Radio 4 Listings for 9 – 15 February 2019Page 1 of 14			
SATURDAY 09 FEBRUARY 2019	SAT 06:00 News and Papers (m0002g5n)	types of potato pancakes.	
SAT <b>00:00 Midnight News (m0002cny)</b> The latest national and international news from BBC Radio 4. Followed by Weather.	The latest news headlines. Including the weather and a look at the papers.	They also learn about the Scoville scale and try Tim McCarthy's hottest hot sauce in Northern Ireland.	
	SAT 06:07 Open Country (m0002cg1) Somerset Wassail	Produced by Laurence Bassett Assistant Producer: Hester Cant	
SAT 00:30 Book of the Week (m0002cp0) Threads of Life: A History of the World Through the Eye of a Needle	In the depths of the winter, on the old 12th Night, an ancient custom is held in the cider apple orchards of Somerset.	Food Consultant: Anna Colquhoun	
Episode 5	Wassailing involves pouring cider round the roots of the wassail tree, putting cider-soaked toast in its branches, singing to it, and sometimes firing guns through its branches. It's all about scaring	A Somethin' Else production for BBC Radio 4	
Textile artist and curator, Clare Hunter continues her journey through the centuries and across the continents where she uncovers the lives of women and men who have used sewing and embroidery to tell their stories. Today, Clare turns to the potency of needlework and The Dinner Party, the monumental multimedia artwork created by Judy Chicago in response to Michelangelo's The Last Supper which celebrates women's	away evil spirits, and encouraging the trees to produce a good crop in the year to come. Wassailing is a tradition with many elements: blessing the crops goes back to at least Tudor times, while the words "waes hael", meaning "be you healthy", are found in toasts as far back as the 12th century. By 1990 wassailing in apple orchards had almost died out in Somerset, but over the last thirty years the tradition has undergone a	SAT <b>11:00 The Week in West</b> Anne McElvoy of the Econom Westminster. The Editor is Marie Jessel. SAT <b>11:30 From Our Own C</b>	ist looks behind the scenes at
achievements. Read by Siobhan Redmond Abridged by Julian Wilkinson	remarkable revival. As Helen Mark finds out, it's now very much alive and well - and if nothing else, provides a good excuse for a party to brighten up the dark winter nights!	Correspondents around the world tell their stories and examine news developments in their region	
Produced by Elizabeth Allard	Producer: Emma Campbell	SAT 12:00 News Summary (r The latest national and internat	n0002gdv) ional news from BBC Radio 4.
<i>SAT</i> <b>00:48 Shipping Forecast (m0002cp2)</b> The latest weather reports and forecasts for UK shipping	SAT 06:30 Farming Today (m0002g5q) Farming Today This Week: Dairy	SAT 12:04 Money Box (m000 Ofgem raises energy cap	2g4y)
SAT 01:00 Selection of BBC World Service Programmes (m0002cp4) BBC Radio 4 joins the BBC World Service.	As Farming Today turns a spotlight on the dairy sector, Charlotte braves blustery conditions and torrential rain, to follow one batch of milk from cow to kefir (a cultured yogurt drink).	Paul Lewis presents the latest news from the world of personal finance.	
SAT 05:20 Shipping Forecast (m0002cp6) The latest shipping forecast	In Wiltshire, Charlotte meets dairy farmer George Dalton and his herdsman John Salisbury, who are at the start of spring calving. They tell her about coping with the pressures of dairy	<i>SAT</i> <b>12:30 The News Quiz (m0002cn9)</b> Series 98	
	farming, and what makes the perfect dairy cow	Episode 7	
SAT 05:30 News Briefing (m0002cp8) National and international news from BBC Radio 4	From there, Charlotte follows the tanker that collects the farm's milk, a few miles down the road to Dorset, where BV Dairy is located: a dairy processor making various chilled and cultured milk products, including clotted cream, yogurt and the newly	Miles Jupp looks back at the news this week, with Susan Calman, Kiri Pritchard-McLean, Desiree Burch & Helen Lewis It's a week of two Donalds - Donald Trump who gave his third	
SAT 05:43 Prayer for the Day (m0002cpb) A spiritual comment and prayer to begin the day with Alison Murdoch Tibetan Buddhist, writer, & editor.	trendy kefir. Meanwhile the Agriculture and Horticulture Development		Donald Tusk who thought there ell" for those who promoted
Last August, a 16-year old schoolgirl called Greta Thunberg decided to stage a one-person protest to draw attention to the climate crisis. Ignoring the pleas of her parents and teachers she sat herself down on the cobblestones outside the Swedish	Board's Chris Gooderham gives an insight into dairy market fluctuations, and Anna Jones visits the annual industry event DairyTech in Warwickshire - where she comes across a unique potential solution to the dairy industry's ammonia emissions problem	Miles' script is written by Madeleine Brettingham, Gabby	
parliament and didn't budge until the general election in September. Her premise was: why bother to learn anything in school if politicians won't pay attention to the facts? "Instead of	Presented by Charlotte Smith, produced by Lucy Taylor.	Produced by Victoria Lloyd A BBC Studios Production	
worrying about the future, you should try to change it while you still can," the small girl in pigtails told TIME magazine.	SAT 06:57 Weather (m0002g5s) The latest weather forecast.	SAT 12:57 Weather (m0002g67) The latest weather forecast.	
Greta's simple act of defiance has now gone viral. By the end of last year at least 20,000 students around the world had skipped their studies to demand action on climate change, including a mass school walkout in Australia. In December she was invited to speak at the United Nations Climate Change Conference. In January she addressed the World Economic Forum at Davos,	SAT 07:00 Today (m0002g5v) News headlines and sport.	SAT 13:00 News (m0002g69) The latest news from BBC Rac	lio 4.
arriving after a 32-hour train journey in preference to the private jets used by many of the other delegates. Whatever you feel about truancy and climate change, it's an impressive example of what one supposedly powerless individual can	SAT 09:00 Saturday Live (m0002g5x) Patrick Grant and Mark Anthony Turnage Aasmah and Richard are joined by: Patrick Grant - he bought	SAT 13:10 Any Questions? (I Chris Hazzard MP, Tobias Elly MP, Alison McGovern MP	n0002cnh) wood MP, Emma Little-Pengelly
achieve. One of the key messages of Tibetan Buddhism is that we all have more power and potential than we acknowledge. Not many	and revived a failing tailors in Savile Row in 2005, since then he's been awarded Menswear designer at the British Fashion Awards, become a judge on The Great British Sewing Bee and promotes sustainable fashion. Adam Kay used to be a junior	Chris Hazzard MP, Defence M DUP MP Emma Little-Pengell	Sinn Fein's Brexit spokesperson linister Tobias Ellwood MP the y and the Chair of Progress, the
of us will be called to prominence on the international stage. But if we stand up and speak out even in small ways for what we know is right, we'll definitely have an impact, which may then extend further than we'll ever know. "It is my moral memory is in the targe "Center to the the memory of the pro-	doctor, and left to become a writer and comedian. His book This is Going to Hurt was based on diaries written as a junior doctor, exposed the highs and lows of the job and became a bestseller. Nichola McAvoy lost her hair age 11 and will tell us how find in a friend who also hed algoesig was invested to the	centre left pressure group with McGovern MP. Producer: Lisa Jenkinson	in the Labour Party Alison
responsibility to do what I can," Greta told the press. Let's pray that we can all find the strength and courage to play our part, however small, in creating a better future for ourselves and others.	how finding a friend who also had alopecia was invaluable to her. Jess Herbert left her job as a trilingual assistant and retrained as an aborist - she's since won tree climbing competitions. We'll have your thank you and the Inheritance tracks of composer Mark Anthony Turnage who chooses	SAT 14:00 Any Answers? (m Have your say on the issues dis	
SAT 05:45 iPM (m0002cpd) How to influence people	Stravinsky's "The Fairy's kiss' conducted by Oliver Knussen with the Cleveland orchestra, and Miles Davis' 'Blue in Green'.	SAT <b>14:30 Drama (m0002g6f)</b> Opening Pandora's Box	
Listener Sara Tasker first appeared on iPM in 2014, when she was a superuser on the photosharing platform, Instagram. Five years later, we hear how she's made a full time career out of posting pictures, whether she gets paid to advertise brands, and what she makes of calls for social media companies to better	Producer: Corinna Jones Editor: Eleanor Garland SAT 10:30 The Kitchen Cabinet (m0002g5z) Series 23	How do you turn a celebrated silent film into an audio drama? Wedekind's controversial 19th Century Lulu plays formed the basis of the 1929 German movie, Pandora's Box. Its star, Louise Brooks, will forever be associated with her iconic performance as Lulu, the ultimate 'femme fatale'. 90 years on, writer Katie Hims wonders what on earth to do about Lulu.	
protect vulnerable users.	Belfast	The Writer/Lulu Kate O'Fl	
Channel 4's Jon Snow reads our "Your News" bulletin. iPM is the show that starts with your story. iPM@bbc.co.uk is	Jay Rayner and the panel visit Belfast. Professor Barry Smith, Rachel McCormack, Rob Owen Brown and Paula McIntyre	Justin/Alwa Joseph Ayre Simone/Geschwitz Ayesha Kerry Kerry Gooderson	Antoine
how to get in touch.	answer the audience questions.	Dr. Schön Tony Turner Schigolch Michael Bertens	haw
Presented by Luke Jones. Produced by Cat Farnsworth.	The panellists suggest the best recipes for breakfast with friends, learn about brown lemonade and debate the superior	Piani Ronny Jhutti The Kind-Faced Man Chri	stopher Harper

The panellists suggest the best recipes for breakfast with friends, learn about brown lemonade and debate the superior Supported by bbc.co.uk/programmes/

Radio 4 Listings for 9 – 15 February 2019			Page 2 of 14
Rodrigo Don Gilet Dr. van Zarnikow Sam Dale Charlotte Franchi Webb Written by Katie Hims	We're talking buildings and monuments on Profile this week – looking at the life and career of Sir David Adjaye. The 52-year- old British-Ghanaian architect shot to fame in the US for his 2016 Museum of African American History and Culture in Washington DC. An exhibition featuring his work has just	winning dramatist whose previ Republicans and The Clintons, following investigators as they dealings on behalf of the man Individual One.	unravels the story so far, uncover the truth behind Cohen's
Original Music by Neil Brand Directed by Toby Swift SAT 15:30 Quirke's Cast and Crew (m0002bmx)	opened in London. Producer: Sally Abrahams Presenter: Mark Coles	Robert Mueller's investigation produced several convictions a himself, former head of the FE	
Series 2 Location Managers	SAT 19:15 Saturday Review (m0002g6x) If Beale Street Could Talk, Home I'm Darling, Tessa Hadley,	throughout his career and espe the Russia probe. Mueller: Tru goings-on at the heart of the in	mp Tower Moscow imagines the
Antonia Quirke begins the new series with a look at the role of	George Shaw exhibition, David Bowie	With Kerry Shale as Michael C	-
the location manager in film and television production. 'Quirke's Cast and Crew' examines the contribution made by some of the unsung heroes within film and television - later in the series Antonia will meet animal wranglers, foley artists and composers, and in this first episode Antonia hears all about the vital role of the location manager. Often among the very first people employed on a production, the locations they come up have a major impact on the look and feel of a show or film. The programme begins on the set of the forthcoming Downton Abbey film, where Leon Seth is one of the key members of the location management team, acting as a vital bridge between the film crew and the local community. Antonia joins scout Jethro Ensor on the road in Liverpool as he seeks out possible locations for a drama set in London. These include an old	Oscar-tipped If Beale Street Could Talk is directed by Barry Jenkins who won Best Picture in 2016 for Moonlight A woman in Harlem embraces her pregnancy while she and her family struggle to prove her fiancé is innocent of a crime Katherine Parkinson stars in Home I'm Darling, recently opened at London's Duke of York Theatre, as an ideal 1950s housewife living in the present day Tessa Hadley's newest novel Late In The Day. The death of a close friend in a tight circle of long-term friends throws all the remaining relationships into sharp relief The painter George Shaw - famed for his realist suburban subject matter has a new exhibition opening at the Holburne Museum in Bath A new BBC2 documentary David Bowie: Finding Fame investigates how David Robert Jones became David Bowie	Daniels and Nathan Osgood as a group of invented characters Mueller team. Cast: Hunter Christy Meyer Najib Robert Gilbert Saloman Ako Mitchell Felix Sater Nathan Osgood George Pandora Colin Stormy Daniels Nancy Crane Michael Cohen Kerry Shale Written by Jonathan Myerson Sound design by Alisdair McG	
mansion replete with original fittings, and a vast, disused Victorian orphanage. Antonia also speaks with Joe Cairns and Lauren York about the rise of location libraries, offering off- the-peg locations as a quick fix for scouts having to	using previously unseen footage, interviews with friends and lovers and correspondence that is less than flattering. Tom Sutcliffe's guests are Susie Boyt, Irenosen Okojie and Pat	Produced and directed by Boz A Holy Mountain production f	*
accommodate the burgeoning British film and TV industry. Producer: Geoff Bird	Kane. The producer is Oliver Jones Podcast extra recommendations:	SAT 22:00 News and Weathe National and international new	
<i>SAT</i> <b>16:00 Woman's Hour (m0002g6h)</b> Weekend Woman's Hour - 09/02/2019	Irenosen: Russian Doll on Netflix Tom: Ruskin Exhibition at 2 Temple Place	SAT 22:15 Moral Maze (m00 The mental health of young pe	
Highlights from the Woman's Hour week.Presented by Jane Garvey Producer: Rabeka Nurmahomed	SAT 20:00 Archive on 4 (m0002g6z) PE - a History of Violence	is it a better place in which to be likely to be depressed today the	an they were during the Great
Editor:Jane Thurlow SAT <b>17:00 PM (m0002g6k)</b> Full coverage of the day's news.	When Matthew Sweet was taking his daughter to secondary school open days, he noticed a pattern emerging - the PE teachers were intelligent and thoughtful people with clear and sophisticated ideas about the social and psychological benefits of their subject. What had happened to the PE teachers of old, who were represented in popular culture by bullies and drill sergeant types like Mr Sugden in Kes and Bullet Baxter in	on? Surely, it can't just be the if for giving young people freedor demonise social media for con hour, with evidence of their ow that children and teenagers are	cide are on the rise. What's going internet, whether we welcome it in they never had before, or fronting young people, hour by ni inadequacy. Research suggests spending less time face-to-face It o send their kids out to play in
SAT 17:30 The Bottom Line (m0002cgm) University Businesses Higher education in the UK is an astonishingly successful British industry, with an income of almost £35 billion a year. Universities have expanded hugely with more students from home and abroad. But uncertain times lie ahead. Tuition fees are under review and some people in the sector argue Brexit may make it harder to attract students from EU countries. Are universities sustainable as businesses?	Grange Hill? He sent out a tweet - "Why was PE the only subject in which humiliation was considered part of the learning process?" Hours later, he had collected literally hundreds of traumatic anecdotes – a culture of bullying and sadism, described by students put off sport for life. In PE – A History of Violence, Matthew haunts the gyms, playing fields and communal changing rooms of PE's past, to interrozate former PE teachers. What's the point of PE? Did it	people can go off the rails beca parents can struggle to cope if extended family or the wider c older generations have always people than to praise them. Ho responsible for the mental heal intervene through government to protect teenagers? If the pol take increasing responsibility,	there is a lack support from the ommunity. We remember that been quicker to condemn young w far should we feel collectively th of young people? Is it time to regulation and education policy
Guests: Professor Nick Petford, Vice-Chancellor of the University of Northampton Professor Trevor McMillan Vice-Chancellor of Keele University Dr Helen Carasso, Department of Education, Oxford University	"Team spirt?" says a young teacher from a Dagenham comprehensive school in a Panorama from the 1980s, "You mean the team spirit that managed to get so many thousands and millions of people killed in World War 1?" A decade earlier, in a series about physical education, Ron Pickering suggested that dance was "the most controversial element of physical	are we in danger of wrapping t their resilience? Are we over- serious mental health problems stresses and uncertainties of ad	hem in cotton wool, and reducing nedicalising the issue, diagnosing s where once we saw only the
SAT 17:54 Shipping Forecast (m0002g6n) The latest shipping forecast.	education". Matthew finds followers of Rudolf Laban and PE pioneer	SAT 23:00 Round Britain Qu	tiz (m0002b9d)
SAT <b>17:57 Weather (m0002g6q)</b> The latest weather forecast.	Madame Österberg. He also meets a tortuous bully in Andrew Davies' 1970 play, Is That Your Body, Boy' Nearing retirement and struggling to come terms with the changing curriculum, Cracker Carstairs mourns the loss of the old PE lessons. "I am not afraid of pain. That is what life is all about."	Programme 6, 2019 (6/12) How might the Catalonian nati and a fearsome chilli from Car	onal anthem, a Discworld novel olina all bring you closer to
SAT 18:00 Six O'Clock News (m0002g6s) The latest national and international news from BBC Radio 4. SAT 18:15 Loose Ends (m0002g6v)	With Dr Anne Elliott, sports scientist and senior lecturer at the London Sports Institute, Middlesex University and Margaret Whitehead, former physical education teacher, PE consultant and editor of Physical Literacy: Throughout the Lifecourse.	panellists from the South of Er Sinha and Marcus Berkmann p looking for their first win of th	h he'll be trying out on the regular agland and Northern Ireland. Paul lay for the South of England, still he season, opposite Freya
Trevor Horn, Bonnie Langford, David Suchet, Apphia Campbell, Gavin Greenaway, Greentea Peng, YolanDa Brown, Clive Anderson	A Testbed production for BBC Radio 4		for Northern Ireland. oes his best to steer the panel out essary - but the more clues they
Clive Anderson and YolanDa Brown are joined by Trevor Horn, Bonnie Langford, David Suchet and Apphia Campbell for an eclectic mix of conversation, music and comedy. With music from Gavin Greenaway and Greentea Peng.	SAT 21:00 Drama (m00029g9) Mueller: Trump Tower Moscow When Hunter and Najib are given the job of looking into the	need from the chair, the fewer As always, listeners' suggestion questions in today's edition.	
Producer: Sukey Firth	proposed Trump Tower in Moscow, their investigation soon throws up some startling results - particularly in relation to Donald Trump's personal lawyer Michael Cohen, the man who	Producer: Paul Bajoria	
<i>SAT</i> <b>19:00 Profile (m0002g4g)</b> David Adjaye	said he'd "take a bullet" for his Presidential client. This up-to-the-minute contemporary drama sheds light on a story that continues to unfold. Jonathan Myerson, award	SAT 23:30 Dorothy Cross: SI An ode to sharks by Irish artist	
	Supported by bbc.co.uk/programmes/		

