

SATURDAY 01 APRIL 2023**SAT 00:00 Midnight News (m001kh7g)**

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 Humanly Possible by Sarah Bakewell (m001kh7p)

Episode 5 - Humanism is confronted by the rise of Fascism

The award-winning writer Sarah Bakewell turns to humanism's response to the rise of Fascism in the 20th century in all its horror. Yet, uplifting words from Bertrand Russell conclude our series and remind us that hope is one of humanism's central pillars. Emma Fielding reads.

Humanly Possible is the latest book from Sarah Bakewell, the award-winning author of 'How to Live' and 'At the Existentialist Cafe'. Here Bakewell delves into the lives of the thinkers who throughout history have set about understanding what it means to be human, and so created the school of thought that we know today as humanism.

In our series we encounter Petrarch and Boccaccio who look back to the ancients for models of good living based on friendship, wisdom and the power of words. Then we encounter Erasmus and find out about his views on education and civility. We'll also come across Wilhelm von Humboldt who re-designed Prussia's education system in the nineteenth century and ensured that it was founded on principles of mutual kindness and liberty. Moving on to the mid-nineteenth century we meet Darwin who with his ground breaking theories on evolution, and the writings of T.H. Huxley gave rise to scientific humanism. In the final episode, the twentieth century's humanists are compelled to confront the horrors of the WWII and it's far reaching consequences.

The abridger is Richard Hamilton
The producer is Elizabeth Allard

SAT 00:48 Shipping Forecast (m001kh7y)

The latest shipping forecast

SAT 01:00 Selection of BBC World Service Programmes (m001kh86)

World Service

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m001kh8h)

The latest shipping forecast

SAT 05:30 News Briefing (m001kh8p)

National and international news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001knw5)

Good morning. It's that day again. Time to watch our backs and double check each newspaper story just in case we fall for an April Fool. It can be fun of course; my parents still talk about the BBC's famous spaghetti harvest spoof in 1957 which left millions scratching their heads. But no one wants to be seen as gullible or to be the fool that falls for a trick on any day of the year.

Public debate these days seems increasingly intent on making people look foolish. Social media is awash with clips of journalists landing that "gotcha question" and verbose commentators apparently confounding any poor soul who disagrees with them. They may attract followers, but I'm not sure how often they move debates forward.

The Bible says the foolish things of the world will shame the wise. And on one occasion Jesus says that unless someone becomes like a little child, they shall not enter the kingdom of God. What is it about children that Jesus wants us to imitate? In some ways it seems a strange example to use – children are surely gullible and naïve aren't they? Well, I'm not sure. I've been peppered by more questions by my own children than I ever thought possible. Not naïve may be but inquisitive and, crucially, humble because they know they don't know all the answers.

There is great value to be had in rigorous debate, but I fear wisdom is not found in simply winning. Rather in the ability to listen and value views other than our own.

Dear Lord, forgive us for when we trust too much in our abilities or lift ourselves up by putting others down. Give us the curiosity and humility of children as we seek to work together.
AMEN

SAT 05:45 Lent Talks (m001kh4t)

The People's Prayer - Deliver Us from Evil

Nadiya Gerbish is a Ukrainian bestselling author, podcaster and human rights advocate. She knows closer than most of us the evils both of war and of totalitarianism, but she has also seen goodness and light amongst the wreckage. The hope is fragile.

And so we turn to the closing words of the Lord's Prayer, "Deliver us from evil", a petition resounding through the centuries and a cry that Christ on the Cross could have called out... but rather he faced the pain and the suffering inflicted upon him so that good could come from the wounds.

In this series six people reflect on Jesus' ministry, teaching and Passion from a deeply personal perspective focussing on words from The Lord's Prayer. These are words shared across Christian denominations but they go further; they are part of our culture and tradition. They express universal themes that speak to the hopes and dreams of humanity, a cry to fulfil both our spiritual and physical needs.

It could really be thought of as The People's Prayer.

Producer: Philip Billson

SAT 06:00 News and Papers (m001kqpv)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Rambblings (m001kh6g)

Great Alne, Warwickshire

Retirement villages, recently made very famous by the Thursday Murder Club series of books, are becoming a popular choice for older people who want to, and can afford to, live within a supportive community environment but still retain their independence. For this episode of Rambblings, Clare is walking with Stephen Walsh and his partner, Pat, who live at Great Alne Park retirement village not far from Stratford-upon-Avon in Warwickshire. Along with the village's visiting fitness instructor, Tania Skeritt, they lead Clare around a four mile route directly from the centre of the village into the local countryside.

Presenter: Clare Balding
Producer: Karen Gregor

SAT 06:30 Farming Today (m001kqpx)

A new Trans Pacific Trade Agreement: what will it mean for farmers and food producers in the UK?
How the farming industry is tackling the problem of waste.
For the second time in a matter of weeks it's been revealed that the National Food Crime Unit is investigating claims of food fraud, this time a rogue meat supplier that falsely labelled huge quantities of foreign pork as British.
And a furious skylark in Norfolk.

Presented by Caz Graham and produced by Beatrice Fenton.

SAT 06:57 Weather (m001kq9b)

The latest weather reports and forecast.

SAT 07:00 Today (m001kqz)

A range of household bills including council tax go up from today.

Join Today's Martha Kearney and Amol Rajan as they speak to Martin Lewis, founder of MoneySavingExpert and Dame Clare Moriarty, Chief Executive of Citizens Advice.

Water companies in England could face unlimited fines for dumping sewage into rivers or the sea.

And we hear from the actor Christopher Eccleston following the closure of the Oldham Coliseum due to a loss of funding from Arts Council England.

This episode of Today was edited by Tom Smithard and Jade Bogart-Preleur. The studio director was Nathan Chamberlain.

SAT 09:00 Saturday Live (m001kpr1)

Alice Roberts, Chris Howard, The Ayoub Sisters, Elizabeth Day

Broadcaster and biological anthropologist Alice Roberts reveals the secret behind the UK's fascination with castles.

Chris Howard, one of the creators of David Attenborough's Wild Isles, discusses the trials and tribulations of filming the elusive beaver.

Scottish-Egyptian musicians The Ayoub Sisters perform their revival of an old Arabic folk song; live in the studio.

Author and Broadcaster Elizabeth Day shares her Inheritance

Tracks.

Presenters: Nikki Bedi and Peter Curran
Producer: Ben Mitchell

SAT 10:00 Your Place or Mine with Shaun Keaveny (m001kr0j)

Rob Delaney; Eastern Massachusetts, USA

Rob Delaney opens with a spirited attempt to get Shaun to visit his birthplace in Eastern Massachusetts, USA, selling it on the basis that as New England is quite like England anyway, it'll be no bother for Shaun...

Your Place Or Mine is the travel podcast that isn't going anywhere. Join Shaun as his guests try to convince him that it's worth getting up off the sofa and seeing the world, giving us a personal guide to their favourite place on the planet. With resident geographer, historian and comedian Iszi Lawrence on hand to share facts, each week a familiar face will try to persuade Shaun that jetting off to their favourite destination is worth the hassle.

Your Place or Mine is a BBC Audio production for BBC Radio 4 and BBC Sounds.

Producers: Becca Bryers & Hannah Hufford

SAT 10:30 The Week in Westminster (m001kpr3)

Radio 4's weekly assessment of developments at Westminster

SAT 11:00 From Our Own Correspondent (m001kpr5)

Israel Divided on Judicial Reform

Kate Adie presents stories from Israel, the US, Nigeria, Ukraine and Austria.

Prime Minister Benjamin Netanyahu announced a pause on his planned overhaul of Israel's justice system this week, following mass street protests. Mr Netanyahu says the changes will stop courts from over-reaching their powers, but critics say the reforms will end the independence of courts and threaten democracy. Tom Bateman reports from Tel Aviv.

In Florida, several laws have come into force that restrict what can be taught in classrooms. Led by Governor Ron DeSantis, state Republicans say the laws are necessary to shield children from liberal indoctrination around issues of race and sexual orientation. Chelsea Bailey visited one high school, where teachers say they are being scared into silence.

In northwest Nigeria, gangs of bandits have been raiding villages and kidnapping men, women and children for ransom. Villagers have become reliant on local vigilantes to help protect them, but they are ill-equipped to take them on. Alex Last was in Katsina.

On a recent visit to Ukraine, James Landale met a bartender who decided to start a new business during the middle of a war. Originally from Kharkiv, he teamed up with other bartenders to open a new bar, which shares its profits with the families of troops on the frontline.

Bethany Bell reflects on the elevated status afforded to regulars of bars and restaurants in Austria. Being recognised as 'stammgast' comes with extra privileges - but it can take years to be invited into this select circle.

Series Producer: Serena Tarling
Researcher: Bethan Ashmead
Editor: Richard Fenton-Smith
Production Coordinator: Sabine Schreck

SAT 11:30 Money Box (m001kpn7)

Your Household Bills: Lincoln Live

In this special extended programme broadcast live from Lincoln, the Money Box team covers all you need to know as the financial year comes to an end and a new one begins. For many household bills are going up, from broadband costs and water bills to council tax - but what can you do if you're struggling? The team are joined by organisations who're supporting people every day, to find out what help is out there.

We're in Skegness to find out how local people and businesses are coping with energy costs.

We'll discuss what tax changes are coming in from April, and what allowances you're entitled to. Plus we'll mark 50 years since the introduction of VAT - Value Added Tax.

Don't miss music from the City of Lincoln Band and a special introduction from the Official Town Crier of Lincoln City too.

Presenter: Felicity Hannah

Reporter: Dan Whitworth
 Researcher: Sandra Hardial
 Editor: Jess Quayle

(First broadcast 1130am on Saturday 1st April, 2023)

SAT 12:30 The Now Show (m001kh5b)
 Series 62

Episode 3

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches. They're joined by Daliso Chabonda who is exploring the small boats crisis, Olga Koch is giving us "a girl's guide to dating a tech bro in 2023" & Beadyman sings about the upcoming robot apocalypse.

The show is written by the cast with additional material from Jade Gebbie, Catherine Brinkworth, Carl Carzana & Kate Dehner.

Voice actors: George Fouracres & Katie Norris

Sound: Marc Willcox & Gary Newman
 Executive Producer: Pete Strauss
 Producer: Sasha Bobak
 Production Coordinator: Sarah Nicholls

A BBC Studios Production for Radio 4

SAT 12:57 Weather (m001kpr7)
 The latest weather forecast

SAT 13:00 News and Weather (m001kpr9)
 The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001kh63)
 Trudy Harrison MP, Jo Lappin MBE, Lisa Nandy MP, Tommy Sheppard MP

Alex Forsyth presents political debate from Victory Hall in Broughton-in-Furness, Cumbria with Minister for Natural Environment and Land Use Trudy Harrison MP, CEO of Cumbria Local Enterprise Partnership Jo Lappin MBE, Shadow Levelling Up Secretary Lisa Nandy MP and SNP MP and Constitutional Affairs Spokesperson Tommy Sheppard.
 Producer: Ed Prendeville
 Lead broadcast engineer: Michael Smith

SAT 14:00 Any Answers? (m001kprc)
 Topical discussion posing questions to a panel of political and media personalities

SAT 14:45 Funny Bones (b06j0xfj)
 Cinema Trip

A new series of original stories in which Irish writers showcase their funny bones.

In this fantastically funny series, Yasmine Akram tells a tale of young woe and magical intervention. Tara Flynn takes us into the world of competitive baking and zombie hordes in 'Fete Worse than Death'. Finally, a trip to the cinema takes a surprising turn in a new story by comedian Maeve Higgins.

Writer, Maeve Higgins
 Reader, Eileen Walsh
 Producer, Michael Shannon

SAT 15:00 Drama (m001kprf)
 Plane Speaking

By Robert Hudson

Inventive drama which explores the circumstances that led to the crashes of two Boeing 737 Max airplanes in a five month period, and the subsequent worldwide grounding of the entire fleet of the aircraft.

We are in Seattle in 2018, where a new passenger airplane is being assembled. It is a new 737 Max, Boeing's flagship aircraft designed to compete with its rival Airbus.

The aircraft's components are eagerly anticipating their maiden flight when they hear that another new 737 Max has crashed shortly after take off in Indonesia. The plane's Black Box flight recorder suspects that there is more to the story than pilot error, and embarks on a self-appointed mission to investigate what could have caused the crash.

Black Box Fenella Woolgar

Chip Clare Foster
 Engine Ed Gaughan
 AOA Kymberley Cochrane
 Autopilot Georgie Glen
 Wing Ewan Bailey
 Firaz Samuel James
 Ed Gerard McDermott
 News Anchor Leah Marks

Sound design: Keith Graham and Peter Ringrose
 Production co-ordinator: Hannah O'Reilly
 Director: Sasha Yevtushenko

SAT 16:00 Woman's Hour (m001kprh)
 Weekend Woman's Hour: Leah Williamson, Performance poet Salena Godden, Sex education in schools

The Conservative MP Miriam Cates said in the House of Commons that children were being exposed to "graphic" and "age inappropriate" material during their sex education classes. The Prime Minister Rishi Sunak has decided to bring forward a review of the Department for Education's Relationships and Sex Education guidance in England. Two parents, Fiona, a listener and parent of four and Clare Page who was concerned about what her daughter was being taught discuss.

Sian Richardson from Pembrokeshire in Wales is Number 12 on our Woman's Hour Power List 2023. Sian started The Blue-tit Chill Swimmers nearly 10 years ago, a cold water swimming community which now boasts an incredible 100,000 members world-wide. She explains why she's encouraging people to get in the water and enjoy the outdoors.

Leah Williamson, who took the Lionesses to victory at the Euros in 2022, tops the Woman's Hour Power List 2023. She explains what role her mum plays in her success and talks about male allies in women's football.

Money and Love: An Intelligent Roadmap for Life's Big Decisions, is written by Stanford professor emeritus Myra Strober, who is an early feminist economist and Abby Davisson, one of Myra's former pupils who is now a social innovation expert. They give detailed advice about navigating the crossroads of finances within a relationship at different life stages.

Pessimism is for Lightweights is a new collection of poems by the celebrated performance poet Salena Godden. Salena discusses the collection, how poetry can confront misogyny and injustice, and why she personified death as a woman in her debut novel Mrs Death Misses Death.

Presenter: Anita Rani
 Producer: Paula McFarlane
 Editor: Lucinda Montefiore

SAT 17:00 PM (m001kprk)
 Full coverage of the day's news

SAT 17:30 Sliced Bread Presents (m001kh5d)
 Sliced Bread - Sourdough

Is sourdough the best thing since Sliced Bread?

It's the last episode in the current series so I thought it was about time I investigated this!

Listener Janet got in touch wanting to know whether sourdough really does live up to the hype. Is it better for our digestive health than other breads? Is it made with fewer additives? And do the cheaper sourdough loaves we can buy in the supermarket really cut it - or are they just 'sourfaux'?

To find out, I went to a baking school to make a sourdough loaf from scratch, learning about the process and ingredients that go to make the sort of sourdough you'd find at an artisan or traditional bakers - and might cost over five pounds.

And I speak to one of the world's leading nutritional experts on bread to find out which types we should eat for our health.

This series, we're testing and investigating your suggested wonder-products. If you've seen an ad, trend or fad, and wonder if there's any evidence to back up a claim, drop us an email to sliced.bread@bbc.co.uk or you can send us a voice note to our WhatsApp number: 07543 306807.

PRESENTER: Greg Foot
 PRODUCER: Simon Hoban

SAT 17:54 Shipping Forecast (m001kprn)
 The latest shipping forecast

SAT 17:57 Weather (m001kprp)

The latest weather forecast

SAT 18:00 Six O'Clock News (m001kprp)
 The latest national and international news from BBC Radio 4

SAT 18:15 Loose Ends (m001kprnc)
 Kathy Kiera Clarke, Nadine Shah, Gabby Best, Barnaby Jameson, Grace Savage, Billie Marten, Bidisha Mamata, Clive Anderson

Clive Anderson and Bidisha Mamata are joined by Kathy Kiera Clarke, Nadine Shah, Gabby Best, Barnaby Jameson and Grace Savage for an eclectic mix of conversation, music and comedy. With music from Billie Marten and Grace Savage.

SAT 19:00 Profile (m001kprv)
 Humza Yousaf

Newly-elected leader of the SNP, Humza Yousaf, has become First Minister of Scotland at the age of just 37.

The Glaswegian showed community spirit from a young age, fundraising for charity and broadcasting for community station Radio Ramadan, before a political awakening that led to a speedy rise up the ranks of his party and into office.

Humza Yousaf has taken on some difficult government briefs, as well as some flak, but now he faces the challenge of a political lifetime: healing divisions in the SNP, improving public services and trying to deliver the party's dream of independence.

Mark Coles talks to friends, family and colleagues to try to find out more about the first ethnic-minority leader of a devolved government.

PRODUCTION TEAM

Presenter: Mark Coles
 Production Team: Nathan Gower, Julie Ball, Diane Richardson
 Editor: Simon Watts
 Sound: James Beard
 Production Co-ordinators: Maria Ogundele and Sabine Schereck

SAT 19:15 This Cultural Life (m001kppn)
 Margaret Atwood

Margaret Atwood talks to John Wilson about the formative influences and experiences that shaped her writing. One of the world's bestselling and critically acclaimed authors, Atwood has published over 60 books including novels, short stories, children's fiction, non-fiction and poetry. She's known for stories of human struggle against oppression and brutality, most famously her 1985 novel The Handmaid's Tale, a dystopian vision of America in which women are enslaved. She has twice won the Booker Prize For Fiction, in 2000 for The Blind Assassin and again in 2019 for her sequel to The Handmaid's Tale, The Testaments.

Growing up in remote Canadian woodland with her scientist parents, she traces her career as a story-teller back to sagas that she invented with her older brother as a child, and her first 'novel' written when she was seven. She recalls an opera about fabrics that she wrote and performed at high school for a home economics project, and how she staged puppet shows for children's parties. Margaret Atwood also discusses the huge impact that reading George Orwell had on her, and how his novel Nineteen Eighty-Four especially influenced The Handmaid's Tale. She reveals how that novel - written whilst she was living in Berlin in 1985 - was initially conceived after the 1980 election of President Ronald Reagan and the resurgence of evangelical right-wing politics in America.

Producer: Edwina Pitman

SAT 20:00 What Kind of Scotland? (m001kprx)
 Allan Little takes us on a journey into Scotland's recent history. Fifty years ago a radical theatrical event captured the nation's state of political and social flux, and helped fuel a growing debate about devolution and independence. As Scotland once more considers its future place in the UK and Europe, what part did 7:84 theatre company's The Cheviot, the Stag and the Black, Black Oil play in shaping attitudes in the decades since?

John McGrath's play was first performed in April 1973 at a conference in Edinburgh called 'What Kind of Scotland?' The audience of academics, activists and writers had gathered to debate Scotland's economic and political future at a time when nationalism was on the rise and concern was growing about the fair distribution of North Sea oil revenues.

The play charted the exploitation of Scotland's natural resources, starting with the Highland Clearances of the 18th and

19th centuries, when crofters were forcibly evicted from their homes to make way for more profitable Cheviot sheep. The Stag refers to the later commercialisation of deerstalking and grouse shooting for the benefit of landowners on large Highland estates. As for the oil – North Sea reserves had only recently been discovered when the play was written 50 years ago. **7:84** believed the windfall profits from oil and gas would fall into the hands of American corporations.

The show went on the road, playing at schools and community halls across the Highlands, sometimes to as few as a dozen people. Many audience members had never been to see a play before. They were farmers and fisherfolk, and often the direct descendants of families who had suffered in the Clearances. In the north-east, the show resonated with communities whose lives were rapidly changing because of the burgeoning North Sea oil boom. While many were excited by the prosperity and opportunity oil would bring, others feared that Scotland's resources would once more be plundered, this time by American multinationals and the Westminster exchequer.

Through archive sources and fresh new interviews with cast members, historians, campaigners and writers, Allan explores the ways in which The Cheviot, the Stag and the Black Black Oil influenced not just the politics of the time but cultural perceptions of Scotland and Scottishness.

Photo: Jonathan Sumberg

Producer: Hugh Costello

A Whistledown Scotland production for BBC Radio 4

SAT 21:00 GF Newman's The Corrupted (b0b7hbtt)
Series 4

Episode 3

It's the 1980s and Brian Oldman is back in jail for a crime he didn't commit. He suspects, but cannot prove, that Joseph Oldman, now Joseph Olinska MP, was the perpetrator.

GF Newman's The Corrupted weaves fiction with real characters from history, following the fortunes of the Oldman family - from small-time business and opportunistic petty crime, through gang rivalries, to their entanglement in the highest echelons of society. It's a tale revealing the nexus of crime, business and politics woven through the fabric of 20th century greed as even those with hitherto good intentions are sucked into a web of corruption.

