

## SATURDAY 21 JANUARY 2023

**SAT 00:00 Midnight News (m001h401)**

The latest news and weather forecast from BBC Radio 4.

**SAT 00:30 On Savage Shores: How Indigenous Americans Discovered Europe by Caroline Dodds Pennock (m001h3xs)**  
Indigenous Curiosity and Legacy

The historical records of Indigenous people in Europe tells us very little, and is often obscured thanks to its provenance. But, with careful reading the lives and legacy of those brought to Europe can be illuminated.

Written by Dr Caroline Dodds Pennock  
Read by Maggie Service

Abridged by Laurence Wareing  
Produced by Naomi Walmsley

**SAT 00:48 Shipping Forecast (m001h403)**

The latest weather reports and forecasts for UK shipping.

**SAT 01:00 Selection of BBC World Service Programmes (m001h405)**

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

**SAT 05:20 Shipping Forecast (m001h407)**

The latest weather reports and forecasts for UK shipping.

**SAT 05:30 News Briefing (m001h409)**

The latest news from BBC Radio 4.

**SAT 05:43 Prayer for the Day (m001h40c)**

A spiritual comment and prayer to begin the day with Fr Dermot Preston

Good morning.

It was the rainy season in 1946 and Sister Agnes was travelling by train to Darjeeling. She was 37 years old and had been a school-teacher for almost 20 years.

On that train journey, her life changed. It wasn't that anything spectacular happened; but, as she gazed-out at the passing world of West Bengal, she had a quiet insight: it dawned on her that what she was doing with her life was good – but what she needed to do was better.

She described the insight as 'a call within a call'... God wanted something more from her. She later wrote "He wanted me to be poor with the poor and love him in the distressing disguise of the poorest of the poor."

That single train journey marks an axis moment in the 20th century: the 'Day of Inspiration' was the point when Sister Agnes became Mother Teresa.

We all have life-trajectories; we walk the pilgrim road, sometimes with others, occasionally alone, and we make choices as we go.

Some people find that the daily challenge is the choice between right and wrong.

But others, like Sr Agnes, are on a road where they have already made a fundamental life-choice and, if not marching, they are at least stumbling in the direction of God and the common good.

Their daily choices determine not so much the direction of travel, but the angle of travel – and the challenge for such people is to catch a glimpse of when the soul is quietly settling for 'the okay' rather than reaching for the better.

Lord, allow me to be open to the inspiration of your Spirit, that today, on the feast day of Saint Agnes, I might not settle for the good, but may strive for the best.

Amen.

**SAT 05:45 Four Thought (m001h40f)**

I'm not having children to save the planet

Sarah Williams always wanted to become a mum. But the more she learnt about the climate crisis, the more she questioned her decision. In this talk Sarah explains why she's chosen not to have children in order to save the planet, and how she encourages others to think twice about it. She says that she is not anti-child but that overpopulation is something that should concern everyone. Sarah also points out there are more

sustainable ways to start a family, like adoption.

**SAT 06:00 News and Papers (m001hdn2)**

The latest news headlines. Including the weather and a look at the papers.

**SAT 06:07 Open Country (m001h4cn)**

East Neuk of Fife

Ruth Sanderson visits the East Neuk of Fife on the east coast of Scotland. "Neuk" is the Scots word for a nook or corner, and Ruth finds plenty of interesting corners to explore as she braves the wind and the cold to meander up the coastline from Elie to Craig. She finds out about the Fife coastal path, discovers some of its many beaches and learns about its seabirds. She also meets a geologist-turned-restaurateur with a professional interest in the area's sealife, who tells her about the importance of fish to the region's trading history. Some of the old fishing villages are now havens for artists: in Craig Ruth visits a family-run pottery which was set up in the 1960s, and discovers how the landscape has inspired three generations of creativity.

Produced and presented by Ruth Sanderson

**SAT 06:30 Farming Today (m001hdn8)**

Fishermen on England's North East Coast say they're no further forward after an independent panel of scientists concluded there is no one clear cause of the deaths of thousands of crabs in the area. Fishermen blamed dredging at Teesside for releasing chemicals which killed the crabs but the panel considered that 'exceptionally unlikely' and believe it may be a pathogen.

Cornwall Council has approved plans for second home owners to be charged double the council tax. And if they leave those second homes empty and unfurnished for a year, they'll be charged triple.

A farmer says his attempts to keep joy riders and poachers off his land have been thwarted by planners. Colin Rayner who farms near Heathrow, put concrete blocks and old tyres across gates to stop vehicles. He says he's been threatened with legal action by Buckinghamshire County Council as they say the barriers breach planning laws.

All week we've been talking about fertilisers. Russia is a top exporter of fertilisers and the chemicals used to make them and war in Ukraine has caused supply issues and driven up the price of natural gas, which is a key part of fertiliser production. As a result European fertiliser production fell by 70 per cent last year. We hear from the head of one of the world's biggest fertiliser firms, YARA, who's accused Vladimir Putin of 'weaponising food'.

We also look at some of the alternatives to traditional granular fertilisers. Some growers believe cover crops, planting beans and clover which fix nitrogen in the soil, are the answer to improved soil health and fertility.

Presenter = Charlotte Smith  
Producer = Rebecca Rooney

**SAT 06:57 Weather (m001hdnh)**

The latest weather reports and forecast

**SAT 07:00 Today (m001hdnq)**

Including Sports Desk, Weather and Thought for the Day.

**SAT 09:00 Saturday Live (m001hdhp3)**

Miles Jupp and Cariad Lloyd

Nikki Bedi and Richard Coles are joined by Miles Jupp, comedian, writer and actor who pops up in everything from the Vestry in Rev, the press room in The Thick of It, a Greek Island in The Durrells and recently, the desert in SAS Rogue Heroes. He's also written novels, radio series and presented the News Quiz.

Cariad Lloyd is a comedian who lost her father at a young age and has since dealt with her grief through her podcast, Griefcast. She talks openly and honestly about grief and its effects with her guests, who include authors, comedians and other public figures. But how does death blend with comedy? She joins us.

We also have author Anstey Harris, whose new fiction book has been inspired by her own adoption and research into her birth relatives. Connecting with a community of fellow adoptees on social media has helped her process some of the feelings she has had about her history.

Dr Sean Kingsley is a Saturday Live listener who contacted us about researching his family story. When we heard he was also a marine archaeologist, we thought - let's get him on the show!

Blake Harrington from The Inbetweeners chooses his Inheritance Tracks: Sweet Child O' Mine by Guns N' Roses and Everybody's Free To Wear Sunscreen performed by Baz Luhrman.

and we have your Thank You from someone you were unable to thank at the time.

Producer: Corinna Jones

**SAT 10:30 You're Dead To Me (p095dkp7)**

Grainne O'Malley

Greg Jenner is joined by historian Dr Gillian Kenny and comedian Catherine Bohart in 16th century Ireland to look at the life of pirate queen Grainne O'Malley.

Against the backdrop of the changing legal landscape of Ireland as it faced brutality from incoming English administrators, we look at the difficult decisions Grainne was forced to make to ensure her family's survival. From bold changes to her appearance as a teenager to ensure her place on her fathers ship, to aggressive actions on a castle that refused to serve her food. Grainne O'Malley was not a woman to be messed with. This strength and defiance would lead to an unlikely understanding with Queen Elizabeth I.

Produced by Cornelius Mendez  
Script by Greg Jenner and Emma Nagouse  
Research by Jessica White

The Athletic production for BBC Radio 4

**SAT 11:00 The Week in Westminster (m001hdppd)**

George Parker from the FT hosts a review of the political week. Including discussions on gender recognition and devolution; retained EU law and the annual Davos meeting. He also interviews former top diplomat Lord McDonald on relations between the UK and Iran.

**SAT 11:30 From Our Own Correspondent (m001hdpl)**

Ukraine dreams of a different future

Kate Adie presents stories from Ukraine, Nepal, Iraq, Norway and the United States.

Andrew Harding is on the frontline in Eastern Donbas, close to Russian lines, where Ukrainian soldiers share their dreams of a future after the war.

The Yeti airlines crash in Nepal last Sunday was the worst in 30 years. Rajini Vaidyanathan saw the grim reality of the crash site and spoke to mourners as they prepared to bury their loved ones.

From chocolate biscuits, to porcelain to air-conditioning units, Iranian produce lines the shelves of stores in the Iraqi capital, Baghdad. But despite the strong commercial ties and shared cultural influences between the two countries, tensions are flaring in the Kurdistan region of Iraq after the death of Mahsa Amini, writes Lizzie Porter.

In Arctic Norway, cod fisherman rely on Russian cooperation to share fish stocks in the Barents Sea. Hugh Francis Anderson was in Tromso where he met fisherman increasingly wary that souring relations with Russia could impact their livelihoods.

Mark Moran reports from Arizona on the water wars in the state, where rural farmers and ranchers are launching a fightback against the move to divert water to the expanding city of Queen's Creek.

Producer: Serena Tarling  
Editor: China Collins

**SAT 12:00 News Summary (m001hdqqd)**

The latest national and international news from BBC Radio 4.

**SAT 12:04 Money Box (m001hdppz)**

Debt Advice, Mortgage Costs and Savings

As hundreds of people at two large debt advice charities face redundancy – we visit a local debt advice centre to see who they help and how.

Mortgage rates are at their highest for 14 years - the average is five and a half per cent for a two year fix, nearly six and half for the standard variable rate. The regulator, the Financial Conduct Authority, predicts more than half a million people will be at risk of falling into arrears over the next couple of years. We'll discuss what to do if you're struggling to afford your mortgage

When and how will people who live off grid - without a gas or electricity supplier - get the government help with their energy

bills?

And what are the options for saving if you're on a low income? We'll discuss the government's Help to Save scheme.

Presenter: Paul Lewis  
Reporter: Dan Whitworth  
Researchers: Sandra Hardial and Jo Krasner  
Editor: Jess Quayle

(First broadcast, 12pm Saturday 21st January, 2023)

**SAT 12:30 The News Quiz (m001h612)**  
Series 110

Episode 4

Andy Zaltzman is joined by Geoff Norcott, Shaparak Khorsandi, Helen Lewis and Ian Smith. This week they discuss Keir Starmer's plans for the NHS, teachers' strikes and the political row over Scotland's gender recognition reform bill.

Hosted and written by Andy Zaltzman with additional material from Alice Fraser, Mike Shephard, Katie Storey, Vicky Richards and Cameron Loxdale.

Producer: Georgia Keating  
Executive Producer: James Robinson  
Production Co-ordinator: Becky Carewe-Jeffries  
Sound Editor: Marc Willcox

A BBC Studios Production

**SAT 12:57 Weather (m001hdq5)**  
The latest weather forecast

**SAT 13:00 News and Weather (m001hdqf)**  
The latest national and international news and weather reports from BBC Radio 4

**SAT 13:10 Any Questions? (m001h614)**  
Dehenna Davison MP, Dave Doogan MP, Imran Hakim, Lucy Powell MP

Alex Forsyth presents political debate from Blackburn Cathedral with a panel including the Levelling Up minister Dehenna Davison MP, the SNP's defence spokesperson Dave Doogan MP, Lancashire-based entrepreneur Imran Hakim and the shadow culture secretary Lucy Powell MP.

Producer: Beth Sagar-Fenton  
Lead broadcast engineer: Phil Booth

**SAT 14:00 Any Answers? (m001hdqp)**  
Have your say on the issues discussed on Any Questions?

**SAT 14:45 39 Ways to Save the Planet (m0010wqr)**  
Hunting Down the Polluters

Tom Heap discovers fresh ways to quantify greenhouse gas emissions with help from satellites, artificial intelligence and former US Vice President Al Gore.

Emissions data from companies and countries can be inaccurate, incomplete or sometimes just plain deceitful. The team at Climate TRACE, led by Al Gore, have devised innovative ways to calculate accurate emissions data from power stations, factories, ships and even planes. That data can be used to reveal unexpected sources of carbon dioxide and methane and to provide independent figures for international negotiations on climate change.

Producer: Alasdair Cross

Researcher: Sarah Goodman

Produced in association with the Royal Geographical Society. Special thanks for this episode to Professor Raphael Heffron from the University of Dundee and Professor Paul Palmer from the University of Edinburgh. Image courtesy of Transition Zero.

**SAT 15:00 The Jungle Book (m000sx3)**  
Episode 1

Ayeesha Menon takes Rudyard Kipling's family classic and gives it a darker twist, re-imagining it in the concrete jungle of present-day India. A gangland coming-of-age fable.

Mowgli, the orphan boy at the centre of the story, is being brought up by the Wolves, a gang of petty criminals in a tenement block in Mumbai, and quickly learns how to survive

in that world. But when the villainous politician, Tiger Khan, threatens Mowgli's life, two residents of the tenement block, "black panther" Bagheera and the "bear" Baloo, offer to help him escape and he embarks on a journey of self-discovery through the city, meeting "creatures" along the way who don't always have his best interests at heart.

Recorded in India.

Cast:  
Mo - Namit Das  
Tiger Khan - Rajit Kapur  
Mrs Gupta - Shernaz Patel  
Mr Gupta - Zafar Karachiwala  
Bugs - Sukant Goel  
Yuva - Abir Abrar  
Kala- Shikha Talsania  
Rikita- Devika Shahani  
Father Carvalho - Sohrab Ardeshr  
Young Kala/Rani- Preetika Chawla  
Young Mo - Omkar Kulkarni  
Dimple - Trisha Kale  
Bobby - Alka Sharma  
Varun/Boy - Ajitesh Gupta  
Amma - Prerna Chawla  
Raksha- Shivani Tanksale  
Rafiq & Naag- Tavish Bhattacharyya  
Baldeo/Tabaqui/Purun Bhagat- Vivek Madan  
Akhil - Nadir Khan

Music by Sacha Puttnam  
Songs written and performed by Satchit Puranik

Written and directed by Ayeesha Menon  
Producer: Nadir Khan  
Executive Producer: John Scott Dryden

A Goldhawk production for BBC Radio 4

**SAT 16:00 Woman's Hour (m001hdqz)**  
Weekend Woman's Hour: Michelle Williams, Elizabeth McGovern, former New Zealand PM Helen Clark on Jacinda Ardern

The award-winning actor Michelle Williams discusses her new role in Steven Spielberg's semi-autobiographical film, The Fabelmans. She plays Mitzi, a concert pianist who's put her artistic ambition aside to raise a family, and is struggling to play a supporting role to her computer genius husband. Michelle explains why she was attracted to the role, and how her work in Dawson's Creek as a teenager set her up for Hollywood success.

On Thursday, the New Zealand Prime Minister Jacinda Ardern announced her shock resignation. We discuss with BBC Diplomatic Correspondent James Lansdale, former Prime Minister Helen Clark and the political scientist Lara Greaves from Auckland University.

Wendy Warrington is an NHS nurse and midwife who has been giving medical help and support to women and children in Ukraine since March last year. She tells us about the impact of the war on maternity services in the country.

Afghan police have confirmed that a former Afghan MP and her bodyguard have been shot dead at her home in the capital Kabul. Mursal Nabizada was one of nine out of 69 female MPs who chose to stay in the country after the Taliban returned to power. We speak to Fawzia Koofi, Afghanistan's First Woman Deputy Speaker of Parliament.

The Oscar-nominated actor and Downton Abbey star Elizabeth McGovern shares her experience of playing Martha in a new production of Who's Afraid of Virginia Woolf?

'Lucky girl syndrome' is a new trend taking over TikTok with over 80 million views of the hashtag. The journalist Róisín Lanigan from i-D magazine and psychologist Catherine Hallissey discuss whether it's just a new take on positive thinking, and whether there is any psychological basis for it.

Presenter: Anita Rani  
Producer: Lucy Wai  
Editor: Lucinda Montefiore

**SAT 17:00 PM (m001hdr6)**  
Full coverage of the day's news

**SAT 17:30 Political Thinking with Nick Robinson (m001hdrd)**  
The Sharon Graham One

The leader of the Unite union gives a frank and engaging interview to Nick Robinson. She defends the new wave of strikes by ambulance workers, sets out how under her leadership Unite is 'following the money' to target bad employers and explains why Keir Starmer's Labour party is a

'bad tribute act' to Tony Blair and reveals she was threatened by former colleagues when she began an investigation into 'potential criminality' within the union. She tells stories from her early life, including how she led a walkout of silver service restaurant staff aged just 17 in a protest over pay.

**SAT 17:54 Shipping Forecast (m001hdrj)**  
The latest weather reports and forecasts for UK shipping.

**SAT 17:57 Weather (m001hdr)**  
The latest weather reports and forecast

**SAT 18:00 Six O' Clock News (m001hds0)**  
The Conservative Party chairman, Nadhim Zahawi, has confirmed he did make a payment to HMRC to settle a tax dispute

**SAT 18:15 Loose Ends (m001hdrl)**  
Lisa McGrillis, Travis Alabanza, Emma Moran, Joe Thomas, Rozi Plain, Jaz Delorean, Emma Freud, Clive Anderson

Clive Anderson and Emma Freud are joined by Lisa McGrillis, Travis Alabanza, Joe Thomas and Emma Moran for an eclectic mix of conversation, music and comedy. With music from Rozi Plain and Jaz Delorean.

**SAT 19:00 Profile (m001hdpx)**  
Hanif Kureishi

After suffering a fall that has left him paralysed, the playwright, screenwriter and author has begun sharing his thoughts with the world from his hospital bed.

Born in suburban Bromley to an English mother and a Pakistani father, Hanif Kureishi turned to the arts to escape his everyday surroundings growing up. He became one of the most celebrated writers of his generation.

Mark Coles hears from Kureishi's friends, family and old colleagues, as he explores the life and career of the man whose works include The Buddha of Suburbia and My Beautiful Laundrette.

Presenter: Mark Coles  
Producers: Ben Cooper and Diane Richardson  
Editor: Simon Watts  
Production Co-ordinators: Maria Ogundele and Sabine Schereck  
Sound Engineer: Neil Churchill

**SAT 19:15 This Cultural Life (m001hdsj)**  
Damien Chazelle

Oscar-winning film-maker Damien Chazelle talks to John Wilson about his career and cultural influences.

As a child, Chazelle first started experimenting with making films using his dad's old camcorder. After studying filmmaking at Harvard, he drew on his own experiences as a skilful jazz drummer to make his debut feature film Whiplash, about a music student and his abusive teacher. His movie La La Land, a musical in which star-crossed lovers sing and dance through the backstreets of LA, won six more Academy Awards. Damien explains how much that film owes to the Jacques Demy and Michel Legrand's 1964 romantic musical The Umbrellas of Cherbourg. He also reveals how the Los Angeles paintings of David Hockney, and in particular his 1967 work A Bigger Splash, inspired the feel and the palate of La La Land. Chazelle's latest movie Babylon explores the birth of the film industry itself and the painful transition from silent movies to the talkies, and is inspired, in part, by the classic musical Jazz in The Rain. He also explains how his love of west coast jazz musicians including Stan Getz and Chet Baker has influenced his creative output.

Producer: Edwina Pitman

**SAT 20:00 Archive on 4 (b01slmd0)**  
Profumo Confidential

In 1963 Tom Mangold covered the Profumo Affair for the Daily Express. Minister of War John Profumo had admitted to an affair with Christine Keeler, who was allegedly also having an affair with a Russian Spy. The scandal led to the Minister's downfall, hastened the departure of the Prime Minister Harold Macmillan and led to the suicide of 'society osteopath' Stephen Ward, who had friendships with all the players and a louche life-style, and was hounded to trial on the flimsiest allegations of living on immoral earnings.

Hours before that trial verdict was due, Tom Mangold visited Stephen Ward, only to find him writing suicide notes. Shortly

after Mangold left, Ward killed himself.

In *Profumo Confidential*, Tom Mangold stands back from the assignment of his life half a century ago, to explain and to reveal new facets of the event which more than any other etched the shape of a generation and changed the face of Britain for ever.

A few weeks ago Mangold acquired some remarkable new documents - the private notes of the right hand man to Lord Denning whose report on the scandal was published fifty years ago. The notes offer an extraordinary insight behind the scenes of the Denning investigation - as well as containing a vivid snapshot of Britain in the early sixties, as one ageing generation fought desperately to keep the swinging sixties at bay.

Mangold has also obtained the full manuscript of Ward's unpublished autobiography and, in this programme, Stephen Ward appears to speak from the grave - condemning the establishment hypocrites closing in on him.

The programme also features a full and exclusive broadcast interview with Mandy Rice-Davis, Christine Keeler's erstwhile companion.

Producer: Adam Fowler  
A Whistledown production for BBC Radio 4

**SAT 21:00 Stone (b0910cc0)**  
Series 7

Episode 3

Stone Episode 3 by Richard Monks.

Following a suspicious death in a fire at a homeless hostel, DCI Stone has to track down the victim's next of kin. When the victim's father is pulled in for questioning Stone probes into the complex relationship they had but Stone's ongoing problems with his daughter lead him to some soul searching of his own.

Written by Richard Monks  
Created by Danny Brocklehurst  
Script Editor Caitlin Crawford  
Director Nadia Molinari  
Producers Gary Brown and Nadia Molinari

DCI John Stone investigates the suspicious death of a man in a fire at a homeless hostel. Stone's enquiries lead him to re-examine a murder he worked on twenty years before in order to solve the case. In doing so he uncovers a web of lies and deceit that make him face past mistakes and lead to personal trauma.

**SAT 21:45 Rabbit Remembered (m0009j18)**  
Episode 3

Written ten years after his Pulitzer Prize winning tetralogy about Harry "Rabbit" Angstrom, John Updike revisits the family a decade on from Harry's death to contemplate how the family has got on without him.

Rabbit's son Nelson has recovered from his drug habit but separated from his wife. Janice, his widow has remarried. But into their lives steps Annabelle, Harry's illegitimate daughter. And echoes of the past begin to cascade into the present.

Read by Toby Jones  
Abridged by Robin Brooks  
Produced by Clive Brill

A Brill production for BBC Radio 4

**SAT 22:00 News (m001hdsv)**  
The latest national and international news from BBC Radio 4

**SAT 22:15 Moral Maze (m001h60r)**  
Personal Debt

"Neither a borrower nor a lender be," advised Shakespeare's Polonius. These words seem hopelessly out of touch in cost of living crisis with soaring inflation and astronomical levels of personal debt. The charity StepChange has warned that money borrowed by UK households to pay for Christmas could take years to repay. Meanwhile, a study by the Resolution Foundation suggests the British public are the worst in the developed world at saving. How did we get here?

