

SATURDAY 08 JULY 2023**SAT 00:00 Midnight News (m001nh5h)**

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 The Madness by Fergal Keane (m001j4gy)

Book of the Week: Ep 5 - A Picture of Life

Journalist Fergal Keane reads from his memoir about his struggle with PTSD. Today, he confronts the ghosts of past traumas and old wounds begin to heal.

The Madness is Fergal Keane's account of his personal struggle with trauma. Here he looks back to the events and relationships that shaped his childhood and laid the groundwork for his PTSD. He finds that the historic past is partly responsible for his damaged mental health when he unearths stories about his grandmother's experiences during the Irish Revolution. Then there were the Troubles which started when Fergal Keane was a child and contributed to his fascination with history, identity and conflict, which went on to lay the foundation for his career as a war reporter. The turning point came when he went to Rwanda in 1994 and bore witness to the brutality and horror of the genocide, with the personal impact causing him to breakdown. The journey to recovery is long, and remains tough and constantly testing.

Fergal Keane OBE has covered most of the world's conflicts over the past thirty years for the BBC. In 2020, he announced that he was stepping down as the BBC's Africa editor because of his ongoing struggles with PTSD. He is an award winning writer, and has been awarded a BAFTA, an Emmy and the Orwell Prize for political writing. He continues to work for the BBC as a Special Correspondent, and to write.

The music is Late Fragment (wordless) and is composed and performed by Daniel Keane.

Abridged by Julian Wilkinson.
Produced by Elizabeth Allard.

SAT 00:48 Shipping Forecast (m001nh5t)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m001nh64)

World Service

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m001nh6f)

The latest weather reports and forecasts for UK shipping

SAT 05:30 News Briefing (m001nh6w)

National and international news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001nh7c)

A spiritual comment and prayer to begin the day with Rev Dr Alfred Banya, Head of Chaplaincy at King's College Hospital in London

75th NHS Anniversary – Challenges and achievements of the 75 year old NHS

Good morning.

As we mark the 75th Anniversary of the NHS, my mind turns to the challenges and achievements of all the healthcare workers. As a hospital chaplain, I see on a daily basis how nurses and doctors work tirelessly to look after the sick and to support the relatives. This was particularly evident during the Covid pandemic. I saw many of the staff struggle with the tension between caring for their patients and turning visitors away because of fear of the virus. Yet they soldiered on, perhaps in the same spirit as the pioneer workers of the NHS did during its early days, not being certain what the future held.

We salute the diverse and dedicated staff that worked then and continue to do so now drawn from within the country and from many parts of the world. We thank those who came over in the early days from the Caribbean and from various Commonwealth countries and provided invaluable help. Despite this many challenges, the NHS remains the envy of many people across the world mainly because it has so far retained its principle of providing health care to all based on health need and not on ability to pay. This is a rare quality that we often forget amidst our concerns about resource allocation and the increasing demand on health care services.

Important though these problems are, they must not divert us from celebrating the uniqueness and the achievements of the NHS.

In gratitude. Oh merciful creator bless our NHS and all those who work in it. And all who are called to train and practice the art of healing the sick and preventing disease and pain. May they continue to give comfort to all those who need their help.

Amen.

SAT 05:45 Living on the Edge (m001ngq0)

Spurn Point

Ten coastal encounters, presented by Richard King.

Today: an early morning encounter with warden Paul Collins at Spurn Bird Observatory.

Not simply town or countryside, the coastline is a place apart – attracting lives and stories often overlooked.

In these ten programmes, the writer Richard King travels around the UK coast to meet people who live and work there – a sequence of portraits rooted in distinct places, which piece together into an alternative portrait of the UK: an oblique image of the nation drawn from the coastal edge.

SAT 06:00 News and Papers (m001np19)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m001ngmp)

Inspiration on the Tay

Dougie Vipond visits the River Tay, which runs from its source in the Highlands, past Dundee and out to sea. For centuries, the Tay estuary has shaped how creative people have expressed themselves. Starting at McDuff's Cross, the author Robin Crawford explains the Tay's link to Shakespeare - who was said to have drawn inspiration for his play Macbeth from this area. Pre-Raphaelite painters Turner and Millais knew the area well, Beatrix Potter imagined some of her most famous creations on the Tay's banks, and some of Scotland's best known artists such as Raeburn and Naismith depicted the landscape in their paintings. Dougie visits the studio of a contemporary landscape artist, Helen Glassford, to find out how her view of the silvery Tay continues to have an impact on artists today.

Produced by Ruth Sanderson

SAT 06:30 Farming Today (m001np1c)

08/07/23 Farming Today This Week. Eggs: hatchery; beak trimming; free-range to barn; bird flu and vaccine. UK-grown flowers.

All week on Farming Today we've been looking at egg production. We've had unique access to a hatchery in Peterborough, which provides chicks which will grow up to be the hens which lay our eggs.

One of the processes used in hatcheries, is to remove the tips of the chicks' beaks with an infra-red laser. It's known as beak trimming and it's a means of stopping the mature birds from hurting each other by pecking at each others feathers - a behaviour which is common in chickens when they're commercially farmed in big flocks. However there's been debate for years about whether the practice should be banned. We speak to campaigners who'd like it to be phased out.

We visit a free-range egg producer who is still keeping his birds indoors because even though he's allowed to let them out, he says the risk of bird flu is too great. He says a vaccine is the answer. We ask the chief vet how close farmers are to having a commercial vaccine to protect their flocks against influenza. Also we visit an egg producer in Shropshire who's breaking 20 tonnes of eggs a day - on purpose! He's an egg farmer who specialises in producing liquid eggs.

And a trip to RHS Hampton Court Garden Festival where flower farmers are promoting home-grown blooms to shoppers and florists.

Presenter = Caz Graham

Producer = Rebecca Rooney

SAT 06:57 Weather (m001np1f)

The latest weather reports and forecast

SAT 07:00 Today (m001np1h)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001np1m)

Dawn O'Porter, Robert Kasanga, Nick Hounsfield, Annie Mac

Dawn O'Porter reigned supreme in the area of TV that wanted

the presenter 'immersed' in the subject; exploring the dangerous size-zero aesthetic, attitudes to nudity, mail order brides, geisha traditions and most personally perhaps, breast cancer, the disease to which she lost her mother. But since 2006 she's refocused her attention to the written word having penned eight books, with two more on the way, her latest is Cat Lady.

Believe it or not the new football season is just three weeks away. But Robert Kasanga is worlds away from the big money world of Pep Guardiola or Jurgen Klopp. Having turned his life around from a world of inner-city gangs to founding Hackney Wick FC – a club that gives young people involved in gangs a way out through football.

Nick Hounsfield began his career as an osteopath, following in the footsteps of his father, and set up his own practice alongside his wife. A passionate surfer since he was knee high to a grasshopper, Nick has since founded The Wave, a pioneering artificial surfing park which opened its first site near Bristol in 2019. But less than a year later, at the age of 46, Nick suffered a series of strokes, and his infant business was forced to close because of the pandemics.

And we'll hear the Inheritance Tracks of DJ turned author and podcaster Annie Mac.

Presenters: Nikki Bedi and Jason Mohammad

Producer: Ben Mitchell

Details of support for bereavement and victims of crime is available at BBC Action Line: www.bbc.co.uk/actionline

SAT 10:00 You're Dead to Me (p0fp5wkf)

Agatha Christie

Sue Perkins and Dr Lucy Worsley join Greg Jenner to discuss the life of world-famous novelist, Agatha Christie.

Agatha Christie is arguably the greatest ever crime novelist but her work has also permeated film, theatre and television over the past century. Christie also lived during an extraordinary period of modern history. Her life encompassed the end of the Victorian era, the two world wars and ended at the age of 85 in 1976.

There was also much more to Christie the person: from unexpected sporting hobbies to a romantic life that had its fair share of heartbreak and harmony; her life off the page is as interesting as her novels are on it.

Research by Jessica Honey

Written by Emma Nagouse, Emmie Rose Price-Goodfellow,

Jessica Honey and Greg Jenner

Produced by Emma Nagouse and Greg Jenner

Assistant Producer: Emmie Rose Price-Goodfellow

Project Management: Isla Matthews

Audio Producer: Steve Hankey

SAT 10:30 Rewinder (m001np1x)

A Trout Called Barbie

Greg James, host of the Radio 1 Breakfast Show and proud radio nerd, heads into the BBC archives to deliver a selection of prime audio, using stories of the week and listener requests as his launch-pad.

The Barbie film hits cinema screens later this month, with Margot Robbie in the title role. Greg discovers interviews with Barbie's original creators captured in a 1997 radio documentary, along with their daughter who happened to be called...Barbara.

As the global Formula 1 circus arrives in Silverstone this weekend for the British Grand Prix, Greg looks back at the history of British F1. He finds an excited report from the first F1 world championship race, held at Silverstone in 1950 (speeds of up to 90 mph!) and remembers two of the greats of British racing: Sir Stirling Moss and Tony Brooks, also known as The Racing Dentist.

A listener request takes Greg to radio nerd paradise as he finds out about the earliest jingles used on BBC radio. From Live and Kicking to Radio 4's Today, via Kenny Everett, The Beatles and Elton John, Greg gets lost in the strange world of extraordinary radio jingles.

And as a law is passed in South Korea making its population younger, Greg tries to discover the secret to eternal youth...does it lie in trying to recreate childhood, as train enthusiast Victor Martin did by building a lifesize replica of a railway signalling station in his garden? Or maybe it's more scientific: a 1968 documentary by Lord Snowdon heads to a Swiss clinic where they're doing iffy things with sheep...

Producer Tim Bano

SAT 11:00 The Week in Westminster (m001np23)

Isabel Hardman, Assistant Editor of The Spectator, discusses the week's biggest political stories of the week with guests.

Isabel Hardman discusses the future direction of the Conservative Party with Conservative MP Danny Kruger and Gavin Barwell, Conservative peer and former chief of staff to Theresa May.

In the week of the 75th anniversary of the NHS, Lord Nigel Crisp former Chief Executive NHS England and Crossbench peer and Sally Warren, Director of Policy, The King's Fund discuss the challenges facing the NHS.

Isabel discusses the presence of Bishops in the House of Lords with The Rt Revd Dr David Walker, The Bishop of Manchester

And, Professor Meg Russell, director of the Constitution Unit at UCL and Rob Hutton, Sketchwriter for The Critic, discuss 'Parliamentary ping pong'.

SAT 11:30 From Our Own Correspondent (m001np28)
The Yazidis who survived Islamic State

Kate Adie introduces stories from Iraqi Kurdistan's Yazidi community, the streets of Marseille, the former USSR and the Caribbean island of Nevis.

From 2011 to 2017, the Yazidi minority in Iraq lived in terror, as the community was targeted by Islamic State's fighters for especially brutal repression. The United Nations has said IS committed genocide, as well as multiple crimes against humanity and war crimes against the Yazidis. But as Rachel Wright has seen, those Yazidis who survived captivity and slavery under IS are still finding life extremely tough, trying to eke out a living in tented cities of refugees.

After the mass civil disorder across France, there's passionate debate over the root causes of the revolt on the streets, and what the rioters really wanted. Jenny Hill reports from Marseille on what she heard from residents of the city's vast and decaying Fraix Vallon housing project.

Ibrat Safo reveals a personal story of childhood in the former USSR - and making contact again with the woman who helped to raise him. His family were Uzbek, while his nanny was of Uzbek and Ukrainian descent. They grew up together speaking Russian in a provincial Soviet town. So when Russia invaded Ukraine in 2022, he felt an urgent need to track her down, and find out where life has taken her.

And Rob Crossan reveals why the Caribbean island of Nevis hasn't turned much of a profit from its connection with one of America's Founding Fathers - the celebrated Alexander Hamilton.

Producer: Polly Hope
Editor: Richard Fenton-Smith
Production Co-ordinator: Gemma Ashman

SAT 12:00 News Summary (m001np2g)
The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m001np2n)
Energy Bill Support and AI in Banking

New data shows more than 700,000 households across Great Britain have missed out on £300 million worth of support with their energy bills. The government said in February 900,000 households were eligible to apply for a one-off £400 payment because they did not have an energy supplier that would apply it automatically. The government said it had spent more than £50m 'supporting households without a domestic energy supplier', but this data suggests just over £300 million of the possible £360 million in Great Britain had not been claimed before the deadline.

The big high street banks have been told to be more open with their customers about savings rates - what will that mean in practice?

And could Artificial Intelligence transform how banks decide whether to lend us money?

Presenter: Paul Lewis
Reporters: Dan Whitworth and Sarah Rogers
Researcher: Sandra Hardial
Editor: Jess Quayle

(First broadcast 12pm Saturday 8th July, 2023)

SAT 12:30 Dead Ringers (m001nh3m)
Series 23

Episode 4

What did Humza Yousaf and King Charles really say to each other when they met in Edinburgh? What is Sir Kier Starmer's secret plan for after the election, and who first coined the word Aardvark? Answers to these questions and so much more.

This episode was written by: Nev Fountain & Tom Jamieson, Laurence Howarth, Ed Amsden & Tom Coles, Edward Tew, Robert Darke, Joe Topping, Sophie Dickson, Sarah Campbell, Peter Tellouche, Toussaint Douglash.

Produced and created by Bill Dare
Production Co-ordinator: Dan Marchini

SAT 12:57 Weather (m001np2v)
The latest weather forecast

SAT 13:00 News and Weather (m001np31)
The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001nh4j)
Fiona Hyslop MSP, Lord Offord, Anas Sarwar MSP, India Willoughby

Alex Forsyth presents political discussion from The Buccleuch Centre in Langholm, Dumfriesshire, with Minister for Transport at Holyrood Fiona Hyslop MSP, Scotland Office Minister Lord Offord, Scottish Labour leader Anas Sarwar MSP and journalist and broadcaster India Willoughby.
Producer: Camellia Sinclair
Lead broadcast engineer: Joanne Willott

SAT 14:00 Any Answers? (m001np37)
Call Any Answers? to have your say on the big issues in the news this week

SAT 14:45 The Museums That Make Us (m0015bbh)
Royal Pavilion and Museums, Brighton

Neil MacGregor presents a new series for BBC Radio Four celebrating the role and ambition of museums the length and breadth of the country, and in the process he'll be finding answers to the question 'What are Museums For in 2022'.

In today's episode Neil heads to the South coast where Brighton's reputation as a flamboyant, 'out there' city has been enjoyed from the Regency period to the present. And while the Pavilion itself might be an object that epitomises that, the museum has chosen to celebrate an exhibit from their 'Queer Looks' gallery which tells the story of the city's status as the unofficial gay capital of the UK, by celebrating powerful and universal human emotions and rituals which have been allowed to flourish here. That's what lies behind the choice of the wedding attire of Ciara Green and Abbie Lockyer. They got married in 2016, and in a first for Neil, he gets to chat to the original owners of a museum exhibit about what it means to see their clothes on display, and how it affects their views about a museum's role in shaping the attitudes and ambitions of a local community.

Museums have always been telescopes trained on the past to help locate a sense of place in the present. Neil believes that role is an active one, responding to changes in the people museums serve and the shifting social and cultural landscape they inhabit. After spending much of his life at the centre of our national Museum life in London, Neil is taking to the road to discover more about the extraordinary work being done in cherished Museums outside the capital, from Stornoway to Stowmarket, and Belfast to Birmingham.

In each episode he visits a single museum, inviting them to choose an object from their collections which they feel best illustrates their civic role, and the way they relate and want to relate to their local audience. Very rarely have they chosen a crown jewel from their often priceless collections. More often it's an object with a particular local resonance, or which helps tackle episodes from the past which are being viewed very differently by citizens in the 21st century.

He'll be visiting the great national museums of Wales, Northern Ireland and Scotland, as well as major city institutions in Birmingham, Leeds, Liverpool and elsewhere. And in spite of the challenges of the last two years, everywhere he meets passionate teams who are dedicated to providing a unique experience for both local audiences and visitors from further afield.

Neil writes: "What's going on in our museums is at once challenging and exciting and it can only really be understood by visiting as many as possible and finding out how they have approached what is a vital role in providing a sense of local, regional and national identity."

Producer - Tom Alban

Original music composed by Phil Channell

SAT 15:00 Madam, Will You Talk? (m000lz6z)
Episode 1

Set in the South of France in the early 1950s, the heat is intense, roads are dusty and parched, cicadas are noisy, the coffee is strong and une omelette aux fines herbes at the local café is almost exotic.

This is Charity's dream holiday after the austere greyness of England and the death of her husband in the war. At her hotel, she meets David, a lonely English schoolboy there with his stepmother. She discovers that his father has been accused of murder and he is in France for his own safety.

Charity soon finds herself caught up in a plot to kidnap him and she begins to mistrust everyone. Is the man she keeps bumping into a foe or friend? She flees to Marseille where the war still casts a shadow. Collaborators with the occupying Germans are still being hunted down and fugitive Nazis are living in disguise.

Mary Stewart invented the romantic suspense novel. Originally published in 1954, this was her first book and an instant best-seller. She caught the spirit of the post-war world - her heroines are all independent, educated young women who enjoy travelling, drive fast cars and stand up for themselves. Never out of print and with over five million copies sold, Mary Stewart's been called one of the great British storytellers of the 20th century.

Cast:
Charity Selbourne Scarlett Courtney
Louise Cray Esme Scarborough
David Bryon Frankie Milward.
Loraine Bristol Harriet Collings
Paul Very Sam Alexander
Mrs Palmer Karen Ascoe
Richard Byron Tim Dutton

Sound Engineer and Design: David Thomas
Production Co-ordinators: Sarah Tombling & Phoebe Izzard-Davey

Programme Illustration: Mahla Bess
Dramatised by Marcy Kahan from the novel by Mary Stewart

Produced and Directed by Caroline Raphael
A Pier production for BBC Radio 4

SAT 16:00 Woman's Hour (m001np3f)

Weekend Woman's Hour: Caitlin Moran, Trichotillomania, Prison Officers, TikTok Nans, Olivia Dean

Caitlin Moran's multi-award-winning bestseller How to Be a Woman has been published in 28 countries. Now she has turned her attention to men; what's wrong with them, what they should do about it and why they need feminism to help. Caitlin joins Anita to discuss her new book What About Men?

Trichotillomania is often referred to as "hair-pulling disorder". There is little research in this area, but statistics suggest 1.1m people in the UK could have the condition, with 80% of them women. Half of those never seek treatment. What exactly is it? Why do people do it? And what can be done to help them stop? Clare MacKay is Professor of Brain Imaging at Oxford University. She joins Nuala to share her personal experience for the first time, and discuss the academic review she is doing in this area.

Half of prison officers in England and Wales do not feel safe at work, according to a recent large-scale survey. Alex South spent 10 years working as a prison officer, and she's written a book, Behind These Doors, about her experiences. She speaks to Nuala about working in such a male-dominated environment and shares her stories.

A bar in Portsmouth is due to open later this month, which is themed on Jack the Ripper – described as an "immersive cocktail and dining experience with a modern horror twist". The publicity features a young woman in Victorian dress, being followed at night by a mysterious man. Objections have been raised to the whole idea of a business which trades on the notoriety of a serial killer. However the trading licence has now been granted. The owner has said, "There is always a fine line when working on things like this and we are working really hard not to upset anyone". Nuala speaks to Hallie Rubenhold, author of The Five, in which she painstakingly reconstructs the lives of the five women killed by the so-called Ripper, in 1888.

What's it like to go viral on TikTok in your late 80s? 27-year-old Jess and her 89-year-old grandmother, Norma, have gone viral on TikTok posting videos showing their close connection and the fun they have together. They join Anita to discuss their relationship and new found fame.

Young singer-songwriter Olivia Dean, has collaborated with the likes of Loyle Carner and Leon Bridges, earning a reputation

for her stellar live shows. She joins Nuala to discuss her recent Glastonbury performance, her inspirations and her debut album - Messy.

Presenter: Anita Rani
Producer: Hanna Ward
Studio Manager: Duncan Hannant

SAT 17:00 PM (m001np3m)

Full coverage of the day's news

SAT 17:30 Sliced Bread (m001ngl2)

Barefoot Shoes

This is one of your most-requested topics and as a keen runner myself I couldn't wait to get into it. Barefoot shoes claim to encourage you to run in a more 'natural' way, landing on your mid or forefoot rather than on your heel. Some brands say they'll increase your speed and reduce the likelihood of injury. But will they?

Listener Sam runs marathons and wants to know if the science backs up the marketing hype. He also wonders whether the wider toebox in barefoot shoes really does allow for our toes to be separated out in a more natural way.

It's not just runners who got in touch either; Jon is a dog walker and is interested in wearing barefoot shoes on a more casual basis. Is there any benefit to that?

And what about children? Listener Zoe already wears barefoot shoes herself but wants to know if they might be good for her son, too.

In this episode I speak to experts to weigh up the evidence. Are barefoot shoes the best thing since sliced bread? Or just marketing BS?

PRESENTER: Greg Foot
PRODUCER: Simon Hoban

SAT 17:54 Shipping Forecast (m001np3v)

The latest weather reports and forecasts for UK shipping

SAT 17:57 Weather (m001np44)

The latest weather forecast

SAT 18:00 Six O'Clock News (m001np4d)

Rishi Sunak has made clear the UK is opposed to the use of cluster bombs.

SAT 18:15 Loose Ends (m001np4m)

Kate Nash, Guvna B, Alex Wheatle, Issy van Randwyck, The Coral, Reuben James, Arthur Smith, Annika Rice

Annika Rice and Arthur Smith are joined by Kate Nash, Guvna B, Alex Wheatle and Issy van Randwyck for an eclectic mix of conversation, music and comedy. With music from Reuben James. With music from The Coral and Reuben James.

SAT 19:00 Profile (m001np22)

Lee Anderson

Lee Anderson, MP for Ashfield and Deputy Chairman of the Conservative Party, is no stranger to media attention. He has made headlines for his controversial statements about poverty, migration and the death penalty. Now he is reported to be a prominent figure in the New Conservatives, a pressure group calling on the Prime Minister to drastically cut migration before the next general election. Yet he started his working life as a Nottinghamshire miner, and worked as a Labour councillor before later switching parties. Mark Coles finds out about his life and career.

