website, increasing accessibility.

The Writer:

Leanne Allen is a talented new writer, from Solihull, and a wheelchair user. She wrote the well received *Jazz and Dice* for Radio 4 in 2021. She has worked with Naked Productions on several community radio drama projects, and an innovative new version of *Middlemarch* for Radio 3 in 2022.

Cast:

Janey.....Steph Lacey
 Kayleigh.....Mandip Gill
 Matthew.....John Askew
 Daniel.....Darren Kuppen
 Air Steward/Woman.....Mina Anwar

Director.....Hannah Quigley
 Producer.....Polly Thomas
 Sound Designer.....Louis Blatherwick
 Illustration.....Julian Gray
 Production Manager.....Darren Spruce
 Executive Producer.....Eloise Whitmore

A Naked production for BBC Radio 4

THU 15:00 Open Country (m001q6f2)

Fieldnotes from Eternity

Paul Evans explores the rich folklore and natural history of St Melangell church near Llangynog in Powys for a new piece of

nature writing. Paul is one of our finest nature writers and in this episode of *Open Country* he talks us through his creative process, which he describes as "a kind of imaginative hunter-gathering". Inspired by the ancient yew trees that grow in the churchyard, he listens to their stories, such as the science behind their great age and the legend of Saint Melangell, a nun who fled here from Ireland to avoid an arranged marriage. She protected a hare which was being chased by hounds from a royal hunting party, and was gifted the surrounding Pennant valley by the Prince of Powys who was impressed by her bravery. Here she founded a religious community and became known as the patron saint of hares. Immortal yews, magical hares and the mystic Melangell, there is so much rich material for Paul's next piece of writing, a short essay which he reads at the end of the programme.

Interviewees: Reverend Christine Browne, Priest Guardian of St. Melangell's Church; Professor Jane Cartwright of the University of Wales Trinity St David; Dr. Emma Gilmartin of the Woodland Trust; Lottie Glover of Montgomeryshire Wildlife Trust.

Produced by Karen Gregor

THU 15:27 Radio 4 Appeal (m001q64d)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Bookclub (m001q68l)

[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 Taste (m001mt42)

Episode 1: The Self

'Taste' is a highly individual cultural attribute, an indicator of personality and refinement. For Zakia Sewell, a DJ and broadcaster, it's most viscerally - and most precisely - expressed through music, revealing so much about each of us and about the world we've built around ourselves.

She starts her deconstruction of what we mean by 'taste' by comparing notes with her friend Flo Dill, with whom Zakia co-hosts the NTS Breakfast Show, to talk about niche audiences and musical 'cheese'.

She then visits two temples of musical connoisseurship. At Wigmore Hall, possibly the world's finest chamber music venue, she meets John Gilhooly who sometimes has to put his own preferences to one side in programming concerts. At Honest Jon's, the famous Portobello Road record shop where she used to work, Zakia interrogates the musical predilections of her old boss, Alan Scholefield.

Presented by Zakia Sewell

Produced by Alan Hall

A Falling Tree production for BBC Radio 4

(Image credit: Buster Grey Jung)

THU 16:30 BBC Inside Science (m001q6fd)

What's the cost of invasive species?

Humans have introduced more than 37,000 alien species to places they do not naturally occur. A report launched this week by the Intergovernmental Platform on Biodiversity and Ecosystem Services revealed the shocking extent of the damage. Gaia Vince speaks to one of the report's chairs, Helen Roy.

Also this week, the UK has now rejoined Horizon Europe, the EU's £85bn flagship research funding programme. Gaia caught up with the Royal Society's vice-president Linda Partridge to find out what this means.

Early this week, the Indian space agency, ISRO, launched its solar mission to study space weather. But in addition, its lunar mission, Chandrayaan-3, also powered down. Gaia speaks to Mahesh Anand, a planetary scientist at the Open University, to find out more about India's space ambitions.

Meanwhile, here on Earth, many of us have been sweltering in heatwave conditions and communicating weather dangers have become a key focus for forecasters. Helen Roberts, the Met Office's first ever sociometeorologist, explores how cognitive biases affect our responses to warnings.