For some, our eye-popping indebtedness begins with a failure of personal responsibility, an absence of prudence, and an inability to discern between our 'wants' and needs'. For others, the real problem is systemic, where borrowers are victims of a consumerist society that both pressurises and stigmatises the poorest. Pragmatists argue that debt itself is morally neutral and merely part of the furniture of modern life. Free market libertarians see debt as a democratising force, giving people

greater personal agency. Whereas many religious and philosophical traditions have long believed that there is something intrinsically immoral about charging interest on lending.

Is debt inevitable? Or a moral failing? If so, whose?

Producer: Dan Tierney.

**SAT 23:00 Counterpoint (m001h461)**  
Series 36

Heat 2, 2023

(2/13)

In the second heat of the 2023 season the competitors come from Kent, London and Devon. They'll face Paul Gambaccini's questions on every genre of music, from the classics to show tunes, jazz, world music and pop and rock of all eras. As well as testing their musical general knowledge, Paul will ask them each to pick a special subject on which to answer individual questions - with no advance warning of the categories they'll be choosing from.

Taking part in the programme are:  
Claire Barrow from Honiton in Devon  
Roger Easy from London  
Paul Millgate from Petts Wood in Kent

Assistant Producer: Stephen Garner  
Producer: Paul Bajoria

**SAT 23:30 Poetry Please (m001h45t)**  
Anthony Joseph

Roger McGough is joined by the writer and musician Anthony Joseph, who makes a selection from listeners' poem requests and recommendations and shares some of his own work. They talk about whether writing or music came first for Anthony and about the riches of Caribbean poetry. Anthony's choices include poems by James Berry, Claude McKay, Derek Walcott, Charles Causley, Audre Lorde, Edward Kamau Brathwaite and Helen Dunmore.

Anthony Joseph is an award winning Trinidad-born poet, novelist, academic and musician. He is the author of four poetry collections and three novels. His 2018 novel *Kitch: A Fictional Biography of a Calypso Icon* was shortlisted for the Republic of Consciousness Prize, the Royal Society of Literature's Encore Award, and long listed for the OCM Bocas Prize for Caribbean Literature. His most recent publication is the experimental novel *The Frequency of Magic*.

As a musician, he has released eight critically acclaimed albums, and in 2020 received a Paul Hamlyn Foundation Composers Award. He holds a PhD in Creative Writing from Goldsmiths University and is a Lecturer in Creative Writing at Kings College, London. His new collection *Sonnets for Albert* was shortlisted for the Forward Prize for Best Collection and the T.S. Eliot Prize for Poetry.

Produced in Bristol by Mair Bosworth for BBC Audio

## SUNDAY 22 JANUARY 2023

**SUN 00:00 Midnight News (m001hdt4)**  
The latest news and weather forecast from BBC Radio 4.

**SUN 00:15 Torn (m001bkyp)**  
The stories behind the clothes we wear

Fisherman Sweater

Fisherman sweaters have been part of fishing communities around the world for centuries. They're knitted with wool, often with unique and intricate designs, and can take more than a hundred hours to make.

In episode seven of *Torn*, Gus Casely-Hayford sets out to discover if it's possible for traditional clothing to live on in a world where machines manufacture clothing at record speeds and record low prices.

The story begins in the early 1900s off the Isle of Lewis in the Scottish Hebrides with two fishermen clad in traditional woollen sweaters known there as gansseys, and continues in the present day with their descendant Alice Starmore who is the only person to have documented local knitting patterns in a published book.

Gus discovers that the tradition has come under the spotlight over the decades thanks to celebrity pizzazz. In 1950, the fashion magazine *Vogue* photographed Grace Kelly sailing, decked out in a cream cabled Irish fisherman sweater. Recently,

Adam Driver wore a chunky white cable knit in the Hollywood movie *House of Gucci*, and the sweater worn by Chris Evans in *Knives Out* was a viral sensation. Yet the tradition of knitting fisherman sweaters is being lost as fishing communities die out in towns such as Filey on the coast of Yorkshire, where Margaret Taylor is one of very few people still able to knit them.

Presenter: Gus Casely-Hayford  
Executive Producer: Rosie Collyer  
Producers: Tiffany Cassidy, Janieann McCracken  
Assistant Producer: Nadia Mehdi  
Production Coordinator: Francesca Taylor  
Sound Design: Rob Speight

A Novel production for BBC Radio 4

**SUN 00:30 Short Works (m001h610)**  
Wasteland Girls by Anna Bailey

A story of families, hoarding, magic and revenge set in the United States. *Wasteland Girls* is an atmospheric, powerful new story from BBC NSSA-shortlisted writer Anna Bailey.  
Reader: Sarah Twomey  
Producer: Nicola Holloway

**SUN 00:48 Shipping Forecast (m001hdtf)**  
The latest weather reports and forecasts for UK shipping.

**SUN 01:00 Selection of BBC World Service Programmes (m001hdtq)**  
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

**SUN 05:20 Shipping Forecast (m001hdv0)**  
The latest weather reports and forecasts for UK shipping.

**SUN 05:30 News Briefing (m001hdvd)**  
The latest news from BBC Radio 4

**SUN 05:43 Bells on Sunday (m001hds1)**  
St Peter ad Vincula, Combe Martin in Devon

*Bells on Sunday* comes from St Peter ad Vincula, Combe Martin in Devon. Possibly built on the site of a Saxon church, the construction of the present building began in the 13th-century with additions in the 15th-century and later. The 90 feet high tower contains a peal of eight bells cast in 1922 by the Mears and Stainbank foundry of Whitechapel London. The Tenor bell weighs ten hundredweight and is tuned to F sharp. We hear the bells ringing Yorkshire Surprise Major.

**SUN 05:45 Profile (m001hdpx)**  
[Repeat of broadcast at 19:00 on Saturday]

**SUN 06:00 News Summary (m001hdml)**  
The latest national and international news from BBC Radio 4

**SUN 06:05 Something Understood (b036tn9w)**  
Procrastination

Have you ever been blighted by a looming deadline and stayed up all night, wishing you'd started work just a bit earlier? You might curse your hesitation in these situations. But, Samira Ahmed asks: is procrastination always such a bad thing?

Most of us will have procrastinated at some point in our lives. Maybe you can't start the first sentence of the novel you've always wanted to write because you fear failure. Or perhaps you're putting off telling your partner that your relationship 'just isn't working anymore'. At worst procrastination can be debilitating or prolong a hurtful decision longer than necessary. But might it also be a useful tool for artistic inspiration and a way to let things happen in their own time?

Our relationship with procrastination is a complex one. Many of us are acutely aware that we are doing it, that it robs us of the time to complete tasks to the best of our potential, and yet we just can't stop it. Perhaps it is just human nature? Procrastination has often been characterised as a sin - leaving undone those things which we ought to have done - perhaps suggesting that procrastination has been a concern throughout history.

And yet, there may be something to be said for carefully considered delay. For anyone who's ever felt that sinking feeling after posting something in haste on social media, perhaps delaying action might have been prudent. We can learn from history that sometimes resisting pressure to act more

quickly can prevent the direst of consequences. But deliberate procrastination by those who have the power to facilitate change or to maintain the status quo, even if it robs the powerless of equal rights, might suggest that procrastination is a luxury of those who have the time to wait.

The programme includes readings from Kurt Vonnegut, Martin Luther King Jr., John Lanchester, and W.H. Auden, with music by Sir Richard Rodney Bennett, Leonard Cohen, Karine Polwart, and Yo La Tengo.

Producer: Katherine Godfrey  
A Whistledown production for BBC Radio 4

**SUN 06:35 On Your Farm (m001hdrlr)**  
Farming on Three Plots

Anna Louise Claydon heads out on an agricultural commute around East Kent with Chloe and David Wilcock, who have to keep their livestock in three different locations in order to make farming a reality. They're a first-generation young farming couple and together they drive 40-mile round trips every day, not including multiple journeys for calving, kidding and farrowing. Chloe and David took the leap and bought their livestock, despite the difficulty of finding land around Canterbury. Coming from previous careers in music, the couple learned how to farm on the job - creating their own company, 'Oink and Udder', selling meat boxes, goat milk and soap.

Anna Louise follows Chloe and David on their morning rounds with their two children and farm helpers, four year old Albert and two year old Douglas. With baby number three due any day, she finds out how Chloe manages the long journeys alongside motherhood, pregnancy and home-schooling. Along the way, she meets Emma Loder-Symonds at Nonington Farm and hears about her mission to help first-timers like Chloe and David find and manage land during difficult times. We find out how this inspiring young couple juggle the elements, a young family and a fuel crisis to achieve their farming dreams - on three different plots of land.

Produced and presented by Anna Louise Claydon

**SUN 06:57 Weather (m001hdw)**  
The latest weather reports and forecast

**SUN 07:00 News and Papers (m001hdm0)**  
The latest news headlines. Including a look at the papers.

**SUN 07:10 Sunday (m001hdm4)**  
Same Sex Marriage and the Church of England

It's been a tough week for the Church of England. The announcement that same sex marriages will remain banned in the Church though blessings for civil marriages of same sex couples would be allowed has been criticised by people on both sides of the debate. We hear from the Archbishop of York Stephen Cottrell who says he will take part in blessing services even though the Archbishop of Canterbury says he won't.

The story of Fr Isaac Achi who was burned alive by bandits in his home in Nigeria has reverberated around the world this week and raised the question - how dangerous is it to be a Christian in Northern Nigeria? William talks to Illia Djadi from the missionary charity Open Doors and Abuja based security analyst Dr Kabir Adamu.

Music has the power to change a mood, but what about its ability to change your life? Ismael Lea South shares the story of how listening to Hip Hop in the 90s inspired him to convert to Islam.

As part of our series on faith in prisons, William speaks to Rachel Treweek, Bishop to Prisons in England and Wales, who believes that the majority of female prisoners shouldn't actually be locked up.

And it's robots v rabbis as we try out a new development in AI technology called Chat GPT that can be used to write sermons and prayers.

Producers: Catherine Murray & Jill Collins  
Production co-ordinator: Liz Poole  
Editors: Helen Grady and Tim Pemberton

**SUN 07:54 Radio 4 Appeal (m001hdm8)**  
Auditory Verbal UK

Children's Laureate Joseph Coelho makes the Radio 4 Appeal on behalf of the charity Auditory Verbal UK.

To Give:  
- UK Freephone 0800 404 8144  
- You can donate online at [bbc.co.uk/appeal/radio4](http://bbc.co.uk/appeal/radio4)

- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Auditory Verbal UK'.  
- Cheques should be made payable to 'Auditory Verbal UK'. Please note that Freephone and online donations for this charity close at **23.59** on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1095133

Photo credit © David Webber

**SUN 07:57 Weather (m001hdmd)**  
The latest weather reports and forecast

**SUN 08:00 News and Papers (m001hdmj)**  
The latest news headlines. Including a look at the papers.

**SUN 08:10 Sunday Worship (m001hdmm)**  
We follow one star

A service from the Chapel of Selwyn College, Cambridge, the second of two programmes marking the Week of Prayer for Christian Unity. The preacher is Bishop Graham Kings, founder of the Cambridge Centre for Christianity Worldwide, who reflects on how people of all faiths and none can nourish unity in a complex and ever-changing world. The service is led by the Dean of Chapel and Chaplain, The Rev'd Dr Arabella Milbank Robinson, and the Chapel choir leads the congregation in hymns including Christ whose glory fills the skies, and It came upon a midnight clear. Director of Music: Sarah MacDonald. Organ Scholar: Adam Field. Producer: Ben Collingwood.

**SUN 08:48 A Point of View (m001h3zr)**  
Masculinity: From Durkheim to Andrew Tate

Zoe Strimpel looks at the history of masculinity and its moments of crisis, from Emile Durkheim at the end of the 19th Century to self-professed misogynist, Andrew Tate, today.

'The contemporary manosphere', she writes, 'doesn't appear to have any positive idea of what men should be, apart from rich, priapic and nasty - and within the long history of masculinity in crisis - this feels new'.

Producer: Adele Armstrong  
Sound: Peter Boshier  
Production coordinator: Iona Hammond  
Editor: Richard Fenton-Smith

**SUN 08:58 Tweet of the Day (b04t0vfj)**  
Northern Cardinal

Michael Palin presents the northern cardinal from a New York's Central Park. Northern Cardinals are finch-like birds and make British robins look positively anaemic. They are common residents in the south and east of North America where they live in woods, parks and gardens. Your first sighting of these vermilion birds with their black masks and outrageous crests comes as a shock. They seem too tropically colourful to brave the dull North American winter.

Only the male Cardinals are bright red. Females are browner with flashes of red on their wings and red bills. Both sexes obtain their red colours from seeds and other foods which contain carotenoid pigments.

Their familiarity and eye-catching colours have endeared cardinals to North Americans. No fewer than seven states, including Kentucky, Illinois and Ohio have adopted cardinals as their state bird and it's also the mascot of many famous sports clubs including the St. Louis Cardinals baseball team.

Producer : Andrew Dawes

**SUN 09:00 Broadcasting House (m001hdms)**  
The Sunday morning news magazine programme. Presented by Paddy O'Connell

**SUN 10:00 The Archers Omnibus (m001hdmx)**  
Writer, Daniel Thurman  
Director, Rosemary Watts  
Editor, Jeremy Howe

Helen Archer ..... Louiza Patikas  
Pat Archer ..... Patricia Gallimore  
Tony Archer ..... David Troughton  
Brian Aldridge ..... Charles Collingwood  
Lilian Bellamy ..... Sunny Ormonde  
Leonard Berry ..... Paul Copley  
Lee Bryce ..... Ryan Early  
Justin Elliott ..... Simon Williams

Rex Fairbrother ..... Nick Barber  
Brad Horrobin ..... Taylor Uttley  
Chelsea Horrobin ..... Madeleine Leslay  
Tracy Horrobin ..... Susie Riddell  
Jim Lloyd ..... John Rowe  
Adam Macy ..... Andrew Wincott  
Kate Madikane ..... Perdita Avery  
Kirsty Miller ..... Annabelle Dowler  
Stella Pryor ..... Lucy Speed  
Erik ..... Steven Hartley

**SUN 11:15 Desert Island Discs (m001hdn3)**  
Michael Pollan, writer

Michael Pollan's award-winning writing about plants, nature and food combines anthropology and philosophy with culture, health and natural history. Time Magazine has named him one of the 100 most influential people in the world and his maxim to 'Eat food. Not too much. Mostly Plants.' is a central tenet of the sustainable food movement.

Michael grew up in suburban Long Island, USA, and planted his first garden when he was eight-years-old. He was an intern at the Village Voice newspaper in New York while he was a student and after he graduated he joined Harper's Magazine as an editor where he worked with the writer Tom Wolfe among others.

Michael's first book *Second Nature: A Gardener's Education* is a collection of essays about gardening and his later titles, including the *Botany of Desire* and the *Omnivore's Dilemma*, addressed modern methods of food production and argued that in an era of fast and processed food, basic cooking skills were being lost. Recently, Michael has written about the use of psychedelic drugs as a potential treatment for some mental health conditions, such as depression and post-traumatic stress disorder.

Michael is professor of journalism at the University of California, Berkeley. In 2020 he co-founded the UC Berkeley Center for the Science of Psychedelics. Michael is married to the artist Judith Belzer and they live in California.

DISC ONE: Day-O (The Banana Boat Song) by Harry Belafonte  
DISC TWO: The Sound of Silence by Simon & Garfunkel  
DISC THREE: Going Up the Country by Canned Heat  
DISC FOUR: Cheek to Cheek by Louis Armstrong and Ella Fitzgerald  
DISC FIVE: Shady Grove by Gerry Garcia and David Grisman  
DISC SIX: California by Joni Mitchell  
DISC SEVEN: Tomorrow Never Knows by The Beatles  
DISC EIGHT: Cello Suite No. 2 in D Minor, BWV 1008: I. Prélude, composed by J.S Bach and performed by Yo-Yo Ma

BOOK CHOICE: Ulysses by James Joyce  
LUXURY ITEM: Dark chocolate  
CASTAWAY'S FAVOURITE: Cello Suite No. 2 in D Minor, BWV 1008: I. Prélude, composed by J.S Bach and performed by Yo-Yo Ma

Presenter Lauren Laverne  
Producer Paula McGinley

**SUN 12:00 News Summary (m001hdn9)**  
The latest national and international news from BBC Radio 4.

**SUN 12:04 Just a Minute (m001h46h)**  
Series 90

Whitney Houston, Foraging for Mushrooms and Duck Duck Goose

Sue Perkins challenges Paul Merton, Jennifer Saunders, Julian Clary and Anna Maxwell Martin to speak for 60 seconds without repetition, deviation or hesitation.

The long-running Radio 4 national treasure of a parlour game is back for a new series with subjects this week ranging from Whitney Houston to Duck Duck Goose.

Production co-ordinator: Caroline Barlow  
Sound editor: Marc Willcox  
Producer: Rajiv Karia

A BBC Studios Production

**SUN 12:32 The Food Programme (m001hdnl)**  
The Wild West of Whisky: From Cask Investments to Dram Scams

Whisky has long been associated with money and wealth, but in recent years prices of rare casks and limited bottlings have soared. A cask of Islay whisky sold for a record-breaking £16 million last year, and the number of cask investment companies

is growing, with many of them promising investors big profits and the chance to own their very own cask of Scotch whisky.

Behind the headlines and dollar signs, some industry experts are concerned at the practices of certain companies, worried that their promised returns are unrealistic and questioning their legality to trade in some cases.

We hear from whisky consultant and broker Blair Bowman about why he feels many companies are “flying way too close to the sun”.

Jaega Wise speaks to Pete Allison from new Edinburgh whisky blender Woven about the rapid rise in cask prices, the impact it's having on his business, and why he feels the bubble is destined to burst eventually.

Producer Robbie Armstrong meets Jennifer Rose, presenter of the Whisky Sisters podcast, to hear about her experience purchasing a cask of whisky.

Jaega also visits Holyrood Distillery to learn about their cask programme, which allows whisky aficionados to build a strong relationship with them as their whisky matures, and why they are clear that buying one of their casks is not an investment opportunity.

We also speak to Glenfarclas about a high profile £150,000 robbery at their distillery last year, while auction director Isabel Graham-Yooll gives her tips on spotting counterfeit whisky. Finally, whisky broker Mark Littler shares his tips on the key things to look out for when buying a cask of whisky.

Presented by Jaega Wise.  
Produced by Robbie Armstrong.

**SUN 12:57 Weather (m001hdns)**  
The latest weather forecast

**SUN 13:00 The World This Weekend (m001hdnz)**  
Radio 4's look at the week's big stories from both home and around the world

**SUN 13:30 Born in Bradford (m001hdp5)**  
The Age of Wonder

Winifred Robinson has been alongside Born in Bradford, one of the largest research studies in the world, since it started recruiting pregnant mothers in 2007. Now the thousands of children who have been tracked since birth are teenagers and the study is being widened to include every youngster in secondary school years eight through to ten. The aim is to focus on mental wellbeing and to offer a whole range of interventions to improve lives in the city.

The Age of Wonder is backed by the Wellcome Trust and over the next seven years the data collected will provide unique insights into how teenagers grow and adapt. Alongside questionnaires, they are being weighed, measured and will be offered blood tests, blood pressure monitoring and skin fold readings. The researchers have been going into school assemblies across the city explaining to pupils what will be happening and how it will benefit them

Winifred hears from medical experts about some of the early data to emerge from the study, particularly around the questionnaires and the light they throw on things like childhood anxiety, loneliness and poor body image. The Age of Wonder is being supported by some of the world's most respected experts in adolescent mental health and the aim is to provide interventions that can be tried on a small scale in different settings. These interventions might well result in improvements which can then be extended across different areas.

According to Professor John Wright, who heads the study, this is an excellent opportunity to shift the gaze to mental health because it's such a critical time in terms of brain development: “it's a time when a child's minds changes to an adult mind. And we have this plasticity in our brains, but we are also immersed in this rush of hormones that's happening in puberty. And we know that adolescent mental health is such a priority for the health service. So over the last twenty years adolescent mental health has been deteriorating year on year not just in Bradford or the UK, but internationally.

“We are seeing this rise in anxiety, eating disorders, depression and serious mental illness. And there's a spectrum, from feeling sad, helpless or hopeless, having a lack of energy or a lack of interest in things at one end of the spectrum and at the other it is self-harm and risk-taking behaviours such as taking drugs. This spectrum of mental ill health is happening, and we need to understand a bit more about why its increasing and why it's spiked over the pandemic. The Age of Wonder will really focus on this, and the young people will be involved throughout in planning and participating in ways to tackle it.”

Photographs by Carolyn Mendelsohn

**SUN 14:00 Gardeners' Question Time (m001h3z9)**  
Tring

How can I get rid of slugs without using pesticides? Will rhododendrons grow on chalky soil? Should we remove dead trees or leave them for wildlife?

Joining Peter Gibbs to answer these questions and more in front of a live audience in Tring are pest and disease expert Pippa Greenwood, plantsman Matt Biggs, and garden designer Juliet Sargeant.

Also on the programme, Pippa Greenwood visits her old lab at the RHS Wisley Plant Science Laboratory which will shortly open its doors to the public to showcase past and present research.

Producer: Daniel Cocker  
Assistant Producer: Rahnee Prescod  
Executive Producer: Louisa Field

A Somethin' Else production for BBC Radio 4

**SUN 14:45 Property of the BBC (m001f5gs)**  
Three Objects of Children's Broadcasting

In a week of programmes for the BBC centenary, historian Robert Seatter selects three objects from the BBC's archive store and tells the stories behind their creation - what they tell us about the changing history of the organisation, about expansion of the media and the nation at large. Robert's choices are unexpected, revelatory and sometimes, with the cruel benefit of hindsight, funny.

In today's programme, Robert enters the special space of Children's broadcasting, the place where we first engage with a wider world, creating memories that stay with us forever. He chooses three seminal objects that are sure to strike a chord.

i) Those talkative Watch with Mother puppets Bill and Ben, with their famous nonsense language.

ii) Then the anarchic plasticine Morph, only 12 cm high, but a creative force to be reckoned with.

iii) And finally, the Blue Peter badge – what every child of the 1960s onwards desired - motivating the show's young viewers to participate in all manner of creative activities as well as social action campaigns for communities near and far.

Robert explores themes of language and imagination, of inspiring creativity in young minds, and finally of broadcasting and citizenship. He is joined by animator extraordinaire and proud Blue Peter gold badge-wearer, Nick Park.

Producer: Mohini Patel

**SUN 15:00 The Medici: Bankers, Gangsters, Popes (m001hdpb)**  
Episode 3 - Bonfire of the Vanities

By Sian Ejiwunmi Le-Berre, starring Tom Cullen

Lorenzo the Magnificent has to try and stop the war with the Pope. To do it he will have to go alone to Naples to negotiate with King Ferrante - the most terrifying ruler in Europe. He would rather surround himself with Art and artists, but unexpected troubles are coming from the North too - the zealous monk Savonarola is determined to purge Florence of sin, which means the rich and all their baubles of beauty.. And the bank is in decline. Can he save anything for his dim witted successors? Will they even care?

