SATURDAY 07 AUGUST 2021

SAT 00:00 Midnight News (m000yg61)

The latest news and weather forecast from BBC Radio 4.

SAT 00:30 One More Croissant for the Road by Felicity Cloake (m000yg3x)

Episode 5

Felicity Cloake is no slacker when it comes to cycling, with several long-distance cycling holidays under her belt, including doing the complete journey from the UK to Provence with a group of cycling friends. She is also an adventurous cook and has been described as 'the nation's food taster'.

Combining her passions, she decided to plot a cycling tour through France taking in the best regional dishes of the places she visited. Each morning begins with a croissant.

"In general, the best breakfasts in France are bread based – yes, you might well enjoy a bowl of sun-warmed figs and sheep yoghurt at your villa in Provence, but just so you know, most people around you would regard this as an eccentric way to start the day. God gave us the boulangerie for a reason, and that reason is breakfast. Baguette with butter and jam is a lovely thing, but on the move, it's handier to go for something with the butter already baked in. I never deviate from the plain croissant, the apotheosis of the baker's art."

Places and dishes include fruits de mer in Cherbourg, Breton oysters, a boozy lunch in the Languedoc, three different types of Cassoulet, fish soup (not to be confused with bouillabaisse) in Marseille, a quantity of brie with members of the brotherhood of Brie de Meaux, and an awful lot of pastries.

Felicity Cloake is author of The Guardian's How to Make the Perfect and a New Statesman columnist, and winner of the Guild of Food Writers' Food Journalist of the Year and New Media awards 2011. She also writes for the Daily Mail, the Metro and Fire & Knives magazine, and is the author of Perfect: 68 Essential Recipes for Every Cook's Repertoire (2011), Perfect Host: 162 easy recipes for feeding people & having fun (2013), Perfect Too (2014) and The A-Z of Eating (2016)

Abridged by Jill Waters and Isobel Creed Read by Sophia di Martino Produced by Lizzie Davies A Waters Company production for BBC Radio 4

SAT 00:48 Shipping Forecast (m000yg63)

The latest weather reports and forecasts for UK shipping.

SAT 01:00 Selection of BBC World Service Programmes (m000yg65)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SAT 05:20 Shipping Forecast (m000yg67)

The latest weather reports and forecasts for UK shipping.

SAT 05:30 News Briefing (m000yg69)

The latest news from BBC Radio 4

SAT 05:43 Prayer for the Day (m000yg6c)

A spiritual comment and prayer to begin the day with Harry Baker

Good morning.

This weekend, for the first time in two years, I will be attending and performing poems at a music festival. Not an online festival, not me dressing up at home and putting zoom on the big screen and pretending, but a proper gather-in-a-field inperson event. Specifically this Festival is called Brainchild in Sussex, where alongside poetry, music, talks and art installations, there is a miniature railway that attendees seem to be as excited about as anything else.

I love festivals. I am bringing with me the same pop-up tent I was gifted the summer I finished my A levels 11 years ago, complete with Gaffa tape over the holes in the bag so the pegs don't fall out - again. Thankfully some practices since then have changed. I will no longer be taking cold tins of ravioli that I have to bash open with a spoon when I realise I forgot to bring a tin opener. I will still be bringing a bag of easy-peelers for the mornings.

A festival is one of the only places you can be dressed as a pirate, a giraffe, or simply covered head to toe in glitter and nobody seems to bat an eyelid. Where strangers can become best friends overnight, and where the best moments seem to be the ones you couldn't possibly have planned. I have been invited

to weddings of people who first met when they saw me perform at a festival 5 years previous. Some of my favourite acts and artists now are ones I happened to stumble upon by chance because I was in the right field at the right time.

God, thank you for these excuses to celebrate life. To revel in the wonder of our surroundings and tap in to our playful, brilliant selves. I pray that be it in a field in Sussex with a miniature railway or as we begin our commute back to the office after so long at home, we can retain our sense of wonder, we can pay attention to the colourful and glittery moments of our everyday, and you can open our eyes to the discovery of the new.

Amen

SAT 05:45 Four Thought (m000ydl4)

What is it to Hear?

Joe Friedman, who grew up with deaf parents, reflects on what it means to hear. As a young psychotherapist, treating one particularly challenging client taught him the difference between listening that was only "skin deep" and really hearing someone else's pain. It helped him to lose his "deaf ears". "I assumed, like my parents, that being Hearing meant you could communicate, listen and hear - naturally. On reflection, of course, this is obviously idiotic. We all know people whose ears function perfectly well, but who don't hear a word you say!" Joe Friedman is a psychotherapist and author of children's books. He is also the author and performer of a one man show "Deaf Ears - How I Learned to Hear"

https://camden.ssboxoffice.com/performances/deaf-ears-how-i-learned-to-hear/

Presenter: Olly Mann. Producer: Sheila Cook

SAT 06:00 News and Papers (m000ykyy)

The latest news headlines. Including the weather and a look at the papers.

SAT 06:07 Open Country (m000yfkq)

Northumberland Sound Walk

A conversation between the Tipalt Burn and Hadrian's Wall, a legend about treasure that is buried under Thirlwall castle, the conflict between urban and rural life, the significance of the wall, hidden and lost sounds and the migration and transformation of stone are all themes which feature in an immersive sound walk through a Northumberland landscape. Open Country meets several of the artists, poets, musicians, singers, storytellers, composers and writers who were involved in creating this four-mile walk near the village of Greenhead. We discover how they were inspired by the landscape and community of this area and find out how their work was realised.

The story begins in December 2020 when Green Croft Arts commissioned 14 artists with strong links to Northumberland and Cumbria to explore the theme of 'Collision and Conflict' for a geolocator sound walk which was launched in the spring of 2021. Participants are invited to downloaded an app onto their phones, and then follow a route marked on a map through the landscape. The artistic responses – a mix of music, storytelling, spoken word and sounds - are linked to specific locations along the route. They are triggered as the walker approaches and can be heard through headphones. It's an extraordinary immersive journey exploring the past and present, local and global, landscape, hidden sounds, community and culture.

Producer Sarah Blunt

FOR MORE INFORMATION

Green Croft Arts

https://www.greencroftonthewall.com/

SAT 06:30 Farming Today (m000ykz0)

The latest news about food, farming and the countryside

SAT 06:57 Weather (m000ykz2)

The latest weather reports and forecast

SAT 07:00 Today (m000ykz4)

Including Sports Desk, Weather and Thought for the Day.

SAT 09:00 Saturday Live (m000ykz6)

Tim Vine

Nikki Bedi and Richard Coles are joined by Tim Vine, a comedian who eschewes the observational / confessional style, and celebrates joke telling and puns, his latest tour combines his love of music with comedy.

Listener Fiona Maher grew up hearing that she had a halfbrother that she'd never met. After 40 years, she finally found him. She joins us to tell us what it's like to have a new family. Phil Manzanera has played in some of the biggest stadiums in the world as the guitarist of Roxy Music. His South American heritage is at the root of his latest work.

Yazz Ahmed is a trumpeter described as "the high priestess of psychedelic Arabic Jazz", she joins us.

We have the Inheritance Tracks of actor David Thewlis, who chooses Starry Starry Night by Don McLean, and 11.59 by Blondie.

And your Thank you.

SAT 10:30 The Kitchen Cabinet (m000ykz8) Series 33

Home Economics: Episode 36

Jay Rayner hosts the culinary panel show. Joining him this week to help solve listeners' kitchen dilemmas are Jeremy Pang, Anna Jones, Rob Owen Brown and Dr Annie Gray.

In a determined attempt to enjoy the British summer, the panellists lay out their blankets and unpack a basket's worth of delicious summery treats. They reveal their strangest picnic locations and share recipes for the perfect ratatouille.

We're also joined by ice cream expert Kitty Travers of La Grotta Ices. She talks all things icy and tells us the best way to eat an ice cream (spoiler: I wouldn't bother bringing your spoon if I were you).

Producer: Hannah Newton Assistant Producer: Aniya Das

A Somethin' Else production for BBC Radio 4

SAT 11:00 The Briefing Room (m000vf15)

Taiwan and the Threat to Peace

Only a handful of small states officially recognise Taiwan as an independent country, though in many ways this democratic territory has the trappings of an independent nation.

But Taiwan's giant neighbour, China, argues that the island is a renegade province that will one day reunify with the mainland and Beijing reserves the right to use force to accomplish that if need be.

In recent years the Chinese have built up their military forces substantially, including many aimed at Taiwan, and the rhetoric from Beijing remains that Taiwan belongs to China. Meanwhile calls within Taiwan for full independence have grown louder.

The United States says it is committed to preserving the ambiguous status quo in the region and to opposing any Chinese coercion of the Taiwanese. Japan, too, has recently become more outspoken about supporting the US military forces in any possible conflict over Taiwan

So could the dispute over Taiwan trigger a war?

Joining David Aaronovitch in the Briefing Room are:

Margaret Hillenbrand, Associate Professor of modern Chinese culture and literature at the University of Oxford.

Dr. Yu Jie, Senior Research Fellow on China in the Asia-Pacific Programme at Chatham House.

J Michael Cole, Taipei-based Senior Fellow with the Taiwan Studies programme at Nottingham University.

Bonnie Glaser, Director of the Asia Programme at the German Marshall Fund of the United States, Washington DC.

Producers: John Murphy, Ben Carter, Kirsteen Knight, Jim Frank

Sound Mix: Graham Puddifoot Editor: Jasper Corbett

SAT 11:30 From Our Own Correspondent (m000ym97)

Insight, wit and analysis from BBC correspondents, journalists and writers from around the world

SAT 12:00 News Summary (m000ym99)

National and international news from BBC Radio 4

SAT 12:04 The Hangover (m000ylb1) Households

Households

Covid has been an economic crisis as well as a health emergency.

In a new four-part series Felicity Hannah meets households. businesses and local councils whose lives have been changed completely. Who are the the winners and the losers of the

This week she travels to Stoke on Trent to meet two households who have experienced the financial highs and lows of the Covid crisis - Katie, a self employed piano teacher and a single mum of four, and Tyler, in his early twenties, who lives at home with his parents. Both have had their lives transformed due to money

Producer Smita Patel Researcher Louise Byrne Editor Alex Lewis

SAT 12:30 Party's Over (m000yg5q)

Series 1

What happens when the Prime Minister suddenly stops being

One day you're the most powerful person in the country, the next you're irrelevant, forced into retirement 30 years ahead of schedule and find yourself asking 'What do I do now?'

Miles Jupp stars as Henry Tobin - Britain's shortest serving and least popular post war PM (he managed 8 months).

We join Henry soon after his crushing election loss. He's determined to not let his disastrous defeat be the end of him. Instead Henry's going to get back to the top - he's just not sure how and in what field.

This week, while standing in as host at a talk radio station, Henry meets Scott Machin who might just have the answers to all his problems.

Henry Tobin... Miles Jupp Christine Tobin... Ingrid Oliver Natalie... Emma Sidi Jones... Justin Edwards Scott...Kiell Smith-Bynoe

Written by Paul Doolan and Jon Hunter

Produced by Richard Morris and Simon Nicholls Production co-ordinator: Caroline Barlow Sound design: Marc Willcox

A BBC Studios Production

SAT 12:57 Weather (m000ym9c)

The latest weather forecast

SAT 13:00 News and Weather (m000ym9f)

The latest national and international news from BBC Radio 4

SAT 13:10 Any Questions? (m000yg5v)

Iain Dale, Karen Hester, Gillian Keegan MP, Clive Lewis MP

Chris Mason presents political debate and discussion from The Players Theatre, Lowestoft with the LBC presenter and political commentator Iain Dale, the Chief Operating Officer of Adnams Karen Hester, the Apprenticeships and Skills Minister Gillian Keegan MP and the Labour MP Clive Lewis.

Producer: Camellia Sinclair Lead broadcast engineer: Tom Parnell

SAT 14:00 Any Answers? (m000ym9h)

Have your say on the issues discussed on Any Questions?

SAT 14:45 The Etiquette Guide (b06vhpr3)

The mark of a civilised country is to know what it is to be civil. But what if you don't know? Across the ages, social commentators have written guide books to tell the uninitiated how to do the right thing at the right time in the right way.

And it's not just snobs that have published guides - the great Renaissance theologian Erasmus took time out from arguing with Luther to instruct children how to behave in company.

Nor is it vet another invention of Victorian England, Five thousand years ago, Ptah-Hotep set down on papyrus the rules of behaviour that all wise men should convey to their sons.

Episode 2: The Elizabethans

Fabritio Caroso's Nobilita di Dame (1600) tells us all we need to know about to how behave at court. Caroso writes about the right way for gentlemen to approach the King or how a lady should greet a superior.

A Whistledown production for BBC Radio 4

SAT 15:00 Drama (m000vm9k)

The Book of Danielle

by Jeremy Front

Narrator/Eli Henry Goodman Danni Alexis Zegerman Joel Aaron Gelkoff Naomi Susannah Wise Mummy Sue Kelvin

Kirstie Clarke Margaret Cabourn-Smith

Cody Jospeh Ayre Newsreader Simon Ludders Policeman Shaun Mason

Directed by Sally Avens

A fast talking fantastical comedy: Danni is drowning in a quagmire of catastrophic news. Her one wish is to rid the world & her family of its tormentors. But when she unwittingly conjures up a golem to help her she finds herself unable to

Jeremy Front is best known for his much loved adaptations of the Charles Paris Mysteries. He also writes the comedy series Jack and Millie and Incredible Women for Radio 4.

Henry Goodman is a 7 times Olivier Award nominee. He has appeared in countless films and stage productions and won an Olivier for Best Actor in a Musical playing Charles Guiteau in Assassins at the Donmar Warehouse and the Olivier Award for Best Actor for Shylock in The Merchant of Venice at the

Alexis Zegerman is an actress and writer. She won a British Independent Film Award for Best Supporting Actress in Mike Leigh's comedy-drama film Happy-Go-Lucky.

Alexis recently appeared as Eva Jacobowicz in Tom Stoppard's play Leopoldstadt.

SAT 16:00 Woman's Hour (m000ym9m)

Olympics -girls and urban sports; Disability & dating; Bobbi Brown; Emma-Jean Thackray; Women talking about men; Lucy

Will the young women smashing it at the Olympics in the new urban sports of BMX freestyling, Skateboarding and Sport Climbing inspire a new generation of girls to follow in their footsteps? Skateboarder Hannah Shrewsbury and BMX freestyler Kayley Ashworth discuss.

Women trash-talking men has gone too far: that's what the journalist James Innes Smith believes. He shares his viewpoint with Fiona Sturges, from the Financial Times and the Guardian, who doesn't agree

Trumpeter, band leader, singer, multi instrumentalist jazz queen. Emma-Jean Thackray on her debut album Yellow, which is number one on the Jazz & Blues Chart.

The reality dating show Love Island features for the first time a contestant with a disability Joy Addo, who has a podcast where she talks about her life as a visually impaired, single mum, and Kelly Gordon, the Disability and Inclusion Lead at sex toy company Hot Octopuss, discuss the realities of dating with a

The shift to mask wearing and homeworking saw many of us ditch our make-up during the pandemic. Perhaps not the best time to launch a new beauty business - but that's what Bobbi Brown has done.

Phantom of the Opera was first performed 35 years ago in London's West End. It has just reopened and Lucy St Louis is playing the female lead - Christine Daae, the first Black woman to play this role.

Producer: Dianne McGregor

SAT 17:00 PM (m000ym9p)

Full coverage of the day's news

SAT 17:30 The Bottom Line (m000wsvi)

Sound of the suburbs

For years the suburbs have been seen as places to live, from which you can commute to a big city to work. But has the pandemic pushed the economic pendulum in the other direction? With more people working from home and cities

becoming quieter, could this lead to a revival of the suburban economy? Evan Davis explores the national picture and hears from entrepreneurs in Denton, Greater Manchester, who have helped revive its struggling town centre, encouraging people to spend money locally.

Guests

John Spencer, Chief Executive of BizSpace Yael Selfin, Chief Economist of KPMG in the UK

Producer: Lesley McAlpine

SAT 17:54 Shipping Forecast (m000ym9r)

The latest weather reports and forecasts for UK shipping.

SAT 17:57 Weather (m000vm9t)

The latest weather reports and forecast

SAT 18:00 Six O'Clock News (m000ym9w)

The latest national and international news from BBC Radio 4

SAT 18:15 Loose Ends (m000ykn3)

Samuel West, Natasha Kaplinsky, Chris Bryant, Will Young, Courtney Marie Andrews, Arthur Smith, Clive Anderson

Clive Anderson and Arthur Smith are joined by Samuel West, Natasha Kaplinsky and Chris Bryant for an eclectic mix of conversation, music and comedy. With music from Will Young and Courtney Marie Andrews.

SAT 19:00 Profile (m000pdrk)

Ugur Sahin and Ozlem Tureci

Early results from the world's first effective coronavirus vaccine showed it could prevent more than 90% of people from getting Covid-19.

The vaccine had been developed by pharmaceutical companies Pfizer and BioNTech and was one of 11 vaccines that had reached the final stages of testing.

Mark Coles explores the lives and careers of Ugur Sahin and Ozlem Tureci - the little known Turkish-German husband-andwife team responsible for the development of the vaccine

First broadcast on Saturday 14th November 2020.

