BBC 4 Listings for 6 – 12 September 2025

SATURDAY 06 SEPTEMBER 2025

SAT 19:00 Mr Benn (m002jlpg)

The Red Knight

Mr Benn of 52 Festive Road visits a fancy dress shop. As if by magic, he finds himself in the midst of an adventure. The classic children's series narrated by Ray Brooks.

SAT 19:15 Miss Marple (b0078 jyz)

A Caribbean Mystery

Miss Marple has been sent to Barbados on holiday by her nephew Raymond West.

When Major Palgrave, the hotel bore, is found dead in the doorway of his cottage, everyone except Miss Marple accepts that he has died of natural causes. During the postmortem examination, it is found that the major was indeed poisoned. Victoria Johnson is also found murdered with a kitchen knife in her chest.

It is time for Miss Marple to join forces with the police in order to solve the mystery and prevent a third murder.

SAT 21:10 Dark Hearts (m002gtcg) Series 2

Enisode 5

Kevlar and Martin devise a plan to force Moktar to send Sab to a clinic outside Mosul for treatment. Moktar puts pressure on the DGSE to recover funds blocked in Qatar and agrees to a meeting where he hopes to receive the money.

In French and Arabic with English subtitles.

SAT 22:00 Dark Hearts (m002gtcl) Series 2

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After the mock execution, the DGSE and COS wait for presidential permission to launch the operation to free Sab. Pierre and Martin divert Moktar, while Soraya bluffs her way into Sab's cell.

In French and Arabic with English subtitles.

SAT 22:50 Wogan (m002j9dl)

Terry Wogan chats to Donald Pleasance, Martin Shaw, Alan Bleasdale and Debbie Rennard. With music from Kate Bush and pianist Steve Ross.

$\it SAT$ 23:35 The Newsreader (p0gjlm0k)

Series 2

A Model Daughter

News is approached by Geoff's daughter Kay with the offer of an exclusive. Lindsay sees this as an opportunity for an end-ofyear show-stopper, but Helen is shocked at the depth of Kay's desperation.

SAT 00:30 The Newsreader (p0gjlm81)

Series 2

Fireworks

As the team prepare for the biggest event of the year, Australia Day 1988, with the re-enactment of the First Fleet sailing into Sydney Harbour and ceremonies with Prince Charles and Princess Diana, personal and professional dilemmas abound. Helen prepares for a new job in the US, and Dale faces a crisis as he is asked to help a friend in trouble.

SAT 01:30 The Good Life (b00783m3)

Series 3

The Last Posh Frock

Classic sitcom. Barbara tries to remain a woman despite her work-worn hands and a ruined dress.

SAT 02:00 Miss Marple (b0078jyz)

[Repeat of broadcast at 19:15 today]

SUNDAY 07 SEPTEMBER 2025

SUN 19:00 Around the World in 80 Gardens (b008x3nl)

Monty Don continues his extraordinary journey to see the world through 80 of its most inspiring gardens.

This week he travels to Australia and New Zealand, two of the youngest gardening cultures in the world. But it is not just about dreamy climates and wonderful plants. Monty sets out from the aptly named Botany Bay to uncover a story of culture clash and plant invasion, where the gentle habits of the indigenous people and the extraordinary natural landscapes have been dashed aside in favour of imported plants and a surprisingly English style of garden.

By the time he finds his feet in New Zealand he's soon gasping for native plants and sets off in search of the wild heart of New Zealand, where he revels in a magical rainforest garden created entirely of native plants.

SUN 20:00 BBC Proms (m002j90s)

2025

Celebrating Chineke! at the Proms

Clive Myrie presents from the Royal Albert Hall as Europe's first majority black and ethnically diverse orchestra celebrates its tenth anniversary.

For this landmark concert, Chineke! performs Shostakovich's epic Tenth Symphony alongside classics from Coleridge-Taylor and Valerie Coleman.

SUN 21:50 BBC Proms (m001q1zh)

2023

Chineke! at the Proms

A treat for the senses as Chineke! Orchestra perform at the 2023 Proms, conducted by Anthony Parnther. Europe's first majority black and ethnically diverse orchestra presents a concert of music from across four centuries and two continents, culminating in Beethoven's sunny and genial Fourth Symphony.