Series created by Mike Walker

CAST

Lorenzo de' Medici - Tom Cullen  
Lucrezia Tornabuoni - Sharon Morgan  
Clarice Orsini - Abra Thompson  
Savonarola - Matthew Gravelle  
King Ferrante - Jonathon Forbes  
Pope Innocent - Roger Ringrose  
Leonardo da Vinci - Tom Kiteley  
Botticelli - Hughie O' Donnell

Organ - Branwen Munn  
Sound Design - Nigel Lewis and Catherine Robinson  
Producer - John Norton

A BBC Audio Wales production

**SUN 16:00 Open Book (m001hdpj)**

Really Good, Actually

Monica Heisey has been a writer for television comedy, including the award winning Schitts Creek, and has just published her debut novel Really Good, Actually. The story follows 28 year old Maggie as she navigates a new life after her recent divorce. Monica talks to Johny Pitts about the crossover between fiction and her own life and finding the comedy in self-improvement.

Johny explores working class lives in two collections of interlinked short stories from different sides of the Atlantic. Stories From the Tenants Downstairs is written as eight narratives from the same apartment block and vividly explores the dreams and despair of a Black community in Harlem threatened with displacement by gentrification. While The Quarry looks at the everyday lives of a cross section of haunted men all living in an housing estate in West London. Johny talks to the authors of the books, Sidik Fofana and Ben Halls, about capturing the voices of the communities and the process of writing authentic characters.

And we also hear about the hotly anticipated book coming next month in our Editors' Tip from Dialogue's Hannah Chukwu

Book List – Sunday 22 January and Thursday 17 January  
Really Good, Actually by Monica Heisey  
Stories From the Tenants Downstairs by Sidik Fofana  
The Quarry by Ben Halls  
Really Good, Actually by Monica Heisey  
If I Survive You by Jonathan Escoffery  
Rough Springs by Richard Ford

**SUN 16:30 Poetry Please (m001hdpq)**  
Lavinia Greenlaw

Lavinia Greenlaw is the author of The Importance of Music To Girls as well as most recently Some Answers Without Questions. Her latest poetry collection The Built Moment was published in 2019. She sifts through the poetry requests and chooses amongst others work by William Blake, Raymond Antrobus and Denise Levertov.

**SUN 17:00 File on 4 (m001h49y)**  
Catastrophe at the Academy

File on 4 investigates events that led to the death of two people at London's Brixton O2 Academy in December. The venue was shut down after the fatal crowd crush ahead of a concert by the Nigerian artist Asake. Security guard Gaby Hutchinson, 23, and Rebecca Ikumelo, 33, died in hospital after the incident at the south London venue on 15 December. Some said ticketless fans tried to force their way into the venue. But File on 4 has heard compelling evidence that suggests there were other reasons the venue became overcrowded.

Producer: Anna Meisel  
Reporter: Greg McKenzie  
Assistant Producer: Patrick Kiteley  
Digital Producer: Melanie Stewart-Smith  
Journalism Assistant: Tim Fernley  
Technical Producer: Craig Boardman  
Editor: Carl Johnston

**SUN 17:40 Profile (m001hdpx)**  
[Repeat of broadcast at 19:00 on Saturday]

**SUN 17:54 Shipping Forecast (m001hdq3)**  
The latest weather reports and forecasts for UK shipping.

**SUN 17:57 Weather (m001hdqc)**  
The latest weather reports and forecast

**SUN 18:00 Six O' Clock News (m001hdqk)**  
The government has defended the way the BBC chairman Richard Sharp was appointed, after reports that he helped secure a loan for Boris Johnson weeks before he was chosen.

**SUN 18:15 Pick of the Week (m001hdqs)**  
Rima Ahmed

What do Beyoncé, the West Midlands, Noel Gallagher, Iran, Gina G, and New Zealand have in common? Absolutely nothing, except for the fact that they all relate in one way or another to Rima's favourite radio moments this week. We'll also be learning what an 'Interval Banana' is...why Dr Michael Mosley has been hiding chocolate wrappers...and finding out just how many potatoes Huw Edwards can eat.

Presenter: Rima Ahmed  
Producer: Elizabeth Foster

**SUN 19:00 The Archers (m001hdqy)**

At Honeysuckle Cottage Adam cooks a Sunday roast dinner for the family. He and Alice chat about the fabulous time their mum seems to be having with Lilian on their break in Stratford-Upon-Avon. Kate arrives with exciting news: Jakob has booked her tickets to Durban to visit Noluthando and Siphos. Kate thinks it's to make up for Jakob being away so long and leaving her with Erik. She goes next Saturday. She's struggling to get someone to cover her work but will cobble something together. She needs to see Noluthando, who's staying with Lucas for a while. She wants to be able to comfort her after her split from her boyfriend.

Brian's dropped in on Justin before supper, and the two compare notes on managing solo for a few days. They move on to talking shop, with Justin trying to persuade Brian a new disc drill's a good idea all round. Brian soon loses track of time. He spots a missed call from Alice, and makes to leave. Justin's phone then rings. It's Lilian.

Back at Honeysuckle, Adam gives up on his dad and dishes up. Kate waxes lyrical about the delights of South Africa as the work goes on around her. They're interrupted by a call from Brian. Jennifer's collapsed and is being rushed to hospital. The siblings dash off to join traumatised Lilian in A&E, and she updates them as best she can. When Brian appears it's clear they're too late. The hospital did all they could, but her heart wasn't strong enough. Jenny's gone.

**SUN 19:15 Believe It! (m000mrzr)**

Series 5

Brand

Richard Wilson returns with another series of not quite true revelations about his life. Jon Canter's comedic writing is as sharp as ever as he delves into themes such as celebrity, brand awareness and death.

As usual Richard has many friends from whom he seeks advice. Starring Ian McKellen as Head of Gay, Peter Capaldi and David Tennant as the Two Doctors, and Antony Sher as The Man Addicted To Waitrose along with an excellent supporting cast.

It's a mockumentary and spoof autobiography rolled into one.

CAST:

Richard Wilson  
Sir Antony Sher  
Rebekah Staton - Daniella  
Arabella Weir  
Sir Ian McKellen  
Elliot Levey - The Waiter

Written by Jon Canter

Produced and directed by Clive Brill  
A Brill production for BBC Radio 4

**SUN 19:45 The Circus (m001hdm8)**

Episode 3 - The Irish Dancer

A former working men's club in North Belfast called 'The Circus' has been refurbished and relaunched with an inaugural talent show – and a massive cash prize for the winner! – inspiring the locals to brush up on some old skills. The new owner, a successful London property developer, has promised to bring a bit of the West End to North Belfast. But can the area really change? Can the people?

Cliftonville Circus is where five roads meet in North Belfast. It is situated in the most deprived part of the city; it is also the most divided. Each road leads to a different area – a different class – a different religion. 'The Circus' explores where old Belfast clashes with the new around acceptance, change, class and diversity.

The Author

Born in Belfast, Paul McVeigh has written comedy, essays, flash fiction, a novel, plays and short stories. His work has been performed on radio, stage and television, and published in seven languages. Paul co-founded the London Short Story Festival and is an associate director at Word Factory. His debut novel 'The Good Son' won The Polari First Novel Prize and The McCreia Literary Award. He is also the editor of 'The 32: Irish Working Class Voices', 'Queer Love: An Anthology of Irish Fiction' and 'Belfast Stories'.

Writer: Paul McVeigh

Reader: Leanne Devlin

Producer: Michael Shannon

Executive Editor: Andy Martin

A BBC Northern Ireland production.

**SUN 20:00 More or Less (m001h3zf)**

Ambulance response times, teacher pay and Irish pubs

How long are people really waiting when they call 999 for an ambulance? Tim Harford and the team examine in detail the

sheer scale of delays in responding to emergency calls. We ask why the NHS is facing a crisis when it's got more funding and more staff than before the pandemic, with the help of Ben Zaranko from the Institute for Fiscal Studies. Plus we fact check a claim from one of Britain's leading teaching unions about pay. And are there more pubs in Ireland or Irish pubs in the rest of the world?

Presenter: Tim Harford

Series producer: Jon Bithrey

Reporters: Josephine Casserly, Nathan Gower, Paul Connolly  
Sound Engineer: James Beard

Production Co-ordinator: Helena Warwick-Cross

Editor: Richard Vadon

Image: Patient being taken out of ambulance (Photo by ANDY RAIN/EPA-EFE/REX/Shutterstock)

**SUN 20:30 Last Word (m001h3ze)**

Jeff Beck, Alice Mahon, Tom Karen OBE, Gina Lollobrigida

Matthew Bannister on

Jeff Beck (pictured), who was acclaimed as one of the most influential and innovative rock guitarists of all time.

Alice Mahon, the left wing Labour MP who often rebelled against her own party.

Tom Karen OBE, the designer who came up with the Raleigh Chopper Bike, the Bond Bug, the Reliant Robin and the Popemobile.

Gina Lollobrigida, the first post war Italian actress to gain an international reputation as a sex symbol. She was known for her rivalry with Sophia Loren.

Producer: Neil George

Interviewed guest: Martin Power

Interviewed guest: Jeremy Corbyn

Interviewed guest: Julia Langdon

Interviewed guest: Eugenie Karen

Interviewed guest: Josephine Bahns

Interviewed guest: Angie Errigo

Archive clips used: BrianMay.Com, Thoughts on sad loss of Jeff Beck 12/01/2023; UK Parliament, Margaret Thatcher's last Prime Minister's Questions 27/11/1990; Raleigh, Noel Edmonds' Raleigh bike advert 1978; Discovery Real Time, Wheeler Dealers S07E06 Bond Bug 12/10/2010; krc/ YouTube, sound effect Landspeeder - Star Wars 18/01/2017; BBC Sound Archive, The Pope in Liverpool 30/05/1982; BBC Sound Archive, The Morning Show - African Service 07/01/1970; Excelsa Film/ Omnium International du Film/ Ponti-De Laurentis Cinematografica, Women of Rome - clip (1954); Hecht-Lancaster Productions/ Joanna Productions/ Susan Productions, Trapeze - trailer (1956); 7 Pictures/ Raoul Walsh Enterprises, Come September - trailer (1961); BBC One, Parkinson 28/09/1974; Metro-Goldwyn-Mayer/ Canterbury Production, Never So Few - trailer (1959).

**SUN 21:00 Money Box (m001hdpz)**

[Repeat of broadcast at 12:04 on Saturday]

**SUN 21:25 Radio 4 Appeal (m001hdm8)**

[Repeat of broadcast at 07:54 today]

**SUN 21:30 Icon (m001cpb2)**

Episode 4: Pink Clouds

Elizabeth Taylor received her second Oscar, playing the hard-drinking, blousy, abusive Martha opposite her real-life husband Richard Burton's George in Who's Afraid of Virginia Woolf? Years later, after an intervention by her family, Taylor would become the first A-list celebrity publicly to enter rehab.

TV and radio presenter (and I'm a Celebrity Get me Out of Here participant) Iain Lee shares his own relationship to fame and to addiction. With extracts from a 1985 Channel Four interview with the late Mavis Nicholson, in which Taylor revealed details of her time in the Betty Ford Center, and a contribution from Ellis Cashmore, author of 'Elizabeth Taylor, a Private Life for Public Consumption'.

With Louise Gallagher.

Produced by Alan Hall with music by Jeremy Warmesley.  
A Falling Tree production for BBC Radio Four.

**SUN 22:00 Westminster Hour (m001hdbb)**

Carolyn Quinn and guests discuss the revelations about the tax affairs of Cabinet minister Nadhim Zahawi, and the clash between the UK and Scottish governments over gender

recognition reform. On her panel: Conservative backbencher Tim Loughton, Labour's Siobhain McDonagh and Kirsty Blackman from the SNP. Journalist John Stevens - political editor of the Daily Mirror - brings additional insight and analysis.

**SUN 23:00 Loose Ends (m001hdrl)**

[Repeat of broadcast at 18:15 on Saturday]

**SUN 23:30 Something Understood (b036tn9w)**

[Repeat of broadcast at 06:05 today]

**MONDAY 23 JANUARY 2023****MON 00:00 Midnight News (m001hdrr)**

The latest news and weather forecast from BBC Radio 4.

**MON 00:15 Thinking Allowed (m001h422)**

Parenting

Parenting - Laurie Taylor explores its cultural history and the shift towards intensive parenting. Andrew Bomback, Associate Professor of Medicine at Columbia University Irving Medical Center, investigates the emergence of an immersive, all-in approach to raising children that has made parenting a competitive sport. Drawing on "how-to" parenting books and historical accounts of parental duties he charts the way in which being a parent became a skill to be mastered.

They're joined by Benedetta Cappellini, who considers the impact of these social transformations on Grandmothers.

Producer: Jayne Egerton

**MON 00:45 Bells on Sunday (m001hds1)**

[Repeat of broadcast at 05:43 on Sunday]

**MON 00:48 Shipping Forecast (m001hdsb)**

The latest weather reports and forecasts for UK shipping.

**MON 01:00 Selection of BBC World Service Programmes (m001hdsn)**

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

**MON 05:20 Shipping Forecast (m001hdtd)**

The latest weather reports and forecasts for UK shipping.

**MON 05:30 News Briefing (m001hdth)**

The latest news from BBC Radio 4

**MON 05:43 Prayer for the Day (m001hdth)**

A spiritual comment and prayer to begin the day with Fr Dermot Preston

Good morning.

Roy was my age – about 8 years old. He had a much older sister, but no contemporary siblings, so when he visited his grandparents on our street, he moved into the orbit of the Preston tribe.

With my brothers and sisters, Roy found ready companions in those summer days: together we played cricket on cobbled streets, were chased by the park-rangers and, in the spare ground on Brunel Street, constructed a system of interlocking grass hide-outs as epic and ambitious in their planning as Albert Speer's Berlin.

One morning Roy came to look for us. He went to the back of the house – front entrances for visitors, locals round the back – and he knocked on the kitchen door. My mum opened the door; she was then in her late-30s, a dark-haired Irish doctor. Roy had not met her before.

She smiled and asked could she help.

In total innocence, Roy just looked at her and asked "Can your brothers and sisters come out to play?"

You can guess my mum's delight in the compliment, and it was a story which she took pleasure in re-telling for years to come.

It is perhaps the instinct of children to be honest messengers. For some reason, when we grow older we become more restrained; indeed, we actually filter out the positive and 'honest feedback' can become a euphemism for just being negative. And if it is just negative, it is rarely honest.

I remember once a Jesuit colleague, deeply frustrated after returning from a requiem Mass, said to me "Why did they leave it to his funeral to say all the good things about him?"

Lord, today will have easy opportunities to tear down and destroy: help me instead to be an agent of blessing and joy.

Amen.

**MON 05:45 Farming Today (m001hdw)**

23/01/23 Land use strategy & fishing industry.

How should we use our land? With competing priorities: housing, solar farms, food production and woodland to name but a few - who decides? Sir Charles Godfray, director of the Oxford Martin School at Oxford University, suggests that an apolitical body should look at land use, which he says will change as within a decade many processed meat products will be made with plant based meat substitutes. Disputes about sustainability and conservation, worries about attracting enough workers, and the slow pace of introducing change: just some of the issues we'll be covering this week as we look at the UK's fishing industry.

Presented by Charlotte Smith and produced by Beatrice Fenton.

**MON 05:56 Weather (m001hdv7)**

The latest weather forecast for farmers.

**MON 05:58 Tweet of the Day (b04t0gzx)**

Greater Racket-tailed Drongo

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Liz Bonnin presents the greater racket-tailed drongo of South-East Asia. Across a clearing in a Malaysian forest flies a dark bird, seemingly chased by two equally dark butterflies. Those butterflies in hot pursuit aren't insects at all: they are the webbed tips of the greater racket-tailed drongo's excessively long wiry outer-tail feathers, which from a distance look like separate creatures as it flies. Glossy blue-black birds which live in wooded country and are great insect catchers, hawking after them in mid-air before returning to a perch. They're bold too and won't hesitate to harry and chase much larger birds than themselves, including, birds of prey. Like other drongos the greater racket-tailed drongo has an extensive but not very musical repertoire which includes the sounds of other birds it meets, when it joins mixed feeding flocks, and can imitate the call of a hawk to alarm the hawk's victims and so steal food from them while they are distracted by the call: an ingenious tactic, which few other birds have learned.

Producer : Andrew Dawes

**MON 06:00 Today (m001hf0y)**

News and current affairs, including Sports Desk, Weather and Thought for the Day.

**MON 09:00 Start the Week (m001hf10)**

Videogames – from fantasy to reality

The architect Sandra Youkhana takes readers on a tour of the structures of modern digital worlds in Videogame Atlas (co-authored with Luke Caspar Pearson). From Minecraft to Assassin's Creed Unity she examines the real-world architectural theory that underpins these fantasy worlds, and their influence on concrete designs today.

The journalist Louise Blain presents BBC Radio 3's monthly Sound of Gaming which showcases the latest and best gaming soundtracks. She explores how composers help create not only the atmosphere in a game, immersing players in these invented worlds, but their music is also integral to the game's structure and design.

Adrian Hon spent a decade co-creating the hit game Zombies. Run but has become increasingly disillusioned with the way real world institutions – corporations, governments and schools – are using gamification to monitor and control behaviour. In You've Been Played he shows how the elements of game playing have been co-opted as tools for profit and coercion.

Producer: Katy Hickman

Image Credit: Map of the game 'Katamari Damacy' by Sandra Youkhana and Luke Caspar Pearson from 'Videogame Atlas: Mapping Interactive Worlds'

**MON 09:45 Wise Gals by Nathalia Holt (m001hh2c)**

Episode 1

In the wake of World War II, four agents were critical in

helping build a new organization that we now know as the CIA.

Adelaide Hawkins, Mary Hutchison, Eloise Page, and Elizabeth Sudmeier, called the "wise gals" by their male colleagues because of their sharp sense of humour and even quicker intelligence, were not the stereotypical femme fatale of spy novels. They were smart, courageous, and ground-breaking agents at the top of their class, instrumental in both developing innovative tools for intelligence gathering - and insisting (in their own unique ways) that they receive the credit and pay their expertise deserved.

Through their friendship and shared sense of purpose, they rose to positions of power and were able to make real change in a traditionally "male, pale, and Yale" organisation.

Wise Gals sheds a light on the untold history of the women whose daring foreign intrigues, domestic persistence, and fighting spirit have been and continue to be instrumental to US security.

Read by Nicola Stuart-Hill

Written by Nathalia Holt  
Abridged by Polly Coles

Produced by Clive Brill  
A Brill production for BBC Radio 4

**MON 10:00 Woman's Hour (m001hf14)**

The Brit Awards. Targeted adverts online. The ages of motherhood. Welsh Rugby.

The Brits scrapped their best male and best female awards last year in favour of gender-neutral prizes. This year no women are on the shortlist for best artist - won by Adele last year - though are nominated in other categories. Social media has been awash with fans of musicians like Charlie XCX, Florence Welch, Mabel and Ella Henderson asking why they'd been overlooked. We hear from journalist Laura Snapes the Guardian's music editor and Vick Bain who's worked in the music industry for 25 years, was the CEO of the British Academy of Songwriters, Composers & Authors and founder of The F-List directory of UK female musicians.

Several former employees at the Welsh Rugby Union have told the BBC about a 'toxic' culture of sexism at the organisation. Nuala McGovern is joined by former Wales rugby international and Labour MP Tonia Antoniazzi.

Do you ever wonder why you're being shown particular adverts online? Nuala speaks to one woman, Hannah Tomes, who is being advertised egg donation banks despite having no interest in this - she wonders if she's being advertised because of her gender - we will seek to find out if she's right and speak to the BBC's Technology Editor Zoe Kleinman.

Figures from the ONS show that there are now twice as many women giving birth over the age of 40 as there are having children under the age of 20. But does the age you become a mother change the way you experience parenting? We hear from two women who had children at very different points in their lives...Lucy Baker the founder of the blog Geriatric Mum and Lauren Crosby Medlicott a freelance journalist who has written about her experience as a young mum.

Presenter Nuala McGovern  
Producer Beverley Purcell

**MON 11:00 The Invention of... (m001hf16)**

Russia

Catherine the Great and the question of Europe

The extraordinary tale of how a small fortified city became the centre of the largest contiguous landmass in the world, presented by Misha Glennly. It was Peter the Great who created a new capital on the Baltic, and Catherine the Great who extended Russian influence south and west.

Sweden, Poland, and the Ottomans all feel the expansion of Russia's empire in a century of geopolitical drama. This is the build up to today's war in Ukraine.

With contributions from Virginia Rounding, biographer of Catherine the Great; Professor Simon Dixon of UCL; Professor Robert Service, author of The Last Tsar; and Dr Sarah Young of the UCL School of Slavonic and East European Studies.

The producer in Bristol is Miles Warde

**MON 11:30 The Bottom Line (m001h4d1)**

How Strikes Come to an End

Current strike action across the UK led to more than a million lost working days in 2022, the worst industrial strife the nation has experienced since the 'Winter of Discontent' in the 1970s. But with the benefit of hindsight, what can we learn from those

who have dealt with labour relations in the past, and can their insights help to establish a better way of working out employee grievances?

Evan Davis and guests discuss.

**GUESTS**

Alan Johnson, former MP, Secretary of State and former Head of the Union of Communication Workers.  
Professor Sian Moore, Professor of Employment Relations and Human Resource Management and Co-Director of the Centre for Research on Employment and Work (CREW), University of Greenwich  
Susanna Newing, Chief People Officer, Coventry Council

Presenter: Evan Davis

Producer: Julie Ball and Marianna Brain

Editor: China Collins

Sound: Gareth Jones and Neil Churchill

Production Co-ordinators: Siobhan Reed and Sophie Hill

**MON 12:00 News Summary (m001hf2f)**

The latest national and international news from BBC Radio 4.

**MON 12:04 You and Yours (m001hf1d)**

Buses, Tiny Homes, Car Buying Confusion

It's the most used form of public transport in Britain, so why has the bus service been in decline for so many years? We hear from one passenger who relies on the bus for everything from shopping to visiting family but is finding that increasingly challenging. And Alice Ridley from the Campaign for Better Transport and Paul Street, from the Confederation of Passenger Transport, which represents 95% of bus operators, discuss why the system is struggling and what could be done about it.

With house prices so high for so long some buyers are taking down sizing to another level; we hear from two people who have bought what's known as a 'tiny home', a timber framed micro mobile house, and ask what they've saved and what people should be aware of if they're considering it.

