SATURDAY 25 SEPTEMBER 2021

SAT 00:00 Midnight News (m000zv9y)

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 The Amur River by Colin Thubron (m000zv7z) Episode 5

The Amur River is almost unknown. Yet it is the tenth longest river in the world, rising in the Mongolian mountains and flowing through Siberia to the Pacific. For 1,100 miles it forms the tense border between Russia and China. Haunted by the memory of land-grabs and unequal treaties, this is the most densely fortified frontier on earth

In his 80th year, Colin Thubron makes a dramatic journey from the Amur's secret source to its giant mouth, covering almost 3,000 miles. Troubled by injury and almost thwarted by arrest, he makes his way along both the Russian and Chinese shores, starting out on horseback in Mongolia

Having revived his Russian and Mandarin, he talks to everyone he meets, from Chinese traders to Russian fishermen, from monks to indigenous peoples. By the time he reaches the river's desolate end, where Russia's 19th century imperial dream petered out, a whole, pivotal world has come alive.

Music: River by Balladeste (Tara Franks, cello & Preetha Naravanan, violin)

Written by Colin Thubron Read by Robert Powell

Abridged and Produced by Jill Waters A Waters Company production for BBC Radio 4

SAT 00:48 Shipping Forecast (m000zvb0)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m000zvb2)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SAT 05:20 Shipping Forecast (m000zvb4)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m000zvb6)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m000zvb8)

Spiritual reflection to start the day with Rev Dr Alison Jack of New College, Edinburgh

SAT 05:45 Four Thought (m000zsnl)

Freedom Is a Must

Robyn Travis believes that labelling children as criminals is counterproductive in the fight against violence. He says they need to be freed from the mentality that keeps them as "prisoners to the streets". "It deeply saddens me that the media, film makers and rappers alike see a beneficial gain in telling stories which further criminalise the youth of today and yesterday without losing sleep. I don't see gang members, I see prisoners to the streets." He believes in prevention rather than intervention, calling for primary school children to be taught how to avoid conflict, and for parents to stop saying, "if someone hits you, hit them back".

Robyn Travis is the author of Prisoner to the Streets, Mama Can't Raise No Man and Freedom from the Streets

Presenter: Olly Mann Producer: Sheila Cook

SAT 06:00 News and Papers (m00100q3)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Ramblings (m000zv3m)

Slippy Rocks and Otter Spotting on the Island of Mull

Clare takes on a challenging coastal route from Lochbuie to Carsaig on the island of Mull. Her guide is Wendy Lloyd who – like most islanders – has several strings to her bow. As well as working for Christian Aid, farming pigs on her croft, and hosting visitors in a yurt, she is interested in helping people navigate pilgrimage walking routes across Mull and over to Iona. She tells Clare about all of this as they attempt a long and arduous hike across slippy rocks and through shoulder-high

bracken but the rewards are immense with spectacular scenery and obliging wildlife.

Scroll down to the foot of the Ramblings webpage to the 'related links' box where there is further information available.

Presenter: Clare Balding Produced for BBC Audio in Bristol by Karen Gregor

SAT 06:30 Farming Today (m00100q5)

25/09/21 Defra Secretary says food price rises 'undeniable', farming and C02, Wales and NI's post-Brexit farm payments,

After a difficult week for the food supply chain, there are warnings that consumers will pick up the bill. Food prices will inevitably rise as a result of the increasing costs farmers and food producers are facing - the Environment Secretary George Eustice says that's 'undeniable'.

Minette Batters, the President of the National Farmers' Union, has called for the future supply of C02 to be made much more secure. Carbon dioxide is used to stun both pigs and poultry before slaughter and The British Poultry Council warns that without it, we would see food shortages and animal welfare consequences on farms.

There's an update on the post-Brexit farm subsidy plans across the UK - the Welsh Rural Affairs Secretary announced that theirs won't be brought in until 2025, while Northern Ireland heard they'd be getting more than £15 million extra. And we visit a Thames Water sewage works in Hampshire, to find out how the waste we flush down the loo is processed and spread out as fertiliser on farmers' fields.

Presented by Charlotte Smith and produced by Beatrice Fenton.

SAT 06:57 Weather (m00100q7)

The latest weather reports and forecast.

SAT 07:00 Today (m00100q9)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m00100qc)

Henry Holland

Richard Coles and Nikki Bedi are joined by Henry Holland who started his career in teen magazines but became a fashion hit in 2008

after his slogan T shirts were worn by designers Giles Deacon and Gareth Pugh at London Fashion Week, his fashion business closed last year but he has since released a

hugely successful ceramics collection and is now designing

There is also Ramla Ali, the first Somali boxer in history to compete at the Olympic Games

Molly Schiller who completed a Masters studying the heart disease which took her little brother's life when he was 10

and Felix White, formerly of the Maccabees, is a musician and broadcaster who, after his Mum's death when he was 17, forged family

with the band and obsessed over cricket.

We have the Inheritance Tracks of sailor Hannah Mills MBE. who chooses Creep by Radiohead and A thousand trees by the Stereophonics, and your thank you.

Producer: Corinna Jones

SAT 10:30 The Kitchen Cabinet (m0010094)

Series 34

Home Economics: Episode 39

Jay Rayner hosts the culinary panel show packed full of tasty titbits. For the first episode in a brand new series, Jay is joined by Andi Oliver, Sophie Wright, Tim Anderson and Professor Barry Smith to answer questions from a virtual audience.

The panellists demystify the sorcery of a Baked Alaska as we learn how to keep its ice cream centre cold. We also find out exactly what constitutes a good hot dog (according to Tim Anderson) and, of course, it wouldn't be TKC without a culinary debate... can you really cook an avocado?

Producer: Jemima Rathbone Assistant Producer: Bethany Hocken

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Week in Westminster (m00100qf)

Radio 4's assessment of developments at Westminster

SAT 11:30 From Our Own Correspondent (m00100qh)

Insight, wit and analysis from BBC correspondents, journalists and writers from around the world.

SAT 12:00 News Summary (m00100qk)

National and international news from BBC Radio 4

SAT 12:04 Money Box (m00100qm)

Keeping energy bills in check

As the price of gas and electricity continues to soar. What more can be done to keep our bills in check?

New pensioners who have turned 66 this year are facing long delays before their pension is paid as the queue of those waiting

And as theft from customers bank accounts rises 80% in six months, should the Government declare fraud a threat to national security?

Presenter: Paul Lewis Reporter: Dan Whitworth Researcher: Anita Langary Production co-ordinator: Janet Staples Producer: Alex Lewis Editor: Emma Rippon

SAT 12:30 The News Ouiz (m000zv9c)

Series 106

Andy is joined by journalist Hugo Rifkind and comedians Susie McCabe, Ria Lina and Andrew Maxwell to dismantle and discuss the week's news, including the energy crisis, lack of Co2 and Boris's trip to the US.

The script is written by host Andy Zaltzman with additional material by Alice Fraser, Mike Shephard, Rajiv Karia and Esther Manito.

It is produced by Sam Michell for BBC Studios.

SAT 12:57 Weather (m00100qp)

The latest weather forecast

SAT 13:00 News and Weather (m00100gr)

The latest national and international news from BBC Radio 4.

SAT 13:10 Any Questions? (m000zv9k)

Dorothy Byrne, Greg Hands MP, Peter Kyle MP, Dame Rachel

Chris Mason presents political debate and discussion from The Shoreham Centre in Sussex with the President of Murray Edwards College, Cambridge, Dorothy Byrne, the Minister of State for Energy, Clean Growth and Climate Change Greg Hands MP, the Shadow Schools Minister Peter Kyle MP and the Children's Commissioner for England Dame Rachel de

Producer: Camellia Sinclair Lead broadcast engineer: Kevan Long

SAT 14:00 Any Answers? (m00100qt)

Have your say on the issues discussed on Any Questions?

SAT 14:45 Just One Thing - with Michael Mosley (m000zt7d)

Change Your Mealtimes

Can't face cutting down on your favourite foods? In this episode, Michael Mosley speaks to Dr Emily Manoogian from the Salk Institute in California to find out how simply changing when you eat - not what you eat - could help you lose weight, lower your blood pressure and cut your risk of Type 2 diabetes. They reveal what exactly happens when your eating times work against your body's internal rhythms, and why eating late at night can stop you from going to sleep.

SAT 15:00 The Pallisers (m000bl1w)

Episode 3

Based on the novels by Anthony Trollope. Dramatised by Mike

Episode 3

A scandal surrounds the Palace of Westminster, Sir Nicholas Bonteen MP has been brutally murdered in a street attack. There are several suspects including distinguished Members of Parliament. Starring Jessica Raine as Lady Glencora Palliser

Supported by bbc.co.uk/programmes/

and Edward MacLiam as Phineas Finn. The second half of the series concludes early next year.

Lady Glencora Jessica Raine
Plantagenet Tim McMullan
Finn Edward MacLiam
Mary Flood Sinead MacInnnes
Bonteen/ Sir Gregory Eugene O'Hare
Marie Goesler Melody Grove
Lowe Jonathan Keeble
Fawn Lloyd Peters
Policeman/Usher Ikky Elyas
Judge Hamilton Berstock

Director/Producer Gary Brown

SAT 16:00 Woman's Hour (m00100qw)

Weekend Woman's Hour: Daytimers - South Asian ravers of the 80s, Julia Bradbury and Gaming & Sexism

Daytimers UK is a new music collective made up of British South Asian DJs. Taking inspiration from the daytime raves of the 80s and 90s, they're reviving the way South Asian heritage and culture are displayed in public life. We hear from DJ Ritu, one of the pioneers of the Asian Underground music scene. And DJ Priya and Gracie T are from the new Daytimers UK Collective.

The presenter Julia Bradbury tells us about her recent breast cancer diagnosis. With breast cancer affecting 1 in 8 women, we hear from breast surgeon Liz O'Riordan on what to do if you find a lump.

The Canadian-American performer and songwriter Martha Wainwright performs Love Will Be Reborn and tells us about finding love after a painful divorce.

The campaigner Grace Tame has been honoured with Australian of the Year 2021. She started the 'Let Her Speak' campaign, taking a legal case to be able to publicly speak in her own name about the sexual abuse she suffered as a child and teenager.

We hear about sexism in the gaming world and in particular on a platform called Twitch. Shay Thompson is a Gaming presenter and journalist and Cassie Hughes is the co-founder of Black Twitch UK. They discuss 'Hate raids''- a way of abusing marginalised members.

Photo credit: Sunny S (@sunnyformats)

Presenter: Anita Rani Producer: Rabeka Nurmahomed Editor: Lucinda Montifiore

SAT 17:00 PM (m00100qy)

Full coverage of the day's news.

SAT 17:30 Political Thinking with Nick Robinson (m00100r0)

Rachel Reeves

Nick Robinson talks to the Shadow Chancellor Rachel Reeves in a personal and political interview.

SAT 17:54 Shipping Forecast (m00100r2)

The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m00100r4)

The latest weather reports and forecast.

SAT 18:00 Six O'Clock News (m00100r6)

The latest national and international news from BBC Radio 4.

SAT 18:15 Loose Ends (m00100r8)

Don Letts, Alan Johnson, Rufus Hound, Lucy McCormick, Lady Blackbird, Trampolene, Scottee, Clive Anderson

Clive Anderson and Scottee are joined by Alan Johnson, Rufus Hound, Don Letts and Lucy McCormick for an eclectic mix of conversation, music and comedy. With music from Lady Blackbird and Trampolene.

SAT 19:00 Profile (m00100rb)

Liz Truss

By her own admission, Liz Truss is not always known as being diplomatic. As she takes on the role of Foreign Secretary, Profile investigates the influences and events that have taken her to one of the great offices of state, and finds that the journey has been far from usual.

Mark Coles hears from Liz Truss's brother, her student friend and keen watchers of her political career, and asks how this former Liberal Democrat, karaoke-lover and child of CND campaigners came to sit almost at the top of the Conservative party.

Producer: Nathan Gower Researcher: Bethan Head

SAT 19:15 The Infinite Monkey Cage (p08kn47j)

Series 22

The Human Brain

Brian Cox and Robin Ince look at the amazing capabilties of the super adaptable, ever changing human brain. They are joined by US talk show host Conan O'Brien, and neuroscientists David Eagleman and Gina Rippon to find out how the 3 lb organ that sits in our skull allows us to live on every corner of the planet, adapt to any habitat, argue with each other, and ourselves, and think about ideas such as free will. They learn whether being a successful comedian is really down to having a brain disorder and how the connections we make in our brain are changing and forming throughout our life, not just when we are young, so you really can teach an old dog, or human, new tricks. And talking of old dogs, a surprise guest makes a genuinely unexpected special appearance!

Producer: Alexandra Feachem

SAT 19:45 It Ain't Me You're Looking For: Bob Dylan at 80 (m000w5j1)

Four: This Train (1979-1993)

Four: This Train (1979 -1993)

In the week before the Nobel Prize-winner's birthday, Sean Latham, Director of the Institute for Bob Dylan Studies at the University of Tulsa and editor of 'The World of Bob Dylan', explores the life, work and influence of one of the most important and elusive artists of modern times.

The fourth episode spans the period from Bob Dylan's conversion to Christianity in 1979, after a woman threw a cross onstage, to the release in 1993 of 'World Gone Wrong', the album that revived his career.

Many consider Dylan's conversion as an act of hypocrisy, followed by years of wasted effort to recapture the alchemy of the 1960s. Latham radically contests that idea, suggesting that with 'Gotta Serve Somebody' the endless process of rejection and reinvention that defines Dylan's early career gives ways to studious self-examination as he places his faith first in a Christian god, and then in the musical history that he begins to excavate. Dylan explores gospel music, and his attempt to measure human folly (in 'Foot of Pride') against the hope for a redeemed world.

Dylan begins by confessing his faith, but ends this era by confessing to the fact that the music he makes is steeped in a history of racist violence and exploitation. Dylan then releases two albums of folk covers, addressing his debt to musical history. Looking closely at the songs, and drawing on the Bob Dylan Archive, Latham shows how he decided to serve rather than simply remake this complex musical tradition. Like his religious conversion, this comes as an epiphany, transforming the fading rock star into the archivist and alchemist of popular music who would later win the Nobel Prize in Literature.

Producer: Julian May

SAT 20:00 Archive on 4 (m00100rd)

Nuremberg Remembered

It's 75 years since judgement was passed at the Nuremberg Military Tribunal.

Begun just five months after the end of war in Europe, Nuremberg was a dramatic, ground-breaking trial. It aimed to bring evidence-based courtroom justice to some of the most high-ranking Nazi officials and in doing so began the evolution of international criminal law.

The lead British prosecutor at Nuremberg was Sir Hartley Shawcross.

As a boy his son William listened to 78rpm recordings of his father's potent and poignant closing speech at the trial.

These recordings had a powerful effect on him.

In this programme William Shawcross revisits those recordings and explores the ways those brought together by the trial spoke about it to their children -- or in some cases never spoke about it at all. Featuring Niklas Frank, Ellen Graebe, Hadas Kalderon and Thomas Wartenberg.

With grateful thanks to Katharine Campbell, Charles Gilbert, Dan Jones and Ali Paczensky.

Recording assistance from Sonia Paul and Sabine Schereck.

Producer: Martin Williams

SAT 21:00 GF Newman's The Corrupted (b03dvbz4) Series 1

Episode

A new long-running drama series from G F Newman based on the characters from the multi-award winning writer's best-selling crime novel. Spanning six decades, it plots the course of one family against the backdrop of a revolution in crime as the underworld extends its influence to the very heart of the establishment, in an uncomfortable relationship of shared values.

Joey Oldman is a Russian Jew, who arrived in Britain before the war with only two words of English and married Cathy Braden. They had a son, Brian, and a daughter, Rose. Cathy's widowed mother, Gracie, takes up with a famous and glamorous gangster, Billy Hill, while her brother Jack wants to become World Light Heavyweight Boxing Champion. Both the army and the Kray twins interfere with this ambition. Jack is left feeling bitter and angry and plunges headlong into crime, running protection rackets and claiming a piece of other criminals' sometimes infamous pies. His actions become ever more savage and bizarre and harder to reconcile.

