

SATURDAY 01 OCTOBER 2022

SAT 00:00 Midnight News (m001cf6n)

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 The Captain's Apprentice by Caroline Davison (m001bl33)

The Captain's Apprentice Is Revisited

The story of Ralph Vaughan Williams & English folk song concludes. The composer re-visits The Captain's Apprentice after disaster strikes the Norfolk coast in the shape of 1953's catastrophic flood. Poppy Miller reads

Following in the footsteps of Ralph Vaughan Williams, Caroline Davison explores the influence of folk song and the Fens on the composer, in the 150th anniversary of his birth. The reader is Poppy Miller.

Ralph Vaughan Williams was a keen collector of folk songs, and committed to saving these indigenous tunes before they could be forgotten. In 1905 he was in King's Lynn where James 'Duggie' Carter sang 'The Captain's Apprentice'. The tune was beautiful and the melody, harmony and feeling went on to shape Vaughan Williams' future composition. Yet, in stark contrast, the lyrics of this song told a tale of brutal torture at sea. Alongside the story of Ralph Vaughan Williams' passion for folk song and the Fens, Caroline Davison delves into the plight of cabin boys on the high seas who were at the mercy of unscrupulous sea captains. Folk songs are not the only theme examined in this account, we also discover how the landscape of the Fens inspired Vaughan Williams work, and there are glimpses into the composer's personal life, and the times in which he lived.

Caroline Davison has published a novel and a children's book, and was a conservationist in the heritage sector for thirty years. She also performs music and is a singer.

Abridged by Katrin Williams
Produced by Elizabeth Allard

SAT 00:48 Shipping Forecast (m001cf6q)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m001cf6s)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SAT 05:20 Shipping Forecast (m001cf6v)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m001cf6x)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001cf6z)

A spiritual comment and prayer to begin the day with Rabbi Warren Elf

Good morning, Shabbat shalom and Happy New Year.

Happy New Year because the Jewish New Year started this week, the year 5 thousand, 7 hundred and eighty three. At least that is the number of years since the creation of the world according to the Rabbis of old, using the information they gleaned from the Bible. However I would want to agree with this figure in scientific or geological terms.

And that's not the only anomaly in terms of the Jewish year. Our New Year, Rosh Hashanah, is actually the first day of the seventh month of the Hebrew calendar.

The Torah tells us that the first day of the seventh month is holy and a special day. But Torah, our holy scripture, does not tell us why. The early Rabbis, worked out, or maybe chose, that God created the world on that day because it sort of fitted and they probably needed to ascribe some significance to this special day referred to in the Bible.

Either way, we are now in the 10 days we call The Days of Awe, leading up to Yom Kippur, the Day of Atonement. Which means that our New Year is not a time of massive celebration and parties – of course there is food; there is food with every Jewish festival.

But this is a time of year where we can review our lives, say sorry for things we have done wrong and possibly press the reset button! We can return to the lives we want to lead or believe that we should be leading. And today, Shabbat Shuvah, the Sabbath between Rosh Hashanah and Yom Kippur is the day traditionally Rabbis give one of the longest sermons of the year to remind people of our responsibility to repent, and aim to

be better this coming year.

So God, I pray that I do not go on too long today in the synagogue but that I am succinct in encouraging myself and my fellow worshippers to make use of these ten days to review our lives. I pray that You help us to resolve to be the best people we can be and to try to help make our world a better place.

SAT 05:45 Four Thought (m001c6nl)

From Bradford with Love

Crime writer Amit Dhand shares his experiences of growing up in Bradford in the 1980s. His family actively integrated with the local community.

"We simply had to integrate; to talk to the locals, to create friendships. Sharing language and food was a key part of this process. It wasn't optional – it was vital and it is how Bradford succeeded in creating a new future."

But Amit argues some of that willingness to mix has now been lost. In recent times an abandoned redevelopment project known locally as the "hole in the ground" dominated Bradford city centre for years and he says it set life in the city back. Different communities no longer had a space to congregate. Integration is, he argues, an "active process" and in this talk Amit offers solutions from sports, arts and health to get it back on track.

SAT 06:00 News and Papers (m001cp7g)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Ramblings (m001cf29)

Halifax Hikers

Clare goes to Halifax to walk with a group of Muslim men who came together to support each other to become mentally and physically fitter through walking in the countryside around Halifax. One of the things the group enjoys about their town is the ability to be out into beautiful countryside within ten minutes - albeit up some very steep hills! The group's leader is Zaheer Khalil. He is passionate about the benefits of fresh air and walking. He also believes walking is a way of connecting with other people outside of their immediate community. They are a group of professional men who started to find their lives becoming stressful, unhealthy and at times overwhelming. The walks have helped them come together to keep fit and also share problems. They are all passionate about their town and keen to give back to the community in many different ways. They are proud of Halifax's industrial heritage, the contributions made by their elders and their own place in its history.

Their walk begins and ends at the town's magnificent centrepiece The Piece Hall. All together it's 6.2 miles and takes them from the town centre up Trooper Lane to Beacon Hill before they walk along the ridge and drop down into Shibden Valley through the grounds of Shibden Hall, former home of Anne Lister (Gentleman Jack). After a break at the Shibden Mill Inn nestled amongst the trees by a stream, another steep climb takes the group up Lee Lane to Ploughcroft, which offers another panorama of Halifax. There is then a gradual descent back towards the town centre, via Claremount and North Bridge, finishing off in the opulent Georgian splendour of the Piece Hall plaza for the guys' customary chai and samosas.

Producer: Maggie Ayre

SAT 06:30 Farming Today (m001cp7j)

01/10/22 Farming Today This Week: Reaction to Defra's "rapid review" of farm policy

This week farmers in England have been dominated by speculation that the Government may be about to ditch payments for environmental work and revert to money per hectare.

As Defra tries to clarify its "rapid review" of farming policy, we discuss what farmers and environmentalists want to see, to make it all work better.

Presented by Charlotte Smith and produced by Beatrice Fenton.

SAT 06:57 Weather (m001cp7l)

The latest weather reports and forecast

SAT 07:00 Today (m001cp7n)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001cp7q)

Craig David

Craig David joins Julia Bradbury and Richard Coles. The singer-songwriter found fame age 18 with 'Rewind' and over the next 22 years dealt with the highs and lows of fame. Craig talks about his career, overcoming obstacles and rediscovering his good vibes.

Kwesia aka City Girl in Nature grew up in Deptford, an inner city area of London. Growing up Kwesia dealt with violence and trauma but an opportunity to go to the Peruvian Amazon rainforest changed her life and she now works to share her love and passion for the outdoors.

Sandy Nairne was deputy director of London's Tate Gallery back in 1994 when he was woken in the early hours to be told that two Turner paintings, on loan from the Tate, had been stolen in Frankfurt. They were worth £30 million. He became the person responsible for tracking them down, which would take eight and a half years.

Jamie Oliver shares his Inheritance Tracks: (Sittin' On) The Dock Of The Bay by Otis Redding and Only To Be With You by Roachford.

Susannah Constantine made her name as a stylist in What Not To Wear. She talks about her life, from being an 80s IT girl to the impact of her mother's illness, and her own alcoholism.

Craig David's new album 22 is out now and his book What's Your Vibe is out on the 6th October.

Kwesia features in a new podcast called Waterland's from The Wildfowl and Wetlands Trust.

Catching the Art Thieves is on the BBC iPlayer now.

One by Jamie Oliver is out now

Ready for Absolutely Nothing by Susannah Constantine is out now.

Producer: Claire Bartlett

SAT 10:30 You're Dead To Me (p09818wj)

The Tang Dynasty

Greg Jenner is joined by historian Prof Tineke D'Haeseleer and comedian Evelyn Mok in medieval China to explore the Tang Dynasty.

Known as the Golden Age of China, it was the time of China's Emperor Wu, the only woman to hold power in her own right, and Emperor Xuanzong who became so bored with austerity he came up with a unique way to have fun.

A Muddy Knees Media production for BBC Radio 4

SAT 11:00 From Our Own Correspondent (m001cp7t)

Flight from Russia

Russian men have been flooding across the border to escape Vladimir Putin's military draft. Around 10,000 Russian citizens have been entering Georgia every day since the call-up was announced. Rayhan Demytrie meets some of the Russian men crossing the border, after days on the road.

As protests continue across Iran, following the death of a young woman in police custody after she allegedly broke headscarf rules, Rana Rahimpour reflects on how restrictions on women's lives have evolved since the Iranian Revolution of 1979.

Giorgia Meloni is set to be Italy's next Prime Minister, after a convincing victory in last weekend's election. The far-right leader has been quick to denounce the party's historical fascist links - but not all Italians are convinced. Mark Lowen has been looking at how history weighs on Italy, and asks if the country's likely first female Prime Minister will tone down in office.

The strategically well-placed Pacific Islands continue to be a battleground for influence for the US and China. Among the island nations they're courting is Fiji - Suranjana Tewari finds the island nation is looking to a self-sustained future, with the advent of a thriving start up scene.

And finally, we're in the forests of Northern Ukraine where the war has not only taken a human toll but has also had a dramatic effect on an oft-forgotten aspect of life in that country: the rare flora and fauna. Elk, deer, lynx and wolves are all known to live in this remote corner of the continent. Our Security Correspondent Frank Gardner travelled to Ukraine's northern forests to visit a part of Europe few visitors ever see.

Presenter: Kate Adie

Producers: Serena Tarling and Ellie House

Editor: Richard Fenton-Smith

Production Coordinator: Iona Hammond

SAT 11:30 Money Box (m001cp2z)

Energy special: Llandudno live

As energy bills rise, Paul Lewis and the team are in North Wales for a special programme focusing on the cost of living. The team will be joined by guests offering advice and support to those struggling to pay their energy bills, afford the cost of food and manage their money. Broadcasting live from the heart of Llandudno, we'll hear directly from those facing a difficult winter and look at what help is available. Our reporter Dan Whitworth is also in Bethesda, a community leading the way on generating its own energy and learning how to use less.

Presenter: Paul Lewis
Reporter: Dan Whitworth
Researcher: Sandra Hardial
Producer: Clare Worden
Editor: Jess Quayle

(First broadcast 11.30am Saturday 1st October, 2022)

SAT 12:30 The News Quiz (m001cf66)

Series 109

Episode 3

We're in Liverpool this week where Andy is joined by Eleanor Tiernan, Adam Rowe, Stephen Bailey and Sonia Sodha. The panel discuss the Labour Party conference in the city and examine what Keir Starmer is bringing to the table. They also discuss the state of the UK economy and the recent Nord Stream gas leaks.

Hosted and written by Andy Zaltzman with additional material from Alice Fraser, Zoë Tomalin, Sam Picone and Jade Gebbie.

Producer: Georgia Keating
Executive Producer: Pete Strauss
Production Co-ordinator: Ryan Walker-Edwards

A BBC Studios Production

SAT 12:57 Weather (m001cp7x)

The latest weather forecast

SAT 13:00 News and Weather (m001cp7z)

The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001cf6d)

Stephen Flynn MP, Dame Arlene Foster, Ranil Jayawardena MP, James Murray MP

Jonny Dymond presents political debate and discussion from Ringwood School in Hampshire. The panel includes former DUP leader and First Minister of Northern Ireland, Dame Arlene Foster; the SNP's Westminster spokesperson for business, energy and industrial strategy Stephen Flynn MP; the Secretary of State for Environment, Food and Rural Affairs, Ranil Jayawardena; and the shadow financial secretary to the Treasury, James Murray MP.

Producer: Beth Sagar-Fenton
Lead broadcast engineer: Kevan Long
Editor: Chris Ledgard

SAT 14:00 Any Answers? (m001cp81)

Have your say on the issues discussed on Any Questions?

SAT 14:45 39 Ways to Save the Planet (m000z5j2)

Eat Better for the Planet

How to improve mass catering for the planet. Tom Heap considers how changing the menus in schools, hospitals and the armed forces could help in the fight against climate change.

Andy Jones, chair of the Public Sector Catering 100 Group, explains how his own farming family background informs his drive to reduce the amount of meat served in canteens and increase the choice of vegan and vegetarian options. Tom visits hospitals in Nottingham to see the drive in action and joins climate scientist, Dr Tamsin Edwards to consider the carbon impact of a broader shift from beef to beans.

Producer: Anne-Marie Bullock
Researcher: Sarah Goodman

Produced in association with the Royal Geographical Society. Special thanks for this episode to Dr Rosie Robison from Anglia Ruskin University and to Dr Tara Garnett and Dr Peter Scarborough from the University of Oxford.

SAT 15:00 Drama (m001cp83)

Spice

In recent years laboratory-made drugs originally designed to mimic the effects of cannabis, synthetic cannabinoids, have hit the UK's streets and prisons with profound consequences.

Writers Helen Monks and Matt Woodhead gathered testimony from some of those affected to create their powerful verbatim drama telling the story of Spice. With strong language.

Sharon Ruth Everett
Nick Edward Hogg
The Lab Worker Laura Dos Santos
The Vicar David Hounslow
The Housing Support Worker Danielle Phillips
The Man on the Bench Enzo Squillino Jr.

Sound design by Peter Ringrose
Directed by Toby Swift
A BBC Audio Production

Helen Monks and Matt Woodhead are co-artistic directors of LUNG, a verbatim theatre company working closely with different communities to create work that shines a light on political, social and economic issues in modern Britain, using people's actual words to tell their stories.

Details of organisations offering information and support with addiction are available at bbc.co.uk/actionline or you can call for free, at any time to hear recorded information on 08000 155 947.

SAT 16:00 Woman's Hour (m001cp85)

Weekend Woman's Hour: Hilary Mantel's writings on endometriosis, women in politics, nursing, family whatsapp, the orgasm gap

Record numbers of nurses are quitting the NHS in England, according to new data analysis by the Nuffield Trust for the BBC. More than 40,000 have left the health service in the past year. Another report published this week from NHS Providers said the squeeze on pay amid rising inflation is forcing nurses and other staff to stop contributions to their pension, skip meals and take on second jobs. Anita Rani speaks to Molly Case, a clinical specialist nurse, working in the community in South London.

We talk about family WhatsApp group chats. They can be a source of great joy or great annoyance. We speak to author Nina Stibbe and Journalist Nell Frizzell who has been looking into this.

Regarded as one of the greatest English-language novelists of this century, Dame Hilary Mantel was perhaps less well known for her brilliant writing on chronic illness. Throughout her life the author suffered from a severe form of endometriosis. Emma speaks to writer Sarah Perry, author of the Essex Serpent, who has had her own experience of chronic illness and Eleanor Thom, author of Private Parts, how to really live with endometriosis.

Giorgia Meloni's election as the Prime Minister of Italy is just the latest victory for a woman on the right of the political spectrum. The vast majority of European women who have had true executive power come from the right, starting with Margaret Thatcher. Emma speaks to Professor Matthew Goodwin and the academic Costanza Hermanin to discuss why the Left have had fewer female leaders.

'Ladies shall we have some fun?' We speak to sex and relationship expert Oloni, who built an online community by speaking openly about sex and relationships. We discuss her new book, 'The Big O'.

Presenter: Anita Rani
Producer: Surya Elango
Editor: Emma Pearce

SAT 17:00 PM (m001cp87)

Full coverage of the day's news

SAT 17:30 Political Thinking with Nick Robinson (m001cp89)

The Kit Malthouse One

Nick Robinson talks to the new education secretary, Kit Malthouse, about growing up in Liverpool, battling Labour students at university and his priorities for education in England.

SAT 17:54 Shipping Forecast (m001cp8c)

The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m001cp8f)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m001cp8h)

Troops in Lyman had been surrounded by Ukrainian forces as war continues

SAT 18:15 Loose Ends (m001cp33)

Anthony Horowitz, Melissa Thompson, James Yorkston, Louise Mothersole and Rebecca Biscuit, GoGo Penguin, Lissie, Arthur Smith

Clive Anderson and Arthur Smith are joined by Anthony Horowitz, Melissa Thompson, James Yorkston, Louise Mothersole and Rebecca Biscuit for an eclectic mix of conversation, music and comedy. With music from GoGo Penguin and Lissie.

SAT 19:00 Profile (m001cp2g)

Mark Fullbrook

Downing Street's new Chief of Staff, Mark Fullbrook, is not a stranger to politics. He's been the "backroom boy" behind many political campaigns around the world, including Boris Johnson's successful Mayor of London campaigns and President George Bush's unsuccessful re-election bid in 1992. But, until now, Mark Fullbrook has kept his names out of the headlines.

That changed when it was reported that Fullbrook had been questioned as a witness in an FBI inquiry into alleged electoral bribery in Puerto Rico. Then, this week, he became headline news when it was revealed his Downing Street salary was being paid through his own lobbying firm. The publicity comes at a bad time for Prime Minister Liz Truss who is facing economic turmoil following the Chancellor's mini-budget.

So, who is Mark Fullbrook and why do we know so little about him? Mark Coles looks at the life of an influential, yet unheard-of, political figure.

Presenter: Mark Coles
Producers: Diane Richardson and Matt Toulson
Production Co-ordinator: Helena Warwick-Cross
Editor: Richard Vadon
Sound engineer: Rod Farquhar

SAT 19:15 This Cultural Life (m001cp8l)

Glenda Jackson

Actor and former MP Glenda Jackson reveals the influences and experiences that inspired her work on stage and screen. One of the greatest actors of her generation, Glenda won Academy Awards for Women in Love and A Touch Of Class, and was Oscar nominated for Sunday Bloody Sunday. She has also won Tony, Emmy and Golden Globes awards for her theatre and television work. In 1992 she gave up acting to become a Labour MP, winning her seat five times. But in 2016 she returned to the stage, playing King Lear in London and New York, and to television for a BAFTA winning performance as an elderly woman with dementia in Elizabeth Is Missing.

Glenda Jackson recalls her working class upbringing in Birkenhead, and how she won a scholarship to the drama school RADA with help from the manager of the Boots chemists' where she worked at the time. She chooses the director Peter Brook as a major influence on her work, having starred in his radical 1964 stage production of the play Marat/Sade, and the version he subsequently adapted for cinema. She remembers also working closely with the director Ken Russell on several films, including the Oscar-winning Women in Love, adapted from the DH Lawrence novel. Glenda's comic appearances on the Morecambe and Wise Show in the early 1970s are recalled as career highlights. Glenda Jackson also chooses Margaret Thatcher as huge influence on her life and career, as it was the policies of the former Prime Minister which prompted her to give up acting for 23 years while she served as a Labour MP.

Producer: Edwina Pitman

SAT 20:00 Archive on 4 (m001cp8n)

Kate Bush: The Power of Strange Things

To celebrate Kate Bush's sudden and enormous popularity with a whole new generation as well as the 40th anniversary of her revolutionary album The Dreaming, (which Kate called her "I've gone mad" album) Ann Powers, NPR music critic and lifelong Kate Bush fan, tells the story of the rise of the ultimate outsider who inspired a generation of creatives - from writer Jeanette Winterson to Netflix Directors the Duffer Brothers, and Ann herself.

In 1978, a 19 year old Kate Bush became the youngest woman to have a self written number one in the UK with Wuthering Heights. In 2022, now 64, she made musical history again - this time as the oldest female chart topper too, with 1985's Running up that Hill shooting to the top of the charts after capturing the hearts and ears of Generations Z when it was used in Netflix's Stranger Things.

In that series, the song comes to the rescue of leading girl Max - but in this edition of Archive on 4, Ann Powers reveals how Kate Bush's music has been saving and inspiring people for five decades.

Ann charts Kate's remarkable creative odyssey, her incredible ability to distil epic fantastical stories and romances into four-minute pop songs, and her invented new synth sounds.

Punctuated by the songs, including beautiful demo recordings and early BBC Radio and TV appearances, we also hear from the latest generation of singers inspired by Kate Bush, including jazz sensation Cécile McLorin Salvant

Presented by Ann Powers
Produced by Clem Hitchcock
A Just Radio production for BBC Radio 4

SAT 21:00 GF Newman's The Corrupted (b088fmj5)
Series 3

Episode 8

Joseph (Toby Jones) is recovering from a burst ulcer and is desperate to get back to work and save his building development.

GF Newman's The Corrupted weaves fiction with real characters from history, following the fortunes of the Oldman family - from small-time business and opportunistic petty crime, through gang rivalries, to their entanglement in the highest echelons of society. It's a tale revealing the nexus of crime, business and politics woven through the fabric of 20th century greed as even those with hitherto good intentions are sucked into a web of corruption.

