

SATURDAY 12 JANUARY 2019**SAT 00:00 Midnight News (m0001ybd)**

The latest national and international news from BBC Radio 4. Followed by Weather.

SAT 00:30 Book of the Week (m0001y8q)

We Are Displaced

Marie Claire's story

Malala Yousafzai collected the stories in We Are Displaced to show that refugees are ordinary people caught up in extraordinary circumstances.

She chose to include Marie Claire because her story had made huge impression on her. She remembers Marie Claire not only for the story she told but also for the story she didn't.

"When she spoke, I felt her trauma as well as her triumph. The picture of this moment, as she revealed her past, is still in my head."

Marie Claire was born in the Congo and spent the first four years of her life on the run in the bush. Displaced by war from the moment of her birth, she had never known peace. As they headed South towards Zambia, Marie Claire and her family travelled at dead of night, and slept by day beneath thorny bushes to protect themselves from wild animals. Unfortunately Zambia proved to be far from a safe haven but Marie Claire never forgot her mother's inspiring words.

Read by Cherrelle Skeete
Abridged and directed by Kate McAll.

A Pier production for BBC Radio 4

SAT 00:48 Shipping Forecast (m0001ybg)

The latest weather reports and forecasts for UK shipping

SAT 01:00 Selection of BBC World Service Programmes (m0001yb)

BBC Radio 4 joins the BBC World Service.

SAT 05:20 Shipping Forecast (m0001ybl)

The latest shipping forecast

SAT 05:30 News Briefing (m0001ybn)

National and international news from BBC Radio 4

SAT 05:43 Prayer for the Day (m0001yby)

A reading and a reflection to start the day with the Archdeacon of Bangor, Mary Stallard

SAT 05:45 iPM (m0001ybs)

Why won't anyone rent to our daughter?

"In the same way that they were saying 'no pets, no smokers', they were saying 'no LHA'."

Listeners Graham and Sara tell how difficult it was to find their daughter - who has cerebral palsy and learning difficulties - a flat because landlords wouldn't accept tenants who received housing benefits.

We find out why landlords are saying no to tenants who get Local Housing Allowance (LHA), the impact this has on vulnerable people like our listeners' daughter and how they found her a home in the end.

Jeremy Vine reads our Your News bulletin - email your sentence of news to iPM@bbc.co.uk

Presented by Luke Jones. Produced by Cat Farnsworth.

SAT 06:00 News and Papers (m0001zvj)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m0001ydg)

A Year in Roald Dahl Country

As a new year begins the countryside can seem a bleak place. The writer Roald Dahl recommends staying in a hot bath and contemplating the joys of the natural world which are to come. Helen Mark visits Great Missenden in Buckinghamshire to see the beech woods which feature in books like 'Fantastic Mr Fox' and 'Danny Champion of the World' and the village itself which appears in 'Matilda' and 'The BFG'. In his last book 'My Year' Dahl looks back on a lifetime of adventure in the countryside.

Helen discovers the wildlife, people and places which inspired him in the Chilterns landscape and looks for some of those natural sights which we can all look forward in the coming year.

SAT 06:30 Farming Today (m0001zvl)

The latest news about food, farming and the countryside

SAT 06:57 Weather (m0001zvn)

The latest weather forecast.

SAT 07:00 Today (m0001zvp)

News and current affairs, including Yesterday in Parliament.

SAT 09:00 Saturday Live (m0001zvs)

Dame Kelly Holmes, Rick Wakeman's Inheritance Tracks

Aasmah Mir and Konnie Huq are joined by Dame Kelly Holmes, double gold winner at the Athens Olympics in 2004. She talks about her life in the army, pursuing her dream of becoming an Olympian and adjusting to life after retiring from athletics.

Jacquié Davis is one of the world's top female bodyguards. During her career she has protected royals and celebrities, rescued hostages and carried out undercover surveillance. She talks about the qualities required for the job and the power of being a chameleon.

The Reverend Ravi Holy was ordained in 2005 after turning his back on his previous life as a dissolute youth. He is also a stand-up comedian and explains how the comedy gets them laughing in the aisles.

Jasper Winn is writer in residence for the Canal and River Trust who advocates slow travel - taking time to appreciate the world around us as an antidote to our busy, high tech lives.

Marion Grave, owner of the Laurel and Hardy Museum in Ulverston, talks about the magic of their partnership and her favourite objects among the exhibits.

With Inheritance Tracks from musician Rick Wakeman. He chooses Woodman, Spare That Tree by Phil Harris and Prokofiev's Peter and the Wolf.

Producer: Paula McGinley
Editor: Eleanor Garland

SAT 10:30 The Kitchen Cabinet (m0001zvv)

Series 23

Swindon

Jay Rayner and the panel visit Swindon. Dr Annie Gray, Tim Anderson, Andi Oliver and Jordan Bourke answer the culinary questions.

The panellists give tips on how to make sushi at home and try Tim Anderson's special Kitchen Cabinet sushi rolls. They also learn about the ties between food and opera and share their secrets to the perfect chilli con carne.

Produced by Miranda Hinkley
Assistant Producer: Hester Cant

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Week in Westminster (m0001zvx)

Top commentators review the political week.

SAT 11:30 From Our Own Correspondent (m0001zvy)

#SaveRahaf: How social media saved a Saudi woman

Correspondents around the world tell their stories and examine news developments in their region

SAT 12:00 News Summary (m0001zw1)

The latest national and international news from BBC Radio 4.

SAT 12:04 Money Box (m0001zw3)

Rare victory for bank fraud victim

Two banks have taken the unusual step of refunding a fraud victim all her money. With new rules for banks on this issue coming into force soon, is this a sign of things to come and are more victims likely to benefit? We hear from bank fraud consultant, Richard Emery, of 4 Keys international.

Economy Energy has become the ninth energy supply company to go bust in the last year. 235,000 customers are now being told

to sit tight while Ofgem appoints a new supplier, but has the regulator opened up the market too much? We speak to one of its executive directors, Mary Starks.

And with Universal Credit complicating who does and doesn't get free prescriptions in England, hundreds of thousands of people are being wrongly fined for not paying the £8.80 fee. We find out what it means for claimants and pharmacists and speak to Sandra Gidley, from the Royal Pharmaceutical Society.

Presenter: Paul Lewis
Producer: Sally Abrahams
Editor: Richard Vadon

SAT 12:30 The News Quiz (m0001y9w)

Series 98

Episode 3

Series 98 of the long running satirical show. Joining Miles Jupp this week are Francis Wheen, Helen Lewis, Paul Sinha and Eleanor Tiernan.

On the menu this week, a last minute amendment and a stray snake.

Writers: Laura Major, Robin Morgan and Benjamin Partridge with additional material by Tom Mayhew and Kat Sadler.

Producer: Richard Morris
A BBC Studios Production

SAT 12:57 Weather (m0001zw5)

The latest weather forecast.

SAT 13:00 News (m0001zw7)

The latest news from BBC Radio 4.

SAT 13:10 Any Questions? (m0001yb2)

Diane Abbott MP, James Brokenshire MP, Dominic Lawson, Amanda Mukwashi

Jonathan Dimbleby presents topical debate from Henfield Hall in West Sussex with the Shadow Home Secretary Diane Abbott, the Secretary of State for Communities Housing and Local Government James Brokenshire, journalist Dominic Lawson and the CEO of Christian Aid Amanda Mukwashi.
Producer: Lisa Jenkinson

SAT 14:00 Any Answers? (m0001zw9)

Have your say on the issues discussed on Any Questions?

SAT 14:30 Riot Girls (m0001zwc)

Riot Days (Part 1)

Maria Alyokhina's account of her activism, trial and imprisonment, as part of Russian feminist punk protest group Pussy Riot. Dramatised by E V Crowe and starring Katie West, Kerry Gooderson and Kathryn Drysdale.

Directed by Emma Harding

Maria.....Katie West
Nadya.....Kerry Gooderson
Katya.....Kathryn Drysdale
Bass Player.....Saffron Coomber
Petya.....Cameron Percival
Investigator Igor.....Ronny Jhutti

All other parts played by Lucy Doyle, Alexandra Constantinidi, Clare Corbett, Tony Turner, Michael Bertenshaw, Carolyn Pickles, Christopher Harper and Jeanette Percival.

Guitarist.....Lewis Turner

Additional material from Pussy Riot, A Punk Prayer for Freedom (Feminist Press) and Maria Alyokhina's closing courtroom statement translated by a collaborative team of translators, Marijeta Bozovic, Maksim Hanukai, and Sasha Senderovich, edited by Bela Shayevich, originally published on the website of n+1 magazine

SAT 15:30 Behind the Scenes (m0001xsn)

Marianela Nunez at Covent Garden

As she prepares to perform two roles in a new production of the classic "White ballet", La Bayadere, the Royal Ballet's charismatic Argentinian-born principal dancer, Marianela Nunez shares her life behind the scenes.

Marianela Nunez is considered one of the greatest ballerinas in

the world, combining passion and flare from her Argentinian background with discipline and experience from her many years with the Royal Ballet. As she celebrates 20 years dancing with the company, she takes Radio Four's Beaty Rubens behind the scenes, sharing what it means to be a Principal Dancer today.

The programme focuses on her preparations to dance the two key roles in the much-loved classic, La Bayadere - the temple dancer Nikiya and the princess Gamzatti.

It reveals glimpses of her at home in her native Buenos Aires over the summer, follows her as she travels into work, attends specially - designed Pilates classes and studio rehearsals with the great Russian ballerina Natalia Makarova (who recreated Marius Petipa's 1877 Indian Classic for a contemporary audience in 1989) and culminates with her triumphant opening night, leaving her in her dressing room with her feet in a bucket of ice and surrounded by vast bouquets of pink roses.

Beaty Rubens also hears from Natalia Makarova, the Royal Ballet's Kevin O'Hare and the leading Russian dancer who partners Marianela, Vadim Muntagirov.

Now at the very top of her game, Marinanela Nunez is also a wonderfully charismatic individual, whose love of dance and enthusiasm for life in the Royal Ballet effervesces in this lively depiction of a true artist.

Producer: Beaty Rubens

SAT 16:00 Woman's Hour (m0001zvf)

Weekend Women's Hour: Annie Mac on the women in music, Colette, Finding love on the dance floor

The Radio 1 DJ and number 12 on the Woman's Hour Powerlist 2018, Annie Mac, introduces us to the new music and women we'll be listening to this year

The writer Michele Roberts and the playwright Rebecca Lenkiewicz discuss the life of the pioneering writer Sidonie Gabrielle Colette.

For more than six years the BBC Presenter Alex Lovell was sent threatening cards including threats of rape from an unknown stalker. Gordon Hawthorn was jailed last week for two years and six months. Alex tells us how the experience impacted her life.

Cyntoia Brown was granted clemency after serving 15 years of her life conviction for murder in Tennessee, Nashville. Leah Carroll, a crime and culture reporter for Refinery 29 in New York, tells us about Cyntoia's story and why her release is so significant.

Melanie Brown refuses to hide her mastectomy. She tells us why she didn't want reconstruction and discusses why society and bra makers still struggle to accept or cater for women like her.

Is the dance floor the best place to find romance? Ashley Banjo, who leads Diversity and is the presenter of a dating show Flirty Dancing, and Ann David, Professor of Dance and Cultural Engagement at the University of Roehampton, discuss.

The divorce coach Sara Davison talks about how to maintain a relationship with your ex after divorce. Jess tried to do that and tells us how it worked out for her.

Presented by Jane Garvey

Producer: Rabeka Nurmahomed
Editor: Jane Thurlow

SAT 17:00 PM (m0001zwh)

Full coverage of the day's news.

SAT 17:30 iPM (m0001ybs)

[Repeat of broadcast at 05:45 today]

SAT 17:54 Shipping Forecast (m0001zwl)

The latest shipping forecast.

SAT 17:57 Weather (m0001zwn)

The latest weather forecast.

SAT 18:00 Six O'Clock News (m0001zww)

The latest national and international news from BBC Radio 4.

SAT 18:15 Loose Ends (m0001zws)

Tim Roth, Rose Matafeo, Mark Bonnar, Ahir Shah, Zara McFarlane, Marker Starling, Sara Cox, Clive Anderson

Clive Anderson and Sara Cox are joined by Tim Roth, Mark Bonnar, Ahir Shah and Rose Matafeo for an eclectic mix of conversation, music and comedy. With music from Zara McFarlane and Marker Starling.

Producer: Sukey Firth

SAT 19:00 Profile (m0001zww)

Nancy Pelosi

On Profile this week, Mark Coles looks at the most powerful woman in American politics – the veteran Democratic congresswoman and new Speaker of the United States House of Representatives, Nancy Pelosi.

It's a remarkable comeback for her...it puts her third in line to the Presidency itself.

Having first done the job back in 2007 when George W Bush was Commander in Chief – now 78, many thought Pelosi was too old this time round.

But only a week into the role, she's already engaged in a bitter war of words with President Trump over his demand for Congress to fund his Mexico border wall.

For many, with the Democrats now controlling Congress, Nancy Pelosi is set to become the face of opposition to the President for the next two years.

We hear from childhood friends, former colleagues and those who've followed her career down the decades.

From campaigning for her dad when he was Mayor of Baltimore back in the 1940s to helping President Obama reform American health care, we examine Nancy Pelosi's life and career and – in these turbulent times – look at the challenges that lie ahead for her.

Producer: Smita Patel

Researcher: Darin Graham

Editor: Penny Murphy

SAT 19:15 Saturday Review (m0001zwx)

Pinter at The Pinter, Stan and Ollie, Eric Vuillard, Whistler and Nature, Guitar Drum and Bass

The staging of all Harold Pinter's one act plays at The Pinter Theatre in London continues - We've been to see Party Time and Celebration

Stan and Ollie is a film that examines the relationship between the two film comedy pioneers Laurel and Hardy as they toured the UK in their twilight years. Starring Steve Coogan and John C Reilly it deals with their occasional disputes and deep love and respect for each other

Eric Vuillard's novel The Order Of The Day won 2017's Prix Goncourt. It's about Hitler's annexation of the Sudetenland, imagining the processes and machinations that made it possible and not quite the triumph it was portrayed

The Fitzwilliam Museum in Cambridge has an exhibition of "Whistler and Nature", exploring how J.M. Whistler's relationship towards the natural world evolved throughout his life

Guitar Drum and Bass is a new series on BBC4, exploring the role that these instruments have played in the development of popular music - what makes a great drummer/bassist/guitarist?

Tom Sutcliffe's guests are Mark Billingham, Alice Jones and Susannah Clapp. The producer is Oliver Jones

Podcast extra

Alice recommends Daniel Kitson at Battersea Arts Centre
Mark recommends the Twitter poetry exchange between Richard Osman and Piers Morgan. Also the reissue of The Beatles' White Album. Willie Vlautin
Susannah recommends Harris's List of Covent Garden Ladies
Tom recommends the podcast Broken Hearts

SAT 20:00 Archive on 4 (m0001zwy)

Chemists' Dirty Secret

For more than a hundred years chemical weapons have terrorised, maimed and killed soldiers and civilians alike. As a chemist, the part his profession has played in the development of these weapons has long concerned Andrea Sella, Professor of Chemistry at University College London. In this programme he examines the motivation of chemists like Dr Fritz Haber, who first encouraged the German military to deploy chlorine gas in World War One for the sake of "The Fatherland" and of Dr Gerhard Schrader, who, in his hunt for an effective pesticide, accidentally discovered a new class of lethal nerve agents for Nazi Germany.