Haunted by the murder of his grandfather which he witnessed when he was six, Brian Oldman holds a terrible secret that he must keep for fear of his life as he falls deeper under his mother's spell. But there is a more disturbing secret he has yet to discover - one that will threaten his very existence. All the while he becomes a willing participant in the criminal underworld in the 1950s, where gangs such as the Krays and the Richardson are emerging to challenge the old guard in savage battles for territory.

Cast: Episode 4

Joey Oldman	Toby Jones
Cath Oldman	Denise Gough
Brian Oldman	Joe Armstrong
Jack Braden	Tom Weston-Jones
Gracie Braden	Ruth Gemmell
Eddie Richardson / Selwyn Carruther	sCharles Davies
Billy Hill	Robert Glennister
DI Drury	Matthew Marsh
Frank Cockain	Michael Eaves
Win Booker	Lotte Rice
Sammy Cohen	Jonathan Tafler
Mr Booker	Lewis Mcleod
Sergeant Watling	Nigel Cooke
Bank Manager	Matthew Townshend
Alice	Catherine Henderson

With Ross Kemp as Narrator.

Other parts played by members of the cast.

With Ross Kemp as Narrator.

Written by G F Newman Produced and directed by Clive Brill

A Pacificus production for BBC Radio 4

SAT 21:45 Shorts (b06zqk36)

Scottish Shorts

Everyone's The Same Inside by Wayne Price

Guilt, laughter and death come to mind as a man recalls his family's connection to a reclusive outsider.

Read by Steven McNicoll

Producer Eilidh McCreadie

Author Wayne Price was born in south Wales and has lived and worked in Scotland since 1987. He is an award-winning fiction and poetry writer and has twice been a finalist for the Manchester International Poetry Prize. He teaches at the University of Aberdeen and his novel, 'Mercy Seat' was published in 2015.

SAT 22:00 News (m00100rg)

The latest national and international news from BBC Radio 4.

SAT 22:15 Bringing Up Britain (m000zspw) Series 14

How should I prepare my son for adolesence?

The relationship between the sexes is high on the agenda thanks to the revelations of school harassment on Everyone's Invited, children's increasing exposure to porn and hashtags like #NotAllMen. But how are parents navigating this complex area? In this four part series of Bringing Up Britain, Anjula Mutanda sets out to find answers. She explores whether stereotypes matter, how to prepare boys for adolescence, the pros and cons of single sex education and how to parent children through the complexities of online harassment and abuse.

In this episode, Anjula speaks to Lavinia, a mother of two boys aged 5 and 10 who wants to know how to prepare her older son for the world he's entering, while protecting him from life's harsh realities. While there has rightly been a huge focus on girls' wellbeing in recent years, are boys being left behind, or even discriminated against? Anjula brings together a series of experts from psychologists, to teachers and child development experts to explore just what boys on the cusp of adolescence are facing today.

Producer: Ellie Bury

SAT 23:00 Brain of Britain (m000zsf5)

Heat 10, 2021

(10/17)

Who's the only rugby player to have been named BBC Sports Personality of the Year? In what field of activity is Stanley Gibbons a famous name? And if Joe Biden is the 46th President of the USA what number Vice President is Kamala Harris? Russell Davies puts these and many other questions to the competitors in today's Brain of Britain contest, with another semi-final place at stake. The programme comes from Salford and was recorded under socially distanced conditions. The Brains will also be tackling a pair of questions suggested by a listener, who'll be hoping to stump them and win a prize.

Taking part today are:

Alan Hay, a financial administrator from Paisley Edward Brunt, a retired IT analyst from Altrincham in Cheshire John Payne, a warehouse operative from Manchester Ian Welham, a retired headteacher from Middle Rasen in Lincolnshire.

Asst Producer: Stephen Garner Producer: Paul Bajoria

SAT 23:30 Tongue and Talk: The Dialect Poets (m000zt7t)

Through discussions with passionate dialect poets and dialect experts on location in South Wales, BAFTA Award-winning actor Rakie Ayola looks at how the words and accent of the area where she grew up have changed over time.

Rakie was raised in the Ely district of Cardiff and, in this programme, she meets others from the same area and close by. Meanwhile she explores the significance of so-called Wenglish, dialect in Swansea and the 'bard of Gower'.

She also discovers dialect poetry in 'the valleys', including Merthyr Tydfil, and finds out how rap is bringing new words to the South Wales dialect.

Among the poets taking part are Mab Jones, Jack Jones, Eric Ngalle, Lloyd Robson, Mike Jenkins, Topher Mills, Gemma June Howell and singer/songwriter Craig Cherry.

Produced by Ashley Byrne and Iain Mackness A Made in Manchester production for BBC Radio 4

SUNDAY 26 SEPTEMBER 2021

SUN 00:00 Midnight News (m00100rj)

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Green Originals (m000djb5)

Ken Saro-Wiwa was a writer, television producer, human rights and environmental activist.

He was hanged by the Nigerian government in 1995 after a hearing John Major described as fraudulent.

He campaigned for the rights of the Ogoni people in the Niger Delta who found their land devastated by the pollution caused by oil extraction. They saw little financial benefit from the vast oil and gas resources and suffered from oil spills, gas flaring and water contamination.

Helon Habila is a Nigerian novelist and professor of creative writing at George Mason University in Virginia. His novel Oil on Water dealt with the human cost of the oil industry in Nigeria.

Producer: Natalie Steed Series Editor: David Prest

A Whistledown production in association with The Open

SUN 00:30 Keeping Watch by David Park (b0790c4v)

Surveillance work is always difficult but for one dutiful cop it is too important an operation to put anything at risk.

Read by Ciarán McMenamin.

Writer David Park's previous books include The Big Snow, Swallowing the Sun, The Truth Commissioner, The Light of Amsterdam, The Poets' Wives and Gods and Angels,

He's won the Authors' Club First Novel Award, the Bass Ireland Arts Award for Literature, the Ewart-Biggs Memorial Prize, the American Ireland Fund Literary Award and the University of Ulster's McCrea Literary Award, three times. The Truth Commissioner was made into a feature film starring Roger Allam.

Producer: Gemma McMullan

First broadcast on BBC Radio 4 in May 2016.

SUN 00:48 Shipping Forecast (m00100rl)

The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m00100rn)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service

SUN 05:20 Shipping Forecast (m00100rq)

The latest weather reports and forecasts for UK shipping.

SUN 05:30 News Briefing (m00100rs)

The latest news from BBC Radio 4.

SUN 05:43 Bells on Sunday (m00100rv)

The Parish Church of St Peter Mancroft in Norwich in Norfolk.

Bells on Sunday comes from the Parish Church of St Peter Mancroft in Norwich in Norfolk. The church is the largest of the city's 31 surviving medieval parish churches and is home to a dedicated teaching centre for bell ringing as well as a peal of twelve bells. The bells mostly date from 1775 and were cast by Pack and Chapman of London. The tenor bell weighs thirty seven and three quarter hundredweight and is tuned to the note of B. We hear them ringing Cambridge Surprise Maximus.

SUN 05:45 Profile (m00100rb)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m00101hw)

The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b01n98v1) Working For The Man

In an economic climate where the jobs market is under more extreme pressure than ever, Mark Tully examines the moral issues of the working contract, with reference to both employer and employed.

What are the responsibilities of an employer - do they go beyond honoring a contract? Does an employee have greater duty to work hard to help keep a business afloat? These and moral questions like them have been thrown into sharp relief by the economic downturn.

With readings from Frank Sonnenburg and the poet Robert Service, music ranging from Shostakovich to William Walton and in conversation with Will Hutton, Mark Tully charts the increasingly choppy waters of employment ethics

Readers are Samantha Bond and John MacAndrew.

Producer: Frank Stirling

A Unique Production for BBC Radio 4

SUN 06:35 Natural Histories (b096hclv)

One swallow doesn't make a summer but it comes close: Brett Westwood explores a much loved and inspirational bird whose own definition of happiness is a field of cow dung. Mark Cocker is in one such field in Derbyshire; Anders Pape Moller catches breeding swallows in a cow byre in Jutland; Angela Turner tells stories of how we've adored and exploited swallows, Anthony Roberts and Ellie Ness lead a swallow ringing on the Isle of Wight and we hear from Katrina Bradley as she watches swallows in the Nigerian village of Ibaken.

Original producer: Tom Bonnett. Reversion producer : Andrew Dawes

First broadcast in a longer form 3rd October 2017

SUN 06:57 Weather (m00101hz)

The latest weather reports and forecast

SUN 07:00 News and Papers (m00101j1)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m00101i3)

A look at the ethical and religious issues of the week

SUN 07:54 Radio 4 Appeal (m00100cp)

The Social Mobility Foundation

Fraser Nelson makes the Radio 4 Appeal on behalf of The Social Mobility Foundation.

To Give:

Freephone 0800 404 8144

 Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'The Social Mobility Foundation'

- Cheques should be made payable to 'The Social Mobility
- You can donate online at bbc.co.uk/appeal/radio4

Registered Charity Number: 1115888

SUN 07:57 Weather (m00101j5)

The latest weather reports and forecast.

SUN 08:00 News and Papers (m00101j9)

The latest news headlines, Including a look at the papers,

SUN 08:10 Sunday Worship (m00101if)

All good gifts...

Harvest Festival live from Holy Trinity Church Westbury on Trym, Bristol. Preacher: The Revd Canon Dr Martin Gainsborough. Before ordination Martin was Professor of Development Politics at the University Bristol, specialising in political theology, environmental and development politics. In the midst of urgent concerns about humanity's impact on the environment at this time of Harvest and Creationtide we give thanks to God as Creator and Sustainer of all life. Leader: the vicar, Father André Hart; Director of Music: David Ogden; Organist: Richard Johnson; Producer: Philip Billson.

SUN 08:48 A Point of View (m000zv9m)

Suffer the Children

In the aftermath of the recent report on religious groups in the UK carried out by the Independent Inquiry into Child Sexual Abuse, Rebecca Stott ponders the tension between defending the right to religious freedom and defending the rights of the

"Maybe it is time," she writes, "to admit that closed, highlycontrolling environments, that refuse or escape scrutiny in the name of religious toleration... might not be safe places to entrust the hearts, minds and bodies of children.

Producer: Adele Armstrong

SUN 08:58 Tweet of the Day (b038qhyz)

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs

Brett Westwood presents the robin. The autumn song of the Robin is the soundtrack to shortening days, gathering mists and ripening fruit. Robins sing in spring but their autumn song is different. It may sound melancholy to us but for the Robin it has clear purpose - to defend the winter territories that male and female robins establish separately after they've moulted.

SUN 09:00 Broadcasting House (m00101jk)

The Sunday morning news magazine programme. Presented by Paddy O'Connell.

SUN 10:00 The Archers Omnibus (m00101jp)

Writer, Adrian Flynn Director, Rosemary Watts Editor, Jeremy Howe

David Archer ... Timothy Bentinck Helen Archer ... Louiza Patikas Jolene Archer ... Buffy Davis Kenton Archer ... Richard Attlee Pat Archer ... Patricia Gallimore Tony Archer ... David Troughton Brian Aldridge Charles Collingwood Jennifer Aldridge Angela Piper Lee Bryce Ryan Early Alice Carter Hollie Chapman Chris Carter Wilf Scolding Amy Franks Jennifer Daley Eddie Grundy Trevor Harrison Joy Horville Jackie Lye Shula Hebden Lloyd Judy Bennett Fallon Rogers Joanna Van Kampen

SUN 11:00 Desert Island Discs (m00100hn)

Tracey Ullman, actor and comedian

Tracey Ullman was the first woman to be offered her own television sketch show - both in Britain and America - and has starred in film and television dramas alongside Meryl Streep, Cate Blanchett and Hugh Grant. The Emmy-winning Tracey Ullman Show ran for four seasons in the US and provided the launch pad for the Simpsons.

Tracey was born in Slough and as a child she would impersonate people and put on shows for the amusement of her mother after the death of her father. At 12 she won a scholarship to the Italia Conti Academy of Theatre Arts in London and worked in repertory theatre and the West End in London before her television career took off. She was one of the stars of the BBC's primetime sketch show Three of a Kind alongside David Copperfield and a young Lenny Henry.

In 1985 she moved to Los Angeles with her husband, the producer Allan McKeown, where her uncanny impressions of Americans from all walks of life won her acclaim and awards in equal measure.

After the death of her husband Tracey returned to the UK in 2016 and was soon back on our screens in a new sketch series, Tracey Ullman's Show, which showcased her enduring talent for sending up the powerful and the famous, including Dame Judi Dench, Angela Merkel and Theresa May.

Producer Paula McGinley

SUN 11:45 Just One Thing - with Michael Mosley (m00101it)

Do you struggle with multi-tasking, filtering out distractions, and prioritising your to-do list? Believe it or not, video gaming might help. In this episode, Michael Mosley enters the world of gaming to find out how it can benefit our brains! He enlists the help of cognitive neuroscientist Professor Daphné Bavelier to find out how, to Michael's surprise, video games could actually help improve our vision and what types of features we should look out for when we play...

SUN 12:00 News Summary (m00101nd)

National and international news from BBC Radio 4.

SUN 12:04 Just a Minute (m000zsfn) Series 87

Sue Perkins hosts Radio 4's longest running panel show, Just a Minute. Sue challenges guests Paul Merton, Anneka Rice, Dane Baptiste and Lucy Porter to talk without hesitation, deviation, or repetition. This episode was produced using remote recording technology, with the audience joining from their homes all over the world.

Devised by Ian Messiter

Whistle blown by Caroline Barlow

Produced by Hayley Sterling

A BBC Studios Production

SUN 12:32 The Food Programme (m00101k2)

Prue Leith: A Life Through Food

She might be best known as the colourfully clad host of the Great British Bake Off, but Dame Prue Leith's accomplishments during her six decades in the food industry are vast and varied.

She's enjoyed success as a cook, restaurateur, businesswoman broadcaster, campaigner, food writer and novelist; and in conversation with Sheila Dillon, on a balmy summer afternoon on the terrace of her Cotswolds home, Prue shares the lessons she's learned from her career so far.

We also hear from Prue's niece Peta Leith, a pastry chef and food writer with whom she recently collaborated on the book 'The Vegetarian Kitchen' - and from Dr Rupy Aujla, the NHS GP who started the Culinary Medicine UK programme teaching doctors to cook, and creator of the podcast 'The Doctor's Kitchen' linking better health to good cooking and eating, who is Prue's co-host on the television series 'Cook Clever, Waste

Presented by Sheila Dillon Produced by Lucy Taylor in Bristol

SUN 12:57 Weather (m00101k6)

The latest weather forecast

SUN 13:00 The World This Weekend (m00101kb)

Radio 4's look at the week's big stories from both home and around the world.

SUN 13:30 The Listening Project (m00101kg)

Truth and Representation

This week: Nick and Michael, ex-servicemen both, discuss the attraction of army life and share their perspective on how the exit from Afghanistan was handled; Megan and Gwyneth, both residents of Denbigh, exchange opposing views on what the town statue of the explorer Henry Morton Stanley represents; and Sacha and Yasmin explain why mermaid culture, folklore and symbolism resonates with them

The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation lasts up to an hour and is then edited to extract the key moments of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in this decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject

Producer: Mohini Patel

SUN 14:00 Gardeners' Question Time (m000zv8p) RHS Chelsea Flower Show

Kathy Clugston and the panel are at this year's Chelsea Flower Show answering your gardening questions. Joining Kathy are regular panellists Pippa Greenwood, Matt Biggs and Chris Thorogood.