Joey Oldman, an uneducated Jewish child immigrant from Russia, has a natural instinct for business and a love of money - coupled with a knack for acquiring it. His wife Cath is as ruthless in both the pursuit of money and the protection of her son, Brian. Joey built his empire with the help of a corrupt bank manager in the 1950s, starting with small greengrocer shops before moving into tertiary banking and property development, dealing with many corrupt policemen on the way - and befriending both Lord Goodman and Margaret Thatcher.

Written by G F Newman
Produced and Directed by Clive Brill
A Brill production for BBC Radio 4.

SAT 21:45 Joe Smith and His Waxworks (b065xk1q)
The Waxy-way

An extraordinary account of a showman's life drawn from his memoirs about touring a rough waxworks show around the southern counties of England in the 1840s. Read by Tony Lidington.

Published in 1896, Bill Smith's memoirs recall his early life working for his Uncle Joe, whose touring waxworks show was well-known at country fairs in the south of England in the middle of the 19th century.

It's an extraordinary story of the hardships of an itinerant performer's life, in an age when the great historical characters from kings to vagabonds, and famous scenes from the Bible, literature and fairy tales were brought to the towns and villages of England by the showmen and storytellers of the travelling fairs.

In today's episode we hear Uncle Joe in action as he describes the execution of King Charles I and the love life of Bluff King Hal in his own inimitable way - with very little regard for historical accuracy.

A Pier production for BBC Radio 4

SAT 22:00 News (m001cp8q)
The latest national and international news from BBC Radio 4

SAT 22:15 Bringing Up Britain (m001cf0m)
Series 15

How can I give my child a healthy relationship with food?

The latest NHS figures for England show the number of young people with a "probable mental disorder" has gone up from one in nine before the pandemic to one in six. So in this four part series of Bringing Up Britain, Anjula Mutanda sets out to explore some of the possible causes of anxiety, and how parents can help their children through them.

In this episode Anjula meets Hannah, a mother of two who feels she was negatively affected by the diet culture she witnessed growing up. She wants her children to take pleasure

in food without feeling guilty but feels society gives parents and children mixed messages about obesity on one hand, and body positivity on the other. So how can we raise children with a healthy, happy relationship with food? To find out Anjula hears from:

Dr Julie Mennella, biopsychologist and expert in early nutritional programming
Jackie Blissett, Professor of Childhood Eating Behaviour and Co-Director of Institute of Health and Neurodevelopment, Aston University
Dr Jason O'Rourke, headteacher of Washingtonborough Academy Primary School
Dianne Neumark-Sztainer, Professor, Epidemiology & Community Health, University of Minnesota
Sarah Bowen, Professor of Sociology at North Carolina State University

Presenter: Anjula Mutanda
Producer: Ellie Bury

SAT 23:00 Brain of Britain (m001cdrc)
Heat 9, 2022

Russell Davies puts the questions to four contenders for the title Brain of Britain 2022, in the ninth heat of this year's tournament which comes from MediaCityUK in Salford. Will they be able to work out what connects Kermit the Frog, Red Rum and a Canberra jet bomber? Will they remember at which London hotel Oscar Wilde was arrested, or know the more familiar name of the painting sometimes called La Gioconda?

A place in the 2022 semi-finals awaits the winner today.

Taking part are:
Carol Bates from Nottingham
Carolyn Evans from Worcestershire
Gill Taylor from West Yorkshire
Scott Torrance from Dumfries.

There's also a chance for a listener to Beat the Brains with questions he or she has suggested.

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

SAT 23:30 I See You: Poetry, Porn and Me (m0014p3w)
Last year, poet Helen Mort discovered that images taken from her social media page had been uploaded to a porn website.

Users of the site were invited to edit the photos, merging Helen's face with explicit and violent sexual images. This is deepfake pornography.

In I see You: Poetry Porn and Me, Helen reclaims her voice as she reflects on this experience and charts the journey she has taken to come to terms with being a victim.

Unable to get support from the law - as deepfakes are not illegal - Helen navigates a new path for herself.

She speaks to storytellers, vocal coaches, tattooists and others on this journey, which interrogates how we look at women's bodies, and the way women are valued and in turn, value themselves.

Weaving between poetry and interviews, the programme follows Helen through the different stages of letting go, rediscovering her voice and restoring some control over what happened to her.

An Overtone production for BBC Radio 4

SUNDAY 02 OCTOBER 2022

SUN 00:00 Midnight News (m001cp8s)
The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Living with the Gods (b09gg8t7)
Living with No Gods

Neil MacGregor focuses on societies which aimed to live without religious beliefs.

Neil examines a revolutionary clock, from around 1795, created in the wake of the French Revolution, and designed to mark a new way of living: in an age of reason, there would no longer be royalism or religion in France.

A poster from the Soviet Union celebrates the apparent triumph of scientific progress: the cosmonaut Yuri Gagarin floats in space, looks out and proclaims "There is no God!". It seems that the heavens are empty of divine beings, but full, instead, of starry promise.

Producer Paul Kobrak

Produced in partnership with the British Museum
Photograph (c) The Trustees of the British Museum.

SUN 00:30 Short Works (m001c00g)
Last Time by Rebecca Watson

In this powerful and poetic new story commissioned for Radio 4, a young woman recalls a troubling sibling relationship, veering between fractured memories and razor-sharp observations.

Rebecca Watson is the highly acclaimed author of little scratch, shortlisted for the Goldsmiths Prize and the Desmond Elliott Prize. A fresh new literary voice, she was chosen by The Observer as one of the 10 best debut novelists of 2021 for her "daringly experimental stream-of-consciousness novel".

Written and read by Rebecca Watson
Producer: Ciaran Bermingham

SUN 00:48 Shipping Forecast (m001cp8v)
The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m001cp8x)
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SUN 05:20 Shipping Forecast (m001cp8z)
The latest weather reports and forecasts for UK shipping.

SUN 05:30 News Briefing (m001cp91)
The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001cp37)
St Nicolas Parish Church, Witham in Essex.

Bells on Sunday comes from St Nicolas Parish Church, Witham in Essex. The largely 14th century is situated adjacent to the site of an Iron Age Hill Fort on Chipping Hill. The church tower houses a ring of eight bells, the oldest of which are the fifth and sixth, originally cast in 1601. The 18th century tenor bell weighs fifteen and three quarter hundredweight and is tuned to E. In 1976, the bells were re-hung in a new bell frame by the John Taylor of Loughborough bell foundry. We hear them ringing Single Oxford Bob Triples.

SUN 05:45 Profile (m001cp2g)
[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m001cp1b)
The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b01mtshb)
Food for Life

That food is not simply fuel is a point conceded by most cultures, but at the same time there are lots of conflicting messages about how it should affect our lives in other ways. As we veer between famine, food mountains, food fads, what Michael Pollan has described as "national eating disorders", religious and spiritual rituals and national feasting, Julia Neuberger attempts to unravel some of the complexities of the modern relationship with food.

She looks at a range of literature from the food criticism of Brillat-Savarin to the novels of Emile Zola and the memoirs of Benjamin Franklin. With music from Kurt Weill and Puccini.

The readers are Neil Dudgeon and Joe Kloska.

Produced by Frank Stirling
A Unique Production for BBC Radio 4.

SUN 06:35 Natural Histories (b08ynq55)
Earthworm

Whilst we might take them for granted, Aristotle described them as the intestines of the earth and Charles Darwin recognised their importance when he wrote "It may be doubted whether there are many other animals which have played so important a part in the history of the world, as have these lowly organised creatures". As Brett Westwood discovers, these 'ecosystem engineers' play a vital role in aerating our soils, aiding drainage, clearing up pollutants and, if you're a Gippsland giant and measure up to 3m in length, making themselves heard from below ground! They have also wormed

their way into our literature, charmed our culture and burrowed into our language.

First broadcast in a longer form: 25th July 2017
Original Producer: Sarah Blunt

Archive Producer for BBC Audio in Bristol : Andrew Dawes

SUN 06:57 Weather (m001cp1f)

The latest weather reports and forecast

SUN 07:00 News and Papers (m001cp1h)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001cp1k)

Elvis's Faith; Black British Muslims; Cathedral Music

Elvis Presley was many things to many people, but few see him as a religious figure. He recorded several songs with religious themes, including Amazing Grace and How Great Thou Art, but rarely spoke publicly about his beliefs. Now, his step-brother, Billy Stanley has co-written a book, The Faith of Elvis, telling the story of the singer's interest in religion and in particular his love of the Bible. He shares his personal memories of Elvis, and how his songs were often inspired by his Christian faith.

About 10% of British Muslims are black and some have experienced racism from other Muslims. The Muslim Council of Britain has acknowledged that as a "minority within a minority" they have often been marginalised, even within Muslim communities. They have just published a report examining what life is like for black British Muslims. It brings together around 40 essays from Black, African and Afro-Caribbean Muslims in the UK. We ask what needs to change to allow black Muslims to be more widely embraced and their contribution recognised in the UK.

The tradition of music making in Britain's cathedrals goes back centuries. Today, the choral music produced at many cathedrals is of the highest quality. But a report from the Cathedral Music Trust suggests it is facing a crisis. In recent times, two UK cathedrals have dissolved their choirs. Others are facing severe financial pressures. The Trust suggests that churches should invest in music as a core part of the service they provide to the community. But is it reasonable to expect churches to prioritise supporting music, when there are so many other demands on their funds?

Producers: Jonathan Hallewell and Louise Clarke-Rowbotham
Presenter: William Crawley

SUN 07:54 Radio 4 Appeal (m001cp1m)

ChildHope UK

Actor Timothy Spall makes the Radio 4 Appeal on behalf of the charity ChildHope UK.

To Give:

- UK Freephone 0800 404 8144
- You can donate online at bbc.co.uk/appeal/radio4
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'ChildHope UK'.
- Cheques should be made payable to 'ChildHope UK'.
Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 328434

SUN 07:57 Weather (m001cp1p)

The latest weather reports and forecast

SUN 08:00 News and Papers (m001cp1r)

The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m001cp1t)

Hope and Harvest

A service live on the theme of hope in times of trouble. Led by Rev Dr Rosa Hunt, co-principal of Cardiff Baptist College and minister of Capel Tabernacl, a Welsh-speaking Baptist Church in the very centre of Cardiff's commercial district. The service includes congregational hymns and the anthems, O Radiant Dawn (Macmillan), and Jesu Lover of My Soul (arr. Jeff Howard), sung by the Cardiff Ardwyn Singers, musical director David Leggett, organist Jeff Howard.
All Creatures of Our God and King
For the Beauty of the Earth
Tydi a wnaeth y wyrth, O Grist, Fab Dduw

Producer: Geoff Ballinger

SUN 08:48 A Point of View (m001cf6g)

Notions of Blackness

Bernardine Evaristo reflects on notions of blackness in the aftermath of comments made this week by the Labour MP, Rupa Huq, who described the Chancellor, Kwasi Kwarteng, as 'superficially' black.

'If one of the most egregious features of racism' Bernardine writes, 'is to reduce people to stereotypes, to homogenise and generalise the qualities of people according to their racialised identities, then what does it say about us when we describe a person as not really being black or Asian because they do not behave according to our values, cultural codes or political interests?'

Producer: Adele Armstrong
Sound: Peter Boshor
Production coordinator: Iona Hammond
Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (m0002ybf)

Geoff Samples Dupont's Lark

For wildlife sound recorder Geoff Sample the strange sound of Dupont's lark is something of an enigma, as despite recording half a dozen birds he has never actually seen one.

Producer : Andrew Dawes

SUN 09:00 Broadcasting House (m001cp1w)

The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m001cp1y)

Writer, Sarah McDonald-Hughes
Director, Gwenda Hughes
Editor, Jeremy Howe

Alan Franks John Telfer
Ben Archer Ben Norris
Beth Casey Rebecca Fuller
Chelsea Horrobin Madeleine Leslay
Clarrie Grundy Heather Bell
David Archer Timothy Bentinck
Eddie Grundy Trevor Harrison
George Grundy Angus Stobie
Jill Archer Patricia Greene
Jolene Archer Buffy Davis
Josh Archer Angus Imrie
Kenton Archer Richard Attlee
Leonard Berry Paul Copley
Lilian Bellamy Sunny Ormonde
Ruth Archer Felicity Finch
Shula Hebdon Lloyd Judy Bennett
Usha Gupta Souad Faress
Vince Casey Tony Turner

SUN 11:15 Desert Island Discs (m001cp20)

Dr Waheed Arian, doctor

Dr Waheed Arian is a radiologist who set up a charity called Arian Teleheal in 2015. The charity enables volunteer doctors in the west to advise colleagues in conflict zones using smartphone technology. The charity has helped save many lives in countries including Syria, Uganda and Afghanistan where Waheed was born.

In 1988, at the height of the Soviet-Afghan conflict, Waheed and his family fled Kabul for Pakistan where they lived in a refugee camp for the next few years. Waheed was just five when they arrived there and contracted tuberculosis. The doctor who saved his life planted a dream and Waheed decided that one day he would study medicine.

When he was 15 Afghanistan was in the grip of the Taliban and Waheed and his parents knew it was only a matter of time before he would be recruited to join their fight. Waheed's family found someone who, for a fee, offered to help him leave the country and claim refugee status in the UK. He arrived in the UK in 1999, studied A levels while working in a number of jobs and then in 2003 took up a place to read medicine at Cambridge University.

In 2014 he began training as a radiologist and currently works in the A&E department at a busy NHS hospital. In 2017 he won a UN Global Hero Award for his charity work.

DISC ONE: Lose Yourself by Eminem
DISC TWO: Gule Sori by Farhad Darya
DISC THREE: Eye of the Tiger by Survivor
DISC FOUR: Never Enough by Loren Allred

DISC FIVE: Home by Michael Bublé
DISC SIX: Fly by Celine Dion
DISC SEVEN: Are You Ready for Love by Elton John
DISC EIGHT: Everything I Wanted by Billie Eilish

BOOK CHOICE: The Boy Who Harnessed the Wind by Bryan Mealer and William Kamkwamba
LUXURY ITEM: Pen and paper
CASTAWAY'S FAVOURITE: Fly by Celine Dion

Presenter: Lauren Laverne
Producer: Paula McGinley

SUN 12:00 News Summary (m001cp22)

The latest national and international news from BBC Radio 4.

SUN 12:04 Mark Steel's in Town (m001cdrp)

Series 12

Paris

Mark Steel's In Town - Paris

Mark Steel is back with the 12th series of his award winning show that travels around the country visiting towns that have nothing in common but their uniqueness. After thoroughly researching each town, Mark writes and performs a bespoke evening of comedy for a local audience.

In this final episode Mark visits Paris. Yeah, that Paris. The one in France. Where he performs on a boat on the river Seine.

In this series, Mark also popped to the Nottingham, Tring, The Isles of Scilly, Salisbury, and Newport. And for the first time, there will be extended versions of each episode available on BBC sounds.

Written and performed by Mark Steel

Additional material by Pete Sinclair
Production co-ordinator Sarah Sharpe
Production co-ordinator Katie Baum
Sound Manager Jerry Peel
Producer Carl Cooper
Producer Richard Morris

With special thanks to Mark's French teacher Fatima Belaouzi

A BBC Studios production for BBC Radio 4

SUN 12:32 The Food Programme (m001cp24)

Cost of Living Crisis: Food Donations

As energy bills rise to their new capped level at the start of October, Leyla Kazim shares some inspiring stories of giving that she has heard while on the road with the BBC Food and Farming Awards.

Judging is currently underway for the Awards, which will be held for the first time this year in Wales.

Given the financial situation the UK is in, with food inflation at its highest rate since 2008, perhaps it's no surprise that many of this year's finalists are involved with getting food to people who are finding it harder to afford what they need.

From pay what you feel shops, to allotments providing food banks with fresh veg, and cooking for the community, in the face of increasing need, and straight after dealing with the Covid 19 pandemic, our finalists keep stepping forward to support those around them.

Organisations and individuals featured include: EMS Ltd in Hull, Big Bocs Bwyd in Barry, Mrs Mair Bowen from Kilgetty (Pembrokeshire), Mr Alun Roberts (Caernarfon).

Presented by Leyla Kazim
Produced in Bristol by Natalie Donovan

SUN 12:57 Weather (m001cp26)

The latest weather forecast

SUN 13:00 The World This Weekend (m001cp28)

Radio 4's look at the week's big stories from both home and around the world

SUN 13:30 The Coming Storm (p0bchpyg)

4. Q Drops

QAnon and the plot to break reality...

In Oct 2017 Donald Trump says something weird in a room full of military figures: "Maybe this is the calm before the storm."

A few weeks later a poster on 4chan who calls himself Q starts to tell a crazy story about a coming storm, in which Trump is engaged in an epic battle against a cabal of satanic paedophiles who have hijacked the American Republic.

A group of bloggers mainstream the theory and it starts having a life of its own with real world consequences. Qanon is born. But who is directing it?

Producer: Lucy Proctor
Presenter: Gabriel Gatehouse

SUN 14:00 Gardeners' Question Time (m001cf5w)
Central Lancashire

Kathy Clugston hosts the horticultural programme from Central Lancashire. This week, she's joined by James Wong, Kirsty Wilson and Christine Walkden who will be answering questions from the audience.

The panellists discuss whether a particular method of growing beans is really worth the effort and share their top tips for any novice gardeners who are taking on a big gardening project.

Away from the questions, Claire Ratinon speaks to Jon Stokes from The Tree Council, and Sinéad Fortune from the Gaia Foundation's Seed Sovereignty programme all about the important of saving seed.

Producer - Dominic Tyerman
Assistant Producer - Aniya Das

A Somethin' Else production for BBC Radio 4

SUN 14:45 What Really Happened in the Nineties? (m0016xjp)
2. Russia

Here we are in 2022 navigating cancel culture, Brexit, identity politics, war in Europe.

How did we get here? Did we miss something? Robert Carlyle, who played the wildcard Begbie in the '90s hit *Trainspotting*, is here to show us that we did. That the world we live in was shaped by the forgotten decade: the 1990s.

From Hong Kong to Moscow, Cool Britannia to No Flills flights, we travel back in time to key moments in the '90s that reverberate today in unexpected ways.

Episode 2: Russia

Robert Carlyle reveals how talks between Russia and the West in 1990 about Germany's re-unification has led to the war in Ukraine. Was President Gorbachev really promised that NATO would not move one inch east, as Vladimir Putin recently claimed? We hear from historians Margaret MacMillan and Mary Sarotte, author of *Not One Inch*, and from eye-witness Bob Zoellick, former United States Deputy Secretary of State.

Producer: Stephen Hughes
Sound Designer/Composer: Phil Channell
Consultant: Professor Margaret MacMillan

SUN 15:00 Eleanor Rising (m001cp2b)
Series 3

2/2

Shaun McKenna's gripping historical drama about the young Eleanor of Aquitaine - wife and mother to Kings, crusader, prisoner and formidable political operator.

Despite her best efforts to extricate herself, Eleanor is still trapped in an unhappy marriage to King Louis of France. Her dreams of heady romance and freedom to rule her own lands are no closer to being realised. A new arrival at court at least promises a momentary diversion.

Eleanor Bettrys Jones
Louis Joel MacCormack
Henry Max Bennett
Petronilla Ruth Everett
Lady Alyson Grace Cooper Milton
Abbot Suger David Hounslow
Bishop Laroux Roger Ringrose
Bernard de Ventadour Colin Ryan
Father Anselm Jonathan Forbes

Sound design by Caleb Knightley
Directed by Gemma Jenkins

SUN 16:00 Bookclub (m001cp2d)
Curtis Sittenfeld: *American Wife*

Curtis Sittenfeld answers listener questions about *American Wife*, a novel which follows Alice Lindgren's path from school librarian to First Lady, and is based on the life of former First Lady Laura Bush.

Our next recording is at Broadcasting House in London on 13th October 2022. Juan Gabriel Vasquez will be talking about his novel, *The Sound Of Things Falling*. To take part and ask a question, email bookclub@bbc.co.uk

SUN 16:30 The Frost Tapes (p0c14x56)
Muhammad Ali

David Frost was the 20th century's most prolific interviewer, a master of conversation with a remarkable talent for getting people to open up and spill their souls. Many of his conversations, however, have been lost - until now. Presented by his son, broadcaster Wilfred Frost, *The Frost Tapes* joins David as he interviews the greatest entertainers of the 20th and 21st centuries.