Presenter: Gaia Vince

Producers: Hannah Robins, Laura Northedge, Alice Lipscombe-Southwell

Research: Patrick Hughes

Editor: Martin Smith

THU 17:00 PM (m001q6fq)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O'Clock News (m001q6g3)

Daniel Khalife absconded from HMP Wandsworth in London yesterday

THU 18:30 My Teenage Diary (m001q6gj)

Series 11

2: Michaela Strachan

My Teenage Diary returns, with Rufus Hound meeting six more celebrities who will read from the diaries they kept during their formative years.

Michaela Strachan's diary takes us back to the 1980s, when she's starting out as a young TV presenter. She has a break up, several car breakdowns, gets a dog and finds a new job on cult music show *The Hitman* and *Her*.

Host: Rufus Hound

Guest: Michaela Strachan

Sound Production and Design: Jerry Peal

Producer: Harriet Jaime

A Talkback production for BBC Radio 4

THU 19:00 The Archers (m001q6h0)

Pat faces an uphill struggle, and there's sad news at Brookfield.

THU 19:15 Front Row (m001q6hg)

Lise Davidsen, film *Past Lives* and *Black Atlantic: power, people, resistance* exhibition

Presenter Samira Ahmed is joined by the broadcaster and Chair of Judges Reeta Chakrabarti to announce the shortlist of the 2023 BBC National Short Story Awards with Cambridge University. *Front Row* will interview each of the shortlisted authors in the coming weeks, ahead of hosting the award ceremony live from the BBC Radio Theatre on 26th September.

Norwegian soprano Lise Davidsen has been described as possessing "a once-in-a-generation-voice." Samira spoke to her between performances as Elizabeth of Valois in Verdi's *Don Carlo* at the Royal Opera House, looking ahead to her starring role in the *Last Night of the Proms* at the Royal Albert Hall and the BBC on Saturday.

Our reviewers Alayo Akinkugbe, art historian and founder of the Instagram platform *A Black History of Art*, and Amon Warmann, Contributing Editor of *Empire* magazine and co-host of the *Fade To Black* podcast review the exhibition "Black Atlantic: Power, People, Resistance" at the Fitzwilliam Museum in Cambridge, which asks questions about Cambridge's role in the trade of enslaved people and how related objects and artworks have influenced our history and perspectives.

We also review "Past Lives" from South Korean director Celine Song, about two childhood friends, Nora and Hae Sung, who are separated when Nora's family emigrates from South Korea. Two decades later, with Nora married to an American, they are reunited in New York for a week as they consider what might have been and perhaps still could be.

Presenter: Samira Ahmed

Producer: Corinna Jones

NSSA Shortlist **00:57**

Fitzwilliam Museum review **03:57**

Naomi Wood **13:25**

Past Lives review **21:14**

Lise Davidsen **30:02**

THU 20:00 The Briefing Room (m001q6hs)

No concrete plans?

Some school buildings in England have been forced to close or do urgent repairs because they're built with a potentially crumbling material, reinforced autoclave aerated concrete, known as RAAC. Lightweight and cheap, RAAC was widely used during the post-war building boom of the 1950s, 60s and 70s. But it has a limited shelf-life, which experts have been aware of for the last 30 years. And poor maintenance of buildings has added to the risks of sudden and catastrophic collapse.

But are schools just the tip of the iceberg? David Aaronovitch asks how widespread is the risk - and what structural solutions are available for schools, hospitals and other buildings that contain RAAC?

David Aaronovitch talks to:

Prof Phil Purnell, Professor of Materials and Structures, University of Leeds;

Laura McInerney, education journalist, public speaker and co-founder of *Teacher Tapp*;

Adrian Tagg, Associate Professor in Building Surveying at

Reading University and a current practising chartered buildings surveyor;
Sergio Cavalaro, Professor of Infrastructure Systems at the School of Architecture, Building and Civil Engineering, Loughborough University.