For the first time at Chelsea, we see container and small balcony showgardens, proving that you don't need a garden to be a gardener. Kathy and the team chat with designers Sara Edwards and James Smith about their sustainable and inventive

Meanwhile, Peter Gibbs steps out of the chair to be our intrepid GQT correspondent, exploring all of this years' praiseworthy plantlife. He speaks with exhibitors Jacob James - Grow Tropicals, Liverpudlian gardener Don Billington, Marc Lea and

Daniel Michael - Surreal Succulents as well as houseplant designers, Alice Bailey and Maddie Bailey

Producers - Daniel Cocker and Jemima Rathbone Assistant Producers - Bethany Hocken and Aniya Das

A Somethin' Else production for BBC Radio 4

SUN 14:45 Green Originals (m000djb5)

[Repeat of broadcast at 00:15 today]

SUN 15:00 The Good Earth by Pearl S Buck (m00101kn)

Wang Lung and O-Lan meet and marry on the same day. O-Lan was a slave in the House of Hwang, the richest house in the village, where the opium-addicted owners are wasting their riches away. Wang Lung and O-Lan work hard and raise their children, but they are at the mercy of the land and when it fails them due to droughts and famine, they have to take desperate

Wang Lung - Chris Lew Kum Hoi O-Lan - Chipo Chuns Earth - Gana Bayarsaikhan Father -Liam Woon Uncle - Bruce Wang Ching/Buyer -Windson Liong Gatekeeper/Fruit seller, - Jon Chew Old Mistress - Pik Sen Lim

Original music composed by Ruth Chan Written by Pearl S Buck, dramatised by Mary Cooper with MW Sun

Directed by Shan Ng

Produced by Pauline Harris for BBC Audio Drama North

SUN 16:00 Open Book (m00100cr)

Rabih Alameddine, English PEN at 100 with Philippe Sands and Elif Shafak, Editors' Pick

Johny Pitts speaks to Rabih Alameddine about his new novel The Wrong End of the Telescope, the story of a Lebanese doctor who goes to Lesbos to help Syrian refugees.

English PEN was founded in 1921 to support freedom of expression for writers. Phillipe Sands and Elif Shafak discuss why it is still relevant one hundred years later.

And Neil Griffiths, co-founder of Weatherglass Books and founder of the Republic of Consciousness Prize for Small Presses, choses his Editors' Pick.

SUN 16:30 Contains Strong Language, Live from Coventry (m00101kv)

At the Contains Strong Language Festival, Luke Wright discovers Coventry through the eyes of poets and writers who've been inspired by the city

His guests include Pauline Black, founding member of 2 Tone band 'The Selecter' who were formed in Coventry in 1979, playwright and poet Amanda Dalton who grew up in Coventry, Liz Berry who has been commissioned to write a response to London Road Cemetery, and Emilie Lauren Jones, who finds the language of Coventry's industrial story entering her work.

Produced by Faith Lawrence

SUN 17:00 File on 4 (m000zt9v)

Mental Health Profiteers

Mental health profiteers: The dark world of online anxiety 'cures'.

Jane Deith and Jordan Dunbar investigate the rogue operators exploiting the long wait for mental health services on the NHS. The explosion in unregulated online recovery programmes has led to claims of people paying thousands of pounds for treatment by unqualified practitioners which has made their anxiety worse - not better. File on 4 investigates one company guaranteeing to cure anxiety in children. And we ask - why isn't the law protecting people who seek help online?

SUN 17:40 Profile (m00100rb)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m00101kz)

The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m0010113)

The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m0010117)

The latest national and international news from BBC Radio 4

SUN 18:15 Pick of the Week (m00101lc)

Deborah James

Presenter: Deborah James Producer: Elizabeth Foster Production support: Liz Poole Studio Manager: Richard Hannaford

SUN 19:00 The Archers (m00101kc)

There's a huge shock for Kirsty and Brian attempts to plan for the future

SUN 19:15 Stand-Up Specials (m00100hd)

Jessica Fostekew: Powerhouse

Absolute powershed Jessica Fostekew explores her big strong

Have you ever watched a feminist try and take 'hench' as a compliment'? It's like watching a snake eat, but funny. In this show, Jess extols the joys of weightlifting, decries the pressures put on women by the diet industry and explores the evolutionary advantage of having legs like a prize ham.

Powerhouse is adapted for BBC Radio 4 from Jessica's 2019 Dave's Edinburgh Comedy Award nominated show, Hench.

Written and Performed by Jessica Fostekew Production Coordinator: Tamara Shilham Producer: Lyndsay Fenner

Photo credit: Idil Sukan

A Whistledown production for BBC Radio 4.

SUN 19:45 Miss Bessemer Saves the Train (m00101lh) 'Friday. My Stewed Cabbase and Cold Gravy Day...'

Filday. My Stewed Cabbage and Cold Gravy Day...

Penelope Keith is Madge Bessemer in this 5-part serial inspired by the true story of one woman's fight to halt the closure of her local railway.

Village Guide Captain Madge Bessemer is not a particular fan of railways. Who needs trains when you've got a 1948 Austin Princess to tootle around in? However, when she discovers that, as part of their closure plans, British Rail are going to auction off the line side footpath, which holds precious memories for her, she determines to put a stop to proceedings.

Supported by The Lewes and East Grinstead Railway Fighting Committee - two Girl Guides, two train spotters, one pigswill man and a dog - Madge takes her battle right to the heart of government.

But the Prime Minster has just been humiliated by Colonel Nasser and has no intention of suffering a further humiliation at the hands of a village Girl Guide leader. John Profumo, Under Secretary of State to the Minister of Transport and a rising star in the government, is tasked with seeing that Miss Bessemer's plans are consigned to the dustbin of history.

All seems lost but, as Madge gains strength from the ghosts of her past, an unlikely idea for a railway of the future takes shape.

Everyone loves a fighter and Madge becomes a national hero, finding herself midwife not just to the birth of the world's first preserved standard gauge passenger railway –the Bluebell Line but also to the UK's multi-million pound heritage railway industry.

Writer: Roy Apps Reader: Penelope Keith Director: Celia de Wolff Sound Design: Matt Bainbridge A Pier production for BBC Radio 4

SUN 20:00 More or Less (m000zsnj)

Covid trends, face mask use, and the universal credit cut

A coronavirus check-in, our daily mask use measured, and a minister's claim on the universal credit cut questioned.

There was a time when the latest Covid statistics were headline news daily, but as the pandemic has stretched on into its second year and third wave people don't pay as much attention. But on More or Less we still keep an eye on them because that's how we roll

A recent article estimated that 129 billion single-use face masks are used every day around the world. It sounds wrong, but how wrong is it? And how did it get so wrong?

Making up the shortfall from the £20 weekly cut in the universal credit benefit means working an extra two hours a week - or an extra nine, depending on who you listen to. We run the numbers.

Plus, has the number of periods women have in a lifetime increased fourfold? And how many holes does a drinking straw have?

SUN 20:30 Last Word (m000zv8v)

Jimmy Greaves (pictured), Sir Clive Sinclair, Olivia Jordan, Carolyn Shoemaker

Julian Worricker on:

One of the greatest attacking footballers of all time, Jimmy Greaves, who later became a successful and often very funny TV presenter...

The inventor Sir Clive Sinclair, who made home computers and calculators portable and affordable.

Olivia Jordan whose heroism during World War 2 saw her driving ambulances through France before she became Charles De Gaulle's translator.

And the astrophysicist, Carolyn Shoemaker, one of the world's foremost detectors of comets and asteroids.

Interviewed guest: Jim Rosenthal Interviewed guest: Jason Fitzpatrick Interviewed guest: Christopher Curry Interviewed guest: Tessa Dunlop Interviewed guest: Dr Jennifer Wiseman Interviewed guest: David Levy

Producer: Neil George

Archive clips from: The Levin Interview: Radio 4 24.06.1984; Today, Radio 4 20.09.2021; Profile, Radio 4 22.03.1979; Newsreel: German Invasion of France 1940, Pathe News; To All Free Frenchmen: Charles de Gaulle on the French Defeat 1940, Pathe News 13.04.2014; The Jupiter Collision - Watch this space, BBC Two 16.07.1994; BBC News: BBC One 2 2.07.1994.

SUN 21:00 Money Box (m00100qm)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m00100cp)

[Repeat of broadcast at 07:54 today]

SUN 21:30 The Untold (m000wz20)

He Won't Go To School

Andrew is a school refuser. He hasn't done a full day of school since 2019.

"He will just refuse to get dressed. He will hide under his bed. And if you physically try and get him out of the house, he is not a violent child in any way, but he will hurt you to get away from the situation."

His parents are trying to pursue their careers but, even if they can coax him through the school gates, they often get a call an hour later to pick him up.

Everyone has tried to understand why he won't go. He has recently been diagnosed with autism which may be a factor. But Andrew can't tell them. And no-one knows the answer or is suggesting a solution.

Andrew has been blissfully happy in lockdown without the option or pressure of being made to go in. What will happen when restrictions are lifted and schools open again?

Narrator: Grace Dent Producer: Sarah Bowen

SUN 22:00 Westminster Hour (m00101lp)

Radio 4's Sunday night political discussion programme.

SUN 23:00 The Film Programme (m000zv3r)

Chris Menges, Local Hero

With Antonia Quirke

Oscar winning cinematographer and director Chris Menges takes us behind the scenes of Local Hero, The Mission and Kes, and reveals how he ended up in a Zanzibar prison with Michael Parkinson.

Bait director Mark Jenkin records his last audio diary about the

making of his horror movie, Enys Men, which was delayed by a year because of lockdown and was filmed during the pandemic.

Listeners nominate their favourite final scenes and composer Neil Brand chooses his two favourite end pieces: Close Encounters Of The Third Kind and Cabaret.

Sweetheart director Marley Morrison nominates her favourite final scene - the brief encounter in Andrew Haigh's debut Weekend.

And thank you to all of you who nominated your favourite final scene. We didn't have time to mention them all on air, so here is the complete list:

Algiers

Animal House

Being There Be Kind, Rewind

Big Night

Big Night Billy Elliot

Bright Star

Capernaum Casablanca

Chinatown

Cinderella Cold War

Death In Venice

Empire Of The Sun

Ex Machina 400 Blows

Genevieve

Gloria

Goodbye Mr Chips Ice Cold In Alex

Ice Cold In Alex James And The Giant Peach

Local Hero

Los Silensios

Michael Clayton

Midnight Run Monsoon Wedding

Nostalgia

Of Gods And Men O Lucky Man!

On The Waterfront

Orlando Pan's Labyrinth

Pepe Le Moko

Rocks

Some Like It Hot

Stalker

System Crasher

The Apartment

The Battle Of Algiers

The Leopard

The Lives Of Others

The Long Good Friday The Mermaid

The Mermaio

The Purple Rose Of Cairo The Seventh Seal

The Silence Of The Lambs

The Taking Of Pelham 1-2-3 The Third Man

The Usual Suspects

This Is Spinal Tap

Tunes Of Glory

Un Coeur En Hiver Withnail And I

Withnail And I Witness

SUN 23:30 Something Understood (b01n98v1) [Repeat of broadcast at 06:05 today]

MONDAY 27 SEPTEMBER 2021

MON 00:00 Midnight News (m00101lt)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Thinking Allowed (m000zspc)

Cool Consumers

Cool Consumers: Laurie Taylor considers how music acquires the social connotations of "cool" & its implicit association with youth and outsider status. He's joined by Jo Haynes, Associate Professor in Sociology at the University of Bristol. Also, the way in which racial marketing promoted menthol cigarettes to African Americans, linking them to notions of 'cool', with enduringly harmful effect. Keith Wailoo, Professor of History and Public Affairs at Princeton University, unpacks a poignant and intricate story which reveals why 85% of Black smokers prefer menthol brands and how difficult it has been to ban them, not least because of the way that tobacco companies

forged deep connections with Black media publishers and civil rights campaigners. He argues that the cry of 'I can't breathe' has multiple meanings in America's painful racial history.

Producer: Jayne Egerton

MON 00:45 Bells on Sunday (m00100rv) [Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m00101ly)

The latest weather reports and forecasts for UK shipping.

MON 01:00 Selection of BBC World Service Programmes (m00101m2)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

MON 05:20 Shipping Forecast (m00101m8)

The latest weather reports and forecasts for UK shipping.

MON 05:30 News Briefing (m00101md)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m00101mk)

Spiritual reflection to start the day with Rev Dr Alison Jack of New College, Edinburgh

MON 05:45 Farming Today (m00101mp)

The latest news about food, farming and the countryside.

MON 05:56 Weather (m00101mt)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b02txxkl)

Dotterel

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. Steve Backshall presents the dotterel.

Dotterels are waders, rather like small plovers with a broad white-eye stripe. In the UK, they're almost confined as breeding birds to the Scottish Highlands. They don't tend to fly away when approached which led our ancestors to believe that they are stupid. "Dotterel" derives from the same source as "dotard" and this tameness meant that the birds were easy prey for Victorian collectors.

MON 06:00 Today (m00101j8)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m00101jd)

Colm Tóibín on Thomas Mann

The prize-winning author Colm Tóibín recreates the life and work of one of Germany's most famous and acclaimed writers Thomas Mann. The Magician is a deeply intimate portrait of a private man, revealing both his suppressed homosexuality and complex family ties, and of a public writer who sought to explicate the soul of Germany in the 20th century.

When Hitler came to power Thomas Mann fled his homeland and went into exile in America, and in Switzerland, never to return to live in the country that inspired his creativity. Karen Leeder, Professor of Modern German Literature at Oxford, considers how German writers have become embroiled in the major events of history, and the impact on their writing. She has translated the lectures of the poet Durs Grünbein, For the Dying Calves, to be published in November.

Mann's novel Buddenbrooks, which earned him the Nobel Prize for Literature, is the story of the decline of a wealthy bourgeois merchant family. As a family saga it's been likened to Jesse Armstrong's 21st century creation, Succession. As the television drama reaches its third series Armstrong explains why the back-stabbing, power-grabbing antics of a superrich, dysfunctional family has so caught the public imagination.

Producer: Katy Hickman

MON 09:45 The History of the World in 100 Animals by Simon Barnes (m00101jj)

Episode 1

We are not alone. We are not alone on the planet. We are not alone in the countryside. We are not alone in cities. We are not

alone in our home

We are humans and we love the idea of our uniqueness. But the fact is that we humans are as much members of the animal kingdom as the cats and dogs we surround ourselves with, the cows and the fish we eat, and the bees who pollinate so many of our food-plants.

In The History of the World in 100 Animals, award-winning author Simon Barnes selects the 100 animals who have had the greatest impact on humanity and on whom humanity has had the greatest effect. He shows how we have domesticated animals for food and for transport, and how animals powered agriculture, making civilisation possible. A species of flea came close to destroying human civilisation in Europe, while the slaughter of a species of bovines was used to create one civilisation and destroy another. He explains how pigeons made possible the biggest single breakthrough in the history of human thought. In short, he charts the close relationship between humans and animals, with great insight and understanding.

The heresy of human uniqueness has led us across the millennia along the path of destruction. This book helps us to understand our place in the world, so that we might do a better job of looking after it. That might save the polar bears, the modern emblem of impending loss and destruction. It might even save ourselves.

We have chosen 10 out of the 100 animals for these extracts from the book.

Simon Barnes is the author of many wild volumes, including the bestselling Bad Birdwatcher trilogy, Rewild Yourself and On The Marsh. He is a council member of World Land Trust, trustee of Conservation South Luangwa and patron of Save the Rhino. In 2014, he was awarded the Rothschild Medal for services to conservation.

Abridged by Florence Bedell

Read by
Paul Westwood
Sophie Barker
Elliot James
Sarah Lambie
Mathew Wellard
Hannah Brackstone-Brown

Produced by Clive Brill A Brill production for BBC Radio 4

MON 10:00 Woman's Hour (m00101jn)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

MON 11:00 Landscapes of the Mind (m00100d8)

The impact of Covid and lockdowns on mental health has raised the importance of urban green spaces. New York's High Line is one of the most iconic green spaces in that city, and its designer, James Corner explains how demand for green spaces has increased during the pandemic.

He's working on a similar High Line project for Camden, with a design for a 'garden in the sky' running along a rail track. Camden High Line's CEO Simon Pitkeathley describes the challenge and potential of using disused track alongside existing trains and its potential to provide green space access for those living along the projected route.

The benefits of landscape for physical and mental well-being through history are described by Catharine Ward Thompson, Professor of Landscape Architecture at the University of Edinburgh. She discusses research showing that visits to green space and parks have increased as people recognised the benefit for their mental health of getting into green and natural environments. But inequalities exist between those with green space nearby and those from lower socio-economic groups who had less access.

The public health value of urban green space in response to epidemics is described by Sara Jensen C, Assistant Professor of Architecture at Northeastern University in Boston, Massachusetts. She recounts how urban parks such as New York's Central Park were designed to help with physical and mental health.

The restorative potential of urban green space is described by Jenny Roe, Professor and Director of the Center for Design and Health at the University of Virginia.

James Corner says while there's more demand for new green spaces, and there's the political will to provide them, it is more difficult to create them given the cost of such projects.