Ten rounds. That's how many times David Frost would go toe-to-toe with Muhammad Ali. From his days as a young heavyweight champion, to his political activism, to his days as an entertainer, these intimate interviews trace how a simple Kentucky kid became *The Greatest*.

A Paradine and Chalk & Blade production for BBC Radio 4.

SUN 17:00 File on 4 (m001cdts)
Isobel's Story

There are concerns that British victims of trafficking are less likely than foreign nationals to receive Home Office support to escape exploitation.

More and more British victims of organised sexual abuse are being referred to the National Referral Mechanism (NRM) - the government's support pathway for victims of trafficking - following high profile sexual exploitation cases in Rochdale, Rotherham and Telford.

But charities are warning that British victims are less likely to be given access to safehouses, legal aid and counselling.

File on 4 hears the story of a young woman who has been raped hundreds of times since she was schoolgirl - and is still being abused despite going to the police and the Home Office for help. 'Isobel' says she has been consistently let down by the police and the Home Office who have failed to give her the support she needs to escape her abusers - causing her to be re-trafficked in recent weeks.

The Human Trafficking Foundation says victims like Isobel are being failed by the NRM and that it was designed for foreign victims of trafficking seeking asylum and has not adapted to cater for the growing number of British victims.

Producer: Hayley Mortimer
Reporter: Annabel Deas
Technical Producer: Craig Boardman
Editor: Carl Johnston

SUN 17:40 Profile (m001cp2g)
[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001cp2j)
The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m001cp2l)
The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m001cp2n)
Liz Truss has admitted mistakes in the way she communicated tax-cutting plans, after market turmoil, but insisted she stood by her economic policies.

SUN 18:15 Pick of the Week (m001cp2q)
Stuart Maconie

Writer and broadcaster Stuart Maconie with a selection of highlights from the past week on BBC radio.

SUN 19:00 The Archers (m001cp2s)
Desperate Pip asks Chelsea to cut Rosie's hair ready for Jill's 92nd birthday tomorrow. Initially reticent, Chelsea agrees to do it. But when they arrive at Chelsea's, Rosie won't get out of the car. Pip thinks it might be to do with Toby moving out tomorrow. Chelsea remembers what it's like not to have a dad around as a child and manages to persuade Rosie to come in. Pip's impressed and admits to Chelsea that it's going to be weird not having Toby to hand.

At the Flower and Produce Show, Eddie and Tony wait to hear where they've come in the 'Soiled Pants' competition for the

healthiest soil. Clarrie's pleased when she gets some firsts for her produce, particularly when she gets a second place for her chutney when Carol's disqualified! Tony's disappointed when his Bridge Farm pants don't win and Eddie and Tony are both surprised when Stella wins for her garden at the Brookfield bungalow. Tony reckons that means Bert Fry's the winner, after all of his years of gardening there. Eddie's dismayed because it means that Bert's still managing to win at the Flower and Produce show. Next year he's going to make sure Joe wins something. Tony thinks it's priceless - he knew the rivalry between Bert and Joe was strong, but he didn't think it would continue into the afterlife. When Tony mentions to Kirsty that it would've been good to compare soils among the farms, Kirsty says she's happy to coordinate a benchmarking scheme between farms. She heads off to present Stella with her winner's trophy.

SUN 19:15 Now You're Asking with Marian Keyes and Tara Flynn (m001cmty)
The Thong Problem

Thongs, personal grooming, rights of way across fields and 'going non-contact' get the *Now You're Asking* treatment in the first episode of this new series with Marian Keyes and Tara Flynn addressing real life problems sent in by their listeners.

The first series was welcomed by listeners and critics. "Both are warm and kind enough to not only be funny but also offer genuinely thoughtful, if left-field, advice." (Miranda Sawyer, *The Observer*)
"Keyes and Flynn are my new favourite double-act." (Jane Anderson - *Radio Times*)
"I found their compassion endlessly soothing." (Rachel Cunliffe - *The New Statesman*)

Marian Keyes is a multi award-winning writer, with a total of over 30 million books sold to date in 33 languages. Her close friend Tara Flynn is an actress, comedian and writer. Together, these two friends have been through a lot, and now want to use their considerable life experience to help solve the biggest - and smallest - of their listeners' problems.

From dilemmas about life, love and grief, to the perils of laundry or knowing what to say at a boring dinner, we'll find out what Marian and Tara would recommend - which might not solve the problem exactly, but will make us all feel a bit better.

Recorded in Dublin with emails received from listeners around the world, the hosts invite you to pull up a chair at their virtual kitchen table as they read and digest their inbox.

Got a problem you want Marian and Tara to solve? Email: marianandtara@bbc.co.uk

Producer: Steve Doherty.
A Giddy Goat production for BBC Radio 4 and BBC Sounds

SUN 19:45 The Performance of My Life (m001cp2v)
Sir Henry's Last Night

Alone in their dressing room and away from the glare of the spotlight, this is the precious time when an actor has the chance to reflect on the most momentous events of their lives on the stage.

In this series of single-voice narratives, five of our most celebrated stars of the late 19th and early 20th century theatre share memories of the performances that changed their lives forever.

The stories are, by turn, touching, hilarious, emotionally-charged, heart-warming and poignant. Each of them, in their own way, is delightfully counterintuitive - familiar characters maybe, but each with an unfamiliar story to tell.

In *Sir Henry's Last Night*, the year is 1905 and we find ourselves at the Theatre Royal, Bradford, where Sir Henry Irving, undisputed master of late 19th century theatre and the first actor to be honoured with a knighthood, is in his dressing room, preparing for what will become his final stage appearance.

Writer: Roy Apps
Reader: Hugh Ross
Director: Celia de Wolff
Executive Producer: Peter Hoare
A Pier production for BBC Radio 4

SUN 20:00 News (m001cp2x)
The latest national and international news from BBC Radio 4

SUN 20:02 More or Less (m001cdzh)
Mini-budget, TV audience for the Queen's funeral and 0.5 on the Richter scale

The value of the pound against other currencies has been

incredibly volatile ever since the Chancellor's 'mini-budget'. We ask how much we should worry and look at how much taxes will really fall. Also did 4.1 billion people really watch the Queen's funeral? Gas prices are falling – so why aren't energy bills? There are early signs that new covid variants could cause another spike in cases over the winter. And with the government lifting a moratorium on fracking, we ask how seismic a number the current limit of 0.5 on the Richter scale actually is.

Presenter: Tim Harford
Series Producer: Jon Bithrey
Reporters: Charlotte McDonald, Nathan Gower
Production Coordinator: Jacqui Johnson
Sound Engineer: James Beard

SUN 20:30 Last Word (m001cf60)

Dame Hilary Mantel, John McVicar, Joyce Reynolds, Paul Sartin

Matthew Bannister on

Dame Hilary Mantel (pictured), the Booker prize winning novelist best known for the Wolf Hall trilogy.

John McVicar, the former armed robber who studied sociology in prison and became a writer and broadcaster.

Joyce Reynolds, the eminent Cambridge classicist who specialised in the study of epigraphs and taught Dame Mary Beard who joins us to remember her.

The multi-instrumentalist and singer Paul Sartin, a key figure on the English folk scene and member of the band Bellowhead. His band mate Sam Sweeney pays tribute.

Producer: Neil George

Interviewed guest: Laurie Taylor
Interviewed guest: Dame Mary Beard
Interviewed guest: Sam Sweeney
Interviewed guest: Jon Wilks

Archive clips used: Company Pictures/ Playground Entertainment/ BBC, Wolf Hall – E01 Three Card Trick 21/01/2015; BBC News, interview with Hilary Mantel 03/05/2020; BBC Radio 4, Front Row – extended interview with Hilary Mantel 05/06/2012; BBC Radio 4, The Reith Lectures – Hilary Mantel 13/06/2017; Polytel/ The Who Films, McVicar (1980) UK TV Trailer: BBC One, Straight Talk – John McVicar interview 09/05/1980; BBC Radio 4, Six Men – John McVicar interview 20/04/1986; Loftsingers Andover, Andover Museum Loft Singers Promo 13/10/2018.

SUN 21:00 Money Box (m001cp2z)

[Repeat of broadcast at 11:30 on Saturday]

SUN 21:25 Radio 4 Appeal (m001cp1m)

[Repeat of broadcast at 07:54 today]

SUN 21:30 Great Lives (m001cdtg)

Bonnie Greer on the Women of the Morant Bay Rebellion

Bonnie Greer OBE, playwright and critic, joins Matthew Parris to make a case for seven women from Jamaica who were hung or shot in 1865 after the Morant Bay Rebellion.

Bonnie makes a case that this peasants' uprising was a pivotal event not only in Jamaican history, but in the history of the entire Caribbean region; Britain and the world. In Victorian England, the uproar following it included prominent names like Charles Dickens and Charles Darwin, who were on opposite sides of the debate.

Bonnie wants to rectify the fact that the seven women who were killed in the aftermath have been largely forgotten, whilst their leaders - Paul Bogle and George William Gordon - are National Heroes of Jamaica.

Joining Matthew and Bonnie is expert witness is Gad Heuman, Emeritus Professor at the University of Warwick and author of Killing Time: Morant Bay Rebellion Jamaica and The Caribbean: A Brief History.

Producer: Eliza Lomas for BBC Audio, Bristol.

SUN 22:00 Westminster Hour (m001cp31)

Nick Watt's guests at the Conservative Party Conference in Birmingham are the Tory backbencher Chris Loder; former government special adviser, Mo Hussein; and the Spectator's assistant editor, Isabel Hardman. The Labour frontbencher Nia Griffith joins in down the line from South Wales. They discuss the backlash against the mini-Budget and the situation in Ukraine.

SUN 23:00 Loose Ends (m001cp33)

[Repeat of broadcast at 18:15 on Saturday]

SUN 23:30 Something Understood (b01mtshb)

[Repeat of broadcast at 06:05 today]

MONDAY 03 OCTOBER 2022

MON 00:00 Midnight News (m001cp35)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Thinking Allowed (m001cf03)

Rules and Order

Rules & Order: Laurie Taylor talks to Tim Newburn, Professor of Criminology and Social Policy at the LSE, about the social history of 'orderly Britain' – the way in which we've resolved everyday problems, from dog fouling to smoking and queuing. They're joined by Lorraine Daston, Director Emeritus at the Max Planck Institute for the History of Science, who traces the development of rules in the Western tradition, ones which have set out work hours, dictated how we set the table, told us whether to offer an extended hand or cheek in greeting, and organised the rituals of life. Why do we need such rules and could we live without them?

Producer: Jayne Egerton

MON 00:45 Bells on Sunday (m001cp37)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001cp39)

The latest weather reports and forecasts for UK shipping.

MON 01:00 Selection of BBC World Service Programmes (m001cp3c)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

MON 05:20 Shipping Forecast (m001cp3f)

The latest weather reports and forecasts for UK shipping.

MON 05:30 News Briefing (m001cp3h)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m001cp3k)

A spiritual comment and prayer to begin the day with Rabbi Warren Elf

Good morning.

Seventy years ago today the first British atomic weapons test, called Hurricane, was successfully conducted aboard the frigate HMS Plym.

When I was growing up we were very aware of the Cold War, of nuclear weapons, of the likelihood that they could be used and the devastation they could cause. CND was in its heyday, campaigning for the banning of nuclear weapons and unilateral disarmament.

With the end of the Cold War, Glasnost and change in Europe, thanks to Mikhail Gorbachev who died at the end of August, there was real hope that perhaps there could be an end in sight to the terror and fear caused by the threat of nuclear war.

Yet once again the possibility and threat of nuclear war has raised its ugly head. We have been aware in recent years of concerns about unscrupulous leaders of some nations acquiring the capability of nuclear weapons but we have hoped that the international community would be able to monitor and deal with these threats.

So to hear the threats coming from a major international power and a permanent member of the UN Security Council, who have already violated other countries' sovereignty – it raises all those fears once again.

It almost puts all the other current concerns we have in the shade because the threat of nuclear war is so frightening and unsettling.

So, Eternal God, whose presence is over all of us, help us through our prayers and our deeds to be able to build trust in our world. We ask You to spread Your shelter of peace over all dwellers on earth, over all lands and peoples affected by war or fear of war, bringing calm to conflict and peace of mind to all who live in fear.

MON 05:45 Farming Today (m001cp3m)

The UK should consider vaccinating flocks against bird flu - the head of virology at the animal and plant health agency - Professor Ian Brown tells Charlotte that new vaccines are needed, but given the severity of avian flu this year the UK should be ready to use them.

A new study could shine a light on why crabs are dying off the North East coast of England, could it be chemical poisoning or algae that is to blame?

And the start of a week looking at potatoes, how has the weather affected this year's harvest?

Presenter: Charlotte Smith
Producer: Alun Beach
Editor: Dimitri Houtart

MON 05:56 Weather (m001cp3p)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b09thf0g)

Chris Baines on the Nuthatch

In this episode about the birds which are encouraged by his 'wildlife-friendly' garden in inner-city Wolverhampton, naturalist and environmentalist Chris Baines describes the regular visits of the stunning-looking Nuthatches which visit his pond for mud to line their nests and his feeders for food.

Producer: Sarah Blunt
Photograph: Alan Brewster.

MON 06:00 Today (m001cpjl)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m001cpjn)

Political leadership and oversight

During the pandemic our laws were radically remade by a government which exercised almost unlimited power, according to the human rights barrister, Adam Wagner. In Emergency State: How We Lost Our Freedoms in the Pandemic and Why it Matters he decries the lack of parliamentary debate and oversight as restrictions became tighter, and warns against the possibility of future emergencies following the same political path.

But how effective is our parliamentary democracy in scrutinising the government? The Assistant Editor of the Spectator, Isabel Hardman is a seasoned politician-watcher and joins the programme from the Conservative Party Conference in Birmingham. She fears MPs are failing in their role as effective legislators both because of demands on their time from their constituencies, and because of concern about ruining their chances of joining the executive.

The historian Tim Bale studies the fortunes of the Conservative Party, and is looking with interest at the direction the new government is heading. Not since 1979 has the country faced such challenging economic circumstances. But Bale asks how far the new Prime Minister Liz Truss is reaching back in history for answers to today's problems.

The Italian film director and journalist, Annalisa Piras is also following Italy's new government with interest, following the snap election last week. As the far-right leader Giorgia Meloni is set to become the country's first female prime minister, Piras looks at her policies for dealing with the cost of living crisis, and how Italy's politicians are placed to oversee government decisions.

Producer: Katy Hickman

MON 09:45 How to Steal a Trillion (m001718j)

1. The Invention of Offshore

Author and journalist Oliver Bullough traces Britain's vital role in the growth of 'offshore' money laundering, talking to historians, whistleblowers, former law enforcement investigators and politicians.

In this episode, he traces the origins of offshoring back to the sleepy City of London of the 1950s. A moment of inspiration fuses with the shock of the Suez Crisis to create the launch of a whole new approach to finance - with consequences that are still playing out right now.

Series contributors include: Graham Barrow, Roman Borisovich, Bill Browder, Liam Byrne, John Christensen, Damian Hinds, David Lewis, Vanessa Ogle, John Penrose, Catherine Schenk, Helena Wood

Producer: Phil Tinline

MON 10:00 Woman's Hour (m001cpjq)

Gentle parenting, Truss and leadership, Indicator offences

What is a gentle parent? Does it really mean never saying 'no' to your child? And how did #gentleparenting attract more than 2.6 billion views on TikTok? Emma Barnett talks to TikTok content creator Kelly Medina Enos and psychologist Dr Penelope Leach about the rising popularity of this parenting approach.

Only yesterday the Prime Minister Liz Truss said her government would be sticking to the measures announced in the mini budget ten days ago. But this morning the Chancellor of the Exchequer, Kwasi Kwarteng, has reversed the tax cut proposal that has led to volatility in the value of sterling and pressure on interest rates and inflation. Is it strong leadership to admit mistakes and move on or will it blight the premiership of Liz Truss? Emma is joined by the Times journalist Rachel Sylvester, and then business leader Nicola Horlick to discuss new research showing that just a third of girls want to be the boss in their future careers.

We learned last week that the charity Mermaids is to be investigated by the Charity Commission. This is after an undercover investigation by the Telegraph newspaper claiming that Mermaids is supplying breast binders to children without parental consent. These are devices that are used to bind up the breasts in order to give the appearance of a flatter chest. Emma speaks to Lauren Moss, the BBC's LGBT and Identity correspondent who has been following the story.

Wayne Couzens is serving a whole life sentence for the rape and murder of Sarah Everard in 2021. He has appeared this morning at The Old Bailey at a plea hearing for two flashing offences he allegedly committed prior to this. Couzens was not actually asked to enter a plea however, amid ongoing industrial action by barristers, so we don't know yet whether these charges will lead to a trial. We explore the subject of so-called 'indicator' offences, those low-level offences which could lead to more serious crimes. Emma is joined by Zoe Billingham, Former Her Majesty's Inspector of Constabulary who was responsible for inspecting 15 police forces & Kieran McCartan - Professor of Criminology at the University of the West of England.

We speak to Sam and Alena Cox, a married couple of artists whose Kent home is attracting a lot of attention. Sam is an artist known for his doodles and he has gone everywhere in his home with his paintbrush and spray can. It's black and white all over - from the external walls to the toilet lid and even Alena's tutu.

MON 11:00 Room 5 (m00146w0)

5: Gavandra

'When I wasn't high, I felt very sad and very scared.'

Twenty years on, Gavandra is struggling to make sense of a childhood trauma. Then she meets a psychologist who has an idea.

In Room 5, Helena Merriman interviews people who - like her - were changed by a diagnosis.

Written, presented and produced by Helena Merriman
Composer: Jeremy Warnsley
Sound Design: Eloise Whitmore

Production Co-ordinator: Janet Staples
Editor: Emma Rippon
Commissioning Editor: Richard Knight

#Room5

End song: Miffed by Tom Rosenthal

If you have a story you'd like to share you can email:
room5@bbc.co.uk

MON 11:30 The Bottom Line (m001cf2v)

Excess Profits, Windfall Taxes and Incentives

Is it right that businesses making what look like windfall profits pay windfall taxes? And do the recent announcements from the government to lower taxes in general lead to economic growth? Evan Davis and guests discuss.

GUESTS

Irem Guceri, Associate Professor Economics and Public Policy, Blavatnik School of Government, Oxford

Professor Michael Jacobs, Professor of Political Economy, Sheffield University

Charlie Mullins, Businessman and Founder, Pimlico Plumbers

Dan Neidle, Founder, Tax Policy Associates Ltd.

PRODUCTION TEAM

Producer: Julie Ball
Editor: Richard Vadon
Sound Engineers: Graham Puddifoot/James Beard
Production Co-ordinators: Siobhan Reed and Helena Warwick-Cross

MON 12:00 News Summary (m001cpjs)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001cpjv)

Data protection fines, Care home visiting, World Cup accommodation

The data protection regulator has cracked down on four companies this morning for unlawfully cold calling people. The Information Commissioner's Office (ICO) issued fines of £370,000. The firms unlawfully obtained the information of almost 150,000 people and tried to sell them home efficiency products like loft insulation. We speak to Andy Curry, the ICO's Head of Investigations.

We report on the easing of visiting restrictions in care homes and examine why some infection control measures are still in place as we emerge from the pandemic. We also look at why Government guidance is different depending on where you live in the UK. We hear from two listeners about their experience of visiting relatives in care homes. We speak to Mike Padgham, Managing Director of St Cecilia's Care Group in North Yorkshire. And Helen Wildbore, Director of the charity, the Relatives and Residents Association, explains why she believes Government guidance for England needs overhauling.

With just weeks to go until the start of the World Cup in Qatar, we ask why some fans are finding it hard to find reasonably-priced accommodation in the tiny Gulf state. The event is expected to attract more than one million visitors, but by March, Qatar only had 30,000 hotel rooms, most of which had already been booked by Fifa for football teams, officials and sponsors. The organisers are trying to boost the amount of accommodation available before the tournament kicks off on November 20th. We hear from England fans, and also speak to Simon Calder, the Independent's Travel Correspondent.