Production: Ben Carter, Kirsteen Knight, Sally Abrahams
Production Co-ordinator: Sophie Hill and Debbie Richford
Sound: Graham Puddifoot
Editor: Richard Vadon

(Correction: In this programme we said that 100 schools in the UK had closed due to issues with RAAC. This is incorrect. Although RAAC has been identified in more than 100 schools, most of them have remained open)

THU 20:30 Blood on the Dance Floor (p0fhr02c)
5. Ripples

The untold story of the murder of a gay police officer in Northern Ireland in 1997

Belfast 1997. But not just any part of Belfast, gay Belfast. A place you've probably never heard of before. Cigarette smoke, aftershave and expectation fill the air in the only openly gay bar in the country. Sat having a drink on a night out is Darren Bradshaw. He was just 24 years old when he was shot dead in front of hundreds of people. His brutal murder by terrorists sparked fears of a return to all out violence as the new Labour government under Tony Blair sought to bring peace to Northern Ireland - on the road to the Good Friday Agreement.

This is the untold story of his life and murder. A story of both love and eventually betrayal.

Presenter Jordan Dunbar grew up in the city, he was a comedian and drag performer on the Belfast scene and yet this murder and Darren's life was never talked about. As a child of the ceasefire, his knowledge of LGBT life in Northern Ireland all came after the Good Friday Agreement. His history was based on the Loyalist and Republican - the Orange or Green versions and the rainbow had never come up.

Following Darren's story brings to life the struggle of being gay in The Troubles, how Belfast got its first Pride parade only in 1991 and its very first gay club in 1994 -The Parliament - where Darren was tragically shot dead.

It's a community surviving as well as thriving against a backdrop of violence and discrimination. He meets the original drag queens, DJs and club pioneers determined to claim back the city centre from the terrorists and create a safe place of their own.

Determined to piece together for the first time how Darren was killed that night and why, Jordan uncovers stories of bigotry, bravery and betrayal.

Reporter: Jordan Dunbar
Series Producer: Paul Grant
Technical Producer: Craig Boardman
Assistant Commissioner: Lorraine Okuefuna
Commissioning Editors: Richard Maddock and Dylan Haskins
Editor and Executive Producer: Carl Johnston

THU 21:00 BBC Inside Science (m001q6fd)
[Repeat of broadcast at 16:30 today]

THU 21:30 The Patch (m001q680)
[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m001q6j2)
How the Legacy Bill is uniting all sides in Northern Ireland

Also in the programme; an Italian scientist tells us how the suspension of Horizon in the UK helped persuade him to move to Spain; and the Ezra Collective win the Mercury Prize.

THU 22:45 The Exhibitionist by Charlotte Mendelson (m001q6jd)
Episode 4

Set in London over a weekend in 2010, this is a darkly humorous book about a bohemian middle class family with a patriarchal monster at its centre.

A lot is riding on Ray Hanrahan's art exhibition, the first for a decade. He summons his family and friends to the decaying family home to celebrate the occasion, starting with a dinner on the Friday evening. His wife, Lucia, an artist in her own right, has sidelined her own career to allow her husband's to flourish and to bring up their three children, Leah, Jess and Patrick.

Leah has not yet left home and devotedly looks after her ailing

father. Her younger sister, Jess is a teacher and has flown the nest to Scotland where she lives with her boyfriend Martyn. Patrick, Lucia's son from a previous relationship, lives in a caravan at the bottom of the garden, struggling with his mental health and dreaming of becoming a chef.

As the family gathers, Lucia is consumed by thoughts of someone new and exciting in her life and wondering anxiously why her gallery manager is so persistently trying to get hold of her. Ray will not be happy if it is news of her success. Meanwhile, Jess is also harbouring a secret which means that she too will be facing some life changing decisions.

Charlotte Mendelson is an award-winning author and The Exhibitionist was long listed for the Women's Prize for Fiction 2022. Her other works include Daughters of Jerusalem, When We Were Bad and Almost English.

Written by Charlotte Mendelson
Reader: Tracy-Ann Oberman
Abridger: Sara Davies
Producer: Alexa Moore
Sound Designers: Sean Kerwin and Iain Hunter
Music: Autumn Leaves by The Bill Evans Trio

A Pier production for BBC Radio 4

THU 23:00 Tim Key's Late Night Poetry Programme (m000gbgq)
Accountancy

By Tim Key

In the first of a new series of the anarchic comedy, Tim Key plans to recite poetry high above the Norwegian fjords. But his cable car has broken down and, worse, his accountant is on his trail.

