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SATURDAY 11 APRIL 2020	Joining him in the studio is Ian Carmichael, Senior Director in	media, the team discusses interesting new ways to cook with	
SAT 00:00 Midnight News (m000h2v4) The latest news and weather forecast from BBC Radio 4.	Styling at Trevor Sorbie, the Hair Salon, who styles many high profile heads including Her Majesty the Queen's.	Jerusalem artichokes, how to use up a bag of dried figs, and what takes them closest to food heaven.	
The fatest news and weather forecast from BBC Radio 4.	Dermatologist Dr Paul Farrant, from Brighton and Sussex University Hospitals Trust, is on hand to put two products	Producer: Laurence Bassett Assistant Producer: Jemima Rathbone	
<i>SAT</i> 00:30 The Passion in Plants (m000h25g) The Resurrection - Pearlwort, Touch-me-not and the Alleluia Flower	through the evidence mill, separating the facts from the fads to reveal whether caffeine hair products really are The Best Thing Since Sliced Bread.	A Somethin' Else production for BBC Radio 4	
diminutive wood sorrel flowers at Easter and so is called the Alleluia Flower.	Presenter: Greg Foot Producer: Beth Eastwood	SAT 11:00 The Briefing Room (m000h0w0) The Inequalities of Lockdown	
In the final episode of the Passion in Plants, the urban naturalist Bob Gilbert and his friend, the Franciscan friar Brother Sam, celebrate the culmination of the Easter story, seeking out the plants associated with the Resurrection.	SAT 06:00 News and Papers (m000h7bg) The latest news headlines. Including the weather and a look at the papers.	What effect is the lockdown having across the country and population? David Aaronovitch examines which jobs have been lost, whose health is more at risk and whose education is most likely to suffer. Is the lockdown likely to increase inequality? And if it does, how might a government reverse that trend once	
As Christ rises from the tomb it is the pearlwort, according to Gaelic legend, that is there to cushion his first footfall. Bob and Sam find this diminutive plant in the cracks between paving stones in an East London street.	SAT 06:07 Open Country (m000h0vd) Small Fish - Big Project	normal life is resumed? Contributors: Professor Angus Deaton from Princeton University, Professor Simon Burgess from Bristol University,	
One of the most beautiful stories of the Resurrection is that of Mary Magdalene meeting the risen Christ and mistaking him for the gardener. As she reaches out to towards him he tells her not to touch him. This Biblical story is told again in the name of	How a little known fish, rare and remarkable, is driving a huge project on the River Severn. Weirs may look dramatic and sound wonderful but, for fish, they are nothing more than a barrier, preventing progress	Xiaowei Xu from the Institute for Fiscal Studies, Paul Swinney from the Centre for Cities and Miatta Fahnbulleh from the New Economics Foundation. Producers: Kirsteen Knight, Darin Graham and Rosamund	
the 'touch-me-not' balsam. Rare and late flowering, Bob and Brother Sam have to resort to the herbarium at Kew Gardens to see a specimen.	upstream. That's why you'll see anglers, both human and heron, hanging around weirs for an easy-ish catch. One fish in particular, previously found in healthy numbers on the Severn, has suffered. It's the Twaite Shad, sleek and fast, but not fond	Jones. Editor: Jasper Corbett	
In the culmination of the story, they do, however, manage to find in the woods at Hilfield friary, the beautiful wood sorrel. Flowering at Easter, it is known as the 'Alleluia plant'.	of leaping. However, a project called Unlocking the Severn is well underway to install gigantic fish-passes at four weirs. These will allow the Twaite Shad to swim through and reach their spawning grounds in significant numbers for the first time since	SAT 11:30 From Our Own Correspondent (m000h7bv) New Orleans - From Katrina to Corona Fifteen years after Hurricane Katrina, New Orleans is facing	
Peresenter: Bob Gilbert Producer: Julian May	the Victorians installed weirs to improve navigation during the industrial revolution. Because of Covid19, the sound-quality of this programme will	another lethal storm. The city on Louisiana's coast has become one of the worst-hit areas in the US. Some have blamed the high death toll on the decision to allow the annual Mardi Gras parade to go ahead. But musician and actor Harry Shearer,	
<i>SAT</i> 00:48 Shipping Forecast (m000h278) The latest weather reports and forecasts for UK shipping.	be a little different: all the interviewes recorded themselves, on their phone voice-recorders, in their own homes many thanks to each of them for persevering!	famous, among other things for voicing characters in The Simpsons, says don't victim blame and don't reproach the revellers.	
<i>SAT</i> 01:00 Selection of BBC World Service Programmes (m000h27b) BBC Radio 4 joins the BBC World Service.	See the 'related links' box below for more info on the entire Unlocking the Severn project. Producer/Presenter: Karen Gregor	South Africa's president has extended the lockdown until the end of the month as the country braces for a surge in infections. But enforcing social distancing in the poorest, most crowded South African townships remains a struggle says Andrew	
SAT 05:33 Shipping Forecast (m000h27d) The latest weather reports and forecasts for UK shipping.	SAT 06:30 Farming Today (m000h7bj) 11/04/20 - Farming Today This Week	Harding. This weekend the World Health Organization is set to officially declare the end of the Ebola epidemic that has killed thousands	
SAT 05:43 Prayer for the Day (m000h27j) A spiritual comment and prayer to start the day with Bishop Helen-Ann Hartley	This week the NFU has held crisis talks with DEFRA asking for urgent support for the dairy industry through the coronavirus lockdown. As restaurants and cafes close, the	in the Democratic Republic of Congo. Peter Yeung was one of the few journalists to visit health workers in the epidemic's former epicentre of Beni amidst the global lockdown. But with the coronavirus on the way, there is no cause for celebration.	
Good morning.	knock on in the milk market has left some farmers pouring thousands of litres down the drain.	In Jerusalem, Yolande Knell has been talking to local religious leaders about how to mark Easter, Passover and Ramadan when	
Usually on a Saturday morning I take part in a parkrun at Fountains Abbey, which is near to where I live. My aim is usually to get around the course without stopping, and the welcome tea and cheese scone afterwards in a café is an	Easter Weekend should be one of the busiest times for garden centresbut since they were forced to close, the plant nurseries which usually stock them have been left with millions of pounds of unwanted plants.	prayers at holy sites are forbidden. Every ten years the small Bavarian village of Oberammergau puts on a passion play – a huge pageant about the life and death	
incentive in helping me on my way. There's something quite profound by a common purpose in gathering. I always come away feeling buoyed up; ready to face the day ahead. These days, we don't gather. Exercise is a solitary activity with a	But it's not all doom and gloom. Caz Grahram brings you lots of stories of how rural communities and businesses are finding innovative ways to cope in the face of COVID-19.	of Christ. The tradition dates back to the seventeenth century when people believed that the plays would protect them from the plague. But this year's performance has been postponed and it's a huge blow to tourists and locals alike says Jenny Hill.	
cheery wave exchanged at a careful distance. I make a point however of checking in online with friends from our weekly run. We share stories of our week, and words of encouragement. It's not the same as face-to-face, but for now it	Presented by Caz Graham Produced by Heather Simons	SAT 12:00 News Summary (m000h7bx) The latest national and international news from BBC Radio 4.	
has to be so. Today in the since to face, our to into it has to be so. Today in the Christian tradition is known as 'Holy Saturday'. Tomorrow is Easter Day, a day of immense joy- although this year it won't be celebrated by gathering. Jesus is risen, we will proclaim.	SAT 06:57 Weather (m000h7bl) The latest weather forecast	SAT 12:04 Money Box (m000h7bz) Coping with 'income shock'	
This year, Holy Saturday feels longer than a day. The time in- between feels heavy going, like my legs do when I'm running up a hill (or 'a little incline' as I'm frequently told by other	<i>SAT</i> 07:00 Today (m000h7bn) Including Sports Desk, Weather and Thought for the Day.	Millions of people are still facing huge financial pressure despite government measures to help them deal with the fallout from coronavirus.	
runners). I recall the advice a fellow-runner gave me once. He came alongside me as we started up the hill and said 'small steps now'. I found it worked, and I was grateful for his words. Small steps. I look towards the dawn the hope of Easter joy will be a light to help me take one more step into a new day.	SAT 09:00 Saturday Live (m000h7bq) Extraordinary stories, unusual people and a sideways look at the world.	Some estimates show that up to half of the 5m people who are self employed won't be helped by the support package that the government has announced. Many thousands more, who are employees, are not eligible for the job retention furlough arrangements.	
God who set the sun in the sky to provide light and warmth, help me to look to this day with hope and gratitude for small steps along the way.	SAT 10:30 The Kitchen Cabinet (m000h7bs) Series 27 Home Economics: Episode Two	Unsurprisingly the benefits system has seen an unprecedented number of new applications for Universal credit. We're hearing of a back log of many weeks as the Department for Work and Demainer time to use the thread where the activity of the record	
Amen.	Jay Rayner is back for the latest series of The Kitchen Cabinet, but with a twist.	Pensions tries to work through more than a million new cases. So if you are one of the millions of people affected by a huge and udden loss in income what can you do to surviva?	
SAT 05:45 The Best Thing Since Sliced Bread? (m000gskt) Caffeine Hair Products	Owing to the current restrictions, the team are broadcasting to you remotely, bringing the usual recipe suggestions, culinary quirks and kitchen banter from their own homes.	and sudden loss in income, what can you do to survive? Paul Lewis and guests discuss their top tips for surviving financial shock.	
Can caffeine hair products prevent our hair from getting thinner as we get older and, even better, reverse the process? Or does this ingredient just end up going down the plughole?	Joining Jay this week for a Home Economics lesson are Dr Annie Gray, Jordan Bourke, Andi Oliver and Rachel McCormack. Answering questions sent in by email and social	Joining Paul are: - Nick Hill - money expert, Money And Pensions Service	
	Supported by bbc.co.uk/programmes/		

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 Laura Peters - from Mental Health and Money Advice Anna Stevenson - welfare benefit expert at charity Turn2us 	release has set in train a series of events that none of them can escape.	"radical," shows are "mould-br breaking," "game-changing" or being told that a new paradigm	"revolutionary," We are forever
Producer: Alex Lewis Editor: Emma Rippon	A Tale of Two Cities by Charles Dickens, adapted for radio by Ayeesha Menon Development concept written by Silas Parry	Perry says we have reached the	-
<i>SAT</i> 12:30 The Now Show (m000h26q) Series 56	Sound design by Eloise Whitmore Broadcast Assistant: Jan Shepherd		ity to shock. We have seen it all
Episode 6	Produced by Gill Parry Directed by Polly Thomas	Grayson Perry was awarded the Turner Prize in 2003 and i first contemporary artist to deliver the Reith Lectures. He i best known for his ceramic works, print making, drawing,	
Steve Punt and Hugh Dennis get to grips with the continuing COVID-19 lock-down and disruption with sketches and guests.	Producer for Goldhawk Productions: Emma Hearn Executive Producer: John Dryden	sculpture and tapestries as well dresser.	
In the last of the current series, Zoe Lyons gets things done, Scott Bennett speaks to us from his shed, and Jess Robinson invokes her blitz spirit.	A Goldhawk production for BBC Radio 4.	The Reith Lectures are present and produced by Jim Frank.	ed and chaired by Sue Lawley
Also featuring George Fouracres and Gemma Arrowsmith.	SAT 16:00 Woman's Hour (m000h7c7) Highlights from the Woman's Hour week	SAT 20:00 Archive on 4 (m00 The Hubble Legacy	0h7cr)
Song written and arranged by Jess Robinson and Alex Silverman.	SAT 17:00 PM (m000h7c9)	Astronaut and artist Nicole Sto	
Written by the cast, with additional material from Catherine Brinkworth, Gareth Gwynn, Alex Kealy and Simon Alcock.	Full coverage of the day's news	cultural legacy of the Hubble S launch, it's a mission that's influ- fiction.	
Production Co-Ordinator: Caroline Barlow Producer: Adnan Ahmed	<i>SAT</i> 17:30 The Inquiry (m000hcfp) Why is it taking so long to develop a Covid-19 vaccine?	Launched on 24 April 1990 and billion Hubble Space Telescope	d built to last 15 years, the \$1.5 e was a disaster. Most serious
A BBC Studios Production	The race is on for the world's scientists to develop a safe and effective Covid-19 vaccine. The Inquiry examines how quickly this can be done and what hurdles need to be overcome to roll out a vaccine in 12-18 months, rather than the many years it	among a catalogue of flaws was Fortunately, the telescope had a serviced in space and, after one complex space walks in history	s a fault with the primary mirror. always been designed to be e of the most challenging and , scientists downloaded the first
SAT 12:57 Weather (m000h7c1) The latest weather forecast	would normally take. Presented by Kavita Puri.	new Hubble images. The result	s were astounding. 40 gigabytes of science data back
SAT 13:00 News (m000h7c3) The latest national and international news from BBC Radio 4	SAT 17:54 Shipping Forecast (m000h7cf) The latest weather reports and forecasts for UK shipping	to Earth, transforming our view But what NASA didn't foresee	v and knowledge of the universe. when it launched the telescope from Hubble have appeared on
SAT 13:10 Any Questions? (m000h26x)	SAT 17:57 Weather (m000h7ch) The latest weather forecast.	jewellery.	
Ed Argar MP, Dr Rosena Allin-Khan MP, Professor Margaret MacMillan, Dr John Sentamu		space was black with scattered	shows released before Hubble, stars. Now, movies are alive with
Chris Mason presents political debate from Broadcasting House in London with Health Minister Ed Argar MP, Shadow Mental Health Minister Dr Rosena Allin-Khan MP, Historian Margaret MacMillan and Dr John Sentamu the Archbishop of York.	SAT 18:00 Six O'Clock News (m000h7ck) The latest national and international news from BBC Radio 4 SAT 18:15 Loose Ends (m000h7cm)	on t-shirts, leggings and on desi office across the world. U2, Pe	the space telescope can be found ktop screensavers in almost every arl Jam and the Royal e images to inspire their music.
Producer: Lisa Jenkinson	Marcus Mumford, Ainsley Harriott, Spencer Jones, Glenn Tilbrook, Ady Suleiman, Athena Kugblenu, Clive Anderson	The programme includes new i Whitacre and one of the astron Kathy Sullivan. It also features	auts who launched Hubble, archive interviews with
SAT 13:54 The Listening Project (m000h1lr) Mari and Melita – I love lockdown	Clive Anderson and Athena Kugblenu are joined by Marcus Mumford, Ainsley Harriott and Spencer Jones for an eclectic mix of conversation, music and comedy. With music from	astronauts and a wealth of new Hubble has changed how we th	ink of ourselves and our place in
Mother and daughter discuss the positive and the funny sides to living in lockdown. Fi Glover presents another conversation in a series that proves it's surprising what you hear when you listen.	Glenn Tilbrook and Ady Suleiman. SAT 19:00 Profile (m000h7cp)	the universe. The telescope has vastness of the cosmos but, new never before.	given humanity a sense of the ertheless, connected us to it like
SAT 14:00 Any Answers? (m000h7c5)	Dominic Raab	A Boffin Media production for	BBC Radio 4.
Have your say on the issues discussed on Any Questions?	On Profile this week, we look at the man who has effectively become Britain's acting Prime Minister.	SAT 21:00 Day Release (b09g House Arrest	fbc6)
SAT 15:00 Drama (b0b3bb2c) A Tale of Two Cities: Aleppo and London	The 46-year-old Foreign Secretary, Dominic Raab, asked to deputise "where necessary" for Boris Johnson while he recovers from coronavirus.	Lenny Henry plays Frank Watt recently released from prison. I	Frank and Geoff start a small
2011/2012 Charles Dickens' iconic story of love, revolution and	A staunch Brexiteer and a karate black belt, he's perhaps not the best-known member of the Cabinet.	rehabilitation company called I have they rehabilitated themsel	
redemption, updated and set in contemporary Aleppo and London.	So, who is he and – more importantly - is he up to the job?	Frank Watt Lenny Henry Geoff Hoagland Ralph Ines	son
Dickens' original novel is a powerful portrayal of personal sacrifice set against the turbulent backdrop of political change.	A former lawyer, Raab has experience in international justice – but his hard-line on Brexit as well as past comments about	Shudi Misir Deeivya Meir Charla May Karla Crome Aidan Lavington Rupert Ho	olliday Evane
As resonant today as it was then, the redemption of flawed humanity is at the heart of award winning write Ayeesha Menon's bold reworking of A Tale of Two Cities.	feminism, welfare and Britain's work ethic have angered his critics.	Michelle Lavington/Bar woman James Ansell Clive Haywa Gloria Barclay Adjoa Ando	n Kath Weare rd
The story of a chance resemblance between a feckless lawyer	Mark Coles hears from political colleagues, Westminster journalists – even Dominic Raab's boxing coach.	Ex Con 1 Gary Duncan Ex-Con 2 Tayla Kovacevic	
and a troubled exile, both in love with the same woman, is updated to modern-day London and war-torn Syria. However,	Producer Smita Patel	Mike Neil McCaul Officer 1 Isabella Inchbald	
in this modern version, the driving forces are two women - British Syrian journalist Lina Mahmoud and her nemesis, Taghreed Daffar.	Editor Ravin Sampat Researcher Bethan Head	Officer 2 Abbie Andrews Directed by Mary Peate	
It's a classic tale reimagined as a provocative and moving drama for today.	SAT 19:15 The Reith Lectures (b03f9bg7) Grayson Perry: Playing to the Gallery: 2013	Written by Peter Jukes	
Episode 1: 2011/2012 It's the Arab Spring and peaceful protests in Syria lead to a	Nice Rebellion, Welcome In!	SAT 21:45 Rabbit Redux (b09 Episode 1	9gfy20)
It's the Arab spring and peaceth protests in Syria lead to a release of political prisoners. When Dr Mahmoud is freed after 30 years, he is sheltered by Taghreed and Emad Daffar, and brought to the UK by his old friend Jarvis Lorry and the daughter he has never met, foreign correspondent Lina. Back in	In the third of four lectures, recorded in front of an audience at The Guildhall in Londonderry, the artist Grayson Perry asks if revolution is a defining idea in art, or has it met its end?	John Updike's masterful Rabbi "Rabbit" Angstrom as the quin middle class male. The first bo 1960 to critical acclaim. Rabbi	tessential American White ok Rabbit, Run was published in
London, Jarvis persuades his nephew Sid Carton, a flawed but brilliant advocate, to represent Syrian émigré doctor Shwan Dahkurdi against terrorism charges. When Lina and Shwan meet they are immediately attracted. But Dr Mahmoud's	Perry says the world of art seems to be strongly associated with novelty. He argues that the mainstream media seems particularly drawn to the idea of there being an avant-garde: work is always described as being "rutting edge" artists are	series, published in 1971 and cl	