A Voiceworks production for BBC Radio 4

MON 11:30 Loose Ends (m00100r8)

[Repeat of broadcast at 18:15 on Saturday]

MON 12:00 News Summary (m00101jv)

National and international news from BBC Radio 4

MON 12:04 Meet Me at the Museum (m000tmkf) Episode 6

In 1964, Professor Glob, the curator of the Silkeborg Museum in Denmark, dedicated his book The Bog People to a group of schoolgirls who had written to him about his recent archaeological discoveries. Fifty years later, at a defining moment in her life, Tina Hopgood writes him another letter about a planned pilgrimage to Denmark with her best friend, Bella, to visit the 2000-year-old Tollund Man. Why did they never make the trip?

She doesn't expect a reply.

When Anders Larsen, a lonely museum curator responds, neither does he.

Their unexpected correspondence becomes a shared meditation on love, loss, life choices made and the opportunity to make new and different ones.

Episode Six

Anders' life is moving on. But Tina still feels trapped in hers.

Starring Tamsin Greig and Paul Ritter

Written by Anne Youngson Adapted for radio by Richard Leaf

Producer: Karen Rose Sound: Lucinda Mason Brown Production Coordinator: Sarah Tombling

A Sweet Talk production for BBC Radio 4

MON 12:18 You and Yours (m00101jz)

News and discussion of consumer affairs

MON 12:57 Weather (m00101k3)

The latest weather forecast

MON 13:00 World at One (m00101k7)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 Poison (m00109f1)

Episode 1: The Chuckling Pensioner

South Africa's President Jacob Zuma believes he has been poisoned, repeatedly. He claims to be the victim of a long, sophisticated, and unfinished plot to assassinate him. But who would want to kill a man still celebrated for his role as a fighter in the struggle against apartheid? Could it be linked to the allegations of massive corruption against him? Or is there a broader conspiracy at work – an international plot to silence a man who claims to be speaking up for South Africa's neglected poor? In this five-part series the BBC's Africa correspondent, Andrew Harding, digs into a mystery that links a case of poisoned underpants, to a plot to kill Nelson Mandela, to this year's riots that left 300 South Africans dead. In this episode, Zuma's early years.

'Poison' is the story of one man's toxic obsession and the battle for South Africa's future.

Presenter: Andrew Harding Producer: Vauldi Carelse Sound mix: James Beard Series editor: Bridget Harney

MON 14:00 The Archers (m00101kc)

[Repeat of broadcast at 19:00 on Sunday]

MON 14:15 United Kingdoms (m00101kh) Reflecting

A ground breaking five part series from exciting new writers celebrating and revealing life across the United Kingdoms in short, sharp drama, comedy, news reports, song and poetic monologue. Stories, lives and voices making a kaleidoscope of now

Each episode features five short dramas by different writers - a total of 50 writers and 100 actors have been brought together, showcasing new writing and performing talent from every

corner of the United Kingdom.

Belfast - A reflection on a long-ago conversation between the writer's parents about her brother's first birthday party, the 12th July Orange Day Parade, and a strange meeting in the park. Then the phone rings and, without warning, her mother's world is turned upside down.

Cardiff Gate - Going back to work with a stoma is no joke. In this surreal comedy, Greg Glover reflects on his real-life experiences of coming to terms with an ileostomy.

Leith - Jo reflects back on her life as a father and grandmother.

Sparkhill - I (Roland Gift) went back to Sparkhill and, for the first time since leaving town, I spent the night in a house of a friend on the road where I was born. Since then, nothing in my world has been the same.

Nottingham - Falling can feel like floating if the conditions are right. Contextualising a dream and rooting it in reality allows for progress to be made.

Belfast written by Zarina Yousuf-Bonass Performed by Lata Sharma Music by Louis Gift Sound Design by Lucinda Mason Brown Produced by Celia de Wolff

Cardiff Gate written by Greg Glover Performed by Gareth Pierce, Lisa Zahra and Dom Francis Sound Design by Nigel Lewis. Produced by John Norton

Leith written by Jo Clifford Performed by Jo Clifford and Catriona Innes Sound Design by Joanne Willott Produced by Kirsty Williams

Sparkhill written by Roland Gift Performed by Roland Gift Music by Roland Gift Sound Design by Lucinda Mason Brown Produced by Celia de Wolff

Nottingham written by Ravelle-Sadé Fairman Performed by Ravelle-Sadé Fairman and Leon Schoburgh Sound Design by Eloise Whitmore Produced by Dermot Daly

Programme Illustration by Eleanor Hibbert Original music composed by Niroshini Thambar

Episode Sound Designers: Lucinda Mason Brown and David Chilton, Essential Music Ltd Curated by Celia de Wolff for Pier Productions and BBC

Curated by Celia de Wolff for Pier Productions and BBC Northern Ireland for BBC Radio 4

MON 15:00 Brain of Britain (m00101km)

Heat 11, 2021

(11/17)

Russell Davies welcomes another four competitors to Salford for the penultimate heat in the 2021 season of the general knowledge tournament.

In which book of the Bible will you find the story of Joseph and his multi-coloured coat? Whom did James Corden replace on television as host of America's Late Late Show? And which Lincolnshire-born painter was especially known for his many portraits of Emma, Lady Hamilton?

If the competitors can tackle these questions they may be on their way to a place in the semi-finals, and a step closer to the title Brain of Britain 2021.

Appearing today are:

Alan Burns, a retired solicitor from Salford Charlotte Jackson-Orland, a modern languages teacher from Manchester

Derek Moody, a retired planning and logistics manager from Warrington in Cheshire

Lauren Watts-Keane, a data engineer from Cardiff.

There will also be a chance for a listener to win a prize by stumping the competitors with questions he or she has suggested.

Assistant Producer: Stephen Garner Producer: Paul Bajoria

MON 15:30 The Food Programme (m00101k2)

[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 History on the Edge (m00101kt)

Anita Anand uncovers an extraordinary personal story from the

margins of British history which challenges our perspective of the past we thought we knew. At a crucial moment in the rethinking of whose histories we should be telling, History on the Edge challenges some of the conventional assumptions about our past.

It's 1940 and, amid the chaos of the Second World War, a 19-year-old refugee from Hitler's Germany, Konrad Eisig, finds himself caught up in a British policy which, just when he thought he was safe, sends him on a hazardous sea journey to Australia in conditions little better than those of the slave ships of a century-and-a-half before. With the help of Eisig's first-hand testimony from the astonishing diary he left behind, Anita is on an investigation to unravel his story and understand how this apparently cruel train of events came about, and what it was really like for those who lived it.

With contributions from Nick Ross, Aditi Anand, Laura Walker, Claudia Cotton, Dr Rachel Pistol and Dr Seumas Spark. Extracts from Konrad Eisig's Diary are read by Gunnar Cauthery.

Producer: Anna de Wolff Evans Executive Producer: Simon Elmes A Pier production for BBC Radio 4

MON 16:30 Beyond Belief (m00101ky)

Ignatian Spirituality

If you have ever become so immersed in a book or a film that you feel you are actually part of the story, you are doing something similar to the Gospel contemplations which are part of the Spiritual Exercises of St Ignatius Loyola. Ignatius was born in Spain in 1491; a military man, he was struck by a cannonball and whilst recovering from surgery underwent a spiritual conversion, became a priest and eventually he founded the Jesuits. But it is his Spiritual Exercises that Ernie Rea and guests will be concentrating on in this programme.

To discuss Ignatian Spirituality are Father Jim Martin (a Jesuit Priest and author of 'The Jesuit Guide to Almost Everything'), Ruth Holgate (Deputy Director of St Beuno's Jesuit Spirituality Centre in North Wales) and Sister Anne Arabome (a member of the Sisters of Social Service in Los Angeles and Associate Director of the Faber Centre for Ignatian Spirituality).

Producer: Julian Paszkiewicz

This episode of Beyond Belief contains a short audio excerpt from the Disney Pixar animated film 'Soul'. It was produced by Dana Murray and Pete Docter was the director.

MON 17:00 PM (m0010112)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m0010116)

The latest national and international news from BBC Radio 4.

MON 18:30 Just a Minute (m00101lb) Series 87

Episode 4

Sue Perkins hosts Radio 4's longest running panel show, Just a Minute. Sue challenges guests Paul Merton, Sheila Hancock, Daliso Chaponda and Jan Ravens to talk without hesitation, deviation, or repetition. This episode was produced using remote recording technology, with the audience joining from their homes all over the world.

Devised by Ian Messiter

Whistle blown by Caroline Barlow

Produced by Hayley Sterling

A BBC Studios Production

MON 19:00 The Archers (m001008w)

Tracy struggles to keep her cool and Kirsty tries to make sense of the situation

MON 19:15 Front Row (m00101lg)

Live magazine programme on the worlds of arts, literature, film, media and music

MON 19:45 Will Self Takes the Waters (m000s7lt) The Ultimate Refreshment?

The Ultimate Refreshment?

Will Self ponders the origins of our insatiable thirst for bottled waters.

How did mineral water become such a valuable commodity and is it a luxury the world can no longer afford?

Will's a confirmed fan of mineral water - yet he's puzzled by its enduring appeal when H2O flows freely from the tap.

Over five episodes, he investigates the history of five different mineral waters and the spa towns from which they spring. He's joined by 'water sommelier' Martin Riese who believes that mineral water should be regarded as a connoisseur product, just like wine. Riese serves 20 varieties of mineral water in his boutique hotel in Los Angeles.

Today, the story of Perrier, which comes from the south of France and sold 1.6 billion bottles in 2019. Perrier was first marketed by Englishman St John Harmsworth who bought up the spring in 1903.

Will investigates why Perrier took the world by storm and asks Nestlé, the brand's current owners, what they're doing to address widespread concerns about the environmental impact of their product.

Producer: Laurence Grissell

(Photo credit: Luther Self)

MON 20:00 This Union: Two Kingdoms (m00101ll)

This Union: Two Kingdoms - Crossroads

Allan Little presents This Union: Two Kingdoms, for BBC Radio 4. The epic story of how and why Scotland entered into union with England, of why that Union endured for so long, and of the historic changes that have brought Scotland closer to independence than it's been since 1707.

Having witnessed the emergence of new independent states from the Balkans to the Soviet Union and across Africa, Allan Little explores his homeland, Scotland, tracing the powerful and deep-rooted forces which are now changing - and might yet end - Scotland's place in the UK.

In a sweeping history of national pride, ingenious character, passionately held values and political plots, Allan uncovers the people who drove the creation, development and explores its current divergence.

From the catastrophe that cost Scotland half its national wealth, the sticks and carrots that the Crown used to draw Scotland into England's embrace, to the building of a new British national identity and mythology – this is a story about the emergence of a powerful partnership forged in Empire, industry and war that some now feel is falling apart. Allan reveals the shared national enterprises that shaped the United Kingdom, and the tensions and conflicting values that could end it.

Allan finds the hidden qualities and shared values that once bound Scotland powerfully to its British destiny, and what happens when those values diverge and then clash, with profound consequences for millions of people on both sides of the border.

Presenter: Allan Little

Series Producers: Caitlin Smith and Jonathan Brunert

MON 20:30 Analysis (m00101lq)

Reimagining the Nation

What keeps a nation together? For political scientist Benedict Anderson, it was the idea of the 'imagined community'. Although people from different backgrounds in a country might not know one another, they could imagine themselves as part of the same larger story.

Peter Pomerantsev looks at how we can survive as a society when the idea of the 'imagined community' is under strain. Is it too late to find any commonality? Or are there other ways of imagining the future of the nation?

Producer Ant Adeane Editor Jasper Corbett

MON 21:00 Electric Ride UK (m000zt93)

Episode 2

Peter Curran is getting back on the road, in an electric vehicle. When Peter set out on his first adventure in an electric vehicle for Radio 4, ten years ago, owning one was more of a niche interest than a regular part of life.

But things have changed. And with a deadline of 2030 on the last sale of combustion engine cars in Britain, manufacturers and researchers have had to kick their work up a gear.

In this new series, Peter travels from Lands' End to John O'Groats and asking whether the country is ready for the new

era of electric cars.

Along the way he'll explore what makes an electric car, from mining of lithium and the latest in battery technology, to how manufacturers like Nissan plan to keep up with soaring demand. And he'll also speak to people pushing electric vehicles to their very limits, whether it be in racing, like McLaren and Extreme-E, to Chris Ramsey, a maverick planning to drive an electric vehicle from pole-to-pole.

Presenter: Peter Curran Producer: Ellie Clifford Executive Producer: David Prest

A Whistledown production for BBC Radio 4

MON 21:30 Start the Week (m00101jd)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m00101lx)

In depth reporting, intelligent analysis and breaking news from a global perspective

MON 22:45 Beautiful World, Where Are You by Sally Rooney (m00101m1)

Episode 6

Alice, a novelist, meets Felix, who works in a warehouse and asks him if he'd like to travel to Rome with her. In Dublin, her best friend Eileen is getting over a break-up and slips back into flirting with Simon, a man she has known since childhood.

Alice, Felix, Eileen and Simon are still young - but life is catching up with them. They desire each other, they delude each other, they get together, they break apart. They worry about sex and friendship and the world they live in. Will they find a way to believe in a beautiful world?

Beautiful World, Where Are You is Sally Rooney's third novel published 7th September 2021 following on from the huge global success of her novels Conversations With Friends (2017) and Normal People (2018).

Niamh Algar is one of Ireland's most acclaimed young actors. In addition to her most recent lead role in Channel 4's Deceit, Niamh starred alongside Stephen Graham earlier this year in Shane Meadows highly acclaimed drama The Virtues, Niamh is currently filming a Netflix adaptation of Emma Donoghue's psychological thriller The Wonder shooting in Wicklow.

Author: Sally Rooney Reader: Niamh Algar Abridger: Rowan Routh Producer: Gemma McMullan A BBC Northern Ireland Production.

MON 23:00 Lights Out (m00101m7)

Episode 4 of 4: A Service for Society

Documentary adventures that encourage you to take a closer

Eleven years after the partial decriminalisation of homosexuality in the United Kingdom, a sequence of events unfolded that would rock the British political establishment and test those campaigning for gay rights in the United Kingdom.

Through remarkably candid interviews not previously broadcast in this country with Norman Scott (the former model) and Andrew Newton (the suspected hitman), two of the main protagonists in the trial of Jeremy Thorpe (former leader of the Liberal Party), this documentary revisits a very English scandal and gauges its impact on the struggle for gay rights.

We hear from the human rights activist Peter Tatchell; a member of the Brixton Faeries, Julian Hows, who staged a satirical play based on the Thorpe case; and Tom Robinson whose song Glad to be Gay hit the charts in 1978. We also hear from Derek Stimpson, archivist of the Worshipful Company of Gunmakers, and archive of Peter Cook as the 'biased judge'.

Archive of Norman Scott and Andrew Newton from 'The Jeremy Thorpe Affair' courtesy of CBC Radio's Sunday Morning (1978).

Produced by Alan Hall A Falling Tree production for BBC Radio 4

MON 23:30 Mastertapes (b04ps3bn)

Angélique Kidjo (the A-Side)

John Wilson continues with his new series in which he talks to leading performers and songwriters about the album that made them or changed them. Recorded in front of a live audience at the BBC's iconic Maida Vale Studios

Programme 5. 'Ayé' with Angélique Kidjo

John Wilson talks to the Grammy nominated singer-songwriter and activist from Benin about her breakthrough album Ayé released in 1994 and hears her perform exclusive versions of key tracks. With songs including "Agolo," "Adouma" and "Djan-Djan", the album has been described as "a spellbinding oneworld statement" where "Kidjo treats her voice like it's a percussion instrument".

One of ten children, Angélique Kidjo grew up in Benin in West Africa. But in the 1980s she moved to Paris to escape the communist regime and began synthesising the music of her native country with rock, funk, electronica and Euro-pop.

Kidjo has collaborated with artists as diverse as Alicia Keys, Philip Glass, the Kronos Quartet and Peter Gabriel and been declared as the "the undisputed Queen of African Music." Her albums regularly top the World Albums Charts and her gift is said to be "to pour what could so easily be anger and frustration into songs that uplift and inspire us.'

Complete versions of the songs performed in the programme (as well as some that weren't) can be heard on the 'Mastertapes' pages on the Radio 4 website.