Presenter: Mark Coles
Editor: Richard Vaden
Sound: Rod Farquhar
Production: Viv Jones, Diane Richardson, Alix Pickles, Sabine Schereck

SAT 19:15 The Infinite Monkey Cage (m001np29)

Series 27

Bees v Wasps

Brian Cox and Robin Ince tackle one of the most important questions posed by science: which is better, bees or wasps? To defend bees, ecologist Dave Goulson joins the panel, while entomologist Seirian Sumner comes to the defence of wasps. Although both species are known to deliver a nasty sting, Seirian and Dave battle to show why their species should be

loved, not swatted, and how we unknowingly rely on them. Comedian Catherine Bohart takes on the role of judge. Which will she ultimately choose: bees or wasps?

New episodes are released on Saturdays. If you're in the UK, listen to the full series first on BBC Sounds: [bbc.in/3K3JzyF](https://www.bbc.com/sounds/play/20230708)

Producer: Caroline Steel
Executive Producer: Alexandra Feachem

SAT 20:00 Archive on 4 (m001np2h)

How I Ruined Medicine

Dr Phil Hammond says, "Doctoring used to be like Downing Street. Posh unaccountable alcoholics working silly hours, cocking up, covering up and laughing it off in the mess. Above all, it was fun. Then I broke ranks and ruined it. For 37 years I worked in the NHS and exposed its darkest secrets, through Private Eye, on stage and on screen - for example, BBC2's Trust Me, I'm a Doctor.

I broke a story of babies dying after heart surgery in Bristol which became the subject of the largest public inquiry in British history. I gave evidence and argued that doctors could not be trusted to regulate themselves in secret, and we needed absolute transparency of data, so patients could see, choose and access the treatments they deserved. Only this could improve the NHS. In 2001, the Inquiry made 198 recommendations to ensure the NHS would embed quality, safety and transparency at its heart.

My campaigning and aggressive exposure helped spawn an army of regulators, lawyers and aggressively informed patients demanding excellent care in a collapsing service. Instead of fixing the NHS, I appear to have made it worse. The NHS now has 133,000 vacancies, over seven million waiting for treatment and too many doctors are retiring early or jumping ship to Australia. There is a mental health crisis among staff who suffer the moral injuries of being unable to deliver a decent standard of care, yet are punished if they speak out.

Using archive from the BBC, Private Eye, newspapers, my seven books, I take a mea culpa trip around the NHS to try to better understand the mess it's in."

Includes interviews with:

Chancellor of the Exchequer, Jeremy Hunt MP
Bafta winning writer and former doctor, Adam Kay
Dame Clare Gerada, President of the Royal Society of GPs
Brain surgeon and author, Henry Marsh

Producer: David Morley
A Perfectly Normal production for BBC Radio 4

SAT 21:00 GF Newman's The Corrupted (m000hfym)

Series 5

Episode 2

It's the 1990s and Brian Oldman is still in jail for a crime he didn't commit.

He found a man in jail able to prove his innocence - but that man was soon found dead in his cell. He suspects that Joseph Oldman, now Sir Joseph Olinska MP, organised the killing.

GF Newman's The Corrupted weaves fiction with real characters from history, following the fortunes of the Oldman/Olinska family - from small-time business and opportunistic petty crime, through gang rivalries, to their entanglement in the highest echelons of society. It's a tale revealing a nexus of crime, business and politics that's woven through the fabric of 20th century greed, as even those with hitherto good intentions are sucked into a web of corruption.

Joey Oldman, an uneducated Jewish child immigrant from Russia, has a natural instinct for business and a love of money - coupled with a knack for acquiring it. His wife Cath is as ruthless in both the pursuit of money and the protection of her son, Brian. Joey built his empire with the help of a corrupt bank manager in the 1950s, starting with small greengrocer shops before moving into tertiary banking and property development, dealing with many corrupt policemen on the way - and befriending both Lord Goodman and Margaret Thatcher. Now ennobled and on the board of Lehman Brothers, Joseph intends to extend his business interests into Russia with the help of Boris Yeltsin and his cronies. John Major is now the Prime Minister and a young man from the left, Tony Blair, also seems keen on making Joseph's acquaintance. Meanwhile, Joseph is trying to divorce his first wife, Catherine.

The characters are based on GF Newman's novels.

CAST

Joseph Oldman Toby Jones
Brian Oldman Joe Armstrong
Catherine Isabella Urbanowicz
Tony Wednesday/

Boris Yeltsin Alec Newman
Leah Cohen Jasmine Hyde
Warder Peters/
John Major/
Douglas Hurd/
Menachem Hayek Paul Kemp
Eddie Richardson Charles Davies
The Master Jamie Newall
George Carmen Nigel Cooke
Lord Miles Christian Rodska
Kevin Wheeler Lucas Hare
Margaret Courtney Flora Montgomery
Jack Braden John Hollingworth
Sonia Hope Sarah Lambie
Chuck Haley Matt Rippy
Anatoly Popov Boris Isarov
Brad Peterson William Meredith
2nd warder/
prisoner Kieron Jechinnis
Brian Perry Nicholas Murchie

Produced and directed by Clive Brill
A Brill production for BBC Radio 4.

SAT 21:45 The Skewer (m001np2p)

Series 9

Episode 3

Jon Holmes's comedy current affairs concept album remixes the news into award-winning satirical shapes. This week - Jacob Rees Mogwai, My Sweet KGB Lord, and It's A Wonderful Nige.

An unusual production for BBC Radio 4 and BBC Sounds

SAT 22:00 News (m001np2w)

The latest national and international news from BBC Radio 4

SAT 22:15 Add to Playlist (m001nh47)

Rakhi Singh and Alexis Ffrench with a coronation classic (and a bonus track!)

Rakhi Singh - violinist, music director and composer - and composer, producer and pianist, Alexis Ffrench, join Cerys Matthews and Jeffrey Boakye as they add the next five tracks. From the King's coronation via the Bolivian Andes and Finland, they end up on Highway 61, and there's a surprise bonus track along the way.

Producer Jerome Weatherald
Presented, with music direction, by Cerys Matthews and Jeffrey Boakye

The (six) tracks in this week's playlist:

Zadok the Priest by George Frideric Handel
Carnaval Ayacuchano by Bolivia Manta
Let Me Blow Ya Mind by Eve/Doja by Central Cee
Vers toi qui es si loin by Kaija Saariaho
Highway 61 Revisited by Bob Dylan

Other music in this episode:

In the Summertime by Mungo Jerry
Batwanes Beek by Warda
UEFA Champions League Anthem by Tony Britten
What's Going On by Marvin Gaye
South Pacific Overture by Richard Rodgers

SAT 23:00 The 3rd Degree (m001nghy)

Series 13

University of Exeter

Coming this week from the University of Exeter, The 3rd Degree is a funny, upbeat and brainy quiz show.

The specialist subjects this week are economics, natural sciences and history, and the questions range from Dirac points and fat tails to what Napoleon was really doing in Fishguard. Also, there's your chance to hear the most-played piece of music ever.

The show is recorded on location at a different University each week, and pits three undergraduates against three of their professors in this fresh take on an academic quiz. The general knowledge rounds include a quickfire bell-and-buzzer finale and the Highbrow and Lowbrow round cunningly devised to test not only the students' knowledge of history, art, literature and politics, but also their Professors' awareness of TV, music and sport. Meanwhile there are the three specialist subject rounds, in which students take on their professors in their own subjects, and where we find out whether the students have actually been awake during lectures.

In this series, the show goes to Exeter, Strathclyde, Keele, King's College London, Portsmouth, and Somerville College, Oxford.

Producer: David Tyler
A Pozzitive production for BBC Radio 4

SAT 23:30 Yeti (m001np32)
2. A Murder Mystery

Andy Benfield and Richard Horsey continue their search for the yeti in the north-east Indian state of Arunachal Pradesh where they stumble across the story of a murder.

They visit the remote forest where the incident took place. Locals say the crime was committed by a yeti, but can this be true?

Looking back through crime reports, the pair piece together what happened and are given a clue as to where to search next.

In this 10-part documentary series, Andrew Benfield and Richard Horsey travel through India, Myanmar, Nepal and Bhutan in search of stories of yeti sightings and encounters. They hear from villagers, yak herders, sherpas and mountaineers, who give surprisingly consistent descriptions of a mysterious, large, hairy creature. This series takes us on a journey deep into Himalayan culture as the presenters grapple with their own inner demons to try to make sense of the yeti myth.

Producer: Joanna Jolly.
Executive Producer: Kirsten Lass.
Sound designers: Peregrine Andrews and Dan King.
Composer of original music: Marisa Cornford.
Assistant Producer Maia Miller- Lewis.
A Loftus Media Production for BBC Radio 4.

SUNDAY 09 JULY 2023

SUN 00:00 Midnight News (m001np38)
The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Poetry Please (m001nfzw)
Rommi Smith

Poet, playwright and librettist Rommi Smith chooses work by Linton Kwesi Johnson, Marilyn Hacker, Don Paterson and others, and performs her own work, Song 2.

Producer Sally Heaven

SUN 00:48 Shipping Forecast (m001np3g)
The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m001np3n)
World Service

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m001np3x)
The latest weather reports and forecasts for UK shipping

SUN 05:30 News Briefing (m001np45)
National and international news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001np4f)
St Mary's Church in Dunsford, Devon

Bells on Sunday comes from St Mary's Church in Dunsford, Devon. The Grade 1 listed church building has a fine medieval tower housing a ring of six bells cast in 1978 at the Whitechapel Bell Foundry. The Tenor bell weighs twelve and three quarter hundredweight and is tuned to G. We hear them ringing Devon style call changes and lowering of the bells.

SUN 05:45 Profile (m001np22)
[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m001np21)
The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b01kr7nh)
Rain

St. Swithun's day is arguably the most British of all Saints days,

associated as it is with one of the nations most popular topics of conversation: the weather. More specifically of course, it's associated with rain as the saint is most commonly prayed to in times of drought and tradition has it that, if it rains on St Swithun's day, it will rain solidly for the next forty days.

Mark Tully considers the emotional impact rain has upon us in a summer that has already seen its fair share of it. An edition of Something Understood to splash about in, with readings provided by Longfellow, Tagore and Langston Hughes and a range of evocative music from Chopin and Debussy to Ella Fitzgerald and the Portuguese Fado singer Mariza.

Why go out in the rain, when you can stay inside and listen to it on the radio?

The readers are Philip Franks and Grainne Keenan.

Producer: Frank Stirling
A Unique production for BBC Radio 4

SUN 06:35 On Your Farm (m001np27)
Gelato in the Lake District

Caz Graham meets Mark and Jenny Lee on their farm in Torpenhow on the northern edge of the Lake District. They're the third generation to farm the land, and wanted to do so more sustainably. So they cut the herd numbers, changed the breed of cows, stopped using chemicals and committed to regenerative grazing – growing native grasses and plants to feed their cattle outside year-round.

They wanted to add value to the organic milk, so decided to make cheese. With no prior knowledge, they employed a cheesemaker to teach them, and now produce award-winning cheeses, from brie to cheddar to a blue cheese similar to Roquefort. This summer they've also launched their Three Hills Gelato brand, bringing in Matthew Stockwell, who honed his skills over many years in Italy.

Produced by Sally Challoner

SUN 06:57 Weather (m001np2d)
The latest weather reports and forecast

SUN 07:00 News and Papers (m001np2m)
The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001np2t)
The history of 'defrocking' and the story behind a 400-year-old missal

Emily Buchanan travels to Moseley Old Hall in Wolverhampton to hear about a 400 year-old missal recently bought by the National Trust that belonged to a Catholic priest who saved the life of King Charles II

'Water cremation' will be available as a funeral option in Britain later this year. It's said to be an environmentally friendly approach to disintegrating human remains – but is it appropriate for Christians and other believers in the afterlife?

This week the Church of England Synod will be invited to approve the reintroduction of 'defrocking' as the most severe punishment it can impose on members of the priesthood. But what exactly is 'defrocking'? Historian of the Anglican clergy, Reverend Fergus Butler-Gallie, explains.

And the man who passed on a call from Boris Johnson to answer a call from the Holy Spirit... John Casson took up a role at L'Arche UK during a troubled time for the Christian organisation. He reflects on what working with people with learning disabilities has taught him about leadership.

Producers: Catherine Murray and Peter Everett.

SUN 07:54 Radio 4 Appeal (m001np30)
Why me?

TV presenter Mel Giedroyc makes the Radio 4 Appeal on behalf of Why me?

To Give:
- UK Freephone 0800 404 8144
- You can donate online at bbc.co.uk/appeal/radio4
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Why me?'.
- Cheques should be made payable to 'Why me?'.
Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1137123

SUN 07:57 Weather (m001np36)
The latest weather forecast

SUN 08:00 News and Papers (m001np3d)
The latest news headlines. Including a look at the Sunday papers.

SUN 08:10 Sunday Worship (m001np3i)
Psalmes, Songs and Sonnets

William Byrd is regarded as one of England's greatest composers. He lived through turbulent times through the Sixteenth and early-Seventeenth Centuries, witnessing both significant religious and political change. Despite this, he composed some of the finest music of his time for both the Catholic and Anglican Church.

In the week of the 400th anniversary of his death, The Revd Dr Jonathan Arnold reflects on William Byrd's contribution to Christian music and worship. Jonathan visits the Church of St Peter and St Paul, Stondon Massey in rural Essex - where Byrd is thought to be buried - and also the nearby Ingatstone Hall, the home of the composer's patron, Lord Petre. Jonathan speaks to the current Lord Petre about the connection between Byrd and his patron through their Catholic faith.

Harry Christophers, founder and director of The Sixteen, reflects on the sense of longing and faith in Byrd's music, expressed in the composer's particular attention to the texts he set from scripture, and there are contributions from Byrd scholar Professor Kerry McCarthy, music historian Dr Katie Bank, and singer and conductor Dr David Allinson.

Byrd remained a Catholic throughout his life, which for many at the time was a dangerous thing to do, but his contribution to music for the Anglican church remains central to music and worship in many churches today.

The readings are Isaiah 64 vv.9-10 (the Latin text of which Byrd set in his motet *Ne irascaris, Domine*), and Colossians 3 vv.12-17, in which St Paul encourages his readers to 'sing psalms, hymns, and spiritual songs to God'.

Byrd's music featured includes *Ne irascaris Domine*, *Tribue Domine*, the *Nunc dimittis* from the Second Service, and movements from his three Masses.

Producer: Ben Collingwood.

SUN 08:48 A Point of View (m001nh4s)
Notes on Ageing

Michael Morpurgo reflects on age as he approaches his 80th birthday.

'The truth is,' writes Michael, 'that older people are increasing in numbers and will very likely continue to do so. This is clear. But the place - or the role - of older people in society is far from clear.'

He says in a 'civilised society' we have to find better ways of bridging the gap in understanding between young and old.

Producer: Adele Armstrong
Sound: Peter Bosher
Production coordinator: Gemma Ashman
Editor Adele Armstrong

SUN 08:58 Tweet of the Day (b09h34y1)
Sue Perkins on the Great Horned Owl

Comedian Sue Perkins recalls attending the Staffordshire Country Show where she came face to face with a great horned owl possessing a powerful grip.

Producer Andrew Dawes

SUN 09:00 Broadcasting House (m001np3t)
The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m001np43)
Writer, Katie Hims
Director, Rosemary Watts
Editor, Jeremy Howe

Helen Archer Louiza Patikas
Henry Archer Blayke Darby
Jolene Archer Buffy Davis
Lee Bryce Ryan Early

Neil Carter Brian Hewlett
 Susan Carter Charlotte Martin
 George Grundy Angus Stobie
 Mia Grundy Molly Pipe
 Brad Horrobin Taylor Uttley
 Tracy Horrobin Susie Riddell
 Jim Lloyd John Rowe
 Jazzer McCreary Ryan Kelly
 Kirsty Miller Annabelle Dowler

SUN 11:15 Desert Island Discs (m001np4c)

Peter Doig, artist

Peter Doig is one of Britain's most successful living artists. His paintings have been exhibited at major galleries around the world, winning wide critical acclaim and selling for tens of millions of pounds at auction, setting sales records.

Peter was born in Edinburgh in 1959, but grew up in Trinidad and Canada, where his father had chosen to work. Peter was partly educated at a Scottish boarding school, but didn't enjoy the experience. He returned to Canada, dropped out of education, and at the age of 17 found work on a gas rig in the rural west. He decided to move to London, largely attracted by the post-punk music scene, and from 1979 until the late 1980s, he trained as a painter at art schools in the capital, as well as spending time back in Canada.

While his contemporaries among young British artists in the 1990s often created large-scale installations, sculptures or videos, Peter dedicated himself to painting, often working with very large canvases, creating atmospheric, mysterious landscapes acclaimed for their use of colour.

In 2002, echoing his own childhood, he and his family moved to Trinidad, where he set up his studio. The island became his main home for almost two decades, before he moved to London in 2021.

Presenter Lauren Laverne
 Producer Sarah Taylor

SUN 12:00 News Summary (m001np4l)

The latest national and international news from BBC Radio 4.

SUN 12:04 The Unbelievable Truth (m001ng1l)

Series 29

Episode 6

David Mitchell hosts the panel game in which four comedians are encouraged to tell lies and compete against one another to see how many items of truth they're able to smuggle past their opponents.

Lucy Porter, Marcus Brigstocke, Richard Osman and Ria Lina are the panellists obliged to talk with deliberate inaccuracy on subjects as varied as Popes, insurance, Norway and surgery.

The show is devised by Graeme Garden and Jon Naismith.

Producer: Jon Naismith

A Random Entertainment production for BBC Radio 4

SUN 12:32 The Food Programme (m001np4r)

Bread, Baking, War and Ukraine

Dan Saladino hears from the bakers in Ukraine supplying fresh bread to the frontline, and journalist Felicity Spector travels across the country to visit the bakeries supplying people in need, the elderly, displaced and soldiers.

Produced by Dan Saladino.

SUN 12:57 Weather (m001np4w)

The latest weather forecast

SUN 13:00 The World This Weekend (m001np52)

Radio 4's look at the week's big stories from both home and around the world

SUN 13:30 The Archbishop Interviews (m001np57)

Cressida Dick

In this series, the Archbishop of Canterbury, Justin Welby, has conversations with public figures about their inner lives. What do they believe? How does that shape their values and actions?

This week's guest is the former Metropolitan Police Commissioner, Dame Cressida Dick.

Producer: Dan Tierney.

SUN 14:00 Gardeners' Question Time (m001nh22)

Postbag: Glenarm Castle

Are sea shells good for keeping away pests? What citrus trees could I grow in minimal sunlight? How do I encourage an acorn seedling to continue germinating?

Kathy Clugston and the GQT panellists are in the grounds of Glenarm Castle in County Antrim, to answer horticultural queries sent in by the audience. On hand with some tips and tricks are garden designers Neil Porteous and Kirsty Wilson, and self proclaimed botanical geek James Wong.

Also, leading the team on a tour around the entire castle grounds is Adrian Morrow.

Producer: Dan Cocker

Assistant Producer: Rahnee Prescod

Executive Producer: Hannah Newton

A Somethin' Else production for BBC Radio 4

SUN 14:45 The Museums That Make Us (m0016810)

Leicester Museum and Art Gallery

Neil MacGregor presents a new series for BBC Radio Four celebrating the role and ambition of museums the length and breadth of the country, and in the process he'll be finding answers to the question 'What are Museums For in 2022'.

At a time of an appalling refugee crisis in Europe, a visit to Leicester museum is timely. All this week he'll be going to Museums in cities that have seen demographic changes. Sometimes that change is gradual, sometimes sudden and . That was certainly been the case in Leicester, which saw a huge influx of refugees at the time of Idi Amin's ejection of Ugandan Asians in 1972. But it also saw German refugees in the run up to the second world war, and it's fragments of a painting by one of those figures, the artist Johannes Koelz, which the museum have chosen to illustrate the way they see themselves responding to the particular situation of Leicester both historically and in the present. And with grim irony, given that the object was chosen for the series before Russia's barbaric invasion of Ukraine, the painting is called 'Thou Shalt Not Kill'.

Museums have always been telescopes trained on the past to help locate a sense of place in the present. Neil believes that role is an active one, responding to changes in the people museums serve and the shifting social and cultural landscape they inhabit. After spending much of his life at the centre of our national Museum life in London, Neil is taking to the road to discover more about the extraordinary work being done in Museums outside the capital, from Stornoway to Stowmarket, and Belfast to Birmingham.

In each episode he visits a single museum, inviting them to choose an object from their collections which they feel best illustrates their civic role, and the way they relate and want to relate to their local audience. Very rarely have they chosen a crown jewel from their often priceless collections. More often it's an object with a particular local resonance, or which helps tackle episodes from the past which are being viewed very differently by citizens in the 21st century.

He'll be visiting the great national museums of Wales, Northern Ireland and Scotland, as well as major city institutions in Birmingham, Leeds, Liverpool and elsewhere. And in spite of the challenges of the last two years, everywhere he meets passionate teams who are dedicated to providing a unique experience for both local audiences and visitors from further afield.

Neil writes: "What's going on in our museums is at once challenging and exciting and it can only really be understood by visiting as many as possible and finding out how they have approached what is a vital role in providing a sense of local, regional and national identity."

Producer - Tom Alban

Original music composed by Phil Channell

SUN 15:00 Madam, Will You Talk? (m000m49w)

Episode 2

Set in the South of France in the early 1950s, the heat is intense, roads are dusty and parched, cicadas are noisy, the coffee is strong and one omelette aux fines herbes at the local café is almost exotic.

This is Charity's dream holiday after the austere greyness of England and the death of her husband in the war. At her hotel, she meets David, a lonely English schoolboy who is there with

his stepmother. She discovers that his father has been accused of murder and he is in France for his own safety.