Radio 4 Listings for 9 – 15 February 2019Page 3 of 14			
With fossil records dating back 400 million years, sharks have outlived most life forms on the planet. They are essential to the natural order of marine ecosystems, but so little is really known about them. Dorothy Cross is fascinated and inspired by these	individual freedom, rather than taking a wider stance against inequality caused by society's flaws. Keeping socially sanctioned inequality in mind, Suryagupta	There's a spirit in the air (Tune Readings: Isaiah 6: 1-8, Luke 5 Organist: Jordan English. Producer: Mo McCullough	
majestic fish. She's shared a canoe with a shark caller in the South Pacific, swum beneath Hammerheads in the Galapagos and, in this programme, she's out on a boat off Malin Head, the northern most tip of Ireland, in search of basking sharks and	looks back on a recent trip to South Africa. Although apartheid ended 25 years ago, discrimination is still rife. She argues that this disparity means a sense of freedom is absent for both white and black South Africans – armed guards and barbed wire	SUN 08:48 A Point of View (m0002cnk) The Organ Recital	
poetry.	characterising Cape Town's rich suburbs.	Will Self asks why our relation	ship with our bodies - our
Poems include Norman MacCaig's Basking Shark, Mirror by Silvia Plath, Flying Fish: An Ode by Charles Wharton Stork, Herman Melville's Maldive Shark and Behind Me Dips Eternity by Emily Dickinson. Poetry readers are Eleanor Bron, Bill Paterson and Fiona Shaw.	Suryagupta concludes her exploration of equality by considering the importance of reflecting on biases, to actively pursue a freedom that is only reached by finding common humanity. In finding this, she explains, we can achieve a richer, truer experience of humanity.	corporeal self - has become such a distant one. "One thing that becomes screamingly obvious the second we fall ill - and which remains with us day after day, if we're chronically so - is that we are our bodies", he writes. He warns of the dangers of exalting our minds above all else.	
Produced by Kate Bland A Cast Iron Radio production for BBC Radio 4	Presenter: Suryagupta Dharmacharini Producer: Oliver Seymour A TBI production for BBC Radio 4	Producer: Adele Armstrong	
		SUN 08:58 Tweet of the Day Dominic Couzens on the Moor	
SUNDAY 10 FEBRUARY 2019	SUN 06:35 On Your Farm (m0002g35) British Flowers	Natural history writer, speaker	and tour leader Dominic
SUN 00:00 Midnight News (m0002g73) The latest national and international news from BBC Radio 4. Followed by Weather.	As Valentine's Day approaches it's one of the busiest times of the year for flower growers. Verity Sharp visits a florist and flower farmer in Somerset, to hear about the challenge of providing British flowers year round.	Couzens is in the chair this week for Tweet of the Day. Taking a break from his worldwide travels, Dominic recounts why the moorhen is a comical bird which can hold a few surprises that's no laughing matter.	
SUN 00:30 Short Works (m0002cmx) Craft Work by Selina Thompson	Produced by Beatrice Fenton.	You can hear more from Domi omnibus available on the Radio	nic in his Tweet of the Week o 4 website or via BBC Sounds.
Living in a caravan on the east coast of Ireland, a woman comes face-to-face with fear. An original short work for radio by	SUN 06:57 Weather (m0002g37)	Producer Andrew Dawes	
Selina Thompson.	The latest weather forecast.	SUN 09:00 Broadcasting Hou	ise (m0002g3p)
Selina Thompson is an artist and performer based in Leeds. Her work is playful, participatory and intimate, focused on the politics of identity, and how this defines our bodies, lives and environments. She has made work for pubs, cafes, hairdressers, toilets, galleries, theatres - and now radio. Past work includes	SUN 07:00 News and Papers (m0002g39) The latest news headlines. Including a look at the papers.	SUN 09:00 Broadcasting House (m0002g3p) Sunday morning magazine programme with news and conversation about the big stories of the week. Presented by Paddy O'Connell.	
'Salt', where she retraced one of the routes of the Transatlantic Slave Triangle on a cargo ship across the Atlantic, and 'Chewing The Fat', her own version of a midnight feast: somewhere	SUN 07:10 Sunday (m0002g3c) Nigeria's elections: A Sunday programme special	SUN 10:00 The Archers Omnibus (m0002g3r) Writer Tim Stimpson Director Marina Caldarone Editor Jeremy Howe Jill Archer Patricia Greene	
between the confessions made over coffee at weight-watchers, and the sloppy drunken story-telling that accompanies that 3AM kebab.	Nigeria's presidential elections on February 16 will decide who leads Africa's most populous nation for the next four years.		
Produced by Eliza Lomas. Written and performed by Selina Thompson.	In a Sunday special from Lagos, Edward Stourton explores the effect religion plays in Nigerian life and its importance in the upcoming ballot.	David Archer Timothy Bentinck Ruth Archer Felicity Finch Pip Archer Daisy Badger Ben Archer Ben Norris	
SUN 00:48 Shipping Forecast (m0002g75) The latest weather reports and forecasts for UK shipping	Religiously linked violence in Nigeria's northern states and Middle Belt colours the backdrop of these elections. We speak to those affected and examine the impact the clashes will have on how people vote.	Kenton Archer Richard Attlee Jolene Archer Richard Attlee Helen Archer Louiza Patikas Tom Archer William Troughton	
SUN 01:00 Selection of BBC World Service Programmes	Femi Kuti who, like his father Fela Kuti, combines music with	Brian Aldridge Charles Co Jennifer Aldridge Angela I	
(m0002g77) BBC Radio 4 joins the BBC World Service.	social activism, speaks to Edward Stourton about the choices facing Nigeria. And with two leading candidates both in their	Rex Fairbrother Nick Barbe Toby Fairbrother Rhys Beva	
	70s, we speak to some of Nigeria's under 25s, who makes up more than half the population, about how they view the	Bert Fry Eric Allan Eddie Grundy Trevor Harris	on
SUN 05:20 Shipping Forecast (m0002g79) The latest shipping forecast	elections.	Shula Hebden Lloyd Judy Be Alistair Lloyd Michael Lum	
II S	Producer: Harry Farley	Adam Macy Andrew Wind Kirsty Miller Annabelle Dow	cott
SUN 05:30 News Briefing (m0002g7c)	Helen Lee	Elizabeth Pargetter Alison	Dowling
National and international news from BBC Radio 4		Johnny Philips Tom Gibbon Roy Tucker Ian Pepperell	8
SUN 05:43 Bells on Sunday (m0002g54) St Chad's, Far Headingley, Leeds	SUN 07:54 Radio 4 Appeal (m0002g3f) Lifebox Foundation	Natasha Mali Harries Leonard Paul Copley	
Bells on Sunday comes from St. Chad's, Far Headingley in	Surgeon and author Atul Gawande makes the Radio 4 Appeal on behalf of Lifebox Foundation.	SUN 11:15 Desert Island Dise	cs (m0002g3t)
Leeds. The church was built in 1867 and its spire reaches 186 feet high. There is a ring of eight bells and the tenor weighs	To Give:	Cressida Dick, Commissioner	of the Metropolitan Police
eighteen hundredweight and is tuned to the key of E.	<ul> <li>Freephone 0800 404 8144</li> <li>Freepost BBC Radio 4 Appeal. (That's the whole address.</li> </ul>	Cressida Dick is Commissioner	r of the Metropolitan Police.
SUN 05:45 Profile (m0002g4g) [Repeat of broadcast at 19:00 on Saturday]	Please do not write anything else on the front of the envelope). Mark the back of the envelope 'Lifebox Foundation'. - Cheques should be made payable to 'Lifebox Foundation'.	She was born in 1960, the youngest child of two university professors. Her parents divorced when she was still at primary school and she and her older siblings grew up in Oxford. Their father died when Cressida was just 11. She read Agriculture	
SUN 06:00 News Headlines (m0002g31)	Registered Charity Number: 1143018	and Forest Sciences at Oxford year in accountancy.	University before spending a
The latest news from BBC Radio 4.	SUN 07:57 Weather (m0002g3h)		blice in 1983 where her first beat
SUN 06:05 Something Understood (m0002g33) The Wisdom of Equality	The latest weather forecast.	was on the streets of Soho. After transferred to Thames Valley P up to become area commander	Police where she worked her way
Chair of the London Buddhist Centre Suryagupta	SUN 08:00 News and Papers (m0002g3k) The latest news headlines. Including a look at the papers.	In 2001 she completed a maste	
Dharmacharini considers what is meant by the concept of	i ne latest news neadlines. Including a look at the papers.	joining the Met to head its dive	ersity directorate and, from 2003,
equality and how to achieve it. She explores the process of confronting both internal and external biases.	SUN 08:10 Sunday Worship (m00026gy)	Operation Trident, the Met's gu capacity that she came to wider	r public attention when, in the
Suryagupta considers her own experience of growing up as an	From St Giles' Cathedral, Edinburgh, led by The Rev Calum MacLeod with the Cathedral Choir directed by Michael Harris.	wake of the 2005 London transport bombings, an innocent man	
African Caribbean girl in the UK and the sense of inferiority that often accompanied that. She turns to Buddhist teachings in	Introit: Christ whose glory fills the skies (Andrew Carvel) Preces: Richard Shephard	severely criticised in the aftermath of Jean Charles de Menezes's death. Cressida Dick was the commander in charge of the operation, but a 2007 trial found that she bore no personal culpability.	
an attempt to counter this state of mind, in favour of creating a more equal and loving experience. However, she remains	Anthem: Be thou my vision (Bob Chilcott) Hymns: All my hope on God is founded (Tune: Michael)		
mindful that religions can sometimes choose to focus solely on	O God you are my God alone (Ps 63) (Tune: Resignation)	personal employinty.	