Before the Beethoven, novelty is the uniting factor, with four pieces enjoying their Proms debuts, including the lyrical Four Noveletten by Samuel Coleridge-Taylor. Trumpeter-on-the-rise Aaron Azunda Akugbo takes centre stage to perform Haydn's joyful Trumpet Concerto, with its famous third movement.

Clara Amfo presents with special guests Hannah French and Ayanna Witter-Johnson.

SUN 23:50 Bob Marley Reimagined (m001b6m4)

Celebrate the rich legacy of reggae legend Bob Marley in a concert filmed live at Birmingham Town Hall, featuring some of his most celebrated songs and special guests including his grandson Skip Marley.

Presented by Trevor Nelson, this one-hour special reimagines Bob Marley's greatest hits, including Get Up Stand Up, Exodus, Redemption Song and Waiting in Vain, all layered with new orchestration by Chineke!, Europe's first majority black and ethnically diverse orchestra.

Chineke! are joined by singer-songwriter JP Cooper, gospel and R&B legend Ruby Turner and Skip Marley, who makes his debut UK solo performance. Featuring interviews with the performers and members of the Marley family, this concert both honours and brings fresh interpretation to the beloved music of Bob Marley.

SUN 00:50 How to Build a Cathedral (b00b09rb)

The great cathedrals were the wonders of the medieval worldthe tallest buildings since the pyramids and the showpieces of medieval Christianity. Yet they were built at a time when most of us lived in hovels. Architectural historian Jon Cannon explores who the people were that built them and how they were able to achieve such a bold vision.

SUN 01:50 Cornwall's Red River (m0014zrj)

Poet John Wedgwood Clarke explores the Red River in Cornwall, a watercourse barely more than a stream that has been heavily polluted by centuries of tin mining. Now, this powerful symbol of Cornish identity, home to some very rare, beautiful and resilient species, is slowly showing signs of coming back to life.

Extracts from John's poem, Red River at the A30 Culvert, reveal his mixed thoughts about the river's toxic legacy, but as he meets both those with a connection with the river's industrial past and who care for it today, he finds new hope for its future.

SUN 02:20 Around the World in 80 Gardens (b008x3nl) [Repeat of broadcast at 19:00 today]

MONDAY 08 SEPTEMBER 2025

MON 19:00 Planet Earth (b0074t42)

Shallow Seas

Shallow Seas follows a humpback whale and calf on their epic journey across the richest seas that fringe our coasts. From tropical paradises, where the newborn calf takes his first faltering breaths, to the storm-ravaged icy polar seas, the whales' great feeding grounds, we reveal seas of great contrast and surprise.

In tropical Indonesia we discover the richest coral reefs of all, home to creatures more of fantasy like the head-butting pygmy seahorse, flashing 'electric' clam and bands of 30-strong sea snakes, never filmed before, on the hunt.

In the baking deserts of Arabia, we uncover mysterious giant colonies of seabirds and in Australia ingenious surfing dolpins that have learned to hydroplane right up onto the beach to catch their fish.

New underwater timelapse photography reveals extraordinary events normally too slow to register - like plagues of sea urchins felling great aquatic forests of giant kelp and giant star fish on the rampage, monsters in their world.

And we witness the heart-stopping drama of gigantic bull fur seals attacking king penguins, who despite their severe weight disadvantage, put up one of the most spirited defences ever filmed.

MON 20:00 Da Vinci: The Lost Treasure (b016xjq6)

Leonardo da Vinci is considered by many to be one of the greatest artists who ever lived. Yet his reputation rests on only a handful of pictures - including the world's most famous painting, the Mona Lisa.

As the National Gallery in London prepares to open its doors on a remarkable exhibition of Leonardo's work, Fiona Bruce travels to Florence, Milan, Paris and Warsaw to uncover the story of this enigmatic genius - and to New York, where she is given an exclusive preview of a sensational discovery: a new Leonardo.

