

SATURDAY 01 MAY 2021

SAT 00:00 Midnight News (m000vjpg)

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 The Great Post Office Trial (m000jgg3)

10. What the Hell Had Happened?

After the introduction of a new computer system in the early 2000s, the Post Office began using its data to accuse sub-postmasters of falsifying accounts and stealing money. Many were fired and financially ruined; others were prosecuted and even put behind bars.

In this ten-part series, journalist Nick Wallis, gets right to the heart of the story, as he talks to those whose lives were shattered and follows the twists and turns of a David and Goliath battle as the sub-postmasters tried to fight back.

In the series finale, the sub-postmasters' litigation comes to an end - but not everyone is happy. Nick asks what should happen next for the Post Office, and there's a breathtaking revelation from the Criminal Cases Review Commission.

Presenter: Nick Wallis
 Producer: Robert Nicholson
 Executive Producer: David Prest
 With Sound Design from Emma Barnaby and Story Editing from Alexis Hood.
 A Whistledown production for BBC Radio 4

SAT 00:48 Shipping Forecast (m000vjps)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m000vjpv)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SAT 05:20 Shipping Forecast (m000vjpx)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m000vjpz)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m000vjql)

Spiritual reflection to start the day with Fiona Stewart, a writer who runs a Christian arts charity

SAT 05:45 Bodies (m000rcbz)

Episode 5: The Living and the Dead - Opening up the body

The human body is the battleground where our most fundamental ideas about the way the world is come into sharp focus.

When we think and talk about the body, we are suddenly very aware of that pattern of thinking which frames concepts in opposition, divides the world up between dark and light, material and immaterial, technology and humanity, invisible and visible, mind and body, body and soul.

In this new ten part series, academic and broadcaster Professor Alice Roberts traces how human knowledge of anatomy has grown and changed over time, and how this changing understanding has in turn affected our understanding of who we are.

Episode 5: The Living and the Dead - Opening up the body

In the city of Alexandria, in the 3rd century BCE, physicians were allowed to do something that had been completely out of bounds for centuries before and would then be outlawed for centuries afterwards - dissect human bodies. The handiwork of two Alexandrian pioneers - Herophilus and Erasistratus - went on to form the basis for the theories for perhaps the most influential anatomist of all time, a Roman called Galen. Although he never dissected a human body himself, his theories of anatomy shaped Western thinking for more than a thousand years.

Presenter: Professor Alice Roberts
 Actor: Jonathan Kydd

A Made in Manchester production for BBC Radio 4

SAT 06:00 News and Papers (m000vpx7)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m000vhkv)

Tales from the Black Mountains

Travel writer Antonia Bolingbroke-Kent moved to a cottage deep in the Welsh Black Mountains at the end of October last year, arriving just two hours before the autumn lockdown began. She's pretty much been in lockdown since that day so, unable to go anywhere or see people, has spent the months exploring the mountains from her new front door. She's walked hundreds of miles, OS map in hand, exploring this new landscape - its ancient sites, high ridges, wooded valleys and peaty uplands. Antonia immerses us in this place and its wildlife, and hears stories from her new neighbours - people who know every crease of the hills and every bird call, as well as the area's history, myths and legends. While reflecting on this exploration, she explores the process of the unknown becoming home.

Producer: Sophie Anton

SAT 06:30 Farming Today (m000vpx9)

01/05/21 - The rural vote, imports and exports and a Lincolnshire pub crawl

Millions of people across Great Britain will be heading to the polls on May 6th in local and National elections. In Scotland and Wales, new devolved governments will be voted in, while across England, councillors, mayors and Police and Crime Commissioners will be chosen. We find out what role the rural vote will play.

Exports of animal products to the EU face new paperwork and delays since January. The figures, published by the Food and Drink Federation, show exports of dairy products like milk and cream were down 96% in February compared to the same month in 2020. We speak to a dairy ingredients exporter to find out why. Meanwhile, new checks on imports have not yet been introduced: the need for health certificates on imports like meat and milk will start in October, with in-person inspections on animal products due from January 2022.

The BBC Food and Farming Awards are back! The awards will give us a chance to celebrate the people or companies who've made a real difference, over the past year. With the Farming for the Future Award, we want to recognise the individuals and business who are going above and beyond to find solutions to the many challenges facing farmers and are working to build a more resilient and sustainable industry for the future. We're accepting nominations now via the BBC Food and Farming Awards website - bbc.co.uk/foodawards - where you'll find details of all of the categories, as well as our terms and privacy notice. Nominations close at one minute to midnight on Monday the 17th of May 2021.

And we find out about "Inns on the Edge" - a new project to record the history and heritage of pubs along the 50 mile Lincolnshire coastline between Grimsby and Boston.

Presented by Caz Graham
 Produced for BBC Audio in Bristol by Heather Simons

SAT 06:57 Weather (m000vpxc)

The latest weather reports and forecast

SAT 07:00 Today (m000vpxf)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m000vpxh)

Andi Oliver

Nikki Bedi and Richard Coles are joined by Andi Oliver whose first career was as vocalist and performer in the band Rip Rig + Panic with her brother Sean and Neneh Cherry, amongst others. She then explored her passion for food and had a cookery show, more recently she became a judge on The Great British Menu and this year is hosting the show for the first time.

Joe Marler plays rugby union for Harlequins and has 72 caps for England. He has played for the British Lions and the Barbarians. He plays loose head prop and has been known to sport a mohican. He has said that 'loose head' was a good way to describe him - on the field he played the role of the pantomime villain, using the game as a way of letting out his aggression - legally! But off the field he was struggling with his mental health... he joins us.

IT consultant Ed Accura never learnt to swim as a child growing up in Ghana and it was only after the birth of his daughter that he decided jump in a pool. Spurred on by shocking statistics which said 95 per cent of black people don't swim in the UK, Ed has created two docu-dramas called Blacks Can't Swim. He joins us to talk about his journey to the poolside.

Writer Rebecca Schiller decided to try her hand at outdoors living by moving into a smallholding in the heart of Kent. But

instead of finding calm, her mental health deteriorated and she began wondering if she had made a terrible mistake.

And Deborah Meaden from Dragon's Den chooses her Inheritance Tracks: Smooth Sailing by the Temptations and Mercy Mercy Me by Marvin Gaye. And your thank you.

Producer: Corinna Jones

SAT 10:30 The Kitchen Cabinet (m000vp3t)

Series 32

Home Economics: Episode 31

Jay Rayner hosts a culinary panel show packed full of tasty tidbits. Joining him this week are Andi Oliver, Tim Anderson, Asma Khan and Dr Annie Gray, answering questions from the virtual audience on the perfect burger, using up apricots, and whether too many cooks really do spoil the broth.

Producer - Jemima Rathbone
 Assistant Producer - Millie Chu

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Week in Westminster (m000vpxk)

Former cabinet minister David Mellor and Conservative peer Daniel Finkelstein discuss allegations of 'leaze'. Should Labour learn lessons from Joe Biden's presidency? With economist James Meadway and Helen Lewis of the Atlantic. Professor Katy Hayward of Queen's University Belfast explores the implications of Arlene Foster's resignation as DUP leader and Northern Ireland First Minister. Plus the latest Covid-19 situation with MPs Liz Saville-Roberts and Shailesh Vara.

Editor: Leala Padmanabhan

SAT 11:30 From Our Own Correspondent (m000vpxm)

Insight, wit and analysis from BBC correspondents, journalists and writers from around the world.

SAT 12:00 News Summary (m000vpxp)

National and international news from BBC Radio 4

SAT 12:04 Money Box (m000vp1h)

How does the Direct Debit Guarantee Scheme work?

9 in 10 of us use direct debits to pay some or all of our regular bills. 4.5 billion payments were processed in the UK in 2019. It's a simple way to pay - you sign a mandate with a business or organisation and they take agreed amounts on a specified date. They come with a guarantee which protects you if payments are taken mistakenly. Or at least that's what a Money Box listener thought when a payment for his gym membership went wrong.

Cryptocurrencies like Bitcoin and Ethereum have soared in value beyond any other asset. Ten years ago one Bitcoin was worth one US dollar - today one is worth 53,000 US dollars - nearly £42,000 pounds. One big concern with buying, storing, or selling cryptocurrencies is how secure it is. Paul Lewis talks to an investor who discovered £11,000 had gone missing from his account, as well as cryptocurrency expert Kate Bouchere.

Last week the High Court ruled that high cost lender Provident could move forward with a scheme to pay redress to customers to whom it had mis-sold loans. Provident has said that it can't afford to pay customers with valid claims the full amount of compensation they should receive - despite other parts of its business being very successful. Paul talks to Sara Williams, founder of the debt advisor website Debt Camel.

Presenter: Paul Lewis
 Researcher: Sowda Ali
 Reporter: Dan Whitworth
 Production co-ordinator: Janet Staples
 Producer: Ben Carter
 Editor: Alex Lewis

SAT 12:30 The News Quiz (m000vjp8)

Series 105

Episode 3

Andy Zaltzman presents a look back at the week's headlines with Simon Evans, Helen Lewis, Elis James and Ria Lina.

This week decorating, vaccinating and electioneering are subject to scrutiny by our teams.

Written by Andy Zaltzman with additional material from Alice Fraser, Mike Shephard, Tasha Dhanraj and Tom Mayhew.

Producer: Richard Morris and Gwyn Rhys Davies
A BBC Studios Production

SAT 12:57 Weather (m000vpxr)
The latest weather forecast

SAT 13:00 Any Questions? (m000vjpg)
Jackie Baillie, Murdo Fraser, Christine Jardine MP, Ivan McKee, Lorna Slater

Chris Mason presents political debate and discussion from BBC Pacific Quay in Glasgow with Scottish Labour deputy leader Jackie Baillie, Scottish Conservatives Finance Spokesperson Murdo Fraser, Liberal Democrat Treasury Spokesperson at Westminster Christine Jardine MP, Scottish Minister for Trade, Innovation and Public Finance Ivan McKee and the co-leader of the Scottish Greens Lorna Slater.
Producer: Camellia Sinclair

SAT 14:00 Any Answers? (m000vpxt)
Have your say on the issues discussed on Any Questions?

SAT 14:45 One to One (m000m5lk)
Tattoos: Helen Mort & Lou Hopper

Tattooed poet Helen Mort talks to Tattooist Lou Hopper about "getting inked". In the first of two programmes about body modifications, Helen explores the body as a canvas and tattoos as an art form. Why do people choose to decorate their skin with tattoos? How do they make the wearer feel? What responses do tattoos evoke? Are tattoos a way of projecting our personality? What do visual modifications reveal about an individual? Producer Sarah Blunt

SAT 15:00 Drama (m000vpxw)
South on the Great North Road

"Many have gone before us now Many have tried and failed somehow Many souls on the Queen's highway Where many a tail light glowed With the promise of a better life Heading South on the Great North Road South on the Great North Road."

The drama is inspired by the song Going South On The Great North Road from Sting's 2016 album 57th and 9th. Sting says both the road and the journey to London have resonances for him: 'It's about my journey from Newcastle in to make my fortune. In my young life I covered enough road miles to recall that relentless gravitational pull, the promise of a different kind of life down that road'.

Down the centuries, countless young people from the North and other points of the compass have made similar journeys. The central character in this play is one of them, and the drama reveals how that journey threatens to tear Peggy Charlton apart. In her 30s, Peggy (a long-standing name for the Charlton family girls) has the Great North Road in her blood and bones.

Sting's haunting song, which he has performed acapella for the production, is the counterpoint to this drama written by Michael Chaplin.

Cast:
PEGGY Jessica Johnson
STEVE Stephen Tompkinson
KELLY Laura Jane Matthews
JOE Tom Glenister
JEAN Judi Earl
The Singer Sting

Directed by Eoin O'Callaghan
Produced by Marilyn Imrie
A Big Fish Radio production for BBC Radio 4

SAT 16:00 Woman's Hour (m000vpyx)
Highlights from the Woman's Hour week

SAT 17:00 PM (m000vpy0)
Full coverage of the day's news

SAT 17:30 Political Thinking with Nick Robinson (m000vpy2)
The Shadow Work and Pensions Secretary on Labour's 'vast' challenge, having an autistic child and why he would like to run Sunderland FC

Producer: Peter Snowdon

SAT 17:54 Shipping Forecast (m000vpy4)
The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m000vpy6)
The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m000vpy8)
The latest national and international news from BBC Radio 4

SAT 18:15 Loose Ends (m000vpyb)
Marianne Faithfull, Stephen Mangan, Kristin Hersh, Lainey Wilson, Matt Sweeney and Bonnie 'Prince' Billy, SVN, Gemma Cairney

Clive Anderson and Gemma Cairney are joined by Marianne Faithfull, Stephen Mangan, Kristin Hersh and Alexia and Jaye J from the band SVN, for an eclectic mix of conversation, music and comedy. With music from Matt Sweeney and Bonnie 'Prince' Billy and Lainey Wilson.

SAT 19:00 Profile (m000vp0r)
An insight into the character of an influential person making the news headlines

SAT 19:15 My Teenage Diary (m000j22s)
Series 9

Jenni Murray

Rufus Hound returns for another series of honest, intimate and hilarious interviews, with famous guests reading from their genuine teenage diaries.

Guests this series are Woman's Hour host Dame Jenni Murray, former Goodie Bill Oddie, comedian Shazia Mirza, impressionist Jan Ravens, podcaster Olly Mann and writer Julie Myerson.

In episode two, Rufus talks to Jenni Murray about her years as a schoolgirl in Barnsley. Her diaries open with the bombshell that her mum and dad will be relocating to India, at which point the young Jenni moves in with her grandparents. Free of her mother's disciplinary ways, she experiments with makeup and miniskirts, and sings Joan Baez songs at the local folk club. This diary is a true snapshot of life in 60s Britain, complete with a meeting with a Beatle!

Producer: Harriet Jaene
A Talkback production for BBC Radio 4

SAT 19:45 Just One Thing - with Michael Mosley (m000vgf0)
Learn a New Skill

From easing your nerves to improving concentration, in this episode Michael explores the hidden brain benefits of taking up a new hobby. He finds out why learning a new skill is one of the best things you can do for mental agility and speaks to Professor Alan Gow at Heriot-Watt University to discover the best - and most fun - ways to keep your brain active, and how taking on a new challenge could help build new connections in your brain, whatever your age!

SAT 20:00 Archive on 4 (m000vpyd)
The Hunger Strikes

The IRA's weapon of last resort wasn't a gun or a bomb - it was the hunger strike.

Forty years ago, seven prisoners began the first ever hunger strike in the H Blocks of the Maze prison. It ended after 53 days. They were protesting about conditions in the prison and the men wanted to be classified as political prisoners.

Peter Taylor chronicled every step of the escalating drama, from its beginning in 1980 to the climax in 1981 when ten Republican prisoners starved themselves to death.

Bobby Sands died on the 66th day of his hunger strike and remains the best known of those died.

It was seen as a confrontation between the Iron Lady, the Prime Minister Margaret Thatcher, and the Iron Men, the hunger strikers themselves.

It was not foreseen at the time, but Peter Taylor argues that the hunger strike was destined to be the turning point of the "Troubles."

Presenter: Peter Taylor
Producer: Jim Frank
Editor: Penny Murphy

SAT 21:00 Tumanbay (b06ts76x)
Series 1

In The Beginning

In the sixth episode of this epic saga inspired by the Mamluk slave-dynasty of Egypt, Tumanbay is in chaos after the murder

of a highly placed individual. Heaven and her slave companion find themselves prisoners of a nomadic tribe in the desert. Having failed in his duty of keeping the Palace safe, Gregor attempts to unlock the secret of the missing reliquary and find out why it is worth killing for.

Tumanbay, the beating heart of a vast empire, is threatened by a rebellion in a far-off province and a mysterious force devouring the city from within. Gregor (Rufus Wright), Master of the Palace Guard, is charged by Sultan Al-Ghuri (Raad Rawi) with the task of rooting out this insurgence and crushing it.

