

**SATURDAY 12 AUGUST 2023**

**SAT 00:00 Midnight News (m001pfrj)**

The latest news and weather forecast from BBC Radio 4.

**SAT 00:30 The Restless Republic - Britain Without a Crown by Anna Keay (m001pfn6)**

Episode 5

Eleven years when Britain had no king.

On a raw January afternoon in 1649, the Stuart king, Charles I, was executed for treason. Within weeks the English monarchy had been abolished and the 'useless and dangerous' House of Lords discarded. The people, it was announced, were now the sovereign force in the land. What this meant, and where it would lead, no one knew.

The Restless Republic is the story of the extraordinary decade that followed. It takes as its guides the people who lived through those years. Among them is John Bradshaw, the Cheshire lawyer who found himself trying the King. Marchamont Nedham, the irrepressible newspaper man and puppet master of propaganda. And the indomitable Countess of Derby who defended to the last the final Royalist stronghold on the Isle of Man. Notable players from the time also feature, including Lord Fairfax, creator of the New Model Army, Oliver Cromwell and George Monck the general who negotiated the return of the monarchy.

Keay brings to vivid life the most extraordinary and experimental decade in Britain's history. It is the story of how these tempestuous years set the British Isles on a new course, and of what happened when a conservative people tried revolution.

In episode five the competing priorities of the men who ruled England make for a dangerous instability, and lead eventually to the end of the republic.

Abridged and produced by Jill Waters and The Waters Company for BBC Radio 4  
Reader: Helen Schlesinger

**SAT 00:48 Shipping Forecast (m001pfs5)**

The latest weather reports and forecasts for UK shipping

**SAT 01:00 Selection of BBC World Service Programmes (m001pfsd)**

World Service

BBC Radio 4 joins the BBC World Service.

**SAT 05:20 Shipping Forecast (m001pfsn)**

The latest weather reports and forecasts for UK shipping

**SAT 05:30 News Briefing (m001pfsv)**

National and international news from BBC Radio 4

**SAT 05:43 Prayer for the Day (m001pfsz)**

A spiritual comment and prayer to begin the day with Rev Virginia Lockett

The Science of Awe

Good morning and welcome.

Recently I stumbled across some interesting research by the John Templeton Foundation about the science of awe AWE. Which says, that spine tingling mixture of terror, amazement and connectedness with something much bigger than ourselves, which we call awe, is a uniquely human experience linked to our well-being.

It is thought the ability to feel awe was first developed way back, prehistory, when, as early humans, we would stand on the high places and survey the surrounding landscape in an attempt to spot approaching carnivorous animals or anything else that might do us harm.

It seems believable to me, that in spotting a large carnivore from a distance, our ancestors would have felt terror, amazement and connectedness with something much bigger than themselves because it was striding towards them. In the heady, highly intense emotion of that moment, coupled with the relief and joy felt after taking some action to avoid the grizzly encounter; our prehistoric ancestors would have felt great! Forever imprinting on our human psyche that experiencing awe leads to our wellbeing.

And nowadays, according to this scientific research, feeling awe-inspired is still beneficial to mental health as it is now proven to create a sense of holistic well-being and connectedness with life as we know it. In fact, the research says, it is good to experience awe every day.

So today I pray that each of us that we will have the opportunity to take a moment out of our day to survey the landscape of our own lives and find awe.

Amen.

**SAT 05:45 Living on the Edge (m001pfrk)**

Cardiff Bay

Ten coastal encounters, presented by Richard King.

Today: at Cardiff Bay with Roma Taylor, founder of Windrush Cymru Elders.

Not simply town or countryside, the coastline is a place apart – attracting lives and stories often overlooked.

In these ten programmes, the writer Richard King travels around the UK coast to meet people who live and work there – a sequence of portraits rooted in distinct places, which piece together into an alternative portrait of the UK: an oblique image of the nation drawn from the coastal edge.

**SAT 06:00 News and Papers (m001pm2g)**

The latest news headlines. Including the weather and a look at the papers.

**SAT 06:07 Open Country (m001pfgs)**

Oban Cliff Mystery

"They rise up suddenly out of fields, they're next to roads and they're even in the middle of the town golf course." Oban resident Antonia Quirke is intrigued by the strange cliffs that can be found everywhere along this stretch of Scottish coast, and she becomes more obsessed when she finds out that someone has been banging in titanium bolts to create new climbing routes up to their peaks.

Joining her at the Dog Stone is the geologist James Westland who begins to unpick the history of these cliffs, plus two climbers she meets en route south, a volunteer with the Woodland Trust, Laura Corbe; and an Australian climber called Andy who has been helping to bang in the new routes.

The producer in Bristol is Miles Warde

**SAT 06:30 Farming Today (m001pm2j)**

12/08/23 Farming Today This Week: Barn conversions; stress-testing strawberries; the Glorious Twelfth

A look back on some of the best bits from Farming Today over the past five days.

The government is consulting on whether landowners and farmers in English national parks and Areas of Outstanding Natural Beauty should be allowed to convert barns into housing without planning permission.

Scientists research how much crops can be deprived of water without affecting their growth.

And the shooting season for red grouse gets underway.

Presented by Caz Graham and produced by Rhiannon Fitz-Gerald.

**SAT 06:57 Weather (m001pm2n)**

The latest weather reports and forecast

**SAT 07:00 Today (m001pm2q)**

Including Sports Desk, Weather and Thought for the Day.

**SAT 09:00 Saturday Live (m001pm2s)**

Suzi Quatro, Henry Firth and Ian Theasby (aka BOSH!), Amy McCulloch, Ros Atkins, Nicky Dorrington...in nature

Suzi Quatro grew up in Detroit in a very musical family. It was, at the age of six, after seeing Elvis perform on television that made Suzi decide music was to be her life. She's also an actor, poet, has a new album called 'Face to Face' with KT Tunstall, is on tour...and she once broke Alice Cooper's nose.

Shortly after they got married, the best-selling author Amy McCulloch and her new husband headed to South America for a six-month backpacking adventure. Then, one night, Amy heard that a cabin had suddenly become available on a ship heading to the Antarctic. She was desperate to take it. He wanted to stay. This thrilling real story was the spark for the inspiration behind her new book 'Midnight'.

Picture the scene...Sheffield in the mid-nineties. Two cheeky teenage lads sitting together in the school canteen tucking into

burger and chips for lunch or maybe a bacon sandwich. Since then, Henry Firth and Ian Theasby are the plant-based chefs behind the hugely successful "BOSH!" and whose new cookbook 'Meat' sees them make bacon from bananas and chicken from peas.

All that plus The Inheritance Tracks of journalist, broadcaster and BBC Explainer-in-Chief, Ros Atkins - and we join Nicky Dorrington ...In Nature.

Presenters: Nikki Bedi and Jon Kay  
Producer: Ben Mitchell

**SAT 10:00 You're Dead to Me (p09wsrpw)**

Medieval Science

There's a school of thought out there that, following the fall of the Roman Empire around Europe, there's a decline in knowledge, technologies, and economics. But is this true?

Greg Jenner and his guests look at a range of discoveries spanning a thousand of years, widely known as the Medieval period. How was knowledge and scientific findings shared across a world with its countless languages and regions before the internet? Looking at essential scholars of the time like Ibn Al Hytham, the 'father of modern optics', and the evolution of compasses and maps, this episode picks up some of the weird and wonderful advancements of the period that we still use today - Medieval Science.

Greg is joined by Dr Seb Falk, a historian of Medieval Science, an expert on astronomy and mathematics and the author of the book The Light Ages, which was voted Book of the Year 2020 by the The Times and The Telegraph. Alongside Dr Falk, we have the multi-award-winning comedian, writer, podcaster and filmmaker, Josie Long, who has also appeared on 8 Out Of 10 Cats, Have I Got News For You and House of Games.

Research - Rosanna Evans  
Script- Emma Nagouse, Rosanna Evans and Gregg Jenner  
Project Manager - Siefe Miyo  
Edit Producer - Cornelius Mendez

The Athletic production for BBC Radio 4

**SAT 10:30 The Kitchen Cabinet (m001pm2w)**

Series 41

Billericay

Jay Rayner hosts this week's culinary panel show from Billericay. Joining Jay are chef Sophie Wright, Catalanian food expert Rachel McCormack, British-Chinese chef Jeremy Pang, and award-winning food writer Melissa Thompson.

The panel indulge in a variety of culinary conundrums, from suggestions for dishes you could make with marjoram, to the difference between hard and soft herbs, the panel are here to answer all of your food-based queries. They also answer by far the most important question of all - what ingredients go into making the ultimate fish finger sandwich?

Later Co-Founder of Hoyles Honey, Richard Hoyles, gives us an insight into how bees produce honey and answers the question - do bees ever sleep?

Producer: Bethany Hocken

Assistant Producer: Rahnee Prescod

Executive Producer: Hannah Newton

A Somethin' Else production for BBC Radio 4

**SAT 11:00 The Briefing Room (m001pfnk)**

What's behind the Niger coup?

Military unrest in Niger isn't an uncommon phenomenon. There have been five coups in the last 50 years. But what's behind the latest one and is a peaceful resolution possible?

David Aaronovitch talks to:

Paul Melly, Consulting Fellow at Chatham House Africa Programme  
Gare Amadou, journalist and manager of the newspaper Le Canard Dechaîne in Niger  
Nabila Ramdani, French Algerian journalist  
Olayinka Ajala, senior lecturer in Politics and International Relations at Leeds Beckett University

Produced by: Ben Carter, Kirsteen Knight and Alix Pickles  
Edited by: Penny Murphy  
Sound Engineer: Rod Farquhar  
Production co-ordinator: Debbie Richford and Sophie Hill

**SAT 11:30 From Our Own Correspondent (m001pm2y)**  
Life and War in Yemen

Kate Adie introduces correspondents' stories from Yemen, Brazil, Zimbabwe, Turkey and Ireland.

The city of Taiz in southwestern Yemen has survived thousands of days of siege conditions during the conflict between Iranian-backed Houthis forces and the Saudi-led alliance. But there are still civilians trying to find moments of normality in wartime - and some surprising facilities on offer. Orla Guerin met a dermatologist who treats both the war wounded, and customers wanting purely cosmetic procedures.

The summit on the future of the Amazon rainforest, held in the Brazilian state of Para, didn't result in a grand international pact. But it did showcase a new emphasis: on helping the tens of millions of people who live in this vast region, as the key to protecting its biodiversity and tree cover. Katy Watson travelled there to hear from local farmers on what can be done to improve their lives.

Zimbabwe's general election is due on the 23rd of August - but there seems little hope for great change through the ballot box. Charlotte Ashton was recently in Harare and found a mood of exhaustion - not least because the creaking economy leaves many people having to juggle several jobs, just to make ends meet.

For centuries, the Turkish city of Antakya was a renowned centre of culture, trade and religion: a cosmopolitan metropolis home to Turks, Arabs, Kurds, Jews and Armenians. But six months ago it was rocked by earthquakes. Lizzie Porter found a place once famous for its historic, honey-coloured buildings now full of dust, smoke, and the noise of demolition.

In Dublin, after years of economic anxiety after the collapse of the 'Celtic Tiger' and the European financial crisis, the Irish government now enjoys a very large budget surplus. Yet many don't feel they're prospering, as Chris Page explains.

**00:35** Life and war in Yemen  
**06:38** The future of the Amazon  
**11:30** Will Zimbabwe's elections make a difference?  
**16:30** Antakya after the earthquake  
**22:27** What now of the Celtic Tiger?

Producer: Polly Hope  
Editor: Bridget Harney  
Production Co-Ordinator: Gemma Ashman

**SAT 12:00 News Summary (m001pm32)**  
The latest national and international news from BBC Radio 4.

**SAT 12:04 Money Box (m001pm37)**  
Surviving or Thriving? Farms

Rising costs are having an impact on almost everyone, but that impact is very different for different sections of the economy. Rising food production costs are pushing up everyone's grocery bills, and squeezing farmers' profit margins. How are farms adapting to survive difficult times? Are any of them finding new ways to thrive?

Felicity Hannah travels to South Wales to meet two farmers, both running family businesses. Kevin and Sian, who, since covid, have diversified their 200 acre mixed farm into a profit making business. And Abi who works alongside her parents and uncle on a 700 acres mixed farm of dairy, sheep, arable, and beef has seen costs spiral but has long term financial solutions for her family business to thrive again.

The programme also talks to Minette Batters, president of the National Farmers' Union which represents 47,000 farming businesses across England and Wales, to ask what does the future look like for farmers.

Series Producer Smita Patel  
Editor Clare Fordham  
Studio Engineer Rod Farquhar

**SAT 12:30 Dom Joly Breaks the News (m001pfq4)**  
The third of our satirical specials this summer. In a topical mash-up of prank calls, interviews and features, Dom Joly offers his mischievously surreal take on the people and stories that are hitting the week's headlines.

As Dom attempts to get to the bottom of the biggest stories of the week, he challenges experts and makes calls to the wrong people about the wrong thing, often at the wrong time.

Best known for Trigger Happy TV, which reinvented the hidden camera format, Dom actually has a degree in politics and is a former diplomat. He once stood against Alan Clarke in the 1997 general election. So make no mistake, in Dom Joly Breaks the News, Dom's asking serious questions about that week's

actual news. He just wonders whether approaching things from a slightly different angle might give us more interesting answers.

Presenter – Dom Joly  
Producers – Alison Vernon-Smith and Julian Mayers  
A Yada-Yada Audio production for BBC Radio 4

**SAT 12:57 Weather (m001pm3f)**  
The latest weather forecast

**SAT 13:00 News and Weather (m001pm3m)**  
The latest national and international news and weather reports from BBC Radio 4

**SAT 13:10 Any Questions? (m001pfqq)**  
Sir Ben Bradshaw MP, George Monbiot, Selaine Saxby MP, Olivia Utley

Alex Forsyth presents political discussion from Pavilions, Teignmouth with the Labour MP Sir Ben Bradshaw, the writer George Monbiot, the Conservative MP Selaine Saxby and Political Correspondent at GB News Olivia Utley.  
Producer: Camellia Sinclair  
Lead broadcast engineer: Carwyn Griffith

**SAT 14:00 Any Answers? (m001pm3v)**  
Call Any Answers? to have your say on the big issues in the news this week

**SAT 14:45 The Museums That Make Us (m00168rb)**  
Leeds

Neil MacGregor presents a new series for BBC Radio Four celebrating the role and ambition of museums with evidence of a third and breadth of the country, and in the process he'll be finding answers to the question 'What are Museums For in 2022'.

In a week telling the story of immigration, demographic change and refugees, Neil finishes in Leeds with evidence of one of the oldest peoples to visit and settle in this country. But the Roman child's sandal has been chosen by the museum as an example of their ambitious scheme which establishes partnerships with primary schools in the Leeds area and organises museum exhibits to go out to the schools themselves in special 'museum boxes'. It's a ground-breaking adjunct to the conventional 'schools visit', and allows teachers to make the most of a fantastic local resource. Neil talks to Head of Learning and Access Kate Fellows and local Head teacher Caroline Carr about the importance and success of the scheme.

Museums have always been telescopes trained on the past to help locate a sense of place in the present. Neil believes that role is an active one, responding to changes in the people museums serve and the shifting social and cultural landscape they inhabit. After spending much of his life at the centre of our national Museum life in London, Neil is taking to the road to discover more about the extraordinary work being done in Museums outside the capital, from Stornoway to Stowmarket, and Belfast to Birmingham.

In each episode he visits a single museum, inviting them to choose an object from their collections which they feel best illustrates their civic role, and the way they relate and want to relate to their local audience. Very rarely have they chosen a crown jewel from their often priceless collections. More often it's an object with a particular local resonance, or which helps tackle episodes from the past which are being viewed very differently by citizens in the 21st century.

He'll be visiting the great national museums of Wales, Northern Ireland and Scotland, as well as major city institutions in Birmingham, Leeds, Liverpool and elsewhere. And in spite of the challenges of the last two years, everywhere he meets passionate teams who are dedicated to providing a unique experience for both local audiences and visitors from further afield.

Neil writes: "What's going on in our museums is at once challenging and exciting and it can only really be understood by visiting as many as possible and finding out how they have approached what is a vital role in providing a sense of local, regional and national identity."

Producer - Tom Alban  
Original music composed by Phil Channell

**SAT 15:00 Hardy's Women (m000s853)**  
Tess of the D'Urbervilles

Episode 1

New three-part dramatisation of Thomas Hardy's novel about beautiful, poor, young Dorset woman Tess Durbeyfield, told from Tess's point of view. In today's episode, Tess's father is convinced that the family's fortunes are about to improve.

Cast  
TESS ..... Faye Marsay  
ANGEL ..... Matthew Tennyson  
ALEC ..... Robert Emms  
ROSIE ..... Bettrys Jones  
CAR D'ARCY ..... Alex Tregear  
FELIX ..... Hasan Dixon  
CUTHBERT ..... Chris Lew Kum Hoi  
JOAN DURBEYFIELD ..... Maggie Service  
JACK DURBEYFIELD ..... Roger Ringrose  
ABRAHAM ..... Aaron Gelkoff  
ELIZABETH/ LIZA LU ..... Eli Potter  
ISAAC ..... Noah Leggott  
LILY ..... Tayla Hutchinson  
MRS D'URBERVILLE ..... Elizabeth Counsell  
TOM ..... David Seddon  
PARSON ..... Tony Turner

Author, Thomas Hardy  
Dramatist, Katie Hims  
Musical arrangement, Colin Guthrie  
Hardy adviser, Professor Graham White  
Director, Mary Peate

**SAT 16:00 Woman's Hour (m001pm41)**  
Weekend Woman's Hour: Megan Thee Stallion, Students Living at Home, Sarah de Lagarde, Dr Nadia Nadim

The rapper Tory Lanez has been sentenced to 10 years for the shooting of fellow musician Megan Thee Stallion. She required surgery to remove bullet fragments from her foot after he shot her following a party in 2020. BBC entertainment correspondent Chi-Chi Izundu joins Clare McDonnell to discuss.

New research by The Sutton Trust reveals that more than a third of A-level students in England are considering living at home if they get into their preferred university. And in some cases, choosing lower-ranking universities because they are closer to home. Rebecca Montacute, head of research for the Sutton Trust, explains the findings. Hayley Hassall also hears from future student, Lori Cobon, and her mother Rachel.

A few months ago, Sarah de Lagarde came on Woman's Hour to share her incredible story of survival. She had fallen on to the Tube tracks at a north London station and was run over by two Tube trains. She lost her right arm and leg as a result. Today, Sarah returns with a newly fitted bionic arm, made possible with the support of a crowdfunding campaign. She speaks to Hayley about her recovery.

More than 60 women have made allegations of rape, sexual assault and sexual harassment against the US comedian and actor Bill Cosby. But only one woman, Andrea Constand, was able to gain a criminal conviction. In 2018, he was sent to prison for three to 10 years on three counts of aggravated indecent assault. At the time, it was celebrated as a major win for the #MeToo movement. Less than three years later, he was freed when the Pennsylvania Supreme Court overturned his conviction on a legal technicality. In a new two-part documentary exclusively for ITVX from 10 August, The Case Against Cosby, Andrea tells her story.

It's been two years since the Taliban retook power in Afghanistan and during that time women and girls have found many curtailments on their liberty. Dr Nadia Nadim is Afghanistan's most successful and most influential female footballer. She fled to Denmark following the death of her father and has gone on to play for the Danish national team over 100 times. Dr Nadim joins Hayley to discuss her career and her hope for women and girls back home in Afghanistan.

Presenter: Hayley Hassall  
Producer: Hanna Ward  
Studio Manager: Tim Heffer

**00:00** Opener  
**01:26** Megan Thee Stallion  
**07:48** Students Living At Home  
**16:45** Sarah De Lagarde  
**26:01** Andrea Constand  
**36:38** Fertility Anxiety  
**44:25** Afghanistan

**SAT 17:00 PM (m001pm47)**  
Full coverage of the day's news

**SAT 17:30 All Consuming (m001pfdm)**  
Running shoes

From the running boom at the end of the 19th century to a

lockdown-inspired desire to lace up, running shoes have evolved to fit the shape of our lives for over 150 years.

Charlotte Stavrou and Amit Katwala explore how they keep pace with trends, innovations, and even our ambitions.

Thomas Turner, author of *The Sport Shoe: A History from Field to Fashion*, reveals the role of Victorian periodicals in spreading tips and recommendations to fellow runners.

Elizabeth Semmelhack, director and senior curator of the Bata Shoe Museum in Toronto, takes us to 1970s California where running shoes signalled a new kind of aspiration for baby boomers, driven by new brands and mass marketing.

Dr D'Wayne Edwards, sports footwear designer and founder of Pensole Lewis College, shares insider stories of being one of just two black footwear designers when he started in 1989, and how he's bringing a more diverse cohort into the industry today.

Meanwhile, Jessica Morgan, journalist, and editor, unboxes a memory of a special pair of running shoes that saw her through her darkest times. And we jog down to Hackney Downs park in east London to meet Michael Doughty from Hylo Athletics who left a career in football to set up a running shoe company with green ambitions.

Producer: Ruth Abrahams  
A Whistledown production for BBC Radio 4

**SAT 17:54 Shipping Forecast (m001pm4j)**  
The latest weather reports and forecasts for UK shipping

**SAT 17:57 Weather (m001pm4v)**  
The latest weather forecast

**SAT 18:00 Six O'Clock News (m001pm56)**  
6 people have died after a migrant boat heading to Britain sank in the English Channel.

**SAT 18:15 Loose Ends (m001pm5h)**  
Paul Merton, Gail Porter, Levi Roots, Anu Vaidyanathan, Pictish Trail, Leila Navabi, Andrew O' Neill, Clive Anderson

Clive Anderson and Andrew O' Neill are joined by Paul Merton, Gail Porter, Levi Roots and Anu Vaidyanathan for an eclectic mix of conversation, music and comedy. With music from Pictish Trail and Leila Navabi.

**SAT 19:00 Reith Revisited (b096g1b7)**  
Series 1

Brian Cox on Robert Oppenheimer

Robert Oppenheimer, father of the atomic bomb, gave the BBC's Reith lectures in 1953. Sarah Montague and Professor Brian Cox consider the lessons to be learnt from them today. The Reith Lectures began in 1948 on the Home Service, subsequently moving to Radio 4 and becoming a major national occasion for intellectual debate. As part of the celebrations of Radio 4's 50th anniversary, the network looks back at the first 10 years of the Reith Lectures to explore how they reflect the times in which they were delivered and how well they stand up now.

Producer: Neil Koenig  
Researcher: Josephine Casserley.

**SAT 19:15 This Cultural Life (m001pm5r)**  
Stephen Fry

Actor, writer, comedian and broadcaster Stephen Fry first made his name as a comic performer as a Cambridge University undergraduate with the Footlights company. He went on to forge a television partnership with his university friend Hugh Laurie on the sketch show *A Bit Of Fry and Laurie* and later the comic drama series *Jeeves and Wooster*, adapted from the PG Wodehouse stories. Among many stage and screen roles, Stephen Fry starred as Oscar Wilde in the 1997 film *Wilde*, for which he was nominated for a Golden Globe. He received a Tony Award nomination for playing Malvolio in *Twelfth Night* on Broadway, and was Lord Melchett over several generations of *Blackadder*. He's written five novels and three volumes of autobiography, and has presented numerous documentaries. A familiar face on British television screens, he has hosted award ceremonies and panel shows including the long-running quiz series *QI*.

For *This Cultural Life*, Stephen tells John Wilson about how he first read the Wodehouse story *Very Good, Jeeves* when he was 10 years old and was spellbound by the comic language. He says that seeing a film adaptation of the Oscar Wilde play *The Importance Of Being Earnest* led him to read all of Wilde's works, beginning a lifelong obsession with the playwright. He

reveals how being an avid fan of Arthur Conan Doyle's Sherlock Holmes novels led to his expulsion from school. He also chooses E.M. Forster's 1910 novel *Howard's End* as a huge influence, with its central theme of 'only connect' helping him make sense of his own emotional turbulence and intellectual ambitions. He also talks about spending time in prison on remand for credit card fraud, and being diagnosed as bi-polar after prolonged struggles with his mental health.