MON 21:00 Call My Bluff (m002j9vq)

Robert Robinson referees another duel of words and wit as Patrick Campbell, June Bolton and Richard Briers compete against Frank Muir, Joanna Lumley and Derek Jacobi.

MON 21:30 Face the Music (m002j9vv)

Joseph Cooper invites viewers to match their musical wits against Joyce Grenfell, Richard Baker and David Attenborough. With guest musician Andrew Davis.

MON 22:00 The Sky at Night (m002j9vz)

The Expanding Universe

The team explores one of the greatest discoveries of modern astronomy - that our universe is expanding - and the new questions it raises about how the cosmos works.

In the 1920s, astronomers studying galaxies realised they were moving away from us, with the most distant ones receding the fastest. The

conclusion was revolutionary: space itself was stretching, and the universe was expanding in every direction. But once this discovery was made, a new challenge emerged – how fast is the universe expanding, and what could that tell us about its age, size and ultimate fate?

Chris Lintott travels to the University of Oxford to explore one of the most extraordinary tools astronomers use to answer these questions - the cosmic microwave background (CMB), the faint afterglow of the Big Bang. Working with Professor David Alonso, Chris learns how scientists use the CMB as a starting point for measuring cosmic expansion. He discovers how the Simons Observatory, a network of telescopes in Chile, is creating the sharpest map yet of this ancient light. These observations promise to refine our understanding of the expansion rate and may shed light on a long-standing puzzle known as the 'Hubble tension', where different measurements of expansion don't agree.

Meanwhile, Maggie Aderin-Pocock investigates a different cosmic speedometer: supernovae, or exploding stars. Meeting Dr Philip Wiseman at the University of Southampton, she learns how type 1a supernovae, which shine with a predictable brightness, can be used to measure cosmic distances. A discovery in the 1990s revealed something astonishing - not

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only is the universe expanding, but the expansion is accelerating. The Vera Rubin Observatory, with its enormous mirror and world-record-breaking camera, is about to survey the southern skies, capturing supernovae in unprecedented numbers. With its data, astronomers hope to refine how fast the universe's expansion has accelerated over billions of years.

George Dransfield takes on the most mysterious part of the story - dark energy. Coined to explain the force driving the acceleration, dark energy remains entirely unknown. At the University of Portsmouth, George meets Dr Seshadri Nadathur, who is part of the Dark Energy Spectroscopic Instrument (DESI) project. By mapping tens of millions of galaxies across 11 billion years of cosmic history, DESI is building the largest 3D map of the universe ever made. This map is revealing subtle patterns in how galaxies are distributed, providing new insights into how fast the universe has expanded over time - and whether dark energy itself has changed throughout cosmic history. Together, these projects reveal both the power and the limits of our current models of cosmology. Different methods of measuring expansion don't line up, and far from being a mistake, this mismatch may be a vital clue that new physics is waiting to be discovered.

As ever, Pete Lawrence is on hand with his guide to the skies this month, including how to catch Saturn's rare ring and moon events, as well as highlights of the autumn equinox.

With cosmic clues building from the earliest light of the Big Bang to the faint glow of distant supernovae, the programme takes viewers on a journey through one of the most profound questions in science: how fast is our universe expanding, and what might that reveal about its past, present and future?

MON 22:30 The Biddy Baxter Story (b007m9gs) Profile of the legendary Blue Peter editor Biddy Baxter, with contributions from former presenters of the programme

MON 23:00 The Riviera: A History in Pictures (b01ps9jr) Painting Paradise

Two-part series in which Richard E Grant follows in the footsteps of artists who have lived, loved and painted on France's glorious Cote d'Azur.

Revealing the intertwined relationship between modern art and the development of the French Riviera as an international tourist haven, Grant explores how impressionist painters Cezanne, Monet and Renoir first discovered the region in the 19th century, when the newly built railway arrived there.

Captivated by the light and colour of this undiscovered landscape, the painters immortalised its shores on canvas, and in doing so advertised the savage beauty of the region. For neoimpressionists Paul Signac and Henri-Edmond Cross, the region provided a vision of utopia, while for Henri Matisse, the vivid colours of the area inspired him to adopt a new palette, and in doing so set modern art en route to abstraction.