Charity soon finds herself caught up in a plot to kidnap him and she begins to mistrust everyone. Is the man she keeps bumping into a foe or friend? She flees to Marseille where the war still casts a shadow. Collaborators with the occupying Germans are still being hunted down and fugitive Nazis are living in disguise.

Mary Stewart invented the romantic suspense novel. Originally published in 1954, this was her first book and an instant best-seller. She caught the spirit of the post-war world - her heroines are all independent, educated young women who enjoy travelling, drive fast cars and stand up for themselves. Never out of print and with over five million copies sold, Mary Stewart's been called one of the great British storytellers of the 20th century.

Cast:

Charity Selbourne Scarlett Courtney
 Richard Byron Tim Dutton
 Paul Very Sam Alexander
 Loraine Bristol Harriet Collings
 Louise Cray Esme Scarborough
 John Marsden & Max Kramer Kenneth Collard
 David Bryon Frankie Milward

Other parts were played by members of the cast

Sound Engineer and Design: David Thomas
 Production Co-ordinators: Sarah Tombling and Phoebe Izzard-Davey

Programme Illustration: Mahla Bess
 Dramatised by Marcy Kahan from the novel by Mary Stewart

Produced and Directed by Caroline Raphael
 A Pier production for BBC Radio 4

SUN 16:00 Open Book (m001np5f)

Richard Ford

Richard Ford talks to Alex Clark about his latest novel *Be Mine*. Ford has written about American life through his character Frank Bascombe for nearly forty years though The Sportswriter to Independence Day and Lay of the Land. This time Frank undertakes a road trip across the country with his son who is dying of ALS - a form of motor neuron disease - and their journey is both tender and tough, filled with wit. Ford discusses his writing, passion for observation and unerring faith in the US political institutions.

Richard T Kelly, author of *Crusaders and The Knives*, takes his keen political eye in his new novel to the early days of North Sea oil exploration. Alex talks to Richard Kelly about *The Black Eden*, the story of his five young men whose lives are shaped by the black gold that lies beneath the sea.

And, as the fighting in Sudan continues, writer Fatin Abbas tells us about three novels which help to shed light on the country's complex history.

Book List - Sunday 9 July and Thursday 13 July

Be Mine by Richard Ford
The Sportswriter by Richard Ford
Independence Day by Richard Ford
The Lay of the Land by Richard Ford
Guests of the Nation by Frank O'Connor
Black Eden by Richard T Kelly
Crusaders by Richard T Kelly
The Knives by Richard T Kelly
What Maisie Knew by Henry James
Oil! By Upton Sinclair
Cities of Salt by Abdul Rahman Munif: Translated by Peter Theroux
Oil on Water by Helon Habila
Ghost Season by Fatin Abbas
River Spirit by Leila Aboulela
Season of Migration to the North by Tayeb Salih: Translated by Denys Johnson-Davies
Edo's Souls by Stella Gaitano: Translated by Sawad Hussain

SUN 16:30 Poetry Please (m001np5m)

Michael Pedersen

The Scottish poet Michael Pederson joins Roger McGough to make a selection of listener requests, including poems by Jackie Kay, Edwin Morgan, Maggie Smith, Ted Hughes and Ada Limón.

Michael has published three collections of poetry, including his most recent, *The Cat Prince*. His prose memoir, *Boy Friends*, was published in 2022. He won a Robert Louis Stevenson Fellowship, the John Mather's Trust Rising Star of Literature Award. Pedersen also co-founded *Neu! Reekie!* - a prize-winning literary production house that produced cutting edge shows in Scotland and the world over for over ten years.

Produced by Eliza Lomas for BBC Audio.

SUN 17:00 Today (m001ngcv)

The Today Debate: Is the housing market broken?

The Today Debate is about taking a subject and pulling it apart with more time than we could ever have during the programme in the morning.

Today presenter Mishal Husain is joined by a panel of guests in the BBC's Radio Theatre, where in front of an audience, they discuss the current state of the housing market.

On the panel are George Clarke, architect and broadcaster; David Simmonds the Conservative MP for Ruislip, Northwood and Pinner and Chair of the All Party Parliamentary Group on Housing and Planning; David O'Leary from the Home Builders Federation, which represents housebuilders in England and Wales; Claer Barrett, Consumer Editor for the Financial Times and Richard Fearon, Chief Executive of the Leeds Building Society.

SUN 17:40 Profile (m001np22)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001np5t)

The latest weather reports and forecasts for UK shipping

SUN 17:57 Weather (m001np60)

The latest weather forecast

SUN 18:00 Six O'Clock News (m001np66)

The BBC has suspended a presenter while it investigates accusations that he paid thousands of pounds to a teenager for sexually explicit images.

SUN 18:15 Pick of the Week (m001np6d)

Freya McClements

Come with us on an adventure. We'll start at Ireland's northernmost point - almost - then travel deep into a Vietnamese cave, take the cure at a holy well, find ourselves around a fire, get a nine-to-five job or maybe become a war correspondent - and even a track a supernatural creature...

Presenter: Freya McClements

Producer: Elizabeth Foster

Production Co-ordinators: Lydia Depledge-Miller & Emma Smith

SUN 19:00 The Archers (m001np5l)

Fallon's still struggling to get time with Tom to talk about the Tearoom business. She shares her frustrations with Susan, who reckons the Bridge Farm lot are all very busy these days. Fallon's sceptical, and wonders what else might be going on. Susan genuinely doesn't know. Fallon laments she's got loads of ideas for the Tearoom to share. Susan counsels her to insist on a meeting in that case. Later Fallon tells Tony she feels she's being given the run around. Tony agrees to pin down a time with Tom tomorrow.

Thrown together at Ambridge View, George and Brad bicker. Fed up Susan confiscates George's games console. When this doesn't work she tells them they'll need to help Eddie paint her summerhouse. The boys hurriedly agree to be nicer to each other, but Susan doesn't relent, and they're set to work on the paint job. Eddie agrees they can just paint one side, to show willing, as he doesn't intend to pay them. Eddie cheerfully shares his plans for the fete now that Lynda's suitably distracted working on her souvenir brochure. Brad asks George how much he hopes to raise for charity with his haybale stacking. George is hoping for a fair bit, with loads of folk having a go. Brad promises to get Jazzer to bring all his mates. George thanks Brad. However there's soon a skirmish over an unpainted section of the summerhouse, and the boys manage to spatter appalled Susan with paint. With no end to the squabbling, Eddie despairs.

SUN 19:15 Alexei Sayle's Strangers on a Train (m001nn8y) Series 2

London to Blackpool

Comedy icon Alexei Sayle begins his second series for Radio 4 of rail journeys across the country with a trip to the most visited seaside resort in the country - Blackpool.

Alexei's mission is to break the golden rule of travelling by train and actually talk to his fellow passengers, in a quest for conversations with strangers that will reveal their lives, hopes, dreams and destinations.

Along the way, Alexei holds a finger into the wind of the thoughts and moods of the great British travelling public. There's humour, sadness and surprise as people reveal what is going on in their lives and, as Alexei passes through familiar towns and cities, he also delves into his own personal stories of a childhood in Liverpool and a long career as a comedian, actor and author.

In the opening programme of this new series, Alexei finds among his fellow travellers, Michael, who is on his way to a major international dance competition at the Winter Gardens Ballroom in Blackpool, with his first ever invitation to be a judge. He also meets friends Julie and Sarah who are out on a trip and determined to have fun, including turning the tables on Alexei and deciding they will interview him - with very surprising results. And, as a lifelong fan of trams, Alexei is thrilled to meet the woman who runs the most famous fleet of trams in the country, which has been carrying holidaymakers along Blackpool's seafront since 1885.

A Ride production for BBC Radio 4

SUN 19:45 Coastlines (m001np5s)

Western Swan by Malaika Kegode

"The quay is heaving with expectation. Each yell and whistle bounces from boat to boat to harbourside. Plastic bottles bob on the restless turquoise surface of the English Riviera. Summer revellers still arriving in their droves, grumpy babies with fed up parents sweating through the streets, alco-popped teenagers chanting "Torbaydos!", trying their luck with the bored bouncers at the bars. Everyone is readily stretching out their days like wet clay, while Odette watches clocks and calendars, longing for the on-season to switch off."

On the hottest day of the year, Odette is sweltering behind the counter of a Torquay chip shop and questioning her life choices. An original short story for radio by Malaika Kegode.

Malaika is an award-winning writer, performer and creative producer who grew up in Devon and is now based in Bristol. She is an Associate Director of Theatre Royal Plymouth and an Associate Artist at Bristol Old Vic. Her work is focused on uplifting and celebrating the overlooked and misunderstood. Winner of the Kevin Elyot Award (2022) and the Esplth Kydd Memorial Prize, she has written an autobiographical gig-theatre show, Outlier, and three books of poetry.

From Pembrokeshire to Penwith, Coastlines is a series of five original short stories for radio, each anchored at a different point along the coast of Wales and South West England.

Produced in Bristol by Mair Bosworth for BBC Audio

SUN 20:00 Feedback (m001nh2s)

Andrea Catherwood is back with a new series of Feedback.

BBC Disinformation and Social Media Correspondent Marianna Spring joins Andrea to discuss her latest series Marianna in Conspiracyleland, in which she investigates the legacy left by the rise in conspiracy movements in the UK and the media machine at its heart.

Do Radio 3's mood music programmes make listeners turn on, tune in or drop out? Radio 3's Head of Music, Edward Blakeman, responds to audience views.

And in the latest on changes to Local Radio, we hear comments from listeners, Director General Tim Davie, MPs and presenters as they sign off on their final shows.

A Whistledown Scotland production for BBC Radio 4

SUN 20:30 Last Word (m001nh2j)

Lord Kerslake, Dame Ann Leslie, Diane Rowe, Tim Blackmore

Matthew Bannister on

Dame Ann Leslie, the journalist who reported on some of the most significant events of recent times.

Lord Kerslake, who was Head of the Civil Service under the coalition government.

Diane Rowe, the table tennis champion who won the world doubles title with her twin sister Rosalind.

Tim Blackmore, the radio executive who produced the first Radio 1 breakfast show and pioneered independent production in the industry.

Interviewee: Lindsey Hillsam

Interviewee: Lord O'Donnell

Interviewee: Mary Wright

Interviewee: Tony Blackburn

Interviewee: Simon Cole

Producer: Gareth Nelson-Davies

Archive used:

Dame Ann Leslie, Desert Island Discs, BBC Radio 4, 12/11/2004; Dame Ann Leslie, Woman's Hour, BBC Radio 4, 07/08/2011; Lord Kerslake interview, BBC Newsnight, 21/02/2020; Bob Kerslake interview Affordable Housing, You and Yours, BBC Radio 4, 09/04/2008; Bob Kerslake interview, How to run a city, BBC Radio 4, 21/10/2009; Sir Gus O' Donnell and Sir Bob Kerslake talk about the Civil Service, Civil Service Mailbox, YouTube uploaded 31/07/2012; Lord Bob Kerslake, National Housing Federation, YouTube uploaded 01/02/2023; Diane Rowe, Table Tennis champions return home (1951), Pathe, uploaded 10/11/2020; Rowe Twins Triumph (London 1954), World Champs Top 10 Moments, World Table Tennis YouTube Channel, uploaded 30/03/2017; A Conversation with Tim Blackmore, Radio Academy, 06/07/2022; Tim Blackmore, Established 1973: 40 years of commercial radio, BBC Radio 4, 27/08/14; Tim Blackmore, Radio Moments - Conversations, David Lloyd Radio, 09/04/2019; The Story of Pop, BBC Radio 1, 26/01/1974;

SUN 21:00 Money Box (m001np2n)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m001np30)

[Repeat of broadcast at 07:54 today]

SUN 21:30 Loose Ends (m001np4m)

[Repeat of broadcast at 18:15 on Saturday]

SUN 22:00 Westminster Hour (m001np62)

Ben Wright discusses President Biden's visit to the UK and previews a big speech by the Chancellor of the Exchequer with Treasury minister Andrew Griffith, Shadow Cabinet minister Jo Stevens, and Kate Andrews - economics editor of The Spectator. George Parker - political editor of the Financial Times - brings additional insight and analysis. And the programme includes an interview with the Parliamentary Commissioner for Standards, Daniel Greenberg - on efforts to address sexual harassment and bullying at Westminster.

SUN 23:00 Moral Maze (m001ngxj)

The Morality of Privatisation

Thames Water, which serves a quarter of the UK population, is billions of pounds in debt and on the brink of insolvency. The company has received heavy criticism, and calls for it to be nationalised, following a series of sewage discharges and leaks. The energy sector, railway companies, and the Royal Mail have faced a similar outcry in recent months.

When it comes to the provision of services which are essential for our national life, the calculation is often utilitarian: which form of ownership, public or private, leads to the greater social good? Many believe that the private water, rail and energy companies are simply failing to serve the public. Meanwhile, although polling suggests most people want to keep the NHS under public ownership, many of the health outcomes of patients compare less favourably to other European countries.

The privatisation versus nationalisation debate is about more than outcomes: it highlights competing visions of the good society. For some, the private sector gives us more freedom of choice as moral agents. For others, a 'market mentality' has crept into more and more aspects of our social and communal life, including education, and the result has been the erosion of our own moral obligations towards each other.

Can the motivation for profit co-exist alongside a vision of the common good? What moral responsibilities should private companies have to society? And what are the moral limits of markets?

Producer: Dan Tierney.

MONDAY 10 JULY 2023

MON 00:00 Midnight News (m001np68)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Sideways (m001nghm)

45. China's Ping Pong Power: Episode 1

Matthew Syed is a former Olympic table tennis player for Great Britain. As Matthew travelled in China, competing against some of the world's greatest players, he realised that ping pong is a game that has played a huge and fascinating role in the rise of a great power, taking us from the founding of the People's Republic of China in 1949 to the sporting ambitions of the country today.

Matthew begins this three-part mini series from Sideways, with the story of the rise and tragic death of Rong Guotuan - an extraordinary player and China's first world champion in any sport.

Chairman Mao and Zhou Enlai were keen ping pong players, and in the early years of the PRC the sport was a way of cementing national pride. And where better to showcase a new China and its sporting prowess than at the 1961 Beijing World Table Tennis Championships? But hidden behind the veneer of a newly built stadium and comforts for the visiting teams from all over the world, was a much darker experience for the people of China - an avoidable famine that's estimated by 1961 to have killed at least 36 million.

Presented by Matthew Syed
 Producer: Pippa Smith
 Series Editor: Katherine Godfrey
 Script consultation: Dr Olivia Cheung, SOAS, University of London
 Sound Design and mix: Rob Speight
 Archival research: Nadia Mehdi
 With thanks to Zhijie Shao from the BBC World Service and to the International Table Tennis Federation

A Novel production for BBC Radio 4

MON 00:45 Bells on Sunday (m001np4f)
 [Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001np6g)
 The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m001np6m)
 World Service

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m001np6r)
 The latest weather reports and forecasts for UK shipping

MON 05:30 News Briefing (m001np6w)
 National and international news from BBC Radio 4

MON 05:43 Prayer for the Day (m001np70)
 A spiritual comment and prayer to begin the day with Rev Dr Alfred Banyia, Head of Chaplaincy at King's College Hospital in London

Be in Control - let the technology rest

Good morning.

I don't know about you, but I sometimes feel I over-rely on technology.

I recall those days when the A to Z street maps used to help us find our way. I also recall how I sometimes found my way just by remembering key features on my route. Now it is all by maps on electronic devices.

My recent experience navigating using maps on my mobile phone made me wonder about my over-reliance on technology. On this occasion I set my phone maps to direct me to a friend's place. As I drove, it directed me through unfamiliar backstreets. I wondered, but thought may be this was the best route Maps had chosen.

On my return journey, I had to drop a friend off at their house. We noticed that Maps was directing us through an unusual route. We surrendered to Maps once again thinking it had chosen the best route until it directed us to go through a gap in the wall, just wide enough for pedestrians and cyclists. After taking us round several times and coming back to the same gap we decided to ignore it and referred to my friend's local knowledge of the area.

On returning home, puzzled, I decided to check the Map options on my phone. It was all along on the cycle route option, based on my previous trip during the week on my bicycle obviously. So, despite the assistance we may get today from technology, let us remember that we are still responsible for what we choose to do.

So I pray.

Gracious God,
 Be in my head and in my understanding.
 Be in my eyes and in my looking.
 Be in my mouth and in my speaking.
 Be in my heart and in my thinking.
 Help me to be in control.

Amen

MON 05:45 Farming Today (m001np74)
 10/07/23 Water supplies in farming, climate change impact on bees, gas detectors in barley fields

As we take a look at water security in farming this week, the NFU's water specialist gives us an overview of the issues farmers are facing at the moment. New research looks at why bees are emerging earlier in the year and how this might impact crops. Scientists from the University of East Anglia and the Plymouth Marine Laboratory have installed sensors that can 'sniff' for a gas which could, one day, help mitigate the impact of global warming.

Presented by Caz Graham and produced by Beatrice Fenton.

MON 05:56 Weather (m001np78)
 The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b09789pb)
 Stuart Butchart on the Bronze-Winged Jacana

BirdLife International's chief scientist Dr Stuart Butchart reveals the bronze-winged jacana. He shares what he found out whilst spending three years studying them at Vembanur Lake in India, surrounded by water lilies and patiently watching on a canoe.

Producer: Eliza Lomas

MON 06:00 Today (m001nntz)
 News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 The NHS: Who Cares? (m001nmzw)
 Hostage to Success

Every day, every corner of the National Health Service is buzzing with activity as the workforce continues to try to meet the health needs of the population - in hospitals, clinics, GP practices and out in the community.

Despite these efforts, the NHS is facing the toughest challenge of its 75 year history - still reeling in the wake of the COVID-19 pandemic, with more than 7 million people queuing for care and a workforce crisis never before seen. Dr Kevin Fong has worked as a doctor in the NHS for 25 years and, in this new series, he's telling the story of the NHS today and the challenges it faces, from the perspective of the people who deliver the care.

He looks at what created the challenges and how the teams on the frontline have risen to meet them. And along the way, he explodes some long-held myths about the NHS, in the hope that it helps us better understand the choices it faces and where the right solutions might lie.

In this episode, Kevin explores how the health service delivered on the extraordinary benefits it promised but, in so doing, became hostage to its own success, as it struggled to meet the increasingly complex needs of its patients.

NHS archive: Crown Copyright, British Film Institute

Written and presented by Dr Kevin Fong
 Series Producer: Beth Eastwood
 Executive Producer: Rami Tzabar
 A TellTale Industries production for BBC Radio 4

MON 09:30 Shock and War: Iraq 20 Years On (m001k0cg)
 1. The Decision

Why did the US want regime change in Iraq? Was it really about the threat of terrorists getting hold of weapons of mass destruction after the September 11th 2001 attacks, or was the desire much deeper? And what was the British government's reaction?

Presenter: Gordon Corera
 Series Producer: John Murphy
 Producers: Ellie House, Claire Bowes
 Sound Designer: Eloise Whitmore, Naked Productions
 Production coordinators: Janet Staples, Brenda Brown
 Series Editor: Penny Murphy

MON 09:45 Just One Thing - with Michael Mosley (m001npnr)
 Stay Young - with Michael Mosley

Stay Young - Ep 1: Stay Fit

Exercise is one of the best things you can do to rejuvenate yourself at the cellular level – but what's the best way to do it? In this episode, Michael speaks to Associate Professor Matt Robinson from Oregon State University, who has discovered that just a few minutes of high-intensity exercise can help rejuvenate you at the cellular level, by helping restore your mitochondria, your cell's energy powerhouses. They discuss how exercise has many benefits across your body - from your muscles, to your heart, your brain and even your skin! And we meet octogenarian and healthy ageing expert Dr Norman Lazarus, who didn't start exercising until his fifties, and now cycles 100km a week, feeling at his prime.

Producer: Catherine Wylter
 Assistant Producer: Gulnar Mimaroglu
 Executive Producer: Zoe Heron
 A BBC Studios production for BBC Sounds / BBC Radio 4.

MON 10:00 Woman's Hour (m001np00)
 The effect of being a victim in high profile cases, Ruchira Gupta, Women Plumbers Women & premature deaths, Story of Ana Obregon

We look at the effect of being a victim in high-profile cases, after the BBC suspends a presenter accused of paying a teenager for sexually explicit photos. Nuala speaks to former Chief Prosecutor for the CPS, Nazir Afzal.

Ruchira Gupta is a journalist, social justice activist and Emmy-award winning documentary maker who has dedicated her life to fighting for the rights of women and young girls. She is the founder of Apne Aap Women Worldwide, an anti-sex trafficking organisation that has helped thousands of girls and women in India leave a life of forced prostitution. She joins Nuala to discuss her work and her debut novel, 'I Kick and I Fly', which tells the story of a 14-year-old girl called Heera as she tries to escape the fate of women in her community who are sold into the sex trade.

New research has found a rise in vulnerable women dying prematurely in North East England. The report by the charities Changing Lives and Agenda Alliance says that a woman in North East England in 2021 was 1.7 times more likely to die early because of addiction, suicide or murder by a partner or family member than women in the rest of England and Wales. Nuala discusses the findings with Laura McIntyre, the head of women and children's services at Changing Lives.

According to the ONS, only 2.4% of plumbers are women. Nuala speaks to two female plumbers about why that figure is so low and whether they recommend the job to other women. Nuala speaks to Sovay Berriman, who runs the company PlumbMaid and is based in Cornwall, and Lysette Hacking, who worked as a plumber for six years before becoming a lecturer in plumbing at Calderdale College in Halifax in Yorkshire.

In April, the Spanish actress Ana Obregon made headlines when she revealed she was a mother again at 68 years of age. A week later, in a glossy photoshoot for ¡Hola! Magazine, she explained that the baby was actually her granddaughter - born via surrogacy using her dead son's sperm. Journalist Patricia Clarke, from Tortoise Media, has been following the story for her podcast, 'Modern Family: I Had My Dead Son's Baby at 68'. She tells Nuala the impact the story has had in Spain.