Joey Oldman, an uneducated Jewish child immigrant from Russia, has a natural instinct for business and a love of money - coupled with a knack for acquiring it. His wife Cath is as ruthless in both the pursuit of money and the protection of her son, Brian. Joey built his empire with the help of a corrupt bank manager in the 1950s, starting with small greengrocer shops before moving into tertiary banking and property development, dealing with many corrupt policemen on the way - and befriendng both Lord Goodman and Margaret Thatcher.

The characters are based on GF Newman's novels.

Produced and directed by Clive Brill
A Brill production for BBC Radio 4.

SAT 21:45 The Skewer (m001kh60)
Series 8

Episode 8

Jon Holmes's award-winning satire twists itself into current affairs. This week - Laughing Gas Policeman, Death Wish Starmer, and Inflation Goes Up To 11.

Producer: Jon Holmes

An unusual production for BBC Radio 4

SAT 22:00 News (m001kprz)
The latest national and international news from BBC Radio 4

SAT 22:15 Moral Maze (m001kh4j)
AI - the end of humanity or the next evolutionary step?

AI – the end of humanity or the next evolutionary step?

Computers are becoming more powerful. Much more powerful. Last week, Gordon Moore, the co-founder of Intel Corporation died. A computer industry billionaire, he came up with 'Moore's Law' which observed that the power of computers doubles every couple of years. Today a microchip can contain 50 billion transistors, each narrower than a strand of human DNA.

The war of the robots has begun. Microsoft's 'ChatGPT' and its

rival, Google's 'Bard' allow you to have a conversation with a computer, much as you would with another person. But it's not just talk. As well as writing essays, presentations, legal documents and sermons, artificial intelligence can also produce art. We've accepted that machines can beat us at chess, but might they soon also beat us at poetry, painting and music? Could they make Shakespeare look second rate? Or will art without human input always be worthless?

Some people are impressed by the quality of what AI can create, but others are scared. It's one thing for computers to process our knowledge, but quite another when a machine starts to teach itself. If it behaves just like a real person, will we trust it more than we should? Can machines display morality and if not, is it safe to allow them to make decisions for us? We worry that AI might take over our jobs, but should we really be worrying that it might replace humanity altogether?

Some see AI as the next evolutionary step, the latest development by mankind, with potential to transform lives for the better. But what are the risks in asking technology, however impressive, to solve human problems? Should we be excited by AI, or could artificial intelligence mark the start of the end of humanity?

Producer: Jonathan Hallewell
Presenter: Michael Buerk
Editor: Tim Pemberton

SAT 23:00 Counterpoint (m001kgqv)
Series 36

Semi-final 3, 2023

(12/13)

The third and last of the 2023 Counterpoint semi-finals comes from MediaCityUK in Salford and features the remaining three heat winners from this year's tournament. With a place in next week's Final at stake, the competition is bound to be tough. Paul Gambaccini's questions range across all genres and eras of music, from the Pet Shop Boys to the operas of Philip Glass, from Wagner and Tchaikovsky to Motown and Philadelphia soul.

Appearing today are:
Charles Dusting from Worcester,
Diane Hallagan from Leeds,
Sally Wilson from Sale in Greater Manchester.

As well as general musical knowledge they'll also each be tested on a special musical topic they'll have to pick from a list, with no warning of the categories on offer today.

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

SAT 23:30 The Poet Laureate Has Gone to His Shed (m001kgq6)

Julie Hesmondhalgh

Julie Hesmondhalgh was born in Accrington in Lancashire and currently lives within a short drive of Simon Armitage's shed over the hills. She has won many awards for her acting performances and is well-known for having played Hayley Cropper in Coronation Street for years - until something Simon did made her rethink what she was doing and take the bold step to leave. Regular TV roles in series such as Cucumber, Happy Valley and Broadchurch followed along with being able to take on work in theatres such as The Royal Exchange in Manchester. Their lively conversation passes from the business of writing, through a discussion of accents, to treading the boards, and starting a theatre company.

Produced by Susan Roberts

SUNDAY 02 APRIL 2023

SUN 00:00 Midnight News (m001kps1)
The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Understand: The Economy (m001hwx3)
Series 1

The Economy 12. Credit

Collectively, our individual financial decisions have a big impact on what the wider economy does. That includes how we manage our own money, including what we buy and how we buy it. One way we make large purchases, smooth out big bills and sometimes just spend some cash we can't afford - is credit. In this episode Dr Victoria Bateman looks back to the Tallyman in the 19th century, a very early way of shopping with credit. We'll explore what exactly credit is and how we use it.

Everything you need to know about the economy and what it means for you. This podcast will cut through the jargon to bring you clarity and ensure you finally understand all those complicated terms and phrases you hear on the news such as Inflation, GDP, National Debt, energy markets and more. We'll ensure you understand what's going on today, why your shopping is getting more expensive or why your pay doesn't cover your bills.

Guest: Prof John Gathergood, Professor of Economics at the University of Nottingham
Producer: Louise Clarke-Rowbotham
Researcher: Beth Ashmead-Latham
Technical Producer: Nicky Edwards
Editor: Clare Fordham
Theme music: Don't Fret, Beats Fresh Music

A BBC Long Form Audio Production for BBC Radio 4.

This programme has been edited to change a section of music.

SUN 00:30 I, The Flock (b08j9s0c)

Specially commissioned short stories by some of Ireland's most exciting writers.

A father tries to move on after the death of his son, an online activist. As read by Stuart Graham (The Fall).

Mike McCormack is an acclaimed Irish writer and past winner of the Rooney Prize for Irish Literature. His most recent novel 'Solar Bones' was awarded the 2016 Goldsmiths Prize and the Irish Book Award's Novel of the Year.

Reader, Stuart Graham
Writer, Mike McCormack
Producer, Michael Shannon

SUN 00:48 Shipping Forecast (m001kps5)
The latest shipping forecast

SUN 01:00 Selection of BBC World Service Programmes (m001kps7)
World Service

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m001kps9)
The latest shipping forecast

SUN 05:30 News Briefing (m001kpsc)
National and international news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001kpnh)
St Mary's Church in Hale, Cheshire

Bells on Sunday comes from St Mary's Church in Hale, Cheshire. The tower houses a ring of eight bells, unique in that the heaviest six bells are made of steel instead of the usual high tin content bronze alloy resulting in a sharp hum. These steel bells were cast by Naylor Vickers and Company of Sheffield in the late 19th century, and are augmented by two bronze treble bells cast by Royal Eijsbouts of Holland in 1987. The tenor weighs eight hundredweight and is tuned to the note of A. We hear members of the Liverpool Universities Society of Change Ringers ringing Ashted Surprise Major.

SUN 05:45 Profile (m001kprv)
[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m001kpln)
The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b00r148k)
The Beauty of Birds

As we enter Holy Week, Mark Tully explores birds as symbols of spiritual hope in this episode of Something Understood from 2010. Soaring above the earth, for many poets and composers they have come to represent the soul, freed from the constraints of our earthly form.

Mark travels to Suffolk to Lakenheath Nature Reserve, and with hobbies soaring in the background, meets nature writer Richard Mabey, widely respected as one of the leading experts on British birds. He's also the author of "Nature Cure", a book about his recovery from a deep depression, and he talks movingly about his mixed emotions at this time of year, as Spring arrives.

With poetry by Thomas Hardy, George Herbert and Isaac

Rosenberg, and music from Handel to Miles Davis - all celebrating the unexpected joy birds can bring.

Producer: Elizabeth Burke
A Loftus Media production for BBC Radio 4

SUN 06:35 Natural Histories (m0009t1w)
Chicken

How did we get from the gorgeous red junglefowl scratching away in the jungles of south-east Asia to the chicken now eaten in its millions? Brett Westwood and Joanna Pinnock trace the trail. The story's told by Greger Larson, Director of the Palaeogenomics & Bio-Archaeology Research Network; Annie Potts, Director, New Zealand Centre for Human-Animal Studies; Dr Joanne Edgar, University of Bristol School of Veterinary Sciences and by a visit to meet real red junglefowl, the original chicken, at the Pheasantry at Sudeley Castle in Gloucestershire.

Producer Beth O'Dea

SUN 06:57 Weather (m001kq9d)
The latest weather reports and forecast.

SUN 07:00 News and Papers (m001kpls)
The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001kplv)
Ramadan Recipes; Christian Nudists; Paul O'Grady and The Salvation Army

Following the sudden death of the broadcaster and comedian Paul O'Grady, Emily speaks to his mentor at the Salvation Army, Captain Jo Moir. The two remained close friends after taking part in the BBC documentary series called Paul O'Grady: The Sally Army and Me. We hear about Paul's spiritual journey, how he challenged the Salvation Army on inclusion and how he asked his mentor to "have a word with him upstairs" on his behalf.

As the UK government tries to move migrants out of hotel accommodation, they're looking to use more military bases for housing. But a new report by the Jesuit Refugee Service raises serious concerns about these plans. The former military base, Napier Barracks in Kent, is used as contingency or temporary accommodation for asylum seekers. The Jesuit Refugee Service has published a report calling for Napier Barracks to be permanently closed. The Home Office says it does not recognise the findings.

Reporter Josie Le Vay has been to Florida's Pasco County, known as America's nudist capital, to hear about theological developments around attitudes to the naked body and sin. You can hear her Heart and Soul documentary for BBC World Service on BBC Sounds:
<https://www.bbc.co.uk/sounds/play/w3ct4pj6>

Scottish Muslims tell us what it means to have Humza Yousaf elected at SNP leader and also the country's First Minister. He has made history as the first ethnic minority leader of a devolved government and the first Muslim to lead a major UK party.

For Muslims the holy month of Ramadan continues, with fasting from sunrise to sunset. The Leicester-based food blogger, Anisa Karolia, has written a Ramadan Cookbook for the times when eating is allowed and she demonstrates some of her mouth-watering dishes.

There was relief and emotion as Pope Francis emerged from hospital, after recovering from a respiratory condition. He will be present at Easter services, starting this Palm Sunday. The BBC's Jenny Hill reports live from St Peter's Square in Vatican City.

PRESENTER: Emily Buchanan
PRODUCERS: Katy Booth and Amanda Hancox
REPORTER: Josie Le Vay
STUDIO MANAGERS: Philip Halliwell, John Cole and Tom Parnell
PRODUCTION CO-ORDINATOR: David Baguley
EDITOR: Helen Grady

SUN 07:54 Radio 4 Appeal (m001kplx)
AfriKids

Space scientist Dr Maggie Aderin-Pocock makes the Radio 4 Appeal on behalf of AfriKids.

To Give:
- UK Freephone 0800 404 8144
- You can donate online at bbc.co.uk/appeal/radio4
- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope). Mark the back of the envelope 'AfriKids'.
- Cheques should be made payable to 'AfriKids'.
Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1141028

SUN 07:57 Weather (m001kplz)
The latest weather forecast

SUN 08:00 News and Papers (m001kq9g)
The latest news headlines. Including a look at the Sunday papers.

SUN 08:10 Sunday Worship (m001kpm1)
The Kingdom, the Power and the Glory.

From a church that grew out of a community grocery initiative, a bridge between foodbanks and supermarkets for families and members in Wythenshawe, South Manchester. As Jesus rode into Jerusalem on Palm Sunday the adoration of the crowds soon turned to condemnation which led to his death. It's in that death and the power and glory of the Resurrection which followed that members of this, and countless other churches, place their trust. Preacher: Andy Hawthorne; Leader: Danielle Campsall, with musicians from the Message Trust. Producer: Philip Billson.

SUN 08:48 A Point of View (m001kh6c)
Insecurity

Megan Nolan says millennial adulthood feels just as uneasy as her teenage years.

Short term job contracts and expensive housing has left her generation with a permanent sense of insecurity.

As a teenager, Megan struggled to find her identity and place in the world, and felt 'wrong and different in the most profound and private of ways'.

She was told these feelings would pass. Now as an adult, however, the anxiety about her place in society has returned.

'Not knowing where your body will be from one year to the next, once you're out of your younger, wilder years, conjures a feeling not dissimilar to the nameless dread of adolescence,' she writes. This leaves Megan and her peers 'in a state of constant insecurity, certainly now, but in a deeper sense, always.'

Producer: Arlene Gregorius
Sound: Peter Boshier
Production coordinator: Brenda Brown
Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (b01s8qh4)
Wood Warbler

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. David Attenborough presents the wood warbler. Their song has been described as "a spinning coin on a marble slab" and you're most likely to hear this chorister in oak or beech wood.

SUN 09:00 Broadcasting House (m001kpm3)
The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m001kpm5)
Writer, Tim Stimpson
Director, Gwenda Hughes
Editor, Jeremy Howe

David Archer Timothy Bentinck
Helen Archer Louiza Patikas
Natasha Archer Mali Harries
Tom Archer William Troughton
Brian Aldridge Charles Collingwood
Lilian Bellamy Sunny Ormonde
Lee Bryce Ryan Early
Neil Carter Brian Hewlett
Alice Carter Hollie Chapman
Justin Elliot Simon Williams
Ed Grundy Barry Farrimond
George Grundy Angus Stobie
Will Grundy Philip Molloy
Jim Lloyd John Rowe
Elizabeth Pargetter Alison Dowling
Oliver Sterling Michael Cochrane

SUN 11:15 The Reunion (m001kpm7)
British Runners of the 1980s

The late 1970s and 1980s epitomised the acme of British running. A handful of UK athletes were on a winning streak, smashing world records and garnering medals from all the top competitions. Kirsty Wark hears from Steve Cram, Brendan Foster, David Moorcroft, Sebastian Coe and head coach Frank Dick.

Gruelling training, psychological one-upmanship and sheer determination created a climate of fierce competition which only served to make each man run faster. Olympic medallist Brendan Foster led the field in the 1970s providing inspiration and gold-plated advice for his young protégé Steve Cram.

The intense rivalry between Sebastian Coe and Steve Ovett captured the public imagination – especially at the controversial 1981 Moscow Olympics which created not one but two great upsets. David Moorcroft watched the two races and the following year went on to become the fastest man in history when he ran the 5,000 metre race that would change his life.

Frank Dick was the British Athletics Federation's Director of Coaching at the time and helped his athletes cope with stunning wins and traumatic failures. Our guests debate what made that time so successful, share their own highs and lows and give their advice to today's athletes.

Producer: Karen Pirie
Series Producer: David Prest
A Whistledown production for BBC Radio 4

SUN 12:00 News Summary (m001kpps)
The latest national and international news from BBC Radio 4.

SUN 12:04 The Museum of Curiosity (m001kgrl)
Series 17

Episode 6

In this series finale of The Museum of Curiosity, John Lloyd and Anna Ptaszynski are joined by comedian Sikisa Bostwick-Barnes, insect champion Bridget Nicholls and explorer Levison Wood who come armed with a wonder of the ancient world, a wonder of the natural world, and a wonderful artefact of 90s nostalgia.

The Museum's exhibits were catalogued by Mike Turner, Mandy Fenton and Lydia Mizon of QI.

Producer: Sam Holmes & Leying Lee
Production Co-ordinator: Sarah Nicholls
Sound: David Thomas

A BBC Studios production.

SUN 12:32 The Food Programme (m001kpmc)
A Pudding Celebration

Are we still a nation of pudding lovers and does pudding still matter?

Join Sheila Dillon in her kitchen where she's joined by some of the UK's best pudding makers to share some of the secrets of great pudding, and why they matter to them.

Olia Hercules makes a pudding from her childhood in Ukraine, a cheesecake made from the "cheese of all cheeses"; Regula Ysewijn bakes an early version of a Bakewell Pudding using apricot kernels and sweetmeats; Melissa Thompson brings Jamaican nostalgia into her own pudding invention, Guinness Punch Pie; Jeremy Lee cooks his Granny's Steamed Treacle Dumpling and chef Anna Higham who's book "The Last Bite" is a celebration of seasonal fruit puddings, makes a rice pudding with a rhubarb compote.

So what it is about pudding that delights people so much? And why don't we eat them as much as we once did? Sheila speaks to food historian, Ivan Day, who has spent a lifetime researching and recreating puddings from the past, to see what he makes of our relationship with them now.

Presented by Sheila Dillon
Produced in Bristol by Natalie Donovan

SUN 12:57 Weather (m001kpmf)
The latest weather forecast

SUN 13:00 The World This Weekend (m001kpmh)
Radio 4's look at the week's big stories from both home and around the world.

SUN 13:30 Behind the Crime (m001kptj)

Sinem

Criminal behaviour costs the country around £60 billion every year, according to Home Office research.

Is it possible to prevent crime by understanding the root causes of offending behaviour?

Sally Tilt and Dr Kerensa Hocken are forensic psychologists who work in prisons.

Their role is to help people in prison to look at the harm they've caused to other people, understand why it happened and work out how to make changes to prevent further harm after they've been released.

In Behind the Crime, they take the time to understand the life of someone whose crimes have led to harm and, in some cases, imprisonment.

In this episode they talk to Sinem who was imprisoned for trafficking drugs into a prison while she was working as a prison officer.

This is the story of a young woman who made a catastrophic decision under the pressures of a terrifying domestic situation, and paid a heavy price. But when we dig back into her earliest experiences, we can start to see some of the reasons why she made that decision.

The job of the forensic psychologists is to dig deep into Sinem's story, to understand the sequence of external influences that got Sinem to the point where she committed a crime.

Today, Sinem is a lecturer in criminology at the University of Westminster, and uses her own experiences to help young people understand the world of crime and justice.

For details of organisations that can provide help and support, visit bbc.co.uk/actionline

Producer: Andrew Wilkie

Editor: Clare Fordham

Behind the Crime is a co-production between BBC Long Form Audio and the Prison Radio Association

SUN 14:00 Gardeners' Question Time (m001kh3b)

Postbag: Attingham Park

Can a single acorn produce more than one tree? What's the difference between perennials and biennials? Do manure, rain water and weeds make good fertilisers?

Kathy Clugston and the GQT panellists are in Attingham Park, Shropshire to answer a bunch of horticultural queries sent in by the audience. On hand with some tips and tricks are garden designers Matthew Wilson and Bunny Guinness, and plants woman Christine Walkden. Also, leading the team on a tour around the historic parkland is Madeleine Calder.

Producer: Bethany Hocken

Assistant Producer: Rahnee Prescod

Executive Producer: Hannah Newton

A 'Something' Else production for BBC Radio 4

SUN 14:45 Opening Lines (m001kpmk)

Kira Georgievna

John Yorke examines Victor Nekrasov's novel Kira Georgievna, a bestseller in 1960s Russia.

Set in Moscow, Kyiv and rural Ukraine, the eponymous Kira Georgievna is a successful middle-aged sculptor, originally from Kyiv, who must choose between three different lovers. She's married to a much older painter while also enjoying a casual affair with a young man who's working for her as a model. But Kira's comfortable life is about to be turned upside down when her first love - Vadim - returns from two decades as a political prisoner in the Siberian gulags.

As John digs deeper into the novel, he discovers that it is a powerful critique of the Soviet regime, and the choices made by the people who played the Soviet system, and those who stood up to it.

Viktor Nekrasov was born into a middle-class Russian family in Kyiv, and the tensions between Russian and Ukraine in Kira Georgievna foreshadow the terrible situation today. He was seriously injured twice fighting for the Soviet army against the Nazis, and his first novel was a vivid description of the misery of the life he had experienced first-hand in the trenches at Stalingrad. His early books were approved of and promoted by the Soviets but Kira Georgievna, published in 1961, marked the turning point when Nekrasov started to break away from the regime.

John Yorke has worked in television and radio for thirty years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatized in BBC Radio 4's Sunday/Saturday Drama series.

From EastEnders to the Archers, Life on Mars to Shameless, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate with audiences around the globe and has brought together his experience in his bestselling book 'Into the Woods'. As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy John has trained a generation of screenwriters - his students have had 17 green-lights in the last two years alone.

Contributors:

Ming Ho, writer and adapter of Kira Georgievna for BBC Radio 4

Dr Uilleam Blacker, Associate Professor of Ukrainian and East European Culture at University College London
Reading by Ming Ho

Kira Georgievna by Victor Nekrasov, Pantheon Books, New York 1962, translated from the Russian by Walter N. Vickery

Produced by Jane Greenwood

Executive Producer: Sara Davies

Sound by Sean Kerwin

Research by Nina Semple

Production Manager: Sarah Wright

A Pier production for BBC Radio 4 and BBC Sounds

SUN 15:00 Love Stories (m001kpm)

Kira

Love, lust and loss in this daring Soviet bestseller by Viktor Nekrasov, dramatised for the first time in the UK by Ming Ho.

1959. Stalin is dead; Soviet society has started to thaw; prisoners are being freed from the labour camps no-one talks about.

Ukrainian sculptor Kira lives a gilded life in Moscow, married to a respected Russian artist. She's just been given a huge commission that involves sculpting a rather attractive young electrician. Life is good.

But then her first husband returns after twenty years in the gulag - the only man she's ever loved...

It's time for Kira and her lovers to face both the past and the future.

Nekrasov's story takes us from the plush world of privileged Moscow to sultry rural Ukraine via post-WWII Kyiv in an examination of the corrosive legacy of repressed history.