Presenter: Shari Vahl

Producer: Tara Holmes

MON 12:57 Weather (m001cpjx)

The latest weather forecast

MON 13:00 World at One (m001cpjz)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 The Boy in the Woods (m001byjw)

1. A Child is Missing

For more than 20 years the case of the murder of six-year-old Rikki Neave went unsolved. In this new ten part investigation, award-winning journalist Winifred Robinson, has unearthed the truth through unprecedented access to police interview rooms, and follows the investigation as the police move in on the perpetrator.

It's a haunting and heart-breaking case filled with injustice, a story of vulnerable children, known to the authorities who should have been protected, a tale of lives wasted and cut short. You'll hear original police tapes never broadcast before, fresh testimony from suspects and witnesses, new and compelling evidence from forensic scientists. The series takes you inside the jury room and abroad as the manhunt closes in.

Close friends of Rikki, who were themselves vulnerable children, explain for the first time how a lively and mischievous six-year-old was an easy target for a killer who would kill him in the woods near his home in Peterborough and lay out his body in a macabre star shape. Rikki's death came to shape all their lives.

Winifred Robinson, the reporter, and Sue Mitchell, the series producer, are an award-winning BBC documentary team. They have worked together for 20 years on high profile cases, interviewing the father of James Bulger. His son's killing provoked huge interest in Rikki's case.

In Episode One of The Boy in the Woods the BBC Journalist, Winifred Robinson, tracks the last hours before six-year-old Rikki was reported missing. He was late setting off for school that day. His mother, Ruth, watched him as he quickly ate his breakfast and then she caught sight of him just before he went out the front door: it was the last time she would ever see him alive again.

The Boy in the Woods is Presented by BBC Journalist, Winifred Robinson; the Series Producer is Sue Mitchell
Sound Design is by Tom Brignall

MON 14:00 The Archers (m001cp2s)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 This Cultural Life (m001cp8l)

[Repeat of broadcast at 19:15 on Saturday]

MON 15:00 Brain of Britain (m001cpk1)

Heat 10, 2022

Which Trojan prince's abduction of Helen of Troy sparked the Trojan war? In which film did Diana Ross play the role of Billie Holiday? Which major European football club plays at a home ground whose name means 'the Stadium of Light' in their own language?

The contenders in today's heat of the prestigious general knowledge quiz will need to have ready answers to these and many other questions, as Russell Davies hosts the contest from the Radio Theatre in London. The winner will take another of the few remaining semi-final places in the current series.

Appearing today are:
Catherine Bates from Richmond on Thames
Crispin Dawes from London
Jo McLeod from East Sussex
Henry Male from Bristol.

A Brain of Britain listener will also get a chance to win a prize by outwitting the Brains with questions he or she has suggested.

Assistant Producer: Stephen Garner

Producer: Paul Bajoria

MON 15:30 The Food Programme (m001cp24)

[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Peter Greenaway - Painting with Film (m001cf1v)

Meet Peter Greenaway, filmmaker, painter, encyclopaedist. Daring, controversial and rarely predictable, Greenaway is celebrating his 80th birthday and marking the 40th anniversary of the release of his first feature film, The Draughtsman's Contract.

Praised and sometimes cursed by audiences and critics from England to Japan, Russia to Mexico, Greenaway has authored a cult filmography too long to comfortably list. Feature titles include The Cook, The Thief, His Wife and Her Lover, Drowning by Numbers, Nightwatching, A Zed and Two Noughts and The Baby of Macon. At 80 he shows little sign of slowing down with one new film due for release and another starting production.

Here Greenaway offers personal reflections on his life and career, his ideas about art and his desire to create a painter's cinema. We also delve into Greenaway's archive, in the company of BFI National Archive curator Josephine Botting, as the BFI prepares to screen a sweeping season of his work starting in October 2022 and the release of a special remaster of The Draughtsman's Contract.

After 50 years of filmmaking what drives the lush and idiosyncratic vision of one of European cinema's most startling auteurs?

Producer: Michael Umney
Executive Producer: Susan Marling

A Just Radio production for BBC Radio 4 in association with the BFI's Frames of Mind – The Films of Peter Greenaway season.

With special thanks to KinoFilmpodium, Zurich for their permission to use extracts from Peter Greenaway's lectures. The full lectures are available at filmpodium.ch

Image courtesy of Steve Pyke/Getty Images

MON 16:30 Beyond Belief (m001cpk4)

Two Decades of Change

Beyond Belief began on BBC Radio 4 in January 2002, four months after the 9/11 attacks. The subject of the first programme was 'martyrdom'. Ever since, Beyond Belief's aim has been explore the way faith motivates people and events, for good and ill.

In the latter years of the 20th century, there had perhaps been an assumption in the West that faith was anachronistic,

declining, irrelevant. But as the new millennium got under way, even those without any faith of their own had to acknowledge that religion was not something they could ignore.

In Britain, the story often told is of a steady decline in institutional religion and of increasing secularisation. But that's not the whole story; the religious make-up of Britain is younger, more diverse and more bespoke, and, according to a recent survey, young adults are more likely to pray than older generations (Church of England, 2022).

For Ernie Rea's last programme on Beyond Belief he's joined by guests to explore two decades of change. Is our religious literacy improved, or is ignorance more entrenched? And what is role might religion play in our future?

With Sheikh Dr Usama Hasan, Right Reverend James Jones KBE, Seeta Suchak, Christina Patterson and Rabbi Laura Janner-Klausner.

Producer: Rebecca Maxted
Assistant Producers: Peter Everett and Josie Le Vey
Editor: Dan Tierney

MON 17:00 PM (m001cpk6)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O'Clock News (m001cpk8)

The latest national and international news from BBC Radio 4.

MON 18:30 It's a Fair Cop (m001cpkb)

Series 7

1. Workplace Theft

In this first episode of the brand new series, Alfie tackles a case of theft in the workplace. In a Scunthorpe distribution centre, multiple high-end phones are going missing every month. All evidence points to an inside job... but who?

Join Alfie and his audience of sworn-in deputies as they decide how to approach the situation, whittle down the subjects, find the missing phones and ID which employee is taking more than a highlighter from work.

Written and presented by Alfie Moore
Script Editor: Will Ing
Production Co-ordinators: Katie Baum & Becky Carewe-Jeffries
Producer: Sam Holmes

A BBC Studios Production

MON 19:00 The Archers (m001cpbn)

Toby tells Kenton he's going to miss working at The Bull. When they discuss Toby's Ambridge achievements, they agree that Rosie's his greatest success. Toby worries about saying goodbye to her, but Kenton reminds him he'll see Rosie at weekends and holidays still. Toby vows to be at every significant event too but it's the everyday stuff that's going to hurt. Later at Rickyard Cottage, Pip finds Toby in a thoughtful mood. They say they'll miss each other but they'll make the new arrangement work.

At Jill's 92nd birthday gathering, Toby says his final goodbyes. Kenton comforts Pip saying she and Toby will always have a connection. Leonard surprises Jill with a gift of a photographer to take some family portraits. Jill says that Leonard's now part of the family and should be in the family photo too. Ben's grateful that Beth's there, but when Leonard suggests that she's in the photograph too, Beth says she can't and rushes out. Leonard goes after her, explaining that he thought that if he's in it, Beth should be too. He wonders if she and Ben have had a row and advises Beth to take the rough with the smooth. But when Leonard suggests coming back in for the photo, upset Beth says she has to go, asking him to apologise to Jill. Jill wonders what all the fuss is about, it's only a photo. She hopes it's not a sign of things to come for Ben.

MON 19:15 Front Row (m001cpkf)

Viola Davis in The Woman King, playwright Rona Munro and artist Amy Sherald

American actress Viola Davis, who has won an Oscar, Emmy and a Tony for her outstanding performances, plays a female warrior in the historical epic The Woman King. Viola Davis and director Gina Prince-Bythewood discuss bringing the story of a 19th Century female general to life.

Rona Munro's trilogy The James Plays were one of the theatrical highlights of the year when they premiered in 2014. She has now returned to Scottish history with two further monarchal plays – James IV: Queen of the Fight, and Mary. She talks to Samira about how her new plays challenge the

traditional histories about the court of James IV and the life of Mary, Queen of Scots.

Amy Sherald is a celebrated American painter, known for her striking official portrait of Michelle Obama. As her first European exhibition opens in London, she joins Samira in the Front Row studio to discuss her new paintings, which continue to explore themes of American realism and Black portraiture.

Presenter: Samira Ahmed
Producer: Julian May

Image: Viola Davis in The Woman King

MON 20:00 Back Seat Drivers (m001cpkh)

The historian Steven Fielding explores one of the most rarified jobs in British politics: ex-Prime Minister. As Boris Johnson joins the five other former premiers, at the age of 58, Steve asks politicians, journalists, advisers and historians what ex-PMs should do - and how they actually approach this strange role in public life.

Since the Second World War, former Prime Ministers have engaged in Long Sulks, made Occasional Decisive Interventions and - in Margaret Thatcher's famous phrase - tried to be Back Seat Drivers. Only one - the man who was PM when Johnson was born - has ever returned as a minister. But, as Steve explores, the early twentieth century offers some more surprising precedents. So could Johnson ever return - and if not, what positive roles are open to him and his select band of colleagues, with their unique depth of experience at the top of British politics?

With: Laura Beers, Ken Clarke, Jon Davis, Leo McKinstry, Iain Duncan Smith, Nick Timothy, Stewart Wood

Producer: Phil Tinline

MON 20:30 Analysis (m001cpkk)

What's the point of street protest?

Is a protest march worth your effort? About a million people attended the Stop the War street protest in 2003. About half a million had marched to protest against the fox hunting ban a year earlier. More recently, hundreds of thousands of people took to the streets to demonstrate against the decision to leave the EU. Nonetheless, the Iraq war happened, the hunting ban remains and Britain did leave the EU. James Tilley, a professor of politics at Oxford, finds out if street protests achieve anything, why people take part and what effect they have on politicians and voters.
Produced by Bob Howard

MON 21:00 Wild Inside (m001cdst)

The Cheetah

Zoologist Ben Garrod and veterinary surgeon Jess French armed with their dissection tools, return with a new series taking on natural history from the inside out as they delve deep into some amazing internal anatomy to unravel the secrets to survival of some of nature's iconic animals.

It's a rare opportunity to examine some amazing and very different wild animals – on land, in the air and deep in the oceans - unravelling their intricate internal complexity. Whilst we can gain a lot by observing their behaviour from the outside, to truly understand these animals, we need to look at what's on the inside, too. What makes the ultimate predator? What are the keys to successful survival in an ever-changing environment?

Evolutionary biologist Professor Ben Garrod from the University of East Anglia, together with friend and expert veterinary surgeon Dr Jess French open up and investigate what makes each of these animals unique, in terms of their extraordinary anatomy, behaviour and their evolutionary history. Along the way they reveal some unique adaptations which give each species a leg (or claw) up in surviving in the big wild world.

The series begins with one of the rarities of the cat family – the cheetah, which at just under 2 metres long, is the world's fastest land animal capable of reaching speeds of up to 70mph in 3 seconds. As Ben and Jess reveal, the body's rear muscles, large heart and nostrils enable it to achieve record breaking accelerations. But over long distances, it risks total exhaustion and predation from larger carnivores and the risk of losing its valuable prey. We hear during the course of this intricate dissection, how it treats a fine line between speed and stamina in the quest for survival.

Producer Adrian Washbourne

MON 21:30 Start the Week (m001cpjn)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m001cpkn)

Chancellor's U-turn on 45p tax rate

Kwasi Kwarteng now expected to bring forward release of plan to reduce UK debt

MON 22:45 Stories from Ukraine (m001cpkq)

'The' Ukraine

The first half of an original story about a young couple traveling Ukraine and finding the quirks that make it 'The' Ukraine. Their adventures lead them across the landscape filled with oddities, anger and tenderness, where they find each other and the beauty of the small things.

Read by Ivantiy Novak
Written by Artem Chapeye
Translated by Zenia Tompkins
Abridged and produced by Naomi Walmsley

Taken from the anthology 'Love in Defiance of Pain: Ukrainian Stories'

MON 23:00 Techno: A Social History (m0019jxy)

Berlin

In 1989, as the Cold War stuttered to a close, the newly reunified Berlin became a symbol for liberal politics, wide-eyed hedonism, and the promise of a better future. At the same time, Detroit Techno was taking hold in the city's basements, energising a new generation of explorers. Soon, techno parades were drawing millions of revellers to Berlin's streets, and monumental cathedral-like nightclubs were being created in the city's abandoned infrastructure.

DJ and producer Ash Lauryn tells the story of Techno's modern day mecca, featuring stories from the figures who first seized this music and gave it a home in Berlin (Tresor founder Dimitri Hegemann, Love Parade creator Dr Motte) as well as the DJs who have helped cement the city's international reputation (Ellen Allien, Marcel Dettmann, Richie Hawtin).

Produced by Frank Palmer
Sound design by Granny Eats Wolf

A Cup & Nuzzle production for BBC Radio 4

MON 23:30 Music Made in the Middle (m0019b8m)

Part 2

Singer Jamelia, who was born and grew up in Birmingham, explores music made in the West Midlands - asking if it has a distinct identity.

In this second episode of a two part series, Jamelia hears from more musical Midlandsers and digs deeper into the area's rich diversity. Is Birmingham the original diverse city?

People from the city and the conurbation have made a huge contribution to music all over the world, but Birmingham rarely seems to get the recognition given to other cities like Liverpool, Manchester, Sheffield or London. Is it time to shout more about the region's achievements in music?

Jamelia continues her look at the unique and eclectic musical identity and hears how the city can lay claim to giving birth to a UK style of bhangra. She also asks if the West Midlands accent actually helps contribute to the area's musicality?

Across the series, Jamelia hears how the various genres that have been championed in Birmingham and the West Midlands have often connected and crossed over. Would Elgar have been into heavy metal were he alive today?

Among those contributing to the series are Toyah Wilcox, ELO drummer Bev Bevan, Jaki Graham, reggae singer Pato Banton, Muff Winwood from the Spencer Davis Group, Duran Duran original Stephen Duffy and Apache Indian.

Jamelia also visits the legendary Grosvenor Road Studios and finds out if she's made the Midlands music map.

A MIM production for BBC Radio 4

TUESDAY 04 OCTOBER 2022

TUE 00:00 Midnight News (m001cpks)

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 How to Steal a Trillion (m0017r8j)

[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m001cpkv)

The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m001cpkx)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

TUE 05:20 Shipping Forecast (m001cpkz)

The latest weather reports and forecasts for UK shipping.

TUE 05:30 News Briefing (m001cpl1)

The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001cpl3)

A spiritual comment and prayer to begin the day with Rabbi Warren Elf

Good morning.

Tonight is Kol Nidrei, the evening at the start of Yom Kippur, the Day of Atonement. Jews around the world will be attending the services that start our 25 hour fast and these will start with the prayer called Kol Nidrei, all vows.

We ask God to absolve us from all the vows and obligations we make to God in vain from this Yom Kippur to the next. We ask to be forgiven and released from our own failings and that God does not hold us to them.

The promises to our fellow human beings stand, but we ask for those between us and God to be forgiven. It sounds a bit like we are asking God for a get out of jail free card.

I think it is about the resolutions we make to be better people, to strive to live up to God's teachings laid out in Torah. And we recognise that we are not always going to maintain those standards.

We are human and not perfect, and we think, maybe know, that God is and we hope that God understands that.

We know that whatever we decide this year and however sincerely we resolve to make changes and be better and do things differently, we are bound to screw up at some point during the year.

So I wonder if we are really asking God not to hold us to these vows and promises or whether we are recognising our limitations. We may try as sincerely as possible to make changes, improve and return to God. But we know we will be back next year doing it all over again, even if we do manage to keep most of our promises.

So, God, help us today and every day to be self-aware, to recognise and work to realise our potential, our ability to make a difference in this world. Help us to be the best we can be and honest in our dealings with others. With Your help, may we find the strength, insight and integrity to be true to You too.

TUE 05:45 Farming Today (m001cpl5)

The new Secretary of State for Environment, Food and Rural Affairs, Ranil Jayawardena took to the stage at the Conservative Party Conference in Birmingham yesterday. He told delegates a strong healthy environment and a strong healthy economy can go hand in hand, and from now on instead of Defra being a regulatory department, it is now an economic growth department.

Meanwhile, farming and environmental groups have written to the Trade Secretary Kemi Badenoch demanding guarantees that the Government will maintain a "level playing field" for food and animal welfare standards in future trade deals. It follows warnings from the Chartered Institute of Environmental Health (CIEH) that the Government is entering Free Trade Agreements which will result in lowering food standards and putting consumers at risk.

And all week we're talking about potatoes. Today we are discussing water and how the lack of rain this year has been impacting on yields - we find out how irrigation is used to both grow the crop, and to soften the soil.

Presented by Anna Hill
Produced in Bristol by Natalie Donovan

TUE 05:58 Tweet of the Day (b09qdjyp)

Dave Leech on the Water Rail

Dave Leech from the British Trust for Ornithology describes his excitement at finding a Water Rail nest containing the most beautiful eggs after having spent three years searching for a nest. Tweet of the Day has captivated the Radio 4 audience with

its daily 90 seconds of birdsong. But what of the listener to this avian chorus?

Producer: Sarah Blunt
Photograph: Nathian Brook.

TUE 06:00 Today (m001cp99)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m001cp9f)

The sounds of coral reefs

Tim Lamont is a young scientist making waves. Arriving on the Great Barrier Reef after a mass bleaching event, Tim saw his research plans disappear and was personally devastated by the destruction. But from that event he discovered a novel way to restore coral reefs. Playing the sounds of a healthy coral reef entices fish in to recolonise the wrecked reefs. Tim's emotional journey forced him to realise that environmental scientists can no longer just observe. They need to find new prisms with which to view the world and to intervene to save or protect the natural environment.

TUE 09:30 One to One (m001cp9l)

The Dread of Deadlines: James Marriott and Dr Piers Steel

James Marriott is a columnist for The Times - that means at least one big weekly deadline. He'd like to write a novel too - in fact that's all he's ever wanted - but every time he sits down to write it, he somehow finds himself doing something else instead.

It's time to bring in the big guns: procrastination expert Dr Piers Steel, who has spent his career trying to understand why people procrastinate, what the different types of procrastinator might be, and how we can try to overcome the overwhelming urge to faff about rather than do our work.

Can Piers help James rethink the way he's working, and maybe even trick his brain into just getting on with it?

Producer: Beth Sagar-Fenton
Editor: Chris Ledgard

TUE 09:45 How to Steal a Trillion (m0017th7)

2. The Last Pink Bits

Author and journalist Oliver Bullough traces Britain's vital role in the growth of 'offshore' money laundering, talking to historians, whistle blowers, former investigators, and politicians.

In this episode, he traces how offshoring developed through Britain's links to an unusual number of islands - the 'last pink bits' on the old Imperial map, and Crown Dependencies, such as Jersey.

Series contributors include: Graham Barrow, Roman Borisovich, Bill Browder, Liam Byrne, John Christensen, Damian Hinds, David Lewis, Vanessa Ogle, John Penrose, Catherine Schenk, Helena Wood

Producer: Phil Tinline

TUE 10:00 Woman's Hour (m001cp9t)

Alex Scott, Senator Jeanne Shaheen, Molly Russell inquest

Alex Scott is one of the most high profile names in women's sport. The former Lioness started playing football for Arsenal when she was just eight years old, later, as a semi-professional player for the club she washed the men's team kit to earn extra money on the side. Alex went on to play for England 140 times and now presents on the BBC and Sky Sports. She has recently released her memoir entitled 'How (Not) to Be Strong' and joins Emma in the studio.

Last Friday after two weeks of the inquest into the death of Molly Russell in 2017 coroner Andrew Walker concluded Molly died from an act of self-harm while suffering depression and the negative effects of online content. He said the images of self-harm and suicide she viewed "shouldn't have been available for a child to see" and that social media content contributed "more than minimally" to her death. Her father, Ian, has called for urgent changes to make children safer online. Emma Barnett speaks to Merry Varney, the family's lawyer.

It's just five weeks until the midterm elections in the United States. Emma is joined by the Democratic Senator Jeanne Shaheen, the first woman in US history to be elected both as a Governor and as a Senator for New Hampshire, a small but decisive State.

In 2012, having been lost for over 500 years, the remains of

King Richard III were discovered beneath a car park in Leicester. The search had been orchestrated by an amateur historian, Philippa Langley, whose unrelenting research had been met with incomprehension by her friends and family and with scepticism by experts and academics. Emma speaks to Philippa Langley.

