SATURDAY 04 MARCH 2023

SAT 00:00 Midnight News (m001jlg2)

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 A Tomb with a View by Peter Ross (m001jl9w)

In this compassionate celebration of life and remembrance, Orwell Fellow Peter Ross uncovers the stories behind the headstones in graveyards across the UK

As Britain abandons burial in favour of cremation, Ross discovers Bristol's Arnos Vale – a cemetery taking an innovative approach to survival.

Read by Andy Clark Written by Peter Ross Abridged by Anna Magnusson Producer: Eilidh McCreadie

Peter Ross' next book, 'Steeple Chasing: Around Britain by Church' is published in May and tells the story of the country through an exploration of its churches.

SAT 00:48 Shipping Forecast (m001jlg9)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m001jlgj)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service

SAT 05:20 Shipping Forecast (m001 jlgr)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m001jlgy)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001jlh5)

A spiritual comment and prayer to begin the day with Rachel Redeemed

Good morning

I'd like to begin by introducing myself - I'm Rachel Redeemed, a Christian presenter. I do sometimes get a cocked eyebrow and 'is that your real name?' A few weeks ago, a passport official took a good look at me and asked outright if I was a Christian -I wonder if Brian Blessed got quite as much intrigue.

When I got married, my husband and I chose to take on the brand new surname of 'Redeemed'. We thought about doublebarrelling our previous names, but we were drawn to the idea of choosing a new name to symbolise our new family together. In honesty, the name 'Redeemed' felt like it came to us as a bit of a gift. Something about it clicked for both of us pretty much straight away. We road-tested it on our honeymoon and signed the papers on our return.

When reading the Bible, we just kept coming back to this theme: Jesus redeems (or buys back) those who trust in him. We both love the story of The Lion. The Witch and The Wardrobe, and like Edmund choosing to follow the White Witch, we were trapped and enslaved by selfishness and wanting to go our own way. Aslan the great lion redeems Edmund at a huge cost to himself. We believe we have been bought back at an even greater cost, Jesus' death on the cross and now we are free - some might say 'redeemed'! What a delicious truth to be reminded of daily. I'm not suggesting everyone runs around waving a deed-poll but I love seeing my name written down and knowing that inside and out, I am redeemed' - what a joy!

Creator God, thank you that you know each of us by name. May we know who we belong to, as we step into this new day and enjoy the unique personalities and giftings of those alongside

Amen

SAT 05:45 Lent Talks (m001jkxr)

The People's Prayer - Our Father

MOBO award winning Christian rapper Guvna B talks about fatherhood.

In this personal reflection on the opening words of The Lord's Prayer, 'Our Father', Guvna B expressed the pain of losing his own father, the challenge of life as a new father and the fathering role God holds for him in his life. This is about Guvna B's journey of faith, his sense of belonging but also the

succession of generations, each with its own attitudes and needs. He reflects on how society views fatherhood and how a more fathering attitude could help to heal some of the wounds we find in our culture today.

Throughout the Gospels the father/son relationship is evident, it is familial and intimate. Guvna B explains how this brings comfort in times of loss, encouragement in times of fear and provides inspiration in his music and in his relationship with his

This is a reflection on fatherhood. The challenges and the joys. It's a personal account of what it means to be a dad; the highs, the lows, the sacrifice.

In this series six people reflect on Jesus' ministry, teaching and Passion from a deeply personal perspective focussing on words from The Lord's Prayer. Their life experience is echoed by the words of The Lord's Prayer. These are words shared across Christian denominations but they go further; they are part of our culture and tradition. They express universal themes that speak to the hopes and dreams of humanity, bringing together both spiritual and physical needs.

It could really be thought of as The People's Prayer.

Producer: Katharine Longworth

SAT 06:00 News and Papers (m001jrxn)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Ramblings (m001 il2k)

An Art Walk in the Forest of Dean

Sara Rickard takes groups of local people on a walk through the forest to write, draw and take photographs and simply observe their surroundings. Canopy Arts was set up during Covid when the artists who live in the forest found themselves especially isolated and now runs monthly or fortnightly walks for both seasoned artists and walkers who want to be creatively inspired by the magical atmosphere of this part of the world. Sharon who moved there a year ago is fascinated by what she calls the edgeland that this area is. Sandwiched between the River Severn and the River Wve, the Forest of Dean is actually in Gloucestershire but sometimes feels as though it should be in Wales. It has a long history of free mining and Foresters are traditionally independent in spirit. Clare taps into her own artistic side and joins the group painting with feathers, writing about the landscape and rubbing gravestones.

Producer: Maggie Ayre

SAT 06:30 Farming Today (m001jrxq)

04/03/23 Farming Today This Week: Sheep and the Windsor Framework, the Dutch farms facing repossession, more on salad shortages.

"If the customer is willing to pay the price, we have produce available." Philippe Appeltans, CEO of the Belgian salad and fruit co-operative, BelOrta.

Charlotte Smith discusses how growing and selling on the continent compares to the UK. It comes as salad shortages continue on supermarket shelves here, blamed by retailers on bad weather in Morocco and Spain and by growers on retailers refusal to pay a realistic price for home grown produce.

Dutch farmers are protesting over plans to cut ammonia and nitrogen oxide emissions by 50% by 2030. The Dutch Government wants to reduce livestock numbers near protected countryside to reduce emissions. It has said it will force buyouts of the 3,000 worst polluting farms, if voluntary measures fail.

Sheep farmers in Northern Ireland say the new Windsor Framework is not changing enough. Despite reducing red tape for people travelling with pets, problems for livestock movements remain unresolved.

Pigs farmers are still losing money on every pig they sell for slaughter, despite record high prices. The latest figures from the industry body the AHDB show farmers have been losing money on pigs since late 2020, although losses have dropped from a high of £58 a pig to £17 a pig by the end of last year. DEFRA is due to report back on its review of the pork supply chain soon.

Presented by Charlotte Smith and produced by Beatrice Fenton.

SAT 06:57 Weather (m001 irxs)

The latest weather reports and forecast

SAT 07:00 Today (m001jrxv)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001 jrxz)

Prue Leith and Lily James

Nikki Bedi and Shaun Keaveny are joined by Prue Leith, GBBO judge, restaurateur, novelist and now with a one woman

Sarah Raven on her journey from inauspicious school career to training as a doctor to purveyor of plants and writer - her latest book is A Year Full of Veg.

Jenny Radcliffe has made a successful living from breaking into people's homes and businesses, testing out security systems. She joins us to explain how she got into it.

and Michelle Elman on showing her scars after years of operations as a child and reframing being selfish as loving yourself.

Lily James chooses her Inheritance Tracks: Eric Bibb: The Cape, and Leanne Lehavas: Green Papya. And your Thank you.

Producer: Corinna Jones

SAT 10:30 The Kitchen Cabinet (m001jry1)

Series 39

Jay Rayner hosts this week's culinary panel show from Manchester. Joining him are chefs Sumayya Usmani, Nisha Katona, Rachel McCormack and Mancunian Rob Owen Brown

The panel discusses everything from breaking golden rules of cooking to school meals that make their skin crawl while they tuck into an old classic, the Manchester Tart,

Alongside the audience's questions, Paul Jackson from Jackson's Rag Puddings offers insight into the traditional Rag Pudding, commonly eaten across Lancashire.

Producer: Bethany Hocken Assistant Producer: Dulcie Whadcock Executive Producer: Louisa Field

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Week in Westminster (m001jry3)

Bloomberg's Emily Ashton looks back at the week in which the Prime Minister hailed a breakthrough deal on the Northern Ireland Protcol and a minister's leaked messages during Covid dominated the headlines.

Emily speaks to Labour peer Jenny Chapman, a former shadow Brexit minister, and the former Brexit Secretary David Davis about the significance of the deal and whether Brexit is finally

Professor Katy Hayward explains the implications of the Windsor Framework for the Democratic Unionist Party.

Liberal Democrat MP Layla Moran, who chairs the all-party parliamentary group on coronavirus and The Telegraph's Christopher Hope discuss revelations following the publication of leaker WhatsApp messages from former Health Secretary Matt Hancock.

And how are the Conservatives and Labour preparing for next year's elections? Emily discusses the path to the manifesto with Sebastian Payne from Onward, a centre-right think tank, and Keir Starmer's former head of domestic policy, Olivia Bailey.

SAT 11:30 From Our Own Correspondent (m001jry5)

Nigeria's young voters find their voice

Nigeria's recent presidential election encouraged many young Nigerians to engage with the political process for the first time and cast a vote, despite a backdrop of voter intimidation and claims of election fraud. Yemisi Adegoke says this impetus is set to continue.

The sinking of a migrant boat off the coast of Calabria once again highlighted the dangers of migrant crossings on the high seas. Frey Lindsay travelled on a rescue boat run by a charity from Libya to Ravenna and heard from those on board about what they left behind.

The verdict in the trial of former Mexican government drug tsar, Genaro Garcia Luna, has been a spectacular fall from grace for a man Mexicans saw as corrupt but untouchable, writes Will Grant.

Banana farmers in central Lebanon have been hit hard by the country's financial crisis and the effects of a changing climate. Now they are looking for a new, more reliable crop, says

Hannah McCarthy.

Nick Sturdee recounts the story of a 56-year-old man who decided to join the Ukrainian army in the fight against Russia after he witnessed a missile attack. On the reporting assignment, Nick was involved in a life-threatening car accident, which threw everything around him into sharp relief.

Series Producer: Serena Tarling Production Coordinator: Helena Warwick-Cross

SAT 12:00 News Summary (m001jspx)

The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m001jry9)

Rising Rents and Energy Bills

The BBC understands that the Chancellor, Jeremy Hunt, is expected to extend the Energy Price Guarantee at current levels for a further three months- but what does that mean for your energy bills?

One of the UK's biggest flat share websites has told Money Box that rents are rising very fast: up almost 13% last year. In January 2022, the average UK monthly rent listed on SpareRoom was just over £650. By January this year it had risen to almost £750 pounds a month. We'll hear from them and also speak to a renter and landlord.

And, as food inflation rises, we'll also look at what kind of impact that's having on household finances? Dan Whitworth speaks to supermarket shoppers in Halifax.

Presenter: Felicity Hannah Reporters: Dan Whitworth and Star MacFarlane Researchers: Sandra Hardial and Jo Krasner Editor: Jess Ouavle

(First broadcast 12pm Saturday 4th March, 2023)

SAT 12:30 The News Quiz (m001jld9)

Series 110

Episode 10

Andy Zaltzman is joined by Simon Evans, Felicity Ward, Samira Ahmed and Alasdair Beckett-King. This week, we'll be finding out what's up with Matt Hancock's WhatsApps, who wins with the Windsor Framework, and who King Charles had round for tea

Hosted and written by Andy Zaltzman with additional material from Alice Fraser, Zoë Tomalin, Rhiannon Shaw and Jade Gebbie.

Producer: Georgia Keating Executive Producer: Richard Morris Production Co-ordinator: Becky Carewe-Jeffries Sound Editor: Mare Willcox

A BBC Studios Production

SAT 12:57 Weather (m001jryc)

The latest weather forecast

SAT 13:00 News and Weather (m001jryf)

The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001jldy)

Miriam Cates MP, Wendy Chamberlain MP, Kim Leadbeater MP, Lee Powell

Alex Forsyth presents political debate from The Holbeck in Leeds with Conservative MP Miriam Cates, Labour MP Kim Leadbeater, Lib Dem MP Wendy Chamberlain and CEO of GMI Construction, Leeds-based businessman Lee Powell. Producer: Camellia Sinclair Lead broadcast engineer: Phil Booth

SAT 14:00 Any Answers? (m001jryh)

Have your say on the issues discussed on Any Questions?

SAT 14:45 Drama (m0006737)

Trying It On

Award-winning playwright David Edgar made his performing debut in this solo show exploring the autobiographical background to his landmark theatre play, Maydays, which recently became a 3 part series on Radio 4. The 70-year-old is confronted by his young self 50 years after his political outlook

was defined by the tumultuous events of 1968. Do they share the same beliefs? If not, is it the world that's changed, or him? Why did his generation vote Brexit? Has he sold in or sold out?

David David Edgar Younger Paul Heath

With thanks to Danielle Phillips. Produced by Jonquil Panting

Photograph by Arnim Friess.

David Edgar is one of our greatest living playwrights, recently receiving a Writers' Guild of GB award for his Outstanding Contribution to British playwriting. He has had more than sixty of his original plays, adaptations and translations performed around the world, including for the Royal Shakespeare Company: Destiny, The Jail Diary of Albie Sachs, Maydays, The Life and Adventures of Nicholas Nickleby, Pentecost, The Prisoner's Dilemma, Written On The Heart and A Christmas Carol, and for the National Theatre: Albert Speer and The Shape of the Table.

"What makes this show radically different is its element of unextinguished hope."

The Guardian

"As charming as it is challenging...Hugely stimulating."
The Times

"Energised with humour and humility."
The Stage

"Trying It On challenges us all to question our beliefs: how they originate, how they are influenced by external factors, and whether age really does mellow us."

What's On Stage

Trying It On was originally made with China Plate Theatre, in a production directed by Christopher Haydon.

SAT 15:30 Ukrainians in Britain: Where Next? (m001jc4j)

English teacher Olga Rybak has found herself trying to establish a temporary life in rural Somerset as she awaits an end to the war back home in Ukraine.

More than 110,000 Ukrainians like Olga and her two daughters have come to the UK since March 2022 through the Ukraine Sponsorship Scheme, better known as Homes for Ukraine. In many cases, they have been welcomed into the homes of previous strangers as Britons with spare rooms have opened up their doors to provide sanctuary in a national outpouring of solidarity.

When Olga arrived in May 2022, she hoped her stay may only be for a few months and that she could soon return to her husband, parents and life in Ukraine. But as the war with Russia has dragged on, Olga faces the prospect of a prolonged separation from her homeland and is beginning the challenging search for her family's own accommodation.

With hosts initially asked to provide accommodation for a minimum of six months, and many guests themselves determined to establish some kind of independence and agency, Olga speaks to fellow Ukrainians as they grapple with the question where next?

Producer: Jack Butcher Executive Producer: Robert Nicholson A Whistledown production for BBC Radio 4.

SAT 16:00 Woman's Hour (m001jryk)

Weekend Woman's Hour: Iranian schoolgirls, the womb, Cynthia Erivo, No More Page 3, UK marriage law changes

Schoolgirls in Iran have been admitted to hospital this week after reportedly being poisoned by gas whilst at school. Many Iranians suspect the poisonings are a deliberate attempt to force girls' schools to close, although the government has not confirmed. Faranak Amidi, BBC Near East Women's Affairs correspondent and Azadeh Pourzand, human rights researcher at SOAS discuss.

In new book Womb: The Inside Story of Where We All Began, NHS midwife Leah Hazard seeks to explore the organ she describes as 'woefully under-researched and misunderstood'. She shares what she has learnt from looking into the womb's past, present and possible future.

Actor and singer Cynthia Erivo discusses her role in the upcoming film, Luther: The Fallen Sun, where she appears opposite Idris Elba. She shares her experience working on the movie version of the musical Wicked, playing the lead role of Elphaba, her 2020 oscar-nominated performance as Harriet Tubman, and her new found liberation in expressing her bisexuality.

Jo Cheetham was studying for a PhD and working as a nanny in London when she read news of an upcoming protest. Before she could talk herself out of it, Jo joined the No More Page 3 campaign team. We discuss her new memoir, Killjoy. Jo talks to us about the power of a grassroots campaign and everyday people doing extraordinary things.

On Monday, the Marriage and Civil Partnership (Minimum Age) Act came into effect, raising the age of marriage and civil partnership to 18 in England and Wales. It's what campaigners against child and forced marriage have worked towards for many years. We reflect on this social change with two listeners, Judith and Jeanette who willingly got married at 16.

Presenter: Anita Rani Producer: Surya Elango Editor: Louise Corley

SAT 17:00 PM (m001 jrvm)

Full coverage of the day's news

SAT 17:30 Political Thinking with Nick Robinson (m001 jryp)

The Lee Anderson One

Nick Robinson talks to the Conservative Party's deputy chairman, Lee Anderson, about following his father's lead in becoming a miner, how he went from admiring Tony Benn and Arthur Scargill to being deputy chairman of the Conservatives and whether his new job is forcing him to be more diplomatic when talking about issues such as migration and poverty.

SAT 17:54 Shipping Forecast (m001jryr)

The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m001jryt)

The latest weather reports and forecast

SAT 18:00 Six O' Clock News (m001jryw)

Ukrainian officials say there is fighting in the streets of the eastern city of Bakhmut.

SAT 18:15 Loose Ends (m001jryy)

Richard Curtis, Ben Bailey Smith, Alice Loxton, Stephen Moss, Anna B Savage, Joesef, Andrew O' Neill, Clive Anderson

Clive Anderson and Andrew O' Neill are joined by Richard Curtis, Ben Bailey Smith, Alice Loxton and Stephen Moss for an eclectic mix of conversation, music and comedy. With music from Anna B Savaee and Joesef.

SAT 19:00 Profile (m001jrz0)

Angela McLean

Born in Jamaica to parents who were both doctors, Professor Dame Angela McLean was fascinated by science from a young age. After studying maths at university, her PhD thesis involved pioneering work on measles. She's also done ground-breaking research into HIV/AIDS. During the coronavirus pandemic, Dame Angela played a key role drawing up advice for the government.

Mark Coles speaks to friends, family and colleagues to find out more about the 'no-nonsense', straight-talking scientist who loves theatre, birdwatching and campfires.

Presenter: Mark Coles Producers: Sally Abrahams and Georgia Coan Editor: Simon Watts Production Co-ordinator: Sabine Schereck Sound Engineer: Rod Farguhar

SAT 19:15 The Infinite Monkey Cage (p0f1wc06) Series 26

How to think like a mathematician

Brian Cox and Robin Ince are joined by comedian Jo Brand, mathematicians Prof Hannah Fry and Dr Eugenia Cheng, and xkcd webcomic creator Randall Munroe to discover how thinking like a mathematician could solve some tricky everyday conundrums. From the optimal strategy to finding your true love, to how to fix a wonky table in the pub, thinking like a mathematician can help you in some very unlikely situations. They discover how mathematical thinking can help answer some truly out of this world questions as well: how much soup would it take to fill the solar system? What would happen if you shrank Jupiter to the size of a house? Not problems we'd encounter in everyday life maybe, but all questions sent to Randall Munroe for his "What If?" series of books. At first glance the questions may seem impossible, but, as it turns out,

maths and physics can provide an answer to these headscratchers, as the panel discover.

Executive Producer: Alexandra Feachem

SAT 20:00 Archive on 4 (m000rt8w)

Easier Than Curing a Toothache? The Story of Lobotomy

It is remembered as the most barbaric medical procedure of the 20th century, but lobotomy was once hailed as a miracle cure. Claire Prentice explores the archives to uncover the hidden history of lobotomy, the surgery which some believed would make treating mental illness' easier than curing a toothache'.

Developed by Egas Moniz, a Portuguese neurologist in the 1930s, lobotomy, an operation in which healthy brain tissue was destroyed to treat mental illness, was adopted by doctors around the world to treat the most seriously ill psychiatric patients.

The most prolific lobotomist in the UK was Sir Wylie McKissock who carried out an estimated 3,000 lobotomies. He was a larger than life figure, lionised by the newspapers of the day, who was based in London but was happy to give up his weekends to travel around the UK carrying out lobotomies wherever there was a need.

But for every patient who was returned to family and friends cured of depression, anxiety and delusions there were scores who were left docile, incontinent, child-like and affectless.

Combining archive from the 1940s to 2010 with new interviews with neurosurgeons, medical historians and Howard Dully, who was given a lobotomy when he was just 12 years old, this programme explores the rise and decline of a procedure which once captivated doctors, the media and the public.

SAT 21:00 Stone (b09m165x)

Series 7

Episode 9

Stone Episode 9 written by Vivienne Harvey

DCI Stone and team are close to discovering the truth, but as the net closes in on the main suspects, Stone's personal and professional life collide.

Written by Vivienne Harvey Created by Danny Brocklehurst Script Editor Caitlin Crawford Director Nadia Molinari Producers: Gary Brown and Nadia Molinari

Series

DCI John Stone investigates the suspicious death of a man in a fire at a homeless hostel. Stone's enquiries lead him to reexamine a murder he worked on twenty years before in order to solve the case. In doing so he uncovers a web of lies and deceit that make him face past mistakes and lead to personal trauma.