Kira...Sharon Small
Vadim...Sandy Grierson
Nikolai...Michael Bertenshaw
Yurochka...Connor Curren
Lusha/Olga...Georgie Glen
Pankratikha/Varia...Helen Belbin
Nadia/Lida/Maria...Blanche Anderson
Lyoshka/NKVD officer...Dickon Farmer
Nekrasov/Sergei...Ewan Bailey

Written by Viktor Nekrasov

Dramatised by Ming Ho

Production Co-ordination by Jenny Mendez

Sound by Ali Craig, Keith Graham, Caleb Knightley, Peter Ringrose

Directed and produced by Abigail le Fleming

A BBC Audio Production

Ming Ho writes for stage, screen, and audio. Her play The Things We Never Said (BBC R4) won WGG Best Radio Drama Award 2018. Other credits include: Riot Girls: Male Order (BBC Radio 4); EastEnders, Casualty (BBC TV), Heartbeat, The Bill (ITV), site-specific live audio drama, Citizens of Nowhere? (Chinese Arts Now/Southbank Centre), British People (The Uncertain Kingdom anthology), Royal Court Theatre Writers' Group, and commissions for Leeds Playhouse and Theatr Clwyd.

SUN 16:00 Bookclub (m001kpmj)

Tan Twan Eng: The Garden of Evening Mists

Tan Twan Eng talks to James Naughtie and a group of readers about The Garden of Evening Mists.

A lyrical novel set largely in 1950s Malay (now Malaysia), it tells the story of Yun Ling, imprisoned by Japanese soldiers

during the Second World War, and Aritomo, a master gardener who once worked for the Emperor of Japan. It's a complex and moving story about forgetting, forgiveness and mercy.

Our next Bookclub recordings:
(email bookclub@bbc.co.uk to join us)

Wednesday 19th April at 1300 at BBC Broadcasting House in London.

Sarah Winman will be answering questions about her novel Tin Man.

Wednesday 24 May at 1300 at BBC Broadcasting House in London

Mary Lawson on Crow Lake

SUN 16:30 Bambi: The True Story (m001kq3p)

Most of us are familiar with the figure of Bambi - the wide-eyed young fawn at the centre of Walt Disney's heart-warming 1942 animation, who finds love and friendship in the forest as he comes to terms with growing up.

However, few people are aware of Bambi's roots - as an unflinching and grisly parable about the violence of nature and the cruelty of man, which has more in common with Animal Farm than with Dumbo. It is a work red in tooth and claw, where animals discuss the experience of "being born to be killed". It is also largely forgotten. Cultural historian Christopher Fraying travels to Vienna to tell the true story of Bambi.

Disney's Bambi was based on the 1928 American translation of Austrian writer Felix Salten's Bambi: The Story of a Life in the Forest, originally published in Vienna in 1922. This translation toned down the darker aspects of Salten's story, to turn Bambi into a children's book about furry animals and their friends. This may have been an astute commercial move, but latest research suggests that Bambi: The Story of a Life in the Forest, in its original form, was an allegory of the persecution of Jews in Europe.

Over 100 years on from the publication of Salten's book, it is time to tell the true story of Bambi.

Interviewees:

Dr Marcel Atze - archivist, Vienna City Library

Dr Brigitte Timmerman - historian, Vienna Walks and Talks

Prof Jack Zipes - translator of Bambi: The Story of a Life in the Forest

Readings:

David Ashton

Tallulah Bond

Douglas Clarke-Wood

Film clips:

Bambi (1942)

dir. David D. Hand, James Algar, Sam Armstrong, Graham

Heid, Bill Roberts, Paul Satterfield & Norman Wright

Walt Disney Productions

Producer: Jane Long

Sound: Jon Calver

A Hidden Flack production for BBC Radio 4

SUN 17:00 Today (m001kpm)

The Today Debate: Policing and us - how can we fix it?

The Today Debate is about taking a subject and pulling it apart with more time than we could ever have during the Today programme in the morning.

Today presenter Mishal Husain will be joined by an expert panel in the BBC's Radio Theatre in Broadcasting House to look at the future of policing in 'The Today Debate: Policing and us - how can we fix it?'

The panel includes Baroness Louise Casey, whose year long review into the Metropolitan Police found the force suffers from "institutional racism, misogyny and homophobia".

Joining her will be Mina Smallman, whose daughters Nicole Smallman and Bibaa Henry were murdered in London in June 2020. Two Met officers were subsequently jailed for sharing images of their bodies in a WhatsApp group.

The Met Police Commissioner Sir Mark Rowley. Steve Hartshorn, National Chair for the Police Federation of England and Wales, one of the largest police staff associations in the UK representing more than 130,000 rank and file officers and Sir Peter Fahy, former Chief Constable of Greater Manchester Police.

SUN 17:40 Profile (m001kprv)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001kpmv)

The latest shipping forecast

SUN 17:57 Weather (m001kpmx)

The latest weather forecast

SUN 18:00 Six O'Clock News (m001kr0l)

Home Secretary criticises authorities who turn "a blind eye"

SUN 18:15 Pick of the Week (m001kpmz)

Chris Hawkins

Broadcaster Chris Hawkins with a personal selection of highlights from the past week on BBC radio. There's the composer who saved Dumbo or at least the music from the film. The bizarre story of a pioneering jazz musician you've probably never heard of. A first student debate and another student who loves life in a van. What might be greatest wind-up call ever, made by one of greatest satirists, ever. And strictly come Mambo...

SUN 19:00 The Archers (m001kpn1)

Helen presses Tom on a list of things he said he would do for their open day tomorrow. He asks if her anger is really about the twins' modelling job but Helen doesn't think there's anything else to say. George is helping out with preparations too, and suggests making a film with Tom talking about organic growing that visitors can watch in his absence. George has big ideas for it. They get some of it done and then start recording in the packing shed. George gets annoyed when Helen interrupts them. Tom sends George off to get more general shots. Helen and Tom talk again about the modelling job. Helen hates that they're taking it; she thinks it's hypocritical. She makes it clear that she won't be telling their parents about it. It's not her place – this is Tom's mess.

Alice is keen to help as Brian cooks a Sunday lunch for Adam, Kate and Alice. Afterwards, they congratulate Brian on a lovely meal. They are surprised to discover Jennifer's will has arrived but Brian is yet to open it. Kate opens it and announces that Jennifer has left Martha £15,000, but nothing to her other grandchildren. Alice quickly leaves. Brian says he didn't know about this bequest or when Jennifer added it to her will. As they tackle the clearing up, Adam and Kate are left stumped. Their mother must have had a good reason but they'll never know what it is. Kate feels it's not like her mum to disregard the rest of her grandchildren. What was she thinking?

SUN 19:15 Angela Barnes: You Can't Take It With You (m0001v7w)

Series 2

Domestic Bliss

Award winning comedian and super-sharp everywoman Angela Barnes tackles life and love and, with the help of the audience, packs herself a fantasy coffin.

In part tribute to Angela's beloved late father - a larger than life gregarious character, he was a sex shop manager, naturalist, and a big fan of caravans and pranks - Angela celebrates his carpe diem approach to life, and his motto "You Can't Take It With You".

When her father died very suddenly in 2008, Angela and her family proved him wrong and stuffed his coffin with sentimental keepsakes for his final journey. Angela now does the very same thing, nominating objects that she would choose to send on with her as mementoes of her life, and asking the audience to share items they would take with them, all acting as prompts for contemplative, heart-warming and captivating comedy.

Angela Barnes is a vivacious, critically acclaimed stand-up comic from Maidstone, Kent. After a career in health and social care, at the age of 33, she decided to pursue a long-held ambition and give comedy a go. Within a couple of years, Angela and her witty worldview had won the 2011 BBC New Comedy Award by a public vote, secured a weekly star slot in Channel 4's Stand Up For The Week and appeared on numerous radio and television shows including Loose Ends, The Now Show, The News Quiz (BBC Radio 4), Russell Howard's Good News (BBC 3), and Mock The Week and Live at the Apollo (BBC 2). She has been the host of BBC Radio 4 Extra's Newsjack for the last two series.

An Impatient production for BBC Radio 4

First broadcast in 2019.

SUN 19:45 The Chronicles of Burke Street (m001kpn3)

More Chronicles of Burke Street

1: Sueling's Story

We return to Burke Street, Port of Spain, in another brilliantly funny short story series by the Costa Award-winning author, Ingrid Persaud.

Set on a seemingly everyday street in Trinidad, 'More Chronicles of Burke Street' follows the lives and loves of its unconventional residents. Burke Street might seem ordinary, but behind its closed doors lurk secrets, superstitions and barely concealed lies.

Today, in 'Sueling's Story', a grieving young woman has the shock of her life...

Writer: Ingrid Persaud is the winner of the 2018 BBC National Short Story Award, and her novel Love After Love won the 2020 Costa First Novel Award.
Reader: Martina Laird
Producer: Justine Willett

SUN 20:00 Feedback (m001kh43)

The programme that holds the BBC to account on behalf of the radio audience

SUN 20:30 Last Word (m001kh3q)

Paul O'Grady, Gordon Moore, Vera Selby, Simon Emmerson

Matthew Bannister on

Paul O'Grady, who made his name as the drag queen Lily Savage, and went on to become a much-loved TV and radio star.

Gordon Moore, the tech entrepreneur who founded the chip maker Intel and came up with Moore's law which says that computer processing power doubles every two years.

Vera Selby who challenged sexist prejudice to become the women's world snooker champion – twice.

And Simon Emmerson who put together two hugely influential bands – the Afro Celt Sound System and the Imagined Village. Eliza Carthy pays tribute.

Producer: Gareth Nelson-Davies

Interviewee: Zoe Kleinman
Interviewee: Harvey Fineberg
Interviewee: Eliza Carthy
Interviewee: Johnny Kalsi
Interviewee: Hector Nunns
Interviewee: Keith Green

Archive clips used:

Paul O'Grady show, BBC Radio 2 03/06/2018; YouTube, uploaded; Lily Savage at the Filth concert in aid of the Terence Higgins Trust, Youtube uploaded 23/09/2014; Parkinson, BBC ONE, 28/02/2004; Paul O'Grady on Royal Vauxhall Tavern Raid, Peter Tatchell Foundation, YouTube, uploaded 29/03/2023; Desert Island Discs, BBC Radio 4, 28/12/2003; Inheritance Tracks, BBC Radio 4, 04/01/2020; Vera Selby on Ladies Day, World Snooker Tour, Youtube uploaded 26/04/2016; Vera Selby: How to play snooker, Youtube uploaded 26/03/2009; Gordon Moore, Frontiers, BBC Radio 4, 01/10/2010; Oral History of Gordon Moore, Computer History magazine, Youtube, uploaded 24/03/2008; A Discussion with Gordon Moore and Harvey Fineberg, Moore Foundation, Youtube uploaded 24/08/2016

SUN 21:00 Money Box (m001kpn7)

[Repeat of broadcast at 11:30 on Saturday]

SUN 21:25 Radio 4 Appeal (m001kplx)

[Repeat of broadcast at 07:54 today]

SUN 21:30 Analysis (m001kgs3)

Can the Met police change?

How difficult is it for a police force to change? A review of the Metropolitan police by Baroness Louise Casey says racism, misogyny, and homophobia are at the heart of the force. The Met's commissioner Sir Mark Rowley admits 'we have let Londoners down'. Everyone agrees change must happen – but where to start?

Margaret Heffernan meets experts on police reform and former senior officers to explore the organisational challenge that faces any force which wants to transform itself and re-establish public trust. She hears from those involved in establishing the Police Service of Northern Ireland, following the Good Friday Agreement. What were the political and organisational challenges that faced the PSNI in terms of recruitment from two different communities? What lessons might that process offer to the transformation that is needed across other forces? And how would organisational psychologists suggest tackling

and turning round long established cultures?

Presenter: Margaret Heffernan
Producer: Philip Reeve
Editor: Clare Fordham

SUN 22:00 Westminster Hour (m001kpn9)

Nick Watt discusses the government's plan to send asylum seekers to Rwanda and new proposals to tackle child grooming gangs, with the Conservative MP Edward Timpson; Labour's Dame Meg Hillier; and Munira Wilson from the Liberal Democrats. Katy Balls - political editor of The Spectator - brings additional insight and analysis. The programme also includes an interview with pollster and Conservative peer, Lord Hayward, previewing the local elections in England.

SUN 23:00 Loose Ends (m001kpsc)

[Repeat of broadcast at 18:15 on Saturday]

SUN 23:30 Something Understood (b00rl48k)

[Repeat of broadcast at 06:05 today]

MONDAY 03 APRIL 2023**MON 00:00 Midnight News (m001kpnf)**

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Arthur Briggs: The Brit Who Brought Jazz to Europe (m001kh4k)

Arthur Briggs played with some of the biggest names in jazz, witnessed some extraordinary moments in history and survived a Nazi internment camp. Yet, apart from among the most diehard jazz fans, he's virtually unknown today.

Born at the turn of the last century on the Caribbean island of Grenada, then part of the British Empire, Briggs learned to play trumpet in Harlem and is believed to be the only British subject to have participated in the creation of jazz. But for his entire life, Arthur said he was American.

In archive recordings broadcast for the first time, Briggs tells of his adventures as a black man leading a band of musicians around the cities of Europe in the 1920s and 30s. Memories include the aftermath of race riots in Liverpool, the execution of Turkish opposition leaders in Ankara, and four years in a Nazi camp.

Hugh tries to uncover why this pioneer of jazz is virtually absent from the history books.

Presenter: Hugh Schofield
Producer: Paul Pradier
Sound design: Peregrine Andrews
Executive Producer: Adele Armstrong

Archive courtesy of Rutgers University Institute of Jazz Studies
Photo credit: Barbara Pierrat-Briggs

MON 00:45 Bells on Sunday (m001kpnh)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001kpnk)

The latest shipping forecast

MON 01:00 Selection of BBC World Service Programmes (m001kppm)

World Service

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m001kppn)

The latest shipping forecast

MON 05:30 News Briefing (m001kpnr)

National and international news from BBC Radio 4

MON 05:43 Prayer for the Day (m001kprt)

Good morning. I love this time of year. Each day the darkness retreats further against the unstoppable march of Spring. For so long the winter gloom persisted and now, 10 days or so since British Summer Time began, it feels like there is a gathering momentum of life and light and colour.

But the sun that we now see early in our mornings was not absent whilst hid from our sight. And for many weeks there have been signs of spring even on the darkest days. It is often just a case of knowing where to look. I think of the simple

snowdrop, brought to these shores by medieval monks and long cherished as a symbol of the resurrection. For when the earth is black and cold, out comes a radiant bell of white defying the forces of winter.

I think too of the prayer of the Venerable Bede. It's writ large in gold letters above his tomb in Durham cathedral. In it he describes Jesus as the morning star and the reason, for me, is quite beautiful. Bede was far more than a historian and writer; he was scientist too. He knew the night sky. The morning star is the planet Venus which rises in the same part of the sky as the sun but hours before there is any hint of dawn. So, the night may be as black as midnight and yet for those who know what they're looking at it's a sure sign of what's to follow – that dawn will surely come. Christ is our morning star because those who see his resurrection, have the assurance of hope.

Bright Morning Star, as we approach Easter remind us again of your presence with us in the dark seasons of our lives and help us to lift our eyes to the magnificent hope of your resurrection. AMEN

MON 05:45 Farming Today (m001kpnw)

Incidents like the food fraud allegations that hit the headlines last week can make shoppers really question the value of labels on food. What's the point in believing a label that says meat is British, if it might not be? All this week we're going to be looking into labelling and how well it serves us.

Natural England has launched a new 18 million pound Species Recovery Grant Scheme. It aims to help protect rare and endangered species like the Ladies Slipper Orchid and water voles through things like habitat restoration and by relocating some species to new areas.

From next year consumers won't be able to buy bags of compost that contain peat. Now the government has confirmed that it is phasing out peat for the professional growing sector from 2026 - with a complete ban from 2030. Conservationists say that's not soon enough, but the horticultural industry says it needs more time to find alternatives.

Presenter = Caz Graham
Producer = Rebecca Rooney

MON 05:56 Weather (m001kpnny)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b03bks90)

Jack Snipe

Tweet of the Day is a series of fascinating stories about the British birds inspired by their calls and songs.

Wildlife Sound Recordist, Chris Watson, presents the Jack Snipe. The song of the Jack snipe has been likened to the sound of a distant horse cantering along a road. To hear it though, you need to visit Scandinavian bogs and mires where these small waders breed. When the ice seals their northern breeding areas jack snipes head south and west and many winter in the British Isles.

MON 06:00 Today (m001kppd)

Join Today's Mishal Husain and Justin Webb as residents in a south London block of flats consider legal action against a housing association, after their neighbour lay dead for two and a half years before her body was found. Hear the first in our series looking at how Sheila Seleane remained undiscovered for so long.

The water regulator, OFWAT, has announced plans to cut the amount of raw sewage dumped into rivers and seas in England and Wales.

Bridgerton star Adjoa Andoh tells us why she is taking time away from the television to explore the world of Richard III.

And we look at authenticity versus artistic licence and creativity in adaptations of the works of Charles Dickens, from a Muppet Christmas Carol to the latest version of Great Expectations by Steven Knight.

This episode of Today was edited by Tom Feilden and Victoria Gardiner. The studio director was Sharmini Ashton Griffiths.

MON 09:00 Start the Week (m001kpp2)

Mastering a new skill

How do people learn new skills and become real experts? These were the questions the author Adam Gopnik wanted to answer in his new book, *The Real Work* – a term magicians use for their accumulated craft. He apprenticed himself to an artist, a dancer, a boxer, and even a driving instructor to see if could get to the bottom of the mystery of mastery, and better himself.

Rebecca Struthers is a true master of her profession – horology. In *Hands of Time, A Watchmaker's History of Time* she reveals the inner cogs and workings of clocks, and explores the ways in which they have helped shape human history. But she also regrets the endangered art of traditional watchmaking and the loss of heritage skills.

The neuroscientist Hannah Critchlow explains what's happening in our brains when we learn new things, especially later in life. And she argues that two heads may be better than one. In her latest book, *Joined Up Thinking*, she extols the virtues of working and learning together.

Producer: Katy Hickman

Image Credit: Rebecca Struthers for Hands of Time

MON 09:45 The Crowning of Everest (m001gk7h)

A Nation Waits

In 1953 Queen Elizabeth II is crowned. It's also the year that the British expedition makes an attempt to climb to the summit of the highest mountain in the world.

The story of Mount Everest spans the life of the new Queen and beyond, from the height of the British Empire to the rebirth of Britain as a nation.

In this episode, Wade Davis, explorer and anthropologist, looks at events taking place in Britain in 1953 and how the nation was poised for news of an Everest success as it planned for the coronation of a new monarch.

Presenter: Wade Davis
Series producer: Louise Clarke-Rowbotham
Sound design: Richard Hannaford
Editor: Tara McDermott
Production co-ordinators: Siobhan Reed and Helena Warwick-Cross

MON 10:00 Woman's Hour (m001kpp4)

The rise of right-wing female leaders in Europe.

Nuala McGovern talks to Costanza Hermanin from the European University Institute in Florence and Sarah De Lange from the University of Amsterdam about the success of this new breed of female leader.

In Afghanistan, the new school year has started. But for the second year running, a Taliban ban is keeping teenage girls out of school. The BBC World Service has launched a brand-new education series for children in the country aged 11-16 who are deprived from school, including girls whose secondary education has been stopped by the ruling Taliban. It's called *Dars*, which means 'lesson' in Dari and Pashto, the two national languages in Afghanistan. It is the first multi-platform educational programme for Afghan youth. We hear from one of the presenters of the programme Shazia Haya and one of its producers, Mariam Amam.

Are you afraid of the big, bad wolf? Where does this fear come from? Author Erica Berry was determined to find out after researching wild wolves in her home state of Oregon. In her book *'Wolfish'* she searches through folklore and literature to see how wolves have become the symbol of predatory men and how that has shaped our fear.

Presenter: Nuala McGovern
Producer: Lisa Jenkinson
Studio Manager: Bob Nettles

MON 11:00 Serendipity (m001kpp6)

Derry Boys

This is the story of two Derry Boys who were never supposed to be friends.

Approaching the 25th anniversary of the Good Friday agreement and with Northern Ireland making headlines again this is a unique audio record of a 50-year-old friendship which defied the odds.

In the 1970s, a remarkable couple in Holland decided to change the lives of two little Derry boys for ever. Donna and Danny De Vries signed up to bring working-class Catholic and Protestant children from Northern Ireland into their home. Their first young visitors were Patrick O'Doherty and Raymond Hamilton. Memories and remarkable moments from that original visit were captured on tape by Danny, a sound recordist.

Producer Proinsias O'Coinn has unearthed the De Vries tapes and goes to Derry to reunite Patrick and Raymond as they listen and reflect on that visit and how it changed them. The trip derailed the odds of geography, history and destiny. How did they sound then and what do they think now... 50 years on?

