

SATURDAY 06 AUGUST 2022**SAT 00:00 Midnight News (m0019rsr)**

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 Takeaway: Stories from a Childhood Behind the Counter by Angela Hui (m0019rst)

Opening/Closing

Angela Hui grew up behind the counter of her parents' Chinese takeaway, Lucky Star, in the former mining village of Beddau, Wales.

It opened on the luckiest day of the century, 8 August 1988, an auspicious date with the number eight signifying good wealth, fortune and prosperity in Chinese culture – three key factors needed for a young, growing immigrant family.

On one side of the counter Angela interacts with the takeaway's loyal staff, Cecilia, Dewi and Lowri. They serve and deliver food lovingly prepped and cooked by Angela's parents. Regular customers pester Angela at the counter as she tries to do her homework.

Running a Chinese takeaway is hard work and there is tension in the overlapping spaces of home and work, playground and business. Angela and her two brothers, Keen and Jacky, also have to act as go-betweens for their parents when there are language barriers.

But there is also beauty in the rhythm and joy from living in the takeaway and being surrounded by the food of Angela's home culture.

On the other side of the counter, Angela enjoys family dinners before service, dishes a world away from the simplified, watered-down Western version ordered by the locals - whole steamed sea bass, Cantonese soup, steamed egg, Chinese broccoli with oyster sauce. To them, food is love and food symbolises family.

A blending of her Welsh and Chinese heritage, the takeaway was a place that embodied the dual identities that Angela herself was experiencing.

In this episode, Angela is away at university in Cardiff but she still travels home at weekends to help at Lucky Star. Things are changing in everyone's lives and the family consider the future of the takeaway.

Read by Priya Hall

Abridged by Anna Magnusson

Produced by Alexandra Quinn

A Loftus Media production for BBC Radio 4

SAT 00:48 Shipping Forecast (m0019rsw)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m0019rsy)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SAT 05:20 Shipping Forecast (m0019rt0)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m0019rt4)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m0019rt7)

A spiritual comment and prayer to begin the day with the Rev Carolyn Skinner.

Good morning.

This week Birmingham will be the centre of attention for many around the globe as it hosts the 22nd Commonwealth Games. The Games have always been known as the friendly games and the event is renowned for inspiring athletes to compete in the spirit of friendship and fair play. Athletes with a disability are included as full members of their national teams, making the Commonwealth Games the first fully inclusive international multi-sport event. I have always loved that about the Commonwealth Games, and I'm looking forward to serving there this fortnight. When I served as a chaplain at the 2014 Games in Glasgow I really did sense that friendly, inclusive spirit.

In a world which is filled with division between nations and between neighbours, there is much we can learn from the friendship and values promoted by the Games. Friendship is something which requires effort and investment but brings so much joy in return. God knows our desire to be known and to

be loved. We were made for relationship.

We often treat relationships as consumers: we befriend for the benefits we receive. But like a contract, when the relationship doesn't give us the goods we want, we leave.

But the Bible shows us that real friendship is more covenantal than contractual. The book of Proverbs tells us that a true friend loves at all times.

Loving God, thank you for giving us friends to do life with. I pray that you would be present in our friendships, that you would be drawing us together in deeper community with one another. I pray that you would help heal any places of brokenness or discord and that you would restore any friendships that have fallen apart.

Amen

SAT 05:45 Four Thought (m0019r4l)

Meeting Up

Laura Simpson argues that online meetings have good for individuals and companies, and that we should be wary of returning to the status quo.

The meeting, says Laura, is the fundamental unit of white collar working life. And in the last couple of years it's undergone a revolution - out have gone the suits, glass tables and rigid hierarchy; in have come moments of vulnerability, the hand raise function, and unannounced visits from children. It's happened in plain sight, but its consequences have been little discussed. Laura is a Global Director at advertising and marketing company, McCann Worldgroup. As she shares stories from some of the meetings she has been in, she explains why she believes this change has created a re-imagining of what meetings could be, and a rebalancing of power within them - with more people, and in particular more junior people and those who previously felt marginalised, empowered to contribute.

Producer: Giles Edwards

SAT 06:00 News and Papers (m0019ys6)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m0019rc1)

Radical Essex

Emily Knight uncovers an unexpectedly radical story, hidden in the Essex countryside. In the 1940s, men and women horrified by the violence of war, disconnected, disillusioned and despondent, began to turn to the land - and each other - for healing. A new way of life was needed, and a new movement sprang up. Part pacifist philosophy, part radical Christianity, part utopian idealism, the Back-to-the-Land movement of the '40s and '50s saw groups of people coming together to take over pockets of farmland, working collectively, sharing the hardships and the joys of communal living.

But this isn't just a farming movement. It's a story in which pacifist philosophy overlaps with new forms of Christianity, where the literature of DH Lawrence and George Orwell meets a working-class intellectualism, fired up by the possibility of real social change. It's a world of big dreams, hard graft, close communities, and a flowering of music, poetry and theatre, all under the arched roof of a crumbling Essex barn.

In a world ravaged by climate change and Covid-19, could we see a similar movement springing up today?

Producer for BBC Audio in Bristol : Emily Knight

SAT 06:30 Farming Today (m0019ys8)

06/08/22 Farming Today This Week: Farm tenants, Veg growers, Seasonal worker folk song

The British Growers' Association, which represents the horticulture and fresh produce industries, is warning of a potential crisis in the sector because of rising costs, water shortages and difficulties finding workers. They've just carried out research into carrot and broccoli production and say unless farmers get paid more for their veg, they'll be forced to stop growing it.

As the Environment Agency declares July to have been the driest in England on record since 1935, two farmers in Suffolk tell us how their farms are affected. Is planting into dry ground worthwhile, and should they invest in new irrigation systems?

Tenant farmers manage 35% of the UK's farmed land area, and are a vital part of the food growing network, but are facing increasing challenges as land values rise. We speak to a farmer who has is losing a large proportion of the land his family have

farmed for 40 years in Northumberland.

And we hear the folk song which, it's hoped, will draw attention to the work of migrant seasonal workers. It was commissioned by researchers from the University of Leeds and Oxford, who are running a project called 'Feeding the Nation' to track the experiences of workers throughout the 2020 and 2021 harvests.

Presented by Charlotte Smith

Produced in Bristol by Natalie Donovan

SAT 06:57 Weather (m0019ysb)

The latest weather reports and forecast

SAT 07:00 Today (m0019ysd)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m0019ysg)

James Purefoy

Actor James Purefoy joins Nikki Bedi and Richard Coles to talk about Fisherman's Friends One and All. From Mark Antony in Rome to The Black Prince in A Knight's Tale, James talks about his long and wide-ranging career.

The Singh Twins are visual artists whose colourful and acclaimed work draws on traditional Indian techniques, Western medieval illuminated manuscripts and contemporary Western culture. They talk about their close bond and identifying as 'twindividuals'.

Adeline Vining found a vintage Dior dress belonging to her grandmother in a suitcase in the attic. When she posted a TikTok of herself wearing the dress, she went viral. Fashion historians got involved, suggesting the dress was made by Christian Dior himself, and estimating its worth at £35,000. The discovery also helped Adeline uncover the story of her grandmother's life.

Lesley Pearce has been a bestselling novelist for many years, and has lived an extraordinary life. After spending time in an orphanage, she found herself working as a bunny girl in Soho in her teens. When she became pregnant she was forced to give her son up for adoption. Years later she has reconnected with her son, and discovered the huge family she never knew she had.

Also we have the Inheritance Tracks of producer and DJ Paul Oakenfold, who chooses Elvis Presley's 'Rubberneckin' and Marvin Gaye's 'What's Going On'.

Fisherman's Friends: One and All is in cinemas from 19th August.

The Singh Twins' exhibition 'Slaves of Fashion' is on at FirstSite in Colchester until 11th September. Lesley Pearce's latest novel Deception is available now.

Producer: Tim Bano

SAT 10:30 The Kitchen Cabinet (m0019ysj)

Series 37

Oxford

Jay Rayner and his panel of food experts don their thinking caps as they take a trip to the city of spires and quiet learning - Oxford. Sophie Wright, Andi Oliver, Tim Hayward, and Zoe Laughlin answer questions from the audience.

This week, The Kitchen Cabinet team considers the best recipes for chickpea flour, how best to use fruit syrups in your cooking, and delicious vegan alternatives to gelatine in jelly babies.

Joining the team to discuss the fascinating food traditions at the Oxford University colleges is Librarian Matthew Shaw, alongside Justin Gildea, who talks passionately about the uses for oxtail.

Producer - Jemima Rathbone

Assistant Producer - Bethany Hocken

A 'Somethin' Else production for BBC Radio 4

SAT 11:00 The Briefing Room (m0019rd2)

Scotland's drugs problem

Scotland has the worst figures for drug-related deaths anywhere in Europe. According to National Records for Scotland, 1,330 drug users died in 2021 - a slight improvement, but a death rate per capita which is still 4.8 times higher than England's.

Why do so many Scots die from drugs? And what more can be done to prevent it?

Joining David Aaronovitch in The Briefing Room are:
James Cook, BBC Scotland Editor
Kirsten Horsburgh, Director of Operations at the Scottish Drugs Forum
Andrew McAuley, Glasgow Caledonian University
Professor Catriona Matheson, University of Stirling
Professor Alex Stevens, University of Kent

PHOTO: Campaigning group Faces and Voices of Recovery protesting outside the Scottish Parliament in July 2022. Jeff J Mitchell/Getty Images

SAT 11:30 From Our Own Correspondent (m0019ysl)
Kenya goes to the polls

Kenya are considering their options in the upcoming general election, and there are some big personalities to vote for. Key concerns for voters include the economy and corruption, but the prosperous image cultivated by some candidates raises questions about the source of their wealth, and just how committed they are to fighting corruption. Anne Soy reports from Nairobi.

The BBC's Howard Johnson has come to the end of his time reporting from the Philippines, just as a new president Bongbong Marcos takes over. Under the outgoing president, Rodrigo Duterte, the state pursued an often lethal 'war' against alleged drug dealers and users – and many voters backed it. Meanwhile journalists, activists and even judges were trolled and threatened on social media. So how robust are the country's democratic institutions?

Adam Easton reports from Poland, which has some of the strictest abortion laws in Europe. A pregnancy can now only be terminated in the case of rape or incest, or if the mother's life is at risk. Abortion is no longer legal in cases of severe foetal abnormality. What does that mean for a family whose unborn baby has a condition that makes survival outside the womb impossible?

And Leila Molana Allen visits a shopping mall with a difference in the city of Ataq in southern Yemen. The long war in the country is softening attitudes towards women going out to work. The Ataq mall – staffed and run exclusively by women, for female customers only, is a place full of frills, laughter and hopes, where women can take refuge and realise some of their dreams. But behind the glitter lurks male power, family pressure, and social prejudice.

Presenter: Kate Adie
Producer: Polly Hope
Production Coordinator: Iona Hammond
Editor: Richard Fenton-Smith

SAT 12:00 News Summary (m0019ysn)
The latest national and international news from BBC Radio 4.

SAT 12:04 Surviving the Cost of Living (m0019ysq)
Moet and Carry

Two women compare coping with two cost of living crises, 30 years apart.

Today we are seeing energy and food prices soaring, leaving some struggling to afford basic necessities. Moet, a single mum living in Birmingham, has been struggling to keep up with the increases in costs. She has found herself getting into debt after being made redundant in May. She says she sometimes has only £7.50 left in her bank account at the end of the month for a food shop.

She meets Carry, who was also a single mum during the recession that began in 1991. She managed to survive – just – by starting her own business. Can her experiences of living on the headline help Moet get through today's financial squeeze?

Producer: Eleanor Layhe
Production Coordinator: Janet Staples
Sound: Neil Churchill

SAT 12:30 Party's Over (m0019rs5)
Series 2

Cruise Control

What happens when the Prime Minister suddenly stops being Prime Minister? One day you're the most powerful person in the country, the next you're irrelevant, forced into retirement 30 years ahead of schedule and find yourself asking 'What do I do now?'

"I can't just disappear like Gordon Brown. They say he barely gets out of bed now. Just sits there doing word-searches and eating Kit Kat Chunkies. Miserable. I hate the chunky ones." Former British Prime Minister Henry Tobin.

Henry hopes that an invitation to make a speech will be the passport he needs to a regular slot on the international lecture circuit.

Starring Miles Jupp, Ingrid Oliver, Emma Sidi, Justin Edwards and David Mumeni.

Recorded at The Crescent Theatre in Birmingham.

Written by Paul Doolan and Jon Hunter
Producer: Richard Morris
Production co-ordinator: Caroline Barlow
Sound recordist and designer: Chris Maclean

A BBC Studios Production.

SAT 12:57 Weather (m0019yss)
The latest weather forecast

SAT 13:00 News and Weather (m0019ysv)
The latest national and international news and weather reports from BBC Radio 4

SAT 13:10 Any Questions? (m0019rsc)
Lord Adebowale, Robert Jenrick MP, Catherine West MP, Charlotte Pickles

Ben Wright presents political debate and discussion from Wakefield Cathedral. The panel taking questions from our audience includes the chair of the NHS Confederation and cross bench peer Lord Adebowale, the Conservative MP and former cabinet minister Robert Jenrick, Director of the Reform think tank Charlotte Pickles, and the Labour MP and shadow Foreign Office minister Catherine West.

If you would like to be in the audience, tickets are available free in advance via the Wakefield Cathedral website.

Producer: Beth Sagar-Fenton
Lead broadcast engineer: Tom Parnell
Editor: Chris Ledgerard

SAT 14:00 Any Answers? (m0019yysx)
Have your say on the issues discussed on Any Questions?

SAT 14:45 39 Ways to Save the Planet (m000vjnp)
Zero Carbon Farm

Can British farmers transform themselves into carbon-cutting heroes? Arable farmer, Duncan Farrington has worked hard to reduce the carbon emissions from his farm. He's replanted hedges and trees and cut down on diesel-powered machinery. He's even persuaded some of his staff to cycle to work. But Duncan's farm isn't just zero carbon, it's actually sucking in and locking up vast quantities of carbon dioxide from the atmosphere.

Duncan explains to Tom how he's transformed the management of his soil and proven to doubters that commercial British arable farms can play their part in cutting the planet's carbon emissions.

Producer: Alasdair Cross
Researcher: Sarah Goodman

Produced in conjunction with the Royal Geographical Society. Particular thanks for this episode to Dr Adrian Williams of Cranfield University and to Professor Andrew Barnes, Professor Mads Fischer-Moller and Professor Bob Rees of Scotland's Rural College (SRUC).

SAT 15:00 Drama (m0019yt0)
A Close Approximation of You

By Oliver Emanuel.

When Kay first meets Michael he's singing into a mirror to himself.

But his love of mirrors isn't narcissism. A theoretical physicist, his job is to explore the possibility that there is a mirror version of our world somewhere. But what happens when theory becomes practice?

Part love story, part psychological thriller, this tender and tense drama takes us through Kay and Michael's world and beyond.

Cast:

Kay ... Anneika Rose
Michael ... Sandy Grierson
Detective... Itxaso Moreno
John and Security Guard... Richard Conlon

Jess and the Agent... Gabriel Quigley

Sound recording: Andy Hay and Kris McConnachie
Sound design: Fraser Jackson

Directed by Kirsty Williams

SAT 16:00 Woman's Hour (m0019yt2)
Weekend Woman's Hour: Lionesses legacy, Beyonce & Lizzo lyrics, school exclusions, dance music and discovering 35 siblings

What will the legacy of Women's Euro 2022 be? The former lioness and second highest goal scorer for England Kelly Smith speaks to Andrea Catherwood alongside Dame Heather Rabbatts. Dame Heather was the first female board member of the Football Association when she joined in 2012.

The pop star Lizzo changed the lyrics of her song because it contained an ableist slur. Beyonce has been criticized for using the same term. In her new song Heated, which is co-written by hip-hop star Drake, the slur is used twice. In a statement, Beyonce said the term wasn't used intentionally in a harmful way, and will be replaced. Hannah Diviney is a writer and Disability Activist from Sydney, who went viral for calling out both Lizzo and Beyonce.

Chrysta Bilton talks about her new book Book - A Normal Family: The Surprising Truth About My Crazy Childhood (And How I Discovered 35 New Siblings).

In the academic year before the pandemic, 7,894 children were permanently excluded from English state schools. However, the data shows that certain groups of children are more likely to be excluded than others. Anita speaks to Dr Amelia Roberts, deputy director of UCL's Centre for Inclusive Education; Jason Arthur, CEO of Mission 44, a charitable foundation which aims to support disadvantaged young people; and Lisa Smith, chair of the Advisory Council for the Education of Romany and Other Travellers.

A new report has found that just five per cent of dance music in the UK charts has a female as the lead artist. The report also looks at gender equality issues at festivals, and how 'The Male Gaze' places pressure on women in the industry. Jessica speaks to the Radio 1 DJ Jaguar and Nicola Davies, the report's lead author.

Presenter: Anita Rani
Producer: Surya Elango
Editor: Louise Corley

SAT 17:00 PM (m0019yt4)
Full coverage of the day's news

SAT 17:30 Boris (p0cmtn07)
5. The City Hall Years: The Stir-Fry

Alexander Boris de Pfeffel Johnson. A bit of a mouthful. To most people - and there are those that hate it - he's simply Boris

This series tells the story of Boris Johnson - from boy to man to Prime Minister. In each episode, Adam Fleming talks to a range of people who've known, watched, worked or dealt with him.

In the fifth episode, we hear about his time as London mayor.

Guests:

Alex Crowley worked on Boris Johnson's two mayoral campaigns.

Will Walden was Boris Johnson's Director of Communications and External Affairs and his Chief Spokesman during his second term as mayor.

Anne McElvoy is a columnist and broadcaster at The Economist and she was a columnist at The Evening Standard when Boris Johnson became mayor.

Producers: Ben Carter, Natasha Fernandes and Lucinda Borrell
Series Editor: Emma Rippon
Production co-ordinator: Brenda Brown
Studio Engineer: Neil Churchill

SAT 17:54 Shipping Forecast (m0019yt8)
The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m0019ytb)
The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m0019ytd)
Doctors withdraw Archie Battersbee's life support, ending a

legal battle over his welfare

SAT 18:15 Loose Ends (m0019ytg)

Louise Welsh, Sikisa, Victoria Melody, Movin' Melvin Brown, Niteworks, AiiTee, Scottee, Clive Anderson

Clive Anderson and Scottee are joined by Louise Welsh, Sikisa, Movin' Melvin Brown & Victoria Melody for an eclectic mix of conversation, music and comedy. With music from Niteworks & AiiTee.

SAT 19:00 Witness (b05q5l8x)

Jackie Kennedy and Aristotle Onassis

In the late 1960s, the widowed US First Lady began a romance with the Greek shipping tycoon who was then the world's richest man. Greek journalist, Nico Mastorakis, broke the story by dressing up as a musician.

SAT 19:15 The Infinite Monkey Cage (m0019ytj)

Series 24

How to Teach Maths

Brian Cox and Robin Ince are joined by comedian Sara Pascoe and the very numerate Prof Hannah Fry, maths comedian Matt Parker and statistician Prof David Spiegelhalter for a unique maths class. Are some of us just innately bad at maths or can everyone get to grips with algebra and calculus? What do our panel wish they'd been taught at school, and what is the key to a life-long love of numbers? Get your calculators ready!

Executive Producer: Alexandra Feachem

SAT 20:00 Archive on 4 (m0019ytl)

In Praise of Clichés

Whether it's author Martin Amis declaring war on overused stock phrases or annual surveys of the well-worn expressions we love to hate - at the end of the day, the fact of the matter is, people have very strong feelings about clichés.

From politics to TV drama, sporting clichés to toe-curling corporate jargon, Steve Punt drills down into the archive to discover why so many of us have been singing from the same hymn sheet.

As he traces cliché origin stories and listens to the sound of some new ones being hatched, Steve is joined by storytelling expert John Yorke, parliamentary sketch-writer Madeline Grant and author of a whole book about footballing clichés, Adam Hurrey. Navigating a linguistic minefield where conventions must be separated from tropes, platitudes from pontification, Steve runs it up the flagpole to ask if it's time to stop rearranging the deckchairs on the Titanic, attempt some blue-sky thinking and rehabilitate the humble cliché.

It could, he says "be a game-changer."

Producer: Conor Garrett

SAT 21:00 GF Newman's The Corrupted (b087psl5)

Series 3

Episode 1

It's the 1970s and Brian Oldman is still in jail - desperate to get out. Joseph Oldman (Toby Jones) is pulling every corrupt string possible to help him.

GF Newman's The Corrupted weaves fiction with real characters from history, following the fortunes of the Oldman family - from small-time business and opportunistic petty crime, through gang rivalries, to their entanglement in the highest echelons of society. It's a tale revealing the nexus of crime, business and politics woven through the fabric of 20th century greed as even those with hitherto good intentions are sucked into a web of corruption.

Joey Oldman, an uneducated Jewish child immigrant from Russia, has a natural instinct for business and a love of money - coupled with a knack for acquiring it. His wife Cath is as ruthless in both the pursuit of money and the protection of her son, Brian. Joey built his empire with the help of a corrupt bank manager in the 1950s, starting with small greengrocer shops before moving into tertiary banking and property development, dealing with many corrupt policemen on the way - and befriending both Lord Goodman and Margaret Thatcher.