Radio 4 Listings for 9 – 15 February 2019Page 4 of 14			
In 2011, she became Assistant Commissioner for Specialist	A Somethin' Else production for BBC Radio 4	lose your memory. It focuses o	n what it means for your sense of
Operations responsible for counter-terrorism work, but in 2015 she left the Met to work at the Foreign Office. In February 2017, she made her return to policing when she was the successful candidate in the search for a new Commissioner. She took up the post in April 2017 for a five-year term, the first	SUN 14:45 The Listening Project (m0002g46) Love Lost and Found	self to come loose and for the past to float free. It carries echoes of Shakespeare's Tempest in its study of a man under a kind of spell, whose child must observe his strange and terrifying liberation. The poems move from the shifting coastal landscape of the east of England, a geography central to Greenlaw's life and work, to eroded interiors containing only the bare structures and reduced emblems of this man's life.	
woman and the first openly gay person to hold the job.	For Paul and Robert , it's the power of the word itself. For Bea		
Presenter: Lauren Laverne Producer: Cathy Drysdale	and Rebecca it was unconditional, even in the midst of the conflict and pain triggered by an eating disorder. For Tania and Chris, it is an unexpected joy.	The Built Moment by Laviania Greenlaw is published by Faber & Faber	
	Love is an essential ingredient in family life and in this week's	& Fabel	
SUN 12:00 News Summary (m0002g3w) The latest national and international news from BBC Radio 4.	omnibus, Fi Glover hears how three sets of parents and children describe the love they share.	The Sea is an Edge and an Ending is a short film made with the FVU. You can read more about it and watch the film here:	
<i>SUN</i> <b>12:04 Just a Minute (m0002b9p)</b> Series 83	The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation with someone close to them about a subject they've never discussed intimately before.	https://www.fvu.co.uk/projects/the-sea-is-an-edge-and-an- ending-1#video-182736596 Producer: Maggie Ayre	
Episode 1	The conversations are being gathered across the UK by teams of		
New Series	producers from local and national radio stations who facilitate each encounter. Every conversation - they're not BBC	SUN 17:00 File on 4 (m0002b	
Tony Hawks, Josie Lawrence, Gyles Brandreth & Angela Barnes join Nicholas Parsons for the panel game where the challenge is to speak without repetition, deviation or hesitation.	interviews, and that's an important difference - lasts up to an hour, and is then edited to extract the key moment of connection between the participants. Most of the unedited conversations are being archived by the British Library and	Can we Fix it? The Inside Story of Match Fixing in Tennis Last month, law enforcement officials in Spain said they had broken up a major match fixing ring in tennis. The Guardia	
Produced by Victoria Lloyd A BBC Studios Production	used to build up a collection of voices capturing a unique portrait of the UK in the second decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject	Civil said 28 players competing were implicated. It's alleged the bribed the players to fix match	at a group of Armenians had es.
SUN 12:32 The Food Programme (m0002g3y) Curry house crisis where are the women?	Producer: Julia Johnson		
The British Asian restaurant sector says it's suffering the consequence of major staff shortages. Many high street takeaways and curry houses are facing closure. While	SUN 15:00 Drama (m0002g48) The Door in the Pillow	on social media as matches get outcome is achieved. The rewa	underway to ensure the correct
restaurants search for a solution, some are questioning whether enough is being done to encourage women into traditionally male dominated kitchens. And whether if they could, this might hexard of the solutions.	Inspired by events in his own life, award-winning screenwriter and novelist Frank Cottrell-Boyce has created a deeply tender drama, full of heart, hope and humour which weaves the average of the state	more than they can earn in prize money. For the betting gangs who have placed money on a guaranteed outcome, the pay off can be much greater.	
be part of the solution. In this programme Sheila Dillon meets pioneers of British Asian cooking. Chef Romy Gill MBE, one of the first Indian women to own and run her restaurant 'Romy's Kitchen' near Bristol. Winner of BBC One's Masterchef Saliha Mahmood	powerful impact of dementia into a haunting ghost story. Anne Mitchell stars as Annie, a woman whose fractured sense of the world is held together by stories. Daughter Terri starts to question where they are coming from – one story in particular seems wildly disconnected from anything Terri knows of her mother's past. It doesn't crack under examination, and seems to	Two years after File on 4 first revealed concerns about match fixing in the game, the programme looks at how the tennis authorities have responded to the issue and examines the measures put forward by an independent panel to reduce the rick of examption	
Ahmed, whose multi-faceted career takes in cheffing, food writing, raising children and working as a doctor. Asma Khan, soon to be the first British restauranteur on the Emmy	have a concrete solidity that reality no longer does Frank Cottrell-Boyce is perhaps best known as the script writer	risk of corruption. Reporter: Paul Connolly Producer: Paul Grant	
nominated Netflix series 'Chef's Table'. Takeaway chef Salina Ahmed, finalist in the British Takeaway awards for her cooking at 'Sizzlers' in Winchester. And Rakesh Ravindran Nair, Group Development and Training Chef at the Cinnamon Club in	for the London Olympics Opening Ceremony. He won the Carnegie medal for his novel MILLIONS, which he also adapted for the screen directed by Danny Boyle. He scripted the Occar nominated HII ARY AND IACKIE and callaborated	Editor: Gail Champion Photo credit: AFP / Getty Images	
London. Presented by Sheila Dillon	Oscar-nominated HILARY AND JACKIE, and collaborated with Michael Winterbottom on films including 24 HOUR PARTY PEOPLE. His novel SPUTNIK'S GUIDE TO LIFE ON EARTH is currently being adapted as an animated film for	SUN <b>17:40 Profile (m0002g4g)</b> [Repeat of broadcast at 19:00 on Saturday]	
Produced in Bristol by Clare Salisbury	Dreamworks. Annie Ann Mitchell	SUN 17:54 Shipping Forecast (m0002g4j)	
SUN 12:57 Weather (m0002g40) The latest weather forecast.	Terri Samantha Spiro Bernie Carolyn Pickles Eric Tony Turner	The latest shipping forecast.	
SUN 13:00 The World This Weekend (m0002g42) Global news and analysis, presented by Mark Mardell.	Father Burns Don Gilet The Soldier Christopher Harper The Children Grace Doherty and Evice Lavery Other parts are played by Saffron Coomber, Jeanette Percival,	SUN 17:57 Weather (m0002g The latest weather forecast.	(41)
SUN 13:30 No County for Young People (m0002g44) Comedian Sarah Breese attempts to reverse the trend of young	Alexandra Constantinidi Written by Frank Cottrell-Boyce	SUN 18:00 Six O'Clock News The latest national and internat	s (m0002g4n) ional news from BBC Radio 4.
people deserting rural Wales. There will be nearly 20% fewer under-25s in the county of Powys by 2039. What will it take for Sarah to persuade people to stay? How can young professionals	Directed by Allegra McIlroy	SUN 18:15 Pick of the Week Adrian Chiles	(m0002g4q)
be convinced to move in? And are rural areas viable as the population ages?	SUN 16:00 Open Book (m0002g4b) Kristen Roupenian, Javier Cercas, Quakers in fiction	Adrian Chiles chooses his BBC	C Radio highlights.
Produced by Glyn Tansley	Kristen Roupenian, author of the acclaimed short story 'Cat Person', talks to Mariella Frostrup about her new collection 'You Know You Want This'	SUN 19:00 The Archers (m00 Emma's attempts to help backf	
SUN 14:00 Gardeners' Question Time (m0002cmv) Rutland	Celebrated writer Javier Cercas recommends his top literary picks about the Spanish civil war	keep up appearances	
Eric Robson and the team are in Rutland. Matthew Wilson, Christine Walkden and James Wong answer this week's questions.	Chris Power reviews 'Where Reasons End' the new novel from American Chinese author Yiyun Li	SUN 19:15 Clare in the Com Series 11 Unfaithful	munity (b083p889)
The panellists recommend plants for a herbaceous border on clay, suggest evergreen trees suitable for providing privacy in	Bridget Collins explores the appeal of Quaker characters in literature	Episode 3 - Unfaithful	
the garden, and advise on cutting back a badly pruned Amalanchier. They also discuss non-flowering daffodil bulbs, the pros and cons of opening your garden to the public and the success of	SUN 16:30 The Sea is an Edge and an Ending (m0002g4d) The poet Lavinia Greenlaw presents a sequence of poems about her late father's dementia.	Brian's been going through Cla upsetting discovery. He's insist although Clare isn't taking proc	ed on a couple's therapy session
cons of opening your garden to the public and the success of Rowan trees in warding off evil spirits.	"And so he keeps setting out - without keys or money or a plan -		he social worker who has all the cal solution.
Away from the questions, Bob Flowerdew visits Ross Lee, an inspirational self-taught young gardener in Suffolk.	casting himself upon the world, sure that it will come: the divine hand that reaches down to switch off the engine -the point of arrest, the rest."	right jargon but never a practical solution. A control freak, Clare likes nothing better than interfering in other people's lives on both a professional and personal basis.	
Produced by Dan Cocker Assistant Producer: Rosie Merotra	The Sea is an Edge and an Ending investigates what it means to	Clare is in her thirties, white, middle class and heterosexual, all of which are occasional causes of discomfort to her.	
	Supported by bbc.co.uk/programmes/		

Radio 4 Listings for 9 – 15 February 2019Page 5 of			
Each week we join Clare in her continued struggle to control both her professional and private life In today's Big Society there are plenty of challenges out there for an involved, caring social worker. Or even Clare. Written by Harry Venning and David Ramsden	Interviewed guest: Lord Peter Hain Interviewed guest: Jane Arraf Interviewed guest: Sophie Clapp Interviewed guest: Iain Cameron Interviewed guest: Derek Pyper Producer: Neil George	used to build up a collection of voices capturing a unique portrait of the UK in the second decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject Producer: Marya Burgess.	
Producer Alexandra Smith A BBC Studios production.	Archive clips from: The Whites Who Fought Apartheid, Radio 4 23/05/2010; ISIL's Destruction of Antiquities, Al Jazeera English 26/02/2015; Dan Cruickshank's Civilisation Under	MONDAY 11 FEBRUARY 2019	
SUN <b>19:45 Blackwater (m0002g4v)</b> Episode 6	Attack, BBC Four 08/07/2015; Saturday Live, Radio 4 22/12/2007; Afield, Radio 4 03/01/1971; Bookshelf: Rosamunde Pilcher, Radio 4 03/01/1992.	MON <b>00:00 Midnight News (m0002g52)</b> The latest national and international news from BBC Radio 4. Followed by Weather.	
A multi-voiced dark story about secrets and lies in a small town.	SUN 21:00 Money Box (m0002g4y)		
Golden girl Zoe's been dead for ten years, her body dragged from the river Black after a night out to celebrate the end of school. But now a woman who says she's Zoe has turned up in her hometown of Blackwater, on the Irish border, with no memory of the last decade. She claims she woke up in a forest nearby, bruised and bleeding, and doesn't know where she's been all this time. What happened to her? Is she really Zoe? If so, who's in her grave?	[Repeat of broadcast at 12:04 on Saturday] SUN 21:25 Radio 4 Appeal (m0002g3f) [Repeat of broadcast at 07:54 today] SUN 21:30 Analysis (m0002b9z)	MON 00:15 Thinking Allowed (m0002c2s) Motorbikes Motorbikes: Born to be wild. Randy McBee, Professor of Labor and Social History at the Texas Tech University, considers the rise of the American Motorcyclist from its largely working- class roots to the growth in "outlaw" motorcycle culture in the 1950s through to the development of the motorcycle rights	
Paul, a local boy whose band were playing in the venue where Zoe was last seen, went to prison for her murder. Now he's out, but he's lost everything and is shunned in the town. The people of Blackwater were easily convinced that a black boy murdered Zoe, and the evidence did stack up – but if she's not even dead, then how did he get convicted? Did someone deliberately frame him? He's determined to find out the truth and clear his name. But does he really know nothing about what happened?	Do children of married parents do better? Does being born to non-married parents affect a child's prospects? It is a question that is notoriously hard to answer. BBC Education Editor Branwen Jeffreys investigates research from Princeton's landmark Fragile Families study, which has gathered data from 5,000 births over the last 18 years. She speaks to principal investigator Professor Sara McLanahan to find out how much we know about the differing outcomes of children raised by married, cohabiting or single parents.	movement of the 1960s and the emergence of the rich urban biker more recently. What impact has the 'biker' had on American culture and politics? He's joined by Esperanza Miyake, Lecturer in Digital Media and Communications at Manchester Metropolitan University, and author of a new study of the 'gendered motorcycle' in film, advertising and TV. She asks why biker culture is often seen as essentially masculine and what happens to gender at 120mph.	
Could it be that everyone involved with the case is hiding something? There's Zoe's uncle Phil, a former detective superintendent with an explosive secret. There's Steve, the police officer who found 'Zoe's body in the river Black, and sent Paul to prison for her murder. And there's Zoe's friend Danny, who wasn't were she said she was on that night ten years ago. When Paul and Zoe collide, they realise they're the only	Branwen asks how applicable the results of the study are to British society, where very soon, a minority of births will be to married parents. Professor Emla Fitzsimons has been following the lives of 19,000 children, born across the UK in 2000-01. She reveals what the project, know as The Millennium Cohort Study has found.	Producer: Jayne Egerton <i>MON</i> <b>00:45 Bells on Sunday (m0002g54)</b> [Repeat of broadcast at 05:43 on Sunday]	
ones who can help each other. As they slift through their conflicting memories of that day ten years ago, they start to discover that not everyone is happy Zoe's back from the dead.	Producer: Diane Richardson	MON 00:48 Shipping Forecast (m0002g56) The latest weather reports and forecasts for UK shipping	
Clare Dunne Zoe Sean Kearns Phil	SUN 22:00 Westminster Hour (m0002g50) Preview of the week's politics with politicians, pundits and experts.	MON 01:00 Selection of BBC World Service Programmes (m0002g58) BBC Radio 4 joins the BBC World Service.	
Claire McGowan Writer Celia De Wolff Producer	SUN 23:00 The TED Interview (m0002cd9) Steven Pinker	MON 05:20 Shipping Forecast (m0002g5b) The latest shipping forecast	
SUN 20:00 More or Less (m0002cn1) Teen suicide, Brexit business moves, Wood-burner pollution "Suicidal generation": tragic toll of teens doubles in 8 years."	Founded in 1984 in the USA, TED stands for Technology, Entertainment, Design. The first TED Talks were first posted online in 2006 and since then TED Talks have had many	MON 05:30 News Briefing (m0002g5d) National and international news from BBC Radio 4	
This was a headline in the Sunday Times a few days ago. Is it true? Not really. Tim Harford fact checks the claim with journalist Tom Chivers. This week, the BBC and other media outlets ran headlines	millions of views. In The TED Interview hosted by Chris Anderson – audiences can immerse themselves more deeply in some of the most compelling ideas heard on the TED stage.	MON <b>05:43 Prayer for the Day (m0002g5g)</b> A spiritual comment and prayer to begin the day with Alison Murdoch Tibetan Buddhist, writer, & editor.	
saying that a third of firms are considering a move abroad because of Brexit. The stories were based on a survey from the Institute of Directors. Tim Harford is not convinced.	Steven Pinker on the case for optimism. Chris Anderson talks to cognitive psychologist Steven Pinker. Was 2017 really the "the worst ever," as some would have us	I recently came across a young American fantasy writer called Alexandra Rowland who's coined a new term: 'hopepunk'. "The opposite of grimdark is hopepunk. Pass it on," she posted on social media. For those of us less familiar with the world of	
Is it true, as heard on the Today programme, that on average women's clothes stay in their wardrobes for only five weeks? Tim Harford examines this flimsy little statistic. Last month, the government announced its clean air strategy for 2019. Listeners were surprised to find their cosy wood-burning	believe? Cognitive psychologist and linguist Steven Pinker shares data that shows: actually, it was one of the best overall. At TED2018, head of TED Chris Anderson sat down with Steven to take a closer look at the data that suggest the world is improving - and to unpack why so many people find this idea so challenging.	social media. For those of us less familiar with the work of fantasy, grimdark is disheartening and cynical – the kind of storytelling in which nearly everyone seems to be sad, bad and acting out of self interest. Game of Thrones, anyone? In contrast, hopepunk is about digging deep and finding the courage to break through the darkness – more like Frodo and Sam in the Lord of the Rings – which Alexandra argues is	
stoves were branded high polluters. By popular request, Tim Harford scrutinises the numbers.	A TED original podcast.	exactly what we all need in these times. Hopepunk might be a good term to apply to one of the most	
Producer: Ruth Alexander	SUN 23:45 The Listening Project (b08lglt5) The Listening Project One Thousand	famous characters in Tibetan Buddhism, the eleventh century saint Milarepa. Milarepa is notorious for having studied black magic as a young man, which led him to kill thirty-five people	
SUN 20:30 Last Word (m0002cmz) Rosamunde Pilcher OBE, Hugh Lewin, Lamia Al-Gailani, Dr Stewart Adams OBE, Dr Adam Watson	A Record of the People	and ruin the village harvest. This act of revenge left him full of remorse, and despite many obstacles and challenges he used the teachings of Buddhism to completely turn his life around,	
Pictured: Rosamunde Pilcher	The most shared conversation in our British Library archive features when Professor Tim Luckhurst illustrates the value of this new journeersche collection to E: Clurer, Dert of c.	becoming famous for his kindness and saintliness. In paintings he's usually portrayed with green skin, the result of living on pathing that pathe during kind mean user of collitory states in	
Andrea Catherwood on:	this non-journospeak collection to Fi Glover. Part of a celebration of the delivery of the thousandth conversation to the Paritick Library and europrincipation of the uplan of this unique.	nothing but nettles during his many years of solitary retreat in the high Himalayas.	
Activist Hugh Lewin who was jailed for his stand against apartheid in South Africa,	British Library and examination of the value of this unique archive from the series that proves it's surprising what you hear when you listen, now and in the future.	In the Tibetan language, the literal meaning of Milarepa's name is 'good news.' In times of discouragement, the good news that I get from his etervise that however dork things seem, we all	
Iraqi archaeologist Lamia Al-Gailani who helped rebuild the National Museum of Iraq after looting,	The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation with someone close to	get from his story is that however dark things seem, we all possess the potential – or Buddha nature - to turn our lives around for the good. Even just recalling this inner capacity for change can help us be more hopeful and kind to ourselves and	
Dr Stewart Adams, the Boots pharmacist who invented Ibuprofen,	them about a subject they've never discussed intimately before. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate	to others. As the year unfolds, with no doubt many obstacles and challenges, let's pray we can all stay courageous, hopeful and kind.	
Scottish ecologist Adam Watson who devoted his life to protecting the Cairngorms,	each encounter. Every conversation - they're not BBC interviews, and that's an important difference - lasts up to an hour, and is then edited to extract the key moment of	MON 05:45 Farming Today (m0002g5j)	
and author Rosamunde Pilcher, the mistress of the British Family Saga.	connection between the participants. Most of the unedited conversations are being archived by the British Library and	The latest news about food, farming and the countryside	