Presenter: Emma Barnett
Producer: Emma Pearce

TUE 11:00 Wild Inside (m001cp9y)

The Great Grey Owl

One of the world's large owls by length, the Great Grey Owl is an enigmatic predator of coniferous forests close to the Arctic tundra. It's most often seen hunting around dawn and dusk, when it perches silently at the edges of clearings. But as Prof Ben Garrod and Dr Jess French delve deep inside to understand its true secret to survival, they find the deep feathery coat belies a deceptively small head and body that's evolved unbelievably powerful abilities to silently detect and ambush unsuspecting prey.

Producer Adrian Washbourne

TUE 11:30 Icon (m001cpb2)

Episode 4: Pink Clouds

Elizabeth Taylor received her second Oscar, playing the hard-drinking, blousy, abusive Martha opposite her real-life husband Richard Burton's George in Who's Afraid of Virginia Woolf? Years later, after an intervention by her family, Taylor would become the first A-list celebrity publicly to enter rehab.

TV and radio presenter (and I'm a Celebrity Get me Out of Here participant) Iain Lee shares his own relationship to fame and to addiction. With extracts from a 1985 Channel Four interview with the late Mavis Nicholson, in which Taylor revealed details of her time in the Betty Ford Center, and a contribution from Ellis Cashmore, author of 'Elizabeth Taylor, a Private Life for Public Consumption'.

With Louise Gallagher.

Produced by Alan Hall with music by Jeremy Warnsmley.
A Falling Tree production for BBC Radio Four.

TUE 12:00 News Summary (m001cpvl)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001cpb9)

Call You and Yours: How has your mortgage been affected by the current financial turmoil?

After a week of huge financial uncertainty we'd like to know - how has your mortgage been affected? Thousands of mortgage deals have been withdrawn. Interest rates are on the rise. There are reports that property prices could fall dramatically amid all the uncertainty in the housing market. Are you a first-time buyer who has had a mortgage deal pulled? Are you looking to re-mortgage? Were you planning to move and are now having second thoughts? Just how have your mortgages been affected over the last week of financial crisis?

Email us at youandyours@bbc.co.uk At 11am our phone lines open, the number is 03700 100 444

PRESENTER: SHARI VAHL
PRODUCER: CRAIG HENDERSON

TUE 12:57 Weather (m001cpbf)

The latest weather forecast

TUE 13:00 World at One (m001cpbk)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 The Boy in the Woods (m001byz1)

2. A Body is Found

For more than 20 years the case of the murder of six-year-old Rikki Neave went unsolved. In this new ten part investigation, award-winning journalist Winifred Robinson, has unearthed the truth through unprecedented access to police interview rooms, and follows the investigation as the police move in on the perpetrator.

It's a haunting and heart-breaking case filled with injustice, a story of vulnerable children, known to the authorities who should have been protected, a tale of lives wasted and cut short. You'll hear original police tapes never broadcast before, fresh testimony from suspects and witnesses, new and compelling

evidence from forensic scientists. The series takes you inside the jury room and abroad as the manhunt closes in.

In Episode Two of *The Boy in the Woods* two police officers searching the woods near Rikki's home find the body of the six-year-old: he's been strangled, stripped and posed star-shaped, with his arms outstretched and legs wide apart. His murder sends shock waves through the local community and friends and neighbours quickly start trying to piece together what's happened and who might be responsible.

The Boy in the Woods is Presented by BBC Journalist, Winifred Robinson; the Series Producer is Sue Mitchell Sound Design is by Tom Brignall

TUE 14:00 The Archers (m001cpbn)
[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama (m001cq3y)
About a Dog

Huw Brentnall's first radio drama is a black comedy set in rural Suffolk in the early noughties. Danny Mouser is always looking out for his wayward cousin, Lee. But one day when he hits a pheasant with his van he sets off a chain of unfortunate events which include a crate of deadly home brew, an assault on a police-officer and, worst of all, a small dog. Danny may have to choose between being wingman to a free spirit, and being a good husband and father to Karen and little Jade.

The first of two dramas featuring new voices from East Anglia. It was recorded on location in Suffolk.

The second drama, *Heartstrings*, is broadcast on Radio 4 on Wednesday 5th October 2022 and available on BBC Sounds.

Cast

DANNY MOUSER Felix Uff
TRACEY MOUSER Henri Merriam
PC SCRIVEN Rosie Walker
LEE FISK Huw Brentnall
KAREN Sally-Ann Burnett
PAULINE ALSOP Charlotte Parry
GERRY ALSOP Robin Brooks
COUNCILLOR David Redgrave
POLICEMAN Ben Elder
SERGEANT Dean Parkin
JADE MOUSER Francesca Parry

Sound Design by Matthew Valentine and Alisdair McGregor

Directed and Produced by Fiona McAlpine

All Allegra production for BBC Radio 4

TUE 15:00 Short Cuts (m001cpbs)
Series 32

Symbols and Signs

Recurring dreams, tarot cards and a message from the universe - Josie Long presents short documentaries about symbols and signs.

Look Cool Be Gay
Produced by Jesse Lawson and Sylwia Osiecka

Call Me
Produced by Emily Finch

The Magician
Produced by Axel Kacoutié

Curated by Eleanor McDowall and Andrea Rangelcroft
Series Producer: Eleanor McDowall
A Falling Tree production for BBC Radio 4

TUE 15:30 Costing the Earth (m001cpbv)
An Environmental Paw Print

For many dog owners, watching your pet race around after a crow or leap joyfully into a stream is a source of great pleasure...but these natural behaviours all have an impact on the environment. Estimates of the UK dog population vary from 10 million all the way up to 13 million and the number has been rising in recent years, so their environmental paw print is growing.

In this programme Tom Heap visits a nature reserve where dogs have been banned from some areas after being blamed for frightening wildlife, damaging rare habitats and adding excess nutrients to the soil via their excrement. He meets a farmer and dung beetle expert, who shows him how the drugs found in flea treatments and worming pills can leach out into nature. And

what to do with all that poo - especially when it's wrapped in plastic bags?

Meanwhile, across the world free-roaming dogs are having wide reaching effects. Dr Abi Vanak from the Ashoka Trust for Research in Ecology and the Environment says the 60-80 million free-roaming dogs in India are putting some native species at risk of extinction.

Producer: Heather Simons

TUE 16:00 Once Upon a Time (m001bz7h)
In Charlotte's Web, Wilbur the pig has to accept his best friend Charlotte is dying.

"I'm done for," she replied. "In a day or two I'll be dead. I haven't even the strength enough to climb down into the crate."

E B White's classic was published in 1952. Inspired by personal events, Mel Harris sets out to find out about some of the books available to children who are facing death and bereavement. Where are the contemporary alternatives to *Charlotte's Web*? What solace and support might children find in literature today? Can sad books also be funny? She talks to writers and storytellers, including our new Children's Laureate Joseph Coelho. And she talks to children too.

Contributors: Sue Hollingsworth, Myra Bluebond-Langner, Sally Nicholls, Esther Pittello, Joseph Coelho and Georgia Nasseh, with special thanks to the children involved.

Produced and presented by Mel Harris
Research by Tess Davidson
Executive Production by Geoff Bird
Sound Design by Eloise Whitmore

A Sparklab production for BBC Radio 4

TUE 16:30 A Good Read (m001cpbx)
Duncan Campbell and Mark Hodkinson

Writers Duncan Campbell and Mark Hodkinson discuss their favourite books with Harriett Gilbert. Duncan chooses the *Journalist and the Murderer* by Janet Malcolm, a book on the ethics of journalism with a very provocative opening sentence. Mark has gone for *Contempt*, Italian novelist Alberto Moravia's portrait of a disintegrating marriage. Harriett stays in Italy and introduces *The Beautiful Summer* by César Pavese, a coming-of-age novel set in the 1930s.

Producer Sally Heaven
follow us on instagram @agoodreadbbc

TUE 17:00 PM (m001cpbz)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m001cp3)
Opposition mounts to Liz Truss's refusal to commit to inflation proofing benefits

TUE 18:30 Michael Spicer: Before Next Door (m000y6t6)
Series 1

To Put It Another Way

Roberta's networking as Michael's part-time, unpaid manager is finally paying off, and she is beginning to get her husband some serious industry traction. She lines up an audition for the prestigious topical panel show, *To Put It Another Way*. Unfortunately, this lands Michael in a bear pit of bullying stand-up comedians who are used to the gladiatorial nature of these shows. Encountering a bitter, aggressive stand-up is enough to put Michael off being a comedian for good.

As the restructuring process at work comes to a climax (being re-interviewed for the job he already has) Michael is at a very low ebb. Feeling like a comedy failure after acting as a punch bag at the panel show run through, he is now certain he is for the chop.

In spite of the battering he received in front of an audience at the TV run through, he receives encouragement from stand-up comic Natalie Duke, who gives Michael an idea that might change everything. Could he really could give up the day job?

Roberta is pushing Michael hard to take the plunge and use the platform his *Room Next Door* following has created to forge a comedy career, with her as his full-time manager, of course. But it seems that she is far more keen to ditch her secure day job than Michael is, especially when his boss at the kitchen worktop company delivers his plan to reorganise the company.

Will Michael take the plunge? Will Roberta take the plunge?

Will you take the plunge and give it a listen? It's the last episode so plunge into the other three first and then plunge into this one as the series reaches a satisfying conclusion that also leaves everything open for another series.

Performers: Michael Spicer with Ellie Taylor, Joanna Neary, Susan Wokoma, Kiell Smith-Bynoe, Greig Johnson, Tara Flynn and Peter Curran

Writer: Michael Spicer

Producer: Matt Tiller

A Starstruck and Tillervision production for BBC Radio 4

TUE 19:00 The Archers (m001cpce5)
Helen and Lee pop round to Joy's to apologise for Henry playing loud music, but Joy doesn't mind at all. She gives them an apple pie and when they thank her, she says it's because she's got an ulterior motive. Mick's uncle has given him a hot tub which Mick's having installed at Joy's. So there might be a bit of disruption from noisy workmen for a couple of days.

George's turkey contact Bronco lets him know that his 15 turkey poults are ready for collection. They're a bit smaller than their regular turkeys, because they're a slow-growing heritage turkey. George reckons they could charge more for rare breeds, so they'll make a good profit on them. Eddie and Clarrie are impressed and tell George he's being very enterprising. But when George collects them, it's clear to Eddie that they're not turkey poults - they're pheasants! Clarrie says it sounds like Bronco's nothing but a con artist, George has been had. When they question George about Bronco's whereabouts, George doesn't have any details apart from his phone number. Quick-thinking George reckons Eddie will still get his money back; George can raise the pheasants and sell them to the shoot. Later Eddie's impressed when he sees George building a shelter and sourcing food for the pheasants. But he then tells George he'll need reimbursement straight away for his outlay. When George protests, Eddie threatens to spill the beans about his mistake to everyone. George reluctantly agrees to start paying Eddie back in small instalments and to be at Eddie's beck and call until the debt's paid off.

TUE 19:15 Front Row (m001cp7)
BBC National Short Story Award and BBC Young Writers' Award winners

The announcement of the winners of the BBC National Short Story Award and Young Writers' Award with Cambridge University live from the Radio Theatre at Broadcasting House in London. Joining Tom Sutcliffe to celebrate the imaginative potential of the short story are chair of judges Elizabeth Day, previous winner Ingrid Persaud, and the poet Will Harris. All the stories are available on BBC Sounds.

Presenter: Tom Sutcliffe
Producer: Sarah Johnson

TUE 20:00 File on 4 (m001cp9)
Leicester: Behind the Divide

Leicester is one of the most diverse cities in England - often presented as a shining example multi-cultural Britain. But tensions between some factions have been brewing in the city for months and boiled over recently when there were violent clashes which led to dozens of arrests. File on 4 investigates why sections of the Muslim and Hindu communities that once lived together in harmony are now divided.

Reporter: Datsiane Navanayagam
Producer: Hayley Mortimer
Research: Sajid Iqbal and Ben Robinson
Technical Producer: Richard Hannaford
Editor: Carl Johnston

TUE 20:40 In Touch (m001cpcc)
The Cost of Living Crisis; Discontinuation of Sonata

Our new Prime Minister, Liz Truss hasn't yet offered assurances to people receiving disability related benefits during the current rises in inflation and wider cost of living increases. This has concerned visually impaired grandmother and benefit receiver Kim Jaye. We invited her onto the program to explain her current situation and her added costs due to her visual impairment. The RNIB only last week handed in a petition to the Department for Work and Pensions about how the cost of living crisis is impacting visually impaired and blind people. Their Director of Insight and Customer Voice, David Aldwinckle explains the contents of the petition and their future plans to help blind and partially sighted people through the cost of living crisis.

The British Wireless for the Blind Fund have announced that they are to be discontinuing their Sonata Internet Audio service

by the end of October. Kim O'Neil uses the service and explains to us why the device offers such an important and unmatched service and the Fund's Jenny Cameron tells us the reason behind the discontinuation.

Presenter: Peter White
Producer: Beth Hemmings

Production Coordinator: Liz Poole

Website image description: Peter White sits smiling in the centre of the image. He is wearing a dark green jumper with the collar of a check shirt peeking at the top. Above Peter's head is the BBC logo. Across Peter's chest reads "In Touch" and beneath that is the Radio 4 logo. The background is a series of squares that are different shades of blue.

TUE 21:00 Inside Health (m001cpfc)

Secrets of sewage science

Maybe listen to this one BEFORE you eat... James is off to meet the sewage scientists trying to stop the next pandemic. He meets the teams that were monitoring 80% of people's faeces during Covid-19 and finds out how sewage led to hundreds of thousands of children having an emergency polio vaccine. James needs to collect a sample at a water treatment works and then head to the laboratory... just be glad you can't smell a podcast.

Presenter: James Gallagher
Producer: Erika Wright

TUE 21:30 The Life Scientific (m001cp9f)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m001cpch)

Tory splits emerge at party conference

In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 Stories from Ukraine (m001cpck)

'The' Ukraine

The second half of an original short story. A young couple have been travelling Ukraine to find what makes it 'The' Ukraine. Their travels come to an end in the wake of loss, but the search for beauty in the everyday continues.

Read by Ivantiy Novak

Written by Artem Chapeye

Translated by Zenia Tompkins

Abridged and produced by Naomi Walmsley

Taken from the anthology 'Love in Defiance of Pain: Ukrainian Stories'

TUE 23:00 Fortunately... with Fi and Jane (m001cpcn)

248. You Jump in When They Breathe in, With Julian Worricker

Fi and Jane are joined by the broadcaster Julian Worricker. The voice of The World Tonight on Radio 4 and Weekend on the World Service chats to two of his fellow former SLive colleagues. Their conversation includes insights on lichen varieties across the UK, a masterclass on verbal interception and rumination on the next Eurovision. Outside Julian's appearance there is a moment of understanding about Martin Clunes and Jane is full of golfing bravado. (I'm a bot).

Get in touch: fortunately.podcast@bbc.co.uk

TUE 23:30 I Was... (m000n45x)

Series 7

I Was Georgia O'Keefe's Five Year Companion

Andrew McGibbon talks to author Margaret Wood who, in 1977 took a job as companion, chef and caregiver to an elderly artist living in a remote New Mexico village south of Albuquerque.

The artist was Georgia O'Keefe, whose paintings of enlarged, sensuous flowers, New York skyscrapers and the sublime, desert landscapes of New Mexico established her as the mother of American Modernism.

Georgia first visited New Mexico in 1916 and fell in love with the area. She later settled at the Ghost Ranch, north of Abiquiú where a significant number of works emerged, inspired by the colours, rocky outcroppings and otherworldly mountainous wilderness of her adopted state.

Margaret prepared meals according to O'Keefe's recipes using fresh vegetables and fruit grown in Georgia's garden and wild

watercress found only near almost inaccessible mountain streams.

Written and Presented by Andrew McGibbon
Produced by Nick Romero

A Curtains For Radio Production for BBC Radio 4

WEDNESDAY 05 OCTOBER 2022

WED 00:00 Midnight News (m001cpqc)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 How to Steal a Trillion (m0017th7)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m001cpcc)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m001cpvc)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

WED 05:20 Shipping Forecast (m001cpcc)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m001cpzc)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m001cpd1)

A spiritual comment and prayer to begin the day with Rabbi Warren Elf

Good morning.

Today is Yom Kippur, the Day of Atonement. Jews all over the world will be fasting, abstaining from all pleasures to show our sincerity in repenting, saying sorry for the things we have done wrong, times we have let ourselves and others and God, down.

Many of us will stay in synagogue all day, from the start of the morning service right through to the end of the concluding service at the end of the fast, roughly an hour after sunset.

I am often asked how I can do it all day, especially as I am leading many of the prayers and other sections of the services. In fact, I think I find it easier because I am involved all day. The moments of quiet, the times for thinking, the silences are very important but my involvement in the choreography of the day helps.

Inevitably there is going to be at least one period of the day when I lose focus and it is probably going to be somewhere in the middle of the afternoon. But I will keep going and hopefully refocus quite quickly.

We have five services during the day to keep us going. My favourite probably is the last one – Ne'ilah, the Concluding Service. Not because it means we are near the end but because there is a change in atmosphere, in tempo, even in the language of the prayers.

This last prayer service starts with a rousing song – El Nora Aleelah, God whose work is awesome. I love the song, especially the tune and it doesn't matter how tired I am, I will belt it out with full gusto.

There is the idea of it being our last chance to gain forgiveness, atonement. We imagine the Gates of Mercy closing at the end of the service. It's now or never – no, we don't sing that as well!

So, God, whose work is awesome; God, whose work is awesome, help us to forgiveness as the Gates of Mercy close. And help all of your creation to find our path to fulfilment and a future where we can live together in a safe, healthy and peaceful world.

WED 05:45 Farming Today (m001cpd3)

05/10/22 Potatoes with less ploughing, Leaf Assurance Scheme, Hare Coursing

Field trials are being carried out to see if potatoes can be grown with less disturbance to the soil. Tractors can make between five and seven passes of a field even before the seed potato is planted. Now Dyson Farms is testing to see if potatoes can be grown in a way which has a lighter touch on the soil and uses fewer inputs. Some are being grown with straw covering them with no fertilisers or irrigation, and others are being grown using digestate as a topping.

One of the UK's first sustainable assurance labels for food, is bringing in new higher standards for carbon footprint assessments. LEAF (Linking Environment and Farming) was set up nearly 20 years ago and operates in 19 other countries. The revisions include raising the bar on things like greenhouse gases, carbon sequestration and carbon footprinting.

And every autumn the season starts for the illegal blood sport of hare coursing which brings with it a wave of crime, threats, and sometimes violence to rural parts of the UK. Reporter Dan O'Brien has been out with Wiltshire Police who are patrolling Salisbury Plain using thermal imaging drones and night-vision cameras. Hare courses often stream footage to viewers who bet on things like which dogs will kill the most hares.

Presented by Anna Hill
Produced in Bristol by Natalie Donovan

WED 05:58 Tweet of the Day (b08xgdhg)

Nigel Bean on the Water Rail

Wildlife cameraman Nigel Bean relives the moment he discovered a water rail nest deep among a reedbed in west Wales, a nest that became the star of a BBC Springwatch series

Producer Tom Bonnett.

WED 06:00 Today (m001cq2z)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 More or Less (m001cq31)

Teens and antidepressants, stamp duty savings and earthquake probabilities

A survey from a mental health charity suggested that more than a third of British teenagers had been prescribed antidepressants. We debunk the figure. Also we investigate a tweet from the UK Treasury about how much homebuyers will save in stamp duty. Plus how Mexico has been hit by earthquakes three times on the same day of the year - what are the chances? And how incorrect figures from the government have given a false picture of the number of cars on Britain's minor roads.

Presenter: Tim Harford
Series producer: Jon Bithrey
Reporters: Nathan Gower, Charlotte McDonald
Production Coordinator: Jacqui Johnson
Sound Engineer: James Beard

WED 09:30 One Dish (p0cdtmsr)

Wat Tan Hor with Phil Wang

British-Malaysian comedian Phil Wang joins Andi Oliver at the table to share his love of a classic Malaysian dish, Wat Tan Hor. It's characterised by flat rice noodles, seafood and a gloopy egg gravy spiced with pepper. Phil thinks this dish might be visually unappealing to the uninitiated, but he urges us to see past its humble appearance to appreciate the savoury deliciousness within.