Cast:
Gregor.....Rufus Wright
Heaven.....Olivia Popica
Wolf.....Alexander Siddig
Cadali.....Matthew Marsh
Ibn.....Nabil Elouahabi
Maya's Envoy.....Nadir Khan
Madu.....Danny Ashok
Daniel.....Gareth Kennerley
Slave.....Akin Gazi
Boy.....Darwin Brokenbro
Al-Ghuri.....Raad Rawi
General Qulan.....Christopher Fulford
The Hafiz.....Antony Bunsee
Bello.....Albert Welling
Boy.....Darwin Brokenbro
Manel.....Aiysha Hart
Shamsi, Maid, Sabira.....Laure Stockley
Rajik.....Akbar Kurtha
Pamira.....Nathalie Armin

Music - Sacha Puttnam
Sound Design - Steve Bond, Jon Ouin
Editors - Ania Przygoda, James Morgan
Producers - Emma Hearn, Nadir Khan, John Dryden

Written by Mike Walker
Directed by John Dryden

A Goldhawk production for BBC Radio 4

SAT 21:45 Death and Taxis (b07c2v2r)
Sometimes I Feel

Adapted by Sean Grundy and starring Scott Capurro as Andy Warhol. Also starring Ronni Ancona, Jon Culshaw and Kerry Shale.

Everyone who is anyone in New York from 1976 to 1987 is in Warhol's diary - from Mick Jagger to Donald Trump.

"Friday, August 30, 1978: The doorbell rang and it was Liza. She said, 'give me every drug you've got.' I gave them some coke, Valium and four Quaaludes. A little figure in a white hat came up, and it was Marty Scorsese, hiding around the corner. He and Liza went off to have their affair on all the drugs. (Valium \$1)"

Beginning in the fall of 1976, America's most famous artist Andy Warhol talked to his secretary by phone at 9:00 AM, every Monday to Friday morning, for ten years. He would talk about the events of the previous day, and his office would transcribe his monologues into diary pages.

The diary began as a careful recording of his use of money, from phone calls to nickels for bag-ladies to cab rides (lots of cab rides), but quickly evolved into Warhol's personal observations. It was posthumously published in 1989 - a condensed version of Andy's more-than-20,000 page, phoned-in audit/diary.

The core themes to the dramas are Warhol's loves (art, men, fame, money, mainly money) and his fears (failure, embarrassment, death, mainly death).

The episodes follow four key themes, using four people in Andy's life from 76-87 - homeless Crazy Matty, Warhol's boyfriend Jon Gould, writer Truman Capote and artist Jean-Michel Basquiat. Woven into this world are buddies Mick and Bianca Jagger, Jerry Hall, Liza Minnelli and Donald Trump.

Nobody escapes his sharp tongue.

Cast:
BIANCA JAGGER/ JERRY HALL/ IVANA TRUMP.....RONNI ANCONA
ANDY WARHOL.....SCOTT CAPURRO
MICK JAGGER/ DONALD TRUMP.....JON CULSHAW
FRED HUGHES / LEWIS ALLEN.....KERRY SHALE
JON GOULD.....MARTIN T SHERMAN

Based on The Andy Warhol Diaries, edited by Pat Hackett
 Writer: Sean Grundy
 Producer: David Morley
 Director: Dirk Maggs

A Perfectly Normal production for BBC Radio 4

SAT 22:00 News (m000vpyg)

The latest national and international news from BBC Radio 4

SAT 22:15 The Reunion (m000vgdy)

The Romanian Orphanages

Kirsty Wark brings together a group of people whose lives were changed by the discovery of long neglected orphanages in Romania in 1990.

It was a revolution triggered by the fall of the Berlin Wall a few weeks earlier. On Christmas Day 1989, Nicolae Ceausescu, the communist leader of Romania was overthrown and executed, along with his wife Elena. A few days later, western journalists started to discover abandoned children living in horrifying conditions in orphanages throughout the country. They were often run down, providing inadequate, verging on squalid, living conditions.

For many years, the state policy in communist Romania was to encourage large families. However, as the economic situation worsened, many Romanians struggled to make ends meet and over 100,000 children were abandoned and given to state orphanages to look after.

Joining Kirsty are the presenter of Challenge Aneka, Aneka Rice, whose programme followed the restoration of a children's orphanage, the former teacher Monica McDaid who first inspired the programme and now lives and works in Romania, Jane Nicholson founder of the Romanian orphanage charity FARA, Mark Cook of Hope & Homes for Children, Iuliana Georgiana who was taken in by an orphanage in Buftea when she was 7 years old, and Alexandra Smart who was abandoned as a baby and grew up in Bucharest's notorious "Number 1" orphanage before being adopted as a two year-old and brought to Britain in 1990.

Presenter: Kirsty Wark
 Producer: Emma Jarvis
 Series Producer: David Prest
 A Whistledown production for BBC Radio 4

SAT 23:00 Round Britain Quiz (m000vh5m)

Programme 8, 2021

(8/12)

Tom Sutcliffe asks the questions, as Wales try to avenge their defeat at the hands of Northern Ireland earlier this season. Myfanwy Alexander and David Edwards play for Wales, against Freya McClements and Paddy Duffy of Northern Ireland.

There's a generous helping of questions suggested by listeners this week, and as usual the programme ends with a teaser you can puzzle over between now and the next episode.

Producer: Paul Bajoria

SAT 23:30 Behind the Scenes (m000q0yv)

John Wilson and OperaGlass Works

The conductor John Wilson made his name restoring the historical scores of great Hollywood musicals. With The John Wilson Orchestra, he has been a fixture at the Proms for over a decade.

In March this year he was at Wilton's Music Hall in London, rehearsing Benjamin Britten's Turn of The Screw for OperaGlass Works, when lockdown happened. All the tickets had been sold, the costumes were ready, the set was in place and the curtain about to go up. Then the production came to a crashing halt.

There was too much to lose, and this programme tells the story of how, months later, the opera was re-conceived, reimagined and rescheduled under the new restrictions we are all learning to live in. The producers of OperaGlass Works, Selina Cadell and Eliza Thompson, decided to turn the staged production into a film. Together with John Wilson and the team they embarked on a challenging journey. Wilton's is the perfect Victorian venue for this unsettling and ambiguous ghost story about the corruption of innocence.

In October the singers came together again, only this time also with a film crew.

Covid restrictions meant the singers and musicians had to be recorded separately and in the most unorthodox ways. We hear day by day what it was like being on set, how John worked in

this 'topsy turvy' world as he described it, giving the singers the flexibility to interpret the opera and then later conducting the musicians having to fit round their recorded performances.

'I do believe in making music for the joy of it' John says, 'and we're experiencing heightened levels of appreciation at the moment because it's been taken away from us.'

Produced by Anna Horsburgh-Porter
 A Just Radio production for BBC Radio 4

SUNDAY 02 MAY 2021

SUN 00:00 Midnight News (m000vpyj)

The latest news and weather forecast from BBC Radio 4.

SUN 00:30 Swipe Right (m000vjnw)

Punchline by Rebecca Watson

A young woman meets "Brian". But hidden identities are not unique to the online world...

Swipe Right aptly concludes with Punchline by Rebecca Watson, one of the Observer Debut Novelists of 2021 for her book little scratch.

Reader: Ell Potter
 Producer: Ciaran Bermingham

SUN 00:48 Shipping Forecast (m000vpyl)

The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m000vpyv)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SUN 05:20 Shipping Forecast (m000vpyq)

The latest weather reports and forecasts for UK shipping.

SUN 05:30 News Briefing (m000vpys)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m000vp1p)

The village church of St Mawgan in Cornwall

Bells on Sunday comes from the village church of St Mawgan in Cornwall. The 13th century parish church houses a fine ring of eight bells consisting of seven bells cast in 1958 by John Taylor of Loughborough matched to an earlier 15th century bell. The Taylor tenor weighs nine and a half hundredweight and is in the note of G sharp. We hear the bells ringing Stedman Triples.

SUN 05:45 Profile (m000vp0r)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m000vznd)

The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b064x6vw)

Inside the Institution

Mark Tully discusses the impact and the power institutions have in our lives. From corporations, banks and armies to schools and hospitals, whatever we think of them, institutions are an enormous part of our lives. So how do they influence us and how should we live with them?

In conversation with Professor Simon Wessely, President of the Royal College of Psychiatrists and a leading researcher into mental health in the military, Mark Tully investigates the positive power of institutions as well as the dangers of institutionalisation.

There's music from Henry Priestland, the Buena Vista Social Club and the Band of the Grenadier Guards and readings ranging from Charlotte Brontë to screenwriter William Styron.

The readers are Polly Frame, Peter Marinker and Francis Cadder.

Producer: Frank Stirling
 A Unique Broadcasting Company production for BBC Radio 4

SUN 06:35 On Your Farm (m000vzng)

In the Shadow of Schiehallion

Finlay McIntyre's family have been shepherds and tenant farmers in Highland Perthshire for generations. After a spell as a livestock auctioneer in Aberdeenshire, he has come home to manage the land on Dunalastair Estate, a 16,000-acre property near Kinloch Rannoch. This is prime tourist territory and the estate includes the north side of Schiehallion, one of Scotland's most famous mountains. The challenges here include summer visitors driving fast on single track roads which are grazed by sheep and lambs. Finlay is a member of a committee of practical hill farmers and crofters which is advising the Scottish Government on how the sector might cut emissions and tackle climate change. Nancy Nicolson joined him for a tour of the estate.

Produced and presented by Nancy Nicolson.

SUN 06:57 Weather (m000vzvj)

The latest weather reports and forecast

SUN 07:00 News and Papers (m000vzvl)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m000vzvn)

A look at the ethical and religious issues of the week.

SUN 07:54 Radio 4 Appeal (m000vzvnz)

The Alkaptonuria Society

Jess Barnes whose son has AKU makes the Radio 4 Appeal on behalf of The Alkaptonuria Society.

To Give:

- Freephone 0800 404 8144
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'The Alkaptonuria Society'.
- Cheques should be made payable to 'The Alkaptonuria Society'.
- You can donate online at bbc.co.uk/appeal/radio4

Registered Charity Number: 1101052

SUN 07:57 Weather (m000vzvs)

The latest weather reports and forecast

SUN 08:00 News and Papers (m000vzvw)

The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m000vzvx)

100 years: reflecting on the past - building a future together

A Service led by the members of the Church Leaders' Group, Ireland, marking of the Centenary of the partition of the island of Ireland and the formation of Northern Ireland and exploring how to build a future marked by peace, commitment to the common good, in Christ, in whom all things hold together. Taking part will be the Right Rev David Bruce, Moderator of the Presbyterian General Assembly, the Rev Tom McKnight, President of the Irish Methodist Church and the Archbishops of Armagh, the Most Rev Eamon Martin and the Most Rev John McDowell. With music by the New Irish Choir, directed by Jonathan Rea

Choicest Psalmody (Jonathan Rea)
 All my hope on God is founded (MICHAEL: Herbert Howells)
 The Deer's Cry (Shaun Davey)
 O Thou who camest from above (HEREFORD: SS Wesley)
 Great is Thy Faithfulness (FAITHFULNESS WM Runyan)
 Be Thou my vision (Irish traditional arr Rea)

SUN 08:48 A Point of View (m000vzvy)

Living with Group Difference

David Goodhart reflects on group identities in the aftermath of the Sewell report and argues that the mere existence of a difference is not evidence of unfairness.

He calls for a more nuanced understanding of group difference and the challenges this poses in an egalitarian age.

Producer: Adele Armstrong

SUN 08:58 Tweet of the Day (b041ybhx)

Woodland Dawn Chorus

Tweet of the Day is a series of fascinating stories about British birds inspired by their calls and songs.

David Attenborough presents a dawn chorus recorded in Rutland Water. The outpouring of song is so dense that it is

almost impossible to single out individual species but includes blackbirds, song thrushes, robins and newly-arrived migrants like garden warblers.

SUN 09:00 Broadcasting House (m000vp01)

The Sunday morning news magazine programme. Presented by Paddy O'Connell

SUN 10:00 The Archers Omnibus (m000vp03)

Writers, Sarah McDonald-Hughes and Daniel Thurman
Director, Peter Leslie Wild
Editor, Jeremy Howe

Ben Archer ... Ben Norris
David Archer ... Timothy Bentinck
Ruth Archer ... Felicity Finch
Lilian Bellamy ... Sunny Ormonde
Lee Bryce ... Ryan Early
Alice Carter ... Hollie Chapman
Vince Casey ... Tony Turner
Ruairi Donovan ... Arthur Hughes
Justin Elliott ... Simon Williams
Rex Fairbrother ... Nick Barber
Ed Grundy ... Barry Farrimond
Eddie Grundy ... Trevor Harrison
Mia Grundy ... Molly Pipe
Jakob Hakansson ... Paul Venables
Joy Horville ... Jackie Lye
Kate Madikane ... Perdita Avery
Kirsty Miller ... Annabelle Dowler
Elizabeth Pargetter ... Alison Dowling
Freddie Pargetter ... Toby Laurence

SUN 10:54 Tweet of the Day (m000vp05)

Tweet Take 5 : Kingfisher

Arguably one of the most easily recognised birds, the kingfisher is often heard before it is seen. Seeing one at a perch is an amazing sight as its blue and orange plumage can dazzle in the sun. The ancient Greeks gave the bird the name Halcyon, which in days of old led to the phrase Halcyon Days, meaning a time of calm and tranquillity. As we will hear in this extended version of Tweet of the Day with Ashley Davies from Slimbridge, presenter Steve Backshall and writer Melissa Harrison.

Producer for BBC Audio in Bristol : Andrew Dawes

SUN 11:00 The Reunion (m000vp07)

Madness

Kirsty Wark brings together members of the band Madness to explore a musical journey of more than 40 years. From their earliest days in the backstreets of North London to performing on the roof of Buckingham Palace, the band combined ska, zany videos and on-stage antics to produce a string of hits.

Kirsty takes them back to their childhoods to remember the experiences which formed them and inspired one of their most popular songs, Baggy Trousers. We hear stories of the early days - rehearsing below a Dentist's surgery, pub gigs and the moment when Suggs was nearly replaced as vocalist.

We find out about the band's musical influences – from ska supremo Prince Buster to Ian Dury - and discuss how the political landscape of the 1980s started to influence their song writing. An early headline of a review of one of their gigs read, "Great band, shame about the fans", and they discuss in some detail how they dealt with racism at their gigs from National Front supporters.

After a period of departures and solo projects, the band remember their emotional and ear-splitting return with Madstock in 1992 – so loud that some people thought there'd been an earthquake in North London. They also talk about performing on the roof of Buckingham Palace for the Queen's Diamond Jubilee concert in 2012, and their latest live streaming concert from the London Palladium.

Taking part in the programme are Mike Barson, Mark Bedford, Chris Foreman, producer Clive Langer and lead singer Suggs.

Presenter: Kirsty Wark

Producer: Louise Adamson

Series Producer: David Prest

A Whistledown production for BBC Radio 4

SUN 11:45 Just One Thing - with Michael Mosley (m000vp09)

Intelligent Exercises

In this episode, Michael reveals the best exercises you can do – to help your heart and your brain. He now does press ups every morning – having discovered research that shows being able to

do 10 could help you live longer, and doing 40 nearly doubles your protection against heart disease. But strength exercises can do more than just improve your muscle tone and heart. Michael speaks to Professor Damian Bailey at University of South Wales who's been researching the effects of exercise on your brain. He's discovered that one of the best exercises you can do to boost your brain power is the simple squat. Michael discovers how many and how long you need to do them for to get the best benefit – and it's surprisingly little!

