

SATURDAY 17 DECEMBER 2016

SAT 19:00 A Timewatch Guide (b06zdl0)
Series 2

Queen Elizabeth I

Vanessa Collingridge examines the life of Elizabeth Tudor, with particular interest in how documentary television and the BBC has examined her legacy and interrogated her reign. Using Timewatch and other BBC archive stretching back over 60 years, Vanessa looks at her upbringing, her conflicts with her enemies including Mary, Queen of Scots, and her greatest victory against the Spanish Armada. The programme seeks to understand how Elizabeth I created a legacy that we still live with today, and examines how that legacy has changed over the centuries.

SAT 20:00 The Last Journey of the Magna Carta King (b052hrdd)

Ben Robinson retraces the dramatic last days of King John, England's most disastrous monarch, and uncovers the legend of his lost treasure.

John is famous for accepting Magna Carta, which inspired our modern democracy. But ten days from ruler of an empire to sudden death and left the kingdom in ruins.

Ben follows in the footsteps of the king's epic last journey, from the treacherous marshes of East Anglia, through Lincolnshire and Nottinghamshire, to his final resting place in Worcester. He is joined by medieval historian professor Stephen Church.

Together they examine the truth behind the legend that has lived on for 800 years. Did the crown jewels really end up in the mud of the Wash? Was the king poisoned? Does he deserve his reputation as our most disastrous monarch?

Thanks to unique documents, we can tell this epic tale in the king's own words. Not only can we get into the mind of the Magna Carta king, we can reveal in fantastic detail how and where he travelled.

Ben reveals what happened when treasure seekers attempted to find the king's lost jewels with the help of a diviner. And using the latest technology reveals how we can actually see back in time to reveal the landscape as it would have looked when King John made his last journey 800 years ago.

SAT 21:00 Modus (b06blfdj)
Series 1

Episode 7

Inger Johanne continues to use her expertise and intuition to piece the puzzle together. But, as she gets closer to understanding the killer's frame of mind, the killer gets closer to her too. Meanwhile, Marcus Stahl is finding it ever harder to keep his nefarious secret - eventually the truth will out, but not without terrible consequences.

In Swedish and English with English subtitles.

SAT 21:45 Modus (b06ct3w6)
Series 1

Episode 8

Inger Johanne and Ingvar finally have a clear picture of the killer's identity and motive, but - with one last killing outstanding on the murderous contract and the tension ratcheting up - the two can't agree on the best way to proceed. Who is next on the list to be murdered?

In Swedish and English with English subtitles.

SAT 22:30 Top of the Pops (b085kyh)

David Jensen presents the weekly pop chart show, first broadcast on 11 November 1982. Includes appearances from Blue Zoo, A Flock of Seagulls, Clannad, Dionne Warwick, Donna Summer, Marvin Gaye, Eddy Grant and Zoo.

SAT 23:00 Ultimate Number Ones (b01nwfxy)

To celebrate the 60th anniversary of the UK chart, from the vaults of the BBC archive comes a selection of hits that attained the toppermost of the poppermost prize and made it to number one in the hit parade. From across the decades, we applaud the most coveted of all chart positions with smash hits and classics from The Bee Gees, T. Rex, Donna Summer, John Lennon, Culture Club, The Spice Girls, James Blunt, Rihanna, Adele and many more.

SAT 00:00 Agnetha: ABBA and After (b02x9zwc)

In this documentary, the BBC have exclusive access to Agnetha Faltskog, 'The Girl with the Golden Hair' as the song goes, celebrating her extraordinary singing career which began in the mid-60s when she was just 15. Within just two years, she was a singing sensation at the top of the charts in Sweden.

Along came husband Bjorn Ulvaeus and the phenomenal band ABBA that engulfed the world in the 70s, featuring Agnetha's touching voice and striking looks. Agnetha lacked confidence on stage as the global demand for the group grew and grew, while being away from her young children caused her great turmoil.

With special behind-the-scenes access to the making of her comeback album, the film follows this reluctant star - the subject of much tabloid speculation since she retreated from the stage post-ABBA - as she returns to recording aged 63. Included in the film is her first meeting with Gary Barlow, who contributes a duet to the new album.

The programme features interviews with Bjorn Ulvaeus, Benny Andersson, Gary Barlow, Tony Blackburn, Sir Tim Rice and record producers Peter Nordahl and Jorgen Elofsson.