SAT 21:45 The Skewer (m001jkzc)

Series 8

Episode 4

Jon Holmes's multi-award-winning The Skewer returns to twist itself into current affairs. This week - Attack of the Missing Tomatoes, the Book of Starmer, and the Tale of Shamima Puddleduck.

Producer: Jon Holmes

An unusual production for BBC Radio 4

SAT 22:00 News (m001jrz2)

The latest national and international news from BBC Radio 4

SAT 22:15 Moral Maze (m001jkx8)

Leaders with faith

Leaders with Faith

The first hustings in the election of the new leader of the Scottish National Party were held this week. The winner will become Scotland's first minister. But so far the coverage of the campaign has been more about religion than policy. One of the three candidates, Kate Forbes is a member of the Free Church of Scotland and has faced criticism from within her party for saying that she would have voted against gay marriage, had she been an MSP in 2014. She also said that according to her religious beliefs, having a child outside of marriage was wrong. Several of her backers have withdrawn their support and others have questioned whether such views make her an appropriate choice to lead the country.

But why should traditional religious beliefs like this be a barrier to achieving high office? Forbes insists that it's possible to be a person of faith, while still supporting the rights of others. Although she would have opposed the legalisation of same sex marriage, she says that as a "servant of democracy" she would now defend the legal right to gay marriage "to the hilt".

Religious belief used to be seen by most people as a private matter. It was also generally regarded as a positive attribute in a senior politician, evidence perhaps of a strong moral compass. So what has changed in our attitudes to faith and should it affect how we choose our leaders?

Producer: Jonathan Hallewell Presenter: Michael Buerk

SAT 23:00 Counterpoint (m001jkkf)

Series 36

Heat 8, 2023

(8/13)

Paul Gambaccini welcomes three music lovers to the quiz that covers music of all eras and genres. There are extracts from Nina Simone, John Legend, Laurie Anderson, Placido Domingo and Billy Joel, and questions on everything from Renaissance choral works to contemporary movie themes. The three contenders will also have to opt for special musical topics on which to answer their own individual rounds, with no prior warning of the categories on offer.

Taking part are: Kathryn Johnson, from Middlesex Mark Jones, from York Harry Shaw, from Cheltenham.

The winner will take another of the places in the semi-finals, which begin in a couple of weeks' time.

Assistant Producer: Stephen Garner Producer: Paul Bajoria

$\it SAT$ 23:30 The Poet Laureate Has Gone to His Shed (m001jkh0)

Pam Ayres

If the poets of the past sat in their garrets dipping their quills in ink, waiting for inspiration to strike, our current Poet Laureate Simon Armitage has a more mundane and domestic arrangement. From his wooden shed in the garden, surrounded on all sides by the Pennine Hills, he's been working on a new kind of poem he's invented - the Flyku - inspired by the moths and butterflies he sees around him. Any distraction is welcome, even encouraged, to talk about creativity, music, art, sheds, music, poetry and the countryside.

This week, poet, songwriter, comedienne and TV presenter Pam Ayres, joins Simon in the shed. Their conversation ranges from Pam's first TV appearance on Opportunity Knocks in the '70s, to her love of performing to live audiences, writing her latest book of poems, her passion for wildlife and nature and her latest TV series The Cotswolds and Beyond with Pam Ayres.

Produced by Susan Roberts

SUNDAY 05 MARCH 2023

SUN 00:00 Midnight News (m001jrz4)

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Understand: The Economy (m001fxjk) Series 1

The Economy: 8. Pensions

Why is it so hard to save for retirement? Will future generations even get a pension? Why is the pension age rising and what is the state pension age? Tim Harford explains the problem an aging population is causing for the state pension and explores the gender pension gap. Economic historian Victoria Bateman tells the story of the very first pensions in the UK.

Everything you need to know about the economy and what it means for you. This podcast will cut through the jargon to bring you clarity and ensure you finally understand all those complicated terms and phrases you hear on the news. Inflation, GDP, Interest rates, and bonds, Tim Harford and friends explain them all. We'll ensure you understand what's going on today, why your shopping is getting more expensive or why your pay doesn't cover your bills. We'll also bring you surprising histories, from the war hungry Kings who have shaped how things are counted today to the greedy merchants flooding Spain with Silver coins. So if your eyes usually glaze over when someone says 'cutting taxes stimulates growth', fear no more,

we've got you covered.

Guest: Dr. Rajiv Prabhakar, The Open University

Producer: Phoebe Keane

Researcher: Drew Hyndman

Editor: Clare Fordham

Theme music: Don't Fret, Beats Fresh Music

A BBC Long Form Audio Production for BBC Radio 4

SUN 00:30 Short Works (m001jlc1)

Daisy Daisy

An original short story especially commissioned by BBC Radio 4. By award-winning Welsh novelist Julie Ma. A MAMIL husband suspects his wife of infidelity as their wedding anniversary approaches.

Reader - Ruth Jones

Directed by Philippa Swallow Sound by Nigel Lewis A BBC Audio Drama Wales production

SUN 00:48 Shipping Forecast (m001jrz6)

The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m001irz8)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SUN 05:20 Shipping Forecast (m001jrzb)

The latest weather reports and forecasts for UK shipping.

SUN 05:30 News Briefing (m001jrzd)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001jrzg)

St Peter's Church in Henley in Suffolk

Bells on Sunday comes St Peter's Church in Henley in Suffolk. The church is a grade one listed building, the main body of which dates from the 13th century. The tower houses a ring of eight bells by various founders, the oldest of which were cast by the Bury St Edmunds Foundry sometime in the late 15th century. The tenor bells weighs eight hundredweight and is tuned to the note of A flat. We hear the bells ringing Bristol Surprise Major by members of the Suffolk Guild of Bellringers who celebrate their 100th anniversary this year.

SUN 05:45 Profile (m001jrz0)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m001js9l)

The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b042z3t3)

The Power of the Crowd

There are many different ways people come together: as an audience, a mob, or a congregation. Being an individual member of a large gathering can be an empowering and celebratory experience. It can also be an isolating one.

As she watches the group of people she's so often part of - the travelling throng at Waterloo station - Samira Ahmed explores the relationship between the individual and the crowd.

She considers the beauty of city hordes on their mass manoeuvres; the pleasure she takes in people watching; and the ways individuals can find a profound sense of camaraderie in a large group. And she looks at the riotous mobs as encountered by John Wesley in the eighteenth century and in 1940s Harlem, as witnessed by James Baldwin.

She speaks to Stephen Reicher of the University of St Andrews about the psychology of individuals when they gather together from train commuters to the Kumbh Mela in India. And we hear from Pulitzer Prize-winning American composer David Lang about Crowd Out, his new piece for a community of one thousand voices.

Featuring music by Edith Piaf, Brownie McGhee and Thomas Tallis and with the words of George Szirtes, James Baldwin, Vesna Goldsworthy and Arnold Bennett.

Produced by Caroline Hughes. A Whistledown Production for BBC Radio 4

SUN 06:35 Natural Histories (b0bgfqx5)

Komodo Dragon

"For me 1971 was the Year of the Dragon," says Brett Westwood. This was the year he first read the Hobbit and discovered the giant winged Smaug. Dragons are everywhere in books, myths, tattoo parlours, computer games, and of course on the Indonesian island of Komodo. "Here be dragons" warned the ancient maps, but where does myth meet reality - and why has the dragon reached into so many cultures around the world?

With contributions from zoologist Mark Carwardine who travelled to Komodo with Douglas Adams for Last Chance to See - plus Joe Capon of the Attenborough Komodo Dragon House at London Zoo; film critic Antonia Quirke who explains the connection between King Kong and Komodo; Martin Arnold, author of a new book on Dragons, 'Power and Fear'; and Matt Swarbrick who helped film the first dragon buffalo hunt - from bite to final throes.

Originally broadcast in a longer form 28th August 2018

Original producer in Bristol Miles Warde.

Archive Producer: Andrew Dawes for BBC Audio in Bristol

Photo copyright ZSL London Zoo

SUN 06:57 Weather (m001jsb4)

The latest weather reports and forecast

SUN 07:00 News and Papers (m001jsbk)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001 isc0)

Windsor Deal; Slave Trade and the Church of England; Oscar

Earlier this week British prime minister, Rishi Sunak, unveiled the Windsor Framework, a deal with the EU to fix post-Brexit trade problems in Northern Ireland. The Democratic Unionist Party, whose support is crucial to restoring the power-sharing government in the Province have yet to deliver their verdict on it. William Crawley assesses what this all means for the future preservation and strengthening of the Good Friday Agreement, twenty-five years after it's creation, with guests Dr. John Kirkpatrick, moderator of the Presbyterian Church in Ireland: and Donal McKeown, the Roman Catholic bishop of Derry and Apostolic administrator of Down and Connor.

One month on from the devastating earthquake in Turkey and Syria, we revisit Islamic Relief's deputy director in Turkey, Salah Aboulgasem, for an update.

An exhibition at Lambeth Palace reveals how the Church of England profited from investments connected with slavery. Reporter Vishva Samani visits 'Enslavement: Voices from the Archives' and speaks to those who feel it fails to show the full extent of the Church's involvement

William talks to author and senior fellow at Theos, Nicholas Spencer, about his new book Magisteria, in which he suggests that the troubled relationship between science and religion has definitively shaped human history.

Stranger at the Gate is the Oscar nominated true story about a former US marine intent on attacking a Mosque, but who ended up converting to Islam. William speaks to Bibi Bahrami, founder of the Islamic Centre of Muncie, about that episode and her subsequent friendship with Richard McKinney.

Producers: Jill Collins and Bara'atu Ibrahim Production co-ordinator: David Baguley Editors: Tim Pemberton and Helen Grady

Photo credit: Chris Vaughan / Church Commissioners for England

SUN 07:54 Radio 4 Appeal (m001jvm6)

Freedom from Torture

Actor Adjoa Andoh makes the Radio 4 Appeal on behalf of Freedom from Torture.

- UK Freephone 0800 404 8144
- You can donate online at bbc.co.uk/appeal/radio4
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Freedom from Torture'.
- Cheques should be made payable to 'Freedom from Torture'. Please note that Freephone and online donations for this charity

close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any

Registered charity number: 1000340

SUN 07:57 Weather (m001 jscc)

The latest weather reports and forecast

SUN 08:00 News and Papers (m001jscr)

The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m001jsd4)

As it is in Heaven

for the second Sunday in Lent, from the Catholic Church of the Sacred Heart, Lauriston, Edinburgh.

With Father Adrian Porter SJ, and Edinburgh University Chamber Choir directed by Michael Bawtree

Organist: John Kitchen.

Readings: Genesis 12:1-4 / Matthew 17:1-9

Hymns: O Lord, my God, when I in awesome wonder (Tune:

How great thou art)

I heard the voice of Jesus say (Tune: Kingsfold)

Music: Kyrie (Byrd 4-part Mass) Bring us, O Lord (William Harris)

Lord's Prayer (Rose)

Organ Chorale: JS Bach, Vater Unser Im Himmelreich (The

Lord's Prayer) BWV 636 Producer: Mo McCullough

SUN 08:48 A Point of View (m001jlf5)

Lessons from Disaster Movies

AL Kennedy finds echoes of the movies of her childhood in our current state of affairs.

"Jaws, like many disaster and horror movies contain the core lesson - whenever there's a problem, greedy people will ignore it - corporations, local authorities, politicians, contractors - people who love money more than, well, people.'

Producer: Sheila Cook Sound engineer: Peter Bosher Production Coordinator: Helena Warwick-Cross

Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (b03dwsxw)

Curlew

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Martin Hughes-Games presents the story of the curlew. The UK is a vital wintering ground for flocks of curlews. Some birds fly in from as far away as Belgium and Russia, probing our coastal mudflats and thrilling us with their mournful cries

SUN 09:00 Broadcasting House (m001jsdj)

The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m001jsdv)

Writer, Keri Davies Director, Peter Leslie Wild Editor, Jeremy Howe

Brian Aldridge Charles Collingwood

Ben Archer Ben Norris Josh Archer Angus Imrie Helen Archer Louiza Patikas

Tony Archer David Troughton

Lilian Bellamy Sunny Ormonde Lee Bryce Ryan Early Harrison Burns James Cartwright

Alice Carter Hollie Chapman Neil Carter Brian Hewlett

Susan Carter Charlotte Martin Alan Franks John Telfer

Brad Horrobin Taylor Uttley Chelsea Horrobin Madeleine Leslay Kate Madikane Perdita Avery

Noluthando Madikane Mogali Masuku Freddie Pargetter Toby Laurence Lily Pargetter Katie Redford

Sykesy Jasper Carrott

SUN 11:15 Desert Island Discs (m001 isf6)

Robert Webb first reached a wide audience as the co-star of

Channel 4's longest running sitcom, the BAFTA-award winning Peep Show. With his long-standing comedy partner David Mitchell, he also created That Mitchell and Webb Sound for BBC Radio 4, which transferred to TV as That Mitchell and Webb Look, which also won a BAFTA.

Robert was born in Lincolnshire and first became hooked on comedy when his impressions of teachers made his school friends laugh. After realising that many of his comedy heroe had studied at Cambridge University, and were members of the Cambridge Footlights, he decided to follow in their footsteps. He took his A levels twice in order to win a place to study English there, and went on to become vice-president of the Footlights - where he met David Mitchell. Their comedy partnership has lasted for 30 years, starting out with shows for the Edinburgh fringe and writing for other performers, before enjoying TV success as a double act.

Robert has also written a best-selling memoir, How Not to be a Boy, in which he reflects on masculinity, and a novel. In 2019, a routine medical examination revealed that he had a congenital heart defect. He underwent heart surgery and is now fully recovered.

Robert lives in London with his wife and two daughters.

DISC ONE: Do I Move You? - Nina Simone DISC TWO: The Old Fashioned Way - Charles Aznavour DISC THREE: Fool if you Think It's Over - Elkie Brooks

DISC FOUR: Get A Life - Soul II Soul DISC FIVE: Metal Mickey - Suede

DISC SIX: Being Alive, composed by Stephen Sondheim, performed by Adrian Lester and cast of Company and recorded in 1996 at Donmar Warehouse, London

DISC SEVEN: How to Disappear Completely - Radiohead DISC EIGHT: It's Corn - Tariq, The Gregory Brothers & Recess Therapy

BOOK CHOICE: Cultural Amnesia by Clive James LUXURY ITEM: A top hat and tails
CASTAWAY'S FAVOURITE: The Old Fashioned Way -Charles Aznavour

Presenter Lauren Laverne Producer Sarah Taylor

SUN 12:00 News Summary (m001jsff)

The latest national and international news from BBC Radio 4.

SUN 12:04 The Museum of Curiosity (m001jkl9) Series 17

John Lloyd and Anna Ptaszynski welcome comedian Rosie Holt, author Olivia Potts and theoretical physicist Professor Carlo Rovelli whose donations to the museum range from the never was, the may be, and... a jar of marmalade.

This series of The Museum of Curiosity has been recorded remotely.

The Museum's exhibits were catalogued by Mike Turner, Mandy Fenton and Lydia Mizon of OI.

Exec Producer: James Robinson Producer: Sam Holmes & Leving Lee Production Co-ordinator: Sarah Nicholls Sound: David Thomas

A BBC Studios production.

SUN 12:32 The Food Programme (m001jsc7)

Halloumi and hellim: The story of an island and its cheese

Halloumi, or hellim as its known by Turkish Cypriots, is now ubiquitous in our supermarkets, fast food chains and on restaurant menus. We import almost 50 per cent of the cheese produced in Cyprus. But its significance on the divided island from where it hails is bigger than you might imagine, and never more so than right now. In 2021, halloumi gained PDO status which means that any cheese labelled as halloumi within the EU has to be made on the Mediterranean island to a traditional recipe. And as Leyla Kazim finds, the dairy industry is having to adapt fast.

But halloumi is more than just an export. On a divided island (there has been a border maintained by the UN since 1964), halloumi (Greek) or hellim (Turkish) is produced by both sides, and has been for millennia. In this programme Leyla travels to Cyprus to meet the people producing hellim and halloumi, to hear about its present and gauge it's future. She'll watch it being made at scale in factories and in kitchens. She'll meet dairy farmers and question the officials behind the new PDO status. And most importantly, she'll taste a lot of halloumi.

Presented by Leyla Kazim Produced in Bristol by Clare Salisbury

SUN 12:57 Weather (m001jsfv)

The latest weather forecast

SUN 13:00 The World This Weekend (m001jsg1)

Radio 4's look at the week's big stories from both home and around the world

SUN 13:30 Science Stories (m0007kk7)

Galileo's lost letter

Galileo famously insisted in the early seventeenth century that the Earth goes round the Sun and not vice versa – an idea that got him into deep trouble with the Catholic Church. In 1633 Galileo was put in trial for heresy by the Inquisition, and was threatened with imprisonment, or worse, if he didn't recant. Galileo spent the rest of his days under house arrest and is now seen by some as a near-martyr to science in the face of unyielding religious doctrine. But the discovery of a letter questions the received version of events. Philip Ball tells the story of the relationship between Galileo, the church and his fellow professors.

Philip talks to science historians Professor Paula Findlen of Stanford University and Professor Mary Jane Rubenstein of Wesleyan University about Galileo's time and about the history of the relationship between science and religion.

SUN 14:00 Gardeners' Question Time (m001jlbw) Trafford

Which luxury vegetable shall I grow in a northern climate? Why are my potatoes perfect on the outside, but black on the inside? How can I get my wife to spend more time in the allotment?

The GQT panellists are back in Trafford to answer these questions and more in front of a live audience. Ready to share their top tips on all your garden gripes are proud plantswoman, Christine Walkden, the 'Mr Cool' of the plant world Ashley Edwards, and passionate ethnobotanist James Wong.

Also, regular GQT panellist, Juliet Sargeant sheds light on the mysterious practice of potato chitting.

Producer: Bethany Hocken Assistant Producer: Dulcie Whadcock Executive Producer: Louisa Field

A Somethin' Else production for BBC Radio 4

SUN 14:45 Opening Lines (m001jsgf)

Georges (Episode 2)

In the second of two episodes about Georges by Alexander Dumas, John Yorke looks at the central theme of the book - race.

Although a mixed race man, Alexandre Dumas very seldom addressed the issue of race in his work. Georges is the only novel in which it plays any part. Published after the abolition of slavery in France but before France banned slavery in its colonies, the central themes of Georges are revenge, for a racial insult, and race. John Yorke looks at how the book approaches these issues and Dumas' attitude towards his own heritage.

John Yorke has worked in television and radio for nearly 30 years, and he shares his experience with Radio 4 listeners as he unpacks the themes and impact of the books, plays and stories that are being dramatized in BBC Radio 4's Sunday Drama series

From EastEnders to the Archers, Life on Mars to Shameless, he has been obsessed with telling big popular stories. He has spent years analysing not just how stories work but why they resonate with audiences around the globe and has brought together his experience in his bestselling book Into the Woods. As former Head of Channel Four Drama, Controller of BBC Drama Production and MD of Company Pictures, John has tested his theories during an extensive production career working on some of the world's most lucrative, widely viewed and critically acclaimed TV drama. As founder of the hugely successful BBC Writers Academy John has trained a generation of screenwriters - his students have had 17 green-lights in the last two years alone.

Contributors:

David Coward, Emeritus Professor of Literature at Leeds University Tina Kover, Translator of the first English translation of

Georges for more than a century
Dr Mike Phillips, Writer

Reading by Sam Dale

Credits:

Georges by Alexandre Dumas.

Publisher Modern Library Inc; Reprint edition (1 Sept. 2008)

Translator: Tina Kover

Produced by Alison Vernon-Smith Executive Producer: Caroline Raphael Sound by Sean Kerwin Researcher: Nina Semple

Production Manager: Sarah Wright

A Pier production for BBC Radio 4

SUN 15:00 Drama (m001 jsgt)

Georges - Episode 2

Georges by Alexandre Dumas. Dramatised by Testament. Episode 2

Georges has returned to Mauritius disguised as a young gentleman. But he is determined to exact revenge against the Malmedie family who cruelly snubbed his father. He has rescued a young woman called Sarah, but she is betrothed to Henri Malmedie. Could Sarah be the key to his plans? Meanwhile the writer of this swashbuckling epic is having some issues with his producer.