Key.... Tim Key
Lord.... Tom Basden
Megan.... Katy Wix
Jiffy.... Mike Woźniak

Directed by James Robinson
A BBC Cymru Wales Production

THU 23:30 Today in Parliament (m001q6jn)
Sean Curran reports as MPs demand answers over the escape of a terror suspect from Wandsworth Prison.

FRIDAY 08 SEPTEMBER 2023

FRI 00:00 Midnight News (m001q7hs)
The latest news and weather forecast from BBC Radio 4.

FRI 00:30 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q68g)
[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m001q6jv)
The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m001q6k2)
World Service

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m001q6k8)
The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m001q6kg)
National and international news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001q6kn)
A reflection and prayer to start the day with Canon Simon Doogan

FRI 05:45 Farming Today (m001q6kw)
08/09/23 Fairness in the fruit and veg supply chain; badger cull announcement; UK chickpeas; Scotland's hardy herbs

The government says it wants fairness in supply chains and will launch its inquiry into the fruit and veg supply chain later this autumn.

Natural England releases details of the controversial licences for badgers to be culled across 19 counties in England.

Scientists look at how to develop specific chickpea varieties which can be grown in the UK.

And the Scottish nursery that went from having 70 herb species to more than 400.

Presented by Charlotte Smith and produced by Rhiannon Fitz-Gerald.

FRI 05:58 Tweet of the Day (b0378x87)
Yellow Wagtail

Tweet of the Day is a series of fascinating stories about the British birds inspired by their calls and songs.

Michaela Strachan presents the yellow wagtail. Arriving in April, Yellow Wagtails are summer visitors to the UK, breeding mostly in the south and east. The Yellow Wagtail has several different races which all winter south of the Sahara and all look slightly different. The birds which breed in the UK are the yellowest of all.

FRI 06:00 Today (m001q6lw)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

Credit:
"The Young Ones" written by Sid Tepper and Roy C. Bennett (original song by Cliff Richard); sung by the cast of The Young Ones: Rik Mayall, Alexei Sayle, Christopher Ryan, Ade Edmondson and Nigel Planer.

FRI 09:00 The Reunion (m001q65s)
[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 Invitation to a Banquet: The Story of Chinese Food by Fuchsia Dunlop (m001q6m4)
Delectable 'eels' and Chongqing chicken in a pile of chillies

Fuchsia Dunlop reads from her new book on Chinese gastronomy. Today, she takes us on a whistle stop tour across continental China to reveal a breathtaking tapestry of culinary wonders.

The award-winning cook and writer tells the story of China's gastronomic culture through a selection of classic dishes. She challenges western pre-conceptions of simplified Cantonese cooking that first took hold when Chinese labourers left their homeland and settled abroad. Instead, she reveals is a sophisticated gastronomy that is finding more and more favour across the globe. From roasted meats, to the versatility of the soybean, braised pomelo pith, noodles and dim sum, Fuchsia takes us on a mouth-watering journey which explores the history, philosophy and techniques of China's diverse and ingenious food heritage.

Fuchsia was the first westerner to train as a chef at the Sichuan Higher Institute of Cuisine, and has been travelling around China, researching and cooking food for 30 years. She has written a number of best-selling books on Chinese food, several of which are now published in translation in China.

Abridged by Richard Hamilton
Produced by Elizabeth Allard

FRI 10:00 Woman's Hour (m001q6m9)
Economic Abuse, Michal Oshman, Roisin Gallagher, Barbershop Quartet, Mum shaming

Economic abuse was officially recognised under the Domestic Abuse Act in 2021, yet a new study from the charity Surviving Economic Abuse suggests victims are still being let down by the police and the courts. Their CEO Nicola Sharp-Jeffs joins to tell us more about their findings, alongside ITV broadcaster Ruth Dodswoth who shares her own personal experience.

What would you do if you weren't afraid? That's the question Michal Oshman is asking in her latest book. As the former Head of Company Culture at TikTok and International Leadership Development Executive at Facebook, she is no stranger to success. But Michal says that she has spent most of her life hiding anxiety and fear under this success - and uses her book to explore how we can all replace uncertainty with purpose for a better life. She joins Anita Rani to discuss.