SAT 01:00 Kings of 70s Romance (b007cjt)

While teenage girls in the 1970s were screaming for Donny Osmond and David Cassidy, the more mature woman had fantasy figures of her own setting her heart a-flutter. Kings of 70s Romance tells the story of these - some might say unlikely - pin-ups. Whether it was Gilbert O'Sullivan or Barry White, Leo Sayer or David Soul - or for those with more exotic tastes, Demis Roussos - these were men whose lyrics conjured up images of candle-lit dinners, red roses, and cosy nights in with the man of your dreams. For millions of female fans their romantic music was the perfect soundtrack for dreams of escape from the day-to-day drudgery of life in 70s Britain. As well as our main contributors we feature comments from Gloria Hunniford and Martha Kearney.

SAT 02:00 Burt Bacharach: A Life in Song (b06qmbz)

A unique concert staged at the Royal Festival Hall celebrating the music of the legendary songwriter and performer Burt Bacharach.

Some of Burt's most famous songs are performed by a stellar line-up of artists including Alfie Boe, Sophie Ellis-Bextor, Shaun Escoffery, Rebecca Ferguson, Justin Hayward, Michael Kiwanuka, Laura Mvula and Joss Stone. Burt himself also performs accompanied by his band. During the concert Burt chats to Michael Grade about the art of songwriting and shares the stories behind some of his best-loved hits.

SUNDAY 18 DECEMBER 2016

SUN 19:00 Danielle de Niese: The Birth of an Opera (b0864ygz)

2016 sees the 200th anniversary of the premiere of Rossini's masterpiece The Barber of Seville, one of the greatest comic operas ever written. In this documentary, internationally acclaimed soprano Danielle de Niese provides a unique backstage pass to her preparations for the role of Rosina in Glyndebourne's 2016 production.

With extraordinary access, this documentary gives an unparalleled insight into how a top opera professional shapes a performance, both musically and dramatically. As well as actuality filming of all stages - from singing to warm-ups to costume fittings, lighting and set building on stage, through to hair and make-up - there are masterclass sessions with director Annabel Arden, conductor Enrique Mazzola and other key cast members to explore key scenes in depth. Danni also visits the Rome theatre where the disastrous premiere took place in 1816.

The film also features interviews with Arden, Mazzola, designer Joanna Parker and other key figures in the production, and footage from the staged version of the opera throughout.

SUN 20:00 The Barber of Seville from Glyndebourne (b0864yh4)

Two hundred years after its premiere in Rome in 1816, Rossini's great comic opera The Barber of Seville took to the stage as part of the 2016 Glyndebourne Festival. The opera traces the efforts of clever Figaro to win his master, Count Almaviva, his chosen bride. But he meets his match in the crafty would-be bride Rosina, who is already plotting to escape her guardian Dr Bartolo.

SUN 22:45 Lucy Worsley: Mozart's London Odyssey (b07hk1qx)

Lucy Worsley traces the forgotten and fascinating story of the young Mozart's adventures in Georgian London. Arriving in 1764 as an eight-year-old boy, London held the promise of

unrivalled musical opportunity. But in telling the tale of Mozart's strange and unexpected encounters, Lucy reveals how life wasn't easy for the little boy in a big bustling city.

With the demands of a royal performance, the humiliation of playing keyboard tricks in a London pub, a near fatal illness and finding himself heckled on the streets, it was a lot for a child to take. But London would prove pivotal, for it was here that the young Mozart made his musical breakthrough, blossoming from a precocious performer into a powerful new composer.

Lucy reveals that it was on British soil that Mozart composed his first ever symphony and, with the help of a bespoke performance, she explores how Mozart's experiences in London inspired his colossal achievement. But what should have earned him rapturous applause and the highest acclaim ended in suspicion, intrigue and accusations of fraud.

SUN 23:45 Horizon (b01d99vb)
2011-2012

Solar Storms - The Threat to Planet Earth

There is a new kind of weather to worry about and it comes from our nearest star.

Scientists are expecting a fit of violent activity on the sun, which will propel billions of tonnes of superheated gas and pulses of energy towards our planet. They have the power to close down our modern technological civilisation - in 1989, a solar storm cut off the power to the Canadian city of Quebec.

Horizon meets the space weathermen who are trying to predict what is coming our way, and organisations like the National Grid, who are preparing for the impending solar storms.

