

SATURDAY 09 JULY 2016

SAT 19:00 Moominland Tales: The Life of Tove Jansson (b01pgrk2)
Moomintroll and the Moomin family are characters loved by children and parents worldwide who have grown up listening to Finnish writer Tove Jansson's delightful stories about a group of philosophical trolls who face a range of adventures in Moominland.

This documentary reveals the strong autobiographical slant in the Moomins series as it traces the author's own extraordinary story from living the bohemian life of an artist in war-torn Helsinki to becoming a recluse on a remote island in the Gulf of Finland.

Enjoying unprecedented access to Jansson's personal archive, the film reveals an unconventional, brave and compelling woman whose creative genius extended beyond Moominland to satire, fine art and masterful adult fiction - not least her highly regarded *The Summer Book*. With home movie footage shot by her long-term female lover and companion, it offers a unique glimpse of an uncompromising fun-loving woman who developed love as the central theme of her work.

SAT 20:00 The Last Seabird Summer? (b072wvv9)
Trouble at Sea

Picking up the birds' progress in July, Adam finds the Shiant colonies to be healthy and the puffins, guillemots and razorbill bringing in great bill-fulls of gleaming silver fish for their chicks. But elsewhere, the sea is failing to provide the birds with the food they need to survive.

In Scotland alone, 40 per cent of the birds have been lost and, further afield in Iceland, Adam sees colonies where nearly all the birds have been wiped out. He discovers how puffin hunters respond to the crisis and talks to both local people and experts about what could lie behind the catastrophic seabird declines. With the help of leading ornithologists and marine scientists, he begins to reveal an unexpected picture of the global forces driving the crisis, and the possible future for our seabird world.

SAT 21:00 A Hijacking (b041ycwk)
Danish thriller. Danish cargo ship MV Rozen is heading for the harbour when it is hijacked by Somali pirates in the Indian Ocean. The crew are taken hostage and a ransom of millions of dollars is demanded as a psychological drama unfolds between the CEO of the shipping company and the Somali pirates. Based on a true story.

SAT 22:40 T in the Park (b07kd0dc)
2016

Highlights: Day 2

One of the world's most successful DJs and producers plays to his home crowd at Scotland's biggest music festival. Edith Bowman presents coverage of Calvin Harris as he headlines the main stage for the first time since 2014. A string of global hits to his name, known for collaborations with some of the world's biggest stars, and Scotland's own superstar DJ, this live performance playing to the famous T in the Park crowd will be one to watch.

Plus highlights from: Tinie Tempah, Jess Glynne, the 1975, Travis, Bastille, Tom Odell, Kaiser Chiefs, Jack Garratt, the Last Shadow Puppets, and Catfish and the Bottlemen.

SAT 01:10 Top of the Pops (b07jkwcr)
John Peel presents the pop chart show, first broadcast on 4 February 1982. Includes appearances from OMD, Jets, Soft Cell, XTC, Christopher Cross, Kraftwerk, Theatre of Hate and Zoo.

SAT 01:50 Top of the Pops (b07j1lbb)
Tommy Vance presents the pop chart show, first broadcast on 11 February 1982. Includes appearances from Fun Boy Three & Bananarama, the Stranglers, Bow Wow Wow, Adrian Gurvitz, Hall & Oates, Depeche Mode, the J Geils Band, Modern Romance, Haircut 100 and the Jam.

SAT 02:30 Ultimate Number Ones (b01nwfxy)
To celebrate the 60th anniversary of the UK chart, from the vaults of the BBC archive comes a selection of hits that attained the toppermost of the poppermost prize and made it to number one in the hit parade. From across the decades, we applaud the most coveted of all chart positions with smash hits and classics from The Bee Gees, T. Rex, Donna Summer, John Lennon, Culture Club, The Spice Girls, James Blunt, Rihanna, Adele and many more.

SUNDAY 10 JULY 2016

SUN 19:00 The Water Babies (b0077dtb)
Combining animation with live action, this charming adaptation of Charles Kingsley's classic tells the tale of an orphan chimney sweep who finds adventure as he encounters the mysterious water babies. Having been accused by a client of stealing silver, the young lad attempts to escape his pursuers by jumping in a pond, where he meets and must rescue the water babies who have been captured by a nefarious eel and shark.