And is it us or is car buying really confusing right now? New or used, EV or petrol and what about the whole question of how to finance the cost? WhatCar Editorial Director Jim Holder joins the programme with answers and advice for anyone wondering what their next move should be.

PRESENTER: FELICITY HANNAH

PRODUCER: CATHERINE EARLAM

**MON 12:57 Weather (m001hf1j)**

The latest weather forecast

**MON 13:00 World at One (m001hf1n)**

Forty-five minutes of news, analysis and comment, with Sarah Montague.

**MON 13:45 Buried (m001hf1s)**

1. A Deathbed Tape

A trucker leaves a tape about an appalling crime. Three words echo - Dig it Up. It leads one couple to the story of an illegal million-tonne dump in the UK.

In this BBC Radio 4 podcast series, investigative journalists Dan Ashby and Lucy Taylor deep-dive into one of the worst environment crimes in UK history. They uncover missing documents, fears of toxicity and allegations of organised crime, and realise they've stumbled into something much bigger. As they pick at the threads of one crime, they begin to see others. Could Britain be the home of a new mafia, getting rich on our waste?

In a thrilling ten-part investigation, the husband-and-wife duo dive into a criminal underworld, all the time following clues left in a deathbed tape. They're driven by one question - what did the man in the tape know?

Presenters and Producers: Dan Ashby and Lucy Taylor

Assistant Producer: Tess Davidson

Original Music and Sound Design: Phil Channell

Sound Design and Series Mixing: Jarek Zaba

Executive Producers: Phil Abrams and Anita Elash

Commissioning Editor: Dan Clarke

A Smoke Trail production for BBC Radio 4

**MON 14:00 The Archers (m001hdqy)**

[Repeat of broadcast at 19:00 on Sunday]

**MON 14:15 This Cultural Life (m001hdsj)**

[Repeat of broadcast at 19:15 on Saturday]

**MON 15:00 Counterpoint (m001hf22)**  
Series 36

Heat 3, 2023

(3/13)

Three more music lovers join Paul Gambaccini for another contest of musical knowledge, spanning music of all ages and genres. The competitors today will have to demonstrate their knowledge of everything from Schubert and Purcell to Prince and Massive Attack, with plenty of extracts to identify and some long-buried musical memories.

As well as being asked general knowledge music questions, the three competitors will each have to choose a special musical topic for their own individual round - with no warning of the subject choices and no chance to prepare.

Taking part are:

Shanine Salmon from Croydon  
Ian Sanders from Gloucestershire  
George Spann from Solihull.

Assistant Producer: Stephen Garner  
Producer: Paul Bajoria

**MON 15:30 The Food Programme (m001hdnl)**

[Repeat of broadcast at 12:32 on Sunday]

**MON 16:00 Playing the Prince (m001h4c6)**

Hamlet is the Shakespearean character that many actors long to play. Jade Anouka is one of those actors. She talks to past Hamlets— Sir Derek Jacobi, Adrian Lester, Samuel West and Tessa Parr – about the challenges in approaching the part.

And she hears the fabled story of The Red Book, a red-bound copy of the play, begun by the actor Sir Johnston Forbes-Robinson, who passed the book on to a successive actor on the condition that in turn they passed it onto the finest Hamlet of the next generation. Derek Jacobi tells the story of receiving it from Peter O'Toole and passing it on to Kenneth Branagh, who in turn passed it on to Tom Hiddleston. Jade wonders where the book might go next.

Jade also explores why Hamlet as a part holds such fascination for actors. Here's the rub - no one can tell you what Hamlet is about. A revenge tragedy, an Oedipal drama, a political betrayal, a study of insanity, the portrait of a fatally flawed genius. Each actor makes it his own but has to deal with the weight of its history.

Derek Jacobi tells the story of performing 'To be or not to be' only to hear the voice of Sir Winston Churchill joining in from the front row. Adrian Lester describes how he whispered each famous speech to himself in an attempt to get back to the essence of the language.

And each generation interprets Hamlet as an expression of their own time. Professor Michael Dobson from the Shakespeare Institute describes a production he saw in Ukraine in a cellar now used as a bomb shelter.

Readers: Sir Derek Jacobi, Adrian Lester, Samuel West, Tessa Parr

Producer: Sara Conkey  
Sound Design: Melvin Rickarby  
A True Thought production for BBC Radio 4

Acknowledgements:

Hamlet BBC2 26th December 2009  
Director - Gregory Doran  
Royal Shakespeare Company Production  
Hamlet – David Tennant  
Composer: Paul Englishby

Hamlet film 1948  
Director – Laurence Olivier  
Screenplay – Laurence Olivier  
Hamlet – Laurence Olivier  
Composer: William Walton  
Two Cities Production

Hamlet BBC Radio 4 Production 2014  
Director – Marc Beeby  
Hamlet – Jamie Parker  
Ophelia – Lizzy Watts

President Zelensky address to Parliament  
BBC Parliament  
Tuesday 8th March 2022

**MON 16:30 Beyond Belief (m001hf2c)**  
Faith and the Holocaust

Lily Ebert was 20 when the Nazis deported her from her Hungarian hometown to Auschwitz. Remarkably she survived, and so did her faith. Now a 99 year old grandmother, she tells Aleem Maqbool how the Judaism of her childhood, sustained her in the most horrific circumstances.

Her moving story sparks a discussion on the impact that the Holocaust had on Jewish belief and practice and how the repercussions are manifest in the modern day.

**MON 17:00 PM (m001hf2k)**

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**MON 18:00 Six O' Clock News (m001hf2w)**

Rishi Sunak has ordered an investigation into former chancellor Nadhim Zahawi's taxes. And an investigation is being launched into the appointment of the chairman of the BBC.

**MON 18:30 Just a Minute (m001hf32)**

Series 90

Wordle, Swing Dancing and Broken Resolutions

Sue Perkins challenges Gyles Brandreth, Lucy Porter, Ria Lina and Rhys James to speak for 60 seconds without repetition, deviation or hesitation.

The long-running Radio 4 national treasure of a parlour game returns with subjects ranging from Swing Dancing to Wordle.

Production co-ordinator: Caroline Barlow

Sound editor: Marc Willcox

Producer: Rajiv Karia

A BBC Studios Production.

**MON 19:00 The Archers (m001hf3f)**

Frail Brian's alone in his bedroom, ignoring his calls. Adam can't persuade him downstairs. Tony and Lilian comfort one another. Lilian thanks Tony for breaking the news to Peggy. Tony confirms Peggy's staying at Bridge Farm for now. Lilian observes their mum is looking small, her spirit drained away. The siblings agree it's every parent's worst nightmare to lose a child. Lilian's brought back Jennifer's belongings from the hotel. She couldn't bear the thought of them being packed up by someone else. The others appreciate how hard this must have been, but Lilian says it gave her something to do. Adam hugs her. Alice can't get in touch with Ruairi – she just hopes he'll listen to his messages.

Tony goes upstairs to Brian, and makes the mistake of sitting where Jennifer usually sat. Brian snaps at him, before confessing he's pleased Ruairi hasn't yet had the news. He's lucky – he can carry on a bit longer thinking Jennifer's alive. Tony's attempts at kind words aren't met well, and Brian leaves the cottage. Adam goes after him, but not before Brian's waylaid by Stella. Adam swiftly updates her, requesting space for the family. Sympathetic Stella confirms she'll take care of the farm.

Alice collects Martha from Chris, taking comfort from her and appreciating Chris's attentive kindness. She reassures him she knows what to do if she feels tempted to drink. She's very worried Ruairi still doesn't know what's happened. She doesn't have an address for him, though she's sure she could find it. Chris offers to drive her to London tonight.

**MON 19:15 Front Row (m001hf3p)**

The play Lemons Lemons Lemons Lemons; conductor Alice Farnham; the short film An Irish Goodbye.

Jenna Coleman (Clara in Dr Who) and Aidan Turner (Poldark) are appearing in a new production of Lemons Lemons Lemons Lemons at The Harold Pinter Theatre in London's West End, before touring to Manchester and Brighton. Playwright Sam Steiner tells Samira Ahmed about his romantic comedy in which the characters are restricted to speaking just 140 words a day. And the director, Josie Rourke, talks about bringing the play to the stage, and how, in the theatre, language isn't everything.

Alice Farnham, one of Britain's leading conductors and the co-founder and artistic director of Women Conductors with the Royal Philharmonic Society, shares insights from her new book, In Good Hands- The Making of a Modern Conductor.

And the filmmaking duo Tom Berkeley and Ross White join Samira to discuss their Bafta nominated short film An Irish Goodbye.

Presenter: Samira Ahmed  
Producer: Julian May

Image: Aidan Turner as Oliver and Jenna Coleman as Bernadette in Lemons Lemons Lemons Lemons Lemons at The Harold Pinter Theatre

**MON 20:00 The Boat Smugglers (m001hf3y)**

The recent rise in migrant boat crossings between France the UK is being fuelled in part by the more sophisticated methods gangs are using to source the boats

Last year when they investigated the smuggling gangs for BBC Radio 4, reporter Sue Mitchell and former British soldier and aid worker, Rob Lawrie, were alongside border force officials as they seized all manner of dinghies used in the crossings. Today that haul looks very different: the makeshift supply has been replaced by a sophisticated business which sees boats manufactured in Turkey and transported across Europe to the beaches of France.

This streamlined supply chain is big business and it's enabled the gangs to rapidly expand the trade: bigger boats made specifically for these crossings are mass manufactured in Turkey and shipped straight into the hands of smugglers. It's a complicated dodging of laws as they're transported across Europe, with authorities slow to react. And it promises to thwart whatever deals are secured between Britain and France to intercept the Channel crossings themselves.

**MON 20:30 Crossing Continents (m001h4c4)**

A Return to Paradise

In 2018 the town of Paradise in the hills of northern California was wiped out by one of the worst wildfires in California's history. The disaster made headlines around the world - regarded as a symbol of the dangers posed by climate change. So what does the future hold for communities like Paradise in a region increasingly threatened by wildfire? Four years on, Alex Last travelled to Paradise to meet the survivors who are rebuilding their town.

Photo: A home burns as the Camp fire tears through Paradise, California on November 8, 2018. (Josh Edelson /AFP via Getty Images)

Reporter and producer: Alex Last  
Sound mix: Rod Farquar  
Series Editor: Penny Murphy  
Production coordinator: Iona Hammond

**MON 21:00 Is Psychiatry Working? (m001h3y1)**

Crisis

Although psychiatry helped writer Horatio Clare when he was in crisis, some people in difficulty, their families, clinicians, psychologists and psychiatrists themselves will tell you there are serious questions about the ways psychiatry understands and treats people in trouble. And so this series asks a simple question: is psychiatry working. In the following series, accompanied by the psychiatrist Femi Oyebo, Horatio traces a journey through crisis, detention, diagnosis, therapy, and recovery. In this first episode they look at how psychiatry responds to those in crisis.

If you need support with mental health or feelings of despair, a list of organisations that can help is available at BBC Action Line support:

Mental health & self-harm: <https://www.bbc.co.uk/programmes/articles/1NGvFrTqWChr03LrYlw2HkK/information-and-support-mental-health-self-harm>  
Suicide/Emotional distress: <https://www.bbc.co.uk/programmes/articles/4WLS5NlwrjSXR2n8Snszdg/information-and-support-suicide-emotional-distress>

or you can call for free to hear recorded information on 0800 066 066.

Presenters: Horatio Clare and Femi Oyebo  
Producer: Emma Close  
Editor: Clare Fordham  
Sound Mix: James Beard

**MON 21:30 Start the Week (m001hf10)**

[Repeat of broadcast at 09:00 today]

**MON 22:00 The World Tonight (m001hf4d)**  
Nadhim Zahawi's tax problem

Also:

The award-winning author Patrick Radden Keefe

And Japan's PM says his country is "on the brink"

**MON 22:45 Act of Oblivion by Robert Harris (m001hf4v)**  
Episode 6

It's 1660. Following the death of Oliver Cromwell, and the failure of his son Richard to run the Protectorate, the monarchy

has been restored and Charles II is on the throne. As the divided nation attempts to heal, an Act of Oblivion is passed, granting amnesty to all for their parts in the Civil War.

But a select group have been excluded from this amnesty - those men who signed the death warrant of Charles I.

Two such regicides - Ned Whalley and his son-in-law William Goffe - have fled to America. But even across the Atlantic they are not safe, so long as Richard Naylor of the Regicide Committee seeks retribution.

Episode Six  
Naylor has landed in Boston and is putting together a search party to hunt for Ned and Will.

Author Robert Harris, the master of plotting, is well known for his best-selling fiction, including 'Fatherland', 'Enigma', 'The Ghost Writer', 'Archangel' and 'An Officer And A Spy'. 'Act of Oblivion' is his fifteenth novel.

Writer: Robert Harris  
Reader: Jamie Parker  
Abridger: Jeremy Osborne  
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

**MON 23:00 Word of Mouth (m001h49p)**  
Band names

Bob Stanley from Saint Etienne talks band names, from the (subjectively) rubbish to the brilliant, along with some of the best origin stories.

Producer Sally Heaven

**MON 23:30 Today in Parliament (m001hf57)**  
All the news from today's sitting at Westminster.

**TUESDAY 24 JANUARY 2023**

**TUE 00:00 Midnight News (m001hf5r)**  
The latest news and weather forecast from BBC Radio 4.

**TUE 00:30 Wise Gals by Nathalia Holt (m001hh2c)**  
[Repeat of broadcast at 09:45 on Monday]

**TUE 00:48 Shipping Forecast (m001hf68)**  
The latest weather reports and forecasts for UK shipping.

**TUE 01:00 Selection of BBC World Service Programmes (m001hf6r)**  
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

**TUE 05:20 Shipping Forecast (m001hf78)**  
The latest weather reports and forecasts for UK shipping.

**TUE 05:30 News Briefing (m001hf7p)**  
The latest news from BBC Radio 4

**TUE 05:43 Prayer for the Day (m001hf86)**  
A spiritual comment and prayer to begin the day with Fr Dermot Preston

Good morning.

The Swedish inventor, Alfred Nobel, was reading the morning newspaper at his home in Paris. It was 1888 and his older brother, Ludvig, had just died and Alfred wanted to see what the papers had to say.

Alfred opened the newspaper only to realise that they were mistakenly announcing his death, not Ludvig's.

It was an easy mistake – there were four Nobel brothers and all were businessmen and inventors. Ludvig, had made a vast amount of money revolutionising the European oil industry; Alfred, however, had moved into chemistry and had made a pot of cash inventing both dynamite and gelignite.

So Alfred, started to read his own obituary. The headline: "The Merchant of Death is Dead".

It was a sobering piece; the obit raised against the immorality of the man whose inventions had not just revolutionised engineering and construction, but had industrialised war and death.

Alfred was shocked to realise this was his ambiguous legacy. In the remaining 8 years of his life, his focus changed and he eventually signed-over 95% of his fortune to the establishment of the Nobel prizes for science, literature and peace.

The founder of the Jesuits, St Ignatius of Loyola, suggests a meditation for anyone who finds themselves at a crossroads of a big life-decision with no clear way forward. Ignatius says, imagine yourself on your deathbed: look back at the crossroads and ask yourself the question – what decision would you have liked to have made?

Lord, sometimes we sleepwalk through life with a narrow view of reality and a distorted understanding of good and bad. Help me this day to broaden my horizons, to minimise the bad and enhance the good.

Amen.

**TUE 05:45 Farming Today (m001hf8q)**  
All week we're taking a closer look at the UK's fishing industry. It was supposed to be a major beneficiary of Brexit. However fishing fleets across the country say although they can now catch more fish overall, current conditions mean they are still struggling. We report from Fraserburgh Fish Market where fishermen say one of the biggest problems they face is staff shortages. Scottish fishing boats were forced to leave 15 thousand tonnes of small haddock in the sea last year due to a reduction in on shore processing workers. The Northern Ireland Fish Producers Organisation wants the government to delay the introduction of new visas: instead of existing transit visas, which have enabled international fishermen to work on UK boats, in future they'll need a 'skilled worker' visas which includes passing an intermediate English language test.

The debate around how we use land, is becoming ever more complicated, as homes, food, energy and mitigating climate change, are all pressing concerns. Recent figures show arable land prices rose 12 percent in 2022, partly due to higher grain prices following the war in Ukraine but there's also been a trend for more institutions to invest in land. We hear from Tony Juniper, head of the Environment Agency and the Green Alliance who are publishing a report on communities and land use.

Presenter = Anna Hill  
Producer = Rebecca Rooney

**TUE 05:58 Tweet of the Day (b04hkyk)**  
King Eider

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Miranda Krestovnikoff presents the Arctic specialist the king eider duck. Relatives of the larger common eider found around the British coast, king eiders breed around the Arctic and sub-Arctic coasts of the northern hemisphere. As true marine ducks they can dive to depths of 25 metres on occasion, to feed on molluscs and marine crustaceans. The drake King Eider has colourful markings; having a black and white body with a reddish bill, surmounted by an orange-yellow shield. His cheeks are pale mint-green and his crown and nape are lavender-grey. He uses his bill pattern and head colours in a highly ritualised display to woo his mate, fluffing up his chest and issuing an amorous coo-ing call.

Producer : Andrew Dawes

**TUE 06:00 Today (m001hf67)**  
News and current affairs, including Sports Desk, Weather and Thought for the Day.

**TUE 09:00 The Life Scientific (m001hf6q)**  
Rebecca Kilner on beetle behaviours and evolution

A fur-stripped mouse carcass might not sound like the cosiest of homes – but that's where the burying beetle makes its nest; and where Rebecca Kilner has focused much of her research. A Professor of Evolutionary Biology at the University of Cambridge, Rebecca's work – initially with cuckoos, then more recently with the beetles – has shed invaluable light on the relationship between social behaviours and evolution. She tells Jim Al-Khalili how the beetles' helpfully swift generational churn and mouse-based parenting has allowed her team to study evolution in action, demonstrating for the first time what was previously just evolutionary theory.

Producer: Lucy Taylor

**TUE 09:30 One to One (m001hf76)**  
Grief: Ramita Navai and Mary-Frances O'Connor

Ramita Navai is a foreign affairs journalist who investigates

human rights abuses and conflict around the world. She has reported from war zones and hostile territories in over forty countries, and although good at compartmentalising the trauma she's witnessed, nothing could prepare her for the grief she felt when her own father died three years ago.

In this episode, she speaks to Mary-Frances O'Connor, an associate professor at the University of Arizona, who runs the grief, loss and social stress (Glass) lab, which explores the effects of grief on the brain and the body. Together, they talk about the impact of grief on the mind and body, and how to navigate through it.

Produced by Caitlin Hobbs for BBC Audio

**TUE 09:45 Wise Gals by Nathalia Holt (m001hh2l)**  
Episode 2

In the wake of World War II, four agents were critical in helping build a new organization that we now know as the CIA.

Adelaide Hawkins, Mary Hutchison, Eloise Page, and Elizabeth Sudmeier, called the "wise gals" by their male colleagues because of their sharp sense of humour and even quicker intelligence, were not the stereotypical femme fatale of spy novels. They were smart, courageous, and ground-breaking agents at the top of their class, instrumental in both developing innovative tools for intelligence gathering - and insisting (in their own unique ways) that they receive the credit and pay their expertise deserved.

Through their friendship and shared sense of purpose, they rose to positions of power and were able to make real change in a traditionally "male, pale, and Yale" organisation.

Wise Gals sheds a light on the untold history of the women whose daring foreign intrigues, domestic persistence, and fighting spirit have been and continue to be instrumental to US security.

Read by Nicola Stuart-Hill

Written by Nathalia Holt  
Abridged by Polly Coles

Produced by Clive Brill  
A Brill production for BBC Radio 4

**TUE 10:00 Woman's Hour (m001hf82)**  
The cost of being single. Zara Aleena's murder & probation service failings, menopause and the workplace

An independent review into Zara Aleena's murder found a catalogue of errors by the probation service. HM Chief Inspector of Probation Justin Russell who conducted the review joins Nuala McGovern along with Zara Aleena's aunt Farah Naz.

According to new research being single comes at a price. Single people pay, on average, £860 a month more than people living in couples. So why does it cost an extra £10k per year to live as a single person? And is the independence and freedom that some single people feel worth the price tag? Nicola Slawson is a journalist and founder of The Single Supplement. There's been a long running campaign for working women going through the menopause to get better protection. This morning the government has announced it won't make the menopause a protected characteristic, in the same way things like age and sex are - despite a recommendation from MPs that it should be. The government is commissioning more research into the subject, and cheaper and better access to HRT. But is this enough? Reporter Melanie Abbott gives us the full details of the government's response to calls for more protection. And campaigner Helen Garlick from Henpicked tells us she is calling for more action.

A new study will examine the disproportionate number of female teachers developing asbestos related diseases. Backed by teaching unions, it's hoped the findings will put more pressure on the government to take action on asbestos in school buildings. Nuala will be talking to Joint General Secretary of the National Education Union, Dr Mary Bousted, and one woman who lost her mother – a teacher for many years - to asbestos related lung cancer, mesothelioma.

Presenter: Nuala McGovern  
Producer: Lucinda Montefiore

**TUE 11:00 The Curious Cases of Rutherford & Fry (m001hf8l)**  
Series 21

The Puzzle of the Pyramids

The Great Pyramids of Giza are awesome feats of engineering and precision. So who built them - and how? Was it a mysteriously super-advanced civilization now oddly extinct? Was it even aliens?

Nah, course not! Rutherford and Fry investigate how these inspiring monuments were really constructed, and learn about the complex civilisation and efficient bureaucracy that made them possible.

Professor Sarah Parcak busts the myth that they were built by slaves. In fact, she reveals, it was gangs of well-paid blokes fuelled by the ancient Egyptian equivalent of burgers and beer. And Dr Chris Naunton explains how it was not some mysterious tech, but incredible organisation and teamwork which made it possible to transport massive stone blocks over long distances several thousand years before trucks arrived.

Dr Heba Abd El Gawad points out how racism led to bizarre assumptions in the history of archaeology, and how those assumptions linger in contemporary conspiracy theories which refuse to accept that Egyptians could have built the pyramids themselves!

Presenters: Hannah Fry and Adam Rutherford  
Contributors: Professor Sarah Parcak, University of Alabama, Dr Chris Naunton, Egyptologist and broadcaster, Dr Heba Abd El Gawad, University College London  
Producers: Ilan Goodman & Emily Bird

#### **TUE 11:30 In Time to the Music (m001hf90)**

My Funny Valentine

In Time to the Music is the story of a piece of music, song, an air or melody travelling through time as a folk tune, a theatre melody, a hymn, a composition, a symphony - reinterpreted across years, centuries or millennia through revival, musical revolution, social fashions or archaeological discovery.