Presented by Nuala McGovern
 Producer: Louise Corley

MON 11:00 Don't Log Off (m001np7p)
 Hopes and Fears

Alan Dein returns with his globe-spanning encounters with the internet with strangers and old acquaintances.

In this edition he continues his conversation with Emma, deputy head teacher in an all-boys secondary school in Arua, Northern Uganda. She reflects on the recent horrific terrorist attacks on a Ugandan school. Tragically, this is nothing new. Mass graves of staff and children are situated right in front of her current school, victims of a rebel attack some years ago.

Father Major, a young Ugandan Catholic missionary, continues his reflections on the challenges of working in the heart of the Democratic Republic of Congo and describes his takes to the road on his motorbike through rebel-held territories to administer to remote village communities.

Alan first met Daria from Zaporizhzhia, Ukraine online over ten years ago. Daria is disabled, and teaches languages online. At the end of last year, Daria's future brother-in-law was killed in the war. With his sister's blessing Daria and her partner decided they must get married and help bring her family some joy during this terrible time.

Ahmed is doctor from Sudan. Alan first spoke with Ahmed four years ago, at a time when he was working long hours and waiting for pay cheques that never seemed to come. He left his

country two years ago for Saudi Arabia as he became more and more frustrated earning \$30 a month. Ahmed is in his late 20s now and more financially secure but wonders where he will go next, as he fears for the people of Sudan at war.

Producer: Mohini Patel

MON 11:30 The Bottom Line (m00Ingrv)

Pre-loved

Demand for pre-loved goods has surged in the UK in recent years, with fashion, books and furniture especially popular. So what's driving this boom in second-hand sales - the cost of living crisis or the increasingly eco-conscious shopper? And how are companies making money from it?

Evan Davis and guests discuss the business of buying and selling pre-loved products, the growing number of online platforms specialising in them, and the bricks-and-mortar retailers looking to get in on the act.

Plus, is buying second-hand really better for the environment, and what protection does the customer get when something goes wrong if they're buying from a stranger rather than a business?

GUESTS

Hugh Hurley, CEO, Gumtree
Adam Jay, CEO, Vinted Marketplace
Ana Estrougo, founder and CEO, The Octopus Club
Adwoa Owusu-Darko, founder, Mini's World and seller on Depop

Produced in partnership with The Open University.

PRODUCTION TEAM

Producer: Simon Tulett
Editor: China Collins
Sound: Graham Puddifoot and Rod Farquhar
Production co-ordinator: Brenda Brown

MON 12:00 News Summary (m001np9b)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001np9g)

Rail Ticket Offices: Gym Market and University Marking Ban

Could increased competition to sell digital tickets really boost passenger numbers and revenue? A ticket app boss makes his case to three travellers.

A poll of home owners probes why we are so reluctant to carry out 'green' measures in our homes.

It is all change in the gym market as legacy brands struggle to fight off competition from cheaper, leaner fitness providers.

Honesty boxes in the countryside still thrive, despite a rise in stealing.

And the students who lived through Covid, only to be hit by a marking ban meaning many won't graduate this summer.

PRESENTER: SHARI VAHL
PRODUCER: KEVIN MOUSLEY

MON 12:57 Weather (m001np9m)

The latest weather forecast

MON 13:00 World at One (m001np9t)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 Understand (m001npq5)

Tech and AI

Tech and AI: What is AI?

Artificial Intelligence has been in the news constantly this year, from a chatbot that can write anything you can imagine, in any style, to scientists and world leaders warning that AI needs to be controlled.

With the big tech firms all rushing to make their AI products available to the public, it looks like AI is likely to be part of our lives from now on. But what is it? What are the different types of AI we should know about? Are they intelligent, in a way we would recognise, and are they conscious? And what does machine learning mean?

Technology has already completely altered our lives, and Artificial Intelligence may transform our world to an even

greater degree. This series is your chance to get back to basics and really understand key technology terms. What's an algorithm? where is "the Cloud" and what exactly is Blockchain? What's the difference between machine and deep learning in artificial intelligence, and is it just our jobs under threat, or is it much worse than that? And before we get to the destruction of humanity, should we all be using Bitcoin? Our experts will explain in the very simplest terms everything you need to know about the tech that underpins your day. We'll explore the rich history of how all these systems developed, and where they may be going next.

Presenter: Spencer Kelly
Producers: Ravi Naik and Nick Holland
Editor: Clare Fordham
Production Coordinator: Janet Staples

MON 14:00 The Archers (m001np5l)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Drama on 4 (m001npb0)

Shard

An atmospheric new folk horror drama by Stewart Roche. Spooner thinks he's finally found his tribe when he escapes city life and joins an experimental new commune on an island off the coast of Ireland. But when it turns into a barren wasteland overnight, he begins to realise that the island is demanding a price from them that's higher than he could ever have imagined...

Spooner Damien Molony
Kemp Finbar Lynch
Cara Rebecca O'Mara
Ryan Trevor Kanewwaran
Siofra Kitty O'Sullivan
Rescuer Will Kirk

Sound Design by Keith Graham
Production Co-ordinator Clare Ewing

Directed by Hugh Hick
A BBC Audio Production for BBC Radio 4

Hugh Hick is an award-winning independent audio drama producer based in Dublin. Work includes 'Crossing The Red Line' (Best Radio Drama - Celtic Media Festival / Silver Award - New York Festivals Radio Awards), and 'The Horror Writer' by Emily Gillmor Murphy (Prix Europa nominee 2021 - Radio Fiction). This is his first drama in the UK and for BBC Radio 4.

Stewart Roche is an award-winning Irish playwright. His first original full length play 'Revenant' was nominated for the prestigious Stewart Parker Award in 2013. His film 'Where Still Waters Lie' won Best Foreign Short at the Monsterflix Awards, Best Drama at the Indie for You Festival and Best Horror at the Five Continents Film Festival, Tokyo Short Film Festival and the U-Horror film awards. His first audio drama, 'Hunter', premiered on Dublin City FM in October 2020.

MON 15:00 The 3rd Degree (m001npb6)

Series 13

University of Strathclyde

Coming this week from the University of Strathclyde, The 3rd Degree is a funny, upbeat and brainy quiz show.

The specialist subjects this week are creative writing, management science and civil and environmental engineering so there'll be questions involving words like "babok", "chiasmus" and "vug". Also, a chance to find out about the fascinating Mavis Grind.

The show is recorded on location at a different University each week, and pits three undergraduates against three of their professors in this fresh take on an academic quiz. The general knowledge rounds include a quickfire bell-and-buzzer finale and the Highbrow and Lowbrow round cunningly devised to test not only the students' knowledge of history, art, literature and politics, but also their Professors' awareness of TV, music and sport. Meanwhile there are the three specialist subject rounds, in which students take on their professors in their own subjects, and where we find out whether the students have actually been awake during lectures.

In this series, the show goes to Exeter, Strathclyde, Keele, King's College London, Portsmouth, and Somerville College, Oxford.

Producer: David Tyler
A Pozzitive production for BBC Radio 4

MON 15:30 The Food Programme (m001np4r)

[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 The Infinite Monkey Cage (m001np29)

[Repeat of broadcast at 19:15 on Saturday]

MON 16:30 Soul Music (m00127b2)

Song to the Siren

"Long afloat in shipless oceans": So begins Song To The Siren whose lyrics were inspired by Homer's Odyssey and the story of the Sirens who lured unwitting sailors to their deaths on the rocks. There is something so ancient and enchanting about the Siren that appeals to us. For the wildlife sound recordist Chris Watson listening to the song reinforced his belief that the eerie calls of seals at night were in fact the original siren voices whose sound and shape convinced sailors that they were being called by strange mer-creatures. His collaboration with poet Alec Finlay led to Chris recording two singers singing to each other across a bay in the North East of England "Here I am waiting to enfold you". Song To The Siren fills him with melancholy.

The image of lives lost at sea is one that Meg Bignell strongly associates with the song and when a family friend drowned in the ocean surrounding her native Tasmania she was comforted by the version by This Mortal Coil and Elizabeth Fraser's haunting vocals. Larry Beckett regrets the song's association with death as he intended the lyrics to tell a more hopeful story about love. However Tim Buckley's death at 28 and the tragedy of his son Jeff's drowning in 1997 weigh Song To The Siren with a heavy sorrow that comforts those who have lost a loved one. Former Olympic runner Anthony Famiglietti lost his childhood friend Rob in an accident when they were both 21. Rob introduced Anthony to the music of John Frusciante whose version of Song To The Siren astounded him when he first heard it. It has a profound effect on him and it speaks to him of fathers and sons communicating across time and space, when one has passed on as in the case of Tim and Jeff Buckley, and Anthony's friend Rob and his father, the man who inspired Anthony's career as a runner.

When director Zack Snyder lost his daughter he stopped working on his Justice League film but when he completed it four years on he wanted to include Song To The Siren. Singer Rose Betts who recorded it for him explains how she immersed herself in the song to express the love, longing, grief and loss that it evokes. Musician and singer Dominic Stichbury sets out the musical elements that make this such a simple yet devastatingly powerful song.

Producer: Maggie Ayre

MON 17:00 PM (m001npbl)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O'Clock News (m001npbs)

They say no illegal activity took place with the presenter, who has been suspended.

MON 18:30 I'm Sorry I Haven't A Clue (m001npbz)

Series 79

Episode 1

Radio 4's multi award-winning 'antidote to panel games' promises yet more quality, desk-based entertainment for all the family.

The series begins at the Forum in Bath where Tony Hawks and Pippa Evans are pitched against Marcus Brigstocke and Rory Bremner, with Jack Dee in the role of reluctant chairman. Regular listeners will know to expect inspired nonsense, pointless revelry and Colin Sell at the piano.

Producer - Jon Naismith

It is a BBC Studios production

MON 19:00 The Archers (m001np0d)

Joy arrives at Ambridge Hall on fête business, while Eddie's finishing off some jobs in the garden. He recommends Joy goes round the back - Lynda's engrossed in her brochure work and may not hear her. Lynda shares some of her findings with Joy, before Joy pulls them back to the business in hand. Reporting proceedings at the fête committee meeting, she's concerned that whilst events seemed well planned, it was all a little vague. Compared to the usual proposition, this year could be virtually unrecognisable. None of the usual stalls were mentioned. Lynda thinks perhaps some innovation isn't a bad thing. Joy stresses it was hard to pin down what exactly was to be featured. Emma kept the list covered up, and each stall was referred to by a number rather than a name. Joy was also alarmed at the mention of a warrener - both women realise this could mean ferrets. It dawns on Lynda that this is a 'coup de fête'; Eddie's trying to

push his vision through regardless. Joy points out Lynda fell easily for Eddie's distraction technique. Lynda agrees. Newly focused, she's determined to find out what Eddie's up to. Fallon finally pins Tom down. She shares her concerns over competition from the charging station, suggesting some innovative solutions and emphasising her need for certainty and stability. She'd like to fix the rent for eight years. Tom tells Tony privately that it's too long to tie themselves in. Tony reckons they can't risk losing Fallon. Tom won't turn her down yet, but he's really not sure.

MON 19:15 Front Row (m001np0g)

PJ Harvey, the Scapa Flow museum, pianist Benjamin Grosvenor performs

PJ Harvey talks to Samira Ahmed about her new album, *I Inside the Old Year Dying*. She explains how her poetry and lyrics were influenced by the Dorset dialect and how the film-maker Steve McQueen helped her to find new inspiration.

Benjamin Grosvenor wowed audiences for the BBC's Young Musician of the Year competition when he was just eleven years old and is now regarded as one of the most exciting pianists working today. As he prepares for this year's Proms, he performs in the Front Row studio and explains what drew him to the music he will play.

Front Row is hearing from the museum's shortlisted for this year's Art Fund Museum of the Year award and tonight reporter Huw Williams is at the Scapa Flow Museum on the island of Hoy in Orkney. He hears about how the refurbished museum, which is named after the Scapa Flow body of water off the island of Hoy, reflects the area's wartime history.

Presenter: Samira Ahmed
Producer: Olivia Skinner

MON 20:00 Intrigue (p0fvczn)

Burning Sun - Ep 3 : The Nightclub

A rival broadcaster reveals a shocking scandal at the exclusive Burning Sun nightclub, co-owned by Seungri – one of the members of Big Bang, and a global K-pop star. There are disturbing accounts emerging of underground rooms where women are taken, and the police investigate. And Journalist Kang is about to drop a bombshell.

For the first time, we give the definitive account of the sex scandals that brought down some of Korea's biggest K-pop stars. It's a tale of depravity, power and excess - hidden behind a facade of wholesome pop music.

Co-creator, presenter and writer: Chloe Hadjimatheou
Local Producer: Lee Hyun Choi
Assistant Producer and researcher: Loonie Park and Jeong-One Park
Translator and researcher: Jinny Yeon
Music: Tom Haines at Brain Audio
Sound Design: Carlos San Juan at Brain Audio
Co-creator and executive producer: Kavita Puri

ACTORS

Kang Kyung-Yoon: Julee Cerda
Seungri: Je Seung Lee
Black Pink: Pricilla Chung, Eden Jun
MD Cho: J Sebastian Lee
MD Lee: Winson Ting
Jin-Ah: Eden Jun
Radio Presenters: Winson Ting, J Sebastian Lee
Drama director: Anne Isger

MON 20:30 Analysis (m001np0k)

Why are so many workers on strike?

Will 2023 be known as the summer of discontent? This year, nearly every corner of the country has been affected by some kind of industrial action, and more is coming. Teachers, doctors, nurses, railway workers, airport security, civil servants are among the many professions which have called strikes to protest against, amongst other things, future pay packets during a cost of living crisis. But do labour union tactics really deliver for their members, or does the strong bargaining position of the government come out on top in the end?

In this edition of Analysis, Faisal Islam hears from three top union leaders, along with industrial relations experts, about the challenges of calling and maintaining strike actions and the tolls it can take on members and the public. Where lies the balance of power between a workforce banding together to demand a better deal and the public which has to work around disappearing services?

You can learn more about this topic by watching the BBC 2 documentary *Strike: Inside the Unions* available on BBC iPlayer.

Contributors:

Sharon Graham - General Secretary: Unite Union
Mick Lynch - General Secretary: Rail, Maritime and Transport Union
Pat Cullen - General Secretary: Royal College of Nursing
Jerry Cope - Former Pay Review Body Chair
Mark Stuart - Montague Burton Professor of Employment Relations, University of Leeds
Lord Richard Balfe - Member, House of Lords

Presenter: Faisal Islam
Producer: Sandra Kanthal
Editor: Clare Fordham
Programme Coordinator: Maria Ogundele

MON 21:00 Fever: The Hunt for Covid's Origin (m001ng7c)

6. Back to the Market

What really went on in that Wuhan market - and the curious case of the raccoon dog.

It's the early hours of 31 December 2019 and a cleaning squad is moving through the narrow lanes of a large, covered market in the Chinese city of Wuhan. The Huanan Seafood Market has been linked to a number of cases of a mysterious new illness circulating in the city, suggesting that animals there might be the source. But the World Health Organization would later say there were no verified reports of live mammals for sale. So what's the truth about the market? And why have raccoon dogs sparked yet another bitter scientific dispute?

Presenter: John Sudworth
Series producer: Simon Maybin
Editor: Richard Vadon
Sound design and mix: James Beard
Commissioning editor: Dan Clarke
Science advice: Julian Siddle and Victoria Gill
Extra production: Eva Artesona and Kathy Long
Research support: Zisheng Xu and BBC Monitoring
Production coordinators: Siobhan Reed, Helena Warwick-Cross, Sophie Hill, and Debbie Richford
Theme and original music: Pete Cunningham, with trumpet by Joss Murray
Radio 4 Editor of Editorial Standards: Roger Mahony
Head of BBC News - Long Form Audio: Emma Rippon

MON 21:30 The NHS: Who Cares? (m001nnzw)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m001np0m)

New developments in BBC presenter scandal

Also:

Turkey drops objections to Sweden joining the alliance

and

Ukraine tennis star refuses to shake hands with opponent from Belarus

MON 22:45 The Sorcerer of Pyongyang by Marcel Theroux (m001np0p)

Episode One

In 1995, an 11-year-old boy in North Korea, Cho Jun-su, stumbles across a strange, foreign book that will change his life.

Helped in private by a teacher, Jun-su learns that it is a Dungeon Master's guide. Dungeons and Dragons opens up a whole new world of make-believe and imagination for the boy.

But in the years that follow, Jun-su learns that, in a totalitarian state, imagination can be a dangerous thing.

Episode One

North Korea, 1995. During the hunger years known as the Arduous March, the boy Jun-su makes a startling discovery.

The author Marcel Theroux is a British American novelist and broadcaster. He is the author of *Far North*, which was a finalist for the National Book Award and the Arthur C. Clarke Award. *The Sorcerer Of Pyongyang* is his fifth novel.

Writer: Marcel Theroux
Reader: Edmund Kinsley
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

MON 23:00 Does the Irish Republic want reunification? (m001m4g0)

25 years ago to the day since the people of both Northern

Ireland and the Republic voted to accept the Good Friday Agreement, another potential referendum looms on the distant horizon. That Agreement, though primarily to end the violence of the Troubles, allows for a future border poll that would determine whether Northern Ireland remained part of the United Kingdom, or re-joined the south.

But crucially, few people realise that it's not just up to Northern Ireland voters: consent is required on both sides of the border. And for voters in the Republic, it's more complicated than you might think.

Andrea Catherwood investigates what the new, highly-educated, liberal, European-focused Irish Republic thinks about the possibility of its northern neighbours, from whom they were parted more than 100 years ago, re-joining their country.

Polls suggest a number of issues; symbols, violence, economics. Can Ireland afford it, and does it want to? Is it just too much trouble?

With contributions from the main Irish political parties, as well as economist David McWilliams and Irish Times political editor Pat Leahy, the assumption of a yes vote from the republic isn't as straightforward as many assume.

Presented by Andrea Catherwood
Produced by Sarah McGlinchey
Executive Editor Andy Martin
A BBC NI production for BBC Radio 4

MON 23:30 Today in Parliament (m001np0s)

News, views and features on today's stories in Parliament

TUESDAY 11 JULY 2023

TUE 00:00 Midnight News (m001np0v)

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 Just One Thing - with Michael Mosley (m001npnr)

[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m001np0s)

The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m001np0z)

World Service

BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m001np11)

The latest weather reports and forecasts for UK shipping

TUE 05:30 News Briefing (m001np13)

National and international news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001np15)

A spiritual comment and prayer to begin the day with Rev Dr Alfred Banyan, Head of Chaplaincy at King's College Hospital in London

Balanced Life – take some time

Good morning.

Growing up in African village many years ago, I recall what seemed to be a leisurely life. Tough though it was, it seemed balanced. People woke up early at sunrise. While the sun was still cool, they would go the fields to tend to their crops. At around midday, they would come back, perhaps with a few vegetables, and may be some fire wood, and cook some food. They would spend the time chatting and relaxing, maybe under a tree.

When the sun had cooled down, some may go back if there was a bit more work to do in the fields. As it got dark, they would make a fire in the compound and the household would gather around it. They would share the stories of the day, discuss any problems and acknowledge achievements. People often went to sleep early to rest the body, ready to repeat the cycle of chores the following day. Events may occur such as the childbirth, sickness or death which may cause these daily routines to be interspersed with various rites and rituals, for such occasions.

Although the routine may have changed now, life was hard but simple and balanced. Something that in our busy lives today, we could learn from. Also today, as we mark the feast of St Benedict whose rule has formed the basis of attempts to attain

balanced communal life.

Lord help us to attain that balance in all areas of our life. Show us those places that we may be out of balance. Help us to recognise those people and things around us that can help us to keep our lives balanced and in harmony.

Amen.

TUE 05:45 Farming Today (m001np17)

11/07/23 Seasonal workers: peas for drought; farm water shortages

A new report into the conditions for migrant seasonal workers in the English horticulture industry says they are vulnerable to exploitation, and calls on the government to amend the seasonal worker visa scheme.

Why scientists are genetically editing the genes of grass peas to reduce their toxicity.

A dairy farmer in Cornwall shares how they're trying to cope with a drought that's lasted nearly a year.

Presented by Anna Hill and produced by Rhiannon Fitz-Gerald.

TUE 05:58 Tweet of the Day (b091stsb)

Clare Jones on the Little Egret

Clare Jones recalls the inspiration of seeing a little egret and how a small event can change an entire outlook on life in this Tweet of the Day.

Producer Tom Bonnett.

TUE 06:00 Today (m001np8f)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 Across the Red Line (m001np8h)

Immigration is good for British society

Anne McElvoy returns with a new series of the show that invites people who disagree on an issue to debate - and then to listen to each other.

Immigration, whether legal or illegal has been a contentious issue in Britain for the last half century. Many would argue the debate goes back far further than that. In today's programme the author of 'How to be a Patriot', Sunder Katwala puts forward the contention that immigration is good for British Society. The counter argument is made by the Daily Telegraph columnist Sherelle Jacobs.

Anne invites them to make their case before inviting them, with the help of the resolution expert Gabrielle Rifkind, to find out a little more about their opponent's background and how it has come to frame their views on this contentious topic. The ambition is to see if, while not abandoning their positions, they can accommodate some of the arguments confronting them.

Producer: Tom Alban

TUE 09:30 An Almanac for Anxiety: In Search of a Calmer Mind (m001np8k)

Episode 2 - Wood

Anxiety is the most common form of mental illness in the UK, with nearly a fifth of people experiencing it over the course of a year. Although it is often treated through medication, there are many alternative ways which are proving to be very effective in reducing anxiety amongst some people. In this series, we explore how connecting with the elemental forces of nature helps people with a range of mental illnesses to feel better. We also learn about the current academic research behind these methods.