The illuminating audio recordings of their trips will take listeners – and the boys - to Derry during the height of The Troubles in the '70s and to Holland, a world away from their lives in Northern Ireland. Both will share how being brought together, away from home, changed their lives, their minds and the hopes they now have for the place they call home.

MON 11:30 Lady Killers with Lucy Worsley (p0f7pyq2)

13. Elizabeth Taylor

Lucy Worsley looks at the crimes of Victorian women from a contemporary, feminist perspective.

In this episode, Lucy is joined by Deborah Frances-White, women's rights campaigner, comedian and host of *The Guilty Feminist* podcast, to explore the case of Elizabeth Taylor, a backstreet abortionist in late 19th century Melbourne, Australia who spent decades playing cat and mouse with the law. They consider Elizabeth Taylor's story in the context of women's rights in 19th century Australia and the subsequent campaign for legal, safe abortion around the world.

Lucy is also joined by historian Rosalind Crone, Professor of History at the Open University, who has searched immigration, court and prison records to give new insights into Elizabeth Taylor's life.

When the Taylor family emigrates from Manchester to Melbourne, Australia in 1872, Elizabeth begins to advertise in the classified columns of the newspapers as a 'midwife and ladies' nurse'. These are thinly veiled adverts for her extremely profitable, and completely illegal, abortion clinic.

Many desperate women with unwanted pregnancies find their way to her door. But sadly, not all of them survive the abortions Elizabeth Taylor performs and, over three decades, she is in and out of court - twice on murder charges and facing the death penalty.

Lucy wants to know why Elizabeth Taylor worked for so many years as an illegal abortionist knowing that she was risking her own life. Was she acting out of compassion for desperate women or cashing in on their terrible situations? What light does her story shine on the abortion debate today, with the overthrow of Roe vs Wade in the USA? How much do 19th century views, and laws, about the rights of women over their bodies resonate now? What does the case of Elizabeth Taylor tell us about women's lives in the late 19th century and women's lives today?

Producer: Jane Greenwood
Readers: Susan Dean, Clare Corbett and Jonathan Keeble
Sound Design: Chris Maclean
Series Producer: Julia Hayball

A StoryHunter production for BBC Radio 4

MON 12:00 News Summary (m001kpp9)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001kppe)

Buying medication online

More of us are turning to the internet to buy medication - but what are the rules and how is the online market regulated? We'll hear from the bodies involved. Also: 50 years after the first mobile phone call was made, why Gen Z are turning to retro handsets like flip phones. We'll talk about what April means for our energy bills - are fixed tariffs back?

PRESENTER: SHARI VAHL
PRODUCER: TOM MOSELEY

MON 12:57 Weather (m001kppf)

The latest weather forecast

MON 13:00 World at One (m001kpph)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 The Shankill Gold Rush (m001kppk)

The Find

In the summer of 1969, weeks before the Troubles would ignite, children playing in the rubble of a demolition site struck gold! While searching for treasure hundreds, maybe thousands of gold sovereigns, hidden and forgotten years before, tumbled to the ground from a chimney stack. More than 50 years later, author Glenn Patterson visits the Lower Shankill Road to find out who the coins belonged to. Why were they hidden? And where are they now?

Written and presented by Glenn Patterson

Sound by Bill Maul
 Producer Sarah McGlinchey
 Executive Editor Andy Martin
 A BBC Northern Ireland Production for Radio 4

MON 14:00 The Archers (m001kpn1)
 [Repeat of broadcast at 19:00 on Sunday]

MON 14:15 This Cultural Life (m001kppn)
 [Repeat of broadcast at 19:15 on Saturday]

MON 15:00 Counterpoint (m001kq3m)
 Series 36

The Final, 2023

(13/13)

The 2023 season of the ultimate music quiz reaches its climax, as Paul Gambaccini welcomes back the three most formidable music brains of the year. The winner will take home the silver Counterpoint trophy and be named the 36th BBC Counterpoint champion. They've already proved they know their music, so the competition promises to be tight, and every dropped point could be crucial.

Questions on Pink Floyd, Chopin, Bernstein and Beyonce are just appetite whetters... the contenders will also have to pick a special musical topic in which to answer more in-depth questions, with no advance warning of the categories on offer. As always there are plenty of musical extracts to identify, representing all musical genres and eras.

The Finalists are:
 Anthony Fish from Pontypool
 Kathryn Johnson from Northwood in Middlesex
 Sally Wilson from Sale in Greater Manchester

Assistant Producer: Stephen Garner
 Producer: Paul Bajoria

MON 15:30 The Food Programme (m001kpmc)
 [Repeat of broadcast at 12:32 on Sunday]

MON 16:00 The Invention of... (m001lgx4h)
 Russia

A Tale of Two Ivans

Countries look so cohesive on the map - sturdy borders, familiar shapes. Don't be misled; they didn't always look like this. This is the story of Russia, biggest contiguous country on the planet, told from the time when it was very small.

"In my producer's history textbook it says here, page 18, that Russia as a political entity did not exist."

With contributions across the series from Janet Hartley, author of a history of the Volga; Rhodric Braithwaite, former ambassador to Moscow; historian and sociologist, Mischa Gabowitsch; Anthony Beavor; Natalia Antelava; Kateryna Khinkulova; Dominic Lieven; Olesya Khromeychuk; and James Hill of the New York Times.

This is the latest in the How to Invent a Country series which has previously been to Poland, Brazil, Germany and the USA.

Presenter Misha Glenny is the author of McMafia and former BBC Central Europe correspondent
 The producer for BBC audio in Bristol is Miles Warde

MON 16:30 Beyond Belief (m001kppr)
 Grief

Rabbi Jonathan Romain's son, Benedict, died tragically and suddenly in January. In the grieving process his faith, community and the rituals of Judaism have all played a part. He speaks to Aleem Maqbool about his experience and his response to bereavement.

His story leads to a panel discussion on the place of faith, religion and ritual within the grieving process, whether it is a help or a hindrance and whether belief in an afterlife makes it easier to deal with loss.

Maggie Doherty is the Director of the Centre for the Art of Dying Well at St Mary's University. The Centre's mission is to help people to live and die well and be supported in their grief. She is also a trustee of St Joseph's Hospice in Hackney and is a student in Digital Health.

Louise Blyth was 33 when her husband George died from bowel cancer, leaving her with one and three year old boys. At a time like that many lose their faith, but Louise found it, becoming a

Christian. A year later she quit her dream job in operations for Mars to write a book "Hope is Coming" all about her experiences. Louise currently juggles being a Mum with trying to write her second book.

Jusna Begum supports bereaved Muslim families by washing the bodies of those they have lost; an essential part of the grieving process. She is also the director of a domestic violence charity in east London.

PRODUCER: KATHARINE LONGWORTH

MON 17:00 PM (m001kppt)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O'Clock News (m001kq9j)

Teachers in England are planning more strikes after rejecting the government's pay offer.

MON 18:30 Just a Minute (m001kppw)
 Series 91

1. Quicksand, A Damp Squib, and Why I Could Win 'The Traitors'

Sue Perkins challenges Paul Merton, Jennifer Saunders, Julian Clary and Lucy Porter to speak for 60 seconds without repetition, deviation or hesitation.

The long-running Radio 4 national treasure of a parlour game is back for a new series with subjects this week ranging from Quicksand to Why I Could Win 'The Traitors'.

Production co-ordinator: Caroline Barlow
 Sound editor: Marc Willcox
 Producer: Rajiv Karia

A BBC Studios Production

MON 19:00 The Archers (m001kppz)

At the Bridge Farm Open Day Pat is eager to impress Adil; he's a potential valued customer. At the last minute she's called away and has to postpone giving Adil a tour. George steps in. He wants to impress Adil with the film he's made of Tom. But the QR code won't work. Having memorised Tom's words, George rises to Adil's challenge of giving the talk himself. After George has talked to a small crowd about Bridge Farm produce, Adil congratulates him. George asks Adil about his job role. Adil warns a sceptical George that while ambition can get you some way, it's hard work that matters most.

A steady stream of interested visitors have been asking lots of questions through the new dairy window. Susan finds a private moment to ask Adam about his search for Paddy Redmond. Adam says Brian has been very good about him seeking out Paddy. Just as another family arrives at the window, something goes wrong with the cheese-making machinery. Susan takes a look while Adam entertains the visitors with information about yoghurt and ice-cream making. Helen is grateful to Susan for fixing the machine.

Later Helen, Pat, Susan and George reflect on the busy day. It's been hard work but it's been a success. Helen mentions giving Susan proper recognition for saving the day. George becomes the focus of attention for overcoming the failed film. Pat's confident that their new attractions and a decent spring is going to put Bridge Farm on the map.

MON 19:15 Front Row (m001kpp1)

The Beatles at Stowe School, Hugh Laurie on Agatha Christie

Samira discovers a previously unheard recording of The Beatles historic gig for the boys at Stowe School on 4 April 1963. She visits the school to mark the 60th anniversary and talks to former pupil John Bloomfield, who was fifteen when he recorded the concert, the current headmaster Anthony Wallersteiner, and Beatles historian Mark Lewisohn.

Hugh Laurie discusses his TV adaptation of Agatha Christie's "Why Didn't They Ask Evans?" Based on Christie's 1934 novel, Hugh Laurie also directs the drama which stars Will Poulter and Lucy Boynton as a vicar's son and socialite turned duo of detectives.

Presenter: Samira Ahmed
 Producer: Paul Waters

MON 20:00 Disaster Trolls (m001jmsl)
 Remember my name

Marianna Spring returns to her investigation into conspiracy theories about UK terror attack victims, and reports on moves to hold those responsible for spreading them to account.

Disaster Trolls revealed how people caught up in the Manchester Arena bombing suffered years of online abuse and threats as a result of false claims that they were "crisis actors" who faked the attack.

In this new episode, Marianna discovers what has changed for some of the people who featured in the original series.

She also reports on developments in efforts to hold to account those who spread extreme conspiracy theories, and asks questions about how to tackle harmful disinformation while protecting freedom of expression at the same time.

This episode contains graphic descriptions of violence.

Presenter: Marianna Spring
 Producer: Olivia Lace-Evans
 Editor: Ed Main

MON 20:30 Analysis (m001kppq3)
 Lessons from the vaccine task force

In May 2020 a group of experts came together, at speed, to form the UK's Vaccine Task Force. Born in the teeth of a crisis, its efforts were responsible for allowing Britain to be among the first countries in the world to roll out vaccines against Covid-19. But as memories of the pandemic fade, the urgency it brought to its work has subsided as well. In this edition of Analysis, Sandra Kanthal asks what lessons have been learned from the success of the Vaccine Task Force and if we should be prepared to allocate the time, energy and expense required to be permanently prepared for the next global health emergency.

Presenter: Sandra Kanthal
 Producer: Sandra Kanthal
 Editor: Clare Fordham

MON 21:00 Science Stories (m0007qdv)
 Series 9

Madame Lavoisier's Translation of Oxygen

Philip Ball tells the story of Madame Lavoisier; translator of oxygen. At a time when science was almost a closed book to women, Madame Marie Anne Lavoisier's skills were indispensable. A translator, illustrator and critic of scientific papers, she learnt chemistry herself and helped her husband Antoine Lavoisier develop his theory of the role played by oxygen in combustion. As modern science was taking shape it lacked any universal language, so communication in many tongues was vital to stay ahead of the game. Even today there is debate as to who can really be considered the discoverer of oxygen, but Madame Lavoisier's gift for translation helped her husband compete against English rivals and banish their theories. Come the French Revolution however, Anton was branded a traitor to the state and sentenced to death. By a cruel twist of fate Marie lost both husband and father to the guillotine on the same day.

Philip Ball talks to Patricia Fara at the University of Cambridge, about the largely unrecognised contribution that women like Marie Anne Lavoisier made to the early days of modern science, and to Michael Gordin of Princeton University about the importance of scientific translation in the past and how it features today.

MON 21:30 Start the Week (m001kpp2)
 [Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m001kpp6)

In-depth reporting, intelligent analysis and breaking news from a global perspective

MON 22:45 Magpie by Elizabeth Day (p0dqjzjr)
 Episode 1 - A New Start

From the novelist, podcaster and journalist Elizabeth Day comes Magpie, an exhilarating psychological story about jealousy, motherhood and power.

A happy couple are trying for a baby when a young woman enters their lives. It isn't long before her presence upends everything and their dreams unravel.

Elizabeth Day is an award-winning novelist, journalist and podcaster. Her memoir How To Fail was a best-seller, and her podcast, How to Fail With Elizabeth Day is a chart-topping podcast.

Abridged by Rowan Routh
 Produced by Elizabeth Allard

MON 23:00 I Feel Therefore I Am (m001jkrq)

The Multiverse of Truth

Where once facts, evidence and rationality were the path to knowledge, now the logic of feeling, of 'my truth' and 'lived experience' offers an alternative. Do we know our world through objective facts, or through subjective feelings?

In the final programme in the series, Professor Abigail Williams tackles the idea that a single objective truth is now being replaced by the idea of multiple truths. This investigation into the multiverse of truth takes us on a journey from Descartes to Derrida via the parallel worlds of science-fiction and the online multiverse.

How do we know things, how do we value both 'my truth' and 'your truth' and is the new focus on personal feeling and subjective truths something to celebrate or fear?

Producer: Julia Johnson
Presenter: Abigail Williams
Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

MON 23:30 Limelight (m00146p6)

Siege

Siege - Episode 1

By Katherine Jakeways, Eno Mfon and Darragh Mortell.

Everybody remembers the Siege, when for 24 hours the whole world was watching a small South London branch of a global supermarket chain. You've seen the news, the crazy conspiracy blogs and Naomi's infamous Snap. Now for the first time the hostages tell the inside story of what really happened on those two dark days in December.

Episode 1.

For 5 shoppers and a security guard, it's just another day in the supermarket until a masked man walks in with a gun.

CAST
NAOMI - Danielle Vitalis
JACKSON - Kwabena Ansah
KEMI - Layo-Christina Akinlode
PENNY - Jasmine Hyde
MAGGIE - Stacey Abalugun

SOUND DESIGN – Catherine Robinson
DIRECTOR - John Norton
PRODUCED by John Norton and James Robinson

A BBC Cymru Wales Production

Siege is the latest drama in the Limelight strand and will also be available in full on BBC Sounds from Monday 7 February as a 5-part podcast

TUESDAY 04 APRIL 2023**TUE 00:00 Midnight News (m001kpb)**

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 The Crowning of Everest (m001gk7h)

[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m001kppd)

The latest shipping forecast

TUE 01:00 Selection of BBC World Service Programmes (m001kppg)

World Service

BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m001kppj)

The latest shipping forecast

TUE 05:30 News Briefing (m001kppk)

National and international news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001kppn)

"Early evening, April four. A shot rings out in the Memphis sky". Famous words from the U2 Song "Pride in the name of love", reflecting on this day 55 years ago when Martin Luther King was assassinated. That night and for days following, the

death of the man who had so passionately championed non-violence provoked some of the worst riots America had ever seen.

It is said that when news reached Memphis' most famous resident, Elvis Presley, he wept uncontrollably. He had met King many times and admired him greatly. And then, through his tears, he started to sing an old hymn, perhaps the only song that was as much treasured by his tradition as by the cause King had died for. "Amazing Grace! How Sweet the sound. That saved a wretch like me".

Amazing Grace was written almost exactly 250 years ago, and few songs have had such reach and impact across the world. The author, John Newton, was a former slave trader which makes it all the more remarkable that his hymn should become an anthem for the civil rights movement. But Newton knew he had received grace, the undeserved love and mercy of God could transform even a wretch like him. Martin Luther King knew it too, he once preached "The whole of life hinges on the ever-flowing power and ever-flowing stream of God's grace." And he knew that when grace is deployed against injustice it is a very powerful weapon, one that can break cycles of hatred and revenge.

Heavenly Father, reveal to us again your Amazing Grace. And help us to be people of grace, to stand for justice and whatever reactions we encounter to always strive to respond with love. AMEN

TUE 05:45 Farming Today (m001kppq)

04/04/23 Red Tractor and environmental certification; sky larks

River Action, the charity that campaigns about river pollution, is making a formal complaint to the Advertising Standards Authority about Red Tractor after an internal Environment Agency Report, seen by the Times newspaper, concluded that Red Tractor membership was "not a good indicator of environmental protection". The river charity says Red Tractor ads are misleading because they claim to be a world-leading standard and their environmental standards aren't good enough. However, Red Tractor says that the analysis of the data is misleading. It insists that farms that belong to its scheme fare much better in inspections than those that don't. It says it inspects all its farmers and anyone found causing pollution would be reported and taken to task.

A farmer who recorded a skylark using a microphone tied to a fishing rod and suspended from a weather balloon really did get a recording of the bird this way - it wasn't an April fool!

Presenter = Caz Graham
Producer = Rebecca Rooney

TUE 05:58 Tweet of the Day (b0829p9t)

Nadia Archer on the Peregrine

Nadia Archer of the RSPB recalls volunteering in Manchester on a peregrine watch at the Arndale Centre for Tweet of the Day, where the call of the wild could bring relaxation to a busy city centre.

Producer Tom Bonnett.

TUE 06:00 Today (m001kppw)

Join Justin Webb and Mishal Husain as they hear about renewed calls to force criminals to attend sentencing.

Donald Trump's been meeting his lawyers ahead of a court appearance in New York where he'll face criminal charges.

This episode was edited by Tom Feilden and Kirsty Mackenzie. The studio director was Adrian Bhargava.

TUE 09:00 The New Gurus (m001g9sp)

1. The Birth of the New Guru

In 2011, some mourners at Steve Jobs' memorial service were confused by his final gift to them – a book called Autobiography of A Yogi. Others understood his message perfectly - the Apple founder had spent his entire life searching for his own guru. Instead, by creating the iPhone, he became one. But did Jobs' personal quest for enlightenment also help create the modern guru?

The New Gurus is a series about looking for enlightenment in the digital world.

Written and presented by Helen Lewis

Series Producers: Morgan Childs and Tom Pooley
Story consultant: Geoff Bird
Original music composed by Paper Tiger
Sound design and mix: Rob Speight
Editor: Craig Templeton Smith

A Tempo & Talker production for BBC Radio 4 and BBC Sounds

TUE 09:30 Magic Consultants (m001kpw)

The History

Adam Shaw peeks behind the curtain of the consultancy industry.

Worth hundreds of billions of pounds, consultants stretch across almost every industry, government department and international border.

Since the pandemic there's been an unprecedented demand for their services and many believe our future is determined by what they think and do. Yet little is known about these largely hidden influencers. They are magnetic and mesmerizing yet, to many of us, shrouded in mystery.

Adam asks who are these wizards, what do they do and how much do they influence our lives.

On the one hand, they're talked of as genius solvers of the world's greatest problems and masters of the machinery of management. On other, some think of them in more shadowy terms, whispering their guidance into the ears of the rich and powerful. Adam sets off with missionary zeal to detangle two very different stereotypes.

Across the series he hunts for the first ever consultant, finds out how they shape our language and politics and discovers how they bounce back from appalling scandals. He joins a consultancy fair to meet aspirant consultants, hears stories from the glass towers of late nights and rewards, explores FOMO and addiction, turnarounds and triumphs.

In this episode he charts the history of the industry from its early pioneers: scientific time managers on the factory floors of industrializing America, in pursuit of greater efficiency. He hears how the industry evolved on both sides of the Atlantic and how governments and businesses alike began relying on them for advice.

With contributions from: Andrew Sturdy, Professor in Management at The University of Bristol, Dr Chris McKenna, Reader in Business History and Strategy at the Said Business School, public services consultant and historian Dr Antonio Weiss and Rosie Collington, co-author of The Big Con,

Produced by Neil McCarthy

TUE 09:45 The Crowning of Everest (m001gksr)

The Allure of Everest

Britain has tried and failed to reach the top of Everest for decades.

George Mallory and Sandy Irvine disappeared on the mountain in 1924.

There were various British expeditions during the 1930s - all unmitigated failures.

The Second World War interrupted the race to conquer Everest. But by 1951, with Tibet closed by communist China, a new unexplored route through Nepal was available.

The Swiss expedition had nearly succeeded in 1952. The French are scheduled to climb in 1954. For John Hunt's British team in 1953 the pressure is on. It is now or never.

Meanwhile, back in London, a different race begins. If the British get to the top it's the scoop of the century for whichever newspaper can report the story first. The Times pays £10,000 to have its reporter James Morris, later Jan Morris, embedded with the expedition.

