

SATURDAY 20 AUGUST 2022**SAT 00:00 Midnight News (m001b47x)**

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 Without Warning and Only Sometimes, by Kit de Waal (m001b47z)

Reading

The acclaimed author of My Name Is Leon reads from her childhood memoir. Today, Kit de Waal finds answers in unexpected places after leaving home, and living through two unsettling and anxious years.

Kit de Waal's childhood was dominated by weekly visits to the Kingdom Hall of Jehovah's Witnesses and her mother's commitment to its millenarian doctrine, along with her father's dreams of returning home to St Kitts. Kit and her resilient siblings found themselves caught between the three cultures of their Irish mother, their Caribbean father and 1960s Birmingham. An erratic and unpredictable home life was followed by a period of hard living and crisis before books found Kit out and gave her new direction.

Kit de Waal is the author of the acclaimed novel My Name Is Leon, which was adapted into a one-hour film for BBC 1 in 2022.

Abridged by Julian Wilkinson
Produced by Elizabeth Allard

SAT 00:48 Shipping Forecast (m001b481)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m001b483)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SAT 05:20 Shipping Forecast (m001b485)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m001b487)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m001b489)

Spiritual reflection to start the day with Rev Richard Frazer of Greyfriars Kirk, Edinburgh.

SAT 05:45 Four Thought (m001b437)

Who Tells the Story?

Chloe Juliette welcomes the movement for those with 'lived experience' of public services to share their stories, but says more stories are needed.

In this extraordinary talk Chloe, a social researcher who has experienced the care system and been invited many times to share those experiences with professionals, takes us inside one of those talks. She tells us the stories she shares with professionals, and explains why she feels now is the time for more voices to join the conversation.

Producer: Giles Edwards.

SAT 06:00 News and Papers (m001b43t)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m001b45c)

Cornwall with Helen Glover

Helen Glover returns to her beloved childhood patch of Newlyn and Penzance in Cornwall to explore the area where she grew up and discover how it's changed since she was a girl.

Helen is a double Olympic gold-medal winner and her love of physical activity and the outdoors was shaped by her childhood environment. She recalls running along the prom as part of her training as a schoolgirl athlete, and reflects on fond memories of her Dad's small but legendary ice-cream business, wheeling supplies up down the road in an old pram. Helen also visits the Penlee Lifeboat with long-time RNLI Coxswain, Patch Harvey and meets the Battery Belles, an outdoor swimming group who plunge into the sea every morning. She considers how the cliffs she's known all her life are gradually changing through relentless erosion, and speaks to the director of an art school who ran a mass painting event to raise awareness and funds to protect the landscape he loves. She also meets an artist who had a very near miss when the cliff he was painting under collapsed

shortly after he left. Helen also reflects on the sad fact that her favourite beaches are now littered with plastic, and catches up with a young beach cleaner who devotes hours to picking up and making art from other people's waste.

Contributors include: Tina Riggall of the Battery Belles; Landscape painter Paul Lewin; Henry Garfit of the Newlyn School of Art; Patch Harvey, RNLI; Louis-Matisse litter picker and artist. Please scroll down, on the R4 Open Country webpage, for related links.

Producer for BBC Audio in Bristol - Karen Gregor

SAT 06:30 Farming Today (m001b43w)

20/08/22 Farming Today This Week: Fishing bans, Seasonal labour and Sheep farming

Now the UK has left the EU, changes afoot in how farmers are supported by government. Uplands sheep farmers are at the sharp end of these changes, as their incomes often rely heavily on the old Basic Payment Scheme. Many are frustrated with how long it's taking to get the new schemes up and running - as Caz Graham finds out, speaking to a sheep farmer in the Lake District fells. Meanwhile others say nature and biodiversity would be better off without sheep-farming altogether...

This week saw revelations about the exploitation of seasonal workers coming to the UK from Indonesia. Caz Graham speaks to Emily Dugan, who wrote about this for the Guardian newspaper; And following a full virtual mailbag of feedback from listeners, we address questions about why international workers are needed in the first place with Tom Bradshaw from the National Farmers' Union.

And the government's announced plans to create Highly Protected Marine Areas in five locations around the UK coast, where there'll be a total ban on all commercial and recreational fishing. But at one of those sites, around Holy Island off the Northumberland coast, islanders say the move will rip the heart out of their community.

Presented by Caz Graham
Produced in Bristol by Lucy Taylor

SAT 06:57 Weather (m001b43y)

The latest weather reports and forecast.

SAT 07:00 Today (m001b440)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001b42)

Val McDermid

Val McDermid joins Nikki Bedi and Richard Coles. The award-winning crime writer was inspired to write after reading Agatha Christie as a child. After attending Oxford University, Val started her career as a journalist and has drawn on these experiences in her latest thriller 1989.

Kristin McIlquham's father suffered from a serious brain injury (three aneurysms) when she was child which changed her dad's personality. Now an actor, she is performing her one-woman show Headcase about the impact this had on her life growing up, on her family and on her dad.

Eileen Fitzgerald befriended The Rolling Stones as a teenager and exchanged letters with the fledgling rockers. Years later she sold the correspondence to help pay for her PhD.

Trumpeter Alison Balsom shares her Inheritance Tracks: JS Bach: Brandenburg Concerto No. 5 by Trevor Pinnock with The English Concert and Con Alma by Dizzy Gillespie.

Nihal Arthanayake started out as a recording artist before becoming an award-winning broadcaster. He talks about life growing up and why in his new book Let's Talk he's encouraging everyone to have better conversations.

Producer: Claire Bartleet

SAT 10:30 The Kitchen Cabinet (m001b44)

Series 37

Eastbourne

Jay Rayner and the panel visit Eastbourne. Jordan Bourke, Melek Erdal, Andi Oliver and Professor Barry Smith answer the questions.

This week, the panellists divulge their tips for peeling an egg, share recipes for their favourite alcoholic sorbets and ice creams, and recommend dishes for those overripe bananas.

Inspired by guest Richard James from Rathfinny Wine Estate,

Professor Barry Smith leads the team in an experiment that'll test how to identify a good fizzy wine, and Banoffee Pie inventor Ian Dowding shares the origin story behind this yummy desert.

Producer - Daniel Cocker
Assistant Producer - Aniya Das

A Somethin' Else production for BBC Radio 4.

SAT 11:00 The Briefing Room (m001b45s)

Fighting drought

Despite recent heavy rainfall, much of England is experiencing drought conditions. Both rivers and reservoirs are running low, and the water companies have told millions to stop using their hosepipes.

Scientists warn that the current difficulties are only a glimpse of the much tougher challenges the UK will face in the future because of climate change. They estimate that there's a one-in-four chance of a drought which is so severe that drinking water has to be restricted.

Joining David Aaronovitch in The Briefing Room are:
Sir John Armit, Chairman of the UK's National Infrastructure Commission
Dr Heather Smith, Senior Lecturer in Water Governance at Cranfield University
Jean Spencer, Director of The Water Industry Forum
Sir Dieter Helm, Professor of Economic Policy at Oxford University

Producers: Bob Howard, Kirsteen Knight and Simon Watts.
Editor: Richard Vadon. Studio Manager: Graham Puddifoot.
Production co-ordinators: Siobhan Reed & Helena Warwick-Cross

PHOTO CREDIT: A reservoir on Bodmin Moor in Cornwall in August 2022 (Getty Images)

SAT 11:30 From Our Own Correspondent (m001b46)

Brutality in Russia's prisons

Kate Adie introduces dispatches from Russi, Haiti, North Macedonia, Chile and the Republic of the Congo

Allegations of organised brutality in the Russian penitentiary system have circulated for many years. Inmates' accounts of beatings and humiliation were frequent – but more recently, there has also been hard evidence in the form of leaked video footage showing organized physical and sexual abuse. As he spent months investigating the culture of violence inside, Oleg Boldyrev heard shocking stories of torture and sexual assault from former inmates.

Haiti is facing multiple crises right now. Chronic instability, dictatorships and natural disasters in recent decades have left it as the poorest nation in the Americas. Still grappling with the Covid pandemic, gang violence has escalated in the capital, Port au Prince, with more than 200 people left dead after ten days of fighting back in July. But as Harold Isaac explains, for Haitians, this is just the backdrop of a much bigger problem, as the country's fuel supply dries up.

It's now almost twenty years since the European Union promised membership to the countries of the Western Balkans. But since the Thessaloniki Declaration of 2003, just one country in the region has completed the accession process. Other countries' hopes of joining Croatia have been stuck in different levels of bureaucratic purgatory. North Macedonia and Albania have now formally started membership talks, but it's a still very long way from a done deal. Guy De Launey finds the endless delays have some people in Skopje asking how much they really want to join the club.

Chile is gearing up for a referendum vote on the 4th of September – on whether to approve or reject a new constitution. But at the moment, the country is still deeply polarised over its proposed 366 articles - not to mention confused over when, and how they may be finalised. Jane Chambers reports from Santiago.

The population in the Republic of Congo is growing fast - it's also predominantly young and extremely urbanised, with over 85 per cent of people living in towns and cities. In this part of the world, the forces of rain and rivers are immense, and tropical storms can reshape the landscape at a stroke. Building homes to resist natural disaster has always been a challenge, so how can the expanding communities of Brazzaville stay safe? Nick Loomis has seen just how dramatic the risks can be.

Producer: Polly Hope
Production Co-Ordinator: Gemma Ashman

SAT 12:00 News Summary (m001b48)

The latest national and international news from BBC Radio 4.

SAT 12:04 Surviving the Cost of Living (m001bb4b)
Sophia and Chris

Two women compare coping with the cost of living, 50 years apart. Today, soaring energy and food prices are leaving some struggling to afford basic necessities.

23-year-old Sophia, from Bury, is a single mum to her four-year-old, Layla, and a full-time student. She says her student finance barely covers her rent, and she's not entitled to any benefits because of it. She's been cutting back on using gas and electric, as well as missing meals to make sure the food stretches far enough.

She says she sometimes just has a slice of toast for dinner.

She meets Chris, who struggled with the impact of rapid inflation during the 1970s. Chris juggled three jobs and cut down on food - sometimes living on sandwiches given to her by a co-worker. A night school course and eventually a new job eased the pressure on her finances. Can her experiences of living on the breadline help Sophia through today's cost of living crisis?

Producer: Eleanor Layhe
Production coordinator: Janet Staples
Studio Mix: Rod Farquhar
Editor: Emma Rippon

SAT 12:30 Party's Over (m001b4g8)
Series 2

Sister Act

What happens when the Prime Minister suddenly stops being prime minister? One day you're the most powerful person in the country, the next you're irrelevant, forced into retirement 30 years ahead of schedule and find yourself asking 'What do I do now?'

"I can't just disappear like Gordon Brown. They say he barely gets out of bed now. Just sits there doing word searches and eating Kit Kat Chunkies. Miserable. I hate the chunky ones." Former British Prime Minister Henry Tobin

This week, Henry receives an unwanted family visit.

Starring Miles Jupp, Ingrid Oliver, Emma Sidi, Justin Edwards and Ruth Bratt.

Written by Paul Doolan and Jon Hunter
Producer: Richard Morris
Production co-ordinator: Caroline Barlow
Sound recordist and designer: David Thomas

A BBC Studios Production

SAT 12:57 Weather (m001bb4d)
The latest weather forecast

SAT 13:00 News and Weather (m001bb4g)
The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m001b47I)
Tracy Brabin, David Haythornthwaite, Helen Pidd, Mark Spencer MP

Alex Forsyth presents political debate and discussion from Morecambe Winter Gardens with the Labour mayor of West Yorkshire Tracy Brabin, the businessman and Chairman of AFC Fylde David Haythornthwaite, the North of England editor at The Guardian Helen Pidd and the Leader of the House of Commons Mark Spencer MP.
Producer: Camellia Sinclair
Lead broadcast engineer: Owain Williams

SAT 14:00 Any Answers? (m001bb4j)
Have your say on the issues discussed on Any Questions?

SAT 14:45 39 Ways to Save the Planet (m000yyqx)
Swiss Air

Giant fans are sucking in fresh air from the Swiss Alps and Iceland's frozen interior, capturing the carbon dioxide and turning it into fizzy drinks or burying it deep underground. Tom Heap gets up close to the extraordinary Climeworks device at the Science Museum in London and talks to the team that's developed it to ask if they've designed the solution to climate change or created a potent symbol of our failure to cut carbon

emissions? Dr Tamsin Edwards of King's College London joins Tom to crunch the numbers.

Producer: Alasdair Cross
Researcher: Sarah Goodman

Produced in association with the Royal Geographical Society. Special thanks for this episode to Dr Samuel Krevor and Professor Nilay Shah of Imperial College London and Professor Jon Gluyas of Durham University.

SAT 15:00 Drama (m000cksk)
Three Sisters Rewired

Episode 2

A radical reworking of Anton Chekhov's classic Three Sisters for BBC Radio 4, written and directed by Jenny Sealey and Polly Thomas.

On an isolated farm in 21st century Yorkshire, three sisters struggle to survive on a financially draining farm, with intermittent internet, and a pervading sense of dislocation from the real world.

With the titular three sisters played by three Deaf actors – Genevieve Barr, Lara Steward and Alexandra James – Three Sisters Rewired breaks new ground, reimagining the story through the prism of deafness, exploring isolation and stagnation in the modern world.

Three Sisters Rewired is about how we listen or don't listen, how whether we are deaf or not, we all have selective communication, closing our ears and eyes to the world around us.

The cast is a mix of Deaf, disabled and non-disabled actors. The flute is played by Deaf flautist, Ruth Montgomery, who taught herself to play through the vibrations of the instrument. Three Sisters Rewired is another bold contemporary audio drama from the combined talents of the Graeae Theatre and Naked Productions team - Chekhov as never before.

Episode 2

Another year has passed, it is New Year's Eve. There has been a flood in the town, and the sisters are offering shelter to those flooded out. Angus has gambled more than ever. Natalie is ruling the house and angling to get rid of loyal servant Anna, who knows too much. Tensions in the house are higher than ever.

Six months later, the battalion is leaving; Iris is marrying Tyrone and moving to London; Olivia has a new job in Scotland; and Maisie is tempted to leave to follow Victoria to London. Angus is left to manage the farm - unhappily, as his wife openly conducts her affair with the Mayor. But will those who escape actually make it?

Cast:
Olivia.....Genevieve Barr
Maisie.....Lara Steward
Iris.....Alexandra James
Angus.....Jonathan Keeble
Natalie.....Steph Lacey
Anna.....Kay Purcell
Victoria.....Alexandra Mathie
Tyrone.....Tachia Newall
Sean.....Chris Jack

Original music by Alice Trueman
Flute played by Ruth Montgomery

Sign Language Interpreters: Jude Mahon, Beverly Roberts, Kate Labno, Jan Guest
Written and directed by Polly Thomas and Jenny Sealey, inspired by Anton Chekhov's Three Sisters
Produced by Eloise Whitmore
Executive Producer: Jeremy Mortimer

A Naked/Graeae Theatre production for BBC Radio 4

SAT 16:00 Woman's Hour (m001bb4I)
Weekend Woman's Hour: Women in Afghanistan, Pockets and women's clothing, Russia's Mother Heroine Award

It has been a year since the Taliban took control of Afghanistan. The country is in economic crisis, there are droughts and the lives of women and girls have been impacted hugely. We hear from the first female deputy speaker for the Afghanistan Parliament Fawzia Koofi, the former Women's Minister Hasina Safi and Samira Sayed Rahman, from the International Rescue Committee. They will discuss access to education for girls and what role the international community should play.

We had Beatlemania in the sixties and then fans of Harry Styles, Taylor Swift, K-Pop's BTS and Beyonce. But what is a fangirl? We discuss a subculture of women that have often been

ridiculed and marred as hysterical, obsessive, juvenile and embarrassing and ask whether fangirls have been misunderstood? We hear from playwright and songwriter, Yve Blake who has created the award-winning musical 'FANGIRLS' that's currently touring at Sydney Opera House and Hannah Ewens, a music writer at Rolling Stone, a former fan girl and author of 'Fan girls: Scenes from Modern Music Culture'.

New research shows increasing numbers of young women in the UK are suffering injuries and other health problems because of the growing popularity of anal sex among straight couples. Increased rates of faecal incontinence and anal sphincter injury have been reported in women who have anal intercourse according to a report recently published in the British Medical Journal. We hear from one of the authors of the report - Lesley Hunt who is a Consultant Colorectal Surgeon at Sheffield Teaching Hospitals NHS Foundation Trust - and also from Claudia Estcourt from the British Association for Sexual Health and HIV.

If you're a mother in Russia and have ten children, you'll now be rewarded by the President. That's because Vladimir Putin is bringing back the "Mother Heroine" award which Joseph Stalin introduced in 1944 to encourage large families after tens of millions Soviet citizens died in the Second World War. This time around, women will get a one-off payment of one million roubles - that's £13,500 - after their tenth child is one years old, as long as the other nine children are still alive. Mothers will also get gold medals with the Russian flag on and the country's coat of arms. Dr Jenny Mathers is a Senior Lecturer of International Politics at Aberystwyth University, and an expert on Russian politics and security.

We have a performance of 'I do this all the time' from the artist Self Esteem

And pockets - do you get overjoyed when you realise your dress has pockets, and do you get angry when you realise those new pair of jeans have fake ones? Data tells us that the majority of women want pockets on our clothes but don't always get them. Comedian Tiff Stevenson tells us about her love for pockets. Fashion historian Amber Butchart delves into the fascinating history of women's pockets - from tie round the waist bags to the Suffragette suit, she explains how pockets have evolved over time influenced by surrounding, politics and cultures.

Presenter: Jessica Creighton
Producer: Rabeka Nurmahomed

SAT 17:00 PM (m001bb4n)
Full coverage of the day's news

SAT 17:30 Boris (p0cp8y6t)
7. The PM Years Part 1: Getting Brexit Done

Alexander Boris de Pfeffel Johnson. A bit of a mouthful. To most people - and there are those that hate it - he's simply Boris

This series tells the story of Boris Johnson - from boy to man to Prime Minister. In each episode, Adam Fleming talks to a range of people who've known, watched, worked or dealt with him.

In the seventh episode, we hear about his early years as Prime Minister.

Guests:

Lord Frost, a British former diplomat, civil servant and politician who briefly served as a Minister of State at the Cabinet Office between March and December 2021. Frost was Chief Negotiator of Task Force Europe from January 2020 until his resignation in December 2021.

Katy Balls, deputy political editor of The Spectator.

Simon Hart, Conservative MP for Carmarthen West and South Pembrokeshire who served as Secretary of State for Wales between 2019 and 2022.

Producers: Ben Carter, Natasha Fernandes and Arlene Gregorius
Series Editor: Emma Rippon
Production co-ordinator: Brenda Brown
Studio Engineer: James Beard

SAT 17:54 Shipping Forecast (m001bb4q)
The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m001bb4s)
The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m001bb4v)
Industry analysts are warning that the average annual gas and electricity bill for households in England, Scotland and Wales

could peak at just over 6-thousand pounds next Spring.

SAT 18:15 Loose Ends (m001bb4x)

David Threlfall, Josie Long, James Acaster, Juno Dawson, Valerie June, Miss Kiddy and the Cads, Athena Kugblenu, Danny Wallace

Danny Wallace and Athena Kugblenu are joined by David Threlfall, Josie Long, James Acaster and Juno Dawson for an eclectic mix of conversation, music and comedy. With music from Valerie June and Miss Kiddy and the Cads.

SAT 19:00 Witness (b0641817)

The Fall of Saigon

In 1975 US troops airlifted hundreds of people out of the South Vietnamese capital of Saigon as North Vietnamese troops closed in. They were the final days of the Vietnam war and although most American soldiers had long since left the city, there were some left who helped desperate people escape to aircraft carriers waiting off the coast. Hear from Stu Herrington and Vern Jumper, two former American servicemen.

SAT 19:15 This Cultural Life (m001bb4z)

Kate Mosse

The author of the multi-million-selling Languedoc trilogy, set amidst religious wars in south-west France and beginning with the bestselling Labyrinth, Kate Mosse has written nine novels and short story collections, and four plays. She is also one of the co-founders of the Women's Prize For Fiction.

Kate Mosse tells John Wilson about first visiting the Festival Theatre in her hometown of Chichester at the age of six and seeing the 19th-century French farce The Italian Straw Hat, an experience that opened her mind to the power of drama. She remembers being among the million and a half visitors to the blockbuster Tutankhamen exhibition at the British Museum in 1972, and explains how her interest in historical narratives can be traced back to the treasures of the boy king.

Kate Mosse also chooses two literary influences for This Cultural Life. Having read Emily Bronte's Wuthering Heights as a teenager, she says the way that Bronte describes the Yorkshire moors as like a character in their own right influenced her own novels in which the Languedoc landscape plays a similar narrative role. Her last big cultural moment is the 1991 Booker Prize for Fiction when an all-male shortlist prompted Kate and other literary figures to create the Women's Prize for Fiction as a way of shining the spotlight on novels written by women anywhere in the world.