Georges/The Writer	Jamael Westman
Pierre/Dumas	Peter Landi
Laiza	Darragh Hand
James/Telemaque/Antonio	Adetomiwa Edun
Jacques	Testament
Malmedie	David Acton
Henri	Samuel James
Sarah	Kymberley Cochrane
Murray	Ewan Bailey
Mika-Mika	Chike Chan

Production Co-ordinator - Vicky Moseley
Tech Team - Keith Graham, Ann Bunting, Alison Craig
Sound Design - Sharon Hughes
Director/Producer - Gary Brown
A BBC Audio Drama North Production

SUN 16:00 Bookclub (m001jsh6)

Nadifa Mohamed: The Fortune Men

Nadifa Mohamed joins James Naughtie and readers to talk about her award-winning novel The Fortune Men. Set in Cardiff in the 1950s, the novel is based on the real-life trial of Mahmood Mattan, a Somali seaman accused of murder. It's a powerful, moving read and a dazzling portrait of a proud, bewildered young man and his life in Cardiff's Tiger Bay.

Upcoming recordings:

15 March at 1830 at BBC Broadcasting House, London: Tan Twan Eng will be answering questions about his novel The Garden of Evening Mists.

 $19~\mathrm{April}$ at $1300~\mathrm{at}$ BBC Broadcasting House, London: Sarah Winman on her novel Tin Man

Email bookclub@bbc.co.uk to come along.

SUN 16:30 The Poet Laureate Has Gone to His Shed (m001jshn)

Loyle Carner

Loyle Carner talks to Simon Armitage in his own creative 'shed' - Hackney Road studios in London where he spend much of lockdown writing and also recorded his latest acclaimed album Hugo. Their conversation ranges from writing lyrics and poetry, to family and fatherhood , cooking and creating genreless music. Chilli Con Carner is a cooking school Loyle runs for children with ADHD , something close to his heart as he has a diagnosis for both ADHD and dyslexia .

His debut album Yesterday's Gone released in 2017, was nominated for the Mercury Prize. He gives his mother Jean airtime here to recite a poem she's written about her eldest son. His second - Not Waving but Drowning - the title of a poem by Stevie Smith , continues to show his love of poetry. Becoming a father himself in 2020 comes into the conversation along with the importance of his musician step-father as guiding influence, and the cultural significance of food growing up especially the cuisine of Guyana - home to his birth father.

Produced by Susan Roberts

SUN 17:00 File on 4 (m001jkx6)

Looking for Levi

Levi Davis - a 24-year-old rugby player and X-Factor star went missing in Barcelona at the end of October last year. He's not been seen or heard from since.

Four months on, File on 4 pieces together his last known movements - speaking to his family and friends to try and understand more about what happens when someone goes missing overseas without a trace.

Reporter: Rachel Stonehouse Producer: Alys Harte Editor: Carl Johnston Technical Producer: Nicky Edwards

Production Manager: Sarah Payton Production Team: Tim Fernley and Jordan King

SUN 17:40 Profile (m001 jrz0)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001jsj1)

The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m001jsjb)

The latest weather reports and forecast

SUN 18:00 Six O' Clock News (m001jsjj)

Charities have criticised plans aimed at stopping small boats crossing the Channel.

SUN 18:15 Pick of the Week (m001jsjt)

Rajan Datar

A selection of highlights from the past week on BBC radio

SUN 19:00 The Archers (m001jsbd)

Ben wants a quiet birthday even though it's his 21st. He confirms with Josh that he won't be moving back to The Stables. When Josh says he'll start looking for another housemate, Ben panics about Josh coping with the rent on his own. Ben quickly spirals into thinking about all the ways he has caused trouble for people around him. Josh tries to reassure him. Ben uses a technique his support worked showed him to bring down his stress levels. He thanks his brother for being so understanding.

lan delivers lunch to Brian who is surrounded by boxes and belongings. When Ian learns it's mostly Jennifer's clothes, he gently suggests it feels a bit soon to be doing all this. Adam joins them and tries to contain his anger at what Brian is doing. Brian thinks everyone will feel better once all these kind of jobs are done. Adam tells him he's far from feeling better right now. As Adam and Ian look through Jennifer's clothes they find the hat she wore to their wedding. As tension starts to build again between Adam and Brian, Ian suggests that they take all the clothes back to their house to give everyone more time to look through them. Adam describes to Ian the shock of seeing Jennifer's clothes all over the floor at Willow Cottage. He also found the funeral surreal – he's unable to fully comprehend that his mum's gone. Ian spots a box labelled 'For the children' and they open it to see what's inside.

SUN 19:15 The Ultimate Choice (m001jsk1) Series 1

Series 1

Episode 3

Steph McGovern heads to Newcastle to ask some seriously funny minds for their definitive answers to the great questions of our age. Or not. Welcome to the world's most devious game of Would You Rather? With guests Scott Bennett and Josie Long.

Host: Steph McGovern

Guests: Scott Bennett and Josie Long
Devised and written by Jon Harvey & Joseph Morpurgo
With additional material from Laura Major

Researcher: Leah Marks

Recorded and mixed by David Thomas

Producer: Jon Harvey

Executive Producers: Ed Morrish and Polly Thomas

Photo: Carolyn Mendelsohn

A Naked production for BBC Radio 4.

SUN 19:45 The Circus (m001jsk7)

Episode 9 - The Gymnast

A former working men's club in North Belfast called 'The Circus' has been refurbished and relaunched with an inaugural talent show – and a massive cash prize for the winner! inspiring the locals to brush up on some old skills. The new owner, a successful London property developer, has promised

to bring a bit of the West End to North Belfast. But can the area really change? Can the people?

Cliftonville Circus is where five roads meet in North Belfast. It is situated in the most deprived part of the city; it is also the most divided. Each road leads to a different area – a different class – a different religion. 'The Circus' explores where old Belfast clashes with the new around acceptance, change, class and diversity.

The Author

Born in Belfast, Paul McVeigh has written comedy, essays, flash fiction, a novel, plays and short stories. His work has been performed on radio, stage and television, and published in seven languages. Paul co-founded the London Short Story Festival and is an associate director at Word Factory. His debut novel 'The Good Son' won The Polari First Novel Prize and The McCrea Literary Award. He is also the editor of 'The 32: Irish Working Class Voices', 'Queer Love: An Anthology of Irish Fiction' and 'Belfast Stories'.

Writer: Paul McVeigh Reader: Louise Parker Producer: Michael Shannon Executive Editor: Andy Martin

A BBC Northern Ireland production.

SUN 20:00 More or Less (m001jkq0)

UK v European energy prices, falling excess deaths, and is five grams of cocaine a lot?

Does the UK really have by far the highest domestic energy bills in Europe? We debunk a viral social media claim suggesting just that. Also the number of excess deaths has been falling in the UK - how positive should we be that we're through the worst? Plus do we really have access to only 3% of rivers and 8% of the countryside in England – and after the conviction of former MP Jared O'Mara we ask whether 5 grams of cocaine is a lot

Presenter: Tim Harford Series Producer: Jon Bithrey Reporters: Josephine Casserly, Nathan Gower

Production Co-ordinator: Brenda Brown Sound Engineer: James Beard

Note: The original programme has been updated to remove a reference to a specific right to roam in Scotland from the item about access to the countryside.

SUN 20:30 Last Word (m001jlc6)

Lady Betty Boothroyd, Marianne Mantell, John Motson OBE, Sulamita Aronovsky

Kirsty Lang on

The extraordinary Lady Betty Boothroyd (pictured) who went from humble beginnings in a Yorkshire mill town to becoming Westminster's first female Speaker.

John Motson OBE - the BBC's voice of football for half a century,

The pioneering New York publisher Marianne Mantell who paved the way for audio books...

And Lithuanian pianist Sulamita Aronovsky who founded London's International Piano competition.

Producer: Neil George

Interviewed guest: Julia Langdon Interviewed guest: Matthew Rubery Interviewed guest: Ricky George Interviewed guest: Jonathan Powell

Archive clips used: YouTube/ The Independent, Baroness Betty Boothroyd's best moments uploaded on 27/02/2023; BBC One, Parkinson 04/11/2000; Central Cinema Company Film, ...und abends in die Scala (1958) film clip; BBC News Archive, Betty Boothroyd obituary - clips from speech at House of Commons; Caedmon Recordings, A Child's Christmas in Wales, A Story and Five Poems - Dylan Thomas TC 1002; Caedmon Recordings, Ezra Pound Reading His Poetry TC 1122; Caedmon Recordings, JRR Tolkein Reads and Sings his The Lord of the Rings TC 1478; Caedmon Recordings, Ernest Hemingway Reading TC 1185; BBC Two, Victoria Derbyshire Show - John Motson interview 06/09/2017; BBC One. Grandstand 07/07/1990; BBC Two, Sunday Grandstand 24/06/1984; ITV News - Bernard Ingham item 24/02/2023; BBC Radio 3, Music Matters 17/06/2019; London International Piano Competition, promotional video from YouTube.

SUN 21:00 Money Box (m001jry9)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m001jvm6)

[Repeat of broadcast at 07:54 today]

SUN 21:30 Analysis (m001jkm4)

The death of globalisation?

Professor Ian Goldin explores globalisation, and asks how far the world is fragmenting politically and economically, and what the consequences of that could be.

Since around 1990, with the end of the Cold War, the opening of China, global agreements to reduce trade barriers and the development of the internet, there has been a dramatic acceleration of globalisation.

But its shortcomings are under the spotlight. Governments are making policy choices that protect their industries, and there's a knock on effect on other countries and consumers around the world

How can the challenges be addressed?

With contributions from:

Ngozi Okonjo-Iweala, Director-General of the World Trade Organisation.

Minouche Shafik, President and vice-chancellor of the London School of Economics

Zanny Minton Beddoes, Editor of The Economist Rana Foroohar, Financial Times commentator and author. Kishore Mahbubani, former Ambassador to the UN

Credits:

CBS News, **24.09**.19 – Donald Trump addressing the UN General Assembly in New York, pushing his 'America First' agenda.

Conservative party, **02.10**.19 – Boris Johnson at Conservative party conference 'Let's get Brexit done.'

The White House, **04.03**.22 – Joe Biden announce his 'Made in America' commitments.

World Economic Forum, 18.01.23 - German Chancellor, Olaf Scholz, addresses the World Economic For in Davos, warning of the dangers of de-globalisation.

BBC Newsnight, **19.02**.97 - Reporter Mike Robertson, reports on Xiao Ping's economic legacy.

BBC interview, 2005 - Tim Berners Lee describes the creation of the worldwide web.

BBC Newsnight, 10.11.89 – reporter piece from the Berlin Wall.

BBC Radio 5Live, 26.01.23 – Latest UK car manufacturing figures from 5Live presenter Rachel Burden and detail from BBC Business editor, Simon Jack.

Courtesy, Ronald Reagan Presidential Library, 26.11.88 – Ronald Reagan's radio address to the nation where he reminds the US to be thankful for economic prosperity generated by global trade.

Courtesy, William J. Clinton Presidential Library, 28.01.2000 -President Clinton addresses the World Economic Forum about the connections between the global economy and US prosperity.

SUN 22:00 Westminster Hour (m001jskd)

Ben Wright's guests are the Conservative MP Danny Kruger, Labour frontbencher Fleur Anderson and the Telegraph columnist Madeline Grant. They discuss new government plans to deal with the small boats issue, and the controversy over Keir Starmer's choice of partygate investigator Sue Gray, to be his chief of staff. Jack Blanchard, UK Editor at Politico, brings additional insight and analysis. The programme also includes an interview with the co-chairs of a new Civility Commission, Baroness Gaby Bertin and Lord Vernon Coaker.

SUN 23:00 Loose Ends (m001jryy)

[Repeat of broadcast at 18:15 on Saturday]

SUN 23:30 Something Understood (b042z3t3)

[Repeat of broadcast at 06:05 today]

MONDAY 06 MARCH 2023

MON 00:00 Midnight News (m001jskl)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Sideways (m001jkt0)

41. A Small Bowl of Rocket

Lydia Harris has always struggled with food. For as long as she can remember, she has avoided fruit and vegetables - their texture simply disgusts her. But one day, that began to change, with a small bowl of rocket leaves.

Eating is one of the greatest pleasures in life for many of usbut, at the same time, it's an arena fraught with choice and decision. No wonder that, as creatures of habit, many of us settle staunchly upon a shopping list of likes, and a mental bank of dislikes.

But in this episode, Matthew Syed sticks his fork into the delicious world of food, reminding us that taste is malleable. With an appetite for curiosity, Matthew thinks about how we can find greater joy in our three daily meals.

With thanks to food writer Ruby Tandoh, Carolyn Korsmeyer (Professor of Philosophy at Buffalo University, New York) and Charles Spence (Professor of Experimental Psychology at the University of Oxford).

Presenter: Matthew Syed Producer: Nadia Mehdi Series Editor: Katherine Godfrey Sound Design and Mix: Naomi Clarke Theme music by Ioana Selaru A Novel production for BBC Radio 4

MON 00:45 Bells on Sunday (m001jrzg)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001jskq)

The latest weather reports and forecasts for UK shipping.

$MON\,01:00$ Selection of BBC World Service Programmes (m001 jskv)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

MON 05:20 Shipping Forecast (m001jskz)

The latest weather reports and forecasts for UK shipping.

MON 05:30 News Briefing (m001jsl3)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m001jsl7)

A spiritual comment and prayer to begin the day with Rachel Redeemed

Good morning.

That took about a second to share. A moment's worth of air I barely noticed I'd inhaled carried those words of welcome. A fraction of a second so finite, it has long since slipped past, and we are on to another. With every heartbeat, innumerable chemical reactions work in concert to pump oxygenated blood to over 30 trillion cells. Even our perception of the present has a split second neuronal delay on it, as our consciousness catches un to reality.

I'm in the practice of capturing one second of every day using a video recording app. I'm in my 7th year of moment-snatching through the medium of film. This daily habit of documenting my life has captured changing jobs, exciting holidays, my wedding day, lockdowns and the story of two miscarried babies.

But what if I captured a second from everyone's life? Bottled them up and reflected on them at leisure. I imagine seeing a super-library of 8 billion lives, all interweaving throughout time like in a sci-fi movie.

We all have different events that stick in our minds or seemingly random memories from our childhood. Some people know the moment they became aware of a spiritual reality, others have had a sense of it all their lives. For me, the second that would most define my life is when I first knew Jesus' love for me. From the outside it was a seemingly insignificant moment with my dad and the Bible, but those few minutes led to an upside down life I'm still living today, choosing to follow a lst century Rabbi, Jesus of Nazareth - and I'm looking forward to having an eternity of moments with him.

All-encompassing Heavenly Father, I thank you that you offer us your hand to walk with us through every moment we experience on this earth: significant and seemingly not. Thank you that you know all of our moments; all our tears are stored in your bottle.

Amen.

MON 05:45 Farming Today (m001jslc)

A pesticide will be used in the UK this year despite having been banned some years ago, neonicotinoids are pesticides used to coat seeds, as the plant grows it kills the pests which eat the crop.

But it also impacts bees and as a result the EU banned their use and this ban was carried over into UK law after Brexit, however they can be used in certain special cases.

Matt Shardlow of the campaign group Buglife explains to Charlotte why he's so opposed to the use of this pesticide under

A 1000 acre rewilding site in Norfolk has seen the number of plant species double in just three years. The estate puts the changes partly down to the introduction of free-roaming livestock including red poll cattle, Exmoor ponies and

And Charlotte kicks off a week of Farming Today looking at the dairy industry, with an assessment of the current market situation.

Presenter: Charlotte Smith Producer: Alun Beach Editor: Dimitri Houtart

MON 05:56 Weather (m001 jslj)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b03bkt1q)

Sooty Shearwater

Tweet of the Day is a series of fascinating stories about the British birds inspired by their calls and songs

Wildlife Sound Recordist, Chris Watson, presents the Sooty Shearwater. Sooty Shearwaters are rather scarce seabirds around our islands as they breed on islands off South America and the coasts of eastern Australia and New Zealand. After breeding, the shearwaters head north to feeding grounds in the North Pacific and North Atlantic undertaking one of the longest journeys of any migratory animal.

MON 06:00 Today (m001js85)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m001 is8f)

The Iraq War - 20 years on

It's twenty years since the US and UK invaded Iraq to overthrow Saddam Hussein. Kirsty Wark discusses the lead up to the war, the impact on the lives of Iraqis and the legacy.

Ghaith Abdul-Ahad left his job in Baghdad and became a journalist during the Iraq War in 2003. He witnessed first-hand the liberation of his country from a megalomaniac leader and then its descent into factionalism and violence. In A Stranger In Your Own City he movingly recounts the very real human cost of the invasion, as well as the civil wars and rise of ISIS that followed.

Emma Sky volunteered to help rebuild Iraq post-invasion and went on to serve as the representative of the Coalition Provisional Authority in Kirkuk and then as a political advisor to the US army in the following decade. Now an academic at Yale University, she looks back at why the Iraq invasion failed and its implications across the region. She's the author of The Unravelling and In a Time of Monsters: Travelling in a Middle East in Revolt.

The BBC's Security correspondent Gordon Corera was a young reporter during the frenetic build up to the war, talking to spies, defectors and politicians. In a 10-part series – Shock and War: Iraq 20 Years On (from 13th March at 1.45 and on BBC Sounds) - he talks to those at the centre of that decision to go to war, and looks at the far-reaching consequences, from trust in politics, security and liberal intervention.

Producer: Katy Hickman

MON 09:45 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001js8p)

Episode 1

By Dasha Kiper

Compassionate case studies into dementia disorders that put both the person with dementia and the carer-giver at the centre. drawing on neuroscience and psychology to illuminate this condition and its effects.

Reader: Teresa Gallagher Abridger: Christine Entwisle Producer: Kirsty Williams

MON 10:00 Woman's Hour (m001 is8x)

Malala Yousafzai, Festival headliners, Discussing whether or not you want children with a partner, Comedian Jayde Adams

Malala Yousafzai is a Pakistani education activist and the world's youngest Nobel Prize laureate. Malala was just 15 when, on the way home from school, a member of the Taliban boarded her bus, asked for her by name, and shot her in the head. In the decade since, Malala has continued to fight for the educational rights of girls and women across the globe through her charity, the Malala Fund. Now she's turned her attention to Hollywood, most recently as Executive Producer of the short documentary film Stranger At The Gate - which has been nominated for the Oscar for Best Documentary Short Film.

The line-ups for this summer's festivals are being announced and there's a noticeable absence of headlining wome Glastonbury has three men headlining, as does Latitude Festival. Why is there such an imbalance when it comes to female artists and big gigs? What needs to be done to change it? CEO and owner of Green Man Festival Fiona Stewart joins Nuala alongside creator of the F-list directory of femal musicians, Vick Bain.

When should you bring up the topic of whether or not you want children with a partner? If you have different opinions, do you walk away from an otherwise happy relationship? Nuala is joined by Relationship Counsellor Val Sampson and listener Sarah to discuss the healthiest way to go about it.

The Bristolian comic and star of last year's Strictly Come Dancing, Jayde Adams has written a brand new show 'Men, I Can Save You,' to explore her relationships with men and learn from how she has been treated in the past. She talks to Woman's Hour about how she wants to guide men to salvation with humour.

Presented by Nuala McGovern Producer: Louise Corley

MON 11:00 What Happened to Ricky Reel? (m001dptq)

A quarter of a century ago, Ricky Reel was on a night out with friends in Southwest London. Seven days later his body was found in the River Thames. His mother, Sukhdev Reel, has always maintained her son was killed in a racist attack. The family discovered the boys had been racially abused that night, leading to a fight between Ricky and his friends, and two white youths. Sukhdev is still campaigning for the Metropolitan Police to re-investigate her son's death.

The actor and presenter Ameet Chana goes back to find out what happened to Ricky Reel and see if Sukhdev can find the answers she desperately wants. Ameet was cast in a reconstruction of Ricky's last night for a BBC documentary in 1998 and it's a case that has stayed with him

Two investigations were carried out by the Metropolitan Police in the 1990s and both concluded the death was likely to be an accident. In 1999, an open verdict was recorded and although the investigation into the death of Ricky remains open, it is no longer active as the Metropolitan Police maintain there are no further lines of inquiry left to follow.

To assist with the case, Ameet seeks the help of a former Detective Chief Inspector with the Metropolitan Police, Clive Driscoll, who was one of the main detectives to finally secure a conviction in the Stephen Lawrence case. Clive advises Ameet to go back and speak to the original investigators and find Ricky's friends. Will they shed any more light?

Also contributing in the programme are KC Michael Mansfield, and Suresh Grover from The Monitoring Group and coordinator of the Justice for Ricky Reel Campaign.