SUN 20:30 The Sky at Night (b07k88x9)
Juno: Mission to Jupiter

A look behind the scenes of Nasa's project to study Jupiter. As the spacecraft Juno enters Jupiter's orbit, the programme explores the dangers of the mission and what Nasa is hoping to discover about the giant planet - from the secrets of its formation to the source of the solar system's most powerful aurora.

SUN 21:00 T in the Park (b07k89j7)
2016

Highlights: Day 3, Part 1

Edith Bowman kicks off the last night of T in the Park with exclusive coverage of Jake Bugg's set at the Scottish music festival. With a new album out last month, the award-winning singer-songwriter has become a festival favourite and starts a great evening of music.

SUN 22:00 T in the Park (b07k89j9)
2016

Highlights: Day 3, Part 2

One of the bestselling bands of all time, multiple Grammy Award winners and known the world over as a brilliant live act, Red Hot Chili Peppers take to the stage on the last night of Scotland's biggest music festival. Presented by Edith Bowman, thousands of music fans will be on Strathallan estate in beautiful Perthshire for a brilliant set and a great way to bring a weekend of live music to a close.

Plus highlights from: Chase & Status featuring Slaves, LCD Soundsystem, Nathaniel Rateliff & the Night Sweats, and James Bay.

SUN 00:00 American Nomads (b01777fp)
Beneath the America we think we know lies a nation hidden from view - a nomadic nation, living on the roads, the rails and in the wild open spaces. In its deserts, forests, mountain ranges and on the plains, a huge population of modern nomads pursues its version of the American dream - to live free from the world of careers, mortgages and the white picket fence.

When British writer Richard Grant moved to the USA more than 20 years ago, it wasn't just a change of country. He soon found himself in a world of travellers and the culture of roadside America - existing alongside, but separate from, conventional society. In this film, he takes to the road again, on a journey without destination.

In a series of encounters and unplanned meetings, Richard is guided by his own instincts and experiences - and the serendipity of the road. Travelling with loners and groups, he encounters the different 'tribes' of nomads as he journeys across the deserts of America's south west.

SUN 01:30 Horizon (b01cwtq)
2011-2012

The Truth about Exercise

Like many, Michael Mosley wants to get fitter and healthier but can't face hours on the treadmill or trips to the gym. Help may be at hand.

Michael uncovers the surprising new research which suggests many of us could benefit from just three minutes of high intensity exercise a week.

He discovers the hidden power of simple activities like walking and fidgeting, and finds out why some of us don't respond to exercise at all.

Using himself as a guinea pig, Michael uncovers the revealing new research about exercise that has the power to make us all live longer and healthier lives.

SUN 02:30 Immortal? A Horizon Guide to Ageing (b01kxxy5)

Is there any way to slow or even prevent the ravages of time? Veteran presenter Johnny Ball looks back over the 45 years that Horizon, and he, have been on air to find out what science has learned about how and why we grow old. Charting developments from macabre early claims of rejuvenation to the latest cutting-edge breakthroughs, Johnny discovers the sense of a personal mission that drives many scientists and asks whether we are really any closer to achieving the dream of immortality.

MONDAY 11 JULY 2016

MON 19:00 World News Today (b07k85db)
The latest national and international news, exploring the day's events from a global perspective.

MON 19:30 The River Taff with Will Millard (b0705d04)
Series 1

Episode 2

Writer and fisherman Will Millard travels the length of the wild River Taff in South Wales, from its source high in the stunning Brecon Beacons to the Bristol Channel. He explores how the coal industry changed this beautiful landscape and its people forever. The river once ran black with coal dust but is now one of the finest trout and salmon rivers in Wales. Will meets the members of the Lewis Merthyr Colliery Brass Band and fishes for grayling with a former miner who is now a champion fly-fisherman. He visits one of Britain's biggest open-cast coal mines and sees how this spectacular landscape is being reclaimed after centuries of mining.

MON 20:00 Trainspotting Live (p03xxbgg)
Episode 1

Broadcast live from Didcot Rail Centre, in the middle of the Great Western Railway, Peter Snow is joined by some of the most enthusiastic and passionate train lovers, collectors and enthusiasts from across the country.