Written by G F Newman

Produced and Directed by Clive Brill

A Brill production for BBC Radio 4.

SAT 21:45 Rabbit at Rest (m0002cnr)

Episode 10

John Updike's fourth novel about Harry "Rabbit" Angstrom.

It's the end of the 1980s and Harry has acquired a Florida condo, a second grandchild, and a troubled, overworked heart - not to mention a troubled underworking son. As Reagan's debt-ridden, AIDS-panicked America yields to that of the first George Bush, Rabbit explores the bleak terrain of late middle age - looking for reasons to live and opportunities to make peace with a remorselessly accumulating past.

The novel won the Pulitzer Prize for Fiction in 1991, the second "Rabbit" novel to garner that award.

Reader: Toby Jones
Abridger: Eileen Horne
Producer: Clive Brill

A Brill production for BBC Radio 4

SAT 22:00 News (m0019ytn)

The latest national and international news from BBC Radio 4

SAT 22:15 Rethink (m0018wyf)

Rethink the World Order

World Order

Amol Rajan is joined by academics, thinkers and politicians to discuss what the war in Ukraine might mean for the new world order. The world was rewritten after World War II and new alliances and republics formed. From the Cold War to the Eastern European revolutions of the 1980s and the conflicts in the Middle East, alliances have been constantly tested and changed. But what does the new war in Ukraine and the fractures it is opening up mean for the alliances and institutions which emerged from the middle of the 20th century? Is NATO going to regain lost credibility? What is the role of blocs like the EU and institutions like the UN in this emerging world? And where will Russia turn for new alliances?

Joining Amol Rajan are:

Niall Ferguson, author, historian, senior fellow at Stanford University, and senior faculty fellow of the Belfer Center for Science and International Affairs at Harvard.
Anne Applebaum, journalist and historian, expert on the history of communism and the development of civil society in Central and Eastern Europe.
Andrey Kortunov, director-general of the Russian International Affairs Council.
Professor Rana Mitter, professor of the History and Politics of Modern China and the director of the University of Oxford China Centre.

Presenter: Amol Rajan
Producers: Emma Close, Lucinda Borrell, Jim Frank
Researcher: Marianna Brain
Studio Manager: James Beard
Sound mix: Rod Farquhar
Editor: Nicola Addyman

SAT 23:00 Brain of Britain (m0019r0j)

Heat 1, 2022

The first four contestants of the 2022 series join Russell Davies for the classic general knowledge tournament to decide who takes the title Brain of Britain. The field is as strong as ever for the 69th season of the quiz, with competitors from all over the UK, including some who have narrowly missed the title before, alongside others who are throwing their hat into the ring for the very first time.

Sport, medicine, classic literature, art, languages, history, music and physics are just some of the fields from which questions are drawn in this opening edition of the series.

Taking part today are:
Azeez Feshitan from London
Angela Hawke from Bognor Regis
Emma Laslett from Milton Keynes
Ray Walters from Cheltenham.

As always, a listener will also get the chance to win a prize if they can Beat the Brains with questions he or she has devised.

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

SAT 23:30 Tongue and Talk: The Dialect Poets (m0019r7h)

Liverpool

Actor and writer Catherine Harvey explores the poetry and language of Liverpool to find out what it means to be a Dicky

Sam, a Whacker, a Liverpudlian or a Scouser.

In the remains of the world's first commercial wet dock (now deep beneath a shopping centre) Catherine discovers how a cluster of streets next to a muddy pool became a vibrant cultural melting pot, and asks linguist Tony Crowley about the impact of the Port on what Thomas De Quincey once called 'the many-languaged town of Liverpool'.

From the burial pits of St Patrick's Church, the resting place of thousands who died in past epidemics, to the Everyman Theatre where live poetry events continue the legacy of The Mersey Sound, we hear from some of Liverpool's contemporary poets, including Amina Atiq, Jennifer Lee Tsai, Greg Quiry and Levi Tafari. But are the myths about Liverpool's linguistic history true? And what makes the dialect and identity of this diverse community so unique?

The other areas visited in this series of Tongue and Talk: The Dialect Poets are Hull, Portsmouth and Cornwall.

A Made in Manchester production for BBC Radio 4

SUNDAY 07 AUGUST 2022

SUN 00:00 Midnight News (m0019ytk)

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Living with the Gods (b09dyxxw)

The Making of Meaning

Neil MacGregor continues his series about the expression of shared beliefs with a focus on how we come to comprehend sacred images.

Our understanding of the rock art created by the San people of southern Africa over many centuries is helped by written accounts, so that what first appears to be an image of a hunting expedition becomes a record of a spiritual journey into another realm of experience. "For many years it was a matter of gaze and guess," says David Lewis Williams, an authority on rock art: "You gaze at it, and if you gaze long enough, your guess will take you close to what it's all about - and I'm afraid that's not the case, but we don't have to gaze and guess any more."

In the British Museum, a small 19th century Japanese shrine shows the spirits coming to visit a long-settled agricultural society. The curved doors of a small wooden box open to reveal, inside, a shimmering world of carved gilded wood, and a scene to which Japanese viewers would bring different interpretations.

Producer Paul Kobrak

Produced in partnership with the British Museum
Photograph (c) The Trustees of the British Museum.

SUN 00:30 Commonwealth Stories (m0019rrs)

Agamemnon's Earthen Ships

To celebrate the tenth anniversary of the Commonwealth Short Story Prize, and mark this year's Commonwealth Games celebrations, three recent prizewinners have written specially commissioned stories for Radio 4.

Today's story is by the 2018 prizewinning writer Constantia Soteriou from Cyprus, translated by Lina Protopapa. Agamemnon's Earthen Ships tells the story of a character from ancient Greek mythology who refused to bow to the demands of a warlike king, and has unsettling resonances with the violent political upheavals of today's Europe.

Constantia Soteriou was born in Nicosia. Her first novel Aishe Goes on Vacation (Patakis, 2015) received the Athens Prize for Literature. Her second book Voices Made of Soil (Patakis, 2017) was included in the short list for the Cyprus Literature Awards. She has written plays for independent stages and the Cyprus Theatre Organization.

Reader Mia Soteriou is an actor and musician who played Arina in the film Mamma Mia! and Mirri Mas Duur in Game of Thrones. She has also appeared regularly on television and radio.

The Commonwealth Short Story Prize attracts between 6,000 – 7,000 entries every year from nearly all the 54 Commonwealth countries, and taps into a rich, rewarding vein of storytelling from around the world. Five regional prizes are awarded, from which one writer is chosen as the overall winner.

Producer: Sara Davies
Sound Design: Lucinda Mason Brown
A Pier production for BBC Radio 4

SUN 00:48 Shipping Forecast (m0019yts)

The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m0019ytv)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SUN 05:20 Shipping Forecast (m0019yts)

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SUN 05:30 News Briefing (m0019ytz)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m0019yv1)

St Stephen's Church in Bristol

Bells on Sunday comes from St Stephen's Church in Bristol. It is recorded that by 1693, there were six bells in the church but by 1759, these had been replaced with a ring of eight bells by Abraham Rudhall of Gloucester. In 1970, they were augmented to a ring of twelve by John Taylor of Loughborough with a tenor nineteen and a quarter hundredweight in the note of E. We hear them ringing Stedman Cinques.

SUN 05:45 Witness (b05q58x)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m0019yv5)

The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b00sn70d)

Longing for the Sea

Mark Tully discusses our longing for the sea with Gwyneth Lewis, who was the inaugural National Poet of Wales and spent a year on a disastrous round the world voyage.

Despite the danger and the loneliness, she still longs for the sea, and reads a new poem "Sea Virus". Lewis is a committed Christian, and she talks about how the experience of being alone on a vast ocean has strengthened her spiritual belief.

Other poets in the programme include the contemporary Welsh poet Menna Elfyn, who speaks of the sea opening her eyes; and the Anglo-Saxon seafarer from before the Tenth Century.

The music includes Britten's Sea Interlude: Dawn, Charles Trenet's evocative song of the 40s "La Mer", and a Bach cantata in which he evokes a storm.

Producer: Elizabeth Burke

A Loftus production for BBC Radio 4

SUN 06:35 On Your Farm (m0019yv8)

In Search of a Forever Farm

James and Isobel Wright are in search of a new farm tenancy. They've applied for numerous places, but so far haven't been successful - and with a toddler and a second baby on the way, they want a degree of long term security. They've written to land agents, they've sent 6,000 flyers out locally - but haven't found anything they feel would work for them. Charlotte Smith visits the couple on their current farm in Sussex to hear their story, and find out about the challenges tenant farmers across the country are facing.

Presented by Charlotte Smith

Produced for BBC Audio in Bristol by Heather Simons

SUN 06:57 Weather (m0019yvb)

The latest weather reports and forecast

SUN 07:00 News and Papers (m0019yvd)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m0019yvg)

Beyoncé and Faith, Gordon Brown and Pastor Mick; Lambeth Conference

The former Prime Minister Gordon Brown is calling for an emergency budget to support the poorest through the autumn and winter, as the cost of living rises. He's commissioned a report, co-signed by more than 60 faith groups and charities, which says there is a "growing gap between need and current provision" for the lowest income families. Edward Stourton is joined by Gordon Brown and Pastor Mick Fleming who runs 'Church on the Street', an anti-poverty charity in Burnley.

The Lambeth Conference draws to a close with the dominant issue of the week being the Anglican Church's stance on homosexuality. Two bishops with very different perspectives reflect on this and on the wider purpose of the global Anglican Communion.

The singer Beyoncé's new album 'Renaissance' has gone straight to the top of the charts. Her music has often incorporated religious themes and imagery, which has made her both an empowering and controversial figure. Two fans talk about what Beyoncé means to them as black Christian women.

Producers:

Dan Tierney and Jill Collins

Editor:

Helen Grady.

SUN 07:54 Radio 4 Appeal (m0019yvj)

Starfish Greathearts Foundation

South African TV Chef and author Zola Nene makes the Radio 4 Appeal on behalf of the charity Starfish Greathearts Foundation.

To Give:

- UK Freephone 0800 404 8144

- You can donate online at bbc.co.uk/appeal/radio4

- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope).

Mark the back of the envelope 'Starfish Greathearts Foundation'.

- Cheques should be made payable to 'Starfish Greathearts Foundation'.

Please note that Freephone and online donations for this charity close at 23.59 on the Saturday after the Appeal is first broadcast. However the Freepost option can be used at any time.

Registered charity number: 1093862

Zola Nene photo © Penguin Books SA

SUN 07:57 Weather (m0019yvl)

The latest weather reports and forecast

SUN 08:00 News and Papers (m0019yvn)

The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m0019yvk)

God's Church for God's World

Bishops gather in Canterbury from all over the Anglican Communion for the Lambeth Conference, to talk, pray and share together. They listen to God, listen to one another, rejoice in what God is doing and lament the brokenness of the world. This year they are considering what it means to be God's Church for God's World. Over two weeks they explore a number of topics: - what it means to inhabit the world with an open heart for hospitality in ways that promote unity and love - through evangelism and reconciliation, what it means to be Anglicans, how to build a safer church, questions around the environment and sustainable development, Christian unity, and discipleship.

At the worshipping heart of the conference is a service in Canterbury Cathedral, led by the Archbishop of Canterbury, the Most Rev Justin Welby. The preacher is the Rt Rev Dr Vicentia Kgabe, Bishop of Lesotho. The Choir of Canterbury Cathedral, directed by David Newsholme, are joined by the Zinafe Choir and the Lambeth Conference Music Group, led by the Rev Pete Gunstone.

Producer: Andrew Earis

SUN 08:48 A Point of View (m0019rsf)

No Final Frontier

Sara Wheeler has just been appointed the authorised biographer of the travel writer, Jan Morris. But she faces a dilemma. She's concerned that she is 'effectively appropriating the story of a woman who appropriated hundreds of other stories'.

How, she wonders, can she navigate this tricky territory.

Producer: Adele Armstrong

Sound: Peter Bosher

Production coordinator: Iona Hammond

Editor: Richard Fenton-Smith

SUN 08:58 Tweet of the Day (b04t0v13)

Ostrich

Michael Palin presents the avian record breaking ostrich in the Kalahari Desert. Ostriches are ornithological record-breakers. The black and white adult male ostrich is taller and heavier than any other living bird, reaching almost 3 metres in height and weighing a whopping 150 kilograms. Females are smaller but lay the largest eggs of any bird. The ostrich's eye measures 5cm in diameter and is the largest of any land vertebrate.

Ostriches live in the wide open landscapes of central, eastern and South-West Africa. As well as being tall and observant, Ostriches also minimise their chances of being preyed on, by living in groups and sharing lookout duties, or staying close to sharp-eyed antelope and zebra herds. They can also use their powerful legs to try and outrun a predator, reaching speeds of up to 70 kilometres per hour which makes them the fastest avian runner.

SUN 09:00 Broadcasting House (m0019yvs)

The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m0019yvv)

Writer, Liz John

Director, Julie Beckett

Editor, Jeremy Howe

Helen Archer Louiza Patikas
 Natasha Archer Mali Harries
 Pat Archer Patricia Gallimore
 Tom Archer William Troughton
 Tony Archer David Troughton
 Lilian Bellamy Sunny Ormonde
 Alice Carter Hollie Chapman
 Susan Carter Charlotte Martin
 Justin Elliott Simon Williams
 Shula Hebden Lloyd Judy Bennett
 Tracy Horrobin Susie Riddell
 Alistair Lloyd Michael Lumsden
 Adil Shah Ronny Jhutti
 Lynda Snell Carole Boyd
 Oliver Sterling Michael Cochrane
 Caitlin Thomas Di Botcher
 Roy Tucker Ian Pepperell
 Peggy Woolley June Spencer
 Denise Clare Perkins

SUN 11:15 Desert Island Discs (m0019yvx)

John Legend, musician

The American singer and songwriter John Legend has won two Emmys, 12 Grammys, an Oscar and a Tony award – making him one of only 16 living artists to have won all four honours. One of his songs, All of Me, written for his wife, the model Chrissy Teigen, has been streamed more than four billion times on digital platforms.

He was born John Stephens in Springfield, Ohio into a musical family. His father played drums in church, where his mother conducted the choir. John took piano lessons from an early age and soon became involved in arranging music for the church.

He attended university at the age of 16 and after graduating worked as a management consultant for four years, while pursuing his interest in music out of office hours. He signed his first record deal after working with Kanye West early in his career, and took on the stage name John Legend, releasing his first solo album in 2004.

Alongside his musical career, he has acted on TV and film, including a role in the highly successful La La Land. He has performed at three Presidential inauguration ceremonies – for President Obama in 2009 and 2013, and for President Biden in 2021.

John lives in the USA with his wife and their two children.

DISC ONE: Here Comes the Sun by Nina Simone
 DISC TWO: They Reminisce Over You (T.R.O.Y.) by Pete Rock & CL Smooth
 DISC THREE: Day Dreaming by Aretha Franklin
 DISC FOUR: Roc Boys (And the Winner is...) by Jay-Z
 DISC FIVE: As by Stevie Wonder
 DISC SIX: Love on Top by Beyoncé
 DISC SEVEN: L-O-V-E by Nat King Cole
 DISC EIGHT: Superfly by Curtis Mayfield

BOOK CHOICE: The Dawn of Everything: A New History of Humanity by David Graeber & David Wengrow
 LUXURY ITEM: A piano
 CASTAWAY'S FAVOURITE: Here Comes the Sun by Nina Simone

Presenter Lauren Laverne

Producer Sarah Taylor

SUN 12:00 News Summary (m0019z1y)

The latest national and international news from BBC Radio 4.

SUN 12:04 I'm Sorry I Haven't A Clue (m0019r0v)

Series 77

Episode 4

The antidote to panel games pays a return visit to the Forum Theatre in Malvern. Marcus Brigstocke and Rachel Parris take on Rory Bremner and Graeme Garden with Jack Dee in the chair. Colin Sell attempts piano accompaniment. Producer - Jon Naismith. It is a BBC Studios production.

SUN 12:32 The Food Programme (m0019yw1)

Reformulation – a fix for the obesity crisis?

In the UK poor diet is a worrying public health issue, and we rank one of the worst in Europe for levels of obesity, particularly among children. Reformulating the most unhealthy foods to reduce sugar, salt and fat is the food industry's main strategy to turn things around, and this is echoed by the government. Reformulation has been going on for decades, and there has been some real progress recently, for example reducing sugar in soft drinks and some breakfast cereals. However, overall there is much work still to be done and government sugar reduction targets are way-off being met according to recent figures.

The focus on reformulation has always been on reducing the level of 'bad' nutrients in food. Now the concept of 'ultra-processed' food is calling that strategy into question. It defines food on the level of processing rather than on nutrients – if a product includes ingredients you wouldn't find in your kitchen and was made in a factory, then it's probably ultra-processed. UPF food makes up half of the average diet in the UK, and there is growing evidence to show that it's very likely driving the rise in diet-related diseases, and the global obesity epidemic.

So when it comes to nutrients, what are the technical challenges for reformulating our food, and how far can this approach go in improving the quality of ultra-processed food? And if the problem really lies with processing rather than nutrients, do we need a different approach entirely?

Presented by Sheila Dillon and produced by Sophie Anton for BBC Audio in Bristol.

SUN 12:57 Weather (m0019yw3)

The latest weather forecast

SUN 13:00 The World This Weekend (m0019yw5)

Radio 4's look at the week's big stories from both home and around the world

SUN 13:30 Black Roots (m0017tqx)

Episode Two – Arnold Shultz, the banjo and bluegrass music in Kentucky.

String bands, hoedowns, square dances, old-time fiddle and banjo styles, these sounds were a dominant strand in African American roots music from the 17th century onwards. Despite this, many people think that such music comes solely from dungaree-wearing, white rural folk. Country might appear to be the whitest of all music genres, but it has some surprising roots.

How have these black roots been whitewashed from the history of American folk and country music? How have folk and country been positioned as white genres? What does black Americana sound like today?

In this episode, acclaimed musician Rhiannon Giddens explores bluegrass music in Kentucky, the history of the banjo and the story of Arnold Shultz.

For many listeners of bluegrass, the story of this music begins in December 1945, when 'Father of Bluegrass' Bill Monroe brought his band on stage at the Grand Ole Opry. Yet, Bill Monroe always acknowledged the black fiddler and guitarist Arnold Shultz as one of his major influences. Rhiannon explores how African American musicians like Shultz were often mentors to white country stars of the time.

Featuring Joshua Bronnenberg, Dr Richard S. Brown, Dr. Erika Brady, Dom Flemons, Dr Andrew Rhinehart and Tray Wellington.

Presented by Rhiannon Giddens

Produced by Tom Woolfenden

A Loftus Media production for BBC Radio 4

SUN 14:00 Gardeners' Question Time (m0019rrq)

Eastbourne

Peter Gibbs and the panel are in Eastbourne for this week's horticultural programme. Matthew Pottage, Christine Walkden and Ashley Edwards answer the questions.

On his way, Peter stops by the chalky cliffs of Beachy Head. He speaks with Tim Squire, Ranger for the Eastern Downs of the National Park, who tells him all about the unique chalk grassland of the area.

In Eastbourne, the panellists suggest some low-growing plants for a windy, coastal terrace, as well as what we can plant now that the weather is warmer than ever before. They also discuss how to water the garden in drought conditions.

Away from the questions Matthew heads over to Sienna Hosta nursery to speak with Chris Potts, who explains how they keep their hostas slug and snail free.

Producer: Dominic Tyerman
Assistant Producer: Aniya Das

A Somethin' Else production for BBC Radio 4

SUN 14:45 The Five Faces of Leonardo (m0004lfq)

Leonardo's Heart

Papworth heart surgeon Francis Wells examines the genius of Leonardo Da Vinci as an anatomist.

His interest in the Renaissance artist and polymath has not only impacted on his work as a surgeon but also inspired him to write a book, *The Heart of Leonardo*, with the support of the Royal Collection.

Windsor Castle houses 64 pages of anatomical drawings and writings in its print room - a selection of which have been on loan for temporary exhibitions to 12 art galleries in the UK, culminating in a major exhibition at the Queens Gallery in London in May 2019. Art historian Martin Clayton, who is head of prints and drawings for the Royal Collection, has been curating the exhibitions.

Producer: Sara Parker
Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

SUN 15:00 Drama (m0019yw7)

Brick Lane

Part One of a new adaptation of Monica Ali's bestselling novel, dramatised by Tanika Gupta.

When a teenage Nazneen arrives in London, the hectic streets and cramped high-rises of the East End are a world away from her life in Bangladesh. As her sister's situation back in Dhaka worsens, and with a baby on the way, life only gets more complicated. Can Nazneen really leave things up to fate this time?

CAST

Nazneen Anneika Rose
Chanu Zubin Varla
Razia Chetna Pandya
Hasina Hiftu Quasem
Mrs Islam Nina Wadia
Dr Azad Neil D'Souza

Dramatized by Tanika Gupta

Directed by Anne Isger

Sound by Caleb Knightley, Ali Craig and Pete Ringrose

Production Co-ordination by Luke MacGregor

Production Assistance by Hannah O'Reilly

A BBC Audio Production

Tanika Gupta

Tanika Gupta MBE FRSL is a prolific radio, stage and film writer, having written over 25 stage plays that have been produced in major theatres across the UK, over 30 radio plays and numerous television dramas. In the past year, her stage play *The Empress* was added to the GCSE curriculum, alongside her adaptation of Ibsen's *A Doll's House*.