From chlorine, phosgene and the mustard gases, to tabun, sarin, soman, VX and the novichok agents used to target former Soviet agent Sergei Skripal in England, Andrea weaves archive with interviews with key figures in the ongoing campaign to control and ban the use of such weapons and he asks how science educators can prepare young chemists for the moral

hazard posed by this particular class of weapon.

Producer: Fiona Hill

SAT 21:00 Drama (m0001x7v)

Graeae's Amy Dorrit

Graeae's Amy Dorrit (Episode 2)

Iconic Dickensian heroine fights her way out of poverty in 21st century Britain. Graeae theatre company present a radical new imagining of Charles Dickens' classic Little Dorrit, dramatised by April de Angelis and Nicola Werenowska.

Inequality and the overpowering burden of debt were Dickens' key themes in Little Dorrit, which resonate just as powerfully today. This bold new version places women, disability and housing to the fore.

Amy Dorrit is a young woman fighting to get through A Level resits, while caring for her disabled father and coping with the demands of a varied group of tenants on the same council estate. When the threat of redevelopment looms large, the tenants have to fight for their homes and Amy finds herself an unexpected leader and completely out of her depth.

Graeae, a disabled led company, is one of the most exciting, radical high impact theatre companies in the UK. Jenny Sealey, Graeae artistic director, and Polly Thomas, Naked Productions' co-producer, have formed a close creative partnership over many years to create new interpretations of classic texts for BBC Radio 4, led by casts of D/deaf and disabled actors whose voices are otherwise rarely heard on radio. ASmy Dorrit follows their 2017 version of The Midwich Cuckoos.

Episode 2:

New found riches mean Amy can escape to university but, inevitably, she is pulled back to the Marshalsea estate by her debt ridden father. Once there, she becomes mired in the campaign to stop the sell off, and realises she and her friends are the only ones who can make a difference.

Cast:

Amy Dorrit - Audrey Brisson
Maggie - Kalijoy Perkins
Mrs Chaudry - Liz Carr
Wanda and Benefits Officer - Ania Sowinski
Tatia - Anna Eljasz
Flora - Tracey Anderson
Vienna - Matti Houghton
Mr Dorrit/voice of Dickens - John Kelly
Mr Blander - 'Pickles' Wayne Norman
Arthur Chaudry - Narinder Samra

Amy Dorrit was adapted by April de Angelis and Nicola Werenowska from Little Dorrit by Charles Dickens

Directors - Polly Thomas and Jenny Sealey
Sign Language Interpreters - Jude Mahon and Vikki Gee Dare
Access worker - Autumn Bonham Cox

Producer - Eloise Whitmore

Executive Producer - Jeremy Mortimer

A Naked production in collaboration with Graeae Theatre Company for BBC Radio 4

SAT 22:00 News and Weather (m0001zx1)

National and international news from BBC Radio 4

SAT 22:15 We Need to Talk About Death (m0001ygy)

Series 3

My Dying Wishes

What kind of care would you like at the very end of your life? Where would you like to be? Do you want music playing? Would you want medical staff to try to resuscitate you? If you can't speak for yourself at the time, how can you be sure the people, involved in your care, do what you want?

Very few of us make our dying wishes known. Even the elderly and frail often shy away from documenting their preferences.

Yet it's crucial because the health professionals you come into contact with, at the end of your life, may know very little about you.

Advance Care Planning, as it's called, can be particularly crucial when disaster strikes, such as a cardiac arrest. The paramedics arriving on the scene are kept in the dark if you haven't documented your wishes, or nominated someone else to vouch for you.

Joan Bakewell reveals why it's so important to make your wishes known, and how to go about it.

Producer: Beth Eastwood

SAT 23:00 Round Britain Quiz (m0001xq5)

Programme 2, 2019

(2/12)

If Shirley refused and Doris wavered, but a blonde and a brunette accepted, all of them repeatedly, this can only be Round Britain Quiz. Tom Sutcliffe will be expecting the teams from Scotland and Northern Ireland to explain what this, and plenty of other cryptic puzzles, are all about, in this second clash of the new series.

Val McDermid and Alan McCredie are the Scotland team, while Northern Ireland is represented by Paddy Duffy and Freya McClements. The more hints they need from the chair in arriving at the solutions, the more points they will drop along the way.

Tom will also reveal the answer to the teaser question he left unanswered at the end of last week's edition, and will set another for this week.

Producer: Paul Bajoria

SAT 23:30 Conversations on a Bench (m0001x7z)

Derby - Sophie Sparham

Anna Scott-Brown hears more stories from the people who stop to sit beside her on benches around the country.

In this edition, Anna sits on a bench in the centre of Derby. Throughout the programme, a specially commissioned work by the poet Sophie Sparham draws on the voices of those passing by – and sometimes pausing on – the bench at 'the Spot' in the city.

These hidden stories are glimpsed through snatched moments and the painful and beautiful stories people tell Anna in this busy urban setting. One man talks of regaining his hearing after 18 years of deafness, another – a child of Caribbean immigrants – of the pain he feels for the Windrush generation.

Stories of homelessness feature throughout the programme, including one young man who has turned his life around. And there is a final citation to hope, both in Sophie's poetry and in the contributors who have sat on the bench.

Sophie picks up on some of Derby's well known figures in her poems, and pays a moving tribute to the city she lives in, while expressing some of the tensions inherent in her love for it.

Hidden lives are revealed, and common threads recur as Anna's gentle but insistent, and sometimes extremely direct, questions elicit poignant and profound responses from those sitting on the bench.

Presented and Produced by Anna Scott-Brown
An Overtone production for BBC Radio 4

SUNDAY 13 JANUARY 2019

SUN 00:00 Midnight News (m0001zx3)

The latest national and international news from BBC Radio 4. Followed by Weather.

SUN 00:30 Short Works (m00010n3)

The Grey Lady

An original short work for radio. A contemporary ghost story - The Grey Lady by Aminatta Forna.

writer Aminatta Forna
reader Maryam Hamidi
producer Gaynor Macfarlane

A BBC Scotland production for BBC Radio 4.

SUN 00:48 Shipping Forecast (m0001zx5)

The latest weather reports and forecasts for UK shipping

SUN 01:00 Selection of BBC World Service Programmes (m0001zx7)

BBC Radio 4 joins the BBC World Service.

SUN 05:20 Shipping Forecast (m0001zx9)

The latest shipping forecast

SUN 05:30 News Briefing (m0001zxc)

National and international news from BBC Radio 4

SUN 05:43 Bells on Sunday (m0001zxf)

St Peter and St Paul in Courteenhall, Northamptonshire

Bells on Sunday comes from the Church of St Peter and Paul in Courteenhall, Northamptonshire. The tower houses a peal of five bells with the tenor weighing just over twelve hundredweight. All the bells were cast in 1683 by Mathew Bagley of Chacombe*, Northamptonshire. They were overhauled by the Loughborough Foundry in 1937 and tuned to F sharp. We hear them ringing Grandsire Doubles

SUN 05:45 Profile (m0001zvw)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Headlines (m000202s)

The latest news from BBC Radio 4.

SUN 06:05 Something Understood (m000202y)

Slowing Down

Writer and priest Malcolm Doney ponders how his move from a busy, city working life to the peaceful countryside has brought about a new, slower pace that's changed many aspects of his daily life and outlook.

Malcolm explores the pitfalls of our fast, "roadrunner" culture - from not having time to nurture important relationships to our tendency to lack patience. Malcolm learns of the 'slow movement', an organised resistance to our culture of speed that spans several decades, driven by those producing 'slow' cinema, cooking and fashion. He examines the 'slow art' and 'slow music' of James Turrell, Brian Eno and Danny Hills.

Waiting, doing nothing - although going against the norms of our culture - has its virtues, given that God doesn't work to human beings' impatient timetable or on demand. So how can we best slow down and be patient, especially during life's more chaotic and stressful moments? Malcolm takes tips from Michael Palin on finding peace, and free-diver Kimi Werner on resisting panic.

Malcolm concludes that slowing down allows us to place value on everyday moments, even small things like drinking tea, and encourages us to give slowness a go.

Presenter: Malcolm Doney

Producer: Sera Baker

A TBI production for BBC Radio 4

SUN 06:35 On Your Farm (m000202x)

The Hidden Power of Moss

Beadmoss in Leicestershire have an unusual product. Neil and Barbara Wright have discovered how you can farm Sphagnum Moss after years of research and their product is now helping to restore precious peat lands which will store carbon and help the UK to meet its climate targets. This incredible substance has been used to dress wounds, as nappy lining and for reptile bedding but now it's being farmed to restore the damaged habitat of the Peak District. Here it will keep carbon locked up and help slow global warming. Ruth Sanderson visits Beadmoss in Leicestershire to discover more.

Producer: Helen Lennard

SUN 06:57 Weather (m000202z)

The latest weather forecast.

SUN 07:00 News and Papers (m0002031)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m0002033)

Obesity in Thai monks, Church of England's investments head

Sunday morning religious news and current affairs programme, presented by William Crawley

SUN 07:54 Radio 4 Appeal (m0002035)

TREE AID

Actress Zoë Wanamaker makes the Radio 4 Appeal on behalf of TREE AID.

To Give:

- Freephone 0800 404 8144

- Freepost BBC Radio 4 Appeal. (That's the whole address.

Please do not write anything else on the front of the envelope).

Mark the back of the envelope 'TREE AID'.

- Cheques should be made payable to 'TREE AID'.

Registered Charity Number: 1135156.

SUN 07:57 Weather (m0002037)

The latest weather forecast.

SUN 08:00 News and Papers (m0002039)

The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m000203c)

Marking the Feast Day of Glasgow's patron saint, Mungo, live from St Mary's Episcopal Cathedral, Glasgow, with the Very Rev Kelvin Holdsworth, and the Cathedral Choir directed by Frikki Walker.

SUN 08:48 A Point of View (m0001yb4)

Have we reached Peak Stuff?

As many Christmas presents start making the surreptitious trip to the charity shop, Stella Tillyard argues that many of us appear to be freeing ourselves from the unfulfilling grip of "things".

She asks if - as the earth is dying under the weight of our excesses - we're "reaching a wider, bigger moment: a weariness with acquisition itself".

Producer: Adele Armstrong

SUN 08:58 Tweet of the Day (m000203f)

Kirsty Oswald's Bird Watching Feat

Actress Kirsty Oswald has embarked on an ambitious bird-watching feat; over the course of a year, she plans to spot 100 different species of bird in the British Isles. In this episode of Tweet of the Day, she explains how a serendipitous walk led to her undertaking such a task, and how enthusiasm, enjoyment and a love of walking can be more fortuitous than formal ornithological knowledge.

Producer: Elliott Prince

SUN 09:00 Broadcasting House (m000203h)

Sunday morning magazine programme with news and conversation about the big stories of the week. Presented by Paddy O'Connell.

SUN 10:00 The Archers Omnibus (m000203k)

Helen makes a decision and Brian loses his cool

Writer Keri Davies
Director Julie Beckett
Editor Jeremy Howe

David Archer Timothy Bentinck
Ruth Archer Felicity Finch
Pip Archer Daisy Badger
Josh Archer Angus Imrie
Kenton Archer Richard Atlee
Helen Archer Louiza Patikas
Tom Archer William Troughton
Brian Aldridge Charles Collingwood
Jennifer Aldridge Angela Piper
Alice Carter Hollie Chapman
Justin Elliott Simon Williams
Alan Franks John Telfer
Joe Grundy Edward Kelsey
Eddie Grundy Trevor Harrison
Clarrie Grundy Heather Bell
Shula Hebden Lloyd Judy Bennett
Alistair Lloyd Michael Lumsden
Jim Lloyd John Rowe
Adam Macy Andrew Wincott
Jazzer McCreary Ryan Kelly
Kirsty Miller Annabelle Dowler
Elizabeth Pargetter Alison Dowling
Lily Pargetter Katie Redford
Johnny Phillips Tom Gibbons
Lynda Snell Carole Boyd
Lee Ryan Early
Philip Moss Andy Hockley

SUN 11:15 Desert Island Discs (m000203m)

Ruth Jones, actor and writer

Ruth Jones is an actor and writer. She co-created and starred in the award-winning TV comedy series Gavin and Stacey, and also wrote and took the title role in the comedy drama Stella, which ran for six series.

She grew up in Porthcawl, in South Wales, where the local secondary school nurtured her love of performance. She took to the stage in numerous school musicals, along with fellow pupil Rob Brydon. After studying drama at Warwick University, she struggled at first to find work as an actor. She briefly

considered becoming a solicitor, before she won the role of a ninja turtle in Dick Whittington at the Porthcawl Pavilion and gained an Equity card.

Her TV work ranges from costume dramas to comedies including Little Britain and Nighty Night. She developed the idea for Gavin and Stacey with James Corden when they were both filming the ITV series Fat Friends. The story of a boy from Billericay who falls for a girl from Barry, Gavin and Stacey began on BBC Three, with Ruth's role as straight-talking, leather-wearing Nessa winning people's hearts. She and James wrote every episode, and the finale, on BBC One, reached more than 10 million viewers.

Last year Ruth published her first novel, Never Greener, which topped the bestseller lists, and she returned to the stage in the musical play The Nightingales.

Presenter: Lauren Laverne
Producer: Sarah Taylor

SUN 12:00 News Summary (m000203p)

The latest national and international news from BBC Radio 4.

SUN 12:04 The Unbelievable Truth (m0001xqk)

Series 21

Episode 3

David Mitchell hosts the panel game in which four comedians are encouraged to tell lies and compete against one another to see how many items of truth they're able to smuggle past their opponents.

Sandi Toksvig, Jon Richardson, Lucy Porter and Graeme Garden are the panellists obliged to talk with deliberate inaccuracy on subjects as varied as drunkenness, passports, orange and the weather.

Produced by Jon Naismith.
A Random Entertainment production for BBC Radio 4.

SUN 12:32 The Food Programme (m000203r)

Feeding the Falklands

Would you buy a pineapple for £15? The Falkland Islands provides much of the squid we eat in Europe. And they can produce more lamb and beef than they could possibly eat. But some food - like fruit - is not so easy to get hold of. Gerard Baker meets islanders to discover how a remote community meets the challenge of providing a varied diet.

Producer: Chris Ledgard

SUN 12:57 Weather (m000203t)

The latest weather forecast.

