

SATURDAY 30 OCTOBER 2021

SAT 00:00 Midnight News (m0010xy)

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 Slime: A Natural History by Susanne Wedlich (m0010xw0)

A Billion Years of Slime

Slime is an ambiguous thing. It exists somewhere between a solid and a liquid. It inspires revulsion even while it compels our fascination in fiction and on the screen. It is both a vehicle for pathogens and the strongest weapon in our immune system. Many of us know little about it, yet it is the substance on which our world turns.

Sirine Saba reads from Susanne Wedlich's ground-breaking new book which leads us on a journey through the 3-billion-year history of slime. There is probably no single living creature that does not depend on slime in some way. Most organisms use slime for a number of functions: as a structural material, as jellyfish do; for propagation, as plants do; to catch prey, as frogs do; for defence, like the hagfish; or for movement, like snails.

In this final episode, the story of how slime dominated the Earth for a billion years and the crucial role it played in the evolution of life. And, with climate change, some scientists think slime could re-emerge to dominate the planet for another billion years.

Written by Susanne Wedlich and translated by Ayça Türkoğlu
Abridged and produced by Jane Greenwood
A Loftus Media production for BBC Radio 4

SAT 00:48 Shipping Forecast (m0010xw2)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m0010xw4)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SAT 05:20 Shipping Forecast (m0010xw6)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m0010xw8)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m0010xwb)

A spiritual comment and prayer to begin the day with Brahmacharini Shripriya Chaitanya

Good morning. As our days become shorter and colder, we look forward to festivities that bring light and warmth. Radio 3 marks the changing clocks with a special season called 'Capturing Twilight' that will be aired tonight, from 1am onwards.

As the clocks go back tomorrow night and we bid farewell to lighter evenings and darker mornings, we're granted the - somewhat paradoxical - gift of more time.

According to the ancient Hindu scriptures, the Vedas, time is cyclical. Creation exists in cycles between periods of dissolution, when everything rests in an unmanifest state. In each cycle of creation events take place in largely the same way, with some minor differences. It is not only creation that exists in this way but also each of us, as individuals.

And life sometimes does feel cyclical, whether on a daily basis or on a larger scale of months, or years. We often find ourselves doing the same things we were doing yesterday, six months ago, or ten years ago. We find ourselves repeating the same thoughts.

Moments we live through seem to continue endlessly, and yet years seem to pass in the blink of an eye. What do we do with time, this fundamental dimension, that we measure objectively but experience in a distinctly subjective way? My teacher often says, "we don't waste time; we waste ourselves". Time has no gains or losses; it is we who give value to time.

May God's grace enable us to live in the present moment with awareness, acceptance, and love.

Hari Om.

SAT 05:45 Green Originals (m000df4k)

Severn Cullis-Suzuki

Severn Cullis-Suzuki was twelve years old when she gave a

speech demanding action on the environment at the Rio Earth Summit in 1992.

Like many young people who came after her, she demanded that adults listen and act swiftly to protect her future. She had grown up with a love of nature and was scared and angry about the extinction of animal species, pollution, and the destruction of forests.

In this programme, the naturalist and broadcaster Chris Packham reflects on the impact of her speech and the power of children's voices in the climate debate.

Producer: Natalie Steed
Series Editor: David Prest
A Whistledown production for BBC Radio 4 in association with The Open University

SAT 06:00 News and Papers (m001144g)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m0010xpj)

Until the land runs out

This is the story of a young man called William Henry Quinn who returned from war and walked from Cornwall to Scotland. He also went to Wales, the Cotswolds and the Yorkshire Dales. It's a tale for anyone who has ever tried to regather themselves with a little help from time and landscape, but the truth of his journey is not quite all it seems. There are letters, photos and various objects including a marlin knife, all of them belonging to Lottie Davies.

Miles Warde met Lottie Davies out on Dartmoor to find out who Quinn really was, and whether he walked until the land ran out.

With contributions from actor Sam Weir and narrated by Kate Chaney.

The producer for BBC Audio in Bristol is Miles Warde

SAT 06:30 Farming Today (m001144j)

30/10/21 - Farming Today This Week: COP26, Grassland management, Sewage outflows

COP26 is being described as the last, best chance of averting dangerous climate change. So what are farmers doing to tackle climate change, and is it enough?

Charlotte Smith delves into the dos and don'ts of grassland management - from short-rest rotational grazing to multi-species leys.

And as sewage outflows hit the headlines, we hear from a farmer who says water companies should face the same regulations as farmers.

Presented by Charlotte Smith
Produced for BBC Audio in Bristol by Heather Simons

SAT 06:57 Weather (m001144i)

The latest weather reports and forecast

SAT 07:00 Today (m001144n)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m001144q)

Daisy May Cooper

Daisy May Cooper, the comedy actor and writer joins Nikki Bedi and Richard Coles to talk about how her life growing up in rural Gloucestershire inspired the BBC Three mockumentary-style, *This Country*.

Thomas Leeds also joins us. He was left with no memories of his childhood after a car accident, until an iconic 80s song suddenly unlocked memories that had been lost for years.

When Jacob Mitchell aka MC Grammar, a teacher from north London, posted a video of himself rapping *The Gruffalo* to his four-year-old daughter, it went viral and he's now teaching kids amazing facts through rap.

TV stars Dick and Angel Strawbridge bought a dilapidated chateau in the Pays de la Loire in France and have spent the last few years transforming it into a sustainable business as well as a home for them and their two children.

We have the Inheritance tracks of DJ Pete Tong who chooses Jingo performed by Santana and What's Going On by Marvin Gaye.

And your Thank you.

Producer: Annette Wells
Editor: Eleanor Garland

SAT 10:30 The Kitchen Cabinet (m001144s)

Series 34

Home Economics: Episode 44

Jay Rayner hosts the culinary panel show packed full of tasty tidbits. Sue Lawrence, Sophie Wright, Jeremy Pang and Dr Zoe Laughlin answer questions from a virtual audience.

Producer: Daniel Cocker
Assistant Producer: Aniya Das

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Week in Westminster (m001144v)

Radio 4's assessment of developments at Westminster

SAT 11:30 From Our Own Correspondent (m001144x)

Insight, wit and analysis from BBC correspondents, journalists and writers from around the world

SAT 12:00 News Summary (m001144z)

National and international news from BBC Radio 4

SAT 12:04 Money Box (m001141b)

The latest news from the world of personal finance

SAT 12:30 The Now Show (m0010xvg)

Series 59

Episode 1

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches and they're back in the BBC Radio Theatre in front of a remote audience.

Joining them from a safe distance is Felicity Ward who has a fool proof plan for improving food in this country and Aurie Styla giving survival tips for the pandemic and the smug benefits of owning an electric car.

We also get a sneak peak at Adele's 23rd album, 96, from Jess Robinson. Music composed by Alex Silverman.

Voice Actors: Gemma Arrowsmith and Luke Kempner

Producer: Pete Strauss
Production Co-Ordinator: Sarah Sharpe

BBC Studios Production

SAT 12:57 Weather (m0011451)

The latest weather forecast

SAT 13:00 News and Weather (m0011453)

The latest national and international news from BBC Radio 4

SAT 13:10 Any Questions? (m0010xvm)

Lord Deben, Claire Fox, Richard Madeley, Melanie Onn

Chris Mason presents political debate from Chatteris Parish Church, Cambridgeshire with a panel which includes the Chair of the Committee on Climate Change and Conservative peer Lord Deben, the crossbench peer Baroness Fox of Buckley, the journalist and TV presenter Richard Madeley and the deputy chief executive of Renewable UK and former Labour MP for Grimsby Melanie Onn.

Producer: Camellia Sinclair
Lead broadcast engineer: Richard Earle

SAT 14:00 Any Answers? (m0011455)

Have your say on the issues discussed on Any Questions?

SAT 14:45 Just One Thing - with Michael Mosley (m0010wl7)

Drink Water

Did you know that even mild dehydration can have damaging effects to your cognition, mood, and physical and mental performance? But drinking litres of plain water every day isn't necessarily the solution. In this episode, Michael debunks the many myths about how much water we should drink, and enlists the help of Dr Stuart Galloway, professor in exercise physiology from the University of Stirling, to reveal how much water we need, how to avoid the negative effects of mild dehydration, and how drinking water with every meal may even help to lose weight.

SAT 15:00 Drama (m0011458)

Lud-in-the-Mist

Beguiling fantasy classic by Hope Mirrlees about a country bordered by the sinister but alluring Land of Faerie. Dramatised by Joy Wilkinson.

In the prosperous, peaceful, practical town of Lud-in-the-Mist, all things Faerie are taboo. So when the mayor of Lud, Nathaniel Chanticleer, finds that his son has developed a taste for smuggled faerie fruit, his world falls apart.

If he's to save himself and his son, Nat must confront not only the faerie threat but also his own darkest secret.

With a bewitching cameo from Neil Gaiman and spellbinding original music from The Ciderhouse Rebellion.

The first of two adaptations for the Halloween weekend: of Lud-in-the-Mist by Hope Mirrlees and Lolly Willows by Sylvia Townsend Warner. Both novels written in 1926, both by women, both using the supernatural in slyly subversive ways.

Narrator...Olivia Poulet

Nathaniel Chanticleer...Richard Lumsden

Endymion Leer Lloyd Hutchinson

Ambrose HoneysuckleTony Turner

Ranulph Chanticleer...Elijah Wolf

Young Nat Elijah Wolf

Willy Wisp...Robert Lonsdale

Mumchance...Shaun Mason.

PortunusTony Turner

Moonlove Honeysuckle...Eimear Fearon

Prunella Pyepowders...Ria Marshall

Marigold Chanticleer and the Widow Gibberty...Jane Slavin

Primrose Crabapple and Mother Tibbs...Ellie Darvill

Yeoman Pease Robert Lonsdale

Duke Aubrey...Neil Gaiman

Directed by Abigail le Fleming

Production Co-ordinator Anne Isgar

Production Co-ordinator Gaelan Connolly

Technical Producer Keith Graham

Technical Producer Anne Bunting

Technical Producer Cal Knightley

AuthorHope Mirrlees

Dramatist Joy Wilkinson

Original music was by Adam Summerhayes and Murray

Grainger - The Ciderhouse Rebellion

<https://theciderhousebellion.com/>**SAT 16:00 Woman's Hour (m001145d)**

Monica Lewinsky revisited, 'Teen-ternity' leave, Wigs, Late-life libido, Young climate activists

The details of US President Bill Clinton's affair with White House intern Monica Lewinsky and the 1998 impeachment proceedings may be unfamiliar to some young women today. Impeachment: American Crime Story on BBC Two, aims to reframe the Clinton scandal from the perspective of the women it engulfed. Jessica Bennett from the New York Times and Sarah Baxter, former deputy editor of The Sunday Times discuss.

The BBC Specialist Disinformation Reporter Marianna Spring who appeared in front of the Digital, Culture, Media and Sport Select Committee this week to present the findings from her BBC Panorama investigation into the rising online abuse against women.

Should parents be allowed 'teen-ternity' leave? Suzanne Alderson on why she wants employers to allow parents to take leave to help teenagers who are struggling.

Ahead of the 2021 UN Climate Change Conference, COP26 starting this Sunday, Zaqiya Cajee, a pre-loved fashion advocate and Mikaela Loach climate justice activist and fifth year medical student talk about how to engage people on climate change action and their hopes for the conference.

The wig designer Angela Cobbin has written her memoir. My Name Is Not Wigs. She tells us about about becoming a theatrical wig designer for countless plays, musicals, TV shows and films over five decades.

Your libido as you age with Scottish storyteller, Marie Louise Cochrane and sex expert Tracey Cox.

Presenter: Jessica Creighton

Producer: Dianne McGregor

SAT 17:00 PM (m001145j)

Full coverage of the day's news

SAT 17:30 The Bottom Line (m0010xpz)

The Quick Commerce Economy

Evan Davis looks at the expanding world of ultrafast home delivery. App-based firms like Getir promise to get a grocery order to your home in just 10 minutes. During the pandemic demand for such services skyrocketed. As new companies enter the market, is Q-commerce economically sustainable - or will there be a brutal shake-out? Evan speaks to players in this rapidly growing sector - and to a critic of it.

GUESTS

Turancan Salur, general manager, Getir UK

Christa Bloom-Burrows, co-founder, Biff's

Jessica Moulton, senior partner, McKinsey & company

Adam Badger, research student, Royal Holloway, University of London

Producer: Lucinda Borrell

Sound: Rod Farquhar

SAT 17:54 Shipping Forecast (m001145q)

The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m001145v)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m001145z)

The latest national and international news from BBC Radio 4

SAT 18:15 Loose Ends (m0011463)

Mike D'Abo, Jayde Adams, Eleanor Tomlinson, Laura Harling,

Bishi, Julia Biel, Scottee, Clive Anderson

Clive Anderson and Scottee are joined by Mike D'Abo, Jayde Adams, Eleanor Tomlinson and Laura Harling for an eclectic mix of conversation, music and comedy. With music from Julia Biel and Bishi.

SAT 19:00 Profile (m001140s)

Amanda Staveley

Mark Coles finds out how Amanda Staveley went from a long-jumping Yorkshire schoolgirl to one of the most prominent women in football via horse racing, the Middle East, and a former employee she made dress up in a gorilla suit.

With her extensive Middle Eastern contacts book, Amanda Staveley isn't afraid of putting her, or other people's, money where her mouth is.

Although she doesn't always get what she wants.

Producers: Ben Crighton and Chris Flynn

SAT 19:15 This Cultural Life (m0011467)

Tracey Emin

Artist Tracey Emin talks openly and honestly to John Wilson about her controversial career and her life, including her experiences of cancer and abortion. She reveals some of the deeply personal aspects of her life that have shaped her work and chooses the moments that have had a profound effect on her art including the extraordinary effect that a painting by Mark Rothko had on her as a young woman, and her friendship with David Bowie.

Producer: Edwina Pitman

SAT 20:00 Archive on 4 (m001146c)

How America Learned to Laugh Again

Twenty years ago - in the mind-numbing aftermath of the terrorist attacks on America - the immediate, mind-numbing response of the media was to ban laughter. All laughter, including jokes, chuckles and guffaws. This is the story of what happened next. With contributions from Private Eye to The Onion, via David Letterman, the News Quiz and Have I Got News for You. As well as 9/11 and the death of Bin Laden, Joe Queenan explores the pandemic and the US retreat from Afghanistan.

"What a year 2021 has been - from the storming of the capitol in Washington to the fall of Kabul to the Taliban, this has not been a good time in the US. Probably not so great in the UK either. Throw in some riots, add in the climate crisis and the plague - none of this is worth the slightest lame joke. But is it worth a good joke?"

With contributions from three US presidents, plus Ian Hislop and Adam MacQueen from Private Eye, Armando Iannucci (creator of The Death of Stalin), Susan Morrison of the New

Yorker, and Robert Siegal editor of The Onion in 2001 - the first US publication to break the laughter ban with the headline, US Vows To Defeat Whoever It Is We Are At War With. A copy of that magazine is now in the Library of Congress.

Also includes archive from David Letterman, Linda Grant, Michael Rosen, Rich Hall on Have I Got News for You, plus the News Quiz from September 2001.