SUN 12:00 News Summary (m000vp0c)

National and international news from BBC Radio 4

SUN 12:04 Just a Minute (m000vh68)

Series 86

Episode 10

Jo Brand hosts a special episode of Just a Minute where she challenges guests Julian Clary, Gyles Brandreth, Tony Hawks and shappi khorsandi to talk on the subjects of her choice for 60 seconds. Hesitation, deviation, and repetition are strictly forbidden. This episode was produced using remote recording technology, with both panel and audience joining in from their homes all over the world. Caroline Barlow blows the whistle.

Devised by Ian Messiter

Produced by Victoria Lloyd

A BBC Studios Production

SUN 12:32 The Food Programme (m000vp0f)

The Joy of Heat

The chilli revolution of the past decade has made the UK a nation of chilli-jam lovers, and windowsill spice-growers. But our desire for the fiery kick of heat-giving food goes back centuries. What is it about us that makes us crave the pain and pleasure of chilli, wasabi, and horseradish?

In this programme Sheila Dillon investigates our love for the hot stuff, speaking to chefs, growers, and researchers who are taking heat to new, extravagant heights.

Presented by Sheila Dillon

Produced in Bristol by Melvin Rickarby

SUN 12:57 Weather (m000vp0h)

The latest weather forecast

SUN 13:00 The World This Weekend (m000vp0k)

Edward Stourton looks at the week's big stories from both home and around the world.

SUN 13:30 The Listening Project (m000vp0m)

Examining the past to understand the present

Fi Glover presents friends, relatives and strangers in conversation.

This week: 9 year old history buff Evan, and archaeologist John, consider the allure of studying the past, and what it can teach us about today; pharmacy student Anne and information scientist Douglas discuss how they came to very different conclusions about faith, and gay marriage; academics Malcolm and Tissot compare their experiences on the London rave scene; and listener Christine explains why attending an Open Air School for a term as a child had such an impact, and appeals for those with a similar experience to join her in conversation.

The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation lasts up to an hour, and is then edited to extract the key moments of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in this decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject

Producer: Ellie Bury

SUN 14:00 Gardeners' Question Time (m000vjnt)

GQT at Home: Trampled Plots and Forget-me-nots

Kathy Clugston hosts the horticultural programme featuring a group of gardening experts. This week, she's joined by Matt Biggs, Chris Beardshaw and Anne Swithinbank to answer

questions sent in by green-fingered listeners on compost, wildlife ponds and the eternal battle between hoeing and weeding.

Away from the questions, Dr Chris Thorogood of the Oxford Botanic Garden tells you what to do in the event of unexpected frost, and garden designer Jacque Felix Mitchell goes on a walk by the River Dart to seek inspiration for her garden.

Producer - Daniel Cocker

Assistant Producer - Millie Chu

A Somethin' Else production for BBC Radio 4

SUN 14:45 The New Anatomy of Melancholy (m000j9kc)

For the common good of all

In 1621, Robert Burton published *The Anatomy of Melancholy*. It was the first attempt in the modern western world to understand and categorise causes, symptoms and treatments of that universal human experience.

In this episode, writer Amy Liptrot concludes the series by bringing our focus back to Burton. Why did he write thousands upon thousands of words on melancholy? What urged him on to seek out every reference to melancholy he could find in the libraries of Oxford? And why did he – unusually for the time – reveal his own vulnerability to the condition?

Dr Christopher Tilmouth from Cambridge University sheds light on Burton's personal struggles - the vulnerabilities that keep drawing him back to this 'edifice of learning'.

Rachel Kelly, writer and mental health campaigner, reveals the solace that *The Anatomy* has brought her over dark times.

Novelist Rob Paulk reflects on his own reading of *The Anatomy* and why Burton isn't simply 'writing of melancholy by being busy to avoid melancholy'.

Psychiatrist John Geddes shares what he thinks Burton's text can offer us during contemporary, troubled times.

Finally, Amy considers her own epic journey into exploring the vast book and its insights for us all today.

Simon Russell Beale brings the voice of Robert Burton to life with extracts from *The Anatomy of Melancholy*.

Presenter: Amy Liptrot

Reader: Simon Russell Beale

Producer: Ruth Abrahams

Series consultant: John Geddes

A Whistledown production for BBC Radio 4

SUN 15:00 Drama (m0003smv)

Rosencrantz and Guildenstern are Dead (Part 1)

Mathew Baynton, Andrew Buchan and Toby Jones star in an energetic new production of the play that made Tom Stoppard's reputation overnight in 1967. Rosencrantz and Guildenstern are Hamlet's ill-fated attendant lords, condemned to an existence in the wings, with no control over their own destinies.

Directed by Emma Harding

Rosencrantz.....Mathew Baynton

Guildenstern.....Andrew Buchan

The Player.....Toby Jones

Tragedian.....Sam Dale

Alfred.....Ronny Jhutti

Ophelia.....Sarah Ovens

Polonius.....Michael Bertenshaw

Hamlet.....Parth Thakerar

Claudius.....Don Gilet

Gertrude.....Clare Corbett

Music arranged and performed by Clare Salaman, Philip Hopkins and Amelia Shakespeare from The Society of Strange and Ancient Instruments.

SUN 16:00 Bookclub (m000vp0p)

Liane Moriarty - Big Little Lies

James Naughtie and a group of readers talk to Australian author Liane Moriarty about her New York Times bestselling novel *Big Little Lies*. Set in the sunny world of Pirriwee Public Primary School in the beautiful North Shore area of Sydney, there's a dark thread of hidden violence running under the surface of the novel. Liane Moriarty sets an unexpected murder against a wittily written chorus of gossipy and competitive school parents, effortlessly intertwining the darker undercurrents with a breezy and humorous style. The novel has since been adapted for television with an all-star cast including Nicole Kidman, Reese Witherspoon and Meryl Streep.

Presenter: James Naughtie
Producer: Allegra McLroy

June's Bookclub choice: All Among the Barley by Melissa Harrisson

SUN 16:30 Behind the Scenes (m000q3nh)
Es Devlin

Es Devlin has been described as a design polymath. She's best known perhaps as the go-to maker of spectacular rock concerts - eye-popping stage sets for Beyonce, Adele, Kanye West and U2 with their audiences of many thousands. Yet she's as happy and inventive setting the stage for opera or plays at the Almeida Theatre that seats 320.

We hear about how, as a designer, she goes about offering thrills with intimacy in the huge spaces and lifting the significance of a performance in the smaller venues.

We also find out how Es, during lockdown, has been working on projects that are less about live performance - the audience, she says 'is a temporarily extinct species' - and more about expression through art works and films. We sample, for example, the film commissioned by the Imperial War Museum to mark 75 years since the dropping of the atom bombs on Hiroshima and Nagasaki. The film played out over the entire advertising screens of Piccadilly Circus for an open air, socially distanced crowd - a work that brought together British and Japanese accounts of those events.

We also see Es involved in a wonderful collision of ideas, film, music and archive staged on the roof of a multi-storey car park in London as the sun went down over the city.

Es invites us to her studio to meet her vital team of collaborators. Next stop, Miami for an installation of a huge mirrored maze.

Produced by Susan Marling
A Just Radio production for BBC Radio 4

SUN 17:00 After a Death (m000vgjg)
News of people being killed in knife attacks recurs with tragic regularity, but the reports rarely touch on the impact on the victim's family and friends. In this programme Sarah O'Connell sets out to understand these ripple effects — some perhaps expected, others likely not — as she explores the case of Russell "Barty" Brown, who was stabbed to death in Bethnal Green, east London, in September 2016.

As she speaks to Barty's friends and family, to the medic who treated him and a witness to this terrible incident, Sarah hears about the gap he has left in all their lives, and what kind of a man he was in life.

Producer: Giles Edwards
Executive Producer: Martin Rosenbaum
Sound Engineer: Hal Haines.

SUN 17:40 Profile (m000vp0r)
[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m000vp0t)
The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m000vp0w)
The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m000vp10)
The latest national and international news from BBC Radio 4

SUN 18:15 Pick of the Week (m000vp14)
David Baddiel

Here we'd normally give you a flavour of what's in the show, but David's Pick of the Week is mainly about how anxious he got about the shows he left out. Like Rich Hall's brilliant US Breakdown or the fascinating Free Thinking on links between Judaism and Christianity or The Reunion which this week features Madness, I mean, how could he leave that out? So, those are some of the programmes he couldn't fit in. We can only hope that once you've thought about how good those shows are, that maybe it's worth listening to hear the ones that did get in.

Presenter: David Baddiel
Producer: Elizabeth Foster
Production support: Emmie Hume
Studio Manager: Owain Williams

SUN 19:00 Book at Bedtime (b07zylgx)
Fright Night Shorts

Peculiar Childhood

When his great-grandson asks for a story, Rhett begins to tell him about his own mother's peculiar life.

'I had sort of a peculiar childhood, because my mother was peculiar. Not outright crazy, but very, very peculiar. Stories were her way of staying sane... A way to cover that hole in reality the way you might cover a well with boards so no one would fall in. But her stories stopped working for her. Because the thing she was afraid of was in the house with her all along.'

From 'The Bazaar of Bad Dreams', Stephen King's story adapted in three parts. Read by Colin Stinton.

Music by Timothy X Attack.
Abridged and produced by Mair Bosworth

SUN 19:15 The Confessional (m000vp1b)
Series 1

The Confession of Clarke Peters

Actor, comedian and broadcaster Stephen Mangan presents a comedy chat show about shame and guilt.

Each week, Stephen invites a different eminent guest into his virtual confessional box to make three 'confessions' to him. This is the cue for some remarkable storytelling, and surprising insights.

This week, Clarke Peters, famous for his roles as Lester Freamon in *The Wire* and Albert Lambreaux in *Treme*, surprises with his stories of youthful indiscretions, hidden loot and embarrassing his brother on the Borscht Belt.

We're used to hearing celebrity interviews where stars are persuaded to show off about their achievements and talk about their proudest moments. Stephen is not interested in that. He doesn't want to know what his guests are proud of, he wants to know what they're ashamed of. That's surely the way to find out what really makes a person tick. Stephen and his guest reflect with empathy and humour on why we get embarrassed, where our shame thresholds should be, and the value of guilt.

Other series guests include Marian Keyes, Cariad Lloyd, Joan Bakewell, Suzi Ruffell and Phil Wang.

Written and presented by Stephen Mangan
With extra material by Nick Doody
Produced by Dave Anderson and Frank Stirling
A 7digital production for BBC Radio 4

SUN 19:45 Enchanted Isle (m000vp1f)
Arawn And Her Dogs by Eluned Gramich

Anwen in out walking on the promenade in Aberystwyth avoiding revising for her A Levels when she meets and buys food for an old woman and her dogs. The woman doesn't thank her for her kindness. Instead she rewards her by taking her on an eerie journey to the underworld in search of the answer to whether Anwen's mother who is in hospital will live or die. Eluned Grimach's retelling of one of the Welsh Mabinogi legends and myths from the 12th century if not earlier.

Eluned Gramich is a Welsh writer and translator. She's lived in Germany and Japan, and is now based in Cardiff. She won the inaugural New Welsh Writing Award in 2015 for her memoir of Hokkaido, *Woman Who Brings the Rain*, which was later shortlisted for the Wales Book of the Year 2016. Recently, her novella about the Welsh language protests appeared as part of *Hometown Tales: Wales* (Orion Books). She's currently completing her creative writing PhD at Aberystwyth and Cardiff University while looking after her 14-month-old daughter.

Produced by Maggie Ayre for BBC Audio in Bristol

SUN 20:00 Feedback (m000vpjp0)
BBC Radio 1 has launched a new streaming service called Relax, Roger Bolton hears the views of listeners and asks the Head of Radio 1, Aled Haydn Jones, whether it really is public service broadcasting, and how he can afford it.

Aled also talks about presenter changes at Radio 1, and how they have been reaching out to young DJs around the country.

And two listeners review a World Service programme about a sporting personality, before he made his name famous throughout the world.

Presenter: Roger Bolton
Producer: Kate Dixon

Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

SUN 20:30 Last Word (m000vjny)
Geoff Crowther, Isamu Akasaki, June Newton, Les McKeown (pictured)

Matthew Bannister on:

Geoff Crowther, the global traveller, writer and map maker whose work helped to build the success of the Lonely Planet guide books.

Isamu Akasaki, the Nobel prize winning physicist whose discoveries paved the way for LED lighting.

June Newton, who was a successful portrait photographer using the name Alice Springs to avoid comparisons with her husband and fellow photographer Helmut Newton.

Les McKeown, the front man of the Scottish boy band The Bay City Rollers. At their height the band provoked the same hysteria from fans as the Beatles had done a decade earlier.

Producer: Neil George

Interviewed guest: Ashley Crowther
Interviewed guest: Tony Wheeler
Interviewed guest: Hiroshi Amano
Interviewed guest: Professor Russell Dupuis
Interviewed guest: Dana Thomas
Interviewed guest: Billy Sloan
Interviewed guest: Nina Myskow

Archive clips used: Newsnight: BBC One, TX 5.8.1999

SUN 21:00 Money Box (m000vp1h)
[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m000vnzq)
[Repeat of broadcast at 07:54 today]

SUN 21:30 Short Cuts (m000824d)
Series 20

Musical

A spider infestation turns into a musical performance, the pianist Glenn Gould unpicks the magic of Petula Clark's *Downtown* and Patrick Haggerty talks about *Lavender Country*, which has come to be known as the first gay country music album.

Josie Long presents short documentaries and adventures in sound about music and musicians.

Lavender Country
Featuring Patrick Haggerty
Produced by Thomas Curry, Lauren Eisen and Sofie Ströbeck

Downtown
Featuring Glenn Gould
Produced by Alan Hall

Spiders! The Musical
Produced by Phil Smith

Image Credit: Matthew Wilson
Production team: Andrea Rangecroft and Alia Cassam
Series Producer: Eleanor McDowall
A Falling Tree production for BBC Radio 4

SUN 22:00 Westminster Hour (m000vp1k)
Radio 4's Sunday night political discussion programme.

SUN 23:00 The Film Programme (m000vhks)
Judi, Nicole, Sandra, Kristin, Cate, Fanny, Anna and Francine

With Francine Stock

Francine considers the changing role of the actress in Hollywood and European cinema, from muse to producer. She hears from Judi Dench, Nicole Kidman, Sandra Bullock, Kristin Scott-Thomas, Cate Blanchett, Fanny Ardant and Anna Karina.

SUN 23:30 Something Understood (b064x6vw)
[Repeat of broadcast at 06:05 today]

MONDAY 03 MAY 2021

MON 00:00 Midnight News (m000vp1m)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Thinking Allowed (m000vh5d)

The Rural Idyll?

The Rural Idyll? Last year the National Trust produced a controversial report which revealed that 93 of its properties have direct links to colonialism and slavery. In this programme, Laurie Taylor talks to Corinne Fowler, Professor of Post Colonial Literature at the University of Leicester, whose new study engages directly with this painful history, uncovering the countryside's repressed colonial past and its relationship to notions of Englishness. How have pastoral mythologies in English literature served to erase the story of Empire? In what ways do contemporary writers of colour offer a challenge to uncritical celebrations of our 'green and pleasant' land? They're joined by Paul Readman, Professor of Modern British History at King's College London, whose recent research considers the relationship between landscape and English national identity, from the rural to the urban. Thinking Allowed is produced in partnership with the Open University.

Producer: Jayne Egerton

MON 00:45 Bells on Sunday (m000vp1p)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m000vp1r)

The latest weather reports and forecasts for UK shipping.

MON 01:00 Selection of BBC World Service Programmes (m000vp1t)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

MON 05:20 Shipping Forecast (m000vp1w)

The latest weather reports and forecasts for UK shipping.