Peter meets poet and rail fan Ian McMillan, challenging him to write a new poem about the iconic Flying Scotsman to images filmed by members of the public as the train went on a recent journey. Dr Hannah Fry adds mathematical insight to these incredible machines by exploring how these massive engines stay on the rails and the effect that the rail network had on timekeeping across the whole of the country.

Engineer Dick Strawbridge is in Doncaster on the trail of a workhorse of the network, the Class 66, and he also visits the National Railway Museum in York to explore how this most British of pastimes began. With spotters based across the length and breadth of the country, including resident spotter Tim Dunn in the Scottish Highlands tracking down the only steam engine working on the line during the live programme, Trainspotting Live provides a snapshot of the whole network during the hour, providing analysis and context, and revelling in this unique and wonderful world.

MON 21:00 War at Sea: Scotland's Story (b05qqhcn)
The Dreadnoughts of Scapa Flow

As the Great War began, the Royal Navy rushed to Orkney's great natural harbour, Scapa Flow.

David Hayman uncovers the compelling characters of the little-known naval war - cautious Admiral Jellicoe and Admiral Beatty, a playboy.

The story of great technologies and epic battles for control of the North Sea.

MON 22:00 The Secret Life of Books (b07k8fzg)
The Secret Life of Children's Books

The Water-Babies

Written in 1862 by the Reverend Charles Kingsley, *The Water-Babies* tells the story of a young chimney sweep called Tom who finds redemption amongst the pulsing life of the open ocean when he is transformed into an aquatic creature. Church of England vicar and former pop star Reverend Richard Coles dives beneath the surface of this children's classic to reveal the revolutionary science behind the story, the influence it had on social reform in Victorian England and how the author's racist viewpoints impacted its reputation.

Charles Kingsley was a man of contradictions - as changeable as the tide. He was a passionate outdoorsman who had to lock himself away during bouts of depression, a public speaker who suffered from a lifelong stammer, a social reformer who distrusted democracy, and a sensitive scholar with the instincts of a street-fighter. His most famous book, *The Water-Babies*, is

as eccentric and compelling as he was.

Richard finds out how the book was born out of a sense of outrage at the suffering of young sweeps, and how its success led to a change in the law. He grapples with the dark side of The Water-Babies, exploring how the book's 'muscular Christianity' was tainted by racial prejudice. And he discovers how, at the same time, Kingsley's classic contained a sense of feminine spirituality seemingly at odds with whiskey Victorian stereotypes.

Richard meets Prof Steve Jones to discuss the close friendship between Charles Kingsley and Charles Darwin, whose On the Origin of Species Kingsley had been one of the first to praise. He talks to fellow Church of England priest Reverend Marie-Elsa Bragg about the book's mystical side, and visits the rectory where Kingsley wrote the first chapter of the work in half an hour under the insistence of his son.

MON 22:30 Easter Island: Mysteries of a Lost World (b03srmm6)

The contrast between the majestic statues of Easter Island and the desolation of their surroundings is stark. For decades Easter Island, or Rapa Nui as the islanders call it, has been seen as a warning from history for the planet as a whole - wilfully expend natural resources and the collapse of civilisation is inevitable.

But archaeologist Dr Jago Cooper believes this is a disastrous misreading of what happened on Easter Island. He believes that its culture was a success story not a failure, and the real reasons for its ultimate demise were far more shocking. Cooper argues that there is an important lesson that the experience of Easter Island can teach the rest of the world, but it doesn't begin by blaming its inhabitants for their own downfall.

This film examines the latest scientific and archaeological evidence to reveal a compelling new narrative, one that sees the famous statues as only part of a complex culture that thrived in isolation. Cooper finds a path between competing theories about what happened to Easter Island to make us see this unique place in a fresh light.

MON 00:00 The Last Seabird Summer? (b072wv9)

[Repeat of broadcast at 20:00 on Saturday]

MON 01:00 War at Sea: Scotland's Story (b05qqhcn)

[Repeat of broadcast at 21:00 today]

MON 02:00 Sex and Sensibility: The Allure of Art Nouveau (b01fd4z2)

Vienna

In a story that combines scandal and revolution, cultural correspondent Stephen Smith explores how Vienna's artists rebelled against the establishment in the late 19th century and brought their own highly sexed version of art nouveau to the banks of the Danube.