SUN 00:45 How to Build... (b0010yx9)
Series 1

A Jumbo Jet Engine

As Boeing's 787 Dreamliner makes its inaugural flight, Rolls-Royce engineers celebrate the performance of its revolutionary Trent 1000 jet engines. They're the latest in a family of sophisticated aero engines that have driven Rolls-Royce to become world leaders in the market for jumbo jet engines.

This is the story of the thousands of people who design, build and test engines at Rolls-Royce's manufacturing plants in Derby and across the UK, making Rolls-Royce a central part of life for the people who work there.

Exploring some of the astonishing technology behind the engines' advanced components, the programme meets the skilled engineers who design and build them, and experience the ups and downs of life on the assembly line.

SUN 01:45 Inside Porton Down: Britain's Secret Weapons Research Facility (b07hx40t)

Dr Michael Mosley investigates Britain's most secretive and controversial military research base, Porton Down, on its 100th anniversary. He comes face to face with chemical and biological weapons old and new, reveals the truth about shocking animal and human testing, and discovers how the latest science and technology are helping to defend us against terrorist attacks and rogue nations.

SUN 02:45 How to Build... (b00t3dc7)
Series 1

Britain's Secret Engineers

If you need to build a top-secret piece of equipment in the UK, there's one place many people choose to go: defence contractor QinetiQ.

We follow workers at this leading British company on a global journey, as they reveal a handful of their secretive projects. We meet the scientists and engineers building robots to defuse Afghanistan's deadly roadside bombs and learn how they're adapting them to help in dangerous civilian situations in the UK. We find out how British experts are using stealth technology to make wind turbines less visible to radar and, with unprecedented access, we follow the engineers racing to get Chinook helicopters ready for frontline service, including Afghanistan.

MONDAY 19 DECEMBER 2016

MON 19:00 Indian Hill Railways (b00qvk99)
The Darjeeling Himalayan Railway

From the Himalayas in the north to the Nilgiris in the south -

for a hundred years these little trains have climbed through the clouds and into the wonderful world of Indian hill railways.

The Darjeeling Himalayan Railway is a line so close to the people that it flows like a river through their lives. The relationship between the train and the people is changing, however, as a new generation of Gurkhas populates these hills, demanding an independent state and fighting for a new identity as they journey into the modern Indian world.

MON 20:00 Digging for Britain (b0851gnz)

Series 5

North

Professor Alice Roberts with the very best in British archaeology 2016 - filmed by the archaeologists themselves, straight from the trenches, so you can see each exciting discovery as it happens. The teams then bring their best finds - from skeletons to treasure - back to the Digging for Britain lab, to examine them with Alice and reveal how they are changing the story of Britain.

This episode is from the north of Britain, where finds include: evidence for the first Roman siege in Britain, including the biggest cache of Roman bullets discovered anywhere; Britain's most famous monastery - Lindisfarne - rediscovered for the first time since it was violently sacked by the Vikings 1,000 years ago; and the incredible discovery of the ancient Scottish man-made islands that entirely rewrite our understanding of Stone Age tech.

MON 21:00 Time Commanders (b0864zh)

Episode 2

Hosted by Gregg Wallace, a show in which ordinary members of the public go toe to toe with the greatest generals, as they re-fight some of the most significant battles from history in an innovative mix of genuine history and game show competition.

On 18 June 1815, 200,000 men fought in what would be the most important land battle Europe had ever seen, the Battle of Waterloo. This was a showdown between two of history's military giants, the Duke of Wellington with his British and Allied army, and Napoleon Bonaparte with his French Imperial Guard.

This time, a team of aquarium workers will be fighting as Napoleon and his French forces as they attempt to march across Europe and dominate the continent once more. Standing in their way, a team of competitive archers representing the Iron Duke himself at the head of a coalition force of British and Allied armies intent on stopping Napoleon in his tracks, on the border of Belgium.

Who will emerge victorious, and can history be rewritten?

MON 22:00 Timeshift (b0864zn9)

Series 16

Booze, Beans & Bhajis: The Story of the Corner Shop

What is it about the British and the corner shop? The corner shop has always been there for us, it's a British institution. It was on the front line of what was happening in society from the '40s to the noughties. It saved our bacon during World War II and it has become a rite of passage for new immigrants.