Joe Queenan is an Emmy Award-winning US broadcaster. His previous contributions to Archive on Four include Brief Histories on Blame, Shame and Failure.

The producer for BBC Audio in Bristol is Miles Warde.

SAT 21:00 GF Newman's The Corrupted (b03ffkzf)

Series 1

Episode 9

A new long-running drama series from G F Newman based on the characters from the multi-award winning writer's best-selling crime novel. Spanning six decades, it plots the course of one family against the backdrop of a revolution in crime as the underworld extends its influence to the very heart of the establishment, in an uncomfortable relationship of shared values.

Joey Oldman is a Russian Jew, who arrived in Britain before the war with only two words of English and married Cathy Braden. They had a son, Brian, and a daughter, Rose. Cathy's widowed mother, Gracie, takes up with a famous and glamorous gangster, Billy Hill, while her brother Jack wants to become World Light Heavyweight Boxing Champion. Both the army and the Kray twins interfere with this ambition. Jack is left feeling bitter and angry and plunges headlong into crime, running protection rackets and claiming a piece of other criminals' sometimes infamous pies. His actions become ever more savage and bizarre and harder to reconcile.

Haunted by the murder of his grandfather which he witnessed when he was six, Brian Oldman holds a terrible secret that he must keep for fear of his life as he falls deeper under his mother's spell. But there is a more disturbing secret he has yet to discover - one that will threaten his very existence. All the while he becomes a willing participant in the criminal underworld in the 1950s, where gangs such as the Krays and the Richardson are emerging to challenge the old guard in savage battles for territory.

Cast:

Joey Oldman.....Toby Jones

Cath Oldman.....Denise Gough

Brian Oldman.....Joe Armstrong

Jack Braden.....Tom Weston-Jones

John Bloom.....Theo Fraser Steele

Bank Manager /

D I Bulmer.....Matthew Townshend

Arnold Goodman....Edward Max

D I Drury.....Matthew Marsh

Sammy Cohen.....Jonathan Tafler

Leah Cohen.....Jasmine Hyde

Sergeant Watling...Nigel Cooke

Tony Wednesday...Petrice Jones

Student.....Kellie Shirley

With Ross Kemp as Narrator.

Written by G F Newman

Produced and directed by Clive Brill

A Pacificus production for BBC Radio 4

SAT 21:45 The Poet and the Echo (b08dmv0w)

Series 1

Song of Myself

5 writers choose 5 poems as inspiration for new stories.

Episode 4/5

Gold

A traveller finds freedom in the Blue Ridge Mountains.

A story inspired by Walt Whitman's 'Song of Myself', by Janice Galloway.

Credits

Writer Janice Galloway

Reader Anne Lacey

Producer Eilidh McCreadie

A BBC Scotland Production for BBC Radio 4.

SAT 22:00 News (m001146j)

The latest national and international news from BBC Radio 4

SAT 22:15 The Reunion (m000m9z)

Virago Press

Kirsty Wark reunites those involved in the founding and early years of the feminist publishing company Virago.

In 1973, a group of women got together to form Virago Press. They wanted a publisher that would publish books for "52 per cent of the population".

The company's first book was an oral history of an isolated rural East Anglian village. Mary Chamberlain's Fenwomen was denounced by the News of the World for its alleged portrayal of the sex and sleaze of village life.

Virago went on to publish many influential authors including Maya Angelou, Angela Carter, Sheila Rowbotham, Margaret Atwood and Sarah Waters.

It also became known for republishing lost works from women authors of the past under the banner of Virago Modern Classics.

Taking part are Ursula Owen, one of the original founders; Alexandra Pringle, who became Virago's Editorial Director; Lennie Goodings, former publicist, now current chair of Virago; Mary Chamberlain who was the company's first published author with the oral history Fenwomen; and the biographer and critic Hermione Lee who contributed to numerous Virago editions over the years.

Producer: Howard Shannon
Series Producer: David Prest
A Whistledown production for BBC Radio 4

SAT 23:00 Brain of Britain (m0010wyq)

Semi-Final 3, 2021

(15/17)

Which performing artist is the focus of the movie Amazing Grace? Which bird features on the flag of Papua New Guinea? Russell Davies puts these and a wide range of other questions to the semi-finalists in today's contest, in which another place in the 2021 Brain of Britain Final will be decided. The programme was recorded at the Radio Theatre in London under socially distanced conditions, with no audience.

The competitors are:

Alan Burns, a former solicitor from Salford
Toby Cox, a civil servant from Prestbury in Gloucestershire
John Payne, a warehouse operative from Manchester
Karl Whelan, a civil servant from the Wirral.

As always, the Brains will also tackle a pair of questions suggested by a listener who'll win a prize if his or her questions stump the panel.

Assistant Producer: Stephen Garner
Producer: Paul Bajoria

SAT 23:30 Uncanny (m001146m)

Case 2: The Hanging Room

Teenager Millie moves with her family into her grandparents remote historic farmhouse in the English countryside. It is a house with a tragic past that seems to be returning to haunt the family in a way that feels dangerous and disturbing, pushing them to the edge of sanity.

Millie tells Danny Robins about her ordeal in this terrifying episode that reveals the true impact of living in a 'haunted house'.

Featuring expert help from psychologist Chris French and The Battersea Poltergeist's Evelyn Hollow.

Written and presented by Danny Robins
Experts: Chris French and Evelyn Hollow
Editor and Sound Designer: Charlie Brandon-King
Music: Evelyn Sykes
Theme Music by Lanterns on the Lake
Produced by Danny Robins and Simon Barnard

A Baffleleg and Uncanny Media production for BBC Radio 4

SUNDAY 31 OCTOBER 2021**SUN 00:00 Midnight News (m001146p)**

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Green Inc (m0010ypr)**Carbon Omissions**

Cop26 is fast approaching. The usually imperturbable IPCC's latest report can best be translated as 'Panic!' and our Facebook feeds and Twitter timelines are littered daily with biblical scenes of infernos and flooding. But at least corporations are taking the crisis seriously... if you believe their advertising that is.

In an anarchic and challenging documentary series, BAFTA winning activist and satirist Heydon Prowse gives us his personal take as he unpacks the multi-billion-dollar PR and advertising industry that's helping businesses across tech, energy, food and farming appear climate friendly.

With increasing consumer demand for more sustainable stuff, companies are today falling over themselves to meet increased consumer demand for more sustainable products. Are we seeing the world's largest companies shift in a more sustainable direction or is all this slick advertising just lulling us into a false sense of security?

In this first episode, the oil and gas industry, where influencers dance around cartoon solar panels and company's twitter feeds read like they've pivoted to become environmental campaigners.

Presenter: Heydon Prowse
Producer: Georgia Catt

SUN 00:48 Shipping Forecast (m001146r)

The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m001146t)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SUN 05:20 Shipping Forecast (m001146w)

The latest weather reports and forecasts for UK shipping.

SUN 05:30 News Briefing (m001146y)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m001141j)

St Mary's Scottish Episcopal Cathedral in Glasgow

Bells on Sunday comes from St Mary's Scottish Episcopal Cathedral in Glasgow. On Saturday 30th October, many cathedral bells will be ringing out across their cities on the eve of the United Nations Climate Conference in Glasgow. And so it's from St Mary's Scottish Episcopal Cathedral in Glasgow that the bells come this morning. Designed by Sir George Gilbert Scott and raised to Cathedral status in 1908, the cathedral has a ring of ten bells, cast by John Taylor. The tenor sounds C sharp and weighs thirty two hundredweight. We hear them ringing Yorkshire Surprise Royal, recorded inside the ringing chamber.

SUN 05:45 Profile (m001140s)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m00113zd)

The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b01m4bvq)

Intimations of Mortality

Death is a subject we are often reluctant to discuss. It is often considered morbid to do so. It has commonly been described as the last taboo. However, some argue that a sense of our own mortality plays a vital part in our understanding of life. Further, that demystifying the process of death can be essential to getting the most out of life.

Mark Tully considers the advantages of being open to the intimations of mortality which we may come across daily.

In conversation with Baroness Rabbi Julia Neuberger he discusses attitudes to risk, memento mori and living legacies. With readings from Virginia Woolf, Kabir and music by Nitin Sawhney and Gustav Mahler, he asks whether being open to intimations of mortality can bring more to life.

The readers are Helen Ryan and Kenneth Cranham.

Produced by: Frank Stirling
A Unique production for BBC Radio 4.

SUN 06:35 On Your Farm (m00113zg)

A 100 Year Plan

It's harvest time, and Charlotte Smith is visiting the Bradford Estates - 12,000 acres of land across Shropshire and Staffordshire. The man in charge, Viscount Newport, has recently returned to manage the estates after working in London and has set out his 100-year plan. From the shape of the hedgerows to the style of the gates, he is concentrating on the details!

Most of the land is farmed by tenant farmers, but the new plan also includes taking back control of 4,000 acres which have been farmed by contractors since 1987. The aim is to switch to a regenerative farming model - reducing ploughing, growing more diverse crops and integrating livestock into the system.

Charlotte watches as the contractors bring in their last harvest, marking the beginning of the next hundred years.

Presented by Charlotte Smith
Produced for BBC Audio in Bristol by Heather Simons

SUN 06:57 Weather (m00113zj)

The latest weather reports and forecast

SUN 07:00 News and Papers (m00113zl)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m00113zn)

A look at the ethical and religious issues of the week

SUN 07:54 Radio 4 Appeal (m00113zq)

Amos Trust

Broadcaster and former BBC Blue Peter presenter Diane Louise Jordan makes the Radio 4 Appeal on behalf of the charity Amos Trust.

To Give:

- Freephone 0800 404 8144
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Amos Trust'.
- Cheques should be made payable to 'Amos Trust'.
- You can donate online at bbc.co.uk/appeal/radio4

Registered Charity Number: 1164234

SUN 07:57 Weather (m00113zs)

The latest weather reports and forecast

SUN 08:00 News and Papers (m00113zx)

The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m00113zx)

'Drop, Drop Slow Tears' - Lament and longing in environmental crisis

As politicians, climate activists, industrialists and environmentalists from across the world converge on the UK, Northern based award winning Kantos Chamber Choir sings settings of Phineas Fletcher's text "Drop Drop Slow Tears", recorded in Manchester's historic Victoria Baths. With readings, poems and prayers authored and curated by Manchester poet the Rev Canon Dr Rachel Mann, who writes - "This service is a meditation about water: water as a most basic need for life and water as a symbol of our deepest religious and human longings. Crucially, the service is about what water means and why it matters to real human beings in a time of climate crisis. This is a service which wants to remind us that everyone - of faith or none, of whatever tradition and background - is utterly lost without water." Producers: Philip Billson and Andrew Earis.

SUN 08:48 A Point of View (m0010xvp)

Car Hatred

Will Self argues that the car is anything but a source of freedom.

While drivers think it gives them the ability to go anywhere, in truth they're shackled to a grotesque and Sisyphean go-round: they have to make the money, to pay for the car, to sit in the traffic jam, to make the money to pay for the car'.

Producer: Adele Armstrong

SUN 08:58 Tweet of the Day (b038qk90)

Jay

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Brett Westwood presents the jay. This bird is a colourful member of the crow family. In September and October you'll often see jays flying around woodland with their bills and throats crammed with acorns. Many of these they bury as winter stores but not all are retrieved by Jays and many germinate and grow into young oaks, making the jay a tree-planter on a national scale.

SUN 09:00 Broadcasting House (m00113zz)

The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m0011401)

Writer, Nick Warburton
Director, Julie Beckett & Kim Greengrass
Editor, Jeremy Howe

Jill Archer Patricia Greene
David Archer Timothy Bentinck
Ruth Archer Felicity Finch
Ben Archer Ben Norris
Kenton Archer Richard Attle
Jolene Archer Buffy Davis
Tony Archer David Troughton
Leonard Berry Paul Copley
Rex Fairbrother Nick Barber
Eddie Grundy Trevor Harrison
Russ Jones Andonis James Anthony
Elizabeth Pargetter Alison Dowling
Freddie Pargetter Toby Laurence
Lily Pargetter Katie Redford
Beth Casey Rebecca Fuller
Trevor..... Julian Rhind-Tutt

SUN 11:00 Desert Island Discs (m0011403)

Peter Schmeichel, footballer

Peter Schmeichel is widely regarded as one of the greatest goalkeepers in the modern game. In 1999, he captained Manchester United in one of the most astonishing comebacks in football, as United won the Champions League with two goals in added time, completing a much-coveted Treble, along with the Premiership and the FA Cup. As well as winning numerous trophies during his years at Manchester United, he has played a record 129 times for Denmark, his national team. He was part of the Danish side who were surprise winners of the European Championships in 1992. Denmark were underdogs and only joined the tournament at the last minute, when Yugoslavia were forced to withdraw. During the 1990s, he was arguably the most recognised Dane in the world.

He began his football career in Denmark before fulfilling his childhood dream and signing for Manchester United in 1991. His father was a professional musician, who insisted on piano and guitar lessons for the young Peter. Goalkeeping was not his choice: as young boy, he was told to play in goal by a teacher who was thought he might be too wild for the other youngsters on the pitch.

Since retiring from the competitive game, Peter lives in Denmark but spends time travelling to see Manchester United play and he also follows his son, Kasper, who plays for Leicester City and Denmark.

Presenter Lauren Laverne
Producer Sarah Taylor

SUN 11:45 Just One Thing - with Michael Mosley (m0011405)

Stand Up

We are sitting more than ever before - and our sedentary lives are having a big impact on our long term health. In this episode, Michael stands up to the allure of the couch and reveals the science behind how just standing up - without even doing any exercise - can burn more calories and lower blood sugar levels. With Dr John Buckley, Michael explores how the experience of astronauts in space proves how important the force of gravity is on our bodies - and how standing up can help keep our bones and muscles strong.

SUN 12:00 News Summary (m0011407)

National and international news from BBC Radio 4

SUN 12:04 The Museum of Curiosity (m0010wz0)

Series 16

Episode 2

Professor of Ignorance John Lloyd and the Museum's new curator Holly Walsh are joined by comedian Evelyn Mok, historian Dr Alun Scott and screenwriter Allan Scott.

Evelyn talks about the rivalry between Gothenberg and Stockholm and donates the Swedish Dragon Gate to the Museum – it was intended to be the country's first Chinatown but things didn't go according to plan. Dr Alun discusses his research into beads which led to the media dubbing him the 'maven of shaving' and Allan talks about his time running a Scottish whisky company before becoming a screenwriter and working with Garry Kasparov on The Queen's Gambit.

This series of The Museum of Curiosity has been recorded remotely.

The Museum's exhibits were catalogued by Mike Shephard, Mike Turner and Jack Chambers of QI.

The Production Co-Ordinator was Sarah Nicholls.

The Producer was Anne Miller.

The Executive Producer was Julia McKenzie.

Edited by David Thomas.

A BBC Studios production.

SUN 12:32 The Food Programme (m0011409)

Veg Invention: The stories of new kinds of fruit and vegetables

Seed breeders spend whole careers in search of that perfect fruit or vegetable, and some even come up with their own completely new designs. Think Tenderstem, Cotton Candy grapes, or a new type of cauliflower that's just started being sold: Caulishoots.