Producers: Sally Abrahams and Ben Carter Editor: Rosamund Jones

SAT 19:15 The Poet Laureate Has Gone to His Shed (m000vkzf)

Gillian Burke

Gillian Burke is best known to us as a presenter of the 'Watch' television series - Springwatch, Autumnwatch and Winterwatch .She talks to Simon Armitage about her childhood in Kenya where she had a hands-on experience of wildlife, running barefoot outside her house searching for insects. Her love of conservation was inspired by her mother who worked in Nairobi for the UN on environmental projects . From the natural world to a love of Cornwall, along the way their conversation takes in deep sea diving and gospel singing .

Produced by Susan Roberts

SAT 20:00 Archive on 4 (m000vkzh)

Well Hello: The Release of John McCarthy

It's 30 years since the end of the Lebanon hostage crisis and the moment when Brian Keenan, John McCarthy, Terry Waite and American hostage Terry Anderson were freed from captivity.

August 8th, 1991 was the day John McCarthy was released after five and a half years. He remembers it vividly - bundled blindfolded from his cell, taken in a car to the Syrian border and handed over to a man from the British Embassy who lent him a clean shirt. Then a meeting with his father and brother, and a hastily arranged press conference at which his first words

That night he flew home, with a full RAF medical team on board and, with his arrival timed for the News at Ten, he landed and emerged at the top of the flight steps, a little dazed and embarrassed by the whole thing.

For much of the last 30 years, John has been approached by complete strangers who want to wish him well, and tell him where they were when they heard about his release. "I've heard there were announcements on the Tube. 'The next train for Cockfosters will depart in 3 minutes. John McCarthy has been

released in Lebanon, stand clear of the doors and mind the

He once described it as the best day of his life. Now, as he rummages through a box of memories of that time, meets those involved in his release day, and reflects on archive recordings, he's not so sure.

Producer: Ruth Abrahams Executive Producer: David Prest A Whistledown production for BBC Radio 4

SAT 21:00 Tumanbay (b08r1v9c)

Kiss My Fingers

Threat of plague from outlying villages and how to deal with it brings the Inquisitor Barakat (Hiran Abeysekera) into conflict with the ailing regent Effendi Red (Sagar Arya).

Meanwhile, Manel (Aiysha Hart) - having failed in the task given to her by the rebels - must now prove her commitment to the cause by undertaking a more dangerous mission. One that brings her face to face with a deadly secret at the heart of this fanatical regime

Tumanbay is created by John Dryden and Mike Walker and inspired by the Mamluk slave rulers of Egypt.

Original Music by Sacha Puttnam and Jon Ouin

Sound Design by Steve Bond Sound Edited by James Morgan and Andreina Gomez Script Edited by Abigail Youngman Produced by Emma Hearn, Nadir Khan and John Dryden

Written by Mike Walker Directed by John Dryden

A Goldhawk production for BBC Radio 4.

SAT 21:45 The Hotel (m000plx4)

Adjoa Andoh continues Daisy Johnson's deliciously spinetingling stories, set in a remote hotel on the Fens

Today: a woman who once worked at The Hotel finds memories of her father coming back to haunt her...

Writer: Daisy Johnson Reader: Adjoa Andoh Producer: Justine Willett

SAT 22:00 News (m000vkzk)

The latest national and international news from BBC Radio 4

SAT 22:15 The Exchange (m000ydmc)

Faith and Sexuality

Two people who share a common experience, meet for the first time. Each has a gift for the other - an object that unlocks their story. With the help of presenter Catherine Carr, they exchange personal experiences, thoughts and beliefs, as well as uncovering the differences between them

Saima Razzag and Teddy Prout both had to make a choice about their faith when they came out as gay.

Teddy was a teenage Evangelical Christian when he came out. But when his church tried to "cure" him and "pray away the gay", Teddy started to question his beliefs. He began a decade long journey from Christianity to atheism, and humanism. He still feels angry for the 16-year-old boy who was rejected by his religious community.

Saima is a British Pakistani who was prepared for a battle when she came out in her twenties. She was surprised to find being both a Muslim and a lesbian was not a big deal for most of her Birmingham community.

Teddy and Saima share how hard it is to leave a faith, and to stay in a faith. They give away something precious to both of them - symbols of their identity and their personal stories.

Presenter: Catherine Carr

Producer: Louise Cotton

Executive Producer: Jo Rowntree

A Loftus Media production for BBC Radio 4.

SAT 23:00 Brain of Britain (m000ydxh)

Heat 3, 2021

(3/17)

Off the coast of which state in the USA did the tanker Exxon Valdez spill millions of tonnes of oil in 1989? And what's the most famous invention of John Montague? If you know the answers to these questions, you can find out if the contenders in Brain of Britain do too, as Russell Davies hosts the third heat of the 2021 tournament.

The programme comes from the Radio Theatre in London and was recorded without an audience under Covid rules on indoor gatherings.

Tackling today's questions are:

Mark Manson, a restaurateur from Carmarthen Caroline Markovitch, an NHS administrator from Letchworth Bernadette Stott, a former banker and Open University student from South London

Lisa Tulfer, a freelance writer from Glastonbury

Today's winner will take another of the places in the Brain of Britain semi-finals in the autumn. There's also an opportunity for a listener to win a prize by devising questions with which to stump the combined knowledge of the panel.

Assistant Producer: Stephen Garner Producer: Paul Bajoria

SAT 23:30 MTV - A British Invention? (m000vdpl)

Adam Buxton uncovers the influence of British music videos in the early years of MTV, 40 years after the network first launched.

Going live on 1st August 1981, MTV made British new wave artists hugely popular in the USA - for example Duran Duran, A Flock of Seagulls, Culture Club and Adam Ant got extraordinary exposure - but it was also a golden age for music video production. Before the formula set in, and videos became extremely expensive, unit-shifting devices, directors were often given free reign to take risks and experiment.

Adam speaks to pioneering music video directors who were breaking new ground in techniques and imagery. Many came from art schools, were part of the underground music scene, or were starting out in the film industry - borrowing kit after work

Gale Sparrow was one of MTV's first hires, and in charge of sourcing music videos for MTV's launch. She turned to small British labels because they had them in ready supply. What she discovered was very different from the few American videos available - which was mostly concert footage of gnarly old

Will Fowler is curator of artists' moving image at the BFI National Archive and an expert on the burgeoning underground film scene of the late 70s and 80s. He researched and created the touring exhibition This is Now, Film and Video After Punk, which involved tracking down and restoring films which had never been archived. There was an explosion of artists experimenting in film and video. Some - Sophie Muller, John Maybury, John Scarlett-Davis for example - would go on to have very successful careers as music video directors. He explains how the influence of Jean Cocteau and William Burroughs made their way onto MTV.

Photo Credit: Matt Crockett

Produced by Victoria Ferran and Chris O'Shaughnessy.

A Just Radio production for BBC Radio 4

SUNDAY 08 AUGUST 2021

SUN 00:00 Midnight News (m000vkzm)

The latest news and weather forecast from BBC Radio 4.

SUN 00:15 Green Originals (m000czf4) Wangari Maathai

In 1977, the Kenyan academic Professor Wangari Maathai founded the Green Belt Movement, a grassroots initiative which encouraged rural women to plant trees to restore local ecosystems and address their need for food, fodder and fuelwood. Maathai also campaigned to protect Nairobi's green spaces, including Uhuru Park and Karura Forest, from government development.

To date, the Green Belt Movement has planted more than 51 million trees in Kenya. In 2004, Wangari Maathai became the first African woman to be awarded the Nobel Peace Prize, for her environmental work.

The nature broadcaster Gillian Burke, who grew up on the outskirts of Nairobi and met Wangari Maathai as a child, reflects on the legacy of this larger-than-life environmental activist, and considers the role of tree planting in addressing the climate crisis.

She says, "Wangari Maathai understood what people, especially rural women, really needed and married that with the needs of the environment.

Producer: Dan Hardoon Series Editor: David Prest

A Whistledown Production in association with The Open

University.

SUN 00:30 Short Works (m000vg5d)

Our Dead Billy and Sasha Next Door

Until now, Anna has managed living without Brian, working from home and social distancing. But her morning gets off to a bad start.

The writer, Jenn Ashworthm was born in Preston. Her first novel, A Kind of Intimacy, was published in 2009 and won a Betty Trask Award. Her most recent novel, Ghosted, was published in 2021. She lives in Lancaster.

Writer: Jenn Ashworth Reader: Hermione Norris Producer: Jeremy Osborne

A Sweet Talk production for BBC Radio 4

SUN 00:48 Shipping Forecast (m000ykzp)

The latest weather reports and forecasts for UK shipping.

SUN 01:00 Selection of BBC World Service Programmes (m000vkzr)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

SUN 05:20 Shipping Forecast (m000ykzt)

The latest weather reports and forecasts for UK shipping.

SUN 05:30 News Briefing (m000vkzw)

The latest news from BBC Radio 4

SUN 05:43 Bells on Sunday (m000ykzy)

All Saints Church in Maidstone, Ken

Bells on Sunday comes from All Saints Church in Maidstone, Kent. Overlooking the River Medway the 15th century church, with its tower standing over the south west porch, houses a peal of 10 bells with a tenor weighing 32 hundred weight. It's tuned to C sharp, and is the heaviest tenor bell in the county. In 1959 Taylor's Foundry of Loughborough recast the present ring of 10 from the metal of a similar ring cast by the Whitechapel Foundry of London in 1784. We hear them ringing Spliced Plain and Little Bob Royal.

SUN 05:45 Profile (m000pdrk)

[Repeat of broadcast at 19:00 on Saturday]

SUN 06:00 News Summary (m000v17c)

The latest national and international news from BBC Radio 4

SUN 06:05 Something Understood (b09zt379) Pilgrimage

Dr Rowan Williams sets out to discover the true meaning and purpose of pilgrimage. He reveals that it's not so much a physical journey, but more of an internal search which realises the destination was not so far from where we started

Rowan explains, "Pilgrimage prepares us for death simply by reminding us that we are not, to quote one of Iris Murdoch's novels, "that buzzing, blooming confusion" we carry around with us, the anxious, ambitious, defensive, greedy self we have constructed, which panics at the idea of loss or helplessness. We are held in a patient and generous truth, new every moment. We can dismiss the worrying over whether we deserve love or peace or homecoming. We are already there."

In the company of John Bunyan's Christian, we travel through Jerusalem and Santiago accompanied by a 14th Century English writer from Nottinghamshire, Walter Hilton, and the insights of TS Eliot and the Muslim poet Rumi. Music from Maddy Prior, Monteverdi and Wagner assist our journey to its conclusion, with another of Bunyan's heroes, Mr Valiant-for-Truth, as he is summoned to cross the river.

Presenter: Rowan Williams Producer: Michael Wakelin

A TBI Media production for BBC Radio 4.

SUN 06:35 On Your Farm (m000yl7f)

Japanese mozzarella

Nick Luscombe travels to the coastal wetlands of Eastern Hokkaido in the north of Japan to meet Takashi Shirai, a dairy farmer with a background in feature films, who moved to the area with his garden designer wife Haruki in 2009. We learn about Takashi's early experiences of farming and also about his vision for a farming future in Japan that works in harmony with his livestock and the local area. We also discover the unique aspects of this part of the country which allow their farm to produce highly regarded mozzarella and ice cream.

Produced and presented by Nick Luscombe

SUN 06:57 Weather (m000vl7h)

The latest weather reports and forecast

SUN 07:00 News and Papers (m000yl7k)

The latest news headlines. Including a look at the papers.

SUN 07:10 Sunday (m000y17n)

A look at the ethical and religious issues of the week

SUN 07:54 Radio 4 Appeal (m000yl7s)

Hands Up Foundation

Actor Peter Capaldi makes the Radio 4 Appeal on behalf of the charity Hands Up Foundation.

- Freephone 0800 404 8144
- Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Hands Up Foundation'.
- Cheques should be made payable to 'Hands Up Foundation'.
- You can donate online at bbc.co.uk/appeal/radio4

Registered Charity Number: 1156491

SUN 07:57 Weather (m000yl7x)

The latest weather reports and forecast

SUN 08:00 News and Papers (m000yl81)

The latest news headlines. Including a look at the papers.

SUN 08:10 Sunday Worship (m000yl85)

Led by Rev Richard Frazer of Greyfriars Kirk, Edinburgh, at the start of the city's festivals. Richard explores the wonder and enchantment to be found in human living and stories. With Rev Ruth Halley and Gillian Cooper.

SUN 08:48 A Point of View (m000yg5x)

Rapping with a W

Howard Jacobson turns his thoughts to the unlikely subject of

He delves into "Expectation Disconfirmation Theory" which, he claims, "will explain why you are less happy than you ever thought you'd be with your new trainers, and more happy than you ever expected you'd be listening to this programme!

Producer: Adele Armstrong

SUN 08:58 Tweet of the Day (m0003sym)

Satish Kumar and the Peacock

Satush Kumar was born in Rajasthan, India, where the Peacock, the Mayura, is a sacred bird and also associated with the monsoon. In India, it is believed that after the long, hot summer peacocks come out and display their bright and vibrant feathers in an extravagant dance to please Indra, the god of rain, before calling to let the rains begin, bringing relief to plants, animals, soils and humans.

You can hear more from Satish in the second Tweet of the Week Omnibus editions available on the Radio 4 website. Aside from choosing his personal birds for the Omnibus, Satish's thoughts and teachings reflect in his recent writing on elegant simplicity, something which maybe the western world has become disconnected from, yet nature is all around us.

Producer: Andrew Dawes

Image: Copyright Resurgence Magazine

SUN 09:00 Broadcasting House (m000yl89)

The Sunday morning news magazine programme. Presented by Jane Garvey

SUN 10:00 The Archers Omnibus (m000yl8f)

Writers, Caroline Harrington and Sarah McDonald-Hughes Directors, Jeremy Howe and Julie Beckett Editor, Jeremy Howe

Brian Aldridge Charles Collingwood Jennifer Aldridge Angela Piper David Archer Timothy Bentinck Josh Archer Angus Imrie Ruth Archer Felicity Finch Chris Carter Wilf Scolding Susan Carter Charlotte Martin Ruairi Donovan Arthur Hughes Amy Franks ... Jennifer Daley Shula Hebden Lloyd Judy Bennett Alistair Lloyd Michael Lumsden Jazzer McCreary... Ryan Kelly

SUN 10:54 Tweet of the Day (m000vl8k)

Tweet Take 5: Ringed Plovers

A bird that you can hear but not see is not an ideal birdwatching encounter, but the ringed and little ringed plover are a joy to behold once encountered as will be heard in this extended version of Tweet of the Day with wildlife presenter Michaela Strachan, wildlife artist Jane Smith and comedian and birdwatcher Bill Oddie.

Producer: Andrew Dawes for BBC Audio in Bristol

SUN 11:00 The Reunion (m000vl8p)

Same Sex Marriage

Kirsty Wark brings together gay rights campaigners, politicians and journalists to recall the battle to introduce same-sex marriage in Britain, and hears from the then Prime Minister David Cameron about his struggles to gain support within the Conservative Party.

Up until 2010, same-sex marriage wasn't on the political agenda in Britain, and lesbian and gay campaigners were divided over whether it was a good idea or not.

Many believed it lay at the heart of the patriarchal society which had curtailed women's rights for decades, and wanted to abolish marriage not broaden it. Others remembered the bitter resentments caused by the infamous Section 28, brought in by Conservative Prime Minister Margaret Thatcher in 1988, which effectively banned the promotion of homosexuality in schools and was only repealed in 2003.

On 29 March 2014, Peter McGraith and David Cabreza became the first same-sex couple to exchange their wedding yows, shortly after midnight, as the legislation came into force.

Joining Kirsty Wark are Peter Tatchell, the activist who campaigned for same sex marriage for many years; Lynne Featherstone, then the Liberal Democrat Equalities Minister who fought for it to become government policy; Benjamin Cohen, the CEO of Pink News who led the Out 4 Marriage campaign; Malcolm Brown, Director of Mission and Public Affairs for the Church of England, and Nick Herbert, the Conservative MP who led the Freedom to Marry campaign.

Presenter: Kirsty Wark Producer: Charlotte North Series Producer: David Prest A Whistledown production for BBC Radio 4

SUN 11:45 Marketing: Hacking the Unconscious (b096jkgg)

Series 1

The Power of Shame

Advertising guru Rory Sutherland explores the psychology underlying the greatest ad campaigns in history - with first-hand accounts from the creative minds that conceived them.

Produced by Steven Rajam

Why do certain marketing campaigns - from Nike's "Just Do It" to the MND Ice Bucket Challenge - cast such a spell over us? Rory Sutherland explores the story - and the psychology behind ten of the most influential campaigns in history - with first-hand accounts from the creative minds that conceived them, and contributions from the worlds of evolutionary biology, behavioural psychology, socio-economics and

Marketing. It's come to be one of the most misunderstood - and

maligned - disciplines of our age: perceived variously as the Emperor's New Clothes, an emblem of the ills of capitalism, a shadowy dark art designed to steal away our hard-earned money and make us do (or buy, or vote for) things we don't want.

Yet marketing is undeniably a key part of contemporary culture. It's a science that's fundamentally about human behaviour - marketers, to some extent, understand us better than we know ourselves - and in the most successful campaigns we find our deepest emotions and urges, from altruism to shame, hope to bravado, systematically tapped into and drawn upon.