Journalist Babita Sharma, the daughter of shopkeepers, explores the growing and shifting fortunes of the corner shop to discover why this unsung hero has been at the centre of ordinary lives for more than 70 years. With contributions from comedian Sanjeev Singh Kholi and actor Nitin Ganatra, the film uses the shop as a way to explore the social fabric of Britain - from economic change to immigration.

The death of the corner shop has been predicted many times - but still it soldiers on. So just how has it managed to survive?

MON 23:00 Balmoral (b00mqg2c)

Documentary telling the story of Balmoral, the royal family's most private residence. For over 150 years this Scottish castle has been home to royal traditions of picnics, stag hunting and kilts. From prime ministers to Princess Diana, life at this tartan-bound holiday home has not appealed to everyone.

But there is another story of Balmoral, of how the royal family has played a role in shaping modern Scotland and how Scotland has shaped the royal family. Queen Victoria's adoption of Highland symbols, from tartan to bagpipes, helped create a new image for Scotland. Her values, too, helped strengthen the union between Scotland and England. Ever since, Balmoral has been a place that reflects the very essence of the royal family.

MON 00:00 A Timewatch Guide (b06zd1l0)

[Repeat of broadcast at 19:00 on Saturday]

MON 01:00 Indian Hill Railways (b00qvk99)

[Repeat of broadcast at 19:00 today]

MON 02:00 Time Commanders (b0864zh)

[Repeat of broadcast at 21:00 today]

MON 03:00 Timeshift (b0864zn9)

[Repeat of broadcast at 22:00 today]

TUESDAY 20 DECEMBER 2016

TUE 19:00 Indian Hill Railways (b00qzzlm)

The Nilgiri Mountain Railway

From the Himalayas in the north to the Nilgiris in the south - for a hundred years these little trains have climbed through the clouds and into the wonderful world of Indian Hill Railways.

The Nilgiri Mountain Railway is a romantic line, popular with honeymooners and driven by love and devotion as well as steam. It chugs through the south Indian jungle up to a hill station, once known as Snooty Ooty.

The current guard is Ivan. Married for twenty years, he is concerned about his friend Jenni, the ticket inspector, because he's still a bachelor - but Jenni has a secret.

In the engine shed, Shivani, the railway's first female diesel engineer, is working on a steam loco. She has to make it look its best, as in the year of filming, 1999, the railway celebrated its centenary. The high point is the Black Beauty competition to pick the best engine on the line, but rains and landslides threaten the proceedings and the tourist business. Will love win out in the end?

TUE 20:00 How the Wild West Was Won with Ray Mears (b044z1k0)

Great Plains

Ray Mears explores how 500,000 square miles of flat, treeless grassland was the setting for some of the Wild West's most dramatic stories of Plains Indians, wagon trains, homesteaders and cattle drives.

Ray joins the Blackfeet Indian Nation as they demonstrate bareback riding skills before a ritual buffalo hunt and sacrifice, and learns how their ancestors were dependent upon the buffalo for their survival. He follows in the wagon ruts of the early pioneers along the Oregon Trail and hitches a ride on a prairie schooner with wagon master Kim Merchant. He discovers the stories of the early homesteaders who lived in sod-houses and farmed the wild grassland around them.

At a cattle auction in Dodge City he explores the story of the railways, cow-towns and the buffalo massacre. His journey across the Great Plains ends at Moore Ranch where he joins a long-horn cattle drive and learns about the life and myth of one of the Wild West's most iconic figures, the cowboy.

TUE 21:00 Digging for Britain (b0864zvq)

Series 5

East

Professor Alice Roberts with the very best in British archaeology 2016 - filmed by the archaeologists themselves, straight from the trenches, so you can see each exciting discovery as it happens. The teams then bring their best finds - from skeletons to treasure - back to the Digging for Britain lab, to examine them with Alice and reveal how they are changing the story of Britain.

This episode looks at the east of Britain.

Finds include: new revelations from 'Britain's Pompeii' - the 3,000-year-old perfectly preserved village in Cambridgeshire - including how our Bronze Age ancestors designed their homes, and their kitchens packed with food and equipment; the theatre where Shakespeare premiered Romeo and Juliet and Henry V, complete with sound effect props and evidence that Shakespeare's original audience was much rowdier than you might expect; evidence that we may have finally found the location of the Battle of Barnet, the famous Wars of the Roses site where Edward IV defeated Warwick the Kingmaker in a bloody battle that would eventually bring the Tudor dynasty to England's throne.