In Episode 2 - Wood - we visit the Woodwork for Wellbeing Workshop in Bethnal Green, London where every Tuesday people with mental health issues spend time making things with wood. They find it to be very therapeutic and fun. And Professor Miles Richardson of the University of Derby shares research from Japan which shows that simply touching wood is calming.

Produced and Presented by Helen Needham
Research by Anna Miles and Maud Start
Original Music by Anthony Cowie
Mixed by Ron McCaskill

A BBC Scotland Production made in Aberdeen for BBC Radio 4

TUE 09:45 Just One Thing - with Michael Mosley (m001npnx)

Stay Young - with Michael Mosley

Stay Young - Ep 2: Stay Looking Young

How a simply dietary change can reduce wrinkles, improve skin texture and slow ageing. In this episode Michael reveals how a daily portion of colourful fruit and vegetables can help retain skin moisture and boost collagen. Carotenoids are compounds that give carrots, mangoes and tomatoes their bright red and orange colour – and they have been shown to boost your skin's collagen and moisture, improving wrinkles, skin plumpness and texture. He speaks to dermatologist Dr Raja Sivamani from the University of California, Davis, whose research shows that eating a daily portion of mango could help reverse existing wrinkles and prevent new ones from forming. And we meet 81-year-old Annette Larkins from Florida who explains why she thinks her youthful looks are thanks to her diet consisting mainly of fruits and vegetables.

Producer: Catherine Wyler
Assistant Producer: Gulnar Mimaroglu
Executive Producer: Zoe Heron
A BBC Studios production for BBC Sounds / BBC Radio 4.

TUE 10:00 Woman's Hour (m001np8m)

Flying with children, Comedian Rosie Jones, wedding party wax seals, Theo Clarke MP birth trauma, Anorexia Nervosa treatment

The inclusion of a particular word in the title of the documentary has caused controversy. For many, it is an extremely offensive term and some contributors have made it publicly known and have withdrawn their contribution from the programme. Rosie talks to Nuala McGovern about the project. A growing trend in the wedding industry is to add wax seal to your invites. If you scroll through any wedding stationary images on social media, you'll see people using little round wax seals in all sorts of colours and designs. Nuala asks Diane Wisdom, co-founder of Heirloom Seals about the trend. Plus, Dr Elizabeth New from Aberystwyth University, Reader in Medieval History and Leverhulme Trust Major Research Fellow, explains what we can learn about medieval women from historical wax stamps.

Theo Clarke, the Conservative MP for Stafford, gave birth last August to a daughter. She had a 40-hour labour and a third-degree tear. She is now working closely with the Birth Trauma Association and she recently met with 11 other mums in parliament who have suffered horrendous experiences giving birth. To help women avoid these experiences, she is setting up an All-party Parliamentary Group (APPG) on birth trauma which launches tomorrow, 12th July.

As the holiday season begins we talk to Jane Dowden and Lucy Cavendish about travelling on planes with small children, how to deal with tantrums and disgruntled fellow passengers.

And we hear from one woman who says a new approach to treating anorexia nervosa has saved her life, as well as from Conservative MP Danny Kruger who says current provision is inadequate and who says he is hopeful having heard the results that some of his constituents and their families are telling him about this new approach.

Presenter: Nuala McGovern
Producer: Lisa Jenkinson
Studio Manager: Bob Nettles

TUE 11:00 Fever: The Hunt for Covid's Origin (m001np8p)

7. The Suspicion Business

Mysterious deaths in Soviet Russia and what they might tell us about the origin of Covid.

When US intelligence agencies blamed a spate of unexplained Russian deaths in 1979 on a leak from a bioweapons facility, the Soviet government responded angrily, saying the cause was natural. A top US scientist stepped in to find the truth - and was given anything but. Does pointing the finger of blame creative a disincentive for governments to cooperate more fully? Or should information from inside authoritarian states be treated with suspicion? A Chinese insider has a set of striking revelations and someone who dismissed conspiracy theories now has one of his own.

Archive: CBS; The White House; C-SPAN; New Yorker; New York Times.

Presenter: John Sudworth
Series producer: Simon Maybin
Editor: Richard Vadon
Sound design and mix: James Beard
Commissioning editor: Dan Clarke
Science advice: Julian Siddle and Victoria Gill
Extra production: Eva Artesona and Kathy Long
Research support: Zisheng Xu and BBC Monitoring
Production coordinators: Siobhan Reed, Helena Warwick-Cross, Sophie Hill, and Debbie Richford
Theme and original music: Pete Cunningham, with trumpet by Joss Murray

Radio 4 Editor of Editorial Standards: Roger Mahony
Head of BBC News - Long Form Audio: Emma Rippon

TUE 11:30 Diane Arbus: Intimate Portraits (m001np8r)
Photographer Diane Arbus was born 100 years ago and died more than 50 years ago, but her photographs have retained their extraordinary and unsettling power. Alvin Hall sets out to ask why.

After Arbus' suicide in 1971 and the 1972 MoMA exhibition which launched her posthumous fame, attention has often focused on her death and the more lurid details of her biography. Alvin and a cast of artists, photographers, writers and curators turn instead to consider her art.

In a series of encounters recorded on location in Arbus' home city of New York, and through the photographer's own words, they set out to evoke the atmosphere and power of her photographs, their creation and the influence they've had over generations of photographers who have wrestled with how to make portraits after Arbus.

Featuring responses to Arbus' work from photographers Tina Barney, Ming Smith, Bill Jacobson and Deana Lawson. Alvin also speaks to Roxana Marcoci, Senior Curator in the Department of Photography at The Museum of Modern Art, New York; journalist and biographer Arthur Lubow; Elisabeth Sussman, Sondra Gilman Curator of Photography at the Whitney Museum of American Art; and curator, writer and photography critic Vince Aletti.

Diane Arbus' readings are edited selections from the film Going Where I've Never Been: The Photography of Diane Arbus (1972), voiced by Mariclaire Costello.

Writer and Presenter - Alvin Hall
Producer - Michael Umney
Executive Producer - Susan Marling
Mixing Engineer - Chris O'Shaughnessy

A Just Radio production for BBC Radio 4

Photograph of Alvin Hall by Kendall Messick

TUE 12:00 News Summary (m001np8t)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001np8w)

Call You and Yours: Mortgages are at a 15-year peak - how's it impacting you?

Call You and Yours: Mortgage costs have hit the highest level for 15 years after the rate on a two-year fixed deal surpassed the peak in the aftermath of the mini-budget.

The average rate on such a deal is now **6.66%**, a level not seen since the financial crisis in August 2008.

Just before Call You and Yours goes on air mortgage lenders will be before the Treasury Committee to answer questions on the impact of rising rates, including levels of mortgage stress and arrears.

We want to hear from listeners about what's happening to you. Are you about to re-mortgage your home? Are you facing a dilemma of whether to fix now or wait it out on the standard variable rate? What sacrifices will you have to make? Or does your fix not come to an end for two, three or more years - what are your concerns?

We'll be aiming to offer some practical advice with experts including Claer Barrett, Consumer Editor at The Financial Times and David Hollingsworth, Mortgage Broker at L&C. So do get in touch.

Email us now youandyours@bbc.co.uk.

Our phone lines open at **11am**. Call 03700 100 444.

PRESENTER: SHARI VAHL
PRODUCER: CATHERINE EARLAM

TUE 12:57 Weather (m001np8y)

The latest weather forecast

TUE 13:00 World at One (m001np90)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 Understand (m001npq7)

Tech and AI

Tech and AI: 7. Where is AI working already?

Artificial Intelligence is already here.

It's being used in products and services you already use, and is working behind the scenes in medicine, transportation, robotics, science, education, the military, surveillance, finance, agriculture, entertainment, retail, customer service, and manufacturing. How is AI being used in these sectors, and for what purpose? And with the release of chatbots that can emulate human writing, we're now seeing websites that say they're "powered by Chat GPT". What does that mean?

Technology has already completely altered our lives, and Artificial Intelligence may transform our world to an even greater degree. This series is your chance to get back to basics and really understand key technology terms. What's an algorithm? where is "the Cloud" and what exactly is Blockchain? What's the difference between machine and deep learning in artificial intelligence, and is it just our jobs under threat, or is it much worse than that? And before we get to the destruction of humanity, should we all be using Bitcoin? Our experts will explain in the very simplest terms everything you need to know about the tech that underpins your day. We'll explore the rich history of how all these systems developed, and where they may be going next.

Presenter: Spencer Kelly
Producers: Ravi Naik and Nick Holland
Editor: Clare Fordham
Production Coordinator: Janet Staples

TUE 14:00 The Archers (m001np0d)
[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama on 4 (m001np92)
All Bleeding Stops Eventually. Part One

Ros Turnbull is a junior doctor in A&E, working in a system which leaves little time for empathy, but then a diagnosis changes everything. Al Smith's two-part drama examines the NHS from the viewpoint of a doctor who becomes a patient. Inspired by the writer's own experience.

Ros Lucy Phelps
Ranya Taj Atwal
Mike Samuel James
Dan Sam Swann
Grace/Tash Heather Bleasdale
Mr Blake Ewan Bailey
Rita/Becca Melissa Vaughan
Kate/Lia Leah Marks
Tariq Hasan Dixon

Director Sally Avens
Writer Al Smith

Al Smith is the award winning writer of 'LifeLines'.

TUE 15:00 Short Cuts (m001np94)
Series 35

Soundscapes

From the texture of silence to sonic disappearances, Josie Long presents short documentaries and audio adventures about the soundscapes we inhabit.

Omissa Oloisaan
Produced by Miyuki Jokiranta

A Moonlit Memory
Featuring Salma Ahmed Caller
Sounds from YleArkisto, reinsamba, Benboncan, Julius_galla, Straget, FaireDesVagues and SoundLover16 on freesound.org
Produced by Taqwa Sadiq

Sacha Taki
Featuring Jonathan Grefa, president of the Ancestral Kichwa Population of Kawsak Sacha (PAKKS - <https://pakks.org.ec/>), Rosa Santi, Education and Health Coordinator of PAKKS, Dr. Paola Moscoso, Director of Voces del Bosque and Graciela Tupay (singer)
With thanks to Amaru Grefa, External communication and media of PAKKS, Pastor Inmunda, ex president of PAKKS, Didier Lacaze, Director of Sacha Warmi
Rosa Canelos, Sacha Warmi, Dr. Alice Eldridge, University of Sussex, Gustavo Chiriboga, Voces del Bosque, Sozapato, Voces del Bosque
With recordings from Voces del Bosque
<https://www.vocesdelbosque.com/?lang=en>
Produced by Mickal Aranha

Curated by Axel Kacoutié, Eleanor McDowall and Andrea Rangecroft
Series Producer: Eleanor McDowall
A Falling Tree production for BBC Radio 4

TUE 15:30 A Very British Cult (m001kvf7)

1. Lighthouse

In November 2021 investigative journalist Catrin Nye got a call from Dawn. She said her boyfriend Jeff was trying to leave a cult. But this cult was also a life coaching company.

Dawn said Jeff had handed over more than £100,000 to them and wasted years of his life. And what Dawn is really worried about is that the group are still active; they're recruiting new members and she needs to raise the alarm. Jeff had simply signed up for a life coach, so how did it all go so wrong for him?

What happens when a life coach takes over your life? Catrin Nye and her team expose control, intimidation and fear at a sinister life coaching company.

Reporter: Catrin Nye
Written by: Jamie Bartlett and Catrin Nye
Producers: Osman Iqbal, Natalie Truswell, Ed Main and Jo Adnitt
Researcher: Aisha Doherty
Executive Producer: Ravin Sampat
Sound engineer: James Bradshaw
Original music by: Phil Channell
Commissioner: Rhian Roberts

Archive clips from: Stephen Covey Video on Choosing Success (Success Television)

TUE 16:00 Word of Mouth (m001np96)
Learning Yiddish

Michael Rosen is learning Yiddish. Every Sunday, he joins other adults in an evening class, conjugating verbs and practising rhymes.

For this episode of Word of Mouth, he invites his teacher, Tamara Miener, to join him in the studio. The pair have fun swapping family stories and sharing how they were first exposed to Yiddish. Tamara explains where the language came from and how it's evolved, and they discuss its connections to English. We also hear what Michael is like in class as a new learner, as he wraps his head around the pronunciation and patterns of this language which links him to his family history.

Producer: Eliza Lomas, BBC Audio in Bristol.

TUE 16:30 A Good Read (m001np58)
Susanna Hoffs and Nina Wadia

Nina Wadia is a well known face on British TV and film. She was part of the smash hit comedy Goodness Gracious Me and was a regular in EastEnders. Most recently she has been in The Outlaws. She's chosen a dark thriller set in Pakistan set in the world of courtesans and pimps. The Return of Faraz Ali by Aamina Ahmad. It's a disturbing read she says but a brilliant insight into a hidden world.

Susanna Hoffs wrote songs and was lead singer with The Bangles. She is still recording and playing music but has recently published her first novel This Bird Has Flown. Her choice of book on A Good Read is an English novel set in the 1950s - Small Pleasures by Clare Chambers - a strange tale of a mysterious apparent immaculate conception being investigated by a female journalist.

Harriett's choice is Blue Horses - a collection of poems by the late Mary Oliver. The verdict from all three - wonderful and life affirming.

Producer: Maggie Ayre

Photo by Sam Irons

TUE 17:00 PM (m001np99)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m001np9f)

The presenter is accused of paying another individual for explicit photographs

TUE 18:30 Janey Godley: The C Bomb (m001np9k)
4. I Don't Know How Long I've Got Left

Janey Godley doesn't know how long she's got left, so she's telling ALL the jokes! This is her extraordinary story. Fearless and unflinching, yet life affirming stand-up at its very best.

In this last episode of the series, Janey confronts her terminal diagnosis of ovarian cancer, and jokes about how she copes, how the people around her cope, and what she thinks her legacy might be. She tells a fascinating story about her mother and friends around the kitchen table singing, and there's a bolt of

comedy lightning that's very fitting.

Since Janey's comedy career began, she's exposed, on stage, many painful traumas from her life - from childhood neglect and sexual abuse, to marrying into a gangster family who eventually turned on her, and even the murder of her mother - with a seeming lack of sentimentality and the blackest of humour.

Relentlessly authentic, she's also had to face up to her own mistakes - taking responsibility and apologising both publicly and onstage, as well as sharing the shame of being 'cancelled' and the very dark place that took her to.

Then, just months later... the hand grenade of a cancer diagnosis forced her to start fighting for her life.

Now, after finally admitting that after everything she's been through in life, maybe she's not "fine", and with a terminal diagnosis, she's submitted to the ultimate 'C bomb' for many men and women of her generation - counselling.

And as a result of this insight, she's more hilarious and compelling onstage than ever.

Recorded live in front of an audience in her hometown, Glasgow.

A Dabster production for BBC Radio 4

TUE 19:00 The Archers (m001np9r)

Fallon feels better now she's put her case for the Tearoom across. Harrison's proud of her. Out on a walk, Fallon's checking her phone, waiting for a positive call from Tony. She observes fondly how much Harrison's enjoying nature, as he hears a red kite. He's disappointed he didn't get the Wildlife Officer job. Being out in the countryside calms him. Fallon's sure there are other ways to cut down his stress - they can have a think. She enthuses about the Tearoom. It has so much potential, and she and Emma are a strong team. If the café's future's secure, maybe they could consider Harrison going part-time? Harrison thinks that's a fantastic idea - Fallon's amazing. Hannah's frustrated with George's work rate at Berrow - he's holding them back, and another staff member's had to finish his pen cleaning job. As she orders him to go back and help with the cleaning, she spots a wrapper in the staff area bin. It's from a sausage roll, which is against bio-security rules. George denies all knowledge but Hannah insists it must have been his. Neil joins them and Hannah puts her case. George stops short of accusing her of planting the wrapper to frame him. Hannah and Neil have both had enough. Hannah lets rip about George's persistent backchat and lack of efficiency. Neil apologises for not intervening earlier, and dismisses indignant George on the spot.

TUE 19:15 Front Row (m001np9y)

Film-maker Sally Potter on her first music album, the British Library turns 50, romance in later life on stage

Sally Potter is best known as a filmmaker- from Orlando starring Tilda Swinton to The Roads Not Taken with Javier Bardem. But she's also a musician, collaborating on the scores for all of her films. Now Sally has released her first album as a singer-songwriter, Pink Bikini and joins Nick Ahad to reflect on this musical coming of age.

This month the British Library celebrates its 50th anniversary - a half century of caring for the UK's research collection. For Front Row, reporter JP Devlin hears the stories of the people gathered at the UK's national library for their own unique purposes.

Why are love stories so often centred on the young? Two playwrights join Nick to discuss dramatizing love in later life. Jennifer Lunn has written Es & Flo about two women in a four decades-long relationship that began in Greenham Common. In Ben Weatherill's Frank and Percy, two men, neither of whom will see sixty again, embark on a romance after meeting while walking their dogs.

Presenter: Nick Ahad
Producer: Ekene Akalawa

TUE 20:00 File on 4 (m001npb4)
The GP Crisis

The morning rush in a doctor's surgery usually begins around 8am, before the doors even open, as patients ring up to try and get a precious appointment. But why is it so hard to get to see a GP, and why is primary care under such pressure? File on 4 has spent a week in a GP's surgery speaking to doctors, staff, and patients to try and understand the challenges facing the front line of health care.

The programme has been given access to what goes on behind the scenes at a doctor's surgery in Gateshead, on Tyneside, in one of the most deprived parts of England. It hears why a

growing population, more elderly people, and fewer fully qualified doctors dealing with more complex health problems are all factors pushing some GP practices to the brink, and some to consider leaving the profession altogether.

Reporter: Paul Kenyon
Producers: Fergus Hewison and Kat Collins
Technical Producer: Nicky Edwards
Editor: Carl Johnston

TUE 20:40 In Touch (m001npbb)
Tennis

Tennis has long been considered one of the hardest sports to adapt, especially if you have little or no vision. Well, it has been done and Amanda Green from Metro Blind Sport and VI tennis player herself, tells us about the history of where the adapted game came from. Amanda, along with totally blind player Monica Smith, also tell us about how it is played. Wimbledon is in full swing and there are a couple of firsts at this year's championships. In conjunction with Vodafone and assistive technology company GiveVision, Wimbledon have been trialling wearable headsets that allow partially sighted fans at the games to view the finer details. And The Wimbledon Foundation, the charitable arm of the championships, have teamed up with sight loss charity Merton Vision to provide eight visually impaired people with the opportunity to work in various roles throughout the championships. Alan Farrell and Nathan Maraj tell us about the kind of jobs they've been doing and what the experience has meant to them.

Presenter: Peter White
Producer: Beth Hemmings
Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image, wearing a dark green jumper. Above Peter's head is the BBC logo (three individual white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one of a darker blue and the other is a lighter blue.

TUE 21:00 Inside Health (m001npbj)
How hot is too hot for human health?

After the hottest June in history and record-breaking temperatures last year, the UK is really feeling the heat. But, we're not alone. Last week the world experienced the hottest day in history - and forecasters warn this is just a taste of what is to come.

Here on Inside Health we love a tricky question - so in the first episode of the new series we're chasing down the answer to a pretty timely one, how hot is too hot for our health.

James heads into the lab to explore exactly what is going on inside our bodies when it gets hotter. He gets wired up and locked inside a heated chamber to find out what factors matter most, from core temperature to humidity, and learns which is more deadly, cold or heat. He also hears about a surprising tip to stay safe in the heat.

Do join us on what promises to be a rather hot and sweaty journey...

How hot is too hot for you? And what other health issues should we be covering? Do get in touch via email at inside.health@bbc.co.uk

Presenter: James Gallagher
Producer: Gerry Holt
Editor: Erika Wright
Production Coordinator: Jonathan Harris
Technical Producer: Tim Heffer

Image: James Gallagher in the lab. Credit: Dan Welsh

TUE 21:30 Across the Red Line (m001np8h)
[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m001npbq)
NATO summit in Vilnius

Also:

New allegation against BBC presenter

and

Former Russian submarine commander killed while jogging

TUE 22:45 The Sorcerer of Pyongyang by Marcel Theroux (m001npbx)
Episode Two

In 1995, an 11-year-old boy in North Korea, Cho Jun-su, stumbles across a strange, foreign book that will change his life.

Helped in private by a teacher, Jun-su learns that it is a Dungeon Master's guide. Dungeons and Dragons opens up a whole new world of make-believe and imagination for the boy.

But in the years that follow, Jun-su learns that, in a totalitarian state, imagination can be a dangerous thing.

Episode Two
Convalescing after an illness, Jun-su is visited by Teacher Kang who unlocks the mysteries of the strange, foreign book.

The author Marcel Theroux is a British American novelist and broadcaster. He is the author of Far North, which was a finalist for the National Book Award and the Arthur C. Clarke Award. The Sorcerer Of Pyongyang is his fifth novel.

Writer: Marcel Theroux
Reader: Edmund Kingsley
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

TUE 23:00 Witch (p0fptbth)
7. Into the Woods

The witch has held a place firmly in our imagination for centuries – from whispered warnings in legends, to pop-culture driven heights. But what does it mean to be a witch now?

Presenter India Rakusen, creator of the podcast 28ish Days Later, is on a journey to find out.

As we reach the half way point of our series, we pause to consider why and how The Witch is such a key figure in our folklore and fairy tales. Come with us, as we take a journey deep into the woods to hear stories of the witch.

Scored with original music by The Big Moon

Presenter: India Rakusen
Executive Producer: Alex Hollands
Producer: Lucy Dearlove
Producer: Elle Scott
AP: Tatum Swithenbank
Production Manager: Kerry Luter
Sound Design: Olga Reed

A Storyglass production for BBC Radio 4

TUE 23:30 Today in Parliament (m001nnc5)

Ministers offer concessions to try to get their plans to stop boats crossing the Channel into law. But will the partial climbdown be enough? Sean Curran reports.

WEDNESDAY 12 JULY 2023

WED 00:00 Midnight News (m001nnc9)
The latest news and weather forecast from BBC Radio 4.