Producer: Edwina Pitman

**SAT 20:00 Archive on 4 (m001pm5y)**  
*Blond Ambition: Growing Up with Madonna*

US music critic and broadcaster Ann Powers remembers the first time she laid hands on Madonna. On her photograph, that is - Kohl-rimmed eyes gazing with laser intensity from beneath her platinum-blond New Wave pixie cut, neck and arms adorned with the rubber bangles and metal chains popular among punks and club kids alike in 1984.

For Ann, a card-carrying alternative kid, Madonna was a guilty pleasure. She was watching and listening as the self-made ingenue made her name on songs about virginity and pregnancy, women's pleasure and their secrets. Ann related to her inner struggle as a Catholic girl trying to overcome a rules-based childhood, but she still had questions - was Madonna just an opportunist cashing in on every hot issue of the day or did she really mean to get us thinking?

Then, in 1989, Ann went fully public as a Madonna fan, with the release of *Like A Prayer*, which claimed the rock and roll centre of pop for a woman. The album also contained an insert, *Facts About AIDS*, meant to both save lives and fight against the homophobic myths about the disease that were rampant.

Not only were critics dismissive of Madonna because of her glamour, and conservatives afraid of her because she was so bold, she proved challenging to many precisely because she put her pleasure, a woman's pleasure, first.

As Madonna ascended into pop superstardom, the controversies raged. When Ann became an activist fighting for AIDS awareness and free speech, she started to see Madonna as an ally, later interviewing her for the *New York Times* (as the paper's chief pop critic) on the release of *Ray of Light* in 1998. They talked about yoga and Ann was impressed with this studious, earnest Madonna. As more controversies hit the headlines, the superstar just kept going. A new vista always beckons.

But as the Material Girl turns 65, what should we make of her now? The world's best-selling female recording artist in history, Guinness World Records acknowledges that only The Beatles, Elvis Presley and Michael Jackson have conclusively sold more records worldwide than Madonna.

Contributors include:  
Composer Stephen Bray who co-wrote many of Madonna's hits - including *Into The Groove*, *Express Yourself*, *True Blue* - and produced *Papa Don't Preach*.  
Writer, academic and former record label exec Carol Cooper  
Playwright Brian Mullin whose stage show *Live To Tell* is about writing a Madonna jukebox musical while living with HIV  
Carlton Wilborn who appeared in the *Vogue* video and was a backing dancer on two of Madonna's world tours  
Scholar, artist and queer activist Kay Turner whose books include *I Dream of Madonna: Women's Dreams of the Goddess of Pop*. As a singer and musician, she has performed in numerous all-women bands including the rock punk lesbian-feminist art band *Girls in the Nose* whose repertoire includes the track *More Madonna Less Jesus*.

Producer: Victoria Ferran  
Executive Producer: Susan Marling

A Just Radio production for BBC Radio 4

**SAT 21:00 GF Newman's The Corrupted (m000hmgm)**  
Series 5

Episode 7

It's the 1990s and Brian Oldman is still in jail for a crime he didn't commit.

He found a man in jail able to prove his innocence - but that man was soon found dead in his cell. He suspects that Joseph Oldman, now Sir Joseph Olinska MP, organised the killing.

GF Newman's *The Corrupted* weaves fiction with real characters from history, following the fortunes of the Oldman/Olinska family - from small-time business and opportunistic petty crime, through gang rivalries, to their entanglement in the highest echelons of society. It's a tale revealing a nexus of crime, business and politics that's woven through the fabric of 20th century greed, as even those with

hitherto good intentions are sucked into a web of corruption.

Joey Oldman, an uneducated Jewish child immigrant from Russia, has a natural instinct for business and a love of money - coupled with a knack for acquiring it. His wife Cath is as ruthless in both the pursuit of money and the protection of her son, Brian. Joey built his empire with the help of a corrupt bank manager in the 1950s, starting with small greengrocer shops before moving into tertiary banking and property development, dealing with many corrupt policemen on the way - and befriending both Lord Goodman and Margaret Thatcher. Now ennobled and on the board of Lehman Brothers, Joseph intends to extend his business interests into Russia with the help of Boris Yeltsin and his cronies.

The characters are based on GF Newman's novels.

CAST  
Joseph Oldman Toby Jones  
Brian Oldman Joe Armstrong  
Catherine Isabella Urbanowicz  
Tony Wednesday Alec Newman  
Chuck Haley Matt Rippy  
Tony Blair/Dr Jordan Nigel Cooke  
Julian Tyrwhitt Jonathan Taffler  
Margaret Olinska Flora Montgomery  
Gianni/Technician John Hastings  
Sir Ralph Courtney Nick Sampson  
Detective Albright/  
Sir Michael O'Dell Nigel Pivarro  
Jodi Monserrat Kieron Jechinnis  
Anatoly Popov Boris Isarov

Produced and directed by Clive Brill  
A Brill production for BBC Radio 4

**SAT 21:45 The Skewer (m001pfj2)**  
Series 9

Episode 8

Jon Holmes's comedy current affairs concept album remixes news into award-winning satirical shapes. This week: This week: Fawly Migrants, You've Been Droned, and Horror of Mogg.

Created and produced by Jon Holmes

An unusual production for BBC Radio 4

**SAT 22:00 News (m001pm64)**  
The latest national and international news from BBC Radio 4

**SAT 22:15 Screenshot (m001pfqj)**  
The Jukebox Soundtrack

Ellen E Jones and Mark Kermode celebrate the power of pop music on screen, 50 years on from the release of George Lucas' *American Graffiti*, with its hits-packed soundtrack.

First opening on 11 August 1973, coming of age classic *American Graffiti* was arguably the original 'jukebox movie'. The film plays out over a single night in 1962, in a town where everyone is listening to the radio, and pop music of the era provides an almost unbroken accompaniment to the action.

Mark looks back on how *American Graffiti* revolutionised the use of music in movies, speaking to legendary film-maker Walter Murch, who was responsible for the unique sound of the film.

Meanwhile, Ellen delves into the relationship between pop music and the screen, with the help of music supervisor Jen Malone - the woman responsible for a resurgence in the career of *The Cramps* after including them on the soundtrack of Netflix hit *Wednesday*. And she talks to DJ, record producer and creator of original soundtracks David Holmes about the intrinsic connection he feels between pop music and cinema.

Producer: Jane Long  
A Prospect Street production for BBC Radio 4

**SAT 23:00 The 3rd Degree (m001pfjk)**  
Series 13

University of Portsmouth

Coming this week from the University of Portsmouth, *The 3rd Degree* is a funny, upbeat and brainy quiz show.

The specialist subjects this week are musical theatre, maths and psychology and the teams are quizzed on Cauchy sequences, Hilbert spaces, the Dunning-Kruger effect and what on earth is dangling from Mick Fleetwood? Also, the world's dodgiest song in the world's first ever musical.

The show is recorded on location at a different University each week, and pits three undergraduates against three of their professors in this fresh take on an academic quiz. The general knowledge rounds include a quickfire bell-and-buzzer finale and the Highbrow and Lowbrow round cunningly devised to test not only the students' knowledge of history, art, literature and politics, but also their Professors' awareness of TV, music and sport. Meanwhile there are the three specialist subject rounds, in which students take on their professors in their own subjects, and where we find out whether the students have actually been awake during lectures.

In this series, the show goes to Exeter, Strathclyde, Keele, King's College London, Portsmouth, and Somerville College, Oxford.

Producer: David Tyler  
A Pozzitive production for BBC Radio 4

**SAT 23:30 Yeti (p0fxt895)**  
7. Monsters of the Mind

Frustrated by their inability to find physical evidence of the yeti, Andy and Richard consult an astrologer to find out whether the omens for their search are good.

After exploring the spiritual significance of the yeti with a Buddhist nun, Andy questions the motivation behind his need to keep searching. Is he chasing after the unobtainable? Or is there something there?

He and Richard decide they need to focus their search back onto reality and make plans to head to the official yeti sanctuary in the far east of the country.

In this 10-part documentary series, Andrew Benfield and Richard Horsey travel through India, Myanmar, Nepal and Bhutan in search of stories of yeti sightings and encounters. They hear from villagers, yak herders, sherpas and mountaineers, who give surprisingly consistent descriptions of a mysterious, large, hairy creature. This series takes us on a journey deep into Himalayan culture as the presenters grapple with their own inner demons to try to make sense of the yeti myth.

Producer: Joanna Jolly.  
Executive Producer: Kirsten Lass.  
Sound designers: Peregrine Andrews and Dan King.  
Composer of original music: Marisa Cornford.  
Assistant Producer Maia Miller- Lewis.  
A Loftus Media production for BBC Radio 4.

#### SUNDAY 13 AUGUST 2023

**SUN 00:00 Midnight News (m001pm6b)**  
The latest news and weather forecast from BBC Radio 4.

**SUN 00:15 I Belong to Glazgoy (m001n1x7)**  
Klezmer musician and scholar of Jewish culture, Dr Phil Alexander is on the southside of Glasgow, looking for clues to a man whose music he's spent five years piecing together. Isaac Hirshow, a virtuosic Russian Jewish synagogue cantor and composer, arrived in the Gorbals from Warsaw in 1922. He was one of thousands of Jewish immigrants who landed here, just south of the river Clyde, where Yiddish voices mingled with Gaelic and Irish airs, Lithuanian laments, and Italian arias.

A hundred years ago, it would have been easy to find Isaac - Phil could have gone to the Jewish Institute or to Chevra Kadisha Synagogue on Oxford Street where Isaac worked. Today, however, much of Hirshow's Gorbals has been bulldozed, and although we can't walk those streets any more, we can build a picture through the emotional traces that persist in memory, and the physical traces left in archives.

Music is how Phil met Isaac Hirshow. But it was music in limbo, held in an archive, unplayed - just black marks on the page. Phil has spent the last five years bringing it to life, ready to receive its very first performance. But he also wants to understand the man who wrote it and the hybrid Scottish / Jewish identity he built for himself in the city known to Jews of the time as Glazgoy.

As Phil excavates Hirshow's story through archive, oral history, poetry, early recordings and specially performed music, he connects with musician, former refugee and migration scholar Aref Ghorbani and Chilean singer Valentina Montoya-Martinez. All three are well versed in using music to find common ground, and together they use the musical themes from The Hope of Israel to situate Hirshow's music in a new age of community building and culture in transit.

Presenter: Dr Phil Alexander  
Contributors: Harvey Kaplan, Eddie Binnie, Natasha Lange

Musicians:  
Valentina Montoya-Martinez (singer) Aref Ghorbani (singer and setar), Phil Alexander (piano and accordion)

University of Glasgow Chapel Choir, directed by Katy Lavinia Cooper

Special thanks to University of Glasgow Archive & Special Collection, Ellen Galford

Produced by Freya Helliier

A Prospect Street production for BBC Radio 4

**SUN 00:48 Shipping Forecast (m001pm6j)**  
The latest weather reports and forecasts for UK shipping

**SUN 01:00 Selection of BBC World Service Programmes (m001pm6q)**  
World Service

BBC Radio 4 joins the BBC World Service.

**SUN 05:20 Shipping Forecast (m001pm6y)**  
The latest weather reports and forecasts for UK shipping

**SUN 05:30 News Briefing (m001pm74)**  
National and international news from BBC Radio 4

**SUN 05:43 Bells on Sunday (m001pm79)**  
All Saints Church in Hartest, Suffolk

Bells on Sunday, comes from All Saints Church in Hartest, Suffolk. The flint and stone church was originally constructed in the 15th Century but was considerably restored in the 19th. The tower holds a ring of six bells, four of which date from 1661 which were cast by John Darbie of Ipswich. The Tenor weighs nine and three quarter hundredweight and is tuned to the note of G. We hear them ringing Surfleet Surprise Minor.

**SUN 05:45 Reith Revisited (b096g1b7)**  
[Repeat of broadcast at 19:00 on Saturday]

**SUN 06:00 News Summary (m001pm4x)**  
The latest national and international news from BBC Radio 4

**SUN 06:05 Something Understood (b09r3ng4)**  
Sacred Botany

Musician Jahnavi Harrison enters a world of sacred plants revealing that, in many religious traditions, plants are seen as spiritually symbolic - sometimes acting as intermediaries with the divine world.

Jahnavi invites us on a journey to Vrindavan, a town two hours south of New Delhi, a place of pilgrimage and worship for Hindus. Vrindavan is named after the goddess Vrinda who is said to take the form of the holy basil plant Tulasi in the worldly realm. Jahnavi reveals that this same plant is lovingly cultivated in the Hertfordshire temple where she grew up and is brought into the main shrine each day during the morning worship.

She goes on to explore the significance of the lotus flower, a key symbol in many Eastern religions.

The use of plants in worship is not confined to the East. The presence of Ocimum Basilicum - which many of us know as the basil we cook with - is a common sight in regional denominations of Orthodox Christianity, especially in the Greek church. Jahnavi explains that Orthodox Christians believe the herb sprung up where Jesus's blood fell near his tomb. Ever since, basil has been associated with the worship of the cross, particularly during Great Lent.

Drawing upon the Zen poetry of Matsuo Basho, Jahnavi discusses the lessons we can learn by paying close attention to the plants around us. Basho's vivid depictions of the plant world are complemented by the words of Sam Taylor Coleridge, whose poem To Nature is described by Jahnavi as "a prayerful study of the plant kingdom".

Presenter: Jahnavi Harrison  
Producer: Max O'Brien  
A TBI Media production for BBC Radio 4.

**SUN 06:35 On Your Farm (m001pm58)**  
Tamworths at Tynefield

Flavian Obiero is a first-time farmer, just starting to get his pig

business up and running on rented land in Hampshire. He moved to the UK from Kenya as a teenager, and was bitten by the farming bug after a stint of work experience on a farm near Basingstoke. He still works there part-time, but now has around seventy Tamworth pigs of his own to look after, as well as a herd of goats. He's also training as an apprentice butcher. It's a busy year for Flavian and his partner Nikki: they only took up the tenancy of their council farm near Fareham four months ago, and are expecting their first child in the autumn. Charlotte Smith visits Tynefield farm to find out how the new venture is going, and asks Flavian what drew him to a life in agriculture in the first place.

Produced by Emma Campbell

**SUN 06:57 Weather (m001pm5l)**  
The latest weather reports and forecast

**SUN 07:00 News and Papers (m001pm5t)**  
The latest news headlines. Including a look at the papers.

**SUN 07:10 Sunday (m001pm60)**  
Hawaii Fires; Jehovah's Witnesses; the Vicar of Moscow

Most of the town of Lahaina, which served as the first capital of the former Kingdom of Hawaii has been destroyed, along with many of the sacred sites of Hawaii's indigenous religion as wildfires ripped through the region. Mokihana Melendez, who teaches aspects of Hawaiian traditional culture, talks to William Crawley about the significance of the religious and cultural heritage that has been lost.

St Andrew's looks like a typical Victorian English parish church but it's only 10 minutes from the Kremlin. Rev Malcolm Rogers talks about what life was like living in Russia during the ongoing Ukraine war.

After 9 years and a series of legal challenges the Charity Commission has finally published its report into the child protection and safeguarding policies of the Jehovah's Witnesses' Watch Tower Bible and Tract Society of Britain. We hear why a former Elder is "shocked and disappointed".

As we mark the second anniversary of the Taliban's takeover of Afghanistan, a group of British Imams and scholars give a different picture of what life in Afghanistan is like - but are they right?

Heavy metal and pipe organs are not normally associated together but Mark Deeks, leader of the band 'Arth' and Leeds Diocesan organist David Pipe performed 'Organic Doom'. They told William Crawley how this unusual collaboration came about.

Producers: Amanda Hancox and Peter Everett  
Editor: Tim Pemberton

**SUN 07:54 Radio 4 Appeal (m001pm66)**  
Parents Against Child Exploitation

Charlie Webster makes the Radio 4 Appeal on behalf of Parents Against Child Exploitation

To Give:  
- UK Freephone 0800 404 8144  
- You can donate online at [bbc.co.uk/appeal/radio4](http://bbc.co.uk/appeal/radio4)  
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Parents Against Child Exploitation'.  
- Cheques should be made payable to 'Parents Against Child Exploitation'.  
Please note that Freephone and online donations for this charity close at **23.59** on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1092560

**SUN 07:57 Weather (m001pm6d)**  
The latest weather forecast

**SUN 08:00 News and Papers (m001pm6l)**  
The latest news headlines. Including a look at the Sunday papers.

**SUN 08:10 Sunday Worship (m001pm6s)**  
Rise Up - World Youth Day

Recorded on location in Lisbon, we join a group of young Catholics from the UK, from the dioceses of Salford, Lancaster, Cumbria, Plymouth and East Anglia, as they gather

with other young pilgrims from around the world for World Youth Day. They explore their faith, attend services and events with Pope Francis and think about what being Catholic means to them and how they'll take that back into their lives at home. The theme this year is 'Rise Up' which is taken from Mary's visitation to Elizabeth when she had learnt she was pregnant with Jesus 'Mary arose and went with haste' - with Pope Francis asking young Catholics to think about the kind of haste they have, what do they stand for? The preacher is Father Pascal Uche from Brentwood, the leader is Greg Finn. The music is taken from the Official Masses, and the acoustic music was recorded on location by Father Columba Jordan.

World Youth Day, which began in Rome in 1986, usually happens every three years, with the last event in Panama City in 2019. Hundreds of thousands of young people from around the world are due to gather in Lisbon for the week long event.

Producer: Miriam Williamson  
Studio manager: Liam Juniper

**SUN 08:48 A Point of View (m001pfqx)**  
Limbo

Sara Wheeler reflects on the concept of limbo as a way of helping us deal with current uncertainties but she recognizes this will not be easy.

'Limbo is a borderless, undefined, in-between state that is neither one thing nor the other and therefore it is hard to label and harder to accept.'

She believes though that an acceptance of unknowability may be increasingly important since 'the rules and certainties on which we built our lives have altered beyond all recognition.'

Producer: Adele Armstrong  
Sound: Peter Boshier  
Production coordinator: Gemma Ashman  
Editor: Bridget Harney

**SUN 08:58 Tweet of the Day (b0378tmb)**  
Long-tailed Tit

Tweet of the Day is a series of fascinating stories about the British birds inspired by their calls and songs.

Michaela Strachan presents the long-tailed tit. They are sociable birds and family ties are vital. They even roost together at night, huddled in lines on a branch, and this behaviour saves lives in very cold winter weather. The nest of the Long-Tailed Tit is one of the most elaborate of any UK bird, a ball of interwoven moss, lichen, animal hair, spider's webs and feathers.

**SUN 09:00 Broadcasting House (m001pm6z)**  
The Sunday morning news magazine programme. Presented by Paddy O'Connell

**SUN 10:00 The Archers Omnibus (m001pm75)**  
Writer, Sarah McDonald Hughes  
Director, Kim Greengrass  
Editor, Jeremy Howe

Helen Archer ..... Louiza Patikas  
Pip Archer ..... Daisy Badger  
Tom Archer ..... William Troughton  
Neil Carter ..... Brian Hewlett  
Ian Craig ..... Stephen Kennedy  
Clarrie Grundy ..... Heather Bell  
Ed Grundy ..... Barry Farrimond  
Eddie Grundy ..... Trevor Harrison  
Emma Grundy ..... Emerald O'Hanrahan  
George Grundy ..... Angus Stobie  
Joy Horville ..... Jackie Lye  
Adam Macy ..... Andrew Wincott  
Stella Pryor ..... Lucy Speed  
Fallon Rogers ..... Joanna van Kampen  
Lynda Snell ..... Carole Boyd  
Oliver Sterling ..... Michael Cochrane

**SUN 11:15 The Reunion (m001pm7b)**  
Jerry Springer: The Opera

In April 2003, a musical written by comedians Richard Thomas and Stewart Lee opened at the National Theatre in London. It took its inspiration from the controversial American talk show Jerry Springer and combined opera with profanity, musical theatre with "white-trash TV".

In the musical, Jerry was condemned to a life in purgatory, settling arguments between Satan and Jesus, Adam and Eve, then Mary and Jesus, all portrayed in the manner of deviant and unruly guests.

The show swept the awards and stars including Oliver Stone and Harvey Keitel flocked to see it. But some thought the show was sacrilege.

When the BBC decided to screen Jerry Springer: The Opera in January 2005, it received a record 63,000 viewer complaints. The cast and crew found themselves bombarded with hate mail and had to cross picket lines to go into the theatre. BBC2 controller Roly Keating was forced into hiding.

Kirsty is joined by composer and writer Richard Thomas, who had the initial idea for the show, and his co-writer and the show's director Stewart Lee, who was brought to the brink of financial ruin by the protests. Mezzo Soprano Lore Lixenberg helped develop and played the roles of Peaches and Baby Jane and was with the production from its Battersea Arts Centre beginnings. David Bedella won an Olivier Award for his role as Warm-Up Man and Satan in the show. Married to a vicar at the time, David found himself a target for the Christian protesters. And there are two men who played Jerry Springer in the show - Michael Brandon who met and became friends with the real Jerry Springer as a result of his performance, and David Soul who played Jerry Springer during the show's West End Run.

Producer: Emily Williams  
Series Producer: David Prest  
A Whistledown production for BBC Radio 4

**SUN 12:00 News Summary (m001pmb6)**  
The latest national and international news from BBC Radio 4.

**SUN 12:04 I'm Sorry I Haven't A Clue (m001pf12)**  
Series 79

Episode 5

The nation's favourite wireless entertainment pays a visit to Northampton's Royal & Derngate Theatre.

Rachel Parris and Milton Jones compete against Fred Macaulay and Sandi Toksvig with Jack Dee in the chair. Colin Sell provides piano accompaniment.

Producer - Jon Naismith.

It is a BBC Studios production.

**SUN 12:32 The Food Programme (m001pm7g)**  
The Global Food System: Too Big to Fix?

World leaders met in Rome to fix the food system. Dan Saladino reports on what happened at the United Nations summit and looks at some of the big ideas put forward for change.

Produced and presented by Dan Saladino.

**SUN 12:57 Weather (m001pm7j)**  
The latest weather forecast

**SUN 13:00 The World This Weekend (m001pm7l)**  
Radio 4's look at the week's big stories from both home and around the world

**SUN 13:30 The Battle for Liberal Democracy (m001k82v)**  
Opportunity

Tom Fletcher examines what future historians may well regard as the most fundamental issue of the 2020s: the complex, multi-faceted and far-reaching international contest between liberal democracy and its enemies. In this second episode, Tom looks at which system more effectively spreads opportunity for its people. In the decade since the global financial crisis, there has been a sense of democracy on the back foot, especially on long-term choices like infrastructure and preparing for a future with AI. But are democratic systems better able to correct course when things are going wrong?

Tom, a former diplomat and adviser to three British prime ministers, will draw on his own experiences and, in conversation with people he encountered along the way – people who rose to the very top – he will examine the state of liberal democracy, ask where it succeeds and where it fails, and make the case for its urgent renewal. With extraordinary stories from around the world, he'll look at how the world's democracies can confront autocratic regimes, how they make liberal democracy more 'magnetic' to democratic backsliders, and how they can put their own houses in order.

Producer: Giles Edwards.

**SUN 14:00 Gardeners' Question Time (m001pfpf)**

Army Flying Museum

To snap or to cut - what is the best way to dead head my roses? Why are my tomatoes falling off before turning red? Which plant would you relegate to the compost heap?

Kathy Clugston and her team of GQT experts are at the Army Flying Museum in Hampshire to answer all these questions and more. Joining her this week are garden designer Juliet Sargeant, head gardener Ashley Edwards, and pest and disease expert Pippa Greenwood.

Alongside the horticultural Q and A, we hear from Deputy Director and Head of Science of the University of Oxford Botanic Garden, Chris Thorogood who talks us through Mediterranean-inspired gardening in the UK.

Executive producer: Hannah Newton  
Producer: Bethany Hocken  
Assistant Producer: Dulcie Whadcock

A Somethin' Else production for BBC Radio 4

**SUN 14:45 The Museums That Make Us (m0016gz)**  
The National Museum of Scotland

Neil MacGregor presents a new series for BBC Radio Four celebrating the role and ambition of museums the length and breadth of the country, and in the process he'll be finding answers to the question 'What are Museums For in 2022'.