Presenter: Wade Davis
Series producer: Louise Clarke-Rowbotham
Sound design: Richard Hannaford
Editor: Tara McDermott
Production co-ordinators: Siobhan Reed and Helena Warwick-Cross

TUE 10:00 Woman's Hour (m001kpx2)

WH Power list sports journalist Fiona Tomas, Climate justice activist Mikaela Loach, Narcissistic mothers, WASPI women

On the Woman's Hour Power List this year, sports reporter Fiona Tomas joins Nuala to discuss the change in kits for the England Women's football team and her work as a journalist. Climate justice activist Mikaela Loach took the UK government to court for giving tax breaks to fossil fuel companies. Her urgent new book 'It's Not That Radical: Climate Action to Transform Our World' makes the case for tackling the climate crisis in tandem with other inequalities, offering a more hopeful

future through practical action.

Women affected by the state pension age changes have scored what's been hailed as a major victory in their legal challenge for more compensation.

The Government watchdog conceded that part of the investigation into how increases to the state pension age were communicated was flawed and must be reconsidered. The Women Against State Pension Inequality (WASPI) campaign represents the 3.6 million women who, in lots of cases, only got 12 months' notice of a six year increase to their State Pension age. Angela Madden, the chair of WASPI joins Nuala.

In the next in our series about narcissistic mothers we hear the story of a woman we are calling 'Scarlett'. She cut off all contact with the mother she believes is a narcissist and has no regrets.

Alison Kinnaird was rejected by Edinburgh Art School when she applied as a teenager. Now she's one of the world's leading glass artists – and says that rejection was the best thing that ever happened to her. She joins Nuala to explain why and to talk about some of the remarkable things she's created.

Presenter: Nuala McGovern
Producer: Lucinda Montefiore

TUE 11:00 Science Stories (m0007qdv)
[Repeat of broadcast at 21:00 on Monday]

TUE 11:30 My Amey and Me (m000g3fh)

The bond between mother and child is perhaps the most natural and the most profound relationship we can experience. But for Zakia Sewell and her mother - who she's always called Amey - this relationship has been far from straight-forward.

Now, after many years of disconnection and words unspoken, they're collaborating on a theatre piece, a kind of 'curated conversation', to understand better the issues they have had to overcome.

Some are near, intimate and specific to the two of them - Amey's mental health and her own experience of motherhood - but they are entwined with stories from the past, submerged deep beneath the surface, evoking the ghosts of distant ancestors whose experiences under the brutal tyranny of slavery in the Caribbean find expression through the generations.

With contributions from theatre-maker Cathy Sloan and Sonya Welch-Moring, a specialist in trans-generational therapeutic practice.

Presented by Zakia Sewell
Produced by Alan Hall
A Falling Tree production for BBC Radio 4

TUE 12:00 News Summary (m001kpyv)
The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001kpxb)
Call You and Yours: How are you coping with rising prices?

On today's Call You and Yours, we're asking - how are you coping with rising prices?

It's the start of the new financial year, and with it comes lots of annual increases including mobile phones contracts, broadband, and council tax to name a few. We'd like to know how you're getting on. Call us now on 03700 100 444.

New research out today says three in four people in the UK are worse off financially than a year ago.

More people are struggling to pay off their loans. And a third are now have to borrow because of the cost of living crisis. Are you stuck in a cycle of borrowing? Is there anything left you can cut back on?

We'd like to hear what you're doing to make sure you have enough to live on and pay the bills. How are you coping with rising prices?

Call us now on 03700 100 444. Lines are open at 11 am on Tuesday April 4th. You can also email us now at youandyours@bbc.co.uk

Don't forget to include a phone number so we can call you back.

Presenter: Shari Vahl
Producer: Tara Holmes.

TUE 12:57 Weather (m001kpxg)
The latest weather forecast

TUE 13:00 World at One (m001kpxk)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 The Shankill Gold Rush (m001kpxn)
The Rush

In the summer of 1969, weeks before the Troubles would ignite, children playing in the rubble of a demolition site struck gold! While searching for treasure hundreds, maybe thousands of gold sovereigns, hidden and forgotten years before, tumbled to the ground from a chimney stack. More than 50 years later, author Glenn Patterson visits the Lower Shankill Road to find out who the coins belonged to. Why were they hidden? And where are they now?

Written and presented by Glenn Patterson
Sound by Bill Maul
Producer Sarah McGlinchey
Executive Editor Andy Martin
A BBC Northern Ireland Production for Radio 4

TUE 14:00 The Archers (m001kpxp)
[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Life Lines (m000zml2)
Series 5

Part One

By Al Smith

Carrie Sarah Ridgeway
Will Rick Warden
Ian Michael Jibson
Abbas Sharif Dorani
Joyce Helen Norton
Angelica Saffron Coomber
Devin Justice Ritchie
Tom Sam Dale
Jo Grace Cooper Milton
Paul Luke Nunn
Andy Shaun Mason
Chris Joseph Ayre
Gwen Christine Kavanagh

Director Sally Avens

The award-winning drama series set in an ambulance control centre returns. Carrie faces a series of heart-stopping emergencies at work. But when her judgement is called into question over a patient who later died, she finds her work and personal life colliding dangerously.

TUE 15:00 Short Cuts (m001kpxq)
Series 34

Invitations

Josie Long presents short documentaries and audio adventures that invite a listener to participate. From a musical performance to sinking into the perspective of your wall.

Your Wall

Produced by Sharon Mashihi
Originally created for the audio issue of McSweeney's magazine, in collaboration with Radiotopia
Sharon's editor at McSweeney's was Claire Boyle. Additional notes were provided by Audrey Mardavich and Julie Shapiro.

Three Layer Score

Produced by Kalli Anderson
Engineer: Chad Bernhard
Composer and Narrator: Elizandro Garcia Montoya
Performers: Kalli Anderson, Theo Carroll, Minna Finkelstein, Elwyn Finkelstein, Zack Finkelstein, Jacob Krupnick, Lu Olkowski, Jess Shane, Carly Stone, Kate Sutherland and Zoe Tennant

Late night, with headphones, in a completely, utterly, dark room, with some space to move
by Hofesh Shechter
From Everyday Moments, produced by Fuel
To hear more, visit Fuel Digital at
<https://fueltheatre.com/projects/everyday-moments/>

Curated by Axel Kacoutié, Eleanor McDowall and Andrea Rangelcroft
Series Producer: Eleanor McDowall
A Falling Tree production for BBC Radio 4

TUE 15:30 Costing the Earth (m001kqzy)
Energy Lessons

After a winter of spiralling energy prices, Tom Heap asks whether our attitudes to energy consumption have changed. What lessons have we learned in the last twelve months, both as individual consumers and as a society - or are we putting our heads in the sand and carrying on as normal? Last week the government announced its plans to update the UK's net zero strategy, but what do its announcements tell us about its priorities when it comes to our energy use? Fuel poverty is

hitting many people hard, but some environmentalists argue that the invasion of Ukraine and everything which has followed could prove to be a turning point for environmental change. In this programme Tom hosts a panel discussion on how the energy landscape is changing.

Producer: Emma Campbell

TUE 16:00 Word of Mouth (m001kpxs)
The Life Inside: Philosophy in Prison

Andy West talks to Michael Rosen about his work discussing philosophy in prisons around England. His book *The Life Inside* is a memoir of his own experience of the justice system through his family. His father, brother and uncle all spent long stretches in jail. Andy talks about the various meanings words such as 'freedom' 'hope' and 'time' have to prisoners. The conversations he has with them as part of the philosophy course are revealing as well as often poignant and humorous.

Producer: Maggie Ayre for BBC Audio Bristol

TUE 16:30 Great Lives (m001kpv6)
Arthur Ashe

New series - Arthur Ashe was born in Richmond, Virginia, a state in the US that in 1943 was still part of the segregated south. If Arthur wanted to compete with white players, he had to leave for St Louis and then California to play. His story is staggering, and not just his success in a notoriously elitist sport. His mother died when he was six, he had a heart attack when he was 36, and he died of AIDS when he was just 49, contracted from a tainted blood transfusion.

Film maker and broadcaster Qasa Alam grew up loving Rafa Nadal. Then Ashe's story blew him away.

"In a world where we have so many demonstrative heroes, in sport, in politics, the extrovert who is shouting the loudest often gets heard. There's a really good opportunity here to showcase other ways of being a champion, and Arthur Ashe for me is certainly that person."

Programme contains historic interviews, including Arthur Ashe talking to Anthony Clare for In The Psychiatrists Chair shortly after his first heart attack.
Also includes a new interview with Raymond Arsenault, American author of Arthur Ashe: A Life.

The producer in Bristol is Miles Warde.

Future episodes include Frederick the Great of Prussia and Frank Zappa with The Mothers of Invention

TUE 17:00 PM (m001kpxy)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m001kq9l)
Trump Arrives At Court To Face Arrest

Donald Trump arrives at court to be arrested and charged with a criminal offence

TUE 18:30 You Heard It Here First (m001kpxz)
Series 1

Episode 2

Chris McCausland asks a panel of comedians to live in an audio only world, deciphering brainteaser sound cues for points and pride whilst trying not to muck about too much along the way.

In this episode, contestants try to figure out what on earth is being advertised on the TV, guess what famous objects or locations children are trying to describe, and even work out what chocolate bars are being eaten based on sound alone.

The competing comedians are Alan Davies and Jess Fostekew taking on Suzi Ruffell and Paul Chowdhry.

Producer: Sasha Bobak
Executive Producer: Pete Strauss
Production Co-ordinator: Becky Carewe-Jeffries
Sound editor: Jerry Peal

Theme music 'Colour me Groovy' by The Rich Morton Sound

Recorded at the Backyard Comedy Club, Bethnal Green

TUE 19:00 The Archers (m001kpt0)

Henry and Jack have set a treasure hunt for Lee to help cheer him up, because they know he's missing his daughters. Helen and Lee work through the clues but with Henry and Jack away

on their bikes, Helen suggests skipping ahead to the final clue. Susan helps them solve it and Lee unwraps his gift, a guidebook to San Francisco. They don't have dates for their visit yet but can now get planning. Susan says she thought the parcel would have held an engagement ring. She reminds Helen about the recognition for the changed nature of her job that she'd mentioned yesterday. Susan was thinking a pay rise, whereas Helen thought it would be a blog post on her and Clarric's efforts. They agree to fix a meeting to discuss. Helen and Lee laugh at Susan's engagement ring suggestion. Lee thinks the guidebook is perfect.

Brian finally speaks to Alice. He knows she's not been answering Kate and Adam's calls. Alice insists she's busy but Brian is keen to talk after the revelation of Jennifer's will on Sunday. Alice can't stop thinking about why Jennifer only left money to Martha. Brian thinks it's a lovely gesture. Alice sees it as insurance against her being an absent mother. Brian assures Alice that Jennifer was full of admiration for what she's achieved, but nothing he says makes things better for Alice. Even though Jennifer saw her reach sobriety, Alice believes that her mother didn't trust her. Brian comforts Alice as she cries.

TUE 19:15 Front Row (m001kpy1)

Joe Pearlman on his Lewis Capaldi film, author Craig Brown, Tartan at the V&A

BAFTA-winning director Joe Pearlman talks about his new Netflix documentary on Scottish pop superstar Lewis Capaldi, which is out tomorrow. In Lewis Capaldi: How I'm Feeling Now, Joe follows Lewis as he struggles with his mental health and writing his second album during the pandemic.

Tartan, the textile of tradition and rebellion is celebrated at the Victoria & Albert Museum in Dundee, which is apt - Queen Victoria loved tartan and Prince Albert designed several tartan sets. BBC Scotland arts correspondent Pauline McLean reports on the exhibition which tells the story of tartan and how the rules of the grid have inspired creativity around the world.

Continuing Front Row's series of interviews with all the authors shortlisted for the Baillie Gifford Prize for non-fiction 'winner of winners' award, Tom Sutcliffe speaks to Craig Brown about his book, One, Two, Three, Four: The Beatles In Time.

The renowned Japanese musician and composer Ryuichi Sakamoto died at the weekend. In an interview for Front Row from 2018 Sakamoto reveals the inspirations behind some of his most famous film scores.

Presenter: Tom Sutcliffe
Producer: Julian May

TUE 20:00 File on 4 (m001kpy3)

Probation in peril

The Probation Service is meant to protect the public by monitoring released prisoners and offenders on community sentences - helping them to stay out of trouble and rebuild their lives. But a series of catastrophic failures have led to the murders of two women who were killed by men who should have been monitored more closely.

File on 4 analyses the case of Damien Bendall who killed his pregnant partner Terri Harris and three children in 2021 while on probation. The Chief Inspector of Probation Justin Russell has said Bendall's supervision "fell far below the quality that the public has a right to expect". The programme hears from the families of Bendall's victims and from those probation officers on the front line who say the service is at breaking point.

Reporter: Danny Shaw
Producer: Fergus Hewison
Assistant Producer: Patrick Kiteley
Technical Producer: Richard Hannaford
Editor: Carl Johnston

TUE 20:40 In Touch (m001kpy5)

Technology Training and Rehab Services: You Heard It Here First

Where do you go if you are seeking training on how to use the various technology? We look at whether the training provided by rehabilitation services goes deep enough and what alternatives are available to you. We speak to Simon Labbett, who is a rehab officer and Chair of the Rehabilitation Workers Professional Network, to Scott Wood who is a team leader at the RNIB's Technology for Life service and to Mike Townsend, who is representing the Technology Association of Visually Impaired People.

Blind stand-up comedian Chris McCausland has a new four part show, that airs on Radio 4's Tuesday night comedy slot. It's called You Heard it Here First and panellists have to decipher what is going on in a variety of audio clips. We review the first episode with visually impaired comedy writer and Assistant TV Producer, Reece Finnegan. On the episode in question, Chris' panellists were: Rhys James, Donna Preston, Alasdair Beckett-

King and Ria Lina.

Presenter: Peter White
Producer: Beth Hemmings
Production Coordinator: Liz Poole
Website image description: Peter White sits smiling in the centre of the image, wearing a dark green jumper. Above Peter's head is the BBC logo (three individual white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one of a darker blue and the other is a lighter blue.

TUE 21:00 Troubled Water (m001k0dq)

Are We Running Out of Water? Episode 1

Are we running out of water? Britain may be known for its rain but, as our climate changes, there are warnings we could be closer than we think to our taps running dry. In this episode of Troubled Water, James Gallagher asks why our pipes are being pushed to the brink and what can be done about it, all from the comfort of his bathroom. Huddled in the loo, he talks to Professor Hannah Cloke, OBE, who predicts rainfall events through her work at the University of Reading, Dr Francis Hassard, from the Water Science Institute at Cranfield University, Andrew Tucker who manages water demand at Thames Water and inventor Garry Moore who shows how he's hoping to revolutionise our loos with his air-pressurised Velocity toilet.

Presenter: James Gallagher
Producer: Tom Bonnett

TUE 21:30 The New Gurus (m001g9sp)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m001kpy7)

Donald Trump pleads not guilty to 34 felony charges

In-depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 Magpie by Elizabeth Day (p0dqk17c)

Episode 2 - The Lodger

Marisa has moved in with Jake and life is going well, but a new arrival unsettles her new found happiness. Pippa Nixon reads.

Magpie by Elizabeth Day is, an exhilarating psychological story about jealousy, motherhood and power. A happy couple are trying for a baby when a young woman enters their lives. It isn't long before her presence upends everything and their lives implode.

Elizabeth Day is an award-winning novelist, journalist and podcaster. Her memoir How To Fail was a best-seller, and her podcast, How to Fail With Elizabeth Day is a chart-topping podcast.

Abridged by Rowan Routh
Produced by Elizabeth Allard

TUE 23:00 Please Use Other Door (m0014p8w)

Series 1

Episode 3

From Bill Dare (Dead Ringers, The Secret World), sketches satirising life as we know it. Naturalistic sketches taking a sometimes dark look at the world of work, relationships, institutions and families.

Performed by: Gabby Best, Will Hartley, Chris Ryman, Rebecca Shorrocks, Witney White and Toby Williams

The series of four is written by: Kat Butterfield and Dan Audritt, Sophie Dickson, Laura Major, Rob Darke, Alex Nash and Sam South, Ed Amsden and Tom Coles, Cody Dahler, Toby Williams, Ed Tew, Anna Goodman, Imogen Andrews, Matt Harrison, Carwyn Blayney, Natasha Dhanraj, Alice Etches and Nathalie Antonia, Chris Ryman, Simon Alcock, Leigh Douglas, Chazz Redhead, Paul F Taylor, Jo Wiggins, Cameron Loxdale, Lewis Cook, Owen Petty, Tom Oxenham, Rebecca Heitlinger and Bill Dare.

Production Co-ordinators Beverly Tagg and Sarah Sharpe
Sound Design Rich Evans
Music composed by Bill Dare and produced by Iona C Vallance
Artwork Lucy Jagger

Produced and created by Bill Dare
BBC Studios Production

TUE 23:30 Limelight (m00146wp)

Siege

Siege - Episode 2

By Katherine Jakeways, Eno Mfon and Darragh Mortell.

Everybody remembers the Siege, when for 24 hours the whole world was watching a small South London branch of a global supermarket chain. You've seen the news, the crazy conspiracy blogs and Naomi's infamous Snap. Now for the first time the hostages tell the inside story of what really happened on those two dark days in December.

Episode 2

The manager is badly wounded, the police have arrived, and the armed robbery has now become a siege.

CAST

NAOMI - Danielle Vitalis
JACKSON - Kwabena Ansah
PENNY - Jasmine Hyde
MAGGIE - Stacey Abalugun

SOUND DESIGN - Catherine Robinson
DIRECTOR - John Norton
PRODUCED by John Norton and James Robinson

A BBC Cymru Wales Production

Siege is the latest drama in the Limelight strand and will also be available in full on BBC Sounds from Monday 7 February as a 5-part podcast

WEDNESDAY 05 APRIL 2023

WED 00:00 Midnight News (m001kpyb)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 The Crowning of Everest (m001gksr)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m001kpyd)

The latest shipping forecast

WED 01:00 Selection of BBC World Service Programmes (m001kpyg)

World Service

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m001kpyj)

The latest shipping forecast

WED 05:30 News Briefing (m001kpym)

National and international news from BBC Radio 4

WED 05:43 Prayer for the Day (m001kpyr)

Good morning. With the Easter Holidays once more upon us, I'm reminded of happy childhood memories as I see the excitement of my own children. Two weeks off school AND Easter eggs to eat. What joy! In particular I remember one school holiday when I was allowed to stay up late to watch a film with my Dad. Now my Father is usually happier under a car than in the cinema, so I knew this must be something special. The film was Chariots of Fire – the Oscar-winning true story of British sprinters Harold Abrams and Eric Liddell as they go for gold in the 1924 Olympics. I've loved the film ever since and Eric's story, in particular, has stayed with me.

He is remembered as the Flying Scotsman who refused to run on a Sunday because of his Christian faith. In the film, his sister, Jenny, is depicted as trying to dissuade him from his athletics, so he can join the family as missionaries in China. There's a great scene in which he tells Jenny he's been accepted by the missionary society, but he's got a lot of running to do first. In a line I will never forget he says "God made me for a purpose – to go to China. But he also made me fast. And when I run, I feel his pleasure".

I find that wonderfully affirming. So often our gifts and talents can get squashed or side-tracked by fear or circumstances or career choice. When the truth is we each have a unique palette of talents that are designed to be used and enjoyed to the full for the thriving of others and ourselves.

Heavenly Father, thank you for the talents you give each one of us. May we feel your pleasure as we use them for good.

WED 05:45 Farming Today (m001kpyt)

05/04/23 Blueprint plans for water; peat restoration; eco labelling

Details of government's new plan for water in England. It says extra funding will give farmers more free advice from the Catchment Sensitive Farming scheme and promises more funding for constructing reservoirs on farms. It's also earmarked nearly £34 million pound to help livestock farmers improve their slurry storage. We speak to the farming minister Mark Spencer.

A group in Devon is using bunds made from sheep's wool and moss to help restore peatlands on Dartmoor. The aim is to capture carbon - and make a statement about the climate emergency. It's part of a project called How to Bury the Giant.

This week we're taking a look at labelling. A new study from Rothamsted Research examines whether food labels should take into account 'the bio-availability' of the nutrients in different foods, and how that would affect their overall carbon footprint and sustainability.

Presenter =Caz Graham
Producer = Rebecca Rooney

WED 05:58 Tweet of the Day (b03zr1zj)

Common Whitethroat

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Kate Humble presents the common whitethroat. Whitethroats are warblers which winter in the Sahel region south of the Sahara desert and spend spring and summer in Europe. When they arrive in April the males establish a territory by singing that scratchy song from hedgerow perches or by launching themselves into the air.

WED 06:00 Today (m001kpsf)

Donald Trump has claimed he's the victim of election interference after lashing out at the prosecutor who's brought criminal charges against him. Join Nick Robinson and Martha Kearney as they talk through the charges brought against the former President.

The BBC's Harry Farley has the latest in our series on how a woman's body was undiscovered in a flat for two and a half years, and we ask the housing association responsible for the block where she lived, what went wrong.

This episode of Today was edited by Victoria Gardiner and Tom Smithard. The studio director was Graham White.