You might have seen in the papers and online that the actress Sophie Turner and the singer Joe Jonas are getting divorced. The couple met back in 2016 on Instagram, and were married a year later. They have two daughters together, but earlier this week released a joint statement saying they have 'mutually decided to amicably end' their marriage. However, TMZ reported that a source claimed that they had very different lifestyles. Sophie Likes to party, while Jo stays at home, they

reported. Olivia-Anne Cleary is a senior editor and writer who felt compelled to write an article about it for Glamour magazine. Can We Please Stop Mum Shaming. She joins Anita to discuss.

When you think of traditional barbershop singers you probably think of men. But there are just as many female acapella singing groups as male. The Ladies Association of British Barbershop Singers has around 60 clubs as members. And Mountain Harmony Chorus, the only one in Wales, wrote to Woman's Hour during Listener Week, inviting us to one of their rehearsals. We hear from our reporter Melanie Abbott who went along.

Is Belfast the new city of love? Well it's the backdrop to new Sky Atlantic romcom, The Lovers, which follows local supermarket worker Janet and her love affair with English TV presenter, Seamus O'Hannigan who has a whole other life, and a girlfriend, back in London. Roisin Gallagher, who plays Janet, joins Anita to talk about filming in her hometown and changing perceptions of Northern Ireland's capital.

Presenter: Anita Rani
Producer: Hanna Ward
Studio Manager: Bob Nettles

FRI 11:00 The Briefing Room (m001q6hs)
[Repeat of broadcast at 20:00 on Thursday]

FRI 11:30 What's Funny About ... (m001q6mj)
Series 3

Episode 2

Peter Fincham and Jon Plowman hear the inside story of the biggest TV comedies.

FRI 12:00 News Summary (m001q6mp)
The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m001q6mv)
Counting sexual partners

Does your sexual history matter, and is it relevant whether you're a man or a woman?

A viral tweet criticised a woman for having a high 'body count' - a term used to describe how many sexual partners a person has had. It's a popular topic on platforms like TikTok, where some people boast about their big numbers, but others are critical of people with high body counts. Claims that women are less attractive if they've slept with lots of people have led to arguments about double standards and sexism. We look at how this debate emerged, the origins of 'slut-shaming,' and what we know about how many sexual partners the average Briton has had.

FRI 12:57 Weather (m001q6mz)
The latest weather forecast

FRI 13:00 World at One (m001q6n3)
Forty-five minutes of news, analysis and comment, with Jonny Dymond.

FRI 13:45 Intrigue (m001q6n7)
The Immortals - Ep 5: The Trial

Loyal for Dogs is one of the companies in the longevity industry doing serious science. They are well-founded, have a killer team, and a very clear mission: to be the first to get a drug that treats ageing - not just the diseases of ageing, but ageing itself - to pass the rigorous Food and Drug Administration approval process.

Their CEO, Celine Halioua, is a maverick founder whose life has been guided by her ability to work systems. So, to meet her mission, she's got a hack that will get her new ageing drug into trials. That will be a first for the longevity community, and the foundation stone for the next phase of our search for eternal life.

In this series, technology reporter and psychologist Aleks Krotoski explores the frontiers of the extreme longevity pioneers. They've made their money in Silicon Valley. And with their technology solutions - PayPal, Facebook, cryptocurrencies - they've ushered in the world that we live in today, with all its unintended consequences. Some of them now want to solve the "problem" of aging, or even death, and they are making bigger strides than we may think.

Can they? Should they?

A Pillowfort production for BBC Radio 4

New episodes released Mondays. If you're in the UK, listen to the full series of Intrigue: The Immortals first on BBC Sounds: bbc.in/3WEQS5W

FRI 14:00 The Archers (m001q6h0)
[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (p0g59112)
There's Something I Need to Tell You

There's Something I Need to Tell You - 5: Friends

After agreeing to help a mysterious stranger, a young couple are implicated in an assassination at their hotel. They find themselves plunged into a deadly game of political score-settling that spans the world and from which they must run to survive. A global thriller of espionage, money and murder.

In Episode 5, Istanbul, the Russian oligarch and his superyacht...

With very strong language.