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Despite its very strong language, sex, and reflection of racist attitudes of the time, Time Magazine said of the book and its author, "Updike owns a rare verbal genius, a gifted intelligence and a sense of tragedy made bearable by wit. A masterpiece."	revolutionary community, as she does by organising feminist literary salons in Beirut. Salma believes that these poetic revolutions, and her own, all	reconciliation in War and Peace when Natasha seeks forgiveness from Prince Andrei, and in King Lear where the King is revisited by his daughter, as well as with the reuniting of Jacob and Esau in Genesis.	
It's extraordinary how many of its themes reverberate down to the present day.	have one thing in common - they involve women speaking out, and refusing to be silenced any longer. Producer: Hannah Marshall	It is this mending of brokenness that Dr Williams uses to link in to the Easter stories. "They move us – and challenge us as well," he says, "because they echo these deep feelings around finding	
Abridged by Eileen Horne Read by Toby Jones Produced by Clive Brill	A 7digital production for BBC Radio 4	and losing, separating and reuniting, recognise and failing to recognise and discovering that what seemed completely lost has not been destroyed. They are good news for us because they say	
A Brill production for BBC Radio 4.	SUNDAY 12 APRIL 2020	that there is no relationship beyond mending in God's providence and God's time – that even the most final of separations or the most bitter of betrayals will not stifle the	
SAT 22:00 News (m000h7cw) The latest national and international news from BBC Radio 4	SUN 00:00 Midnight News (m000h7d0) The latest news and weather forecast from BBC Radio 4.	possibility of the reconciliation we long for." The programme also features the poetry of Wilfred Owen, as	
SAT 22:15 Fallout (m000h1ms) The Global Economy	<i>SUN</i> 00:15 Don't Log Off (m000h9jf) Series 11	well as Mozart's The Marriage of Figaro where the unfaithful Count is forgiven by his wife, accompanied by music, which has been described as the sound of God absolving the world.	
Mary Ann Sieghart and a panel of experts discuss the possible long-term impact of the coronavirus pandemic on the global economy.	Calm Waters Alan Dein connects with people around the world trying to find	A TBI Media production for BBC Radio 4	
There are many burning issues for our guests to tackle. How will people in the UK feel the economic impact of the virus in the future? Are we about to experience a financial crash to top 2008? How will the virus exacerbate global inequality? Will the virus kill off globalisation? What will global trade look like now that we've experienced the widespread disruption of supply chains? What will happen to the already fractious relationship	moments of calm during the coronavirus pandemic. He speaks to Jens, the captain of a container ship in the middle of the Indian Ocean who is unsure when he may be able to get his crew back home, and Sujatha, an 85 year old in India who is philosophical about being confined to her home in Delhi.	SUN 06:35 Sunrise Service (m000h710) A service of celebration for Easter morning from award winning gospel group Volney Morgan & New-Ye, exploring love and the ultimate sacrifice shown through the resurrection of Jesus Christ. Music will include gospel classics and hymns like 'Lord I Lift Your Name on High' and How Deep the Father's Love, and songs from Volney Morgan & New Ye, 'You Apr. Worth' and 'Eventing Coa', Deading Line 2011, 18:	
chains? what win happen to the aready fractious relationship between the West and China? Does the virus spell the end of the Euro and even the European Union itself? And in the midst of so much uncertainty and instability, what strategies should we adopt to future-proof the global economy against pandemics and other systemic shocks in the future?	1000 miles south of Delhi, Alan reaches out to Chinu who is feeding Mumbai's urban poor as the Indian government imposes a lockdown. And he speak to Benedetta, who is eight months pregnant in an anxious and eerily quiet Rome. Alan also catches up with 16 year old Ibrahim who was	Are Worthy' and 'Everlasting God'. Reading: John 20:11 -18. Led by Volney and Angel Morgan from their home. Producer: Miriam Williamson <i>SUN</i> 06:57 Weather (m000h7l2)	
All this and more will be dissected and discussed by economist and former Greek Finance Minister Yanis Varoutakis, Editor-in- Chief of the Economist Zanny Minton Beddoes, former	nomeless on the streets of Athens when they last spoke - but now has some good news to share. Producers: Georgia Catt, Laurence Grissell & Sarah Shebbeare	The latest weather forecast SUN 07:00 News and Papers (m000h7l4)	
Governor of the Bank of England Mervyn King and Ian Goldin Professor of Globalisation and Development at Oxford. Producer: Max O'Brien	SUN 00:48 Shipping Forecast (m000h7d4) The latest weather reports and forecasts for UK shipping	The latest news headlines. Including a look at the papers. SUN 07:10 Sunday (m000h716)	
A Novel production for BBC Radio 4	SUN 01:00 Selection of BBC World Service Programmes	William Crawley brings you news and analysis of the religious, moral and ethical stories of the week.	
<i>SAT</i> 23:00 Brain of Britain (m000h2ct) Heat 1, 2020	(m000h7d8) BBC Radio 4 joins the BBC World Service.	SUN 07:54 Radio 4 Appeal (m000h718) Cure Parkinson's Trust	
(1/17) The 2020 season of the nation's longest running general knowledge quiz gets under way, with Russell Davies in the questionmaster's chair. The first four of the 48 competitors taking part this year begin their campaign to become the 67th	SUN 05:33 Shipping Forecast (m000h7dd) The latest weather reports and forecasts for UK shipping	Comedy producer and writer Paul Mayhew-Archer makes the Radio 4 Appeal on behalf of The Cure Parkinson's Trust. To Give:	
BBC Brain of Britain. Appearing today are: John Adedoyin, a management consultant from London Hugh Brady, a scientist, also from London Andrew Codling, a former business analyst from Egham in	SUN 05:43 Bells on Sunday (m000h7dn) Canterbury Cathedral in Kent Currently there is no ringing taking place across UK towers, a situation not encountered since the Second World War. The recording for this Easter Sunday comes from Canterbury	 Freephone 0800 404 8144 Freepost BBC Radio 4 Appeal. (That's the whole address. Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Cure Parkinson's Trust'. Cheques should be made payable to 'Cure Parkinson's Trust'. You can donate online at bbc.co.uk/appeal/radio4 	
Surrey Ellie Mackin, a writer and translator from Nottingham.	Cathedral in Kent. The south west tower, also known as the Oxford Tower, contains a ring of twelve bells plus two additional ringing bells cast by the Whitechapel Foundry in	Registered Charity Number: England & Wales (1111816) and Scotland (SCO44368)	
Producer: Paul Bajoria	1981. The tenor weighs thirty four and three quarter hundredweight and is tuned to the key of C sharp. We hear them ringing Grandsire Cinques.	Main image credit: James Deacon	
SAT 23:30 Breaking Our Silence (m000h297) In 2011, poet Salma El-Wardany was part of the Arab Spring uprising in Cairo. Thousands of Egyptians came together in Tahrir Square to fight for a new future. And poetry was everywhere - spray painted on walls, shared on social media, and written into songs that became anthems for the protesters.	SUN 05:45 Lent Talks (m000h1mv) Guli Francis-Dehqani - Identity and Community Lent Talks is a personal perspective on an aspect of the story	SUN 07:57 Weather (m000h7lb) The latest weather forecast SUN 08:00 News and Papers (m000h7ld)	
"It was a revolution fuelled by poetry," says Salma.	leading up to Easter. This year's theme is identity – losing and gaining identity; struggling with identity; accepting and owning	The latest news headlines. Including a look at the papers.	
In this programme, Salma celebrates the connection between poetry and revolution. She speaks to four of her favourite female poets - all women of colour from different corners of	identity. Bishop of Loughborough Guli Francis-Dehqani reflects on her journey of identity as an Iranian-born British Christian.	SUN 08:10 Sunday Worship (m000h7lg) Christ is risen!	
the world, whose work fuels revolution, both personal and political.	Producer: Dan Tierney.	The Archbishop of Canterbury cannot this year give his Easter Message as usual to a packed Canterbury Cathedral. Instead he is speaking to the nation as part of Easter Sunday Worship,	
British-Indian poet Nikita Gill sees her own work written onto placards and hears it chanted in the street on marches. She believes that, from the French Revolution to the Indian freedom struggle, writers and poets are at the forefront of change.	SUN 06:00 News (m000h7kx) The latest national and international news from BBC Radio 4	which will also include an intimate communion service with his wife from the Archbishop's own kitchen at Lambeth Palace. Easter music sung by massed voices in happier times includes 'Jesus Christ is risen today, and This Joyful Eastertide. "Thine	
Yrsa Daley-Ward, award-winning writer of Bone and The Terrible, writes about topics on which women have often been silent. Her work is confronting and challenging - there's danger in telling the truth, she says.	SUN 06:05 Something Understood (b075mfc3) Reunions and Recognitions Dr Rowan Williams, Master of Magdalene College Cambridge and the former Archbishop of Canterbury, explores reunions and recognitions in the context of the Easter narratives.	Be the Glory" was recorded this week by a virtual congregation of the homebound. The Bishop of Dover, the Rt Revd Rose Hudson-Wilkin shares something of what churches in the Diocese of Canterbury are doing to enable prayer and worship while Christians are unable to gather together in church buildings. Readings: Acts 10.34 -43; John 20: 1-18. Producer:	
Tjawangwa Dema argues that what, to a Western audience, might seem like a simple love poem, can be truly revolutionary when written by a woman from Botswana. There is tremendous power in an African woman telling her own story.	The Sunday after Easter, traditionally known as Low Sunday, is a time when Christians reflect more deeply on the celebrations of the previous weekend. Rowan Williams describes the human story as full of creating, breaking and restoring relationships and illustrates his thinking with powerful moments of	Andrew Earis. SUN 08:58 Tweet of the Day (b02ttqwv) Turtle Dove	

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Tweet of the Day is a series of fascinating stories about our	a new adventure. Because when you're close to the edge, then	each encounter. Every convers	
British birds inspired by their calls and songs.	Milton can give you a push.	interviews, and that's an impor hour, and is then edited to extr	
Steve Backshall presents the turtle dove. The soft purring song of the turtle Doves are mentioned in the Song of Solomon in the	"Milton Jones is one of Britain's best gagsmiths with a flair for creating daft yet perfect one-liners" - The Guardian.	connection between the partici conversations are being archiv	pants. Most of the unedited
Bible: " The voice of the turtle is heard in our land". They are		used to build up a collection of	voices capturing a unique
migrants from sub-Saharan Africa and are now a treat to see here in the UK where they breed in farmland and scrub where	"King of the surreal one-liners" - The Times	portrait of the UK in the secor can learn more about The List	d decade of the millennium. You ening Project by visiting
they can find weed seeds for their growing young.	"If you haven't caught up with Jones yet - do so!" - The Daily Mail	bbc.co.uk/listeningproject	
SUN 09:00 Broadcasting House (m000h7lj)	Written by Milton with James Cary (Bluestone 42, Miranda),	Producer: Mohini Patel	
The Sunday morning news magazine programme. Presented by	and Dan Evans (who co-wrote Milton's Channel 4 show House		
Paddy O'Connell	Of Rooms), the man they call "Britain's funniest Milton," returns to the radio with a fully-working cast and a shipload of	SUN 15:00 Drama (m00088g A Kestrel for a Knave	r)
SUN 10:00 The Archers Omnibus (m000h7ll)	new jokes.	Robert Rigby's dramatisation of	of Barry Hines's 1968 coming-of-
Writer, Naylah Ahmed & Keri Davies Director, Dave Payne & Rosemary Watts	The cast includes regulars Tom Goodman-Hill (Spamalot, Mr. Selfridge) as the ever-faithful Anton, Josie Lawrence and Colin	age novel set in a mining town	in South Yorkshire.
Editor, Jeremy Howe	Hoult (Anna Mann, Russell Howard's Good News).	Young Billy Casper is ridicule	d and bullied at home and at ng and purpose in his harsh day-to-
Pip Archer Daisy Badger	With music by Guy Jackson	day existence when he finds a	beautiful kestrel he calls Kes.
Brian Aldridge Charles Collingwood Jennifer Aldridge Angela Piper	Produced and directed by David Tyler	Life fleetingly takes on directi status for Billy as he trains his	
Phoebe Aldridge Lucy Morris Lilian Bellamy Sunny Ormonde	A Pozzitive production for BBC Radio 4	contentment be short-lived?	
Rex Fairbrother Nick Barber	SUN 12:32 The Food Programme (m000h7lq)	Billy Casper George Kent	
Emma Grundy Emerald O'Hanrahan Ed Grundy Barry Farrimond	Takeaway transformed: Inside the food delivery revolution	Jud Casper Joe McArdle Mrs Casper Kelly Harriso	
Shula Hebden Lloyd Judy Bennett Tracy Horrobin Susie Riddell	Stepping into a 'dark kitchen', Sheila Dillon explores why	Mr Crossley / Newsagent Mr Gryce / Butcher Adria	
Alistair Lloyd Michael Lumsden Adam Macy Andrew Wincott	takeaway apps are changing food culture and explores how delivery is offering a lifeline under lockdown and diversifying	Mr Farthing / Milkman Le Youth Employment Officer / I	
Jazzer McCreary Ryan Kelly	to help people in need. She hears stories from restaurants	MacDowall Daniel Rainfo Armitage Daniel Corey	
Kirsty Miller Annabelle Dowler Freddie Pargetter Toby Laurence	turning to delivery to stay in business and the people dropping groceries at people's doors and getting food to those who don't	Anderson Corey Westwoo	d
Robert Snell Graham Blockey Lynda Snell Carole Boyd	have a home.	Ellis / Tibbut Troy Tipple Young Boy Isaac Bartram	
Oliver Sterling Michael Cochrane Roy Tucker Ian Pepperell	Presenter: Sheila Dillon Producer: Tom Bonnett	Additional cast: Ronan Braisb	, Dominic Cooper, Ethan
Philip Moss Andy Hockley Gavin Moss Gareth Pierce		Godbold, Olivia Sephton,	, Daniel King, Georgia Mahoney
Lee Bryce Ryan Early	SUN 12:57 Weather (m000h7ls)	and Harvey Kitchen.	, Daniel King, Georgia Matoney
Blake Luke MacGregor	The latest weather forecast	Recorded on location in Barns	
SUN 11:00 The Reunion (b00k2q8s)	SUN 13:00 The World This Weekend (m000h7lv)	The Civic and the Pauline Qui	rke Academy, Barnsley.
Beirut Hostages	Global news and analysis, presented by Mark Mardell.	Sound Recordist: Alisdair Mc Sound Design & Music: Lucin	
Sue MacGregor presents the series which reunites a group of people intimately involved in a moment of modern history.	SUN 13:30 Three Vicars Talking (m000h7lx)	Production Manager: Sarah To Director: Fiona McAlpine	
	Easter	Producer: Lucinda Mason Bro	wn
Beirut hostages John McCarthy, Brian Keenan and Terry Waite discuss their shared experiences and are joined by campaigner	From Lent, through to the crucifixion of Jesus on Good Friday	A Goldhawk Essential product	ion for BBC Radio 4
Jill Morrell, who was the girlfriend of John McCarthy at the time.	and the resurrection on Easter Sunday, Reverends Richard Coles, Kate Bottley and Giles Fraser chat about Easter and how		
A Whistledown production for BBC Radio 4.	the current coronavirus outbreak challenges the church.	SUN 16:00 Open Book (m00 Evie Wyld, Louise Doughty or	
	Producer: Neil Morrow	Samson and Leonard Cohen's	
SUN 11:45 Encounters with Victoria (m0004sd0)			Wyld about The Bass Rock, her
1: Kinky Lord M	SUN 14:00 Gardeners' Question Time (m000h7lz) GQT At Home: Episode Two	new novel about a Scottish isla generations of women constrain	
Lucy Worsley, Chief Curator, Historic Royal Palaces, begins a new 10 part exploration of Queen Victoria's reign through	Kathy Clugston is joined by Matthew Wilson, Pippa	Louise Doughty investigates gl	nostly narrators in fiction, a
significant encounters.	Greenwood and James Wong from the comfort of their own homes, answering horticultural questions sent in by the	haunting device used in her lat	est Platform Seven.
1: Accession Day & Kinky Lord M - 1837 Charming, saturnine, worldly-wise and interested in sadistic	audience.	And a very different island is a	liscussed with Polly Samson, Leonard Cohen's time on Hydra
sexual practices, Lord Melbourne appears in Queen Victoria's	This week the panel tackles questions on how to grow seeds in	and his relationship with Austr	
journal at 9am on the day she becomes Queen. He will guide her through the day's ceremonies and controversies, fending off	an old grow bag if you don't have access to a garden, and ideas to get teenagers outside and involved in gardening. They also		
on her behalf her disliked mother and former guardian, John Conroy. Lord M., as she called him, was soon half in love with	recommend ways to make your last remaining supply of compost go far, and advise on office plants that may not be	SUN 16:30 Bronzeville Beat Patricia Smith - Gwendolyn's	
his 18-year-old mistress, but this could be politically dangerous to the young Queen who was too stubborn and headstrong to	seeing so much water these days.	Born & raised on Chicago's W	est side. Poet teacher and
listen to what her mother, wiser and more loving that she's given	Away from the questions, Matt Biggs tells the story of the Dig	performance artist Patricia Sm	ith came to verse late but is
credit for, had to say. With historian Philip Ziegler. Reader: Sarah Ovens, Michael Bertenshaw, Sabine Scherek &	for Victory campaign in the Second World War, and Chris Beardshaw gives us his gardening glossary.	powerful & exact chronicles th	
Rhianna Warne Producer: Mark Burman	Producer: Dan Cocker		& Blood Dazzler, Smith takes on ory and the devastating impact of
	Assistant Producer: Rosie Merotra	hurricane Katrina to sear poet hears her voice.	y into society. Maria Margaronis
SUN 12:00 News Summary (m000h7ln) The latest national and international news from BBC Radio 4.	A Somethin' Else production for BBC Radio 4	Producer: Mark Burman	
	SUN 14:45 The Listening Project (m000h7m1)	SUN 17:00 Left Out of Powe	r (m000b0gr)
SUN 12:04 Thanks a Lot, Milton Jones! (m000h2d3)	Sunday Omnibus - Our Shared Experience	Steve Richards examines the c	hallenges for the Labour party
Series 4	Fi Glover presents the omnibus edition of the series that proves	its successive electoral defeats	mer. He explores the reasons for and the options it now faces with
The Theatrical Impresario	it's surprising what you hear when you listen - with three conversations about our shared existence past and present.	leading Labour figures, includ Charles Clarke, Peter Hain, Ed	
Curtain up! Light the lights! Milton's got nothing to hit but the people from the rival theatre who are trying to destroy his	The Listening Project is a Radio 4 initiative that offers a	Producers: Jonathan Brunert a	
theatrical dreams.	snapshot of contemporary Britain in which people across the UK volunteer to have a conversation with someone close to		
Mention Milton Jones to most people and the first thing they	them about a subject they've never discussed intimately before.	SUN 17:40 Profile (m000h7c	
think is "Help!". Each week, Milton and his trusty assistant Anton set out to help people and soon find they're embroiled in	The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate	[Repeat of broadcast at 19:00	on Saturdayj