This dish has a real family connection for Phil - it reminds him of his Dad, who took it on himself to feed him up with it as a kid. He tells Andi about the strong and varied influences of Chinese, Malay and Indian food on Malaysian cuisine, paints a vivid picture of the unparalleled joys of a hawker market and explains how spotting a great Chinese restaurant is easier than you think.

Food Scientist: Kimberley Wilson
Food Historian: Neil Buttery
Producer: Lucy Dearlove

Executive Producer: Hannah Marshall
Sound Design: Charlie Brandon-King
Assistant Producer: Bukky Fadipe

A Storyglass production for BBC Radio 4

WED 09:45 How to Steal a Trillion (m0017tc4)

3. Londongrad

Author and journalist Oliver Bullough traces Britain's vital role in the growth of 'offshore' money laundering, talking to historians, whistle blowers, former investigators, and politicians.

In this episode, Oliver explores how and why Russian oligarchs found London a receptive place to park their wealth after the collapse of the Soviet Union in 1991 - with consequences that are playing out in British politics today.

Series contributors include: Graham Barrow, Roman Borisovich, Bill Browder, Liam Byrne, John Christensen, Damian Hinds, David Lewis, Vanessa Ogle, John Penrose.

Catherine Schenk, Helena Wood

Producer: Phil Tinline

WED 10:00 Woman's Hour (m001cq37)

Nicola Rollock, Sexsomnia, Liz Truss, Anonymity prior to charge, Nadine Shah

Nicola Rollock, Professor of Social Policy and Race at King's College London and an expert on racial justice, has a book out, *The Racial Code: Tales of Resistance and Survival*, in which she explores the hidden rules of race and racism, how they maintain the status quo, the pain and cost of navigating everyday racism and how to truly achieve racial justice.

The Crown Prosecution Service has apologised unreservedly to a woman whose rape case was dropped after defence lawyers claimed she had an episode of a rare sleep walking condition called 'sexsomnia'. In what is believed to be the first case of its kind in the UK - the CPS now says it was wrong to drop the case and it should have gone to court. The BBC followed Jade McCrossen-Nethercott's case as events unfolded over three years. Emma speaks to Jade and Emma Ailes, the producer and director of the BBC 3 documentary : SEXSOMNIA: CASE CLOSED? about why she began following Jade's case.

The Home Secretary Suella Braverman has signalled that she may consider giving anonymity to criminal suspects as she feels a "media circus" jeopardises a fair trial. Speaking to an audience of Young Conservatives at the Conservative Conference in Birmingham, her comments came in answer to a question referring to the high profile cases of singer Sir Cliff Richard and Harvey Proctor, a former Conservative Member of Parliament, who were falsely accused of sexual abuse and never charged. Currently, alleged victims of sexual offences receive lifelong anonymity under UK law but there is no law against naming a suspect. So what effect would it have, particularly on women, if anonymity were given? Joining Emma is Lady Nourse who was cleared of 17 counts of historical child sex abuse involving a boy under the age of 12 in 2021, and Mark Williams-Thomas, an investigative journalist and former detective who exposed Jimmy Savile as a paedophile.

When was the last time you tried something completely new? After over a decade in the music industry, 4 successful albums, and a Mercury Prize nomination under her belt, Nadine Shah has turned her hand to acting for the first time. The singer, songwriter, and musician talks to Emma Barnett about fear of failure, updating Shakespeare, and learning to act for her debut role as Titania in Matthew Dunster and Jimmy Fairhurst's production of *A Midsummer Night's Dream*.

It's exactly a month since Liz Truss became leader of the conservative party and today she makes her first speech in that new role to the party faithful at their conference in Birmingham later this morning. Instead of the usual honeymoon period a new leader can expect to enjoy she has been beset by adverse publicity after the unveiling of chancellor's mini budget almost two weeks ago. It led to huge market unrest with the pound plunging to record lows against the dollar. Emma speaks to Kirsty Buchanan, her former Special Advisor.

WED 11:00 Back Seat Drivers (m001cpkh)

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 Meet David Sedaris (m000tfkv)

Series 8

Instalment 2

What with the whole world grinding to a viral halt and everything, this special series of essays and diary entries is recorded at the Sussex home of the world-renowned storyteller.

In 2021, it's 25 years since David Sedaris first shared his very particular world view with the listeners to BBC Radio 4, having brought us *The SantaLand Diaries* back in 1996. In this eighth series of *Meet David Sedaris*, he continues to entertain with sardonic wit and incisive social critiques.

David Sedaris has become one of America's pre-eminent humour writers and, in 2019, was elected to the American Academy of Arts and Letters. The great skill with which he slices through cultural euphemisms and political correctness proves that he's a master of satire and one of the most observant writers addressing the human condition today.

Sedaris's first book, *Barrel Fever* (1994), which included *The SantaLand Diaries*, was a critical and commercial success, as were his follow-up efforts, *Naked* (1997), *Holidays on Ice* (1997) and *Me Talk Pretty One Day* (2000). He became known for his bitingly funny recollections of his youth, family life and travels, making semi-celebrities out of his parents and siblings.

David Sedaris has been nominated for three Grammy Awards for Best Spoken Word and Best Comedy Album. His latest

international best-selling book is a collection of stories entitled *Calypso*. A feature film adaptation of his story *C.O.G.* was released after a premier at the Sundance Film Festival in 2013.

Producer: Steve Doherty
A Giddy Goat production for BBC Radio 4

WED 12:00 News Summary (m001cq39)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001cq3d)

Tesco Figures, Pension Freedom and Freezing Food

Tesco says more customers are heading towards their special food lines than ever before - is that a sign that we are treating ourselves with top label supermarket treats than going out for the night?

Staying with shopping - what can and can't you stick in the freezer? We look at the pros and cons of freezing fresh food.

We hear from the woman who started getting lots of post for Asda after her home was registered as the head office for Asda Limited.

Are people getting the right information quickly enough about early access to their pension pots?

And is a 4 day week the best way to improve working patterns. Two bosses tell us the highs and lows of changing the way people work.

PRODUCER: CRAIG HENDERSON

PRESENTER: PETER WHITE

WED 12:57 Weather (m001cq3j)

The latest weather forecast

WED 13:00 World at One (m001cq3q)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 The Boy in the Woods (m001bz4r)

3. The Prime Suspect

For more than 20 years the case of the murder of six-year-old Rikki Neave went unsolved. In this new ten part investigation, award-winning journalist Winifred Robinson, has unearthed the truth through unprecedented access to police interview rooms, and follows the investigation as the police move in on the perpetrator.

It's a haunting and heart-breaking case filled with injustice, a story of vulnerable children, known to the authorities who should have been protected, a tale of lives wasted and cut short. You'll hear original police tapes never broadcast before, fresh testimony from suspects and witnesses, new and compelling evidence from forensic scientists. The series takes you inside the jury room and abroad as the manhunt closes in.

In Episode Three of *Boy in the Woods*, police are searching for evidence and on the Welland Estate rumours are flying thick and fast. Parents are fearful about letting their children out and those close to the family are re-evaluating what they thought they knew about Rikki's Mum, Ruth. In police appeals for help it's Rikki's father who is featured, with tears streaming down his face. Behind the scenes many are wondering about the family and whether it holds clues to what might have happened to the lively six-year-old.

The Boy in the Woods is Presented by BBC Journalist, Winifred Robinson; the Series Producer is Sue Mitchell Sound Design is by Tom Brignall

WED 14:00 The Archers (m001cp5)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama (m001cpbg)

Heartstrings

A haunting story of love, obsession and betrayal set on the Norfolk coast.

Kate and her ex-boyfriend James arrive at her family's empty Norfolk bungalow where she hopes to find the peace, as well as the inspiration, to finish her debut novel.

The cottage backs onto a cliff top, with nothing but sea, sky and looming wind turbines. During the few stormy days cooped up in the cottage, the story of Kate's novel becomes tangled with the feelings of guilt she has following her mother's suicide, and

the very present memory of a sea shanty she heard as a child. Cracks widen in their relationship when James, a more successful writer, has an agenda of his own to pursue.

Kate's world begins to unravel as reality and fiction become dangerously blurred.

Imogen Lea's first radio drama is the second of two plays featuring new voices from East Anglia. It was recorded on location in Norfolk.

Cast

Kate Rosalind Burt
James Charlie Layburn
Beryl Judith Street
Carol Gillian Cally
Garage attendant Greg Powles

Song composed and performed by Jessica Temple
Sound design by Jon Nicholls
Directed and produced by Fiona McAlpine

An Allegra production for BBC Radio 4

WED 15:00 Money Box (m001cq4d)

Money Box Live: Dealing with Debt

With the energy price cap rising again, and the cost of living putting pressure on many people's finances - what can you do if you are struggling with debt?

Felicity Hannah and a panel of experts answer your questions on everything debt related - from credit cards and interest rates, to dealing with debt collectors, and support if you have been the victim of financial abuse. We also hear advice on how to spot loan sharks and what to do if you are involved with an illegal lender.

Featuring Laura Suter, Head of Personal Finance at AJ Bell, Jay Lowe, Money Advice Manager Staffordshire North & Stoke on Trent Citizens Advice, and Cath Williams from the England Illegal Money Lending Team.

Presenter: Felicity Hannah
Producer: Katie Barnfield
Editor: Jess Quayle

(First broadcast 3pm, Wednesday 5th October, 2022)

WED 15:30 Inside Health (m001cpfc)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Thinking Allowed (m001cq47)

Futilitarianism - Extreme Pessimists

Futilitarianism & Extreme Pessimists: Laurie Taylor talks to Neil Lallely, Researcher at Economic and Social Research Aotearoa (ESRA) at the University of Otago, New Zealand about a new study which argues that the current moment is characterised by feelings of futility and uselessness. If maximising utility leads to the greatest happiness of the greatest number of people, as utilitarianism has always proposed, then why is it that as many of us currently maximise our utility—by working endlessly, undertaking further education and relentlessly marketing ourselves—we are met with the steady worsening of collective social and economic conditions? They're joined by Monika Mühlböck, Assistant Professor at the University of Vienna and Senior Researcher at the Institute for Advanced Studies, whose research finds that expected downward mobility is impacting the political attitudes & voting behaviour of young people. Drawing on data from a survey among young adults aged 18–35 in eleven European countries, she asks to what extent that young adults who expect to do worse than their parents in the future are more likely to locate themselves at the extreme ends of the ideological scale.

Producer: Jayne Egerton

WED 16:30 The Media Show (m001cq4e)

How to Run a Movie Studio (and take Tom Cruise to space)

Donna Langley is one of the most powerful women in Hollywood. As Chairman of Universal Filmed Entertainment Group, she oversees film franchises like *Fast and Furious*, *Despicable Me* and *Jurassic World*, and was behind hits like *Mamma Mia* and *Straight Outta Compton*. In this special edition of *The Media Show*, Katie Razzall meets Donna Langley in Hollywood, and hears how a girl who grew up on the Isle of Wight became a movie studio boss. How does she decide which films to back? What does she do when the big budgets don't pay off? And has the covid pandemic changed forever how we watch movies?

Presenter: Katie Razzall

Producer: Helen Fitzhenry

WED 17:00 PM (m001cq4g)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m001cq4j)

The Prime Minister ends her party conference with a pledge to push for economic growth

WED 18:30 'Whatever Next?' With Miles Jupp (m001cq4l)
Series 1

Episode 2

The Auctioning of the Sequestered Cattle... Miles interviews the BBC's social mobility tsar, helps Seann Walsh launch his new podcast Who Would You Like to Have a Pint with?, and tries to persuade David Suchet to revisit a familiar role.

Starring Miles Jupp with Vicki Pepperdine, Julia Davis, Seann Walsh, Jocelyn Jee Essien, Philip Fox, Justin Edwards, Dominique Moore, and David Gower

Written by Miles Jupp & James Kettle
Script edited by Graeme Garden
Produced by Victoria Lloyd

A Random Entertainment Production

WED 19:00 The Archers (m001cpxd)

Ruth helps Leonard decorate the guest bedroom. They chat about Beth's refusal to be in Jill's birthday photos. Ruth wonders if it's just teething troubles from moving in with Ben. Ruth tags along with Leonard and Jill when they go furniture shopping for the guest room. But when Leonard sees the furniture in the flesh, he thinks they should go a bit more upmarket.

When Clarrie asks Eddie to prepare the vegetables for their tea, Eddie says he'll get George to do it. Clarrie thinks that'll be a first, but Eddie reckons he can easily persuade George.

Kenton chats to Shula on the phone and reports back to Jolene that she sounded very positive and well supported. When he worries that he's ruined Eddie's marriage, Jolene scoffs. How can Eddie be upset by a stupid kiss nearly fifty years ago - it's got out of hand. But later when Jolene discusses it with Eddie, she ends up offending Clarrie when she says she wouldn't feel threatened by Clarrie. When Eddie points out that Kenton's going to have to go a long way to make it up to him, Jolene smells a rat. She apologises, saying she'll talk to Kenton. When she goes, Clarrie says it's wrong to deceive people like this, but Eddie's dismissive - if it gets them a few freebies from the Bull, what's the problem? But back at the Bull, Jolene tells Kenton she's sure she's on to another Grundy scam. It's time for revenge!

WED 19:15 Front Row (m001cq4n)

Björk, NoViolet Bulawayo, James Bond at 60

Mercurial musician Björk has just released her tenth album Fossora. She discusses the experience of making the album and her interest in mushrooms.

Zimbabwean author NoViolet Bulawayo has been shortlisted for the Booker Prize for the second time, this time for her second novel Glory. It recounts the political turmoil of Zimbabwe's recent past through a cast of animal characters. NoViolet tells Samira what made her want to approach the subject in this way.

To celebrate the 60th anniversary of James Bond, Samira speaks to producers Barbara Broccoli and Michael G. Wilson about the immense impact and legacy of the franchise.

Presenter: Samira Ahmed
Producer: Eliane Glaser

Main image: Björk
Photographer's credit: Vidar Logi

WED 20:00 Bringing Up Britain (m001cq4q)
Series 15

Is Gentle Parenting Right For Me?

A growing group of parents are embracing the 'gentle' approach, where you calmly explain to your child the consequences of their behaviour and help them understand what they have done wrong, rather than making them sit on the 'naughty step' or raise your voice. Advocates say it's about respecting your child as much as you would respect an adult.

Many see it as a change in parenting that is much needed for today's world. So what is it exactly? How does it work in practice? And should this form of parenting be shaping the next generation of kids? Anjula Mutanda meets a mum of two boys under 4 who wants to find out more from a set of experts.

Our experts:

Dr Mona Delahooke is a paediatric psychologist and the author of 'Brain-Body Parenting'. Sarah Ockwell-Smith has written 13 parenting books, including 'The Gentle Parenting Book'. Dr Kristyn Sommer is a child developmental expert who conducts research on children's early cognitive, social and emotional development.

Producer: Sarah Shebbeare

WED 20:45 Four Thought (m001cf0p)
Baldness, Beauty and Me

After an incident at school which shattered Lizi Jackson-Barrett's confidence in her appearance, she spent much of her life chasing what society thinks of as beautiful. Only when she suffered from Alopecia at the age of forty, did she find confidence in herself and her beauty. She urges society to question engrained ideas of what beauty is.

"I can't remember ever crying as much as I did in those first months of being bald. I felt a grief that was deeper than any I'd known before. Everything I'd ever done felt so pointless: I'd spent my entire life trying to make myself look "right" and now I was further from that goal than ever."

Image Credit: The Woman And The Wolf

WED 21:00 Costing the Earth (m001cpbv)
[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m001cq4c)
[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m001cq4s)
Growing protests against government inside Iran

In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 Stories from Ukraine (m001cq4v)
Richard the Chickenheart

A group of Ukrainian reporters reluctantly host American photographer Richard, who is always looking for tragedy and sees death as a photo op. He seems to get the perfect chance when the 2014 Odesa Clashes erupt nearby.

Read by Inna Bagoli
Written by Kateryna Babinka
Translation by Hanna Leliv
Abridged and produced by Naomi Walmsley

Taken from the anthology 'Love in Defiance of Pain: Ukrainian Stories'

WED 23:00 The Haunting (m001cq4x)
Series 4

Star Struck

Travel through the bad gateway in this modern ghost story as writer and performer Tom Neenan discovers what horrors lurk in our apps and gadgets. In this episode, a celebrity birthday message from Joanna Lumley turns into a terrifying gift for Tom

Modern technology is terrifying. The average smartphone carries out three-point-three-billion instructions per second. The average person can only carry out one instruction in that time. Stop and think about that for a second. Sorry, that's two instructions - you won't be able to do that.

But what if modern technology was... literally terrifying? What if there really was a ghost in the machine?

Starring:
Tom - Tom Neenan

With special guest star
Cam - Martin Jarvis

and Joanna Lumley and Peter Davison as themselves

Also starring:
Heidi - Jenny Bede

June - Phoebe Horn
Police Officer - Tayla Kovacevic-Ebong
The Waiter - Dan Tetsell
The Deepfakes - Lewis Macleod

Written by Tom Neenan

Produced and directed by David Tyler

A Pozzitive production for BBC Radio 4

WED 23:15 The Skewer (m001cq52)
Series 7

Episode 4

From Jon Holmes and his crack team of sound-wizards comes a satirical current affairs concept album that twists itself into the news. This week - U Turns, Peaky Tories, and Are You Local Radio?

An unusual production BBC Radio 4

WED 23:30 I Was... (m000n5fd)
Series 7

I Was Basquiat's Partner in Noise

In the late 1970s, New York City was bust and mired in debt, suffering from widespread corruption, arson and the collapse of its infrastructure. Its residents were victims of fear and despair as crime rose to an all-time high.

But in lower Manhattan, a creative street art sub-culture was booming with music, graffiti art, rap artists and nascent stars yet to shine like Debbie Harry and bands like Talking Heads.

Michael Holman was one of many experimental artists active in New York at that time

Michael met a young graffiti artist whose profound gnostic statements had picked up a following. He suggested to Michael that they form an Art House Noise Band. His name was Jean Michel Basquiat.

Overnight, Gray was born. They performed in The Mud club and other venues in the area.

Michael talks to Andrew McGibbon and recalls his time with Basquiat both as a band member and watching as his friend became a world-famous painter.

Written and Presented by Andrew McGibbon

Produced by Nick Romero

A Curtains For Radio Production for BBC Radio 4

THURSDAY 06 OCTOBER 2022

THU 00:00 Midnight News (m001cq54)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 How to Steal a Trillion (m0017tc4)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001cq56)

The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes (m001cq58)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m001cq5b)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m001cq5d)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m001cq5g)

A spiritual comment and prayer to begin the day with Rabbi Warren Elf

Good morning.

Sunday is World Mental Health Day. For the last few years in Manchester, we have held an interfaith service for World Mental Health Day on the closest Thursday night in Manchester

Cathedral. Tonight is this year's interfaith service.

In the last few years, I think we have all become more aware of the importance of good mental health and how we can all struggle with mental health issues at times. Even before the pandemic and lockdowns that exacerbated the loneliness, lack of interaction and support for so many, we were recognising that mental health was becoming a massive issue. And it has become more acute in the last couple of years.

So to be able to come together to share stories, to sing, to pray and to eat and drink with others of different faiths, cultures and identities has become very special and powerful.

We managed to keep this annual service going through the pandemic and tonight we are expecting large numbers of people coming together, to share, to support each other and to express our hope and intention that we can always help each other.

There are still many faiths, cultures and communities where mental health issues are not recognised or where people are not encouraged to talk about them. We must get the message out that it is vital to talk and to offer support. There are so many good initiatives and groups around to help.

We have been training faith leaders and others in mental health awareness and helping them to gain skills to help those with mental health issues to find ways that work for them to feel better and healthier. There is lots to do.

One prayer we will be reciting tonight is: Heal us, God, and we shall be healed; save us, and we shall be saved; for it is You we praise. Send relief and healing for all our diseases, our sufferings and our wounds; for You are a merciful and faithful healer.

THU 05:45 Farming Today (m001cq5j)

The Home Secretary says farmers should work harder to find local pickers. The vast majority of pickers on UK farms come from abroad via the seasonal workers scheme. It was expanded earlier this year to allow 30,000 people to come for 6 months to work on farms and in poultry processing, with an extra 10,000 visas available if needed. Farmers say they really need 70,000 people, allowed to come for 9 months, and that they need to know how many visas will be available as soon as possible.