MON 05:30 News Briefing (m000vp1y)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m000vp20)

Spiritual reflection to start the day with Fiona Stewart, a writer who runs a Christian arts charity

MON 05:45 Farming Today (m000vp22)

The National Botanic Garden of Wales

Last year marked the 20th anniversary the National Botanic Garden of Wales but there were no celebrations because of the coronavirus lockdown. Now that restrictions are easing the site is open once again. In this special bank holiday programme, Mariclare Carey-Jones looks back at the history of the garden, and finds out what it takes to run the onsite farm. She'll also be talking to the Curator of Horticulture about the Great Glasshouse, and she'll be finding out about the garden's new Pollinators Assurance Scheme.

Producer/Presenter: Mariclare Carey Jones

MON 05:56 Weather (m000vp24)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b041yd42)

Heather Moorland Dawn Chorus

Tweet of the Day is a series of fascinating stories about British birds inspired by their calls and songs.

David Attenborough presents the second of four recordings marking the dawn chorus, this time the heather moors of Allendale in Northumberland. Songs featured are that of the curlew, skylark, golden plover and redshank.

MON 06:00 Today (m000vq70)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m000vq72)

Art - plunder, power and prestige

The looting of art in war time is nothing new, but Napoleon took it to new heights: demanding of his defeated enemies across Italy their most valuable statues and paintings. Cynthia Saltzman's Napoleon's Plunder tells the story of how the most magnificent works of the High Renaissance – by Leonardo da

Vinci, Raphael, Titian and Veronese – went on triumphant display in the Louvre. She tells Andrew Marr how Paris was transformed during this period into the art capital of Europe, and the role art played in cementing the power of the new regime after the French Revolution.

One of the most extraordinary paintings taken during this time was Veronese's Wedding Feast at Cana, stripped from the monastery of San Giorgio Maggiore, on an island in Venice in 1797. The Italian architect and presenter Francesco da Mosto considers what this theft meant to Venice's political and cultural authority at the time. While many paintings were returned after Napoleon's defeat at Waterloo, the Wedding Feast at Cana remains in Paris to this day, hanging directly across from the Mona Lisa. But Da Mosto looks at whether a 21st century solution – a digital facsimile – installed in the original monastery means that Venice can claim to have its Veronese back home.

As the former Director of three major British institutions, including the National Gallery, Charles Saumarez Smith understands the importance and prestige of a country's national collections. In The Art Museum In Modern Times he explores the changes that have taken place in the past century – from the architecture of the buildings to the expectation of the visitors. Where once was a mission to instruct, educate and amaze, now the emphasis is on contemplation and individual experience.

Producer: Katy Hickman

MON 09:45 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vq74)

Episode 1

Hans Holbein the Younger became court painter to Henry VIII and was regarded as a phenomenon in his day for his ability to bring the characters he painted to life.

His famous portrait of the Tudor King was so life like spectators fully expected arms and legs to move. One of his paintings of the dead Christ was so alarming that, when the Russian novelist Fyodor Dostoevsky saw it in 1867, he was so troubled by it that his wife had to drag him away fearing he might have an epileptic fit.

Holbein observed the extraordinary events of his century up close and painted the movers and shakers of the age including Desiderius Erasmus, Thomas More, Thomas Cromwell, Henry VIII, as well as the various women lined up to become the wives of the king, such as Anne of Cleves.

He was a contributor to the history of book design as well as designing jewellery, and elaborate weaponry. With a family in Basel and another in London, his life was as colourful as the times he lived through.

Author: Franny Moyle
Abridger: Libby Spurrier
Reader: Sir Simon Russell Beale
Producer: Celia de Wolff

A Pier production for BBC Radio 4

MON 10:00 Woman's Hour (m000vq76)

Breaking barriers to cycling for women

Have you always wanted to get on a bike, but something is holding you back? This is the programme for you, presented by Melanie Abbott. If you're completely new to cycling, there's no doubt it's intimidating on the roads. It's definitely worth sharpening up your road sense and many local councils now offer bike training courses. In East London, Bikeworks run cycling for wellbeing sessions for women returning to their bikes, after a long break. Melanie goes out with a group who've been cycling together now for a few weeks.

Cycling is still, predominantly a male, middle class sport. Getting more women involved isn't easy, especially for women of colour. British Cycling, which covers everything from elite sport to grass roots, has set up its first ever diversity programme, and will be publishing its strategy in the coming months. Aneela McKenna is co chair of their diversity and inclusion advisory group. She joins Melanie along with Iffat Tejani, founder of Evolve, a cycling club for Muslim women and Victoria Hazael from the charity Cycling UK, who is a trustee of the Women of Colour in Cycling Collective.

Many disabled women find accessing sport particularly difficult and cycling can seem completely off limits and/or too expensive. But there are inclusive cycle groups all over the country offering weekly sessions on a huge range of adapted bikes. Others arrange rentals and 'try before you buy'. Our Disability Affairs reporter Carolyn Atkinson goes to Herne Hill Velodrome in South London where a charity called Wheels for Wellbeing runs sessions for disabled cyclists.

Tracy Moseley has won countless mountain biking trophies,

including the World Cup downhill in 2006. She officially retired six years ago, and had her little boy Toby three years ago. Like many keen cyclists who have children, life has changed a lot since then. Melanie gets her tips on teaching children to ride, and her views on racing with e-bikes.

Even if you are not entering races you may still be keen to "Strava your ride". It's one of the apps you can use to record your speeds and compare them with others. It's traditionally used by men, competing for the 'king of the mountain' crown, to be the fastest up a hill. But last year the company says there was a surge in the number of women using it and it seems they are just as keen to get a queen of the mountain accolade. Cyclist Sally Owens agreed to record her ride for us, up a tough hill near her home in Nottingham.

MON 10:45 Hardy's Women (m000vq78)

The Woodlanders

Episode 1

Marty South tells no one of her love for Giles Winterbourne in Thomas Hardy's story of ambition, money and missed chances. Dramatised by Ayeasha Menon.

Marty South.....Katy Sobey
Giles Winterbourne.....Oliver Hembrough
Grace Melbury.....Hollie Dempsey
Edred Fitzpiers.....Sacha Dhawan
George Melbury.....Nicholas Murchie
Lucy Melbury.....Jane Slavin
Barber Percomb.....Joshua Riley
Felice Charmond.....Marilyn Nnadebe
Grammer Oliver.....Jessica Turner
Suke Damson.....Elinor Coleman
Timothy Tangs.....Stewart Campbell
John South.....Tony Turner

Production Co-ordinator.....Maggie Olgiati
Sound Design.....Peter Ringrose
Directed by Emma Harding

MON 11:00 The Untold (m000vq7b)

The Real Marigold Hotel

As covid continues its relentless rise through India many in the UK are wondering what they can do to help. It's a question that is particularly important to Christopher and Phillida Purvis, who have spent the past five years setting up a unique volunteer program in the Nilgiri Mountains

The couple hit on the idea of establishing their own kind of 'Marigold Hotel,' which would give retired volunteers the chance to spend weeks at a time helping Adivasi villagers on a whole range of different projects, from gardening and bee keeping, through to teaching and innovation hubs.

In 2017 they started building the PLENTI guest house and over the next couple of years a steady stream of UK volunteers have used their skills and interests to help in different ways. The youngest volunteer was 52, and the oldest was in his 80's, with people bonding in the evenings over meals and shared stories of their adventures.

That was pre-covid. Last March as the pandemic took hold, the guest house volunteers had to leave. And since then they have little idea of when they might be able to return. Some, like retired teacher Elaine Wehrin, have been able to maintain their involvement. She holds English classes via zoom for people in the community that she's got to know and care about:

She believes she has got as much from the volunteering as those she has been helping: "I'm so lucky to have found something this rewarding to do in my old age. There are many inspiring projects going on there and I am hoping people are alright during this terrible time and that we can be with them again later this year."

The idea for the guest house came after a chance encounter between Christopher and Phillida and the community leader Stan Thekaekara. He and his wife, Mari, have been alongside the Adivasi community in the Nilgiri Hills for more than three decades, setting up businesses, a school and a hospital, for tribals living in more than 300 villages and settlements.

An original Untold programme on the early days of the PLENTI project attracted a number of radio 4 listeners keen to volunteer, including Nick and Helen Moore, who run a guest house in Greece. They've not only helped train the hotel staff, they've also helped improve the way meals are prepared in the Adivasi hospital. Helen says it's been enormously rewarding:

"What's been nice about the project is the way that Christopher and Phillida didn't set things up from scratch - all of the community groups are there and what we are able to do is really unite with people and to work together. We are so privileged in the West and this is something we can help with that really

makes a difference.”

Another volunteer, Jack Daniels, has been involved in training some of the Adivasi nurses, particularly in patient interactions. He is in his 80's and says that age is no barrier when it comes to helping out: "I go for five weeks at a time and always love it, sometimes I fit in a week of travelling by Indian rail at the end and alongside my work in the hospital I always do some poetry sessions because they're very popular.

"In the guest house people meet at the end of the day and exchange their experiences, which is super. I love hearing about things like the Innovation Hub – Christopher is a man of many ideas and he believes that volunteers with any skills can find something there. I am anxious about what might happen in the community and keeping a close eye as things develop."

PLENTI: <http://www.plentiproject.org/>
The programme is produced by Sue Mitchell

MON 11:30 Loose Ends (m000vpyb)
[Repeat of broadcast at 18:15 on Saturday]

MON 12:00 News Summary (m000vq7f)
National and international news from BBC Radio 4

MON 12:04 Lean, Fall, Stand by Jon McGregor (m000vq7h)
1: Storm

Indira Varma reads the electrifying and heart-rending new novel from the Costa award-winning, and three-times Booker-longlisted author of Reservoir 13.

When an Antarctic research expedition goes horrifically wrong, the consequences are far-reaching - for the men involved and for their families back home.

Robert 'Doc' Wright, a veteran of Antarctic field work, holds the clues to what happened, but he is no longer able to communicate them. While his wife navigates the sharp contours of her new life as a carer, Robert is forced to learn a whole new way to be in the world.

Episode 1: as a storm hits suddenly, three Antarctic researchers find themselves separated....

'Lean Fall Stand is a beautiful piece of work and should win a roomful of prizes. Jon McGregor writes plainly and exactly, like a poet, and the precision of his writing makes every heartbeat register. The quality of his attention is a flicker of light around the fragile human condition, and it leaves the reader moved and subtly changed, as if she had become part of the story.' Hilary Mantel

Author: Jon McGregor is an award-winning novelist and short-story writer, who has been longlisted for the Booker Prize three times, and won the 2017 Costa Award.
Reader: Indira Varma
Producer: Justine Willett
Abridger: Katrin Williams

MON 12:18 You and Yours (m000vq7k)
News and discussion of consumer affairs.

MON 12:57 Weather (m000vq7m)
The latest weather forecast

MON 13:00 World at One (m000vq7p)
Forty-five minutes of news, analysis and comment, with Jonny Dymond.

MON 13:45 Laws That Aren't Laws (m000ltkj)
Murphy's Law

Comedian Robin Ince explores the laws that govern our lives that really aren't, but still somehow are true. We all know how we live in a deterministic universe governed by carefully described quantifiable scientific laws and principles but, then in a practical sense, we really don't. These laws are the hidden truths which really preside over our lives – quirky, useful or entertaining rules, which, if they are well known, crop up without explanation or, if confined to specialist circles, deserve to be more widely understood and appreciated.

From Murphy's Law (anything that might go wrong does so), to Betteridge's Law (any headline that ends in a question mark can be answered by the word "no") via Parkinson's fundamental law of bureaucracy (work expands to fill the time available) and the Peter Principle (employees rise to their own level of incompetence) Robin Ince examines five laws that aren't laws in the legal sense, or in the physical sense but asks how did these so-called "laws" evolve, why do we like them and what

scientific evidence is there that they really work?

Episode 1 Murphy's Law:

"If anything can go wrong, it will go wrong." Murphy's Law is now a part of our culture, used to describe wrong outcomes of every sort, from how buttered toast falls to the way catastrophes strike.

People have uttered similar laments since time immemorial. But the modern origin of the phrase traces back to two men on one fateful day in 1949 at Edwards Air Force Base in California: Colonel John Stapp whose work would later save countless lives in safer cars and airplanes and Captain Ed Murphy whose contributions would lead to safer cockpit controls and foretell the development of better computers and software.

Robin Ince uncovers their tangled tale which sprang from a series of mishaps when what could go wrong did go wrong, risking life and limb for the rider, and how, ironically, the origin of Murphy's Law went unnoticed by Murphy himself.

But does this law simply tap into our tendency to dwell on the negative and overlook the positive? Or are the rules of probability - the mathematical likelihood that something will occur - sufficient to support it? We hear how the mathematician whose car's clutch ceased to function 100km from home, at night in the middle of a rainstorm with no phone and a flooded tool kit, came up with the definitive equation to predict how often things really do go wrong for no good reason.

Producer: Adrian Washbourne

MON 14:00 Ayesha Menon - Undercover Mumbai (b039yp0r)
One Last Sacrifice

As India's general elections draw near, and the world's largest democracy decides its future, a murder and a political scandal leads Police Inspector Alia Khan to unravelling the truth about her policeman father's death. A climactic hour-long final episode of the police detective serial set in Mumbai.

Set and recorded on location in Mumbai, this six-part police detective serial stars Alia Khan, as a young woman officer in the Bandra Division of the Mumbai Police Force, who attempts to solve a series of crimes as she tries to make sense of her troubled past and cope with being a woman in a male dominated and chauvinistic police force. Written by Ayesha Menon and directed by John Dryden.

PRODUCTION
Sound Recordist - Hitesh Chaurasia
Sound Design - Steve Bond
Editing Assistants - Andrew Lewis & Aditya Khanna.
Script Editor - Mike Walker
Assistant Producer - Toral Shah
Producer - Nadir Khan
Music - Sacha Putnam
Writer - Ayesha Menon

Director - John Dryden
A Goldhawk Production for BBC Radio 4

www.goldhawk.eu.

MON 15:00 Round Britain Quiz (m000vq7r)
Programme 9, 2021

(9/12)
Why might Henry VIII's sister, Cameron's best picture and the Roman province of Portugal all find themselves in a play by Terence Rattigan?

This and other cryptic puzzles are faced by the teams in the latest match of the series, with Tom Sutcliffe in the questionmaster's chair. Val McDermid and Alan McCreddie play for Scotland, against Elizabeth-Jane Burnett and Stephen Maddock for the Midlands. Last time these pairs met, it resulted in a victory for the Midlands: can Scotland overturn that result today?

As usual, there are also musical clues with a fiendish connection which the teams will have to identify. Several of the questions have been suggested by RBQ listeners, and there'll also be a teaser puzzle for you to think about between now and next week's edition.

Producer: Paul Bajoria

MON 15:30 The Food Programme (m000vp0f)
[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Dancers at Dawn (m000vhkf)
On the 1st May 1987 Martin Green's dad takes him Morris

dancing before dawn on Wandlebury Hill outside Cambridgeshire. Many years later, at sunrise on his twenty-third birthday, he walks home from a rave over this same hill.

This uncanny coincidence has got him thinking. To most people, Morris dancing and [raving] rave culture seem so far apart. We like to think we know what sorts of people do what. So, what do these two groups have in common that drives them out into the fields to dance at dawn?

As an accordionist, producer and storyteller, Martin's own work lives somewhere between traditional music, electronic music and theatre. In 2020 he made a piece of audio theatre that linked the ancient traditions of English dancing to the birth of rave in the 1980s, which led him to draw on events from his own life, of dawn Morris dancing and sunrise raves. This documentary explores those themes. Why do we dance at dawn? Is there an innate desire to do so?

Recollecting his experiences with his father and rave friend Becky, Martin uncovers the traditions and rituals surrounding each activity. He speaks to others who have danced at dawn and seeks expert advice from [the] DJ Lee Burridge, who's famous for his full moon parties in Thailand and sunrise sets at Burning Man festival.