Radio 4 List	Page 5 of 16		
SUN 17:54 Shipping Forecast (m000h7m8)	Producer: Neil George	the so-called Hollywood witch-hunt. She hears from actor	
The latest weather reports and forecasts for UK shipping <i>SUN</i> 17:57 Weather (m000h7mb) The latest weather forecast.	Archive clips from: Desert Island Discs: Bill Frankland, Radio 4 09/08/2015; See You Sunday, BBC One Wales 17/03/1991; BBC Oral Histories: John Tydeman; The Mole Truth, Radio 4 20/12/2008; Desert Island Discs: The Marquess of Bath, Radio 4 07/01/2001; The Thynne Blue Line, BBC TV 11/07/1971; Jools Holland, Radio 2 16/05/2011; The Avengers, ABC 1961.	Shale and historians Pamela Hutchinson and Colin Shindler. <i>SUN</i> 23:30 Something Understood (b075mfc3) [Repeat of broadcast at 06:05 today]	
SUN 18:00 Six O'Clock News (m000h7md) The latest national and international news from BBC Radio 4.	Interviews in this programme with John Tydeman were taken	MONDAY 13 APRIL 2020	
	from his contribution to the BBC Oral History Collection, an		
SUN 18:15 Pick of the Week (m000h7mg) Reverend Kate Bottley	archive of more than 600 interviews with former BBC staff. For more information see: https://www.bbc.com/historyofthebbc/100-voices/	MON 00:00 Midnight News (m000h7mm) The latest news and weather forecast from BBC Radio 4.	
The best of BBC Radio this week.	SUN 21:00 Money Box (m000h7bz) [Repeat of broadcast at 12:04 on Saturday]	MON 00:15 Thinking Allowe The changing middle classes	d (m000254f)
SUN 19:00 The Archers (m000h7mj) Harrison attempts to get to the bottom of recent events, and Freddie has something on his mind.	SUN 21:25 Radio 4 Appeal (m000h7l8) [Repeat of broadcast at 07:54 today]	changing or shrinking in differ at the rise of the Chinese midd of the African American midd Landry, Emeritus Professor of	Sociology at the University of
SUN 19:15 Just a Minute (b00gvjpg) Series 54	SUN 21:30 In Business (m000h0w2) Could carbon offsetting save the world's forests?	Maryland and Ying Miao, Lec University.	turer in Politics at Aston
Episode 5	Honey bees, cow dung and mulch - the company in Zimbabwe	Producer: Jayne Egerton	
Nicholas Parsons chairs the devious word game. The panellists are Paul Merton, Liza Tarbuck, Gyles Brandreth and Sue Perkins. Episode first broadcast on 26th January 2009.	that is protecting the forests in order to offset carbon emissions. As Charlotte Ashton wrestles with 'flight shame', she wants to find out where her money goes if she chooses to offset her flight. She lives in Zimbabwe, but is from the UK and doesn't have the money or time to spend three weeks at sea, sailing	MON 00:45 Bells on Sunday [Repeat of broadcast at 05:43	
SUN 19:45 Short Works (b0bjzwjp) BBC National Short Story Award 2018	home to visit relatives. She focuses on a company based in Zimbabwe that runs one of the largest projects of its kind in the world and discovers how carbon credits work. Carbon Green	MON 00:48 Shipping Foreca The latest weather reports and	
White Squares	Africa's project focuses on protecting existing forests, rather	MON 01-00 S-1	Would Couries Description
Five commissioned short stories to celebrate this year's BBC National Short Story Award:	than planting new trees and her journey takes her to some surprising places. In a programme recorded last November, Charlotte finds that preventing deforestation not only helps her first her and the preventing the formation of the prevention of the second secon	(m000h7mr) BBC Radio 4 joins the BBC W	Vorld Service Programmes
In White Squares by last year's winner, Cynan Jones, a man hunts ducks from the river bank as they begin their journey downstream. His reasons for doing this are unusual, poignant	offset her carbon emissions, but helps give people in a remote part of Zimbabwe new jobs and access to international markets. Guests: Charles Ndondo and Rory Muil, Carbon Green Africa	MON 05:33 Shipping Foreca The latest weather reports and	
Reader Stephen Campbell Moore	Christian Dannecker, South Pole		
Producer Duncan Minshull.	Presenter: Charlotte Ashton Producer: Phoebe Keane	MON 05:43 Prayer for the D A spiritual comment and prayer Helen-Ann Hartley	
SUN 20:00 Feedback (m000h26g) Does BBC local radio have a special role to play in the coverage of the coronavirus crisis and, with many of its staff in isolation, does it have the resources to do it?	SUN 22:00 Archive on 4 (b04m9z8t) Cerys Matthews unlocks an archive of rare interviews, made by her uncle Colin Edwards, with Dylan Thomas's closest friends and family. The recordings date from the early 1960s, a decade after the poet's death, when his reputation was becoming	Good morning. On this day in 1742, George F 'Messiah' was given its first pe remained a popular staple of c	rformance in Dublin. It has
Roger Bolton puts these and other questions to Chris Burns who runs BBC local radio. A reporter from Radio Gloucestershire explains how her station is coping, having only just finished covering the terrible floods in the Severn area before the virus struck.	clouded by scandal. Cerys believed the recordings lost or destroyed. In fact, over a hundred hours of interviews were bequeathed to the National Library of Wales by her uncle's widow and some of them are broadcast here for the first time.	in this Easter season.	
And two more listeners have been taken out of their comfort zones. Has it changed their listening habits?	This personal journey into the archive is both a celebration of the life of Dylan Thomas and a glimpse into the life of her	husband, a musician decided a	t the last minute to pack a score use. It turned out that this was a
Presenter: Roger Bolton Producer: Kate Dixon Executive Producer: Samir Shah	uncle - an eccentric, radical journalist and film-maker'. Here Cerys goes Under Milk Wood - into the communities in which Dylan Thomas lived.	musical performances we have accompanying on the organ, a	e ever heard. With my husband church modestly filled with local ect harmony the oratorio's iconic
A Juniper Connect production for BBC Radio 4	We hear Dylan's mother, Florence, describe how the eight-year- old Dylan would write poems about the kitchen sink. Dylan's school friend Charles Fisher recalls how he 'collected words	Music has immense power to o	
SUN 20:30 Last Word (m000h26d) Dr Bill Frankland MBE, John Tydeman OBE, The Marquess of Bath, Honor Blackman	like rare butterflies'. Dylan's daughter, Aeronwy, reflects on his daily rituals and drinking habits. One of his closest friends Bert Trick, a Marxist grocer from Swansea, describes Dylan's profane sense of humour. And we hear from theatre director	expression to our feelings, muschallenge too. I know musician	sic has an ability to console and as and choirs are missing being an person at the moment. I never
Pictured: Dr Bill Frankland	Philip Burton and poet Robert Lowell about meetings with	music on a Pacific Island, and	I was surprised with the freshness
Julian Worricker on:	Dylan towards the end of his life.	Tongan singers and reflect on	sten to it without thinking of the how much they taught me about
Dr Bill Frankland, who survived three years in a Japanese prisoner of war camp, studied under Alexander Fleming, and brought the pollen count into the public arena	'Listening to these tapes I started to understand the strange contradictions at the heart of Dylan Thomas. The boozer with the self-discipline to write verse, the child with a visionary voice, the buffoon who took life so seriously,' says Cerys.	joy for the gift of life. Today we pray and give thanks composers. God who instils cr to use our gifts – even in lockd	eativity in each one of us, help us
The radio drama producer, John Tydeman, whose work contributed to the success of Joe Orton and Sue Townsend	Some of Cerys's favourite Dylan Thomas poems and writings are set to music in the programme. Jeff Towns, Terry Jones, Andrew Lycett, Gwen Watkins and David Thomas also	around us.	
Alexander Thynne, better known as the Marquess of Bath, an artist and aristocrat, whose home was the Longleat estate in Wiltshire	Produced by Sarah Cuddon	MON 05:45 Farming Today	(m000h7n0)
	A Falling Tree production for BBC Radio 4	13/04/20 Success and struggle	
And the actress, Honor Blackman, remembered most for her portrayals of Cathy Gale in The Avengers and Pussy Galore in Goldfinger.	SUN 23:00 The Film Programme (m000h0vl)	farm shops and cafés - but Eas	
Interviewed guest: Paul Watkins	I Am Spartacus		ers about how their businesses
Interviewed guest: Sir John Tusa Interviewed guest: Enyd Williams Interviewed guest: Nesta Wyn Ellis	With Francine Stock. "I Am Spartacus" is one of the most famous lines in film history	Rupert Evans has transformed	ey're making to survive the crisis. his 100 seat café in Staffordshire se. Click and Collect, 'drive thru'
Interviewed guest: Dr Josephine Botting	and Francine tells the backstory of that line and how involved	style shopping has proven to b	

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business. Butchery sales have quadrupled, fruit and veg are flying off the shelves and demand for beer and wine has doubled. Rupert believes shoppers are returning to local food and they're here to stay. But not every business is having such a positive and profitable

But not every business is having such a positive and profitable experience. Cheese maker Selina Cairns of Errington Cheese in South Lanarkshire makes award-winning cheese from a flock of 300 sheep and 100 dairy goats. 80% of her cheese was destined for restaurants or farmers' markets – but now has nowhere to 90.

Faced with a massive backlog of cheese - and the constant supply of milk - Selina frantically set up an online shop, but is struggling to attract enough customers.

Anna brings in farm retail consultant John Stanley, a chestnut grower in Western Australia. John offers tips on making the best out of the Covid-19 era in the hope businesses like Selina's will still be here next Easter. Produced and presented by Anna Jones.

MON 05:56 Weather (m000h7n2) The latest weather forecast for farmers.

MON 05:58 Tweet of the Day (b02tw3ns) Corncrake

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. Steve Backshall presents the corncrake.

The rasping repeated call of the corncrake was once a familiar sound of hay meadows throughout the UK. However these birds were no match for mechanical mowers which destroyed their nests and they're now mainly found in the north and west where conservation efforts are bringing them back to lush meadows and crofts.

MON 06:00 Today (m000h8fs) News and current affairs, including Sports Desk, Weather and Thought for the Day.

MON 09:00 Start the Week (m000h8fv) Nature worship

On Easter Monday, Andrew Marr talks to the psychiatrist and keen gardener Sue Stuart-Smith on our love for nature. In The Well-Gardened Mind: Rediscovering Nature in the Modern World, she blends neuroscience, psychoanalysis and real-life stories. She reveals the remarkable effects that gardens and the great outdoors can have on us.

William Wordsworth was the great poet of the British countryside, celebrated for his descriptions of daffodils and the passing of the river above Tintern Abbey. But in a new biography, Radical Wordsworth: The Poet Who Changed the World, Sir Jonathan Bate shows how Wordsworth also made nature something challenging and even terrifying. The poet drew on shocking revolutionary ideas from the continent, including patheistic atheism: the worship of nature.

Producer: Hannah Sander

MON 09:45 The Restaurant: A History of Eating Out (m000h8fx) Episode 1

The history of eating out is a story of life - of politics, courage, skill, art, innovation and of luck. We start in Pompeii, where the town was engulfed in lava in AD79 and where, in the excavations, much was discovered about how the Romans ate out - many restaurants doubled up as brothels.

In the Ottoman Empire, we discover that doner kebabs were cooked in the open air at dainty picnics where learned men read books to each other while a cook carved the meat from a long wedge being turned on a spit over hot coals.

After Henry VIII's break from Rome and the Dissolution of the Monasteries, travellers were left with nowhere to get a meal and a bed for the night and so the monastic staff who survived the purges needed places to work and very enterprisingly opened taverns which were soon packed with locals and visitors. This meant that, for the first time, people weren't humbly receiving bread and wine from a benevolent monk but receiving sustenance that they were paying for themselves - which, to an oppressed servant, must have felt like freedom.

On the day of the storming of the Bastille, it was estimated that one in every twelve men were in domestic service. Now, with the disappearance of the chateaux kitchens, many of the unemployed chef's opened restaurants in Paris and then later in London, where rich Englishmen were keen to discover how the French aristocracy had lived. By the 1820s, Paris was freed from the restraints of the revolution and became fashionable again with luxurious shops and restaurants and chef's – notably Marie-Antoine Careme who turned French cuisine into Gastronomy and remains an influence on chefs even to this day

The 20th Century saw the birth and domination of fast food.

In 1948, McDonalds became successful by simplifying their menu and doing away with the need for utensils. A man called Glen Bell found a way to mass produce Tacos in 1951, which led to another fast food craze, and sushi became a world favourite after a Japanese entrepreneur visited a brewery and was inspired by the conveyer belt system of carrying bottles, which he adapted for his restaurants.

The Indian restaurant started life in the 1940s when a number of cafes sprang up in London's Brick Lane and Commercial Road to support a community of seamen from Bangladesh. More restaurants blossomed in bombed out shops and, by the 50s, Indian restaurants spread across towns and cities throughout the UK becoming a firm favourite with students.

Albert and the late Michel Roux set the standard of English restaurant food in 1960s London whether it was liked it or not. Customers complained that the portions were too small. "This is French gastronomy," Michel told one such couple, with his finest charming smile, a few days after the launch. But there were enough Londoners to keep the restaurant busy and full from day one. By March 1968, Le Gavroche was famous.

Written by William Sitwell Read by Lesley Sharp

A Pier production for BBC Radio 4

MON 10:00 Woman's Hour (m000h8fz) The programme that offers a female perspective on the world

MON 10:45 The Mill on the Floss, by George Eliot (m000h8g1) The Red Deeps

Episode Six

The Red Deeps George Eliot's absorbing tragedy of financial ruin, desire, betrayal and moral conflict adapted by Rhiannon Tise. Four years have passed and Maggie is reunited with a friend from the past and Tom is determined to help his father win back The Mill.

George Eliot, the Narrator Anna Maxwell Martin Maggie Joanna Vanderham Stephen Jack Farthing Philip Chris Lew Kum Hoi Tom Will Kirk Lucy Ell Potter Mr Tulliver Roger Ringrose Mrs Tulliver Alison Belbin Mr Wakem John Dougall Bob Kurtis Lowe Mrs Moss Heather Craney Dr Kenn Hasan Dixon Mrs Glegg Elizabeth Counsell

Written by George Eliot Adapted by Rhiannon Tise

Produced and Directed by Tracey Neale

MON 11:00 The Untold (m000h8g3) Ron and his Royal Medal

In the 1970s, Ronnie Russell accidentally saved Princess Anne.

Ron was a heavyweight boxer – 6'4" with "very large" hands – who had grown up in the East End and learnt to box at the Kray twins' gym.

He was travelling back from his job as a manager of a cleaning firm when he passed a car with a blue light, and witnessed another car stop in front of it. He knew the blue light meant it had a royal passenger. He thought it was a case of road rage and was concerned that the person about to lose their rag didn't realise the trouble they would soon be in.

"If I see someone in trouble, I always think I'm a good person to stop it."

And so he got out of his car and went over to intervene – and that is when he saw the man pull a gun out. The man was Ian Ball, and he was attempting to kidnap the Princess Royal. He managed to shoot four people, before Ron got to him and knocked him out.