SUN 13:00 The World This Weekend (m000203w)

Global news and analysis; presented by Mark Mardell

SUN 13:30 Amo Amas Amusical (m0001tb2)

Accompanied by a Women's Duet and a Chorus of Trolls, Mary Beard uncovers the deliberately concealed story of two Victorian sisters who wrote an iconic Latin text-book, setting it against the ugly 19th and early 20th century opposition to women's Higher Education and the abuse of clever women today

Strikingly original high-fibre fun, with Victorian verses - Latin and English - set to specially commissioned music by composer Emily Levy, and performed in the Radio Theatre

Kennedy's Revised Latin Primer was the iconic text-book when learning Latin was essential to becoming a gentleman. Its author was always assumed to be Cambridge professor, Benjamin Hall Kennedy

Mary Beard uncovers the truth: that Kennedy's unmarried daughters, Marion and Julia, largely wrote it. She draws on archives confirming their role in writing the "memory verses" used for learning grammar and often sung to hymn-tunes. These are sung by a Women's Duet

Against their story, Mary sets the long history of the opposition to women acquiring degrees - riots and banners but also toxic "light verse" published in student magazines. These are sung by a Chorus of Trolls

Did this intimidating atmosphere cause Marion and Julia to work anonymously? Mary draws parallels with contemporary trolling of clever women. Its language is unbroadcastable, so Mary has had it translated into Latin, which the Trolls sing

In a harmonious finale, the men and women sing about Latin nouns common both to male and female - hoping for a time when the "gender wars" are no more

Featuring Professor Chris Stray, Jane Robinson, Damaris Kennedy Hayman, pianist Jeremy Limb and singers Clemmie Franks, Gwendolen Martin, Daniel Thomson, Michael Solomon Williams and Richard Moore

Producer Beaty Rubens

SUN 14:00 Gardeners' Question Time (m0001y9k)

Wells, Somerset

Peter Gibbs hosts the horticultural panel programme from the Bishop's Palace in Wells. Bob Flowerdew, Anne Swithinbank and Matt Biggs answer the questions.

This week, the panellists offer their top three pieces of advice for a novice gardener, advise on how best to level out an uneven lawn, and compare notes on their favourite winter shrubs.

Also, they help a questioner battling with greedy house sparrows, try to coax an old Begonia into flowering, and offer tips on how to make heavy clay soil more manageable to garden on.

Claire Ratino takes a different view of weeds. Should we just learn to love them?

Produced by Hannah Newton
Assistant Producer: Laurence Bassett

A Somethin' Else production for BBC Radio 4

SUN 14:45 The Listening Project (b0b7d6bf)

Omnibus - Doctors and Nurses

Fi Glover introduces conversations between nurses and consultants in the Omnibus edition of the series that proves it's surprising what you hear when you listen.

The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation with someone close to them about a subject they've never discussed intimately before. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation - they're not BBC interviews, and that's an important difference - lasts up to an hour, and is then edited to extract the key moment of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in the second decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject

Producer: Marya Burgess.

SUN 15:00 Riot Girls (m000203y)

Riot Days (Part 2)

Maria Alyokhina's account of her activism, trial and imprisonment, as part of Russian feminist punk protest group Pussy Riot. Dramatised by E V Crowe and starring Katie West, Kerry Gooderson and Kathryn Drysdale.

Part of BBC Radio 4's Riot Girls - provocative writing by women

Directed by Emma Harding

Maria.....Katie West
Nadya.....Kerry Gooderson
Katya.....Kathryn Drysdale
Beautician.....Saffron Coomber
Lena.....Alexandra Meyrick
Olga.....Roslyn Hill
Prosecutor.....Tony Turner
Defence Attorney Violetta.....Clare Corbett
Guard.....Carolyn Pickles
Oksana.....Lucy Doyle
Major.....Michael Bertenshaw
Judge.....Ronny Jhutti
Guard 2.....Jeanette Percival
Prisoner.....Alexandra Constantinidi

Guitarist....Lewis Turner

Additional material from Pussy Riot, A Punk Prayer for Freedom (Feminist Press) and Maria Alyokhina's closing courtroom statement translated by a collaborative team of translators, Marijeta Bozovic, Maksim Hanukai, and Sasha Senderovich, edited by Bela Shayeich, originally published on the website of n+1 magazine

SUN 16:00 Open Book (m0002040)

Oyinkan Braithwaite, Books as clutter, Kafka's legacy, True crime in fiction

Oyinkan Braithwaite discusses her debut novel My Sister the Serial Killer. The darkly comic story revolves around two Lagos sisters whose relationship is put to the test when one of them starts displaying a pattern of violent behaviour.

Netflix's Tidying Up with Marie Kondo has caused a stir for suggesting that we should only hang on to books that 'spark joy'. As the January urge to de-clutter takes hold, writer Sophie Heawood explains how we can reduce our libraries without feeling bereft.

The question of who has the right to claim Franz Kafka's literary legacy has been the subject of a fierce and lengthy legal battle which in turn is now the subject of a book, Kafka's Last Trial by Benjamin Balint combines biography with an account of the legal struggles, and he joins Mariella to elaborate.

As our collective interest in true crime documentaries like Serial and Making a Murderer continues, writers Amy Lloyd and Matt Wesolowski, both of whom have included these kinds of documentaries in their novels, explain why they think we find the genre so gripping.

SUN 16:30 Conversations on a Bench (m0002042)

Shetland - Jen Hadfield

Anna Scott-Brown hears more stories from the people who stop to sit beside her on benches around the country.

In this edition, Anna sits on a bench in Hamnoevoe on the Island of Burra in Shetland. Throughout the programme, a specially commissioned work by the poet Jen Hadfield draws on the voices of those passing by - and sometimes pausing on - the bench opposite a small west-facing harbour.

The poem speaks in the voices of the landscape and the words of the contributors, reflecting on geology, time and the Island community.

The edges between the land and the sea and the sea and the sky becomes a theme, as does how living on an island changes your perspective on community, the sea and your place in the world.

We hear snatches of dialect and how it was once considered rude, and even unlucky, to speak dialect in a public space, as well as folklore and stories.

The rich variety of voices melds those born and living on Shetland with people who have arrived for many different reasons - including one Polish lady exiled in 1981 when martial rule was imposed in Poland. She finds a similarity between being cut off from her homeland and living on a small island in bad weather.

Hidden lives are revealed and common threads recur as Anna's gentle but insistent questions elicit poignant and profound responses from those sitting on the bench.

Presented by Anna Scott-Brown

Produced by Adam Fowler and Anna Scott-Brown
An Overtone production for BBC Radio 4

SUN 17:00 The Trumped Republicans (m0001xtm)

Republican insider Ron Christie discovers how Donald Trump's presidency is changing his party. Trump arrived in the White House offering a populist revolt in America, promising to drain what he calls "the swamp that is Washington D.C.". So what does his own Republican Party - traditionally a bastion of the nation's establishment - really make of him? Where is he taking them and what will he leave behind? Christie, a long-time Republican who has served in the West Wing under George W Bush, takes us on a journey behind the scenes to meet Trump's inner circle - including figures like Mercedes Schlapp, White House director of strategic communications, and to influential conservative broadcaster Sean Hannity. He talks to the supporters and the sceptics alike who watch in amazement as one of the most controversial presidents of all time takes his country and his party by storm.

Producer: Kirsty Mackenzie

SUN 17:40 Profile (m0001zww)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m0002044)

The latest shipping forecast.

SUN 17:57 Weather (m0002046)

The latest weather forecast.

SUN 18:00 Six O'Clock News (m0002048)

The latest national and international news from BBC Radio 4.

SUN 18:15 Pick of the Week (m000204b)

Kate Fox

The best of BBC Radio this week

SUN 19:00 The Archers (m000204d)

Brian waves the white flag and Adam takes a risk.

SUN 19:15 The Rivals (b082fgt8)

Series 4

The Secret of Dunstan's Tower

By Ernest Bramah.

Dramatised By Chris Harrald.

Inspector Lestrade was made to look a fool in the Sherlock Holmes stories. Now he gets his own back, with tales of Holmes' rivals. Lestrade enlists the help of the brilliant blind detective Max Carrados when he is asked to help a woman who believes that an old prophecy is foretelling her death. In 1662 a fierce quarrel led to the fatal wounding of Sir Philip Belmont by Henry Ainsworth who owned Dunstan's Tower. Before Sir Philip died he prophesied that when blood appeared on the steps of the grand staircase of Dunstan's Tower, then one of the Ainsworth family had a week to live. Blood has now appeared on the steps and the present Lady Ainsworth is awaiting her death.

Lestrade James Fleet
Max Carrados Pip Torrens
Tom Ainsworth Tom Forrister
Edith Ainsworth Kirsty Oswald
Lady Una Ainsworth Joanna Munroe
Parkinson James Lailey
Swarbrick Sean Baker

Producer: Liz Webb.

SUN 19:45 Blackwater (m000204g)

Episode 2

A multi-voiced dark story about secrets and lies in a small town

Golden girl Zoe's been dead for ten years, her body dragged from the river Black after a night out to celebrate the end of school. But now a woman who says she's Zoe has turned up in her hometown of Blackwater, on the Irish border, with no memory of the last decade. She claims she woke up in a forest nearby, bruised and bleeding, and doesn't know where she's been all this time. What happened to her? Is she really Zoe? If so, who's in her grave?

Paul, a local boy whose band were playing in the venue where Zoe was last seen, went to prison for her murder. Now he's out, but he's lost everything and is shunned in the town. The people of Blackwater were easily convinced that a black boy murdered Zoe, and the evidence did stack up – but if she's not even dead, then how did he get convicted? Did someone deliberately frame him? He's determined to find out the truth and clear his name. But does he really know nothing about what happened?

Could it be that everyone involved with the case is hiding something? There's Zoe's uncle Phil, a former detective superintendent with an explosive secret. There's Steve, the police officer who found 'Zoe's' body in the river Black, and sent Paul to prison for her murder. And there's Zoe's friend Danny, who wasn't were she said she was on that night ten years ago. When Paul and Zoe collide, they realise they're the only ones who can help each other. As they sift through their conflicting memories of that day ten years ago, they start to discover not everyone is happy Zoe's back from the dead.

Aston Kelly Paul
Sean Kearns Phil

Claire McGowan Writer
Celia De Wolff Producer

SUN 20:00 More or Less (m0001y9p)

Sugar, Outdoors Play and Planets

It was reported in the New Year that the government might have to bring in a sugar tax to control how much sugar we're eating. But how much sugar are we eating, and how does it really affect our health? Tim Harford talks to Chris Snowdon of the Institute of Economic Affairs and Louis Levy, head of nutrition science at Public Health England.

If you noticed that your train ticket got more expensive this

January and wondered where all that money goes, wonder no more. We find out if 98p of every £1 spent on fares is actually 'invested back into the railway' as the BBC reported. And head of the Royal Statistical Society, Professor Deborah Ashby reveals whether all this money means the train service is getting any better. Spoiler alert: it's definitely not.

Was your childhood filled with games of cops and robbers, stuck in the mud and 40:40 In? Do you remember long summer days filled with playing Pooh Sticks, building sandcastles or hunting invisible monsters? If so, then according to research commissioned by Persil, you should count yourself lucky; they claim that the majority of children in the UK now spend less time out of doors than prisoners. A shocking statistic if true, but is it?

Which planet is closest to Earth? A Sky at Night programme said it was Mars. But a listener isn't so sure. Tim Harford talks to David A. Rothery, professor of planetary geosciences at the Open University.

Producer: Ruth Alexander

SUN 20:30 Last Word (m0001y9m)

Nancy Roman, Ralph Koltai CBE, Julia Grant, Jin Yong, Norman Gimbel

Pictured: Nancy Roman

Matthew Bannister on

Nancy Roman, the American space agency NASA's first Chief Astronomer. She was known as the mother of the Hubble Telescope.

Ralph Koltai, the influential theatre set designer who worked on more than 250 productions.

Julia Grant, the transgender activist who allowed her transition from male to female to be filmed by the BBC.

Jin Yong, the Chinese writer whose martial arts adventures sold 100 million copies.

And Norman Gimbel, the prolific lyricist who wrote the words for "The Girl From Ipanema" and "Killing Me Softly With His Song".

Interviewed guest: Kimberly Kowal Arcand

Interviewed guest: Dr Stuart Clark

Interviewed guest: Michael Quinn

Interviewed guest: Professor Pamela Howard OBE

Interviewed guest: Gary Roberts

Interviewed guest: David Pearson

Interviewed guest: Anna Holmwood

Producer: Neil George

Archive clips from: Nancy Roman the Mother of Hubble, NASA 12/06/2017; Horizon: The Sharpest Show of the Universe, BBC Two 09/04/1990; Desert Island Discs, Radio 4 23/08/1998; Inside Story: George, BBC Two 25/06/1979; A Change of Sex: Julia Gets Her Man, BBC Two 10/08/1999; Books Abroad, Radio 3 31/08/1996; The Legend of the Condor Heroes episode 11, iQIYI Motion Pictures 2017.

SUN 21:00 Money Box (m0001zw3)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m0002035)

[Repeat of broadcast at 07:54 today]

SUN 21:30 In Business (m0001ydx)

Potholes - the road to the future

Potholes are a national obsession. But there's much more to them than you might think. Ruth Alexander digs deep into their costs for business and society - where fixing two holes in a motorway can cost half a million pounds. But she also finds all kinds of entrepreneurial imagination going into solving the problem. Everything from new data analysis to 3D printing drones may be the answer. Beneath it all lies a fundamental question. Can we learn to value roads, and maintain them as a vital national asset, smoothing the way to big business and social gains?

Producer: Chris Bowlby

Editor: Penny Murphy

SUN 22:00 Westminster Hour (m000204k)

Preview of the week's politics with politicians, pundits and experts.

SUN 23:00 The Film Programme (m0001ydlj)

Stan & Ollie

With Antonia Quirke

Writer Jeff Pope on what happened to Laurel and Hardy when they toured provincial theatres in the UK in the 1950s

Comedian Lucy Porter discusses the duo know as the female Stan & Ollie, Byron and Garvin.

Director Reinaldo Marcus Green reveals the reasons he felt compelled to make Monsters And Men, his drama about the killing of an unarmed African American man by a New York police officer.

SUN 23:30 Something Understood (m000202v)

[Repeat of broadcast at 06:05 today]

MONDAY 14 JANUARY 2019**MON 00:00 Midnight News (m000204m)**

The latest national and international news from BBC Radio 4. Followed by Weather.

MON 00:15 Thinking Allowed (m0001ygc)

Migrants - Refugees

Migrants and refugees: Laurie Taylor explores the historical and contemporary realities of the marooned, unhomed and displaced peoples of the world. Today's refugee 'crisis' has its origins in the political—and imaginative—history of the last century. Exiles from other places have often caused trouble for ideas about sovereignty, law and nationhood. Lyndsey Stonebridge, Professor of Humanities and Human Rights at the University of Birmingham, charts the changing meaning of exile. Also, how do the lives of migrants in London illuminate our complex, urban multicultural? Les Back, Professor of Sociology at Goldsmiths, University of London, and Shamsar Sinha, Senior Lecturer in Sociology and Youth Studies at the University of Suffolk, talk about a unique, collaborative study which involved 30 young migrants.