But what are these primal behaviours that the best campaigns evoke in us - and how do they harness them? Is marketing purely about commercial gain or can it underpin real common good and societal progress? And does the discipline manipulate our subconscious instincts and emotions - or simply hold a

Over ten episodes, senior advertising creative and Spectator writer Rory Sutherland unravels the story of some of the most powerful, brilliant and influential campaigns of our age. Set alongside personal testimonies from the brilliant minds that created them, we'll hear from a host of experts - from biologists to philosophers, novelists to economists - about how these campaigns got under our skin and proved to be so influential.

Contributors include: writer and former copywriter Fay Weldon; social behaviourist and expert on altruism Nicola Raihani; Alexander Nix, CEO of big data analysts Cambridge Analytica; philosopher Andy Martin; writer on Islamic issues and advisor to the world's first Islamic branding consultancy. Shelina Janmohamed; and evolutionary psychologist Geoffrey

SUN 12:00 News Summary (m000yl8t)

National and international news from BBC Radio 4

SUN 12:04 The Unbelievable Truth (m000vdxs) Series 26

David Mitchell hosts the panel game in which four comedians are encouraged to tell lies and compete against one another to see how many items of truth they're able to smuggle past their

Rufus Hound, Fern Brady, Ria Lina, and Tony Hawks are the panellists obliged to talk with deliberate inaccuracy on subjects as varied as biscuits, wives, germs and snails.

Produced by Jon Naismith

A Random Entertainment production for BBC Radio 4

SUN 12:32 The Food Programme (m000yknq) Andrew Wong: A Life Through Food

"It's about trying to paint pictures - of different places, different moments in time, throughout China's past.

Andrew Wong grew up helping out in his parents' Chinese restaurant in central London, convinced that he would never work in hospitality himself.

But the "magic" of the industry drew him in - and today he's chef-patron of a restaurant on the very same site as his parents' place, but totally transformed.

In the decade or so since its launch, A. Wong has built a reputation for lunchtime dim sum, with an evening menu showcasing imaginative interpretations of regional and historical delicacies: from 'Barbecued Forbidden City Sweetcorn with Wagyu Beef Meat Paste and Truffle' to 'Toasted Sweet Potato with Salted Black Bean Sauce, Black Tapioca and Liquorice Soy'. It's also the first Chinese restaurant outside Asia to have earned two Michelin stars.

Jaega Wise visits the Pimlico restaurant to find out how Andrew's fascination with China's food heritage has inspired this unique dining experience; one that seeks to bring to life a rich and diverse culinary culture.

We also hear from cook and food writer Fuchsia Dunlop, who specialises in Chinese gastronomy and has written six books on the country's cuisine; and Dr Mukta Das, a research associate for the Food Studies Centre at London's SOAS University, focusing on Chinese food and culture - who collaborates with Andrew to dig into dishes and delicacies from the past.

Presented by Jaega Wise Producer by Lucy Taylor in Bristol

SUN 12:57 Weather (m000vl90)

The latest weather forecast

SUN 13:00 The World This Weekend (m000vl94)

Jonny Dymond looks at the week's big stories from both home and around the world.

SUN 13:30 The Listening Project (m000yl98)

Awards and Challenges

Guest presenter Kofi Smiles with strangers, friends and relatives in conversation.

This week strangers Roger and Gill reflect back on being awarded MBEs and why one of them chose to accept and the other decline; Maisie and Tommi, both in their early 20s, share stories of challenges of living with Tourette Syndrome; and mountain rescuer Ian and adventuring enthusiast Tayo talk about their passion for the great outdoors.

The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation lasts up to an hour, and is then edited to extract the key moments of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in this decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject

Producer: Mohini Patel

SUN 14:00 Gardeners' Question Time (m000yg58)

GQT at Home: Hugel Beds and Horseshoes

Kathy Clugston hosts this week's gardening Q&A with a panel of experts. Pippa Greenwood, Bunny Guinness and Chris Beardshaw join Kathy to answer the questions sent in by green-fineered listeners.

This week our panellists explain what a Hugelkultur bed is, and what you can grow in it. They share their garden memories and suggest some planting ideas for one listener's unique outdoor sculpture.

We also join Dr Chris Thorogood as he learns about the history of botanical photography from exhibition curator. Alex Moore. Meanwhile, in the dead of night, Pippa Greenwood is delighted by those beautiful, fascinating creatures - glow worms.

Producer - Jemima Rathbone Assistant Producer - Millie Chu

A Somethin' Else production for BBC Radio 4

SUN 14:45 Green Originals (m000czf4)

[Repeat of broadcast at 00:15 today]

$\it SUN~15:00~The~King~Must~Die~(m000yl9c)$

Episode 2

Part Two of Robin Brooks's new adaptation of Mary Renault's classic book, The King Must Die, starring Shane Zaza.

The King Must Die tells the story of Theseus, his adventures on mainland Greece in search of his true identity, and his journey to the heart of the Labyrinth of Knossos, where he must face the Minotaur.

Mary Renault is considered by many to be the finest historical novelist of the Twentieth Century. In this story, she evokes a distant age brilliantly, and explores the eternal conflict between male and female, through the violent career of a warrior king who is enmeshed in dark forces beyond his control.

Episode Two

Theseus has thrown in his lot with the unfortunate youths chosen for sacrifice to the Minotaur, but when he finds himself in the decadent civilisation of Minoan Crete a strange new world opens to him, including the glamour and danger of the bull-dance.

Cast:

Theseus Shane Zaza
Poseidon Raad Rawi
Ariadne Annie Haworth
Minos Richard Braine
Phormion Joe McArdle
Corinthian Harmony Rose-Bremner
Asterion / Priest Theo Fraser Steele
Lukos / Alektryon Charlie Archer
Laia / Lady Tessa Wojtczak
Aktor / Lord / Perimos / Guard Richard Bates
Melantho / Lady / Queen of Naxos Heidi Parsons

Helike / Maenad Sophie Walter

Hippon / Captain / Young King Gavi Singh Chera Chryse / Girl Alexandra Ewing

Iros / Alexias Sam Henderson

The King Must Die by Mary Renault Dramatised by Robin Brooks Music composed by Matthew Sheeran Directed and Produced by Fiona McAlpine

Recorded on location in Suffolk. Sound Design by Wilfredo Acosta An Allegra production for BBC Radio 4

Picture credit (for BBC Sounds page) Theseus Killing the Minotaur © The Trustees of the British Museum

SUN 16:00 Open Book (m000vl9h)

Jean Hanff Korelitz

Chris Power talks to author behind TV hit The Undoing, Jean Hanff Korelitz. Her latest book The Plot is an appropriately plot-driven thriller about a writer who steals a story from a student, but whose subsequent best-selling success is marred by fears that he will be exposed as a plagiarist.

Georgette Heyer published her first novel exactly 100 years ago, and would become best known as the prolific writer of widely adored romances set in the Regency era. Novelist Harriet Evans explains what she loves so much about her work

Richard Beard refuses to judge a book by it's cover, beginning his series on "the look of the book" by it's cover and putting first appearances in the spotlight.

And the prize winner author of Gilead, Marilynne Robinson, choses A Book I'd Never Lend.

Photo credit: Michael Avedon

Presenter: Chris Power Producer: Ciaran Bermingham

Book List - Sunday 8th August and Thursday 12 August

The Plot by Jean Hanff Korelitz
You Should Have Known by Jean Hanff Korelitz
The Black Moth by Georgette Heyer
The Devil's Cub by Georgette Heyer
Venetia by Georgette Heyer
Friday's Child by Georgette Heyer
Bath Tangle by Georgette Heyer
Regency Buck by Georgette Heyer
The Beloved Girls by Harriet Evans
Piers the Ploughman by William Langland
Jack by Marilynne Robinson

SUN 16:30 Power Lines (m000yl9l)

Series 3

Power Lines: Music

Yomi Şode talks to poets about the power of music.

Poetry and music has a history spanning centuries. In this episode, Power Lines brings together 21st century poets whose work is underpinned by a love of music to talk about that influence and to perform poems reflecting that passion.

Roger Robinson and Caleb Femi are both poets and recording artists and join Yomi in a conversation about the importance of music to their lives and work.

Jessie Summerhayes is a new poet whose poetry writing took off during the lockdowns of 2020 and 2021, when she began creating new work with her folk musician dad, part of the folk duo Ciderhouse Rebellion. They perform a new poem in the open air of the North Yorkshire Moors.

Miss Yankey argues for a broader adoption of spoken word across all genres of music and performs "I Still Pray For You".

Kayo Chingonyi is a poet, DJ and passionate unraveller of the meaning and making of lyrics. He talks to Yomi and reads 16 Bars for the Bits from his new collection A Blood Condition.

And Yomi reflects on Remnants, his collaboration with Chi-chi Nwanoku's Chineke! Orchestra and composer James B Wilson to mark a powerful moment in the Black Lives Matter protests of 2020. Its public premiere to a live audience was the first performance after the reopening of the Royal Festival Hall in London.

A Bellow Stories production for BBC Radio 4

SUN 17:00 A Bad Business (m000vcx2)

Twenty years ago, the brash Texan energy company Enron collapsed after its massive fraud was finally exposed. Investors and pension funds worldwide lost billions of dollars. The case was meant to signal a sea-change in the way businesses were policed. How difficult would it be to weave a similar web of financial deceit today? Lesley Curwen travels to the dark side of business to find out whether it's still just as easy to fleece investors – which in the end means us – out of our money.

Producer Smita Patel

SUN 17:40 Profile (m000pdrk)

[Repeat of broadcast at 19:00 on Saturday]

SUN 17:54 Shipping Forecast (m000yl9n)

The latest weather reports and forecasts for UK shipping.

SUN 17:57 Weather (m000vl9q)

The latest weather reports and forecast

SUN 18:00 Six O'Clock News (m000vl9s)

The latest national and international news from BBC Radio 4

SUN 18:15 Pick of the Week (m000yl9v)

Barnie Choudhury

Presenter: Barnie Choudhury Producer: Elizabeth Foster Production support: Ellen Orchard Studio Manager: Jonathan Esp

SUN 19:00 Little Lifetimes by Jenny Eclair (m000ktyw)

Series 6

Nanna No No

A highly successful retired lawyer believes she will be the perfect grandmother, so why is she hiding behind the sofa when her grandchildren appear?

Haydn Gwynne is best known for her work on Drop The Dead Donkey, The Windsors and Billy Elliot on Broadway for which she won a Drama Desk Award

Written by Jenny Eclair Read by Haydn Gwynne

Producer, Sally Avens

SUN 19:15 Stand-Up Specials (m000yl9x)

Scrambled EGG

Comedy duo Egg - Anna Leong Brophy and Emily Lloyd-Saini - write and star in this brand-new comedy special, exploring what it means to be mixed race, and their very different experiences growing up in the UK.

An increasingly surreal dinner date turns into a trip down memory lane for the pair, as a curt waitress guides them grudgingly through some of their formative mixed-race memories.

Through break-out sketches, the duo narrowly avoid coming to blows with streetwise teenage schoolgirls Jacanda and Malika on the streets of north west London, culturally appropriate their own cultural heritage in a Portakabin in Nottingham, and befuddle renowned Race and Socio-Political expert Professor Jojo Mojojo with a simple question. All the while waiting for their main course to arrive.

Anna and Emily also talk to their real-life Mums, who share their experiences on what it meant to bring up a mixed race daughter in the 90s - and whether the girls really were the charming little angels they claim to have been.

Can the mixed-race experience really be defined in a single comedy special? The Egg girls aren't sure, but they take a crack at it in Scrambled Egg.

Cast

Anna - Anna Leong Brophy Emily - Emily Lloyd-Saini Waitress – Rebecca Boey

Written by Anna Leong Brophy and Emily Lloyd-Saini Producer: Mobashir Dar

A CPL production for BBC Radio 4

SUN 19:45 Wolverine Blues (m000vl9z)

Episode 4

Wolverine Blues, or a Case of Defiance Neurosis

A new fiction from Graeme Macrae Burnet, inspired by the case study "Defiance Neurosis of a Seventeen-Year-Old High School Student" by Alphonse Maeder.

Dr Maeder and Herr Schaller have found common ground as they act to bring Max back from the brink of delinquency.

Read by Alasdair Hankinson and Robin Laing Producer: Eilidh McCreadie

Graeme Macrae Burnet lives in Glasgow and is the author of novels including 'The Disappearance of Adèle Bedeau' and the Man Booker shortlisted 'His Bloody Project'. His new novel, 'Case Study', is published in October and follows the investigation of a young woman who believes a charismatic psychotherapist is implicated in her sister's death.

SUN 20:00 Feedback (m000vg5j)

Are a third of us, from both sides of the political spectrum, attracted by authoritarianism? That's a claim made in Radio 4's The Spark. Roger Bolton asks its presenter Helen Lewis about that claim, and about the sort of sparks she is seeking to create.

The series producer of Radio 4's Sunday Worship, Philip Billson, discusses the decision to make an edition of the programme commemorating the anniversary of last year's catastrophic explosion in Beirut.

And the Out of Your Comfort Zone listeners get lost in tech speak.

Presenter: Roger Bolton Producer: Kate Dixon Executive Producer: Samir Shah

A Juniper Connect production for BBC Radio 4

SUN 20:30 Last Word (m000yg5g)

Sir Graham Vick (pictured), Carmel Budiardjo, Piers Plowright, Dusty Hill

Julian Worricker on:

The opera director, Sir Graham Vick, who challenged people's perceptions by discovering new performers and new audiences.

Carmel Budiardjo, the human rights campaigner whose work was influenced by time spent in jail in Indonesia.

The award-winning radio documentary maker, Piers Plowright, who set out to shine a light on the everyday lives of ordinary

And Dusty Hill....the bearded bass player from Texas, who enjoyed worldwide success as part of ZZ Top.

Producer: Laura Northedge

Interviewed guest: Simon Halsey Interviewed guest: Nicholas Pavne Interviewed guest: Jonathan Head Interviewed guest: Barbara Patilla Interviewed guest: Simon Elmes Interviewed guest: Sam Dunn

SUN 21:00 The Hangover (m000ylb1)

[Repeat of broadcast at 12:04 on Saturday]

SUN 21:25 Radio 4 Appeal (m000yl7s)

[Repeat of broadcast at 07:54 today]

SUN 21:30 The Kitchen Cabinet (m000vkz8)

[Repeat of broadcast at 10:30 on Saturday]

SUN 22:00 Westminster Hour (m000ylb4)

Radio 4's Sunday night political discussion programme.

SUN 23:00 The Film Programme (m000yfks)

Juliet Stevenson on Truly, Madly, Deeply

Juliet Stevenson revisits a moving and tearful scene from Truly, Madly, Deeply which broke new ground in the portrayal of grief.

Matt Damon and director Tom McCarthy talk about researching for Damon's role as an oil rig worker in their new film Stillwater.

Mark Jenkin continues his movie making audio diary as he tries, with difficulty, to film pick-up shots to be cut into the production after the main photography has been completed.

Presenter: Antonia Quirke

Producer: Harry Parker

SUN 23:30 Something Understood (b09zt379)

[Repeat of broadcast at 06:05 today]

MONDAY 09 AUGUST 2021

MON 00:00 Midnight News (m000vlb6)

The latest news and weather forecast from BBC Radio 4.

MON 00:15 Sideways (m000vdlx)

15. Best Feet Forward

When the Danish men's football team are called up to replace Yugoslavia in the 1992 European Championships, just 10 days before the start of the tournament, nobody fancied their chances, least of all the players themselves.

In this episode of Sideways, Matthew Syed traces their fairy tale journey towards taking home the trophy and reveals what Denmark's story can teach us about the importance of prioritising team cohesion over individual stardom.

For the Danish coach, Richard Møller Nielsen, it's all about nurturing the ties between the players, putting the team ahead of the ego of any individual star. Møller Nielsen's approach is unpopular with the press, the public and the players themselves. But as Matthew discovers, he's hit upon a crucial element of social cohesion, one that has been powering our societies for

While we often construct our sports teams, our businesses and our lives assuming that we need to motivate individuals, are we overlooking the importance of human connection? And is this connection the secret to success?

With journalist and football writer Lars Eriksen, former Danish international player and commentator Morten Brunn, Alexandra Michel, leadership development expert and Adjunct Professor at Graduate School of Education, University of Pennsylvania, Greg Walton, Associate Professor of Psychology at Stanford University and Professor Josef W Meri, historian in interfaith relations at the College of Islamic Studies, Hamad Bin Khalifa University

Presenter: Matthew Syed

Producer: Pippa Smith

Series Editor and Executive Producer: Katherine Godfrey Music, Sound Design and Mix: Nicholas Alexander Theme Music: Seventy Times Seven by Ioana Selaru

A Novel production for BBC Radio 4

MON 00:45 Bells on Sunday (m000ykzy)

[Repeat of broadcast at 05:43 on Sunday]

MON 00:48 Shipping Forecast (m000ylbb)

The latest weather reports and forecasts for UK shipping.

MON 01:00 Selection of BBC World Service Programmes (m000vlbd)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

MON 05:20 Shipping Forecast (m000ylbg)

The latest weather reports and forecasts for UK shipping.

MON 05:30 News Briefing (m000vlbi)

The latest news from BBC Radio 4

MON 05:43 Prayer for the Day (m000vlbl)

A spiritual comment and prayer to begin the day with Harry Baker

Good morning.