The Queen awarded him the George Medal – the highest award for civilian gallantry. But now, at the age of 72, and following ten years of health problems, Ron has decided to sell the medal in order to give him a secure future. It's not just the money he wants. At the time, he wasn't allowed to speak to the press, and he feels some things were misreported. He wants the chance to tell his story. But he gets more than he bargained for – the news that he is to sell his medal, results in a media frenzy, and in the middle of this, good Samaritans start crowdfunding for him, and benefactors come forward offering to give him the money he needs for his future so he can keep it. What will he do?

Produced by Polly Weston

MON 11:30 Loose Ends (m000h7cm) [Repeat of broadcast at 18:15 on Saturday]

MON 12:00 News Summary (m000h8g6)

The latest national and international news from BBC Radio 4.

MON 12:03 Shipping Forecast (m000hcyg) The latest weather reports and forecasts for UK shipping.

MON 12:06 American Dirt, by Jeanine Cummins (m000h8g8) 6. La Miera

Jeanine Cummins' heart-stopping and heart-rending novel following a mother and son, forced to flee the Mexican cartel that massacred their family.

Today: As Lydia and Luca continue their gruelling journey north, Lydia learns some shocking news about El Jefe's daughter.

Writer: Jeanine Cummins Reader: Yolanda Vazquez Abridger: Richard Hamilton Producer: Justine Willett

MON 12:20 You and Yours (m000h8gb) News and discussion of consumer affairs

MON 12:57 Weather (m000h8gd) The latest weather forecast

MON 13:00 World at One (m000h8gg) Mon-Thurs: Analysis of news and current affairs, presented by Sarah Montague. Fri: Analysis of news and current affairs, presented by Mark Mardell.

MON 13:45 A History of the World in 100 Objects (b00pwmgq) Making Us Human (2,000,000 - 9000 BC)

Mummy of Hornedjitef

The Director of the British Museum, Neil MacGregor, retells the history of human development from the first stone axe to the credit card using 100 selected objects from the Museum. His history will cover two million years and include items that were made in every part of the globe. But his journey begins when, at the age of eight, he visited the British Museum for the first time and came face-to-face with an object that fascinated and intrigued him ever since- an Egyptian mummy.

Hornedjitef was a priest who died around 2250 years ago, and he designed a coffin that, he believed, would help him navigate his way to the afterlife. Little did he know that this afterlife would be as a museum exhibit in London. This ornate coffin holds secrets to the understanding of his religion, society and Egypt's connections to the rest of the world.

Neil MacGregor tells the story of Hornedjitef's mummy case, with contributions from egyptologist John Taylor, Egyptian author Ahdaf Soueif and Indian economist and Nobel Prize winner Amartya Sen

MON 14:00 The Archers (m000h7mj) [Repeat of broadcast at 19:00 on Sunday]

MON 14:15 Drama (m000h8gk) The Penny Dreadfuls Present: Richard III Rebothered

Rather than a conniving and treacherous hunchback, Richard was an honest and loyal warrior with only a slight spinal kink, nothing you'd notice if you weren't looking for it. This is the story of how, through the invention of the printing press, a good man became the first victim of fake news and how The Tudor dynasty was built on a foundation of lies by the world's first spin-doctor, Henry Tudor.

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Radio 4 Lis	stings for 11 – 17 April 2020	Page 7 of 16	
Written by David Reed. Performed by David Reed, Thom	Tetsell (Peep Show, Upstart Crow).	being discovered about the science behind it?	
Fuck, Humphrey Ker, Margaret Cabourn-Smith and Celeste Dring.	With music by Guy Jackson	A Ruth Evans production for BBC Radio 4	
ProducerJulia McKenzie A BBC Studios Production	Produced and directed by David Tyler		
-	A Pozzitive production for BBC Radio 4	MON 21:30 Start the Week (m000h8fv) [Repeat of broadcast at 09:00 today]	
MON 15:00 Brain of Britain (m000h8gm)		[Repeat of broadcast at 09.00 today]	
Heat 2, 2020	MON 19:00 The Archers (m000h8h2) Robert faces friction at the B&B, and Shula proves a bad	MON 22:00 The World Tonight (m000h8h7)	
2/17) n classical mythology, what was the name of the first mortal	influence.	In depth reporting, intelligent analysis and breaking news from a global perspective	
voman, created by Hephaestus? And which South American		a giobai perspective	
ity gave its name to a Madonna hit of 2019? If you can answer tither of these questions you might be able to keep pace with	MON 19:15 Front Row (m000h8h4) Roy Hudd	MON 22:45 American Dirt, by Jeanine Cummins	
he competitors in the second heat of the 2020 Brain of Britain eason. Four competitors from around the UK take the first step	Roy Hudd was a comedian, actor and music-hall veteran whose	(m000h8g8) [Repeat of broadcast at 12:06 today]	
n the knockout competition leading to the 67th annual Brain of	career spanned seven decades. He sadly passed away in March.	[Repeat of broadcast at 12:06 today]	
Britain title.	Starting out as a redcoat at Butlins in the 1950s, Roy became one the UK's best-loved entertainers. His show The News	MON 23:00 Lights Out (m000h8h9)	
Appearing today are: Graeme Anderson, a former HR director from Tonbridge in	Huddlines ran for 26 years on Radio 2.	Series 2	
Kent	When Samira spoke to Roy in 2015, he was approaching his	Prison Sentences	
Daniel Lawson, a medical student from the Wirral Rebecca Lovegrove, a retired musician and music teacher from	80th birthday, and was about to play Dame for the first time in panto, in Dick Whittington at Wilton's Music Hall.	The UK prison population has risen by 69% in the last 30 years	
Redruth in Cornwall Nathan Mulholland, an economist from County Derry.	He discussed a lifetime of entertaining audiences, his close	Lots of people have lots of opinions about prison - politician	
	relationship with Dennis Potter, who left Hudd a role in his will,	newspapers, artists and, of course, former prisoners themselv	
Producer: Paul Bajoria	and his grandmother, who raised him, and to whom he owed his passion for variety and music hall.	Prison Sentences offers a meditation on the efficacy of priso through opinions, statistics, statements of policy and the	
MON 15:30 The Food Programme (m000h7lq)	Presenter: Samira Ahmed	testimony of those who've experienced it first hand.	
Repeat of broadcast at 12:32 on Sunday]	Producer: Timothy Prosser	24% of prisoners were brought up in care	
		29% of prisoners were abused as children 42% of prisoners were excluded from school	
MON 16:00 Beyond Belief (m000h8gt) Ethical Investing	MON 19:45 The Mill on the Floss, by George Eliot (m000h8g1)	62% of prisoners have a reading age of 11 or under 15% of prisoners were homeless before entering prison	
	[Repeat of broadcast at 10:45 today]	33% will be homeless when they leave	
t is estimated that religious institutions own trillions of dollars' worth of investments but some have acknowledged that their		"We know not whether laws be right	
inancial choices have not always reflected their principles. Can faith values help people to choose how to invest their money in	MON 20:00 China and the Virus (m000h7x6) Has the coronavirus epidemic weakened or strengthened the	Or whether laws be wrong All we know who lie in gaol	
vays that align with their ethics? Can new technologies like	grip of China's Communist Party?	Is that the walls are strong	
blockchain provide greater transparency and control, and where ire the potential pitfalls for people looking to invest their	In the early stages of the outbreak in the city of Wuhan,	And each day is like a year A year whose days are long."	
noney?	authorities there downplayed its significance. A doctor who sounded the alarm was forced to contradict himself. He later	The Ballad of Reading Gaol, Oscar Wilde	
oining Ernie Rea to discuss ethical investing are Rabbi Mark Goldsmith of the Edgware & Hendon Reform Synagogue and	contracted Covid-19 and died from it. Medical facilities were initially unprepared. This and other similar stories led to an	With music from The Clash, Olivier Messiaen, Sam Cooke, Zimbo Freemind, Johnny Cash, The Band, Remtrex, Fox, La	
nember of the International Interfaith Investment Group; Devie	explosion of critical comment on Chinese social media, with	Unchained, Malvina Reynolds and Nina Simone. And archiv	
Mohan, an expert in the relationship between finance and echnology; Martin Palmer President of Faith Invest and Umer	deep distrust emerging of the official explanations.	from Porridge, Linton Kwesi Johnson, Cool Hand Luke, Rug Everett reading Wilde, Benjamin Zephaniah, The Shawshanl	
Suleman a member of the UK Islamic Finance Council and a Sharia Finance Consultant.	President Xi Jinping initially avoided becoming publicly involved in the response to the epidemic, perhaps to avoid a	Redemption, Hooked, John Cooper Clarke and Midnight Express,	
	political taint. The government then began do change tack,		
Producer: Dan Jackson Series Producer: Amanda Hancox	instituting wide-ranging and it seems effective restrictions, which have slowed the growth of the epidemic. The central	Produced by Josie Bevan and Alan Hall A Falling Tree production for BBC Radio 4	
	government blamed any problems on failings by local authorities. Many Chinese citizens are now taking pride in their		
MON 16:30 PM (m000h8gw)	country's response, even arguing that it is an example to the	MON 23:30 The Voices of (m0006lng)	
Afternoon news and current affairs programme, reporting on preaking stories and summing up the day's headlines	world, despite the continuing economic slowdown.	Series 4	
	In this documentary, Mark Mardell assesses how President Xi and his government will emerge from the crisis.	Alison Goldfrapp	
MON 18:00 Six O'Clock News (m000h8gy)		An intimate portrait of Alison Goldfrapp, an innovative artis	
The latest national and international news from BBC Radio 4.	Producer: Cat Farnsworth	and electronic dance music performer (with Goldfrapp) who voice is inflected with folk, opera and cabaret styles.	
MON 18:30 Thanks a Lot, Milton Jones! (m000h8h0)	MON 20:30 Crossing Continents (m000h0tw)	Recorded overnight on a walk through woods in Hampshire	
Series 4	Riding the 'Motel 22'	during the summer solstice and at her home in east London, evocation of one of Britain's most versatile singers touches o	
Milton Jones - Eco Worrier	California is one of the wealthiest states in America yet it has	Alison's childhood and the impact of being educated by nuns	
Milton goes under the sea to save the earth and stumbles across	the largest population of homeless people – more than 151,000 - in the US. In the Silicon Valley many find shelter on the bus	her adventures across experimental art forms, the joy of a thumping electronic dance track and the enduring allure of	
mysterious Great Aunt at the same time. Meanwhile, Anton gets his fingers burnt by an old flame.	route 22 which runs an endless loop from Palo Alto to the Valley's biggest city, San Jose. Along the way it passes some of	nature, both in her music and her life.	
	the world's biggest tech giants: Google, Apple, Hewlett-Packart and Facebook. It is the Valley's only all night bus and many of	Presented and produced by Alan Hall A Falling Tree production for BBC Radio Four	
Mention Milton Jones to most people and the first thing they think is "Help!". Each week, Milton and his trusty assistant	its night-time passengers ride it to keep warm and sleep. But	A Falling Tree production for BBC Radio Four	
Anton set out to help people and soon find they're embroiled in a new adventure. Because when you're close to the edge, then	now the state is in the grips of the coronavirus pandemic the overnight service has been suspended. Earlier this year, Sarah		
Milton can give you a push.	Svoboda took a ride on the bus, known to many as Motel 22, to hear the stories of its travellers.	TUESDAY 14 APRIL 2020	
'Milton Jones is one of Britain's best gagsmiths with a flair for		TUE 00:00 Midnight News (m000h8hc)	
rreating daft yet perfect one-liners" - The Guardian.	Reporter/producer: Sarah Svoboda Editor: Bridget Harney	The latest news and weather forecast from BBC Radio 4.	
King of the surreal one-liners" - The Times		TUE 00:30 The Restaurant: A History of Eating Out	
If you haven't caught up with Jones yet - do so!" - The Daily	MON 21:00 Blind Mind's Eye (m000h0ff) What if you had no mind's eye _ no visual memory _ and could	(m000h8fx)	
Mail	What if you had no mind's eye – no visual memory – and could not evoke images of your children's faces, the house you live in,	[Repeat of broadcast at 09:45 on Monday]	
Written by Milton with James Cary (Bluestone 42, Miranda), and Dan Evans (who co-wrote Milton's Channel 4 show House	the meal you've just eaten or the holiday you've recently taken?	TUE 00:48 Shipping Forecast (m000h8hf)	
Of Rooms), the man they call "Britain's funniest Milton,"	The idea seems inconceivable, but that's the reality for people with a condition known as Aphantasia	The latest weather reports and forecasts for UK shipping	
eturns to the radio with a fully-working cast and a shipload of new jokes.	with a condition known as Aphantasia.		
	Sue Armstrong investigates the personal experience of people	TUE 01:00 Selection of BBC World Service Programmes	
The cast includes regulars Tom Goodman-Hill (Spamalot, Mr.	with Aphantasia. When did they become aware of it, how it has	(m000h8hh)	