With visits to L'Estaque, St Tropez and Nice, Grant maps the progress of the region from cultural backwater to bohemian

MON 00:00 An Art Lovers' Guide (b09yndw6) Series 2

In the first of a series of city adventures, Janina Ramirez and Alastair Sooke head to Lisbon, rapidly becoming one of Europe's most popular tourist destinations.

Winding through the city's cobbled streets, from its steep hills to the picturesque shore line, the cultural riches they encounter reveal the city's fascinating history.

From a spectacular monument to the maritime globetrotting of Portugal's golden age and the work of a photographer documenting the city's large African population, they discover a complex history of former glories and a darker, slave-trading past.

Their journey also uncovers the impact of 20th-century dictatorship on the city's artistic and cultural life, through the work of contemporary artists Paula Rego and Joana

And they discover how the city's location on the west coast of Europe, looking out to the Atlantic, has shaped the cosmopolitan spirit of the city. In one of the city's Fado clubs, Alastair and Nina enjoy the popular Portuguese folk music, whose beautiful melodies celebrate a yearning for home, once sung by sailors dreaming of their return.

MON 01:00 Da Vinci: The Lost Treasure (b016xiq6)

[Repeat of broadcast at 20:00 today]

MON 02:00 Planet Earth (b0074t42) [Repeat of broadcast at 19:00 today]

MON 03:00 Face the Music (m002j9vv) [Repeat of broadcast at 21:30 today]

MON 03:30 The Biddy Baxter Story (b007m9gs) [Repeat of broadcast at 22:30 today]

TUESDAY 09 SEPTEMBER 2025

TUE 19:00 Planet Earth (b0074t4x) Seasonal Forests

David Attenborough's documentary series which celebrates our planet in all its eclectic wonder. He reveals the greates woodlands on earth, from the evergreen forests of the frozen north to the deciduous dry forests of the equator.

The Taiga forest is a silent world of stunted conifers cloaked in snow and ice. The trees form a belt that circles the globe, broken only by ocean, and contains a third of all trees on earth. Here, animals are scarce, with just a few charismatic loners like the wolverine and lynx.

By contrast, the broadleaf forests of North America and Europe bustle with life. The most startling illustration happens just once every 17 years, when the nymphs of the periodical cicada burst from the soil in the biggest insect emergence on the planet.

In California, witness the cameras fly up the tallest trees on earth: giant redwoods over 100 metres high. See General Sherman, a giant sequoia, ten times the size of a blue whale, and the largest living thing on the planet. Close by are bristlecone pines, so old they pre-date the pyramids and were already 2,500 years old when Jesus Christ was born.

The baobab forests of Madagascar are the strangest of all. The bizarre upside down trees store water in their swollen trunks and harbour strange wildlife, such as the tiny mouse lemur, the world's smallest primate.

TUE 20:00 The Good Life (b00783qm)

Away from It All

Depressed after a worse-than-expected harvest, Tom and Barbara are persuaded by Margo and Jerry to stay in a luxurious flat in Mayfair for the night to forget their problems. Trouble is, how will Margo and Jerry cope with looking after the Goods' animals while they're away?

TUE 20:30 Yes Minister (b0074ap3)

The Bed of Nails

Jim is handed responsibility for developing an integrated national transport policy.

TUE 21:00 Rikki (m0026i15)

A centenary celebration of the life and legacy of Rikki Fulton, one of Scotland's most beloved comic actors

Ashley Jensen narrates an affectionate tribute to one of Scotland's funniest comedians, Rikki Fulton. It's 100 years since Rikki first made an entrance on to the world stage and 20 years since he bowed out. For decades, he's been making the nation laugh with his rubber face, razor sharp wit and laconic demeanour. His influence is still felt in new generations of comics, and clips of his sketches still make us laugh to this day.

This programme tells the story of his extraordinary life by bringing together the people closest to him and the people he inspired. It delves deep into the vaults with the help of some never-before-seen home movie footage to discover the story of the real man behind the genius and showcase the best-loved moments of his career - from his iconic long-running characters such as Francie and Josie, IM Jolly and Supercop to the one-off sketches such as Terrible Burns and The Driving Instructor. We'll also feature his memorable appearances in movies such as Local Hero and Gorky Park.