Producer: Edwina Pitman

SAT 20:00 Archive on 4 (m001bb51)

10 Years of The Digital Human

As The Digital Human celebrates its 10th anniversary Aleks Krotoski presents a very special edition of Archive on 4 with music and guests live from the Edinburgh Festival.

With a decade of peeking down every dark alleyway of the internet The Digital Human has a unique archive of our lives lived online; how we connect to one another, how we explore and express who we are and how we accept these new technological innovations into our lives often without question. Aleks selects the most revealing and thought provoking stories from our back catalogue to see how far we've come and where our technologies might be taking us.

To help here explore these ideas Aleks will be joined by Emma Smith who'll reach out to the audience in Edinburgh and at home through the uniquely digital form of performance ASMR, have your headphones ready! Poet and comedian Kate Fox will talk about how she found her tribe online after being diagnosed as autistic in her 40s. And after his technology fable Appliance was short listed for the Orwell Literary prize, award winning poet and novelist J.O. Morgan will offer a meditation on our relationship with technology with a specially commissioned piece of writing.

Throughout music will be provided by Andrew Wasyluk playing music specially composed for the occasion.

SAT 21:00 GF Newman's The Corrupted (b087rkx2)

Series 3

Episode 3

Joseph Oldman (Toby Jones) is expanding his business by doing deals with a Colombian drugs cartel, while Jack threatens violence when he thinks he is being taken out.

GF Newman's The Corrupted weaves fiction with real

characters from history, following the fortunes of the Oldman family - from small-time business and opportunistic petty crime, through gang rivalries, to their entanglement in the highest echelons of society. It's a tale revealing the nexus of crime, business and politics woven through the fabric of 20th century greed as even those with hitherto good intentions are sucked into a web of corruption.

Joey Oldman, an uneducated Jewish child immigrant from Russia, has a natural instinct for business and a love of money - coupled with a knack for acquiring it. His wife Cath is as ruthless in both the pursuit of money and the protection of her son, Brian. Joey built his empire with the help of a corrupt bank manager in the 1950s, starting with small greengrocer shops before moving into tertiary banking and property development, dealing with many corrupt policemen on the way - and befriending both Lord Goodman and Margaret Thatcher.

Cast:

Joey Toby Jones
Brian Joe Armstrong
Tony Wednesday Alec Newman
Cath Izabella Urbanowicz
Jack Jacob FL
Julian Tyrwhitt Jonathan Tafler
Jack Jacob Fortune Lloyd
Pongo David Ajao
Lord Goodman Edward Max
Sir Ralph Courtney Nick Sampson
Leah Jasmine Hyde
Jose picado Will Harrison-Wallace
Yvonne Susie Emmett
Margaret Courtney Flora Montgomery
DCI Robertson Lucas Hare
John Redvers Joseph Kloska
George Fenwick Theo Fraser Steele
DCS Slipper Mark Perry

Written by G F Newman

Produced and Directed by Clive Brill
A Brill production for BBC Radio 4.

SAT 21:45 Writing Lives (b0475590)

Swimming Lessons

Writing Lives is a series of short stories by writers new to Radio 4 and based on personal experience.

In the countryside beyond Moscow, during the time of perestroika, a young Englishwoman learns about life and love in the new Russia. Then late one night, her and a companion slip into a river and drift downstream.

Victoria Field is a Kent-based writer and poetry therapist. This is her first commission for BBC Radio 4.

Read by Jane Whittenshaw

Producer: Paul Dodgson

A Pier production for BBC Radio 4.

SAT 22:00 News (m001bb53)

The latest national and international news from BBC Radio 4

SAT 22:15 Rethink (m0018xdd)

Rethink the World Order

Defence

Amol Rajan and guests discuss how the war in Ukraine might affect future defence policy and the future of conflict.

Many commentators agree that Russia and the rest of the world were not prepared for the fierce resistance the Russian army would face from soldiers and civilians in Ukraine. Many were also surprised at the strategic and equipment failures which dogged the Russian war machine. However, as Russia continues with its policy of bombarding civilian populations in target cities, the ceding of territory seems all but inevitable.

What can the world learn from previous conflicts in the Middle East, Syria and Afghanistan which often left the aggressor with many more problems than it envisaged? And what do experts think future wars will look like? Will committing troops on the ground always be necessary and how will technology change the nature of defence?

Joining Amol Rajan are:

Professor Philip Bobbitt, professor of Jurisprudence at Columbia Law School, the author of 10 books and has acted as advisor to six US administrations.
Margaret MacMillan, professor of history at the University of Toronto, Emeritus Professor of International History at Oxford.
General Sir Nick Carter, former head of the British Army and Chief of the Defence Staff in the UK.
Doctor Comfert Ero, president and CEO of the International

Crisis Group, one of the world's leading conflict resolution and peacebuilding organisations.

Presenter: Amol Rajan

Producer: Emma Close, Marianna Brain and Lucinda Borrell

Studio Manager: James Beard

Sound mix: Rod Farquhar

Editor: Nicola Addyman

SAT 23:00 Brain of Britain (m001b3z6)

Heat 3, 2022

Once again Russell Davies and contestants enjoy the pleasure of stored-up knowledge, in an age when there's seemingly an app to provide the answer to any question. In the third heat, Russell Davies welcomes the contenders to MediaCityUK in Salford. At least one of them will go forward to the semi-final stages of this year's knockout tournament for the prestigious quiz title Brain of Britain 2022.

Taking part today are:

Gill Austen from Drumnadrochit in the Scottish Highlands
Jamie Hall from Manchester
Darren Martin from Chorley in Lancashire
Rebecca Mathis from Newbury in Berkshire.

A Brain of Britain listener will also discover whether he or she has won a prize by stumping the contestants in 'Beat the Brains'.

Producer: Paul Bajoria

SAT 23:30 Natalie Haynes Stands Up for the Classics (m001b3vb)

Series 8

Pompeii

It seems that classical scholars are wrong about the date of the volcanic eruption that destroyed the ancient city of Pompeii almost two thousand years ago. It's taken a few ripe pomegranates and some squashed grapes, carbonised by pyroclastic flow, to change our minds about this UNESCO World Heritage Site. The eruption was definitely in the year 79, but the month? Most written sources mistakenly suggest it was August but if you know your fruit, you will know that pomegranates and grapes ripen in the autumn in Italy. So the presence of these fruit in the remains of the city suggest the eruption must have taken place later in the year.

Natalie draws on the blisteringly dramatic account of the disaster by Pliny the Younger, writing to his friend, the historian Tacitus. She talks to archaeologist Dr Sophie Hay, who has spent nineteen years living and working in Italy and is a leading expert on the site. There are poignant details: many bodies discovered there were carrying keys, because people expected to be able to return to their homes once the eruption had subsided. Others had pillows wrapped around their heads to protect them from the pumice and lava raining down on them as they tried to escape.

'Rock star mythologist' and reformed stand-up Natalie Haynes is obsessed with the ancient world. She explores key stories from ancient Rome and Greece that still have resonance today. They might be biographical, topographical, mythological or epic, but they are always hilarious, magical and tragic, mystifying and revelatory. And they tell us more about ourselves now than seems possible of stories from a couple of thousand years ago.

With guests Dr Sophie Hay and Professor Llewelyn Morgan

Producer Mary Ward-Lowery

SUNDAY 21 AUGUST 2022

SUN 00:00 Midnight News (m001bb55)

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Living with the Gods (b09f39tm)

Rejecting the Image

Neil MacGregor's series on the role and expression of beliefs continues with a reflection on faiths which focus on the word rather than the image.

A striking cobalt blue mosque lamp, from around 1570, shows an Islamic way of doing honour to the word: calligraphy. In Jewish religious ceremonies a yad - a small silver rod with a little hand and a pointing index finger - is used to follow the text during readings from the Torah, to avoid any damage to the delicate parchment.

Producer Paul Kobrak

Produced in partnership with the British Museum
Photograph (c) The Trustees of the British Museum.

SUN 00:30 Short Works (m001b4fy)
Un Hôtel Tranquille

An original short story commissioned by BBC Radio 4 from the writer Olivia Fitzsimons. As read by Aoibhéann McCann.

Olivia Fitzsimons is from Northern Ireland and now lives in Wicklow but never lost her accent. She studied History at Trinity College Dublin and Rijksuniversiteit Groningen, Netherlands. The Quiet Whispers Never Stop (John Murray Press) is her first novel and was an Irish Writers Centre Novel Fair Winner in 2020. She has received a Literary Bursary from The Arts Council and a SIAP award from Northern Ireland Arts Council. Her short stories have been placed or shortlisted in many competitions including the Sunday Business Post/Penguin Short Story Prize and The Benedict Kiely Short Story Award. She has two feature films in development and is currently working on her second novel.

Writer: Olivia Fitzsimons
Reader: Aoibhéann McCann
Producer: Michael Shannon
Executive Editor: Andy Martin

A BBC Northern Ireland production.

SUN 00:48 Shipping Forecast (m001bb57)
The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m001bb59)
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SUN 05:20 Shipping Forecast (m001bb5c)
The latest weather reports and forecasts for UK shipping.

SUN 05:30 News Briefing (m001bb5f)
The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001bb5h)
The Church of St Anne's, Denton, Greater Manchester

Bells on Sunday comes from the Church of St Anne's, Denton, Greater Manchester. Completed in 1882, this Grade One listed church is built of brick, but the belfry, spire and bell frame are made entirely of wood. The tower contains a ring of six bells cast in 1881 by Taylor's of Loughborough. The tenor weighs fifteen hundredweight and is tuned to A flat. We hear them ringing Grandsire Doubles.

SUN 05:45 Witness (b0641817)
[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m001bb9n)
The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b011tw74)
Hymns

The first nation-wide hymn book, Hymns Ancient and Modern, marked its 150 year anniversary since publication in 2011, prompting Mark Tully to explore the history and enduring power of hymns.

He talks to pianist and church organist David Owen Norris about why some hymns - like 'Abide with Me' - have proved so popular. With readings by Jeanette Winterson, John Betjeman, Hilary Mantel and DH Lawrence, and music by Mahalia Jackson, Aretha Franklin, and the Huddersfield Choral Society.

Producer: Elizabeth Burke
A Loftus Media production for BBC Radio 4

SUN 06:35 On Your Farm (m001bb9r)
From Grains to Planes

Anna Louise Claydon visits a family-run arable farm with a working airfield in the centre of its 750 acres. It's a busy season for John and Jenny Jefferies who run the farm in South Cambridgeshire - juggling the pressures of harvest with preparations for their annual charity air show. The show brings around 10,000 people onto the farm to watch the aerobatic displays, and raises money for BBC Children in Need and other local children's charities.

Anna Louise joins John, a third generation farmer, inside the combine harvester - and hears about his enthusiasm for regenerative farming. She finds out how the air show fits in as part of the wider workings of the farm. John also reflects on a difficult time in his past, taking on Fuller's Hill Farm at the age of just 22, after the sudden death of his father. She talks to John's wife Jenny - an author who is passionate about welcoming the local community onto the land, promoting women in farming, and supporting farms with farmers' markets which are held in the aeroplane hangers.

We also meet Mark Jefferies, part of the farming family and a champion pilot, as he and his team take to the skies to rehearse for their high-octane display. We find out how both pilots and wildlife cope with the additional obstacles around the farm airfield, and discover where the interest in aeronautical farm diversification began.

Produced and presented by Anna Louise Claydon.

SUN 06:57 Weather (m001bb9t)
The latest weather reports and forecast

SUN 07:00 News and Papers (m001bb9w)
The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m001bb9y)
William Shatner, Bahá'is in Iran, Class in the Church of England

How do we preserve memories of loved ones after their death? An innovative new technology has been developed that allows people to interact virtually with someone who has recorded answers to a series of questions before their death. We discuss the moral implications and hear from the actor William Shatner who has documented his own life in a video for future generations.

In Iran, there are reports that authorities have arrested several leaders from the Bahá'í community and demolished homes. William Crawley speaks to Oxford law professor Dr Nazila Ghanea, who was recently appointed the UN Special Rapporteur on freedom of religion or belief and Iqan Shahidi, a Baha'i from Iran, who was imprisoned for 5 years for campaigning for the right of Baha'is to a university education.

Does the Church of England have a class problem? We ask bricklayer turned curate, Revd Luke Lerner, and Dr Liz Graveling who has recently commissioned a study on the experience of working class clergy.

Producers: Katharine Longworth and Dan Tierney.

SUN 07:54 Radio 4 Appeal (m001bbb0)
Awards for Young Musicians

Saxophonist and radio broadcaster Jess Gillam makes the Radio 4 Appeal on behalf of the charity Awards for Young Musicians.

To Give:
- UK Freephone 0800 404 8144
- You can donate online at bbc.co.uk/appeal/radio4
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Awards for Young Musicians'.
- Cheques should be made payable to 'Awards for Young Musicians'.
Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1070994

SUN 07:57 Weather (m001bbb2)
The latest weather reports and forecast

SUN 08:00 News and Papers (m001bbb4)
The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m001bbb6)
From the Corrymeela Community, Ballycastle. Co Antrim Today is the United Nations International Day of Remembrance and Tribute to the Victims of Terrorism while tomorrow victims of violence because of their religion or belief will be commemorated. Rev Dr Alex Wimberly, Leader of the Corrymeela Community, leads a live service acknowledging the lasting harm of violence in our society and lamenting its normalisation in our culture.

John 8. 1-11
Make me a channel of your peace

Come, Spirit, Come
Wings of the Dove
Peace be with Jerusalem
God of grace and God of glory

SUN 08:48 A Point of View (m001b47n)
The New Age of Empire

Linda Colley argues that President Putin's invasion of Ukraine is a wake-up call which should remind people that the days of empire are far from over. And these enduring imperial habits, she says, are evident in some unexpected quarters - not just in places like Russia and China.

'When Donald Trump floated the idea of the US purchasing Greenland in 2019, this was widely dismissed as just another Trumpian eccentricity', she writes.

'But this 'real estate deal' as the former president characteristically described his Greenland project, was actually in line with large portions of American history'.

Producer: Adele Armstrong
Sound: Rod Farquhar
Production coordinator: Gemma Ashman
Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (b04dvsrk)
Red-winged Blackbird

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Sir David Attenborough presents the North American red-winged blackbird. The arrival of spring in the USA is heralded by the unmistakable 'conk-ra-lee' call of the red-winged blackbird. The male blackbirds, who are un-related to the European blackbird, flutter their red and yellow wing-patches like regimental badges to announce their territories. The numbers of Red-winged blackbirds has increased spectacularly in the mid 20th century as more land was converted to growing crops on which the birds feed. Today at a winter roost hundreds of thousands, even millions of birds darken the skies over the plantations or marshes in which they will spend the night - a loud and unforgettable spectacle.

SUN 09:00 Broadcasting House (m001bbb8)
The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m001bbbb)
Writer, Nick Warburton
Director, Julie Beckett
Editor, Jeremy Howe

Pat Archer Patricia Gallimore
Pip Archer Daisy Badger
Lilian Bellamy Sunny Ormonde
Susan Carter Charlotte Martin
Justin Elliott Simon Williams
Toby Fairbrother Rhys Bevan
Will Grundy Phillip Molloy
Brad Horrobin Taylor Uttley
Chelsea Horrobin Madeleine Leslay
Tracy Horrobin Susie Riddell
Ed Grundy Barry Farrimond
Eddie Grundy Trevor Harrison
George Grundy Angus Stobie
Joy Horville Jackie Lye
Jazzer McCreary Ryan Kelly
Stella Pryor Lucy Speed
Lynda Snell Carole Boyd
Mick Martin Barrass
Ray Mark Carey

SUN 11:15 The Reunion (m001bbbD)
London Occupy

The Occupy movement sprang up in the wake of the global financial crisis of 2008. It was inspired by anti-austerity campaigns in Spain, and the events of the Arab Spring of March and April 2011, and although its aims were wide, it was broadly described as an "anti-capitalist" protest.

On October 15th 2011, non-violent global protests began on New York's Wall Street, and outside London's Stock Exchange, then moving to Paternoster Square on the edge of the financial district.

Protestors called for an end to global exploitation under the banner "We are the 99%", quoting an American statistic on the concentration of wealth among the top-earning 1% of society. They formed a camp of tents and temporary shelters on the doorstep of St Paul's Cathedral and the Church of England was

drawn into the protests.

At first, Cathedral authorities were accommodating and broadly supportive of the protests, but then, claiming health and safety concerns, they sided with the police and the City of London in calling for the removal of protestors.

A simultaneous camp sprung up in nearby Finsbury Square, and protestors also occupied an empty UBS office building on Sun Street which became a social centre dubbed the "Bank of Ideas".

The legal process of eviction would take several months, during which the tented community created its own Assembly. WikiLeaks founder Julian Assange, and the Green Party's Caroline Lucas, were among those invited to address the protestors.

Kirsty Wark is joined by a number of individuals who joined, or were caught up in, the protests around Occupy London.

Producer: Alice K. Winz
Series Producer: David Prest
A Whistledown production for BBC Radio 4

SUN 12:00 News Summary (m001bbbg)
The latest national and international news from BBC Radio 4.

SUN 12:04 I'm Sorry I Haven't A Clue (m001b3zh)
Series 77

Episode 6

Back for a second week at the Theatre Royal in Nottingham, panellists Fred MacAulay, Jon Culshaw, Vicki Pepperdine and Milton Jones compete amongst one another, with Jack Dee the unimpressed umpire. Piano accompaniment is provided by Colin Sell. Producer - Jon Naismith. It is a BBC Studios production.

SUN 12:32 The Food Programme (m001bbbj)
Feeding the Circus

Meet the chef who ran away with the circus. Ols Halas is one of the longest-serving cast members at much-loved Gifford's Circus. As well as being head chef in Gifford's travelling restaurant 'Circus Sauce', he also drives the lorries, helps put up the big top, he's even performed. He lives and breathes the circus life.

Sheila Dillon meets Ols on tour in Gloucestershire on an August morning as the circus pulls into town. She hears stories from the travelling restaurant kitchen, as well as food stories from the dozens of caravans and wagons where the circus cast spend their summer months. And she hears how food has always been a pivotal part of circus life.

Presented by Sheila Dillon.
Produced in Bristol by Clare Salisbury.

Photo: David Loftus.

SUN 12:57 Weather (m001bbbl)
The latest weather forecast

SUN 13:00 The World This Weekend (m001bbbn)
Radio 4's look at the week's big stories from both home and around the world

SUN 13:30 The Listening Project (m001bbbq)
Pride and Passion

This week Ashley and Sarah discuss the importance of protecting coastal buildings and fishing communities; Luke and Andrew reflect on Disability Pride; The Listening Project's marking its 10th anniversary and Alana and Edie, both born in the year the project launched, discuss what the future may hold; and Emily and Marisha share a passion for cleaning up the UK's beaches.

The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation lasts up to an hour, and is then edited to extract the key moments of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in this decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject

Producer - Faye Hatcher

SUN 14:00 Gardeners' Question Time (m001b4fw)
East Sussex

Peter Gibbs and the team visit East Sussex. Matthew Pottage, Christine Walkden and Ashley Edwards answer the audience's questions.

This week the panellists suggest some low-growing flowering shrubs for a large pot, as well as plants they would be happy growing in the chalky soil typical of East Sussex. They also diagnose a poorly plum tree, and suggest how to get a naughty Monstera back in line.

Away from the hall, as we are in the midst of wedding season, we asked floral designer Hazel Gardiner to share her top tips for arranging and growing your own wedding flowers.

Producer: Dominic Tyerman
Assistant Producer: Aniya Das

A Somethin' Else production for BBC Radio 4

SUN 14:45 The Five Faces of Leonardo (m0004mfh)
Leonardo at War

Military historian David Willey examines Leonardo Da Vinci's ambition to realise a career as a military engineer in the court of the Duke of Milan.

Curator of the Tank Museum in Dorset, David examines how Leonardo attempted to address the age-old needs of a soldier for protection, mobility and fire-power through an early design of a tank-like machine - housed at the British Library where Renaissance prints and drawings curator Sarah Vowles takes up the story. Sarah shows the small but detailed drawing which has led art historians and engineers to conclude it is one of the first designs for an armoured vehicle.

At the Tank Museum, there is a chance to experience the inside of today's fighting machine, while at the National Science and Technology Museum in Milan there is a spectacular exhibition of attempts to build models of Leonardo's military designs.

Producer: Sara Parker
Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

SUN 15:00 Drama (m001bbbs)
Ringolevio (Part 1)

Emmett Grogan's freewheeling account of the American hippie movement takes us behind the scenes to reveal what Emmett called the 'love hoax'.

He co-founded The Diggers, a hugely influential anarchist group that opposed the immediate commercialisation of the hippie movement as young people flooded into Haight-Ashbury in San Francisco during the summer of 1967. Their creative direct actions have greatly influenced activists and artists to this day.