TUE 22:00 The Inca: Masters of the Clouds (b04y4q35)

Clash of Empires

In the concluding part, Dr Jago Cooper argues that it wasn't simply a clash of arms that destroyed the Inca but a clash of worldviews. He travels from Peru to the far north of Inca territory in Ecuador to reveal how the great strengths of the empire suddenly became factors in its rapid demise. The Spanish conquest of the Inca destroyed one of the most remarkable empires in the world, yet the Inca legacy leaves a great deal for modern civilisations to learn from.

TUE 23:00 The Incredible Story of Marie Antoinette's Watch with Nicholas Parsons (b07xtbhr)

Nicholas Parsons, Just a Minute host and stalwart of the entertainment world, explores his life-long enthusiasm for clocks when he goes in search of the most valuable and famous watch in the world.

The so-called Marie Antoinette, once the target of one of the biggest museum heists in history, was the masterpiece made by 18th-century genius Nicholas Breguet for that doomed queen.

Tracing the enthralling story of Breguet's rise to fame, Parsons visits Paris and Versailles, and the vaults of today's multimillion-pound Breguet business. Exploring the innovative and dazzling work of the master watchmaker, Parsons unravels the mystery behind the creation of his most precious and most brilliant work.

Parsons then heads to Israel to discover how, in the 1980s, the world's most expensive watch was stolen in a daring heist and went missing for over 20 years.

Revealing a little-known side of one of our favourite TV and radio hosts, the film offers a glimpse into Parsons's own private clock collection while also telling an enthralling tale of scientific invention, doomed decadence and daring robbery.

TUE 00:00 Timeshift (b0864zn9)

[Repeat of broadcast at 22:00 on Monday]

TUE 01:00 Indian Hill Railways (b00qzzlm)

[Repeat of broadcast at 19:00 today]

TUE 02:00 The Inca: Masters of the Clouds (b04y4q35)

[Repeat of broadcast at 22:00 today]

TUE 03:00 Digging for Britain (b0864zvq)

[Repeat of broadcast at 21:00 today]

WEDNESDAY 21 DECEMBER 2016

WED 19:00 Indian Hill Railways (b00r5wk7)

The Kalka-Shimla Railway

From the Himalayas in the north to the Nilgiris in the south - for a hundred years these little trains have climbed through the clouds and into the wonderful world of Indian hill railways.

Shimla was once the summer capital of the Raj. They built churches, schools, a town hall and the railway and left behind their symbols of empire and an ethos of duty, loyalty and ambition - but they also left a divided subcontinent.

Characters featured include Maqsood, a refugee and a porter from Kashmir, and John Whitmarsh-Knight, a teacher looking for a home. Sanjay the stationmaster is hoping for promotion, and his boss Bataljit is waiting for a transfer, but everybody is waiting for the snow.

WED 20:00 Britain's Treasure Islands (b078lw8y)

Outposts of Empire

The final part of Stewart McPherson's epic journey to visit all of the UK's Overseas Territories takes him to islands that could not be more different, yet are all united by being important military or trading bases, both historically and, in some cases, still today.

This journey begins in the Caribbean, where amongst sunbathing tourists, he finds some unexpected wildlife and an active volcano. In the centre of the Atlantic, the pinprick of Ascension Island, an extinct volcano, looks like somewhere on Mars rather than a part of Britain, yet it too has rich wildlife.

St Helena is so remote it was seen as a safe prison for Napoleon Bonaparte after his defeat at Waterloo. And finally, Stewart visits the newest of the Overseas Territories, the Sovereign Base Areas on Cyprus, along with Gibraltar, the last home of the Neanderthals and the present home of Barbary macaques, Europe's only wild colony of monkeys.

WED 21:00 Inside Chernobyl's Mega Tomb (b08650s6)

Documentary which follows the construction of a trailblazing 36,000-tonne steel structure to entomb the ruins of the nuclear power plant destroyed in the 1986 Chernobyl disaster. It films close up with the team of international engineers as they race to build the new structure before Chernobyl's original concrete sarcophagus - the hastily built structure that covers the reactor - collapses.

Built to last just 30 years, the temporary sarcophagus is now crumbling, putting the world at risk of another release of radioactive dust. Radiation levels make it impossible for workers to build the new shelter directly over the old reactor, so engineers are erecting the new megastructure - taller than the tower of Big Ben and three times heavier than the Eiffel Tower - to one side and will then face the challenge of sliding the largest object ever moved on land into place over the old reactor.