Taking all this experience on board, Martin undertakes a solo experiment. Removing all people and connections he drives on his own, in the dark to a remote field near his house with a mission. He wants to find out what it is about the music, the dancing and the surroundings that makes dancing at dawn truly special.

Produced by Rebecca Gaskell
Photography by Sandy Butler
A Sparklab production for BBC Radio 4

MON 16:30 Beyond Belief (m000vq7v)
Myanmar

On February 1st, the government in Myanmar was overthrown in a military coup. Aung San Suu Kyi is now being held in prison and hundreds of protesters have been shot on the streets. For many decades, Christians and Muslims have been at the hard end of military oppression. Now the Buddhist majority are feeling the crack of the whip. To discuss Myanmar's turbulent history and the current crisis, Ernie Rea is joined by Soe Win Than (Editor of the BBC Burmese Service), Khin Ohmar (a democracy and human rights activist noted for her leadership in the 1988 uprising in Myanmar) and by Benedict Rogers (Senior Analyst for East Asia at Christian Solidarity Worldwide).

Producer: Helen Lee

MON 17:00 PM (m000vq7x)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m000vq7z)
The latest national and international news from BBC Radio 4.

MON 18:30 Nature Table (m000vq81)
Series 2

Episode 1

Nature Table is comedian, broadcaster and writer Sue Perkins' new comedy 'Show & Tell' series celebrating the natural world and all its funny eccentricities.

Taking the simple format of a 'Show & Tell', each episode Sue is joined by celebrity guests from the worlds of comedy and natural history. Each of the natural history guests brings an item linked to the wild world to share with the audience, be it an amazing fact or funny personal anecdote. Each item is a springboard for an enlightening and funny discussion, alongside fun games and challenges revealing more astonishing facts. We also hear from some of the London Zoo, as they bring us their own natural history 'show and tells' for Sue and the guests to discuss.

Nature Table has a simple clear brief: to positively celebrate and promote the importance of all our planet's wonderfully wild flora and fauna in an fun and easily grasped way... whilst at the same time having a giggle.

Note: Series 2 was recorded in November 2020, during lockdown conditions, so this time round there is no studio audience. The host, panel and guest zookeepers recorded the series at ZSL London Zoo, socially distanced.

Episode 1
Recorded at London Zoo, this week Sue Perkins is joined by special guests:
Chris Packham (Naturalist, writer, presenter), Michaela Strachan (Wildlife Presenter) and comedian Desiree Burch

Written by: Catherine Brinkworth, Kat Sadler & Jon Hunter

Researcher: Catherine Beazley
 Music by Ben Mirin. Additional sounds were provided by The Macaulay Library at the Cornell Lab of Ornithology.
 Produced by: Simon Nicholls
 A BBC Studios Production

MON 19:00 The Archers (m000vp3r)

Lee is confronted with the naked truth while Brian slams the door for Adam.

MON 19:15 Front Row (m000vq84)

Live magazine programme on the worlds of arts, literature, film, media and music.

MON 19:45 Hardy's Women (m000vq78)

[Repeat of broadcast at 10:45 today]

MON 20:00 Tricky (p09f99np)

Does Your Vote Matter?

Tricky is the place to discuss difficult questions away from the bear pit of social media.

Politics students and commentators Dominique Samuels and Emily Hewertson discuss the importance of voting with writer Alasdair Heather and creative director David Chukwujekwu.

In simple numerical terms your vote always counts but what if the party you favour have no chance of getting in or you can't find anyone you can bring yourself to vote for? Is it worth casting your ballot?

Producers: Myles Bonnar and Peter McManus
 Editor: Anthony Browne
 A BBC Scotland production for Radio 4

MON 20:30 Crossing Continents (m000vhke)

Drug Free in Norway

Can Norwegians with psychosis benefit from radical, drug-free treatment? In a challenge to the foundations of western psychiatry, a handful of Norway's mental health facilities are offering medication-free treatment to people with serious psychiatric conditions. But five years after the scheme began it is still being questioned by the health establishment. For Crossing Continents, Lucy Proctor hears the testimony of Norwegian psychiatric patients, and the doctors who have aligned themselves on either side of the debate. Why is this happening in Norway? And how much power should people with debilitating psychosis have over their own lives?

Presenter: Lucy Proctor
 Producer: Linda Pressly
 Editor: Bridget Harney

(Image: Artwork depicting a young woman, with her head in her hands. Credit: Malin Rossi)

MON 21:00 Dare to Repair (m000vgh8)

How We Broke the Future

We love our electronic gadgets, gizmos and appliances. But when it comes to repairing and caring for them, UK citizens are second only to Norway when it comes to producing electronic waste. We have a culture of buying single-use, throwaway, cheaper-the-better, irreparable electronic goods. But the Age of Consumerism is over. If the kettles, toasters, phones and fridges we buy aren't made to be repairable, and aren't repaired, we are going to run out of things to buy, stuff to make them from and money to buy them with. Dare to Repair explores how we got to this unsustainable state, explores the fightback, whether it's through global legislation or individual groups, and empowers listeners to prolong the life of their electronics and mechanical goods by fixing them.

Episode 1 - How We Broke the Future

Materials scientist Professor Mark Miodownik of UCL looks back to the start of the electronics revolution to find out why our electronic gadgets and household goods are less durable and harder to repair now. As he attempts to fix his digital clock radio, he reveals that the drive for cheaper stuff and advances in design and manufacturing have left us with a culture of throwaway technology and mountains of electronic waste.

Presenter - Mark Miodownik
 Producer - Fiona Roberts

MON 21:30 Start the Week (m000vq72)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m000vq87)

In-depth reporting, intelligent analysis and breaking news from a global perspective.

MON 22:45 Lean, Fall, Stand by Jon McGregor (m000vq7h)
 [Repeat of broadcast at 12:04 today]

MON 23:00 Word of Mouth (m000vghw)
 Coinages

Michael talks to Ralph Keyes about some of the unusual circumstances in which words and phrases are coined

Producer for BBC Audio in Bristol : Sally Heaven

MON 23:30 The Prime Minister at 300 (m000tp7p)
 The liminal premiership

It's 300 years since Sir Robert Walpole took office as the first recognisable office holder of Prime Minister. To mark the anniversary, the historian and biographer Sir Anthony Seldon, examines how the role came about and why it has survived despite various crises and periods of change in the life of the nation. What do Walpole and Boris Johnson, the 55th occupant of the office, have in common?

Former Prime Ministers, Foreign Secretaries, Cabinet Secretaries and others at the heart of government talk about the pressures on the modern office and the responsibilities that come with it. Has the job become too difficult to perform effectively and what could be done to enhance the role of Prime Minister?

The first programme explores the origins of the office and how it was shaped by two of the longest serving Prime Ministers, Sir Robert Walpole and William Pitt the Younger.

Producer: Peter Snowdon

TUESDAY 04 MAY 2021

TUE 00:00 Midnight News (m000vq8c)

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vq74)
 [Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m000vq8f)

The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m000vq8h)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

TUE 05:20 Shipping Forecast (m000vq8k)

The latest weather reports and forecasts for UK shipping.

TUE 05:30 News Briefing (m000vq8m)

The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m000vq8p)

Spiritual reflection to start the day with Fiona Stewart, a writer who runs a Christian art charity

TUE 05:45 Farming Today (m000vq8r)

The latest news about food, farming and the countryside.

TUE 05:58 Tweet of the Day (b042300k)

Wetland Dawn Chorus

Tweet of the Day is a series of fascinating stories about British birds inspired by their calls and songs.

David Attenborough presents the third of four recordings marking Dawn Chorus Day: a dawn chorus from the marshes of North Warren in Suffolk. On clear moonlit nights the chorus can be an almost continuous chatter and includes reed and sedge warblers, reed bunting and even a bittern, with its booming, foghorn-like call.

TUE 06:00 Today (m000vp2v)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m000vp2z)

Peter Goadsby on migraine

Throbbing head, nausea, dizziness, disturbed vision – just some of the disabling symptoms that can strike during a migraine attack. This neurological condition is far more common than you might think, affecting more people than diabetes, epilepsy and asthma combined.

While medications, to help relieve the symptoms of migraine, have been around for some time, they haven't worked for everyone. And what happens in the brain during a migraine attack was, until recently, poorly understood.

Peter Goadsby is Professor of Neurology at King's College London's Institute of Psychiatry, Psychology & Neuroscience and is a true pioneer in the field of migraine.

Over the course of his career, he has unravelled what happens in the brain during a migraine attack and his insights are already benefiting patients - in the form of new medications that can not only treat a migraine, but also prevent it from occurring.

Peter shares this year's Brain Prize, the world's largest prize for brain research, with three other internationally renowned scientists in the field.

Producer: Beth Eastwood

TUE 09:30 One to One (m000vp31)

Tech for Good: Marcus Smith speaks to Tristan Harris

Have you ever scrolled through social media and been surprised by an advert for something you were looking at the other day? This is no accident. Every view, every like, every click is stored, assessed and calculated, and allows the companies who run these platforms to target you with increasingly accurate advertising. But if you're not paying for the platform you're using, is there anything wrong with that? Well yes, according to Tristan Harris, one of the contributors to the successful Netflix documentary, The Social Dilemma. Social media may have started as a means of staying in touch with friends but it has led to multi-million pound businesses which use an economic model that competes for our attention, and Tristan fears this is doing society irrevocable harm.

Marcus Smith is a content creator from Bristol and a digital native. He is fascinated by technology's impact on us and has studied the effects of online gambling on young people. For this series of 'One to One' Marcus is looking at the 'tech for good' movement and speaks to two leading figures in the tech industry - one who argues that it is currently a force for bad, and one who tries to work with tech to harness the good.

For this first programme, Marcus asks Tristan where he thinks we've gone wrong, and what social media companies, regulators and society should be doing about it.

Producer: Toby Field

TUE 09:45 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vp4x)
 Episode 2

Hans Holbein the Younger became court painter to Henry VIII and was regarded as a phenomenon in his day for his ability to bring the characters he painted to life.

His famous portrait of the Tudor King was so life like spectators fully expected arms and legs to move. One of his paintings of the dead Christ was so alarming that, when the Russian novelist Fyodor Dostoevsky saw it in 1867, he was so troubled by it that his wife had to drag him away fearing he might have an epileptic fit.

Holbein observed the extraordinary events of his century up close and painted the movers and shakers of the age including Desiderius Erasmus, Thomas More, Thomas Cromwell, Henry VIII, as well as the various women lined up to become the wives of the king, such as Anne of Cleves.

He was a contributor to the history of book design as well as designing jewellery, and elaborate weaponry. With a family in Basel and another in London, his life was as colourful as the times he lived through.

Author: Franny Moyle
 Abridger: Libby Spurrer
 Reader: Sir Simon Russell Beale
 Producer: Celia de Wolff

A Pier production for BBC Radio 4

TUE 10:00 Woman's Hour (m000vp35)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

TUE 10:45 Hardy's Women (m000vp37)

The Woodlanders

Episode 2

Giles is distracted by Grace's return to Little Hintock in Thomas Hardy's story of love, social ambition and missed chances. Dramatised by Ayesha Menon.

Marty South.....Katy Sobey
Giles Winterbourne.....Oliver Hembrough
Grace Melbury.....Hollie Dempsey
Edred Fitzpiers.....Sacha Dhawan
George Melbury.....Nicholas Murchie
Lucy Melbury.....Jane Slavin
Barber Percomb.....Joshua Riley
Felice Charmond.....Marilyn Nnadebe
Grammer Oliver.....Jessica Turner
Suke Damson.....Elinor Coleman
Timothy Tangs.....Stewart Campbell
John South.....Tony Turner

Production Co-ordinator.....Maggie Olgiate
Sound Design.....Peter Ringrose
Directed by Emma Harding

TUE 11:00 Dare to Repair (m000vp3b)

The Right to Repair

Many electronics manufacturers are making it harder and harder for individuals and independent repairers to fix their broken kit. There are claims that programmed obsolescence is alive and well, with mobile phone batteries designed to wear out after just 400 charges. The manufacturers say it's for safety or security reasons, but it drives the consumer model of constant replacement and upgrades. But people are starting to fight back. Mark Midownik talks to the fixers and repairers who are heading up the Right to Repair movement which is forcing governments to act and making sustainability and value for money part of the consumer equation. He goes online for help replacing his broken mobile phone screen and dead battery and finds out how easy it is to dare to repair.

TUE 11:30 Life On Hold (m000t99)

The number of people accessing mental health services in the UK has reached record levels since the start of the pandemic. Many are seeking help for the first time, for others delays in treatment have made life in lockdown much harder.

The Royal College of Psychiatrists claims the number of adults experiencing some form of depression has doubled since March 2020. They say NHS services are struggling to cope with demand, meaning some people are having to wait weeks for referrals.

Life on hold follows five people as they navigate their way through mental health services. They tell us how they have coped, offer their experiences of support and set out their hopes for life post-lockdown.

Among them is Matt who's ongoing battle with depression became worse after losing his job at the start of the pandemic, while Anjani, a student at Nottingham University struggled being thousands of miles away from her family in India. These are intimate stories of the widespread, but less publicised battle being played out as the world fought Covid 19.

Produced and Presented by Anna Hodges
Technical Production by Mike Smith

TUE 12:00 News Summary (m000vpkj)

National and international news from BBC Radio 4

TUE 12:04 Lean, Fall, Stand by Jon McGregor (m000vp3g)

2: Adrift

Indira Varma reads the electrifying and heart-rending new novel from the Costa award-winning, and three-times Booker-listed author of Reservoir 13.

When an Antarctic research expedition goes horrifically wrong, the consequences are far-reaching - for the men involved and for their families back home.

Robert 'Doc' Wright, a veteran of Antarctic field work, holds the clues to what happened, but he is no longer able to communicate them. While his wife navigates the sharp contours of her new life as a carer, Robert is forced to learn a whole new way to be in the world.

Episode 2: as the three men struggle to find their bearings in a sudden snow storm, one of them appears to be adrift on an ice floe...

Author: Jon McGregor is an award-winning novelist and short-

story writer, who has been longlisted for the Booker Prize three times, and won the 2017 Costa Award.

Reader: Indira Varma
Producer: Justine Willett
Abridger: Katrin Williams

TUE 12:18 You and Yours (m000vp3k)

Call You and Yours: How is the shift online affecting you?

Call You and Yours: How is the shift online affecting you?

Sometimes it feels like the whole world is moving online and the latest figures suggest many more of us did take to the internet to get through lockdown.

For many people, being online meant staying safely at home while still working, shopping, keeping fit and video-calling family and friends. But those without internet skills or access to a computer or tablet were at an even greater disadvantage during lockdown than during more normal times.

These days, it is harder to find work, get educated and save money if you are not online. The pandemic has accelerated a switch to doing things digitally and risks leaving many people behind. Some people do have access to the internet, but don't want to have to use it for everything. With many businesses and services becoming online-only, it can feel like there is sometimes no choice.

So today on our phone-in we are asking: how is the shift online affecting you?

Email us with your experiences, good and bad:
youandyours@bbc.co.uk - and don't forget to include your phone number so we can call you back.

From 11.00 am on Tuesday 4th May, you can call us direct on 03700 100 444

Presenter: Winifred Robinson
Producer: Jonathan Hallowell

TUE 12:57 Weather (m000vp3m)

The latest weather forecast

TUE 13:00 World at One (m000vp3p)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 Laws That Aren't Laws (m000lvbz)

Parkinson's Law

Comedian Robin Ince explores the laws that govern our lives that really aren't, but still somehow are true. We all know how we live in a deterministic universe governed by carefully described quantifiable scientific laws and principles but, then in a practical sense, we really don't. These laws are the hidden truths which really preside over our lives – quirky, useful or entertaining rules, which, if they are well known, crop up without explanation or, if confined to specialist circles, deserve to be more widely understood and appreciated.