WED 09:00 Life Changing (m001kpsk)

Taken: Tracey's story

Tracey knew something was wrong the moment she got to the house. The place was empty, the children were gone and so was her husband Taz. Their marriage had broken down and they were going through divorce proceedings. Then she got a text message from him: 'Gary and Lisa say goodbye forever.' They'd been taken to Pakistan. Tracey enlisted the police, the Foreign Office and Interpol but in the absence of an agreement between Pakistan and England about parental child abduction cases — they were powerless. Tracey was advised not to travel to Pakistan and she had no idea where to start looking for them anyway. Dr Sian Williams hears what Tracey went through in the decade it took for her to find her children, and the complicated aftermath.

In the next episode Sian talks to Lisa, Tracey's daughter, to hear the story from her point of view.

WED 09:30 Please Protect Abraham (m001fw83)

2. Betrayal

15-year-old Abraham faces an almost impossible decision.

He has saved a teenage girl from a brutal attack. He is asked to provide evidence in the upcoming trial. But already, Abraham is receiving threatening messages to stay silent. How real are the risks? Journalist Sam Holder investigates what types of protections are available to witnesses of violent crimes.

Presenter and Original Research: Sam Holder
Series Producer and sound design: Anishka Sharma
Story Consultant: Robert Awosusi
Additional Research: Christy Callaway-Gale

Theme music written and performed by Rebekah Reid and Tapp Collective.

Original music compositions by Femi Oriogun-Williams

A Whistledown production for BBC Radio 4

WED 09:45 The Crowning of Everest (m001gk8m)

The Summit

In 1953 the 9th British expedition to the top of Mount Everest finally reaches the summit.

In the final team was a New Zealander and a Nepalese Sherpa. Edmund Hillary and Tenzing Norgay come down the mountain to a blaze of publicity. They were soon to become the most famous men in the world. To the team involved and the wider world the expedition was a British one, but Britain, New Zealand, Nepal and even India would lay claim to its success.

Just as Britain was preparing Queen Elizabeth II's Coronation, the world would learn that Everest itself had been crowned.

Presenter: Wade Davis
Series producer: Louise Clarke-Rowbotham
Sound design: Richard Hannaford
Editor: Tara McDermott
Production co-ordinators: Siobhan Reed and Helena Warwick-Cross

WED 10:00 Woman's Hour (m001kpsm)

Actor Helen George, 'Stevenage Woman', Author Diana Evans

She is best known for her role as the Poplar-based midwife Trixie Franklin, in *Call the Midwife*. Helen George has also been a star of *Strictly Come Dancing*, sung with Elton John and at Buckingham Palace to mark the 75th anniversary of VE Day. She now brings all her theatrical skills together by stepping into Deborah Kerr's shoes to play the part of Anna in a UK tour of the Rodgers and Hammerstein musical *The King and I*.

Is 'Stevenage Woman' the new 'Mondeo Man'? The Labour Party leader Sir Keir Starmer is being urged to focus on this female swing voter group in a new report by left-leaning think tank Labour Together. But how useful are these profiles and why are they used? And from 'Workington Man' to 'Essex Man', why are they typically male? We discuss with Rosie Campbell, Professor of politics and Patrick English, Associate Director at Yougov.

A House for Alice is the new novel by Diana Evans, a sequel to the much acclaimed *Ordinary People*. It is a multigenerational portrait of a black British family, and explores the impact of matriarch Alice's decision to return to the country of her birth, Nigeria, to live out her later years. Diana joins Nuala in the studio to discuss the inspiration behind the novel.

Did you ever flick through Carole Jackson's hit book 'Colour Me Beautiful' to "find your season"? The popular 1980s trend of 'getting your colours done' is back. The hashtag #colouranalysis has 766million views on TikTok and you can even find a filter to work out your colours for yourself. So, as we are once again asking 'what season am I?' We talk to Journalist Kat Brown who is a big believer in the power of colour, and Nisha Hunjan, founder of Style ME UK, who uses colour analysis.

Presenter: Nuala McGovern

Producer: Emma Pearce

WED 11:00 Disaster Trolls (m001jmsl)

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 A Very British Cult (m001kvf7)

1. Lighthouse

In November 2021 investigative journalist Catrin Nye got a call from Dawn. She said her boyfriend Jeff was trying to leave a cult. But this cult was also a life coaching company.

Dawn said Jeff had handed over more than £100,000 to them and wasted years of his life. And what Dawn is really worried about is that the group are still active; they're recruiting new members and she needs to raise the alarm. Jeff had simply signed up for a life coach, so how did it all go so wrong for him?

What happens when a life coach takes over your life? Catrin Nye and her team expose control, intimidation and fear at a sinister life coaching company.

Reporter: Catrin Nye
Written by: Jamie Bartlett and Catrin Nye
Producers: Osman Iqbal, Natalie Truswell, Ed Main and Jo Adnitt
Researcher: Aisha Doherty
Executive Producer: Ravin Sampat
Sound engineer: James Bradshaw
Original music by: Phil Channell
Commissioner: Rhian Roberts

Archive clips from: Stephen Covey Video on Choosing Success (Success Television)

WED 12:00 News Summary (m001kpxl)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001kpsr)

Product Reviews, Subscription Traps and Bungalow Sales

Signed up for a subscription without realising? We'll be asking how that happens, plus in the area between editorial and advertising can you trust a review that's paid for?

WED 12:57 Weather (m001kpst)

The latest weather forecast

WED 13:00 World at One (m001kpsw)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 The Shankill Gold Rush (m001kpsy)

Whose Gold?

In the summer of 1969, weeks before the Troubles would ignite, children playing in the rubble of a demolition site struck gold! While searching for treasure hundreds, maybe thousands of gold sovereigns, hidden and forgotten years before, tumbled to the ground from a chimney stack. More than 50 years later, author Glenn Patterson visits the Lower Shankill Road to find out who the coins belonged to. Why were they hidden? And where are they now?

Written and presented by Glenn Patterson

Sound by Bill Maul

Producer Sarah McGlinchey

Executive Editor Andy Martin

A BBC Northern Ireland Production for Radio 4

WED 14:00 The Archers (m001kpt0)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Life Lines (m000zmj3)

Series 5

Part Two

by Al Smith

Carrie Sarah Ridgeway
Will Rick Warden
Ian Michael Jibson
Mark Tim McMullan
Craig Justice Ritchie
Train Driver Christine Kavanagh
Justin Joseph Ayre
Paramedic Shaun Mason

Director Sally Avens

Award-winning drama set in an ambulance control room. Every day, Carrie must deal coolly with heart-stopping situations but what can she do when the emergency services have become the problem?

WED 15:00 Money Box (m001kpt2)

Money Box Live: New Financial Year

From 6th April, there's set to be a host of financial changes. From household bills, changes to pensions, national insurance and help for energy bills. Almost every household will be affected in some way.

We breakdown the main things that you need to know and put your questions to a panel of experts - Helen Thornley, from The Association of Tax Technicians and Sam Richardson, Deputy Editor at Which? Money Magazine.

Presenter: Dan Whitworth
Producer: Amber Mehmoed
Reporter: Hannah Mullane
Editor: Jess Quayle

(First broadcast 3pm, Wednesday 5th April, 2023)

WED 15:30 Troubled Water (m001k0dq)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Thinking Allowed (m001kqdv)

Asylum and 'Home'

Asylum and 'home' - the impact of asylum dispersal and Syrian refugees' quest for home. Laurie Taylor talks to Jonathan Darling, Associate Professor in Human Geography at Durham

University, about the system of housing and support for asylum seekers and refugees in Britain, from the first outsourced asylum accommodation contracts in 2012 to the renewed wave of outsourcing pursued by the Home Office today. Drawing on six years of research into Britain's dispersal system, and foregrounding the voices and experiences of refugees and asylum seekers, he argues that dispersal has caused suffering and played a central role in the erasure of asylum from public concern.

Also, Vicki Squire, Professor of International Politics at the University of Warwick, discusses the narrative recollections of people who have survived the current Syrian War, only to confront the challenges of forced displacement and relocation, from the West Midlands to London, Canada. What is the meaning of home to those who are subjected to complex migratory journeys and carry memories of extended family, community and homeland in a conflict which has displaced half the population? How do refugees create home 'away' from home?

Producer: Jayne Egerton

WED 16:30 The Media Show (m001kpt4)
China and the Information War

TikTok is the biggest media brand to come out of China and has been in the news because of US security concerns about the app. China denies there is an issue – but what is undeniable is that China has a global media strategy designed to amplify its own narratives.

Guests: Yuan Yang, Europe-China correspondent, Financial Times; Howard Zhang, Chinese Editor, BBC News; Sean Haines, Freelance journalist and former Xinhua reporter; Joshua Kurlantzick, Senior Fellow for Southeast Asia, Council on Foreign Relations

Presenter: Ros Atkins

Producers: Helen Fitzhenry and Simon Richardson

WED 17:00 PM (m001kpt6)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m001kq9n)
Sturgeon's Husband Arrested In SNP Probe

Nicola Sturgeon's husband has been arrested as part of a probe into the SNP's finances

WED 18:30 Ellie Taylor's Safe Space (m001kpth)
Series 3

Episode 2: Reality TV

Ellie Taylor welcomes you to "Safe Space", a place where anyone can offload their controversial opinions without fear of judgment.

She talks to members of the public about their gripes and dislikes. This week she wants to prove that reality TV is of cultural significance! It shows people from all walks of life and has provided some of the most memorable TV moments of the last twenty years.

Joining Ellie to prove her point is regular sidekick Robin Morgan.

With special guest: Star of hit BBC reality show The Traitors, Amanda Lovett. She chats to Ellie about what it was like being on The Traitors, why she thinks reality TV is important in bringing people together and why she always carries her Traitors cloak with her.

Written by and starring Ellie Taylor and Robin Morgan.

Producer: Georgia Keating
Executive Producer: James Robinson
Production Co-ordinator: Becky Carewe-Jeffries
Sound editor: Marc Willcox

A BBC Studios production for Radio 4

WED 19:00 The Archers (m001kptd)

Ahead of the first Eurovision committee meeting, Harrison tells Jolene that he knows why Justin has been getting involved in community activities. He wants to win the Borseshire Business Angel of the Year award. When Justin arrives, he struggles to join in with Harrison and Jolene reminiscing about their favourite past Eurovision moments. Harrison emphasises the importance of fully committing to volunteer roles and he and Jolene subtly convey to Justin that they've rumbled him.

Justin confesses he is competing for the business angel award and admits defeat: he can't pretend to love Eurovision. He thought he'd signed up for a Coronation committee. He goes to leave but then remembers he needs a signature to confirm his volunteering activity. Harrison and Jolene don't think a few minutes at one meeting qualifies as proper volunteering and Justin begs them. He's shouldered so much with his time in the shop, but he thinks Martyn may still have the edge for the award. Harrison and Jolene agree to sign off Justin's Eurovision volunteering in exchange for a financial contribution to the community Eurovision activities.

Adam and Kate share the hurt they feel over Jennifer singling out Martha in her will. Kate can't help feeling angry towards their mother for leaving them with something so contentious. They're all worried about the effect it's having on Alice. Adam and Kate talk through Jennifer's motivations for leaving money just to Martha. They agree they need to support Alice and be grateful that Jennifer didn't think their own children needed the money.

WED 19:15 Front Row (m001kptg)

Boris Becker documentary. Commemorating the Good Friday Agreement in art, Artist-led organisations

For his latest project, the Oscar-winning filmmaker Alex Gibney has turned his attention to the original tennis wunderkind Boris Becker. He talks about the making of his documentary, Boom! Boom!: The World vs Boris Becker, and what it was like to follow the sports legend during the period which saw him land in jail.

The BBC's Kathy Clugston looks at how artists are commemorating the 25th anniversary of the Good Friday Agreement and talks to Gail Ritchie and Raymond Watson about the different approaches they have taken to marking moment when the agreement was made.

What happens when a working artist leads an arts organisation and should artists be leading more organisations? Poet, writer, and performance artist Keisha Thompson, who is also the artistic director and CEO of Contact, the theatre and arts venue in Manchester, and visual artist-curator Gavin Wade, who is also the co-founder and director of Eastside Projects in Birmingham, discuss what artists bring when they are at the helm.

Presenter: Nick Ahad
Producer: Ekene Akalawu

WED 20:00 Behind the Crime (m001kptj)

[Repeat of broadcast at 13:30 on Sunday]

WED 20:30 One to One (m001cx0t)

Reece Parkinson and Melanie Stephenson-Gray

BBC Radio 1Xtra DJ and long distance runner Reece Parkinson meets Welsh athlete Melanie Stephenson-Gray to talk about type 1 diabetes and how it impacts their lives and love of sport.

Producer: Melanie Pearson

WED 20:45 Lent Talks (m001kptl)

The People's Prayer - The Power and the Glory

It may seem strange to speak about power and glory in Holy Week, in the week when the focus is a crucified man in so much pain and torment. When it looks like evil has won. When the words of the Lord's Prayer, all seem so distant. Thy will be done? Is this God's will? But this image, the dying man is an image of glory. In becoming the least of all, in becoming a sacrifice, this is how God shows his power.

Archbishop Stephen Cottrell speaks from personal experience and draws on the story of the Passion and the words of Jesus from the Cross. What do they mean for people today? People suffering from illness? People living in poverty? People living with loneliness or struggling with their mental health. Power, glory, eternity, are not for them. But if we turn the idea on its head, we see a new message. "The glory of the cross is Christ present with us in our suffering. God's real and actual power was always the power of love."

In this series six people reflect on Jesus ministry, teaching and Passion from a deeply personal perspective focussing on words from The Lord's Prayer. Their life experience is echoed by the words of The Lord's Prayer. These are words shared across Christian denominations but they go further; they are part of our culture and tradition. They express universal themes that speak to the hopes and dreams of humanity, a cry to fulfil both our spiritual and physical needs.

It could really be thought of as The People's Prayer.

Producer: Katharine Longworth

WED 21:00 Costing the Earth (m001kqzy)
[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m001kpt4)
[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m001kptn)
Peter Murrell released without charge after arrest

The latest on the dramatic developments in Scotland, with the arrest of Peter Murrell, the husband of Nicola Sturgeon, and the searching of their home.

Also, we hear from one of the Nepalese gorkhas who worked for the British in Kabul, who were rescued, and now are facing removal from the UK.

And we de-cipher the symbols on the Coronation invitation.

WED 22:45 Magpie by Elizabeth Day (p0dqk1zn)
Episode 3 - An Affair?

The psychological novel, Magpie, continues. The early days of the pregnancy are a struggle, and what's more Marisa finds Kate's presence troubling. Why is Kate so familiar with her boyfriend? Pippa Nixon reads.

Magpie by Elizabeth Day is, an exhilarating psychological story about jealousy, motherhood and power. A happy couple are trying for a baby when a young woman enters their lives. It isn't long before her presence upends everything and their lives implode.

Elizabeth Day is an award-winning novelist, journalist and podcaster. Her memoir How To Fail was a best-seller, and her podcast, How to Fail With Elizabeth Day is a chart-topping podcast.

Abridged by Rowan Routh
Produced by Elizabeth Allard

WED 23:00 Jessica Fosteckew: Sturdy Girl Club (m001kpts)
Episode 2: Powerlifting

In this second episode of the stand-up series looking at women's weightlifting, Jessica Fosteckew introduces us to Powerlifting - squat, bench press and deadlift.

We hear from 'Princess of Iron' Sharon Eggleton (current second strongest Powerlifter in Britain), as well as comedian and fanatical powerlifter Fern Brady, on just how brilliant and grounding it is to feel strong, not enjoying being a team player and how the rise in female take-up of the sport is beginning to counter the toxic masculinity of the free weights area.

Written and Performed by Jessica Fosteckew
Producer: Lyndsay Fenner
Executive Producer: Victoria Lloyd
Sound Recordist: David Thomas

A Mighty Bunny production for BBC Radio 4

WED 23:15 Nurse (m0000y17)
Series 3

Episode 1

Bittersweet comedy drama about a community mental health nurse. Starring Paul Whitehouse.

WED 23:30 Limelight (m00146by)
Siege

Siege - Episode 3

By Katherine Jakeways, Eno Mfon and Darragh Mortell.

Everybody remembers the Siege, when for 24 hours the whole world was watching a small South London branch of a global supermarket chain. You've seen the news, the crazy conspiracy blogs and Naomi's infamous Snap. Now for the first time the hostages tell the inside story of what really happened on those two dark days in December.

Episode 3.
Night falls and Naomi is in danger. The police are on the roof and the gunman starts to get mad at the authorities. He decides to show them he means business. The world is watching.

CAST
NAOMI - Danielle Vitalis
JACKSON - Kwabena Ansah

KEMI - Layo-Christina Akinlude
 PENNY - Jasmine Hyde
 MAGGIE - Stacey Abalugun
 DEREK - Ewan Bailey

SOUND DESIGN – Catherine Robinson
 DIRECTOR - John Norton
 PRODUCED by John Norton and James Robinson

A BBC Cymru Wales Production

Siege is the latest drama in the Limelight strand and will also be available in full on BBC Sounds from Monday 7 February as a 5-part podcast

THURSDAY 06 APRIL 2023

THU 00:00 Midnight News (m001kpts)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 The Crowning of Everest (m001gk8m)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001kpv1)

The latest shipping forecast

THU 01:00 Selection of BBC World Service Programmes (m001kpv5)

World Service

BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m001kpv9)

The latest shipping forecast

THU 05:30 News Briefing (m001kpvf)

National and international news from BBC Radio 4

THU 05:43 Prayer for the Day (m001kpvk)

Good morning. Our house is very rarely quiet. In fact, with 4 boys under 9 years old and busy jobs, we joke that our family motto is "never a dull moment". This is especially so as the boys have recently discovered music in a big way. We've helped the older ones create their own playlists and it's wonderful to see what they put on there because they are totally unencumbered by what might be cool or popular. They just put on the songs they love to listen and dance to. However, it does mean we still have more than a few Christmas songs even in the Easter Holidays.

For my wife and I it's a fun and noisy season, but that's not to say we don't crave quiet – to have time on our own and to time to talk. Sometimes it's enough to run an errand or just have a few minutes in the garden, but often we need to be more deliberate.

In the Christian calendar today is known as Maundy Thursday. It reflects the events leading up to the arrest of Jesus and captures both the noise and quiet of the unfolding drama. Jesus and his disciples share the last supper – together, eating and drinking in a Jerusalem packed with pilgrims from all around. And then they leave the city and seek the quiet of the garden where Jesus asks his friends to stay with him as he prays. Throughout the gospels there are stories of Jesus surrounded by great crowds as he teaches and heals, but they are peppered with accounts of him slipping away to a quiet place on his own. Much less dramatic, but no less important.

Heavenly father, whatever we may be facing help us to make time for quiet, to be still and to listen. AMEN

THU 05:45 Farming Today (m001kpvv)

UK egg producers say the new trans-Pacific free trade deal is bad for animal welfare and bad for the British egg industry. The British Egg Industry Council fears that UK animal welfare standards will be undermined and producers will be put at a commercial disadvantage by the latest post-Brexit trade agreement, the CPTPP. The Trans-Pacific Partnership, whose members include Mexico, Canada and Japan, will have quotas and permanent limits for imports of 'sensitive' products like beef and lamb - but not eggs. The Council's chief executive, Mark Williams, says 99% of Mexico's eggs come from birds that are kept in battery cages, a method of production which was banned in the UK in 2012.

We're talking about food labelling all this week. The Government is expected to consult later this year on plans to introduce mandatory welfare labelling for poultry and pork products with labels explaining how the livestock's been

farmed. There are already many different voluntary schemes with labels on pork relating to how pigs are reared, but is focusing on production methods alone a good measure of animal welfare? Cambridge University scientists have come up with a system of measuring welfare that uses what they say is a reliable comparison across different types of pig farming.

People who want to camp out on Dartmoor may have that right returned. The Dartmoor National Park Authority has been granted permission to appeal against a High Court decision in January that meant the right to wild camp anywhere on Dartmoor was removed. The ruling came about after a landowner challenged a longstanding assumption that the public had an automatic right to camp without permission.

Presented by Caz Graham and produced by Beatrice Fenton.

THU 05:58 Tweet of the Day (b08q71yy)

John McPherson on the Ptarmigan

Ideally suited to its mountain habitat the ptarmigan enthralled photographer John McPherson as he climbed in the Cairngorms one winter's day. At one point a wheeling lone bird crash landed beside him, looking almost embarrassed to take a tumble.

Producer Maggie Ayre.

THU 06:00 Today (m001kptt)

The Metropolitan Police has diverted dozens more officers onto professional standards after finding hundreds of sexual and domestic abuse complaints need to be re-assessed. Sir Mark Rowley the Met Commissioner joins Mishal Husain and Nick Robinson.

The housing secretary, Michael Gove, has said that some of the cuts to social housing made by the coalition government were a mistake. He has been speaking to this programme about the case of Sheila Seleone who lay undiscovered in her flat in south London for two-and-a-half years after she died.