We examine why certain tunes have managed to reach out over time, across genres, class, race and continents, how some are reimagined by oppressors even though they were written by its oppressed, how melodies from earlier periods are borrowed by subsequent composers, and how these illusive musical engravings change genre - from hymn to reggae, from court song to rock and roll - all with the passage of time.

The first episode explores the journey of My Funny Valentine from Broadway musical in 1937 to Chet Baker's theme tune in 1954 and its most recent variations with R&B artist Justina Valentine, Norwegian singing prodigy Angelina Jordan, and Brooklyn based, Neo-Soul singer Hadassah. The programme also examines other music that has travelled through time.

Featuring musicologists Professor Laura Tunbridge and Professor Richard Dumbrell, writer Will Friedwald, jazz pianist and educator Gareth Williams and jazz singer Ian Shaw.

Written and Presented by Andrew McGibbon

Assistant Producer: Saul Sarne

Producer: Nick Romero

A Curtains For Radio production for BBC Radio 4

#### **TUE 12:00 News Summary (m001hf9g)**

The latest national and international news from BBC Radio 4.

#### **TUE 12:04 You and Yours (m001hf9s)**

Call You and Yours: How is your energy company dealing with you?

On today's Call You and Yours we're asking: "How is your energy company dealing with you?"

The Business Secretary Grant Shapps has written to all energy companies telling them to stop forcibly installing pre-payment meters when people struggle to pay their bills.

He said energy firms should help customers who are finding it difficult to manage.

Are you finding your bills a challenge? How has your energy supplier responded?

Have you had a pre-payment meter installed against your wishes?

Tell me - How is your energy company dealing with you?

Email youand yours@bbc.co.uk

You can call 03700 100 444 after 11am.

PRESENTER: FELICITY HANNAH  
PRODUCER: LYDIA THOMAS

#### **TUE 12:57 Weather (m001hfb2)**

The latest weather forecast

#### **TUE 13:00 World at One (m001hfb)**

Forty-five minutes of news, analysis and comment, with Sarah Montague.

#### **TUE 13:45 Buried (m001hfb)**

2. A Scene of Horror

Dan and Lucy visit Mobuoy, and reveal the audacious scam of how criminals dumped a million tonnes of waste. But there's worse, as they learn what was buried.

"All you have to do... is dig it up."

A trucker's deathbed tape plays out. It's urgent, desperate.

In this BBC Radio 4 podcast series, investigative journalists Dan Ashby and Lucy Taylor deep-dive into one of the worst environment crimes in UK history - the secret dumping of a million tonnes of waste near a city. But when they uncover missing documents, fears of toxicity and allegations of organised crime, they realise they've stumbled into something much bigger. As they pick at the threads of one crime, they begin to see others. Could Britain be the home of a new mafia, getting rich on our waste?

In a thrilling ten-part investigation, the husband-and-wife duo dive into a criminal underworld, all the time following clues left in a deathbed tape. They're driven by one question - what did the man in the tape know?

Presenters and Producers: Dan Ashby and Lucy Taylor  
Assistant Producer: Tess Davidson  
Original Music and Sound Design: Phil Channell  
Sound Design and Series Mixing: Jarek Zaba  
Executive Producers: Phil Abrams and Anita Elash  
Commissioning Editor: Dan Clarke

A Smoke Trail production for BBC Radio 4

#### **TUE 14:00 The Archers (m001hf3f)**

[Repeat of broadcast at 19:00 on Monday]

#### **TUE 14:15 Drama (m001hfb)**

Back Home

By May Sumbwanyambe. Noreen returns to her native Zambia after 20 years in the UK. As the head of a wildlife charity she's come back to give a speech about animal conservation in Africa but her family - who haven't seen her since she left as a young student - want to talk about difficult issues closer to home.

Noreen ..... Rakie Ayola  
Mwemba ..... Adam Courting  
Moses ..... Ben Onwukwe

Producer/director: Bruce Young

May Sumbwanyambe researched and wrote the play while he was a Leverhulme Trust artist-in-residence at the Leverhulme Centre for Anthropocene Biodiversity, University of York, and research assistance was provided by Molly Brown.

#### **TUE 15:00 Short Cuts (m001hfc2)**

Series 33

Fatherhood

Memories, love and snot. Josie Long presents short documentaries and audio adventures exploring the labyrinth of fatherhood.

An Occasion for Tears  
Produced by Mike Williams

In Third Person (For my son)  
Written and read by Raymond Antrobus

Are You Here?  
Produced by Axel Kacoutié

Curated by Axel Kacoutié, Eleanor McDowall and Andrea Rangecroft  
Produced by Axel Kacoutié  
A Falling Tree production for BBC Radio 4

#### **TUE 15:30 A Thorough Examination with Drs Chris and Xand (p0d127x3)**

Series 2: Can I Change?

8. Changing our environment

Most of us would like something about ourselves or our lives to be different, but how easy is it to actually change?

Drs Chris and Xand van Tulleken are looking at whether people can change and how they do it. Exactly how much of any aspect of personality is genetic destiny and how much are we shaped by the world around us?

Chris wants to be a better doctor, friend, husband and father. But most urgently he wants to be a better brother, and is determined to improve his relationship with Xand. They're best friends and talk to each other every day, but they are also business partners who find it very hard to work together without having a visceral row.

Chris wants to change how he relates to his brother and believes it is possible, but Xand is less convinced that we can or that he needs to change. In this series, Chris confronts that pessimism.

In episode 8 - Changing Our Environment - Xand convinces Chris to come into his pottery shed and give it a whirl. Working together has historically resulted in heated arguments, so it's time for Chris to act on what he's learnt about improving his relationship with Xand. The twins consider how easy it is to roll out change on a large scale and ask Will Norman how he manages to implement change in the face of opposition.

Presented by Drs Chris and Xand van Tulleken  
Produced by Hester Cant and Alexandra Quinn  
Series Editor: Jo Rowntree  
A Loftus Media and van Tulleken Brothers Ltd production for BBC Radio 4

#### **TUE 16:00 Word of Mouth (m001hfc)**

Grammar Table

Ellen Jovin is a grammar and language fan. Her book Rebel With A Clause: Tales and Tips From A Roving Grammarian details her travels with her Grammar Table. Keen to engage with people face to face rather than online Ellen purchased a fold up table and set off on a road trip around the United States setting up on street corners and waiting for people to talk to her. The idea was that people could come and ask her about language and grammar without being made to feel stupid. Common questions included when to use commas and semi-colons and the right way to say 'nuclear' (think George Bush). Although she had lots of fun on her trip and met many interesting people along the way, Ellen's main intention is to help people with written and spoken English presentation in their public and working lives without the need for grammar books.

Producer: Maggie Ayre

#### **TUE 16:30 Great Lives (m001hfc)**

Adjoa Andoh on Zora Neale Hurston

Actor Adjoa Andoh has a list of TV, theatre and film credits as long as your arm. She's best known worldwide as Bridgerton's Lady Danbury, and is due to direct - and star in the title role - in a new production of Richard III. Her great life is the 20th century American writer and anthropologist Zora Neale Hurston, author of "Their Eyes Were Watching God".

An iconic figure in the literature of the jazz age, her name was all but forgotten after her death in 1960, before being pulled back into public consciousness in the US by "The Color Purple" author Alice Walker, who famously wrote: "A people do not throw their geniuses away".

With the help of fellow enthusiast Dr Janine Bradbury, Senior Lecturer in Contemporary Writing and Culture at the University of York, Adjoa makes the case that we should all know more about Zora, a trailblazer who - on top of her writing career - researched zombies in the Caribbean and helped collect the stories of slavery's last survivors.

Presenter: Matthew Parris  
Producer: Beth Sagar-Fenton

#### **TUE 17:00 PM (m001hfcq)**

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

#### **TUE 18:00 Six O' Clock News (m001hfcv)**

The BBC has seen evidence that children at some care homes in Doncaster were abused.

#### **TUE 18:30 Phil Ellis Is Trying (m0007scd)**

Series 2

Mickstown

Phil signs up to a special class at the gym in order to impress Ellie. The class promises to "cleanse your mind gutters". But as it's run by Mick the Chinese Herbalist it's also there to empty your wallet. Meanwhile, Polly has become a community support

support-officer. First task: to capture a pigeon that's been terrorising Parbold.

Written by Phil Ellis and Fraser Steele.

Starring:

Phil Ellis as Phil  
Johnny Vegas as Johnny  
Amy Gledhill as Polly  
Terry Mynott as J-Dawg/Al Pacino  
Katia Kvinge as Ellie  
Sunil Patel as HQ/Follower  
and with special guest star Mick Ferry as Mick the Chinese Herbalist

Produced by Sam Michell

A BBC Studios production

#### TUE 19:00 The Archers (m001hfer)

Kate and Jakob drink cocoa at Willow Cottage. Kate hopes her dad's getting some sleep. Jakob looks at a photo of a younger Kate at a road protest, which Jennifer had framed. He thinks Kate looks amazing; her mum must have clearly admired her stance to have kept the photo. They laugh over photos of Kate as a schoolgirl, just before she got expelled. This is news to Jakob. Kate counters that Erik was news to her – Jakob hadn't give her much information about him at all. Jakob comments he'd noticed that wine was missing from his house, but was gratified to find the place tidied almost to his standard when he returned. Kate confesses this might have been Rex. Kate acknowledges through all her troubles her mum never stopped being there for her. As Kate talks about her mum's life and potentially missed opportunities, Jakob hypothesises that Jennifer perhaps wished she could be more like Kate. Kate cries; she wishes she'd been able to thank her mum. Alice and Chris track down Ruairi at his London apartment and give him the news. Profoundly shocked, Ruairi lashes out in his anguish, shouting at them to leave his apartment. Julianne emerges from the bedroom and makes them tea. She calms Ruairi, suggesting he goes back to Ambridge with Alice. Alice and Chris think the situation's weird, but are relieved to get Ruairi away. Ruairi makes them promise not to tell anyone about Julianne. They agree, and Alice reassures Ruairi they haven't come to spy on him but to bring him home.

#### TUE 19:15 Front Row (m001hfcz)

Artist John Akomfrah, Oscar Nominations, Arts Council England responds

John Akomfrah was announced today as the artist chosen to represent the UK at the next Venice Biennale - the world's biggest contemporary art exhibition. Known for his films and video installations exploring racial injustice, colonial legacies, migration and climate change, he discusses why watching a Tarkovsky film as a teenager opened his mind to the possibilities of art.

Film critics Jason Solomon and Leila Latif discuss the nominations for this year's Oscars, which are led by Everything Everywhere All At Once, The Banshees of Inisherin, and All Quiet on the Western Front.

Darren Henley, Arts Council England Chief Executive, responds to criticism the organisation has been facing since its new funding settlement was announced last November.

Presenter: Tom Sutcliffe  
Producer: Emma Wallace

Main Image: John Akomfrah at his London studio, 2016  
© Smoking Dogs Films; Courtesy Smoking Dogs Films and Lisson Gallery.

#### TUE 20:00 File on 4 (m001hfd3)

Learning to survive: The School Fighting the Cost of Living Crisis

This episode tells the story of a primary school on the frontline of the cost of living crisis, a school doing more than most to make sure children are fed, warm and have somewhere safe to go home to at night.

File on 4 spent several months recording at Ingol Community Primary in Preston. It's in one of the most deprived areas in England; more than half of their pupils are on pupil premium - additional state funding aimed at closing the attainment gap between poorer pupils and their peers - but that's not their only challenge.

This school is going to exceptional lengths to make sure families survive the cost of living crisis this winter, all while battling unprecedented pressure on the school's own finances. Will they be able to make ends meet and still provide all this extra help for families?

Reporter: Alys Harte  
Producer: Ben Robinson  
Journalism Assistant: Tim Fernley  
Technical Producer: Richard Hannaford  
Editor: Carl Johnston

#### TUE 20:40 In Touch (m001hfd7)

Guide Dog Waiting Lists: Blind Ice Hockey

This week, we put guide dog waiting lists under the spotlight.

John Welsman is canine affairs lead for the charity "Guide Dogs". He joins us to discuss waiting times and the outlook for those on the list. We're also joined by BBC news reporter Sean Dilley who shares his feelings following the retirement of Sammy, his faithful guide dog of over eight years. And we speak to Isabel Holdsworth who tells us about the experience of training her own guide dog.

We also take another trip into the world of blind sport.

Nathan Tree is a keen blind ice hockey player. We report on an event he recently hosted in Oxford which gave visually impaired people the opportunity to get on the ice and try it out for themselves. We hear from some of those who gave it a go and also from Nathan about his ambitions to raise the profile of the sport.

Presenter: Peter White  
Producer: Fern Lulham  
Production coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image, wearing a dark green jumper. Above Peter's head is the BBC logo (three individual white squares house each of the three letters). Bottom centre and overlaying the image are the words "In Touch" and the Radio 4 logo (the word Radio in a bold white font, with the number 4 inside a white circle). The background is a bright mid-blue with two rectangles angled diagonally to the right. Both are behind Peter, one of a darker blue and the other is a lighter blue.

#### TUE 21:00 Inside Health (m001hfd0)

Is a fungal pandemic possible?

James Gallagher asks whether the next pandemic might be an invasive fungi? Most people think of athlete's foot or fungal toe nails but the World Health Organisation recently issued the first ever list of life threatening fungi. James hears stories of hospitals being shut down, a ruined honeymoon and fungal infections that consume human tissue leaving terrible disfigurement. Add to that 'The Last of Us' a hit video game turned new TV series where a parasitic fungus manipulating the brains of ants has jumped to people. Sounds fanciful but while this particular fungus couldn't cross from ants to humans, Dr Neil Stone explains why invasive fungal infections are on the rise and a potential pandemic should not be dismissed. Producer, Erika Wright

#### TUE 21:30 The Life Scientific (m001hfd6)

[Repeat of broadcast at 09:00 today]

#### TUE 22:00 The World Tonight (m001hfdc)

Germany on verge of supplying Ukraine with tanks

Also:

Big changes to Ukraine government after corruption claims.

Guillermo del Toro on his Oscar nomination.

And Alzheimer's ambassador Dame Arlene Phillips.

#### TUE 22:45 Act of Oblivion by Robert Harris (m001hfdh)

Episode 7

It's 1660. Following the death of Oliver Cromwell, and the failure of his son Richard to run the Protectorate, the monarchy has been restored and Charles II is on the throne. As the divided nation attempts to heal, an Act of Oblivion is passed, granting amnesty to all for their parts in the Civil War.

But a select group have been excluded from this amnesty - those men who signed the death warrant of Charles I.

Two such regicides - Ned Whalley and his son-in-law William Goffe - have fled to America. But even across the Atlantic they are not safe, so long as Richard Nayler of the Regicide Committee seeks retribution.

Episode Seven

Ned and Will are on the run, and Nayler and his search party are getting ever closer.

Author Robert Harris, the master of plotting, is well known for his best-selling fiction, including 'Fatherland', 'Enigma', 'The Ghost Writer', 'Archangel' and 'An Officer And A Spy'. 'Act of Oblivion' is his fifteenth novel.

Writer: Robert Harris  
Reader: Jamie Parker  
Abridger: Jeremy Osborne  
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

#### TUE 23:00 Small Scenes (m0002z4f)

Series 4

Episode 4

Award-winning sketch series set to music and starring Daniel Rigby, Mike Wozniak, Cariad Lloyd, Henry Paker and Freya Parker. This week a man discovers that his real name is Ian and his life starts to spiral into chaos. Meanwhile, a young woman exposes a dark conspiracy at the heart of West End musicals.

Written by Benjamin Partridge, Henry Paker and Mike Wozniak, with additional material from the cast.

Produced by Simon Mayhew-Archer.

A BBC Studios production.

#### TUE 23:30 Today in Parliament (m001hfdm)

Sean Curran reports as MPs question ministers on Probation Service mistakes in the case of Zara Aleena.

### WEDNESDAY 25 JANUARY 2023

#### WED 00:00 Midnight News (m001hfdr)

The latest news and weather forecast from BBC Radio 4.

#### WED 00:30 Wise Gals by Nathalia Holt (m001hh2l)

[Repeat of broadcast at 09:45 on Tuesday]

#### WED 00:48 Shipping Forecast (m001hfdw)

The latest weather reports and forecasts for UK shipping.

#### WED 01:00 Selection of BBC World Service Programmes (m001hffo)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

#### WED 05:20 Shipping Forecast (m001hff4)

The latest weather reports and forecasts for UK shipping.

#### WED 05:30 News Briefing (m001hff8)

The latest news from BBC Radio 4

#### WED 05:43 Prayer for the Day (m001hffd)

A spiritual comment and prayer to begin the day with Fr Dermot Preston

Good morning.

The parish priest was visiting my parents when I was home from University.

I was passing through the kitchen when he made a remark about something, and I picked it up – giving a slightly alternative view. He responded pleasantly and it led to a short, interesting conversation.

I thought nothing more about it until he had gone, and my mother re-found me and tore strips off me – how dare you argue with the Parish Priest?? I didn't know I had been arguing with the parish priest!

But it made me think about how we can be over-polite regarding religious things. And in particular, we can carry that same over-politeness into our prayer – we park God in the front-parlour, ply him with tea & cake and say nothing that might raise an eyebrow.

The best film portrayal of prayer comes from the musical 'Fiddler on the Roof'. Tevye, a Jewish Russian peasant, peppers his day with conversational remarks to heaven. In one scene, the horse has gone lame and Tevye reflects on his life and prays to God: "It's enough you pick on me – bless me with five daughters, a life of poverty... that is all right. But what have you got against my horse??"

Such prayers – called ‘arrow prayers’ by St Augustine... shot by an archer into the clear blue sky – are foundational to any living spirituality. Liturgy and formal worship are good and important, but the tap-root of Christian prayer should be honest and very personal. In the words of St Teresa of Avila: “Prayer is nothing else than being on terms of friendship with God.”

Lord, in the challenges of this coming day, help me to speak freely with you as I would speak heart-to-heart with a friend.

Amen.

#### WED 05:45 Farming Today (m001hffj)

25/01/23 25/01/23 Burning heather on peatlands; Fishing apprenticeships

A new study has found that small-scale burning of heather on peatlands can be beneficial to ground nesting birds, and the peat itself. The practice of burning heather has been controversial - it's sometimes supported by managers of grouse-shooting moorland, but opposed by many conservationists. The study will span 20 years and is now half way through. It compares three different management techniques - controlled burning, mowing, and no-management. We speak to Associate Professor Andreas Heinemeyer, from the Stockholm Environment Institute at the University of York who's led the research.

Experts from the Wildlife Trusts however, say peatlands are vital for carbon capture, and bogs should not be managed for heather. They say heather's a sign of peatland that's dried out and the best way to manage them is to re-wet them. They don't want any burning of vegetation on peatland at all.

All week we're looking at the fishing industry. Recruiting more UK workers is a problem for the sector. A new Fishers Apprenticeship hopes to attract more young people. The programme is a collaboration between the fishing industry and South Devon College, and is open for applicants right now. We speak to a fishing company in Brixham who are looking for apprentices and South Devon College who'll be teaching them.

Presenter = Anna Hill  
Producer = Rebecca Rooney

#### WED 05:58 Tweet of the Day (b03dx944)

Twite

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Martin Hughes-Games presents the Twite. Twites are birds of heather moorland and crofting land - a Scottish name is "Heather linnie", as they nest in the shelter of wiry heather clumps and feed on seeds. To see twites, you'll need to visit some of our most scenic spots; the Scottish Isles, the moorlands of northern England or the western Irish coast.

#### WED 06:00 Today (m001hf8w)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

#### WED 09:00 More or Less (m001hf95)

Coffee with the chancellor, inflation measures, GP numbers and toilet paper

Jeremy Hunt has pledged in a new social media video to halve the UK's high rate of inflation. Tim Harford and the team fact check the Chancellor's claims. Also – CPI, CPIH, RPI – which measure of inflation is best for assessing the impact of the rising cost of living? Plus has the number of GPs in England gone up or down since the start of the pandemic. And does toilet paper cause 15% of global deforestation?

Presenter: Tim Harford  
Series Producer: Jon Bithrey  
Reporters: Josephine Casserly, Nathan Gower, Louise Hidalgo, Charlotte McDonald  
Sound Engineer: James Beard  
Production Co-ordinator: Helena Warwick-Cross  
Editor: Richard Vadon

#### WED 09:30 Just One Thing - with Michael Mosley (m001hf9h)

Try Tai Chi

If you're looking to add more exercise into your lifestyle why not consider Tai Chi. It's an ancient Chinese martial art – it's sometimes called “meditation in motion”. It's a series of different postures that gently flow into each other in slow movements. One of the big benefits to Tai Chi is that it can significantly enhance the activity of our immune system. And although it looks gentle, it can be a surprisingly good workout! Michael Mosley speaks to Dr. Parco Siu from the University of Hong Kong, who has been studying the health benefits of Tai

Chi for over a decade. His research has revealed that Tai Chi can lead to faster brain benefits than other exercises. He also found that Tai Chi was as effective as conventional exercise like moderate-intensity aerobic exercise or muscle strengthening activities for reducing body weight and visceral fat!

#### WED 09:45 Wise Gals by Nathalia Holt (m001hh2g)

Episode 3

In the wake of World War II, four agents were critical in helping build a new organization that we now know as the CIA.

Adelaide Hawkins, Mary Hutchison, Eloise Page, and Elizabeth Sudmeier, called the “wise gals” by their male colleagues because of their sharp sense of humour and even quicker intelligence, were not the stereotypical femme fatale of spy novels. They were smart, courageous, and ground-breaking agents at the top of their class, instrumental in both developing innovative tools for intelligence gathering - and insisting (in their own unique ways) that they receive the credit and pay their expertise deserved.

Through their friendship and shared sense of purpose, they rose to positions of power and were able to make real change in a traditionally “male, pale, and Yale” organisation.

Wise Gals sheds a light on the untold history of the women whose daring foreign intrigues, domestic persistence, and fighting spirit have been and continue to be instrumental to US security.

Read by Nicola Stuart-Hill

Written by Nathalia Holt  
Abridged by Polly Coles

Produced by Clive Brill  
A Brill production for BBC Radio 4

#### WED 10:00 Woman's Hour (m001hfb4)

Bridget Phillipson MP, Catherine Newman, Chanel Contos, Rachel Thompson, Karen Krizanovich, Baroness Altmann

The conservatives and Labour party appear to be agreed on one issue on the political agenda – that is childcare. Both parties realise it will be a key battleground in the general election with polling suggesting it is of particular concern in some of the red wall seat which the conservatives need to hold onto if they are to stay in government. The UK's childcare system is one of the most expensive in the world and ranked one of the least effective according to a recent report by UNICEF. Shadow Education Secretary Bridget Phillipson joins Nuala McGovern in the studio to discuss her party's plans for reform which she says will compare with Aneurin Bevan's creation of the National Health Service.