WED 00:30 Just One Thing - with Michael Mosley (m001npx)
[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m001nncf)
The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m001nncj)
World Service

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m001nncp)
The latest weather reports and forecasts for UK shipping

WED 05:30 News Briefing (m001nncv)
National and international news from BBC Radio 4

WED 05:43 Prayer for the Day (m001nnd1)
A spiritual comment and prayer to begin the day with Rev Dr Alfred Banya, Head of Chaplaincy at King's College Hospital in

London

Kindness

Good morning.

Sometime we overlook situations where a gesture of kindness could make a difference.

Moving to a new country can be traumatic. I vividly recall when I first arrived in the UK many years ago how my expectations were dashed, but a gesture of kindness made such a difference. Before I left my home country, I thought I was competent in English, but my accent became a big source of amusement when I ended up in a college deep in the English countryside.

Another thing was pop music culture which was alien to me. When I was shown a poster of David Bowie and I said didn't know who he was, this was major cause of laughter and ridicule. One of the teachers was more interested in whether I could run the 100 metres than in my ambition to pass exams and go to University.

I was lost, and felt so alone. I wanted to return to my home country. In fact, I wrote a letter home to that effect, but decided not to post it.

Surprisingly, as the weeks went by, one of the students kindly reached out to me, a gesture of kindness that I really needed at that time. After my exams, I had nowhere to live. His family took me in until I found a place and later started my undergraduate studies. A lesson for me was that kindness indeed matters.

So Lord, give us strength today to show kindness in all that we do. Help us open our arms to those less fortunate and to extend our hands to those in need of our support.

Amen

WED 05:45 Farming Today (m001nnd7)
12/07/23 Dairy contracts; species reintroduction; farm water storage

Dairy farmers welcome changes to milk contracts, to make them more transparent

The Environment Food and Rural Affairs committee recommends a review into the reintroduction of beavers.

How a farm in Essex is putting in place a 'whole farm reservoir'.

Presented by Anna Hill and produced by Rhiannon Fitz-Gerald.

WED 05:58 Tweet of the Day (b04hkxq8)
Montezuma Oropendola

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Miranda Krestovnikoff presents the Panamanian Montezuma oropendola. In a clearing in the humid rainforest in Panama a tall tree appears to be draped in hanging baskets. These are the nests of a New World blackbird, Montezuma oropendola. The male produces an ecstatic bubbling liquid call as he displays to females, reaching a crescendo whilst bowing downwards from his perch, spreading his wings and raising his tail. They weave long tubular basket-like nests from plant fibres, which they suspend in clusters from tall trees. Colonies can contain up to one hundred and seventy nests, but more usually number about thirty.

Producer : Andrew Dawes

WED 06:00 Today (m001np9p)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Behind the Crime (m001kptj)
Sinem

Criminal behaviour costs the country around £60 billion every year, according to Home Office research.

Is it possible to prevent crime by understanding the root causes of offending behaviour?

Sally Tilt and Dr Kerensa Hocken are forensic psychologists who work in prisons.

Their role is to help people in prison to look at the harm they've caused to other people, understand why it happened and work out how to make changes to prevent further harm after they've been released.

In *Behind the Crime*, they take the time to understand the life of someone whose crimes have led to harm and, in some cases, imprisonment.

In this episode they talk to Sinem who was imprisoned for trafficking drugs into a prison while she was working as a prison officer.

This is the story of a young woman who made a catastrophic decision under the pressures of a terrifying domestic situation, and paid a heavy price. But when we dig back into her earliest experiences, we can start to see some of the reasons why she made that decision.

The job of the forensic psychologists is to dig deep into Sinem's story, to understand the sequence of external influences that got Sinem to the point where she committed a crime.

Today, Sinem is a lecturer in criminology at the University of Westminster, and uses her own experiences to help young people understand the world of crime and justice.

For details of organisations that can provide help and support, visit bbc.co.uk/actionline

Producer: Andrew Wilkie

Editor: Clare Fordham

Behind the Crime is a co-production between BBC Long Form Audio and the Prison Radio Association

WED 09:30 *Living on the Edge* (m001mpb2)

Corsewall

Ten coastal encounters, presented by Richard King.

Today: a visit to Corsewall lighthouse, near Stranraer, with keeper Barry Miller.

Not simply town or countryside, the coastline is a place apart – attracting lives and stories often overlooked.

In these ten programmes, the writer Richard King travels around the UK coast to meet people who live and work there – a sequence of portraits rooted in distinct places, which piece together into an alternative portrait of the UK: an oblique image of the nation drawn from the coastal edge.

WED 09:45 *Just One Thing - with Michael Mosley* (m001mpnv)

Stay Young - with Michael Mosley

Stay Young - Ep 3: Stay Sharp

Want to get the mental sharpness of someone decades younger? Challenging your brain with something difficult, like learning a new language or taking up juggling, can trigger your brain to form new connections, increasing your brain's white matter and making it more resilient against age-related decline. In this episode, Michael speaks to Dr Rachel Wu from the University of California Riverside who has discovered that learning three new skills at the same time can significantly boost the memory in older adults - so much so that they performed as well as someone 50 years younger in a series of cognitive tests. Superager Lord Richard Wilson shares his top tips for a sharper mind and the role of grit, determination, and insatiable curiosity.

Producer: Catherine Wylor

Assistant Producer: Gulnar Mimaroglu

Executive Producer: Zoe Heron

A BBC Studios production for BBC Sounds / BBC Radio 4.

WED 10:00 *Woman's Hour* (m001mpbg)

Welfare support at Sandhurst, Women's Ashes, Rape trials in Scotland

In her first broadcast interview, Louise Townsend, the mother of Olivia Perks who took her own life in 2019 whilst at Sandhurst Military Academy, speaks to *Woman's Hour*. Louise discusses her view that there was a lack of welfare support from the academy towards her late daughter and what steps need to be taken to ensure it doesn't happen again.

Today is a big day coming up with the Women's Ashes series where England face Australia. The Aussies have surged ahead in the women's multi-format series, but there is hope for England as the momentum behind them builds - thanks, in part, to record breaking crowds. Sports journalist and broadcaster Georgie Heath joins Nuala to discuss.

Shakardokht Jafari was born in rural Afghanistan in 1977 and became a refugee when she was 6 and grew up in Iran. After the fall of the Taliban, she moved back to Afghanistan first securing a teaching post in radiology at Kabul Medical University, then being asked to re-establish a cancer facility in Kabul. To secure the post, she needed to gain more qualifications, and in 2010 she came to the UK where she became the first Afghan woman to earn a PhD in medical physics. Shakar has gone on to win a string of awards for

business innovation and has also found time to write her life story, *Shakar: An Afghan Woman's Journey* and to be a leading campaigner for girls' education in Afghanistan.

Can distress be used as evidence in rape trials? This is the discussion currently going through the courts in Scotland. Nuala is joined by Sandy Brindley, Chief Exec of Rape Crisis Scotland and Serious Crime Barrister Thomas Leonard Ross KC to debate the issue.

Presenter: Nuala McGovern

Producer: Emma Pearce

WED 11:00 *Intrigue* (p0fvznl)

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 *History's Secret Heroes* (p0fqnkht)

7. Bela Hazan and the Jewish Resistance

Poland, 1941. Bela Hazan, a young Jewish woman, secures an undercover job at the Gestapo headquarters. She is about to go undercover to fight against the Nazis.

Helena Bonham Carter shines a light on extraordinary stories from World War Two. Join her for incredible tales of deception, acts of resistance and courage.

A BBC Studios Podcast production for BBC Radio 4 and BBC Sounds.

Producer: Amie Liebowitz

Executive Producer: Paul Smith

Written by Alex von Tunzelmann

WED 12:00 *News Summary* (m001mpdj)

The latest national and international news from BBC Radio 4.

WED 12:04 *You and Yours* (m001mpdy)

Water bosses questioned, school uniform costs and plant-based meat

We've been hearing a lot about the water industry recently - and not much of it has been good. We'll have the latest from Westminster as key figures from Thames Water and Ofwat face MPs' questions on sewage spills, salaries and bill increases. Also on the programme - are new measures aimed at bringing down the cost of school uniforms having any effect? Has the plant-based meat market peaked? And we'll hear from two superfans - who visited every single branch of two very different outlets - about what drove them to complete their unusual missions.

PRESENTER: PETER WHITE

PRODUCER: TOM MOSELEY

WED 12:57 *Weather* (m001mpc4)

The latest weather forecast

WED 13:00 *World at One* (m001mpc8)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 *Understand* (m001mpgg)

Tech and AI

Tech and AI: 8. The Algorithm

At its simplest, an algorithm is a sequence of step-by-step instructions designed to give a result. They are the building blocks of every computer program and are there to ensure every digital device gives the right results on request. For example, when we type a search query into Google, its algorithms try to give us the result we're seeking. In the case of Social Media, the algorithm's job is to keep followers on a platform, by showing engaging, interesting, and relevant posts. But over the years they've increasingly been entrusted with life-altering decisions, such as A-level results during the pandemic.

So how are algorithms being used? Why do many people distrust them, and try to beat them?

Technology has already completely altered our lives, and Artificial Intelligence may transform our world to an even greater degree. This series is your chance to get back to basics and really understand key technology terms. Where is "the Cloud" and what exactly is Blockchain? What's the difference between machine and deep learning in artificial intelligence, and is it just our jobs under threat, or is it much worse than that? And before we get to the destruction of humanity, should we all be using Bitcoin? Our experts will explain in the very simplest terms everything you need to know about the tech that underpins your day. We'll explore the rich history of how all these systems developed, and where they may be going next.

Presenter: Spencer Kelly

Producers: Ravi Naik and Nick Holland

Editor: Clare Fordham

Programme Coordinator: Janet Staples

WED 14:00 *The Archers* (m001mp9r)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 *Drama on 4* (m001mpcd)

All Bleeding Stops Eventually. Part Two

Ros Turnbull is a junior doctor in A&E pregnant with her first child; she thinks she knows where her life is heading; then she is diagnosed with cancer. Separated from her baby whilst she undergoes chemotherapy Ros begins to lose sense of her identity, and must learn to accept the idea of being a patient in the hospital where she works. Inspired by the writer's personal experience.

Ros Lucy Phelps

Dan Sam Swann

Jo Lindsey Coulson

Kevin Hasan Dixon

Matt Samuel James

Ritchie Aaron Gekoff

Chris Will Kirk

Barry Gerard McDermott

Grace Heather Beasdale

Lia Leah Marks

Holly Kymberley Cochrane

Director Sally Avens

Writer Al Smith

WED 15:00 *Money Box* (m001mpcj)

Money Box Live: Your Travel Rights

Millions of people are booking their holidays right now, but with hundreds of flights already cancelled and the threat of air traffic control strikes looming, how do you fight for your rights if your travel plans get disrupted? What's the best way to manage your money overseas? And how is the cost of living impacting people's plans if you are lucky enough to be getting away?

The experts in this podcast are: Cathy Adams, Senior Content Editor (Travel) at The Times and Sunday Times, Alan Dean, Managing Director at CoverForYou and Cedar Tree, and Sean Tipton, Media Relations Manager at the Association of British Travel Agents (ABTA).

Presenter: Dan Whitworth

Reporter: Sarah Rogers

Researcher: Luke Smithurst

Producer: Amber Mehmood

Editor: Elisabeth Mahy

(First broadcast 3pm, Wednesday 12th July, 2023)

WED 15:30 *Inside Health* (m001mpbj)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 *Sideways* (m001mp4b)

46. China's Ping Pong Power: Episode 2

Former England international table tennis player, Matthew Syed, continues this three-part mini series from *Sideways*, with a moment that changed the course of China-US relations - when the hippie American player Glen Cowan met the world's greatest table tennis star Zhuang Zedong.

This event would usher in rapprochement between the two nations and lay the groundwork for both Henry Kissinger and Richard Nixon's landmark visits to the once isolated China.

In *China's Ping Pong Power*, Matthew explores the vital role played by the little game of ping pong in the rise of this great power, taking us from the founding of the People's Republic of China in 1949, to the thawing of US-China relations during the Cold War, to Olympic glory and the sporting ambitions of the country today.

Presented by Matthew Syed

Producer: Katherine Godfrey

Series Lead: Pippa Smith

Series Editor: Katherine Godfrey

Script consultation: Dr Olivia Cheung, SOAS, University of London

Sound Design and mix: Rob Speight

Archival research: Nadia Mehdi

With thanks to Zhijie Shao from the BBC World Service and to the International Table Tennis Federation

A Novel production for BBC Radio 4

WED 16:30 The Media Show (m001npcn)

The BBC Presenter Story

As the BBC pauses its investigation into the alleged inappropriate behaviour of an unnamed presenter, we consider why this is still a story with more questions than answers. And what does it tell us about the influence The Sun still holds on public discourse? In a quirk of timing, it's also the week the corporation publishes its annual report showing what it describes as "another year of extraordinary delivery for audiences" but also outlines its failure to meet all its targets for engaging audiences.

Guests: James Ball, Journalist; Jane Martinson, Professor of Journalism, City University London; Jake Kanter, International Investigations Editor, Deadline; Camilla Wright, Founder, Popbitch, Persephone Bridgman Baker, Partner, Carter-Ruck

Presenter: Katie Razzall

Producer: Simon Richardson

WED 17:00 PM (m001npsc)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m001nps5)

Huw Edwards has been named as the BBC presenter facing allegations about payments for sexually explicit images.

The wife of the BBC news reader, Huw Edwards, has named him as the presenter facing allegations about payments for sexually explicit images.

WED 18:30 Robin Ince's Reality Tunnel (m001npsdb)

Gallery of Empathy

Series 2 - Episode 2

In the second of his two-part series Robin talks about appreciating art for how it makes us feel, he shares some stories about his favourite artists and celebrates the places that books and art can take us.

Escaping the confines of The Infinite Monkey Cage, comedian Robin Ince takes us on a journey through his Reality Tunnel in his second two-part stand-up series, recorded specially for Radio 4.

For over 30 years Robin Ince has been discharging fascinating thoughts, unusual knowledge, and infectious excitement into the universe. Over this time, these disparate, dusty specs of information have steadily clumped together and formed into an entity known as the 'Reality Tunnel'.

Previously, Robin's live appearances have only been visible to those astute enough to be tracking his trajectory; those with a keen enough eye to catch a fleeting glimpse of him as he twinkles through their orbit, emitting his ideas, shedding light on the human condition, before vanishing again into the distance. But now, using specialist recording tools and fancy editing, this phenomenon has been captured in high resolution audio for all to hear.

Praise for series 1

- "I was practically in tears of joy and wonder. I found it deeply moving and profoundly comforting"

- "It is a thing of beauty and joy and a thing for me amid an ocean of things that aren't!"

- "it's good to know I'm not the only one with those 'thoughts'"

Writer / Performer ... Robin Ince

Voice Over ... Cody Dahler

Producer ... Carl Cooper

Production Coordinator ... Mabel Wright

Sound Manager ... Jerry Peal

Sound Editor ... Joshan Chana

Picture by Steve Best

BBC Studios Production for Radio 4

WED 19:00 The Archers (m001nps6f)

Brian and Stella are talking silaging, combining and cherries before Stella heads off with Pip for a swim at the lido. Brian wonders whether Ben might have time to help with the cherry harvest next week in case they need back-up. Pip comments that there can't be much profit in the cherries. Later over wine at Rickyard, having cut short their cold swim at the lido, Stella observes Home Farm has hosted quite a few 'pet' projects. Brian's far too indulgent. She'd prefer to concentrate on the arable – maybe some heritage grains. They chat about their dreams and ambitions, and Pip teases Stella about her penchant for obscure Argentinian street food.

Susan observes to Neil that since losing his job, she's never seen George so quiet. He just packed his stuff and Eddie drove him back to Little Grange. She tells Neil Will's been over, and Emma's coming today. Susan hopes there's a way to sort things out, but Neil's adamant – George broke the rules, and lied. When Emma arrives Susan tries to smooth the way between her and her dad, as Neil points out the harsh truth about George. Emma promises she and Will intend to speak to him. When Neil refuses to give George another chance Emma gets angry. Neil points out George has had at least two verbal warnings, but Emma changes tack, accusing Hannah of bullying. They continue to argue until Emma walks out. Horrified, Susan turns on Neil, but Neil's angry. He can't believe his own wife can't see that he didn't have a choice.

WED 19:15 Front Row (m001npsdh)

Remembering Milan Kundera, author Nana Kwame Adjei-Brenyah, Northern Soul Prom, the winner of the Art Fund Museum of the Year

Front Row remembers the renowned Czech-born novelist, poet and essayist Milan Kundera who has died aged 94. Novelist Howard Jacobson and French journalist Agnès Poirier discuss the influence of his magical realist writing.

Imagine a world where prison inmates fight to the death, for entertainment. That's the premise of Chain-Gang All-Stars, the debut novel of Nana Kwame Adjei-Brenyah, who joins Samira live in the studio to discuss writing inspired by his dislike of the American justice system.

The first Northern Soul Prom is happening this weekend. Writer and broadcaster Stuart Maconie, who has co-curated the Prom, joins Samira to discuss this celebration of the northern club culture of the 1960s and 1970s.

And the £120,000 Art Fund Museum of the Year award is announced this evening. In recent weeks, we've been spotlighting all of the shortlisted nominees: The Burrell Collection, Glasgow; Leighton House, London; The MAC, Belfast; Natural History Museum, London and Scapa Flow Museum, Orkney. Samira will be speaking to the Director of the winning museum, live from this evening's ceremony at The British Museum.

Presenter: Samira Ahmed

Producer: Kirsty McQuire

WED 20:00 Moral Maze (m001npsdp)

Cluster bombs and the ethics of warfare

As NATO meets this week, the US is seeking to calm its critics over sending cluster bombs to Ukraine. Cluster munitions are banned by many countries – including the UK and most EU members. They are more indiscriminate and can leave unexploded bomblets scattered over a wide area, posing a lethal threat to civilians years after a conflict has ended. The US, which is not a signatory to the 2008 Convention on Cluster Munitions, argues that supplying these weapons is justified in the defence of Ukraine, that civilian areas would be avoided and that records would be kept to facilitate a clean-up operation after the war.

While some see this as a clear concession of the moral high ground, others disagree. As one US congressman put it, "the only way it erodes the moral high ground is if either you're an idiot, or you're rooting for Russia in this conflict."

What should be the ethical rules of conduct in warfare, when the goal of opposing armies is to perpetrate, and sometimes maximise, death and destruction? For some, the tragedy of war is the suspension of ethical norms. And yet, certain fundamental principles, such as proportionality of violence and discrimination between enemy combatants and non-combatants, have existed for centuries to prevent the ends being justified by any means necessary in battle. But what if the enemy has no regard for these rules? How should they be interpreted outside a philosophy seminar and in the chaos of war?

While the character of war is changing, the fundamental moral issues have not. When, in warfare, is it acceptable to violate ethical principles in the hope of achieving a greater good?

Producer: Dan Tierney.

WED 21:00 A Very British Cult (m001kvt7)

[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m001npcn)

[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m001npsdt)

Huw Edwards named as BBC presenter facing allegations

Huw Edwards has been named as the BBC presenter who's been the subject of allegations in The Sun. We hear from former Today programme editor Kevin Marsh on the future of the BBC.

Sir Salman Rushdie speaks to the BBC's Razia Iqbal in his first UK interview since the attack that nearly cost him his life.

And - as a new report finds nine in 10 old school video games can no longer be played - is it game over for much-loved classics.

WED 22:45 The Sorcerer of Pyongyang by Marcel Theroux (m001npsf0)

Episode Three

In 1995, an 11-year-old boy in North Korea, Cho Jun-su, stumbles across a strange, foreign book that will change his life.

Helped in private by a teacher, Jun-su learns that it is a Dungeon Master's guide. Dungeons and Dragons opens up a whole new world of make-believe and imagination for the boy.

But in the years that follow, Jun-su learns that, in a totalitarian state, imagination can be a dangerous thing.

Episode Three

Jun-su's world is forever altered after he witnesses a shocking event in the school grounds.

The author Marcel Theroux is a British American novelist and broadcaster. He is the author of Far North, which was a finalist for the National Book Award and the Arthur C. Clarke Award. The Sorcerer Of Pyongyang is his fifth novel.

Writer: Marcel Theroux
Reader: Edmund Kingsley
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

WED 23:00 Maisie Adam: The Beautiful Game (m001npsf6)

4. "Let Girls Play"

Stand-up comedian Maisie Adam presents her stand-up special where she discusses her love of football and her experience of the women's game ahead of the Women's World Cup 2023.

For Maisie, football has always been there, even when all the signs have been screaming that this wasn't a sport for her. At school, where the girls curriculum neglected football in favour of the skirt-adorning Hockey and Netball. In the park, where boys wouldn't pass to girls "because they'll lose the ball". And in adult life, where the local sports centre advertises Men's 5-a-side, and women's Yoga.

But it's a game where all you need is players and a ball. That's it. Well, we have women. We have footballs. Time to pass the ball, lads.

In this final episode, Maisie looks to the future. What will the legacy be for the women's game after the Lionesses inspiring Euros victory? She's joined by special guest, England World Cup captain Millie Bright, to talk about her Euros victory memories, how far the game has come and the approaching Women's World Cup.

Written by and starring Maisie Adam

Producer: Georgina Keating
Executive Producer: James Robinson
Production Co-ordinators: Caroline Barlow and Dan Marchini
Sound editor: David Thomas
Photo credit: Matt Crockett

A BBC Studios Production for Radio 4.

WED 23:15 The Skewer (m001npsfd)

Series 9

Episode 4

Jon Holmes's comedy current affairs concept album remixes news into award-winning satirical shapes. This week - He Who Shall Not Be Named (at the time of writing), George Osbourne's Big Day, Do Ray Me Kier, and Taliban Barbie.

Created and produced by Jon Holmes

An unusual production for BBC Radio 4

WED 23:30 Today in Parliament (m001npsfl)

All the news from Westminster with Susan Hulme, including

the highlights from Deputy Prime Minister's Questions.