Producer: Jayne Egerton

MON 00:45 Bells on Sunday (m0001zxf)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m000204p)

The latest weather reports and forecasts for UK shipping

MON 01:00 Selection of BBC World Service Programmes (m000204r)

BBC Radio 4 joins the BBC World Service.

MON 05:20 Shipping Forecast (m000204i)

The latest shipping forecast

MON 05:30 News Briefing (m000204w)

National and international news from BBC Radio 4

MON 05:43 Prayer for the Day (m000204y)

A reading and a reflection to start the day with the Archdeacon of Bangor, Mary Stallard

MON 05:45 Farming Today (m0002050)

The latest news about food, farming and the countryside

MON 05:56 Weather (m0002052)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b040msp)

Black Swan

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Sir David Attenborough presents a widely regarded symbol of Australia, the black swan. These stately looking birds are native to the wetlands of south-western and eastern Australia. The New Zealand population was hunted to extinction but has now been reintroduced there. Their plumage is charcoal grey rather than black and beautifully ruffled along their lower back, hiding the white primary feathers which are fully revealed in flight. Their only colour is a raspberry- coloured bill. Black swans behave like nomads, tracking local rains and breeding when they can. In Britain as a collection bird, a few have even cross-

bred with mute swans to produce a greyish hybrid nick-named the 'Blue Swan'.

MON 06:00 Today (m00020j4)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m00020j6)

Violence and Conflict

The prize-winning writer John Lanchester considers the political endgame of a fractious world in his new novel, *The Wall*. He tells Amol Rajan why he has written a dystopian fable in which the young distrust the old, and the world appears broken.

But just how violent are we as a species? The primatologist Richard Wrangham believes there is a 'goodness paradox': at an individual level we have evolved to become a more peaceful animal, especially compared to our closest relatives, the chimpanzee; but our ability to organise and plan an attack has made us lethal.

The ancient Assyrians celebrated every detail of cruelty, massacre and torture, including skinning prisoners alive, as they built their empire and conquered their enemies. The academic Eleanor Robson looks back at the reign of the King Ashurbanipal from the 7th century BC, immortalised in an exhibition at the British Museum.

Shortly after the King's death the Empire fell. Dr Patricia Lewis is an expert on international security and studies the ebb and flow of wars across the world from chemical warfare to cyber-attacks. She looks ahead to the major conflicts to watch in the coming year.

The above image is from the British Museum's exhibition *I Am Ashurbanipal: King of the World, King of Assyria*

Producer: Katy Hickman

MON 09:45 Book of the Week (m00020s7)

Girl With Dove

Episode 1

Sally Bayley recalls how a strange home life made her bond with characters from books, abridged in five parts by Katrin Williams:

We are introduced to the household in a village in Sussex, mother, grandmother and some brothers. One day baby David goes missing and mummy retires to her bedroom for "two hundred sleeps". At this point the author turns to Miss Marple to make sense of things..

Reader Lydia Leonard

Producer Duncan Minshull

MON 10:00 Woman's Hour (m00020jb)

The programme that offers a female perspective on the world

MON 10:45 Riot Girls (m00020jd)

How To Be A Woman

Episode 1

As part of BBC Radio 4's Riot Girls season, Caitlin Moran narrates a new dramatisation of her bestselling comic memoir. Episode 1. Caitlin's 13th birthday doesn't start well.

Narrator Caitlin Moran

Caitlin Louise Brealey

Caz Jeanette Percival

Mum Clare Corbett

Yobs/Siblings Lewis Bray, Cameron Percival, Jeanette

Percival, Lucy Doyle

Director Mary Peate

Dramatists Claudine Toutoungi and Caitlin Moran

A new dramatisation of Caitlin Moran's bestseller (over a million copies sold worldwide) in 5 episodes.

MON 11:00 The Untold (m00020jh)

Sikh-ing Mr Right

Min is determined to only marry a Sikh who wears a turban. But after a decade of looking her family and friends want her to widen her search by the time she turns 38. As the only daughter her mum and dad just want her to be happy but also married and settled with her own family and they don't mind who she marries. Min's mum thinks not only should her daughter

abandon her search for a turban wearing Sikh but she should widen her search further to include non-Sikh's.

With only three months to go before Min turns 38 the clock is ticking, will Min consider someone without a turban let alone out of faith?

The producer is Perminder Khatar.

MON 11:30 Drama (m00020jk)

For the Love of Leo

Part Three: The Bishop's Wife

By Michael Chaplin.

This wry, narrative comedy begins with the funeral of Tamsin, killed in a traffic accident, mother of Laura and beloved wife of Edinburgh artist Leo.

The funeral is barely over before Leo acquires a new status as an eligible bachelor. The women in his circle begin to seek his company and win his affection; while his mother, his grown up arctic weather analyst daughter and newly acquired, sparky, opinionated cleaning lady offer unasked for advice. His life becomes ever more complicated and demanding.

Each episode traces his growing relationship with a different woman, as the ghost of Tamsin, who knew all of these women well, turns up at bedtime to venture an opinion too. Leo becomes increasingly haunted by the mystery surrounding Tamsin's accident, which occurred many miles from her home. What was she doing there? Leo becomes convinced Tamsin was having an affair, but in the end the truth turns out to be very different. The series is wry, funny, sometimes sad - but always warm hearted and tender.

Cast:

Leo Fabiani ... Mark Bonnar

Tamsin Fabiani ... Beth Marshall

Rose Fabiani ... Sandra Voe

Sadie ... Tracy Wiles

Hilary ... Nicola Grier

Directed by Marilyn Imrie

A Catherine Bailey production for BBC Radio 4

MON 12:00 News Summary (m00020sb)

The latest national and international news from BBC Radio 4.

MON 12:04 Washington Black (m00020jp)

Episode One

Set in the 1830s, *Washington Black* is an epic, historical novel. It begins on a slave plantation in Barbados and, by the most unexpected and inventive means, transports its young protagonist, Wash, off the island and on a journey that takes him around the world - in pursuit of freedom and the man whose approval he so desperately seeks.

Esi Edugyan's novel explores the nature of evil, moral delusion, and the limits of responsibility. It's also a coming-of-age story where survival marks the transition from boy to man.

Underpinning the more sobering aspects of the novel is a glorious celebration of the creative spirit and the power of the imagination. Despite everything, Washington's ability to connect with and inspire others, and to draw strength from his own inner life, is an inspiration and a joy that speaks to the contemporary world.

Episode One:

It's 1830. *Washington Black* is a young field-slave working on the British-owned Faith plantation in Barbados. He is protected and helped by an older African woman, Big Kit. When a ruthless new master arrives at Faith, Wash's life changes forever.

The author Esi Edugyan has degrees from the University of Victoria and Johns Hopkins University. Her first novel, *The Second Life of Samuel Tyne*, was written when she was 25 and published in 2004. Her second, *Half Blood Blues*, won the Scotiabank Giller Prize and was shortlisted for the Man Booker Prize in 2011. *Washington Black* won the 2018 Scotiabank Giller Prize and was shortlisted for the Man Booker Prize. Esi lives in Victoria, British Columbia.

Writer: Esi Edugyan

Abridger: Jeremy Osborne

Reader: Alex Lanipekun

Producer: Rosalyn Ward

A Sweet Talk production for BBC Radio 4

MON 12:18 You and Yours (m00020j)

Crowdfunding funerals, Begging bans, The joy of missing out

The UK competition authority is worried about the soaring cost of funerals. You and Yours has been given exclusive figures from the leading fundraising platform, JustGiving, showing how some people are responding. They show that there has been a surge in the number of users trying to crowdfund funerals for loved ones.

A growing number of councils are banning begging. Research by the BBC has found a rise in the use of Public Space Protection Orders in England. We have reaction from the homeless and local authorities.

As the new year begins social media is full of self improvement advice, to make ourselves thinner and more successful. But could 'missing out' be the counterintuitive key to unlocking happiness? Professor Svend Brinkmann tells us why we need to stop chasing perfection.

Presenter: Winifred Robinson

Producer: Harry Kretchner

MON 12:57 Weather (m00020jv)

The latest weather forecast.

MON 13:00 World at One (m00020jx)

Analysis of news and current affairs, presented by Sarah Montague.

MON 13:45 The Battles That Won Our Freedoms (m00020jz)

6 The Abolition of Atlantic Chattel Slavery

In this episode, Phil Tinline asks Dr Christianna Fryar about the slave rebellion in Jamaica in 1831, led by the enslaved Baptist preacher Samuel Sharpe, and how it contributed to Britain's abolition of slavery. And Dr Fryar and Kimberly McIntosh of the Runnymede Trust reflect on the long-term legacy of slavery, and how free black people are in Britain today.

Producer: Phil Tinline

MON 14:00 The Archers (m000204d)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Riot Girls (m00020k1)

Into the Maze

Episode 1

As part of BBC Radio 4's Riot Girls season, a thriller by Ayesha Menon that plays out across three locations - London, Saudi Arabia and Mumbai - exploring the struggles faced by women across the globe when it comes to sexual assault, harassment and personal freedom.

Sisters Jamila and Saira grew up in a very traditional Muslim village in India, but are now forging independent lives of their own - Jamila in Mumbai, and Saira as a student in London. Saira also works at a hotel in London, but when she is raped by a rich and influential Saudi hotel guest, the lives of both sisters are thrown into turmoil.

Directed by Emma Harding

Jamila.....Maya Sondhi

Saira.....Aysa Kala

Najma.....Fatima Adoum

Majid.....Silas Carson

Zafar.....Amir El-Masry

Clare.....Clare Corbett

Colleague.....Christopher Harper

Sharon.....Jeanette Percival

Andy.....Lewis Bray

Ms Morgan.....Carolyn Pickles

John McKinley.....Tony Turner

DC Price.....Alexandra Constantinid

Officer Megan.....Lucy Doyle

Wheeler.....Sam Dale

Jamila's Boss.....Waleed Elgadi

Guide.....Ronny Jhutti

Research Consultant.....David Rhodes, Doughty Street Chambers

MON 15:00 Round Britain Quiz (m00020k4)

Programme 3, 2019

(3/12)

The pairs from the South of England and the Midlands make their first appearance of the 2019 season in today's contest. Tom Sutcliffe is on hand to ensure fair play and to provide useful hints and steers where needed, although he will be docking points every time he has to supply a clue.

As usual the programme includes a selection of the best recent question ideas received from listeners. Tom will also reveal the solution to the teaser puzzle he left listeners with at the end of the previous edition.

Producer: Paul Bajoria

MON 15:30 The Food Programme (m000203r)
[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Pink Rabbits and Other Animals (b0b5x1zl)
The writer and illustrator Judith Kerr has created some of our best-loved books for children since publishing her first, and perhaps most famous book, 'The Tiger Who Came to Tea', which celebrates its 50th birthday this year.

Judith's life has always inspired her writing, from fleeing Nazi Germany as a child, a story she told in 'When Hitler Stole Pink Rabbit', to the peculiar family cats whose adventures she chronicled in the Mog series. Now 94 years old, Judith is still hard at work, still writing and drawing in the study overlooking the common where she has written all her books and in this programme Judith invites us into her study as she works on her latest classic.

Producer & Presenter: Jessica Treen

MON 16:30 The Infinite Monkey Cage (m00020k7)
Series 19

The Future of Humanity

The Future of Humanity

Brian Cox and Robin Ince take on the entire future of our civilisation, as they are joined by Astronomer Royal and former head of the Royal Society Lord Rees, Baroness Cathy Ashton and comedian, actor and director Chris Addison. They'll be talking about the biggest challenges facing humanity at the moment, and whether science offers the solution to some of these great problems, from Climate Change to the rise of AI.

MON 17:00 PM (m00020k9)
PM at 5pm: interviews, context and analysis.

MON 18:00 Six O'Clock News (m00020kc)
The latest national and international news from BBC Radio 4.

MON 18:30 The Unbelievable Truth (m00020kf)
Series 21

Episode 4

David Mitchell hosts the panel game in which four comedians are encouraged to tell lies and compete against one another to see how many items of truth they're able to smuggle past their opponents.

Henning Wehn, Lou Sanders, Zoe Lyons and Lloyd Langford are the panellists obliged to talk with deliberate inaccuracy on subjects as varied as holidays, queens, teeth and ants.

Produced by Jon Naismith.
A Random Entertainment production for BBC Radio 4.

MON 19:00 The Archers (m00020kh)
Disaster strikes for Jennifer and Kirsty feels insecure.

MON 19:15 Front Row (m00020kk)
Live daily magazine programme on the worlds of arts, literature, film, media and music

MON 19:45 Riot Girls (m00020jd)
[Repeat of broadcast at 10:45 today]

MON 20:00 America's Friends (m00020km)
From a US president who is turning the world upside down – with a relish for dismantling global agreements – the message is clear: it's America first. But where does that leave old European allies? Few expect the transatlantic relationship to go back to where it was before Trump. Europe, says Angela Merkel, now has to shape its own destiny. James Naughtie explores the uncertain future for America's friends.

Producer: Kate Collins

MON 20:30 Crossing Continents (m0001yet)
Balkan Border Wars - Serbia and Kosovo

Old enemies Serbia and Kosovo discuss what for some is unthinkable - an ethnic land swap. This dramatic proposal is one of those being talked about as a means of normalising relations between these former foes. Since the bloody Kosovo war ended with NATO intervention in 1999, civility between Belgrade and Pristina has been in short supply. Redrawing borders along ethnic lines is anathema to many, but politicians in Serbia and Kosovo have their eyes on a bigger prize... For Serbia, that is membership of the European Union. But the EU will not accept Serbia until it makes an accommodation with its neighbour. Kosovo wants to join the EU too, but its immediate priority is recognition at the United Nations, and that is unlikely while Serbia's ally, Russia, continues to thwart Kosovo's ambitions there. Both of these Balkan nations want to exit this impasse. And a land-swap, giving each of them much-coveted territory, might just do it. For Crossing Continents, Linda Pressly and producer, Albana Kasapi, visit the two regions at the heart of the proposal - the ethnically Albanian-majority Presevo Valley in Serbia, and the mostly Serb region north of Mitrovica in Kosovo.

(PHOTO: Hevzi Imeri, an ethnic Albanian and Danilo Dabetic, a Serb, play together at the basketball club Play 017 in Bujanovac – one of very few mixed activities for young people in Serbia's Presevo Valley. BBC photo.)

MON 21:00 I Feel for You (m0001xsk)
Empaths and empathy

Empathy is the psycho-political buzzword of the day. President Obama said - frequently - that America's empathy deficit was more important than the Federal deficit. Bill Clinton said "I feel your pain", and Hillary urged us all "to see the world through our neighbour's eyes, to imagine what it is like to walk in their shoes". Many people have taken up the idea of empathy with gusto, and the United Nations has poured money into virtual reality films that led us allegedly experience the world of, for example, a Syrian refugee. As we seem to be driving ourselves ever deeper into silos of mutual incomprehension, the idea of taking another person's perspective seems an obviously useful one.