This morning I wake up at a loss. After two weeks of a newfound routine of getting up and checking the BBC sports app to see what drama I have missed the night before, the Olympics has come to a close. I hadn't expected to get as into it as I did. I hadn't particularly been following it in the build up, and if I'm honest I think part of me still believed it might not go ahead, after so many events have had to be constantly rescheduled.

Yet within seconds I was hooked. I shed tears when Tom Daley won his diving gold. I marvelled at the teenage skateboarders pulling off tricks I could only just about manage on the

Playstation when I was their age. I found myself attempting butterfly stroke in my local pool despite no formal training or breathing technique - made even more difficult by the fact my own attempts were then making me laugh. I found myself heavily invested in sports and athletes I wasn't even aware existed two weeks previous, and I still struggled to care about the horse-dancing

For me it is the passion of the competitors that draws me in. Whichever sport it is, these are people who have dedicated their whole lives to something they love, and to see the moment where it all pays off for them is hard to not find inspiring. Thankfully it's only two weeks until the Paralympics so I can get obsessed all over again.

Lord, thank you that you are a passionate god. Thank you that we are full of interests and hobbies, whether that is teaching, friendships, or prancing around on a horse competitively. I pray that you would be with us in the highs and the lows. That we would be able to celebrate our gold medal moments with those that support us, and also be comforted in our disappointments when it doesn't go our way. That we would be patient in times of injury and healing, and be able to be happy for others when they have their moment, and to know that in the race of life it truly is the taking part that counts.

MON 05:45 Farming Today (m000ylbn)

09/08/21: Imports v Home Grown; Forestry; Beach cows

It seem counter-intuitive to think that importing food from the other side of the world would ever be better for the environment than buying local- but that's the conclusion in a recent report from the Government's Board of Trade, which says buying imported food does not always mean a larger carbon footprint. We speak to an environmental researcher about how these calculations are made, and a farmer and agronomist who says there is more at stake here

All this week we're focussing on forestry. We begin by speaking to Confor, the association that represents commercial growers, about how the industry is coping with increasing demand for

And we report from a beach in Dorset where cows have been allowed to roam again for the first time in 90 years. The National Trust has brought a herd of Red Devon cattle to graze the dunes - we find out why.

Presented by Sybil Ruscoe Produced in Bristol by Natalie Donovan

MON 05:56 Weather (m000vlbq)

The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b04t0v9m)

Magnificent Frigatebird

Michael Palin presents the magnificent frigatebird a true oceanic bird, and resembling a hook-billed, pterodactyl of a

Magnificent frigatebirds are some of the most accomplished aeronauts of the tropical oceans. Their huge wingspans of over two metres and long forked tails allow them to soar effortlessly and pluck flying fish from the air, and also harass seabirds These acts of piracy earned them the name Man-o' War birds and attracted the attention of Christopher Columbus. Magnifcent Frigatebirds breed on islands in the Caribbean, and along the tropical Pacific and Atlantic coasts of central and South America as well as on the Galapagos Islands, Frigatebird courtship is an extravagant affair. The males gather in "clubs" perching on low trees or bushes.

Here they inflate their red throat-pouches into huge scarlet balloons, calling and clattering their bills together as they try to lure down a female flying overhead. If they're successful, they will sire a single chick which is looked after by both parents for three months and by its mother only for up to 14 months, the longest period of parental care by any bird.

MON 06:00 Today (m000vkmr)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 The Patch (m000ykmt)

Haringey

The random postcode generator takes us to an inner London borough, and tales of loss and longing, told through vegetables

Produced and presented by Jolyon Jenkins for BBC Audio Bristol

Supported by bbc.co.uk/programmes/

MON 09:30 The Power of Negative Thinking (b0845pmg) Death Can Make You Happy

In the final episode of Oliver Burkeman's series The Power of Negative Thinking, it is finally time to confront what many of us see as the most negative of all experiences: death. Could there really be a path to happiness through thinking more about our own, and our loved ones', mortality? Oliver will speak to a death 'doula', and ask what lessons we can learn about living from those who are near-to-death. He'll also explore the modernday rediscovery of "memento mori", constant reminders of death in daily life. In deliberately confronting death, can life take on a new and vivid sense of meaning?

MON 09:45 Hamilton and Me by Giles Terera (m000ykmw) Episode 1: We Have an Offer

Giles Terera reads from his insider's account of his time in Hamilton, one of the most groundbreaking musicals of our

After being offered the role of Aaron Burr, Giles Terera kept a journal of his time preparing for, rehearsing and performing in the London production of Lin-Manuel Miranda's iconic musical, Hamilton, Here he gives a thrilling behind-the-scenes look at everything involved in opening a once-in-a-generation production - from the triumphs to the breakthroughs, the doubts to the camaraderie, and the final electrifying performances

Today: after an offer to play his dream role, Terera starts realise the enormity of what he's taken on...

Reader: Giles Terera is an Olivier Award-winning actor, musician and film-maker, best known for his role in Hamilton. Photograph by Matthew Murphy @ George III Productions

Abridger of Hamilton and Me: An Actor's Journal: Richard Hamilton

Producer: Justine Willett

MON 10:00 Woman's Hour (m000ykmz)

Belarus, Domestic Violence and Terrorism, Instagram pictures, Anna Whitehouse

It's a year today since the disputed elections in Belarus. They sparked unrest because the election was widely believed to have been rigged in favour of Alexander Lukashenko, who's held nower since 1994. Three women joined forces to challenge Alexander Lukashenko. One of the woman - Maria Kolesnikova is now in prison and facing trial. Maria's sister, Tatyana, speaks to Emma on the anniversary of the election.

New research appears to show that extremist attackers are often united, whatever their ideology, by a significant history of domestic violence whether as perpetrators or victims. Joan Smith is an author, journalist and the co-chair of the mayor of London's Violence Against Women and Girls board. In the last year she has been part of Project Starlight, a government-led investigation to further understand the motivations of those who behave in this way.

Have you adopted a special pose for photos to make all your pictures instantly Instagram ready? Do you do a flamingo, a street star or a coy pose? Emma is joined by Michaela Efford, a fashion influencer photographer, to tell us what it takes to make influencers look effortlessly cool and how you can do the same.

Anna Whitehouse was one of the first parenting influencers. Called Mother Pukka, she had hundreds of thousands of followers looking at her pictures and comments on family life. But in her new book Underbelly – she explores the darker sides of social media and admits she shared aspects of her personal life that she wished she hadn't.

Presented by Emma Barnett Produced by Frankie Tobi

MON 11:00 Breaking Through (m000vkn1)

Breaking, also known as break-dancing, borne in New York City in the 1970s, is set to make its debut at the Olympic Games in Paris in 2024.

Four-time breaking world champion, BoxWon (Benyaamin Barnes McGee), traces how breaking went from Bronx block parties to NYC's downtown art scene, to the world.

Speaking to legends of breaking, such as Rock Steady Crew's Ken Swift and B-Boy Glyde from Dynamic Rockers, BoxWon reveals how punk impresario, Malcolm McLaren, helped breaking become a worldwide craze in the 1980s - before it

But when the mainstream got bored, breaking didn't die - it just went back underground, only to re-emerge a decade later more extreme than ever

Breaking is once again a global phenomenon, with pro dancers coming from all corners of the world - Russia, Japan, and South Korea are now home to some of the world's very best

But when the International Olympic Committee confirmed breaking as a new sport for the Olympic Games in Paris 2024, many people were taken by surprise.

The last time they had heard of breaking was back in the 1980s - a fad which swiftly disappeared with shoulder pads and leg

Breaking Through tells the fascinating story of how this danceform survived and evolved outside of the media spotlight, fuelled by the scene's die-hard devotees

Now, as it attracts global corporate sponsorship and demands for more stringent rules and regulations, we hear about the breaking world's own internal battle to maintain its integrity.

Producer: Simona Rata Research: Emmanuel Adelekun

Presenter: BoxWon (Benyaamin Barnes McGee)

Studio Mix: James Beard Editor: Richard Fenton-Smith

MON 11:30 Loose Ends (m000vkn3)

[Repeat of broadcast at 18:15 on Saturday]

MON 12:00 News Summary (m000ykn5)

National and international news from BBC Radio 4

MON 12:04 The Mermaid of Black Conch by Monique Roffev (m000vkn7)

Episode One

In March 1976, near the Caribbean island of Black Conch, a local fisherman - David Baptiste - sings to himself while waiting for a catch. But he attracts a sea-dweller that he never expected Avcavia, a Taino woman cursed by jealous women hundreds of years ago to live in the sea forever as a mermaid.

When American tourists capture Avcavia, David rescues her and vows to win her trust. Slowly, painfully, she transforms into a woman again. Yet as their love grows, they discover that the world around them is changing - and they cannot escape the curse for ever...

Monique Roffey was born in Port of Spain, Trinidad. She is the author of six novels and a memoir. The Mermaid of Black Conch won the Costa Book of the Year and the Costa Novel Award 2020. It was shortlisted for the Rathbones Folio Prize 2021, the Goldsmiths Prize 2020 and the Republic of Consciousness Prize 2021, and longlisted for the Orwell Prize, the Ondaatje Prize and the OCM Bocas Prize for Caribbean Literature 2021

Read by Burt Caesar and Marilyn Nnadebe Abridged by Sara Davies Editing and Sound Design by Mair Bosworth Produced in Bristol by Mary Ward-Lowery for BBC Audio

MON 12:18 You and Yours (m000vknb)

News and discussion of consumer affairs

MON 12:57 Weather (m000vknd)

The latest weather forecast

MON 13:00 World at One (m000ykng)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

MON 13:45 A History of the World in 100 Objects

The Threshold of the Modern World (1375-1550 AD)

Tughra of Suleiman the Magnificent

Neil MacGregor's world history as told through things. This week he is exploring the great empires of the world around 1500 - from the Inca in South America to the Ming in China and the Timurids in the Middle East, Today he is with the great Islamic Ottoman Empire that, by 1500, had conquered Constantinople as its new capital. The object Neil has chosen to represent this empire is the personal signature of the great Ottoman ruler Suleyman the magnificent, a contemporary of Henry V111 and Charles V. This monogram is the ultimate expression of Suleyman's authority at this time - a stamp of state and delicate artwork rolled into one. The Turkish novelist Elif Shafak and the historian Caroline Finkel help explore the power and meaning of this object.

Producer: Anthony Denselow

MON 14:00 The Why Factor (b0670bf8)

Why are some songs seemingly impossible to forget?

They can be annoying, infuriating, but what is happening in the head when we hear a piece of music which then refuses to go away? Mike Williams investigates the "sticky song" for The Why Factor.

MON 14:15 Drama (m000vknk)

Keeping the Wolf Out

Red Pen

The return of Philip Palmer's crime drama set in communist Hungary during the 1960s. With the death of their nemesis. Tibor Farkas, life has been a lot quieter for the Lazars. All that ends when Bertalan is assigned a new boss and Franciska hears a senior officer from Romanian security is about to arrive at the Ministry.

Franciska Lazar Clare Corbett Bertalan Lazar Leo Bill József Szabados Joseph Ayre Hadik Hasan Dixon Károly Miklós Shaun Mason Márton Kozma Simon Ludders Réka Kozma Jane Slavin Archivist Tony Turner

Directed by Toby Swift Sound design by Caleb Knightley

MON 15:00 Brain of Britain (m000vknm) Heat 4, 2021

Can you name all three of the female presenters of Desert Island Discs since 1988? And the tribal chieftain defeated by Julius Caesar when he was Proconsul in Gaul? If you can, you could give the contenders in this week's quiz a run for their money. Russell Davies asks the questions in the fourth heat of the 2021 season, which comes from Salford

Taking part today are:

South Manchester

Helen West, a Special Educational Needs and Disabilities support lead from Bradford Rachael Neiman-Wiseman, a record company owner from

Alan Sharp, a writer and tour guide from York Karl Whelan, a civil servant from the Wirral.

There's a place in the semi-finals awaiting the winner, with more than one place potentially up for grabs if the runner-up scores are high enough today. A listener will also have a chance to win a prize by providing questions that defeat the combined knowledge of the contestants, in 'Beat the Brains'.

Assistant Producer: Stephen Garner Producer: Paul Bajoria

MON 15:30 The Food Programme (m000yknq)

[Repeat of broadcast at 12:32 on Sunday]

MON 16:00 Sketches: Stories of Art and People (m000yfk8) Long Roads

Writer Anna Freeman presents a showcase of true stories about of people who keep going, along the twisting and turning of long roads, and the art that comes from the journey.

This week, Anna brings stories of the Bristol Bike Bard, Caroline Burrows, who uses the freedom of the open road to inspire her poetry. Whilst Lois Pryce, who found herself housebound recovering from illness, transported herself to faraway lands through the power of imagination. And Clarke Reynolds, whose sight has been deteriorating ever since he was a child, but who harnesses this as inspiration to make curiously

Produced by Maggie Avre and Eliza Lomas, for BBC Audio in

MON 16:30 The Curious Cases of Rutherford & Fry (m000qlxm)

Series 17

The Pizza Diet

Can I make a pizza that contains my recommended daily intake of everything? asks listener Paul in Manchester. We investigate whether a pizza can meet our full dietary requirements.

The optimum diet for humans has been long contested. From William the Conqueror's alcohol diet to the infamous apple cider vinegar diet, discovering the healthiest nutrition is a centuries-long work in progress. So could The Pizza Diet be the next food fad? We investigate a theory that a basic margherita pizza - with its components of a flour-filled base, along with a cheese topping – should meet our needs for carbohydrate, protein and fat. Adam meets up with body-weight geneticist Giles Yeo from their respective kitchens for a remote cook-off to find out if it's possible to make this mythical one-meal wonder in practice.

On closer inspection of the evidence-based government dietary requirements, this task appears somewhat challenging. Dietitian Clare Thornton-Wood analyses the components of a margherita and unsurprisingly finds they do not entirely meet the guidance. She then scrutinises our attempt to retrofit a recipe that might do the job. Giles attempts to put our proposed pizza into practice. He has to ad-lib, as the resultant mountain of eclectic toppings - chickpea and sweetcorn pizza, anyone? - and giant base won't fit in his oven.

Disappointingly for hardcore pizza fans like Paul who may be attempting healthier eating habits in 2021, it seems that this particular approach is not the way forward. Food choice psychologist Suzanna Forwood explains why there is so much more to our dietary decisions than digestive physiology, and offers tips for listeners hoping to make seasonal steps in a healthy direction.

Presenters: Hannah Fry & Adam Rutherford Producer: Jen Whyntie

A BBC Audio Science Unit production for BBC Radio 4

MON 17:00 PM (m000yknv)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

MON 18:00 Six O'Clock News (m000vknz)

The latest national and international news from BBC Radio 4.

MON 18:30 The Unbelievable Truth (m000ykp3)

Episode 3

David Mitchell hosts the panel game in which four comedians are encouraged to tell lies and compete against one another to see how many items of truth they're able to smuggle past their

Lucy Porter, Frankie Boyle, Sally Phillips, and Neil Delamere are the panellists obliged to talk with deliberate inaccuracy on subjects as varied as dolls, philosophers, tennis, and laughter.

Produced by Jon Naismith A Random Entertainment production for BBC Radio 4

MON 19:00 The Archers (m000vkp7)

Alice struggles to stay in control and plans for the summer fete are thrown into chaos

MON 19:15 Front Row (m000ykpc)

Live magazine programme on the worlds of arts, literature, film, media and music

MON 19:45 Incarnations: India in 50 Lives (b072j32f)

Amrita Sher-Gil: This is Me

Sunil Khilnani tells the story of the painter Amrita Sher-Gil -20th century India's first art star - who died under shrouded circumstances in 1941 at the age of just 28.

Sher-Gil left a vortex of stories behind her: about her narcissism and her love affairs. But even more compelling than the stories are the canvasses she left behind.

Drawing from European artists like Cezanne, Gauguin, and Brancusi, and from Indian ones - the makers of the Buddhist wall paintings in the caves of Ajanta, and the minature painters of the Pahari tradition - Amrita Sher-Gil managed to do something radical within Indian culture: to declare her own vision - a woman's vision - vital in the history of art.

She endowed successive generations of Indians with something scarce in the culture: an example of an autonomous, creative female.

Featuring interviews with artists Bharti Kher and Vivan Sundaram.

Readings by Sheenu Das.

Producer: Martin Williams Executive Producer: Martin Smith Original music composed by Talvin Singh

MON 20:00 This Union: The Ghost Kingdoms of England (m000ykph)

Northumbria - The Great Divide

With current debate about the stability and durability of the United Kingdom, Ian Hislop felt it was a good time to explore how it was that England, the core of that union, came to be. In this series he tells the story of four great Anglo-Saxon Kingdoms, East Anglia, Northumbria, Mercia and Wessex, celebrating their golden ages and trying to understand their journey from groupings of assimilated peoples from across the North Sea to powerful kingdoms, and ultimately a single entity.