Looking at the eye-watering work of Gustav Klimt, Smith discovers that Viennese 'Jugendstil' was more than just a decorative delight but saw artists struggle to bring social meaning to the new style. Revealing the design genius of Josef Hoffman, the graphic work of Koloman Moser and the emergence of the enfant terrible Egon Schiele, Smith unpacks the stories behind a style that burned brightly but briefly at the fin de siècle.

MON 03:00 The Bridges That Built London with Dan Cruickshank (b01jv5nr)

Dan Cruickshank explores the mysteries and secrets of the bridges that have made London what it is. He uncovers stories of Bronze-Age relics emerging from the Vauxhall shore, of why London Bridge was falling down, of midnight corpses splashing beneath Waterloo Bridge, and above all, of the sublime ambition of London's bridge builders themselves.

TUESDAY 12 JULY 2016

TUE 19:00 World News Today (b07k85dh)

The latest national and international news, exploring the day's events from a global perspective.

TUE 19:30 The Wonder of Animals (b04fmg8d)

Big Cats

Chris Packham delves beneath the skin of the big cats to explore what makes them such good hunters, and he reveals that it is not all about brawn.

New scientific research shows how subtle adaptations in their anatomy and physiology contribute to the success of all stages

of a big cat hunt: the stalk, the capture and the kill.

Leg hairs help the leopard to stalk, and intricate muscle fibres drive the snow leopard to capture its prey. For the jaguar, jaw muscles and whiskers combine to give it a precision bite that can take down a caiman, and an enlarged area of the lioness's brain gives it the edge over all their big cat cousins.

TUE 20:00 Trainspotting Live (p03xxd1y)

Episode 2

Peter Snow and Dr Hannah Fry present live from Didcot Railway Centre. Peter is joined by Bob Gwynne, curator at the National Railway Museum, to apply his incredible knowledge of the British rail system to the live images coming in. Hannah is out and about at Didcot, working out the equations that meant that the move from steam to diesel power was inevitable. She also meets Sir Kenneth Grange, the man responsible for many design classics including the famous Intercity 125 which is this episode's focus for the spotters up and down the country. Dick Strawbridge is on the hunt for a very special example of that train in Swindon, and also meets the group trying to buy and preserve the original prototype. Tim Dunn has moved south to Carlisle to spot one of the trainspotters' favourite locomotives, the Class 37. All of this, plus a man that has collected thousands of locomotive number plates and a short film about the 'flying banana'.

TUE 21:00 War at Sea: Scotland's Story (b05rbrnk)

The Battle of the U-Boats

In April 1917, German U-boats were sinking a dozen British ships every day. The first sea lord, Jellicoe, warned that Britain might not be able to carry on fighting into 1918.

In the second of this two-part series, David Hayman explores Germany's World War One U-boat threat and the fascinating and dastardly ploys Britain used against the submarines.

TUE 22:00 Inside Claridge's (b01p7nd3)

Episode 1

Claridge's, in the heart of London's Mayfair, is a five-star luxury hotel favoured by royalty and celebrities. For the first time in its long history, this famously discreet institution has opened its doors to documentary cameras. Director Jane Treays has spent a year behind the scenes, upstairs and downstairs, following staff and their guests, some of whom are prepared to pay the price of a small family car for one night's stay.

We're with the chambermaids and housekeepers as they spend days transforming the entire third floor into a palace for foreign royalty who could cancel at a moment's notice. We observe the annual two-week stay of the Melchors from California who have been coming for over 40 years, rekindling their relationship with personal butler Michael Lynch, and we follow the energetic general manager Thomas Kochs as he travels to New York to drum up new business from the top US travel agents.

TUE 23:00 Seven Ages of Britain (b00rqsfm)

Age of Ambition

In the last episode, David Dimbleby looks at how the 20th century saw ordinary Britons overturning ancient power structures and class hierarchies. The catalyst was the First World War, which embroiled the whole nation and called traditional values into question. The result was an ever-growing 'democratization' of culture, with art coming off gallery walls, becoming an instrument of self-expression at the service of the individual.