We've been talking about the cost of heating oil over the past few weeks. For many in rural areas who can't connect to gas, solid fuel heating systems are what they rely on. The Government has said it will provide extra support to those consumers but the cost of heating oil has more than doubled in the last couple of years. Not surprising then that demand for the Northumberland Log Bank is also rising.

A new body is being launched this week to represent potato growers and the whole supply chain.

Presented by Charlotte Smith and produced by Beatrice Fenton.

THU 05:58 Tweet of the Day (b09cy7hr)

Gary Moore on the Golden Pheasant

Gary Moore describes the elation of tracking down the notoriously elusive golden pheasant and finding it basking in sunshine as it poses for a mate.

Producer: Tom Bonnett
Photograph: Martin Clay.

THU 06:00 Today (m001cpwr)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m001cpwt)

The Knights Templar

Melvyn Bragg and guests discuss the military order founded around 1119, twenty years after the Crusaders captured Jerusalem. For almost 200 years the Knights Templar were a notable fighting force and financial power in the Crusader States and Western Europe. Their mission was to protect pilgrims in the Holy Land, and they became extremely wealthy yet, as the crusader grip on Jerusalem slipped, their political fortune declined steeply. They were to be persecuted out of existence, with their last grand master burned at the stake in Paris in 1314, and that sudden end has contributed to the strength of the legends that have grown up around them.

With

Helen Nicholson
Professor of Medieval History at Cardiff University

Mike Carr
Lecturer in Late Medieval History at the University of

Edinburgh

And

Jonathan Phillips
Professor of Crusading History at Royal Holloway, University of London

Producer: Simon Tillotson

THU 09:45 How to Steal a Trillion (m0017v71)

4. A Hard Shell

Author and journalist Oliver Bullough traces Britain's vital role in the growth of 'offshore' money laundering, talking to historians, whistle blowers, former investigators, and politicians.

In this episode, Oliver explores how, in recent years, law enforcement officials and the politicians whose decisions shape their efforts have struggled to tackle the problem.

Series contributors include: Graham Barrow, Roman Borisovich, Bill Browder, Liam Byrne, John Christensen, Damian Hinds, David Lewis, Vanessa Ogle, John Penrose, Catherine Schenk, Helena Wood

Producer: Phil Tinline

THU 10:00 Woman's Hour (m001cpww)

Merope Mills on her daughter Martha, Rugby World Cup preview, Truss impersonators, Iran update

Merope Mills' 13-year-old daughter Martha died in hospital in August 2021. She had sustained a rare pancreatic trauma after falling off a bike on a family holiday, and spent weeks in a specialist unit where she developed sepsis. An inquest concluded that her death had been preventable, and the hospital has apologised. Merope, who is Editor of the Guardian's Saturday magazine, says her daughter would be alive today if doctors had not kept information from them about her condition, because as her parents they would have demanded a second opinion. She joins Emma for her only broadcast interview.

As the Prime Minister Liz Truss jets off to Prague to a meeting of a new political club of nations, the summit of the European Political Community - the impressionists have been busy at work. Politicians have always been their lifeblood especially our Prime Ministers. Jess Robinson who does many of the famous female voices for Spitting Image and Jan Ravens from Radio 4's Dead Ringers join Emma.

It has been three weeks since the death of Mahsa Amini, a 22-year-old woman who fell into a coma hours after being detained by morality police on 13 September in Tehran for allegedly breaking the strict law requiring women to cover their hair with a hijab, or headscarf. She died in hospital three days later. It sparked widespread unrest in Iran which has moved to the classroom where schoolgirls have been removing their hijabs. Meanwhile the protests are going global. Last week British Iranian Nazanin Zaghari-Ratcliffe cut her hair and yesterday a video was posted in which 50 high profile French women also cut their hair in support, including the actor Juliette Binoche. On Tuesday Abir Al-Sahlani, MEP for the Swedish Centre Party made a speech in the European Parliament where she cut her hair while standing behind a podium. Abir joins Emma along with Faranak Amidi,

This Saturday marks the start of the Women's Rugby World Cup. It's being held in New Zealand and England are the runaway favourites. Wales and Scotland are also taking part and Northern Ireland, who play as Ireland, failed to qualify. To give us a preview Emma is joined by Ali Donnelly, podcast host and author of *Scrum Queens*, the story of women's rugby and Rocky Clark, England's most capped player (men and women). Rocky represented England in the last four World Cups, lifting the trophy with her team in 2014.

THU 11:00 From Our Own Correspondent (m001cpwy)

China's Media Control

China's communist party is preparing for a crucial meeting of the annual congress which is expected to award President, Xi Jinping a third term in office. But amid the tightened security surrounding this event, economic storm clouds are gathering. And investigating and reporting on the effects of this downturn is becoming ever more tricky, as Stephen McDonnell has found.

The storm surge triggered by Hurricane Ian engulfed several cities on Florida's Coast. Buildings were torn apart and some 600,000 homes and businesses were left without power. Alexandra Ostasiewicz went to a trailer park community in Fort Myers where residents are now trying to rebuild their lives and homes.

There have been reports this week of a breakthrough by Ukrainian troops fighting in the South of the country in the Kherson region after further gains had been made in the East against the Russians. Abdujahl Abdurasulov was embedded with Ukrainian troops on the southern frontline where a protracted battle is underway.

Mexico is known the world over for its vibrant and spicy cuisine. But Will Grant is one of the unlucky few who is unable to savour the country's culinary delights due to losing his sense of taste after contracting Covid back in January. He's now resorting to more extreme measures to get it back.

Concealed among the algae or and broken seashells on Lithuania's coast are little pieces of drift amber. Its origins can be traced back thousands of years, when resin that fell from trees in vast forests was washed out to sea and transformed into the gemstone on the ocean floor. Heidi Fuller-love went on an amber trail.

Presenter: Kate Adie
Producer: Serena Tarling and Ellie House
Editor: Richard Fenton-Smith
Production Coordinator: Iona Hammond

THU 11:30 Live in Kyiv: Comedy from a War Zone (m001cpx0)

In April 2022, two months after his country had been invaded by Russia, with the death toll standing at around 2,500 soldiers and 2,000 civilians, Ukrainian comedian Anton Tymoshenko did what any self-respecting comedian would do - he got on stage in Kyiv and told jokes about the war.

The video of this set - his first in English - went viral, with comedians such as Dara Ó Briain praising its bravery and quality. Anton joked about the effect of the war on Kyiv house prices, his "colleague" Volodymyr Zelenskyy, and Russian war crimes. Even the subtitles apologised for their haste - "I was trying not to die".

But how is it possible that when bullets start flying and bombs start dropping, people are still willing to tell jokes - and yet more people are willing to laugh? As he toured Ukraine performing stand-up, Anton reflects on what he's learned about comedy - from the point of view of both comedians and audiences - while having to do his job under the most extreme possible conditions.

Presenter: Anton Tymoshenko

Photograph courtesy of The Ukrainians / Danylo Pavlov

Interviewee: Sami Shah
Interviewee: Uğur Üngör
Interviewee: Angie Belcher

Mixed by David Thomas.

Producer: Ed Morrish

A Lead Mojo production for BBC Radio 4

THU 12:00 News Summary (m001cpx2)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001cpx4)

You and Yours Gap Finders: Amanda Thomson

Today's Gap Finder is Amanda Thomson, the CEO and Founder of Thomson & Scott and creator of Noughty- Alcohol-Free, Organic, Vegan and Halal Sparkling Rosé & Chardonnay, along with still red wine.

After a 25 year career as an arts broadcaster, Amanda set off to Paris to retrain in wine at the famous, Le Cordon Bleu. Now her brand is sold in 45 countries and Amanda is one of the leading voices in calls for greater transparency in wine labelling.

Thomson and Scott was first registered as a business in 2013 and began making traditional alcoholised champagne before launching Noughty in 2019, with their biggest customer base now in the United States.

The maker Amanda uses in Germany has a long standing history in dealcoholisation with practices developed by his great, great, great grandfather which have their origins in the 19th-century.

Shari Vahl hears about Amanda's early start in business, securing funding and her ambitions for the future of the company.

PRESENTER: Shari Vahl
PRODUCER: Linda Walker

THU 12:32 All Consuming (m001cpx6)

Batteries

Batteries are everywhere in modern society. They're in our phones, laptops and cars, or inside the classics - like torches, portable radios, or TV remotes. They're inside drones probing deep beneath the ocean or providing juice to the Mars rover.

In an electrifying episode of All Consuming, Amit Katwala and Charlotte Williams explore the history of the energy storage devices that changed the world.

We check in with the curator of contemporary Science at the Science Museum, Dr Sophie Wearing, to learn about the unlikely origin of the term "battery" and the early uses of energy storage. We also get up to speed with Electric Vehicle Batteries with the Faraday Institution's chief scientist, Sir Peter Bruce. Battery recycler Sam Haig deconstructs lithium-ion battery recycling and, to get the bigger picture, we hear from pumped-storage hydro expert Alex Campbell.

A Whistledown production for BBC Radio 4

THU 12:57 Weather (m001cpx8)

The latest weather forecast

THU 13:00 World at One (m001cpxb)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

THU 13:45 The Boy in the Woods (m001bz7w)

4. The Interrogation

In Episode Four of The Boy in the Woods, BBC Journalist, Winifred Robinson, pieces together how police officers set about building their case against Rikki's mother, Ruth. They question her relentlessly for more than twenty hours as they attempt to trap her. The tapes draw you into the nightmare world she faced, with one officer saying in response to her claims that she was a good Mum: "If you're such a good Mum then, Ruth, how come you've got one child dead and another one in care?"

The Boy in the Woods is Presented by BBC Journalist, Winifred Robinson; the Series Producer is Sue Mitchell Sound Design is by Tom Brignall

THU 14:00 The Archers (m001cpxd)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama (m001c6gl)

In Moderation

by Katie Bonna

Esther Aisling Loftus
Connor Jonathan Forbes
Issam David Mumeni
Alison Dorothy Atkinson
Nick Hughie O'Donnell
Pamela Ruth Everett
Voice of the Internet Tom Kiteley
Co-Worker Chloë Sommer

Directed by Sally Avens

Esther's sister has taken her own life after watching self harm videos online so Esther is on a mission to clean up the internet. She takes a job as a content moderator but soon finds herself struggling to cope in a world far darker and more complex than she could possibly have imagined.

THU 15:00 Ramblings (m001cpxg)

The Trundle Sussex with Harriet Thomas

The final listener's walk of the series is with Harriet Thomas who wrote the programme to invite Clare to share her regular walk to The Trundle near Goodwood Racecourse in West Sussex. When lockdown struck and Harriet decamped from London to be near her elderly father she began walking regularly. Sadly her father passed away in Spring 2020 and Harriet kept up the walking as a way of processing her grief. She never returned to London and now immerses herself in the Sussex landscape on her daily rambles. They meet and start out from near the village of West Dean and do a 6 mile circular walk that takes them up to The Trundle an ancient hillfort that provides a spectacular view down into Chichester and beyond to Portsmouth and the Isle of Wight.

Producer: Maggie Ayre

THU 15:27 Radio 4 Appeal (m001cplm)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Bookclub (m001cp2d)

[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 Made of Stronger Stuff (p0bsxs5jp)

Tears

Psychologist Kimberley Wilson and Dr Xand van Tulleken take a journey around the human body, to find out what it can tell us about how we live in the world. In this episode, they find out there's much more to tears than meets the eye.

What is the purpose of tears, does crying actually make you feel better, and what happens when you lose your ability to make them at all?

Producer: Georgia Mills
Researcher: Leonie Thomas
Executive Producer: Robert Nicholson

A Whistledown production for BBC Radio 4

THU 16:30 BBC Inside Science (m001cpxk)

Coronavirus - new variants

The virus which causes Covid 19 is continuing to evolve, but into several different closely related strains rather than more new variants such as Delta and Omicron. Ravi Gupta, Professor of Clinical Microbiology at Cambridge university gives us his assessment of the current picture, and Jeremy Farrar, Director of the Wellcome Trust, comments on global efforts to counter the virus.

The Nobel prizes were awarded this week. Science Journalist Philip Ball looks at the winning discoveries and the scientists behind them.

And shortlisted for the Royal Society Insight Investment Science book prize, we hear from Henry Gee, author of A Very Short History of Life on Earth.

THU 17:00 PM (m001cpxm)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O'Clock News (m001cpxp)

The Prime Minister has insisted the UK has good energy supplies and can get through the winter

THU 18:30 Gemma Arrowsmith's Sketched Out (m001cpxr)

Series 1

Adam Fleming

Gemma Arrowsmith has a new sketch show on Radio 4, but after Paterson Joseph and Joanna Lumley being brought in to replace her so far, will she finally get to host her own show?

Not if Adam Fleming has anything to do with it. He already hosts Newscast, Boris and Antisocial, so what's one more show? Treating sketches like the news, Adam gets confused about whether student loans really continue into the afterlife, the lengths a 'traditional' woman will go to in order to prove loyalty to her husband, and if time travel is really the solution to the housing crisis.

Performed by: Gemma Arrowsmith, Chiara Goldsmith, Tom Crowley & Adam Courting
Guest host: Adam Fleming

Written by: Gemma Arrowsmith
Script Edited by: Tasha Dhanraj

Sound design: Neil Goody at Premises Studios
Production Coordinator: Sarah Nicholls

The Producer was Gwyn Rhys Davies, a BBC Studios Production.

THU 19:00 The Archers (m001cpxt)

Ben worries to Josh about Beth; she hasn't gone to work and is hardly speaking. Ben knows it's all his fault. He also needs to know how Chelsea's doing, which will hurt Beth even more. He half wishes Beth would dump him, then she could start again with someone better. Later Beth tells Josh she knows that Ben's made a stupid mistake, but she can't get over him sleeping with Chelsea and the idea of a baby. Beth knows it would be easier if she left, but she also knows Ben's really trying to do the right thing. Later Ben tells Beth he needs to speak to Chelsea. Beth respects him for that and says Ben needs to tell her everything

even if it hurts her. It's the only way they might survive this. Kenton gives Eddie a pint on the house to make up for all the hurt he's caused. Eddie's surprised when Tony mentions that Jolene and Kenton are selling up. When he checks it out, Kenton and Jolene ask him to keep it secret. Kenton can't live in the same village as Eddie, having caused such disruption to his marriage. Distraught Eddie owns up that it was just a scam to get a free pint or two. Kenton tries to keep up the pretence but ends up admitting the joke's now on Eddie. They're not selling the Bull - it was just a wind up as revenge for Eddie's scam. To make up for it Eddie will have to buy drinks for the winning side!

THU 19:15 Front Row (m001cpxw)

Booker-nominated author Percival Everett, The Lost King reviewed

Author Percival Everett talks to Tom Sutcliffe about his Booker Prize nominated novel, The Trees, which uses dark humour to explore gruesome events in Mississippi.

Science Fiction writer Una McCormack and historian Prof Anthony Bale review Stephen Frears's new film The Lost King, about the real life search for the remains of Richard III and a new exhibition at the Science Museum devoted to Science Fiction.

And writer Hari Kunzru on the life and work of Annie Ernaux, who has been awarded the Nobel Prize in Literature.

Presenter: Tom Sutcliffe
Producer: Emma Wallace

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THU 20:00 The Briefing Room (m001cpxy)

Protests in Iran

Since mid-September, women and girls in Iran have been staging demonstrations against the regime. Social media has been full of images of female protestors cutting off their hair and removing their Islamic head-covering in open defiance of the security forces.

These protests have their roots in the arrest of a young woman called Mahsa Amini for minor infractions of the Islamic Republic's dress code and her subsequent death in custody.

But there have been several waves of protest since the Iranian Revolution of 1979 - all of which have been successfully repressed. So, this time is it different? Is a regime that's been in power for decades seriously under threat?

Joining David Aaronovitch in The Briefing Room are: Khosro Kalbasi, Iran analyst at BBC Monitoring. Azadeh Moaveni, Journalist and author of Lipstick Jihad. Eskandar Sadeghi, Lecturer in Contemporary Politics and Modern History of the Middle East at Goldsmith's, University of London. Ali Ansari, Professor of History at St Andrews University. Sanam Vakil, Deputy Director of the Middle East programme at Chatham House.

PHOTO: Demonstrators in the Iraqi region of Kurdistan holding pictures of Mahsa Amini (Getty Images)

THU 20:30 The Bottom Line (m001cpxz)

Has Britain stopped working?

Evan Davis asks why there are more job vacancies in Britain than there are people looking for work. Unemployment used to be a big problem, but now businesses say they're struggling to recruit enough staff.

Guest list:
Jane Townson: CEO of The Home Care Association
Will Beckett: CEO of Hawksmoor restaurants
Jane Gratten: Head of People Policy at the British Chambers of Commerce
Jon Wilson: CEO of TotalJobs online recruitment agency.

Production Coordinator: Helena Warwick-Cross and Siobhan Reed
Sound production: Neil Churchill & Graham Puddifoot
Research: Louise Byrne
Producer: Nick Holland
Editor: Richard Vadon
Presenter: Evan Davis

THU 21:00 BBC Inside Science (m001cpxk)

[Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m001cpwt)
[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m001cpy3)
In depth reporting, intelligent analysis and breaking news from a global perspective

THU 22:45 Stories from Ukraine (m001cpy5)
How to Fall in Love with George Michael

Teenager and probably genius poet Olesia finds herself in love for the first time. However, to her horror, the object of her affection doesn't fit the pop star ideal and she is risking becoming a social outcast.

Written by Nataka Sniadanko
Translated by Jenny Croft
Read by Vera Graziadei
Abridged and produced for radio by Naomi Walmsley

Taken from the anthology 'Love in Defiance in Pain: Ukrainian Stories'

THU 23:00 Your Place or Mine with Shaun Keaveny (p0cgp9f)
Sophia Smith Galer: Granada, Spain

Journalist, author and TikTok maestro Sophia Smith Galer loves languages. So the combination of Spanish, Arabic, history, culture and art offered by the city of Granada tempted her to brave the height of summer in one of the hottest places in Spain. Despite the hazards of heat to health, and the occasional cockroach, can Shaun be tempted by the extraordinary Alhambra, delicious tapas and fine sheries on offer?

Your Place Or Mine is the travel podcast that isn't going anywhere - not until guests can convince Shaun Keaveny it's worth getting off the sofa for. Each week a familiar face will try to persuade Shaun and resident geographer, historian and comedian Iszi Lawrence that jetting off to their favourite destination is worth the hassle.

Across the series listeners will be able to figuratively globe-trot to a new destination, as guests share a personal guide to their favourite place on the planet. Iszi will be on hand to check out the facts during the podcast's metaphorical tour of its visitors' much-loved locations.

With all the missed travel these past two years, Your Place Or Mine will explore whether getting back on a plane is too much for our wallets and limited carbon budgets, or if seeing the world and experiencing global cultures is something we can't afford to miss.

Your Place or Mine is a BBC Audio production for BBC Radio 4 and BBC Sounds.

Producers: Proinsias O'Coinn and Jen Whyntie

THU 23:30 I Was... (m000nlkb)
I Was Sylvia Robinson's Chief Recording Engineer

Sylvia Robinson, found fame early in her life, as part of the duo Mickey and Sylvia, with 1957's Love Is Strange. She scored another hit 16 years later with her own song, Pillow Talk. It has since become a soul classic.

She founded a record label - All Platinum - with her husband Joe Robinson in the early 1970's, complete with studios, record cutting rooms and offices. Always having a flair for the hit tune, in 1979 she put together a group of boys who had been rapping with her son Joey at the mall in Englewood, New Jersey where the Robinson's lived.

The Sugar Hill Gang was born and their record, produced by Sylvia, was Rapper's Delight. It was a smash hit, launching rap and hip hop into the mainstream of popular music. She became known as the Mother of Hip Hop.

Allan Tucker grew up in New York in the 1960s, and began singing in a Simon and Garfunkel tribute act in his late teens. After passing on a career in science, he realised his calling as a recording engineer after watching another engineer make a complete hash of Allan's tribute act recordings. He knew he could do much better.

In the mid-70s, Allan arrived at All Platinum studios as chief recording engineer.

Allan recalls the entertaining and extraordinary events at All Platinum working with Sylvia and Joe Robinson and other recording artists on the label.