Radio 4 Lis	Page 8 of 16	
<i>TUE</i> 05:33 Shipping Forecast (m000h8hk) The latest weather reports and forecasts for UK shipping	through the decolonisation years and beyond, this series hears from modern Black musicians, commentators and historians, to get to the heart of Black music in Europe.	<i>TUE</i> 10:00 Woman's Hour (m000h8pj) The programme that offers a female perspective on the world
<i>TUE</i> 05:43 Prayer for the Day (m000h8hp) A spiritual comment and prayer to start the day with Bishop Helen-Ann Hartley	This episode looks at the music of Black Europe at the height of the 1960s. We hear about Cameroonian guitar legend Francis Bebey in Paris, afrobeat pioneer Fela Kuti in London and free jazz globetrotter Don Cherry in Stockholm. Clarke also tells the	<i>TUE</i> 10:45 The Mill on the Floss, by George Eliot (m000h8pl) The Wrong Doing of Others
Good morning.	Story of jazz group The Blue Notes, who fled apartheid South Africa for a new life in Europe.	Episode Seven The Wrong Doing of Others
When was the last time you laughed, I mean really laughed? In these days of anxiety and concern, it's been interesting to note those moments of humour that pop up on a daily basis. There are plenty opportunities it seems, to raise a smile or have a proper laugh-out-loud experience. Today as it happens, is 'International Moment of Laughter Day', so I wonder what it might be that will make me laugh today?	Produced by Tom Woolfenden Executive Producer: Miranda Hinkley A Loftus Media production for BBC Radio 4 <i>TUE</i> 09:30 The Extinction Tapes (m0009yxc)	The 'rascals' may have been beaten but conflict rears its head at Dorlcote Mill. George Eliot, the Narrator Anna Maxwell Martin Maggie Joanna Vanderham Tom Will Kirk Mr Tulliver Roger Ringrose
Watching funny clips shared on social media, and family pets getting in the way of video-conference conversations, are just a couple of examples of things that feature in an average day of this 'new normal' I find myself in, and I know I'm not alone in that regard. I was recently overseeing what is usually quite a	Steller's Sea Cow Rob Newman tell the story of a species we've lost forever, and explores our role in their extinction. Steller's Sea Cow was a gentle giant of the Bering Sea, a nine-	Mrs Tulliver Alison Belbin Stephen Jack Farthing Lucy Ell Potter Mr Wakem John Dougall Written by George Eliot
solemn and serious process via video-conference, when a colleague's cat suddenly appeared, its body pressed up against the camera filling the entire screen with fur. Perhaps naturally, our response was laughter (albeit expressed in a somewhat modest way). It lifted the mood, and everyone smiled. We	meter long relative of the Dugong and the Manatee. This is a story of swaying forests of kelp: insatiable urchins covering the sea-floor; families of sea-otters, displaced by hunting, and a growing fur-trade which threatened them all. When a delicate ecosystem gets thrown out of balance, the effects can be far-	Adapted by Rhiannon Tise Produced and Directed by Tracey Neale
regained composure and continued, but the unexpected intervention of a feline companion stayed with us.	reaching, and devastating.	TUE 11:00 The NHS Front Line (m000h8pn) Week 4 on the covid wards
A few years ago, a study found that babies laugh on average 300 times a day, whereas adults laugh only 20 times. Now I'm not encouraging laughing purely for the sake of it, rather it's a reminder not to take myself too seriously, and perhaps to see my own context today in a lighter way. That might be a challenge, but I'll give it a go.	Produced in Bristol by Emily Knight <i>TUE</i> 09:45 The Restaurant: A History of Eating Out (m000h8pg) Episode 2 The kinter of eating out is a story of life of politice company	Dr John Wright has been recording on the wards for BBC Radio 4 – starting on March 16th, the day the Prime Minister gave his first televised address about the danger of Covid-19. This is week four of his diaries, recorded as the number of cases starts to increase and the pressures on the frontline team intensify.
God who in Jesus Christ knew and experienced human emotion, we give thanks for all that lifts our souls. For comedians and performers who inspire laughter and delight in life, especially in this period of lockdown, we give you thanks this day.	The history of eating out is a story of life - of politics, courage, skill, art, innovation and of luck. We start in Pompeii, where the town was engulfed in lava in AD79 and where, in the excavations, much was discovered about how the Romans ate out - many restaurants doubled up as brothels.	These recordings with frontline NHS staff at all levels, take you behind the scenes on the wards as they plan for what is to come and then cope as the patients arrive. They let us share in the pressures, personal and professional, and in the decisions being made in the face of this unprecedented threat.
Amen.	In the Ottoman Empire, we discover that doner kebabs were cooked in the open air at dainty picnics where learned men read books to each other while a cook carved the meat from a long	Professor John Wright is helping Bradford Royal Infirmary to get ready for Covid-19. He's looked after patients all over the
<i>TUE</i> 05:45 Farming Today (m000h8hr) 14/04/20 Yorkshire Shepherdess, lamb bacon, onions, Cornish veg boxes	wedge being turned on a spit over hot coals. After Henry VIII's break from Rome and the Dissolution of the Monasteries, travellers were left with nowhere to get a meal and	world – cholera and HIV in Southern Africa, Ebola in Sierra Leone. He thinks it's important we should all know what we are facing.
Coronavirus is shutting Britain down, but farmers are still out producing food. We hear from some of them. Amanda Owen, the Yorkshire Shepherdess, is experiencing lambing time with a difference with her 9 children off school on her farm in Swaledale, North Yorkshire. We hear about lamb bacon being cured in West Wales, and onions being sown in Lincolnshire. And an update from our	a bed for the night and so the monastic staff who survived the purges needed places to work and very enterprisingly opened taverns which were soon packed with locals and visitors. This meant that, for the first time, people weren't humbly receiving bread and wine from a benevolent monk but receiving sustenance that they were paying for themselves - which, to an oppressed servant, must have felt like freedom.	Presented by Winifred Robinson Produced by Sue Mitchell Sound Production by Richard Hannaford <i>TUE</i> 11:30 Out of the Wood (m000h8pq) For fifty years, Italian sculptor Giuseppe Penone has worked
Farming Today diarist growing veg in North Cornwall. Presented by Caz Graham and produced by Beatrice Fenton.	On the day of the storming of the Bastille, it was estimated that one in every twelve men were in domestic service. Now, with	with, in around and through trees. One of his most staggering techniques involves carefully stripping back the layers of a tree - using its rings as gradients,
TUE 05:58 Tweet of the Day (b02twjfh)	the disappearance of the chateaux kitchens, many of the unemployed chefs opened restaurants in Paris and then later in London, where rich Englishmen were keen to discover how the Eventher interventies of the death of 1000. Philosope fourther	to reveal the sapling within it. The tree inside the wood. His works inspire awe - they are rich with precision, craft and
Tree Pipit Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. Steve Backshall presents the tree pipit.	French aristocracy had lived. By the 1820s, Paris was freed from the restraints of the revolution and became fashionable again with luxurious shops and restaurants and chefs - notably Marie-Antoine Careme who turned French cuisine into Gastronomy and remains an influence on chefs even to this day	experience of working with such materials. But they inspire something else too- something primal. They remind us that all those wood surfaces around us, the knots they are flawed with, are memories, scars, of the branches that grew within them.
Tree pipits are small brown birds without any bright colours or distinctive features; but you can identify one from a distance when it is singing, because it has a very obvious display flight. The male bird sings from April to the end of July, launching himself from a treetop perch, then parachutes downwards like a paper dart.	The 20th Century saw the birth and domination of fast food. In 1948, McDonalds became successful by simplifying their menu and doing away with the need for utensils. A man called Glen Bell found a way to mass produce Tacos in 1951, which led to another fast food craze, and sushi became a world favourite after a Japanese entrepreneur visited a brewery and	An internationally recognised artist, with exhibitions from the Guggenheim to our own Yorkshire Sculpture Park – Penone has influenced artists from Martin Creed to Graham Gussen. Lindsay Chapman is obsessed with nature and how we live with it. It's a subject she has long been interested in learning about - how to be in a forest; how to be in a thicket; how to watch, feel, and relate to the world of plants, trees and animals. She dedicates a lot of her life to wildlife and the environment -
<i>TUE</i> 06:00 Today (m000h8p9) News and current affairs, including Sports Desk, Weather and Thought for the Day.	was inspired by the conveyer belt system of carrying bottles, which he adapted for his restaurants. The Indian restaurant started life in the 1940s when a number of cafes sprang up in London's Brick Lane and Commercial	through the world of conservation. Together, Penone and Chapman try and bring to the listener a deeper understanding of the fruits of nature - leaves, trees, branches, all brought to life in dazzling complex ways. About art, this is also about nature – at a time when this feels
<i>TUE</i> 09:00 Black Music in Europe: A Hidden History (m000h8pc) Series 3	Road to support a community of seamen from Bangladesh. More restaurants blossomed in bombed out shops and, by the 50s, Indian restaurants spread across towns and cities throughout the UK becoming a firm favourite with students.	more essential and in need of a radical re-think. Producer: Sara Jane Hall
1960s	Albert and the late Michel Roux set the standard of English restaurant food in 1960s London whether it was liked it or not.	<i>TUE</i> 12:00 News Summary (m000h8ps) The latest national and international news from BBC Radio 4.
Drawing on rare recordings, Clarke Peters continues his third series revealing the unexplored history of Black music across Europe, from the aftermath of the Second World War through to the late 1970s.	restaurant food in 1960s London whether it was liked it or not. Customers complained that the portions were too small. "This is French gastronomy," Michel told one such couple, with his finest charming smile, a few days after the launch. But there were enough Londoners to keep the restaurant busy and full from day one. By March 1968, Le Gavroche was famous.	<i>TUE</i> 12:03 Shipping Forecast (m000hd5g) The latest weather reports and forecasts for UK shipping.
This was an era that saw countries such as Algeria, Jamaica, Cape Verde and Trinidad shake off European colonialism. These nations expressed their new found sense of freedom through songs, many recorded in European studios.	Written by William Sitwell Read by Lesley Sharp	<i>TUE</i> 12:06 American Dirt, by Jeanine Cummins (m000h8pv) 7. El Comandante
From the immediate aftermath of the Second World War,	A Pier production for BBC Radio 4	Jeanine Cummins' heart-stopping and heart-rending novel following a mother and son, forced to flee the Mexican cartel

that massacred their family.

Today: Lydia, Luca and the teenage girls are rounded up by La Migra. As Mexian nationals, Lydia and Luca should in theory be safe, but Lydia expects the worst...

Writer: Jeanine Cummins Reader: Yolanda Vazquez Abridger: Richard Hamilton Producer: Justine Willett

TUE 12:20 You and Yours (m000h8px) News and discussion of consumer affairs

TUE 12:57 Weather (m000h8pz) The latest weather forecast

TUE 13:00 World at One (m000h8q1)

Mon-Thurs: Analysis of news and current affairs, presented by Sarah Montague. Fri: Analysis of news and current affairs, presented by Mark Mardell.

TUE 13:45 A History of the World in 100 Objects (b00pwn7m)

Making Us Human (2,000,000 - 9000 BC)

Olduvai Stone Chopping Tool

The Director of the British Museum, Neil MacGregor, retells the history of human development from the first stone axe to the credit card, using 100 selected objects from the Museum. In this programme, Neil goes back two million years to the Rift Valley in Tanzania, where a simple chipped stone marks the emergence of modern humans.

One of the characteristics that mark humans out from other animals is their desire for, and dependency on, the things they fashion with their own hands. This obsession has long roots and, in today's programme, Neil introduces one of the earliest examples of human ingenuity. Faced with the needs to cut meat from carcasses, early humans in Africa discovered how to shape stones into cutting tools. From that one innovation, a whole history human development springs.

Neil MacGregor tells the story of the Olduvai stone chopping tool, with contributions from Sir David Attenborough and African Nobel Prize winner Dr Wangari Maathai

TUE **14:00 The Archers (m000h8h2)** [Repeat of broadcast at 19:00 on Monday]

TUE 14:15 Drama (m000h8q4)

The Grey Man and Other Lost Legends

A strange craft crash lands into the UK's second highest peak. The mayday signal is picked up by amateur radio enthusiast and conspiracy theorist Fergus McGregor whose special interest is the Great Grey Man.

Sometimes referred to as Scotland's yeti, stories of the Grey Man have been reported by hikers and mountaineers on Ben Mcdhui as far back as the Victorian era. Fergus sets out to find the craft with far-reaching consequences.

Sebastian Baczkiewicz weaves interviews about Scotland's yeti into an innovative audio drama. Featuring interviews with residents and visitors in the Cairngorms National Park.

With special thanks to Angus Upton.

Cast: Weatherall Laura Elphinstone Fergus McGregor ... Brian Vernel Councillor Boyne ... Rachel Handshaw

Written by Sebastian Baczkiewicz

Sound Design by Steve Bond Executive Producer Jeremy Mortimer Produced by Joby Waldman Directed by Steve Bond and Joby Waldman A Reduced Listening production for BBC Radio 4.

TUE **15:00 The Kitchen Cabinet (m000h7bs)** [Repeat of broadcast at 10:30 on Saturday]

TUE **15:30 Costing the Earth (m000h7yb)** Covid-19: the environmental impact

Tom Heap talks through the green issues emerging during the coronavirus pandemic and asks what the environmental legacy might be.

Tom examines the effect of the lockdown – with millions of people now working from home, planes being grounded and fewer cars on the roads, has there been a big environmental improvement, and will that be reversed once our lives return to normal?

With the help of experts from the fields of climate change, aviation, ecology and environmental standards, we track the changes in air pollution and global temperature.

And what will the return to 'normal' look like? With the UK aiming to be carbon neutral by 2050, Tom asks whether the pandemic can be seen as a trial run for a zero-carbon world and looks at how international climate targets might be affected.

And Costing the Earth examines claims that some governments are using the pandemic as an opportunity to reverse environmental legislation.

Producer: Melvin Rickarby

TUE **16:00 Word of Mouth (b0bh454p)** Stephen Fry and Michael Rosen talk language

Stephen Fry talks to presenter Michael Rosen about their mutual obsession with language: the particular joys they both find in speech and in writing and how language is developing. Starting at the very beginning with Stephen's theory about where a facility with words may come from, then dashing through the joy of finding connections between words in different languages, of listening to the rhythms of music-hall patter, in telephone voicemail messages and in rap, to sketchwriting with Hugh Laurie, presenting QI, the essential seriousness of comedy, the virtues of email and text as opposed to the sheer horror of having to talk on the telephone, and one time when Stephen's famous fluency broke down. Producer Beth O'Dea

TUE 16:30 PM (m000h8qb)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

TUE 18:00 Six O'Clock News (m000h8qd) The latest national and international news from BBC Radio 4.

TUE 18:30 Ellie Taylor's Safe Space (m000h8qg) Masculinity

Comedian Ellie Taylor has some opinions she'd like to get off her chest. In this episode she looks at all aspects of masculinity and whether it's had an unfairly poor press recently. She discusses her views with help from the studio audience and her side-kick Robin Morgan, who bravely goes on to the streets of Britain to ask members of the public about their attitudes to men being men. She also welcomes on a special expert guest, a man who knows all about how best to behave, Rupert Wesson from etiquette guide Debrett's.

It is produced by Sam Michell and is a BBC Studios Production.

TUE **19:00 The Archers (m000h7xp)** Roy receives some interesting information, and Tracy tries to get her own way.

TUE **19:15 Front Row (m000h8qj)** Live magazine programme on the worlds of arts, literature, film, media and music

TUE **19:45 The Mill on the Floss, by George Eliot** (**m000h8pl**) [Repeat of broadcast at 10:45 today]

TUE 20:00 Snakes & Ladders (m000hcjw)

An audio game of Snakes & Ladders in which the board squares represent the gradations of wealth in the UK today. Awardwinning documentary-maker Cathy FitzGerald hops up and down the board to talk to people with very different incomes about their relationship to money.

Interviewees: Teona Bonsu, Bobby Bates, George Buchanan, Ade Hassan, Russ Davey, Simon Russell and Christine Isaacs.

Photo: David Gochfeld

Presented and produced by Cathy FitzGerald Executive Producer: Sarah Cuddon A White Stiletto production for BBC Radio 4

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TUE **20:40 In Touch (m000h8ql)** News, views and information for people who are blind or partially sighted

TUE **21:00 Inside Health (m000h7xw)** Inside Health: The Virus

Episode 4

Claudia Hammond reports on the unfolding coronavirus pandemic.

TUE 21:30 Black Music in Europe: A Hidden History (m000h8pc)

[Repeat of broadcast at 09:00 today]

TUE **22:00 The World Tonight (m000h8qn)** In depth reporting, intelligent analysis and breaking news from a global perspective

TUE 22:45 American Dirt, by Jeanine Cummins (m000h8pv)

[Repeat of broadcast at 12:06 today]

TUE 23:00 Sketchtopia (m000h8qq) Series 2

Episode 2

Sketchtopia sets out to find the next generation of white, black, Asian and minority ethnic satirical sketch comedy writers from a range of backgrounds across the UK - with a keen eye on finding the funny in a multicultural Britain.

The critically acclaimed first series picked up a nomination for best sketch show at the BBC Audio Drama Awards and Celtic Media Awards and won Gold at the Audio Production Awards 2018.

Series 2 brings a crop of returning sketch characters, including Millie and Martha, Woke Colleague, Brexit Dad and The Support Group. The show aims to make sharp observations about modern Britain and, most importantly, allow shared experiences, common points of reference and authenticity to come together to create a truly unique British sketch show. Sketchtopia promises to be irreverent, thoughtful and, above all, funny!

Performers: Vivienne Acheampong, James McNicholas, Jamie-Rose Monk, Nimisha Odedra, Susheel Kumar.

Episode 2 writers: Bilal Zafar, Lynda Kennedy, Alice Gregg, Louise Stewart, Joanne Lau, Jim Felton, Tamar Broadbent, Kai Samra, Elizabeth Caproni, Lizzie Bates, Anna Emerson, Steve Lawrence

Producer: Gus Beattie. A Gusman production for BBC Radio 4

TUE **23:30 The Voices of... (m0006sgx)** Series 4

Kurt Wagner

An intimate portrait of Kurt Wagner, singer and creative force behind American indie band Lambchop.

Growing up in Nashville, Tennessee, Kurt Wagner's artistic aspirations were inclined towards the visual arts rather than the city's all-pervasive country music scene. But hanging around friends, exchanging school cello for garage guitar, he found that he became - by default - the singer. No-one else wanted the role.

So began Lambchop, an indie rock band that Kurt mischievously publicised as 'Alt-country' to see which music hacks actually troubled to listen rather than just re-hash the press release.

Recorded on his porch at home in Nashville, Kurt reflects on his idiosyncratic vocal style, his embracing of technology and sharing life with a political activist in a Republican state in the third year of Donald Trump's presidency.

Presented and produced by Alan Hall A Falling Tree production for BBC Radio 4

WEDNESDAY 15 APRIL 2020

WED 00:00 Midnight News (m000h8qs) The latest news and weather forecast from BBC Radio 4.