In this, the final week of programmes, Neil visits national museums in Wales, Northern Ireland and today, Scotland. As in previous episodes, the National Museum of Scotland in Edinburgh has chosen an object that they feel gets to the heart of the relationship they have with visitors from across the nation. In fact there are two objects hanging opposite each other. One is a battered Saltire, the other the King's colour standard, flags that were seen on opposing sides at the Battle of Culloden in 1746, the final event in the Jacobite rising. Neil is joined by fellow Scot and former soldier JJ Chalmers to hear the story behind the survival of the two flags, and the complex histories that make simple national identity in Scotland so fraught, even today.

Museums have always been telescopes trained on the past to help locate a sense of place in the present. Neil believes that role is an active one, responding to changes in the people museums serve and the shifting social and cultural landscape they inhabit. After spending much of his life at the centre of our national Museum life in London, Neil is taking to the road to discover more about the extraordinary work being done in Museums outside the capital, from Stornoway to Stowmarket, and Belfast to Birmingham.

In each episode he visits a single museum, inviting them to choose an object from their collections which they feel best illustrates their civic role, and the way they relate and want to relate to their local audience. Very rarely have they chosen a crown jewel from their often priceless collections. More often it's an object with a particular local resonance, or which helps tackle episodes from the past which are being viewed very differently by citizens in the 21st century.

He'll be visiting the great national museums of Wales, Northern Ireland and Scotland, as well as major city institutions in Birmingham, Leeds, Liverpool and elsewhere. And in spite of the challenges of the last two years, everywhere he meets passionate teams who are dedicated to providing a unique experience for both local audiences and visitors from further afield.

Neil writes: "What's going on in our museums is at once challenging and exciting and it can only really be understood by visiting as many as possible and finding out how they have approached what is a vital role in providing a sense of local, regional and national identity."

Producer - Tom Alban  
Original Music by Phil Channell

**SUN 15:00 Drama on 4 (m001pm7n)**  
Lines in The Sand: The Journeys of Gertrude Bell (Part One)

Adapted and dramatised by Mary Cooper  
Based on the book, 'Queen of the Desert' by Georgina Howell

Gertrude Bell was the daughter of one of Britain's richest industrialists. She became the first woman to be commissioned in British Military Intelligence, and the only woman to join British occupying forces in Baghdad in April, 1917. She defied family ambitions of an aristocratic marriage to become a linguist, explorer, writer, diplomat and ally to Arab leaders.

This compelling portrait draws on letters to her family in Yorkshire, and her lost lover to reveal the human struggles of her pioneering life.

Cast:

Gertrude ..... Fenella Woolgar  
 Hugh ..... Malcolm Raeburn  
 Florence ..... Alexandra Mathie  
 T.E Lawrence/Billy Johnson ..... Rupert Hill  
 Percy Cox ..... Jonathan Keeble  
 Sheikh Nasib/ Abdulaziz ..... Ali Gadema  
 Saleh/Karim/Mikhail ..... Naitan Ariane  
 Lady Cox/Marie ..... Emma Gregory  
 General ..... Raad Rawi  
 Brown ..... Ian Bartholomew

Sound design by Sharon Hughes  
 Produced and directed by Jessica Mitic

A BBC Audio Drama North production

With thanks to Ali Refaie, Basheer Al-Zaidi and the Gertrude Bell Archive at Newcastle University  
 Image copyright: Gertrude Bell Archive

#### SUN 16:00 Open Book (m001pm7q)

Ann Patchett, plus Magical Historical Fiction with SJ Parris and Laura Shepherd-Robinson

Octavia Bright talks to Ann Patchett about her captivating new novel. Tom Lake is the story of a young actor Lara under the spell of a future Hollywood star, but it is also about how she retells that story in later life to her adult daughters, and the power of storytelling itself.

Two masters of historical fiction, Laura Shepherd-Robinson and S. J. Parris (aka Stephanie Merritt) discuss the allure of magic and mysticism in their latest books set either side of the Enlightenment.

Plus Nana Kwame Adjei-Brenyah recalls the enchanting tale behind the book he'd never lend.

Producer: Ciaran Bermingham

#### Book List

Tom Lake by Ann Patchett  
 Do Tell by Lindsay Lynch  
 Crook Manifesto by Colson Whitehead  
 The Heaven & Earth Grocery Store by James McBride  
 Alchemy by S. J. Parris  
 The Square of Sevens by Laura Shepherd-Robinson  
 Tenth of December by George Saunders  
 Chain-Gang All-Stars by Nana Kwame Adjei-Brenyah

#### SUN 16:30 Out of Abandonment (m001pm7s)

Radio 4 throws down a challenge to poet Kim Moore: to create a poem inspired by one of the UK's many abandoned buildings. She visits a vast Victorian edifice she has never seen before in Newsham Park, Liverpool which was the Seamen's Orphanage, later became an NHS hospital for people suffering with mental illness and is now a site for ghost tours.

Kim explores the Grade II listed building with local historian Steve Corcoran, discovering that it was originally designed by Alfred Waterhouse, the architect of the Natural History Museum. A group of Liverpool ship owners got together to finance the construction, when Liverpool was the second biggest port in the British Empire and life at sea was a precarious occupation.

Kim explores the now empty dining room, old staircases covered in anti-suicide grills, dormitories and wards with peeling paint and hears from people who have lived and worked there. As well as seeking inspiration for her poem, she sounds her trumpet where the orphanage's brass band used to play and ponders what the future may hold for this uncanny, derelict site.

#### SUN 17:00 File on 4 (m001pmkj)

Jon Holmes, Generation Shame

Last year a Parliamentary Report concluded that between 1949 and 1976, around 185,000 babies of unmarried mothers were put up for adoption in England and Wales, many of these by force. For File on Four, The Skewer's Jon Holmes investigates whether he was one of them.

Jon Holmes has always known he was adopted, but was never very interested in searching for his birth parents until results of a recent DNA test proved he was of Irish heritage and his curiosity was piqued.

A large folder arrives from Warwickshire County Council and slowly Jon begins to unpick the story of his life and the world he was born into. As secrets of Jon's past are revealed, a Parliamentary Report by the Committee on Human Rights is published detailing shocking and vivid accounts of mothers being forced into giving up their babies by a society that outcast and shamed them at every turn.

What will Jon discover about his own family? What truths will he uncover as he speaks to mothers forced into handing their newborns over, as well as fellow adoptees about the damaging and traumatic culture he was born into?

Government has always denied any responsibility and is refusing demands for an apology, but is that really the case?

As Jon slowly finds out more about his own past, he also investigates the impact of this era and asks where does responsibility for this societal culture lie... and can it ever be repaired?

Presenter: Jon Holmes  
 Producer: Elizabeth Foster

SUN 17:40 Reith Revisited (b096g1b7)  
 [Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001pm7v)  
 The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m001pm7x)  
 The latest weather forecast

SUN 18:00 Six O'Clock News (m001pm7z)  
 Officials expect the total to rise -- and questions are mounting about the response to the disaster:

SUN 18:15 Pick of the Week (m001pm81)  
 Myfanwy Alexander

This week's radio was full of song and story. Rich and complex identities, loss, courage and survival... plus foxes, classical skulduggery and the shocking behaviour of a national treasure. We may be starting in the rather damp field of the National Eisteddfod but who knows where we will end up? Join Myfanwy to find out...

Presenter: Myfanwy Alexander  
 Producers: Elizabeth Foster & Richard McLroy  
 Production Co-ordinator: Lydia Depledge-Miller

#### SUN 19:00 The Archers (m001pm83)

Tracy and Ruth discuss Brookfield B and B. Tracy wonders if they were to do longer lets, might it be somewhere that Hannah could stay? Ruth says she'll check with Ben.

Toby's taking Rosie to Cornwall soon and Pip wishes she'd done more with Rosie over the holidays. Ruth proposes that they take Rosie to the new roller-skating rink this week. And as Pip looks like she could do with a night out, Ruth also offers to babysit so that she can go out with Lotie.

Oliver tells Tracy that Grey Gables recruitment advertising starts this week for its opening in the Autumn. He'd happily recommend Tracy for one of the Welcome roles there. Tracy declines; she's really happy at The Bull and it has none of the stresses of a big hotel. They're interrupted by Adil ringing to tell Oliver that their launch plans have got the green light. When Adil's keen to find an event planner, Oliver mentions tempting their previous staff back. Adil hopes he doesn't mean Lynda – she's completely unmanageable. Oliver agrees she can be challenging, but in a good way. They agree to discuss it further tomorrow. Overhearing them, Tracy asks Oliver who is unmanageable. Oliver bluffs that they were talking about the 'challenging' role and that things can get 'unmanageable'. Later Tracy mentions the role to Lynda who would relish the challenge, but wonders why Adil didn't mention it to her. She may be forced to blow her own rather considerable trumpet and convince Oliver and Adil that there's life in the old dog.

SUN 19:15 Alexei Sayle's Strangers on a Train (m001pm85)  
 Series 2

Llandudno to Cardiff

Comedy icon Alexei Sayle continues his series of rail journeys with a north to south trip across Wales from Llandudno to Cardiff

Alexei's mission is to break the golden rule of travelling by train and actually talk to his fellow passengers, in a quest for conversations with strangers that will reveal their lives, hopes, dreams and destinations.

Along the way, Alexei holds a finger into the wind of the thoughts and moods of the great British travelling public. There's humour, sadness and surprise as people reveal what is going on in their lives and, as Alexei passes through familiar towns and cities, he also delves into his own personal stories of a childhood in Liverpool and a long career as a comedian, actor and author.

Alexei has a life-long ticket to ride in his DNA, as his father was a railway guard. As a child, Alexei travelled on trains with his mum and dad, not only in the UK but also abroad. While other children in Liverpool at the time thought a trip to Blackpool was a big adventure, Alexei travelled to Paris, experienced the Orient Express, had summer holidays in Czechoslovakia and visited mysterious cities with unpronounceable names in the farthest corners of Europe.

In this programme, Alexei meets Mags, Karen, Anne and Nicky who call themselves the 'cycling widows' and are determined to enjoy themselves while their partners are off on two wheels somewhere; 16 year-olds Isaac and Finlay are aspiring footballers and share their dreams with Alexei of one day playing in the Premier League and for their country; Dewi is travelling to a retreat for help with his mental health problems; and Sarah and David surprise Alexei with their tales of long distance rail travel – including a trip on the Trans-Siberian Express fuelled only by pot noodles and vodka and thousands of miles in India in second class carriages meeting some of the 23 million people who take a train there every day.

A Ride production for BBC Radio 4

SUN 19:45 Golden Eggs (m001pm87)  
 The Gift

Five British Asian writers take folktales or traditional stories and rework them in contemporary settings.

Episode 5: The Gift by Susmita Bhattacharya.  
 When they discover she is carrying the golden egg that means she can only bear sons, Mira's parents sense lucrative opportunities.

Susmita Bhattacharya was born in Mumbai. Her first novel, The Normal State Of Mind, was published in 2015. Her collection of stories, Table Manners, was published in 2018.

Writer: Susmita Bhattacharya  
 Reader: Aysa Kala  
 Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

#### SUN 20:00 Feedback (m001pfps)

Musician and 6 Music presenter Tom Robinson has been a passionate advocate for BBC Introducing shows on Local Radio through his BBC Introducing Mixtape on 6 Music. Tom joins Andrea Catherwood to voice his concern about the reduction in shows and to respond to your comments.

Glasgow graffiti artists Conzo and Ciaran, who gained notoriety with their 'fake Banksy', are in the Vox Box to review a series about the rise of the real deal - Radio 4's The Banksy Story.

And listeners lament the demise of broadcasts on Long Wave. Gareth Mitchell, former BBC Engineer and now lecturer at London's Imperial College, hears what they have to say.

Presented by Andrea Catherwood  
 Produced by Gill Davies  
 A Whistledown Scotland production for BBC Radio 4

#### SUN 20:30 Last Word (m001pfpq)

Sir Michael Boyd, Jess Search, Warren Ford, Leny Andrade

Kirsty Lang on:

Sir Michael Boyd, the former Artistic Director of the Royal Shakespeare Company.

Jess Search, the fearless documentary producer who backed award winning but controversial films others feared to touch.

Warren Ford, the tea consultant and buyer who devised the well-known Yorkshire blend.

Leny Andrade, the Brazilian bossa nova and jazz singer.

Producer: Ed Prendeville

Archive used:

Stark Talk, BBC, 02 Dec 2007; Front Row, BBC, 25 Jul 2002; Charlie Rose, charlirose.com, 29 Nov 2005; Macbeth, part of the 2006 to 2008 Histories Cycle, RSC Shakespeare Learning Zone, YouTube uploaded 8 Jun 2015; Spotlight Conversation with Jess Search | BFI London Film Festival 2021, Youtube Uploaded 17 Nov 2021; Citizenfour Official Trailer 1 (2014) - Edward Snowden Documentary HD, Youtube uploaded 10 Oct 2014; Virunga Trailer – provided by Verdant Communications; Virunga Trailer – provided by Verdant Communications; "Citizenfour" winning Best Documentary Feature, Youtube uploaded 9 March 2015; Yorkshire Tea hard water advert, YouTube uploaded 18 Jul 2007

**SUN 21:00 Money Box (m001pm37)**  
[Repeat of broadcast at 12:04 on Saturday]

**SUN 21:25 Radio 4 Appeal (m001pm66)**  
[Repeat of broadcast at 07:54 today]

**SUN 21:30 Loose Ends (m001pm5h)**  
[Repeat of broadcast at 18:15 on Saturday]

**SUN 22:00 Westminster Hour (m001pm8b)**  
Ben Wright is joined by the Conservative peer, Tina Stowell; Labour's leader in Scotland, Anas Sarwar; and the political commentator and former government special adviser, Salma Shah. They reflect on "small boats week" and ahead of the forthcoming A-level results, they discuss the alternatives to academic qualifications and university education. Scottish politics features too, plus Ben is joined from the Edinburgh Festival fringe by comedians Rosie Holt and Matt Forde, to talk about the state of political satire.

**SUN 23:00 Life Changing (m001kxpd)**  
Taken: Lisa's story

It was September 2000 when Lisa and her 10-year-old brother Gary were taken to the airport. Their Dad said they were going on holiday and that mum Tracey was going to join them later, just as soon as she could get time off work. As the children boarded the plane full of expectations for the trip they could not know how profoundly this moment would shape the rest of their lives – they were soon told Tracey had died and there was no point ever going back to England.

Dr Sian Williams hears about Lisa's struggles to adapt to a new life in Pakistan, trying to keep memories of home and her mum alive but falling into despair and loneliness. Meeting her Mum again and returning to England aged 17 comes with a whole new set of challenges.

This story is told from two perspectives, to hear mum Tracey's experience scroll back to the previous episode.

**SUN 23:30 Beyond Belief (m001i25d)**  
Without Child

It is estimated that 1 in 7 UK couples struggle to conceive but what impact do religious beliefs and cultural practices have on those who can not or choose not to have children.

Aleem Magbool speaks to Lizzie Lowrie about her experience of baby loss and miscarriage and how her faith and church community brought both challenges and support.

Her story sparks a discussion on what it means to live without children in different belief systems and how the faith community responds. Aleem discusses different approaches to childlessness with:

Vik Singh, who, with his wife, Sarina, set up The Himmat Collective to support Punjabi Communities struggling with fertility issues, after their own difficulties starting a family, Dr Dawn Llewellyn, Associate Professor in Religion and Gender at the University of Chester and Farah Dualeh author of Taking Control: A Muslim Woman's Guide to Surviving Infertility.

Producer: Katharine Longworth  
Assistant Producer: Dave James

**MONDAY 14 AUGUST 2023**

**MON 00:00 Midnight News (m001pm8d)**  
The latest news and weather forecast from BBC Radio 4.

**MON 00:15 Sideways (m001pfcv)**  
50. Take the First Step

In 2014 Angela Maxwell was feeling stuck. She wanted something fresh, something exciting. After a chance encounter she landed upon her goal - she was going to set off on one of the largest adventures imaginable: a walk around the world. She didn't know exactly how the journey would play out, but that was part of the appeal - the whole planet was waiting for her to just take the first step.

In this episode, Matthew Syed hears from Angela about her 6 year walk around the world, from the misery of freezing cold nights, to finding beauty in solitary nights sleeping under the stars. And Angela explores her ideas about courage - after she was raped during her expedition, she chose to continue her journey around the world. Over the six years she walked, she would find deep connection to herself and to others, making lifelong friends and sinking into the places, slowly, just placing

one foot in front of the other.

We hear from Susan Houge Mackenzie, a professor of psychology at the University of Otago, about the benefits of adventure to our mindset, even 'micro adventures' which take place much nearer to home, and from naturalist and conservationist Nadia Shaikh, who is a land justice activist working with the Right to Roam campaign, who makes a case that we need far greater access to nature to be able to undertake micro adventures in our local area.

Matthew considers how adventures big and small can clarify our goals for our lives, and asks us to consider whether we ought to all be heading out on adventures a little more often.

If you have been affected by sexual abuse or violence, details of help and support are available at [bbc.co.uk/actionline](http://bbc.co.uk/actionline)

Presenter: Matthew Syed  
Producer: Nadia Mehdi  
Series Editor: Katherine Godfrey  
Sound design and mix: Rob Speight  
Theme tune by Ioana Selaru.  
A Novel production for BBC Radio 4

**MON 00:45 Bells on Sunday (m001pm79)**  
[Repeat of broadcast at 05:43 on Sunday]

**MON 00:48 Shipping Forecast (m001pm8g)**  
The latest weather reports and forecasts for UK shipping

**MON 01:00 Selection of BBC World Service Programmes (m001pm8j)**  
World Service

BBC Radio 4 joins the BBC World Service.

**MON 05:20 Shipping Forecast (m001pm8l)**  
The latest weather reports and forecasts for UK shipping

**MON 05:30 News Briefing (m001pm8n)**  
National and international news from BBC Radio 4

**MON 05:43 Prayer for the Day (m001pm8q)**  
A spiritual comment and prayer to begin the day with Rev Virginia Luckett

Migraines - Comfort in darkness

Good morning and welcome.

My friend Femke, who I often stay with when I'm working away from home, suffers from migraine headaches. Usually she finds a way of coping bravely with the pain as she gets on with her day, but sometimes the light and the pain are unbearable. It is then, she finds comfort in darkness.

Whether it's night or day, she closes her blackout curtains, puts on her thick eye mask and retreats into darkness. In focusing on the darkness, just behind her eyelids, somehow, the worst of the pain melts, as she reconnects with her deeper self and gains some relief and comfort.

Even though I'm not a migraine sufferer myself, as I have gotten older I can understand the need to retreat into darkness, the darkness of ourselves to find out what is hidden there.

Being an extrovert and external processor this has been a hard won lesson for me, as so much of my thought life only develops through talking and genuinely, I don't know what I am thinking unless I've said it out loud.

To have learnt how to focus on my own version of 'the darkness just behind my eyelids' through developing the discipline of silent prayer has been an extraordinary journey of personal discovery. As it has enabled me to reconnect with the deep and sometimes painful riches hidden in the darkness of my soul.

Through this practice I have learnt so much about myself, the world and my God.

So today I pray for all of us, who are searching for answers in the darkest places of our lives that we will find what we need.

Amen

**MON 05:45 Farming Today (m001pm8s)**  
14/08/23 Hedgerows, potatoes, farm stays.

A hedge to the uninformed eye might just look like a line of bushes, trees and weeds marking out a field, but there's much more to them than that. So much so that the independent body

which advises all of the UK governments on climate change, the Climate Change Committee, has called for a 40% increase in hedgerows in the UK by 2050 to help tackle global heating. DEFRA says it wants 45000 miles of hedges in England by 2050, and ministers are currently consulting on how to make that happen. It's a far cry from the post war farming policies that led to hundreds of thousands of miles of hedges being ripped out. All this week we're looking into hedges, starting with their ability to sequester carbon.

King Edward, Maris Piper, and Shetland Black; just some of the varieties of spuds that were on display last week at the UK potato industry's biggest field-based event, Potatoes in Practice, which takes place annually in Scotland.

Interest in UK farm holidays has doubled over the last decade according to the farm holiday co-operative, Farmstay, which has just clocked up 40 years of supporting and advising farmers who welcome holiday makers onto their farms.

Presented by Caz Graham and produced by Beatrice Fenton.

**MON 05:56 Weather (m001pm8v)**  
The latest weather forecast for farmers.

**MON 05:58 Tweet of the Day (b04symwf)**  
Marabou Stork

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Liz Bonnin presents the gaunt undertaker-looking marabou stork in Africa. It is not very scientific to describe a bird as ugly, but the marabou stork would not win any prizes for beauty or elegance. This bulky stork, with a funeral air, has a fleshy inflatable sac under its throat which conspicuously wobbles as it probes African rubbish dumps for carrion. Seemingly more at home amongst the melee of vultures and jackals squabbling over a carcass, it is known in some areas as the undertaker bird. But, in the air the marabou stork is an elegant sight. It has one of the largest wingspans of any bird, up to 3 metres across. Soaring effortlessly on these broad wings the storks scan the sub-Saharan landscape for food. Marabou storks are doing well, thanks to our throwaway society and they've learned to connect people with rubbish – a salutary association one might say.

Producer : Andrew Dawes

**MON 06:00 Today (m001pm8g)**  
News and current affairs, including Sports Desk, Weather and Thought for the Day.

**MON 09:00 Is Psychiatry Working? (m001hfzw)**  
Detention

Although psychiatry helped writer Horatio Clare when he was in crisis, some people in difficulty, their families, clinicians, psychologists and psychiatrists themselves will tell you there are serious questions about the ways psychiatry understands and treats some people in trouble. And so this series asks a simple question: is psychiatry working? In the following series, accompanied by the psychiatrist Femi Oyebode, Horatio traces a journey through crisis, detention, diagnosis, therapy, and recovery. In this episode, they consider detention under the mental health act, travelling to locked wards in Liverpool, hearing from former patients and clinicians, and asking if detention can ever be avoided.

If you need support with mental health or feelings of despair, a list of organisations that can help is available at BBC Action Line support:

Mental health & self-harm: <https://www.bbc.co.uk/programmes/articles/1NGvFrTqWChr03LrYlw2Hkk/information-and-support-mental-health-self-harm>  
Suicide/Emotional distress: <https://www.bbc.co.uk/programmes/articles/4WLS5NlWrySXJR2n8Snsdz/information-and-support-suicide-emotional-distress>

or you can call for free to hear recorded information on 0800 066 066.

Presenters: Horatio Clare and Femi Oyebode  
Producer: Emma Close and Lucinda Borrell  
Editor: Clare Fordham  
Sound Mix: James Beard

**MON 09:30 Shock and War: Iraq 20 Years On (m001k7rq)**  
6. The Day After

Saddam's regime in Iraq was removed quickly. But what came after proved disastrous as the country was plunged into chaos and violence. Was it always inevitable?

Presenter: Gordon Corera

Series Producer: John Murphy

Producers: Ellie House, Claire Bowes

Sound Designer: Eloise Whitmore, Naked Productions

Production coordinators: Janet Staples, Brenda Brown

Series Editor: Penny Murphy

**MON 09:45 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmb1)**

Book of the Week: Ep 1 - Suffolk, 1936 and Sydney, 2017

Anna Funder's new book is a revelatory biography of Eileen, George Orwell's forgotten first wife. Here we discover a sharp, witty and fearless woman, who made an astonishing and remarkable contribution to her husband's literary work as well as his daily life. The reader is Fenella Woolgar.

Anna Funder, the Australian award winning writer, best known for Stasiland and All that I Am, has immersed herself in the scholarship on George Orwell to write Wifedom. Here Funder shines a light on Eileen, Orwell's extraordinary wife. Using newly discovered letters written by Eileen, Funder paints an intimate portrait of a forgotten woman, and one of the twentieth century's most significant literary marriages. She also illuminates the social and cultural values that kept Eileen in the shadows, and continue to shape how the world regards the unsung work of wives everywhere.

Abridged by Katrin Williams

Produced by Elizabeth Allard

**MON 10:00 Woman's Hour (m001pmb5)**

Women's football World Cup, 'Older-age orphans', Channel swimming with a stoma, Caroline Moran, Women's feet

The Lionesses are through to the Women's World Cup semi-final on Wednesday against co-hosts Australia. Reaching semi-finals of major tournaments is what England "are known for", says defender Lucy Bronze. Lucy's mum, Diane Bronze and former Lioness and football commentator Anita Asante discuss.

Many baby boomers are experiencing the death of their parents much later than previous generations. The journalist Helen Bullough and clinical psychologist Dr Linda Blair discuss the impact of being parentless in older age.