In spite of a relatively limited written record, it's a period of history that is being constantly re-written, thanks to the impact of new archeological techniques and the rise of the amateur detectorists. Ian hears from authorities on the early medieval period including Michael Wood, Marc Morris, Sarah Semple, Nick Higham and the British Museum's curator of Medieval coinage, Gareth Williams, as well as talking to people with local interests in the Anglo-Saxon story. He's on the look out for ways in which these regional identities

have left a mark beyond the occasional use of their names for utility companies or railway services, and he explores the factors that kept the Kingdoms apart but eventually drew them together; common enemies, a unifying language, the church and the residual aspiration to be as the Romans once were

In today's programme Ian is at the intellectual and scholastic heart of the Anglo-Saxon period, in Jarrow. It was once the home of the Venerable Bede who's history of the Gens Anglorum - the English peoples up to the period he was writing in the early 8th century, championed the importance of his native Kingdom, Northumbria. But as well as visiting the Bede Museum at Jarrow Hall he talks to Sarah Semple, head of archeology at Durham University. Sarah is part of a major l survey of grave goods from across the region, and what they reveal, alongside the very particular nature of Northumbria's brass coinage, is a society that differs markedly from the Kingdoms to the South. But do some of those differences, thrift, the capacity to deal with the vicissitudes of northern weather and a tough diet, hint at qualities espoused by Northerners today?

Ian also talks to the writer Bernard Cornwell, whose series The Last Kingdom, has brought the battles and strife of Anglo-Saxon England to an international audience, and who has himself ancestral roots in the northern reaches of the Northumbrian Kingdom

Producer: Tom Alban

MON 20:30 Crossing Continents (m000yfk6)

Nigeria's Kidnapped Children

Since December, armed gangs have seized more than a thousand students and staff from schools across northern Nigeria. Parents face extortionate demands in exchange for the freedom of their sons and daughters and many families in Africa's most populous nation are now too afraid to send their children to class. The wave of abductions has devastating consequences for the country, which already has the highest number of children out of education anywhere in the world. For Crossing Continents, the BBC's Mayeni Jones travels to the region and meets those affected in order to understand what's fueling Nigeria's kidnap crisis.

Producers: Naomi Scherbel-Ball in Lagos and Michael Gallagher in London Editor: Bridget Harney

MON 21:00 Genetic Dreams, Genetic Nightmares

CRISPR is the latest and most powerful technique for changing the genetic code of living things. This method of gene editing is already showing great promise in treating people with genebased diseases, from sickle cell disease to cancer. However, in 2018 the use of CRISPR to edit the genes of two human embryos, which were subsequently born as two girls in China, caused outrage. The experiment was done in secrecy and created unintended changes to the children's genomes - changes that could be inherited by their children and their children's children. The scandal underlined the grave safety and ethical concerns around heritable genome editing, and called into doubt the ability of the scientific community to self-regulate this use

CRISPR gene editing might also be used to rapidly and permanently alter populations of organisms in the wild, and indeed perhaps whole ecosystems, through a technique called a gene drive. A gene drive is a way of biasing inheritance, of

getting a gene (even a deleterious one) to rapidly multiply and copy itself generation after generation, sweeping exponentially through a population.

In theory, this could be used to eradicate species such as agricultural pests or disease-transmitting mosquitoes, or to alter them in some way: for example, making mosquitoes unable to carry the malaria parasite. But do we know enough about the consequences of releasing a self-perpetuating genetic technology like this into the environment, even if gene drives could, for example, eradicate insects that spread a disease which claims hundreds of thousands of deaths every year? And who should decide whether gene drives should be released?

MON 21:30 The Patch (m000vkmt)

[Repeat of broadcast at 09:00 today]

MON 22:00 The World Tonight (m000vkpm)

In depth reporting, intelligent analysis and breaking news from a global perspective

MON 22:45 The Mermaid of Black Conch by Monique Roffev (m000vkn7)

[Repeat of broadcast at 12:04 today]

MON 23:00 Word of Mouth (m000ycwk)

Cultish Language

Michael Rosen and Amanda Montell talk about the language used by cults that has permeated other, and more unexpected, areas of life.

Produced by Beth O'Dea for BBC Audio in Bristol.

MON 23:30 Things Can Only Get Worse (b0b7hl3n) 1997-2001

O'Farrell's best-selling comic memoir about how he helped the Labour Party lose elections, with a bit of help from Hugh Dennis, Jan Ravens, Doon Mackichan and Lewis MacLeod

How did British politics go from New Labour landslides to Brexit and Corbyn? John O'Farrell is the comedy writer with a knack of finding himself at the heart of British politics; standing in Maidenhead against Theresa May in 2001, doing even worse in the Eastleigh by-election of 2013, successfully campaigning for a non-selective inner-city state school but then realising he had to send his kids to it.

Looking back at the last 20 years in British politics, these are the frank and funny memoirs of one Labour activist who tried to carry on as usual long after politics stopped making sense.

Enisode 1 - 1997-2001

Election night 1997 ushered in a new era. Tony Blair promised a brave new future to the sound of D:Ream singing Things Can Only Get Better. That was certainly true for Professor Brian Cox. But the shine of that election victory is a distant memory in 2018. Just how did we get here?

written and read by John O'Farrell

Produced by Victoria Lloyd A BBC Studios Production.

TUESDAY 10 AUGUST 2021

TUE 00:00 Midnight News (m000vkpr)

The latest news and weather forecast from BBC Radio 4.

TUE 00:30 Hamilton and Me by Giles Terera (m000vkmw) [Repeat of broadcast at 09:45 on Monday]

TUE 00:48 Shipping Forecast (m000ykpv)

The latest weather reports and forecasts for UK shipping.

TUE 01:00 Selection of BBC World Service Programmes (m000ykpz)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

TUE 05:20 Shipping Forecast (m000ykq4)

The latest weather reports and forecasts for UK shipping.

TUE 05:30 News Briefing (m000ykq8)

The latest news from BBC Radio 4

TUE 05:43 Prayer for the Day (m000ykqd)

A spiritual comment and prayer to begin the day with Harry Baker

Good morning.

One thing I never thought I would miss would be the commute. After 16 months of my average journey time being the 10 seconds from my bed to the performance area that is my laptop on the kitchen table, I have found it genuinely exhilarating to be back on trains and buses, be back in this in-between space of dead time to fill with either reading, sleeping, listening to music or more recently podcasts. One podcast I have just got into is Off Menu with Ed Gamble and James Acaster. Each week they have a different guest go through what their dream meal would be at a restaurant, from starter through to dessert including a side and a drink.

As well as it prompting me to consider my own choices, and how strongly I feel about still vs sparkling water or whether I would go for poppadoms or bread, I have loved hearing how almost every person's favourite meal has a specific memory attached. So many would take their family recipe over a restaurant version of a meal, and certain choices are there because of who it was shared with at the time as much as quality of the food itself.

During lockdown, cooking became the equivalent of my commute. When work desk and dining table were one and the same having an hour to focus on nothing but trying to make something tasty was a perfect way to transition from one headspace to another. Despite there only ever being the two of us we would make note of recipes that went well that we might later share with others. Sure enough in July we had friends round for a Christmas dinner 6 months delayed, and a week ago when when our Syrian friends came to stay and I woke up to a homemade falafel spread, I genuinely could have cried with happiness.

Nurturing God, thank you for the food in our lives. Thank you for the special occasions and the daily bread, and for those that we might sit around the table with, old friends and new. We pray for those that do not have enough to eat, and we thank you for those that work to try and provide for them too.

Amen

TUE 05:45 Farming Today (m000ykqj)

The latest news about food, farming and the countryside.

TUE 05:58 Tweet of the Day (b04t0nw9)

Blue Rock Thrush

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Liz Bonnin presents the blue rock thrush, perched high on a Spanish castle. The blue rock thrush has a slim silhouette, rather like that of a blackbird, but these largely sedentary, elusive and sun-loving birds are a rare sight in northern Europe. They are widespread in summer across southern Europe and also occur in the Arabian Peninsula and across most of south-east Asia. The male lives up to his name, as in sunlight his deep indigo body feathers contrast with his darker wings and tail. His mate is a more muted mid brown, and barred beneath. Blue rock thrushes often nest in old ruins, but can also be found in houses in villages and on the edge of towns. Here in sunny spots they feed on large insects like grasshoppers and will even take small reptiles in their long thrush-like bills.

Producer Andrew Dawes.

TUE 06:00 Today (m000yknr)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

TUE 09:00 Positive Thinking (m000yknw)

Can we make road deaths a thing of the past?

Sangita Myska meets Dr Matts-Åke Belin, a pioneer of the Vision Zero road safety project that aims to eradicate all traffic fatalities.

The ground breaking Vision Zero policy was first put into place in the 1990s. By this time, Sweden was already the world leader in road safety, but it wanted to go further. In the 25 years since Vision Zero rolled out, fatalities have dropped from 7 to 2 per 100,000 - or 250 deaths per year.

At the heart of the policy is the idea of removing human error from the cause of crashes. This means that road designers, car manufacturers, policy-makers – all the players in a planned transport system – share the responsibility for road fatalities.

Could Vision Zero eliminate the deaths of an estimated 1,700

people in UK traffic collisions every year?

Contributors include:

Dr Matts-Åke Belin, Director of the Swedish Transport Administration.

Stuart Reid, Head of Insights and Development at Transport for London and the lead on TfL's Vision Zero action plan.

Mary Williams, CEO of the road safety charity Brake, which campaigns for safer roads and supports people bereaved by road deaths.

Neil Greig, Director of Policy and Research at the Institute of Advanced Motorists or IAM RoadSmart, a road safety and driver education charity.

Producer: Dom Byrne

A Whistledown production for BBC Radio 4

TUE 09:30 Hybrid (m000ykp0)

Episode 4

general factual feature

TUE 09:45 Hamilton and Me by Giles Terera (m000ykp4) Episode 2: Going into Battle

Giles Terera reads from his insider's account of his time in Hamilton, one of the most groundbreaking musicals of our

After being offered the role of Aaron Burr, Giles Terera kept a journal of his time preparing for, rehearsing and performing in the London production of Lin-Manuel Miranda's iconic musical, Hamilton. Here he gives a thrilling behind-the-scenes look at everything involved in opening a once-in-a-generation production - from the triumphs to the breakthroughs, the doubts to the camaraderie, and the final electrifying performances.

Today: after ten months of waiting, the first day of the rehearsals is finally here, but Terera is cannot hide his fear...

Reader: Giles Terera is an Olivier Award-winning actor, musician and film-maker, best known for his role in Hamilton. Photograph by Matthew Murphy © George III Productions Limited

Abridger of Hamilton and Me: An Actor's Journal: Richard

Hamilton

Producer: Justine Willett

TUE 10:00 Woman's Hour (m000ykp8)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

TUE 11:00 The DNA of History (m000ykpf)

Genetics and DNA analysis is revolutionising our understanding of human history, from our origins in Africa 100,000 years ago, to the extraordinary migration of people that now populate every continent on earth.

The ability to sequence the human genome and compare it with DNA extracted from ancient bones is enabling scientists to identify moments of contact between homo sapiens and Neanderthals, and even to identify extinct 'ghost' populations. It's transforming how historians understand human migration and cross-cultural contact. The rapidly changing technology means we can now all buy genetic test kits that claim to tell us 'who we really are', from how much of our DNA comes from Neanderthals to our immediate family ancestry and potential health risks.

In this programme, the historian Jerry Brotton asks how far this science is changing the study of history, and where it might take us. He asks if genetics is providing us with the ultimate tools to understand our historical origins - and perhaps our future - or if we're walking into a new era of bio-colonialism. Today, scientists are subject to accusations that they are harvesting our DNA and making genetic assumptions about people who have already suffered under European scientific racism and colonisation. These groups now debate the ethics of the bones of their ancestors being analysed to play their part in the evolution of modern western science.

From taking his own DNA test to visiting the Natural History Museum in London to examine 300,000 year-old skulls, Jerry uncovers the complex science of genomic sequencing by talking to pioneering geneticists in the field, including Chris Stringer and David Reich. He discovers an exciting story of our global origins, migrations and incessant mixing of people. At the same time journalists like Angela Saini and historians like Walter Pohl, who leads the new HistoGenes project in Vienna, express concerns that race and nationalism continue to haunt genomic analysis.

If historians are learning from the science of DNA analysis, what can scientists learn from historians when making assumptions about nations, race and the colonial past? What will the DNA of the historical future look like?

Presenter: Jerry Brotton Producer: Simon Hollis

A Brook Lapping production for BBC Radio 4

TUE 11:30 Epiphanies (m000ykpj)

Testament, Isata Kanneh-Mason, Caroline Bird, Erland Cooper

John Wilson explores the intimate moments of creative inspiration that have been experienced by some of our best known artists.

Produced by John Wilson Executive Producer: David Prest

A Whistledown production for BBC Radio 4

TUE 12:00 News Summary (m000ykpn)

National and international news from BBC Radio 4

TUE 12:04 The Mermaid of Black Conch by Monique Roffey (m000ykpt)

Episode Two

In March 1976, near the Caribbean island of Black Conch, a local fisherman - David Baptiste - strums his guitar while waiting for a catch. His singing attracts a sea-dweller that he never expected - Aycayia, a Taino woman cursed by jealous women hundreds of years ago to live in the sea forever as a mermaid.

When American tourists capture Aycayia, David rescues her and vows to win her trust. Slowly, painfully, she transforms into a woman again. Yet as their love grows, they discover that the world around them is changing - and they cannot escape the curse for ever...

Monique Roffey was born in Port of Spain, Trinidad. She is the author of six novels and a memoir. The Mermaid of Black Conch won the Costa Book of the Year and the Costa Novel Award 2020. It was shortlisted for the Rathbones Folio Prize 2021, the Goldsmiths Prize 2020 and the Republic of Consciousness Prize 2021, and longlisted for the Orwell Prize, the Ondaatje Prize and the OCM Bocas Prize for Caribbean Literature 2021.

Read by Burt Caesar and Marilyn Nnadebe Abridged by Sara Davies Editing and Sound Design by Mair Bosworth Produced in Bristol by Mary Ward-Lowery for BBC Audio

TUE 12:18 You and Yours (m000ykpy)

News and discussion of consumer affairs

TUE 12:57 Weather (m000ykq2)

The latest weather forecast

TUE 13:00 World at One (m000ykq5)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

TUE 13:45 A History of the World in 100 Objects (b00tn9vg)

The Threshold of the Modern World (1375-1550 AD)

Ming banknote

This week Neil MacGregor's history of the world is exploring the great empires of around 1500 - the threshold of the modern era. Today he is in Ming Dynasty China and with a surviving example of some of the world's first paper bank notes - what the Chinese called "flying cash". Neil explains how paper money comes about and considers the forces that underpinned its successes and failures. While the rest of the world was happily trading in coins that had an actual value in silver or gold, why did the Chinese risk the use of paper? This particular surviving note is made on mulberry bark, is much bigger than the notes of today and is dated 1375. The Governor of the Bank of England, Mervyn King, and the historian Timothy Brook look back over the history of paper money and what it takes to make it work.

Producer: Anthony Denselow

TUE 14:00 The Archers (m000ykp7)

[Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama (m000vkgc) Keeping the Wolf Out

The Great Tree Gang

Philip Palmer's crime drama set in Hungary during the Cold War. Will the arrival of a senior spymaster from the Romanian security services spell the end for Franciska's career in the Ministry? Bertalan is caught up in an undercover operation to destroy youth gangs in Budapest.

Bertalan Lazar Leo Bill Franciska Lazar Clare Corbett József Szabados Joseph Ayre Hadik Hasan Dixon Orsolya Ria Marshall ... Tony Turner Ioveanu ... Police Officer Simon Ludders

Directed by Toby Swift Sound design by Caleb Knightley

TUE 15:00 Short Cuts (m000ykqh)

Leonora Carrington

Otherworldly encounters with a painting that comes to life, a surprise connection and fragments of a life... Josie Long presents short documentaries and audio adventures inspired by the worlds of the artist, surrealist painter and novelist Leonora Carrington, a decade on from her death.

Curatorial team: Alia Cassam and Andrea Rangecroft Series Producer: Eleanor McDowall Executive Producer: Axel Kacoutié A Falling Tree production for BBC Radio 4

TUE 15:30 Made of Stronger Stuff (p09bkfz9)

Psychologist Kimberley Wilson and Dr Xand van Tulleken take a journey around the human body, asking what it can tell us about our innate capacity for change. In this episode, Kimberley and Xand are on the trail of the body's longest cranial nerve the vagus nerve - a critical highway which unites the body and brain, and a key part of the parasympathetic nervous system which is responsible for rest and relaxation.

They discover why you really are what you eat, find out how vagus nerve stimulation (VNS) is being used to treat conditions including epilepsy and depression, and explore the future of bioelectronic medicine. And they answer the question: how much influence do our bodies have over our minds?

Producer: Dan Hardoon Executive Producer: Kate Holland A Whistledown Production for BBC Radio 4

TUE 16:00 Word of Mouth (m000ykqm)

Michael Rosen asks Professor Devyani Sharma about the latest research into accent bias in the UK. Which are the highest and lowest rated accents, and why does it matter so much? Produced by Beth O'Dea for BBC Audio in Bristol More information on the work of the Accent Bias Britain project:

https://accentbiasbritain.org/

TUE 16:30 Great Lives (m000ykqp)

Yehudi Menuhin

Yehudi Menuhin was the original child prodigy. He was born in America in 1916, and was soon playing in concert halls round the world. He also played to the survivors of the German concentration camps, and waded into the fight against apartheid in South Africa too. Tasmin Little was a pupil at the Yehudi Menuhin school in Surrey, England, and knew her choice well. Not only was he a brilliant performer, she says, he was a crossover star who played with Ravi Shankar, Stephane Grappelli and Morecambe and Wise. You'll also hear from his biographer, Humphrey Burton, and from Yehudi Menuhin too.