Episode 2 Parkinson's Law

Cyril Northcote Parkinson may have trained as a naval historian, but it was his succinct humorous essay for the Economist magazine in 1955 that was to overshadow much of his career. In it, he laid out his fundamental law of bureaucracy - "work expands to fill the time available" - and he went on to explain how organisations become bloated regardless of the work in hand. It was instantly recognised by subordinates, and made for uncomfortable reading for those near the top of any institutional hierarchy. Robin Ince explores how the law and its corollaries have taken on a life of their own, and are now being reinterpreted as remote working becomes the new normal for many.

Producer Adrian Washbourne

TUE 14:00 The Archers (m000vp3r)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama (m00035zw)

An Angel in Miami

Amir Hernandez runs things. He drives a purple convertible, has a beautiful business partner and access to the VIP section of a renowned Miami nightclub. But when his special celebrity guest fails to show up, his paying guests become restless and he needs some kind of miracle. A distinguished visitor offers to help.

To research An Angel in Miami, writer Sebastian Baczkiewicz and producer Joby Waldman visited Miami to record interviews. They heard stories of a war between angels and

demons shared by children in the city's homeless shelters in the early 1990s. These interviews informed the narrative and can be heard punctuating the drama.

With special thanks to Jude Papaloko, Allen Rodriguez, POORRRRL, Nasty and Betty Osceola.

Cast
Angel Joseph Marcell
Amir Abraham Popoola
Mila Samantha Dakin
Toshi..... Akie Kotabe

Sound design by Steve Bond
Directed by Joby Waldman
Executive Producer: Jeremy Mortimer

A Reduced Listening production for BBC Radio 4

TUE 15:00 The Kitchen Cabinet (m000vp3t)

[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 Costing the Earth (m000vp3w)

The South Australian Miracle

Australia's government is famous for its lack of interest in climate change. Despite increasing problems from bushfires and droughts, Prime Minister Scott Morrison and his Liberal-led coalition government continue to promote coal-mining and dodge efforts to reduce the country's carbon emissions. It's all the more extraordinary then that one Australian state, governed by Mr Morrison's party is streets ahead of most of the world in its conversion to renewable energy.

Peter Hadfield reports from Adelaide on the South Australian miracle.

Producer: Alasdair Cross

TUE 16:00 Word of Mouth (m000vp3y)

Speech and Language Therapy

Michael talks to speech and language therapists Fiona Gillies and Tara Millan-Brophy. Fiona has been helping Michael with his rehabilitation post Covid-19 and takes him through his exercises.

Producer for BBC Audio in Bristol: Sally Heaven

TUE 16:30 Great Lives (m000vp40)

Jonathan Dimbleby on Harry Hopkins.

On May 10 1940, the Germans invaded the Low Countries, Winston Churchill became prime minister, and Harry Hopkins moved in to the White House. This remarkable man was President Roosevelt's closest confidante until the end of the war. A principal architect of the New Deal, he was the president's first envoy to meet Churchill and was sent off to meet Stalin too. But what also impresses his nominator, Jonathan Dimbleby, is his courage - Harry Hopkins had stomach cancer and died in 1946.

Features biographer David Roll, author of The Hopkins Touch, plus impressive archive of Hopkins on the BBC.

Presented by Matthew Parris
Produced in Bristol by Miles Warde

TUE 17:00 PM (m000vp42)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

TUE 18:00 Six O'Clock News (m000vp46)

The latest national and international news from BBC Radio 4.

TUE 18:30 Bridget Christie: Mortal (m000vp48)

Afterlife

Episode 4 - The Afterlife

Following on from her hugely successful, award-winning previous series – 'Minds The Gap' and 'Utopia', Bridget now turns her attention to Mortality, covering 'Birth', 'Life', 'Death' and 'The Afterlife'.

Like many of us forced to work from home during lockdown, Bridget has recorded this series herself in her house, and in her local park, on a pre-sanitised recording device sent to her in the post. Batteries weren't included. She had to buy them all herself.

In a collection of informative, personal and absurd recordings, she confronts the difficult questions most of us spend our lives avoiding - all whilst being interrupted by cats, bad WiFi, life admin and her own dead self from beyond the grave.

If you are mortal, then this is the show for you.

Written and performed by Bridget Christie
With guest appearances from her sister Eileen and her friend Ash.
Producer... Carl Cooper
Sound Mixer... Olga M. Reed

Bridget Christie: Mortal is a BBC Studios Production

TUE 19:00 The Archers (m000vp4b)

Alan helps with a spiritual crisis and Susan's ideas miss the mark.

TUE 19:15 Front Row (m000vp4d)

Live magazine programme on the worlds of arts, literature, film, media and music

TUE 19:45 Hardy's Women (m000vp37)

[Repeat of broadcast at 10:45 today]

TUE 20:00 One Night in March (m000vp4g)

One night in 2012, Anthony Grainger went out and never came home. He was shot dead by Greater Manchester Police in an operation beset with errors and blunders. Why is his family still fighting for accountability?

TUE 20:40 In Touch (m000vp4j)

News, views and information for people who are blind or partially sighted

TUE 21:00 All in the Mind (m000vp4l)

New research shows that after police killings and violent racist incidents in the USA, the mental health of black Americans is directly affected. Claudia Hammond hears that if racial violence was reduced, the mental wellbeing of all black Americans could improve.
And Claudia meets another finalist in the All in the Mind Awards.
Producer: Fiona Hill

TUE 21:30 The Life Scientific (m000vp2z)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m000vp4n)

In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 Lean, Fall, Stand by Jon McGregor (m000vp3g)

[Repeat of broadcast at 12:04 today]

TUE 23:00 Fortunately... with Fi and Jane (m000vp4q)

Heathen names and hooting in appreciation, with Heidi Thomas

This week on Fortunately, Fi and Jane are joined by the playwright and screenwriter behind Call the Midwife, Heidi Thomas.

They discuss the history that drives the hit show, the secret to taking risks in TV, and Fi's special connection to the first episode and the world changing medical invention, ergometrine.

Plus why Heidi was known as Baby Thomas for the first days of her life, a brief discussion of 'The Hair', and Jane's interrupted with a honk of approval.

Get in touch: fortunately.podcast@bbc.co.uk

TUE 23:30 The Prime Minister at 300 (m000tw19)

How has the office survived?

It's 300 years since Sir Robert Walpole took office as the first recognisable office holder of Prime Minister. To mark the anniversary, the historian and biographer Sir Anthony Seldon, examines how the role came about and why it has survived despite various crises and periods of change in the life of the nation. What do Walpole and Boris Johnson, the 55th occupant of the office, have in common?

Former Prime Ministers, Foreign Secretaries, Cabinet Secretaries and others at the heart of government talk about the pressures on the modern office and the responsibilities that come with it. Has the job become too difficult to perform effectively and what could be done to enhance the role of Prime Minister?

The second programme explores how the office survived from the Victorian era to the present day and how it was shaped by a

small number of exceptional office-holders.

Producer: Peter Snowdon

WEDNESDAY 05 MAY 2021

WED 00:00 Midnight News (m000vp4v)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vp4x)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m000vp50)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m000vp52)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

WED 05:20 Shipping Forecast (m000vp54)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m000vp56)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m000vp58)

Spiritual reflection to start the day with Fiona Stewart, a writer who runs a Christian arts charity

WED 05:45 Farming Today (m000vp5b)

The latest news about food, farming and the countryside.

WED 05:58 Tweet of the Day (b042326r)

Urban Dawn Chorus

Tweet of the Day is a series of fascinating stories about British birds inspired by their calls and songs.

David Attenborough introduces the final recording marking International Dawn Chorus day. The urban dawn chorus was recorded by Chris Watson in Whitechapel, London as part of a project to enable the children of the Royal London Children's Hospital to hear the wildlife sounds on their doorstep. Birds featured include the robin, blackbird, great tit and house sparrow.

WED 06:00 Today (m000vq4z)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Life Changing (m000vq53)

Jane Garvey talks to ordinary people about an extraordinary turning point in their life.

WED 09:30 Chinese Characters (b0924k4b)

Kublai Khan: Cosmopolitan Conqueror

He was the man with the pleasure dome, according to Coleridge, but in reality Kublai Khan didn't have so much time for pleasure. He was too busy running one of the most complex and cosmopolitan empires on earth. Kublai was ruler of the medieval Mongol empire, which became an example of how Chinese culture could be absorbed by a very different people. Kublai was a conqueror, who destroyed the previous Chinese dynasty, the Song. Yet he also ran China on highly ecumenical lines, appointing Muslims as provincial governors, while his subjects continued to practice Buddhism and Daoism. Not everyone loved him: an alienated elite excluded from government turned their hand to drama, producing a great era of Chinese playwriting - much of it aimed at the Mongol rulers. Kublai was a paradox: a great Chinese leader who wasn't actually Chinese.

Presenter: Rana Mitter

Producer: Ben Crighton

Researcher: Elizabeth Smith Rosser.

WED 09:45 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vq6k)

Episode 3

Hans Holbein the Younger became court painter to Henry VIII and was regarded as a phenomenon in his day for his ability to bring the characters he painted to life.

His famous portrait of the Tudor King was so life like spectators fully expected arms and legs to move. One of his paintings of the dead Christ was so alarming that, when the Russian novelist Fyodor Dostoevsky saw it in 1867, he was so troubled by it that his wife had to drag him away fearing he might have an epileptic fit.

Holbein observed the extraordinary events of his century up close and painted the movers and shakers of the age including Desiderius Erasmus, Thomas More, Thomas Cromwell, Henry VIII, as well as the various women lined up to become the wives of the king, such as Anne of Cleves.

He was a contributor to the history of book design as well as designing jewellery, and elaborate weaponry. With a family in Basel and another in London, his life was as colourful as the times he lived through.

Author: Franny Moyle
Abridger: Libby Spurrer
Reader: Sir Simon Russell Beale
Producer: Celia de Wolff

A Pier production for BBC Radio 4

WED 10:00 Woman's Hour (m000vq57)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

WED 10:45 Hardy's Women (m000vq59)

The Woodlanders

Episode 3

Giles throws a party to impress Grace. Ayeesha Menon's dramatisation of Thomas Hardy's novel of love, money and social ambition, tells the story from the perspective of Marty South.

Marty South.....Katy Sobey
Giles Winterbourne.....Oliver Hembrough
Grace Melbury.....Hollie Dempsey
Edred Fitzpiers.....Sacha Dhawan
George Melbury.....Nicholas Murchie
Lucy Melbury.....Jane Slavin
Barber Percomb.....Joshua Riley
Felice Charmond.....Marilyn Nnadebe
Grammer Oliver.....Jessica Turner
Suke Damsen.....Elinor Coleman
Timothy Tangs.....Stewart Campbell
John South.....Tony Turner

Production Co-ordinator.....Maggie Oliati
Sound Design.....Peter Ringrose
Directed by Emma Harding

WED 11:00 Tricky (p09f99np)

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 Mark Steel's in Town (b07wc305)

Series 7

Kingston-upon-Thames

Mark visits The Royal Borough of Kingston Upon Thames.

He takes a trip on a river boat, rides the longest single truss escalator in the world and spends an evening in and the suburb of New Malden, home to the largest population of South Koreans outside Korea where he samples the delights of Kimchi and sings in a Noraebang.

Mark Steel's seventh series of the award winning show that travels around the country, researching the history, heritage and culture of six towns that have nothing in common but their uniqueness, and performs a bespoke evening of comedy for the local residents.

Written and performed by ... Mark Steel
Additional material by ... Pete Sinclair
Production co-ordinator ... Hayley Stirling
Producer ... Carl Cooper

A BBC Radio Comedy production for BBC Radio 4 first broadcast in 2016..

WED 12:00 News Summary (m000vqkg)

National and international news from BBC Radio 4

WED 12:04 Lean, Fall, Stand by Jon McGregor (m000vq5f)

3: Station K

Indira Varma continues the electrifying and heart-rending new

novel from the Costa award-winning, and three-times Booker-longlisted author of Reservoir 13.

When an Antarctic research expedition goes badly wrong, the consequences are far-reaching - for the men involved and for their families back home.

Episode 3: memories of landing at the remote and hostile Station K, and meeting the infamous 'Doc' Wright...

Author: Jon McGregor is an award-winning novelist and short-story writer, who has been longlisted for the Booker Prize three times, and won the 2017 Costa Award.

Reader: Indira Varma

Producer: Justine Willett

Abridger: Katrin Williams

WED 12:18 You and Yours (m000vq5h)

News and discussion of consumer affairs.

WED 12:57 Weather (m000vq5k)

The latest weather forecast

WED 13:00 World at One (m000vq5m)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 Laws That Aren't Laws (m000m3dp)

Betteridge's Law of Headlines

If a newspaper headline ends in a question mark, is the answer always no? And if so, are journalists who use them being lazy and cynical?

Ian Betteridge described what is now known as Betteridge's Law of Headlines in a small blog post in 2009. Is it still relevant in our current age of clickbait and media bubbles? Robin Ince puts these questions to Caroline Frost, an ethicist, entertainment journalist and broadcaster, often seen reviewing the papers on a Sunday night on the BBC News Channel, and to Gemma Milne, a tech journalist and author of a book about the dangers of hype in science journalism called "Smoke and Mirrors".

Presenter: Robin Ince

Producer: Alex Mansfield

WED 14:00 The Archers (m000vp4b)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama (m0005f43)

Comrade Ackland and I

Drama based on the bizarre true story of poet Valentine Ackland and her partner Sylvia Townsend Warner.

Written by Frances Bingham

1936, Dorset coast. Best-selling writer Sylvia Townsend Warner and her lover, the poet Valentine Ackland, have just returned to their remote country cottage from an illicit aid-trip to civil war Spain. Their rural idyll is interrupted by the sudden arrival of a young tourist who's had a car accident nearby. Publicity shy Sylvia lurks in the cottage as Valentine offers first aid for him and his car.

SYLVIA TOWNSEND WARNER.....Joanne Mitchell
VALENTINE ACKLAND.....Helen O'Hara
FRANK MALLORY.....Ashley Margolis
MAJOR FROBISHER.....James Quinn
LANDLADY.....Joan Kempson
ARTHUR.....Lloyd Peters

Directed by Sharon Sephton

WED 15:00 Money Box (m000vq5p)

Personal Banking

The Covid-19 pandemic has placed a huge amount of pressure on banks and customers alike and we'd like to know how you and your bank or building society have been adapting.

Have you changed your banking habits and has your access to support, products or services altered? What is your bank or building society doing well and what could be done better?

In this episode, Felicity Hannah and guests explore whether the Covid-19 pandemic is reshaping the way we manage our money and whether those changes are here to stay.

We can't make the programme without you, so please so e-mail moneybox@bbc.co.uk now with your personal banking stories, questions and experiences.

Presenter: Felicity Hannah

Producers: Smita Patel and Diane Richardson

Editor: Alex Lewis

WED 15:30 All in the Mind (m000vp4l)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Thinking Allowed (m000vq5r)

Laurie Taylor explores the latest research into how society works.

WED 16:30 The Media Show (m000vq5t)

Social media, anti-social media, breaking news, faking news: this is the programme about a revolution in media with Amol Rajan.

WED 17:00 PM (m000vq5w)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

WED 18:00 Six O'Clock News (m000vq60)

The latest national and international news from BBC Radio 4.

WED 18:30 Alone (m000vq62)

Series 3

One's Company

A sitcom about five single, middle aged neighbours living in flats in a converted house in North London - written by Moray Hunter and starring Angus Deayton, Abigail Cruttenden, Pearce Quigley, Kate Isitt and Bennett Aron.