TUE 22:00 Scotch and Wry (m001tvd4)

Hogmanay Special 1986

Hogmanay comedy from Rikki Fulton and his team - Gregor

Fisher, Juliet Cadzow, Tony Roper, Annette Staines and Barbara Dickson.

TUE 22:50 The Last Battle of the Vikings (b01p9fwg)

Nowhere in the British Isles was the Viking connection longer lasting or deeper than in Scotland. Hundreds of years after their first hit-and-run raids, the Norsemen still dominated huge swathes of the country. But storm clouds were gathering. In 1263 the Norwegian king Haakon IV assembled a fleet of 120 longships to counter Scottish raids on the Norse Hebrides. It was a force comparable in size to the Spanish Armada over three centuries later. But like the Armada, the Norse fleet was eventually defeated by a powerful storm. Driven ashore near present-day Largs, the beleaguered Norsemen were attacked by a Scottish army. The outcome of this vicious encounter would mark the beginning of the end of Norse power in Scotland.

Marine archaeologist Dr Jon Henderson tells the incredible story of the Norsemen in Scotland. Visiting fascinating archaeological sites across Scotland and Norway, he reveals that, although the battle at Largs marked the end of an era for the Norsemen, their presence continued to shape the identity and culture of the Scottish nation to the present day.

TUE 23:50 The Lost Neanderthals (m002j14k)

The Mandrin Cave in southern France has been attracting the attention of archaeologists for 30 years. The cave was regularly occupied in prehistoric times, and a remarkable record of human habitation going back thousands of years has been preserved by its soils. In 2015, the remains of a Neanderthal were uncovered, and the archaeological evidence points to this individual, named Thorin, living in close proximity to newly arrived Homo sapiens.

This documentary follows an international team of scientists as they discover and investigate precious relics of the Palaeolithic period, resulting in groundbreaking revelations about the human populations of around 50,000 years ago as researchers uncover some of the secrets of the Mandrin Cave.

TUE 00:45 A Timewatch Guide (b051h0gv)

Series 1

The Mary Rose

Historian Dan Snow explores the greatest maritime archaeology project in British history - the Mary Rose. Using 40 years of BBC archive footage Dan charts how the Mary Rose was discovered, excavated and eventually raised, and what the latest research has revealed about this iconic ship and her crew. Dan also investigates how the Mary Rose project helped create modern underwater archaeology, examining the techniques, challenges and triumphs of the divers and archaeologists involved.

TUE 01:45 Planet Earth (b0074t4x)

[Repeat of broadcast at 19:00 today]

TUE 02:45 Scotch and Wry (m001tvd4)

[Repeat of broadcast at 22:00 today]

WEDNESDAY 10 SEPTEMBER 2025

WED 19:00 Planet Earth (b0074t5y) Ocean Deep

David Attenborough narrates the final episode in the documentary series that shows our planet in all its glory. In this part, he looks at the largest of all habitats - the ocean. From the surface to the distant abyss, it encompasses 90 per cent of all the living space on our planet. Its depths plunge to over 11 kilometres down and it hides over 30,000 immense volcanic mountains, some far taller than Mount Everest. Much of this vastness is a virtual desert, but the creatures that do live here include the most bizarre, most powerful and most charismatic of all. It is the home of the greatest animal ever to have existed,

So, from the sinister 'vampire squid from hell' glowering in the depths, to the scintillating attacks of 100 sabre-billed sailfish speeding at the surface, explore the alien world of the open ocean in the safety of your living room.

the blue whale, twice the size of the largest known dinosaurs.

WED 20:00 Britain's Nuclear Secrets: Inside Sellafield (b065x080)

Lying on the remote north west coast of England is one of the most secret places in the country - Sellafield, the most controversial nuclear facility in Britain. Now, Sellafield are letting nuclear physicist Professor Jim Al-Khalili and the television cameras in to discover the real story. Inside, Jim encounters some of the most dangerous substances on earth,

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reveals the nature of radiation and even attempts to split the atom. He sees inside a nuclear reactor, glimpses one of the rarest elements in the world - radioactive plutonium - and even subjects living tissue to deadly radiation. Ultimately, the film reveals Britain's attempts - past, present and future - to harness the almost limitless power of the atom.