In this programme, Leyla Kazim finds out what goes into creating these new varieties, what breeders, growers and supermarket buyers are looking for, and how they end up on our plates.

She meets veg-inventor Jamie Claxton from Tozer Seeds, who came up with the Kalette (a cross between a brussel sprout and kale), while Ross Geach from Padstow Kitchen Garden explains why he enjoys experimenting with new varieties and getting them introduced to diners at Jack Stein's restaurants.

Leyla also looks to the US where chef Dan Barber has set up an organic seed company to bring breeders, chefs and farmers together to design new, better varieties. While Lane Selman in Portland, Oregon tells us how her 'Culinary Breeding Network' is working to both give breeders more feedback, and is educating the public about the new types of fruit and veg on offer.

Presented by Leyla Kazim
Produced in Bristol by Natalie Donovan

SUN 12:57 Weather (m001140c)

The latest weather forecast

SUN 13:00 The World This Weekend (m001140f)

Jonny Dymond looks at the week's big stories from both home and around the world.

SUN 13:30 The Listening Project (m001140h)

Life-Changing

Four conversations between strangers presented by Fi Glover.

This week: Zach and Elly talk about the dark and dangerous phenomenon of spiking women's drinks in pubs and clubs; Sophie, who is anti cars and private planes and pro public transport, exchanges views with Ed who loves cars and is learning to fly; Lindsay and Abbie share their experiences of living with the painful and debilitating condition endometriosis; and Kim, an American who loves Halloween, talks to Amanda who hates it.

The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation lasts up to an hour and is then edited to extract the key moments of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in this decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject

Producer: Mohini Patel

SUN 14:00 Gardeners' Question Time (m0010xv0)

GQT at Home: Water Forget-me-nots and Crumbly Compost

Horticultural programme featuring a group of gardening experts, chaired by Kathy Clugston. A virtual audience of listeners from across the country puts questions to James Wong, Pippa Greenwood and Christine Walkden.

The team gives its top tips on protecting your plants through winter, creating a pond with a whiskey barrel, and how best to use your household waste water.

Throughout the COP26 summit, we'll be turning our gardening tools to the health of the planet. This week, Peter Gibbs takes a guided tour of the COP26 plot at the RHS Chelsea Flower Show 2021 with the RHS Director of Science and Collections, Professor Alistair Griffiths.

Also, Cherry Carmen joins the programme, from the coast, to give her tips on preparing your pond for the winter season.

Producer - Hannah Newton
Assistant Producer - Bethany Hocken

A Somethin' Else production for BBC Radio 4

SUN 14:45 A Home of Our Own (m00106b6)

The Square, St Mawes, Cornwall

Lydney Hanley explores Britain's broken housing market through the stories of ten very different homes and their occupants.

Every one of Britain's 27 million homes has a story to tell about Britain's housing crisis and how it might be fixed. Over ten episodes, Lydney explores houses of every shape and size, new and old, right across the UK.

Today, the story of Hillside Cottage in St Mawes, Cornwall, owned by 79-year-old Phil Salter. Phil bought this 17th-century fisherman's cottage in 1989 after selling his ex-council house. Hillside is now worth over a million pounds.

Author and journalist Lydney Hanley explores what Hillside Cottage tells us about the impact of council house sales and second homes in areas like Cornwall.

House historian Melanie Backe-Hansen also researches the history of Hillside Cottage, which started out a storehouse for fish.

In other episodes, we'll visit a wide range of other homes - from a brand new house in west Belfast, to a handsome Georgian terrace in Newcastle and the tenements of Glasgow. Each property will reveal something different about the UK's housing challenges.

Throughout the series, Paul Cheshire, emeritus professor of economic geography at the London School of Economics will put each home in context. Professor Cheshire is a member of the Centre for Economic Performance at LSE.

Producer: Laurence Grissell

SUN 15:00 Drama (m001140k)

Lolly Willowes

by Sylvia Townsend Warner
Adapted by Sarah Daniels

Laura Louise Brealey
Titus Hugh Skinner
Henry Robert Bathurst
Caroline Rhiannon Neads
Mrs Leek Ellie Piercy
Satan Sam Dale
Pandora Grace Cooper Milton
Shopkeeper Joseph Ayre
Mr Arbuthnot Shaun Mason

Directed by Sally Avens

Lolly Willowes lives a quietly dull life with her over bearing brother Henry and his family, but when she decides to move to the countryside she discovers a darker calling: witchcraft.

Sylvia Townsend Warner's wondrous novel was her attempt to show the world the unfulfilled potential that was to be found in women who were tied to hearth and home. Women were 'sticks of dynamite' waiting to explode on to the world stage but so often denied the chance. Published in 1926 the novel has been adapted by the feminist playwright, Sarah Daniels. It's a joyously comic ride that defies genre and pulsates with originality.

SUN 16:00 Open Book (m001140m)

Friendship in Fiction: a special programme from London Literature Festival

Elizabeth Day and Johny Pitts host a special programme from the London Literature Festival which this year celebrates friendship. Recorded at Southbank Centre's Queen Elizabeth Hall, Elizabeth and Johny explore literary friendships on and beyond the page, talking about some of the novels which have beautifully captured the complexities, joys, and truths of some of our most enduring and rewarding relationships. They're joined on stage by: Andrew O'Hagan whose novel *Mayflies* evocatively explores the beauty of male friendship, Emma Jane Unsworth whose novels, *Animals* and *Adults* are glorious and messy, witty and truthful stories of female friendship and Ayisha Malik who pens an unlikely alliance between two older women in her novel *This Green and Pleasant Land*.

Book List – Sunday 31 October and Thursday 4 November

Mayflies by Andrew O'Hagan
Adults by Emma-Jane Unsworth
Animals by Emma-Jane Unsworth
Sofia Khan is Not Obligated by Ayisha Malik
This Green and Pleasant Land by Ayisha Malik
Swallows and Amazons by Arthur Ransome
Anne of Green Gables by L. M. Montgomery
My Brilliant Friend by Elena Ferrante
Cat's Eye by Margaret Atwood
Fiere by Jackie Kay
Last Orders by Graham Swift
Sweet Sorrow by David Nicholls
The Great Gatsby by F. Scott Fitzgerald
On the Road by Jack Kerouac
Don Quixote by Miguel de Cervantes
Detransition, Baby: A Novel by Torrey Peters
Emma by Jane Austen
Translations by Brian Friel
Postcards from the Edge by Carrie Fisher

SUN 16:30 The Poetry Detective (m001140p)
 Episode One

A new series about the poems we carry with us through life. Poems that speak to us so strongly that we return to them in times of confusion or fear... loneliness or joy... love or doubt. Some of us might scribble these words on Post Its and stick them next to the mirror or on the fridge door. Some of us send them to friends or read them at funerals. Some of us mutter them under our breath like a mantra in moments of stress. Some of us ink them permanently into our skin.

The poet Vanessa Kisuule speaks to people about the poems - and bits of poems - that mean the most to them. She finds out why the poems matter, and then unfolds the backstory of the poem itself - who wrote it, what was the context it came out of and how does it work on us.

In episode one, Vanessa explores poems that have been handed down through families. For Juan Dickinson, there are lines of Louis MacNeice's poetry which will forever remind him of his late dad - who used MacNeice's verse to impart life lessons to his son. But he's never known much about MacNeice the man - can Glenn Patterson help fill in the blanks?

Meanwhile, Eleanor Penny has a poem in her family that she's never been able to identify - found in her grandad's pocket after his death. Can Chris McCabe, Librarian at the National Poetry Library help Vanessa track down the source?

Produced in Bristol by Mair Bosworth for BBC Audio

SUN 17:00 File on 4 (m0010x34)
 For Richer, For Poorer

With an ageing population, it's estimated that over one million people in the UK will be living with dementia by 2025. But what happens when someone with the condition is deliberately targeted and led into marriage for the financial gain of the partner? Unlike in Scotland, marriage in England and Wales revokes any previous will that may have been made. For those who target someone with dementia and secretly wed them without the knowledge of their family, matrimony can prove to be extremely lucrative. We hear from the families of those believed to have been preyed upon and registrars on the frontline, tasked with spotting a predatory marriage, despite no medical training in assessing dementia. And we speak to campaigners who say the law needs to change to better protect victims and their families.

Reporter: Datsihane Navanayagam
 Producer: Paul Grant
 Editor: Gail Champion

SUN 17:40 Profile (m001140s)
 [Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m001140v)
 The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m001140x)
 The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m001140z)
 The latest national and international news from BBC Radio 4

SUN 18:15 Pick of the Week (m0011411)
 Pat Nevin

This week Fear and Loathing in the literary world, a world that is questioning rationalism and one that might just be slowing dying anyway. In the meantime, we search the planet to hear about Russian activist art and a lost Filipino child, before hearing a joke about one of the humanities darkest hours. We remember great lives but forget friend's names, before the unforgettable John Peel suggests what we should listen to on the hour, every hour.

Presenter: Pat Nevin
 Producer: Emmie Hume
 Production Coordinator: Elodie Chatelain
 Studio Manager: Chris Hardman

SUN 19:00 The Archers (m0011413)
 Kenton braces himself for disappointment and Lilian puts her plan into action.

SUN 19:15 The Confessional (m0011415)
 Series 2

The Confession of Shaparak Khorsandi

Stephen Mangan takes another confession in the comedy chat show about shame and embarrassment.

Each week, Stephen invites a different eminent guest into his virtual confessional box to make three confessions. This is a cue for some rich and varied storytelling, and surprising insights. Settle back for more revelations of guilt and mortification.

This week, Stephen interviews Shaparak Khorsandi, a self-styled 'spit and sawdust stand-up' whose career also embraces success as a satirist, novelist and screen-writer. She recently received the prestigious James Joyce Award from Dublin University. She reveals a secret act of vandalism in her primary school loos, a story of hand cuffs and impulsive behaviour, and a tendency for taking comic retribution.

Other guests in this series include Olivia Williams, Anthony Horowitz, Ed Byrne, Konnie Huq and David Quantick.

Written and presented by Stephen Mangan
 With extra material by Nick Doody
 Produced by Frank Stirling

A 7digital production for BBC Radio 4

SUN 19:45 Gambits (m0011417)
 1: The Board

Adrian Scarborough kicks off a dazzling new short story series, set in what might seem like an ordinary Essex village, but is anything but. Today, in 'The Board', it's Hallowe'en, and the village of Little Purlington has been gripped by chess fever....

Reader: Adrian Scarborough is an acclaimed TV and stage actor, known best for roles in Gavin & Stacey, The King's Speech and Gosford Park.
 Writer: Eley Williams is the author of *Attrib.* and *Other Stories*, and a debut novel, *The Liar's Dictionary*.
 Producer: Justine Willett

SUN 20:00 Feedback (m0010xv6)
 Is the country over the worst of the latest surge in Covid cases, and is there an end in sight to the pandemic? If anyone at the BBC knows the answer to these questions it is surely Health Editor Hugh Pym. Roger Bolton asks him for reassurance - will he get it?

Radio 6 Music's ratings are going up, so why is the station changing its presenter line-up?

And can a cricket and crime podcast attract two radio listeners, one of whom doesn't listen to any BBC radio?

Presenter: Roger Bolton
 Producer: Kate Dixon
 Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

SUN 20:30 Last Word (m0010xv4)

Bernard Haitink (pictured), Victor Gregg, Ruthie Tompson, Paddy Moloney

Matthew Bannister on

Bernard Haitink, one of the greatest orchestral conductors of his generation, known for his interpretations of Mahler, Bruckner and Wagner.

Victor Gregg, the British soldier who was caught up in the Dresden bombing raids, suffered Post Traumatic Stress Disorder and later went undercover for MI6.

Ruthie Tompson, one of Walt Disney's longest serving animators, she worked on classic films like 'Snow White and the Seven Dwarfs' and 'Fantasia'.

Paddy Moloney, the Irish pipe player who founded and led the influential band the Chieftains.

Producer: Neil George

Interviewed guest: Norman Lebrecht
 Interviewed guest: Nick Kenyon
 Interviewed guest: Rick Stroud
 Interviewed guest: Brian Sibley
 Interviewed guest: Louise Mulcahy
 Interviewed guest: Aedin Moloney

Archive clips used: BBC, Proms 2005/2008/2019; BBC Radio 3, Music Matters 20/11/2017; BBC Radio 2, Victor - Read by John Hurt 12/11/2011; MPiF YouTube channel, Spotlight on Ruthie Tompson 06/03/2012; King Features Syndicate, Popeye The Sailor Man ep52 1960; Walt Disney Productions, Snow White and the Seven Dwarfs 1937/Pinocchio 1940/Mary Poppins 1964; BBC, Omnibus 29/01/1976; BBC, Profile 15/11/1976; BBC FOUR, Legends - The Chieftains 15/03/2008; BBC, The Old Grey Whistle Test 06/04/1976.

SUN 21:00 Money Box (m001141b)
 [Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m00113zq)
 [Repeat of broadcast at 07:54 today]

SUN 21:30 Analysis (m0010wz6)
 Parental Alienation

Splitting up where children are involved is tricky. Especially when it ends up in the family courts. It's even more tricky when a child decides they don't want a relationship with one of the parents.

Over the last two decades a controversial psychological concept has emerged to describe a situation where children - for no apparent reason - decide they don't want to see one parent. It's called parental alienation.

Women's rights organisations argue parental alienation is used to gaslight abused women. Fathers' rights organisations claim that some mothers make up allegations of abuse to prevent them from seeing their children. And children are caught in the middle.

Sonia Sodha explores the polarizing concept of "parental alienation" and asks how a contested psychological theory has evolved into an increasingly common allegation in the UK family courts.

Producer: Gemma Newby

SUN 22:00 Westminster Hour (m001141d)
 Radio 4's Sunday night political discussion programme.

SUN 23:00 The Curious Cases of Rutherford & Fry (m0010xpl)
 Series 18

The Painless Heart

Why does my heart not ache after exercise? asks listener Keith. Rutherford and Fry explore how and why heart muscle cells are special.

Dr Mitch Lomax is a sports scientist at the University of Portsmouth. She helps actual Olympic swimmers get faster. She explains how most of the muscles attached to our skeletons work: Tiny fibres use small-scale cellular energy, which, when all these fibres work in concert, turns into visible muscular movement. Mitch also explains how the dreaded Delayed Onset Muscle Soreness, or DOMS, can hit, taking a stair-wincing 48-72 hours to peak after exercise.

But skeletal muscles turn out to be quite different to heart

muscles, as consultant cardiologist Dr Rohin Francis explains. Heart cells are more efficient and don't get fatigued like skeletal muscle cells. They are extremely energetic and 'just want to beat'. He also explains that the sensory feedback from the heart muscles is different too. They have a different sort of nerve supply, with fewer sensory nerves, so that there is less chance of pain signals being sent to the brain.

However, heart cells' incredible abilities are counterbalanced by one Achilles-like flaw: They cannot easily heal. Professor Sanjay Sinha is a British Heart Foundation (BHF) Senior Research Fellow and a Professor in Cardiovascular Regenerative Medicine at the University of Cambridge. His job is to fix broken hearts and he explains to Adam how new research into stem cells could be used to fix normally irreparable heart cells.