Mitch (Angus Deayton) is a widower and part-time therapist who is looking to put his life back together now that he is single and living with Will (Pearce Quigley), his younger, more volatile and unhappily divorced half-brother. Elsewhere in the building are schoolteacher Ellie (Abigail Cruttenden) who is shy, nervous and holds a secret candle for Mitch. Overly honest, frustrated actress Louisa (Kate Isitt), and socially inept IT nerd Morris (Bennett Aron) complete the line-up of mis-matched neighbours.

In the fifth episode, One's Company... it's a bank holiday and nobody knows what to do with themselves, or with anyone else for that matter, until Morris reveals his feelings for Nina, his secret roof terrace and plenty more besides.

Cast

Angus Deayton- Mitch

Abigail Cruttenden- Ellie

Pearce Quigley- Will

Kate Isitt- Louisa

Bennett Aron- Morris

Created and Written by Moray Hunter

Script Edited by Ian Brown and James Hendrie

Directed by Moray Hunter and Gordon Kennedy

Recorded and Edited by Jerry Peal

Production Manager: Sarah Tombling

Based on an original idea developed in association with Dandy Productions

Recorded at The Soundhouse Studios

Produced by Gordon Kennedy

An Absolutely production for BBC Radio 4

WED 19:00 The Archers (m000vq64)

Fallon struggles to keep quiet while Mia discovers two's company.

WED 19:15 Front Row (m000vq66)

Live magazine programme on the worlds of arts, literature, film, media and music

WED 19:45 Hardy's Women (m000vq59)

[Repeat of broadcast at 10:45 today]

WED 20:00 Life Changing (m000vq53)

[Repeat of broadcast at 09:00 today]

WED 20:30 Shock Waves (m000tml4)

Musician Anoushka Shankar

Sitarist, composer and producer Anoushka Shankar explores the effect of the pandemic on musical creativity. During a year when the music industry has been turned upside down, how has working at home and online made music creators think

differently about what they do and make? How have identities been impacted, and what can be gleaned from considering shockwaves endured by previous generations of artists?

In the spring of 2020, Anoushka was set to lead a celebratory performance at The Southbank Centre to mark the centenary of her late father Ravi Shankar's birth. Then the pandemic struck and the live performance was cancelled and Anoushka began to heal her shock and grief with creativity. Collaborating remotely to create the score for the TV series A Suitable Boy and song-writing with singer, composer and producer Alev Lenz she began honing technical skills and shaping new approaches to composing around motherhood in lockdown. Anoushka and Alev now reflect on how finding a synthesis between composing and parenting has enabled creativity to flow.

Performing at the Proms to an empty Royal Albert Hall later in the year inspires Anoushka to find out how the pandemic has highlighted our need for musical connectivity. She speaks with jazz musician, saxophonist, composer and bandleader Nubya Garcia - whose socially distanced performance at The Barbican has been the only live show Anoushka has experienced as an audience member this last year. She also reflects on the 'dark period' of her father's life during the partition of India and speaks to composer and musicologist Sean Doherty about taking inspiration from 14th century texts from the time of the plague to compose new emotive choral works that speak to the shock of this current pandemic.

Produced by Nina Perry for BBC Wales

WED 21:00 Costing the Earth (m000vp3w)

[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m000vq5t)

[Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m000vq68)

In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 Lean, Fall, Stand by Jon McGregor (m000vq5f)

[Repeat of broadcast at 12:04 today]

WED 23:00 Jamie MacDonald: Life On The Blink (m000vq6b)

The First Hurdle

Jamie MacDonald is a Glaswegian stand-up comedian who found himself rapidly going blind in his teens. This series shows how Jamie used humour to turn denial into acceptance. He managed to find the spotlight as the darkness descended and has turned some pretty dark experiences into hilarious stories and anecdotes.

Produced by Julia Sutherland at Dabster Productions.

WED 23:15 Domestic Science (b09rzjpp)

Series 2

21/02/2018

A heady combination of maths, science and comedy with Festival of The Spoken Nerd trio: stand-up Mathematician Matt Parker, Physicist Steve Mould and Physicist-Musician Helen Arney. It's science that you can play along with at home as the team look at domestic phenomena that we relate to on a day to day basis. This week, we're in the kitchen.

Produced by Lyndsay Fenner.

A BBC Studios Production.

WED 23:30 The Prime Minister at 300 (m000v3pw)

A job for the fourth century

It's 300 years since Sir Robert Walpole took office as the first recognisable office holder of Prime Minister. To mark the anniversary, the historian and biographer Sir Anthony Seldon, examines how the role came about and why it has survived despite various crises and periods of change in the life of the nation. What do Walpole and Boris Johnson, the 55th occupant of the office, have in common?

Former Prime Ministers, Foreign Secretaries, Cabinet Secretaries and others at the heart of government talk about the pressures on the modern office and the responsibilities that come with it. Has the job become too difficult to perform effectively and what could be done to enhance the role of Prime Minister?

As the office enters its fourth century, the final programme

explores whether the responsibilities of the role have become too great for it to be performed effectively and what could be done to enhance the role.

Producer: Peter Snowdon

THURSDAY 06 MAY 2021

THU 00:00 Midnight News (m000vq6h)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vq6k)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m000vq6m)

The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes (m000vq6p)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m000vq6r)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m000vq6t)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m000vq6w)

Spiritual reflection to start the day with Fiona Stewart, a writer who runs a Christian arts charity

THU 05:45 Farming Today (m000vq6y)

The latest news about food, farming and the countryside.

THU 05:58 Tweet of the Day (b01sbyh9)

Shag

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. David Attenborough presents the Shag. Perhaps the least vocal of all British birds they hiss and belch to warn off interlopers getting too close to their nest. They are seabirds and their name comes from the shaggy crest on the top of their head.

THU 06:00 Today (m000vq61)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m000vq63)

The Second Barons' War

Melvyn Bragg and guests discuss the years of bloody conflict that saw Simon de Montfort (1205-65) become the most powerful man in England, with Henry III as his prisoner. With others, he had toppled Henry in 1258 in a secret, bloodless coup and established provisions for more parliaments with broader representation, for which he was later known as the Father of the House of Commons. When Henry III regained power in 1261, Simon de Montfort rallied forces for war, with victory at Lewes in 1264 and defeat and dismemberment in Evesham the year after. Although praised for supporting parliaments, he also earned a reputation for unleashing dark, violent forces in English politics and, infamously, his supporters murdered hundreds of Jewish people in London and elsewhere.

With

David Carpenter
Professor of Medieval History at King's College London

Louise Wilkinson
Professor of Medieval Studies at the University of Lincoln

And

Sophie Thérèse Ambler
Lecturer in Later Medieval British and European History at Lancaster University

Producer: Simon Tillotson

THU 09:45 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vq65)

Episode 4

Hans Holbein the Younger became court painter to Henry VIII and was regarded as a phenomenon in his day for his ability to bring the characters he painted to life.

His famous portrait of the Tudor King was so life like spectators fully expected arms and legs to move. One of his paintings of the dead Christ was so alarming that, when the Russian novelist Fyodor Dostoevsky saw it in 1867, he was so troubled by it that his wife had to drag him away fearing he might have an epileptic fit.

Holbein observed the extraordinary events of his century up close and painted the movers and shakers of the age including Desiderius Erasmus, Thomas More, Thomas Cromwell, Henry VIII, as well as the various women lined up to become the wives of the king, such as Anne of Cleves.

He was a contributor to the history of book design as well as designing jewellery, and elaborate weaponry. With a family in Basel and another in London, his life was as colourful as the times he lived through.

Author: Franny Moyle
Abridger: Libby Spurrier
Reader: Sir Simon Russell Beale
Producer: Celia de Wolff

A Pier production for BBC Radio 4

THU 10:00 Woman's Hour (m000vq67)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

THU 10:45 Hardy's Women (m000vq69)

The Woodlanders

Episode 4

Grace is torn over her old promise to Giles. Ayeesha Menon's dramatisation of Thomas Hardy's novel of love, money and social ambition, tells the story from the perspective of Marty South.

Marty South.....Katy Sobey
Giles Winterbourne.....Oliver Hembrough
Grace Melbury.....Hollie Dempsey
Edred Fitzpiers.....Sacha Dhawan
George Melbury.....Nicholas Murchie
Lucy Melbury.....Jane Slavlin
Barber Percomb.....Joshua Riley
Felicie Charmond.....Marilyn Nnadebe
Grammer Oliver.....Jessica Turner
Suke Damson.....Elinor Coleman
Timothy Tangs.....Stewart Campbell
John South.....Tony Turner

Production Co-ordinator.....Maggie Olgiati
Sound Design.....Peter Ringrose
Directed by Emma Harding

THU 11:00 Crossing Continents (m000vq6c)

Myanmar - The Spring Revolution

On the 1st of February the Myanmar military staged a coup, jailing the elected government and launching a reign of terror. Widespread strikes and mass protests against the military have been met with brutal force. Borders are closed and the internet effectively blocked. The military doesn't want this story told but a young frontline protester, a state TV presenter and a rescue doctor have been bravely documenting the brutality and their resistance.

Produced and presented by Rebecca Henschke with Kelvin Brown.

THU 11:30 Thinking In Colour (m000vq6f)

Passing is a term that originally referred to light skinned African Americans who decided to live their lives as white people. The civil rights activist Walter White claimed in 1947 that every year in America, 12-thousand black people disappeared this way. He knew from first-hand experience. The black president of the National Association for the Advancement of Colored People had blonde hair and blue eyes which meant he was able to investigate lynching in the Deep South, while passing in plain sight.

In a strictly segregated society, life on the other side of the colour line could be easier. But it came at a price.

Here, Gary Younge, Professor of Sociology at Manchester University, explores stories of racial passing through the prism of one of his favourite books, Passing, by Nella Larsen.

The 1929 novella brought the concept into the mainstream. It tells the story of two friends; both African-American though

one 'passes' for white. It's one of Gary Younge's, favourite books, for all that it reveals about race, class and privilege.

Gary speaks with Bliss Broyard, who was raised in Connecticut in the blue-blood, mono-racial world of suburbs and private schools. Her racial identity was enshrined in the comfort of insular whiteness. Then in early adulthood Bliss' world was turned upside down. On her father's deathbed she learned he was in fact a black man who had been passing as white for most of his life. How did this impact Bliss' identity and sense of self?

Gary hears three extraordinary personal accounts, each a journey towards understanding racial identity, and belonging. With Bliss Broyard, Anthony Ekundayo Lennon, Georgina Lawton and Professor Jennifer DeVere Brody.

Excerpts from 'Passing' read by Robin Miles, the Broadway actress who has narrated books written by Kamala Harris and Roxane Gay.

Producer: Caitlin Smith
Executive Producer: Tony Phillips

Photo: Bliss and her dad Anatole, taken by Sandy Broyard

THU 12:00 News Summary (m000vq6h)

National and international news from BBC Radio 4

THU 12:04 Lean, Fall, Stand by Jon McGregor (m000vq6k)

4: Radio

Indira Varma continues the heart-stopping and heart-rending new novel from the Costa award-winning author of Reservoir 13.

When an Antarctic research expedition goes badly wrong, the consequences are far-reaching - for the men involved and for their families back home.

Episode 4: after the three field workers are separated in a sudden storm, their leader 'Doc' finally staggers back to the safety of the field hut. But something is seriously awry...

Author: Jon McGregor is an award-winning novelist and short-story writer, who has been longlisted for the Booker Prize three times, and won the 2017 Costa Award.

Reader: Indira Varma
Producer: Justine Willett
Abridger: Katrin Williams

THU 12:18 You and Yours (m000vq6m)

News and discussion of consumer affairs

THU 12:57 Weather (m000vq6p)

The latest weather forecast

THU 13:00 World at One (m000vq6r)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

THU 13:45 Laws That Aren't Laws (m000ly1)

The Peter Principle

In 1969, Canadian educationist Lawrence J. Peter developed an unorthodox concept that became known as The Peter Principle: "In a hierarchy every employee tends to rise to his level of incompetence". His satirical insights into business struck a chord with many subordinates across a range of organisations. Peter went on to develop his theory further, claiming that "in time, every post tends to be occupied by an employee who is incompetent to carry out his duties".

So how is any work achieved? Are companies giant machines for sorting people into precisely the jobs they can't do? And to what extent are brilliant people really promoted until they become awful managers? Robin Ince decodes the humorous jargon that ensured Peter's book remained on best seller list for months after its publication. He hears from Yale Professor of Finance Kelly Shue, who offers the first empirical evidence for the Peter Principle in action, and Prof Robert Sutton of Stanford University on how to evade this law of hierarchy and dodge ever reaching your level of incompetence.

Producer: Adrian Washbourne

THU 14:00 The Archers (m000vq64)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama (m0002r6m)

The Third Consecutive Event in Talbot Leigh

Eerie thriller from filmmaker Peter Strickland. A young couple's stay at a smart home has unexpected consequences.

Jen and Tim have booked a short break at a high tech luxury home equipped with a voice operated smart speaker system. As exhausted new parents, they're looking forward to a rest. But the weekend doesn't quite go to plan.

Now living and working in East Europe, Peter Strickland is one of the most distinctive British filmmakers of his generation. His films include *Berberian Sound Studio*, *The Duke of Burgundy* and *In Fabric*.

Cast:

Jen.....Maimie McCoy
Tim.....Paul Ready
Jo.....Stephanie Racine
Rod.....Leo Bill
Brian.....Carl Prekopp
Mark.....Jon Millington

Written and Directed by Peter Strickland
Produced by Russell Finch
A *Something Else* production for BBC Radio 4

THU 15:00 Ramblings (m000vqqt)
Cressida Cowell in West Sussex

The best-selling author, Cressida Cowell, takes Clare for a nostalgic walk near Chichester in West Sussex. As well as writing the whoppingly successful 'How to Train Your Dragon' series, Cressida created 'The Wizards of Once' books which draw upon her childhood memories of roaming across the South Downs. She grew up in London but during school holidays would visit her grandparents where she found the freedom of the Sussex countryside intoxicating. Clare and Cressida walk for roughly six miles on a route known as The Trundle Loop, which begins and ends in the village of Charlton.

Grid Ref for start of walk: SU 888 130

Producer: Karen Gregor

THU 15:27 Radio 4 Appeal (m000vzqj)
[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Bookclub (m000vp0p)
[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Film Programme (m000vqqw)
Film programme looking at the latest cinema releases, DVDs and films on TV.

THU 16:30 BBC Inside Science (m000vqqy)
A weekly programme that illuminates the mysteries and challenges the controversies behind the science that's changing our world.

THU 17:00 PM (m000vqr0)
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

THU 18:00 Six O'Clock News (m000vqr2)
The latest national and international news from BBC Radio 4.

THU 18:30 John Finnemore's Souvenir Programme (m000vqr4)
Series 9

Episode 1

The ninth series of John Finnemore's Souvenir Programme is very different to the previous eight. It's still written by John Finnemore, "one of our best sketch writers", (*The Observer*), and performed by him with "a great supporting cast of Margaret Cabourn-Smith, Simon Kane, Lawry Lewin and Carrie Quinlan" (*The Telegraph*), and there are still sketches and songs. But, with no live studio audience this year, John has taken the opportunity to try something completely new

Every episode in this series of Souvenir Programme is made up of scenes from one person's life, played in reverse order. There's no narrative to the episode; it's still a sketch show, not a sitcom... but the sketches in each episode all happened to one person, played by one member of the cast, over the course of their lifetime.

Episode one is all about Russ, and takes place between a Christmas day Zoom in 2020, and a funeral he attended as a six-year-old in 1986.

John Finnemore's Souvenir Programme started in 2011 and quickly established itself as "One of the most consistently funny sketch shows for quite some time" (*The Guardian*), and "One of the funniest and most inventive new radio comedy shows of recent years" (*The Daily Mail*).