WED 22:00 The Ides of March (b01mk3xp)

Political drama. As the campaign to choose the Democratic presidential candidate reaches Ohio, bright and enthusiastic young staffer Stephen Meyers, working for charismatic candidate Governor Mike Morris, learns the harsh lesson that deals will always trump ideals when it comes to reaching the White House.

WED 23:35 Britain's Treasure Islands (b078lw8y)

[Repeat of broadcast at 20:00 today]

WED 00:35 Indian Hill Railways (b00r5wk7)

[Repeat of broadcast at 19:00 today]

WED 01:35 How the Wild West Was Won with Ray Mears (b044z1k0)

[Repeat of broadcast at 20:00 on Tuesday]

WED 02:35 Inside Chernobyl's Mega Tomb (b08650s6)

[Repeat of broadcast at 21:00 today]

THURSDAY 22 DECEMBER 2016**THU 19:00 Natural World (b01k784h)**

2011-2012

The Unnatural History of London

Seals, parakeets and even pelicans that eat pigeons have all made London their home. That's as well as badgers, foxes, scorpions, and pigeons that ride the tube. But even more wonderful are the people who love the exotic wildlife of our capital, from Billingsgate fish porters and Indian chefs to 'Crayfish Bob', who scours London's canals for Turkish invaders. This is a warm-hearted portrait of the world's greenest capital city and the Londoners who love its secret wildlife.

THU 20:00 Timeshift (b0803m60)

Series 16

Bridging the Gap: How the Severn Bridge Was Built

2016 saw the 50th anniversary of the Severn Bridge, which completed the motorway link between England and Wales. Timeshift tells the inside story of the design and construction of 'the most perfect suspension bridge in the world', and how its unique slimline structure arose by accident.

THU 21:00 Vienna: Empire, Dynasty and Dream (b08651j3)

Episode 3

In the final episode, Simon Sebag Montefiore follows the Habsburgs to their dramatic demise. From his struggles with Napoleon III and Bismarck and the suicide of his son Rudolf, to the assassination of his beautiful wife Sisi, Emperor Franz Josef's empire and his family proved impossible to control.

But while the Habsburgs headed for extinction, Vienna blossomed. As the theories of Freud and the sensuality of the secession artists like Klimt and Schiele ushered in the modern age, Hitler and Stalin stalked her streets. It was here that World War I was sparked; it was here where World War II was dreamed.

THU 22:00 The Fairytale Castles of King Ludwig II with Dan Cruickshank (b036f9vc)

Ludwig II of Bavaria, more commonly known by his nicknames the Swan King or the Dream King, is a legendary figure - the handsome boy-king, loved by his people, betrayed by his

cabinet and found dead in tragic and mysterious circumstances. He spent his life in pursuit of the ideal of beauty, an ideal that found expression in three of the most extraordinary, ornate architectural schemes imaginable - the castle of Neuschwanstein and the palaces of Linderhof and Herrenchiemsee. Today, these three buildings are among Germany's biggest tourist attractions.

In this documentary, Dan Cruickshank explores the rich aesthetic of Ludwig II - from the mock-medievalism of Neuschwanstein, the iconic fairytale castle that became the inspiration for the one in Walt Disney's Sleeping Beauty, to the rich Baroque splendour of Herrenchiemsee, Ludwig's answer to Versailles. Dan argues that Ludwig's castles are more than flamboyant kitsch and are, in fact, the key to unravelling the eternal enigma of Ludwig II.

THU 23:00 The Search for the Lost Manuscript: Julian of Norwich (b0716bd0)

Medieval art historian Dr Janina Ramirez tells the incredible story of a book hidden for centuries in the shadows of history, the first book ever written in English by a woman, Julian of Norwich, in 1373.

Revelations of Divine Love dared to present an alternative vision of man's relationship with God, a theology fundamentally at odds with the church of Julian's time. The book was suppressed for 500 years. It re-emerged in the 20th century as an iconic text for the women's movement and was acknowledged as a literary masterpiece.

Janina follows the trail of the lost manuscript, travelling from Norwich to Cambrai in northern France to discover how the book survived and the brave women who championed it.