This episode of today was edited by Victoria Gardiner and Jack Evans. The studio director was Ben Andrews.

THU 09:00 In Our Time (m001kpty)

Cnut

Melvyn Bragg and guests discuss the Danish prince who became a very effective King of England in 1016.

Cnut inherited a kingdom in a sorry state. The north and east coast had been harried by Viking raiders, and his predecessor King Aethelred II had struggled to maintain order amongst the Anglo-Saxon nobility too. Cnut proved to be a skilful ruler. Not only did he bring stability and order to the kingdom, he exported the Anglo-Saxon style of centralised government to Denmark. Under Cnut, England became the cosmopolitan centre of a multi-national North Atlantic Empire, and a major player in European politics.

With

Erin Goeres
 Associate Professor of Old Norse Language and Literature at University College London

Pragya Vohra
 Lecturer in Medieval History at the University of York

and

Elizabeth Tyler
 Professor of Medieval Literature and Co-Director of the Centre for Medieval Studies at the University of York

Producer Luke Mulhall

THU 09:45 The Crowning of Everest (m001gl6v)

Scoop of the Century

The world is waiting for news of success from the British expedition on Mount Everest.

James Morris, later to become Jan Morris, is a reporter from The Times newspaper embedded with the team on the mountain. When news arrives that Edmund Hillary and Tenzing Norgay have reached the summit, he must find a way to get the news to London without it leaking to other journalists waiting in Kathmandu.

Morris delivers the news via a secret code.

As the climbing team make their way down the mountain crowds gather to greet the heroes.

Presenter: Wade Davis

Series producer: Louise Clarke-Rowbotham
 Sound design: Richard Hannaford
 Editor: Tara McDermott
 Production co-ordinators: Siobhan Reed and Helena Warwick-Cross

THU 10:00 Woman's Hour (m001kpv2)

DJ Kavita Varu, Former international footballer Professor Laura McAllister, 'Crown to Couture', Author Curtis Sittenfeld

Kavita Varu is a lawyer from Sheffield and a single mother of two who hit rock bottom just as we went into lockdown three years ago. She decided to learn how to DJ, bought some decks and taught herself. She started doing live sessions on social media, has since played in Ibiza and Amsterdam and recently won the Inspiring Indian Women She Inspires Rising Star award.

Scientists believe that they have found a new way to administer a drug to prevent post-natal haemorrhage, which is thought to cost the lives of seventy thousand women a year globally. This makes it one of leading causes of maternal deaths worldwide. Tranexamic acid, which is used to control bleeding after giving birth, is usually given intravenously. But after conducting trials in Pakistan and Zambia, researchers at the London School of Hygiene and Tropical Medicine found that it worked well if injected into the body via a muscle.

Academic and former international footballer Professor Laura McAllister has made history as the first Welsh woman to be elected to UEFA's executive committee. With a background in sports governance, Laura McAllister says she's on a mission to use her seat at the table to modernise the game and reflect the growth of the sport.

Iconic red-carpet looks from Lizzo and Phoebe Waller-Bridge go on display alongside the historic frocks that inspired them this spring. Crown to Couture at Kensington Palace gives audiences the exclusive chance to see Lizzo's spectacular 2022 Met Gala dress and Phoebe Waller-Bridge's Monique Lhuillier gown from the 2019 Emmys alongside original Georgian couture like the Silver Tissue Gown worn at the court of Charles II. We hear from Polly Putnam the curator of the exhibition.

Romantic Comedy is the new novel from bestselling author Curtis Sittenfeld. Sally, a successful comedy writer in her own right meets Noah a global celebrity and she is thrown into turmoil. Can a 'normal' person date a superstar? It seems to work for her male colleagues who regularly step out with accomplished, beautiful women, so why is Sally so plagued with insecurities? Curtis Sittenfeld joins Anita.

Presenter: Anita Rani
 Producer: Kirsty Starkey

THU 11:00 Crossing Continents (m001kq3r)

Vienna: getting housing right

In Britain we have failed for decades to build enough houses with good design and make living in them affordable – whether rented or bought. All this affects millions, especially young people. One place which seems to have a far better record is Vienna. Rents are affordable, the housing is high quality, there's a good social mix with new estates designed with everyone in mind. So how has the City achieved this? And with pressures like a growing right to buy ethos, how sustainable all this in the face of future challenges? While the great Social Democratic tradition that Vienna's housing embodies seems to have faded or disappeared across much of Europe, here it seems to have thrived. Is Vienna's housing dream a one-off, or can it be a place everywhere else can learn from?

Reporter: Chris Bowlby
 Producer: Jim Frank

THU 11:30 Great Lives (m001kpv6)

[Repeat of broadcast at 16:30 on Tuesday]

THU 12:00 News Summary (m001kpvb)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001kpvq)

You and Yours Gap Finders; The One Year Anniversary

This week marks the first anniversary of the Gap Finders series here on You and Yours.

Every Thursday we hear from people who spotted a gap in the market which they think they can fill. Over the year we've heard intimate details from more than 40 amazing entrepreneurs, establishing businesses in hospitality, retail, banking, cosmetics, everything really that involves YOU spending your money.

So today, we're celebrating female business leaders and going back to three of our Gap Finders who shared the highs and sometimes bumpy roads of their careers so far.

We're joined by:

Rachael Twumasi-Corson, the Chief executive and co-founder of the UK based hair products brand Afrocentchix.

Brie Read, chief executive of hosiery and clothing firm Snag Group.

and, Marcia Kilgore - She's the founder of Beauty Pie... which is a skincare and makeup subscription service.

PRESENTER: SHARI VAHL

PRODUCER: LINDA WALKER

THU 12:32 Sliced Bread Presents (m001kv7h)
Toast - Google Glass

From the team behind the hit series, Sliced Bread.

Sean Farrington investigates wonder products and businesses which promised so much to consumers.... but ultimately ended up toast.

Sean is joined by the self-made millionaire and serial entrepreneur, Sam White, to conclude what went wrong. Together they look at why a product or business failed, and what we can learn from their stories today.

In this episode, Sean talks about wearable tech and Google Glass.

These futuristic looking spectacles, with a heads-up display which showed text messages and street directions and allowed users to record video footage of what was happening around them, were named in Time Magazine as one of the best inventions of 2012.

There was plenty of hype. Google even demonstrated them by live-streaming a sky dive using Google Glass.

But by 2015, just two years after their release, Google announced that Google Glass Explorer, the consumer version of the glasses, was going to be shelved, and the version used by businesses has since been ditched too.

Sean and Sam speak to the BBC's former technology correspondent, Rory Cellan Jones, and the 'godfather' of wearable technology, Professor Sandy Pentland from the Massachusetts Institute of Technology, to discover how Google Glass went from being the best thing since sliced bread, to toast.

Presenter: Sean Farrington
Producer: Jay Unger

THU 12:57 Weather (m001kpv1)
The latest weather forecast

THU 13:00 World at One (m001kpvq)
Forty-five minutes of news, analysis and comment, with Sarah Montague.

THU 13:45 The Shankill Gold Rush (m001kpvps)
Tragedy

In the summer of 1969, weeks before the Troubles would ignite, children playing in the rubble of a demolition site struck gold! While searching for treasure hundreds, maybe thousands of gold sovereigns, hidden and forgotten years before, tumbled to the ground from a chimney stack. More than 50 years later, author Glenn Patterson visits the Lower Shankill Road to find out who the coins belonged to. Why were they hidden? And where are they now?

Written and presented by Glenn Patterson
Sound by Bill Maul
Producer Sarah McGlinchey
Executive Editor Andy Martin
A BBC Northern Ireland Production for Radio 4

THU 14:00 The Archers (m001kptd)
[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama (m001kpvv)
Word Scrubs

Mitch and Meg, siblings in their 30s, are the great great nephew and niece, and literary executors, of Peggy Stanhope (1889-1959), a prolific and profitable writer of books for

children and young adults from a very different era.

Beloved by generations of children around the world, White Star (1943), winner of the Carnegie Medal, is the story of a snowy horse, owned by a young woman, who frightens away the evil stallion Black Boy from a village. Because of its time of publication, White Star was seen by some teachers and preachers as a patriotic allegory of Allied superiority to the Nazis, although Stanhope, denied this.

In 2023, a Hollywood streamer wants to adapt the book as movie, but, as a condition, wishes to change the title and some of the plot and language.

The meetings between the siblings and the publishers are intercut with Home Service readings from Stanhope's work, and interviews with their author on Desert Island Discs, in a drama that takes its inspiration from the current debate over whether classic texts should be rewritten for contemporary re-publication.

Written by Mark Lawson

CAST
DAME JESS ELLIOTT - Jane Slavin
MITCH - Damian Lynch
MEG - Tracy-Anne Green
PEGGY STANHOPE - Barbara Flynn
SKIPPY LEAVESDEN-SMART - Tom Glenister
LORD JUSTICE SHARP - Clive Hayward

Producer/Director: Eoin O'Callaghan
A Big Fish Radio production for BBC Radio 4

THU 15:00 Open Country (m001kpvx)
Saving Our Wild Spaces

From oyster monitoring in Northern Ireland, to beach cleaning in the North East of England, and from wildlife gardens in Felixstowe to tree-planting in Scotland, Helen Mark returns with a new series of Open Country and speaks to some of the many people who give up their time to volunteer on conservation projects.

Inspired by the BBC One series 'Wild Isles' which celebrates the natural wonders and wildlife of Britain and Ireland, Helen is on a pontoon in Bangor, County Down to find out why looking after oysters is integral to our seas. She speaks to two people in Bath who have taken on the management of an area of land for the benefit of the community, and hears the inspiring story of how one woman's determination to pick up rubbish on beaches in the North East has blossomed into an organised community project.

Produced for BBC Audio in Bristol by Toby Field.

THU 15:27 Radio 4 Appeal (m001kplx)
[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Bookclub (m001kpmq)
[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 Princess (m001kskr)
Leila Pahlavi

Presenter Anita Anand joins comedian Shaparak Khorsandi and author Andrew Scott Cooper to explore the tragic life, death and legacy of Princess Leila Pahlavi, the last Princess of Imperial Iran. Leila was the daughter of Mohammad Reza Pahlavi, and the last in a long line of Iranian Royalty.

But when the 1979 revolution began, Leila and her family were forced to escape. Leila spent the rest of her life in exile and while she had a brief career as a model and 90s It Girl, she tragically died alone in a London hotel. In this episode, we trace her story and the monumental impact it's left on the Iranian community.

Producer: Rufaro Faith Mazarura
Editor: Ailsa Rochester
Sound Design: Craig Edmondson

An Audio Always production for BBC Radio 4

THU 16:30 BBC Inside Science (m001kpvz)
Recycling

In this special edition of Inside Science, Vic Gill prepares to rummage through our rubbish, to peek behind the curtain of the UK's recycling habits and see how well prepared we are as a nation to further our efforts of sustainable waste management.

Presenter: Vic Gill
Producer: Emily Bird

THU 17:00 PM (m001kpw1)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O'Clock News (m001kq9q)
Met Police Chief Demands Change

The head of the Metropolitan Police says he needs more power to kick out corrupt officers

THU 18:30 Susan Calman Makes Me Happy (m000bkf7)
Episode 1

Taking part in Strictly Come Dancing made Susan Calman happy. Completely, totally happy. And having lived with anxiety for so long, it was something of a surprise to discover something new that gave her feelings of joy. So, in Susan Calman Makes Me Happy, she explores and explains the other things in life that bring her happiness.

This week, aided and abetted by her studio audience and wife Lee, she delves into family. Those you're related to by blood, those you choose and those that choose you.

Produced by Lyndsay Fenner.
Written by Susan Calman and Jon Hunter.

Production Co-ordinator - Tamara Shilham

A Somethin' Else production for BBC Radio 4.

THU 19:00 The Archers (m001kpw3)

Lee finds Pat shooting the pigeons that are decimating the brassicas. He shares his worry for Helen's feelings after they laughed off Susan's mention of an engagement ring. Pat reassures Lee that Helen had never given any hint that she's interested in marrying Lee. She advises Lee not to be unsettled by Susan's comment. Helen joins them, reporting there's been a steady stream of interested visitors at the new dairy window. Chelsea and George clash as she cuts his hair. Chelsea's surprised to learn that Brad's going on George's birthday night out. She's not sure George will take care of Brad. George winds up Chelsea, suggesting he might add something to Brad's drink, and Chelsea purposely ruins George's hair.

Helen and Lee talk warmly of their children. Lee's daughters are messaging him more than when they lived in the UK. With Henry twelve years old, Helen sees raising a teenager as a marathon not a sprint. Henry messages Lee to say he's at the skate park after being on his games console earlier. Meanwhile Jack and Lee have been ordering Lee's Marvel figures in order of strength and kindness.

George gives his version of Chelsea ruining his hair to Susan. Susan says she will try to fix things, something she's always done since he was little. She sorts out another hairdresser to repair George's hair, and makes him sausage and mash for dinner to cheer him up. George tells her she's the best and they hug. Susan tells him he's a good lad.

THU 19:15 Front Row (m001kpw5)
Ai Weiwei at the Design Museum and TV drama Rise of the Pink Ladies

Ai Weiwei: Making Sense. We look at the new exhibition which opens at the Design Museum in London tomorrow.

Plus we review the new Grease prequel Rise of the Pink Ladies, streaming on Paramount+ from tomorrow.

Samira is joined by reviewers Nancy Durrant, Cultural Editor of the Evening Standard, and critic Karen Krizanovich.

Plus 25 years of the Good Friday Agreement. Two very different new plays marking the anniversary open this week. Agreement at the Lyric Theatre in Belfast dramatizes the negotiations that led to the deal. and Beyond Belief at the Derry Playhouse is a musical about the life of Irish politician John Hume - one of the architects of the peace agreement. Steven Rainey talks to the creative teams behind both productions about marking the moment.

Presenter: Samira Ahmed
Producer: Jerome Weatherald

THU 20:00 The Briefing Room (m001kpw7)
Trump's Legal Woes

David Aaronovitch and guests discuss Donald Trump's appearance in a New York court this week, his other looming legal cases and what all this means for him politically.

Guests::

Anthony Zurcher, BBC North America correspondent
Renato Mariotti, legal affairs columnist for POLITICO

magazine, a former federal prosecutor and host of the It's Complicated podcast

Dr Leslie Vinjamuri, Director of the US and the Americas programme at Chatham House
Dr Mitchell Robertson, associate lecturer in US History at University College London

Produced by: Kirsteen Knight, Isobel Gough and Ben Carter
Edited by: Richard Vadon
Sound engineer: James Beard
Production co-ordinator: Janet Staples

THU 20:30 Fallout: Living in the Shadow of the Bomb (m001cxrh)

Episode 1: Sub Rosa (Under the Rose)

In the summer of 2021, an art installation called An English Garden was planted in Gunners Park, Southend. This neatly tended flower bed, planted with Rosa floribunda - Atom Bomb - roses, along with wooden benches and plaques drew a connection between this site in Essex and the Montebello Islands off Western Australia where Britain tested its first atomic weapon on the 3rd of October 1952. The work issued a gentle invitation for visitors to reflect on Britain's "historical and ongoing identity as a colonial nuclear state".

Britain tested twelve full scale atomic weapons and conducted hundreds of 'minor trials' on Australian soil between 1952 and 1963, as well as further tests off Kiritimati (Christmas Island), a colony of Britain at the time in the south Pacific.

Seventy years on from that first atomic test, former servicemen and their families, Pacific islanders and indigenous communities in Australia, are still living in the shadow of these bombs.

This first of five episodes traces the events leading up to Britain's first atomic detonation, codenamed Operation Hurricane, with investigative journalist Susie Boniface, author and researcher Dr Elizabeth Tynan and the artist Gabriella Hirst who continues to propagate Atom Bomb roses through grafting workshops and talks.

The series is presented by Steve Purse whose late father, Flight Lieutenant David Purse, served at Maralinga, South Australia in 1963.

Includes music by Barney Morse-Brown (aka Duotone)
Produced by Hannah Dean with assistance from Michael Bromage and Dimity Hawkins
A Falling Tree production for BBC Radio 4
(Photograph courtesy of Steve Purse.)

THU 21:00 BBC Inside Science (m001kpzv)

[Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m001kpty)

[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m001kpwh)

In-depth reporting, intelligent analysis and breaking news from a global perspective

THU 22:45 Magpie by Elizabeth Day (p0dr53kz)

Episode 4 - An Attack

In Magpie the psychological novel takes an unexpected turn when Kate returns home from work to find the house in darkness.

Magpie by Elizabeth Day is an exhilarating story about jealousy, motherhood and power. A happy couple are trying for a baby when a young woman enters their lives. It isn't long before her presence upends everything and their lives implode.

Elizabeth Day is an award-winning novelist, journalist and podcaster. Her memoir How To Fail was a best-seller, and her podcast, How to Fail With Elizabeth Day is a chart-topping podcast.

Abridged by Rowan Routh
Produced by Elizabeth Allard

THU 23:00 My Teenage Diary (m000z6dd)

Series 10

Deborah Frances White

Rufus Hound's guest is the comedian, writer and podcaster Deborah Frances White, who reads from her teenage diaries. She talks about growing up as a Jehovah's Witness - can her conversion be linked to the moment she wasn't picked for the Inter-School Dance Competition?

A Talkback production for BBC Radio 4

THU 23:30 Limelight (m0014728)

Siege

Siege - Episode 4

By Katherine Jakeways, Eno Mfon and Darragh Mortell.

Everybody remembers the Siege, when for 24 hours the whole world was watching a small South London branch of a global supermarket chain. You've seen the news, the crazy conspiracy blogs and Naomi's infamous Snap. Now for the first time the hostages tell the inside story of what really happened on those 2 dark days in December.

Episode 4.

After some terrible news, the gunman goes crazy. Jackson can no longer cope and Kemi tries to calm the group. Speculation continues online about accomplices. Penny opens up about her family and Maggie has a plan. The ransom money is on the way.

CAST

NAOMI - Danielle Vitalis
JACKSON - Kwabena Ansah
KEMI - Layo-Christina Akinlode
PENNY - Jasmine Hyde
MAGGIE - Stacey Abalugun
DEREK - Ewan Bailey
NEWS REPORTER - Layo-Christina Akinlode

SOUND DESIGN – Catherine Robinson
DIRECTOR - John Norton
PRODUCED by John Norton and James Robinson

A BBC Cymru Wales Production

Siege is the latest drama in the Limelight strand and will also be available in full on BBC Sounds from Monday 7 February as a 5-part podcast

FRIDAY 07 APRIL 2023

FRI 00:00 Midnight News (m001kpwf)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 The Crowning of Everest (m001gl6v)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m001kpwk)

The latest shipping forecast

FRI 01:00 Selection of BBC World Service Programmes (m001kpwk)

World Service

BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m001kpwk)

The latest shipping forecast

FRI 05:30 News Briefing (m001kpwk)

National and international news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001kpwk)

Good morning on this Good Friday.

The image of Christ on the cross has been captured in paint, stained-glass, stone and film countless times through the centuries. But so ubiquitous is the picture that it can often become sanitised, little more than a pendant on a necklace and far removed from the brutal execution depicted in the Bible. Moreover, there's a danger we lose sense of how startling it is that one of the most iconic images in many cultures and communities is one of suffering.

When reading Theology at University I chose for my thesis to study Christian responses to suffering. I was recommended a book by historian Margaret Spufford called Celebration, a beautiful but heart-breaking account of the years of pain she and her daughter suffered due to chronic physical illnesses. On one occasion, Margaret describes being carried on a stretcher by paramedics who had an uncharacteristic misadventure. One of them lost his grip and dropped her. Margaret had suffered severe osteoporosis since her 20s and she describes all her senses going berserk in agony. And yet in that moment she had

a vision of Christ on the cross, just a glimpse very specifically of his arms and shoulder, the muscles bunched in pain. He did not assuage her pain she says – but he was inside it.

The Bible describes the resurrected Jesus as still bearing his scars. It is dangerous territory to ponder the purpose of suffering, but it seems to me profound that in the Easter story of life triumphing over death, suffering is not forgotten.

Heavenly father, give us the humility to sit with the deep and difficult questions of life, and give us the compassion to sit with the suffering. That they may know they are not alone. AMEN

FRI 05:45 Farming Today (m001kpwf)

07/04/23 - The UK National Willow Collection

The UK's National Willow Collection was set up in the aftermath of WW1 when a War Office review identified there had been a shortage of willow to make containers for ammunition.

100 years on, plastic is now used to do many of the jobs willow once did. But the collection is now run by Rothamsted Research, where scientists are looking at the potential for new materials to be made from willow that could replace plastic.

In this programme, Sarah Swadling visits the Collection, which has over 1500 different willows and celebrates it's 100th anniversary this year.

Presented and produced for BBC Audio in Bristol by Sarah Swadling

FRI 05:58 Tweet of the Day (b08rt9rh)

Joe Harkness on the skylark

Joe Harkness indulges in some bird therapy, rejoicing in the sight and song of the skylark. Joe writes about the benefits of birdwatching towards wellbeing through connecting people with nature.