Brick Lane

Monica Ali's debut novel *Brick Lane* was shortlisted for the Man Booker Prize in 2003. In the same year Ali was named as one of Granta's 'Best of Young British Novelists'.

SUN 16:00 Bookclub (m0019yw9)

Kevin Barry

For the first time since the beginning of the pandemic, James Naughtie is joined by an in-person audience who are putting their questions to Kevin Barry, about his novel *Night Boat To Tangier*. It's a darkly comic, melancholy novel about two

gangsters, Maurice and Charlie, waiting in the port of Algeciras, hoping to spot Maurice's runaway daughter. And as they wait, they reminisce and swap stories.

Our next Bookclub is recording at Greenside Parish Church in Edinburgh on Thursday 25th August at 7pm. Our guest is Kathleen Jamie, Scotland's Makar, talking about her Selected Poems and her writing life. For more details, and to book a place, email bookclub@bbc.co.uk

SUN 16:30 Tongue and Talk: The Dialect Poets (m0019ywc)

Cornwall

In the final episode of the current series, Cornish born and bred actor Stacey Guthrie explores dialect and dialect poetry across Cornwall.

Stacey meets various poets from different parts of Cornwall and hears how the dialect differs between east and west and whether you're near the coast or inland.

During the programme we find out how Cornwall's links with the sea, fishing and other industries like tin mining, have influenced the way people speak. We also hear how the Cornish language has seeped into English language dialect in the duchy.

Stacey meets various bards and poets along the way, including Pol Hodges, Will Coleman, Bert Biscoe, Mick Paynter, Meg Chapman and Moe Keast.

A Made in Manchester production for BBC Radio 4.

SUN 17:00 The Cost of Economic War (m00181ln)

As the fight on NATO's border has intensified, the West's response has been to make war with Russia - economic war. Sanctions, not bombs, have been the weapon chosen to take on the Putin regime and Western leaders have devised ever more elaborate tortures for the Rouble.

In light of diminishing appetite for war and financial inducements over the past century, trade and financial sanctions have increasingly become the preferred tool of statecraft employed by countries around the world. But how effective are they?

Author and columnist for *The Economist*, Duncan Weldon, explores the strengths and weaknesses of economic sanctions. Looking at historical uses over the past 100 years, Duncan examines to what extent and in what scenarios they achieve foreign policy aims. He also reflects on the unintended consequences and the impact on economies. And he considers what the sanctions against Russia, in response to the invasion of Ukraine, mean for the global economy and the future geopolitical landscape.

With Daniel Dresner, Professor of international politics at the Fletcher school of law and diplomacy at Tufts University; Dr Erica Moret, Senior Researcher at the Centre for Global Governance and Humanitarian Studies at the Graduate Institute, Geneva; Nathanael Tilahun, a lawyer and Professor of International Law at University of Coventry specialising in sanctions, security and financial crime; Macroeconomist Rachel Ziemba, founder of Ziemba Insights and adjunct senior fellow at The Center for A New American Security in Washington; and Taban Osman, a Kurdish Iraqi, actor and singer from Sulemani in northern Iraq.

Presenter: Duncan Weldon

Producer: Jac Phillimore

Sound Design and Mix: Rob Speight

Executive Producer: Katherine Godfrey

A Novel production for BBC Radio 4

SUN 17:40 Witness (b05q5l8x)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m0019ywf)

The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m0019ywh)

The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m0019ywk)

Those backing Liz Truss say she hasn't ruled out financial help for those struggling

SUN 18:15 Pick of the Week (m0019ywm)

Guvna B

Rapper, author and broadcaster Guvna B chooses highlights from the past week on BBC radio and BBC Sounds.

SUN 19:00 The Archers (m0019ywp)

Lynda eventually finds a role for Adil at the fete that he can't say no to – palm reading. It's much needed with this year's fortune teller pulling out. Lillian arrives and Lynda ropes her in so that Adil can demonstrate his skills. Lillian can't help but snigger when Adil refers to her prominent Mount of Venus while reading her palm. She then feels sorry for Adil for having his arm twisted by Lynda. Adil really doesn't want to lose any credibility in the village so Lillian offers to brief him on those who visit the fortune teller tent's regulars.

A grumpy Tracy drags the cricket team out for practice. Natasha chats to Pat and Tony during a break – she's taking Seren for a stroll while Caitlin looks after Nova at home. She then asks if they can keep an eye on Seren while she makes a work call. The person employed to help cover Natasha's maternity leave isn't shaping up as hoped. Natasha's surprised to learn that all is well with Summer Orchard and that her mum had helped out without taking over. Tony assures Natasha that Caitlin can stay as long as she likes at Bridge Farm. Meanwhile Tracy pulls up Tony for gossiping when he should be training. Tony can't understand what's got into her recently.

SUN 19:15 Alexei Sayle's Strangers on a Train (m0019xb0)
Series 1

London to Holyhead

Author, actor and comedy icon, Alexei Sayle continues his travels across the country by rail.

Alexei's mission is to break the golden rule of travelling by train and actually talk to his fellow passengers in a quest for conversations that reveal their lives, hopes, dreams and destinations. There's humour, sadness and surprise as people talk about what is going on in their lives and, as Alexei passes through familiar towns and cities, he also tells stories and memories from his career and childhood.

Alexei has a lifelong "ticket to ride" in his DNA. His father was a railway guard and the Sayle family benefitted from free travel in the UK and across Europe. As a boy, Alexei and his family roamed far and wide from the family home in Anfield, Liverpool. At a time when most people thought an exciting trip by train was to Brighton or Blackpool, Alexei travelled thousands of miles to mysterious towns with unpronounceable names in far flung corners of the continent.

In each programme in the series, Alexei embarks on a rail journey, taking a chance on who he might meet and inviting them to have a conversation with him. In this episode, he travels from London to Holyhead and meets Alex who is an actor and musician on his way to perform in a musical in Llandudno, Elaine who has been to London to visit her two very eccentric aunts, Jessica, an organisational psychologist whose work involves helping people discover what they really want to do in life, and Stephany who has just celebrated her 20 year service award as a customer service assistant on the railway and tells Alexei of her meeting with two of her most famous customers - Prince William and Kate Middleton.

Producers Peter Lowe and Nick Symons
A Ride production for Radio 4

SUN 19:45 Three Fires (m0019ywr)
Episode 4: Girolamo Defiant

This five-part serial from award-winning crime writer Denise Mina takes a dark, contemporary look at Renaissance-era Florence. In a corrupt city riven by factionalism, wealth inequality and suffering from a rampant outbreak of plague, the pressure is building.

Following violent clashes between Savonarola's puritanical followers and the crooked rulers of Florence, a drastic solution is proposed in the interests of peace.

Written by Denise Mina
Read by Kieran Hodgson
Producer: Eilidh McCreadie

SUN 20:00 Feedback (m0019rrx)

Can you believe BBC weather forecasters when they link extreme temperatures with climate change?

BBC Meteorologist Tomasz Schafernaker discusses reporting of the recent heatwave and the linking of it to climate change, as well as answering comments from a listener comparing it to the summer of '76.

The BBC Scotland Editor James Cook explains how he manages to remain impartial, as the independence issue heats up again north of the border.

And Jeffrey Boakye tells us whether he has added to his own playlist as a result of co-presenting that eclectic show, Add To

Playlist, with Cerys Matthews.

Presenter: Roger Bolton
Producer: Kate Dixon
Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

SUN 20:30 Last Word (m0019rrv)

Bernard Cribbins OBE (pictured), Diana Kennedy MBE, Sir Colin Blakemore, Nichelle Nichols

Matthew Bannister on

Bernard Cribbins OBE, the much-loved actor known for appearances in *The Railway Children* and *Doctor Who* as well as reading countless stories on *Jackanory*.

Diana Kennedy MBE, the British-born food writer who dedicated her life to promoting the diversity of Mexican cuisine.

Sir Colin Blakemore, the neuroscientist who received death threats after speaking out in defence of experiments on animals.

Nichelle Nichols, the trailblazing African American actor who played Lieutenant Uhura in *Star Trek*.

Producer: Sofie Vilcins

Interviewed guest: Jenny Agutter
Interviewed guest: Helen Lederer
Interviewed guest: Gabriela Cámara
Interviewed guest: Fiona Fox

Archive clips used: EMI Films, *The Railway Children* 1970; BBC One, *Fawlty Towers - The Hotel Inspectors* 10/10/1975; BBC, *CBeebies - Storm in a Teacup* 05/04/2015; *Filmfair, The Wombles - One Pair of Feet* 23/02/1973; BBC Radio 4, *The Food Programme* 30/06/2014; *Greenwich Entertainment/Submarine Deluxe, Diana Kennedy - Nothing Fancy* 2020; BBC Two, *The Mind Machine* 13/09/1988; BBC Radio 4, *Today* 08/11/2011; BBC Radio 4, *The Life Scientific - Sir Colin Blakemore* 08/11/2011; *Desilu Productions/Norway Corporation, Star Trek S02E02 Who Mourns For Adonais* 27/04/1970; BBC Radio 4, *Archive on 4 - Star Trek, The Undiscovered Future* 03/09/2016; BBC Radio 1, *Nicky Campbell - Nichelle Nichols interview* 31/01/1995; *NASA, Recruitment Film 1977; Yap Films, Building Star Trek (TV Movie)* 2016.

SUN 21:00 Surviving the Cost of Living (m0019ysq)
[Repeat of broadcast at 12:04 on Saturday]**SUN 21:25 Radio 4 Appeal (m0019yv)**
[Repeat of broadcast at 07:54 today]**SUN 21:30 Princess (p0cj3qch)**
Kit De Waal on Sarah Forbes Bonetta

Author Kit De Waal and TV presenter and journalist Zeinab Badawi explore the extraordinary story of Sarah Forbes Bonetta. The 6 year old West African girl, orphaned by King Dahomey and taken to his court, where a British Naval Captain bargained to take her back to England. There she was presented as a gift to Queen Victoria and entered high society, where she was called "the African princess".

Produced by Audio Always
Producer: Ailsa Rochester
Editor: Jo Meek
Sound: Tom Rowbotham

SUN 22:00 Westminster Hour (m0019ywt)

Carolyn Quinn and guests discuss the latest warnings about a cost of living crisis, and the different responses of the two candidates in the Conservative leadership race. On her panel: Tory MP and Liz Truss supporter, Chris Loder; Labour's Darren Jones - who chairs the Business and Energy Select Committee; and former senior civil servant Caroline Slocock. The political editor of the *Financial Times*, George Parker, brings additional insight and analysis.

SUN 23:00 Loose Ends (m0019ytd)
[Repeat of broadcast at 18:15 on Saturday]**SUN 23:30 Something Understood (b00sn70d)**
[Repeat of broadcast at 06:05 today]

MONDAY 08 AUGUST 2022

MON 00:00 Midnight News (m0019ywx)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Sideways (m0019r3z)
28. Exiting the Bunker

A pigeon sparks a spy hunt. The clock is ticking and the bunker is calling.

In this final episode of our four part nuclear series, Matthew Syed examines the current nuclear landscape. In this complex, multiplayer context how do we create a safer world?

We begin in Kashmir, the disputed territory between India and Pakistan, where mutual suspicion has led to nuclear expansion and a delicate balance of power. With our sights understandably on the Ukraine crisis, Matthew argues that while our current nuclear ecosystem persists, there could be other flashpoints that we're not paying enough attention to.

Matthew enters the worrying world of nuclear modelling and hears about research that suggests the threshold for catastrophic nuclear damage is lower than we might think. And we're taken down into the bunker to understand why some people believe safety really lies in their own hands.

But is bunkering down the solution? And is planning for the worst actually a hopeful act - you are planning for there to be a world to re-join in the end?

As our series ends, Matthew asks whether we can reconcile different ideas about how to contain nuclear weapons, wake up and regain agency, to chart a path to a safer future.

Guest list:
SJ Beard, Academic Programme Manager at the Cambridge Centre for Existential Risk
Dr Annie Waqar, Academic Consultant, UK & South Asia and nuclear arms control researcher
Bradley Garrett, author of *Bunker: Building for the End Times* and Assistant Professor of Geography at University College Dublin
Professor Brian Toon, University of Colorado.
Paul Ingram, Academic Programme Manager at the Cambridge Centre for Existential Risk
Beatrice Fihn, Executive Director of the International Campaign to Abolish Nuclear Weapons
Sir Lawrence Freedman, Emeritus professor of War Studies at King's College London and nuclear strategy expert.

Presenter: Matthew Syed
Producer: Pippa Smith
Researcher: Nadia Mehdi
Series editor: Katherine Godfrey
Sound design and mix: Rob Speight
Theme tune by Ioana Selaru
A Novel production for BBC Radio 4.

MON 00:45 Bells on Sunday (m0019yv1)
[Repeat of broadcast at 05:43 on Sunday]**MON 00:48 Shipping Forecast (m0019yww)**
The latest weather reports and forecasts for UK shipping.**MON 01:00 Selection of BBC World Service Programmes (m0019yx1)**
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.**MON 05:20 Shipping Forecast (m0019yx3)**
The latest weather reports and forecasts for UK shipping.**MON 05:30 News Briefing (m0019yx5)**
The latest news from BBC Radio 4**MON 05:43 Prayer for the Day (m0019yx7)**
A spiritual comment and prayer to begin the day with the Rev Carolyn Skinner.

Good morning.

For far too long the disabled community and disability sport has been largely ignored. But as the eyes of the world are on the inclusive Commonwealth Games it is another reminder of the power of sport to address critical issues in the world today. Whilst I am serving at the Games I will be actively engaged with that which might otherwise be overlooked, not least the paralympic sports that demonstrates the power of inclusivity.

Research has shown that Paralympic athletes are key to challenging perceptions of disability. They have become heroes,

inspirational role models, and opened our eyes to issues which need to be addressed.

I vividly recall an evening at the chaplaincy centre at the Paralympic Games in London 2012 where the room was made up of a whole mixture of nationalities, varying levels of disability, elite athletes and volunteers, all with a passionate faith. We didn't have a translator, but as we did our best to pray and worship together it was something truly beautiful. It was a place of acceptance, equality and unity, and felt like a little taste of heaven.

The Bible gives many examples of God's heart for the marginalised in society. He sees the vast potential within all of us. He gives value, worth and dignity to every human being, because we are made in his image and his kingdom is one of diversity and inclusivity.

Mighty God, I thank you for the acceptance, equality and unity that we find in you. Thank you for those in society who advocate for and give voice to the marginalised. I pray that mindsets will continue to shift and that we will take greater strides towards inclusivity.

Amen

MON 05:45 Farming Today (m0019yx9)

With areas of the UK struggling with drought, we speak to a farm business which has invested hundreds of thousands of pounds building reservoirs to store winter rain ready for summer.

One sure way to avoid much of the weather's impact is to grow inside - not just in greenhouses but in vertical farms which look more like warehouses. The Jones Food Company, which specialises in growing this way, has just opened a new research centre in Bristol to trial growing more veg and fruit inside.

Harvest 2022 is already around two weeks ahead of previous summers, as the dry weather allows farmers to get out in the fields earlier. We speak to an analyst from the Agriculture and Horticulture Development Board about the opportunities and challenges of the heat.

Presented by Charlotte Smith.

MON 05:56 Weather (m0019yxc)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b04mlphq)

Southern Cassowary

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Chris Packham presents the roaring southern cassowary of Australia's Queensland. The territorial roaring calls of the world's second heaviest bird, the cassowary are odd enough, but it still won't prepare you for your first sighting of these extraordinary birds. Reaching a height of over 1.5 metres, they have thick legs armed with ferocious claws, blue – skinned faces and scarlet dangling neck-wattles. These are striking enough but it is the large horn, or casque, looking like a blunt shark's fin on the bird's head that really stands out. It's earned this giant its common name - cassowary comes from the Papuan for "horned head". Such a primitive looking creature seems out of place in the modern world and although the southern cassowary occurs widely in New Guinea, it's still hunted for food there. Cassowaries can kill dogs and injure people with their stout claws, but the bird usually comes off worst in confrontations.

MON 06:00 Today (m0019yxf)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Inheritors of Partition (m0019yxh)

Five years after the award-winning Radio 4 series Partition Voices, Kavita Puri explores the 75th anniversary of the division of the Indian subcontinent through three stories from the third generation in Britain.

In homes across the UK, partition is not history but a live issue for its young descendants. It's a quiet awakening just as there is a noisy national conversation around how colonial history is told. This documentary tells contemporary tales of love, longing and discovery. A man goes to the Pakistani village where his Hindu grandfather was saved by Muslims and makes a surprising connection; a woman who has always thought of herself as British Pakistani does a DNA test; and a young couple with roots on different sides of the line dividing India and Pakistan plan their wedding.

Over the course of a year, Kavita Puri follows their stories as

they piece together parts of their complex family histories and try to understand the legacy of partition and what it means to them today, and to their place in Britain.

Producer: Ant Adeane
Editor: Hugh Levinson
Sound: Neil Churchill
Production Coordinator: Janet Staples

The theme composition is based on a piece of music originating in pre-partition Punjab. It has been reinterpreted and arranged in collaboration between Manbir Singh, a classical singer and musician of Punjabi heritage, and Enayet, an electronic music producer and artist of Bengali heritage.

MON 09:45 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019yz0)

Episode 1

A new biography by Matthew Dennison of the creator of many much-loved literary characters.

The familiar image of Roald Dahl is that of an old man, a tall, stooping figure usually dressed in a long cardigan, a rug over his knees in his writing hut. But one of our greatest storytellers was, as a young man, a dashing, very tall, handsome chap who women were very much drawn to.

He was brought up by his feisty Norwegian mother, and her love of the country myths and folk tales of the North influenced his writing. A flying accident which nearly killed him ended his war career, which was followed by time in Washington, where he began his writing career with short stories. There he met the beautiful actress Patricia Neale and began a family. Tragedy struck when his elder daughter died from measles, his baby son was nearly killed in a road accident in New York, and his wife suffered a near fatal stroke from which he almost single-handedly forced her back into good health. For all his life he remained unafraid to court controversy, or to make his views known forcefully.

The reader is Owen Teale, an award-winning stage actor who has appeared in plays such as Under Milk Wood, Macbeth and A Doll's House for which he received a Tony Award for Best Featured Actor in a Play. He is also well known as a screen actor including, on television, roles in Line of Duty, A Discovery of Witches, Spooks, Doctor Who and Game of Thrones. On the big screen, his appearances include Save The Cinema, Dreamhorse, Tolkien and The Last Legion.

Abridged by Libby Spurrier
Directed by Celia de Wolff
Sound Design by Lucinda Mason Brown

A Pier production for BBC Radio 4

MON 10:00 Woman's Hour (m0019yxm)

Child strip searches, Dr Sam Roberts of NICE

In 2020, a black 15-year-old schoolgirl, known as Child Q, was strip-searched by police while on her period after being wrongly suspected of carrying cannabis. A safeguarding report on the incident concluded it was unjustified and racism was "likely" to have been a factor. New data published by the Children's Commissioner has found what she calls a "concerning" number of children have been strip-searched by the Metropolitan Police without an appropriate adult present. BBC reporter Celestina Olulode joins Jessica to talk us through this data and we also hear from Jacqueline Courtenay, a mother from North London who organised a rally about this issue.

It's the end of an era - the actor playing Peggy in The Archers is hanging up her mic at the age of 103. June Spencer has played the matriarch since 1951. Her last appearance was on Sunday's omnibus edition. Camilla, the Duchess of Cornwall was a big fan of Peggy's, calling her, "a true national treasure who has been part of my life, and millions of others, for as long as I can remember". Felicity Finch who plays Ruth Archer, has known June for a long time and tells Jessica how the rest of the cast has reacted to the news.

Following the launch of the Women's Health Strategy we speak to the new chief executive of NICE - the National Institute for Health and Care Excellence. The agency makes recommendations to the NHS in England and Wales on medicines, treatments and procedures. Dr Sam Roberts took up the post in February 2022. Before joining NICE, she was Managing Director of Health and Care at Legal and General but began her career in clinical practice and spent some time working as a junior doctor in a London hospital.

How does it feel to reach the age your Mum was when she died? Our reporter Jo Morris talked to three women whose stories are different but who all feel that the age their Mum passed away has shaped their lives. First, Rachel lives in Devon with her family. Even people who know her really well, don't know about a feeling she's been keeping secret.

The Commonwealth Games ends today and what a couple of weeks it's been. England have come second, after Australia, in the medals table with Scotland 6th, Wales 8th and Northern Ireland 10th. Across all sports there have been a lot of success for the home nations women. Jessica is joined by Jeanette Kwakye, former Olympic athlete and BBC broadcaster.

MON 11:00 My Name Is... (m0019yxp)

My Name Is Claire

Claire Randall is registered blind and is part of the 73% of visually impaired people of working age that are unemployed.

She has been applying for the right jobs for years, but despite loads of experience and qualifications the rejection letters keep coming. She recently got as far as having assessments and getting jobs offered, but they were withdrawn due to the companies not being able, or willing to make changes and to get the software she needs in place.