THU 00:00 Natural World (b01k784h)

[Repeat of broadcast at 19:00 today]

THU 01:00 Timeshift (b0803m60)

[Repeat of broadcast at 20:00 today]

THU 02:00 Danielle de Niese: The Birth of an Opera (b0864ygz)

[Repeat of broadcast at 19:00 on Sunday]

THU 03:00 Vienna: Empire, Dynasty and Dream (b08651j3)

[Repeat of broadcast at 21:00 today]

FRIDAY 23 DECEMBER 2016**FRI 19:00 Top of the Pops (b086824r)**

John Peel presents the weekly chart show first broadcast on 18 November 1982. Includes appearances from Modern Romance, Duran Duran, Blancmange, Renee & Renato, Wham, Eddy Grant, Tears for Fears and Hall & Oates.

FRI 19:30 Top of the Pops (b086875q)

Peter Powell presents the weekly chart show, first broadcast on 2 December 1982. Includes appearances from Dexys Midnight Runners, The Human League, Whitesnake, Bucks Fizz, Modern Romance, Duran Duran and The Jam.

FRI 20:00 Darcy Bussell: My Life on the BBC (b086kfk8)

Darcy Bussell, for twenty years Britain's premier dancer with the Royal Ballet, was documented at regular intervals throughout her ballet career by BBC cameras and also appeared on many of the corporation's biggest entertainment shows. Darcy tells her own story through a carefully woven choice of archive from her debut appearance on Blue Peter as a 16-year-old in the early 80s to jiving on Strictly Come Dancing following her retirement from the Royal Ballet in 2007.

Packed with historic archive performances from the stage of the Royal Opera House and beyond, combined with candid documentary interviews from behind the dressing room door filmed at intervals during her stellar career, this is a celebration and a history of the ballet dancer who grew up in public and conquered television on the way.

FRI 21:00 The Old Grey Whistle Test (b014vzy3)

70s Gold

The Old Grey Whistle Test was launched on 21 September 1971 from a tiny studio tucked behind a lift shaft on the fourth floor of BBC Television Centre. From humble beginnings, it has gone on to provide some of the best and most treasured music archive that the BBC has to offer.

This programme takes us on a journey and celebrates the musically mixed-up decade that was the 1970s, and which is reflected in the OGWT archive. There are classic performances from the glam era by Elton John and David Bowie, an early UK TV appearance from Curtis Mayfield, the beginnings of heavy metal with Steppenwolf's iconic Born to Be Wild anthem and the early punk machinations of the 'mock rock' New York Dolls. Archive from the pinnacle year, 1973, features Roxy Music, The Wailers and Vinegar Joe. The programme's finale celebrates the advent of punk and new wave with unforgettable performances from Patti Smith, Blondie, Iggy Pop and The Jam.

Artists featured are Elton John, Lindisfarne, David Bowie, Curtis Mayfield, Gladys Knight & The Pips, Steppenwolf, Vinegar Joe, Brinsley Schwarz, New York Dolls, Argent, Bob Marley & The Wailers, Captain Beefheart, Johnny Winter, Dr Feelgood, Gil Scott Heron, Patti Smith, Tom Petty & The Heartbreakers, Cher & Gregg Allman, Talking Heads, The Jam, Blondie, Iggy Pop and The Specials.

FRI 22:30 The Joy of ABBA (b03lyzpp)

Between 1974 and 1982 ABBA plundered the Anglo-Saxon charts but divided critical opinion. This documentary explores how they raised the bar for pop music as a form and made us fall in love with the sound of Swedish melancholy. A saga about the soul of pop.

FRI 23:30 Queens of Disco (b0074thh)

Graham Norton profiles the leading ladies of the disco era, including Gloria Gaynor, Donna Summer, Grace Jones, Chaka Khan, Madonna and 'honorary disco queen' Sylvester. Includes contributions from the queens themselves, plus Antonio 'Huggy Bear' Fargas, choreographer Arlene Phillips, songwriters Ashford and Simpson, disco artists Verdine White from Earth, Wind and Fire, Bonnie Pointer of The Pointer Sisters and Nile Rodgers of Chic.

FRI 00:30 Top of the Pops (b086824r)

[Repeat of broadcast at 19:00 today]

FRI 01:05 Top of the Pops (b086875q)

[Repeat of broadcast at 19:30 today]

FRI 01:45 Darcy Bussell: My Life on the BBC (b086kfk8)

[Repeat of broadcast at 20:00 today]

FRI 02:45 The Joy of ABBA (b03lyzpp)

[Repeat of broadcast at 22:30 today]