Radio 4 Listi	ngs for 9 – 15 February 2019	Page 6 of 14
MON 05:56 Weather (m0002g5l)	Ian Michael Jibson	MON 12:04 A Ladder to the Sky (m0002g7z)
The latest weather forecast for farmers.	Danny Joe Simms Will Don Gilet	Episode 1
	Brenda Emma Handy	Maurice Swift is handsome, ruthless and desperate to become a
MON 05:58 Tweet of the Day (b0378sqk)	James Lewis Bray	successful novelist. He just needs the right story. However a
Stonechat	Directed by Sally Avens	chance encounter with the celebrated author Erich Ackermann gives Maurice an opportunity to ingratiate himself into the
Tweet of the Day is a series of fascinating stories about our		literary world. And Erich has a story of his own. Unfortunately
British birds inspired by their calls and songs.	The award-winning drama series set in an ambulance control room returns. Carrie faces a series of heart stopping	Maurice is the last person Erich should confide in
Michaela Strachan presents the Stonechat. Stonechats are well	emergencies at work as bad weather sets in and the increased	'A Ladder To The Sky' is a seductive thriller about a writer who
named: their call sounds just like two pebbles being struck together. The males are striking birds with a black head, white	pressure begins to affect her personal life.	won't let anything, or anyone, stand in the way of his ambitions. Starring Enzo Cilenti (Luther), Wolf Kahler (Raiders of the
collar and orange chest and are about the size of a plump robin.	The first series of Life Lines won Best Series at the Audio	Lost Ark), Colin Stinton (Butterfly) and Pippa Bennett-Warner
	Drama Awards, Best Drama at the Radio Awards and Best Fictional Storytelling at The Audio Radio Industry Awards in	(Harlots).
MON 06:00 Today (m0002g7f)	2017.	Awarded the Hennessy Literary 'Hall of Fame' Award for his
News and current affairs, including Sports Desk, Weather and	Al Smith is a graduate of the BBC Writers Academy and has	body of work, the New York Times best-selling author John
Thought for the Day.	been a broadcast Hot Shot. In 2012 Al won the BFI Wellcome Trust Screenwriting Prize. He was nominated for the Charles	Boyne has received multiple Irish Book Awards including Children's Book of the Year, People's Choice Book of the Year
	Wintour Award for Most Promising Playwright at the 2017	and Short Story of the Year. He has also been awarded a
MON 09:00 Start the Week (m0002g7h) The mind unravelling	Evening Standard Theatre Awards.	number of international literary awards, including the Que Leer Award for Novel of the Year in Spain and the Gustav
The mind diffusioning	Sarah Ridgeway (Carrie) is best known for her roles in Sucker	Heinemann Peace Prize in Germany. 'A Ladder to The Sky' is
How far does evolution explain mental health? The psychiatrist Randolph Nesse tells Kirsty Wark that negative emotions make	Punch, Harrogate (Royal Court), The Crimson Petal and The White, Call The Midwife (BBC).	his eleventh novel for adults.
sense in certain situations but can become excessive. He argues	white, Call The Midwire (BBC).	Writer John Boyne
that positioning disorders in light of natural selection helps	Michael Jibson (Ian) Michael won an Olivier award for his role	Abridger Doreen Estall
explain the ubiquity of human suffering - and may help in finding new paths for relieving it.	in 'Hamilton' and he has recently been seen in The Alienist and Star Wars: The Last Jedi	Reader Wolf Kahler Producer Michael Shannon
The neuropsychologist AK Benjamin investigates the boundaries of sanity and madness in his book, Let Me Not Be	MON 11:00 The Untold (m0002g7s)	MON 12:18 You and Yours (m0002g82)
Mad. Through a series of consultations with patients, he	What Happened Next?	Radio 4's consumer affairs programme.
explores the mind unravelling at the seams. But the question remains whether this unravelling mind belongs to the doctor or	Grace Dent revisits four powerful stories recently featured in	
the patient.	The Untold, to find out where life took them next.	MON 12:57 Weather (m0002g84)
The next Cases Spirites looks at the demosine import of	Will was a vistim of the Wastminster Dridge attack new testad	The latest weather forecast.
The poet George Szirtes looks at the damaging impact of international events on a single family, in his memoir of his	Will was a victim of the Westminster Bridge attack, now tasked with putting his life back together and managing serious	
mother Magda. The Photographer At Sixteen follows Magda	injuries. Kanan's life was turned upside down when the song he	MON 13:00 World at One (m0002g86)
from her teenage life in Hungary, through political uprisings, internment in two concentration camps and transition to life in	wrote in a Bristol flatshare was picked up by Jay-Z and became an international hit. Other stories revisited are the case of two	Analysis of news and current affairs, presented by Sarah Montague.
England. He explores the effect of an unravelling world on a	GPs fighting to save their practice and the mother whose child	
family's mental health.	was separated from her and taken to live abroad, without her consent.	MON 13:45 Fatwa (m0002g88)
In Arthur Miller's play, The American Clock, directed by		6. Are You With Us?
Rachel Chavkin, another family is swept along in a chaotic, damaged world. As the stock market crashes in 1929 the play	MON 11:30 Prepper (m0002g7v)	Fatwa is a ten-part series telling the hidden story of the 1989
asks what happens to those who have built their lives on an	Series 1	fatwa issued against Salman Rushdie - the forces which led to
unwavering faith in capitalism.	The IZ: the Manual Hand	the death sentence and the consequences for all of us. The
Producer: Katy Hickman	The Kit in Your Head	series covers a 20-year period from 1979 to 1999 and explores race relations in Britain, identity, free speech and the
	Comedy with Sue Johnston and Pearl Mackie.	connection between the fatwa and contemporary violent jihad.
MON 09:45 Book of the Week (m0002g99)	Trump. ISIS. The Courgette Crisis. Signs of civilisation's	Producer: Chloe Hadjimatheou
Amateur	fragility are all around. No wonder the Doomsday Clock just	Presenters: Chloe Hadjimatheou and Mobeen Azhar
Episode 1	nudged closer to midnight. In this fearscape, more and more ordinary people are wondering how they'd cope if everything	Editor: Richard Knight
	we take for granted (law and order, access to healthcare, iceberg	
Thomas Page McBee, a trans man, trains to fight in a charity match at New York's Madison Square Garden, while struggling	lettuces in Sainsburys) was taken away.	MON 14:00 The Archers (m0002g4s) [Repeat of broadcast at 19:00 on Sunday]
to untangle the vexed relationship between masculinity and	Preppers - a large and rapidly growing global community - have	[Repeat of bloadcast at 17.00 of builday]
violence.	taken this thought one step further. They're actively skilling-up, laying down supplies and readying themselves for the end of the	MON 14:15 Tumanbay (m0002g8b)
Through his experience of boxing - learning to get hit and to hit	world, in whatever form it comes. Indeed, a prepping shop just	Series 3
back, wrestling with the camaraderie of the gym, confronting	opened in Newquay. And if people in Cornwall are prepping,	m . M
the betrayals and strengths of his own body - McBee examines male violence, the pervasiveness of gender stereotypes and the	it's time to worry.	Two Moons
limitations of conventional masculinity. It's a graceful and	Imagine if Woman's Hour made a podcast about preparing for	As Tumanbay prepares for a royal wedding, the return of a
uncompromising exploration of living, fighting and healing.	the end times. Prepper follows neurotic, debt-ridden Rachel and hard-as-nails 'Churchill in Spanx' Sylvia, working class	certain prominent palace official offers hope for new alliances.
Thomas Page McBee is a journalist and commentator currently	Mancunians who prep and podcast, sharing knowledge with	While the kite flyers of Tumanbay risk their lives for new
living in New York. His first book, Man Alive (2014), was an account of the emotional and physical complexity underlying	their community, and showing off just how Armageddon-ready they are.	adventure, Heaven (Olivia Popica), whose father was executed during the occupation, attempts to rebuild the family slave
the process of gender reassignment, and also explored his early	ncy nc.	business and goes on a voyage to distant shores to purchase
years and the sexual abuse he suffered, perpetrated by his stepfather. Amateur was shortlisted for the 2018 Baillie Gifford	Told through their podcasts from Sylvia's garage and featuring 'apoco-tips', 'end of days drills' and interviews with preppers	slaves, accompanied by one of her father's business associates, the self-serving Bavand (Peter Polycarpou).
Prize for Non-Fiction.	from around the world, Prepper comically explores how two	the sen-serving Bavanu (reter rolycarpou).
	mismatched women live with the possibility of the end of days,	Cast:
Written and read by Thomas Page McBee Abridged by Jill Waters	and how they bond over their determination to survive. And fend off zombies.	GregorRufus Wright ManelAiysha Hart
Abridged by Jill waters		CadaliMatthew Marsh
Produced by Jill Waters		
Produced by Jill Waters	This week - situational awareness.	Grand Master, Amalric Anton Lesser BayandPeter Polycarpou
	Cast:	BavandPeter Polycarpou AlkinNathalie Armin
Produced by Jill Waters A Waters Company production for BBC Radio 4	Cast: Sylvia Sue Johnston	BavandPeter Polycarpou AlkinNathalie Armin HerodAmir El-Masry
Produced by Jill Waters	Cast:	BavandPeter Polycarpou AlkinNathalie Armin
Produced by Jill Waters A Waters Company production for BBC Radio 4 MON 10:00 Woman's Hour (m0002g7m)	Cast: Sylvia Sue Johnston Rachel Pearl Mackie with Simon Holland Roberts	BavandPeter Polycarpou AlkinNathalie Armin HerodAmir El-Masry SelimFarshid Rokey HeavenOlivia Popica General QulanChristopher Fulford
Produced by Jill Waters A Waters Company production for BBC Radio 4 <i>MON</i> <b>10:00 Woman's Hour (m0002g7m)</b> The programme that offers a female perspective on the world.	Cast: Sylvia Sue Johnston Rachel Pearl Mackie	BavandPeter Polycarpou AlkinNathalie Armin HerodAmir El-Masry SelimFarshid Rokey HeavenOlivia Popica General QulanChristopher Fulford FrogFinn Elliot
Produced by Jill Waters A Waters Company production for BBC Radio 4 MON 10:00 Woman's Hour (m0002g7m)	Cast: Sylvia Sue Johnston Rachel Pearl Mackie with Simon Holland Roberts Written by Caroline Moran and James J. Moran Producer: Steve Doherty	BavandPeter Polycarpou AlkinNathalie Armin HerodAmir El-Masry SelimFarshid Rokey HeavenOlivia Popica General QulanChristopher Fulford FrogFinn Elliot MatillaHumera Syed AkibaAkin Gazi
<ul> <li>Produced by Jill Waters</li> <li>A Waters Company production for BBC Radio 4</li> <li>MON 10:00 Woman's Hour (m0002g7m)</li> <li>The programme that offers a female perspective on the world.</li> <li>MON 10:45 15 Minute Drama (m0002g7p)</li> <li>Life Lines (Series 2)</li> </ul>	Cast: Sylvia Sue Johnston Rachel Pearl Mackie with Simon Holland Roberts Written by Caroline Moran and James J. Moran	BavandPeter Polycarpou AlkinNathalie Armin HerodAmir El-Masry SelimFarshid Rokey HeavenOlivia Popica General QulanChristopher Fulford FrogFinn Elliot MatillaHumera Syed AkibaAkin Gazi Balarac SergeantAlexander Arnold
Produced by Jill Waters A Waters Company production for BBC Radio 4 MON 10:00 Woman's Hour (m0002g7m) The programme that offers a female perspective on the world. MON 10:45 15 Minute Drama (m0002g7p)	Cast: Sylvia Sue Johnston Rachel Pearl Mackie with Simon Holland Roberts Written by Caroline Moran and James J. Moran Producer: Steve Doherty A Giddy Goat production for BBC Radio 4	BavandPeter Polycarpou AlkinNathalie Armin HerodAmir El-Masry SelimFarshid Rokey HeavenOlivia Popica General QulanChristopher Fulford FrogFinn Elliot MatillaHumera Syed AkibaAkin Gazi Balarac SergeantAlexander Arnold NurseAnnabelle Dowler Slave CaptainGeorge Georgiou
<ul> <li>Produced by Jill Waters</li> <li>A Waters Company production for BBC Radio 4</li> <li>MON 10:00 Woman's Hour (m0002g7m)</li> <li>The programme that offers a female perspective on the world.</li> <li>MON 10:45 15 Minute Drama (m0002g7p)</li> <li>Life Lines (Series 2)</li> </ul>	Cast: Sylvia Sue Johnston Rachel Pearl Mackie with Simon Holland Roberts Written by Caroline Moran and James J. Moran Producer: Steve Doherty	BavandPeter Polycarpou AlkinNathalie Armin HerodAmir El-Masry SelimFarshid Rokey HeavenOlivia Popica General QulanChristopher Fulford FrogFinn Elliot MatillaHumera Syed AkibaAkin Gazi Balarac SergeantAlexander Arnold NurseAnnabelle Dowler