What is the role of a best friend at a deathbed? ‘We All Want Impossible Things’ a new novel by Catherine Newman is funny and rude as well as very sad and it's a celebration of all sorts of love. Ash's best friend is dying and her heart is breaking but life does go on, until it stops. Catherine Newman joins Nuala to explain what inspired the book

When she was 19, Chanel Contos was playing a drinking game with friends. Someone asked ‘what's the kinkiest thing you like to do during sex?’ Her 17-year-old friend replied, ‘It's not really that kinky, but I guess choking.’ Now 24, and listed as one of the BBC's 100 Women, Chanel wants to challenge the normalisation of sexual choking (and other acts such as spitting or slapping). She's joined on the programme by writer Rachel Thompson, author of Rough: How Violence Has Found Its Way Into the Bedroom and what We Can Do about it. They discuss why these acts are so prevalent, and whether women and girls are feeling pressured into them.

Could the state pension age be raised again from 67 to 68 and what would it mean for women? We talk to the former pensions minister and conservative peer Baroness Ros Altmann.

And we hear the latest about female nominations at the Oscars with film critic Karen Krizanovich.

Presenter: Nuala McGovern  
Producer: Lisa Jenkinson  
Studio Manager: Donald McDonald

#### WED 11:00 I'm Not a Monster (p0dn65mx)

The Shamima Begum Story

Series 2: 3. Double Agent?

The man who smuggled Shamima Begum to Syria claims he was spying for Canada. What's the truth? And could she and her school friends have been stopped from reaching the Islamic State group?

Reporter: Josh Baker  
Written by: Josh Baker and Joe Kent  
Producers: Josh Baker, Sara Obeidat and Joe Kent  
Field producers: Hussam Hammoud  
Composer: Firas Abou Fakher  
Theme music: Sam Slater and Gunni Tynes  
Mix and sound design: Tom Brignell  
Production coordinator: Janet Staples  
Series Editor: Jonathan Aspinwall  
Head of Long Form Audio: Emma Rippon  
Commissioning Executive: Dylan Haskins

ARCHIVE:

SKY News: New Footage 'Of British IS Schoolgirls' (March 2015)

#### WED 11:30 Oti Mabuse's Dancing Legends (m001hfbk)

Olga Muller

Oti Mabuse shows her appreciation for the dancers and choreographers who have transformed the dancing world.

In today's episode, she is joined by choreographer, presenter (and also big sister) Motsi Mabuse. Motsi developed a successful professional career including winning the German Championship before moving to become a judge on Let's Dance in Germany and Strictly Come Dancing in the UK.

Motsi has worked with various dancers and choreographers in her career, but she says the person who has had the greatest influence on her is Olga Muller.

Olga is a former World Latin Champion who was celebrated during the 1990s as one of the figureheads of competitive German dance. Motsi and Oti, who were both trained by Olga, go down a personal memory lane as they reminisce about their time under her tutelage in the dance studio.

The dance adjudicator Colin James helps to tell the story of Olga's life and career, and Oti is joined in the studio by her husband, the dancer Marius Lepure, to learn a routine inspired by this dancing legend.

Presenter: Oti Mabuse  
Producer: Candace Wilson  
Editor: Chris Ledgard  
A BBC Audio Bristol production for BBC Radio 4

#### WED 12:00 News Summary (m001hfzm)

The latest national and international news from BBC Radio 4.

#### WED 12:04 You and Yours (m001hfc1)

Amazon deliveries; New-build homes; Second-hand department store

We return to the astonishing story about Amazon customers who claim they've been sent cheap products like pet food and toiletries instead of the expensive electronics they've ordered like iPhones, iPads and Macbooks. Dozens of listeners have contacted You and Yours this week about the difficulty they've had in getting their money back after receiving the wrong products. Our reporter, Jon Douglas, speaks to people who say they bought expensive items direct from Amazon but when their parcel arrived, there was something very different inside. Unexpected products included mugs, a torch, baby wipes, firefighters, a handheld fan, a box of Lego, ketchup, an ice pack, a candle, convector heaters, soap, and make-up brushes.

Housing developers say they've seen a slowdown over the past six months in the number of people reserving new build properties. Barratt Developments, the biggest housing developer in the UK is putting this down to political and economic uncertainty alongside rising mortgage rates. We hear from a listener who is house hunting and considering buying a new build home. We also speak to Charlie Lamdin, founder of bestagenc.co.uk and host of a moving house podcast and David O'Leary from the House Builders Federation.

We look at how more of us are buying second hand and how this fast growing market is expected to expand this year. We speak to Wayne Hemingway, the fashion designer and founder of the British brand, Red or Dead, about his idea to open the first department store for second hand clothes in London, this Friday. We also hear from Maria Chenoweth, the Chief Executive of the sustainable clothing charity TRAITD, who has been working with Wayne to get it off the ground.

Presenter: Peter White  
Producer: Tara Holmes

#### WED 12:57 Weather (m001hfc7)

The latest weather forecast

#### WED 13:00 World at One (m001hfcf)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

**WED 13:45 Buried (m001hfc)**  
3. A One-Man Mission

Who was Joe Ferguson? His family say he was a man on a mission. But something bothered him about Mobuoy, even after the dump was exposed. What did he know?

"All you have to do... is dig it up."

A trucker's deathbed tape plays out. It's urgent, desperate.

In this BBC Radio 4 podcast series, investigative journalists Dan Ashby and Lucy Taylor deep-dive into one of the worst environment crimes in UK history - the secret dumping of a million tonnes of waste near a city. But when they uncover missing documents, fears of toxicity and allegations of organised crime, they realise they've stumbled into something much bigger. As they pick at the threads of one crime, they begin to see others. Could Britain be the home of a new mafia, getting rich on our waste?

In a thrilling ten-part investigation, the husband-and-wife duo dive into a criminal underworld, all the time following clues left in a deathbed tape. They're driven by one question - what did the man in the tape know?

Presenters and Producers: Dan Ashby and Lucy Taylor  
Assistant Producer: Tess Davidson  
Original Music and Sound Design: Phil Channell  
Sound Design and Series Mixing: Jarek Zaba  
Executive Producers: Phil Abrams and Anita Elash  
Commissioning Editor: Dan Clarke

A Smoke Trail production for BBC Radio 4

**WED 14:00 The Archers (m001hfer)**  
[Repeat of broadcast at 19:00 on Tuesday]

**WED 14:15 Drama (m000nl4)**  
Bottled

Katy's a normal teenager wrapped up with school, friends and new boyfriend Bradley. But when Katy's new stepdad Brian comes on the scene, her life starts to fall apart, as Brian's hold over Katy's mum Sharon gets stronger. Can Katy keep hold of her identity, and her fragile family?

The story of a girl determined to keep her voice in the face of domestic abuse.

CAST:  
Katy.....Ashna Rabheru  
Sharon.....Clare Corbett  
Brian.....Richard Corgan  
Bradley.....Michael Ajao  
Mr Morris/Bailiff.....Carl Prekopp  
Coreen.....Hayley Wareham

Written by Hayley Wareham  
Directed by Anne Isgar

If you've been affected by the issues raised in this programme, details of organisations offering information and support with domestic abuse are available at [bbc.co.uk/actionline](http://bbc.co.uk/actionline), or you can call for free, at any time to hear recorded information on 0800 888 809

**WED 15:00 Money Box (m001hfc)**  
Money Box Live: Your Mortgage

In this special programme we'll answer questions on mortgages, from interest rates to what to do if you're struggling to afford yours. Perhaps you're looking to move or you need to re-mortgage this year - this is the podcast for you.

The experts on the panel are, David Mendes Da Costa, Principal Policy Manager at Citizen's Advice, Charles Roe, Director of Mortgages at UK Finance and Sonya Matharu, Senior Mortgage Broker at The Mortgage Mum.

Presenter: Felicity Hannah  
Producer: Amber Mehmoed  
Editor: Jess Quayle

(First broadcast 3pm Wednesday 25 January, 2023)

**WED 15:30 Inside Health (m001hfd0)**  
[Repeat of broadcast at 21:00 on Tuesday]

**WED 16:00 Thinking Allowed (m001hfd4)**  
Religion of Work and Welfare

The religion of work and welfare: Laurie Taylor explores the way in which our understanding of jobs and joblessness has become entangled with religious ideologies. He's joined by Tom Boland, Senior Lecturer in Sociology at University College, Cork, who argues that Western culture has 'faith' in the labour market as a test of the worth of each individual. For those who are out of work, welfare is now less a means of support than a means of purification and redemption where job seeking becomes a form of pilgrimage.

Also, Carolyn Chen, Professor of Ethnic Studies at the University of California, Berkeley, explores how the restructuring of work is transforming religious and spiritual experience in late capitalism. She spent five years conducting an ethnographic study in Silicon Valley and found that tech companies have brought religion into the workplace, in ways that replace churches, temples, and synagogues in workers' lives and satisfy needs for belonging, identity, purpose, and transcendence. What happens when work replaces religion and are there wider lessons for workers beyond the niche world of high tech?

Producer: Jayne Egerton

**WED 16:30 The Media Show (m001hfd8)**  
The Story Behind the Nadhim Zahawi Scoop

The story of Nadhim Zahawi's tax affairs was broken thanks to the work of journalists and investigators. Katie Razzall meets two of them. Also in the programme, why Netflix has bought its first Welsh language crime drama.

Guests: Anna Isaac, City Editor, The Guardian, Dan Neidle, Founder, Tax Policy Associates, Adrian Bate, Co-founder, Vox Pictures, and Llinos Griffin-Williams, Chief Content Officer, S4C.

Presenter: Katie Razzall

Producer: Helen Fitzhenry

**WED 17:00 PM (m001hfd)**

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**WED 18:00 Six O' Clock News (m001hfdn)**

Berlin has bowed to months of international pressure to supply Kyiv with Leopard 2 tanks

**WED 18:30 Conversations from a Long Marriage (m000rdlm)**  
Series 2

If You Go Away

Conversations from a Long Marriage is a two-hander, starring Joanna Lumley and Roger Allam, as a long-married couple who met in the Summer of Love and are still passionate about life, music and each other. We listen to – and empathise with - their dangling 'conversations' covering everything from health scares, jealousy and confessions, to TV incompatibility and sourdough bread.

In EPISODE 4, Joanna has a health scare and tells Roger that she's frightened they'll both die before HS2 is completed and 'I don't want to be in a world if we are not in it.' He struggles to respond with a sensible answer. Then they both receive very bad news.

Written by Jan Etherington. Produced and directed by Claire Jones. Production co-ordinator Beverly Tagg. A BBC Studios Production.

**WED 19:00 The Archers (m001hfd)**

Pat tells Tony that Lillian's very jittery, convinced she could have done something more to prevent Jennifer's death. She thinks Tony could ease this situation by confessing what he knows. Tony's not sure. He talks to Lillian, entreating her not to blame herself for not being with her sister all the time on their trip. He can promise her it wouldn't have made any difference. Tony admits that Jennifer had confided in him that she was ill, and he was sworn to secrecy. Lillian's shocked and hurt. Why did Jennifer choose Tony – what about her, Lillian? Tony and Pat try to convince Lillian that it wasn't because Jennifer didn't trust her, more that she wanted to spare her having it at the back of her mind. When it's clear Pat knew too, Lillian's incensed. The two of them let her go away with Jennifer without telling her! Stung, Lillian leaves.

The Aldridge siblings are gathered at Willow Cottage. Adam arranges flowers while Kate heats some food in the hope of tempting her dad to eat. Alice can't persuade Ruairi to join

them – he's in his room pleading uni work. Adam stumbles on some doctors' notes relating to his mum, which lists aortic stenosis as an existing condition. Brian admits he'd known since November. He explains Jennifer didn't want to tell the family, or have surgery – they'd been through enough. As the siblings bicker, snipe and apportion blame, Ruairi comes in. He tells Alice Jenny's had the last laugh keeping her secret. And without her they're already falling apart.

**WED 19:15 Front Row (m001hfdx)**

Mel C on dancing with Jules Cunningham, film-maker Laura Poitras, musician Rasha Nahas

Melanie C, aka Sporty Spice, is best known for being in one of the most successful girl groups of all time. But this week she's swapping the pop world for the dance world and performing a new contemporary piece by the choreographer Jules Cunningham at Sadler's Wells. Melanie C and Jules Cunningham discuss their collaboration, How Did We Get Here?

Rasha Nahas is a Palestinian singer-songwriter who was born in Haifa and now lives in Berlin. She tells Samira about her new album, Amrat, which is her first album in Arabic, and which explores nostalgia, sense of place, and the importance of authentic instrumental music.

Film-maker Laura Poitras talks about her new documentary, All the Beauty and the Bloodshed, which has been nominated for this year's Academy Awards. Following the photographer Nan Goldin's campaign against Purdue Pharma, owned by the Sackler family, for their part in the opioid crisis, the film paints an intimate portrait of Goldin's life, work and activism.

Presenter: Samira Ahmed  
Producer: Eliane Glaser

Photo of Mel C, Harry Alexander and Jules Cunningham credit: Camilla Greenwell

**WED 20:00 Moral Maze (m001hff1)**  
Human Maturity

Nicola Sturgeon has argued for a wider debate on teenagers' rights, as she defended plans to allow 16-year-olds to change their legal gender in Scotland. Each society settles on its own thresholds to determine when a person is old enough to make informed decisions about matters including voting, having sex or drinking alcohol. This is a collective agreement about the legal point at which human beings reach maturity. But what is human maturity in moral terms?

Aristotle warned against trusting the judgments of the young, saying, "they have exalted notions, because they have not been humbled by life or learned its necessary limitations". Meanwhile, psychological studies suggest that the period of adolescence among Gen Z has extended – '25 is the new 18' – which means that 'adult' roles and responsibilities now occur later than in their once did. All this is evidence, according to some, that teenagers' judgments are less likely to be sound than their elders, and rather than expecting them to be political beings, we should allow them to be kids. Conversely, there are those who argue that younger generations have been failed by a system that is rigged to favour the interests of older people; that they should play more of an active role in our democracy because their concerns are the concerns of the future; and that they are more likely to make better judgements about society because they are far more connected to the world and aware of their own values than previous generations.

Should we trust children and teenagers to make good judgments about the future? Or, if active citizenship is the preserve of adulthood, what is an adult?

Producer: Dan Tierney.

**WED 20:45 Four Thought (m001hff5)**  
Stand Up for Irish Travellers

Martin Warde is the first Irish Traveller to become a professional comedian. In this talk he recounts his early years travelling before his family settled down and he and his brothers attended school in Galway. His school days weren't easy, he and other traveller boys were treated differently. One teacher however inspired him to pursue his dream of being a performer. Now as a writer and comedian focussing on Traveller life Martin examines the surprising ways people in which respond to his material - both travellers and the settled community. Martin argues it's important to engage in comedy that can make you feel uncomfortable.

**WED 21:00 A Thorough Examination with Drs Chris and Xand (p0d127x3)**  
[Repeat of broadcast at 15:30 on Tuesday]

**WED 21:30 The Media Show (m001hfd8)**

[Repeat of broadcast at 16:30 today]

**WED 22:00 The World Tonight (m001hff9)**

Germany and US make "gamechanger" offer to Ukraine

Also:

Should transgender women be held in women's prisons?

Alcohol ban in Alice Springs.

And Sesame Street co-founder dies.

**WED 22:45 Act of Oblivion by Robert Harris (m001hfff)**

Episode 8

It's 1660. Following the death of Oliver Cromwell, and the failure of his son Richard to run the Protectorate, the monarchy has been restored and Charles II is on the throne. As the divided nation attempts to heal, an Act of Oblivion is passed, granting amnesty to all for their parts in the Civil War.

But a select group have been excluded from this amnesty - those men who signed the death warrant of Charles I.

Two such regicides - Ned Whalley and his son-in-law William Goffe - have fled to America. But even across the Atlantic they are not safe, so long as Richard Naylor of the Regicide Committee seeks retribution.

Episode Eight

When English warships arrive in Gravesend Bay, Ned and Will must find a new refuge. In England, there are grave events.

Author Robert Harris, the master of plotting, is best known for his best-selling fiction, including 'Fatherland', 'Enigma', 'The Ghost Writer', 'Archangel' and 'An Officer And A Spy'. 'Act of Oblivion' is his fifteenth novel.

Writer: Robert Harris

Reader: Jamie Parker

Abridger: Jeremy Osborne

Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

**WED 23:00 What's the Story, Ashley Storrie? (m001hffk)**

It's Life Jim... But Not As We Know It, or He Said My Name

Growing up surrounded by gangsters and a dysfunctional family, this is the story of Ashley - a tall comedian who loves William Shatner and hates textured fabrics.

Ashley's obsession for films and musicals serves her well as she enters the workforce, leading thousands of children in song and blonde wigs. Her neuro-diversity diagnosis is welcomed and, just like her father, understanding her place on the spectrum opens up new horizons.

Just to top things off, her other father gets in touch for the first time.

Written by Ashley Storrie

Produced by Julia Sutherland

A Dabster production for BBC Radio 4

**WED 23:15 Darren Harriott: Black Label (m0007627)**

Brummie

Recorded in Darren's hometown of Birmingham, Black Label explores the different labels and roles he's been assigned throughout his life - Brummie, gang member, brother and son, bouncer and now comic. Each episode of Black Label consists of incredibly open-hearted stories from the front line of Darren's life - challenging, enlightening and properly funny comedy.

In the final episode of the series, Darren walks us through his experiences as a Brummie and life in the second city. Making a move to London, he looks back at his time growing up in the Black Country.

Written and Performed by Darren Harriott

Photo by Freddie Claire

Produced by Adnan Ahmed

BBC Studios Production

**WED 23:30 Today in Parliament (m001hffm)**

All the news from today's sitting at Westminster.

**THURSDAY 26 JANUARY 2023****THU 00:00 Midnight News (m001hffp)**

The latest news and weather forecast from BBC Radio 4.

**THU 00:30 Wise Gals by Nathalia Holt (m001hh2g)**

[Repeat of broadcast at 09:45 on Wednesday]

**THU 00:48 Shipping Forecast (m001hffr)**

The latest weather reports and forecasts for UK shipping.

**THU 01:00 Selection of BBC World Service Programmes (m001hfft)**

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

**THU 05:20 Shipping Forecast (m001hffw)**

The latest weather reports and forecasts for UK shipping.

**THU 05:30 News Briefing (m001hffy)**

The latest news from BBC Radio 4

**THU 05:43 Prayer for the Day (m001hfg0)**

A spiritual comment and prayer to begin the day with Fr Dermot Preston

Good morning.

This is from a letter written by Cardinal Newman in 1848.

"We can believe what we choose. We are answerable for what we choose to believe."

Belief was a question that intrigued him – how does someone believe in something?

Newman gave a simple example. I might believe that Britain is an island, but how do I KNOW that? I could read it in books, look at photos, talk to people etc... But that is second-hand information: when it comes down to it, the only way I could know that Britain is an island is if I walk the thousands of miles of the shoreline until I get back to that same point on the coast. Then I would KNOW.

Newman pointed-out that such knowledge is quite rare in life; we actually mostly rely on the knowledge that others have attained. In reality, most knowledge is built on faith – we have faith in others that have gone before us. Thus, even science is a matrix built on faith.

Each of us has a role in the healthy matrix of knowledge – we can enhance it by being truthful and trustworthy in our work, families and friends. We can damage it by the opposite. When trust crumbles, we start to look around for beliefs that can fill the gaps. Conspiracy theories abound. So, let us try to make this a day to enhance trust.

Lets finish with a prayer of Newman  
May God support us all the day long, till the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in His mercy may God give us a safe lodging, and a holy rest, and peace at the last.

Amen

**THU 05:45 Farming Today (m001hfg2)**

26/01/23 - The Scottish hunting ban, more detail on English farm payments, rural buses, abuse in migrant fishing crews

The Scottish Government says its Hunting with Dogs Bill, passed by MSPs this week, will end illegal hunts by closing a loophole in the law. It aims to prevent packs of dogs chasing and killing wild mammals, such as foxes and hares. But animal rights organisations say the provision of a licencing scheme leaves a loophole, while land managers say the change is unnecessary and impractical.

The government is clamping down on the abuse of fishing crews; so says the fishing (and farming) minister Mark Spencer.

More options, improved payments, and an accelerated rollout: today more details have been released on England's 'public money for public goods' payment system, and has got a cautious welcome from farmers and conservationists.

And rural transport must change drastically if local bus services are to survive. That was the message yesterday to a special one-off session of Parliament's transport committee.

Presented by Charlotte Smith and produced by Beatrice Fenton.

**THU 05:58 Tweet of the Day (b099xhmg)**

Samuel West on the Dipper

Actor and keen birdwatcher Samuel West on hearing first the call of a dipper above the water of a fast flowing river.

Producer: Tom Bonnett

Photo: Keith Docherty.

**THU 06:00 Today (m001hfp2)**

News and current affairs, including Sports Desk, Weather and Thought for the Day.

**THU 09:00 In Our Time (m001hfpj)**

Superconductivity

Melvyn Bragg and guests discuss the discovery made in 1911 by the Dutch physicist Heike Kamerlingh Onnes (1853-1926). He came to call it Superconductivity and it is a set of physical properties that nobody predicted and that none, since, have fully explained. When he lowered the temperature of mercury close to absolute zero and ran an electrical current through it, Kamerlingh Onnes found not that it had low resistance but that it had no resistance. Later, in addition, it was noticed that a superconductor expels its magnetic field. In the century or more that has followed, superconductors have already been used to make MRI scanners and to speed particles through the Large Hadron Collider and they may perhaps bring nuclear fusion a little closer (a step that could be world changing).

The image above is from a photograph taken by Stephen Blundell of a piece of superconductor levitating above a magnet.

With

Nigel Hussey

Professor of Experimental Condensed Matter Physics at the University of Bristol and Radboud University

Suchitra Sebastian

Professor of Physics at the Cavendish Laboratory at the University of Cambridge

And

Stephen Blundell

Professor of Physics at the University of Oxford and Fellow of Mansfield College

Producer: Simon Tillotson

**THU 09:45 Wise Gals by Nathalia Holt (m001hh2j)**

Episode 4

In the wake of World War II, four agents were critical in helping build a new organization that we now know as the CIA.

Adelaide Hawkins, Mary Hutchison, Eloise Page, and Elizabeth Sudmeier, called the "wise gals" by their male colleagues because of their sharp sense of humour and even quicker intelligence, were not the stereotypical femme fatale of spy novels. They were smart, courageous, and ground-breaking agents at the top of their class, instrumental in both developing innovative tools for intelligence gathering - and insisting (in their own unique ways) that they receive the credit and pay their expertise deserved.