Based on Grogan's autobiography, an underground classic of American literature - Dennis Hopper called it 'the best and only authentic book written on the sixties underground' - where wild fancy sits alongside documentary reportage and heartfelt conviction.

Jonathan Myerson's adaptation is a rollercoaster ride containing no less than 114 speaking parts across two episodes. The production also features an original and vibrant soundtrack by Mzykypop performed on vintage instruments including the Gibson G101 organ, Fender Rhodes Piano Bass, and RMI Electra-piano, and with Maestro analogue effects.

Ringolevio overturns the typical image of the summer of love to create an authentic and inspiring, though ultimately doomed, alternative narrative.

Cast:
Grogan Riley Neldam
Dorothy Nancy Crane
Charles Kerry Shale
The Hun Robert Gilbert
Coyote Danny Mahoney
Billy Nathan Wiley
Natural Suzanne Lanna Joffrey
Hip Leader Nigel Whitney
Brautigam Josh Cowdery

All other parts played by members of the company.

Written by Emmett Grogan
Adapted by Jonathan Myerson

Music by Mzykypop:

Keyboards, winds, composer Mick Somerset
Electric bass Philippe Clegg
Drums Jarrod Gosling
Treatments Dean Honer

Sound design by Alisdair McGregor
Produced and Directed by Boz Temple-Morris

A Holy Mountain production for BBC Radio 4

SUN 16:00 Open Book (m001bbbv)
Mary Renault's Greek Myths

Octavia Bright explores Ancient Greece through the writing of the English author Mary Renault.

Born in 1905, Renault worked as a nurse before she began writing romantic fiction, but made her name with historical novels like *The Charioteer*, *The Bull From the Sea*, and the Alexander trilogy. The world she created was a cultural golden age and turned myths ridden with drama, cruelty, sex, and death into compelling human stories. Octavia is joined by classicist Bettany Hughes, who has written the introduction for the latest edition of *The King Must Die*, writer Kamila Shamsie, whose retelling of *Antigone*, the novel *Home Fire*, won the Women's Prize for Fiction in 2018, and the academic and novelist Okechukwu Nzele to discuss the qualities and enduring appeal of her writing.

Book List - Sunday 21 August and Thursday 25 August

The King Must Die by Mary Renault
The Bull From the Sea by Mary Renault
Fire from Heaven by Mary Renault
The Persian Boy by Mary Renault
Funeral Games by Mary Renault
Purposes of Love by Mary Renault
Kind Are Her Answers by Mary Renault
The Friendly Young Ladies by Mary Renault
Return to Night by Mary Renault
North Face by Mary Renault
The Charioteer by Mary Renault
The Last of the Wine by Mary Renault
Lion in the Gateway by Mary Renault
The Mask of Apollo by Mary Renault
The Praise Singer by Mary Renault

SUN 16:30 Natalie Haynes Stands Up for the Classics (m001bbbx)
Series 8

Spartan Women

Uniquely in the ancient world, women from Sparta had extraordinary rights and freedom. Relatively speaking. They were educated: they learnt to dance, sing, recite poetry and to keep fit, in a regime where physical beauty and feminine strength were prized. They were not expected to marry until they reached maturity, which meant fewer of them died in childbirth. Their gods were female and so was the company they kept, since boys were separated from their families at age seven, and raised to be soldiers in this highly militarised society.

'Rock star mythologist' and reformed stand-up Natalie Haynes is obsessed with the ancient world. She explores key stories from ancient Rome and Greece that still have resonance today. They might be biographical, topographical, mythological or epic, but they are always hilarious, magical and tragic, mystifying and revelatory. And they tell us more about ourselves now than seems possible of stories from a couple of thousand years ago.

With guests Professors Edith Hall and Paul Cartledge
Producer: Mary Ward-Lowery

SUN 17:00 The Church of Social Justice (m001b420)

Helen Lewis was raised a Catholic, but is now an atheist - and has also spent the last ten years writing about feminism. Recently, she was asked if she thought feminism had replaced religion in her life.

It's a timely question, since the British Social Attitudes Survey says that the decline of religious belief is "one of the most important trends in post-war history". But have we really become less religious? Or has our hunger for truth and meaning simply transferred itself to social justice politics? In this programme, Helen Lewis considers the religious overtones of the "culture wars". On both left and right, she finds unquestionable doctrines, charismatic preachers, blasphemy and heresy - and the promise of salvation.

Talking to religious leaders, atheists, and voices from across the social and political spectrum, Helen considers the parallels - both good and bad - between traditional religion and modern social justice movements. Helen is also on the hunt for some

answers. Can we take the religious fervour out of politics? Or — and this is hard for an atheist like Helen to accept — should we encourage a revival of traditional faiths to fulfil our spiritual impulses?

With contributions from:

Rabbi Laura Janner-Klausner at Bromley Reform Synagogue.
Canon Brian McGinley, parish priest of Our Lady Queen of Peace and St. George's parishes in Worcester.
John McWhorter, Linguist and author of, 'Woke Racism'.
Elizabeth Oldfield, former head of Theos, a religious think tank.
Journalist Tomiwa Owolade.
Activist and author Shola Mos-Shogbamimu.
Victoria Turner, editor of 'Young, Woke and Christian'.
Minister Alex Clare-Young
And...Reg and Jill Lewis, Helen's parents.

Presenter: Helen Lewis
Assistant Producer: Max Bower
Editor: Geoff Bird
A Tempo & Talker production for BBC Radio 4

SUN 17:40 Witness (b0641817)
[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001bbzb)
The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m001bbc1)
The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m001bbc3)
Dock workers at Felixstowe port have begun eight days of strike action.

SUN 18:15 Pick of the Week (m001bbc5)
Pat Nevin

A selection of highlights from the past week on BBC radio

SUN 19:00 The Archers (m001bbc7)
It's the day of the summer fete and Oliver's been minding Will's artwork stall. He hasn't sold any pieces, and Will reckons they'll have to change their strategy. Their tactics of moving the stall and reducing prices have no effect, until they're approached by one interested party who engages Will in conversation about his style and method. Halfway through their conversation Will's stunned to realise he's talking to Toyah Willcox. Will's a big fan. Toyah takes a shine to one of his works. Will offers it free, but Toyah insists on paying. When she's gone star struck Will can't believe it – who cares what anyone else thinks of his work when Toyah loves it!
Lilian reassures nervous Adil in the fortune telling tent; he's doing really well and his last client was very famous. Adil's oblivious, and later is keen to quit while he's ahead having given Jean Harvey a reading she was happy with. Lilian reckons he's found his calling. She encourages him to go and look round the rest of the fete, but when Denise turns up Lilian can't help offering Adil's services for one last reading. With no knowledge of Denise, terrified Adil does his best. He hits on the idea that she has a secret admirer at work. Denise is amazed, and confides to Lilian that this knowledge has helped her with a dilemma she has. Lilian chides Adil for begin irresponsible, but he insists he was hinting that the admirer was in fact an animal. Well that wasn't obvious to Denise, observes Lilian grimly.

SUN 19:15 Ed Reardon's Week (b099yh8d)
Series 12

The Writer in the Van

Ed Reardon is back, and after being sent down from University for misappropriation of funds he finds himself temporarily living in a hotel trying to write the first in a new series of novels about his eponymous hero, Inspector Masterson, for which he has high hopes.

These are soon dashed by Ed's agent, Ping, who informs him he must write 'grip-lit' with a girl in the title who gets drunk, goes to bed with everyone and then gets chopped up.

Ping also palms Ed and Jaz Milvain off with her new assistant, Maggie, a jam-making, sock knitting 'older' lady (who also designs draft excluders) whilst she goes "oop North" to trawl the universities for the next generation of stand-ups. Whilst Jaz is furious with being "tossed on the scrapheap" Ed decides to give Maggie a chance and is soon rewarded when she gets him a writing gig on "Your Motorhome Magazine".

This turn of events not only furnishes him with a small but

steady income, but also a new home with floral upholstery, carpet on the ceiling and the advantage of letting him and his companion , Elgar, celebrate the freedom of the open road.

Ed Reardon Christopher Douglas
Receptionist Nicola Sanderson
Ping Barunka O'Shaughnessy
Jaz Milvain Philip Jackson
Maggie Monica Dolan
Stan Geoffrey Whitehead
Pearl Brigit Forsyth
Olive Stephanie Cole
Policeman Dan Tetsell

Written by Andrew Nickolds and Christopher Douglas

The regular cast this series are joined by guests Monica Dolan, Vicki Pepperdine, Don Gilet, Karl Theobald and Tyger Drew-Honey.

Producer: Dawn Ellis

A BBC Studios production for BBC Radio 4 first broadcast in October 2017.

SUN 19:45 Hulda's Cafe (m001bbc9)
Moss

Five tales from Grindavik, a place of volcanoes and earthquakes, and apparently the happiest town in Iceland. Starring Rachel Stirling.

The lobster soup served in Hulda's Café has won awards. But winning soup-making contests is only one of Hulda Björnsdóttir's many talents - which also include tour-guiding, welding whale sculptures and generally trying to hold the town together.

1/5. Moss
Hulda Björnsdóttir takes a tour party to Gunnuhver, Iceland's largest boiling mud pool.

Tiffany Murray is the author of the novels Diamond Star Halo, Happy Accidents and Sugar Hall. Her fourth book, The Girl Who Talked to Birds, will be set in Iceland. She is completing a memoir, 'My Family and Other Rock Stars', about growing up with Queen and Black Sabbath sleeping in your house. The story Lava! Lava! Lava!, which also has a Grindavik setting, was broadcast on Radio 4 in 2021.

Writer: Tiffany Murray
Reader: Rachael Stirling
Sound Recordist: Paul Clark
Sound Design: Jon Calver
Production Coordinator: Sarah Tombling
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

SUN 20:00 Feedback (m001b4g2)

A BBC correspondent recently returned from Afghanistan, Yogita Limaye, tells Roger Bolton what it's like to report from the country, and what restrictions are placed on her by the Taliban.

The former government minister Rory Stewart explains what he is hoping to achieve in his Radio 4 series The History of Argument.

And two listeners are up with the lark to listen to Farming Today on Radio 4. Was it worth it?

Presenter: Roger Bolton
Producer: Kate Dixon
Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

SUN 20:30 Last Word (m001b4g0)

Lamont Dozier, Joan Lingard, Issey Miyake, Edana Minghella

John Wilson on

Lamont Dozier (pictured), who wrote dozens of hits for Motown Records.

Joan Lingard, the author of the popular Kevin and Sadie books set during the Troubles in Northern Ireland.

Issey Miyake, the Japanese fashion designer who survived the atomic bomb.

Edana Minghella, the mental health researcher and jazz singer.

Producer: Emily Finch

Interviewed guest: Eddie Holland
Interviewed guest: Adam White
Interviewed guest: Shelly Clark
Interviewed guest: Lindsey Fraser
Interviewed guest: Dana Thomas
Interviewed guest: Dai Fujiwara
Interviewed guest: Dominic Minghella
Interviewed guest: Jo Brand

Archive clips used: Radio 4, Front Row - Brian and Eddie Holland interview 25/12/2019; BBC Radio 1, David Jensen Show - Lamont Dozier interview 29/02/1984; Radio 4, Joan Lingard interview 01/01/1984; BBC Two, Maggie episode 1 17/02/1981; British Pathé, Atomic Bomb Destruction in Japan (1945); INA Société/YouTube Channel, Mai 68 et l'éducation (1968).

SUN 21:00 Surviving the Cost of Living (m001bb4b)
[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m001bbb0)
[Repeat of broadcast at 07:54 today]

SUN 21:30 Princess (p0cjqwlv)
Anjali Mohindra on Sophia Duleep Singh

Anita Anand explores the story of Sophia Duleep Singh; the daughter of a deposed Maharaja, goddaughter of Queen Victoria and a suffragette on the frontline of some of the most violent battles for women's rights. Anita Anand discusses her remarkable life with Actor Anjali Mohindra and Dr Priya Atwal.

Produced by Audio Always
Producer: Ailsa Rochester
Editor: Jo Meeks
Sound: Tom Rowbotham

SUN 22:00 Westminster Hour (m001bbcd)
Radio 4's Sunday night political discussion programme.

SUN 23:00 Loose Ends (m001bb4x)
[Repeat of broadcast at 18:15 on Saturday]

SUN 23:30 Something Understood (b011tw74)
[Repeat of broadcast at 06:05 today]

MONDAY 22 AUGUST 2022

MON 00:00 Midnight News (m001bbch)
The latest news and weather forecast from BBC Radio 4.

MON 00:15 Sideways (m001b435)
The Woman in the Portrait

Matthew Syed follows the story of Bernice Bennett, a woman driven to uncover the truth behind a treasured family portrait.

When Bernice was growing up, she was always told how much she looked like her grandmother, Mattie Kemp Alexander. Looking at her grandmother's portrait, she saw her own eyes looking back. This woman's face was familiar, and yet Bernice knew so little about her. Feeling the call to know more, Bernice set out on a journey to uncover the stories of her family tree.

Through the course of her investigations, Bernice uncovers the traumas etched into her family's past and is drawn into America's legacy of slavery. Her discoveries are painful, but they also lead to some surprisingly joyous new relationships and renewed understanding of her own identity.

So why do we search for the secrets of the past, when we know how much the truth may hurt?

Genetic Counsellor Brianne Kirkpatrick talks about how people might prepare themselves for what they could find in their family histories, and genealogist Nicka Sewell-Smith explores how the traumas experienced by our ancestors can ripple through to the present day.

Contributors:
Brianne Kirkpatrick - Genetic Counsellor
Nicka Sewell-Smith - Genealogist
Bernice Alexander Bennett - Genealogist

Presenter: Matthew Syed
Producer: Sandra Labady
Executive Producer: Claire Crofton
Researcher: Nadia Mehdi
Series Editor: Katherine Godfrey
Music, Sound Design and Mix: Nicholas Alexander

Theme Music: Seventy Times Seven by Ioana Selaru

A Novel production for BBC Radio 4

MON 00:45 Bells on Sunday (m001bb5h)
[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001bbck)
The latest weather reports and forecasts for UK shipping.

MON 01:00 Selection of BBC World Service Programmes (m001bbcm)
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

MON 05:20 Shipping Forecast (m001bbcp)
The latest weather reports and forecasts for UK shipping.

MON 05:30 News Briefing (m001bbcr)
The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m001bbcv)
Spiritual reflection to start the day with Rev Richard Frazer of Greyfriars Kirk, Edinburgh.

MON 05:45 Farming Today (m001bbcz)
The latest news about food, farming and the countryside

MON 05:56 Weather (m001bbd2)
The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b04mlvxt)
Ivory Gull

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Chris Packham presents the ivory gull from the northern polar seas. Ivory gulls breed on rocky outcrops and cliffs and has a near-circumpolar distribution, spending most of the year near the edge of the pack ice throughout Arctic Europe, Arctic Russia, Greenland and Canada. They regularly venture farther north than any other bird. The adults are brilliant white with black legs and black eyes; their only splash of colour is on the bill which is a pastel rainbow of blue, green, yellow and pink. At rest they look rather dove-like. Although their colour suggests purity, their tastes are definitely not. Ivory gulls are scavengers. Dead seals or whales will draw them from miles around and those birds which have turned up as rare winter visitors to the UK have often shown an uncanny ability to locate strandline corpses of porpoises, dolphins or seals. Diet aside these are entrancing gulls to watch as they loaf on icebergs or waft angelically over arctic seas.

MON 06:00 Today (m001bbnl)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 How to Play (m001bbnn)
Shostakovich's 5th Symphony with Marin Alsop and the Philharmonia

Conductor Marin Alsop and the Philharmonia Orchestra invite us behind the scenes as they prepare for a performance of Dmitri Shostakovich's Symphony No. 5. We hear the insider's perspective on how they bring this complex, dynamic piece to life on stage.

Featuring Marin Alsop (conductor), Michael Fuller (bass), Kira Doherty (horn) and Shostakovich specialist Pauline Fairclough.

Produced by Chris Taylor and Martin Williams.

Photo credit: Luca Migliore

MON 09:30 NatureBang (m0013jdn)
Cockatoos and the Power of the Beat

Rhythm is everywhere in the biological world. The rhythm of heartbeat, the rhythm of breathing, the rhythm of gait and walking. In fact, in 'The Descent of Man', Charles Darwin wrote that the perception of rhythm is "probably common to all animals and no doubt depends on the common physiological nature of their nervous system." And yet, recent studies have shown that even our closest living relatives, the great apes, can't seem to keep a beat. Becky Ripley and Emily Knight investigate.

Enter YouTube sensation Snowball the Cockatoo. Much to the intrigue of evolutionary biologists, Snowball loves to dance to anything with a strong beat. Especially The Backstreet Boys. How is it that chimpanzees can't keep a beat and yet this parrot - which is more closely related to a dinosaur than a human - clearly loves to groove? What's going on in the brain of this bird? And how does that link to our own beat-keeping brains?

Back in the human world, there's serious neurological benefit to this beat-based research. The more we understand how and why people move to a beat, the more we can appreciate its powerful therapeutic effects. It unites our brains with our bodies, which can help to relieve symptoms of movement-based neurological disorders like Parkinson's, and it unites us to each other.

Featuring cognitive neuroscientist Aniruddh Patel and dance psychologist Peter Lovatt.

MON 09:45 This is Not a Pity Memoir by Abi Morgan (m001bbnq)
The Day Ordinary Life Changed

This is Not a Pity Memoir is by Abi Morgan and tells the story of what happened to her and her family after ordinary family life was upended in an instant. Nicola Walker is the reader.

Abi Morgan is the BAFTA award-winning screen writer whose credits include The Split, The Hour, Suffragette and the Iron Lady. This is her powerful and moving memoir. It begins on an ordinary June day, with Abi getting through her seemingly endless to do list. When she gets home, the man she has loved and fought and laughed with for twenty years is collapsed on the bathroom floor. Nothing will ever be the same for Abi, Jacob and their two children. What follows is the story of how Abi and her family navigated the worst times. It's honest, courageous funny, and hopeful. And it's a tender love story.

The reader is Nicola Walker. Her credits for TV include Abi Morgan's, The Split; Unforgotten, Last Tango in Halifax, Spooks, and for theatre, The Corn is Green, The Cane, A View From the Bridge. Credits for radio include Amika Stranded & The Hotel.

Abridged by Katrin Williams
Produced by Elizabeth Allard.

MON 10:00 Woman's Hour (m001bbns)
Listener Week: a basic guide to economics, quizzes, ageing without children

Sarah wrote in suggesting we provide a basic guide to economics. Economics is so central to our lives but few of us, she thinks, are economically literate enough to engage properly with the constant references in the news. Sarah is joined by Rupal Patel, Senior Economist at the Bank of England and co-author of Can't We Just Print More Money? Economics in Ten Simple Questions.

One of our listeners – Roz Unwin – wanted to share her passion for quizzing. She took it up over lockdown, and now runs her own quizzes in North London. She joins Emma, along with Alice Walker, who was crowned this year's Mastermind Champion.

Ageing without children is the subject of our next discussion. Listener Mo Ray, Professor of Health and Social Care at the University of Lincolnshire wanted us to raise awareness of the growing numbers. She says care and ageing policy is still built on the assumption that behind every older person there is at least one adult child ready and able to provide care and support. She joins Emma along with Jenny Collieson, Trustee of the charity AWOC, Ageing without Children.

To discuss the realities of the post mastectomy body, Emma speaks to listener Janine, a former nurse from Merseyside. Janine had a bilateral mastectomy as well as bilateral reconstructions, yet remains nipple-less. She emailed in saying "I have no idea where to go to get 'completed'". Similarly frustrated by the lack of creative and attractive prosthetics, lingerie and fashion for the asymmetric body post her own mastectomy, we hear from Katie, a listener from Leicester who founded a collective called Bonnie Boob, made up of artists making knitted boobs, sculptures, body armour and even biodegradable boobs with shelving.

Presenter: Emma Barnett
Producer: Lucinda Montefiore

MON 11:00 My Name Is... (m001bbnv)
My Name Is Liam

Liam was sent to prison at just 18 for aggravated burglary and a range of other crimes. After he was released, he was sent back to prison within just two months for reoffending - and the cycle began again.

Locked up for 23 hours every day with few opportunities for self-improvement, Liam came to the view that prisons did little to rehabilitate offenders, especially those with drug addictions

or mental health issues.

Eventually, thanks to the intervention of some charities, Liam found fulfilling work on a rural farm which set in motion his return to a life away from criminality and drug use. Being surrounded by nature and a new environment allowed him to gain a sense of purpose he wasn't able to find behind bars.

Latest figures show that one in four people who commit a crime in the UK go on to reoffend. The numbers are higher in the North East of England. Liam wants to understand why so many people end up in prison multiple times, costing the economy billions, and what opportunities and pitfalls there are in rural communities for people like him who have left prison.

Could the countryside hold the answer to pushing down the number of reoffenders?