Producer: Clare Walker

TUESDAY 28 SEPTEMBER 2021

TUE 00:00 Midnight News (m00101mc)

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 The History of the World in 100 Animals by Simon Barnes (m00101jj)

[Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m00101mh)

The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m00101ml)

BBC Radio 4 presents a selection of news and current affairs. arts and science programmes from the BBC World Service.

TUE 05:20 Shipping Forecast (m00101mq)

The latest weather reports and forecasts for UK shipping.

TUE 05:30 News Briefing (m00101mv)

The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m00101mx)

Spiritual reflection to start the day with Rev Dr Alison Jack of New College, Edinburgh

TUE 05:45 Farming Today (m00101mz)

The latest news about food, farming and the countryside.

TUE 05:58 Tweet of the Day (b03bkfw4)

Grev Plover

Tweet of the Day is a series of fascinating stories about the British birds inspired by their calls and songs.

Wildlife Sound Recordist, Chris Watson, presents the Grey Plover. The call of the grey plover across the shimmering mud-flats of an autumn estuary is a haunting sound. They feed out on open mudflats using the "run, stop, peck" method....a quick run towards any worms or shellfish which they spot with those big eyes, stop, then a slight lean forward to pick it up.

TUE 06:00 Today (m001007t)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 The Life Scientific (m001007z)

Derk-Jan Dijk on the Importance of Sleep

Professor Jim Al-Khalili talks to leading scientists about their life and work, finding out what inspires them and asking what their discoveries might do for us in the future.

TUE 09:30 One to One (m0010081)

Changing Language: Cindy Yu meets Asifa Majid

A move from China to the UK aged 9 meant a new language for journalist and broadcast editor at The Spectator, Cindy Yu. How did that change her upbringing and view of the world? She meets Asifa Majid, professor of language, communication and cultural cognition at the University of York.

Produced for BBC Audio in Bristol by Chris Ledgard

TUE 09:45 The History of the World in 100 Animals by Simon Barnes (m0010083)

Episode 2

We are not alone. We are not alone on the planet. We are not alone in the countryside. We are not alone in cities. We are not alone in our homes.

We are humans and we love the idea of our uniqueness. But the fact is that we humans are as much members of the animal kingdom as the cats and dogs we surround ourselves with, the cows and the fish we eat, and the bees who pollinate so many of our food-plants.

In The History of the World in 100 Animals, award-winning author Simon Barnes selects the 100 animals who have had the greatest impact on humanity and on whom humanity has had the greatest effect. He shows how we have domesticated animals for food and for transport, and how animals powered agriculture, making civilisation possible. A species of flea came close to destroying human civilisation in Europe, while the slaughter of a species of bovines was used to create one civilisation and destroy another. He explains how pigeons made possible the biggest single breakthrough in the history of human thought. In short, he charts the close relationship between humans and animals, with great insight and understanding.

The heresy of human uniqueness has led us across the millennia along the path of destruction. This book helps us to understand our place in the world, so that we might do a better job of looking after it. That might save the polar bears, the modern emblem of impending loss and destruction. It might even save ourselves.

We have chosen 10 out of the 100 animals for these extracts from the book

Simon Barnes is the author of many wild volumes, including the bestselling Bad Birdwatcher trilogy, Rewild Yourself and On The Marsh. He is a council member of World Land Trust, trustee of Conservation South Luangwa and patron of Save the Rhino. In 2014, he was awarded the Rothschild Medal for

Abridged by Florence Bedell

Read by Paul Westwood Sophie Barker Elliot James Sarah Lambie Mathew Wellard Hannah Brackstone-Brown

Produced by Clive Brill A Brill production for BBC Radio 4

TUE 10:00 Woman's Hour (m0010086)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

TUE 11:00 Electric Ride UK (m0010088)

Episode 3

Peter Curran is getting back on the road, in an electric vehicle. When Peter set out on his first adventure in an electric vehicle for Radio 4, ten years ago, owning one was more of a niche interest than a regular part of life.

But things have changed. And with a deadline of 2030 on the last sale of combustion engine cars in Britain, manufacturers and researchers have had to kick their work up a gear.

In this new series, Peter travels from Lands' End to John O'Groats and asking whether the country is ready for the new era of electric cars.

Along the way he'll explore what makes an electric car, from mining of lithium and the latest in battery technology, to how manufacturers like Nissan plan to keep up with soaring demand. And he'll also speak to people pushing electric vehicles to their very limits, whether it be in racing, like McLaren and Extreme-E, to Chris Ramsey, a maverick planning to drive an electric vehicle from pole-to-pole.

Presenter: Peter Curran Producer: Ellie Clifford Executive Producer: David Prest

TUE 11:30 Art of Now (m001008b)

Hong Kong Artists

Art has been central to the Hong Kong protest movement with a new generation of artists creatively responding to curbs on civil and political freedoms since 2014's Umbrella Revolution. However, the introduction of the National Security Law in 2020 gave Beijing far reaching powers to crush any political dissent in Hong Kong and many artists went to ground.

Over 18 months, producer Neil McCarthy spends time with two artists, Lumli and Lumlong - wife and husband - as they adapt to increasing political repression in Hong Kong and are forced to make difficult choices about their future.

Additional reporting by Wai Sze Leung Sound by Phil Channell Produced and presented by Neil McCarthy

TUE 12:00 News Summary (m001008d)

National and international news from BBC Radio 4

TUE 12:04 Meet Me at the Museum (m000tlv0)

In 1964, Professor Glob, the curator of the Silkeborg Museum in Denmark, dedicated his book The Bog People to a group of schoolgirls who had written to him about his recent archaeological discoveries. Fifty years later, at a defining moment in her life, Tina Hopgood writes him another letter about a planned pilgrimage to Denmark with her best friend, Bella, to visit the 2000-year-old Tollund Man. Why did they never make the trip?

She doesn't expect a reply.

When Anders Larsen, a lonely museum curator responds, neither does he.

Their unexpected correspondence becomes a shared meditation on love, loss, life choices made and the opportunity to make new and different ones.

Episode Seven

As Anders is about to become a grandfather, he and Tina share memories of their own grandparents.

Starring Tamsin Greig and Paul Ritter

Written by Anne Youngson Adapted for radio by Richard Leaf

Producer: Karen Rose Sound: Lucinda Mason Brown Production Coordinator: Sarah Tombling

A Sweet Talk production for BBC Radio 4

$\it TUE~12:18~You~and~Yours~(m001008j)$

News and discussion of consumer affairs

TUE 12:57 Weather (m001008n)

The latest weather forecast

TUE 13:00 World at One (m001008s)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 Poison (m00109dx)

Episode 2: A Pinch of Paranoia

South Africa's former president Jacob Zuma is convinced he's been the target of repeated poisoning attempts. But why? In this episode we dive into the murkiest corners of the long struggle against racial apartheid to uncover Cold War paranoia, toxic underpants, and the origins of Zuma's fixation with poison.

'Poison' is the story of one man's toxic obsession and the battle for South Africa's future.

Presenter: Andrew Harding Producer: Vauldi Carelse Sound mix: James Beard Series editor: Bridget Harney

TUE 14:00 The Archers (m001008w)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Trust (m0010090)

A Social Distance

New series of Jonathan Hall's comedy drama about an inner city academy school in Salford and how it coped with the pandemic in 2020. Starring Julie Hesmondhalgh.

Episode one - A Social Distance

It is mid March 2020 and the schools have closed due to Covid 19. East Salford Academy tries to cope with all the conflicting information from the government whilst dealing with confused parents. There are so many questions - Who is meant to be in school? What exactly is a key worker? How are school meal vouchers going to be distributed? The school principle Yvette Miller grapples with all these issues whilst keeping the Academy Trust and the nervous staff informed and happy.

Yvette Julie Hesmondhalgh Sir Ken Jonathan Keeble Tim Ashley Margolis Marigold/Candice Verity Henry Joy/Carol Susan Twist Moey/Mr Ayhan Abdullah Afzal

Director/ Producer Gary Brown.

A BBC Audio Drama North Production.

With grateful thanks to those who helped with the research -

Tom Barradas Lingard John Winkley Isobel Ashmead Pippa Davies Pat Thomson

TUE 15:00 The Kitchen Cabinet (m0010094)

[Repeat of broadcast at 10:30 on Saturday]

TUE 15:30 Costing the Earth (m001009b)

Qasa's Farm - Building Resilience in Bangladesh

Qasa Alom has always been told that his family farm in Sylhet, Bangladesh is his heritage. His parents have spent their time and money trying to maintain the estate and his father has always hoped Qasa would take on some of the strain. Born in Britain, Qasa had other ideas about how he wanted to spend his time but he now faces a new challenge; how to protect his family's roots from climate chance.

Bangladesh's low elevation and high population density make it one of the most vulnerable countries as climate change accelerates extreme weather conditions such as heat and floods and sea-levels rise. Qasa's village has always faced flooding but the future looks more unpredictable. Now as Qasa considers his future commitment to the farm he finds a country that is battling extremes but also finding solutions.

Early weather warning systems which incorporate local knowledge and using community resolve to insure everyone gets to safety are one example. Changing crops, farming shellfish and growing jute to build up soil naturally are also being trialled and, most importantly, migration by climate refugees is being planned for. As a leader in climate adaptation Bangladesh is leading the world but will it be enough to keep Qasa committed to helping to maintain his family's way of life here?

$\it TUE~16:00~The~Hidden~History~of~the~Window~(m001009h)$

Rachel Hurdley opens the window on an architectural feature which reveals a story of conflict, hierarchy, status and ventilation

The history of windows in our homes begins with simple openings, designed to let in some light and air but small enough to protect the occupants from intruders. Glass was rare and expensive so only the wealthiest could afford to show off their affluence with a display of glazed windows. But, as the technology of glass making developed, windows became larger and made a statement about sophistication and modernity.

Rachel traces the history of the window from the arrow loops of Chepstow Castle to the massive plate glass windows of the 20th century and beyond. She visits Gloucester Cathedral to admire a stained glass window which was said to be the largest in the world when it was created and discovers how its design reinforced the medieval social order. Rachel also goes back to the 1590s to find out why Hardwick Hall was described as 'More Glass Than Wall' and how its many windows were used to show off wealth and status.

She discovers how department stores with their tempting window displays brought about social change and played a part in female liberation and she considers why windows suddenly got so much bigger in the early years of the 20th century. Along the way, Rachel hears from the Poet Laureate, Simon Armitage, about how his lockdown window provided poetic inspiration and she reflects on the central question of the window – are we

inside looking out or outside looking in?

Interviewees:

Sonia Solicari, Director of The Museum of the Home -

https://www.museumofthehome.org.uk/

Jonathan Glancey, Architectural Writer and Historian Kate Roberts, Chief Inspector of Ancient Monuments for Cadw speaking at Chepstow Castle https://cadw.gov.wales/visit/placesto-visit/chepstow-castle

Celia Thomson, Canon Chancellor of Gloucester Cathedral

https://gloucestercathedral.org.uk/

Denise Edwards, General Manager of Hardwick Hall https://www.nationaltrust.org.uk/hardwick-hall

Deborah Sugg Ryan, Professor of Design History at Portsmouth

University

David Scott, Tenant at The Homewood -

https://www.nationaltrust.org.uk/the-homewood Simon Armitage, The Poet Laureate

Presenter: Rachel Hurdley Producer: Louise Adamson Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

TUE 16:30 Great Lives (m001009l)

Ruth Rogers on James Baldwin

The chef and co-founder of The River Cafe, Ruth Rogers, picks the life of the writer and activist James Baldwin.

A writer, poet, playwright and activist, Baldwin was known as a trailblazing explorer of race, class and sexuality in America and the "literary voice of the Civil Rights movement".

Joining Ruth and Matthew is Professor Rich Blint from the Eugene Lang College of Liberal Arts in New York. He is director of the college's race and ethnicity programme and is a contributing editor to the James Baldwin Review. Together they explore Baldwin's writing style, the turbulent times faced both politically and personally; and ask - were he alive today - whether he would feel the world had progressed in its attitude to race.

Presented by Matthew Parris and produced for BBC Audio in Bristol by Caitlin Hobbs.

TUE 17:00 PM (m001009n)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

$\it TUE~18:00~Six~O'Clock~News~(m001009q)$

The latest national and international news from BBC Radio 4.

TUE **18:30** The Birthday Cake Game (m001009s) Series 1

Episode 5

A brand new comedic quiz hosted by Richard Osman that poses one simple question - do you know how old people are? Part quiz show, part panel show, and sometimes part chat show - The Birthday Cake Game is always play-along and full of entertaining guesses, with some surprising take home facts.

The trio joining Richard this week, battling to prove they're the best at working out ages and to take home the coveted birthday cake, are Catherine Bohart, Ivo Graham and Ramita Navai. Tune in to find out who comes out on top and see if you can beat the players and score higher at home.

Production Manager: Ellie Threlfall Production Executive: Gemma Whitford Producer: Tamara Gilder

A Remarkable production for BBC Radio 4

TUE 19:00 The Archers (m001009v)

Lynda goes into battle and Josh places his bets.

TUE 19:15 Front Row (m001009x)

Live magazine programme on the worlds of arts, literature, film, media and music

TUE 19:45 Will Self Takes the Waters (m000sh7z) Something in the Water

Something in the Water

Will Self ponders questions of health in our insatiable thirst for mineral waters. When water flows freely from the tap, why are we so attached to the bottled variety?

Today, how Buxton rose to prominence as a spa town in the

18th and 19th centuries and what it owes to the grand spas of central Europe

Over five episodes, Will investigates the story of five different mineral waters, and their enduring appeal.

Producer: Laurence Grissell

(Photo credit: Luther Self)

TUE 20:00 File on 4 (m001009z)

Occupational Hazard: The bus drivers who died from Covid

During the pandemic, it's been one of the most dangerous occupations in the land, with a death rate similar to that of frontline nurses. Sixty London bus drivers have died of Covid-19, and yet the authorities still have little explanation as to why the disease spread among them in such deadly fashion.

Families of the deceased say it was due to poor safety standards and the slow introduction of protective measures. Transport for London say they were just following government guidance. But with bus drivers becoming more vociferous and the death rate too high to ignore, BBC File on 4 tries to uncover the truth behind the shocking statistics.

The programme hears from bus drivers across the capital who describe what was really happening on the ground, as well as the families of the deceased, and a TfL insider who alleges systemic problems with health and safety and says a Royal Commission is now needed to get to the bottom of what happened.

Reporter: Paul Kenvon Producer: Annabel Deas Editor: Carl Johnston

TUE 20:40 In Touch (m00100b1)

News, views and information for people who are blind or partially sighted

TUE 21:00 Inside Health (m00100b3)

Vegetarian ultra processed foods

How healthy are ultra processed vegan and vegetarian foods? James Gallagher investigates.

TUE 21:30 The Life Scientific (m001007z)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m00100b5)

In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 Beautiful World, Where Are You by Sally Rooney (m00100b7)

Episode 7

Alice, a novelist, meets Felix, who works in a warehouse and asks him if he'd like to travel to Rome with her. In Dublin, her best friend Eileen is getting over a break-up and slips back into flirting with Simon, a man she has known since childhood.

Alice, Felix, Eileen and Simon are still young - but life is catching up with them. They desire each other, they delude each other, they get together, they break apart. They worry about sex and friendship and the world they live in. Will they find a way to believe in a beautiful world?

Beautiful World, Where Are You is Sally Rooney's third novel published 7th September 2021 following on from the huge global success of her novels Conversations With Friends (2017) and Normal People (2018).

Niamh Algar is one of Ireland's most acclaimed young actors. In addition to her most recent lead role in Channel 4's Deceit, Niamh starred alongside Stephen Graham earlier this year in Shane Meadows highly acclaimed drama The Virtues, Niamh is currently filming a Netflix adaptation of Emma Donoghue's psychological thriller The Wonder shooting in Wicklow.

Author: Sally Rooney Reader: Niamh Algar Abridger: Rowan Routh Producer: Gemma McMullan A BBC Northern Ireland Production.