Gill Castle will be the first person to attempt to swim the channel with a stoma. She's documenting her journey to crossing the channel in The Stoma Swimmer - a new audio series for BBC Sounds.

What would happen if the apocalypse happened in the middle of a hen party? Caroline Moran, known for writing Raised by Wolves, has written a brand new comedy for BBC Two looking at just that. She joins Nuala to talk about why she wanted to create the series, Henpocalypse, and what to expect.

How much can you tell a woman's life story through her feet? Emma McConachie, who is a podiatrist and a spokesperson for the Royal College of Podiatry, explains how our feet change as we age.

Presenter: Nuala McGovern

Producer: Dianne McGregor

Opener **00:00**

Football **01:55**

Older Orphans **13:36**

Henpocalypse **30:09**

Swim **39:36**

Women and feet **48:21**

**MON 11:00 History on the Edge (m001pmbx)**

Lennox Castle Hospital

Anita Anand goes on the trail of another story from the recent past that's fallen through the cracks of mainstream history. In this episode, she travels to Scotland to uncover a dark chapter in the history of care.

Lennox Castle Hospital was set up near Glasgow in the 1930s as a forward-thinking institution for the care of those with learning and other disabilities, but the victims of the hospital's savage regime also included teenagers involved in petty larceny and had been labelled as prostitutes. As Anita discovers, patients were subjected to a strict and dehumanising regime, and to physical punishment for challenging behaviour or trying to escape.

With oral Historian Howard Mitchell as her guide, Anita takes a steep walk through the Campsie Fells to the ruined Lennox Castle whose remote location, Mitchell says, helped keep its patients shut away from mainstream society.

Howard has recorded many interviews with those who lived and worked at the hospital and even presented a series on the

hospital's history for the Open University. But, having worked as a nurse at Lennox Castle in the 1970s, the historian is also an invaluable first-hand witness, with insider knowledge of the brutality inflicted on the patients.

Today, many of the custodians of memory are either no longer with us or unable to be interviewed. But after the hospital closed in 2002, former 'patients' and families shared their memories for the Lennox Castle Stories Project and these are featured in this episode of History on the Edge. There is also the story of Patrick, who as a teenager was admitted to Lennox Castle because of his challenging behaviour and who spent years there, until his father successfully fought for him to be returned to mainstream society.

Anita also speaks to Dr Sam Smith, who helped re-settle Patrick and others and has since founded an organisation helping those with disabilities and challenges live in the outside world.

Producer: Sara Parker

Executive Producer: Simon Elmes

A Pier Production for BBC Radio 4.

**MON 11:30 Analysis (m001mlq)**

Do Boycotts Work?

Boycotts are big at the moment. On a global scale, many countries are boycotting Russia following its invasion of Ukraine. There are campaigns to boycott products produced in Turkey, Israel or China. Sporting boycotts are used by countries across the world to express their displeasure with their international rivals. And there are plenty of boycotts going on against companies, over working practices, supply chains and political stances.

But international boycotts can be easily circumvented, and we can choose alternative products if we don't like a particular manufacturer. So is this low risk activism, or is it an effective way for ordinary people to hold businesses and nations to account? Do boycotts ever lead to permanent change?

Above all, do they work? Journalist and writer David Baker investigates.

Presenter: David Baker

Producer: Ravi Naik

Editor: Clare Fordham

Sound Engineer: Nicky Edwards

Production Coordinator: Maria Ogunde

Contributors:

Caroline Heldman Associate Professor of politics at Occidental College, Los Angeles

Stephen Chan Professor of World Politics at SOAS, University of London

Mark Borkowski PR and Crisis Management agent

Rob Harrison Director of Ethical Consumer

Xinrong Zhu Assistant Professor in Marketing at Imperial College London Business School

Richard Wilson Director and co-founder, Stop Funding Hate

Professor Ellis Cashmore sociologist and cultural critic

Ben Jamal Director of the Palestine Solidarity Campaign

Pinar Yildirim Associate Professor of Marketing at the Wharton (Business) School at the University of Pennsylvania

**MON 12:00 News Summary (m001pmc4)**

The latest national and international news from BBC Radio 4.

**MON 12:04 You and Yours (m001pmcb)**

What went wrong at Wilko?

Wilko is a fixture on many high streets and one of the UK's best-known - and most popular - department stores. Its descent into administration last week was met with an outpouring of grief on social media - but that won't be much consolation to more than 12,000 people whose jobs are now at risk. We'll look at where it all went wrong.

Also - lots of single use plastic containers are soon going to be banned - but do takeaway owners, perhaps the sector most affected, even know what's coming?

The 'lockdown generation' of students has been graduating this summer - we'll hear from some of them on what the last three years have been like.

And what has July's washout done for the UK's staycation sector?

PRESENTER: WINIFRED ROBINSON

PRODUCER: TOM MOSELEY

**MON 12:57 Weather (m001pmcg)**

The latest weather forecast

**MON 13:00 World at One (m001pmcl)**

Forty-five minutes of news, analysis and comment, with Sarah Montague.

**MON 13:45 Magic Consultants (m001kh23)**

The Craft

Adam Shaw peeks behind the curtain of the consultancy industry.

Worth hundreds of billions of pounds, consultants stretch across almost every industry, government department and international border.

Since the pandemic there's been an unprecedented demand for their services and many believe our future is determined by what they think and do. Yet little is known about these largely hidden influencers. They are magnetic and mesmerizing yet, to many of us, shrouded in mystery.

Adam asks who are these wizards, what do they do and how much do they influence our lives.

On the one hand, they're talked of as genius solvers of the world's greatest problems and masters of the machinery of management. On other, some think of them in more shadowy terms, whispering their guidance into the ears of the rich and powerful. Adam sets off with missionary zeal to detangle two very different stereotypes.

Across the series he hunts for the first ever consultant, finds out how they shape our language and politics and discovers how they bounce back from appalling scandals. He joins a consultancy fair to meet aspirant consultants, hears stories from the glass towers of late nights and rewards, explores FOMO and addition, turnarounds and triumphs.

In this first episode he asks what value do consultants add and why are they seemingly opaque. And he pulls out his wand and performs a rather impressive magic trick of his own.

With contributions from: Tamzen Isaacson, CEO of the Management Consultancies Association, Andrew Sturdy, Professor in Management at The University of Bristol, Dr Chris McKenna, Reader in Business History and Strategy at the Said Business School, Rosie Collington, co-author of The Big Con, author Eric Edstrom and broadcaster Paddy O'Connell.

Producer: Sarah Bowen

**MON 14:00 The Archers (m001pm83)**

[Repeat of broadcast at 19:00 on Sunday]

**MON 14:15 This Cultural Life (m001pm5r)**

[Repeat of broadcast at 19:15 on Saturday]

**MON 15:00 Brain of Britain (m001pmcp)**

Heat 1, 2023

(1/17)

The first four competitors of the new season join Russell Davies at the Radio Theatre in London, for the opening heat of the 2023 general knowledge tournament. 48 competitors this year from all around the UK will be whittled down to just four Finalists in December. Could the eventual Brain of Britain champion be among the contenders today?

The competitors in the first heat are Jason Butler from Kent, Jude Child from Hampshire, Susannah Croft from Essex and Akin Yilmaz from London.

The programme includes 'Beat the Brains', in which a listener gets the opportunity to win a prize by stumping the Brains with questions he or she has devised.

Producer: Paul Bajoria

**MON 15:30 The Food Programme (m001pm7g)**

[Repeat of broadcast at 12:32 on Sunday]

**MON 16:00 Pursuit of Beauty (m00019mw)**

The Spider Orchestra

This summer's exhibition at the Serpentine Gallery in London is 'In Collaboration - Webs of Life' by the artist Tomás Saraceno - whose collaborators include spiders, Cameroonian spider diviners and various life forms that inhabit the Royal Parks. So, Radio 4 has broadcast again 'The Spider Orchestra', a programme first broadcast in 2018 about his work with arachnids.

The Berlin-based Argentinian artist trained as an architect. He was struck by the beauty of spider webs, their structural

intricacy and began making them into sculptural works. Then Saraceno realised that every time a spider tugs a string as it spins a web, or moves along the silken strands, this causes vibrations. Using microphones and amplifiers it is possible to hear the tiny music they make. The different species create various sounds - bass, treble, percussion - and the result is an orchestra of arachnids.

In 2018 Saraceno filled the whole of the Palais de Tokyo gallery in Paris with extraordinary, beautifully lit spiders' webs, in an exhibition called 'On Air'. Some webs he connected to microphones so their occupants' movements echoed round the gallery.

Saraceno's work is a collaboration between artist, spiders and people, a kind of jam session. He also invites musicians to respond to them, to play along with spiders. The famous experimental composer Alvin Lucier does this in a concert, featured in this programme.

In the gallery in Paris, and his Berlin studio, Saraceno reveals his thinking and observations. 'The Spider Orchestra' captures these, and all these sounds in a sonic web, and combines them. It, too, is a collaboration, between artist, spiders, people and producer - creating a compelling composition, for radio.

Producer and Presenter: Julian May

**MON 16:30 Beyond Belief (m001pmcs)**  
The God Desire

Do we have a desire for God?

In the first of a new series, Aleem Maqbool speaks to David Baddiel about his book "The God Desire".

Aleem is joined on stage at The Hay Festival by the panel to explore what it means to have a desire for God, where this desire might come from and whether it's driven by fear of death.

Aleem is joined by:

Fergus Butler-Gallie – Priest in the Church of England and author of "Touching Cloth"  
Osman Yousefzada – Multidisciplinary artist and author of "The Go Between"  
Dr Carissa Sharp - Assistant Professor in Psychology of Religion at Birmingham University

Recorded at The Hay Festival in front of a live audience.

Producers: Katharine Longworth and Linda Walker  
Editor: Tim Pemberton

**MON 17:00 PM (m001pmcx)**  
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**MON 18:00 Six O'Clock News (m001pmd5)**  
The NHS says the move will mean patients get seen and diagnosed more quickly

**MON 18:30 I'm Sorry I Haven't A Clue (m001pmdh)**  
Series 79

Episode 6

The antidote to panel games pays a return visit to Northampton's Royal & Derngate Theatre. Rachel Parris and Milton Jones take on Fred Macaulay and Sandi Toksvig with Jack Dee in the chair. Colin Sell attempts piano accompaniment.

Producer - Jon Naismith.

It is a BBC Studios production.

**MON 19:00 The Archers (m001pmdt)**  
Lynda joins one of Oliver's Lower Loxley tours and it becomes clear it's to show him her expertise in dealing with 'challenging' situations. Cottoning on Oliver wrongly assumes that Tracy has spilled the beans about his conversation with Adil yesterday. He tries to apologise for calling her challenging, and it dawns on Lynda that Adil and Oliver were talking about her and not the role. Later Adil's surprised when Ian drops off his signed contract for the Interim Head of Food position, but concedes it's fine as long as that's the only surprise appointment that Oliver's made. They're interrupted by Lynda who confronts them about calling her 'unmanageable' and 'challenging'. They only make things worse when they attempt to back-track. Finally, when Adil offers Lynda the job of organising their opening event, Lynda tells them she's too busy and leaves. Ian tells Helen he's accepted the Head of Food role. Helen

wonders if he'll get to choose the cheese suppliers. She can drop some supplies round. But Ian stops her saying she'd be one of several potential suppliers. Helen retreats and gives Ian the brush off when he suggests meeting up. Later Ian asks Kirsty for advice, wondering if the Rob situation is getting Helen down more than she's admitting. But when Kirsty checks in with Helen, she's ok; work has been a little bit stressful but she'll been able to focus more while Lee's visiting his daughters in San Francisco. And she's heard nothing more from Miles or Rob. Helen's delighted when Kirsty offers to stay while Lee's away.

**MON 19:15 Front Row (m001pmf3)**  
Christy Lefteri's The Book of Fire; Why are artistic directors resigning?; Palestinian embroidery

Samira Ahmed speaks to the bestselling author of The Beekeeper of Aleppo, Christy Lefteri, about her latest novel, The Book of Fire, which deals with the effects of wildfires in Greece.

What are the reasons for the current spate of resignations by theatre artistic directors? Artistic director of London's Battersea Arts Centre Tarek Iskander, critic Andrzej Lukowski and theatre consultant Amanda Parker discuss.

An exhibition at Kettle's Yard in Cambridge celebrates the history and art of Palestinian embroidery and the role it plays today. Samira talks to the curator Rachel Dedman and Aya Haider, whose work features in the exhibition.

Presenter: Samira Ahmed  
Producer Paula McGrath

**MON 20:00 Police on Steroids (m001pmff)**  
WARNING: This episode contains disturbing audio from the very start as well as bad language, offensive comments and descriptions of a sexual nature. It also refers to drug taking and dealing.

The shaky mobile phone footage was harrowing. Filmed by his neighbour, Andre Moura can be heard screaming for help, telling the police they are hurting him and begging to speak to his children. He'd been sprayed with CS gas - a shocked eyewitness describes watching a police officer kneeling him several times.

In police bodycam footage of the same incident, PC Chris Bolger is heard telling the warehouse worker he won't win "this fight" and that the officer would, "put him to sleep". Soon afterwards the dad of four suffered a massive heart attack in the back of a police van and died

Late last year, the footage was played to an inquest jury tasked with determining how Andre had died. But what the jury weren't told was that the police officer and keen body builder accused of attacking Andre had been convicted of selling steroids and resigned before he could be sacked by Greater Manchester Police.

Disturbed by the case, campaigner Gail Hadfield-Grainger sets out for Radio 4 out to investigate whether this was an isolated case, or if it could be symptomatic of a wider steroid issue amongst the Police

With in-depth interviews, Gail explores why some police officers feel they have to take anabolic steroids, if addiction to muscle building substance is putting them at the mercy of criminal dealers, and whether "Roid Rage" could be risking lives by causing some officers to use excessive force in high tension interactions with the public.

Gail also explores whether it could be fuelling sexual crime by police officers and speaks to one expert who says he believes, when it comes to Anabolic Steroids the authorities may have "fallen asleep at the wheel"

Presenter: Gail Hadfield-Grainger  
Producer: Nicola Dowling

Image: Gail Hadfield-Grainger and Dave Crosland/BBC

**MON 20:30 Crossing Continents (m001pfcb)**  
When Wagner came home

Tens of thousands of Russian criminals – murderers, rapists, robbers – were recruited from prisons by the mercenary group, Wagner, to fight in Ukraine. Now, after six months on the battlefield, the survivors have returned home, with official pardons. Many served only a fraction of their original sentences. And now, they're officially treated as heroes - protected by a new law which criminalises discreditation of anyone who fights on the Russian side in the war.

Already, some returnees are reported to have committed further

serious crimes. One has confessed to the brutal axe-murder of his 85-year-old former landlady. In another case, an ex-convict believed to have served with Wagner has been charged with masterminding the killing of two children's entertainers, one of them a 19-year-old woman who was training to be a teacher. The murders in southern Russia provoked an outpouring of anger and grief, with thousands signing a petition demanding that the alleged ringleader - who denies any guilt - should get a life sentence if he is eventually convicted. But they know any punishment will probably be less severe, because the criminal records of former Wagner mercenaries have been wiped. They start their lives again from a clean slate, and if they re-offend, no previous convictions can be considered.

Reporter Arseny Sokolov talks to the mother of the murdered entertainer, to campaigners for prison reform - and to an ex-convict who fought for Wagner - to investigate what threat the returned mercenaries pose in their home towns and villages - and to assess the damage "legal nihilism" is doing to Russian society.

Producer: Tim Whewell  
Editor: Penny Murphy

**MON 21:00 Bug in the System: The Past, Present and Future of Cancer (m001pf42)**  
A Patchwork of Mutation

Why is it so hard to cure cancer? Although half of all people diagnosed with cancer a decade ago are still alive today - a figure that has doubled over the last 40 years - too many families are still suffering terrible losses while scientists scramble to find "a cure". Dr Kat Arney explores the incredible complexity that modern technology has revealed about this ancient disease, showing that every person's cancer is a unique medley of mutated cells, any one of which could be carrying the seeds of resistance to treatment, and meets researchers who are peering deep into our DNA to discover how to beat it for good.

Produced for BBC Audio Bristol by Beth Sagar-Fenton

**MON 21:30 Is Psychiatry Working? (m001hfwz)**  
[Repeat of broadcast at 09:00 today]

**MON 22:00 The World Tonight (m001pmfr)**  
Dissident republicans obtain leaked police data

The leaked police data in Northern Ireland is now in the hands of dissident republicans. What next for the thousands of officers in at risk? We hear from an Assembly member on the Policing Board.

It's two years since Western retreat and a Taliban resurgence in Afghanistan. We hear the story of one woman, secretly helping others.

And is Donald Trump facing more criminal charges?

**MON 22:45 The Lock Up by John Banville (m001pmg3)**  
Episode 6

1950s Dublin. In a lock-up garage in the city, the body of a young woman is discovered – an apparent suicide. But pathologist Dr Quirke and Detective Inspector Trafford soon suspect foul play.

The victim's sister, a newspaper reporter from London, returns to Dublin to join the two men in their quest to uncover the truth. But, as they explore her links to a wealthy German family in County Wicklow, and to investigative work she may have been doing in Israel, they are confronted with an ever-deepening mystery. With relations between the two men increasingly strained, and their investigation taking them back to the final days of the Second World War, can they join the pieces of a hidden puzzle?

John Banville is one of Ireland's most prolific writers. He has written 17 novels and has been the recipient of the Man Booker Prize, the James Tait Black Memorial Prize, the Guardian Fiction Award, the Franz Kafka Prize, a Lannan Literary Award for Fiction, and the Prince of Asturias Award for Literature. He lives in Dublin.

Author: John Banville  
Reader: Gerry O' Brien  
Abridger: Neville Teller  
Producer: Gemma McMullan  
Executive Editor: Andy Martin

A BBC Northern Ireland Production.

**MON 23:00 Word of Mouth (m001pf6j)**  
Fandom

There's lots of 'birging' in this week's programme. For those not in the know - that's short for Basking In Reflected Glory and it's something football fans in particular do when they talk about their team's triumphs using the 'extended we'. Michael Bond author of 'Fans' talks to Michael about the words and language different fan groups have as a shared means of communication. Whether it's being a superfan of sport, film or music there are words and phrases that show you belong to a particular fandom.

Producer: Maggie Ayre

**MON 23:30 Don't Log Off (m001jc17)**  
Away from Home

Olga has been living in an accommodation centre for Ukrainians refugees in a church in Moldova. Finding work is a struggle and Olga looks forward to the day she can earn enough money to rent an apartment.

Pavel left Russia in September last year, just days after Vladimir Putin mobilised military reservists to fight the war in Ukraine. Now Pavel is alone in Kazakhstan but the clock is ticking on his temporary resident's permit.

Emran was among one million or so migrant workers who helped build the stadiums which hosted the 2022 World Cup in Qatar. But it wasn't long before Emran found there was an unexpected price to pay.

Whether displaced by war or working overseas - Alan Dein uses social media to connect with people living away from home.

Producer: Conor Garrett

## TUESDAY 15 AUGUST 2023

**TUE 00:00 Midnight News (m001pmgf)**  
The latest news and weather forecast from BBC Radio 4.

**TUE 00:30 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmb1)**  
[Repeat of broadcast at 09:45 on Monday]

**TUE 00:48 Shipping Forecast (m001pmgm)**  
The latest weather reports and forecasts for UK shipping

**TUE 01:00 Selection of BBC World Service Programmes (m001pmgt)**  
World Service

BBC Radio 4 joins the BBC World Service.

**TUE 05:20 Shipping Forecast (m001pmh2)**  
The latest weather reports and forecasts for UK shipping

**TUE 05:30 News Briefing (m001pmhc)**  
National and international news from BBC Radio 4

**TUE 05:43 Prayer for the Day (m001pmhm)**  
A spiritual comment and prayer to begin the day with Rev Virginia Luckett

Charles Darwin - Fossils

Good morning and welcome.

I am fortunate to live close to the Jurassic Coast near Lyme Regis, world famous because as visitors walk our beaches they can pick up the fossilised remains of ancient sea creatures.

There is something deeply profound about holding a fossil in your hand, knowing that you are the first person who has seen it for millennia. In doing so, it's not hard to see how these perfectly formed stone creatures and plant life have inspired the imagination of many over the years.

Not least, the great scientist, Charles Darwin, who was an enthusiastic fossil hunter himself. Recognising that he was holding a stoney version of something that was probably extinct helped him formulate his theories of Evolution and Natural Selection.

These theories, when first published in the mid 1800s challenged the religious and scientific understanding of the evolution of humankind and ushered in a new appreciation of who we are and how we came to be: science that we are still learning from as new discoveries are made.

I find it fascinating how things from the past, even the ancient past can help change worldviews in the present, if there is an

openness to learn and reconsider. This mirrors my experience of faith too. As I have come to know more of the life and qualities of Jesus, my worldview has been tempered by each new discovery.

So today I pray for all of us seeking fresh insight in faith or science, that we will find what we seek.

Amen

**TUE 05:45 Farming Today (m001pmhv)**  
15/08/23 Cleaning up the River Wye; ancient hedgerows... and the future of hedgerows

The largest poultry processor in the Wye catchment area has announced litter from its supply chain will no longer be available for sale, as fertiliser, within the Wye catchment, as a way to help better manage their supply chain, in relation to the health of the River Wye. A conservation group responds to the news.

NFU Midlands members are asked for their thoughts on the government's hedgerow consultation.

And a fifth generation farmer in Kendal shares why hedgerows are not just important for farming, but local history and culture, too.

Presented by Caz Graham and produced by Rhiannon Fitz-Gerald.

**TUE 05:58 Tweet of the Day (b04mj5kt)**  
New Zealand Bellbird

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Chris Packham presents the New Zealand bellbird. In 1770, during Captain James Cook's first voyage to New Zealand, an extraordinary dawn chorus caught the attention of his crew "like small bells exquisitely tuned": these were New Zealand bellbirds. New Zealand bellbirds are olive green birds with curved black bills and brush-like tongues which they use to probe flowers for nectar. Like other honeyeaters, they play an important role in pollinating flowers and also eat the fruits which result from those pollinations and so help to spread the seeds. The well camouflaged bellbird is more often heard before it is seen. They sing throughout the day, but at their best at dawn or dusk when pairs duet or several birds chorus together. Their song can vary remarkably, and it is possible to hear different 'accents' in different parts of New Zealand, even across relatively short distances.

Producer : Andrew Dawes

**TUE 06:00 Today (m001pmgg)**  
News and current affairs, including Sports Desk, Weather and Thought for the Day.

**TUE 09:00 The Life Scientific (m001pmgn)**  
Gideon Henderson on climate 'clocks' and dating ice ages

We're used to hearing the stories of scientists who study the world as it is now but what about the study of the past - what can this tell us about our future?

Gideon Henderson's research focuses on trying to understand climate change by looking at what was happening on our planet thousands of years ago.

His work has taken him all around the world - to the deepest oceans and the darkest caves - where he collects samples containing radioactive isotopes which he uses as "clocks" to date past ice ages and other major climate events.

As a geochemist and Professor of Earth Sciences at the University of Oxford, his work deals with the biggest questions, like our impact on the carbon cycle and climate, the health of our oceans, and finding new ways to remove greenhouse gases from the atmosphere.

But in his role as Chief Scientific Adviser at the Department of Environment, Food and Rural Affairs, he also very much works on the present, at the intersection between the worlds of research and policy. He has overseen the decision to allow gene-edited food to be developed commercially in England and a UK surveillance programme to spot the Covid-19 virus in our wastewater.

Produced by Gerry Holt.

**TUE 09:30 One to One (m001pmgy)**  
Greg Wise on being Mountbatten

Paul Conroy is a conflict photographer but he's also been portrayed on screen.

In his second interview he talks to Greg Wise about playing a real character, Dickie Mountbatten - uncle of Prince Philip and Viceroy of India - in *The Crown*.

"You've got to do your homework, and then you've got to forget your homework and play the script. Hopefully there'll be one line, one moment, that will float out to you and give you what you need."

Greg reveals his Mountbatten moment was when he discovered that he wore an elasticated suit.