Produced by Perminder Khatkar Executive Producer: Louise Orchard A 2 Degrees West production for BBC Radio 4

MON 11:30 The Bottom Line (m001jl37)

How to Hire

What's the best way to recruit people who have the right skills for the job, but are also the right cultural fit for your business? And how do you do that without discrimination? Evan Davis and guests discuss the many different hiring options available, from the standard CV and interview to social media snooping, and the importance of getting it right.

GUESTS

Michael Barrington Hibbert, CEO, Barrington Hibbert Associates

Sir John Timpson, chairman, Timpson Group Claire Hamilton, head of UK talent acquisition, Capgemini Wouter Durville, CEO, TestGorilla

PRODUCTION TEAM

Producer: Simon Tulett Editor: China Collins Sound: Graham Puddifoot Production Co-ordinators: Sophie Hill and Siobhan Reed

MON 12:00 News Summary (m001 is 95)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001js99)

Student gambling, fake companies and forced prepayment warrants

The government is promising its long-awaited Gambling White Paper will be published soon - we hear about new research into students' gambling habits - and speak to someone who lost his student loan this way within 24 hours.

Also on the programme - the man who gets thousands of letters addressed to companies using his address to avoid paying VAT, and magistrates defend themselves over the granting of warrants to force fit prepayment meters in people's homes. And - did the Covid pandemic change your weekly supermarket shopping habits?

PRESENTER: WINIFRED ROBINSON

PRODUCER: TOM MOSELEY

MON 12:57 Weather (m001 is 9n)

The latest weather forecast

MON 13:00 World at One (m001jsb0)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 Flight of the Ospreys (m001fmb0)

Into Morocco

Scotland's ospreys have started their epic Autumn migration to West Africa. A team of conservationists headed up by biologist Sacha Dench is following them all the way, aiming to discover much more about the journey that the ospreys make and the challenges they face along the way. Climate change is making weather patterns less predictable, crucial wetlands on their rou are being poisoned by pesticides and depleted by drought and the birds have the unfortunate habit of electrocuting themselves when they land on powerlines with freshly caught fish.

Today, the Conservation Without Borders team discover the issues faced by migrating birds in Morocco.

Producers: Emily Knight and Alasdair Cross

MON 14:00 The Archers (m001jsbd)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Limelight (m001jtv1)

Galapagos - Episode 1: Good and Bad Optics

In 2025, Galapagos is an exciting new development in AI data manipulation. And Bryony is determined to use it to advance her career. But as soon as she presses the red button, she finds herself pulled along by forces she's not entirely in control of.

Thriller about big tech, data manipulation and the undermining of democracy, by Simon Scardifield and Andrew Day

Bryony.....Hannah Daniel Sydney.....Ashleigh Haddad Gaynor.....Sara Gregory Omar.....Danny Ashok Titus.....John Pfumoiena Boniface.....Kel Matsena Max....Ewan Bailey Euan....Jamie Redford

Aneni..... Ntombizodwa Ndlovu Fake Greta.....Sunja Hyde Shapeshift Man.....Hasan Dixon

Sam.....Claire Cage

Production Co-ordinators.....Eleri McAuliffe and Lindsay Rees Sound Design.....Catherine Robinson and Nigel Lewis Directed by Philippa Swallow, John Norton and Emma Harding, BBC Audio Drama Wales

MON 14:45 Spring Stories (m00161s2)

Only Works in the Spring

"It started off with an eBay listing, the most life-changing experience I've had so far..

An original short story for radio about two strangers who, over

the course of a hard winter, become friends

Written and performed by Kerri Ní Dochartaigh Produced and directed by Becky Ripley

MON 15:00 Counterpoint (m001 jsbt) Series 36

Heat 9, 2023

There's only one place left in the semi-finals of this year's series and it will go to the winner of today's contest, which comes from the Radio Theatre in London. There are questions and musical extracts covering the widest possible range of music, from Puccini and Haydn to Marvin Gaye and Luther Vandross. The competitors will also have to choose a topic on which to answer a round of individual questions, without having any warning of the topics on offer.

Appearing in the final heat are: Jo East from Orpington in Kent Anne Durkin from Elland in West Yorkshire Gary Nichol from Edinburgh.

Paul Gambaccini brings his impeccable expertise to the questionmaster's chair.

Assistant Producer: Stephen Garner Producer: Paul Bajoria

MON 15:30 The Food Programme (m001jsc7)

[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Roleplay (m001 jl0w)

Waiting for Godot

Stories and reflections of actors from across the world who have all played the same parts. They tell us what the roles mean and what the parts mean to them. This time it's the turn of the pair of tramps in Samuel Beckett's Waiting for Godot: Vladimir and Estragon.

It's a play where famously "nothing happens". Vladimir and Estragon are bowler-hatted tramps standing on a country road waiting for someone called Godot. The play divides audiences but its slapstick humour, staccato dialogue, and existential themes have made it one of the most acclaimed plays of the

Vladimir and Estragon have travelled the world and the play has been performed in moments of crisis, from New Orleans in the wake of Hurricane Katrina to Sarajevo in the Balkans War

The two main characters are like partners, friends, enemies... And Beckett's precise directions for the play have provoked questions about who can play Vladimir and Estragon

So pull a rock, sit by a tree, take off your boots... this is Roleplay.

Featuring Tweedy aka Alan Digweed, Aaron Monaghan, Marty Rea, Bill Paterson, Velibor Topić, J Kyle Manzay, Silent Faces Theatre (Josie Underwood, Jack Wakely and Cordelia Stevenson) and Sophia Almaz and Oleksiy Dashkovsky from Theatre UZHIK in Uzhhorod, Ukraine

Produced by Sam Grist and Camellia Sinclair for BBC Audio in Bristol

Mixed by Michael Harrison

Acknowledgements:

From the Fifties: Waiting for Godot, BBC Home Service, 5 Feb 1962

Play by Samuel Beckett Producer - Robin Midgley Vladimir - Nigel Stock Estragon - Kenneth Griffith The Boy - Terry Raven

Waiting for Godot, BBC Archive, 5 Sep 1981

Play by Samuel Beckett Director - Richard Callanan Vladimir - Max Wall Estragon - Leo McKern

Archive:

Masterworks: Waiting for Godot, BBC Radio 4, 22nd March

Druid Theatre, Trailer Waiting for Godot, November 2016 Points West Evening News, BBC One, 13th February 2019 Reporting Scotland, BBC One Scotland, 21st September 2015 News Special: Hurricane Katrina, BBC One, 4th September

Newsnight, BBC Two, 8th Sep 2005 News & Notes, NPR, 9th Nov 2007

Godot is a Woman - teaser, Silent Faces, 7th June 2022 Artsnight, BBC Two, 31st July 2015

Still Waiting for Godot in Sarajevo, BBC Radio 4, 21st Augu

Waiting for Godot in Sarajevo, BBC Radio 4, 20th March 1994 1992 Sarajevo, BBC News Archive

Waiting for What?, BBC Network Radio, 14th April 1961 Theater-studio "Uzhik" video, 23rd October 2022

MON 16:30 The Digital Human (m001 jscm) Series 28

Ever had that gnawing feeling that there's some unfinished business you have an itch to resolve? Maybe it's a friendship you've let drift or a task at work left incomplete. Maybe it's that sense of having too many tabs open at once on your computer. Our hyper-connected modern lives facilitate multi-tasking and the expansion of our social circles, and it could be argued a byproduct of this is that we have more unfinished business than we had in the past. In this episode of the Digital Human, Aleks Krotoski asks how might we adapt to this - and whether it always a bad thing.

Producer: Lynsey Moyes

MON 17:00 PM (m001jsd0)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O' Clock News (m001jsdd)

The former officer went on to rape and murder Sarah Everard just days later. He has been sentenced to 19 months in prison over the incidents in Kent.

MON 18:30 The Museum of Curiosity (m001jsdr) Series 17

John Lloyd and Anna Ptaszynski welcome taxidermist Polly Morgan, cartoonist Randall Munroe and impressionist Steve Nallon. On the episode we learn the limits of the human throat, what to do with a snake in a box, and how much soup it would take to destroy a galaxy.

The Museum's exhibits were catalogued by Mike Turner, Mandy Fenton and Lydia Mizon of QI.

Producer: Sam Holmes & Leying Lee Production Co-ordinator: Sarah Nicholls Sound: David Thomas

A BBC Studios production.

MON 19:00 The Archers (m001jsf4)

Lily complains to Ben about living with Freddie and Ben suggests he could move to The Stables as he's staying at Brookfield for the time being. Freddie would be out of her hair. However, Lily tracks down Josh to say she'd like to move in to The Stables herself. Over beers, Josh is cautious about agreeing to Lily moving in, but Lily convinces him. Josh also wants to rent out the third bedroom and feels like he should give Freddie first refusal on it. Lily points out she and Freddie would just argue all the time and promises to find an alternative before Freddie even gets wind of it.

Ben collects the last of his things from The Stables and then mentions he's been looking online at the resistance to the planned EV charging station. Josh warns him about going down that rabbit hole. Josh offers to keep an eye on it to save Ben the

Alice and Adam are relieved to hear Kate is going to stick with Spiritual Home at least for the next few years. Before they start looking through Jennifer's things, Adam shows them the box Ian discovered vesterday. It's full of mementos from their childhoods. The three siblings squabble over the items (apart from the set of milk teeth). Then, at the bottom of the box they find a list written by Jennifer itemising what belongs to whom. Jennifer always had the knack for resolving arguments. The only remaining problem is who will get to keep their mum's list?

MON 19:15 Front Row (m001 isfd)

Steven Moffat and Lucy Caldwell on writing about the Hadron

Sherlock and Dr Who writer Steven Moffat, and Lucy Caldwell, winner of the BBC National Short Story Award, discuss writing short stories inspired by the science of the Large Hadron Collider for a new collection called Collision. The project pairs a team of award-winning authors with Cern physicists to explore some of the discoveries being made, through fiction.

From interstellar travel using quantum tunnelling, to first contact with antimatter aliens, to a team of scientists finding themselves being systematically erased from history, these stories explore the dark matters that only physics can offer

A new documentary called Subject explores the life-altering experience of sharing one's life on screen, through the participants of five acclaimed documentaries. Samira Ahmed talks to Camilla Hall, one of the film's directors, about the ethics of documentary making.

Writer Mojisola Adebayo and director Matthew Xia talk about their new play Family Tree, which won the Alfred Fagon Best New Play Award. The play, which opens at the Belgrade Theatre Coventry, explores the extraordinary story of Henrietta Lacks, the African American woman whose cancer cells were taken without her permission or knowledge in 1951 and which are still informing medical science today.

Presenter: Samira Ahmed Producer: Eliane Glaser

MON 20:00 A Documentary: By ChatGPT (m001k1kz)

What would a documentary made by ChatGPT sound like? This is it...well, with a bit of human help.

Tech journalist and BBC Click presenter, Lara Lewington explores the immeasurable possibilities of sophisticated AI technology and how it will change our lives - from doing students' essays to writing films, diagnosing health conditions to customer service.

Lara will be testing how well it can help make this documentary, interviewing it, asking for the research. Can it write the script? She will be pitting her own journalistic skills against the technology everyone's talking about - ChatGPT.

Lara is our guide to stepping into this new era experiencing a giant leap forward in AI, not only by ChatGPT but from its competitors who are rapidly on its heels. She hears from experts how it is a tool that could become as ubiquitous as Google, used for enhancing human performance, not limiting it. Lara wants to understand what learning to live with this technology means in practice. How can we skill up and learn to use it smartly, to enhance our lives and careers?

But it does have its problems. Yes, it can summarise reams of material in seconds. But it does get things wrong. There are also questions about its ethics, its bias and identifying the sources of the material it generates.

Lara explores how this type of AI could transform job roles, creative output, and ways of thinking we once thought could only ever be performed by human minds.

Presenter: Lara Lewington Producer: Fiona Walker Executive Producer: Katherine Godfrev Researchers: Mo Ahmed and Valeria Rocca Sound Design and Mix: Daniel Kempson A Novel production for BBC Radio 4.

MON 20:30 Analysis (m001 isfn)

Classic theories of representative democracy argue that it's the representation of ideas not our personal characteristics - such as age, gender, race or class - that should matter. But current debates about the diversity of our politicians suggest many of us are interested in who our MPs are and that they represent us.

We have more women and more ethnic minority MPs than ever before, we have had three women Prime Ministers and our first Prime Minister with an Asian heritage and yet attention has been drawn to the fact that the majority of the current cabinet. unlike the British population, attended private schools. Some have never worked outside of politics. Does this matter? Is personal background and history the most critical factor leading to good political representation? Do the backgrounds of our politicians influence voters' choices at the ballot box? And how do political parties react?

Presenter: Rosie Campbell Producer: Vicki Broadbent Editor: Clare Fordham

MON 21:00 Science Stories (m0007kk7)

[Repeat of broadcast at 13:30 on Sunday]

MON 21:30 Start the Week (m001 is8f) [Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m001 isg2)

Zelensky tells forces to bolster defences of Bakhmut

Also

How AI is helping the fight against breast cancer.

And why floppy disks don't die.

MON 22:45 The Advocate by Marcello Fois (m001jsgd) Episode 1

A story of an isolated farming community, a love story and the crime of sheep stealing. A small-town lawyer called Bustianu is persuaded to defend the fugitive young man, Zenobi, who is on the run after being accused of sheep stealing by the family of the girl he is in love with.

The Advocate is a story peopled with characters rooted in the ancient landscape and religious and political history of Sardinia. Semi-feudalism is thrown into question when a romantic attachment is formed, and the all-important inheritance of land is threatened by an unsanctioned marriage. The church quietly exerts its power in the background while, around and above them, all the powerful landscape and its sometimes brutal weather offers a richly dramatic background to this tale of love and injustice.

Written by Marcello Fois Translated by Patrick Creagh Read by Brid Brennan and Stephen Hogan Abridged by Isobel Creed and Jill Waters Produced by Jill Waters A Waters Company production for BBC Radio 4

MON 23:00 How Wars End (m001j3mb)

It seems like an impossible conundrum

Ukraine is valiantly defending itself against the man Boris Johnson called "a blood-stained aggressor" and fighting for survival in a war that is currently deadlocked.

President Zelensky has warned that attempts at talks with The Russian Federation will fail, because Vladimir Putin cannot be trusted.

So in the absence of a decisive victory or a negotiated settlement - what happens?

James Naughtie investigates how other conflicts have come to a conclusion, in a bid to shed light on a war which has so far defied predictions.

He will talk to key figures who have been in the room as peace deals are ground out - and visit the law makers in Washington DC who are the key source of defence funding for Ukraine. History may have lessons when it comes to a conflict for which there seems no end in sight.

Presented by James Naughtie Produced by Kevin Core

MON 23:30 Today in Parliament (m001c65w)

All the news from today's sitting at Westminster.

TUESDAY 07 MARCH 2023

TUE 00:00 Midnight News (m001jsgz)

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001js8p)

[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m001jshc)

The latest weather reports and forecasts for UK shipping.

$\it TUE~01:00$ Selection of BBC World Service Programmes (m001jshs)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

${\it TUE~05:} \textbf{20 Shipping Forecast}~(\textbf{m001jsj3})$

The latest weather reports and forecasts for UK shipping.

$\it TUE~05:30~News~Briefing~(m001jsjc)$

The latest news from BBC Radio 4

$\it TUE\,05{:}43$ Prayer for the Day (m001jsjm)

A spiritual comment and prayer to begin the day with Rachel Redeemed

Good morning.

I don't know if you have a picture of me in your head. When I hear a voice, I conjure a face... I wonder who you are 'seeing' as the person behind these words today. Would you see my teeth damaged in a skiing accident... maybe you would spot that my right eyelid conceals some very neat plastic surgery that corrects a droopy eyelid.

It's fair to say, you wouldn't see my racing thoughts, big emotions and struggles with executive function as I await a diagnosis for ADHD - like many people today, particularly women, who are exploring whether this diagnosis fits their experience.

I've appreciated seeing the sunflower lanyards brightening many collars; I find it a helpful reminder that I shouldn't assume everyone is like me. For one, we simply don't know what is going on for someone else, mentally or medically.

For example, if someone has a white stick, I'd try to give extra space, or offer my seat on public transport to an elderly passenger. When we can see someone in obvious difficulty, most of us would like to respond with kindness. However, with so many folks having unseen or undiagnosed issues, I for one am not always as quick to offer grace for the interactions that test my chronically low patience. I believe how I treat people matters - whether I know their struggles or not. Maybe it just takes a moment of consideration and a willingness to wait. Who knows, that may be the very thing that I could do for someone that they needed that day.

Lord, you know our weaknesses and struggles, even experiencing the frailty of life on this earth. May we be more mindful of your compassion, and be conduits of your othercentred love, to those you have put next to us.

Amen

TUE 05:45 Farming Today (m001jsjx)

07/03/23 - Upland farm incomes; DEFRA net zero policies; Indoor dairy herds.

New figures show incomes for upland farmers are facing a massive hit, as payments under the new ELMs scheme do not come up to the level of previous payments under the old EU system. The expected income for upland farm businesses, published by DEFRA, for 2022/23 is just £16,300 - that's a 65 per cent reduction. Hill farmers have always relied more heavily on subsidies, and the EU system of paying per hectare underpinned their income. It was hoped that post-Brexit, the new Environmental Land Management scheme or ELMs would pay farmers for providing public goods, such as carbon sequestration, wildlife habitat and flood mitigation, but upland farmers say they are getting less money for providing public benefits than lowland producers.

A leaked document is said to show that the Department for Environment Food and Rural Affairs, DEFRA, is lagging behind its official target of implementing green policies to combat climate change, and that it is in danger of missing a legal deadline to submit a climate plan for agriculture by the end of this month. DEFRA has faced criticism by government advisers on the climate change committee. We speak to the journalist who's seen the leaked documents, and hear from the chair of Climate Change Committee, Lord Deben.

Most dairy farmers graze their herds outdoors on pasture for most of the year, only bringing them in during the winter. However, around a fifth of UK dairy farmers keep some or all of their cows indoors, all year round. We speak to a farmer in Staffordshire who's made the switch. He's built a new shed to house his animals all year round and says the livestock are healthier and the milk yields higher.

Presenter: Anna Hill Producer: Rebecca Rooney

TUE 05:58 Tweet of the Day (b04hkxj9)

Galapagos Mockingbird

Tweet of the Day is the voice of birds and our relationship with them, from around the world

Miranda Krestovnikoff presents a bird which intrigued Darwin, the Galapagos mockingbird. There are four species of Mockingbird in the Galapagos islands, which probably all descended from a single migrant ancestor and then subsequently evolved different adaptations to life on their separate island clusters, hence their fascination for Charles Darwin. The most widespread is the resourceful Galapagos Mockingbird. Unlike other mockingbirds which feed on nectar and seeds, the Galapagos mockingbird has adapted to its island life to steal and break into seabird eggs and even attack and kill young nestlings. They'll also ride on the backs of land iguanas to feed on ticks deep within the reptiles' skin and will boldly approach tourists for foot. They aptly demonstrate the theory of the "survival of the fittest".

Producer: Andrew Dawes

TUE 06:00 Today (m001jshm)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m001jshz)

Julia King on manipulating metals and decarbonising transport

Professor Dame Julia King, Baroness Brown of Cambridge, is an engineer whose fascination with metals, and skill for handling both research projects and people, has taken her from academia to industry to the House of Lords.

She tells Jim Al-Khalili how the dressmaking skills she learnt from her mother as a child helped her to understand the composite structures used in wind turbines later in life. And how she designed metal alloys that are resistant to both large and small cracks.

As the author of the UK government's Review of Low Carbon Cars in 2007, Julia set out a route to decarbonising a major segment of the transport sector within 25 years, making an important contribution to the UK's plans to try and achieve Net Zero.

But achieving Net Zero is not enough. With demand for electricity set to double or treble by 2050, there's an urgent need to radically reform our national infrastructure and guarantee supply.

Julia became a cross-bench member of the House of Lords in 2015. She's now chair of its Science and Technology Committee, holding the government to account on its promise to make the UK a science superpower.

TUE 09:30 One to One (m001jsj9)

Suzy Wrack: The House I Grew Up In

Football writer Suzy Wrack talks to urban geographer and professor at Boston University, Loretta Lees, about how growing up on council estates shaped their lives, and led them to studying the impact of space and design.

Produced for BBC Audio by Caitlin Hobbs.