Back in 2017, the Government pledged a 'firm commitment' to getting a million more disabled people in work by 2027. Although disability employment figures have slightly gone up, they have remained stubbornly low for visually impaired people for decades. Claire explains the various Government schemes and legislation that exist but the reality is that Claire is still being left behind, just not considered for roles she is qualified to do.

In this episode of My Name Is... Claire investigates the obstacles that could be preventing her from successfully landing a job. From the Government's 'Access to Work' scheme, designed to provide financial aid for people with disabilities and other health conditions to get into and stay in work and the 'Disability Confident Scheme', which is a badge, employers can earn by committing to employ more disabled people, to examining how employer attitudes toward disability are a contributing factor.

Despite the promises - why are so many visually impaired people still not getting the jobs they are perfectly qualified to do?

Presenter: Claire Randall
Producer: Beth Hemmings
Executive Producer: Richard McIlroy
Sound Engineer: Ross Saunders

MON 11:30 The Frost Tapes (p0c14sr0)

Elton John

David Frost was the 20th century's most prolific interviewer, a master of conversation with a remarkable talent for getting people to open up and spill their souls. Many of his conversations, however, have been lost - until now. Presented by his son, broadcaster Wilfred Frost, The Frost Tapes joins David as he interviews the greatest entertainers of the 20th and 21st centuries.

In this episode - Elton John.

Spanning more than four decades, David Frost's interviews with Elton range from his darkest hours - including the depths of his drug addiction - to the happiest days of his life. Here's the complete story of how a timid kid named Reginald Dwight became a rock 'n' roll legend.

A Paradine and Chalk and Blade production for BBC Radio 4.

MON 12:00 News Summary (m0019yzk)

The latest national and international news from BBC Radio 4.

MON 12:04 You and Yours (m0019yxv)

Bus Regulation, Insurance Fraud and That Zara Dress

Too risky or role model? Greater Manchester's Mayor talks taking back control of bus services from private operators. And why in fashion we want to be the same but different!

MON 12:57 Weather (m0019yxx)

The latest weather forecast

MON 13:00 World at One (m0019yxxz)

Forty-five minutes of news, analysis and comment, with Jonny Dymond.

MON 13:45 Larkin Revisited (m0019yy1)

Born Yesterday

Across ten programmes and ten iconic Phillip Larkin poems, Simon Armitage, the Poet Laureate, finds out what happens when he unpicks Larkin's poems in his centenary year, and lets

the language that entered the culture resonate as he goes about his own life as a poet ('Sent out of sight/ Somewhere becoming rain.', 'It becomes still more difficult to find/ Words at once true and kind/ Or not untrue and not unkind.').

Larkin's poems still feel like contraband: saying the unsayable, facing the reality of time and its passing - whilst offering moments of astonishing beauty and transcendence. Simon has lived with Larkin's work ever since he was told as a teenager that there was a real poet living in Yorkshire. He is fascinated by the way his poems are constructed; the way they often seem to tear things down, often exposing the truth of something difficult, and yet can also be freeing – the opposite of platitudes.

The poems Simon has chosen to explore (including 'Aubade' and 'The Whitsun Weddings') show Larkin's range and achievement; they are poems that face the truth of relationships, of death, as well as poems of place and civic life like 'Bridge for the Living' (an unusual commission for Larkin which celebrates Hull as an 'Isolate city').

In this series Simon takes us to the places Larkin's poems understood intimately – Coventry, and Hull – as he 'roadtests' different poems, to see what survives of them in 2022, especially when we know so much more about the private world of this complex and contradictory poet, than his first readers would have known.

Episode one:

Simon Armitage explores Philip Larkin's poem 'Born Yesterday' - a poem written to celebrate the birth of a baby girl, and which suggests she might be happier if she can be dull.

Producer: Faith Lawrence
Mixed by: Sue Stonestreet

MON 14:00 The Archers (m0019ypw)
[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Trust (m0019yy4)
Series 3 Episode 1

Trust by Jonathan Hall 1/3
Return of the comedy drama series about an inner city academy school. It is September 2021 and the country is emerging from lockdown. So it's pretty hectic for East Salford academy as they try to deal with time lost due to the pandemic, the Trust's level playing fields initiative and a roll out of injections for students. What they do not need is a student who is constantly challenging them.

Yvette.....Julie Hesmondhalgh
Sir Ken/Eugene.....Jonathan Keeble
Tim.....Ashley Margolis
Carol.....Susan Twist
Nicki.....Erin Shanagher
Ryan.....Daniel Luke Jeffrey
Dave.....Lloyd Peters
Students.....Thomas Roberts, Royia Tierney, Iestyn Sofield,
Rheanon Shaw, Lauren Taylor
Director/Producer Gary Brown

MON 15:00 Brain of Britain (m0019yy6)
Heat 2, 2022

Another four contenders join Russell Davies at London's Radio Theatre, to decide who takes another of the places in the semi-finals of the 2022 series.

Sport, the human body, medieval literature, opera, European politics, crime fiction, cinema and chemistry are just some of the subjects on which the contenders can expect to be tested today. As always, they will also face questions from a listener hoping to Beat the Brains, in the interlude in which they pool their knowledge to work as a team.

The contestants in today's heat are:
Dan Afshar from Kingston-on-Thames
Julie Aris from East Sussex
Shelley Nix from London
Linda Preece from Swansea

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

MON 15:30 The Food Programme (m0019yw1)
[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Cover Story (m0019rc4)
A deep dive into a song and its place in the story of two artists.

'A Foggy Day' was written by Gershwin for a 1937 film and has been recorded by some of the greatest singers of our times - but

it's through Judy Garland that Rufus Wainwright got to know the song and decided to create his own version of it.

For Radio 4 Rufus takes the song apart, exploring how it works, and reveals how he approaches his own performance of it.

Contributors include pianist Jacob Mann, and Judy Garland biographer John Fricke, who tells the story of Judy Garland's version, and explores the significance of 'A Foggy Day' in the setlist for her lauded Carnegie Hall concert in 1961 and of the concert as a turning point in her life.

Also featuring Dr Karen McNally, Reader in American Film, Television and Cultural History at London Metropolitan University, and jazz singer, composer and conductor Emma Smith.

Produced by Megan Jones for BBC Audio Wales and West

MON 16:30 Don't Log Off (m0017t86)
Series 13

Keeping Going

In Melbourne, Jaswinder describes the epic road trip he made with his fellow members of Sikh Volunteers Australia, to bring healthy food to the victims of severe flooding more than 1000km from their base.

Karma is a tour guide through the majestic mountains of Bhutan where he leads treks lasting up to 27 days - but health issues are placing Karma's business in jeopardy.

Nearly two years on from the explosion which devastated the city of Beirut, Lebanon is enveloped in an acute economic crisis and Paloma's mum has been telling her to leave.

Using social media, Alan Dein is connecting with people around the world, to hear stories of hope and support, whether in peaceful or unsettled times.

Producer: Conor Garrett

MON 17:00 PM (m0019yy9)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

MON 18:00 Six O'Clock News (m0019yyf)
Downing Street says it wants to widen access to NHS dentists, after BBC reveals shortage

MON 18:30 I'm Sorry I Haven't A Clue (m0019yyh)
Series 77

Episode 5

The godfather of all panel shows pays a visit to the Theatre Royal Nottingham. On the panel are Fred MacAulay, Jon Culshaw, Vicki Pepperdine and Milton Jones with Jack Dee in the umpire's chair. Colin Sell accompanies on the piano. Producer - Jon Naismith. It is a BBC Studios production.

MON 19:00 The Archers (m0019yyk)

Tony's enjoying milking again while he covers for Johnny. He and Pat realise one cow needs Alistair's attention. Tony's not sure if Pat should tell Peggy how Helen feels about the stained-glass window, but Pat is certain that she needs to know what a sensitive issue it is. Later, Pat relays Peggy's surprise at Helen's reaction to the planned window. Peggy has said she'll talk to Helen, but she's still pressing on with the window. Pat tells Tony that Peggy then went on to say nice things about her. Pat felt like Peggy was making her peace with her. They agree Peggy's an extraordinary woman.

Tracy's aware trouble at work is making her grumpy and now Gemma has organised a work social at The Bull, only Tracy's not invited. It gets heated as Jazzer tries to encourage Tracy to stick up for herself. Chelsea walks in and asks what they're arguing about. Tracy quickly changes the subject, but Chelsea isn't fooled. She later berates Jazzer for giving her mum a hard time. When Tracy realises this, she finally tells Chelsea what's really going on. Chelsea feels bad for thinking it was Jazzer who was giving her mum grief. Chelsea offers to go with Tracy to The Bull tomorrow. She's sure once she gets chatting to Gemma socially they can start to work things out. Jazzer agrees it's got to be worth a try.

MON 19:15 Front Row (m0019yym)
Jordan Peele on Nope, trombonist Peter Moore, Where Is Anne Frank film review, Edinburgh Art Festival

Nope is the latest film from Oscar-winning writer-director Jordan Peele, whose breakthrough was the critically acclaimed

2017 horror Get Out. Tom Sutcliffe speaks to Jordan about reinventing genre- from black horror to sci-fi-western- and examining the exploitation of black talent in Hollywood's history.

When the trombonist Peter Moore plays at the Proms next Tuesday it will be the first time that the trombone has featured as a solo instrument at the Proms in twenty years. The former Young Musician of the Year and now Professor of Trombone at the Guildhall School of Music performs live in the studio.

Ari Folman, director of the Oscar-nominated film Waltz with Bashir, has a new animated movie coming out this month. Where Is Anne Frank is based on the diary written by Jewish teenager Anne Frank, while she and her family lived in hiding in Nazi-occupied Amsterdam during World War Two. Film critic Tara Judah joins Tom to review the film for Front Row.

Jan Patience, visual art columnist for the Sunday Post, has been taking in this year's Edinburgh Art Festival. With over 100 artists presenting their work and 35 exhibitions, it's been no small task. She tells Tom about the highlights including the work of Japanese photographer Ishiuchi Miyako, a centenary celebration of the Scottish artist Alan Davie, and Matisse's Jazz series as it's never been seen before.

Presenter: Tom Sutcliffe
Producer: Jerome Weatherald

Image: Daniel Kaluuya as OJ in the film Nope Credit: Universal Studios

MON 20:00 Becoming British Chinese (m0019ypp)
Becoming British Chinese examines what it means to be young and Chinese in Britain today. Sarah Ping reflects on her identity as the community resists stereotypes and fights racism in the light of changing geo-politics.

Sarah is a young journalist who lives in Southampton where her father was born. Her mother moved here from Hong Kong as a child.

With two of her best friends, Sarah begins a journey to find other young people grappling with issues about their identity as young British Chinese. She travels to Liverpool – the oldest Chinese community in the UK - where she celebrates Chinese New Year in a way she never has before, and meets musicians improvising new musical styles that combine the Chinese and British heritage.

She also speaks to thinkers, academics, politicians and comedians, including MP Alan Mak and stand-up comic Phil Wang. They share their stories and hopes for the future of the British Chinese community.

Sarah argues that the Chinese community is finding a new voice, but also recognises the challenges facing it now, including complex geo-political issues around China and the potentially huge influx of migrants from Hong Kong.

An Overtone production for BBC Radio 4

MON 20:30 Crossing Continents (m0019rc2)
Ukraine: Collaboration and Resistance

Ukrainian forces have launched a counteroffensive to retake Kherson, the largest city captured by Russia in this year's invasion. But the occupiers are redoubling their efforts to integrate the city and surrounding region into Russia - and they need the help of local collaborators. A few Ukrainians are eagerly serving the invaders. But many key workers - teachers, doctors and other state employees - are forced into a cruel choice. They must agree to work according to Russian rules, betraying their country - or else lose their jobs. Tim Whewell reports on life behind Russian lines in Kherson - and talks to some of those who've thrown in their lot with the occupiers, including the eccentric former journalist and fish inspector who's now deputy head of the region's Russian-backed administration.

MON 21:00 China's Stolen Treasures (m0015vbq)
A Question of Ownership

American collector Christopher Bruckner opens the door to his basement. It is packed with Chinese antiquities of the highest quality, many of them once the property of emperors and some of which, he admits, were stolen from the Old Summer Palace in 1860. It turns out he was even offered three infamous looted Zodiac heads, though he declined. He has been courted by Chinese officials who wish to buy items from his collection in order to repatriate them.

In this final episode of China's Stolen Treasures, Noah Charney looks at how the looting of Chinese antiquities in the 19th century has shaped questions of ownership, cultural heritage and identity in China today.

Noah explores the most pressing question of all - who should own a country's cultural heritage? The answer is not straightforward. Chinese artist and activist Ai Weiwei argues that the current Chinese regime is not entitled to it. There is a strong undercurrent of nationalism to the Chinese re-acquisition of their cultural treasures in foreign hands. By bringing these pieces home, now that China is a wealthy, powerful nation, can they go some way to healing China's Century of Humiliation?

With artist Ai Weiwei, historian Liu Yang, art dealer William Chak, Christie's specialist Kate Hunt, American art collector Christopher Bruckner, criminologist Emiline Smith, art investigator Arthur Brand, China expert Jasper Becker, Fitzwilliam Museum China curator James Lin, and art lawyer Georges Lederman.

Writer and Presenter - Dr Noah Charney
 Producer - Caroline Finnigan
 Executive Producer - Rosie Collyer
 Researcher - Nadia Mehdi
 China Producer - Coco Zhao
 Sound Designers - David Smith and Tom Berry for Wardour Studios
 Music Composer - Nicholas Alexander
 Voice Over Artists - Bernard O'Sullivan and Oliver Zheng

A Novel production for BBC Radio 4

MON 21:30 Inheritors of Partition (m0019yxh)
 [Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m0019yys)
 In depth reporting, intelligent analysis and breaking news from a global perspective

MON 22:45 A Month in the Country by JL Carr (m0019yvv)
 Episode 1

Set across a golden summer month, this poetic classic by JL Carr sees war veteran Tom Birkin finds peace and healing in the Yorkshire village of Oxgobdy as he uncovers a mysterious Medieval mural in the church.

Veteran Tom Birkin arrives in the village of Oxgobdy to uncover a Medieval mural but he also uncovers the lives of the villagers and finds healing in a golden summer month.

Read by Will Howard
 Abridged by Clara Glynn
 Produced by Naomi Walmsley

MON 23:00 Word of Mouth (m0019b5l)
 The Art of Apologies

Michael Rosen talks to sociolinguist Louise Mullany about all the ways in which we say sorry. From the sympathetic sorry in the face of bad news, to the polite sorry we say to strangers in the street. Via workplace hierarchies, gender differences, and the nitty-gritty of political apologies.

Louise is a Professor of Sociolinguistics at the University of Nottingham and author of 'The Science of Politeness', due out next year.

Produced for BBC Audio Bristol by Becky Ripley

MON 23:30 You're Dead To Me (p07n8pqqw)
 Harriet Tubman

We are heading down to the Underground Railroad to discover the incredible life of American hero and abolitionist Harriet Tubman. From a torturous childhood to surgery without anaesthetic, get ready to understand true bravery as we uncover the events which made Harriet Tubman a phenomenal force for change. Greg Jenner is joined by comedian, actor and writer Desiree Burch and historian Dr Michell Chresfield from the University of Birmingham. It's history for people who don't like history!

This episode was produced by Dan Morelle, scripted by Greg Jenner and researched by Emma Nagouse.

TUESDAY 09 AUGUST 2022

TUE 00:00 Midnight News (m0019yyy)
 The latest news and weather forecast from BBC Radio 4.

TUE 00:30 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019yzo)
 [Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m0019yz3)
 The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m0019yz5)
 BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

TUE 05:20 Shipping Forecast (m0019yz7)
 The latest weather reports and forecasts for UK shipping.

TUE 05:30 News Briefing (m0019yz9)
 The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m0019yze)
 A spiritual comment and prayer to begin the day with the Rev Carolyn Skinner.

Good morning.

I recently heard about 'listening benches' which have been placed in cities across the UK to encourage people to strike up a conversation. The benches offer people somewhere to sit down and chat with strangers in a bid to tackle loneliness. According to one 2019 survey, 25% of adults between the ages of 18 and 27 reported having no close friends, while 22% reported having no friends at all. There's a lot to be said for listening.

Part of my day job involves me serving in a listening service at a café which we call Space to Talk and recently a member of the public expressed his appreciation and described it as the 'luxury of being listened to.' A statement which is so indicative of our society. Christian philosopher Dallas Willard writes "how rarely are we ever truly listened to and how deep is our need. I wonder how much wrath in human life is a result of not being heard."

Part of my role as a sports chaplain is to take the time to listen, in a non-judgmental, non-rushed way. As I do so I represent the compassion of God.

As it says in Psalm 116:

'I love the Lord, for he heard my voice; he heard my cry for mercy. Because he turned his ear to me, I will call on him as long as I live.'
 Loving God, I thank you that you are a God who cares for us so deeply that you will incline your ear towards us, you give us your full attention. May we also share the luxury of listening to someone who crosses our path today.

Amen

TUE 05:45 Farming Today (m0019yzf)
 The government is launching a consultation on how best to manage deer in England. The deer population of the UK is estimated to have increased from 450,000 in the 1970s to two million today - which is thought to be the highest for a thousand years. Deer have a big impact on woodland, as they can seriously damage trees. They are already culled to keep numbers down. Caz Graham asks the British Deer Society what they make of the government's proposals.

Continuing a week-long look at how this year's harvest is going, we get a round-up from four different farmers in the four regions of the UK. While much of England and Wales is struggling with a lack of rain, the situation isn't the same in Scotland. Caz talks to a meteorologist from the BBC Weather Centre to find out about the differing conditions in different parts of the country.

We hear about a Leicestershire farm which is helping the NHS to try out a new way of making it easier for hospital patients to get the nutrition they need.

Presented by Caz Graham and produced in Bristol by Emma Campbell.

TUE 05:58 Tweet of the Day (b04sym21)
 Black Chinned Hummingbird

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Liz Bonnin presents the North American black chinned hummingbird. What seems to be a large green beetle is flying erratically across a Los Angeles garden: suddenly, it hovers in mid-air to probe a flower bloom; this is a black-chinned hummingbird. Although often thought of as exclusively tropical, a few species of hummingbirds occur widely in North America and in the west; the Black-chinned hummingbird is the most widespread of all. Both sexes are glittering emerald above: the male's black throat is bordered with a flash of metallic

purple, which catches the sun. Black-chinned "hummers" are minute, weighing in at just over 3 grams. But they are pugnacious featherweights seeing off rival males during intimidation flights with shrill squeals, whilst remarkably beating their wings around 80 times a second. They'll also readily come to artificial sugar-feeders put out by householders to attract these flying jewels to their gardens.

TUE 06:00 Today (m0019yzm)
 News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Long View (m0019yzp)
 Strikes and the Labour Party

This summer, many Brits are striking or thinking about striking. From railway workers to barristers, Post Office workers to teachers, an unusually large wave of strikes continues to build as the summer goes on. As workers struggle with the cost of living and turn to industrial action, the Labour Party is divided on how to act. As the leader of the opposition, Keir Starmer is walking a tightrope: the Party was founded on workers rights but strikes are disruptive and unpopular with many voters.

So how have Labour leaders in opposition dealt with mass strike action in the past? Jonathan Freedland takes the Long View.

Contributors: Professor Steven Fielding of the University of Nottingham and political historian Anne Perkins
 Producer: Sarah Shebbeare
 Studio Manager and mixing: Tim Heffer

TUE 09:30 New Storytellers (m0019yza)
 The Sound Collector

Rummaging around in a lifetime's possessions, two sisters discover an exercise book. As they open it up and sift through the pages, a poem unearthed buried memories.

Producer Talia Augustidis, a recent graduate of University College London, discovers the moving writings of her older sister Thea, along with a poem, The Sound Collector. It brings them back to a moment in their childhood, when familiar sounds and voices suddenly disappeared overnight.

New Storytellers presents the work of new radio and audio producers, and Talia's feature won the top Gold Award of the Charles Parker Prize for the Best Student Radio Feature in 2022. The award is presented every year in memory of the pioneering radio producer Charles Parker who produced the ground-breaking Radio Ballads featuring voices of communities unheard at the time, with musical narratives by Ewan MacColl and Peggy Seeger.

The judges of the prize, made up of producers, critics and commissioners, praised Talia's Gold Prize winning work as "such a layered piece; intelligent, probing, sensitive. A piece to make us think and feel."

Poet: Roger McGough

Producer: Talia Augustidis
 A Soundscape production for BBC Radio 4

TUE 09:45 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019z1f)
 Episode 2

A new biography by Matthew Dennison of the creator of many much-loved literary characters.

The familiar image of Roald Dahl is that of an old man, a tall, stooping figure usually dressed in a long cardigan, a rug over his knees in his writing hut. But one of our greatest storytellers was, as a young man, a dashing, very tall, handsome chap who women were very much drawn to.

He was brought up by his feisty Norwegian mother, and her love of the country myths and folk tales of the North influenced his writing. A flying accident which nearly killed him ended his war career, which was followed by time in Washington, where he began his writing career with short stories. There he met the beautiful actress Patricia Neale and began a family. Tragedy struck when his elder daughter died from measles, his baby son was nearly killed in a road accident in New York, and his wife suffered a near fatal stroke from which he almost single-handedly forced her back into good health. For all his life he remained unafraid to court controversy, or to make his views known forcefully.