Presented by Matthew Parris

Produced for BBC audio in Bristol by Miles Warde

TUE 17:00 PM (m000ykqr)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

TUE 18:00 Six O'Clock News (m000ykqt)

The latest national and international news from BBC Radio 4.

TUE 18:30 Simon Evans Goes to Market (m000ykqw)

Innovation

As the waters recede from the tsunami of the global pandemic and Britain settles into its new relationship with Europe and the World, Simon Evans returns to focus his jokenomics lens on the myriad economic challenges and opportunities facing humanity.

In this final episode of the current series, Simon looks at how Britain might innovate itself out of the pandemic. He is joined by Professor Lucy Rogers, a former judge on Robot Wars and a self-declared "inventor with a sense of fun".

Written and presented by Simon Evans Additional material from Dan Evans Production co-ordinator: Cherlynn Andrew-Wilfred Producer: Richard Morris

A BBC Studios Production

TUE 19:00 The Archers (m000ykqy)

It's a big day for Ruairi while Brian attempts to pick up the

TUE 19:15 Front Row (m000vkr0)

Live magazine programme on the worlds of arts, literature, film, media and music

TUE 19:45 Incarnations: India in 50 Lives (b072jfcz)

Subhas Chandra Bose: A Touch of the Abnormal

Sunil Khilnani explores the life of political leader and freedom fighter Subhas Chandra Bose

When Bose's father named his ninth child Subhas - "one of good speech" - he wasn't imagining the boy applying an oratorical gift to fervent radicalism.

Just over forty years later - after numerous stays in British jails, a daring escape followed by appeals to ally his own forces with Nazi Germany and then Japan – George Orwell wrote that the world was well rid of him. Nonetheless, in India today he rates as a national hero, his name affixed to airports, schools, and stamps. The vitality of his hold on the national imagination is manifest in other ways too: after his death he was periodically "discovered" alive, as a prisoner in a Soviet concentration camp, as a Chinese military officer, or as an Indian sadhu, a holy man with miraculous powers. It took three official commissions, the last one in 2006, to certify that Subhas Chandra Bose actually died in 1945.

His own life ended in failure, but his legacy would come to shape India's relationship with the world, in ways he could not

Producer: Martin Williams

TUE 20:00 Trading Blows? (m000vkr2)

Brexit has been a reality for seven months - long enough for fears and speculation to give way to actual experience of individual business people. How is British business faring outside the EU? Do they feel liberated, unchained from the rules of the European Union, or ensnared in a new tangle of unfamiliar red tape? How important are new trade deals in their calculations? This programme is not a definitive verdict. But amid all the wealth of commentary and speculation it is a snapshot of the experience so far of three industries.

Mark Mardell looks at Scotch whisky - the country's biggest and most profitable food and drink export, and talks to the man who prepared the giant drinks company Chivas Regal for Brexit, and to the boss of a new small Glasgow distillery

He examines aerospace, another huge British money spinner which warned loudly of the dangers of Brexit to their pan-European business, sees how Airbus is coping now and peers in to the future to ask if entrepreneurs at the new cutting edge technology of vertical take-off drones and air taxis are finding fresh opportunities and pitfalls.

And he hears from the maker of upmarket lawnmowers who says his customers are fanatical about their striped lawns. But are they taking advantage of predictions that Britain unfettered could prosper making powerful models banned by the European

Producer: Caroline Bayley

TUE 20:40 In Touch (m000vkr4)

News, views and information for people who are blind or

partially sighted

TUE 21:00 Inside Health (m000vkr6)

A weekly quest to demystify the health issues that perplex us.

TUE 21:30 Positive Thinking (m000vknw)

[Repeat of broadcast at 09:00 today]

TUE 22:00 The World Tonight (m000ykr8)

In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 The Mermaid of Black Conch by Monique Roffey (m000ykpt)

[Repeat of broadcast at 12:04 today]

TUE 23:00 Fortunately... with Fi and Jane (p071pnz1) 83. Ready for Tingles, with Clive Myrie

Fi and Jane do some time bending in front of Broadcasting House and they're joined by newsreading icon Clive Myrie. They get the lowdown on stories from inside and outside the studio, find out how to dish up some Jamaican cuisine and there's even a guest appearance from the BBC's Annita McVeigh.

TUE 23:30 Things Can Only Get Worse (b0b8bmq2) 2001-2007

Episode 2 - 2001-2007

John O'Farrell looks back at the last 20 years in British politics, to try to make sense of where we are now. The shine had barely gone off the New Labour project when 9/11 changed everything. By the time of the 2005 election, Tony Blair and Gordon Brown were rowing so hard that Blair's purchase of two ice-creams felt significant and oddly reassuring. Iraq made the New Labour government unpopular but for Gordon Brown a bigger crisis was ahead - at the hands of, well, Gordon Brown,

written and read by John O'Farrell

Produced by Victoria Lloyd A BBC Studios Production

WEDNESDAY 11 AUGUST 2021

WED 00:00 Midnight News (m000ykrb)

The latest news and weather forecast from BBC Radio 4

WED 00:30 Hamilton and Me by Giles Terera (m000vkp4) [Repeat of broadcast at 09:45 on Tuesday]

WED 00:48 Shipping Forecast (m000vkrd)

The latest weather reports and forecasts for UK shipping.

WED 01:00 Selection of BBC World Service Programmes (m000ykrg)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

WED 05:20 Shipping Forecast (m000ykrj)

The latest weather reports and forecasts for UK shipping.

WED 05:30 News Briefing (m000ykrl)

The latest news from BBC Radio 4

WED 05:43 Prayer for the Day (m000vkrn) A spiritual comment and prayer to begin the day with Harry

Good morning.

My nieces are staying with me this week. We were supposed to see each other over Christmas but had to cancel at the last minute due to another lockdown, so this is the first time we have spent more than day together since before the pandemic hit. During that time the eldest Flo has started school and so is now on her first school holiday, Thea has gone from not saying many words to being the undisputed funniest member of the family, and also no longer being the youngest child as Olivia came into the world just two months ago.

In many ways it can feel like time has stood still for the past year and a half, yet in terms of having a 'productive lockdown' I can't help but think learning to walk and talk for the first time

ever or simply coming into existence trumps how many loaves of bread you made or whether or not you learnt the keytar that you bought in a moment of panic that you had to come out of this with at least one new skill. For all of the worrying and anxiety that I have felt about whether or not certain things would happen or be cancelled, life has a wonderful habit of carrying on whether or not we are paying enough attention to notice it.

As well as the essentials such as having bought a giant inflatable flamingo for us to try out together and no doubt buying far too much ice cream and having cuddles with a tiny new baby, I am excited to make very few plans and to simply hang out and for it to feel as normal as ever. From the matter of fact way that Flo tells my brother maybe he could be in the Olympics next year if only he would "get training", or Thea challenging the patriarchy age 3 by asking why it was always a green man when they cross the road and not a green girl

God of relationships, thank you for family, whether it be biological or one we build ourselves. We pray for those who have lost people close to them during the pandemic or who are still unable to see loved ones after so long. May we enter today open to building new relationships that could end up spanning lifetimes, and may each of us hold onto slightly more childlike wonder.

WED 05:45 Farming Today (m000ykrq)

The latest news about food, farming and the countryside.

WED 05:58 Tweet of the Day (b04hkxq8)

Montezuma Oropendola

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Miranda Krestovnikoff presents the Panamanian Montezuma oropendola. In a clearing in the humid rainforest in Panama a tall tree appears to be draped in hanging baskets. These are the nests of a New World blackbird, Montezuma oropendola, The male produces an ecstatic bubbling liquid call as he displays to females, reaching a crescendo whilst bowing downwards from his perch, spreading his wings and raising his tail. They weave long tubular basket-like nests from plant fibres, which they suspend in clusters from tall trees. Colonies can contain up to one hundred and seventy nests, but more usually number about thirty.

WED 06:00 Today (m000yldt)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

WED 09:00 Black Music in Europe: A Hidden History (m000yldw)

Clarke Peters' concluding three-part series reveals stories from the history of black music in Europe over the last four decades.

From the collapse of the Eastern Bloc to the rise of multiculturalism, this was a time that saw old walls come tumbling down, while new forms of technology and new styles of music were all emerging at a rapid pace.

In this episode, Clarke explores a variety of different scenes in the late 1970s and early 1980s. We hear from Alex Wheatle on sound systems in London and Pat Thomas on Burger Highlife in Berlin. We also explore the music of Carte de Sejour in France and hear how singer Marie Daulne escaped conflict in Africa for a new life in Belgium.

Produced by Tom Woolfenden A Loftus Media production for BBC Radio 4

WED 09:30 Four Thought (m000vldz)

Fear of Finance

Professor Atul Shah draws on his background as a Jain to argue that we need a healthier relationship with finance: people often feel afraid of money matters because they lack knowledge and are prev to unplanned debt. He calls for more teaching about finance in schools and in the home, plus a more balanced attitude to consumption. "When money was invented, it was supposed to serve society - instead today it has become our master."

Professor Atul Shah is Professor of Accounting and Finance at City University and the author of several books on finance and ethics, including

"Jainism and Ethical Finance" and "Reinventing Accounting and Finance Education - For a caring, inclusive and sustainable

Presenter: Olly Mann Producer: Sheila Cook

http://www.diverseethics.com/atul-blog/ethical-finance-a-jain

perspective

https://www.taxjustice.net/2017/11/21/reforming-multi-billiondollar-accounting-finance-education-industry/

WED 09:45 Hamilton and Me by Giles Terera (m000ylf1) Episode 3: This Story is Ours

Giles Terera reads from his insider's account of his time in the groundbreaking musical, Hamilton.

After being offered the role of Aaron Burr, Giles Terera kept a journal of his time preparing for, rehearsing and performing in the London production of Lin-Manuel Miranda's iconic musical, Hamilton. Here he gives a thrilling behind-the-scenes look at everything involved in opening a once-in-a-generation

Today: as rehearsals continue, Terera feels the hand of history on his shoulder...

Reader: Giles Terera is an Olivier Award-winning actor, musician and film-maker, best known for his role in Hamilton. Photograph by Matthew Murphy © George III Productions

Abridger of Hamilton and Me: An Actor's Journal: Richard Hamilton

Producer: Justine Willett

WED 10:00 Woman's Hour (m000ylf3)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

WED 11:00 This Union: The Ghost Kingdoms of England

[Repeat of broadcast at 20:00 on Monday]

WED 11:30 What's Funny About ... (m000jvtg) Goodness Gracious Me

TV veterans Peter Fincham and Ion Plowman talk to the writers, producers, and performers behind Britain's biggest TV comedy hits, and hear the inside story of how they brought their programmes to the screen

In this episode, Peter and Jon talk to Meera Syal and Anil Gupta about their ground breaking sketch show Goodness Gracious

They discuss the impact the show had on popular culture and how they feel they were treated by the BBC, the broken video camera at their first-ever showcase that meant that Goodness Gracious Me very nearly never happened, and what sort of show Meera thinks the GGM team should get back together and

With Peter and Jon as our guides, we'll take the opportunity to ask quite how they went about making a great bit of TV comedy. Who came up with it? How did it get written? We'll talk about the commissioning, the casting, and the reception the show received when it first aired.

We'll do our very best to winkle out some backstage secrets straight from the horse's mouth, as we hear the unvarnished truth from the people who were there, and who put these iconic shows on the telly.

Original Goodness Gracious Me clips written by: Meera Svall Sanjeev Bhaskar

Kulvinder Ghir Nina Wadia

Producer: Owen Braben

An Expectation production made for BBC Radio 4 Extra

WED 12:00 News Summary (m000ylf6)

National and international news from BBC Radio 4

WED 12:04 The Mermaid of Black Conch by Monique Roffev (m000vlf8)

Episode Three

In March 1976, near the Caribbean island of Black Conch, a local fisherman - David Baptiste - strums his guitar while waiting for a catch. His singing attracts a sea-dweller that he never expected - Aycayia, a Taino woman cursed by jealous

women hundreds of years ago to live in the sea forever as a

When American tourists capture Aycayia, David rescues her and vows to win her trust. Slowly, painfully, she transforms into a woman again. Yet as their love grows, they discover that the world around them is changing - and they cannot escape the curse for ever.

Monique Roffey was born in Port of Spain, Trinidad. She is the author of six novels and a memoir. The Mermaid of Black Conch won the Costa Book of the Year and the Costa Novel Award 2020. It was shortlisted for the Rathbones Folio Prize 2021, the Goldsmiths Prize 2020 and the Republic of Consciousness Prize 2021, and longlisted for the Orwell Prize, the Ondaatje Prize and the OCM Bocas Prize for Caribbean Literature 2021.

Read by Burt Caesar and Marilyn Nnadebe Abridged by Sara Davies Editing and Sound Design by Mair Bosworth Produced in Bristol by Mary Ward-Lowery for BBC Audio

WED 12:18 You and Yours (m000vlfb)

News and discussion of consumer affairs

WED 12:57 Weather (m000vlfd)

The latest weather forecast

WED 13:00 World at One (m000ylfg)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

WED 13:45 A History of the World in 100 Objects

The Threshold of the Modern World (1375-1550 AD)

Inca gold llama

The history of humanity - as told through one hundred objects from the British Museum in London - is back in South America. This week Neil MacGregor, the museum's director, is with the powerful elites - exploring the great empires across the world 600 years ago. Today he is with a small gold model of a llama, the animal that helped fuel the success of the great Inca Empire that ruled over some 12 million people right down the Pacific West Coast. For a culture living at high altitude in rough terrain and without horses or pack animals, the llama proved all important - for wool, for meat and for sacrifice. Neil tells the story of the Inca, the ways in which they organised themselves and things that they believed in. And he recounts what happened when the Spanish arrived. The scientist and writer Jared Diamond and the archaeologist Gabriel Ramon help tell

Producer: Anthony Denselow

WED 14:00 The Archers (m000vkgv)

[Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama (m000ylfk)

Keeping the Wolf Out

The Magical Magyars

Philip Palmer's Cold War crime series comes to an end. The 1966 World Cup is underway and Hungary face the Soviet Union. Will Franciska survive the battle for control of the Ministry? And can Bertalan outwit his new, young boss and his

Bertalan Lazar Leo Bill Franciska Lazar Clare Corbett József Szabados Joseph Ayre Hadik Hasan Dixon Orsolya Ria Marshall Ioveanu Tony Turner Laska Shaun Mason Pathologist Jane Slavin Receptionist David Sturzaker Priest Simon Ludders

Directed by Toby Swift Sound design by Caleb Knightley

WED 15:00 The Hangover (m000vlb1)

[Repeat of broadcast at 12:04 on Saturday]

WED 15:30 Inside Health (m000ykr6)

[Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 Sideways (m000ylfn)

Matthew Syed explores ideas that shape our lives, making us see the world differently.

WED 16:30 The Media Show (m000ylfq)

Social media, anti-social media, breaking news, faking news: this is the programme about a revolution in media.

WED 17:00 PM (m000vlfs)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

WED 18:00 Six O'Clock News (m000vlfv)

The latest national and international news from BBC Radio 4.

WED 18:30 Paul Sinha's General Knowledge (m000ylfx) Series 3

Episode 4

Paul Sinha is an award-winning comedian, a former British Quiz Champion and also, according to the Radio Times, the UK's "funniest fund of forgotten facts". He returns to Radio 4 with a third series of his General Knowledge, recounting the amazing true stories that lie behind fascinating nuggets of information.

This episode is a race against the clock for Paul to present the virtual audience with an A-Z of facts. He gives them a letter, they give him a word, and he either gives them a fact or he just reads out the script he prepared for another word. Starting with A for Aubergine and Alligator, how far can he get before the twenty-eight minutes are up?

Written and performed by Paul Sinha Additional material by Oliver Levy Recording engineered by Kate Barker and Mike Smith Produced by Ed Morrish

A Lead Mojo/Somethin' Else co-production for BBC Radio 4

WED 19:00 The Archers (m000ylfz)

Jennifer struggles to find the right words and Alan hatches a plan

WED 19:15 Front Row (m000ylg1)

Live magazine programme on the worlds of arts, literature, film, media and music

WED **19:45 Incarnations: India in 50 Lives (b072mvvr)** Gandhi: In The Palm of Our Hands

Professor Sunil Khilnani explores the life and legacy of the Mahatma Gandhi: lawyer, politician and leader of the nationalist movement against British rule in India. He is generally admired outside India, but is the subject of heated debate and contention in his homeland. Some view him as an appeaser of Muslims, and blame him for India's partition. Others regret Gandhi's induction of Hindu rhetoric and symbols into Indian nationalism, revile him for his refusal to disavow caste, believe he betrayed the labouring classes, and are appalled at his views on women. "It's unsurprising that Gandhi provokes such a barrage of attacks," says Professor Khilnani. "His entire life was an argument — or rather, a series of arguments - with the world."

Producer: Mark Savage

WED 20:00 The Exchange (m000ylg3)

Nurses

Two people who share a common experience, meet for the first time. Each has a gift for the other - an object that unlocks their story. With the help of presenter Catherine Carr, they exchange personal experiences, thoughts and beliefs, as well as uncovering the differences between them.

Craig Davidson and Lisa Sheehy both chose a career in nursing. They share their stories, their decisions about staying and leaving the profession, and exchange their gifts.

At the heart of their exchange is the question of what motivated them to become nurses and why one of them decided to leave. As well as their personal accounts, Lisa and Craig explore the contradictions in nursing and whether the heroic rhetoric around the profession is toxic.