The producer in Bristol is Miles Warde

**TUE 09:45 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmb3)**  
Book of the Week: Episode 2 - The Spanish Civil War

Anna Funder's revelatory biography of George Orwell's forgotten first wife continues. It's 1936 and one of the twentieth century's great writers is in Barcelona preparing to take up arms in the struggle against fascism in the Spanish Civil War. Meanwhile, there is an extraordinary revelation. Fenella Woolgar reads.

The award-winning writer, Anna Funder, best known for *Stasiland* and *All that I Am*, has immersed herself in the scholarship on George Orwell to write *Wifedom*. Here Funder shines a light on Eileen, Orwell's extraordinary wife. Using newly discovered letters written by Eileen, Funder paints an intimate portrait of a forgotten woman, and one of the twentieth century's most significant literary marriages. She also illuminates the social and cultural values that kept Eileen in the shadows, and continue to shape how the world regards the unsung work of wives everywhere.

Abridged by Katrin Williams  
Produced by Elizabeth Allard

**TUE 10:00 Woman's Hour (m001pmbh)**  
Youngest Afghan mayor, Romanticising your life, surviving WWII Japanese prison camp, Big tech & sexuality

Today marks two years since the re-taking of Afghanistan by the Taliban. We speak to Afghanistan's youngest female mayor, Zarifa Ghafari, who was elected mayor of the conservative central city of Maidan Shahr in 2018, aged 23, and survived three assassination attempts while still living in the country. During one of these attempts, her father was killed. Following the Taliban's return to power in August 2021, she fled Afghanistan along with her husband, mother and siblings. But she still receives daily death threats from the Taliban despite fleeing to Germany two years ago.

Across social media, everyday activities such as making dinner for yourself, going for a walk or buying yourself flowers have been transformed into acts of feminist empowerment. The hashtag for the trend - 'Romanticise your life' - has over 1.5 billion views. Should we all be romanticising our lives more? Journalists Ellie Muir and Chanté Joseph look at the pros and cons of the trend.

Women with poor mental health have an almost 50% higher risk of having a pre-term birth, that's according to a study of 2 million pregnancies in England. The research found that one in 10 women who had used mental health services before their pregnancy had a pre-term birth, compared with one in 15 who did not. We hear from one of the reports authors, Louise Howard, who is professor emerita in women's mental health at King's College London.

Today is VJ day which marks the surrender of Japan and therefore the end of World War Two. Olga Henderson was 13 in 1945, starving in a camp in Singapore alongside other young internees. Now 91, Olga will join us in the studio to talk about her time in the camps recalled in her new - and first - book, *In the Shadow of the Rising Sun*.

Journalist Ellie House is bisexual. But before she had even realised that, it felt like Big Tech had already worked it out, with some sites regularly recommending her LGBTQ content. Ellie joins Nuala to speak about her quest to understand how recommendations systems really work, and the risks and rewards of being queer online. She'll also tell us about speaking to people for whom these kind of recommendations could become potentially life-threatening.

Presenter: Nuala McGovern  
Producer: Kirsty Starkey

**00:00 Opener**  
**02:00 Afghanistan**  
**11:38 Romanticise Your Life**  
**21:04 Pregnancy**  
**30:54 Olga Henderson**  
**45:47 Big Tech**

**TUE 11:00 Bug in the System: The Past, Present and Future of Cancer (m001pmhq)**  
Moths and Miracles

Dr Kat Arney hears from those at the cutting edge of the science of fighting cancer, and asks - will we ever defeat it altogether?

We discover how researchers are taking fresh approaches drawn from the worlds of evolutionary biology, game theory and even pest control to devise strategies to finally find a cure and drive cancer to extinction.

Featuring interviews with:

Nobel Prize winner Jim Allison, Chair of Immunology at the MD Anderson Cancer Center in Houston, Texas  
Caroline Dive, Director of the Cancer Biomarkers Centre at the Cancer Research UK Manchester Research Institute  
Bob Gatenby, Associate Professor at the Moffitt Cancer Center at the University of South Florida in Tampa  
Crispian Jago

Produced for BBC Audio Bristol by Beth Sagar-Fenton.

**TUE 11:30 Eastern Classical (m001pmhw)**

In 2023, East Asian musicians have never been more prominent in western classical music. But it's not a simple case of East Asian musicians being welcomed onto the world stage, a glorious coming of age. Their emergence has come with much judgement, and European critics have bolstered many racist stereotypes in the process.

Mark Seow examines the clichés and truths that East Asian musicians face and, in the process, attempts to make sense of his own story.

Speaking to a range of musicians with East Asian heritage in the UK, Europe, Japan and Malaysia, Mark tells the real story of East Asian musical achievements and influence in the 21st century.

With contributions from: Maxine Kwok, LSO; Eunsley Park, London Philharmonia; Dr Maiko Kawabata, Royal College of Music and the Open University; Augustin Lussion, The Beggar's Ensemble; Professor Daniel Leech Wilkinson, KCL; Dr David Chin, Artistic Director of Bachfest Malaysia and Malaysia Bach Festival Singers and Orchestra; Masaaki Suzuki, founder of Bach Collegium Japan; and Alex Ho, composer and co-founder of Tangram. With thanks to Thomas Cressy.

Presenter: Mark Seow  
Producer: Leonie Thomas  
Executive Producer: Steven Rajam  
An Overcoat Media production for BBC Radio 4

**TUE 12:00 News Summary (m001pmj0)**  
The latest national and international news from BBC Radio 4.

**TUE 12:04 You and Yours (m001pmj4)**  
Call You and Yours: What's your experience of installing solar panels and heat pumps?

On Call You & Yours today we're asking: What's your experience of installing solar panels and heat pumps?

Homeowners across the UK are making more green improvements to their homes than ever before.

On average, more than 20,000 households installed solar panels every month this year, and the number of homes installing heat pumps reached 3,000 a month for the first time.

How much does it cost? Have you had an assessment to see if your house is suitable? Have improvements saved you money?

What's your experience of installing solar panels and heat pumps?

Please phone 03700 100 444 after 11am.

Or you can email us youandyours@bbc.co.uk

PRESENTER: WINIFRED ROBINSON  
PRODUCER: LYDIA THOMAS

**TUE 12:57 Weather (m001pmj8)**  
The latest weather forecast

**TUE 13:00 World at One (m001pmjd)**  
Forty-five minutes of news, analysis and comment, with Sarah Montague.

**TUE 13:45 Magic Consultants (m001kpwy)**  
The History

Adam Shaw peeks behind the curtain of the consultancy industry.

Worth hundreds of billions of pounds, consultants stretch across almost every industry, government department and international border.

Since the pandemic there's been an unprecedented demand for their services and many believe our future is determined by what they think and do. Yet little is known about these largely hidden influencers. They are magnetic and mesmerizing yet, to many of us, shrouded in mystery.

Adam asks who are these wizards, what do they do and how much do they influence our lives.

On the one hand, they're talked of as genius solvers of the world's greatest problems and masters of the machinery of management. On other, some think of them in more shadowy terms, whispering their guidance into the ears of the rich and powerful. Adam sets off with missionary zeal to detangle two very different stereotypes.

Across the series he hunts for the first ever consultant, finds out how they shape our language and politics and discovers how they bounce back from appalling scandals. He joins a consultancy fair to meet aspirant consultants, hears stories from the glass towers of late nights and rewards, explores FOMO and addition, turnarounds and triumphs.

In this episode he charts the history of the industry from its early pioneers: scientific time managers on the factory floors of industrializing America, in pursuit of greater efficiency. He hears how the industry evolved on both sides of the Atlantic and how governments and businesses alike began relying on them for advice.

With contributions from: Andrew Sturdy, Professor in Management at The University of Bristol, Dr Chris McKenna, Reader in Business History and Strategy at the Said Business School, public services consultant and historian Dr Antonio Weiss and Rosie Collington, co-author of The Big Con,

Produced by Neil McCarthy

**TUE 14:00 The Archers (m001pmdt)**  
[Repeat of broadcast at 19:00 on Monday]

**TUE 14:15 This Thing of Darkness (m0011c5d)**  
Series 2

Part 1

The winner of the British Podcast Award for Best Fiction 2021 returns with a gripping drama about trauma, obsession and why we harm the things we love.

Part 1 of 7

Written by Anita Vettesse with monologues by Eileen Horne.

Dr Alex Bridges is an expert forensic psychiatrist and psychotherapist, assessing and treating perpetrators of violent crime.

Alex assesses a young woman as she is released from prison. Sarah has served ten years for Arson. Does she still present a risk?

Alex ... Lolita Chakrabarti  
Sarah ..... Melody Grove  
Paul ..... Robert Jack  
Ros ..... Lois Chimimba  
Dog Walker ..... Anita Vettesse

Series created by Lucia Haynes, Eileen Horne, Gaynor Macfarlane, Anita Vettesse and Kirsty Williams.  
Series consultant: Dr Gwen Adshad  
Produced by Gaynor Macfarlane and Kirsty Williams

A BBC Scotland Production directed by Gaynor Macfarlane

**TUE 15:00 The Kitchen Cabinet (m001pm2w)**  
[Repeat of broadcast at 10:30 on Saturday]

**TUE 15:30 A Very British Cult (p0fdl4wz)**  
6. Control

We meet Simon, who ended up deep in Lighthouse, recruiting for them, monitoring their critics and living with his mentor. But one day Simon says he realised he was actually in a cult, and he had no choice but to pack his bags and run.

What happens when a life coach takes over your life? Catrin Nye and her team expose control, intimidation and fear at a sinister life coaching company.

Reporter: Catrin Nye  
Written by: Jamie Bartlett and Catrin Nye  
Producers: Osman Iqbal, Natalie Truswell, Ed Main & Jo Adnitt  
Researcher: Aisha Doherty  
Executive Producer: Ravin Sampat  
Sound Mixing: James Bradshaw  
Original Music by: Phil Channell  
Commissioner: Rhian Roberts

**TUE 16:00 Word of Mouth (m001pmjk)**  
Therapy Speak

Susie Orbach talks to Michael Rosen about the use and misuse of "therapy speak". With the rise of mental health awareness, it seems to have leaked out of the therapist's office and into our homes. Instead of saying someone's getting on our nerves, we talk about "boundaries"; instead of accusing someone of lying, we call them a "gaslighter"; instead of telling someone we're listening, we say we're "holding space". But do these words mean what we think they do? And do they help or heighten the issues we are trying to discuss?

Producer: Alice McKee, BBC Audio Bristol

**TUE 16:30 Great Lives (m001pmjq)**  
Sophie Scott on Hattie Jacques

Born in 1922, Hattie Jacques began her career in music hall before graduating onto the radio comedies of the 1950s such as Educating Archie, 'It's That Man Again' and 'Hancock's Half Hour' where she became a star. TV and films followed, most notably the role of Eric Sykes' twin sister in 'Sykes' and the stern but lovelorn matron, headmistress or housekeeper in the 'Carry On' films. Hattie was teased about her weight in school and she was often the person being laughed at in her work. She largely accepted this role but yearned to do more serious work. In contrast to many of the characters she played she was a vivacious person who loved men and liked a party.

Choosing Hattie is neuroscientist Sophie Scott who remembers Hattie as the first funny woman she heard or saw. Sophie studies why we laugh and says it was great how Hattie held her own with these men. Together with expert Andy Merriman they explore Hattie's life including how she did her own welding in a film, her marriage to John Le Mesurier and affair with John Schofield, and whether the typecasting she suffered was a hindrance or a benefit to her career. Presented by Matthew Parris who remembers Hattie uttering "But not with a daffodil!" in 'Carry On Nurse'. You'll have to listen to find out where exactly that daffodil was discovered.

Produced for BBC Audio in Bristol by Toby Field.

**TUE 17:00 PM (m001pmjv)**  
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**TUE 18:00 Six O'Clock News (m001pmjy)**  
The Bulgarian nationals charged with possessing fake passports and ID cards

**TUE 18:30 The Ultimate Choice (m001k077)**  
Series 1

Episode 4: Agatha Christie v Mr Blobby

Steph McGovern is in Newcastle to ask some seriously funny minds for their definitive answers to the great questions of our age. Or not. Welcome to the world's most devious game of Would You Rather? With guests Pippa Evans and Dave Johns.

Host: Steph McGovern  
Guests: Pippa Evans and Dave Johns  
Devised and written by Jon Harvey & Joseph Murguro  
With additional material from Laura Major  
Researcher: Leah Marks  
Recorded and mixed by David Thomas  
Producer: Jon Harvey  
Executive Producers: Ed Morrish and Polly Thomas

Photo: Carolyn Mendelsohn

A Naked production for BBC Radio 4.

**TUE 19:00 The Archers (m001pmk3)**  
Pip, Lottie and Ben are on a night out, where talk turns to Pip's love life. Lottie can't believe there's been no-one since Toby, but when she probes her further, Pip shuts Lottie down. Later

back at Rickyard Ben and Pip unwind. Ben's surprised to see David's precious toy farm on the floor and Pip explains that David's lent it to Rosie. When Ben unloads about how much work is involved in running the B and B, Pip suggests Hannah staying there might make things easier. But Ben's not convinced: it would still be work, especially when he's back at uni. Pip suggests mentioning his concerns to Ruth. Disaster strikes when Ben unwittingly treads on David's toy farm base and it cracks. Trying to regain his balance, he then causes more damage. When Pip comments that Ben's like Godzilla, Ben wonders how he's going to tell David.

George and Henry unload the Bridge Farm van and George talks about his forthcoming family day out to the County Show. Ed's showing his Texels and he's convinced that they'll get a ton of rosettes. When Henry asks Helen if he can go along with them, she agrees, saying Henry will have a fantastic time. Later Henry tells George that his stepdad's been texting him. When George wonders if he means Lee, Henry says no, the real one. Rob's going to meet Henry at the show, so Henry will probably do his own thing there without George. George says that's fine he can hang out with his mates.

#### **TUE 19:15 Front Row (m001pmk8)**

Live from the Edinburgh Festival: Nicola Benedetti, Colson Whitehead, Karine Polwart, Susie McCabe, Andrew O'Hagan

Front Row is live from Dynamic Earth in Edinburgh for festival season, presented by Kate Molleson.

Scotland's own Grammy award-winning violinist Nicola Benedetti will be with us to share her vision for this year's Edinburgh International Festival, as she makes her debut as Festival Director.

Kate will also be joined on stage by the Pulitzer Prize winning novelist Colson Whitehead to discuss Crook Manifesto, the latest instalment in his Harlem saga, set in 1970s New York.

We'll have music from the Scottish folk singer Karine Polwart with pianist Dave Milligan, ahead of their appearance at the Book Festival.

Glasgow comedian Susie McCabe will share stand-up from her new Fringe show exploring her womanhood, *Femme Fatality*.

Novelist and fellow Glaswegian Andrew O'Hagan will reflect on making his directorial debut, as he brings his new play *The Ballad of Truman Capote* to the Fringe.

Presenter: Kate Molleson  
Producer: Kirsty McQuire

#### **TUE 20:00 File on 4 (m001pf8q)**

Escaping Anna

A group of women turned to a private specialist eating disorder clinic in Bath hoping they would receive life-changing treatment.

They say their mental and physical health deteriorated while the psychologist in charge subjected them to psychological abuse. The clinic has since closed its doors, but the former patients say they have been left with life-long scars

Reporter: Divya Talwar  
Producer: Ellie Layhe

#### **TUE 20:40 In Touch (m001pmkr)**

RNIB Job Advert; Access to the Women's World Cup

The RNIB recently advertised the role of Customer Support Officer, but there was a particular bit of wording that drew an instant and indignant reaction from a number of blind and partially sighted people who read it. The initial advert stated that the systems used within the role were not compatible with JAWS screen reader. The advert has since been amended to dispute this, stipulating that JAWS could be used with some work arounds, such as scripting. The RNIB's Director of Services, David Newbold addresses your concerns and sheds light on what happened.

The Lionesses, England's women's football team, are causing waves at the World Cup and FIFA have developed a way of making the games more accessible to visually impaired smart phone users. They, along with the Centre for Access to Football in Europe, are providing audio described commentary through the FIFA Interpreting App. It aims to fill in the gaps and deliver a better football experience for visually impaired fans.

To access the audio described commentary through the app, the following access code can be used: ADCFWWC2023 (this is case sensitive).

Presenter: Peter White  
Producer: Beth Hemmings  
Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image, wearing a dark green jumper. Above Peter's head is the BBC logo (three individual white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one of a darker blue and the other is a lighter blue.

#### **TUE 21:00 Inside Health (m001pmky)**

On the trail of a new street drug

What happens when a new drug hits the UK's streets? And how are illicit drugs here changing – and why?

James follows the trail of the first case of "zombie drug" xylazine in the UK and hears some powerful personal stories along the way.

The story begins in Solihull, in the West Midlands, where 43-year-old Karl Warburton was found dead in May 2022. He had a mix of xylazine, heroin, fentanyl and cocaine in his body.

James visits a local addiction clinic where Mark describes the fear and compulsion many addicts face. He tells James about his journey to recovery and we meet Simon who's on a mission to help people like Mark into a new life.

Next, James meets toxicologists at a busy hospital lab in Birmingham where he finds out how xylazine was first detected. Then he travels to London to meet a university academic who first raised the alarm about the drug, and visits a cramped room containing the paper records she keeps detailing every drug death in Britain from the past 25 years.

James goes on a surprising and, at times, emotional journey as he gets a rare insight into the world of illegal drugs and the parts of the NHS that treat addiction.

Presenter: James Gallagher  
Producer: Gerry Holt  
Editor: Erika Wright  
Production Co-ordinator: Jonathan Harris  
Technical producer: Andrew Garratt

#### **Locations:**

Solihull Integrated Addiction Services, Birmingham and Solihull Mental Health NHS Foundation Trust  
Department of Toxicology, Birmingham Heartlands Hospital  
The National Programme on Substance Abuse Deaths (NPSAD), King's College London

#### **TUE 21:30 The Life Scientific (m001pmgn)**

[Repeat of broadcast at 09:00 today]

#### **TUE 22:00 The World Tonight (m001pml3)**

The new charges against Donald Trump

The most extensive allegations of criminality yet levelled at Donald Trump - now accused, in one state, of leading a conspiracy to subvert the wishes of voters. We'll examine how serious these charges are for the former president - and speak to a leading Republican congressman from Georgia.

Also on the programme:

Two years on from the Taliban seizing power in Afghanistan, we hear from a Taliban spokesperson who says the international community is using women's rights as an excuse to put pressure on them.

And the pair of pen pals who've met for the first time - after almost 70 years of writing each other letters.

#### **TUE 22:45 The Lock Up by John Banville (m001pml9)**

Episode 7

1950s Dublin. In a lock-up garage in the city, the body of a young woman is discovered – an apparent suicide. But pathologist Dr Quirke and Detective Inspector Stafford soon suspect foul play.

The victim's sister, a newspaper reporter from London, returns to Dublin to join the two men in their quest to uncover the truth. But, as they explore her links to a wealthy German family in County Wicklow, and to investigative work she may have been doing in Israel, they are confronted with an ever-deepening mystery. With relations between the two men

increasingly strained, and their investigation taking them back to the final days of the Second World War, can they join the pieces of a hidden puzzle?

John Banville is one of Ireland's most prolific writers. He has written 17 novels and has been the recipient of the Man Booker Prize, the James Tait Black Memorial Prize, the Guardian Fiction Award, the Franz Kafka Prize, a Lannan Literary Award for Fiction, and the Prince of Asturias Award for Literature. He lives in Dublin.

Author: John Banville  
Reader: Gerry O'Brien  
Abridger: Neville Teller  
Producer: Gemma McMullan  
Executive Editor: Andy Martin

A BBC Northern Ireland Production.

#### **TUE 23:00 Witch (p0fjpbw2)**

12. Witch Circle

The witch has held a place firmly in our imagination for centuries – from whispered warnings in folklore to pop-culture driven heights. But what does it mean to be a witch now?

Presenter India Rakusen, creator of the podcast 28ish Days Later, is on a journey to find out.

The act of witches gathering together to practise their craft seems to have its own special power. India spends time with a group of witches in Scotland and a coven in Cornwall, and explores the power of group rituals.

Scored with original music by The Big Moon

Presenter: India Rakusen  
Executive Producer: Alex Hollands  
Producer: Lucy Dearlove  
Producer: Elle Scott  
AP: Tatum Swithenbank  
Production Manager: Kerry Luter  
Sound Design: Olga Reed

A Storyglass production for BBC Radio 4

#### **TUE 23:30 Mark Watson Talks a Bit About Life (m000fvzp)**

Series 3

Spring

Multi-award winning comedian and author Mark Watson continues his probably doomed quest to make sense of the human experience.

Expect jokes galore and a few songs with Mark aided by the sardonic musical brilliance of Flo and Joan.

And Mark has a fresh comedy friend in each show. For starters, it's Lou Sanders.

A time of new beginnings, lambs and other cliches.

Spring kicks off this series about the four seasons of the year and the seasons of a human life, as Mark - at the halfway point of his expected lifespan - considers what might come next...

Producer: Lianne Coop

An Impatient production for BBC Radio 4, first broadcast in March 2020.

#### **WEDNESDAY 16 AUGUST 2023**

##### **WED 00:00 Midnight News (m001pml)**

The latest news and weather forecast from BBC Radio 4.

##### **WED 00:30 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmh3)**

[Repeat of broadcast at 09:45 on Tuesday]

##### **WED 00:48 Shipping Forecast (m001pml)**

The latest weather reports and forecasts for UK shipping

##### **WED 01:00 Selection of BBC World Service Programmes (m001pmm0)**

World Service

BBC Radio 4 joins the BBC World Service.

**WED 05:20 Shipping Forecast (m001pmm4)**  
The latest weather reports and forecasts for UK shipping

**WED 05:30 News Briefing (m001pmm8)**  
National and international news from BBC Radio 4

**WED 05:43 Prayer for the Day (m001pmmg)**  
A spiritual comment and prayer to begin the day with Rev Virginia Luckett

Eileen Sheridan - Just do it

Good morning and welcome.

Last week I saw my friend John, who in his late 60's has recently returned from an epic cycling trip from Lands End to John O'Groats. Despite not being a serious cyclist he had always had the ambition to try this iconic route. But it was only when he discovered late last year, an email in the dark recesses of his inbox enquiring about the route which was 5 years old, he thought he'd better get on with it!

I was reminded of another cyclist, a diminutive octogenarian woman, who I got to know through the church in Isleworth, where I did my curacy.

This woman was none other than Eileen Sheridan. The world record breaking cyclist, whose career was cut short in the late 1950s because she had broken every record that she could attempt because female cyclists didn't compete in the Olympics until 1984.

She too had the ambition to try Land's End to John O'Groats, which she did in 1954, smashing the previous world record by nearly 12 hours with a time of 2 days, 11 hours and 45 minutes. Even more outstanding, because she didn't have the benefits of modern day bike technology, sports clothes or equipment.

She said she had worn a thick fisherman's jumper that belonged to her beloved husband Ken and she had carried a chicken sandwich and a small flask of tea tucked inside it.

Eileen's record stood for 36 years and was not broken until 2002. She died earlier this year, and is fondly remembered by all who knew her.

So today I pray for all of us who have untested ambitions, that like Eileen and John, we will have the opportunity to try.

Amen

**WED 05:45 Farming Today (m001pmmn)**  
16/08/23 Organic farm funding in Wales; reinstating hedgerows; musical collars for cows

Organic farmers and businesses in Wales say they have been 'forgotten' by the Welsh government; they say millions of pounds worth of support is being withdrawn under the new farming policy proposals.

The 1947 Agriculture Act aimed to get farmers producing more food to shore up Britain's self sufficiency following the pre-War depression, and it rewarded farmers financially for removing their hedgerows. Decades later, hedges are increasingly being reinstated.

How musical collars instead of fences are keeping cattle in their fields.

Presented by Caz Graham and produced by Rhiannon Fitz-Gerald.

**WED 05:58 Tweet of the Day (b08wp3fq)**  
Joe Harkness on the Nightingale

Norfolk based bird therapist Joe Harkness on the calming effect a nightingale song can be for Tweet of the Day.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer Maggie Ayre.