Producer Maggie Ayre.

FRI 06:00 Today (m001kpwz)

Join Martha Kearney in Belfast and Nick Robinson in London as police in Northern Ireland warn dissident republicans could provoke street violence over the Easter weekend. 300 officers from other forces are being drafted in ahead of a visit by President Biden on Tuesday as part of events to mark the 25th anniversary of the Good Friday Agreement.

The BBC's Jeremy Bowen joins to discuss Israeli military airstrikes on Gaza and southern Lebanon during the night.

And Maggie O'Farrell talks about her best selling book Hamnet as it's announced it's to be made into a film.

This episode of Today was edited by Tom Smithard and Jack Evans. In Belfast the team were Joel Moors and Jade Bogart-Preleur. The studio director was Denis O'Hare.

FRI 09:00 The Reunion (m001kpm7)

[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 The Crowning of Everest (m001gl6c)

The Crowning Glory

2 June 1953. As the crowds line the streets to see their new Queen crowned, the news that Everest has been conquered is relayed over loudspeaker and adds to the excitement of the day. The Times prints its headline - the scoop delivered in secret code from the mountain.

Edmund Hillary is knighted while the press clamour to know who was first to the summit.

No better news could have reached Britain on the day of the Coronation of Queen Elizabeth II. It was a magical day that brought together a young Queen, her Commonwealth and her people in celebration.

Presenter: Wade Davis
Series producer: Louise Clarke-Rowbotham
Sound design: Richard Hannaford
Editor: Tara McDermott
Production co-ordinators: Siobhan Reed and Helena Warwick-Cross

FRI 10:00 Woman's Hour (m001kpwz)

Good Friday Agreement, Tanya Sarna, Windrush, Angie Thomas

Today marks 25 years since the Good Friday Agreement was

signed - bringing peace to Northern Ireland after 30 years of conflict. To mark this Jess Creighton is joined by two women working to continue that peace. Aoife Smith is the programme manager for Community Dialogue, an organisation which aims to build trust amongst people who hold opposing political, social and religious views and Hilary Copeland who is the Director of Fighting Words NI, an arts and education charity for children and young people.

Tanya Sarne was the woman behind the fashion brand Ghost. Launched in 1984, it became one of the biggest independent fashion brands in the 90s, famous for its outrageous parties and incredibly wearable but beautiful clothes. An only child to refugee parents, Tanya fell into fashion as an unemployed single mother of two, desperately trying to make a living. She's now written about her extraordinary life in a memoir, *Free Spirit*.

The civil rights group Black Equity Organisation is launching legal action following the Home Secretary's decision to drop three recommendations from the independent Windrush Inquiry. The recommendations in question are the establishment of a Migrants' Commissioner, an increase in the powers of the Independent Chief Inspector of Borders and Immigration and the running of reconciliation events. We discuss the reasons behind the judicial review with the CEO of the Black Equity Organisation, Dr Wanda Wyporska.

Angie Thomas is the global bestselling author of the novel *The Hate U Give* which was published in 2017, it became a best-seller and a film. Now, she has turned her hand to writing for younger readers with her new book *Nic Blake And The Remarkables*. Angie joins Jess Creighton to discuss.

Presented by Jess Creighton
Producer: Louise Corley
Editor: Beverley Purcell

FRI 11:00 The Briefing Room (m001kpw7)
[Repeat of broadcast at 20:00 on Thursday]

FRI 11:30 Ability (m001kpw6)
Series 4

Mi Casa Su Casa

Matt (played by Lee Ridley, aka Lost Voice Guy) is 28. He has cerebral palsy and can only speak via an app on his iPad. Everyone who cares about Matt knows that this isn't the defining thing about him. Matt is funny and clever and "up for stuff".

Matt shares a flat with his best mate, Jess (Sammy Dobson). He has a rubbish carer, Bob (Jason Lewis). And finally, last year, in series 3 Matt met Anna (Lisa Hammond). They have loads in common and she is even a wheelchair user so they can share their annoyance and grief and same sense of humour at people's crazy attitudes to disabilities.

Now in series 4 of this award nominated comedy, Matt has been with Anna for six months. This is to be their first romantic weekend away and Anna is very excited, but Matt is worried that Anna is all too easily slipping into the role of being his carer, so he asks Bob along to un-blur the lines. And then Jess joins in too. This is not what Anna had in mind.

Ability is the semi-autobiographical co-creation of Lee Ridley, who, like Matt, has Cerebral Palsy and uses his iPad to speak. Producer Jane Berthoud started developing this sitcom with Lee after he won the BBC New Comedy Awards in 2014. Lee later went on the win Britain's Got Talent in 2018.

The series is set in Newcastle.
Written by Lee Ridley, Kat Butterfield and Daniel Audritt
A Funnybones production for BBC Radio 4

FRI 12:00 News Summary (m001kpw8)
The latest national and international news from BBC Radio 4.

FRI 12:04 What Kind of Scotland? (m001kprx)
[Repeat of broadcast at 20:00 on Saturday]

FRI 12:57 Weather (m001kpwz)
The latest weather forecast

FRI 13:00 World at One (m001kpwf)
Forty-five minutes of news, analysis and comment, with Jonny Dymond.

FRI 13:45 The Shankill Gold Rush (m001kpwz)
(Long, long) After the Gold Rush

In the summer of 1969, weeks before the Troubles would

ignite, children playing in the rubble of a demolition site struck gold! While searching for treasure hundreds, maybe thousands of gold sovereigns, hidden and forgotten years before, tumbled to the ground from a chimney stack. More than 50 years later, author Glenn Patterson visits the Lower Shankill Road to find out who the coins belonged to. Why were they hidden? And where are they now?

Written and presented by Glenn Patterson
Sound by Bill Maul
Producer Sarah McGlinchey
Executive Editor Andy Martin
A BBC Northern Ireland Production for Radio 4

FRI 14:00 The Archers (m001kpw3)
[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m001kpwz)
Who Killed Aldrich Kemp?

Who Killed Aldrich Kemp? - Chapter Three: Liberty Flights

Clara and Sabine battle through undergrowth and language barriers as Nakesha and Sebastian follow the Liberty Flights lead in Vienna.

Chapter Three - Liberty Flights don't file flight plans.

Cast:
Clara Page - Phoebe Fox
Aldrich Kemp - Ferdinand Kingsley
Mrs Boone - Nicola Walker
Sebastian Harcourt - Kyle Soller
Nakesha Kemp - Karla Crome
Aunt Lily - Susan Jameson
Nurse - Jana Carpenter.
Sabine Seah - Rebecca Boey
Remington Schofield - Barnaby Kay
Miss Lotte Amutenya - Cheree Skeete
Mrs Bartholomew - Kate Isitt
Dr Hazlitt - Ben Crowe
Camera Assistant - James Joyce.

Created and written by Julian Simpson

Recorded on location in Hove.

Music composed by Tim Elsenburg.
Sound Design: David Thomas
Director: Julian Simpson
Producer: Sarah Tombling
Executive Producer: Karen Rose

A Sweet Talk production for BBC Radio 4

FRI 14:45 Understand: The Economy (m001hwx3)
[Repeat of broadcast at 00:15 on Sunday]

FRI 15:00 Good Friday Meditation (m001kpwz)
The Wounded Surgeon.

As a hand surgeon, Lore Chumbley has performed some of the most intricate operations in the book. When Lore began training for the priesthood she was struck by the frequent imagery of God's hand in the Bible. Whether in fashioning Adam out of clay, smiting his enemies or showing His care, God's hands are everywhere. "See I have engraved you on the palms of my hands," he says in Isaiah.

In the gospels Jesus uses his hands to heal, to bless and to break bread. And then there's the story of the Passion, the story of how those healing hands have nails driven through them. "See from his head, his hands, his feet, Sorrow and love flow mingled down."

This meditation for Good Friday will weave together music, Bible readings, poetry and interviews as Lore reflects on the Wounded hands that became the means of Salvation. Lore talks with Dave Bell, a hand surgeon and former colleague, about the appeal of working with the hand, and the creative and saving hands of God. Professional violinist Mark Butler shares his experience of the hand surgery that saved his career, and Andrea Lucas explains the Jewish rituals around preparing bodies for burial.

The reader is James Quinn

Producer: Rosie Dawson

FRI 15:30 Just One Thing - with Michael Mosley (m001gx56)
Swap Out Sugar

Cutting back on free sugars can not only do wonders for your waistline and your oral hygiene, surprising research shows it could also improve your memory and help your brain. But it can

be hard to resist those sugar cravings! In this episode, Michael Mosley is joined by Dr Evelyn Medawar from the Max Planck Institute for Human Cognitive and Brain Sciences, who has been studying the effects of our gut microbiome on our eating preferences, and reveals a potential tip to help crack sugar cravings. The secret lies in dietary fibre, like that found in fruit. So, trade your sweet treats for fruit and learn how this healthy switch can transform your brain, biome and your life.

FRI 15:45 Short Works (m001kpwz)
Cottingley Flitter by Jess Kidd

A new story for Radio 4 about memory, mortality and magic from the award-winning author of *The Hoarder* and *Things in Jars*, Jess Kidd.

Reader: Sian Thomas
Producer: Ciaran Bermingham

FRI 16:00 Last Word (m001kq9s)
Nigel Lawson, Emahoy Tsegué-Maryam Guèbrou, Ken Buchanan, Mary Rayner

Matthew Bannister on

Nigel Lawson - Baron Lawson of Blaby, the reforming Chancellor of the Exchequer under Margaret Thatcher. He cut income tax, led the campaign of privatisation and paved the way for the Big Bang in the City of London.

Emahoy Tsegué-Maryam Guèbrou, the Ethiopian-born nun acclaimed for her unique musical compositions.

Ken Buchanan, the Scottish boxer who became World Lightweight Champion.

Mary Rayner, the children's author and illustrator best known for her books about Mr and Mrs Pig and their ten piglets.

Producer: Gareth Nelson-Davies

Interviewee: Jim Black
Interviewee: Ilan Volkov
Interviewee: Kate Molleson
Interviewee: Sarah Rayner

Archive used:

Nigel Lawson - Chancellor of Exchequer, Budget statement, House of Commons, BBC News, 13/03/1984; Lord Baker interview, Today, BBC Radio 4, 04/04/2023; Nigel Lawson, Desert Island Discs, BBC Radio 4, 03/12/1989; Nigel Lawson interview, In The Psychiatrist Chair, BBC Radio 4, 01/09/1998; Nigel Lawson interview on Government's White Paper on Public Expenditure, The World Tonight, BBC Radio 4, 01/11/1979; Margaret Thatcher speech to Conservative Party Conference, BBC News, 14/10/1983; Nigel Lawson comments on his resignation in the House of Commons, BBC News, 31/10/1989; Lord Moore interview, Today, BBC Radio 4, 04/04/2023; Emahoy Tsegué-Maryam Guèbrou interview, The Honky Tonk Nun documentary, BBC Radio 4, 18/04/2017; Ken Buchanan interview, Scotland Today, BBC Scotland, 18/09/1971; Ken Buchanan interview, Scottish Sporting Legends, BBC Scotland, 18/10/2002; This Sporting Life - Ken Buchanan, BBC Scotland, 03/04/2023; Undisputed: The Life and Times of Ken Buchanan, BBC Scotland, 14/09/2021; Babe, Universal Studios promo, IMDB uploaded 1995.

FRI 16:30 Feedback (m001kpwz)

Andrea Catherwood is joined by Michael Blastland and Sir Andrew Dilnot, authors of a review commissioned by the BBC to investigate if its coverage on government spending was prone to bias. They discuss the results and we hear listeners' views.

As the jazz programme disappears from BBC Radio Scotland and new programmes for classical and piping feature fewer live sessions, we hear what musicians and listeners have to say. Professor Simon McKerrill, head of Media and Music at Glasgow Caledonian University, tells Andrea about the impact on the wider music community.

One thing that annoys Lord Blunkett is the sound quality or lack of it on BBC Radio News programmes. Radio 4 Controller Mohit Bakaya responds to his and listeners' concerns.

A Whistledown Scotland production for BBC Radio

FRI 17:00 PM (m001kpwz)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O'Clock News (m001kq9w)
SNP Auditors Resign

The firm that audits the SNP's finances has resigned amid a police investigation

FRI 18:30 The Now Show (m001kr0q)

Series 62

Episode 4

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches. They're joined by David Eagle, exploring how technological advancements can both help and hinder, Janine Harouni, looking at the changing abortion legislation in America & Jess Robinson, with a song on Gwyneth Paltrow's 'slalom witch trial'.

The show is written by the cast with additional material from Aidan Fitzmaurice, Katie Storey, Privanya Pillay & Cody Dahler.

Voice actors: Daniel Barker & Roisin O'Mahony

Sound: Marc Willcox & Gary Newman
Executive Producer: James Robinson
Producer: Sasha Bobak
Production Coordinator: Sarah Nicholls

A BBC Studios Production

FRI 19:00 The Archers (m001kpzw)

Writer, Sarah Hehir
Director, Dave Payne
Editor, Jeremy Howe

Adam Macy... Andrew Wincott
Adil Shah... Ronny Jhutti
Alice Carter... Hollie Chapman
Brad Horrobin... Taylor Uttley
Brian Aldridge... Charles Collingwood
Chelsea Horrobin... Madeleine Leslay
George Grundy... Angus Stobie
Harrison Burns... James Cartwright
Helen Archer... Louiza Patikas
Jolene Archer... Buffy Davis
Justin Elliott... Simon Williams
Kate Madikane... Perdita Avery
Lee Bryce... Ryan Early
Pat Archer... Patricia Gallimore
Susan Carter... Charlotte Martin
Tom Archer... William Troughton

FRI 19:15 Screenshot (m001kpzy)

The Long Good Friday

The Long Good Friday elevated the British gangster film to a level not seen for a decade since Get Carter, and sees London gangster Harold Shand (Bob Hoskins) and his girlfriend Victoria (Helen Mirren) embroiled in a scheme to redevelop parts of London's Docklands with finance from a New York mafia boss.

The film features some prophetic scenes in which Harold espouses a new future for London, a London at the centre of Europe, with opportunity to create incredible wealth - a wealth he would most likely have made had the IRA not started interfering in his affairs.

In this episode of Screenshot, Mark Kermode speaks to Dame Helen Mirren about the changes she made to the script and to her character's role, and also about how her uncle's connections to the London underworld helped her in the part. Mark also talks to tour guide Rob Smith, who leads a tour of the film's locations around London's Docklands.

Exploring the world of the British gangster film further, Ellen E Jones meets author Kim Newman who talks us through the changing nature of these films from the 1930s to the present day, and Louis Mellis who, alongside David Scinto, wrote a triptych of British gangster films including 2000's *Sexy Beast*.

Lynda La Plante, creator of the seminal British gangster crime drama *Widows*, drops in with a Viewing Note in which she makes an offer you can't refuse.

Producer: Tom Whalley
A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m001kq00)

Inaya Folarin Iman, Emily Thornberry MP, Laura Trott MP, Munira Wilson MP

Ben Wright presents political debate from Sands End Arts and Community Centre, Fulham, with a panel including the Director of The Equiano Project Inaya Folarin Iman, the Shadow Attorney General Emily Thornberry MP, Pensions Minister Laura Trott MP and Liberal Democrat Education Spokesperson

Munira Wilson MP.
Producer: Ed Prendeville
Lead broadcast engineer: Ian Deeley

FRI 20:50 A Point of View (m001kq04)

The Wisdom of Judgement

Sara Wheeler finds writing a biography to be a humanising process, in which learning to see the world through someone else's eyes is more important than rushing to judge them.

'We are quick to judge - quicker than ever in grotesquely polarised times. But if we can't know another person, how can we judge them?', she writes.

'I am suggesting that we use the biographer's craft as a tool for understanding. And a tool for avoiding generalisation, compartmentalisation and judgement.'

Producer: Sheila Cook
Sound Engineer: Peter Bosher
Editor: Richard Fenton-Smith
Production Co-ordinator: Helena Warwick-Cross

FRI 21:00 The Day When God Is Dead (m001kq08)

The Right Reverend James Jones reveals the little-known story of Holy Saturday - the early Church's dark night of the soul. And meets people who've experienced how it feels to lose all hope and faith - to be stuck in limbo, waiting to transition from darkness to light.

According to Church teaching, Holy Saturday is the day when Jesus rises from his tomb, visits hell and sets the tormented free. It's also a day when his disciples fall into grief and despair, believing their friend and messiah to be dead and doubting all he has told them. Combining theology with powerful human stories, Bishop James tells the story of Holy Saturday and probes the deep psychological truths at its core.

Bishop James will speak to the former Archbishop of Canterbury, Rowan Williams, who's studied the story and its depiction in Eastern Orthodox iconography, and he'll visit the National Gallery to meet with Dr Siobhan Jolley, to visualise how the day is depicted in art.

Woven through these theological explorations are encounters with two people who have experienced the doubt and despair of Holy Saturday - Margaret Aspinall whose son James was unlawfully killed at Hillsborough and Lyn Connelly whose son Paul was murdered - to reflect on the day when all that they loved and hoped for was lost.

Details of organisations that can provide support with bereavement and victims of crime are available at bbc.co.uk/actionline

Photo Credit: Juan de Flanders, Christ appearing to the Virgin with the Redeemed of the Old Testament © The National Gallery, London

With thanks to: The Right Reverend James Jones, Rowan Williams, Dr Siobhan Jolley, Margaret Aspinall, Lyn Connolly, Fr. Peter Scally and Canon Rachel Mann.

Technical Producer: Philip Halliwell
Production Co-Ordinator: Pete Liggins
Producer: Alexa Good
Editor: Helen Grady

FRI 21:30 Faith on the Move (m000ge4j)

A railway chaplain may sound quaint - romantic even - harking back to the days of steam travel when the Railway Mission was first established in the 1880s. Back then, train travel was new and men of the cloth respected. But these days the chaplain's role is a stressful 24/7 job on the front line of society.

Faith on the Move looks at the work of the chaplains who support railway staff on the near-10,000 miles of Britain's railway. Dylis George, a Pastor in South London, is our travelling companion and guide. Since becoming a railway chaplain five years ago, Dylis has supported staff on London Underground as well as the British Transport Police. Last year, she took over as chaplain on South Eastern Railway, to the Kent and Sussex coast.

Every day is different and demanding as Dylis offers friendship and a listening ear to those facing life and work issues - including increasingly abusive and sometimes violent passengers. She has also been there to offer support through the very worst of times, from attacks by extremists to deaths on the track.

A mother of two, Dylis finds her faith is often tested, but she also finds solace in her family and cooking dishes which bring back happy childhood memories of Sierra Leone.

Along with the stories of railway workers and passengers, the programme features Andrew Buchanan who was once a train driver, but is about to start as a chaplain on the West Country network. He has his own experience of a track suicide. Other voices include Dylis's predecessor John Robinson who has taken time out from chaplaincy to look after his family, and CEO of the Railway Mission Liam Johnston.

Narrator: Eleanor Rushton
Producer: Sara Parker
A TBI Media production for BBC Radio 4

FRI 22:00 The World Tonight (m001kq0d)

In-depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 Magpie by Elizabeth Day (p0dr54tm)

Episode 5 - Kate's story

Held hostage by Marisa, Kate pieces together the events that have led up to his moment. Now it's time to hear Kate's side of the story. Pippa Nixon reads.

Magpie by Elizabeth Day is an exhilarating psychological story about jealousy, motherhood and power. A happy couple are trying for a baby when a young woman enters their lives. It isn't long before her presence upends everything and their lives implode.

Elizabeth Day is an award-winning novelist, journalist and podcaster. Her memoir *How To Fail* was a best-seller, and her podcast, *How to Fail With Elizabeth Day* is a chart-topping podcast.

Abridged by Rowan Routh
Produced by Elizabeth Allard

FRI 23:00 Americast (m001kb6x)

Americast delves into the issues and controversies that define the US as a nation

FRI 23:30 Limelight (m00146hw)

Siege

Siege - Episode 5

By Katherine Jakeways, Eno Mfon and Darragh Mortell.

Everybody remembers the Siege, when for 24 hours the whole world was watching a small South London branch of a global supermarket chain. You've seen the news, the crazy conspiracy blogs and Naomi's infamous Snap. Now for the first time the hostages tell the inside story of what really happened on those two dark days in December.

Episode 5.

It's almost dawn and it looks like the hostages are going to be released, but events are out of control and nobody is prepared for what happens next.

CAST
NAOMI - Danielle Vitalis
JACKSON - Kwabena Ansah
KEMI - Layo-Christina Akinlode
PENNY - Jasmine Hyde
MAGGIE - Stacey Abalugun
DEREK - Ewan Bailey

SOUND DESIGN - Catherine Robinson
DIRECTOR - John Norton
PRODUCED by John Norton and James Robinson

A BBC Cymru Wales Production

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