Lisa was a self-confessed eleven year old "geek" when she decided to become a nurse. Breaking her foot doing a cartwheel introduced her to the world of hospitals. She says "there was something about these women helping me. It was an epiphany. I found my vocation." But between the dream and the reality fell

a gruelling and, eventually unsustainable, life

Ambitious and academic, Lisa specialised in palliative care and rose to a senior job. She describes the gradual "grinding down" as colleagues left and their roles were not filled. The breaking point came when a colleague died suddenly. She'd told her team, "this job is killing me." It wasn't the job that lead to her death, but it felt like a warning to Lisa.

She handed in her notice the next day and left nursing in 2017. She felt guilty, and still does. What do you do when you leave the vocation you chose at as a child? Lisa joined her actor husband on tour and took an acting role, later trained as a naturopath and now works for a touring opera company. Nursing proved to be a useful place to learn some basic acting skills - "nursing involves a lot of acting. You have to be nice all the time!"

Lisa and Craig share a few uncanny parallels in their lives - they studied nursing at the same Scottish university, and acting is a common thread

Craig was a 30 year old actor when he decided to give up the stage and become a nurse. He had been offered a place to read medicine at 18 but decided to "run away to London", come out as gay and pursue a career in drama. He made it onto the West End stage but left when he realised he was not going to make it as a lead player. As he says, "I like being the best!"

Craig quit the stage, had a period of mental illness and returned home to Glasgow where he trained as a nurse. He was following in his mum's footsteps. An award winning student nurse, he qualified as the Covid pandemic struck and his first job was in a Covid hub.

Although he knew what a nursing career involved from his mother, nothing could prepare him.

One night, four of his nine Covid patients died. He describes an environment where guidance changed hour by hour, where he felt unprepared for the enormity of the task and ended up going home to "cry, and cry and cry". There were times he thought of quitting but says "if you cut me, you will find rings running through me with the word 'nurse'."

Craig felt a hypocrite. At work he was struggling to cope and becoming "hardened" by his job. In his spare time he was co-hosting his podcast on nursing "Retaining the Passion" which focuses on how to keep nurses motivated. He explains how he adapted and re-discovered his love of nursing

Both take issue with the public and political image of nurses as "angels". They discuss whether that label is a mechanism for shutting down debate on pay and conditions and ask why nurses who challenge the system are seen as "difficult". Lisa has finished that fight, and Craig accepts it's now his battle.

At the heart of their exchange is the question of why nurses like Lisa leave, and how that can be reversed. Lisa and Craig wrestle with the contradiction of a profession that demands endless empathy and kindness, but also academic rigour and evidence based judgment. How can you reconcile the duality of a job that seems to require you to be both superhuman and human? They question a professionalism that expects them to tolerate things other professionals would never accept. These are the questions they tackle with honesty and humour.

Lisa walked away from a career she once loved, Craig is determined to make sure others don't. The gifts they choose for each other reflect the practical and personal demands of nursing, but also the truth that sometimes you have to leave something you once loved to thrive.

Presenter: Catherine Carr

Producer: Louise Cotton

Executive Producer: Jo Rowntree

A Loftus Media production for BBC Radio 4

WED **20:45 Four Thought (m000yldz)** [Repeat of broadcast at 09:30 today]

WED 21:00 Made of Stronger Stuff (p09bkfz9) [Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m000ylfq) [Repeat of broadcast at 16:30 today]

WED 22:00 The World Tonight (m000ylg5)

In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 The Mermaid of Black Conch by Monique Roffey (m000ylf8)

[Repeat of broadcast at 12:04 today]

WED 23:00 Jordan Brookes On... (m000ylg7)
Dating

Jordan Brookes has had a rich and varied romantic life so in this show he dispenses his pearls of dating wisdom for those who might enjoy/crave them. Sunil Patel is in the studio to provide audio description for any physical comedy that may result. And Jordan also welcomes a special guest from his past.

Starring Jordan Brookes, Sunil Patel, and Scarlett Brookes

Written by Jordan Brookes

Produced by Sam Michell for BBC Studios

WED 23:15 Tricky (p09l2mqj) Living with HIV

Living with thi

Four people. One topic. No filter.

Activists Jay Hawkridge & Mercy Shibemba discuss living with HIV with Niamh Millar from the Terence Higgins Trust and porn performer Kayden Gray.

What is the actual level of information out there about living with HIV; when it comes to new relationships, dealing with the medical profession and handling the stigma?

Producers: Myles Bonnar and Peter McManus Editor: Anthony Browne

A BBC Scotland production for Radio 4

WED 23:30 Things Can Only Get Worse (b0b94sjq) 2008-2013

Episode 3 - 2008-2013

John O'Farrell looks back at the last 20 years in British politics, to try to make sense of where we are now. In the US the Democrats had chosen Barack Obama as their candidate, and John O'Farrell headed to Wisconsin to help canvas. Hope was in plentiful supply but 2008 would still bring a series of financial blows from Fannie Mae and Freddie Mac. Worse still, Gordon Brown forgot all about Prudence on the campaign trail.

written and read by John O'Farrell

Produced by Victoria Lloyd A BBC Studios Production.

THURSDAY 12 AUGUST 2021

THU 00:00 Midnight News (m000ylgb)

The latest news and weather forecast from BBC Radio 4.

THU **00:30 Hamilton and Me by Giles Terera (m000ylf1)** [Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m000ylgd)

The latest weather reports and forecasts for UK shipping.

${\it THU~01:00~Selection~of~BBC~World~Service~Programmes} \\ {\it (m0000ylgg)}$

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

THU 05:20 Shipping Forecast (m000ylgj)

The latest weather reports and forecasts for UK shipping.

THU 05:30 News Briefing (m000ylgl)

The latest news from BBC Radio 4

THU 05:43 Prayer for the Day (m000ylgn) A spiritual comment and prayer to begin the day with Harry

Baker

Good morning.

Tomorrow I am going away for my best friend Chris' 30th Birthday. I've always loved birthdays. From a young age they feel like an excuse to celebrate life, and especially as a child the idea of eating far too many sweets and hanging out with your friends was always one I looked forward to. The last birthday party I went to was Darren's 50th. The twist was that I had never met Darren before. He and his wife and kids had seen me

performing in Edinburgh in 2019 and thought it might be a nice addition to proceedings to have some poetry performed throughout the day

It was only as the guests arrived and I realised I knew nobody and they all knew each other, that as much as Darren might vouch for me, his guests probably wouldn't have listed a spontaneous 45 minute poetry reading as something they hoped might occur on the day they were seeing each other in person for the first time in months.

Sure enough when the performance came those in the front rows seemed engaged enough while those at the back continued their conversations, and at one point I was upstaged by a barking dog. When Darren suggested I could do another latenight set at 10pm after his friend has finished their fire-dancing routine I thought the moment had probably passed, but also said ves because of birthday rules

It just so happened at this moment that the sun had gone down and a hush descended on the previously boisterous crowd. Rather than the pre-planned party pieces I had in mind I ended up reading mostly gentle love poems and this particular group of 50-100 strangers ended up being the most intimate performance I had had all year. This moment was only surpassed when the rest of the evening was spent with guests coming up to me and telling me their own love stories of how they had met their partners, because I had been vulnerable enough to share mine with them.

God of surprises, I pray you will stay with us as we step out of our comfort zones. May we be reminded that there is so much we do have in common with those we deem 'strangers', and as we re-enter social situations for the first time in so long, may you give us the courage to make those connections

THU 05:45 Farming Today (m000ylgq)

The latest news about food, farming and the countryside.

THU 05:58 Tweet of the Day (b04dw7qv) Black Stork

Tweet of the Day is the voice of birds and our relationship with them, from around the world.

Sir David Attenborough presents the globally widespread but secretive black stork. High up in a forest canopy, the black stork is a large but fairly secretive and mostly silent bird. They are also strong migrants capable of sustained flight, flying up to 7,000 kilometres or more, often over open seas. Black storks are summer visitors to eastern Europe and breed from Germany across Russia to Japan. A small population is resident in Spain, but most birds migrate south in winter to Africa, India or China. Unlike their relative the more flamboyant and colonial nesting white stork, black storks are a solitary nester. It is at this time of the year adults can produce a few grunts or bill clapping sounds during courtship, the young however are far more vocal at the nest

THU 06:00 Today (m000ymml)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU 09:00 Across the Red Line (m000ymmn) Series 6

Does society need elites?

Aditya Chakrabortty, columnist and Senior Economics Commentator at the Guardian, and Professor Niall Ferguson, Milbank Family Senior Fellow at the Hoover Institution, Stanford University, debate whether society needs elites.

Then presenter Anne McElvoy and conflict resolution expert Louisa Weinstein invite each guest in turn to try to discover what drives the other's viewpoint - and to articulate it back to its

Producer: Phil Tinline

THU 09:30 Questions Answered (m000vxyv)

Chris Mason and Anita Anand discover more about the lives of ome of the listeners of Any Questions and Any answers. Today we hear from Lina who emailed Any Questions last October. Chris Mason goes to meet her in Keighley - the town where she lives and where he was born.

THU 09:45 Hamilton and Me by Giles Terera (m000ymnf)

Episode 4: Time Begins to Bend

Giles Terera reads from his insider's account of his time in the groundbreaking musical, Hamilton.

After being offered the role of Aaron Burr, Giles Terera kept a journal of his time preparing for, rehearsing and performing in the London production of Lin-Manuel Miranda's iconic musical, Hamilton. Here he gives a thrilling behind-the-scenes look at everything involved in opening a once-in-a-generation

Today: the long weeks of rehearsals are beginning to take a psychological toll...

Reader: Giles Terera

Photograph by Matthew Murphy © George III Productions Limited.

Abridger of Hamilton and Me: An Actor's Journal: Richard

Producer: Justine Willett

THU 10:00 Woman's Hour (m000vmms)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

THU 11:00 Crossing Continents (m000ymxl)

What's Killing Israel's Arabs?

Israel's Arab population is in the grip of a violent and deadly crime wave. Since the start of the year, scores of Arab citizens have lost their lives and increasingly, even women and children are victims of drive-by killings, point-blank shootings and escalating gang warfare. Arabs account for only around one in five of all Israelis, yet they are now the vast majority of the country's murder victims. The BBC's Yolande Knell meets victims' families and those in authority to find out what is going on, and asks what hope there is for an end to the carnage Reporter: Yolande Knell

Producer in London: Michael Gallagher Editor: Bridget Harney

THU 11:30 Sketches: Stories of Art and People (m000ymxn)

Be Here Now

Writer Anna Freeman presents a showcase of stories about the meaning of art in people's lives. This week, stories of making art with what you have, where you are.

Corinne is a bed-bound artist inspired by Frida Kahlo, who also painted from the confines of her bed. Despite the limitations of her circumstance, Corinne experiments with all kinds of artistic endeavour, from photographic self-portraits to embroidered bedsheets. Then there's Maria Contreras, who experienced a traumatic childhood; she finds comfort through making textile dolls. And Brook Tate, who discovered joy through a giraffe puppet called Martha.

If you need support with mental health, help and support is available at bbc co.uk/actionline

Produced by Maggie Ayre and Eliza Lomas for BBC Audio in

THU 12:00 News Summary (m000ymxq)

National and international news from BBC Radio 4

THU 12:04 The Mermaid of Black Conch by Monique Roffey (m000ymn7)

Episode Four

In March 1976, near the Caribbean island of Black Conch, a local fisherman - David Baptiste - strums his guitar while waiting for a catch. His singing attracts a sea-dweller that he never expected - Aycayia, a Taino woman cursed by jealous women hundreds of years ago to live in the sea forever as a mermaid.

When American tourists capture Aycayia, David rescues her and vows to win her trust. Slowly, painfully, she transforms into a woman again. Yet as their love grows, they discover that the world around them is changing - and they cannot escape the curse for ever...

Monique Roffey was born in Port of Spain, Trinidad. She is the author of six novels and a memoir. The Mermaid of Black Conch won the Costa Book of the Year and the Costa Novel Award 2020. It was shortlisted for the Rathbones Folio Prize 2021, the Goldsmiths Prize 2020 and the Republic of Consciousness Prize 2021, and longlisted for the Orwell Prize, the Ondaatie Prize and the OCM Bocas Prize for Caribbeau Literature 2021.

ead by Burt Caesar and Marilyn Nnadebe Abridged by Sara Davies

Editing and Sound Design by Mair Bosworth Produced in Bristol by Mary Ward-Lowery for BBC Audio

THU 12:18 You and Yours (m000vmxs)

News and discussion of consumer affairs

THU 12:57 Weather (m000ymxv)

The latest weather forecast

THU 13:00 World at One (m000vmxx)

Forty-five minutes of news, analysis and comment, with Sarah

THU 13:45 A History of the World in 100 Objects (b00tn9vl)

The Threshold of the Modern World (1375-1550 AD)

Jade dragon cup

The history of humanity as told through one hundred objects from the British Museum in London is this week exploring powerful empires around the world in the 14th and 15th centuries. Today he is with a handsome jade cup that once belonged to one of the great leaders of the Timurid Empire the great power that stretched across Central Asia, from Iran to parts of India. The owner of the cup was Ulugh Beg, the man who built the great observatory in his capital Samakand and who - like Galileo and Copernicus - has a crater on the moon named after him. Neil tells the story of the Timurids and charts the influences that spread along the Silk Road at this time. The Uzbek writer Hamid Ismailov and the historian Beatrice Forbes Manz describe the Timurid world and the extraordinary character of Ulugh Beg.

Producer: Anthony Denselow

THU 14:00 The Archers (m000ylfz)

[Repeat of broadcast at 19:00 on Wednesday]

THU 14:15 Drama (m000ymy0)

The Pivot by Hugh Costello

The UK, 2025. Loraine Wilson (Monica Dolan), a junior minister at the Department of Business Expansion, is negotiating a trade deal with the ASEAN bloc of South-East Asia. The deal would be both lucrative and prestigious, extending the UK's global footprint - but there is fierce competition for the business from other countries.

A problem arises when Loraine is informed by her scientist son. James, that SEARS 25, a new Covid variant, is spreading from South East Asia and that it's imperative the UK secures its borders to stop the virus arriving in the country

Mother clashes with son, and political expediency clashes with the inconvenient need to do the right thing

Loraine Wilson - Monica Dolan James Wilson - Owen Findlay Melanie - Jane Slavin Kim - Macy Nyman The Newscaster - Paul Panting

Written by Hugh Costello Produced and directed by Eoin O'Callaghan

A Big Fish Radio production for BBC Radio 4

THU 15:00 Open Country (m000ymy2) People and Stone

Archaeologist and artist Rose Ferraby explores the connections between people and stone on the Isle of Purbeck in Dorset, where as a child she used to watch adders basking in the old quarries and hunt for crickets on the limestone cliffs. There's waymaker on the coastal path; a swirling ammonite fossil emerges alongside deep cut letters and chisel marks. "For me this sums up what stone is" says Rose, "a meeting place of people and earth." Over the years, Rose has become increasingly interested in the links and stories which connect people and stone, and in this programme she returns to Dorset to meet a geologist, a fossil collector and a father and son whose quarry has been in the family since the 17th century. She also follows a trail of dinosaur footprints and braves an underground tunnel as she explores the relationships between people and

Produced by Sarah Blunt for BBC Audio in Bristol.

THU 15:27 Radio 4 Appeal (m000yl7s)

[Repeat of broadcast at 07:54 on Sunday]

THU 15:30 Open Book (m000vl9h)

[Repeat of broadcast at 16:00 on Sunday]

THU 16:00 The Film Programme (m000ymy4)

Radio 4's weekly show for cinema lovers that speaks to movie makers all over the world about films both new and historic. Presented by Antonia Quirke and Francine Stock.

THU 16:30 BBC Inside Science (m000ymn3)

A weekly programme that illuminates the mysteries and challenges the controversies behind the science that's changing our world.

THU 17:00 PM (m000vmy6)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

THU 18:00 Six O'Clock News (m000ymy8)

The latest national and international news from BBC Radio 4.

THU 18:30 Stand-Up Specials (m000rbpz)

Imran Yusuf: Relabelled

We all have labels. Some we're given and some we actively choose. In his first show for Radio 4 Imran Yusuf ponders one label he was born with - man.

How do you learn to be a man and what does being a 'man' even mean? In this autobiographical audience show, Imran looks at where he got his role models from as a boy, what he thought being a man was all about and how that view changed radically as he became an adult. Jackie Chan might have been his inspiration when he was young but it was a woman who sparked self-awareness and change.

This is a very funny and honest account of his life and changing attitudes to manliness.

Imran earned a Best Newcomer nomination in the Fosters Awards for his first Edinburgh show in 2010.

Written and presented by Imran Yusuf

Producer: Alison Vernon-Smith

A Yada-Yada Audio production for BBC Radio 4

THU 19:00 The Archers (m000ymmx)

Writers, Keri Davies and Katie Hims Director, Gwenda Hughes Editor, Jeremy Howe

Brian Aldridge Charles Collingwood Jennifer Aldridge Angela Piper Ben Archer Ben Norris Lilian Bellamy Sunny Ormonde Harrison Burns James Cartwright Alice Carter Hollie Chapman Ruairi Donovan Arthur Hughes Alan Franks ... John Telfer Fallon Rogers Joanna Van Kampen Lynda Snell Carole Boyd

THU 19:15 Front Row (m000vmmz)

Live magazine programme on the worlds of arts, literature, film, media and music

THU 19:45 Incarnations: India in 50 Lives (b072n5xh)

Jinnah: The Chess Player

Professor Sunil Khilnani, from the King's India Institute in London, looks at the life and legacy of Muhammad Ali Jinnah, the founder of Pakistan. Descriptions of his early life do not sound like someone who would go on to lead India's Muslims: he spoke English, dressed impeccably in Western clothes from Savile Row, smoked cigarettes and, according to some accounts, consumed alcohol and ate pork. Yet it was Jinnah who, along with others, publicly assented to the partition of India which, carried out in haste, would give roughly half of India's Muslims political autonomy, cause around a million deaths, displace some 14 million people and transform the geopolitics of the world.