Written and performed by ... John Finnemore
Russ ... Lawry Lewin
Ensemble ... Margaret Cabourn-Smith
Ensemble ... Simon Kane
Ensemble ... Carrie Quinlan

Original music composed by ... Susannah Pearse
Original music arranged by ... Susannah Pearse and Tim Sutton
Recorded and edited by ... Rich Evans at Synbox Post
Production coordinator ... Beverly Tagg
Producer ... Ed Morrish

A BBC Studios Production

THU 19:00 The Archers (m000vqr7)
Writers, Katie Hims and Helen Aitken
Directors, Dave Payne and Marina Calderone
Editor, Jeremy Howe

Ben Archer Ben Norris
Helen Archer Louiza Patikas
Pip Archer Daisy Badger
Brian Aldridge Charles Collingwood
Jennifer Aldridge Angela Piper
Lee Bryce Ryan Early
Harrison Burns James Cartwright
Alice Carter Hollie Chapman
Chris Carter Wilf Scolding
Susan Carter Charlotte Martin
Ruari Donovan Arthur Hughes
Rex Fairbrother Nick Barber
Alan Franks John Telfer
Emma Grundy Emerald O'hanrahan
Mia Grundy Molly Pipe
Joy Horville Jackie Lye
Russ Jones Andonias James Anthony
Adam Macey Andrew Wincott
Elizabeth Pargetter Alison Dowling
Fallon Rogers Joanna Van Kampen

THU 19:15 Front Row (m000vqr9)
Live magazine programme on the worlds of arts, literature, film, media and music

THU 19:45 Hardy's Women (m000vqq9)
[Repeat of broadcast at 10:45 today]

THU 20:00 The Briefing Room (m000vqrc)
David Aaronovitch presents in-depth explainers on big issues in the news.

THU 20:30 The Untold (m000vq7b)
[Repeat of broadcast at 11:00 on Monday]

THU 21:00 BBC Inside Science (m000vqqy)
[Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m000vqq3)
[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m000vqrg)
In depth reporting, intelligent analysis and breaking news from a global perspective

THU 22:45 Lean, Fall, Stand by Jon McGregor (m000vqqk)
[Repeat of broadcast at 12:04 today]

THU 23:00 Museum Lates (m000vqrj)
Museum Lates is a spin-off from Radio Four's *Rose d'Or* winning *The Museum of Curiosity*. It is a love letter to the world's most fascinating museums hosted by Alice Levine (*My Dad Wrote A Porno*), John Lloyd (*QI*, *Blackadder*, *Spitting Image*) and Dan Schreiber (*No Such Thing As A Fish*).

This episode features Terri Dendy, Head of Collections Standards and Care at the National Army Museum, as they chat about some of the objects she curates - including the preserved and (detached) fingers of explorer Bronco Lane; and a box of condoms donated by Andy McNab.

Other museums discussed this week include The Alexander Hamilton Museum (St Kitts and Nevis) and the CIA Museum (USA) which no one is allowed to visit.

<https://twitter.com/Alicelevine>
<https://twitter.com/schreiberland>
<https://twitter.com/terridendy>
<https://twitter.com/museumofcurios>

<https://www.nam.ac.uk>
<https://nevisisland.com/nevis-history/historical-sites-landmarks/museum-of-nevis-history>
<https://www.cia.gov/legacy/museum>

THU 23:30 Sketches: Stories of Art and People (m000670k)
Inside Out

True stories of life-changing encounters with art in all its forms.

Each week, writer Anna Freeman presents a showcase of stories about the meaning of art in people's lives. In the first episode of a new series, Anna and the Sketches producers share stories about people stuck inside, all - in different ways - using art to get out.

Polly talks to Lee Cutter, who learnt to draw in jail after a guard left a red pencil in his cell. Anna hears the story of the "agoraphobic traveller", photographer Jacqui Kenny, who takes breathtaking shots of places she's never been, using Google Streetview. And Mair tells the story of Mary Latimore, a harpist who became fascinated by Scott Kelly, a NASA astronaut living on the International Space Station for a year, after an accident led to her spending two months with her jaw wired shut.

Presented by Anna Freeman
Produced by Mair Bosworth and Polly Weston

FRIDAY 07 MAY 2021

FRI 00:00 Midnight News (m000vqrm)
The latest news and weather forecast from BBC Radio 4.

FRI 00:30 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vqq5)
[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m000vqrq)
The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m000vqrs)
BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m000vqrv)
The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m000vqrx)
The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m000vqrz)
Spiritual reflection to start the day with Fiona Stewart, a writer who runs a Christian arts charity

FRI 05:45 Farming Today (m000vqs1)
The latest news about food, farming and the countryside.

FRI 05:58 Tweet of the Day (b01sbyj8)
Tawny Owl

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. David Attenborough presents young Tawny Owls. Most of us know the "hoot" and "too-wit" of Tawny Owls but might be puzzled if we heard wheezing in the woods, the sound of the young.

FRI 06:00 Today (m000vrht)
News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 The Reunion (m000vp07)
[Repeat of broadcast at 11:00 on Sunday]

FRI 09:45 The King's Painter: The Life and Times of Hans Holbein by Franny Moyle (m000vrhw)
Episode 5

Hans Holbein the Younger became court painter to Henry VIII

and was regarded as a phenomenon in his day for his ability to bring the characters he painted to life.

His famous portrait of the Tudor King was so life like spectators fully expected arms and legs to move. One of his paintings of the dead Christ was so alarming that, when the Russian novelist Fyodor Dostoevsky saw it in 1867, he was so troubled by it that his wife had to drag him away fearing he might have an epileptic fit.

Holbein observed the extraordinary events of his century up close and painted the movers and shakers of the age including Desiderius Erasmus, Thomas More, Thomas Cromwell, Henry VIII, as well as the various women lined up to become the wives of the king, such as Anne of Cleves.

He was a contributor to the history of book design as well as designing jewellery, and elaborate weaponry. With a family in Basel and another in London, his life was as colourful as the times he lived through.

Author: Franny Moyle
Abridger: Libby Spurrier
Reader: Sir Simon Russell Beale
Producer: Celia de Wolff

A Pier production for BBC Radio 4

FRI 10:00 Woman's Hour (m000vrhy)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

FRI 10:45 Hardy's Women (m000vrj0)

The Woodlanders

Episode 5

Midsummer Eve and Grace is thrown into the arms of a new lover. Ayesha Menon's dramatisation of Thomas Hardy's novel of love, money and social ambition, tells the story from the perspective of Marty South.

Marty South.....Katy Sobey
Giles Winterbourne.....Oliver Hembrough
Grace Melbury.....Hollie Dempsey
Edred Fitzpiers.....Sacha Dhawan
George Melbury.....Nicholas Murchie
Lucy Melbury.....Jane Slavin
Barber Percomb.....Joshua Riley
Felice Charmond.....Marilyn Nnadebe
Grammer Oliver.....Jessica Turner
Suke Damson.....Elinor Coleman
Timothy Tangs.....Stewart Campbell
John South.....Tony Turner

Production Co-ordinator.....Maggie Olgiati
Sound Design.....Peter Ringrose
Directed by Emma Harding

FRI 11:00 Prison Break (m000vrj2)

Episode 3: Decriminalisation

Former 'prison wife' Josie Bevan confronts the failings of the prison system.

Josie visits Devon to meet the family of Luke, who died aged 16 after taking ecstasy. With Luke's sister and mother, she talks with the teenage boy who had supplied the tablets and who they saved from a prison sentence.

Illegal drugs are a major factor both in who ends up in prison and what goes on there. Josie talks with former prison governor Ian Acheson about order and safety in our jails and with Niamh Eastwood of Release about why she believes criminalisation is more harmful than drugs.

Josie's previous podcast series Prison Bag - one family's unflinching confrontation with the prison system - is available on BBC Sounds.

Produced by Rebecca Lloyd-Evans and Alan Hall
A Falling Tree production for BBC Radio 4

FRI 11:30 It's a Fair Cop (m000vrj4)

Series 6

Malicious Communication

Policeman turned stand-up Alfie Moore takes an audience through real-life crime scenarios. This week Alfie investigates at what point unwanted feedback becomes criminal. How much do we have a right to be protected from the criticisms of others? This week's real case involves a vicar who has been receiving some hate mail...

Written and presented by Alfie Moore

Script editor: Will Ing

Production co-ordinator: Beverly Tagg

Producer: Richard Morris

A BBC Studios Production

FRI 12:00 News Summary (m000vrj6)

National and international news from BBC Radio 4

FRI 12:04 Lean, Fall, Stand by Jon McGregor (m000vrj8)

5: News

The heart-stopping and heart-rending new novel from the award-winning author of Reservoir 13.

When an Antarctic research expedition goes badly wrong, the consequences are far-reaching - for the men involved and for their families back home.

Episode 5: on hearing the shocking news that something has happened to her husband 'Doc' Wright, Anna flies out to Santiago - little knowing that her life is about to change forever...

Author: Jon McGregor is an award-winning novelist and short-story writer, who has been longlisted for the Booker Prize three times, and won the 2017 Costa Award.

Reader: tbc
Producer: Justine Willett
Abridger: Katrin Williams

FRI 12:18 You and Yours (m000vrjb)

News and discussion of consumer affairs

FRI 12:57 Weather (m000vrjd)

The latest weather forecast

FRI 13:00 World at One (m000vrjg)

Forty-five minutes of news, analysis and comment, with Edward Stourton.

FRI 13:45 Laws That Aren't Laws (m000m4pj)

Stigler's Law

Stephen M. Stigler's Law of Eponymy states that no scientific discovery is named after its original discoverer.

Professor Stigler, a statistician at Chicago University, defined his own law in a tributary paper to his friend, the sociologist Robert Merton, in 1980.

Merton had been famous in sociology for writing about the "self-fulfilling prophecy", amongst other things, and also for a long treatise about how often the same law or principle in science has been discovered multiple times by different people.

Merton also wrote about how Isaac Newton's famous phrase "Standing on the Shoulders of Giants" was not itself even his own metaphor.

Stigler's amusing and humble paper was thus, despite including some new statistical insights into the phenomenon (and even a reasoned suggestion as to its cause), more of a jovial tribute to his friend's earlier insights than an aggressive assertion of nominative priority.

It self-fulfilled its own eponymous point.

But the joke, and the law, stuck. And it continues to ask important questions about the nature of knowledge, the sociology - and the popular history - of science itself.

Presenter: Robin Ince

Producer: Alex Mansfield-Sella

FRI 14:00 The Archers (m000vqr7)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Drama (m000vrjj)

Talawa Stories: Running with Lions

A British-Caribbean family struggles to come together after the death of their loved one. With each family member dealing with grief in their own way, they experience challenges to faith and their mental health, and examine the things they do and do not say, as they rediscover the importance of love and joy.

Talawa Theatre Company and feral inc co-produced Running with Lions as part of Talawa's 35th anniversary. Talawa Theatre

Company is the UK's outstanding Black theatre company.

Running with Lions was recorded in March 2021 during the national lockdown and in line with Covid safe measures. Sian Davila's brand-new play features an exceptionally strong cast including Sharon Duncan-Brewster (Sex Education, Netflix), Don Warrington (Death in Paradise, BBC), Sharon D Clarke (Caroline, or Change, West End), Alfred Enoch (How to Get Away with Murder, ABC), and Lydia West (It's A Sin, Channel 4).

It tells a story with compassion, intelligence and atmosphere.

CAST

Maxwell - Don Warrington
Shirley - Sharon D Clarke
Imani - Lydia West
Gloria - Sharon Duncan-Brewster
Joshua - Alfred Enoch

Written by Sian Davila
Produced by Ifrah Ismail
Directed by Michael Buffong

Sound Design by Steve Bond
Sound Assistant: Makashe Ogbon
Production Manager: Sarah Tombling
Executive Producer: Polly Thomas
Series Producer: Gill Parry

A Talawa Theatre / feral inc production for BBC Radio 4

FRI 14:45 Chinese Characters (b09z4k4b)

[Repeat of broadcast at 09:30 on Wednesday]

FRI 15:00 Gardeners' Question Time (m000vrjl)

GQT at Home

Kathy Clugston hosts the gardening Q&A with a panel of experts. Joining her this week to answer questions sent in by listeners are houseplant queen Anne Swithinbank, plantsman Matt Biggs and award-winning garden designer Chris Beardshaw.

Producer - Daniel Cocker
Assistant Producer - Millie Chu

A Somethin' Else production for BBC Radio 4

FRI 15:45 Empty Stages (m000vrjn)

Put My Name in Lights

Gloria Grayson is 82 and due to make her West End comeback after 20 years in the wilderness. The play is a peach - could have been written for her. A new, young director who has great ideas is in place. Rehearsals have been hard but satisfying and now they are in the theatre - Dressing Room 1 again. Previews - she almost got a standing ovation. Have to work on that. Then, suddenly, closure. Pandemic. Bereft. Loss. Too much time to reflect on her life. What has she achieved? Will the theatre open again? Will she ever get that opening night?

Read by Deborah Findlay

Written by Lolita Chakrabarti

Directed by Celia de Wolff

A Pier Production for BBC Radio 4

FRI 16:00 Last Word (m000vrjr)

Matthew Bannister tells the life stories of people who have recently died, from the rich and famous to unsung but significant.

FRI 16:30 Feedback (m000vrjt)

Radio 4's forum for comments, queries, criticisms and congratulations

FRI 17:00 PM (m000vrjv)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

FRI 18:00 Six O'Clock News (m000vrjy)

The latest national and international news from BBC Radio 4.

FRI 18:30 The News Quiz (m000vrko)

Series 105

Episode 4

Andy Zaltzman presents a look back at the week's headlines.

FRI 19:00 Front Row (m000vrk2)

Live magazine programme on the worlds of arts, literature, film, media and music

FRI 19:45 Hardy's Women (m000vrj0)

[Repeat of broadcast at 10:45 today]

FRI 20:00 Any Questions? (m000vrk4)

Chris Mason presents political debate and discussion from venues around the UK.

FRI 20:50 A Point of View (m000vrk6)

Weekly reflections on topical issues from a range of contributors.

FRI 21:00 Meeting Myself Coming Back (m000s7kg)

Alastair Campbell

"Meeting Myself Coming Back", the series in which John Wilson takes key figures back in time through the archives returns with Alastair Campbell, former Labour spin doctor, as the first guest.

For almost a decade after Tony Blair was elected leader of the Labour Party in 1994, Alastair Campbell was one of his most trusted advisors, serving as press secretary and then Downing Street director of Communications. Under his press management, the party went on to reinvent itself as New Labour and in 1997 won its first General Election for nearly 20 years.

But Campbell was also often embroiled in controversy, such as the alleged "sexing up" of the dossier that formed part of the basis for war with Iraq in 2003. There were also accusations that he was too powerful.

So what was really going on behind the public moments?

John surprises Alastair with clips from his past, from his early days as a sports journalist in Devon to his time at the heart of Government and his subsequent activities as a mental health campaigner.

Producer: Emma Kingsley

FRI 22:00 The World Tonight (m000vrk8)

In depth reporting, intelligent analysis and breaking news from a global perspective

FRI 22:45 Lean, Fall, Stand by Jon McGregor (m000vrj8)

[Repeat of broadcast at 12:04 today]

FRI 23:00 Great Lives (m000vp40)

[Repeat of broadcast at 16:30 on Tuesday]

FRI 23:30 Sketches: Stories of Art and People (m0006dt3)

Turning Points

Writer Anna Freeman presents a showcase of stories about the meaning of art in people's lives. In Turning Points, we hear from Stephen Lightbown, who was an active, football-playing teenager when a sledging accident at the age of 16 changed his life forever. From Amara, who fell in love with Van Gogh's painting The Starry Night having never seen a night sky full of stars. And from the residents of a Men's Sheds project in Wales using craft and woodwork to overcome loneliness and isolation.

As part of the introduction, Anna quotes from her poem, Ambition, which was published by Burning Eye Books in 2013.

Presented by Anna Freeman

Produced by Mair Bosworth and Polly Weston