Producer: Emily Finch
Executive Producer: Robert Nicholson
A Whistledown production for BBC Radio 4

MON 11:30 The Frost Tapes (p0c4tn8)
Elizabeth Taylor

David Frost was the 20th century's most prolific interviewer, a master of conversation with a remarkable talent for getting people to open up and spill their souls. Many of his conversations, however, have been lost - until now. Presented by his son, broadcaster Wilfred Frost, The Frost Tapes joins David as he interviews the greatest entertainers of the 20th and 21st centuries.

Hollywood's first million-dollar star, Elizabeth Taylor was the definition of the word "icon". In her conversations with David Frost, she discussed the abusive control of movie studios, her eight marriages, and the difficulties of transitioning from child actress to bombshell starlet.

A Paradine and Chalk & Blade production for BBC Radio 4

MON 12:00 News Summary (m001bbny)
The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m001bbp0)
Northern Ireland Energy Bills; Offices; Lost Luggage

We find out why households in Northern Ireland still haven't heard whether they will get any government support over winter with the rising energy costs, and the reasons for no price cap on their energy bills.

As hybrid working becomes the norm lots of businesses are downsizing their offices – we ask commercial lettings consultant Martin Dodd what will happen to all these empty buildings.

And would you use an app to track your luggage – Randel Derby, the founder of Airportr.com, tells us why he set up a business to make sure his luggage never went missing on a flight again.

Producer: Anna Hodges
Presenter: Shari Vahl

MON 12:57 Weather (m001bbp2)
The latest weather forecast

MON 13:00 World at One (m001bbp6)
Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 Torn (m001bbpb)
The stories behind the clothes we wear

Calico cotton

Gus Casely-Hayford tells the story of how calico cotton first grown in India gave rise to the global trade of a fabric that is both contentious and revolutionary.

It's 1719 and the vitriolic words of weaver-turned-activist Claudius Rey penned in his book condemning the "evil" import of cheap calico cotton from British-ruled India help pour fuel on the fire of civil unrest.

The British parliament responds by introducing various amendments to the Calico Act aimed at protecting owners and workers in Britain's textile industry. This has the knock on effect of crippling India's weavers by preventing them from exporting processed cotton. While Britain's workshops flourished from weaving calico cotton from India, the immoral game changer was an influx of raw cotton from plantations in

the British colonies in the Caribbean and the southern states of America worked by enslaved people.

The globalisation of fashion has its roots in colonisation and the industrial revolution it spurred. Think of the simple calico tote bag that many of us sling over our shoulders. It has become almost universal as an alternative to plastic bags. But like 20 percent of all fashion items made of cotton, millions of tote bags are made every year in garment factories in China's Xinjiang province where allegations of slave labour abound.

With V&A Museum benefactor and Indian textile collector Karun Thakar, fashion journalist Grace Cook, and the historical writings of British weaver-turned-activist Claudius Rey and the Portuguese explorer Vasco da Gama.

Presenter: Gus Casely-Hayford
Executive Producer: Rosie Collyer
Assistant Producer: Nadia Mehdi
Researcher: Zeyana Yussuf
Production Coordinator: Francesca Taylor
Sound Design: Rob Speight

A Novel production for BBC Radio 4

MON 14:00 The Archers (m001bbc7)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 This Cultural Life (m001bb4z)

[Repeat of broadcast at 19:15 on Saturday]

MON 15:00 Brain of Britain (m001bbpp)

Heat 4, 2022

Another four contenders start their bid to become Brain of Britain 2022, in a contest from Salford. At least one of them will progress to the semi-finals of this year's tournament.

Appearing today are:

Julian Aldridge from Westhoughton in Lancashire
Kathryn Forrester from Wrexham
Isabelle Heward from Goxhill in North East Lincolnshire
Thomas Leeming from Adlington in Lancashire.

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

MON 15:30 The Food Programme (m001bbbj)

[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Singing the Stones (m0002zqj)

Kirsti Melville hears from indigenous people about the importance of the ancient rock carvings and songlines in Murujuga or the Dampier Archipelago in Australia.

It's been described as "the largest outdoor art gallery on the planet". The rock carvings here on the Dampier Archipelago tell the story of fifty thousand years of human existence - of how the Yaburara people who created the art lived and how the world changed around them. Kirsti discovers how the carvings act as the "score" for one of the earliest songlines, starting here in Murujuga - the indigenous people's name for the Dampier Archipelago and Burrup Peninsula - and travelling right through to Uluru, the heart of Australia.

The Yaburara people carved more than a million drawings into the red rocks. They give a detailed record of both sacred and secular life. There are flightless birds, fish and turtles, giant kangaroos, creation spirits, complex human figures and the, now extinct, thylacine. The rock art is profoundly connected to beliefs and ceremonies still practiced today.

But, over the past fifty years, this immense site of human history has been threatened by massive industry. Within a stone's throw of this ancient rock art there are petrochemical plants, a giant gas hub and one of Australia's busiest ports.

Now, after years of lobbying, Aboriginal traditional custodians, archaeologists and government are, for the first time, working together to push for World Heritage listing. Will this sacred site finally receive the protection it deserves?

Produced by Kirsti Melville

An ABC and Cast Iron Radio Production for BBC Radio 4

MON 16:30 Beyond Belief (m001bbpv)

What Makes a Ritual

Can our morning coffee routines, the Saturday parkrun, or a daily walk in nature be sacred?

Ernie Rea explores how ritual, repeated actions done the same way every time, long associated with religion, is being

employed by those outside of faith practice. There are now apps that can help build mindful rituals into your day, workplaces are designing ceremonies to build community amongst colleagues. What attracts us to these kinds of practices and without a religious framework do they lose their power?

Ernie is joined by Casper Ter Kuile, formerly at the Harvard Divinity School he's the author of 'The Power of Ritual'. Kashori Jani is a Sanskrit teacher at a Hindu faith school and shares ancient Hindu wisdom and Kirtan (musical mantra meditation) with her large following online. Father David Elliot is Catholic Priest and the Head of Theology at the Oratory School in Oxford.

Plus Matt Brooke from Tough Mudder tells us how ritual helps competitors complete their endurance challenges.

Producer: Rebecca Maxted and Katharine Longworth
Assistant Producer: Josie Le Vey
Editor: Tim Pemberton

MON 17:00 PM (m001bbq0)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O'Clock News (m001bbq4)

New projections about the rate of inflation suggest it could hit 18% in the new year

MON 18:30 Mark Steel's in Town (m001bgrp)

Series 12

Nottingham

Mark Steel's In Town - Nottingham

"Ay up me duck"

Mark Steel is back with the 12th series of his award winning show that travels around the country visiting towns that have nothing in common but their uniqueness. After thoroughly researching each town, Mark writes and performs a bespoke evening of comedy for a local audience.

In this first episode Mark visits Nottingham, a contrarian city, full of heroes, rebels, caves and lovers of mushy peas. He learns about local legends, Robin Hood, Lord Byron, DH Lawrence, Brian Clough, and the most famous of all, Frank the xylophone player. He looks at the history of the Luddites, the cheese riots and visits three pubs that are all the oldest in the country.

As well as Nottingham, in this series, Mark be popping to the Isles of Scilly, Tring, Salisbury, Newport and Paris. And for the first time, there will be extended versions of each episode available on BBC sounds.

Written and performed by Mark Steel

Additional material by Pete Sinclair
Production co-ordinator Sarah Sharpe
Production co-ordinator Katie Baum
Sound Manager Jerry Peal
Producer Carl Cooper

A BBC Studios production for BBC Radio 4

MON 19:00 The Archers (m001bbq8)

Convalescing George can't see why Ed's giving him a hard time when everyone else is being nice to him. Ed reminds him he did a stupid and dangerous thing - a nicotine overdose can be fatal. George downplays it, accusing Ed of overreacting. Clarrie tries to keep the peace, but when Eddie walks in it becomes clear he knew about the vaping enterprise. Ed's furious with his dad. Eddie's sorry, but insists he didn't know the health risks of what George and Brad were doing. He begs Ed not to tell Emma and Will he knew what was going on. Ed won't promise, and storms off. Clarrie gives Eddie her own brand of a telling off. She reminds him of his duty of care to his grandson, and advises him to have a good think.

Denise is canvassing opinions on the new paint colour for the vet surgery waiting room, and whilst Alistair isn't in favour of her choice, Jakob is all for the colour she's chosen. She's surprised Jakob's leapt to her defence. She confides to Alistair Adil's suggestion at the fete that she has a secret admirer at work. She believes it's obvious the admirer is Jakob, and it's all very awkward. She can hardly look Kate in the eye. Alistair offers to have a chat with Jakob. Alistair cuts to the chase with Jakob, who immediately declares it's Alistair who has the crush on Denise, not him. Alistair denies it, but Jakob points out that if even he's noticed it, there's definitely something going on.

MON 19:15 Unreal: A Critical History of Reality TV (p0c7014j)

1. The Social Experiment: Big Brother is Watching You

Pandora Sykes and Sirin Kale wind back to Britain's first 'official' reality show, to look at how it became a global phenomenon, the importance of authenticity, and how Jade Goody created a new type of celebrity - famous for simply being herself. Featuring interviews with housemates Nick Bateman aka 'Nasty Nick' and Brian Dowling, and Big Brother's Creative Director Philip Edgar Jones, plus many more.

Producer: Hannah Hufford
Executive Producer: Pandora Sykes
Executive Editor: James Cook
Content Producer: Hannah Robins
Technical Producer: Giles Aspen

Archive credits:

Big Brother, Endemol UK
Candid Microphone, Columbia Pictures
Candid Camera, ABC Television
The Family, BBC
The Late Review, BBC
The Reunion, Whistledown
Jade: The Reality Star Who Changed Britain, Blast! Films
Stars in Their Eyes, Granada Television
Celebrity Big Brother, Endemol UK
Prime Ministers Questions, Parliamentary Recording Unit
Bigg Boss, Endemol Shine India

MON 20:00 On Love and Heartbreak (m001bbqg)

A few years ago, Vogue dating columnist Annie Lord experienced her very first heartbreak. He was the love of her life, they'd been together five years, and he broke up with her after dinner and drinks at Kings Cross station.

Annie is diving back into all that pain to take a forensic look at how she overcame heartbreak. With the help of close friends, family, and American psychotherapist Orna Guralnik from the TV show Couples Therapy, Annie explores the deeper meaning of a broken heart. Is love worth risking all that pain? Why do we always seem to cry on public transport? And should she do it all over again?

If you've ever experienced a broken heart, this is for you.

Producer: Eliza Lomas
Executive producer: Alice Lloyd
Sound mixer: Olga Reed

An Orion Publishing Ltd production for BBC Radio 4.

MON 20:30 Crossing Continents (m001b44y)

Moldova - East or West?

Sandwiched between Romania and Ukraine, the former Soviet Republic of Moldova has recently been awarded EU candidate status.

In an echo of what happened in Ukraine, Moldova lost a chunk of its eastern territory to separatists in a short war 30 years ago. The separatists were backed by elements of the Russian army. Since then Transnistria has remained a post-Soviet "frozen conflict."

In recent months almost 500,000 Ukrainian refugees have crossed into Moldova - the highest per capita influx to a neighbouring country. Up to 90,000 have remained in Moldova, one of Europe's poorest countries. The republic's president has warned that President Putin has his sights set on her country. Tessa Dunlop travels to Moldova to hear what Moldovans think about the war in Ukraine and their country's future.

Produced by John Murphy

(Image: A Russian armoured vehicle at the border crossing with the breakaway enclave of Transnistria in the village of Firladeni, Republic of Moldova. Credit: BBC/John Murphy)

MON 21:00 The Spark (m001b4fb)

Louise Perry v the Sexual Revolution

Helen Lewis returns with a new series of encounters with innovative thinkers.

In this episode, she meets Louise Perry, author of *The Case Against the Sexual Revolution*.

The liberalisations of the 1960s brought significant new freedom to women's lives. But Perry argues that this has now combined with the more recent impact of online pornography, which is both ubiquitous and frequently violent. The result, she suggests, has been toxic, particularly for young women.

In a forthright exchange, Perry sets out why she thinks an over-emphasis on the virtues of freedom has stymied feminist thinking on this. And why, from the advice given by women's magazines, through the legal responsibilities of online platforms, to the expectations society places on young men -

there now needs to be radical change.

Producer: Phil Tinline

MON 21:30 How to Play (m001bbnn)
[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m001bbql)
In-depth reporting, intelligent analysis and breaking news from a global perspective

MON 22:45 Trespasses by Louise Kennedy (m001bbqp)
1: Paphis Warpaint

Politics and religion collide in Louise Kennedy's tender and shocking love story, set on the outskirts of 1970s Belfast.

Cushla Lavery is a teacher at a Catholic primary school (where booby trap, gelignite and rubber bullets are all part of a seven-year-old's vocabulary), and helps out at the family bar by night. When barrister Michael Agnew, older, married and Protestant, walks into the pub on a quiet February night, their lives will be changed forever. This is no ordinary love story. In a country divided by the Troubles, tensions are rising and simple acts of kindness have deep consequences for Cushla and her family.

Writer: Louise Kennedy is an acclaimed short story writer. She worked for three decades as a chef before turning to writing. This is her debut novel.
Reader: Lisa Dwyer Hogg
Abridger: Richard Hamilton
Producer: Justine Willett

MON 23:00 Word of Mouth (m001b41g)
Like

Carmen Fought is a Californian Valley Girl, born and bred and she's, like, there's nothing wrong with using 'like.' And Michael's, like, come on Word of Mouth and tell us why.

Producer Sally Heaven

MON 23:30 You're Dead To Me (p085v0g7)
The Mayflower

Greg Jenner is joined by historian Dr Misha Ewen and comedian Alex Edelman to take a trip back in time and across the Atlantic with the passengers of The Mayflower.

They ask all the most pertinent questions. What would you pack for a journey to a new world? What's a great name for a baby born at sea? And just why is a journey that was objectively a gigantic failure held in such high regard in American culture?

A Muddy Knees Media production for BBC Radio 4

TUESDAY 23 AUGUST 2022

TUE 00:00 Midnight News (m001bbqw)
The latest news and weather forecast from BBC Radio 4.

TUE 00:30 This is Not a Pity Memoir by Abi Morgan (m001bbnq)
[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m001bbr0)
The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m001bbr4)
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

TUE 05:20 Shipping Forecast (m001bbr8)
The latest weather reports and forecasts for UK shipping.

TUE 05:30 News Briefing (m001bbrd)
The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m001bbrh)
Spiritual reflection to start the day with Rev Richard Frazer of Greyfriars Kirk, Edinburgh.

TUE 05:45 Farming Today (m001bbrk)
23/08/22 - Carbon neutral meat processing, labour costs, river

pollution

A meat processing plant is claiming to be carbon neutral, using animal fats from the abattoir process to power the plant. ABP has invested millions of pounds in the vast new site at Ellesmere in the Midlands, using state of the art equipment to make the process as easy as possible for the animals themselves, and providing data and insight for the farmers that supply them. A new report by a group of charities says chemicals are the hidden killer in our rivers. WildFish (formerly Salmon and Trout Conservation) worked with the RSPB, BugLife and the Pesticide Collaboration, testing invertebrates from 12 rivers to assess river health. They found the number of species had declined, and are calling on the government to better regulate and police water quality rules. Defra says it is committed to river health, including through the new Environment Act. As part of our week looking at the rising cost of food, today we meet a farmer who says a 'perfect storm' of Brexit, war in Ukraine and the effects of Covid, have led to a drastic shortage of labour to work on farms and in food processing, pushing prices up for farmers and consumers. Presented by Charlotte Smith.

TUE 05:58 Tweet of the Day (b04hky3h)
Satin Bowerbird

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Miranda Krestovnikoff presents Australia's satin bowerbird. Then male is a blackish looking bird with bright purple eyes, whose plumage diffracts the light to produce an indigo sheen with a metallic lustre. He builds a U-shaped bower of sticks on the forest floor into which he hopes to lure a female. But brown twigs on a brown woodland floor aren't very eye-catching, so he jazzes up the scene with an array of objects from berries and bottle-tops to clothes-pegs and even ballpoint pens. All have one thing in common: they are blue. The male dances around his bower to attract the greenish females: often holding something blue to impress her. As he poses, he calls enticingly to advertise his prowess. Once she's made her choice, she will leave to build her nest and rear her young alone.

TUE 06:00 Today (m001bbsv)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 Across the Red Line (m001bbss)
Is private education divisive?

Anne McElvoy presents a new series of the show that invites people who disagree on an issue to debate - and then to listen to each other.

Is private education divisive - or is this criticism a dangerous distraction? Fiona Millar, who has long campaigned to improve state education, meets Dr David James, deputy headteacher of an independent school, to debate.

Then conflict resolution specialist Louisa Weinstein invites each of them to find out more about what has shaped their opponent's worldview and beliefs, to see if they can reach a deeper understanding of the other's position.

Producer: Phil Tinline

TUE 09:45 This is Not a Pity Memoir by Abi Morgan (m001bbzs)
When Abi Met Jacob

From the BAFTA award-winning screenwriter, Abi Morgan, comes her powerful memoir. Jacob the man she has loved and fought and laughed with for twenty years is hospital after collapsing on the bathroom floor. Something is wrong, but the doctors don't know what. As Abi waits for a diagnosis she looks back twenty years, to the first time she met Jacob, and her heart went ping. The reader is Nicola Walker.

Abi Morgan's screenwriting credits include The Split, The Hour, Suffragette and the Iron Lady. This is Not a Pity Memoir is her first book. I begins on an ordinary June day, with Abi getting through her seemingly endless to do list. When she gets home, Jacob is not at all well. Nothing will ever be the same for him, Abi and their two children. What follows is the story of how Abi and her family navigated the worst times. It's honest, courageous funny, and hopeful. And it's a tender love story. Told with honesty, courage and humour, the language is sometimes strong.

The reader is Nicola Walker. Her credits for TV include Abi Morgan's, The Split; Unforgotten, Last Tango in Halifax, Spooks, and for theatre, The Corn is Green, The Cane, A View From the Bridge. Credits for radio include Annika Stranded & The Hotel.

Abridged by Katrin Williams
Produced by Elizabeth Allard.

TUE 10:00 Woman's Hour (m001bbt1)
Listener week: Patriarchal wedding practices. Ukraine sponsorship. Rural bullying. Pubic hair loss in menopause

Listener Week: stories suggested by you.

Many of you wanted us to talk about the patriarchal nature of some wedding traditions which seem to have stood the test of time like being walked down the aisle by your dad. Why are they still around and what do they symbolise? We look at their roots with Rachael Lennon, author of Wedded Wife: A Feminist History of Marriage; and journalist Sarah Graham, who planned a feminist wedding.

We regularly cover the health issues women face as they approach the menopause. One listener asked us to raise awareness of a less publicised aspect of the process - which is pubic hair loss. Many women find this gradually happens from the perimenopause on and unlike when you're younger, it doesn't grow back and it's said can exacerbate problems with libido and sexual identity. Emma finds out more from the Chair of the Menopause Society Paula Briggs and the Sex Therapist Stella Sonnenbaum.

The refugees minister, Lord Harrington, has made a plea to the Treasury to double the money given to families hosting Ukrainian refugees. He fears that the cost of living may lead to a quarter of the host households pulling out of the scheme at the end of October when the initial six months is up. Many people are having positive life-affirming experiences, but we have also been contacted by some listeners who are having a trickier time and feel not much is being said publicly about when these situations go wrong.

And advice for a mother who lives in a rural area who emailed about her daughter being bullied from Kidscape's CEO Lauren Seager-Smith and Consultant Child Psychologist Dr Jane Gilmour.

Presenter Emma Barnett
Producer Beverley Purcell

TUE 11:00 The Curious Cases of Rutherford & Fry (m001bbt3)
Series 20

The Wild and Windy Tale

How do winds start and why do they stop? asks Georgina from the Isle of Wight. What's more, listener Chris Elshaw is suprised we get strong winds at all: why doesn't air just move smoothly between areas of high and low pressure? Why do we get sudden gusts and violent storms?

To tackle this breezy mystery, our curious duo don their anoraks and get windy with some weather experts.

Dr Simon Clark, a science Youtuber and author of Firmament, convinces Adam that air flow is really about the physics of fluids, which can all be captured by some nifty maths. The idea of pressure turns out to be key, so Hannah makes her own barometer out of a jar, a balloon and some chopsticks, and explains why a bag of crisps will expand as you walk up a mountain.

Professor Liz Bentley, Chief Executive of the Royal Meteorological Society, reveals how the dynamics of a simple sea breeze - where air over land is heated more than air over water - illustrates the basic forces driving wind of all kinds.

Then everyone gets involved to help Adam understand the tricky Coriolis effect and why the rotation of the Earth makes winds bend and storms spin. And Professor John Turner from the British Antarctic Survey explains why the distinctive features of the coldest continent make its coastline the windiest place on earth.