Producer - Jennifer Whyntie and Fiona Roberts
Presenters - Hannah Fry and Adam Rutherford

SUN 23:30 Something Understood (b01m4bvq)
[Repeat of broadcast at 06:05 today]

MONDAY 01 NOVEMBER 2021

MON 00:00 Midnight News (m001141g)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Thinking Allowed (m0010wr0) Covid

Covid: Laurie Taylor explores the financial impact of the coronavirus & asks if it represents an opportunity, as well as a crisis. He's joined by Lisa Suckert, Senior Researcher at the Max Planck Institute for the Study of Societies in Cologne, whose recent study examines the way in which the pandemic has disrupted our sense of time and the temporal logic of the capitalist economy. Also, Adam Tooze, Shelby Cullom Davis chair of History at Columbia University, considers the shockwaves unleashed by the shutdown of the global economy. Will they yield any positive changes to our way of life?

Producer: Jayne Egerton

MON 00:45 Bells on Sunday (m001141j) [Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m001141i) The latest weather reports and forecasts for UK shipping.

MON 01:00 Selection of BBC World Service Programmes (m001141n) BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

MON 05:20 Shipping Forecast (m001141q) The latest weather reports and forecasts for UK shipping.

MON 05:30 News Briefing (m001141s) The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m001141v) A spiritual comment and prayer to begin the day with Brahmacharini Shripriya Chaitanya.

Good morning.

Many people have turned towards veganism, or a plant-based diet, in an effort to take responsibility for their personal impact on the climate. For many vegetarians I know, the most challenging food item to give up has been dairy; who can resist a good cheese, or a splash of milk in a cup of tea or coffee?

In the Hindu calendar, today is marked as 'govatsa dvādaśī'. 'Dvādaśī' meaning the twelfth day (of the lunar calendar), and 'govatsa' meaning calf. It is a day on which worship was offered to cows and their calves. This worship is very well known in its association with Hinduism but has historically been easily misunderstood. As with many practices, this misunderstanding has led to conflict which is entirely opposed to the spirit of the idea.

Hindus are encouraged to see divinity in all beings, not just their fellow humans. In fact, the presence of the divine is not limited to living beings but is to be seen in all of creation. Amongst all the creatures living on earth, the cow in particular is revered because of a specific reason: her ability to give.

Almost everything that a cow produces can be useful to

someone or the other. From the milk and milk products to the skin and even cow dung, all of it can be utilised for some purpose.

May we be empowered to live our lives in the spirit of service to those around us, producing more than what we consume, and giving more than what we take.

Hari Om.

MON 05:45 Farming Today (m001141x)

The latest news about food, farming and the countryside.

MON 05:56 Weather (m001141z)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b09c0m4k)

Paul Evans on the Merlin

Merlins are "ariel sprites" says writer Paul Evans, but they also kill skylarks in a rather gruesome manner as we hear in this specially commissioned dark seasonal tale.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer: Sarah Blunt
Photographer: David Gibbon.

MON 06:00 Today (m00114gd)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m00114gg)

Ai Weiwei on creative freedom

The internationally-renowned artist Ai Weiwei explores the origins of his creativity and political beliefs through his own life story and that of his father. In 1000 Years of Joys and Sorrows, translated by Alan H. Barr, he looks back at the blighted life of his father Ai Qing, once China's most celebrated poet before he was banished during the Cultural Revolution. Ai Weiwei tells Tom Sutcliffe about his own journey to becoming an artist and how his work has been shaped by living under a totalitarian regime.

The Professor of Political Theory, Lea Ypi, understands only too well growing up in a repressive Communist state – she was born in Albania, the last Stalinist outpost in Europe. In her memoir, *Free: Coming of Age at the End of History* she describes how the isolated world of her childhood was swept away. But also how the promised freedoms after the fall of the Berlin Wall quickly turned sour.

The pianist Kirill Gerstein was born in the former Soviet Union, but is now an American citizen based in Berlin. His career and musical heritage is similarly international, and he plays all around the world. Gerstein considers what creative freedom has meant to some of his favourite composers – from Viktor Ullmann to Shostakovich – who produced great art during times of intense political upheaval.

Producer: Katy Hickman
Photo credit: Ai Weiwei studio

MON 09:45 1000 Years of Joys and Sorrows by Ai Weiwei (m00114gj)

1. Growing up in Little Siberia

The artist and social activist tells of his harsh childhood spent in a remote part of China known as 'Little Siberia', the place where his exiled father was sent during China's Cultural Revolution. Benedict Wong reads.

In this intimate memoir by one of the art world's superstars, Ai Weiwei charts his journey as an artist and a human rights activist. It also tells the story of Ai Weiwei's father, Ai Qing arguably China's most celebrated poet. During the Cultural Revolution Ai Qing was banished, along with his sons Ai Weiwei and Gao Jian, to a remote region of China. He was subjected to degrading work, while Ai Weiwei endured a harsh childhood. Later, aged 19 Ai Weiwei left for America where he studied art. Later, his career as a major artist took off with projects like his installation of 100 million ceramic sunflower seeds at Tate Modern. Ai Weiwei's art has always been informed by his social activism. His criticism of China, and especially its human rights record, has brought him to the

attention of the authorities, culminating in his detention in 2011. While imprisoned he reflected on his father's life, and thoughts of his own son. Ai Lao occupied him. Fathers and sons, China's totalitarianism, the role of art, freedom of expression, and the need to protect it at all cost, are at the heart of this inspiring life story.

Benedict Wong reads, he played Ai Weiwei in Howard Brenton's searing play, *The Arrest of Ai Weiwei* at the Hampstead Theatre in 2013. For Marvel fans, he is known for playing Wong in *Dr Strange*, and most recently in *Shang-Chi and the Legend of the Ten Rings*. He has also played Kublai Khan in the acclaimed Netflix series *Marco Polo*.

Written by Ai Weiwei
Translated by Allan H. Barr
Abridged by Penny Leicester
Produced by Elizabeth Allard.

MON 10:00 Woman's Hour (m00114gl)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

MON 11:00 The Untold (m00114gn)

A Fisherman Caught in Two Storms

Bally, a fisherman on the West Coast of Scotland, navigates a year of Brexit, Covid, an environmental crisis and a broken down boat.

Bally fishes off Isle of Skye and has been doing so for decades, but this year has been his most challenging yet. Having survived 2020 and the global pandemic, January 2021 brought a new lockdown and the departure of the UK from the EU. This changed everything for Bally. He fishes for langoustines, or prawns, and for these shellfish there was an entirely new set of legislation to adjust to overnight. The result was confusion and crashing prices in an industry already damaged by coronavirus.

This edition follows Bally as he tries to make ends meet and adjust to the new world. He's not only got to look out for himself but also 24 year old Hayden, his crew. He's passionate about the environment and worried about the damage he has seen over his time on the water. If he can make it through a turbulent few months, what will be the future ahead of him?

Produced by Sam Peach

MON 11:30 Loose Ends (m0011463)

[Repeat of broadcast at 18:15 on Saturday]

MON 12:00 News Summary (m00114gr)

National and international news from BBC Radio 4

MON 12:04 The Frequency of Us by Keith Stuart (m00114gt) Episode 6

Bath, 2007. For the last 65 years, Will has believed that his wife Elsa vanished without trace on the night of an air raid on the city. Lately, he has been seen in his garden at night, calling out for her.

The trouble is, no one has heard of Elsa. And there are no records anywhere to suggest that Will was ever married to anyone.

The suspicion is that he is suffering from dementia. When his new care worker, Laura, starts visiting him at home, she wonders if other forces are at play. Then again, Laura is new to the job - and has demons of her own.

Episode Six
Laura makes a significant breakthrough in her search for more about Elsa.

Keith Stuart is a journalist and the author of two novels. His first, *A Boy Made of Blocks*, was published in 2017. He lives with his wife and two sons in Frome, Somerset. *The Frequency of Us* was a BBC2 *Between The Covers* Book Club Pick.

Writer: Keith Stuart
Readers: Blake Ritson and Bryony Hannah
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

MON 12:18 You and Yours (m00114gw) News and discussion of consumer affairs

MON 12:57 Weather (m00114gy)

The latest weather forecast

MON 13:00 World at One (m00114h0)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 The Hack that Changed the World (m00114h2)
The Cold Case

In 2009, someone broke into the Climatic Research Unit of the University of East Anglia and stole emails. The material was distributed online - mainly on blogs linked to climate change sceptics. It was used to make the case that scientists were surreptitiously twisting the facts to exaggerate climate change. That was not the case. But before that became clear, events would take on a life of their own, sparking a global media storm.

This is a story that matters - firstly because it may have set back by years efforts to combat climate change. But also because it foretold a future in which emails would be stolen and weaponised and where information and social media would be used to cast doubt on science and expertise.

More than a decade on, as the UK prepares to host a new global climate summit - COP26 in Glasgow - the mystery of who was behind 'Climategate' remains.

BBC Security Correspondent Gordon Corera goes on the trail of this 'cyber cold case', talking to the key players as well as police and spies, taking the listener on a journey to a place where climate change and information warfare met - with world changing consequences.

Producer: Sally Abrahams
Editor: Richard Vadon

Credit: MSNBC News Live 25 November 2009 and NBC Nightly News, 4 December 2009

MON 14:00 The Archers (m0011413)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Drama (m00066yq)
Our Trees

Chestnuts on A roads, sycamores down alleys, rowans on roundabouts, and avenues of lime. Why do people care so much about urban trees? Perhaps they want to save the trees because the trees save them?

Frances Byrnes' docu-drama, narrated by Robert Glenister, weaves the voices of Sheffield's tree campaigners into a dark contemporary fairytale.

The poem Heartwood, a charm-against-harm, was written for Sheffield's trees by Robert MacFarlane. Cellist Tim Smedley played A Song For The Birds by Pablo Casals. The programme also features a recording of the same piece by Sheku Kanneh-Mason.

Sound Design: David Thomas
Director: Kate McAll

A Pier production for BBC Radio 4

MON 15:00 Brain of Britain (m00114h4)

Semi-final 4, 2021

(16/17)

The last four of this year's Brain of Britain semi-finalists join Russell Davies to decide who'll take the only remaining place in the 2021 Final.

What's the name of the statue that stands on top of the Old Bailey court building in London? Which fictional planet was the birthplace of Superman? Who had a no.1 hit with the song Don't Cry For Me Argentina, from Evita, but never appeared in the stage musical?

These, and many other questions from all fields of knowledge, stand between the contestants and the Final place. With all four of them having come through the heats with their general knowledge credentials intact, the contest is sure to be closely fought.

As always, a listener also stands to win a prize if questions he or she has devised succeed in outwitting the panel.

Assistant Producer: Stephen Garner
Producer: Paul Bajorja

MON 15:30 The Food Programme (m0011409)

[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Laura Barton's Notes on Music (m0010xp0)

Laura Barton's Words

A triptych of audio essays on the enduring qualities, appeal and intent of pop music.

In this second episode, the writer Laura Barton looks at popular music's relationship with language - wordplay, neologisms, and the sensory delight of sound, from Little Richard's a-wop-bop-a-loo-bop to the fleet-footed grime MCs of today, via the careful honing of the singer-songwriter.

Including contributions from singer-songwriter Anais Mitchell and Poet Laureate and lyricist Simon Armitage, as well as an archive appearance from Billy Joel.

Produced by Alan Hall
A Falling Tree production for BBC Radio 4

MON 16:30 The Digital Human (m00114h7)

Series 24

Unfocus

We've all had experiences of our attention wandering, usually at those moments when we most need to concentrate.

But, in our productivity-driven society, are we placing too much emphasis on paying attention and failing to recognise the benefits of more unstructured thought processes? After all, focus comes at a cost. With numerous demands on our attention, it's all too easy to experience burnout. Unfocus can recharge our batteries and allow us to be creative by making connections and connecting with other people.

In this episode, Aleks Krotoski explores some of the different modes of attention we can switch between and asks whether, perhaps, we should be awarding our unfocus equal status to our focus.

Producer: Lynsey Moyes

MON 17:00 PM (m00114h9)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m00114hc)

The latest national and international news from BBC Radio 4.

MON 18:30 The Museum of Curiosity (m00114hf)

Series 16

Episode 3

Professor of Ignorance John Lloyd and the Museum's latest curator Holly Walsh are joined by impressionist Jon Culshaw, comedian Rosie Jones and writer Elisabeth Robinson.

Jon Culshaw shares both his favourite people to impersonate and his passion for astronomy. Rosie Jones talks about becoming Team GB's cheerleader at the 2021 Paralympic Games and her passion for puzzles. And Elisabeth Robinson discusses what she's learned about the creative process in Hollywood as well as her fascination with the high seas.

This series of The Museum of Curiosity has been recorded remotely.

The Museum's exhibits were catalogued by Mike Shephard, Mike Turner and Mandy Fenton and Lydia Mizon of QL.

The Production Co-Ordinator was Sarah Nicholls.

The Producer was Anne Miller.

The Executive Producer was Julia McKenzie.

Edited by David Thomas.

A BBC Studios production.

MON 19:00 The Archers (m00114bh)

Harrison faces a dilemma and Toby is running out of options.

MON 19:15 Front Row (m00114hh)

Live magazine programme on the worlds of arts, literature, film, media and music

MON 20:00 A Summer of Fire and Flood (m00114hk)

The Ahr Valley Flood

The worst effects of climate change are often framed as a problem for the future. But for some, the worst has already happened. As world leaders gather in Glasgow to talk about how to bring down emissions, Radio 4 tells the story of three places which have been at the sharp end of extreme weather events.

Germany's Ahr Valley was a picturesque chain of ancient towns and villages along a small, beautiful river - a region popular with tourists, famous for its wine production. Then on one terrifying night in July, the water rose with little warning, engulfing almost every house. It was the worst flood in the valley for 700 years. People fought their way through the water, clung for hours to roofs and trees before they were rescued. More than 100 lost their lives. Almost all bridges were destroyed, most homes left uninhabitable, businesses ruined. Even now, many have been unable to return. Tim Whewell travels through the valley, meeting some of the victims as they recall how they struggled to escape the flood - blamed on climate change - remember the friends and relatives they lost - and try to rebuild their lives.

Reported and produced by Tim Whewell
Editor, Bridget Harney

MON 20:30 Analysis (m00114hm)

Revenge of the Workers

The shortage of HGV drivers has been hitting the headlines, but other sectors are affected by a lack of staff too, from care homes to restaurants. This despite wages going up, and the end of the furlough scheme. What's going on? Could it be that power is shifting away from employers to workers, for perhaps the first time since the 1970s?

Since the 2008 financial crisis public opinion has increasingly been unfavourable towards globalisation, immigration and big corporations. This has been reflected in a shift away from an assumed pro-business stance among the mainstream political parties too. Philip Coggan speaks to a range of experts to find out what's been happening, whether workers really will gain more power, and what that might mean for the economy.