Radio 4 Listings for 9 – 15 February 2019Page 7 of 1			Page 7 of 14	
CourtierVivek Madan PrisonerNadir Khan	Producer: Alexandra Feachem	need to look more closely at h and babies right from the start	ow we talk to very young children	
Tumanbay is created by John Scott Dryden and Mike Walker and inspired by the Mamluk slave rulers of Egypt.	MON <b>17:00 PM (m0002g8m)</b> PM at <b>5pm</b> : interviews, context and analysis.	first-hand struggling to unders	cher and has observed children stand conversation or follow the whiteboard was broken and it	
Original Music by Sacha Puttnam	MON 18:00 Six O'Clock News (m0002g8p)	was hopeless trying to get them to focus to teach them anything," she says.		
Sound Design by Eloise Whitmore Additional Music by Jon Ouin	The latest national and international news from BBC Radio 4.	Children who start school with reduced language skills may		
Produced by Emma Hearn, Nadir Khan and John Scott Dryden Written by Mike Walker Directed by John Scott Dryden	MON 18:30 Just a Minute (m0002g8r) Series 83	never recover. A child's vocabulary size at age two predicts their academic achievement right up to age 16. Children arriving at school with limited language skills are twice as likely to be unemployed.		
A Goldhawk production for BBC Radio 4	Episode 2 Paul Merton, Sheila Hancock, Josh Widdicombe and Julian	Presenter and Producer: Kim Normanton		
MON 15:00 Round Britain Quiz (m00002g8d) Programme 7, 2019	Paul Merton, Sheila Plancock, Josh Widdicombe and Junan Clary join Nicholas Parsons for the panel game where the challenge is to speak without hesitation, repetition or deviation.	Executive Producer: Elizabeth Burke A Loftus Media production for BBC Radio 4		
(7/12)	Produced by Matt Stronge.	MON 21:30 Start the Week ( [Repeat of broadcast at 09:00		
Wales take on the North of England for the second time this season, with Wales hoping to reverse their narrow defeat last	A BBC Studios Production.			
time. Myfanwy Alexander and David Edwards play for Wales, against Adele Geras and Stuart Maconie of the North. Tom Sutcliffe is in the questionmaster's chair and will be armed with cryptic puzzles such as:	MON 19:00 The Archers (m0002g8t) There's bad news for Brian and Ian waves the white flag	MON 22:00 The World Toni In-depth reporting and analysi		
Why would an Ipswich and England footballer, a coincidental novelist, and two Dr Whos, lend weight to an insult often	MON <b>19:15 Front Row (m0002g8w)</b> Live daily magazine programme on the worlds of arts, literature. film, media and music	MON 22:45 A Ladder to the [Repeat of broadcast at 12:04		
misattributed to Napoleon? As usual, there's a generous sprinkling of question ideas	interature, film, media and music	MON 23:00 Word of Mouth Talk of the Town: How Places		
suggested by Round Britain Quiz listenen. Today's contest was recorded before an audience at the Harrogate Literature Festival.	MON <b>19:45 15 Minute Drama</b> (m0002g7p) [Repeat of broadcast at 10:45 today]	and Nempnett Thrubwell, Mic	Zennor, via Great Snoring, Lost chael Rosen is joined by linguists	
Producer: Paul Bajoria	MON 20:00 Tara and George (m0002g8y) Beyond Tara and George	Dr Laura Wright and Professor Richard Coates to explore the origins of the UK's place names. What are the meanings of some of the most common village name formations, and how did some of the stranger names come about?		
MON <b>15:30 The Food Programme (m0002g3y)</b> [Repeat of broadcast at 12:32 on Sunday]	In the six months since Radio 4 shared the stories of Tara and George, a pair of rough sleepers on the streets of east London, the Government has published statistics that reveal the true toll	Producer: Mair Bosworth		
MON 16:00 Behind the Scenes (m0002g8h) PJ Harvey	of being homeless - last year there were nearly six hundred deaths on the streets of the UK and the average life expectancy has fallen again.	MON 23:30 Today in Parlian All the news from today's sitti		
John Wilson follows PJ Harvey as she creates the score for a new West End theatre production of All About Eve.	Tara and George, as well as being familiar figures in their neighbourhood, are also on the radar of local agencies and charities. George has a regular hostel place, Tara's situation is	TUESDAY 12 FEBRUARY	2019	
Singer songwriter Polly Jean Harvey is the only artist to have twice won the Mercury Prize for Album of the Year – for Stories from the City, Stories From the Sea in 2001 and Let England Shake a decade later. After 12 critically acclaimed	more complex. But, as they revealed to Audrey Gillan in an intimate series of documentaries last summer, sleeping rough is typically a symptom of myriad other issues.	The latest national and international news from BBC Radio 4.		
albums and more than 25 years as an international touring artist, she is now focussing on her work as a soundtrack composer,	In this follow-up documentary recorded during the new year's first Severe Weather Emergency Protocol, Audrey catches up	Followed by Weather.		
having written scores for theatre and television for more than a decade.	with Tara and George to see how they're coping with the cold and she pursues a simple question, prompted by attendance at a memory learning of \$1 Mortin in the Fields for these wholes	<i>TUE</i> <b>00:30 Book of the Weel</b> [Repeat of broadcast at 09:45		
Starring Gillian Anderson (making her first return to the stage since her acclaimed 2014 performance in A Streetcar Named Desire) and Lily James (star of Downton Abbey and Mama	memorial service at St Martin-in-the-Fields for those who've died on the streets in the last year - what would it take to prevent the unnecessary deaths of homeless people?	<i>TUE</i> <b>00:48 Shipping Forecas</b> The latest weather reports and		
Mia), All About Eve is one of the most anticipated theatrical events of 2019. Adapted from the 1950 film, which was	Produced by Alan Hall A Falling Tree production for BBC Radio 4			
nominated for 14 Oscars and won six including Best Actress for Bette Davis, it's a story of an ageing Broadway star and a young fan who usurps her place in the spotlight.	MON 20:30 Analysis (m0002g90)	TUE 01:00 Selection of BBC (m0002g9g) BBC Radio 4 joins the BBC V	World Service	
Over several weeks in the run up to opening night, Polly shows	Conspiracy Politics	BBC Raulo 4 Joins the BBC V	vond Service.	
John how she works at home, writing and recording demos for the soundtrack to the play, and how one musical element of the original film – Liebestraume by Franz Liszt – has become the creative touchstone for her own compositions.	Are we living in a 'golden age' of political conspiracy theories and what does belief in them tell us about voters and politicians? James Tilley, a professor of politics at the University of Oxford, talks to historians, psychologists and	<i>TUE</i> 05:20 Shipping Forecas The latest shipping forecast	st (m0002g9j)	
Presented and Produced by John Wilson. A Whistledown production for BBC Radio 4	political scientists to ask why conspiracy theories are so common and who are the people spreading them. Why are so many of us drawn to the notion of shadowy forces controlling	<i>TUE</i> <b>05:30 News Briefing (n</b> National and international new		
MON 16:30 The Infinite Monkey Cage (m0002g8k) Series 19	political events? And are conspiracy theories, in which things always happen for a reason and where good is always pitted against evil, simply an exagerated version of our everyday political thinking?	<i>TUE</i> <b>05:43 Prayer for the D</b> A spiritual comment and pray Murdoch Tibetan Buddhist, w	er to begin the day with Alison	
How to Measure the Universe	Producer: Bob Howard		her, there was an uplifting story	
How to Measure the Universe	MON 21:00 Why Can't Our Children Talk? (m0002bmv)		e Jamaica Inn on Bodmin Moor.	
Brian Cox and Robin Ince are joined on stage by comedian Jo Brand, and physicists Prof Jo Dunkley and Dr Adam Masters to look at how we go about measuring our universe: From measuring the gestprice of enterestive of a learner and mease at	Teachers all over the country report that children are arriving at school unable to communicate properly. They have limited vocabulary, no eye contact, don't know nursery rhymes or stories, may not even know their own address.	in the 1930s when the author l in the fog and wrote a novel of a film by Alfred Hitchcock. In	ggler's haunt that achieved fame Daphne du Maurier came across it f the same name, later to become n this latest chapter in its history,	
measuring the contents of atmospheres of planets and moons at the outer edges of our solar system, to looking far back in time to study the very earliest beginnings of the cosmos. Our ability to learn about phenomena and worlds that seems almost	Why it's happening is a matter of debate - there's little clear evidence. Most people blame screen time. But maybe screens are a symptom, not a cause.	open into the small hours. "It	e rules and kept its crowded bar was actually a lovely nade friends, probably for life,"	
impossibly out of reach, now give us an incredible insight into the universe we occupy, and how we got here. Brian and Robin	Kim Normanton sets out to explore what's going on, talking to		ing weather, a shortage of beds	
find out about some of the big new missions providing information into our own solar system and beyond, and find out what big questions in cosmology still remain a tantalising	teachers, parents and language researchers. She visits schemes in Liverpool, Yorkshire and Stoke-on-Trent that are trying to intervene and boost the language skills of young children	and the lack of a toothbrush, s unexpected guests had an exce	ellent evening. It's rarely our	
what big questions in cosmology still remain a tantalising challenge?	intervene and boost the language skills of young children. What's certain is that problems start very early on, so maybe we		atter the most, but our state of Buddhist teachers put great stress	
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Radio 4 Listings for 9 – 15 February 2019 Pag			Page 8 of 14
on a practice called thought transformation, which encourages us to seek the silver lining in every problem we encounter. The premise is that if we can stay reasonably happy and content, whatever the situation, then we're much more likely to find a positive way forward. Whereas when we let things get us down,	back, wrestling with the camaraderie of the gym, confronting the betrayals and strengths of his own body - McBee examines male violence, the pervasiveness of gender stereotypes and the limitations of conventional masculinity. It's a graceful and uncompromising exploration of living, fighting and healing.	Isles - and David Julyan tells A partnership, since their days at director Christopher Nolan. Producer: Geoff Bird	
we can easily fall into a spiral of anxiety, self-centredness and despair. And there's always some kind of silver lining – even if it's just the knowledge that without the person who annoys us, we can never learn patience. Thought transformation keeps the mind in good shape and gives	Thomas Page McBee is a journalist and commentator currently living in New York. His first book, Man Alive (2014), was an account of the emotional and physical complexity underlying the process of gender reassignment, and also explored his early years and the sexual abuse he suffered, perpetrated by his	Messenger. Composed by Mica Levi. Mastered by Shawn Joseph at Optimum Mastering, Bristol UK Mushrooms. Composed by Mica Levi. Mastered by Shawn Joseph at Optimum Mastering, Bristol UK	
confidence that we don't have to be at the mercy of external circumstances, whether extreme weather or something more lasting and serious. Let's pray we can all find a way to turn our problems, big and small, into a means of moving forward in our	stepfather. Amateur was shortlisted for the 2018 Baillie Gifford Prize for Non-Fiction. Written and read by Thomas Page McBee	<i>TUE</i> <b>12:00 News Summary</b> ( The latest national and interna	m0002gql) tional news from BBC Radio 4.
lives.	Abridged by Jill Waters Produced by Jill Waters	TUE 12:04 A Ladder to the S Episode 2	5ky (m0002gqn)
<i>TUE</i> <b>05:45 Farming Today (m0002g9q)</b> The latest news about food, farming and the countryside	A Waters Company production for BBC Radio 4	Episode 2 Maurice Swift is handsome, ruthless and desperate to become a successful novelist. He just needs the right story. However a	
<i>TUE</i> <b>05:58 Tweet of the Day (b09b0qjf</b> ) Samuel West on the Eider	<i>TUE</i> <b>10:00 Woman's Hour (m0002gqb)</b> The programme that offers a female perspective on the world	gives Maurice an opportunity	story of his own. Unfortunately
Actor Samuel West is especially fond of ducks, especially the eider duck, which for Samuel sound like a coven of Frankie Howerds gossiping around the village pond.	<i>TUE</i> <b>10:45 15 Minute Drama (m0002gqd)</b> Life Lines (Series 2)		luctive thriller about a writer who stand in the way of his ambitions.
Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this avian chorus? In this new series of Tweet of the Day, we bring	Episode 2 by Al Smith		erfly) and Pippa Bennett-Warner
to the airwaves the conversational voices of those who listen to and are inspired by birds. Building on the previous series, a more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our relationship with the natural world.	Carrie Sarah Ridgeway Will Don Gilet Robert Sean Murray Anna Saffron Coomber Ali Lizzie Stables Jess Alex Constantinidi	body of work, the New York 7 Boyne has received multiple In Children's Book of the Year, H and Short Story of the Year. H	ish Book Awards including People's Choice Book of the Year le has also been awarded a
Producer: Tom Bonnett Photo: Steve Balcombe.	Policeman Cameron Percival Geraldine Elizabeth Counsell Directed by Sally Avens	Award for Novel of the Year i	y awards, including the Que Leer n Spain and the Gustav rmany. 'A Ladder to The Sky' is
<i>TUE</i> <b>06:00 Today (m0002gq2)</b> News and current affairs, including Yesterday in Parliament, Sports Desk, Weather and Thought for the Day.	Drama set in an ambulance control room. Carrie faces a series of heartbreaking calls at work that leave her reconsidering her future.	Writer John Boyne Abridger Doreen Estall Reader Wolf Kahler Producer Michael Shannon	1
TUE 09:00 The Life Scientific (m0002gq4)			
Sue Black on women in tech Sue Black left home and school when she was 16. Aged 25, she attended an access course to get the qualifications she needed to	<i>TUE</i> <b>11:00 Driven to Distraction (m0002gqg)</b> Are we really more distracted than ever before? Historian Rhys Jones explores the history of distraction and how previous generations have fought back	<i>TUE</i> <b>12:18 You and Yours (n</b> Radio 4's consumer affairs pro	
go to university to study computer science. It was a bit lonely being the only student in a mini- skirt surrounded by a sea of suits, but she came top of the class nonetheless. She signed up	We are often told we are in the middle of a distraction crisis - big tech companies have learned how to monetise	<i>TUE</i> <b>12:57 Weather (m0002)</b> The latest weather forecast.	gqs)
to do a PhD (not really know what a PhD was) and worked on the ripple effect in software. What happens when you change one bit of code? Does it mess up everything else? A lot of new software is created by building on and adapting existing programmes so it's a useful skill. In 2003 she embarked on a three year campaign to save Bletchley Park where, ten thousand	procrastination and are stealing our attention from us. Yet Rhys Jones explores how, throughout history, there has been an interplay between people who try to take our attention from us and people who resist - from 18th century worries about the novel to protestors against advertising posters in 19th century Paris.	<i>TUE</i> <b>13:00 World at One (m</b> Analysis of news and current a Montague.	
people built some of the first computers and wrote code to crack the Enigma code used by the Nazis during World War Two. More than half of the people who worked there were	Rhys also meets those trying to find ways to live without distraction today. Susan Maushart decided to turn off all her	<i>TUE</i> <b>13:45 Fatwa (m0002gq</b> 7. The Mullah Boys	x)
women. No-one had any previous experience of computers. And more than half a century on, there are fewer women working in tech than there were in the 1960s. Sue is determined to change this backwards step. Perhaps another Bletchley Park recruitment drive is needed to encourage more people, women in particular, to engage with tech and help to build our future?	screens and live in the dark for six months, while James Williams a former Google staffer, is campaigning for the tech industry itself to reform, creating an ethics of distraction. Can we go back to a place where technology is about changing our lives rather than stealing our attention?	the death sentence and the com series covers a 20-year period race relations in Britain, identi	ushdie - the forces which led to sequences for all of us. The from 1979 to 1999 and explores
Producer: Anna Buckley TUE 09:30 One to One (m0002gq6)	With Abigail Williams, Tim Wu, Nir Eyal, Susan Maushart and James Williams.	Producer: Chloe Hadjimatheo Presenters: Chloe Hadjimathe Editor: Richard Knight	
Working Too Hard? The Gig Economy Helen Lewis, associate editor of the New Statesman, meets	Presented by Rhys Jones Produced by Joe Sykes A Somethin' Else production for Radio 4	TUE 14:00 The Archers (m0	002g8t)
Deliveroo and Uber Eats rider, Aaron Tatlow. What's it like to work for an app on your phone, when your boss is an algorithm? Some customers are very friendly, Aaron says - one man just lowers a basket for the food from his second floor	<i>TUE</i> 11:30 Quirke's Cast and Crew (m0002gqj) Series 2	[Repeat of broadcast at 19:00] TUE 14:15 Drama (b07pjkh	
window. And what about hot me foor from his second risof window. And what about the dangers of the job, and the physical demands? Last year, Aaron cycled more than 10,000 miles delivering food to customers in York.	Screen Composers	Northern Lights It's check-in day at a caravan p	oark in Northern England and
Producer: Chris Ledgard	In the second part of the series, Antonia Quirke meets some of the people whose contribution to films and TV shows can have the most dramatic impact - the composers of the score. Some of its most framus preditioners, Berrard Hormann and Emio	broken aerials are, by far, the	-
<i>TUE</i> <b>09:45 Book of the Week (m0002gq8</b> ) Amateur	its most famous practitioners - Bernard Hermann and Ennio Morricone fpr example - are spoken about in the same hushed tones as some of cinemas greatest directors. But how do they go about their work and how much of the job is down to single	with his long term writing part such as TwentyFourSeven, A l	nd director often collaborating ner, Shane Meadows, on films Room for Romeo Brass, Once Dead Man's Shoes and Somers
Episode 2	minded individual genius and how much down to a willingness to collaborate? In order to find out, Antonia hears from Mica	Town.	ected by Damien O'Donnell and

Thomas Page McBee, a trans man, trains to fight in a charity match at New York's Madison Square Garden, while struggling to untangle the vexed relationship between masculinity and violence.

Through his experience of boxing - learning to get hit and to hit

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Levi, whose work on 'Jackie' won her an Oscar nomination, as

Levi, whose work on fackie won her an oscan hommaton, as well as Francis Macdonald, drummer with the band Teenage Fanclub as he creates the soundtrack for a major BBC documentary about Raymond Briggs. Award winning musician Erland Cooper composes a piece overnight, especially for the show, to accompany a four-minute film shot in the Shetland starring Michael Sheen.

Tom ..... Michael Socha Abby ..... Rachael Deering Frank & Mike ..... Mark Addy Janet & Sue ..... Susan Brown