Producer: Ilan Goodman
Contributors: Dr Simon Clark, Professor Liz Bentley, Professor John Turner

TUE 11:30 In Suburbia (m001bbt5)
Nothing looks the same

In spite of the fact that so many of us live, and choose to live, in Suburbia, it's still described as, at best a cultural backwater, and at worst a cultural desert. Indeed the cultural output of suburbia is often songs and novels and films that describe a striving to escape from this land between the city and the country, or in cultural terms between rural Idyll and Bohemia. Ian Hislop has long been fascinated by this cultural snobbery, and in three programmes he talks to leading cultural figures who either come from or celebrate Suburbia and Suburban life.

Hanif Kureishi, author of 'The Buddha of Suburbia' is a not so proud son of Bromley, Comedian Lee Mack is star and writer of the suburban comedy 'Not Going Out' which is now the longest running sitcom on British Television and still uses the familiar tropes of suburban aspiration, gentle class conflict and stability to garner laughs, and JC Carroll of The Members, is the composer whose Punk anthem 'The Sound of the Suburbs' made the tedium of car washing and noisy neighbours a badge of honour'. All of them discuss their mixed feelings about suburbia, if and how it's changing, and why it remains a place where so many people aspire to live.

He also visits the suburbs themselves and chats to The 'Suburban artist' of Woodford, and he looks back at the way the suburbs have developed from their Medieval reputation as the place to dump everything you don't want in the city, to the industrial revolution when the Romantic suburb emerged allowing a new middle class to find a place between the castles and mansions of the aristocracy and the slums of the workers.

In this final programme Ian is in Ealing, the Queen of the suburbs and home to a hugely diverse community who all value exactly the same things that were valued when the suburbs first began to expand in the late 19th century. But will the new communities change the suburbs or will the natural isolation of the suburban semi forge a new generation of suburban culture?

TUE 12:00 News Summary (m001bbt7)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m001bbt9)

Call You and Yours - How are you going to afford university this year?

On our phone in today, we want to know - how are you going to afford University this year?

With prices rising, and energy bills going up, how will you fund your living costs.
You might be looking for student halls, or be in second year sharing bills for the first time.
Maybe you're taking on a new job, or will have to stay at home.

Email us now - youandyours@bbc.co.uk and please include your phone number.

Presenter: Shari Vahl
Producer: Miriam Williamson

TUE 12:57 Weather (m001bbtc)

The latest weather forecast

TUE 13:00 World at One (m001bbtf)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 Torn (m001bbth)

The stories behind the clothes we wear

Indian chintz dress

It's 1786 in Alexandria, Virginia. An argument breaks out at the market between a black woman enslaved on George Washington's plantation and a white woman who believes she has stolen her dress made of fine Indian chintz fabric. What the encounter reveals is a complex pattern of hierarchy within fashion and stylistic expression in which black Americans have struggled to gain recognition for centuries.

In the second episode of Torn, Gus-Casely-Hayford explores letters and extracts from the diaries of George Washington to understand the interwoven histories of both slavery and textiles in America.

By the late 18th century, chintz patterns copied from a centuries old Indian tradition were firmly established as a signifier of high rank within white society. Guy goes in search of black Americans designers who have dared to express themselves in the predominantly white world of fashion. From the enslaved seamstress Elizabeth Keckly who bought her freedom with proceeds from her dress shop situated in the shadows of the White House, to Dapper Dan's journey from a hustler in Harlem to a designer of some of the biggest stars in hip hop.

With art historian Jennifer Van Horn, curator Elizabeth Way and letters from Charles McIver to George Washington.

Presenter: Gus Casely-Hayford
Executive Producer: Rosie Collyer
Assistant Producer: Nadia Mehdi
Researcher: Zeyana Yussuf
Production Coordinator: Francesca Taylor
Sound Design: Rob Speight

A Novel production for BBC Radio 4

TUE 14:00 The Archers (m001bbq8)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 No Place But the Water (m001bbtk)

The Library of Everything: Part 1

Final series of climate emergency drama set in a flooded future world written by Linda Marshall Griffiths.

'The Library of Everything' - when what comes after is more dangerous than what came before.

Laurie has been taken and Gil, struggling with the pain of his broken arm, tries to hold the shattered family together. But Jessie and Cal are determined to leave the hotel to go in search of Laurie and bring her back and Birdie has a plan to find the Library.

JESSIE Sade Malone
CALEB Cel Spellman
GIL Rupert Hill
MAURICE Pearce Quigley
BIRDIE Poppy O'Brien
ALEX William Ash

Written by Linda Marshall Griffiths
Produced and Directed by Nadia Molinari
Sound Design by Sharon Hughes

Programme consultants: Dr James M. Lea; Dr Ian Dawson; Dr. Andrew F. Field.

A BBC Audio Drama North Production

The drama uses 3D spatial audio; please listen on headphones for a unique immersive experience.

TUE 15:00 The Kitchen Cabinet (m001bb44)

[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 Made of Stronger Stuff (p0bpc5f6)

Sphincters

Psychologist Kimberley Wilson and Dr Xand van Tulleken continue their journey around the human body, asking what our insides can reveal about our lives and the world around us.

This week, it's Sphincters' turn. While the one in our bottoms tends to claim the most mindshare, we're absolutely full of sphincters, and they're critical to our lives.

In this episode, Xand explores the inability to burp, meeting a 27-year-old who was unable to belch until an American Doctor's revolutionary procedure changed his life forever. Meanwhile, Kimberly investigates urinary sphincter failure and the innovative implants that can help restore continence.

Producer: James Tindale
Researcher: Leonie Thomas
Executive Producer: Robert Nicholson
A Whistledown production for BBC Radio 4

TUE 16:00 Word of Mouth (m001bbtn)

Nihal Arthanayake on conversation

Nihal Arthanayake has written a book based on his decades long experience of talking to people. Now he talks to Michael about what makes a good conversation.

Producer Sally Heaven

TUE 16:30 Great Lives (m001bbtq)

Dame Kathleen Ollerenshaw, Educationalist

Dame Kathleen Ollerenshaw was born Kathleen Timpson in 1912. Deaf from an early age, she went on to have a brilliant career and is best known for her contribution to pandiagonal magic squares. She was also heavily involved in the establishment of the Royal Northern College of Music and was an advisor to Mrs Thatcher's government on education. She died aged 101.

Nominator Sir John Timpson is chairman of the high street shoe repair shop that bears his family name and knew Dame Kathleen extremely well. Her spirit and determination shine through. Also in studio is Dr Ems Lord, research fellow at Clare Hall and director of NRICH.

The producer in Bristol by Miles Warde

TUE 17:00 PM (m001bbts)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m001bbtv)

Police in Liverpool hunt the killers of a 9-year-old girl, shot dead at her home.

TUE 18:30 Alone (m001bbtx)

Series 4

Episode 2 - The Longest Brief Thing

A sitcom, written by Moray Hunter and starring Angus Deayton, Abigail Cruttenden, Pearce Quigley, Kate Isitt and Bennett Arron, about five, mainly single, middle aged neighbours living in flats in a converted house in North London.

Mitch (Angus Deayton) is a widower and part-time therapist who is looking to put his life back together now that he is single and living with Will (Pearce Quigley), his younger, more volatile half-brother. Mitch is currently in a new relationship with Ellie (Abigail Cruttenden) who is a somewhat shy, nervous and sensitive schoolteacher. Overly honest, frustrated actress Louisa (Kate Isitt), and socially inept IT nerd Morris (Bennett Arron) complete the line-up of mis-matched neighbours.

In episode two, things get fraught when Louisa tries to make friends with Nina, (Jocelyn Jee Esien) Morris' sort of ex, after they had a brief half-a-night stand a while back, and then it gets even more complicated when Will gets involved as well. Ellie meanwhile makes it her mission to look after Morris and persuades a very reluctant Mitch to help her.

Cast:

Angus Deayton - Mitch
Abigail Cruttenden - Ellie
Pearce Quigley - Will
Kate Isitt - Louisa
Bennett Arron - Morris
Jocelyn Jee Esien - Nina

Written by Moray Hunter
Directed by Moray Hunter and Gordon Kennedy
Scripted Edited by Ian Brown and James Hendrie

Edited and Studio Managed by Jerry Peal
Production Manager - Sarah Tombling
Production Runner - Kareem Elshehawey
Recorded at The Shaw Theatre, London
Based on an original idea developed in association with Dandy Productions
Producer - Gordon Kennedy

An Absolutely production for BBC Radio 4

TUE 19:00 The Archers (m001bbtz)

Denise needs some advice on a friend's bad hair. Chelsea confirms she'd be happy to rescue it. As they chat about the fete, Chelsea comments that she wouldn't want her fortune told - she doesn't want to know about the bad things that might happen. Denise counters kindly that there could be good things too. They're interrupted by George Grundy, an unwelcome guest as far as Chelsea's concerned. She has a booking and wants him out. Denise heads off to the Post Office, mentioning the inconvenience of the burnt-out post box. George agrees the culprit should be locked up. He insists he's booked in for a cut - for Poppy's guinea pig. When Chelsea protests and refuses, George declares he'll sue her for false advertising; her window says 'guinea pigs wanted'. He continues to wind up Chelsea until she divulges that she knows it was him who set fire to the post box. She makes him promise not to get Brad involved in anything else dodgy, or she'll go to Harrison and spill the beans. Ruairi confirms to Ben that he's still seeing Julianne and it's all good. Ben's non-committal. Later Julianne calls Ruairi. Ruairi covers to Ben that it's a uni mate. Persistent Ben wonders how often Ruairi sees Julianne. Isn't she stopping him having the full university experience? Ruairi declares he admires her; they're in a bubble and she makes him feel safe and happy. He insists they're not sleeping together. Julianne rings again, and Ruairi tells her he's not available to meet. Ben thanks him for prioritising their friendship.

TUE 19:15 Unreal: A Critical History of Reality TV (p0c71j2w)

2. The Talent Show Boom: Pop Idol and The X Factor

Sirin Kale and Pandora Sykes look at how three men called Simon are responsible for the gold rush of talent shows in the early noughties and why the format no longer feels fit for purpose.

Producer: Hannah Hufford
Executive Producer: Pandora Sykes
Executive Editor: James Cook
Content Producer: Hannah Robins
Technical Producer: Giles Aspen

Archive credits:

The X Factor, Fremantle Media
Britain's Got Talent, Talkback Thames

Star Search, 2929 Productions
Popstars, Warner Bros. Television

Pop Idol, 19 Television

A Better Me: The Official Autobiography, Bolinda Publishing
Misha B video discussing her experiences on and after The X Factor

Cher Lloyd's video on her X Factor experience

Walk The Line, Syco Entertainment

TUE 20:00 The Dark Side of Direct Sales (m001bdkx)

Big money, glamorous work trips abroad, and becoming your own boss - the world of door-to-door selling and chugging on the high street has been rebooted for the social media age.

The industry has been around for decades, but revenues have seen a boost over the last few years and it is now worth £2.6bn a year in the UK.

Some direct selling firms in the UK are jumping on the popularity of trends such as hustle culture to recruit young, ambitious people into entry-level jobs in 'marketing' or 'management' and to work with big, well-known, clients.

But as Lora Jones finds out, the reality is very different. She finds keen young people who have been sold the dream, only to find themselves working 80-hour weeks - for low rates of pay.

So how exactly is that possible - and what's the set-up that can reel in so many hungry young recruits? And what protection do they really have from exploitation?

Reporter: Lora Jones

Producers: Jim Booth, Samantha Everett, Nalini Sivathanan

Researchers: Star McFarlane, Jade Thompson

Executive Producers: Gail Champion and Kim Rowell

Production Manager: Jon Briest

TUE 20:40 In Touch (m001bbv2)

Awareness on TikTok

TikTok is a social media platform that has been around in the UK since 2017. It deals in short-form videos and people can make them about pretty much anything: tips on keeping your home organised, how to cook X Y or Z, spirituality, pottery making, the teaching of languages, fashion tips, comedy sketches, music, woodwork, places to visit and... spreading awareness and knowledge about blindness.

We speak to four people who are educating their thousands of followers on what it is like to be blind. Toby, Claire, Reece and Sophie tell us what their aims are of creating this kind of content, about how they use comedy to address comments doubting their blindness and access.

Presenter: Peter White

Producer: Beth Hemmings

Production Coordinator: William Wolstenholme

Website image description: Peter White sits smiling in the centre of the image. He is wearing a dark green jumper with the collar of a check shirt peeking at the top. Above Peter's head is the BBC logo, across Peter's chest reads 'In Touch' and beneath that is the Radio 4 logo. The background is a series of squares that are different shades of blue.

Toby's TikTok handle: @blindtobes

Claire's TikTok handle: @cansceantsee

Reece & Sophie's TikTok handle: @blindandblonde

TUE 21:00 Pandemic 1918 (m000j9jt)

Episode 2 - How the UK and the world reacted

Leading virologist Professor John Oxford presents a three part series on the origin, spread and reaction to the Pandemic that devastated much of the planet just over 100 years ago.

The so-called Spanish flu of 1918/19 is estimated to have killed more than 50 million of the 500 million people it infected, including 228,000 in the UK. It was the planet's biggest single natural human catastrophe - a flu pandemic that killed more people than both world wars put together in a fraction of the time. And yet this huge moment in history remains largely under the radar.

In three programmes, he charts the story of how the 1918/19 flu pandemic affected the UK and the world.

In Episode 2, he looks at how communities and the different authorities in the UK and around the world reacted to the arrival of this killer disease.

In Britain, towns and cities which acted quickly in shutting schools, cinemas and so on, managed to prevent the worst. This was a time before the NHS, so everything was dealt with on a very local level. In Manchester, the medical officer Dr James Niven (brought to life here through reports he wrote at the time) was praised for his work in protecting the city from the

worst of the first wave. But other parts of the UK were much slower and there were often rebellious outbursts from cinema owners and others determined to keep open, despite the obvious threats.

There were no mass quarantines, social distancing practices or lockdowns in 1918/19. Factory work continued, but half of workers were off with symptoms and many would never return. In some places, people were advised not to touch, kiss or shake hands, to keep distances and to wash hands regularly, while in New York a strict ban on spitting in the street was introduced.

There was no mass media in 1918 but it didn't stop the spread of mis-information around quack cures and how you could prevent yourself from contracting the illness - not unlike some of the unreliable advice being pushed over the internet today around Covid-19.

Despite the death rate and risks, people still joined in huge crowds on the streets across Britain and Ireland to celebrate the Armistice in November 1918. Inevitably more were infected as a result, in what became the second wave.

Basic nursing was key to whether or not people survived. In some places, St John's Ambulance personnel were brought in. In other places, older and retired medical staff joined in the care effort.

Some doctors had huge catchment areas and couldn't get around all their patients. This was made worse by a shortage of doctors. Many were still on the Western Front and doctors and nurses treating the sick in makeshift hospitals succumbed to the virus and died themselves.

We hear how very few parts of the world were unaffected in some way. The population on the tiny Island of Western Samoa was almost completely wiped out due to poor decisions by the New Zealand government which only recently apologised to the people of the island. Meanwhile, American Samoa was the only place in the world to completely escape after the US General there implemented the very strictest of quarantine measures.

Episode 3 examines the long term impact on people, communities and on general health.

Produced by Ashley Byrne and Iain Mackness
A Made in Manchester production for BBC Radio 4

TUE 21:30 Across the Red Line (m001bbss)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m001bbv5)

In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 Trespasses by Louise Kennedy (m001bbv7)

2: The Wages of Sin

Politics and religion collide in Louise Kennedy's tender and shocking love story, set on the outskirts of 1970s Belfast.

Cushla Lavery is a teacher at a Catholic primary school (where booby trap, gelignite and rubber bullets are all part of a seven-year-old's vocabulary), and helps out at the family bar by night. When barrister Michael Agnew, older, married and Protestant, walks into the pub on a quiet February night, their lives will be changed forever. This is no ordinary love story. In a country divided by the Troubles, tensions are rising and simple acts of kindness have deep consequences for Cushla and her family.

Today: when Cushla agrees to teach Irish to Michael and his Protestant friends, things begin to spin out of control.

Writer: Louise Kennedy

Reader: Lisa Dwyer Hogg

Abridger: Richard Hamilton

Producer: Justine Willett

TUE 23:00 Daliso Chaponda: Citizen of Nowhere (m00114e9)

Series 3

Change

Episode 4 'Change'

Malawian comedian Daliso Chaponda is back with a third series of his Rose d'Or nominated show where he examines divisive global issues.

Over the course of the two previous series Daliso has covered colonialism, slavery, political corruption, charity, immigration, cultural relativism, dictators, and how different countries deal with the sins of their past.

In this first episode of the new series, through comedy routines and guest interviews, Daliso will be tackling the subject of 'Change'.

Performer... Daliso Chaponda

Writer... Daliso Chaponda

Guest... Sibusiso Mamba

Additional Material... Scott Bennett

Production Coordinator... Mabel Wright

Producer... Carl Cooper

Theme tune - 'Timalira' by Lawi

This is a BBC Studios Production.

TUE 23:30 My Dream Dinner Party (m00159s9)

Joan Bakewell's Dream Dinner Party

Broadcaster and journalist Joan Bakewell hosts a dinner party with a twist - all her guests are from beyond the grave, long-time heroes brought back to life by the wonders of the radio archive.

Joan is joined by Hollywood legend Kirk Douglas, Labour politician Barbara Castle, acclaimed playwright Tennessee Williams, Carry On film star Barbara Windsor and artist Louise Bourgeois.

As the chicken and chorizo simmers on the hob, the conversation crackles - from art and obscenity, to the Don Juan complex and parental heartbreak. Before long, there's an unfortunate tantrum - and Joan is left picking up the pieces.

Written and presented by Joan Bakewell

Produced by Sarah Peters and Peregrine Andrews

Researcher: Edgar Maddicott

BBC Archivist: Tariq Hussein

Executive Producer: Iain Chambers

A Tuning Fork and Open Audio production for BBC Radio 4

WEDNESDAY 24 AUGUST 2022

WED 00:00 Midnight News (m001bbv9)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 This is Not a Pity Memoir by Abi Morgan (m001bbsz)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m001bbvc)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m001bbvf)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

WED 05:20 Shipping Forecast (m001bbvh)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m001bbvk)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m001bbvm)

Spiritual reflection to start the day with Rev Richard Frazer of Greyfriars Kirk, Edinburgh.

WED 05:45 Farming Today (m001bbvp)

24/08/22 Methane Emissions, Hay Yields, Cost of Food

The Government is asking the agricultural industry, scientists and the wider public for information on how new types of animal feed can reduce methane emissions from cattle and sheep. For several years farmers have been working with scientists to find out if feeding dairy cattle differently might reduce how much methane they produce - which is a contributor to the warming climate. Now the Government wants to find out what role feed additives are having, and what barriers there are that might prevent the introduction of methane suppressing feed products.

Research published today forecasts that climate change will reduce spring hay yields by 20-50% between 2020 and 2080. Hay, which is made from dried meadow grass, is used to feed a wide range of livestock, and is a major part of horses' diets too. In very dry years such as the one we have had this year, hay production is reduced, which has been adding pressure to

farmers who are also facing higher fertiliser costs.

And this week we're looking at some of the reasons behind the rising food prices. Today, Radio 4's "The Food Programme" presenter Dan Saladino finds out how the pressure on supermarkets has been driving up prices.

Presented by Anna Hill
Produced in Bristol by Natalie Donovan

WED 05:58 Tweet of the Day (b04mlwz)
Purple Martin

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Chris Packham presents the purple martin from eastern North America. Every spring, across the land from Chicago to St Louis, you can hear couples squabbling over the best real estate. But these aren't human house-buyers, they're purple martins. Purple Martins are the largest North American swallow, glossy blue-black rather than purple and much chunkier than the well-known barn swallow. They spend the winter in insect-rich places in South America and return to their North American breeding colonies each spring. In the west, they nest in holes in trees or even in giant saguaro cacti, but in the east where they're much more common, they almost exclusively rely on people to provide them with nest-sites. Visit almost any city, town or homestead and you'll see multi-story nest-boxes, the home of a score of purple martin families. Around 1 million people are thought to erect housing each year. Their human landlords take a personal pride in their martin colonies, listening each spring for those first pebbly calls which are a sign that their protégés have made it back from the tropics, once again.

WED 06:00 Today (m001bc0p)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Sideways (m001bc0t)
To Absent Friends

Nicosia, Cyprus, 2018. Kiri Sofocleous sits down to write a Facebook message to a man she has never met. It has been 40 years since Kiri saw her childhood best friend but she has never forgotten her. Could this be the key to reuniting?

Matthew Syed tells the story of one woman's determination to find a beloved friend, lost for four decades due to a move abroad, a political divide and a mislaid address.

It prompts him to explore why we make friends and how they influence the rest of our lives, even after losing touch.

Professor Catherine Bagwell of Oxford College - Emory University, reveals how playground squabbles equip us with life skills and how making friends can be good for our mental health.

Professor Robin Dunbar explains that we are looking for matches from a pre-programmed personal checklist. Building on Dunbar's Number, the theory that each of us has 150 meaningful relationships, the Emeritus Professor of Evolutionary Psychology at Oxford University, sorts our connections into circles of friendship.