By John Scott Dryden and Misha Kawnel

Cast:
Jake.....Chris Lew Kum Hoi
Kayla.....Sophia Del Pizzo
Yuri.....Nick Nevern
Marty.....Chris Anderson

Other parts:
Yasmine Alice
Nezar Alderazi
Nicholas Goh
Walles Hamonde
Jay Lim
Megan Soh &
Sheng Chien Tsai

Original music by Sacha Puttnam

Production:
Sound Design: Joseff Harris & John Scott Dryden
Sound Engineer: Paul Clark
Production Assistant: Joe Troy
Producer: Emma Hearn
Director: John Scott Dryden

A Goldhawk Production for BBC Radio 4.

FRI 14:45 Helen Lewis: Great Wives (m001q6nf)
Series 2

Great Widows

By taking McDonald's from a single burger joint in California to a household name across the world, Ray Kroc made one of America's great fortunes. After a few false starts - and dumping his existing wife at a party to celebrate their upcoming round-the-world cruise - he married a blonde pianist called Joan. He proposed with an 11-carat pink heart-shaped diamond.

Joan loved Ray, but she didn't love his drinking. And she didn't love the boring life of a society wife. So she set up a charity to fight alcoholism - sparking an interest in philanthropy which would see her give away more than a billion dollars. Along the way, this great widow also gambled in Vegas, commissioned a sculpture of a mushroom cloud and bought herself a Fabergé egg.

For two decades, Great Lives on Radio 4 has explored what it takes to change the world. But Helen Lewis wants to ask a different question: what does it take to live with someone who changes the world? In the second season of Great Lives, we'll meet more fascinating women - and men - and uncover the relationships that created great art, started wars and changed history.

Written and performed by Helen Lewis with additional voices from Kudzanayi Chiwawa & Joshua Higgott
Producer: Gwyn Rhys Davies
Production Coordinator: Sarah Nicholls
Sound Design: Neil Goody

A BBC Studios Production for Radio 4

FRI 15:00 Gardeners' Question Time (m001q6nl)
Charlton Adam

How should I integrate grasses into herbaceous borders? Should I persevere with my blueberry plant? How can we make our allotment open day a great success?

This week, Peter Gibbs is in Charlton Adam to answer all these questions and more. Joining him are grow-your-own guru Bob Flowerdew, horticulturist Anne Swithinbank, and plantswoman Christine Walkden.

Alongside the horticultural Q and A, we hear from GQT regular Pippa Greenwood who visits Fairweather's Nursery to tell us all we need to know about growing agapanthus.

Assistant Producer: Dulcie Whadcock
Producer: Dom Tyerman
Executive Producer: Hannah Newton

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m001q6nr)
Still Life With Fruit by Jon McGregor

Penelope Wilton reads a new and specially commissioned short story by the multi-award winning writer, Jon McGregor. A bowl of fruit and the story of a life unfold in this delicate portrait.

Radio 4's celebration of the short story continues with the announcement of the 2023 BBC National Short Story Award, and with a new, specially commissioned by one of the nation's foremost writers. Jon McGregor is an award-winning novelist and short story writer. He has been nominated for the Booker Prize for three of his novels, including his 2002 debut *If Nobody Speaks of Remarkable Things*, which also went on to win the Betty Trask Prize and the Somerset Maugham Award, and for the BBC National Short Story Award. His third novel, *Even the Dogs* (2010), earned McGregor the International Dublin Literary Award in 2012, whilst his 2017 work *Reservoir 13* scooped up the Costa Book Award.

The shortlisted stories are broadcast from the 11th to the 15th September at 3.30 in the afternoon, and the winner is announced live on Front Row on Tuesday, 26th September. *Still Life with Fruit* and the shortlisted stories for the his years BBC National Short Story Award with Cambridge University are all available to listen to on BBC Sounds.

The producers are Elizabeth Allard and Di Speirs.

FRI 16:00 Last Word (m001q6nw)
Mohamed Al-Fayed, Dorothy Goodman, Professor Anthony Bryceson, Denyse Plummer

Matthew Bannister on

Mohamed Al-Fayed, the controversial businessman who owned Harrods department store and Fulham Football Club. His son Dodi died in the car crash that killed Princess Diana.

Dorothy Goodman, the educationalist who helped to found the consumer affairs magazine that became known as "Which?".

Professor Anthony Bryceson, the tropical medicine expert who was kidnapped by guerrilla forces in Laos.