But what's the evidence that feeling someone else's pain, or even understanding it, actually does any good? Jolyon Jenkins speaks to one self-described intuitive empath, who says she can sense the feelings of strangers in a room or even in the street. She describes it as both a gift and a curse. For the rest of us, is there not a danger that, having felt a brief emotional engagement, we move on, our fundamental attitudes and beliefs unchanged?

Producer/presenter: Jolyon Jenkins

MON 21:30 Start the Week (m00020j6)
[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m00020kq)
In-depth reporting and analysis from a global perspective.

MON 22:45 Washington Black (m00020jp)
[Repeat of broadcast at 12:04 today]

MON 23:00 The Art of Now (b0bgw7lm)
Outsiders

"Art saved my life", says David Tovey.

He experienced homelessness, homophobia, and despair so deep that he killed himself – twice – before being resuscitated. His ongoing recovery is intertwined with his stunning visual and textile work, which has been showcased at Tate Liverpool, Tate Modern and Gloucester Cathedral.

But will David ever stop being an outsider artist? Does the ex-homeless label hinder him, or does it serve him?

Can anyone declare themselves an artist? David considers the so-called rules as he wonders how open the established art world is to outsiders. He leads an uncompromising – and at times uncomfortable – discussion about activism, criticism, exploitation, entitlement, preconception and power.

Contributors include:

Liv Wynter, artist, activist and writer
Matt Peacock, artistic director, Streetwise Opera
Tony Heaton, artist, sculptor and chair of Shape Arts
The White Pube (Gabrielle de la Puente and Zarina Muhammad), critics and curators
Sir Nicholas Serota, chair of Arts Council England

Producer: Steve Urquhart
A Boom Shakalaka production for BBC Radio 4

MON 23:30 Today in Parliament (m00020ks)
All the news from today's sitting at Westminster.

TUESDAY 15 JANUARY 2019

TUE 00:00 Midnight News (m00020kv)
The latest national and international news from BBC Radio 4. Followed by Weather.

TUE 00:30 Book of the Week (m00020s7)
[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m00020kx)
The latest weather reports and forecasts for UK shipping

TUE 01:00 Selection of BBC World Service Programmes (m00020kz)
BBC Radio 4 joins the BBC World Service.

TUE 05:20 Shipping Forecast (m0002011)
The latest shipping forecast

TUE 05:30 News Briefing (m0002013)
National and international news from BBC Radio 4

TUE 05:43 Prayer for the Day (m0002015)
A reading and a reflection to start the day with the Archdeacon of Bangor, Mary Stallard

TUE 05:45 Farming Today (m0002017)
The latest news about food, farming and the countryside

TUE 05:58 Tweet of the Day (b0410sc8)
Kakapo

Michael Palin presents the New Zealand Kakapo, high on the ferny slopes of its island fortress off the coast of New Zealand. Kakapos are flightless and the heaviest parrots in the world. They're also called owl-parrots from their nocturnal habits and open owl-like expressions. Like owls their plumage is richly mottled although no owl shares their beautiful moss-green tones.

Kakapos also have a curious mating strategy. The males gather at traditional "leks" or display areas to attract mates. At the top of a wooded ridge, the male digs one or more bowl-like depressions in the ground which function as an amplifier. He then takes a deep breath, swells his throat-pouch like a balloon then releases the air with a soft booming call which can carry up to five kilometres.

This sound can now only be heard on a handful of offshore islands. The kakapo story is tragically familiar. Flightless and ground-nesting, it was helpless in the face of settlers who logged its forests and introduced cats and rats which slaughtered the birds. Between 1987 and 1992 the last surviving kakapos were relocated to predator-free islands. Now following intensive care and a national conservation strategy, there are about 130 kakapos in the wild.

TUE 06:00 Today (m00020xr)
News and current affairs, including Yesterday in Parliament, Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Long View (m00020xw)
The Long View of would-be reforming leaders

A new figure on the world stage with enormous influence, is creating confusion. Heralded as a reformer he is also disloyal to extreme intolerance towards those who exhibit disloyalty or threaten to cross him. That was the story in the 11th century with Pope Gregory VII, and it's also the story now with the Saudi Prince Mohammed bin Salman. Pope Gregory appeared to be leading major reforms within the church including attitudes towards clerical celibacy. But while there may have been suggestions of a willingness to accept change and to be flexible in the face of changing pressures he was also capable of ruthless intolerance. He was accused of necromancy, torture of a former friend, assassination attempts and unjust excommunications. His conflict with King Henry IV, Holy Roman Emperor dominated the European stage in the 1070s and 1080s. Conrad Leyser, associate Professor at Worcester College, Oxford helps Jonathan tell the story of a man billed as a reformer but whose reputation underwent a dramatic change during his time as head of the church in Rome.

TUE 09:30 One to One (b01n9z0n)

Kate Silverton on how our fear of failure impacts on the choices we make.

In this One to One we explore how our experience at school can leave kids afraid to take risks as they fear failure. Kate Silverton desperately wanted to be a journalist from the age of 12. In her teens she travelled extensively - hitch-hiking across Israel and visiting the Palestinian territories in an attempt to better understand the conflict there, she stayed in a Bedouin in the desert and at nineteen went to Zimbabwe for four months armed with just a dictaphone to capture the stories of the people she met along the way. Despite her natural curiosity about the world and her desire to report stories of people living in conflict she didn't follow her heart because she feared she might fail. As the first in her family to go to university much depended on her and her career choice and she opted to enter the City as a Corporate Financier - a demanding job but one that diverted from her doing the one thing she wanted to do - because she feared she might not be good enough. It took the death of her best friend to convince her to change her mind. In this second and final series on 'failure' businesswoman Kate Hardcastle examines how her experience at school impacted on her life choices. The producer is Perminder Khatkar.

TUE 09:45 Book of the Week (m0002100)

Girl With Dove

Episode 2

Sally Bayley recalls how a strange home life made her bond with characters from books:

The appearance one night of an aunt called Di who will come to live with in Sussex and is the aunt 'who spoke gobbledeyook'. Oh dear! Time therefore to dip into the pages of Jane Eyre.

Reader Lydia Leonard

Producer Duncan Minshull

TUE 10:00 Woman's Hour (m00020y0)

The programme that offers a female perspective on the world

TUE 10:45 Riot Girls (m00020y2)

How To Be A Woman

Episode 2

As part of BBC Radio 4's Riot Girls season, Caitlin Moran narrates a new dramatisation of her bestselling comic memoir. Episode 2. Caitlin is fifteen and a proud feminist.

Narrator Caitlin Moran

Caitlin Louise Brealey

Caz Jeanette Percival

Woman Lucy Doyle

Mum Clare Corbett

Siblings: Lewis Bray, Cameron Percival, Lucy Doyle

Director Mary Peate

Dramatists Claudine Toutoungi and Caitlin Moran

TUE 11:00 I Feel for You (m00020y4)

Narcs and narcissists

At a time when we're being told we need more empathy, some experts claim that narcissism - empathy's evil twin - is on the rise. Narcissism has vaulted off the psychotherapist's couch, sprinted away from the psychiatric ward, and is now squatting in the mainstream of popular conversation.

Social media seems obsessed with "narcs", and with detecting narcissism personality disorder in people. It may or may not be a coincidence that we ended up with an apparent world-class narcissist in the White House at just the time when we seemed to be undergoing a public crisis about narcissism and narcissists. Blogs and books about narcissists are everywhere.

Jolyon Jenkins talks to people who make a living from advising the public about narcissists, and a self-confessed celebrity narcissist who offers consultations to people who think they may be living with one of "his kind". The evidence that there really is more narcissism around seems thin, but that doesn't mean to say that we shouldn't take it seriously when it flips into a personality disorder.

Producer/presenter: Jolyon Jenkins

TUE 11:30 Behind the Scenes (m00020y6)

Alison Balsom

Alison Balsom's career would be astonishing even if she had

simply been content to reign as one of the world's best classical trumpeters. But the so-called Diva of the Trumpet has ambitions which go beyond performance on the concert platform. She is a passionate ambassador for the trumpet and for broadening its repertoire. And now, as the newly appointed artistic director of the Cheltenham Music Festival, she relishes the opportunity to open up the best classical music to new audiences in creative ways.

The programme has access to Alison, providing a glimpse at her life, as she takes the reins of the music festival, conducts masterclasses, rehearses with Guy Barker for a new concert at the Queen Elizabeth Hall on the Southbank, and works at home in her "room of inspiration".

Contributors include counter tenor Iestyn Davies, theatre director Dominic Dromgoole, and Huw Humphreys who is in charge of music at the Barbican.

A Just Radio production for BBC Radio 4

TUE 12:00 News Summary (m0002102)

The latest national and international news from BBC Radio 4.

TUE 12:04 Washington Black (m00020yb)

Episode Two

Set in the 1830's, Washington Black is an epic, historical novel. It begins on a slave plantation in Barbados and, by the most unexpected and inventive means, transports its young protagonist, Wash, off the island and on a journey that takes him around the world - in pursuit of freedom and the man whose approval he so desperately seeks.

Esi Edugyan's novel explores the nature of evil, moral delusion, and the limits of responsibility. It's also a coming-of-age story where survival marks the transition from boy to man.

Underpinning the more sobering aspects of the novel is a glorious celebration of the creative spirit and the power of the imagination. Despite everything, Washington's ability to connect with and inspire others, and to draw strength from his own inner life, is an inspiration and a joy that speaks to the contemporary world.

Episode Two:

Washington and Big Kit experience the master's cruelty first-hand. His brother, Christopher Wilde, is uncomfortable with their treatment. Christopher, known as 'Titch', has an unexpected request for Washington, which will change the course of his life.

The author Esi Edugyan has degrees from the University of Victoria and Johns Hopkins University. Her first novel, The Second Life of Samuel Tyne, was written when she was 25 and published in 2004. Her second, Half Blood Blues, won the Scotiabank Giller Prize and was shortlisted for the Man Booker Prize in 2011. Washington Black won the 2018 Scotiabank Giller Prize and was shortlisted for the Man Booker Prize. Esi lives in Victoria, British Columbia.

Writer: Esi Edugyan

Abridger: Jeremy Osborne

Reader: Alex Lanipekun

Producer: Rosalind Ward

A Sweet Talk production for BBC Radio 4

TUE 12:18 You and Yours (m00020yd)

Radio 4's consumer affairs programme.

TUE 12:57 Weather (m00020yg)

The latest weather forecast.

TUE 13:00 World at One (m00020yj)

Analysis of news and current affairs, presented by Sarah Montague.

TUE 13:45 The Battles That Won Our Freedoms (m00020yl)

7 Catholic Emancipation

In this episode, Phil Tinline asks Professor Marianne Elliott to tell the story of Daniel O'Connell's long struggle in the early 19th century to free Catholics from old laws which stopped them becoming going to university or participating fully in British public life, culminating in the Roman Catholic Relief Act 1829. Siobhain McDonagh MP reflects on what O'Connell's battle means to her, and explains why she campaigned to lift a restriction left over from the 1820s that remained in law throughout the 19th and 20th centuries.

Producer: Phil Tinline

TUE 14:00 The Archers (m00020kh)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Riot Girls (m00020yn)

Into the Maze

Episode 2

As part of BBC Radio 4's Riot Girls season, a thriller by Ayesha Menon that plays out across three locations - London, Saudi Arabia and Mumbai - exploring the struggles faced by women across the globe when it comes to sexual assault, harassment and independence.

Jamila is determined to use her vlog to bring her sister's rapist to justice. But someone wants to silence her.

Directed by Emma Harding

Jamila.....Maya Sondhi

Saira.....Aysa Kala

Najma.....Fatima Adoum

Majid.....Silas Carson

Zafar.....Amir El-Masry

Purab.....Ronny Jhutti

Clare.....Clare Corbett

Sharon.....Jeanette Percival

Andy.....Lewis Bray

Ms Morgan.....Carolyn Pickles

DC Price.....Alexandra Constantinidi

Judge.....Sam Dale

Fisher.....Waleed Elgadi

Research Consultant.....David Rhodes, Doughty Street Chambers

TUE 15:00 The Kitchen Cabinet (m0001zvv)

[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 Making History (m00020yq)

Popular history series where the past connects with the present.

TUE 16:00 Word of Mouth (m00020ys)

How to talk funny with Elis James

Michael Rosen talks to comedian Elis James about how to make language funny. In Elis' case, this is both the English language and the Welsh language, but which is funnier? Produced by Sally Heaven

TUE 16:30 Great Lives (m00020yy)

Series 47

Colin Chapman, creator of Lotus Cars, nominated by Rohan Silva

The arrival of Lotus shook up motor sport in 1960s and 70s. In Formula One, Colin Chapman made his cars lighter and quicker than anyone else, often challenging the rules. But not everything he designed was safe. On the roads, Lotus sports cars are an icon of the era. To discuss this colourful and controversial life, Matthew Parris is joined by the entrepreneur Rohan Silva and the motor racing journalist, Maurice Hamilton. Producer: Chris Ledgard

TUE 17:00 PM (m00020yx)

PM at 5pm: interviews, context and analysis.

TUE 18:00 Six O'Clock News (m00020yz)

The latest national and international news from BBC Radio 4.

TUE 18:30 Love in Recovery (m00020z1)

Series 3

Cupboard

Third series of the award-nominated comedy drama set in Alcoholics Anonymous. Written by Pete Jackson and inspired by his own road to recovery. Stars Rebecca Front, John Hannah, Sue Johnston, Paul Kaye and Johnny Vegas.

Love in Recovery follows the lives of five very different recovering alcoholics. Johnny Vegas is Andy, the sweet but simple self-appointed group leader. Sue Johnston plays straight talking Julie, who's been known to have the odd relapse here and there - and everywhere. Rebecca Front is the snobby and spiky Fiona, an ex-banker who had it all and then lost the lot. John Hannah is Simon, a snide journalist who's not an alcoholic - he got caught drink driving, his boss made him attend the meeting, but he fell in love with Fiona and stayed. And, despite her best efforts, she fell in love with him too. Paul Kaye is

Danno, a down and out two-bit chancer with a shady past but a lot of heart, who's desperate to turn his life around.

As we follow their weekly meetings, we hear them moan, argue, laugh, fall apart, fall in love and, most importantly, tell their stories.

In episode three, Andy is convinced that everyone's forgotten his birthday - just like every other year. What he doesn't know is that Simon and Danno are hiding in the cupboard with a cake. But finding an appropriate time to burst out cheering proves difficult when Julie comes in with a dark secret she wants to reveal.

Writer Pete Jackson is a recovering alcoholic and has spent time in Alcoholics Anonymous. It was there he found, as most people do, support from the unlikely group of disparate souls, all banded together due to one common bond. As well as offering the support he needed throughout a difficult time, AA also offered a weekly, sometimes daily, dose of hilarity, upset, heartbreak and friendship.

Love in Recovery doesn't seek to represent an AA meeting exactly as it might happen in real life, but to capture the funny stories, the sad stories, the stories of small victories and of huge milestones, stories of loss, stories of hope, and most importantly, the many highs and lows in the journey of recovery.