Through Professor William Rawlins, Matthew learns how the friends of our young adulthood help us become ourselves, but ultimately write themselves out of our life story by encouraging us to follow our dreams.

Contributors include firm friends Kiri Sofocleous and Sonya Foxsmith, Professor Catherine Bagwell of Oxford College - Emory University, Professor William Rawlins of Ohio University and Robin Dunbar, Emeritus Professor of Evolutionary Psychology at Oxford University.

Presenter: Matthew Syed
Producer: Marilyn Rust
Executive Producer: Claire Crofton
Researcher: Nadia Mehdi
Series Editor: Katherine Godfrey
Music, Sound Design and Mix: Nicholas Alexander.
Theme Music: Seventy Times Seven by Iona Selaru

A Novel production for BBC Radio 4

WED 09:30 Four Thought (m001bc0y)
A Friendship

Novelist Richard Owain Roberts shares a story about a friendship.

Producer: Giles Edwards

WED 09:45 This is Not a Pity Memoir by Abi Morgan (m001bc12)
Absence

From the BAFTA award-winning screenwriter Abi Morgan comes her memoir. Jacob's hospital treatment continues. As the months pass, his absence from family life is felt keenly by Abi and the children. Nicola Walker is the reader.

Abi Morgan's screenwriting credits include *The Split*, *The Hour*, *Suffragette* and *The Iron Lady*. *This is Not a Pity Memoir* is her first book. It begins on an ordinary June day, with Abi getting through her seemingly endless to do list. When she gets home, the man she has loved and fought and laughed with for twenty years is collapsed on the bathroom floor. Nothing will ever be the same for Abi, Jacob and their two children. What follows is the story of how Abi and her family navigated the worst times. It's honest, courageous funny, and hopeful. And it's a tender love story. Sometimes the language is strong.

The reader is Nicola Walker. Her credits for TV include *Abi Morgan's*, *The Split*; *Unforgotten*, *Last Tango in Halifax*, *Spooks*, and for theatre, *The Corn is Green*, *The Cane*, *A View From the Bridge*. Credits for radio include *Annika Stranded & The Hotel*.

Abridged by Katrin Williams
Produced by Elizabeth Allard.

WED 10:00 Woman's Hour (m001bc15)
Listener Week: 106 marathons in 106 days, Universal Basic Income, Widowhood

Emma is joined by listener duo - and world record holders - Fay and Emma who ran 106 marathons in 106 consecutive days. Enduring a gruelling 2,777 miles of running, the pair hope to inspire people to be active while you can, focusing on what the body can do - not what it looks like!

The killing of 9 year old Olivia Pratt-Korbel in Liverpool has shocked the city and the country. Listener Bobby wanted us to discuss women being killed in shootings. Jenny Kirkham, content editor for the Liverpool Echo, joined Emma Barnett.

Listener Ruth Griffin got in touch to say "Please please get someone on to talk about Universal Basic Income!" Trials have been undertaken in Wales, Kenya and Finland, and Ruth asks..."why aren't we pushing this to be introduced?" Professor Guy Standing is founder and co-President of the Basic Income Earth Network, an NGO promoting basic income as a right. Guy is joined by Ruth Kelly, a former Labour MP and Minister and now Senior Fellow at the Policy Exchange Think Tank.

We've all heard of Florence Nightingale, but have you heard of Rufaida Al-Asalmiya? Born 2,000 years before her, Rufaida was known for her work in promoting hygiene practices in invasive procedures, she was the first documented user of mobile care units in conflict zones. Listener Sofiya, who herself is a registered nurse and Muslim only just heard about Rufaida a few weeks ago. Sofiya joins Emma alongside writer Dr Shamaila Anwar.

As part of listener week Coral from London wants to know why widowhood is not talked about more - is it taboo? She's joined by Sue from Norwich who has experiences and wisdom to share.

Presenter: Emma Barnett
Producer: Emma Pearce

WED 11:00 Will the US and China go to war over Taiwan? (m001b1sd)

A recent visit to Taiwan by Speaker of the US House of Representatives, Nancy Pelosi, has heightened tensions between the US and China. America has accused China of dangerous military provocations in the region. China has warned the US not to play with fire. Add to all that Russia's invasion of Ukraine, and concerns that China could be contemplating something similar in Taiwan, and it's time to ask the question: Will the US and China go to war over Taiwan?

Contributors: James Lin from the University of Washington and expert on Taiwanese history Dr Yu Jie, Senior Research Fellow on China, Chatham House

WED 11:30 Princess (p0cjqyq2)
Russell Kane on Moana

Anita Anand in conversation with comedian Russell Kane and UCLA animation lecturer and critic Charles Solomon, on Disney princess Moana. The Polynesian daughter of a village chief who tussles with ancient gods, and demigods to restore the health of her island. We hear about Disney's new direction for its iconic princesses and Russell explains why Moana is his daughter's idol.

Produced by Audio Always
Producer: Ailsa Rochester
Editor: Jo Meeks
Sound: Tom Rowbottom

WED 12:00 News Summary (m001bc18)
The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m001bc1b)
Flats gas hikes; Brunch boom; Package holidays

Residents livings in blocks are flats where the heat is provided by a single gas boiler say they're facing energy price rises of almost 400%. They say they're being charged commercial rather than domestic rates. It's all down to the fact that it is common for people in flats to set up a company which runs the building on behalf of all the residents. It's estimated that up to 800,000 people across the UK have their gas supplied in this way...via so-called 'Heat Networks'.

We look at a new survey which suggests that people looking to replace their cars are getting cold feet due to uncertainty about the economy. Would-be buyers are also shifting their attentions to more fuel efficient cars as petrol and diesel prices remain high. That's according to a survey of dealers conducted for You and Yours by the National Franchised Dealers' Association.

The increase in flexible working is benefiting one aspect of a struggling hospitality sector. The number of those doing brunch is on the up. That's according to the online restaurant booking service Open Table. We visit a cafe in Didsbury in South Manchester where the owner has re-focused his business on providing a good brunch. And the co-author of *The Little Book of Brunch* Sophie Missing looks at the history, and growth of brunch in the UK.

And - why the package holiday is back! It's becoming increasingly popular with young holidaymakers who want the support that a package deal can provide if things go wrong. As more people move away from organising everything themselves - from flights, to accommodation and transfers - we look at how the package holiday has changed since it first took off back in the 1970s.

PRESENTER: Peter White
PRODUCER: Craig Henderson

WED 12:57 Weather (m001bc1d)
The latest weather forecast

WED 13:00 World at One (m001bc1g)
Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 Torn (m001bc1j)
The stories behind the clothes we wear

Wax Print

The story of wax print fabric begins not in Africa where the fabric is adored today, but on the island of Java in Indonesia. That's because, in the 18th century, a Dutch entrepreneur Pieter Fentener van Vlissingen received a curious piece of cloth from his uncle who lived on Java. It had been dyed by a Javanese artisan using a nibbed bamboo stick to create imperfect lines and dots that are set to the fabric with beeswax. Pieter sets about mechanising the technique and finds buyers in West and Central Africa.

In the third episode of *Torn*, Gus Casely-Hayford sets out to find out if wax print fabric can really be considered African if the original design comes from Asia and the manufacturing process is the result of European industrialisation. He asks those who wear wax print in West and Central Africa what it means to them that their most recognisable fabric is a product of colonialism.

From the Togolese businesswomen who set up workshops and imported printing machines to supply the region with wax print in the 1950s, to their foremothers who bartered with European fabric merchants in the 19th century, and the tailors who sew clothes for millions of people in West and Central Africa today, wax print is African. But the fact that none of the major wax print producers are fully African-owned has led some designers on the continent to shun its use in favour of indigenous fabrics.

With filmmaker Aiwan Obinyan, interior designer Mablé Agbodan and historical records from the Dutch wax print company Vlisco.

Presenter: Gus Casely-Hayford
Executive Producer: Rosie Collyer
Assistant Producer: Nadia Mehdi
Researcher: Zeyana Yussuf

Production Coordinator: Francesca Taylor
Sound Design: Rob Speight

A Novel production for BBC Radio 4

WED 14:00 The Archers (m001bbtz)
[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 No Place But the Water (m001bc1l)
The Library of Everything: Part 2

Final series of climate emergency drama set in a flooded future world written by Linda Marshall Griffiths

Birdie is having strange visions and Gil's arm is not healing - Birdie needs to find help before it's too late. Meanwhile across the water, Caleb's reunion with his dad has left him feeling uneasy and Jess is restless to find her mum - can they really stay in the Floating City much longer?

BIRDIE Poppy O'Brien
JESSIE Sade Malone
CALEB Cel Spellman
GIL Rupert Hill
ALEX William Ash
LEO Hamish Rush
LAURIE Jenny Platt
THE ANGEL Remmie Milner

Written by Linda Marshall Griffiths
Produced and Directed by Nadia Molinari
Sound Design by Sharon Hughes

Programme consultants: Dr James M. Lea; Dr Ian Dawson; Dr Andrew F. Field.

A BBC Audio Drama North Production

The drama uses 3D spatial audio; please listen on headphones for a unique immersive experience.

WED 15:00 Surviving the Cost of Living (m001bb4b)
[Repeat of broadcast at 12:04 on Saturday]

WED 15:30 Pandemic 1918 (m000j9jt)
[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Sideways (m001bc0t)
[Repeat of broadcast at 09:00 today]

WED 16:30 The Media Show (m001bc1p)
Reporting from Ukraine - six months on

Six months after Russia invaded Ukraine, what has the media taught us about the war and what has the war taught us about journalism? How has the narrative changed? What role has social media played?

Deborah Haynes is defence and security editor for Sky News. Nic Robertson is CNN's international diplomatic editor. Oz Katerji is a freelance journalist who spent several months in Ukraine reporting on the conflict. Olga Tokariuk is a Ukrainian freelance journalist who has been reporting on the war since it began. Francis Scarr, BBC Senior Digital Journalist monitoring Russian media.

Presenter: Katie Razzall

Producer: Tim Bano

WED 17:00 PM (m001bc1r)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m001bc1t)
Ukraine marks its Independence Day exactly six months after Russia's invasion began

WED 18:30 Joe Lycett's Obsessions (b0bb613)
Series 1

Janice Connolly and Nick Owen

Joe Lycett explores the nation's weird and wonderful obsessions by getting to know a selection of famous and not so famous guests, this week recorded in Birmingham. Joining Joe on the sofa this episode, comedian Janice Connolly shares her collection of de-cluttering books, whilst broadcasting legend Nick Owen introduces Joe to Luton Town FC. Joe also welcomes members of the public to share their secret passions,

as well as this week's VOP (very obsessed person), Liz West a Guinness World record holding Spice Girls memorabilia collector.

Joe Lycett's Obsessions was written and performed by Joe Lycett, with material from James Kettle and additional material from Laura Major and Mike Shepherd. The production coordinator was Hayley Sterling. The producer was Suzy Grant and it was a BBC Studios production.

WED 19:00 The Archers (m001bbx4)

Alistair assures Denise that he's spoken to Jakob and there are no romantic feelings there from him. Denise feels embarrassed; it's a good thing she's going. To Alistair's surprise and dismay, Lovell James have offered Denise a six month placement elsewhere. Alistair asks if she can say no, but Denise has accepted the offer. Her husband's doing his own thing and a new challenge might improve things for her. They agree marriage isn't easy. Commenting on her dull lunchtime sandwich, Denise observes you sometimes have to put up with what you've got. Alistair's not sure he agrees. They admit they're going to miss one another. Alistair declares he'll buy Denise a tomato to liven up her sandwich. Will tries to explain to George the seriousness of his vaping incident. George counters that he's only following tradition; his grandpa Eddie and Joe got up to all sorts in their day. Will says times have changed. He was worried George had sepsis, like Nic. George is sorry. He promises never to do anything like it again; he gets it. He wishes he could move into Grange Farm house with Will. Will offers to talk to Emma. Brad expresses gratitude to George that no-one knows his involvement in the vaping idea. He reckons George must miss Nic. George retorts he didn't like Nic, and wasn't sad when she died. However he admits to crying buckets when his great granddad Joe died. Brad's shocked George wants to continue the vaping business plan - all he really cares about right now is tomorrow's GCSE results.

WED 19:15 Unreal: A Critical History of Reality TV (p0c71jky)

3. The Wild West Years: There's Something About Miriam and Who's Your Daddy

Pandora Sykes and Sirin Kale deep-dive into some of reality TV's most controversial shows in the early 2000s, exploring how the explosion in the genre caused ethics to fly out of the window. Featuring interviews with There's Something About Miriam's show creator and winning contestant, and many more.

Producer: Hannah Hufford
Executive Producer: Pandora Sykes
Executive Editor: James Cook
Content Producer: Hannah Robins
Technical Producer: Giles Aspen

Archive credits:

There's Something About Miriam, Brighter Pictures
The Farm, Endemol UK
Shattered, Endemol UK
Who's Your Daddy, 10 by 10 Entertainment
Harsh Reality: The Story of Miriam Rivera, Wondery
Big Brother, Endemol UK
Have I Got News For You, Hat Trick Productions

WED 20:00 The Exchange (m001bc1x)
Obesity

Two strangers, who share a common experience, meet for the first time. Each has a gift for the other - something that unlocks their story. They talk to Catherine Carr, and exchange personal experiences, including the stigma they both face. And they reveal the different choices they have made to manage their weight.

Sarah is 40, from Harrogate. She's currently 24 stone and has recently launched All About Obesity to support people who are living with obesity. She has made the decision to live with her weight and to be the healthiest she can be. Dean is 32, from Redcar, and is recording his weight loss journey on TikTok. He was 27 stone at the beginning of the year and was so fed up with not losing weight, that he made a very different choice to Sarah - he had a gastric bypass. Just two months after surgery, he has already lost five stone.

Dean and Sarah talk frankly about how their childhoods helped form a complicated relationship with food. They reveal the day-to-day experience of living with obesity, and they share experiences about the prejudice they have both encountered. Dean discusses what led him to opt for weight-loss surgery and how it's already improving his self-confidence. Sarah explains how, after years of yo-yo dieting, she's finally accepting the body she's got.

Their conversation couldn't be more timely. About 1 in 4 adults in this country live with obesity. According to recent data analysis by Cancer Research UK, obese adults in England could

outnumber people who are a healthy weight as early as the end of this decade if current trends continue, and by 2040 for the whole of Britain.

Presenter: Catherine Carr
Producer: Henrietta Harrison
Executive Producer: Kirsten Lass
A Loftus Media production for BBC Radio 4

WED 20:45 Four Thought (m001bc0y)
[Repeat of broadcast at 09:30 today]

WED 21:00 Made of Stronger Stuff (p0bpc5f6)
[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m001bc1p)
[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m001bc1z)
In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 Trespasses by Louise Kennedy (m001bc21)
3: Left for Dead

Politics and religion collide in Louise Kennedy's tender and shocking love story, set on the outskirts of 1970s Belfast.

Cushla Lavery is a teacher at a Catholic primary school (where booby trap, gelignite and rubber bullets are all part of a seven-year-old's vocabulary), who helps out at the family bar by night. When barrister Michael Agnew, older, married and Protestant, walks into the pub on a quiet February evening, their lives will be changed forever. This is no ordinary love story. In a country divided by the Troubles, tensions are rising and simple acts of kindness have deep consequences for Cushla and her family.

Today: Cushla begins to fear she's losing control as violence and passion mount...

Writer: Louise Kennedy
Reader: Lisa Dwyer Hogg
Abridger: Richard Hamilton
Producer: Justine Willett

WED 23:00 Misguided Meditations (m001bc23)
Episode 3 - The Rainbow Lagoon

The self-care and mindfulness trend is booming. With the popularity of apps like Calm, Headspace, and Breethr, the well-being meditation genre is ripe for satire. Misguided Meditations is a loving spoof of the popular guided meditation sleep stories.

So breathe in...then breathe out...and enjoy each episode, led by our narrator Mina Anwar, that will take you on a delightfully surreal late-night adventure that descends into a total nightmare cringe-fest. A trip to the enchanted forest might result in someone naked in front of their entire class having forgotten their homework. A midnight dip in the mermaid lagoon might be ruined by an encounter with the cursed starfish of procrastination. Oh, and we couldn't miss Fluffy Bunny Island - whose inhabitants ask hard-hitting questions about your life choices.

Written by Joanne Lau.
Starring Mina Anwar.
Produced by Gus Beattie.
A Gusman production for BBC Radio 4.

WED 23:15 Welcome to the Neighbourhood with Jayde Adams (m001bc25)
Ep 9: Sunil Patel

Jayde Adams and guest Sunil Patel dive into the feisty world of community apps and message boards, sifting through the angry neighbourhood bins to find disgruntled comedy gold. This week they follow the toad migration routes of Bath, and investigate the mystery of a dubious discarded doll.

From biggest beents to weirdest news, Jayde discovers a hotbed of (largely unintentional) hilarity with graffiti-daubed wheelee bins, stray cats, e-scooters and more.

Jayde and the production team would like to hear about what's riling up the neighbours around Britain. Are your groups kicking off? Listeners can submit screenshots of the funniest and freakiest posts and threads to welcometotheneighbourhood@bbc.co.uk.

Presenter: Jayde Adams
Producer: Cornelius Mendez

An unusual production for BBC Radio 4

WED 23:30 My Dream Dinner Party (m0015kpp)

Sophie Ellis-Bextor's Dream Dinner Party

Singer-songwriter Sophie Ellis-Bextor hosts a dinner party with a twist - all her guests are from beyond the grave, long-time heroes brought back to life by the wonders of the radio archive.

Sophie is joined by children's author and illustrator Judith Kerr, TV presenter and writer Paula Yates, Dracula actor Christopher Lee, writer and actor Carrie Fisher – and Carrie Fisher's mother, Hollywood legend Debbie Reynolds.

As the guests help themselves to salmon and salad, they discuss fame and the paparazzi, life as a refugee, dancing with Fred Astaire and Dracula's erotic power.

There's knife throwing, laughter, glamour, and some fireworks between mother and daughter.

Written and presented by Sophie Ellis-Bextor
Produced by Sarah Peters and Peregrine Andrews
Researcher: Edgar Maddicott
BBC Archivist: Tariq Hussein
Executive Producer: Iain Chambers

A Tuning Fork and Open Audio production for BBC Radio 4

THURSDAY 25 AUGUST 2022

THU 00:00 Midnight News (m001bc27)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 This is Not a Pity Memoir by Abi Morgan (m001bc12)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001bc29)

The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes (m001bc2c)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m001bc2f)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m001bc2h)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m001bc2k)

Spiritual reflection to start the day with Rev Richard Frazer of Greyfriars Kirk, Edinburgh.

THU 05:45 Farming Today (m001bc2m)

As we continue our week looking at the causes and consequences of increasing food prices, we hear how the world's largest grain trading companies are making huge profits at the same time as food prices increase rapidly. Some charities are now calling for them to face a windfall tax. We speak to IPES-Food which has been monitoring how recent global events are affecting global food prices.

How sustainable is the meat you eat? Some people pay more for organic and grass-fed beef and lamb with the belief that it will have less of an impact on the environment, however conservation writer George Monbiot says they are wrong, as it is some of the most damaging. Anna Hill speaks to George Monbiot and Cambridge University professor Donald Broom who says there needs to be a wider assessment of what is meant by sustainable.

And we've reported regularly about the use of robots on farms, from weeding crops to picking fruit. But they are still too expensive for many farmers to think of using. Now the idea of hiring in robots, rather like seasonal workers, is on the cards.

Presented by Anna Hill
Produced in Bristol by Natalie Donovan

THU 05:58 Tweet of the Day (b04dwb1)

Eurasian Scops Owl

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Sir David Attenborough presents the Eurasian scops owl found in Mediterranean regions. In summer a mournful monosyllabic call interrupts the heady scented air of a Greek olive grove at dusk. A male scops owl is proclaiming his territory with a repeated call lasting over 20 minutes. Hearing these tiny owls, no bigger than a starling is one thing, seeing one roosting in an old tree is quite a challenge. They feed mainly on moths and beetles which they hunt for in open country with scattered trees. By autumn these largely nocturnal birds are heading south to sub-Saharan Africa, until the following spring when once again the olive groves resound to their plaintive song.

THU 06:00 Today (m001bbw8)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 Positive Thinking (m001bbwc)

Can GM trees capture our carbon?

Sangita Myska speaks to the co-founder of Living Carbon, Patrick Mellor, who helped develop the world's first GM trees specifically designed to capture more carbon from the atmosphere.

The biotechnology they have developed improves photosynthesis in poplar trees, allowing them to grow faster and also resist decomposition for longer. Living Carbon hopes to use these trees to power the level of carbon draw down needed to maintain an optimal level of carbon dioxide in the atmosphere.

But are faster growing trees the evolutionary hack we've been looking for?