The reader is Owen Teale, an award-winning stage actor who has appeared in plays such as Under Milk Wood, Macbeth and A Doll's House for which he received a Tony Award for Best Featured Actor in a Play. He is also well known as a screen actor including, on television, roles in Line of Duty, A

Discovery of Witches, Spooks, Doctor Who and Game of Thrones. On the big screen, his appearances include Save The Cinema, Dreamhorse, Tolkien and The Last Legion.

Abridged by Libby Spurrier
Directed by Celia de Wolff
Sound Design by Lucinda Mason Brown

A Pier production for BBC Radio 4

TUE 10:00 Woman's Hour (m0019yzw)

Brit and Mercury Prize-winning singer Heather Small, Chronic illness, Abortion

The British-born actor and singer Olivia Newton-John has died at the age of 73. Best remembered for playing the iconic role of Sandy in the musical film Grease. We pay tribute with Stockard Channing who played Rizzo in Grease, and the film critic Karen Krizanovich and Olivia Moore who is currently playing her in the stage version in London's west end.

Brit & Mercury prize winner Heather Small on 'Colour My Life', her first album in sixteen years. For the album, she teamed up with the London Metropolitan Orchestra to re-imagine all of her Top 10 hits as well as release new songs and covers.

What is it like to live with a chronic but hidden illness? Poppy Nash is a textile artist who lives with type 1 diabetes and one of her latest works The Art of Dying 2.0 is a full-scale installation of bedclothes and bedding, examining the experience of living in isolation as a 'vulnerable' person through the pandemic. Ione Gamble lives with Crohn's disease. She's the founder & editor of the art, fashion and culture publication, Polyester and has now written a book, Poor Little Sick Girls.

The overturning of Roe v Wade in the USA has put abortion very much at the top of the news agenda. Our 2019 series in which women spoke, often for the first time, about their abortions seems even more relevant now. Today, a woman we are calling Kerry talks about the abortion she had when she was 18 and her certainty then and now that this was the right choice for her.

Presenter: Jessica Creighton
Producer: Dianne McGregor

TUE 11:00 Clearing the Air (m0019yzy)

In December 2020 Southwark Coroner's Court found that air pollution "made a material contribution" to the death of Ella Kiss-Debrah. Ella died in February 2013 at the age of nine after over two years of severe asthma attacks and cardiac arrests that led to multiple hospital visits.

Rosamund Kissi-Debrah, Ella's mother, spent seven years after her daughter's death trying to find the answers as to why her previously healthy child had suddenly become so gravely ill. An initial inquest found no connection to air pollution and at no point was air pollution mentioned as a potential factor in the time that Ella was ill.

Eddie Nestor speaks to Rosamund and the key people involved in fighting for a second inquest and ultimately setting this hugely significant legal precedent.

We also explore what comes next. How could the law be changed to reduce our exposure to invisible pollutants? What can government at all levels do to make the air we breathe less toxic? Is pressure from the public necessary to make drastic change happen?

Producer: Steve Hankey
Presenter: Eddie Nestor
Executive Producer: Robert Nicholson

A Whistledown production for BBC Radio 4

TUE 11:30 In Suburbia (m0019z00)

Better out than in

In spite of the fact that so many of us live, and choose to live, in Suburbia, it's still described as, at best a cultural backwater, and at worst a cultural desert. Indeed the cultural output of suburbia is often songs, novels and films that describe a striving to escape from this land between the city and the country, or in cultural terms between rural Idyll and Bohemia. Ian Hislop has long been fascinated by this cultural snobbery, and in three programmes he talks to leading cultural figures who either come from or celebrate Suburbia and Suburban life.

Hanif Kureishi, author of 'The Buddha of Suburbia' is a not so proud son of Bromley, Comedian Lee Mack is star and writer of the suburban comedy 'Not Going Out' which is now the longest running sitcom on British Television and still uses the familiar tropes of suburban aspiration, gentle class conflict and stability to garner laughs, and JC Carroll of The Members, is the composer whose Punk anthem 'The Sound of the Suburbs'

made the tedium of car washing and noisy neighbours a 'badge of honour'. All of them discuss their mixed feelings about suburbia, if and how it's changing, and why it remains a place where so many people aspire to live.

He also visits the suburbs themselves and chats to The 'Suburban artist' of Woodford, and he looks back at the way the suburbs have developed from their Medieval reputation as the place to dump everything you don't want in the city, to the industrial revolution when the Romantic suburb emerged allowing a new middle class to find a place between the castles and mansions of the aristocracy and the slums of the workers.

In the first programme he concentrates on that historical development and how it was reflected from Chaucer and Shakespeare to 'The Diary of a Nobody' and the quintessential figure of suburbia, Mr Pooter, as well as the whimsical reflections of Betjeman and the withering verse of Stevie Smith.

TUE 12:00 News Summary (m0019z68)

The latest national and international news from BBC Radio 4.

TUE 12:04 You and Yours (m0019z05)

Call You and Yours - What's the luxury you won't give up?

The topic on Call You and Yours today is: What's the luxury that you won't give up?

With the rising cost of living and the need to cut spending - what are you holding on to? Is it good skincare, your favourite wine, a holiday, or your car.

What other things are you willing to sacrifice to keep them?

The analysts Kantar have released data on consumer spending and have found 47% of consumers in the UK have made or are expecting to make cuts in their spending, with luxury goods (73% likely to economise), eating out (57%), entertainment (55%), holidays (54%) and clothes (50%) among the categories people are most likely to cut back on. But what is it that you just couldn't do without?

Let us know - email youandyours@bbc.co.uk and include your number so we can call you back.

Or from 11am on Tuesday call us - 03700 100 444

Presenter: Winifred Robinson
Producer: Miriam Williamson

TUE 12:57 Weather (m0019z07)

The latest weather forecast

TUE 13:00 World at One (m0019z09)

Forty-five minutes of news, analysis and comment, with Jonny Dymond.

TUE 13:45 Larkin Revisited (m0019z0c)

Love Songs in Age

Across ten programmes and ten Philip Larkin poems, Simon Armitage, the Poet Laureate, finds out what happens when he revisits and unpicks Larkin's work in his centenary year.

Episode two:
Simon Armitage explores Philip Larkin's poem Love Songs in Age

Love Songs in Age is a poem that tries to capture the emotions we feel when we hear music that reminds us of our youth, and love that has passed or ended.
But does it still resonate with us in 2022?

Producer: Faith Lawrence
Mixed by: Sue Stonestreet

TUE 14:00 The Archers (m0019yyk)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Trust (m0019z0f)

Series 3 Episode 2

Trust by Jonathan Hall 2/3
Sir Ken is trying to force through a restructure which means that some staff will be relocated to more challenging schools. The staff are naturally unhappy, so the unions get involved, but the rep is someone Yvette does not want to deal with.

Yvette.....Julie Hesmondhalgh
Sir Ken.....Jonathan Keeble
Tim.....Ashley Margolis
Dhruuti.....Mina Anwar

Carol/Joy.....Susan Twist
Billy.....Jason Done

Director/Producer Gary Brown

TUE 15:00 The Kitchen Cabinet (m0019ysj)

[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 Made of Stronger Stuff (p0blh5cr)

Fat

Psychologist Kimberley Wilson and Dr Xand van Tulleken take a journey around the human body, to find out what it can tell us about our innate capacity for change. In this episode, Kimberley and Xand head up the rebranding of an organ with terrible PR - fat.

They hear why fat is intrinsically linked with being human, how it's doing a lot more for us than just sitting there, and why having a bit more fat can help us take the plunge.

Producer: Georgia Mills
Researcher: Leonie Thomas
Executive Producer: Robert Nicholson
A Whistledown production for BBC Radio 4

TUE 16:00 Word of Mouth (m0019z0j)

A Murmuration of Starlings

Most groups of wildlife can be described as a flock or a herd, a swarm or a shoal - but where is the fun in stopping there? From an army of ants to a dazzle of zebras, an exultation of larks to a murder of crows, the English language is brimming with weird and wonderful collective nouns to describe groups of animals and birds.

Michael Rosen talks to Matt Sewell, author of 'A Charm of Goldfinches', about some of the more obscure examples that have made their way into common usage as collective nouns for creatures of the land, the sea and the air...

Produced for BBC Audio Bristol by Becky Ripley

TUE 16:30 Great Lives (m0019z0l)

Holly Walsh on BS Johnson

BS Johnson was born in Hammersmith in 1933. A wartime evacuee, he never quite shook a sense of dislocation for the rest of his life. Holly's favourite book, she calls it the gateway drug to his work, is Christie Malry's Own Double-Entry. It's the tale of a disaffected accountant who applies the principles of double-entry book keeping to his own life; any perceived slight permits him to repay the same on somebody else. These stretch from minor acts of personal revenge to poisoning London's water and blowing up the House of Commons.

"The things I find attractive about him are the things I'm a little bit scared of. His work is so raw - it's so different to how I feel." Holly Walsh

Joining Holly and Matthew Parris is the novelist Jonathan Coe, author of The Rotter's Club and Like a Fiery Elephant, an award-winning biography of BS Johnson's life.

The producer in Bristol is Miles Warde

TUE 17:00 PM (m0019z0n)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m0019z0s)

Analysts warn household energy bills could exceed £4,000 a year from January

TUE 18:30 Andrew Maxwell Values (m0019z0v)

Series 1

Episode 4

Since the COVID-19 pandemic, we have started to reflect more on our working lives and increasingly question the relative value of different occupations around the UK. Andrew Maxwell investigates why until now we have traditionally valued some jobs above others and what a new understanding of "work" might mean for how we approach our changing world.

This week Andrew looks at the future of jobs and welcomes back his guest from earlier in the series, Richard Donkin the author of "The Future of Work".

Producer: Richard Morris
Production co-ordinator: Ryan Walker-Edwards

A BBC Studios Production

TUE 19:00 The Archers (m0019z0x)

Lynda meets the new-born twins and is impressed at how calm Natasha seems. Natasha credits her mum for all the helping out she's doing including with Summer Orchard. Harrison arrives and Lynda wastes no time in trying to recruit him for 'Beat The Goalie' at the village fete. Harrison denies he'd be any good but Lynda presses him, and he announces a hand injury makes it out of the question. Later at The Bull, Lynda deftly engineers a situation in which Harrison quickly catches a falling pint of beer, proving that he isn't hindered by an injured hand. Harrison admits defeat and agrees to be goalkeeper.

Natasha tells Pat that Caitlin has to leave tonight because her dad's unwell. He's bi-polar and has gone into a manic phase. Natasha feels guilty for keeping her mum away for so long, and knows it's going to be a lot harder without her.

Chelsea tries to boost Tracy's confidence before she joins a work social organised by Gemma. When Tracy emerges from the pub she recounts Gemma's mean words, which angers Chelsea. Tracy just wants to go home, but indignant Chelsea deliberately scrapes the side of Gemma's car with the buckle of her bag as they leave. They flee, and Tracy worries what will come of it. On their doorstep, they clam up when Harrison asks if they've seen or heard anything about the vandalised car. They deny any knowledge, Chelsea rather too forcefully. After Harrison leaves, Chelsea assures Tracy they won't get found out – they've just got to keep denying it.

TUE 19:15 Front Row (m0019z0z)

Live from the Edinburgh Festival: Matt Forde, Anne Sofie von Otter, Exodus

Kate Molleson and guests live from Edinburgh Festival.

Comedian and impressionist Matt Forde talks about capturing the essence of political figures in his show *Clowns To The Left Of Me, Jokers To The Right*.

Mezzo Soprano Anne Sofie von Otter performs songs by Rufus Wainwright and Franz Schubert on the eve of her Edinburgh International Festival concert.

Playwright Uma Nada-Rajah on her topical new farce for the National Theatre of Scotland. *Exodus* is about the race for political leadership and immigration policy.

International festival director Fergus Linehan and Chief Executive of the Edinburgh Festival Fringe Society Shona McCarthy swap notes on innovation, survival and legacy for one of the world's biggest arts festivals.

Presenter: Kate Molleson
Producer: Nicki Paxman

Photo: the cast of *Exodus*. Picture credit: Brian Hartley

TUE 20:00 From Kabul to Manchester (m0019z11)

Documentary following children and their parents who fled Afghanistan after the Taliban takeover, as they adjust to a new life living in Manchester.

Last year, Broadoak School in Partington, Greater Manchester, found itself welcoming 57 new pupils from Afghanistan as well as four teachers. They had all fled the country and arrived in the UK after the fall of Kabul in August 2021. Emily Wither spent several months with the children, parents, teachers and support workers as the families tried to adjust to a new life and learn a new language, all while living in a hotel as they wait for suitable housing in the UK.

The teachers and students speak of their heartbreak at leaving behind much loved friends and family remaining in Afghanistan who say their lives have changed beyond recognition, and through phone calls home, we hear some of the realities of living under Taliban rule. Meanwhile in Manchester, 12-year-old Irfan and 15-year-old Freshta make English friends, chat about Manchester United and take maths exams, while wondering what the future holds for them in their new home.

Reporter: Emily Wither
Producer: Emma Forde
Sound editor: Richard Hannaford
Translator: Shekiba Habib
Production Co-ordinator: Maria Ogundele
Editor: Nicola Addyman

TUE 20:40 In Touch (m0019z13)

A Gap in the Market, Para-cyclist Libby Clegg

We often report on how well sight loss services are operating, but its not often we talk about services that just do not exist - but should. Listener Alex Scott contacted us after he attended

London's Pride Festival a few weeks ago, expressing his dismay at the lack of LGBTQ+ community groups for people who are also blind or partially sighted. Indeed, very few do exist. We found one UK-wide group run by The RNIB in Northern Ireland. We invited Alex to tell us about this missing link and what he'd like to see happen for future. We also speak to Una Mulgrew, who is a Community Facilitator at RNIB Connect in Northern Ireland. She tells us more about her group and whether the RNIB has plans to fill this gap.

The Commonwealth Games 2022 have drawn to a close, but these games were unique. They were integrated, with both para- and able-bodied athletes competing alongside each other and included a series of new visually impaired events. We give a final round-up of last week's performances, and we speak to Libby Clegg. Libby was once a highly decorated sprinter, achieving two gold medals at the Rio Paralympics, but she has since switched to para-cycling and this year's Commonwealth Games was her first track cycling competition. She explains why she decided to make the switch and her opinion on the integration of the Games.

Presenter: Peter White
Producer: Beth Hemmings
Production Coordinator: William Wolstenholme

Website image description: pictured is an archway of rainbow coloured balloons at a Pride Parade in Brighton. The balloons are all the colours of the original Pride flag: red, orange, yellow, green, indigo, and violet. The image was taken from street view and behind the balloons are a series of architecturally grand buildings.

TUE 21:00 Inside Health (m0019z15)

A good death with friends and family

Should friends and family be trained to give potent medications to those dying at home to relieve their symptoms?

We often say that we'd like to die peacefully at home when the inevitable happens. Yet people can be left in pain for hours waiting for a doctor or nurse to be free to visit and administer the medicines that ease our symptoms in our final days. James Gallagher speaks to Mark, who was trained to administer medicines to his mother to help keep her comfortable at the end of her life, and to palliative care doctor Marlie Poolman who is pioneering the programme across North Wales.

Presenter: James Gallagher
Producer: Beth Eastwood

TUE 21:30 The Long View (m0019zyp)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m0019z17)

In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 A Month in the Country by JL Carr (m0019z19)

Episode 2

Set across a golden summer month, this poetic classic by JL Carr sees war veteran Tom Birkin finds peace and healing in the Yorkshire village of Oxgobdy as he uncovers a mysterious Medieval mural in the church.

As he begins work on the mural Tom meets some villagers, including the vicar's lovely wife, Alice Keach.

Read by Will Howard
Abridged by Clara Glynn
Produced by Naomi Walmsley

TUE 23:00 Daliso Chaponda: Citizen of Nowhere (m0010pw1)

Series 3

Tolerance

Episode 2 Tolerance

Malawian comedian Daliso Chaponda is back with a third series of his *Rose D'Or* nominated show where he examines divisive global issues.

Over the course the two previous series Daliso has covered colonialism, slavery, political corruption, charity, immigration, cultural relativism, dictators, and how different countries deal with the sins of their past.

In this second episode of the new series, through comedy routines and guest interviews, Daliso will be tackling the subject of 'Tolerance'.

Performer... Daliso Chaponda
Writer... Daliso Chaponda
Guest... Jennifer Bilec
Additional Material... Scott Bennett

Production Coordinator... Mabel Wright
Producer... Carl Cooper

Theme tune - 'Timalira' by Lawi

This is a BBC Studios Production.

TUE 23:30 Bridget Christie: Mortal (m000vgj6)

Death

Episode 3 - Death

Following on from her hugely successful, award-winning previous series – 'Minds The Gap' and 'Utopia', Bridget now turns her attention to Mortality, covering 'Birth', 'Life', 'Death' and 'The Afterlife'.

Like many of us forced to work from home during lockdown, Bridget has recorded this series herself in her house, and in her local park, on a pre-sanitised recording device sent to her in the post. Batteries weren't included. She had to buy them all herself.

In a collection of informative, personal and absurd recordings, she confronts the difficult questions most of us spend our lives avoiding - all whilst being interrupted by cats, bad WiFi, life admin and her own dead self from beyond the grave.

If you are mortal, then this is the show for you.

Written and performed by Bridget Christie
With guest appearances from her sister Eileen and her friend Ash.
Producer... Carl Cooper
Sound Mixer... Olga M. Reed

Bridget Christie: Mortal is a BBC Studios Production

WEDNESDAY 10 AUGUST 2022

WED 00:00 Midnight News (m0019z1c)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019z1f)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m0019z1h)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m0019z1k)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

WED 05:20 Shipping Forecast (m0019z1m)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m0019z1p)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m0019z1r)

A spiritual comment and prayer to begin the day with the Rev Carolyn Skinner.

Good morning.

Whilst people were eating strawberries and sipping Pimms at arguably the greatest Grand Slam, the Wimbledon Championships, a team of us from Third Space Ministries were welcoming the tennis fans in the overnight queue. Whilst there I was pondering the strapping for Wimbledon this year which was 'the stage awaits'. A nod perhaps to Shakespeare's famous line of 'All the world's a stage. And all the men and women merely players.'

The sporting stage is one which demands extreme discipline, where you are judged on your performance in minute detail. Whether we are sports players or not, there is a temptation to live life waiting to receive applause, and sometimes to transfer that sense of performance into our spiritual life, assuming that we have to perform for God and that he is judging our every move.

In Andre Agassi's autobiography he talks about the pressure his

father put on him to perform, to be perfect. He is blown away when one day a pastor says to him 'you do know that God isn't anything like your father? You know that don't you?' Agassi can't quite take it in and asks for the words to be repeated.

For those of us who offer chaplaincy at sporting events, it's about providing a performance free zone where someone can come and simply be. But perhaps we all need to hear again the freedom that there is to come to God simply as we are, whether we are involved in sport or not.

Loving Father God, thank you that we can come to you simply as we are. Release us from striving today, from the need to perform and earn applause. Help us to be honest with ourselves, and with you.

Amen.

WED 05:45 Farming Today (m0019z1t)

10/08/22 - Combine harvester fires, soil science, pea harvest

With tinder-dry conditions in many parts of country, fires in farm machinery are at record levels. The insurer NFU Mutual is recording two a day on average - which means that numbers are up by 35%. We hear from a farmer in Buckinghamshire who experienced a combine harvester fire first-hand this week. Caz Graham asks the Farm Safety Foundation what farmers can do to reduce the risk of a blaze.

As temperatures rise and our climate changes, experts are warning that the way we grow our food will have to change too. We visit the Allerton Project - a demonstration farm in Leicestershire, where they're researching what that might look like.

Continuing a week-long look at this year's harvest, we're out in Lincolnshire with the pea vinters.

Presented by Caz Graham and produced by Emma Campbell

WED 05:58 Tweet of the Day (b04dvsl)

Brown Noddy

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Sir David Attenborough presents a seabird with a worldwide distribution, the brown noddy. Expert fliers, the brown noddy is seldom seen near land and is highly pelagic, wandering extensively in warm tropical waters where it searches for small fish and squid which are captured by hover-dipping and contact-dipping. However in the Galapagos Islands, brown noddies have learnt to sit on the heads of brown pelicans hoping to steal fish from their open gular pouches; a behaviour known as kleptoparasitism (literally, parasitism by theft).

WED 06:00 Today (m0019z3z)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Sideways (m0019z41)

29. Fooling the Opposition

In 1980, underdog English table tennis player John Hilton stunned audiences with his style of play, effortlessly confounding talented European opponents.

In this episode of Sideways, Matthew puts his tactics under the microscope to discover how Hilton used deception to fool his opponents, and use their strengths against them.

Deception in sport, Matthew argues, is not underhand, so long as it's within the rules - and it's everywhere. With the help of sports psychologist Dr Robin Jackson and goalkeeper Chloe Morgan, Matthew examines the high velocities and ultra-fast reaction times of elite sport which make deception so prevalent, and effective.

And he charts the rise of data analysis in British sport, from its strange origins on the football terraces to today's high tech data collection and teams of analysts. Swathes of data mean today's athletes can set out more informed than ever about their opponents. But as Matthew discovers, this doesn't necessarily make them immune to deception. In fact, it could make them more vulnerable.