TUE 09:45 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001jsjk)

Episode 2

By Dasha Kiper.

Compassionate case studies into dementia disorders that put both the person with dementia and the carer-giver at the centre, drawing on neuroscience and psychology to illuminate this condition and its effects.

Episode 2 explores what happens when dementia causes a person to forget their spouse.

Reader: Teresa Gallagher Abridger: Christine Entwisle Producer: Kirsty Williams

TUE 10:00 Woman's Hour (m001jsjs)

Writer Heidi Thomas, Angela Saini on the origins of patriarchy, Codeword Mascara

On last night's Panorama, Twitter insiders told the BBC that the company is no longer able to protect users from trolls, following lay-offs and changes under the owner Elon Musk. Lisa Jennings Young is the former head of Content Design at Twitter, and worked on safety features aiming to protect users from online hate, including misogyny. In October 2022, Lisa's entire team was laid off, and she herself chose to leave in late November. To find out more about her time at Twitter, and how proactive design can protect women and girls on social media, Nuala speaks to Lisa from her home in San Francisco.

Heidi Thomas is best known as the writer and creator of Call The Midwife. Her newest project is a film adaptation of the Alan Bennett play Allelujah. Set in a much-loved geriatric hospital in Yorkshire – The Beth - that's been earmarked for closure, it stars Jennifer Saunders as the formidable sister in charge. Heidi joins Nuala in the Woman's Hour studio to talk about what it's been like to go from writing about the start of life to the end.

Feminism isn't as modern as we might think, and the patriarchy is more fragile than it appears. That's the basis of a new book by science journalist Angela Saini. In The Patriarchs: How Men Came to Rule, Angela uncovers stories of female-led societies, and tells Nuala the lessons they might teach us.

Young women are using codewords to describe their experiences of sex, and in some cases assault, on social media platform TikTok. The hashtag 'Mascara' has racked up more than 100 million views over the past month or so, and is the latest code that's developed to avoid TikTok's censorship filters. Sophie Smith Galer joins Nuala to discuss this latest trend.

Presenter: Nuala McGovern Producer: Lucinda Montefiore

TUE 11:00 The Spark (m001jsk0)

Rory O'Connor and preventing suicide

In the first of the latest series of The Spark, Helen Lewis meets Rory O'Connor, author of When It Is Darkest, who sets out his radical new approach to suicide prevention.

Professor Rory O'Connor leads the Suicidal Behaviour Research Laboratory at the University of Glasgow. He has dedicated his career to the study of why, as he puts it, some people 'lose their struggle to live' - and of how suicide can be prevented. He tells Helen about some of the persistent myths he has identified, such as the notion that by raising the subject with someone, you risk planting the idea in their mind. Much better, he says, to reach out to someone who appears to be struggling than to shy away.

He explains how suicide is best understood as a behaviour, not simply as the by-product of mental illness, and unpacks his Integrated Motivational-Volitional Model of how some people end up taking their own life.

And he talks candidly about how suicide has affected him personally, through the loss of two friends and colleagues - and about how coming to terms with this has informed his understanding of the human complexity of the subject.

Producer: Phil Tinline

If you are suffering distress or despair, details of help and support are available at bbc.co.uk/actionline

TUE 11:30 Rethinking Music (m001jsk8)

The Next Generation

Where will the musicians of tomorrow come from? A generation ago, children had access to free instrumental tuition, but today it's mostly faded out, and in the past decade music has been de-prioritised in most state-sector schools in England. With inequality baked into the system, whether a child can access music education depends on which nation they're in, what kind of school they go to - and now more than ever, how affluent their parents are. The talent pipeline feeding conservatoires – though not the only route into a career – is under threat, with a dramatic decline in the number of pupils taking A level music: it could die out as a subject by 2033. Tracing that pipeline back to primary school, Soweto looks at what's driving this situation, and asks how much it matters.

In a 3-part series, Soweto Kinch looks at music education across the UK and assesses how policy changes over the years are playing out. What impact is decades of underfunding going to have on our economy, culture, and children's development? How are new National Plans for Music announced last year going to address the situation across the UK? Reflecting on his own route to music, Soweto asks what music education could look like, and how much it matters if we don't get it right. Contributors include Nicola Benedetti, Anna Meredith, Nubya Garcia, Kadiatu Kanneh-Mason, Jamie Njoku-Goodwin and a ranee of music professionals and providers across the UK.

Produced by Megan Jones and Amelia Parker Photo: The Benedetti Foundation (credit Sarah Pickering)

TUE 12:00 News Summary (m001jskh)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001jskm)

Call You and Yours: How is childcare working for you?

On today's Call You and Yours, we're asking - how is childcare working for you?

Childcare costs are much higher in the UK than in other developed countries, making it harder for women, in particular, to stay in the workplace and progress their careers. Childcare providers have written to the Prime Minister, Rishi Sunak, urging him to make childcare a priority in the Spring budget.

The CBI, the Confederation of British Industry, is warning that childcare provision in the UK is at crisis point. They say it's a big problem for the families affected and that businesses are losing out on valuable talent, making the economy weaker.

The Office for National Statistics says there are 1.7 million

people currently economically inactive who would like to work with 21 percent of them citing caring responsibilities as the main reason behind it. Almost a third of mothers with a child aged 14 or under, say they've reduced their working hours for childcare reasons.

We want to know how you're coping with the cost of childcare. What's your experience of trying to find the childcare you need where you live?

Call us now on 03700 100 44. Lines are open at 11 am on Tuesday March 7th. You can also email us now at youandyours@bbc.co.uk

Don't forget to include your number so we can call you back.

Presenter: Winifred Robinson Producer: Tara Holmes

TUE 12:57 Weather (m001jskr)

The latest weather forecast

TUE 13:00 World at One (m001 jskw)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 Flight of the Ospreys (m001fw54)

Across the Sahara

Scotland's ospreys have started their epic Autumn migration to West Africa. A team of conservationists headed up by biologist Sacha Dench is following them all the way, aiming to discover much more about the journey that the ospreys make and the challenges they face along the way. Climate change is making weather patterns less predictable, crucial wetlands on their route are being poisoned by pesticides and depleted by drought and the birds have the unfortunate habit of electrocuting themselves when they land on powerlines with freshly caught fish.

Today, the Conservation Without Borders team follow the birds across the Sahara desert.

Producers: Emily Knight and Alasdair Cross

TUE 14:00 The Archers (m001jsf4)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Limelight (m001jvhr)

Galapagos - Episode 2: Smashing It

Galapagos

Speculative thriller about big tech, data manipulation and the undermining of democracy, by Simon Scardifield and Andrew Dav

With Galapagos out of the bag and Omar reeling from Bryony's ambition, the dust settles on a newly forged partnership between Shapeshift boss Sydney and Bryony. But will Bryony be able to keep her job at Mayfair Interventions and deal with her sister Gavnor's bad news back home?

CAST

Bryony......Hannah Daniel

Gaynor/Assistant.....Sara Gregory

Omar.....Danny Ashok

Max.....Ewan Bailey Sam.....Claire Cage

Sydney.....Ashleigh Haddad

Aneni/ Receptionist/ Woman.....Ntombizodwa Ndlovu

Titus/ Driver/ Attendant.....John Pfumojena

Fake Greta.....Sunja Hyde

Production co-ordinators Eleri McAuliffe and Lindsay Rees Sound design by Nigel Lewis Produced by John Norton, Philippa Swallow and Emma

Produced by John Norton, Philippa Swallow and Emma Harding for BBC Audio Drama Wales

TUE 14:45 Spring Stories (m00168gn)

Field Notes

"I stand where he stood, so many times before, and I look out at the fields. I look out to where the orange aura of day disappears into the horizon, to the view he saw every evening for his many years here, and then I close my eyes to become him..."

An original short story for radio, written and performed by Malaika Kegode. Produced and directed by Becky Ripley.

TUE 15:00 The Kitchen Cabinet (m001jry1)

[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 Costing the Earth (m001jsl0)

Prawn Free

Where do the prawns in your takeaway curry or pad thai come from? Peter Hadfield travels to South-East Asia to investigate the environmental impact of prawn farming.

Producer: Alasdair Cross

TUE 16:00 Law in Action (m001jsl4)

Justice for Ukraine

A year after Russia's invasion of Ukraine, Joshua asks Attorney General Victoria Prentis MP and Professor Philippe Sands KC how the law can help to deliver justice for Ukraine. Could Russia's leaders be tried for the crime of aggression?

What can be done about the form of potentially abusive litigation known as a SLAPP?

Plus, we meet the Ukrainian lawyers brining their skills to the

Presenter: Joshua Rozenberg Producer: Diane Richardson Editor: Simon Watts

Production Co-ordinators: Maria Ogundele and Sabine

Schereck

Sound Engineer: James Beard

TUE 16:30 A Good Read (m001jsl8)

Janet Street-Porter and Felicity Ward

The broadcaster and comedian discuss favourite books with Harriett Gilbert. Janet's choice is The Bloater by Rosemary Tonks, set in 1960s London, which was also Janet's stomping ground. Felicity loves Carlo Rovelli's Seven Lessons on Physics, which provokes much disagreement between the three women, none of whom studied much science at school. Harriett's choice is Hubert Mingarelli's A Meal in Winter, a moving and morally complex tale of three Nazi soldiers in wartime Poland.

Producer Sally Heaven

TUE 17:00 PM (m001jsld)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O' Clock News (m001jslk)

Under the proposals, anyone who enters the UK illegally won't be able to claim asylum.

$\it TUE~18:30~Mark~Watson~Talks~a~Bit~About~Life~(m001jslm)$

Series 4

Thursday's Child Is...

Multi-award winning comedian and author Mark Watson continues his probably doomed, but luckily funny quest to make sense of the human experience.

This series is about time - the days of the week, the stages of our existence - and the way we use it to make sense of things. We make our way through the working week, tonight considering Thursday. What does it mean to have 'far to go'? What was the lowpoint of Mark's career on the Waitrose checkout? And who does his mother consider 'a waste of space'?

Expect jokes, observations and interactions galore as Mark is aided, and sometimes obstructed, by the sardonic musical excellence of Flo & Joan. There's also a hand-picked comedy colleague each week - we are lucky tonight to have Sikisa.

Producer: Lianne Coop

An Impatient production for BBC Radio 4

$\it TUE~19:00~The~Archers~(m001jslp)$

Helen and Tony discuss the planned electric vehicle charging station. They can see both sides of the argument and agree to keep a close eye on how things progress. Helen turns the conversation to her new idea for the dairy. Inspired by Adam's Edible Forest Garden project, Helen would like a window into the dairy so people can see how their cheese, yoghurt and icecream are made. Tony likes the idea and Pat and Tom have already given it the nod. Helen wants it installed as soon as possible and has found an available builder via Lilian. Tony warns her that Clarrie and Susan will need informing. Lily's moving into The Stables at the weekend, but she's yet to tell Elizabeth and Freddie. Later Elizabeth interrupts Lily's phone call with Josh, and Lily quickly reveals she's moving out.

Elizabeth isn't upset as Lily thought she'd be. Lily reveals her insecurities over her relationship with Russ and how she's fared since they broke up. She isn't ready to tell Freddie, which Elizabeth isn't pleased to hear. She wants Lily to tell him as soon as possible.

While Lily measures the room she's moving into, Josh apologises for Elizabeth finding out about Lily's house move because he had told Shula. Josh raises the option of Freddie being the third housemate again. Lily refuses, saying she'd rather accept a previous suggestion of Josh's, which she'd previously vetoed as unsuitable. Josh thinks their options are limited and sets Lily the challenge of finding another housemate by the end of the week. Lily is insistent that Freddie is not going to follow her to The Stables.

TUE 19:15 Front Row (m001 jslr)

Daniel Mays on a new production of Guys and Dolls, and how accessible are venues and film sets for performers?

Daniel Mays talks to Samira Ahmed about starring as Nathan Detroit in a new immersive production of the musical Guys and Dolls at the Bridge Theatre in south London.

Front Row investigates how accessible theatres and gig venues are, not just for audiences but for performers. Reporter Carolyn Atkinson talks to a comedian and a DJ who have struggled with access and asks how venues should be addressing the problem.

And actor Julie Fernandez and producer Sara Johnson discuss a new scheme to train access co-ordinators in film and television. The scheme aims to make the industry more accessible for deaf, disabled and neurodivergent cast and crew.

Presenter: Samira Ahmed Producer: Julian May

TUE 20:00 File on 4 (m001jslt)

Missing Migrant Children

200 children have gone missing from hotels used by the Home Office to temporarily house lone asylum seekers. File on 4 investigates what's being done to find them and why so many have disappeared.

Reporter: Livvy Haydock Producer: Kate West Researcher: Nathan Standley Editor: Carl Johnston

Image credit: Ben Stansall

TUE 20:40 In Touch (m001jslw)

The Protests in Iran; Audio Description on Adventure Films

The Islamic Republic of Iran has seen widespread protests in recent months following the death of Mahsa Amini in custody. The news of the brutality of the regime against its protesting citizens has been widespread; we discuss how some protesters are being purposefully shot in their eyes and blinded. Khosro Isfahani is from the BBC's Monitoring Service and has been following the developments in Iran since the beginning, he provides us with a wider image of what is currently happening in Iran and explains the potential reasons behind these eye shootings.

We hear from two film makers, Tim Burton and Danielle Sellwood, who have recently held accessible screenings of outdoor adventure films at the Sheffield Adventure Film Festival. Both have been making a conscious effort to include accessibility features on the films that they make, be those closed captions and audio description. Danielle and Tim tell us how including AD on outdoor adventure films may encourage blind and partially sighted people to get more active. Fern Lulham also joins us and provides a wider analysis of current AD provisions on movies.

Presenter: Peter White Producer: Beth Hemmings Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image, wearing a dark green jumper. Above Peter's head is the BBC logo (three individual white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one of a darker blue and the other is a lighter blue.

$\it TUE~21:00~Inside~Health~(m001jsly)$

NHS weight-loss drug

James Gallagher asks whether a weight-loss drug on the NHS heralds a new era in tackling obesity? He meets Jan who lost nearly 4 stone after being part of a trial taking a weekly injection of Semaglutide for 15 months alongside advice on meals and exercise. However, when people stop taking the drug the weight starts to go back on. Add to that supply shortages with heightened private demand and some doctors think the drug is as controversial as they come. James unpicks the ethical and societal dilemmas against a backdrop of half the world's population projected to be overweight or obese by 2035.

Producer: Erika Wright

Declared interests

Dr Margaret McCartney: "No conflicts to declare."

Prof Sir Stephen O'Rahilly: "in the past has been a remunerated consultant and has had research collaboration with Novo

Professor Naveed Sattar: "consulted for and/or received speaker honoraria from Novo Nordisk, Abbott Laboratories, Amgen, AstraZeneca, Boehringer Ingelheim, Eli Lilly, Hanmi Pharmaceuticals, Merck Sharp & Dohme, Novartis, Pfizer, and Sanofi; and grant support paid to his university from AstraZeneca, Boehringer Ingelheim, Novartis, and Roche Diagnostics. He was a co-investigator in lifestyle trials such as DiRECT and co-lead for STANDby."

TUE 21:30 The Life Scientific (m001jshz)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m001jsm0)

Government plan to stop migrants crossing the Channel

Also:

RMT suspends industrial action.

And we speak to TikTok's head of public policy for the Americas

TUE 22:45 The Advocate by Marcello Fois (m001jsm2) Episode 2

A story of an isolated farming community, a love story and the crime of sheep stealing. A small-town lawyer called Bustianu is persuaded to defend the fugitive young man, Zenobi, who is on the run after being accused of sheep stealing by the family of the girl he is in love with.

The Advocate is a story peopled with characters rooted in the ancient landscape and religious and political history of Sardinia. Semi-feudalism is thrown into question when a romantic attachment is formed, and the all-important inheritance of land is threatened by an unsanctioned marriage. The church quietly exerts its power in the background while, around and above them, all the powerful landscape and its sometimes brutal weather offers a richly dramatic background to this tale of love and injustice.

Written by Marcello Fois Translated by Patrick Creagh Read by Brid Brennan and Stephen Hogan Abridged by Isobel Creed and Jill Waters Produced by Jill Waters A Waters Company production for BBC Radio 4

TUE 23:00 Alex Edelman's Peer Group (m0001f14) Series 2

Political

Nominated for this year's main Edinburgh Comedy Award, and winner of the Newcomer in 2014, American comedian Alex Edelman is back for a second series of his show PEER GROUP in which he takes a comic look at what it's like being a millennial today.

This episode is all about his relationship with politics and what it means to be political in today's world, from Donald Trump to YouTube comedians.

We also hear from Alex's "peer group" - fellow millennials - comedians Alfie Brown, and Brandon Wardell, journalist Rebecca Nicholson and cultural commentator David Burstein.

It is written and presented by Alex Edelman, with additional material by Ivo Graham.

Producer: Sam Michell.

A BBC Studios production.

TUE 23:30 Today in Parliament (m001c6hk)

Sean Curran reports from Westminster on reaction to the

government's new plan to stop people entering the UK in small boats.

WEDNESDAY 08 MARCH 2023

WED 00:00 Midnight News (m001jsm4)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001jsjk)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m001jsm6)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m001 jsm8)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

WED 05:20 Shipping Forecast (m001jsmb)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m001 jsmd)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m001jsmg)

A spiritual comment and prayer to begin the day with Rachel Redeemed

Good morning.

I have a chronic inability to keep anything more extravagant than a cactus alive! No matter how many reminders I set, I just can't seem to remember to water my plants. However, it was a devastating realisation when one day I saw that I had neglected a beautiful orchid given to me by my mum in memory of our first child 'Pax' (his name means peace), who we lost to miscarriage. Reducing that orchid to a dry stick felt like a crushing reminder that I had also failed to keep Pax alive.

For months, the dead plant sat in a corner and I tried to ignore the spectre of its skeleton; but then a few days ago, I found something unbelievable... hidden behind the stick that filled me with guilt, I could see a stem. With actual buds on! This moved me to tears. I didn't dare believe that in such bleak circumstances my orchid could ever grow again.

You may sense where this is going... no, I don't have a baby in my arms, but I do believe in someone who went into the grave dead and came out alive - Jesus. I know that even if I give up on myself, God will not give up on me - there is always hope, because if Jesus came out of the grave, so can I. We might think our life is wrecked beyond repair, but I hold out my fragility to a God who can do so much more than I could ask or imagine.

All knowing God, please use our frailty and weakness, our brokenness and crushed spirits and bring new life where we feel hopeless. Show us how you are using our brokenness to bring healing to others.

Amen.

Details of help and support with pregnancy related issues are available at bbc.co.uk/actionline

WED 05:45 Farming Today (m001jsmj)

Poultry farmers are appealing to the government to include them on a list of industries which would get help paying their energy costs. The Energy Bill Relief Scheme is being replaced by the Energy and Trade Intensive Industry Scheme - but agricultural producers are not included in either. Poultry production has declined recently, partly due to avian flu but also because of the huge rise in the cost of heating, ventilating and feeding indoor chickens for meat. The indoor vegetable industry is also asking the government for help with energy costs.

While Scotland is battling with the snow, farmers in East Anglia and the South West are still hoping for more rain. East Anglia in particular had the driest February since 1959 and the third driest on record, and for a region where three quarters of the land produces grain and vegetables, lack of rain can have a serious impact nationwide. We visit the Euston Estate near Thetford to hear how low water levels have changed what they are growing.

One of the big issues facing the dairy farming sector is pollution. Slurry that's not stored properly can pollute both air

and rivers. Last year two thirds of dairy and beef farms in one region of England were found to be causing pollution, when the Environment Agency inspected 187 farms in Devon between 2016 and 2020. The EA report concluded that dairy farmers were taking a calculated business risk not to invest to stop pollution because the chances of being fined are so tiny. The Environment Agency has committed to introducing a system of environmental permits for dairy and beef farms to clamp down on pollution incidents, but the industry is worried. We visit a dairy farmer in Somerset.

Presenter: Anna Hill Producer: Rebecca Rooney

WED 05:58 Tweet of the Day (b092pmdt)

Samuel West on the Capercaille

Actor Sam West describes how the turkey-like capercaillie makes unfathomably strange sounds reminiscent of a rolling snooker ball followed by a champagne cork being unscrewed for Tweet of the Day.

Producer: Tom Bonnett Picture: Paul Jessett.

WED 06:00 Today (m001jt1p)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 The Patch (m001jt22)

Feltwel

One random postcode and a story you probably haven't heard before.