Radio 4 Listings for 11 – 17 April 2020P			
WED 00:30 The Restaurant: A History of Eating Out	layout remains largely as it was on the day it opened. Polly gets	throughout the UK becoming a	firm favourite with students.
(m000h8pg) [Repeat of broadcast at 09:45 on Tuesday] WED 00:48 Shipping Forecast (m000h8qv) The latest weather reports and forecasts for UK shipping	drawn in by its individuality, its organists (80-year-old Mildred and 33-year-old Ben) its mugs of tea in the interval and its gingerbread men. The cinema faces a string of new challenges - the multiplexes in Huddersfield and Halifax have recently slashed their prices to compete with the Rex's £5.50 entry, while floods have been tormenting the local infrastructure. But as the days roll on, it becomes clear that something much bigger	Albert and the late Michel Roux set the standard of English restaurant food in 1960s London whether it was liked it or not Customers complained that the portions were too small. "This French gastronomy," Michel told one such couple, with his finest charming smile, a few days after the launch. But there were enough Londoners to keep the restaurant busy and full	
WED 01:00 Selection of BBC World Service Programmes (m000h8qx)	is around the corner - something which might jeopardise the annual Laurel and Hardy evening which Ben has been preparing his score for months for. Something which might jeopardise	from day one. By March 1968, Le Gavroche was famous. Written by William Sitwell	
BBC Radio 4 joins the BBC World Service.	everything.	Read by Lesley Sharp	
WED 05:33 Shipping Forecast (m000h8qz) The latest weather reports and forecasts for UK shipping	Produced/presented by Polly Weston Exec Producer Jolyon Jenkins	A Pier production for BBC Ra	dio 4
WED 05:43 Prayer for the Day (m000h8r3) A spiritual comment and prayer to start the day with Bishop	WED 09:30 The Best Thing Since Sliced Bread? (m000h1lh) Cannabidiol ('CBD') Products	WED 10:00 Woman's Hour (m000h7x0) The programme that offers a female perspective on the world	
Helen-Ann Hartley Good morning.	CBD, short for cannabidiol, is one of the big buzzwords in health and well being products. A naturally occurring molecule of the cannabis plant, it's popping up in everything - aside from	WED 10:41 The Mill on the H (m000h7x2) The Laws of Attraction	loss, by George Eliot
At the moment, our early morning alarm-call is not of an electronic or smart-phone variety but rather a pheasant who lands in the front garden and starts making a very loud assertion	the CBD oil tinctures, you can now eat it, down it in drinks, vape it, lather it on your skin and soak in it. You can even buy sports leggings infused with it.	Episode Eight The Laws of Attraction Launched into the higher socie	ty of St Ogg's Maggie is
of his territorial rights whilst exploring the possibility of being fed. Somewhat weary-eyed as the kettle is put on in the kitchen one of us opens the front door and distributes some food,	Consumer interest in CBD-based products shows no sign of abating, with enthusiasts claiming a whole host of benefits from relieving anxiety, to easing pain and helping us sleep.	U U	ilip looks on it seems inevitable
scattering it liberally over the lawn. The pheasant usually takes off in the opposite direction before doing an about turn to locate the food. It's fascinating, and I must confess a bit frustrating to watch. I find myself issuing enthusiastic instructions to the pheasant to go the other way. Of course, it	The theory behind how CBD might work seems promising - CBD shares similarities with endocannabinoids, produced naturally in the body, which help to regulate stress, sleep, metabolism, memory, inflammation, and immunity.	George Eliot, the Narrator Maggie Joanna Vanderham Stephen Jack Farthing Philip Chris Lew Kum Hoi Lucy Ell Potter	L
responds when it wants to. Given how much time we are spending at home at the moment,	Given the deluge of different CBD-based products, should we really believe the hype?	Mr Wakem John Dougall Dr Kenn Hasan Dixon	
I've become accustomed to the ways of local wildlife in a way I never was previously. From my study window I see and hear birds, and of course the pheasant who maintains a watchful eye	Greg Foot is in the studio with beauty columnist Sali Hughes and Saoirse O'Sullivan, an expert in cannabinoid research, to	Written by George Eliot Adapted by Rhiannon Tise	
over proceedings whilst continuing to defends its patch. In the distance I can hear a wood-pecker drilling away at a tree, and in the later hours of the day, the hooting of an owl. The silence	find out if these products really are The Best Thing Since Sliced Bread.	Produced and Directed by Trac	cey Neale
from the lack of traffic along the road by our home is strange, but a certain amount of normality is maintained by the sound of aircraft from a nearby RAF base overhead. It's a gift noticing	Presenter: Greg Foot Producer: Beth Eastwood	WED 10:55 The Listening Pr Jillian and Krista: I Cried at M	
things I hadn't paid attention to before, and learning that I don't set the agenda for creaturely activity during the day. God our creator, we thank you for all creatures great and small.	WED 09:45 The Restaurant: A History of Eating Out (m000h7wy) Episode 3	to general nursing. Fi Glover p	when they first met as student e midwifery and the other turned resents another conversation in a g what you hear when you listen.
Today I pray for humility and for opportunities to learn from the environment that surrounds me.	The history of eating out is a story of life - of politics, courage, skill, art, innovation and of luck. We start in Pompeii, where	WED 11:00 Don't Log Off (n	
Amen.	the town was engulfed in lava in AD79 and where, in the excavations, much was discovered about how the Romans ate out - many restaurants doubled up as brothels.	Series 11 15/04/2020	,
WED 05:45 Farming Today (m000h8r5) The latest news about food, farming and the countryside.	In the Ottoman Empire, we discover that doner kebabs were cooked in the open air at dainty picnics where learned men read books to each other while a cook carved the meat from a long	Alan Dein connects with strang media, exploring the things tha borders.	gers across the world via social t unite people across cultures and
WED 05:58 Tweet of the Day (b02twnw4) Herring Gull	wedge being turned on a spit over hot coals. After Henry VIII's break from Rome and the Dissolution of the	WED 11:30 Plum House (m0	00h7x8)
Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. Steve Backshall presents the herring gull.	Monasteries, travellers were left with nowhere to get a meal and a bed for the night and so the monastic staff who survived the purges needed places to work and very enterprisingly opened	Series 3 3. A Knight to Remember	
Herring gulls now regularly breed inland and that's because of	taverns which were soon packed with locals and visitors. This meant that, for the first time, people weren't humbly receiving	Plum House has once again be	en invited to the Museum of the
the way we deal with our refuse. Since the Clean Air Acts of 1956 banned the burning of refuse at rubbish tips, the birds have been able to cash in on the food that we reject: And our throwaway society has provided them a varied menu. We've	bread and wine from a benevolent monk but receiving sustenance that they were paying for themselves - which, to an oppressed servant, must have felt like freedom.	Year awards in London. Manag and Peter attend as the house h rest of the team thinking it's a	as been nominated, despite the
also built reservoirs around our towns on which they roost, and we've provided them with flat roofs which make perfect nest sites.	On the day of the storming of the Bastille, it was estimated that one in every twelve men were in domestic service. Now, with the disappearance of the chateaux kitchens, many of the unemployed chefs opened restaurants in Paris and then later in London, where rich Englishmen were keen to discover how the		onsternation decides that now's cial media game by posing in a n's chance meeting with old
WED 06:00 Today (m000h7ww) News and current affairs, including Sports Desk, Weather and Thought for the Day.	French aristocracy had lived. By the 1820s, Paris was freed from the restraints of the revolution and became fashionable again with luxurious shops and restaurants and chefs - notably Marie-Antoine Careme who turned French cuisine into Gastronomy and remains an influence on chefs even to this day	Plum House features Simon Ca Pearce Quigley, Tom Bell and Guest starring this week: Alex Written by Ben Cottam and Pa	Lowe
WED 09:00 The Patch (m000gt1q) Elland	The 20th Century saw the birth and domination of fast food.	Directed by Paul Schlesinger Produced by Claire Broughton	
The random postcode generator takes Producer Polly Weston to Elland, Yorkshire. There's been a cinema here since pre-WWI and it still has an interval and two organists. But in 2020, the Rex faces a shock.	In 1948, McDonalds became successful by simplifying their menu and doing away with the need for utensils. A man called Glen Bell found a way to mass produce Tacos in 1951, which led to another fast food craze, and sushi became a world	It is a BBC Studios Production WED 12:00 News Summary (
Elland is a historic, former millinery town, sandwiched between	favourite after a Japanese entrepreneur visited a brewery and was inspired by the conveyer belt system of carrying bottles,		ional news from BBC Radio 4.
Halifax and Huddersfield in the Calderdale valley. Locals say the town has had a bit of a rough time - it has lost shops, its Victorian swimming pool, and suffered from being the lesser known of its neighbours along the valley. But it does have competition grantle across Varkehier accounts in four The Ben	which he adapted for his restaurants. The Indian restaurant started life in the 1940s when a number of cafes sprang up in London's Brick Lane and Commercial Bood to support a community of score force Boodlodek	WED 12:03 Shipping Forecas The latest weather reports and	
something people across Yorkshire recognise it for: The Rex. A 300 seater cinema, which opened in 1912, and where the	Road to support a community of seamen from Bangladesh. More restaurants blossomed in bombed out shops and, by the 50s, Indian restaurants spread across towns and cities	WED 12:06 American Dirt, b (m000h7xd)	y Jeanine Cummins

8. Coyote

Jeanine Cummins' heart-stopping and heart-rending novel following a mother and son on the run from the Mexican drug cartel that massacred their family.

Today: Lydia, Luca and the girls continue their desperate journey north. The US border is near now, but how will they cross?

Writer: Jeanine Cummins Reader: Yolanda Vazquez Abridger: Richard Hamilton Producer: Justine Willett

WED 12:20 You and Yours (m000h7xg) News and discussion of consumer affairs

WED 12:57 Weather (m000h7xj) The latest weather forecast

WED 13:00 World at One (m000h7xl)

Mon-Thurs: Analysis of news and current affairs, presented by Sarah Montague. Fri: Analysis of news and current affairs, presented by Mark Mardell.

WED 13:45 A History of the World in 100 Objects (b00pwn7p) Making Us Human (2,000,000 - 9000 BC)

Olduvai Handaxe

The Director of the British Museum, Neil MacGregor, retells two million years of history of human development through the objects it has produced. This programme follows early humans as they slowly begin to move beyond their African homeland taking with them one essential item - a handaxe.

In the presence of the most widely used tool humans have created, Neil sees just how vital to our evolution this sharp, ingenious implement was and how it allowed the spread of humans across the globe.

Today Neil MacGregor tells the story of the handaxe, with contributions from designer Sir James Dyson and archaeologist Nick Ashton

WED 14:00 The Archers (m000h7xp) [Repeat of broadcast at 19:00 on Tuesday]

WED 14:15 Drama (b0b0xlkv) Watch Me While I'm Sleeping

Mo and Eddie have been together throughout their twenties. Now Eddie finds Mo's snoring unbearable. He wants separate bedrooms. Will a heart to heart over a quiet dinner at home solve the busy couple's problem? Or is there more to sleepless nights than meets the eye? Christopher William Hill looks at a long-term gay relationship in a hostile new world.

Mo Joseph Kloska Eddie Mark Edel-Hunt

Written by Christopher William Hill Directed by Peter Kavanagh.

WED 15:00 Money Box (m000h7xt) Paul Lewis and a panel of guests answer calls on personal finance.

WED 15:30 Inside Health (m000h7xw) [Repeat of broadcast at 21:00 on Tuesday]

WED 16:00 The Media Show (m000h7y0) Topical programme about the fast-changing media world

WED 16:30 PM (m000h7y2)

Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines

WED 18:00 Six O'Clock News (m000h7y4) The latest national and international news from BBC Radio 4.

WED 18:30 The Wilsons Save the World (b09gkk3y) Series 1

Food

A brand new sitcom for BBC Radio 4 written by Marcus Brigstocke and Sarah Morgan and starring Marcus Brigstocke as Mike and Kerry Godliman as his wife Max.

Michael and Maxine Wilson and their teenage daughters, Lola and Cat (plus their bearded dragon Chomsky, and about 150,000 bees) have resolved to live a cleaner, greener, serener life. This is a show about living ethically... whatever that means Millions of people try every day to make 'good' choices and do the 'right thing', be ethical, charitable and community minded. It's hard. Most of us live with hypocrisy and failure all the time but keep on trying. The Wilsons, good folk that they are, are trying about 20% harder and learning to live with about 19% more failure. They are not giving up.

In this episode a mealtime fraught with anxiety and multiple dietary preferences shows that maybe they all worry a little bit TOO much about food, and have forgotten how to enjoy it. Max and Mike decide to use their time away in Cornwall to leave Jennifer and Phillip in charge of mealtimes and see if the common-sense approach pays off.

Producer...Julia McKenzie Production Coordinator...Tamara Shilham A BBC Studios Production.

WED **19:00 The Archers (m000h7ry)** Alistair makes an unusual offer, and Tracy wants the big scoop

WED 19:15 Front Row (m000h7y6) Live magazine programme on the worlds of arts, literature, film, media and music

WED 19:45 The Mill on the Floss, by George Eliot (m000h7x2) [Repeat of broadcast at 10:41 today]

WED 20:00 Fallout (m000h7y8) The Future of Health

Mary Ann Sieghart and a panel of experts discuss the possible long-term impact of the coronavirus pandemic on health and healthcare.

The immediate impact of the virus on global health is devastatingly clear. But it could also have far-reaching consequences for health in the UK and worldwide for years to come.

What long-term impact will the pandemic have on the NHS? What healthcare innovations will be accelerated by the virus? How will it change the way we tackle global health challenges will we see increased co-operation? Or will it push countries towards a more insular approach? How will our medical supply chains change in the aftermath of the pandemic? Could this be an opportunity for major systemic change in global healthcare? And how should we build resilience to face health emergencies like this in the future?

To grapple with these questions and more, Mary Ann Sieghart is joined by Professor Sir Bruce Keogh, former Medical Director of NHS England and Chair of Birmingham Women's and Children's NHS Foundation Trust; Professor Devi Sridhar, Chair of Global Public Health at Edinburgh University; Professor Christopher Dye, leading epidemiologist and former Director of Strategy at the World Health Organisation; and Dr Jessica Potter, a specialist in respiratory medicine working on the frontline of the NHS's coronavirus response.

Producer: Caroline Thornham A Novel production for BBC Radio 4

WED 20:45 The Best Thing Since Sliced Bread? (m000h1lh) [Repeat of broadcast at 09:30 today]

WED 21:00 Costing the Earth (m000h7yb) [Repeat of broadcast at 15:30 on Tuesday]

WED 21:30 The Media Show (m000h7y0) [Repeat of broadcast at 16:00 today]

WED 22:00 The World Tonight (m000h7yd) In depth reporting, intelligent analysis and breaking news from a global perspective

WED 22:45 American Dirt, by Jeanine Cummins (m000h7xd) [Repeat of broadcast at 12:06 today]

Supported by bbc.co.uk/programmes/

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WED 23:00 Rosie Jones: Box Ticker (m000h7yg) Disability

Stand-up comedy from triple-threat Rosie Jones. She's disabled, gay and northern - so, of course, she has her own Radio 4 show.

However, she's not a great example of any of these communities and she's tired of being asked to speak on their behalf. This show checks what's really inside the boxes and throws most of it out.

This week, Rosie looks at disability with help from comedian Jamie MacDonald. Jamie ticks the 'blind box', most of the time, and shares some of the absurd situations he comes up against due to people's awkwardness around him.

Recorded in a live comedy club, prepare to be shocked and disappointed by Rosie's lack of respect for your expectations.

A Dabster production for BBC Radio 4

WED 23:15 Lenny Henry's Rogues Gallery (b09dz41d) Series 2

Left Hand of God

Lenny Henry writes and stars in a darkly comic story about Stan Clayton who has been a butcher all his life and hopes his sons will follow in his footsteps. But when one of them brings home a cherry red Stratocaster one day, it seems that Stan's plans are for the chopping block.

Producer - Sam Michell It is a BBC Studios Production.

WED 23:30 The Voices of... (m0006zxg) Series 4

Stephanie Phillips

Growing up in Wolverhampton, Steph Phillips was a quiet girl, shy to the point of wanting to vanish during social occasions and conscious that as a black teenage female she was, anyway, invisible to most of society. These days, she's found her voice in a space where she can be what she describes as her "full self" she's the guitarist and lead singer with the black feminist punk band Big Joanie.

In a lineage of music-making with attitude that can be traced back through Riot Grrrl to the original punk icon, the late Poly Styrene of X-Ray Specs, Steph now commands a stage on which issues of identity, of race and gender, of political activism and artistic expression collide in joyful, noisy creativity.

Presented and produced by Alan Hall A Falling Tree production for BBC Radio 4

THURSDAY 16 APRIL 2020

THU 00:00 Midnight News (m000h7yk) The latest news and weather forecast from BBC Radio 4.

THU 00:30 The Restaurant: A History of Eating Out (m000h7wy) [Repeat of broadcast at 09:45 on Wednesday]

[Repeat of broadcast at 09:45 on Wednesday]

THU 00:48 Shipping Forecast (m000h7ym) The latest weather reports and forecasts for UK shipping

THU 01:00 Selection of BBC World Service Programmes (m000h7yp) BBC Radio 4 joins the BBC World Service.

THU 05:33 Shipping Forecast (m000h7yr) The latest weather reports and forecasts for UK shipping

THU **05:43 Prayer for the Day (m000h7yw)** A spiritual comment and prayer to start the day with Bishop Helen-Ann Hartley

Good morning.

Amongst the many people I am keeping in touch with during these days of lockdown, is a friend who works in a local hospital. Every other day or so I send her a message asking how she is doing, and if there is anything I can do for her? She always replies by thanking me and asking if there is anything she can pick up for me or perhaps someone I know in need on her way home. Given her pressurised role as a front-line

medical practitioner I find her concern for others deeply inspiring. This evening, many of us may again stand outside our doors and clap for carers.

In my community we've had pots and pans being banged enthusiastically, cow-bells being clanked, and even a few fireworks being let off. These expressions of gratitude for the women and men who are working so hard to care for the sick and dying, for those who maintain our daily lives by providing food in farm shops and supermarkets, and those who help keep essential services going are heart-felt. There's a reference in the New Testament book of Hebrews to the writer's awareness of a cloud of witnesses who provide an encouraging example to follow.

As I stand and applaud, I think about that present cloud of witnesses, and I am mindful too of those whose lives have been forever changed by the death of a loved one, or who live in fear either for themselves or for others they know.

Eternal God, I lift before you this day all who are anxious and particularly those who are alone. I give thanks for those who work in medical and caring professions, and for all who seek to support us in our daily lives.

Amen.

THU **05:45 Farming Today (m000h7yy)** The latest news about food, farming and the countryside.

THU **05:58 Tweet of the Day (b02tyk25)** Little Tern

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. Steve Backshall presents the little tern.

Little terns are our smallest terns. You can pick them out from our other terns by their smaller size, white forehead and yellow bill with a black tip. They look flimsy and delicate but move too close to one of their colonies, and you'll unleash a tirade of grating shrieks as they try to intimidate you out of their territory.

THU **06:00 Today (m000h7qr)** News and current affairs, including Sports Desk, Weather and Thought for the Day.

THU **09:00 In Our Time (b099v33p)** Feathered Dinosaurs

Melvyn Bragg and guests discuss the development of theories about dinosaur feathers, following discoveries of fossils which show evidence of feathers. All dinosaurs were originally thought to be related to lizards - the word 'dinosaur' was created from the Greek for 'terrible lizard' - but that now appears false. In the last century, discoveries of fossils with feathers established that at least some dinosaurs were feathered and that some of those survived the great extinctions and evolved into the birds we see today. There are still many outstanding areas for study, such as what sorts of feathers they were, where on the body they were found, what their purpose was and which dinosaurs had them.

With

Mike Benton Professor of Vertebrate Palaeontology at the University of Bristol

Steve Brusatte Reader and Chancellor's Fellow in Vertebrate Palaeontology at the University of Edinburgh

and

Maria McNamara Senior Lecturer in Geology at University College, Cork

Producer: Simon Tillotson.

THU 09:45 The Restaurant: A History of Eating Out (m000h7qt) Episode 4

The history of eating out is a story of life - of politics, courage, skill, art, innovation and of luck. We start in Pompeii, where the town was engulfed in lava in AD79 and where, in the excavations, much was discovered about how the Romans ate out - many restaurants doubled up as brothels.

In the Ottoman Empire, we discover that doner kebabs were cooked in the open air at dainty picnics where learned men read books to each other while a cook carved the meat from a long wedge being turned on a spit over hot coals.

After Henry VIII's break from Rome and the Dissolution of the Monasteries, travellers were left with nowhere to get a meal and a bed for the night and so the monastic staff who survived the purges needed places to work and very enterprisingly opened taverns which were soon packed with locals and visitors. This meant that, for the first time, people weren't humbly receiving bread and wine from a benevolent monk but receiving sustenance that they were paying for themselves - which, to an oppressed servant, must have felt like freedom.