WED 21:00 Tribe (2005) (p00cch5x) Series 1

The remote Sanema people of the Venezuelan Amazon inhabit a universe full of powerful spirits and ancestors. Explorer Bruce Parry lives with the tribe, eats the same food as them and takes part in a dramatic shamanistic festival.

WED 22:00 Witness for the Prosecution (m000z8b6)

Eminent barrister Sir Wilfrid Roberts returns to his chambers after illness, with strict instructions from his doctor not to take on any strenuous criminal cases. But he cannot resist the prospect of defending Leonard Vole, who has been accused of murdering a wealthy widow.

WED 23:50 The Sky at Night (m002j9vz)

[Repeat of broadcast at 22:00 on Monday]

WED 00:20 Rikki (m0026i15)

[Repeat of broadcast at 21:00 on Tuesday]

WED 01:20 Planet Earth (b0074t5y)

[Repeat of broadcast at 19:00 today]

WED 02:20 Tribe (2005) (p00cch5x) [Repeat of broadcast at 21:00 today]

THURSDAY 11 SEPTEMBER 2025

THU 19:00 Earth's Natural Wonders (b09rbtsb) Series 2

Surviving the Extreme

Earth's natural wonders are parts of the natural world that nature has carved on such a scale that they beggar belief - vast mountain ranges, impenetrable rainforests and dazzling tropical islands. Places where nature is visible at its most primal, most powerful and most extraordinarily beautiful. Survival for human beings can be an incredible challenge.

The natural wonders are epic in scale: often rugged, possessing an awe-inspiring beauty. But the factors that create these stunning landscapes can also present enormous challenges for the people who call them home. The extremes of nature encountered in many of earth's natural wonders can threaten human survival or make human lives extraordinarily demanding. Yet human beings have devised remarkable ways to survive and even thrive in many of these places. Now these natural wonders are undergoing all sorts of changes, and human survival techniques must also evolve.

In the high Himalaya, yak herder Thokmay Lowa and his small group steer his animals through one of the region's extreme mountain passes. For several months of the year, these herders live isolated lives away from their families, before returning in spring to the summer pastures. Their journey is fraught with hazards, as the terrain they must cross is highly treacherous. With baby yaks being born later than usual this year, some are only a day old when they must tackle the pass.

In the Canadian Arctic, traditional Inuit communities still forage for much of their food. Sixty-three-year-old Minnie Nappaaluk and her granddaughter Eva embark on one of the most hazardous expeditions for food - the mussel harvest. Winters here are so extreme, the surface of the sea freezes, and when the spring tides go out, the sea ice is suspended above the seabed. Just as Inuit women have done for centuries, Minn and Eva cut a hole through the sea ice and venture below this shifting, dangerous ice layer to collect their bounty.

Some natural wonders are threatened as never before - nowhere more so than the Brazilian Amazon. In the Mato Grosso, as a result of deforestation, the region's microclimate has changed. Now fires rage out of control in the dry season. Not only do these destroy wild habitats - they also threaten the very existence of the indigenous peoples still living traditional lives in the rainforest. Now, one project aims to tackle these blazes by teaching indigenous peoples how to effectively fight the fires. It's a daunting and dangerous task, but the continuance of their traditional way of life depends upon it

In the blistering Australian outback, cattle ranching requires a lot of space. The only way to efficiently round up the herds on these vast farms is through the use of helicopter cowboys like Chris Weyand. It's a dangerous job - he must fly low and slowly over difficult terrain, and every year, some pilots are killed. But thanks to the efforts of people like Chris, farming on this scale in the outback is now possible.

Deep in the Siberian interior, survival is tough. But climate change is opening up a new niche for the human inhabitants of this region - mammoth tusk collection. The tusks have been locked in the Siberian permafrost for thousands of years, but as the climate changes and the permafrost starts to melt more each summer, it is giving up this unexpected bounty. These tusks are made of ivory and can sell for thousands of dollars. It is a controversial activity - conservationists argue that it encourages the ivory trade. But for now at least this is a legal pursuit.