Guests:

Ben Clift, Professor of Political Economy at the University of Warwick

Dame DeAnne Julius, Distinguished Fellow for Global Economy and Finance, Chatham House

Kate Bell, Head of Rights, International, Social and Economics at the Trades Union Congress

Rob Ford, Professor of Political Science at the University of Manchester

Jonathan Portes, Professor of Economics and Policy at King's College, London

Kate Nicholls, chief executive of UK Hospitality

Shereen Hussein, Professor of Health and Social Care Policy at the London School of Hygiene and Tropical Medicine

Gerwyn Davies, Public Policy Adviser and Senior Market Analyst at the Chartered Institute of Personnel and Development

Producer: Arlene Gregorius

Sound: Gareth Jones

MON 21:00 Colin Powell - Learning to Lead (b09yck6j)

The Colin Powell School for Civic and Global Leadership, in Harlem, New York City is an exceptional college that prides itself on welcoming first generation scholars. Nicknamed the poor person's Harvard, the school is part of City College, where General Powell himself graduated sixty years ago.

Colin Powell was the son of British Jamaican immigrants who moved to New York and worked in the garment industry. Here, in 2018, he tells the story of his own journey through education and his passion to connect a new generation of students from less fortunate backgrounds to the best opportunities.

We hear how Powell made networking and internships a priority - he and his circle and the college staff worked to place students in Washington and Wall Street, working in not-for-profits, in law, and organisations such as the United Nations.

We also hear from a collection of students - African Americans, young people from El Salvador and Bangladesh, from China, Peru and the Virgin Islands. As General Powell said, there is no college in the USA that can boast such diversity. It's a diversity he celebrated, in defiance of prevailing government thinking. America, after all, he pointed out, was built on immigrant talent and labour - just like his own.

Produced by Susan Marling
A Just Radio production for BBC Radio 4

MON 21:30 Start the Week (m00114gg)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m00114hq)

In depth reporting, intelligent analysis and breaking news from a global perspective

MON 22:45 The Frequency of Us by Keith Stuart (m00114gt)

[Repeat of broadcast at 12:04 today]

MON 23:00 Have You Heard George's Podcast? (p09t50rp)
Chapter 3

Episode 25 - Who Hurt R&B?

R&B music has changed. It was once the soundtrack of love, but is now more like a journal of pain. Through this music, George tracks the breakdown of the African American family since the 1970s. He discovers that higher poverty and incarceration rates among African Americans left a generation of children to fend for themselves. By the 1990s Gangsta rappers were displaying disrespect to women - and the market loved it and rewarded it. At the same time, Black women were pushing back through songs calling out immature men, and celebrating financial independence.

Warning: This episode contains very strong language and language which may offend, as well as some adult themes.

Credits:

Written by George the Poet
Produced by Benbrick and George the Poet
Mixing, recording and editing by Benbrick.

With music from:

Gunuwine - Differences
Jhené Aiko - P*SSY Fairy (OTW)
Kaash Paige - Love Songs
George The Poet - Baby Father
Cardi B - WAP (feat. Megan Thee Stallion)
Megan Thee Stallion - Cash Shit (feat. DaBaby)
Rick Ross - Sanctified (feat. Kanye West & Big Sean)
Drake & GIVEON - Chicago Freestyle
Chris Brown - Loyal (Instrumental)
Candi Staton - Young Hearts Run Free
Laurn Hill - Doo Wop (That Thing)
Whitney Houston - It's Not Right But It's Okay
Dr Dre - Bi*****s Ain't S**t
Destiny's Child - Bills, Bills, Bills
Sunshine Anderson - Heard It All Before
TLC - No Scrubs
Jazmine Sullivan - Pick Up Your Feelings

All original music is written by Benbrick and recorded by the BBC Concert Orchestra.

Thank you to:

My team: Sandra, Vidhu, and Birungi. Dylan Haskins and the team at BBC Sounds, BBC Concert Orchestra, Torrie Maas, My Common Ground team: Anne Whitehead, Darshan Sanghrajka, and Benbrick.

Archive:

The clips of Candi Staton used at **07:31**, **08:05**, **08:28** and **08:59** are taken from her interview with Paul Morley on Guardian Music.

The clips of Jay-z used at **11:06** are taken from his interview on the Scandinavian talk show Skavlan, and his interview with Sway for MTV.

The clip of Tupac used at **11:32** is taken from his BET Networks interview with Ed Gordon.

The clip of 50 Cent used at **12:23** is taken from his interview with Larry King for Ora TV.

The clip of Barack Obama used at **13:01** is taken from CBS News.

The clip of Lauryn Hill used at **14:26** is taken from her 1998 BET Rap City interview.

The clip talking about crack used at **20:05** is taken from the Glide Memorial Church conference "The Race Against Crack".

Have You Heard George's Podcast? is a George the Poet production for BBC Sounds.

Commissioning Assistant Producer: Adam Eland
Commissioning Senior Producer: Alex Entwistle
Commissioning Executive for BBC: Dylan Haskins

MON 23:30 Today in Parliament (m00114hs)

Today in Parliament

News, views and features on today's stories in Parliament

TUESDAY 02 NOVEMBER 2021**TUE 00:00 Midnight News (m00114hv)**

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 1000 Years of Joys and Sorrows by Ai Weiwei (m00114gj)

[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m00114hx)

The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m00114hz)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

TUE 05:20 Shipping Forecast (m00114j1)

The latest weather reports and forecasts for UK shipping.

TUE 05:30 News Briefing (m00114j3)

The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m00114j5)

A spiritual comment and prayer to begin the day with Brahmacharini Shripriya Chaitanya

Good morning.

Today marks the beginning of the festival of Diwali. The focus of today's celebration is Dhanvantari, the deity of Ayurveda. The word 'ayurveda' means knowledge of life in Sanskrit and it is the classical Indian science of health and medicine.

In most Indian schools of philosophy which accept the ancient Hindu texts, the Vedas, as an authority, our physical body is considered to be the least of who we are. It is that part of us which is most external to our true identity. It is an instrument that we use to perform any action and therefore we are encouraged to look after it as we would any other instrument. A car that is cleaned often, refuelled, and maintained well will serve its purpose; any less attention given to it will cause trouble, and any more attention will waste time.

We live in a society where bodies are constantly being talked about, thought about, and sometimes inappropriately commented upon. Especially in times of illness, maintaining our physical health seems like a fulltime occupation. Sometimes we feel that we have been let down by our body when we are suffering or in pain.

It's often said that the greatest wealth we possess is that of good health. It seems clearer than ever now that it is one we cannot take for granted.

God, may I remember to be grateful for my body and all that it does for me. May I remember that just as I know myself to be much more than this body, others are also not defined by their bodies. May I see all bodies, including my own, with gratitude and acceptance.

Hari Om

TUE 05:45 Farming Today (m00114j7)

The latest news about food, farming and the countryside.

TUE 05:58 Tweet of the Day (b09k894d)

Doug Allan on the Wandering Albatross

In the fourth of five recollections about his encounters with birds in Antarctica, wildlife cameraman Doug Allan recalls his excitement at lying under the outstretched wings of a Wandering Albatross.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer: Sarah Blunt
Photograph: Richard Witham.

TUE 06:00 Today (m0011494)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m0011498)

Sharon Peacock on hunting pandemic variants of concern

Microbiologist Sharon Peacock has led one of the genuine science success stories of the pandemic. Professor Peacock is the founding director of COG-UK, the COVID-19 Genomics UK consortium. COG-UK is the network of 600 scientists and labs around the country which has acted as our surveillance system for the appearance and spread of new and dangerous variants of concern.

Thanks to Professor Peacock and her colleagues, the UK was way ahead of other countries in establishing a national network of SARS-CoV-2 sequencing and genomic analysis although she was the target of criticism when COG-UK was being set up in the spring of 2020. However, as she tells Jim Al-Khalili, it paid off. For example, it was the sequencing of virus samples by the consortium that last December identified the fast-spreading Alpha or so-called Kent variant. This was the variant responsible for the terrible second wave of deaths and hospitalisations last winter. It was a combination of the overwhelmed hospitals, rocketing infection rates and the discovery of Alpha that persuaded the government to tighten the rules for that Christmas and institute the lockdown in January.

Before the pandemic, Sharon Peacock was a pioneer and advocate for the application of pathogen genome sequencing in the National Health Service to tackle the growing menace of antibiotic resistance. She is a consultant in microbiology and Professor of Public Health and Microbiology at the University of Cambridge. This is not a list of titles and achievements which Sharon could have possibly imagined when she left school at 16, to work full time in her local corner shop.

Producer: Andrew Luck-Baker

TUE 09:30 One to One (m001149b)

Re-inventing Yourself: Malaika Kegode with Rev Paul Cowley

Malaika Kegode took a chance and left her rural Devon home in her early twenties, to escape what she describes as a toxic situation, when drugs and violence became part of her daily life. She made the massive life change with the support of her parents and she's now a successful Bristol-based writer and performer. She's always been drawn to stories of people who manage to re-invent themselves and in the first of two programmes, Malaika talks to Rev Paul Cowley, a man who has re-invented himself through-out his life, from prisoner to soldier and eventually to priest.

Produced by Jo Dwyer for BBC Audio in Bristol

TUE 09:45 1000 Years of Joys and Sorrows by Ai Weiwei (m00114cy)

2. Paris

The celebrated artist and activist reflects on his father, the acclaimed poet Ai Qing who spent his formative years in 1920s Paris, before turning to the uncertainties of his own youth. Benedict Wong reads from Ai Weiwei's intimate memoir.

Here one of the art world's superstars charts his journey as an artist and a human rights activist. It also tells the story of his father, Ai Qing arguably China's most famous poets. During the Cultural Revolution Ai Qing was banished, along with his sons Ai Weiwei and Gao Jian, to a remote region of China. He was subjected to degrading work, while Ai Weiwei endured a harsh childhood. Later, aged 19 Ai Weiwei left for America where he studied art. Later, his career as a major artist took off with projects like his installation of 100 million ceramic sunflower seeds at Tate Modern. Ai Weiwei's art has always been informed by his social activism. His criticism of China, and especially its human rights record, has brought him to the attention of the authorities, culminating in his detention in 2011. While imprisoned he reflected on his father's life, and thoughts of his own son, Ai Lao occupied him. Fathers and sons, China's totalitarianism, the role of art, freedom of expression, and the need to protect it at all cost, are at the heart of this inspiring life story.

Benedict Wong reads, he played Ai Weiwei in Howard Brenton's searing play, The Arrest of Ai Weiwei at the Hampstead Theatre in 2013. For Marvel fans, he is known for playing Wong in Dr Strange, and most recently in Shang-Chi and the Legend of the Ten Rings. He has also played Kublai Khan in the acclaimed Netflix series Marco Polo.

Written by Ai Weiwei
Translated by Allan H. Barr
Abridged by Penny Leicester
Produced by Elizabeth Allard.

TUE 10:00 Woman's Hour (m001149g)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

TUE 11:00 No Ball Games (m001149j)

Who gets to tell the story of a 100-year old housing estate? Who shapes its future? And where does art fit into this?

Becontree, in Dagenham, is only a few miles from the City of London – but it's a whole world away. One resident says "it's Britain's biggest council estate, yet nobody's talking about it".

But they do want to talk about it. So, as Becontree marks its centenary, BBC Radio 4 hands the microphones to three residents.

Rodrigo is a young queer painter, rapper and musician who's lived in Becontree since he was 11.

Gill is a lifelong Becontree resident. She's a retired school secretary and local volunteer whose garden is her "pride and joy".

Gary has "been called all sorts of things" in his life. Today he's a philosopher who lives in one of the remaining council flats on the estate.

Rodrigo, Gill and Gary are our guides, our storytellers, our holders-to-account. They'll lead us around their homes, then around the estate – passing the ubiquitous "No Ball Games" signs – to interview friends and neighbours, local characters and decision makers.

Our three residents met through a project connecting artists and communities, to mark Becontree's big moment in 2021. What's the purpose of such projects? What responsible role should artists perform? And when the birthday party's over, what's next for Becontree?

Producers: Jesse Lawson & Steve Urquhart
A Boom Shakalaka production for BBC Radio 4

TUE 11:30 Pride or Prejudice: How we Read Now (m001149i)

Teaching Novels

Novels have always sparked controversy. Lady Chatterley's Lover, Lolita and American Psycho were all subject to fierce attacks.

But something is happening now that feels different - a rolling boil of social media outrage and news stories that are not about one novel but about the very nature of reading, studying and writing fiction.

In an era of content warnings, cancel culture and calls to decolonise the curriculum, Abigail Williams, Professor of English at the University of Oxford, asks how today's students are reading the novel.

From Daniel Defoe's *Robinson Crusoe* to Ray Bradbury's *Fahrenheit 451* by the way of the television campus comedy *The Chair*, Abigail finds a path through outrage and offence as she explores new approaches to teaching and studying the novel.

Producer: Julia Johnson
Series Producer: Julia Johnson
Executive Producer: Steven Rajam

An Overcoat Media production for BBC Radio 4

TUE 12:00 News Summary (m00114df)

National and international news from BBC Radio 4

TUE 12:04 The Frequency of Us by Keith Stuart (m001149s)

Episode 7

Bath, 2007. For the last 65 years, Will has believed that his wife Elsa vanished without trace on the night of an air raid on the city. Lately, he has been seen in his garden at night, calling out for her.

The trouble is, no one has heard of Elsa. And there are no records anywhere to suggest that Will was ever married to anyone.

The suspicion is that he is suffering from dementia. When his new care worker, Laura, starts visiting him at home, she wonders if other forces are at play. Then again, Laura is new to the job - and has demons of her own.

Episode Seven
Events lead Laura to a decisive conclusion in her care assessment for Will.

Keith Stuart is a journalist and the author of two novels. His first, *A Boy Made of Blocks*, was published in 2017. He lives with his wife and two sons in Frome, Somerset. The *Frequency Of Us* was a BBC2 Between The Covers Book Club Pick.

Writer: Keith Stuart
Readers: Blake Ritson and Bryony Hannah
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

TUE 12:18 You and Yours (m001149x)

News and discussion of consumer affairs

TUE 12:57 Weather (m00114b1)

The latest weather forecast

TUE 13:00 World at One (m00114b6)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 The Hack that Changed the World (m00114bb)

Episode 2

Who was behind the 2009 hack and leak of emails that fuelled climate change sceptics?

TUE 14:00 The Archers (m00114bb)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama (m0009bn8)

Bayeux

Comedy-drama by Abigail Youngman, starring Katy Brand and Charlie Anson.

Rapacious Bishop Odo meets his match in Anglo-Saxon ex-queen, Edith. He wants her wealth; she wants to survive. Armed only with a needle, she leads a group of women in a bid to outwit their violent Norman oppressors. Her plan? To save her skin, and in the process to create a masterpiece and a message that will last a thousand years: the Bayeux Tapestry.

The year is 1070. England is occupied by the Normans. They use any means necessary to suppress English rebels. A group of disparate women fleeing for their lives find themselves living, almost imprisoned, in Wilton Abbey. They include former Queen of England, Edith of Wessex. She has been allowed to keep her lands and wealth because she has paid tribute to the new King, William. But William's cruel and powerful half-brother Bishop Odo has other ideas.

English needle work was the best in the Western World. Edith persuades Odo that she can set out the definitive story of William's conquest in the form of an embroidery. So he must keep them alive. But first Edith has to convince women traumatised by the invasion to work for the enemy while they find ways to stitch their secrets into the embroidery, risking their lives to tell the truth. Will Odo discover their hidden messages and take revenge? And why does Wolgyth like embroidering willies so much (there are ninety-three altogether)?