The postcode generator leads to Feltwell - a rural Norfolk village which is host to a small US military base, RAF Feltwell. The sky above the village is filled with the sound of military fighter jets. There are thousands of US military personnel living in this area. RAF Lakenheath, RAF Mildenhall, and RAF Feltwell, all within a ten mile radius of the village, have been US Air Force bases for decades. Of the three bases, RAF Feltwell is the least notable, except for the three huge golf ball-like domes which sit on the base, their curved tops peaking out over the rooftops of the village. What are the domes doing here? The story takes us to The Pentagon and outer space...

Produced and presented by Polly Weston Mixed by Ilse Lademann Editor: Chris Ledgard Made in Bristol by BBC Wales and West

WED 09:30 Just One Thing - with Michael Mosley (m001 it2h)

Try Some Turmeric

Turmeric is a close relative of ginger – it has a similar knobbly root-like stem. The golden-hued powder of turmeric adds colour and flavour to food, but it's also been linked to some surprising health benefits. As well as helping with wound healing and skin conditions, it's been linked to better brain health. Michael Mosley speaks to Dr. Benny Antony from the University of Tasmania in Australia who has found that turmeric extract was as effective as ibuprofen to reduce pain levels. Meanwhile, our volunteer Yu She cooks up a storm with chicken korma and turmeric pancakes.

WED 09:45 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001jt31)

Episode 3

By Dasha Kiper

Compassionate case studies into dementia disorders that put both the person with dementia and the carer-giver at the centre, drawing on neuroscience and psychology to illuminate this condition and its effects.

Episode 3 explores the impact of exclusion and loneliness on caregivers who look after loved ones with delusions.

Reader: Teresa Gallagher Abridger: Christine Entwisle Producer: Kirsty Williams

WED 10:00 Woman's Hour (m001jt3k)

Foreign Secretary James Cleverly MP, Poet Kim Moore, Chief Fire Officer Sabrina Cohen-Hatton

On International Women's Day we talk to the foreign secretary, James Cleverly MP, as he travels to Sierra Leone to launch the UK's new international women and girls strategy.

Dr Sabrina Cohen-Hatton is one the most senior fire fighters in the UK. The current Chief Fire Officer of West Sussex Fire and Rescue Service has in her 22 year career covered major incidents such as the London Bridge terror attack, the Finsbury Park terror attack and the aftermath of Grenfell. Last month on Woman's Hour we discussed the fire service after recent reports hit the headlines of allegations of bullying and sexual harassment of female fire fighters at different services. Last year, an independent review found the London Fire Brigade to be institutionally racist and misogynistic. Just seven percent of fire fighters are women and there are even less in high leadership roles. Sabrina joins Nuala to talk about her new book The Gender Bias The Barriers That Hold Women Back, And How to Break Them, which unpicks why women are judged differently, and how we can tackle those biases, and also tells us whether she thinks the fire service has a problem with women

Sunday marked the end of the European Indoor Championships in Istanbul, a golden weekend for Team GB women. Keely Hodgkinson retained her 800m title before team captain Jazmin Sawyers won a long jump Gold, earning her a first major title of her senior career with a world-leading jump of seven metres. Jazmin now holds the British Indoor record and joins Nuala.

What is it like to be a poet, a woman and a performer of poetry at this particular moment in time? Kim Moore aims to answer this question in her new book Are You Judging Me Yet? Poetry and Everyday Sexism. The book contains poems from her collection All the Men I Never Married, for which she won the Forward prize last year. She explains to Nuala McGovern why poetry is the perfect medium for exploring sexism.

WED 11:00 I'm Not a Monster (p0dnld4d)

The Shamima Begum Story

Series 2: Episode 9. State of Mind

No longer a vulnerable schoolgirl, but a seemingly unrepentant adult. Shamima Begum enrages the British public and ends up stuck in Syria.

A series of media interviews come to shape how she's perceived - with long lasting consequences.

Reporter: Josh Baker

Written and produced by: Josh Baker, Sara Obeidat and Joe

Kent

Composer: Firas Abou Fakher Theme music: Sam Slater Mix and sound design: Tom Brignell

Production coordinators: Janet Staples and Helena Warwick-

Cross

Series Editor: Jonathan Aspinwall Head of Long Form Audio: Emma Rippon Commissioning Executive: Dylan Haskins

ARCHIVE

John Sparks interviews Shammia Begum: Sky News (2019) Rohit Kachroo interviews Shammia Begum: ITV News (2019)

This episode contains upsetting moments involving children

WED 11:30 Gloomsbury (b08pgm4d)

Series 4

Venice the Menace

Ginny Fox and Vera Sackcloth-Vest go to Venice in search of inspiration for Ginny's new book - but unfortunately they are accompanied by their husbands, neither of whom is particularly enamoured of the place.

Apart from the smell and his fear of water, Lionel is worried about money and is anxious about the cost of the trip while Henry is worried about the cost of replacing a figurine that he inadvertently smashes whilst swatting a mosquito on their first night in the Grotti Palace Hotel.

They meet Dave Lollipop and his pneumatic German wife Frieda on the Rialto and Ginny is whisked off to see his paintings. He too has money problems and is planning to sell them to Art Connoisseur and man-eating American, Peggy Googleheim.

Meanwhile Lionel has despatched Henry and Vera to see Peggy as well, with the aim of getting her to put money into his avant garde publishing house. Peggy takes a shine to Henry's moustache and attempts to seduce him on the steps of the Campanile. But when Vera gets to hear of their kiss she explodes and tells Peggy what she thinks of her, which swiftly puts an end to Dave or Lionel extracting any cash. The trip is nothing more or nothing less than a disaster.

A Little Brother production for BBC Radio 4.

GINNY FOX.....ALIS0N STEADMAN

FLANER	
HENRY MICKLETONJONATHA	N
COY	
VERA SACKCLOTH-VESTMIRIAM	
MARGOLYES	
D.H.LOLLIPOPJOHN	
SESSIONS	
FRIEDA	
LOLLIPOPMORWENNA BAN	KS
PEGGY	
GUGGENHEIMMORWENNA	
BANKS	
ITALIAN MAIDALISON	
STEADMAN	

Page 12 of 18

WED 12:00 News Summary (m001jt4b)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001jt4w)

Secret ticket touts exposed

LIONEL FOX.....

In a special investigation, reporter Shari Vahl reveals how secret groups of touts used special software to push Eurovision fans to the back of the ticket queue. And it's not just Eurovision - that feeling of missing out within minutes of the tickets being launched, then finding them at inflated prices on secondary seller sites, will be familiar to many concert-goers. Now You and Yours uncovers how this happens. The software, or bot, allows the touts to pretend they are real people in the queue - hundreds or thousands of them - forcing the real fans behind them. By the time the fans get to the front, all the tickets have gone

PRESENTER: WINIFRED ROBINSON PRODUCER: KEVIN MOUSLEY

WED 12:57 Weather (m001jt5b)

The latest weather forecast

WED 13:00 World at One (m001jt5t)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 Flight of the Ospreys (m001g34p)

On the Gambia River

Scotland's ospreys are on their epic autumn migration to West Africa. A team of conservationists headed up by biologist Sacha Dench is following them all the way, aiming to discover much more about the journey that the ospreys make and the challenges they face along the way. Climate change is making weather patterns less predictable, crucial wetlands on their route are being poisoned by pesticides and depleted by drought and the birds have the unfortunate habit of electrocuting themselves when they land on powerlines with freshly caught fish.

Today, the Conservation Without Borders team follow the birds through the Gambia where local birdwatchers are fighting to save prime bird habitat from tourism development.

Producers: Emily Knight and Alasdair Cross

WED 14:00 The Archers (m001 islp)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Limelight (m001jvht)

Galapagos

Galapagos - Episode 3: The Green, Green, Screens of Home

Speculative thriller about big tech, data manipulation and the undermining of democracy, by Simon Scardifield and Andrew Day.

Bryony is increasingly excited by her new role working for Sydney and Shapeshift, using the very latest data manipulation AI. And Sydney's promised to arrange specialist cancer treatment for sister Gaynor in the US. But journalist Sam is on Bryony's tail and she's asking uncomfortable questions.

Bryony.....Hannah Daniel Sydney.....Ashleigh Haddad Gaynor.....Sara Gregory Omar.....Danny Ashok Euan.....Jamie Redford Sam.....Claire Cage

Production Co-ordinators.....Eleri McAuliffe and Lindsay Rees Sound Design.....Catherine Robinson and Nigel Lewis Directed by Philippa Swallow, John Norton and Emma Harding, BBC Audio Drama Wales

WED 14:45 Spring Stories (m0016gsh)

"Driving up Caerphilly Mountain, Gareth's father instructs Gareth to open the glove compartment, where he finds two tickets, sacred and shiny: his first real football match at a real football stadium. The evenings are stretching, the days are warming, and Gareth, you can feel the change already, can't you?"

An original short story for radio, written and performed by Thomas Morris. Produced and directed by Becky Ripley.

WED 15:00 Money Box (m001jt64)

Money Box Live: Cost of Food

Grocery prices have increased by 17.1% in the four weeks to 19th February, meaning it's at the highest level they've ever been recorded. This could mean households see over £800 extra on their annual food shop (Kantar).

With grocery inflation being the second most important financial issue for the public, behind energy costs, we speak to shopper's about how their household budgets are being affected.

The experts on the panel are, Kris Hamer, Director of Insights at the British Retail Consortium, Sabine Goodwin, Coordinator at the Independent Food Aid Network and Lisa Webb, consumer expert at Which.

Presenter: Dan Whitworth Producer: Amber Mehmood Editor: Clare Worden

WED 15:30 Inside Health (m001jsly)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Sideways (m001jt6j)

42. The Big Reward

When Kevin Burkart dove into a murky lake to find a lost wedding ring, he did it for nothing. But did he really gain something much more?

In this episode of Sideways, Matthew Syed explores our preoccupation with rewards and their impacts.

With author and lecturer Alfie Kohn, Headteacher of Barrowford Primary Rachel Tomlinson, Felicia Schaefer and Kevin Burkart.

Presenter: Matthew Syed Producer: Leigh Meyer Series Editor: Katherine Godfrey Sound Design and Mix by Naomi Clarke A Novel production for BBC Radio 4

$\it WED~16:30~The~Media~Show~(m001jt6z)$

We Need to Talk About Gary

The BBC says that it is having a "frank conversation" with Gary Lineker after he tweeted that the language setting out the government's new plan for small boats crossing the channel was "not dissimilar to that used by Germany in the 30s".

Also in the programme, Elon Musk picks a twitter fight with a sacked employee – and then says sorry, and the role algorithms play in how we consume media.

Guests: Roger Mosey, former director of BBC Sport, Alva Ray, Host of POLITICO's Westminster Insider Podcast, Kara Swisher, Host of "On with Kara Swisher", Noah Giansiracusa, Associate Professor of Mathematics at Bentley University, and Katy Leeson, CEO of Relentless Media

Presenter: Ros Atkins
Producer: Helen Fitzhenry

WED 17:00 PM (m001 it7c)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O' Clock News (m001jt7p)

His comments on the government's new asylum policy have lead to clashes over BBC impartiality.

WED 18:30 Conversations from a Long Marriage (m001jt7z)

Series 4

4. Every Little Thing

Joanna Lumley and Roger Allam return in the fourth series of Jan Etherington's award-winning comedy about a long-married couple in love with life and each other.

This week, it seems everything is making Roger grumpy, including a neighbour putting out his bin on the wrong day; a car alarm in the night and a shortage of streaky bacon. Roger claims he's 'normal' because 'most men live lives of quiet desperation' but Joanna discovers it's her fault he's feeling fed up.

Conversations from a Long Marriage won the Voice of the Listener & Viewer Award for Best Radio Comedy in 2020. Also, nominated for a Writers Guild Award 2023.

Conversations from a Long Marriage is written by Jan Etherington and produced by Claire Jones. The production coordinator is Katie Baum, the studio engineer is Wilfredo Acosta and sound design is by Jon Calver. It is a BBC Studios Production.

Joanna Lumley and Roger Allam have had illustrious acting careers but can they ever have done anything better than Jan Etherington's two hander? This is a work of supreme craftsmanship. RADIO TIMES

'Peppered with nostalgic 60s hits and especially written for the pair, it's an endearing portrait of exasperation, laced with hard won tolerance – and something like love.' THE GUARDIAN

'The delicious fruit of the writer, Jan Etherington's experience of writing lots of TV and radio, blessed by being acted by Joanna Lumley and Roger Allam. Treasure this one, produced by Claire Jones. Unlike many a current Radio 4 'comedy', this series makes people laugh' GILLIAN REYNOLDS. SUNDAY TIMES

'You've been listening at my window, Jan'. JOANNA LUMLEY

WED 19:00 The Archers (m001 isxf)

Kate admits to Noluthando she's still not feeling fully committed to Spiritual Home. Noluthando reports she might have found a new flat share in Durban. Freddie wants to try out his revamped tour of Lower Loxley on Noluthando. He's recruited Oliver and Neil as volunteer guides. The two set off. Helen announces to Clarrie and Susan the installation of the observation window. Both are unsure, and raise potential pitfalls. Helen's surprised by their negativity and she plays to Susan's previous experience as a radio presenter. This sets Susan on a roll. She suggests an intercom system so that they can interact with those looking through the new window. Helen thinks it's a great idea while Clarrie isn't won over. Kate's surprised to see Brian turn up at Spiritual Home. After some stalling he reveals that he'd like to have a treatment to relieve his general physical discomfort. Kate can vouch for the benefits of massage while grieving, and books him in. After his treatment, Brian's feeling a lot better and will be back for more. Brian declares Spiritual Home Kate's calling. Kate decides that instead of coasting with the business for the next five years. she's going to really make it flourish.

Noluthando congratulates Freddie on an engaging tour, but he can see she's distracted on her phone. She confesses she's trying to do some research on one of the paintings they passed on the landing. Freddie wonders if he got some information wrong, but Noluthando says it's more about what he might have left out.

WED 19:15 Front Row (m001 jt85)

Pioneering play Top Girls turns 40, do publishers owe a duty of care to memoirists? and the benefits of stopping the show

A reimagining of Caryl Churchill's ground-breaking and celebrated play, Top Girls, opens this week at the Liverpool Everyman which sets the play – about female ambition and success across centuries and cultures - in Merseyside. Playwright Charlotte Keatley and theatre critic Susannah Clapp discuss the play's themes and its continuing impact forty years after its premiere.

Prince Harry's book Spare and the ripples it's created have led to questions about the writing and publication of memoirs. In recent years, there has been a widening of the voices encouraged to write and getting published, but what is the impact on the authors, and should there be a greater duty of care? Agent Rachel Mills and Cathy Rentzenbrink, author of The Last Act of Love, a memoir about losing her brother, join Front Row to discuss.

The show must go on has long been the mantra of those working in theatre but last August, David Byrne, Artistic Director of New Diorama Theatre, made an astonishing announcement which began with the words, "The end of the show must go on" and went on to state that the theatre would be closing its doors for at least six months to allow time for an artistic reset. As New Diorama Theatre reopens, David joins Front Row to discuss what the resetting has revealed.

Presenter: Nick Ahad

Producer: Ekene Akalawu

Picture: Top Girls – Lauren Lane as Pope Joan – Photographer's Credit Marc Brenner

WED 20:00 Moral Maze (m001jt8c) Breach of Trust

Breach of Trust

When the journalist Isabel Oakeshott broke her promise and passed Matt Hancock's personal WhatsApp messages to the Daily Telegraph, was she morally justified in doing so? She didn't just go back on her word to the former health secretary, but broke a legally-binding Non Disclosure Agreement. She claims that "no journalist worth their salt" would have acted otherwise and insists her obligations to Mr Hancock were outweighed by the public interest served by releasing the messages. But others see it differently. It was, they claim, a decision aimed at promoting her own view that government lockdown measures during the pandemic were excessive. Journalists often cite the "public interest" when it can seem that their actions are more about advancing a particular cause, or about selling their story because the "public are interested".

Aside from journalism, when is a breach of trust justified in any human relationship? For many professionals, there's an understanding that confidentiality does sometimes have to be broken. The police, social workers, doctors, teachers and even the clergy grapple with often difficult judgements about the morality of betraying trust. At times, promises are broken with the justification that it's for "the greater good". But is there really no such a thing as a truly solemn "never to be broken" promise? Or are all our confidences, our shared stories and discreet conversations rather loose arrangements, conditional on other loyalties and pressures? In our personal relationships, should we be less ready to make promises we can't keep, and also avoid asking others to do the same? What are the moral limits to our obligation to keep a secret, and how can we know when it's right to breach someone's trust?

Producer: Jonathan Hallewell Presenter: William Crawley Editor: Helen Grady

WED 20:45 Lent Talks (m001jt1h)

The People's Prayer - Thy Will Be Done

Zoe and Andy Clark-Coates experienced the heartache of baby loss five times between 2007 and 2011.

Zoe speaks about their grief, the impact it had on their lives and their faith, and how they turned to God in prayer in their darkest moments. In mourning for their children, they decided that they needed to bring something positive out of the pain and have since worked to shed a light on this issue, to break the taboos that surround it, and to support all those who has suffered baby loss.

Jesus' words in the Garden of Gethsemane, 'Not my will, but yours' have been spoken to people down the ages. He prayed for the suffering to be taken away from him. But then submitted to God's will.

But in the face of such tragedy, how can that be accepted as God's will? When the hand that life has dealt is not as you hoped, can we still pray 'Thy will be done'? Is it the will of God that they should feel such pain and suffering? Is this really all God's plan?

In this series six people reflect on Jesus' ministry, teaching and Passion from a deeply personal perspective focussing on words from The Lord's Prayer. Their life experience is echoed by the words of The Lord's Prayer. These are words shared across Christian denominations but they go further; they are part of our culture and tradition. They express universal themes that speak to the hopes and dreams of humanity, bringing together both spiritual and physical needs.

It could really be thought of as The People's Prayer.

Producer: Katharine Longworth

WED 21:00 Costing the Earth (m001jsl0) [Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m001jt6z) [Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m001jt8h)

Demonstrations in Georgia against "foreign agents" law

Also

Rishi Sunak defends plan to reform UK's asylum system,

German investigators report on Nordstream pipeline attack.

WED 22:45 The Advocate by Marcello Fois (m001jt8r) Episode 3

A story of an isolated farming community, a love story and the crime of sheep stealing. A small-town lawyer called Bustianu is persuaded to defend the fugitive young man, Zenobi, who is on the run after being accused of sheep stealing by the family of the girl he is in love with.

The Advocate is a story peopled with characters rooted in the ancient landscape and religious and political history of Sardinia. Semi-feudalism is thrown into question when a romantic attachment is formed, and the all-important inheritance of land is threatened by an unsanctioned marriage. The church quietly exerts its power in the background while, around and above them, all the powerful landscape and its sometimes brutal weather offers a richly dramatic background to this tale of love and injustice.

Written by Marcello Fois Translated by Patrick Creagh Read by Brid Brennan and Stephen Hogan Abridged by Isobel Creed and Jill Waters Produced by Jill Waters A Waters Company production for BBC Radio 4

WED 23:00 Where to, Mate? (m001jt8y)

"...I wouldn't know myself from the back...'

Series 2 episode 2 - "...I wouldn't know myself from the back..."

From filmmaker Jason Wingard and set and recorded on location in a car in Manchester, Where To, Mate? is a semi-improvised comedy following our drivers Bernie, Ben and Saj as we eavesdrop on their taxi journeys around the North West.

Bernie picks up a passenger with an unlikely profession.

Featuring local voices and character actors/comedians from the

Dialogue is improvised by the cast based on ideas by Jason Wingard and Carl Cooper.

Ben Peter Slater
Bernie Jo Enright
Saj Abdullah Afzal
Hazel Janice Connolly
Controller Jason Wingard
Controller Abdullah Afzal
Additional voices and material by the cast and crew

Director: Jason Wingard Producer: Carl Cooper

A BBC Studios Audio production for BBC Radio 4

WED 23:15 The Skewer (m001jt92)

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Episode 5

Jon Holmes's The Skewer twists itself into current affairs. This week - Refugee Regatta, Rogue Royal Landlords, and the fable of The Frog and the Journalist.

Producer: Jon Holmes

An unusual production for BBC Radio 4

WED 23:30 Today in Parliament (m001c6nx)

Susan Hulme reports on Prime Minister's Questions - and more.