Cast:

Fiona..... Rebecca Front
Simon..... John Hannah
Julie..... Sue Johnston
Danno..... Paul Kaye
Andy..... Johnny Vegas
Penny..... Zoe Buckney
Fran..... Susan Worsfield

Written and created by Pete Jackson
Producer/Director: Ben Worsfield

A King Bert production for BBC Radio 4

TUE 19:00 The Archers (m00020z3)

Susan turns detective and it's a big day for Emma

TUE 19:15 Front Row (m00020z5)

Live daily magazine programme on the worlds of arts, literature, film, media and music

TUE 19:45 Riot Girls (m00020y2)

[Repeat of broadcast at 10:45 today]

TUE 20:00 File on 4 (m00020z7)

The Orphanage Business

Uganda is a country that has seen massive growth in the number of 'orphanages' providing homes to children, despite the numbers of orphans there decreasing. It's believed 80% of children now living in orphanages have at least one living parent.

The majority of the hundreds of orphanages operating in Uganda are illegal, unregistered and now are in a fight with a government trying to shut them down. Dozens on the government's list for closure are funded by charities and church groups based in the UK.

With widespread concerns about abuse, trafficking and exploitation of children growing up in orphanages are funders in the UK doing enough to make sure their donations aren't doing more harm than good?

Reporter: Anna Cavell
Producer: Kate West
Editor: Gail Champion

TUE 20:40 In Touch (m00020z9)

News, views and information for people who are blind or partially sighted.

TUE 21:00 Inside Health (m00020zc)

Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.

TUE 21:30 The Long View (m00020xw)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m00020zf)

In-depth reporting and analysis from a global perspective.

TUE 22:45 Washington Black (m00020yb)

[Repeat of broadcast at 12:04 today]

TUE 23:00 The Infinite Monkey Cage (m00020k7)

[Repeat of broadcast at 16:30 on Monday]

TUE 23:30 Today in Parliament (m00020zh)

All the news from today's sitting at Westminster.

WEDNESDAY 16 JANUARY 2019

WED 00:00 Midnight News (m00020zk)

The latest national and international news from BBC Radio 4. Followed by Weather.

WED 00:30 Book of the Week (m0002100)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m00020zm)

The latest weather reports and forecasts for UK shipping

WED 01:00 Selection of BBC World Service Programmes (m00020zp)

BBC Radio 4 joins the BBC World Service.

WED 05:20 Shipping Forecast (m00020zr)

The latest shipping forecast

WED 05:30 News Briefing (m00020zt)

National and international news from BBC Radio 4

WED 05:43 Prayer for the Day (m00020zw)

A reading and a reflection to start the day with the Archdeacon of Bangor, Mary Stallard

WED 05:45 Farming Today (m00020zy)

The latest news about food, farming and the countryside

WED 05:58 Tweet of the Day (b08v8p5l)

Gregory Ovenden on the Canada Goose

Wildlife sound operator and recordist Gregory Ovenden tries to think creatively about the sounds he records for Tweet of the Day. He tells the story of when he went to record birds walking on a frozen lake and came across a novel solution to record a Canada goose unable to grip the ice.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer Tom Bonnett.

WED 06:00 Today (m000217x)

News and current affairs, including Yesterday in Parliament, Sports Desk, Weather and Thought for the Day.

WED 09:00 Soul Music (m0002181)

Series 27

Smile

The music was written by Charlie Chaplin in 1935 for the film 'Modern Times', but the lyrics were only added thirty years later. Chris Philips tells the story of how his grandfather was inspired to write the words when he left his father at boarding school: Gemma Lowery talks about how her son Bradley loved the song; writer Bryony Rheim describes why she associates the song with her grandmother; Marine Lucas remembers flying to Michael Jackson's memorial on hearing the news of his death and author Bob Williams remembers after his father died, his mother sitting on the floor listening to the Nat King Cole version and crying when he came home from school.

WED 09:30 Hacking Happiness (b0b9yjjp)

Fight Club of the Soul

Are we pursuing happiness, or is the happiness industry pursuing us? And if our model of hedonism isn't working, how

do we hack our happiness back? Leo Johnson goes on a year-long journey to pick up life lessons of happiness from modern day practitioners of radically different philosophies.

It's a journey that takes us from Yorkshire's anti-fracking grannies to the slow footballing Vietnamese monks of Plum Village, from the Chief Happiness Officers Convention in Paris to multi-orgasmic Swedish academics, and from World Champion Muay Thai women kick-boxers to Elvis-loving dementia sufferers.

What emerges is a set of starkly competing visions of the good life – ancient philosophies still duking it out to get punched in as the destination in our psychic Sat Navs.

What we meet is a set of individuals who have questioned the default comforts of the IKEA catalogue, defined the shape of the self, and chosen lives that give us a glimpse of how each of us can reclaim peace, reclaim purpose, reclaim pain, and reclaim pleasure - the real pleasure that hedonism promised

Episode 2 : Fight Club of the Soul

Is what matters denting the universe and unleashing the biggest you?

In Fight Club of the Soul we meet authors and academics, Carl Cedarstrom and Andre Spicer and Muay Thai Women's World Champion Ruqsana Begum in a gym in East London.

A Reel Soul Movies production for BBC Radio 4

Photo caption: Ruqsana Begum.

WED 09:45 Book of the Week (m00021fj)

Girl With Dove

Episode 3

Sally Bayley recalls how a strange home life made her bond with characters from books:

One day, the man called Laurie returned, to take Mum and the family out to dinner. Laurie once did something that was similar to a scene in JANE EYRE. And this is all rather worrying..

Reader Lydia Leonard

Producer Duncan Minshall

WED 10:00 Woman's Hour (m0002185)

The programme that offers a female perspective on the world

WED 10:41 Riot Girls (m0002189)

How To Be A Woman

Episode 3

As part of BBC Radio 4's Riot Girls season, Caitlin Moran narrates a new dramatisation of her bestselling comic memoir. Episode 3. Caitlin is now 16 and working at Melody Maker.

Narrator Caitlin Moran
Caitlin Louise Brealey
Caz Jeanette Percival
Courtney Cameron Percival
Man 1 Ronny Jhutti
Jonesy/Man 3 Chris Harper
Pricey Michael Bertenshaw
Man 2 Lewis Bray
Woman 2 Clare Corbett
Policeman Don Gilet
Director Mary Peate
Dramatists Claudine Toutoungi and Caitlin Moran

WED 10:55 The Listening Project (b09sr08l)

Ben and Veronica - Always There

Losing his mother has created a strong bond between Ben and his grandmother. Fi Glover presents another conversation in the series that proves it's surprising what you hear when you listen.

Producer: Marya Burgess.

WED 11:00 America's Friends (m00020km)

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 Cracking Up (m000218f)

Series 2

Risky Business

A radio report about frozen toilet-waste detaching from aeroplanes and falling with fatal consequences prompts

divorcee and psychotherapist Spencer Pandy to issue ex-wife Tina with a series of directives aimed at ensuring the safety of their children. An altercation between Spencer and a Special Needs Transport driver prompts him into the character of his alter-ego the Health and Safety Guardian he christens 'The Pandymen'. Meanwhile 11-year-old daughter Tilly has heard (but not understood) the word 'brothel' and proceeds to proclaim it at every opportunity. Tina visits an IVF clinic to explore the possibility of her and boyfriend Owen becoming parents but 'around late 2011 there was an anomaly with the facility, a malfunction that meant something frozen didn't stay frozen and something tiny disappeared. Hope.' Spencer becomes embroiled in a lengthy misunderstanding with a pilot regarding how frequently the man goes to the toilet on a long flight and then demonstrates the difficulty involved in bringing any period of therapy to a close. Dylan cycles round to visit Spencer who's delighted to see the sturdy motorcycle crash helmet intended to protect him from '25 kilos of frozen wee wee' only to explode with rage when he realises the helmet belongs to Owen.

WED 12:00 News Summary (m00021fi)

The latest national and international news from BBC Radio 4.

WED 12:04 Washington Black (m000218p)

Episode Three

Set in the 1830's, Washington Black is an epic, historical novel. It begins on a slave plantation in Barbados and, by the most unexpected and inventive means, transports its young protagonist, Wash, off the island and on a journey that takes him around the world - in pursuit of freedom and the man whose approval he so desperately seeks.

Esi Edugyan's novel explores the nature of evil, moral delusion, and the limits of responsibility. It's also a coming-of-age story where survival marks the transition from boy to man.

Underpinning the more sobering aspects of the novel is a glorious celebration of the creative spirit and the power of the imagination. Despite everything, Washington's ability to connect with and inspire others, and to draw strength from his own inner life, is an inspiration and a joy that speaks to the contemporary world.

Episode Three:

Titch makes preparations for the launch of his cloud-cutter - a prototype hot-air balloon. Washington has discovered that he has a rare artistic talent but, when Titch's cousin Philip arrives at the plantation, it has serious repercussions.

The author Esi Edugyan has degrees from the University of Victoria and Johns Hopkins University. Her first novel, *The Second Life of Samuel Tyne*, was written when she was 25 and published in 2004. Her second, *Half Blood Blues*, won the Scotiabank Giller Prize and was shortlisted for the Man Booker Prize in 2011. *Washington Black* won the 2018 Scotiabank Giller Prize and was shortlisted for the Man Booker Prize. Esi lives in Victoria, British Columbia.

Writer: Esi Edugyan

Abridger: Jeremy Osborne

Reader: Alex Lanipekun

Producer: Rosalynd Ward

A Sweet Talk production for BBC Radio 4

WED 12:18 You and Yours (m000218t)

Radio 4's consumer affairs programme.

WED 12:57 Weather (m000218y)

The latest weather forecast.

WED 13:00 World at One (m0002192)

Analysis of news and current affairs, presented by Sarah Montague.

WED 13:45 The Battles That Won Our Freedoms (m0002196)

8 The Married Women's Property Act

Dr Sharon Thompson tells the story of the struggle of Victorian women, led by a largely forgotten figure called Barbara Leigh Smith Bodichon, to win wives a crucial freedom: the right to own their property, keep their own earnings, and to be counted under the law as citizens in their own right.

Energy trader Julie Arnold finds out how the 1882 law that resulted from this struggle shaped the result of her 2017 divorce case.

And Dr Thompson also explores how the struggle for separate property rights helped to pave the way for women winning the

vote in the early 20th century.

Producer: Phil Tinline

WED 14:00 The Archers (m00020z3)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Riot Girls (m0002198)

Into the Maze

Episode 3

As part of BBC Radio 4's Riot Girls season, a thriller by Ayeesha Menon that plays out across three locations - London, Saudi Arabia and Mumbai - exploring the struggles faced by women across the globe when it comes to sexual assault, harassment and independence.

Clare confronts Najma about the true identity of Saira's rapist.

Directed by Emma Harding

Jamila.....Maya Sondhi

Saira.....Aysha Kala

Najma.....Fatima Adoum

Majid.....Silas Carson

Zafar.....Amir El-Masry

Purab.....Ronny Jhutti

Clare.....Clare Corbett

Sharon.....Jeanette Percival

Andy.....Lewis Bray

Wheeler.....Sam Dale

Fisher.....Waleed Elgadi

Barfly.....Christopher Harper

Other parts played by Lucy Doyle, Carolyn Pickles and Tony Turner

Research Consultant.....David Rhodes, Doughty Street Chambers

WED 15:00 Money Box (m000219b)

Money Box Live

Paul Lewis and a panel of guests answer calls on personal finance.

WED 15:30 Inside Health (m00020zc)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Thinking Allowed (m000219d)

Laurie Taylor explores the latest research into how society works.

WED 16:30 The Media Show (m000219g)

A topical programme about the fast-changing media world.

WED 17:00 PM (m000219j)

PM at 5pm: interviews, context and analysis.

WED 18:00 Six O'Clock News (m000219l)

The latest national and international news from BBC Radio 4.

WED 18:30 Angela Barnes: You Can't Take It With You (m000219n)

Series 2

Passions

Award-winning comedian and super-sharp everywoman Angela Barnes tackles life and love and, with the help of the audience, packs herself a fantasy coffin.

In part tribute to Angela's beloved late father - a larger than life gregarious character, he was a sex shop manager, naturalist, and a big fan of caravans and pranks - Angela celebrates his carpe diem approach to life, and his motto "You Can't Take It With You".

When her father died very suddenly in 2008, Angela and her family proved him wrong and stuffed his coffin with sentimental keepsakes for his final journey. Angela now does the very same thing, nominating objects that she would choose to send on with her as mementoes of her life, and asking the audience to share items they would take with them, all acting as prompts for contemplative, heart-warming and captivating comedy.

Angela Barnes is a vivacious, critically acclaimed stand-up comic from Maidstone, Kent. After a career in health and social care, at the age of 33, she decided to pursue a long-held

ambition and give comedy a go. Within a couple of years, Angela and her witty worldview had won the 2011 BBC New Comedy Award by a public vote, secured a weekly star slot in Channel 4's Stand Up For The Week and appeared on numerous radio and television shows including Loose Ends, The Now Show, The News Quiz (BBC Radio 4), Russell Howard's Good News (BBC 3), and Mock The Week and Live at the Apollo (BBC 2). She has been the host of BBC Radio 4 Extra's Newsjack for the last two series.

An Impatient production for BBC Radio 4

WED 19:00 The Archers (m000219q)

Rex is not impressed and Philip has a confession to make

WED 19:15 Front Row (m000219s)

Live daily magazine programme on the worlds of arts, literature, film, media and music

WED 19:45 Riot Girls (m0002189)

[Repeat of broadcast at 10:41 today]

WED 20:00 We Need to Talk About Death (m000219v)

Series 3

I Can't Afford to Die

The average cost of a funeral has doubled in the past twelve years. As people struggle to meet the soaring cost, Joan Bakewell explores how to achieve a decent send-off for a friend or relative, and even yourself, if you don't have the money.

Low-cost funerals are now in demand and, as Joan discovers, there are many ways of keeping the cost down. She and her panel discuss the different elements of a funeral to reveal where the money goes, and how you can make savings. Many people today are choosing to do away with the 'frills', such as the hearse, limousines and pall bearers, and focussing on the essentials - the coffin, cremation or burial, and the service.

While some can afford a low-cost funeral, an increasing number cannot. The state-funded public health funerals, or 'paupers funerals' as they were once called, are on the rise. But securing one from your local authority isn't always easy. Joan asks why these funerals can be so hard to access, when someone is in genuine need, and where to seek help.

Producer: Beth Eastwood

WED 20:45 The New Age of Capitalism (b0bjp0mn)

The Attention Economy

Feeling the need to check your smartphone, like or post on social media? Then you're part of the attention economy. David Grossman discovers why it's so hard to resist the billion-dollar industry of digital distraction.

David talks to Tim Wu, author of 'The Attention Merchants, The Epic Scramble to Get Inside Our Heads' and former Google executive James Williams, author of 'Stand Out of Our Light, Freedom and Persuasion in the Attention Economy'.