This needle-sharp comedy takes inspiration from real scenes found in the borders of the Bayeux Tapestry.

Queen Edith...Katy Brand
Bishop Odo...Charlie Anson
Gunnhilda...Katy Sobey
Edeva...Lisa Zahra
Wadard...Jonny Holden
Wulgyth...Rosie Cavaliero
Mathilde...Tracy Wiles

Producer...Mary Ward-Lowery

TUE 15:00 The Kitchen Cabinet (m001144s)

[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 Costing the Earth (m00114bm)

COP26: The Unheard Voices

When world leaders gather in Glasgow you can be certain of one thing - the loudest voices won't be coming from the people most impacted by climate change. Inuit hunters on melting ice and Pacific islanders losing their homelands to rising sea levels won't be flying Business Class to Glasgow - they won't have the chance to fight for their rights amongst the world powers and petroleum producers. Tom Heap brings those voices to the banks of the Clyde for the first of two special editions of

Costing the Earth from COP26.

Producer: Alasdair Cross

TUE 16:00 Law in Action (m00114br)

Long-running legal magazine programme featuring reports and discussion

TUE 16:30 A Good Read (m00114bw)

Dr Rachel Clarke & Mohsin Zaidi

The NHS palliative care doctor and author Rachel Clarke (*Breathtaking, Dear Life*) and the barrister and author Mohsin Zaidi (*A Dutiful Boy*) share the books that inspire them with presenter Harriett Gilbert.

Rachel chooses *The Diving Bell and The Butterfly*, a memoir about locked-in syndrome by Jean-Dominique Bauby. Mohsin picks a collection of essays, speeches, and poems by African-American author and poet Audre Lorde, *Your Silence Will Not Protect You*. And Harriett shares with them a crime novel, *Faceless Killers* by Henning Mankell.

Producer for BBC Audio in Bristol, Eliza Lomas.
Follow our instagram book group @agoodreadbbc

TUE 17:00 PM (m00114c0)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

TUE 18:00 Six O'Clock News (m00114c7)

The latest national and international news from BBC Radio 4.

TUE 18:30 Daliso Chaponda: Citizen of Nowhere (m00114c9)

Series 3

Episode 4

Episode 4 'Change'

Malawian comedian Daliso Chaponda is back with a third series of his *Rose D'Or* nominated show where he examines divisive global issues.

Over the course the two previous series Daliso has covered colonialism, slavery, political corruption, charity, immigration, cultural relativism, dictators, and how different countries deal with the sins of their past.

In this first episode of the new series, through comedy routines and guest interviews, Daliso will be tackling the subject of 'Change'.

Performer... Daliso Chaponda
Writer... Daliso Chaponda
Guest... Sibusiso Mamba
Additional Material... Scott Bennett

Production Coordinator... Mabel Wright
Producer... Carl Cooper

Theme tune - 'Timalira' by Lawi

This is a BBC Studios Production.

TUE 19:00 The Archers (m00114cc)

Rex faces his future and Kirsty discovers a shocking plot.

TUE 19:15 Front Row (m00114cf)

Live magazine programme on the worlds of arts, literature, film, media and music

TUE 20:00 File on 4 (m00114ch)

Controlled, Abused and Criminalised

Livvy Haydock investigates whether women are being unfairly treated by the criminal justice system when coercive and controlling behaviour by a partner is behind their offences. Six years ago, the UK led the world in making coercive and controlling behaviour a crime. In a 2019 landmark judgement, Sally Challen's murder conviction was quashed when the Court of Appeal ruled that years of abuse had contributed to her murdering her husband. But has the criminal justice system really evolved enough to recognise the complex relationship between prolonged abuse and violent crime by women?

Reporter: Livvy Haydock
Producer: Jim Booth
Editor: Nicola Addyman

TUE 20:40 In Touch (m00114ck)

News, views and information for people who are blind or partially sighted

TUE 21:00 Inside Health (m00114cm)

A weekly quest to demystify the health issues that perplex us.

TUE 21:30 The Life Scientific (m0011498)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m00114cp)

In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 The Frequency of Us by Keith Stuart (m001149s)

[Repeat of broadcast at 12:04 today]

TUE 23:00 Fortunately... with Fi and Jane (m00114cr)

Two women who know what's what and who's who in the world of radio.

TUE 23:30 Today in Parliament (m00114ct)

Today in Parliament

News, views and features on today's stories in Parliament

WEDNESDAY 03 NOVEMBER 2021**WED 00:00 Midnight News (m00114cw)**

The latest news and weather forecast from BBC Radio 4.

WED 00:30 1000 Years of Joys and Sorrows by Ai Weiwei (m00114cy)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m00114d1)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m00114d3)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

WED 05:20 Shipping Forecast (m00114d5)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m00114d7)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m00114d9)

A spiritual comment and prayer to begin the day with Brahmacharini Shripriya Chaitanya

Good morning.

The driving force behind everything we do is said to be desire. Without a strong enough force to push us out of inertia we would simply remain there. Desire is a great motivating force, but it also has the ability to keep us captive.

If we didn't have a desire for the day ahead of us, we would simply stay in bed. That desire might come to us in the form of responsibilities, whether work, family, or something else; but the desire to fulfil that responsibility also keeps us moving.

I recently read a sentence which said, "I don't drink coffee to wake up, I wake up to drink coffee". This seemed to me to be a perfect example of the way desire holds us hostage. We start off with the simple enough desire for a hot drink with caffeine in the morning; it turns into a habit, and soon enough whether we want it or not, we're compelled to have it.

Today, as part of the festival of Diwali, we celebrate a day called Naraka Chaturdasi. It is said to be the day on which Krishna liberated 16,000 women who had been imprisoned by a demon. Upon being freed, they all had the desire to marry Krishna, and so he made it happen.

We might wonder at such a story, but the idea behind it is that ultimately God fulfils our desires; especially when that desire is a longing for God.

May our desires be a force to bring us closer to God. May we remember God in all our actions and recognise the fulfilment of

desires as God's grace in our life.

Hari Om.

WED 05:45 Farming Today (m00114dc)

The latest news about food, farming and the countryside.

WED 05:58 Tweet of the Day (b091226r)

Andy Radford on the Green Woodhoopoe

Professor Andy Radford, a Behavioural Biologist at the University of Bristol describes the role of sound when it comes to competing choruses of Green Woodhoopoes.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer: Sarah Blunt
Photograph: Nigel Voaden.

WED 06:00 Today (m001153j)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Life Changing (m001153i)

Jane Garvey talks to ordinary people about an extraordinary turning point in their life.

WED 09:30 In My Head (b0bhjbm3)

The Circus Manager

Step into the world of circus manager Roxana Icu as she works frantically backstage to ensure the kids are kept entertained out front.

Episode three of a new series of immersive features which allow the listener to step into the world of a compelling character with an extraordinary job. Recorded in binaural stereo using the latest recording techniques for a rich, lifelike and intimate sound. Subjects wear a small microphone in each ear, picking up sound just like the human ear. Whatever they hear, we hear - how they hear it. The series is best heard on headphones.

In this episode, we're backstage with the company manager of Giffords Circus as she pulls out all the stops to ensure that everything goes to plan out front. Highly skilled circus artists performing dangerous acts must be kept happy, the ponies and sausage dogs must make their entrances on cue - and wardrobe malfunctions remain an ever present danger.

Producer: Laurence Grissell

WED 09:45 1000 Years of Joys and Sorrows by Ai Weiwei (m001153n)

3. The American Years

In his compelling memoir, the world-famous artist looks back on the 1980s and his years in America where his artistic vision and social activism first evolved. Benedict Wong reads.

In this intimate account by one of the art world's superstars, Ai Weiwei charts his journey as an artist and a human rights activist. It also tells the story of his father, Ai Qing arguably China's most celebrated poet. During the Cultural Revolution Ai Qing was banished, along with his sons Ai Weiwei and Gao Jian, to a remote region of China. He was subjected to degrading work, while Ai Weiwei endured a harsh childhood. Later, aged 19 Ai Weiwei left for America where he studied art. Later, his career as a major artist took off with projects like his installation of 100 million ceramic sunflower seeds at Tate Modern. Ai Weiwei's art has always been informed by his social activism. His criticism of China, and especially its human rights record, has brought him to the attention of the authorities, culminating in his detention in 2011. While imprisoned he reflected on his father's life, and thoughts of his own son, Ai Lao occupied him. Fathers and sons, China's totalitarianism, the role of art, freedom of expression, and the need to protect it at all cost, are at the heart of this inspiring life story.

Benedict Wong reads, he played Ai Weiwei in Howard Brenton's searing play, The Arrest of Ai Weiwei at the Hampstead Theatre in 2013. For Marvel fans, he is known for playing Wong in Dr Strange, and most recently in Shang-Chi and the Legend of the Ten Rings. He has also played Kublai Khan in the acclaimed Netflix series Marco Polo.

Written by Ai Weiwei
Translated by Allan H. Barr
Abridged by Penny Leicester
Produced by Elizabeth Allard.

WED 10:00 Woman's Hour (m001153q)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

WED 11:00 A Summer of Fire and Flood (m00114hk)

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 John Finnemore's Double Acts (b08rrc0m)

Series 2

The Queen's Speech

Victoria is very much hoping to see a conjuror, or at least a parrot. But instead meets Mabel.

Stephanie Cole and Kerry Godliman star in the first of six two-handers written by Cabin Pressure's John Finnemore

Written by John Finnemore
Produced by David Tyler

A Pozzitive production for BBC Radio 4.

WED 12:00 News Summary (m001153s)

National and international news from BBC Radio 4

WED 12:04 The Frequency of Us by Keith Stuart (m001153v)

Episode 8

Bath, 2007. For the last 65 years, Will has believed that his wife Elsa vanished without trace on the night of an air raid on the city. Lately, he has been seen in his garden at night, calling out for her.

The trouble is, no one has heard of Elsa. And there are no records anywhere to suggest that Will was ever married to anyone.

The suspicion is that he is suffering from dementia. When his new care worker, Laura, starts visiting him at home, she wonders if other forces are at play. Then again, Laura is new to the job - and has demons of her own.

Episode Eight
Although Laura has resigned, Will's story still has a hold over her and, after new information regarding Cooperton, she makes a huge discovery.

Keith Stuart is a journalist and the author of two novels. His first, A Boy Made of Blocks, was published in 2017. He lives with his wife and two sons in Frome, Somerset. The Frequency Of Us was a BBC2 Between The Covers Book Club Pick.

Writer: Keith Stuart
Reader: Bryony Hannah
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

WED 12:18 You and Yours (m001153x)

News and discussion of consumer affairs

WED 12:57 Weather (m001153z)

The latest weather forecast

WED 13:00 World at One (m0011541)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 The Hack that Changed the World (m0011543)

Episode 3

Who was behind the 2009 hack and leak of emails that fuelled climate change sceptics?

WED 14:00 The Archers (m00114cc)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama (m0011545)

Daughter

Daughter by Testament.

Ralph is a wannabe musician trying to come to terms with fatherhood. Can he bear the responsibility and the restrictions to his freedom? In other words, can he be a good dad?

Ralph.....Testament
Nola.....Grace Savage
Daughter.....Elise Brooks
Director/Producer Gary Brown

Testament is a beatboxer, rapper and theatre maker. He has worked with Leeds Playhouse and The Royal Exchange Manchester. He recently had an acclaimed solo show broadcast on BBC 4 "Orpheus in the Record Shop". This is his second radio drama.

Grace Savage is a beatboxer, actress, singer and songwriter. Grace is a 4 x UK Beatbox Champion and a Radio 1 played musician. Grace's performance in HOME at The National Theatre was picked as one of the top 10 standout theatrical performances of the year by Susannah Clapp in The Guardian.

WED 15:00 Money Box (m0011547)

Paul Lewis and a panel of guests answer calls on personal finance. Producer: Emma Rippon

WED 15:30 Inside Health (m00114cm)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Sideways (m0011549)

Summit

Arlene Blum has scaled some of the most treacherous peaks in the Himalayas. When she's not climbing mountains, she's fighting to get toxic chemicals banned from everyday household goods. Arlene says that her experience leading expeditions has helped her acquire the personal skills and attributes required to push through bold new science policies.

Matthew Syed asks whether transferable resilience from one field to another is the secret to reaching the top not just once, but throughout our lives.

Arlene is not alone in her experience. Riteesh Mishra, a retired pro-footballer turned coach and talent manager, is a big advocate for "dual careers". Likewise, Professor Julia Richardson has led a study looking into how sportspeople can adapt their skills to second careers, drawing on their experiences in one area in order to excel in another.

Living a dual life as a mountaineer and a chemist has equipped Arlene with resilience and determination, but there's something else that's led Arlene to the top, and that's the ability to question the ways things have always been done. Professor Steven Nadler, a philosopher specialising in early modern philosophy, says that Arlene can be considered a modern heretic. Do we need a bit more heretical thinking to get to the top of our own mountains?

Presenter: Matthew Syed
Producer: Claire Crofton
Series Editor: Katherine Godfrey
Researcher: Nadia Mehdi
Music, Sound Design and Mix: Nicholas Alexander
Theme Music: Seventy Times Seven by Ioana Selaru
A Novel production for BBC Radio 4

WED 16:30 The Media Show (m001154c)

Social media, anti-social media, breaking news, faking news: this is the programme about a revolution in media.

WED 17:00 PM (m001154f)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

WED 18:00 Six O'Clock News (m001154h)

The latest national and international news from BBC Radio 4.

WED 18:30 The Cold Swedish Winter (m0001cbh)

Series 4

Work

The fourth series of Danny Robins' sitcom continues with fish-out-of-water Geoff, probably a herring, trying to acclimatise to his new life in Sweden.

So far, it is going well. He has married his Swedish girlfriend Linda (Sissela Benn), they have a baby John, Geoff is usually on civil terms with his Swedish in-laws, and he is now a fully-fledged Swedish citizen himself – at least, technically. But Geoff is still confused, entranced or infuriated by the unexpectedly Scandinavian on a daily basis. This year, Geoff

has to learn about conflicting attitudes towards health and safety, the appropriate gender for a witch and how to get ahead on the Swedish comedy circuit.

We catch up with Geoff (Adam Riches) and Linda as the generous period of Swedish paternity leave comes to end. Little John is starting at nursery school and it's time for Geoff to launch himself onto the job market. When he finally lands a full time job, he finds himself working alongside his mother-in-law Gunilla (Anna-Lena Bergelin). This may be a challenge - until they find a mutual affinity for whisky, white water canoeing and the strange workplace tradition of "kicking off".

Cast
Geoff: Adam Riches
Linda: Sissela Benn
Gunilla: Anna-Lena Bergelin
Sten: Thomas Oredsson
Jonas: Kristoffer Appelquist
Ahmed: Mohamed Said
Carola: Johanna Wagrell
Mattias: Thomas Eriksson
John: Harry Nicolaou

Written by Danny Robins
Produced and directed by Frank Stirling
A 7digital production for BBC Radio 4

WED 19:00 The Archers (m00114mz)

Kirsty is on a mission and Lilian puts her foot in it.