TUE 23:00 Fortunately... with Fi and Jane (m00100b9)

204. Cheese Blindness and Fictional Keiths, with Mary Ann

Fi is at home and Jane is at Broadcasting House for this week's

Fortunately podcast. Their guest is the journalist and presenter Mary Ann Sieghart. Mary Ann speaks to them about her new book 'The Authority Gap: Why Women Are Still Taken Less Seriously Than Men, and What We Can Do About It.' Expect interesting insights on workplace challenges, Canadian knitting and party name stickers. Before Mary Ann arrives Jane is lacking Saturday night antics and Fi suspects her of espionage

Get in touch: fortunately.podcast@bbc.co.uk

TUE 23:30 Mastertapes (b04ps6q0)

Series 4

Angélique Kidjo (the B-Side)

John Wilson continues with his new series in which he talks to leading performers and songwriters about the album that made them or changed them. Recorded in front of a live audience at the BBC's iconic Maida Vale Studios. Each edition includes two episodes, with John initially quizzing the artist about the album in question, and then, in the B-side, the audience puts the questions. Both editions feature exclusive live performances.

Programme 6, the B-side. Having discussed the making of her breakthrough album 'Ayé' (in the A-side of the programme), Angélique Kidjo responds to questions from the audience and performs acoustic live versions of some of the tracks from the album which was released twenty years ago.

Producer: Clare Walker

WEDNESDAY 29 SEPTEMBER 2021

WED 00:00 Midnight News (m00100bc)

The latest news and weather forecast from BBC Radio 4.

WED 00:30 The History of the World in 100 Animals by Simon Barnes (m0010083)

[Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m00100bf)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m00100bh)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service

WED 05:20 Shipping Forecast (m00100bk)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m00100bm)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m00100bp)

Spiritual reflection to start the day with Rev Dr Alison Jack of New College, Edinburgh

WED 05:45 Farming Today (m00100br)

The latest news about food, farming and the countryside

WED 05:58 Tweet of the Day (b03dx2w1)

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs

Martin Hughes-Games presents the Dunlin. Dunlins are a stirring sight, en masse, as their flocks twist and turn over the winter shoreline. When the tide turns they take to the air in a breath-taking aerobatic display. Around 350,000 Dunlin winter here, travelling from Scandinavia and Russia.

WED 06:00 Today (m0010208)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 More or Less (m00100jh)

Tim Harford explains the numbers and statistics used in everyday life

WED 09:30 Four Thought (m00100kl)

Leaving Your Homeland

Eva Hnizdo reflects on the impulses which drive people to

emigrate - or not, drawing on her Czech Jewish family's experience of the Holocaust and her own as a political asylum seeker. "Whenever members of my family thought about emigrating but didn't actually leave, they made a mistake, sometimes paying for it with their lives. In my case, some might say I made a mistake not to stay. Was it worth the struggle?' Presenter: Olly Mann

Producer: Sheila Cook

Eva Hnizdo is a former GP and author of "Why Didn't They

WED 09:45 The History of the World in 100 Animals by Simon Barnes (m001020b)

Episode 3

We are not alone. We are not alone on the planet. We are not alone in the countryside. We are not alone in cities. We are not alone in our homes.

We are humans and we love the idea of our uniqueness. But the fact is that we humans are as much members of the animal kingdom as the cats and dogs we surround ourselves with, the cows and the fish we eat, and the bees who pollinate so many of our food-plants.

In The History of the World in 100 Animals, award-winning author Simon Barnes selects the 100 animals who have had the greatest impact on humanity and on whom humanity has had the greatest effect. He shows how we have domesticated animals for food and for transport, and how animals powered agriculture, making civilisation possible. A species of flea came close to destroying human civilisation in Europe, while the slaughter of a species of bovines was used to create one civilisation and destroy another. He explains how pigeons made possible the biggest single breakthrough in the history of human thought. In short, he charts the close relationship between humans and animals, with great insight and understanding.

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We have chosen 10 out of the 100 animals for these extracts

Simon Barnes is the author of many wild volumes, including the bestselling Bad Birdwatcher trilogy, Rewild Yourself and On The Marsh. He is a council member of World Land Trust. trustee of Conservation South Luangwa and patron of Save the Rhino. In 2014, he was awarded the Rothschild Medal for services to conservation

Abridged by Florence Bedell

Read by Paul Westwood Sophie Barker Elliot James Sarah Lambie Mathew Wellard Hannah Brackstone-Brown

Produced by Clive Brill A Brill production for BBC Radio 4

WED 10:00 Woman's Hour (m001020d)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

WED 11:00 This Union: Two Kingdoms (m00101ll) [Repeat of broadcast at 20:00 on Monday]

WED 11:30 What's Funny About ... (m00101al)

2. Ian Hislop & Jimmy Mulville on Have I Got News For You

TV veterans Peter Fincham and Jon Plowman talk to the writers, producers, and performers behind Britain's biggest TV comedy hits, and hear the inside story of how they brought their programmes to the screen.

In this second episode of the new series, Peter and Jon are joined by Ian Hislop and Jimmy Mulville to talk about their genre-defining topical comedy show, Have I Got News For You.

As they look back on HIGNFY's 535 episodes in its 61 series to date, Ian and Jimmy discuss many of the show's most controversial moments, including Bruce Forsyth's 'Play Your Iraqi Cards Right'.

Supported by bbc.co.uk/programmes/

They tell us how the programme began, and reveal how a young Armando Iannucci turned down the opportunity to make the show. They also both talk more candidly than ever about Angus Deayton's departure from the show in 2002.

Naturally, they pay tribute to the unique brilliance of Ian's fellow team captain, Paul Merton

Newly made in 2021 by Expectation Entertainment for BBC Radio 4 Extra.

WED 12:00 News Summary (m001020h)

National and international news from BBC Radio 4

WED 12:04 Meet Me at the Museum (m000tl97) Episode 8

In 1964, Professor Glob, the curator of the Silkeborg Museum in Denmark, dedicated his book The Bog People to a group of schoolgirls who had written to him about his recent archaeological discoveries. Fifty years later, at a defining moment in her life, Tina Hopgood writes him another letter about a planned pilgrimage to Denmark with her best friend, Bella, to visit the 2000-year-old Tollund Man. Why did they never make the trip?

She doesn't expect a reply

When Anders Larsen, a lonely museum curator responds, neither does he.

Their unexpected correspondence becomes a shared meditation on love, loss, life choices made and the opportunity to make new and different ones.

Episode Eight

Anders receives worrving news.

Starring Tamsin Greig and Paul Ritter

Written by Anne Youngson Adapted for radio by Richard Leaf

Producer: Karen Rose Sound: Lucinda Mason Brown Production Coordinator: Sarah Tombling

A Sweet Talk production for BBC Radio 4

WED 12:18 You and Yours (m001020k)

News and discussion of consumer affairs

WED 12:57 Weather (m001020m) The latest weather forecast

WED 13:00 World at One (m001020p) Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 Poison (m00109tg)

Episode 3: How Do You Like Your Tea?

Home after years in exile during the liberation struggle, South Africa's future President Jacob Zuma is quickly engulfed in corruption scandals. But when one of his wives is accused of trying to poison his tea, Zuma suspects that a foreign government may be plotting to kill him.

'Poison' is the story of one man's toxic obsession and the battle for South Africa's future.

Presenter: Andrew Harding Producer: Vauldi Carelse Sound mix: James Beard Series editor: Bridget Harney

WED 14:00 The Archers (m001009v)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Trust (m001020r)

A New Normal

Second series of Jonathan Hall's comedy drama about an inner city academy school in Salford and how it coped with the pandemic in 2020. Starring Julie Hesmondhalgh.

Episode two - A New Normal.

September 2020. After the chaos of the A Level results, East Salford Academy welcomes back the students. There is going to be a new normal. Rigorous Covid protocols have to be followed. How will they cope with social distancing, classroom bubbles and bottles of cheap hand sanitiser? And that's just the

Yvette Julie Hesmondhalgh Sir Ken Jonathan Keeble Tim Ashley Margolis Joy/Carol Susan Twist Dhruti Mina Anwar Chris Jake Ferretti Candice/Wendy Verity Henry

Producer/Director Gary Brown A BBC Audio Drama North Production

With grateful thanks to those who helped with the research-

Tom Barradas Lingard John Winkley Isobel Ashmead Pippa Davies Pat Thomson

WED 15:00 Money Box (m001020t)

Paul Lewis and a panel of guests answer calls on personal finance. Producer: Emma Rippon

WED 15:30 Inside Health (m00100b3)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Thinking Allowed (m001020w)

Laurie Taylor explores the latest research into how society works.

WED 16:30 The Media Show (m001020y)

Social media, anti-social media, breaking news, faking news: this is the programme about a revolution in media.

WED 17:00 PM (m0010210)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headline

WED 18:00 Six O'Clock News (m0010212)

The latest national and international news from BBC Radio 4.

WED 18:30 The Cold Swedish Winter (b091wby4)

Spring: Wedding Venues

Adam Riches stars as the bemused and culturally challenged comedian abroad - recorded in Sweden with a Swedish cast, and written by Danny Robins.

It's three years since Geoff moved to the tiny north Swedish town of Yxsjö with his girlfriend Linda (Sissela Benn from the Swedish version of The Office). It has been quite a culture shock and they've been through a lot in three years - rotting herring, moose and bears, battles with language, perfect exboyfriends and ice hockey, the birth of a son, a marriage proposal and a runaway hot air balloon.

This year promises much as Geoff's mother-in-law Gunilla (comedian Anna-Lena Bergelin) teaches him Swedish and his father-in-law Sten (Thomas Orredson from Crimes of Passion) tries to make a Swedish man of him - in an entirely non-sexist wav.

Geoff and Linda start to plan their wedding with the questionable help of fellow ex-pat divorcee Ian (Danny Robins), Linda's brother, depressive Goth Anders (award winning standup Fredrik Andersson) and fellow immigrant, Kurdish Dane Soran (Farshad Kolghi of The Killing). In this first episode, the Andersson family take Geoff on a road trip to Stockholm.

The series also features guest appearances from Krister Henriksson (the original Wallander) and André Wickström (TV Comedian and actor) as Linda's ex-boyfriend and a Viking called Lars.

Writer Danny Robins is the co-creator of Lenny Henry's sitcom Rudy's Rare Records.

Writer: Danny Robins Director: Frank Stirling A 7digital production for BBC Radio 4.

WED 19:00 The Archers (m00100ch)

Jennifer considers the options and Chelsea makes a big decision.

WED 19:15 Front Row (m0010214)

Live magazine programme on the worlds of arts, literature, film, media and music

WED 19:45 Will Self Takes the Waters (m000sr3r) A Kind of Magic

Will Self explores the role of magic in our insatiable thirst for mineral water and health spas.

Today, Will is transported to Scandinavia, as he samples popular Swedish mineral water, Ramlösa. He explores the magical qualities ascribed to water - now and in the past.

He also discusses a brand of glacial meltwater, which comes with an £85 price tag.

Producer: Laurence Grissell

(Photo credit: Luther Self)

$\it WED~20:00~Bringing~Up~Britain~(m0010216)$

Series 14

Single Sex Education - is it right for my child?

Anjula Mutada asks if separating the sexes for education a good idea.

Do children do better academically or is that just a myth? Do they flourish in the classroom away from the opposite sex or does it make them awkward and unprepared for the real world?

In the light of Everyone's Invited, there has been renewed interest in all girls' schools. But what are facts? If you have the choice of single-sex education should you take it?

Anjula explores the pros and cons, unearthing the latest research to find out how it might shape a child's confidence and sporting opportunities, their understanding of gender and sexual preference. She asks if single sex schools can protect girls from sexual harassment and discovers they do significantly affect the chances of a happy marriage.

The programme follows Ailsa who is facing the choice of an all girls' or co-ed school for her daughters.

To help her decide, Anjula is joined by a panel of experts: Jessica Ringrose, Professor of the Sociology of Gender and Education at University College London; Lise Eliot Professor of Neuroscience at Rosalind Franklin University of Medicine and Science: Kevin Stannard Director of Innovation and Learning at The Girls' Day School Trust; Katja Kaufmann, Professor of Economics at Johannes Gutenberg University Mainz; Ivy Wong, Associate Professor of Psychology at the Chinese University of Hong Kong; Sue Woodroofe, Principal at The Grammar School at Leeds and author and teacher Mark

Producer: Sarah Bowen

WED 20:45 Four Thought (m00100kl)

[Repeat of broadcast at 09:30 today]

WED 21:00 Costing the Earth (m001009b)

[Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m001020y) [Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m0010218)

In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 Beautiful World, Where Are You by Sally Rooney (m001021b) Episode 8

Alice, a novelist, meets Felix, who works in a warehouse and asks him if he'd like to travel to Rome with her. In Dublin, her best friend Eileen is getting over a break-up and slips back into flirting with Simon, a man she has known since childhood.

Alice, Felix, Eileen and Simon are still young - but life is catching up with them. They desire each other, they delude each other, they get together, they break apart. They worry about sex and friendship and the world they live in. Will they find a way to believe in a beautiful world?

Beautiful World, Where Are You is Sally Rooney's third novel published 7th September 2021 following on from the huge global success of her novels Conversations With Friends (2017) and Normal People (2018).

Supported by bbc.co.uk/programmes/

Niamh Algar is one of Ireland's most acclaimed young actors. In addition to her most recent lead role in Channel 4's Deceit, Niamh starred alongside Stephen Graham earlier this year in Shane Meadows highly acclaimed drama The Virtues. Niamh is currently filming a Netflix adaptation of Emma Donoghue's psychological thriller The Wonder shooting in Wicklow.

Author: Sally Rooney Reader: Niamh Algar Abridger: Rowan Routh Producer: Gemma McMullan A BBC Northern Ireland Production.

WED 23:00 Njambi McGrath: Becoming Njambi (m001021d)

Be Like The British

Kenyan-born comedian Njambi McGrath goes on a challenging journey of self-discovery, as she traces the roots of her upbringing and the British influences that shaped her life.

In this episode, Njambi recounts her innocence in childhood growing up in Thogoto. The normalisation and promotion of British values under colonisation left an indelible mark on Njambi's father's - and subsequently her own - perception of the world. Fantastic comedic insight into growing up in a country that is coming out of the honeymoon of independence.

Produced by Julia Sutherland A Dabster production for BBC Radio 4

WED 23:15 Rhys James (b09qfwt5)

Rhys James Is...

Rhys James Is...

Comedian Rhys James explores different aspects of himself through live stand up, spoken word poetry and interview clips.

In this final episode Rhys reads a letter he wrote to his future self when he was 10.

'You don't need to find out who you are. It's about finding out who you is".

Last in the series

Written and performed by... Rhys James Rhys's mum and dad... Rhys's mum and dad Music by... Steve Dunne Sound by... David Thomas Produced by... Carl Cooper

This is a BBC Studios production

WED 23:30 Mastertapes (b04nrqst)

Rufus Wainwright (the A-Side)

John Wilson returns with a new series of Mastertapes, in which he talks to leading performers and songwriters about the album that made them or changed them. Recorded in front of a live audience at the BBC's iconic Maida Vale Studios. Future programmes in the series include Manic Street Preachers discussing "The Holy Bible", Angelique Kidjo returning to "Ave" and Sinead O'Connor talking about "Theology"

Programme 1. "Want One" with singer-songwriter-composer Rufus Wainwright.

The son of folk singers Kate McGarrigle and Loudon Wainwright III, Rufus began playing the piano at the age of 6 and touring at 13. Before he had even reached voting age, he had been nominated for Best Original Song and Most Promising Male Vocalist awards. But it would be another fourteen years before he released the album that has been variously described as "obscenely lush"... a "gorgeous meditation on emotional displacement" and "a three-hankie weepie". The first part of what was intended to be a double album, Want One is full of songs about love, loss, family, addiction and popular culture, including 'I Don't Know What It Is', 'Go Or Go Ahead' and 'Dinner At Eight'

Not only does he play exclusive versions of some of these songs, in a frank and no-punches-pulled interview, Rufus also reveals what part drugs, sex, near-death experiences and extended arguments with his father played in the making of this

"Frankly, Wainwright could be singing lists of names out of the phone book and it would still be more exciting and inventive than 99% of the other albums out there'

Producer: Paul Kobrak

THURSDAY 30 SEPTEMBER 2021

THU 00:00 Midnight News (m001021g)

The latest news and weather forecast from BBC Radio 4.

THU 00:30 The History of the World in 100 Animals by Simon Barnes (m001020b)

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m001021j)

The latest weather reports and forecasts for UK shipping.

THU 01:00 Selection of BBC World Service Programmes

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m001021n)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m001021q)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m001021s)

Spiritual reflection to start the day with Rev Dr Alison Jack of New College, Edinburgh

THU 05:45 Farming Today (m001021v)

The latest news about food, farming and the countryside.