Producer: Diane Richardson

Editor: Hugh Levinson

WED 21:00 The Invention of Free Speech (b08zb4js)

Series 1

Religion

In the modern Western world, we take free speech for granted. We presume it is our age-old inheritance. But it's not. In this three-part series, historian Professor Fara Dabhoiwala explores how freedom of speech came into being, with extracts from key flashpoints in the past.

We hear pamphlets, trials and the testimony of people who were put to death in this country because of the views they expressed. Leading scholars discuss the past and the light it sheds on current struggles about religion, sex, and politics.

The series begins in the 17th century with the spotlight on religion.

We hear extracts from the ten-day debate in Parliament about the limits of free speech, sparked by the case of James Naylor, a Quaker who claimed to be a holy prophet. Naylor received a horrific punishment as a result - his tongue was bored through with a hot iron. We hear too the trial of the last man in Britain to be executed for blasphemy - the Edinburgh student Thomas Aikenhead who was hanged in Edinburgh in 1697 for claiming that the Bible was a fable and Christianity was in terminal decline.

The contributors in this first programme are Professor Justin Champion, Professor of History at Royal Holloway College; Dr Hannah Dawson, Lecturer in the History of Political Thought at King's College London; and Dr Maleiha Malik, Professor of Law at King's College London, who has written extensively about the role of religion in modern society. Does being a person of faith give her a different perspective on freedom of speech?

Fara Dabhoiwala is the author of *The Origins of Sex: A History of the First Sexual Revolution*. He is a Senior Research Scholar at Princeton University and a life fellow of All Souls and Exeter College, Oxford. His current projects include a history of free speech and a history of global English.

Presented by Fara Dabhoiwala
Dramatic readings by Emily Bevan, Ewan Bailey, Jonathan Keeble and Oliver Soden
Academic Research by Sally Holloway
Produced by Elizabeth Burke
Executive Producer: Jo Coombs

A Loftus production for BBC Radio 4.

WED 21:30 Soul Music (m0002181)
[Repeat of broadcast at 09:00 today]

WED 22:00 The World Tonight (m000219x)
In-depth reporting and analysis from a global perspective.

WED 22:45 Washington Black (m000218p)
[Repeat of broadcast at 12:04 today]

WED 23:00 Little Lifetimes by Jenny Eclair (m000219z)
Series 5

The Kitchen Table

by Jenny Eclair
Read by Monica Dolan
Produced by Sally Avens

Following her mother's death 'massive stroke halfway through Pointless' a woman reminisces about her family as she waits for her mother's house to be cleared. She and her sister may not always have got on but she's the only one she can share these memories with.

WED 23:15 Mae Martin's Guide to 21st Century Sexuality (b07x629l)
What Shall We Tell Our Kids?

Canadian stand-up Mae Martin presents her debut series for BBC Radio 4. Combining wickedly astute social observations with personal references to her own unique upbringing, Mae's taking a funny, personal look at how millennials are transforming the way that society thinks about sexuality and gender.

In this episode Mae considers how we should be teaching children about sex and relationships. Hint: possibly not the same way that her own mother Wendy did.

Written and performed by Mae Martin.
Script editor: Sarah Campbell
Producer: Alexandra Smith

A BBC Studios Production

WED 23:30 Today in Parliament (m00021b1)
All the news from today's sitting at Westminster.

THURSDAY 17 JANUARY 2019

THU 00:00 Midnight News (m00021b3)
The latest national and international news from BBC Radio 4. Followed by Weather.

THU 00:30 Book of the Week (m00021fj)
[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m00021b5)
The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m00021b7)
BBC Radio 4 joins the BBC World Service.

THU 05:20 Shipping Forecast (m00021b9)

The latest shipping forecast

THU 05:30 News Briefing (m00021bc)
National and international news from BBC Radio 4

THU 05:43 Prayer for the Day (m00021bf)
A reading and a reflection to start the day with the Archdeacon of Bangor, Mary Stallard

THU 05:45 Farming Today (m00021bh)
The latest news about food, farming and the countryside

THU 05:58 Tweet of the Day (b03k2gq8)
Teal

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Chris Packham presents the teal. Teal are our smallest duck and the drakes are striking birds, heads burnished with chestnut surrounding a green mask fringed with yellow. They whistle softly in a piping chorus which sounds, from a distance, like the chime of tiny bells. That sound of the male's call is probably the origin of the bird's name, teal.

THU 06:00 Today (m00021q5)
News and current affairs, including Yesterday in Parliament, Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m00021q7)
Samuel Beckett

Melvyn Bragg and guests discuss Samuel Beckett (1906 - 1989), who lived in Paris and wrote his plays and novels in French, not because his French was better than his English, but because it was worse. In works such as *Waiting for Godot*, *Endgame*, *Molloy* and *Malone Dies*, he wanted to show the limitations of language, what words could not do, together with the absurdity and humour of the human condition. In part he was reacting to the verbal omnipotence of James Joyce, with whom he'd worked in Paris, and in part to his experience in the French Resistance during World War 2, when he used code, writing not to reveal meaning but to conceal it.

With

Steven Connor
Professor of English at the University of Cambridge

Laura Salisbury
Professor of Modern Literature at the University of Exeter

And

Mark Nixon
Associate Professor in Modern Literature at the University of Reading and co-director of the Beckett International Foundation

Producer: Simon Tillotson

THU 09:45 Book of the Week (m00021q9)
Girl With Dove

Episode 4

Sally Bayley recalls how a strange home life made her bond with characters from books:

Auntie Di and her ways are hard to take, so the author visits the local doctor. All doctors have 'expert opinions', according to Agatha Christie. The doctor puts Sally in touch with Audrey, who will help to shape her future life..

Reader Lydia Leonard

Producer Duncan Minshull

THU 10:00 Woman's Hour (m00021qc)
The programme that offers a female perspective on the world

THU 10:45 Riot Girls (m00021qf)
How To Be A Woman

Episode 4

As part of BBC Radio 4's *Riot Girls* season, Caitlin Moran narrates a new dramatisation of her bestselling comic memoir. Episode 4. Caitlin is 18 and in love.

Narrator Caitlin Moran
Caitlin Louise Brealey
Caz Jeanette Percival
Rachel Saffron Coomber
Wogan Michael Bertenshaw
Comedian Chris Harper
Courtney Cameron Percival
Pete Don Gilet
Director Mary Teate
Dramatists Claudine Toutoungi and Caitlin Moran

THU 11:00 Crossing Continents (m00021qh)
Japan's Elderly Crime Wave

Elderly pensioners in Japan are committing petty crimes so that they can be sent to prison. One in five of all prisoners in Japan are now over 65. The number has quadrupled in the last two decades, a result it seems of rising elderly poverty and loneliness, as seniors become increasingly cut-off from their over-worked offspring. In jail old people at least get a bed, a routine and a hot meal, and for many, as Ed discovers, the outside world can seem like a threatening place. For the prison authorities it means an increasingly ageing population behind bars and the challenges of dealing with a range of geriatric health issues.

Produced and reported by Ed Butler.

THU 11:30 The Art of Now (b0bgpqqf)
Warsaw

Poland's artists, writers and musicians respond to growing ultra-nationalism.

In the run up to the 2015 presidential elections, Poland's populist Law and Justice party campaigned on a platform of national pride and traditional Catholic values. Since taking control of the government, the party remains popular with many Poles but has also faced accusations of posing a grave risk to democratic values. Recent changes to the country's justice system drew thousands of protestors into the streets and resulted in charges from the EU that the government is attempting to undermine the rule of law by stacking the courts with political loyalists.

Opposition parties and human rights activists have also accused Poland's ruling party of restricting free speech by pushing virtually all critical voices off the state news media and trying to exert political control over the country's arts and cultural institutions.

With regional elections due to take place this autumn and the country remaining deeply split politically, Anna McNamee travels to Warsaw and beyond to find out how Polish artists, writers and musicians have been affected by the rise of ultra-nationalism. Can art change Poland's political future?

A Whistledown production for BBC Radio 4

THU 12:00 News Summary (m00021qk)
The latest national and international news from BBC Radio 4.

THU 12:04 Washington Black (m00021qm)
Episode Four

Set in the 1830s, *Washington Black* is an epic, historical novel. It begins on a slave plantation in Barbados and, by the most unexpected and inventive means, transports its young protagonist, Wash, off the island and on a journey that takes him around the world - in pursuit of freedom and the man whose approval he so desperately seeks.

Esi Edugyan's novel explores the nature of evil, moral delusion, and the limits of responsibility. It's also a coming-of-age story where survival marks the transition from boy to man.

Underpinning the more sobering aspects of the novel is a glorious celebration of the creative spirit and the power of the imagination. Despite everything, Washington's ability to connect with and inspire others, and to draw strength from his own inner life, is an inspiration and a joy that speaks to the contemporary world.

Episode Four:
Philip has disturbing news for his cousins, Titch and Erasmus Wilde. Wash has been horribly disfigured by the accident with the cloud-cutter. Philip's depressive nature overcomes him - with disastrous consequences for Washington.

The author Esi Edugyan has degrees from the University of Victoria and Johns Hopkins University. Her first novel, *The Second Life of Samuel Tyne*, was written when she was 25 and published in 2004. Her second, *Half Blood Blues*, won the Scotiabank Giller Prize and was shortlisted for the Man Booker Prize in 2011. *Washington Black* won the 2018 Scotiabank

Giller Prize and was shortlisted for the Man Booker Prize. Esi lives in Victoria, British Columbia.

Writer: Esi Edugyan
Abridger: Jeremy Osborne
Reader: Alex Lanipekun
Producer: Rosalyn Ward

A Sweet Talk production for BBC Radio 4

THU 12:18 You and Yours (m00021qp)
Radio 4's consumer affairs programme.

THU 12:57 Weather (m00021qr)
The latest weather forecast.

THU 13:00 World at One (m00021qt)
Mon-Thurs: Analysis of news and current affairs, presented by Sarah Montague. Fri: Analysis of news and current affairs, presented by Mark Mardell.

THU 13:45 The Battles That Won Our Freedoms (m00021qw)
9 Gay Rights

In this episode, Phil Tinline asks Professor Frank Mort about the journalist Peter Wildeblood's prosecution for homosexual offences in 1954, Wildeblood's risky decision to be open about his homosexuality - and how this intersected with the work of the committee appointed by Churchill's last government to explore the possibility of changing the law. Stonewall founder Lisa Power recalls how it was only after male homosexual acts were partly decriminalised in 1967 that the movement for gay liberation took off. And how, after the failure to stop Section 28, the late 1980s saw the birth of a new approach - which began a mainstream political struggle to win the freedoms of today.

Producer: Phil Tinline

THU 14:00 The Archers (m000219q)
[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama (m00021qy)
Torch No 1

Monologue exploring the mind and motives of the young Czech student, Jan Palach, who set fire to himself in the centre of Prague 50 years ago.

Cast:
Jan Palach Karl Davies

Written by David Pownall

Directed by Martin Jenkins.
A Pier production for BBC Radio 4

THU 15:00 Open Country (m00021r0)
The Changing Thetford Forest

After the First World War the nation's timber stocks were at their lowest level with many trees being taken for the trenches and also used for coffins, 2019 marks the centenary of the Forestry Commission which helped create new woodlands to replenish stocks. Among them was Thetford Forest in Norfolk. Writer Ian Marchant explores how it was created and what it looks like now. Things don't stand still though and some of the original species are being replaced with others that can weather climate change. The people and animals aren't standing still either. Although they weren't originally encouraged to use the forest today visitors are crucial. Ian gets up early to join the cani-cross club - human runners who attach themselves to dogs to race as a team - and the alpaca walkers.

THU 15:27 Radio 4 Appeal (m0002035)
[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Open Book (m0002040)
[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Film Programme (m00021r2)
Saoirse Ronan and Josie Rourke

With Antonia Quirke.

Saoirse Ronan and director Josie Rourke discuss their drama Mary, Queen Of Scots, which depicts a historical event that never took place, the meeting between Queen Elizabeth I and

her Scottish counterpart.

THU 16:30 BBC Inside Science (m00021r4)
Adam Rutherford investigates the news in science and science in the news.

THU 17:00 PM (m00021r6)
PM at 5pm: interviews, context and analysis.

THU 18:00 Six O'Clock News (m00021r8)
The latest national and international news from BBC Radio 4.

THU 18:30 Mark Steel's in Town (m00021rb)
Series 9

Hastings

Mark Steel returns to Radio 4 with the ninth series of his award-winning show that travels around the country visiting towns that have nothing in common but their uniqueness. After thoroughly researching each town, Mark writes and performs a bespoke evening of comedy for the local residents.

In the first episode Mark visits Hastings.

Hastings is mainly known for its famous battle, but they don't like to go on about that. Apart from over seventy businesses with 1066 in the title, you hardly see it mentioned. A lot has happened there since 1066 though; they have an annual Pirates Day, for example, where everyone dresses as pirates and gets drunk. They have Jack in the Green day, where everyone paints themselves green and gets drunk. They also have a statue of a giant winkle, an alley under the prom with a spectacular light show and there are lots of lovely pubs too, where you can watch one of their thousands of bands... and get drunk. Oh, and there's a building supplier called William the Concreter.

Written and performed by Mark Steel
Additional material by Pete Sinclair
Production co-ordinator, Hayley Sterling / Beverly Tagg
Sound Manager, Jerry Peal
Producer, Carl Cooper

Picture Credit, Tom Stanier

THU 19:00 The Archers (m00021rg)
Shula offers support and Alice self promotes

THU 19:15 Front Row (m00021rj)
Live daily magazine programme on the worlds of arts, literature, film, media and music

THU 19:45 Riot Girls (m00021qf)
[Repeat of broadcast at 10:45 today]

THU 20:00 The Briefing Room (m00021rl)
Current affairs series combining original insights into major news stories with topical investigations.

THU 20:30 In Business (m00021rn)
Beyond the Barbed Wire - Cyber Security in the UK

Since Bletchley Park and the enigma machine, Britain has been at the forefront of what would become cyber security. In GCHQ we have a world leader in threat detection and yet our industry lags far behind both the US and Israel.

Jonty Bloom looks at what we could do to make this Brexit proof industry bigger and finds out why Belfast is at the forefront of the UK's research and development to keep us safe online.

He looks at Unit 8200 the Israeli Army's elite cyber security unit which has spun off several successful start up companies because of the unique training system they employ.

Jonty gets to see inside the National Cyber Security Centre which is part of GCHQ's new open policy as it invites investors to see the third round of it's start up incubator.

The 'Catalyst' campus in Belfast's newly redeveloped docks sits beside the shipyard that built the Titanic and is now securing silicon chips rather than building ships. It's buzzing as foreign investment has flowed into to take advantage of its burgeoning cyber security talent pool. A bet placed on the industry a decade ago by Queen's University has paid off with a pipeline of graduates with the specialist skills needed to protect us online.

Each and every heartbeat is unique to its owner and Jonty meets a company using this to secure our information as well as our

cars. Getting the chance to test drive their heart beat steering wheel with some disastrous consequences.