Through their friendship and shared sense of purpose, they rose to positions of power and were able to make real change in a traditionally "male, pale, and Yale" organisation.

Wise Gals sheds a light on the untold history of the women whose daring foreign intrigues, domestic persistence, and fighting spirit have been and continue to be instrumental to US security.

Read by Nicola Stuart-Hill

Written by Nathalia Holt

Abridged by Polly Coles

Produced by Clive Brill

A Brill production for BBC Radio 4

**THU 10:00 Woman's Hour (m001hfpj)**

Launch of the Woman's Hour Power List 2023, Triathlete and screenwriter Lesley Paterson; Chores post Covid

The Woman's Hour Power List for 2023 is here! Last year was a game-changer for the visibility and perception of women in sport in this country and we want to showcase inspirational women – both on and off the field – who are spearheading and building on this momentum to elevate women's sport. We need your suggestions! The chair of judges Jessica Creighton joins

Anita Rani to launch the Power List and explains how you can make your suggestion.

Lesley Paterson is a five times world champion triathlete. She's also a successful screenwriter, who has just been nominated for an Oscar and a BAFTA for Best Adapted Screenplay for the film *All Quiet on the Western Front*. It's taken her sixteen years to get the film made. A woman no stranger to endurance, she explains how she used her prize money from her sporting career to help fund the film. It's now one of this year's biggest contenders at the Oscars and BAFTAs.

A transgender woman in Scotland has been convicted of raping two women in attacks carried out before changing gender. Isla Bryson is now in custody and facing a lengthy jail term - but where that sentence should be served is the subject of heated debate. It has led to concerns about the safety of any women held alongside Bryson in a female prison. The Scottish Prison Service says the decision on where transgender prisoners are housed is taken on a case-by-case basis after appropriate risk assessments. Catriona Renton has been following the case for BBC Scotland News and joins Anita.

Claudia Jones, the woman described as the 'founding spirit' of Notting Hill Carnival, is to be commemorated with a blue plaque this year. The feminist, journalist and political activist is one of five women whose achievements and legacy will be marked by English Heritage. Currently, about 14 per cent of the nearly 1,000 blue plaques honour women. Anita finds out more from the freelance journalist and Editor of Soho House, Sagal Mohammed.

WFH, or the hybrid working week, has become the new norm for many of us in the paid workforce since Covid. But how does this affect the amount of unpaid domestic labour and the sharing of daily chores in UK households? Who does the most in your home – men or women? How happy are you with the division of work? What has changed since the lockdowns? Shireen Kanji, Professor of work and organisation at Brunel University and Oriell Sullivan, Professor of Inequalities of Gender, at the Centre for Time Use Research, University College, London discuss a hypothetical chore calculator: what chores are being inputted daily and what's the emotional result?

Presented by Anita Rani  
Producer: Louise Corley  
Editor: Karen Dalziel

**THU 11:00 Crossing Continents (m001hfq6)**  
Iran Protests: Tales from the front line

Why did people take to the streets, risking arrest and a barrage of bullets?

After protests turned violent and hundreds of people were killed, four Iranians tell the story of why they risked their lives. What has been happening in Iran to drive them out onto the streets to face bullets?

'Agrin' tells Phoebe Keane she's tired of being objectified as a woman, and having no faith that the authorities will take sexual assault seriously when the police themselves are accused of raping prisoners.

Mahsoud tells how he was shot during a protest but feared going to the hospital in case the authorities put him in jail. When plain clothed police loitered outside his family home, he decided to leave Iran. Still bleeding and with a metal pellet lodged in his ear impairing his hearing, he finally made it across the border to Iraq.

'Nazy' tells of being arrested by the morality police while walking to work and being shoved in a van as the heels on her shoes were too high. She started to protest every day and now walks through the streets with her hair blowing in the wind, an act of defiance.

'Farah' remembers a time in Iran when women could dance and sing in public and protests because she wants her daughter to live a life without fear.

Presenter: Phoebe Keane  
Producers: Ed Butler, Ali Hamedani, Khosro Isfahani and Taraneh Stone  
Series editor: Penny Murphy

**THU 11:30 Born in Bradford (m001hdp5)**  
[Repeat of broadcast at 13:30 on Sunday]

**THU 12:00 News Summary (m001hfsy)**  
The latest national and international news from BBC Radio 4.

**THU 12:04 You and Yours (m001hftl)**  
Gap Finders: Blind Beauty founder Hazel Baybasin

This week's Gap Finders interview is with Hazel Baybasin, the founder of Blind Beauty, a skincare brand created for blind and partially sighted people.

The 32-year-old, who lives in London, had been interested in

skincare for years - but it only became her job after a rare condition led to her losing her sight. Frustrated at the difficulty she was facing trying to continue her beauty routine, she decided to produce her own, easily identifiable range.

Her company, Blind Beauty, was launched in 2020 - its products have clear, braille labels, and each one is easily distinguishable by its smell and texture.

Hazel tells us what it's like to start a business in such circumstances with no prior experience - and what the beauty industry needs to do to become more inclusive.

PRESENTER: FELICITY HANNAH  
PRODUCER: TOM MOSELEY

**THU 12:32 Sliced Bread (m001hftq)**  
Petrol

Petrol is something millions of drivers around the UK rely on, but when faced with the choice of what to fill up with at the pumps, many wonder what is the difference between regular and premium unleaded?

That's exactly what listener Irfan wanted to know, and if premium can really deliver on its promises to make your car more efficient, take you further, and clean out your engine for a higher price tag.

Greg Foot drives the investigation into unleaded petrol, what's changed since we moved from E5 to E10 as our standard, what makes premium special, can it take you further, and whether our carbon footprint is better with one than the other?

PRESENTER: Greg Foot  
PRODUCER: Kate Holdsworth

**THU 12:57 Weather (m001hfvq)**  
The latest weather forecast

**THU 13:00 World at One (m001hftg)**  
Forty-five minutes of news, analysis and comment, with Sarah Montague.

**THU 13:45 Buried (m001hfr3)**  
4. Blackleg

In the dead of night, a meeting with a vet, who talks of an eerie event. It leads to a trail of toxins. Could Mobuoy still be a threat?

"All you have to do... is dig it up."

A trucker's deathbed tape plays out. It's urgent, desperate.

In this BBC Radio 4 podcast series, investigative journalists Dan Ashby and Lucy Taylor deep-dive into one of the worst environment crimes in UK history - the secret dumping of a million tonnes of waste near a city. But when they uncover missing documents, fears of toxicity and allegations of organised crime, they realise they've stumbled into something much bigger. As they pick at the threads of one crime, they begin to see others. Could Britain be the home of a new mafia, getting rich on our waste?

In a thrilling ten-part investigation, the husband-and-wife duo dive into a criminal underworld, all the time following clues left in a deathbed tape. They're driven by one question - what did the man in the tape know?

Presenters and Producers: Dan Ashby and Lucy Taylor  
Assistant Producer: Tess Davidson  
Original Music and Sound Design: Phil Channell  
Sound Design and Series Mixing: Jarek Zaba  
Executive Producers: Phil Abrams and Anita Elash  
Commissioning Editor: Dan Clarke

A Smoke Trail production for BBC Radio 4

**THU 14:00 The Archers (m001hfd5)**  
[Repeat of broadcast at 19:00 on Wednesday]

**THU 14:15 Nazis: The Road to Power (m001hfr5)**  
3. The Enemy Is on the Left, the Danger Is on the Right

Footloose in Munich, Harvard-educated Putzi Hanfstaengl finds himself drawn in by Hitler's charisma, quickly becoming one of his entourage, partly thanks to his enthusiastic piano-playing.

But with the whole country in the grip of hyperinflation - pushing wheelbarrows of money to pay for a single loaf of bread - there is a call for a more drastic step, a coup against the federal government. Are the Nazis ready? Can they really wait

any longer?

The Nazis seize power in Munich, now intending to march on Berlin and announce a national dictatorship led by Hitler. But first they must take control of all the police forces and the infantry barracks, and it's essential they shut down the telephone exchange and radio transmitters. It is a night of chaos. And is the Army really on their side or do they have their own coup planned?

Starring Corey Johnson as Putzi Hanfstaengl, Tom Mothersdale as Adolf Hitler and featuring Andrew Woodall as General von Ludendorff.

Cast:  
Putzi Hanfstaengl - COREY JOHNSON  
Adolf Hitler - TOM MOTHERSDALE  
Ernst Röhm - JOSEPH ALESSI  
Emil Maurice - OSCAR BATTERHAM  
Leni Hanfstaengl - MELODY GROVE  
Herman Göring - SCOTT KARIM  
Gustav Ritter von Kahr - MICHAEL MALONEY  
Ulrich Graf - FORBES MASSON  
General Ludendorff - ANDREW WOODALL  
Other parts were played by: EDWARD BENNETT, WILLIAM CHUBB, NICHOLAS FARRELL, GEORGE KEMP, SORCHA KENNEDY, JACK LASKEY and LYNNE MILLER  
The Narrator is JULIET STEVENSON

Sound Designer - ADAM WOODHAM  
Studio Manager - MARK SMITH  
Casting Director - GINNY SCHILLER  
Original Score - METAPHOR MUSIC  
Producer - NICHOLAS NEWTON  
Writer and Director - JONATHAN MYERSON

A Promenade production for BBC Radio 4 and BBC Sounds

**THU 15:00 Open Country (m001hfr7)**  
Seahenge

Seahenge is an extraordinary early Bronze Age timber monument which was found on a beach in North Norfolk. Formed of a giant up-turned tree trunk surrounded by wooden posts, it's believed to have been a place where the dead were laid out. It was originally built on land on the edge of saltmarsh, but shifting sea levels meant that it became swamped by the marsh and was then preserved in a layer of peat. Four thousand years later, with further changes to the coastline around The Wash, it emerged once more - as the waves eroded the peat away, revealing the ancient timbers beneath.

In this programme, Rose Ferraby traces the story of the monument. She meets the man who originally alerted archaeologists to its presence in the sand at Holme-next-the-Sea, and talks to some of the team who worked on the project to excavate it almost a quarter of a century ago. She goes to see the preserved timbers in the museum at King's Lynn, and reflects on what Seahenge reveals about people's relationships with their landscape in prehistory, and how they have adapted to life on this ever-changing coast.

Produced by Emma Campbell

**THU 15:27 Radio 4 Appeal (m001hdm8)**  
[Repeat of broadcast at 07:54 on Sunday]

**THU 15:30 Open Book (m001hdpj)**  
[Repeat of broadcast at 16:00 on Sunday]

**THU 16:00 The Curious Cases of Rutherford & Fry (m001hfr8)**  
[Repeat of broadcast at 11:00 on Tuesday]

**THU 16:30 BBC Inside Science (m001hfr9)**  
Vegetarian school dinners

What if all schools offered only plant-based options for 3 out of 5 lunches a week? Would that be enough to trigger a broader societal shift to eating less meat, and allow us to meet our sustainability commitments?

We're not talking about making school dinners entirely vegetarian — just 3 lunches a week.

We discuss the benefits and practicalities of such a shift with: Tim Lenton, Professor of Climate change at the University of Exeter.

Economist Marco Springmann Senior Researcher, Oxford Martin Programme on the Future of Food, University of Oxford.

Nutritionist Collete Fox from Proveg international an organisation working directly with schools in the UK to encourage the provision of healthier school meals.

And Henry Dimpleby founder of the Leon fast food chain is now an advisor to government, responsible for drawing up national rules on school dinners.

We also visit Barrowford primary in Lancashire, which has successfully rolled out more vegetarian school dinners.

BBC Inside Science is produced in partnership with the Open University.

#### THU 17:00 PM (m001hfrc)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

#### THU 18:00 Six O' Clock News (m001hfrh)

Nadhim Zahawi is facing pressure to explain his multi-million pound tax settlement.

#### THU 18:30 Prepper (m00026x2)

Series 1

Bugging Out

Comedy with Sue Johnston and Pearl Mackie.

Trump. ISIS. The Courgette Crisis. Signs of civilisation's fragility are all around. No wonder the Doomsday Clock just nudged closer to midnight. In this fearscape, more and more ordinary people are wondering how they'd cope if everything we take for granted (law and order, access to healthcare, iceberg lettuces in Sainsburys) was taken away.

Preppers - a large and rapidly growing global community - have taken this thought one step further. They're actively skilling-up, laying down supplies and readying themselves for the end of the world, in whatever form it comes. Indeed, a prepping shop just opened in Newquay. And if people in Cornwall are prepping, it's time to worry.

Imagine if Woman's Hour made a podcast about preparing for the end times. Prepper follows neurotic, debt-ridden Rachel and hard-as-nails 'Churchill in Spanx' Sylvia, working class Mancunians who prep and podcast, sharing knowledge with their community, and showing off just how Armageddon-ready they are.

Told through their podcasts from Sylvia's garage and featuring 'apoco-tips', 'end of days drills' and interviews with preppers from around the world, Prepper comically explores how two mismatched women live with the possibility of the end of days, and how they bond over their determination to survive. And fend off zombies.

Cast:

Sylvia ..... Sue Johnston  
Rachel ..... Pearl Mackie  
Calhoun ..... Simon Holland Roberts

Written by Caroline Moran and James J. Moran

Producer: Steve Doherty

A Giddy Goat production for BBC Radio 4

#### THU 19:00 The Archers (m001hfrk)

Stella's puzzling over whether or not to go ahead with the new drill. Who can she talk to now? Ruth acknowledges it's hard, and agrees Stella needs to know where she stands. Later Stella asks Adam, and he approves the purchase – he's glad Brian's been won over to regenerative farming. He can't see any of them being ready to get back to farming business for some time, so Stella's free to take the reins. It's fraught at Willow Cottage. Adam's frustrated that Brian hadn't spoken with Jennifer about any funeral wishes. Ruairi still feels guilty that he wasn't around enough in recent months. Brian assures emotional Ruairi that Jenny understood, and was proud of him.

David updates Ruth on the secret that was kept about Jennifer's health condition. He's worried, and goes to see Brian. Ruth spots Ruairi and invites him indoors. Ruairi declares he's not getting involved in the blame game his siblings are playing. He hurt Jenny just by being born; he's caused her only pain. Ruth points out the joy he brought Jennifer. But Ruairi feels he doesn't deserve to grieve, and that he doesn't belong in Ambridge.

David finds pensive Brian at the spot where he proposed to Jennifer. He says it was Jenny who made their house a home – and he lost it. He believes the move to Willow Cottage was the final straw for his wife. David affirms it was family that mattered to Jennifer, not property. Brian can't imagine how he's going to go on.

#### THU 19:15 Front Row (m001hfrm)

The Fabelmans and Noises Off reviewed, Joe Cornish on new TV drama Lockwood and Co.

Tom Sutcliffe is joined by critics Karen Krizanovich and Michael Billington to review The Fabelmans and the 40th anniversary production of Noises Off.

Steven Spielberg's new film, The Fabelmans, is a portrait of the artist as a young man, chronicling the development of Sam Fabelman, a boy drawn irresistibly to film-making. He finds meaning, and achieves some power, through his art. Critics Karen Krizanovich and Michael Billington assess Spielberg's fictional autobiography.

They also review the fortieth anniversary production of Noises Off, Michael Frayn's farce about a troubled touring company putting on a farce, as it opens in the West End with a cast including Felicity Kendal, Tracy-Ann Oberman and Joseph Millson.

Director Joe Cornish, best known for his sci-fi comedy Attack the Block, talks about heading up a new TV drama series Lockwood and Co. Based on the young adult novels by Jonathan Stroud, it follows a group of teenage ghost hunters.

Presenter: Tom Sutcliffe

Producer: Kirsty McQuire

#### THU 20:00 The Briefing Room (m001hfrp)

How to Fix Britain's Railways

The next round of rail strikes look set to compound long-running problems with Britain's railways. But the problems on the network go far beyond this spate of industrial action. David Aaronvitch asks the experts in The Briefing Room this week the reasons why our rail network has acquired such a reputation for unreliability, and what can be done to put it right.

Contributors:

Christian Wolmar  
Mark Smith  
Jennifer Williams  
Gareth Dennis

Producers:

Kirsteen Knight  
Ben Carter  
Daniel Gordon

Production Coordinators:

Siobhan Reed  
Sophie Hill

Sound mix:

Rod Farquhar

Editor:

Richard Vaden

Image: Train timetable board Credit: Martin Pope via Getty

#### THU 20:30 The Bottom Line (m001hfrf)

Too much choice?

If you've ever felt bamboozled by the sheer range of biscuits at your local supermarket or in a quandy over which pair of headphones to buy from the plethora on offer, then you're not alone.

Studies suggest that consumers can struggle to make decisions when there is too much choice. So how much choice should businesses offer their customers? And how can retailers help us navigate the dizzying array of products out there?

Evan Davis brings together a perfectly chosen group of experts to discuss.

GUESTS

Dr. Paul Marsden, Consumer Psychologist, Business School, London College of Fashion, University of Arts London

Laurence Mitchell, Buying Director, Electricals and Home Technology, John Lewis Partnership

Donna Smith, Managing Director, Thursday Cottage Ltd.

and

Paul Stainton, Retail Consultant, IPLC

PRODUCTION TEAM

Producer: Julie Ball

Researcher: Marianna Brain

Editor: China Collins  
Sound: Rod Farquhar and Neil Churchill  
Production Co-ordinators: Sophie Hill and Siobhan Reed

#### THU 21:00 BBC Inside Science (m001hfr9)

[Repeat of broadcast at 16:30 today]

#### THU 21:30 In Our Time (m001hfpce)

[Repeat of broadcast at 09:00 today]

#### THU 22:00 The World Tonight (m001hfrv)

In-depth reporting, intelligent analysis and breaking news from a global perspective.

#### THU 22:45 Act of Oblivion by Robert Harris (m001hfrx)

Episode 9

It's 1660. Following the death of Oliver Cromwell, and the failure of his son Richard to run the Protectorate, the monarchy has been restored and Charles II is on the throne. As the divided nation attempts to heal, an Act of Oblivion is passed, granting amnesty to all for their parts in the Civil War.

But a select group have been excluded from this amnesty - those men who signed the death warrant of Charles I.

Two such regicides - Ned Whalley and his son-in-law William Goffe - have fled to America. But even across the Atlantic they are not safe, so long as Richard Nayler of the Regicide Committee seeks retribution.

Episode Nine

Years later, Nayler has all but abandoned his search for Ned and Will, until a chance discovery puts him back on the trail.

Author Robert Harris, the master of plotting, is well known for his best-selling fiction, including 'Fatherland', 'Enigma', 'The Ghost Writer', 'Archangel' and 'An Officer And A Spy'. 'Act of Oblivion' is his fifteenth novel.

Writer: Robert Harris

Reader: Jamie Parker

Abridger: Jeremy Osborne

Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

#### THU 23:00 Unsafe Space (m001hfrz)

Series 1

Episode 3

Stylistically fresh-sounding, provocative, unorthodox comedy and debate for the open-minded that firmly ticks the box marked 'thinking outside of other boxes'.

Unsafe Space embraces diversity – especially diversity of opinion across the socio-economic divide. It's a brand new format where comedy meets thought-provoking debate and discussion.

This week, Simon Evans talks to Suha Yassin of education body Pearson Edexcel about poetry and 'woke' changes to the curriculum, with comedy from Alice Marshall (as Titania McGrath), Jake Yapp, Andy Field, Miranda Kane, and Larry and Paul. Meanwhile Andrew Doyle tackles free speech in universities with lawyer Helen Dale, and we set one of Richard Littlejohn's angry newspaper columns to music.

With thanks to Andy Shaw and Comedy Unleashed.

Production Team:

Laura Grimshaw  
Tony Churnside  
Bill Dare

Produced and Directed by Jon Holmes

An unusual production for BBC Radio 4

#### THU 23:30 Today in Parliament (m001hfs1)

Sean Curran reports from Westminster, where the defence minister welcomes the decision by the US and Germany to send tanks to Ukraine.

#### FRIDAY 27 JANUARY 2023

#### FRI 00:00 Midnight News (m001hfs3)

The latest news and weather forecast from BBC Radio 4.

**FRI 00:30 Wise Gals by Nathalia Holt (m001hh2j)**

[Repeat of broadcast at 09:45 on Thursday]

**FRI 00:48 Shipping Forecast (m001hfs5)**

The latest weather reports and forecasts for UK shipping.

**FRI 01:00 Selection of BBC World Service Programmes (m001hfs7)**

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

**FRI 05:20 Shipping Forecast (m001hfs9)**

The latest weather reports and forecasts for UK shipping.

**FRI 05:30 News Briefing (m001hfs6)**

The latest news from BBC Radio 4

**FRI 05:43 Prayer for the Day (m001hfsf)**

A spiritual comment and prayer to begin the day with Fr Dermot Preston

Good morning.

The road from the Caribbean, through the northern Amazon, to the border with Brazil is unpredictable; it is a glorified track - hard and gravelled in the dry season; treacherous and slow in days of rain, when the mud can swallow a tractor.

I made the journey a number of times from Georgetown, the capital of Guyana, to the Brazilian border in the usual overloaded minibus. You go at night to avoid the heat; if you sleep, you do so compressed into place by your fellow passengers.

It was just on the cusp of dawn that our mini-bus stopped for a stretch break. We were deep into the forest. The trees stood quietly, the first light of day filtering through the canopy above our heads.

Most people stayed asleep. I unfolded myself from the cramped bus and stepped out taking deep breaths of the fresh, forest air.

The first beams of direct sunlight began to touch a small jungle clearing in front of me. The light-beams caught the morning dew and unexpectedly lit-up a 200-foot tree in my eyeline; I was startled to see the tree was covered in a thick weaving of huge spider's webs; they curved-out in a train, giving the impression of the tree being wrapped in an immense, macabre wedding dress.

The sight was both frightening and magnificent. It was like suddenly glimpsing the Bride of Frankenstein in your garden. It was literally 'awe-some.'

Then, just as swiftly, the angle of light changed and shadow returned. I don't think anyone else saw the scene.

Lord, sometimes when a day starts my eyes are open but I fail to see. Give me the awareness and sensitivity to catch glimpses of the gifts and glories you offer on this day.

Amen.

**FRI 05:45 Farming Today (m001hfs8)**

27/01/23 - Defra minister on new environmental schemes; Fishing

The secretary of state for the environment, Therese Coffey, has visited a farm in Berkshire to sell the updated version of the SFI - the Sustainable Farming Incentive which will pay English farmers to do good things for the environment, such as maintaining hedgerows or improving soil. It's the first tier of the Environmental Land Management Schemes - ELMs - which offer farmers payments for public goods, rather than direct subsidy, the BPS payments, as has been the case under the EU's CAP.

The scheme's being expanded and that's been broadly welcomed by farmers - who can now get better payments for 280 actions they can take on their land, but conservationists question the level of ambition in the SFI, though welcome news that more projects will be supported under another ELMs scheme, Landscape Recovery.