THU 05:58 Tweet of the Day (b08r1x98)

Debbie Pain on the Marsh Harrier

Debbie Pain of the Slimbridge Wetland Centre explains her joy at the return of the marsh harrier to her local patch.

Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.

Producer Miles Warde.

THU 06:00 Today (m00100bt)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 In Our Time (m00100bw)

The Tenant of Wildfell Hall

Melvyn Bragg and guests discuss Anne Bronte's second novel. published in 1848, which is now celebrated alongside those of her sisters but which Charlotte Bronte tried to suppress as a 'mistake'. It examines the life of Helen, who has escaped her abusive husband Arthur Huntingdon with their son to live at Wildfell Hall as a widow under the alias 'Mrs Graham', and it exposes the men in her husband's circle who gave her no choice but to flee. Early critics attacked the novel as coarse, as misrepresenting male behaviour, and as something no woman girl should ever read; soon after Anne's death, Charlotte suggested the publisher should lose it for good. In recent decades, though, its reputation has climbed and it now sits with Jane Eyre and Wuthering Heights as one of the great novels by

The image above shows Tara Fitzgerald as Helen Graham in a 1996 BBC adaptation.

Alexandra Lewis

Lecturer in English and Creative Writing at the University of Newcastle (Australia)

Marianne Thormählen

Professor Emerita in English Studies, Lund University

Professor of Nineteenth Century Literature at the University of

Producer: Simon Tillotson

THU 09:45 The History of the World in 100 Animals by Simon Barnes (m00100by)

Episode 4

We are not alone. We are not alone on the planet. We are not alone in the countryside. We are not alone in cities. We are not

We are humans and we love the idea of our uniqueness. But the fact is that we humans are as much members of the animal kingdom as the cats and dogs we surround ourselves with, the cows and the fish we eat, and the bees who pollinate so many of

In The History of the World in 100 Animals, award-winning author Simon Barnes selects the 100 animals who have had the greatest impact on humanity and on whom humanity has had the greatest effect. He shows how we have domesticated animals for food and for transport, and how animals powered agriculture, making civilisation possible. A species of flea came close to destroying human civilisation in Europe, while the slaughter of a species of bovines was used to create one civilisation and destroy another. He explains how pigeons made possible the biggest single breakthrough in the history of human thought. In short, he charts the close relationship between humans and animals, with great insight and understanding.

The heresy of human uniqueness has led us across the millennia along the path of destruction. This book helps us to understand our place in the world, so that we might do a better job of looking after it. That might save the polar bears, the modern emblem of impending loss and destruction. It might even save

We have chosen 10 out of the 100 animals for these extracts from the book.

Simon Barnes is the author of many wild volumes, including the bestselling Bad Birdwatcher trilogy, Rewild Yourself and On The Marsh. He is a council member of World Land Trust, trustee of Conservation South Luangwa and patron of Save the Rhino. In 2014, he was awarded the Rothschild Medal for services to conservation.

Abridged by Florence Bedell

Read by Paul Westwood Sophie Barker Elliot James Sarah Lambie Mathew Wellard Hannah Brackstone-Brown

Produced by Clive Brill A Brill production for BBC Radio 4

THU 10:00 Woman's Hour (m00100c0)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

THU 11:00 From Our Own Correspondent (m00100c2) Insight, and analysis from BBC correspondents around the

THU 11:30 The Dreams We Live Inside (m00100c4) Visions in Glass

What do we ask for and what do we receive from the built environment? Engineer Roma Agrawal explores the ways in which the visions and dreams of architects and designers are experienced, co-created and changed by the people who live in their buildings.

In the first episode of this series, Roma explores our fascination with glass architecture, delving back into the Expressionist manifestos of Paul Scheebart, an early 20th-century writer who imagined an earth covered in cities of kaleidoscopic buildings. Priya Khanchandani (Design Museum) considers what the ubiquity of glass towers means in different parts of the world, and architectural historian Professor Rosemarie Bletter explores the notions of transparency, transformation, functionalism and luxury associated with the material.

We visit The Idea Store on Whitechapel Road in East London. Opened in 2005, the work of Sir David Adjaye, the building's glass façades were intended to bring visibility and openness, offering the local community a new kind of library experience for the new century. Citizen researcher Eliza Islam and artist Ruhul Abdin describe what The Idea Store means to them and how the building is being used to house a new exhibit to mark

the fiftieth anniversary of Bangladesh.

Presenter: Roma Agrawal Producer: Phil Smith

A Novel production for BBC Radio 4

THU 12:00 News Summary (m00100c7)

National and international news from BBC Radio 4

 $\it THU~12:04~Meet~Me~at~the~Museum~(m000tnq9)$

Episode 9

In 1964, Professor Glob, the curator of the Silkeborg Museum in Denmark, dedicated his book The Bog People to a group of schoolgirls who had written to him about his recent archaeological discoveries. Fifty years later, at a defining moment in her life, Tina Hopgood writes him another letter about a planned pilgrimage to Denmark with her best friend, Bella, to visit the 2000-year-old Tollund Man. Why did they never make the trip?

She doesn't expect a reply.

When Anders Larsen, a lonely museum curator responds, neither does he.

Their unexpected correspondence becomes a shared meditation on love, loss, life choices made and the opportunity to make new and different ones.

Episode None Tina stops writing.

Starring Tamsin Greig and Paul Ritter

Written by Anne Youngson Adapted for radio by Richard Leaf

Producer: Karen Rose Sound: Lucinda Mason Brown Production Coordinator: Sarah Tombling

A Sweet Talk production for BBC Radio 4

THU 12:18 You and Yours (m00100c9) News and discussion of consumer affairs

THU 12:57 Weather (m00100cc)
The latest weather forecast

THU 13:00 World at One (m00100cf)

Forty-five minutes of news, analysis and comment, with Sarah

THU 13:45 Poison (m00109k2)
Episode 4: The Russian Antidote

When South Africa's President, Jacob Zuma, falls ill from what he suspects to be poison, he flies to Moscow for treatment. But why the need to go abroad? The implication is that Zuma believes Western spy agencies are trying to kill him. But is he now using the Russians, or are they using him for their own strategic purposes?

'Poison' is the story of one man's toxic obsession and the battle for South Africa's future.

Presenter: Andrew Harding Producer: Vauldi Carelse Sound mix: James Beard Series editor: Bridget Harney

THU 14:00 The Archers (m00100ch)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama (m00100ck)

Cov

'Cov' by Amanda Dalton, Sujana Crawford and Raef Boylan. A Syrian refugee tries to navigate her way around her new home. A city centre leisure complex which divides opinion is under threat. And an elderly woman returns home in search of peace. Three diverse stories written by Coventry writers which reflect the ever changing face of a city that relies on its resilience and ability to constantly re-invent itself.

Jean Sandra Maitland Adi/the elephant Nitin Ganatra Sana/Saf Lara Sawalha Pooja Duaa Karim Dan Graeme Hawley Libby Helen O'Hara

Director/Producer Gary Brown

The dramas in order are -

'Building a Life' by Sujana Crawford. Sujana is a multilingual poet, playwright and researcher, working in Nepali, English and Hindi. Sujana's creative work is driven by a fascination with people, places and folklore. Her work has been featured in various magazines and anthologies, and her plays have been developed with support from Birmingham Rep and Warwick Arts Centre, among others.

'Elephant' by Raef Boylan. Raef is a writer and poet. His work, most recently commissioned by Theatre Absolute, has featured in various publications. He has headlined at local gigs and festivals and represented Coventry overseas in Ireland. Raef also hosts live poetry event 'Fire & Dust' and is chief editor of 'Here Comes Everyone' magazine.

'Home' by Amanda Dalton. Amanda is a poet and playwright. Her full length poetry collections are published by Bloodaxe and she has forthcoming pamphlets with Arc and SmithlDoorstop. She also writes for theatre and extensively for Radio 4 and Radio 3; including drama, adaptations and poetry texts.

Amanda also wrote the links between the dramas.

THU 15:00 Ramblings (m00100cm)

Off the Beaten Track on the Island of Iona

Clare is walking on the beautiful island of Iona in today's Ramblings. One of the Inner Hebrides, Iona is just three miles long by around a mile wide yet punches well above its weight both in terms of scenery and history. Her companion is David Allaway: a keen photographer, founding member of the island's craft co-operative and a volunteer fire-fighter he also runs guided walking tours. Beginning and ending at the ferry terminal, they circumnavigate the coast at the north end of the island.

See the 'related links' box at the bottom of the Ramblings webpage for more info about David Allaway.

Presenter: Clare Balding

Produced for BBC Audio in Bristol by Karen Gregor

THU 15:27 Radio 4 Appeal (m00100cp) [Repeat of broadcast at 07:54 on Sunday]

THU **15:30 Open Book (m00100cr)** [Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Film Programme (m00100ct)
The Future of Cinema

Francine Stock and Antonia Quirke co-present the final edition of The Film Programme. They discuss the future of cinema in the age of streaming, and hear from David Oyelowo, Matt Damon, Rebecca O'Brien, Mark Cousins and Sally Potter. They also consider whether the culture of film criticism has changed in the 17 years that the programme has been on air, and if it's still dominated by white, middle-aged men.

 $\it THU~16:30~BBC~Inside~Science~(m00100cw)$

A weekly programme that illuminates the mysteries and challenges the controversies behind the science that's changing our world.

THU 17:00 PM (m00100cv)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

THU 18:00 Six O'Clock News (m00100d0)

The latest national and international news from BBC Radio 4.

THU 18:30 The Break (m000jw0b) Series 3

1. Never The Twin

It's September in Flamford, which can only mean one thingthe Flamford Christmas Market is in full flow. Jeff (Philip Jackson) persuades his recalcitrant London nephew Andy (James Northcote) to join him in a gift-shopping expedition.

Along the way they encounter pokerwork sign-maker and fire hazard Pam (Shobna Gulati), loud, lovelorn and now jobless

Town Crier Peter Humfriss (Mark Benton) and The Ghost of Christmas-Who-Gives-A-Stuff - chiselling pensioner Mr Truepenny (Rasmus Hardiker).

Christmas, even though it's September, is also a time for mysteries - one of which sees Jeff and Andy pitted against the enigmatic Applegarth twins (Alison Steadman and Alison Steadman).

Starring: Philip Jackson Alison Steadman Mark Benton Shobna Gulati Rasmus Hardiker James Northcote

Created and Written by Ian Brown and James Hendrie Studio Engineered and Edited by Leon Chambers Production Manager: Sarah Tombling Produced and Directed by Gordon Kennedy

Recorded at The Soundhouse Studios, London

An Absolutely production for BBC Radio 4

THU 19:00 The Archers (m00100d2)

Writer, Katie Hims Director, Kim Greengrass Editor, Jeremy Howe

David Archer Timothy Bentinck
Josh Archer Angus Imrie
Ben Archer Ben Norris
Helen Archer Louiza Patikas
Brian Aldridge Charles Collingwood
Jennifer Aldridge Angela Piper
Lee Bryce Ryan Early
Beth Casey Rebecca Fuller
Tracy Horrobin Susie Riddell
Chelsea Horrobin Madeleine Leslay
Kirsty Miller Annabelle Dowler
Lynda Snell Carole Boyd
Robert Snell Graham Blockey
Stella Lucy Speed

THU 19:15 Front Row (m00100d4)

Live magazine programme on the worlds of arts, literature, film, media and music

THU 19:45 Will Self Takes the Waters (m000symf)

Will Self explores the science behind mineral water in his exploration of our insatiable thirst for bottled H2O.

Will imagines himself in the Loire Valley on a water-tasting trip, accompanied by water sommelier Martin Riese.

They sample the French brand Badoit and explore the science of drinking water.

Producer: Laurence Grissell

(Photo credit: Luther Self)

THU 20:00 The Briefing Room (m00100d6)

David Aaronovitch presents in-depth explainers on big issues in the news.

THU 20:30 Landscapes of the Mind (m00100d8)

[Repeat of broadcast at 11:00 on Monday]

THU 21:00 BBC Inside Science (m00100cw)
[Repeat of broadcast at 16:30 today]

[Repeat of broadcast at 16:30 today]

THU 21:30 In Our Time (m00100bw) [Repeat of broadcast at 09:00 today]

[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m00100dc)
In depth reporting, intelligent analysis and breaking news from

In depth reporting, intelligent analysis and breaking news fron a global perspective

THU 22:45 Beautiful World, Where Are You by Sally Rooney (m00100df)

Episode 9

Alice, a novelist, meets Felix, who works in a warehouse and asks him if he'd like to travel to Rome with her. In Dublin, her best friend Eileen is getting over a break-up and slips back into

flirting with Simon, a man she has known since childhood.

Alice, Felix, Eileen and Simon are still young – but life is catching up with them. They desire each other, they delude each other, they get together, they break apart. They worry about sex and friendship and the world they live in. Will they find a way to believe in a beautiful world?

Beautiful World, Where Are You is Sally Rooney's third novel published 7th September 2021 following on from the huge global success of her novels Conversations With Friends (2017) and Normal People (2018).

Niamh Algar is one of Ireland's most acclaimed young actors. In addition to her most recent lead role in Channel 4's Deceit, Niamh starred alongside Stephen Graham earlier this year in Shane Meadows highly acclaimed drama The Virtues. Niamh is currently filming a Netflix adaptation of Emma Donoghue's psychological thriller The Wonder shooting in Wicklow.

Author: Sally Rooney Reader: Niamh Algar Abridger: Rowan Routh Producer: Gemma McMullan A BBC Northern Ireland Production.

THU 23:00 What On Earth? With Count Binface (m00100dh)

Count Binface is the most successful alien politician ever, being officially London's 9th choice to be mayor. Now he's invading Radio 4 to share what he's learned about Earth, and how to conquer it. This programme is the BBC's first co-production with the Intergalactic Broadcasting Service, being transmitted to every species in the observable universe and all the other universes too.

In this special broadcast, Binface will explore how humanity selects its leaders, using his first-hand experience of the so-called "democratic" system they use here. He also speaks to special guests, including former MP Heidi Allen, to gain some native insight.

The BBC is an impartial organisation but would like to take this opportunity to pledge its full devotion and obedience to his excellency Count Binface. We hereby promise to bring back Ceefax at the earliest possible opportunity, to make Craig Charles the official commentator on all future state occasions and to ensure that no croissant is sold on the premises for more than £1. In no way is the corporation stating these facts under duress because the Count has a space laser aimed at the Director General's office in Broadcasting House. We hope this clears up any confusion.

Written and performed by Count Binface Additional material ... Jon Harvey Computer voice based on Barry Davies Guest ... Heidi Allen Production Support ... Leah Marks Editors ... Jon Harvey and David Thomas Producers ... Jon Harvey and Ed Morrish Executive Producer ... Polly Thomas

A Naked production for BBC Radio 4 (and the IBS)

THU 23:30 Mastertapes (b04p85ct)

Series 4

Rufus Wainwright (the B-Side)

John Wilson talks to leading performers and songwriters about the album that made them or changed them. Recorded in front of a live audience at the BBC's iconic Maida Vale Studios.

Programme 2 (B-side): Having discussed the making of "Want One" (in the A-side of the programme), Rufus Wainwright responds to questions from the audience and performs acoustic live versions of some to the tracks from the album.

The son of folk singers Kate McGarrigle and Loudon Wainwright III, Rufus began playing the piano at the age of six and touring at 13. Before he had even reached voting age, he had been nominated for Best Original Song and Most Promising Male Vocalist awards. But it would be another 14 years before he released the album that has been variously described as "obscenely lush"... a "gorgeous meditation on emotional displacement" and "a three-hankie weepie".

The first part of what was intended to be a double album, Want One is full of songs about love, loss, family, addiction and popular culture, including 'I Don't Know What It Is', 'Go Or Go Ahead' and 'Dinner At Eight'.

"Frankly, Wainwright could be singing lists of names out of the phone book and it would still be more exciting and inventive than 99% of the other albums out there"

Producer: Paul Kobrak

FRIDAY 01 OCTOBER 2021

FRI 00:00 Midnight News (m00100dk)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 The History of the World in 100 Animals by Simon Barnes (m00100by)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m00100dm)

The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m00100dp)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m00100dr)

The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m00100dt)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m00100dw)

Spiritual reflection to start the day with Rev Dr Alison Jack of New College, Edinburgh

FRI 05:45 Farming Today (m00100dy)

The latest news about food, farming and the countryside.