With former European table tennis champion John Hilton; Dr Robin Jackson, reader in Sport Psychology at Loughborough University; Crystal Palace Women's Goalkeeper Chloe Morgan; Statistician Richard Pollard; and Maria Konnikova, journalist and author of The Confidence Game.

Presenter: Matthew Syed

Producer: Pippa Smith

Series Editor: Katherine Godfrey

Sound Design and Mix: Rob Speight

Theme music by Ioana Selaru

A Novel production for BBC Radio 4

WED 09:30 Four Thought (m0019z43)

Somewhere, not Nowhere

Jonathan Evershed argues that we should re-imagine how we think of the Irish Sea.

Jonathan is a political anthropologist who has been studying the relationship between Ireland and his native Wales since Brexit. And he believes it's time to start thinking of the Irish Sea not just as a space between the two, but as an important place itself - a place with its own history and natural history.

In this talk, Jonathan invites us to join him on cliffs, in ports and on ferries, looking at the Irish Sea, as he asks us to think differently about it.

Producer: Giles Edwards

WED 09:45 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019z5r)

Episode 3

A new biography by Matthew Dennison of the creator of many much-loved literary characters.

The familiar image of Roald Dahl is that of an old man, a tall, stooping figure usually dressed in a long cardigan, a rug over his knees in his writing hut. But one of our greatest storytellers was, as a young man, a dashing, very tall, handsome chap who women were very much drawn to.

He was brought up by his feisty Norwegian mother, and her love of the country myths and folk tales of the North influenced his writing. A flying accident which nearly killed him ended his war career, which was followed by time in Washington, where he began his writing career with short stories. There he met the beautiful actress Patricia Neale and began a family. Tragedy struck when his elder daughter died from measles, his baby son was nearly killed in a road accident in New York, and his wife suffered a near fatal stroke from which he almost single-handedly forced her back into good health. For all his life he remained unafraid to court controversy, or to make his views known forcefully.

The reader is Owen Teale, an award-winning stage actor who has appeared in plays such as Under Milk Wood, Macbeth and A Doll's House for which he received a Tony Award for Best Featured Actor in a Play. He is also well known as a screen actor including, on television, roles in Line of Duty, A Discovery of Witches, Spooks, Doctor Who and Game of Thrones. On the big screen, his appearances include Save The Cinema, Dreamhorse, Tolkien and The Last Legion.

Abridged by Libby Spurrier

Directed by Celia de Wolff

Sound Design by Lucinda Mason Brown

A Pier production for BBC Radio 4

WED 10:00 Woman's Hour (m0019z4c)

Tennis icon Serena Williams, Recruiting women to the armed forces, Afghan women radio, Stem cell donors, Women and bodybuilding

It looks like Serena Williams is leaving tennis. She's won 23 grand slam titles and four Olympic golds but has suggested it's time to move on. She's made the announcement in Vogue, where she's said retirement - "causes a great deal of pain. I hate it." So she hasn't explicitly said she's giving up but she's given a large hint, saying she wants to focus on her family. Jessica Creighton speaks to former tennis player, Jo Durie and sports journalist Natasha Henry about the tennis icon.

The Armed Forces are not reaching their targets in terms of recruiting women. The MOD is hoping to increase the proportion of women in the armed forces to 30% by 2030 but they have not met the target set for 2020. One of the barriers to change is thought to be visibility - new research has found the UK public knows little or nothing about female veterans. Lauren Godier-McBard led the research and Ria Jackson is an RAF veteran and founder of the blog The V word.

BBC Afghan have a new radio programme called 'Women' which focuses on women and girls, especially those in rural areas, in Afghanistan and Pakistan. It's presented by Shazia Haya in Pashto, and Aalia Farzan in Dari who fled their home country last August when the Taliban retook control. It aims to inform, educate and empower its listeners. Farnak Amidi is the presenter of World Service's The Fifth Floor. She spoke to Shazia and Aalia.

This spring more than two million people had registered to

become potential blood stem-cell donors in the UK. That's regarded as a milestone by DKMS, which is the biggest stem cell-register in the UK. And it gives one mother in Northern Ireland some much-needed hope. Anne Greer's youngest son is in a critical condition in hospital. Daniel was fit and well, but in May after complaining of back pain that was coming and going, he was diagnosed with leukaemia. The family want people around the world to donate blood to see if their stem cells are a life-saving match for Daniel.

On Woman's Hour we talk about girls a lot, their safety, their mental and physical health but we don't often talk to them. For an occasional series called 'Girl's World' Ena Miller went to talk to groups of girls at their schools in their friendship groups, not necessarily about the big 'issues' but about what makes them laugh, who they laugh with...what they care about. Today, India and Alice are both aged 13 and they live in Stroud.

Today we're going to be talking about women in the world of elite bodybuilding where in the UK alone there will be more than 200 female bodybuilding shows this year. Kate Bishop - co-creator of the book Core which includes 42 photos of 'muscly women' doing what the book describes as 'subverting the archetype of femininity' and one of the bodybuilders in the book, Louise Plumb, discuss.

Presenter: Jessica Creighton

Producer: Kirsty Starkey

Interviewed Guest: Natasha Henry

Interviewed Guest: Jo Durie

Interviewed Guest: Laura Godier-McBard

Interviewed Guest: Ria Jackson

Interviewed Guest: Shazia Haya

Interviewed Guest: Aalia Farzan

Interviewed Guest: Anne Greer

Reporter: Ena Miller

Interviewed Guest: Kate Bishop

Interviewed Guest: Louise Plumb

WED 11:00 Becoming British Chinese (m0019ypp)

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 Princess (p0cjqv1z)

Maddie Moate on Princess Leia

TV presenter Maddie Moate and author and lecturer Dr Rebecca Harrison explore the princess that changed sci fi - Princess Leia. The princess who was also a general and a member of the Rebel Alliance. We hear about the origin of her iconic hair style, how she persuaded studios that women would watch science fiction movies and the battles Carrie Fisher had with the studio.

Produced by Audio Always

Producer: Ailsa Rochester

Editor: Jo Meeks

Sound: Tom Rowbotham

WED 12:00 News Summary (m0019z66)

The latest national and international news from BBC Radio 4.

WED 12:04 You and Yours (m0019z4l)

Luxury car sales, Energy bills debt, Restaurants worried

The troubled state of the economy doesn't appear to be denting sales of luxury cars. Profits at Bentley, based in Crewe, were up more than 120 per cent on the same six months of last year. Ferrari also turned in record profits...and sales of Lamborghini are on the up. This is despite the fact that the overall number of new cars being registered in the UK has fallen for five consecutive months. So how come the sale of supercars is bucking the trend AND during a cost of living crisis...?

With temperatures set to rise to above 30 degrees in some parts of the UK this afternoon, it seems a bit weird to be worrying about our winter energy bills.

Under normal circumstances, many households would be starting to run up a credit on the bills during the summer, as a war-chest to fund the winter bills. But these are not normal times. The energy price cap has already risen, allowing energy companies to charge more, and those additional charges are working their way now into our bills. So much so in fact, that U-Switch reckon UK households already owe energy companies £1.3 billion - that's more than three times higher than last year. Restaurants are gearing up for a tough winter.

And - why restaurants are gearing up for a tough winter. New research for UK Hospitality, the umbrella group which represents the hotel and catering sector, suggests profits could be down 12% in the coming year. And a separate study by accountancy firm UHY Hacker Young says almost two-thirds of the UK's top 100 restaurants are being pushed into the red by rising energy bills and debt repayments. We hear from Chef

Raymond Blanc from his restaurant Le Manoir in Oxfordshire, and chef patron Simon Wood, and Telegraph food critic William Sitwell.

PRESENTER: Peter White
PRODUCER: Craig Henderson

WED 12:57 Weather (m0019z4n)
The latest weather forecast

WED 13:00 World at One (m0019z4q)
Forty-five minutes of news, analysis and comment, with Jonny Dymond.

WED 13:45 Larkin Revisited (m0019z4s)
Talking in Bed

Across ten programmes and ten Philip Larkin poems, Simon Armitage, the Poet Laureate, finds out what happens when he revisits and unpicks Larkin's work in his centenary year.

Episode 3:
Simon Armitage explores Philip Larkin's poem Talking in Bed.

In Talking in Bed Larkin depicts a couple who are struggling to communicate - to find words 'at once true and kind./ Or not untrue and not unkind.' Does this poem still speak to us meaningfully about the difficulty of intimate relationships?

Producer: Faith Lawrence
Mixed by: Sue Stonestreet

WED 14:00 The Archers (m0019z0x)
[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Trust (m0019z4v)
Series 3 Episode 3

Trust by Jonathan Hall 3/3
East Salford Academy has just had a biomass boiler fitted. Whilst acknowledging that the school has to go green, Yvette discovers it is costly and unreliable. And with the vaccination roll out for the kids in progress, a dodgy boiler is the last thing she needs.

Yvette.....Julie Hesmondhalgh
Sir Ken.....Jonathan Keeble
Tim.....Ashley Margolis
Dhruuti.....Mina Anwar
Carol/Joy.....Susan Twist
Billy.....Jason Done
Gunner.....James Quinn
Director/Producer Gary Brown

WED 15:00 Surviving the Cost of Living (m0019ysq)
[Repeat of broadcast at 12:04 on Saturday]

WED 15:30 Inside Health (m0019z15)
[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Sideways (m0019z41)
[Repeat of broadcast at 09:00 today]

WED 16:30 The Media Show (m0019z4y)
Covering strikes: Whatever happened to the Industrial Correspondents?

As postal workers become the latest group to call a strike, and railway workers and train drivers plan to walk out again through August, we look at how well the news media covers industrial disputes. What's changed in journalism since the days when every media outlet had an industrial correspondent and the union bosses on speed dial?

We speak to Nick Jones, a former industrial correspondent for the BBC and author of *The Lost Tribe of Fleet Street*, Jeremy Warner, associate editor and business columnist at *The Daily Telegraph*, and Alan Jones, industrial correspondent at the Press Association (PA Media).

We also look at broadcast sports rights today – with big changes in the offing as new companies with deep pockets get involved. Amazon has been making its presence felt for some time and the Nordic owned Viaplay is about to arrive in the UK. With Minal Modha, principle analyst at Ampere Analysis, and Matt Slater, football news reporter at *The Athletic*.

Presenter: Katie Razzall
Producer: Helen Fitzhenry

WED 17:00 PM (m0019z50)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m0019z54)
The Government comes under increasing pressure to help people with the cost of living

WED 18:30 Anneka Has Issues (m0019z56)
Series 1

Alzheimer's

Anneka Rice has led a fascinating and adventure-filled life. In this new stand-up series, she examines four tricky issues that are of particular importance to her. Bringing insight and a refreshingly eccentric but practical mindset to these sometimes taboo subjects she'll explain how her life has been shaped by her background and experiences.

Both of Anneka's parents developed Alzheimer's later in life. She worries that this means she may be more likely to develop the disease herself. She talks to experts about the facts and to her audience about their own experience of dementia. Via Captain Dick and Dulux paint charts she delves into this taboo area of life and reveals the surprising moments of joy, humour and love that can come out of it.

Producer: Alison Vernon-Smith
Production Coordinator: Katie Baum, Beverly Tagg
A BBC Studios Production

WED 19:00 The Archers (m0019z2s)

Lilian chats to Adil about his palm reading duties at the upcoming fete. But she's concerned when he appears not to have done his homework and mixes up everyone's personal details. Adil worries that they're the 'knowns' – but what about the random strangers who turn up on the day? Lilian decides she needs to be his glamorous assistant; she can give Adil a few pointers before the customers go in. For the rest he'll just have to look for visual clues. Adil starts to feel a little more positive about it all. When Joy appears, Lilian tells Adil that although she's one of the more sociable women in the village, she's hard to read. So Lilian invites Joy to join Adil under the guise of canvassing opinion about Grey Gables. But Joy finds out rather more information from Adil than he does from her. Natasha and Tom adjust to life without Caitlin. When Pat asks Tom if he wants a hand with the farm work, he suggests visiting Natasha to see how she's doing. Natasha's relieved to see Pat – it's not just the babies who are causing her stress. Her dad's mental health is also on her mind. And now the organisers of the food and music festival 'CotStravaGanza' have been in touch. They need a replacement juice supplier for this weekend. Natasha says there's no way she can do it and assistant Louise is busy this weekend. Pat says there is one other possibility – she could do it. Natasha thinks it's a great idea.

WED 19:15 Front Row (m0019z58)

Immy Humes and Aindra Emelife, Charlotte Higgins and David Greig, Stefan Golaszewski

Both journalist Charlotte Higgins and playwright David Greig are fascinated by the Roman occupation of Britain. Higgins's book *Under Another Sky: Journeys in Roman Britain*, an account of her travels to the Roman remains scattered about Britain, is really about how we today relate to Roman Britain. It seems an unlikely subject for a play but Greig has adapted it for the stage and they both talk to Samira Ahmed about the project. Did the Romans bring civilisation to these islands? Were they violent imperialists? Did British history really begin once they had left? And what of the society that was here already when the Romans arrived?

Front Row celebrates the life of author and illustrator Raymond Briggs who has died aged 88. He became famous for his books *The Snowman*, *Father Christmas*, *Fungus The Bogeyman* and his parable of nuclear war *When The Wind Blows* – all of which were also made into films or TV programmes.

American documentary maker Immy Humes has spent the last five years mining the archives for photographs of lone women in majority male environments, from 1862 to the present day, for her book *The Only Woman*. And British art historian Aindra Emelife has also been mining the archives, searching for images of black women from 1793 to the present, for her exhibition *Black Venus* at the Fotografiska Gallery in New York. They join Samira to discuss issues of visibility, tokenism and the female gaze in visual culture, past and present.

BAFTA-winning writer and director Stefan Golaszewski talks to Samira about his upcoming BBC One Drama, *Marriage*, starring Sean Bean and Nicola Walker as a couple navigating the ups and downs of a 30-year relationship.

Presenter: Samira Ahmed

Producer: Julian May

Image: Shirley Chisholm, Politician, New York, New York, USA, 1972. Credit: Getty Images / Bettmann/ Phaidon

WED 20:00 Behind the Crime (m0019z5b)
Behind the Crime: Khamran

As a society, we send close to 100,000 people to prison each year. Criminal behaviour costs the country around £60 billion every year, according to Home Office research.

Is it possible to prevent crime by understanding the root causes of offending behaviour?

Sally Tilt and Dr Kerensa Hocken are forensic psychologists who work in prisons.

Their role is to help people in prison to look at the harm they've caused to other people, understand why it happened and work out how to make changes to prevent further harm after they've been released.

In *Behind the Crime*, they take the time to understand the life of someone whose crimes have led to harm and, in some cases, imprisonment.

In this second episode they talk to Khamran, who received a prison sentence as a teenager for a series of aggravated robberies.

Khamran was a boy who learned at school that putting on a cocky attitude was a way of deflecting some of the racist taunts and bullying that came his way. Sally and Kerensa get behind that front to discover what was really making Khamran tick. They pick up the key moments that could have changed the course of his life, and the lives of his victims.

The job of the forensic psychologists is to dig deep into Khamran's story, to understand the sequence of external influences that got Khamran to the point where he was causing harm to himself, to others and to society as a whole.

Today, Khamran is married with a child and studying business alongside working part-time.

For details of organisations that can provide help and support, visit bbc.co.uk/actionline

Producer: Andrew Wilkie
Editor: Hugh Levinson
Behind the Crime is a co-production between BBC Long Form Audio and the Prison Radio Association.

WED 20:45 Four Thought (m0019z43)
[Repeat of broadcast at 09:30 today]

WED 21:00 Made of Stronger Stuff (p0blh5cr)
[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m0019z4y)
[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m0019z5d)
In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 A Month in the Country by JL Carr (m0019z5g)
Episode 3

Set across a golden summer month, this poetic classic by JL Carr sees war veteran Tom Birkin finds peace and healing in the Yorkshire village of Oxogby as he uncovers a mysterious Medieval mural in the church.

An unsettling visit to the vicarage strengthens Tom's feelings towards Alice. The mural reveals strange figures that appear to be based on real people.

Read by Will Howard.
Abridged by Clara Glynn'
Produced by Naomi Walmsley

WED 23:00 Misguided Meditations (m0019z5j)
Episode 1 - Fluffy Bunny Island

The self-care and mindfulness trend is booming. With the popularity of apps like *Calm*, *Headspace*, and *Breethe*, the well-being meditation genre is ripe for satire. *Misguided Meditations* is a loving spoof of the popular guided meditation sleep stories.

So breathe in...then breathe out...and enjoy each episode led by our narrator Mina that will take listeners on a delightfully surreal late-night adventure that descends into a total nightmare cringe-fest. A trip to the enchanted forest might result in someone naked in front of their entire class having forgotten their homework. A midnight dip in the mermaid lagoon might be ruined by an encounter with the cursed starfish of procrastination. Oh, and we couldn't miss Fluffy Bunny Island – whose inhabitants ask hard-hitting questions about your life choices.

Written by Joanne Lau.
Starring Mina Anwar.
Produced by Gus Beattie.
A Gusman production for BBC Radio 4

WED 23:15 Welcome to the Neighbourhood (m0019z5m)
Ep. 7: Thanyia Moore

Jayde Adams is joined by Thanyia Moore and they dissect a long-time crime in Beckenham, the tale of a hungry family in Cleothorpes and a gangster cat terrorising North London.

From biggest beefs to weirdest news, Jayde discovers a hotbed of (largely unintentional) hilarity with graffiti-daubed wheelie bins, stray cats, e-scooters and more.

Jayde and the production team would like to hear about what's riling up the neighbours around Britain. Are your groups kicking off? Listeners can submit screenshots of the funniest and funkiest posts and threads to welcometotheneighbourhood@bbc.co.uk.

Presenter: Jayde Adams
Producer: Cornelius Mendez

An unusual production for BBC Radio 4

WED 23:30 Alex Edelman's Peer Group (m000w9vg)
Series 4

The Impossibility of Escape

With lockdown changing all our perspectives on what's important, Alex Edelman reflects on how things have changed for him and what he now truly values. He takes a personal look at what life's really about now that the comedy clubs are closed and he can't go anywhere, and investigates how much his existence has been improved by the arrival of a new flatmate: his girlfriend.

Written by Alex Edelman and Max Davis

With special thanks to
Josh Weller
Simon Alcock
Charlie Dinkin
Adam Brace
Danny Jolles
and
Hannah Einbinder

Producer is Sam Michell

It is a BBC Studios Production.

THURSDAY 11 AUGUST 2022

THU 00:00 Midnight News (m0019z5p)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019z5r)
[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m0019z5t)

The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes (m0019z5w)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m0019z5y)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m0019z60)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m0019z62)

A spiritual comment and prayer to begin the day with the Rev Carolyn Skinner.

Good Morning.

I once heard a story of an alligator attack on a little boy who had gone swimming. His mother witnessed the terrifying events unfold and ran towards the water yelling to her son as loudly as she could. From the shores edge, the mother grabbed her little boy by the arms just as the alligator snatched his legs. Then began an incredible tug of war. The alligator was stronger than the mother, but the mother was too passionate to let go. A passer-by heard her screams and the alligator was shot. After weeks in hospital, the boy survived. The newspaper reporter who interviewed the boy asked if he would show him his scarred legs. They were horrific. But then the boy said to the reporter "But look at my arms. I have great scars on my arms too. I have them because my mum wouldn't let go."

Our scars tell a story. They make us who we are. I remember an interview with the British Paralympian Richard Whitehead when he was asked if he would go back in time and prevent his disability. Without hesitation he said no. If his life had taken a different course, he wouldn't be the champion he is today.

You and I have scars too. They tell a story and they make us who we are. Some of those scars may be unsightly and have caused us deep pain. But could some scars be there because God, in his passionate love, has refused to let go?

Living God, thank you that you never let us go. Help us in the challenges of life to have eyes to see the strength that we can gain from this.

Amen

THU 05:45 Farming Today (m0019z64)

Poor mobile coverage, New Zealand trade deal, Blackcurrant harvest

The hot weather has led to more crop fires during this years' harvest - today we hear from a farmer who had to phone 999 but couldn't get through because she had no mobile phone signal. The CLA, which supports rural businesses and landowners, says universal coverage is urgently needed and the network is not fit for purpose.

As farmers continue to speculate over how the UK's free trade agreement with New Zealand will affect business, the AHDB has published analysis it has been carrying out with Harper Adams University into the risks and opportunities. It says although the deal is better for farmers in New Zealand, the effect is not likely to be as extreme as some have predicted.

Plus we continue our look at the harvest in different parts of the UK - today it's blackcurrants. We hear how the hot weather has damaged some of the fruit, and led to a much earlier harvest.

Presented by Caz Graham
Produced in Bristol by Natalie Donovan

THU 05:58 Tweet of the Day (b04hkxpc)

Resplendent Quetzal

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Miranda Krestovnikoff presents the resplendent quetzal of Guatemala. The image of resplendent quetzals are everywhere in Guatemala, but the source of their national emblem is now confined to the cloud forests of Central America. Its beauty has long entranced people, the male quetzal a shimmering emerald-green above and scarlet below. His outstanding features are the upper tail feathers which, longer than his entire body, extend into a train almost a metre in length, twisting like metallic ribbons as he flies through the tree canopy. Historically resplendent quetzals were considered sacred to the Mayans and Aztecs for their brilliant plumage, with the lavish crown of the Aztec ruler Moctezuma the Second, containing hundreds of individual quetzal tail plumes.