THURSDAY 09 MARCH 2023

THU 00:00 Midnight News (m001 it99)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001jt31)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001jt9g)

The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes (m001jt9l)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m001jt9q)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m001jt9v)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m001jt9z)

A spiritual comment and prayer to begin the day with Rachel Redeemed

Good morning.

I love animals and I love waterfalls. My husband and I had dragged ourselves away from an incredible safari experience in South Africa to visit all 1.7 kilometres of Victoria Falls. As we bounced onto the tarmac in Zimbabwe, I had no idea that the achingly beautiful waterfalls that I got to walk along (and bungee jump by) would steal my heart. However, what I am still thinking most about is a person. A lady called Flatter, who regularly welcomes guests like us into her home for gatherings for holiday-makers seeking a more authentic experience of the culture. Flatter grows her own vegetables, works six days a week, keeps her own home and is hugely generous with what she has and how she speaks - I was amazed at her faithful productivity and gentle wisdom.

Flatter prepared some food for us one evening and as we tucked into the grubs and pap, we talked about religion, politics and money... all the topics traditionally off the table at a British dinner party.

One thing she mentioned was the news of a recent discovery of lithium. Flatter could see great potential for the young people of Zimbabwe, struggling against high unemployment rates. She explained her fear of other countries exploiting Zimbabwe for this resource - but also the hope that outside investors could genuinely partner with her people to build battery factories and provide good jobs for the local people, rather than merely extracting the raw materials.

She was able to speak about this with kindness, thoughtfulness and wisdom that facilitated a fascinating conversation, and I'm determined to have more like it: talking constructively and graciously about traditionally dangerous topics. It might be a bumpy road but I'm convinced it's worth it.

God of goodness, I thank you for the people like Flatter that you have given to us in our communities. Please help us have generous attitudes, grateful hearts, and determination to seek the good of others with our words.

Amen.

THU~05:45~Farming~Today~(m001jtb4)

"The greatest catastrophe for nature and farming in a lifetime". That's the verdict of the lake district hill farmer and writer James Rebanks on the Government's payments to upland farmers. Figures from Defra that show incomes for upland farmers are facing a massive hit, as payments under the new post-Brexit scheme in England do not come up to the level of previous payments under the old EU system. Mr Rebanks tells us that will force farmers to increase the number of livestock they keep - the opposite of what the Government says it wants.

A cow mattress, lameness monitoring or a cattle handling system - just some of the things farmers in England can now get a grant for as part of the Government's Sustainable Farming Incentive. Livestock farmers in England can now access grants of up to £25,000 to improve the welfare of their animals. This week we're focusing on dairy farming and so those grants might help buy ball toys for calves or a computer programme for monitoring lameness, and some of the available options were on display at this year's Dairy Tech event.

Should everyone keeping hens have to register with the Government? At the moment only people who keep a flock of more than 50 has to register with the Animal and Plant Health Agency, but Defra is consulting on plans to extend that in an attempt to control the spread of avian flu. This would also cover birds of prey and pigeons but not pet birds kept inside. As we've reported, the past few years have seen the biggest outbreak of bird flu here and across Europe with tens of millions of poultry birds culled and a big impact on wild bird populations too. We hear from the Cheif Vet, Christine Middlemiss.

Presented by Charlotte Smith and produced by Beatrice Fenton.

THU 05:58 Tweet of the Day (b09rzrxs)

Michael Morpurgo on the Swan

Children's author and poet Michael Morpurgo reflects on the swan, celebrating its mysterious beauty and the wonder of its wings as they pass overhead.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. In this latest series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer: Tom Bonnett Photograph: Bryan Garnett.

THU 06:00 Today (m001 jsrz)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m001jst2)

The Ramayar

Melvyn Bragg and guests discuss the Ramayana, the ancient Hindu epic which is regarded as one of the greatest works of world literature. Its importance in Indian culture has been compared to that of the Iliad and Odyssey in the West, and it's still seen as a sacred text by Hindus today.

Written in Sanskrit, it tells the story of the legendary prince and princess Rama and Sita, and the many challenges, misfortunes and choices that they face. About 24,000 verses long, the Ramayana is also one of the longest ancient epics. It's a text that's been hugely influential and it continues to be popular in India and elsewhere in Asia.

With

Jessica Frazier

Lecturer in the Study of Religion at the University of Oxford and a Fellow of the Oxford Centre for Hindu Studies

Chakravarthi Ram-Prasad

Distinguished Professor of Comparative Religion and Philosophy at Lancaster University

and

Naomi Appleton

Senior Lecturer in Asian Religions at the University of Edinburgh

The image above shows Rama, Sita, Hanuman, Lakshmana and devotees, from the Shree Jalaram Prarthana Mandal, Leicester.

Producer Luke Mulhall

THU 09:45 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001jsth)

Episode 4

By Dasha Kiper

Compassionate case studies into dementia disorders that put both the person with dementia and the carer-giver at the centre, drawing on neuroscience and psychology to illuminate this condition and its effects.

Episode 4 explores a loving relationship between a granddaughter and her grandmother and the fuzzy line between old behaviour and cognitive impairment.

Reader: Teresa Gallagher Abridger: Christine Entwisle Producer: Kirsty Williams

THU 10:00 Woman's Hour (m001jsts)

Emily Watson, Earthquake, The Lesbian Project, Big Mama Thornton, Cost of childcare

Emily Watson is starring in a new film 'God's Creatures,' set in a remote Irish fishing village. She plays a mother torn between protecting her son and her own sense of right and wrong. When she provides an alibi for him, the lie rips apart their family and local community. Emily joins Woman's Hour to talk about her character, women in the oyster farming industry and her career up to now.

Krupa Padhy talks to academic Kathleen Stock about The Lesbian Project, a new organisation she is launching today alongside journalist Julie Bindel and the tennis star Martina Navratilova to combat "lesbian erasure" in the UK today. They say they've been subsumed into what they describe as "the expanding LGBTQ+ rainbow" which means they've lost their autonomous identity with distinct interests and needs.

Willie Mae Thornton, better known as Big Mama Thornton, wrote the song 'Ball and Chain' which won Elvis Presley great acclaim. She is one of the architects of rock n roll that has been wiped from the performance canon. The poet, writer and performer Pamela Sneed joins Krupa to discuss the life and legacy of Big Mama Thornton

One month after a powerful earthquake devastated parts of Turkey and Syria, officials put the number of deaths in Turkey alone at almost 50 thousand, and in Syria, more than 6,000 people are known to have lost their lives. Hundreds of thousands of people still need adequate shelter and sanitation but it's women and girls in Turkey who are disproportionately feeling the aftershocks, and stories of abuse are beginning to emerge. Krupa talks to Elif Shafak, a novelist and political scientist about the situation.

The cost of childcare in England, Scotland and Wales has risen over the last year by 5.6%. On top of that, less than one in five local authorities in England have enough childcare provision for disabled children. Megan Jarvie, Head of Coram Family and Childcare talks to Krupa about Coram's Family and Childcare report out today, which is calling on the government to review and reform their childcare spending.

Presenter: Krupa Padhy Studio Manager: Michael Millham

THU 11:00 From Our Own Correspondent (m001jsv4) Greek Train Crash Triggers Grief and Anger

Kate Adie presents stories from Greece, Turkey, Senegal, Guatemala and Switzerland

As relatives of victims in the train crash in Greece mourn their loss, broader questions are being asked about the state management of the railways, unleashing public anger as elections loom. Nick Beake was in Larissa

Turkey has become a top destination for Russia's fleeing the invasion of Ukraine but as President Recep Tayyip Erdogan takes a firmer stance on migration, Russian applications for residency permits are increasingly being rejected. Emily Wither met one Russia who is helping people relocate in Antalya.

The African Renaissance statue is the tallest in Africa and towers over Senegal's capital city, Senegal. Rob Crossan scaled the statue on a recent visit and heard how locals see it as more of a national embarrassment, given its exorbitant cost and domineering presence.

Tikal national park in Guatemala's north is renowned both for its archaeological significance and biodiversity. The ancient Mayan city was once part of a great trading network-stretching across from Calakmul in Mexico to Copan in Honduras. Beth Timmins explore the area and spoke to locals about its World

Xander Brett visits the alpine resort of St Moritz in Switzerland where, for over a hundred years, the 'White Turf horse race has taken place - on snow and ice. He finds that global warming and safety fears are now casting a shadow over this well-attended

Series Producer: Serena Tarling Producer: Bethan Ashmead Editor: China Collins Production Coordinator: Helena Warwick-Cross

THU 11:30 Rewriting Aeschylus (m001 isvh)

Can playwright, David Greig, recreate a lost Greek play? During his long and successful career, David has written countless original works for the theatre. But now he takes on a new challenge. We follow him over a year as he attempts to rewrite Egyptians by the ancient Greek tragedian, Aeschylus. Along with a team including director Ramin Gray. choreographer Sasha Milavic Davies and composer John Browne, David tries to get as close as possible to what could have been the original storyline, style and sound of the play. The journey starts in January 2022 and ends with the performance at the Gulbenkian Theatre in Canterbury in late February 2023.

Producer: Karen Gregor

THU 12:00 News Summary (m001jt89)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001 isw3)

Gap Finders - Michelle Feeney

In this episode of Gap Finders Winifred Robinson talks to Michelle Feeney, founder of Floral Street, about how she spotted a gap in the market for a new perfume company.

Michelle shares her journey, from her roots in the West Midlands, to starting out in the early days of PR in London during the eighties, to moving to New York and helping to build major global brands including MAC Cosmetics, Creme De La Mer and St Tropez.

Age 51 she took her foot off the pedal to consider whether the world needed one more brand, this time her own and she decided the answer was yes. She founded Floral Street in 2017 with the aim of shaking-up the perfume industry with a fresh modern approach to the marketing and sustainability of scent.

PRESENTER: WINIFRED ROBINSON PRODUCER: CATHERINE EARLAM

THU 12:32 Sliced Bread (m001jswf) Herbal Sleep Aids

Sleep is never more important than when you aren't getting any. And there's a large range of night time teas, herbal tablets and relaxing oils and sprays that promise to help you get some. But can they really deliver?

Listener Corrine got in touch after struggling with her sleep post menopause, wanting to know if there was any evidence to back up the claims of various natural sleep aids. Can they give her the restful night's sleep she craves - or is it just a waste of money? She sets Greg Foot the job of finding out, by speaking to an Expert Sleep Physiologist, as well as a Professor in Clinical Pharmacology, Therapeutics and Toxicology.

This series we're testing and investigating your suggested wonder-products. If you've seen an ad, trend or fad, and wonder if there's any evidence to back up a claim, drop us an email to sliced.bread@bbc.co.uk or you can send us a voice note to our WhatsApp number: 07543 306807.

PRESENTER: Greg Foot PRODUCER: Kate Holdsworth

THU 12:57 Weather (m001jswr)

The latest weather forecast

THI/13:00 World at One (m001isx2)

Forty-five minutes of news, analysis and comment, with Sarah

THU 13:45 Flight of the Ospreys (m001g8qy)

Scotland's ospreys are approaching Guinea-Bissau on their epic Autumn migration. A team of conservationists, led by biologist and adventurer Sacha Dench, is following them on their 5000km odyssey. Sacha wants to raise awareness of the multiple threats that migrating birds face in a time of rising populations and a warming climate.

Emily Knight hears from Sacha as the ospreys and their support team approach the end of the journey, and go on the hunt for celebrity osprey 4K, who they've been trailing all the way from

Produced by Alasdair Cross and Emily Knight

THU 14:00 The Archers (m001jsxf)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Limelight (m001jvvx)

Galapagos

Galapagos - Episode 4: The Giant's Pocket

Speculative thriller about big tech, data manipulation and the undermining of democracy, by Simon Scardifield and Andrew

Bryony is increasingly excited by her new role working for Sydney and Shapeshift, using the very latest data manipulation AI. And Sydney's promised to arrange specialist cancer treatment for sister Gaynor in the US. But journalist Sam is on Bryony's tail and she's asking uncomfortable questions.

Bryony.....Hannah Daniel Sydney.....Ashleigh Haddad Gaynor.....Sara Gregory Omar.....Danny Ashok Euan....Jamie Redford Sam....Claire Cage Max.....Ewan Bailey

Station Staff.....Hasan Dixon Production Co-ordinators.....Eleri McAuliffe and Lindsay Rees

Sound Design,....Catherine Robinson and Nigel Lewis

Directed by Philippa Swallow, John Norton and Emma Harding, BBC Audio Drama Wales

THU 14:45 Spring Stories (m0016pmj)

"I'll remember that feeling as we pressed on, broaching what we could in our own way, and making space for what we had a right to all along, even if we did not always have the words to tell each other so ...

An original short story for radio inspired in part by the anniversary of the Kinder Mass Trespass, a protest on 24th April 1932 that saw hundreds of ramblers walk on to private land in the Derbyshire peaks, asserting their "right to roam" Following the protest, five men were arrested and imprisoned. It's often cited as one of the most successful acts of civil disobedience in British history.

Written by Eley Williams, performed by John Lightbody, and produced by Becky Ripley

THU 15:00 Ramblings (m001 jsxr)

High Winds & Hail on Orkney

Clare explores the wild and stormy west coast of mainland Orkney in the company of beachcomber, conservationist and former Polar-guide, Martin Gray. Their plan to walk along the cliffs between Yesnaby and Marwick Bay were stymied by consistently high winds of around 60mph. Instead they watched the churning ocean at Yesnaby, drove to the Bay of Skaill for a walk along the rocky beach, then headed up to Birsay for a very slightly more sheltered walk to the Earl's Palace.

This is the first of three consecutive Orkney walks. Next week Clare is with Sandra Miller of Historic Environment Scotland walking from the Stones of Stenness to the Ring of Brodgar.

Presenter: Clare Balding Producer, for BBC Audio in Bristol: Karen Gregor

THU 15:27 Radio 4 Appeal (m001jvm6) [Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Bookclub (m001jsh6) [Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Infinite Monkey Cage (p0f1wc06)

[Repeat of broadcast at 19:15 on Saturday]

THU 16:30 BBC Inside Science (m001jsy4)

Science superpower?

The government has launched a new 10-point plan designed, it said to "cement the UK's place as a global science and technology superpower". We speak with Sir Paul Nurse, director of the Francis Crick Institute, for his take on the government's plan and the findings of his own review of the UK's research landscape.

In 1963, in a now famous speech at the Labour Party conference in Scarborough, Labour leader and soon to be Prime Minister Harold Wilson promised a new Britain would be forged in the "white heat" of a "scientific revolution". Nick Thomas Symonds, Labour MP and political biographer, discusses how that idea was put into action.

Scientists in Bristol have published a detailed "future flood map" of Britain - simulating the impacts of flooding as climate change takes its toll. Paul Bates from Bristol University explains how the new flood risk maps give a level of detail that could help people to plan and adapt. Vic Gill visits the Calder Valley in West Yorkshire, a place that's suffered repeated flooding in recent years, where the community is taking matters into its own hands.

New fossil findings from China have led scientists to reevaluate their classification of tiny tentacled sea creatures from half a billion years ago and declare that they are in fact seaweeds says Martin Smith, a paleobiologist from The University of Durham, And this re-classification isn't unusual, fossils are constantly re-examined in light of new evidence and insights. Susie Maidment a paleobiologist at the Natural History Museum takes us through some of her favourite contentious

Presenter: Victoria Gill

Producers: Julian Siddle and Emily Bird

BBC Inside Science is produced in collaboration with the Open University

THU 17:00 PM (m001 isvi)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O' Clock News (m001jsz6)

The UN nuclear watchdog says one day "luck will run out" if the plant isn't protected from the conflict.

THU 18:30 Meet David Sedaris (m001 jszh) Series 9

3. Pussytoes

'Gretchen reaches into her purse and pulls out a palm sized black book... I mistake it for a pocket Bible, super-abbreviated, with only the good parts included, and just as I wonder, what good parts? I realise it's for addresses, that it is, true to its colour and size, my father's Little Black Book.'

This week there's just one essay, "Pussytoes" - Sedaris's response to the death of his father, Lou, about whom David has written, to great acclaim and occasional disbelief, many times in his long career. His fathers decline in his later years had turned him from the monster recalled in earlier essays to a gentler

"One of the things I'd heard again and again at the church that morning was, "Lou was a real character." A character is what you call a massively difficult person once he has reached the age of eighty-five. It's what Hitler might have been labeled had he lived another three decades.'

David Sedaris plays to packed houses across the world but loves coming back to his adopted home in the UK to record a selection of his most recent work for BBC Radio 4. "When I first started doing these shows, there were a lot of Americans in the room - but now there's just a few," he says. "It's a great feeling to have built an audience, here in the UK."

Producer: Steve Doherty A Giddy Goat production for BBC Radio 4

THU 19:00 The Archers (m001jssp)

Ian reports to Susan his pizza van business is doing alright; he's on his way to cater an office party while Adam sorts Jennifer's belongings. There's still a lot to get through. Susan's reminded of how she couldn't face sorting her mum's things when she died, and she offers to help Adam with the task. Having told Freddie that one of Lower Loxley's paintings may have a slave ship depicted in it, she's confused to see he' covered it with a sheet. Won't that attract more attention? Freddie wanted her to see he's doing something about it. He's having the painting removed and hopes to be rid of it completely. Noluthando questions whether hiding the image away really solves the issue. Freddie appreciates this but isn't sure what else he can do. He doesn't want to court controversy. Noluthando suggests that controversy in a place like Lower Loxley won't be limited to only one painting.

As Susan and Adam sort through his mum's clothes, Adam finds a letter to Jennifer that he assumes is from Brian. On closer inspection he's astounded to see it's from his biological father, Paddy Redmond. Curious, he can't stop reading it. Ian reads it aloud and they both marvel at the affection in it. Adam wonders why his mum held on to it. Ian points out she may have forgotten she had it. She'd moved on with her life, as Adam has too. Adam agrees it's in the past. He doesn't want it to take up too much headspace, and drops the letter into the bin.

THU 19:15 Front Row (m001 iszt)

Film My Sailor, My Love; Atwood's Old Babes In The Wood; Baillie Gifford prize; Nicole Flattery

New Irish film, My Sailor, My Love, by Finnish director, Klaus Härö, and a new collection of short stories, Old Babes in the Wood, by Margaret Atwood. To review, Tom is joined by author Ashley Hickson-Lovence and academic Sarah Churchwell

Plus the Baillie Gifford prize - the six books shortlisted for the winner of winners' award

And Irish author Nicole Flattery on her debut novel Nothing Special.

Presenter: Tom Sutcliffe Producer: Paul Waters

THU 20:00 Law in Action (m001jsl4)

[Repeat of broadcast at 16:00 on Tuesday]

THU 20:30 The Bottom Line (m001 it06)

What makes a great business book and how do you make

practical advice on a subject like accounting a riveting read? What makes you more likely to read a business book - a top business leader's journey to the top, like Sheryl Sandberg or Phil Knight of Nike, or one offering simple how to advice. And what is the business model of business books themselves do they sell loads of copies, or are they more about building up a public brand?

Join Evan Davis and guests, in the final programme of the current series, to learn about some great business reads and how business publishing is thriving.

GUESTS

Margaret Heffernan, Author, Uncharted. Former CEO and

Alison Jones, publisher Practical Inspiration Publishing and Presenter, The Extraordinary Business Book Club Podcast

Helen Kogan, Managing Director, Kogan Page, Business Book Publisher

PRODUCTION TEAM:

Producer: Julie Ball and Simon Tulett Editor: China Collins Sound: James Beard and Graham Puddifoot Production Co-ordinators: Sophie Hill and Siobhan Reed.

THU 21:00 BBC Inside Science (m001 isv4) [Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m001jst2) [Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m001jt0p)

At least 6 people killed in Hamburg shooting

Israeli President says judicial reforms should be abandoned.

Sunak and Macron prepare for "reset" summit.

THU 22:45 The Advocate by Marcello Fois (m001 it12) Episode 4

A story of an isolated farming community, a love story and the crime of sheep stealing. A small-town lawyer called Bustianu is persuaded to defend the fugitive young man, Zenobi, who is on the run after being accused of sheep stealing by the family of the girl he is in love with.