Radio 4 Listi	ngs for 9 – 15 February 2019	Page 9 of 14	
Jock & Dan Gordon Kennedy	adults their own front doors and their own independence.	following day she came back with sufficient money to buy a	
Garf & Man Sam Rix Trevor, Dave, Punter Glenn Hirst Sandra, Sarah, Kid Kirsty Oswold Barstaff and Woman	But with little in the way of inspection and councils under budgetary constraints, File on 4 asks if the push to build supported living risks repeating the mistakes of the past, with some of the country's most vulnerable people housed in	gift card so that someone else could eat for free. We'll probably never know whether she was genuinely broke the day before, or simply testing the system. And does it matter? What warms my heart is to see people learning to be more generous towards each other, without any hope of reward. Let's pray that we can all	
Writer Paul Fraser Producer/Director Gemma McMullan	institutions far from public scrutiny. Reporter: Claire Bolderson	find ways to practice and extend our capacity for generosity today.	
<i>TUE</i> <b>15:00 The Kitchen Cabinet (m0002g5z)</b> [Repeat of broadcast at 10:30 on Saturday]	Producer: Rob Cave Editor: Gail Champion	WED 05:45 Farming Today (m0002gs6) The latest news about food, farming and the countryside	
<i>TUE</i> <b>15:30 Making History (m0002gqz)</b> Popular history series where the past connects with the present.	<i>TUE</i> <b>20:40 In Touch (m0002grk)</b> News, views and information for people who are blind or partially sighted.	WED 05:58 Tweet of the Day (b03zrcnt) Red-throated Diver	
<i>TUE</i> <b>16:00 Word of Mouth (m0002gr1)</b> Dyslexia	<i>TUE</i> <b>21:00 Inside Health (m0002grm)</b> Dr Mark Porter goes on a weekly quest to demystify the health	Tweet of the Day is a series of fascinating stories about our British birds inspired by their calls and songs.	
Michael Rosen talks in depth about dyslexia with expert Professor Maggie Snowling. Producer Beth O'Dea.	issues that perplex us. <i>TUE</i> 21:30 The Life Scientific (m0002gq4) [Repeat of broadcast at 09:00 today]	Kate Humble presents the red-throated diver. The eerie wails of a red-throated diver were supposed to foretell rain. In Shetland the red-throated diver is called the "rain goose" but anyone who knows the island knows that rain is never far away. Like all divers, red-throats are handsome birds with sharp bills, perfect for catching fish. In summer they have a rusty throat patch and	
<i>TUE</i> <b>16:30 A Good Read (m0002gr3)</b> Lucy Porter and Frank Cottrell-Boyce	<i>TUE</i> <b>22:00 The World Tonight (m0002grp)</b> In-depth reporting and analysis from a global perspective.	tor carching rish. In summer they have a rusty throat patch and zebra-stripes on the back of their neck but in winter they're mainly pearly grey and white.	
Comedian Lucy Porter and writer Frank Cottrell-Boyce talk to Harriett Gilbert about their favourite books.		WED 06:00 Today (m0002h03)	
Lucy Porter's voice will be well-known to Radio 4 listeners as a regular on the News Quiz, the Now Show and The Unbelievable Truth. On TV she has appeared on Live at the Apollo, QI,	TUE 22:45 A Ladder to the Sky (m0002gqn) [Repeat of broadcast at 12:04 today]	News and current affairs, including Yesterday in Parliament, Sports Desk, Weather and Thought for the Day.	
Mock the Week, Have I Got News For You and Never Mind the Buzzcocks. She is also a successful comedy writer. Frank Cottrell-Boyce's credits as screenwriter include Welcome to	<i>TUE</i> <b>23:00 The Infinite Monkey Cage (m0002g8k)</b> [Repeat of broadcast at 16:30 on Monday]	<i>WED</i> <b>09:00 Only Artists (m0002h07)</b> Series 7	
Sarajevo, Hilary and Jackie and 24 Hour Party People. He is also an award-winning author of novels for children, including Millions, Framed and Cosmic.	<i>TUE</i> <b>23:30 Today in Parliament (m0002grr)</b> All the news from today's sitting at Westminster.	13/02/2019 Only Artists brings two artists together to talk freely about their creative work.	
Their good reads are Letters from a Lost Uncle by Mervyn Peake, Truckers by Terry Pratchett and Red Harvest by Dashiell Hammett.	WEDNESDAY 13 FEBRUARY 2019	WED 09:30 How to Disagree: A Beginner's Guide to	
Producer: Mair Bosworth.	WED 00:00 Midnight News (m0002grt) The latest national and international news from BBC Radio 4.	Having Better Arguments (b0bf59rx) Episode 2	
<i>TUE</i> <b>17:00 PM (m0002gr5)</b> PM at <b>5pm</b> : interviews, context and analysis.	Followed by Weather.	Timandra Harkness explores the best ways to disagree with other people - constructively.	
TUE 18:00 Six O'Clock News (m0002gr7)	WED 00:30 Book of the Week (m0002gq8) [Repeat of broadcast at 09:45 on Tuesday]	In this programme Timandra looks at clashes of interests, with the help of a trade union negotiator and an expert on neighbour disputes.	
The latest national and international news from BBC Radio 4.	WED 00:48 Shipping Forecast (m0002grw) The latest weather reports and forecasts for UK shipping	Producer: Martin Rosenbaum.	
<i>TUE</i> <b>18:30 Small Scenes (m0002gr9)</b> Series 4	WED 01:00 Selection of BBC World Service Programmes	WED 09:45 Book of the Week (m0002h1y) Amateur	
Episode 1	(m0002gry) BBC Radio 4 joins the BBC World Service.	Episode 3	
Award-winning sketch series starring Daniel Rigby, Mike Wozniak, Cariad Lloyd, Henry Paker and Freya Parker. Featuring more overblown, melodramatic scenes from modern life, including a visit to the first ever Crufts for Cats and a terrifying reminder as to vhy you should never try and cancel	WED 05:20 Shipping Forecast (m0002gs0) The latest shipping forecast	Thomas Page McBee, a trans man, trains to fight in a charity match at New York's Madison Square Garden, while struggling to untangle the vexed relationship between masculinity and violence.	
your membership of The National Trust. <i>TUE</i> 19:00 The Archers (m0002grc)	WED 05:30 News Briefing (m0002gs2) National and international news from BBC Radio 4	Through his experience of boxing - learning to get hit and to hit back, wrestling with the camaraderie of the gym, confronting the betravals and strengths of his own body - McBee examines	
Kenton has concerns over the future of Lower Loxley and the prodigal returns	WED 05:43 Prayer for the Day (m0002gs4) A spiritual comment and prayer to begin the day with Alison Murdoch Tibetan Buddhist, writer, & editor.	male violence, the pervasiveness of gender stereotypes and the limitations of conventional masculinity. It's a graceful and uncompromising exploration of living, fighting and healing.	
<i>TUE</i> <b>19:15 Front Row (m0002grf)</b> Live daily magazine programme on the worlds of arts, literature, film, media and music	In my home town of Frome in Somerset a group of us have just opened a 'pay it forward' café called The Good Heart. When a customer orders a meal they get the option to buy a gift card	Thomas Page McBee is a journalist and commentator currently living in New York. His first book, Man Alive (2014), was an account of the emotional and physical complexity underlying the process of gender reassignment, and also explored his early	
<i>TUE</i> <b>19:45 15 Minute Drama (m0002gqd)</b> [Repeat of broadcast at 10:45 today]	that will provide a second meal free of charge for someone else. Just inside the door is a noticeboard where anyone in need can pick up one of these gift cards and discreetly enjoy what the café has to offer alongside everyone else. It's created a great	years and the sexual abuse he suffered, perpetrated by his stepfather. Amateur was shortlisted for the 2018 Baillie Gifford Prize for Non-Fiction.	
TUE 20:00 File on 4 (m0002grh) No Place Like Home - The Inside Story of Supported Living	atmosphere and mix of people, and in over six months the gift cards have never run out.	Written and read by Thomas Page McBee Abridged by Jill Waters Produced by Jill Waters	
Transforming Care is the NHS policy which should be moving learning disabled people out of hospital units and into their own supported homes.	There's plenty of scientific evidence about the benefits of generosity, which in Tibetan Buddhism is celebrated as a vital step on the path to happiness. And many of us are generous on a daily basis, paying it forward to family and friends in all kinds	A Waters Company production for BBC Radio 4	
But File on 4 asks if the growth in the supported living sector is really providing the happy, safe and secure homes it was meant to.	of ways. However at The Good Heart, the difference is that we have no idea who will benefit from the meal we've just bought. The gift is not only anonymous but completely impartial. A pay it forward café takes the act of generosity to a new level, where there is no excitility to keep the deside a calumetdead.	WED 10:00 Woman's Hour (m0002h0c) The programme that offers a female perspective on the world WED 10:41 15 Minute Drame (m0002h0f)	
While the NHS has struggled to get its money into the hands of the councils who provide supported living, councils have gone their own way; commissioning services from care companies and homes from private landlords to give learning disabled	there is no possibility of being thanked or acknowledged. It depends on genuinely random acts of kindness. When a woman came into The Good Heart to claim the first free pay it forward meal, no questions were asked. The	WED 10:41 15 Minute Drama (m0002h0f) Life Lines (Series 2) Episode 3	

Radio 4 Listi	ngs for 9 – 15 February 2019	Page 10 of 14	
by Al Smith Carrie Sarah Ridgeway Ian Michael Jibson Will Den Gilot	<sup>1</sup> A Ladder To The Sky' is a seductive thriller about a writer who won't let anything, or anyone, stand in the way of his ambitions. Starring Enzo Cilenti (Luther), Wolf Kahler (Raiders of the Lost Ark), Colin Stinton (Butterfly) and Pippa Bennett-Warner (Hardow)	WED 15:00 Money Box (m0002h10) Paul Lewis and a panel of guests answer calls on personal finance.	
Will Don Gilet Fiona Lucy Doyle Robin Tony Turner	(Harlots). Awarded the Hennessy Literary 'Hall of Fame' Award for his	WED 15:30 Inside Health (m0002grm) [Repeat of broadcast at 21:00 on Tuesday]	
Robert Sean Murray Ash Alex Constantinidi	body of work, the New York Times best-selling author John Boyne has received multiple Irish Book Awards including Children's Book of the Year, People's Choice Book of the Year	WED 16:00 Thinking Allowed (m0002h12)	
Directed by Sally Avens Award winning drama set in an ambulance control room. Carrie	and Short Story of the Year. He has also been awarded a number of international literary awards, including the Que Leer Award for Novel of the Year in Spain and the Gustav	Laurie Taylor explores the latest research into how society works.	
never knows knows what the next emergency will be or the effect it might have on her.	Heinemann Peace Prize in Germany. 'A Ladder to The Sky' is his eleventh novel for adults. Writer John Boyne	WED 16:30 The Media Show (m0002h14) A topical programme about the fast-changing media world.	
WED 10:55 The Listening Project (m0002h0h) Bath times and Barber Shops	Abridger Doreen Estall Reader Wolf Kahler Producer Michael Shannon	WED 17:00 PM (m0002h16) PM at 5pm: interviews, context and analysis.	
Liam and Jim are friends who were both born and raised in Larne, County Antrim. In conversation for The Listening Project, they share memories of bath times, barber shops, cold nights and their childhoods in the 1950s and 60s.	WED 12:18 You and Yours (m0002h0r) Radio 4's consumer affairs programme.	WED 18:00 Six O'Clock News (m0002h18) The latest national and international news from BBC Radio 4.	
Fi Glover presents the series that proves it's surprising what you hear when you listen. The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation	WED 12:57 Weather (m0002h0t) The latest weather forecast.	WED 18:30 ReincarNathan (m0002h1b) Series 1	
with someone close to them about a subject they've never discussed intimately before.	WED 13:00 World at One (m0002h0w)	Swallow	
The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation - they're not BBC	Analysis of news and current affairs, presented by Sarah Montague.	Nathan didn't really nail life the first time round, so he's been reincarnated and given another chance to live a good life. This week he's a swallow in Reading forced to migrate south for the winter.	
interviews, and that's an important difference - lasts up to an hour, and is then edited to extract the key moment of connection between the participants. Most of the unedited conversations are being archived by the British Library and	WED 13:45 Fatwa (m0002h0y) 8. The Dentist Fatwa is a ten-part series telling the hidden story of the 1989	Diane Morgan and Daniel Rigby star in this comedy about the afterlife, with special guest stars Hugh Dennis, Bill Oddie and Amy Beth Hayes.	
used to build up a collection of voices capturing a unique portrait of the UK in the second decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject	fatwa issued against Salman Rushdie - the forces which led to the death sentence and the consequences for all of us. The series covers a 20-year period from 1979 to 1999 and explores race relations in Britain, identity, free speech and the connection between the fatwa and contemporary violent jihad.	Cast: Diane Morgan - Jenny Daniel Rigby - Nathan Tom Craine - Museum Guide Hugh Dennis - Nathan's dad	
WED 11:00 Who Needs Politicians Anyway? (m0002h0k) After the resignation of Martin McGuinness as Deputy First Minister in January 2017 triggered the collapse of the power- sharing government at Stormont, Northern Ireland has effectively been run by civil servants. The BBC's Ireland	Producer: Chloe Hadjimatheou Presenters: Chloe Hadjimatheou and Mobeen Azhar Editor: Richard Knight	Amy-Beth Hayes - Claire Bill Oddy - Sat Nav Henry Paker - Wine drinker Freya Parker - Electronic Voice, Museum Guide, Miss Cobra, Pigeon	
Correspondent Chris Page talks to those at the front line of public services to see what impact the lack of ministers is having. We hear from a primary school principal that blocked toilets and broken sinks are being fixed by volunteers as there's	WED 14:00 The Archers (m0002grc) [Repeat of broadcast at 19:00 on Tuesday]	Writers: Tom Craine and Henry Paker Music Composed by Phil Lepherd	
no one to lobby for more money to pay for building work. A woman dealing with cancer tells us she's been let down by local politicians in accessing vital drugs. And Northern Ireland's top civil servant tells us how he's coping with running a country	WED 14:15 Drama (b06z4w9c) The Ferryhill Philosophers Filial Duties and Special Goods	Producers: Harriet Jaine and Jonno Richards A Talkback production for BBC Radio 4	
without any ministers to provide direction. Do we really need politicians or are things better without them?	Joe's aged mother's a strong character - but now frail, going blind, and incapable of looking after herself properly. The	WED 19:00 The Archers (m0002h1d) Elizabeth faces her demons and attempts the first step to recovery	
Produced by Elaine Dunseath for BBC Northern Ireland	solution is for her to leave her home of 50 years and move into care, but in truth she wants to die now, with dignity - and she wants Joe to help her do this.	WED 19:15 Front Row (m0002h1g)	
WED 11:30 Rob Newman (b0bktltg) Rob Newman's Total Eclipse of Descartes The Music of the Chromosomes	Joe is wracked by indecision. What's more important - Bella's security and happiness, or doing what is the morally right thing? Meanwhile Hermione faces a challenge in the care of her	Live daily magazine programme on the worlds of arts, literature, film, media and music	
One of Britain's finest comedians Rob Newman sets his sights	elderly demanding Dad.	WED 19:45 15 Minute Drama (m0002h0f) [Repeat of broadcast at 10:41 today]	
on the world of philosophy, unpicking 3000 years of good and bad ideas to discover how we got into this mess. In a world gone mad can philosophy provide the answer?	The Ferryhill Philosophers is about how we live our lives. A rather unlikely duo, Joe Snowball and the Hon. Hermione Pink inhabit two very different worlds, albeit only seven miles apart. He's an unemployed ex-miner living in Ferryhill, a small town	WED 20:00 Moral Maze (m0002h1j) Live debate examining the moral issues behind one of the	
In episode three, Rob navigates the wonders and pitfalls of genetics and internationalism.	forgotten by the world, and she's a slightly disenchanted philosophy lecturer at Durham University. Between them they wrestle with the collision between moral philosophy and the	week's news stories	
Written and performed by Rob Newman Edited by John Whitehall Produced by Jon Harvey Executive Producer: Richard Wilson	vexing dilemmas encountered by the not-always-good people of Ferryhill, deprived of jobs, opportunities and the kind of ethical guidance once offered by the Church and the Miners Unions.	WED 20:45 The New Age of Capitalism (b0bkldnv) Turbo-Capitalism Does the digital economy rate efficiency and lower prices abov	
A Hat Trick production for BBC Radio 4	The series stars Alun Armstrong (of TV's popular series New Tricks) and Deborah Findlay, currently starring in Caryl Churchill's new play at The Royal Court. Award winning writer Michael Charlan works in consultation with shiftscorbar and	human values? Governments are often ready to close down sectors of their economies which they believe are inefficient, like coal mining, and keen to promote more efficient high tech	
WED <b>12:00 News Summary (m0002h2v)</b> The latest national and international news from BBC Radio 4.	Michael Chaplin works in consultation with philosopher and presenter of R4's The Philosopher's Arms, David Edmonds. Cast:	companies. Back in 2000, author and government adviser Edward Luttwak coined the term Turbo Capitalism to describe how governments are enabling the destruction of well paid "dignified" jobs and replacing them with poorly paid low statu:	
WED 12:04 A Ladder to the Sky (m0002h0p) Episode 3	Joe SnowballAlun Armstrong Hermione PinkDeborah Findlay GeorgeGeoffrey Palmer BellaAnne Reid	occupations. These new roles may appear to be part of a more efficient system, but are, he argues, actually more damaging to society as a whole. He is joined by author James Bloodworth, who described the six months he spent working undercover in	
Maurice Swift is handsome, ruthless and desperate to become a successful novelist. He just needs the right story. However a chance encounter with the celebrated author Erich Ackermann diverse Maurice on concernition binwells into the	Dr. DaintyJonathan Keeble Mrs CornishTracy Gillman	who described the six months he spent working undercover in a variety of poorly paid positions in "Hired". Presenter: David Grossman Producer: Matthew Chapman	
gives Maurice an opportunity to ingratiate himself into the literary world. And Erich has a story of his own. Unfortunately Maurice is the last person Erich should confide in	Written by Michael Chaplin Directed by Marilyn Imrie A Catherine Bailey production for BBC Radio 4	WED 21:00 The Best Thing Since Sliced Bread? (m0002h1m)	