Denyse Plummer, the singer who overcame prejudice to be crowned Calypso Monarch in her home islands of Trinidad and Tobago

Interviewee: Tom Bower
Interviewee: Harriet Goodman
Interviewee: Professor Sir David Warrell
Interviewee: Carl 'Beaver' Henderson

Producer: Gareth Nelson-Davies

Archive Used:
Mohamed AL Fayed, Press Interview, BBC News, 01/03/1990;
Mohamed Al Fayed refused British Passport, BBC News, 06/05/1999; The death of Princess Diana and Dodi Al Fayed, BBC Radio, 31/08/1997; Mohamed Al Fayed interview, Tabloid Tales: Mohamed Al Fayed, BBC ONE, 31/03/2004; Inquest into the death of Princess Diana, BBC News, 04/2008; Dorothy Goodman interview, Which? 60 Years of Which, Source: [which.co.uk](https://www.which.co.uk), 08/07/2022; Kitchen Gadget (1950), Pathe News, 16/10/1950 ; Denyse Plummer interview, Woman Making A Difference, TT Online, YouTube uploaded 17 /05/2020

FRI 16:30 More or Less (m001q66q)
[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m001q6p0)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O'Clock News (m001q6p2)
The UN's "global stocktake" has called for urgent action on global heating

FRI 18:30 The News Quiz (m001q6p4)

Series 112

Episode 1

Andy Zaltzman quizzes the week's news. Providing the answers, hopefully, are Ian Smith, Lucy Porter, Hugo Rifkind and Zoe Lyons.

In this episode, Andy and the panel test the state of schools, the resilience of a reshuffle, and value of vets.

Written by Andy Zaltzman

With additional material by

Cody Dahler
Mike Shepard
and Eleri Morgan

Producer: Sam Holmes
Executive Producer: James Robinson
Production Coordinator: Dan Marchini
Sound Editor: Marc Willcox

A BBC Studios Production

FRI 19:00 The Archers (m001q6p7)

Writer, Katie Hims

Director, Rosemary Watts

Editor, Jeremy Howe

Ben Archer Ben Norris
Pip Archer Daisy Badger
Ruth Archer Felicity Finch
Helen Archer Louiza Patikas
Henry Archer Blayke Darby
Natasha Archer Mali Harries
Pat Archer Patricia Gallimore
Susan Carter Charlotte Martin
George Grundy Angus Stobie
Mia Grundy Molly Pipe
Brad Horrobin Taylor Utley
Chelsea Horrobin Madeleine Leslay
Tracy Horrobin Susie Riddell
Stella Pryor Lucy Speed
Sykesy Jasper Carrott

FRI 19:15 Screenshot (m001q6p9)

Lovers on the run

Ellen E Jones and Mark Kermode hit the road to explore the lovers on the run genre, and celebrate 50 years of Terrence Malick's film debut, *Badlands*. Since the film's arrival in 1973, this dreamy and twisted fairy tale has inspired countless tales of lovers escaping dead end towns for the endless road - but it wasn't the first time this story had graced the silver screen.

Mark enlists the help of a friend of the show, film critic Christina Newland. They discuss the hallmarks of the genre, its film noir beginnings, and why cinema is obsessed with tales of lawless lovers.

Ellen then speaks to New Queer Cinema icon, Gregg Araki, who shares his subversive and anarchic take on the genre - and his theory as to why it is a staple of American cinema. Ellen also chats to director, Jonathan Entwistle to discuss relocating his TV show *End of The F***ing World* to this side of the Atlantic, and whether the genre is intrinsically American.

Producer: Mae-Li Evans

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m001q6pe)

Sir John Hayes MP, Dame Diana Johnson MP, Christina McAnea and Anne McElvoy

Alex Forsyth presents political discussion from Skegness Grammar School in Lincolnshire with a panel including the Conservative MP Sir John Hayes, the Labour MP and chair of the Home Affairs Select Committee Dame Diana Johnson MP, the General Secretary of UNISON Christina McAnea and the journalist Anne McElvoy.

Producer: Robin Markwell

Lead broadcast engineer: Chris Hardman

FRI 20:50 A Point of View (m001q6pf)

My Love Affair with the Mysterious

Zoe Strimpel discusses the thrills and psychic satisfactions of the spooky.