THU 06:00 Today (m0019z20)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 Positive Thinking (m0019z22)

Can mass trespass help reconnect Britons with nature?

Could wider access to Britain's countryside bring us closer to nature and in turn bring increased social and environmental benefits? Sangita Myska meets Guy Shrubsole, author of *Who Owns England* and founder of Right to Roam – a campaign to improve access to privately held land.

According to Shrubsole, in Britain (excluding Scotland) we are excluded from 92 per cent of the land and 97 per cent of its waterways. Yet the Covid lockdowns highlighted how much we crave green spaces and how many of us do not have the privilege of easy access to nature.

In 1932, the Kinder Scout mass trespass in Derbyshire ultimately led to the establishment of our national parks in mainly upland areas – including the Peak District, the Lake District and Snowdonia. Public rights of way were further enshrined in law in the Countryside and Rights of Way Act 2000.

Mass trespassing, Shrubsole argues, could once again be a meaningful way of connecting with the British landscape and put pressure on the government to improve the Right to Roam to include woodlands and rivers. Is he right?

Contributors include:

Lady Victoria Vyvyan, deputy president of Country Land and Business Association, and herself owner and manager of a 1,000-acre estate in Cornwall.

Maxwell Ayamba, journalist and academic, champion of countryside access for minority communities, based in Sheffield near the Peak District.

Professor Rich Mitchell, of the University of Glasgow, who researches the health impacts of green spaces.

Producer: Dom Byrne
A Whistledown production for BBC Radio 4

THU 09:30 The Climate Tipping Points (m00181m0)
5. Society

Justin Rowlett asks whether humanity itself is on the cusp of its own tipping point - one that will galvanise us to take rapid unprecedented action in order to contain the worst effects of climate change. In this series, he discovers how global warming may trigger irreversible changes to our planet.
Producer: Laurence Knight

THU 09:45 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019z24)
Episode 4

A new biography by Matthew Dennison of the creator of many much-loved literary characters.

The familiar image of Roald Dahl is that of an old man, a tall, stooping figure usually dressed in a long cardigan, a rug over his knees in his writing hut. But one of our greatest storytellers was, as a young man, a dashing, very tall, handsome chap who women were very much drawn to.

He was brought up by his feisty Norwegian mother, and her love of the country myths and folk tales of the North influenced his writing. A flying accident which nearly killed him ended his war career, which was followed by time in Washington, where he began his writing career with short stories. There he met the beautiful actress Patricia Neale and began a family. Tragedy struck when his elder daughter died from measles, his baby son was nearly killed in a road accident in New York, and his wife suffered a near fatal stroke from which he almost single-handedly forced her back into good health. For all his life he remained unafraid to court controversy, or to make his views known forcefully.

The reader is Owen Teale, an award-winning stage actor who has appeared in plays such as *Under Milk Wood*, *Macbeth* and *A Doll's House* for which he received a Tony Award for Best Featured Actor in a Play. He is also well known as a screen actor including, on television, roles in *Line of Duty*, *A Discovery of Witches*, *Spooks*, *Doctor Who* and *Game of Thrones*. On the big screen, his appearances include *Save The Cinema*, *Dreamhorse*, *Tolkien* and *The Last Legion*.

Abridged by Libby Spurrier
Directed by Celia de Wolff
Sound Design by Lucinda Mason Brown

A Pier production for BBC Radio 4

THU 10:00 Woman's Hour (m0019z26)

England Captain Leah Williamson

Having led the England women's team to Euro 2022 victory, Lionesses captain Leah Williamson joins *Woman's Hour* for a very special programme. Leah joins Jessica Creighton to reflect on winning England's first major trophy since 1966 and to discuss the future of women's football both at the elite level and in schools. She also talks about her passions outside of football, including being a DJ. Jessica and Leah speak to Radio 1's Adele Roberts and Dr Kelly Jakubowski, from Durham University who is an expert in music and psychology, about how you find the perfect track for a celebration. And, fashion and football aren't necessarily two things you'd put together, but they are two

topics very close to Leah's heart. She expresses herself through her clothes and will talk about her love of unisex fashion. We will also speak to an original Lioness, Sue Whyatt, to discuss how far the game has come.

Presenter: Jessica Creighton
Producer: Emma Pearce

THU 11:00 Crossing Continents (m0019z28)

After the 'Narco-President': Rebuilding Hope in Honduras

When the president stands accused of drug trafficking, what hope is there? From 2014, for eight years Juan Orlando Hernandez ruled Honduras like his personal fiefdom. A Central American strongman comparable with some of the worst from decades past, under his presidency Honduras began a rapid descent into a so-called "narco-state". The allegations against his government soon started to mount up: human rights violations, corruption and impunity; accusations of torture and extrajudicial killings by the police and military. And at its heart, the claim by US prosecutors of a multi-million dollar drug smuggling ring, overseen from the presidential palace itself. Just weeks after he left power in January 2022, Juan Orlando Hernandez was arrested and extradited to the US to face drug trafficking charges. American prosecutors allege he used his security forces to protect some drugs shipments and eliminate competitors.

Will Grant, the BBC's Central America Correspondent, finds out what life was like under the disgraced president and meets some people trying to instil a little hope in a nation which hasn't had any for a long time. He meets Norma, the mother of Keyla Martinez, who was killed in a police cell. Initially, the police said she had killed herself but hospital reports later proved this wasn't the case. Now, can Norma Martinez's campaign for justice bring a sense of hope to those who don't trust the authorities and have endured years of rampant corruption and police impunity?

Producer: Phoebe Keane
Fixer in Honduras: Renato Lacayo

THU 11:30 Recalculating Art (m0019z2b)

Art by women is literally undervalued. The highest price achieved by a contemporary female artist is \$12.4m, while it is \$91m for a man. If a painting is signed by a man it goes up in value, signed by a woman it goes down.

We might expect this historically, but as the majority of art students today are women, why is there such a gender value gap now?

To untangle this mystery, Mary Ann Sieghart enters a thrilling world of glitzy, high-stake auctions and make-or-break gallery decisions. She lifts the lid on the opaque world of art valuation, explores how punters react to genderless AI art, and uncovers historic collusion and contemporary bias. She asks if male artists are actually better than women and why, in the bible of the art world today, there is just one woman mentioned, as a footnote.

Pinning down work being done to level this playing field, Mary Ann talks to the galleries showing more works by women, discovering powerful women shifting the attention and canny investors who are realising maybe it is just the right time to buy.

Featured in the programme are: Frances Morris, director of Tate Modern; Prof of Finance, Renee Adams; from Sotheby's Helena Newman and Marina Ruiz Colomer; philanthropist Valeria Napoleone. Bellatrix Hubert from David Zwirner gallery; author Helen Gorrill, art curator Naomi Polonsky, and the London Art Fair.

Producer: Sarah Bowen

THU 12:00 News Summary (m0019z2d)

The latest national and international news from BBC Radio 4.

THU 12:04 You and Yours (m0019z2g)

Is my house on the scammers list?

You and Yours investigates why thousands of people right across the UK are having companies set up using their address by fraudsters who then use the details to take out loans and run up debts.

Someone is able to register a business at Companies House in minutes for just £12 – without having to provide proof of identification. Our investigative reporter, Shari Vahl, has uncovered evidence of criminal gangs exploiting this loophole, setting up thousands of fake companies affecting entire streets in locations across the country.

During this special programme, we'll hear from people in Oxford, Torquay and Oldham - where on one residential street,

every household has been targeted by these scammers.

Victims have told us how they face a struggle to have fraudulent details removed from the register. In some instances, Companies House will delete information, although it takes weeks. Some fraudulent information can only be removed with a court order.

We'll hear from financial expert Graham Barrow, who says potentially more than one hundred thousand bogus companies have been registered.

We'll also hear from Labour's Darren Jones MP. He chairs the Business, Energy and Industrial Strategy Committee, who help to oversee the work of Companies House.

PRESENTER: Winifred Robinson
REPORTER: Shari Vahl
PRODUCER: Linda Walker

THU 12:32 Sliced Bread (m0019z2j)

Dog food, Diet fizzy drinks, Mouthwash

Is expensive dog food better for your pooch than the cheap stuff? Are diet fizzy drinks actually 'bad' for you? And should we all add mouthwash to our bathroom routine?

With Greg up at the Edinburgh Fringe Festival this week we're doing something a little different - investigating THREE of the wonder-products you've sent us on WhatsApp in a triple slice of quick investigations.

First up, listener Ali in Bristol wants to know whether the expensive dog food she bought is really better for her new pooch than the cheaper stuff. Greg speaks to one of the UK's most senior vets to find out the differences between wet and dry dog food and whether the latest doggy diet trends of vegan and raw food diets are a good idea for our canine companions.

Second is Sophie who loves Diet Coke but her friends and family say it's bad for her. Greg finds out about the latest evidence from the Chief Scientific Adviser to the UK regulator, the Food Standards Agency.

Finally, listener Helen wants to know - what's the point of mouthwash? And in finding out, Greg's bathroom routine is turned on its head!

Keep your suggestions coming for wonder-products you'd like us to investigate. Send them over on email to sliced.bread@bbc.co.uk or as a voice note to our WhatsApp number: 07543 306807.

PRESENTER: Greg Foot
PRODUCER: Simon Hoban

THU 12:57 Weather (m0019z2i)

The latest weather forecast

THU 13:00 World at One (m0019z2n)

Forty-five minutes of news, analysis and comment, with Jonny Dymond.

THU 13:45 Larkin Revisited (m0019z2q)

Toads Revisited

Across ten programmes and ten Philip Larkin poems, Simon Armitage, the Poet Laureate, finds out what happens when he revisits and unpicks Larkin's work in his centenary year.

Episode four:
Simon Armitage explores Philip Larkin's poem Toads Revisited.

Larkin's image of the toad as a metaphor for the burden of work appears in his poem Toads - but in Toads Revisited the 'toad work' becomes a kind of crutch, helping the poet 'down Cemetery Road'. Does the image of the 'toad' still work for us today, as Larkin intended?

Producer: Faith Lawrence
Mixed by: Sue Stonestreet

THU 14:00 The Archers (m0019z2s)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama (m000m5m8)

Agatha Christie's The Rose and the Yew Tree

Famous for her ingenious crime books and plays, Agatha Christie also wrote about crimes of the heart under the name of Mary Westmacott.

The Rose and the Yew Tree is set in a Cornish seaside town, during the election of 1945 when it was assumed Churchill would be re-elected as Prime Minister. It's the story of an enigmatic young woman, Isabella, who everyone expects will marry her cousin Rupert, the returning war hero. But she becomes seemingly intrigued by the working class opportunistic parliamentary candidate, John Gabriel.

Agatha Christie flouts all the known rules of love and class only to then reveal the tragic results of such behaviour. The play explores the true meaning of their love as it exists on its own unmatchable and uncompromising terms.

Cast:
Hugh Norreys ... Richard McCabe
Teresa Norreys/Milly Burt ... Selina Cadell
Capt. Carslake ... Jonathan Cullen
Lady St. Loo ... Avril Clark
John Gabriel ... Toby Jones
Isabella Charteris ... Ioanna Kimbuck
Rupert St. Loo/ James Burt ... Stephen Critchlow

Written by Agatha Christie as Mary Westmacott
Adapted by Malcolm McKay

Sound Designer: Leon Chambers

Directed by Catherine Bailey
A Catherine Bailey production for BBC Radio 4

THU 15:00 Open Country (m0019z2v)

Finding Balblair

Helen Mark is in Ullapool in the Scottish Highlands, where she discovers the "lost" village of Balblair, visits the spectacular Corrieshalloch Gorge and tours the Russian Arctic Convoy Museum.

Presented by Helen Mark
Produced by Kathleen Carragher

THU 15:27 Radio 4 Appeal (m0019yvj)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Bookclub (m0019yw9)

[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Infinite Monkey Cage (m0019yjt)

[Repeat of broadcast at 19:15 on Saturday]

THU 16:30 BBC Inside Science (m0019z2y)

Amplified Arctic Amplification and Microclot Clues to Post-Viral Disease

Professor Anna Hogg joins us on today's programme for some polar explorations, we speak to one team recalculating arctic warming estimates and another who are storm chasing in Svalbard. Antii Lipponen from the Finnish Meteorological Institute talks us through how quickly the arctic is really warming and Professor John Methven and PhD student Hannah Croad from the University of Reading send greetings from Svalbard where they're chasing arctic storms.

Also, new evidence for a possible biomarker of ME/Chronic Fatigue Syndrome - a condition associated with debilitating tiredness and brain fog similar to Long Covid. The microclots, described by Professor Doug Kell at the University of Liverpool and Professor Resia Pretorius of University of Stellenbosch, suggest a possible inflammatory cardiovascular element to the disease which might one day forge a path towards new treatments.

And how can trees help us in a heatwave? Vic joined Dominik Spracklen from the University of Leeds on a stroll around a Cumbrian forest to explore the cooling potential of forests.

Presented by Victoria Gill
Reporter Emily Bird
Produced by Alex Mansfield

THU 17:00 PM (m0019z30)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

THU 18:00 Six O'Clock News (m0019z32)

There are warnings of a possible drought and the risk of fires as temperatures climb

THU 18:30 Michael Spicer: Before Next Door (m000k32m)

What happens when a socially awkward and neurotic part-time comedian becomes a global internet sensation? Michael Spicer:

Before Next Door charts Michael's real-life progress - sort of - as his Room Next Door videos amass tens of millions of views online and win him acclaim for his comedy, at last.

But how will Michael cope?

Will this married father of two ever be able to quit his day job as a copywriter for a kitchen worktop company? Why is the broadcaster Peter Curran in his house? And could hang-gliding with BBC Radio 5Live presenter Emma Barnett be a way to advance his career?

After 20 years of making comedy under the radar, Michael is now on the cusp of leaving the office behind and - with the help of his wife Roberta - making a living out of being funny. But will an ordinary person like Michael be able to successfully navigate the unpredictable road to fame? Well, probably not, no.

Performers: Michael Spicer with Ellie Taylor, Joanna Neary, Peter Curran and Emma Barnett.

Writer: Michael Spicer
Producer: Matt Tiller

TalkRadio interview with Boris Johnson from TalkRadio / News Licensing.

A Starstruck production for BBC Radio 4

THU 19:00 The Archers (m0019z34)

Loading up veg boxes, Pat tells Tom she doesn't think they've ever sold so many salad crops. Tom thinks it's helped by their personalised social media content, including the diary about Nova and Seren. Tom worries how Pat's going to cope on her own at the food and music festival. When Tom delivers Joy's veg box, she notices he looks a bit ragged. She invites him in for a cuppa and something to eat. Later Joy tells Pat that Tom had mentioned how under the cosh they all are. Pat's relieved when Joy offers to help at the festival.

At the Orangery Freddie mentions to Chelsea that she seems distracted. When Adil tells Chelsea that his lunch guest has a nut allergy, Chelsea says she'll deal with it. But later Adil complains that his guest has been served a dressing containing hazelnut oil. Adil's not impressed and Freddie's cross with Chelsea. He tells Chelsea to buck up her ideas; she could've killed that customer. He's not sure if they can continue to employ her; he's going to have to talk to Trent about Chelsea's future. Later Russ bumps into Chelsea sobbing in the storeroom; it's all too much for her. She tells him all about her troubles at home and how she scraped Gemma's car. And now she might be fired. It's a mess. Later he asks Freddie to give Chelsea a second chance. Freddie understands that Chelsea's having a hard time. He'll have a think, but it's up to Trent so he's not making any promises.

THU 19:15 Front Row (m0019z36)

Edinburgh Festival: Burn, Counting & Cracking, Aftersun, Festival picks

Live from Edinburgh, with a review of Alan Cumming's one man show, Burn, which sets out to update the biscuit-tin image of Robert Burns. Plus Counting & Cracking - the epic, multilingual life journey of four generations, from Sri Lanka to Australia. To review the Edinburgh International Festival performances, Kate Molleson is joined by Arusa Qureshi, writer and editor of Fest Magazine, and Alan Bissett, playwright, novelist and performer.

Plus we speak to Scottish film director Charlotte Wells about her critically acclaimed new film Aftersun, as she returns to her home town to open this year's Edinburgh International Film Festival.

Presenter: Kate Molleson
Producer: Emma Wallace

Photo: Burn - Alan Cumming; picture credit - Gian Andrea di Stefano

THU 20:00 The Briefing Room (m0019z38)

The Cost of Living Crisis

There are growing calls for emergency measures to tackle the cost-of-living crisis. Energy bills are now predicted to be hundreds of pounds higher than was expected just a few weeks ago. The Bank of England has increased interest rates, and warned of the twin threat of inflation and a recession.

What policy options does the government have? How can ministers get help to the growing numbers of people forced to choose between heating and eating.

Joining David Aaronovitch in The Briefing Room are:

Felicity Hannah, consumer affairs journalist and BBC

Moneybox presenter

Nicole Sykes, director of Policy and Communications, Pro Bono Economics
Nick Eyre, professor of Energy and Climate Change, Oxford University
Gemma Tetlow, chief economist, Institute of Government
Duncan Weldon, economist and author of Two Hundred Years of Muddling Through

THU 20:30 The Digital Human (m0010ndg)

Series 24

Servitude

Aleks Krotoski explores the relationships between social media content creators and their audience, asking how does it get complicated when money starts to change hands.

These are often described as para-social relationships. Ones were the audience knows a lot about the content creator and they know next to nothing about the viewers. This can lead to misunderstandings and even behaviours that border on coercive control.

How can this new breed of celebrity navigate this world when what their subscribers are paying for is their own piece of them?

Producer: Peter McManus

THU 21:00 BBC Inside Science (m0019z2y)

[Repeat of broadcast at 16:30 today]

THU 21:30 Positive Thinking (m0019z22)

[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m0019z3b)

In depth reporting, intelligent analysis and breaking news from a global perspective

THU 22:45 A Month in the Country by JL Carr (m0019z3d)

Episode Four

Set across a golden summer month, this poetic classic by JL Carr sees war veteran Tom Birkin finds peace and healing in the Yorkshire village of Oxgodby as he uncovers a mysterious Medieval mural in the church.

Tom solves a mural mystery and a chance encounter on a trip outside the village reveals a surprising secret about Charles Moon.

Read by Will Howard
Abridged by Clara Glynn
Produced by Naomi Walmsley

THU 23:00 Your Place or Mine with Shaun Keaveny (p0c41r87)

Ching He Huang: Taipei, Taiwan

Food writer and chef Ching He Huang tries to tempt Shaun to the bustling city of Taipei. Will the promise of stunning skyscrapers, extraordinary museums and delicious food be enough to get Shaun off his sofa and all the way to the island of Taiwan?

Your Place Or Mine is the travel podcast that isn't going anywhere - not until guests can convince Shaun Keaveny it's worth getting off the sofa for. Each week a familiar face will try to persuade Shaun and resident geographer, historian and comedian Iszi Lawrence that jetting off to their favourite destination is worth the hassle.

Across the series listeners will be able to figuratively globe-trot to a new destination, as guests share a personal guide to their favourite place on the planet. Iszi will be on hand to check out the facts during the podcast's metaphorical tour of its visitors' much-loved locations.

With all the missed travel these past two years, Your Place Or Mine will explore whether getting back on a plane is too much for our wallets and limited carbon budgets, or if seeing the world and experiencing global cultures is something we can't afford to miss.

Your Place or Mine is a BBC Audio production for BBC Radio 4 and BBC Sounds.

Producers: Proinsias O'Coinn and Jen Whyntie

THU 23:30 Dr Phil's Bedside Manner (m000zcc2)

Series 1

Dr Phil Hammond visits the Royal United Hospital in Bath

An innovative mix of comedy performance and documentary in a new series presented by Dr Phil Hammond.

As a doctor and a comedian, Phil knows that humour and laughter are vital coping mechanisms in the NHS, as he travels the UK on a mission to listen to the beating heart of a national institution.

The programmes are an adventurous, hilarious, thought provoking mix of humour and happiness, tragedy and reflection as the personal thoughts, opinions, experiences and hopes of people who work for and use the NHS are revealed.

In each programme, Phil visits one NHS hospital somewhere in the UK and speaks to porters and patients, cleaners and cardiologists, visitors and volunteers, the managers and the medics.

And at each location Dr Phil performs a free stand-up comedy show for the staff, based on his listening experiences at that location and the stories of the people he has met.

A Ride production for BBC Radio 4

FRIDAY 12 AUGUST 2022

FRI 00:00 Midnight News (m0019z3j)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019z24)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m0019z3l)

The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m0019z3n)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m0019z3q)

The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m0019z3s)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m0019z3v)

A spiritual comment and prayer to begin the day with the Rev Carolyn Skinner.

Good morning.

In a powerful TV documentary recently the 4 times Olympic champion Sir Mo Farah revealed that he is not actually Mo Farah but Hussein Abdi Kahin as he was given an alternative identity when he was trafficked to the UK as a child. It is a heart-breaking and horrific story which no human should ever have to go through. It takes great courage and strength to share such trauma so publicly.

Having a strong understanding of our identity is at the core of our sense of belonging and wellbeing. David Benner, a psychologist and author of the book "The Gift of Being Yourself," defines identity as "who we experience ourselves to be — the I each of us carries within."