Radio 4 Listings for 9 – 15 February 2019Page 11 of 1			
Winter bugs: Hand sanitisers and vitamin C	THU 00:30 Book of the Week (m0002h1y)	Chapel and, in the case of Caravaggio, Liss and Artemisia	
With offices and schools set to a soundtrack of sniffles, science	[Repeat of broadcast at 09:45 on Wednesday]	Gentileschi, been shown with vivid, disturbing detail. What do these interpretations reveal of the attitudes to power and women	
presenter and YouTuber Greg Foot is on mission to find 'The Best Thing Since Sliced Bread' to beat the winter bugs.	THU 00:48 Shipping Forecast (m0002h20)	in their time, and of the artists' own experiences?	
· ·	The latest weather reports and forecasts for UK shipping	The image of Judith, above is from a tapestry in the Duomo,	
Joining him in the studio is rapper, podcaster and actor Scroobius Pip, a man for whom protecting his voice is a		Milan, by Giovanni or Nicola Carcher, 1555	
professional priority. Under the microscope today are two popular products used to kill colds in their tracks - hand	<i>THU</i> 01:00 Selection of BBC World Service Programmes (m0002h22)	With	
sanitisers and vitamin C.	BBC Radio 4 joins the BBC World Service.	Susan Foister	
Virologist Wendy Barclay from Imperial College London and	THURE 20 Shiming Frances (	John Gash	
microbiologist Lindsay Hall from the Quadram Institute in Norwich are both on hand to help separate the facts from the	<i>THU</i> <b>05:20 Shipping Forecast (m0002h24)</b> The latest shipping forecast	And	
fads, to decide if these products really are The Best Thing Since Sliced Bread.		Ela Nutu Hall	
Plus they'll be giving you their Top Tips, backed by real	THU 05:30 News Briefing (m0002h26) National and international news from BBC Radio 4	Producer: Simon Tillotson	
scientific evidence, for beating the winter bugs.			
Presenter: Greg Foot	THU 05:43 Prayer for the Day (m0002h28)	THU 09:45 Book of the Week (m0002hl9)	
Producer: Michelle Martin	A spiritual comment and prayer to begin the day with Alison Murdoch Tibetan Buddhist, writer, & editor.	Amateur	
WED 21:30 Only Artists (m0002h07)	Am I alone in finding Valentine's Day a bit of a challenge?	Episode 4	
[Repeat of broadcast at 09:00 today]	When I was young and single, it would be dominated by the fear	Thomas Page McBee, a trans man, trains to fight in a charity	
	of missing out, certain that everyone bar me was having the perfect romantic evening. In a new relationship, I anxiously	match at New York's Madison Square Garden, while struggling to untangle the vexed relationship between masculinity and	
WED 22:00 The World Tonight (m0002h1p) In-depth reporting and analysis from a global perspective.	waited to discover whether the latest man of my dreams was going to find an imaginative and witty way to rise to the	violence.	
	occasion. And now, I'm married to someone who quite understandably thinks the whole occasion is a fraud and refuses	Through his experience of boxing - learning to get hit and to hit back, wrestling with the camaraderie of the gym, confronting	
WED 22:45 A Ladder to the Sky (m0002h0p)	to buy flowers on the most expensive day of the year. Logically	the betrayals and strengths of his own body - McBee examines	
[Repeat of broadcast at 12:04 today]	I know that Valentine's Day is a dubious creation of the greetings card industry, and yet somehow I still allow it to	male violence, the pervasiveness of gender stereotypes and the limitations of conventional masculinity. It's a graceful and	
WED 23:00 Life on Egg (m0002h1r)	niggle.	uncompromising exploration of living, fighting and healing.	
Series 2	From the Tibetan Buddhist point of view, genuine love is the	Thomas Page McBee is a journalist and commentator currently living in New York. His first book. Man Aliya (2014) was an	
Dragon	absolute opposite of a fixation on whether somebody is going to do exactly what we've decided will please us. On the contrary,	living in New York. His first book, Man Alive (2014), was an account of the emotional and physical complexity underlying	
When Governor Harry is accused of not mucking in, he is soon	love is defined as the wish for other people to be happy, and it doesn't just apply to the people we feel close to, but to every	the process of gender reassignment, and also explored his early years and the sexual abuse he suffered, perpetrated by his	
mucking out, bagging up guillemots droppings from The Egg's helipad. But when he finds it hard to open one of the waste	other living being on the planet. Buddhism – along with every other major religion - proposes that altruistic rather than	stepfather. Amateur was shortlisted for the 2018 Baillie Gifford Prize for Non-Fiction.	
bags, Prisoner Gyles Brandreth offers a solution - an invention	romantic love is the superhighway to happiness. Neuroscientists		
he made in the prison workshop to open them more easilyan invention so good it could make him millions. So he and the	are beginning to say the same thing, as their research increasingly suggests that broadening and deepening our	Written and read by Thomas Page McBee Abridged by Jill Waters	
team set about pitching the bag-opening device to Dragons' Den, in the hope of securing funding from Deborah Meaden.	capacity for love can improve not only our mental but also our physical health. For example, studies at the University of	Produced by Jill Waters	
Will they end up "bagging" an investment, or will their pitch end in a poo-pooing?	California suggest that altruistic love helps to activate the vagus nerve, which in turn will strengthen our immune system.	A Waters Company production for BBC Radio 4	
Starring:	On this basis, the best Valentine's gift we can give ourselves –	<i>THU</i> 10:00 Woman's Hour (m0002hlc)	
Harry Hill as Governor Harry	or anyone else - is to be as loving and caring as we can towards	The programme that offers a female perspective on the world	
Karen Bartke as Anne Marek Larwood as Peter	as many living beings as possible. Let's pray we can all put this into action today.		
Gyles Brandreth as Prisoner Gyles Brandreth Dan Maier as Tim the helicopter pilot		<i>THU</i> <b>10:45 15 Minute Drama (m0002hlf)</b> Life Lines (Series 2)	
Deborah Meaden as herself and	<i>THU</i> <b>05:45 Farming Today (m0002h2b)</b> The latest news about food, farming and the countryside	Episode 4	
Evan Davis as himself	The facest news about food, faithing and the countrystae	-	
Written by Dan Maier	THU 05:58 Tweet of the Day (b096h1qz)	by Al Smith	
Produced by Sam Michell	Stephen Moss on the Song Thrush	Carrie Sarah Ridgeway Tanzir Phaldut Sharma	
A BBC Studios Production	In the first of five recollections about his encounters with birds, writer and wildlife programme-maker Stephen Moss explains	Will Don Gilet Karen Jeanette Percival	
	why the sound of the Song Thrush evokes such powerful	Robert Sean Murray Jess Alex Constantinidi	
WED 23:15 Terry Alderton: More Crazy Now (b083pfmr)	memories of his grandfather.		
The Dirty Smile	Tweet of the Day has captivated the Radio 4 audience with its daily 90 seconds of birdsong. But what of the listener to this	Directed by Sally Avens	
Terry Alderton flexes his comedy muscles in this comedy and musical explosion. Street Kid, Victor, Ed and The Bear return	avian chorus? In this new series of Tweet of the Day, we bring to the airwaves the conversational voices of those who listen to	With no let up in the bad weather the ambulance service is stretched to breaking point and Carrie must enlist the help of a	
along with some new, unexplainable characters and voices.	and are inspired by birds. Building on the previous series, a	taxi driver as an emergency midwife.	
It's more Terry, more crazy and happening right now. No	more informal approach to learning alongside a renewed emphasis on encounter with nature and reflection in our		
Geordies were offended in the making of this programme.	relationship with the natural world.	<i>THU</i> <b>11:00 From Our Own Correspondent (m0002hlh)</b> Correspondents around the world tell their stories and examine	
Written by and starring Terry Alderton Featuring Johnny Spurling	Producer: Sarah Blunt Photograph: Full Moon Images.	news developments in their region.	
Additional material from Johnny Spurling and Richard Melvin Produced by Johnny Spurling and Sean Kerwin	~ t	THU 11:30 Shanad by the Diver Clude (m00002bille)	
Executive Producer: Richard Melvin	<i>THU</i> 06:00 Today (m0002hl5)	<i>THU</i> <b>11:30 Shaped by the River Clyde (m0002hlk)</b> George Parsonage is a local hero in Glasgow. He's known as	
A Dabster production for BBC Radio 4	News and current affairs, including Yesterday in Parliament, Sports Desk, Weather and Thought for the Day.	'The River Man', as over the years he has taken his rowing boat out on the Clyde in all weathers to rescue countless people. He's	
WED 23:30 Today in Parliament (m0002h1t)		been doing it since he was a boy, following in his father's footsteps as chief officer of the Glasgow Humane Society.	
All the news from today's sitting at Westminster.	<i>THU</i> <b>09:00 In Our Time (m0002hl7)</b> Judith beheading Holofernes	What's less well known is that he's a trained artist, sculpting	
		between rescues with all the detritus he finds on the banks and	
THURSDAY 14 FEBRUARY 2019	Melvyn Bragg and guests discuss how artists from the Middle Ages onwards have been inspired by the Bible story of the	in the water. This programme explores his love affair with the river, what it gives and what it takes.	
THU 00:00 Midnight News (m0002h1w)	widow who killed an Assyrian general who was besieging her village, and so saved her people from his army and from his	Producer Mark Rickards	
The latest national and international news from BBC Radio 4.	master Nebuchadnezzar. A symbol of a woman's power and the		
Followed by Weather.	defiance of political tyranny, the image of Judith has been sculpted by Donatello, painted on the ceiling of the Sistine	THU 12:00 News Summary (m0002hlm)	

Radio 4 Listings for 9 – 15 February 2019Page 12 of 1			Page 12 of 14
The latest national and international news from BBC Radio 4.	film version of The Eagle Has Landed; Michael Caine's signature is apparently carved somewhere into the building's	THU 20:30 The Bottom Line Behavioural science in the wo	
<i>THU</i> <b>12:04 A Ladder to the Sky (m0002hlp)</b> Episode 4 Maurice Swift is handsome, ruthless and desperate to become a	wooden structure. Later on, we skirt past (but can't quite see) Hardwick House. This was the inspiration for EH Shepard's illustrations of Toad Hall in Kenneth Grahame's Wind in the Willows. From there we head up into the Willd Woods, where we hear a reading from Wind in the Willows, before climbing a	The role of behavioural science in the workplace. Can its use nudge us from bad habits to boost productivity and improve relationships at the office?	
successful novelist. He just needs the right story. However a chance encounter with the celebrated author Erich Ackermann gives Maurice an opportunity to ingratiate himself into the literary world. And Erich has a story of his own. Unfortunately Maurice is the last person Erich should confide in	steep hill which takes us back to where we started at Whittles Farm. Elaine's love of mapping comes from her father. He was Harold Fullard, a renowned cartographer who was Editor of the	<i>THU</i> <b>21:00 BBC Inside Science (m0002hm6)</b> [Repeat of broadcast at 16:30 today]	
'A Ladder To The Sky' is a seductive thriller about a writer who won't let anything, or anyone, stand in the way of his ambitions. Starring Enzo Cilenti (Luther), Wolf Kahler (Raiders of the	Phillip's Modern School Atlas, the blue-canvas book that generations of school-children used to learn about the world. Elaine recalls earning a little pocket money by helping to create the index at home it was a painstaking process.	<i>THU</i> <b>21:30 In Our Time (m0002hl7</b> ) [Repeat of broadcast at 09:00 today]	
Lost Ark), Colin Stinton (Butterfly) and Pippa Bennett-Warner (Harlots). Awarded the Hennessy Literary 'Hall of Fame' Award for his	If you are reading this on the Radio 4 website, you can scroll further down to see links to Elaine's books, Mapledurham Water Mill and some photos of the walk.	THU 22:00 The World Toni In-depth reporting and analysi	
body of work, the New York Times best-selling author John Boyne has received multiple Irish Book Awards including Children's Book of the Year, People's Choice Book of the Year	Producer: Karen Gregor	<i>THU</i> <b>22:45 A Ladder to the</b> [Repeat of broadcast at 12:04	
and Short Story of the Year. He has also been awarded a number of international literary awards, including the Que Leer Award for Novel of the Year in Spain and the Gustav Heinemann Peace Prize in Germany. 'A Ladder to The Sky' is his eleventh novel for adults.	<i>THU</i> <b>15:27 Radio 4 Appeal (m0002g3f)</b> [Repeat of broadcast at 07:54 on Sunday]	<i>THU</i> <b>23:00 The World of Si</b> Series 2 Episode Two	mon Rich (m0002hmt)
	<i>THU</i> <b>15:30</b> Open Book (m0002g4b)		
Writer John Boyne Abridger Doreen Estall Reader Colin Stinton Producer Michael Shannon	[Repeat of broadcast at 16:00 on Sunday] THU 16:00 The Film Programme (m0002hm4)	of his enchanting tales of the	ist Simon Rich returns with more absurd. Performed in London by a nt including Robert Webb, Cariad ris Macleod and Freva Parker.
<i>THU</i> <b>12:18</b> You and Yours (m0002hlr)	Rosamund Pike, Barry Jenkins With Antonia Quirke.	Produced by Jon Harvey A Hat Trick production for B	
Radio 4's consumer affairs programme.	Rosamund Pike reveals the lengths she went to in order to play the legendary war reporter Marie Colvin in A Private War.	THU 23:30 Today in Parliar	
<i>THU</i> <b>12:57 Weather (m0002hlt)</b> The latest weather forecast.	Oscar winning director Barry Jenkins discusses If Beale Street Could Talk, his follow-up to Moonlight and explains what the two films have in common.	All the news from today's sitting at Westminster.	
<i>THU</i> <b>13:00 World at One (m0002hlw)</b> Analysis of news and current affairs, presented by Sarah		FRIDAY 15 FEBRUARY 2	019
Montague. <i>THU</i> 13:45 Fatwa (m0002hly)	<i>THU</i> <b>16:30 BBC Inside Science (m0002hm6)</b> Adam Rutherford investigates the news in science and science in the news.	<i>FRI</i> <b>00:00 Midnight News (m0002hmy)</b> The latest national and international news from BBC Radii Followed by Weather.	
9. I've Got a Problem Here Fatwa is a ten-part series telling the hidden story of the 1989	<i>THU</i> <b>17:00 PM (m0002hm8)</b> PM at <b>5pm</b> : interviews, context and analysis.	FRI 00:30 Book of the Week	
fatwa issued against Salman Rushdie - the forces which led to the death sentence and the consequences for all of us. The series covers a 20-year period from 1979 to 1999 and explores race relations in Britain, identity, free speech and the connection between the fatwa and contemporary violent jihad.	<i>THU</i> <b>18:00 Six O'Clock News (m0002hmb)</b> The latest national and international news from BBC Radio 4.	[Repeat of broadcast at 09:45 on Thursday] <i>FRI</i> 00:48 Shipping Forecast (m0002hn0) The latest weather reports and forecasts for UK shipping	
Producer: Chloe Hadjimatheou Presenters: Chloe Hadjimatheou and Mobeen Azhar Editor: Richard Knight	<i>THU</i> <b>18:30 Mark Steel's in Town (m0002hmd)</b> Series 9 The Forest of Dean	<i>FRI</i> 01:00 Selection of BBC (m0002hn2) BBC Radio 4 joins the BBC V	-
<i>THU</i> <b>14:00 The Archers (m0002h1d)</b> [Repeat of broadcast at 19:00 on Wednesday]	Mark Steel returns to Radio 4 with the ninth series of his award- winning show that travels around the country visiting towns that have nothing in common but their uniqueness. After thoroughly	FRI 05:20 Shipping Forecas The latest shipping forecast	t (m0002hn4)
<i>THU</i> 14:15 Drama (m0002hm0) The Love Test	researching each town, Mark writes and performs a bespoke evening of comedy for the local residents.	FRI 05:30 News Briefing (m National and international new	
Rom-Com for Valentine's Day about meeting the perfect partner. Journalist Kate is writing an article about a	In this episode Mark visits the Forest of Dean in Gloucestershire and he manages to get out alive.	FRI 05:43 Prayer for the Da	y (m0002hn8)
psychological test that can tell when you've met the "one" but she's reluctant to believe it will work - until she tries it herself. By Brian Coyle.	Written and performed by Mark Steel Additional material by Pete Sinclair Production co-ordinator, Hayley Sterling	A spiritual comment and pray Murdoch Tibetan Buddhist, w	er to begin the day with Alison riter, & editor.
Kate Kate O'Flynn Sam Carl Prekopp	Sound Manager, Jerry Peal Producer, Carl Cooper	A key Buddhist teaching calle	d the Eightfold Path is often ght spokes. One of those spokes is
Mark Stephen Hogan	rioucei, can coopei		ds and conversation that comfort,
Sarah Deborah Findlay Gerri Samara MacLaren Producer/director: Bruce Young	Picture Credit, Tom Stanier	observed the positive effect it	ho practices right speech and have has on the people around them.
<i>THU</i> <b>15:00 Ramblings (m0002hm2)</b>	<i>THU</i> <b>19:00 The Archers (m0002hmg)</b> Will receives a shock and Helen's evening takes an unexpected turn	damage and regret that often t	
Series 41 Old Maps and New Routes - Oxfordshire	<i>THU</i> 19:15 Front Row (m0002hmj)	revealing about the way we ch in front of a living plant, either	g to plants' can be unexpectedly coose to speak. It starts with sitting er indoors or out in nature. Step
Clare Balding starts the 20th year of Ramblings by walking with a listener who is so committed to exploring the countryside that	Live daily magazine programme on the worlds of arts, literature, film, media and music	such as "Your leaves are green you'll probably want to be out	e plant that is emotionally neutral, n." You need to speak out loud, so of earshot of anyone else. How
she creates and publishes her own walking routes.	<i>THU</i> 19:45 15 Minute Drama (m0002hlf)		ke you feel? Probably nothing. nasty, as if the plant was someone
Elaine Steane ran out of walks, so decided to invent her own.	[Repeat of broadcast at 10:45 today]	you dislike. How does this ma	ke you feel? Step Three is to say
She's published a number of books including Milestones to Millstones and it's a route from this that we follow today. It		something friendly and encou watch what effect this has on	raging to the plant, and again you. When I first did this exercise
skirts the Oxfordshire/Berkshire border and takes in	THU 20:00 The Briefing Room (m0002hml)		what I said influenced how I felt.
Mapledurham Watermill - a working Mill that not only produces its own flour but also supplies 140 local homes with electricity. The Mill became famous when it featured in the	David Aaronovitch and a panel of experts and insiders present in-depth explainers on big issues in the news.	buzz, and sometimes a laugh,	flat. Nasty brought an immediate but left a bad taste in the mouth. endly and encouraging, even to a