**WED 06:00 Today (m001pmk1)**  
News and current affairs, including Sports Desk, Weather and Thought for the Day.

**WED 09:00 Reflections (m001pmk7)**  
George Robertson

Lord George Robertson talks to James Naughtie about his journey from battling with the Scottish National Party as a Labour MP, to sitting across the table from Vladimir Putin as Secretary General of NATO

Producer: Daniel Kraemer

**WED 09:30 Life Support (m001j3jf)**  
Midwives

Two health workers at different stages of their careers, meet for the first time to share and contrast their experiences of working in the health service. Revealing and surprising insights emerge as they compare the pressures of the past with the current challenges we hear so much about today. In this episode we hear from two midwives. Ann, who's been a midwife for thirteen years, talks about how she takes her tea. It must be lukewarm. The reason? She knows there's simply no time to wait on a busy labour ward for a hot brew to cool down between seeing patients. Ann is in conversation with Joy, who started as a midwife in the NHS in the 1980s. Back then Joy remembers having time to read a book and even doing some knitting between patients. Both weigh up the satisfaction they get from doing the job against the increasing pressures of the role.

Produced by Octavia Woodward and Nick Holland  
Editor: Clare Fordham  
Sound: Graham Puddifoot  
Production Coordinators Sabine Schereck and Maria Ogundele

**WED 09:45 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmmf)**

Book of the Week: Episode 3 - Terror in Barcelona

In Anna Funder's biography of George Orwell's forgotten first wife, Eileen, it's 1937 and fear reigns in Spain. To escape conflict and division Eileen must confront the forces of terror that now dominate Barcelona's streets. Fenella Woolgar reads.

The award-winning writer, Anna Funder, best known for Stasiland and All that I Am, has immersed herself in the scholarship on George Orwell to write Wifedom. Here Funder shines a light on Eileen, Orwell's extraordinary wife. Using newly discovered letters written by Eileen, Funder paints an intimate portrait of a forgotten woman, and one of the twentieth century's most significant literary marriages. She also illuminates the social and cultural values that kept Eileen in the shadows, and continue to shape how the world regards the unsung work of wives everywhere.

Abridged by Katrin Williams  
Produced by Elizabeth Allard

**WED 10:00 Woman's Hour (m001pmkp)**

Martine McCutcheon, anxiety & the perimenopause, Who is Fani Willis? Period huts in Nepal

Martine McCutcheon describes her rising anxiety levels to do with the perimenopause.

Who is Fani Willis? On Monday 14 August a grand jury in Fulton County, Georgia voted to charge Mr Trump and 18 others with attempting to overturn the 2020 election result in the state. The woman taking on his case is District Attorney Fani Willis. Kimberley Peeler Allen the co-founder of HHFA, a national organization building the political power and leadership of Black women from the voting booth to elected office, joins Nuala.

Should parents of disabled children and those with long term health conditions be kept in the loop, even when the young person turns 18 and is an adult? We hear from parents devastated to be excluded, who say they are not listened to, sometimes until it's too late. And the Royal College of Psychiatrists tells Woman's Hour they want to see the period of transition to be extended past 18 and up to the age of 25.

In Nepal there have been reports of a 16-year old girl who has died as a result of the illegal practice of chhaupadi. This is where menstruating women are forced to stay in huts outside their home due to the centuries-old belief that they are unclean and untouchable during menstruation. Journalist Shristi Kafle joins us from Nepal.

The Invincibles is the untold story of one of the most successful women's football team of World War One. And as the spirit of the Sterling Ladies lives on in the Lionesses epic Women's World Cup adventure this summer a play about them opens at the Queens Theatre in Hornchurch Essex early next month. Playwright Amanda Whittington and actor Yanexi Enriquez join Nuala.

Presenter: Nuala McGovern  
Producer: Lucinda Montefiore

**00:00 Opener**  
**02:10** Martine Mccutcheon  
**13:53** Fani Willis

**26:24** Post - 18  
**40:03** Period Huts  
**46:40** The Invincibles

**WED 11:00 Police on Steroids (m001pmff)**  
[Repeat of broadcast at 20:00 on Monday]

**WED 11:30 Director of Me (m001Invjm)**  
Darren

How do you manage your mental health when you cannot control the direction of your mind?

Director of Me follows three people with diagnosed mental health conditions through a month in their lives. Each episode pivots around self-recorded audio diaries as they reflect on what it's like to inhabit and manage their minds.

The programmes incorporate specially composed music, worked up in collaboration with each person to illustrate how they experience their mental health conditions.

In episode one, we meet Darren, aged 57. He's a father, a friend, a husband and son. He is a motorbike enthusiast, a jazz man and retired solicitor. Darren lives with Bipolar, having been diagnosed in 2017 despite having experienced symptoms since his 20s.

"I live with my wife, two children, a deranged dog and a crafty cat. I also live with another beast, a beast called Bipolar; the artist formerly known as manic depression."

This episode was recorded by Darren.

Producer: Catherine Carr  
Assistant Producer and Composer: Maia Miller-Lewis  
Executive Producer: Jo Rowntree

With thanks to Bipolar UK for their support.

A Loftus production for BBC Radio 4

**WED 12:00 News Summary (m001pmmn)**  
The latest national and international news from BBC Radio 4.

**WED 12:04 You and Yours (m001plm2)**  
Facebook Marketplace; Student living costs; Skip Intro

Internet scams are a growing concern, and now Facebook Marketplace is becoming a particular target for criminals trying to get goods or money out of unsuspecting sellers. We place an ad for a kitchen table using a fake identity and within five minutes see the scammers going to work. And we hear a call from a leading high street bank for Meta – the company which owns Facebook – and other social media giants to clamp down on the online selling scams which are growing at an alarming rate.

A level results are out on Thursday meaning thousands of students will find out whether they have achieved sufficient grades to go to the university of their choice. They may get the results they need - but will they be able to afford to live there? Research by You and Yours shows that the cost of staying in university accommodation across the top 10 most attended universities has risen by almost a fifth over the last 5 years, to an average of more than £180 per week.

Latest figures from the Energy Ombudsman show that the number of complaints made by customers against energy companies has risen by more than 50%. More than 31,000 people lodged complaints with the Ombudsman in the first three months of this year...up 12,000 on the same period last year. We hear from listeners who claim some energy companies are not carrying out the wishes of the Ombudsman when it rules against the company.

And as more of us watch television through streaming or catch up services, so more people are choosing to skip the intro – and the carefully crafted music. We talk to Murray Gold – who composed themes including 'It's A Sin', 'Maggie Murders' and the revamped 'Dr Who' theme – about whether some recent blockbuster series such as 'Succession' will ever persuade people not to 'Skip Intro'. So...which TV theme tune would you never skip?

PRESENTER: WINIFRED ROBINSON  
PRODUCER: CRAIG HENDERSON

**WED 12:57 Weather (m001plmh)**  
The latest weather forecast

**WED 13:00 World at One (m001plmh)**  
Forty-five minutes of news, analysis and comment, with Sarah

Montague.

**WED 13:45 Magic Consultants (m001kx8j)**  
Shaping the World

Adam Shaw peeks behind the curtain of the consultancy industry.

Worth hundreds of billions of pounds, consultants stretch across almost every industry, government department and international border.

Since the pandemic there's been an unprecedented demand for their services and many believe our future is determined by what they think and do. Yet little is known about these largely hidden influencers. They are magnetic and mesmerizing yet, to many of us, shrouded in mystery.

Adam asks who are these wizards, what do they do and how much do they influence our lives.

On the one hand, they're talked of as genius solvers of the world's greatest problems and masters of the machinery of management. On other, some think of them in more shadowy terms, whispering their guidance into the ears of the rich and powerful. Adam sets off with missionary zeal to detangle two very different stereotypes.

Across the series he hunts for the first ever consultant, finds out how they shape our language and politics and discovers how they bounce back from appalling scandals. He joins a consultancy fair to meet aspirant consultants, hears stories from the glass towers of late nights and rewards, explores FOMO and addition, turnarounds and triumphs.

In this episode Adam takes a close look at how the industry has shaped the world around us. He sees how consultants have been involved in most key stages in the development of capitalism and how the phraseology of 'Corporate Culture' has found its way into everyday language.

Producer Neil McCarthy

**WED 14:00 The Archers (m001pmk3)**  
[Repeat of broadcast at 19:00 on Tuesday]

**WED 14:15 Drama on 4 (b0bgmxh3)**  
The Third Pill

The Third Pill by James O'Neill  
Greg works in children's publishing but feels middle aged and out of touch. Then something pops up on his computer that will transform his life. A comedy about finding that elusive elixir of youth.

Greg ..... Reece Dinsdale  
Gregory ..... Rupert Hill  
Faye ..... Kate Coogan  
Margaret ..... Susan Twist  
Alistair ..... Stephen Marzella  
Doctor ..... Malcolm Raeburn

Director/Producer Gary Brown

**WED 15:00 Money Box (m001pm37)**  
[Repeat of broadcast at 12:04 on Saturday]

**WED 15:30 Inside Health (m001pmk5)**  
[Repeat of broadcast at 21:00 on Tuesday]

**WED 16:00 BFFs: A Life built on Friendship (m001pmr)**  
Emily Knight lives with five housemates. One of them is her partner. But this isn't a student house-share. They are all in their 30s, have no plans to break up the group, and Emily can't imagine life without them all. So could the rest of her life be built on these friendships?

Traditionally life's big chapters - housebuying, raising kids, retiring - are seen as things you probably do with a romantic partner.

In BFFs, Emily meets people from across the UK doing things differently, and asks if a life built on friendship can really work.

In Greater Manchester she meets Sam and Sean, renovating the three-bedroom house they bought together last year. Sandra and Lisa reflect on raising their daughters as two single mums together in Hull.

In Colchester, Andy, Anne and Barbara are three members of a bigger group of friends living in a co-housing settlement. For them, friendship is a way of guarding against loneliness as they get older.

And from the United States, Emily hears about the developing concept of "platonic co-parenting", while writer Rhaina Cohen explains why she feels deep friendships can be unappreciated

and misunderstood.

Producers: Paul Martin & Emily Knight  
A BBC Audio Wales Production for Radio 4

**WED 16:30 The Media Show (m001pmlz)**  
AI - destroyer of journalism?

How will the recent explosion in AI change how we find out about what's going on in the world? What sources will AI rely on to deliver trustworthy news? Will it put journalists out of work? This week we answer these questions and more.

Guests: Madhumita Murgia, Artificial Intelligence Editor, Financial Times; Tom Clarke, Science and Technology Editor, Sky News; Eliz Mizon, Communications Lead, The Bristol Cable; Jackson Ryan, Science Editor, CNET

Presenter: Katie Razzall  
Producer: Simon Richardson

**WED 17:00 PM (m001pmm3)**  
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**WED 18:00 Six O'Clock News (m001pmm4)**  
It is the first time a senior English football team are in a World Cup final since 1966

**WED 18:30 John Finnemore's Souvenir Programme (m0006115)**  
Series 8

Episode 5

John Finnemore returns to Radio 4 with an eighth series of his multi-award-winning sketch show, joined by his regular ensemble cast of Margaret Cabourn-Smith, Simon Kane, Lawry Lewin and Carrie Quinlan.

This episode contains some helpful guidance on the etiquette of "Thank You's", and looks into the devastating consequences of World Peace.

John Finnemore's Souvenir Programme was described by The Radio Times as "the best sketch show in years, on television or radio", and by The Daily Telegraph as "funny enough to make even the surliest cat laugh". Already the winner of a Radio Academy Silver Award and a Broadcasting Press Guild award, this year Souvenir Programme won its second BBC Audio Drama award.

Written by & starring ... John Finnemore  
Cast ... Margaret Cabourn-Smith  
Cast ... Simon Kane  
Cast ... Lawry Lewin  
Cast ... Carrie Quinlan

Production Coordinator ... Beverly Tagg  
Producer ... Ed Morrish  
A BBC Studios production

**WED 19:00 The Archers (m001pmm1)**

When Pip's surprised to find that Ruth's invited Stella roller-skating, Ruth explains it's because she'd discovered that Stella's a roller-skating diva. When they're alone, Stella asks Pip if it's a problem that she's coming, but Pip's says it's fine. At the rink Pip's on edge and moans to Ruth about why she invited Stella; she'd thought it was a family outing. Ruth explains it was to take Stella's mind off losing Weaver. When Stella thinks Pip looks miserable, Pip snaps that it's her choice to be like that. Stella skates off and Ruth wonders what on earth's wrong with Pip - she was downright rude.

David walks in on Ben trying to fix David's toy farm. Ben comes clean about losing his balance and falling on it. David's calm until he discovers that some of the figures are broken too. Ben apologises, but David says the important thing is that he's still got Phil's gift tag. Seeing Ben's crestfallen expression, David jokingly reassures him. It's only stuff - demolishing his toy farm isn't actually the end of the world. Ben just needs to focus on getting ready for uni. When Ben worries about the placements on his nursing course, David points out Ben's support systems. Ben will be fine as long as toy animals aren't involved! Later when Ben outlines his concerns about the B and B, Pip agrees to take over from him. Later Ruth tells David about Pip's meltdown and rudeness to Stella earlier. She's got no idea what's going on with Pip.

**WED 19:15 Front Row (m001pmm5)**  
TV's I Claudius; Jules Buckley's Stevie Wonder Prom; the difficulty buying concert tickets

As the acclaimed 1976 Roman Empire drama series I Claudius

returns to television screens, classicist Natalie Haynes and cultural critic Charlotte Higgins discuss the reasons for its success, whether its historical inaccuracies are any bar to its enjoyment, and if it stands the test of time.

Plus conductor, curator, and composer Jules Buckley discusses his Stevie Wonder Prom celebrating 50 years of the groundbreaking album Innervisions.

And why is it often so hard to buy tickets for big gigs, like Taylor Swift's Eras tour? We talk to ticketing security expert Reg Walker, and to Martin Haigh of ticketing system provider Total Ticketing and a previous head of Ticketmaster Asia.

Presenter: Tom Sutcliffe  
Producer: Harry Parker

**WED 20:00 AntiSocial (m001pfnr)**  
Hard work and mental health

Is better awareness of mental illness a good thing - or encouraging people out of work?

A newspaper columnist questioned whether a rise in people out of work because of bad mental health might include some who could have "soldiered on"? It reignited a discussion online about the benefits of work and the importance of emotional wellbeing. On one side are those who think a better understanding of mental health is a necessary correction following decades of neglect. On the other, people who say all the talk of conditions like depression and anxiety has become a self-fulfilling prophecy. What's the evidence?

Guests:  
Dr Jay Watts, Consultant clinical psychologist  
Gillian Bridge, author and former addiction counsellor  
Andy Bell, CEO of Centre for Mental Health  
Ann John, professor of public health and psychiatry, Swansea University  
Darren Morgan, Director of Economic Statistics Production & Analysis at the Office for National Statistics

**WED 20:45 Just One Thing - with Michael Mosley (m001hf9h)**  
Try Tai Chi

If you're looking to add more exercise into your lifestyle why not consider Tai Chi. It's an ancient Chinese martial art - it's sometimes called "meditation in motion". It's a series of different postures that gently flow into each other in slow movements. One of the big benefits to Tai Chi is that it can significantly enhance the activity of our immune system. And although it looks gentle, it can be a surprisingly good workout! Michael Mosley speaks to Dr. Parco Siu from the University of Hong Kong, who has been studying the health benefits of Tai Chi for over a decade. His research has revealed that Tai Chi can lead to faster brain benefits than other exercises. He also found that Tai Chi was as effective as conventional exercise like moderate-intensity aerobic exercise or muscle strengthening activities for reducing body weight and visceral fat!

Tai Chi videos:  
BBC - The Taste of Tai Chi Challenge: <https://bit.ly/40IFshI>  
NHS - Tai Chi videos: <https://bit.ly/3AyiUFO>

**WED 21:00 A Very British Cult (p0fdl4wz)**  
[Repeat of broadcast at 15:30 on Tuesday]

**WED 21:30 The Media Show (m001pmlz)**  
[Repeat of broadcast at 16:30 today]

**WED 22:00 The World Tonight (m001pmmz)**  
England's Lionesses through to World Cup final

The Killers booed for inviting Russian fan on stage

San Francisco city employees working from home because downtown too dangerous

Trans swimmers to compete in 'open' races

**WED 22:45 The Lock Up by John Banville (m001pmn2)**  
Episode 8

1950s Dublin. In a lock-up garage in the city, the body of a young woman is discovered - an apparent suicide. But pathologist Dr Quirke and Detective Inspector Stafford soon suspect foul play.

The victim's sister, a newspaper reporter from London, returns to Dublin to join the two men in their quest to uncover the truth. But, as they explore her links to a wealthy German family

in County Wicklow, and to investigative work she may have been doing in Israel, they are confronted with an ever-deepening mystery. With relations between the two men increasingly strained, and their investigation taking them back to the final days of the Second World War, can they join the pieces of a hidden puzzle?

John Banville is one of Ireland's most prolific writers. He has written 17 novels and has been the recipient of the Man Booker Prize, the James Tait Black Memorial Prize, the Guardian Fiction Award, the Franz Kafka Prize, a Lannan Literary Award for Fiction, and the Prince of Asturias Award for Literature. He lives in Dublin.

Author: John Banville  
Reader: Gerry O' Brien  
Abridger: Neville Teller  
Producer: Gemma McMullan  
Executive Editor: Andy Martin

A BBC Northern Ireland Production.

**WED 23:00 Bunk Bed (m001pmn8)**  
Series 10

with Peter Curran and Patrick Marber

Patrick Marber and Peter Curran wonder about the legacy of being big in the 1990s, about Toyah and Robert Fripp, finding death in the countryside, and Patrick winning a Tony Award in New York.

Producer by Peter Curran  
A Foghorn production for BBC Radio 4

**WED 23:15 Sarah Keyworth - Are You a Boy or a Girl? (m001pmnk)**  
Series 2

1: "Where are we now?"

Award-winning comedian Sarah Keyworth returns with their Radio 4 series *Are You a Boy or a Girl?* Since the first series aired in 2020, the debate around gender has exploded and taken on a life of its own, all culminating with one question 'should I be allowed to decide who I am?' Sarah has recently come out as non-binary (a subtle soft-launch in *The Guardian* newspaper) and is ready to share some more of their own brand of mx-information. That's gender non-conforming information, the cool non-binary cousin of misinformation.

In this first episode, Sarah talks us through how their gender is perceived throughout their daily life; from when they walk out the door, to being in a changing room, to getting a coffee; and we find out why they sometimes have to hum 'call me maybe' in a public toilet.

Written by and starring Sarah Keyworth with additional material from Ruby Clyde.

Producer: Georgia Keating  
Executive Producer: James Robinson  
Production Coordinator: Becky Carewe-Jeffries  
Sound Engineer: Paul Brogden  
Editor: Joshan Chana  
Photo credit: Matt Crockett

A BBC Studios Production for Radio 4

**WED 23:30 What's Funny About ... (m000zsn5)**  
Series 2

1. Ricky Gervais on *The Office*

Ricky Gervais is the man who created, wrote, directed, and starred in what is, by any metric you'd care to measure it, one of the most influential sitcoms of the 21st century - *The Office*.

Ricky shares the inside story with TV veterans Peter Fincham and Jon Plowman.

Discover what Ricky's challenges were of getting *The Office* commissioned and made, and the very real fear that the audience would think it was just another docu-soap, and simply wouldn't realise it was a sitcom.

Ricky also talks about how he crafted many of the show's most famous moments and reveals how a combination of Homer Simpson, James Cagney, and a bloke with a pony tail who worked at a temp agency in Reading, all helped inspire the character of David Brent.

What's Funny About is the series where Peter and Jon talk to the writers, producers, and performers behind Britain's biggest TV comedy hits, and hear the inside story of how they brought

their programmes to the screen.

Producer: Owen Braben

Made for BBC Radio 4 Extra by Expectation Productions, and first broadcast in September 2021.

**THURSDAY 17 AUGUST 2023**

**THU 00:00 Midnight News (m001pmp8)**

The latest news and weather forecast from BBC Radio 4.

**THU 00:30 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmmf)**

[Repeat of broadcast at 09:45 on Wednesday]

**THU 00:48 Shipping Forecast (m001pmpn)**

The latest weather reports and forecasts for UK shipping

**THU 01:00 Selection of BBC World Service Programmes (m001pmpx)**

World Service

BBC Radio 4 joins the BBC World Service.

**THU 05:20 Shipping Forecast (m001pmq7)**

The latest weather reports and forecasts for UK shipping

**THU 05:30 News Briefing (m001pmqp)**

National and international news from BBC Radio 4

**THU 05:43 Prayer for the Day (m001pmr6)**

A spiritual comment and prayer to begin the day with Rev Virginia Luckett

The financial challenges of Harvest

Good morning and welcome.

Having moved only five Harvest seasons ago, from a densely populated built up part of London out to rural West Dorset, I'm just beginning to understand the ebb and flow of the farming year; helped by a couple of local farming families who have taken me under their wing as their ex-towny vicar, to teach me some of their ways.

Their families have farmed this land for generations. Whether through experience or science they know every contour of their land, every ditch and spring, and the qualities of the soil in each of their fields.

Intimate and deep knowledge of the natural landscape, a landscape much admired by thousands of visitors every summer. Pocket handkerchiefs of green pasture on the soft hills of Dorset feeding livestock, or golden with maize or corn for the winter feed, or filled with wildflowers buzzing with insects. Stunningly beautiful; all I can see from the windows of my home.

Even I, with my fledgling knowledge, can see how hard the farming life is and can appreciate that it's a vocation, like a calling to the land, as hard and demanding as any other vocation and increasingly difficult to fill.

I too am beginning to appreciate the challenges associated with the changing climate, the cost and supply of feed, fertiliser, red diesel and bio fuels and the sale price of milk, beef and lamb. Even though in my community there is a great deal of stoicism and trust that things 'will come right', I feel the undercurrent of tension and I pray.

So today as Harvest time is here, I pray for safety and success for all our farming communities. May you all be blessed with a good Harvest.

Amen.

**THU 05:45 Farming Today (m001pmrq)**

17/08/23: Rural fuel prices; green belt use; hedgerows for shelter; BBC Food and Farming Awards finalists

Petrol prices have hit their highest in the past six months, but why does it cost more to fill your car in rural areas compared with urban ones?

A countryside charity releases its latest report into the use and future of green belt land in England.

How hedges can be used for shelter on farms.

And the Farming Today finalists for the BBC Food and Farming Awards are revealed.

Presented by Caz Graham and produced by Rhiannon Fitzgerald.

**THU 05:58 Tweet of the Day (b0378tjf)**

Oystercatcher

Tweet of the Day is a series of fascinating stories about the British birds inspired by their calls and songs.

Michaela Strachen presents the oystercatcher. These black and white waders used to be called sea-pies because of their pied plumage, which contrasts sharply with their pink legs and long red bill. Oystercatchers don't often eat oysters. Instead they use their powerful bill to break into mussels on rocks or probe for cockles in the mud of estuaries.

**THU 06:00 Today (m001pmmw)**

News and current affairs, including Sports Desk, Weather and Thought for the Day.

**THU 09:00 How to Play (m001pmn0)**

Saint-Saëns Organ Symphony with Anna Lapwood and the London Mozart Players

Organist Anna Lapwood and the London Mozart Players invite us behind the scenes at Fairfield Halls in Croydon to eavesdrop on their rehearsals of Saint-Saëns Symphony No.3, popularly known as his 'Organ' Symphony. The awe-inspiring entrance of full-organ in the finale has been dazzling audiences for nearly 140 years but only scrupulous preparation will ensure this intricate work will come together in their upcoming performance.

Conductor, Anna Duczmal-Mróz, violinist, Simon Blendis and timpanist, Ben Hoffnung discuss the challenges of bringing this music to life in the concert hall. French music specialist, Caroline Rae, explores what Saint-Saëns was trying to say in his symphony. Anna Lapwood shows us how it feels to be in charge of the most powerful and complex musical instrument in the room.

Produced by Chris Taylor for BBC Audio Wales and West

Photo: Anna Lapwood (credit Nick Rutter)

**THU 09:30 Inside Pages (m001h6j2)**

Goole

Journalist Ian Wylie journeys to some of the hidden corners of Britain to view small towns through the lens of the people who don't ignore them - their local reporters.

Some of the towns are struggling, others are thriving. The one thing they have in common is they're pretty much invisible in the eyes of the national media, even though they are home to tens of thousands of people. They don't have football teams. They're not pretty resorts that attract tourists. They can't even claim to be a contested marginal seat that will determine the outcome of a general election. Our guides are the passionate people who remain committed to telling the stories of what's happening in their small towns. Through their newspapers, websites and social media posts they refuse to turn the page on local news reporting - often at some personal cost.