WED 19:15 Front Row (m001154k)

Live magazine programme on the worlds of arts, literature, film, media and music

WED 20:00 Life Changing (m001153l)

[Repeat of broadcast at 09:00 today]

WED 20:30 Descendants (p09jjq9z)

Marcus, Rev Alison, and Ruth

Descendants looks into our lives and our pasts and asks how close is each of us to the legacy of British slavery? And, in turn, who does that mean our lives are connected to?

Narrated by Yrsa Daley-Ward, the poet and writer introduces us to a network of lives, each one connected in one way or another through the history of slavery.

Marcus is of Bajan descent, Rev Alison Waters is a vicar in rural Somerset, and Ruth is a middle class woman living in Bristol. Their lives today have all been impacted by the legacy of one of the biggest slave owners in British history - a man called Thomas Daniel.

Producers: Polly Weston, Candace Wilson, Rema Mukena
Editor: Kirsten Lass
Academic consultants: Matthew Smith and Rachel Lang of the Centre for the Study of the Legacies of British Slavery at UCL
Additional genealogical research by Laura Berry

WED 21:00 Costing the Earth (m00114bm)

[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m001154c)

[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m001154m)

In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 The Frequency of Us by Keith Stuart (m001153v)

[Repeat of broadcast at 12:04 today]

WED 23:00 Lasties (m001154p)

Clancy

The bell rings in Boo and Ray's local, and they have fifteen minutes to drink up. A series of four comic plays written by and starring John Kearns and Tim Key.

Disaster. The lads have missed last orders. Boo has big news, but Ray has no pint to listen to it with! Salvation comes in the shape of Clancy, Boo's adult niece, who's got in before the bell. Can she be their mule?

Written by and starring John Kearns and Tim Key
Producer: Andy Goddard
Executive Producer: Max O'Brien

A Novel production for BBC Radio 4

WED 23:15 The Skewer (m001154r)

Series 5

Episode 1

Fresh from winning in three categories at the 2021 New York Festival Awards, Jon Holmes returns with his multi-award winning satirical soundscape The Skewer, as it twists itself into the news like a concept album of current affairs. It's your new news fix.

"Its sharpness left me slack-jawed." The Times

"A surreal flow of snippets - news and views, music and memories - melded into a huge orchestral piece of compelling originality. THE SKEWER is satire at its cleverest, both biting and beautiful. If you could listen to a Francis Bacon painting, this is what it would sound like."

"A unique celebration of diversity in terms of views, contributors, and attitude. The Skewer is a masterpiece that gives voice to the unheard".

AWARDS

The Skewer wins in 3 categories at the 2021 New York Festival Awards: Comedy, Sound Art, and Innovation.

The Skewer wins Gold (Best Radio Podcast) at the 2021 British Podcast Awards

The Skewer wins Gold (Best Comedy Producer) at the 2021 Audio Production Awards

The Skewer wins Gold (Best Comedy) and Silver (Best New Show) at the 2021 Radio Academy Awards, the #UKArias

The Skewer wins Gold for Best Comedy at the 2021 BBC Audio & Drama Awards

The Skewer wins Gold at the New York Radio Festival in 2020. The Skewer wins Silver at the 2020 Podcast Awards.

The Skewer wins Bronze (Best Sound Design) at the 2020 Audio Production Awards

The Skewer is nominated for a 2020 Chortle Award ('Radio Comedy')

The Skewer pilot (BBC Radio 4 - April 2019) won the 'Best Comedy Producer' Silver award at the 2019 Audio Production Awards.

The Halloween Skewer (BBC Radio 4 - October 2019) is nominated in two categories at the 2020 BBC Audio Drama Awards: 'Best Comedy' and 'Best Use of Sound'.

WED 23:30 Today in Parliament (m001154v)

Today in Parliament

News, views and features on today's stories in Parliament

THURSDAY 04 NOVEMBER 2021

THU 00:00 Midnight News (m001154x)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 1000 Years of Joys and Sorrows by Ai Weiwei (m001153n)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001154z)

The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes (m001155l)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m0011553)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m0011555)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m0011557)

A spiritual comment and prayer to begin the day with Brahmacharini Shripriya Chaitanya

Good morning.

Today we celebrate the day of Diwali with the worship of Lakshmi. Lakshmi is the deity of wealth; something we can all see the necessity of in our life. Lakshmi is invoked to pray for abundance, particularly in traditional business communities but

also in homes.

Most of the time, we are concerned with acquiring wealth to enjoy whatever benefits it can give us. At the very minimum, we strive for wealth in order to take care of our basic needs, and often for the sake of comforts and luxuries.

There is a story of a man who is offered seven jars of gold by a stranger. He accepts, takes them home, and finds that although six are full to the brim, the seventh is half full. Although elated by his gain, he becomes fixated on the seventh and focuses all his efforts on trying to fill it. As much he tries, no amount of gold will fill it and forgetting about the six jars, he loses all his peace over the seventh, half-empty, jar.

Although we generally associate wealth with material possessions, Lakshmi also represents the abundance of internal wealth: of qualities like compassion, generosity, forgiveness, perseverance. What's so beautiful about this wealth is that the more we 'spend' it, the more we acquire, especially if we're able to direct those positive thoughts and emotions towards ourselves as well as others.

May we not forget what wealth we already possess, and may we be blessed with gratitude. May we be blessed with abundance in order to share with others. May we never feel afraid to give out of our abundance.

Wishing you all a very happy and auspicious Diwali.

Hari Om

THU 05:45 Farming Today (m0011559)

The latest news about food, farming and the countryside.

THU 05:58 Tweet of the Day (b09ws5p4)

Mark Cocker on the Twite

Nature writer Mark Cocker recalls seeing twite feeding between the goalposts at his school in Derbyshire, however twite and its trilling song are a rare sound today in the uplands.

Producer Tim Dee

Photograph: Simon Stobart.

THU 06:00 Today (m00114m4)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m00114m8)

Melvyn Bragg and guests discuss the history of ideas

THU 09:45 1000 Years of Joys and Sorrows by Ai Weiwei (m00114nz)

4. The Wenchuan Earthquake

By 2008 Ai Weiwei is an internationally acclaimed artist, but when he sets out to commemorate the victims of an earthquake in Wenchuan, his relationship with China's authorities reaches breaking point. Benedict Wong reads.

In this intimate memoir by one of the art world's superstars, Ai Weiwei charts his journey as an artist and a human rights activist. It also tells the story of Ai Weiwei's father, Ai Qing arguably China's most celebrated poet. During the Cultural Revolution Ai Qing was banished, along with his sons Ai Weiwei and Gao Jian, to a remote region of China. He was subjected to degrading work, while Ai Weiwei endured a harsh childhood. Later, aged 19 Ai Weiwei left for America where he studied art. Later, his career as a major artist took off with projects like his installation of 100 million ceramic sunflower seeds at Tate Modern. Ai Weiwei's art has always been informed by his social activism. His criticism of China, and especially its human rights record, has brought him to the attention of the authorities, culminating in his detention in 2011. While imprisoned he reflected on his father's life, and thoughts of his own son, Ai Lao occupied him. Fathers and sons, China's totalitarianism, the role of art, freedom of expression, and the need to protect it at all cost, are at the heart of this inspiring life story.

Benedict Wong reads, he played Ai Weiwei in Howard Brenton's searing play, *The Arrest of Ai Weiwei* at the Hampstead Theatre in 2013. For Marvel fans, he is known for playing Wong in *Dr Strange*, and most recently in *Shang-Chi and the Legend of the Ten Rings*. He has also played Kublai Khan in the acclaimed Netflix series *Marco Polo*.

Written by Ai Weiwei

Translated by Allan H. Barr

Abridged by Penny Leicester

Produced by Elizabeth Allard.

THU 10:00 Woman's Hour (m00114md)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

THU 11:00 From Our Own Correspondent (m00114mg)

Insight, and analysis from BBC correspondents around the world

THU 11:30 Laura Barton's Notes on Music (m00114mj)

Laura Barton Goes West

In this third episode, Laura Barton explores music's idea of the west, from the strings, sustained harmonies and open fifths of Western film scores, to the percussion, nasal pitch and perfect fourths favoured by indigenous Plains Indians, and how they connect or confront ideas of frontier thesis, manifest destiny, and the relationship with the land itself.

With contributions from Samantha Crain, a Choctaw songwriter from Oklahoma; Bryce Dessner, guitarist with The National and provider of music for the 'early western' film *The Revenant*; and Professor Philip Deloria, a specialist in Native American, Western American and environmental history.

Produced by Alan Hall

A Falling Tree production for BBC Radio 4

THU 12:00 News Summary (m00114rt)

National and international news from BBC Radio 4

THU 12:04 The Frequency of Us by Keith Stuart (m00114mn)

Episode 9

Bath, 2007. For the last 65 years, Will has believed that his wife Elsa vanished without trace on the night of an air raid on the city. Lately, he has been seen in his garden at night, calling out for her.

The trouble is, no one has heard of Elsa. And there are no records anywhere to suggest that Will was ever married to anyone.

The suspicion is that he is suffering from dementia. When his new care worker, Laura, starts visiting him at home, she wonders if other forces are at play. Then again, Laura is new to the job - and has demons of her own.

Episode Nine

Will makes contact with Elsa, and Laura makes contact with her father.

Keith Stuart is a journalist and the author of two novels. His first, *A Boy Made of Blocks*, was published in 2017. He lives with his wife and two sons in Frome, Somerset. *The Frequency of Us* was a BBC2 *Between The Covers* Book Club Pick.

Writer: Keith Stuart

Reader: Bryony Hannah

Abridger: Jeremy Osborne

Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

THU 12:18 You and Yours (m00114mq)

News and discussion of consumer affairs

THU 12:57 Weather (m00114ms)

The latest weather forecast

THU 13:00 World at One (m00114mv)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

THU 13:45 The Hack that Changed the World (m00114mx)

Episode 4

Who was behind the 2009 hack and leak of emails that fuelled climate change sceptics?

THU 14:00 The Archers (m00114mz)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 The Attendant (m00114n1)

The Action

Strange things happen when you shake your hard-boiled egg in a packet of crushed up Monster Munch. Final episode of this hilarious, unorthodox love story set on the night shift at a petrol

station.

Petrol attendant Alex is desperate to find someone to share his life with, but too scared to do anything about it. A film-obsessive, he works the night shift at an isolated petrol station on the outskirts of a two-bit town. Awkward, and with no real friends to speak of, he confides in his only 'colleague' - a smiley-faced vacuum cleaner named Keith, whose voice only Alex can hear.

Ella is a cycling-mad woman of action, prepared for anything by her collection of 'How to...' tapes. By chance, Alex and Ella's lives intersect. These two lonely souls are made for each other, even if they don't know it.

This is their story.

Tonight, Alex, Ella and Keith must overcome an evil plot to take over the petrol station, and this time the 'How to' tapes might just come in handy. But which one of them is Jean-Claude Van Damme? And will Mr Ricky save his cat?

Cast:

Alex...Will Merrick

Ella ...Patricia Allison

Keith and the 'How To...' Tapes...Kenneth Collard

Brubaker Levine...John MacKay

Bonkers...Joe Sims

Written and created by The Cullen Brothers

Script Editor: Abigail Youngman

Producers: Alison Crawford and Mary Ward-Lowery

Sound Design: Ilse Lademann

Includes original music by Tom Constantine

Director: Alison Crawford

THU 14:45 The Things We Leave Behind (m000wsjh)

Episode 5

A five-part series specially written for Radio 4 by Mary Paulson-Ellis.

The Things We Leave Behind tells the story of a life in five objects. Starting near the end of her life and moving backwards in time, the defining moments of Rosalind Goddard's life are revealed through seemingly random accumulated items.

Read by Alexandra Mathie.

Producer - Gaynor Macfarlane

THU 15:00 Open Country (m00114n3)

A Tot of Rum

Gaelic singer and historian, Fiona McKenzie, is on the Hebridean Island of Rum to hear about the campaign to restore Kinloch Castle, one of the most remarkable buildings in the Western Isles. Built in the early 1900s by a Lancashire textile magnate, it boasted an early central heating system, ballroom and Japanese gardens - but is now in a sad state, boarded up and at the mercy of winter storms.

Fiona meets Ali Morris who spends much of her time on Rum's spectacular hillsides working on the Red Deer Research project which has been running since 1953. It's the rutting season - a noisy, busy time of the year!

She also catches up with a couple of families who moved to Rum last year, in response to an appeal for newcomers to boost the island's population which had fallen to just 30.

Produced by Kathleen Carragher

THU 15:27 Radio 4 Appeal (m00113zq)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Open Book (m001140m)

[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Curious Cases of Rutherford & Fry (m00114n5)

Series 18

The Slippery Situation

'What is the slipperiest thing in the world?' asks 8 year old Evelyn? 'Why do my feet slip on a wet floor but when my feet are even slightly moist it is nearly impossible to put on a pair of socks without falling over and cursing the universe. What is going on here?' asks Evelyn's Dad, Sam. Hannah and Adam investigate the science of friction and lubrication - so called 'tribology' with the help of tribologists and mechanical engineers Professor Ashlie Martini from California University

Merced and Professor Roger Lewis from the University of Sheffield. With their help Hannah and Adam find out why leaves on the line are so slippery, what happens to graphite in space and what is the slipperiest food. Professor of Materials, Mark Miodownik from University College London explains what's going on when friction stops two materials sliding past each other and wonders whether the slipperiest substance was actually discovered accidentally in a lab by scientists looking for something completely different.

THU 16:30 BBC Inside Science (m00114n7)

A weekly programme that illuminates the mysteries and challenges the controversies behind the science that's changing our world.

THU 17:00 PM (m00114n9)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

THU 18:00 Six O'Clock News (m00114nf)

The latest national and international news from BBC Radio 4.

THU 18:30 The Break (m000ktxm)

Series 3

6. Fly Flamford

Jeff (Philip Jackson) and Andy (James Northcote) are awaiting their departure from Winifred Holtby International Airport, formerly RAF Flamford Heath, with a major repurposing in the 90s as Flamin' Wheels Go-Kart Centre.

They've taken advantage of The Flamford Bugle's 2-for-1 ticket offer to mark the "exciting new route" to Rome-Maremma by low budget airline AlexAir.

They're soon joined by Fish Shop Frank (Mark Benton), Copper Kettle proprietor and nervous flyer Joyce Rickles (Alison Steadman) and Flamford's Number One aged curmudgeon, Mr Truepenny (Rasmus Hardiker) - all of them with an eye for a bargain and all of them fellow 2-for-1 ticketeers.

Frank has already started on the pints ("What? I'm on holiday"), Joyce has been on a Flying-With-Confidence course ("My mantra is 'Turnips'") and Mr Truepenny is behaving more oddly than normal ("I dropped an E earlier and I think it's kicking in"). They soon find cheapest is not always best.

As the flight delays mount, so tempers rise and questions are asked. When's the plane leaving? What is Frank's secret? Who is Simon? And why does WH Smith sell water in litre bottles which you cannot possibly finish before you reach the security gate?