On the day of the storming of the Bastille, it was estimated that one in every twelve men were in domestic service. Now, with the disappearance of the chateaux kitchens, many of the unemployed chef's opened restaurants in Paris and then later in London, where rich Englishmen were keen to discover how the French aristocracy had lived. By the 1820s, Paris was freed from the restraints of the revolution and became fashionable again with luxurious shops and restaurants and chef's - notably Marie-Antoine Careme who turned French cuisine into Gastronomy and remains an influence on chef's even to this day

The 20th Century saw the birth and domination of fast food.

In 1948, McDonalds became successful by simplifying their menu and doing away with the need for utensils. A man called Glen Bell found a way to mass produce Tacos in 1951, which led to another fast food craze, and sushi became a world favourite after a Japanese entrepreneur visited a brewery and was inspired by the conveyer belt system of carrying bottles, which he adapted for his restaurants.

The Indian restaurant started life in the 1940s when a number of cafes sprang up in London's Brick Lane and Commercial Road to support a community of seamen from Bangladesh. More restaurants blossomed in bombed out shops and, by the 50s, Indian restaurants spread across towns and cities throughout the UK becoming a firm favourite with students.

Albert and the late Michel Roux set the standard of English restaurant food in 1960s London whether it was liked it or not. Customers complained that the portions were too small. "This is French gastronomy," Michel told one such couple, with his finest charming smile, a few days after the launch. But there were enough Londoners to keep the restaurant busy and full from day one. By March 1968, Le Gavroche was famous.

Written by William Sitwell Read by Lesley Sharp

A Pier production for BBC Radio 4

THU **10:00 Woman's Hour (m000h7qx)** The programme that offers a female perspective on the world

THU 10:45 The Mill on the Floss, by George Eliot (m000h7qz) The Great Temptation

Episode Nine

The Great Temptation Maggie tries to push temptation away but then a fateful decision changes everything and desire and betrayal sends ripples of conflict that spreads beyond the River Moss.

George Eliot, the Narrator Anna Maxwell Martin Maggie Joanna Vanderham Stephen Jack Farthing Philip Chris Lew Kum Hoi Lucy Ell Potter Mrs Moss Heather Craney

Written by George Eliot Adapted by Rhiannon Tise

Produced and Directed by Tracey Neale

THU **11:00 Crossing Continents (m000h7r1)** Chile: An Education for All

A much anticipated referendum in Chile on a new constitution has been postponed till the autumn amid safety concerns over the spread of the coronavirus. President Sebastian Piñera had agreed to the vote and a range of reforms following months of civil unrest. Since last autumn, the country has been experiencing a wave of protests with people on the streets angry at the level of inequality in the country. Amongst them thousands of university students, teachers and school children – who have been prepared to face tear gas, water cannon and rubber bullets – in a bid to change the education system in Chile. They say a privileged few have access to all the best jobs and the rest are given a substandard schooling with leaky roofs in winter, boiling hot classrooms in summer and inadequate teaching. For Crossing Continents, Jane Chambers spent time with the protestors calling for a fairer education for all. Presented and produced by Jane Chambers. Editor, Bridget Harney

THU 11:30 Girl Reading (m000h7r3)

Zoë Comyns meets painter Anastasia Pollard, writers Imtiaz Dharker, Karen Joy Fowler, Samantha Ellis, Katie Ward and art historian Riann Coulter to explore the pose of the girl reader.

What is she reading and why? What does the pose evoke in the mind of the viewer? What is going on in the girls imagination, is she reading to escape, to learn, to find a path through her own life?

This programme draws the listener into the frame of paintings by Simone Martini, Jean-Honoré Fragonard, Johannes Vermeer, Gwen John, Louis le Brocquy, Henri Fantin-Latour and Harry Herman Roseland to evoke the scene and what the act of reading signifies. Art historian Riann Coulter describes the artworks and unpicks why so few seem to be painted by women.

Writers discuss what and where they read as a girl. Poet Imtiaz Dharker recalls learning the Quran and visiting her local library - she recites Beware the Books, in which a girl finds sanctuary in a book shop, but a trickier path through the books she encounters.

Writer Karen Joy Fowler knows that a book can be transformative and life changing, she transports us to her neighbour's treehouse were she read to experience adventure.

Katie Ward wrote a novel called Girl Reading in which each chapter fictionalises the story behind a painting of a girl reading. Se explores the symbolism of a girl reading and how the intimacy we all crave can be expressed in a painting.

Writer Samantha Ellis grew up in the Iraqi Jewish community in London and her family life directly influenced how and what she read - she always searched for strong heroines in novels.

Anastasia Pollard is a portrait and figure painter. She paints Zoe Comyns in the pose of the reader and, throughout the sitting, they discuss what it means if we can see the book title, how patterns of light change the scene and the psychological presence of a painting in a room.

Recitation of the Qu'ran is by Medinah Javed recorded by Alia Cassam

Produced by Zoë Comyns A New Normal Culture production for BBC Radio 4

THU 12:00 News Summary (m000h7r7) The latest national and international news from BBC Radio 4.

THU **12:03 Shipping Forecast (m000hg09)** The latest weather reports and forecasts for UK shipping.

THU **12:06** American Dirt, by Jeanine Cummins (m000h7rc) 9. The Border

Jeanine Cummins' heart-stopping and heart-rending novel following a mother and son, on the run from a Mexican drug cartel, headed by the man she once called her friend.

Today: The coyote takes the group into the desert. The north is almost in sight, but first the harsh journey across the mountains....

Writer: Jeanine Cummins Reader: Yolanda Vazquez Abridger: Richard Hamilton Producer: Justine Willett

THU 12:20 You and Yours (m000h7rh) News and discussion of consumer affairs

THU 12:57 Weather (m000h7rn) The latest weather forecast

THU **13:00 World at One (m000h7rr)** Mon-Thurs: Analysis of news and current affairs, presented by Sarah Montague. Fri: Analysis of news and current affairs, presented by Mark Mardell.

THU **13:45 A History of the World in 100 Objects** (**b00pwn7r**) Making Us Human (2,000,000 - 9000 BC)

Swimming Reindeer

Supported by bbc.co.uk/programmes/

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Radio 4 Lis	tings for 11 – 17 April 2020	Page 13 of 16
The Director of the British Museum, Neil MacGregor, retells	cottages and 'terminally cute' setting. They are music lovers and	Harrison Burns James Cartwright
the history of human development from the first stone axe to	keen walkers, so the festival is a perfect fit. Since the	Chris Carter Wilf Scolding
he credit card using 100 selected objects from the Museum.	programme was recorded in early March, the festival has been	Alan Franks John Telfer
oday Neil has chosen an object found in France, dating back	cancelled, but imagining the concerts in the 'cathedral in the	Emma Grundy Emerald O'Hanrahan
3,000 years. It is a carving of two swimming reindeer and it's	woods' at Ranmore Church, is still a piece of 'enchantment'.	Ed Grundy Barry Farrimond
ot just the likeness that is striking. The creator of this carving		Shula Hebden Lloyd Judy Bennett
as one of the first humans to express their world through art.	Ian was born in this area and remembers being told that the	Tracy Horrobin Susie Riddell
ut why did they do it?	view from Newland's Corner was the best in England. It was, in	Alistair Lloyd Michael Lumsden
all Mar Concerned II the stars of the Conjugation Deinders and	fact, what England should look like, according to his father. Ian	Jazzer McCreary Ryan Kelly
eil MacGregor tells the story of the Swimming Reindeer, and s place in the history of art and religion with contributions	now knows this isn't quite true, but it is how people all over the world picture the English countryside: rolling hills, woods,	Kirsty Miller Annabelle Dowler Freddie Pargetter Toby Laurence
om the Archbishop of Canterbury Dr Rowan Williams and	clear, babbling streams and a vista that extends to the English	Robert Snell Graham Blockey
chaelogist Professor Steven Mithen.	channel.	Lynda Snell Carole Boyd
		Leonie Snell Jasmine Hyde
oducer: Anthony Denselow	Ian meets sound artist Graham Downall who has created	Oliver Sterling Michael Cochrane
	music/soundscapes to reflect the locations of five sculptures	Roy Tucker Ian Pepperell
	which have been placed in the landscape, and he discovers that	
HU 14:00 The Archers (m000h7ry)	the tipple of choice at this festival isn't to be found in the	
tepeat of broadcast at 19:00 on Wednesday]	Worker's Beer Tent, but in the sparkling white wine which is	<i>THU</i> 19:15 Front Row (m000h7sm)
	produced from the chalky slopes of Denbies Vineyard near	Live magazine programme on the worlds of arts, literature,
11114.15 Dames (Dorking.	film, media and music
IU 14:15 Drama (m000179g)	ProducerMary Ward-Lowery	
ories from Hay el Matar	Produceriviary ward-Lowery	THU 19:45 The Mill on the Floss by George Eliot
e War Is Over		<i>THU</i> 19:45 The Mill on the Floss, by George Eliot (m000h7qz)
	THU 15:27 Radio 4 Appeal (m000h7l8)	[Repeat of broadcast at 10:45 today]
rama from Syria telling stories of contemporary life in	[Repeat of broadcast at 07:54 on Sunday]	[respect of ofourdeast at 10.45 today]
ama nom syna tening stones of contemporary me m		
		THU 20:00 The Briefing Room (m000h7sp)
'he war is over!" declares Arshy, the proprietor of a	THU 15:30 Open Book (m000h7m3)	David Aaronovitch and a panel of experts and insiders explore
ditional restaurant in Hay El Matar. Has she lost her senses or	[Repeat of broadcast at 16:00 on Sunday]	major news stories.
es she know something that we don't? In such extreme times,		
veryone must find their own way to cope. So in the midst of it		
l, while everything is changing around her, she is fighting to	THU 16:00 BBC Inside Science (m000h7sc)	THU 20:30 In Business (m000h7sr)
ep hold of the Damascus that she loves. But is it a fight she	Dr Adam Rutherford and guests illuminate the mysteries and	Working From Home
n win?	challenge the controversies behind the science that's changing	
	our world	Since the 'lockdown' around the world, huge numbers of peopl
ories From Hay El Matar is a uniquely authentic drama series		are toiling at home, converting living spaces into workplaces.
at takes place in a fictional suburb of Damascus. It is made by team of Syrian and Lebanese artists working with British	THU 16:30 PM (m000h7sf)	But is 'WFH' a new phenomenon? Caroline Bayley looks at the history of home working & asks how to do it well.
rector Boz Temple-Morris, and is recorded in Beirut,	Afternoon news and current affairs programme, reporting on	history of nome working & asks now to do it wen.
ebanon.	breaking stories and summing up the day's headlines	Produced by Beth Sagar Fenton.
coulon.	breaking stories and summing up the day's neadmines	r foldeed by bein sugar r enton.
ach story in the series takes place at the same point in time,		
ploring a different part of the community. They are adapted	THU 18:00 Six O'Clock News (m000h7sh)	THU 21:00 BBC Inside Science (m000h7sc)
om the Arabic language radio drama, Hay El Matar, produced	The latest national and international news from BBC Radio 4.	[Repeat of broadcast at 16:00 today]
BBC Media Action, which provides a balanced and authentic		
epiction of everyday events for people inside Syria. It ran for		
e season of 150 episodes between 2016 and 2017 and aimed	THU 18:30 Ability (b0b2knmp)	<i>THU</i> 21:30 In Our Time (b099v33p)
humanise opposing groups by countering stereotypes and	Series 1	[Repeat of broadcast at 09:00 today]
oviding balanced and authentic depictions of the various	Episode 3	
oups and situations across Syrian society. It included detailed nsideration of issues such as early marriage and radicalisation	Episode 5	THU 22:00 The World Tonight (m000h7sw)
well as many issues around day to day living.	Matt is 25. He has cerebral palsy and can only speak via an app	In depth reporting, intelligent analysis and breaking news from
	on his iPad. Everyone who cares about Matt knows that this	a global perspective
ories from Hay El Matar is written in Arabic by Syrian writer	isn't the defining thing about him. He is funny and clever and	- Groom peropeetite
ozan Akko, and adapted into English by actor and dramatist	"up for stuff" - partly because he is keen to show that there's	
affi Feghali. It offers a rare glimpse of how normal life is	nothing he can't do, but also because, if he's honest, he's aware	THU 22:45 American Dirt, by Jeanine Cummins
ed in Syria through these extraordinary times and features a	that he's less likely than other people to get the blame.	(m000h7rc)
st of actors from Syria and Lebanon, many of whom are		[Repeat of broadcast at 12:06 today]
emselves living through the kinds of events depicted in the	Now Matt's left home for the first time and moved in to share a	
ama.	flat with his best mate, Jess. But when Bob (Allan Mustafa)	
	shows up as the new carer, the fun really starts. Bob is new to	THU 23:00 Now Wash Your Hands (m000h7sy)
ast:	the job and, although willing, domestic duties are not really his	Episode 3
rshi Najwa Kondakji evork Raffi Feghali	forte. He's better at selling weed and dealing in knocked off	Comedu corona cost es Ian Halmas I-l V C-l Cl-1
bou Jameel Marcel Bou Chakra	iPads.	Comedy corona-cast as Jon Holmes, Jake Yapp, Salma Shah and Natt Tapley drop in on isolated home-bound guests.
ssaf Oussama el Ali	But he likes Matt and treats him like a real person. So, as far as	and ran rapicy drop in on isolated nonite-bound guests.
bab Nowar Yousef	Matt is concerned, Bob is here to stay.	
ukri Abdelrahim Alawji		THU 23:30 The Voices of (m00075jj)
mer Adeeb Razzouk	Ability is the semi-autobiographical co-creation of Lee Ridley,	Series 4
ck Alhasan Yousseff	otherwise known as Lost Voice Guy. Like his sitcom creation,	
ashed Hashem Kabrit	Lee has cerebral palsy and can only speak via an app. Lost	Richard Dawson
arakas Zeinab Assaf	Voice Guy is - probably - the first stand up comedian to use a	
nali Hussam Sharwany	communication aid. He won the BBC New Comedy Award in	For a man whose musical demeanour comes across as rough-
	2014, has done three full Edinburgh shows and been tour	hewn with a potency that's barely contained, Richard Dawson
udio recording Karim Beidoun, Guerilla Studios	support for Ross Noble, Patrick Kielty and Jason Cook. Lee has	person is gentle with a soft smile and opinions that are precise
ot effects Layal Salman	previously worked for Sunderland City Council's	worded though almost tentatively shared. He admits to a high
und editing Alisdair McGregor	communications team, and the BBC in Newcastle and London	level of everyday anxiety, yet has left a mark on contemporary
usic Ziad Ahmadiye	as well, as various local newspapers.	folk music in England that testifies to an innate confidence in
daptation Raffi Feghali	Kathanina Jakamana is the apparent of the second se	his musical vision. His albums (notably Nothing Important of
riter Hozan Akko roducer and Director Boz Temple-Morris	Katherine Jakeways is the co-creator and co-writer of Ability. Katherine is a multi-award nominated writer. She has written	2014 and Peasant in 2017), as well as being critically acclaime have taken folk music into new territory that's at once ancient
rouges and Director Doz rempte-morns	North by Northamptonshire, Guilt Trip and All Those Women	and avant-garde.
	1 rora of normanipronomic, ount mp and An mose wollien	and a rult guide.

A Holy Mountain production for BBC Radio 4

THU 15:00 Open Country (m000h7s3) The music of the Surrey Hills

Ian Marchant meets musicians inspired by the landscape of the Surrey Hills, including concert pianist Wu Qian, who found it terrifying when she first arrived from China aged 12. She soon learned to love the place and co-founded an international music festival which incorporates into its programme inspiring country walks in this Area of Outstanding Natural Beauty.

Ian meets Julia and Henry Pearson, who help to run the festival and live in the picturesque village of Shere, with its thatched

North by Northamptonshire, Guilt Trip and All Those Women for BBC Radio 4 as well as numerous radio plays. She has also written for Crackanory and The Tracey Ullman Show for TV along with a BBC 1 pilot, Carol and Vinney.

A Funny Bones production for BBC Radio 4.

THU 19:00 The Archers (m000h7sk) Writer, Naylah Ahmed & Nick Warburton Director, Dave Payne & Jeremy Howe Editor, Jeremy Howe

Kenton Archer Richard Attlee Phoebe Aldridge Lucy Morris Lilian Bellamy Sunny Ormonde

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Speaking at his home in the north-east of England, Richard reflects on the particular qualities of his voice, the life that music has opened up to him and his ever-present companion, Trouble the cat.

Presented and produced by Alan Hall A Falling Tree production for BBC Radio Four

FRIDAY 17 APRIL 2020

FRI 00:00 Midnight News (m000h7t0) The latest news and weather forecast from BBC Radio 4.

FRI 00:30 The Restaurant: A History of Eating Out (m000h7qt) [Repeat of broadcast at 09:45 on Thursday]

FRI 00:48 Shipping Forecast (m000h7t2) The latest weather reports and forecasts for UK shipping

FRI 01:00 Selection of BBC World Service Programmes (m000h7t4) BBC Radio 4 joins the BBC World Service.

FRI 05:33 Shipping Forecast (m000h7t6) The latest weather reports and forecasts for UK shipping

FRI **05:43 Prayer for the Day (m000h7tb)** A spiritual comment and prayer to start the day with Bishop Helen-Ann Hartley

Good morning. When the words 'Houston, we've had a problem here' were uttered by Apollo 13 astronaut Jack Swigert the attention of the world turned upwards into outer space as the drama unfolded. It was on this day 50 years ago that the command module entered Earth's atmosphere, and splashed down in the South Pacific ocean.