There are many things which help shape our identity: our upbringing, our roles in life, our passions and hobbies. Society often focusses on image, on the external things, but we know ultimately this will fade. A stable sense of self cannot fully exist when we place our identity in external things because that means that when circumstances change, our identity changes too. Many people find their identity in their own story, the experiences in life which have shaped them. Many also find it in their faith and relationship with God. Author Brennan Manning writes 'Define yourself radically as one loved by God. This is your true identity.' Even Mo Farah said he's now starting to understand what it means to be truly himself.

Loving God, may we each know a true security in who we are, resisting the temptation to project a fake image, but finding a peace and contentment in the depth of our being.

Amen

FRI 05:45 Farming Today (m0019z3x)

12/08/22 - Livestock welfare in extreme hot weather, Rydal

Country Show, Glorious 12th: start of grouse shooting season

Compassion in World Farming is warning farmers to take extra measures to protect their livestock in these current heat wave temperatures, and is calling on the government to suspend journeys for farmed animals unless absolutely necessary. It's 12 August, famous in shooting circles as the Glorious 12th because it's the first day of the red grouse shooting season. Grouse shooting, although not welcomed by all, does provide a welcome injection of cash into some remote rural areas. At this time of year there are farm and country shows right across the UK that can offer a real insight into rural life and traditions, both past and present. Yesterday was a glorious summer's day for the 118th Vale Of Rydal Sheepdog Trials and Hound Show in the central Lake District. Caz Graham took a look.

Presented by Caz Graham and produced by Beatrice Fenton.

FRI 05:58 Tweet of the Day (b04mplhz)

Common Indian Cuckoo

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Chris Packham presents the Indian cuckoo found across much of South East Asia. A bird singing "crossword puzzle" - "crossword puzzle" over the woods is an Indian Cuckoo, a shy and slender bird, grey above and barred black and white below. These features are similar to those of a small hawk and when a cuckoo flies across a woodland glade, it's often mobbed by other birds. They're right to sense danger. Indian cuckoos are brood parasites and the females lay their eggs in the nests of other species including drongos, magpies and shrikes. The Indian cuckoo's song is well-known in the Indian sub-Continent and has been interpreted in different ways. As well as "crossword puzzle" some think it's saying "one more bottle" or "orange pekoe". And in the Kangra valley in northern India, the call is said to be the soul of a dead shepherd asking "... where is my sheep? Where is my sheep?".

FRI 06:00 Today (m0019z8l)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m0019yvx)

[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 Teller of the Unexpected: The Life of Roald Dahl by Matthew Dennison (m0019zb7)

Episode 5

A new biography by Matthew Dennison of the creator of many much-loved literary characters.

The familiar image of Roald Dahl is that of an old man, a tall, stooping figure usually dressed in a long cardigan, a rug over his knees in his writing hut. But one of our greatest storytellers was, as a young man, a dashing, very tall, handsome chap who women were very much drawn to.

He was brought up by his feisty Norwegian mother, and her love of the country myths and folk tales of the North influenced his writing. A flying accident which nearly killed him ended his war career, which was followed by time in Washington, where he began his writing career with short stories. There he met the beautiful actress Patricia Neale and began a family. Tragedy struck when his elder daughter died from measles, his baby son was nearly killed in a road accident in New York, and his wife suffered a near fatal stroke from which he almost single-handedly forced her back into good health. For all his life he remained unafraid to court controversy, or to make his views known forcefully.

The reader is Owen Teale, an award-winning stage actor who has appeared in plays such as Under Milk Wood, Macbeth and A Doll's House for which he received a Tony Award for Best Featured Actor in a Play. He is also well known as a screen actor including, on television, roles in Line of Duty, A Discovery of Witches, Spooks, Doctor Who and Game of Thrones. On the big screen, his appearances include Save The Cinema, Dreamhorse, Tolkien and The Last Legion.

Abridged by Libby Spurrier
Directed by Celia de Wolff
Sound Design by Lucinda Mason Brown

A Pier production for BBC Radio 4

FRI 10:00 Woman's Hour (m0019z8q)

The Partition of India in 1947 and its impact on Women

It's been described as one of the most seismic events of the 20th century, but how did the Partition of the former imperial

domain of British India into two countries, India and Pakistan, affect women? The split led to violence, disruption and death with women facing kidnapping, rape and forced suicide. It was a time of huge destruction and disruption but it was also a time of courage, compassion and survival of the women who overcame trauma to somehow rebuild their lives. We hear from Shruti Kapila, professor of Indian History at Cambridge University and Ritu Menon, feminist publisher and writer, and author of *Borders & Boundaries: Women in India's Partition*, as they discuss the stories of women at this time.

Marvel, famous for its superhero comics, series and films has bought the story of Partition alive on screen in the new hit series *Ms Marvel* which features a Muslim female superhero for the first time. But is entertainment a good way to bring historical events to a new audience and generation? We hear from Fatima Asghar one of the writers responsible for an episode in the series dedicated to Partition. She explains how her own family story has influenced her writing.

The poet and musician Amrit Kaur uses her love of music to help raise awareness of the women whose lives were affected by Partition. She started learning the Indian classical instrument at the age of 13 and since then has travelled the world using music to share the struggles of women through her music, which also includes the use of Punjabi folk songs. She performs a Punjabi poem written by Amrita Pritam.

How are the events of the 1947 Partition remembered and understood by the younger generations? How does this type of trauma affect generations to come? We speak to three young women Unzela Khan, Dr Binita Kane and Amrit Kaur to talk about how the events of 1947 have shaped their lives and how it's contributed to who they are today.

Presenter: Anita Rani
Producer: Rabeka Nurmahomed

FRI 11:00 Moving Pictures (m000pw7r)

The Sherborne Missal

Each episode of Moving Pictures is devoted to a single artwork - and you're invited to look as well as listen, by following a link to a high-resolution image on Google Arts & Culture. Zoom in and you can see the pores of the canvas, the sweep of individual brushstrokes, the shimmer of pointillist dots.

This episode takes a closer look at one of the treasures of the British Library collection, the Sherborne Missal. It's a titan of a manuscript, weighing as much as the average five-year-old child and containing more paintings than many art galleries, including numerous tiny portraits of the patrons who commissioned it and the monks who laboured over its decoration.

To see the high-resolution image, visit www.bbc.co.uk/movingpictures and follow the link to explore the Sherborne Missal.

Interviewees: Kathleen Doyle, Eleanor Jackson, Alixe Bovey, Paul Binski, Patricia Lovett

Producer and presenter: Cathy FitzGerald

Art consultant: Leah Kharibian
Executive producer: Sarah Cuddon
Mix engineer: Mike Woolley

A White Stiletto production for BBC Radio 4.

Picture credit: a decorated initial 'R' containing a scene of the Resurrection of Christ, with a pheasant and the appearance of Christ to Mary Magdalene in the border. Detail from the page for Easter Sunday in the Sherborne Missal, British Library, Add. MS 74236, p. 216 © The British Library Board.

FRI 11:30 Mucking In (m0019z8s)

Series 1

Making Hay

The American landlady, Natalie Truss, wants to hold a posh garden party for her birthday on Ben's favourite heritage meadow, a couple of weeks before he is due to mow it. Ben is aghast and must veto this without upsetting her. Cicely is worried that they could lose the farm.

Luckily, Archie turns up bringing a self-help manual to heal his relationship with Beatrix, and Natalie is conveniently enchanted by Archie to change her plans.

By Sue Limb and Betsy Vriend

Cast:
Alison Steadman – Cicely
Nigel Planer – Ben
Morwenna Banks – Beatrix
Tony Gardner – Archie

A Little Brother production for BBC Radio 4

FRI 12:00 News Summary (m0019z8m)

The latest national and international news from BBC Radio 4.

FRI 12:04 AntiSocial (m0019z8x)

Online justice and rape

Rape allegations about a footballer have led to debate online and protests in real life.

A woman who says she was raped by a Premier League footballer put her allegations and evidence for them online. On social media some people have tried to pick holes in her account and demanded anonymity for people accused of rape. Others are outraged that the player hasn't been suspended by his club. In real life, an aeroplane banner protest said "Kick rapists off the pitch". What's the law on identifying rape suspects? How common are false allegations of rape? And do people actually understand the law on rape?

Presenter: Adam Fleming
Producers: Simon Maybin & Lucy Proctor
Researcher: Ellie House
Production co-ordinators: Maria Ogundele & Helena Warwick-Cross
Music: Oskar Jones
Editors: Hugh Levinson & Penny Murphy

FRI 12:57 Weather (m0019z8z)

The latest weather forecast

FRI 13:00 World at One (m0019z91)

Forty-five minutes of news, analysis and comment, with Jonny Dymond.

FRI 13:45 Larkin Revisited (m0019z93)

High Windows

Across ten programmes and ten poems, Simon Armitage, the poet laureate, finds out what happens when he revisits Philip Larkin's work in his centenary year.

Episode five:
Simon Armitage explores Philip Larkin's poem High Windows.

High Windows was described by one reviewer as speaking 'plainly of a feeling of exclusion from sexual happiness'. But does its swearing, and its transcendent imagery - 'the deep blue air' - still hold a charge for us today?

Producer: Faith Lawrence
Mixed by: Sue Stonestreet

FRI 14:00 The Archers (m0019z34)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (p0clftg)

English Rose

English Rose - Episode 5: Daddy Issues

By Helen Cross. Maya is excited by her new life and potential, but she has a lot to learn. Restraint for one thing. Rose is worried that Gulliver's family will want to steal him and The Others will try to kill him. Delphine isn't returning her calls. And then there's Austin, who knows her secret.

Eighteen year old Rose has travelled from Whitby to New York to work as nanny to a glittering but secretive family. It's a culture shock and Rose has had to devise ways of dealing with unwelcome male attention. But it turns out she is quite capable of looking after herself: bloody revenge is her speciality. She's not like the other girls. And Gulliver is no ordinary baby. This is a world not just of champagne, but shadows, where all is definitely not as it seems. Stylish and surprising fantasy horror with a comic twist, starring Alexandra Mardell (Coronation Street) and Demetri Goritsas (Ten Percent).

With music by Dana Margolin and Sam Yardley of Mercury-nominated band, Porridge Radio.

Rose ... Alexandra Mardell
Maya ... Miranda Braun
Austin ... Demetri Goritsas
Siobhan ... Dairede Mullins
Delphine ... Yasemin Özdemir
Randy ... Michael Begley
Art Guy ... Mathew Durkan
Beatrice ... Alexandra Hannant
Newsreader ... Tayla Kovacevic-Ebong
Jason ... Joseph Tweedale

Mam ... Jane Thornton

Including the voices of Jo Makel, Paul Murphy, James Hoggarth, Freya Pollaidh, Augusta Chapman, Becky Ripley and Ben Casswell.
Original music written and performed by Dana Margolin and Sam Yardley of Porridge Radio, and produced, mixed and engineered by Sam Yardley.

Sound design by Ilse Lademann
Producer...Mary Ward-Lowery

FRI 14:45 Living with the Gods (b09f2cxt)
Change Your Life

Neil MacGregor continues his series about the expression of shared beliefs with a focus on images which seek to change the viewer's behaviour.

A small coloured wood-cut, created in the Netherlands around 1500, offers a particularly gruesome rendering of Christ's crucifixion. Christ is pictured with blood pouring from his torso, his head, his legs and his outstretched arms. These are not realistically arranged droplets; instead we see a flurry of vertical red strokes, tightly packed together and evenly spaced. Neil MacGregor reflects on the purpose of this image.

He also considers a serene figure of the Buddha, a halo behind his head, already in his enlightened state.

Producer Paul Kobrak

Produced in partnership with the British Museum
Photograph (c) The Trustees of the British Museum.

FRI 15:00 Gardeners' Question Time (m0019z96)
Morden Hall Park: Postbag

Peter Gibbs and the panel are at Morden Hall Park, London. Christine Walkden, Matt Biggs and Juliet Sargeant answer the horticultural questions.

This week, the panellists suggest some cascading plant ideas for a flat roof, as well as offering up tips for starting an orchard and musing over the fascinating history of growing holly next to oak trees.

Horticulturalist at Morden Hall Park, Jade Wall, takes the team on a tour round the park's Edwardian rose garden, willow wood, and the wetland fed by the river Wandle.

Producer: Jemima Rathbone
Assistant Producer: Bethany Hocken

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m0019z98)
Straight Fire by Gurnaik Johal

Four young men on a stag weekend: a summer expedition of camping, wild swimming and cooking over an open fire. As they bicker and tease, test and taunt one another, Straight Fire explores the shared histories that bind them, and the cracks in their relationships. It's story about heritage, fatherhood and masculinity which culminates in a shocking act.

Straight Fire is written by Gurnaik Johal, who won the 2021/22 Galley Beggar Press short story prize, and has recently published his first collection. We Move.

The reader is Antonio Aakeel.

Producer: Nicola Holloway

FRI 16:00 Last Word (m0019z9b)

James Lovelock, Ayman al-Zawahiri, Roy Hackett MBE, Dame Olivia Newton-John

Kirsty Lang on

James Lovelock (pictured), the scientist and inventor who came up with the Gaia theory.

Ayman al-Zawahiri, the leader of the terrorist group Al-Qaeda.

Roy Hackett MBE, who led the Bristol bus boycott in 1963.

Dame Olivia Newton-John, the singer and actor who starred in Grease.

Producer: Emily Finch

Interviewed guest: Bryan Appleyard CBE
Interviewed guest: Paul Martin
Interviewed guest: Lynn Mareno

Interviewed guest: Professor Kehinde Andrews
Interviewed guest: Holly Thomas

Archive clips used: Web of Stories - YouTube channel, James Lovelock - The Gaia Theory (11/17) 17/08/2017; BBC Radio 4, Desert Island Discs - James Lovelock 17/11/1997; AP Archive, USS Cole Attacked 12/10/2000; BBC News, Bombings in New York 11/09/2001; BBC Two, Newsnight - London Bombings 07/07/2005; BBC Radio 4, Six O'clock News 06/10/1981; AP Archive, Muslim Extremists Trial 15/12/1982; PBS News Hour, President George W. Bush - First US strikes in Afghanistan 07/10/2001; CBS News, Biden announces death of Ayman al-Zawahiri 02/08/2022; BBC Ideas, Why I'm still fighting racism at 90 24/01/2019; BBC One, Paul O'Grady's Working Britain 15/08/2013; BBC World Service, Witness - Bristol Bus Boycott 10/10/2019; BBC One, Parkinson - Olivia Newton-John interview 02/12/1978; Paramount Pictures/Robert Stigwood Organisation (RSO)/Allan Carr Production, Grease (Film clip) 1978.

FRI 16:30 Feedback (m0019z9d)

Radio 4 Drama Commissioner Alison Hindell answers comments from listeners, discusses the changing nature of audio drama and responds to criticism of a drama about David Cameron written by his former director of communications.

There has been strong reaction to comments made on the Today programme about the Hillsborough disaster, which were not robustly challenged by the presenter.

And a husband and wife critique the World Service programme and podcast, Dear Daughter.

Presenter: Roger Bolton
Producer: Kate Dixon
Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

FRI 17:00 PM (m0019z9g)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

FRI 18:00 Six O'Clock News (m0019z9l)

The author Salman Rushdie is stabbed in the neck on stage at an event in New York State

FRI 18:30 Party's Over (m0019z9n)

Series 2

Changing of the Guard

What happens when the prime minister suddenly stops being prime minister? One day you're the most powerful person in the country, the next you're irrelevant, forced into retirement 30 years ahead of schedule and find yourself asking 'What do I do now?'

"I can't just disappear like Gordon Brown. They say he barely gets out of bed now. Just sits there doing word-searches and eating Kit Kat Chunkies. Miserable. I hate the chunky ones."
Former British Prime Minister Henry Tobin

This week, a security breach leads to MI5 sending Henry a new personal protection officer.

Starring Miles Jupp, Ingrid Oliver, Emma Sidi, Justin Edwards and Mali Ann Rees.

Written by Paul Doolan and Jon Hunter
Producer: Richard Morris
Production co-ordinator: Caroline Barlow
Sound recordist and designer: David Thomas

A BBC Studios Production

FRI 19:00 The Archers (m0019z9q)

Writer, Keri Davies
Director, Kim Greengrass
Editor, Jeremy Howe

Pat Archer Patricia Gallimore
Tony Archer David Troughton
Natasha Archer Mali Harries
Tom Archer William Troughton
Lilian Bellamy Sunny Ormonde
Harrison Burns James Cartwright
Chelsea Horrobin Madeleine Leslay
Tracy Horrobin Susie Riddell
Joy Horville Jackie Lye
Russ Jones Andonis James Anthony
Jazzer McCreary Ryan Kelly
Freddie Pargetter Toby Laurence
Adil Shah Ronny Jhutti

Lynda Snell Carole Boyd

FRI 19:15 Screenshot (m0019z9s)

Watergate on Screen

Fifty years ago a break-in at the Watergate complex in Washington DC caused a cover-up that ultimately cost Richard Nixon the presidency. From the moment the hearings into the scandal were televised, there has been a massive audience for all things Watergate. There have been feature films, plays, podcasts, online comedy series, documentaries and TV dramas. Ellen E Jones and Mark Kermode investigate the lasting legacy of Watergate on screen.

Actor and comedian Harry Shearer has been playing Tricky Dicky since the very start of his career. He tells Mark about turning the president's tape recordings into verbatim comedy-drama Nixon's The One.

Over a series of TV interviews the late Sir David Frost got President Nixon to admit that he had acted illegally and let the American people down. Mark talks to Michael Sheen who played the British broadcaster on both stage and screen in Frost/Nixon.

Meanwhile, Ellen explores politically focused TV and film with the creator of The Thick of It and Veep, Armando Iannucci and screenwriter Liz Hannah, whose films The Post and Long Shot focus on journalism and politics.

And journalist and broadcaster Martha Kearney gives her Viewing Notes.

Producer: Marilyn Rust

A Prospect Street production for BBC Radio 4

FRI 20:00 Any Questions? (m0019z9v)

Diane Abbott MP, Alistair Carmichael MP, Paul Johnson, Rachel Maclean MP

Luke Jones presents political debate and discussion from the Steam Museum in Swindon with Labour MP Diane Abbott, Liberal Democrat Alistair Carmichael MP, the Director of the Institute for Fiscal Studies Paul Johnson and the Conservative MP Rachel Maclean.

Producer: Camellia Sinclair
Lead broadcast engineer: John Benton

FRI 20:50 A Point of View (m0019z9x)

The Samsara of Salmon

John Connell goes fishing in northern Spain, home to one of the oldest populations of Atlantic salmon in the world.

But he discovers a world on an ecological edge - with water at dangerously low levels, distraught fishermen and virtually no fish.

'What is a fish without a river?' he asks. 'Indeed what is a river without a fish?'

Producer: Adele Armstrong
Sound: Neil Churchill
Production Coordinator: Iona Hammond
Editor: Richard Fenton-Smith

FRI 21:00 Larkin Revisited (m0019z9z)

Born Yesterday, Talking in Bed, Toads Revisited, High Windows

Through a selection of iconic Philip Larkin poems, Simon Armitage, the Poet Laureate, finds out what happens when he revisits and unpicks Larkin's work in his centenary year.

FRI 22:00 The World Tonight (m0019zb1)

In depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 A Month in the Country by JL Carr (m0019zb3)
Episode 5

Set across a golden summer month, this poetic classic by JL Carr sees war veteran Tom Birkin finds peace and healing in the Yorkshire village of Oxgodby as he uncovers a mysterious Medieval mural in the church.

As summer draws to an end the final mystery of the mural is solved and Tom faces up to his feelings toward Alice Keach.

Read by Will Howard
Abridged by Clara Glynn

Produced by Naomi Walmsley

FRI 23:00 Great Lives (m0019z0l)

[Repeat of broadcast at 16:30 on Tuesday]

FRI 23:30 Sarah Kendall: Talking Story (m000x6w9)

Sharon Horgan

Sarah Kendall started her career as a stand-up comedian in the late 90's in Australia. After 15 years performing stand-up comedy in comedy clubs and at festivals around the world, Sarah moved away from the more traditional joke telling aspect of the job and transitioned into storytelling.

Sarah wanted to create something on stage that felt like the sort of films she loved to watch, so she wrote an hour-long show that was one single story as opposed to a series of jokes and routines. She reimagined her teenage years as though they had been directed by John Hughes, giving her memories a full, cinematic makeover.

She found, in telling these personal stories, that she was connecting with her audience in a way that was more meaningful to her and in a way that she wasn't able to with the jokes and routines in her previous shows. What is it about stories that brings people together. How do we use stories to make sense of life?

In this series, Sarah will be talking to three different storytellers about what 'story' means to them and about how they developed their own style of storytelling in their respective mediums.

In this episode, Sarah talks to writer and director Sharon Horgan about finding the perfect writing partner, how her writing reflects her life and a disastrous audition with Ricky Gervais.

Sarah's live storytelling shows have been adapted for BBC Radio 4 and have formed two seasons of her series - 'Sarah Kendall: Australian Trilogy'. The show went on to win numerous awards including the Writers' Guild of Great Britain Award. Since then, Sarah has gone on to write and star in the award winning and BAFTA nominated sitcom 'Frayed'.

Presenter - Sarah Kendall

Guest - Sharon Horgan

Producer - Carl Cooper

This is a BBC Studios production