Starring:

Philip Jackson
Alison Steadman
Mark Benton
Shobna Gulati
Rasmus Hardiker
James Northcote

Created and Written by Ian Brown and James Hendrie
Studio Engineered and Edited by Leon Chambers
Production Manager Sarah Tombling
Produced and Directed by Gordon Kennedy

Recorded at The Soundhouse Studios, London

An Absolutely Production for BBC Radio 4

THU 19:00 The Archers (m00114nh)

Writer, Sarah Hehir
Director, Marina Calderone
Editor, Jeremy Howe

Pip Archer Daisy Badger
Kenton Archer Richard Attlee
Pat Archer Patricia Gallimore
Tom Archer William Troughton
Natasha Archer Mali Harries
Lilian Bellamy Sunny Ormonde
Leonard Berry Paul Copley
Harrison Burns James Cartwright
Justin Elliott Simon Williams
Rex Fairbrother Nick Barber
Toby Fairbrother Rhys Bevan
Shula Hebden Lloyd Judy Bennett
Jazzer McCreary Ryan Kelly
Kirsty Miller Annabelle Dowler
Lynda Snell Carole Boyd
Roy Tucker Ian Pepperell
Blake Luke MacGregor

THU 19:15 Front Row (m00114nk)

Live magazine programme on the worlds of arts, literature, film, media and music

THU 20:00 Law in Action (m00114br)

[Repeat of broadcast at 16:00 on Tuesday]

THU 20:30 The Bottom Line (m00114nm)

Evan Davis chairs a discussion providing insight into business from the people at the top.

THU 21:00 BBC Inside Science (m00114n7)

[Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m00114m8)

[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m00114mq)

In depth reporting, intelligent analysis and breaking news from a global perspective

THU 22:45 The Frequency of Us by Keith Stuart (m00114mn)

[Repeat of broadcast at 12:04 today]

THU 23:00 Date Night (m00114ns)

Series 2

Episode 2

Second series of the semi-improvised comedy show written and performed by Marc Wootton with Hammed Animashaun, Rosie Cavaliero, Monica Dolan, Katherine Parkinson and Catherine Tate.

Together, they portray a series of couples who are all embracing the modern phenomenon of date night.

DATE NIGHT, noun: A pre-arranged occasion when a couple who have been together for a long time commit to a regular night out in order to keep their relationship alive.

The series follows a collection of couples who are desperately trying to keep their relationship functioning with a weekly date night intervention. For some, the relationship is already clearly broken. For others it is a pre-emptive strike in the hope of new-found longevity.

Date Night is written and created by Marc Wootton whose previous credits include High & Dry (Ch4), La La Land (Showtime), Shirley Ghostman (BBC) and My New Best Friend (Ch4).

Cast:

Richard / Terry / Harry / Patrick Marc Wootton
Maddy Katherine Parkinson
Terri Catherine Tate
Linda Rosie Cavaliero
Carol Monica Dolan

Narrator Fi Glover

Editor: Chris Maclean
Producer: James Peak

An Essential Radio production for BBC Radio 4

THU 23:30 Today in Parliament (m00114nv)

Today in Parliament

News, views and features on today's stories in Parliament

FRIDAY 05 NOVEMBER 2021

FRI 00:00 Midnight News (m00114nx)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 1000 Years of Joys and Sorrows by Ai Weiwei (m00114nz)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m00114p1)

The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m00114p3)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m00114p5)

The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m00114p7)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m00114p9)

A spiritual comment and prayer to begin the day with Brahmacharini Shripriya Chaitanya.

Good morning.

When it is difficult to face everything that life delivers, where do you go? Just like I might go to take shelter when it rains, we all need somewhere to take refuge when life brings challenges. It might be a particular place that gives solace, maybe a book, or a relationship.

Today, as part of Diwali, we celebrate Govardhan puja to mark the occasion when Krishna, as a young boy, is said to have lifted the Govardhan mountain in order to provide protection from a great deluge. Devotees cook mountains of food and having offered it to God in worship, distribute it to all.

A beautiful metaphor communicates this refuge: a fisherman stands on his boat, ready to cast his net wide into the sea. The fish swimming around him are caught as he hauls his net in, but those swimming directly underneath are spared. We all live in the same world with its infinite variety of experiences, but if we take refuge in God, we may be spared the suffering that is experienced when we think we are alone and must fend for ourselves.

Asking for help is not an admission of weakness. Taking refuge is not an expression of helplessness. Rather, it can be an honest acknowledgement of the reality of the situation we face. We are not in control of the world, or the people around us; we take refuge in the one who presides over all things and beings.

May we seek shelter in the teachings that bring us close to God. May we find strength to take refuge in God, by whom we each are cared for and loved unconditionally.

Hari Om

FRI 05:45 Farming Today (m00114pc)

The latest news about food, farming and the countryside.

FRI 05:58 Tweet of the Day (b09w2tj8)

Richard Jones on the Gyr Falcon

Avian vet Richard Jones introduces a strange tale from his surgery, involving a runaway Gyr falcon, a black hat, and a peculiar mating habit.

Producer: Melvin Rickarby
Photograph: Joe Cox.

FRI 06:00 Today (m00114sv)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m0011403)

[Repeat of broadcast at 11:00 on Sunday]

FRI 09:45 1000 Years of Joys and Sorrows by Ai Weiwei (m00114sx)

5. Detention

The internationally acclaimed artist and activist's memoir turns to his detention in 2011, and he considers why freedom is precious. Benedict Wong reads.

In this intimate and compelling memoir by one of the art world's superstars, Ai Weiwei charts his journey as an artist and a human rights activist. It also tells the story of Ai Weiwei's father, Ai Qing arguably China's most celebrated poet. During the Cultural Revolution Ai Qing was banished, along with his sons Ai Weiwei and Gao Jian, to a remote region of China. He was subjected to degrading work, while Ai Weiwei endured a harsh childhood. Later, aged 19 Ai Weiwei left for America where he studied art. Later, his career as a major artist took off with projects like his installation of 100 million ceramic sunflower seeds at Tate Modern. Ai Weiwei's art has always been informed by his social activism. His criticism of China, and especially its human rights record, has brought him to the attention of the authorities, culminating in his detention in 2011. While imprisoned he reflected on his father's life, and

thoughts of his own son, Ai Lao occupied him. Fathers and sons, China's totalitarianism, the role of art, freedom of expression, and the need to protect it at all cost, are at the heart of this inspiring life story.

Benedict Wong reads, he played Ai Weiwei in Howard Brenton's searing play, *The Arrest of Ai Weiwei* at the Hampstead Theatre in 2013. For Marvel fans, he is known for playing Wong in *Dr Strange*, and most recently in *Shang-Chi and the Legend of the Ten Rings*. He has also played Kublai Khan in the acclaimed Netflix series *Marco Polo*.

Written by Ai Weiwei
Translated by Allan H. Barr
Abridged by Penny Leicester
Produced by Elizabeth Allard.

FRI 10:00 Woman's Hour (m00114sz)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

FRI 11:00 Green Inc (m0011411)

The Green Tick

Cop26 is fast approaching. The usually imperturbable IPCC's latest report can best be translated as 'Panic!' and our Facebook feeds and Twitter timelines are littered daily with biblical scenes of infernos and flooding.

The good news is that always ones for a pivot, overnight every multi-billion-dollar behemoth in Silicon Valley appears to have gone green, and just as vocal as the companies about their climate targets are the billionaire bosses behind them.

In an anarchic and challenging documentary, BAFTA winning activist and satirist Heydon Prowse, who's been part of calls for businesses to do more for years, asks have they listened? Or is this greenwash?

Presenter: Heydon Prowse
Producer: Georgia Catt

FRI 11:30 Influencers (m00114t3)

Katy Brand and Katherine Parkinson write and star in a new comedy about the online world of influencing, where they play Ruth and Carla – two stars of the online business world.

They are bound together by a carefully controlled public image involving lucrative product placement and well paid endorsements. But behind the scenes things are not always so harmonious.

We find Ruth and Carla worrying about company finances and plotting their next big move into podcasting to give their shared business a boost. They are taking delivery of all their new equipment when they hear that a rival influencer, Grace Broadstairs, has been rushed to hospital. As she is incapacitated, all her followers are now up for grabs. Wishing Grace well is also a perfect theme for the first podcast episode, *A Lovely Chat with Ruth and Carla* – if they can just figure out how the microphones work.

Award-winning duo Katy Brand and Katherine Parkinson write and star in this sharp new comedy, taking an affectionate swipe at the very modern world of influencing. The podcast *A Lovely Chat with Ruth and Carla*, as featured in the show, will be available to listen to on BBC Sounds.

Cast:
Carla – Katy Brand
Ruth – Katherine Parkinson

Written by Katy Brand and Katherine Parkinson
Producer: Liz Anstee

A CPL production for BBC Radio 4

FRI 12:00 News Summary (m00114t5)

National and international news from BBC Radio 4

FRI 12:04 The Frequency of Us by Keith Stuart (m00114t7)
Episode 10

Bath, 2007. For the last 65 years, Will has believed that his wife Elsa vanished without trace on the night of an air raid on the city. Lately, he has been seen in his garden at night, calling out for her.

The trouble is, no one has heard of Elsa. And there are no records anywhere to suggest that Will was ever married to anyone.

The suspicion is that he is suffering from dementia. When his new care worker, Laura, starts visiting him at home, she wonders

if other forces are at play. Then again, Laura is new to the job - and has demons of her own.

Episode Ten
Will finds the unexploded bomb in the garden of Avon Lodge - and everything changes.

Keith Stuart is a journalist and the author of two novels. His first, *A Boy Made of Blocks*, was published in 2017. He lives with his wife and two sons in Frome, Somerset. The *Frequency of Us* was a BBC2 *Between The Covers* Book Club Pick.

Writer: Keith Stuart
Reader: Bryony Hannah
Abridger: Jeremy Osborne
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

FRI 12:18 You and Yours (m00114t9)

News and discussion of consumer affairs

FRI 12:57 Weather (m00114tc)

The latest weather forecast

FRI 13:00 World at One (m00114tf)

Forty-five minutes of news, analysis and comment, with Jonny Dymond.

FRI 13:45 The Hack that Changed the World (m00114th)

Episode 5

Who was behind the 2009 hack and leak of emails that fuelled climate change sceptics?

FRI 14:00 The Archers (m00114nh)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Limelight (m00114tk)

Harland

Harland - Episode 2: Wednesday

Lucy Catherine's supernatural thriller set in the new town of Harland. A girl has disappeared. A sink hole has entirely swallowed her home. DI Ward continues to investigate.

Sarah Ayesha Antoine
Dan Tyger Drew-Honey
Sadie Melissa Advani
Lori Grace Cooper Milton
Jess Lizzie Mounter
Lindsay Jasmine Hyde
Pete Michael Begley
Aldo Sam Dale
DJ Justice Ritchie
Newsreader Joseph Ayre

Sound design by Caleb Knightley
Directed by Toby Swift

FRI 14:45 A History of Ghosts (m000nvt9)

9. 20th-Century Poltergeist

Illustration by Seonaid Mackay.

'Once a door is open, it's difficult to close, even if we try.'

Poltergeists, noisy spirits, have been reported since antiquity. But in the 20th century, the idea of what the poltergeist was changed in collective culture. When, in the past, reported poltergeist activity would be put down to outside, supernatural beings, in the 20th century supposed poltergeist activity was said to come from within a living being: the psyche made physical.

Kirsty tells the story of three famous 20th century poltergeist cases, exploring what happens to the person at the centre, and discovering how the attention from investigators and the media can be more damaging than any ghost.

FRI 15:00 Gardeners' Question Time (m00114tm)

GQT at Home

Kathy Clugston hosts this week's gardening Q&A. Anne Swithinbank, Matt Biggs and Chris Beardshaw answer questions sent in by listeners.

Producer - Jemima Rathbone
Assistant Producer - Bethany Hocken

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m00114tp)

Twenty-Five Years

By Mona Dash. Amika, a widow, now has a well-organised life built mainly around her work in Central London. But a Facebook friend request sends her spiralling into the past.

Mona Dash works and lives in London. She is the author of *A Roll of the Dice*: a story of loss, love and genetics (2019) which won an Eyelands International Book Award for memoir. Her debut short story collection, *Let Us Look Elsewhere*, was published in June 2021. *Twenty-Five Years* is her first story for radio.

Writer: Mona Dash
Reader: Vineeta Rishi
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

FRI 16:00 Last Word (m00114tr)

Matthew Bannister tells the life stories of people who have recently died, from the rich and famous to unsung but significant.

FRI 16:30 Feedback (m00114tt)

Radio 4's forum for comments, queries, criticisms and congratulations

FRI 17:00 PM (m00114tw)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

FRI 18:00 Six O'Clock News (m00114ty)

The latest national and international news from BBC Radio 4.

FRI 18:30 The Now Show (m00114v0)

Series 59

Episode 2

Steve Punt and Hugh Dennis present the week via topical stand-up and sketches from the BBC Radio Theatre in front of a remote audience.

Joining them from a safe distance is Ria Lina and Daliso Chaponda with music supplied by Stiff and Kitsch.

Voice Actors: Luke Kempner and Katie Norris

Producer: Pete Strauss
Production Co-Ordinator: Sarah Sharpe

BBC Studios Production

FRI 19:00 Four Thought (m000y6n4)

The Tyranny of Positivity

Sian Ejiwunmi-Le Berre argues against the tyranny of positivity which forms part of a culture of "performative wellness", which she says sees illness as a form of personal failure. When extrapolated to other aspects of human life, this attitude is a "poison to society".

Presenter: Olly Mann
Producer: Sheila Cook

FRI 19:15 Add to Playlist (m00114v2)

Music Programme on Radio 4

FRI 20:00 Any Questions? (m00114v4)

Jamie Driscoll, Trudy Harrison MP, Christine Jardine MP

Chris Mason presents political debate and discussion from Carlisle College with the Labour North of Tyne mayor Jamie Driscoll, the Conservative MP and Transport Minister Trudy Harrison and the Liberal Democrat Treasury Spokesperson Christine Jardine MP.

Producer: Camellia Sinclair
Lead broadcast engineer: Phil Booth

FRI 20:50 A Point of View (m00114v6)

Weekly reflections on topical issues from a range of contributors.

FRI 21:00 Archive on 4 (m0010f16)

The Men in the White Coats

Prof Andrea Sella on the shifting image of the scientist in popular culture, from Victor Frankenstein to Iron Man via victorious postwar boffinry and megalomaniacal Bond villainy.

The monster unleashed by Mary Shelley in her 1818 tale of gruesome gothic horror was in many senses not the creature itself, but the image of its careless creator. The recklessness of the lone scientist whose blind ambition fails to foresee the societal and practical consequences of his discovery or invention.

Throughout the last 150 years, the scientists in our science fictions have embodied the contemporary societal attitudes to science itself, sometimes in celebration, but often as a cartoon of our fears. At the same time professional scientists and science communicators have tried to share their work with wider audiences in an effort to democratize and enliven the endeavour.

These two approaches haven't always been in synchrony.

Presented by Prof Andrea Sella

Produced by Alex Mansfield

FRI 22:00 The World Tonight (m00114v8)

In depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 The Frequency of Us by Keith Stuart (m00114t7)

[Repeat of broadcast at 12:04 today]

FRI 23:00 A Good Read (m00114bw)

[Repeat of broadcast at 16:30 on Tuesday]

FRI 23:30 Today in Parliament (m00114vb)

Today in Parliament

News, views and features on today's stories in Parliament