The Advocate is a story peopled with characters rooted in the ancient landscape and religious and political history of Sardinia. Semi-feudalism is thrown into question when a romantic attachment is formed, and the all-important inheritance of land is threatened by an unsanctioned marriage. The church quietly exerts its power in the background while, around and above them, all the powerful landscape and its sometimes brutal weather offers a richly dramatic background to this tale of love

Written by Marcello Fois Translated by Patrick Creagh Read by Brid Brennan and Stephen Hogan Abridged by Isobel Creed and Jill Waters Produced by Jill Waters A Waters Company production for BBC Radio 4

THU 23:00 The Absolutely Radio Show (m000700w) Series 3

Episode 3

The hugely popular sketch show returns for another series on BBC Radio 4. Pete Baikie, Morwenna Banks, Moray Hunter, Gordon Kennedy and John Sparkes revisit some of their muchloved characters, and also introduce some newcomers

Absolutely was a big hit on Channel Four in the late 80s and early 90s. In 2013, the group got back together for the Sketchorama: Absolutely Special for BBC Radio 4 - winning a BBC Audio Drama Award in the Best Live Scripted Comedy category. The Absolutely Radio Show followed, with the first two series picking up Celtic Media Award nominations for Best Radio Comedy, while the second series was also nominated for a BBC Audio Drama Award in 2018.

In the third episode of the series, Calum Gilhoolev visits his optician and makes a good point for possibly the first time ever, The Rev McMinn saves his Minimart from chemical attack, and we meet Social Media Blogger and Influencer Susie Twip.

From the archive, we hear the "See it. Say it. Sort it." campaign

Written and Performed by: Peter Baikie, Morwenna Banks, Moray Hunter, Gordon Kennedy and John Sparkes Production Manager Sarah Tombling Recording Engineer Dave Murricane Editor Pete Baikie Producer Gus Beattie

Producer Gordon Kennedy BBC Executive Sioned Wiliam Recording Venue The Oran Mor, Glasgov

An Absolutely production for BBC Radio 4

THU 23:30 Today in Parliament (m001jt1f)

Sean Curran reports on the continued controversy over the Government's small boats policy

FRIDAY 10 MARCH 2023

FRI 00:00 Midnight News (m001 jt1t)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 Travellers to Unimaginable Lands: Dementia. Carers and the Hidden Workings of the Mind by Dasha Kiper (m001jsth)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m001jt26)

The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m001jt2q)

BBC Radio 4 presents a selection of news and current affairs. arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m001jt37)

The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m001jt3s)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001it4c)

A spiritual comment and prayer to begin the day with Rachel

Good morning.

I'm a Christian, I love God, I've even been asked to share a "Prayer For The Day" with you, and yet I am someone who struggles to pray. Jesus has strong words for the religious leaders of the day who stood on their soapboxes, and made their faith very public. By contrast, Jesus taught his followers to go into a room by themselves and pray when no-one is looking.

I was reminded of the beauty of prayer and how it can draw a community together as I gathered with my Prayer Square three other ladies I meet with once a month to pray for each other amidst all the ups and downs of life. I was reminded that we don't have to 'do it alone'; my church is my family. As Moses in the Old Testament had his arms lifted up by his friends when he was weak, we too can ask for help - from God

Wonderfully, Jesus helps me to pray, not by giving a lengthy tome to wade through or tick off, but demonstrating a short and personable cry for help that acknowledges God as my heavenly father, my need for him and some good things to ask him for. I'm going back to basics this morning and asking God for his help as I pray what is traditionally known as the Lord's prayer, but in this moment is a starting block to cry out for help as this new day begins.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on Earth as it is in Heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the Kingdom, the power and the glory are yours now and forever.

FRI 05:45 Farming Today (m001jt4v)

Imported meat labelled as British has been sold by a retailer which advertises that it sells only British meat. The National Food Crime Unit is investigating after discovering that one of the retailers' suppliers has been selling it what's described as 'large volumes' of pre-packed South American and European

beef, labelled as British. Ten years after the horse meat scandal, we ask how this sort of fraud can happen.

All this week we've been talking about dairy farming. One of their big challenges has been what to do with male dairy calves. Obviously only females produce milk and in the past thousands of male or 'bobby' calves were killed soon after birth. But the Red Tractor assurance scheme, which covers 95% of UK milk production, has banned routine euthanasia of calves from this year. We meet a farmer rearing male calves for yeal.

Presented by Charlotte Smith and produced by Beatrice Fenton.

FRI 05:58 Tweet of the Day (b03zrckq) Ruddy Duck

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Kate Humble presents the ruddy duck. Ruddy ducks are natives of North America. In the late 1950s and early 1960s several ruddy ducks escaped from the Wildfowl Trust's collection at Slimbridge and within 30 years they had become established breeding birds in the UK. Some even migrated to Spain where they mated with a very rare threatened relative, the white-headed duck. Many ornithologists believed that the resulting hybrids threatened to undermine years of conservation work in Spain, so after taking scientific advice, the UK government set out to eradicate the ruddy duck. This action has reduced our population to a handful so your best chance of hearing the courtship display is by visiting a wildfowl collection.

FRI 06:00 Today (m001jsp3)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m001jsf6)

[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 Travellers to Unimaginable Lands: Dementia, Carers and the Hidden Workings of the Mind by Dasha Kiper (m001jspg)

Episode 5

By Dasha Kiper

Compassionate case studies into dementia disorders that put both the person with dementia and the carer-giver at the centre, drawing on neuroscience and psychology to illuminate this condition and its effects.

Episode 5 looks at the impact of trauma on a mother and son and the hope that's found in conversation.

Reader: Teresa Gallagher Abridger: Christine Entwisle Producer: Kirsty Williams

FRI 10:00 Woman's Hour (m001jspq)

Eurovision entry Mae Muller, Director Raine Allen-Miller, Online bullying

Singer-songwriter Mae Muller has been announced as this year's British entry for Eurovision, she joins Krupa to discuss how excited she is to represent the UK.

Watch out Notting Hill, there is a new romantic comedy in town... and this time it's set in Peckham. It's called Rye Lane, and it stars David Jonsson and Vivian Oparah as Dom and Yas, two twenty-somethings who are both reeling from bad breakups. It is the directorial debut of Raine Allen-Miller. She joins Krupa to discuss her journey into directing, her love of South London and how to make an unapologetically happy film.

What would you do if someone accused you of bullying them online and it wasn't true? Well that is what happened to online business consultant and anti-bullying campaigner Lisa Johnson and she has recently won her High Court fight and has been awarded £25,000 in damages. Lisa speaks to Krupa Padhy to tell her story, alongside Lia Perin, a solicitor at Taylor Hampton, a firm specialising in privacy and defamation law.

Krupa is joined by Yvette Curtis, founder of Wave Wahines, to discuss her all female surf club.

Activist Leila Hassan Howe began her fight for racial justice in the early 70s inspired by the Black Panthers in America. She was a founding member of the Race Today Collective, worked for the Institute of Race Relations and became editor of the Race Today journal in 1986. She joins Krupa to talk about her journey as an advocate for the black community and the launch of Race Today's on-line archive, which makes accessible a crucial resource for exploring the recent history of Black and Asian protest in Britain.

Presenter: Krupa Padhy Producer: Emma Pearce

FRI 11:00 A Documentary: By ChatGPT (m001k1kz) [Repeat of broadcast at 20:00 on Monday]

FRI 11:30 Lemn Sissay Is the One and Only (m001jsq9)

The Only Non-Graduate at the Graduation

In Lemn Sissay Is The One And Only, the poet and broadcaster Lemn Sissay explores the idea of uniqueness across four different areas of his life, looking at situations where he stood out, alone, and examining how that uniqueness felt.

This week, he's the only non-graduate at the graduation, reflecting on his experience of being Chancellor of the University of Manchester - the person who gives out the degrees - despite never having been through higher education himself, via a mix of poetry and stand-up. He talks about the importance of education, the power of suggestion, and he speaks to the Lord Mayor of Manchester Donna Ludford about how she felt walking into the council chambers for the first time, having become a councillor despite not having been to university. Lemn is also joined by Henry Normal, who interrupts at various points to ask Lemn questions about the

Written and performed by Lemn Sissay

Guest ... Donna Ludford

Commentary ... Henry Normal

Recorded by Jerry Peal

Sound mixing by Rich Evans

Produced by Ed Morrish

A Lead Mojo production for BBC Radio 4.

FRI 12:00 News Summary (m001jtd6)

The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m001jsr2)

Blasphemy laws and free speech

The cover of a Quran was torn in a school in Wakefield, Yorkshire and four students were suspended. The next day, police were called after the boy involved in the incident received death threats. It lead to debate online about whether our laws should protect religious people from offence, or should uphold free speech. We'll get to the bottom of what went on and explore how you balance respect for religion with free speech?

FRI 12:57 Weather (m001jsrj)

The latest weather forecast

FRI 13:00 World at One (m001jss3)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

FRI 13:45 Flight of the Ospreys (m001gj3j)

Coming in to Land

Scotland's ospreys have reached the end of their epic Autumn migration. A team of conservationists, led by biologist and adventurer Sacha Dench, has been following them on their 5000km odyssey. The mission has been to follow the birds, encounter the threats they face along the flyway, and meet the people on the ground fighting to give them a better chance.

Emily Knight checks in with Sacha about how the adventure played out, and meets people who've been inspired by the mission to get involved with some home-grown conservation work too.

Produced by Alasdair Cross and Emily Knight

FRI 14:00 The Archers (m001jssp)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m001 jw4z)

Galapagos

Galapagos - Episode 5: Face to Face

Speculative thriller about big tech, data manipulation and the undermining of democracy, by Simon Scardifield and Andrew Day.

As Wales embraces independence, Bryony realises that tech company Shapeshift has been grooming her for a very specific role.

Bryony.....Hannah Daniel

Sydney.....Ashleigh Haddad

Gaynor.....Sara Gregory

Omar....Danny Ashok Euan....Jamie Redford

Sam.....Claire Cage Max.....Ewan Bailey

Shapeshift Man.....Hasan Dixon

Production Co-ordinators.....Eleri McAuliffe and Lindsay Rees Sound Design.....Catherine Robinson and Nigel Lewis Directed by Philippa Swallow, John Norton and Emma Harding, BBC Audio Drama Wales

FRI 14:45 Spring Stories (m0016wxr)

Winter Kept Us Warm

"It was all the way back in November and cold, cracking cold, when I ran out of the house without money or jacket. Ran until I had to press my hand to my side to contain the pain... This was some time ago now. Ahead, there would be weird weather, some sorrow, but there would also be bright spots, joy, moments to sit in and savour."

An original short story for radio. Written by Allan Radcliffe, performed by Steven Cree, and produced by Becky Ripley.

FRI 15:00 Gardeners' Question Time (m001jst5) Ditchling

How do you revive a banana plant? Can you encourage wild orchids to grow in your garden? Would you accept a kitchen sink as the top prize of a gardening competition?

In Ditchling to answer these questions and more in front of a live audience are Peter Gibbs and this week's panel - garden designer Juliet Sargeant, pests and diseases expert Pippa Greenwood and Matthew Pottage, Curator at RHS Wisley.

Beyond the questions, James Wong educates us on the science behind the effects of music on plants.

Producer: Dominic Tyerman Assistant Producer: Dulcie Whadcock Executive Producer: Louisa Field

A Somethin' Else production for BBC Radio 4

FRI 15:45 Sunil Patel: An Idiot's Guide to Cryptocurrency (m0017chs)

How to Get Rich off Crypto Alone

In a desperate bid to become rich, comedian and broadcaster Sunil Patel attempts to live off cryptocurrency alone. In this episode, Sunil tries to pay for everything only using cryptocurrency, and ends up having to travel to El Salvador to get his big shop done.

Including interviews with academic Patrick Shortis and the performing talents of Christopher Biggins.

Written by and Starring Sunil Patel Featuring Helen Bauer and Christopher Biggins Additional Material from Charlie Dinkin

Assistant Producer - Ewan McAdam Production Manager - Laura Shaw

Producer - Benjamin Sutton

A Daddy's SuperYacht production for BBC Radio 4

FRI 16:00 Last Word (m001jstk)

Judith Heumann, Brian Tufano, Sir David Elliott KCMG, Elizabeth Foulkes

Matthew Bannister on

Judith Heumann (pictured), the American disability rights campaigner who led the longest non-violent occupation of a Federal building in US history.

Brian Tufano, the cinematographer who shot films like Quadrophenia, Trainspotting and Billy Elliot.

Sir David Elliott, a key figure in the negotiations that created the European single market.

Elizabeth Foulkes, who helped to define common standards for architects in the UK.

Supported by bbc.co.uk/programmes/

Producer: Neil George

Interviewed guest: Thomas Shakespeare Interviewed guest: Stuart Harris Interviewed guest: Franc Roddam Interviewed guest: Tony Pierce-Roberts Interviewed guest: Simon Pugsley Interviewed guest: Lord Hannay GCMG Interviewed guest: Nick Foulkes

Archive clips used: TEDx talks, Judith Heumann - Our fight for disability rights and why we're not done yet 24/04/2018; BBC Radio 4, Woman's Hour 06/08/2021; Disability Rights Education & Defense Fund, The Power of 504 (1977); StudioCanal/ Working Title Films/ BBC Films, Billy Elliott (2000) trailer; BBC Two Rogue Male 22/09/1976; BBC TV Archive, All in a Day - The Fight 12/11/1973; The Who Films. Polytel, Quadrophenia (1979) trailer; Channel Four Films/ Figment Films/ The Noel Gay Motion Picture Company, Trainspotting (1996) trailer; Future Films/ MBP (Germany)/ Scala Productions, Last Orders (2001) trailer; BBC TV Archive, The Evacuees 05/03/1975; Screen and Film School, In memory of cinematographer Brian Tufano (February 2023); BBC Sound Archive, Margaret Thatcher speaks on the future of the European community 20/09/1988; DTI, Europe's Open for Business - UK TV advert (1991-92); Nick Foulkes, personal archive interview with Elizabeth Foulkes (2014); British Pathé, New housing to replace demolished village inspected by Nye Bevan (1946).

FRI 16:30 Feedback (m001jstv)

Andrea Catherwood is back with a new series of the programme that holds the BBC to account on behalf of the radio audience.

Matt Deegan, Creative Director at Folder Media, gives the lowdown on Ken Bruce's departure from Radio 2. And Feedback Special Correspondent Rob Crossan takes a look at how Ken's parting shots compare with DJs of the past.

Simon Webb, BBC Head of Orchestras and Choirs, responds to listeners' comments on plans to scrap the BBC Singers and reduce staff posts with English orchestras.

Presented by Andrea Catherwood Produced by Gill Davies A Whistledown Scotland production for BBC Radio 4

FRI 17:00 PM (m001jsv6)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O' Clock News (m001jsvx)

The cash was announced at a summit in Paris between Rishi Sunak and Emmanuel Macron.

FRI 18:30 The News Quiz (m001jsw5)

Series 110

Episode 11

Andy Zaltzman quizzes the week's news. For our final episode of this series Andy is joined by panellists Chris McCausland, Andy Hamilton, Anushka Asthana and Ria Lina.

This week, we'll tackle the Migrant Bill, WhatsAppgate, and The Future (how mysterious)

Hosted and written by Andy Zaltzman with additional material from Alice Fraser, Zoë Tomalin, Rhiannon Shaw and Jade Gebbie.

Producer: Sam Holmes Executive Producer: James Robinson Production Co-ordinator: Becky Carewe-Jeffries Sound Editor: Marc Willcox

A BBC Studios Production

FRI 19:00 The Archers (m001jswj)

Adam has his mind made up, and Lily has to mediate at Lower Loxley.

Writer, Daniel Thurman Director, Julie Beckett Editor, Jeremy Howe

Brian Aldridge Charles Collingwood Ben Archer Ben Norris Josh Archer Angus Imrie Helen Archer Louiza Patikas Tony Archer David Troughton Alice Carter Hollie Chapman Susan Carter Charlotte Martin Ian Craig Stephen Kennedy
Clarrie Grundy Heather Bell
Adam Macy Andrew Wincott
Elizabeth Pargetter Alison Dowling
Freddie Pargetter Toby Laurence
Lily Pargetter Katie Redford
Kate Madikane Perdita Avery
Noluthando Madikane Mogali Masuku

FRI 19:15 Add to Playlist (m001jsww)

Julian Joseph and Amy Harman on the mastery of Miles

Jazz pianist Julian Joseph and bassoonist Amy Harman join Cerys Matthews and Jeffrey Boakye in a journey that takes them from Manchester, via a baggy-pants classic pop hit, to a celebrated track from the most popular jazz album of all time. Drummer Romarna Campbell is also on-hand to provide a drummer's perspective on the percussive elements.

Producer Jerome Weatherald
Presented, with music direction, by Cerys Matthews and Jeffrey
Boakve

The five tracks in this week's playlist:

Love Spreads by The Stone Roses He Was Despised and Rejected of Men by Handel U Can't Touch This by MC Hammer So What by Miles Davis Makhloogh by Googoosh

Other music in this episode:

Cocktail de Medianoche by the Kevin Fingier Collective Khnjooyki Yerk/ Hars Oo Pesa by String Harmonies My Country 'tis of Thee, sung by Marian Anderson Super Freak by Rick James I Wish I Knew by Doris We Gotta Get Out of This Place by The Animals Jaws theme by John Williams

FRI 20:00 Any Questions? (m001jsx4)

Alison McGovern MP, Chris Philp MP, Enver Solomon, Richard Tice

Alex Forsyth presents political debate from the University of Birmingham School with Labour MP and Shadow Employment Minister Alison McGovern, Conservative MP and Minister for Crime, Police and Fire Chris Philp, Chief Executive of the Refugee Council Enver Solomon and the Leader of Reform UK Richard Tice

Producer: Camellia Sinclair Lead broadcast engineer: John Cole

FRI 20:50 A Point of View (m001jsxg)

Collecting Art

Zoe Strimpel explores what lies behind her new-found impulse to collect art to fill the blank spaces on her walls - and how collecting means something different for men and women.

"It is perhaps no surprise to discover that the greater the instability outside our walls, the more we may want to create a secure and beautiful world inside, or on, them."

Producer: Sheila Cook Sound engineer: Peter Bosher Production Coordinator: Helena Warwick-Cross Editor: Richard Fenton-Smith

FRI 21:00 Please Protect Abraham (m001jsxs)

The story of the state's collective failure to protect a witness.

FRI 22:00 The World Tonight (m001jsy1)

In-depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 The Advocate by Marcello Fois (m001jsyd) Episode 5

A story of an isolated farming community, a love story and the crime of sheep stealing. A small-town lawyer called Bustianu is persuaded to defend the fugitive young man, Zenobi, who is on the run after being accused of sheep stealing by the family of the girl he is in love with.

The Advocate is a story peopled with characters rooted in the ancient landscape and religious and political history of Sardinia. Semi-feudalism is thrown into question when a romantic attachment is formed, and the all-important inheritance of land is threatened by an unsanctioned marriage. The church quietly exerts its power in the background while, around and above them, all the powerful landscape and its sometimes brutal

weather offers a richly dramatic background to this tale of love and injustice.

Written by Marcello Fois Translated by Patrick Creagh Read by Brid Brennan and Stephen Hogan Abridged by Isobel Creed and Jill Waters Produced by Jill Waters A Waters Company production for BBC Radio 4

waters Company production for BBC Radio

FRI 23:00 Americast (m001jsyt)

Elon Musk And The Twitter Trolls

Twitter insiders have told the BBC that the company is now much less able to protect users from trolling, state-co-ordinated disinformation and child sexual exploitation. Marianna takes the rest of the Americast team though her BBC Panorama investigation into how one of the world's most influential social media platforms is being transformed by Elon Musk. And she describes how the Twitter CEO has responded to her online.

Tech journalist and host of the ON podcast, Kara Swisher, also joins Americast to talk about how social media companies could be regulated in the future.

And in the week of International Women's Day, one of America's best-known feminist lawyers, Gloria Allred, discusses how far she thinks women's rights in the US have come in the decades that she has been practicing law.

Americast is presented by North America editor Sarah Smith, Today host Justin Webb, the BBC's social media and disinformation correspondent Marianna Spring, and North America correspondent Anthony Zurcher.

Find out more about our award winning "undercover voters" here: https://www.bbc.co.uk/news/world-us-canada-63530374.

Email Americast@bbc.co.uk with your questions and commen and send us a message or voice note via WhatsApp, to +44 3301239480.

This episode was made by Rufus Gray and Alix Pickles. The studio director was Mike Regaard. The assistant editor was Simon Watts. The senior news editor was Sam Bonham.

FRI 23:30 Today in Parliament (m001jsz2)

Mark D'Arcy reports from Westminster as members of the House of Lords question ministers about the decision to delay part of the HS2 high-speed rail link north of Birmingham.

Supported by bbc.co.uk/programmes/