Dimbleby looks at some of the great masterworks of modern British art (Paul Nash's 'Menin Road', Francis Bacon's 'Crucifixion'), but also champions lesser appreciated art forms like broadcasting and domestic design. Finally, he meets some of the personalities who are shaping modern British art today: Damien Hirst, Tracey Emin, Anish Kapoor and Gilbert and George.

TUE 00:00 Scotland's Einstein: James Clerk Maxwell - The Man Who Changed the World (b06rd56j)

Professor Iain Stewart reveals the story behind the Scottish physicist who was Einstein's hero - James Clerk Maxwell. Maxwell's discoveries not only inspired Einstein, but they helped shape our modern world - allowing the development of radio, TV, mobile phones and much more.

Despite this, he is largely unknown in his native land of Scotland. Scientist Iain Stewart sets out to change that, and to celebrate the life, work and legacy of the man dubbed 'Scotland's forgotten Einstein'.

TUE 01:00 War at Sea: Scotland's Story (b05rbrnk)

[Repeat of broadcast at 21:00 today]

TUE 02:00 Inside Claridge's (b01p7nd3)

[Repeat of broadcast at 22:00 today]

TUE 03:00 A303: Highway to the Sun (b0116ly6)

The A303 is the road that passes Stonehenge on the way to the beaches of Devon and Cornwall. On the way, it whisks drivers through 5,000 years of remarkable moments in British history. And it is the star of this film made for armchair travellers and history lovers.

Writer Tom Fort drives its 92-mile length in a lovingly restored Morris Traveller. Along the way he has many adventures - he digs up the 1960s master plan for the A303's dreams of superhighway status, meets up with a Neolithic traveller who knew the road like the back of his hand, gets to know a section of the Roman 303, uncovers a medieval murder mystery and discovers what lies at the end of the Highway to the Sun.

WEDNESDAY 13 JULY 2016

WED 19:00 World News Today (b07k85dn)

The latest national and international news, exploring the day's events from a global perspective.

WED 19:30 The Wonder of Animals (b04gbdwr)

Ants

The 100 trillion ants in the world weigh as much as all the people on earth and have colonised the planet like no other animal.

Chris Packham explores the ingenious ways in which ants have collaborated to achieve their global success - natural air-conditioning systems keep ants cool in their nests, shelters made from their own bodies protect nomadic ants from the elements and a sense of smell five times more powerful than other insects allows them to overpower animals hundreds of times larger than themselves.

Remarkably, new research reveals how ant colonies are capable of immunising themselves against diseases.

WED 20:00 Trainspotting Live (p03xxfn4)

Episode 3

In this final episode of the series from Didcot, Dr Hannah Fry and Peter Snow look towards the future of rail travel. Hannah explores how the timetables work and whether they can squeeze in extra capacity in the future. She also looks back to what the future could have looked like had Brunel's broad gauge track system become the standard over a hundred years ago. Engineer Dick Strawbridge meets some young volunteers who are preserving locomotives and learning the engineering techniques to keep the network running, and he is live from Clapham Junction, one of the busiest commuter rail stations in Europe. Tim Dunn is after another live rare spot, a mail train which runs cards and letters around Britain and is powered by a unique class of locomotive. He also gets to ride on a train so futuristic it isn't even on the network yet. Back at Didcot, Peter is joined by Gerry Barney, who designed the British Rail logo, something that has stayed constant through years of rail upheaval and is still a design classic today.

WED 21:00 The Titfield Thunderbolt (b03mv97b)

Ealing comedy about a group of villagers and their battle to preserve the local railway line by running it themselves, an enterprise that goes well until they are sabotaged in a midnight raid by the rival bus company. Undaunted, they wheel out the Thunderbolt, an ancient exhibit in the village museum. Now all that remains is to put on a satisfactory run for the stickler of a government inspector.

WED 22:20 Ocean Giants (b013q50m)

Giant Lives

This episode explores the intimate details of the largest animals that have ever lived on our planet - the great whales. From the balmy waters of the Indian Ocean to the freezing seas of the Arctic, two daring underwater cameramen - Doug Allan, Planet Earth's polar specialist, and Didier Noirot, Cousteau's front-line cameraman - come face to face with fighting humpback whales and 200-ton feeding blue whales.