Sangita discusses the science and possible consequences with a panel of experts, including Dr Amanda Cavanagh, Plant Geneticist at the University of Essex, Kevin Martin, Head of Trees at Kew, and Dr Ricarda Steinbrecher, Co-Founder of Econexus.

Producer: Leonie Thomas
A Whistledown production for BBC Radio 4

THU 09:30 The Bear Next Door (m0016pt1)

Finland

Five cultural figures from the front line of Russia's border with Europe - Lithuania, Finland, Moldova, Latvia and Estonia - explore their national psyche in uncertain times. Their words weave with sounds and encounters from their home city as they explore their country's history, ambitions and distinctive character in the 21st century.

Our essayists across the series include a rapper and media commentator, a former President, a celebrated art critic, a dystopian novelist, and a distinguished literary director.

Today - Novelist Emmi Itaranta considers the Finns' reputation as a silent, deadly Resistance, historical connections between her home city of Tampere and Manchester, and the quandary of "resting Finn face".

Speakers featured are:

Žygmantas Kudirka (Lithuania) - rapper, spoken word artist and media commentator
Emmi Itaranta (Finland) - novelist and commentator; author of the dystopian novel Memory Of Water;
Paula Erițanu (Moldova) - arts critic, political commentator and former Culture Editor of The Calvert Journal;
Nora Ikstena (Latvia) - literary director and author of the novel Soviet Milk about female experience in Soviet-occupied Latvia;
Toomas Hendrik Ilves (Estonia) - former Estonian president and writer on digital democracy.

Producer: John Beauchamp
Executive Producer: Steven Rajam

A Free Range and Overcoat Media production for BBC Radio 4

THU 09:45 This is Not a Pity Memoir by Abi Morgan (m001bbwg)

New Challenges

From the BAFTA award-winning screenwriter Abi Morgan comes her powerful memoir. Today, new challenges must be confronted, and Jacob's hospital discharge approaches. Nicola Walker is the reader.

The BAFTA award-winning screenwriter Abi Morgan has numerous screenwriting credits which include The Split, The Hour, Suffragette and the Iron Lady. This is Not a Pity Memoir is her first book. It begins on an ordinary June day, with Abi

getting through her seemingly endless to do list. When she gets home, the man she has loved and fought and laughed with for twenty years is collapsed on the bathroom floor. Nothing will ever be the same for Abi, Jacob and their two children. What follows is the story of how Abi and her family navigated the worst times. It's honest, courageous funny, and hopeful. And it's a tender love story. Sometimes the language is strong.

The reader is Nicola Walker. Her credits for TV include Abi Morgan's, The Split; Unforgotten, Last Tango in Halifax, Spooks, and for theatre, The Corn is Green, The Cane, A View From the Bridge. Credits for radio include Annika Stranded & The Hotel.

Abridged by Katrin Williams
Produced by Elizabeth Allard.

THU 10:00 Woman's Hour (m001bbwj)

Rosie's Plaques, Anorexia and Sectioning, Hormones and Learning to Trapeze

As Listener Week continues...

Nicky e-mailed us about a group in Norwich called Rosie's Plaques, who put up blue plaques for the brilliant and daring things women have done over the years. Maggie Wheeler from the group joins Emma Barnett to talk about why they do it.

Alice emailed in as she wants to address the issue of negative connotations around hormones. She feels that more conversations should happen between mothers and their children about hormones and we should be embracing our hormones and the way we behave because of them. Also joining the discussion will be Dr Farah Ahmed, women's health specialist.

A topic that we feature a lot on Woman's Hour is eating disorders and the mental health of young people, something that has been particularly highlighted during the pandemic. When it comes to mental health services, we often speak about waiting lists and lack of resources, but one listener, Freya, got in touch because she wanted to share her experience of having anorexia and being sectioned, and coming out the other side.

And Liz emailed to tell us about the unusual way she keeps fit: on a trapeze. It was a friend who persuaded to take it up in her late 40s. She'll be explaining how it changed her life and feels like joy therapy, along with Katy Kartwheel - an actress and circus performer, who also teaches aerial skills to people of all ages.

THU 11:00 Crossing Continents (m001bbwl)

Lacrosse: Reclaiming the Creator's game

Why are Native Americans striving to 'reclaim' the game of lacrosse?

Lacrosse may have the reputation as a white elitist sport, played in private schools. In fact, it was originally a Native American game, practiced across North America before European colonisers arrived.

As white settlers pushed westwards, taking land and resources, they also took lacrosse as their own. They stopped Native Americans from playing it, alongside prohibiting other spiritual and cultural practices.

But now a Native American grassroots movement is aiming to 'reclaim' what they call "the Creator's game". In doing so they want to promote recognition for their peoples and nations.

Rhodri Davies travels to Minnesota, in the American Midwest, to talk to Native Americans about how lacrosse is integral to their identity.

Producer: John Murphy
Editor: Penny Murphy
Studio Manager: Rod Farquhar
Production Coordinators: Iona Hammond and Gemma Ashman

THU 11:30 A Career in Music with Harmony Samuels (m001bbwn)

London-born Harmony Samuels wrote and produced six songs on Ariana Grande's platinum-selling debut album Yours Truly, including her first hit single, The Way.

Alongside Ariana, the list of artists he has worked with includes such stellar names as Janet Jackson, Destiny's Child, Brandy and former American Idol winners Jordin Sparks and Fantasia.

In this programme, Harmony tells how his career began in a modest home in Tottenham in London and broke out to the big time, in Los Angeles.

He shows us his studios in Los Angeles. We sit in on one of his songwriting sessions, and he shows us some of the trophies he's

won since moving to LA in 2009.

A self-taught multi-instrumentalist, Harmony started playing the drums in the church his family attended in south London when he was three years old. Despite growing up in a family that loved music (his father is a seasoned percussionist with an enormous, diverse record collection), having music as a profession was frowned upon. "My parents hated the idea," he says. He ended up leaving the family home to pursue his dream of becoming a music producer, moving to Tottenham where he set up his first studio.

Recorded in London and at Harmony's studios in Los Angeles, *A Career in Music* is the story of Nigerian immigrants coming to Britain and working extremely hard to give their children opportunities they didn't have, only for those children to take those opportunities in a completely different direction to that which their parents intended.

Contributors include Harmony's parents Matthew and Esther Samuels, singer-songwriter Nathan Sykes (formerly of The Wanted), legendary record producer Rodney 'Darkchild' Jerkins, saxophonist Yolanda Brown and MOBO-winning rapper Chip (formerly Chipmunk).

Produced by George Luke.

A Cast Iron Radio production for BBC Radio 4

THU 12:00 News Summary (m001bbwq)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m001bbws)

Gap Finders - Louise Hill

Today's Gap Finder is Louise Hill. She is co-founder of GOHENRY. It's a financial app and debit card for children.

It was launched in 2012 after Louise had heard horror stories from other parents about how children were spending money on credit cards without really understanding what they were doing, or the value of money at all.

The aim behind it, according to Louise, was to help kids learn about money in a practical, fun way and provide tools to help parents nurture healthy financial habits in their children.

They now have over 2 million members and last year had an annual turnover of more than 42 million dollars.

PRESENTER: SHARI VAHL

PRODUCER: JAY UNGER

THU 12:32 All Consuming (m001bbvw)

Perfume

From the artisans of Ancient Egypt, to the revolutionary perfumiers of Renaissance France and the designers working digitally in the dungeons of petrochemical labs, perfume is one of the most available and affordable luxuries. Initially exclusive to the halls of royalty, it's now available for £15 from your local chemist - the perfume industry continues to grow with our consumer culture. Are you smelling a story?

In this first episode of All Consuming, hosts Charlotte Williams and Amit Katwala make scents of the perfume industry. They sniff out why fragrance films are so fantastical, catch a whiff of how industrial perfume producers manufacture at industrial scale, and hold their noses as actors take "method" to fragrant new frontiers.

Charlotte meets the perfumer to the stars Azzi Glasser and takes the chance to smell bespoke fragrances designed for Hollywood A-listers. Amit introduces us to nose-in-the-know Luca Turin, a biophysicist who moonlights as a fragrance author. And smell psychologist Rachel Herz reveals why the smells of those we love can sometimes become repulsive.

Producer: James Tindale

A Whistledown production for BBC Radio 4.

THU 12:57 Weather (m001bbwy)

The latest weather forecast

THU 13:00 World at One (m001bbx0)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

THU 13:45 Torn (m001bbx2)

The stories behind the clothes we wear

Mauve Mania

It's 1856 in London, and 18-year-old William Perkin is in the search for a cure to malaria when he stumbles upon something else. At the bottom of his test tube he sees a reddish lump. He dips cloth into it and discovers a purple dye. He becomes the first person to successfully market synthetic dyes.

Gus Casely-Hayford tells the story of the craze that follows, nicknamed "mauve mania". It starts with a purple dress worn by Queen Victoria and filters down to the masses who, until this point, did not have access to rich coloured dyes. Before Perkin's discovery led to an explosion of synthetic dyes, clothes were coloured with berries, with tree bark, ground up insects and other natural ingredients. These colours didn't bind well to the cloth and would often fade quickly.

The legacy of the synthetic dyes is that textile dyeing and finishing mills use about 200 tonnes of water for every one tonne of textiles produced. These dyes and their mix of pollutants are difficult to remove from the wastewater and they often enter sewers and rivers. A new generation of entrepreneurs are working to produce bacterial dyes that they hope will have less of a negative effect on the environment.

With author Kassia St Clair, entrepreneur Natsai Chieza and a historical letter sent to the inventor William Perkin.

Presenter: Gus Casely-Hayford
Executive Producer: Rosie Collyer
Assistant Producer: Nadia Mehdi
Researcher: Zeyana Yussuf
Production Coordinator: Francesca Taylor
Sound Design: Rob Speight

A Novel production for BBC Radio 4

THU 14:00 The Archers (m001bbx4)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 No Place But the Water (m001bbx6)

The Library of Everything: Part 3

Final series of Linda Marshall Griffiths' climate emergency drama set in a flooded future world.

Following an emotional reunion with her mum, Jessie goes in search of her dad and Birdie. In the Floating City, Cal finds himself in imminent danger. Meanwhile, with The Angel's help, Birdie gets closer to finding the Library of Everything - but will she be able to open it?

BIRDIE Poppy O'Brien
GIL Rupert Hill
CALEB Cel Spellman
ALEX William Ash
JESSIE Sade Malone
LEO Hamish Rush
MAURICE Pearce Quigley
LAURIE Jenny Platt
THE ANGEL Rennie Milner

Written by Linda Marshall Griffiths
Produced and Directed by Nadia Molinari
Sound Design by Sharon Hughes

Programme consultants: Dr James M Lea; Dr Ian Dawson; Dr. Andrew F. Field.

A BBC Audio Drama North Production

The drama uses 3D spatial audio; please listen on headphones for a unique immersive experience.

THU 15:00 Open Country (m001bbx8)

Beefeater Bend on the Tour de France

Over a decade ago, two friends from Essex decided to break off from work and drive down to the Alps. Neither knew much about cycling but the plan was to watch the Tour de France dressed in peaked caps and cravats. Probably best not to ask why. By 2014 when the race came to Yorkshire, they'd moved on to full Beefeater outfits - red jackets, black hats, white gloves, matching shades. They love dancing to europop at the side of the road, and in 2019 they were voted the Union Cycliste Internationale (UCI) fans of the year.

Miles Warde joins the Beefeaters as they load up their shopping trolleys at the bottom of Alpe d'Huez for one of the toughest and hottest stages of this year's race. They are pushing up to Bend 20 where they'll reclaim a little space from a German called Herbert who has been looking after their beer, then set up their generators and loudspeakers and dance for six hours. Unlike other bends on the Alpe - Dutch Corner, Norwegian Corner, Cymru Corner - Beefeater Bend is completely non-national. Everyone is welcome, and everyone comes because everyone loves europop in the blistering sun.

"The nicest programme I've made." Miles Warde

THU 15:27 Radio 4 Appeal (m001bbb0)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Open Book (m001bbbv)

[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Curious Cases of Rutherford & Fry (m001bbt3)

[Repeat of broadcast at 11:00 on Tuesday]

THU 16:30 BBC Inside Science (m001bbxb)

Return of the ozone hole

Research on recent extreme fire events shows they have a direct effect on the size of the seasonal ozone hole over Antarctica. Climate scientist Jim Haywood is concerned more frequent and extreme fires predicted by climate models could negate all the work done to reduce the ozone depleting chemical pollutants which became such a concern more than 30 years ago.

We look at two very different approaches to marine conservation, and discuss how the combination of monitoring and surveillance technology and engaging with local people could help preserve many marine species.

And it's festival time in Edinburgh, but we take a look at its more sinister side. How when the city became a centre for the study of anatomy it also developed a dark underbelly of serial killers and body snatchers. A new exhibition clears up some of the myths associated with this period.

And the Royal Society has announced its annual medals, a variety of awards for leading scientists. This year there is a special award for Laboratory technicians, the unsung heroes of science experiments. We speak to the winner and also the BBC journalist who as a student destroyed one of his experiments.

THU 17:00 PM (m001bbxd)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O'Clock News (m001bbxg)

GCSE pass rates fall from last year, as the regional gap widens in England

THU 18:30 Michael Spicer: Before Next Door (m000xtc1) Series 1

Silver Badge

Things are taking off for our socially awkward and neurotic part-time comedian now he is a fully fledged internet sensation. Michael is asked to attend the Webber's Comedy Awards, but he is only needed to present an award, not to receive one. Even so, this is the first time Michael has been invited to such a prestigious industry event and wife Roberta insists he attends - as long as she can come too.

Roberta is more excited about the awards ceremony than Michael, as she spies a chance to network and create new opportunities for his burgeoning comedy career. But his integrity is compromised as organiser Charlie insists Michael says something nice about the sponsor, Webber's Hot Chocolate. This is difficult for Michael as Webber's Hot Chocolate tastes like puddles.

His nerves are also stretched by small talk with comedy bore and mainstream sitcom writer Terry Moon while Roberta tries to sell Michael to TV producers in the room.

And the stress of Michael's day job as a copywriter at a kitchen worktop company intensifies after an ominous corridor encounter with a new recruit.

As Michael's anxiety goes full throttle, even a call from 1920s cabaret star and war heroine Josephine Baker fails to calm his nerves and he gives the most explosive presentation speech in the history of the Webber's Comedy Awards. Or does he?

As Roberta attempts to become Michael's manager and thrust him into the limelight outside the social media where he has become successful, will he break through into television and radio? It's only Episode Two so this is still in your hands. Listen to the show. He's been trying for 20 years with only cult success until now. So give it a sympathy listen, if nothing else. That would be good.

Cast: Michael Spicer with Ellie Taylor, Joanna Neary, Paterson Joseph, Susan Wokoma, Greig Johnson, Kiell Smith-Bynoe, Tara Flynn and Peter Curran.

Writer: Michael Spicer

Producer: Matt Tiller

A Starstruck and Tillervision production for BBC Radio 4

THU 19:00 The Archers (m001bbxj)

As Will and Ed service the hay baler they agree Mia and Brad are good kids; their GCSE results have been great. Ed wishes George was more like them, but Will reckons he's just finding his way. He broaches George's request to move from Little Grange into the farmhouse. Will's not sure what Emma would think about it and Ed says he'll run it by her. Will says carefully that George wants to move partly because of Ed having a go at him all the time. Ed insists he loves George and wants the best for him. Will suggests he lets George know that. Later Ed promises George that he won't be so hard on him. He says he'll support George's request to move if George agrees to keeping a bedroom at each property – his mum's more likely to go for that. George readily agrees.

Tracy and Chelsea are delighted that Brad smashed his exams. But he's disappointed in a few of the grades and it takes Tracy's skill as a mum to buoy him up and turn his mood around to a positive state of mind. Chelsea's got him a Star Wars related present. Brad's amazed and touched, and Chelsea promises to watch one of the films with him. Later George suggests to shocked Brad that they vape, before bragging that his sob story about finding it hard to live at Little Grange has earned him a place at Grange Farm. What's more he'll have two bedrooms, and his dad and Ed are being lovely to him – genius!

THU 19:15 Unreal: A Critical History of Reality TV (p0c71k7k)

4. The Makeover Era: The Swan and What Not To Wear

Sirin Kale and Pandora Sykes explore how the rise in cosmetic surgery collided with reality TV, and laid the foundations for our current preoccupation with self-improvement. Featuring interviews with The Swan's show creator and contestant, and many more.

Producer: Hannah Hufford
Executive Producer: Pandora Sykes
Executive Editor: James Cook
Content Producer: Hannah Robins
Technical Producer: Giles Aspen

Archive credits:
The Swan, Galan Entertainment
What Not to Wear, BBC
Friday Night with Jonathan Ross, Hot Sauce
Parkinson, BBC

THU 20:00 The Briefing Room (m001bbxm)

The staffing crisis in the NHS

The NHS often appears to be in a state of permanent crisis. Recently, there've been headlines about long waiting times for ambulances and the huge backlog for routine surgery. Before that, the Health Service faced a two-year pandemic which may rear its head again this winter.

But the NHS also has a big underlying problem. It has tens of thousands of vacancies for doctors, nurses and other medical workers – and that makes all the other pressures on the Health Service even harder to handle.

So why does the NHS have a staffing problem? And what can be done to fix it?

Joining David Aaronovitch in The Briefing Room are:
Annabelle Collins, Senior Correspondent at Health Service Journal
Alison Leary, Professor of Healthcare and Workforce Modelling at London South Bank University
Suzie Bailey, Director of Leadership and Organisational Development at The Kings Fund
Mark Pearson, Deputy Director of Employment, Labour and Social Affairs at the OECD,
Nigel Edwards, Chief Executive of the Nuffield Trust

Producers: Bob Howard, Kirsteen Knight and Simon Watts.
Editor: Tara McDermott. Studio Manager: Rod Farquhar.
Production co-ordinator: Siobhan Reed.

PHOTO CREDIT: (Getty Images)

THU 20:30 The Digital Human (m00114h7)

Series 24

Unfocus

We've all had experiences of our attention wandering, usually at those moments when we most need to concentrate.

But, in our productivity-driven society, are we placing too much emphasis on paying attention and failing to recognise the benefits of more unstructured thought processes? After all, focus comes at a cost. With numerous demands on our attention, it's all too easy to experience burnout. Unfocus can recharge our batteries and allow us to be creative by making connections and connecting with other people.

In this episode, Aleks Krotoski explores some of the different modes of attention we can switch between and asks whether, perhaps, we should be awarding our unfocus equal status to our focus.

Producer: Lynsey Moyes

THU 21:00 BBC Inside Science (m001bbxb)

[Repeat of broadcast at 16:30 today]

THU 21:30 Positive Thinking (m001bbwc)

[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m001bbxp)

In depth reporting, intelligent analysis and breaking news from a global perspective

THU 22:45 Trespasses by Louise Kennedy (m001bbxr)

4: Defending the Indefensible

Politics, religion and passion collide in Louise Kennedy's tender and shocking love story, set on the outskirts of 1970s Belfast.

Cushla Lavery is a teacher at a Catholic primary school by day and helps out at the family bar by night. When barrister Michael Agnew, older, married and Protestant, walks into the pub on a quiet February night, their lives will be changed forever. This is no ordinary love story. In a country divided by the Troubles, tensions are rising and simple acts of kindness have deep consequences for Cushla and her whole entire family.

Today: Cushla finds herself crossing invisible lines in this fractured community, as she tries to help the beleaguered McKeown family.

Writer: Louise Kennedy
Reader: Lisa Dwyer Hogg
Abridger: Richard Hamilton
Producer: Justine Willett

THU 23:00 The Edinburgh Comedy Awards Nominee Gala 2022 (m001bbxt)

A recording for BBC Radio 4's gala show spotlighting the nominees for the 40th Edinburgh Comedy Awards. The prestigious awards recognise a Best Newcomer and a Best Show, and in this gala, hosted by 2010 Best Show winner Russell Kane, we'll pack in as many of the nominees as possible to give listeners around the UK the chance to hear the cream of this year's Edinburgh crop. The gala was recorded at the Pleasance, one of the Edinburgh Fringe's iconic comedy venues

Nominated for Best Show are
Alfie Brown, Colin Hault, The Delightful Sausage, Jordan Gray, Josh Pugh, Larry Dean, Lauren Pattison, Liz Kingsman, Seann Walsh & Sam Campbell.

Nominated for Best Newcomer are
Amy Gledhill, Emily Wilson, Emmanuel Sonubi, Josh Jones, Lara Ricote, Leo Reich & Vittorio Angelone.

Hosted by Russell Kane
Additional Material by Jade Gebbie
Production Coordinator - Caroline Barlow
Recorded by Sean Kerwin and edited by Chris Maclean
Assistant Producer - Sasha Bobak
Producer - Gwyn Rhys Davies
A BBC Studios Production

FRIDAY 26 AUGUST 2022

FRI 00:00 Midnight News (m001bbxw)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 This is Not a Pity Memoir by Abi Morgan (m001bbwg)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m001bbxy)

The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m001bby0)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m001bby2)

The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m001bby4)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m001bby6)

Spiritual reflection to start the day with Rev Richard Frazer of Greyfriars Kirk, Edinburgh.