She argues that the disorientating nature of contemporary society creates the ideal breeding ground for our resurgent interest in things supernatural.

Producer: Adele Armstrong
Sound: Peter Boshier
Production coordinator: Gemma Ashman
Editor: Bridget Harney

FRI 21:00 Intrigue (m001q6ph)

The Immortals - Omnibus 1

Over the last 100 years, we've seen global life expectancy double. Could it happen again?

Technology reporter and psychologist Aleks Krotoski explores the frontiers of the extreme longevity pioneers. They've made their money in Silicon Valley. And with their technology solutions - PayPal, Facebook, cryptocurrencies - they've ushered in the world that we live in today, with all its unintended consequences. Some of them now want to solve the "problem" of aging, or even death, and they are making bigger strides than we may think.

Can they? Should they?

A Pillowfort production for BBC Radio 4

FRI 22:00 The World Tonight (m001q6pk)

In depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 The Exhibitionist by Charlotte Mendelson (m001q6pm)

Episode 5

Set in London over a weekend in 2010, this is a darkly humorous book about a bohemian middle class family with a patriarchal monster at its centre.

A lot is riding on Ray Hanrahan's art exhibition, the first for a decade. He summons his family and friends to the decaying family home to celebrate the occasion, starting with a dinner on the Friday evening. His wife, Lucia, an artist in her own right, has sidelined her own career to allow her husband's to flourish and to bring up their three children, Leah, Jess and Patrick.

Leah has not yet left home and devotedly looks after her ailing father. Her younger sister, Jess is a teacher and has flown the nest to Scotland where she lives with her boyfriend Martyn. Patrick, Lucia's son from a previous relationship, lives in a caravan at the bottom of the garden, struggling with his mental health and dreaming of becoming a chef.

As the family gathers, Lucia is consumed by thoughts of someone new and exciting in her life and wondering anxiously why her gallery manager is so persistently trying to get hold of her. Ray will not be happy if it is news of her success. Meanwhile, Jess is also harbouring a secret which means that she too will be facing some life changing decisions.

Charlotte Mendelson is an award-winning author and *The Exhibitionist* was long listed for the Women's Prize for Fiction 2022. Her other works include *Daughters of Jerusalem*, *When We Were Bad* and *Almost English*.

Written by Charlotte Mendelson

Reader: Tracy-Ann Oberman

Abridger: Sara Davies

Producer: Alexa Moore

Sound Designers: Sean Kerwin and Iain Hunter

Music: Autumn Leaves by The Bill Evans Trio

A Pier production for BBC Radio 4

FRI 23:00 Americast (m001q6pp)

Does The BBC Get Its Trump Coverage Right?

How do we cover a headline-grabbing former president who falsely claims he never lost the election?

Two of our bosses step into the worldwide HQ of Americast for the kind of conversation we normally have in our morning meetings: what past mistakes can we learn from and what's the BBC's strategy for reporting on Donald Trump's campaign and his court cases?

HOSTS:

- Justin Webb, Radio 4 presenter
- Sarah Smith, North America editor
- Marianna Spring, disinformation and social media correspondent

GUESTS:

- Paul Danahar, BBC News Foreign Editor
- Adam Levy, BBC News Channel Executive Producer

GET IN TOUCH:

- Join our online community: <https://discord.gg/qSrxqNcmRB>

- Send us a message or voice note via WhatsApp to +44 330 123 9480
- Email Americast@bbc.co.uk
- Or use #Americast

Find out more about our award-winning "undercover voters" here: bbc.in/3lFddSF.

This episode was made by Daniel Wittenberg, with Rufus Gray, Catherine Fusillo and Hayley Clarke. The technical producer was Emma Crowe and the editor is Jonathan Aspinwall.

BBC SOUNDS CHAPTERS:

7:14 – Is Trump a special case?

21:59 – Does the BBC have a liberal bias?

28:33 – Should we show Trump's speeches live?

33:58 – How will the BBC cover the 2024 election?

FRI 23:30 Today in Parliament (m001q6pr)

Mark D'Arcy gets an insider's account of the Labour reshuffle. A select committee investigates animal welfare. And what role did parliament play during The Hundred Years War?