No trip to Belfast would be complete without a trip to the pub and here we meet some of the young talent that's drawing this attention. We hear how quickly the start-up culture has grown and how this tech cluster has reached a level that is reversing the once chronic brain drain from the region.

THU 21:00 BBC Inside Science (m00021r4)
[Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m00021q7)
[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m00021rr)
In-depth reporting and analysis from a global perspective.

THU 22:45 Washington Black (m00021qm)
[Repeat of broadcast at 12:04 today]

THU 23:00 Daphne Sounds Expensive (b07ks18z)
Series 1

Pirates

The gang set sail for New York but are waylaid by George's mathematical ineptitude.

Join critically-acclaimed sketch trio, Daphne, as they pull out all the stops in a dazzling array of peculiar characters, whacky scenarios, dodgy remarks, curious observations, minor altercations and major peacemaking - served on a bed of catchy little numbers with a live nine-piece band.

Written by and starring: Jason Forbes, Phil Wang & George Fouracres

Featuring Sir Willard White, Emma Sidi & David Elms

Original music composed by Jeff Carpenter

Musical Director: Freddie Tapner

Piano: Freddie Tapner
Drums: Ben Hartley
Bass: Rob Grist
Percussion: Ben Burton
Trumpet: Michael Maddocks
Tenor Sax: Greg Sterland
Trombone: Elliot Pooley
Violin: Hannah Bell
Cello: Nick Squires

The Production Coordinator was Hayley Sterling

It was produced by Matt Stronge

It was a BBC Studios production

THU 23:30 Today in Parliament (m00021rt)
All the news from today's sitting at Westminster.

FRIDAY 18 JANUARY 2019

FRI 00:00 Midnight News (m00021rw)
The latest national and international news from BBC Radio 4. Followed by Weather.

FRI 00:30 Book of the Week (m00021q9)
[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m00021ry)
The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m00021s0)
BBC Radio 4 joins the BBC World Service.

FRI 05:20 Shipping Forecast (m00021s2)
The latest shipping forecast

FRI 05:30 News Briefing (m00021s4)
National and international news from BBC Radio 4

FRI 05:43 Prayer for the Day (m00021s6)

A reading and a reflection to start the day with the Archdeacon of Bangor, Mary Stallard

FRI 05:45 Farming Today (m00021s8)

The latest news about food, farming and the countryside

FRI 05:58 Tweet of the Day (b08q5x7q)

Mat Waddington on the long tailed tit

Worcestershire lawyer Mat Waddington recounts an encounter with a long tailed tit tapping at his window, his girlfriend at the other end of the village was similarly visited by a long tailed window tapper. Was this the same bird flying between the two houses which Mat describes as being the lovebird of Hallow?

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer Maggie Ayre.

FRI 06:00 Today (m0002220)

Radio 4's flagship news and current affairs programme; including Thought for the Day

FRI 09:00 Desert Island Discs (m000203m)

[Repeat of broadcast at 11:15 on Sunday]

FRI 09:45 Book of the Week (m0002222)

Girl With Dove

Episode 5

Sally Bayley recalls how a strange home life made her bond with characters from books:

After a visit to the doctor and questions from Audrey, who means well, there is time to be spent at Colwood. Which requires all the consolatory powers that Jane Eyre can muster. But destiny does favour Sally..

Reader Lydia Leonard

Producer Duncan Minshull

FRI 10:00 Woman's Hour (m0002224)

The programme that offers a female perspective on the world

FRI 10:45 Riot Girls (m0002226)

How To Be A Woman

Episode 5

As part of BBC Radio 4's Riot Girls season, Caitlin Moran narrates a new dramatisation of her bestselling comic memoir. Episode 5. Caitlin's views on weddings, pregnancy and how to be a joyous woman.

Narrator Caitlin Moran

Caitlin Louise Brealey

Caz Jeanette Percival

Pete Don Gilet

Brides' Dad Michael Bertenshaw

Dad Tony Turner

Dave Ronny Jhutti

Midwife Saffron Coomber

Nosey Woman Clare Corbett

Nurse Lucy Doyle

Director Mary Peate

Dramatists Claudine Toutoungi and Caitlin Moran

FRI 11:00 Annalisa Is Awkward (m0002228)

What are we all so awkward about? Annalisa Dinnella explores this slippery emotion. Can she and a group of comedians outsmart awkwardness - and should they even be trying?

Annalisa has 5% vision and regularly navigates the fog of other people's awkwardness. Research from the disability charity Scope reveals that 67% of British people feel uncomfortable speaking to a disabled person. While Annalisa sees awkwardness as a daily - and sociologically fascinating - annoyance, she knows full well that the drip-drip effect of everyday awkwardness can be devastating.

Annalisa speaks to comedian and theatre-maker Jess Thom who

uses her Tourettes as inspiration for her performances.

Together, they discuss the best ways to dissect and diffuse the awkwardness people feel about disability. Annalisa also meets Cariad Lloyd whose podcast, Griefcast, drills into the silences surrounding death and grief. Psychiatrist Raj Persaud explores the potential dangers of not voicing our awkwardness and comedian Bethany Black explains why getting our language right can make all the difference.

Shouldering other people's awkwardness is a fine art and daily habit for many of us, but is it healthy? Is it sustainable? Annalisa discovers what might happen if, rather than trying to run from awkwardness, we decide instead to turn around and embrace it.

Written and presented by Annalisa Dinnella
Produced by Alexandra Quinn
Executive Producer: Jo Rowntree
A Loftus Media production for BBC Radio 4

FRI 11:30 Relativity (m000222b)

Series 2

Episode 3

Drawing on his own family, the second series of Richard Herring's comedy drama, Relativity, builds on the warm, lively characters and family dynamics of the first series. His affectionate observation of inter-generational misunderstanding, sibling sparring and the ties that bind will resonate with anyone who has ever argued with their dad about who the current Pope is.

Amid the comedy, Richard broaches some more serious highs and lows of family life.

Richard Herring is a comedian, writer, blogger and podcaster and the world's premier semi-professional self-playing snooker player.

Episode 3:

Ian and Chloe's wedding day is a typically chaotic, argumentative, loving affair. Ken eats the lip balm and Chloe's estranged parents test Ken and Margaret's patience.

Cast:

Margaret.....Alison Steadman

Ken.....Phil Davis

Jane/Lorelei.....Fenella Woolgar

Clive.....Tony Gardner

Ian.....Richard Herring

Chloe.....Emily Berrington

Pete.....Gordon Kennedy

Holly.....Tia Bannan

Mark.....Fred Haig

Nick.....Harrison Knights

Registrar.....Danny Kirrane

Written by Richard Herring
Sound Design by Eloise Whitmore

Produced by Polly Thomas
Executive Producers: Jon Thoday and Richard Allen Turner

An Avalon Television production for BBC Radio 4

FRI 12:00 News Summary (m000222d)

The latest national and international news from BBC Radio 4.

FRI 12:04 Washington Black (m000222g)

Episode Five

Set in the 1830's, Washington Black is an epic, historical novel. It begins on a slave plantation in Barbados and, by the most unexpected and inventive means, transports its young protagonist, Wash, off the island and on a journey that takes him around the world - in pursuit of freedom and the man whose approval he so desperately seeks.

Esi Edugyan's novel explores the nature of evil, moral delusion, and the limits of responsibility. It's also a coming-of-age story where survival marks the transition from boy to man.

Underpinning the more sobering aspects of the novel is a glorious celebration of the creative spirit and the power of the imagination. Despite everything, Washington's ability to connect with and inspire others, and to draw strength from his own inner life, is an inspiration and a joy that speaks to the contemporary world.

Episode Five:

Following Philip's suicide, Wash and Titch have to leave Faith plantation as quickly as possible. But all does not go according to plan.

The author Esi Edugyan has degrees from the University of

Victoria and Johns Hopkins University. Her first novel, The Second Life of Samuel Tyne, was written when she was 25 and published in 2004. Her second, Half Blood Blues, won the Scotiabank Giller Prize and was shortlisted for the Man Booker Prize in 2011. Washington Black won the 2018 Scotiabank Giller Prize and was shortlisted for the Man Booker Prize. Esi lives in Victoria, British Columbia.

Writer: Esi Edugyan
Abridger: Jeremy Osborne
Reader: Alex Lanipekun
Producer: Rosalind Ward

A Sweet Talk production for BBC Radio 4

FRI 12:18 You and Yours (m000222j)

Radio 4's consumer affairs programme.

FRI 12:57 Weather (m000222i)

The latest weather forecast.

FRI 13:00 World at One (m000222n)

Mon-Thurs: Analysis of news and current affairs, presented by Sarah Montague. Fri: Analysis of news and current affairs, presented by Mark Mardell.

FRI 13:45 The Battles That Won Our Freedoms (m000222q)

10 Freedom of Information

In this episode, Phil Tinline asks Professor David Vincent to trace the history of the struggle against Britain's culture of secrecy, culminating in a series of causes celebres in the 1980s, particularly the sensational acquittal of senior civil servant, Clive Ponting. Ponting was charged with leaking sensitive information about the sinking, during the Falklands War, of the Argentinian warship the General Belgrano. His defence was that he had leaked the information to an MP in the public interest, and despite questions about whether this was a tenable defence, the jury found him not guilty. Heather Brooke recalls how she used the Freedom of Information Act - eventually passed in 2000 but not active until 2005 - during her years of campaigning to expose the MPs' expenses scandal. And she reflects on how free information is in Britain compared to America.

Producer: Phil Tinline

FRI 14:00 The Archers (m00021rg)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Drama (b08crzr1)

The Ethical Hacking Bureau

By David Leddy.

A high-energy drama about three women trying to make the world a little better.

Starring Patricia Hodge, Sarah Niles and Anita Vettesse.

Barbara is a glamorous, if slightly bored wife of a Tory Grandee. Recently she's thought her husband was having an affair. With the help of her Zumba teacher, she's hacked his phone only to discover he wasn't having an affair. He was just playing Angry Birds. A lot.

Her first foray into hacking gives her a taste for adventure. They start to look into her son-in-law. He's an MP. They stumble on a serious scandal. We join her just as she's about to get her daughter embroiled in their amateur sleuthing...

Directed by Kirsty Williams.

FRI 15:00 Gardeners' Question Time (m000222s)

Uppingham

Eric Robson and the panel are in Uppingham, Rutland. Matthew Wilson, Christine Walkden and James Wong answer the questions.

Produced by Dan Cocker
Assistant Producer: Rosie Merotra

A Somethin' Else production for BBC Radio 4

FRI 15:45 Short Works (m000222v)

Green Paper

By AM Bakalar. It's Poland in 1980 and social unrest is deepening. Support for Solidarity and other political groups is

growing. Sonia and Dariusz run an underground press. One night, Sonia - heavily pregnant - receives some unwelcome visitors.

A M Bakalar is the author of two novels, *Madame Mephisto* (2012) and *Children of Our Age* (2017). Her writing has appeared in *The Guardian*, *The International New York Times* and *LA Review of Books* among others. Her story *Woman Of Your Dreams* was broadcast as part of Radio 4's *Angielski* series in 2015. She was born and raised in Wroclaw, Poland and lives in London.

Writer: A M Bakalar
Reader: Anamaria Marinca
Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

FRI 16:00 Last Word (m000222x)

Matthew Bannister tells the life stories of people who have recently died, from the rich and famous to unsung but significant.

FRI 16:30 More or Less (m000222z)

Series devoted to the world of numbers.

FRI 16:55 The Listening Project (b09sr1kb)

Gil and Abi - My Mother's Voice

Gil's diagnosis of MND made her daughter want to capture her mother's voice before it's gone. Fi Glover presents another conversation in the series that proves it's surprising what you hear when you listen.

Producer: Marya Burgess.

FRI 17:00 PM (m0002231)

PM at 5pm: interviews, context and analysis.

FRI 18:00 Six O'Clock News (m0002233)

The latest national and international news from BBC Radio 4.

FRI 18:30 The News Quiz (m0002235)

Series 98

Episode 4

Miles Jupp looks back at the news this week with guests Andy Hamilton, Katie Perrior, Danielle Ward and Phil Wang.

Produced by Victoria Lloyd
A BBC Studios Production

FRI 19:00 The Archers (m0002237)

Writer Simon Frith
Director Peter Leslie Wild
Editor Jeremy Howe

David Archer Timothy Bentinck
Pip Archer Daisy Badger
Ben Archer Ben Norris
Kenton Archer Richard Attlee
Brian Aldridge Charles Collingwood
Jennifer Aldridge Angela Piper
Susan Carter Charlotte Martin
Chris Carter Wilf Scolding
Alice Carter Hollie Chapman
Ian Craig Stephen Kennedy
Rex Fairbrother Nick Barber
Toby Fairbrother Rhys Bevan
Emma Grundy Emerald O'Hanrahan
Ed Grundy Barry Farrimond
Shula Hebden Lloyd Judy Bennett
Adam Macy Andrew Wincott
Kirsty Miller Annabelle Dowler
Elizabeth Pargetter Alison Dowling
Roy Tucker Ian Pepperell
Lexi Viktorova Ania Sowinski
Philip Moss Andy Hockley

FRI 19:15 Front Row (m0002239)

Live daily magazine programme on the worlds of arts, literature, film, media and music

FRI 19:45 Riot Girls (m0002226)

[Repeat of broadcast at 10:45 today]

FRI 20:00 Any Questions? (m000223c)

Layla Moran MP

Jonathan Dimbleby presents topical debate from the University of Huddersfield with a panel including the Liberal Democrat MP Layla Moran.

Producer: Lisa Jenkinson

FRI 20:50 A Point of View (m000223f)

Weekly reflections on topical issues from a range of contributors.

FRI 21:00 The Battles That Won Our Freedoms (m000223h)

Week Two Omnibus - From the Abolition of Atlantic Slavery to the Freedom of Information Act

Phil Tinline asks historians to trace the story of struggles for liberty in Britain, and invites people still involved in those struggles today to give their take on the history.

In this Omnibus edition of the second half of the series, we follow the story from the fight to abolish Atlantic chattel slavery, through 19th century campaigns for Catholic Emancipation and married women's right to own property, to the 20th century and the struggle for gay rights, and freedom of information.

And Phil asks an anti-racism campaigner, a Catholic MP, a woman who won a landmark divorce case, a gay rights activist and an investigative journalist what they make of these earlier struggles for freedom - and what light it sheds on their experiences today.

Producer: Phil Tinline

FRI 22:00 The World Tonight (m000223k)

In-depth reporting and analysis from a global perspective.

FRI 22:45 Washington Black (m000222g)

[Repeat of broadcast at 12:04 today]

FRI 23:00 Great Lives (m00020yv)

[Repeat of broadcast at 16:30 on Tuesday]

FRI 23:30 Today in Parliament (m000223m)

All the news from today's sitting at Westminster.

FRI 23:55 The Listening Project (b09sns77)

Sue and Lloyd - It's a Lifelong Process

A mother and son reflect on his experience of stammering. Fi Glover presents another conversation in the series that proves it's surprising what you hear when you listen.

Producer: Marya Burgess.