Producer: Mark Savage Music: Talvin Singh

$\it THU~20:00~The~Briefing~Room~(m000ymn1)$

David Aaronovitch presents in-depth explainers on big issues in

THU 20:30 The Spark (m000vg42)

Emily Alison and rapport

Helen Lewis meets people offering radical solutions to the big problems of our times.

Emily Alison, co-author with Laurence Alison of Rapport: The Four Ways to Read People, reveals the insights she has derived from her work as a forensic psychologist. And she explains why she argues that techniques for building rapport can help transform a whole range of difficult personal interactions.

Producer: Phil Tinline

THU 21:00 BBC Inside Science (m000vmn3)

[Repeat of broadcast at 16:30 today]

THU 21:30 Across the Red Line (m000vmmn)

[Repeat of broadcast at 09:00 today]

THU 22:00 The World Tonight (m000ymn5)

In depth reporting, intelligent analysis and breaking news from a global perspective

THU 22:45 The Mermaid of Black Conch by Monique Roffey (m000ymn7)

[Repeat of broadcast at 12:04 today]

THU 23:00 Resist Phoney Encores! (m000ymn9)

The Festival Episode

Comedy conversations. Gruff Rhys goes to his first festival gig since the pandemic began. Is a festival crowd still a place to experience wellbeing? Will the audience still be welcoming? Can the band remember the songs?

Gruff Rhys,

with Lisa Jen Brown and Kliph Scurlock at Timber Festival

Director - John Norton A BBC Cymru Wales Production

THU 23:30 Things Can Only Get Worse (b0b9zfwv)

2013-2017

Episode 4 - 2013-2017

John O'Farrell looks back at the last 20 years in British politics, to try to make sense of where we are now. It was a time of selfinflicted wounds - from the "Ed Stone", to David Cameron's decision to hold a referendum on Brexit to unite the Conservative Party, Trump won a fantastic victory in the US presidential elections,, but lost the popular vote. In the bloody ar of Miliband v Miliband, Ed may have won the battle. But did David win the war?

written and read by John O'Farrell

Produced by Victoria Lloyd A BBC Studios Production

FRIDAY 13 AUGUST 2021

FRI 00:00 Midnight News (m000ymnc)

The latest news and weather forecast from BBC Radio 4.

FRI 00:30 Hamilton and Me by Giles Terera (m000ymnf)

[Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m000ymnh)

The latest weather reports and forecasts for UK shipping.

FRI 01:00 Selection of BBC World Service Programmes (m000vmnk)

BBC Radio 4 presents a selection of news and current affairs, arts and science programmes from the BBC World Service.

FRI 05:20 Shipping Forecast (m000ymnm)

The latest weather reports and forecasts for UK shipping.

FRI 05:30 News Briefing (m000vmnp)

The latest news from BBC Radio 4

FRI 05:43 Prayer for the Day (m000ymnr)

A spiritual comment and prayer to begin the day with Harry

Good morning.

Sixty years ago today, Berliners woke up to a divided city, with a wall through the middle splitting East and West. I was lucky enough to live in Germany for a year while studying, and on trips to Berlin I was always struck by how present the history felt compared to somewhere like London. As well as remnants from both world wars still being very much on show, being able to walk along a large section of the wall in the present moment felt as visceral as when I was able to do something similar in Northern Ireland, and brought back memories of the first time visited Israel/Palestine and was faced with the brutality of another wall that I hope will one day too will be relegated to the history books

I lived in Germany in 2016 and there was so much I loved about my year there, but one of the most exciting moments was being here for the Football World Cup. As well as an excuse to visit beer gardens for most of the summer the team went on to win the tournament emphatically, something that held a special significance for the country as it was the first time they had won it since entering separate teams as East and West Germany

I was reminded of that this year watching the England football team, when for a moment it felt like the country could be united behind this young and new vision of what being English can mean, and yet seeing the racist abuse and the fallout afterwards was a reminder of how many walls do still exist for us, be they physical or otherwise. The same way refugees were shut off from fleeing from east to west Germany overnight, there are those who remain committed to closing our borders rather than seeing the humanity of others. Yet I am also heartened that for the 28 years that the Berlin Wall stood it has now been 32 since it came down.

God of possibilities, may you remind us of our humanity, and our ability to build bridges and not walls.

That all that is built can be broken All that is broken can be fixed All that is fixed does not have to be set in stone One day we'll tear down those bricks.

FRI 05:45 Farming Today (m000ymnt)

The latest news about food, farming and the countryside.

FRI 05:58 Tweet of the Day (b04mlmf8)

Tweet of the Day is the voice of birds and our relationship with them, from around the world

Chris Packham presents the North American blue jay. The loud warning screams of blue jays are just part of their extensive vocabulary. These birds are intelligent mimics. Blue jays are neat handsome birds; lavender-blue above and greyish below with a perky blue crest, black collar and white face. But the blue jay is not blue, but black. Its feather barbs contain a dark layer of melanin pigment; the blue we see is caused by light scattering through modified cells on the surface of the feather barbs and reflected back as blue. Common over much of eastern and central North America, blue jays will move in loose flocks to take advantage of autumnal tree mast. A single blue jay can collect and bury thousands of beechnuts, hickory nuts and acorns (in a behaviour known as caching) returning later in the year to retrieve these buried nuts. Any they fail to find, assist in the natural regeneration of native woodlands.

FRI 06:00 Today (m000yn6s)

News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 The Reunion (m000yl8p)

[Repeat of broadcast at 11:00 on Sunday]

FRI 09:45 Hamilton and Me by Giles Terera (m000vn7h)

Episode 5: Told You it Would Be Crazy

Giles Terera concludes his behind-the-scenes account of his time playing Aaron Burr in Lin-Manuel Miranda's groundbreaking musical, Hamilton.

Today: finally the production opens, and the audience is

Reader: Giles Terera

Photograph by Matthew Murphy © George III Productions

Limited.

Abridger of Hamilton and Me: An Actor's Journal: Richard

Producer: Justine Willett

FRI 10:00 Woman's Hour (m000yn6x)

Women's voices and women's lives - topical conversations to inform, challenge and inspire.

FRI 11:00 The Spark (m000vnb8)

Ehsan Masood and GDP

Helen Lewis meets people offering radical solutions to the big problems of our times

Science journalist Ehsan Masood, author of GDP: the World's Most Powerful Formula and Why It Must Now Change. explains what he thinks is wrong with Gross Domestic Product as a measure of a country's economic success. He tells Helen what alternatives are on offer - and how he thinks GDP can and should be radically reformed.

Producer: Phil Tinline

FRI 11:30 Ellie Taylor's Safe Space (m000ynbb)

Comedian Ellie Taylor (The Mash Report, Live At The Apollo) is no fan of exercise and so had taken to Radio 4 to promote this controversial opinion, with help from her regular sidekick Robin Morgan (Mock The Week) . They talk to members of the public about their own gripes and dislikes, and also they speak to fitness fan and bumbag aficionado, Mr Motivator, for his views on the virtues of moving about a bit.

Written by Ellie Taylor and Robin Morgan.

Produced by Sam Michell for BBC Studios

FRI 12:00 News Summary (m000ynbd)

National and international news from BBC Radio 4

FRI 12:04 The Mermaid of Black Conch by Monique Roffey (m000vn7c)

Episode Five

In March 1976, near the Caribbean island of Black Conch, a local fisherman - David Baptiste - strums his guitar while waiting for a catch. His singing attracts a sea-dweller that he never expected - Aycayia, a Taino woman cursed by jealous women hundreds of years ago to live in the sea forever as a

When American tourists capture Avcavia, David rescues her and vows to win her trust. Slowly, painfully, she transforms into a woman again. Yet as their love grows, they discover that the world around them is changing - and they cannot escape the

Monique Roffey was born in Port of Spain, Trinidad. She is the author of six novels and a memoir. The Mermaid of Black Conch won the Costa Book of the Year and the Costa Novel Award 2020. It was shortlisted for the Rathbones Folio Prize 2021, the Goldsmiths Prize 2020 and the Republic of Consciousness Prize 2021, and longlisted for the Orwell Prize, the Ondaatje Prize and the OCM Bocas Prize for Caribbean Literature 2021.

Read by Burt Caesar and Marilyn Nnadebe Abridged by Sara Davies Editing and Sound Design by Mair Bosworth Produced in Bristol by Mary Ward-Lowery for BBC Audio

FRI 12:18 You and Yours (m000vnbg)

News and discussion of consumer affairs

FRI 12:57 Weather (m000vnbi)

The latest weather forecast

FRI 13:00 World at One (m000vnbl)

Forty-five minutes of news, analysis and comment, with Sarah Montague.

FRI 13:45 A History of the World in 100 Objects (b00tn9vp) The Threshold of the Modern World (1375-1550 AD)

Durer's Rhincoeros

Neil MacGregor's world history as told through things that time has left behind. This week he is exploring vigorous empires that flourished across the world 600 years ago - visiting the Inca in South America, Ming Dynasty China, and the Timurids in their capital at Samarkand and the Ottomans in Constantinople. Today he examines the fledgling empire of Portugal and describes what the European world was looking like at this time. His chosen object is one of the most enduring in art history, and one of the most duplicated - Albrecht Durer's famous print of an Indian rhino, an animal he never had never seen. The rhino was brought to Portugal in 1514 and Neil uses this classic image to examine European ambitions. Mark Pilgrim of Chester Zoo considers what it must have been like to transport such a beast and the historian Felipe Fernandez-Armesto describes the potency of the image for Europeans of

Producer: Anthony Denselow

FRI 14:00 The Archers (m000ymmx)

[Repeat of broadcast at 19:00 on Thursday]

FRI 14:15 Drama (m0007cvt)

The Summer Snows

Robert Bathurst stars in a dramatisation of the writer Christopher Nicholson's non-fiction book, Among the Summer Snows. In late summer in 2016, Nicholson sets off from Dorset for the Scottish mountains in search of snow. He's not entirely sure why he's going. He's haunted by the death of his wife, he has a daughter with chronic fatigue, and he has recently had a back operation. Yet he has a compulsion to hunt for the last remnants of snow, the iceberg relics of winter. A poetic and compelling exploration of what matters in the writer's life as he confronts nature in the raw, dramatised by Nicholson and Jonathan Smith.

Christopher Robert Bathurst Hugh Christopher Harper Helen Helen Clapp Young Christopher Oliver Zetterstrom Mother Catherine Cusack Richard David Hounslow Ranger Kenny Blyth Mrs Cameron Hilary Maclean Other parts played by the cast Producer/director: Bruce Young

FRI 15:00 Gardeners' Question Time (m000ynbp)

Horticultural programme featuring a group of gardening experts.

FRI 15:45 Short Works (m000vnbr)

Ava Unfurled

An original short story specially commissioned by BBC Radio 4 from writer Sue Rainsford. As read by Roisin Gallagher.

Sue Rainsford is an Irish fiction and arts writer based in Dublin. Her practice is concerned with hybrid, lyric and embodied texts, explicit fusions of critical and corporeal inquiry, as well as with questions of transcription and otherness. A graduate of Trinity College and IADT, in January 2017 she completed her MFA in Writing & Literature at Bennington College, Vermont. She is a recipient of the VAI/DCC Critical Writing Award (2016/17), the Arts Council Literature Bursary Award (2013, 2018, 2019) and a MacDowell Fellowship (2019). She is a visual arts writer in residence at Roscommon Arts Centre (2018-20), and was writer in residence at Maynooth University (2019-2020).

Reader: Roisin Gallagher Writer: Sue Rainsford Producer: Michael Shannon

A BBC Northern Ireland production.

FRI 16:00 Last Word (m000vnbt)

Matthew Bannister tells the life stories of people who have recently died, from the rich and famous to un significant.

FRI 16:30 Feedback (m000vnbw)

Radio 4's forum for comments, queries, criticisms and congratulations

FRI 17:00 PM (m000ynby)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines.

FRI 18:00 Six O'Clock News (m000ync0)

The latest national and international news from BBC Radio 4

FRI 18:30 Party's Over (m000vnc2)

Parish Council

What happens when the Prime Minister suddenly stops being

One day you're the most powerful person in the country, the next you're irrelevant, forced into retirement 30 years ahead of schedule and find yourself asking 'What do I do now?'

Miles Jupp stars as Henry Tobin - Britain's shortest serving and least popular post war PM (he managed 8 months).

We join Henry soon after his crushing election loss. He's determined to not let his disastrous defeat be the end of him. Instead Henry's going to get back to the top - he's just not sure how and in what field.

This week, Henry meets a local nemesis as he tries to make some home and garden improvements so Christine steps in with

Henry Tobin... Miles Jupp Christine Tobin... Ingrid Oliver Natalie... Emma Sidi Jones... Justin Edwards Albert...Joseph Marcell

Written by Paul Doolan and Jon Hunter

Produced by Richard Morris and Simon Nicholls Production co-ordinator: Caroline Barlow Sound design: Marc Willcox

A BBC Studios Production

FRI 19:00 Front Row (m000vn71)

the short story Saadat Hasan Manto.

Live magazine programme on the worlds of arts, literature, film, media and music

FRI 19:45 Incarnations: India in 50 Lives (b072n8f5) Manto: The Unsentimentalist

Sunil Khilnani explores the life and work of India's master of

Manto didn't fuss much over his sentences. He wrote in a rush, at hack speed, for money - and often legless drunk. His raw, visceral, personal response to his experiences - including the massacre at Amritsar, cosmopolitan Bombay and the horror of Partition - matched a historical moment that needed a raw, human response. In a divided country that Manto thought possessed "too few leaders, and two many stuntmen", his sentences asserted, plainly, the human facts - not the moral or political motives that produced them.

As Professor Khilnani says, "for all the velocity that his economy of language creates, the pressure of a story builds slowly. You're never quite prepared for the moment that blasts off the emotional roof. His sentences etch a groove in the mind not because he saturates his truths about atrocity in lurid color, but because he delivers them off-hand, even elliptically.

Readings by Sagar Arya.

Producer: Martin Williams

FRI 20:00 Any Questions? (m000yn73)

Lisa Nandy MP, Lemn Sissay, Sir Michael Wilshaw

Chris Mason presents political debate and discussion the Church of St Mary the Virgin in Leigh with a panel which includes the Shadow Foreign Secretary Lisa Nandy MP, the poet, playwright and broadcaster Lemn Sissay and the former head of Ofsted Sir Michael Wilshaw Producer: Camellia Sinclair

Lead broadcast engineer: Tom Parnell

FRI 20:50 A Point of View (m000vn75)

Weekly reflections on topical issues from a range of contributors.

FRI 21:00 A History of the World in 100 Objects (m000vn77)

Threshold of the Modern World (AD 1375-1550)

Neil MacGregor, the director of the British Museum in London, continues his global history as told through objects from the Museum's collection.

In about 1450 a string of great empires dominated the world. The Ottoman Turks were threatening Europe with invasion.

Radio 4 List	ings for 7 – 13 August 2021	Page 16 of 16
Asia was dominated by Ming China and the Timurid Empire, but the world's largest state was the Inca Empire in South America. Europe, in contrast, was a patchwork of squabbling powers. Yet there were the first signs of a shift towards a connection of all the world's continents by European exploration that would mark the beginning of a recognisably modern world. These new maritime empires brought Europe's		
fragmented kingdoms great wealth. The rhinoceros that inspired Durer's iconic print was a present from an Indian Sultan to a Portuguese governor.		
Producer: Paul Kobrak		
FRI 22:00 The World Tonight (m000yn79) In depth reporting, intelligent analysis and breaking news from a global perspective		
FRI 22:45 The Mermaid of Black Conch by Monique Roffey (m000yn7c) [Repeat of broadcast at 12:04 today]		
FRI 23:00 Great Lives (m000ykqp) [Repeat of broadcast at 16:30 on Tuesday]		
FRI 23:30 Conspiracies: The Secret Knowledge (m000tg5j) The Secret Knowledge		
Documentary-maker Phil Tinline continues his series exploring how conspiracy theories and fictions work as stories, and what they claim to tell us about how power works.		
In this final episode, Phil asks Whitney Phillips about 'deep memetic frames' - the ingrained narratives through which, she argues, we all see the world. How do these intersect with conspiracy theories, especially in times of political upheaval? And Dennis Kelly, creator of Channel 4's dystopic conspiracy drama Utopia, discusses the possibilities, and the pitfalls, of creating fictional conspiracies.		
Series contributors include: Michael Butter, Bryan Cheyette, Paul Cobley, Karen Douglas, Sir Richard Evans, Beverly Gage, Pamela Hutchinson, Dennis Kelly, Rick Perlstein, Whitney Phillips, Vwani Roychowdhury, Tim Tangherlini		
Supported by bbc.co.uk/programmes/		