Written and Presented by Andrew McGibbon
Producer: Nick Romero

Series Executive Producer: Sarah Cuddon

A Curtains For Radio production for BBC Radio 4

FRIDAY 07 OCTOBER 2022

FRI 00:00 Midnight News (m001cpy8)
The latest news and weather forecast from BBC Radio 4.

FRI 00:30 How to Steal a Trillion (m0017v71)
[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m001cpyb)
The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m001cpyd)
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m001cpyg)
The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m001cpej)
The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001cpej)
A spiritual comment and prayer to begin the day with Rabbi Warren Elf

Friday 7th October

Good morning

Today is World Smile Day.

I am a firm believer that sometimes all it takes to make the day better is a smile, whether it's one someone gives to you, or one you share with others. We all know that little acts of kindness can bring a shining smile to someone who has otherwise had a terrible day, and it can change everything that follows.

I am someone who always tries to use humour in different situations. When I was a Maths teacher, I always tried to lighten the lessons with a joke and smiles. I am not sure how much my students learnt in my classes but I always hoped they would enjoy them.

So today is the perfect day to try to make others smile while also ensuring we have a smile on our face as well as much as possible throughout the day.

Apparently happiness is biological! When you smile, endorphins are created, that cause feelings of pleasure.

And, do you know why the colour yellow was used for the smiley face? It's because yellow is the colour of cheerfulness!

So today I would like us all to remember that we should be smiling on World Smile Day! We often smile when we are helping others, so let's aim today to create one big circle of happiness!

Whatever we are doing today on World Smile Day, let's try to remember to smile and spread it further. Maybe we should wear something yellow too - I might even wear my yellow tie!

Eternal God, help us to smile today and every day. Help us to do acts of random kindness that will encourage others to smile as well. And at times when we are struggling, we pray that others smile at us and do things that help us smile. Teach us to worry less and to smile more.

FRI 05:45 Farming Today (m001cpey)
07/10/22 Farm Payments, Net Zero spuds, Seed Potato exports

The Government should consider introducing a direct payment to small farms in England according to Conservative MP and chair of the EFRA (Environment, Food and Rural Affairs) Committee, Sir Robert Goodwill. He tells us around £10,000 pounds a year could ensure their survival. Direct payments to farmers in England are currently being phased out, while a new policy to pay farmers public money only for providing public goods is brought in.

And as we come to the end of our week looking at the potato industry, we catch up with those who grow seed potatoes here but still can't export them to the EU after Brexit. And we hear about a £2m project to reduce the potato's carbon footprint.

Presented by Charlotte Smith
Produced in Bristol by Natalie Donovan

FRI 05:58 Tweet of the Day (m0001cy1)
Brian Briggs on the Manx Shearwater

Brian Briggs, former singer, lyricist, and guitarist with the band Stormoway, has had a lifelong passion for the natural world and birding, even completed a PhD on ducks. Stormoway, who's third album Bronxie (the colloquial name for the arctic skua) finally disbanded in 2017, allowing Brian to convert his hobby and long standing love affair with birds into a career. He is now is the reserve manager of the Wetlands and Wildlife Trust's Llanelli Wetland Centre.

With a lifetime of bird knowledge, Brian recalls the other-worldly sound of Manx Shearwaters, calling from their burrows on the island of Skomer in west Wales, the largest known concentration of these birds in the world.

Producer Andrew Dawes

FRI 06:00 Today (m001cq7g)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m001cp20)
[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 How to Steal a Trillion (m0017tsh)
5. Unexplained Wealth

Author and journalist Oliver Bullough traces Britain's vital role in the growth of 'offshore' money laundering, talking to historians, whistle blowers, former investigators, and politicians.

In this final episode, Oliver asks why the government's much-heralded Unexplained Wealth Orders have not so far managed to stop offshore money laundering - and explores what might work instead.

Series contributors include: Graham Barrow, Roman Borisovich, Bill Browder, Liam Byrne, John Christensen, Damian Hinds, David Lewis, Vanessa Ogle, John Penrose, Catherine Schenk, Helena Wood

Producer: Phil Tinline

FRI 10:00 Woman's Hour (m001cq7j)
Sheila Atim, Péju Alaitise, Amanda Wakeley, Emma Norton

Anita Rani talks to Sheila Atim the award-winning British-Ugandan actor about her new film 'The Woman King'. She plays the warrior Amenza, part of the Agojie, an all-female army who battle fearlessly against marauding European slavers to protect their empire in 19th century Dahomay, in West Africa. Her role is Lieutenant to Nansica (AKA Viola Davis), the formidable head of that female military regiment.

A year on from the Atherton Review which found women in the armed forces were being let down with a majority reporting they had suffered bullying harassment or discrimination we hear from Emma Norton from the Centre for Military Justice about what progress has been made.

A new sculpture by Nigerian artist Péju Alaitise, Sim & The Glass Birds, can be seen in this year's Frieze Sculpture 2022 in London's Regents Park. Sim & The Glass Birds is a four-panel life-sized sculptural composition featuring the figure of a young girl and glass birds in flight highlighting the plight of marginalised young girls and the issue of child labour in Nigeria. Peju joins Anita in the studio.

Amanda Wakeley OBE is one of Britain's best-loved designers. She has three British Fashion Awards and has dressed everyone from Diana, Princess of Wales to Beyoncé but a downturn during the pandemic saw her company collapse into administration. She's now started her own podcast called Style DNA by Amanda Wakeley. She talks to Anita about starting over again, turning 60 and her never-ending love for a good white shirt.

Presenter: Anita Rani
Producer: Lisa Jenkinson
Studio Manager: Tim Heffer

FRI 11:00 Net Zero: A Very British Problem (m001cq7i)
Future Proofing

The UK is a global success story when it comes to reducing carbon emissions. Committed to reaching net zero by 2050, we've surpassed targets for 2012, 2017 and - already - 2022. We

are ahead of all EU countries and other leading economies.

On paper we look good, but it's about to get a lot tougher...

The carbon savings we've made so far have been the easy ones. To reach Net Zero, we need to start changing the way we live and work. We need to rethink our homes, our heating, our transportation and our food. We can't reach net zero without these changes impacting on each and every one of us.

In this series, comedian and environmental economist Matt Wining looks at the ways in which unique aspects of British culture have shaped how we generate carbon, how we've managed to reduce emissions, and the challenges we now face to eliminate them completely. Travelling around Britain - from terraced houses to the tiniest of crofts, and from golf courses to cement factories - Matt reveals how our energy consumption is bound up with who we are.

The big question now is: can we change?

Produced by: Victoria McArthur & Julia Johnson

Additional production by: Amanda Hargreaves

Research by: Alice McKee

Presenter: Matt Wining

Sound mix: Sean Mullervy

Senior Producer: Peter McManus

Based on an original idea by: Kate Bissell & Glyn Tansley

FRI 11:30 Relativity (m001cf5h)

Series 4

Episode 5

Drawing on his own family, the fourth series of Richard Herring's popular comedy drama has warm, lively characters and sharply observed family dynamics of inter-generational misunderstanding, sibling sparring and the ties that bind.

Amid the comedy, Richard broaches some more serious highs and lows of family life. In this series, set during the first year of lockdown, he draws on his own experience of testicular cancer at that time, as well as the comedic escapades of the four generations of the Snell family. Love, laughter and malapropisms abound.

Richard Herring is a comedian, writer, blogger and podcaster and the world's premier semi-professional self-playing snooker player.

Episode 5

Jane and Ian delve into family nostalgia as she looks after him post op. Pete struggles to look after the three children on his own while giving up alcohol. Ken becomes an unlikely hero when a forlorn stranger breaks into the house.

Cast:

Ken.....Phil Davis
Margaret.....Alison Steadman
Jake.....Guy Rhys
Ian.....Richard Herring
Jane.....Fenella Woolgar
Pete.....Gordon Kennedy
Holly.....Tia Bannion
Mark.....Fred Haig
Nick.....Harrison Knights

Writer.....Richard Herring

Director.....Polly Thomas

Sound Design.....Eloise Whitmore

Producer.....Daisy Knight

Executive Producers.....Jon Thoday and Richard Allen Turner

An Avalon Television production for BBC Radio 4

FRI 12:00 News Summary (m001cq7n)

The latest national and international news from BBC Radio 4.

FRI 12:04 Archive on 4 (m001cp8n)

[Repeat of broadcast at 20:00 on Saturday]

FRI 12:57 Weather (m001cq7r)

The latest weather forecast

FRI 13:00 World at One (m001cq7t)

Forty-five minutes of news, analysis and comment, with Edward Stourton.

FRI 13:45 The Boy in the Woods (m001c009)

5. The Clamour for Justice

For more than 20 years the case of the murder of six-year-old

Rikki Neave went unsolved. In this new ten part investigation, award-winning journalist Winifred Robinson, has unearthed the truth through unprecedented access to police interview rooms, and follows the investigation as the police move in on the perpetrator.

It's a haunting and heart-breaking case filled with injustice, a story of vulnerable children, known to the authorities who should have been protected, a tale of lives wasted and cut short. You'll hear original police tapes never broadcast before, fresh testimony from suspects and witnesses, new and compelling evidence from forensic scientists. The series takes you inside the jury room and abroad as the manhunt closes in.

In Episode Five of the Boy in the Woods, BBC Journalist, Winifred Robinson, interviews Bryonie Swift, a family aid worker assigned to work with Ruth and her children in the months before Rikki's death. In this, her first public interview, she reveals Ruth's frustration with Rikki the day before he went missing. In a haunting exchange the young mother turned to Bryonie and told her that she couldn't cope. She wanted help and if she didn't get it, she said she would "kill him."

The Boy in the Woods is Presented by BBC Journalist, Winifred Robinson; the Series Producer is Sue Mitchell Sound Design is by Tom Brignall

FRI 14:00 The Archers (m001cpxt)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (p0d0b94w)

One Five Seven Years

One Five Seven Years - Episode 3: Jacob

Imagine you could live for two lifetimes. Would you want to? How would it change you and those you love? What would you do with all those extra years? What second chances might you get? Would this be a blessing or a curse?

This world is an alternative version of our own. Except in this world, a minority of people are discovered to have Extended Life Syndrome (ELS). The condition might give an "Elser" two decades in their thirties, two in their forties, double the time in their fifties, and so on. Little is understood of the biological factors that govern ELS except that it affects a random selection of people. It is the ultimate lottery of genetics, crossing class, race, culture and gender.

And if a simple test existed to check your DNA for this double life, would you take it? Would you want to know?

Now think again. Would you?

Jacob has ELS and is serving life for a murder he committed when he was nineteen. But how many years are enough years for justice to be served?

Written by Marietta Kirkbride

Cast:

Jacob.....Robert Emms
Miles.....Ben Crowe
Mum.....Sirine Saba
Psychiatrist.....Asif Khan
Lawyer.....Jessica Murrain
Inmate.....Simon Darwen

Other voices played by the cast

Sound Design.....Adam Woodhams and Steve Bond

Theme Music.....Ioana Selaru and Axel Kacotié

Academic Consultants.....Tamas David-Barrett & James

Fasham

Executive Producer.....Sara Davies

Series created by Marietta Kirkbride

Directed and Produced by Nicolas Jackson

An Afonica production for BBC Radio 4

FRI 14:45 Living with the Gods (h09gh9d0)

Turning the Screw

Neil MacGregor continues his series on shared beliefs with a focus on those faiths seen as a threat to the state.

A plain board, to be found on a 17th-century Japanese roadside, offers generous rewards to anyone who informs on Christians. At almost exactly the same time a print from France depicts the officially sanctioned destruction of a Huguenot Church just a few miles east of Paris.

Producer Paul Kobrak

Produced in partnership with the British Museum
Photograph (c) The Trustees of the British Museum.

FRI 15:00 Gardeners' Question Time (m001cq7x)

Great Torrington

Peter Gibbs is joined by Anne Swithinbank, Pippa Greenwood, and Matthew Pottage. Together, they answer your gardening queries.

The panellists are near Great Torrington, Devon in the beautiful garden of RHS Rosemoor where they recommend some methods for growing the most delicious courgettes, divulge the secret to cultivating successful delphiniums, and get excited by ideas for aquatic planting in and around a pond.

Away from the questions, Pippa Greenwood heads to RHS Rosemoor's Southwest and Devon orchard to hear about their bumper crop of apples and Chris Beardshaw celebrates the character, history and folklore of a deciduous tree native to the UK - the hazel.

Producer: Jemima Rathbone
Assistant Producer: Bethany Hocken

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m001cq7z)

Waiting for Joseph

An original short story commissioned by BBC Radio 4 from the writer Bernie McGill. As read by Julia Dearden.

Bernie McGill is the author of two novels and two short story collections. She has also written audio scripts for heritage projects and stage scripts for theatre. She studied English and Italian at Queen's University, Belfast and graduated with a Masters degree in Irish Writing. Her novel The Watch House was nominated in 2019 for the Ireland/European Union Prize for Literature and The Butterfly Cabinet was named in 2012 by Downton Abbey creator Julian Fellowes as his novel of the year. Her first short story collection Sleepwalkers was short listed in 2014 for the Edge Hill Short Story Prize. Her second short story collection This Train is For was published by No Alibis Press in June 2022.

Writer: Bernie McGill

Reader: Julia Dearden

Producer: Michael Shannon

Executive Editor: Andy Martin

A BBC Northern Ireland production.

FRI 16:00 Last Word (m001cq8l)

Yusuf al-Qaradawi, 'Ma' Smith MBE, Mike Burrows, Loretta Lynn

Matthew Bannister on

Yusuf al-Qaradawi, one of the most influential Muslim scholars of his generation. He reached a vast audience through his show on the TV channel Al Jazeera.

'Ma' Smith MBE, who ran a celebrated soup kitchen in Oxford for thirty years.

Mike Burrows, the pioneering cycle designer who came up with the Lotus 108 bike ridden by Chris Boardman when he won Olympic Gold in Barcelona.

Loretta Lynn (pictured), the American country singer whose songs told the stories of working class women.

Producer: Neil George

Interviewed guest: Dr. Usaama al-Azami

Interviewed guest: Gary Smith

Interviewed guest: Stuart Dennison

Interviewed guest: Michael Hutchinson

Interviewed guest: Garth Cartwright

Archive clips used: MEMRI TV Production, Friday Sermon with Dr. Yusef al-Qaradawi 15/04/2005; BBC Two, Newsnight 07/07/2004; BBC Radio 4, PM 07/07/2004; BBC News Online, Ma Smith wins Pride of Britain Award 01/11/2018; BBC One, Songs Of Praise - Interview with Ma Smith 08/03/2020; BBC Sport, Barcelona 1992 - Chris Boardman qualifying 28/07/1992; BBC Radio 4, Eureka - Mike Burrows 16/01/1994; BBC One, Tomorrow's World - Mike Burrows interview 01/10/1993; BBC Radio 2, Loretta Lynn - In Conversation 07/03/2016.

FRI 16:30 More or Less (m001cq3j)

[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m001cq83)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O'Clock News (m001cq85)

Human rights groups in Ukraine and Russia and jailed Belarusian activist win prestigious Peace Prize. Trade Minister, Conor Burns, sacked over a complaint of "serious misconduct."

FRI 18:30 The News Quiz (m001cq87)

Series 109

Episode 4

Andy Zaltzman is joined by journalist Katy Balls from The Spectator, along with comedians Susie McCabe, Glenn Moore and Athena Kugblenu. This week they discuss the highs and lows of the Conservative Party conference and Andy brings back his much loved SubTexticator.

Hosted and written by Andy Zaltzman with additional material from Alice Fraser, Zoë Tomalin, Carl Carzana, Davina Bentley and Jade Gebbie.

Producer: Georgia Keating
Executive Producer: Richard Morris
Production Co-ordinator: Ryan Walker-Edwards

A BBC Studios Production

FRI 19:00 The Archers (m001cq89)

Writer Keri Davies
Director Kim Greengrass
Editor Jeremy Howe

Jill Archer Patricia Greene
Ruth Archer Felicity Finch
Pip Archer Daisy Badger
Josh Archer Angus Imrie
Ben Archer Ben Norris
Jolene Archer Buffy Davis
Kenton Archer Richard Atlee
Helen Archer Louiza Patikas
Tony Archer David Troughton
Leonard Berry Paul Copley
Lee Bryce Ryan Early
Beth Casey Rebecca Fuller
Clarrie Grundy Heather Bell
Eddie Grundy Trevor Harrison
George Grundy Angus Stobie
Toby Fairbrother Rhys Bevan
Chelsea Horrobin Madeleine Leslay
Tracy Horrobin Susie Riddell
Joy Horville Jackie Lye
Kirsty Miller Annabelle Dowler

FRI 19:15 Add to Playlist (m001cq8c)

Richard Stilgoe and Alina Bzhezhinska start a new playlist

Songwriter, lyricist and musician Richard Stilgoe and harpist Alina Bzhezhinska join Cerys Matthews and Jeffrey Boakye to open a new series.

With each track being chosen for its musical connections to the previous one, this week re-working earlier material emerges as a theme as we head from the Wild West to a Gestapo prison cell.

Presenters Cerys Matthews and Jeffrey Boakye
Producer Jerome Weatherald

The five tracks in this week's playlist:

The Good, The Bad and The Ugly by Ennio Morricone
Love Me Tender by Elvis Presley
Don't Tell Me by Madonna
First movement of Symphony No. 3 by Henryk Górecki, sung by Dawn Upshaw with the London Sinfonietta
Afro Blue by Melanie De Biasio

Other music in this episode:

Born to be Wild by Steppenwolf
Pastures of Plenty by Woody Guthrie
Pastures of Plenty by Peter Tevis
Aura Lee by Slim Whitman
Stop by Joe Henry
Second movement of Symphony No. 3 by Henryk Górecki
Afro Blue by Mongo Santamaria
Afro Blue by John Coltrane

FRI 20:00 Any Questions? (m001cq8f)

Kate Andrews, Steve Baker MP, Anneliese Dodds MP, Mick Whelan

Jonny Dymond presents political debate and discussion from West Peckham Village Hall in Kent with Economics Editor at The Spectator Kate Andrews, Minister of State for Northern Ireland Steve Baker MP, the Chair of the Labour Party Anneliese Dodds MP and the General Secretary of ASLEF Mick Whelan.
Producer: Camellia Sinclair
Lead broadcast engineer: Richard Earle

FRI 20:50 A Point of View (m001cq8h)

Trickle Down

Howard Jacobson ponders greed, wealth and horse-and-sparrow, or 'trickle down', economics.

From King Lear and Deuteronomy to bankers' bonuses and universal credit, Howard extols the concept of sufficiency and concludes that trickle down economics simply doesn't work.

Producer: Adele Armstrong
Sound: Peter Bosher
Production coordinator: Iona Hammond
Editor: Richard Fenton-Smith

FRI 21:00 The Boy in the Woods (m001c013)

Omnibus Edition Part One

For more than 20 years the case of the murder of six-year-old Rikki Neave went unsolved. In this new ten part investigation, award-winning journalist Winifred Robinson, has unearthed the truth through unprecedented access to police interview rooms, and follows the investigation as the police move in on the perpetrator.

It's a haunting and heart-breaking case filled with injustice, a story of vulnerable children, know to the authorities who should have been protected, a tale of lives wasted and cut short. You'll hear original police tapes never broadcast before, fresh testimony from suspects and witnesses, new and compelling evidence from forensic scientists. The series takes you inside the jury room and abroad as the manhunt closes in.

FRI 22:00 The World Tonight (m001cq8k)

In depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 Stories from Ukraine (m001cq8m)

How to Fall in Love with George Michael

Teenager and probably genius poet, Olesia finds herself in love for the first time. However, to her horror, the object of her affection doesn't fit the pop star ideal and she must take drastic action to avoid becoming a social outcast.

Written by Natalka Sniadanko
Translated by Jenny Croft
Read by Vera Graziadei
Abridged and produced for radio by Naomi Walmsley

Taken from the anthology 'Love in Defiance in Pain: Ukrainian Stories'

FRI 23:00 The Exorcist by William Peter Blatty (b03vh22d)

Episode 2

by William P Blatty, dramatised by Robert Forrest.

In this modern classic, a priest is called in to help a 12-year-old girl who appears to be possessed by an overwhelming demonic force. Karras is increasingly convinced that the girl needs an exorcist.

Produced and directed by Gaynor Macfarlane.