What I find remarkable about the accounts of what took place during the efforts to return the crew safely to Earth was not so much the innovation and ingenuity that was required, rather more the fact that the crew is reported not to have complained about their predicament. Conditions on board became hostile to life: it was freezing cold, and impossible to rest. That's where character becomes important. how can I assess a situation by facing reality and calmly moving forward? I read a book recently where the author (who had served in the military) described giving some advice to a young soldier who was afraid of the minesweeping task that lay before him.

His words to the soldier have stuck with me: how can I find the path and not the obstacles? Sometimes that's easier said than done, but with lived experience wisdom can inspire and lift me out of my present challenge. It's telling that the Apollo 13 astronauts' last words before re-entry were directed at mission control: 'I know all of us here want to thank all of you guys down there for the very fine job you did'. It all comes down to maintaining the right attitude, and that's my challenge and opportunity for today.

Lord Jesus, I pray that the example of your life will shape my attitude today. Keep me from complaining, and help me to find the path ahead with clarity and calmness.

Amen.

FRI **05:45 Farming Today (m000h7td)** The latest news about food, farming and the countryside.

FRI 05:58 Tweet of the Day (b02tx0s5) Spotted flycatcher

Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs. Steve Backshall presents the spotted flycatcher.

Spotted flycatchers may be rather plain-looking but they're full of character and they often nest in our gardens. The first sign that one's about may be a pale shape darting out from a tree to pluck a fly in mid-air with an audible snap of its bill.

FRI **06:00 Today (m000h932)** News and current affairs, including Sports Desk, Weather and Thought for the Day.

FRI 09:00 The Reunion (b00k2q8s) [Repeat of broadcast at 11:00 on Sunday]

FRI 09:45 The Restaurant: A History of Eating Out (m000h934) Episode 5

The history of eating out is a story of life - of politics, courage, skill, art, innovation and of luck. We start in Pompeii, where the town was engulfed in lava in AD79 and where, in the excavations, much was discovered about how the Romans ate out - many restaurants doubled up as brothels.

In the Ottoman Empire, we discover that doner kebabs were cooked in the open air at dainty picnics where learned men read books to each other while a cook carved the meat from a long wedge being turned on a spit over hot coals. After Henry VIII's break from Rome and the Dissolution of the Monasteries, travellers were left with nowhere to get a meal and a bed for the night and so the monastic staff who survived the purges needed places to work and very enterprisingly opened taverns which were soon packed with locals and visitors. This meant that, for the first time, people weren't humbly receiving bread and wine from a benevolent monk but receiving sustenance that they were paying for themselves - which, to an oppressed servant, must have felt like freedom.

On the day of the storming of the Bastille, it was estimated that one in every twelve men were in domestic service. Now, with the disappearance of the chateaux kitchens, many of the unemployed chefs opened restaurants in Paris and then later in London, where rich Englishmen were keen to discover how the French aristocracy had lived. By the 1820s, Paris was freed from the restraints of the revolution and became fashionable again with luxurious shops and restaurants and chefs - notably Marie-Antoine Careme who turned French cuisine into Gastronomy and remains an influence on chefs even to this day

The 20th Century saw the birth and domination of fast food.

In 1948, McDonalds became successful by simplifying their menu and doing away with the need for utensils. A man called Glen Bell found a way to mass produce Tacos in 1951, which led to another fast food craze, and sushi became a world favourite after a Japanese entrepreneur visited a brewery and was inspired by the conveyer belt system of carrying bottles, which he adapted for his restaurants.

The Indian restaurant started life in the 1940s when a number of cafes sprang up in London's Brick Lane and Commercial Road to support a community of seamen from Bangladesh. More restaurants blossomed in bombed out shops and, by the 50s, Indian restaurants spread across towns and cities throughout the UK becoming a firm favourite with students.

Albert and the late Michel Roux set the standard of English restaurant food in 1960s London whether it was liked it or not. Customers complained that the portions were too small. "This is French gastronomy," Michel told one such couple, with his finest charming smile, a few days after the launch. But there were enough Londoners to keep the restaurant busy and full from day one. By March 1968, Le Gavroche was famous.

Written by William Sitwell Read by Lesley Sharp

A Pier production for BBC Radio 4

FRI 10:00 Woman's Hour (m000h936) The programme that offers a female perspective on the world

FRI 10:45 The Mill on the Floss, by George Eliot (m000h938) Return to the Mill

Episode Ten Return to the Mill

Tom is now the master of Dorlcote Mill but there is no gladness or triumph for the young man and Maggie is full of despair. But can love win through the bitterness and conflict?

George Eliot, the Narrator Anna Maxwell Martin Maggie Joanna Vanderham Tom Will Kirk Stephen Jack Farthing Philip Chris Lew Kum Hoi Lucy Eli Potter Mrs Tulliver Alison Belbin Bob Kurtis Lowe Dr Kenn Hasan Dixon Mrs Glegg Elizabeth Counsell St Ogg's Lady Heather Craney

Written by George Eliot Adapted by Rhiannon Tise

Produced and Directed by Tracey Neale

FRI 11:00 The Learning Revolution (m000h93b) Knowing

In a world where a tiny parasite can immobilise societies across the world, Alex Beard asks what kind of knowledge will be crucial to learn in the future.

Today, we have more access to information and knowledge than we have ever done before. So what does knowing mean today when you can simply ask Google? We take a deeper look into how our brains use and store information, and find out whether future generations could be using their brains in very different ways.

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And as a species, what we know grows in reaction to the ever changing, and often challenging, world around us. In the midst of these changes, we ask whether facts and figures have a place in education when those facts and figures are changing.

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Alex Beard used to be a teacher, and is now an education explorer, of sorts. In the first episode of The Learning Revolution, he quizzes some of today's biggest minds in philosophy, cognitive science, artificial intelligence, urban innovation, and climate change, to find out what we'll really need to know in an ever changing world.

Presenter: Alex Beard Producers: Emma Barnaby and Dan Hardoon Executive Producer: Deborah Dudgeon A Whistledown production for BBC Radio 4

FRI 11:30 It's a Fair Cop (m000h93f) Series 5

Informant

In this week's episode, Alfie explores the police's use of informants and takes us through a real life case from his time on the Humberside force.

Written and presented by Alfie Moore Script editor: Will Ing Producer: Richard Morris A BBC Studios Production

FRI 12:00 News Summary (m000h93h) The latest national and international news from BBC Radio 4.

FRI 12:03 Shipping Forecast (m000hfv7) The latest weather reports and forecasts for UK shipping.

FRI 12:06 American Dirt, by Jeanine Cummins (m000h93m) 10. The North

Jeanine Cummins' heart-stopping and heart-rending novel following a mother and son on the run from the Mexican drug cartel that massacred their family.

Today: Lydia, Luca and the girls continue their desperate journey north. But out in the unforgiving desert, things spiral out of control...

Writer: Jeanine Cummins Reader: Yolanda Vazquez Abridger: Richard Hamilton Producer: Justine Willett

FRI 12:20 You and Yours (m000h93r) News and discussion of consumer affairs

FRI 12:57 Weather (m000h93w) The latest weather forecast

FRI 13:00 World at One (m000h93y) Mon-Thurs: Analysis of news and current affairs, presented by Sarah Montague. Fri: Analysis of news and current affairs, presented by Mark Mardell.

FRI **13:45 A History of the World in 100 Objects** (**b00pwn7t**) Making Us Human (2,000,000 - 9000 BC)

Clovis Spear Point

The Director of the British Museum, Neil MacGregor, retells the history of human development from the first stone axe to the credit card using 100 selected objects from the Museum. In this programme, Neil describes an object that dates from the earliest settlement of North America, around 13,000 years ago. It's a deadly hunting weapon, used by the first inhabitants of the Americas.

This sharp spearhead lets us understand how humans spread across the globe. By 11,000 BC humans had moved from north east Asia into the uninhabited wilderness of north America; within 2000 years they had populated the whole continent. How did these hunters live? And how does their Asian origin sit with the creation stories of modern day Native Americans?

Neil MacGregor tells the story of the Clovis Point, with contributions from Michael Palin and American archaeologist Gary Haynes

Radio 4 Lis	tings for 11 – 17 April 2020		Page 15 of 16
FRI 14:00 The Archers (m000h7sk) [Repeat of broadcast at 19:00 on Thursday]	Quiz comics and journalists in rounding up the news stories of the week.	Asian origin sit with the creation Americans? Neil MacGregor te with contributions from Michae	n stories of modern day Native lls the story of the Clovis Point,
FRI 14:15 Drama (b09sn38s)	Produced by Suzy Grant	archaeologist Gary Haynes	
Twenty Four Hours From Tulse Hill A romantic comedy by Guy Meredith and Zalie Burrow set in	A BBC Studios Audio Production	And if you'd like to see the objects described in the programme, up-close and from all angles, then go online to bbc.co.uk/ahistoryoftheworld.	
an estate agent in North London. Would-be writer Mark and artist Lisa work alongside each	<i>FRI</i> 19:00 Front Row (m000h94l) Live magazine programme on the worlds of arts, literature, film, media and music	Producers: Anthony Denselow,	Paul Kobrak and Philip Sellars
other, but both are yearning for a more rewarding life. Their boss comes up with an exciting challenge that could earn them a lot of money and increase their chances of leaving, but it is conditional on making one big sale. Their prospective client seems wealthy enough and all seems to go well - but a hitch sees their dream fading.	<i>FRI</i> 19:45 The Mill on the Floss, by George Eliot (m000h938) [Repeat of broadcast at 10:45 today]	<i>FRI</i> 22:00 The World Tonight In depth reporting, intelligent ar a global perspective	
Along the way, they have fallen for each other, but the prospect of the sale falling through means the possible end of both their professional and romantic futures.	<i>FRI</i> 20:00 Any Questions? (m000h94n) Dr Liam Fox MP, Vaughan Gething AM, Dame Donna Kinnair, Richard Walker	<i>FRI</i> 22:45 American Dirt, by (m000h93m) [Repeat of broadcast at 12:06 to	
Guy Meredith has written many dramas and comedies for Radio 4 and Radio 3, including BBC entries for the Prix Italia and Prix Futura.	Chris Mason presents political debate from Broadcasting House in London with former cabinet minister Dr Liam Fox MP, Welsh Health Secretary Vaughan Gething AM, the General	FRI 23:00 Great Lives (m000) Frank Cottrell Boyce on Tove Ja	
Catrin Stewart (Lisa) and John Heffernan (Mark) are both successful young actors - Mark recently played Lord	Secretary of the Royal College of Nursing Professor Dame Donna Kinnair and, Richard Walker the Managing Director of Iceland. Producer: Lisa Jenkinson	"One of the best things a childred sign posts in childhood to things pleasures that will get you throu	s that are good, and to the small
Altringham in the second series of The Crown, while Catrin has been a regular in Doctor Who as well as starring in the acclaimed theatre production 1984. The cast also features the very experienced film and TV actor	<i>FRI</i> 20:50 A Point of View (m000h94q) Weekly reflections on topical issues from a range of contributors.	and writer she became best know Moomins, the little white trolls other fantastical creatures such	who lived in Moominvalley with
Philip Jackson as their very pushy estate agent boss, Ricky Norwood from EastEnders as his over-keen assistant, and leading stage and TV actor Nicholas Le Prevost as Myles the wealthy client, with Rachel Atkins as Selena, his much younger girlfriend.	<i>FRI</i> 21:00 A History of the World in 100 Objects (b00r2hky) Making Us Human	and Whompers. Acclaimed screenwriter and chi Boyce has described Tove Janss having first discovered Moomin his local library in Liverpool. H	on as his 'Guardian Angel' walley one Saturday morning in e encountered Comets, Great
Director Cherry Cookson has produced and directed many award winning plays and comedies for the BBC.	Another chance to hear the Director of the British Museum, Neil MacGregor, retell the history of human development using 100 selected objects from the Museum - from the first stone use to the and it and "the history will acure the will acure the order.	Floods and a little Midsummer I with the warmth and wisdom of observance of Snufkin and the i	Moomin-Mamma, the gentle
Writers: Guy Meredith and Zalie Burrow Producer/Director: Cherry Cookson A Wireless Theatre production for BBC Radio 4.	axe to the credit card. His history will cover two million years and include items that were made in every part of the globe. In this, an omnibus of the first five objects of the series, Neil begins by recalling the first object that enthralled him a young boy of eight - and Egyptian Mummy, before examining the very	Fantastical in their adventures b humanity, Frank Cottrell-Boyce Mooninvalley who poured her f Drawing inspiration from childl	champions the creator of ascinating life into her books.
FRI 15:00 Gardeners' Question Time (m000h941) GQT At Home: Episode Three	the earliest examples of human ingenuity from Africa, America and Europe.	a forbidden - but wonderful - lo	
Peter Gibbs is joined by Chris Beardshaw, Anne Swithenbank and Matthew Pottage from the comfort of their own homes, answering questions sent in by the audience.	Hornedjitef was a priest who died around 2250 years ago, and he designed a coffin that, he believed, would help him navigate his way to the afterlife. Little did he know that this afterlife would be as a museum exhibit in London. This ornate coffin holds secrets to the understanding of his religion, society and	Producer in Bristol is Nicola Hu Presented by Matthew Parris Guest Expert Boel Westin Auth Words'	-
Producer: Hannah Newton Assistant Producer: Jemima Rathbone	Egypt's connections to the rest of the world. Neil tells the story of Hornedjitef's mummy case, with contributions from egyptologist John Taylor, Egyptian author Ahdaf Soueif and	(Pre-recorded earlier this year)	
A Somethin' Else production for BBC Radio 4	Indian economist and Nobel Prize winner Amartya Sen. He then goes back goes back two million years to the Rift	FRI 23:25 The Untold (m000c Jay-Z and Me Part II	9ls)
<i>FRI</i> 15:45 Short Works (m000h943) Living Text, by Julianne Pachico Julianne Pachico's new and specially commissioned short story is a beguiling tale about the art of contemporary writing. Katherine Press is the reader.	Valley in Tanzania, where a simple chipped stone marks the emergence of modern humans. One of the characteristics that mark humans out from other animals is their desire for, and dependency on, the things they fashion with their own hands. This obsession has long roots and Neil introduces one of the earliest examples of human ingenuity. Faced with the needs to cut meat from carcasses, early humans in Africa discovered	In 2017 Jay-Z phoned Hannah the calls because she was surrou students on a coach back from I For a decade, Hannah had been being head of music at the Univ soul band and being a mum to L band, Hannah Williams and the	nded by fifty of her music Leeds. making soul music – juggling ersity of Winchester, fronting a .eo. Her little known nine piece
Julianne Pachico is a British-American writer who grew up in Colombia. The Lucky Ones was her acclaimed debut, comprising a series of linked stories. Her novel The Anthill is published in May 2020.	how to shape stones into cutting tools. From that one innovation, a whole history human development springs. Neil tells the story of the Olduvai stone chopping tool, with contributions from Sir David Attenborough and African Nobel Prize winner Dr Wangeri Maathai	released an album. It turned out Jay-Z had stumbled Late Nights and Heartbreak, and to Beyoncé for cheating on her a	d on a song from her album, d had written his public apology
Produced by Elizabeth Allard	He then follows early humans as they slowly begin to move beyond their African homeland taking with them one essential	After fourteen years at the Univ	
FRI 16:00 Last Word (m000h945) Matthew Bannister tells the life stories of people who have recently died, from the rich and famous to unsung but significant.	item - a hand axe. In the presence of the most widely used tool humans have created, Neil sees just how vital to our evolution this sharp, ingenious implement was and how it allowed the spread of humans across the globe. And he tells the story of the	around the world started to fly i an interest in what they were do realised this was no fairy tale.	n, and the press suddenly took
<i>FRI</i> 16:30 PM (m000h94c)	hand axe with contributions from flint-napper Phil Harding, designer Sir James Dyson and archaeologist Nick Ashton	The track was one of the few so band hadn't actually authored. T it.	
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines	Next up is one of the earliest works of art. It is a carving of two swimming reindeer and it's not just the likeness that is striking. The creator of this carving was one of the first humans to express their world through art. Its place in the history of art and relieving is carvident with earlier buting from the	Two years ago, in the episode Ja Kanan as the revelation turned H song went platinum selling over nominated for a Grammy, and t	is world upside down – the a million copies, he was
FRI 18:00 Six O'Clock News (m000h94f) The latest national and international news from BBC Radio 4.	and religion is considered with contributions from the Archbishop of Canterbury Dr Rowan Williams and archaelogist Professor Steven Mithen	But for Hannah, as a sampled vo songwriter, this was no cash cow beginning. After putting everyth	v. The story was only just
FRI 18:30 The News Quiz (m000h94h) Series 102	Finally, Neil heads west to North America and an object that dates from the earliest settlements there, around 13,000 years ago. It's a deadly hunting weapon, used by the first inhabitants	career, can the band make it wo the most important things in her husband Dave?	rk? And what does it mean for
Episode 1	of the Americas. This sharp spearhead lets us understand how humans spread across the globe. By 11,000 BC humans had	Produced by Polly Weston.	
First in the series.	moved from north east Asia into the uninhabited wilderness of north America; within 2000 years they had populated the whole continent. How did these hunters live? And how does their	FRI 23.55 The Listoning Busi	ect (m0003 m4)
Angela Barnes hosts series 102, leading a panel of regular News	continent. How did these hunters live? And how does their	FRI 23:55 The Listening Proj	ect (m0003rn4)

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Joe and Charlie: The Relaxation of Running		
Friends who met through their shared love of running talk about how it's helped them in stay in touch with the world around them. Fi Glover presents another conversation in a series that proves it's surprising what you hear when you listen.		
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