THURSDAY 13 JULY 2023

THU 00:00 Midnight News (m001npfr)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 Just One Thing - with Michael Mosley (m001npnv)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001npfw)

The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m001npg0)

World Service

BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m001npg6)

The latest weather reports and forecasts for UK shipping

THU 05:30 News Briefing (m001npgb)

National and international news from BBC Radio 4

THU 05:43 Prayer for the Day (m001npgg)

A spiritual comment and prayer to begin the day with Rev Dr Alfred Banya, Head of Chaplaincy at King's College Hospital in London

Listening

Good morning.

When I first began, my pastoral ministry I was asked to visit and pray with a woman who lived alone. I did not know much about this woman.

On arrival, I tried to make conversation but she seemed to be in her own world, only smiling and not saying much. I was at a loss as to how to engage her in conversation. Strangely, and to my surprise, she began to describe my face, my eyes, my lips and my teeth, not in any offensive or inappropriate way. I must say. But feeling rather uncomfortable and a little impatient, I grappled for a way to interrupt this verbal illustration of my facial morphology. "Shall we pray?" I asked her. I may as well not have spoken. The woman simply continued talking about my face. I gave up and decided just to listen. She then stopped suddenly. "Shall we pray now?" she said. We said a beautiful prayer together afterwards.

What a lesson it was for me about patience and listening. Being there for someone, not on our own terms but on their terms. Sometimes just being quietly attentive to a person makes a difference. An important lesson for me was to always try and quietly acknowledge an individuals approach to expressing themselves no matter how unexpected or challenging such approach might be.

O Lord, hear our prayer for patience and perseverance in all situations. Purify our intentions and correct our thoughts and actions as we sincerely seek to accompany those you may bring our way today who are in need of our support.

Amen

THU 05:45 Farming Today (m001npgm)

13/07/23 The Great Yorkshire Show: new fines for water pollution; red meat exports; farm tech and innovation.

A special programme for the Great Yorkshire Show. Over four days, 200 acres of show ground in Harrogate will welcome around 140,000 visitors. We speak to the Defra Secretary who's unveiled tougher new plans for water polluters - what will that mean for farmers? We meet a delegation of overseas buyers interested in exports of red meat. In the new tech innovation zone, we look at a machine that enriches manure by replicating lightning and Caz sits in a methane-powered tractor.

Presenter = Caz Graham

Producer = Rebecca Rooney

THU 05:58 Tweet of the Day (b04hkwdc)

African Jacana

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Miranda Krestovnikoff presents the wetland loving African Jacana. Being rich chestnut coloured above, with black heads, white throats, each has a patch of blue skin above the bill, known as a shield, Jacanas are waders with very long slender toes which allow them to walk on floating plants giving them the name lily-trotters. Widespread in wet places south of the Sahara desert they may become nomadic moving between wetlands as seasonal water levels change. They have an unusual mating system. Females mate with several males, but leave their partners to build the nest, incubate the eggs and bring up the chicks. With up to 3 or 4 mates rearing her different broods, her strategy is to produce the maximum number of young lily-trotters each year.

Producer : Andrew Dawes

THU 06:00 Today (m001np3w)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 Sideways (m001np4b)

[Repeat of broadcast at 16:00 on Wednesday]

THU 09:30 In the Loop (m001np4k)

2. Traffic Roundabout

...a circle has no beginning and no end. It represents rebirth and regeneration, continuity and infinity. From wedding rings to stone circles, in poetry, music and the trajectories of the planets themselves, circles and loops are embedded in our imaginations.

Poet Paul Farley goes walking in circles in five very different 'loopy' locations. He visits a stone circle, a rollercoaster and a particle accelerator to ask why human beings find rings and circles so symbolic, significant and satisfying.

The earliest civilisations were drawn to the idea of closing a circle and creating a loop; in human relationships we'd all rather be within the circle of trust; and in arts and music our eyes, ears and minds are inexorably drawn towards – and rebel against - the 'strange loops' of Bach, Gödel and Escher.

As he puts himself in the loop – sometimes at the centre and sometimes on the circumference – Paul has circular conversations with mathematicians and physicists, composers and poets. Each one propels him into a new loop of enquiry. And that's because a circle has no beginning and no end...

Paul begins the second episode in orbit around one of the largest traffic roundabouts in Europe – the Coryton Interchange near Cardiff. He explores its interior with ecologist Elen Hall and roundabout enthusiast Kevin Beresford and discovers an island of the unexpected. Engineer John Parkin shares the secret of a good roundabout. And poet Paul Muldoon recalls a childhood memory of a special day out to visit the first one in Northern Ireland.

Producer: Jeremy Grange

THU 09:45 Just One Thing - with Michael Mosley (m001npnz)

Stay Young - with Michael Mosley

Stay Young - Ep 4: Stay Feeling Good

Michael reveals the best food to boost your mood, your energy levels, reduce inflammation and improve your immune system. In this episode, Michael discovers the benefits of fermented foods and their live bacteria. He speaks to Professor Justin Sonnenburg from Stanford University who's recent clinical trial revealed that eating fermented foods can increase your gut microbiome diversity and reduce inflammation, one of the main drivers of ageing. They discuss the role of your gut bacteria in increasing the activity of key immune cells with knock-on effects across the body, and why a healthy gut microbiome is so important for feeling good. 63 year-old Donna Schwenk from California reveals how discovering fermented foods has transformed her life and given her the energy of someone decades younger.

Producer: Catherine Wylor
Assistant Producer: Gulnar Mimaroglu
Executive Producer: Zoe Heron
A BBC Studios production for BBC Sounds / BBC Radio 4.

THU 10:00 Woman's Hour (m001np4v)

Crime, Robotics, Narcissism, Flamenco

Almost half of women in England and Wales don't trust the police enough to report a crime. That's according to a recent report from the Tony Blair Institute. How can the police regain women's trust? What needs to be done to fix the issue of public trust in the police overall? Anita speaks to the author of the report, Harvey Redgrave and the Conservative Police and

Crime Commissioner for Sussex, Katy Bourne.

As part of the Woman's Hour series about narcissistic mothers, we hear from a mother who is determined to change the patterns set up in her childhood; she wants to parent differently to her own mum, who she considers to be a narcissist. Reporter Ena Miller goes to meet Louise and Ed (their names have been changed), who are trying 'gentle parenting,' an approach that focuses on empathy, respect and boundaries, all of which were lacking in Louise's childhood.

Marita Cheng is a roboticist from Australia, who advocates to get more girls into technology. She has written a children's book memoir, where all the images were created using generative artificial intelligence. Marita joins Anita to explain why and how she did it.

As the annual Flamenco Festival at Sadler's Wells Theatre in London draws to a close, we look at the enduring popularity of the dance and the wider growth in popularity of Latin music across the globe. Anita Rani talks to Belén Castres White, the technical director of the Flamenco Festival and also to Amaranta Wright who runs the Latino Life in the Park Festival, the largest of its kind in the UK.

Presenter: Anita Rani
Producer: Rebecca Myatt
Studio manager: Giles Aspen

THU 11:00 From Our Own Correspondent (m001np50)

After Jenin

Kate Adie introduces stories from the Occupied Territories, the Mediterranean Sea, Ukraine, California and Algeria.

After violent clashes in Jenin last week, an Israeli-Palestinian peace deal seems as remote as it has ever been. And with some Arab states now normalising relations with Israel, some observers say it is a sign some countries want to move on from the Palestinian cause. Jeremy Bowen hears one view that international support for a Palestinian state might eventually disappear from view, like the once ubiquitous Free Tibet movement has done in recent years. But, he says, a new generation of angry, desperate young Palestinians are driven to continue fighting their cause, whether the world is on their side or not.

Almost 2000 people have died trying to cross the Mediterranean to reach Europe this year. But as Alice Cuddy found on a ship that had just rescued young migrants from The Gambia, the deaths do not seem to deter desperate teenage boys and young men from seeking a better life.

The breach of the Karkhovka dam in Ukraine caused catastrophic flooding. But as the vast reservoir emptied, elements of the region's local history that had long been submerged began to see the light of day again. Vitaliy Shevchenko explores how Ukraine's fight for its future, is shedding new light on its past too.

Californian officials have recommended the payment of reparations to the descendants of enslaved Africans, for slavery and for the effects of racial discrimination. Chelsea Bailey meets one family seeking justice, after local authorities in Palm Springs burned down their family home back in the 1960s.

Algeria boasts beautiful landscapes, old Kasbahs and well-preserved Roman ruins. But unlike other Mediterranean countries, it has hardly any tourists. Why not? Simon Calder has been to Algeria and has some answers.

Producer: Arlene Gregorius
Editor: Richard Fenton-Smith
Production Coordinator: Gemma Ashman

Photo: boy with a Palestinian flag by MOHAMMED SABER/EPA-EFE/REX/Shutterstock

THU 11:30 A Good Read (m001np58)

[Repeat of broadcast at 16:30 on Tuesday]

THU 12:00 News Summary (m001npg4)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001np5n)

Cris Miller from Viagogo

In the week that Taylor Swift concert tickets go on sale in the UK, we have a special, extended interview with the Managing Director of the controversial ticket resale company Viagogo, Cris Miller.

Many stars, including Taylor Swift and Ed Sheeran, are unhappy that their tickets are resold and have spoken out passionately about the practice. Presenter Shari Vahl raises concerns expressed by the stars -

and from You and Yours listeners - about the Viagogo service. The interview looks at how some fans can arrive at a venue only to discover they do not have a ticket after all; whether fans are sufficiently aware that Viagogo is a secondary tickets site (and not the primary source); and the number of professional ticket operators (or 'touts') who sell tickets on Viagogo.

Cris tells Shari how only a fraction of clients are disappointed using the service, and how Viagogo gives fans another opportunity to be able to buy tickets for artists they adore. He admits that "Viagogo may not be for everybody", but that his focus is "getting fans into the events".

In a fascinating interview, Cris explains how technology is being used in the ticketing industry globally to effectively queue-jump, and how new measures are needed to control this abuse of ticket sales systems.

Obtaining a ticket for an event you are desperate to get into is, says the Viagogo boss, the "single most emotional product in the world".

PRESENTER: SHARI VAHL
PRODUCER: CRAIG HENDERSON

THU 12:32 Sliced Bread (m001np5v)
Mosquito Repellents

If you are heading somewhere tropical this summer, or just want to protect yourself from bites in your own back garden, then which mosquito repellents can you trust?

Greg Foot gets up close and personal with a box full of hungry mosquitoes to find out.

Is it all about DEET or are there alternatives which are just as effective? What about citronella? And how well do bracelets, patches and candles perform?

And if you do get bitten, what is the best treatment for a mosquito bite?

Greg assesses the scientific evidence with Professor James Logan from the London School of Hygiene and Tropical Medicine and Dr Jane Wilcock, an independent researcher and GP.

If you've seen an ad, trend or fad relating to another consumer product and wonder if there's any evidence to back up a claim, drop us an email to sliced.bread@bbc.co.uk or you can send a voice note to our WhatsApp number: 07543 306807

PRESENTER: Greg Foot
PRODUCER: Jon Douglas

THU 12:57 Weather (m001np61)
The latest weather forecast

THU 13:00 World at One (m001np67)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

THU 13:45 Understand (m001npq9)
Tech and AI

Tech and AI: 9. Will AI take my job?

AI is now able to do some types of work faster and cheaper than human beings, and some workers have already found themselves out of a job.

Earlier this year, a report from Goldman Sachs said that AI could potentially replace the equivalent of 300 million full-time jobs, and a different survey of 12 thousand people suggested that a third were worried their bosses would replace them with AI.

So is AI coming for your job? What type of workers are most at risk, and if you aren't replaced, could you find yourself working alongside an AI?

Technology has already completely altered our lives, and Artificial Intelligence may transform our world to an even greater degree. This series is your chance to get back to basics and really understand key technology terms. What's an algorithm? where is "the Cloud" and what exactly is Blockchain? What's the difference between machine and deep learning in artificial intelligence, and is it just jobs under threat, or is it much worse than that? And before we get to the destruction of humanity, should we all be using Bitcoin? Our experts will explain in the very simplest terms everything you need to know about the tech that underpins your day. We'll explore the rich history of how all these systems developed, and where they may be going next.

Presenter: Spencer Kelly
Producers Ravi Naik and Nick Holland
Editor: Clare Fordham

Programme Coordinator: Janet Staples

THU 14:00 The Archers (m001np6f)
[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama on 4 (b0bh454h)
In Vino Veritas

Lenny Henry plays Reverend Marcus Campbell, a charismatic pastor with an adoring congregation. But has success made him lose sight of his priorities?

Reverend Marcus Campbell Lenny Henry
June Campbell Nadine Marshall
Jesus John Bradley
Deacon Edwards Peter Bankolé
Mrs Dawson Martina Laird
Cornell Dawson McKell David
Tailor/Homeless Man Sean Murray
Homeless Guy 1/ Group Leader Lewis Bray
Homeless Guy 2 Cameron Percival
Homeless Guy 3 Liam Lau Fernandez
Homeless Woman Elizabeth Coussell
Sat Nav Emma Handy
Emergency Services Ryan Whittle
Mourner Jeanette Percival

Director Mary Peate
Writer Lenny Henry.

THU 15:00 Open Country (m001np6l)
Tiny's Cairn

It's a land of standing stones, burial cairns and circles in the fields - Glen Lonan beside Loch Nell. Lupi Moll and Ivan Nicholson, who've known the area all their lives, take Oban resident Antonia Quirke on a short trek through the glen to see if they can work out why there are so monuments here. It was once part of the road of the kings, an ancient coffin route. It also includes a more recent memorial, a stone eye that marks the resting place of Lupi's wife, who died twelve years ago.

The presenter is Antonia Quirke, and the producer in Bristol is Miles Warde

THU 15:27 Radio 4 Appeal (m001np30)
[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Open Book (m001np5f)
[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 Walt Disney: A Life in Films (m001np6q)
3. Fantasia

Through the stories of ten of his greatest works, Mel Giedroyc examines the life of Walt Disney, a much mythologised genius. A man to whom storytelling was an escape from an oppressive father and a respite from periods of depression.

His name is truly iconic, but how much do we really know about this titan of the entertainment industry? Who was the real Walt and why did a man who moulded Western pop culture in his image end up on his deathbed, afraid that he'd be forgotten?

In this episode, Mel invites you to explore the surreal musical world of Walt Disney's Fantasia, a film which saw Walt attempt to elevate his animations to the status of high art.

Fantasia was meant to be the movie that proved Walt's remaining doubters wrong. Instead, the stress of bringing it into being would land him in hospital. It also plunged the Disney company into financial disarray once again, risking his studio's future.

A Novel production for BBC Radio 4

THU 16:30 BBC Inside Science (m001np6v)
How social media can affect the health of teenagers

The Threads social media app launched on 5th July. Instagram users were able to sign up with just a few clicks. It joins a plethora of other social media apps like Snapchat, Twitter and TikTok, all of which are readily accessible on our phones.

With all these apps at our fingertips, it's never been easier for us to discover new people to follow, keep in touch with our friends and stay up to date with the latest news about our favourite celebrities. But Professor Devi Sridhar, the chair of global public health at the University of Edinburgh, is concerned about the harmful effect that all these apps could potentially be having on the health of young people. She talks to Marnie Chesterton about why they should be better regulated in order to protect

our children. Marnie is then joined by Professor Andrew Przybylski from the University of Oxford who says that more studies need to be carried out.

Next up we find out more about phages – 'good' viruses that infect and destroy bacteria and could hold the key to fighting disease. Tom Ireland, author of a new book, The Good Virus, tells Marnie about the history of phages and their potentially exciting future.

This week the European Court of Human Rights ruled in favour of middle-distance runner and Olympic champion Caster Semenya in a case related to testosterone levels in female athletes. Marnie speaks to developmental biologist Dr Emma Hilton about what causes differences in sexual development and the impact they can have.

We also hear from Dr Stuart Farrimond who explains how the microclimates in your garden can affect the plants you can grow.

Presenter: Marnie Chesterton
Producer: Harrison Lewis
Content producer: Alice Lipscombe-Southwell
Assistant producer: Robbie Wojciechowski
Editor: Richard Collings

THU 17:00 PM (m001np6z)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O'Clock News (m001np77)
The recommended pay increases range from 5 to 7 per cent

THU 18:30 Ed Reardon's Week (m001np7b)
Series 15

1. The Storyteller

Author of several plays, television dramas, works of non-fiction, letters to the BBC about the pitiful decline in standards of literature and grammar, and master of the abusive email – Ed Reardon is back.

Ed is still living in his superb, stylish capsule urban living unit (i.e., small office conversion), and conducting his part-time relationship with Maggie. However, the means to finance a decent living as always eludes him. His agent, Ping, is not forthcoming with any major offers of work but his nemesis and best friend, Jaz, is keen for Ed to ghost-write his new memoir, 'I, Jaz'.

Ed would rather focus on trying to secure a spot on local radio and is busy 'self-taping' his audition piece berating the art of 'Storytelling', which proves a little difficult as his daughter, Eli, has decided she is going to pursue a new career as a 'Storyteller' and asks Ed to support her.

And with Pearl having gone to join the silver workforce as a store detective, Ed has a new student in his University of the 3rd Age writing class which allows him the opportunity to introduce a superior command of the narrative art to a new audience in the form of his classic 'Tenko' episode.

The series is dedicated to Andrew Nickolds, who sadly passed away mid-way through writing the series.

The regular cast this series are joined by Ellen Thomas and Sally Grace along with guests Robert Powell, Helen Monks, Rachel Atkins and Joe Thomas.

Ed Reardon - Christopher Douglas
Ping - Barunka O'Shaughnessy
Jaz Milvain - Philip Jackson
Eli - Lisa Coleman
Stan - Geoffrey Whitehead
Olive - Sally Grace
Winnie - Ellen Thomas

Written by Andrew Nickolds and Christopher Douglas
Produced by Dawn Ellis
Production Co-ordinator Katie Baum
Sound Jon Calver

THU 19:00 The Archers (m001np7f)

George describes to Brad how bad it felt being sacked by his granddad. Brad understands; he can hear the fallout at Ambridge View. He reckons George should just apologise for his misdemeanour; it would go down better than continuing to deny it. George retorts that it should be Neil and Hannah grovelling to him, not the other way round. And if there's no proof, they can't say what happened. Brad declares he understands his mum now when she says George is his own worst enemy. They revisit the events of the night of the Grey Gables break in, agreeing in their own ways that it was unwise.

They apologise to each other for it. Pip and Stella are feeling the effects of last night's wine. They joke about their delicate state, until Helen arrives with the news that the Brookfield sheep have got out. As they gingerly gather the sheep, Stella discovers the escape route was an open gate near Spiritual Home. A car horn scares the sheep, holding up the herding mission further. Finally the sheep are in, and Pip and Stella are in agreement that Kate's getting a telling off. Helen admits to enjoying herself with this diversion, before she takes a call from a hospital consultant requesting Helen accompany Rob to a clinic appointment tomorrow. She feels it would be helpful for Rob to have someone with him to keep him calm, and Helen is still listed as an emergency contact. Helen protests she's divorced and no longer involved with Rob. She really can't help.

THU 19:15 Front Row (m001np7h)

Mission Impossible, Herzog & de Meuron, Walter Murch

Mission Impossible Dead Reckoning Part One - the long awaited seventh film in the series - and the Royal Academy's new exhibition about architecture practice Herzog & de Meuron. Ryan Gilbey and Oliver Wainwright review.

Plus Walter Murch. The renowned film editor and sound designer has won Oscars for his work with directors like Francis Ford Coppola and Anthony Minghella. On the occasion of his 80th birthday he leads Antonia Quirke through several key scenes from his films, including the Godfather and Apocalypse Now, and explains his use of sound. He also talks about his own films, Return to Oz and the documentary Coup 53.

Presenter: Antonia Quirke
Producer: Harry Parker

THU 20:00 The Briefing Room (m001np7k)

What can schools do about record absences?

The pandemic disrupted schooling everywhere. But since then record numbers of children have not returned to regular schooling. Data from the Department for Education show that persistent absence - missing roughly seven days a term - is now at a record high. So is this a blip affecting a Covid cohort or a worrying trend toward a breakdown in the social contract between society and school?

David Aaronovitch talks to:

Branwen Jeffreys, BBC's Education Editor
Katie Beynon, Statistician at FFT Education Datalab
Sam Freedman, Senior fellow at the Institute for Government
Emily Hunt, Associate Director Social Mobility and Vulnerable Learners at the Education Institute Policy

Produced by: Kirsteen Knight, Sam Haque and Claire Bowes
Edited by: Richard Vadon
Sound engineer: Rod Farquhar
Production co-ordinator: Debbie Richford and Sophie Hill.

THU 20:30 The Bottom Line (m001np7m)

Business on 'the box'

From The Office and Succession to The Apprentice and Dragons' Den, does the portrayal of business on television inspire or is it a total turn off to budding entrepreneurs? And how challenging is it to create great drama from the world of business? Is 'greed, for lack of a better word, good' as Gordon Gekko from Wall Street would have us believe? Or post financial crash, is the world looking to find a more equitable and kind example of the business world on screen?

PRESENTER: EVAN DAVIS

GUESTS

Ash Atalla, CEO, Roughcut Productions

Dave Fishwick, businessman, subject of Netflix movie, 'Bank of Dave'

Nisha Katona, Founder, Mowgli Street Restaurants, Great British Menu judge

Mickey Brown and Konrad Kay, co-writers, 'Industry', BBC 2 drama series

Clip from 'Industry' BBC2
Bad Wolf Productions
HBO/BBC

Produced in Partnership with the Open University

PRODUCTION TEAM

Producer: Julie Ball

Editor: China Collins
Sound: James Beard and Graham Puddifoot
Production Co-ordinator: Brenda Brown

THU 21:00 BBC Inside Science (m001np6v)

[Repeat of broadcast at 16:30 today]

THU 21:30 Don't Log Off (m001np7p)

[Repeat of broadcast at 11:00 on Monday]

THU 22:00 The World Tonight (m001np7r)

Cerberus heatwave sweeps across southern Europe

Also:

As summer heatwaves become more common, how should we prepare?