THU 20:00 Gentlemen Prefer Blondes (m0019tn6)

Classic comedy musical. A transatlantic trip brings romantic problems for showgirls Lorelei and Dorothy, seeking different things from men.

THU 21:30 Parkinson (m002j9zj)

Harry Secombe, Harold Robbins and Anita Loos

Michael Parkinson chats to Harry Secombe, Harold Robbins and Anita Loos.

THU 22:30 Dunkirk (b0077r7h)

In 1940, more than 338,000 men were taken off Dunkirk beach in an operation that became a legend. This epic film recreates the event.

THU 00:40 Talking Pictures (b01q152r)

John Mills

A retrospective look at television appearances made over the years by the Oscar-winning actor Sir John Mills, capturing the milestones and highlights of his life and career. Narrated by Sylvia Syms.

THU 01:15 Earth's Natural Wonders (b09rbtsb)

[Repeat of broadcast at 19:00 today]

THU 02:15 Britain's Nuclear Secrets: Inside Sellafield (b065x080)

[Repeat of broadcast at 20:00 on Wednesday]

FRIDAY 12 SEPTEMBER 2025

FRI 19:00 Top of the Pops (m002i9an)

Zoë Ball presents the pop chart programme, first broadcast on 29 May 1998 and featuring The Corrs, Bus Stop feat Carl Douglas, Beverley Knight, Robyn, NYCC, The Mavericks, Lutricia McNeal and The Tamperer feat Maya.

FRI 19:30 Top of the Pops (m002j9qq)

Jo Whiley presents the pop chart programme, first broadcast on 5 June 1998 and featuring Natalie Imbruglia, Boyzone, Super Furry Animals, Mousse T feat Hot 'n' Juicy, Spice Girls, Gloria Estefan, N-Tyce and B*witched.

FRI 20:00 BBC Proms (m002j9qs)

Vienna Philharmonic plays Mozart and Tchaikovsky at the Proms

One of the world's great orchestras make a much-anticipated return to the Royal Albert Hall, conducted by Franz Welser-Möst with two landmark symphonies that each broke the musical mould - Mozart's 'Prague' and Tchaikovsky's 'Pathétique'. Petroc Trelawny presents.

FRI 21:50 Top of the Pops (m0009tqc)

programme, first broadcast on 15 September 1988 and featuring Bros, The Commodores, The Proclaimers, The Pasadenas, Coldcut ft Junior Reid, Salt-N-Pepa, Jason Donovan, The Hollies, Phil Collins and Inner City

Best of Radio 2 in the Park

Watch a selection of the very best highlights from the glittering performances on the Main Stage at Radio 2 in the Park 2025 in Chelmsford.

FRI 23:20 BB King: The Life of Riley (b03vsp7r)

BB King opens his heart and tells the story of how an oppressed and orphaned young man came to influence and earn the unmitigated praise of the music industry and its following to carry the title of king of the blues.

Filmed on location all over America, as well as in the UK, this picture brings to life the heat- and gin-soaked plantations where it all began, with full cooperation of the BB King museum, owners of vaults and archives so precious and immense that several trips had to be made to revisit the collection and partake of its many gems. Prejudice and segregation has stained the lives of countless black persons, and BB 'Riley' King made sure that through his music, he never allowed it to mar his spirit.

This is the essence of the story that makes a beautiful film, both informative and visually captivating.

FRI 00:55 Glastonbury (b012543x)

BB King

Mark Radcliffe introduces a performance by blues legend BB King from the Pyramid Stage on day one of the Glastonbury Festival.

FRI 01:55 Top of the Pops (m002j9qn)

[Repeat of broadcast at 19:00 today]

FRI 02:25 Top of the Pops (m002j9qq)

[Repeat of broadcast at 19:30 today]

FRI 02:55 Top of the Pops (m0009tqc) [Repeat of broadcast at 21:50 today]

Simon Mayo and Peter Powell present the pop chart

FRI 22:20 Radio 2 in the Park (m002j9qv)