The main industry bodies representing fishermen in the UK say the industry faces a 'frightening' loss of fishing grounds over the coming decades due to the expansion of protected marines areas and offshore wind farms. The National Federation of Fishermen's Organisations and the Scottish Fishermen's Federation says there should be more engagement with the industry to minimise and mitigate the displacement of fishing activity.

Presenter: Charlotte Smith

Producer: Rebecca Rooney

**FRI 05:58 Tweet of the Day (b096jf3k)**

Stephen Moss on the Great Crested Grebe

In a recollection about his encounters with birds, writer and wildlife programme-maker Stephen Moss recalls his first encounter with what he describes as 'the most beautiful bird' he had ever seen - the Great Crested Grebe.

Producer: Sarah Blunt

Photograph: Tori Andrews.

**FRI 06:00 Today (m001hftz)**

News and current affairs, including Sports Desk, Weather and Thought for the Day.

**FRI 09:00 Desert Island Discs (m001hdn3)**

[Repeat of broadcast at 11:15 on Sunday]

**FRI 09:45 Wise Gals by Nathalia Holt (m001hh2n)**

Episode 5

In the wake of World War II, four agents were critical in helping build a new organization that we now know as the CIA.

Adelaide Hawkins, Mary Hutchison, Eloise Page, and Elizabeth Sudmeier, called the "wise gals" by their male colleagues because of their sharp sense of humour and even quicker intelligence, were not the stereotypical femme fatale of spy novels. They were smart, courageous, and ground-breaking agents at the top of their class, instrumental in both developing innovative tools for intelligence gathering - and insisting (in their own unique ways) that they receive the credit and pay their expertise deserved.

Through their friendship and shared sense of purpose, they rose to positions of power and were able to make real change in a traditionally "male, pale, and Yale" organisation.

Wise Gals sheds a light on the untold history of the women whose daring foreign intrigues, domestic persistence, and fighting spirit have been and continue to be instrumental to US security.

Read by Nicola Stuart-Hill

Written by Nathalia Holt

Abridged by Polly Coles

Produced by Clive Brill

A Brill production for BBC Radio 4

**FRI 10:00 Woman's Hour (m001hftz)**

Holocaust Survivors, Mary Nighy, Dementia and Menopause

During World War Two, a house in Tynemouth was used as a sanctuary for more than 20 Jewish girls fleeing Nazi persecution. They had come to the UK on the Kindertransport. After a BBC investigation, a blue plaque will be unveiled there today, Holocaust Memorial Day, celebrating the house's forgotten past and those that found sanctuary there. Two of the Girls who lived in the house were Ruth David and Elfi Jonas. Anita speaks to their daughters - Margaret Finch and Helen Strange about their mothers and their visit to the house.

Mary Nighy began her acting career at the age of 17, starring in films such as Marie Antoinette and Tormented. The daughter of actors Bill Nighy and Diana Quick, she has since turned director, of TV shows like Industry and Traces but she has just released her directorial debut Alice Darling. The film, starring Anna Kendrick, explores what it might feel like to be trapped inside a coercive, controlling and psychologically abusive relationship. Mary joins Anita Rani to talk about the themes of the film, female friendship and working behind the camera.

Big employers including Tesco, Asda, Natwest and the country's most senior family judge are supporting a scheme that gives time off to parents who are splitting up. A survey of 200 workers by the Positive Parenting Alliance showed that 90 per cent of respondents said that their work was adversely affected. Anita speaks to XY and Sara Davison a divorce coach and author.

How do you differentiate between symptoms of menopause and dementia and when should you be worried? A new brain check-up tool kit from Alzheimer's Research UK is encouraging people to do more to look after their brains to try to reduce their dementia risk. Research shows that women are generally at a greater risk of dementia - outnumbering the number of men who get the disease by 2:1 worldwide. But as women get older and experience the menopause, they may notice a decline in their memory, feel confused and get brain fog. We also hear

about an early study which suggests that HRT may reduce the risk of some women developing Alzheimer's disease.

**FRI 11:00 Is Psychiatry Working? (m001hfw)**

Detention

Although psychiatry helped writer Horatio Clare when he was in crisis, some people in difficulty, their families, clinicians, psychologists and psychiatrists themselves will tell you there are serious questions about the ways psychiatry understands and treats some people in trouble. And so this series asks a simple question: is psychiatry working? In the following series, accompanied by the psychiatrist Femi Oyeode, Horatio traces a journey through crisis, detention, diagnosis, therapy, and recovery. In this episode, they consider detention under the mental health act, travelling to locked wards in Liverpool, hearing from former patients and clinicians, and asking if detention can ever be avoided.

If you need support with mental health or feelings of despair, a list of organisations that can help is available at BBC Action Line support:

Mental health & self-harm: <https://www.bbc.co.uk/programmes/articles/1NGvFrTqWChr03LYw2Hkk/information-and-support-mental-health-self-harm>

Suicide/Emotional distress: <https://www.bbc.co.uk/programmes/articles/4WLS5NlwrySXJR2n8Snsdz/information-and-support-suicide-emotional-distress>

or you can call for free to hear recorded information on 0800 066 066.

Presenters: Horatio Clare and Femi Oyeode

Producer: Emma Close and Lucinda Borrell

Editor: Clare Fordham

Sound Mix: James Beard

**FRI 11:30 Thanks a Lot, Milton Jones! (b0b3cvrh)**

Series 3

Pest Control

It's "Pest Control to Milton Jones", as he becomes an expert in clearing vermin.

Mention Milton Jones to most people and the first thing they think is "Help!". Each week, Milton and his trusty assistant Anton set out to help people and soon find they're embroiled in a new adventure. Because when you're close to the edge, then Milton can give you a push.

"Milton Jones is one of Britain's best gagsmiths with a flair for creating daft yet perfect one-liners" - The Guardian.

"King of the surreal one-liners" - The Times

"If you haven't caught up with Jones yet - do so!" - The Daily Mail

Written by Milton with James Cary (Bluestone 42, Miranda), and Dan Evans (who co-wrote Milton's Channel 4 show House Of Rooms), the man they call "Britain's funniest Milton," returns to the radio with a fully-working cast and a shipload of new jokes.

The cast includes regulars Tom Goodman-Hill (Spamalot, Mr. Selfridge) as the ever-faithful Anton, Josie Lawrence and Ben Willbond (The Thick Of It).

With music by Guy Jackson

Produced and directed by David Tyler

A Pozzitive production for BBC Radio 4.

**FRI 12:00 News Summary (m001hfy)**

The latest national and international news from BBC Radio 4.

**FRI 12:04 AntiSocial (m001hg00)**

Neurodiversity and autism

What is neurodiversity and how has it changed the way we talk about autism? Is it always helpful for people who are autistic and their families? As video app Tik Tok became more and more popular, so too did the use of #Neurodivergent. Videos using this hashtag have racked up 6.6 billion views. Many people who are autistic use this hashtag when posting positive experiences, to help improve understanding amongst their followers. But some say that social media is fuelling an epidemic of people self-diagnosing and that this is damaging for autistic people.

Presenter: Adam Fleming

Producers: Lucy Proctor, Phoebe Keane and Ellie House

Editor: Emma Rippon

**FRI 12:57 Weather (m001hg02)**

The latest weather forecast

**FRI 13:00 World at One (m001hg04)**

Forty-five minutes of news, analysis and comment, with Sarah Montague.

**FRI 13:45 Buried (m001hg06)**

5. The Missing Memo

A memo goes missing - until now. It rallies a community to keep calling for the truth.

"All you have to do... is dig it up."

A trucker's deathbed tape plays out. It's urgent, desperate.

In this BBC Radio 4 podcast series, investigative journalists Dan Ashby and Lucy Taylor deep-dive into one of the worst environment crimes in UK history - the secret dumping of a million tonnes of waste near a city. But when they uncover missing documents, fears of toxicity and allegations of organised crime, they realise they've stumbled into something much bigger. As they pick at the threads of one crime, they begin to see others. Could Britain be the home of a new mafia, getting rich on our waste?

In a thrilling ten-part investigation, the husband-and-wife duo dive into a criminal underworld, all the time following clues left in a deathbed tape. They're driven by one question - what did the man in the tape know?

Presenters and Producers: Dan Ashby and Lucy Taylor  
Assistant Producer: Tess Davidson  
Original Music and Sound Design: Phil Channell  
Sound Design and Series Mixing: Jarek Zaba  
Executive Producers: Phil Abrams and Anita Elash  
Commissioning Editor: Dan Clarke

A Smoke Trail production for BBC Radio 4

**FRI 14:00 The Archers (m001hfrk)**

[Repeat of broadcast at 19:00 on Thursday]

**FRI 14:15 Limelight (m001hg08)**

The Incident at Ong's Hat

The Incident at Ong's Hat - Episode 1: The Incunabula Papers

Sarah Larsen, a yoga instructor, and her friend Charlie Brill went in search of Ong's Hat, a fabled gateway to another dimension. Now Sarah is missing, and maybe this urban legend isn't a legend at all...

Cast:

Charlie - Corey Brill  
Sarah - Avital Ash  
Rodney Ascher - Himself  
Det. Stecco - James Bacon  
Casey - Hayley Taylor  
Ringo - Benjamin Williams  
Kit - Randall Keller  
Denny Unger - Himself  
Joseph Matheny - Himself  
Newscasters: Elizabeth Saydah, Dean Wendt

Created and Produced by Jon Frechette and Todd Luoto  
Inspired by Ong's Hat: The Beginning by Joseph Matheny  
Music by Blue Dot Sessions, Jon Frechette, Chris Zabriskie, Anth ne, Alessandro Barbanera, Blanket Swimming, Macrogramma (under Creative Commons)  
Editing and Sound Design - Jon Frechette  
Additional Editing - Brandon Koffila and Greg Myers  
Special Thanks - Ben Fineman

Written and Directed by Jon Frechette  
Executive Producer - John Scott Dryden

"Ong's Hat Survivors Interview" courtesy of Joseph Matheny  
Visit [thegardenofforkedpaths.com](http://thegardenofforkedpaths.com) and [josephmatheny.com](http://josephmatheny.com)

A Goldhawk production for Radio 4 and BBC Sounds

**FRI 14:45 Understand: The Economy (m001dxv3)**

Series 1

The Economy: 4. Bonds, Gilts, Stocks and Shares

Who lends the government money and why? And what exactly does the stock market do? All those people in the movies shouting at the screens are buying and selling something, but what? Tim Harford explains why government debt isn't always a bad thing and why the prices agreed in a room in London affect the prices you pay for petrol and food. Economic Historian

Victoria Bateman tells the story of the East India Company, one of the first companies to ask for money and in return, give people a share of their profits.

Everything you need to know about the economy and what it means for you. This podcast will cut through the jargon to bring you clarity and ensure you finally understand all those complicated terms and phrases you hear on the news. Inflation, GDP, Interest rates, and bonds. Tim Harford and friends explain them all. We'll ensure you understand what's going on today, why your shopping is getting more expensive or why your pay doesn't cover your bills. We'll also bring you surprising histories, from the war-hungry kings who have shaped how things are counted today to the greedy merchants flooding Spain with silver coins. So if your eyes usually glaze over when someone says 'cutting taxes stimulates growth', fear no more, we've got you covered.

Guest: Professor Wendy Carlin, University College London and Director of CORE Econ (Curriculum Open-access Resources in Economics).

Producer: Phoebe Keane

Researchers: Drew Hyndman and Marianna Brain

Editor: Clare Fordham

Theme music: Don't Fret, Beats Fresh Music

A BBC Radio Current Affairs Production for BBC Radio 4

**FRI 15:00 Gardeners' Question Time (m001hg0c)**

From the Archives: Pests and Diseases

Kathy Clugston dives into the GQT archives for advice on how to deal with pests and diseases.

Past panels share their knowledge on everything from how to get rid of slugs, snails and sciarid flies to whether you should keep your dog from cocking its leg on a privet hedge. In classic GQT style, there's plenty of disagreement about what a pest is or isn't.

And almost 40 years ago, John Humphrys asked if the panel could imagine a move away from using chemicals in gardening. The prophecy that organic gardening would become favourable was, in fact, very accurate.

Also on the programme, in honour of National Plant Health week in May 2022, Pippa Greenwood visited the Royal Botanic Gardens, Kew to see their 'Quarantine Unit'.

Producer: Dominic Tyerman  
Assistant Producer: Rahnee Prescod  
Executive Producer: Louisa Field

A Somethin' Else production for BBC Radio 4

**FRI 15:45 Short Works (m001hg0f)**

The Private Room

In 1941, a military hospital in Ayrshire braces to receive an influx of patients.  
Andrew O'Hagan's story of lost love and enduring hope takes in the Clydebank Blitz, inconstant lovers and the poems of Robert Burns.

Read by Barbara Rafferty  
Producer: Eilidh McCreadie

Andrew O'Hagan is a Booker-nominated writer of novels and non-fiction and editor-at-large for the LRB. An adaptation of O'Hagan's most recent novel, 'Mayflies', was broadcast on BBC1 over Christmas and is available on iPlayer.

**FRI 16:00 Last Word (m001hg0h)**

Howard Baderman, David Crosby, Milly Thompson, Brenda Heywood

Matthew Bannister on

Howard Baderman, the hospital consultant who transformed the discipline of emergency medicine and treated casualties from high profile events like the Kings Cross Tube Fire and the sinking of the Thames river boat The Marchioness.

David Crosby (pictured), the singer and songwriter with the Byrds and Crosby, Stills, Nash & Young whose life went through periods of chaos through drug addiction.

Milly Thompson, the artist who, as a member of the BANK collective, satirised the pretentiousness of the art world.

Brenda Heywood, the archaeologist who was fascinated by the stories behind the building of Hadrian's Wall.

Producer: Neil George

Interviewed guest: James Baderman  
Interviewed guest: Simon Bedwell  
Interviewed guest: Sacha Craddock  
Interviewed guest: Suzanne Heywood

Archive clips used: BBC Radio 4, The World Tonight – King's Cross fire 18/11/1987; BBC One, Breakfast Time – King's Cross fire 19/11/1987; BBC One, The Nine O'Clock News 20/08/1989; BBC One, BBC Breakfast News 03/06/1991; WNYC, Here's The Thing – David Crosby 24/04/2018; BBC Radio 4, Mastertapes – David Crosby (The B-Side) 19/11/2013; BBC Radio 4, Mastertapes – David Crosby (The A-Side) 18/11/2013; Channel 5 News (US) – Today 12/12/1985; AXS TV, The Big Interview with Dan Rather – Crosby, Stills & Nash 07/02/2020.

**FRI 16:30 More or Less (m001hf95)**

[Repeat of broadcast at 09:00 on Wednesday]

**FRI 17:00 PM (m001hg0k)**

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

**FRI 18:00 Six O' Clock News (m001hg0m)**

6 people have been jailed for child trafficking after the arrest of a 14-year-old boy.

**FRI 18:30 The News Quiz (m001hg0p)**

Series 110

Episode 5

Andy Zaltzman is joined by Geoff Norcott, Chris McCausland, Isabel Hardman and Maisie Adam. This week they discuss a taxing week for Nadhim Zahawi, a downer week for levelling up, and the small matter of the end of the world.

Hosted and written by Andy Zaltzman with additional material from Alice Fraser, Davina Bentley, Simon Alcock, and Cameron Loxdale.

Producer: Sam Holmes  
Executive Producer: Pete Strauss  
Production Co-ordinator: Becky Carewe-Jeffries  
Sound Editor: Marc Willcox

A BBC Studios Production

**FRI 19:00 The Archers (m001hg0r)**

Writer, Tim Stimpson  
Director, Jeremy Howe  
Editor, Jeremy Howe

Brian Aldridge ..... Charles Collingwood  
David Archer ..... Timothy Bentinck  
Jolene Archer ..... Buffy Davis  
Pat Archer ..... Patricia Gallimore  
Ruth Archer ..... Felicity Finch  
Tony Archer ..... David Troughton  
Lilian Bellamy ..... Sunny Ormonde  
Alice Carter ..... Hollie Chapman  
Chris Carter ..... Wilf Scolding  
Neil Carter ..... Brian Hewlett  
Ruairi Donovan ..... Arthur Hughes  
Justin Elliott ..... Simon Williams  
Jakob Hakansson ..... Paul Venables  
Adam Macy ..... Andrew Wincott  
Kate Madikane ..... Perdita Avery  
Stella Pryor ..... Lucy Speed  
Julianne Wright ..... Lisa Bowerman

**FRI 19:15 Screenshot (m001hg0t)**

Fat is a filmmaker issue

Brendan Fraser has been garnering standing ovations and awards nominations for his moving performance as a reclusive, morbidly obese teacher in Darren Aronofsky's film *The Whale*.

His physical transformation into the 600lb Charlie, who is fighting for his life and his relationship with his daughter, required Fraser to gain weight and wear gruelling, high tech prosthetics. But in the 21st century, is it still ok to wear a fat suit?

In this week's Screenshot, Mark Kermode and Ellen E Jones explore the history, ethics and changing landscape of fat representation on screen.

Mark talks with writers Kayleigh Donaldson and Guy Lodge about the use of fat suits from Orson Welles to *Friends*, and *The Whale*. And they discuss why Hollywood rewards actors

who undergo extreme physical transformations for their roles.

And Ellen discusses fat icons, the roles available to fat actors and the politics of the F word with podcaster Annie Rose Malamet, and comedian, actor and star of *Strictly*, Jayde Adams.

Also, writer, artist and broadcaster, Scottee picks his favourite viewing moments, in *Viewing Notes*

Producer: Freya Hellier  
A Prospect Street production for BBC Radio 4

**FRI 20:00 Any Questions? (m001hg0w)**

Daisy Cooper MP, Anneliese Dodds MP, Kevin Hollinrake MP, Matthew Parris

Alex Forsyth presents political debate from Darley Abbey Scouts Hall in Derby. On the panel: Deputy Leader of the Liberal Democrats, Daisy Cooper MP; Chair of the Labour Party, Anneliese Dodds MP; Business Minister, Kevin Hollinrake MP; Columnist and broadcaster Matthew Parris.

Producer: Emma Campbell  
Lead broadcast engineer: Chris Hardman

**FRI 20:50 A Point of View (m001hg0y)**

On Communal Living

Rebecca Stott explores some new experiments in collective living.

'I've begun to wonder,' she writes, 'whether our current crises of social care, childcare, energy, climate, housing could be the catalyst that makes some of us rethink the solitary ways we live...to search for more practical, affordable and sustainable alternatives to the nuclear single-family household?'

Producer: Adele Armstrong  
Sound: Peter Boshier  
Production coordinator: Iona Hammond  
Editor: Richard Fenton-Smith

**FRI 21:00 The Reith Lectures (m001g956)**

The Four Freedoms

4. Freedom from Fear

In the last in a series of four lectures examining what freedom means, the foreign affairs and intelligence expert Dr Fiona Hill gives her BBC Reith Lecture on Freedom from Fear. Dr Hill is one of the world's leading experts on Russia, and served as director for European and Russian affairs on President Trump's National Security Council, and in senior intelligence roles for both Presidents Bush and Obama. She will talk about the fear she felt growing up as teenager in the Cold War and living with the threat of nuclear war. Then, she says, the culture of fear was about the Soviet Union, a largely unknown enemy. 40 years later, have we come full circle? She also analyses Russia's war in Ukraine, and what it means for the world.

The programme and question-and-answer session is recorded at John Hopkins University in Washington DC in front of an audience. The presenter is Anita Anand.

The year's series was inspired by President Franklin D Roosevelt's four freedoms speech of 1941 and asks what this terrain means now. It features four different lectures: Freedom of Speech by Chimamanda Ngozi Adichie  
Freedom to Worship by Rowan Williams  
Freedom from Want by Darren McGarvey  
Freedom from Fear by Fiona Hill

Producer: Jim Frank  
Sound Engineers: Rod Farquhar and Neil Churchill  
Production Coordinator: Brenda Brown  
Editor: Hugh Levinson

**FRI 22:00 The World Tonight (m001hg10)**

In-depth reporting, intelligent analysis and breaking news from a global perspective.

**FRI 22:45 Act of Oblivion by Robert Harris (m001hg12)**

Episode 10

It's 1660. Following the death of Oliver Cromwell, and the failure of his son Richard to run the Protectorate, the monarchy has been restored and Charles II is on the throne. As the divided nation attempts to heal, an Act of Oblivion is passed, granting amnesty to all for their parts in the Civil War.

But a select group have been excluded from this amnesty - those men who signed the death warrant of Charles I.

Two such regicides - Ned Whalley and his son-in-law William Goffe - have fled to America. But even across the Atlantic, they are not safe, so long as Richard Nayler of the Regicide Committee seeks retribution.

Episode Ten  
Unrecognised by Frances, Nayler befriends her on the Atlantic crossing and plans to use her to track down and kill her husband.

Author Robert Harris, the master of plotting, is well known for his best-selling fiction, including 'Fatherland', 'Enigma', 'The Ghost Writer', 'Archangel' and 'An Officer And A Spy'. 'Act of Oblivion' is his fifteenth novel.

Writer: Robert Harris  
Reader: Jamie Parker  
Abridger: Jeremy Osborne  
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

**FRI 23:00 Americast (m001hg14)**

We Need To Talk About Congressman George Santos

Lies, lies and more lies.

We chat to Republican and newspaper publisher Grant Lally who's known George Santos for years. Why were the concerns he raised about the freshman congressman ignored?

And what's behind America's long-term weight issues? Public health policy advocate, Rhea Farberman, talks obesity.

Americast is presented by North America editor Sarah Smith, Today host Justin Webb, the BBC's social media and disinformation correspondent Marianna Spring, and North America correspondent Anthony Zurcher.

Email Americast@bbc.co.uk with your questions and comments and send us a message or voice note via WhatsApp, to 03301239480.

Find out more about our "undercover voters" here: <https://www.bbc.co.uk/news/world-us-canada-63530374>.

This episode was made by Phil Marzouk and Alix Pickles. The studio director was Jonny Hall. The assistant editor was Simon Watts. The senior news editor was Sam Bonham.

And is President Biden still in trouble over his handling of classified documents? Or has the discovery of papers at former Vice-President Mike Pence's home got him off the hook?

Americast is presented by North America editor Sarah Smith, Today host Justin Webb, the BBC's social media and disinformation correspondent Marianna Spring, and North America correspondent Anthony Zurcher.

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This episode was made by Phil Marzouk and Alix Pickles. The studio director was Jonny Hall. The assistant editor was Simon Watts. The senior news editor was Sam Bonham.

**FRI 23:30 Today in Parliament (m001hg16)**

All the news from today's sitting at Westminster.