In our second episode, Ian visits the East Riding of Yorkshire, to meet some of the journalists working on the Goole Times.

Produced and presented by Ian Wylie  
Executive producer: Ian Bent  
Sound designer: John Scott  
A Sparklab production for BBC Radio 4

**THU 09:45 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmn6)**

Book of the Week: Episode 4 - Doublethink and Other Women

In Anna Funder's intimate portrait of George Orwell's marriage to his first but forgotten wife, Eileen, it is now 1938. The pair travel to Morocco where George makes a request which leaves Eileen hollow and humiliated. Fenella Woolgar reads.

The award-winning writer, Anna Funder, best known for *Stasiland* and *All that I Am*, has immersed herself in the scholarship on George Orwell to write *Wifedom*. Here Funder shines a light on Eileen, Orwell's extraordinary wife. Using newly discovered letters written by Eileen, Funder paints an intimate portrait of a forgotten woman, and one of the twentieth century's most significant literary marriages. She also illuminates the social and cultural values that kept Eileen in the shadows, and continue to shape how the world regards the unsung work of wives everywhere.

Abridged by Katrin Williams  
Produced by Elizabeth Allard

**THU 10:00 Woman's Hour (m001pmnh)**

Lionesses' legacy, Sarah Greene, Care leavers, Abortion

England are through to the final of the FIFA Women's World Cup for the first time in history. But while the Lionesses are excelling in Australia and New Zealand, what's it like for girls playing football back in the UK? Are they feeling the impact of England's success? Samerah, Charlotte, and Isabelle, teenagers involved in the Football Beyond Borders programme, share their experiences, and Anita speaks to Ceylon Andi Hickman, the charity's director of external relations, about how to ensure the legacy of the World Cup reaches girls from all backgrounds.

A 22 year old woman has denied carrying out an illegal abortion during lockdown. Bethany Cox was accused of two charges on Tuesday in relation to using drugs and poison to end a pregnancy in July 2020. She pleaded not guilty to the charges in court and has been released on bail. Anita Rani speaks to Hannah Al-Othman, a reporter for the Sunday Times who was in court.

It's A level results today across the UK for hundreds and thousands of students. The proportion of A or A\* grades is 27.2% down from a peak of nearly 45% in the pandemic. That means it is more or less back to where it was in 2019, the last year of exams before COVID. Grainne Hallahan, senior analyst from TES Magazine, looks into how girls performed.

In 2023, a survey of 10,000 university students found that only 14 percent of pupils who had been in the care system progressed to higher education by age 19, compared to 47 percent of all other pupils. Anita is joined by Kim Emenike, who was in care as a child and Katharine Sacks-Jones, Chief Executive of the charity, Become, which supports young care leavers to discuss the challenges they face.

TV presenter Sarah Greene, most well-known for her work on Blue Peter and Going Live is back on our screens with a brand new BBC 1 quiz show, The Finish Line. She joins Anita Rani to reflect on her career and to tell us all about her new role.

Presenter: Anita Rani  
Producer: Rebecca Myatt  
Studio manager: Steve Greenwood

**00:00** Opener

**01:21** Football

**20:19** Abortion

**27:49** Exam results

**36:42** Care leavers Uni

**45:58** Sarah Greene

**THU 11:00 Crossing Continents (m001pmnv)**

Zimbabwe's worker exodus

Tens of thousands of Zimbabweans are fleeing their country, looking for work in the West, especially in the United Kingdom.

Last year Zimbabwe was the third largest source of foreign workers for the UK, behind India and Nigeria, and ahead of the Philippines and Pakistan, which have much larger populations.

A popular social media post reads: "the Zimbabwean dream is to leave Zimbabwe."

Many of those leaving their country are highly qualified. They're taking jobs in the British care sector, where there is a huge shortage of workers. They send much of what they earn back to their families in Zimbabwe. For those back home it's often the only way to survive in a country with hyper-inflation.

Zimbabwe is about to go to the polls but few expect things to change. The economy is in dire straits and the opposition hasn't been allowed to campaign freely. Some activists have been imprisoned or even killed. The ruling ZANU PF party, which has been in power since independence in 1980, shows little sign of losing control.

Earlier this year the UK gave Zimbabwean teachers "Qualified Teacher" status, allowing them to work long-term in the UK. Zimbabwean parents fear their children's teachers will be the next to leave.

Zimbabwe's latest skills exodus could break the country's healthcare and education systems, which are already crumbling after decades of under-investment and corruption. Charlotte Ashton hears from Zimbabweans who've left, Zimbabweans who want to leave and Zimbabweans who say they can only dream of leaving.

Presenter: Charlotte Ashton  
Producer: John Murphy  
Studio Mix by Rod Farquhar

Production Coordinator: Gemma Ashman  
Series Editor: Penny Murphy

**THU 11:30 Great Lives (m001pmjq)**

[Repeat of broadcast at 16:30 on Tuesday]

**THU 12:00 News Summary (m001pmp4)**

The latest national and international news from BBC Radio 4.

**THU 12:04 You and Yours (m001pmpg)**

Gap Finders: Tom Raviv from Milliways

Born in South Africa, Tom Raviv started his career in business.

Since 2021 however, he has been devising a new recipe for chewing gum which is free from plastic. A reported 374 billion pieces of gum get chewed globally every year, the majority of which contains plastic and ends up on the pavement or in landfill - a statistic Tom wants to change.

His new brand, Milliways, contains only natural ingredients and is completely biodegradable.

Tom describes taking on the major chewing gum brand like a "battle between David and Goliath" so today we find out how he plans to raise public awareness and how he plans to introduce a much more environmentally-friendly brand to the chewing gum market.

PRESENTER: WINIFRED ROBINSON

PRODUCER: JAMES LEESLEY

**THU 12:32 All Consuming (m001pmpr)**

Manicures

Amit Katwala and Charlotte Stavrou explore our unending appetite for manicures and find out that it's much more than just a buff and cuticle pushback.

Gel, acrylics, French tips - there's a seemingly endless list of services that can be applied to our fingertips. But some salons have taken nail art to the next level as Charlotte found out when she visited NUKA nails in West London.

While manicures seem to be enjoying a heyday, nail treatments aren't a modern phenomenon as writer Suzanne E Shapiro explains as she takes us on a journey from Ancient Egypt to the French Riviera of the 1920s.

Consultant dermatologist Dr Deirdre Buckley is also on hand to warn us about the emergence of plastic allergies in manicure lovers and we also uncover the dark underside of the industry when it comes to trafficked salon workers.

Producer: Emily Uchida Finch  
A Whistledown production for BBC Radio 4

**THU 12:57 Weather (m001pmq0)**

The latest weather forecast

**THU 13:00 World at One (m001pmqd)**

Forty-five minutes of news, analysis and comment, with Sarah Montague.

**THU 13:45 Magic Consultants (m001i271)**

Affairs of State

What is the relationship between governments and consultants?

Adam Shaw continues his recce behind the curtain of the billion dollar management consultancy industry. In this episode he finds out when consultants and the state started working so closely together, and asks if that partnership has become a little too tight.

Be it getting man to the moon or rolling out the Covid vaccine, consultants have worked closely and successfully together. Bringing in expertise at the right time can be vital and cost effective. But how justified is the criticism that consultants are hollowing out the civil service, are they worth the billions we spend on them and are they ever conflicts of interest?

Adam sees a revolving door of consultants, business and government spin before his eyes; he traces the fine line between implementing policy and shaping it and asks if we are living in a consultantocracy, at risk of the industry undermining our democracy.

With contributions from: Tamzen Isacson, CEO of the Management Consultancies Association, Matthias Kipping, Professor of Policy at the Schulich School of Business, Andrew

Sturdy, Professor in Management at The University of Bristol, Chris McKenna, Reader in Business History and Strategy at the Saïd Business School, historian Antonio Weiss and authors Rosie Collington and Eric Edstrom.

Producer: Sarah Bowen

**THU 14:00 The Archers (m001pmml)**

[Repeat of broadcast at 19:00 on Wednesday]

**THU 14:15 Drama on 4 (m001pmqx)**

Cracking

"Legend of the Edinburgh Festival" Shôn Dale-Jones is back with a brand new play. With original music by John Biddle.

When the world goes mad, do we inevitably go mad too?

CRACKING takes on the battle between love and hate, asking what's funny and where we draw the line.

Shôn's 83-year old mother is waiting for some test results from the hospital so he goes back home to the Isle of Anglesey to visit her. In a moment of joking around, he cracks an egg on his mother's head. All hell is let loose. Internet trolls appear in real life demanding that he stop abusing his mother and get off the island... CRACKING is a dark and comic story that blends fiction and reality into one seamless whole, a story about love and hatred that celebrates how searching for connection beats disconnecting.

"The Great Welsh Storyteller" Lyn Gardner

"The most generous of hosts... a mesmerising personality... a gifted storyteller... a natural comic"  
The Guardian

Cracking by Shôn Dale-Jones  
Performed by Shôn Dale-Jones  
Original music by John Biddle  
Violin by Ros Butler  
Flute and Piccolo by Lindsay Ellis  
Sound design by Cathy Robinson  
Directed by John Norton  
A BBC Audio Drama Wales Production

**THU 15:00 Open Country (m001pmrd)**

Sound and Light at Dungeness

The landscape of Dungeness, at the south-eastern tip of England, is an unusual one. In this programme, Helen Mark finds out about stories surrounding sound and light on this peninsula which juts out into the English Channel. She visits the huge concrete "sound mirrors" - built in the 1920s as an early detection system for incoming enemy planes. Their technology became obsolete as aircraft speeds increased and radar was invented. They still stand today, but are now part of a nature reserve. Helen finds out how they worked, and experiences for herself their eerie sound projection abilities. She also learns about the wildlife which now thrives around them.

A few miles further south, Helen visits the old lighthouse - one of five lighthouses which Dungeness has had in its time. The area stands on vast ever-shifting banks of shingle, which have expanded seawards over the years, leaving previous lighthouses stranded too far from the sea. The construction of a nuclear power station in the 1950s also obscured the lighthouse then in use, so it was decommissioned in 1960 and is now a tourist attraction. Helen walks up its 169 steps to the top and talks to the current owner, whose father bought it on a whim at an auction.

In this programme Helen experiences the distinctive sounds of Dungeness - from the magic of the sound mirrors and the whistle of the tourist steam train to the ever-present crunch and rattle of the shingle underfoot. In this pancake flat landscape, sound and light both seem to move in mysterious ways.

Produced by Emma Campbell

**THU 15:27 Radio 4 Appeal (m001pm66)**

[Repeat of broadcast at 07:54 on Sunday]

**THU 15:30 Open Book (m001pm7q)**

[Repeat of broadcast at 16:00 on Sunday]

**THU 16:00 Walt Disney: A Life in Films (p0fxbtc1)**

8. Disneyland

Through the stories of ten of his greatest works, Mel Giedroyc examines the life of Walt Disney, a much mythologised genius. A man to whom storytelling was an escape from an oppressive father and a respite from periods of depression.

His name is truly iconic, but how much do we really know about this titan of the entertainment industry? Who was the real Walt and why did a man who moulded Western pop culture in his image end up on his deathbed, afraid that he'd be forgotten?

In this episode, Mel tells the tale of Walt's most outlandish project to date, a project that would see his magic leap off the screens. This is the story of Disneyland, one of Walt's most personal triumphs.

During the construction phase, Walt applied a "spare no expense" approach, determined to create a magical kingdom that was truly extraordinary. A building project like no other, Disneyland would revolutionise the idea of the American amusement park, make the Disney company financially viable at last and allow fans from all over the world to engage with and celebrate Walt's creations.

A Novel production for BBC Radio 4

**THU 16:30 BBC Inside Science (m001pmry)**  
Why do we want to go back to the Moon?

Two plucky spacecraft, one Russian and one Indian, are currently blasting towards the Moon's South Pole. Both Russia's Luna-25 and India's Chandrayaan-3 are due to touch down next week. They're heading to that particular region of the Moon in order to hunt for water, the presence of which could have huge implications for our further exploration of the Solar System. Victoria Gill talks to Dr Becky Smethurst, an astrophysicist at the University of Oxford, to find out more.

Victoria then heads to the Lake District to witness the release of water voles into the ecosystem.

Next up, Professor Lewis Griffin, a computer scientist from University College London, tells us how bad we are at distinguishing between real and deepfake voices. He then reveals what implications this might have for scams.

Finally, Dr Helen Pilcher tells us all about the intriguing ways that animals can bend time. You can find out more in her book, *How Nature Keeps Time*.

Presenter: Victoria Gill  
Producer: Hannah Robins  
Content producer: Alice Lipscombe-Southwell  
Research: Patrick Hughes  
Editor: Richard Collings

**THU 17:00 PM (m001pms5)**  
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**THU 18:00 Six O'Clock News (m001pmsc)**  
Sir Michael became a household name with his series 'Parkinson' which premiered in 1971

**THU 18:30 Ed Reardon's Week (m001pmsk)**  
Series 15

6. The Mousetrapp

Ed's prospects are looking rather good as he takes advantage of a new 'blind recruiting initiative' to apply for a post at an independent production company. He secures the role of 'Assistant Deputy Acting Head of Development for Made Content' which comes with a regular income, free sleep coaching and £250 worth of ski-lift vouchers. Not only that, but it appears he doesn't have to do very much work. The only problem he has to deal with now is a mouse problem since Queenie, the cat downstairs, seems to have departed this life at the same time as Elgar.

Ed Reardon - Christopher Douglas  
Ping - Barunka O'Shaughnessy  
Jaz - Philip Jackson  
Stan - Geoffrey Whitehead  
Olive - Sally Grace  
Winnie - Ellen Thomas  
Simon - Joe Thomas  
HRH/Sheila - Nicola Sanderson  
Shop Assistant - Helen Monks  
Kebab Woman - Sally Grace

Written by Christopher Douglas  
Produced by Dawn Ellis  
Production Co-ordinator - Katie Baum  
Sound - Jon Calver

**THU 19:00 The Archers (m001pmrl)**  
It the day of the County Show, where Emma thinks it's great that George is looking out for Henry. When George complains that Helen's over-protective of him, Emma explains Helen's

back-history with Rob. Helen attacked Rob because she was provoked, and Rob was trying to take Henry away. Henry witnessed the whole thing. George is unnerved and when Henry reveals later that he's waiting for Rob, tries unsuccessfully to head him off.

Eddie smells a rat when he makes a bet on a friend's sheep herding. He asks Emma to watch the crowd to see if she can spot anything. Emma notices a woman with a silent whistle and manages to stop her distracting the sheep dog. It works and Eddie's in the money. The event's given Eddie an idea for another type of herding – turkeys!

Rob engages Henry in chat about his life and Henry presents him with a gift of a boat key ring, because Rob saved people in the Ambridge flood. When George tries to steer Henry away, menacing Rob says he's sure Helen wouldn't want to know that George had a hand in arranging today's meeting. She might even sack him. Rob abruptly ends the call to Henry. He asks about Henry and Jack's social lives and Henry mentions his upcoming swimming challenge at Borchester pool. Rob suggests a meet up with Henry and Jack, but Henry's hesitant, saying it would just have to be with him, not Jack. When Henry tries to go, Rob tells him he's dying. Rob's tone changes as he sees Henry's not acquiescent. But Henry's adamant about not bringing Jack, and walks away.

**THU 19:15 Front Row (m001pmsa)**  
Edinburgh Festival review: The Grand Old Opera House Hotel; Funeral; Kieran Hodgson: Big In Scotland; Vanessa 5000; AI Art; Food

A review of two of the big shows at this year's Edinburgh Festival: Olivier award-winning writer Isobel McArthur has had great success with her genre-busting works *Pride and Prejudice\** (\*Sort Of) and *Kidnapped*. Her latest play *The Grand Old Opera House Hotel* is a rom-com set in a haunted house filled with opera arias – it's worlds apart from *Funeral*, a calm, interactive meditation on the nature of life and death by the Belgian theatre company *Ontroerend Goed*.

Our reviewers give their verdicts on the comedy shows they've sampled this year. Kieran Hodgson is a Yorkshireman outsider in TV's *Two Doors Down*: his new show *Big in Scotland* reflects on identity and belonging; magician and clown Geoff Sobelle explores the comedy of consumption in his show *Food*; and Sonja Doubleday's comedy of the absurd – *Cheekykita: An Octopus, The Universe, 'n' Stuff* – features a nonsense trip through space.

The impact of artificial intelligence has been cited as one of the reasons for the current writers' and actors' strikes in Hollywood. AI is also the topic at the heart of Courtney Pauroso's *Vanessa 5000*, which features a sex robot and in Edinburgh University's *Inspace* gallery exhibition, *The Sounds of Deep Fake*, where the human voice is put through its paces by AI.

Presenter: Kate Molleson  
Producer: Ekene Akalawu

**THU 20:00 The Briefing Room (m001pmp6)**  
The UK and the European Convention on Human Rights

What is the European Convention on Human Rights, how does it impact what the UK government can do and what would the ramifications be if the UK left it?

Joining David Aaronovitch in *The Briefing Room*:

Dr. Ed Bates, Associate Professor, University of Leicester School of Law. Author of *The Evolution of the European Convention on Human Rights*.  
Robert Spano, Partner at Gibson Dunn. Former President of the European Court of Human Rights.  
Dr Joelle Grogan, Head of Research, UK in a Changing Europe.  
Tom Hickman, Professor of Public Law, University College London.

Production: Ben Carter, Kirsteen Knight and Diane Richardson  
Production co-ordinator: Sabine Schereck  
Sound: Graham Puddifoot  
Editor: Richard Vadon

**THU 20:30 Blood on the Dance Floor (m001j6z)**  
2. Collateral Damage

Belfast 1997. But not just any part of Belfast, gay Belfast. A place you've probably never heard of before. Cigarette smoke, aftershave and expectation fill the air in the only gay bar in the country. Sat having a drink on a night out is Darren Bradshaw. He was just 24 years old when he was shot dead in front of hundreds of people. His brutal murder by terrorists sparked fears of a return to all out violence as the new Labour government under Tony Blair sought to bring peace to Northern Ireland - on the road to the Good Friday Agreement. This is the untold story of his life and murder. A story of both

love and eventually betrayal. Presenter Jordan Dunbar grew up in the city, he was a comedian and drag performer on the Belfast scene and yet this murder and Darren's life was never talked about. As a child of the ceasefire, his knowledge of LGBT life in Northern Ireland all came after the Good Friday Agreement.

Following Darren's story brings to life the struggle of being gay in The Troubles, how Belfast got its first Pride parade only in 1991 and it's very first gay club in 1994 -The Parliament bar where Darren was tragically shot dead.

It's a community surviving as well as thriving against a backdrop of violence and discrimination. He meets the original drag queens, DJs and club pioneers determined to claim back the city centre from the terrorists and create a safe place of their own.

Determined to piece together for the first time how Darren was killed that night and why, Jordan uncovers stories of bigotry, bravery and betrayal.

Reporter: Jordan Dunbar  
Series Producer: Paul Grant  
Researcher: Patrick Kiteley  
Technical Producer: Craig Boardman  
Assistant Commissioner: Lorraine Okuefuna  
Commissioning Editors: Richard Maddock and Dylan Haskins  
Editor and Executive Producer: Carl Johnston

**THU 21:00 BBC Inside Science (m001pmry)**  
[Repeat of broadcast at 16:30 today]

**THU 21:30 Windrush: A Family Divided (m001n8c2)**  
The discussion

In the final episode of this four part series asking the question whether 75 years on, Windrush has benefited the people who came to the UK. Clive Myrie hosts a panel discussion at the West Bromwich Caribbean Centre alongside Robert and Jennifer Beckford. They are joined by some of the people they have met across the series to discuss the central question, should that generation of migrants have returned home and helped to build up their own islands.

The discussion culminates in Clive asking whether Jennifer has managed to convince Robert that a better life awaits them and their two children in Jamaica.

Producer: Rajeev Gupta

**THU 22:00 The World Tonight (m001pmt0)**  
What's the verdict on the new T levels?

Also in the programme: the northern Canadian town of Yellowknife being evacuated as fire threatens; and how Asian hornets are destroying bees.

**THU 22:45 The Lock Up by John Banville (m001pmt7)**  
Episode 9

1950s Dublin. In a lock-up garage in the city, the body of a young woman is discovered – an apparent suicide. But pathologist Dr Quirke and Detective Inspector Stafford soon suspect foul play.

The victim's sister, a newspaper reporter from London, returns to Dublin to join the two men in their quest to uncover the truth. But, as they explore her links to a wealthy German family in County Wicklow, and to investigative work she may have been doing in Israel, they are confronted with an ever-deepening mystery. With relations between the two men increasingly strained, and their investigation taking them back to the final days of the Second World War, can they join the pieces of a hidden puzzle?

John Banville is one of Ireland's most prolific writers. He has written 17 novels and has been the recipient of the Man Booker Prize, the James Tait Black Memorial Prize, the Guardian Fiction Award, the Franz Kafka Prize, a Lannan Literary Award for Fiction, and the Prince of Asturias Award for Literature. He lives in Dublin.

Author: John Banville  
Reader: Gerry O'Brien  
Abridger: Neville Teller  
Producer: Gemma McMullan  
Executive Editor: Andy Martin

A BBC Northern Ireland Production.

**THU 23:00 Nick Revell: BrokenDreamCatcher (m001pmtc)**  
Series 3

A Parrot in the Underworld

The disparate worlds of Edward Lear, Virgil and a conspiracy

theorist called Angry Mark collide as we cross the Styx to try and rescue the beautiful Imelda, deceased wife of Trevor, the talking parrot. Stick with it. It will all make sense.

Master storyteller and satirist Nick Revell returns to BBC Radio 4 with an unexpectedly believable story about a parrot, his ancient book of spells and the search for his long deceased wife. Can his singing bring her back to the lands of the living?

On our travels we hear Fidel Castro tortured by being made to listen to one of his speeches for eight hours - and an owl (ex-husband of a certain pussy cat) sing The Yonghy-Bonghy-Bo. It will all make sense. Honestly.

Hold on tight because it's a funny, fast-paced ride through Nick's imagination and out the other side - with original music and sound design by contemporary composer, Paul Clark.

Written and read by Nick Revell  
Music and sound design by Paul Clark  
Producer: Steve Doherty  
A Giddy Goat production for BBC Radio 4

**THU 23:30 What's Funny About ... (m00101q)**  
Series 2

2. Ian Hislop & Jimmy Mulville on Have I Got News For You

Ian Hislop and Jimmy Mulville created BBC TV's genre-defining topical comedy show, Have I Got News For You.

The duo share the inside story with TV veterans Peter Fincham and Jon Plowman.

As they look back on HIGNFY's 535 episodes in its 61 series to date, Ian and Jimmy discuss many of the show's most controversial moments, including Bruce Forsyth's 'Play Your Iraqi Cards Right'.

Discover how the series began, as Ian and Jimmy reveal how a young Armando Iannucci turned down the opportunity to make the show.

They also both talk more candidly than ever about Angus Deayton's departure from the show in 2002.

Naturally, they pay tribute to the unique brilliance of Ian's fellow team captain, Paul Merton.

What's Funny About is the series where Peter and Jon talk to the writers, producers, and performers behind Britain's biggest TV comedy hits, and hear the inside story of how they brought their programmes to the screen.

Producer: Owen Braben

Made for BBC Radio 4 Extra by Expectation Productions, and first broadcast in September 2021.

**FRIDAY 18 AUGUST 2023**

**FRI 00:00 Midnight News (m001pmth)**  
The latest news and weather forecast from BBC Radio 4.

**FRI 00:30 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmm6)**  
[Repeat of broadcast at 09:45 on Thursday]

**FRI 00:48 Shipping Forecast (m001pmtm)**  
The latest weather reports and forecasts for UK shipping

**FRI 01:00 Selection of BBC World Service Programmes (m001pmtr)**  
World Service

BBC Radio 4 joins the BBC World Service.

**FRI 05:20 Shipping Forecast (m001pmtw)**  
The latest weather reports and forecasts for UK shipping

**FRI 05:30 News Briefing (m001pmv0)**  
National and international news from BBC Radio 4

**FRI 05:43 Prayer for the Day (m001pmv4)**  
A spiritual comment and prayer to begin the day with Rev Virginia Luckett

Saint Wite and the Battle of Chardown Hill

Good morning and welcome.