Teaming up with top whale scientists, Giant Lives discovers why southern right whales possess a pair of one-ton testicles, why the arctic bowhead can live to over 200 years old and why size truly matters in the world of whales.

WED 23:20 Horizon (b00nslc4)

2009-2010

Who Is Afraid of a Big Black Hole?

Black holes are one of the most destructive forces in the universe, capable of tearing a planet apart and swallowing an entire star. Yet scientists now believe they could hold the key to answering the ultimate question: what was there before the big bang?

The trouble is that researching black holes is next to impossible. They are by definition invisible and there is no scientific theory able to explain them. Horizon meets the astronomers and theoretical physicists who, despite these obvious obstacles, are attempting to image a black hole for the very first time and get ever closer to unlocking its mysteries. It is a story that goes into the heart of a black hole and to the very edge of what is thought to be known about the universe.

WED 00:20 Easter Island: Mysteries of a Lost World (b03srm6)

[Repeat of broadcast at 22:30 on Monday]

WED 01:50 Seven Ages of Britain (b00rqsfm)

[Repeat of broadcast at 23:00 on Tuesday]

WED 02:50 Ocean Giants (b013q50m)

[Repeat of broadcast at 22:20 today]

THURSDAY 14 JULY 2016

THU 19:00 World News Today (b07k85dt)

The latest national and international news, exploring the day's events from a global perspective.

THU 19:30 The Sky at Night (b07k88x9)

[Repeat of broadcast at 20:30 on Sunday]

THU 20:00 The Greatest Poem of World War One: David Jones's In Parenthesis (b07kt9pj)

In Parenthesis is considered one of the greatest ever literary works about war. TS Eliot called it a work of genius and WH Auden said it did for the British and Germans what Homer did for the Greeks and Trojans.

Published in 1937, it is based intimately on the wartime experiences of its author David Jones, a Londoner who volunteered to fight when he was just 19. Unlike many war poets, Jones remained a private throughout the war, and he fought for longer than any other British writer.

In this programme, the poet and author Owen Sheers traces the story of In Parenthesis, from an English parade ground to the carnage of the Somme offensive. Through readings of key passages, insights from poets such as Simon Armitage, and interviews with David Jones experts, he pieces together the similarities between the poem and David Jones's own war.

He explores how In Parenthesis came to be written, and just what makes it such a supreme work. His journey culminates, like the poem, at Mametz Wood in northern France, where David Jones went into battle and encountered terrifying violence first hand.

THU 21:00 The Banker's Guide to Art (b07kd109)

Documentary that takes an inside look at the high-stakes, and sometimes murky, world of art collecting.

The value of London's art market has soared to unprecedented heights, driven by the nouveau riche of the financial world, whose money has poured into the bank accounts of dealers, galleries and auction houses.

THU 22:30 Arena (b0074prh)

Ken Dodd's Happiness

A tribute to Liverpoolian comic Ken Dodd, in which he discusses his career and the influences of his comedy style.

Features film clips of his early performances and footage of him on tour in more recent times.

THU 23:30 Timeshift (p0287mq6)

Series 14

Bullseyes and Beer: When Darts Hit Britain

Timeshift tells the story of how a traditional working-class pub

game became a national obsession during the 1970s and 80s, and looks at the key role television played in elevating its larger-than-life players into household names.

Siohban Finneran narrates a documentary which charts the game's surprising history, its cross-class and cross-gender appeal, and the star players that, for two decades, transformed a pub pastime into a sporting spectacle like no other.

Featuring legendary names such as Alan Evans and Jocky Wilson and including contributions from Eric Bristow, Bobby George, John Lowe and Phil Taylor.

THU 00:30 Moominland Tales: The Life of Tove Jansson (b01pgrk2)

[Repeat of broadcast at 19:00 on Saturday]

THU 01:30 The Greatest Poem of World War One: David Jones's In Parenthesis (b07kt9pj)

[Repeat of broadcast at 20:00 today]

THU 02:30 The Banker's Guide to Art (b07kd109)

[Repeat of broadcast at 21:00 today]

FRIDAY 15 JULY 2016

FRI 19:00 World News Today (b07k85dz)

The latest national and international news, exploring the day's events from a global perspective.