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Radio 4 Listi	Page 13 of 14			
plant, made me feel surprisingly good inside. In this era of round the clock news and fake news, of posting and re-posting, tweets and re-tweets, it seems more important than ever to remember the power of our words. Let's pray that	she's a breakfast presenter on the BBC in the South West, "I reckon I've done more phone-ins on Hinkley C than anything else". But, despite the controversy, the third station got the go- ahead from Theresa May late in 2016 - and, over the past two years, her town has started to change.	Producer Michael Shannon <i>FRI</i> <b>12:18 You and Yours (m0002hy6)</b> Radio 4's consumer affairs programme. <i>FRI</i> <b>12:57 Weather (m0002hy8)</b> The latest weather forecast.		
we can all use our speech with care today, bringing happiness rather than harm to ourselves and the people around us. <i>FRI</i> <b>05:45 Farming Today (m0002hnb)</b> The latest news about food, farming and the countryside	At its peak, EDF Energy say there will be 5,600 workers on the construction site itself - and it's expected that 20,000 jobs will be created from the knock-on. There's been a surge of investment in the town, and there's a massive demand for accommodation			
<i>FRI</i> 05:58 Tweet of the Day (b09czn7h)	accommodation. Just round the corner from Emma's house is the old cellophane factory site.	FRI 13:00 World at One (m0002hyb) Analysis of news and current affairs, presented by Mark Mardell.		
Gary Moore on the Woodlark When wildlife sound recordist Gary Moore put on his headphones to capture the sound of a woodlark his recording revealed some unusual behaviour that was snapped up by the Springwatch TV team.	Bridgwater used to be known for stinking of rotten eggs, because of the smell given off by the cellophane factory. And everyone in Bridgwater knew someone, or was someone who worked there. The factory shut in 2005 but, from 2016, that iconic site began to transform into accommodation for the people who will be working on Hinkley.	<i>FRI</i> <b>13:45 Fatwa (m0002hyd)</b> 10. Postscript Fatwa is a ten-part series telling the hidden story of the 1989 fatwa issued against Salman Rushdie - the forces which led to		
Producer: Tom Bonnett Photograph: Ian Redman. <i>FRI</i> <b>06:00 Today (m0002hxp)</b> News and current affairs, including Yesterday in Parliament,	EDF say it will be the "second largest hotel in Europe after Disneyland". It'll provide accommodation for 1500 workers between two sites. The larger campus, on the cellophane factory site, is expected to house 1000 people. At the beginning of 2018, the rooms came, ready built, on the back of lorries.	the death sentence and the consequences for all of us. The series covers a 20-year period from 1979 to 1999 and explores race relations in Britain, identity, free speech and the connection between the fatwa and contemporary violent jihad. Producer: Chloe Hadjimatheou		
Sports Desk, Weather and Thought for the Day. <i>FRI</i> 09:00 Desert Island Discs (m0002g3t)	It's three minute's walk from Emma's front door. This is the story Emma's neighbourhood - and what happened when the new "hotel" began to arrive.	Presenters: Chloe Hadjimatheou and Mobeen Azhar Editor: Richard Knight		
[Repeat of broadcast at 11:15 on Sunday]	Produced in Bristol by Polly Weston	<i>FRI</i> <b>14:00 The Archers (m0002hmg)</b> [Repeat of broadcast at 19:00 on Thursday]		
FRI 09:45 Book of the Week (m0002hzm) Amateur	FRI 11:30 Agendum (b0bgrhy5) Series 1	FRI 14:15 Drama (m0002hyg) Martians		
Episode 5 Thomas Page McBee, a trans man, trains to fight in a charity match at New York's Madison Square Garden, while struggling to untangle the vexed relationship between masculinity and violence.	Shock A current affairs parody and stupidly feasible visit to the 24-hour Hall Of Opinion Mirrors. Because there are two stories to every story.	In Lucy Caldwell's Martians, Tia Bannon plays a young midwife who is preparing to leave her family and the world she knows to begin life on another planet. One of the twelve chosen few to be picked to take their skills to Mars to begin new life, just as her grandmother did when she		
Through his experience of boxing - learning to get hit and to hit back, wrestling with the camaraderie of the gym, confronting the betrayals and strengths of his own body - McBee examines male violence, the pervasiveness of gender stereotypes and the limitations of conventional masculinity. It's a graceful and uncompromising exploration of living, fighting and healing.	A deadly pandemic, an inappropriate economic yardstick and a very special anniversary are thrown about by some talking heads who probably came in a taxi, corralled by presenterer Alexandra Palisades in this new parody created by Jason Hazeley and Joel Morris.	moved from Jamaica to London and her father's ancestors leaving a famine-riddled Ireland for America, Laura has to choose what to take and what to leave behind. She also has to say goodbye to her family for good, she doesn't want any fuss, just another day, she is going to make a difference, a star in the sky		
Thomas Page McBee is a journalist and commentator currently living in New York. His first book, Man Alive (2014), was an account of the emotional and physical complexity underlying the process of gender reassignment, and also explored his early years and the sexual abuse he suffered, perpetrated by his stepfather. Amateur was shortlisted for the 2018 Baillie Gifford Prize for Non-Fiction.	With Carrie Quinlan as Alexandra Palisades and the voices of: Justin Edwards Melanie Hudson Kath Hughes Simon Kane Tayla Kovacevic-Ebong Jess Robinson Luke Sumner Tony Way	Laura Tia Bannon Michael Toheeb Jimoh Margo Angel Coulby Lorraine Michelle Greenidge Eoin Lloyd Hutchinson Joan Joy Richardson Angharad & Young Woman 1 Tallulah Bond Ijaaz, Male Voice Ronny Jhutti Older Woman, Radio Presenter & Automated Voice Beth		
Written and read by Thomas Page McBee Abridged by Jill Waters Produced by Jill Waters	Written by Jason Hazeley and Joel Morris Produced by David Tyler	Goddard Written by Lucy Caldwell Produced & Directed by Celia De Wolff		
A Waters Company production for BBC Radio 4	A Pozzitive production for BBC Radio 4	<i>FRI</i> 15:00 Gardeners' Question Time (m0002hyj) Stoke		
<i>FRI</i> <b>10:00 Woman's Hour (m0002hxw)</b> The programme that offers a female perspective on the world	<i>FRI</i> <b>12:00 News Summary (m0002j02)</b> The latest national and international news from BBC Radio 4.	Eric Robson hosts the horticultural panel programme from Stoke. Bunny Guinness, Chris Beardshaw and Bob Flowerdew		
<i>FRI</i> <b>10:45 15 Minute Drama (m0002hxy)</b> Life Lines (Series 2)	FRI 12:04 A Ladder to the Sky (m0002hy4) Episode 5	answer the audience questions. Produced by Hannah Newton Assistant Producer: Hester Cant		
Episode 5 by Al Smith	Maurice Swift is handsome, ruthless and desperate to become a successful novelist. He just needs the right story. However a chance encounter with the celebrated author Erich Ackermann	A Somethin' Else production for BBC Radio 4		
Carrie Sarah Ridgeway Joe Liam Lau Fernandez Will Don Gilet	gives Maurice an opportunity to ingratiate himself into the literary world. And Erich has a story of his own. Unfortunately Maurice is the last person Erich should confide in	<ul> <li>FRI 15:45 From Fact to Fiction (m0002hyl)</li> <li>A new short story in response to this week's news.</li> <li>FRI 16:00 Last Word (m0002hyn)</li> <li>Matthew Bannister tells the life stories of people who have recently died, from the rich and famous to unsung but significant.</li> </ul>		
Ian Michael Jibson Robert Sean Murray Missy Susie Riddell Receptionist Elizabeth Counsell	<sup>+</sup> A Ladder To The Sky' is a seductive thriller about a writer who won't let anything, or anyone, stand in the way of his ambitions. Starring Enzo Cilenti (Luther), Wolf Kahler (Raiders of the Lost Ark), Colin Stinton (Butterfly) and Pippa Bennett-Warner (Harlots).			
Directed by Sally Avens	Awarded the Hennessy Literary 'Hall of Fame' Award for his	ED116-20 Mars and a ( 00001 )		
The award winning drama series set in an ambulance control centre. Call handler Carrie is fearless when dealing with a young boy trapped on a railway line but terrified of admitting her own failings as a mother.	body of work, the New York Times best-selling author John Boyne has received multiple Irish Book Awards including Children's Book of the Year, People's Choice Book of the Year and Short Story of the Year. He has also been awarded a number of international literary awards, including the Que Leer	FRI 16:30 More or Less (m0002hyq) Series devoted to the world of numbers. FRI 16:55 The Listening Project (m0002hys)		
<i>FRI</i> <b>11:00 Not the Biggest Hotel in Europe (m0002hy0)</b> Emma Britton has always lived in the shadow of nuclear power.	Award for Novel of the Year in Spain and the Gustav Heinemann Peace Prize in Germany. 'A Ladder to The Sky' is his eleventh novel for adults.	A Song in My Head Alastair and Frank live and work in Dundee. As owner and		
Her hometown of Bridgwater is ten miles from Hinkley Power station. As a child her Mum told her "don't worry about Hinkley, if it goes up you won't know a thing about it". Today	Writer John Boyne Abridger Doreen Estall Reader Pippa Bennett-Warner	manager of a record shop, vinyl is at the heart of their lives and their friendship. From the allure of glam rock to the power of Led Zeppelin, they come together to discuss music and memory.		
	Supported by bbc.co.uk/programmes/			

Radio 4 Listings for 9 – 15 February 2019 Page 14 of 14					
Fi Glover presents another conversation in the series that proves it's surprising what you hear when you listen. The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation with someone close to them about a subject they've never discussed intimately before. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation - they're not BBC interviews, and that's an important difference - lasts up to an hour, and is then edited to extract the key moment of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in the second decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject	Advertising guru and writer on human behaviour Rory Sutherland pokes a stick at received wisdom. Be Successful or Be Loved - The NHS dilemma: Can a public health service ever be truly loved if it always prioritises reducing mortality rates and waiting times over the seemingly trivial aspects of patient experience? Instinct Before Logic: Are we as rational as we might think we are? The Power of Vanity: Could ego inflation be a quick route to changing our behaviour? The Sachet in the Pot Noodle: Can online retailers ever capture the magic of the traditional shopping experience? Produced by Michael Surcombe for BBC Wales				
<i>FRI</i> <b>17:00 PM (m0002hyv)</b> PM at <b>5pm</b> : interviews, context and analysis.	<i>FRI</i> <b>22:00 The World Tonight (m0002hzc)</b> In-depth reporting and analysis from a global perspective.				
<i>FRI</i> <b>18:00 Six O'Clock News (m0002hyx)</b> The latest national and international news from BBC Radio 4.	FRI 22:45 A Ladder to the Sky (m0002hy4) [Repeat of broadcast at 12:04 today]				
<i>FRI</i> 18:30 The News Quiz (m0002hyz) Series 98	FRI 23:00 A Good Read (m0002gr3) [Repeat of broadcast at 16:30 on Tuesday]				
Episode 8 Miles Jupp looks back at the news this week with Hugo Rifkind, Zoe Lyons, Angela Barnes and Susan Calman.	FRI 23:30 Today in Parliament (m0002hzf) All the news from today's sitting at Westminster.				
Produced by Victoria Lloyd A BBC Studios Production	<i>FRI</i> 23:55 The Listening Project (m0002hzh) Back to Kiveton				
<i>FRI</i> <b>19:00 The Archers (m0002hz1)</b> Writer Tim Stimpson Director Kim Greengrass Editor Jeremy Howe	This is a conversation about shared memories and lost years, disapproving aunts, a town transformed and the need for a connection to people and places in our past. Brought together by a photograph of a vanished era, Bob and Helen discuss their shared past in Kiveton, South Yorkshire.				
Jill Archer Patricia Greene David Archer Felicity Finch Pip Archer Pelicity Finch Pip Archer David Troughton Helen Archer Buffy Davis Tony Archer David Troughton Helen Archer David Troughton Brian Aldridge Charles Collingwood Jennifer Aldridge Charles Collingwood Will Grundy Stephen Kennedy Ruairi Donovan Arthur Hughes Toby Fairbrother Rhys Bevan Will Grundy Molly Pipe Emma Grundy Enerald O'Hanrahan Tracy Horrobin Susie Riddell Kate Madikane Perdita Avery Kirsty Miller Annabelle Dowler Elizabeth Pargetter Alison Dowling Johnny Phillips Tom Gibbons Roy Tucker Ian Pepperell Lee Ryan Early Leonard Berry Paul Copley Jamila Lorna Laidlaw	Fi Glover presents another conversation in the series that proves it's surprising what you hear when you listen. The Listening Project is a Radio 4 initiative that offers a snapshot of contemporary Britain in which people across the UK volunteer to have a conversation with someone close to them about a subject they've never discussed intimately before. The conversations are being gathered across the UK by teams of producers from local and national radio stations who facilitate each encounter. Every conversation - they're not BBC interviews, and that's an important difference - lasts up to an hour, and is then edited to extract the key moment of connection between the participants. Most of the unedited conversations are being archived by the British Library and used to build up a collection of voices capturing a unique portrait of the UK in the second decade of the millennium. You can learn more about The Listening Project by visiting bbc.co.uk/listeningproject				
<i>FRI</i> <b>19:15 Front Row (m0002hz3)</b> Live daily magazine programme on the worlds of arts, literature, film, media and music					
<i>FRI</i> <b>19:45 15 Minute Drama (m0002hxy)</b> [Repeat of broadcast at 10:45 today]					
FRI 20:00 Any Questions? (m0002hz5) Liam Halligan, Carolyn Harris MP, Adam Price AM.					
Jonathan Dimbleby presents political debate from the Welsh Language and Heritage Centre Nant Gwrtheyrn in Llithfaen, northwest Wales with a panel including the journalist Liam Halligan, Deputy Leader of Welsh Labour Carolyn Harris MP and the leader of Plaid Cymru Adam Price AM.					
<i>FRI</i> 20:50 A Point of View (m0002hz7) Weekly reflections on topical issues from a range of contributors.					
FRI 21:00 Thought Cages (m0002hz9)	Supported by bbc.co.uk/programmes/		]		
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