One of the many surprises I found in moving to West Dorset is that embedded in the wall of one of our churches, Saint Candida and the Holy Cross in Whitchurch Canonorum is the shrine of Dorset's patron saint, St Wite, spelt WITE which has been a site of pilgrimage and healing for over a thousand years.

As one of the team vicars here, part of my ministry now is welcoming everyone who wants to walk our pilgrimage route, St Wite's Way that maps her life and martyrdom because hers is a story of courage and love that still inspires today.

Oral tradition, passed down through the centuries tells us that St Wite was a local Saxon leader, who was known as a saint in her lifetime because of her faith and gifts of healing. As part of her ministry she offered protection by watching for invading Viking ships from the top of Golden Cap, the highest headland on the south coast and lighting beacon fires to warn the local villages when the Vikings were coming.

It is thought that in one such invasion at the Battle of Chardown Hill in 831, she was martyred for her faith and the love of her community as she fought alongside them.

It was King Alfred the Great, just fifty years after her death, who honoured her and immortalised her memory by enshrining her bones and dedicating a church to her in the heart of the Marshwood Vale where she ministered.

Her lively presence rooted in her faith in Jesus can still be felt today as many people, including myself, find comfort, help and healing as they visit the sacred space of the shrine.

So today, inspired by St Wite I pray for all us who need courage and healing, may we be blessed with both.

Amen

**FRI 05:45 Farming Today (m001pmv9)**  
18/08/23 Hen harrier project: Welsh Agriculture Act; hedgerow management

The latest figures for the brood management trial for hen harriers have been released.

The Welsh Agriculture Act has received Royal Assent.

And, how hedgerow management makes a difference to farms and the land.

Presented by Caz Graham and produced by Rhiannon Fitz-Gerald.

**FRI 05:58 Tweet of the Day (b03x472x)**  
Peregrine

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Bill Oddie presents the peregrine. The peregrine is a truly awesome predator and a bird that we associate with wild places where, with wings flickering like knife-blades, it chases its prey in thrilling pursuits and breath-taking dives. Our city churches, cathedrals and other tall buildings are a perfect substitute for cliffs and quarries where they like to nest and with a plentiful supply of town pigeons they're thriving in these artificial eyries.

**FRI 06:00 Today (m001pmn7)**  
News and current affairs, including Sports Desk, Weather and Thought for the Day.

**FRI 09:00 The Reunion (m001pm7b)**  
[Repeat of broadcast at 11:15 on Sunday]

**FRI 09:45 Wifedom - Mrs Orwell's Invisible Life by Anna Funder (m001pmnj)**  
Book of the Week: Episode 5 - Animal Farm

Anna Funder's tender portrait of a literary marriage concludes. Eileen, George Orwell's forgotten first wife, influences and shapes the novel Animal Farm. Lastly, she writes her husband a sequence of letters. Fenella Woolgar reads.

The award-winning writer, Anna Funder, best known for Stasiland and All that I Am, has immersed herself in the scholarship on George Orwell to write Wifedom. Here Funder shines a light on Eileen, Orwell's extraordinary wife. Using newly discovered letters written by Eileen, Funder paints an intimate portrait of a forgotten woman, and one of the twentieth century's most significant literary marriages. She also illuminates the social and cultural values that kept Eileen in the shadows, and continue to shape how the world regards the unsung work of wives everywhere.

Abridged by Katrin Williams

Produced by Elizabeth Allard

**FRI 10:00 Woman's Hour (m001pmnw)**  
Ellen White, How to ask for a pay rise, astronaut Christina Koch, Morning-after pill

Sunday sees the Women's World Cup final between England and Spain and to mark it we are joined by England's top female goal scorer, Ellen White. By the time of Ellen's retirement after last year's Euros, she'd scored 52 goals in 113 international appearances. She joins Anita from Sydney to discuss the magic of Sarina Wiegman and her advice for the Lionesses ahead of Sunday's match.

Has anyone asked for a pay rise yet? With everything costing more and wages not quite keeping up, maybe it's time we did. Historically women are less likely to ask for a pay rise with a recent survey suggesting half of men have asked for a rise but only 37% of women have. Anita is joined by businesswoman and entrepreneur Sharmadean Reid to discuss.

Imagine being the first woman to travel to the Moon. The Nasa astronaut Christina Koch is edging closer to that entry in the history books. She has been chosen as one of the four crew members who will orbit the Moon in the spacecraft Orion, as part of Nasa's Artemis II mission in November next year. All going well, the Artemis programme will continue in 2025 as Nasa and its partners attempt to land the first woman and first person of colour on the surface of the Moon. Anita speaks to Christina all about it.

A new study has found that the morning-after pill is made more effective when taken with an anti-inflammatory painkiller. The study found taking the morning-after pill combined with piroxicam - a drug used for arthritis pain - prevented 95% of pregnancies, whereas taking the morning-after pill alone prevented 63%. Anita is joined by the President of The Faculty of Sexual and Reproductive Health at The Royal College of Obstetricians and Gynaecologists, Dr Janet Barter, to discuss the significance of these findings.

Ligwina Hananto is an Indonesian stand-up comedian journeying to Europe for the first time to appear at the Edinburgh Fringe. She joins Anita to talk about what it's like to be a hijab-wearing comedian in a conservative Muslim society, and why she feels like she lives a double life.

Presenter: Anita Rani  
Producer: Hanna Ward  
Studio Manager: Bob Nettles

**00:00** Opener  
**01:30** Ellen White  
**15:34** How to Ask For a Pay Rise  
**28:58** Christina Koch  
**43:00** Contraception  
**48:04** Mrs Hananto

**FRI 11:00 The Briefing Room (m001pmp6)**  
[Repeat of broadcast at 20:00 on Thursday]

**FRI 11:30 Ashley Blaker: 6.5 Children (m001pmpk)**  
Series 2

3. Time

'Toiletgate' and 'Disimpactiongate' are just two of the ways comedian Ashley Blaker's time is wasted in episode three of his new series about raising children with special educational needs.

Ashley reflects on the many issues around time and how he never has enough of it. This isn't surprising considering the countless hospital appointments, misuse of the family WhatsApp group, and visits to the supermarket to find meals acceptable to his children.

Ashley Blaker: 6.5 Children is a mix of stand-up and observational recording featuring the voices of Ashley's real family. The series brings a whole new perspective to the subject of parenting. Three of Ashley's children have a diagnosis - two boys with autism and ADHD, and an adopted girl with Down Syndrome - and Ashley Blaker: 6.5 Children sensitively finds the funny in raising children with disabilities.

Ashley Blaker is a comedian who has performed two Off-Broadway shows, tours on five continents, and is author of 'Normal Schmormal: My occasionally helpful guide to parenting kids with special needs'.

He is joined by Shelley Blond (Peep Show, Cold Feet and the voice of Lara Croft in Tomb Raider), Kieran Hodgson (Three-time Edinburgh Comedy Award nominee and now known to all for his online parody of The Crown), and Rosie Holt (another star of lockdown who has put out many viral videos, most often as her character, The Woman).

Also appearing as themselves are Ashley's own children - Adam (19), Ollie (18), Dylan (15), Zoe (14), Edward (13) and Bailey (9).

Written and performed by Ashley Blaker  
Also starring Shelley Blond, Kieran Hodgson, Rosie Holt, as well as Adam, Ollie, Dylan, Zoe, Edward and Bailey Blaker.  
Produced by Steve Doherty

A Giddy Goat production for BBC Radio 4

**FRI 12:00 News Summary (m001pmpv)**

The latest national and international news from BBC Radio 4.

**FRI 12:04 AntiSocial (m001pmq4)**

'Queering' museums

The debate sparked by reviewing historic collections through a queer or LGBT lens.

A "queering the collection" blogpost from the Mary Rose Museum in Portsmouth was criticised for making what some saw as tenuous links between historic objects from the ship and the experience of lesbian, gay, bisexual, transgender, and queer people. Supporters of "queering" museums and galleries say it's needed to redress a traditional approach to history that has often ignored non-heterosexual people or stories. But it's led to controversy and criticism that some institutions have gone too far by focusing on the LGBT angle at the expense of others or imposing a modern interpretation that wouldn't have made sense at the time.

Guests:

Dominique Bouchard, Head of Learning and Interpretation at English Heritage  
Mary Harrington, Contributing Editor at UnHerd  
Jackie Stacey, Professor of Media and Cultural Studies at the University of Manchester.  
Josh Adair, Professor of English at Murray State University

**FRI 12:57 Weather (m001pmql)**

The latest weather forecast

**FRI 13:00 World at One (m001pmr3)**

Forty-five minutes of news, analysis and comment, with Sarah Montague.

**FRI 13:45 Magic Consultants (m001lc4s)**

From Here to Eternity?

Is there anything or anyone who can challenge the power of the consultants?

Adam Shaw continues his investigation into the consultancy industry.

Can they survive the challenges ahead – attract top talent, resist calls for regulation and even pressure from the Pope, trying to guide them to be more socially conscious.

In times of new crisis, government and business reach straight for consultants' expertise; like death and taxes will they be with us forever?

With contributions from: Tamzen Isacson, CEO of the Management Consultancies Association, Andrew Sturdy, Professor in Management at The University of Bristol, Dr Chris McKenna, Reader in Business History and Strategy at the Said Business School, Matthias Kipping, Professor of Policy at the Schulich School of Business, authors Rosie Collington and Eric Edstrom.

Producer: Sarah Bowen  
Series researcher: Shiler Mahmoudi

**FRI 14:00 The Archers (m001pmrl)**

[Repeat of broadcast at 19:00 on Thursday]

**FRI 14:15 Limelight (m001pmrw)**

There's Something I Need to Tell You

There's Something I Need to Tell You - 2: Big Problem

After agreeing to help a mysterious stranger, a young couple are implicated in an assassination at their hotel. They find themselves plunged into a deadly game of political score-settling that spans the world and from which they must run to survive. A global thriller of espionage, money and murder.

In Episode 2: Death in Dubai, a secret agent, the police...

With very strong language.

By John Scott Dryden and Misha Kawnel

Jake.....Chris Lew Kum Hoi  
Kayla.....Sophia Del Pizzo  
Miriam.....Jennifer Armour  
Tour Guide.....Nezar Alderazi  
Inspector Zidane.....Wales Hamonde

Other parts played by:

Nezar Alderazi  
Yasmine Alice  
Chris Anderson  
Megan Soh

Original music by Sacha Puttnam

Production:

Sound Design: Joseff Harris & John Scott Dryden  
Sound Engineer: Paul Clark  
Production Assistant: Jo Troy  
Producer: Emma Hearn  
Director: John Scott Dryden

A Goldhawk production for BBC Radio 4.

**FRI 14:45 Helen Lewis: Great Wives (m001pms3)**

Series 2

Double Acts

What links the Krankies and two European performance artists who once tied themselves together by the hair? Both reveal the power - and passion - of creative couples.

For a time, Marina Abramović and Ulay were inseparable. These two performance artists breathed the same oxygen, got naked together and called each other "Glue." But what should have been their greatest joint achievement - walking from opposite ends of the Great Wall of China to meet in the middle - ended up tearing them apart.

For two decades, Great Lives on Radio 4 has explored what it takes to change the world. But Helen Lewis wants to ask a different question: what does it take to live with someone who changes the world? In the second season of Great Lives, we'll meet more fascinating women - and men - and uncover the relationships that created great art, started wars and changed history.

Written and performed by Helen Lewis with additional voices from Kudzanayi Chiwawa & Joshua Higgott  
Producer: Gwyn Rhys Davies  
Production Coordinator: Sarah Nicholls  
Sound Design: Neil Goody

A BBC Studios Production for Radio 4

**FRI 15:00 Gardeners' Question Time (m001pmsd)**

From The Archives: Hot & Dry

Kathy Clugston looks back over 76 years of hot and dry weather advice on this special archive edition of GQT.

Summer is upon us once again and gardeners all over the country have been finding various ways to adapt their gardens to the hot and dry conditions. The GQT team have sorted through the archives in search for some questions and answers from our horticultural experts over various episodes.

They share their knowledge on how to water a garden without wasting too much water, what perennial flowers can survive dry conditions and require low maintenance, and how you can create a drought-resistant garden that supports wildlife and biodiversity.

And later we listen back to when Matthew Wilson visited the Beth Chatto Garden in Essex - to see how they adapt to the hot & dry summers

Producer: Daniel Cocker  
Assistant Producer: Rahnee Prescod  
Executive Producer: Hannah Newton

A Somethin' Else production for BBC Radio 4

**FRI 15:45 Short Works (m001pmsl)**

Mister Derek by Alice Malseed

An original short story commissioned by BBC Radio 4 from Northern Irish writer Alice Malseed. Read by Ruby Campbell.

Alice Malseed is a writer and theatre maker based in Belfast. She has been writing and producing since 2014. Her work has appeared across the UK, Ireland, in Sri Lanka and New York. Alice was part of BBC Writersroom Belfast Voices group 2018-2019 and Lyric New Playwrights Programme 2018. She

was awarded a Jerwood New Work Fund in 2019 and received the Cathedral Quarter Arts Festival Theatre Award in 2021.

Writer: Alice Malseed  
Reader: Ruby Campbell  
Producer: Michael Shannon  
Editor: Andy Martin

A BBC Northern Ireland production.

**FRI 16:00 Last Word (m001pmss)**

Nick Kaiser, Angela Flowers, Robbie Shepherd, Doreen Mantle.

Kirsty Lang on:

Nick Kaiser, an internationally renowned British scientist who reached not just for the stars but the entire cosmos....

A gallerist who championed British contemporary art: Angela Flowers opened her first exhibition space in a Soho attic in 1970

A fixture of Scottish cultural life, the legendary broadcaster Robbie Shepherd, who presented BBC Scotland's Dance music programme, Take the Floor, for 35 years

The actress, Doreen Mantle - best remembered for her role in the popular 1990s sitcom, One Foot in the Grave

Producer: Ed Prendeville

Archive used:

Robbie Shepherd, Braemar Gathering commentary, BBC Scotland; Take the Floor - Robbie Shepherd Intro, June 2015; Music of Spey-poem, BBC Scotland; Robbie Shepherd interview, BBC Scotland 2016; Wonders of the Solar System (Ep: Dead or Alive), BBCSD, 28/Mar/2010; Midweek, BBC Radio 4, 04/05/2011; One Foot in the Grave: The Futility of the Fly, BBC1, 30/10/2000; One Foot in the Grave: The Beast in the Cage, BBC1, 23/02/1992

**FRI 16:30 Feedback (m001pmt2)**

Today presenter, Justin Webb, and Senior News Editor for BBC News Podcasts, Jonathan Aspinwall, join Andrea Catherwood to discuss the trials and tribulations of American politics and answer your comments on BBC Sounds and Radio 4's Americast.

In response to last week's programme, we hear what more listeners have to say about the BBC's plans for the future of Long Wave.

6 Music listeners share their thoughts on the changes to the station's evening schedule and in the Vox Box, Steven Jones and his son Elliott tell us why they're tuned into 6 Music.

Presented by Andrea Catherwood

Produced by Gill Davies

A Whistledown Scotland production for BBC Radio 4

**FRI 17:00 PM (m001pmt8)**

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**FRI 18:00 Six O'Clock News (m001pmtd)**

Letby injected some babies with air and poisoned others with insulin

**FRI 18:30 The United Nations of News (m001pmtj)**

The fourth of our satirical specials this summer. Ria Lina heads up a crack team of international comics including: Daliso Chaponda, Heidi Regan, Urooj Ashfaq and Ignacio Lopez to discuss the big stories making the news at home and around the world. You'll get an outsiders view on the news affecting you and also a peak behind the headlines from our comedians' homelands. We show them ours and then they show us theirs. The United Nations of News: proof that comedy really is universal.

Produced by Lauren Mackay  
Additional Material by Rebecca Bain, Alex Garrick-Wright, Gregor Paton & Jennifer Walker

**FRI 19:00 The Archers (m001pmtn)**

Writer, Liz John  
Director, Jess Bunch  
Editor, Jeremy Howe

Ben Archer ..... Ben Norris  
David Archer ..... Timothy Bentinck  
Helen Archer ..... Louiza Patikas  
Henry Archer ..... Blayke Darby  
Pip Archer ..... Daisy Badger

Ruth Archer ..... Felicity Finch  
 Ian Craig ..... Stephen Kennedy  
 Eddie Grundy ..... Trevor Harrison  
 Emma Grundy ..... Emerald O'Hanrahan  
 George Grundy ..... Angus Stobie  
 Tracy Horrobin ..... Susie Riddell  
 Kirsty Miller ..... Annabelle Dowler  
 Stella Pryor ..... Lucy Speed  
 Adil Shah ..... Ronny Jhutti  
 Lynda Snell ..... Carole Boyd  
 Oliver Sterling ..... Michael Cochrane  
 Rob Titchener ..... Timothy Watson  
 Announcer ..... Jack Ashton  
 Lottie ..... Bonnie Baddoo

**FRI 19:15 Screenshot (m001pmts)**  
 Latitude Festival 2023

Latitude Festival boasts the biggest comedy lineup in the UK, so Ellen and Mark take a visit to discuss the best and worst of stand-up comedy on screen.

Ellen and Mark and joined by three of the UK's biggest and brightest comedy stars from Latitude's 2023 comedy line-up - Ania Magliano, Olga Koch and Romesh Ranganathan.

Ania Magliano is an up and coming talent in the British comedy scene who, aside from selling out shows at Edinburgh Fringe and Soho Theatre, writes for the viral YouTube hit Chicken Shop Date with Amelia Dimoldenberg, Frankie Boyle's New World Order and Newsjack on Radio 4. She shares with Ellen and Mark the fictional comic who makes her feel most seen.

Olga Koch is another rising star in the UK comedy scene who has appeared on Mock the Week, Pls Like, Pointless Celebrities and QI. She's written and starred in several award winning Radio 4 shows, including last year's Olga Koch: Fight and Olga Koch: OK Computer. She tells Ellen and Mark which stand-up comedy scenes make her cringe the most.

Romesh Ranganathan is a familiar face on British television, as host of shows like The Ranganathan and The Weakest Link, and as a regular panellist on A League of Their Own. He hosts For The Love of Hip Hop on Radio 2 and co-hosts the hit podcast The Wolf And Owl with fellow comedian Tom Davis. Romesh explains to Ellen and Mark why stand-up on screen can go out of fashion fast.

Finally, comedian Greg Proops joins us for a viewing note, revealing his favourite stand-up scene.

Producer: Tom Whalley  
 A Prospect Street production for BBC Radio 4

**FRI 20:00 Any Questions? (m001pmtx)**

Wendy Chamberlain MP, Stella Creasy MP, Iain Dale, Nick Gibb MP

Alex Forsyth presents political discussion from St John's Church in Southend-on-Sea with the Liberal Democrat Spokesperson for Work and Pensions Wendy Chamberlain MP, the Labour MP Stella Creasy, the LBC presenter and Telegraph columnist Iain Dale, the Schools Minister Nick Gibb MP.

Producer: Camellia Sinclair  
 Lead broadcast engineer: Richard Earle

**FRI 20:50 A Point of View (m001pmv1)**

The Rationality of Monarchy

John Gray puts the case for the monarchy in modern Britain. 'Those who campaign for the abolition of a royal head of state in Britain,' he says, 'seem to me to be in thrall to a simple-minded idea of reason, and fail to grasp the subtler rationality embodied in monarchy.'

Producer: Adele Armstrong  
 Sound: Rod Farquhar  
 Production coordinator: Gemma Ashman  
 Editor: Bridget Harney

**FRI 21:00 Archive on 4 (b09q9zgc)**

The Death of Illegitimacy

Illegitimacy once meant you were a 'bastard'.

MP Caroline Flint wants to know what the word 'illegitimate' means now.

Caroline has always been open about her unmarried Mum having her when she was 17 and that she had her first son before she got married. Caroline describes her own family's story as a Catherine Cookson novel. There are suspicions that her widowed great-grandmother had an illegitimate child. Her grandmother's older sister had an illegitimate child during the First World War with an American soldier who was brought up

as though his mother was his sister.

She explores the archives to find out if the stigma has died out with social historian Jane Robinson and discusses the issue with best-selling crime author Martina Cole and MP Jess Phillips.

Martina, who is also an ambassador for the single parent families' charity Gingerbread, became a single parent by choice when she was 18 and then again 20 years later. Jess conceived her son when she was 22 and had been with her boyfriend for barely a month.

Is the biggest deal today not whether a child is illegitimate but whether she bears her father's surname?

Has the cloak of illegitimacy really fallen because daddy is willing to say publicly: she's mine?

Producer: Lissa Cook

First broadcast on BBC Radio 4 in 2018.

**FRI 22:00 The World Tonight (m001pmv6)**

In depth reporting, intelligent analysis and breaking news from a global perspective

**FRI 22:45 The Lock Up by John Banville (m001pmvb)**  
 Episode 10

1950s Dublin. In a lock-up garage in the city, the body of a young woman is discovered – an apparent suicide. But pathologist Dr Quirke and Detective Inspector Stafford soon suspect foul play.

The victim's sister, a newspaper reporter from London, returns to Dublin to join the two men in their quest to uncover the truth. But, as they explore her links to a wealthy German family in County Wicklow, and to investigative work she may have been doing in Israel, they are confronted with an ever-deepening mystery. With relations between the two men increasingly strained, and their investigation taking them back to the final days of the Second World War, can they join the pieces of a hidden puzzle?

John Banville is one of Ireland's most prolific writers. He has written 17 novels and has been the recipient of the Man Booker Prize, the James Tait Black Memorial Prize, the Guardian Fiction Award, the Franz Kafka Prize, a Lannan Literary Award for Fiction, and the Prince of Asturias Award for Literature. He lives in Dublin.

Author: John Banville  
 Reader: Gerry O'Brien  
 Abridger: Neville Teller  
 Producer: Gemma McMullan  
 Executive Editor: Andy Martin

A BBC Northern Ireland Production.

**FRI 23:00 Americast (m001pmvd)**

The Big Republican Debate Preview with Jake Tapper

As the last Republican presidential hopefuls try to qualify for the opening debate of the primary in Milwaukee next week, Donald Trump is deciding whether to turn up or to surrender to a court in Georgia. Jake Tapper, who has moderated election debates for CNN, joins the Americast team to explain what they are like behind the scenes and how this one could play out.

HOSTS:

- Justin Webb, Radio 4 presenter
- Sarah Smith, North America editor
- Marianna Spring, disinformation and social media correspondent
- Anthony Zurcher, North America correspondent

GUEST:

- Jake Tapper, CNN anchor and author

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- Send us a message or voice note via WhatsApp to +44 330 123 9480
- Email [Americast@bbc.co.uk](mailto:Americast@bbc.co.uk)
- Or use #Americast

Find out more about our award-winning "undercover voters" here: [bbc.in/3IFddSF](https://bbc.in/3IFddSF).

This episode was made by Daniel Wittenberg, with Alix Pickles and Catherine Fusillo. The technical producer was Gareth Jones and the editor is Jonathan Aspinwall.

BBC SOUNDS CHAPTERS:  
**0:04** – Republican debate bingo  
**3:20** – Will Trump turn up?

**12:20** – Jake Tapper

**FRI 23:30 What's Funny About ... (m00108b0)**  
 Series 2

3. Sally Phillips & Victoria Pile on Smack The Pony

Sally Phillips and Victoria Pile variously created, wrote, and starred in Channel 4's award-winning sketch show Smack The Pony.

The duo share the inside story with TV veterans Peter Fincham and Jon Plowman.

When Smack The Pony debuted in 1999, the critics talked about it being a "female" sketch show. Which was right in as much as it starred and was run by women, and it pushed back against the male gaze which had so dominated the world of British comedy for so long.

But of course, it also rather missed the point – it wasn't a female sketch show. It was a brilliant, edgy, silly, and gloriously funny sketch show.

Victoria and Sally discuss the challenges the show faced on its journey from a small idea pitched (by a man!) at a fancy Park Lane supper, to its BAFTA and Emmy success.

They chat through some of their favourite sketches and reveal how they created their vast array of characters. And they talk about the possibility of more episodes of Smack The Pony ever finding their way on to our TV screens.

Producer: Owen Braben

Made for BBC Radio 4 Extra by Expectation Productions, and first broadcast in September 2021.