FRI 19:30 Top of the Pops (b07k8p62)

Mike Read presents the pop chart show. Includes appearances from Toni Basil, Madness, UB40, Tight Fit, the Jam, Robert Palmer, George Benson and Jets.

FRI 20:00 Sounds of the 70s 2 (b01hz75h)

Guilty Pleasures - Love Will Keep Us Together

An unashamed celebration of the instantly recognisable classics from the decade of love. A half hour of 'Our Tune' anthems and the soundtrack to many a love affair and wedding party, including performances from The Carpenters, Bread, Charles Aznavour, John Denver, 10cc, Bellamy Brothers, Exile, Captain and Tennille, and Dr Hook.

FRI 20:30 BBC Proms (b07kd18s)

2016

First Night of the Proms - Part 2

Katie Derham presents the second half of the opening of the 2016 BBC Proms season from the Royal Albert Hall. Sakari Oramo conducts the BBC Symphony Orchestra and Chorus, the BBC National Chorus of Wales and mezzo-soprano soloist Olga Borodina in a performance of Prokofiev's celebrated cantata Alexander Nevsky. Created from the soundtrack Prokofiev originally composed for Sergey Eisenstein's landmark film, the music is dramatic and evocative, including the famous musical depiction of Battle on the Ice.

FRI 21:30 I'm Not In Love: The Story of 10cc (b06r14pr)

In celebration of the 40th anniversary of smash hit I'm Not in Love, the original members of 10cc - Graham Gouldman, Eric Stewart, Kevin Godley and Lol Creme - reunite to tell their story. The documentary shares the secrets to some of their most successful records, from the writing and the recording to the tours and the tensions.

With contributions from an impressive array of music industry legends including 10cc's band manager Harvey Lisberg, lyricist Sir Tim Rice, broadcaster Paul Gambaccini, legendary producer Trevor Horn, Stewart Copeland (The Police), Graham Nash (The Hollies) and Dan Gillespie Sells (The Feeling), not only does this film highlight the diversity of these four brilliant musicians' songwriting talent, but it also delves into the influence they had, as well as the politics beneath their acrimonious split in 1976, at the height of their fame.

FRI 22:30 The Old Grey Whistle Test (b014vzy3)

70s Gold

The Old Grey Whistle Test was launched on 21 September 1971 from a tiny studio tucked behind a lift shaft on the fourth floor of BBC Television Centre. From humble beginnings, it has gone on to provide some of the best and most treasured music archive that the BBC has to offer.

This programme takes us on a journey and celebrates the musically mixed-up decade that was the 1970s, and which is

reflected in the OGWT archive. There are classic performances from the glam era by Elton John and David Bowie, an early UK TV appearance from Curtis Mayfield, the beginnings of heavy metal with Steppenwolf's iconic Born to Be Wild anthem and the early punk machinations of the 'mock rock' New York Dolls. Archive from the pinnacle year, 1973, features Roxy Music, The Wailers and Vinegar Joe. The programme's finale celebrates the advent of punk and new wave with unforgettable performances from Patti Smith, Blondie, Iggy Pop and The Jam.

Artists featured are Elton John, Lindisfarne, David Bowie, Curtis Mayfield, Gladys Knight & The Pips, Steppenwolf, Vinegar Joe, Brinsley Schwarz, New York Dolls, Argent, Bob Marley & The Wailers, Captain Beefheart, Johnny Winter, Dr Feelgood, Gil Scott Heron, Patti Smith, Tom Petty & The Heartbreakers, Cher & Gregg Allman, Talking Heads, The Jam, Blondie, Iggy Pop and The Specials.

FRI 00:00 Sounds of the 70s 2 (b01hz75h)

[Repeat of broadcast at 20:00 today]

FRI 00:30 Top of the Pops (b07k8p62)

[Repeat of broadcast at 19:30 today]

FRI 01:10 I'm Not In Love: The Story of 10cc (b06r14pr)

[Repeat of broadcast at 21:30 today]

FRI 02:10 The Old Grey Whistle Test (b014vzy3)

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