FRI 05:45 Farming Today (m001bby8)

26/08/22 - Fertiliser, food prices, reviving a Scottish island

There's a warning of welfare problems for livestock sent to slaughter, as the supply of carbon dioxide - which is used for stunning the animals - is once again drying up. It could lead to issues on farms as a rising number of pigs and poultry can't be sent to the abattoir. Carbon dioxide is a by-product of the manufacture of ammonia - and the UK's last remaining ammonia plant is no longer going to produce it. CF Industries says the cost of operating is too high, so for now it's going to import ammonia instead, and - as the gas is a by-product of ammonia production - it won't be making CO2. This will also have an impact on the supply and price of fertiliser.

All this week Farming Today has looking at the causes and consequences of rising food prices. A survey from the Nat West bank reveals that 99 per cent of the 252 farmers they asked say they're facing above inflation price rises on at least one main input - things like energy, fuel, feed or fertiliser. Some are planning to grow less or change what they produce in the coming year to limit their losses. Many had agreed prices with their customers before the rise in energy prices, for instance, and so will be looking for much higher prices next season. We speak to a livestock farmer in Somerset.

In 2018 the island of Ulva, which sits off the coast of the Isle of Mull and had a population of just five, was bought by a community group for around £4.5 million. Plans to restore the housing on the island are well under way and the population has doubled to ten. But now the island's farmland has to be brought back to life, too. We hear from the man tasked with doing just that. You can hear the full story on On Your Farm on BBC Sounds.

Presented by Charlotte Smith
Produced by Sally Challoner

FRI 05:58 Tweet of the Day (b04mlvyx)

Flightless Cormorant

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Chris Packham presents the flightless cormorant adapted to its Galapagos world. The isolated Galapagos Islands are famous for their unique wildlife which has evolved to adapt to a landscape free of predators. This absence of predators has allowed the native cormorant to dispense with the need to fly, why waste energy when there's nothing to fly away from? This is the only flightless member of the cormorant family, which feeds on fish and for that reason it has developed stronger feet for swimming after its prey. They nest on the rocky coasts of Fernandina and Isabela islands and the population can dip below a thousand birds especially after hurricanes or collapses in local fish numbers. They recover quickly though, but are vulnerable to introduced dogs which nearly eliminated the cormorants on Isabela Island.

FRI 06:00 Today (m001bcn5)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 The Reunion (m001bbdb)

[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 This is Not a Pity Memoir by Abi Morgan (m001bcn7)

Days of Hope

This is Not a Pity Memoir is the powerful first book by the BAFTA award winning screenwriter, Abi Morgan. In the concluding episode, summer seas point to new hope and new promises for Abi, Jacob and their two children. Nicola Walker is the reader

Abi Morgan's screenwriting credits include *The Split*, *The Hour*, *Suffragette* and *The Iron Lady*. This is *Not a Pity Memoir* is her first book. It begins on an ordinary June day, with Abi getting through her seemingly endless to do list. When she gets home, the man she has loved and fought and laughed with for twenty years is collapsed on the bathroom floor. Nothing will ever be the same for Abi, Jacob and their two children. What follows is the story of how Abi and her family navigated the worst times. It's honest, courageous funny, and hopeful. And it's a tender love story. Sometimes the language is strong.

The reader is Nicola Walker. Her credits for TV include *Abi Morgan's, The Split*; *Unforgotten*, *Last Tango in Halifax*, *Spooks*, and for theatre, *The Corn is Green*, *The Cane*, *A View From the Bridge*. Credits for radio include *Annika Stranded & The Hotel*.

Abridged by Katrin Williams
Produced by Elizabeth Allard.

FRI 10:00 Woman's Hour (m001bcn9)

DJ BB, DJ Ritu, Dame Esther Rantzen, Ros Whitehouse, Dr Caroline Boyd, Joy Porter, Dr Mariaelena Huambachano

On our final day of Listener Week Jessica Creighton brings a host of stories to the table inspired by your requests.

Listener Carol is DJ BB. She got in touch to tell us about taking up DJ'ing in her 50s and setting up an event called 'She's In Control'. Nearly 60 she tells us about the negative perception of older women in music and the club scene. DJ Ritu is the same age as Carol but has been in the club scene since her 20s. They both join Jess Creighton to dissect the music and club scene through the lens of an older female DJ.

Have you decided to retire and then changed your mind months or years later? What made you de-retire? Were the reasons financial? Did you miss the mental stimulation or daily structure or the socialising? Jessica Creighton speaks to Ros Whitehouse who, in her early 70s, felt society was telling her to retire but within months she realised it was a mistake. Dame Esther Rantzen, founder of the Silver Line Helpline, joins them.

We received an email from an anonymous listener who described her experience of being an unwanted child. To discuss this issue, and the impact it can have later in life, Jessica speaks to Dr Caroline Boyd – a peri-natal, chartered clinical psychologist.

And we look at matrilineal communities who trace kinship through the female line and can involve the inheritance of property and titles with *Woman's Hour* listener and Professor of Indigenous and Environmental History at the University of Hull, Joy Porter and Dr. Mariaelena Huambachano, Environmental Humanities, Native American and Indigenous Studies at Syracuse University.

Presenter: Jessica Creighton
Producer: Lisa Jenkinson
Studio Manager: Duncan Hannant
Photo Credit: Mahaneela

FRI 11:00 The Spark (m001bcnc)

James Bridle and non-human intelligence

Helen Lewis presents a new series of encounters with innovative thinkers.

In this episode, she meets James Bridle, author of *Ways of Being*.

Humans have long seen our intelligence as good reason to impose our dominance on the planet. But the writer and artist James Bridle argues that the climate emergency should prompt a little humility.

Bridle has a background in artificial intelligence, but has turned to study the astonishing range of intelligence exhibited by natural non-human intelligence: everything from slime moulds that can solve complex logistical problems to octopuses that recognise human faces.

Can refocusing our narrow notions of what constitutes intelligence and personhood help humans develop a more collaborative approach to life on earth, and the perils it confronts?

Producer: Phil Tinline

FRI 11:30 Mucking In (m001bcnf)

Series 1

Hold Your Horses

Natalie Truss announces that she wants to use part of the farmland for a new Equestrian venture on the same day that

Archie's metal detector unearths a rare Roman coin. Natalie wants Ben to retire.

With the survival of his farming enterprise at stake, Ben loses the plot and forgets a planned trip with Cicely to see the orchids on the common. This is the last straw and Cicely storms out to see them with her old flame Charles Bradshaw. Ben pursues her in a fit of jealousy and they are reconciled, just as Archie's coin hits the big time. Its rarity value draws attention to the farm and Natalie drops her Equestrian venture for the excitement of an archaeological dig.

By Sue Limb and Betsy Vriend

Cast:
Alison Steadman – Cicely
Nigel Planer – Ben
Morwenna Banks – Beatrix
Tony Gardner – Archie
Jonathan Coy - Charles

A Little Brother production for BBC Radio 4

FRI 12:00 News Summary (m001bcnh)

The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m001bcnk)

Trigger warnings

'Upsetting content' warnings at universities: a harmless courtesy or oversensitivity?

Some higher education institutions are accused of 'wokery' and pandering to 'snowflake' students because texts now sometimes come with notes saying some students may find the content distressing. People in favour of such warnings see them as an unintrusive way of respecting students' mental well-being. But what does 'triggering' actually mean? What do students think about trigger warnings? How did they end up on university campuses? And do they actually work?

Presenter: Adam Fleming
Producers: Simon Maybin & Josephine Casserly
Researcher: Octavia Woodward
Production co-ordinator: Brenda Brown
Music: Oskar Jones
Editor: Emma Rippon

FRI 12:57 Weather (m001bcnm)

The latest weather forecast

FRI 13:00 World at One (m001bcnp)

Forty-five minutes of news, analysis and comment, with Jonny Dymond.

FRI 13:45 Torn (m001bcnr)

The stories behind the clothes we wear

Viscose Rayon

It's 1924 and the young Russian graduate Alexis Sommaripa, like so many migrants to the United States in the period, is looking for something new. He takes a job with a company that's been in the viscose rayon business for about five years but wants to figure out how to sell it. He finds out that women want it to be less shiny and more soft.

In episode five of *Torn*, Gus Casely-Hayford follows the astronomical rise of Sommaripa - from fleeing the Bolsheviks during Russia's revolution to becoming a key player in the production of viscose rayon, a fabric that is widely used in fashion today as an affordable alternative to silk.

Gus finds that, although viscose rayon has democratised fashion, it has done so at a significant cost to the environment.

Viscose rayon is made by processing wood pulp with chemicals. This turns it into a viscous liquid, and then into threads. More than 200 million trees are logged every year and turned into cellulosic fabric, such as viscose rayon, according to the organisation Canopy.

With professor of business history Regina Blaszczyk, sustainability expert Claire Bergkamp and extracts from Alexis Sommaripa's autobiography.

Producer: Tiffany Cassidy
A Novel production for BBC Radio 4

FRI 14:00 The Archers (m001bbxj)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m001bcnt)

Exemplar

Exemplar - Episode 2

A modern-day thriller set in the north east of England. Starring Gina McKee as Jess, a lone wolf scientist with a troubled past whose passion for sound makes her the UK's leading audio forensic examiner. A mysterious voice note takes Jess on a hunt to find an old friend.

Exemplar: an audio recording made by a forensic analyst to recreate the precise audio conditions of a piece of evidence in a criminal or civil case.

Exemplar is based on an idea by leading sound designers Ben and Max Ringham, and written by Ben Ringham, Max Ringham and Dan Rebellato.

Jess Gina McKee
Maya Shvorne Marks
Aoife Fenella Woolgar
Judith Barbara Marten
Neil Don Gilet
Ellie Charlie Hardwick

Writers: Dan Rebellato with Ben and Max Ringham

Showrunner: Dan Rebellato

Audio forensic consultant: James Zjalic

Sound recordist: Alisdair McGregor

Studio assistant: Oyin Fowowe

Production coordinator: Darren Spruce

Sound design: Lucinda Mason Brown and David Chilton

Original music/Sound consultants: Ben and Max Ringham

Directors: Polly Thomas and Jade Lewis

Executive producer: Joby Waldman

A Reduced Listening production for BBC Radio 4.

FRI 14:45 Living with the Gods (b09fxxks)

Living with Many Gods

Neil MacGregor's series on the role and expression of beliefs continues with a focus on societies living with many gods.

In the mid-1840s, a Roman earthenware jar was dug from the earth near Felmingham Hall in Norfolk. Inside, excavators found several belief systems, all mixed up together - for buried in the pot was a jumble of gods, deities of different kinds and origins, that tell us what it meant for people in Roman Britain around the year 250 to be living with many gods.

The great ancient Mesopotamian Epic of Gilgamesh includes a narrative with striking similarities to - but important differences from - the story of Noah in the Bible. Here a council of gods is persuaded to unleash a great flood to wipe out humankind.

Producer Paul Kobrak

The series is produced in partnership with the British Museum, with the assistance of Dr Christopher Harding, University of Edinburgh.

Photograph (c) The Trustees of the British Museum.

FRI 15:00 Gardeners' Question Time (m001bcnw)

Milton Keynes

Kathy Clugston and the panel are in Milton Keynes. Fielding questions this week are Matthew Wilson, Juliet Sargeant and Chris Thorogood.

Producer: Daniel Cocker
Assistant Producer: Bethany Hocken

A Somethin' Else production for BBC Radio 4

FRI 15:45 New Frequencies (m001bgrs)

Part One: SandGlass and The Ice Demon of Mount Crooked

New Frequencies. Season 2

A showcase for the work of writers between the ages of 16 and 21.

Part One
SandGlass, by Imogen Deaton
and
The Ice Demon of Mount Crooked, by Callum McGee

Writers: Imogen Deaton and Callum McGee

Reader: Saffron Coomber

Production coordinator Sarah Tombling

Producer: Jeremy Osborne

A Sweet Talk Production for BBC Radio 4

FRI 16:00 Last Word (m001bcny)

Margaret Keane, Keith Smith, Mario Fiorentini, Brenda Fisher

Matthew Bannister on

Margaret Keane (pictured), the American artist whose paintings of children with 'Big Eyes' became hugely popular in the 1960s. Her identity as the painter was kept secret by her husband who claimed the works as his own.

Keith Smith, the market trader who co-founded the Poundland chain of shops.

Mario Fiorentini, Italy's most decorated partisan, who risked torture and death to fight the German occupation of his country.

Brenda Fisher, the long distance swimmer from Grimsby who became an international celebrity after breaking the women's speed record for swimming the English Channel.

Producer: Emily Finch

Interviewed guest: Larry Karaszewski

Interviewed guest: Steve Smith

Interviewed guest: Philip Cooke

Interviewed guest: Alessandro Portelli

Interviewed guest: Lucy Wood

Interviewed guest: Peter Winchester MBE

Archive clips used: Westinghouse Broadcasting Company / Mike Douglas Entertainments, The Mike Douglas Show - Interview with Margaret Keane 1972; BBC World Service, Outlook - Margaret Keane interview 30/12/2014; Duane Anderly, 1964 Lost Interview with Walter and Margaret Keane from YouTube; The Weinstein Company / Silverwood Films / Tim Burton Productions, Big Eyes (film clip) 2014; Express & Star YouTube Channel, Founder of Poundland, Keith Smith opens his grounds up for a festival 25/06/2015; BBC One, Antiques Roadshow: Series 41 - Pioneering Women Special 10/06/2018; BBC Sound Archive, Swim The Channel 17/08/1951.

FRI 16:30 Feedback (m001bcnp0)

There are 1.4 billion people in China, and one BBC correspondent in Feedback this week, Stephen McDonnell, explains how he tries to find out what is really going on in that vast country.

Lewis MacLeod of Radio 4's Dead Ringers explains how he manages to morph seamlessly from Boris Johnson to Donald Trump mid-sentence.

And, as he presents the programme for the last time, a listener puts questions from the audience to Roger Bolton on his 23 years at the helm.

Presenter: Roger Bolton

Producer: Kate Dixon

Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

FRI 17:00 PM (m001bcnp2)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O'Clock News (m001bcnp4)

The energy regulator announces a near-doubling of the price cap for energy bills

FRI 18:30 Party's Over (m001bcnp6)

Series 2

The Crown

What happens when the prime minister suddenly stops being prime minister? One day you're the most powerful person in the country, the next you're irrelevant, forced into retirement 30 years ahead of schedule and find yourself asking 'What do I do now?'

"I can't just disappear like Gordon Brown. They say he barely gets out of bed now. Just sits there doing word-searches and eating Kit Kat Chunkies. Miserable. I hate the chunky ones." Former British Prime Minister Henry Tobin

This week, drama follows Henry in the form of an actor trying to get under his skin.

Starring Miles Jupp, Ingrid Oliver, Emma Sidi, Justin Edwards and Fergus Craig.

Written by Paul Doolan and Jon Hunter

Producer: Richard Morris

Production co-ordinator: Caroline Barlow

Sound recordist and designer: Jerry Peal

A BBC Studios Production

FRI 19:00 The Archers (m001bcnp8)

Writer, Katie Hims

Directors, Rosemary Watts & Peter Leslie Wild

Editor, Jeremy Howe

Ben Archer Ben Norris
Lilian Bellamy Sunny Ormonde
Ruairi Donovan Arthur Hughes
Brad Horrobin Taylor Uttley
Chelsea Horrobin Madeleine Leslay
Tracy Horrobin Susie Riddell
Clarrie Grundy Heather Bell
Eddie Grundy Trevor Harrison
Ed Grundy Barry Farrimond
George Grundy Angus Stobie
Will Grundy Phillip Molloy
Jakob Hakansson Paul Venables
Alistair Lloyd Michael Lumsden
Denise Metcalf Clare Perkins
Adil Shah Ronny Jhutti
Oliver Sterling Michael Cochrane
Julianne Wright Lisa Bowerman

FRI 19:15 Screenshot (m001bcnp)

Werner Herzog at 80

To mark the 80th birthday of one of cinema's most enigmatic and polarising characters, Mark Kermode and Ellen E Jones explore the work, myth and legacy of Werner Herzog.

An encounter with Herzog is always compelling, and sometimes risky. When Mark interviewed him in the Hollywood Hills in 2006, the director was shot - an incident he dismissed as 'not significant'.

From the safe distance of a few thousand miles away, Mark and Werner reconnect (over Zoom) to address the conspiracy theory that the shooting was staged. Herzog also looks back at the enduring appeal of Fitzcarraldo, how his world view informs his work, and why there's a lesson to be learned in keeping up with the Kardashians.

To separate fact from fiction, Ellen E Jones talks to volcanologist and co-director of two Herzog documentaries, Professor Clive Oppenheimer. They discuss Herzog's scientific mind and why Clive kept quiet about a near miss with a lava bomb as they filmed Into the Inferno.

Writer and director Zak Penn used the Herzog legend as the inspiration for his mockumentary Incident at Loch Ness, which starred Herr Herzog as himself. Ellen and Zak discuss the tricks he played on his leading man, how he's easy to surprise but impossible to shock, and why Werner Herzog is such a beloved and supportive collaborator.

And DJ and broadcaster Edith Bowman gives her Viewing Notes.

Producer: Freya Hellier

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m001bcnpd)

Murdo Fraser MSP, Angela Haggerty, Anas Sarwar MSP, Dr Philippa Whitford MP

Alex Forsyth presents political debate from The Barracks in Stirling with the Scottish Conservative Covid Recovery Spokesperson Murdo Fraser MSP, the journalist Angela Haggerty, the leader of Scottish Labour Anas Sarwar MSP and the SNP's Shadow Spokesperson for Europe at Westminster Dr Philippa Whitford MP.

Producer: Camellia Sinclair

Lead broadcast engineer: Ken Garden

FRI 20:50 A Point of View (m001bcnpg)

When Everybody Is Somebody

Will Self reflects on success...and failure.

'Ours is a society', he writes, 'in which that hoary old saying, 'Nothing succeeds like success', has been elevated to the status of a political, philosophic and indeed moral credo.'

But, Will argues, this is a world typified by hyperbole and exaggeration, where the successful, 'with plenty of cake to eat, have no need to partake of the true bread of life, which is, of course, failure'.

Producer: Adele Armstrong

Sound: Peter Boshier

Production coordinator: Gemma Ashman

Editor: Penny Murphy

FRI 21:00 Torn (m001bcnpj)

Omnibus 1

Gus Casely-Hayford, director of V&A East, unpicks the hidden histories behind what we wear by exploring ten key moments in fashion spanning the globe and five centuries.

From the start of the global trade in cotton, to the accidental invention of artificial dyes, Gus reveals the historical weight we carry through our clothes and the statements we make just by getting dressed in the morning.

This is the first of two omnibus editions of the series.

Producer: Tiffany Cassidy

A Novel production for BBC Radio 4

FRI 22:00 The World Tonight (m001bcpl)

In depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 Trespasses by Louise Kennedy (m001bcpn)

5: Are We Ridiculous?

Politics, religion and passion collide in Louise Kennedy's tender and shocking love story, set during the Troubles.

Cushla Lavery is a teacher at a Catholic primary school by day and helps out at the family bar by night. When barrister Michael Agnew, older, married and Protestant, walks into the pub on a quiet February night, their lives will be changed forever. This is no ordinary love story. In a country divided by the Troubles, tensions are rising and simple acts of kindness have deep consequences for Cushla and her whole entire family.

Today: on a trip to Dublin, Cushla begins to face up to the fact that her love affair with Michael is doomed...

Writer: Louise Kennedy

Reader: Lisa Dwyer Hogg

Abridger: Richard Hamilton

Producer: Justine Willett

FRI 23:00 Great Lives (m001bbtq)

[Repeat of broadcast at 16:30 on Tuesday]

FRI 23:30 My Dream Dinner Party (m0015tv6)

David Baddiel's Dream Dinner Party

Comedian and author David Baddiel hosts a dinner party with a twist - all his guests are from beyond the grave, long-time heroes brought back to life by the wonders of the radio archive.

Comedy legends Morecambe and Wise join David's guests, philosopher and feminist icon Simone de Beauvoir, comedian Joan Rivers, footballing hero George Best and Pulitzer Prize-winning novelist John Updike.

David's three-course meal may not live up to everyone's culinary standards, but the guests enjoy the lively conversation around his dinner table - from the joys of winning to the lows of being number two, from comedy heroes to the allure of sex.

There's high-brow debate, laughter - and an inappropriate advance.

Written and presented by David Baddiel

Produced by Sarah Peters and Peregrine Andrews

Researcher: Edgar Maddicott, Louis Grace

BBC Archivist: Tariq Hussein

Executive Producer: Iain Chambers

Thanks to the Studs Terkel archive for additional audio of Simone De Beauvoir

A Tuning Fork and Open Audio production for BBC Radio 4