Public sector pay workers offered pay rises.

Germany reassessing the risks posed by China.

THU 22:45 The Sorcerer of Pyongyang by Marcel Theroux (m001np7t)

Episode Four

In 1995, an 11-year-old boy in North Korea, Cho Jun-su, stumbles across a strange, foreign book that will change his life.

Helped in private by a teacher, Jun-su learns that it is a Dungeons and Dragons guide. Dungeons and Dragons opens up a whole new world of make-believe and imagination for the boy.

But in the years that follow, Jun-su learns that, in a totalitarian state, imagination can be a dangerous thing.

Episode Four

1999, Jun-su wins a regional poetry competition and travels to Pyongyang for the first time for the national final.

The author Marcel Theroux is a British American novelist and broadcaster. He is the author of Far North, which was a finalist for the National Book Award and the Arthur C. Clarke Award. The Sorcerer Of Pyongyang is his fifth novel.

Writer: Marcel Theroux
Reader: Edmund Kingsley
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

THU 23:00 Rylan: How to Be a Man (p0f1dstg)

9. Janet Street-Porter

Rylan Clark is joined by writer and broadcaster Janet Street-Porter for her take on the challenges faced by men and boys in the 2020s. She reflects on her career as one of the only women working on Fleet Street in the 1960s and 1970s and how she adopted 'masculine characteristics' to get on.

She also gives her opinion on the plight of working class boys and why they are failing in education, and lifts the lid on her four marriages and why she hates the word 'couple'.

In this series, Rylan Clark opens up the fault lines of masculinity in lively and revealing conversations with diverse, prominent figures and celebrities. Together they explore toxic masculinity, old-fashioned male stereotypes, gender identity, body image, parenthood, how to educate the next generation, role models and cultural differences to try to understand How to Be a Man in the 2020s.

Series Editor: Yvonne Alexander
Executive Producer: Kevin Mundy
A Mindhouse production in association with Simple Beast for BBC Radio 4

THU 23:30 Today in Parliament (m001np7x)

Sean Curran reports on MPs' reaction to pay increases for public sector workers.

FRIDAY 14 JULY 2023

FRI 00:00 Midnight News (m001np7z)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 Just One Thing - with Michael Mosley (m001npnz)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m001np81)

The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m001np83)

World Service

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m001np85)

The latest weather reports and forecasts for UK shipping

FRI 05:30 News Briefing (m001np87)

National and international news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001np89)

A spiritual comment and prayer to begin the day with Rev Dr Alfred Banyan, Head of Chaplaincy at King's College Hospital in London

Thank God it's Friday

Good morning.

Today is Friday and many of us probably look forward to it more than other days of the week as it brings us to the weekend. We often hear the saying, "thank God it's Friday" even from those you may not necessarily believe in God. Our diversity as a society comes across in the way that many of us choose to mark Friday. Some of us may wish to wind down with a drink with friends in the pub. Those who follow the Jewish tradition begin the Jewish Day of rest at sunset on Friday. Our Muslim brothers and sisters may take time around the middle of the day to gather for Friday Prayers. Some Christians may be abstaining today from meat and devoting the day to remembering the suffering of Jesus Christ.

While there remains issues that set various faiths and beliefs apart, what we must celebrate are the things that bring us together for the common good.

I am privileged to witness progress in this direction in hospital chaplaincy. In the 1950s one would have probably seen mainly Christian priests as chaplains in hospitals. Now, you can see an Imam, a Sikh, a Humanist or non-religious chaplain. What brings us together is kindness and compassion for patients, relatives and staff who may be in need of spiritual support. We meet each person at their point of need, and support them according to what is appropriate to their faith religion or belief, whether they are religious or not.

O Kind Lord! Unite us all. Let our faiths and beliefs agree and make us all one so that we may all be one family and the whole earth as one home. May we all live together in perfect harmony.

Amen

FRI 05:45 Farming Today (m001np8c)

14/07/23 Seasonal workers and recruitment; water shortages for Scottish fruit and veg growers; food fraud

Farmers are warned they will pay the price if they exploit their workers from overseas as recruiters give evidence to the Horticulture Sector Committee about seasonal workers.

How fruit and vegetable growers in Scotland are managing water supplies after two hot, dry summers have increased pressure on rivers and reservoirs.

And why the National Food Crime Unit wants greater powers to tackle serious, organised and complex cases of crime relating to food.

Presented by Caz Graham and produced by Rhiannon Fitz-Gerald.

FRI 05:58 Tweet of the Day (b038qkb3)

Aquatic Warbler

Brett Westwood presents the aquatic warbler. The stripy aquatic warbler is streaked like the sedges it lives in and is the only globally threatened European perching bird. They sing in the marshes of central and eastern Europe where the small European population has its stronghold. Unfortunately, this specialized habitat is disappearing because of drainage, disturbance and peat extraction. They are migrants so it's vital to protect their wintering areas as well as their breeding sites. It's known that up to 10,000 birds winter in the swamps of North-west Senegal.

FRI 06:00 Today (m001np7w)

News and current affairs, including Sports Desk, Weather and

Thought for the Day.

FRI 09:00 Desert Island Discs (m001np4c)
[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 Just One Thing - with Michael Mosley (m001npp4)
Stay Young - with Michael Mosley

Stay Young - Ep 5: Stay Strong

Michael explores the best way to help you look younger as well as live longer and healthier – revealing how strength training can benefit your waistline, preserve muscle fibres and increase healthy lifespan.

Pumping up your muscles is one of the best ways to protect from the ravages of time and injury. In this episode, Michael speaks to Professor Abigail Mackey from the University of Copenhagen in Denmark, to find out how resistance training can strengthen the connection between your brain and muscles, and keep them looking younger at the cellular level. And it's not just your muscles that benefit, maintaining your muscle mass can boost your brain function, improve sleep, and significantly reduce your risk of diabetes. It may even be better at reducing belly fat than cardio! Champion weight-lifter Shirley Webb reveals how lifting weights transformed her life and mobility even though she only started pumping irons in her mid-70s.

Producer: Catherine Wyler
Assistant Producer: Gulnar Mimaroglu
Executive Producer: Zoe Heron
A BBC Studios production for BBC Sounds / BBC Radio 4

FRI 10:00 Woman's Hour (m001npd3)

Having a sick sibling, Boxing pioneers, Abortion in Iran, Where do you keep your awards?

Gracie Nuttall, sister of Laura Nuttall who died aged 23 in May of a glioblastoma, and Megan Fryer-Kelsey, whose brother Ezra died eleven years ago of leukodystrophy, join Anita to discuss what it's like to grow up with a sibling who is ill, and how parents can support non-sick siblings.

Young people in Italy are expressing outrage on social media after Italian judges decided to clear a man of groping a teenager because it lasted less than 10 seconds. The BBC's Sofia Bettiza joins Anita from Rome.

Where do you put your awards and achievements? Do you show them off in your house? Which room do they fit in best? And if you have kids, what do you do with all their achievements once they've flown the nest? Well, academic Dr Louise Creechan keeps hers in her downstairs loo. Co-host of the Wittering Whitehalls, Hilary Whitehall, kept her trophy in her handbag for a while. Anita asks them why.

The Supreme Leader of Iran has called for a massive population increase, and the state has been offering financial incentives for women to have more children. There is also now more pressure on women not to access contraception, and abortion has been criminalised further, with a potential prison sentence for women being proposed by the regime. Meanwhile cases of unsafe illegal abortions have increased. The BBC's Saba Zavarei has been speaking to Iranian women about their experiences and joins Anita.

Right to Fight tells the surprising story of the maverick pioneers of women's boxing, who defied sexism and racism for their place in the ring; overcoming the odds to become the first women issued with professional boxing licenses. Director Georgina Cammalleri joins Anita.

FRI 11:00 The Briefing Room (m001np7k)
[Repeat of broadcast at 20:00 on Thursday]

FRI 11:30 Jack & Millie (m000mb17)
Series 2

A Terrible Hoo-Ha

Another chance to hear the series first broadcast in 2020. In this episode, Jack meets an unwanted old friend, Melvin gets hot under the collar, Delphine makes a French joke and Shirley and Millie get an unexpected buzz...

So Millie's son Melvin has given her a new tablet with a voice recorder?

So suddenly Jack & Millie have decided to record everything that happens to them? And for this, we should be grateful?

- well YES! - because this is a comedy show written by Jeremy Front (writer of the Charles Paris mysteries for Radio 4) and

starring Jeremy Front and Rebecca Front as Jack & Millie Lemman - an older couple who are fully engaged with contemporary life whilst being at war with the absurdities of the modern world...

Cast:
Jack.....Jeremy Front
Millie.....Rebecca Front
Shirley.....Tracy-Ann Oberman
Harry.....Nigel Lindsay
Melvin.....Harry Peacock
Delphine.....Jenny Bede

With special guest
Debbie Chazen as Nita Green (née Blom)

Written by Jeremy Front

Produced by David Tyler
A Pozzitive production for BBC Radio 4

FRI 12:00 News Summary (m001npd9)
The latest national and international news from BBC Radio 4.

FRI 12:04 Archive on 4 (m001np2h)
[Repeat of broadcast at 20:00 on Saturday]

FRI 12:57 Weather (m001npdk)
The latest weather forecast

FRI 13:00 World at One (m001npdq)
Forty-five minutes of news, analysis and comment, with Sarah Montague.

FRI 13:45 Understand (m001npqc)
Tech and AI

Tech and AI: 10. Can we control AI?

When so-called "generative" Artificial Intelligences like Chat GPT and Google's Bard were made available to the public, they made headlines around the world and raised fears about how fast this type of AI was developing. But realistically, what harm could AI do to people? Is it an existential threat, or could it become one? And if things got really bad, couldn't we just switch it off or smash it up with a hammer?

Technology has already completely altered our lives, and Artificial Intelligence may transform our world to an even greater degree. This series is your chance to get back to basics and really understand key technology terms. What's an algorithm? Where is "the Cloud" and what exactly is Blockchain? What's the difference between machine and deep learning in artificial intelligence, and should we all be using Bitcoin? Our experts will explain in the very simplest terms everything you need to know about the tech that underpins our day. We'll explore the rich history of how all these systems developed, and where they may be going next.

Presenter: Spencer Kelly
Producers: Ravi Naik and Nick Holland
Editor: Clare Fordham
Programme Coordinator: Janet Staples

FRI 14:00 The Archers (m001np7f)
[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m001npdw)
Bitter Pill

Bitter Pill - 2: Flashback

An audio drama series about memory and trauma.

After a traumatic car crash, Mary joins a clinical drug trial that promises a cure for PTSD. The medication triggers intense flashbacks of the accident that left her fiancée comatose. But is Mary simply remembering the event, or reliving it? And if she is actually returning to the past, does that mean she can change her future?

Cast:
Mary Séainín Brennan
Jackie Charlotte McCurry
Carl Shaun Blaney
Eoin Seamus O'Hara
Delia Jo Donnelly
Warren Martin McCann
All other roles were played by the cast and crew.

Writers Michael Patrick & Oisín Kearney
Producer Michael Shannon

Executive Editor Andy Martin

Music composed by Denis Clohessy.
Sound Design by Bill Maul.

A BBC Northern Ireland production.

FRI 14:45 The Salman Rushdie interview (m001p6fz)
Sir Salman Rushdie speaks to Razia Iqbal about the stabbing attack that nearly cost him his life.

FRI 15:00 Gardeners' Question Time (m001npf2)
Borde Hill

I planted 250 parsnip seeds, why have I only managed to grow two? Should I radically prune my rose bush? What's the most surprising thing you've uncovered while gardening?

Peter Gibbs and his panel of GQT experts are in Borde Hill. Ready to share their expertise on a variety of plant-based problems are plant pathologist Pippa Greenwood, proud horticulturalist Christine Walkden, and garden gur, Kirsty Wilson.

GQT regular and curator of RHS Wisley, Matthew Pottage pays a visit to Warley Place, the former home of passionate plant collector, Ellen Willmott, to discuss her legacy on the gardening world.

Producer: Dominic Tyerman
Assistant Producer: Rahnee Prescod
Executive Producer: Hannah Newton

A Somethin' Else production for BBC Radio 4

FRI 15:45 For Human Consumption (m001npf8)
Driver

The last of three stories about people connected to The Fork, a pay-what-you-feel cafe making delicious meals from food thrown out by supermarkets and restaurants.

Sean is a volunteer driver for the cafe. He travels all over picking up rejected ingredients. But since his wife died, navigating his own life is proving much more difficult.

Written by Bethan Roberts
Read by Paul Copley

Photo: Bethan Roberts

Produced and Directed by Kate McAll
A Pier production for BBC Radio 4

FRI 16:00 Last Word (m001npfg)

Malcolm Mowbray, Victoria Amelina, Roger Lovegrove, Mavis Cheek

Matthew Bannister on

Malcolm Mowbray, the British film director best known for making "A Private Function" - the comedy about wartime rationing starring Michael Palin and Maggie Smith. The film's writer Alan Bennett pays tribute.

Victoria Amelina, the Ukrainian novelist and war crimes researcher who was killed in a missile strike in Kramatorsk.

Roger Lovegrove, the ornithologist who played a leading role in re-introducing red kites to the UK.

Mavis Cheek, who wrote humorous novels about middle class marriage and relationships. We're joined by her friend Helen Lederer.

Interviewee: Olha Mukha
Interviewee: Alan Bennett
Interviewee: Joe Mowbray
Interviewee: Roy Dennis
Interviewee: Helen Lederer

Producer: Gareth Nelson-Davies

Archive used:
Kramatorsk: Russian missile strike hits restaurants in Ukrainian city. Verified Live, BBC World News, 28/06/2023; Victoria Amelina interview recorded 15/05/2023, Copyright Clearance Centre, YouTube uploaded 03/07/2023; Playhouse: Days at the Beach, Director: Malcolm Mowbray, BBC Two, 13/02/1981; Our Winnie, BBC Four, repeated broadcast 10/12/2009; Malcolm Mowbray, London Standard Film Awards, BBC One, 26/01/1986; A Private Function (1984) film promotion, Hand Made Films, YouTube uploaded 24/05/2019; A Private Function (1984), Hand Made Films, 1984; Roger Lovegrove: Red Kite, The Great British Birdwatch BBC One, 19/06/1989 ;

Red Kite sound effects, RSPB, recordist Jens Kirkeby, recorded 17/08/2005; Mavis Cheek interview, Woman's Hour, BBC Radio 4, 04/03/2002; Mavis Cheek reading The Sex Life of My Aunt, Faber and Faber, Arts Archive, Woman's Hour arts book archive website, BBC Radio 4, uploaded 04/03/2002; Mavis Cheek interview and extract reading, Sixty Minutes, BBC One, 26/10/1983.

FRI 16:30 Feedback (m001nfpfm)

How effective is the BBC at reporting on itself? Steven Barnett, Professor of Communications at the University of Westminster, joins Andrea Catherwood to respond to your comments on how the BBC handled the Huw Edwards story.

Glaswegian comedian Janey Godley reveals why she's telling all the jokes in her Radio 4 series, Janey Godley: The C Bomb, and hears the views of the audience.

Dr Kevin Fong answers listener comments on the BBC's portrayal of the NHS, and discusses his new Radio 4 series The NHS: Who Cares? which explores the challenges it faces today from the perspective of the people who deliver the care.

Presented by Andrea Catherwood
Produced by Gill Davies
A Whistledown Scotland production for BBC Radio 4

FRI 17:00 PM (m001nfpfs)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O'Clock News (m001nfpfx)

The walkout is over pay and the threat of artificial intelligence to jobs

FRI 18:30 Dead Ringers (m001npgl1)

Series 23

Episode 5

A look back at the week in which the BBC began eating its own tail.

In a week in which the BBC began to eat its own tail, the Dead Ringers team provides the gravy to go with it. Plus an interview with the man no one is talking about, Lib Dem Leader Ed Davey, and an episode of The Archers fashioned for Gen Z.

This week's impressionists are Jon Culshaw, Jan Ravens, Lewis MacLeod, Jess Robinson and Duncan Wisbey.

This episode was written by: Nev Fountain & Tom Jamieson, Laurence Howarth, Ed Amsden & Tom Coles, Edward Tew, Robert Darke, Joe Topping, Sophie Dickson, Sarah Campbell, Peter Tellouche and Cody Dahler.

Produced and created by Bill Dare
Production Coordinator: Dan Marchini

FRI 19:00 The Archers (m001npg7)

Writer, Liz John
Director, Kim Greengrass
Editor, Jeremy Howe

Brian Aldridge Charles Collingwood
Helen Archer Louiza Patikas
Tom Archer William Troughton
Tony Archer David Troughton
Pip Archer Daisy Badger
Harrison Burns James Cartwright
Neil Carter Brian Hewlett
Susan Carter Charlotte Martin
Eddie Grundy Trevor Harrison
Emma Grundy Emerald O'Hanrahan
George Grundy Angus Stobie
Brad Horrobin Taylor Uttley
Joy Horville Jackie Lye
Kirsty Miller Annabelle Dowler
Stella Pryor Lucy Speed
Hannah Riley Helen Longworth
Fallon Rogers Joanna Van Kampen
Lynda Snell Carole Boyd
Rob Titchener Timothy Watson
Dr Webber Leah Marks

FRI 19:15 Add to Playlist (m001npgc)

Natalie Duncan and Gabriella Swallow celebrate Bastille Day

Pianist and singer Natalie Duncan and cellist Gabriella Swallow take us from the French Alps to a dusty airstrip in the Australian outback with Miles Davis as they add the next five tracks.

Cerys Matthews and Jeffrey Boakye are also joined by Ukrainian-born pianist Dinara Klinton for some Hungarian Rhapsody.

Producer Jerome Weatherald
Presented, with music direction, by Cerys Matthews and Jeffrey Boakye

The five tracks in this week's playlist:

Belleville Rendez-vous/Les Triplettes de Belleville
Spirit in the Dark by Aretha Franklin
Hungarian Rhapsody No2 in C-Sharp Minor by Franz Liszt, played by Vladimir Horowitz
Concert on the Runway by Miles Davis and Michel Legrand
Crickets on a Line by Colt Ford Ft Rhett Atkins

Other music in this episode:

La Valse by Les Négresses Vertes
Highway 61 Revisited by Bob Dylan
School Spirit by Kanye West
Hungarian Rhapsody No2 in C-Sharp Minor by Franz Liszt, played by Dinara Klinton
Old Town Road by Lil Nas X

FRI 20:00 Any Questions? (m001npggh)

Thangam Debbonaire MP, Richard Foord MP, John Glen MP and Katherine Bennett

Alex Forsyth presents political debate from Melksham Assembly Hall in Wiltshire with the Shadow Leader of the House of Commons Thangam Debbonaire MP, the Liberal Democrat Defence Spokesperson Richard Foord MP, the Chief Secretary to the Treasury John Glen MP and the Chief Executive of the High Value Manufacturing Catapult Katherine Bennett.

Producer: Robin Markwell
Lead broadcast engineer: Tim Allen

FRI 20:50 A Point of View (m001npgli)

The Dragon and The Dog

While viewing a 16th Century painting of St George slaying a dragon, Adam Gopnik reflects on how we all, in life, attempt to slay 'the dragons of our disorder.'

He concludes that 'dragon and saint are permanently entangled, as our demonic forces are with our better nature.'

Producer: Adele Armstrong
Sound: Peter Boshier
Production coordinator: Gemma Ashman
Editor: Richard Fenton-Smith

FRI 21:00 Understand (m001npgq5)

[Repeat of broadcast at 13:45 on Monday]

FRI 22:00 The World Tonight (m001npgqg)

Hollywood actors join picket lines in biggest strike in decades

Also in the programme: fears that a low take up of vaccines could worsen a measles outbreak in London; and director Christopher Nolan talks to us about his new film Oppenheimer.

FRI 22:45 The Sorcerer of Pyongyang by Marcel Theroux (m001npggs)

Episode Five

In 1995, an 11-year-old boy in North Korea, Cho Jun-su, stumbles across a strange, foreign book that will change his life.

Helped in private by a teacher, Jun-su learns that it is a Dungeon Master's guide. Dungeons and Dragons opens up a whole new world of make-believe and imagination for the boy.

But in the years that follow, Jun-su learns that, in a totalitarian state, imagination can be a dangerous thing.

Episode Five
2003. Now a student at Kim Il-sung University in Pyong-yang, Jun-su is asked to deliver a lecture on The House of Possibility.

The author Marcel Theroux is a British American novelist and broadcaster. He is the author of Far North, which was a finalist for the National Book Award and the Arthur C. Clarke Award. The Sorcerer Of Pyongyang is his fifth novel.

Writer: Marcel Theroux
Reader: Edmund Kingsley
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

FRI 23:00 Idle Talk: Wales's Oral Tradition (m001mlnb)

You're invited to an open mic in the Middle Ages.

Carys Eleri MCs a night of comedy and spoken word from Dafydd ap Gwilym, Taliesin and more, as she explores Wales's oral tradition.

In the Middle Ages, Welsh oral storytellers - or 'cyfarwyddiaid' - were essential workers. Even the Welsh verb 'ymddiddan' ("to converse") originally meant "to entertain each other."

How did this tradition begin? And does it still survive today?

Comedian and writer Carys Eleri is putting on a medieval open mic, with iconic Welsh poets brought back to life by comedians Priya Hall, Leila Navabi and Jake Sawyers.

Carys is joined by Eurig Salisbury, a poet and lecturer who has grown up with Wales's oral tradition; historian Sara Huws, whose nain was a storyteller; and National Poet of Wales Hanan Issa, who is keeping spoken word alive in Cardiff communities today.

Produced by Alice McKee

FRI 23:30 Today in Parliament (m001npgvy)

News, views and features on today's stories in Parliament