FRI 05:58 Tweet of the Day (b038qk0y)
Wood Sandpiner

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.

Brett Westwood presents the Wood Sandpiper. Wood Sandpipers are elegant waders and just a handful of pairs breed in the UK, in wooded marshes and remote bogs of Northern Scotland. There's a chance to see them when they break their migration journey south at inland pools and marshes here. Listen out for their cheerful call that has been described as sounding like an old penny-whistle.

FRI 06:00 Today (m00100hl)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 Desert Island Discs (m00100hn)

[Repeat of broadcast at 11:00 on Sunday]

FRI 09:45 The History of the World in 100 Animals by Simon Barnes (m00100k6)

Episode 5

We are not alone. We are not alone on the planet. We are not alone in the countryside. We are not alone in cities. We are not alone in our homes.

We are humans and we love the idea of our uniqueness. But the fact is that we humans are as much members of the animal kingdom as the cats and dogs we surround ourselves with, the cows and the fish we eat, and the bees who pollinate so many of our food-plants.

In The History of the World in 100 Animals, award-winning author Simon Barnes selects the 100 animals who have had the greatest impact on humanity and on whom humanity has had the greatest effect. He shows how we have domesticated animals for food and for transport, and how animals powered agriculture, making civilisation possible. A species of flea came close to destroying human civilisation in Europe, while the slaughter of a species of bovines was used to create one civilisation and destroy another. He explains how pigeons made possible the biggest single breakthrough in the history of human thought. In short, he charts the close relationship between humans and animals, with great insight and understanding.

The heresy of human uniqueness has led us across the millennia along the path of destruction. This book helps us to understand our place in the world, so that we might do a better job of looking after it. That might save the polar bears, the modern emblem of impending loss and destruction. It might even save ourselves

We have chosen 10 out of the 100 animals for these extracts from the book.

Simon Barnes is the author of many wild volumes, including the bestselling Bad Birdwatcher trilogy, Rewild Yourself and On The Marsh. He is a council member of World Land Trust, trustee of Conservation South Luangwa and patron of Save the Rhino. In 2014, he was awarded the Rothschild Medal for services to conservation.

Abridged by Florence Bedell

Read by Paul Westwood Sophie Barker Elliot James Sarah Lambie Mathew Wellard Hannah Brackstone-Brown

Produced by Clive Brill A Brill production for BBC Radio 4

FRI 10:00 Woman's Hour (m00100hs)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

FRI 11:00 The Single Life (b04xrv9z)

Second-hand shops are littered with tatty old 7 inch records that were self-made by bands. Mark Hodkinson, who was in one of those bands, buys a handful of the singles and tracks down the people involved. What happened to the dreams and ideals of people who created a lasting plastic monument to their youth? And how is the experience of making and packaging a 7 inch single different from the modern practice of up-loading a file to a website.

The DIY single took commitment and ingenuity. Hopeful bands would scrape together money to record, press, package and distribute their music in the hope of fame, fortune or at least an appearance on the radio. Now, the bargain bins of second-hand shops are full of these records and each one marks a significant milestone in someone's career. But a stepping-stone to where?

Mark Hodkinson, now a journalist, learns how people coped with the disappointment of failure and how they continue to try and satisfy their creative desires. He meets a saxophonist who once supported Adam Ant and now is a designer for a computer gaming company; a bassist who went on to marry a Bond villain; a guitarist who still hopes to make it big; and a singer who did make it big, and id still selling records 30 years later.

FRI 11:30 Charlotte and Lillian (m00100hv) Series 3

The Bool

Charlotte (Helen Monks) and Lillian (Miriam Margolyes) are back, continuing a Befriend the Elderly scheme despite not liking each other much. Both are convinced they're doing the other a favour - Charlotte by providing company for a lonely old lady, Lillian by filling gaps on the CV of a self-absorbed millennial.

Neither have seen much of anyone during lockdown. Lillian is as determined as ever to remain independent with Puzzles Weekly, the companionship of daytime TV and the occasional phone call. Charlotte, meanwhile, has been gaining ground as a social media influencer, sharing updates of her good deeds and bringing joy to just about everyone's life. Apart from Lillian's, of course

In this new series, Charlotte is ever eager to embrace the latest trends, from dog ownership and online fundraising to improved nutrition for the local community. She's also determined to get Lillian out of the house, where Lillian promptly reveals her unique take on the rules of the road, domestic animals and Charlotte's preoccupation with what other people think of her.

Episode 1: The Book

Lillian has joined a book group, though is having difficulty completing this month's selection. Charlotte suggests she rents the film instead, and agrees to accompany Lillian to their local library.

Miriam Margolyes is one of the most recognisable actresses working today. This year, at the age of 80, she has told her life story, which is being published as a memoir.

Helen Monks is the Co-Artistic Director of Lung Theatre, and the co-host of Bitchini, a podcast with Tilly Steele. She plays Shakespeare's daughter Susanna in Upstart Crow, and the young Caitlin Moran in Raised by Wolves.

Written by Kat Sommers

A Giddy Goat production for BBC Radio 4

FRI 12:00 News Summary (m0010244)

National and international news from BBC Radio 4

FRI 12:04 Meet Me at the Museum (m000tp7m)

In 1964, Professor Glob, the curator of the Silkeborg Museum in Denmark, dedicated his book The Bog People to a group of schoolgirls who had written to him about his recent archaeological discoveries. Fifty years later, at a defining moment in her life, Tina Hopgood writes him another letter about a planned pilgrimage to Denmark with her best friend, Bella, to visit the 2000-year-old Tollund Man. Why did they never make the trip?

She doesn't expect a reply.

When Anders Larsen, a lonely museum curator responds, neither does he.

Their unexpected correspondence becomes a shared meditation on love, loss, life choices made and the opportunity to make new and different ones.

Episode Ten

Tina must make a decision about her life. Can Anders help?

Starring Tamsin Greig and Paul Ritter

Written by Anne Youngson Adapted for radio by Richard Leaf

Producer: Karen Rose Sound: Lucinda Mason Brown Production Coordinator: Sarah Tombling

A Sweet Talk production for BBC Radio 4

FRI 12:18 You and Yours (m00100j0)

News and discussion of consumer affairs

FRI 12:57 Weather (m00100j2)

The latest weather forecast

FRI 13:00 World at One (m00100j4)

Forty-five minutes of news, analysis and comment, with Jonny Dymond.

FRI 13:45 Poison (m00109tj)

Episode 5: A Toxic Aftertaste

In July this year South Africa's former President, Jacob Zuma, was jailed for contempt of court. The 79-year-old is now facing trial for corruption. But Zuma insists he is a victim of a vast, international conspiracy to poison him and silence him. And when his arrest triggers an orchestrated campaign of violence, fears grow that Zuma's conspiracy theories and populist rhetoric could threaten the democracy he once fought to build.

'Poison' is the story of one man's toxic obsession and the battle for South Africa's future.

Presenter: Andrew Harding Producer: Vauldi Carelse Sound mix: James Beard Series editor: Bridget Harney

FRI 14:00 The Archers (m00100d2)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Nuremberg (m00100j6)

Statues All Over Germany

The army psychologist assigned to Nuremberg Prison has a never-to-be repeated chance to examine evil, close-up. What made these 22 men capable of such horrific acts? He spends time with them, he runs tests - what will it reveal?

Seen through the eyes of Gustav Gilbert, German-speaking US psychologist assigned to examine and watch over the defendants. In turn, they valued the chance to speak to him. He then wrote up copious notes of his conversations and also reported back to the Prison Commandant. Would he find the mystery of human evil?

And when the Defence case opens, Hermann Goering is first into the witness box but he seems unashamed, proud of what the Nazis achieved. He doesn't pretend to be ignorant of what happened or claim that his signature was faked. He is proud of what the Nazis achieved for Germany and intends to go down in a blaze of Wagnerian martyrdom.

This wrong-foots Jackson during his cross-examination but, when Maxwell-Fyfe steps up, he forces Goering to admit to the shabby, gangsterism of the Nazi machine.

Cast: Gustav Gilbert - ED STOPPARD

Robert H Jackson - JOSEPH MYDELL
Sir David Maxwell-Fyfe - FORBES MASSON
Sir Geoffrey Lawrence - NICHOLAS WOODESON
Hermann Goering - NIGEL LINDSAY
Alfred Seidl - HARI DHILLON
Julius Streicher - HENRY GOODMAN
Douglas Kelley and other roles - ILAN GOODMAN
Otto Kranzbühler and other roles - MARK EDEL-HUNT
Admiral Nimitz and other roles - NATHAN WILEY
Joachim von Ribbentrop and other roles - JASPER BRITTON
Ernst Kaltenbrunner and other roles - JONATHAN CULLEN
Hans Frank and other roles - ANDREW WOODALL

Sound Designer - ADAM WOODHAMS Studio Manager - MARK SMITH Casting Director - GINNY SCHILLER Original Score - METAPHOR MUSIC Writer and Director - JONATHAN MYERSON Producer - NICHOLAS NEWTON

A Promenade Production for BBC Radio 4 and BBC Sounds

FRI 14:45 A History of Ghosts (m000nlzf)

The Impossible Ghost

Illustration by Seonaid Mackay

'When people are told explicitly that ghosts do not – cannot – exist, this should mean an extinction, the end of the line. But...

The three main Abrahamic faiths, Judaism, Christianity and Islam, teach a belief in the unseen, but with ghosts... there is a struggle. While ghosts make an appearance in the bible, in the tale of Saul and the Witch of Endor the meaning of the story is ambiguous. And when it comes to Islam, it is very clear, no ghosts.

And yet, tales of ghosts survive even when we're told they're impossible. Kirsty discovers how they survive by diving into the tales of the spirits of Malaysia, where ghosts not only survive but thrive alongside the various religions and cultures in the country - because they have become part of life.

FRI 15:00 Gardeners' Question Time (m00100j8) GOT at Home

Horticultural programme featuring a group of gardening experts, chaired by Kathy Clugston. Bob Flowerdew, Anne Swithinbank, and Pippa Greenwood are on hand to answer the questions.

Producer - Dan Cocker Assistant Producer - Aniya Das

A Somethin' Else production for BBC Radio 4

FRI 15:45 New Frequencies (m00100jb) Episode 1

Episode 1

A new series showcasing the work of writers between the ages of 16 and 21.

Part One

Little Boat On The Sea by Linda Roskoszek and

The Fall Of Man by Imogen McHugh

Writers: Lydia Roskoszek and Imogen McHugh Readers: Vineeta Rishi and Amir El-Masry Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

FRI 16:00 Last Word (m00100jf)

Matthew Bannister tells the life stories of people who have recently died, from the rich and famous to unsung but significant.

FRI 16:30 More or Less (m00100jh)

[Repeat of broadcast at 09:00 on Wednesday]

FRI 17:00 PM (m00100jk)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

FRI 18:00 Six O'Clock News (m00100jp)

The latest national and international news from BBC Radio 4.

FRI 18:30 The News Quiz (m00100jr)

Series 106 Episode 5

Andy Zaltzman presents a look back at the week's headlines

FRI 19:00 Front Row (m00100jt)

Live magazine programme on the worlds of arts, literature, film, media and music

FRI 19:45 Will Self Takes the Waters (m000t47b)

What Goes Around

Will Self explores the environmental impact of the bottled water industry.

In this final episode Will's transported to the island paradise of Fiji - whose number one export is water.

He explores whether it's possible to justify shipping bottled water around the globe.

Closer to home, he speaks to Nestlé, the owners of Buxton Water, about their own environmental record.

Producer: Laurence Grissell

(Photo credit: Luther Self)

FRI 20:00 Any Questions? (m00100jw)

Mary Bousted, Andy Burnham

Chris Mason presents political debate and discussion from Bolton Parish Church with a panel which includes the General Secretary of the National Education Union Mary Bousted and the Labour Mayor of Greater Manchester Andy Burnham. Producer: Camellia Sinclair

Lead broadcast engineer: Phil Booth

FRI 20:50 A Point of View (m00100jy)

Weekly reflections on topical issues from a range of contributors.

FRI 21:00 Archive on 4 (m0002g6z)

PE - a History of Violence

When Matthew Sweet was taking his daughter to secondary school open days, he noticed a pattern emerging - the PE teachers were intelligent and thoughtful people with clear and sophisticated ideas about the social and psychological benefits of their subject. What had happened to the PE teachers of old, who were represented in popular culture by bullies and drill sergeant types like Mr Sugden in Kes and Bullet Baxter in Grange Hill?

He sent out a tweet - "Why was PE the only subject in which humiliation was considered part of the learning process?" Hours later, he had collected literally hundreds of traumatic anecdotes - a culture of bullying and sadism, described by students put off sport for life.

In PE – A History of Violence, Matthew haunts the gyms, playing fields and communal changing rooms of PE's past, to interrogate former PE teachers. What's the point of PE? Did it once do more harm than good?

"Team spirt?" says a young teacher from a Dagenham comprehensive school in a Panorama from the 1980s, "You mean the team spirit that managed to get so many thousands and millions of people killed in World War I?" A decade earlier, in a series about physical education, Ron Pickering suggested that dance was "the most controversial element of physical education".

Matthew finds followers of Rudolf Laban and PE pioneer Madame Österberg. He also meets a tortuous bully in Andrew Davies' 1970 play, Is That Your Body, Boy? Nearing retirement and struggling to come terms with the changing curriculum, Cracker Carstairs mourns the loss of the old PE lessons. "I am not afraid of pain. That is what life is all about."

With Dr Anne Elliott, sports scientist and senior lecturer at the London Sports Institute, Middlesex University and Margaret Whitehead, former physical education teacher, PE consultant and editor of Physical Literacy: Throughout the Lifecourse.

A Testbed production for BBC Radio 4

FRI 22:00 The World Tonight (m00100k0)

Radio 4 Listings for 25 September – 1 October 2021		
In depth reporting, intelligent analysis and breaking news from a global perspective		
FRI 22:45 Beautiful World, Where Are You by Sally Rooney (m00100k2) Episode 10		
Alice, a novelist, meets Felix, who works in a warehouse and asks him if he'd like to travel to Rome with her. In Dublin, her best friend Eileen is getting over a break-up and slips back into flirting with Simon, a man she has known since childhood.		
Alice, Felix, Eileen and Simon are still young – but life is catching up with them. They desire each other, they delude each other, they get together, they break apart. They worry about sex and friendship and the world they live in. Will they find a way to believe in a beautiful world?		
Beautiful World, Where Are You is Sally Rooney's third novel published 7th September 2021 following on from the huge global success of her novels Conversations With Friends (2017) and Normal People (2018).		
Niamh Algar is one of Ireland's most acclaimed young actors. In addition to her most recent lead role in Channel 4's Deceit, Niamh starred alongside Stephen Graham earlier this year in Shane Meadows highly acclaimed drama The Virtues. Niamh is currently filming a Netflix adaptation of Emma Donoghue's psychological thriller The Wonder shooting in Wicklow.		
Author: Sally Rooney Reader: Niamh Algar Abridger: Rowan Routh Producer: Gemma McMullan A BBC Northern Ireland Production.		
FRI 23:00 Great Lives (m0010091) [Repeat of broadcast at 16:30 on Tuesday]		
FRI 23:30 Museum Lates (m000vqrj) Museum Lates is a spin-off from Radio Four's Rose d'Orwinning The Museum of Curiosity. It is a love letter to the world's most fascinating museums hosted by Alice Levine (My Dad Wrote A Porno), John Lloyd (QI, Blackadder, Spitting Image) and Dan Schreiber (No Such Thing As A Fish).		
This episode features Terri Dendy, Head of Collections Standards and Care at the National Army Museum, as they chat about some of the objects she curates - including the preserved and (detached) fingers of explorer Bronco Lane; and a box of condoms donated by Andy McNab.		
Other museums discussed this week include The Alexander Hamilton Museum (St Kitts and Nevis) and the CIA Museum (USA) which no one is allowed to visit.		
https://twitter.com/Alicelevine https://twitter.com/schreiberland https://twitter.com/terridendy https://twitter.com/museumofcurios		
https://www.nam.ac.uk https://nevisisland.com/nevis-history/historical-sites- landmarks/museum-of-nevis-history https://www.cia.gov/legacy/museum		
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